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Carmichael Times

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Serving Carmichael and Sacramento County since 1981

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Dusty Baker Scores for the Home Team

Community Honors Baseball Star



Sports hero Dusty Baker (right), pictured with Chamber of Commerce executive Linda Melody, is the keynote honoree for Carmichael's 2015 Person of the Year gala.

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Homegrown baseball legend Dusty Baker will return to his childhood stomping ground to be named Person of the Year at the March 27th Carmichael Chamber of Commerce gala.

A teenage sports star, Baker was drafted straight out of Del Campo High School (Fair Oaks) to the Atlanta Braves. After playing for the LA Dodgers, the San Francisco Giants, the Oakland

he Perfect

Athletics, and hanging up his bat with 282 home runs, his career morphed to coaching. It famously culminated in his 10-year tenure as Giants manager.

Recalling his coaching days, Baker said, "A coach is a big influence. Young players see more of him than their parents. I am up here because I had a lot of help along the way." Now semi-retired, Baker and his family live in Granite Bay. He tends his boutique vineyard and coowns an alternative energy company; in his spare time, Baker coaches his son's

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baseball team at Carmichael's Jesuit High. "It's great to go back to my amateur roots and see people playing just for the love of the game," he said.

The Hall of Famer is among the more highly sought speakers in his field and sees the Person of the Year nomination as an honor in his home town. "I've had a great ride," he summarized. "How many kids get to wear the uniforms of their heroes? When you meet one of your

Continued on page 6

2009 Nobel Prize Laureate Visits American River College

SACRAMENTO REGION, CA (MPG) - American River College (ARC) is proud to welcome Dr. Carol Greider, 2009 Nobel Prize Laureate in Medicine/Physiology, for a 6:00 p.m. presentation on Monday, March 16th in the ARC Theatre. Seating is limited for the one-hour presentation,

which is titled "Telomeres and Human Disease: Curiosity Driven Research Brings New Clinical

Insight."

ARC

Dr. Greider, Ph.D., is the Daniel Nathans Professor and Director of Molecular Biology and Genetics in the Johns Hopkins Institute for Basic Biomedical Sciences. In the March 16th presentation, Dr. Greider will speak about her pioneering enzyme research that is critical to the understanding of cancer and aging.

Members of the community are invited to attend. Registration is required; please contact Christina Wagner in the ARC Center for Teaching and Learning at (916) 484-8558 or email WagnerC@ arc.losrios.edu to reserve your seat. Donations are requested for the event, which will help raise needed funds for the college's science and engineering programs.

Source: Los Rios Community
College District ★





Reviving the Creative Art of Handwriting

Handwriting Classes Offered at Sacramento Fine Arts Center

CARMICHAEL, CA (MPG) - Phawnda Moore has shared her love of letters with students of all ages in Northern California since the 1970s. She earned a California Teaching Credential in Fine Arts for Adults and a certificate in graphic design from UC Davis. Currently, she teaches

Phawnda Moore has shared her love of letters with students of all ages since the 1970s. She is now offering a new class, Student Handwriting, at Sacramento Fine Arts Center in Carmichael. Photo courtesy of Phawnda Moore

START YOURS TODAY!

calligraphy at the Crocker Art Museum, University Art, Sacramento Fine Arts Center, and throughout the state

and throughout the state.

In her classes, students (often retired educators) lament that due to national Common Core Standards, handwriting is no longer required in curriculum for students. Others have requested that she offer classes for their children.

To Moore, that was a green light. She'd taught handwriting and calligraphy at Lodi Parks and Recreation for eight years

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and worked with students in gifted and alternative education programs. She has also volunteered in the Children's Art Therapy Support programs with Sutter Health in Sacramento.

So she planned a new class, Student Handwriting, at Sacramento Fine Arts Center in Carmichael. It will be held on two Sundays, May 17th and May 24th, from 9:30 a.m. to noon. The cost to attend is \$79, which includes all materials; preregistration with Moore is required.

"Student Handwriting is an opportunity for youth, ages 9-13, to learn a style that is both a historical art form and a personal communication tool. My younger students really enjoy the creative aspect as well, because all children are naturally creative. And research shows that learning handwriting facilitates other kinds of learning, as well as enhancing visual recognition,

Continued on page 6

Newly Planted Trees Will Beautify County Landfill and Provide Habitat

SACRAMENTO COUNTY. CA (MPG) - The Sacramento County Department of Waste Management and Recycling provided just the right environment for a volunteer tree planting event held by the Sacramento Tree Foundation (SacTree): the Kiefer Landfill located in the southeast area of the County. The event's goal was to plant 135 native oak trees on the hillside that faces commuters from Rancho Murieta, eventually covering the barren hill with a beautiful landscape while helping to filter ground water and provide habitat for the native

"At the County Department of Waste Management and Recycling, sustainability is a real priority," said Director Paul Philleo. "One of the most sustainable things we can do is plant trees. As these trees mature, the public land surrounding the landfill will be home to a nice visual landscape and provide a sustainable canopy for the future."



The Sacramento Tree Foundation (SacTree) held a volunteer tree planting event at the Kiefer Landfill located in the southeast area of the County. The event's goal was to plant 135 native oak trees on the hillside that faces commuters from Rancho Murieta, eventually covering the barren hill with a beautiful landscape while helping to filter ground water and provide habitat for the native wildlife. Photo courtesy of Sacramento County

Thanks to the many volunteers led by Sarah McKibbin, SacTree's Urban Ecology Project Manager, the tree planting was a great success. "SacTree's mission is to build healthy, livable communities in the Sacramento

urban forest in the nation," said McKibbin. "By extending and connecting our forestry, we receive the benefits of planting in unpopulated areas and we would like to invite everyone to volunteer with us and advance

The tree sprouts were originally planted in pots as acorns by local third graders. The volunteers who planted the trees were mostly high school students who worked on hand and knee throughout the morning.

Source: Sacramento County ★

College and Career Expo Features Dozens of Exhibitors for Students

SACRAMENTO REGION, CA of Engineers; and many more. (MPG) - A free event to help Sacramento-area students prepare for college and beyond will be held on Saturday, March 14th at Folsom High School in Folsom, CA.

The Career Expo Sponsored by DeVry University will provide a great opportunity for students and parents to get free information from California colleges, law enforcement, and local employers.

Among the dozens of exhibitors at the Career Expo are California State University, Northridge; UC Davis STEM Center; American River College; Folsom Lake College; Bureau of Reclamation; California Department of Corrections; California Highway Patrol; City of Sacramento; U.S. Army Corps

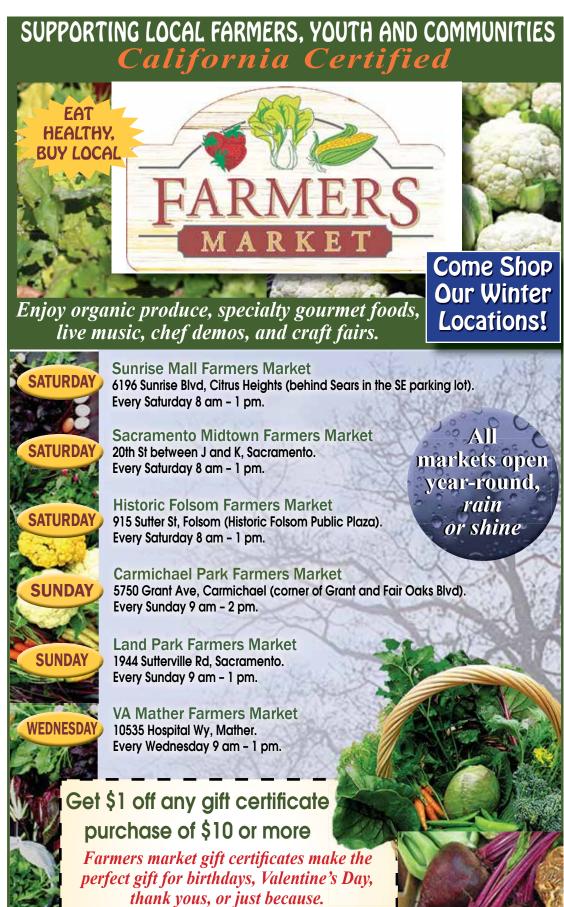
This free event will be held in conjunction with the 2015 Synopsys Sacramento Regional Science and Engineering Fair (Sacramento STEM Fair) from 11:00 a.m. to 5:00 p.m. at Folsom High School located at 1655 Iron Point Road, Folsom, CA 95630.

The Career Expo Sponsored by DeVry University is made possible through the efforts of the Sacramento Regional Science and Engineering Fair Foundation (SRSEFF), which promotes scientific, technological, and engineering excellence among high school and middle school students in the Sacramento region.

Source: Sacramento STEM







Publisher, Paul V. Scholl

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A Night With the Kings

CARMICHAEL, CA (MPG) - Carmichael Recreation and Park District (CRPD) presents a special

evening with the Sacramento Kings at 7:00 p.m. on Friday, March 20th. Come support CRPD as you watch the Sacramento Kings take on the Charlotte Hornets. Enjoy the game with family and friends and save up to 40% with special group seating.

Special group pricing is available starting at just \$24. (Limited tickets are available at this price; when tickets at this price sell out, prices are subject to increase.) To purchase tickets online, please visit oss.ticketmaster.com/html/group_corp_start.htmI?l=EN&te am=sackings&owner=10003162&group=10097&err=&event=&cu stomerID= and use the passcode "Kings."

For more information, please contact Beth Gelender at bgelender@kings.com or call (916) 928-6954.

Source: Carmichael Recreation and Park District ★

Fire Camp Lets Kids Be Firefighters for a Week

SACRAMENTO COUNTY, CA (MPG) - Metro Fire recently opened the application period for Fire Camp, a day camp that takes place from July 7th through the 10th. Fire Camp provides local children a once-in-a-lifetime opportunity to experience today's fire service first hand. The program is designed to instill self-confidence, teamwork, and a basic understanding of the firefighting profession in a fun and exciting atmosphere.

Campers are grouped in "strike teams" of eight campers, and each strike team is mentored by two Metro Firefighters. Campers learn valuable life safety skills while discovering what it means to be a firefighter.

To attend Fire Camp, applicants must be 11, 12, or 13 years of age, with preference given to those living within Metro Fire's boundaries. Applications are processed in the order in which they are received, so apply early for a better chance of securing a spot. The deadline to apply is Thursday, June 4th.

In order for the accepted camper to attend, a parent or guardian must attend a Mandatory Orientation Meeting on June 18th at 7:00 p.m. The fee to attend Fire Camp is \$100 per camper.

