

### Eppie's 42nd is **Epic for Athletes**

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# Carmichael Times

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Serving Carmichael and Sacramento County since 1981

July 24, 2015

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direct link to our online edition!

# Mayoral Campaign Kicks Off in Carmichael



Mayoral menage. Campaigners (left to right) Alex Khoshroshahi, Julie Hubbs, and Dan Kellow have entered the 2015 race for Honorary Mayor of

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - With 2016 presidential campaigns just heating up, Carmichael mayoral candidates are already hot on their

The annual mayors' race is a fundraiser for the Carmichael Chamber of Commerce. Dollars are counted as votes and candidates are actually encouraged to buy their way to victory. The winner has no political power but ribbon-cutting and civic duties are guaranteed. Baby-kissing, dog-petting, and pledge-reciting are among heavier responsibilities; an open car in the Carmichael Elks July 4th Parade is a perk. Since the Chamber is a business organization, the main reward is exposure for candidates' companies and for the non-profits they choose to help through

their campaigns. Current Honorary Mayor is Virginia Stone, an executive for the Oakmont senior residence in Carmichael.

Two company owners and a banker covet mayoral chains for 2016. Alexander Khoshroshahi ("call me Alex") is promoting Decalicious, a vinyl sign-making and décor startup he brought to Carmichael two years ago. The 25-year-old's platform is to promote entrepreneurism and community involvement for small business owners. The American Cancer Society will receive 10% of his campaign proceeds.

Julie Hubbs, 59, owns the two-yearold Woodworker Life Coaching company, whose motto is "Be the best you that you can be." She hopes for a mayoral term that best places Carmichael in the spotlight. Mom to a Special Forces soldier, she has worked for most of her career in social, employment,

and mental health services. Hubbs will donate part of her fundraising to Quilts of Honor, a non-profit whose volunteers hand stitch quilts for combat veterans.

Dan Kellow, 30, has a vision for the community he grew up in to "change for the better." A Deterding Elementary, Churchill Middle School, and Rio Americano High graduate, he works as an executive for Comerica Bank and hopes to see his hometown revitalized by new business. He has chosen Sierra Families Forever (a non-profit that finds permanent homes) as recipient of 10% of his fundraising total.

The campaign winner will be announced in November. Anyone may donate to the candidates or attend their individual fundraising events. For more information, visit www.carmichaelchamber.com

### **On-the-Job Training** Increases, **Employment Pool Shrinks**

SACRAMENTO REGION, CA (MPG) - Employee retention, qualified applicants, and specialized skills are motivating more in-house training and opportunity in the Sacramento area. Internships and probationary and apprenticeship programs are growing as the pool of skilled workers shrinks. For several quarters, an increasing number of Sacramento's top regional companies have noted growing problems with finding enough qualified applicants (those with specific, often technical skills) and keeping the employees currently on the job. Falling unemployment, recovery from recession years, and an aging workforce are thinning the formerly large numbers applying. Pacific Staffing discovered a "back to the future" approach when polling local companies, finding a vast majority (76%) report having existing or now using more on-the-job training in meeting specific workforce needs in hiring.

Sacramento regional employers were asked, "Is it time for employers to open work to entry levels and train on the job for specific proprietary needs?" Just 23% didn't have or support on-the-job training, while 1% didn't answer. The apprentice or "old school" approach to filling employment needs has never gone completely out of style with Sacramento regional companies. As some HR contacts noted when surveyed directly between May 19th and June 19th, 2015, a policy to recruit from local sources and train within the company for specific skills also reaps greater loyalty and individual company

Continued on page 15

# Sacramento Children's Home Crisis Nurseries Receive Donation

UnitedHealthcare Donates Oliver & Hope Book Series and Reading Corners

CARMICHAEL, CA (MPG) -UnitedHealthcare employees delivered the Oliver & Hope book series and reading stations to the Sacramento Children's Home Crisis Nurseries North location in Carmichael last week. The Oliver & Hope book series is written for children aged three to eight, and delivers fun stories with engaging images that enable readers to imagine how they might become a hero like the characters. The stories also teach subtle lessons about the power of friendship, resiliency, and imagination.

Proceeds from the Oliver & Hope books fund

UnitedHealthcare Children's Foundation (UHCCF) medical grants that help children gain access to health-related services not covered, or not fully covered, by their parents' commercial health insurance plan.

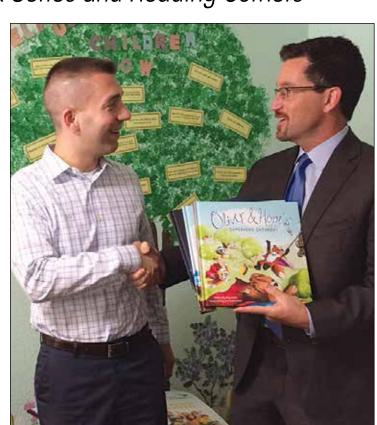
Last year, UHCCF awarded medical grants worth an estimated \$5.4 million to more than 2,000 children across the United States. Parents or legal guardians may apply for grants at www. UHCCF.org, and there is no application deadline.

"The Crisis Nursery Program is thrilled to have the generous support of UnitedHealthcare. It is because of generous

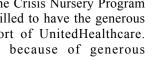
community partners like UnitedHealthcare that we are able to continue to provide such integral services to local children and families in need," said Todd Koolakian, director of philanthropy of the Sacramento Children's Home.

More information about the Oliver & Hope books, including free audio recordings of the books as well as activities and downloads, can be found at Oliver & Hope's Clubhouse at www.UHCCF.org.

Source: Anita Sen Public Relations



Pictured at the Sacramento Children's Home North Crisis Nursery in Carmichael is Kevin Kandalaft with UnitedHealthcare (right) presenting Oliver & Hope books to Todd Koolakian, director of philanthropy of the Sacramento Children's Home. Photo courtesy of Anita Sen Public Relations



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JONNY CAT

# Staying Young at Heart

Intergenerational Program Brings Students and Seniors Together



Mrs. Abbott, 99, shared how valuable the Kids Connection program has been to her over the last six years at Eskaton Village Carmichael. She taught high school and junior high but was never exposed to the "little ones' until this program entered her life. Photo courtesy of Eskaton

CARMICHAEL, CA (MPG) - Mrs. Irma Abbott, 99 years old, smiles when the kids enter the building. For the last six years she has been a buddy to kids from Kohler Elementary School in North Highlands, CA. Each month during the school year, the bus pulls up and 30 kindergartners or first graders line up to enter the assisted living building at Eskaton Village Carmichael, home to more than 35 residents.

"I taught high school and junior high, but I never taught the 'little ones,'" said Mrs. Abbott. At least not until this program entered her life. The only difference now is the kids have just as much to teach Mrs. Abbott as she has to teach them. Next year when she turns 100 years old, Mrs. Abbott is looking forward to spending time with her buddy.

"When I am 100 years old, I am going to be a buddy!" said six-year-old Briana in a very shy but excited voice.

"All of my students absolutely love their Eskaton buddies, and look forward to seeing them and

writing to them. Any time I say the word Eskaton, my students start beaming with happiness! It is truly a wonderful experience," said Kohler Elementary School teacher Bobbi Donovan, founding teacher of the Eskaton Kids Connection program that now reaches 650 children in 23 classrooms just six years after its inception.

The success of this program caught the attention of the California Assisted Living Association (CALA). Eskaton was honored to receive the prestigious "Innovations in Quality" award during the 2015 annual CALA conference. Eskaton, a nonprofit organization, encourages all long-term care organizations to adopt Kids Connection or create their own intergenerational program. Studies continue to show that older adults who no longer socialize are at higher risk for heart disease, early onset dementia, high blood pressure, a weakened immune system, and many other chronic health problems. Staying socially active

and maintaining interpersonal relationships can promote good physical and emotional health and cognitive function.

July 24, **2015** 

Eskaton residents interact and bond with students, share important life skills, become familiar with new technology, and gain a sense of liveliness and positivity. In turn, students improve in areas of reading and writing, learn social skills that can be applied in real world situations, and develop compassion and respect for older adults and the aging process. Its strategy is based on the idea of introducing new educational experiences and opportunities at the elementary level while promoting socialization. The personal relationships and mutual respect created between the buddies have far exceeded expectations.

For more information on Eskaton's Signature Programs, including Kids Connection, visit www.eskaton.org/signature-programs.html.

Source: MKTNG Public Relations



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July 24, 2015 Carmichael Times • 3

# Eppie's 42nd is Epic for Athletes

Story and photos by Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - Almost two years after its founder died, Eppie's Great Race endures as restaurateur and philanthropist Eppie Johnson's legacy. Inspired by his love of the American River Parkway and dedication to fitness, Arcade resident Johnson began an annual event that has become almost as central to Sacramento summers as Independence Day.

For the 42nd Eppie's Great Race last weekend, the American River flowed cool and fast. In contrast, morning Parkway temperatures rose to challenge more than 1,300 athletes. As it has since 1974, the "world's oldest triathlon" set a cracking pace through stretches of Sacramento, Arcade, Carmichael, Fair Oaks, and Rancho Cordova. Participants ranged in age from 11 to over 80 years old. The overall winner was a 57-year-old Sacramento orthodontist, Dr. Vic Vicari. The Ironman sealed his 11th Eppie's victory in less than one hour and 50 minutes.

The race began with the national anthem at William Pond Park in Carmichael. Runners followed a six-mile route to the Guy West Bridge near California State University. Here, the bike transition initiated a 12-mile pedal to the beach below Sunrise Boulevard Bridge. Boarding kayaks and braving the San Juan Rapids, the competitors followed the American River downstream to celebrations at River Bend Park in Rancho Cordova. An estimated 4,000 supporters and 1,000 volunteers cheered participants throughout the event's three stages.

In 42 years, the triathlon has raised more than one million dollars to aid programs for Sacramento County Therapeutic Recreation Services. "Eppie loved the activities it provides for disabled people," said a race spokesperson. "And he loved this race. It was his baby."



### Bank Robbery Series in Carmichael



Detectives would like to thank the public for their assistance in helping identify Dominique Marie Polani as the robbery suspect and for spreading the word on social media. Photo courtesy of Sacramento County Sheriff's Department

**CARMICHAEL, CA (MPG)** - Sacramento Sheriff Robbery Detectives have made an arrest in the bank robbery series that began on July 1st, 2015

Detectives reached out to the public to request their assistance in identifying the female suspect connected to five recent bank robberies that occurred within various financial institutions on Manzanita Avenue, El Camino Avenue, Fair Oaks Boulevard, and Kiefer Boulevard in Sacramento. Detectives immediately received tips from the public directing them to several individuals; however, detectives were able to identify and confirm Sacramento resident Dominique Marie Polani, 22, as the bank robber. A warrant for her arrest was obtained and she was captured outside of the Northern California area on July 17th. Polani was booked into the Sacramento County Main Jail on robbery charges, where she is currently being held on \$500,000 bail.

Sheriff Robbery Detectives would like to thank the public for their assistance in helping identify this robbery suspect and spreading the word on social media. They realize the important role the public can hold in providing information leading to the identification or arrest of individuals who criminally affect our communities.

Source: Sacramento County Sheriff's Department ★

#### DMV Issues Nearly 400,000 Licenses to Undocumented Applicants

the American River and its

Parkway (at right).

SACRAMENTO REGION, CA (MPG) - During the first six months of implementing Assembly Bill 60 (AB 60), the California Department of Motor Vehicles (DMV) has issued approximately 397,000 driver's licenses to undocumented applicants who have met all requirements necessary to enjoy driving privileges in California. This figure represents more than half of the total 759,000 original driver's licenses that have been distributed during the first half of 2015.

"The latest numbers reflect the continued successful implementation

of AB 60," said DMV Director Jean Shiomoto. "The DMV was determined to develop a process that would not only meet the stringent requirements of this new law, but also the unique needs of our newly expanded customer base."

Since the Safe and Responsible Driver Act was implemented on January 2nd, 2015, the DMV has received approximately 687,000 AB 60 driver's license applications. As part of the process, applicants must prove their identity and California residency, as well as meet all other

licensing requirements such as passing the knowledge and behind-the-wheel exams. Here is the approximate number of tests administered between January 1st, 2015 and June 30th, 2015:

- AB 60 Knowledge Test: 1,116,000
- AB 60 Drive Test: 436,000
- Statewide Knowledge Test: 2,324,000, with 47% passing and 53% failing
- Statewide Drive Test: 928,000, with 71% passing and 29% failing.

This data reflects the number of individual transactions. If a customer takes a particular test multiple times, each attempt is included in the statistics. Statewide data reflects all tests administered, including AB 60 applicants.

- AB 60 Customer Visits: 1,462,000
- Statewide Customer Visits: 5,636,000 (includes AB 60 applicants)

Data identifies number of applicants provided a ticket at the "Start Here" window.

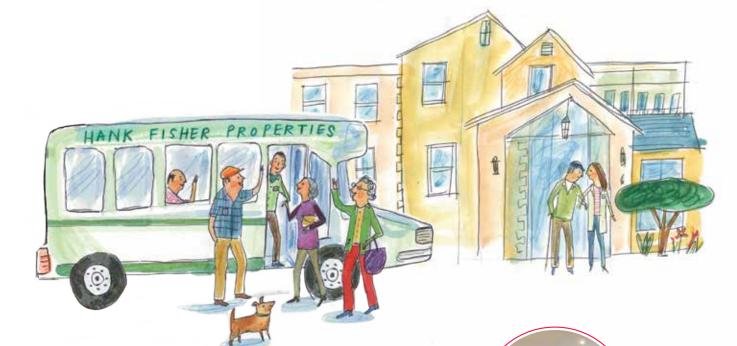
Source: DMV Public Affairs

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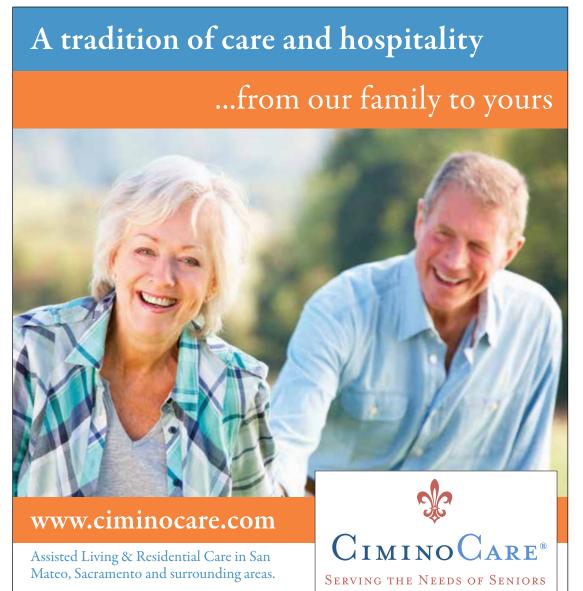
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# **California Trucking Association Responds to Executive Order**

- The California Trucking Association has issued the following statement in response to Governor Jerry Brown's Executive Order B-21-15 directing relevant California state agencies to develop an integrated action plan by July 2016 to improve freight efficiency:

"The executive order issued by Governor Jerry Brown's office demonstrates the importance of California's freight transportation system to the state's economy. Trucking is currently, and is projected to remain, the primary mode of goods movement in California. Hauling nearly 90% of manufactured tonnage in the state with 80% of California communities depending exclusively on trucks, California truckers are already spending a billion dollars a year to reduce emissions by up to 99%. In the past few years, the trucking industry—three quarters of which is made up of small family-owned businesses—has invested over \$7 billion on clean truck technologies. This number alone is equivalent to taking 1.4 million cars off the road.

As the State contemplates more costly new emissions targets, it must consider the economic impact to the trucking industry. The California Trucking Association urges Governor Jerry Brown and other applicable state agencies to work closely with all stakeholders on a plan that will allow California to continue operating smoothly and efficiently.'

Source: California Trucking Association

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Carmichael Times • 5 July 24, 2015



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#### By Michael Marks

Anyone can pick out a great watermelon, but few take that road less traveled. Every produce item will tell you whether it is good or not. There are signs of greatness for every produce item. You just need to know what to look for.

As we get ready for July 4th picnics, we want to wake up the watermelon picker in you. Most people will look carefully, thump, pick up the watermelon, thump again. But it is a fact that twothirds of all watermelon pickers are really just guessing. Go ahead and admit it. Well, get ready to guess no more.

The very first thing you should look for when you walk up to that big display or bin of watermelons is whether they are symmetrical in shape. They should be even from tip to tip. Sometimes, you find lopsided watermelons; you don't want those. A lopsided watermelon in an indication that the bees didn't fully

### Your Produce Man



#### Waking Up the Watermelon Picker in You

the smaller end will have much less sugar and much less flavor. Symmetrical watermelons mean that field was fully pollinated.

The second thing I do is turn it over and look at the belly, the spot where it sat on the ground. If it's white, find another. You're looking for a yellow belly, turning the color of butter.

Next, look at the stem. Remember the "ring around the collar" TV ads from Tide? Well, there should be a black ring around the stem. That is crystallized sugar, a sign of good sugar content. Sometimes on the melon itself, you may find small beads of black crystallized sugar. That's a good sign.

Finally, pick up the watermelon. It better be heavy, like a cannon ball. The heavier it is for its size, the more sugar and flavor.

When you hold the watermelon in one hand, give it a resounding thump with your free hand. No, don't listen for a "hollow sound."

pollinate that field, which means I could never describe that to you anyway. Well, sound waves can be heard, and sound waves can be... felt. Think of that 1964 Beach Boys song, "Good Vibrations." When you give the watermelon a solid thump, you should feel it vibrate in your bottom hand. That means the sound waves went all the way through that melon and vibrated in your holding hand. That means it's a solid watermelon.

Now, Grasshopper, go and pick out good watermelons. And get out your knife. Oh, one final thing. Before you go to slice that watermelon, wash it off. watermelons grow in dirt.

