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Carmichael Times

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Serving Carmichael and Sacramento County since 1981

July 24, 2015

BANK ROBBER CAUGHT



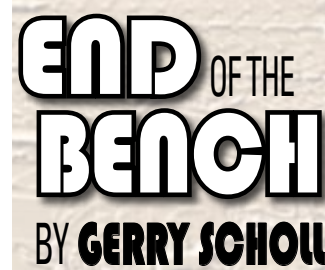
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AUTO EVENT REVS UP ON FULTON AVE



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LOVE MAY BE BLIND ...



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Mayoral Campaign Kicks Off in Carmichael



Mayoral menage. Campaigners (left to right) Alex Khoshroshahi, Julie Hubbs, and Dan Kellow have entered the 2015 race for Honorary Mayor of Carmichael.

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - With 2016 presidential campaigns just heating up, Carmichael mayoral candidates are already hot on their election trail.

The annual mayors' race is a fundraiser for the Carmichael Chamber of Commerce. Dollars are counted as votes and candidates are actually encouraged to buy their way to victory. The winner has no political power but ribbon-cutting and civic duties are guaranteed. Baby-kissing, dog-petting, and pledge-reciting are among heavier responsibilities; an open car in the Carmichael Elks July 4th Parade is a perk. Since the Chamber is a business organization, the main reward is exposure for candidates' companies and for the non-profits they choose to help through

their campaigns. Current Honorary Mayor is Virginia Stone, an executive for the Oakmont senior residence in Carmichael.

Two company owners and a banker covet mayoral chains for 2016. Alexander Khoshroshahi ("call me Alex") is promoting Decalicious, a vinyl sign-making and décor startup he brought to Carmichael two years ago. The 25-year-old's platform is to promote entrepreneurship and community involvement for small business owners. The American Cancer Society will receive 10% of his campaign proceeds.

Julie Hubbs, 59, owns the two-year-old Woodworker Life Coaching company, whose motto is "Be the best you that you can be." She hopes for a mayoral term that best places Carmichael in the spotlight. Mom to a Special Forces soldier, she has worked for most of her career in social, employment,

and mental health services. Hubbs will donate part of her fundraising to Quilts of Honor, a non-profit whose volunteers hand stitch quilts for combat veterans.

Dan Kellow, 30, has a vision for the community he grew up in to "change for the better." A Deterding Elementary, Churchill Middle School, and Rio Americano High graduate, he works as an executive for Comerica Bank and hopes to see his hometown revitalized by new business. He has chosen Sierra Families Forever (a non-profit that finds permanent homes) as recipient of 10% of his fundraising total.

The campaign winner will be announced in November. Anyone may donate to the candidates or attend their individual fundraising events. For more information, visit www.carmichaelchamber.com

On-the-Job Training Increases, Employment Pool Shrinks

SACRAMENTO REGION, CA (MPG) - Employee retention, qualified applicants, and specialized skills are motivating more in-house training and opportunity in the Sacramento area. Internships and probationary and apprenticeship programs are growing as the pool of skilled workers shrinks. For several quarters, an increasing number of Sacramento's top regional companies have noted growing problems with finding enough qualified applicants (those with specific, often technical skills) and keeping the employees currently on the job. Falling unemployment, recovery from recession years, and an aging workforce are thinning the formerly large numbers applying. Pacific Staffing discovered a "back to the future" approach when polling local companies, finding a vast majority (76%) report having existing or now using more on-the-job training in meeting specific workforce needs in hiring.

Sacramento regional employers were asked, "Is it time for employers to open work to entry levels and train on the job for specific proprietary needs?" Just 23% didn't have or support on-the-job training, while 1% didn't answer. The apprentice or "old school" approach to filling employment needs has never gone completely out of style with Sacramento regional companies. As some HR contacts noted when surveyed directly between May 19th and June 19th, 2015, a policy to recruit from local sources and train within the company for specific skills also reaps greater loyalty and individual company

Continued on page 15

Sacramento Children's Home Crisis Nurseries Receive Donation

UnitedHealthcare Donates Oliver & Hope Book Series and Reading Corners

CARMICHAEL, CA (MPG) - UnitedHealthcare employees delivered the *Oliver & Hope* book series and reading stations to the Sacramento Children's Home Crisis Nurseries North location in Carmichael last week. The *Oliver & Hope* book series is written for children aged three to eight, and delivers fun stories with engaging images that enable readers to imagine how they might become a hero like the characters. The stories also teach subtle lessons about the power of friendship, resiliency, and imagination.

Proceeds from the *Oliver & Hope* books fund

UnitedHealthcare Children's Foundation (UHCCF) medical grants that help children gain access to health-related services not covered, or not fully covered, by their parents' commercial health insurance plan.

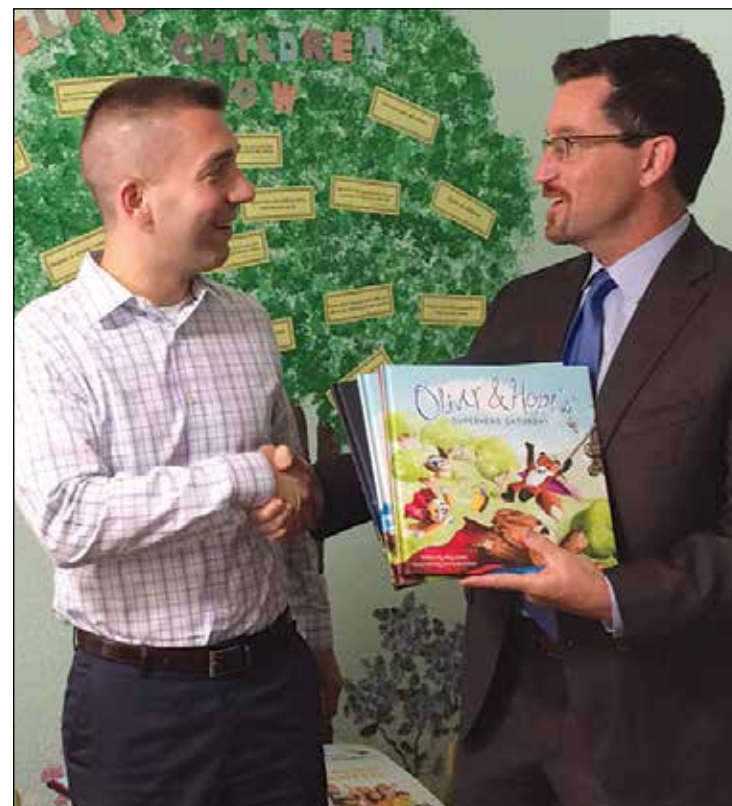
Last year, UHCCF awarded medical grants worth an estimated \$5.4 million to more than 2,000 children across the United States. Parents or legal guardians may apply for grants at www.UHCCF.org, and there is no application deadline.

"The Crisis Nursery Program is thrilled to have the generous support of UnitedHealthcare. It is because of generous

community partners like UnitedHealthcare that we are able to continue to provide such integral services to local children and families in need," said Todd Koolakian, director of philanthropy of the Sacramento Children's Home.

More information about the *Oliver & Hope* books, including free audio recordings of the books as well as activities and downloads, can be found at www.UHCCF.org.

Source: Anita Sen Public Relations



Pictured at the Sacramento Children's Home North Crisis Nursery in Carmichael is Kevin Kandalaf with UnitedHealthcare (right) presenting *Oliver & Hope* books to Todd Koolakian, director of philanthropy of the Sacramento Children's Home. Photo courtesy of Anita Sen Public Relations



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Limit One Coupon Per Family
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Effective 7/22/15 - 7/28/15

\$3.19
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Staying Young at Heart

Intergenerational Program Brings Students and Seniors Together



Mrs. Abbott, 99, shared how valuable the Kids Connection program has been to her over the last six years at Eskaton Village Carmichael. She taught high school and junior high but was never exposed to the "little ones" until this program entered her life. Photo courtesy of Eskaton

CARMICHAEL, CA (MPG) - Mrs. Irma Abbott, 99 years old, smiles when the kids enter the building. For the last six years she has been a buddy to kids from Kohler Elementary School in North Highlands, CA. Each month during the school year, the bus pulls up and 30 kindergartners or first graders line up to enter the assisted living building at Eskaton Village Carmichael, and maintaining interpersonal relationships can promote good physical and emotional health and cognitive function.

"I taught high school and junior high, but I never taught the 'little ones,'" said Mrs. Abbott. At least not until this program entered her life. The only difference now is the kids have just as much to teach Mrs. Abbott as she has to teach them. Next year when she turns 100 years old, Mrs. Abbott is looking forward to spending time with her buddy.

"When I am 100 years old, I am going to be a buddy!" said six-year-old Briana in a very shy but excited voice.

"All of my students absolutely love their Eskaton buddies, and look forward to seeing them and

writing to them. Any time I say the word Eskaton, my students start beaming with happiness! It is truly a wonderful experience," said Kohler Elementary School teacher Bobbi Donovan, founding teacher of the Eskaton Kids Connection program that now reaches 650 children in 23 classrooms just six years after its inception.

