



## Carmichael Comes Clean

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## PLUS: Fall Concert at Pioneer Park

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# Carmichael Times

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Serving Carmichael and Sacramento County since 1981

October 2, 2014

### Anthony Ramos Earns Eagle Scout



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### American Canyon Wolves Take Down Eagles



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### Your Chance to Meet the Candidates



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## Who Let the Dogs In? Off-Leash Facility a Hit with Hounds



Park District VIPs and Canine Corral members recently rejoiced in upgraded dog facilities at Carmichael Park. Assemblyman Ken Cooley (kneeling) took ribbon-cutting honors. Pooch patrons joined the photo-opp.

Story and photos by Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - It's been a long time coming. But in Carmichael Park recently, every dog had its day.

After 14 years of campaigning and planning, Canine Corral Association and Park District representatives dedicated new canine facilities. No sooner was the ribbon snipped than 80 excited dogs and owners paraded into the play areas. Unleashed, four-legged decorum went to the dogs. Ecstatic canines caroused in a wordless kinship known only to mutt-kind. Plastic bags at hand, owners were well behaved, too. "Good owners make for good dogs," approved Canine Corral volunteer Joan Lutz. "They clean up. They respect others people's pets. They support projects that benefit us all—like this."

Carmichael Park Administrator Tarry Smith first noted the pristine state of amenities and told patrons to treasure that memory. "It'll never look this good again," he predicted. "We'll keep up with maintenance, but after all, up to 4000 dogs per month will be using it."

In response to a petition circulated by activist Laverne Shell, Carmichael Park District provided the area's first off-leash park in 2000. Greatly used in dry months, the area became a winter mud paddy and potential health hazard. Visionaries campaigned for a landscaped corral with walking paths and dog-wash stations. Separately fenced enclosures would allow petite pooches to carouse apart from boisterous, large breeds. Proper drainage

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Installed as décor, a vintage fire hydrant was well and truly baptized.

## Tradition of Hiring Continues at 23rd Fall HIREvent

**SACRAMENTO, CA (MPG)** - Jobseekers have been connecting with employers for over two decades at Sacramento's Annual Fall HIREvent, and the tradition continues at the Crowne Plaza hotel on Tuesday, October 7th.



Dozens of representatives from private and public-sector organizations will be seeking to fill rewarding positions in a wide variety of fields at this free event. Those who want to make the most of this opportunity should dress professionally and be prepared to make a positive first impression with recruiters who are eager to hire. Employment experts will also be available for complimentary one-on-one resume consultations.

Sacramento's 23rd Annual Fall HIREvent takes place on Tuesday, October 7th, from noon to 4 pm at the Crowne Plaza of Sacramento, 5321 Date Avenue, near Madison Avenue and I-80.

For more information, visit JobJournal.com and click on "Job Fairs" or call 888-THE-JOBS (843-5627).

Source: JobJournal.com

**WE SUPPORT OUR MILITARY**

## Like the Weather, Capitol Growth Cools Off in Q4

**SACRAMENTO REGION, CA (MPG)**

- Customer service, sales, manufacturing, and drivers are in high demand among Sacramento's top employers in October, November, and December. Making, storing, distributing, and selling products is driving hiring in the next Quarter. Truck drivers able to pass background, DMV, and drug tests can find work with bottling plants, regional distribution centers, materials suppliers, local delivery, and manufacturers.

Pacific Staffing has discovered

that a robust hiring market in the last Quarter has maintained its pace into the last three months of 2014 among the region's top companies. One difference noted is the change in motivation for hiring as learned from direct phone contacts with regional companies between August 21 and September 12, 2014.

While seventy percent (70%) of top employers surveyed say they will hire in Q4, growth hiring among those firms has fallen from Q3 levels. The Pacific Staffing

Survey shows more Sacramento employers will seek applicants for attrition to replace openings in the existing workforce in October, November, and December than for continuing expansion.

Sacramento regional employers say forty-eight percent (48%) of Q4 hiring is motivated by the need for attrition. Hiring for replacements dropped slightly, from fifty percent (50%) in Q3, while employers motivated to hire for growing the workforce has fallen further as forty-three (43%) will

hire for growth in the last three months of 2014. While growth hiring has dropped by seven percent (7%) from last quarter it remains at a higher level than recent years for this Quarter.

Skills Demand?

Seasonal hiring was noted by eight percent (8%) of firms, and every retailer surveyed is hiring for the next three months indicating a likely increase in holiday help in stores. Drivers remain in short supply, as companies also sought sales, customer service, manufacturing,

warehouse and general office help. Finding qualified applicants and retention of workers trailed only concerns about increasing benefit costs for employees for open enrollments in this Quarter.

The demand among all companies for degreed professionals in information technology, software development, mobile networking and other proprietary technical skills like construction estimators is ongoing. Another shortage noted was for construction trades

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*"I'll be a voice for parents, restore fiscal sense, and hold teachers, administrators and students accountable."*

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PRESORTED STD. US POSTAGE PAID PERMIT 350 Carmichael, CA Change Service Requested

# Award-Winning Carmichael Eagle Scout, Anthony Ramos

**CARMICHAEL, CA (MPG)** - Carmichael Eagle Scout Anthony Ramos was chosen as the 2014 Sacramento County Office of Education Operation Recognition Essay Winner. The annual Operation Recognition program honors local veterans who left high school to serve in the U.S. military. Anthony attended the Diploma Ceremony and read his essay "Those Who Serve...Gave So Much." It was very inspiring, and the carefully chosen words, "all those who serve endure sacrifices that last a lifetime," really captured the essence of the theme and sent a powerful message about the sacrifices our veterans continue to make for our country.

Anthony Ramos, an Eagle Scout from Carmichael Boy Scout Troop 55, indicated that his desire to participate in the essay contest for this year's theme "How Our Veterans Exemplify Courage and Sacrifice" was based on his scouting experiences and his interactions with veterans throughout our community. From those early days in Cub Scouts of learning to fold the flag and the importance of making sure each fold was perfect, to his years in Boy Scouts presenting the flags at monthly Carmichael Recreation and Park District meetings and community events, he has gained a deep appreciation for the flag, those who have served our country, and all it stands for.

Anthony has been involved in scouting as long as he can remember. His older brother, Matthew Ramos, also an Eagle Scout from Troop 55, had him cleaning creeks, collecting canned foods and building bird houses before he could officially join Cub Scouts. Anthony became a Tiger Cub in Pack 335 in September 2003, and after earning his Arrow of Light, he bridged to Boy Scout Troop 55. He completed his Eagle project, laying a 10 X 10 brick pad and



**Carmichael Eagle Scout Anthony Ramos was chosen as the 2014 Sacramento County Office of Education Operation Recognition Essay Winner. The annual Operation Recognition program honors local veterans who left high school to serve in the U.S. military. Anthony attended the Diploma Ceremony and read his essay "Those Who Serve...Gave So Much." Anthony is a senior at El Camino Fundamental High School where he is Captain of the Cross Country Team, Treasurer for Tech Club, and a Calculus tutor. He will be pursuing a BS degree in Mechanical Engineering this coming fall. Photo courtesy of Troop 55**

building two six foot benches for the Kiwanis Family House, and earned Eagle on December 13, 2011 at the age of 14. Anthony is an active member of his troop and is currently serving as Junior Assistant Scout Master. He has completed over a thousand hours of community service, many of which have been through Kiwanis Club of Carmichael, Charter Organization for Troop 55, and the Carmichael Recreation and Park District.

He is thankful for the many opportunities scouting has provided him and is looking forward to his last outing as a scout at the upcoming Eternal Flame weekend, the annual United States flag retirement ceremony. Anthony will be an Assistant

Scout Master in December, so he'll still be around sharing his skills and leadership and helping the community.

Anthony is a senior at El Camino Fundamental High School where he is Captain of the Cross Country Team, Treasurer for Tech Club, and a Calculus tutor. He will be pursuing a BS degree in Mechanical Engineering this coming fall.

Anthony, thank you for all your leadership and service and for representing our troop so well.

If you are interested in learning more about Boy Scouts or Troop 55, please contact BSA Golden Empire Council or visit <https://sites.google.com/site/troop55gce/home>.

Source: Arlene Ramos

# Painters Union, Kelly-Moore Paints Team Up for Charity

**SACRAMENTO REGION, CA (MPG)** - Thanks to their gracious philanthropic partnership, Kelly-Moore Paints and the International Union of Painters and Allied Trades (IUPAT) will give Sacramento's Kiwanis Family House a much-needed facelift prior to the coming fall and winter. On Monday, August 25th, the labor organization will deploy members of its apprenticeship and Job Corps programs to the nonprofit's facility on the campus of UC Davis Medical Center to begin a month-long effort to repair and paint the exterior of the Kiwanis Family House. Kelly-Moore Paints is donating all of the needed materials.

Chris Christophersen, Business Manager for IUPAT District Council 16, stated "I am extremely proud to see Job Corps, the IUPAT apprenticeship program and the members of District Council 16, along with their Volunteer Activist Committees, coming together on a worthwhile project like the painting of the Kiwanis Family House. I would also like to thank our industry partner Kelly-Moore for its donation of materials for this great cause."

Ken Rigmaiden, IUPAT General President added, "I commend the Kiwanis Family House for all the great things they do for families in need within the UC Davis Health System. It is our pleasure to combine the efforts of the IUPAT with Kelly-Moore to get this project completed. Opportunities to grow our community partnerships are



**Thanks to their gracious philanthropic partnership, Kelly-Moore Paints and the International Union of Painters and Allied Trades (IUPAT) will give Sacramento's Kiwanis Family House a much-needed facelift prior to the coming fall and winter. Photos courtesy of Kiwanis Family House**

a top priority for our membership and it is an honor to make a difference for this great organization."

"Kelly-Moore Paints is pleased to partner with the International Union of Painters and Allied Trades on the Kiwanis Family House," commented Peter Keeskes, local sales representative for Kelly-Moore. "It is our goal to continue to give back to the communities we serve in business, and this is a special opportunity for us to do so. Our products are just a small way for us to help. We plan to help serve in other ways during this month-long endeavor, and look forward to making new relationships during the course of this very special project."

The Kiwanis Family House,

which is celebrating its 30th anniversary this year, provides lodging and related services to family members as they support seriously ill or injured loved ones hospitalized at either UC Davis Medical Center or Shriners Hospital for Children of Northern California. It serves as a place of respite as they deal with medical crisis away from home.

In its history, the Kiwanis Family House has hosted more than 25,000 families from every state in the United States and from 21 foreign countries. The current facility, which opened in 2006, offers 24 guest rooms and serves approximately 150 families each month.

"The generosity of Kelly-Moore Paints and the International Union of Painters and Allied Trades mean so much to us and to the guest families who stay with us," stated Dan Germain, Executive Director of the Kiwanis Family House. "Their contributions ensure that the Kiwanis Family House will remain a safe and comfortable place for family caregivers to call home during periods of stress and uncertainty."

For more information, contact Dan Germain, Executive Director of the Kiwanis Family House, at (916) 736-0116 or [dgermain@kiwanisfamilyhouse.org](mailto:dgermain@kiwanisfamilyhouse.org).