Michael Marks is known as "Your Produce Man" since he began reporting on fruits and vegetables in 1989 on CBS13 in Sacramento. He is also a regular reporter on KMAX-TV's "Good Day Sacramento." He has been in the produce industry since 1976 and is a favorite speaker around the country on all things



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Under the direction of Randy Sparks, the group has sold millions of records and launched the careers of several musicians including Kenny Rogers, Gene Clark, Kim Carnes, and Jerry Yester. Known for hits like "Green, Green," "Saturday Night," and "Today," the group played to a sold-out house last year, so get your tickets early!

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15. Distinct time period

17. It marches one by one?

thematic messages 21. \*Online self

23. Pine juice

37 Neuter

43. Edible root of Pacific

46. RC, e.g.

47. Good's counterpart 48. More often than not 50 Franz Schubert's cre-

53. Type of stalk Jack climbed

Facebook 60. \*Content exchange

65. Bugling ungulate 67. Australian horse

68. MC Hammer's "2\_ 69. Hawaiian dish

73. Used for raising

2. Acreage 3. Puts one over

4. Wet nurses

7. \*Pinterest action

8. Rose oil 9. Stairway to river in India

11 CCCP

15. Highlight 20. Imitative

25. \*Discussion site 26. "Good job!" to performers

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1 Cockatoo's cousin

9. African migrants 13. Bakery smell, e.g.

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18. Memory break 19. \*Makes it easy to find

24. Freight horse cart 25 \*It hunts on social media for terrorists

28. Famous French couturier 30. Forty-niner's reward 35. Tolkien creatures

39. Fruit-peeling device 40. Common "pro" follower 41. Father of dialectical idealism

islands 44. Soft palate hanger

ation, e.g. 52. Snakelike fish

55. Come into possession 57. \*Noun now a verb on

64. An excuse, especially in eves of law

70. Dispatch boat 71. Bonny 72. \*Throwback Thursday

DOWN \_able

5. Found in classifieds 6. Smelting waste

10. Wine valley 12. "Monkey \_\_\_\_, monkey do"

24. European soldier

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32. Final resting place 33. Bone-chilling

49. Japanese capital 51. Saint Lawrence

42. \*An L in LOL

45. Even though

58. Semis 59. Avian wader 60. SNL bit 61 Pelvic hones

64. Tide alternative 66. Tennis shot

Fill in the blank squares in the grid, making sure that every

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22. Dread of some parent drivers 773-1111

27. Sudden occurrence of disease

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|---|---|---|---|---|---|---|---|---|
| 7 | 4 | 3 | 1 | 9 | 2 | 5 | 8 | 6 |
| 5 | 9 | 2 | 8 | 6 | 4 | 7 | 1 | 3 |
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| 6 | 2 | 9 | 4 | 1 | 3 | 8 | 7 | 5 |
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#### **Crossword Puzzle on Page 6**

S

R 0 M S Ε L Н Α Ε Α S Ε S D S Α G Α Α S Ρ R Α D Α F В U G G ΙE О R С S Ε 0 Ρ R R S G R Ε C 0 S Ρ Ε 0 О U S Ε M В Ε G Ε Α Τ Ε lΗ R Ν D S Α R N G Ε Κ W Ε Ε Ρ S G 0 Α 0

# **Auto Event Revs Up**

Fulton Show Exhibits 400 Cars



At the August 1st Car Cruise, exhibits span the century-plus since automobiles first hit the road. This 1956 Ford Thunderbird was similar to one owned by Marilyn Monroe.

Story and photo by Susan Maxwell Skinner

#### **SACRAMENTO REGION, CA (MPG)**

- A century of motoring will be reviewed by the California on August 1st. Now in its fifth year, the event is sponsored by the Fulton Avenue Association and is deemed Sacramento's best car show.

An estimated 400 vintage vehicles will travel in convoy from the CSUS Campus to Arcade's auto zone. The

procession—which seems to get bigger every year—leaves the university campus at 4 p.m. and covers five miles of sweating tar seal to reach Fulton Avenue. Best observation points include Automobile Museum Car Cruise J Street, the Howe/Fair Oaks Boulevard intersection, and Fulton Avenue itself.

> Later, many thousands of visitors will inspect the vehicles up close during a massive car show on the cordoned-off avenue. Live music, food trucks, and a beer garden add to a carnival atmosphere. "You're around

nice people," says Challenger's Car Club (Sacramento) president Ed Pimentel. "If you love cars, you love the opportunity to talk

Registrations and beverage sales annually raise almost \$20,000 to aid the acclaimed auto museum on Front Street. Sacramento.

At the event's culmination, voter awards will be announced. See details regarding this event at www.calautomuseum.



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Sierra Hills Memorial Park & East Lawn Mortuary 5757 Greenback Lane, Sacramento, CA 95841 Tel: (916) 732-2020 Lic#FD-1242 | RSVP: Jessica at jessicae@eastlawn.com



We met up with an old friend last week who does love his sports, but is not into them to quite the same extent as we are here. He loves his college basketball to no end, making it a point each season to take some time off from work to be particularly reclusive during the NCAA Men's Basketball Tournament.

He can't stand professional basketball—the egomania, the outrageous level of money-grubbing, and the top-star-driven nature of the sport are so much that he can't be convinced that granting it any of his attention is a worthwhile endeavor. That, and he has limited interest in football beyond his alma mater, Cal. Go, Bears!

As for baseball, he has always liked the Giants, but leaned more toward the Oakland A's since that franchise's historic dynasty in the early '70s. (We all loved them then). Our friend's allegiances are undergoing a gradual shift that has been picking up speed as of late because he can't stand what the hell has been going on in Oakland in recent years. (None of us can).

Every tuned-in baseball fan is well aware of the Oakland A's modus operandi through recent seasons under the scrooge-like, current billionaire ownership—sell/trade high, stay cheap, take advantage of revenue-sharing, cash in as much as possible, don't bother fixing the plumbing because we're not sure we're going to be sticking around. (Granted, at least that keeps A's games as the most affordable option among the choices in the Bay Area). We want to love them, too. But enough, already! We're mad as hell and we don't want to take it anymore!

Discussing the Giants, the topic of the announcing team came up. All loyal "gamers" just adore the Kruk and Kuip duo (the down-home Dwayne Kuiper and the sentimental Mike Krukow). But our friend "can't stand" Krukow, and he's not that crazy about Jon Miller either. That screams of blasphemy; but, after some thought, maybe our prospective convert has some good

How many of us dedicated viewers cringe every time that Kruk tells us who is "in the squat?" How many use the DVR to skip quickly past the introductory bit about the pitchers and what they throw too impatient for the game to actually start—rather than listening to, "he has a fastball, 88-92; he throws a four-seamer and a two-seamer that moves in on the right-handers and away from the left-handers; he has a slider and a curve; and he'll throw anything at any time."? And what about all of that "back-spinning it right out of here" business? Are the hitters intentionally doing that? Wouldn't they do it every single time if they could? Or are they just trying with all they've got to just make some kind of contact with that hard little projectile that's coming at them in the blink of an eye at almost 100 miles per hour, all the while trying to make sure it doesn't strike some exposed part of the body because the part might break? (Don't rub

We day-to-day gamer dudes and babes have come to blindly love our guys, but if we open our eyes to our deeper feelings we may realize we do have some contemptuous regard for certain familiarities.

Kuip is another story. Everybody just loves him and thinks that he is simply the best. He's got that low-key, witty style along the lines of the old favorite, Hank Greenwald, who broadcasted for the Giants for two stints, '79-'86 and '89-'96. Kuip's home run calls are top-notch. But, you know what, surely you've noticed that our beloved Kuip sometimes makes the silliest of mistakes, including screwing up names. Remember the former pitcher Roy Halliday? That was HALLIDAY, Kuip, not HOLIDAY! Ugh!

We agreed with our friend that Jon Miller can come off like a Mr. Know-it-all on the television side of things (probably from spending too much time around Joe Morgan), but suggested that the Hall of Famer's style is more suitable and much more entertaining on the radio side. His storytelling and descriptive abilities weave into the fabric of the companionship between the radio broadcast and the listeners more easily than his techniques connect with TV viewers.

As for the fourth amigo, Dave Fleming, the young (39) Swiss-army knife broadcaster, he's still too young to be universally loved, or not (he did go to Stanford), even though he's been with the Giants since 2004 and has been on many historical calls. Maybe that's because he's so slick and welltrained and has split duties with ESPN, college football and basketball, and the NBA and the Little League World Series. He's not "all-Giantsall-the-time," and not as cute and cuddly as the older guys. Despite all that, he's really good.

We can quibble and criticize the faults and the "homer-isms" of our fabulous foursome. There can be some minor issues with how they paint the Giants' picture from time to time (easily overlooked when the team is winning), but, as we told our friend, we're really, really lucky to have

If you have paid any attention to sports highlights from other broadcasts from around the country—OMG! We've got it good around here.

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#### **BOE Supports Targeting Medical Cannabis Tax Evasion**

SACRAMENTO REGION, CA (MPG)

- Board of Equalization (BOE) Chairman Jerome E. Horton has announced his support for a "Cannabis Tax Enforcement 'Eliot Ness' Plan," which is intended to educate, investigate, audit, arrest, and force cannabis sellers to pay their fair share of taxes. Horton is sponsoring new legislation authored by Assemblyman Mike Gipson, "The Cannabis Tax Amnesty Act," which is an important part of this

plan to encourage cannabis operators to comply with current laws and regulations.

"Because of the illegal aspect of cannabis sales and their potential to fund illegal activities in our communities, it is important that we distinguish between the responsible and irresponsible growers, distributors, vendors, and consumers, and enforce the law to its fullest extent for those who choose to violate existing law," said

Chairman Horton. "The Cannabis Tax Amnesty Act is an opportunity for those not in compliance to bring themselves out of the shadows of the underground economy and in line with existing law."

"Amnesty programs have proven to be helpful in reducing crime, increasing compliance, and leveling the playing field for legitimate operators," said Assemblyman Gipson. "If passed, cannabis operators will have two options: comply

with the law or risk imprisonment, as gangster Al Capone did for tax evasion."

Although Californians passed Proposition 215 in 1996, legalizing the cultivation and sale of marijuana for medicinal purposes, the possession and cultivation of marijuana for other unauthorized purposes remains illegal and subject to various penalties. For example, possession of less than one ounce of marijuana is an infraction punishable by a fine, while selling marijuana is a felony and may result in imprisonment.

"In Sullivan v. United States, the U.S. Supreme Court declared that income from illegal activities is subject to income tax," Horton said. "Whether sales of cannabis are legal or illegal, income, sales, and payroll taxes are due and payable under existing law."

Chairman Horton supports leveraging the collaboration of

the BOE with the Franchise Tax Board, Employment Development Department, Department of Justice, and other government agencies to identify illegal medical cannabis businesses. The Tax Recovery and Criminal Enforcement (TRaCE) Task Force, and other underground economy task forces, will collaborate with local law enforcement to track down the cannabis entities connected to organized crime. *Source: Board of Equalization* ★



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## **Q&A** with Buyers & Sellers

This column is here for you as a resource in sorting out buving and selling property. When you ask a question we answer here so everyone benefits. What don't you know about buying and selling property? Let me help.

It's easy, just email your question to us and we share the answer so everyone can learn from it. Email: ellenherrle@hotmail.com or leave a message at 916-761-2108.

We are a young couple hoping to purchase our first home. We have been looking but haven't found exactly what we want. It looks like interest rates will go up soon, so is that going to be a problem for us in financing the loan?

Jenna, Orangevale

Yes, as rates goes up, the result could be devastating to people who are borderline qualified at today's rates. For renters, first-time buyers and 'upsizers' who don't want to be 'locked out' of a new home now is the time to 'lock in' a loan rate. The old wisdom is 'he who hesitates is lost' and it applies to how much you are going to pay to borrow money

as rates rise. Rates are set by the Federal Reserve and have been artificially low in helping the economy recover from the recession years. Fed Chair Janet Yellen has indicated in testimony that it may be time to bring rates up, so people saving money can find a return on their dollars. That could happen soon. My recommendation to those that are looking at real estate or in the process of getting approved is to lock in their rate and not gamble on it going down. The trend is up.

For those who get in touch each month you'll also receive one of three pamphlets on buying and selling strategies. and be entered in a random drawing for a dinner for two at one of our great Sacramento or Placer restaurants!

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Next time: Scary mortgage and lending trend changes in the works!

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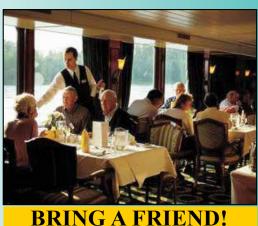
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BARGAIN 150624 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04037 Phuong Van Nguyen, 7215 Diana Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Dale's Carpet Cleaning" at 7215 Diana Way, Sacramento, CA 95828, Filed with the Clerk of Sacramento County May 15, 2015. Publish: 3, 10, 17 and 24, 2015 7-24-15

150623

DALES

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05070 Jay Ventkity Insurance Agency, Inc., 2322 Pez Gallo Place, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Insurance Brokers of California, California Insurance Brokers" at 1831 Iron Point Road #140, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 3, 10, 17 and 24, 2015 7-24-15 INSURANCE 150625

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05067 Simon Leung, 8115 Rush River Drive, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "EmilyKate" at 8115 Rush River Drive, Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 3, 10, 17 and 24, 2015

EMILYKATE 150625 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04838 Jodi Till, 6400 Templeton Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Kids to College Cookie Creations" at 6400 Templeton Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 16, 2015. Publish: July 3, 10, 17 and 24, 2015

150625

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04917 Vernie Frances and Raul C. Moreno, 8156 Chenin Blanc Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Magpie Treasures" at 8156 Chenin Blanc Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 19, 2015. Publish: July 3, 10, 17 and 24, 2015 MAGPIE 7-24-15 150626

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05209 Savior Enterprise Trading, LLC. 6815 Castillo Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Savior Enterprise Trading, LLC." at 6815 Castillo Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 29, 2015.

Publish: July 10, 17, 24 and 31, 2015 7-31-15 **SAVIOR** 150631

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05235 George Nemes, 6812 Olive Tree Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Astigmat™" at 6812 Olive Tree Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 30, 2015. Publish: July 10, 17, 24 and 31, 2015 ASTIGMAT<sup>™</sup> 150631

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FBNF2015-05200 Formula 1 Transporter, Inc., 9964 Nebula Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Formula Trucking, Inc." at 9964 Nebula Way, Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 10, 17, 24 and 31, 2015 **FORMULA** 7-31-15 150629

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05135 Thomas A. Colburn, 4830 Hackberry Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "PowerSteward" at 4830 Hackberry Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 26, 2015. Publish: July 10, 17, 24 and 31, 2015 **POWER** 150626

FICTITIOUS BUSINESS NAME STATEMENT

FBNF2015-04206 Tanja Ralich, 3708 Gorden Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Big R Metals" at 4212 Roseville Road, Suite O, North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 22, 2015. Publish: July 10, 17, 24 and 31, 2015 BIGRMETALS 150630

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05237 Joseph M. Dolce, 1713 Daphne Avenue, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Elev8ed Studios" at 4555 Auburn Boulevard #18 & 23, Sacramento, CA 95841. Filed with the Clerk of Sacramento County June 30, 2015. Publish: July 10, 17, 24 and 31, 2015

ELEV8ED 150701

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04487 Stacey Swarthout, 5937 Walking Stick Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Selah Salon" at 9399 Madison Avenue #101, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 2, 2015. Publish: July 10, 17, 24 and 31, 2015 SELAHSALON 150701 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05090 Kimanh Thi Pham, 8995 Garnet Peak Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "American Nails Spa" at 1120 Fulton Avenue #J, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 26, 2015. Publish: July 10, 17, 24 and 31, 2015

AMERICAN NAILS 150702

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05246 E and E Garage Cabinets, 11280 Sanders Drive, Suite C, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Closets to Envy" at 11280 Sanders Drive, Suite C, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 1, 2015. Publish: July 10, 17, 24 and 31, 2015

CLOSETSENVY 150701 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05232 Constance Cooper, 4967 Kokomo Drive, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Divinely Exquisite Productions" at 4967 Kokomo Drive, Sacramento, CA 95835. Filed with the Clerk of Sacramento County June 30, 2015. Publish: July 10, 17, 24 and 31, 2015 DIVINELY 150701

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04150 Joseph B. and Jamie J. O'Neal, 555 33rd Avenue #1, San Francisco, CA 94121 are doing business under the Fictitious Business Name(s) "Capitol 25" at 2501 Capitol Avenue #103. Sacramento. CA 95816. Filed with the Clerk of Sacramento County May 20, 2015. Publish: July 10, 17, 24 and 31, 2015

150701

7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05049 Tree Pros Arboricultural Services, Inc., 5919 Auburn Boulevard, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Tree Pros. Inc." at 5919 Auburn Boulevard, Citrus Heights, CA 95621, Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 10, 17, 24 and 31, 2015 7-31-15 TREEPROS 150706

CAPITOL25

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05318 Adam Patterson, 5181 Connecticut Drive #1. Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Forward Controls" at 5181 Connecticut Drive #1, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 6, 2015. Publish: July 10, 17, 24 and 31, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05123 Daniel Manukvan, 10128 Countryside Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Sacramentow" at 10128 Countryside Way, Sacramento. CA 95827. Filed with the

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04722 Scott J. Esparza & Co. Bail Bonds, Inc., 2674 E. Main Street D-209, Ventura. CA 93003 is doing business under the Fictitious Business Name(s) "Acme Bail Bonds" at 400 Capitol Mall, Suite 2530, Sacramento, CA 95814, Filed with the Clerk of Sacramento County June 11, 2015. Publish: July 10, 17, 24 and 31, 2015 ACMEBAIL 150706

Publish: July 17, 24, 31 and August 7, 2015 TOHISGLORY 150608

FBNF2015-05351 Publish: July 17, 24, 31 and August 7, 2015 8-7-15 CASABLANCA 150707