The success of this program caught the attention of the California Assisted Living Association (CALA). Eskaton was honored to receive the prestigious "Innovations in Quality" award during the 2015 annual CALA conference. Eskaton, a nonprofit organization, encourages all long-term care organizations to adopt Kids Connection or create their own intergenerational program. Studies continue to show that older adults who no longer socialize are at higher risk for heart disease, early onset dementia, high blood pressure, a weakened immune system, and many other chronic health problems. Staying socially active

and maintaining interpersonal relationships can promote good physical and emotional health and cognitive function.

Eskaton residents interact and bond with students, share important life skills, become familiar with new technology, and gain a sense of liveliness and positivity. In turn, students improve in areas of reading and writing, learn social skills that can be applied in real world situations, and develop compassion and respect for older adults and the aging process. Its strategy is based on the idea of introducing new educational experiences and opportunities at the elementary level while promoting socialization. The personal relationships and mutual respect created between the buddies have far exceeded expectations.

For more information on Eskaton's Signature Programs, including Kids Connection, visit www.eskaton.org/signature-programs.html.

Source: MKTNG Public Relations ★

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Eppie's 42nd is Epic for Athletes

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Almost two years after its founder died, Eppie's Great Race endures as restaurateur and philanthropist Eppie Johnson's legacy. Inspired by his love of the American River Parkway and dedication to fitness, Arcade resident Johnson began an annual event that has become almost as central to Sacramento summers as Independence Day.

For the 42nd Eppie's Great Race last weekend, the American River flowed cool and fast. In contrast, morning Parkway temperatures rose to challenge more than 1,300 athletes. As it has since 1974, the "world's oldest triathlon" set a crackling pace through stretches of Sacramento, Arcade, Carmichael, Fair Oaks, and Rancho Cordova. Participants ranged in age from 11 to over 80 years old. The overall winner was a 57-year-old Sacramento orthodontist, Dr. Vic Vicari. The Ironman sealed his 11th Eppie's victory in less than one hour and 50 minutes.

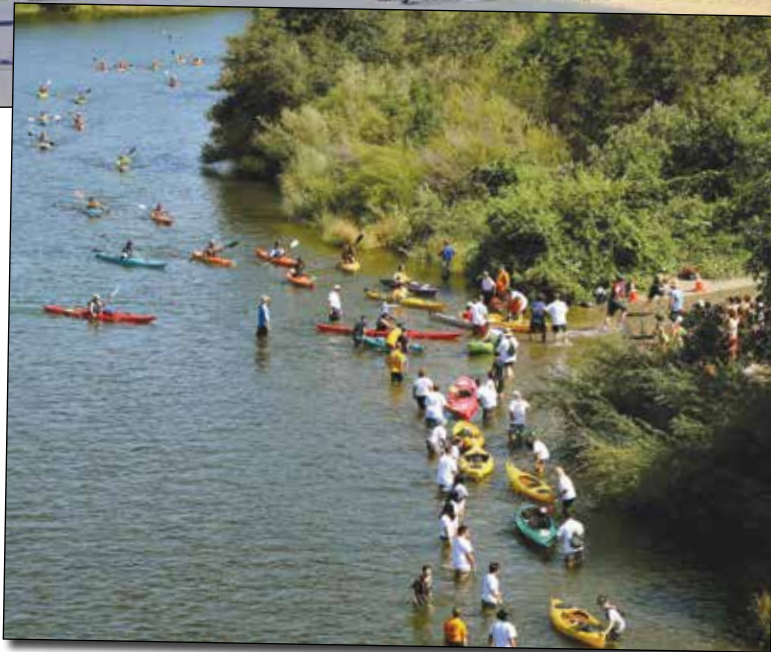
The race began with the national anthem at William Pond Park in Carmichael. Runners followed a six-mile route to the Guy West Bridge near California State University. Here, the bike transition initiated a 12-mile pedal to the beach below Sunrise Boulevard Bridge. Boarding kayaks and braving the San Juan Rapids, the competitors followed the American River downstream to celebrations at River Bend Park in Rancho Cordova. An estimated 4,000 supporters and 1,000 volunteers cheered participants throughout the event's three stages.

In 42 years, the triathlon has raised more than one million dollars to aid programs for Sacramento County Therapeutic Recreation Services. "Eppie loved the activities it provides for disabled people," said a race spokesperson. "And he loved this race. It was his baby." ★



Last weekend, Eppie's Great Race tested athletes from across the nation. 1,300 cyclists turned bike trails into speedways (above).

Competitors completed the kayak stage below the Harold Richey Bridge. The event's three phases traveled Arcade, Carmichael, Fair Oaks, Rancho Cordova, and stretches of the American River and its Parkway (at right).



Bank Robbery Series in Carmichael



Detectives would like to thank the public for their assistance in helping identify Dominique Marie Polani as the robbery suspect and for spreading the word on social media. Photo courtesy of Sacramento County Sheriff's Department

CARMICHAEL, CA (MPG) - Sacramento Sheriff Robbery Detectives have made an arrest in the bank robbery series that began on July 1st, 2015.

Detectives reached out to the public to request their assistance in identifying the female suspect connected to five recent bank robberies that occurred within various financial institutions on Manzanita Avenue, El Camino Avenue, Fair Oaks Boulevard, and Kiefer Boulevard in Sacramento. Detectives immediately received tips from the public directing them to several individuals; however, detectives were able to identify and confirm Sacramento resident Dominique Marie Polani, 22, as the bank robber. A warrant for her arrest was obtained and she was captured outside of the Northern California area on July 17th. Polani was booked into the Sacramento County Main Jail on robbery charges, where she is currently being held on \$500,000 bail.

Sheriff Robbery Detectives would like to thank the public for their assistance in helping identify this robbery suspect and spreading the word on social media. They realize the important role the public can hold in providing information leading to the identification or arrest of individuals who criminally affect our communities.

Source: Sacramento County Sheriff's Department ★

DMV Issues Nearly 400,000 Licenses to Undocumented Applicants

SACRAMENTO REGION, CA (MPG) - During the first six months of implementing Assembly Bill 60 (AB 60), the California Department of Motor Vehicles (DMV) has issued approximately 397,000 driver's licenses to undocumented applicants who have met all requirements necessary to enjoy driving privileges in California. This figure represents more than half of the total 759,000 original driver's licenses that have been distributed during the first half of 2015.

"The latest numbers reflect the continued successful implementation

of AB 60," said DMV Director Jean Shiomoto. "The DMV was determined to develop a process that would not only meet the stringent requirements of this new law, but also the unique needs of our newly expanded customer base."

Since the Safe and Responsible Driver Act was implemented on January 2nd, 2015, the DMV has received approximately 687,000 AB 60 driver's license applications. As part of the process, applicants must prove their identity and California residency, as well as meet all other

licensing requirements such as passing the knowledge and behind-the-wheel exams. Here is the approximate number of tests administered between January 1st, 2015 and June 30th, 2015:

- AB 60 Knowledge Test: 1,116,000
- AB 60 Drive Test: 436,000
- Statewide Knowledge Test: 2,324,000, with 47% passing and 53% failing
- Statewide Drive Test: 928,000, with 71% passing and 29% failing.

This data reflects the number of individual transactions. If a customer takes a particular test multiple times, each attempt is included in the statistics. Statewide data reflects all tests administered, including AB 60 applicants.

- AB 60 Customer Visits: 1,462,000
- Statewide Customer Visits: 5,636,000 (includes AB 60 applicants)

Data identifies number of applicants provided a ticket at the "Start Here" window.

Source: DMV Public Affairs ★

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California Trucking Association Responds to Executive Order

SACRAMENTO REGION, CA (MPG)
- The California Trucking Association has issued the following statement in response to Governor Jerry Brown's Executive Order B-21-15 directing relevant California state agencies to develop an integrated action plan by July 2016 to improve freight efficiency:

"The executive order issued by Governor Jerry Brown's office demonstrates the importance of California's freight transportation system to the state's economy. Trucking is

currently, and is projected to remain, the primary mode of goods movement in California. Hauling nearly 90% of manufactured tonnage in the state with 80% of California communities depending exclusively on trucks, California truckers are already spending a billion dollars a year to reduce emissions by up to 99%. In the past few years, the trucking industry—three quarters of which is made up of small family-owned businesses—has invested over \$7 billion on clean truck technologies. This number

alone is equivalent to taking 1.4 million cars off the road.

As the State contemplates more costly new emissions targets, it must consider the economic impact to the trucking industry. The California Trucking Association urges Governor Jerry Brown and other applicable state agencies to work closely with all stakeholders on a plan that will allow California to continue operating smoothly and efficiently."

Source: California Trucking Association ★

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Your Produce Man



Waking Up the Watermelon Picker in You

By Michael Marks

Anyone can pick out a great watermelon, but few take that road less traveled. Every produce item will tell you whether it is good or not. There are signs of greatness for every produce item. You just need to know what to look for.

As we get ready for July 4th picnics, we want to wake up the watermelon picker in you. Most people will look carefully, thump, pick up the watermelon, thump again. But it is a fact that two-thirds of all watermelon pickers are really just guessing. Go ahead and admit it. Well, get ready to guess no more.

The very first thing you should look for when you walk up to that big display or bin of watermelons is whether they are symmetrical in shape. They should be even from tip to tip. Sometimes, you find lopsided watermelons; you don't want those. A lopsided watermelon in an indication that the bees didn't fully

pollinate that field, which means the smaller end will have much less sugar and much less flavor. Symmetrical watermelons mean that field was fully pollinated.