Source: Kiwanis Family House



**In its history, the Kiwanis Family House has hosted more than 25,000 families from every state in the United States and from 21 foreign countries. The current facility, which opened in 2006, offers 24 guest rooms and serves approximately 150 families each month.**

# Moratorium Lifted on New Grocery Stores for Women, Infants and Children Program

**SACRAMENTO, CA (MPG)** - Full-line grocery stores that have not previously participated in the California Women, Infants and Children (WIC) program will be able to apply for authorization to participate beginning today it was announced by Dr. Ron Chapman, California Department of Public Health (CDPH) director and state health officer.

"This positive step will help improve availability and access for the 1.4 million women, infants and children who participate in the California WIC program," said Dr. Chapman.

To address rising food costs in the California WIC program, the United States Department of Agriculture (USDA) in 2012 continued a moratorium on the addition of new vendors into the program so that CDPH and

USDA could develop and implement strategies to contain costs and ensure program integrity. Today, USDA notified CDPH by letter that the moratorium can now be lifted for the additional stores.

In June, USDA partially lifted the moratorium to include additional locations for stores that already had a master contract with the WIC program. Since that time, 167 stores have been added to the program. It is estimated that an additional 100 stores will be added statewide in this second phase.

"USDA and CDPH continue to work together to ensure the strategies now in place are effective in containing food costs and comply with federal regulations and mandates," said Dr. Chapman.

The moratorium to add the

remaining vendors will be lifted by USDA in a third phase at a later date. California currently has approximately 4,400 authorized stores that participate in the WIC program.

California WIC provides access to healthy supplemental foods, nutrition education, breastfeeding support, and referrals to healthcare and community services for the infants, children and pregnant or post-partum women it serves. WIC spends approximately \$86 million each month on food.

At the federal level, WIC is administered by the United States Department of Agriculture (USDA), and California's WIC Program is administered at the state level by CDPH.

Source: California Department of Public Health



## Announcements & Events

**SPANISH CLASSES FOR KIDS**  
AGES 5-12, T/TH, 4:45 - 6:20PM  
Starts October 21

ihola!

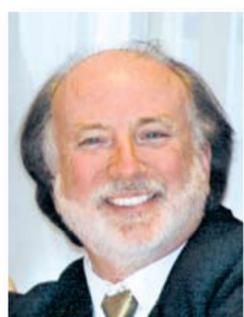
Spanish



**BABY BALLET & GYMNASTICS**  
AGES WALKING - 4 YEARS, TUES  
9 - 9:45AM  
Starts October 7

**Both classes held at La Sierra Community Center**  
**Call 483-7826 for prices and info**

**For registration & other information call the District at (916) 485-5322 or visit our web page at [www.carmichaelpark.com](http://www.carmichaelpark.com).**



**Publisher,  
Paul V. Scholl**

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## Your Chance to Meet the Candidates



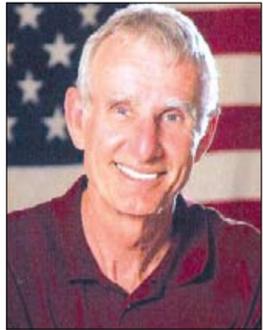
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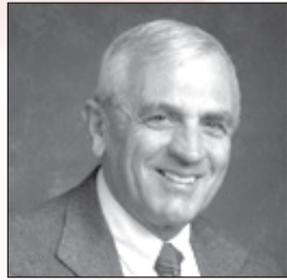
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Michael McKibbin



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C.J. Jawahar

**CARMICHAEL, CA (MPG)** - The Carmichael Chamber of Commerce and the Carmichael Times are hosting a Candidate Meet & Greet on Thursday, October 9 from 7:00 pm - 9:00 pm at La Sierra Community Center, 5325 Engle Road in Carmichael.

"The reason the Carmichael chamber is doing this is that we want the people of Carmichael to have this valuable information so they will be informed voters when they go to the polls in November," said Linda Melody, executive director of

the Carmichael Chamber of Commerce.

Admission is free. All candidates running for Congress on down have been invited. Hear from the candidates and have an opportunity to chat with them at their booth. You'll be able to pick

up promotional materials from the candidates. Light refreshments will be served. RSVP to the Carmichael Chamber at 916-481-1002. ★

Source: Carmichael Chamber of Commerce

## Blessing of the Animals at the Sacramento SPCA

**SACRAMENTO, CA (MPG)** - On Saturday, October 4, 2014, the Sacramento SPCA will host five local Franciscans at its shelter at 6201 Florin-Perkins Road to provide blessings to both shelter and public animals. Public animals will be blessed from 11 a.m. to 1 p.m.

People of all faiths are invited to bring their pet(s) for individual blessings. The event is free and will take place outdoors (rain or shine) on the promenade in front of the Sacramento

SPCA Adoption Center. Dogs must be on leash while cats and other small animals must be in a carrier. A pet food donation to the local pet food pantry is encouraged.

Around this time every year, millions of people from around the world have their pets blessed during an annual blessing of the animals ceremony. The event is held in celebration of the Patron Saint of Animals, Saint Francis of Assisi, and his love for all animals.

Arranged by one of its volunteer dog walkers, Friar Cindy Haug-West, this is the second blessing of the animals the Sacramento SPCA has hosted. Friar Haug-West will be joined by fellow Franciscans from the Ecumenical Order of Saints Francis and Clare in Sacramento.

For more information, please visit [www.sspca.org/blessing](http://www.sspca.org/blessing) or call (916) 504-2847. ★

Source: Sacramento SPCA

## My Vision for Sacramento Suburban Water District: Safe, Reliable & Affordable Water

By Brenda Davis

**CARMICHAEL, CA (MPG)** - As a candidate for Sacramento Suburban Water District, Division 5, I am committed to delivering ratepayers a safe, reliable and affordable source of water.

One look at Folsom Lake or the American River and we can clearly see that California is facing a historic drought of enormous proportions. Failure to have reliable and affordable water threatens our economy, jobs and home values. If elected, I will work diligently to ensure that facilities are properly maintained and improved.

We need the means to store more water for times of drought and maximize the benefits of conservation efforts. This failure of leadership is why we do not have sufficient water supplies and face higher water bills. Ratepayers need to be assured that they are getting the best value and services.

Who you elect to this important post does matter. As a water lawyer and small business owner, I have 35 years of experience in private practice and public service working as a California Deputy Attorney General, a water board member and a federal/state water contract negotiator to assist in the management of our cherished resources. Having worked with local, state and federal agencies, I know the importance of overcoming political barriers and challenges.

I will use my experience and relationships to advocate for more reliable water supplies, better maintenance and management and, when necessary, improvements to reduce costs so that our current and future water needs are addressed every day, come rain or drought.

I have a vision, and I have the experience, both



We need the means to store more water for times of drought and maximize the benefits of conservation efforts. Photo courtesy of Brenda Davis

of which I can put to work for you. Please visit [www.BrendaDavis.net](http://www.BrendaDavis.net) to learn more about my vision of a safe, reliable and affordable source of water. I look forward to hearing from you and learning how I can best represent ratepayers.

Thank you for considering me on Election Day, November 4th. ★



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## VOTE FOR A SAFE, RELIABLE AND AFFORDABLE SOURCE OF WATER

California is facing a historic drought of enormous proportions; just take one look at Folsom Lake or the American River. As a water attorney and small business owner, I understand that the failure to have reliable and affordable water threatens our economy, jobs and home values.

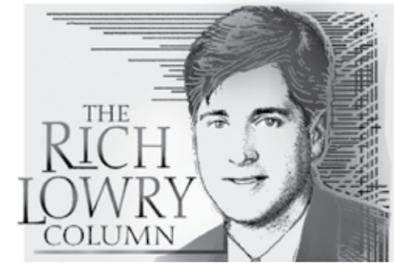
I am committed to ensuring a safe, reliable and affordable source of water, both now and for future generations. Thank you for your consideration.



Sacramento Suburban WATER DISTRICT BOARD DIVISION 5

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THE RICH LOWRY COLUMN  
By Rich Lowry

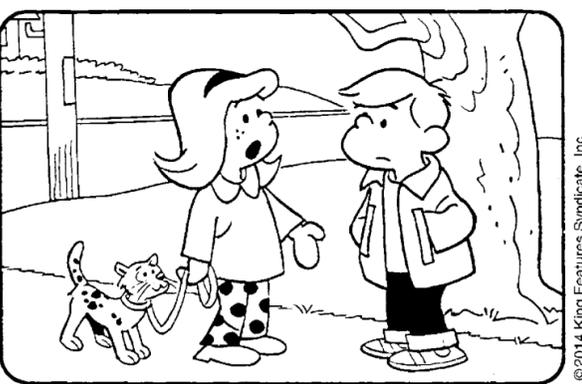
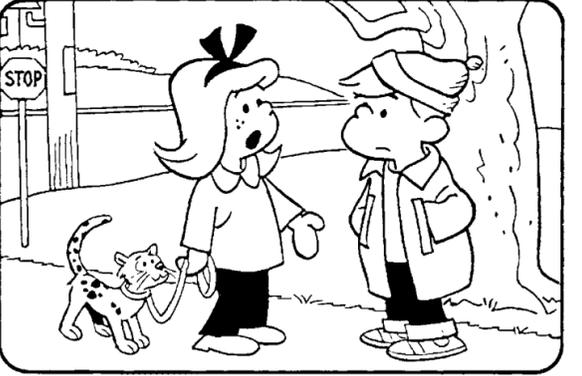
**Congress Should Vote on ISIS**

We have as close to a national consensus as possible in the war against ISIS. Polls show the public wants strong measures. Practically everyone on the political spectrum says the terror group should be destroyed, even Elizabeth Warren and Rand Paul. President Barack Obama has given a prime-time speech committing the country to a yearslong war. And yet Congress can't bring itself to vote to authorize military action. President Obama doesn't want to ask for an authorization, and Congress doesn't want to be asked. Who says that no one can get along in Washington? When it comes to evading democratic accountability, the consensus is broad and deep. The advantages of an authorization are

obvious. It would be an unmistakable statement of national will. It would communicate to our allies our seriousness. It would put everyone on record, making it harder for finger-in-the-wind members of Congress to bail out. Even more obvious is the alliance of convenience between President Obama and Congress to avoid a vote (except on the more limited mission of arming and training Syrian rebels). So the president rummages around his desk drawers searching for a legal basis for his war, while Congress mumbles and looks at its shoes. Such are the exertions of the nation's political branches as they embark on a long fight against an enemy of the United States. Even if it is unauthorized, the war against ISIS is not illegal. The president has the inherent authority as commander in chief to act against a threat to the United States, and Americans have been killed by ISIS. The problem is that under the War Powers Resolution -- a fetish of the left -- Congress must authorize military action 60 days after it is undertaken. So, unless the administration wants to openly defy the resolution, it would still need congressional authorization. It prefers, then, to argue that the war has already been authorized. It is relying primarily on the 2001 authorization

against those who "planned, authorized, committed, or aided" the Sept. 11 attacks, or "harbored" those who did. This has been taken as a broad mandate to hit al-Qaida or al-Qaida-allied groups. Its application to ISIS is dubious, though. ISIS didn't commit 9/11, and it is fighting al-Qaida rather than being allied with it. As backup, the administration says the 2002 authorization for the Iraq War still applies. This, too, is tenuous. The regime that constituted that threat is long gone. It wasn't long ago that President Obama was a scold about how important it was for Congress to authorize military interventions. It wasn't long ago that his administration considered the 2001 and 2002 authorizations dated and overly broad, and talked of their repeal. Now, he is happy to sidestep Congress by any legalistic parsing necessary. Just because the president doesn't want to push for an authorization doesn't mean Congress has to stand by the sidelines. Yet that is where it is happy to be. The fight against ISIS will be accompanied by fiery denunciations of the group's barbarism and ringing statements of resolve. It will include everything, it seems, but a congressional vote of authorization. How pathetic. Rich Lowry is editor of the National Review. (c) 2014 by King Features Synd., Inc.

