

(Above) Hang on to your hats folks ... the Raptor is back! Even when sitting at idle on the ground, the USAF F-22 Raptor is intimidating and once on the move, it simply defies the laws of physics. Unmatched by any known or projected aircraft, the world's only operational, stealth fifth-generation fighter was designed to guarantee the U.S. air dominance for the next 40 years. The Raptor is a beast that simply cannot be tamed...

E illed with aircraft, space artifacts, robots, flight simulators and more, guests at the California Capital Airshow (CCA) can watch demonstrations, participate in games and experience first-hand the clear relationship between aviation and aerospace, and Science, Technology, Engineering, and Math (STEM) studies in school. Kids will also have the opportunity to rub shoulders with men and women who have used their education to change the world. Airshow attendees won't want to miss spine-tingling F-22 Raptors, Harriers, and the Patriots Jet Demonstration Team while experiencing thrilling aerobatics, barnstorming, pyrotechnics, vintage aircraft, music, choreography, and so much more!



Page 7



PRESORTED STD. US POSTAGE PAID PERMIT 350 Carmichael, CA Change Service Requested

(At right) Flying a beautiful Lockheed **T-33 Shooting Star** named "Ace Maker," Gregory 'Wired' Colver has been performing for Airshow fans since 2008. With big, sweeping turns and graceful aerobatics, fans are shown first hand the abilities of this aircraft and its place in history as the U.S. Air Force's first operational jet. Come experience the wonders of the "Ace Maker!" All photos courtesy California Capital Airshow.com



SACRAMENTO, CA (MPG) - The ninth annual California Capital Airshow (CCA), presented by Sacramento County, announced that discounted general admission tickets are now available for purchase at all SAFE Credit Union branch locations throughout the region in addition to the event's website. The Airshow will be held at Mather Airport on September 6-7th, 2014 featuring all things shiny, fast, and loud.

Airshow attendees won't want to miss spine-tingling F-22

Raptors, Harriers, and the Patriots Jet Demonstration Team while experiencing thrilling aerobatics, barnstorming, pyrotechnics, vintage aircraft, music, choreography and so much more!

"Did you know that a weekend at the Airshow provides families with a greater return on investment value than most theme parks and sporting events in our region? With an Airshow ticket, fans are provided seven and a half hours of family entertainment for *Continued on page 3*

Local Company Conducts Clinical Drug Trials

By Linda Harper

SACRAMENTO REGION CA (MPG) - For many of us, ingesting one, two, or more prescription drugs is part of our daily routine.

These chemical compounds are essential to enhancing our quality of life, easing unpleasant symptoms of disease, and for some, they are necessary to sustain life. According to the US Health and Human Services Department, the journey to create and approve a successful drug or treatment in the United States is a long, complex, and costly process, usually taking years to complete.

Once a disease or condition is identified, biopharmaceutical researchers begin analyzing elements and creating biological and chemical compounds to uncover ways to treat, prevent, diagnose, understand and ultimately cure illness. This is just the beginning. Most prescription drugs receive a final approval for medical use by the FDA through a seven step process. A drug's Clinical trial is a crucial part of the approval course because it measures the effectiveness and safety of drugs on humans. Historically, Clinical trials utilizing the participation of volunteers, both healthy and those diagnosed with an illness, have presented groundbreaking scientific advances through new drug discoveries.

Med Investigations, Inc. is a Fair Oaks based company specializing in conducting Clinical trials for a number of investigational medications. The Med Investigations, Inc. team consists of board certified physicians working with 44 Med Investigations, Inc. is a Fair Oaks based company specializing in conducting Clinical trials for a number of investigational medications. The Med Investigations, Inc. team consists of board certified physicians working with experienced certified research coordinators. II

experienced certified research coordinators. They provide high quality care in a professional atmosphere to those patients wishing to participate in research of new drugs.

Individuals have diverse reasons for entering a prescription drug clinical trial. Some are suffering from symptoms of illness and they want to try something different for relief, while others are looking for something to prevent a target illness. Then, there are those admirable people who are healthy and simply want to contribute to discovering a cure for disease. Since most clinical research is funded by government and private grants as well as pharmaceutical companies, there is no charge to enter a clinical trial. Participants receive free medical care and often are compensated for their time and travel.

For more information regarding local clinical prescription drug trials being conducted or to participate, go to: www.medinvestigations.com

or call (916) 966-7452.

Source: US Department of Health and Human Services, National Institutes of Health



Capital Airshow Returns! The Carmichael Health and Safety Fair

Continued From Page 1

\$20.00 or less per person," said Darcy Brewer, executive director of the CCA. "If you plan ahead, a family of four can purchase our Family Four Pack for just \$50.00! Where else can you purchase family entertainment for that many hours? And once inside the gates you'll be amazed at the plethora of entertainment on the ground and in the sky!"

The Show will also showcase "Stars & Stripes Forever," a

salute to veterans and the great-

est generation. Attendees will

step back in time with an authen-

professional military re-enactors,

the 70th anniversary of D-Day, and this colorful and emotional tribute will be a fitting way to honor one of the most important events of the 20th century while showing gratitude to the men and women who serve and sacrifice in order to provide the freedoms we all enjoy today.

