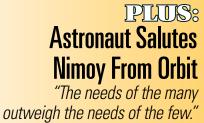


Guests Enjoy St. Mark's Roman Holiday Crab Feed



Page 3



Volume 35 • Issue 10

Serving Carmichael and Sacramento County since 1981

March 6, 2015

Free Program on Endangered **Tricolored Blackbird**



Carmichael Resident **Celebrates 100 Years**



Page 2

Couch Theater Night at the Museum: Secret of the Tomb

The Dream Continues Milagro Announces First Tenants



An entrance arch is the newest and most ambitious landmark on Fair Oaks Boulevard. It is also a gateway to Nancy and Allan Davis's dream.

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Developers Allan and Nancy Davis say contractors will complete their multi-million dollar Milagro Centre project this summer. For their vision to make Carmichael a culinary and retail hub, the Carmichael Chamber of Commerce has named the couple 2015 Business People of the Year. They will be honored at the Chamber's March 27th fundraiser gala. Installation of the center's entrance arch was the most recent milestone in the ambitious development. Hoping for miraculous town center revitalization, the It's a long project and we've met many challenges," said Nancy Davis. "But we're on schedule for our summer opening. Milagro will be a big event for Carmichael. Our dream is to set the bar high. We're establishing a standard for how we hope Carmichael will look 50 years from now.

of stone and mortar facades. New walls then surrounded the four-acre project and phalanxes of palm trees were imported. Most recently, the 20-foot-high metal gateway appeared, announcing the center's name across a 60-foot span.

Railroad **Museum Debuts New Exhibit**

"Two Glorious Expositions, One Golden State"

SACRAMENTO REGION, CA (MPG)

- California State Parks and the California State Railroad Museum have debuted a new exhibit titled "Two Glorious Expositions, One Golden State: Celebrating the Panama Canal in 1915." The exhibit highlights California's two large-scale celebrations commemorating the completion of the Panama Canal in 1915: the Panama-Pacific International Exposition in San Francisco and the Panama-California Exposition in San Diego. The opening day of the exhibit is Friday, February 27th.

The exhibit features historic photographs of structures, people, and artwork (some presented in a 3D view); artifacts including a scale steam locomotive; and related promotional items such as travel brochures, tickets, postcards, and magazines. The exhibit is located in the Railroad Museum lobby, adjacent to 19-inch gauge Overfair Railway locomotive No. 1915, constructed for the Panama-Pacific International Exposition and today a permanent part of the Railroad Museum's prized collection.

In an era rich with World's Fairs and Exhibitions, the completion of the Panama Canal was an opportunity for two of California's cities—San Francisco in the north and San Diego in the south-to vie for the opportunity to benefit from the expected boom in maritime-related industries. Both cities executed elaborate plans and spared no expense to promote themselves. San Francisco, celebrating its Phoenix-like rebirth after the 1906 earthquake and fire, chose a theme of the wonders of a technological future. San Diego took a different approach, choosing a theme of looking back on a rich



Page 9

Davises purchased the old Hillside shopping mall three years ago. Its reinvention as the Milagro (miracle) Centre has been in progress for over a year and, in that time, Carmichaelites have witnessed steady progress. Partial demolition gave way to the rise

However, interior progress has been seen only by roosting pigeons and the building crew. My recent inside visit revealed that the inner walls that separated eight Hillside shops are all gone. The architect's open plan for both sides of the center will accommodate more than 20 eateries and food-oriented retailers. At the north end, a 7,000-square-foot event center will enable entertainment or conventions. Continued on page 3

Continued on page 3



PRESORTED STD US POSTAGE **PAID** PERMIT 350 Carmichael, CA Change Service Reque



Top photo: Kristen Silvan (left) and Kylie Silvan of Lodi add some color to their outfits just before the start of the Color Fun Fest 5K fun run at Cal Expo. Left photo: Ginny Harrison (left) and Rachelle Reone of Paradise ran in the daytime 5K Color Fun Run held at Cal Expo.

Story and photos by Anne Stokes

SACRAMENTO REGION, CA (MPG) - Tenthousand people came from all over Sacramento and beyond to have a fun and colorful time on the evening of Saturday, February

28th at the Color Fun Fest fun run. Hosted at Cal Expo, the family-friendly event featured daytime and nighttime 5K fun runs, food trucks, copious amounts of neon-colored powders at several color stations,

See inside for details

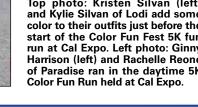
and high voltage black lights once the sun went down.

"Color Fun Fest is about coming out and having an amazing time with your family. We're a family throwing family events. We want people to get off the couch, we want kids to put down the video games, we want kids to come out here and have an amazing, epic time," said Fun Director Jamie Leibert.

Gage Fernandez (9) of Sacramento did just that. Fernandez convinced his family to come out and run in celebration of his recent birthday. And what was his favorite part of the race? Being colorbombed, of course. "I loved it!" he exclaimed. "I liked how at the paint stations people would just grab [color] and throw it at you."

The non-competitive 5K run was well-suited for families and runners of all ability levels. "Everybody's a winner. There's no first place or last place, there's no clocks, it's just laid back," said Leibert. "It's a safe

Continued on page 2







Color Fun Fest 5K Runs Through Sacramento



Ten-thousand participants came to Cal Expo to have a good time at the Color Fun Fest 5K fun runs. The runners were evenly divided between the evening and the nighttime races (above). Jessica Otley (right) of Sacramento gets colorful at the pre-race color toss at the Color Fun Fest 5K fun run at Cal Expo.

Continued from Page 1

course, it's a safe environment. Get out there and have a good time!"

Julie Pineda of Elk Grove came out for an evening of fun with her friends and co-workers as a team-building exercise. "It's for fun," she explained. "Where else do you get to get messy and enjoy it and be healthy at the same time?"

Founded in 2012 and currently headquartered in Texas, Color Fun Fest is a family-owned and -operated company that organizes race events across the country. This year they're planning nearly 40 events in several cities, including an upcoming race in Stockton on Easter Sunday, April 5th.

Color Fun Fest events also benefit the Just Care More organization, a non-profit that provides kids in need with fitness related opportunities, raising \$2,500 at the Sacramento event alone. "We work closely with

the non-profit Just Care More. It helps children around the nation who are underprivileged, who



have handicaps," said Leibert. "We like getting our hands dirty and getting out there and trying to help the youth of America."

Aegis of Carmichael Resident Celebrates 100 Years

CARMICHAEL, CA (MPG) - Evelyn Anderson Stuart celebrated her 100th birthday on February 24th, 2015. She has been a resident of Aegis of Carmichael since 2005, and they enjoy her company each and every day.

Evelyn is originally from the east coast-Baltimore, Chicago, and Washington D.C.—until her husband, Barry, was transferred to California. Evelyn and Barry were married on Halloween in 1936.

Evelyn was very active in her career as a secretary working for the Public School District in Fresno, CA, and then for Fresno City College. She also obtained a California Real Estate License in the late 1970s.



Happy Birthday to Evelyn Stuart! Evelyn celebrated her 100th birthday on February 24th, 2015. Evelyn (center) celebrated her 100th birthday on February 24th, 2015. She celebrated the big day at Aegis of Carmichael with her son, Gary Stuart, and his girlfriend. Photo courtesy of Aegis of Carm

After her husband's death. Evelyn moved to Carmichael to be closer to her only son, Gary Stuart. She also has a beautiful granddaughter.

Evelyn is a long-time member of the Fresno Chapter of the Eastern Star and the Fresno



St. James Episcopal Church. She also enjoys needlepoint and reading. Happy 100th to Evelvn Stuart!

Source: Aegis of Carmichael **★**

SUPPORTING LOCAL FARMERS, YOUTH AND COMMUNITIES California Certified



Come Shop **Our Winter** Locations!

live music, chef demos, and craft fairs.



Sunrise Mall Farmers Market 6196 Sunrise Blvd, Citrus Heights (behind Sears in the SE parking lot). Every Saturday 8 am - 1 pm.



Sacramento Midtown Farmers Market 20th St between J and K, Sacramento. Every Saturday 8 am - 1 pm.

Historic Folsom Farmers Market 915 Sutter St, Folsom (Historic Folsom Public Plaza). Every Saturday 8 am - 1 pm.

Carmichael Park Farmers Market

markets open year-round, rain or shine



"We love giving our patients a smile."

Dr. Gloria J. Nollie DDS Orthodontist 916-331-0841 www.gnbraces4u.com Hours:

5740 Windmill Way Suite 16 • Carmichael 95608

Monday-Friday 9:00 AM - 5:00 PM One Saturday a month

\$500.00 OFF!

FULL TRADITIONAL BRACES

This coupon is good for \$500.00 off your patient balance after starting treatment. Cannot be combined with any other offer. Not valid with HMO Plans

For more information call Laurie at (916) 331-0842



UNDAY



5750 Grant Ave, Carmichael (corner of Grant and Fair Oaks Blvd). Every Sunday 9 am - 2 pm.

Land Park Farmers Market 1944 Sutterville Rd, Sacramento. Every Sunday 9 am - 1 pm.

VA Mather Farmers Market 10535 Hospital Wy, Mather. Every Wednesday 9 am - 1 pm.

Get \$1 off any gift certificate purchase of \$10 or more

Farmers market gift certificates make the perfect gift for birthdays, Valentine's Day, thank yous, or just because.

Offer valid at any of our Certified Farmers Market Locations. Valid through February 2015.

For more information: www.ILoveMyFarmersMarket.com



Publisher, Paul V. Scholl

Carmichael Times is a member of Messenger Publishing Group



Carmichael Times

"Written by the people and for the people" Serving Carmichael and Sacramento County since 1981

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted.

Call 916-773-1111 for more information. (ISSN # 1948-1918). To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@CarmichaelTimes.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 916-773-1111.

| Advertising Sales | Paul V. Scholl Bill Martin • Linda Harper |
|------------------------|--|
| Graphics & Layout | Banerjee Designs • Stump Removal Graphics |
| Contributing Writers | Susan Skinner • Mary Jane Popp • Marlys Johnsen Norris Tim Reilly • David Dickstein • Dave Ramsey Dr. E. Kirsten Peters • Kay Burton • Dr. Bob Graykowski Pastor Rich Reimer • Ronnie McBrayer • David Graulich |
| Distribution Assistant | Gabriel Scholl |
| Accounting | Nicholson & Olsen CPA |
| Web Master | RJ at thesitebarn.com • JWS Promotions • Mikahn Design |
| News Services | StatePoint Media • NewsUSA • PRWEB NewsWire North American Precis Syndicate • Blue Ridge Press • ARA Content California News Service • Family Features • WorldNetDaily |
| Photography | Susan Skinner • Anne Stokes |

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce

We are proud members of these newspaper associations.



w. CarmichaelTimes.com

Ownership of all advertising created and/or

same must be obtained from the publisher.

composed by the *Times* is with the publishing

Subscriptions should be mailed to Carmichael

Times, P.O. Box 14, Carmichael, CA 95609.

The Carmichael Times is published weekly.

\$49 within Sacramento County.

company and written permission to reproduce the

Subscription rate is \$39 per year within Carmichael,

9:00 AM - 2:00 PM

Attend a Free Program on the Endangered Tricolored Blackbird



The public is invited to attend a free program on the tricolored blackbird, one of California's most imperiled species. Learn about the tricolored blackbird's field identification, natural history, and conservation status at the March 19th meeting of the Sacramento Audubon Society The glossy blackbirds with the red-and-white shoulder patches are found almost exclusively in California. With their numbers declining by 44% just since 2011, the State Fish and Wildlife Commission approved their emergency listing as an endangered species last December. Photos courtesy of Sacramento Audubon Societ

CARMICHAEL, CA (MPG) - The public is invited to attend a free program on the tricolored blackbird, one of California's most imperiled species, at the March 19th meeting of the Sacramento Audubon Society.

Dr. Robert Meese of U.C. Davis will explore the tricolored blackbird's field identification, natural history, and conservation status with a multimedia presentation that includes still images, videos, and digital sound files.

Drawing on 10 years of intensive research and monitoring, Dr. Meese will illustrate the bird's extraordinary foraging and breeding habits and will give recommendations for sustaining the species in the long run.

The glossy blackbirds with the red-and-white shoulder patches are found almost exclusively in California. With their numbers declining by 44% just since 2011, the State Fish and Wildlife Commission approved their emergency listing as an endangered species last December.

Audubon California recently received a \$1.1 million federal grant to try to increase their population.



This informative program will be held on Thursday, March 19th at 7:00 p.m. at Effie Yeaw Nature Center in Ancil Hoffman Park (for directions, see www. sacnaturecenter.com).

There will be no charge for the program or parking, and no park-entry fee is required.

Source: Sacramento Audubon Society

Railroad Museum Debuts New Exhibit

Continued from Page 1

cultural history.

Both expos showcased the best of what California had to offer the country and the world. In this largely pre-automobile era,

America's railroads got behind the two expositions by promoting travel to California to help boost their own bottom lines. A rich legacy was the result.

The "Two Glorious Expositions, One Golden State" exhibit will

remain on display through January 10th, 2016. For more information, call (916) 323-9280 or visit www. csrmf.org.

T - R o c kSource: Communications

Milagro: The Dream Continues

Continued from Page 1

So who will occupy Milagro? So far, Allan Davis reported that the center has several solid and several more almost-solid tenants. Confirmed is a fine-dining Mexican restaurant called Mesa Mercado, which will extend the successful Mayahuel restaurant from downtown Sacramento to Carmichael. This tenant also plans on-site taco and tequila bars and an artisan food outlet.

The Ghiotto gelato and dessert business will occupy the southeast mall corner. Other likely vendors include a wine dealer, a coffee house, a specialty burger operation, and a pizzeria. Still high on the Davises' wish list is a breakfast purveyor. "We'd love to include a place visitors can sit down, relax, read a newspaper, and enjoy their first meal of the day," said Allan Davis. "We want the Milagro Centre to provide for all meals and for all the coffees, snacks, and glasses of wine that might come between."

The banquet center will accommodate 250 for sit-down dining; partitions will provide for smaller gatherings. Given the culinary emphasis of Milagro, a state-of-the-art chef demonstration kitchen here is no surprise. Parties can overflow into a patio ornamented by trees, waterfalls, and fire places. With weddings and family celebrations in mind, the Davises plan indoor and outdoor beauty spots to frame photography. The event area alone will be carpeted; larger mall spaces will have polished concrete underfoot.

"It's a long project and we've met many challenges," said

Nancy Davis. "But we're on schedule for our summer opening. Milagro will be a big event for Carmichael. Our dream is to set the bar high. We're establishing a standard for how we hope Carmichael will look 50 years from now."

Learn more about the project at www.milagrocentre.com.

The Carmichael Chamber of Commerce's Person of the Year celebration will be held on Friday, March 27th at the La Sierra Center (5325 Engle Road). A social hour begins at 6 p.m. followed by dinner and presentations. Anyone may attend. The \$65 admission includes dinner and a non-host bar. For reservations and sponsorship information, call the Chamber at (916) 481-1002 or visit www.

carmichaelchamber.com.