**HOCUS-FOCUS** BY HENRY BOLTINOFF



CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below. DIFFERENCES: 1. Sign is missing. 2. Tail is shorter. 3. Stacks are different. 4. Bow is missing. 5. Hat is missing. 6. Coat is shorter.

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## California State Board of Equalization Announces New Appointments

**SACRAMENTO, CA (MPG)** - California State Board of Equalization (BOE) Chairman Jerome E. Horton announced the Board made two appointments at its September 23, 2014 meeting in Sacramento. Mark Durham was named Manager of Research and Statistics and Jill O'Connell was appointed Chief of the Financial Management Division. The appointments are effective immediately.

"I'm happy to announce the appointment of these two highly qualified individuals," Chairman Horton said. "Mark Durham and Jill O'Connell have distinguished themselves throughout their careers, and both bring a wealth of knowledge and experience to the BOE. My fellow board members and I offer our congratulations to Mr. Durham and Ms. O'Connell and wish them the best in their new positions - we know they'll do great."

Mark Durham has served the

State of California for 23 years. He worked as Deputy Chief of Operations at the Employment Development Department overseeing a \$65 million annual budget, personnel, policy, special programs, and data research for the Disability Insurance Branch. He has also held positions at the State Treasurer's Office and the California Public Employees' Retirement System. Mr. Durham helped implement the landmark Paid Family Leave legislation (SB 1661) in 2004. Mr. Durham earned a Bachelor's in Finance and a Masters in Business Administration from California State University, Sacramento. As the Research and Statistics Manager at the BOE, Mr. Durham reports directly to Legislative and Research Division Chief Michele Pielsticker. The Research and Statistics section provides economic and revenue forecasting and researches complex tax questions for legislative proposals and analyses, in addition to ensuring

accurate projections and public accountability.

Jill O'Connell has served the State of California for more than 26 years and currently serves as the FiSCAL Customer Impact Committee Chair. She worked as Chief of Accounting at the Employment Development Department (EDD) for five years. Previously, she held positions at the California Department of Corrections and Rehabilitation (CDCR) where she streamlined the administrative processes for the business information system. As Chief of the Financial Management Division, Ms. O'Connell will serve as the BOE's chief fiscal officer, overseeing budget development and preparation, and all of the BOE's accounting functions. Ms. O'Connell reports directly to the Deputy Director of Administration Edna Murphy. ★

Source: State Board of Equalization

## Who Let the Dogs In?



Congressional candidate and dog owner Doug Ose pressed paws with District 7 chums.

Continued from Page 1

was everyone's top priority. In line with Carmichael Park's Master Plan, phase-one improvements were \$70,000. Canine Corral supporters fundraised to contribute part of this sum; the park district provided the balance. From April of this

year, volunteers joined park staff in renovations that closed the facility until last weekend's grand reopening.

Additional improvements are planned. Fundraising to meet users' share of expenses is ongoing. To join or assist the Canine Corral Association, visit

www.carmichaelcaninecorral-assn.org.

The dog park is located near the North Avenue boundary of Carmichael Park. A pedestrian walkway to the reserve is near the Post Office on Fair Oaks Boulevard. ★

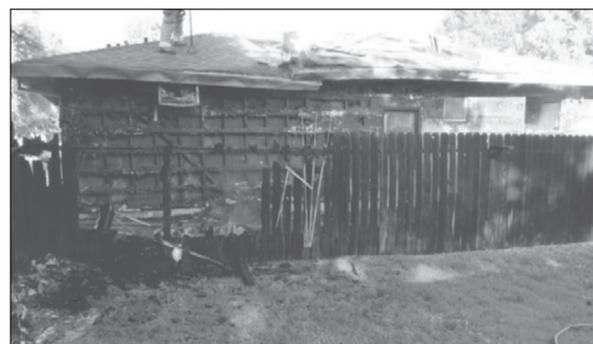
## Reports from Sacramento Metro Fire District

### Burn Barrel Starts Fire, Damages Arden Area Home

**SACRAMENTO, CA (MPG)** - Burn Barrel Starts Fire, Causing Significant Damage to Arden Area Home

Shortly after 8 a.m. on Tuesday, September 30th, Metro Fire crews were dispatched to the 4100 block of Hancock Drive for report of a fence and garage fire. The fire, which started in a burn barrel alongside the home, quickly spread from the fence to the garage and attic. A neighbor noticed the fire and after alerting the resident, began using a garden hose in an attempt to slow the spread.

Upon arrival, firefighters aggressively attacked the fire while ventilating the structure, containing the fire to roughly 30% of the home. No firefighters or civilians were injured in the fire, and damage is estimated to



be \$150,000.

Metro Fire reminds residents that burn barrels are considered open-burning, and are therefore not allowed within Sacramento County.

For more information, follow us on Facebook at <https://www.facebook.com/SacMetroFire>,

Twitter @metrofirepio, or visit our website at [www.metrofire.ca.gov](http://www.metrofire.ca.gov).

Forged from a long line of tradition, Sacramento Metropolitan Fire District (Metro Fire) provides professional and compassionate protection, education and service to all-risk emergency hazards and incidents. The District was formed in 2000 through the final consolidation of 16 predecessor departments in the Sacramento region. The combined District now consists of nearly 700 employees and serves an area encompassing 417 square miles that include Sacramento and Placer counties. Metro Fire is the seventh largest fire agency in the State of California. ★

Source: Sacramento Metropolitan Fire District





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Bring the entire family to this extraordinary concert season entitled **MUSICAL PORTRAITS** at the Crowne Plaza Sacramento Northeast.

A special performance of "Oh Mr. Sousa!" will be part of the Association of Concert Bands (ACB) convention Wednesday, April 8, 2015, 7:30 pm at the First Covenant Church in Rancho Cordova. Tickets \$10; ACB members free.

LOCATION: CROWNE PLAZA SACRAMENTO NORTHEAST, 5321 DATE AVE., SACRAMENTO 95841

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Contact Ph. (916) 489-2576 • [www.sacwinds.org](http://www.sacwinds.org)

🎵 **13th Season** 🎵

The Sacramento Symphonic Winds is a 60-piece adult symphonic band conducted by Dr. Les Lehr. Selections during the season will include *The Phantom of the Opera* by Lloyd Webber, *White Christmas* by Berlin, *Peter and the Wolf* by Prokofiev, *Suite of Old American Dances* by Bennett, a Broadway sing-a-long, and more!

**Save the Dates!**  
**October 19, 2014**  
**December 14, 2014**  
**and March 15, 2015**  
**2:30 pm**

## Honor a Hero, Hire a Vet Job and Resource Fair

**SACRAMENTO REGION, CA** - The State of California Employment Development Department, in partnership with the Sacramento Municipal Utility District (SMUD), Sacramento Employment and Training Agency, Sacramento Area Human Resources Association, DeVry University, and Starbucks are proud to be hosting the

Honor a Hero, Hire a Vet Job and Resource Fair on October 16th at the McClellan Lions Gate Convention Center, 3410 Westover St, Sacramento, from 10:00 a.m. - 3:00 p.m..

The job fair is free to all jobseekers, veterans and non-veterans. Job seekers will be able to meet with more than 100 employers and 25 supportive

services providers.

Workshops will offer skills development in behavior-based interviewing, resume preparation and applying for state jobs. Attendees will have opportunities for one-on-one resume review and career coaching. ★

Source: Sacramento Municipal Utility District

## Celebrating 30 Years of Adult Literacy Services

**SACRAMENTO REGION, CA (MPG)** - Thirty years ago this month, the California State Library launched California Library Literacy Services to provide tutoring to adults who need help improving their reading skills. Today, these programs enable 10,000 tutors to help 22,000 students at more than 800 libraries and other locations across the state.

At the same time, Sacramento Public Library became one of the first libraries in the state to offer Adult Literacy Services.

Sacramento Public Library is proud that one of our Adult Literacy students, Steve Tafoya, has become one of the faces of a statewide campaign to publicize this important work. California

Library Literacy Services has produced a video about Tafoya's story. "People who can read, they just take that for granted," Tafoya says in the video. "It just comes natural. But for me, it's different. I always wanted that."

A 13-year Army veteran who achieved the rank of sergeant, Tafoya first walked through the doors of the Southgate Library in February 2012. He met Library supervisor Christy Aguirre, who referred him to Adult Literacy Services. After many hours of dedicated work with tutor Anna Ramirez, he now reads so well that he's in his fourth semester of classes at Sacramento City College.

Tafoya, Aguirre and Sacramento Public Library

director Rivkah K. Sass also appear in a second video promoting statewide literacy services. "We're a nation of second chances," said Sass. "The library is the place to provide that second chance."

Some important statistics about literacy needs:

36 million American adults need literacy help, including more than 4 million Californians, according to the nonprofit ProLiteracy.

The most recent National Assessment of Adult Literacy found that 13 percent of adults in Sacramento County—more than 140,000 people—lack basic literacy skills. ★

Source: Sacramento Public Library PIC

## Shred Three Boxes for Free at October Shred Fest

**SACRAMENTO COUNTY, CA (MPG)** - BBB is hosting a free Shred Event on Saturday, October 11th, 2014, from 9:30 a.m. to 1 p.m. at Mel Raption Honda, 3630 Fulton Ave, Sacramento, CA 95821. Shredding provided by American Mobile Shredding. Don't just toss it, shred it!

Shred your first 3 boxes for free. For additional boxes, we request a

donation of \$3/box to benefit the Boys and Girls Club of Greater Sacramento. Standard letter storage boxes hold no more than 2 cubic feet of paper.

Directions: If you're going East on Business 80, take the Fulton Ave exit and turn left onto Auburn Blvd. Take the 1st left on Fulton Ave, and turn right onto Mel Raption Way before Mel Raption Honda.

If you're going West on Business 80, take the Fulton Ave exit and turn right on Fulton Ave, and turn right onto Mel Raption Way before Mel Raption Honda.

Signage will be visible on Fulton Ave.

For more information, call (916) 443-6843 or email us at [info@necal.bbb.org](mailto:info@necal.bbb.org). ★

Source: Better Business Bureau

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## Sacramento County DA Reports



### Recent cases of interest

**CASE: Jorge Martinez, Alfonso Carrillo & Christopher Aguirre (09/26/14)**

**PROSECUTOR: Deputy District Attorney Molly Steber, Career Criminal Prosecution Unit**

District Attorney Jan Scully announced today that the Honorable Steve White sentenced Jorge Martinez to 72 years and 4 months in prison, Alfonso Carrillo to 37 years and 8 months in prison and Christopher Aguirre to 15 years in prison.

