

Dancers Boogie Through the Weekend at Capital **Swing Convention**

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PLUS: Marvel Universe LIVE!

Debuts in Sacramento Super Heroes Will Unite for an Epic Battle to Save the Universe!

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Serving Carmichael and Sacramento County since 1981

February 27, 2015

Neonatal Doctor is Community Hero



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By Shaunna Boyd

both services.

Planet.



Couch Theater The Hunger Games: Mockingjay

A Passion for Parrots Volunteering Time at Parrot Planet and the Wing Foundation



Sacramento **International Airport** Named Among Top Five for Customer Service

SACRAMENTO REGION, CA (MPG) - Repeating its success from three previous years, Sacramento International Airport has been ranked fourth in North America for customer service by Airports Council International (ACI), the

international trade association for commercial airports.

The awards were determined by the cumulative results of Airport Service Quality (ASQ) surveys collected in 2014. ASQ Awards recognize the best airports based on passenger surveys and are the only global survey measuring passengers' satisfaction while still at the gate. All airports use the same questionnaire and follow the same scientifically designed methodology.

Sacramento International Airport won fourth place in the category of Best Airport by Region-North America. The region includes the United States and Canada.

Since their creation in 2006, the ASQ Awards have become the world's leading airport passenger satisfaction benchmark, with more than 280 airports participating.

Sacramento International Airport also took top honors in 2012 and 2013.

"An award like this is the result of teamwork," said John Wheat, Director of Airports for the Sacramento County Department of Airports. "Airport and airline employees, the TSA, vendors, and partners are to be congratulated for creating a culture of customer service." Airports ranking ahead of Sacramento in the Best Airports by Region-North America category were Indianapolis (first), Tampa (second), and Jacksonville (third). For more information on the ASQ awards, visit the ACI website at www.aci. aero/Airport-Service-Ouality/ ASQ-Awards/2013-Winners.



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some education from the staff. including me, who volunteers and I absolutely love it. It is very therapeutic for me to be there helping and bathing birds and giving them attention," said Walter.

Parrot Planet has a cagefree philosophy and allows the birds, rescues, and babies raised in house to be out on manzanita stands where they can socialize and interact will store visitors. There is a section for the rescue birds called Rescue Island where people specifically looking to adopt can visit and get to know these birds.



Walter volunteers at Parrot Planet about 20 hours a week on top of working full time because she really feels there is a need to help these parrots. At Parrot Planet, these birds are taken in, cared for, housed, and taken to the vet. Potential adopters are interviewed and have to fill out an adoption contract; often, a home check is conducted to make sure the new home is suitable for the

parrots. There are also parrots available for adoption that are handicapped or damaged in some way due to not being cared for and housed properly. Walter herself recently rescued an abused Macaw in poor health and is slowly nursing him back to health with the help of a wonderful Avian Vet.

"We consistently receive, on average, one bird per week Continued on page 14

Maya Spiteri (above) is the niece of Parrot Planet volunteer Sara Walter. Following in her aunt's footsteps Maya loves to visit the shop and is a member of the bird club at her High School. Maya is pictured with Ariel the Toucan, who was surrendered after her loving owner died. Ariel is very much loved by all customers and staff and is very sweet. Domingo (at left) is a loving Hyacinth Macaw who was abandoned in an empty home with a badly broken wing that was beyond repair; he is very popular amongst all visitors and people often bring him treats. Hyacinth Macaws are native to South America.

Photo courtesy of Sara Walter

The Sacramento County

Continued on page 4



A male hummingbird rests on an American River Parkway tree cage.

Effie Yeaw Hosts Breakfast for Early Birds

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - There is more to ornithology than binoculars and obliging birds: Add a nature preserve resonant with avian song, throw in an expert docent, and garnish with a breakfast fit for a kingfisher. You then have the Effie Yeaw Nature Center's most popular spring event. "Bird and Breakfast" is served Saturday, March 21st and Sunday, March 22nd at the center's facility in Ancil Hoffman Park. Reservations are required; the two-day fundraiser sells out every year.

Having attended, I guarantee a fun jaunt. Supporters will likely see 40 or more species and no bird gets left behind; your Sacramento Audubon guide will be as excited by finches as by rock-star birds like great blue herons andyes, it's just possible—a bald eagle. This iconic raptor has recently been spotted in Gold River, so on our Carmichael Parkway stretch, we can baldly dream.

Equally fascinating is watching birds building and brooding during their most industrious season. Because Audubon experts locate nests faster than their vehicles in parking lots, visitors will likely see the abodes of wrens, hawks, woodpeckers, and titmice. Higher and harder to spot, some hummingbirds will have nested by March. Viewing moms on gossamer nests is made easier through on-site viewing scopes.

A 25-year spring tradition, the \$40 (\$35 for American River Natural History Association or Audubon members) safari is followed on Saturday by a gourmet breakfast. Saturday's foray does not accommodate children. Familyfriendly Sunday includes kids for \$10. On Sunday, Carmichael Kiwanis will serve pancake a breakfast.

Silent auctions of bird-related goodies accompany the meal. Proceeds assist the Nature Center. Effie Yeaw staffer Betty Cooper promises, "It's a rare opportunity to experience animal lifecycles and study the things you often pass by."

Neither excursion is recommended for very young children. Participants should wear comfortable shoes and bring binoculars. "Bird and Breakfast" begins at 8 a.m. on both days.

To reserve your space for the fundraiser, please call (916) 489-4918.

www.CarmichaelTimes.com

February 27, 2015

Raley's Celebrated 80th Anniversary

WEST SACRAMENTO, CA (MPG) - On February 16th, 1935, Thomas P. Raley opened his first store on Main Street in Placerville and advertised it as "the nation's first drivein market." So began what has become known as Raley's Family of Fine Stores, a nowintegral part of many California and Northern Nevada communities.

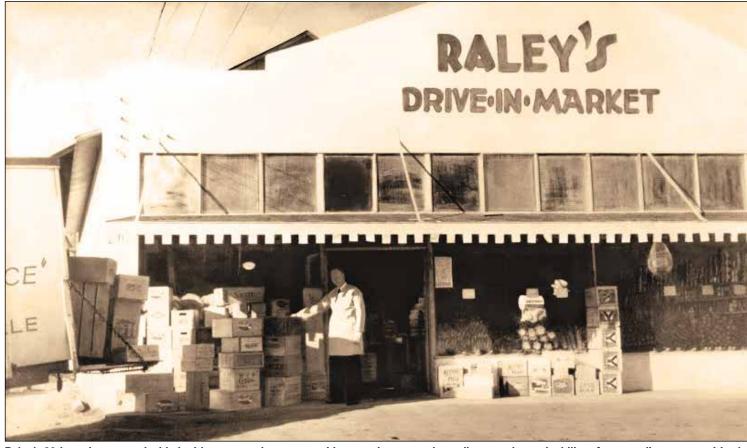
Today, with 128 stores and approximately 13,000 employees, customer service remains a priority, along with providing busy, health-conscious families with delicious, easy meal ideas at an everyday value.

"My family and I are proud of how the company has grown over the last eight decades, and proud that we continue to provide high-quality, fresh and local products and exceptional customer service, just like my grandfather set out to do in 1935," said Mike Teel, Raley's President and CEO.

Raley's 80th anniversary coincided with a renewed company-wide commitment to the wellness and sustainability of surrounding communities by partnering with local farmers to ensure customers can get the best, fresh products, and local food banks through the Food For Families program.

Raley's is a privately-owned, family-operated supermarket chain with headquarters in West Sacramento, California. The company operates 128 stores in Northern California and Nevada under four banners: Raley's, Bel Air Markets, Nob Hill Foods, and Food Source. Raley's was founded in 1935 by Tom Raley and is best known for high-quality products, fresh produce, fine meats, and outstanding customer service. Raley's strives to make its customers' lives easier and better by delivering a personalized food shopping experience. For more information, visit www. raleys.com or www.raleysseasons.com/newsroom/.

Source: Raley's



Raley's 80th anniversary coincided with a renewed company-wide commitment to the wellness and sustainability of surrounding communities by partnering with local farmers to ensure customers can get the best, fresh products, and local food banks through the Food For Families program. Photo courtesy of Raley's

Carmichael Chamber of Commerce proudly presents: ROOTING FOR THE HOME TEAM Honoring Carmichael Baseball Giant Dusty Baker as Person of the Year 2015

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Media Person of the Year Cecily Hastings Local Publisher

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*A portion of the proceeds to benefit the Effie Yeaw Nature Center



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Dancers Boogie Through the Weekend at Capital Swing Convention

By Margaret Snider

RANCHO CORDOVA, CA (MPG) - Nearly 1,000 people attended the 23rd Capital Swing Convention held at the Red Lion Hotel from February 12th through 15th. Dani Canziani, formerly from Sacramento and now living in Reno, has been the Chair of the event for the last 20 years. "Some people come for the competition, some people come to watch the show, some people come to take workshops," Canziani said. "You have all those different elements that make it all up."

Many of those attending were from the greater Sacramento area—including Rancho Cordova and Carmichael but it is an international event, drawing dancers from many different states and internationally.

Glenda Smith of Rancho Cordova has been dancing seriously since 2002 and has participated in West Coast Swing since 2005; she has trophies from competitions all over the United States. In many events, the competitors don't know what type of music will be played or even who their partner will be until the very moment they are to begin the competition. Smith takes it all in stride. At this convention, she and KZ from San Diego placed 5th in the Intermediate Jack and Jill Division.



Glenda Smith (left) of Rancho Cordova dances with partner KZ from San Diego at the 2015 Capital Swing Convention. They took fifth place in the Jack and Jill Intermediate Division. Photo courtesy of Bradford Whelan Photography

"It's been a great time," Smith said. "I've met so many people from all over the world. We always joke and say, 'if

only the leaders (of countries) would dance, we wouldn't have all these problems going on.""

Kathryn Mongeau of Rancho Cordova placed third in the Masters Division of the Jack and Jill event and performed a pairs routine with Rob Brown of Fresno. At a convention, the synergy of so many dancers can be electrifying. "When you're in a room with 800 people and the music's playing and we're all dancing, and everybody loves it like you do, oh my gosh, the energy in the room!" Mongeau said. "Everything is just so incredibly fun."

Another Rancho Cordovan, Theresa McGarry, placed fourth in the category of Sophisticated West Coast Swing. "I love creating the dance on the spot with a partner in competitions," McGarry said.

Not everyone comes for the competition. Although they have competed in the past, Billie and Art Swartz of Carmichael attended this year to watch the events and participate in the social dancing. Now in their 80s, they have been dancing for many years. "It's just the beauty of it, the way some people can get the body to move," Billie Swartz said. "It flows so beautifully when it's done right."

The Convention is put on by the Capital Swing Dancers club, which also holds a local dance on the third Saturday of each month at the Fair Oaks Community Center.

"We get people that drive a couple hours to come to our club dances every month. The convention is different, more national—international, honestly," Canziani said.

Richard Chung is one of those attendees who came from another country. He grew up in New Jersey, but now lives with his wife in South Korea. They are in the United States for a while to attend various dance conventions. The Capital Swing Convention, he said, is an excellent one. "Compared to other events that I've been to in the States, it has a (special) scale of class and professionalism to it," Chung said.

Everyone registered can participate in the social dancing between events at the conventions, even if they are not competitors. "It doesn't matter what size you are, what age you are, what color you are, what ethnicity you are, everybody dances with everybody," Smith said.

For more information on Capital Swing Dancers club, visit www.capitalswingdancers.org. ★



While they have competed in the past, Billie and Art Swartz of Carmichael were at the Convention this year to watch the show and to participate in the social dancing between events. Billie Swartz was one of the first members of the local Capital Swing Dancers club. Photo courtesy of Bradford Whelan Photography



Kathryn Mongeau of Rancho Cordova and Rob Brown of Fresno performed a demonstration routine on Saturday evening at the Capital Swing Convention in Sacramento. Photo courtesy of Bradford Whelan Photography





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Marvel Universe LIVE! Debuts in Sacramento

Super Heroes Will Unite for an Epic Battle to Save the Universe!



