



Carmichael Times

Volume 35 • Issue 15

Serving Carmichael and Sacramento County since 1981

April 10, 2015

Young Professionals Drive Change and "Own It"



Page 7

Couch Theater

Big Eyes



Page 11

Eagle Baseball Flies into Regular Season



Page 7

Come Savor the Taste of Carmichael



Bring your appetite, and a friend or two, and join the Carmichael community as you savor the best of local flavor—the Taste of Carmichael! Photo courtesy of Carmichael Kiwanis

CARMICHAEL, CA (MPG) - It's that time again! Come experience the best Carmichael has to offer at the 13th annual Taste of Carmichael.

Ticket holders can sample food from dozens of American and ethnic restaurants, bakeries, and markets throughout the evening. Valley and foothill wineries and breweries will be on hand to pour you their latest vintages and drafts. There will also be live music and new and vintage cars on display.

Come prepared to win! There will be a number of raffles and a silent auction, so you'll want to bid or buy tickets. Many local businesses and non-profit groups will be represented; just look for the friendly faces and informational flyers among the booths.

Over the years, your participation in the Taste of Carmichael has helped the Carmichael Kiwanis Foundation's charities such as the Kiwanis Family House, local schools, children's programs, and numerous community projects. So bring your appetite, and a friend or two, and join the Carmichael community as you savor the best of local flavor—the Taste of Carmichael!

The Taste of Carmichael is presented by the Kiwanis Club of Carmichael and will be held on May 15th, 2015, from 5:30

p.m. to 8:30 p.m. at Carmichael's La Sierra Community Center, 5325 Engle Road. Tickets for this year's festivities are \$40 and may be purchased at the door or in advance by visiting www.CarmichaelKiwanis.org or calling Karen Borman at (916) 489-4476 or Donna Miller at (916) 944-2137.

Source: Carmichael Kiwanis

Water District Informs Residents of Proposed Rate Increase

CARMICHAEL, CA (MPG) - Carmichael Water District has notified its customers of a proposed five-year rate increase and new rate structure to fund recommendations from the Master Plan/Business Plan/Rate Study. The District is completing its Master Plan/Business Plan/Rate Study effort as promised to its customers during the last rate setting process in January 2012.

Along with the responsibility to provide clean, safe, and reliable water service, the District is required to meet state and federal mandates and debt service obligations. The proposed rate increases are needed to meet these obligations while also funding prudent reserves.

Proposed water rates were developed by a water rate consultant with the assistance of the Water Rate Structure Committee, comprised of five customers of the District (one from each division) and two board members. The water rate study was conducted as part of the update to the District's Master Plan/Business Plan where the Board of Directors conducted several public workshops to consider the District's needs and potential courses of action.

If approved, the initial increase will occur on July 1st, 2015, and will increase the overall level of water rate revenue by 12%. The District has not implemented a rate increase in the last three years. Elements of the proposed new water rate structure include a two-tier water usage rate structure for single-family customers; a uniform water usage rate to apply to condominium, multi-family, and non-residential customers; a consistent and uniform set of bimonthly service charges based primarily on the size of the water meter; and a water shortage rate surcharge that would be tied to District water shortage declarations requiring mandatory water conservation.

The District's Board of Directors will conduct a public hearing so that the opinions of those affected by the proposed rates can be heard. The public hearing will be held on Wednesday, May 20th at 6:00 p.m. in the District's board room located at 7837 Fair Oaks Boulevard in Carmichael.

For more information, please visit www.carmichaelwd.org.

Source: Carmichael Water District



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Classic Cars Cruise into Carmichael



At the Carmichael Elks Car Show, classic collectors' cars from 1919 through 1975 will be exhibited for your viewing pleasure. The show will also feature hot rods, pick-up trucks, muscle cars, customized rat rods, and cruisers. Photo courtesy of Carmichael Elks #2103

CARMICHAEL, CA (MPG) - The third annual Carmichael Elks Classic Car Show will be held on Saturday, April 18th from 8:00 a.m. to 2:00 p.m. at 5631 Cypress Avenue. This event raises funds for the benefit of the Lodge in support of the many community services they perform. General admission to the event is free for the public.

Approximately 100 cars are expected to be on display. Classic collectors' cars from 1919 through 1975 will be exhibited for your viewing pleasure. The Classic Car Show will also feature hot rods, pick-up trucks, muscle cars, customized rat rods, and cruisers. Make sure you check out David Lesch's 1929 model-A custom truck, which won the President's Award at Hot August Nights last year.

There will also be merchandise vendor booths with yard art, metals signs, purses, jewelry, etc. available for sale. Breakfast, lunch, and beverages will also be available for purchase.

This event will be fun for the whole family with kids' activities and raffle prizes. Don't miss the Ring Toss for Prizes

and Bowling for Wine. The silent auction will feature a variety of items, including a fabulous five-day, four-night ocean cruise (details available at the event).

For \$10, you can get eight tickets for the Fifty-Fifty Raffle. Half the total pot will go to the winner, and the other half will benefit the Elks Lodge.

Don't miss the excitement of the Engine Explosion! During this thrilling spectacle, an engine will run without oil. For just \$5, you can place your bet on how long the engine will last. The winning bet will receive 75% of the total pot, with the remaining 25% benefitting the Elks Lodge.

All proceeds raised at this event will go to the Lodge Beautification Project, which will allow the Carmichael Elks to increase memberships and provide more capacity in order to hold charitable events for the benefit of the community. All cash donations are gratefully accepted. For more information, call the Elks Lodge at (916) 489-2103.

Source: Carmichael Elks #2103

Rooting for the Home Team Hero



Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - For baseball legend Dusty Baker (seated), the Carmichael Chamber of Commerce Person of the Year Gala included a walk down memory lane. Old friends and mentors came out of the woodwork

to congratulate the national sports hero who grew up in Carmichael. Long-time buddy Ivory Rubin (left) joined Baker's former Del Campo High School coaches: Jim Jorgenson, Eli McCullough, John Carsten, and Bill Kimble. Former Del Campo Principal Eleanor Brown completed the congratulatory crowd inspecting Baker's awards. ★

Bring Your Treasures to the Antique Evaluation Day

SACRAMENTO REGION, CA (MPG) - If you are a follower of the PBS Antique Road Show, you won't want to miss this opportunity to learn about and obtain an oral evaluation of your family treasures, antiques, jewelry, books, sports and Western memorabilia, Asian art, paintings, and whatever else you've wondered about. Expert qualified appraisers (most of who have appraised for the Crocker Art Museum) will be available on Saturday, April 18th between 11:00 a.m. and 2:00 p.m.



Antique Evaluation Day is an opportunity to learn about and obtain an oral evaluation of your family treasures. Photo courtesy of Welcome Home Housing



Antique Evaluation Day is being held on Saturday, April 18th between 11:00 a.m. and 2:00 p.m. at 2425 Sierra Blvd at the Unitarian Church between Fulton and Howe avenues. Expert qualified appraisers (most of who have appraised for the Crocker Art Museum) will be available evaluate your potential treasures. Photo courtesy of Welcome Home Housing

In the past, attendees have had some wonderful surprises. Last year a lady brought a garage sale rug she bought for about \$20; she learned it was a Persian Prayer rug with a value of \$500. There was also a naked #1 Barbie doll valued at over \$1,000. One attendee brought some junk jewelry that, in fact, turned out to be very real and extremely valuable. A Navaho black pot, an old cross stitch from the 1800s, a Maidu Indian basket, a civil war blanket complete with bullet hole, first

edition books, miscellaneous paintings, baseball cards, and so many other items were found to have unexpected value.

Some learned about the history of their items while others discovered their treasure was junk and they could toss it without guilt.

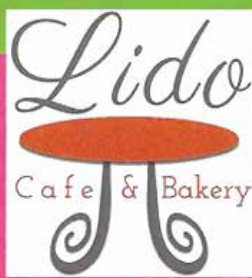
You can have one item evaluated for \$8 or five items evaluated for \$35. The Antique Evaluation Day is being held at 2425 Sierra Blvd at the Unitarian

Church between Fulton and Howe avenues.

This event is a fundraiser for Welcome Home Housing, a non-profit which provides housing for 21 adults with a mental illness. Contact Lynn Smith at (916) 505-5232 or (530) 666-0202 or email ls816@wave-cable.com for more information.

Source: Welcome Home Housing ★

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3rd Annual

Carmichael Elks

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8:00 a.m. - 2:00 p.m.

(Breakfast and Lunch Menu Available)

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LeAnn Rimes Brings Country to the Capital City

By Shaunna Boyd

SACRAMENTO REGION, CA (MPG) - On Saturday, April 25th at 2:30 p.m., LeAnn Rimes will be performing at Bonney Field, 1600 Exposition Boulevard, Sacramento, CA. Special guests will include Neal McCoy, Kellie Pickler, Phil Vassar, Kristian Bush, and Keith Anderson.

When asked what the audience can expect from her live performance, Rimes explained

singing and dedication to her art helped her break into the music industry at a very young age. She said, "It's incredibly hard, and I think it's harder now." Although it is difficult to get a foothold the industry, Rimes does have some advice for aspiring singers, songwriters, and musicians. She explained the importance of getting out there in front of people and getting as much exposure as possible. "You have to stand out and be your own person, your own artist. And you have to offer something that's not already out there. ... You have to hone your craft so when the time comes you're completely ready."

