



**Guests Enjoy St. Mark's Roman Holiday Crab Feed**

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**PLUS: Astronaut Salutes Nimoy From Orbit**  
*"The needs of the many outweigh the needs of the few."*

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# Carmichael Times

Volume 35 • Issue 10

Serving Carmichael and Sacramento County since 1981

March 6, 2015

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## The Dream Continues Milagro Announces First Tenants



An entrance arch is the newest and most ambitious landmark on Fair Oaks Boulevard. It is also a gateway to Nancy and Allan Davis's dream.

**Story and photo by Susan Maxwell Skinner**

**CARMICHAEL, CA (MPG)** - Developers Allan and Nancy Davis say contractors will complete their multi-million dollar Milagro Centre project this summer.

For their vision to make Carmichael a culinary and retail hub, the Carmichael Chamber of Commerce has named the couple 2015 Business People of the Year. They will be honored at the Chamber's March 27th fundraiser gala.

Installation of the center's entrance arch was the most recent milestone in the ambitious development. Hoping for miraculous town center revitalization, the

*"It's a long project and we've met many challenges," said Nancy Davis. "But we're on schedule for our summer opening. Milagro will be a big event for Carmichael. Our dream is to set the bar high. We're establishing a standard for how we hope Carmichael will look 50 years from now."*

Davises purchased the old Hillside shopping mall three years ago. Its reinvention as the Milagro (miracle) Centre has been in progress for over a year and, in that time, Carmichaelites have witnessed steady progress. Partial demolition gave way to the rise

of stone and mortar facades. New walls then surrounded the four-acre project and phalanxes of palm trees were imported. Most recently, the 20-foot-high metal gateway appeared, announcing the center's name across a 60-foot span.

However, interior progress has been seen only by roosting pigeons and the building crew. My recent inside visit revealed that the inner walls that separated eight Hillside shops are all gone. The architect's open plan for both sides of the center will accommodate more than 20 eateries and food-oriented retailers. At the north end, a 7,000-square-foot event center will enable entertainment or conventions.

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## Railroad Museum Debuts New Exhibit

*"Two Glorious Expositions, One Golden State"*

**SACRAMENTO REGION, CA (MPG)** - California State Parks and the California State Railroad Museum have debuted a new exhibit titled "Two Glorious Expositions, One Golden State: Celebrating the Panama Canal in 1915." The exhibit highlights California's two large-scale celebrations commemorating the completion of the Panama Canal in 1915: the Panama-Pacific International Exposition in San Francisco and the Panama-California Exposition in San Diego. The opening day of the exhibit is Friday, February 27th.

The exhibit features historic photographs of structures, people, and artwork (some presented in a 3D view); artifacts including a scale steam locomotive; and related promotional items such as travel brochures, tickets, postcards, and magazines. The exhibit is located in the Railroad Museum lobby, adjacent to 19-inch gauge Overfair Railway locomotive No. 1915, constructed for the Panama-Pacific International Exposition and today a permanent part of the Railroad Museum's prized collection.

In an era rich with World's Fairs and Exhibitions, the completion of the Panama Canal was an opportunity for two of California's cities—San Francisco in the north and San Diego in the south—to vie for the opportunity to benefit from the expected boom in maritime-related industries. Both cities executed elaborate plans and spared no expense to promote themselves. San Francisco, celebrating its Phoenix-like rebirth after the 1906 earthquake and fire, chose a theme of the wonders of a technological future. San Diego took a different approach, choosing a theme of looking back on a rich

*Continued on page 3*

## Color Fun Fest 5K Runs Through Sacramento



**Story and photos by Anne Stokes**

**SACRAMENTO REGION, CA (MPG)** - Tenthousand people came from all over Sacramento and beyond to have a fun and colorful time on the evening of Saturday, February

28th at the Color Fun Fest 5K fun run. Hosted at Cal Expo, the family-friendly event featured daytime and nighttime 5K fun runs, food trucks, copious amounts of neon-colored powders at several color stations,

and high voltage black lights once the sun went down. "Color Fun Fest is about coming out and having an amazing time with your family. We're a family throwing family events. We want people to get off the couch, we want kids to put down the video games, we want kids to come out here and have an amazing, epic time," said Fun Director Jamie Leibert.

Gage Fernandez (9) of Sacramento did just that. Fernandez convinced his family to come out and run in celebration of his recent birthday. And what was his favorite part of the race? Being color-bombed, of course. "I loved it!" he exclaimed. "I liked how at the paint stations people would just grab [color] and throw it at you."

The non-competitive 5K run was well-suited for families and runners of all ability levels. "Everybody's a winner. There's no first place or last place, there's no clocks, it's just laid back," said Leibert. "It's a safe

*Continued on page 2*



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# Color Fun Fest 5K Runs Through Sacramento



Ten-thousand participants came to Cal Expo to have a good time at the Color Fun Fest 5K fun runs. The runners were evenly divided between the evening and the nighttime races (above). Jessica Otley (right) of Sacramento gets colorful at the pre-race color toss at the Color Fun Fest 5K fun run at Cal Expo.

Continued from Page 1

course, it's a safe environment. Get out there and have a good time!"

Julie Pineda of Elk Grove came out for an evening of fun with her friends and co-workers as a team-building exercise. "It's for fun," she explained. "Where else do you get to get messy and enjoy it and be healthy at the same time?"

Founded in 2012 and currently headquartered in Texas, Color Fun Fest is a family-owned and -operated company that organizes race events across the country. This year they're planning nearly 40 events in several cities, including an upcoming race in Stockton on Easter Sunday, April 5th.

Color Fun Fest events also benefit the Just Care More organization, a non-profit that provides kids in need with fitness related opportunities, raising \$2,500 at the Sacramento event alone. "We work closely with the non-profit Just Care More. It helps children around the nation who are underprivileged, who



have handicaps," said Leibert. "We like getting our hands dirty and getting out there and trying to help the youth of America." ★

# Aegis of Carmichael Resident Celebrates 100 Years

CARMICHAEL, CA (MPG) - Evelyn Anderson Stuart celebrated her 100th birthday on February 24th, 2015. She has been a resident of Aegis of Carmichael since 2005, and they enjoy her company each and every day.

Evelyn is originally from the east coast—Baltimore, Chicago, and Washington D.C.—until her husband, Barry, was transferred to California. Evelyn and Barry were married on Halloween in 1936.

Evelyn was very active in her career as a secretary working for the Public School District in Fresno, CA, and then for Fresno City College. She also obtained a California Real Estate License in the late 1970s.



Happy Birthday to Evelyn Stuart! Evelyn celebrated her 100th birthday on February 24th, 2015. Evelyn (center) celebrated her 100th birthday on February 24th, 2015. She celebrated the big day at Aegis of Carmichael with her son, Gary Stuart, and his girlfriend. Photo courtesy of Aegis of Carmichael



After her husband's death, Evelyn moved to Carmichael to be closer to her only son, Gary Stuart. She also has a beautiful granddaughter.

Evelyn is a long-time member of the Fresno Chapter of the Eastern Star and the Fresno

St. James Episcopal Church. She also enjoys needlepoint and reading. Happy 100th to Evelyn Stuart!

Source: Aegis of Carmichael ★

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# Attend a Free Program on the Endangered Tricolored Blackbird



The public is invited to attend a free program on the tricolored blackbird, one of California's most imperiled species. Learn about the tricolored blackbird's field identification, natural history, and conservation status at the March 19th meeting of the Sacramento Audubon Society. The glossy blackbirds with the red-and-white shoulder patches are found almost exclusively in California. With their numbers declining by 44% just since 2011, the State Fish and Wildlife Commission approved their emergency listing as an endangered species last December. Photos courtesy of Sacramento Audubon Society

**CARMICHAEL, CA (MPG)** - The public is invited to attend a free program on the tricolored blackbird, one of California's most imperiled species, at the March 19th meeting of the Sacramento Audubon Society.

Dr. Robert Meese of U.C. Davis will explore the tricolored blackbird's field identification, natural history, and conservation status with a multimedia presentation that includes still images, videos, and digital sound files.

Drawing on 10 years of intensive research and monitoring, Dr. Meese will illustrate the

bird's extraordinary foraging and breeding habits and will give recommendations for sustaining the species in the long run.

The glossy blackbirds with the red-and-white shoulder patches are found almost exclusively in California. With their numbers declining by 44% just since 2011, the State Fish and Wildlife Commission approved their emergency listing as an endangered species last December.

Audubon California recently received a \$1.1 million federal grant to try to increase their population.