The second thing I do is turn it over and look at the belly, the spot where it sat on the ground. If it's white, find another. You're looking for a yellow belly, turning the color of butter.

Next, look at the stem. Remember the "ring around the collar" TV ads from Tide? Well, there should be a black ring around the stem. That is crystallized sugar, a sign of good sugar content. Sometimes on the melon itself, you may find small beads of black crystallized sugar. That's a good sign.

Finally, pick up the watermelon. It better be heavy, like a cannon ball. The heavier it is for its size, the more sugar and flavor.

When you hold the watermelon in one hand, give it a resounding thump with your free hand. No, don't listen for a "hollow sound."

I could never describe that to you anyway. Well, sound waves can be heard, and sound waves can be... felt. Think of that 1964 Beach Boys song, "Good Vibrations." When you give the watermelon a solid thump, you should feel it vibrate in your bottom hand. That means the sound waves went all the way through that melon and vibrated in your holding hand. That means it's a solid watermelon.

Now, Grasshopper, go and pick out good watermelons. And get out your knife. Oh, one final thing. Before you go to slice that watermelon, wash it off. watermelons grow in dirt.

Michael Marks is known as "Your Produce Man" since he began reporting on fruits and vegetables in 1989 on CBS13 in Sacramento. He is also a regular reporter on KMAX-TV's "Good Day Sacramento." He has been in the produce industry since 1976 and is a favorite speaker around the country on all things fresh. ★



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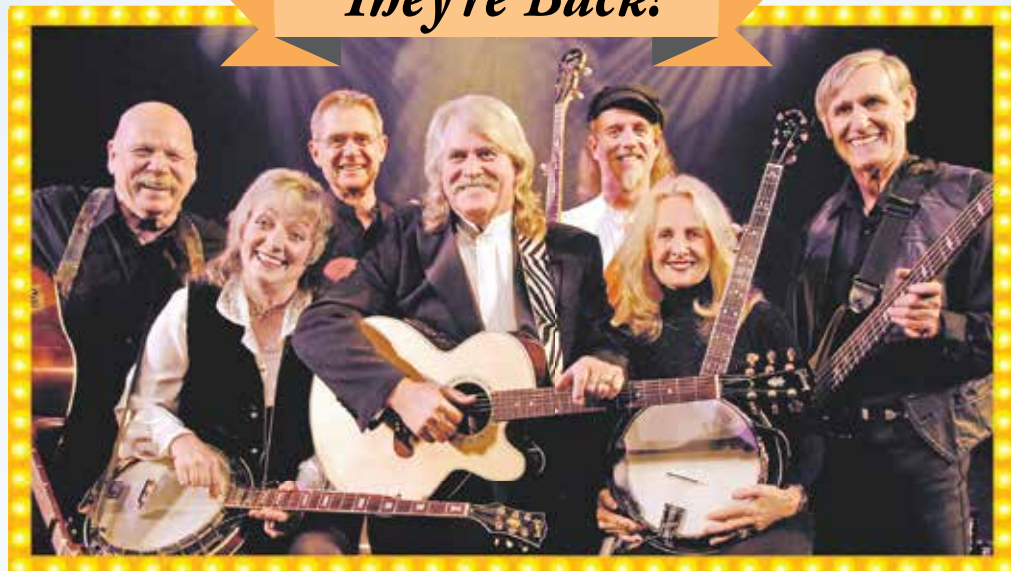
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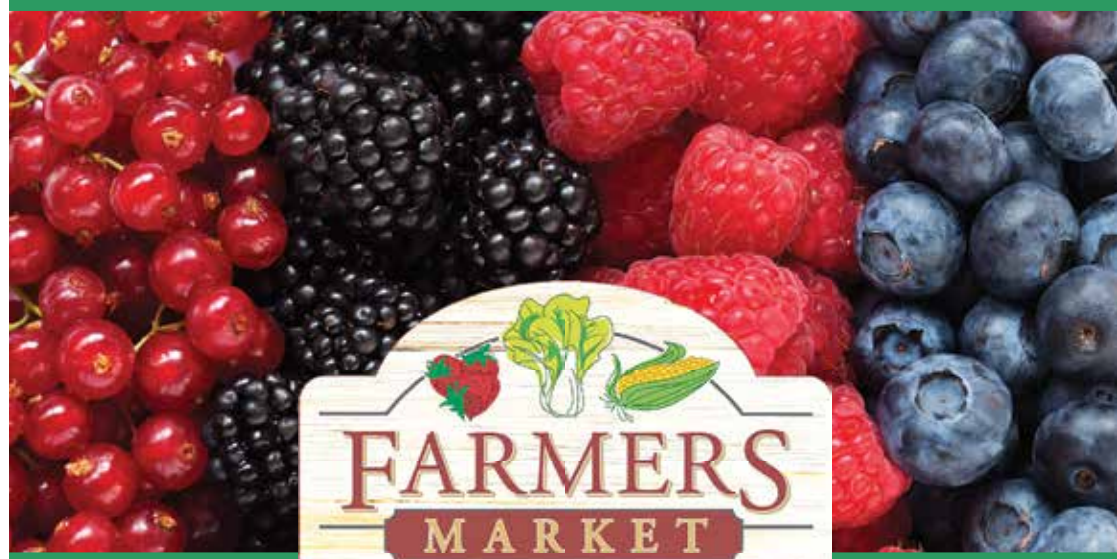
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CLUES

- ACROSS**
- Cockatoo's cousin
 - Where you can be wrapped in seaweed
 - African migrants
 - Bakery smell, e.g.
 - Type of English course
 - Distinct time period
 - Smaller than an SUV
 - It marches one by one?
 - Memory break
 - *Makes it easy to find thematic messages
 - *Online self
 - Pine juice
 - Freight horse cart
 - *It hunts on social media for terrorists
 - Famous French couturier
 - Forty-niner's reward
 - Tolkien creatures
 - Neuter
 - Fruit-peeling device
 - Common "pro" follower
 - Father of dialectical idealism
 - Edible root of Pacific islands
 - Soft palate hanger
 - RC, e.g.
 - Good's counterpart
 - More often than not
 - Franz Schubert's creation, e.g.
 - Snakelike fish
 - Type of stalk Jack climbed
 - Come into possession
 - *Noun now a verb on Facebook
 - *Content exchange
 - An excuse, especially in eyes of law
 - Bugling ungulate
 - Australian horse
 - MC Hammer's "2 ____ 2 Quit"
 - Hawaiian dish
 - Dispatch boat
 - Bonny ____
 - *Throwback Thursday
 - Used for raising

DOWN

- * ____ able
- Acreege
- Puts one over
- Wet nurses
- Found in classifieds
- Smelting waste
- *Pinterest action
- Rose oil
- Stairway to river in India
- Wine valley
- CCCP
- "Monkey ____ , monkey do"
- Highlight
- Imitative
- Dread of some parent drivers
- European soldier
- *Discussion site
- "Good job!" to performers

CROSSWORD													
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5	9				4	7		
				3				9
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	8				2			
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		7	2			1		

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 7

Come back every week for Crossword and Sudoku!

Auto Event Revs Up

Fulton Show Exhibits 400 Cars



At the August 1st Car Cruise, exhibits span the century-plus since automobiles first hit the road. This 1956 Ford Thunderbird was similar to one owned by Marilyn Monroe.

Story and photo by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG)

A century of motoring will be reviewed by the California Automobile Museum Car Cruise on August 1st. Now in its fifth year, the event is sponsored by the Fulton Avenue Association and is deemed Sacramento's best car show.

An estimated 400 vintage vehicles will travel in convoy from the CSUS Campus to Arcade's auto zone. The

procession—which seems to get bigger every year—leaves the university campus at 4 p.m. and covers five miles of sweating tar seal to reach Fulton Avenue. Best observation points include J Street, the Howe/Fair Oaks Boulevard intersection, and Fulton Avenue itself.

Later, many thousands of visitors will inspect the vehicles up close during a massive car show on the cordoned-off avenue. Live music, food trucks, and a beer garden add to a carnival atmosphere. "You're around

nice people," says Challenger's Car Club (Sacramento) president Ed Pimentel. "If you love cars, you love the opportunity to talk about cars."

Registrations and beverage sales annually raise almost \$20,000 to aid the acclaimed auto museum on Front Street, Sacramento.

At the event's culmination, voter awards will be announced.

See details regarding this event at www.calautomuseum.org. ★

END OF THE BENCH BY GERRY SCHOLL

Love May be Blind, But Familiarity Can Breed Contempt

We met up with an old friend last week who does love his sports, but is not into them to quite the same extent as we are here. He loves his college basketball to no end, making it a point each season to take some time off from work to be particularly reclusive during the NCAA Men's Basketball Tournament.

He can't stand professional basketball—the egomania, the outrageous level of money-grubbing, and the top-star-driven nature of the sport are so much that he can't be convinced that granting it any of his attention is a worthwhile endeavor. That, and he has limited interest in football beyond his alma mater, Cal. Go, Bears!

As for baseball, he has always liked the Giants, but leaned more toward the Oakland A's since that franchise's historic dynasty in the early '70s. (We all loved them then). Our friend's allegiances are undergoing a gradual shift that has been picking up speed as of late because he can't stand what the hell has been going on in Oakland in recent years. (None of us can).