Feel the energy and excitement of Marvel Universe LIVE! with cutting-edge special effects, pyrotechnics, aerial stunts, martial arts, motorcycles, and stunning video projections that completely immerse the audience in the epic action and story. Photo courtesy of Atherton Public Relations

SACRAMENTO REGION, CA (MPG) - Marvel fans, assemble! Marvel Universe LIVE! is taking the live entertainment experience to a whole new groundbreaking level, with a mind-blowing stunt show unlike anything experienced before. Watch your favorite Marvel Super Heroesincluding Spider-Man and The Avengers (Iron Man, Black Widow, Hulk, and more)-and menacing Villains come to life in an action-packed arena extravaganza debuting in Sacramento for the first time ever on March 12th through March 15th for seven performances at the Sleep Train Arena.

Marvel Universe LIVE! will captivate audiences with an authentic and original story that brings more than 25 Marvel icons together on one awesome quest. The Cosmic Cube, the source of ultimate power and one of the most feared and coveted treasures in the Marvel Universe, has been shattered into pieces by the Mighty Thor in order to prevent it from falling into the wrong hands. With the pieces scattered across the globe, Thor's villainous brother Loki devises a scheme to clone its powers, inciting a threat that could not only decimate Earth but also obliterate the Universe.

Feel the energy and excitement with cutting-edge special effects, pyrotechnics, aerial stunts, martial arts, motorcycles, and stunning video projections that completely immerse the audience in the epic action and story. Nearly two years in the making, Marvel Universe LIVE! is being hailed as the most technically advanced and innovative live touring shows ever (in the more than 40-year history of Feld Entertainment). Join Marvel fans of all ages for this once-in-a-lifetime, monumental performance... the fate of the Universe depends on it!

Shows will be held at Sleep Train Arena, One Sports Parkway, Sacramento, CA 95834. Show times are Thursday, March 12th at 7 p.m.; Friday, March 13th at 7 p.m.; Saturday, March 14th at 11 a.m., 3 p.m., and 7 p.m.; and Sunday, March 15th at 1 p.m. and 5 p.m. Tickets start at \$20 for adults with limited VIP and front row premium seating available. Kids (ages 2-12) tickets are priced at just \$15 (only valid for upper bowl seating, Thursday and Friday shows). Opening Night special discount tickets are available for \$15 for select seating (not valid for premium VIP/front row seating). Tickets are available for purchase online at www. Ticketmaster.com, by phone at (800) 745-3000, or in-person at the venue Box Office. (Tickets may be subject to service charges, facility, and handling fees.)

Source: Atherton Public Relations

"Nature of Things" Seminar and Field Study Series

Effie Yeaw Nature Center Presents "Vernal Pools: Mosaics of Life"

CARMICHAEL, CA (MPG) - Millions of years of geology and evolution have created the spectacular vernal pools of the Sacramento Valley. These exceptional, rare wetland ecosystems are unique to California and support a complex food web as well as many rare plant species.

The Effie Yeaw Nature Center presents the "Nature of Things" Seminar and Field Study Series. On Thursday, March 12th, come to the Nature Center from 6:30 p.m. to 8:00 p.m. to attend the seminar "Vernal Pools: Mosaics of Life" with Eva Butler and learn about the vernal pools in our area. There will also be a Field Study outing at Mather Field Park on Saturday, March 14th from 9:00 a.m. to 11:00 a.m. The cost to attend the seminar is \$20 for American River Natural History Association (ARNHA) members and \$25 for non-members; reservations are required. For more information and to register for these events, please visit www.sacnaturecenter.net or call (916) 489-4918.

Source: Effie Yeaw Nature Center ★

Sacramento International Airport Named Among Top Five for Customer Service

Continued from Page 1

Department of Airports is responsible for planning, developing, operating, and maintaining the county's four airports: Sacramento International Airport, Executive Airport, Mather Airport, and Franklin Field. The regional economic impact of the Sacramento County Airport System is more than \$4 billion annually. For more information, visit www. smf.aero.

Source: Sacramento County Department of Airports ★

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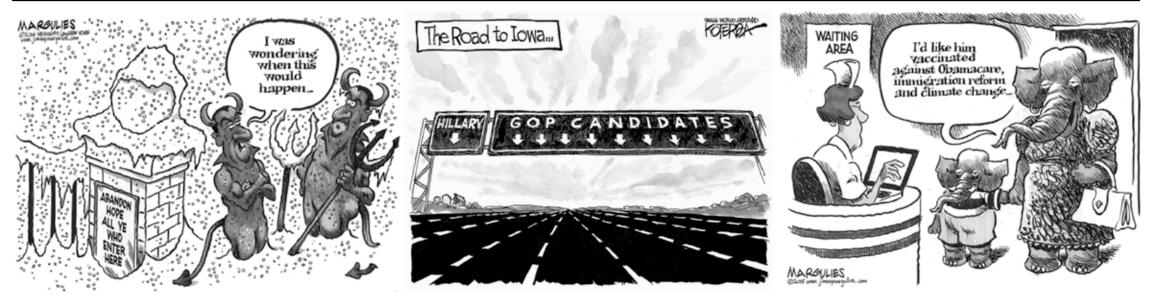
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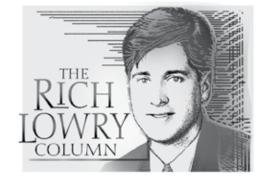
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THE RICH LOWRY COLUMN By Rich Lowry

The Return of Evil

Where is Chris Kyle when you need him?

The late hero of the movie "American Sniper" made no apology for killing as many members of al-Qaida in Iraq, the precursor of ISIS, as he could get in his rifle sights.

After a captured Jordanian pilot was burned alive, who would object to Kyle, or any other American sniper, shooting down these murderous fanatics if he could get access to them? And who would quibble with Kyle's characterization of these people as "savages"?

Part of what the left finds objectionable about Kyle is his unshakable moral certainty. But in light of ISIS's spectacular advertisements of its own cruelty, Kyle's point of view holds up

GOT LOCAL NEWSP

very well. The ISIS beheadings last summer marked the return of the rhetoric of evil, because no other word will quite suffice for beheadings, crucifixions and, now, an immolation.

"Violent extremism," the administration's phrase of choice, obviously doesn't capture it. You can pile on the adjectives — hideous, savage, heinous — and still not get at the boundless malevolence of caging a man and burning him alive.

In his first statement after the horrifying news of the pilot's fate, President Barack Obama said the act reinforced the "viciousness and barbarity" of ISIS, which he repeated must be — what else? — "degraded and ultimately defeated."

He added that "whatever ideology they're operating off of, it's bankrupt." Argentina is bankrupt. Radio Shack is

bankrupt. ISIS is evil.

Obama has used the word "evil" about ISIS on other occasions, although obviously not as often as his predecessor. George W. Bush made unapologetic use of the word and caught hell for it. On the left, it became a given that it spoke to his manifest unsuitability for the presidency.

Commentator Bruce Bartlett unburdened himself of this deep thought: Bush believes the Islamic radicals "can't be persuaded, that they're extremists, driven by a dark vision. He understands them, because he's just like them."

Yeah, they were exactly the same except that one unhesitatingly ordered the hijacking of civilian aircraft to crash into skyscrapers, and the other unhesitatingly described that act of mass murder as evil.

What is it about the word "evil" that so offends the left?

It smacks of a religious worldview that makes secularists uncomfortable. It sets up a natural opposition between good and evil that is altogether too confident in our own virtue for the left. It doesn't necessarily entail any particular policy response, but it tilts toward a total commitment to fighting the enemy, since a campaign to degrade evil feels inherently inadequate.

If Bush was ill-served at times by his stubbornness and certainty, it's always worth remembering that Democrats were perfectly content to lose to al-Qaida in Iraq when Bush was ordering the surge in 2007, and Obama's insistence on pulling out of Iraq entirely was a priceless boon to ISIS.

We were supposed to be beyond good versus evil, although the other side didn't get the memo and never left the field. It's almost as if the greatest trick evil ever played was persuading the left not to call it by its proper name.

Rich Lowry is editor of the National Review. (c) 2015 by King Features Synd., Inc.

HOCUS-FOCUS ΒY HENRY BOLTINOFF



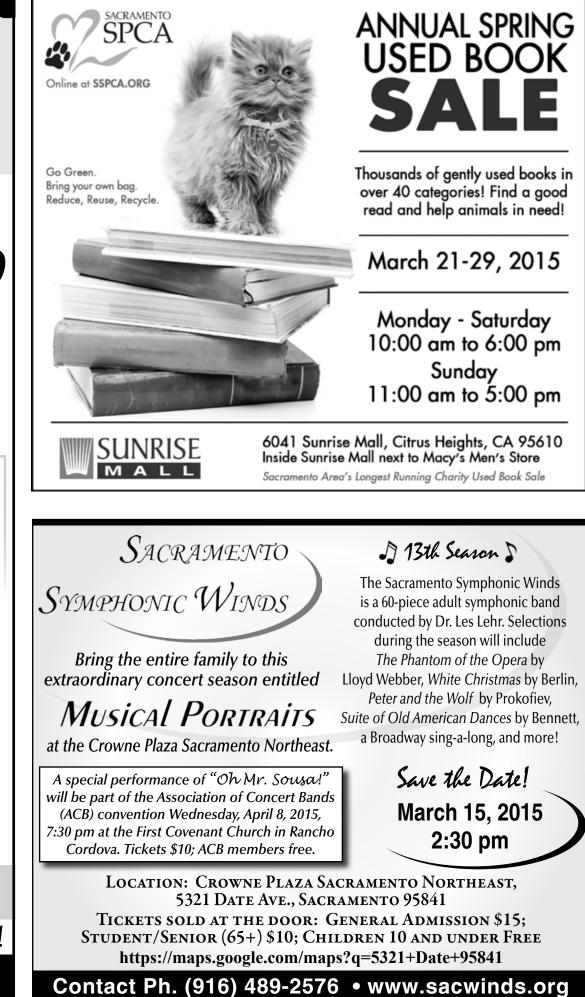
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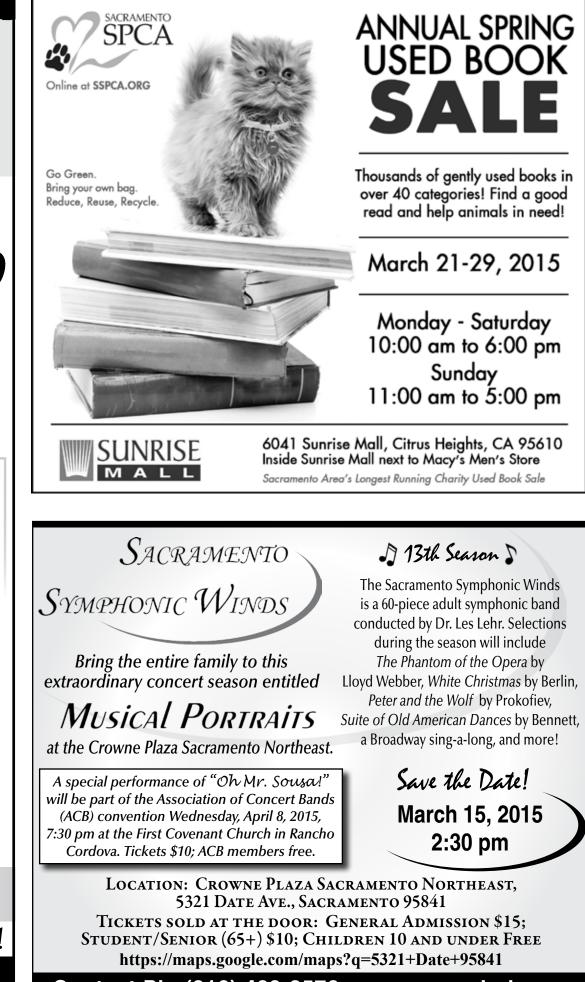


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Donated Medical Equipment Is Key to Animal Adoption



The County's Bradshaw Animal Shelter has been awarded grants and donations for specialized medical equipment that helps provide enhanced veterinary services to more effectively treat the shelter animals. Whether it's to perform diagnostics or surgery, the state-of-the-art equipment like the digital X-ray machine, orthopedic power equipment, anesthesia delivery system, and the new dental unit enables County veterinarians to quickly assess, make diagnoses, and treat the animals that are on a journey to find new homes. Photo courtesy of Sacramento County

By Brenda Bongiorno, Sacramento County Communication and Media Officer

SACRAMENTO COUNTY, CA (MPG)

- To ready shelter animals for adoption, medical services are often needed. Some animals come to Sacramento County's Bradshaw Animal Shelter with abscessed teeth, skin conditions, and badly in need of grooming. Others may have internal medical conditions or been injured and in need of surgery. Still others just need some "manners" or a bit of TLC at a foster home. These are just some of the things Sacramento County does daily to prepare the roughly 15,000 animals for adoption that come to the shelter annually.