There is so much to see and do inside the gates at Mather Airport! If you haven't been to the Show in a couple of years, you are in for a real treat. Aerojet Rocketdyne's LaunchPad, the



(Above) The Lucas Oil Parachute **Demonstration Team debuted their** performance in 2013 and have taken the industry by storm ever since! You won't want to miss the skydiving performances of this skilled three-man team as they open the Show with the American Flag parachute jump followed by a series of breathtaking jumps later in the Show. It will be the first time the team has performed in Sacramento and we can't wait to see how they light up the Sacramento skies! All photos courtesy California Capital Airshow com

more, guests can watch demonstrations, participate in games and experience first-hand the clear relationship between aviation, aerospace and Science, Technology, Engineering and Math (STEM) studies in school. Kids will also have the opportunity to rub shoulders with men and women who have used their education to change the world.

The Airshow website will be updated regularly with news, attraction information and more. Fans can follow the Airshow on Facebook and Twitter (calcapairshow), and now on Instagram (@capitalairshow).

Established in 2004, the California Capital Airshow has become one of the largest and most highly- respected shows in the nation. CCA is an exciting and family-friendly non-profit regional event designed to honor the Sacramento region's rich aviation heritage and veterans while inspiring young people to pursue education and careers in the areas of science, technology, engineering, math, aviation, aeronautics or aerospace. The non-profit organization gives back to the community through scholarships, charitable group donations, and a wide variety of community events and exciting educational programs throughout the year. For more information about the California Capital Airshow, please visit www.californiacapitalairshow.com.

CARMICHAEL, CA (MPG) - Join the Carmichael Chamber of Commerce for an action-packed, fun-filled educational FREE event, where health and safety are the priority. You can earn a Health Fair bracelet for just visiting some of our booths!

There will be vendors, raffle prizes, and autographs from world class pro skier Brian Detrick. Gabe Gardner, a 2008 men's volleyball Olympic gold medalist, will aslo sign autographs and hand out health related information.

Health and safety events include: taking an ambulance

tour with AlphaOne Ambulance Services, learning one-hand CPR from Safety Quest Training, having your health insurance questions answered by Western Health Advantage, learning how to take and make and emergency call from a 911 operator, and having your blood pressure checked by the Sacramento County Fire Department.

There will be demonstrations of Tai Chi and martial arts. CrossFit Kids and a senior women's rhythm and tap group will perform. While you're here, be sure to visit Farmers Market vendors sponsored by be Money

Smart USA.

Kids can get fingerprinted by the Sacramento County Sheriff's Dept. and see bicycle safety videos from Snell foundation. Assemblyman Ken Cooley's office will hand out coloring books and flyers. You can also find out about rebates from SMUD.

Come join us on Sunday, September 6th, 10 a.m.-2 p.m. at La Sierra Community Center. Be sure to tell your friends and neighbors!

Source: Carmichael Chamber of Commerce

Capitol Pops Concert Band Wraps up Fair Oaks' Concerts in the Park

FAIR OAKS, CA (MPG) - The Capitol Pops Concert Band continues its 17th season with a free, open to the public concert at 7 p.m., Thursday, August 28, 2014, on the stage of Fair Oaks Village Park, 4238 Main Street, in Fair Oaks.

The band's performance will wrap up the 2014 Fair Oaks Concerts in the Park summertime series, presented by the Fair Oaks Recreation & Park District, the Fair Oaks Chamber of Commerce and the Fair Oaks Foundation for Leisure and the Arts.

The concert will be a landmark event for the band as Jerry Lopes will conclude his long run as full-time CPCB director. He has been the only director the band has known since its founding in 1997. After the Aug. 28 concert, he will turn over the directing

duties to Kurt Pearsall, a longtime Sacramento-area musician and music educator.

Lopes is one of the CPCB co-founders. Over his 17 years as director, Lopes prepared and conducted hundreds of band concerts, reaching thousands of music lovers. His 50-year career includes decades as a music educator, international performer and memberships in the region's top symphony/ orchestra organizations. He continues to play tuba and bass locally with Dr. Bach and the Jazz Practitioners and the American River College Orchestra.

Concert-goers can bring lawn chairs, blankets and picnic suppers. Light refreshments will be available to purchase during the evening of music on the grass in front of the park's stage. The concert will include

some of the band's traditional American favorites, contemporary hits, and tunes from the world of entertainment. Voice and instrumental soloists will be part of the show, which will run until around 9 p.m., including a brief intermission.

Started in 1997, the allvolunteer, nonprofit CPCB community band has performed a diverse portfolio of high-quality, well-prepared music heard by thousands of concert-goers throughout Northern California. The 65 musicians in the band span a wide range of ages, from students to nonagenarians. For more information on the Capitol Pops, visit www.capitolpops.org or its Facebook page.