Fire Camp will be held at Fire Station 21, located at 7641 Greenback Lane in Citrus Heights near Sunrise Mall, on Tuesday, July 7th and Wednesday, July 8th from 9:00 a.m. to 4:00 p.m. and on Thursday, July 9th and Friday, July 10th from 8:00 a.m. to 4:00 p.m. (end time for Friday is flexible). In order for any child to attend camp, he or she will require daily transportation to and from the camp.

For applications and more information, visit www. metrofire.ca.gov.

Source: Sacramento Metropolitan Fire District



Fire Camp provides local children a once-in-a-lifetime opportunity to experience today's fire service first hand. The program is designed to instill self-confidence, teamwork, and a basic understanding of the fireflighting profession in a fun and exciting atmosphere. Photo courtesy of Sacramento Metropolitan Fire District

CARMICHAEL COMMUNITY UPDATE



By County Supervisor Susan Peters

- Through the generosity of **The** Carmichael Times this column serves to provide an update about matters affecting the unincorporated community of Carmichael.

Dental Expo Volunteers Needed

The California Dental Association reports that one in three Californians lacks access to dental care, including children and the working poor. You can help make a difference in the lives of families in our Sacramento region by volunteering at the upcoming free dental clinic being provided at Cal Expo on March 27th through 28th.

Volunteer dentists with the assistance of other dental professionals will be providing dental services at no charge to the thousands of patients attending—and you don't need to be a dental professional to help. Community volunteers are needed to assist with registration, clinic setup, data

entry, escorting patients, translating, and much more.

For more information and to learn how you can help, please visit www.cdafoundation.org.

Egg Hunt Office Hours

Next month I will be holding "Office Hours" at the Carmichael Egg Hunt, a tradition started in 2005. I will set up a table at the event and residents can drop by and talk about items of interest with no appointment necessary.

My no-appointment-necessary "Office Hours" at the Egg Hunt will occur between 9:30 a.m. and 11:00 a.m. on Saturday, April 4th. The Egg Hunt starts at 10:00 a.m. sharp, rain or shine. In addition, there will be a pancake breakfast that runs

from 7:00 a.m. to 11:00 a.m. The Carmichael Recreation and Park District and the Kiwanis Club of Carmichael are sponsoring the two activities at Carmichael Park, 5750 Grant Avenue.

For more information about the egg hunt, call the Park District at (916) 485-5322 or visit www.carmichaelpark.com.

American River Parkway Spring Clean-Up

Mark your calendar for the "Spring Clean-Up" of the American River Parkway, which will be held Saturday, April 11th from 9:00 a.m. to peop.

The American River Parkway Foundation sponsors this annual event as one way to maintain the natural habitat that comprises this 23-mile stretch along the American River.

Volunteers can register online and many students use the event as a way to earn community service credits for school. More information can be obtained online at www.arpf.org.

Effie Yeaw Nature Center Gala

Mark your calendars for Saturday, May 30th, which is the date for this year's Annual Gala and Art Auction benefitting the Effie Yeaw Nature Center.

This special event always features delicious food, wine, music, and art depicting the American River Parkway and its wonders of nature. Proceeds benefit the Nature Center and the American River Natural History Association (ARNHA), a nonprofit organization that supports educational and interpretive activities in the American River Parkway.

Your support is especially wel-

comed since the operation of the Nature Center has been assumed by ARNHA as the result of a cooperative public-private partnership with Sacramento County's Department of Regional Parks.

For more information, please call (916) 489-4918 or visit www. sacnaturecenter.net.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susanpeters@saccounty.net. ★



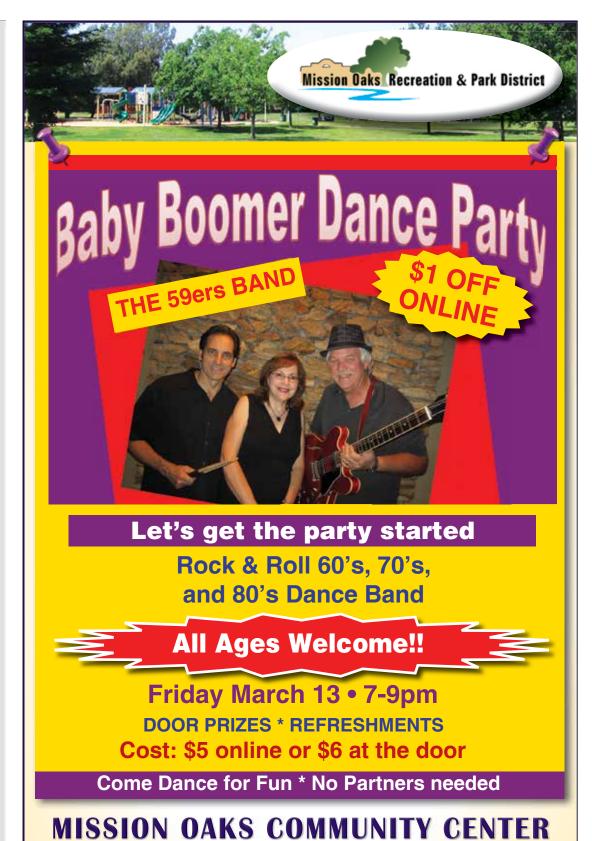
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Final Gutter Ball at Crestview Lanes



Story and photo by Shaunna Boyd

CARMICHAEL, CA (MPG) -Crestview Lanes in Carmichael closed down in 2010 after almost five decades of operation. The entire area has since been shuttered and surrounded by a chain-link fence, and demolition on the building was recently undertaken. Once the building is

demolished, it will leave a large empty space in Carmichael near the corner of Manzanita Avenue and Winding Way. What will fill the void left by this local landmark?





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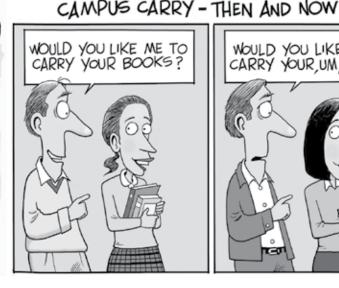
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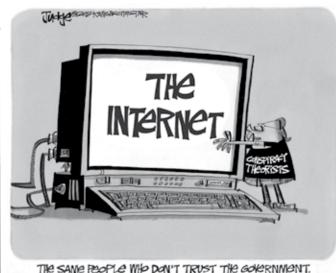


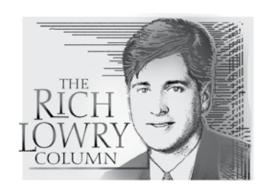
Carmichael Times . 5 March 13, **2015**











THE RICH LOWRY COLUMN By Rich Lowry

Yes, Liberals Are Less Patriotic

Former New York City Mayor Rudy Giuliani instantly became the most notorious man in America when he said at a conservative dinner in Manhattan that President Barack Obama doesn't love America.

He gamely tried to defend the remark for a few days before issuing a semi-mea culpa in The Wall Street Journal regretting his "bluntness" and saying that he "didn't intend to question President Obama's motives or the content of his heart."

That was probably the inevitable endpoint once the words came out of his mouth, since it is an unwritten rule of American public life that only liberals are allowed to call their adversaries "unpatriotic." Rudy Giuliani isn't Nancy

Pelosi or Harry Reid, who have both unloosed the "un-American" bomb on conservative opponents without any risk of getting hounded from polite society.

The reaction to Giuliani's comment was so harsh, in part because he referred to Obama's upbringing. This was taken as a sign that he was "othering" Obama, or playing to dark fears about the president's past. Cue the wailing and gnashing of

But no "othering" is necessary. To be less patriotic than the average American is, as a matter of fact, a standard characteristic of the typical American liberal. The survey data are clear: There is a patriotism differential between the right and the left. Which doesn't mean that liberals don't love the country in their own fashion, but their love is not reflected in old-fashioned pride in country.

A Pew Research survey last year found that 46 percent of "steadfast conservatives" believed that the U.S. stands above all other countries; only 11 percent of "solid liberals" believed the same. Seventy-two percent of steadfast conservatives said they often feel proud to be an American; only 40 percent of solid liberals said they do.

Gallup headlined its write-up of a 2010 survey "One in Three Americans 'Extremely Patriotic': Republicans, conservatives and seniors most likely

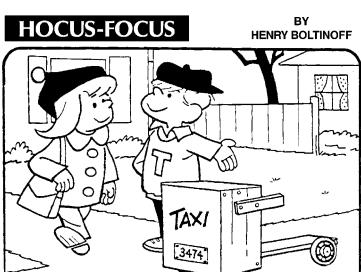
to say so." According to Gallup, 52 percent of Republicans and 48 percent of conservatives called themselves extremely patriotic; only 20 percent of Democrats and 19 percent of liberals did.

Edmund Burke famously said that "to make us love our country, our country ought to be lovely." For the left, America is lovely to the extent it corresponds to a progressive vision of a European-style welfare state that leads from behind in international affairs and pounds its chest less about its own greatness and exceptionalism. The America it can feel proud of exists not in actuality, but in prospect, as a vessel for a distinct ideological vision.

Needless to say, it is hard to pursue this project while simultaneously feeling what George Orwell, in his definition of patriotism, called "devotion to a particular place and particular way of life, which one believes to be the best in the world."

None of this means that questioning any particular politician's patriotism will ever be considered in bounds. But if Giuliani had stood up before that room of conservatives and said that liberals don't feel about this country the way we do, he would have been on unassailable ground, and had the data to prove it.

Rich Lowry is editor of the National Review. (c) 2015 by King Features Synd., Inc.



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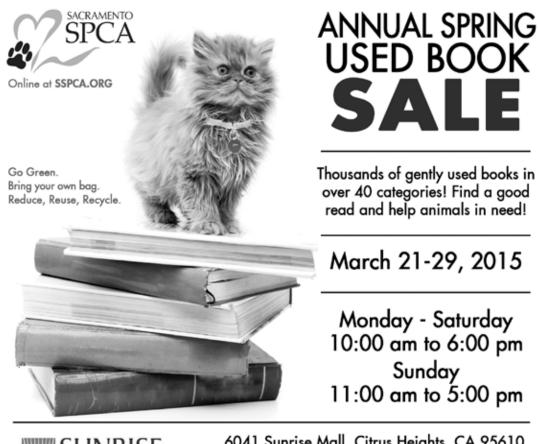
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Shouldn't California Have the Best Roads By Now?



Commentary by George Runner

If high taxes guaranteed results, then California should have some of the best roads in the nation. For years, we've had one of the highest gas taxes, yet our freeways consistently receive failing grades.

It makes no sense unless you admit that high taxes don't guarantee good roads. That's one of many reasons I had no trouble voting with my State Board of Equalization colleagues to approve a six-cent cut to the state's gas tax. Under a confusing and complicated law commonly known as the "gas tax swap," the state has been over collecting tax dollars as gas prices have fallen. The new rate helps solve this problem.