Astronaut Salutes Nimoy From Orbit



SACRAMENTO REGION, CA (MPG) - International Space Station astronaut Terry Virts (@AstroTerry) tweeted this image of a Vulcan hand salute from orbit as a tribute to actor Leonard Nimoy,

who died on Friday, February 27th, 2015. Nimoy played science officer Mr. Spock in the Star Trek series that served as an inspiration to generations of scientists, engineers, and sci-fi fans around the

world. Cape Cod and Boston, Massachusetts, Nimoy's home town, are visible through the station window

Source: NASA News Services ★

Photo courtesy of NASA News Services

Hank Fisher Senior Communities INDEPENDENT • ASSISTED LIVING • MEMORY CARE • MEMORY DAY PROGRAM • RESPITE SUITES







IANK FISHER PROPERTIE





At the Chateau at Carmichael Park, you feel like you're part of a family.

\$500 **Move-In Special***

Enjoy the many benefits of living at a Hank Fisher Senior Community with this limited-time \$500 move-in special.*

- Large one-bedroom apartments with private bathrooms and full kitchens
- Apartments are cable-ready with individually controlled heating and air-conditioning
- Restaurant-style meals available, prepared by our classically trained chefs
- Excursions to shopping, restaurants, casinos and other local attractions
- Complimentary scheduled transportation
- Emergency call systems in each apartment with staff available 24/7

*Full rent begins in second month. Offer applies to independent living apartments only. Meal plan is additional.

Call today to schedule a tour (916) 481-7105

THE CHATEAU AT CARMICHAEL PARK • 7125 Fair Oaks Blvd. • Carmichael, CA 95608 • (916) 481-7105 Lic. #347001523

HankFisherProperties.com • Locally owned and operated for over 35 years.

Guests Enjoy St. Mark's Roman Holiday Crab Feed



Carmichael, CA (MPG) - St. Mark's United Methodist Church held its second annual Crab Feed on February 28th at the La Sierra Community Center. This annual social event is designed to raise funds for the church's 2015 annual budget. The event brings together the St. Mark's community and all crabmeat lovers. The theme of this year's event was Roman Holiday, and more than 300 people attended. Source: St. Mark's United Methodist Church the Photo by Jeff Ennis





0 of residents and families would recommend Eskaton



At Eskaton, we listen. We want to know how we're doing, so we ask. According to our 2014 Satisfaction Survey — carried out, calculated and validated by a third party — more than nine out of ten residents and families would recommend Eskaton. The reasons are many. We provide high quality service. Our focus is on wellness of mind, body and spirit. And we feature unique Signature Programs like Smart Sensor technology for an enhanced level of care, Kids Connection for intergenerational experiences, along with powerful life enrichment like Thrill of a Lifetime, music and pet therapies. Come visit Eskaton Village Carmichael. Take in our beautiful 37-acre campus and imagine your life with so many opportunities right outside your door.

Experience the Eskaton difference. Call 916-967-1017 today.



Transforming the Aging Experience

Eskaton Village Carmichael Continuing Care Community (CCRC): Independent Living with Services, Assisted Living, Memory Care and Skilled Nursing 3939 Walnut Avenue Carmichael, CA 95608

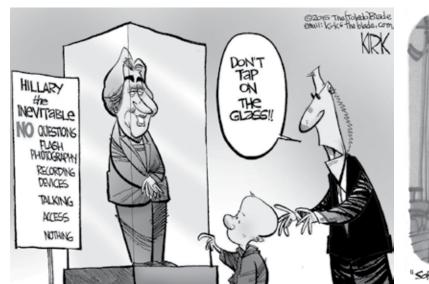
916-967-1017

License # 340313383 | COA # 202

eskaton.org

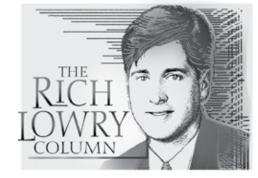


A premier nonprofit provider of aging services in Northern California for over 45 years





Y, BUT WE ASSUMED EVERY JOURNALIST WITH CREDIBILITY PROBLEM'S WAS BEING TAKEN OFF THE AIR!



THE RICH LOWRY COLUMN By Rich Lowry

Creep Meets Girl

Thelma and Louise should be appalled. Almost 25 years after their epic road movie attacked "conventional patterns of chauvinist male behavior toward females" (in the words of one critic), here arrives "Fifty Shades of Grey," perhaps the most successful anti-feminist movie ever made.

The runaway best-selling novel is now a juggernaut on the big screen, driven by overwhelmingly female audiences that accounted for its record-breaking opening weekend.

The dirty secret of "Fifty Shades" is that, underneath the kinky exterior, it's a formulaic romantic fantasy. For all its notorious boundary-pushing, it is the distilled essence of decades' worth of Harlequin paperbacks, with hyperstereotypical gender roles pushed to the point of perversity (figuratively and, of course, literally). "Fifty Shades" is a version of the age-old boy-meets-girl story, except the boy is a dangerous creep. As countless millions already know,

the story centers around 27-year-old businessman Christian Grey's seduction of ingenue Anastasia Steele, a college student. He is older and wealthy. She is young and poor. He is experienced and controlling. She is naive and trusting. He owns a helicopter. She drives a VW Bug.

Eventually we get to the fact and, obviously, this is what sets "Fifty Shades" apart from other romances that Christian wants to physically and emotionally dominate her and hit her for his own pleasure.

No wonder some feminists are inveighing against the film, and this time, the sisters have a point.

As much as it can, "Fifty Shades" seeks to sanitize the S&M. But there's no sugarcoating what Christian is about. His seduction of Anastasia is emotionally manipulative, his drive to control her is abusive, and his pursuit of her -unexpectedly showing up at places where she is — could easily be considered stalking. If anything like this happened in remotely more realistic circumstances, the proper response to Christian's obsessive attention would be a good kick in the groin, followed by a restraining order.

Not to mention a referral to a first-class psychiatrist. The roots of Christian's desire to hurt women is his own abuse as a child. Anastasia, in her wide-eyed way, wants to save her Byronic romantic hero from his demons, but that would be better left to a professional with years of training and lots of time to work with an emotionally damaged client.

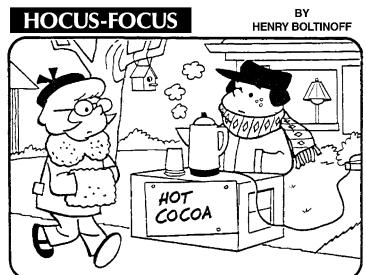
The lesson of "Fifty Shades" should be: Ladies, don't try this at home. In real life, trying to reform manipulative and abusive men only ends in tears, and becoming subject to sexual humiliation only brings humiliation.

The edge is taken off "Fifty Shades" by its sheer ridiculousness — the movie is punctuated by moments of inadvertent hilarity — and its fairy-tale ending. Anastasia maintains her identity, even though Christian wants to obliterate it. And over the course of its three books, Christian Grey is indeed reformed and tamed, and Anastasia forms a happy family with him. It's Ward and June Cleaver, via a pleasure room that looks like something out of a Restoration Hardware catalog.

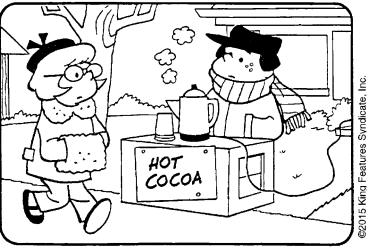
Needless to say, there are easier routes to marital bliss, and they never involve anyone like Christian Grey, who gives the patriarchy a bad name.

Rich Lowry is editor of the National Review. (c) 2015 by King Features Synd., Inc.





Find at least six differences in details between panels.



is smaller. 5. Scart is different. 6. Lamp is missing. Differences: Collar is smaller. 2. Birdhouse is missing. 3. Pot is different. 4. Sign New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

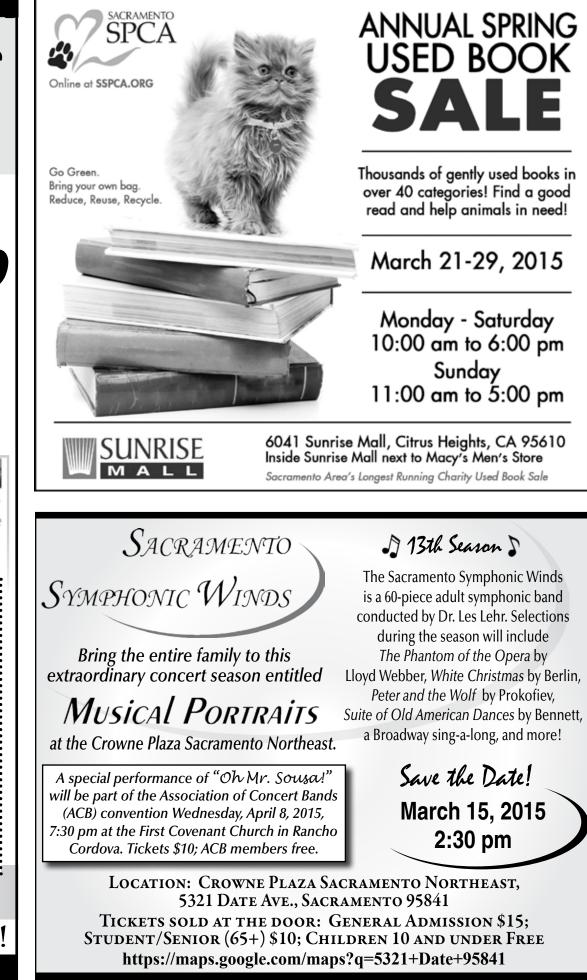
GOT LOCAL NEWS?

Call 773-1111





SACRAMENTO SPCA



Contact Ph. (916) 489-2576 • www.sacwinds.org

Senior Softball Players Swing into New Season



Front row left to right: Jill Van Bogart, Andrea Bucheli, Celeste Bradford, Toni Post, Linda McCollum/Greene. Back Row: Pat Burns, Marlo Maher, and Sherill Morton. Photo Courtesy Linda McCollu

By Jan Dalske

SACRAMENTO REGION, CA (MPG)

- Many of our readers enjoy playing in what has been called the senior softball capital of the world. Sacramento is the only city where 12 teams of senior men age 75 and older can play in leagues two days every week. They also encourage women softball players of any adult age from the area to join them in the Thursday morning league at Carmichael Park.

Women are invited because of their history of helping the senior men get started in the 1970s. In the 1960s and 1970s, women softball players had leagues that were comprised of female employees of the local radio and TV stations. There were the KRAK-KWET Radio teams (KRAK Kewties), the KSFM Radio Manhandlers teams, and players from K-108 FM Radio, KVIE Channel 6, and TV Channel 40. All of the women played in the newly formed Women's Media Softball League, which played at the Kenneth Avenue School diamond in the north area of town.

When the first Golden Senior Softball Men's Team began to play in 1976, they were looking for other teams to play at their level of skill. The only team that would play against them at that time was the new Women's

Media Softball League of young women players. The women soon earned the men's respect and deep appreciation.

Many women play softball in high school, college, and in co-ed leagues in their younger years. However, there are fewer leagues for them to play in compared to men. This is especially difficult as they grow older and the only time they are available to play is on weekday mornings when most young people are working. Women who had positive softball playing experience in their youth enjoy having a place to keep in shape and have fun at the same time.

Encouraging the women softball players to play in a league with the oldest senior men allows them to play the game at a level that they can really appreciate. The men like having a couple of the women on their team who often make better plays and get better hits than many of the senior men can. In the senior games, they focus more on having fun playing the game than on intense competition to beat the opponents. They are all good friends regardless of what team they are playing each season. Every season, new teams are drafted and their opponents from last year will become their teammates.

There is a social element of

playing a team sport and being cheered on that increases the enjoyment of working together. Some former players come to the games for the social contacts and to enjoy the company of former teammates.

Today, the women still play with the senior men teams. The games are played at Carmichael Park and are always entertaining to watch. The women all feel that it is a great honor and privilege to play in the league of some of the greatest legends of Sacramento softball. Some of them are wives, daughters, or granddaughters of the senior men, but most are just women who enjoy the game.

In appreciation of those women softball teams from our local radio and TV stations who helped their first senior team get started, the men now eagerly invite all women softball players who are available on Thursday morning for a couple hours to join their oldest senior league. All female softball players of any age are invited to join the men on Thursday mornings. The men are pleased that the women join them to fill out the teams so that the men can enjoy their retirement in good health.

To sign up for the 2015 season and learn more about the team, call Larry Campbell at (916) 485-4843.

Monthly Meeting of Military Retirees and Spouses

SACRAMENTO REGION, CA (MPG) Watt Ave. The meeting starts - The next monthly meeting of Military Retirees and Spouses is scheduled for March 10th at the North Highlands Park and Recreation District at 6040

promptly at 1030 hours. The subject for March's meeting is Space Available Travel, which should be very interesting. Come on down and enjoy a cup of coffee and meet

new friends. Questions can be referred to volunteers at (916) 640-8446, Monday through Thursday from 0900 to 1500 hours.

Source: Chief George Moses ★

Elder Abuse Alert "Grandparent Scam'

SACRAMENTO REGION, CA (MPG) - District Attorney Anne Marie Schubert cautions Sacramento County senior citizens and all members of the community about the "Grandparent Scam."

Scam artists are stealing money from elders by preying on grandparents who both love and fear for the safety of their grandchildren. Targeting elders, scammers contact victims by phone and warn them their grandchild is in danger. They claim they need money to help get their loved one out of trouble and returned home safely. Once a payment is made, scammers often come back numerous times demanding more money.

DA Schubert advises the public to take precaution and to be aware of this and other similar scams that ask for money, especially if instructed to pay using Western

Union or a Green Dot MoneyPak prepaid card.

To view a recent victim's story profiled in a San Diego County video and for more information on how to avoid becoming a victim of a scam, visit the District Attorney's website at www.sacda. org/helpingvictims/elder-abuse/.

Source: Sacramento County District Attorney's Office

LETTERS TO THE EDITOR Your Choice of Presidential Quotes

From R. Chris Fenstermaker, Carmichael

Sir: I regularly peruse AR the other – both had to do with positive messages regarding personal integrity. But then, in an obvious nod to your core readership on the right, were comments from Reagan in BOTH issues. I

can think of at least ONE other president who might have had a worthwhile comment instead of doubling down on RR. Most of all, what an ironic slap in the face for Washington and Lincoln to be "honored" on their special days with a Reagan comment about government being the problem, not the solution. I have a strong feeling, as a retired US History teacher, that neither would find that an agreeable opinion. The

very idea that the leader of the federal government is at the same time the leader of the nation's biggest problem is disingenuous and cynical, to say the least. It just reflects the Tea Party's focus on "what's in it for me" and "I don't want to pay ANY" taxes". That was a poor choice on the papers' part to include Reagan's comment on Presidents Day.

R. Chris Fenstermaker, Carmichael

Thanks for the Bipartisanship

From Elizabeth Vallafan, California Resident

Dear Editor,

Without a doubt, Rep. Ami Bera is the new face of bipartisanship in Congress. Despite the gridlock, he's actively reaching across the aisle in an effort to improve healthcare and public policy. He's teamed up with Republican lawyer, Andy Barr of Kentucky, on solid forward-thinking, bipartisan healthcare legislation.