This informative program will be held on Thursday, March 19th at 7:00 p.m. at Effie Yeaw Nature Center in Ancil Hoffman Park (for directions, see [www.sacnaturecenter.com](http://www.sacnaturecenter.com)).

There will be no charge for the program or parking, and no park-entry fee is required.

Source: Sacramento Audubon Society ★

# Milagro: The Dream Continues

Continued from Page 1

So who will occupy Milagro? So far, Allan Davis reported that the center has several solid and several more almost-solid tenants. Confirmed is a fine-dining Mexican restaurant called Mesa Mercado, which will extend the successful Mayahuel restaurant from downtown Sacramento to Carmichael. This tenant also plans on-site taco and tequila bars and an artisan food outlet.

The Ghiotto gelato and dessert business will occupy the southeast mall corner. Other likely vendors include a wine dealer, a coffee house, a specialty burger operation, and a pizzeria. Still high on the Davises' wish list is a breakfast purveyor. "We'd love to include a place visitors can sit down, relax, read a newspaper, and enjoy their first meal of

the day," said Allan Davis. "We want the Milagro Centre to provide for all meals and for all the coffees, snacks, and glasses of wine that might come between."

The banquet center will accommodate 250 for sit-down dining; partitions will provide for smaller gatherings. Given the culinary emphasis of Milagro, a state-of-the-art chef demonstration kitchen here is no surprise. Parties can overflow into a patio ornamented by trees, waterfalls, and fire places. With weddings and family celebrations in mind, the Davises plan indoor and outdoor beauty spots to frame photography. The event area alone will be carpeted; larger mall spaces will have polished concrete underfoot.

"It's a long project and we've met many challenges," said

Nancy Davis. "But we're on schedule for our summer opening. Milagro will be a big event for Carmichael. Our dream is to set the bar high. We're establishing a standard for how we hope Carmichael will look 50 years from now."

Learn more about the project at [www.milagrocentre.com](http://www.milagrocentre.com).

The Carmichael Chamber of Commerce's Person of the Year celebration will be held on Friday, March 27th at the La Sierra Center (5325 Engle Road). A social hour begins at 6 p.m. followed by dinner and presentations. Anyone may attend. The \$65 admission includes dinner and a non-host bar. For reservations and sponsorship information, call the Chamber at (916) 481-1002 or visit [www.carmichaelchamber.com](http://www.carmichaelchamber.com). ★

# Astronaut Salutes Nimoy From Orbit



**SACRAMENTO REGION, CA (MPG)** - International Space Station astronaut Terry Virts (@AstroTerry) tweeted this image of a Vulcan hand salute from orbit as a tribute to actor Leonard Nimoy,

who died on Friday, February 27th, 2015. Nimoy played science officer Mr. Spock in the Star Trek series that served as an inspiration to generations of scientists, engineers, and sci-fi fans around the

world. Cape Cod and Boston, Massachusetts, Nimoy's home town, are visible through the station window.

Source: NASA News Services ★

Photo courtesy of NASA News Services

# Railroad Museum Debuts New Exhibit

Continued from Page 1

cultural history.

Both expos showcased the best of what California had to offer the country and the world. In this largely pre-automobile era,

America's railroads got behind the two expositions by promoting travel to California to help boost their own bottom lines. A rich legacy was the result.

The "Two Glorious Expositions, One Golden State" exhibit will

remain on display through January 10th, 2016. For more information, call (916) 323-9280 or visit [www.csrnf.org](http://www.csrnf.org).

Source: T-Rock Communications ★

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## Guests Enjoy St. Mark's Roman Holiday Crab Feed



Carmichael, CA (MPG) - St. Mark's United Methodist Church held its second annual Crab Feed on February 28th at the La Sierra Community Center. This annual social event is designed to raise funds for the church's 2015 annual budget. The event brings together the St. Mark's community and all crabmeat lovers. The theme of this year's event was Roman Holiday, and more than 300 people attended. Source: St. Mark's United Methodist Church  
 Photo by Jeff Ennis

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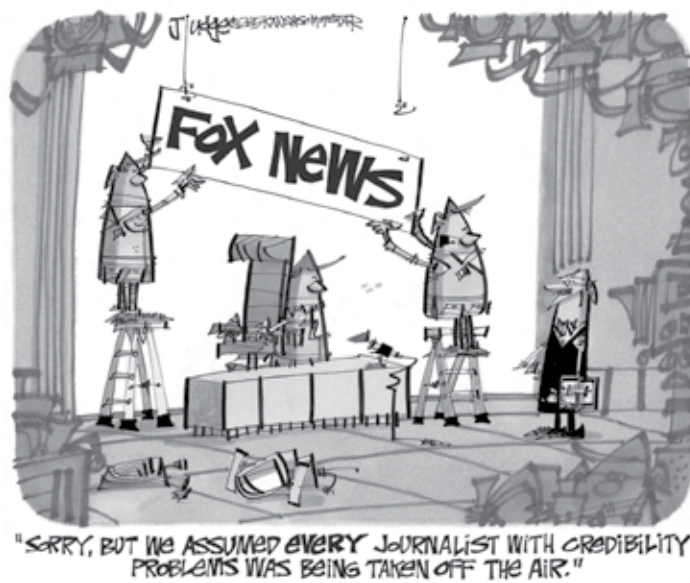
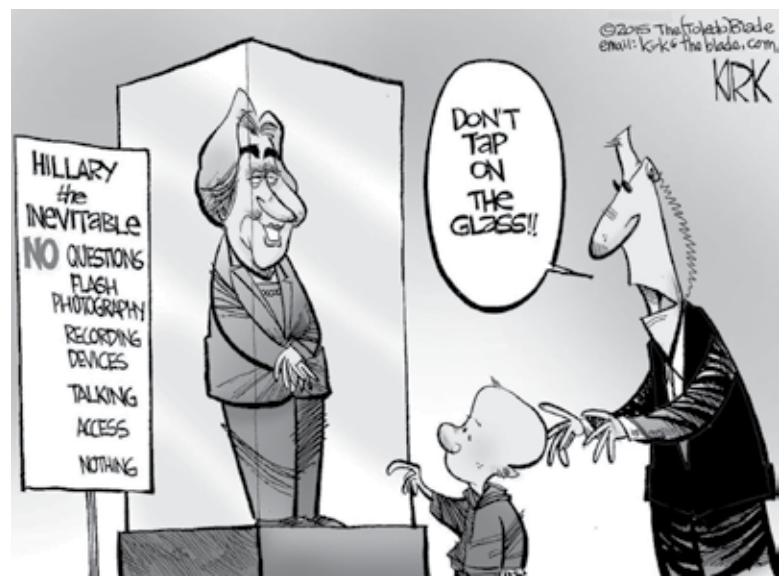
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THE RICH LOWRY COLUMN  
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**Creep Meets Girl**

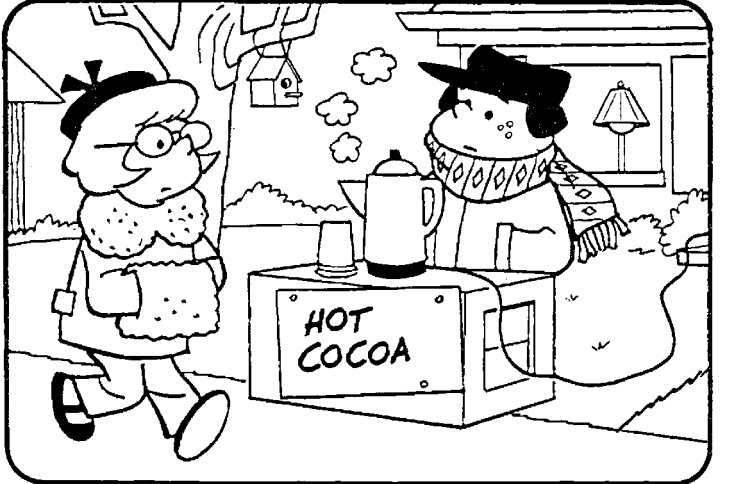
Thelma and Louise should be appalled. Almost 25 years after their epic road movie attacked “conventional patterns of chauvinist male behavior toward females” (in the words of one critic), here arrives “Fifty Shades of Grey,” perhaps the most successful anti-feminist movie ever made. The runaway best-selling novel is now a juggernaut on the big screen, driven by overwhelmingly female audiences that accounted for its record-breaking opening weekend. The dirty secret of “Fifty Shades” is that, underneath the kinky exterior, it’s a formulaic romantic fantasy. For all its notorious boundary-pushing, it is the distilled essence of decades’ worth of Harlequin paperbacks, with hyperstereotypical gender roles pushed

to the point of perversity (figuratively and, of course, literally). “Fifty Shades” is a version of the age-old boy-meets-girl story, except the boy is a dangerous creep. As countless millions already know, the story centers around 27-year-old businessman Christian Grey’s seduction of ingenue Anastasia Steele, a college student. He is older and wealthy. She is young and poor. He is experienced and controlling. She is naive and trusting. He owns a helicopter. She drives a VW Bug. Eventually we get to the fact — and, obviously, this is what sets “Fifty Shades” apart from other romances — that Christian wants to physically and emotionally dominate her and hit her for his own pleasure. No wonder some feminists are inveighing against the film, and this time, the sisters have a point. As much as it can, “Fifty Shades” seeks to sanitize the S&M. But there’s no sugarcoating what Christian is about. His seduction of Anastasia is emotionally manipulative, his drive to control her is abusive, and his pursuit of her — unexpectedly showing up at places where she is — could easily be considered stalking. If anything like this happened in remotely more realistic circumstances, the proper response to Christian’s obsessive attention would be a good kick in the groin, followed by a restraining order.