Shelter Veterinarian Jean Rabinowitz said, "Who would adopt a pet that needs hundreds of dollars in veterinarian services right off the bat? The answer is, not many. We need to address the health issues of our shelter animals in order to get these perfectly wonderful animals into permanent homes."

The County's Bradshaw Shelter has been awarded grants and donations for specialized medical equipment that helps provide enhanced veterinary services to more effectively treat the shelter animals. Whether it's to perform diagnostics or surgery, the state-of-the-art equipment like the digital X-ray machine, orthopedic power equipment, anesthesia delivery system, and the new dental unit enables County veterinarians to quickly assess, make diagnoses, and treat the animals that are on a journey to find new homes. Department Director Dave Dickinson said, "Having this equipment at the shelter eliminates stressful offsite transport, speeds care and gets us to our goal of increasing adoptability of our animals, and simultaneously

reduces the shelter's population. We will always have animals in need of life-saving medical services, and community donations and volunteering can help the Shelter continue to offer these vital services to shelter animals."

In fact, the donation by Sacramento County residents, Jack and Kathleen Sellers, of nearly \$8,000 for a veterinary dental unit with compressor (\$5,995) and dental scaler (\$1,795) has already increased the adoptability of the Shelter animals.

"Something as simple as poor dental health can be the door to other detrimental and expensive medical issues," said Dr. Rabinowitz. "That's why this new dental equipment is so important. Through the generous donation from the Sellers, we can now treat the animals that come through our Shelter, get them healthy and ultimately to their new families."

Kathleen Sellers came to know Dr. Rabinowitz through her work to help senior and special needs Chihuahuas. At any one time, Jack and Kathleen have several of these senior citizen dogs in foster care on their ranch. While fostering a senior Chihuahua named Autumn from the Shelter, Kathleen brought her to Dr. Rabinowitz for surgery. Unfortunately, due to her age, Autumn was in advanced kidney failure and couldn't have the surgery. Kathleen, committed to her mission to help other Chihuahuas, was interested in fostering Pepper, another of Bradshaw's Shelter animals. Dr. Rabinowitz explained that, unfortunately, Pepper needed extensive dental work, and that's when Kathleen and her husband saw an opportunity to do even more to help shelter animals by donating the money needed for the dental unit.

of Autumn and Pepper and also sponsored a Habitat Room at the Bradshaw Animal Shelter. Without the teamwork of the vets and the dental technicians who volunteer their time, this wouldn't have been made possible. I appreciate all the Shelter staff and volunteers for what they do to help these animals get forever homes."

When the public makes Special Medical Needs Donations, those contributions are earmarked for medical procedures for the County's Shelter animals or for needed surgical equipment, supplies, and medications.

In addition to donating medical funds, the community can help in other ways to get shelter animals adopted. The Shelter's volunteers and foster providers help shelter animals to brushup on their manners and provide consistency and behavioral training, while other animals can get stressed out at the Shelter and need a home environment with a foster care provider. A little oneon-one TLC by volunteers and foster providers is often the solution that gets a skittish animal, or one that is acting out, on the right track to adoption.

Meghan Ramczyk, Rescue/ Foster Coordinator said, "I liken the shelter to city living, and just like people, city living can stress them out; that's where foster providers are truly life savers and can help an animal decompress in a home environment. I've seen remarkable transformations in animals with just



By Pastor Rich Reimer

I've heard that people these days often select a local church to attend by political positions, but what about style of music? I believe God likes all styles of music...but people can be "picky"! The church of the 21st century must recognize that reality and try their best at providing musical styles that are current with the surrounding culture. The lyrics must as always be consistent with the message of that particular faith community. But the style can be any type that helps persons connect with the Almighty.

Church Music Style

The Worship Team at American River Community Church (ARCC) has tried a number of styles and service times over the past decade so as to better connect with our community of Carmichael and beyond. Most recently, we made the decision to go back to the model of offering two distinct styles of music in our church gatherings on Sunday morning.

At the 9:30 am Worship Service we have hired a full band led by the talented duo of Denise and Ted Leonard. Denise is our Worship and Music Director and Ted is her husband. Both are outstanding vocalists and Ted is a professional electric guitarist. They provide cutting edge, concert venue, contemporary, Christian music for those who enjoy and "rock" that style. At the 11: 00 am Worship

At the T1: 00 am worship Service we provide a style I call "Classic Blend". Like a good cup of coffee this music style is a blend of traditional hymns with a hint of contemporary flavor. The gifted and gracious, Dan Applegate, who has a degree in guitar from Sacramento State, leads this musical style and is joined by our awesome Russian trained pianist, Irina Kolbach. Local smooth jazz pianist, Dave Brais, rounds out the combo by adding bass and other keyboard voices to the mix.

Music is a very powerful medium in our culture and we take its use very seriously here at ARCC. With many generations attending, our location in the heart of our increasingly diverse community, we believe these two options will resonate with both young and old in Carmichael.

In case you are wondering where our church campus is located, we're right next to the Carmichael DMV, that Spanish style compound on the corner of Walnut and North Avenues. Guests are always welcome! Check out our people in action on Facebook or go to our website for more information.

Reverend Richard Reimer, Lead Pastor American River Community Church 3300 Walnut Ave., Carmichael 916-483-3465 Facebook.com/ARCConline

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SPRING 2015

Kathleen Sellers said, "We made this donation in memory

a couple weeks offsite. When potential adopters see a happy animal, they are more apt to adopt them."

Find out about the happy and healthy animals available for adoption, as well as opportunities to volunteer or donate, on the Animal Care website at www.acr.saccounty.net.

Source: Sacramento County ★

Sacramento County DA Reports



Recent cases of interest

CASE: Terence Bowman (02/25/15)

PROSECUTOR: Deputy District Attorney Quirina Orozco, Adult Sexual Assault Unit

District Attorney Anne Marie Schubert announced that Terence Bowman was convicted by jury of forcible rape.

On January 3, 2014, Bowman forcibly raped the victim in her Oak Park home. Following the sexual assault, the victim immediately walked to UC Davis Medical Center to obtain medical treatment.

Bowman previously suffered felony convictions of first-degree robbery and resisting an executive officer. He faces a maximum potential sentence of 23 years in state prison. Sentencing is set for March 13, 2015 at 9:00 a.m. in Department 22 before the Honorable Russell Hom.

CASE: Sarah Stephens (02/20/15)

PROSECUTOR: Deputy District Attorney Eric Kindall, Homicide Unit

District Attorney Anne Marie Schubert announced today that Sarah Stephens pled no contest to voluntary manslaughter and felony child abuse in connection with the death of her infant son, Ryder Salmen.

On April 29, 2012, relatives noticed that Stephens appeared to be "out of it" and her 2-monthold son Ryder was lethargic. Ryder was taken to an emergency room and methadone was detected in his system. He was given an antidote and revived. Stephens did not have a prescription for methadone at the time.

On September 28, 2012, emergency personnel were called to Stephens' apartment, where they found 7-month-old Ryder dead. Testing revealed he had received a lethal dose of methadone, alprazolam and oxymorphone. Stephens did not have current prescriptions for any of those drugs at the time. Subsequent testing conducted by the District Attorney's Laboratory of Forensic Services determined it was scientifically unlikely the fatal overdose came from breast milk.

Stephens is facing a maximum potential sentence of 12 years and 4 months in state prison. Sentencing is set for March 27, 2015 before the Honorable Ben Davidian.



DONALD KENDRICK | MUSIC DIRECTOR

EUROPEAN MASTERWORKS

Magnificat (West Coast Premiere) | Cecilia McDowall *Great Mass in C Minor, кv 427* | W.A. Mozart

Hailed by Gramophone magazine as the new voice of English composers, McDowall's evocative and poignant "Magnificat" is the perfect prelude to Mozart's triumphant masterpiece.

Nikki Einfeld, Soprano Marina Boudart Harris, Soprano Ross Hauck, Tenor Daniel Yoder, Bass

Projected supertitle translations

Saturday, March 14 at 8:00 p.m. 7:00 p.m. – Pre-concert talk by Donald Kendrick

Community Center Theater 1301 L Street, Sacramento

Concert Sponsor Raley's BELAIR For food, For family, For you."





Marina Boudart Harris



Ross Hauc



Daniel Yode

"In all, the concert (European Masterworks) was another example of how glorious choral music can be when sung by skillfully directed singers who are accompanied by a fine professional orchestra."

by E. Haig – Sacramento Gazette, March 14, 2014

Community Center Theater Tickets CCT Box Office | 916.808.5181 or TICKETS.COM

SACRAMENTOCHORAL.COM

Garth Brooks World Tour Comes to Sacramento

SACRAMENTO REGION, CA (MPG) -Garth Brooks World Tour with Trisha Yearwood is coming to Sacramento! In the electrifying return of one of America's most powerful concert forces, Garth Brooks makes his first California appearance on the World Tour and his first shows in Sacramento in over 17 years. Shows will be held at Sleep Train Arena, One Sports Parkway, Sacramento, CA 95834. Shows dates and times are Friday, March 27th at 7:00 p.m., Saturday, March 28th at 7 p.m. and 10:30 p.m., Sunday, March 29th at 7:30 p.m., Tuesday, March 31st at 7:30 p.m., and Wednesday, April 1st at 7:30 p.m.

Tickets are on sale now, and there is an eight-ticket limit per person. Ticket prices are \$62.98 plus \$3.15 tax plus \$2.50 facility fee plus \$6.25 service charge: total ticket price is \$74.88.

You can buy tickets only from the following vendor options: www.ticketmaster.com or www. ticketmaster.com/garthbrooks, or (800) 745-3000 or Ticketmaster Express at (866) 448-7849.No ticket sales are available at the venue box office or Ticketmaster outlets. Special Note: Select seats protected with paperless delivery (www.ticketmaster.com/



In the electrifying return of one of America's most powerful concert forces, Garth Brooks makes his first California appearance on the World Tour and his first show in Sacramento in over 17 years! Photo courtesy of Varnell Enterprises

creditcardentry).

If you do not currently have a Ticketmaster account, go to www.Ticketmaster.com/ GarthBrooks to register for a

quicker purchasing experience. The Garth Brooks World Tour is sponsored by GhostTunes.

Source: Varnell Enterprises ★

Child Support Payments Made Easier with MoneyGram

SACRAMENTO COUNTY, CA (MPG)

- The State of California has partnered with MoneyGram to provide convenient locations for paying child support to the Sacramento County Department of Child Support Services (DCSS).

Parents previously had to drive to a local DCSS office if they preferred in-person payment, but can now pay while they shop at one of approximately 100 locations in Sacramento like CVS Pharmacy, Walmart, or Raley's.

"This increased access makes the

child support payment process easier," said Terrie Porter, director of DCSS. "It benefits the children and their families when parents are able to make payments on time."