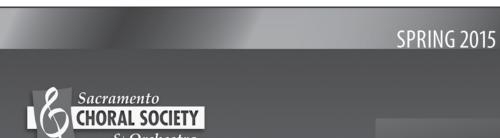
The Saving Lives, Saving Costs

Act, a joint effort between Rep. Barr and Rep. Bera provides measured, reasonable liability protections to providers who follow that evidence-based medicine. More so, the legislation gives doctors who practice evidence-based medicine a legal "safe harbor" that reviews the case early on and gives both doctor and plaintiff a greater level of fairness and justice.

Sensible policies in this political environment are rare and it's

great to see that Rep. Bera has come this far. His ideas are supported by notable organizations like the Healthcare Leadership Council, and the Center for American Progress, a who's who of Democratic health experts. Rep. Bera and Rep. Barr deserve much credit for their willingness to step forward and demonstrate that both parties can come together and agree on what's best for future generations.

Best, Liz Villafan



Messenger & Carm. Times to see what's going on in the area. The Feb. 13 issues had quotations from Lincoln in one and Washington in

CA GOP Gathers in Sacramento

Bv Jon Fleischman

SACRAMENTO REGION (MPG) -

While the largest gathering of conservative Republicans was taking place at the Conservative Political Action Committee (CPAC) near our nation's Capitol, roughly 1300 delegates and guests gathered at the Sacramento convention center, across the street from the California State Capitol for the biennial organizing convention of the California Republican Party.

The California GOP confab was a relatively low-key affair. All of the elections for party office were uncontested, with former State Senator Jim Brulte being elected by acclamation by delegates to a second term as Chairman. San Francisco GOP Chairman Harmeet Dhillon was also reelected as Vice Chairman. Newly elected statewide officers were former Downey Mayor Mario Guerra as Treasurer, and Nevada County GOP Chairman Deborah Wilder. Elections were also held for five out of eight regional Vice Chairmanships.

The convention's keynote address was given at a Saturday luncheon featuring New Jersey Governor and presidential aspirant Chris Christie. While his remarks got off to a bit of a slow start, Christie closed exceptionally strong, sharing some personal stories that exhibited the kind of charisma that makes his national ambitions harder to dismiss On Saturday evening, convention attendees heard from freshman GOP Congresswoman Mia Love of Utah. Always a California GOP convention favorite, Congressman Tom McClintock's fiery address to a Tea Party Caucus meeting received rave reviews.

The only controversial issue at the convention, which clearly divided convention attendees, was a decision to grant a charter to the Log Cabin Republicans of California. The debate on the issue lasted the better part of an hour, with an ultimate vote in support of granting the charter of 861-293.

For context of how uneventful the rest of the Sunday general session was, the most controversial discussion on the floor besides the chartering of the Log Cabin Republicans was whether or not a resolution using the phrase "illegal immigrant" should be amendment to read "illegal alien."

Of interest was the increased presence of public employee unions at the convention, sponsoring the event, hosting parties, and sending representatives to interact with the delegates.

The 2014 election results were a mixed bag for beleaguered California Republicans, who currently hold a 28% share of registered voters in what has become a reliably blue state. On a statewide level Democrats swept every constitutional office, and Republicans had their clock cleaned in U.S. House races, ending up with a net loss of a seat. However, the GOP did have enough state legislative wins to climb back up above super-minority status in both the State Senate and the State Assembly-an important benchmark to be able to stop tax increases, which take a twothirds vote.

& Orchestra **DONALD KENDRICK | MUSIC DIRECTOR**

EUROPEAN MASTERWORKS

Magnificat (West Coast Premiere) | Cecilia McDowall Great Mass in C Minor, KV 427 | W.A. Mozart

Hailed by Gramophone magazine as the new voice of English composers, McDowall's evocative and poignant "Magnificat" is the perfect prelude to Mozart's triumphant masterpiece.

Nikki Einfeld, Soprano Marina Boudart Harris, Soprano Ross Hauck, Tenor Daniel Yoder, Bass

translations Saturday, March 14 at 8:00 p.m. 7:00 p.m. - Pre-concert talk by Donald Kendrick

Community Center Theater 1301 L Street, Sacramento

Concert Sponsor Raley's BELLAIR For food For family Fo





Marina Boudart Harris



Ross Hauck

Projected

supertitle



Daniel Yode

Finally, Online Job Search that Works!

At JobJournal.com, resume blasters aren't allowed, so employers posting jobs on our site aren't overwhelmed with frivolous responses – ensuring that gualifed, serious jobseekers can finally get the attention they deserve.

Put the Power of JobJournal.com to Work for You



The Next Generation of Job Search



"In all, the concert (European Masterworks) was another example of how glorious choral music can be when sung by skillfully directed singers who are accompanied by a fine professional orchestra." by E. Haig – Sacramento Gazette, March 14, 2014

Community Center Theater Tickets CCT Box Office | 916.808.5181 or TICKETS.COM

SACRAMENTOCHORAL.COM

Nielsen and Community Leaders Call for Senate Oversight Hearing on Prop. 1

Agriculture, Labor, and Business Communities Must Have a Greater Opportunity to Be Heard on the Water Bond

SACRAMENTO REGION, CA (MPG) - At a four-hour Senate Budget Hearing, state officials, thinktank analysts, and environmental representatives spoke at length on how Proposition 1 monies should be used. Leaders from the agriculture, labor, and business communities were not included in the panels of speakers.

"The Legislature must keep faith with the voters who overwhelming passed the water bond," said Senator Jim Nielsen (R-Gerber). "The voters were promised that they would get new water storage if they passed the water bond."

In advocating for good governance, Senator Nielsen asked for an hour of the Committee's time to allow for equal time for communities from agriculture, labor, and businesses to speak.

Senator Nielsen added, "It is important for the Legislature to present a balanced panel and provide all perspectives. Californians deserve another committee oversight forum to hear the public benefits of above-ground storage."

In campaigning for Propositions 1 and 2, Governor Jerry Brown stated in the Voter Ballot Pamphlet, "Water storage is key and we haven't added any new storage in 30 years. Proposition 1 carefully invests only in the most cost-effective storage projects."

Governor Brown further stated, Proposition 1 "expands water storage capacity, ensures that our farms and businesses get the water they need during dry years, [and] increases flood protection."

Tehama Colusa Canal Authority general manager Jeff Sutton, who is advocating for the construction of Sites Reservoir in Northern California, echoed Senator Nielsen's sentiments. "California's population has more than doubled since 1960

when the current water storage and delivery system was built. The construction of the 1.8 million acre feet Sites Reservoir is vital to California's future. The integration of Sites with the existing State and Federal water projects will return flexibility and function back to the operations of our currently broken statewide water delivery system, providing significant benefits to the California Bay-Delta, while also greatly increasing water supply reliability for California's communities, farms, and the environment."

Representatives from the Farm Bureau Federation, California Chamber of Commerce San Juan Water District, California Building Industry Association, and California Alliance for Jobs were given a brief moment to express their support for another hearing

Source: The Office of Senator Jim Nielsen

A Sideline View into the World of Business

By Molly Townsend

SACRAMENTO REGION, CA (MPG) - Behind every good leader is a great leader. For 25 years, Gary Henson, founder of the Sacramento-based www. BusinessCoach.com, has mentored and advised thousands of business leaders worldwide. Henson credits much of his success to the company's unique approach of creating and nurturing an intimate employer/employee relationship.

"What I love to do is to teach entrepreneurs the fine art of leadership," said Henson. "Let's not just work on the job descriptions...but let's talk about [the employer's] attitude and relationship to [their] employees."

According to Henson, changing one's outlook can often be the determining factor between success and failure. Henson believes that striving for continuous improvement and being committed to learning are crucial qualities to possess in order to become successful.

Henson has a very holistic approach to working with team leaders. It not only centers around increasing profits but focuses on time management, employee delegation, and life balance. The average client works with "Coach Gary" for about 23 months via phone calls, emails, and face-to-face meetings.

Some of Henson's clients include A &S Motorcycles, Monterey Mushrooms, Carson Landscape Industries, and Haemonetics Inc.

Randy Felice, the president of A & S Motorcycles, said of Henson, "I'm not sure we would be in business today if it weren't for hiring Gary as our business coach and trusted advisor."

Henson described one client he is currently working with as a very smart attorney who has great employees but a major work overload to the point where he's not able to spend much time with his family. Henson is helping the client focus more on the employee delegation aspect of business so as not to overburden himself, thus going from working 55 hours a week to 35 hours a week. Henson also noted that this client has since seen cash flow increase dramatically.

"It's about implementing certain procedures and making minor changes that are designed to shift the entire business," Henson said.

According to the website www.impactforcoaches. org, 70% of Henson's clients have at least doubled their sales or profits. Aside from being a successful entrepreneur, mentor, coach, and business advisor, Henson is a sought-after speaker and a published author in many magazines and journals. He authored the book Strategies to Future Proof Your Business, and is a co-author of Ready, Aim, Captivate!

A portion of his clients are attracted not only to his style of coaching, but also his passion for his Christian faith, which helps them feel they can better relate to him. He is the past president of the Sacramento Fellowship of Marketplace Christians. an active member of Bayside Church and leader in their marriage ministry, and president of the Top 20



Gary Henson, the author of Strategies to Future Proof Your Business. Photo courtesy of Gary Henson

Thought Leaders of Sacramento, with a legacy goal of donating 90% of his income to his favorite ministries and charities. Henson is also the co-founder of the Make a Difference Project, a non-profit organization committed to ending family violence.

One of the biggest struggles Henson has faced, particularly in the early days of www. BusinessCoach.com, was helping people understand precisely what a business coach is among the differing perceptions of the title, often relating it to the analogy of a sports coach observing his players from the sidelines.

"For years I've struggled communicating what it is I do...it's a hard concept to grasp when you're talking about the benefits of business consulting," said Henson.

Henson works with clients by teaching them how to increase profitability; hire top performers; recognize better and larger goals; increase employee accountability; organize workshops, training, and retreats; improve customer service and client retention; promote team building; and learn how to market online through social media. His website also offers potential clients a free first session where they can bring their three biggest concerns for their company to the table and get a feel for what future sessions have in store.

When asked if he believes his occupation is more critical in light of the current economy than it was 10 years ago, Henson said, "It's always been needed, but it's needed now more than ever."

Success aside, Henson still believes his greatest achievement in life is his relationship with his wife, Jenene, and their family.

Those who wish to inquire about Henson's services can contact him by calling (916) 922-7766 and browsing his website www.BusinessCoach. com. See Henson's advertisment on Page 16. \star

Family Night Out Features Outspoken Tobacco Insider

CARMICHAEL, CA (MPG) - San Juan federal government's investiga-Unified School District is hosting a free Family Night Out for all ages on Thursday, March 12th from 6:30 p.m. to 8:00 p.m. at Deterding Elementary, 6000 Stanley Avenue in Carmichael. The featured speaker will be Victor J. DeNoble, Ph.D.

Dr. DeNoble was recruited to develop a safer cigarette for Phillip Morris in the 1980s. Eventually, he became the first whistle-blower to testify before congress and a key witness in the

tion into the tobacco industry's research practices.

Learn firsthand from Dr. DeNoble about the new emerging products that tobacco companies are marketing to minors and participate in a discussion about marijuana and other drugs and how they affect the brain. According to the Center for Disease Control, nearly a quarter of a million youth who never had an interest in cigarettes used electronic

cigarettes in 2013. Studies also show that youth who use e-cigarettes are twice as likely to become addicted and use conventional cigarettes at some point.

Light refreshments and a prize drawing for students will be provided at the event. There is no cost to attend. For more information, call (916) 979-8621 or email jayna.record@sanjuan. edu

Source: San Juan Unified School District



Search Single Again Dating Free Today!

Are you looking for a relationship? With our online dating tool we've made it easy for you to take the first step in to finding your perfect partner. We understand that dating can be a daunting experience, but with our help we can ease you through it. Using our simple and FREE sign up system you could be browsing for other single people within a couple of minutes.

With members who will match your profile to others who may have a completely different background, it's a great way to get to know new people and to start a new journey. Whether you are looking for friendship, a relationship or just a little bit of fun, you can find it here knowing that member share your same values. So wave goodbye to long, lonely nights! Sign up today.

The best online dating site! 100% Free to register and search today!

With instant messaging, status updates, member feeds, video dating, dating diaries and more, there are plenty of ways to get to know some of our two million members!

Here's how it all works...

When you first join us, you become a free member. As a free member you can create a profile, add a photo, search for people by county, create your favorites list and send unlimited winks. You'll also receive an email if someone adds you as one of their favorites, winks at you, or sends you a message. If you decide to become a full member, you will also be able to:

- Send and receive private messages
- Chat online with instant messenger
- See who's looked at your profile
- Add multiple photos to your profile
- Video chat
- Create and read dating diaries
- Create and watch video profiles

You can upgrade from free to full membership by accessing 'My Account' when you login, or click here to be taken to the membership page once you are logged in. If you have any questions about your membership, or have any trouble using singleagain.com/dating, our dedicated support team are on hand to help you.

WWW.SINGLEAGAIN.COM/DATING

Sacramento County **DA Reports** Recent cases of interest



CASE: Shaquille Jerrell Williams & Harold Dossman (03/03/15)

PROSECUTOR: Deputy District Attorney Amber Hawk, Career Criminal Prosecution Unit District Attorney Anne Marie Schubert announced today that Shaquille Jerrell Williams was convicted by jury of robbery. The jury also found true that Williams committed the robbery for

the benefit of, and in association with, the Stick Up Starz criminal street gang. On September 19, 2012, Williams and his cousin Harold Dossman, who is also a known Stick Up Starz gang member, severely beat the victim and robbed him of his cell phone, car

keys, money and cigarettes. During the assault, the three men yelled out "Starz Up!" and "Gunz Down!" to promote their gang.

Williams faces a maximum potential sentence of 15 years in state prison. Sentencing is set for April 3, 2015 at 10:00 a.m. in Department 10 before the Honorable Greta Curtis Fall.

Dossman has a prior 2011 robbery conviction, which is a prior strike under California's Three Strikes Law. He previously entered a plea of no contest to robbery and faces a sentence of 10 years in state prison. His sentencing is set for April 10, 2015 at 9:00 a.m. in Department 10 before the Honorable Greta Curtis Fall.