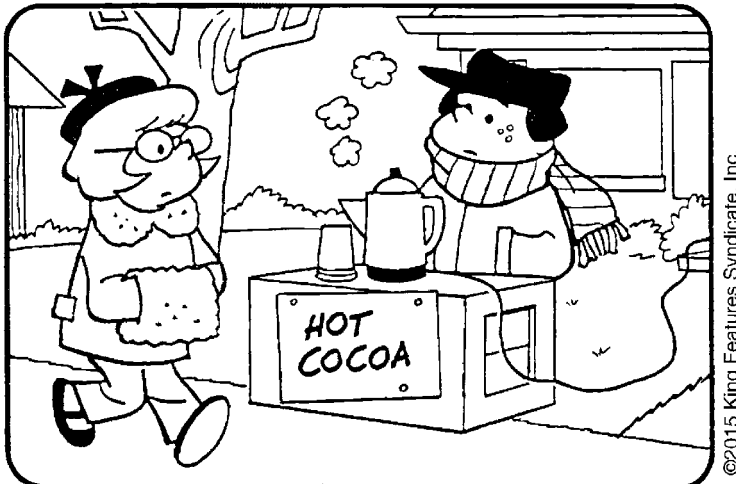
Not to mention a referral to a first-class psychiatrist. The roots of Christian’s desire to hurt women is his own abuse as a child. Anastasia, in her wide-eyed way, wants to save her Byronic romantic hero from his demons, but that would be better left to a professional with years of training and lots of time to work with an emotionally damaged client. The lesson of “Fifty Shades” should be: Ladies, don’t try this at home. In real life, trying to reform manipulative and abusive men only ends in tears, and becoming subject to sexual humiliation only brings humiliation. The edge is taken off “Fifty Shades” by its sheer ridiculousness — the movie is punctuated by moments of inadvertent hilarity — and its fairy-tale ending. Anastasia maintains her identity, even though Christian wants to obliterate it. And over the course of its three books, Christian Grey is indeed reformed and tamed, and Anastasia forms a happy family with him. It’s Ward and June Cleaver, via a pleasure room that looks like something out of a Restoration Hardware catalog. Needless to say, there are easier routes to marital bliss, and they never involve anyone like Christian Grey, who gives the patriarchy a bad name.

Rich Lowry is editor of the National Review. (c) 2015 by King Features Synd., Inc.

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# Senior Softball Players Swing into New Season



Front row left to right: Jill Van Bogart, Andrea Bucheli, Celeste Bradford, Toni Post, Linda McCollum/Greene. Back Row: Pat Burns, Marlo Maher, and Sherill Morton. Photo Courtesy Linda McCollum

By Jan Dalske

## SACRAMENTO REGION, CA (MPG)

Many of our readers enjoy playing in what has been called the senior softball capital of the world. Sacramento is the only city where 12 teams of senior men age 75 and older can play in leagues two days every week. They also encourage women softball players of any adult age from the area to join them in the Thursday morning league at Carmichael Park.

Women are invited because of their history of helping the senior men get started in the 1970s. In the 1960s and 1970s, women softball players had leagues that were comprised of female employees of the local radio and TV stations. There were the KRAK-KWET Radio teams (KRAK Kewties), the KSFM Radio Manhandlers teams, and players from K-108 FM Radio, KVIE Channel 6, and TV Channel 40. All of the women played in the newly formed Women's Media Softball League, which played at the Kenneth Avenue School diamond in the north area of town.

When the first Golden Senior Softball Men's Team began to play in 1976, they were looking for other teams to play at their level of skill. The only team that would play against them at that time was the new Women's

Media Softball League of young women players. The women soon earned the men's respect and deep appreciation.

Many women play softball in high school, college, and in co-ed leagues in their younger years. However, there are fewer leagues for them to play in compared to men. This is especially difficult as they grow older and the only time they are available to play is on weekday mornings when most young people are working. Women who had positive softball playing experience in their youth enjoy having a place to keep in shape and have fun at the same time.

Encouraging the women softball players to play in a league with the oldest senior men allows them to play the game at a level that they can really appreciate. The men like having a couple of the women on their team who often make better plays and get better hits than many of the senior men can. In the senior games, they focus more on having fun playing the game than on intense competition to beat the opponents. They are all good friends regardless of what team they are playing each season. Every season, new teams are drafted and their opponents from last year will become their teammates.

There is a social element of

playing a team sport and being cheered on that increases the enjoyment of working together. Some former players come to the games for the social contacts and to enjoy the company of former teammates.

Today, the women still play with the senior men teams. The games are played at Carmichael Park and are always entertaining to watch. The women all feel that it is a great honor and privilege to play in the league of some of the greatest legends of Sacramento softball. Some of them are wives, daughters, or granddaughters of the senior men, but most are just women who enjoy the game.

In appreciation of those women softball teams from our local radio and TV stations who helped their first senior team get started, the men now eagerly invite all women softball players who are available on Thursday morning for a couple hours to join their oldest senior league. All female softball players of any age are invited to join the men on Thursday mornings. The men are pleased that the women join them to fill out the teams so that the men can enjoy their retirement in good health.

To sign up for the 2015 season and learn more about the team, call Larry Campbell at (916) 485-4843. ★

# Monthly Meeting of Military Retirees and Spouses

## SACRAMENTO REGION, CA (MPG)

The next monthly meeting of Military Retirees and Spouses is scheduled for March 10th at the North Highlands Park and Recreation District at 6040

Watt Ave. The meeting starts promptly at 1030 hours. The subject for March's meeting is Space Available Travel, which should be very interesting. Come on down and enjoy a cup of coffee and meet

new friends. Questions can be referred to volunteers at (916) 640-8446, Monday through Thursday from 0900 to 1500 hours.

Source: Chief George Moses ★

# Elder Abuse Alert "Grandparent Scam"

## SACRAMENTO REGION, CA (MPG)

District Attorney Anne Marie Schubert cautions Sacramento County senior citizens and all members of the community about the "Grandparent Scam."

Scam artists are stealing money from elders by preying on grandparents who both love and fear for the safety of their grandchildren. Targeting elders, scammers contact victims by phone and warn

them their grandchild is in danger. They claim they need money to help get their loved one out of trouble and returned home safely. Once a payment is made, scammers often come back numerous times demanding more money.

DA Schubert advises the public to take precaution and to be aware of this and other similar scams that ask for money, especially if instructed to pay using Western

Union or a Green Dot MoneyPak prepaid card.

To view a recent victim's story profiled in a San Diego County video and for more information on how to avoid becoming a victim of a scam, visit the District Attorney's website at [www.sacda.org/helpingvictims/elder-abuse/](http://www.sacda.org/helpingvictims/elder-abuse/).

Source: Sacramento County District Attorney's Office ★

# LETTERS TO THE EDITOR

## Your Choice of Presidential Quotes

From R. Chris Fenstermaker, Carmichael

Sir: I regularly peruse AR Messenger & Carm. Times to see what's going on in the area. The Feb. 13 issues had quotations from Lincoln in one and Washington in the other – both had to do with positive messages regarding personal integrity. But then, in an obvious nod to your core readership on the right, were comments from Reagan in BOTH issues. I

can think of at least ONE other president who might have had a worthwhile comment instead of doubling down on RR. Most of all, what an ironic slap in the face for Washington and Lincoln to be "honored" on their special days with a Reagan comment about government being the problem, not the solution. I have a strong feeling, as a retired US History teacher, that neither would find that an agreeable opinion. The

very idea that the leader of the federal government is at the same time the leader of the nation's biggest problem is disingenuous and cynical, to say the least. It just reflects the Tea Party's focus on "what's in it for me" and "I don't want to pay ANY" taxes". That was a poor choice on the papers' part to include Reagan's comment on Presidents Day.