As a well-known country music star, Rimes has ample experience with the pressures of celebrity. But she says it is easier now than in the early days of her career. She said the pressure is "not as strong now as an adult. It can be hard to tune it out, but I'm more at ease now." She's accepted that

the paparazzi are always there; that is the reality of living in LA. Of course, she wishes they wouldn't photograph her when she's out in her sweats, but she's accepted it and they've faded into the background of her life.

When Rimes isn't touring the globe and wowing audiences with her powerful vocals, she and her family love to take advantage of one of the greatest benefits of living in California: relaxing at the beach. Rimes also loves to cook in her spare time. Although she spends so much of her time on a tour bus, her husband convinced her that they should buy an RV and she is thoroughly enjoying that experience. "It's different and so fun. You can go wherever you want, whenever want," she said.

Speaking about her most recent album, *Spiritfire*, Rimes said, "It's the first project, musically, that felt like a complete thought." The process of creating the album "felt great; it was really cathartic." In particular, Rimes said that the song "Borrowed" changed her whole life. She explained that the whole album seemed to write itself with all the emotions she was experiencing, which helped shape her as a songwriter: "It's incredibly honest. ... I didn't know I could go there, that I would allow myself to go there."

The audience at Rimes' upcoming Sacramento show can expect an amazing performance. Don't miss your chance to see this vocal powerhouse and hear her stories expressed through song. The show will be held at Bonney Field on Saturday, April 25th at 2:30 p.m. General admission tickets are on sale now for \$40 and can be purchased at www.ticketmaster.com/leann-rimes-sacramento-california-04-25-2015/event/1C004E51D3E16B12. ★



“Rimes said that the song ‘Borrowed’ changed her whole life. She explained that the whole album seemed to write itself with all the emotions she was experiencing, which helped shape her as a songwriter: ‘It’s incredibly honest. ...’”

that her concerts are like an intimate one-on-one conversation with her as an artist. She looks at each performance as a way of storytelling: "I'm an open book through my music," she said. Rimes used to follow a set list, but now she enjoys playing off the crowd. She connects with the audience and they get to know her personally through her music. Rimes has a great love of all types of music and admires the work of many artists: "I cover Janis Joplin's version of Summertime, and that's probably one of my favorite songs to perform live."

Rimes describes her drive as an artist as an intrinsic part of her nature: "It's like food for me," she said, necessary for her existence. Rimes said, "It's amazing to create something out of nothing, to turn an idea into a song." She tries to take any negative experiences from her life and turn them into something positive. "I'm happiest when I'm creating; it's something I can't stop doing."

Although she is internationally known as a sweetheart of country music, she strives to make good music, regardless of the genre. Rimes explained that a lot has changed since the early day of her career, both personally and in her music. She started performing at such a young age and over the years she has learned, evolved, and grown into herself. "My voice is way different now. It's stronger now, and the stories behind it are stronger," said Rimes. "When you're young, you're not comfortable in your skin. Now I've come into my own as an artist and as a woman."

Rimes has been singing since she was a little girl, and one of the most significant and impactful songs she remembers singing during childhood is Judy Garland's rendition of "Somewhere Over the Rainbow." Her love of



When asked what the audience can expect from her live performance, Rimes explained that her concerts are like an intimate one-on-one conversation with her as an artist. She looks at each performance as a way of storytelling: "I'm an open book through my music," she said. Photos by Sara Hertel

Easter Bunny Spotted Pooches Join Park Egg Hunt

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - The Easter bunny was literally hounded for treats in a new Carmichael Park Easter program last weekend. While more than 1,300 children scrambled for eggs in the traditional human event, the canine alternative drew 24 pets and their owners to the dog



Dalmatians Belle and Ruby cozied up to a gift-bearing rabbit in Carmichael Park.

enclosure. Participation cost \$5 per pooch.

Filled with milk bones and other doggie treats, more than 300 eggs dotted the enclosure turf. On leashes and on command, the pooches competed for their share. A victorious toy Australian shepherd claimed honors for the greatest haul:

31 eggs containing at least that many milk bones.

"They had to engage the eggs with their noses before owners could add them to their baskets," explained a park staffer. "The dogs stayed on leash for the contest and were very well behaved. So were most of their owners." ★



Pretty in pastels. A well-dressed toddler was among 1,300 children who braved the annual egg hunt.

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- SUNDAY** Carmichael Park Farmers Market
5750 Grant Ave, Carmichael (corner of Grant and Fair Oaks Blvd). Sundays 9 am - 2 pm. (Year-round, rain or shine).
- SUNDAY** Land Park Farmers Market
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- WEDNESDAY** VA Mather Farmers Market
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- WEDNESDAY** Fair Oaks Sunset Farmers Market
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- THURSDAY** UC Davis Health System Farmers Market
45th and Y St, Sacramento (UC Davis Medical Center Campus). Thursdays 3 pm - 7:30 pm. (Seasonal; April 23 - October 29).

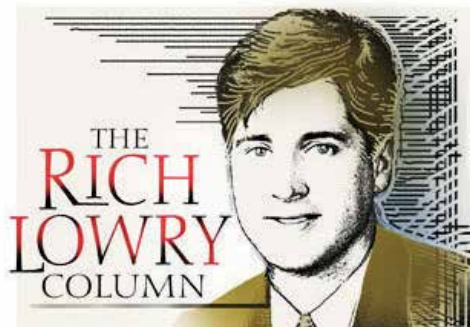
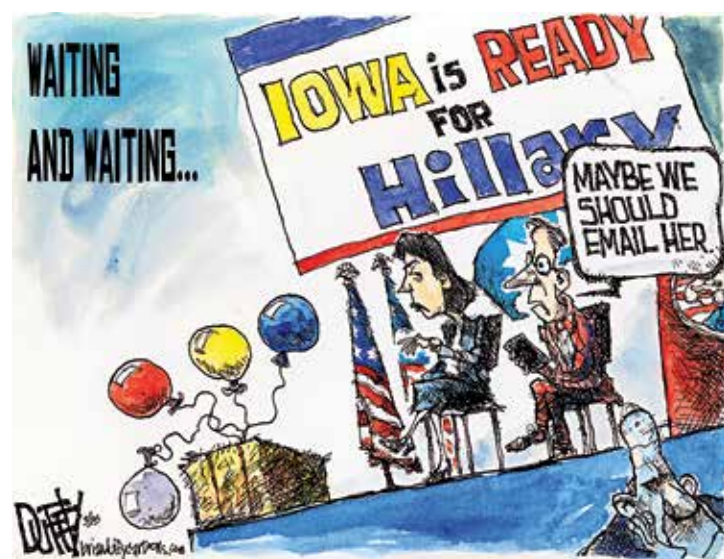
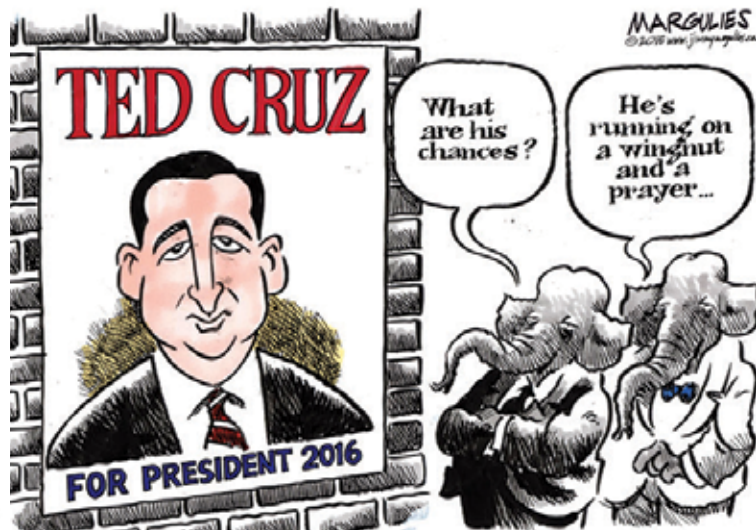
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THE RICH LOWRY COLUMN
By Rich Lowry

A Diplomatic Revolution

The socialist government in France usually doesn't have much in common with congressional Republicans, for whom both France and socialism tend to be anathema. But the French, according to a Wall Street Journal report, are taking the toughest line among the powers negotiating with Iran over its nuclear program and are alarmed by the Obama administration's accommodating approach.

"Some U.S. officials," the Journal writes, "privately believe France is seeking in part to maintain strong ties to Israel and to Arab countries deeply skeptical of Washington's outreach to Tehran."

The Iran deal will nullify the half-dozen U.N. resolutions calling on Iran to halt all uranium enrichment, at the same time

the administration is floating the idea of going along with a new effort to isolate Israel at the U.N., in effect for the offense of re-electing Bibi Netanyahu.

There are barely words for the perversity of this turnabout. It would be a step toward normalizing a rogue state and making a rogue state out of a normal country. It would be a rapprochement with a sworn enemy and a breach with a tried-and-true friend. It would be a diplomatic revolution in keeping with President Barack Obama's purported realism that has little regard for either our deepest-held values or coldblooded interests.

In a Huffington Post interview, President Obama warned that the Israeli-Palestinian status quo is "not a recipe for stability in the region." What stability? The Israeli-Palestinian conflict manifestly has nothing to do with the collapse of Syria into a catastrophic civil war, or with ISIS establishing control over a swath of territory in Iraq and Syria, or Yemen descending into chaos.