Any tax cut is a rare bit of good news for overtaxed Californians. This gas tax cut also has the added benefit of partially offsetting the cost of a new hidden gas tax that took effect January 1st to help fund high speed rail and other so-called anti-global warming efforts.

California will still have one of the highest gas tax rates in the nation, but even so, not everyone is pleased to see the tax go down. In fact, some government officials are devising new schemes—like mileage taxes and road user fees—aimed at getting even more of your dollars.

But before you send any more money to Sacramento, you deserve a clear picture of just how much money the state already receives for transportation and how those dollars are

Here are a few key facts the media often fails to report:

Fuel tax revenues have grown Even as vehicles have become more efficient, fuel tax revenues grew 35% in the past 10 fiscal years—from \$6.5 billion to a record \$8.7 billion. Most of these dollars are reserved for transportation, although some sales tax dollars go directly to local governments.

Total transportation spending is an estimated \$28 billion -Fuel taxes are only one piece of the transportation funding puzzle. The Legislative Analyst's Office estimates total transportation funding in California from all sources of government is \$28 billion. About half of this funding comes from local governments and a quarter each from the state and federal government.

There's plenty of money available – Governor Brown's proposed \$113 billion General Fund budget would be a record high for state spending. Even so, it provides very little funding for transportation. Perhaps because most transportation funding now comes from special funds, California's spending on highways is below average when compared to other states. At the same time, California's overall state spending and welfare spending both exceed the national average. If we need more funding for roads, why not use General Fund dollars like we did in the past? It's all about

California taxpayers are not getting good value for the dollars they send to Sacramento. Due to questionable laws and regulations, the cost of transportation and infrastructure projects is far higher in California than other states. It's a tough sell to say Sacramento needs more money when projects like high speed rail and the Bay Bridge are plagued by waste and cost-overruns.

The State of California ought to be investing your tax dollars wisely and cost-effectively, not wasting them on bullet trains and bureaucracy. If our leaders spent less time concocting new tax schemes and more time properly stewarding existing funds, perhaps we'd all spend less time stuck in traffic. Maybe someday we could have the best roads again, too.

George Runner represents more than nine million Californians as a taxpayer advocate and elected member of the State Board of Equalization. For more information, visit www.boe. ca.gov/Runner.

State Senate Honors Women's Club for Tree Project



GFWC California Federation of Women's Clubs President Chris Herzog, (third from the right) poses with fellow CHWC officers and State Senators following recognition by the Senate for a conservation project to identify all species of trees at the Sacramento Capitol Park. From left to right: Sen. Ted Gaines, Toby Kahan, Pat Harvey, Dori Kelsey, Sen. Joel Anderson, Sonya Matthies, Chris Herzog, Sen. Jeff Stone and Sen. Mike Morrell.

Story and photo by Elise Spleiss

SACRAMENTO REGION, CA (MPG)

- A delegation of five leaders from the California Federation of Women's Clubs (CFWC) was recognized on February 26th on the floor of the California Senate for a conservation project that will soon benefit visitors to the Capitol Park from all over the country and the world.

CFWC President Chris Herzog of San Diego County received a Certificate of Recognition from Senator Joel Anderson for the work of the organization's members in donating nearly \$17,000 to purchase tree markers to identify every species of tree in the Capitol Park which covers 40 acres and spans 12 city blocks.

CFWC was organized in January of 1900 and became the 37th state to join the General Federation of Women's Clubs (GFWC) in May of the same year. When the CFWC was founded, one of the two standing committees was the Forestry Committee. Its first project was conservation of the redwood trees on our California coastline, helping to found the "Save the Redwoods League" in the early part of the 20th century.

GFWC was also involved in the creation of the National Parks Service since its establishment. Mary Bell King Sherman, the GFWC Conservation Chairman later to be GFWC president is credited with helping to found six National Parks & the National Parks Service during the Progressive era. She became known as the "National Parks Lady".

In 2011 CFWC made a commitment to the Capitol Park that they, as an organization, would purchase tree markers to identify every species of tree in the park. Their members have been working towards that goal since 2011 and will soon begin to see the result of their work as the trees in the park are identified.

Some of the trees were gifts to the people of California from other countries and governments, some are native to California, and some were planted in 1897 from Civil War battlefields while many others are still unidentified.

The cost of the tree markers will be entirely paid for with donations from the members and the clubs of the CFWC at a cost of \$15 per tree marker for 1,140 of trees at an approximate sum of \$17,100.

The state legislature has voted and passed that the Capitol Park may accept this donation of money for this express purpose of identifying all the trees in the Park for all

In a separate recognition by the County of Sacramento, it was declared by proclamation, "Be it resolved that the County of Sacramento declare the week of February 22 through the February 28, 2015 Capitol Park Tree Week to honor this donation.'

It was further resolved, "That the County of Sacramento commend the CFWC for its tireless work on Conservation projects and this project to name all the trees in this Capitol Park that belongs to every citizen in the great state of California."

Senator Gaines Introduces Legislation to Provide State Fire Tax Relief

SACRAMENTO REGION, CA (MPG)

- In his continued efforts to fight against the illegal fire tax, Senator Ted Gaines (R-Roseville) introduced legislation that would lengthen the time homeowners have to pay or protest the annual \$150 fee.

"Problems with timely mail delivery can be an issue in mountain and rural areas of my Senate District," said Senator Gaines. "The current deadline does not allow residents in these communities nearly enough time to pay or protest their fire fee bills before they start accruing penalties. I hope my bill will provide some much-needed relief to these homeowners'

Senate Bill 250 would give anyone who owns a property within a State Responsibility Area (SRA) 60 days to pay or dispute the yearly fire-prevention fee, rather than the 30 days the existing law provides.

If a taxpayer misses the 30-day cutoff date to appeal the fee, they must first pay the fee and then file a claim for its refund, should a judge ever order the state to refund the payments. SB 250 would add California to the list of 20 other states that give homeowners at least 60 days to file such petitions.

The fire tax is an annual levy imposed on the owners of more than 800,000 properties in the state that are within the boundaries of SRA. According to census and Cal Fire data, Senator Gaines' largely rural district includes roughly 20% or approximately 160,000 of the properties whose owners are subject to the fee.

This bill is sponsored by Board of Equalization Vice Chair George Runner. "The confusing and controversial fire

fee is tax policy at its worst," said Runner. "It should be eliminated entirely, but until then, SB 250 is a step in the right direction. Increasing the payment due date will help lessen the burden of this illegal tax on rural homeowners."

Senator Gaines has been a leading critic of the tax and has introduced numerous pieces of legislation in previous years that attempted to provide relief for rural Californians. He also strongly supports the lawsuit filed against the state by the Howard Jarvis Taxpayers Association challenging the fee on constitutional grounds.

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra and Siskiyou counties.

Source: Senator Ted Gaines ★

Senator Nielsen Pushes for anctruction of Citac Pacary UG2GI ANII

SACRAMENTO REGION, CA (MPG) -At a gathering of leaders in the State's water policies, Senate Jim Nielsen (R-Gerber) pushed for unity to secure funding from Proposition 1 to build Sites Reservoir.

"Sites Reservoir is best positioned to help increase our water supply, improve flood protection, improve water quality, and enhance water resources for the foreseeable future," said Senator

Nielsen. Citing the public benefits for all Californians, Nielsen touted the hard work that resulted in the passage of the water bond last November and asked stakeholders to work together to increase California's water supply. "While the construction of

Sites and Temperance Flats Reservoirs won't bring relief to the current drought, we must build for the future generations of Californians."

The meeting in Auburn was hosted by Mountain Counties Water Resources Association, a group of private and public leaders from 15 mountain counties whose mission is to "unite agencies, groups, and individuals whose interests include protecting and enhancing Mountain County water resources."

John Kingsbury, Executive Director of the association, echoed Senator Nielsen's

sentiments. "In addressing the state's water needs, we must emphasize the importance of our natural infrastructure and having a healthy and resilient watershed in addition to building new above-ground storage. We thank Senator Nielsen for his leadership to gather and galvanize all stakeholders."

Senator Jim Nielsen represents the Fourth Senate District, which includes all or portions of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama, and Yuba counties. To contact Senator Nielsen, please contact him at (916) 651-4004 or via email at senator.nielsen@senate. ca.gov.

Reviving the Creative Art of Handwriting

Continued from Page 1

because it's a good activity for the brain," said Moore.

Moore remembers a time when a handwritten note made her day: She was the editor for the California Community Colleges Chancellor's Office, and the style guide she'd written for the 112 colleges was selected for a national Clarion Award. "When the news reached Chancellor Jack Scott, he wrote a note with a lovely message and left it on my desk. It was something he did for many. Jack was very thoughtful, and his handwritten note far surpassed the best emails," she said.

When teaching, she delights in connecting to the creativity of her students through art collaboration. The technique allows students to create a single project

with their individual selection of colors, strokes, or tools. In 2009, she worked with students to create a holiday card for the Placer County Office of Education and received national recognition from the National School Public Relations Association.

"There's a lot of interest for this class," Moore said. "It's an introduction to a skill that will serve young people well throughout their lives in business and in human relationships. We should always find the time to express what is meaningful and to nurture our creativity. It matters-to us and to others."

To register, contact Phawnda Moore at phawnda@sbcglobal. net or at (916) 630-0505. Her work is available for viewing on Facebook: Calligraphy and Design by Phawnda.

Source: Phawnda Moore ★

Dusty Baker Supports the **Home Team**

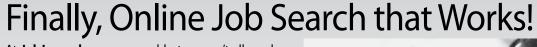
Continued from Page 1

heroes and find him down to earth, it increases your faith in mankind.

"When we came here from Riverside in 1965, the Bakers were one of the few black families in Carmichael. These days, kids thank me for helping race relations in this community. I hope I have.

'My father told me, 'Son, your purpose in life is to serve.' Yeah, I can do that."

The Carmichael Chamber of Commerce's Person of the Year celebration will be held on Friday, March 27th at the La Sierra Center (5325 Engle Road). A social hour begins at 6 p.m. followed by dinner and presentations. Anyone may attend. The \$65 admission includes dinner and a non-host bar. For reservations and sponsorship information, call the Chamber at (916) 481-1002 or visit www.carmichaelchamber. com.