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05294 Leslie Kerns, 208 Delta Leaf Way, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Waiting To Exhale Massage Therapy" at 208 Delta Leaf Way, Sacramento, CA 95838, Filed with the Clerk of Sacramento County July 2, 2015. Publish: July 17, 24, 31 and August 7, 2015

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05000 California, LLC, 9218 Metcalf, Suite 339, Overland 56th Street, Mission, Kansas 66202, Filed with the Clerk of Sacramento County June 24, 2015. Publish: July 17, 24, 31 and August 7, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05312 Kenneth Raif, 3747 W. Pacific Avenue, Suite A, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Rad Roadsters" at 3747 W. Pacific Avenue, Suite A, Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 6, 2015. Publish: July 17, 24, 31 and August 7, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05065 Hometown Colonial Estates, L.L.C., 150 N. Wacker Drive, Suite 2800, Chicago, IL 60606 is doing business under the Fictitious Business Name(s) "Colonial Estates, Hometown Colonial Estates, Colonial Estates MHC" at 10026 Horn Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 17, 24, 31 and August 7, 2015

COLONIAL 150708

FBNF2015-05066 Hometown Creekside Estates, L.L.C., 150 N. Wacker Drive, Suite 2800, Chicago, IL 60606 is doing business under the Fictitious Business Name(s) "Creekside Estates. Hometown Creekside Estates, Creekside Estates MHC" at 6000 Greenback Lane, Citrus Heights, CA 95621, Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 17, 24, 31 and August 7, 2015

CREEKSIDE 150708 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2015-05083 Enhui Li and Fei Hou, 1446 E. Calaveras Boulevard, Milpitas, CA 95035 are doing business under the Fictitious Business Name(s) "Li's Mongolian B.B.Q." at 4725 Manzanita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 26, 2015. Publish: July 17, 24, 31 and August 7, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05077 Vladimir Tkachenko 900 O Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Vlads Repair" at 900 Q Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 17, 24, 31 and August 7, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05353 Tamika Brown, 1050 43rd Avenue #5, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Empty Plate" at 1050 43rd Avenue #5. Sacramento. CA 95822. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 17, 24, 31 and August 7, 2015 **EMPTY** 150708

150708

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05349 Terri Lee Hoblit, 653 Woodside Sierra #3, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Skin by Teri" at 2398 Fair Oaks Boulevard, Suite 2, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 17, 24, 31 and August 7, 2015 150709

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05388 Saeed Oil Co., 2390 Florin Road, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Saeed Oil Co." at 2390 Florin Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 8, 2015. Publish: July 17, 24, 31 and August 7, 2015 SAEED 150709

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05188 Jesse Arora, 8151 Civic Center Drive #162, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Structured Sports Development Program" at 8151 Civic Center Drive #162, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 17, 24, 31 and August 7, 2015 STRUCTURED 150709

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05360 Ronald Sanchez, 2798 Lnollwood Drive, Cameron Park, CA 95682 is doing business under the Fictitious Business Name(s) "All-American Realty, All-American Realtor Group" at 9912 Business Park Drive. Suite 180, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 17, 24, 31 and August 7, 2015 ALL-AMERICAN 150709

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05192 Javier A. Dillen, 14547 Holly Lane, Riverpines, CA 95675 is doing business under the Fictitious Business Name(s) "Dillco General Contractors" at 14547 Holly Lane. Riverpines. CA 95675. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 17, 24, 31 and August 7, 2015 DILLCO 150709

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05401 Jasveer Singh, 8036 Linden Line Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Jaz Trucking" at 8036 Linden Line Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 9, 2015. Publish: July 17, 24, 31 and August 7, 2015 150709

FICTITIOUS BUSINESS NAME STATEMENT FRNF2015-05470 Donise Weveneth, 6363 Aslin Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Best Choice Moving Assistance" at 6363 Aslin Way, Carmichael, CA 95608, Filed with the Clerk of Sacramento County July 10, 2015. Publish: July 17, 24, 31 and August 7, 2015 150710 BEST

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05486 Hoang Truong, DDS, Inc., 2550 West El Camino Avenue, Suite 9, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Gateway Oaks Family Dentistry" at 2550 West El Camino Avenue, Suite 9, Sacramento, CA 95833. Filed with the Clerk of Sacramento County July 13, 2015. Publish: July 24, 31, August 7 and 14, 2015 **GATEWAY** 150713

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05183 David R. Roper. 10059 Kern River Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Hammertime Handyman Service" at 10059 Kern River Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 24, 31, August 7 and 14, 2015 HAMMERTIME 150712

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05340 Sarah Triano, 9877 Burrowing Owl Wav. Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Jazzercise Elk Grove, Elk Grove Jazzercise" at 9877 Burrowing Owl Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 24, 31, August 7 and 14, 2015 JAZZERCIŚE 150710

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05365 Reza Baratzadeh, 3510 Spring Rose Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Express Towing" at 9461 Jackson Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 8, 2015. Publish: July 24, 31, August 7 and 14, 2015 150713

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05379 Brian R. Smith, 5707 Frontier Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Nordic Pressure Cleaning" at 4101 Wayside Lane #M, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 8, 2015. Publish: July 24, 31, August 7 and 14, 2015

FICTITIOUS BUSINESS NAME STATEMENT

FBNF2015-05030 Laurie Dakin, 1845 2nd Avenue, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Studio Laurus" at 800 R Street, Suite 200, Sacramento, CA 95811, Filed with the Clerk of Sacramento County June 24, 2015. Publish: July 24, 31, August 7 and 14, 2015 STUDIO 150711

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05454 Carrie Stone, 2624 Eastern Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "True Skin Within" at 2624 Eastern Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 10, 2015. Publish: July 24, 31, August 7 and 14, 2015 TRUESKIN 150715

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05477 Nathaniel Ray Hill, 6726 Burdett Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Top CDL Training" at 6726 Burdett Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 10, 2015. Publish: July 24, 31, August 7 and 14, 2015 **TOPCDL** 150715

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05195 Tederio Hunt, 4232 Lyle Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Hood Citizen Entertainment" at 4232 Lyle Street, Sacramento, CA 95821, Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 24, 31, August 7 and 14, 2015 HOOD 150715

FBNF2015-05691 Jody Lynn Fye, 3112 Pennland Drive, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "City Wide Restoration" at 3112 Pennland Drive, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 17, 2015. Publish: July 24, 31, August 7 and 14, 2015 CITYWIDE 150717

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05017 SSC Carmichael Operating GP LLC. One Ravinia Drive. Suite 1500. Atlanta, GA 30346 is doing business under the Fictitious Business Name(s) "Mission Carmichael Healthcare Center" at 3630 Mission Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 24, 2015. Publish: July 24, 31, August 7 and 14, 2015 MISSION 150720

2950 Shawn Way, Rancho Cordova, CA 95670. Filed Publish: July 24, 31, August 7 and 14, 2015 RAVENANDROO 150720 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05391 FNS Importers, 11 Spinel Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Express Vehicle Registration Services" at 7529 Watt Avenue, Suite 100, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 8, 2015. Publish: July 24, 31, August 7 and 14, 2015 150720

FICTITIOUS BUSINESS NAME STATEMENT doing business under the Fictitious Business Name(s) "Gracie Overhead Door, Gracie Garage Door, Gracie's Doors" at 7721 McClintock Clerk of Sacramento County July 16, 2015. Publish: July 24, 31, August 7 and 14, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05458 Paulette Woods, 4208 Casa Blanca Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Forget Me Nevers" at 4208 Casa Blanca Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 10, 2015. Publish: July 24, 31, August 7 and 14, 2015 8-14-15 FORGET 150720

#### ORDER TO SHOW FOR CHANGE OF NAME

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180887

have filed a petition with this court for a decree changing the name(s) of Monir Ahamd to Monir Ahmad Ibrahimi, FNU Haseena to Haseena Ibrahimi, Mohammad IIIham to Mohammad Illham Ibrahimi, Lia Ahmad to Hasinat Ibrahimi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 4, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento. CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court

150625

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180888

WHEREAS, FNU Najibullah and FNU Feroza have filed a petition with this court for a decree changing the name(s) of FNU Najibullah to Najibullah Momand, FNU Feroza to Feroza Momand, FNU Saba to Saba Momand, FNU Raihan to Raihan Momand, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 4, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 24, 2015

Publish: July 3, 10, 17 and 24, 2015 MOMAND 150625

COUNTY OF SACRAMENTO

petition with this court for a decree changing the name(s) of Bich Minh Ngoc Quan to Britney Quan.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 8, 2015, in Department 54. located at 800 Ninth Street, Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 25, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: July 10, 17, 24 and 31, 2015 7-31-15 150630

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00180965 WHEREAS, My Tra Trinh has filed a petition with this court for a decree changing the name(s) of My Tra Trinh to Michelle Li. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 8, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 25, 2015

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00179976 WHEREAS, Christine Coker has filed a petition

with this court for a decree changing the name(s) of Carissa Joanne Walthoff to Carissa Joanne Coker. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 5, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 3, 2015

David I. Brown, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015 COKER 150630 7-31-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181173

WHEREAS, Alyssa Asuncion Flores has filed a petition with this court for a decree changing the name(s) of Alyssa Asuncion Flores to Alyssa Mae Asuncion Flores. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 15, 2015, in Department 53. located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 David I. Brown, Judge of the Superior Court

Publish: July 10, 17, 24 and 31, 2015 7-31-15 150702

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181143 WHEREAS, Kamila Seitova has filed a

petition with this court for a decree changing the name(s) of Kamila Seitova to Kamila Hodges. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 10, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 David I. Brown, Judge of the Superior Court

Publish: July 10, 17, 24 and 31, 2015 7-31-15 SEITOVA 150702 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181158

WHEREAS, Gabino Lamas, Jr. has filed a petition with this court for a decree changing the name(s) of Gabino Lamas, Jr. to Gavin Lams Rubio (Seeking an order that "Lams Rubio" is the last name). IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 14, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: July 10, 17, 24 and 31, 2015 LAMSRUBIO 150701 7-31-15 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181176 WHEREAS, Lou Her has filed a petition

with this court for a decree changing the name(s) of Lou Her to Lucy Jane Herlee. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 15, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015 7-31-15 HER 150701

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181169

WHEREAS, Him Wo Jeffrey Tan has filed a petition with this court for a decree changing the name(s) of, Him Wo Jeffrey Tan to Jeffrey Him Wo Tan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 14, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181171

150701

7-31-15

WHEREAS, Pui Ni Berry Tan has filed a petition with this court for a decree changing the name(s) of Pui Ni Berry Tan to Berry Pui Ni Tan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 15, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 David I. Brown, Judge of the Superior Court

Publish: July 10, 17, 24 and 31, 2015 7-31-15 TAN#2 150701

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181149

WHEREAS, Amy Ruth Conner has filed a petition with this court for a decree changing the name(s) of Quezisha La'Ruth to Quezisha La'Ruth Conner. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 11, 2015, in Department 53, located at 800 Ninth Street. Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 David I. Brown, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015

**CONNER** 7-31-15 150702 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181136

WHEREAS, FNU Yasmeen has filed a petition with this court for a decree changing the name(s) of, FNU Yasmeen to Yasameen RASOOLI. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 9, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00181180 WHEREAS, FNU Muzhda has filed a

Publish: July 10, 17, 24 and 31, 2015 BAHRAMAND 150702

#34-2015-00181138 WHEREAS, Perjit Singh has filed a

Dated: July 1, 2015

FORWARD 150706

Clerk of Sacramento County June 26, 2015. Publish: July 10, 17, 24 and 31, 2015 SACRAMENTOW 150703 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05136 Rainbow Pages, Inc., 2701 Cottage Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Rainbow Pages, Inc., A & W Design and Marketing" at 2701 Cottage Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 26, 2015. Publish: July 10, 17, 24 and 31, 2015

RAINBOWA&W 150706

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04069 Renee Johnson, 1171 Sonoma Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "To His Glory Janitorial House Cleaning" at 1171 Sonoma Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 18, 2015.

FICTITIOUS BUSINESS NAME STATEMENT Hafid Saidi Alaoui, 5030 Walnut Avenue #1. Sacramento. CA 95841 is doing business under the Fictitious Business Name(s) "Casablanca Locksmith" at 5030 Walnut Avenue #1. Sacramento, CA 95841, Filed with the Clerk of Sacramento County July 7, 2015.

WAITING 150707 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05339 Karen Miller, 10823 Coloma Road #2, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Stillness Healing Arts" at 6728 Fair Oaks Boulevard, Suite 300, Carmichael, CA 95608, Filed with the Clerk of Sacramento County July 6, 2015.

STILLNESS 150707

Integrated Commerce of Park. Kansas 66212 Incorporated in Delaware is doing business under the Fictitious Business Name(s) "Flexibility, Flexibility.com" at 6950 W.

FLEXIBILITY 150708

FICTITIOUS BUSINESS NAME STATEMENT

8-14-15 FICTITIOUS BUSINESS NAME STATEMENT

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05415 Eryn Drew and Timothy Christopher Knight, 2950 Shawn Way, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Raven and Roo" at with the Clerk of Sacramento County July 9, 2015

FBNF2015-05663 Chandra Jean Cooley, 7721 McClintock Way, Sacramento, CA 95828 is Way, Sacramento, CA 95828. Filed with the GRACIE 150720

COUNTY OF SACRAMENTO

WHEREAS, Monir Ahmad and FNU Haseena

Dated: June 24, 2015 Publish: July 3, 10, 17 and 24, 2015

COUNTY OF SACRAMENTO

Raymond M. Cadei, Judge of the Superior Court

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180970

WHEREAS, Bich Minh Ngoc Quan has filed a

David I. Brown, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015

COUNTY OF SACRAMENTO

petition with this court for a decree changing the name(s) of, FNU Muzhda to Muzhda Bahramand, FNU Rehan to Rehan Bahramand. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 16, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 Raymond M. Cadei, Judge of the Superior Court

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

petition with this court for a decree changing the name(s) of Perjit Singh to Perjit Virk. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 10, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Raymond M. Cadei, Judge of the Superior Court

Publish: July 17, 24, 31 and August 7, 2015 150707 SINGH COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181388 WHEREAS, Cathy Lyn Drake has filed a petition with this court for a decree changing the name(s) of Cathy Lyn Drake to Tatsuno Kusaba. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 17, 2015, in Department 54, located at 800 Ninth Street. Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 8, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: July 17, 24, 31 and August 7, 2015 150708

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180586 WHEREAS, Nicole Preston has filed a petition with this court for a decree changing the name(s) of Riley Jason Westerso Vigil to Riley Jason Preston. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 24, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA

95814, and show cause, if any, why the petition

for Change of Name should not be granted. Dated: June 17, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: July 17, 24, 31 and August 7, 2015

150709

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00181412 WHEREAS, Charanjit Kaur Gill has filed a petition with this court for a decree changing the name(s) of Charaniit Kaur Gill to Charaniit Kaur Sangha. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 21, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 8, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: July 17, 24, 31 and August 7, 2015 150710 GILL

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181194 WHEREAS, FNU Hameedullah has filed a petition with this court for a decree changing the name(s) of FNU Hameedullah to Hameedullah Wahidv. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 16, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015

Publish: July 17, 24, 31 and August 7, 2015 WAHIDY 150706

David I. Brown, Judge of the Superior Court

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181397 WHEREAS, Noelle Lauren Marquez

has filed a petition with this court for a decree changing the name(s) of Kellen Alexander Fletcher to Kellen Truth Marquez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 18, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 8, 2015 David I. Brown, Judge of the Superior Court

Publish: July 17, 24, 31 and August 7, 2015 MARQUEZ 150708 COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00180861 WHEREAS, Michele Avila has filed a petition with this court for a decree changing the name(s) of Kody Jacob Avila to Kody Jacob Sweet. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 2, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 24, 2015

David I. Brown, Judge of the Superior Court Publish: July 17, 24, 31 and August 7, 2015 AVILA 150709

COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00181435 WHEREAS, Sarah Nicole Clark has filed a petition with this court for a decree changing the name(s) of Sarah Nicole Clark to Sarah Nicole Bloom. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 8, 2015

David I. Brown, Judge of the Superior Court Publish: July 17, 24, 31 and August 7, 2015 7-31-15 **CLARK** 150710

#### **LEGAL ADVERTISING**

Continued from the previous page

#### ORDER TO SHOW FOR

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00181443

WHEREAS, Andii Bradley Clark has filed a petition with this court for a decree changing the name(s) of Andii Bradley Clark to Andii Leo Bloom.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 8, 2015

David I. Brown, Judge of the Superior Court Publish: July 17, 24, 31 and August 7, 2015 CLARK#2 150710 8-7-1

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181716

WHEREAS, DebraLouiseMarshallhasfiledapetition with this court for a decree changing the name(s) of Debra Louise Marshall to Debi Louise Walsh.