Source: Capitol Pops Concert Band





In an amazing display of formation and aerobatic flying, the Air Force Heritage Flight Foundation will bring its homage and artistry to the skies

over Sacramento. Paying tribute to both past and present, with two of

the most iconic fighters in our nation's history, the P-51 Mustang and F-86

Sabre Jet, flying along side the F-22 Raptor, the Heritage Flight honors the

US Air Force as we remember those who fought and died on the wings of

The aerobatic performance by Mike Wiskus, sponsored by Lucas Oil, is a tightly choreographed energetic, awe-inspiring routine in a Pitts S-1-11b. This high-flying action along with the Lucas Oil Parachute Demonstration Team is a sight to behold!

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Carmichael Times

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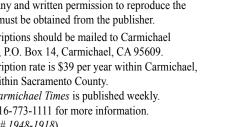
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Sorcerer's Apprentice Scores Big Pre-Teen Wins at Mission Oaks



Twelve-year-old Placerville magician Miles Tresser (center) took Stage Magician of the Year title at the Mission Oaks Community Center last week. Master Magician Dale Orzo (left) kept contestants in hand as results were announced. From left, the magicians were: Pepe Puglisi, David Wright, Miles Tresser, John Iacono, Great Scott and Joe Chez.

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) -Prestidigitators recently vied for the prestigious Stage Magician of the Year title at the Mission Oaks Community Center, Carmichael. An annual tradition, the contest is run by the Society of American Magicians and the International Brotherhood of Magicians.

A panel of entertainment industry judges chose Miles Tresser for the 2014 title. The 12-year-old Placerville performer wowed his audience with a magical smile, junior-size tuxedo, and slick card routines. Competing against adult professionals, Tresser became the youngest S.A.M. member to take the prize. His passion began at six, when he mastered simple tricks purchased from Sacramento magic stores.

"Miles is a super achiever," beamed his father, Alan Tresser. "He's a champion swimmer and wrestler. He does well at school and also likes to play the saxophone and sing. He did his first magic contest—competing with adults—when he was seven. He's fearless about competing." Tresser's win at Mission Oaks

Tresser's win at Mission Oaks was augmented by a People's Choice audience vote. "It's great to see a young fellow studying so hard to improve his skills," said S.A.M. President Dale Lorzo. "With his talent, Miles could take magic to new heights." Second place in the contest went to Pepe Puglisi; David Wright took third

prize. The pr

The prizewinners have the opportunity to join a cast of promagicians in the annual Mysteries of Magic show on October 11th. This event is a tribute to Harry Houdini, who died in October 1926. At the time, the legendary escape artist was national S.A.M. president. The performance begins at 7 p.m. at Mission Oaks Community Center. Before curtain up, strolling magicians will entertain the audience. A fundraiser, the event splits proceeds between the S.A.M and Mission Oaks Community Center programs. Admission is \$5. For information, call S.A.M. President Dale Lorzo at (916) 481-2595 or visit www. MORPD.com.

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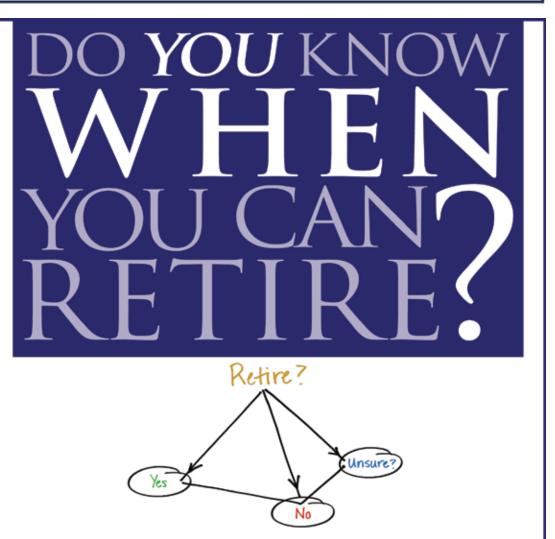


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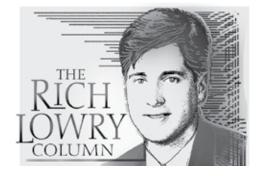
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HENRY BOLTINOFF





THE RICH LOWRY COLUMN By Rich Lowry **Constitutional Crisis for** Fun and Profit

Republicans and Democrats are consumed in a vicious debate over which party wants to talk about impeachment more.

Democrats say it is lunatic Republicans who are scheming, as we speak, to impeach the president. Republicans say it is manipulative Democrats who are eager to play up the nonexistent chance of impeachment to motivate their voters in the midterm elections.