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March 13, 2015 Carmichael Times • 7



RESET YOUR LIFE

Are we facing an epidemic? And no, it's not a virus. It's diabetes. Would you believe nearly 26 million Americans have Diabetes? And, there's a threat to an additional 80 million adults and children. The World Health Organization has tagged diabetes as the health hazard of the 21st Century. There are two types. Type 1 usually occurs during childhood. Type 2, the most common form of the disease, occurs in adults. Imagine controlling, avoiding, and reversing diabetes. Now you can. So what do we do? **Dr. George King** has come up with 8 strategies that are simple yet dramatically life changing. He has pulled together research conducted by the world's most respected and largest group of diabetes researchers from Harvard's Joslin Diabetes Center. He told me on my POPPOFF Radio Show that implement just one of the strategies and your Diabetes will

POPPOFF!

with Mary Jane Popp

improve. Go for all eight, and your body will reset its glucose metabolism. So comes his book "The Diabetes Reset." Let's get to those simple strategies that can change your life.

1) CUT YOUR FAT IN HALF, DOUBLE YOUR FIBER. Switch to a high-fiber diet of 70% complex carbohydrates, 15% fat, and 15% protein. He disentangles the myths and confusion surrounding carbs, fats, proteins, and fiber, and shows why all carbs are not bad and sugar is not the root of all evil.

2) INCREASE YOUR MUSCLES' GLUCOSE-ABSORBING ABILITY THROUGH AEROBIC EXERCISE AND STRENGTH TRAINING. 80% of the glucose circulating after a meal is handled by the skeletal muscles. Fat deposits in Muscles trigger harmful inflammation, which can be corrected with a balance of strength and aerobic training...and in turn increase glucose sensitivity.

3) ACTIVATE YOUR BROWN FAT (WHY NOT ALL FAT IS BAD FOR YOU). Brown fat is activated in the cold, and helps you burn up to 15% more calories. Brown fat activity is boosted fifteen-fold at 65 degrees F during exercise, when exposed skin meets the cold air.

4)BECOME AN INFLAM-MATION FIGHTER. Chronic, low-grade inflammation is a major contributor to a host of issues including type 2 diabetes. Inflammation can be measured by C-reactive protein levels (CRP), easily checked in your annual blood test, and is crucial to interpreting your risk of Diabetes, and cardiac arrest.

I will get to the last four strategies in my next column, but keep in mind that, within each chapter of "The Diabetes Reset," Dr. King provides evidence to support the strategy and advice on adopting it into a daily routine. It also busts the myths that keep Americans from changing their habits, and outlines a clear twelve-week implementation plan with a tool to track your progress. Dr. King M.D. is research Director and Chief Scientific Officer at the Joslin Diabetes Center. He is one of the most sought-after speakers on diabetes and diabetes-related issues. Dr. King explains why preventive care is important for everyone regardless of current health or family history—including the surprising role of dental care and hygiene in Diabetes prevention. We'll get to the rest of the story in my next POPPOFF column. I don't want you to become a statistic!

Sacramento County DA Reports



CASE: Lafonzo Ray Turner (03/04/15)

PROSECUTOR: Deputy District Attorney Jennifer Tucker, Prison Crimes Unit

District Attorney Anne Marie Schubert announced today that Lafonzo Ray Turner was onvicted by jury of battery on a custodial officer with a great bodily injury enhancement. The Honorable Eugene Balonon sentenced Turner to the maximum sentence of 18 years in prison.

Turner was an inmate in the California State Prison Sacramento. On September 14, 2013, he became disruptive in the visiting room. His visit was terminated and he was instructed by the victim, a correctional officer, to return back to the prison yard. Turner refused and then struck the victim in the left eye, causing an orbital fracture and concussion. He continued to attack the victim before other officers intervened.

Turner had been serving a 50 to life prison sentence for a 2007 murder with a firearm conviction.

CASE: Albert "Christopher" Sanchez (03/04/15)
PROSECUTOR: Deputy District Attorney Laura Froome, Domestic Violence Unit - High Risk Offenders

District Attorney Anne Marie Schubert announced today that Albert "Christopher" Sanchez as convicted by jury of attempted murder. The jury also found true that he personally used a deadly eapon in the commission of the crime and that he inflicted great bodily injury on the

Additionally, the jury convicted him of an assault upon his spouse causing a traumatic condition and found he personally used a deadly weapon and inflicted great bodily injury.

On December 23, 2013, Sanchez became angry with his wife. He approached her in their bedroom and stabbed her multiple times. She suffered multiple stab wounds, including one which resulted in a severed artery in her arm.

Sanchez faces a maximum potential sentence of 15 years state prison. Sentencing is set for April 17, 2015 at 9:00 am in Department 17 before the Honorable Ernest Sawtelle.

CASE: Gregory Aaron Gadlin (03/03/15)
PROSECUTOR: Deputy District Attorney Aaron Miller, Career Criminal Prosecution
Unit

District Attorney Anne Marie Schubert announced today that the Honorable Raoul Thorbourne sentenced Gregory Aaron Gadlin to 530 years to life in prison plus 437 years, 4 months in prison under California's Three Strikes Law.

On December 5, 2014, a jury convicted Gadlin of 16 counts of robbery, being a felon in possession of a firearm and being a felon in possession of ammunition. The jury also found true three personal gun use allegations.

From May 2013 through July 2013, Gadlin was engaged in a robbery crime spree involving primarily convenience stores and gas stations. Gadlin would typically display a handgun and rob employees of money and personal belongings. During one robbery, Gadlin fired at the clerk and missed. Three days later in another robbery, Gadlin shot a store clerk in the torso and hand. A security officer with the Sacramento County Sheriff's Department spotted Gadlin's car in the parking lot of the Department of Human Assistance and Gadlin was arrested.

Gadlin has previously been convicted of three prior strike offenses, two first-degree burglaries and a robbery in which Gadlin used a firearm. Gadlin was on parole for that robbery at the time of these offenses.

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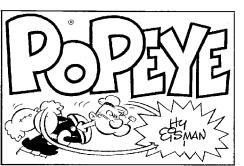
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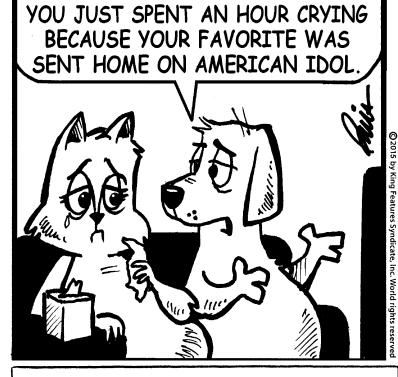


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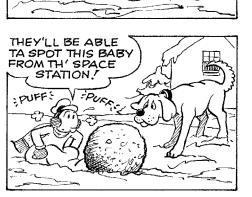


I TAKE FOOTBALL TOO SERIOUS?

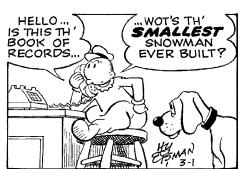
by Dave T. Phipps

Just Like Cats & Dogs

HUBERT By Dick Wingert



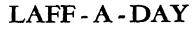




MISTER BREGER

By Dave Breger

...FER BUILDIN TH'WORLD'S BIGGEST

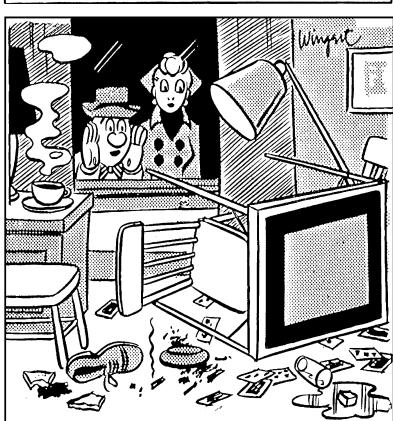




"Ninety years already—and they still can't raise the money for the horse..."



"I had to buy him ... he wouldn't let go!"



"I think we almost caught them in, this time."

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ARIES (March 21 to April 19) Disappointed about something that didn't go your way? Cheer up. Look at the reasons it happened, and you could find a valuable lesson about what to do (or not do!) the next time.

TAURUS (April 20 to May 20) It's a good time to do some reassessing of plans and goals -- even how you considered redoing your bathroom. The point is to be open to change if change can improve things.

GEMINI (May 21 to June 20) Take some time to learn who is the right person (or persons) to approach and discuss your ideas with for your new project. Also, reserve time to prepare for an upcoming family event.

CANCER (June 21 to July 22) Dealing with a demanding situation, as you recently did, could drain much of your own emotional reserves. Take time to relax and indulge yourself in some well-earned pampering.

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regal Lion might feel that she or he is above emotional displays. But showing your feelings can be liberating for you, and reassuring for someone who has been waiting for you to do so.

VIRGO (August 23 to September 22) An emotionally needy person might make more demands than you can cope with. Best to ask for some breathing space NOW, before resentment sets in and makes communication difficult.

LIBRA (September 23 to October 22) An unexpected spate of mixed signals could cause serious schedule setbacks. Best to focus on straightening everything out as soon as possible and get everyone back on track.

SCORPIO (October 23 to November 21) Be aware that someone in the workplace could try to use a disagreement with a colleague against you. If so, be prepared to offer your side of the story with the facts to back you up.

SAGITTARIUS (November 22 to December 21) An unexpected challenge to a previous decision can be unsettling. But your reservoir of selfconfidence -- plus your loyal supporters -- should help carry the day for you. Good luck.

LEO (July 23 to August 22) The CAPRICORN (December 22 to January 19) While the idea of making some sort of major move in the near future continues to interest you, don't overlook a new possibility that could be emerging closer to home.

> AQUARIUS (January 20 to February 18) Be careful not to base an upcoming decision on gossip or anything you might hear if it can't meet provable standards. That's true regardless of whom the source might be.

PISCES (February 19 to March **20)** You might still need to do some solid reassessing early in the week before you can close that sensitive situation. A new job-related opportunity could present itself later in the week.

BORN THIS WEEK: You are extraordinarily sensitive people's feelings, and you're always ready to offer comfort if necessary. (c) 2015 King Features Synd., Inc.



"Here is a fun idea for a baby shower, especially if you have a small group: Have a supply of baby onesies, fabric paint and fabric markers, and have guests personalize a onesie for the baby. They are so easy to create and so necessary for Mom and Dad." -- T.B. in Florida



COUCH THEATER --**DVD PREVIEWS** By Sam Struckhoff

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of March 16, 2015.

PICKS OF THE WEEK



Maria Valverde in "Exodus: Gods and Kings"

"Annie" (PG) -- This update of the classic musical has all the good intentions and chipper outlook of the original, but loses a lot in the songand-dance department. Quvenzhane Wallis plays the spunky little girl stuck with a manic, abusive foster mom (Cameron Diaz). Annie has a chance encounter with Will Stacks (Jamie Foxx) -- a mega-loaded businessman running for mayor of New York -- and her irrepressible cuteness makes her the perfect campaign accessory.