CASE: Michael Lee Brombacker (02/25/15)

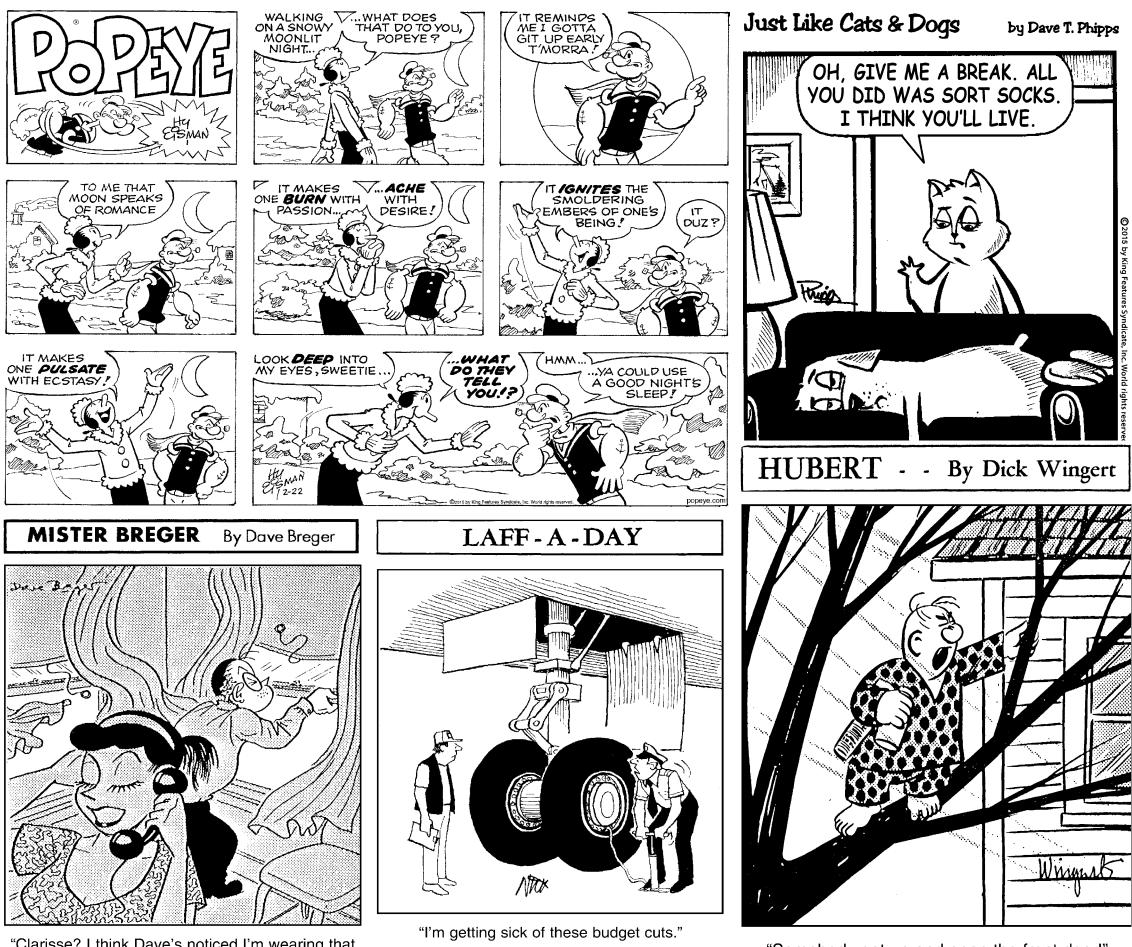
PROSECUTOR: Deputy District Attorney Bruce Chang, Special Assault & Child Abuse Unit

District Attorney Anne Marie Schubert announced today that Michael Lee Brombacker was convicted by jury of 26 counts of child molestation.

The case involved three victims who were abused between 1998 and 2010. Brombacker molested a female family member between 1998 and 2003, when she was between the ages of 10 and 14. He molested a different female family member from 2007 to 2010, when she was between 10 and 13 years old in Sacramento and Calaveras counties. He also molested the young daughter of a family friend between 2003 and 2004.

Brombacker faces a maximum potential sentence in excess of 300 years to life in state prison. Sentencing is set for April 17, 2015 in Department 15 before the Honorable Kevin McCormick.





"Clarisse? I think Dave's noticed I'm wearing that new perfume you recommended!"

"Somebody get up and open the front door!"

Thinking of Changing Banks?

✓ FREE VISA Debit Card

Business Checking
 Gold Money Market Savings

✓ Purchase & Refinance Loans

Friendly, Personal Service at

35 ATMs at El Dorado Branches

STRONGEST Banks in the U.S.

Consistently Awarded the Highest 5 Star Rating by Bauer Financial

Reports as One of the SAFEST and

of Credit Loans

No Extra Charge

Since 1993

✓ Fixed & Adjustable Home Equity Line



SPECIAL EVENT

Poetry, Art and Jazz Concert

- ✓ FREE Senior Checking with Interest
- ✓ FREE Direct Payroll Deposit Checking
- FREE Internet Banking with Check Images
- ✓ FREE Online Bill Payment
- FREE Mobile Banking
- FREE Telephone Banking
- VALUE Checking
- ✓ Interest Checking

Member FDIC

✓ Investors Money Market Checking



Serving our local communities for over 57 years

www.eldoradosavingsbank.com

CARMICHAEL • 4701 Manzanita Ave. • 481-0664 Se Habla Espanol • 800-874-9779





some models cost more

Frank's Jewelry Shop 7319 Fair Oaks Blvd. · Carmichael · 916-481-0176



fine arts center come. create.

March 7th, 7 pm • Tickets \$25



Featuring Animal House Art, Sacramento Poetry Center and Brubeck Institute Jazz Quintet

916-971-3713

Sacramento Fine Arts Center • 5330-B Gibbons, Carmichael, CA 95608. Gallery hours: Tuesday 11 am-7 pm, Wednesday through Saturday 11 am-3 pm w w w . s a c f i n e a r t s . o r g

Kevin Kitrell Ross

Senior Minister/CEO Unity of Sacramento



A positive path for spiritual living

Host, Design Your Life on UnityOnlineRadio.org

Coach to America's Rising Stars



Welcome to Unity of Sacramento

We are a transdenominational, intercultural, interfaith, spiritual community of love open to all people. We are a place to heal and a space to grow. We are a soft place to land for the traveler on the spiritual journey.

Our Spiritual Leader Reverend Kevin Kitrell Ross, Senior Minister

Our Vision

"Centered in God, we co-create a world of peace, prosperity and unconditional love for all."

Unity of Sacramento is home of the Daily Word and is an affiliate of the Unity Worldwide Ministries and Unity Institute at Unity Village, Missouri.

OUR SUNDAY CELEBRATION SERVICES

Traditional /Contemplative 9:00 AM Guided Meditation 10:15 AM

Contemporary/Inspirational 11:00 AM with Sunday school for children and teens during the 11:00 am services

> Unity of Sacramento, 9249 Folsom Blvd Sacramento, CA 95826 • 916-368-3950 unityofsacramento.com





ARIES (March 21 to April 19) Disappointed about something that didn't go your way? Cheer up. Look at the reasons it happened, and you could find a valuable lesson about what to do (or not do!) the next time.

TAURUS (April 20 to May 20) It's a good time to do some reassessing of plans and goals -- even how you considered redoing your bathroom. The point is to be open to change if change can improve things.

GEMINI (May 21 to June 20) Take some time to learn who is the right person (or persons) to approach and discuss your ideas with for your new project. Also, reserve time to prepare for an upcoming family event.

CANCER (June 21 to July 22) Dealing with a demanding situation, as you recently did, could drain much of your own emotional reserves. Take time to relax and indulge yourself in some well-earned pampering.



LEO (July 23 to August 22) The regal Lion might feel that she or he is above emotional displays. But showing your feelings can be liberating for you, and reassuring for someone who has been waiting for you to do so.

VIRGO (August 23 to September 22) An emotionally needy person might make more demands than you can cope with. Best to ask for some breathing space NOW, before resentment sets in and makes communication difficult.

LIBRA (September 23 to October 22) An unexpected spate of mixed signals could cause serious schedule setbacks. Best to focus on straightening everything out as soon as possible and get everyone back on track.

SCORPIO (October 23 to November 21) Be aware that someone in the workplace could try to use a disagreement with a colleague against you. If so, be prepared to offer your side of the story with the facts to back you up.

SAGITTARIUS (November 22 to December 21) An unexpected challenge to a previous decision can be unsettling. But your reservoir of selfconfidence -- plus your loyal supporters -- should help carry the day for you. Good luck.

CAPRICORN (December 22 to January 19) While the idea of making some sort of major move in the near future continues to interest you, don't overlook a new possibility that could be emerging closer to home.

AQUARIUS (January 20 to February 18) Be careful not to base an upcoming decision on gossip or anything you might hear if it can't meet provable standards. That's true regardless of whom the source might be.

PISCES (February 19 to March 20) You might still need to do some solid reassessing early in the week before you can close that sensitive situation. A new job-related opportunity could present itself later in the week.

BORN THIS WEEK: You are extraordinarily sensitive people's feelings, to and you're always ready to offer comfort if necessary. (c) 2015 King Features Synd., Inc.

Thought for the Day: "Good humor is a tonic for mind and body. It is the best antidote for anxiety and depression. It is a business asset. It attracts and keeps friends. It lightens human burdens. It is the direct route to serenity and contentment." --Grenville Klieser

Cloudberry

BY BRENDA WEAVER

Jarden Sensitive to dry conditions, this woodland plant grows best in the bogs, marshes and wet meadows of Canada and the northern U.S. states such as Alaska, Minnesota, New Hampshire and Maine. It produces a tart, amber-colored fruit similar to the raspberry or blackberry, and is used in cooking to flavor foods or make into jams, juices, or tarts. Source: wikipedia.org

© 2015 by King Features Syndicate, Inc. World rights reserved.





COUCH THEATER --**DVD PREVIEWS** By Sam Struckhoff EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of March 9, 2015.

PICKS OF THE WEEK



"Night at the Museum: Secret of the Tomb"

"Night at the Museum: Secret of the Tomb" (PG) -- The kooky museum figures who come to life at night are in trouble -- their magic spell is fading and they have to go on a cross-continental adventure to fix it! This third installment in the Ben Stiller action-comedy for kids takes museum guard Larry (Stiller) to London with his crew of animated exhibits -- notably Teddy Rosevelt (Robin Williams); Octavius, the tiny centurion (Steve Coogan); and Jedidiah, the tiny cowboy (Owen Wilson).

The movie is (supposedly) the last one in the series, and revs up audience-interest early on with the change of scenery and the sense of urgency in the plot. Without a whole lot left in the tank for these characters, the movie goes for a kind send-off to the historical goofballs.

"Listen Up Philip" (R) -- Philip's soon-to-be released book will surely rocket him to the top of the literary world, landing him high among the geniuses. He's a brilliant success, and it's frustrating that nobody has realized it yet. Jason Schwartzman plays the self-absorbed author,

who ditches his girlfriend (Elizabeth Moss) to spend time on himself at a country home owned by his mentor (Johnathan Pryce). This protagonist is just so

unlikable, that by the end you'll wonder how you sympathized with him in the first place. Part of Philip's creative process is unloading emotional burdens on others and wallowing in the fallout. Still, it's a fun sort of dark comedy, watching a success grow less and less redeemable.

> "The Liberator" (R) -- This Venezuelan historical epic chronicles the campaigns of Simon Bolivar, the revolutionary who fought against Spanish rule in South America. History buffs and those hoping for a nuanced character will be disappointed by the flat portrayal of Bolivar as a dashing and determined national hero. Edgar Ramirez has a fine track record playing complex and powerful characters in "Che" and "Carlos," but the script and direction of this flick veers strictly for the simplistic interpretation.

"Wolfcop" (R) -- Sheriff Lou Garou (Leo Farfard) is a harddrinking small-town lawman who has some terrible selfcontrol issues. Wild and crazy demons give old Lou the curse of lycanthropy -- turning the hopeless drunk into a nightprowling werewolf of justice. With his redneck sidekick, Wolfcop doesn't just take a bite out of crime, he rips crime into bite-size chunks. Instead of trying to be utterly terrible and hoping you'll laugh, this obviously-inpoor-taste actually has a sense of humor and makes some good use of it. It's not solid all the way through, but it makes for a fine grind-tastic horror-comedy.

TV RELEASES

"Legend of Korra: Book Four: Balance'

"Gomer Pyle U.S.M.C.: The Complete Series' "Chef's Life: Season 1" "Chef's Life: Season 2"

- "Treehouse Masters: Season 1"
- "Matlock's Greatest Cases"

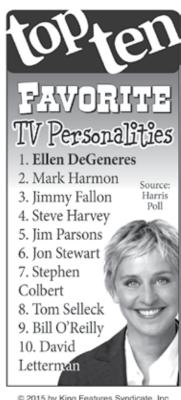
(c) 2015 King Features Synd., Inc.



Strange **BUT TRUE**

Before modern medical techniques became common, it was not unusual for people to be inadvertently buried alive. In 1819, the Doctor Regent of the Faculty of Medicine in Paris estimated that one-third to one-half of people who died in bed were, in fact, still alive when they were interred. This led to the invention of the "security coffin," which was connected to a monitoring station by a long tube. If the presumed corpse did regain consciousness, food and drink could be transported through the tube while the coffin was exhumed.

(c) 2015 King Features Synd., Inc.



© 2015 by King Features Syndicate, Inc. World rights reserved.



Grace Baptist Church



MPG CLASSIFIED ADVERTISING

(MPG 03-31-15)

issociatednews.us

that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board

DISCLAIMER

Be wary of out of area companies. Check with the local Better Business Bureau

before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates

0

en

© 2014

BEING AN AGNOSTIC, DYSLEXIC,

INSOMNIAC ... ELWOOD WOULD

LIE AWAKE AT NIGHT WONDERING

IF THERE WAS A 'DOG'

Call to place your

legal advertising

PPPPPPPPPPPP

ne

LEGAL ADS FOR

SACRAMENTO COUNTY?

We Can Do That!

483-2299

All Legal Ads Published in the Carmichael Times

and RC Independent

HELP WANTED

Business Systems Implementation Supervisor

Sutter Physician Services

Job location: Rancho Cordova, CA.

Responsible for the supervision of implementation analyst

Travel to various unanticipated Sutter affiliates for implementa-

tions is required. Act as subject matter expert for the Business

System Ambulatory Implementation teams. Email resume

to townsm1@sutterhealth.org attn: HR. Ref# SPS-1503103

NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (lahor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.eslbc.agov or 800-321-CSLB (2752). Unlicensed persons taking jobs

Adoption

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and con-tinued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

Announcements

Hot Flashes? Women 40-65 with frequent hot flashes, may qualify for the REPLENISH Trial a free medical research study post-menopausal women. Call 855-781-1851 (Cal-SCAN)

DID YOU KNOW 144 million U.S. Adults read a Newspaper print copy each week? Discover the Power of Newspaper Advertising, For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

DID YOU KNOW Newspapergenerated content is so valuable it's taken and repeated, condensed, tweeted discussed broadcast. posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

DID YOU KNOW that not only does newspaper media reach a HUGE Audience they also reach an EN-GAGED AUDIENCE. Discover the Power of Newspaper Advertising, For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

Antiques/Collectibles Wanted

Always Buying WWII Military Souvenirs, German, Japanese, U.S. Also Antiques Firearms, Obsolete Sheriff Law Badges, Police, 916-300-8045 (MPG 12-31-14)

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-15)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-15)

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year. Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595 (SWAN)

CARS/TRUCKS WANTED! TOD \$\$\$\$\$ PAID! Running or Not. All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330 (NANI)

GET CASH TODAY for any car/ truck. I will buy your car today. Any Condition. Call 1-800-864-5796 www.carbuyguy.com (NANI)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation. Tax Deductible, Free Towing All Paperwork Taken Care Of 800-731-5042 (Cal-SCAN)

WANTED! I buy old Porsche's 911, 356. 1948-1973 only. Any condition. Top \$\$ paid. Finders Fee. Call 707-965-9546 or email porsche-(Cal-SCAN) classics@yahoo.com

Cable/Satellite TV

DISH TV Retailer. Starting at \$19.99/month (for 12 mos.) & Speed Internet starting High \$14.95/month (where able.) SAVE! Ask About SAME Installation! DAY CALL Now! 1-800-357-0810 (Cal-SCAN)

Financial Services Do You Want to Know What Your Home is Worth?