It is certainly true that conservatives have talked about and advocated impeachment, most recently Sarah Palin in a call to arms. But the Republican political leadership -and for that matter, almost all Republicans in Congress -- has shown zero interest. In fact, it has long demonstrated a positive allergy to the topic, believing that it will

be a politically damaging nonstarter. Nothing about this has changed lately, yet all of a sudden Democrats are acting as if it is February 1868 or December 1998 all over again, and the president is on the verge of losing an impeachment vote in the House. This manufactured panic can get Democrats only so far. The reality is that House Speaker John Boehner's lawsuit, which they say is part of the nefarious impeachment plot, will, even if successful, have little practical effect beyond establishing the precedent

of Congress suing the president. But Democrats hold the trump card in the tussle over impeachment. All reports are that President Barack Obama is considering a sweeping action on immigration so clearly unlawful that it will, at the very least, pressure Republicans to consider impeachment more seriously. (Just imagine the Democratic fundraising emails then!) If this is truly the gambit, it is dime-store political nihilism. First and foremost, there will be the

violencedonetooursystemofgovernment. A big unilateral amnesty that affects millions of people won't be an exercise in so-called prosecutorial discretion. It isn't declining to enforce the law in a specific instance because of limited funds and personnel. It is expending resources to implement an entirely new dispensation.

There is some leeway for executive

discretion, or deferred action, in immigration law, but everyone has always understood that it's very limited. Not too long ago, President Obama eloquently explained why. "I just have to continue to say this notion that somehow I can just change the laws unilaterally is just not true," he told Latino journalists in response to a question about acting alone on the DREAM Act in 2011. "We live in a democracy. You have to pass bills through the legislature, and then I can sign it." The White House must know that

the politics of his unilateral amnesty, especially if it prompts a push for impeachment, will be highly divisive. But the tea leaves say that the White House will welcome the division. It may well believe that its contemplated extralegal act is a win-win, delivering what it wants substantively (amnesty for millions) and politically (a debate on impeachment it assumes will be a loser for Republicans). In other words, the president will be stoking a constitutional crisis because it suits his purposes. If callow cynicism were a high crime, his impeachment and removal would be a foregone conclusion.

Rich Lowry is editor of the National Review.

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HOCUS-FOCUS

11

CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

DIFFERENCES: 1. Handle is different: 2. Tow rope is missing. 3. Pole is missing. 4. Sail design is missing. 5. Fish is reversed. 6. Larop is missing.



L'Chaim! Great Food at Beth Shalom, September 14th



Volunteers, including Rabbi Nancy Wecshler-Azen (second left), prepare for Congregation Beth Shalom's 2014 food festival.

Story and photo by Susan Maxwell Skinner

CARMICHAEL CA (MPG) - The 37th annual food festival at Congregation Beth Shalom will delight palates with fine Jewish cooking on Sunday, September 14th.

A fall tradition in Carmichael, the free event is held inside and outside the synagogue at 4746 El Camino Avenue. Food may be preordered, purchased to eat on site, or taken home.

Lox and bagel breakfasts are a draw for early birds. Lunch includes matzo ball soup and stuffed cabbage rolls. Congregation booths will also offer falafel, pita, hummus, kosher hot dogs, and barbecued brisket. Desserts will include pastries, coffee cakes, and kosher babka. Shipped from Canter's famous Los Angeles deli, Rye and pumpernickel bread are among this year's treats. Vendor booths and live music and dancers will fill the synagogue yard; children may enjoy crafts and games. As part of the event's community outreach, the Sacramento Blood Source mobile unit will welcome walkin blood donations. Anyone may attend this festival, from 9 a.m. to 3 p.m. To pre-order food, visit www.foodfaire.cbshalom.org. For more information, call (916) 485-4478.



It's surprising how many people drag themselves around each day with a look and feeling of misery. Rather than appreciating each and every moment, they dwell on problems and unhappiness.

It's such a shame to feel life must be endured rather than enjoyed. Every day really is a great day. It's not your days that vary, it's your attitude that fluctuates. A negative outlook always obscures the view. When you tell your mind there is nothing but suffering, it believes you and constantly strives to fulfill your negative expectations. Conversely, your mind also believes you when you tell it life is a joy. It then works non-stop to fulfill your positive expectations. Since your mind doesn't discriminate as to what it believes, what you tell it determines how good your day will be. You mind functions as a magnet that attracts whatever you think about. Positive thoughts attract positive people and circumstances, whereas negative thoughts attract negative people and circumstances. Having a great day is not dependent on being problem free. Everyone has problems. There's no escaping adversity. You will always have challenges to overcome. Everyday is great because it affords you another opportunity to solve your problems while enjoying all of the wonderful things in your life. Many of the happiest, most grateful people are not the ones you would expect. They don't have the most money, the easiest jobs, or the fewest problems. Often they have much less money than you, tougher jobs, and more problems. What makes them appreciate each and every day is that they concentrate on what they do have rather than dwelling on what may be missing. For them, there is no joy too small to go unrecognized. They don't worry about the past or the future. They simply savor each and every moment of each and every day.

If you are not as happy as you would like to be, only you can change your outlook. Don't become trapped waiting for circumstances to change before you become happy. When you are happy, your circumstances will start to change for the better. So don't wait to feel happy before you smile, smile and you will begin to

makes bad decisions at times. These mistakes are countered by making good decisions. You have the power to make things happen. Those who wait for things to happen are perpetually disappointed.