For starters, Foxx is the only leading performer with any singing chops, and yet he seems restrained. Choreography and big showstopping visuals also seem cut back. This take on the show is certainly updated -- the movie constantly reminds you that it's 2014 -- but that doesn't pay off in excitement or charm.

"Exodus: Gods and Kings" (PG-13) -- Director Ridley Scott gives the "Gladiator" treatment to the story of Moses in this very loud biblical epic. Moses (Christian Bale) is the adopted son of the Egyptian Pharaoh Seti (John Turturo). Seti find a prophecy in chicken guts, and Moses gets put next-in-line for the Pharaoh's throne, which

royally upsets the Pharaoh's natural

son, Rhamses (Joel Edgerton). The Man Upstairs gets involved, and a lot of computer-generated mayhem follows.

Ridley Scott has made it clear that he's a nonbeliever directing a Bible story, which actually is pretty common among Hollywood biblical epics. The hullabaloo and visual wizardry of the film's action sequences feel more like interruptions than developments. Also, in order to irritate Moses into saving his chosen people, the Lord takes the shape of a young boy -- probably the most annoying and bratty interpretation of the Almighty.

"Song of the Sea" (PG) -- Irish animation director Tom Moore caught everyone by surprise in 2009 with the beautiful and original feature "The Secret of Kells," which got him an Oscar nomination that should have been an Oscar win. Now he's done it all again -used Irish folklore as inspiration to create a gorgeous and thoughtful family-friendly animated movie that should have won an Oscar. "Song" tells the story of Ben and his little sister, Saoirse, who find themselves in a watery adventure beset by friendly and dangerous mythological beings.

"Top Five" (R) -- Chris Rock directs, writes and stars in this raunchy comedy about the absurdities, trials and plain-wrongness in the entertainment industry. Rock plays Andre Allen, a comedian trying to transition into serious work. He's also about to marry an obnoxious reality TV star. Much of the film follows Allen as he goes about his day with a reporter (Rosario Dawson) who's doing a profile on him and his contradictory image. The movie is easily Rock's funniest movie, and has the added benefit of featuring (apparently) every funny person he felt like inviting to the set.

TV RELEASES

"Maude: The Complete Series"

"Turn"

"Ghost Whisperer: The Complete Series"

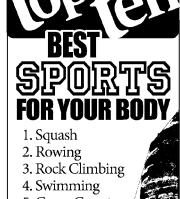
"Transporter: Series Season 1"

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- ▶ You might be surprised to learn that the fastest flying insect is the dragonfly; it's been clocked at speeds up to 35
- In Japan, a black cat crossing your path is considered to be good luck, not
- ▶ When archaeologists discovered the tomb of King Tut, one of the objects they found inside was a bronze razor and it was still sharp enough to use.
- Washington, D.C., has a lower marriage rate than any other major U.S.
- President George Washington reportedly was terrified at the thought of being buried alive. He insisted that his burial not take place until at least three days after his death, just to make sure he was really deceased.

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- 5. Cross-Country
- Skiing 6. Basketball
- 7. Cycling
- 8. Running 9. Modern
- Pentathalon
- 10. Boxing

Source: www.karemar.com

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Thought for the Day: Few things are harder to put up with than a good example." -- Mark Twain

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6 tablespoons dried fine breadcrumbs

1. Plug in and spray both sides of a double-sided grill with butter-flavored cooking spray.

2. In a large bowl, combine meat, onion, mushrooms, breadcrumbs, parsley flakes, Worcestershire sauce and water. Mix well to combine.

3. Using a 1/2 cup measuring 2 Meat, 1/2 Vegetable. cup as a guide, form into 6 1 teaspoon dried parsley flakes patties. Evenly arrange patties

on prepared grill. Close lid and grill for 5 to 6 minutes or until burgers are cooked to desired doneness.

4. Serve hot as is, or place on hamburger bun with lettuce and tomato slice. Makes 6 servings.

serving equals: 137 calories, 5g fat, 16g protein, 7g carb., 133mg sodium, 1g fiber; Diabetic Exchanges:

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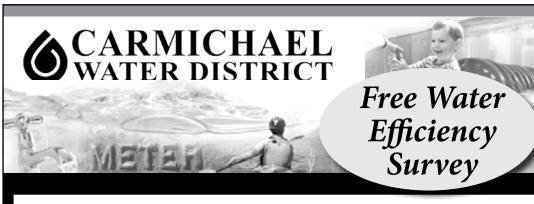
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CLUES

- ACROSS
- 1. Face fringe 6. Like a wallflower
- pened too fast?
- 16. Bassos, alternative
- spelling
- 17. Middle-earth creature
- 19. *Peanut
- 23. Exclamation of surprise
- 36. Not that 38. Australian cockatoo
- 40. Done after shuffling 41. Popular garden
- 43. Triathlon ride
- 46. Rudolph, e.g. 47. Affirm
- 50. Ogler
- 55. Clinton ____ Rodham 57. *Dessert in honor of a
- dancer
- 66. Labour group
- 70. Little squirt
- 72. Bone-dry
- 2. Having wings
- 5. Blacksmith shop ain
- 9. Portrait sculpture
- 12. Short for "retired" 15. Pompous windbag
- 22. Funerary vase
- 25. *Sour Patch 26. Choose by vote

- 14. Romanian money
- 18. Balance sheet item
- 21. *Popular pastry center
- 24. Duds
- 28. Two-masted vessel 30. Orient's biawia
- perennial
- 44. Part of surgeon's prep
- 48. Austrian province
- 61. Text treatment
- 68. Kind of salami 69. House coat
- __ Khan
- DOWN 1. Kind of lettuce
- 3. Not final or absolute 4. Vigorous enjoyment
- 8. New Mexico's state flower
- 20. Strongly opposed 24. Shiny from moisture
- 27. Dazzling

- 9. Something that hap-
- 13. One hipbone
- 15. Sheep's clothing, e.g.

- 25. Tapped at parties
- 34. Misfortunes
- 52. Former name of Tokyo 53. Give notice
- 65. French farewell
- 71. In the company of
- 74. "Dressed to the
- 7. Part of H.M.S.
- 10. Mona 11. One who uses something

- dish

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29. "

42.

Wolf?"

31. *Rum 32. Martini garnish

33. *Alaska's state

45. Back down

49. Head or john

51. 40th President

58. Jewish month

64. Droops

67. *Yule_

62. Involved in a secret

63. *Sugar, waffle or cake

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__ Afraid of Virginia

35. Hurtful remark 37. Dog command 3 39. Parade honoree _ provocateur

54. *Indian yogurt staple that can be sweet or salty 56. Fragrant resin 57. Hemmingway nickname

59. Henry 60. "_____ your hand" 61. Tiny bit

6 6 9 1 2 5 8 4 6 9 8 5 2 3 5 8 6 8 4 9 Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9

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DISCLAIMER Be wary of out of area companies. Check with the

local Better Business Bureau before you send any money for fees or services. Read and you sign. Shop around for rates. Sudoku Puzzle on Page 10

		•		•	•	_	•	_	
	5	6	1	თ	2	9	4	8	7
	9	5	2	1	8	3	7	4	6
	1	8	3	7	4	6	2	9	5
	4	7	6	2	တ	5	8	1	3
	6	3	9	8	5	4	1	7	2
	8	1	7	6	3	2	Ø	5	4
	2	4	5	9	7	1	6	3	8

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HELP WANTED

Business Systems Implementation Supervisor Sutter Physician Services

Job location: Rancho Cordova, CA.

Responsible for the supervision of implementation analyst Travel to various unanticipated Sutter affiliates for implementations is required. Act as subject matter expert for the Business System Ambulatory Implementation teams. Email resume to townsm1@sutterhealth.org attn: HR. Ref# SPS-1503103.

WANTED

Female "Live-In" Housekeeper

POSITION: Available immediately for a single, mature but energetic female to take care of a healthy and active couple in their seventies, who are looking to their future needs. This is a long term live-in position, requires commitment and is not suitable for short term job seekers. Right attitude is very important.

RESPONSIBILITIES: Cooking, cleaning, ironing and all normal household and personal assistant type duties, driving, and some care giving for 6 days/week (approx. 45 hr week).

QUALIFICATIONS: Must be legal resident, have a valid California Drivers License, provide Criminal History check from Dept. of Justice, pass a fingerprinting background check and 2 work references from previous employers. Applicants must know Asian (preferably Indian) cooking and be prepared to "Live In" after probation period of 4-8 weeks. Applicants also must be experienced in this line of work, be flexible regarding hours and duties and be able to read, write and speak English. NO DUI. NO pets. NO smokers. Please read this carefully and only apply with a detailed written Resume of education and work background. Apply only if you meet ALL the criteria outlined

above to ijkrip@gmail.com or call 916-484-1333 COMPENSATION: During probation upto \$18/hr for 4-6 hrs/day for 5-6 days/wk. After probation upto \$ 2,500 / month + free lodging and utilities in a luxury apartment attached to the residence and free board and we will pay the required taxes etc. of the employer as well as W-2. Compensation will depend upon experience and qualifications.

LOCATION: American River Drive, 2 miles east of Watt Av. Willhagen Area, Sacramento.

(MPG 04-24-15)



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Crossword Puzzle on Page 10 Н

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LEGAL ADVERTISING

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FICTITIOUS BUSINESS NAME STATEMENTS

916-773-2999

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01031 Nikolav Petrashishin, 3963 Apple Blossom Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Infinity Steel Source" at 3784 Omec Circle, Unit #4, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on January 6, 2015. Publish: February 20, 27, March 6 and 13, 2015 150209

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01032 Tatiana Bogaciova, 2322 Sierra Madre Court #A. Rancho Cordova. CA 95670 is doing business under the Fictitious Business Name(s) "A+ House Cleaning" at 2322 Sierra Madre Court#A, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on January 6, 2015. Publish: February 20, 27, March 6 and 13, 2015 150209 A+HOUSE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00149 Wesley Lee, 10 Free River Court, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Silvida Management" at 10 Free River Court, Sacramento, CA 95831. Filed with the Clerk of Sacramento County on January 4, 2015. Publish: February 20, 27, March 6 and 13, 2015 SILVIDA 150207 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00581 Russell Espinosa, 2415 Verna Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Hadley, Espinosa & Kimball, EA's" at 8300 Fair Oaks Boulevard. Suite 202, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 22, 2015. Publish: February 20, 27, March 6 and 13, 2015 **HADLEY** 150211

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00656 Phillip Cocciante, Mojave Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Contractors License Service" at 9016 Mojave Drive. Sacramento. CA 95826. Filed with the Clerk of Sacramento County on January 25, 2015. Publish: February 20, 27, March 6 and 13, 2015 CONTRACTORS 150214