Home Values Have 4 Increased Over 30% in our Area in the

Last Year! Call Now for a **FREE Market Analysis** of Your Home (916) 992-9922

Dare & Associates Real Estate License #01228753 (MPG 06-30-15)

For Rent

Does your group need a reasonablv priced and conveniently located meeting place? Check out the little church on the hill -FOUMC, 9849 FO Blvd., 961-6631 office@FairOaksUMC.org. (MPG02-28-15)

Small "cute" Carmichael office 150 sq. feet. Asking \$200 per month includes all utilities paid, desk, metal cabinet. 4826 El Camino Ave. Call 916-483-7325 or 916-972-0651. (MPG 1-15-15)

For Sale

Snowmobiles & Trailer for Sale 97- Ski Do MXZ 583 1562 miles excellent condition, 01 - Ski Do MXZX 800 728 miles like new condition. Karavan dual snowmobile trailer with rock guard and lift strut. Many extras. Stored inside since new \$5300. 916-502-4403. (MPG 02-28-15)

Toyota Touring Prius 2009. 58K. Great condition. \$14,900. 408-771-3007. (MPG 12-31-14) Chairs, Matching Barcalounger

Recliners: Jade, Excellent Condition, Asking \$150 each. Call (916)728-1362 (MPG)



\$2,000 down possible, free credit check, 4/2 Carm. 4/2 Elk Grove. 3/2 on 1+acre El Dorado County. 3/2 on 1+acre Placer Co. all un-300k.BKR#00605628NMLS #1232827 Call 916-847-7722 tommidvalley@yahoo.com (MPG 02-28-15)

For Sale

Mobile Home \$19,999 55 & over community. Well maintained 2 bedroom 2 bath Castle City MHP Newcastle CA For more info email cbwoodsv72@ gmail.com (MPG 02-28-15)

Handyman

QUALITY LABOR & MAINTENANCE Yard Work,

Hauling, Gutter Clean, G Odd Jobs You Name It!

(916) 613-8359 **Health & Medical**

Can't Stop Eating

Compulsive Eaters Anonymous -HOW (CEA-HOW) We're a nonprofit órganization for anyone suffering from Compulsive Fating, Anorexia, and Bulimia. A fellowship of individuals who understand your problem and will offer you support. Come find examples of others who have found a working solution. Membership is Anonymous There are no dues or fees for membership The only requirement is a desire to stop eating compulsively CALL: 916-434-5894 for meeting times and locations OR Visit

Help Wanted (\mathfrak{W})

!!!! UP TO \$17/HOUR PART TIME LICENSED P&C PERSON.

Allstate.

SALARY + COMMISSION !!! Allstate agency in Carmichael is looking for that person that is ready to service customers and sells new policies. P&C license is a must. Hourly rate will start at \$ 12 up to \$17 based on experience and involvement. Also generous commission pay out starting at 7% for new business and 3% renewals after the probation period.

Extra payout based on sales targets applies.

This is a part time position for up to 4 hours a day in the office, preferably late afternoon or evening hours. Ideal person should demonstrate good sales abilities, willingness to work hard and obtain new accounts.

Please mention " Allstate part time position " in your resume.

Reply to this posting or fax your resume at 916-944-5093 or email at alain@allstate.com (MPG 03-31-15)

SEASONAL WORK

03/30/2015 through 11/20/2015

Montana Trees, Inc., located in

Northwest Montana, Town of Trout

Creek, is seeking five (5) seasonal workers. Wage: \$11.14 per hour;

Job Duties: must lift 50lbs, plant

seedlings, digging, bending over

continuously, transplant seedlings,

cutting trees, hand tie/dig mature

trees maneuver 150lb-300lb root

ball, hand stack, harvest plants;

Employer provides: housing, trans-

portation/subsistence expenses upon completion of 50% of work

contract; tools & supplies. Employer

guarantees employment for a mini-

mum of 34 of the workdays of the to-

tal specified job contract. To apply:

Contact your local State Workforce

Agency, or Montana Job Service

Worker or Job Order No. 10104421

and click on Montana Trees Inc · or

contact employer directly Zachary

P. Hannum @ Montana Trees

Inc., (406) 827-3984, (MPG 04-24-15)

Service Plumber Needed

in the Auburn/Grass Valley area.

We supply truck and tool. Phone

CONSTRUCTION EQUIPMENT

MAINTENANCE

Person And Small Tools/Supply

Person. Appropriate Driver's

REQUIRED. Competitive sal-

ary and excellent benefits. MUST

APPLY IN PERSON: Western

Engineering Contractors, Inc. EOE.

3171 Rippey Road, Loomis, CA

95650 (CL No.440681) (MPG 03-31-15)

Part time Merchandiser

Auburn, California. Apply at: www.

apply2jobs.com/tng (MPG 12-31-14)

LIVE-IN HOUSEKEEPER

in Sacramento

Good English, driving ability and

We have an attached 1 bedroom

apartment with separate entrance.

For 4-8 wks. Probation at \$15

per hr., afterwards up to \$2500

per month + apt. + food, etc. Call

AIRLINE CAREERS start here

Mechanic training. Financial aid for

qualified students. Job placement

assistance. Get started by calling

AIM now 888-216-1687

Get FAA approved Aviation

essential.

(MPG 11-31-14)

(SWAN)

Asian/Indian cooking

916-484-1333

Equipment Fuel/Lube

and Endorsements are

(MPG 03-31-15)

530-414-3071.

Heavy

License

jobs.mt.gov type in Nursery

Rogue River, Oregon. 8 miles to Grants Pass. One mile off I-5 and from the scenic Rogue River Historic Town. Weekly Rates. Thrifty. Call Nancy 541-582-4163 (MPG 02-28-15)

MAKE A CONNECTION Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-877-909-2569 (SWAN)

Do you owe over \$10,000 to the IRS or State in back taxes? You could get a settlement for as low as 25% of previous IRS settlements. Call now! 1- 800-741-9104 (NANI)

TOP CASH PAID FOR OLD Martin, Gibson, Fender. Gretsch, Epiphone, Guild Mosrite, Rickenbacker, D'Angelico, State. Stromberg. And Gibson Mandolins/ 1-800-401-0440 (NANI) Banjos.

a Connection. Rea 1-877-737-9447. 18+

HOTELS FOR HEROES - to find out more about how you can help our service members, veterans and their families in their time of need, visit the Fisher House web site at www.fisherhouse.org (NANI)

DIVORCE, ETC. \$240-\$550* Covers Children, etc. *Excludes govt. fees! For a Local Office, Call 1-215-717-8499, Ext. 400 or 1-888-498-7075, Ext. BAYCOR & Established 1973

CASH FOR CARS: All Cars/ Trucks Wanted, Running or Not Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant 1-800-864-5960 Offer: (NANI)

Struggling DRUGS. with ALCOHOL, PILLS? Talk to someone who cares. Call ADDICTION HOPE & HELP LINE for a free

LANDA'S **Music Lessons** HOUSE CLEANING Guitar Lessons - Beginner to Advanced, \$10/half hour, \$15/hour, freddiebbalbert1@vahoo.com.

Serves Sacramento Areas. Resi dential & Commercial Cleaning Services. For More Information: www.landashousecleaning.com



Step Walk-In Tub Alert Safe for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

(MPG 04-30-14)

Moving Services

STEADY MOVES You rent the truck...we will sure it's loaded/unmake PROFESSIONALLY! loaded (Lic#322945) 916-206-3183. Èmail msmith2661@comcast.net (MPG 06-30-14)

Miscellaneous

South Oregon Bed and Breakfast

GUITARS! 1920's thru 1980's. Prairie

Make People, Flirty Chat. Meet sin-gles right now! Call LiveLinks. Trv it FREE. Call NOW: Call (NANI)

Sell your structured settlement or annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-714-4724 (NANI)

500 ASSOCIATES (NANI)



Personals

Want to hear from a vibrant S.D.A. Church Man. I am a vibrant S.D.A. Church Woman, 81 yrs old, 5 ft 7 ins. Interested in going to church, traveling. Have a FREE pass to Yosemite. Enjoy Camp meetings. Please call me anytime at 916-496-5740 (MPG 10-31-14)

lding Installs • Small Jobs Ok

916-532-6194

MEET SINGLES BIGHT NOW! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392. (Cal-SCAN)

Pets/Animals DOG RESCUE Gary (916) 334-2841 Please

Adopt or Foster Because so many really great dogs are dying for a good home .. ShelterMOU

Piano Lessons Available Monday through

@hotmail.com

Saturday. Learn piano, flute, and guitar. GREAT RATES 916-974-7397 (MPG 03-31-14

Real Estate

HONEST LOCAL INVESTOR BUYS HOUSES FOR CASH. Call Me First!! Mike (916) 203-1585 mike@rlsproperty.com (MPG 02-28-14

Timeshares

SELL/RENT YOUR TIMESHARE Now! Guaranteed Services find more buyers/renters. NO GIMMICKS JUST RESULTS! www.BuyATimeshare. 1-888-879-8612 (NANI) com

Volunteers Needed

LIKE TO PLAY BINGO? Support Veterans While You Play! Bingo Volunteers needed every Thursday, Friday, Sunday nights from 4-10pm at Sacramento Bingo Center. 916-533-9811. (MPG 03-31-14)

Bristol Hospice is looking for volunteers to provide companionship with our hospice patients and families. We provide the training and match you with a family in your area. Please call volunteer services for more information at (916) 782-5511. (MPG 12-31-13)

For Sale 2009 CAR DOLLY FOR SALE Great for motor home. \$1,250

OBO (MPG 04-30-15) **MOBILE HOMES**

FOR SALE akeview Village. A 5-star 55park. Brenda Parker. #01315461 Lion Real Estate. 916-849-7089 (MPG 04-30-15)

HELP NEEDED **AT HOME** REQUIRED Handyman - Jack of All Trades, Live-in Caretaker. Small furnished Studio in Colfax area.

> Call 530-637-4022 (MPG 10-31-14) HELP

WANTED Now accepting applications for Full time and

Part Time

help at the

UPS Store

Please inquire for

positions at the store

location with resume.

7405 Greenback Lane

Citrus Heights

CA 95610

Please call

(916) 802-0807

For Classified

Advertising

CALL

773-1111

MPG

Switch & Save Event from DirecTV! Packages starting \$19.99/mo. Free 3-Months of HBO, Starz, SHOWTIME & CINEMAX FREE GENIE HD/ DVR Upgrade! 2015 NFL Sunday Included with Select Ticket. Packages. New Customers Only IV Support Holdings LLC- An authorized DirecTV Dealer. Some exclusions apply - Call for details 1-800-385-9017 (Cal-SCAN) (Cal-SCAN)

Career Training

AIRLINES ARE HIRING for those with FAA certification. Financial aid if qualified - Job placement assistance. Get the A&P training at Aviation Institute of Maintenance 888-686-1704 (NANI)

> Electrical Services

BETIRED MASTER ELECTRICIAN. problem solver! 30 vrs experience, senior discounts, Save big - don't replace panel - rebuild it. Lic.# 513168, 916-595-3052 (MPG 12-31-15)

Financial Services

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-966-1904 to start your application today! (Cal-SCAN)

Are you in BIG trouble with the IRS? Stop wage & bank levies, liens & audits, unfiled tax returns pavroll issues. & resolve tax debt FAST. Seen on CNN. A BBB Call 1-800-761-5395 (Cal-SCAN)

Reduce Your Past Tax Bill by as much as 75 Percent. Stop Levies. Liens and Wade Garnishments. Call The Tax DR Now to see if you Qualify 1-800-498-1067. (Cal-SCAN)



Reach 1000's of **Readers Every Week!**



ceahow.org (MPG 07-31-14) Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 75 percent on all your medication

needs. Call today 1-800-356-4170 for \$10.00 off your first prescription and free shipping (SWAN) Canada Drug Center is your choice for safe and afford-

able medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call today 1-800-273-0209. for \$10.00 off your first prescription and free shipping. (Cal-SCAN Heating & Air

AC Repair Low Prices 487-4609 (MPG) VICTORIA HEATING & AIR CONDITIONING Lic#877379 **Over 10 Years of Experience** We Provide SERVICE. REPAIR CHANGE OUT AND NEW INSTALL Easy • Fast Response Reasonable Price • We offer a Special \$50 Diagnostic Fee We will tell you what is wrong with your unit and how much it will cost to fix your unit before we begin work · Each project is confirmed in writing and one year warranty OR, new unit installed with 5 to 10 years warranty So Don't Wait! Call Us At (209) 338-4475 or (916) 474-0173

Help Animals

(MPG 04-30-15)

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm (MPG)



Drivers **DRIVERS - NO EXPERIENCE?** Some or LOTS of experience? Let's Talk! No matter what stage in your career, it's time, call Central Refrigerated Home. 888-891-2195 www.CentralTruckDrivingjobs.com (Cal-SCAN)

ATTN: Drivers - \$2K Sign-On Bonus! We Put Drivers First! Stay Warm w/ APU New KW Trucks! Earn \$55K p/yr! CDL-A Req - (877) 258-8782 www.ad-drivers.com (Cal-SCAN)

Obtain Class A CDL in 2 1/2 Company Sponsored weeks. Also Hiring Recent Truck Training. School Graduates. Experienced Drivers. Must be 21 or Older. Call: (866) 275-2349 (Cal-SCAN)



(916) 723-3342 urewest.net

Insurance/Health

Lowest Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

Compare Medicare Supplement Plans and Save! Call NOW during Open Enrollment to receive Free Medicare Quotes from Trusted, Affordable Companies! Get covered and Save! Call 844-277-0253.



assessment. 800-768-9180(NANI)

Got Knee Pain? Back Pain? Shoulder Pain? Get a painrelieving brace -little or NO cost to vou. Medicare Patients Call Health Hotline Now! 1-800-491-6053 (NANI)

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-290-8321 to start your application today! (NANI)

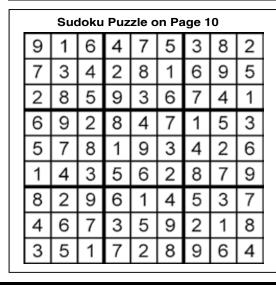
DIRECTV starting at \$24.95/ mo. Free 3-Months of HBO, SHOWTIME & CINEMAX FRFF RECEIVER Upgrade! 2014 NFL Sunday Ticket Included Select Packages. Some with exclusions apply - Call for de-tails 1-800-647-1163 (SWAN)