Each night before going to sleep, fill your mind with the anticipation of waking to a brand new great day filled with limitless potential. Direct your thoughts to all of the good things that you will attract. When you wake, begin each great by going through a list of all that you are thankful for. Get out of bed with a positive spirit and enthusiasm. Look in the mirror and smile. After all, having a great day beats all the alternatives. \star NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@ columnist.com or write him c/o this paper. © 2009 Bryan Golden.

It Was a Shoofly Pie Celebration Weekend

Dr. James L. Snyder

People ask me questions all the time. Some of those questions I can answer, some I cannot answer and some I will not answer. I wish people would ask me questions I could answer and look good about it. However, it never happens.

The Gracious Mistress of the Parsonage asks me questions all the time. After 43 years, I have finally figured out her questions. Most usually require one word answers. For somebody like me who spends most of his time preaching and writing, boiling an answer down to one word is something that is quite difficult.

The one great thing about my wife is, when she asks me a question, she does not really want an answer, because she already has the answer. I do not know how wives have developed this kind of intellectual mystique. I have just never had the opportunity to ask her. This probably would be the main question I would ask. Sometimes, living in the dark is okay.

Some people ask questions to get information. Some people ask questions to show off how smart they think they are, which, merely proves how dumb they actually are. Do not let them know that I said this, or they may have some questions for me. Then some people ask questions in order to trick you.

Questions are important. Sometimes my friends (both of them), will ask me a question. The primary question is simply, What is a shoofly pie? This is the kind of question I like and furthermore, I like to answer it.

The trouble with a question like this is, where do you begin? With something as marvelous and wonderful as a shoofly pie, where do you start to explain all of its delicacies?

To begin with, a shoofly pie is a slice of heaven. I am quite sure that in heaven at supper time there will be shoofly pies aplenty. I know quite a few Mennonite and Amish women who, I am quite sure, are in heaven, and if they are, they will insist on making shoofly pie. I do not know if it is in their

Classified

genes, but I do know it is in their aprons.

If anybody has ever had the wonderful opportunity of eating a shoofly pie, they will know exactly what I am talking about. It is hard to explain the experience without your mouth watering so much you need a towel.

To start with, the bottom of a shoofly pie is sheer liquid pleasure. Depending on the woman preparing the pie will depend on how thick that bottom layer is. Once that is laid down, the next layer is a delightful mix of flour and sugar and other secret ingredients. That layer seems to float on top of that liquid pleasure.

On the top is a crust of munchable delight that has absolutely no equal. Then, to set it off, there is a circular crust that holds all of this together in one magnificent pie.

I am not a baker so I do not know how they put all of this together and then put it in the oven and then bring out this awesome, classical dessert known as shoofly pie. Some things are so wonderful that they cannot be fully explained.

Personally, I would rather not spend much time trying to answer the question, What is a shoofly pie? I would preferably utilize that time delving into eating a shoofly pie. That is my greatest delight.

Recently I indulged this marvelous delight in the center of shoofly pie country. Everybody knows that to be Lancaster, Pennsylvania.

A conference was going to be there that I wanted to go to but I had many things that prohibited me from going there. All I could think about was the wonderful shoofly pies I could indulge in if I went to that conference. So, I worked hard to eliminate everything that would keep me from going there. Some things are, indeed, worth fighting or.

About a month before the conference was to start, I had dealt with the final obstruction and was able to make plans to go. All I could think about was, "Shoofly pie, here I come."

As soon as my flight landed, I hurried off to the nearest restaurant and indulged in my first slice of shoofly pie for the weekend. I am happy to say it was not my last piece.

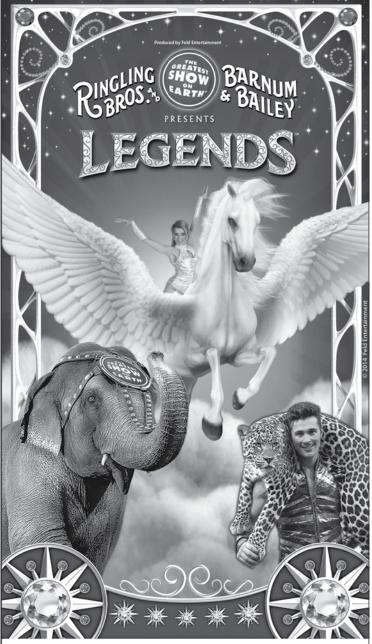
At the conference, they had breakfast, lunch and dinner and for dessert, even at breakfast, was shoofly pie. I cannot tell you how many pieces of shoofly pie I ate, for the simple reason I cannot count that high without taking off my shoes. A slice of shoofly pie highlighted every meal. I am happy to say that they had more shoofly pie at this conference than I could consume although I did my very best, I assure you.

I know that life sometimes has its hard paths and things can become very difficult. That is why we need to have something to really look forward to.

The writer to the Hebrews understood this when he wrote, "Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God" (Hebrews 12:2).

Celebrating the delicacies of life enable us to survive the adversities of life.

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 866-552-2543 or e-mail jamessnyder2@att.net. His website is www.jamessnyderministries.com.



feel happier.

Every day is a great day because you have so much to be thankful for. Focus on the present. Don't lament the past or worry about the future. As you cultivate this positive outlook, you will experience numerous benefits. Each day will be filled with more joy, excitement, and fulfillment.