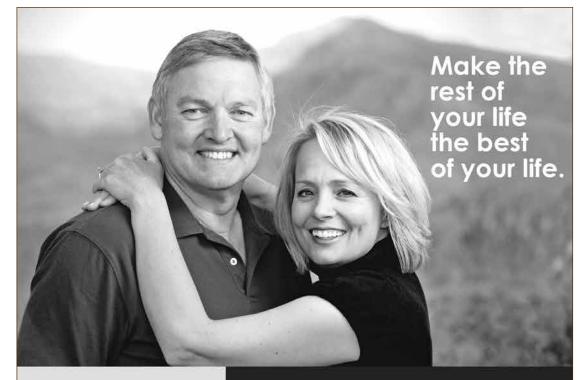
Parents can pay MoneyGram with cash, debit, and credit at any of its nationwide locations. To make payments, parents need their personal Participant Identification Number (PAR ID) and the Receive Code 14630. There is a \$1.99 convenience fee, but for many the accessibility saves money on time and travel. Payments may take up

to three days to post, so parents should plan accordingly.

Child support payments may also be made online, by phone, by mail, and by mobile app for increased convenience.

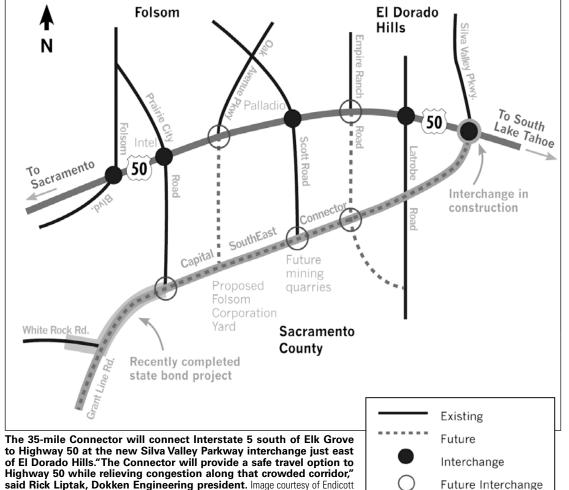
Go to the MoneyGram website to find locations in your area. To find out which local DCSS offices accept in-person payments, call (866) 901-3212 or visit the DCSS list online.

Sources: Sacramento County and Gospel Cruz



Engineering and Environmental Work Underway on Connector Segment

Joint Powers Authority Board Approves Contract With Dokken Engineering



Highway 50 while relieving congestion along that crowded corridor," said Rick Liptak, Dokken Engineering president. Image courtesy of Endicott Communication

SACRAMENTO REGION, CA (MPG) The Capital SouthEast Connector Joint Powers Authority (JPA) has approved a \$1.4 million contract with Dokken Engineering for preliminary engineering and environmental documentation for the 5.5-mile segment on White Rock Road from Prairie City Road in Folsom to Latrobe Road in El Dorado Hills.

The 35-mile Connector will connect Interstate 5 south of Elk Grove to Highway 50 at the new Silva Valley Parkway interchange just east of El Dorado Hills.

"The Connector will provide a safe travel option to Highway 50 while relieving congestion along that crowded corridor, and we're excited about playing a direct role in moving the project forward," said Rick Liptak, Dokken Engineering president.

Barring unforeseen delays, the preliminary engineering and environmental review work is expected to be completed by

acquisition, and construction can begin when additional funding is secured. This could occur as early as 2018.

"This contract is an important step for the project as it will enable us to put any available funding to work quickly once the initial alignment and right-of-way is set," said Tom Zlotkowski, JPA executive director.

The total estimated cost to design and construct the segment, which connects with a recently improved two-mile segment to the west on White Rock Road between Prairie City Road and Grant Line Road, is \$54.5 million. In addition to revenues from the Sacramento County Measure A transportation sales-tax program, funding is expected to come from a combination of state and local sources.

The Connector's overall first phase, envisioned to be completed between 2018 and 2023, will include construction of a Connector "backbone"

lanes; expanded at-grade intersections; a separated path for pedestrians, bicyclists, and equestrians; and right-of-way preservation for the project's full build out.

The project's second phase includes interchanges and additional high occupancy vehicle (HOV) lanes, or carpool lanes, as needed in some segments and would be completed as demand necessitates and additional funding is made available.

Construction of the Connector is expected to create more than 5,400 new full-time jobs and generate \$310 million in new labor income, \$831 million in new regional economic output, and more than \$23 million in new indirect business tax revenue. Over 20 years, the Connector is expected to create more than 25,000 total new direct and indirect jobs and generate \$2.5 billion in new economic output and \$182 million in new indirect business tax revenue.

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- Create and read dating diaries
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You can upgrade from free to full membership by accessing 'My Account' when you login, or click here to be taken to the membership page once you are logged in. If you have any questions about your membership, or have any trouble using singleagain.com/dating, our dedicated support team are on hand to help you.

the end of 2015, after which over the 35-mile alignment final design, right-of-way that includes four continuous Communications

Endicott Source:

Carmichael Local Earns "Fellow of the Academy" Designation

Jim Welch Inducted Into the 2015 Class of Fellows by the American Academy of Orthotists and Prosthetists

CARMICHAEL, CA (MPG) - Jim Welch, CPO, FAAOP, a certified practitioner of orthotics and prosthetics at Integral Orthotics and Prosthetics in Carmichael, was inducted into the 2015 class of Fellows by the American Academy of Orthotists and Prosthetists (the Academy) during the organization's 41st Annual Meeting and Scientific Symposium on Friday, February 20th in New Orleans. Welch is one of just seven people in the nation to receive the distinction this year.

"The Fellow of the Academy designation is one of the highest honors in the orthotic and prosthetic (O&P) profession," said Academy Executive Director Peter Rosenstein. "Only a small

percentage of O&P practitioners have demonstrated the commitment to the highest level of patient care through the pursuit of continuing education and service to their community required to earn the Fellow designation."

While completing his O&P training, Welch performed nearly 1,300 hours of volunteer service at VA Medical Centers in Long Beach and West Los Angeles. He has applied his clinical expertise as a writer and editor of educational texts, and he mentors new O&P practitioners. Welch has launched a project to teach adaptive dance to amputees and brace wearers and is attempting to develop an adapted dance protocol to reduce risk of injury to this population.

Academy Fellows-who must be certified by the American Board for Certification in Orthotics, Prosthetics, and Pedorthics (ABC)-are noted with the "FAAOP" credential after their names.

The Academy inducts Fellows each year at its Annual Meeting and Scientific Symposium. The 42nd Annual Academy Meeting will be held in Orlando from March 9th through March 12th, 2016.

To learn more about the Academy and its Fellow program, please visit www.oandp. org.

Source: The American Academy of Orthotists and *Prosthetists*

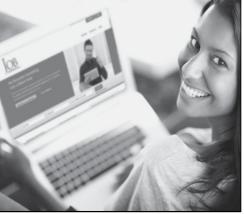
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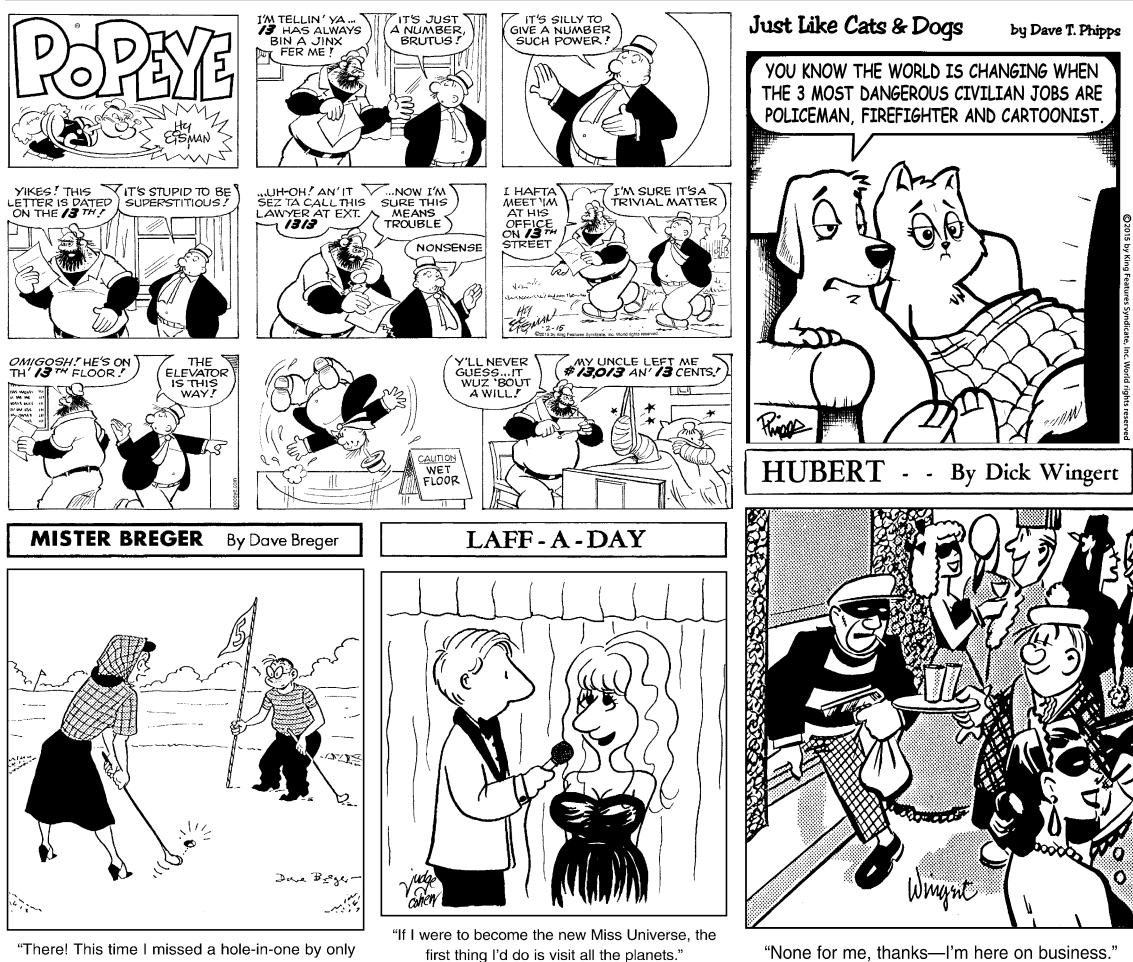
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Our Spiritual Leader Reverend Kevin Kitrell Ross, Senior Minister

Our Vision

"Centered in God, we co-create a world of peace, prosperity and unconditional love for all."

Unity of Sacramento is home of the Daily Word and is an affiliate of the Unity Worldwide Ministries and Unity Institute at Unity Village, Missouri.

OUR SUNDAY CELEBRATION SERVICES

Traditional /Contemplative 9:00 AM Guided Meditation 10:15 AM

Contemporary/Inspirational 11:00 AM with Sunday school for children and teens during the 11:00 am services

> Unity of Sacramento, 9249 Folsom Blvd Sacramento, CA 95826 • 916-368-3950 unityofsacramento.com



ARIES (March 21 to April 19) Having second thoughts could be a good thing, even if you're determined to go through with your plans. You might find it worthwhile to take a fresh look at how things have been set up.

TAURUS (April 20 to May 20) Financial matters could continue to be a problem until you're able to straighten out some of the more pesky situations. Once that happens, the rest should be easier to unsnarl.

GEMINI (May 21 to June 20) Family matters once again take center stage, and should be dealt with competently and quickly. And, again, insist on others taking on their fair share of the responsibilities.

CANCER (June 21 to July 22) Your creative pursuits seem to be running into a roadblock. But rather than blame outside factors, look within to see if you might be holding back your efforts for some reason.



LEO (July 23 to August 22) Keep that keen Cat's Eye focused on relevant aspects of Don't be distracted by trivial facts before making a decision.

VIRGO (August 23 to September 22) As much as you prefer doing things on your own, continue to accept help if you still need to resolve the problem affecting your project. Some cheerful news is about to come your way.

LIBRA (September 23 to October 22) While you might begrudge the added time it will take to get your project from point A to B to C, etc., you could benefit from the facts that will emerge over this expanded time span.

SCORPIO (October 23 to November 21) Regarding your workplace suggestions, be prepared to produce the facts to counter reactions from skeptics who feel your approach is unreasonable or even impossible.