R. Chris Fenstermaker, Carmichael ★

## Thanks for the Bipartisanship

From Elizabeth Vallafan, California Resident

Dear Editor,  
Without a doubt, Rep. Ami Bera is the new face of bipartisanship in Congress. Despite the gridlock, he's actively reaching across the aisle in an effort to improve healthcare and public policy. He's teamed up with Republican lawyer, Andy Barr of Kentucky, on solid forward-thinking, bipartisan healthcare legislation.

The Saving Lives, Saving Costs

Act, a joint effort between Rep. Barr and Rep. Bera provides measured, reasonable liability protections to providers who follow that evidence-based medicine. More so, the legislation gives doctors who practice evidence-based medicine a legal "safe harbor" that reviews the case early on and gives both doctor and plaintiff a greater level of fairness and justice.

Sensible policies in this political environment are rare and it's

great to see that Rep. Bera has come this far. His ideas are supported by notable organizations like the Healthcare Leadership Council, and the Center for American Progress, a who's who of Democratic health experts. Rep. Bera and Rep. Barr deserve much credit for their willingness to step forward and demonstrate that both parties can come together and agree on what's best for future generations.

Best, Liz Villafan ★

# CA GOP Gathers in Sacramento

By Jon Fleischman

## SACRAMENTO REGION (MPG)

While the largest gathering of conservative Republicans was taking place at the Conservative Political Action Committee (CPAC) near our nation's Capitol, roughly 1300 delegates and guests gathered at the Sacramento convention center, across the street from the California State Capitol for the biennial organizing convention of the California Republican Party.

The California GOP confab was a relatively low-key affair. All of the elections for party office were uncontested, with former State Senator Jim Brulte being elected by acclamation by delegates to a second term as Chairman. San Francisco GOP Chairman Harmeet Dhillon was also re-elected as Vice Chairman. Newly elected statewide officers were former Downey Mayor Mario Guerra as Treasurer, and Nevada County GOP Chairman Deborah Wilder. Elections were also held for five out of eight regional Vice Chairmanships.

The convention's keynote address was given at a Saturday luncheon featuring New Jersey Governor and presidential aspirant Chris Christie. While his remarks got off to a bit of a slow start, Christie closed exceptionally strong, sharing some personal stories that exhibited the kind of charisma that makes his national ambitions harder to dismiss. On Saturday evening, convention attendees heard from freshman GOP Congresswoman Mia Love of Utah. Always a California GOP convention favorite, Congressman Tom McClintock's fiery address to a Tea Party Caucus meeting received rave reviews.

The only controversial issue at the convention, which clearly divided convention attendees, was a decision to grant a charter to the Log Cabin Republicans of California. The debate on the issue lasted the better part of an hour, with an ultimate vote in support of granting the charter of 861-293.

For context of how uneventful the rest of the Sunday general session was, the most controversial

discussion on the floor besides the chartering of the Log Cabin Republicans was whether or not a resolution using the phrase "illegal immigrant" should be amendment to read "illegal alien."

Of interest was the increased presence of public employee unions at the convention, sponsoring the event, hosting parties, and sending representatives to interact with the delegates.

The 2014 election results were a mixed bag for beleaguered California Republicans, who currently hold a 28% share of registered voters in what has become a reliably blue state. On a statewide level Democrats swept every constitutional office, and Republicans had their clock cleaned in U.S. House races, ending up with a net loss of a seat. However, the GOP did have enough state legislative wins to climb back up above super-minority status in both the State Senate and the State Assembly—an important benchmark to be able to stop tax increases, which take a two-thirds vote. ★

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*Great Mass in C Minor, kv 427* | W. A. Mozart

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Nikki Einfeld, Soprano  
Marina Boudart Harris, Soprano  
Ross Hauck, Tenor  
Daniel Yoder, Bass

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translations

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7:00 p.m. – Pre-concert talk by Donald Kendrick

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by E. Haig – Sacramento Gazette, March 14, 2014

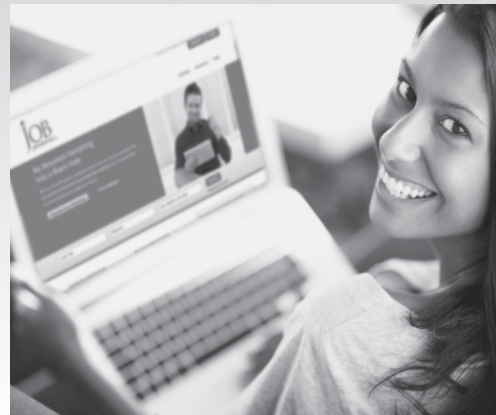
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# Nielsen and Community Leaders Call for Senate Oversight Hearing on Prop. 1

*Agriculture, Labor, and Business Communities Must Have a Greater Opportunity to Be Heard on the Water Bond*

**SACRAMENTO REGION, CA (MPG)** - At a four-hour Senate Budget Hearing, state officials, think-tank analysts, and environmental representatives spoke at length on how Proposition 1 monies should be used. Leaders from the agriculture, labor, and business communities were not included in the panels of speakers.

"The Legislature must keep faith with the voters who overwhelming passed the water bond," said Senator Jim Nielsen (R-Gerber). "The voters were promised that they would get new water storage if they passed the water bond."

In advocating for good governance, Senator Nielsen asked for an hour of the Committee's time to allow for equal time for communities from agriculture, labor, and businesses to speak.

Senator Nielsen added, "It is important for the Legislature to present a balanced panel and provide all perspectives.

Californians deserve another committee oversight forum to hear the public benefits of above-ground storage."

In campaigning for Propositions 1 and 2, Governor Jerry Brown stated in the Voter Ballot Pamphlet, "Water storage is key and we haven't added any new storage in 30 years. Proposition 1 carefully invests only in the most cost-effective storage projects."

Governor Brown further stated, Proposition 1 "expands water storage capacity, ensures that our farms and businesses get the water they need during dry years, [and] increases flood protection."

Tehama Colusa Canal Authority general manager Jeff Sutton, who is advocating for the construction of Sites Reservoir in Northern California, echoed Senator Nielsen's sentiments. "California's population has more than doubled since 1960

when the current water storage and delivery system was built. The construction of the 1.8 million acre feet Sites Reservoir is vital to California's future. The integration of Sites with the existing State and Federal water projects will return flexibility and function back to the operations of our currently broken statewide water delivery system, providing significant benefits to the California Bay-Delta, while also greatly increasing water supply reliability for California's communities, farms, and the environment."

Representatives from the Farm Bureau Federation, California Chamber of Commerce San Juan Water District, California Building Industry Association, and California Alliance for Jobs were given a brief moment to express their support for another hearing.

Source: *The Office of Senator Jim Nielsen* ★

# A Sideline View into the World of Business

By Molly Townsend

**SACRAMENTO REGION, CA (MPG)** - Behind every good leader is a great leader. For 25 years, Gary Henson, founder of the Sacramento-based [www.BusinessCoach.com](http://www.BusinessCoach.com), has mentored and advised thousands of business leaders worldwide. Henson credits much of his success to the company's unique approach of creating and nurturing an intimate employer/employee relationship.

"What I love to do is to teach entrepreneurs the fine art of leadership," said Henson. "Let's not just work on the job descriptions...but let's talk about [the employer's] attitude and relationship to [their] employees."

According to Henson, changing one's outlook can often be the determining factor between success and failure. Henson believes that striving for continuous improvement and being committed to learning are crucial qualities to possess in order to become successful.

Henson has a very holistic approach to working with team leaders. It not only centers around increasing profits but focuses on time management, employee delegation, and life balance. The average client works with "Coach Gary" for about 23 months via phone calls, emails, and face-to-face meetings.

Some of Henson's clients include A & S Motorcycles, Monterey Mushrooms, Carson Landscape Industries, and Haemonetics Inc.

Randy Felice, the president of A & S Motorcycles, said of Henson, "I'm not sure we would be in business today if it weren't for hiring Gary as our business coach and trusted advisor."

Henson described one client he is currently working with as a very smart attorney who has great employees but a major work overload to the point where he's not able to spend much time with his family. Henson is helping the client focus more on the employee delegation aspect of business so as not to overburden himself, thus going from working 55 hours a week to 35 hours a week. Henson also noted that this client has since seen cash flow increase dramatically.