You can look forward to increased energy and enthusiasm. Your motivation will improve. Your mind will be receptive to new ideas. You will be more relaxed with less stress.

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	11:30 AM		
	3:30 PM	1:00 PM	
7:00 PM*	7:30 PM	5:00 PM	7:00 PM

	Fri.	Sat.	Sun.
SEPT. 19 – 21	SEPT. 19	SEPT. 20 11:30 AM	SEPT. 21
STOCKTON ARENA	7:00 PM*	3:30 PM 7:30 PM	1:00 PM 5:00 PM
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Fire Chief Henke to Retire

SACRAMENTO REGION, CA (MPG) - Sacramento Metropolitan Fire District (Metro Fire) Fire Chief Kurt Henke informed the Board of Directors on August 14th he intends to retire in October after 33 years in the fire service. Subsequent to Henke's announcement, the Board approved a recommendation from its Executive Committee to conduct an internal search process among the ranks of Deputy Chief to select the next Fire Chief.

"I would like to thank Fire Chief Henke for his strong leadership during a period of significant challenges and transition for Metro Fire," said Board Vice President Grant Goold. "Chief Henke and his management team have assisted this Board in enacting many innovative reforms to



Chief Henke joined Metro Fire in 2009 and has served as its Fire Chief since 2011. He began his career in the fire service as a volunteer with the Napa County Fire Department in 1981. He served in multiple ranks with the Vallejo Fire Department starting in 1985, serving as Assistant Fire Chief between 1998 and 2009.

weather the worst impacts of the recession. While the steep decline in property tax revenue forced the closure of six engine companies, the reforms made to reduce our labor costs and long-term liabilities have allowed Metro Fire to emerge stronger in some respects than before the recession. Because there is more work to do to reduce costs and operate more efficiently, we will look for the next Fire Chief from the ranks of the Deputy Chief."

Henke joined Metro Fire in 2009 and has served as its Fire Chief since 2011. He began his career in the fire service as a volunteer with the Napa County Fire Department in 1981. He served in multiple ranks with the Vallejo Fire Department starting in 1985, serving as Assistant Fire Chief between 1998 and 2009. ★

Source: Sacramento Metropolitan Fire District

River Cats Playoff Tickets!

SACRAMENTO REGION, CA (MPG) - You can't beat playoff baseball, so plan ahead and purchase your Playoff Strips or single-game tickets for the Cats' September run towards a fifth Pacific Coast League Championship. A Playoff Strip will guarantee you the best seats to all potential playoff games. If any of the five potential home playoff games are not played, you will receive a full refund for those games.

The playoff game is Friday, September 5th, with additional games on the 6th and 7th if necessary. The Pacific Coast League Championship Game One is Tuesday, September 9th and Game Two is Wednesday, September 10th.

All Playoff Strips and single-game tickets purchased on or before Thursday, August

28th will be mailed out, and those purchased after August 28th will be left in Will Call. Visit rivercats.com for a schedule of remaining games, or call (916) 371-HITS (4487) with any questions.

Be a part of the fun and excitement, and help continue the legacy! \star

Source: Sacramento River Cats

CA Water Bond Won't Create New Water

SACRAMENTO REGION, CA (MPG) - Food & Water Watch is disappointed with the \$7.5 billion water bond passed by the State Legislature and Governor Brown, now slated for the November ballot. While this bond will not solve California's water problems, it will stick taxpayers with serious debt. The bond prioritizes \$2.7 billion of taxpayer dollars on wasteful dam projects: spending money to pour more concrete won't create a drop

of new water or increase water use efficiency. An investment in dams is an investment in private interests, not in the public interest.

"In addition, the bond would funnel taxpayer money to purchase more water for big agriculture interests on the west side of the San Joaquin Valley where corporations are exporting water-intensive crops grown on toxic soil. Meanwhile, the Brown administration has yet to take serious action to promote water efficiency and stop the overpumping of our groundwater.

This bond measure fails to respond to the current drought and relies on solutions from the last century.x

Food & Water Watch works to ensure the food, water and fish we consume is safe, accessible and sustainable. For more information, visit www.foodandwaterwatch. org. ★ Source: Food & Water Watch

Carmichael's Water

Efficiency Efforts

are a Success!

Sacramento County DA Reports Recent cases of interest



CASE: Curtis Holford (08/15/14)

PROSECUTOR: Deputy District Attorney Nancy Cochrane, Special Assault & Child Abuse Unit District Attorney Jan Scully announced today that Curtis Holford was convicted by jury of two counts of sexual assault against a child under the age of 10.

Holford was in Avenal State Prison serving a sentence for possession of child pornography. While in prison, he obtained a cell phone and began corresponding with the mother of the victim who was four years old. Holford convinced the mother to perform sexual acts with her son, which she did and then sent photographs to Holford.

The mother disclosed some information to the child's counselor, which led to an immediate investigation by the Sacramento County Sheriff's Department (SSD). While Holford was corresponding with the mother, authorities at the prison were contacted by SSD and a corrections sergeant found Holford in possession of the cell phone.