Every tuned-in baseball fan is well aware of the Oakland A's modus operandi through recent seasons under the scrooge-like, current billionaire ownership—sell/trade high, stay cheap, take advantage of revenue-sharing, cash in as much as possible, don't bother fixing the plumbing because we're not sure we're going to be sticking around. (Granted, at least that keeps A's games as the most affordable option among the choices in the Bay Area). We want to love them, too. But enough, already! We're mad as hell and we don't want to take it anymore!

Discussing the Giants, the topic of the announcing team came up. All loyal "gamers" just adore the Kruk and Kuip

duo (the down-home Dwayne Kuiper and the sentimental Mike Krukow). But our friend "can't stand" Krukow, and he's not that crazy about Jon Miller either. That screams of blasphemy; but, after some thought, maybe our prospective convert has some good points.

How many of us dedicated viewers cringe every time that Kruk tells us who is "in the squat?" How many use the DVR to skip quickly past the introductory bit about the pitchers and what they throw—too impatient for the game to actually start—rather than listening to, "he has a fastball, 88-92; he throws a four-seamer and a two-seamer that moves in on the right-handers and away from the left-handers; he has a slider and a curve; and he'll throw anything at any time."? And what about all of that "back-spinning it right out of here" business? Are the hitters intentionally doing that? Wouldn't they do it every single time if they could? Or are they just trying with all they've got to just make some kind of contact with that hard little projectile that's coming at them in the blink of an eye at almost 100 miles per hour, all the while trying to make sure it doesn't strike some exposed part of the body because the part might break? (Don't rub it).

We day-to-day gamer dudes and babes have come to blindly love our guys, but if we open our eyes to our deeper feelings we may realize we do have some contemptuous regard for certain familiarities.

Kuip is another story. Everybody just loves him and thinks that he is simply the best. He's got that low-key, witty style along the lines of the old favorite, Hank Greenwald, who broadcasted for the Giants for two stints, '79-'86 and '89-'96. Kuip's home run calls

are top-notch. But, you know what, surely you've noticed that our beloved Kuip sometimes makes the silliest of mistakes, including screwing up names. Remember the former pitcher Roy Halliday? That was HALLIDAY, Kuip, not HOLIDAY! Ugh!

We agreed with our friend that Jon Miller can come off like a Mr. Know-it-all on the television side of things (probably from spending too much time around Joe Morgan), but suggested that the Hall of Famer's style is more suitable and much more entertaining on the radio side. His storytelling and descriptive abilities weave into the fabric of the companionship between the radio broadcast and the listeners more easily than his techniques connect with TV viewers.

As for the fourth amigo, Dave Fleming, the young (39) Swiss-army knife broadcaster, he's still too young to be universally loved, or not (he did go to Stanford), even though he's been with the Giants since 2004 and has been on many historical calls. Maybe that's because he's so slick and well-trained and has split duties with ESPN, college football and basketball, and the NBA and the Little League World Series. He's not "all-Giants-all-the-time," and not as cute and cuddly as the older guys. Despite all that, he's really good.

We can quibble and criticize the faults and the "homer-isms" of our fabulous foursome. There can be some minor issues with how they paint the Giants' picture from time to time (easily overlooked when the team is winning), but, as we told our friend, we're really, really lucky to have them.

If you have paid any attention to sports highlights from other broadcasts from around the country—OMG! We've got it good around here. ★

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BOE Supports Targeting Medical Cannabis Tax Evasion

SACRAMENTO REGION, CA (MPG) - Board of Equalization (BOE) Chairman Jerome E. Horton has announced his support for a "Cannabis Tax Enforcement 'Eliot Ness' Plan," which is intended to educate, investigate, audit, arrest, and force cannabis sellers to pay their fair share of taxes. Horton is sponsoring new legislation authored by Assemblyman Mike Gipson, "The Cannabis Tax Amnesty Act," which is an important part of this

plan to encourage cannabis operators to comply with current laws and regulations. "Because of the illegal aspect of cannabis sales and their potential to fund illegal activities in our communities, it is important that we distinguish between the responsible and irresponsible growers, distributors, vendors, and consumers, and enforce the law to its fullest extent for those who choose to violate existing law," said

Chairman Horton. "The Cannabis Tax Amnesty Act is an opportunity for those not in compliance to bring themselves out of the shadows of the underground economy and in line with existing law." "Amnesty programs have proven to be helpful in reducing crime, increasing compliance, and leveling the playing field for legitimate operators," said Assemblyman Gipson. "If passed, cannabis operators will have two options: comply

with the law or risk imprisonment, as gangster Al Capone did for tax evasion." Although Californians passed Proposition 215 in 1996, legalizing the cultivation and sale of marijuana for medicinal purposes, the possession and cultivation of marijuana for other unauthorized purposes remains illegal and subject to various penalties. For example, possession of less than one ounce of marijuana is an

infraction punishable by a fine, while selling marijuana is a felony and may result in imprisonment. "In *Sullivan v. United States*, the U.S. Supreme Court declared that income from illegal activities is subject to income tax," Horton said. "Whether sales of cannabis are legal or illegal, income, sales, and payroll taxes are due and payable under existing law." Chairman Horton supports leveraging the collaboration of

the BOE with the Franchise Tax Board, Employment Development Department, Department of Justice, and other government agencies to identify illegal medical cannabis businesses. The Tax Recovery and Criminal Enforcement (TRaCE) Task Force, and other underground economy task forces, will collaborate with local law enforcement to track down the cannabis entities connected to organized crime. *Source: Board of Equalization* ★



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Ellen Herrle

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Q&A with Buyers & Sellers

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Q: We are a young couple hoping to purchase our first home. We have been looking but haven't found exactly what we want. It looks like interest rates will go up soon, so is that going to be a problem for us in financing the loan?

Jenna, Orangevale

A: Yes, as rates goes up, the result could be devastating to people who are borderline qualified at today's rates. For renters, first-time buyers and 'upsizers' who don't want to be 'locked out' of a new home now is the time to 'lock in' a loan rate. The old wisdom is 'he who hesitates is lost' and it applies to how much you are going to pay to borrow money as rates rise.

Rates are set by the Federal Reserve and have been artificially low in helping the economy recover from the recession years. Fed Chair Janet Yellen has indicated in testimony that it may be time to bring rates up, so people saving money can find a return on their dollars. That could happen soon. My recommendation to those

that are looking at real estate or in the process of getting approved is to lock in their rate and not gamble on it going down. The trend is up.

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Next time: Scary mortgage and lending trend changes in the works! ★

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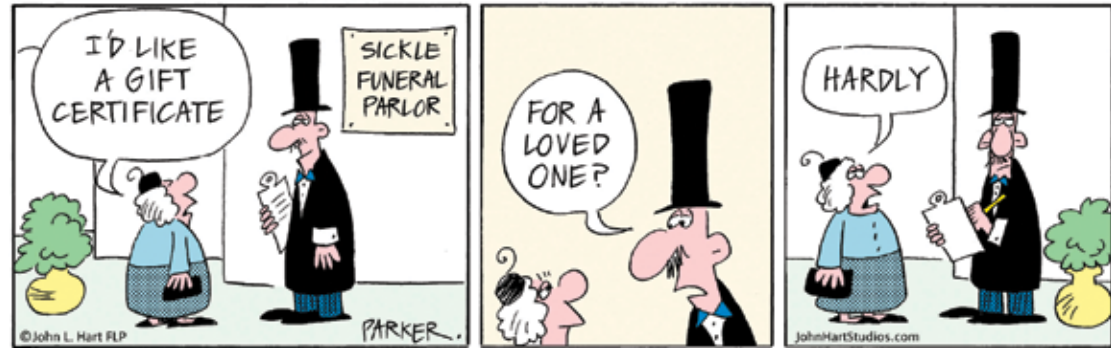
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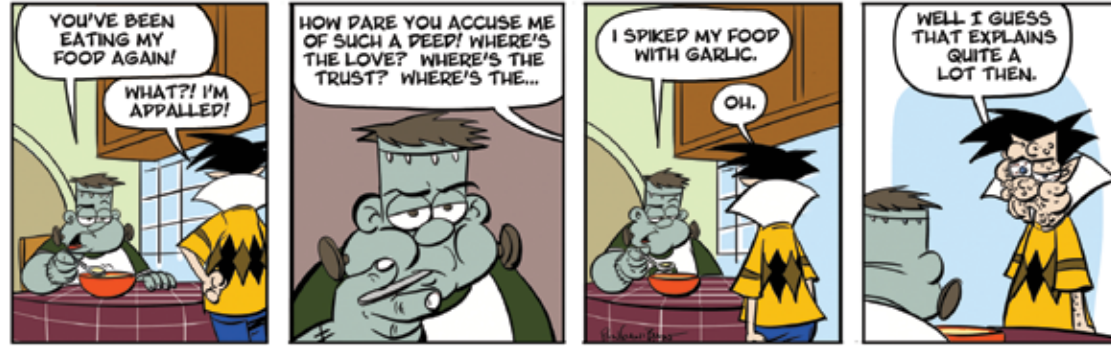
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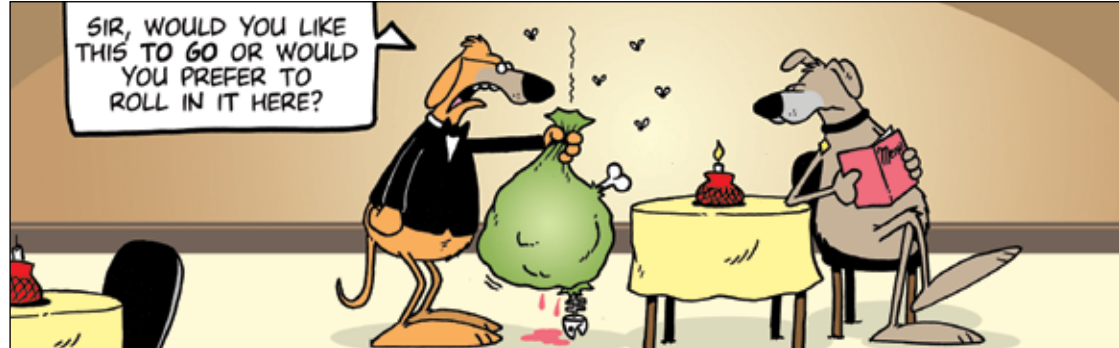
Cranky Girl by Crystal Jones