IT IS ORDERED that all persons interested in the above entitled matter appear before

in the above entitled matter appear before this court at 9:00 a.m. on September 23, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 15, 2015

Resymment M. Cadai, ludge of the Superior Court

Raymond M. Cadei, Judge of the Superior Court Publish: July 24, 31, August 7 and 14, 2015 MARSHALL 150715 8-14-1

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00181178

WHEREAS, Natasha Maire Leubner has filed a petition with this court for a decree changing the name(s) of Jaiden Michael Connolly.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 16, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: July 24, 31, August 7 and 14, 2015 LEUBNER 150715 8-14-1

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00178787

WHEREAS, Berneithia Mae Hatchett has filed a petition with this court for a decree changing the name(s) of Berneithia Mae Hatchett to Sunshine Marie Gomez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 14, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 6, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: July 24, 31, August 7 and 14, 2015 HATCHETT 150717 8-14-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181415

WHEREAS, Vyjze Nza Stroup has filed a petition with this court for a decree changing the name(s) of Vyjze Nza Stroup to Vize Nja Stroup.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 21, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 8, 2015

David I. Brown, Judge of the Superior Court
Publish: July 24, 31, August 7 and 14, 2015
STROUP 150715 8-14-1

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00181418

WHEREAS, Anthony Morgan Pena and Davetta Jo Hawk have filed a petition with this court for a decree changing the name(s) of Anthony Morgan Pena to Anthony Morgan Crittenden, Davetta Jo Hawk to Davetta Jo Crittenden.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 21, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 8, 2015

David I. Brown, Judge of the Superior Court
Publish: July 24, 31, August 7 and 14, 2015
CRITTENDEN 150717 8-14-15

#### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSEFINA N. MIRANDA(descendent)

ESTATE NO. 34-2015-00180653

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of JOSEFINA N. MIRANDA (deceased): Apetition has been filed by TERESAMIRANDA in the Superior Court of California, County of Sacramento, requesting that TERESA MIRANDA be appointed as administrator to the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: August 4, 2015, 9:00 a.m. in Dept. No. 129 at William Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition,

you should appear at the hearing and state

your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of Attorney for the Petitioner(s) is: Robert J. Busch, Jr., 9245 Laguna Springs Drive, Suite 200, Elk Grove, CA 95758 (916) 859-0370 Publish: July 10, 17 and 24, 2015.

NOTICE OF PETITION TO ADMINISTER ESTATE OF BETTY JANE SPRAGUE(descendent) ESTATE NO. 34-2015-00181799

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of BETTY JANE SPRAGUE (deceased): A petition has been filed by JOHN SPRAGUE in the Superior Court of California, County of Sacramento. requesting that JOHN SPRAGUE be appointed as administrator to the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: September 17, 2015, 9:00 a.m. in Dept. No. 129 at William Ridgeway Relations Courthouse, Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of Attorney for the Petitioner(s) is: Law Office of Joan Medeiros, Joan Medeiros, 2377 Gold Meadow Way, Suite 100, Gold River, CA 95670 (916) 729-1307 Publish: July 24, 31 and August 7 2015. **SPRAGUE** 150716

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#### **RESOLUTION NO. 2015-03**

A RESOLUTION OF INTENTION TO CONTINUE TO LEVY ASSESSMENTS FOR THE FISCAL YEAR 2015–16, PRELIMINARILY APPROVING THE ENGINEER'S REPORT AND PROVIDING NOTICE OF HEARING OF THE MISSION OAKS RECREATION AND PARK DISTRICT PARKS AND RECREATION MAINTENANCE AND IMPROVEMENT DISTRICT

WHEREAS, the Mission Oaks Recreation and Park District, Parks and Recreation Maintenance and Improvement District was authorized by an assessment ballot proceeding conducted in 2006 and approved by 68.78% of the weighted ballots returned by property owners, and such assessments were levied by the Advisory Board of Directors by Resolution No. 2006-04 passed on May 2, 2006; and

WHEREAS, on March 10, 2015 by Resolution No. 2015-01, the Board ordered the preparation of an Engineer's Report for the Parks and Recreation Maintenance and Improvement District (the "District") for fiscal year 2015-16; and

WHEREAS, pursuant to said Resolution, the Engineer's Report was prepared by SCI Consulting Group, Engineer of Work, in accordance with 22565, et. seq., of the Streets and Highways Code (the "Report") and Article XIIID of the California Constitution; and

WHEREAS, said Engineer's Report was filed with the Secretary of the Board of Directors and the Board of Directors has reviewed the Report and wishes to take certain actions relative to said Report.

NOW, THEREFORE, BE IT RESOLVED, by the Advisory Board of Directors of the Mission Oaks Recreation and Park District ("Board"), that:

**SECTION 1.** The Report for the "Parks and Recreation Maintenance and Improvement District", on file with the Secretary of the Board, has been duly considered by the Board of Directors and is hereby deemed sufficient and approved. The Report shall stand as the Engineer's Report for all subsequent proceedings under, and pursuant to, the foregoing resolution.

SECTION 2. It is the intention of this Board to continue to levy and collect assessments within the District for fiscal year 2015-16. Within the District, the existing and proposed improvements ("Improvements") are generally described as the installation, maintenance and servicing of public facilities, including but not limited to, landscaping, sprinkler systems, park grounds, park facilities, landscape corridors, ground cover, shrubs and trees, street frontages, playground equipment and hardcourt areas, senior and community centers, drainage systems, lighting, fencing, entry monuments, basketball courts, tennis courts, running tracks, swimming pools, other recreational facilities, security guards, graffiti removal and repainting, and labor, materials, supplies, utilities and equipment, as applicable, or property owned and maintained by the Mission Oaks Recreation and Park District. Installation means the construction of recreational improvements including, but not limited to, land preparation, such as grading, leveling, cutting and filling, sod, landscaping, irrigation systems, sidewalks and drainage, lights, playground equipment, play courts, recreational facilities and public restrooms. Maintenance means the furnishing of services and materials for the ordinary and usual maintenance, operation and servicing of said improvements, including repair, removal, or replacement of all or part of any improvement; providing for the life, growth, health and beauty of landscaping; and cleaning, sandblasting and painting of walls and other improvements to remove or cover graffiti. Servicing means the furnishing of electric current or energy for the operation or lighting of any improvements, and water for irrigation of any landscaping or the maintenance

**SECTION 3.** The District consists of the lots and parcels shown on the assessment diagram of the District on file with the Secretary of the Board, and reference is hereby made to such map for further particulars.

**SECTION 4.** Reference is hereby made to the Report for a full and detailed description of the Improvements, the boundaries of the District and the proposed assessments upon assessable lots and parcels of land within the District. The Engineer's Report identifies all parcels which will have a special benefit conferred upon them and upon which an assessment will be imposed.

**SECTION 5.** The assessment is subject to an annual adjustment tied to the Consumer Price Index-U for the San Francisco Bay Area as of December of each succeeding year (the "CPI"), with a maximum annual adjustment not to exceed 3%. Any change in the CPI in excess of 3% shall be cumulatively reserved as the "Unused CPI" and shall be used to increase the maximum authorized assessment rate in years in which the CPI is less than 3%. The maximum authorized assessment rate is equal to the maximum assessment rate in the first fiscal year the assessment was levied adjusted annually by the minimum of 1) 3% or 2) the change in the CPI plus any Unused CPI as described above.

The change in the CPI from December 2013 to December 2014 was 2.67%. Therefore, the maximum authorized assessment rate for fiscal year 2015-16 is increased by 2.67% which equates to \$48.37 per single family equivalent benefit unit. The estimate of cost and budget in the Engineer's Report proposes assessments for fiscal year 2015-16 at the maximum rate of \$48.37.

SECTION 6. The public hearing shall be held, before this Board at Mission Oaks Recreation and Park District Office, located at 3344 Mission Ave, Carmichael, California 95608 as follows: on Tuesday, July 14, 2015 at 6:30 p.m. and continued to Tuesday, August 11, 2015 at the hour of 6:30 p.m. for the purpose of this Board's determination whether the public interest, convenience and necessity require the improvements and this Board's final action upon the Report and the assessments therein. The Secretary of the Board is hereby authorized and directed to cause a notice of the hearing to be given by publishing a notice once, at least ten (10) days prior to the date of the hearing above specified, in a newspaper circulated in the

SECTION 7. To get additional information about the assessments or the Assessment District contact: Debby Walker, Executive Director, Mission Oaks Recreation and Park District; 3344 Mission Avenue, Carmichael, California 95608. The Engineer's Report and other written material about the Assessment District may also be reviewed at the District at the address above during regular District business hours.

PASSED AND ADOPTED this 9th day of June, 2015 by the following vote, to wit: AYES: 3 Alcalay, Price & Donnelly

NOES: 0

ABSENT: 2 Milstein & Nguyen

ABSTAIN: 0

Michael Alcalay, Chair of the Board of Advisors

ATTEST: Debra Tierney, Clerk of the Board
Published in the Carmichael Times on July 24, 2015

Outdoor World

#### Tips for Catching White Bass One of America's most

popular gamefish is the white bass. The most exciting time to fish for them is during their annual spring spawning run up streams and rivers. When water temperatures

reach the low 50s, whites start moving upstream, out of the lakes and reservoirs, until they reach a dam or other obstacle that blocks their travel. Here they stack up and continually gorge themselves, waiting for the magic 55-degree mark to complete their spawn.

Hungry, aggressive white

bass aren't too picky about what they will eat, but 1/8- to 1/4-ounce curlytail or hair jigs are most popular, with in-line spinners coming in a close second. White is usually best, but chartreuse, yellow, pink, and other bright shades will work, too.

I like using a lightweight spinning reel on a 7-foot soft-tip rod with a stout butt and 4- to 6-pound test line. What I like most of all, though, is frying up a limit of these good-eating fish.

By Larry Whiteley, Host of the awardwinning Outdoor World Radio For more tips go to basspro.com and click on 1Source News & Tips Classified Advertising Sell Your

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# Slim Randles' HOME COUNTRY



"Bert looks good this morning, Doc," Dud said, quietly. Three stools down the counter, Bert smiled and said, "Yes, I certainly do!"

We turned toward our old pal. "You heard that?"

"Sure did, guys," he grinned. "Look...."

He pointed to his ears. "Hearing aids," he said. We walked over and looked, and sure enough.

"It was Maizie's idea," Bert said.
"She made the appointment and everything. Said she was tired of having the TV on so loud."

"But it was a good idea, Bert," Doc said.

"Oh, I know. I'd been thinking about it for some time, Doc, but you know how a guy gets. You never really want to admit you need them, I guess. Truth is,

"You Heard That?"

I didn't know how bad my hearing had become until I got them. Yesterday, when we got that little shower ... I heard the rain on the roof. I heard a clock tick, too, and it's been years for both those things."

"Both what things?" said

Herb.
We all looked at each other.

We knew who should be next.
"Rain and clocks, Herb."

"Oh ... yeah."

"The hearing test lady came in the little room when the test was over and asked me if I'd shot guns a lot," Bert said.

Bert's younger days as a

hunting guide brought nods and chuckles from us.
"There's a range of sound that

loud noises can hurt, and I guess that's what happened with me. Turns out, it's also the range of most women's voices."

He grinned. "That may have something to do with Maizie's making that appointment for me. Now I have no excuse when she says things like 'Take out the trash' and 'When are you gonna mow the lawn?"

Brought to you by the Home Country podcast at http://www.doublewidenetwork.com/index.php/MusicStarWorldwide/detail/home\_country



Dare to Live
Without Limits

Do You
Daydream?

by Bryan Golden

A daydream is an imagined fantasy, typically one of happy, pleasant thoughts, hopes or ambitions, seen as real, and experienced while awake. A daydream is a vision played in your mind of hopes or ambitions that you imagine would be wonderful if it could be true.

What did you dream about when you were growing up? Your daydreams could have been filled with adventure, romance, travel, and success. At that time in your life, the world was filled with wonder and unlimited possibilities. You freely let your mind wander. You imagined numerous scenarios.

Unfortunately, too many people condemn daydreaming as a lazy, frivolous waste of time. As children, we are admonished to refrain from daydreaming. As such, we develop an aversion to it and suppress it later in life. Labeling someone a daydreamer is synonymous with calling them unrealistic or unproductive.

Contrary to common misperception, daydreaming has numerous benefits that are helpful in a variety of areas. This is based on the fact that daydreaming taps into the power of your mind to transform thoughts into reality.

Studies have shown that brain activity is higher during day-dreaming than when focusing on routine tasks. Daydreaming directs your brain to concentrate on any topic, challenge, goal, situation, issue, or problem you choose. Once so directed, your brain works 24/7 on whatever thoughts it is fed.

Daydreaming is an effective strategy when faced with problems. Letting your mind wander enables you to explore various options. The parts of your brain associated with problem solving actually become more active.

When seeking solutions, daydreaming allows you to review past events to identify the cause of any problems. You can then assess different strategies to help pick the most effective approach.

Dealing with conflict is also aided by daydreaming. You can review the origin of the conflict, while assessing what you did right and what you did wrong. Next, use your daydream to determine the most effective course of

action. Evaluate different scenarios that could help manage or eliminate the conflict.

Relaxation is another benefit of daydreaming. You find serenity by reliving pleasant experiences. You can imagine yourself engaging in virtually any enjoyable endeavor. This type of mental escape allows you to recharge and improve your mood. Taking brief breaks in this manner also boosts your productivity. Daydreams are a built in entertainment center that enable you to combat boredom or monotony.

Daydreaming is a powerful tool for goal attainment. You visualize yourself being successful and experience all of your emotions associated with attaining your dreams. In so doing, you unleash your mind to work nonstop to devise a way to bring your dreams into reality.

Boosting your creativity is another benefit of daydreaming. Your daydreams can explore any possibility. In your mind anything is possible. Through daydreaming, your brain is transformed into an idea simulator without any limitations. You can truly imagine anything.

Maintaining relationships is another advantage of daydreaming. You can fill your mind with images and happy thoughts of the important people in your life. This process maintains and strengthens emotional ties to those individuals.

When faced with challenges, daydreaming aids you in solidifying your beliefs and values. In your mind, you review what you will do or say in response to various scenarios. You can plan what points you want to make along with deciding what is acceptable.

Daydream at every opportunity. It's good for you. Let your mind wander in order to explore anything and everything. Daydreaming is healthy and beneficial. Enjoy it!

NOW AVAILABLE: "Dare

to Live Without Limits," the book. Visit www.BryanGolden. com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist. com or write him c/o this paper. © 2009 Bryan Golden. ★

#### Wizard of Id by Parker, Mastroianni & Hart







**BC** by Mastroianni & Hart





**Hole Molé** by Rick Hotten

WHAT IS THE SOUND OF ONE HAND CLAPPING? WHAT IS THE SOUND OF ONE HAND CLAPPING?



DUDE, SNAP OUT

Litera

Frank and Steinway by Wil Panganiban



4 Mylan WTT







**Tundra** by Chad Carpenter



Funday Morning by Brad Diller



"LET ME REPHRASE THAT. LET'S SHOOT THE BREEZE."

**Speckticles** by Bill Abbott

SUNRISE



"Let's set aside the role as the 'Bringer of Death' and explore your desire to dance."





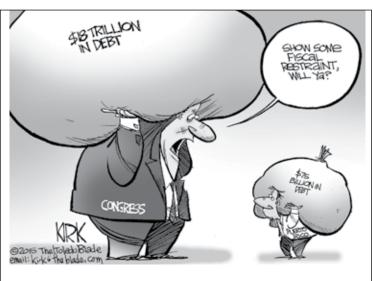
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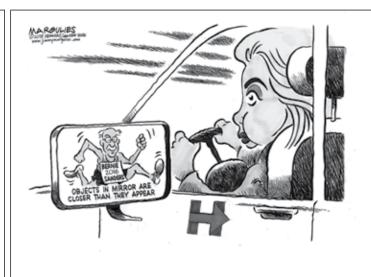
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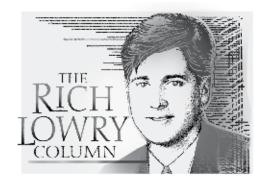


Carmichael Times • 13 July 24, **2015** 









By Rich Lowry

#### Sorry, Donald Trump Has a Point

You are hardly a name-brand company if you haven't dumped Donald Trump in recent weeks.

NBC. Univision and Macy's all have thrown The Donald under the bus, in the heaviest blow to schlock culture in this country since the cancellation of "Jersey Shore." The carnage ranges across media, encompassing reality TV ("Celebrity Apprentice"), entertainment properties (the Miss USA Pageant), fashion (the Donald J. Trump Signature Collection) and even fragrance (Success by Trump).

The shunning of Trump is in response to his, uh, memorable presidential announcement that included comments about the alleged rampant criminality of Mexican immigrants -- they're drug runners, rapists, etc. -- that were typically crude.

As it happens, Trump's new enemies

are doing him an enormous political favor, at least in the short term. There are few things that benefit a Republican candidate in the current environment of left-wing bullying more than getting fired and boycotted for something he's said.

Trump's instantly notorious Mexico comments did more to insult than to illuminate, yet a kernel in them hit on an important truth that typical politicians either don't know or simply fear to speak. "When Mexico sends its people," Trump said, "they're not sending their best."

This is obviously correct. We aren't raiding the top 1 percent of Mexicans and importing them to this country. Instead, we are getting representative Mexicans, who -- through no fault of their own -- come from a poorly educated country at a time when education is essential to success in an advanced economy.

Trump's comments made it sound as though Mexico is sending us moral defectives. But immigrants are willing to work. Immigrant men ages 18-65 are in the labor force at a higher rate than native

It's just that a lack of education hampers even hard-working people. This is illustrated in an exhaustive report by Steven Camarota of the Center for Immigration Studies, which favors a lower level of immigration.

Immigrants here from Mexico -- which has sent more immigrants than any other country for decades -- have the lowest levels of education. Nearly 60 percent of them haven't graduated from high school.

This puts Mexican immigrants at a

disadvantage, and it shows. Nearly 35 percent of immigrants from Mexico and their U.S.-born children are in poverty; nearly 68 percent are in or near poverty. This is the highest level for immigrants from any country. Immigrants make progress on almost every indicator over time, but are still far behind natives after two decades.

For all its crassness, Trump's rant on immigration is closer to reality than the gauzy cliches of immigration romantics, who are unwilling to acknowledge that there might be an issue welcoming large numbers of high-school dropouts into a 21st-century economy. If we don't want to add to the ranks of the poor, the uninsured and the welfare-dependent, we should have fewer low-skilled immigrants -- assuming saying that is not yet officially considered a hate crime.

The point could be made much more deftly and accurately by anyone not named Donald J. Trump. In the meantime, he fills the vacuum, and enjoys the whirlwind.