On July 11, 2014, a jury convicted Martinez of 9 counts of robbery, assault with a firearm, felony evading an officer, being armed with a firearm, and the use and discharging of a firearm. Carrillo was convicted of 7 counts of robbery, assault with a firearm, assault likely to produce great bodily injury, being armed and personal use of a firearm. Aguirre was convicted of 5 counts of robbery, assault with a firearm, assault likely to produce great bodily injury and dissuading a witness. Aguirre also pled to a separate assault charge for shanking an inmate after returning to the county jail after closing arguments.

The three admitted Sureños gang members went on a crime spree from mid December 2011 to early January 2012. They robbed several fast food restaurants, a U-Haul and several telephone stores. They shot one of the employees in the leg before leaving the store. In all, there were 13 victims and one of the victims was robbed while working at his job on two separate days.

**CASE: Curtis Holford (09/26/14)**

**PROSECUTOR: Deputy District Attorney Nancy Cochrane, Special Assault & Child Abuse Unit**

District Attorney Jan Scully announced today that the Honorable Patrick Marlette sentenced Curtis Holford to 53 years to life in prison. On August 15, 2014, a jury convicted Holford of two counts of sexual assault against a child under the age of 14.

Holford was in Avenal State Prison serving a sentence for possession of child pornography. While in prison, he obtained a cell phone and began corresponding with the mother of the victim who was four years old. Holford convinced the mother to perform sexual acts with her son, which she did and then sent photographs to Holford.

The mother disclosed some information to the child's counselor, which led to an immediate investigation by the Sacramento County Sheriff's Department. While Holford was corresponding with the mother, authorities at the prison were contacted by the Sheriff's Department and a corrections sergeant found Holford in possession of the cell phone.

The mother is currently serving time after pleading no contest to conspiracy to molest her child. She was sentenced to 20 years in prison. Her name is not being released in order to protect the privacy of the child victim.

**CASE: Jefferson Cortez (09/26/14)**

**PROSECUTOR: Deputy District Attorney Kimberly Macy, DUI Vertical Prosecution Unit**

District Attorney Jan Scully announced today that the Honorable Michael Sweet sentenced Jefferson Cortez to 15 years to life in prison. On August 27, 2014, Cortez pled no contest to second-degree murder, driving under the influence of alcohol or drugs causing injury and possession of methamphetamines.

At approximately 1:30 a.m. on June 20, 2013, Cortez was seen driving on Del Paso Blvd. at a high rate of speed with no headlights on. He then drove onto I-5 going northbound. A witness then saw Cortez's car barreling down the highway at 85-90 mph going the wrong way, driving southbound on I-5 in the northbound lanes. At least four other witnesses, in four separate vehicles, reported Cortez's car coming at them with the headlights on doing nothing to alter his path, forcing them to swerve out of the way to avoid being hit.

Once Cortez neared the Arena Blvd. exit, he was travelling with his lights off and drove toward a Ford Explorer, crashing into it. Upon impact, Cortez's car became airborne and crashed into a Toyota Corolla. The driver of the Corolla died immediately. The five occupants of the Explorer suffered injuries including gashes; head, neck, shoulder and hip pain; bumps, scrapes, and several bruises.

Cortez was taken to the hospital for treatment. It was determined that he was under the influence of a stimulant and cannabis. A sample of his blood showed 0.12 mg/L of methamphetamine. When officers searched his car, they found a glass pipe and a baggie with a white substance. The substance was tested by the District Attorney's Laboratory of Forensics Services and was found to be 3.21 grams of methamphetamine.

This case was prosecuted by the Sacramento County District Attorney's DUI Vertical Prosecution Unit, funded by the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

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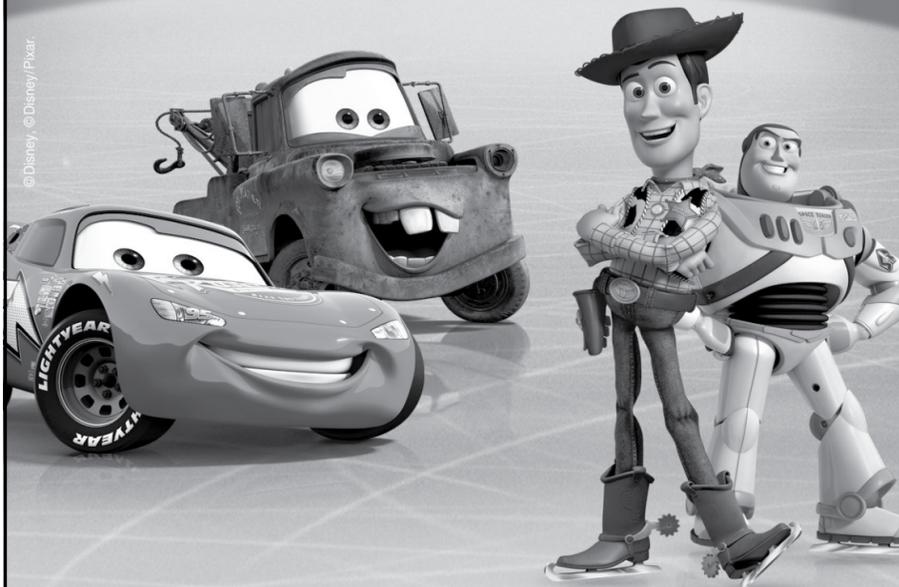
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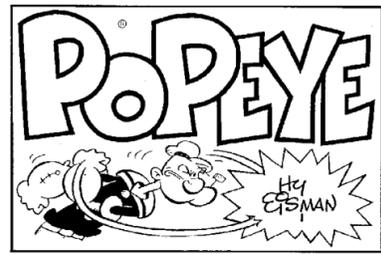
Find out by scheduling a Water Efficiency Survey with Carmichael Water District. This service is free to Carmichael Water District customers.

Our trained water conservation specialists will come to your home or business to check for leaks, offer free water saving devices, and recommend ways to help you save.

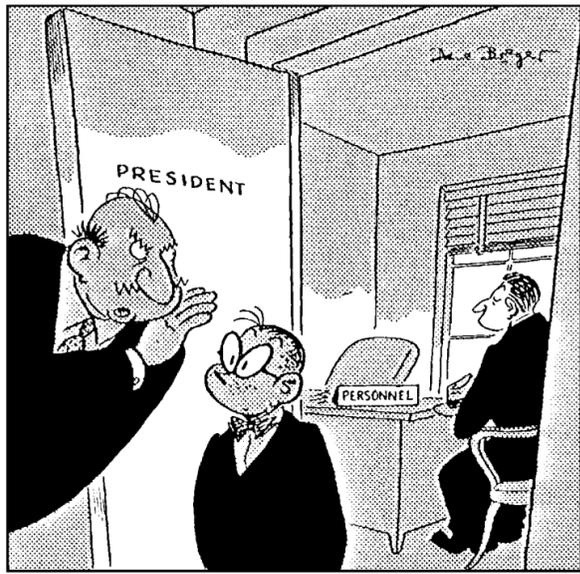
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**MISTER BREGER** By Dave Breger



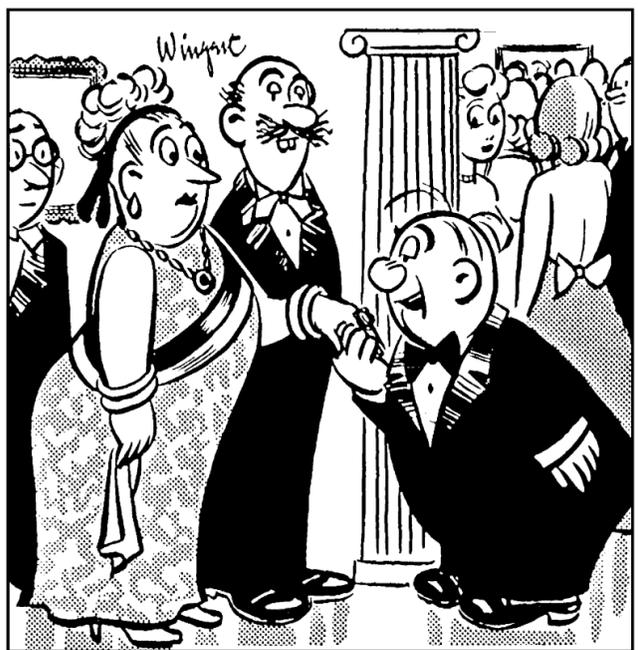
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### SACRAMENTO FINE ARTS CENTER, INC.

Contributing to the cultural life of the Sacramento community

#### Current and Upcoming Events

**Bold Expressions**  
Annual Open Exhibit  
September 30-October 25, 2014

**2014 Bold Expressions**  
One of the selected artworks "Pricks" by Emily Seeman  
2nd Saturday Reception October 11, 5:30-8:30pm  
Live Piano by Larry  
Closing Reception October 25, 4-6:30pm

**Ars Gratia Artis**  
Have you ever wanted to purchase art?  
Check out this event!  
Drawing Nov 30, 2014  
November 18-30, 2014  
Artists Donate Art Now!

Donated by Ed Chaney.

**"Visions 2014"**  
15th Annual Juried Photography Show  
October 28 - November 15, 2014

**NCA Board Members and Volunteers Exhibit Art in Gallery 3 & Foyer Gallery**

**Club Meetings:** Wash Inc. meets monthly on the second Monday alternating afternoon and evening meetings. 1:30 pm on odd months and 7 pm on even months.

**NCA All media, all styles.** NCA meets the second Wednesday of each month at 7:00 p.m.

**Photo Club Meets** • 4th Thursday 7 PM • **Fiber Arts Group Meets** 3rd Wednesday 10 am  
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## Salome's Stars

**ARIES (March 21 to April 19)** An upcoming trip could create some problems with your schedule unless you tie up as many loose ends as possible before you head out the door. Ask a friend or colleague to help you.

**TAURUS (April 20 to May 20)** Being eager to start a new project is fine. However, moving ahead without knowing what actually will be expected of you could cause a problem down the line. Ask some questions.

**GEMINI (May 21 to June 20)** Getting through some recent challenges in good shape might give you a false sense of security. Don't relax your guard. You need to be prepared for what else could happen.

**CANCER (June 21 to July 22)** Caution is still advised, even though you think you're as prepared as you need to be. Keep in mind that change is in your aspect, and you should expect the unexpected.

**Got Local News?  
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**LEO (July 23 to August 22)** The Lion's gift of persuasion helps you get your points across, even to some of your most negative naysayers. An old friend might seek you out for some advice.

**VIRGO (August 23 to September 22)** Being sure of your convictions is fine. But leave some room for dissenting opinions. You might learn something that could help you avoid a possible problem later on.

**LIBRA (September 23 to October 22)** Getting good legal advice on what your rights actually are is the first step toward resolving that pesky problem so that it doesn't re-emerge at a later date. Good luck.

**SCORPIO (October 23 to November 21)** Longtime relationships work well this week, whether they're personal or professional. It's also a good time to invite new friends and colleagues into your life.

**SAGITTARIUS (November 22 to December 21)** This is a good week to do the research that will help you uncover those irrefutable facts that can back you up on your new venture when you most need it.

**CAPRICORN (December 22 to January 19)** Change is an important factor in your aspect this week and could affect something you might have thought was immune to any sort of adjustment or "alteration."