SAGITTARIUS (November 22 to December 21) Savvy Sagittarians will look for answers work-related on their own rather than rely on unproved assumptions. It might take more time to do so, but the payoff is worth it.

CAPRICORN (December 22 to January 19) Your aspects continue to favor family this new situation in your life. issues, with special emphasis this week on changes in matters. You need the pertinent and around your home. Get everyone to suggest what he or she would like to see done.

> AQUARIUS (January 20 to February 18) A matter you thought had been settled might still produce surprises. Best advice: Continue to gather facts to bolster your position just in case you need produce them quickly. to

PISCES (February 19 to March 20) While your instincts are usually right when discerning 'twixt truth and deception, you could benefit from doing more research on the new "prospect" that you've been pitched.

BORN THIS WEEK: Your wisdom is only matched by your generosity, making you the sort of friend everyone hopes to have.

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If you're like the average American parent, your kids get \$3.40 from the tooth fairy for each tooth lost. (c) 2015 King Features Synd., Inc

COMFORT FOODS MADE FAST AND HEALTHY! By Healthy Exchanges

Country-Style Ham and Potato Chowder

I love any kind of soup, but I 11/2 cups diced cooked especially love potato soup. It's potatoes the most comforting soup I can think of. Try this healthy version thawed and see if you don't agree.

- 1 (10 3/4-ounce) can reducedfat cream of celery soup
- 1 cup fat-free milk
- 1 teaspoon dried onion flakes
- 1 teaspoon dried parsley flakes
- 1 1/2 cups diced extra-lean ham

1 cup frozen whole-kernel corn, 1 cup frozen cut broccoli,

thawed

1. In a large saucepan, combine celery soup, milk, onion flakes and parsley flakes. Add ham, potatoes and corn. Mix well to combine. Stir in broccoli.

2. Bring mixture to a boil, stirring often. Lower heat, cover and simmer for 10 minutes, stirring occasionally. Makes 4 (1 1/4 cup each) servings.

Each serving equals: 240 calories, 4g fat, 19g protein, 32g carb., 730mg sodium, 4g fiber; Diabetic Exchanges: 1 1/2 Starch, 1 1/2 Meat, 1 Vegetable. (c) 2015 King Features Synd., Inc.



COUCH THEATER --**DVD PREVIEWS** By Sam Struckhoff EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of March 2, 2015.

PICKS OF THE WEEK



Natalie Dormer in "The Hunger Games: Mockingjay'

"The Hunger Games: Mockingjay -- Part One" (PG-13) -- After wrecking the Hunger Games and igniting a revolution, Katniss (Jennifer Lawrence) -- the franchise's arrow-slinging teen heroine -- is determined to rescue Peeta (Josh Hutcherson) from the clutches of the evil President Snow (Donald Sutherland). Katniss gains new allies from District 13 led by Alma Coin (Julianne Moore), who means business, and from the Capitol when Cressida (Natalie Dormer) and her camera crew flee. However, it seems like Katniss and the 13ers have different priorities.

Those two words at the end of the title tell you everything else you need to know about the movie. "Part One" is now the universal code for "we stretched out a single book of material into two bloated movies, because you'll see both anyway, and we'll get twice as much money." It's a shame. While the looks and performances are all there, this movie -- or more accurately the first part of a movie -- has a lot of set up and no climax.

"Foxcatcher" (R) -- Based on real events, this film looks at the toxic relationship between two wrestling brothers and the rich man who sees them as his way to greatness. Channing Tatum plays Mark Schulz, a once-revered Olympic wrestler who is invited to train for the 1988 Seoul Olympics at the estate of John du Pont (Steve Carrell) -- the not-so-athletic heir to a fortune. David Schulz (Mark Ruffalo) is Mark's older brother, coach and a hitch in John's control over Mark.

This is a movie of steady building suspense, meaningful small moments and an undeniable sense of aggression and violence just under the surface. Tatum plays a seemingly simple, icy character, but you can tell there's a lot of energy and confusion swirling behind that heavy brow. Carrell's role is often described as a "transformation," and it fits -- he is unsettling and almost unrecognizable.

"The Captive" (R) -- A young girl goes missing in an instant, leaving no trace and little to clear the guilt from her father (Ryan Reynolds). Almost a decade later, the parents are divorced, damaged and still searching for the people who kidnapped their daughter -somebody who apparently kidnaps and abuses children, and spies on the parents while their lives fall apart. You'll endure plot twists and TV crime-show cliches, and all you'll be left with an icky feeling.

"The Better Angels" (PG) -- This ponderous black-and-white film takes us into the childhood of Abraham Lincoln, but it's not a biography, and it's certainly no history lesson. Much of the story comes from the environment -- little sounds of nature, a timely breeze swaying the old oak branches. But it's easy to miss the story. It's a more moody, artsy look at growing up and the role of virtues. It's plain to see that filmmaker A.J. Edwards has drawn on his work with Terrence Malik; he just hasn't reached that level with this offering.

TV RELEASES

"Outlander: Season One --Volume One' "Longmire: Season 3" "Chips: Season 3" "A Place to Call Home, Season 1" "Da Vinci's Demons Season 2" (c) 2015 King Features Synd., Inc.



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Do you have a screw loose ... in your eyeglasses? This is an easy fix. Paint the screw with a dab of clear nail polish and quickly re-screw. It works like glue. Dab the top of the screw for a little extra insurance.

"Snow will better slide off a shovel that has been sprayed with furniture polish." -- T.L. in Minnesota

Here's an old tip, but a good one: Before going away on vacation, put a couple of ice cubes in a plastic baggie, and set it at the front of the freezer. When you return, if there is any evidence of melting, you will know you lost power while you were gone. If the bag is one big, flat cube, you lost power long enough to suspect all your refrigerator items of being spoiled.

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Thought for the Day: good speech should be like a woman's skirt: long enough to cover the subject and short enough to create interest." --Winston Churchill

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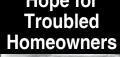
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FICTITIOUS BUSINESS NAME STATEMENTS

Legal Advertising Fax

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00588 James Tilden Christian, 2729 Panay Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tilden Stone & Glassworks" at 2729 Panay Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 22, 2015. Publish: February 6, 13, 20 and 27, 2015 TILDENSTONE 150126 2-27-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00693 Mikhail Kosachevich, 9358 Dartford Court, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Vizocube" at 9358 Dartford Court, Sacramento, CA 95829. Filed with the Clerk of Sacramento County on January 26, 2015. Publish: February 6, 13, 20 and 27, 2015 VIZOCUBE 2-27-15

150126 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00378 Sierra Office Systems and Products, Inc., 9950 Horn Road, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "KAMs Trade Bindery" at 9950 Horn Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County on January 14, 2015. Publish: February 6, 13, 20 and 27, 2015 150126 2-27-15 KAMS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00582 Costache Constantin, 7777 Guenivere Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Costaco Handyman Services" at 7777 Guenivere Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on January 22, 2015. Publish: February 6, 13, 20 and 27, 2015 COSTACO 150126 2-27-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00699 Bigg Badd, LLC, 4004 Stockton Boulevard, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Bigg Badd's Auto Sales" at 4004 Stockton Boulevard, Sacramento, CA 95820. Filed with the Clerk of Sacramento County on January 26, 2015. Publish: February 6, 13, 20 and 27, 2015

BIGGBADD 2-27-15 150126 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00595 Parmiit Singh, 1780 Creekside Drive #2518, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "College Town Bottle Shop" at 7690 La Riviera Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on January 22, 2015. Publish: February 6, 13, 20 and 27, 2015 COLLEGE 150127 2-27-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00624 Aleksandr V. Fastovich. 2701 Compton Parc Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Top View Engineering" at 2701 Compton Parc Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 23, 2015. Publish: February 6, 13, 20 and 27, 2015 TOPVIEW 150127 2-27-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00628 Randall Joseph and Kim Marie Rankin, 5133 Laurelview Avenue, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Flying R Express" at 5133 Laurelview Avenue. Carmichael. CA 95608. Filed with the Clerk of Sacramento County on January 23, 2015. Publish: February 6, 13, 20 and 27, 2015 FLYINGR 2-27-15

150128 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00626 Bryden Lazaro, 3892 Marshall Avenue. Carmichael. CA 95608 is doing business under the Fictitious Business Name(s) "Bird House Boyz" at 3892 Marshall Avenue, Carmichael. CA 95608. Filed with the Clerk of Sacramento County on January 23, 2015.

Publish: February 6, 13, 20 and 27, 2015 BIRDHOUSE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00405 Mary C. (Tina) Revnolds. 2420 D Street, Sacramento, CA 95816 and Tracy Saville. 3117 Cliff Circle, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Queentia, Her HQ and Her-Space" at 410 Alhambra Boulevard, Sacramento, CA 95816, Filed with the Clerk of Sacramento County on January 15, 2015. Publish: February 13, 20, 27 and March 6, 2015 QUEENTIA 150130 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00804 First Call Plumbing and Sewer Service, 4512 Dunnbury Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "First Call Plumbing and Sewer Service" at 4512 Dunnbury Way, Sacramento, CA 95842, Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 13, 20, 27 and March 6, 2015 FIRSTCALL 150130 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00596 Monika Hamilton, 5181 Connecticut Drive, Unit 2, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Your Own Marketing" at 5181 Connecticut Drive, Unit 2, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on January 22. 2015. Publish: February 13, 20, 27 and March 6, 2015 YOUROWN 150202 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00097 Daniel Allen Cox, 3546 Denfield Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Carmichael Futsal" at 3546 Denfield Lane. Carmichael. CA 95608. Filed with the Clerk of Sacramento County on January 6, 2015. Publish: February 13, 20, 27 and March 6, 2015 CARMICHAEL 150201 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00497 Maricarmen Ruiz, 4319 Norwood Avenue, Apt. 119, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "24/7 Cleaning Services" at 4319 Norwood Avenue. Apt. 119. Sacramento, CA 95838. Filed with the Clerk of Sacramento County on January 20, 2015. Publish: February 13, 20, 27 and March 6, 2015 CI FANING 150201 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00426 Patrick and Elizabeth Bell, 4109 Scranton Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Edge Consulting & Coaching" at 4109 Scranton Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 15, 2015. Publish: February 13, 20, 27 and March 6, 2015 EDGE 150202 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00682 Express Auto Rentals, Inc., 3244 Fulton Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Rent One Rent A Car" at 3244 Fulton Avenue, Sacramento, CA 95821, Filed with the Clerk of Sacramento County on January 26, 2015. Publish: February 13, 20, 27 and March 6, 2015

RENTONE 150202 3-6-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00232 American River Tile Co., 6747 Hickory Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "American River Tile Co." at 6747 Hickory Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County on January 8, 2015. Publish: February 13, 20, 27 and March 6, 2015 AMERICAN 150203 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00863 Adele Adonai and Susan Geneva Mills, 8160 Plumeria Avenue, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "SuperHuman Design" at 8160 Plumeria Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on February 2, 2015. Publish: February 13, 20, 27 and March 6, 2015 3-6-15

SUPERHUMAN 150203

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00488 Equity Strategists. Inc., 153 Cascade Falls Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Appcepts and AME Solutions" at 153 Cascade Falls Drive, Folsom, CA 95630, Filed with the Clerk of Sacramento County on January 16, 2015. Publish: February 13, 20, 27 and March 6, 2015 APPCEPTS 150205 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00344 Shianne R. Aquilina, 7412 Pennington Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "G.W. Firewood and Good Wood Firewood" at 7412 Pennington Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on January 13, 2015. Publish: February 13, 20, 27 and March 6, 2015 GWFIREWOOD 150205 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00448 Roya Zargari, 5419 Nyoda Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Permametrics and Rova's Skincare" at 5419 Nvoda Wav. Carmichael, CA 95608, Filed with the Clerk of Sacramento County on January 18, 2015. Publish: February 13, 20, 27 and March 6, 2015 PERMAMETRICS 150206 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00679 Richard Mathieu, 3516 Eisenhower Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Richard's Dependable Backflow and Plumbing" at 3516 Eisenhower Drive. Sacramento, CA 95826. Filed with the Clerk of Sacramento County on January 26, 2015. Publish: February 13, 20, 27 and March 6, 2015 RICHARDS 150206 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00802 New Shine Mobile Auto Detail, 4073 Cornelia Way, North Highlands, CA 95660 and Lietenant Coopwood III, 7104 Agora Way, El Dorado Hills, CA 95762, are doing business under the Fictitious Business Name(s) "New Shine Mobile Auto Detail D176061" at 4073 Cornelia Way, North Highlands. CA 95660. Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 13, 20, 27 and March 6, 2015