Miscellaneous

Dish TV Retailer -SAVE! Starting \$19.99/month (for 12 months.) FREE Premium Movie FREE Equipment. Installation & Activation. CALL COMPARE LOCAL DEALS! 1-800-341-7308 (SWAN) Miscellaneous for Sale SAWMILLS from only \$4397.00-

MAKE & SAVE MONEY with your own bandmill - Cut lumber any dimension. In stock ready to ship. FREE Info/DVD: www. NorwoodSawmills.com 1-800 578-1363 Ext. 300N (Cal-SCAN)

CALL 916-773-1111 TO ADVERTISE IN YOUR LOCAL **HOMETOWN NEWSPAPER**



Want to Buy

WANTED STEREO COMPONENTS Older models: Pioneer, Sansul, 916-488-6016 Marantz, etc. (MPG 03-31-15)

Cash for unexpired DIABETIC TEST STRIPS! Free Shipping, Best Prices & 24 hr payment! 1-855-440-4001 Call WWW TestStripSearch.com.(NANI)

Work Wanted

I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job to small. Health and Security background. References College grad. Tim 916-334-8903, 503-460-7149. (MPG 08-31-14)

Yoga

Your Fitness Genie Making You Your Fitness Goal Genie 14 Years of Experience Weight Loss • Injury Recovery Senior Fitness • Yoga • Pilates Safe, Effective, Functional Resistance Trainit

Be Active, Call Today! 🕒 @YourFitnessGenie (916)768-8767

· Free Cleaning (with our cartridge) We are Local Service Contracts (monthly or yearly)

Lease or Rent

(save wear & tear on y

GOT LOCAL NEWS? Call 773-1111



Messenger Publishing Group





Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00821 Arlethia R. King, 6810 Di Lusso Drive #228. Elk Grove. CA 95758 is doing business under the Fictitious Business Name(s) "Lisa's Line HYL" at 6810 Di Lusso Drive #228, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on January 30, 2015. Publish: February 13, 20, 27 and March 6, 2015 LISAS 150130 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00405 Mary C. (Tina) Reynolds, 2420 D Street, Sacramento, CA 95816 and Tracy Saville, 3117 Cliff Circle, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Queentia, Her HQ and Her-Space" at 410 Alhambra Boulevard, Sacramento, CA 95816, Filed with the Clerk of Sacramento County on January 15, 2015. Publish: February 13, 20, 27 and March 6, 2015 QUEENTIA 150130 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00804 First Call Plumbing and Sewer Service, 4512 Dunnbury Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "First Call Plumbing and Sewer Service" at 4512 Dunnbury Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 13, 20, 27 and March 6, 2015 FIRSTCALL 150130 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00596 Monika Hamilton, 5181 Connecticut Drive, Unit 2, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Your Own Marketing" at 5181 Connecticut Drive, Unit 2. Sacramento, CA 95841, Filed with the Clerk of Sacramento County on January 22, 2015. Publish: February 13, 20, 27 and March 6, 2015 YOUROWN 150202 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00097 Daniel Allen Cox. 3546 Denfield Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Carmichael Futsal" at 3546 Denfield Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 6, 2015. Publish: February 13, 20, 27 and March 6, 2015 CARMICHAFI 150201 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00497 Maricarmen Ruiz, 4319 Norwood Avenue, Apt. 119, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "24/7 Cleaning Services" at 4319 Norwood Avenue, Apt. 119. Sacramento, CA 95838. Filed with the Clerk of Sacramento County on January 20, 2015. Publish: February 13, 20, 27 and March 6, 2015 CLEANING 150201 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00426 Patrick and Elizabeth Bell, 4109 Scranton Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Edge Consulting & Coaching" at 4109 Scranton Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 15, 2015. Publish: February 13, 20, 27 and March 6, 2015

EDGE 150202 3-6-15 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2015-00682 Express Auto Rentals, Inc., 3244 Fulton Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Rent One Rent A Car" at 3244 Fulton Avenue, Sacramento, CA 95821, Filed with the Clerk of Sacramento County on January 26, 2015. Publish: February 13, 20, 27 and March 6, 2015 RENTONE 150202 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00232 American River Tile Co., 6747 Hickory Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) American River Tile Co." at 6747 Hickory Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County on January 8, 2015. Publish: February 13, 20, 27 and March 6, 2015 AMERICAN 150203 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00863 Adele Adonai and Susan Geneva Mills, 8160 Plumeria Avenue, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "SuperHuman Design" at 8160 Plumeria Avenue. Fair Oaks. CA 95628. Filed with the Clerk of Sacramento County on February 2, 2015. Publish: February 13, 20, 27 and March 6, 2015 SUPERHUMAN 150203 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00877 Robert and Jennifer Bird, 151 Big Valley Road, Folsom, CA 95630 and Nathan and Amber Ross, 134 Hazelmore Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Buy Box Academy" at 151 Big Valley Road, Folsom, CA 95630. Filed with the Clerk of Sacramento County on February 3, 2015. Publish: February 13, 20, 27 and March 6, 2015 BUYBOX 150203 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00344 Shianne R. Aquilina, 7412 Pennington Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "G.W. Firewood and Good Wood Firewood" at 7412 Pennington Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on January 13, 2015. Publish: February 13, 20, 27 and March 6, 2015 GWFIREWOOD 150205 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00448 Roya Zargari, 5419 Nyoda Way, Carmichael. CA 95608 is doing business under the Fictitious Business Name(s) "Permametrics and Roya's Skincare" at 5419 Nyoda Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 18, 2015. Publish: February 13, 20, 27 and March 6, 2015 PERMAMETRICS 150206 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00679 Richard Mathieu, 3516 Eisenhower Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Richard's Dependable Backflow and Plumbing" at 3516 Eisenhower Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on January 26, 2015. Publish: February 13, 20, 27 and March 6, 2015 RICHARDS 150206 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00802 New Shine Mobile Auto Detail, 4073 Cornelia Way, North Highlands, CA 95660 and Lietenant Coopwood III, 7104 Agora Way, El Dorado Hills, CA 95762, are doing business under the Fictitious Business Name(s) "New Shine Mobile Auto Detail D176061" at 4073 Cornelia Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 13, 20, 27 and March 6, 2015 NEWSHINE 3-6-15 150206

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00207 Juan Miguel Martinez, 4400 Shandwick Drive, Apt. #170, Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Maggie's Glamour Salon De Belleza" at 5222 Hillsdale Boulevard, Suite #4, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on January 7, 2015. Publish: February 13, 20, 27 and March 6, 2015 MAGGIES 150205 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01031 Nikolay Petrashishin, 3963 Apple Blossom Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Infinity Steel Source" at 3784 Omec Circle, Unit #4, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on January 6, 2015. Publish: February 20, 27, March 6 and 13, 2015

INFINITY 150209 3-13-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01032 Tatiana Bogaciova, 2322 Sierra Madre Court #A, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "A+ House Cleaning" at 2322 Sierra Madre Court#A, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on January 6, 2015. Publish: February 20, 27, March 6 and 13, 2015 A+HOUSE 150209 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00149 Wesley Lee, 10 Free River Court, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Silvida Management" at 10 Free River Court, Sacramento, CA 95831. Filed with the Clerk of Sacramento County on January 4, 2015. Publish: February 20, 27, March 6 and 13, 2015 SILVIDA 150207 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00581 Russell Espinosa, 2415 Verna Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Hadley, Espinosa & Kimball, FA's" at 8300 Fair Oaks Boulevard. Suite 202, Carmichael, CA 95608, Filed with the Clerk of Sacramento County on January 22, 2015. Publish: February 20, 27, March 6 and 13, 2015 HADLEY 150211 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00656 Phillip Cocciante. 9016 Mojave Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Contractors License Service" at 9016 Mojave Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on January 25, 2015. Publish: February 20, 27, March 6 and 13, 2015 CONTRACTORS 150214 3-13-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01118 Naycora Fauntleroy, 2119 Wyda Way #6, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Carmel Tax and Accounting Services" at 2391 Arden Way. Suite 3, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on February 10, 2015. Publish: February 20, 27, March 6 and 13, 2015 CARMEL 150210 3-13-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01069 Snook Construction, Inc., 3444 Marshall Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Snook Skylights and Roofing" at 3444 Marshall Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 9, 2015. Publish: February 20, 27, March 6 and 13, 2015 3-13-15 150212 SNOOK FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00777 Bryan Louis and Sharon Elizabeth Murrav, 7980 Cook Riolo Road, Antelope, CA 95843. Eric Thomas Murray, 2817 Becerra Way, Sacramento, CA 95821. Shawn Anthony Murray, 461 Dela Vina Drive, Unit 208, Monterey, CA 93941, Robert Lawrence and Deborah Lea Aderholt, 3708 Duran Circle, Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Murray Enterprises" at 1231 J Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 20, 27, March 6 and 13, 2015 MURRAY 150209 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01167 Elegant Auto Sales, 1940 Zinfandel Drive, Suite C1, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Elegant Auto Sales" at 1940 Zinfandel Drive, Suite C1. Rancho Cordova. CA 95670. Filed with the Clerk of Sacramento County on February 13, 2015. Publish: February 27, March 6, 13 and 20, 2015 ELEGANT 150217 3-20-15

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984

Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

FICTITIOUS BUSINESS NAME STATEMENT FBNE2015-01208 Thomas Hoa Tram 5412 Casa Danielle Circle, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Thomas T. Dental Club" at 5412 Casa Danielle Circle, Sacramento, CA 95824. Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015 3-20-15

THOMAS 150217 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01218 Susan Kay Lomolino, 3045 Walnut Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wild and Wooly Warmers" at 3045 Walnut Avenue, Carmichael, CA 95608, Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015

WILDWHOLLY 3-20-15 150217 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01114 Michael Marshall, 2424 Berrywood Drive, Rancho Cordova, CA 95670 and Ernesto Vasquez, Jr., 109 Sedgeford Way, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Draped" at 2424 Berrywood Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on February 10, 2015. Publish: February 27, March 6, 13 and 20, 2015

150217 DRAPED 3-20-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00770 Timothy W. and Lori A. Murchison, 3006 San Lorenzo Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Murchison Properties" at 3006 San Lorenzo Way, Carmichael, CA 95608, Filed with the Clerk of Sacramento County on January 29, 2015. Publish: February 27, March 6, 13 and 20, 2015 150217 MURCHISON 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01214 Maria Ella C. Lam. 12499 Folsom Boulevard #51, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Organized By Ella" at 12499 Folsom Boulevard #51, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015

3-20-15 ORGANIZED 150217 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01220 Sarah Hamner, 4807 Etra Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sarah's Skin" at 7411 Winding Way, Suite E, Fair Oaks, CA 95628, Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015

SARAHS 150219 3-20-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01073 Craig J. Townsend, 2244 Rhoda Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Townsend Real Estate, Townsend Real Estate Group, Craig J. Townsend" at 2244 Rhoda Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on February 9, 2015. Publish: February 27, March 6, 13 and 20, 2015 3-20-15 TOWNSEND 150219

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00829 Benjamin H. Lim and Ve T. Le, 7372 Borba Way, Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "JS Nails" at 1588 Howe Avenue, Sacramento, CA 95825, Filed with the Clerk of Sacramento County on January 30, 2015. Publish: February 27, March 6, 13 and 20, 2015

JSNAILS 150219 3-20-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00734 Christina T. Jones. 618 East Ranch Road, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "JTE Consulting" at 618 East Ranch Road, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on January 28, 2015. Publish: February 27, March 6, 13 and 20, 2015 JTECONSULT 150220 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00731 Kriengkrai Noophant, 11 Painted Ocean Place, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Angel's Gift Shop" at 300 J Street, Sacramento, CA 95814, Filed with the Clerk of Sacramento County on January 27, 2015. Publish: March 6, 13, 20 and 27, 2015 150225 3-27-15 ANGELS FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01453 Raul Reyes, 5704 Angelina Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "B & B Heating and Air, R & R Custom Tile" at 5704 Angelina Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 24, 2015. Publish: March 6, 13, 20 and 27, 2015 150225 3-27-15 R&R

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00851 USA Hands, 2100 Watt Avenue #180, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "\$5 & Under, Rich Hair" at 2730 Arden Way, Suite #132, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on February 2, 2015. Publish: March 6, 13, 20 and 27, 2015 \$5&UNDER 3-27-15 150225

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01589 Frank Joseph Gutwein, 5226 Hemlock #29, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Flatface Productions" at 5226 Hemlock #29, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on February 27, 2015. Publish: March 6, 13, 20 and 27, 2015 150228 FLATFACE 3-27-15

WHEREAS, Chyenne Keshavarz Adeli IT IS ORDERED that all persons interested in CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. David I. Brown, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015

| ELI | 150130 | 3-6-15 |
|-----|---|--------|
| | COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME | |

WHEREAS, Molly Elorduy has filed a petition

with this court for a decree changing the name(s) of Molly Elorduy to Molly Lukenbill-Elorduy. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 20, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 13, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: February 13, 20, 27 and March 6, 2015 ELORDUY 150130 3-6-15 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174728 WHEREAS. Jacob Cameron Horn has filed a

petition with this court for a decree changing the name(s) of Jacob Cameron Horn to Jacob Cameron. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 3, 2015, in Department 54, located at 800 Ninth Street Third Floor Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174760 WHEREAS. Anne and Valentin Tarlev have

filed a petition with this court for a decree changing the name(s) of Alice Tarley to Alisa Tarley. IT IS ORDERED that all persons interested in the above entitled matter appear before this court

at 9:00 a.m. on April 8, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 TARLEY 150205 3-6-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00173943 WHEREAS, Brittany Ewing and Sweets

Sims have filed a petition with this court for a decree changing the name(s) of Sanaa Shirley Shataira Street to Sanaa Shirley Shataira Sims. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on March 17, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2015

David I. Brown, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 EWINGSIMS 150206 3-6-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174768

WHEREAS. Michael Francis and Yasmeen Javed Gueths have filed a petition with this court for a decree changing the name(s) of Gavin Mark Gueths to Gavin Aamir Michael Gueths.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 9, 2015, in Department 54, located at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: February 20, 27, March 6 and 13, 2015 GUETHS 150113 3-13-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175099

WHEREAS. Hiram Michael Martin have filed a petition with this court for a decree changing the name(s) of Hiram Michael Martin to Zenobe Olaudah Winter. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 14, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 11, 2015

David I. Brown, Judge of the Superior Court Publish: February 20, 27, March 6 and 13, 2015 150211 3-13-15 MARTIN

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174763

WHEREAS. Feras Hameed Maieed and Hala Nabel Aziz have filed a petition with this court for a decree changing the name(s) of Feras Hameed Majeed to Feras Hameed and Hala Nabel Aziz to Hala Hameed. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 8, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015

David I. Brown, Judge of the Superior Court Publish: February 20, 27, March 6 and 13, 2015 HAMFED 150212 3-13-15

COUNTY OF SACRAMENTO

Legal Advertising P.O. Box 14 Carmichael, CA 95609

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175593

WHEREAS. Korleen Anne Baker has filed a petition with this court for a decree changing the name(s) of Korleen Anne Baker to Korv Anne Baker. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on April 23, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 25, 2015

David I. Brown. Judge of the Superior Court Publish: March 6, 13, 20 and 27, 2015 BAKER 150225 3-27-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175588

WHEREAS, FNU Hamed has filed a petition with this court for a decree changing the name(s) of FNU Hamed to Amiri Hamed.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 23, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 25, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: March 6, 13, 20 and 27, 2015 3-27-15 HAMED 150225

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF BETTY M. TODD. AKA BETTY TODD (descendent)

ESTATE NO. 34-2015-174821

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of BETTY M. TODD, AKA BETTY TODD (deceased): A petition has been filed by EDWARD C. DAWSON II in the Superior Court of California. County of Sacramento, requesting that EDWARD C. DAWSON II be appointed as Executor administer the estate of the decedent. to

The petition requests the decedent's lost will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required.