Rich Lowry is editor of the National

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#### **DEAR PAW'S CORNER:** I

love dogs, and my mom said always to ask permission before petting someone else's dog. But at the park yesterday one owner told me no. Why? -- Kerrie in New Orleans

**DEAR KERRIE:** First, great job in always asking permission before petting a dog that isn't yours. And, if an owner says no, just say "thank you," and respect his or her wish. Why would a person who takes his or her dog out in public not want people to pet it? There could be any number of reasons. Maybe the dog is fine when left alone, but snaps at strangers who try to pet it. Maybe it's fearful and gets stressed out when strangers approach -- making it much harder to help it get comfortable around strangers and other dogs. You might notice an uncomfortable dog cowering and tucking its tail, giving

#### RESPECT OWNER ABOUT NOT PET-TING DOG

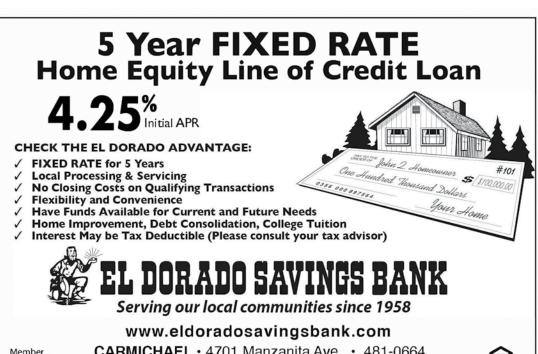
a low growl or other stressedout signs.

Or, maybe the dog has an injury, like a cut or recent surgery, and the owner doesn't want people to accidentally touch the area, which could be painful for the dog. In any case, don't be hurt by the owner's refusal. The reason has to do with the comfort and safety of the dog. When you are respectful of that, you're helping out, even in a small way.

As an added note, be sure to teach your friends and siblings about asking permission. And remind them not to pet any strange dog that's unattended -- whether on a leash or running loose. Don't run away, but carefully avoid the dog and alert your parents, a park ranger or police officer.

Send your questions or tips to ask@pawscorner.com.

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discovered the benefits of bartering.

#### **Uber Ordered to Suspend California Operations**

Assembly GOP Leader Issues Statement Regarding Bureaucratic Assault on the Sharing Economy

#### SACRAMENTO REGION, CA (MPG)

- Assembly Republican Leader Kristin Olsen has issued the following statement in response to a California administrative judge ordering Uber to suspend its California operations:

"California's policies should embrace the sharing economy as a vital new resource for job-seekers. Instead, layer after layer of red tape is inhibiting companies like Uber and the thousands of Californians who utilize its services.

"So far, the California Labor Commission, the Public Utilities Commission, and Democrat legislators have wrongfully fought to protect the status quo rather than support innovative new companies that put Californians to work.

"Democrat leaders have created a toxic climate for new jobs and workers and have successfully turned the American Dream

into the California Nightmare.

"I call on my colleagues to stop this assault on the sharing economy and support the thousands of Californians who find work, mobility, and cost-savings through these new Californiabased tools. The new economy is not a fad. The PUC should get with it."

Source: Assembly Republican
Communication ★

#### Free Weekend Activities at the Nature Center

CARMICHAEL, CA
(MPG) - There will
be plenty of summer
fun going on here at
the Effie Yeaw Nature
Center, either
in the shade of
the oak woodland or along
the cool waters

of the American River. The Nature Center (2850 San Lorenzo Way) is hosting a series of free, fun, and informational events throughout the month of July. The Nature Center offers lots of fun activities for everyone to enjoy. There is a \$5 per car county entrance fee into Ancil Hoffman Park (free to

members). Donations are gratefully accepted.

Bark Rubbing: Come explore the varieties of trees found in the Nature Center's village and create your own colorful bark rubbing art on Saturday, July 25th at 10:30 a.m. Learning each tree's bark pattern is the key to identifying the many types found in this area. All ages are welcome.

Meet the Menagerie: On Sunday, July 26th at 1:30 p.m., visit the critters that live in the Nature Center and learn why these animals couldn't survive in the wild.

For more information about the Effie Yeaw Nature Center, please call (916) 489-4918 or visit www.sacnaturecenter.net.

Source: Effie Yeaw Nature Center







#### IN THE STYLE OF THE OLD MASTERS

2nd Annual Juried Fine Art Exhibition of work inspired by the Old Masters and open to all artists.

Gothic, Baroque, Abstract, Realism, Drawing, Sculpture, Historic, Daguerreotype, Impressionism, Carte-de-visite, Romanticism, Rayographs, André Kertész and Camera obscuras.

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#### **Juried Fine Art Reception:**

August 1, 2015 • 1:00 - 3:00 p.m. Live music by Drumsum, indigenous jazz.

Gallery 3: See the work of Northern California
Arts Master Painters

http://www.sacfinearts.org/NCA

Sacramento Fine Arts Center • 5330-B Gibbons, Carmichael, CA 95608.

Gallery hours: Tuesday 11:00a.m.-7:00p.m., Wednesday - Saturday, 11:00a.m. - 3:00p.m.

www.sacfinearts.org



July 24, 2015

### **On-the-Job Training Increases, Employment Pool Shrinks**

Continued from page 1

and geographic identity.

The Sacramento employment trend continues to rise in the third quarter of 2015 with 67% of companies planning to hire in July, August, and September; 17% of demand was attributed to seasonal needs in the next three months. Workforce expansion continues to rise with 51% of expected hires motivated by growth while 38% was described as replacements for attrition over the next quarter. No layoffs were noted.

While federal changes in healthcare lead all complaints through the last two years, now the most challenging issue for HR pros is California's sick leave policy; 18% said they were struggling with implementation or compliance as their greatest workforce challenge in the next quarter. Qualified applicants and retaining current employees were also noted as a continuing issue with 13% of companies surveyed directly by phone.

#### Skills Demand

The majority of Sacramento regional employers are seeking manufacturing/product assembly workers, sales, and general office.

#### Challenges

The biggest workforce challenge noted by regional employers is compliance with new California sick leave policy, followed closely by finding qualified applicants and retaining current employees.

For more information, visit www.pacificstaffing.com.

Source: Pacific Staffing

#### SPOTLIGHT ON BUSINESS

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Carmichael Times • 15

Are you a Senior Citizen (50+)? Do you have a Microsoft Windows computer and want to learn how to use it?

Senior Computer School offers computer classes exclusively for Seniors. Core courses include Computer Fundamentals, Word Processing, Internet, and Excel. Each of these classes is six 2½ hour sessions, which meet either in the morning or afternoon on MWF or TTH.

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Workshop titles include: Digital Cameras, Computer Maintenance, E Bay, Greeting Cards, Downloading, Windows 7, Storage and Backup Files, Flash Drives, etc, and Database.

Senior Computer School is a non-profit organization staffed by volunteer instructors, assistants, and office staff. We train 40-60 students every month with 8 to 16 students in each class. Step by step instructions are conducted with clearly written lessons. There is no need to take notes as the lessons are provided for you to keep after each session. Assistants provide individual help, as needed during each session.

learning center is located at the back of the Rio Americano High School campus, 4540 American River Drive, Sacramento, CA 95864. Free parking is available near the levee road, inside the chain linked fenced area. Look for the Senior banner on the Learning Center.

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(6 2½ hr Sessions) Computer Fundamentals I, Word Processing, Internet, Excel, Graphics

Also Workshops: (1 or 2 2½ hr Sessions) Digital Camera, Computer Maintenance, Greeting Cards, Downloading, Organize and Edit Digital Camera Photographs, I Pads etc.

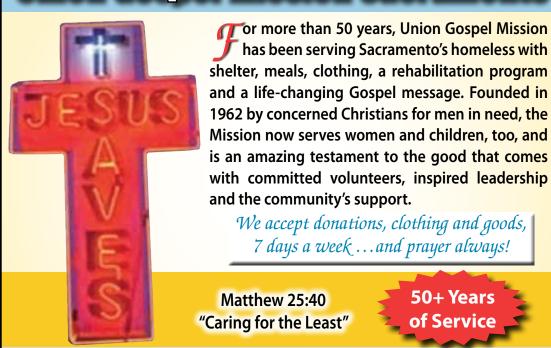
Workshops \$5 for each session. Everyone is welcome.

For more information on how to become a Senior Computer School volunteer or to enroll for classes, contact the **Sacramento Computer School Learning center at (916) 485-9572** 

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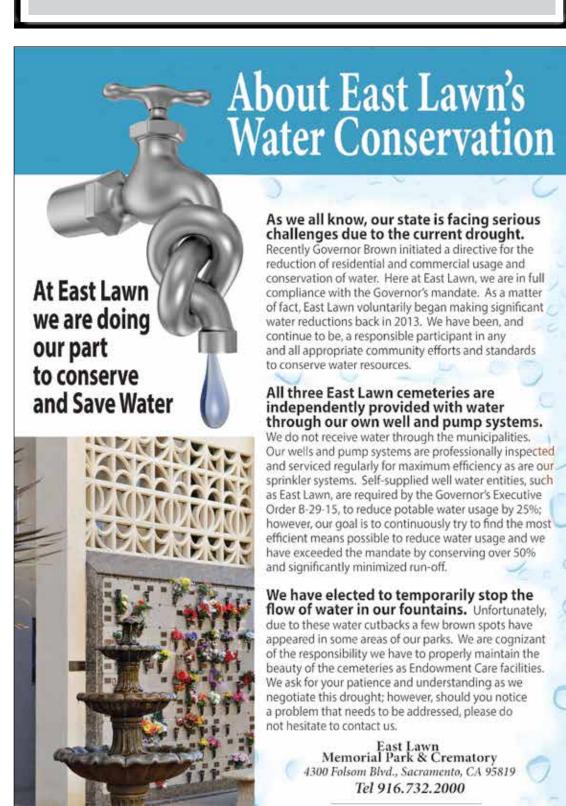
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### Television Listings for the week of July 24-July 29

| FI   | RIDAY                    | <b>EVEN</b>               | ING              |                         |  |                            |                  |                          | JUL               | Y 24,                 | 2015              |
|------|--------------------------|---------------------------|------------------|-------------------------|--|----------------------------|------------------|--------------------------|-------------------|-----------------------|-------------------|
|      |                          | 8:00                      | 8:30             | 9:00                    | 9:30   | 10:00                      | 10:30            | 11:00                    | 11:30             | 12:00                 | 12:30             |
| _    | ABC<br>CBS<br>NBC<br>FOX | Shark Tank                | (TVPG) HD        | What Would              | You Do?  | 20/20 (N) HD               |                  | Local                    | Jimmy Kimn        | nel Live (N)          | Nightline         |
| ₹.   | CBS                      | Elementary                |                  | Hawaii Five-            | 0 HD   | Blue Bloods                | (TV14) <b>HD</b> | Local                    | NCIS: "Ground     |                       | Late Late         |
| Į.   | NBC                      | America's G               | ot Talent: "Ju   | idge Cuts 2" <b>н</b> D | )  | Dateline NBC               |                  | Local                    | (:35) Tonight     | Show HD               | Late Night        |
| 3    | FOX                      | Home Free (               |                  | Knock Knock             |  | Local Progra               |                  |                          |                   | Local Progra          |                   |
| •    | ION                      | Law & Order               | : Cl hd          | Law & Order             | : Cl hd  | Law & Order                | : Cl hd          | Law & Orde               | r: Cl HD          | Law & Order           | : Cl HD           |
|      | A&E                      | Criminal Mir              | ds HD            |                         |  | Criminal Min               | ds HD            | (:01) <b>Crimin</b>      | al Minds HD       | (:01) <b>Crimina</b>  | l Minds HD        |
|      | AMC                      |                           |                  |                         |  |                            |                  | ★★★ Mel Gib              | son, Danny Glov   |                       | Lethal 4          |
| 3    | ANIMAL                   | To Be Annou               |                  | Redwood Kir             |  | Treehouse M                |                  | Redwood Ki               | ngs HD            | Treehouse N           |                   |
| -    | BET                      |                           | Game нр          |                         |  | Awards (TVPG               |                  | Lip Sync                 |                   | Wendy Willia          |                   |
|      | BRAVO                    | Housewife (1              |                  | Housewife (T            |  | The Bourne I               |                  |                          |                   | , <b>,</b>            | Bourne ID         |
|      | CARTOON                  |                           | King of Hill     |                         |  | Family Guy                 |                  |                          |                   | Heart, She            |                   |
|      | CMT                      |                           | Reba нр          |                         |  |                            |                  |                          |                   |                       | Cops HD           |
|      | CNN                      | The Hunt                  | 1                |                         | keeper ('11, PG) ★★ Kevin James, Adam Sandler. Ho<br>th Row Stories The Seventies HD |                            |                  | The Hunt                 | 10000             | CNN Newsro            |                   |
| -    |                          | Key; Peele                | Kev: Peele       | Futurama                | Futurama   | South Park                 | South Park       | Archer HD                | Archer HD         | Jackass 3.5           |                   |
|      |                          | Alaskan Bus               |                  | Alaskan Busl            |  | Treasure Qu                |                  | Alaskan Bus              |                   | Treasure Qu           |                   |
|      | DISNEY                   |                           | Girl Meets       | I Didn't (N)            |  | Gravity HD                 |                  | Blog HD                  | Austin HD         |                       | Austin нр         |
|      | E!                       | Kardashians               |                  | Kardashians             |  |                            | Brody (N)        | E! News (N)              |                   | The Soup              | Brody HD          |
| _    | ESPN                     | PN SportsCenter HD Sports |                  | SportsCente             |  | SportsCente                |                  | SportsCent               |                   | 2015 Home I           |                   |
|      |                          |                           |                  | Baseball Ton            |  | 2014 WSOP                  |                  | 2014 WSOP                |                   | SportsCente           |                   |
|      | FAMILY                   | Harry Potte               | r and the Ch     | amber of Sec            |  |                            |                  | The 700 Clu              |                   | ParaNormar            | ı ('12) <b>**</b> |
|      | FOOD                     | Diners HD                 |                  |                         |  |                            | Burgers          | Diners HD                |                   |                       | Diners HD         |
|      | FX                       | Just Go With              | i It (*11. PG-13 | ) ★★½ Adam              | Sandler, Jennif  | nnifer Aniston. <b>HD</b>  |                  |                          | h It ('11, PG-13  | ) Adam Sandler        | . HD              |
|      | HGTV                     | Love It or Li             |                  | Love It or Li           |  |                            | Hunters          | Hunters                  | Hunters           | Love It or Li         |                   |
|      | HISTORY                  | Ancient Alier             | · · · , · · ·    | Ancient Alier           |  |                            |                  | (:03) Ancient Aliens: HD |                   | (:01) Ancient Aliens: |                   |
|      | LIFETIME                 |                           |                  | 08, PG-13) Kath         |  | (:02) Good Deeds ('12, PG- |                  |                          |                   | Family That           |                   |
|      | MTV                      |                           |                  | David Arquette, I       |  | ()                         | (,               | Scream: TV               |                   |                       | Ridiculous        |
|      | NICK                     |                           |                  | G) ★★½ Hilar            |  | Prince                     | Prince           | Friends                  | Friends           | Friends               | Friends           |
|      | SPIKE                    |                           | Cops HD          |                         |  |                            | Cops HD          | Cops HD                  | Cops HD           | Jail HD               | Jail HD           |
|      | SYFY                     | Defiance (TV              |                  | Killjoys (TVMA          | ) (N) <b>HD</b>  | Dark Matter                |                  | (:01) <b>Defian</b> d    |                   | Killjoys: "One        | Blood"            |
|      | TBS                      |                           |                  | Alice in Wond           | derland ('10.  | PG) ★★★ Joh                | nny Depp. Ste    |                          | The Pacifier      |                       |                   |
|      | TCM                      |                           |                  | cket ('46, NR)          |  |                            |                  |                          | ★ Robert Mitch    |                       | Gallows           |
|      | TLC                      |                           |                  |                         |  | Atlanta HD                 |                  | Atlanta HD               |                   |                       | Atlanta но        |
|      | TNT                      | The Blind Sid             | de ('09, PG-13'  | ) Sandra Bullock        |  |                            |                  | ole ('06, PG)            | ★★★ Mark Wa       |                       |                   |
|      | TRAVEL                   | Mysteries (T              | VPG)             | Mysteries (T            | VPG) (N)   | Mysteries (T               |                  | Mysteries (              |                   | Mysteries (1          |                   |
|      | TV LAND                  | Friends                   | Friends: "We     | dding, 2"               |  | Friends                    | Friends          | Friends                  |                   |                       | Friends           |
|      | USA                      |                           | Modern           | Modern                  |  |                            | Modern           | Modern                   |                   | Royal Pains           |                   |
|      | VH1                      |                           |                  | Shawn Wayans.           |  | Clueless ('95              |                  |                          |                   | Dating Nake           |                   |
|      | WGN                      |                           | How I Met        |                         |  |                            | Parks HD         | Норе но                  |                   |                       | 30 Rock           |
| _    |                          |                           |                  |                         |  | Fast & Furio               |                  |                          |                   | (:15) <b>7 Days</b>   |                   |
| _    |                          |                           |                  |                         |  |                            |                  | 10) AAA/2                | יווי טוטטטוג וווע |                       |                   |
| PREM | MAXW                     | 300. Rise of              | an Empire ('     | 14 R) un                | <b>Nuiia</b> (*14 PA   | l-13) Olivia Cook          | A HD             | Strike HD                | Strike Back       | (TVMA) HD             | Stacked 1/2       |