NEWSHINE 150206 3-6-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00207 Juan Miguel Martinez, 4400 Shandwick Drive, Apt. #170, Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Maggie's Glamour Salon De Belleza" at 5222 Hillsdale Boulevard, Suite #4, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on January 7, 2015. Publish: February 13, 20, 27 and March 6, 2015 MAGGIES 150205 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01031 Nikolay Petrashishin, 3963 Apple Blossom Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Infinity Steel Source" at 3784 Omec Circle, Unit #4. Rancho Cordova. CA 95742. Filed with the Clerk of Sacramento County on January 6, 2015. Publish: February 20, 27, March 6 and 13, 2015 INFINITY 150209 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01032 Tatiana Bogaciova, 2322 Sierra Madre Court #A, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "A+ House Cleaning" at 2322 Sierra Madre Court#A. Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County on January 6, 2015. Publish: February 20, 27, March 6 and 13, 2015 A+HOUSE 150209 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00149 Wesley Lee, 10 Free River Court, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Silvida Management" at 10 Free River Court. Sacramento, CA 95831. Filed with the Clerk of Sacramento County on January 4, 2015. Publish: February 20, 27, March 6 and 13, 2015 SILVIDA 150207 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01197 Petra D. Glenesk, 2524 Exeter Square Lane, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Sacred Vessel" at 2524 Exeter Square Lane. Sacramento, CA 95825, Filed with the Clerk of Sacramento County on February 13, 2015. Publish: February 27, March 6, 13 and 20, 2015 SACRED

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01167 Elegant Auto Sales, 1940 Zinfandel Drive. Suite C1. Rancho Cordova. CA 95670 is doing business under the Fictitious Business Name(s) "Elegant Auto Sales" at 1940 Zinfandel Drive, Suite C1, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on February 13, 2015. Publish: February 27, March 6, 13 and 20, 2015 150217 ELEGANT 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01208 Thomas Hoa Tram, 5412 Casa Danielle Circle, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Thomas T. Dental Club" at 5412 Casa Danielle Circle, Sacramento, CA 95824, Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015 THOMAS 150217 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01218 Susan Kay Lomolino, 3045 Walnut Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wild and Woolv Warmers" at 3045 Walnut Avenue, Carmichael, CA 95608, Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015 WILDWHOLLY 150217 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01114 Michael Marshall, 2424 Berrywood Drive, Rancho Cordova, CA 95670 and Ernesto Vasquez, Jr., 109 Sedgeford Way, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Draped" at 2424 Berrywood Drive, Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County on February 10, 2015. Publish: February 27, March 6, 13 and 20, 2015 150217 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00770TimothyW.andLoriA.Murchison, 3006 San Lorenzo Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Murchison Properties" at 3006 San Lorenzo Way, Carmichael, CA 95608, Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 27, March 6, 13 and 20, 2015 MURCHISON 150217 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT 4807 Etra Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sarah's Skin" at 7411 Winding Way, Suite E, Fair Oaks, CA 95628, Filed with the Clerk of Sacramento County on February 17, 2015. 150219 3-20-15

Townsend Real Estate, Townsend Real Estate

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174476 WHEREAS. Tamara Pruglo has filed a petition

with this court for a decree changing the name(s) of Tamara Pruglo to Tammy Kate Gurzhiy. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 9:00 a.m. on March 27, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 28, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: February 6, 13, 20 and 27, 2015 PRUGLO 150128 2-27-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174110

WHEREAS, Todd Richey and Holly Maxwell have filed a petition with this court for a decree changing the name(s) of Simone Avery Maxwell-Richey to Simone Avery Richey.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 20, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 21, 2015

David. I. Brown, Judge of the Superior Court Publish: February 6, 13, 20 and 27, 2015 RICHEY 150128 2-27-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00174495 WHEREAS, Rajeshkumar N. Parmar and Hina Rajeshkumar Parmar have filed a petition with this court for a decree changing the

name(s) of Viral R. Parmar to Vikesh R. Parmar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 30, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 28, 2015

David. I. Brown, Judge of the Superior Court Publish: February 6, 13, 20 and 27, 2015 PARMAR 150128 2-27-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174516

WHEREAS, Dunia Chehab and Riad AbouBechara have filed a petition with this court for a decree changing the name(s) of Dunia Chehab to Dounia Beshara Riad AbouBechara to Riad Beshara. and IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 2, 2015, in Department 54, located

at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 28, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: February 6, 13, 20 and 27, 2015 2-27-15 BECHARA 150129

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00173961

WHEREAS, Chyenne Keshavarz Adeli has filed a petition with this court for a decree changing the name(s) of Chyenne Keshavarz Adeli to Shavan Keshavarz Adeli.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 18, 2015, in Department 53, located at 800 Ninth Street. Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition

Legal Advertising P.O. Box 14 Carmichael, CA 95609

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174758 WHEREAS, Tyrone Lamar

Henlev has filed a petition with this court for a decree changing the name(s) of Tyrone Lamar Henley to Shavon Lamar Henley.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 7, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 150204 HENLEY 3-6-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174751

WHEREAS, Sayed Mustafa and FNU Mahbooba have filed a petition with this court for a decree changing the name(s) of Sayed Mustafa to Sayed Mustafa Hashimi, FNU Mahbooba to Mahbooba Hashimi, Sayed Iqbal to Iqbal Sayed Hashimi and Sayed Kamal to Kamal Sayed Hashimi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 6, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015

David I. Brown, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 HASHIMI 1502045 3-6-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174760

WHEREAS, Anne and Valentin Tarley have filed a petition with this court for a decree changing the name(s) of Alice Tarley to Alisa Tarley.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 8, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 TARLEY 150205 3-6-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00173943 WHEREAS, Brittany Ewing and Sweets

Sims have filed a petition with this court for a decree changing the name(s) of Sanaa Shirley Shataira Street to Sanaa Shirley Shataira Sims. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on March 17, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 14, 2015 David I. Brown, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 EWINGSIMS 150206 3-6-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174768

WHEREAS, Michael Francis and Yasmeen Javed Gueths have filed a petition with this court for a decree changing the name(s) of Gavin Mark Gueths to Gavin Aamir Michael Gueths.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 9, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: February 20, 27, March 6 and 13, 2015 GUETHS 150113 3-13-15

DRAPED

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01214 Maria Ella C. Lim, 12499 Folsom Boulevard #51, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Organized By Ella" at 12499 Folsom Boulevard #51. Rancho Cordova. CA 95742. Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015 ORGANIZED 150217 3-20-15

FBNF2015-01220 Sarah Hamner, Publish: February 27, March 6, 13 and 20, 2015 SARAHS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01073 Craig J. Townsend, 2244 Rhoda Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) Group, Craig J. Townsend" at 2244 Rhoda Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on February 9, 2015. Publish: February 27. March 6. 13 and 20. 2015

150216 3-20-15

150128 2-27-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00548 Jose Elias Salazar, 7712 Bellini Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Real Football USA" at 7712 Bellini Way, Sacramento, CA 95828, Filed with the Clerk of Sacramento County on January 21, 2015. Publish: February 6, 13, 20 and 27, 2015 150129 2-27-15 REAL

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00301 Michael Edward Avery, 1511 Fitzgerald Way, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Avery Contracting & Painting" at 1511 Fitzgerald Way, Roseville, CA 95747, Filed with the Clerk of Sacramento County on January 12, 2015. Publish: February 6, 13, 20 and 27, 2015 2-27-15 AVERY 150129

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00753 Steven and Shirley Cooper. 4343 Virgusell Circle, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "SMS Services" at 4343 Virgusell Circle. Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 28, 2015. Publish: February 6, 13, 20 and 27, 2015 2-27-15 SMSSERVICE 150129

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00720 Taivong Zheng, 4246 Vallev Hi Drive. Sacramento. CA 95823 is doing business under the Fictitious Business Name(s) "Wan Sheng Landscape Company" at 4246 Valley Hi Drive, Sacramento. CA 95823. Filed with the Clerk of Sacramento County on January 27, 2015. Publish: February 6, 13, 20 and 27, 2015 WANSHENG 150129 2-27-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00404 Amritoal Singh. 9185 Bungalow Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Nationwide Roadshow" at 9185 Bungalow Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on January 14, 2015. Publish: February 6, 13, 20 and 27, 2015 NATIONWIDE 150129 2-27-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00780 Jay Wesley Swanigan, 3345 Cottage Way, #82, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Vitamin Green West" at 3345 Cottage Way, #82, Sacramento. CA 95825. Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 6, 13, 20 and 27, 2015 2-27-15 VITAMIN 150129

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00821 Arlethia R. King, 6810 Di Lusso Drive #228. Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Lisa's Line HYL" at 6810 Di Lusso Drive #228. Elk Grove, CA 95758, Filed with the Clerk of Sacramento County on January 30, 2015. Publish: February 13, 20, 27 and March 6, 2015 LISAS 3-6-15 150130

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00877 Robert and Jennifer Bird, 151 Big Valley Road, Folsom, CA 95630 and Nathan and Amber Ross, 134 Hazelmore Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Buy Box Academy" at 151 Big Valley Road, Folsom, CA 95630. Filed with the Clerk of Sacramento County on February 3, 2015. Publish: February 13, 20, 27 and March 6, 2015 150203 BUYBOX 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00621 Oscar Perdomo, 3045 La Madera Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Oscar's Cleaning Services" at 3045 La Madera Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on January 23, 2015. Publish: February 13, 20, 27 and March 6, 2015 150205 OSCARS 3-6-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00611 Ralph Edwin James, 5120 Heather Ranch Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Diamond Realty" at 5120 Heather Ranch Way, Rancho Cordova, CA 95742, Filed with the Clerk of Sacramento County on January 22, 2015.

Publish: February 13, 20, 27 and March 6, 2015 DIAMOND 150204 3-6-15 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2015-00481 Mary Ann Lickiss and Kathleen Rafferty Ribera, 10529 Malaga Way, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Mary's Mobile Tax" at 10529 Malaga Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on January 20, 2015. Publish: February 13, 20, 27 and March 6, 2015 MARYS 150204 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00843 Skyler Michel-Evleth, 2792 4th Avenue, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Zoohouse Studios, Zoohouse Productions and Zoohouse Films" at 2792 4th Avenue, Sacramento, CA 95818. Filed with the Clerk of Sacramento County on January 30, 2015. Publish: February 13, 20, 27 and March 6, 2015 ZOOHOUSE 150204 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00970 Joanne Wright, 10419 White Rock Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Norcal Associates" at 10419 White Rock Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on February 5, 2015. Publish: February 13, 20, 27 and March 6, 2015 150205 NORCAL 3-6-15

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00581 Russell Espinosa, 2415 Verna Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Hadley, Espinosa & Kimball, EA's" at 8300 Fair Oaks Boulevard. Suite 202. Carmichael. CA 95608. Filed with the Clerk of Sacramento County on January 22, 2015. Publish: February 20, 27, March 6 and 13, 2015 HADLEY 150211 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00656 Phillip Cocciante, 9016 Mojave Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Contractors License Service" at 9016 Mojave Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on January 25, 2015. Publish: February 20, 27, March 6 and 13, 2015 CONTRACTORS 150214 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01118 Naycora Fauntleroy, 2119 Wyda Way #6, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Carmel Tax and Accounting Services" at 2391 Arden Way, Suite 3, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on February 10, 2015. Publish: February 20, 27, March 6 and 13, 2015 CARMEL 150210 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01069 Snook Construction, Inc., 3444 Marshall Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Snook Skylights and Roofing" at 3444 Marshall Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 9, 2015. Publish: February 20, 27, March 6 and 13, 2015 3-13-15 SNOOK 150212