A hearing on the petition will be held in this court as follows: March 17, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: Carol Elias Zolla, Esg., 16450 Los Gatos Boulevard Suite 209, Los Gatos, CA 95032. (408) 358-6900 Publish: February 20, 27 and March 6, 2015. 3-6-15 TODD 150209

ORDER TO SHOW CAUSE CHANGE OF NAME COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00173961

has filed a petition with this court for a decree changing the name(s) of Chyenne Keshavarz Adeli to Shayan Keshavarz Adeli. the above entitled matter appear before this court at 2:00 p.m. on March 18, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento,

Dated: January 14, 2015

ADELI

#34-2015-00173970

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00621 Oscar Perdomo, 3045 La Madera Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Oscar's Cleaning Services" at 3045 La Madera Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on January 23, 2015. Publish: February 13, 20, 27 and March 6, 2015 150205 OSCARS 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00611 Ralph Edwin James, 5120 Heather Ranch Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Diamond Realty" at 5120 Heather Ranch Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on January 22, 2015. Publish: February 13, 20, 27 and March 6, 2015 DIAMOND 150204 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00481 Mary Ann Lickiss and Kathleen Rafferty Ribera, 10529 Malaga Way, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Marv's Mobile Tax" at 10529 Malaga Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on January 20, 2015. Publish: February 13, 20, 27 and March 6, 2015 MARYS 150204 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00843 Skyler Michel-Evleth, 2792 4th Avenue, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Zoohouse Studios, Zoohouse Productions and Zoohouse Films' at 2792 4th Avenue, Sacramento, CA 95818. Filed with the Clerk of Sacramento County on January 30, 2015. Publish: February 13, 20, 27 and March 6, 2015 150204 ZOOHOUSE 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00970 Jeanne Wright, 10419 White Rock Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Norcal Associates" at 10419 White Rock Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on February 5, 2015. Publish: February 13, 20, 27 and March 6, 2015 NORCAL 150205 3-6-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00488 Equity Strategists, Inc., 153 Cascade Falls Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Appcepts and AME Solutions" at 153 Cascade Falls Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County on January 16, 2015. Publish: February 13, 20, 27 and March 6, 2015 3-6-15 APPCEPTS 150205

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00762 Robert Scrivano, 3550 Watt Avenue #140, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Assets & Aging" at 3550 Watt Avenue #140, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on January 28, 2015. Publish: February 20, 27, March 6 and 13, 2015 150213 ASSETS 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00474 Jeffrey A. Hayes, Sr., 2011 Wright Street #19, Sacramento, CA 95825 and Janice Beeler, 194 Saginaw Circle, Sacramento, CA 95833 are doing business under the Fictitious Business Name(s) "Genesis Dental Concepts" at 2628 El Camino Avenue #A2, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on January 16, 2015. Publish: February 6, 13, March 6 and 13, 2015 GENESIS 150130 3-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01197 Petra D. Glenesk, 2524 Exeter Square Lane, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Sacred Vessel" at 2524 Exeter Square Lane, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on February 13, 2015. Publish: February 27, March 6, 13 and 20, 2015 SACRED 3-20-15

150216

We Do Legal Ads for Sacramento County! Call 483-2299

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01232 Anthony D. Nicolos, 6315 Templeton Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Nicolos TLC Lawncare" at 6315 Templeton Drive, Carmichael, CA 95608, Filed with the Clerk of Sacramento County on February 17, 2015. Publish: February 27, March 6, 13 and 20, 2015 NICOLOSTLC 150220 3-20-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01404 Maita Hyundai, a California Corporation, 2500 Auburn Boulevard, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Maita Subaru" at 2400 Auburn Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on February 20, 2015. Publish: March 6, 13, 20 and 27, 2015 MAITA SUBARU 150220 3-27-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01403 Maita Hyundai, a California Corporation, 2500 Auburn Boulevard, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Maita Mazda" at 2410 Auburn Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on February 20, 2015. Publish: March 6, 13, 20 and 27, 2015 MAITA MAZDA 3-27-15 150220

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-00875 Sus Finanzas, Inc., A 5013c Organization, 1789 Helsinki Way, Livermore, CA 94550 is doing business under the Fictitious Business Name(s) "Your Finances Sacramento" at 1500 7th Street, Unit 4J, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on February 2, 2015. Publish: March 6, 13, 20 and 27, 2015 YOURFITNESS 150224 3-27-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01514 Pacific Charter Institute, 6450 20th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Rio Valley Charter School" at 1530 W. Kettleman Lane, Suite A, Lodi, CA 95242. Filed with the Clerk of Sacramento County on February 26, 2015. Publish: March 6, 13, 20 and 27, 2015

RIOVALLEY 3-27-15 150226 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01511 Pacific Charter Institute, 6450 20th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Valley View Charter Prep" at 2453 Grand Canal Boulevard, Suite 1, Stockton, CA 95207. Filed with the Clerk of Sacramento County on February 26, 2015. Publish: March 6, 13, 20 and 27, 2015

VALLEYVIEW 150226 3-27-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-01512 Pacific Charter Institute, 6450 20th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Heritage Peak Charter School" at 6450 20th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County on February 26, 2015. Publish: March 6, 13, 20 and 27, 2015 HERITAGEPEAK 150226 3-27-15

| CAMERON | 150204 | | | 3-6- | 15 | | | |
|--|-------------|-------|-----|-------|----|--|--|--|
| COUNTY OF SACRAMENTO | | | | | | | | |
| ORDER TO SHOW CAUSE | | | | | | | | |
| CHANGE OF NAME | | | | | | | | |
| #34-2015-00174764 | | | | | | | | |
| WHEREAS | , Shirley O | nlson | has | filed | а | | | |
| petition with this court for a decree changing the | | | | | | | | |
| name(s) of Shirley Ohlson to Shirley Mei Ohlson. | | | | | | | | |

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 8, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 OHLSON 150204 3-6-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174758

WHEREAS, Tyrone Lamar Henley has filed a petition with this court for a decree changing the name(s) Tyrone Lamar Henley to Shavon Lamar Henley IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 7, 2015, in Department 54, located at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 HENLEY 150204 3-6-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174751

WHEREAS, Sayed Mustafa and FNU Mahbooba have filed a petition with this court for a decree changing the name(s) of Saved Mustafa to Saved Mustafa Hashimi, FNU Mahbooba to Mahbooba Hashimi, Sayed Iqbal to Iqbal Sayed Hashimi and Sayed Kamal to Kamal Sayed Hashimi IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 6, 2015, in Department 53, located at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2015

David I. Brown, Judge of the Superior Court Publish: February 13, 20, 27 and March 6, 2015 HASHIMI 1502045 3-6-15

EARN **\$200**00 per month for just a few hours' work per week CALL 773-1111

ORDE R TO SHOW CAUSE CHANGE OF NAME #34-2015-00173271 WHEREAS. Isabel Guzman Justo has filed a petition with this court for a decree changing the name(s) of Isabel Guzman Justo to Ingrid Jeovanna Isabel Guzman Justo. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 9, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 5, 2015

David I. Brown, Judge of the Superior Court Publish: February 27, March 6, 13 and 20, 2015 JUSTO 150218 3-20-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00169273

WHEREAS, Amber Nicole Taylor has filed a petition with this court for a decree changing the name(s) of Wesley Patrick Apgar to Wesley Patrick Apgar Taylor.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 16, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 18, 2015 David I. Brown, Judge of the Superior Court Publish: February 27, March 6, 13 and 20, 2015 TAYLOR 150218 3-3-20-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00174481

WHEREAS. Mona Ferdousi Emadi has filed a petition with this court for a decree changing the name(s) of Mona Ferdousi Emadi to Mona Emadi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 27, 2015, in Department 53, located at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 28, 2015 David I. Brown, Judge of the Superior Court Publish: February 27, March 6, 13 and 20, 2015 EMADI 150220 3-20-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00175582 WHEREAS, FNU Omid has filed a

petition with this court for a decree changing the name(s) of FNU Omid to Omid Sherzad. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 25, 2015 David I. Brown, Judge of the Superior Court Publish: March 6, 13, 20 and 27, 2015 OMID 150225 3-27-15

NOTICE TO CREDITORS

NOTICE TO CREDITORS OF BULK SALE AND OF INTENTION TO TRANSFER ALCOHOLIC BEVERAGE LICENSE(S) Escrow No.: 3402-4781409

Notice is hereby given that a bulk sale of assets and a transfer of alcoholic beverage license(s) is about to be made. The names and addresses of the Seller/Licensee are: Avtar Singh Dhillon 9655 Elk Grove Florin Road, Elk Grove Ca 95624

The business is known as: Old Town Liquor The names and addresses of the Buver Transferee are Bhullars Food Inc. dba Old Town Liquor and Kanwardeep Bhullar and Harsimran Bajwa and Sandeep Singh Bhullar, 9320 Trebbiano Cirle, Elk Grove Ca 95624 As listed by Seller/ Licensee, all other business names and addresses used by Seller/Licensee within three years before the date such list was sent or delivered to the Buver/Transferee are: (if "none", so state) Name: Amandeep K Dhillion, AVTAR S DHILLON. The assets to be sold are described in general as: Business and Inventory and are located at 9655 Elk Grove Florin Road, Elk Grove Ca 95624. The kind of license(s) to be transferred is(are): , now issued for the premises located at , Sacramento, California 85624. The anticipated date of the sale/transfer is 03-06-2015 at the office of First American Title Company, 2425 Fair Oaks Blvd. Suite 6, Sacramento, CA 95825. This bulk sale is subject to Section 6106.2 of the California Commercial Code. ALL CLAIMS TO BE SENT C/O First American Title Company, 3402-4781409, 2425 Fair Oaks Blvd. Suite 6, Sacramento, CA 95825. The last date for filing claims shall be. The amount of the purchase price or consideration in connection with the transfer of the license and business, / including the estimated inventory, is the sum of \$600,000.00, which consists of the following: Cash \$0.00 Checks \$600,000.00 Promissory Notes \$0.00 Tangible and/ or intangible property \$0.00. It has been agreed between the Seller/Licensee and the Intended Buyer/ Transferee, as required by Section 24073 of the Business and Professions Code, that the consideration for the transfer of the business and license(s) is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control. SELLER/LICENSEE Avtar Singh Dhillon BUYER/TRANSFEREE Bhullars Food Inc. dba,Qld Town Liquor. By: Kanwardeepp. Bhullar, President, Sandeep S Bhullar Harsimran Bajwa Published in the Grapevine Independent & Carmichael Times on March 6 and 13, 2015. KANSINGH 150302 3-13-155



San Juan Water District Responds to CVP Federal Water Allocations

SACRAMENTO REGION, CA (MPG) - We all know that California is facing an extraordinary drought. The announcement of federal water allocations through the Central Valley Project is indicative of the severity of our states water supply.

This year, the U.S. Bureau of Reclamation initial allocation is to provide 25% of San Juan Water District's historical water use of CVP water, half of last year's allocation. Updated allocations will be announced between now and May and we hope the forecast improves. Combined with access to other water supplies, we anticipate having access to similar amounts of water as last year. These unprecedented cuts in CVP water deliveries highlight the critical need for continued water conservation.

San Juan Water District's historical use of CVP water is very small, so as a result, this year's 25% allocation is very small. We did not use any of our historical CVP water allocation last year and anticipate not using any this year either.

Last year, SJWD retail customers reduced their water use by 32% after entering mandatory water conservation stages in February. This January, customers continued those efforts, cutting water use by 34% compared to January 2014. Our board is calling on our customers to continue their significant conservation measures this year.

The San Juan Water District Board of Directors has been

planning for continued drought, approving projects that allow the district to access alternative water supplies. These projects, in partnership with Placer County Water Agency and Sacramento Suburban Water District, will be completed this fall. They will provide alternative water supplies for droughts as well as emergency access to water if it is not available from Folsom Lake

Folsom Lake, our source for water supplies, reached historical lows in early 2014, prompting immediate water conservation measures. Because of warm winter storms late last year, current water levels in Folsom Lake are higher than average - but that won't last. The latest snow surveys show almost no snowpack, meaning we'll have minimal runoff into Folsom Lake in the spring and summer. Because of the low snowpack, we will likely see Folsom Lake drop to very low levels this year.

I'm asking all our customers to continue conserving water while the district works diligently to construct projects that secure alternative water supplies. Although we will have the same amount of water overall as last year, the state remains in a dire drought. Please stay tuned for more information from San Juan Water District on our water availability.

-Shauna Lorance, general manager, San Juan Water District Source: Crocker & Crocker ★



Prep for Turkey Season by Practicing Your Shooting While Sitting

Remember when planning your turkey tactics that you'll be sitting down on the ob. That means you should step off distances and find maximum range markers when possible before taking a seat.

Your judging skills will be poorer from the lower position and these measured landmarks can tell vou when a gobbler is in range.

Sometimes, you'll be shooting a walking bird from a sitting position, too, and that's a big switch for hunters used to swinging on upland game or waterfowl.

You need to practice shooting sitting down and looking down with the barrel at a turkey's head. It's a different game. I've had some of the best shotgun shooters in the country, guys that don't ever miss at skeet or trap and hardly ever miss a duck or a dove, sit there and miss turkeys that were standing still 5 yards from them. So practice shooting while sitting.

By Larry Whiteley, Host of the awardvinning Outdoor World Radio For more tips, go to basspro.com and click on Bass Pro Shops 1Source News & Tips

Monthly Meeting of Military Retirees and Spouses

- The next monthly meeting of Military Retirees and Spouses is scheduled for March 10th at the North Highlands Park and Recreation District at 6040 Watt

SACRAMENTO REGION, CA (MPG) Ave. The meeting starts promptly at 1030 hours. The subject for March's meeting is Space Available Travel, which should be very interesting. Come on down and enjoy a cup of coffee and meet new friends.

Questions can be referred to volunteers at (916) 640-8446, Monday through Thursday from 0900 to 1500 hours.

Source: Chief George Moses ★





Announcements & Events

UKRAINIAN EGG DECORATING CLASSES

Learn The Art Of "Psanky": Painting & Creating Ukrainian Easter Eggs

Saturday, March 14: **Beginning &** Advanced Levels

CALL 485-5322 FOR TIMES

\star Clothing \star Linens ***** Stuffed Animals ***** Accessories



A FUNDRAISER FOR CREEK WEEK March 2 - April 18

ANNUAL CLOTHING DRIVE

Bring Us Your Gently Used Items In Plastic Bags

Drop off at the District Office, M-F, 8:30am-5pm

For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.