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01118 Naycora Fauntleroy, 2119 Wyda Way #6, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Carmel Tax and Accounting Services" at 2391 Arden Way, Suite 3, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on February 10, 2015. Publish: February 20, 27, March 6 and 13, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01069 Snook Construction, Inc., 3444 Marshall Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Snook Skylights and Roofing" at 3444 Marshall Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 9, 2015. Publish: February 20, 27, March 6 and 13, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00777 Bryan Louis and Sharon Elizabeth Murray, 7980 Cook Riolo Road, Antelope, CA 95843. Eric Thomas Murray, 2817 Becerra Way, Sacramento, CA 95821, Shawn Anthony Murray, 461 Dela Vina Drive, Unit 208, Monterey, CA 93941, Robert Lawrence and Deborah Lea Aderholt, 3708 Duran Circle, Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Murray Enterprises" at 1231 J Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 20, 27, March 6 and 13, 2015 MURRAY 150209 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00762 Robert Scrivano, 3550 Watt Avenue #140, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Assets & Aging" at 3550 Watt Avenue #140, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on January 28, 2015. Publish: February 20, 27, March 6 and 13, 2015

150213

ASSETS

3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00474 Jeffrey A. Hayes, Sr., 2011 Wright t #19, Sacramento, CA 95825 and Janice Beele 194 Saginaw Circle, Sacramento, CA 95833 are doing business under the Fictitious Business Name(s) "Genesis Dental Concepts" at 2628 Fl Camino Avenue #A2. Sacramento. CA 95821. Filed with the Clerk of Sacramento County on January 16, 2015. Publish: February 6, 13, March 6 and 13, 2015 GENESIS 150130

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01197 Petra D. Glenesk, 2524 Exeter Square Lane, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Sacred Vessel" at 2524 Exeter Square Lane, Sacramento, CA 95825, Filed with the Clerk of Sacramento County on February 13, 2015. Publish: February 27, March 6, 13 and 20, 2015 150216

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01167 Elegant Auto Sales, 1940 Zinfandel Drive, Suite C1, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Elegant Auto Sales" at 1940 Zinfandel Drive, Suite C1. Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County on February 13, 2015. Publish: February 27, March 6, 13 and 20, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01208 Thomas Hoa Tram. 5412 Casa Danielle Circle, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Thomas T. Dental Club" at 5412 Casa Danielle Circle, Sacramento, CA 95824. Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01218 Susan Kay Lomolino, 3045 Walnut Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wild and Wooly Warmers" at 3045 Walnut Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015 WILDWHOLLY 150217 3-2

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01114 Michael Marshall, 2424 Berrywood Drive, Rancho Cordova, CA 95670 and Ernesto Vasquez, Jr., 109 Sedgeford Way, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Draped" at 2424 Berrywood Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on February 10, 2015. Publish: February 27, March 6, 13 and 20, 2015

150217 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00770 Timothy W. and Lori A. Murchison, 3006 San Lorenzo Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Murchison Properties" at 3006 San Lorenzo Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 27, March 6, 13 and 20, 2015 MURCHISON 150217 3-20-15

Messenger Publishing Group

FBNF2015-01214 Maria Ella C. Lam. 12499 Folsom Boulevard #51, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Organized By Ella" at 12499 Folsom Boulevard #51, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015 ORGANIZED 150217 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01220 Sarah Hamner, 4807 Etra Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sarah's Skin" at 7411 Winding Way, Suite E, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015 150219

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01073 Craig J. Townsend, 2244 Rhoda Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Townsend Real Estate, Townsend Real Estate Group, Craig J. Townsend" at 2244 Rhoda Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on February 9, 2015. Publish: February 27, March 6, 13 and 20, 2015 150219

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00829 Beniamin H. Lam and Ve T. Le, 7372 Borba Way, Sacramento, CA 95828 are doing business under the Fictitious Business "JS Nails" at 1588 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on January 30, 2015. Publish: February 27, March 6, 13 and 20, 2015 150219 **JSNAILS**

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00734 Christina T. Jones, 618 East Ranch Road, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "JTE Consulting" at 618 East Ranch Road, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on January 28, 2015. Publish: February 27, March 6, 13 and 20, 2015

JTECONSULT 150220 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01232 Anthony D. Nicolos, 6315 Templeton Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Nicolos TLC Lawncare" at 6315 Templeton Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015 NICOLOSTLC 150220 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09517. Tonee Hayes, 3632 Sardinia Island Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Nef the Pharoah" at 3632 Sardinia Island Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on December 8, 2014. Publish: January 23, 30, March 13 and 20, 2015 150304 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01404 Maita Hyundai, a California Corporation, 2500 Auburn Boulevard, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Maita Subaru" at 2400 Auburn Boulevard, Sacramento, CA 95821, Filed with the Clerk of Sacramento County on February 20, 2015. Publish: March 6, 13, 20 and 27, 2015 MAITA SUBARU 3-27-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01403 Maita Hyundai, a California Corporation, 2500 Auburn Boulevard, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Maita Mazda" at 2410 Aubum Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on February 20, 2015. Publish: March 6, 13, 20 and 27, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00875 Sus Finanzas, Inc., A 5013c Organization, 1789 Helsinki Way, Livermore, CA 94550 is doing business under the Fictitious Business Name(s) "Your Finances Sacramento" at 1500 7th Street, Unit 4J, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on February 2, 2015. Publish: March 6, 13, 20 and 27, 2015

YOURFIINESS 150224 3-27-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01514 Pacific Charter Institute. 6450 20th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Rio Valley Charter School" at 1530 W. Kettleman Lane, Suite A, Lodi, CA 95242. Filed with the Clerk of Sacramento County on February 26, 2015.

Publish: March 6, 13, 20 and 27, 2015 RIOVALLEY 150226 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01511 Pacific Charter Institute, 6450 20th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Valley View Charter Prep" at 2453 Grand Canal Boulevard, Suite 1, Stockton, CA 95207. Filed with the Clerk

of Sacramento County on February 26, 2015. Publish: March 6, 13, 20 and 27, 2015 VALLEYVIEW 150226

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01512 Pacific Institute 6450 20th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Heritage Peak Charter School" at 6450 20th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County on February 26, 2015.

Publish: March 6, 13, 20 and 27, 2015 HERITAGEPEAK 150226 3-27-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00731 Kriengkrai Noophant, 11 Painted Ocean Place, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Angel's Gift Shop" at 300 J Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on January 27, 2015. Publish: March 6, 13, 20 and 27, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01453 Raul Reyes, 5704 Angelina Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "R & R Heating and Air, R & R Custom Tile" at 5704 Angelina Avenue, Carmichael, CA 95608, Filed with the Clerk of Sacramento County on February 24, 2015. Publish: March 6, 13, 20 and 27, 2015

150225

3-27-15

ANGELS

150225

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00851 USA Hands, 2100 Watt Avenue #180, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "\$5 & Under, Rich Hair" at 2730 Arden Way, Suite #132, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on February 2, 2015. Publish: March 6, 13, 20 and 27, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01589 Frank Joseph Gutwein, 5226 Hemlock #29, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Flatface Productions" at 5226 Hemlock #29, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on February 27, 2015. Publish: March 6, 13, 20 and 27, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01640 Fernando Barrera, 2441 Norbert Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "JB Cleaning" at 2441 Norbert Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on March 2, 2015. Publish: March 13, 20, 27 and April 3, 2015 JBCLEANING 150302

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01634 Yurly Usachev. 3337 Marlee Way #84, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "Hi-Tech Locksmith" at 6101 Watt Avenue, Suite A. North Highlands. CA 95660. Filed with the Clerk of Sacramento County on March 2, 2015. Publish: March 13, 20, 27 and April 3, 2015

150302 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2015-01656 Gina Marks, 917 Florin Road, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Village Psychic Shop" at 10100 Fair Oaks Boulevard, Suite A, Fair Oaks, 95628. Filed with the Clerk of Sacramento County on March 2, 2015. Publish: March 13, 20, 27 and April 3, 2015 150302 VILLAGE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01648 Greg Martinez, 3011 Sybil Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Secure Delivery" at 3011 Sybil Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 2, 2015. Publish: March 13, 20, 27 and April 3, 2015 SECURE 150302

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01421 Paul Busse, 6835 Mission Gorge Road, San Diego, CA 92120 is doing business under the Fictitious Business Name(s) "Anna Massage Therapy" at 1355 Florin Boad #13, Sacramento, CA 95822. Filed with the Clerk of Sacramento County on February 23, 2015. Publish: March 13, 20, 27 and April 3, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01664 Initial Response Security, Inc., 8433 Greenrails Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "IRT Security Services" at 8188 Alpine Avenue, Suite C, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on March 3, 2015. Publish: March 13, 20, 27 and April 3, 2015 IRTSECURITY

150303

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01643 Mohabatpal Singh Mohar, 4616 Golden Aspen Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Tur Trans" at 4616 Golden Aspen Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on March 2, 2015. Publish: March 13, 20, 27 and April 3, 2015 **TURTRANS** 150303

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01646 Chris DuPout, 2728 Elvvra Wav #76, Sacramento, CA 95821 and Stoyan Katuskev, 19 Progress Street, Plovoiv 4002, Bulgaria are doing business under the Fictitious Business Name(s) "KD Lakro Co" at 3550 Watt Avenue, Suite 140, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on March 2, 2015. Publish: March 13, 20, 27 and April 3, 2015 **KDLAKRO** 4-3-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01267 David Wilson, 1351 Castec Drive, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Wilson Driving School" at 3517 Marconi Avenue, Suite 107F, Sacramento, CA 95821, Filed with the Clerk of Sacramento County on February 18, 2015. Publish: March 13, 20, 27 and April 3, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01691 Harpreet Sidhu. 7842 Kanan Court. Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Hothi Palace" at 5764 Antelope Road #8213, Sacramento, CA 95842. Filed

with the Clerk of Sacramento County on March 3, 2015. Publish: March 13, 20, 27 and April 3, 2015 4-3-15 HOTHI 150303

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01587 Tammy J. Ferrara, 9033 Montoya Street #1, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Surreality Art" at 9033 Montoya Street #1, Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 27, 2015. Publish: March 13, 20, 27 and April 3, 2015 SURREALITY 150304

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01781 Fun Faith Cores & Recycling, LLC, 3457 La Grande Boulevard, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Full Faith Professional Cleaning Servicemaster, Full Faith Cores & Recycling" at 3457 La Grande Boulevard, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 5, 2015. Publish: March 13, 20, 27 and April 3, 2015 FULL FAITH 150305

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01714 Dianne Rogers, 6441 Benning Street, Unit 6, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Terrific Turnaround" at 6441 Benning Street. Unit 6, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 4, 2015. Publish: March 13, 20, 27 and April 3, 2015 **TERRIFIC** 150305