"It's about implementing certain procedures and making minor changes that are designed to shift the entire business," Henson said.

According to the website [www.impactforcoaches.org](http://www.impactforcoaches.org), 70% of Henson's clients have at least doubled their sales or profits. Aside from being a successful entrepreneur, mentor, coach, and business advisor, Henson is a sought-after speaker and a published author in many magazines and journals. He authored the book *Strategies to Future Proof Your Business*, and is a co-author of *Ready, Aim, Captivate!*

A portion of his clients are attracted not only to his style of coaching, but also his passion for his Christian faith, which helps them feel they can better relate to him. He is the past president of the Sacramento Fellowship of Marketplace Christians, an active member of Bayside Church and leader in their marriage ministry, and president of the Top 20



Gary Henson, the author of *Strategies to Future Proof Your Business*. Photo courtesy of Gary Henson

Thought Leaders of Sacramento, with a legacy goal of donating 90% of his income to his favorite ministries and charities. Henson is also the co-founder of the Make a Difference Project, a non-profit organization committed to ending family violence.

One of the biggest struggles Henson has faced, particularly in the early days of [www.BusinessCoach.com](http://www.BusinessCoach.com), was helping people understand precisely what a business coach is among the differing perceptions of the title, often relating it to the analogy of a sports coach observing his players from the sidelines.

"For years I've struggled communicating what it is I do...it's a hard concept to grasp when you're talking about the benefits of business consulting," said Henson.

Henson works with clients by teaching them how to increase profitability; hire top performers; recognize better and larger goals; increase employee accountability; organize workshops, training, and retreats; improve customer service and client retention; promote team building; and learn how to market online through social media. His website also offers potential clients a free first session where they can bring their three biggest concerns for their company to the table and get a feel for what future sessions have in store.

When asked if he believes his occupation is more critical in light of the current economy than it was 10 years ago, Henson said, "It's always been needed, but it's needed now more than ever."

Success aside, Henson still believes his greatest achievement in life is his relationship with his wife, Jenene, and their family.

Those who wish to inquire about Henson's services can contact him by calling (916) 922-7766 and browsing his website [www.BusinessCoach.com](http://www.BusinessCoach.com). See Henson's advertisement on Page 16. ★

# Family Night Out Features Outspoken Tobacco Insider

**CARMICHAEL, CA (MPG)** - San Juan Unified School District is hosting a free Family Night Out for all ages on Thursday, March 12th from 6:30 p.m. to 8:00 p.m. at Deterding Elementary, 6000 Stanley Avenue in Carmichael. The featured speaker will be Victor J. DeNoble, Ph.D.

Dr. DeNoble was recruited to develop a safer cigarette for Phillip Morris in the 1980s. Eventually, he became the first whistle-blower to testify before congress and a key witness in the

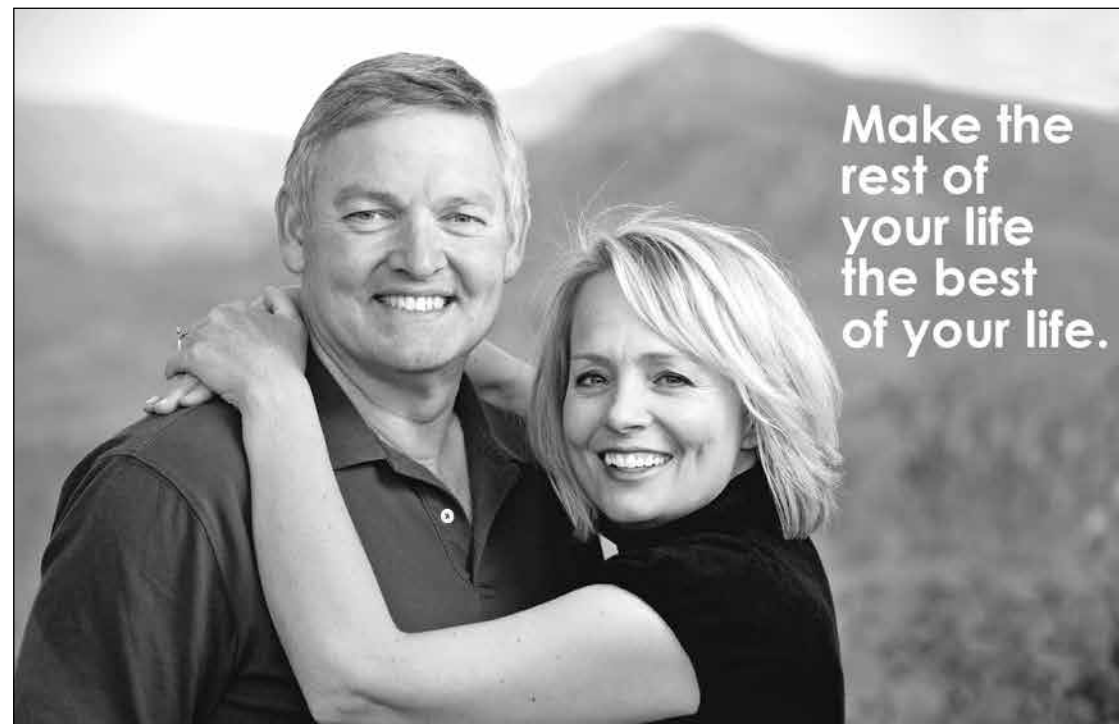
federal government's investigation into the tobacco industry's research practices.

Learn firsthand from Dr. DeNoble about the new emerging products that tobacco companies are marketing to minors and participate in a discussion about marijuana and other drugs and how they affect the brain. According to the Center for Disease Control, nearly a quarter of a million youth who never had an interest in cigarettes used electronic

cigarettes in 2013. Studies also show that youth who use e-cigarettes are twice as likely to become addicted and use conventional cigarettes at some point.

Light refreshments and a prize drawing for students will be provided at the event. There is no cost to attend. For more information, call (916) 979-8621 or email [jayna.record@sanjuan.edu](mailto:jayna.record@sanjuan.edu).

Source: *San Juan Unified School District* ★



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## Sacramento County DA Reports

*Recent cases of interest*



**CASE: Shaquille Jerrell Williams & Harold Dossman (03/03/15)**

**PROSECUTOR: Deputy District Attorney Amber Hawk, Career Criminal Prosecution Unit**

District Attorney Anne Marie Schubert announced today that Shaquille Jerrell Williams was convicted by jury of robbery. The jury also found true that Williams committed the robbery for the benefit of, and in association with, the Stick Up Starz criminal street gang.

On September 19, 2012, Williams and his cousin Harold Dossman, who is also a known Stick Up Starz gang member, severely beat the victim and robbed him of his cell phone, car keys, money and cigarettes. During the assault, the three men yelled out "Starz Up!" and "Gunz Down!" to promote their gang.

Williams faces a maximum potential sentence of 15 years in state prison. Sentencing is set for April 3, 2015 at 10:00 a.m. in Department 10 before the Honorable Greta Curtis Fall.

Dossman has a prior 2011 robbery conviction, which is a prior strike under California's Three Strikes Law. He previously entered a plea of no contest to robbery and faces a sentence of 10 years in state prison. His sentencing is set for April 10, 2015 at 9:00 a.m. in Department 10 before the Honorable Greta Curtis Fall.

**CASE: Michael Lee Brombacker (02/25/15)**

**PROSECUTOR: Deputy District Attorney Bruce Chang, Special Assault & Child Abuse Unit**

District Attorney Anne Marie Schubert announced today that Michael Lee Brombacker was convicted by jury of 26 counts of child molestation.

The case involved three victims who were abused between 1998 and 2010. Brombacker molested a female family member between 1998 and 2003, when she was between the ages of 10 and 14. He molested a different female family member from 2007 to 2010, when she was between 10 and 13 years old in Sacramento and Calaveras counties. He also molested the young daughter of a family friend between 2003 and 2004.

Brombacker faces a maximum potential sentence in excess of 300 years to life in state prison. Sentencing is set for April 17, 2015 in Department 15 before the Honorable Kevin McCormick.