Israel holds free-and-fair elections in which Arabs can freely vote, even if Netanyahu made an ill-advised election-day comment about them; in country after country, Sunni and Shia forces kill and maim one another in a vicious fight for dominance by force. Israel builds settlements (mostly in areas that will stay part of Israel in any peace deal); Bashar

al-Assad drops cluster bombs on people, and has reportedly returned to using chemical weapons.

It doesn't take great discernment to see the differences. It takes only a modicum of perspective, which President Obama can't muster as he sets about engineering a rupture with our only democratic ally in the Middle East.

Obama is often accused of amateurism and drift in his foreign policy. In a compelling essay in the online publication Mosaic, Michael Doran argues that the president has always had a strategic vision, with an opening to Iran at its heart.

This explains, Doran contends, the president's muted response to the 2009 democratic protests in Iran; his willingness to allow Iran to take a large hand in the Syrian civil war and hesitance to arm and train moderate Syrian rebels; his gift of sanctions relief to the Iranians, as well as major concessions in the ongoing negotiations; and his accommodation of a heavy military role for Iran in the fight against ISIS in Iraq.

The public campaign against the leader of Israel fits with the overall scheme. It is a testament to the folly and radicalism of this project that even the French have misgivings.

Rich Lowry is editor of the National Review.
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Coaxing Your Cat Into a New Bed

DEAR PAW'S CORNER: My cat hates the open-style pet bed that I bought her, and prefers to curl up in a corner underneath the side table. How can I get her to use the pet bed? -- Charlotte, via email

DEAR CHARLOTTE: Your cat appears to prefer security to comfort, because she's picking the corner of the room, underneath furniture, to rest. If you want her to use the pet bed you bought for her, you must satisfy her need to feel safe and secure.

In an ideal world, cats would appreciate the aesthetic appeal of a well-decorated room and have no problem curling up in a pet bed that is perfectly situated to the owner's tastes. Unfortunately, the real world is one of compromise, particularly with cats. It's clear that your cat wants to sleep where it's warm and

cozy, protected on at least two sides, with some overhead cover. Look for a place in the same room that she sleeps in that has these features and will safely accommodate the pet bed. Place a favorite toy or an article of your clothing in the bed.

Once it's situated, bring your cat over at about the time that she usually curls up in the corner (don't pull her out of the corner if she's already there). Set her in the bed and give her lots of praise. You may need to repeat this step for several nights.

If she still won't use the bed, take it back to the store and look for a replacement, such as a smaller bed or a covered bed.

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Father Detained on Attempted Homicide of Children

CARMICHAEL, CA (MPG) - The Sacramento County Sheriff's Department has arrested a 38-year-old man for attempting to kill his two children at his Carmichael home on Saturday, April 4th.

At approximately 9:00 p.m., Sheriff's deputies responded to a call from the custodial parent, who reported the children had not been returned from a scheduled child visitation. When Deputies arrived at the suspect's darkened home within the 5000 block of North Avenue, they did not receive an answer at the front door but could hear a vehicle engine running inside the locked garage.

Deputies forced entry into the garage and discovered the running vehicle with a hose attached from the vehicle exhaust to the interior. The deputies disabled the hose and opened the car to find two semi-conscious children, aged 8 and 10, in the backseat. They carried the children to the front yard where they further observed both children to have suffered significant traumatic physical injuries. A male, later identified as the children's father, Charles Lee Ewers, was also removed from the vehicle's front seat. All three subjects were transported to a local hospital where the children remain in serious but stable condition.

Further investigations by detectives have determined that the father physically assaulted the children before placing them in the backseat of the vehicle in an attempt to kill the children and take his own life.

The father has been medically cleared for incarceration and was booked into the Sacramento County Main Jail on Tuesday, April 7th on charges of attempted murder and felony child endangerment. He is being held without the possibility of bail.

Source: Sacramento County Sheriff's Department ★

Carmichael Times
Serving Carmichael and Sacramento County since 1981

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Free Weekend Activities at the Nature Center

CARMICHAEL, CA (MPG) - Spring is here, and hopefully April showers will bring May flowers. Come enjoy the fresh air, birds, and flowers at the Effie Yeaw Nature Center (2850 San Lorenzo Way), which is hosting a series of free, fun, and informational events this April. The Nature Center offers lots of fun activities for everyone to enjoy. There is a \$5 per car county entrance fee into Ancil Hoffman Park (free to members). Donations are gratefully accepted.

On Saturday, April 11th at 10:30 a.m., come celebrate Creek Week by exploring the American River, into which many of our local creeks flow. Take a hike to the river and learn all about its journey, see what kinds of animals are living in and along its edge, and find out how you can keep our local waterways healthy and happy! All ages are welcome.

Living in Water: Discover the hidden world of water insects and polliwogs on Sunday, April 12th at 1:30 p.m. Using catch and release

activities, get a close-up look at amazing little animals that live in the pond and can be found in local waterways. All ages are welcome.

For more information about other Creek Week activities, please visit www.creekweek.net. For more information about the Effie Yeaw Nature Center, please call (916) 489-4918 or visit www.sacnaturecenter.net.

Source: Effie Yeaw Nature Center ★

Wonderful Watershed:

Come Have Coffee with Cooley

CARMICHAEL, CA (MPG) - On Saturday, April 11th, Assemblyman Ken Cooley will be hosting two community coffee events at locations in Carmichael and Citrus Heights. During these events, constituents will be able to meet with Assemblyman Cooley to discuss issues important to them, get help with a state agency, or just stop by to say hello.

From 9:00 a.m. to 10:30 a.m.,

Assemblyman Cooley will be at La Bou Bakery & Café, located at 7250 Fair Oaks Boulevard in Carmichael at the corner of Fair Oaks Boulevard and Sutter Avenue.

From 11:00 a.m. to 12:30 p.m., Assemblyman Cooley will be at the Starbucks located at 7088 Auburn Boulevard in Citrus Heights at the corner of Auburn Boulevard and Sylvan Road.

Assemblyman Ken Cooley represents the 8th Assembly District, which includes the communities of Arden-Arcade, Carmichael, Citrus Heights, Rancho Cordova, Rancho Murieta, Rosemont, Wilton, and other portions of unincorporated Sacramento County. For more information, please visit www.asmdc.org/members/a08/.

Source: The Office of Assemblyman Ken Cooley ★

Carmichael SIR Monthly Meetings

CARMICHAEL, CA (MPG) - Sons in Retirement (SIR) is a statewide organization of retired men who enjoy fellowship and interesting activities. With over 150 members, Carmichael SIR Branch 23

participates in a wide range of events.

SIR 23 meets for a monthly luncheon on the second Wednesday of each month at noon at the Carmichael Elks

Lodge, 5631 Cypress Avenue; the cost for lunch is \$15. For more information, call Carroll Hamon at (916) 962-0469 or Bill Sutherland at (916) 481-2137.

Source: Tom Novi ★

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Sacramento County DA Reports

Recent cases of interest



CASE: Sarah Stephens (03/27/15)

PROSECUTOR: Deputy District Attorney Eric Kindall, Homicide Unit

District Attorney Anne Marie Schubert announced today that the Honorable Joseph Orr sentenced Sarah Stephens to 12 years and 4 months in prison. On February 20, 2015, Stephens pled no contest to voluntary manslaughter and felony child abuse in connection with the death of her infant son, Ryder Salmen.

On April 29, 2012, relatives noticed that Stephens appeared to be "out of it" and her 2-month old son Ryder was lethargic. Ryder was taken to an emergency room and methadone was detected in his system. He was given an antidote and revived. Stephens did not have a prescription for methadone at the time.

On September 28, 2012, emergency personnel were called to Stephens' apartment, where they found 7-month-old Ryder dead. Testing revealed he had received a lethal dose of methadone, alprazolam and oxymorphone. Stephens did not have current prescriptions for any of those drugs at the time. Subsequent testing conducted by the District Attorney's Laboratory of Forensic Services determined it was scientifically unlikely the fatal overdose came from breast milk.

CASE: Yanqun Tan (03/27/15)

PROSECUTOR: Deputy District Attorney William Satchell, Homicide Unit

District Attorney Anne Marie Schubert announced that Yanqun Tan was convicted by jury of voluntary manslaughter.

On October 22, 2012, Tan walked into the Sacramento County Sheriff's Central Division Station and reported that she wanted to turn herself in because she had killed her boyfriend. The Sacramento Police Department responded to Tan's residence to find 55-year-old Rujie Fang's body wrapped in plastic.

At trial, Tan testified she suffered emotional, physical and sexual abuse at the hands of Fang, and that he was attempting to rape her when she killed him in self-defense.

Tan faces a potential maximum sentence of 11 years in prison. Sentencing is set for April 24, 2015 at 10:00 a.m. in Department 16 before the Honorable Marjorie Koller.

CASE: Patrick R. Murphy (03/24/15)

PROSECUTOR: Deputy District Attorney Suzanne Salazar, Consumer & Environmental Protection Unit

District Attorney Anne Marie Schubert announced today that Patrick R. Murphy pled no contest to four counts of elder financial abuse and an enhancement acknowledging a pattern of fraud resulting in a loss in excess of \$500,000. The Honorable Jaime Roman sentenced Murphy to 12 years in state prison.