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01658 Hamidreza Askari, 11150 Trinity River Drive, Apt. #49, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Royal Smog Shop" at 11357 B Pyrites Way, Suite 3, Gold River, CA 95670. Filed with the Clerk of Sacramento County March 2, 2015. Publish: March 13, 20, 27 and April 3, 2015 150306

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01554 Yingxian Liu, 6637 Sun River Drive, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) An Cleaning & Landscape Company" at , 6637 Sun River Drive, Sacramento, CA 95828, Filed with the Clerk of Sacramento County February 27, 2015. Publish: March 13, 20, 27 and April 3, 2015 150306

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01553 Qing Chen, 4833 Tangerine Avenue, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Long Xing Cleaning & Landscape Company" at 4833 Tangerine Avenue, Sacramento, CA 95823, Filed with the Clerk of Sacramento County February 27, 2015. Publish: March 13, 20, 27 and April 3, 2015

150306 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01653 Victor James Qiu. 7645 Belle Rose Circle, Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Wan Fu Trading" at 6914 65th Street #315, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 2, 2015. Publish: March 13, 20, 27 and April 3, 2015

FBNF2015-01590 Ricki Mladinich-Paclibar, 9664 Early Light Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Lashes To Lips" at 9664 Early Light Way, Elk Grove, CA 95624. Filed with the Clerk Sacramento County February 27, 2015. Publish: March 13, 20, 27 and April 3, 2015 LASHES 150306 FICTITIOUS BUSINESS NAME STATEMENT

FICTITIOUS BUSINESS NAME STATEMENT

FBNF2015-01820 Jose & Jay Drywall, Inc., 3612 Madison Avenue, Suite 30, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "J & J Drywall Inc." at 3612 Madison Avenue, Suite 30, North Highlands, CA 95660. Filed with the Clerk of Sacramento County March 6, 2015. Publish: March 13, 20, 27 and April 3, 2015 J&JDRYWALL 150306 4-3-15

FBNF2015-01803 Johnny Reynosa, 120 Witmer Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Cozmo's Rototilling Service" at 120 Witmer Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County March 5, 2015. Publish: March 13, 20, 27 and April 3, 2015 COSMOS 150306

FICTITIOUS BUSINESS NAME STATEMENT

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01713 Amandeep Singh, 4200 E Commerce Way #1612. Sacramento. CA 95834 is doing business under the Fictitious Business Name(s) "AS Trans" at 4200 E Commerce Way #1612, Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 4, 2015. Publish: March 13, 20, 27 and April 3, 2015 ASTRANS 4-3-15 150307

ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174768

WHEREAS, Michael Francis and Yasmeen Javed Gueths have filed a petition with this court for a decree changing the name(s) of Gavin Mark Gueths to Gavin Aamir Michael Gueths. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 9, 2015, in Department 54, located at 800 Ninth Street. Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: February 4, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: February 20, 27, March 6 and 13, 2015 150113 **GUETHS**

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175099

WHEREAS, Hiram Michael Martin have filed a petition with this court for a decree changing the name(s) of Hiram Michael Martin to Zenobe Olaudah Winter

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 14, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 11, 2015

David I. Brown, Judge of the Superior Court Publish: February 20, 27, March 6 and 13, 2015 150211

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174763

WHEREAS, Feras Hameed Majeed and Hala Nabel Aziz have filed a petition with this court for a decree changing the name(s) of Feras Hameed Majeed to Feras Hameed and Hala Nabel Aziz to Hala Hameed

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 8, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015

David I. Brown, Judge of the Superior Court Publish: February 20, 27, March 6 and 13, 2015 HAMEED 150212 3-13-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE #34-2015-00173271

WHEREAS. Isabel Guzman Justo has filed a petition with this court for a decree changing the name(s) of Isabel Guzman Justo to Ingrid Jeovanna Isabel Guzman Justo.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 9, 2015, in Department 53, located at 800 Ninth Street. Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: February 27, March 6, 13 and 20, 2015 JUSTO 150218

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00169273 WHEREAS, Amber Nicole Taylor has filed a petition with this court for a decree changing the name(s) of Wesley Patrick Apgar to Wesley Patrick Apgar Taylor.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 16, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 18, 2015 David I. Brown, Judge of the Superior Court

Publish: February 27, March 6, 13 and 20, 2015 150218 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174481

WHEREAS, Mona Ferdousi Emadi has filed a petition with this court for a decree changing the name(s) of Mona Ferdousi Emadi to Mona Emadi. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on March 27, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 28, 2015

David I. Brown, Judge of the Superior Court Publish: February 27, March 6, 13 and 20, 2015 150220

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175582

WHEREAS, FNU Omid has filed a petition with this court for a decree changing the name(s) of FNU Omid to Omid Sherzad. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 25, 2015

David I. Brown, Judge of the Superior Court Publish: March 6, 13, 20 and 27, 2015 150225 3-27-15 COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175593

WHEREAS, Korleen Anne Baker has filed a petition with this court for a decree changing the name(s) of Korleen Anne Baker to Kory Anne Baker.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 23, 2015, in Department 53, located at 800 Ninth Street. Third Floor, Sacramento. CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 25, 2015 David I. Brown, Judge of the Superior Court Publish: March 6, 13, 20 and 27, 2015

3-27-15 150225

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175588

WHEREAS, FNU Hamed has filed a petition with this court for a decree changing the name(s) of FNU Hamed to Amiri Hamed. IT IS ORDERED that all persons interested in the above entitled matter appear before this court

at 9:00 a.m. on April 23, 2015, in Department 54,

located at 800 Ninth Street, Third Floor, Sacramento.

CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 25, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: March 6, 13, 20 and 27, 2015 150225

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175070 WHEREAS, Jennifer Lynmaree Chrysler

has filed a petition with this court for a decree changing the name(s) of Jennifer Lynmaree Chrysler to Jay Lynmaree Chrysler. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 13, 2015, in Department 54 located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: February 11, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: March 13, 20, 27 and April 3, 2015 CHRYSLER 150302 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175578 WHEREAS, Beatrice Jaime Chavez & Augustine Chavez Jr. have filed a petition with this court

for a decree changing the name(s) of Natalie Guadalupe Jaime to Natalie Guadalupe Chavez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 22, 2015, in Department 54, located at 800 Ninth Street. Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: February 25, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: March 13, 20, 27 and April 3, 2015 150225

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175951 WHEREAS, Portia I. Howard has filed a petition with

this court for a decree changing the name(s) of Jerimiah Reginald Deloney to Jerimiah Deloney Howard. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 4, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 4, 2015 David I. Brown, Judge of the Superior Court Publish: March 13, 20, 27 and April 3, 2015 150304

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

WHEREAS, Heather S. Mayer, Attorney, on

behalf of David Avinesh Singh has filed a petition with this court for a decree changing the name(s) of David Avinesh Singh to David A. Singh Bains. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 15, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 13, 2015

David I. Brown, Judge of the Superior Court Publish: March 13, 20, 27 and April 3, 2015 SINGH 150306

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175990

WHEREAS, FNU Mohibullah and Bibi Arezo have filed a petition with this court for a decree changing the name(s) of FNU Mohibullah to Mohibullah Haidary and Bibi Arezo to Arezo Bibi Haidary.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 6, 2015, in Department 54. located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 4, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: March 13, 20, 27 and April 3, 2015 HAIDARY 150306

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175955

WHEREAS, Marlene Kay Lee has filed a petition with this court for a decree changing the name(s) of Marlene Kay Lee to Marlene Kay Martian. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on May 4, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 4, 2015 David I. Brown. Judge of the Superior Court

Publish: March 13, 20, 27 and April 3, 2015 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174751 WHEREAS, Sayed Mustafa and FNU Mahbooba

have filed a petition with this court for a decree changing the name(s) of Sayed Mustafa to Mustafa Saved Hashimi. FNU Mahbooba to Mahbooba Hashimi, Sayed Iqbal to Iqbal Sayed Hashimi and Sayed Kamal to Kamal Sayed Hashimi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 6, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: March 4, 2015 David I. Brown, Judge of the Superior Court

Publish: March 13, 20, 27 and April 3, 2015

1502045

3-6-15

HASHIMI

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00174760 WHEREAS, Anne and Valentin Tarlev have filed a petition with this court for a decree changing the name(s) of Alice Tarlev to Alisa Tarlev.

IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 9:00 a.m. on April 8, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: March 13, 20, 27 and April 3, 2015 150205 TARLEV

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE

OF CHARLES EDWARD RILEY (descendent) ESTATE NO. 34-2015-00174647 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be

otherwise interested in the will or estate, or both of CHARLES EDWARD RILEY (deceased): A petition has been filed by STEPHAN RILEY in the Superior Court of California, County of Sacramento, requesting that STEPHAN RILEY be appointed as Executor to administer the estate of the decedent.

The petition requests the decedent's lost will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Bond is not required. A hearing on the petition will be held in this court as follows: April 2, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: Stephan Riley, 8612 Peach Blossom, Antelope, CA 95843 (916) 838-5122 Publish: March 13, 20 and 27, 2015. RILEY 150303

NOTICE TO CREDITORS

NOTICE TO CREDITORS OF BUILK SALE AND

OF INTENTION TO TRANSFER ALCOHOLIC BEVERAGE LICENSE(S) Escrow No.: 3402-4781409 Notice is hereby given that a bulk sale of assets

and a transfer of alcoholic beverage license(s) is about to be made. The names and addresses of the Seller/Licensee are: Avtar Singh Dhillon. 9655 Elk Grove Florin Road, Elk Grove Ca 95624

The business is known as: Old Town Liquor. The names and addresses of the Buyer/ are Bhullars Food Inc. db Liquor and Kanwardeep Bhullar and Harsimran Baiwa and Sandeep Singh Bhullar, 9320 Trebbiano Cirle, Elk Grove Ca 95624 As listed by Seller/ Licensee, all other business names and addresses used by Seller/Licensee within three years before the date such list was sent or delivered

to the Buyer/Transferee are: (if "none", so state)

Name: Amandeep K Dhillion, AVTAR S DHILLON. The assets to be sold are described in general as: Business and Inventory and are located at 9655 Elk Grove Florin Road, Elk Grove Ca 95624. The kind of license(s) to be transferred is(are): , now issued for the premises located at , Sacramento, California 85624. The anticipated date of the sale/transfer is 03-06-2015, at the office of First American Title Company, 2425 Fair Oaks Blvd. Suite 6, Sacramento, CA 95825. This bulk sale is subject to Section 6106.2 of the California Commercial Code. ALL CLAIMS TO BE SENT C/O First American Title Company, 3402-4781409, 2425 Fair Oaks Blvd, Suite 6, Sacramento. CA 95825. The last date for filing claims shall be. The amount of the purchase price or consideration in connection with the transfer of the license and business, / including the estimated inventory, is the sum of \$600,000.00, which consists of the following: Cash \$0.00 Checks \$600,000.00 Promissory Notes \$0.00 Tangible and/or intangible property \$0.00. It has been agreed between the Seller/Licensee and the Intended Buyer/Transferee, as required by Section 24073 of the Business and Professions Code, that the consideration for the transfer of the business and license(s) is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control. SELLER/LICENSEE Avtar Singh Dhillon. BUYER/TRANSFEREE Bhullars Food Inc. dba,Qld Town Liquor. By: Kanwardeepp Bhullar, President, Sandeep S Bhullar Harsimran Bajwa. Published in the Grapevine Independent & Carmichael Times on March 6 and 13, 2015. KANSINGH 150302

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WANFU

Carmichael Times • 13 March 13, 2015

Carmichael Kiwanis Awards VAPA Grants

their ongoing efforts to support the arts in the San Juan Unified School District, the Carmichael Kiwanis have awarded nearly \$10,000 in mini-grants to San Juan's Visual and Performing Arts (VAPA) teachers. These funds are the product of nearly 1,000

CARMICHAEL, CA (MPG) - In hours of local Kiwanis members' time selling See's Candy.