| <b>SATURD</b> | AY E | VENIN | IG |
|---------------|------|-------|----|
|               |      |       |    |

**JULY 25, 2015** 

| _    | <u> </u>  |                     | V = 1 1 1 1              | 10              |                         |                         |                                 |                       |                       |                           | 2010             |  |  |  |
|------|-----------|---------------------|--------------------------|-----------------|-------------------------|-------------------------|---------------------------------|-----------------------|-----------------------|---------------------------|------------------|--|--|--|
|      |           | 8:00                | 8:30                     | 9:00            | 9:30                    | 10:00                   | 10:30                           | 11:00                 | 11:30                 | 12:00                     | 12:30            |  |  |  |
| =    | ABC       | BattleBots          |                          | Boston EMS      | S (N) HD                | Save My Life            |                                 | Local Progr           |                       |                           |                  |  |  |  |
| Š    | CBS       | NCIS: Los A         |                          | Scorpion (T     |                         | 48 Hours (T)            |                                 | Local Progr           |                       | Landar Night II. a (T)    |                  |  |  |  |
| ₹    | NBC       | <b>Running Wil</b>  |                          | Aquarius (T     | V14) (N) <b>hd</b>      | Hannibal (TV            |                                 | Local                 |                       | lay Night Live            | (TV14) <b>HD</b> |  |  |  |
| BROA | FOX       | (7:00) <b>Local</b> |                          |                 |                         | Local Progra            | ams                             | Golan HD              | School HD             | Local Progr               | ams              |  |  |  |
| _    | ION       | Criminal Mi         | nds н <b>d</b>           | Criminal Mi     | nds н <b>d</b>          | Criminal Mir            | nds н <b>d</b>                  | The Listener          | r (TV14)              | The Listener              | r (TV14)         |  |  |  |
| щ    | A&E       | Storage Wa          | <b>rs</b> : "Biggest Fig | ghts Part #1" ı | HD                      | (:02) <b>Storag</b>     | <b>e Wars</b> : "Bigg           | est Fights Part       | #2" <b>hd</b>         | (:01) Storage Wars        |                  |  |  |  |
| CABL | AMC       | The Cowboy          |                          | Hell on Whe     |                         | Hell on Whe             |                                 | Independen            | <b>ce Day</b> ('96, F | 96, PG-13) Will Smith. HD |                  |  |  |  |
| 3    | ANIMAL    | Treetop             | Treetop                  | Treetop         | Treetop                 | Dr. Jeff: Ro            |                                 | Treetop               | Treetop               | (:04) <b>Dr. Je</b> 1     |                  |  |  |  |
|      | BET       | White Chick         | s ('04, PG-13)           | ★★ Shawn W      | ayans. <b>HD</b>        |                         |                                 | bert Ri'chard. ı      | ID .                  | Nellyville: "F            | lehearsal"       |  |  |  |
|      | BRAV0     | (7:00) Bee N        |                          |                 | the Dozen 2             | ('05, PG) Steve         | Martin.                         | Bee Movie (           |                       |                           |                  |  |  |  |
|      | CARTOON   | DBZ Kai             | King of Hill             |                 |                         | Cleveland               | Boondocks                       | Dad HD                | Family Guy            | DBZ Kai                   | Kill La Kill     |  |  |  |
|      | CMT       | Zookeeper           |                          | Dog & Beth      |                         | Dog & Beth              | (N) HD                          | Dog & Beth            | (TV14) <b>HD</b>      | Dog & Beth                | (TV14) <b>HD</b> |  |  |  |
|      | CNN       | CNN Specia          | l Report                 | Forensic        | Forensic                | Forensic                | Forensic                        | Forensic              | Forensic              | Forensic                  | Forensic         |  |  |  |
|      | COMEDY    |                     |                          |                 |                         |                         |                                 | A Very Haro           | ld & Kumar            | 3D Christmas              | s ('11) **       |  |  |  |
|      | DISCOVERY | MythBuster          |                          | MythBuster      | 'S (N) HD               | Airplane Rep            |                                 | MythBuster            |                       | (TVPG) HD                 |                  |  |  |  |
|      | DISNEY    | Blog HD             | I Didn't но              | Girl Meets      | Jessie HD               | Lab Rats                | Kirby Buck                      | Jessie HD             |                       | Blog HD                   | Jessie HD        |  |  |  |
|      | E!        | Bruce Jenn          | er: The Inter            |                 | 1                       |                         |                                 | Kardashians (TV14) HD |                       | Kardashians (TV14) H      |                  |  |  |  |
|      | ESPN      | (6:00) <b>Spec.</b> | Olympics                 | SportsCent      | er HD                   | SportsCente             | er HD                           | SportsCente           | er HD                 | SportsCent                |                  |  |  |  |
|      | ESPN2     |                     | fying: "Mopar I          |                 |                         | Baseball Tor            |                                 |                       |                       | orld Summer               | Games            |  |  |  |
|      | FAMILY    | Phoenix             |                          |                 | lf-Blood Prin           |                         |                                 | adcliffe, Rupert      | Grint, <b>HD</b>      | Journey 2:                |                  |  |  |  |
|      | FOOD      | Diners, Driv        | /e-Ins HD                | Diners, Driv    |                         | Diners, Driv            |                                 | Diners, Driv          |                       | Diners, Driv              |                  |  |  |  |
|      | FX        |                     |                          |                 | <b>art 2</b> ('12, PG-' |                         |                                 |                       |                       | art 2 ('12, PG-           |                  |  |  |  |
|      | HGTV      | Property B          |                          | Property B      |                         | House Hunto             |                                 | Log Cabin             |                       | Property Br               |                  |  |  |  |
|      | HISTORY   | Leepu & Pit         | :bull но                 | Leepu & Pit     | bull но                 | Leepu & Pit             | bull HD                         |                       |                       | (:01) <b>Leepu</b>        |                  |  |  |  |
|      | LIFETIME  | Lost Boy ('1        | 5. NR) <b>HD</b>         |                 |                         |                         |                                 | t Online (*15,        |                       | Lost Boy (1               |                  |  |  |  |
|      | MTV       |                     | <b>House</b> (*13, R)    | ★★ Marlon W     | lavans.                 |                         |                                 | 06, PG-13) ★≠         |                       |                           | How High         |  |  |  |
|      | NICK      |                     | 100 Things               |                 | Henry                   |                         | Full House                      |                       | Friends               | Friends                   | Friends          |  |  |  |
|      | SPIKE     |                     | art Two: Betrav          |                 | , ,                     |                         | art 3: Destiny"                 |                       |                       | Cops HD                   | Cops HD          |  |  |  |
|      | SYFY      | Sharknado           | <b>3: Oh</b> ('15)       | Lavalantula     | ('15, NR)               | P. /                    |                                 |                       | ('10, NR) ★ E         | ric Roberts. <b>HD</b>    |                  |  |  |  |
|      | TBS       | Big Bang            | Big Bang                 | Big Bang        |                         | Big Bang                | Big Bang                        | Clipped               | Cougar                | Cougar                    | Shrek 2          |  |  |  |
|      | TCM       | It Had to Be        |                          |                 | Run ('36, NR)           |                         |                                 | Vanishing Po          |                       | <b>★★</b> Barry Ne        | wman.            |  |  |  |
|      | TLC       | NY ER HD            | NY ER HD                 | NY ER HD        |                         | NY ER HD                | NY ER HD                        |                       | NY ER HD              | NY ER HD                  | NY ER HD         |  |  |  |
|      | TNT       | Catch Me If         | You Can ('02             | , PG-13) Leona  | rdo DiCaprio, To        | m Hanks. <b>hd</b>      | 1                               | Live Free or          | Die Hard ('0          | 17, PG-13) Bruc           | e Willis.        |  |  |  |
|      | TRAVEL    | Ghost Adve          |                          | Ghost Adve      |                         | The Dead Fil            | les (N) HD                      | The Dead Fi           | les HD                | Ghost Adver               | ntures HD        |  |  |  |
|      | TV LAND   | Gaffigan            | Loves Raym               | ond HD          | Raymond                 | Raymond                 |                                 | Raymond               | Raymond               | Raymond                   | Queens           |  |  |  |
|      | USA       | Modern              | Modern                   | Modern          |                         | Modern                  | Modern                          | Modern                | Modern                | Mr. Robot (               |                  |  |  |  |
|      | VH1       | The Italian         | Job ('03, PG-1           | 3) ★★★ Marl     | k Wahlberg.             |                         | Dating Nake                     |                       | Dating Nake           |                           | Twinning         |  |  |  |
|      | WGN       | Batman Ret          | urns ('92, PG-           | 13) ★★★ Mi      | chael Keaton, D         | anny DeVito. <b>H</b> r | D Rules HD Rules HD Drama Queen |                       |                       |                           |                  |  |  |  |
| _    | HBOW      |                     | 14, R) Tom Har           |                 |                         |                         | ing: "Kovalev v                 |                       | (:15) Real Sp         |                           |                  |  |  |  |
|      | MAXW      | RoboCop             | (-25) Rupper             | r Runner ('12   | , R) ★★½ HD             | Non-Stop (*             | 1/1 PG-13) Lian                 | n Neeson              | Forhidden 9           | Gience Featu              |                  |  |  |  |
| ᆵ    | SHOWW     | Ray Donova          |                          | Schindlen's     | List ('93, R) 7         | LAAA liam l             | Nageon Ralah E                  | ionnoe                | i oi biuudii d        | One Day in                |                  |  |  |  |
|      | JIIVII II | nay Dulluva         | אווע יווו                | odilliulel, 8   | Liot ( JU, N) 7         | RARR LIdili I           | recoull, naipii r               | ונוווונט.             |                       | UNIC DAY III I            | -uotiiwitZ       |  |  |  |

#### **SUNDAY EVENING**

| JUL   | Y 26, | 2015  | . ! | ١ |
|-------|-------|-------|-----|---|
| 11:30 | 12:00 | 12:30 |     |   |
|       |       |       |     | ŀ |

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|   |         | ADC |    | ٦ |

#### MONDAY EVENING **JULY 27. 2015**

| IVI       | UNDA                 | Y EVE        | MING                     |                       |                      |                    |                  |                    | JUL                  | . T Z <i>i</i> ,   | 2013               |
|-----------|----------------------|--------------|--------------------------|-----------------------|----------------------|--------------------|------------------|--------------------|----------------------|--------------------|--------------------|
|           |                      | 8:00         | 8:30                     | 9:00                  | 9:30                 | 10:00              | 10:30            | 11:00              | 11:30                | 12:00              | 12:30              |
| Ħ         | ABC                  | The Bachelo  | orette (TVPG) (1         |                       |                      | The Bachelo        | rette (N)        | Local              | Jimmy Kimn           | nel Live <b>но</b> | Nightline          |
| ğ         | CBS                  | Broke Girls  |                          | Scorpion (T           |                      | NCIS: Los Ai       | ngeles <b>но</b> | Local              | (:35) Hawaii         |                    | Late Late          |
| ā.        | NBC                  |              | inja Warrior: '          |                       |                      | <b>Running Wil</b> | d (N) <b>HD</b>  | Local              | (:35) Tonight        | Show HD            | Late Night         |
| BROADCAST | FOX                  | So You Thin  | k You Can Da             | <b>nce</b> : "Top 18" | HD                   | Local Progra       | ams              |                    |                      | Local Progra       | ams                |
|           | ION                  | Criminal Mi  | nds HD                   | Criminal Mi           | <b>nds</b> : "Lo-Fi" | Criminal Mir       | ıds hd           | Criminal Mi        | <b>nds</b> : "Proof" | Criminal Mir       | nds н <b>d</b>     |
| щ         | A&E                  | The First 48 | (TV14) <b>HD</b>         | The First 4           | B (TV14) <b>hd</b>   | The First 48       | (TV14) <b>hd</b> | The First 48       | (TV14) <b>HD</b>     | The First 48       |                    |
| CABLE     | AMC                  | Carlito's Wa | <b>ay</b> ('93, R) Al Pa | acino, Sean Pe        | nn. HD               | <b>Making Mob</b>  | NY (N) HD        | Making Mob         |                      | I Am Legend        | l ('07) h <b>d</b> |
| <b></b>   | ANIMAL               | Treehouse I  |                          | Treehouse             |                      | Redwood Ki         |                  | Treehouse I        |                      | Treehouse N        |                    |
|           | BET                  | Seven Poun   |                          | <b>Shaft</b> ('00, 1  | R) ★★½ Samue         | el L. Jackson, V   | anessa William:  |                    |                      | Wendy Willia       | ams HD             |
|           | <b>BRAVO</b>         | Orange Cou   |                          | Real House            | wives (N)            | Odd Mom            | Odd Mom          |                    | Housewife (          |                    | Housewives         |
|           | CARTOON              | King of Hill | King of Hill             |                       | Cleveland            | Rick Morty         | Dad HD           | Family Guy         | Family Guy           | Robot              | Squid HD           |
|           | CMT                  | Reba но      | Reba но                  | Dog & Beth            | (TV14) <b>HD</b>     | Dog & Beth         | (TV14) <b>HD</b> | Cops HD            | Сорѕ но              | Сорѕ но            | Сорѕ но            |
|           | CNN                  | Anderson C   | ooper 360°               | <b>CNN Newsr</b>      | oom (N) HD           | CNN Newsro         | om (N) HD        | CNN Newsro         | OOM (N) HD           | CNN Newsro         | om (N) HD          |
|           | COMEDY               | South Park   | South Park               | South Park            | South Park           | Archer HD          | Archer <b>HD</b> | Daily (N)          | Nightly (N)          | midnight           | South Park         |
|           | DISCOVERY            | Street Outla |                          | Street Outl           | aws (N) hd           | Cuban Chro         | me (N) <b>hd</b> | Street Outla       |                      | Cuban Chro         |                    |
|           | DISNEY               | Undercover   | Girl Meets               | Bad Hair Da           |                      |                    | Jessie HD        | I Didn't но        |                      | Good Luck          | Good Luck          |
|           | E!                   | I Am Cait Je |                          | Stewarts: "           |                      | Stewarts           | Brody HD         | E! News (N)        |                      | I Am Cait Je       |                    |
|           | ESPN                 | SportsCent   |                          | SportsCent            |                      | SportsCente        | er HD            | SportsCent         | er HD                | MLB Baseba         |                    |
|           | ESPN2 SEC Storied HD |              | Baseball To              |                       |                      |                    | Olympics         |                    | SportsCenter HD      |                    |                    |
|           | FAMILY               | Death Hallo  |                          | Chasing Lif           |                      | Becoming U         |                  | The 700 Clu        |                      | Cinderella (       | '11) <b>★★ HD</b>  |
|           | FOOD                 | Cake Wars    | (TV G) (N)               | Diners <b>HD</b>      | Diners (N)           |                    | Diners <b>HD</b> | Diners <b>HD</b>   | Diners <b>HD</b>     | Diners <b>HD</b>   | Diners HD          |
|           | FX                   |              | <b>End</b> ('13, R) ★    |                       |                      |                    |                  | ★★½ James          | Franco, Jonah H      |                    | Dictator           |
|           | HGTV                 | Love It or L |                          | Love It or L          |                      | Hunters            | Hunters          | A Sale of Tw       |                      | Love It or Li      |                    |
|           | HISTORY              |              | Pawn Stars               |                       |                      |                    |                  | (:03) Forged       |                      | Pawn Stars         |                    |
|           | LIFETIME             | The Last So  |                          | Devious Ma            | ,                    | Unreal (TVM        |                  | UnREAL: "Pr        |                      | (:02) Deviou       |                    |
|           | MTV                  |              |                          | Teen Wolf (           |                      | Teen Wolf (N       |                  | Girl Code          | Girl Code            | Teen Wolf (T       |                    |
|           | NICK                 | Talia in the | ,                        | Full House            | Full House           | Prince             | Prince           | Friends            | Friends              | Friends            | Friends            |
|           | SPIKE                | Сорѕ но      |                          | Сорѕ но               | Сорѕ но              | Cops HD            | Сорѕ но          | Cops HD            | Jail HD              | Jail HD            | Jail HD            |
|           | SYFY                 |              | sic Park ('93,           |                       |                      |                    |                  | -13) ★★½ Sai       |                      | Dominion: "        |                    |
|           | TBS                  |              | Family Guy               |                       | Dad HD               |                    |                  | Conan (TV14)       |                      |                    | Conan HD           |
|           | TCM                  |              | The Story of             |                       |                      |                    | a Bride ('49)    |                    | Fixer Dugan          |                    |                    |
|           | TLG                  | Transgende   |                          | I Am Jazz (           |                      |                    | I Am Jazz        | I Am Jazz (T       |                      | I Am Jazz          | I Am Jazz          |
|           | TNT                  | Major Crim   |                          | Major Crim            |                      | Murder in t        |                  | Major Crim         |                      | Murder in t        |                    |
|           | TRAVEL               |              |                          | Bizarre (N)           | Bizarre              | Bizarre Foo        |                  | Bizarre Foo        |                      | Bizarre            | Bizarre            |
|           | TV LAND              | Raymond      |                          | Raymond               | Raymond              | Raymond            | Raymond          | Queens             | Queens               | Queens             | Queens             |
|           | USA                  |              | y Night Raw (            |                       |                      |                    |                  | (:05) <b>Tough</b> |                      | Modern             | Modern             |
|           | VH1                  | Love & Hip   |                          | Love & Hip            |                      | Love & Hip         | Нор но           | Love & Hip         |                      | Love & Hip         |                    |
|           | WGN                  |              | <b>murai</b> ('03, R)    |                       |                      |                    |                  | Норе но            | Норе но              | 30 Rock            | 30 Rock            |
| Σ         | HBOW                 | Real Sports  |                          |                       | ays to Die in t      |                    |                  | True Detect        |                      | <b>World Cham</b>  |                    |
| PREM      | MAXW                 |              | (:25) Cataco             |                       |                      |                    |                  | ★★½ Natalie        |                      | CoEd Conf.         |                    |
|           | SHOWW                | Ray Donova   | n hd                     | Masters of            | Sex HD               | Ray Donova         | n HD             | Masters of         | Sex HD               | W. Kamau B         | ell но             |