This case was initially submitted by the Contractor's State Licensing Board charging Murphy with acting as an unlicensed contractor. After a thorough investigation by District Attorney Investigator Denise Phillips, a systematic pattern of elder financial abuse was exposed.

Murphy targeted senior citizens he met from doing small construction jobs and repairs at their homes. Once these initial jobs were completed, Murphy quickly added jobs which grew in costs far exceeding the value of the work done. In several instances, payments were repeatedly made for the same work. Murphy also borrowed money from some victims, which he failed to repay.

The investigation revealed more than 12 victims who had been preyed upon by Murphy.



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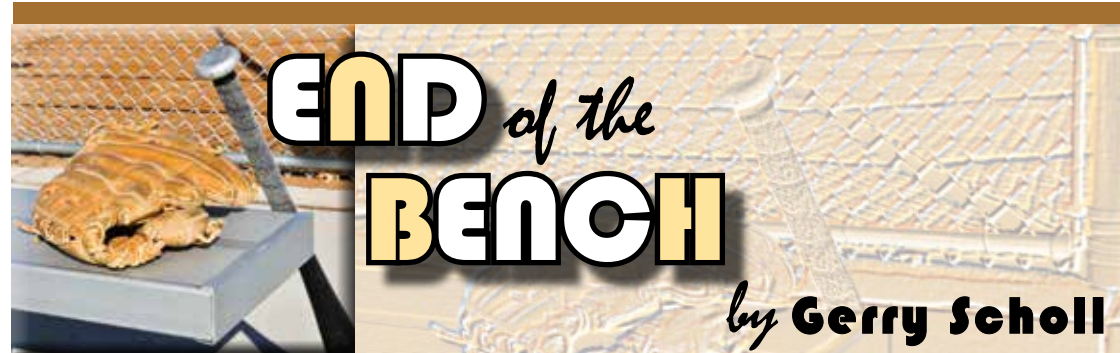
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Lon Says Goodbye, the Giants Say Hello

Going way back, way back, way back...to late December 1958...the young boy had yet to realize that he had just removed the wrappings of what he would one day consider to be the greatest Christmas gift he had ever received.

For sure, it was not an expensive present and, knowing how Santa rolled in those days, it was probably purchased on sale. It was your basic, cheap clock/radio...innocent enough. But in some ways, it proved to be the beginning of the end of certain innocence and ignorance.

The youngster's eyes and mind were opened wide rapidly as he experimented with his new "toy." Just easing into "the age of reason," he was excited to learn so much so quickly about the ways of the world around him, about news, about opinions, about pop culture, about music and the birth and explosion of rock and roll. But all of that was demoted to secondary about three months later when the Great Discovery was made. Just about the time he was gearing up for his first-ever Little League season, to his amazement he stumbled upon Baseball On The Radio!! Love was born and life would never be the same.

"You never forget the first voice you heard," said KNBR radio host Gary Radnich Monday morning. The truth be told.

The voice of baseball was intoxicating as it described the action of the San Francisco Giants and Major League Baseball, and spun yarns about the tales and legends of the national pastime. The first voices were, of course, those of Lon Simmons and Russ Hodges, the two future Hall of Fame broadcasters of the Giants.

Sunday, at age 91, Simmons joined his former partner in the grand broadcast booth in the sky and the congregation of the Church of Baseball must pay homage. It was most fitting that Simmons passed with the recent memory of

his beloved Giants' Game 7 victory in October's World Series and on the eve of the beginning of a new season. His fabled home run call "You Can Tell It Goodbye!" is as much a part of Giants' lore as anything, and now it is time for all of his faithful followers to tip their Giants (or A's, or 49ers) caps and tell him goodbye.

"He was a gift," said current Giants broadcaster Mike Krukow. "He was broadcasting royalty... (but) he was so down-to-earth, so humble...he had the ability to relate to everybody."

Fellow Giants announcer and Hall of Famer in his own right, Jon Miller, who according to his own recollections had very similar experiences to those of the young man in our story above, said that "(Simmons) taught us the game of baseball and the great storied history of the Giants. We all wanted to be Lon and call games for the Giants." Miller added that Simmons' comfortable style was like he was "having a conversation with the listener."

Simmons helped us embrace the historic careers of many of the Giants' all-time stars, including his close friends Willie Mays, Willie McCovey and Orlando Cepeda, and the likes of Juan Marichal, Gaylord Perry, Jim Davenport, Bobby Bonds, the three Alou brothers, Chris Speier, Vida Blue, Darrell Evans, Jack Clark and so many others. When Simmons made the call of McCovey's line-drive out in Game 7 of the 1962 World Series that clinched it for the New York Yankees, to Giants fans it felt as though he was reaching out with his voice to embrace them all with a consoling hug.

He worked Giants games from 1958-73, '76-78 and '96-2002. He also worked 15 seasons for the Oakland A's ('81-95), including calling the final out of the 1989 World Series sweep of the Giants, and called 49ers games for

26 seasons ('57-80 and '87-88), including several of the most-recognizable NFL play calls of all time.

Simmons requested that there would be no special services. But there will undoubtedly be many testimonials offered in his honor and many private toasts of tribute on the part of his fans that feel as though they have lost the voice of a friend in sport.

Simmons would be happy to know that his S. F. Giants opened the new season with a 5-4 victory at Arizona Monday night, as they begin the defense of their third world title. It's easy to imagine that wherever his spirit rests, Lon Simmons will always keep a watchful eye on the diamond.

When the Giants host Opening Day at AT&T Park Monday against the Colorado Rockies there will surely be a moment of silence on Simmons' behalf. It might be a thoughtful gesture when the third championship banner is raised above the stadium to let it fly at half-mast for the day.

Notes: Oh yeah. Taking a back seat to the Simmons news was the NCAA Men's Basketball Tournament and Final Four, which concluded Monday night with a 68-63 Duke win over Wisconsin for Coach Mike Krzyzewski's fifth championship with the Blue Devils. Duke overcame a nine-point, second-half deficit to rally for the win. The Badgers seemed to run out of gas down the stretch and combined with several, let's say "unfortunate," calls in the closing minutes, they were unable to hold on for their first NCAA title since 1941. Wisconsin had a much tougher path to the final, having to defeat Oregon, North Carolina, Arizona and previously-undefeated Kentucky to get there, while Duke had a much easier road, beating San Diego State, Utah, Gonzaga and Michigan State. ★

Young Professionals Drive Change and "Own It"

Emerge Summit Empowers, Engages, and Inspires



The Emmerge Summit was a catalyst for collaboration and connection. The half-day event provided opportunities for young professionals to engage with the community, develop critical business skills, and inspire action to make a difference. Photo courtesy of Metro EDGE

SACRAMENTO REGION, CA (MPG) - Metro EDGE and a coalition of young professional groups from across the region gathered in downtown Sacramento on March 27th for the second annual Emmerge Summit. National in scope and local in focus, Emmerge Summit inspires young professionals to take action to improve their cities, communities, and careers.

The theme of the summit was "Own It"—your career, your city, your future. The summit also featured a welcome message from Mayor Kevin Johnson, a preview of Swan Lake by the Sacramento Ballet, and a DJ set by Z Rokk.

Keynote speaker Ben Casnocha, Silicon Valley entrepreneur and co-author of New York Times bestselling book "The Start-Up of You," led a motivational lineup of fascinating thinkers and doers who presented on their personal experiences, innovative ideas, and journeys to success. Other speakers included Clay Nutting, TBD Fest co-founder and owner of the hip Sacramento bierhall LowBrau; Dr. C.M. Lee Jr., who spoke on topics of persistence, leadership, and purposeful

living; and Erica Taylor, vice president of Communications and Community Relations at Five Star Bank and the Metro EDGE Young Professional of the Year.

This event was a catalyst for collaboration and connection. The half-day Emmerge Summit provided opportunities for young professionals to engage with the community, develop critical business skills, and inspire action to make a difference. In addition to the speakers, breakout sessions were offered by 10 young professional groups from across the region.

Young professionals are playing larger roles than ever in the continued development of Sacramento's economy and overall culture. "The influence of young professionals continues to grow in Sacramento and Emmerge Summit will empower them to drive change," said Michael Marion, chair of Metro EDGE. "We're encouraging the local young professional community and its emerging leaders to get involved and take an active role in their city, community, and career."

The summit offered 11 professional development workshops,

each facilitated by different local young professional programs. Session topics included the Downtown Entertainment and Sports Complex and the Impact of Development, Volunteerism for the Young Professional, and Regional Recruitment and Retention of Young Professionals.

Spearheaded by Metro EDGE with support from the Sacramento Metro Chamber, the Emmerge Summit is a collaborative effort of regional leadership programs including American Institute of Architects Emerging Professionals; Nehemiah Emerging Leaders Alumni Association; Junior League of Sacramento; Roseville Ignite Young Professionals; Sacramento Asian Chamber of Commerce, Catalyst Program; Sacramento Regional Builders Association, NEXT; VSP Young Professionals BRG; United Way's Young Leaders Society; Urban Land Institute (ULI) Sacramento Young Leaders Group; Urban League of Greater Sacramento Young Professionals; and many more.

For more information, visit www.emergesummit2015.com.