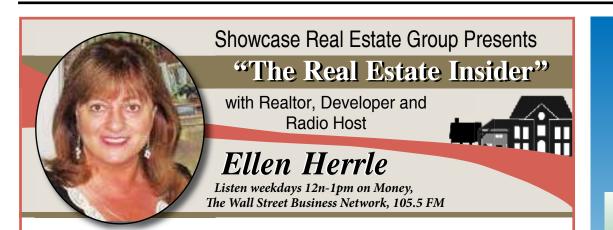
CALL 773-1111 TO ADVERTISE





safe homes for foster children ages

Delivery Routes Available Call 773-1111



Most Important Issues for Buyer/Owner in 2015

money you will ever spend is likely a home or property. Complex rules. varied loans and stress about making a mistake can make your dream home purchase a living nightmare if something goes wrong in the process. Let us *help you now!*

Three Biggest Issues in Real Estate for 2015

Issue Number One

Rising Interest Rates! Buy low and sell high is good advice in any market, but especially when borrowing money. Interest is what you will pay for the loan until paid off, so rising interest rates are key and a sparkplug that should fire up interest in finding your American dream now. The rate

The largest amount of is expected to rise to 5-5.5% this year. This will make homes a little less affordable for buyers and put the brakes on some sales. When rates go up the market gets smaller, especially with rates that may hit 6 or 7%. Some of us remember when mortgages were lending at 17-18%, so acting while rates are low is a real incentive to both buying and selling your property.

> Please take advantage of our expertise in making the right decisions for your home purchase or sale. It's easy, just email your question to us and we share the answer so everyone can learn from it in this column. We, of course, change the names to protect the innocent!

Ask a question - Email: ellenherrle@hotmail.com.

For those who get in touch each month you'll also receive one of three pamphlets on buying and selling strategies, and be entered in a random drawing for a dinner for two at one of our great Sacramento or Placer restaurants!

Don't spend more than you have too, or sell for less than you deserve by asking the expert first! Visit http://www. showcaserealestategroup.com or call us to help when you decide to buy or sell at 916-761-2108. Listen the 'The Real Estate Insider' on Money 105.5 FM every day at noon.

Next time: The second and third most critical issues for buying or selling your property in 2015!

ITS ALL ABOUT YOU

When selecting a real estate agent, you need someone who puts your needs and wants above everything else. You need an agent who:

- Listens and understands your particular needs · Communicates on a regular basis
- Knows local markets
 Handles details · Gives you the best value - whether you are
- buying or selling property!

For honest, ethical and reliable real estate assistance, call Ellen today.

www.showcaserealestategroup.com 916-761-2108

hether a long term owner or first time buyer, Ellen can help.

Buyers down payment assistance programs, sellers we show how to get the most for your home. Starter or luxury home, Showcase Real Estate Group puts you first. CA DRE #00521277

Living Trust Senior Special

with this ad

If you have a house, you need a Trust. If you have a Trust, it needs to be up-to-date. (Review of existing trust at no charge)

----- SENIOR SPECIAL -----Asset Protection Program includes the following:

Revocable Living Trust • Powers of Attorney Financial • Powers of Attorney Healthcare

Wills • One Residential Trust Transfer Deed

No Charge for Notary Services • Prop 13 Protection Long Term Care Government Benefits Planning



WILL ASSOCIATES

Richard H. Will ELDER LAW ATTORNEY Serving Seniors Since 1975

Avoid Probate — Call Today! (916) 482-8897

1337 Howe Avenue, Suite 103 • Sacramento • www.willassociates.com

Union Gospel Mission Sacramento

Tor more than 50 years, Union Gospel Mission / has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission now serves women and children, too, and is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

We accept donations, clothing and goods, 7 days a week ... and prayer always!

Matthew 25:40 "Caring for the Least"

50+Years of Service

(916) 447-3268 400 Bannon Street • Sacramento, CA 95811 **Exec. Director, Pastor Tim Lane** P.O. Box 1108, Sacramento, CA 95812

Tune in our Radio Program: KFIA 710 AM, Sun & Mon 3 PM *listen online & visit us at:* www.ugmsac.com Facebook.com/UGMSAC





SOCIAL in your life.

Meet your friendly neighbors and experience the warm welcome of Atria Carmichael Oaks. Join us!



Art Healing for Seniors Sunday, March 8 | 6 pm

Connect to your creative side and learn how art can be therapeutic for older adults. All levels of artists are encouraged to attend.

St. Patrick's Pub Party

Saturday, March 14 | 2 pm Come dressed in green and celebrate with us during this festive event. Enjoy live music from Encore Cafe, Irish fare and green beer.

Happy Hour Friday, March 20 | 3 pm

Gather with us for hors d'oeuvres, cocktails, dancing and live music from the West Sacramento Community Singers.

Space is limited for these events – RSVP at **916.993.5039.**

To view all of our upcoming events, visit www.atria-carmichaeloaks.com.



INDEPENDENT LIVING ASSISTED LIVING MEMORY CARE

8350 Fair Oaks Boulevard | Carmichael

License #347005251



Kings on the Road and Road Warriors

The hardest part of the professional-sports lifestyle has got to be all the time spent on the road, flying around from city to city, waking up wondering "Where am I?"

All the days spent away from home and family and living out of suitcases has to be tough. It might be a whirlwind of excitement for awhile, especially for the younger players, but at some point it has to grow old and tiresome.

In the concentrated post-All-Star Game NBA schedule the traveling can cause some real problems, unless you are LeBron James —- because they never call traveling on King James (Hello, Cleveland!).

The team sleep specialist will probably be kept quite busy during the Sacramento Kings' current nightmare road trip than began Tuesday in New York. The struggling Kings are faced with playing in eight cities in twelve days, including games on back-to-back nights three times. In one stretch they will have four games in five nights.

The team will cover over 9,300 miles through the trip that consists of stopovers in San Antonio, Orlando, Miami, Atlanta, Charlotte, Philadelphia and Washington. Jack Kerouac, Willie Nelson and Roger Miller would be proud.

It seems as though the boys would have no time at all to enjoy The Big Apple, the River Walk, Disney World, South Beach, the World of Coca Cola, Carowinds Amusement Park, Independence Hall or our nation's capital along the way.

Unfortunately, unlike the Harlem Globetrotters, these gypsies will not be winning every game, based on recent history. The Kings hit the road with a 20-37 overall record, 7-18 away from home — fifthworst in the NBA.

It has been a rough, low road for quite some time for the Kings, now playing out the

string of their ninth straight season missing the playoffs after having reached the postseason in eight straight years under coach Rick Adelman. (Why did they ever let him go anyway?). The hope is that recently-hired veteran coach George Karl, the third coach this season and ninth since Adelman left, will eventually turn things around. The two-time cancer survivor has led his teams into the playoffs 22 times over 25 seasons and is the sixth-winningest coach all-time with 1,133 victories (Adelman, now retired, is eighth at 1,042).

Down the freeway in Oakland, the Golden State Warriors are in the fast lane on the high road, battling day-today with the surprising Atlanta Hawks for the best record in the league. With four of five starters having five years or less in the league, the W's figure to be riding high for some time to come. This season will mark their third playoff appearance in a row, after making only one in the previous 18 seasons.

After completing a sixgames-in-nine-days "roady" Monday, the Warriors were 46-12 overall, 22-10 on the road — second only to the Hawks — and a healthy 19-5 against the Eastern Conference after splitting the six games that took them to Indiana, Washington, Cleveland, Toronto, Boston and Brooklyn. That also finished off a stretch of 12-of-15 away from Oracle Arena.

It looked as though it was really wearing on the Warriors in the fifth game of the trip in Boston, as they fell behind by 26 points before rallying for the biggest comeback in the league this season behind Steph Curry's 37 points, 106-101.

Coach Steve Kerr spoke of "the importance of being poised" after that win. But poise and Curry would not be enough in the finale. After

stealing one from the Celtics, the Warriors reached their hotel in Brooklyn after 3 a.m. the next morning for a game that night. Kerr knew it would be a test, but acknowledged that everybody has to play a difficult regular-season schedule. "That's just the way it is."

The Warriors were clearly off their usual game against the Nets, trailing by double-digits most of the game and were still down 10 points with less than four minutes left. The Nets may have been running out of gas, too, playing their first home game in 24 days, and squandered the lead as Curry scored 18 fourth-quarter points and the Warriors tied the game 108-108 with seconds remaining. But former Warrior Jarrett Jack connected on the game-winner with 1.1 seconds left.

Coming up on Golden State's schedule later in March the Warriors host Washington before heading north to play Portland the next night, kicking off a period of seven of eight games on the road over fifteen days — that will make the one home visit feel like a road game. Brutal. The Kings still have future trips of four games in eight days and three games in five days. That record will not be looking too good by season's end.

But hard-working fans of the teams are not about to be lending any shoulders for NBA players to cry on, knowing that they are paid like superstars, treated like kings and granted first-rate accommodations everywhere they go.

This is all just to say that battling the rigors of the NBA schedule is a challenging path to navigate to reach the playoffs, and you can't win them all. It's all about preparing and positioning your team to be the one holding the hardware after a victory in the grand finale of the playoffs --- the second season.

Free Weekend Activities at the Nature Center

CARMICHAEL, CA (MPG) - Spring is just around the corner and you can get your fill of fresh air, birds, and flowers at the Effie Yeaw Nature Center (2850 San Lorenzo Way), which is hosting a series of free, fun, and informational events this March. offers lots of fun activities for everyone to enjoy. There is a \$5 per car county entrance fee into Ancil Hoffman Park (free to members). Donations are

gratefully accepted. Take a Bite Out of Nature: On Saturday, March 7th at 10:30 a.m., you can get answers to the following questions: What are herbivores, carnivores, and omnivores? How can you tell which animals are which? Then you can check out the skulls and teeth of various animals and see if you can figure out what they eat!

Endangered Species: On Sunday, March 8th at 1:30 p.m., join a Naturalist and explore endangered plants and animals of our area and find out how you can help.

For more information about the Effie Yeaw Nature Center, please call (916) 489-4918 or visit www.sacnaturecenter.net. Source: Effie Yeaw Nature Center





Are You Carrying Bricks In Your Backpack?

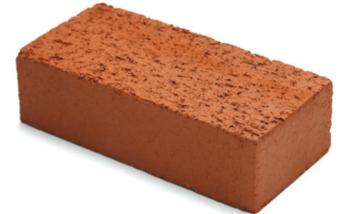
Procrastination! Ugh! What a word that is. But, we're all guilty of it - whether it's putting off laundry or doing your taxes - it's usually related to some task or chore we just don't want to do.

The same is true about making final arrangements. Who wants to think about, or talk about, death. And with so many more fun things to spend our money on, who wants to pay for it?

Well, just like taxes, death is something unavoidable, and when it's done - what a relief that is. You can then unload that brick from your backpack and have some peace of mind. If you still need motivation, consider these points:

- You get to arrange what you think is best and not expect family members to know your wishes
- You can know that once your pre-arrangements are made, your wishes will be carried out
- You get to relieve your family from that burden of planning your funeral when they are grieving
- You can minimize disputes between your well-meaning relatives
- You can set up affordable monthly payments so the financial burden does not fall to your surviving family members
- You will show your love in a way your family will never forget

We hope these tips are useful. Call us today for an appointment and let us help you unload some bricks from your backpack!



Come to one of our Monthly Free Luncheon Seminars to find out more about how you can lighten your load and receive tremendous peace of mind.

Friday, March 27 Friday, May 28 Thursday, June 25 11:30 am to 12:30 pm 11:30 am to 12:30 pm

(Dinner) 6:30 pm to 7:30 pm

Sierra Hills Memorial Park & East Lawn Mortuary 5757 Greenback Lane, Sacramento, CA 95841 Tel 916.732.2020 Lic. #FD-1242

RSVP: Shannon at shannonb@eastlawn.com

Reservations Required, Please RSVP to the location of your choice. Seating is limited to 30 attendees per seminar.

Check our website for other locations, dates and times.



www.EastLawn.com

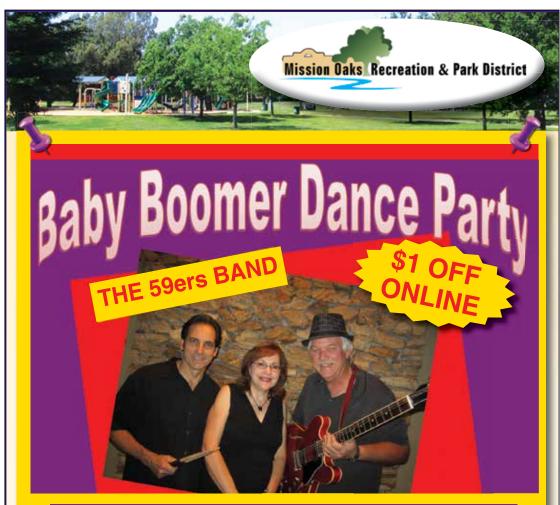


COMPANY CULTURE EXPERTS > TRANSFORMING LEADERS WORLDWIDE SINCE 1989

Since 1989, BusinessCoach.com has been transforming businesses and lives. Our holistic relationship-oriented approach to creating vibrant and healthy workplaces comes from a core belief that every human being has greatness inside them. Our passion is to work with companies that have a commitment to be great and want to learn how to create and implement a culture where people are thrilled to work.



2830 G Street, Suite 210, Sacramento, CA 95816 USA Office: 916-922-7766 | Email: info@businesscoach.com



Let's get the party started

Rock & Roll 60's, 70's, and 80's Dance Band



Friday March 13 • 7-9pm DOOR PRIZES * REFRESHMENTS Cost: \$5 online or \$6 at the door

Come Dance for Fun * No Partners needed

MISSION OAKS COMMUNITY CENTER

MISSION OAKS RECREATION & PARK DISTRICT Office Hours: 8 am–5 pm Registration Hours: 8:30am-4pm Monday-Friday www.morpd.com DISTRICT OFFICE (916) 488-2810 • Fax (916) 488-4349 3344 Mission Ave., Carmichael, CA 95608

MISSION OAKS COMMUNITY CENTER (916) 972-0336 • Fax (916) 972-7371 4701 Gibbons Dr., Carmichael, CA 95608

SWANSTON COMMUNITY CENTER (916) 333-6464 • Fax (916) 488-4349 2350 Northrop Ave., Sacramento, CA 95825

Carmichael Dental Group

DØ



NGW PAUGUUS WOODOOL In House Implants Start to Finish

\$1,500 OFF 2 Implants with 2 Attachments

to Upper or Lower Denture

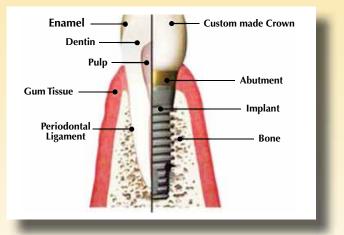
Limited time offer. Terms and conditions may apply.

\$500 OFF Single Implant with Crown

Limited time offer. Terms and conditions may apply.

for New Patient Exam, X-Rays & Cleaning

Limited time offer. Terms and conditions may apply.



Single Implant



Multiple Implants



Combination Implants and Dentures

8329 Fair Oaks Blvd., Ste A • Carmichael, CA 95608 (916) 944-1197 www.carmichaelCAdentist.com