**AQUARIUS (January 20 to February 18)** Being asked to share someone's deeply personal confidence might be flattering, but accepting could be unwise. Decline gracefully but firmly.

**PISCES (February 19 to March 20)** As wise as you are, you could still be misled by someone who seems to be sincere but might not be. Take more time to assess the situation before making any commitments.

**BORN THIS WEEK:** You like to face challenges that others might try to avoid, and by so doing, you set an example of courage for all.

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• "Save on children's clothes by buying after-season. Summer and winter clothes can be purchased a size or two ahead for next to nothing." — M.M. in Idaho

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## COUCH THEATER DVD PREVIEW

BY SAM STRUCKHOFF

COUCH THEATER -- DVD PREVIEW  
By Sam Struckhoff

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of October 6, 2014.

### PICKS OF THE WEEK



Tom Cruise in "Edge of Tomorrow"

**"Edge of Tomorrow" (PG-13)** -- Tom Cruise gets ripped apart by space aliens and resurrected over and over again until he gets it right. In this unfortunate futuristic setting, a powerful alien army is spreading over Earth. Cruise plays a military officer who's more of a spokesman than a rifleman -- until he mouths off and gets sent to the front line. He doesn't last long in combat, but whenever he dies, he just wakes up at the beginning of the day. Using his Groundhog Day power, Cruise does a little better each time.

The whole time, I wished I was the one with the video-game controller, and not watching somebody else play. The upside is that the movie looks like a game worth playing. The core gimmick of the movie is used to good effect, generating a rhythm of intense action.

### "A Million Ways to Die in the West" (R)

-- This Western parody shows that people didn't need epic gunfights and wild horse chases to die spectacularly in the Wild West, there were plenty of awful ways to die a humiliating and mundane death. Seth McFarlane, the creator of TV's "Family Guy" and the raunchy buddy-comedy "Ted," wrote, directed and stars in this rambling spoof. An A-list cast fills in the township where lowbrow jokes blow around like tumbleweed --

Charlize Theron, Amanda Seyfried, Neil Patrick Harris and Liam Neeson.

Like much of MacFarlane's work, the humor gives you a clear idea that a smart guy is writing the dumbest and grossest jokes he can get away with. While not every joke is a winner, the movie makes up in volume. However, the rapid-fire raunchy humor can wear on some audiences.

**"Obvious Child" (R)** -- Donna (Jenny Slate) tells her embarrassingly personal jokes in a tight stand-up club with a little audience. She's honest and awkward and refreshingly funny. However, her jokes about her relationship finally push her boyfriend to dump her, triggering a downward swing for Donna. In a subsequent one-night stand, Donna and her partner are both too drunk to figure out a condom. Later, when Donna realizes she's pregnant, the all too sweet-as-pie guy from her one-night stand starts to court her. This is the first starring role for Slate, who had a short stint on "Saturday Night Live," and she shows an astounding talent for balancing the heavy with the light.

### "The Grand Seduction" (PG-13)

-- Don't expect rays of white-hot seduction to emanate from your screen as Brendan Gleeson turns up the charm in this small-town dramedy. In an itty-bitty fishing village in a far-flung piece of coastal Canada, fishing is restricted and the townspeople have set their hopes on an oil company setting up a new factory. Trouble is, the company won't build unless the town has at least one doctor in its population, and the town has none. Gleeson plays the town's acting mayor, tasked with wooing a visiting young doctor (Taylor Kitsch) into taking up residence.

### TV RELEASES

"Rick & Morty: Season 1"

"Vikings Season 2"

"American Horror Story: Season 3 -- Coven"

"Psych: The Complete Series -- Limited Edition"

"Duck Dynasty: Season 6"

"The Following: Season 2"

"Adventure Time: The Complete Fourth Season"

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## Moments in time

THE HISTORY CHANNEL

• On Oct. 11, 1809, explorer Meriwether Lewis dies under mysterious circumstances at Grinder's Tavern in Tennessee. Most historians have concluded that Lewis' death was a suicide brought on by depression over financial worries, but some believe he was murdered, possibly by the tavern owner.

• On Oct. 12, 1810, when Bavarian Crown Prince Louis marries, the citizens of Munich are invited to attend the festivities. The decision to repeat the festivities the next year gave rise to the tradition of the annual Oktoberfest. Today, more than 1 million gallons of beer are consumed annually at Oktoberfest.

• On Oct. 8, 1869, future auto inventor and mechanic Frank Duryea is born. Duryea was the first automobile driver on the American road. In 1893, his Duryea Motor Wagon made its first successful trip, 600 yards down his street in Springfield, Mass., before the transmission blew.

• On Oct. 7, 1913, for the first time, Henry Ford's entire Michigan automobile factory is run on a continuously moving assembly line. A motor and rope pulled the chassis past workers and parts, cutting the man-hours required to complete one "Model T" from 12-1/2 hours to six.

• On Oct. 6, 1926, Yankee slugger Babe Ruth hits a record three homers against the St. Louis Cardinals in the fourth game of the World Series. In 1928, in another Yanks-Cards World Series, Ruth tied his own record, knocking three more pitches out of the same park.

• On Oct. 9, 1940, during the Battle of Britain, the German Luftwaffe launches a heavy nighttime raid on London, and a bomb pierces the dome of St. Paul's Cathedral, destroying the High Altar. The cathedral had been built, destroyed and rebuilt many times over the years beginning in 604 A.D. The current cathedral dates from 1710.

• On Oct. 10, 1973, Spiro Agnew becomes the first U.S. vice president to resign in disgrace. He pleaded no contest to a charge of income-tax evasion in exchange for dropping charges of political corruption, which included his practice of accepting bribes even while vice president.

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## The Garden Bug

### Moon folklore and fencing

Rail fences cut during the waning moon stay straighter. Wooden shingles lie flatter when cut during the dark of the moon. Fence posts should be set in the dark of the moon to resist rotting and should always be set as the tree grew; to set the root end upward makes for a short-lived fence.

Source: [www.almanac.com/content/farming-moon](http://www.almanac.com/content/farming-moon)

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FOOD REVIEW  
FEB 2013

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### CLUES

- CROSSWORD**
- ACROSS
- Like O'Shea or O'Toole
  - "\_\_\_ the season ..."
  - Peter the Great, e.g.
  - \_\_\_ Carlo
  - Bow shape
  - \*Model-building wood tree native to Brazil and Bolivia
  - Centrally localized
  - Romanian money
  - Dead-on
  - \*aka Yuca, South American food staple
  - \*Paraguay's neighbor
  - \*Argentine Dogo, e.g.
  - Excluded from use or mention
  - Dress like Ancient Greeks
  - It must go on!
  - \*Type of lizard
  - Competent
  - Descended to rest
  - Unlawful firing
  - Film \_\_\_ movie
  - Short skirts
  - Passed with flying colors
  - Relating to genes
  - To do as another says
  - \_\_\_ dance to country music
  - Relating to skeleton
  - Sea eagles
  - Drivers' licenses, e.g.
  - Financial aid criterion
  - Rare find
  - \*El Libertador
  - \*Nobel Prize-winning poet
  - Throat dangler
  - Clinton \_\_\_ Rodham
  - Japanese animation
  - Opposites of #41 Across
  - "\_\_\_ Got the World on a String"
  - Intro
  - "Guilty," e.g.
  - Listening organ
  - Ram's weapons
- DOWN
- International Monetary Fund
  - "A \_\_\_ of One's Own"
  - \*Cusco empire
  - Custer's last \_\_\_
  - Greek Sun God
  - Magnesium silicate
  - Anger
  - Resort activity that requires certification
  - De Niro's ride, 1976
  - Czech or Serb
  - Fungal spore sacs
  - Pro \_\_\_
  - White whale
  - Old Irish alphabet
  - \_\_\_-wan kenobi
  - Kid's room object
  - \*Popular South American dance
  - Double-reed instruments
  - Flash
  - Assortment
  - Caspian basin river
  - Computer code
  - Incessantly
  - \*Machu Picchu mountains
  - Great Lake
  - Bleacher feature
  - "The Playboy of the Western World" author
  - Painter's surface
  - Great Lake
  - Actress \_\_\_ Thompson
  - Angel Gabriel, e.g.
  - "Sesame Street" Muppet
  - Short story writer Alice
  - Protuberance
  - Track shape
  - Like jetsetter's accommodations
  - Hip bones
  - \_\_\_-do-well
  - Christian of fashion
  - End of grace
  - \*a.k.a. Evita
  - Emergency Medical Services

CROSSWORD													
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72						73			74				

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							8	6	9	4			
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5	1	6											

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 11

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Music Lessons

Guitar Lessons - Beginner to Advanced. \$10/half hour. \$15/hour. freddieballbert1@yahoo.com. 530-263-6926 (MPG 07-31-14)

Piano lessons for children and adults by experienced, creative teacher. Citrus Heights. For more information, visit www.anitraalexander.com, or call (916) 725-1054 (MPG)

Want to Buy

Retired Carmichael native looking for a 1950s or 60s Porsche for restoration project. Not running OK. I'm not a dealer or reseller. I sold my '63 years ago and always regretted it. Honest and friendly. 916-803-0480 Jack. (MPG 06-30-14)

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Painting Services

Anni The Painter One Room at a Time Okay! • Perfectionist • Fun Ideas • Kids Rooms • Cabinets • Bathrooms • Kitchens • Etc. New Molding Installs • Small Jobs OK! Lic # 733938 • Free Bids 916-532-6194

Personals

Lady wants a gentleman to correspond with & potentially meet. Christian or Jew, age around 80. Likes to travel, attend church, read. Loves animals. I have white hair, 5'7" tall, have 3 years of college. Like to sew & play board games. Phone (916) 496-5740 (MPG 08-31-14)

Looking for a special man. I am healthy and active and have many interests. Quiet time with a special person. Long or short trips, little theatre, dancing, cruising, dining and conversation. The ideal man should share some of these and be in his seventies. 916-967-6289. (MPG 10-31-13)

Pet Care

Give your pets great care while you're gone. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608. (MPG 12-31-13)

Pets/Animals

SPCA THRIFT SHOP The Real Non-Profit Helpless Animals Need Your Donations Will Pick Up Call 916-442-8118 1517 E Street for donations 10-4pm

Pet Care

Give your pets great care while you're gone. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608. (MPG 12-31-13)

Pets/Animals

SPCA THRIFT SHOP The Real Non-Profit Helpless Animals Need Your Donations Will Pick Up Call 916-442-8118 1517 E Street for donations 10-4pm

DOG RESCUE

Gary (916) 334-2841 Please Adopt or Foster Because so many really great dogs are dying for a good home... ShelterMOU@hotmail.com

Position Wanted

Classy Senior Lady with 16 yrs experience seeks caregiver/companion position including house-keeping, cooking, transportation, etc. Call 896-5882 (MPG 03-31-14)

Real Estate

HONEST LOCAL INVESTOR BUYS HOUSES FOR CASH... Call Me First!! Mike (916) 203-1585 mike@risproperty.com (MPG 02-28-14)

Real Estate Sales

Oregon Home For Sale On river 5 miles to ocean, well maintained 2brd 2ba 1/4 ac, fenced yard garden & sheds. \$119K. Low taxes. (720) 315-3252. Please ask for Russ. (MPG 07-31-14)