Source: FSB Core Strategies ★

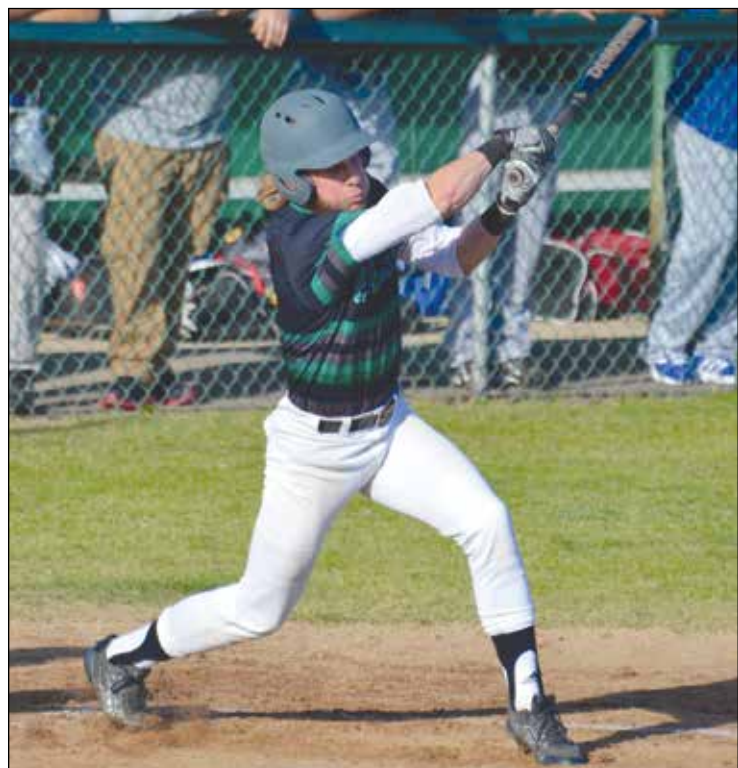
Eagle Baseball Flies into Regular Season

Story by Ben Barber
Interview by Jason Knittle II

SACRAMENTO REGION, CA (MPG) - The El Camino High School varsity baseball team has officially completed their preseason, finishing strong at 5-4. With the majority of their games against Division I and Division II schools, Coach Jon Mauerer is enthusiastic about how they competed.

"A lot of our seniors are really stepping up, doing a good job... We don't have one guy or two guys that are carrying us. We kinda have a different hero every game... Everyone is really doing their job," said Coach Mauerer when asked about key players this year.

Senior Vincent Byrd already has two home runs with fellow senior Jacob Grace chasing with one. While Grace may only be batting 0.243, he's brought in six runners, leading the team in RBIs. Senior Bennett Nichols is batting 0.500 with 24 at-bats under his belt. And junior Coltan Burns, who you might remember from the school's football season, is continuing to raise eyebrows, batting 0.423.



Colton Burns swings away against Grant High School. Photo by Michelle Akana

With three games versus Mira Loma to be followed by three games versus Rio Americano, the Eagles hope to continue their momentum from the preseason to get them in a position to clinch league. "We have a good group and we're starting to come

together at the right time," said Coach Mauerer.

High School baseball games are help anywhere from two to three times a week. Check your school's website for details on game start times and locations. ★

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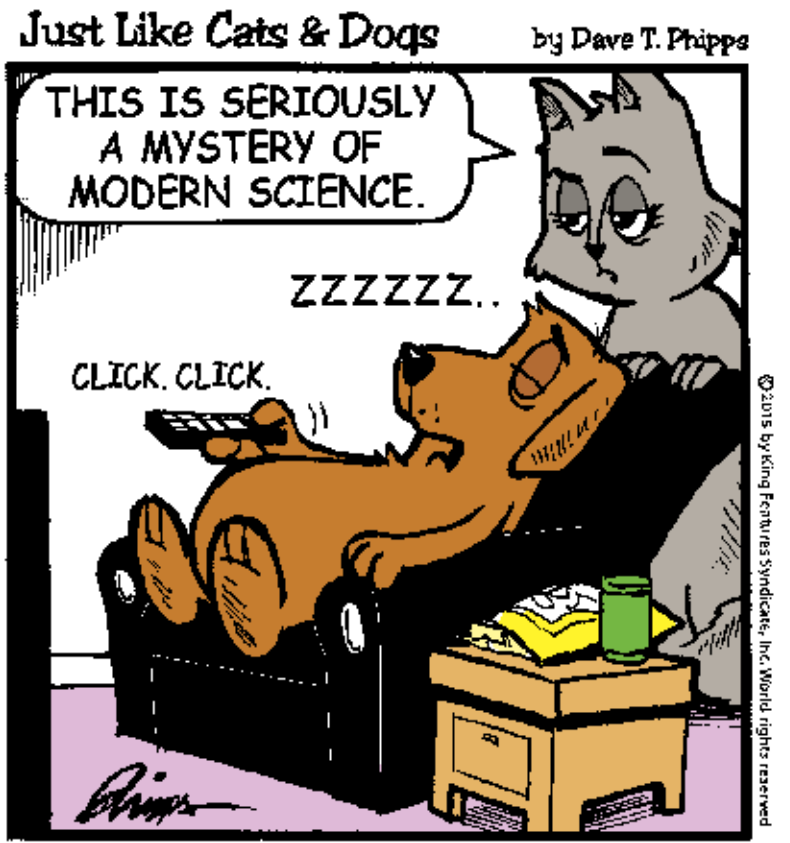
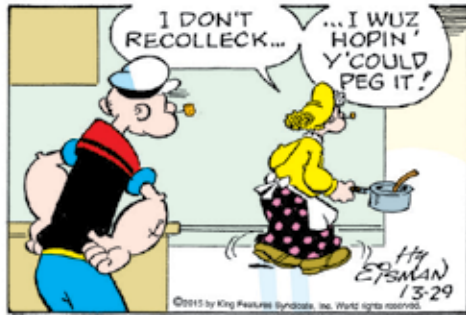
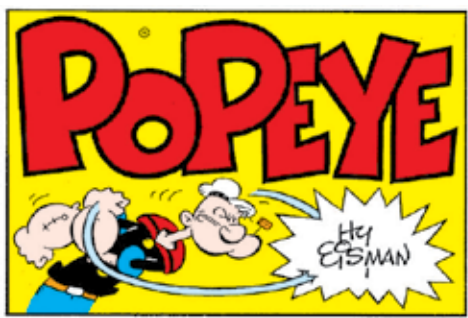
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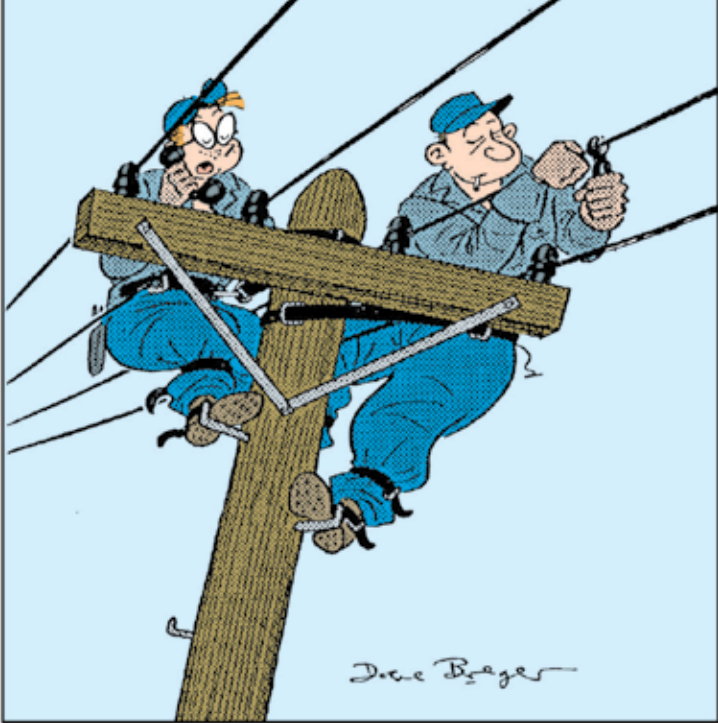
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HUBERT - - By Dick Wingert



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LAFF - A - DAY



"Kindly hold on, please — he's busy on another line..."

"Now that I can afford it, I'm back in college."

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★★★★
 THE SACRAMENTO BEE
 FOOD REVIEW
 FEB 2013



ARIES (March 21 to April 19) A problem in getting a workplace project up and moving might upset the Lamb, who likes things done on time. But be patient. The delay could turn out to be a blessing in disguise.

TAURUS (April 20 to May 20) Your instincts are usually on the mark, so if you feel uneasy about being asked for advice on a certain matter, it's probably a good idea that you opt not to comply with the request.

GEMINI (May 21 to June 20) You might have two minds about a proposed change (which often happens with the Twins), but once all the facts are in, you'll be able to make a definitive decision. Good luck.

CANCER (June 21 to July 22) The Crab's frugal aspect dominates, so while you might be reluctant to pay for technical repairs, the time you save in getting things back on track could be well worth the expense.

LEO (July 23 to August 22) While you Leos and Leonas continue to concentrate on doing well in your work-related ventures this week, consider reserving the weekend for sharing good times with family and friends.

VIRGO (August 23 to September 22) This is a good week to take stock of the important personal, professional or familial relationships in your life and see where you might need to do some intense shoring up.

LIBRA (September 23 to October 22) Your sense of justice makes you the likely person to help deal with a work - or family-related grievance. But you need to have any doubts about anyone's true agenda resolved first.