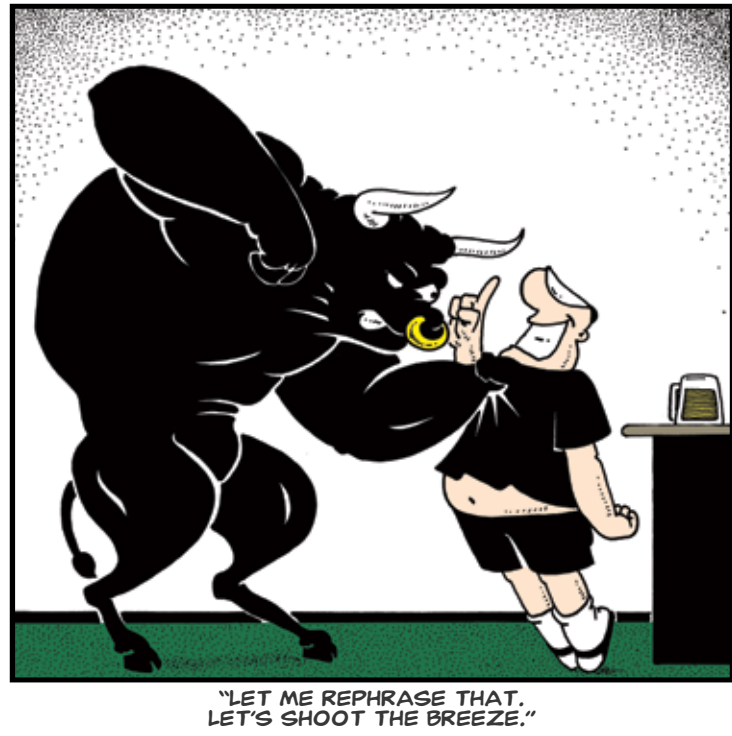
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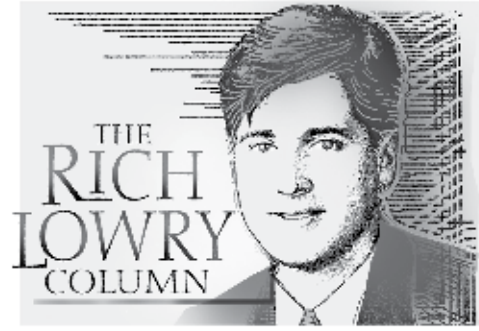
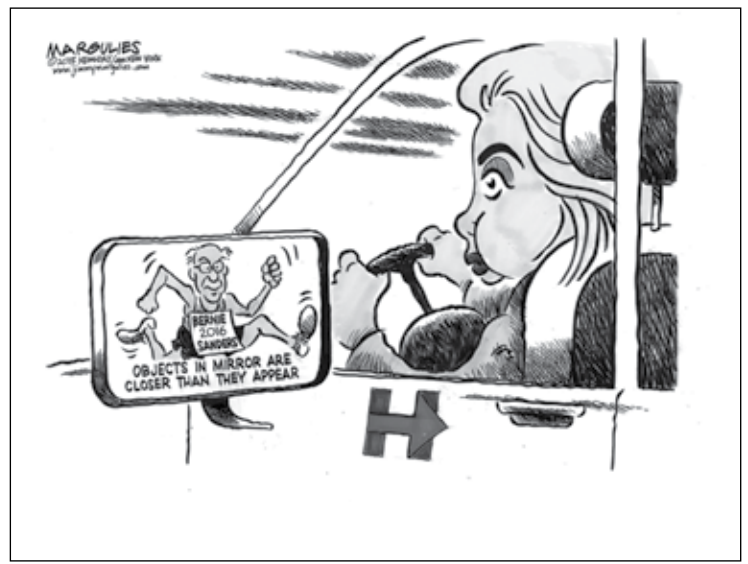
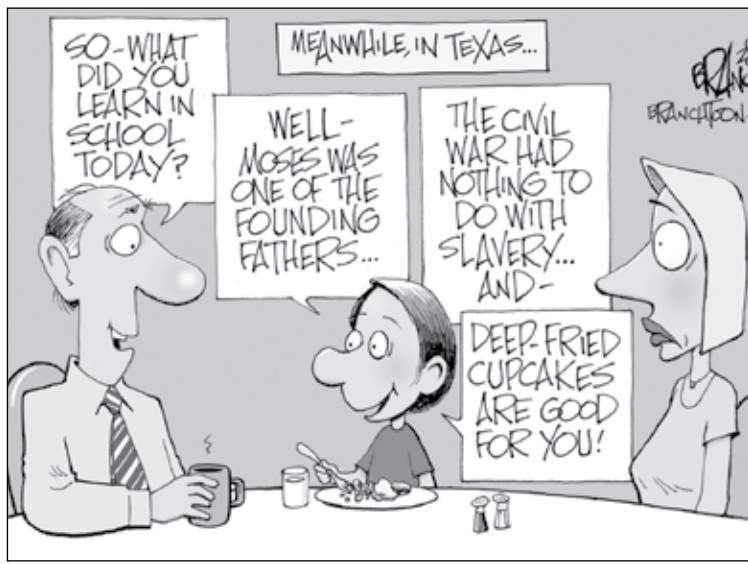
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By Rich Lowry

Sorry, Donald Trump Has a Point

You are hardly a name-brand company if you haven't dumped Donald Trump in recent weeks.

NBC, Univision and Macy's all have thrown The Donald under the bus, in the heaviest blow to schlock culture in this country since the cancellation of "Jersey Shore." The carnage ranges across media, encompassing reality TV ("Celebrity Apprentice"), entertainment properties (the Miss USA Pageant), fashion (the Donald J. Trump Signature Collection) and even fragrance (Success by Trump).

The shunning of Trump is in response to his, uh, memorable presidential announcement that included comments about the alleged rampant criminality of Mexican immigrants -- they're drug runners, rapists, etc. -- that were typically crude.

As it happens, Trump's new enemies

are doing him an enormous political favor, at least in the short term. There are few things that benefit a Republican candidate in the current environment of left-wing bullying more than getting fired and boycotted for something he's said.

Trump's instantly notorious Mexico comments did more to insult than to illuminate, yet a kernel in them hit on an important truth that typical politicians either don't know or simply fear to speak. "When Mexico sends its people," Trump said, "they're not sending their best."

This is obviously correct. We aren't raiding the top 1 percent of Mexicans and importing them to this country. Instead, we are getting representative Mexicans, who -- through no fault of their own -- come from a poorly educated country at a time when education is essential to success in an advanced economy.

Trump's comments made it sound as though Mexico is sending us moral defectives. But immigrants are willing to work. Immigrant men ages 18-65 are in the labor force at a higher rate than native men.

It's just that a lack of education hampers even hard-working people. This is illustrated in an exhaustive report by Steven Camarota of the Center for Immigration Studies, which favors a lower level of immigration.

Immigrants here from Mexico -- which has sent more immigrants than any other country for decades -- have the lowest levels of education. Nearly 60 percent of them haven't graduated from high school.

This puts Mexican immigrants at a

disadvantage, and it shows. Nearly 35 percent of immigrants from Mexico and their U.S.-born children are in poverty; nearly 68 percent are in or near poverty. This is the highest level for immigrants from any country. Immigrants make progress on almost every indicator over time, but are still far behind natives after two decades.

For all its crassness, Trump's rant on immigration is closer to reality than the gauzy cliches of immigration romantics, who are unwilling to acknowledge that there might be an issue welcoming large numbers of high-school dropouts into a 21st-century economy. If we don't want to add to the ranks of the poor, the uninsured and the welfare-dependent, we should have fewer low-skilled immigrants -- assuming saying that is not yet officially considered a hate crime.

The point could be made much more deftly and accurately by anyone not named Donald J. Trump. In the meantime, he fills the vacuum, and enjoys the whirlwind.

Rich Lowry is editor of the National Review.