Holford faces a maximum potential sentence of 56 years to life in prison. Sentencing is set for September 26, 2014 at 10:00 a.m. in Department 19 before the Honorable Patrick Marlette.

The mother is currently serving time after pleading no contest to conspiracy to molest her child. She will be sentenced to 20 years in prison. Her name is not being released in order to protect the privacy of the child victim.

CASE: Vanna Sisounthone (08/13/14) (AKA "The Evil Clown-Masked Robber") PROSECUTOR: Deputy District Attorney Kelly Clark, Career Criminal Prosecution Unit

District Attorney Jan Scully announced today that Vanna Sisounthone was convicted by jury of three counts of robbery, two counts of attempted robbery, two counts of false imprisonment and one count of assault with a firearm. The jury also found true that Sisounthone discharged the firearm during one robbery and used a firearm during all other crimes.

The charges stemmed from three armed robberies that occurred in January 2012. Sisounthone, who wore an "evil clown mask" during all three crimes, robbed multiple convenience store employees and patrons. During the first robbery, he fired the gun, narrowly missing a patron.

On January 21, 2012, he entered the Better Trade Market armed with a handgun. He immediately demanded money from the cashier and then pointed the gun at 77-year-old Beldev Dhillon. Mr. Dhillon, a retired police officer from India, immediately grabbed for the gun. He missed the gun, but was able to grab the mask from Sisounthone's head. After a brief struggle, Sisounthone fled the market, leaving the mask behind. The Sacramento County District Attorney's Crime Lab was subsequently able to determine that the DNA found on the mask matched Sisounthone's DNA.

Sisounthone faces a maximum potential sentence of 55 years, 4 months in state prison. Sentencing is set for September 19, 2014 at 9:00 a.m. in Department 17 before the Honorable Ernest Sawtelle.

CASE: Elias Garcia & Roman Hooker (08/01/14)

PROSECUTOR: Deputy District Attorney Hilary Bagley, Homicide Unit

District Attorney Jan Scully announced today that after denying their motion for a new trial, the Honorable Helena Gweon sentenced Elias Garcia and Roman Hooker to life in prison without the possibility of parole. On February 24, 2014, a jury convicted both men for the first-degree murder of Donald Kirby and found true a special circumstance allegation that the murder took place during the commission of a robbery.

On November 12, 2009, Garcia and Hooker went to Mr. Kirby's apartment to commit a home invasion robbery. Garcia knew Mr. Kirby and targeted him for what he thought would be an easy robbery. When Mr. Kirby opened his door and saw a semi-automatic firearm, he tried to quickly shut the door before he was shot once in the head. While fleeing the scene, Garcia was overheard saying that he had to shoot Kirby after the entry went bad.



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CARMICHAEL WATER DISTRICT WOULD LIKE TO THANK ITS CUSTOMERS FOR THEIR HELP DURING THE CURRENT DRY CONDITIONS.

CARMICHAEL WATER DISTRICT

Following a January 2014 call for 10% voluntary reductions of water use, District customers responded by doubling their conservation efforts and reducing use more than 20%. Compared to the same period last year, these reductions are equivalent to 142 million gallons of water saved. The District is asking customers to continue their water efficiency efforts by following the conditions under the Water Shortage Contingency Plan Stage 1. In addition, the following Stage 2 requirements are in place:

• Avoid using water to clean sidewalks, driveways, parking lots and other hardscapes.

• Car washing must use bucket and hose with automatic shut off or patronize local carwashes that use recycled/recirculated water.

• Filling of swimming pools, ornamental foun-tains, water features, or ponds allowed only to maintain levels.

• Keep watering of lawns and landscaping to only two (2) days a week.

Your efforts help in maintaining water quality, safe operating conditions, and fire flow capability.Visit our website at www.carmichaelwd.org for further information.