## Classique Barbers

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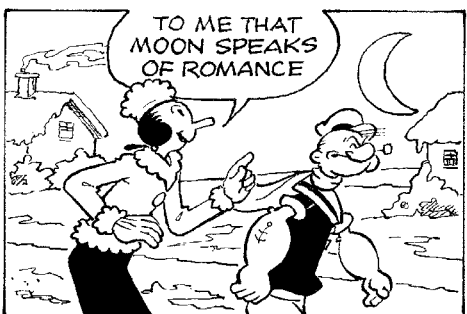
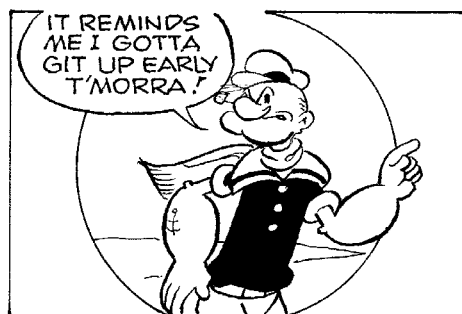
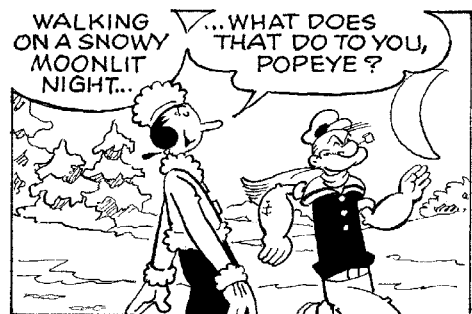
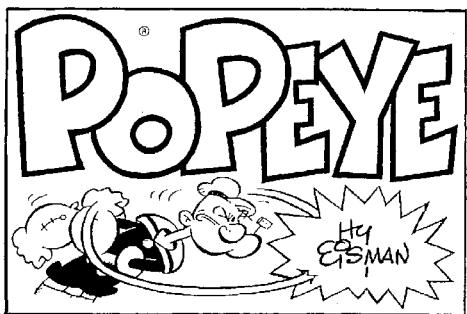
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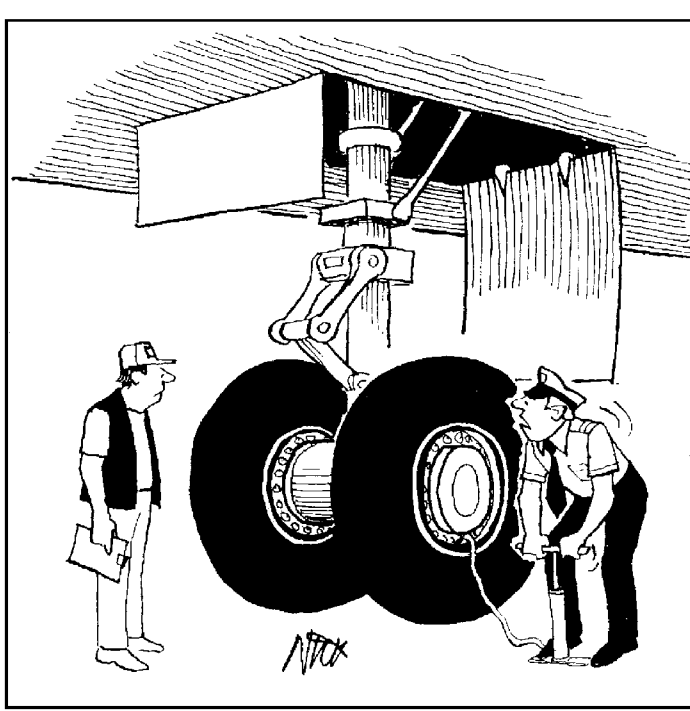
HUBERT - - By Dick Wingert

MISTER BREGER By Dave Breger



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LAFF - A - DAY



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## Salome's Stars

**ARIES (March 21 to April 19)** Disappointed about something that didn't go your way? Cheer up. Look at the reasons it happened, and you could find a valuable lesson about what to do (or not do!) the next time.

**TAURUS (April 20 to May 20)** It's a good time to do some reassessing of plans and goals -- even how you considered redoing your bathroom. The point is to be open to change if change can improve things.

**GEMINI (May 21 to June 20)** Take some time to learn who is the right person (or persons) to approach and discuss your ideas with for your new project. Also, reserve time to prepare for an upcoming family event.

**CANCER (June 21 to July 22)** Dealing with a demanding situation, as you recently did, could drain much of your own emotional reserves. Take time to relax and indulge yourself in some well-earned pampering.

**LEO (July 23 to August 22)** The regal Lion might feel that she or he is above emotional displays. But showing your feelings can be liberating for you, and reassuring for someone who has been waiting for you to do so.

**VIRGO (August 23 to September 22)** An emotionally needy person might make more demands than you can cope with. Best to ask for some breathing space NOW, before resentment sets in and makes communication difficult.

**LIBRA (September 23 to October 22)** An unexpected spate of mixed signals could cause serious schedule setbacks. Best to focus on straightening everything out as soon as possible and get everyone back on track.

**SCORPIO (October 23 to November 21)** Be aware that someone in the workplace could try to use a disagreement with a colleague against you. If so, be prepared to offer your side of the story with the facts to back you up.

**SAGITTARIUS (November 22 to December 21)** An unexpected challenge to a previous decision can be unsettling. But your reservoir of self-confidence -- plus your loyal supporters -- should help carry the day for you. Good luck.

**CAPRICORN (December 22 to January 19)** While the idea of making some sort of major move in the near future continues to interest you, don't overlook a new possibility that could be emerging closer to home.

**AQUARIUS (January 20 to February 18)** Be careful not to base an upcoming decision on gossip or anything you might hear if it can't meet provable standards. That's true regardless of whom the source might be.

**PISCES (February 19 to March 20)** You might still need to do some solid reassessing early in the week before you can close that sensitive situation. A new job-related opportunity could present itself later in the week.

**BORN THIS WEEK:** You are extraordinarily sensitive to people's feelings, and you're always ready to offer comfort if necessary.

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**Thought for the Day:** "Good humor is a tonic for mind and body. It is the best antidote for anxiety and depression. It is a business asset. It attracts and keeps friends. It lightens human burdens. It is the direct route to serenity and contentment." -- Grenville Klieser

## COUCH THEATER DVD PREVIEW

COUCH THEATER -- DVD PREVIEW  
By Sam Struckhoff

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of March 9, 2015.

### PICKS OF THE WEEK



"Night at the Museum: Secret of the Tomb"

**"Night at the Museum: Secret of the Tomb" (PG)** -- The kooky museum figures who come to life at night are in trouble -- their magic spell is fading and they have to go on a cross-continental adventure to fix it! This third installment in the Ben Stiller action-comedy for kids takes museum guard Larry (Stiller) to London with his crew of animated exhibits -- notably Teddy Roosevelt (Robin Williams); Octavius, the tiny centurion (Steve Coogan); and Jedidiah, the tiny cowboy (Owen Wilson).

The movie is (supposedly) the last one in the series, and revs up audience-interest early on with the change of scenery and the sense of urgency in the plot. Without a whole lot left in the tank for these characters, the movie goes for a kind send-off to the historical goofballs.

**"Listen Up Philip" (R)** -- Philip's soon-to-be released book will surely rocket him to the top of the literary world, landing him high among the geniuses. He's a brilliant success, and it's frustrating that nobody has realized it yet. Jason Schwartzman plays the self-absorbed author,

who ditches his girlfriend (Elizabeth Moss) to spend time on himself at a country home owned by his mentor (Johnathan Pryce).

This protagonist is just so unlikable, that by the end you'll wonder how you sympathized with him in the first place. Part of Philip's creative process is unloading emotional burdens on others and wallowing in the fallout. Still, it's a fun sort of dark comedy, watching a success grow less and less redeemable.

**"The Liberator" (R)** -- This Venezuelan historical epic chronicles the campaigns of Simon Bolivar, the revolutionary who fought against Spanish rule in South America. History buffs and those hoping for a nuanced character will be disappointed by the flat portrayal of Bolivar as a dashing and determined national hero. Edgar Ramirez has a fine track record playing complex and powerful characters in "Che" and "Carlos," but the script and direction of this flick veers strictly for the simplistic interpretation.

**"Wolfcop" (R)** -- Sheriff Lou Garou (Leo Farfard) is a hard-drinking small-town lawman who has some terrible self-control issues. Wild and crazy demons give old Lou the curse of lycanthropy -- turning the hopeless drunk into a night-prowling werewolf of justice. With his redneck sidekick, Wolfcop doesn't just take a bite out of crime, he rips crime into bite-size chunks. Instead of trying to be utterly terrible and hoping you'll laugh, this obviously-in-poor-taste actually has a sense of humor and makes some good use of it. It's not solid all the way through, but it makes for a fine grind-tastic horror-comedy.