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00777 Bryan Louis and Sharon Elizabeth Murray, 7980 Cook Riolo Road, Antelope, CA 95843, Eric Thomas Murray, 2817 Becerra Way, Sacramento, CA 95821, Shawn Anthony Murray, 461 Dela Vina Drive, Unit 208, Monterey, CA 93941, Robert Lawrence and Deborah Lea Aderholt, 3708 Duran Circle, Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Murray Enterprises" at 1231 J Street, Sacramento, CA 95814, Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 20, 27, March 6 and 13, 2015 MURRAY 150209 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00762 Robert Scrivano, 3550 Watt Avenue #140, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Assets & Aging" at 3550 Watt Avenue #140, Sacramento, CA 95821, Filed with the Clerk of Sacramento County on January 28, 2015. Publish: February 20, 27, March 6 and 13, 2015 ASSETS 150213 3-13-15

TOWNSEND 150219 3-20-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00829 Benjamin H. Lim and Ve T. Le, 7372 Borba Way, Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "JS Nails" at 1588 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on January 30, 2015. Publish: February 27, March 6, 13 and 20, 2015 150219 **JSNAILS** 3-20-15 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2015-00734 Christina T. Jones, 618 East Ranch Road, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "JTE Consulting" at 618 East Ranch Road, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on January 28, 2015. Publish: February 27, March 6, 13 and 20, 2015 JTECONSULT 150220 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01232 Anthony D. Nicolos, 6315 Templeton Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Nicolos TLC Lawncare" at 6315 Templeton Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015 NICOLOSTLC 150220 3-20-15

ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174486

WHEREAS, Duy Khac Pham has filed a petition with this court for a decree changing the name(s) of Duy Khac Pham to Dewey Pham.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 30, 2015, in Department 54, located at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 28, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: February 6, 13, 20 and 27, 2015 PHAM 2-27-15 150128

> ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174511

petition with this court for a decree changing the name(s) of FNU Mansoor to Mansoor Habibi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 28, 2015 David. I. Brown, Judge of the Superior Court Publish: February 6, 13, 20 and 27, 2015 MANSOOR 150128 2-27-15 for Change of Name should not be granted. Dated: January 14, 2015 David I. Brown, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 ADELI 150130 3-6-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00173970

WHEREAS, Molly Elorduy has filed a petition with this court for a decree changing the name(s) of Molly Elorduy to Molly Lukenbill-Elorduy.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 20, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 13, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 ELORDUY 150130 3-6-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174728 WHEREAS, Jacob Cameron Horn has filed a petition with this court for a decree changing the

name(s) of Jacob Cameron Horn to Jacob Cameron. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 3, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 CAMERON 150204 3-6-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174764

WHEREAS, Shirley Ohlson has filed a petition with this court for a decree changing the name(s) of Shirley Ohlson to Shirley Mei Ohlson.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 8, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 150204 OHLSON 3-6-15



COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175099

WHEREAS. Hiram Michael Martin have filed a petition with this court for a decree changing the name(s) of Hiram Michael Martin to Zenobe Olaudah Winter.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 14, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 11, 2015 David I. Brown, Judge of the Superior Court Publish: February 20, 27, March 6 and 13, 2015 150211 MARTIN 3-13-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174763

WHEREAS, Feras Hameed Majeed and Hala Nabel Aziz have filed a petition with this court for a decree changing the name(s) of Feras Hameed Majeed to Feras Hameed and Hala Nabel Aziz to Hala Hameed.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 8, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015 David I. Brown, Judge of the Superior Court ublish: February 20, 27, March 6 and 13, 2015 HAMEED 150212 3-13-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00173271

WHEREAS, Isabel Guzman Justo has filed a petition with this court for a decree changing the name(s) of Isabel Guzman Justo to Ingrid Jeovanna Isabel Guzman Justo.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 9, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 5, 2015 David I. Brown, Judge of the Superior Court

Publish: February 27, March 6, 13 and 20, 2015 JUSTO 150218 3-20-15



COUNTY OF SACRAMENTO

WHEREAS, FNU Mansoor has filed a

LEGAL ADVERTISING

Continued from the previous page

FICTITIOUS BUSINESS NAME STATEMENTS

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00169273 WHEREAS, Amber Nicole Taylor has filed a petition with this court for a decree changing the name(s) of Wesley Patrick Apgar to Wesley Patrick Apgar Taylor.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 16, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 18, 2015 David I. Brown, Judge of the Superior Court Publish: February 27, March 6, 13 and 20, 2015

TAYLOR 150218 3-20-15 COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174481

WHEREAS, Mona Ferdousi Emadi has filed a petition with this court for a decree changing the name(s) of Mona Ferdousi Emadi to Mona Emadi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 27, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 28, 2015

 David I. Brown, Judge of the Superior Court

 Publish:
 February 27, March 6, 13 and 20, 2015

 EMADI
 150220
 3-20-15

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF BETTY M. TODD, AKA BETTY TODD (descendent) ESTATE NO. 34-2015-174821

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of BETTY M. TODD, AKA BETTY TODD (deceased): A petition has been filed by EDWARD C. DAWSON II in the Superior Court of California, County of Sacramento, requesting that EDWARD C. DAWSON II be appointed as Executor to administer the estate of the decedent The petition requests the decedent's lost will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court The petition requests authority to administer the estate under the Independent Administration or Estates Act. (This authority will allow the executor to take many actions without obtaining cour approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposec action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority

Bond is not required. A hearing on the petition will be held in this cour as follows: March 17, 2015, 9:00 a.m. in Dept. No 129 at Ridgeway Family Relations Courthouse 3341 Power Inn Road, Sacramento, CA 95826 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. You appearance may be in person or by your attorney IF YOU ARE A CREDITOR or a contingen

creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the late of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affec your rights as a creditor. You may want to consult with an attorney knowledgeable in California law YOU MAY EXAMINE the file kept by the court If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisa of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: Caro Elias Zolla, Esg., 16450 Los Gatos Boulevard Suite 209, Los Gatos, CA 95032, (408) 358-6900 Publish: February 20, 27 and March 6, 2015.

TODD 150209

3-6-15



Create a Pre-Fishing Trip Checklist

When you are getting ready for a fishing trip, establishing a routine will help you make sure that every detail is taken care of. The next time you're

getting ready for a day on the water, make a list of everything you need to do before you slide your boat in the water or put your waders on. Then organize the list in the order you need to accomplish each task.

Turn that into a checklist and follow it until you're doing all of those things by instinct and don't have to make a list. When it becomes second nature to check things like the air pressure in your trailer tires, your waders for leaks, your rod guides for nicks, line for kinks, inventory your tackle box and anything else you can think of, you'll be well on your way to having the most fun and the least worries every time you go out.

By Larry Whiteley, Host of the awardwinning Outdoor World Radio For more tips, go to basspro.com and click on Bass Pro Shops I Source News & Tips SPOTLIGHT ON BUSINESS Senior Computer School (50 +)

Non Profit, All Volunteer Organization teaches to use the computer in a relaxed, even-paced atmosphere.

Are you a Senior Citizen (50+)? Do you have a Microsoft Windows computer and want to learn how to use it?

Senior Computer School offers computer classes exclusively for Seniors. Core courses include Computer Fundamentals, Word Processing, Internet, and Excel. Each of these classes is six 2 ½ hour sessions, which meet either in the morning or afternoon on MWF or TTH.

The cost for these core courses is \$30 total for all 6 sessions. The cost includes lessons/manuals. Additional one or two 2½ hour session workshops are offered for \$5 per workshop.

Workshop titles include: Digital Cameras, Computer Maintenance, E Bay, Greeting Cards, Downloading, Windows 7, Storage and Backup Files, Flash Drives, etc, and Database.



Senior Computer School is a non-profit organization staffed by volunteer instructors, assistants, and office staff. We train 40-60 students every month with 8 to 16 students in each class. Step by step instructions are conducted with clearly written lessons. There is no need to take notes as the lessons are provided for you to keep after each session. Assistants provide individual help, as needed during each session.

The Senior Computer School learning center is located at the back of the Rio Americano High School campus, 4540 American River Drive, Sacramento, CA 95864. Free parking is available near the levee road, inside the chain linked fenced area. Look for the Senior banner on the Learning Center.



Courses Offered:

(6 2 ½ hr Sessions) Computer Fundamentals I, Word Processing, Internet, Excel, Graphics

Also Workshops: (1 or 2 2½ hr Sessions) Digital Camera, Computer Maintenance, Greeting Cards, Downloading, Organize and Edit Digital Camera Photographs, I Pads etc.

Workshops \$5 for each session. Everyone is welcome.

For more information on how to become a Senior Computer School volunteer or to enroll for classes, contact the Sacramento Computer School Learning center at (916) 485-9572 or email to student2917@hotmail.com





The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.



Mission Oaks Recreation and Park District is accepting bids for site work related to the placement of a prefabricated restroom building at Swanston Park, 2350 Northrop Avenue, Sacramento, 95825. For details and bid forms, see our website: morpd.com/parks/ parkprojects. There is a mandatory pre-bid meeting at the site on March 6, 2015. Bids are due by 3:00 PM Thursday March 19, 2015.

Published in the Carmichael Times on February 20 and 27, 2015.





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Passionate About Parrots

Continued from Page 1

every month that are surrendered to us. On occasion, they are left in boxes in front of our store. We do ask that people wait until we open to bring them safely inside. Some of the reasons they are surrendered are because they have behavior problems, their owners have died and the family brings them in, or the owners' life circumstances have changed and they can no longer care for the parrots, and some parrots we receive are rescued because of abuse and neglect."

Parrot Planet doesn't receive many donations, so volunteers run the program with their own money. Walter said, "Taking care of these birds gets costly, but it's the right thing to do."



Marshall and Marty are both Blue and Gold Macaws who were recently adopted. They actually both chose their owners and demanded in their own ways to be taken home, which is a very common action for parrots. Blue and Gold Macaws are native to South America. Marty was found hanging around in a backyard missing a lot of feathers, which are now growing back, and Marshall was surrendered to Parrot Planet. Photo courtesy of Sara Walter

"I have always loved birds and had my first parakeet when I was just a child; we also had a Senegal named Sydney while I was growing up. Most of my family also had parrots. As an adult, I find that it gives me great satisfaction to help



Dana Strome pictured with a Toucanette who was raised by Parrot Planet. Toucanettes are native to Central and South America and require a very specific diet. Photo courtesy of Sara Walter



Parrot Planet volunteer Sara Walter loves caring for birds. She is pictured here with Ariel the Toucan. Photo courtesy of Sara Walter

these magnificent creatures," said Walter.

"We offer our customers and adopters weekly articles on proper care of parrots on our Facebook page as well as send out a monthly newsletter with helpful tips and articles. We are in it for the

long hall with our parrots, and our customers and adopters are like family. We are the only Hybrid store of our kind that offers rescued parrots as well as

hand-raised baby parrots," said Walter. For more information about

Parrot Planet and the Wing Foundation or if you would like to adopt a parrot, you can come by and meet their birds at 4819 J Street in Sacramento or visit their website at www. thewingfoun-

Photo courtesy of Sara Walter

dation.org. You can also get more information by emailing Sara

Walter at sara@parrotplanet.com or by visiting the Facebook page at www.facebook.com/ ParrotPlanetLLC. *

Source: Sara Walter



Guinness is a Black Palm Cockatoo raised from the time she was an egg. Guinness is 10 years young and is very regal, calm, and gentle. Black Palm Cockatoos are very rare in captivity, and she is the main attraction for the children who visit the store. Black Palm Cockatoos are native to New Guinea and Australia.

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Against All Odds and Then Some

There have been many sports tales of rags-to-riches, little engines that could, defying the odds, "overcoming adversity," worst to first, triumphant underdogs, coming out of nowhere, "one shinning moment."

Individuals and teams have battled to overcome great odds with the deck stacked against them to achieve tremendous things in sports. The seemingly impossible has become reality, like climbing Mount Everest.