Volunteers Needed

LIKE TO PLAY BINGO? Support Veterans While You Play! Bingo Volunteers needed every Thursday, Friday, Sunday nights from 4-10pm at Sacramento Bingo Center. 916-533-9811. (MPG 03-31-14)

Hope for Troubled Homeowners

WE PROVIDE SOLUTIONS Call Our Short Sale Hotline for a FREE Consultation (916) 331-3311 Sac Short Sale Pros License #01128753 (MPG 06-30-13)

Volunteers Needed

LIKE TO PLAY BINGO? Support Veterans While You Play! Bingo Volunteers needed every Thursday, Friday, Sunday nights from 4-10pm at Sacramento Bingo Center. 916-533-9811. (MPG 03-31-14)

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Volunteers Needed

Legal Advertising Hotline  
916-483-2299  
Legal Advertising Fax  
916-773-2999

# LEGAL ADVERTISING

*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984*  
*Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969*

Legal Advertising  
P.O. Box 14  
Carmichael, CA 95609

**FICTITIOUS BUSINESS NAME STATEMENTS**

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-06893. Morgan Jones, 3140 Mountain View Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name "Stop Waiting For Friday" at 808 R Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County on August 22, 2014. Publish: September 11, 18, 25 and October 2, 2014  
STOP 140829 10-02-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-06915. Shojae Sangani, 2012 Sander Street, Woodland, CA 95776 is doing business under the Fictitious Business Name "Sacramento Pet Boarding and Resort" at 6844 Franklin Boulevard, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on August 22, 2014. Publish: September 11, 18, 25 and October 2, 2014  
SACRAMENTO 140829 10-02-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-06899. Camron Lee, 1730 U Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name "Silver Sake" at 4949 Marconi Avenue, Suite D, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on August 22, 2014. Publish: September 11, 18, 25 and October 2, 2014  
SILVER 140902 10-02-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-06320. Association of Gardeners, 2260 East Bidwell Street #2070, Folsom, CA 95630 is doing business under the Fictitious Business Name "LoveMyGardener.com" at 2260 East Bidwell Street #2070, Folsom, CA 95630. Filed with the Clerk of Sacramento County on July 31, 2014. Publish: September 11, 18, 25 and October 2, 2014  
ILOVEMY 140903 10-02-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-06236. Monica J. Rivas, 4420 Sonja Court, Placerville, CA 95667 is doing business under the Fictitious Business Name "L and M Property Management" at 4420 Sonja Court, Placerville, CA 95667. Filed with the Clerk of Sacramento County on July 29, 2014. Publish: September 11, 18, 25 and October 2, 2014  
LANDM 140905 10-02-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-06852. Harinder Singh and Gurpreet Kaur Ratia, 8258 Pinefield Drive, Antelope, CA 95843 are doing business under the Fictitious Business Name "Tera Tera Auto Body Repair" at 9648 Kiefer Boulevard, Suite M, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on August 20, 2014. Publish: September 18, 25, October 2 and 9, 2014  
TERA 140908 10-09-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-06853. Hainder Singh and Gurpreet Kaur Ratia, 8258 Pinefield Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name "Tera Tera Auto Sales" at 8551 Thys Court, Suite C, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on August 20, 2014. Publish: September 18, 25, October 2 and 9, 2014  
TERA#2 140908 10-09-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07248. Colt Upton, 11829 Windham Way, Rancho Cordova, CA 95742 and Luke Bertton, 2033 Hoopa Road, West Sacramento, CA 95691 are doing business under the Fictitious Business Name "All Makes Automotive" at 11357 B Pyrites Way, Suite 2, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on September 8, 2014. Publish: September 18, 25, October 2 and 9, 2014  
ALLMAKES 140909 10-09-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07230. Michael Paulmarie, 3600 Data Drive #156, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Names "Creative Awareness Collective, CAC Music Group" at 3600 Data Drive #156, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on September 5, 2014. Publish: September 18, 25, October 2 and 9, 2014  
CAC 140910 10-09-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07310. Eva Holland, 2555 Newcastle Road, Newcastle, CA 95658 and Chris Minnick, 2216 T Street #7, Sacramento, CA 95816 is doing business under the Fictitious Business Name "WatzThis?" at 2220 K Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County on September 9, 2014. Publish: September 18, 25, October 2 and 9, 2014  
WATZTHIS? 140910 10-09-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-06941. Julie Humphrey, 7844 Beaupre Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "RJH Consulting" at 7844 Beaupre Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on August 26, 2014. Publish: September 18, 25, October 2 and 9, 2014  
RJH 140910 10-09-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07364. Mikayel Mikayelyan, 4502 Whitney Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name "Fair-n-Fast Mobile Mechanic" at 4502 Whitney Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on September 10, 2014. Publish: September 18, 25, October 2 and 9, 2014  
FAIRNFAST 140912 10-09-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07479. Jason Bolton, 3542 Mulholland Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name "JB Installation" at 3542 Mulholland Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on September 16, 2014. Publish: September 25, October 2, 9 and 16, 2014  
JBINSTALL 140916 10-16-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07408. Timur Djuraev, 200 East Ranch Road, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Myshofer" at 200 East Ranch Road, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 12, 2014. Publish: September 25, October 2, 9 and 16, 2014  
MYSHOFER 140915 10-16-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07431. Gina Quinn, 9650 Beachwood Drive, Orangevale, CA 95662 is doing business under the Fictitious Business Name "Play While Your Away Pet Sitting" at 9650 Beachwood Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County on September 15, 2014. Publish: September 25, October 2, 9 and 16, 2014  
PLAY 140916 10-16-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07450. Frank Benjamin Emkey, 3430 Ardendale Lane Apt. A, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Franks Home Improvements" at 3430 Ardendale Lane Apt. A, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 15, 2014. Publish: September 25, October 2, 9 and 16, 2014  
FRANKS 140916 10-16-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07465. Duke Doulphus, 9745 Old Placerville Road #7, Sacramento, CA 95827 is doing business under the Fictitious Business Name "Better Janitorial" at 9745 Old Placerville Road #7, Sacramento, CA 95827. Filed with the Clerk of Sacramento County on September 16, 2014. Publish: September 25, October 2, 9 and 16, 2014  
BETTER 140917 10-16-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07511. Adeola Adedayo, 2116 Heger Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "Devic Adult Residential Care" at 1530 Arcade Boulevard, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on September 16, 2014. Publish: September 25, October 2, 9 and 16, 2014  
DEVIC 140917 10-16-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07556. Aaron Cocjin, 800 J Street, Unit 615, Sacramento, CA 95814 is doing business under the Fictitious Business Name "The Cocjin Group" at 800 J Street, Unit 615, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on September 17, 2014. Publish: September 25, October 2, 9 and 16, 2014  
COCJIN 140918 10-16-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07144. David Park, 29 Via Del Cielo, Rancho Palos Verdes, CA 90275 is doing business under the Fictitious Business Name "Grove Dental Group" at 9727 Elk Grove Florin Road #155, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on September 3, 2014. Publish: October 2, 9, 16 and 23, 2014  
GROVE 140922 10-23-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07827. Brian Decker, 12565 Douglas Road, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "WaterStation Technologies" at 12565 Douglas Road, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on September 26, 2014. Publish: October 2, 9, 16 and 23, 2014  
WATER 140926 10-23-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07466. Lisa Bernstein, 2260 Grizzly Hill Court, Gold River, CA 95670 is doing business under the Fictitious Business Name "Giddy Books" at 2260 Grizzly Hill Court, Gold River, CA 95670. Filed with the Clerk of Sacramento County on September 16, 2014. Publish: October 2, 9, 16 and 23, 2014  
GIDDY 140923 10-23-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07676. Custom 4 X 4 Inc., P.O. Box 546, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Fair Oaks Auto Sales" at 1940 Zinfandel Drive #C, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on September 22, 2014. Publish: October 2, 9, 16 and 23, 2014  
FAIROAKS 140923 10-23-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07754. Surabus, Inc., 3567 Recycle Road, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "Subaru Recycling" at 3567 Recycle Road, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on September 24, 2014. Publish: October 2, 9, 16 and 23, 2014  
SUBARU 140925 10-23-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07696. Marita McNabb, 7777 Glenn Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "D'Runner" at 7777 Glenn Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on September 23, 2014. Publish: October 2, 9, 16 and 23, 2014  
D'RUNNER 140924 10-23-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07793. Wendi, Donald and Michael Dickson, 4744 Engle Road, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Freshlook Florist" at 4764 Manzanita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on September 26, 2014. Publish: October 2, 9, 16 and 23, 2014  
FRESHLOOK 140926 10-23-14

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2014-07364. Ivan Yakimiyuk, 4924 Vir Mar Street #30, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "IVN Appliances" at 4924 Vir Mar Street #30, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on September 26, 2014. Publish: October 2, 9, 16 and 23, 2014  
IVN 140926 10-23-14

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
FBNF2012-08276  
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Identity", located at 2600 J Street, Sacramento, CA 95816. Morgan Jones, 3140 Mountain View Avenue, Sacramento, CA 95821. The Fictitious Business Name Statement referred to above was filed on October 10, 2012 in the County of Sacramento. Publish: September 11, 18, 25 and October 2, 2014  
IDENTITY 140829 10-02-14

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
FBNF2012-08276  
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Identity", located at 2600 J Street, Sacramento, CA 95816. Morgan Jones, 3140 Mountain View Avenue, Sacramento, CA 95821. The Fictitious Business Name Statement referred to above was filed on October 10, 2012 in the County of Sacramento. Publish: September 11, 18, 25 and October 2, 2014  
IDENTITY 140829 10-02-14

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IDENTITY 140829 10-02-14

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
FBNF2012-08276  
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Identity", located at 2600 J Street, Sacramento, CA 95816. Morgan Jones, 3140 Mountain View Avenue, Sacramento, CA 95821. The Fictitious Business Name Statement referred to above was filed on October 10, 2012 in the County of Sacramento. Publish: September 11, 18, 25 and October 2, 2014  
IDENTITY 140829 10-02-14

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FBNF2012-08276  
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IDENTITY 140829 10-02-14

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
FBNF2013-08315  
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Professional Realty", located at 4120 Manzanita Avenue, Carmichael, CA 95608. Bryan and Rana Church, 493 Williams Street, Folsom, CA 95630. The Fictitious Business Name Statement referred to above was filed on October 18, 2013 in the County of Sacramento. Publish: September 25, October 2, 9 and 16, 2014  
PROFESSIONAL 140917 10-9-14