### TV RELEASES

"Legend of Korra: Book Four: Balance"

"Gomer Pyle U.S.M.C.: The Complete Series"

"Chef's Life: Season 1"

"Chef's Life: Season 2"

"Treehouse Masters: Season 1"

"Matlock's Greatest Cases"

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**SUNDAY**  
Daylight Saving Time begins  
March 8  
Move clocks ahead one hour

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## Strange BUT TRUE

By Samantha Weaver

Before modern medical techniques became common, it was not unusual for people to be inadvertently buried alive. In 1819, the Doctor Regent of the Faculty of Medicine in Paris estimated that one-third to one-half of people who died in bed were, in fact, still alive when they were interred. This led to the invention of the "security coffin," which was connected to a monitoring station by a long tube. If the presumed corpse did regain consciousness, food and drink could be transported through the tube while the coffin was exhumed.

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**The Garden Bug** Cloudberry BY BRENDA WEAVER

Sensitive to dry conditions, this woodland plant grows best in the bogs, marshes and wet meadows of Canada and the northern U.S. states such as Alaska, Minnesota, New Hampshire and Maine. It produces a tart, amber-colored fruit similar to the raspberry or blackberry, and is used in cooking to flavor foods or make into jams, juices, or tarts.

Source: wikipedia.org

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Visit our website at [www.carmichaelwd.org](http://www.carmichaelwd.org) for further information.







## San Juan Water District Responds to CVP Federal Water Allocations

**SACRAMENTO REGION, CA (MPG)**  
 - We all know that California is facing an extraordinary drought. The announcement of federal water allocations through the Central Valley Project is indicative of the severity of our states water supply. This year, the U.S. Bureau of Reclamation initial allocation is to provide 25% of San Juan Water District's historical water use of CVP water, half of last year's allocation. Updated allocations will be announced between now and May and we hope the forecast improves. Combined with access to other water supplies, we anticipate having access to similar amounts of water as last year. These unprecedented cuts in CVP water deliveries highlight the critical need for continued water conservation.

San Juan Water District's historical use of CVP water is very small, so as a result, this year's 25% allocation is very small. We did not use any of our historical CVP water allocation last year and anticipate not using any this year either.

Last year, SJWD retail customers reduced their water use by 32% after entering mandatory water conservation stages in February. This January, customers continued those efforts, cutting water use by 34% compared to January 2014. Our board is calling on our customers to continue their significant conservation measures this year.

The San Juan Water District Board of Directors has been

planning for continued drought, approving projects that allow the district to access alternative water supplies. These projects, in partnership with Placer County Water Agency and Sacramento Suburban Water District, will be completed this fall. They will provide alternative water supplies for droughts as well as emergency access to water if it is not available from Folsom Lake.

Folsom Lake, our source for water supplies, reached historical lows in early 2014, prompting immediate water conservation measures. Because of warm winter storms late last year, current water levels in Folsom Lake are higher than average - but that won't last. The latest snow surveys show almost no snowpack, meaning we'll have minimal runoff into Folsom Lake in the spring and summer. Because of the low snowpack, we will likely see Folsom Lake drop to very low levels this year.

I'm asking all our customers to continue conserving water while the district works diligently to construct projects that secure alternative water supplies. Although we will have the same amount of water overall as last year, the state remains in a dire drought. Please stay tuned for more information from San Juan Water District on our water availability.

-Shauna Lorange, general manager, San Juan Water District  
 Source: Crocker & Crocker ★

### Outdoor World

#### Prep for Turkey Season by Practicing Your Shooting While Sitting

Remember when planning your turkey tactics that you'll be sitting down on the job. That means you should step off distances and find maximum range markers when possible before taking a seat. Your judging skills will be poorer from the lower position and these measured landmarks can tell you when a gobbler is in range. Sometimes, you'll be shooting a walking bird from a sitting position, too, and that's a big switch for hunters used to swinging on upland game or waterfowl. You need to practice shooting sitting down and looking down with the barrel at a turkey's head. It's a different game. I've had some of the best shotgun shooters in the country, guys that don't ever miss at skeet or trap and hardly ever miss a duck or a dove, sit there and miss turkeys that were standing still 5 yards from them. So practice shooting while sitting.

By Larry Whiteley, Host of the award-winning Outdoor World Radio  
 For more tips, go to [basspro.com](http://basspro.com) and click on Bass Pro Shops 1 Source News & Tips

## Monthly Meeting of Military Retirees and Spouses

**SACRAMENTO REGION, CA (MPG)**  
 - The next monthly meeting of Military Retirees and Spouses is scheduled for March 10th at the North Highlands Park and Recreation District at 6040 Watt

Ave. The meeting starts promptly at 1030 hours. The subject for March's meeting is Space Available Travel, which should be very interesting. Come on down and enjoy a cup of coffee and meet new friends.

Questions can be referred to volunteers at (916) 640-8446, Monday through Thursday from 0900 to 1500 hours.

Source: Chief George Moses ★



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is expected to rise to 5-5.5% this year. This will make homes a little less affordable for buyers and put the brakes on some sales. When rates go up the market gets smaller, especially with rates that may hit 6 or 7%. Some of us remember when mortgages were lending at 17-18%, so acting while rates are low is a real incentive to both buying and selling your property.

Please take advantage of our expertise in making the right decisions for your home purchase or sale. It's easy, just email your question to us and we share the answer so everyone can learn from it in this column. We, of course, change the names to protect the innocent!

Ask a question - Email: ellenherrle@hotmail.com.

For those who get in touch each month you'll also receive one of three pamphlets on buying and selling strategies, and be entered in a random drawing for a dinner for two at one of our great Sacramento or Placer restaurants!

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*Next time: The second and third most critical issues for buying or selling your property in 2015!* ★

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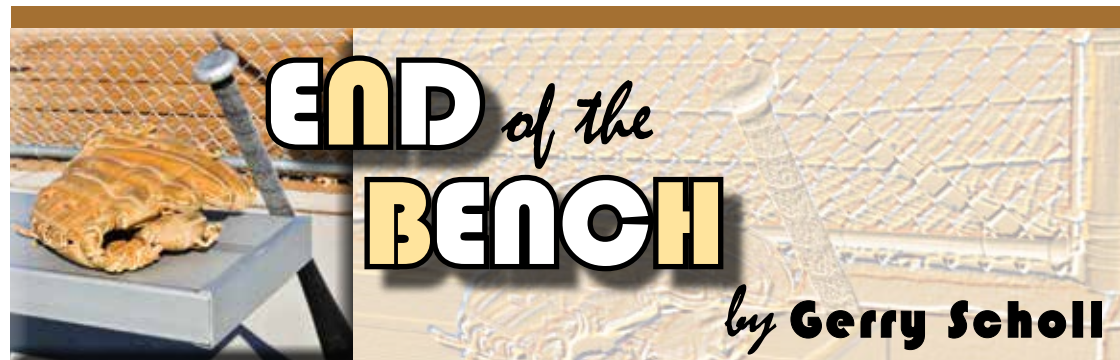
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## Kings on the Road and Road Warriors

The hardest part of the professional-sports lifestyle has got to be all the time spent on the road, flying around from city to city, waking up wondering "Where am I?"

All the days spent away from home and family and living out of suitcases has to be tough. It might be a whirlwind of excitement for awhile, especially for the younger players, but at some point it has to grow old and tiresome.

In the concentrated post-All-Star Game NBA schedule the traveling can cause some real problems, unless you are LeBron James — because they never call traveling on King James (Hello, Cleveland!).

The team sleep specialist will probably be kept quite busy during the Sacramento Kings' current nightmare road trip that began Tuesday in New York. The struggling Kings are faced with playing in eight cities in twelve days, including games on back-to-back nights three times. In one stretch they will have four games in five nights.

The team will cover over 9,300 miles through the trip that consists of stopovers in San Antonio, Orlando, Miami, Atlanta, Charlotte, Philadelphia and Washington. Jack Kerouac, Willie Nelson and Roger Miller would be proud.

It seems as though the boys would have no time at all to enjoy The Big Apple, the River Walk, Disney World, South Beach, the World of Coca Cola, Carowinds Amusement Park, Independence Hall or our nation's capital along the way.

Unfortunately, unlike the Harlem Globetrotters, these gypsies will not be winning every game, based on recent history. The Kings hit the road with a 20-37 overall record, 7-18 away from home — fifth-worst in the NBA.