Awards are \$250 for a single teacher, \$500 for a grade level (multiple teachers), and \$1,000 for a school. Projects reflect creativity, innovation, and imaginative teaching and learning as they relate to the VAPA and district initiatives, including student voice, common core state standards, arts integration and interdisciplinary projects, 21st century learning competencies, and the strategic plan.

Sixteen teachers from 13 schools won the grants that included an Environmental Awareness Project through the Arts Fusion Program at UC Davis, Arts Integration in both English and mathematics, a stage curtain for Barrett Middle School, and other essentials for performance and display of student work. Grant recipient schools included Oakview Elementary, Cottage Elementary, Ottomon Elementary, El Camino High School, Greer Elementary, Mira Loma High School, Bella Vista High School,

Barrett Middle School, Mesa Verde High School, Del Campo High School, Del Paso Manor Elementary, Deterding Elementary, and Howe Avenue Elementary.

Grant-funded teachers will be invited to share details of their projects at an upcoming Kiwanis breakfast meeting. Congratulations to the San Juan schools for prioritizing artful learning and for providing such rich experiences

for their students, and thank you to the many members of the local Carmichael Kiwanis Club for supporting these

initiatives. For more information about the Carmichael Kiwanis Club, contact Michael Koerner at mkoerner247@aol.com or Craig Faniani at cfaniani@

Source: Carmichael Kiwanis

sanjuan.edu.



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The Winds of Change Really Blow

The window was wide open in 2012 and 2013, and the team was loaded with great stars and young talent. Now it feels as though the window has been slammed shut, stones have been thrown from every angle shattering the glass, and the gusty winds of change are howling through the building.

These are not going to be your uncle's (nor Jed York's uncle's) San Francisco Forty Niners anymore. One season removed from their best stretch of success in several years, these also will not be coach Jim Harbaugh's Forty Niners anymore, either.

Along with Harbaugh, who has ventured off to coach at his college alma mater, the University of Michigan, and almost all of his coaching staff, many other familiar 49ers faces that were a part of championship-challenging roster are gone, or soon will be.

A sudden flurry of activity early in the week seemed to set in motion an extensive reshaping of the team going forward. Based on the "where there is smoke, there is fire" theory, by week's end The Faithful will be wondering "Who are those guys?"

Frank Gore, whose 10-year run with the 49ers finds him standing atop the all-time team rushing list with 11,073 yards, was expected to sign with the Philadelphia Eagles Tuesday. Seven-time Pro Bowl linebacker Patrick Willis and star defensive end Justin Smith were expected to announce retirements. Wide receiver Michael Crabtree and offensive tackle Mike Iupati were expected to sign elsewhere. There are even rumbling trade rumors around quarterback Colin Kaepernick.

Meanwhile, the 49ers have signed Australian rugby superstar Jarryd Hayne, veteran DT Darnell Dockett, troubled and not too "classy" wide receiver Jerome Simpson, and speedy wide receiver Torrey Smith, who teamed with 49ers holdover WR Anguan Boldin while with

Bowl following the 2012 season.

As is customary in the NFL, following that great playoff run by San Francisco that fell just short, 34-31, against the Ravens, the 49ers' roster was pilfered by teams around the league over the last two years, and heading into next season there may be as few as six players remaining on the team from the starting lineups of that Super Bowl.

When Harbaugh joined the 49ers he took over a team that had not reached the playoffs in eight seasons, following the glory years of 1981-2002 when the 49ers had been a playoffs mainstay, winning five Super Bowls. He posted a 44-19-1 overall record, 5-3 in the playoffs. He led the team to the playoffs three consecutive years losing to the New York Giants, 20-17 in overtime, in 2011, to Baltimore the next year, and to the Seattle Seahawks in the NFC Championship on the final play in 2013, 23-17. That's when the window began to slide shut and the team, amidst season-long turmoil, slipped to 8-8 last year.

Now that Harbaugh and York's front office have not-somutually agreed to part ways, the 49ers will start next season in their new stadium in a new city (Levi's Stadium in Santa Clara that opened last year with very mixed results), with a new coach (Jim Tomsula, in his first year as an NFL head coach), a new staff and a bunch of new players looking to begin a new era of success.

Not surprisingly, the organization has been under heavy criticism as a result of so many changes. Fans will certainly remain skeptical through their "mourning period" until there are positive performances on the field. Fans get attached to their guys and are loyal to their favorites, and there will be an adjustment period while getting used to the new guys and choosing new favorites.

The same can be said for the

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outfielder/first baseman Michael Morse get away during the offseason, replacing them with OF Nori Aoki (from WS opponent Kansas City) and third baseman Casey McGehee (from the Miami Marlins). McGehee was the NL Comeback Player of the Year in 2014, posting regular-season, across-the-board numbers very comparable to Sandoval, except home runs (4 to 16). His best season was 2010 for Milwaukee, hitting .285 with 23 homers and 104 RBI. Giants fans could warm to those kinds of numbers very quickly.

Sandoval didn't do himself any favors since moving on to Boston when he recently went public expressing his hard feelings about leaving the Giants, where he was a part of all three World Series titles and was named MVP of the 2012 championship series.

Pablo complained about the relationship with Giants general manger Brian Sabean over contract talks, felt he was "disrespected" by the Giants and that the "only guys he'll miss" will be manager Bruce Bochy and Hunter Pence.

But Pablo, what about all of those celebratory dog piles on the infields, all the high-fives in the dugouts, the champagne showers in the clubhouses, the parades and all the rest?

Clearly, these are unfortunate, misguided comments from Pablo, who, hopefully, might eventually lessen the sting with additional statements later, because they only dim the shine from his long career with San Francisco. They will, however, make the transition a bit easier for both Giants fans and McGehee as they establish a new relationship.

Will these million-dollar ballplayers ever realize that it just doesn't sit well with fans to hear complaints about money, working conditions or being "disrespected?"

Time will probably heal any

Free Weekend Activities at the Nature Center

CARMICHAEL, CA (MPG) - Spring is just around the corner and you can get your fill of fresh air, birds, and flowers at the Effie Yeaw Nature Center (2850 San Lorenzo Way), which is hosting a series of free, fun, and informational events this March. offers lots of fun activities for everyone to enjoy. There is a \$5 per car county entrance fee into Ancil Hoffman Park (free to members). Donations are

Critter Corner: On Saturday, March 14th at 10:30 a.m., come have an up-close meeting with a couple of small animal residents at the Nature Center. You can learn about each of their unique journeys and how they became an educational ambassador for the Nature Center.

Seeing Green: On Sunday, March 15th at 1:30 p.m., join a naturalist for some

in the Nature Center's pond. Explore what critters are living there and see how being green makes life a little easier in the

For more information about the Effie Yeaw Nature Center, please call (916) 489-4918 or visit www.sacnaturecenter.net.

Source: Effie Yeaw Nature









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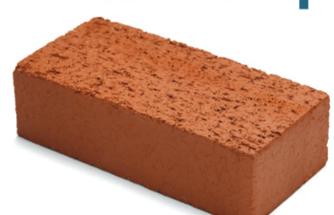
Procrastination! Ugh! What a word that is. But, we're all guilty of it - whether it's putting off laundry or doing your taxes - it's usually related to some task or chore we just don't want to do.

The same is true about making final arrangements. Who wants to think about, or talk about, death. And with so many more fun things to spend our money on, who wants to pay for it?

Well, just like taxes, death is something unavoidable, and when it's done - what a relief that is. You can then unload that brick from your backpack and have some peace of mind. If you still need motivation, consider these points:

- You get to arrange what you think is best and not expect family members to know your wishes
- You can know that once your pre-arrangements are made, your wishes will be carried out
- You get to relieve your family from that burden of planning your funeral when they are grieving
- You can minimize disputes between your well-meaning relatives
- You can set up affordable monthly payments so the financial burden does not fall to your surviving family members
- You will show your love in a way your family will never forget

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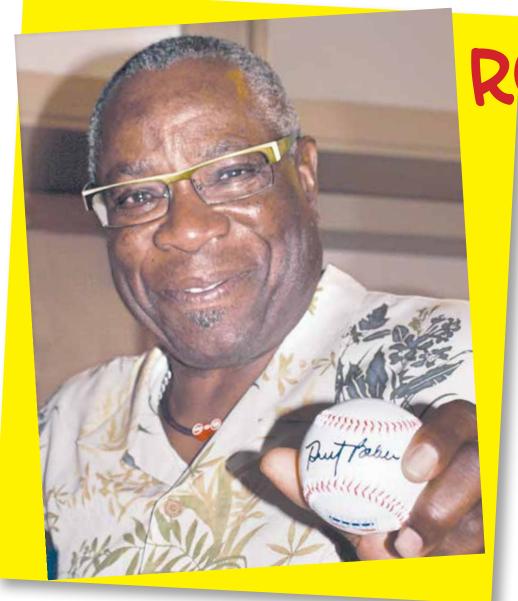


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March 13, 2015 Carmichael Times • 15

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The largest amount of is expected to rise to 5-5.5% this year. This will make homes a little less affordable for buyers and put the brakes on some sales. When rates go up the market gets smaller, especially with rates that may hit 6 or 7%. Some of us remember when mortgages were lending at 17-18%, so acting while rates are low is a real incentive to both buying and selling your property.

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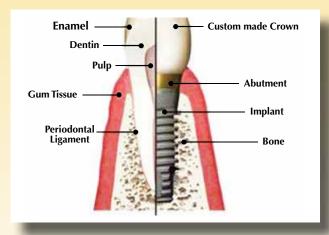
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