Many worthy accomplishments in sports have been portrayed in movies based on the events, such as Rocky, Hoosiers, Rudy, Seabiscuit, Invictus, Cinderella Man, Glory Road, 42, Miracle and others.

There have been countless stories of individuals rising up from the depths of difficult backgrounds or even dire existences to be successful on the sports stage. People like Jesse Owens and Jackie Robinson have overcome social disadvantages or prejudices to break down barriers in the world of sports. Others have prevailed over physical shortcomings to make their marks, such as the "little" guys that managed to have careers in the NBA like Spud Webb, Calvin Murphy, Muggsy Bogues, Nate Robinson and Isaiah Thomas.

We have seen limitless surprises throughout team sports, including some recent World Cup soccer shockers. The NCAA basketball tournament always seems to produce some madness —- Texas Western defeating Kentucky in 1966; Jim Valvano's NC State Wolfpack winning in 1983; Villanova upsetting Georgetown in 1985; the Butler Bulldogs' great twoyear run that came up just short both times in 2010-11; Cal's win over Duke during the 1993 tournament. And don't forget when Notre Dame broke UCLA's 88-game winning streak during the 1973-74 season.

As predicted, the New York Jets upset the Baltimore Colts in Super Bowl III. The 1960 Pittsburgh Pirates walked-off

over the legendary New York Yankees. Little Fresno State won a College World Series. Boise State shocked Oklahoma in the 2007 Fiesta Bowl, the same season that Stanford, a 41-point underdog, took down the mighty USC Trojans and tiny Appalachian State went into the Big House and demoralized the Michigan Wolverines. The Golden State Warriors swept the Washington Bullets in 1974. The Oakland A's dismantled Cincinnati's Big Red Machine. After more than fifty years of futility, the San Francisco Giants have won not one, but three World Series. An expansion team in New York evolved to forever being remembered as the "Miracle Mets" when it won the World Series in 1969.

There is an ongoing revival of the fascination with the ultimate sports "miracle," the "Miracle on Ice." (Check out the ESPN "30 for 30" episode "Of Miracles and Men). A reunion was held last Saturday in Lake Placid, N.Y., celebrating the 45th anniversary of the U.S. Olympic hockey team's victory over Russia in the semifinals of the 1980 Games that preceded its win over Finland for the gold medal. The American team of collegiate amateurs unbelievably beat what many considered to be the greatest hockey team ever assembled, 4-3, in what is universally accepted as the biggest upset in the history of sports.

At the reunion at Herb Brooks Arena, named for the late coach of the team, some players said they felt as though it was a miracle to have won that game, while others chose to discount the "miracle" tag and said it was "just a game" and the "result of hard work," but also "one heck of a big upset."

Whether or not to classify anything that happens in sports as a "miracle" is a matter of semantics. Choosing whatever words we prefer to use to describe the astonishing, astounding, awesome, unbelievable, miraculous, sensational, thrilling, remarkable, riveting.

amazing, surreal, stupendous twists and turns of events in the course of sports keeps this job interesting and fun.

But, it is now about time to move along to the other job —- another world where all sports nonsense means nothing —- a job touring a variety of classrooms in which the young students have been dealt some of the worst cards imaginable.

There...to lend a helping hand to provide the most basic needs, or to try to help influence some progress to a better level, or to help guide some along a path to learning to cope with their surroundings and their futures.

There are an unfortunate array of issues from class to class. ... tube-feedings going on; medications; physical disabilities; speech, sight, hearing and eating problems; behaviors; fragile, oh so fragile young people; wheelchairs, walkers and harnesses; helmets; diaper changing; autism; emotional disorders; learning disabilities...sometimes it seems as though the odds are only going to get worse.

Will a Great Hope ever come along to touch them all and heal them? We can only hope, but there will most likely be no Obi-Wan Kenobi, nor anyone else, coming to their rescue.

Too often it seems too hopeless, too helpless to rally for an upset, to overcome, to win even the smallest battles, let alone achieve any fantastic victories.

But, there are those that are relentless; some with great heart and determination to attain some goals, some small measures of success. Their rewards are mostly felt within.

To be of any assistance within their midst is a reward more heartfelt than any game-winning hit, clinching free throw, buzzer-beater or championship.

To reach any student enough to elicit the slightest smile, even if only for one shinning moment, is a home run, even though we know what these kids really need is a miracle. \star

Mylan World TeamTennis Returns to Sacramento

CITRUS HEIGHTS, CA (MPG) -Mylan World TeamTennis (WTT) has decided to return to the Sacramento area as a newly formed ownership group will move the Texas Wild franchise from their home in Irving, Texas for the beginning of the 2015 season.

The team will be re-branded as California Dream and play at Sunrise Mall in the Sunrise MarketPlace Business District of Citrus Heights.

The new ownership group includes long-time franchise owner Jeff Launius who is joined by Harbor Point Tennis Club President Bob Kaliski and Dallas-based investment banker Michael Malone.

Kaliski, who is well-known in Northern California tennis circles for his successful tennis events, was eager to see professional team tennis return to the Sacramento region.

Kaliski pitched Launius, who has been a WTT team owner since 2001, on bringing the team to the Sacramento area. Launius was already well aware of the popularity of team tennis in the area.

"For so many years, I hated bringing my team to Sacramento because I knew there would be so many fans there going crazy for their team," said Launius. "I hope they feel the same way about the Dream and come out to support us. This market certainly has fans that know and love World TeamTennis and they deserve a team."

The Dream will play seven home matches this July on a specially-constructed stadium



in the parking lot at Sunrise Mall. Sunrise MarketPlace will be an inaugural sponsor of the California Dream. Launius said the support of Sunrise MarketPlace merchants and the area's fan base was appealing to the Dream's owners.

Sunrise MarketPlace Executive Director Kathilynn Carpenter said, "We welcome the California Dream to Citrus Heights. We fully support the new team and its owners and look forward to seeing the stadium rise again at Sunrise Mall. Our customers have indicated they missed the sports-entertainment that team tennis brought to the District for several seasons beginning in 2002."

World TeamTennis has been popular in the Sacramento area for nearly three decades. The region was previously home to one of the most successful franchises in league history from 1986-2013. According to research by Sunrise MarketPlace during the last tennis season in 2012, 43 percent of attendees spent an average of \$71.45 the night of the event within the Sunrise MarketPlace Business District.

Team ownership will unveil the team logo and ticket packages in the next few weeks. The

2015 rosters will be finalized at the Mylan WTT Player Draft on March 16 in Indian Wells, Calif. The regular season begins July 12 and concludes on August 2 with the Mylan WTT Finals.

2015 marks the 40th season for Mylan World TeamTennis (WTT), the groundbreaking leader in professional team tennis competition. Mylan WTT features many of the world's best players competing annually for the King Trophy, the league's championship trophy named after co-founder Billie Jean King. This summer, Mylan WTT becomes only the fifth major professional team sports league in the U.S. to reach the 40th season milestone.

Mylan WTT has been a pioneer in the sports world with many of the league's modernizations recognized and adopted by others in the industry. In addition to being the first professional sports league to feature men and women competing equally on a team, Mylan WTT has showcased advancements such as no-ad and cumulative scoring, on-court coaching and playing let serves.

Source: Mylan World TeamTennis ★

Sac City Rollers Coming to Sacramento State

SACRAMENTO REGION, CA (MPG) -Sacramento State's University Union UNIQUE Programs and Women's Resource Center are pleased to announce a hard-hitting roller derby bout featuring the Sac City Rollers on Thursday, March 12th 2015 starting 7:30 p.m. in the University Union Ballroom. The Sac City Rollers is Sacramento's first all-women's flat track roller derby team; established in 2006, the Sac City Rollers is made up of more than 100 active skaters dedicated to the sport of roller derby. In 2012, they proudly joined the Women's Flat Track Derby Association (WFTDA) and have grown to three competing teams-the Capitol Punishers; the Folsom Prison Bruisers; and the Jailhouse Brats, which is a junior derby league for girls 10-17 years old.



Sac City Rollers' mission statement says, "We acknowledge the support that we receive from our surrounding communities and strive to reciprocate that support by being involved in local charities through donations and volunteer work. Sac City Rollers is an enthusiastic supporter of roller derby leagues locally, nationally, and internationally." Competing in this year's event at Sacramento State will be members from the Capitol Punishers and the Folsom Prison Bruisers. For more information, please visit www.SacStateUNIQUE. com or call the University Union Info Desk at (916) 278-6997. Source: The University Union at California State University, Sacramento

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Operating as a non-profit, self-governed organization, the Sac City Rollers strive to promote roller derby but also serve the community by providing unparalleled competition and entertainment. In addition to community outreach, Sac City Rollers members volunteer their time and raise money for local and national charities including Sacramento Children's Home, the Sacramento Food Bank, and the Saint Baldrick's Foundation.



Neonatal Doctor is Community Hero Mercy's Carolyn Getman Honored at Carmichael Event

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) -Neonatologist Carolyn Getman is among community leaders whom the Carmichael Chamber of Commerce will celebrate as 2015 citizens of the year.

The nomination, said Getman (57), is an unexpected perk following 25 years as a physician. For the last 15 years, she has directed the Mercy San Juan Neonatal Intensive Care Unit that will mark a quarter-century of service this year. "We're tucked away here in our little world,"

she said. "Even in this hospital, many people don't know what we do. But we know how important it is."

So important indeed that 450 tiny lives per year are assisted by Getman's team of eight doctors and many specialized staffers. "Caring for critically ill babies and eventually seeing them go home doing well, that's an incredible feeling," said the physician. "When they're born with multiple medical problems, their parents are devastated. Helping families through this time gives you a good perspective for the future. I try to treat families the



Doctor Carolyn Getman tends a prematurely born patient in the Mercy San Juan neonatal unit



Relaxing with former patients, Doctor Getman (left) joins a Carmichael Park picnic.

way I would want to be treated myself, to have a personal involvement with them.'

Getman speaks not only as a physician, but as a mom. Married 22 years to pediatrician Greg Cohen, she had problems during her own first pregnancy. "Thanks to special care, the second pregnancy went fine," she said. "I was so thankful to be able take my babies home after delivery. I can only imagine how hard it would be to leave the hospital without your child." Her first son is now in college, planning medical studies of his own.

Getman's own childhood was a career decider, too. The physician's daughter helped mom run dad's Berkeley practice. Her medical education began

at Stanford University and continued with neonatal training at UC Davis. Moving to Fair Oaks in 1990, she assisted then-director Doctor Robert Kahle at Mercy San Juan's fledgling NICU. In those days, infants born as prematurely as 25-weeks of gestation occupied six beds. Now the unit has 26 incubators. Some babies treated there are only 23 weeks old at birth.

Getman observed that in her own lifetime neonatology has seen incredible advances. As the nation grieved the death of President and First Lady Kennedy's infant son in 1963, science responded in overdrive. "Patrick Kennedy's death spurred tremendous research," she explained. "Premature babies

sometimes don't produce enough of a substance called surfactant, which stops their lungs from collapsing. We can now administer it, through a tube, into a baby's lungs. In the last decade, nutrition has come to the forefront. We now know babies must be started on IV nutrition immediately after birth; it's vital for them to receive their mother's breast milk as soon as they can tolerate feeding."

Each September, she and fellow NICU physicians eschew sterile protocol to picnic in Carmichael Park with scores of Mercy NICU graduates. "Some of the babies I've treated are now my own kids' age," said their former doctor. "For a physician, seeing them is a reward and privilege. It also allows us to encourage other parents with new babies in the hospital. We can tell them we just spent the day with children who had the same problems as their babies, and that they are now growing up and doing well. It gives parents hope.

"It gives doctors hope, too."

The Carmichael Chamber of Commerce's Person of the Year celebration will be held on Friday, March 27th at the La Sierra Center (5325 Engle Road). A social hour begins at 6 p.m. followed by dinner and presentations. Anyone may attend. The \$65 admission includes dinner and a non-host bar. For reservations and sponsorship information, call the Chamber at (916) 481-1002 or visit www. carmichaelchamber.com.







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