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RESPECT OWNER ABOUT NOT PETTING DOG

DEAR PAW'S CORNER: I love dogs, and my mom said always to ask permission before petting someone else's dog. But at the park yesterday one owner told me no. Why? -- Kerrie in New Orleans

DEAR KERRIE: First, great job in always asking permission before petting a dog that isn't yours. And, if an owner says no, just say "thank you," and respect his or her wish. Why would a person who takes his or her dog out in public not want people to pet it? There could be any number of reasons. Maybe the dog is fine when left alone, but snaps at strangers who try to pet it. Maybe it's fearful and gets stressed out when strangers approach -- making it much harder to help it get comfortable around strangers and other dogs. You might notice an uncomfortable dog covering and tucking its tail, giving

a low growl or other stressed-out signs. Or, maybe the dog has an injury, like a cut or recent surgery, and the owner doesn't want people to accidentally touch the area, which could be painful for the dog. In any case, don't be hurt by the owner's refusal. The reason has to do with the comfort and safety of the dog. When you are respectful of that, you're helping out, even in a small way. As an added note, be sure to teach your friends and siblings about asking permission. And remind them not to pet any strange dog that's unattended -- whether on a leash or running loose. Don't run away, but carefully avoid the dog and alert your parents, a park ranger or police officer.

Send your questions or tips to ask@pawscorner.com.

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Uber Ordered to Suspend California Operations

Assembly GOP Leader Issues Statement Regarding Bureaucratic Assault on the Sharing Economy

SACRAMENTO REGION, CA (MPG) - Assembly Republican Leader Kristin Olsen has issued the following statement in response to a California administrative judge ordering Uber to suspend its California operations:

"California's policies should embrace the sharing economy as a vital new resource for job-seekers. Instead, layer after layer of red tape is inhibiting companies like Uber and the thousands of Californians

who utilize its services.

"So far, the California Labor Commission, the Public Utilities Commission, and Democrat legislators have wrongfully fought to protect the status quo rather than support innovative new companies that put Californians to work.

"Democrat leaders have created a toxic climate for new jobs and workers and have successfully turned the American Dream

into the California Nightmare.

"I call on my colleagues to stop this assault on the sharing economy and support the thousands of Californians who find work, mobility, and cost-savings through these new California-based tools. The new economy is not a fad. The PUC should get with it."

Source: Assembly Republican Communication ★

Free Weekend Activities at the Nature Center



CARMICHAEL, CA (MPG) - There will be plenty of summer fun going on here at the Effie Yeaw Nature Center, either in the shade of the oak woodland or along the cool waters

of the American River. The Nature Center (2850 San Lorenzo Way) is hosting a series of free, fun, and informational events throughout the month of July. The Nature Center offers lots of fun activities for everyone to enjoy. There is a \$5 per car county entrance fee into Ancil Hoffman Park (free to

members). Donations are gratefully accepted.

Bark Rubbing: Come explore the varieties of trees found in the Nature Center's village and create your own colorful bark rubbing art on Saturday, July 25th at 10:30 a.m. Learning each tree's bark pattern is the key to identifying the many types found in this area. All ages are welcome.

Meet the Menagerie: On Sunday, July 26th at 1:30 p.m., visit the critters that live in the Nature Center and learn why these animals couldn't survive in the wild.

For more information about the Effie Yeaw Nature Center, please call (916) 489-4918 or visit www.sacnaturecenter.net.

Source: Effie Yeaw Nature Center ★

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- July 25th **Big Iron**
Vintage Country
- July 26th **Z.O.O.M.**
Mardi Gras jazz

August

- August 2nd **John Skinner Band**
Dance Band
- August 8th **On Air**
Classic Rock with Power Horns
- August 9th **Lincoln Highway**
Country/Rockabilly
- August 16th **Capitol Pops Concert Band**
Concert Band
- August 22nd **Group Therapy**
Classic Rock/R&B
- August 23rd **Latin Touch**
R&B/Latin Rock/Cumbia
- August 30th **River City Concert Band**
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On-the-Job Training Increases, Employment Pool Shrinks

Continued from page 1

and geographic identity. The Sacramento employment trend continues to rise in the third quarter of 2015 with 67% of companies planning to hire in July, August, and September; 17% of demand was attributed to seasonal needs in the next three months. Workforce expansion continues to rise with 51% of expected hires motivated by growth while 38% was described as replacements for attrition over the next quarter. No layoffs were noted.

While federal changes in healthcare lead all complaints through the last two years, now the most challenging issue for HR pros is California's sick leave policy; 18% said they were struggling with implementation or compliance as their greatest workforce challenge in the next quarter. Qualified applicants and retaining current employees were also noted as a continuing issue with 13% of companies surveyed directly by phone.

Skills Demand

The majority of Sacramento regional employers are seeking manufacturing/product assembly workers, sales, and general office.

Challenges

The biggest workforce challenge noted by regional employers is compliance with new California sick leave policy, followed closely by finding qualified applicants and retaining current employees.

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Source: Pacific Staffing ★

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The cost for these core courses is \$30 total for all 6 sessions. The cost includes lessons/manuals. Additional one or two 2 1/2 hour session workshops are offered for \$5 per workshop.

Workshop titles include: Digital Cameras, Computer Maintenance, E Bay, Greeting Cards, Downloading, Windows 7, Storage and Backup Files, Flash Drives, etc, and Database.

Senior Computer School is a non-profit organization staffed by volunteer instructors, assistants, and office staff. We train 40-60 students every month with 8 to 16 students in each class. Step by step instructions are conducted with clearly written lessons. There is no need to take notes as the lessons are provided for you to keep after each session. Assistants provide individual help, as needed during each session.

The Senior Computer School learning center is located at the back of the Rio Americano High School campus, 4540 American River Drive, Sacramento, CA 95864. Free parking is available near the levee road, inside the chain linked fenced area. Look for the Senior banner on the Learning Center.

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We do not receive water through the municipalities. Our wells and pump systems are professionally inspected and serviced regularly for maximum efficiency as are our sprinkler systems. Self-supplied well water entities, such as East Lawn, are required by the Governor's Executive Order B-29-15, to reduce potable water usage by 25%; however, our goal is to continuously try to find the most efficient means possible to reduce water usage and we have exceeded the mandate by conserving over 50% and significantly minimized run-off.

We have elected to temporarily stop the flow of water in our fountains. Unfortunately, due to these water cutbacks a few brown spots have appeared in some areas of our parks. We are cognizant of the responsibility we have to properly maintain the beauty of the cemeteries as Endowment Care facilities. We ask for your patience and understanding as we negotiate this drought; however, should you notice a problem that needs to be addressed, please do not hesitate to contact us.

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Television Listings for the week of July 24-July 29

FRIDAY EVENING

JULY 24, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
BROADCAST	ABC Shark Tank (TVPG) HD	ABC Elementary (TV14) HD	NBC America's Got Talent: Judge Cuts 2 (N) HD	FOX Home Free (TVPG) HD	ION Law & Order: CI HD	Local	Local	Local	Local	Local
CABLE	A&E Criminal Minds HD	AMC U.S. Marshals (98, PG-13) HD	ANIMAL To Be Announced	BET Nellyville (TV14) HD	BRAVO Housewife (TV14) HD	CARTOON King of Hill (TV14) HD	CMT Reba HD	CNN The Hunt	COMEDY Key: Peele	DISCOVERY Alaskan Bush (N)
PREM	HBOW True Detective HD	MAXW 300: Rise of an Empire (14, R) HD	SHOWW Masters of Sex HD	True Detective HD	Fast & Furious 6 (13, PG-13) HD	Strike HD	Strike Back (TVMA) HD	Stacked HD	Masters of Sex HD	Masters of Sex HD

SATURDAY EVENING

JULY 25, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
BROADCAST	ABC BattleBots (TVPG) HD	CBS NGIS: Los Angeles HD	NBC Running Wild HD	FOX Criminal Minds HD	ION Criminal Minds HD	Local	Local	Local	Local	Local
CABLE	A&E Storage Wars: "Biggest Fights Part #1" HD	AMC The Cowboys (72) HD	ANIMAL Treetop	BET White Chicks (04, PG-13) HD	BRAVO Bee Movie (07) HD	CARTOON DBZ Kai (TV14) HD	CMT Zookeeper (11, PG) HD	CNN CNN Special Report	COMEDY Elf (03, PG) Will Ferrell	DISCOVERY MythBusters HD
PREM	HBOW The Drop (14, R) Tom Hardy, Noomi Rapace	MAXW RoboCop (C-25) Runner Runner (13, R) HD	SHOWW Ray Donovan: "Ding" HD	World Championship Boxing: "Kovalev vs. ..." HD	Non-Stop (14, PG-13) Liam Neeson	Forbidden Science Feature (09) HD	Ray Donovan: "Ding" HD	Schindler's List (93, R) HD	Liam Neeson, Ralph Fiennes	One Day in Auschwitz HD

SUNDAY EVENING

JULY 26, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
BROADCAST	ABC Celebrity Family Feud	CBS (C01) Big Brother (N) HD	NBC Sweden	FOX Simpsons	ION The Sentinel (06, PG-13) HD	Local	Local	Local	Local	Local
CABLE	A&E Intervention (N) HD	AMC The Walking Dead (N) HD	ANIMAL North Woods Law (N) HD	BET Sunday Best (N) HD	BRAVO Bravo's First Looks (N) HD	CARTOON King of Hill (TV14) HD	CMT Dog & Beth (TV14) HD	CNN The Hunt	COMEDY (7:30) Pineapple Express	DISCOVERY Naked and Afraid (N)
PREM	HBOW The Drop (14, R) HD	MAXW Grudge Match (13, PG-13) HD	SHOWW Ray Donovan (N) HD	True Detective (N) HD	300: Rise of an Empire (14, R) HD	Robert De Niro, HD	300: Rise of an Empire (14, R) HD	(45) A Wife's Secret (14, NRAO) HD	Ray Donovan HD	Masters of Sex HD