| J        | DINDA I      |                           | 11111            |  |                       |                      |                      |                      | UUL              | . 1 20,                   | , 2013              |  |
|----------|--------------|---------------------------|------------------|--|-----------------------|----------------------|----------------------|----------------------|------------------|---------------------------|---------------------|--|
|          |              | 8:00                      | 8:30             | 9:00   | 9:30                  | 10:00                | 10:30                | 11:00                | 11:30            | 12:00                     | 12:30               |  |
| <u> </u> | ABC          | Celebrity Fa              | mily Feud        | (:01) BattleB  | ots (N) HD            | Castle: "Resu        | rrection"            | Local Progra         | ams              |                           |                     |  |
| GAS      | CBS          | (:01) <b>Big Bro</b>      | ther (N) HD      | Madam Secr   | etary но              | CSI: Crime S         | Ссепе но             | Local Programs       |                  |                           |                     |  |
|          | NBC          |                           | Sweden           | American Ni  | nja Warrior: '        | 'Kansas City" н      | ID                   | Local Progra         | ams              | Dateline NB               | C HD                |  |
| 88       | FOX          | Simpsons                  | Brooklyn         | Family Guy   | Last Man              | Local Progra         | ams                  |                      |                  | Local Progra              | ams                 |  |
| -        | ION          | The Sentinel              | ('06, PG-13) 7   | ★★½ Michael I  | Douglas.              | _                    | Demolition N         | Man ('93, R) 🖈       | r★½ Sylvester    | Stallone.                 |                     |  |
| щ        | A&E          | Intervention              | (N) HD           | Intervention   | HD                    | Intervention         | (N) HD               | The First 48         | (TV14) <b>HD</b> | Intervention              | ı: "Wesley"         |  |
| CABLE    | AMC          | The Walking               | Dead HD          | HUMANS (TV   | 14) (N) <b>HD</b>     | Halt and Cat         | ch Fire (N)          | HUMANS (TV           | 14) <b>HD</b>    | Halt and Cat              | tch Fire н <b>о</b> |  |
| Ö        | ANIMAL       | North Woods               | s Law (N)        | North Woods  | s Law (N)             | lce Lake Reb         | els (N) <b>HD</b>    | North Woods          | s Law HD         | North Wood                | s Law HD            |  |
|          | BET          | Sunday Best               | (N) <b>HD</b>    | Sunday Best  | HD                    | Listen Up (TV        | / G) (N)             | Game но              | TBA              | BET Inspirat              | tion (TV G)         |  |
|          | <b>BRAVO</b> | Bravo's Firs              | t Looks (N)      | Married to I   |                       |                      | Watch What           |                      |                  | Housewife                 |                     |  |
|          | CARTOON      | King of Hill              | King of Hill     |  |                       |                      |                      | Family Guy           | Rick Morty       | Pretty (N)                | Tyson               |  |
|          | CMT          | Dog & Beth                | (TV14) <b>HD</b> | Dog & Beth   | (TV14) <b>HD</b>      | Dog & Beth           | (TV14) <b>HD</b>     |                      | Cops HD          | Сорѕ но                   | Сорѕ но             |  |
|          | CNN          |                           |                  |  |                       | Death Row S          |                      | CNN Newsro           |                  | CNN Newsro                |                     |  |
|          | COMEDY       | (7:30) Pinear             | ple Express      | ('08, R) Seth F                                      | Rogen. <b>HD</b>      | Pineapple Ex         | <b>press</b> ('08, R |                      |                  |                           | Why?                |  |
|          | DISCOVERY    | Naked and A               | fraid (N)        | Naked and A  | fraid (N)             | Naked and A          | fraid (N)            | Naked and A          | fraid н <b>о</b> | Naked and A               | lfraid но           |  |
|          | DISNEY       | Undercover                | Best (N)         | Austin (N)   |                       | I Didn't но          |                      |                      | I Didn't но      | Jessie HD                 | Good Luck           |  |
|          | E!           | I Am Cait Je              |                  | Stewarts: "N   |                       | l Am Cait Je         |                      | Stewarts: "N         |                  | I Am Cait Je              | enner               |  |
|          | ESPN         | SportsCenter Sports news. |                  |  |                       | HD                   | SportsCente          |                      |                  | Sports <b>HD</b>          |                     |  |
|          | ESPN2        | (6:00) NHRA (Taped)       |                  | ESPN FC HD E:60 HD                                   |                       |                      | - J                  | <b>60</b> : "Dream 0 | n" <b>HD</b>     | MLB Game                  |                     |  |
|          | FAMILY       | Death Hallows 1 ('10)     |                  | Harry Potter and the Deathly Hallows: Part 2 ('11, F |                       |                      |                      |                      | Osteen           | Turning                   |                     |  |
|          | FOOD         | Guy's Groce               |                  | Food Networ  |                       | Cutthroat Ki         | tchen (N)            | Cutthroat Ki         | tchen            | Food Netwo                | rk Star но          |  |
|          | FX           |                           |                  | Hunters (*13,  |                       | The Strain (N        | N) HD                | The Strain (         | TVMA) <b>hd</b>  | The Strain (              |                     |  |
|          | HGTV         |                           | Hunt (N)         | Beach Flip (N  |                       |                      | Hunters              | Hunters              | Hunters          | Beach Flip (              |                     |  |
|          | HISTORY      |                           |                  |  | Pawn Stars            |                      | Pawn Stars           |                      |                  |                           | Pawn Stars          |  |
|          | LIFETIME     | Lost Boy (15              |                  |  | <b>hter</b> ('15, NR) |                      |                      |                      | у ('15, NR) ні   |                           |                     |  |
|          | MTV          | Catfish: The              |                  | Catfish: The   |                       | Catfish: The         |                      | Catfish: The         |                  | Scream: TV                |                     |  |
|          | NICK         | Full House                |                  | Full House   |                       | Full House           |                      | Friends              | Friends          | Friends                   | Friends             |  |
|          | SPIKE        | Bar Rescue                |                  | Bar Rescue   |                       | Catch a Cont         | tractor (N)          | Bar Rescue           |                  | Bar Rescue                | (TVPG) HD           |  |
|          | SYFY         | (7:00) <b>Lavala</b>      |                  |  | : Oh Hell No!         |                      |                      | Mega Shark           |                  |                           |                     |  |
|          | TBS          |                           |                  | '05, R) ★★★  |                       |                      |                      | ('08, R) ★★          |                  |                           | 40 Virgin           |  |
|          | TCM          | Hamilton Wo               |                  |  | 1 Carriage ('2        |                      |                      |                      |                  | r½ Geraldine Ch           |                     |  |
|          | TLG          | Who You Are               |                  | Who You Are  | (N) <b>HD</b>         | Answered Pr          | ayers (N)            | Who You Are          |                  | Answered P                |                     |  |
|          | TNT          | <b>Red</b> ('10, PG-      |                  | The Last Shi   | р (N) но              | <b>Falling Skies</b> | (N) HD               | The Last Shi         |                  | Falling Skies             |                     |  |
|          | TRAVEL       | <b>101</b> (N)            | <b>101</b> (N)   |  | Boardwalks            |                      |                      | Xtreme <b>HD</b>     |                  |                           | Boardwalks          |  |
|          | TV LAND      | Reba но                   | Reba но          | Impastor   |                       |                      | Queens               | Queens               | Queens           | Queens                    | Queens              |  |
|          | USA          | Law & Orde                |                  | Graceland  |                       | Law & Order          |                      | Law & Orde           |                  | Graceland (1              | - /                 |  |
|          | VH1          | Basketball V              |                  | Love & Hip I   |                       | Basketball W         |                      | Twinning: "T         |                  | Dating Nake               |                     |  |
|          | WGN          | Manhattan (               |                  |  | HD                    |                      |                      |                      |                  | <b>k</b> ½ Russell Crowe. |                     |  |
| Σ        | HBOW         | The Drop ('1              |                  | True Detecti   |                       | Ballers (N)          | The Brink            | Oliver (N)           | True Detect      | ive HD                    | The Brink           |  |
| PREM     | MAXW         |                           |                  | Robert De Nire                                       | D. <b>HD</b>          | 300: Rise of         | an Empire (          |                      |                  | s Secret ('14,            | , NRAO) <b>hd</b>   |  |
|          | SHOWW        | Ray Donovai               | 1: "Ding"        | Ray Donovar  | 1 (N) HD              | Masters of S         | Sex (N) HD           | Ray Donovai          | 1 HD             | Masters of                | Sex HD              |  |

#### **TUESDAY EVENING**

#### **JULY 28. 2015 WEDNESDAY EVENING** 8:00 8:30 9:00 9:30 10:00 10:30 11:00 11:30 12:00 12:30

The Middle Goldbergs Modern

#### **JULY 29, 2015**

Jimmy Kimmel Live но Nightline

| _     |           |                        |                        |                       |                                    |                   |                      |                    |                     | - 20,                |                   |
|-------|-----------|------------------------|------------------------|-----------------------|------------------------------------|-------------------|----------------------|--------------------|---------------------|----------------------|-------------------|
|       |           | 8:00                   | 8:30                   | 9:00                  | 9:30                               | 10:00             | 10:30                | 11:00              | 11:30               | 12:00                | 12:30             |
| S.    |           |                        |                        |                       | <b>ght Loss</b> : "Ra              |                   |                      | Local              | Jimmy Kimn          |                      | Nightline         |
| ð.    |           | NCIS: "Blast I         |                        | <b>Zoo</b> (TV14) (N) |                                    | NCIS: New O       |                      | Local              | (:35) <b>Hawaii</b> |                      | Late Late         |
| Q.    |           |                        | <b>ot Talent</b> : "Ju |                       |                                    | Hollywood G       |                      | Local              | (:35) Tonight       |                      | Late Night        |
|       |           |                        | rade (N) <b>HD</b>     |                       | Live HD                            | Local Progra      | ıms                  |                    |                     | Local Progra         |                   |
|       | ION       | Criminal Mir           |                        | Criminal Min          | Ids HD                             | Criminal Min      |                      | The Listener       |                     | The Listener         | , ,               |
| щ     | A&E       | Storage                | Storage                | Storage               | Storage                            | Big Smo           |                      | Storage            | Storage             | Storage              | Storage           |
| CABLE |           |                        | ark Knight ('C         |                       |                                    |                   | Fantastic 4:         | Rise of the S      | ilver Surfer        | ('07) ★★½            | Fugitive          |
| 3     | ANIMAL    | Wild Russia            | (TVPG) HD              | Wild Russia           | (TVPG) <b>HD</b>                   | Wild Russia:      | "Arctic"             | Wild Russia        | (TVPG) HD           | Wild Russia          | (TVPG) HD         |
|       | BET       | (7:00) Movie           |                        | •                     | Home Team Nellyville (TVPG) (N) HD |                   |                      | Nellyville (TV     |                     | Wendy Willia         | IMS HD            |
|       | BRAVO     | New York Ci            | ty Social              | Real Housew           | vives (N)                          | Housewife (T      | V14)                 | Watch What         | Housewives          | (TV14)               | Housewife         |
|       |           |                        | King of Hill           | Bob's но              |                                    |                   | Dad HD               | Family Guy         | Family Guy          | Robot                | Squid HD          |
|       | CMT       | Reba но                | Reba но                | A Cinderella          | <b>Story</b> ('04, Pt              | G) Hilary Duff, a | Jennifer Coolidg     | (e. HD             | A Cinderella        | <b>Story</b> ('04, P | G) ★★½ HD         |
|       | CNN       | Anderson Co            | oper 360°              | CNN Special           |                                    | CNN Newsro        |                      | CNN Newsro         |                     | CNN Newsro           |                   |
|       | COMEDY    |                        | Tosh.0 HD              | Tosh.O но             | Tosh.0 нр                          | Drunk HD          | Period (N)           | Daily (N)          | Nightly (N)         | midnight             | Meltdown          |
|       | DISCOVERY | Deadliest Ca           | tch (N) HD             | Deadliest Ca          | tch (N) HD                         | Land Rush (N      | ) HD                 | Deadliest Ca       | tch HD              | Land Rush (          | TV14) <b>HD</b>   |
|       | DISNEY    | Undercover             | Jessie HD              | Best HD               | Girl Meets                         | Austin HD         | I Didn't но          | Liv HD             | Blog HD             | Good Luck            | Good Luck         |
|       | E!        | Total Divas            | (TV14) <b>HD</b>       | Total Divas:          |                                    | Hollywood C       | ycle (N)             | E! News (N) i      |                     | Total Divas:         |                   |
|       | ESPN      | SportsCenter HD        |                        |                       |                                    |                   |                      | SportsCenter но    |                     | SportsCente          | er HD             |
|       | ESPN2     | NFL Live HD Baseb      |                        | Baseball Ton          | ight <b>но</b>                     |                   |                      | Olympics City Slam |                     |                      | City Slam         |
|       |           | Pretty Little          | Liars (N) HD           | Stitchers (TV         | 14) (N) <b>HD</b>                  | Pretty Little     | Liars HD             | The 700 Club       | (TV G)              | You Again ('         | 10, PG) <b>HD</b> |
|       |           | Chopped (TV            |                        | Chopped (TV           |                                    | Chopped (TV       | G) HD                | Chopped (TV        |                     | Chopped (TV          |                   |
|       | FX        | (7:00) <b>Oblivi</b> c | on ('13, PG-13)        | <b>★★★</b> Tom C      | ruise.                             | Tyrant (TVMA)     | (N) HD               | Tyrant (TVMA       | ) HD                | Tyrant: "Othe        |                   |
| _     | HGTV      |                        | Flop HD                | Follow-Up             | Flop но                            | Hunters           | Hunters              | Flop HD            | Flop но             | Follow-Up            | Flop HD           |
| -     | HISTORY   | Cars HD                | Cars HD                |                       |                                    | Leepu & Pitt      | oull (N) HD          | The Woodsm         |                     | Cars HD              | Cars HD           |
|       | LIFETIME  | Dance Moms             | S (N) HD               | Dance Moms            |                                    | Dance Moms        | (N) HD               | Dance Moms         | S (N) HD            | (:02) <b>Dance</b>   | Moms HD           |
|       | MTV       | Catfish: The           | TV Show                | Catfish: The          | TV Show                            | Scream: TV        | Series (N)           | Scream: TV         | Series HD           | Scream 2 ('S         | 97, R) ★★½        |
|       | NICK      | Full House             | Full House             | Full House            | Full House                         | Prince            | Prince               | Friends            | Friends             | Friends              | Friends           |
|       | SPIKE     | Ink Master (           | (TV14) HD              | Ink Master (          | TV14) <b>HD</b>                    | Ink Master (      | N) HD                | Nightmares         | Nightmares          | Nightmares           | Nightmares        |
|       |           | Jurassic Pai           | rk III ('01)           | Face Off (TVP         | G) (N) HD                          | Geeks Who         |                      | Face Off (TVF      |                     | Deep Blue S          |                   |
|       | TBS       | Big Bang               | Big Bang               | Big Bang              | Big Bang                           | Clipped           |                      | Conan (TV14)       | HD                  | Clipped              | Conan HD          |
|       | TCM       | Cooking                | Garlic Is Goo          |                       | (:45) <b>Hot Pe</b>                | per ('73)         | (:45) <b>The Blu</b> | es ('69)           | A Well Spent        | Life ('72)           | Sprout            |
|       | TLC       | Little People          |                        | Little People         |                                    | My Giant Life     | e (N) <b>HD</b>      | Little People      |                     | My Giant Lif         |                   |
|       | TNT       | Rizzoli & Islo         | es hd                  | Rizzoli & İsle        | es (N) HD                          | Proof: "St. Lu    | ke's" (N)            | Rizzoli & Islo     | es hd               | Proof: "St. Lu       | ıke's" <b>hd</b>  |
|       | TRAVEL    | No Reservat            | cions (N)              | An Idiot Abro         | oad HD                             | Watt World        | Watt World           | Bizarre Food       | ds (TVPG)           | An Idiot Abr         | oad н <b>p</b>    |
|       | TV LAND   | Raymond                | Raymond                | Raymond               | Raymond                            | Raymond           | Raymond              | Queens             | Queens              | Queens               | Queens            |
|       | USA       | Tough Enoug            |                        |                       |                                    | Modern            | Modern               | Law & Orde         | r: SVU HD           | Law & Orde           | r: SVU HD         |
|       |           |                        | Love & Hip I           | Нор но                | Friday After                       |                   | ★★ Ice Cube.         | HD                 | Basketball V        |                      |                   |
|       |           |                        | Rules HD               |                       |                                    |                   |                      |                    |                     | 30 Rock              | 30 Rock           |
|       | HBOW      | The Maze Ru            |                        | True Detecti          | Ve HD                              |                   |                      |                    | R) Melissa McC      | Garthy.              | Neighbors         |
|       |           |                        | Lizard's Sup           |                       |                                    | RoboCop ('87      |                      |                    | Sin City Diar       |                      |                   |
| ₫.    |           |                        |                        |                       |                                    |                   | B" HD                | Masters of S       |                     |                      |                   |
| _     | SHOWW     | Masters of S           | Sex HD                 | Ray Donovar           | 1 HD                               | The Affair: "3    | 3" <b>HD</b>         | Masters of S       | Sex HD              | Swingers ('9         | 96, R) <b>hd</b>  |