It has been a rough, low road for quite some time for the Kings, now playing out the

string of their ninth straight season missing the playoffs after having reached the postseason in eight straight years under coach Rick Adelman. (Why did they ever let him go anyway?). The hope is that recently-hired veteran coach George Karl, the third coach this season and ninth since Adelman left, will eventually turn things around. The two-time cancer survivor has led his teams into the playoffs 22 times over 25 seasons and is the sixth-winningest coach all-time with 1,133 victories (Adelman, now retired, is eighth at 1,042).

Down the freeway in Oakland, the Golden State Warriors are in the fast lane on the high road, battling day-to-day with the surprising Atlanta Hawks for the best record in the league. With four of five starters having five years or less in the league, the W's figure to be riding high for some time to come. This season will mark their third playoff appearance in a row, after making only one in the previous 18 seasons.

After completing a six-games-in-nine-days "roady" Monday, the Warriors were 46-12 overall, 22-10 on the road — second only to the Hawks — and a healthy 19-5 against the Eastern Conference after splitting the six games that took them to Indiana, Washington, Cleveland, Toronto, Boston and Brooklyn. That also finished off a stretch of 12-of-15 away from Oracle Arena.

It looked as though it was really wearing on the Warriors in the fifth game of the trip in Boston, as they fell behind by 26 points before rallying for the biggest comeback in the league this season behind Steph Curry's 37 points, 106-101.

Coach Steve Kerr spoke of "the importance of being poised" after that win. But poise and Curry would not be enough in the finale. After

stealing one from the Celtics, the Warriors reached their hotel in Brooklyn after 3 a.m. the next morning for a game that night. Kerr knew it would be a test, but acknowledged that everybody has to play a difficult regular-season schedule. "That's just the way it is."

The Warriors were clearly off their usual game against the Nets, trailing by double-digits most of the game and were still down 10 points with less than four minutes left. The Nets may have been running out of gas, too, playing their first home game in 24 days, and squandered the lead as Curry scored 18 fourth-quarter points and the Warriors tied the game 108-108 with seconds remaining. But former Warrior Jarrett Jack connected on the game-winner with 1.1 seconds left.

Coming up on Golden State's schedule later in March the Warriors host Washington before heading north to play Portland the next night, kicking off a period of seven of eight games on the road over fifteen days — that will make the one home visit feel like a road game. Brutal. The Kings still have future trips of four games in eight days and three games in five days. That record will not be looking too good by season's end.

But hard-working fans of the teams are not about to be lending any shoulders for NBA players to cry on, knowing that they are paid like superstars, treated like kings and granted first-rate accommodations everywhere they go.

This is all just to say that battling the rigors of the NBA schedule is a challenging path to navigate to reach the playoffs, and you can't win them all. It's all about preparing and positioning your team to be the one holding the hardware after a victory in the grand finale of the playoffs — the second season. ★

# Free Weekend Activities at the Nature Center

**CARMICHAEL, CA (MPG)** - Spring is just around the corner and you can get your fill of fresh air, birds, and flowers at the Effie Yeaw Nature Center (2850 San Lorenzo Way), which is hosting a series of free, fun, and informational events this March. offers lots of fun activities for everyone to enjoy. There is a \$5 per car county entrance fee into Ancil Hoffman Park (free to members). Donations are

gratefully accepted.

Take a Bite Out of Nature: On Saturday, March 7th at 10:30 a.m., you can get answers to the following questions: What are herbivores, carnivores, and omnivores? How can you tell which animals are which? Then you can check out the skulls and teeth of various animals and see if you can figure out what they eat!

Endangered Species: On Sunday, March 8th at 1:30 p.m., join a Naturalist and explore endangered plants and animals of our area and find out how you can help.

For more information about the Effie Yeaw Nature Center, please call (916) 489-4918 or visit [www.sacnaturecenter.net](http://www.sacnaturecenter.net).

Source: Effie Yeaw Nature Center ★

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# Are You Carrying Bricks In Your Backpack?

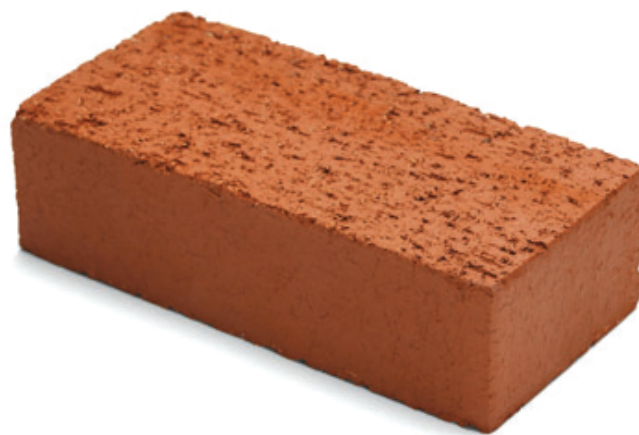
**Procrastination! Ugh! What a word that is. But, we're all guilty of it - whether it's putting off laundry or doing your taxes - it's usually related to some task or chore we just don't want to do.**

The same is true about making final arrangements. Who wants to think about, or talk about, death. And with so many more fun things to spend our money on, who wants to pay for it?

Well, just like taxes, death is something unavoidable, and when it's done - what a relief that is. You can then unload that brick from your backpack and have some peace of mind. If you still need motivation, consider these points:

- You get to arrange what you think is best and not expect family members to know your wishes
- You can know that once your pre-arrangements are made, your wishes will be carried out
- You get to relieve your family from that burden of planning your funeral when they are grieving
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- You can set up affordable monthly payments so the financial burden does not fall to your surviving family members
- You will show your love in a way your family will never forget

We hope these tips are useful. **Call us today for an appointment and let us help you unload some bricks from your backpack!**



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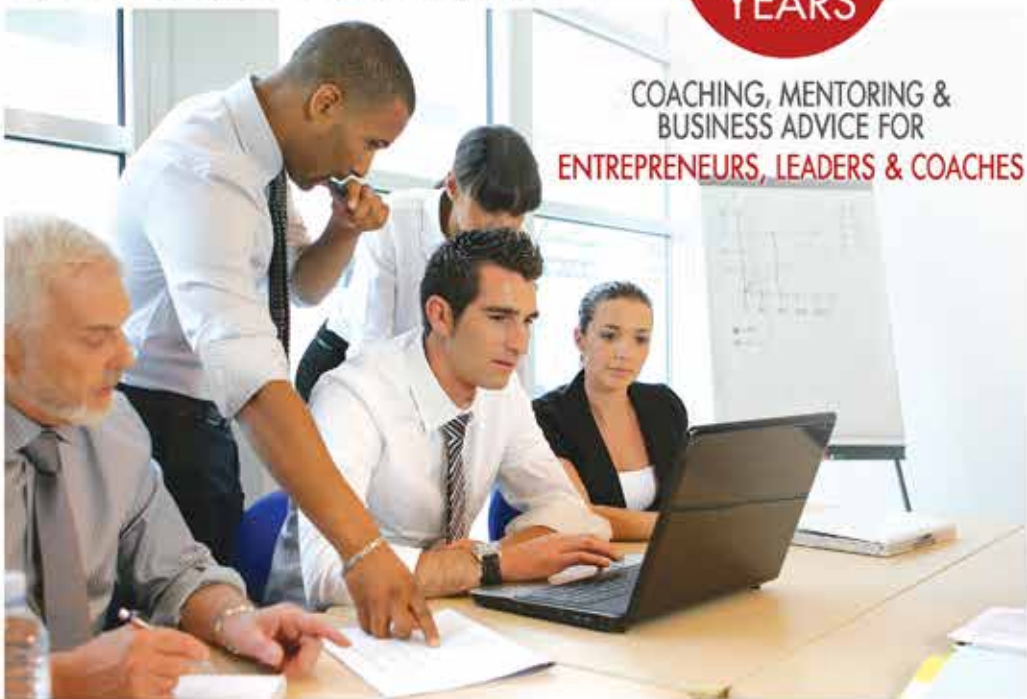
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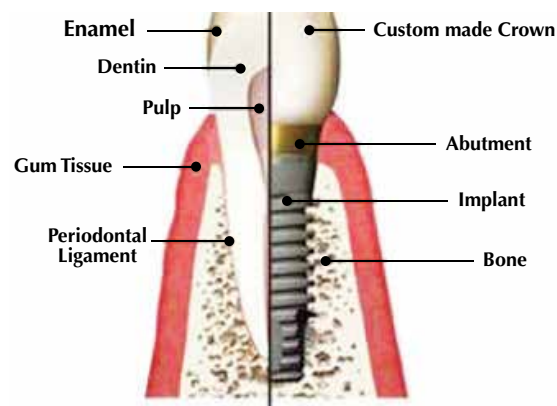
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