**ORDER TO SHOW CAUSE CHANGE OF NAME**

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168451  
WHEREAS, Elyssia Ynez Godinez and Brian Charles Gurlin have filed a petition with this court for a decree changing the names of Brian Charles Gurlin Jr. to Jayden Joziah Godinez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 10, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 3, 2014  
David I. Brown, Judge of the Superior Court  
Publish: September 11, 18, 25 and October 2, 2014  
GODINEZ 140904 10-02-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00167926  
WHEREAS, Victoria Elizabeth Eddy has filed a petition with this court for a decree changing the names of Victoria Elizabeth Eddy to Victoria Elisabetta Cassinelli. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 27, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 20, 2014  
David I. Brown, Judge of the Superior Court  
Publish: September 11, 18, 25 and October 2, 2014  
EDDY 140904 10-02-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00167556  
WHEREAS, Ryan Huetter has filed a petition with this court for a decree changing the names of Ryan Huetter to Ariana Huetter. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 20, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 13, 2014  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 11, 18, 25 and October 2, 2014  
HUETTER 140905 10-02-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168247  
WHEREAS, Johnny Thanh Luu and Minh T. Le have filed a petition with this court for a decree changing the names of Phat Nguyen Luu to Jimmy Luu. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 7, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 26, 2014  
David I. Brown, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2014  
LUU 140905 10-09-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168239  
WHEREAS, Rachael Ronke Omole has filed a petition with this court for a decree changing the name(s) of Rachael Ronke Omole to Ronke Rachael Omole. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 5, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 27, 2014  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2014  
OMOLE 140916 10-16-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00169004  
WHEREAS, Dolores Anderson has filed a petition with this court for a decree changing the name(s) of Celeste Rae Keister to Celeste Rae Anderson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 24, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 17, 2014  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2014  
ANDERSON 140917 10-16-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168743  
WHEREAS, Linson Kunthrayil Puthen Veettil Varghese has filed a petition with this court for a decree changing the name(s) of Linson Kunthrayil Puthen Veettil Varghese to Linson Kunthrayil Varghese. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 12, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 10, 2014  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2014  
VARGHESE 140910 10-09-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168747  
WHEREAS, Shaunte Marie DuBray has filed a petition with this court for a decree changing the names of Jackson Aaron Sherek to Jaxon Aaron Sherek-DuBray. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 12, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 3, 2014  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2014  
DUBRAY 140910 10-09-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168747  
WHEREAS, Nicole White has filed a petition with this court for a decree changing the name(s) of - White to Alijah White. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 29, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 20, 2014  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2014  
WHITE 140919 10-16-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00169259  
WHEREAS, FNU Habibullah has filed a petition with this court for a decree changing the name(s) of FNU Habibullah to Habibullah Lewankhil. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 21, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 24, 2014  
David I. Brown, Judge of the Superior Court  
Publish: October 2, 9, 16 and 23, 2014  
HABIBULLAH 140925 10-23-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168776  
WHEREAS, Anne Gonzales has filed a petition with this court for a decree changing the names of Anne Marie Gonzales to Abby Marie Gonzales. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 10, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 10, 2014  
David I. Brown, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2014  
GONZALES 140912 10-09-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168774  
WHEREAS, Miranda Chelsey Johansen and De'Andre Marcel Pitts have filed a petition with this court for a decree changing the names of Ava Marie Pitts and Ava Marie Pitts and Joseph Marcel Johansen to De'Andre Joseph Pitts. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 20, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 10, 2014  
David I. Brown, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2014  
PITTS 140912 10-09-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168774  
WHEREAS, Miranda Chelsey Johansen and De'Andre Marcel Pitts have filed a petition with this court for a decree changing the names of Ava Marie Pitts and Ava Marie Pitts and Joseph Marcel Johansen to De'Andre Joseph Pitts. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 20, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 10, 2014  
David I. Brown, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2014  
PITTS 140912 10-09-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168741  
WHEREAS, Lyuboc Solovyeva and Viktor Solovyev have filed a petition with this court for a decree changing the names of Ruf Solovyeva to Ruth Solovyeva. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 17, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 10, 2014  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2014  
SOLOVYEVA 140911 10-09-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168776  
WHEREAS, Anne Gonzales has filed a petition with this court for a decree changing the names of Anne Marie Pitts to Abby Marie Pitts and Joseph Marcel Johansen to De'Andre Joseph Pitts. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 20, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 10, 2014  
David I. Brown, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2014  
GONZALES 140912 10-09-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168774  
WHEREAS, Arookia Selvi Raj has filed a petition with this court for a decree changing the name(s) of Pratheeban Attupurathu to Pratheep Raj, Sarvesh Kumar Pratheeban to Sarvesh Kumar Raj and Shreya Roase Pratheeban to Shreya Rose Raj. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 27, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 10, 2014  
David I. Brown, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2014  
PITTS 140912 10-09-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00166339  
WHEREAS, Yer Her has filed a petition with this court for a decree changing the name(s) of Yer Her to Cassie Nixawm Her. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 20, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 15, 2014  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2014  
HER 140915 10-16-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168239  
WHEREAS, Rachael Ronke Omole has filed a petition with this court for a decree changing the name(s) of Rachael Ronke Omole to Ronke Rachael Omole. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 5, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 27, 2014  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2014  
OMOLE 140916 10-16-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00169004  
WHEREAS, Dolores Anderson has filed a petition with this court for a decree changing the name(s) of Celeste Rae Keister to Celeste Rae Anderson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 24, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 17, 2014  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2014  
ANDERSON 140917 10-16-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00168743  
WHEREAS, Linson Kunthrayil Puthen Veettil Varghese has filed a petition with this court for a decree changing the name(s) of Linson Kunthrayil Puthen Veettil Varghese to Linson Kunthrayil Varghese. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 12, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 10, 2014  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2014  
VARGHESE 140910 10-09-14

COUNTY OF SACRAMENTO  
ORDER TO SHOW CA

# Fall Concert at Pioneer Park

**CARMICHAEL, CA (MPG)** - County Supervisor Susan Peters will host an afternoon for families and music lovers in Pioneer Park on October 11th.

The free annual "Pops at Pioneer" event features the John Skinner Band at 2 p.m. Skinner's ensemble will present a program of pop, swing and rock classics. Dancing on the grass is encouraged. Continuing a seven year

tradition, an informal pooch parade will enliven the band break. Supervisor Peter's own dog Ernie is host. Participating canines must be friendly and on leash. Supervised children's activities and face painting are available for young visitors.

Attendees should bring blankets or lawn-chairs; picnickers are welcome. Program presenters include Sacramento County and the Sunrise Park

District. Pioneer Park is minutes from central Carmichael; the reserve is located at 5100 Verner Avenue (Foothill Farms).

For information, call (916) 48-0334 or E mail sknrbnd@aol.com

The John Skinner Band will entertain at Pioneer Park on Saturday, October 11th. Susan Skinner is the featured vocalist. *Courtesy photo.*

The free annual "Pops at Pioneer" event features the John Skinner Band at 2 p.m. Skinner's ensemble will present a program of pop, swing and rock classics.





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SATURDAY	<b>Sacramento Midtown Farmers Market</b> 2020 J Street (Between the STANF Native American Health and Bioware buildings). Every Saturday from 8 am to 1 pm - all year round, rain or shine.
SATURDAY	<b>Sunrise Mall Farmers Market</b> 6190 Sunrise Boulevard, Citrus Heights (behind Sears located in SE Parking Lot). Open every Saturday from 8 am to 1 pm - all year round.
SATURDAY	<b>Historic Folsom Farmers Market</b> 915 Sutter Street, Historic Folsom Public Plaza, Folsom. Every Saturday from 8 am to 1 pm - all year round
THURSDAY	<b>UC Davis Health System Farmers Market</b> 45th and Y Street (UC Davis Campus). Seasonal - Opens 4/24. 3 pm - 7:30 pm
WEDNESDAY	<b>Fair Oaks Farmers Market <b>NEW LOCATION, LOTS OF PARKING!</b></b> 8101 Sunset Ave. (New Life Church). Seasonal - Opens 4/16. 3 pm - 7:00 pm
WEDNESDAY	<b>VA Mather Farmers Market</b> 10535 Hospital Way (VA Hospital). Seasonal - Open Now. 9 am - 1 pm

For more information: [www.bemoneysmartusa.org](http://www.bemoneysmartusa.org)

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# Dare to Live Without Limits

Acting in Haste

by Bryan Golden

In hindsight, it's easy to tell when you acted in haste. Looking back, you can clearly see you acted too soon. For one reason or another, you have regrets. How many times have you told yourself, "Damn, I shouldn't have acted so fast?"

Learn from your past experiences. You have at least a few instances where the consequences of acting in haste are burned into your mind. Acting in haste happens occasionally for everyone. For some, it becomes a habit. With awareness, preparation, and planning, acting in haste is preventable.

Acting in haste ranges from saying something you regret to making a decision that has adverse long term consequences. Examine those times you acted in haste. What were the underlying causes? Was it anger, impatience, ignorance, impulsiveness, pressure from others, fear of criticism, or some other cause?

Regretting something you said happens when you speak before thinking, react out of anger, or jump to conclusions. Whenever you are angry or upset, allow some time to pass before addressing pertinent issues. Taking even a few minutes to calm down works wonders. It provides a chance to think and put things into perspective.

Whatever you say can not be recalled. Other people will always remember when you say something you wish they would forget. Waiting and thinking before speaking works every

time it's tried. Next time you feel compelled to blurt something out, stop, wait, and think before speaking.

Being angry or upset clouds your judgment. Decisions made in this state are error prone. When you are in this frame of mind, you feel an overwhelming desire to act immediately. Resist the urge. With consistent practice, you can condition yourself to refrain from making decisions when you feel this way.

Your mind erroneously perceives these emotions as requiring emergency action. Perhaps this is rooted in our evolutionary fight or flight mechanism which kept us safe in the face of immediate danger. It takes determination to override you innate drive for immediate action.

Acting in haste also occurs when you feel rushed to make a decision. This emanates from a perceived deadline, either internally or externally imposed. Although there are situations where time is of the essence, they are usually the exception.

There is a tendency to wait until just before a deadline to act. Procrastination puts you up against a deadline where there was originally plenty of time. Make decisions while there is still time to fully assess your best course of action.

Acting without thinking is acting in haste. Take time to analyze various options. If you need additional information, make sure you turn to a knowledgeable and reliable source. You want more than

just an opinion, you want feedback from someone who has pertinent expertise.

Many well meaning people are filled with misinformation. What worked for someone else may not be appropriate for you. Each person has their own unique circumstances. Take time to evaluate all information as it relates to your situation.

Any action you take should make sense for you. Acting because of peer pressure is not necessarily in your best interest. Acting to avoid criticism isn't a good idea either. It's your life and you are the only one who has to live with the consequences of your action.

Listen to your intuition. If a particular course of action doesn't feel right you must understand why. If hesitation is based on fear, is the fear warranted? Perhaps taking a particular course of action will produce a result you don't really want. Any action you take should be compatible with your morals and goals.

Acting in haste creates more problems than it solves. Before taking action, be aware, think, analyze, and assess your various alternatives. ★

**NOW AVAILABLE:** "Dare to Live Without Limits," the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@columnist.com](mailto:bryan@columnist.com) or write him c/o this paper. © 2009 Bryan Golden.



By Mark J. Cimino, CEO CiminoCare

"Until there's a cure...hope and healing every day."

For those of you who are family caregivers, I would like you to know that there are many wonderful resources out there. For caregivers with loved ones specifically coping with Parkinson's, a great organization is The Parkinson Association of Northern California (PANC), an all-volunteer organization dedicated to contributing to the lives of people with Parkinson's, their families, and caregivers.

As we have shared many times now, one important way of coping with various health challenges is to get active in fighting back through wonderful community organizations. By doing so, you will not be just a caregiver, but you can fight for others in the future, to make a better life for them.