SCORPIO (October 23 to November 21) The Scorpio passion for getting things done right and on time might rattle some folks. Never mind them. Others will be impressed, and they're the ones you want in your corner.

SAGITTARIUS (November 22 to December 21) Finances could be a mite tight this week. And, while things will ease up soon enough, you savvy Sagittarians will want to keep a prudent eye on your expenses at this time.

CAPRICORN (December 22 to January 19) Although a technical malfunction could cause a temporary delay in getting things up and running, you could use the time to recheck your operation and make changes where necessary.

Got Local News? Call 773-1111

AQUARIUS (January 20 to February 18) You might find it difficult to resist making a snap judgment about a colleague's behavior. But stick with your usual way of assessing situations and wait for the facts to come out.

PISCES (February 19 to March 20) Asking for help with a family situation might be the wisest course to take right now. Just be sure you turn to someone you can trust to do and say the right thing for the right reasons.

BORN THIS WEEK: People see in you a born leader whom they can follow and put their trust in. (c) 2015 King Features Synd., Inc.

Strange BUT TRUE
By Samantha Weaver

- ▶ If you leave a faucet running for a single minute, approximately 3 to 5 gallons of water will be washed down the drain.
- ▶ If you're like 7 percent of American workers, you had a job at McDonald's at some point in your life.
- ▶ According to ancient Chinese medical practice, doctors only got paid once their patients became healthy again.

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top ten
LONGEST OCEAN ANIMALS

1. Mane Jellyfish
2. Blue Whale
3. Sperm Whale
4. Whale Shark
5. Basking Shark
6. Giant Squid
7. Giant Octopus
8. Giant Oarfish
9. Great White Shark
10. Manta Ray

Source: Discovery.com, Smithsonian Museum

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The Garden Bug Planting garlic BY BRENDA WEAVER

Growing garlic causes biochemical changes to take place in nearby plants, actively repelling ants, mosquitoes, aphids, caterpillars, snails, tomato worms, weevils, Japanese beetles, carrot flies, codling moths, root maggots, cabbage loopers, Mexican bean beetles, peach tree borers and rabbits. Garlic plants grow with minimal effort.

Source: www.openpermaculture.com, www.savatree.com, wikipedia.org

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COUCH THEATER -- DVD PREVIEW
By Sam Struckhoff
EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of April 13, 2015.

PICKS OF THE WEEK



Amy Adams in "Big Eyes"

"Big Eyes" (PG-13) -- Walter Keane (Christoph Waltz) was rich and renowned for his eye-catching paintings of tiny girls with big, vacuous eyes. His wife, Margaret Keane (Amy Adams), enjoyed the fruits of the commercial success, all while suffering under weight of one big lie -- she was the painter, she invented the haunting images, and she let Walter talk her into his taking the credit. He told her that people aren't interested in "lady art."

Tim Burton directs this true-to-life tale about the artist whose work rose to great commercial heights in the 1950s and '60s. It's not your usual Burton flick -- a bit toned down, focused on lovingly telling the story of a kitsch artist admired by the director.

"Maps to the Stars" (R) -- Agatha (Mia Wasikowska) has just returned to L.A. Just out of the psych ward, she's speckled with unexplained burn scars, and she has a strange, unwavering look in her eyes. Agatha becomes the personal assistant to a famous actress (Julianne Moore), who is ever melting-down and clawing to get the role that will rejuvenate her career. There also is Agatha's

father (John Cusack), a schlocky guru who counsels Hollywood train wrecks, including Moore's character.

The seedy, needy, murky and alluring underbelly of Hollywood stars in this tale about awful people and their tangling webs of intersecting selfish desires. It's awfully moody and has a rough final act, but it might just be worth it if you're a fan of director David Cronenberg.

"The Babadook" (NR) -- After seeing this movie, it might take you a little longer than usual to get to sleep. This unexpected hit will send shivers down your spine with the story of a creepy, murderous creature who comes into your life and won't leave you until the awful end. Shaken little 6-year-old Samuel (Noah Wiseman) finds a pop-up book called "Mister Babadook," and it gives him terrifying nightmares. His widowed mother, Amelia (Essie Davis), reaches her limit with Samuel's constant bad behavior and wailing about nightmares. Then the Babadook starts to visit her while she sleeps.

"Antarctica: A Year on Ice" (PG) -- Been a long winter? Had it with the ice and snow and general chilling of activities? This documentary shows you the people who can sympathize with that, and then doggedly laugh in your face. The world's loneliest continent also is the world's harshest, coldest environment, and yet there are people living there. Their seasons aren't like ours -- it's always cold, and the nights can last for weeks. This focus on the little things of living life in a frozen, alien world sets this film apart from other nature documentaries that go to extreme places.

TV RELEASES

- "Foyle's War, Set 8"
 - "Haunting: Season 7"
 - "Teen Titans Go!: Appetite For Disruption Season Two Part One"
 - "Jag: The Complete Series"
 - "Metal Hurlant Chronicles: The Complete Series"
- (c) 2015 King Features Synd., Inc.

Comfort foods
Made fast and healthy
by Healthy Exchanges

Spring Rhubarb Meringue Pie

No dessert says spring like rhubarb pie.

1 purchased refrigerated unbaked 9-inch pie crust
1 (4-serving) package sugar-free raspberry gelatin
1 (4-serving) package sugar-free vanilla cook-and-serve pudding mix
3/4 cup water
3 cups chopped fresh rhubarb
6 egg whites
Sugar substitute to equal 6 tablespoons sugar, suitable for baking
1 teaspoon almond extract
2 tablespoons slivered almonds

1. Preheat oven to 450 F. Place pie crust in 9-inch pie plate. Flute edges and prick bottom and sides with tines of a fork. Bake 8 to 10 minutes or until lightly browned. Place pie plate on a wire rack and cool completely.
2. Lower oven to 425 F. In medium saucepan, combine dry gelatin, dry pudding mix and water. Stir in rhubarb. Cook over medium heat for 10 minutes or until rhubarb becomes soft, stirring often. Pour rhubarb mixture into cooled pie crust.
3. In large bowl, beat egg whites on HIGH with electric mixer until soft peaks form. Add sugar substitute and almond extract. Continue beating until stiff peaks form. Spread meringue evenly over rhubarb mixture, being sure to seal to edges. Evenly sprinkle almonds over top.
4. Bake at 425 F for 6 minutes or until lightly browned. Place pie plate on wire rack and allow to cool. Refrigerate for at least 1 hour. Makes 8 servings.

▶ Each serving equals: 159 calories, 7g fat, 3g protein, 21g carb., 203mg sodium, 1g fiber; Diabetic Exchanges: 1 Starch/Carb., 1 Fat.

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Thought for the Day:
"Hell is a half-filled auditorium."
-- Robert Frost
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The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 5.375%. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$100,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$200,000 and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$375 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$50 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-01630 Jay Murphy, 5820 Alom Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sierra Cleaning Company" at 5820 Alom Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 2, 2015. Publish: March 20, 27, April 3 and 10, 2015
SIERRA 150309 4-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-02019 Haidar Dhaiban, 1261 Fulton Avenue #66, Sacramento, CA 95825 and Rana Dhaiban 1261 Fulton Avenue #70, Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "Road Runner Motors" at 1500 El Camino Avenue #B, Sacramento, CA 95815. Filed with the Clerk of Sacramento County March 12, 2015. Publish: March 20, 27, April 3 and 10, 2015
ROAD 150312 4-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-01936 Joyce Wariso, 8401 Tawny Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Jobavic Fashions" at 8401 Tawny Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County March 10, 2015. Publish: March 27, April 3, 10 and 17, 2015
JOBAVIC 150318 4-17-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-02468 Diego Ribadeneira-Garcia, 2989 Fulton Avenue #B, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Hispanic Business Exchange" at 2989 Fulton Avenue #B, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 25, 2015. Publish: April 3, 10, 17 and 24, 2015
HISPANIC 150327 4-24-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176984
WHEREAS, Karina Benavidez and Angell Ruiz have filed a petition with this court for a decree changing the name(s) of Daniel Andrew Harder to Daniel Angell Ruiz. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 5, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 4, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: March 20, 27, April 3 and 10, 2015
RUZ 150311 4-10-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176933
WHEREAS, FNU Abdullah and FNU Huma have filed a petition with this court for a decree changing the name(s) of FNU Abdullah to Abdullah Sameem Mohibi, FNU Huma to Huma Ekhlaya Mohibi, Ahmad Sefar to Seyar Ahmad Mohibi, FNU Sahar to Sahar Sameem Mohibi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 21, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 25, 2015
David I. Brown, Judge of the Superior Court
Publish: April 3, 10, 17 and 24, 2015
ABDULLAH 150325 4-24-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-01914 Melissa Warren, 573 Leeward Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Parties Galore" at 573 Leeward Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 3, 2015. Publish: March 20, 27, April 3 and 10, 2015
PARTIES 150312 4-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-01914 Melissa Warren, 573 Leeward Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Parties Galore" at 573 Leeward Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 3, 2015. Publish: March 20, 27, April 3 and 10, 2015
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PARTIES 150312 4-10-15

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FBNF2014-09186
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Autoamore", located at 7606 Folsom Boulevard, Suite 101, Sacramento, CA 95826. Irfan Kussair, 7979 Double Eagle Way, Sacramento, CA 95829. The Fictitious Business Name Statement referred to above was filed on November 20, 2014 in the County of Sacramento. Publish: April 3, 10, 17 and 24, 2015
AUTAMORE#2 150306 4-24-15

ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176272
WHEREAS, Colee Lee Phillips has filed a petition with this court for a decree changing the name(s) of Colee Lee Phillips to Colee Lee Garwood. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 5, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 11, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: March 20, 27, April 3 and 10, 2015
PHILLIPS 150312 4-10-15

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COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176611
WHEREAS, Daniel and Jennifer Blum have filed a petition with this court for a decree changing the name(s) of Nicholas Scott Jenkins to Nicholas Scott Blum. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 13, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 18, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: April 3, 10, 17 and 24, 2015
SAJADI 150325 4-24-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176925
WHEREAS, Chaeoung Lim has filed a petition with this court for a decree changing the name(s) of Chaeoung Lim to Lois Chaeoung Lim. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 21, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 25, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: April 3, 10, 17 and 24, 2015
LIM 150325 4-24-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176937
WHEREAS, Sayed Mobin Morshid and FNU Samira have filed a petition with this court for a decree changing the name(s) of Sayed Mobin Morshid to Sayed Mobin Sajadi, FNU Samira to Samira Sajadi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 p.m. on May 21, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 25, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: April 3, 10, 17 and 24, 2015
SHUKRAN 150325 4-24-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176925
WHEREAS, Chaeoung Lim has filed a petition with this court for a decree changing the name(s) of Chaeoung Lim to Lois Chaeoung Lim. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 21, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 25, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: April 3, 10, 17 and 24, 2015
LIM 150325 4-24-15

Continued

Website Helps Sacramento-Area Residents Keep Tax Refunds

Partnership Spearheaded Locally By United Way Aims to Keep Dollars in Region

SACRAMENTO REGION, CA (MPG) - MyFreeTaxes.com is helping Sacramento-area residents save money this tax season, thanks to a national partnership between United Way, Goodwill Industries, and National Disability Institute. The program is being spearheaded locally by United Way California Capital Region and aims to provide qualified residents with free, easy tax help they can trust so they can maximize their refund and receive credits like the Earned Income Tax Credit.

MyFreeTaxes.com helps people save an average of \$200 in tax

preparer fees by filing for free. The website guides users through federal and state filing using software powered by H&R Block. Users qualify if their household income was \$60,000 or less in 2014; users will need a valid email address and income forms.

"We want our neighbors to keep more money in their pockets and make our community stronger by taking advantage of tax credits," said Stephanie McLemore Bray, United Way California Capital Region president and CEO. "This website is an easy and effective way to file your taxes and save your money for what

matters most to you."

MyFreeTaxes.com was founded seven years ago and is now available in all 50 states. The website is sponsored by Walmart.

United Way California Capital Region is promoting the program locally as part of its financial stability initiative that is working to ensure more households in the region are financially stable and self-sufficient—including foster youth. United Way's SenSe-Ability project is helping low-moderate income households and foster youth improve financial literacy, manage finances, and increase

savings. Eighty-eight percent of adults in the project are demonstrating better financial skills and have savings accounts, and 90% of foster youth are earning credits toward matched savings accounts. United Way also is leading the local Assets & Opportunity Network as part of the financial stability initiative, mobilizing a group of nonprofits, companies, and volunteers to look at financial stability data in the community and increase the number of people thriving.

For more than 90 years, United Way California Capital Region has brought together nonprofits, businesses,

donors, volunteers, community leaders, and more to meet the community's greatest needs, give immediate aid, and find lasting solutions for future generations. United Way mobilizes members of the community to be first responders in repairing the education level, financial stability, and health of everyone in Amador, El Dorado, Placer, Sacramento, and Yolo counties through donation and volunteer opportunities. To donate or volunteer, visit www.yourlocalunitedway.org.

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ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176941

WHEREAS, Pedro Diaz Nava has filed a petition with this court for a decree changing the name(s) of Pedro Diaz Nava to Ivonne Diaz Nava.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 25, 2015
David I. Brown, Judge of the Superior Court
Publish: April 3, 10, 17 and 24, 2015
NAVA 150325 4-24-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176945

WHEREAS, Aura Jimena Castro has filed a petition with this court for a decree changing the name(s) of Thirza Paloma Rodriguez Castro to Paloma Rodriguez Castro.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 26, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 25, 2015
David I. Brown, Judge of the Superior Court
Publish: April 3, 10, 17 and 24, 2015
CASTRO 150327 4-24-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176952

WHEREAS, Vicenza Stroup has filed a petition with this court for a decree changing the name(s) of Vicenza Stroup to Vyjze Nza Stroup.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 26, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 25, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: April 3, 10, 17 and 24, 2015
STROUP 150327 4-24-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177255

WHEREAS, FNU Waheda has filed a petition with this court for a decree changing the name(s) of FNU Waheda to Waheda AFZALI.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 9, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 1, 2015
David I. Brown, Judge of the Superior Court
Publish: April 10, 17, 24 and May 1, 2015
WAHEDA 150401 5-1-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177252

WHEREAS, FNU Amri has filed a petition with this court for a decree changing the name(s) of FNU Amri to Amri STANIKZAI.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 8, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 1, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: April 10, 17, 24 and May 1, 2015
AMRI 150401 5-1-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177263

WHEREAS, Benito Orozco Jimenes has filed a petition with this court for a decree changing the name(s) of Benito Orozco Jimenes to Benito Jimenez Orozco.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 10, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 1, 2015
David I. Brown, Judge of the Superior Court
Publish: April 10, 17, 24 and May 1, 2015
JIMENES 150401 5-1-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177261

WHEREAS, FNU Najibullah has filed a petition with this court for a decree changing the name(s) of FNU Najibullah to Najibullah Naimi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 9, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 1, 2015
David I. Brown, Judge of the Superior Court
Publish: April 10, 17, 24 and May 1, 2015
NAJIBULLAH 150401 5-1-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177258

WHEREAS, Matthew Ryan Borges-Herzog has filed a petition with this court for a decree changing the name(s) of Matthew Ryan Borges-Herzog to Matthew Ryan Herzog.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 8, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 1, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: April 10, 17, 24 and May 1, 2015
HERZOG 150401 5-1-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177271

WHEREAS, John Robert McCarthy has filed a petition with this court for a decree changing the name(s) of John Robert McCarthy to John Robert Sweetman.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 10, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 1, 2015
David I. Brown, Judge of the Superior Court
Publish: April 10, 17, 24 and May 1, 2015
MCCARTHY 150402 5-1-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177228

WHEREAS, Bryan Douglas Martinez Cliff has filed a petition with this court for a decree changing the name(s) of Bryan Douglas Martinez Cliff to Bryan Tadeja Martinez.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 4, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 1, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: April 10, 17, 24 and May 1, 2015
MARTINEZ 150401 5-1-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177268

WHEREAS, Mildred Elizabeth Bortin has filed a petition with this court for a decree changing the name(s) of Mildred Elizabeth Bortin to Millie Elizabeth Bortin.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 9, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 1, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: April 10, 17, 24 and May 1, 2015
BORTIN 150402 5-1-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00176957

WHEREAS, Dee Pheng Tran has filed a petition with this court for a decree changing the name(s) of Dee Pheng Tran to Johnny Dee Tran.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 27, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 25, 2015
David I. Brown, Judge of the Superior Court
Publish: April 10, 17, 24 and May 1, 2015
TRAN 150403 5-1-15

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY MAXINE GARNER (descendant)
ESTATE NO. 34-2015-00176011

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of MAXINE GARNER, MARY MAXINE GARNER (deceased):

A petition has been filed by JERRY L. GARNER, BRENDA K. GARNER, MELANIE WARMERDAM in the Superior Court of California, County of Sacramento, requesting that JERRY L. GARNER AND MELANIE WARMERDAM be appointed as Executor to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Bond is not required.

A hearing on the petition will be held in this court as follows: April 21, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Michael Richard Stewart, 8452 Fair Way, Citrus Heights, CA 95610 (916) 723-3578
Publish: April 10, 17 and 24, 2015.
AHRENDT 150402 4-24-15

NOTICE OF PETITION TO ADMINISTER ESTATE OF RONALD CLAYTON AHRENDT (descendant)
ESTATE NO. 34-2015-00177023

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of RONALD CLAYTON AHRENDT (deceased):

A petition has been filed by MICHAEL RICHARD STEWART in the Superior Court of California, County of Sacramento, requesting that MICHAEL RICHARD STEWART be appointed as

NOTICE OF PETITION TO ADMINISTER ESTATE OF RONALD CLAYTON AHRENDT (descendant)
ESTATE NO. 34-2015-00177023

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of RONALD CLAYTON AHRENDT (deceased):

A petition has been filed by MICHAEL RICHARD STEWART in the Superior Court of California, County of Sacramento, requesting that MICHAEL RICHARD STEWART be appointed as

NOTICE OF PETITION TO ADMINISTER ESTATE OF RONALD CLAYTON AHRENDT (descendant)
ESTATE NO. 34-2015-00177023

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of RONALD CLAYTON AHRENDT (deceased):

A petition has been filed by MICHAEL RICHARD STEWART in the Superior Court of California, County of Sacramento, requesting that MICHAEL RICHARD STEWART be appointed as

SUMMONS

AMENDED SUMMONS (Family Law)
NOTICE TO RESPONDENT (Name): Joshua Kremer

Petitioner's Name is: Tamara Watson
CASE NUMBER: 14FL06781

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs.