| liso i | 7.00                 |                            |                   | mouoi n              |                            | 00.00.10                      |                 | Looui                    |               | IOI LIVO IID          |                   |
|--------|----------------------|----------------------------|-------------------|----------------------|----------------------------|-------------------------------|-----------------|--------------------------|---------------|-----------------------|-------------------|
| 8      |                      | Big Brother                |                   | Extant (TV14)        |                            | Criminal Mir                  |                 |                          |               | Five-0 HD             |                   |
|        |                      |                            | ot Talent: "10    |                      |                            | Last Comic S                  |                 | Local                    | (:35) Tonight |                       | Late Night        |
| 緩      |                      | MasterChef                 |                   | Home Free (          |                            | Local Progra                  |                 |                          |               | Local Progra          |                   |
|        |                      | Ghost Whisp                |                   | Ghost Whisp          |                            | Ghost Whisp                   |                 | <b>Ghost Whisp</b>       |               | Ghost Whisp           | erer HD           |
| щ      | A&E<br>AMC<br>ANIMAI | Duck HD                    | Duck HD           | Duck (N)             | Wahlburger                 |                               |                 |                          |               |                       | Duck HD           |
| 图      | AMC                  | (7:30) Lethal              | Weapon 2 ('8 nced | 9, R) Mel Gibs       | on. <b>HD</b>              |                               |                 | ★★★ Mel Gibs             |               |                       | Lethal 4          |
| ၂၁     | ANIMAL               |                            | nced              | (:01) <b>To Be A</b> | nnounced                   | (:02) <b>To Be A</b>          |                 | (:03) <b>To Be A</b>     | nnounced      | (:04) <b>To Be A</b>  | nnounced          |
|        |                      | (7:00) <b>Movie</b>        |                   |                      |                            |                               | Game HD         | Home Team                |               | Wendy Willia          |                   |
|        |                      | Housewife (1               | V14)              | Flipping Out         |                            | Million Dolla                 |                 | Watch What               |               |                       | Million HD        |
| ١.     |                      |                            | King of Hill      |                      |                            |                               | Dad HD          | Family Guy               |               |                       | Squid <b>HD</b>   |
|        |                      |                            |                   | Dog & Beth           |                            | Dog & Beth                    |                 |                          |               |                       | Сорѕ но           |
| ١.     | CNN                  | Anderson Co                | oper 360°         | Anthony: "Pa         | raguay"                    | CNN Newsro                    | om (N) HD       | CNN Newsro               |               | CNN Newsro            |                   |
| ١.     |                      |                            |                   |                      |                            | Key; Peele Why? (N)           |                 |                          |               |                       | Key; Peele        |
| ١.     |                      | Airplane Rep               |                   |                      |                            |                               | e (TV14)        | Airplane Rep             |               | Air Pressure          | ` '               |
| ١.     |                      |                            |                   |                      | een Beach 2 ('15, NR) Ross |                               |                 | I Didn't но              |               | Avalon High           | ( ' '             |
| ١.     |                      |                            |                   | Total Divas          |                            |                               |                 | E! News (N) H            |               | Stewarts: "M          |                   |
| ١.     |                      |                            |                   |                      |                            |                               | SportsCenter HD |                          |               | MLB Baseba            |                   |
|        |                      | 30 30 н <b>д</b> 30 for 30 |                   | Baseball Tor         |                            | NFL Live HD                   |                 | Olympics                 |               | <b>SportsCente</b>    |                   |
|        |                      |                            |                   |                      |                            | 9, PG) Kevin James. <b>HD</b> |                 | The 700 Club             | ( /           | Just Married          | <b>i</b> ('03) ★★ |
| ١.     |                      |                            |                   |                      |                            |                               | Тор 5 но        |                          |               |                       | Mystery           |
| ١.     |                      |                            |                   |                      | 11, PG-13) ★★              |                               |                 | Mission: Impossible Ghos |               |                       | ,                 |
|        |                      |                            | Desperate         |                      |                            |                               | Hunters         | Property Br              |               | Buying and S          |                   |
|        |                      | American Pi                |                   | American Pi          |                            | The Woodsm                    |                 | (:03) <b>Forged</b>      |               | American Pic          |                   |
|        |                      | Little Wome                |                   | Little Wome          |                            |                               | L. Women        | Little Womer             |               | Little Womer          |                   |
|        | _                    | Catfish: The               |                   | Catfish: The         |                            | Catfish: The                  |                 | Best Dance (             | - ' '         | Teen Mom 2            |                   |
|        |                      |                            | Full House        |                      |                            |                               | Impastor        |                          |               |                       | Friends           |
|        |                      |                            |                   |                      |                            |                               | Cops HD         | Mission: Imp             |               |                       |                   |
|        |                      |                            |                   |                      | ın, Billy Crudup.          |                               |                 |                          |               | R) Jessica Alb        |                   |
|        |                      | Big Bang                   |                   | Big Bang             |                            | Big Bang                      |                 | Conan (TV14)             |               |                       | Conan HD          |
|        |                      | Separate Ta                |                   |                      | tesse (†58, NR             |                               |                 | Breathless (             |               |                       | The Mouse         |
|        |                      |                            |                   |                      | L. Remini                  |                               | I Am Jazz       | L. Remini                |               |                       | I Am Jazz         |
|        |                      | Castle (TVPG)              |                   | Castle (TVPG)        |                            | Castle: "Time                 | Will Tell"      | CSI: NY (TV14            |               | CSI: NY (TV14         |                   |
|        |                      | Trip Flip (TVF             |                   | Food Paradi          | se (N)                     | Food Paradi                   |                 | Man Finds                |               | Food Paradis          |                   |
|        |                      | Raymond                    | Kaymond           | Raymond              | Kaymond                    |                               |                 |                          |               |                       | Queens            |
|        |                      | Law & Orde                 |                   | Suits: "Privile      |                            | Mr. Robot (1                  |                 |                          |               | Suits: "Privilege" HD |                   |
|        |                      | Dating Nake                |                   | Dating Nake          |                            | Twinning (TV                  |                 | Candidly                 |               |                       | Twinning          |
|        | WCN                  | Llow I Mot                 | Duloc up          | Dulae un             | Donko un                   | Donko un                      | Hono up         | Uana un                  | Hono up       | 20 Dook               | 20 Dook           |

black-ish Celebrity Wife Swap



WGN

: HBOW

MAXW SHOWW

How I Met Rules hd Rules hd Parks hd Hope hd

The Drop ('14, R) Tom Hardy, Noomi Rapace. HD True Detective HD

(7:45) **12 Monkeys** ('95, R) ★★★ Bruce Willis. **HD** Ray Donovan **HD** 

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Hope н**b** 30 Rock

Oliver HD Ballers HD John Wick ('14, R) HD

Норе но

Kevin Hart (TVMA) HD

(:20) R.I.P.D. ('13, PG-13) ★★½ Jeff Bridges. HD We're the Millers ('13, R) ★★★ HD (:50) A Wife's Secret ('14, NRAO) HD

Get Rich or Die ('05) HD



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# Powerful Jays poised for a big second half

Cubs, Red Sox could also a make a move down the stretch

ith the season just over halfway complete following the All-Star break, we are starting to get a better feel about how good teams actually are. Here are our predictions for each race in the second half of the season:

#### **AL East**

The Pick: Toronto Blue Jays

The Blue Jays have been victims of bad luck all year, owning a 10–19 record in one-run games, a number that figures to even out soon. The Blue Jays should quickly climb back up the standings, aided by baseball's best slugging percentage and the AL's best run differential.

The Dark Horse: Baltimore Orioles

The New York Yankees may have the best record in the division at 50-41, but the Orioles are playing just as well. With a plus-38 run differential, they have a Pythagorean record (what the stats say they should be) of 50–41, although they are only 46–45 in reality.

#### **AL Central**

**The Pick:** Kansas City Royals

The Royals have the largest division lead in baseball, and that doesn't figure to change soon. The Twins have cooled off to a 20–23 record over the past two months, and the Tigers are battling injuries.

The Dark Horse: Detroit Tigers

The Tigers are aging fast, similarly to the Phillies three years ago, and this may be their last shot at a World Series for a while. They desperately need Miguel Cabrera back, but if Justin Verlander and Anibal Sanchez regain their old form, the Tigers could climb back up the standings.

The Pick: Los Angeles Angels

There's been some off-the-field drama in Anaheim this season, but the team is 41–30 since trading Josh Hamilton. Albert Pujols' return to

relevance certainly helps. The Dark Horse: Oakland Athletics

Their record may indicate they are out of it, but the A's have been playing better than their record shows — since they are an unsustainable 9–22 in one-run games and 2–6 in extra-inning games. GM Billy Beane has never been one to shy away from a big trade.

#### **AL Wild Cards**

The Picks: New York Yankees and Houston Astros

The Yankees have been the only team to grab hold of the mediocre AL East, thanks to the reemergence of Brian McCann, Alex Rodriguez and Mark Teixeira. The Astros have been the darlings of the league and could make a big push by acquiring an ace such as Johnny Cueto at the trade deadline.

#### **The Dark Horse:** Boston Red Sox

Hanley Ramirez, Pablo Sandoval and Mike Napoli have been severe disappointments, combining to produce a minus-1.7 WAR. While a turnaround from the three could be an easy way to reignite the offense, fixing the pitching could be the key. Rick Porcello has a 3.27 ERA over his last two starts, and recently called up Brian Johnson has been dominating Triple-A.

#### **NL East**

**The Pick:** Washington Nationals

Despite a bevy of injuries and disappointing seasons from Stephen Strasburg and Ian Desmond, the Nationals still find themselves comfortably atop the NL East. They still have perhaps the most talented team in baseball.

#### The Dark Horse: New York Mets

The young pitching has been everything promised and more, but the offense needs a boost. That could come in the form of top prospect Michael Conforto, but there isn't much room for him in a crowded outfield that is already hitting fairly well.

#### **NL Central**

The Pick: St. Louis Cardinals

The top team in baseball, St. Louis has seemingly endless pitching, even after trading Shelby Miller and losing Adam Wainwright for

Playing well after going 6-10 before the All-Star break.

Have the largest division lead and best record in the AL.

A trade for another pitcher could push them over the top.

Rendon, Zimmerman and Span could be back soon.

Entering key stretch against the Orioles and Twins.

Lead baseball in pitching WAR, thanks in part to Zack Greinke.

Got swept by the lowly Brewers coming off the All-Star break.

Mike Trout continues to do everything with a walk-off homer.



The statistics indicate Jose Bautista's Toronto Blue Jays have been one of the best teams in baseball this season. With some better luck in one-run games, the Jays could find themselves in the postseason for the first time since 1993.

the season. The Cardinals' offense could see a boost if and when Matt Adams returns from surgery on his right quad.

#### The Dark Horse: Chicago Cubs

The Cubs weren't expected to contend this quickly, but outstanding pitching from unlikely names such as Jason Hammel and Kyle Hendricks certainly has helped. Although Kris Bryant is raking, fellow rookies Addison Russell and Jorge Soler haven't contributed much ... yet.

#### **NL** West

The Pick: Los Angeles Dodgers

Los Angeles has produced the most WAR in the league and could see a boost to their offense with the return of Carl Crawford and potential promotions of top prospect Corey Seager and Cuban star Hector Olivera. The pitching remains top-shelf.

#### The Dark Horse: San Francisco Giants

Although the pitching used to be what carried the team, the script has flipped with the Giants producing the most offensive WAR in the league, thanks to the emergency of Joe Panik, Matt Duffy and Brandon Crawford. A healthy Matt Cain and Jake Peavy (eight combined starts) could work wonders too.

#### **NL Wild Card**

The Pick: Pittsburgh Pirates and Chicago Cubs

Injuries to Josh Harrison and Jordy Mercer and Pedro Alvarez's struggles at the plate should have the Pirates hunting for an extra infielder, but their strong pitching has them comfortably in playoff position. The Cubs also have the trade chips to get a tighter grip on a playoff spot, should they choose to make a trade.

#### The Dark Horse: San Diego Padres

San Diego's sudden rebuild has gone so poorly that it may decide to trade James Shields, Craig Kimbrel and Justin Upton just eight months after acquiring them at high costs. However, the Padres are only seven games out of a wild card spot and have the talent to turn things around if they stick by that talent.

#### ATHLON SPORTS POWER RANKING

2. Dodgers 3. Nationals 4. Royals 5. Pirates

1. Cardinals

6. Angels 7. Yankees 8. Astros 9. Cubs

10. Blue Jays 11. Twins

12. Mets 13. Giants

Top prospect Kyle Schwarber may be up for good. Lead the league in slugging percentage, second in home runs. Last in the league in pitching strikeouts by far 18-inning win over the Cardinals salvages losing series. Sweeping Arizona leaves them a game back of a wild card spot. Kevin Gausman to soon replace struggling Bud Norris in rotation. 14. Orioles 15. Tigers Just 5-7 since Miguel Cabrera went down with a strained calf.

16. Rays

17. Red Sox 18. Athletics 19. Indians

20. Mariners 21. Rangers

22. Padres 23. Braves

25. Marlins 26. Reds

27. White Sox 28. Brewers 29. Rockies

30. Phillies

Fifth in the league in ERA but 25th in saves. Corey Kluber finally gets run support, Tribe takes two of three in Cincy. Mark Trumbo hitting just .219/.252/.298 since being acquired. Martin Perez back 14 months after Tommy John surgery. Time to decide soon if they will trade their All-Star players. Last in the league with 57 home runs. **24. Diamondbacks** Have now lost six in a row after finally climbing above .500. Got swept by the Phillies. Not good. Team ready to sell pieces after hosting the All-Star Game. One of four teams with an on-base percentage below .300. Have quietly won 13 of 17 games.

Lost 13 of 18 but only four games out of a wild card spot.

Prospect Brian Johnson gets chance to fix team's pitching woes.

Predictably, Rockies have allowed most home runs per inning. All eyes are on Cole Hamels, likely to be traded before the deadline.

#### **AROUND THE HORN**

Mike Trout continued his All-Star Game dominance, winning back-to-back MVP awards at the Midsummer Classic. He became the first player ever to win consecutive All-Star Game MVP Awards and joined Willie Mays, Steve Garvey, Gary Carter and Cal Ripken Jr. as the only players to win the award twice. Trout also has now completed the rare All-Star Game cycle for his career, with a homer to lead off the game, the first player to do so since Bo Jackson in 1989. He hit a single in his first at-bat of the 2012 All-Star Game; hit a double in his first at-bat of the 2013 All-Star Game; hit a triple in his first at-bat of the 2014 All-Star Game; and capped it off with a leadoff homer in 2015. ...

**Todd Frazier** won the Home Run Derby under a new timed format that was well received and saw a 26 percent TV ratings boost compared to 2014. Frazier defeated **Joc Pederson** in the finals on the first pitch of a 30-second bonus round and became the first player since Ryne Sandberg in 1990 to win the derby at his home park. ...

The Mets beat the Cardinals 3-1 in 18 innings Sunday, the second-longest game of the season and the second time these teams played for at least 14 innings. Neither team scored for the first 12 innings, and St. Louis' scheduled starter for Tuesday Carlos Martinez came in to pitch the last four innings, earning the loss after he allowed a sacrifice fly to Ruben Tejada and squeeze bunt to Eric Campbell. The game lasted 5 hours 55 minutes. ...

Royals' outfielder Lorenzo Cain is heating up in the month of July, batting .451/.509/.843 with five walks and four strikeouts. Despite missing 10 games this season, he is fifth in baseball with 4.5

University of Louisville ace Kyle Funkhouser was the only first-round pick not to sign, after being selected 35th overall by the Dodgers. Los Angeles will receive the 36th overall pick next year as compensation.

#### **NUMBERS GAME**

**Zack Greinke** extended his consecutive scoreless innings streak to 43.2 innings Sunday with an eight-inning shutout win over the Nationals. He's approaching the MLB record set by former Dodger Orel Hershiser in 1988 (59 innings). Greinke has allowed one run or fewer in 15 of his 19 starts, helping him to an MLBbest 1.30 ERA; no other qualified pitcher has an ERA under 2.00.



#### **TURN BACK THE CLOCK**

July 22, 1999

The Indians lost their designated hitter in a game against the Blue Jays when Manny Ramirez, who was listed as the DH, accidentally took Alex Ramirez's spot in right field. Starting pitcher Charles Nagy and his two pinch hitters went 1-for-4, as Toronto edged Cleveland 4–3. Nagy became the first pitcher to bat in the AL since Jim Kern in 1978.

#### **TRIVIA CORNER**

Billy Hamilton led the league with 44 steals at the All-Star break, 11 ahead of second-place Dee Gordon. Since the turn of the century, only four players have stolen at least that many bases by the All-Star break. Can you name them?



Written and compiled by Ben Weinrib. Follow Ben on Twitter: @benweinrib. Email: bwweinrib@gmail.com

2007), Scott Podsednik (44 in 2005) and Juan Pierre (44 in 2003). TRIVIA ANSWER: Carl Crawford (44 in 2009), Jose Reyes (46 in

Photos: Bautista, Greinke: AP

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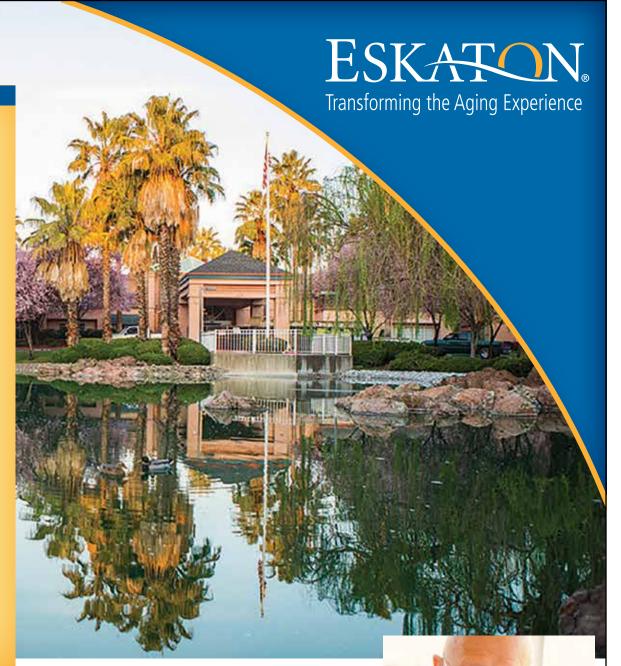
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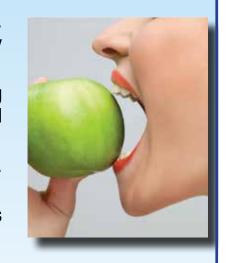
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Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

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