### Annual Conference

To that end, PANC is hosting its Annual Educational Conference in Sacramento on October 25, 2014 at the Crowne Plaza Hotel, 5321 Date Ave., Sacramento, CA 95841. Join us for this important presentation featuring a number of medical

## Parkinson's Caregivers: I Have 3 Sets Of 2 Tickets To Give Away For An Event!

The tickets I have will be given away to the first 3 people that email me at [mark@ciminocare.com](mailto:mark@ciminocare.com).

and professional experts who will provide updates on many areas of interest for Parkinson's disease patients, their families, and caregivers. There will also be a host of local resource providers and vendors to speak with. And for the fee of \$15, not only is this worth the information, but LUNCH IS INCLUDED as well. Therefore, to celebrate this great organization and their great event, we are giving away two free tickets each to the first 3 people who contact me.

### Ongoing Support & Services

In addition, PANC provides the following activities and services to our community through their many dedicated and hardworking volunteers and financial supporters:

- Supports the search for prevention and cure
- Actively promotes community awareness
- Hosts over 30 support groups for people with Parkinson's and their caregivers
- Presents a workshop for support group facilitators
- Presents an annual educational seminar—2013 had over 400 people attending!
- Publishes a quarterly newsletter, The Parkinson Path (formerly The Park Bench)
- Hosts Journal Club meetings
- Provides respite opportunities through Del Oro Caregiver Resource Center and Mountain Caregiver Resource Center
- Provide housing modification opportunities through Rebuilding Together Sacramento.

All of these activities are funded through the financial support of the community and through membership in PANC. Membership is available to anyone with an interest in Parkinson's Disease and related conditions. Individual memberships of \$50 and corporate/business memberships of \$150 are based on a calendar year (Jan.-Dec.) and entitles members to one free admission to the annual seminar.

If you or someone you know is struggling with Parkinson's, please join us and the effort for a better future.

Please contact me at [mark@ciminocare.com](mailto:mark@ciminocare.com) for 2 free tickets!! You can also buy them from The Parkinson's Association website at [www.parkinsonsacramento.org](http://www.parkinsonsacramento.org), by calling them at (916) 534-7279, or emailing [panc@parkinsonsacramento.org](mailto:panc@parkinsonsacramento.org). PANC is a non-profit 501(c)3 organization and thus donations may be tax deductible.

**Mark J. Cimino, is the Chief Executive Caregiver of CiminoCare, a Sacramento-based assisted living provider. Mark started in his caregiving profession at age six when he and his siblings would tag along as their mother visited her in home care clients. In addition to his job, Mark is actively involved in Rotary International. His interests include hiking and doing fun things with his three boys. Mark can be reached at [mark@ciminocare.com](mailto:mark@ciminocare.com)**



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# Sacramento Stars Celebrated for their Success

**CARMICHAEL, CA (MPG)** - Three home-grown success stories will be celebrated by education and community leaders at the San Juan Education Foundation's 8th annual Evening with the STARS gala on Saturday, October 4 at Arden Hills Club.

All three honorees graduated from San Juan Unified schools – Dr. John C. Williams, President/CEO of the Federal Reserve Bank in SF, graduated from Encina High School

Mary Lynn Ferguson McHugh, Group President of Proctor & Gamble, graduated from San Juan High School

Divya Nag, Founder of StartX Med and Stem Cell Theranostics, graduated from Mira Loma High School

In addition to entertaining interviews of the honorees by emcee Rob Stewart of KVIE during the formal program, the event will include live music, dance, and song, tastings of wine, olive oil, and chocolate, a seated dinner, silent auction, and live auction with David Sobon Auctions.

The San Juan Education Foundation is an independent 501c3 non-profit organization that raises money for enrichment programs through direct to teacher grants and student scholarships in the focus areas of science, technology, arts, and reading (STARS).

Tickets and event details are at [www.sjefeveningwiththestars.com](http://www.sjefeveningwiththestars.com).

**Honorees:**

**John C. Williams** took office as President and Chief Executive Officer of the Federal Reserve Bank of San Francisco on March 1, 2011. In this role, he serves on the Federal Open Market Committee, bringing the Fed's Twelfth District's perspective to monetary policy discussions in Washington.

Dr. Williams was previously the executive vice president and director of research for

theSan Francisco bank, which he joined in 2002. He began his career in 1994 as an economist at the Board of Governors of the Federal Reserve System, following the completion of his Ph.D. in Economics at Stanford University.

Dr. Williams' research focuses on topics including: monetary policy under uncertainty; innovation; productivity, and business cycles. He has collaborated with economists from throughout the country and across the globe to examine economic and policy issues from different perspectives, and has published numerous articles in leading research journals. Dr. Williams currently serves as the managing editor of the International Journal of Central Banking. Previously, he served as associate editor of the American Economic Review. Additionally, he served as senior economist at the White House Council of Economic Advisers and as a lecturer at Stanford University's Graduate School of Business.

**Divya Nag** is a technology enthusiast, and the founder of StartX Med and Stem Cell Theranostics. She was selected as the 2013 Forbes 30 under 30 winner in Science & Healthcare for her accomplishments in the medical field.

As a freshman at Stanford University, Divya led research projects for novel stem cell therapies at the Stanford Institute for Stem Cell Biology and Regenerative Medicine. Two years and 17 publications later, at the age of 20, she started Stem Cell Theranostics- a drug screening company that uses disease-specific beating heart cells derived from human skin to conduct the first "clinical trial in a dish".

She quickly realized that lots of cutting-edge technologies weren't making it out of academic institutions due to a fundamental lack of entrepreneurship education for scientists,

especially due to difficult commercialization landscapes. To address this problem, Divya founded the first non-profit medical entrepreneurship program for Stanford scientists, StartX Med.

StartX Med has grown to support over 30 healthcare technologies that are fundamentally disrupting the medical industry. Stanford Hospital, Johnson & Johnson, Merck and Genentech all work closely with the program to continue empowering technologists.

**Mary Lynn Ferguson McHugh** is Group President of Europe for Proctor & Gamble.

Ferguson-McHugh started at P&G more than 25 years ago as an assistant brand manager for Vicks NyQuil, and rose through the ranks to become the first woman to lead P&G's operations in Europe. The region represents approximately \$16 billion in net sales. The Wharton grad, credited with ratcheting up record sales for the company's storied brands like Bounty, has used her skills to revitalize sales in the challenging markets of European. She was recognized by Fortune International in 2012 and 2013 (ranked #28) as one of the most powerful women in the world. She received her undergraduate degree from the University of the Pacific.

PG&E is a world force, with products in more than 180 countries and a market capitalization greater than the GDP of many countries. They state their purpose as improving the lives of consumers in a way that enables them to thrive. The company values emphasize teamwork, diversity and inclusion, and leadership development that "builds from within." Ferguson-McHugh is a shining example of these principals, stating her belief in the importance of being a "person of integrity." ★

Source: Pamela Lapinski, APR, Executive Director San Juan Education Foundation

# K9 Officer Apollo Laid to Rest at Sierra Hills Pet Cemetery Garden of Valor



K9 Officers and their handlers honored K9 Officer Apollo at his funeral service on 9/30/2014. Photo courtesy of East Lawn Memorial Parks, Mortuaries & Crematory.

**SACRAMENTO REGION, CA (MPG)** - On Tuesday, September 30, 2014 retired K9 Officer Apollo was laid to rest in the Garden of Valor at Sierra Hills Pet Cemetery. The Garden of Valor is a section reserved specifically for K9 Officers and Search & Rescue dogs.

K9 Officer Apollo is the 48th K9 to be interred in the Garden of Valor. Just one day before his passing a beautiful K9 monument was dedicated at Sierra Hills Pet Cemetery in honor of these K9 warriors.

Apollo was born in the Czech Republic on March 31, 2002

and started his career with the Sacramento Police Department in November 2003. He quickly made a name for himself as a loving partner and family member as well as a fierce crime fighter.

Apollo's career involved 35 apprehensions, dozens of K9 competition trophies, and hundreds of visits with children throughout the city. Apollo was also the first ever FLIR K9 FANG AWARD WINNER for the apprehension of a 187 (murder) suspect on the freeway.

Apollo would work protecting the streets of Sacramento until

2008 when his handler transferred to our Air Operations Team.

Apollo enjoyed his years of retirement living the life of an extremely well trained house dog with his family. There were many times when the neighborhood kids would come to the front door and ask to play with Apollo. He was loved by many.

Apollo peacefully passed away at the side of his family and his partner, Officer Dustin Smith on September 14, 2014. ★

Source: East Lawn Memorial Parks, Mortuaries & Crematory

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\*Applies to most cars & light trucks. Additional parts or labor required on certain vehicles. Plus disposal fee. Not combinable with any other offers. Expires 10/18/14. CM-S004

**FULL SYNTHETIC LUBE, OIL & FILTER**

- New Valvoline filter
- Up to 5 quarts of SYN-Power oil

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**FREE Wiper Blades -OR- Complete Fuel System Treatment** with SYN-Power Oil Change **SAVE \$15.00!** Includes Tire Rotation

Includes: 21 point inspection, inspect & fill under-hood fluids, tire rotation. Most cars & light trucks. Plus disposal fee. Not combinable with any other offers. Expires 10/18/14. CM-S035

**EXPRESS LUBE, OIL & FILTER**

- New Valvoline filter
- Up to 5 quarts of 5w-30 or 5w-20 oil

**\$17.95** Reg. Price \$24.95

**SAVE \$7.00!**

Includes: Express courtesy inspection, under 30 minutes in most cases. Most cars & light trucks. Plus disposal fee. Not combinable with any other offers. Expires 10/18/14. CM-S011

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This is not a sales seminar. It is a community educational presentation that focuses on the importance of advance funeral planning and all of the options available, including Veteran's benefits, cremation and burial choices as well as key consumer advice. In addition to lunch, each attendee will receive a FREE Emergency Planning Guide.

Friday, October 10  
11:30 am to 12:30 pm  
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(Spanish & English)  
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Thursday, October 31  
11:30 am to 12:30 pm  
**SIERRA HILLS MEMORIAL PARK & EAST LAWN MORTUARY**  
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Thursday, November 13  
11:30 am to 12:30 pm  
**ELK GROVE MEMORIAL PARK & MORTUARY**  
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**Reservations Required, please RSVP to the location of your choice, or to Lisa West at LisaW@EastLawn.com**

Seating is limited to 30 attendees per seminar

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# The Exciting New World of Implant Supported Dentures

**• Has the Security of a Fixed Bridge! • Easier to Maintain Good Oral Hygiene**

There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

A snap on denture gets some support from the implants that it snaps onto. Unlike conventional dentures that rest on the gums, a snap on denture is anchored to multiple implant snaps and is therefore much more stable and comfortable.

Two or more implant snaps can be used on the upper and/or lower jaw. The more snaps that are placed, the more stable the denture will be. Much like a four legged chair would be more stable than a three or two legged chair, the use of denture snaps keep the denture stable, secure and comfortable. These snaps are designed with different levels of retention, customized to the needs of the patient. When the snaps wear out, replacing them is a simple and inexpensive procedure.

If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

**Now there is a solution to these issues, Implants with “Snap On” Dentures!**

**2 Implants With Attachments to a Denture \$1500 Off**

**If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a FREE CONSULTATION today!**

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