For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelp.ca.gov), or by contacting your local county bar association.

NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

SEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are:
William R. Ridgeway Family Relations Courthouse
3341 Power Inn Road
Sacramento, CA 95826
The name, address, and telephone number of petitioner's attorney, or the petitioner without an attorney are:
Kristine L. Young, Esq.
2377 Gold Meadow Way, Suite 100
Gold River, CA 95670
(916) 631-1996
Clerk: J. Peterson, Deputy
Date: February 25, 2015
Published: March 20, 27, April 3 and 10, 2015
YOUNG 150313 4-10-15

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The same is true about making final arrangements. Who wants to think about, or talk about, death. And with so many more fun things to spend our money on, who wants to pay for it?

Well, just like taxes, death is something unavoidable, and when it's done - what a relief that is. You can then unload that brick from your backpack and have some peace of mind. If you still need motivation, consider these points:

- You get to arrange what you think is best and not expect family members to know your wishes
- You can know that once your pre-arrangements are made, your wishes will be carried out
- You get to relieve your family from that burden of planning your funeral when they are grieving
- You can minimize disputes between your well-meaning relatives
- You can set up affordable monthly payments so the financial burden does not fall to your surviving family members
- You will show your love in a way your family will never forget

We hope these tips are useful. Call us today for an appointment and let us help you unload some bricks from your backpack!



Come to one of our Monthly Free Luncheon or Dinner Seminars to find out more about how you can lighten your load and receive tremendous peace of mind.

Friday, May 28 11:30 am to 12:30 pm
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Wednesday, Aug. 29 (Dinner) 6:30 pm to 7:30 pm

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Seating is limited to 30 attendees per seminar.

Check our website for other locations, dates and times.
www.EastLawn.com



River Cats 2015 Opening Day Roster

SACRAMENTO REGION, CA (MPG) - The Sacramento River Cats announced the 2015 Opening Day roster. The River Cats opened their 16th season in Sacramento with eight players who have spent time with the affiliate San Francisco Giants, including three with 2014 postseason experience.

The River Cats roster was headlined by local talent Andrew Susac (catcher) and John Bowker (infielder), as well as postseason contributors Juan Perez (outfielder) and Hunter Strickland (right-handed pitcher). Susac, Perez, and Strickland all made appearances in San Francisco's 2014 World Championship run and



started their seasons in Sacramento. The three players combined for 26 games played in October.

The River Cats will be led by manager Bob Mariano, who enters his fourth season as manager, although his first with Sacramento. In his previous three seasons with the Fresno Grizzlies, Mariano managed big-leaguers Brandon Belt, Joe Panik, Pablo Sandoval, and others. Hitting coach Andy Skeels, pitching coach Dwight Bernard, athletic trainer James Petra, and strength and conditioning coach Brad Lawson made up the rest of Sacramento's on-field staff.

Full 2015 Sacramento River Cats Roster

Pitchers (13 + 1 DL)

Heston, Chris
Blach, Tyson
Dunning, Jake
Turley, Nikolas
Coello, Robert
Lara, Brauli
Strickland, Hunter
Hall, Cody
Broadway, Michael
Bochy, Brett

Okert, Steven
Rapada, Clayton
Partch, Curtis
Gutierrez, JC (DL)
Catchers (2 + 1 DL)
Susac, Andrew
Quiroz, Guillermo
Brown, Trevor (DL)

Infielders (6)

Bowker, John
Duvall, Adam
Cedeno, Ronny
Triunfel, Carlos
Ciriaco, Juan

Hicks, Brandon
Outfielders (4)
Jackson, Brett
Perez, Juan
Parker, Jarret
Ford, Darren

The River Cats opened their season at home on Thursday, April 9th against the Salt Lake Bees (Los Angeles Angels of Anaheim). For more information, please call (916) 371-HITS or visit www.rivercats.com.

Source: Sacramento River Cats

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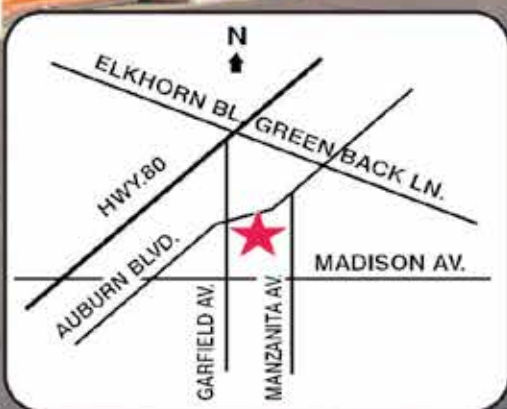
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The cost for these core courses is \$30 total for all 6 sessions. The cost includes lessons/manuals. Additional one or two 2 ½ hour session workshops are offered for \$5 per workshop. Workshop titles include: Digital Cameras, Computer Maintenance, E Bay, Greeting Cards, Downloading, Windows 7, Storage and Backup Files, Flash Drives, etc, and Database.

Senior Computer School is a non-profit organization staffed by volunteer instructors, assistants, and office staff. We train 40-60 students every month with 8 to 16 students in each class. Step by step instructions are conducted with clearly written lessons. There is no need to take notes as the lessons are provided for you to keep after each session. Assistants provide individual help, as needed during each session.

The Senior Computer School learning center is located at the back of the Rio Americano High School campus, 4540 American River Drive, Sacramento, CA 95864. Free parking is available near the levee road, inside the chain linked fenced area. Look for the Senior banner on the Learning Center.

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For more information on how to become a Senior Computer School volunteer or to enroll for classes, contact the Sacramento Computer School Learning center at (916) 485-9572 or email to student2917@hotmail.com

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All American Speedway to Launch 60th Season

By Linda Harper

SACRAMENTO REGION, CA (MPG) - There's something uncanny about the speedway just before opening day of race season. From the spotters ledge, the 1/3 mile oval track looks pitch black against a backdrop of pristine, green infield lawn. The bleachers are shiny and inviting, the pits are groomed and the cement is clean. There's a massive Heritage Oak tree in the pit area standing tall and proud, waiting to shade drivers while they receive their competition instructions.

What's most apparent is the eerie silence. That calm will abruptly vanish on April 11th, when All American Speedway in Roseville opens the gates to its 60th racing season. Four divisions will roar around the track with resounding thunder, sure to thrill



(Below) On April 18th, the second race of the season, Pacific Challenge Late Models will return to All American Speedway, along with North State Modifieds and Pro 4 Modifieds. These traveling series cars and drivers are fierce battlers who put on a spectacular show with edge-of-your-seat action. Photos by Doug Day

anxious spectators.

Included in Saturday's lineup are Street Stocks, Legends,

Bombers and the F-4s. The first race of the season is always exciting and full of anticipation. There

are new cars, returning contenders and familiar drivers, who have been providing action packed racing to devoted All American Speedway fans for decades.

NASCAR's Sprint Cup is the elite racing division everyone recognizes through TV, ticket sales and millions of dollars of marketing. Secondary divisions such as Nationwide and the K&N Series are formulated to bring drivers up the ladder to ultimately join the Cup Series.

However, before attempting to enter any of the NASCAR divisions, most drivers start racing on their community short tracks. Over the years, All American Speedway (AAS) served as a training ground for Kevin Harvick and Clint Boyer who are now weekly contenders in the Sprint Cup Series. Jim Englebright also moved up to NASCAR's nationwide series after completing several seasons at AAS. Although Michael Waltrip didn't train at



AAS, he enjoys navigating the track once a year when he races in the K&N Pro Series.

Community short track racing is true, raw auto racing at its best. It's where enthusiasts evolve into competitive racing participants; where confidence is built and determination is realized. Drivers learn to handle speed and to display competitive showmanship. In the pits, friends and family often make up the crew that build the cars and keeps them racing week after week.

Sponsors are local business owners who pay to keep racing machines in tires and fuel for the season. Hometown race fans tend to remain faithful to their favorite drivers season after season. They create alliances and make life-long friends. It's not unusual to see the same group of fans sitting together in the same spot on the bleachers year after year.

On April 18th, the second race of the season, Pacific Challenge Late Models will return to All American Speedway, along with North State Modifieds and Pro 4 Modifieds. These traveling series cars and drivers are fierce battlers who put on a spectacular show with edge-of-your-seat action.

There are a few changes to note at AAS. There are no races

scheduled for the month of July. In the past it has been miserably hot for drivers and fans in July. Rather than having to call off a race due to heat, officials decided to get out in front of the problem and take July off. Also, the last Saturday of every month is a dark night, when the track will be closed.

During the 2015 season, the speedway will not operate as a NASCAR sanctioned track, except for the annual K&N Pro Series race in October. Lifting the sanction will make it easier for people to race. The hope is that more modifieds and street stocks sign in. For any other ongoing changes, go to All American Speedway's website.

Roseville's All American Speedway is a safe, fun and affordable place for families to enjoy a night out together. The gates open at 4:00 p.m. and racing begins at 6:00 p.m. The track is located at 800 All America City Blvd. in Roseville. Ticket prices are \$10 for adults, \$7 for seniors (60+) and juniors (6-15). Children under 6 are always free. For more information about All American Speedway, call (916) 786-2023, visit www.allamericanspeedway.com or look for them on Facebook. ★

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Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



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