MONDAY EVENING

JULY 27, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
BROADCAST	ABC The Bachelorette (TVPG) (N) HD	CBS Broke Girls (N) HD	NBC American Ninja Warrior: "Houston Finals" (N) HD	FOX So You Think You Can Dance: "Top 18" HD	ION Criminal Minds: "Lo-Fi" HD	Local	Local	Local	Local	Local
CABLE	A&E The First 48 (TV14) HD	AMC Carlitto's Way (93, R) Al Pacino, Sean Penn	ANIMAL Treehouse Masters HD	BET Seven Pounds (08) HD	BRAVO Orange County Social	CARTOON King of Hill (TV14) HD	CMT Reba HD	CNN Anderson Cooper 360	COMEDY South Park (South Park)	DISCOVERY Street Outlaws: Full (N)
PREM	HBOW Real Sports HD	MAXW Circuit HD	SHOWW Ray Donovan HD	A Million Ways to Die in the West (14, R) HD	V for Vendetta (06, R) HD	Natalie Portman, HD	Masters of Sex HD	Ray Donovan HD	Masters of Sex HD	Masters of Sex HD

TUESDAY EVENING

JULY 28, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
BROADCAST	ABC Fresh Off	CBS NCIS: "Blasf" Past" HD	NBC America's Got Talent: "Judge Cuts 3" (N) HD	FOX Smart 5th Grade (N) HD	ION Criminal Minds HD	Local	Local	Local	Local	Local
CABLE	A&E Storage	AMC (7:00) The Dark Knight (08, PG-13) HD	ANIMAL Wild Russia (TVPG) HD	BET (7:00) Movie	BRAVO New York City Social	CARTOON King of Hill (TV14) HD	CMT Reba HD	CNN Anderson Cooper 360	COMEDY Tosh.0 HD	DISCOVERY Deadliest Catch (N) HD
PREM	HBOW The Maze Runner (14) HD	MAXW Broken Lizard's Super Troopers (02, R) HD	SHOWW Masters of Sex HD	True Detective (N) HD	Baller's (N) The Brink	RoboCop (87, R) Peter Weller	The Affair: "3" HD	Masters of Sex HD	Masters of Sex HD	Masters of Sex HD

WEDNESDAY EVENING

JULY 29, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
BROADCAST	ABC The Middle: Goldbergs	CBS Big Brother (N) HD	NBC America's Got Talent: "10 Year Special" (N) HD	FOX MasterChef (N) HD	ION Ghost Whisperer HD	Local	Local	Local	Local	Local
CABLE	A&E Duck HD	AMC (7:30) Lethal Weapon 2 (89, R) Mel Gibson, Danny Glover	ANIMAL To Be Announced	BET (7:00) Movie	BRAVO Housewife (TV14) HD	CARTOON King of Hill (TV14) HD	CMT Reba HD	CNN Anderson Cooper 360	COMEDY South Park (South Park)	DISCOVERY Airplane Repo (N) HD
PREM	HBOW The Drop (14, R) Tom Hardy, Noomi Rapace	MAXW R.I.P.D. (13, PG-13) HD	SHOWW Ray Donovan HD	A Million Ways to Die in the West (14, R) HD	We're the Millers (13, R) HD	Jeff Bridges, HD	Ray Donovan HD	Ray Donovan HD	Ray Donovan HD	Ray Donovan HD



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Powerful Jays poised for a big second half

Cubs, Red Sox could also make a move down the stretch

With the season just over halfway complete following the All-Star break, we are starting to get a better feel about how good teams actually are. Here are our predictions for each race in the second half of the season:

AL East

The Pick: Toronto Blue Jays

The Blue Jays have been victims of bad luck all year, owning a 10–19 record in one-run games, a number that figures to even out soon. The Blue Jays should quickly climb back up the standings, aided by baseball's best slugging percentage and the AL's best run differential.

The Dark Horse: Baltimore Orioles

The New York Yankees may have the best record in the division at 50–41, but the Orioles are playing just as well. With a plus-38 run differential, they have a Pythagorean record (what the stats say they should be) of 50–41, although they are only 46–45 in reality.

AL Central

The Pick: Kansas City Royals

The Royals have the largest division lead in baseball, and that doesn't figure to change soon. The Twins have cooled off to a 20–23 record over the past two months, and the Tigers are battling injuries.

The Dark Horse: Detroit Tigers

The Tigers are aging fast, similarly to the Phillies three years ago, and this may be their last shot at a World Series for a while. They desperately need Miguel Cabrera back, but if Justin Verlander and Anibal Sanchez regain their old form, the Tigers could climb back up the standings.

AL West

The Pick: Los Angeles Angels

There's been some off-the-field drama in Anaheim this season, but the team is 41–30 since trading Josh Hamilton. Albert Pujols' return to relevance certainly helps.

The Dark Horse: Oakland Athletics

Their record may indicate they are out of it, but the A's have been playing better than their record shows — since they are an unsustainable 9–22 in one-run games and 2–6 in extra-inning games. GM Billy Beane has never been one to shy away from a big trade.

AL Wild Cards

The Picks: New York Yankees and Houston Astros

The Yankees have been the only team to grab hold of the mediocre AL East, thanks to the reemergence of Brian McCann, Alex Rodriguez and Mark Teixeira. The Astros have been the darlings of the league and could make a big push by acquiring an ace such as Johnny Cueto at the trade deadline.

The Dark Horse: Boston Red Sox

Hanley Ramirez, Pablo Sandoval and Mike Napoli have been severe disappointments, combining to produce a minus-1.7 WAR. While a turnaround from the three could be an easy way to reignite the offense, fixing the pitching could be the key. Rick Porcello has a 3.27 ERA over his last two starts, and recently called up Brian Johnson has been dominating Triple-A.

NL East

The Pick: Washington Nationals

Despite a bevy of injuries and disappointing seasons from Stephen Strasburg and Ian Desmond, the Nationals still find themselves comfortably atop the NL East. They still have perhaps the most talented team in baseball.

The Dark Horse: New York Mets

The young pitching has been everything promised and more, but the offense needs a boost. That could come in the form of top prospect Michael Conforto, but there isn't much room for him in a crowded outfield that is already hitting fairly well.

NL Central

The Pick: St. Louis Cardinals

The top team in baseball, St. Louis has seemingly endless pitching, even after trading Shelby Miller and losing Adam Wainwright for



The statistics indicate Jose Bautista's Toronto Blue Jays have been one of the best teams in baseball this season. With some better luck in one-run games, the Jays could find themselves in the postseason for the first time since 1993.

the season. The Cardinals' offense could see a boost if and when Matt Adams returns from surgery on his right quad.

The Dark Horse: Chicago Cubs

The Cubs weren't expected to contend this quickly, but outstanding pitching from unlikely names such as Jason Hammel and Kyle Hendricks certainly has helped. Although Kris Bryant is raking, fellow rookies Addison Russell and Jorge Soler haven't contributed much ... yet.

NL West

The Pick: Los Angeles Dodgers

Los Angeles has produced the most WAR in the league and could see a boost to their offense with the return of Carl Crawford and potential promotions of top prospect Corey Seager and Cuban star Hector Olivera. The pitching remains top-shelf.

The Dark Horse: San Francisco Giants

Although the pitching used to be what carried the team, the script has flipped with the Giants producing the most offensive WAR in the league, thanks to the emergency of Joe Panik, Matt Duffy and Brandon Crawford. A healthy Matt Cain and Jake Peavy (eight combined starts) could work wonders too.

NL Wild Card

The Pick: Pittsburgh Pirates and Chicago Cubs

Injuries to Josh Harrison and Jordy Mercer and Pedro Alvarez's struggles at the plate should have the Pirates hunting for an extra infielder, but their strong pitching has them comfortably in playoff position. The Cubs also have the trade chips to get a tighter grip on a playoff spot, should they choose to make a trade.

The Dark Horse: San Diego Padres

San Diego's sudden rebuild has gone so poorly that it may decide to trade James Shields, Craig Kimbrel and Justin Upton just eight months after acquiring them at high costs. However, the Padres are only seven games out of a wild card spot and have the talent to turn things around if they stick by that talent.

ATHLON SPORTS POWER RANKING

- | | | | |
|----------------------|--|-------------------------|---|
| 1. Cardinals | Playing well after going 6–10 before the All-Star break. | 16. Rays | Lost 13 of 18 but only four games out of a wild card spot. |
| 2. Dodgers | Lead baseball in pitching WAR, thanks in part to Zack Greinke. | 17. Red Sox | Prospect Brian Johnson gets chance to fix team's pitching woes. |
| 3. Nationals | Rendon, Zimmerman and Span could be back soon. | 18. Athletics | Fifth in the league in ERA but 25th in saves. |
| 4. Royals | Have the largest division lead and best record in the AL. | 19. Indians | Corey Kluber finally gets run support, Tribe takes two of three in Cincy. |
| 5. Pirates | Got swept by the lowly Brewers coming off the All-Star break. | 20. Mariners | Mark Trumbo hitting just .219/.252/.298 since being acquired. |
| 6. Angels | Mike Trout continues to do everything with a walk-off homer. | 21. Rangers | Martin Perez back 14 months after Tommy John surgery. |
| 7. Yankees | Entering key stretch against the Orioles and Twins. | 22. Padres | Time to decide soon if they will trade their All-Star players. |
| 8. Astros | A trade for another pitcher could push them over the top. | 23. Braves | Last in the league with 57 home runs. |
| 9. Cubs | Top prospect Kyle Schwarber may be up for good. | 24. Diamondbacks | Have now lost six in a row after finally climbing above .500. |
| 10. Blue Jays | Lead the league in slugging percentage, second in home runs. | 25. Marlins | Got swept by the Phillies. Not good. |
| 11. Twins | Last in the league in pitching strikeouts by far | 26. Reds | Team ready to sell pieces after hosting the All-Star Game. |
| 12. Mets | 18-inning win over the Cardinals salvages losing series. | 27. White Sox | One of four teams with an on-base percentage below .300. |
| 13. Giants | Sweeping Arizona leaves them a game back of a wild card spot. | 28. Brewers | Have quietly won 13 of 17 games. |
| 14. Orioles | Kevin Gausman to soon replace struggling Bud Norris in rotation. | 29. Rockies | Predictably, Rockies have allowed most home runs per inning. |
| 15. Tigers | Just 5–7 since Miguel Cabrera went down with a strained calf. | 30. Phillies | All eyes are on Cole Hamels, likely to be traded before the deadline. |

AROUND THE HORN

Mike Trout continued his All-Star Game dominance, winning back-to-back MVP awards at the Midsummer Classic. He became the first player ever to win consecutive All-Star Game MVP Awards and joined **Willie Mays**, **Steve Garvey**, **Gary Carter** and **Cal Ripken Jr.** as the only players to win the award twice. Trout also has now completed the rare All-Star Game cycle for his career, with a homer to lead off the game, the first player to do so since Bo Jackson in 1989. He hit a single in his first at-bat of the 2012 All-Star Game; hit a double in his first at-bat of the 2013 All-Star Game; hit a triple in his first at-bat of the 2014 All-Star Game; and capped it off with a leadoff homer in 2015. ...

Todd Frazier won the Home Run Derby under a new timed format that was well received and saw a 26 percent TV ratings boost compared to 2014. Frazier defeated **Joc Pederson** in the finals on the first pitch of a 30-second bonus round and became the first player since **Ryne Sandberg** in 1990 to win the derby at his home park. ...

The Mets beat the Cardinals 3–1 in 18 innings Sunday, the second-longest game of the season and the second time these teams played for at least 14 innings. Neither team scored for the first 12 innings, and St. Louis' scheduled starter for Tuesday **Carlos Martinez** came in to pitch the last four innings, earning the loss after he allowed a sacrifice fly to **Ruben Tejada** and squeeze bunt to **Eric Campbell**. The game lasted 5 hours 55 minutes. ...

Royals' outfielder **Lorenzo Cain** is heating up in the month of July, batting .451/.509/.843 with five walks and four strikeouts. Despite missing 10 games this season, he is fifth in baseball with 4.5 WAR. ...

University of Louisville ace **Kyle Funkhouser** was the only first-round pick not to sign, after being selected 35th overall by the Dodgers. Los Angeles will receive the 36th overall pick next year as compensation.

NUMBERS GAME

43.2

Zack Greinke extended his consecutive scoreless innings streak to 43.2 innings Sunday with an eight-inning shutout win over the Nationals. He's approaching the MLB record set by former Dodger Orel Hershiser in 1988 (59 innings). Greinke has allowed one run or fewer in 15 of his 19 starts, helping him to an MLB-best 1.30 ERA; no other qualified pitcher has an ERA under 2.00.



TURN BACK THE CLOCK

July 22, 1999

The Indians lost their designated hitter in a game against the Blue Jays when Manny Ramirez, who was listed as the DH, accidentally took Alex Ramirez's spot in right field. Starting pitcher Charles Nagy and his two pinch hitters went 1-for-4, as Toronto edged Cleveland 4–3. Nagy became the first pitcher to bat in the AL since Jim Kern in 1978.

TRIVIA CORNER



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TRIVIA ANSWERS: Carl Crawford (44 in 2005) and Juan Pierre (44 in 2007). Scott Podsednik (44 in 2005) and Jose Reyes (44 in 2003).

Photos: Bautista, Greinke: AP

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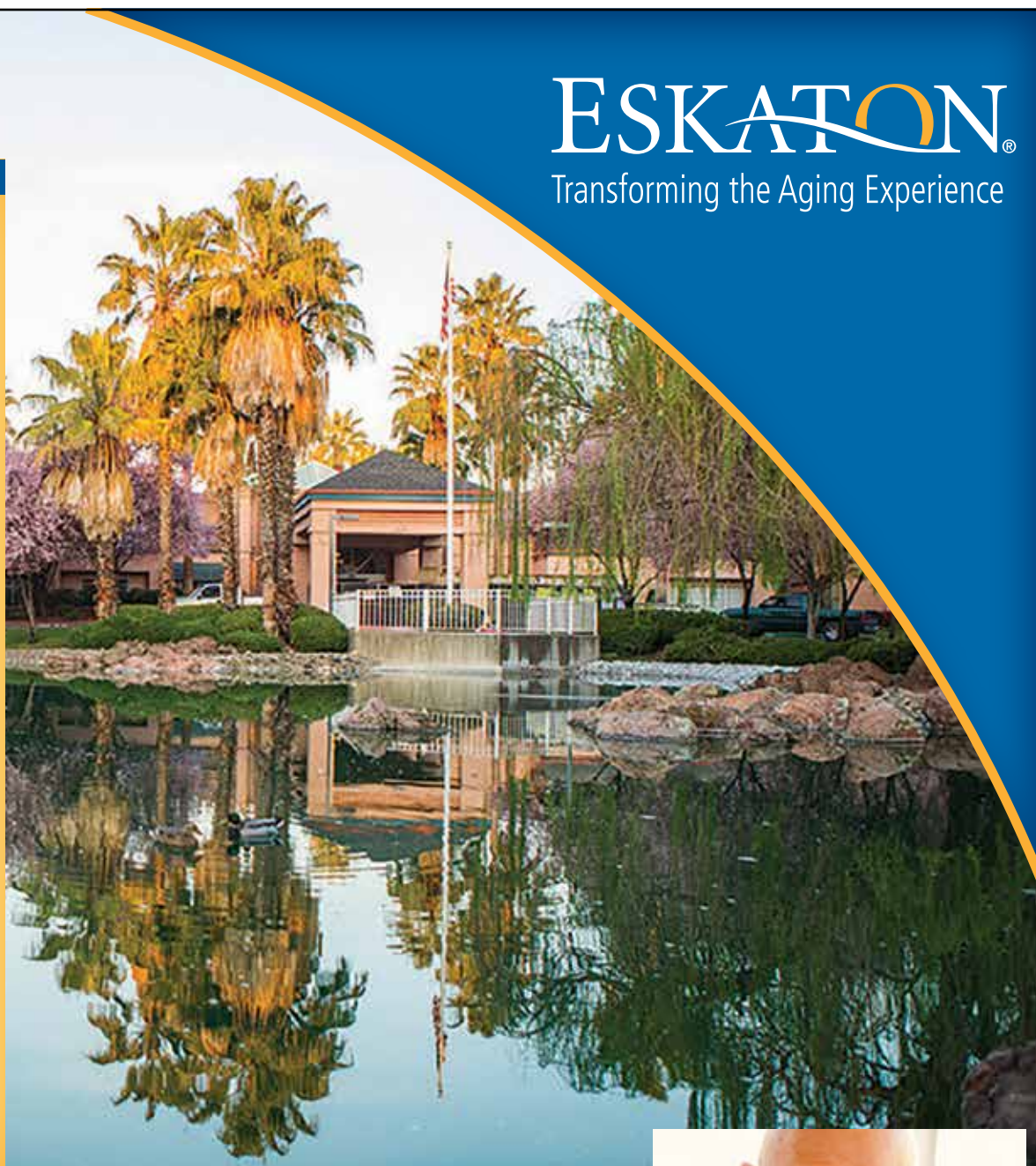
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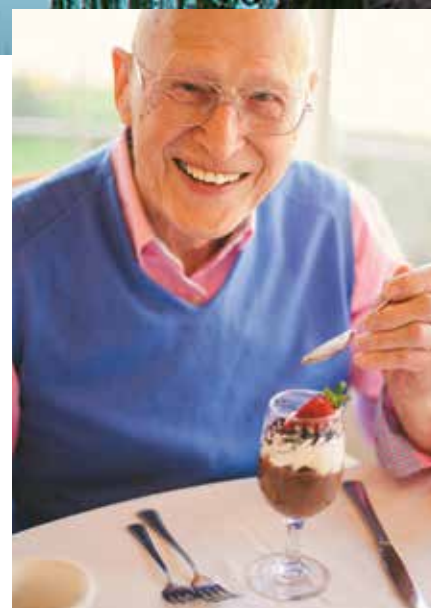
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There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



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