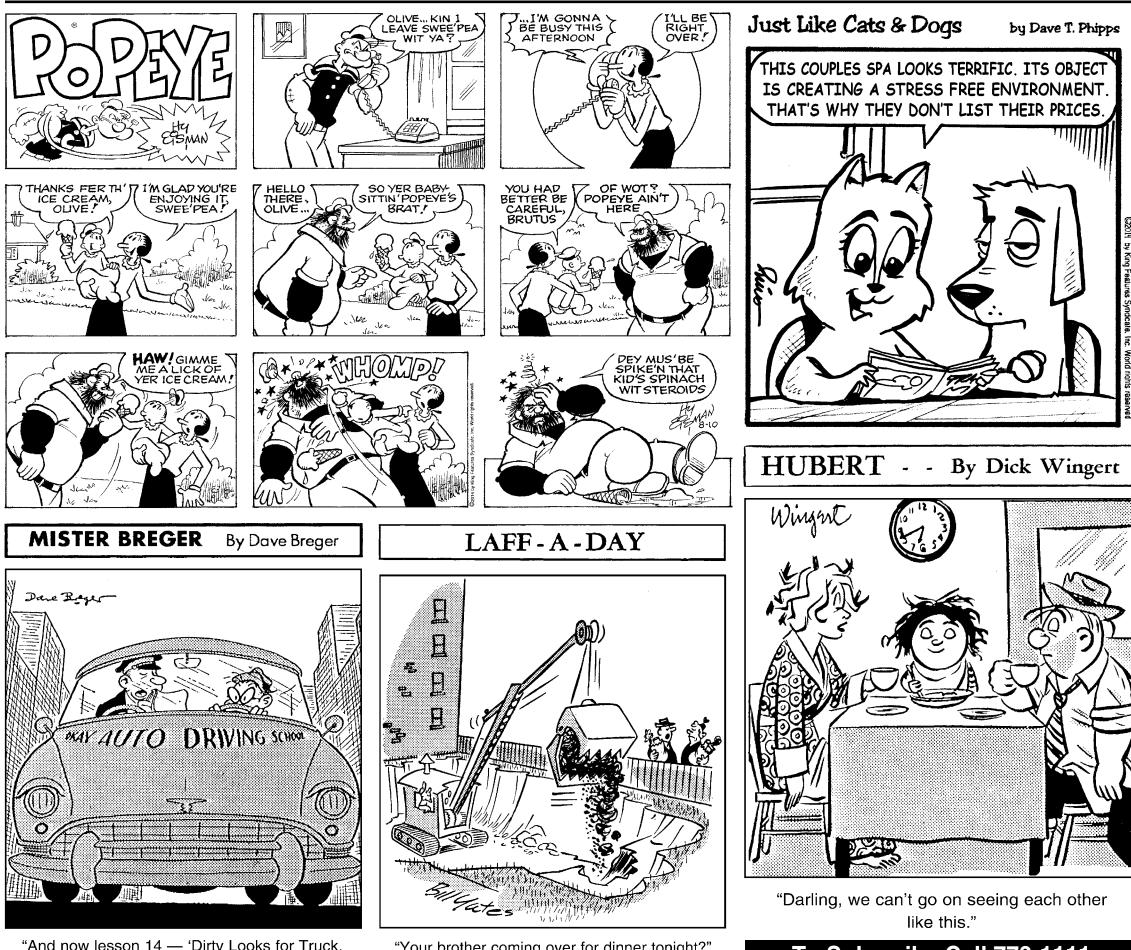
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ARIES (March 21 to April 19) Despite your Aries penchant for wanting to tackle a problem head-on, you might want to take a little more time to see how a current situation develops. It could surprise you.

TAURUS (April 20 to May 20) Taking on the role of peacemaker in a disruptive environment is a challenge. But you can do it. Just continue to have the same faith in yourself that so many others have in you.

GEMINI (May 21 to June 20) Although your work schedule keeps you busy, you should make time to start preparing for that important upcoming family event you'll want to celebrate in a special way.

CANCER (June 21 to July 22) Home is where the Moon Child wants to be early in the week. But by week's end, a chance to travel raises her or his excitement level, and that of the lucky person who gets to go along.

Got Local News? Call 773-1111

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LEO (July 23 to August 22) Be careful not to be a copycat when dealing with someone who uses unfair or even unkind methods to reach a goal. As always, do the right thing the right way, and you'll win in the end.

VIRGO (August 23 to September 22) An offer could have many good things attached to it that are not apparent at first glance, including a chance to move into another career area. You might want to check out its possibilities.

LIBRA (September 23 to October 22) With responsibilities surging both in the workplace and in the home, it's important to prioritize how you deal with them. Be patient. Pressures will begin to ease starting early next week.

SCORPIO (October 23 to November 21) A positive reaction to a suggestion could indicate that you're on track for getting your message to the right people. Devote the weekend to catching up with the special people in your life.

SAGITTARIUS (November 22 to December 21) A new attitude from those in charge could make things difficult for you unless you can accept the changes without feeling as if you're being pressured into doing so.

URROUNDING

GROUND

CAPRICORN (December 22 to January 19) Family matters once again dominate much of the week. But don't neglect your workplace duties while you deal with them. An offer to help could come from a surprising source.

AQUARIUS (January 20 to February 18) A difficult workplace situation begins to ease, but there still are matters that need to be dealt with before it's fully resolved. There's also a more positive turn in domestic relationships.

PISCES (February 19 to March 20) Don't let yourself be rushed into making a decision about an intriguing financial arrangement. Asking questions and checking it out now could pay off in a big way later on. **BORN THIS WEEK:** You might have a tendency to be more than a bit indematal

more than a bit judgmental, but others understand it comes from a warm, loving heart. (c) 2014 King Features Synd., Inc.

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Thought for the Day: "When choosing between two evils, I always like to try the one I've never tried before." — *Mae West* © 2014 King Features Synd., Inc.

Rain gardens are shallow depressions in the landscape that give rainfall a chance to collect and infiltrate the surrounding ground instead of being funneled directly into local waterways via storm drains. Pollutants can be filtered out of rainwater during this process. For instructions on how to build your own rain garden, go to www.raingardennetwork.com

> Brenda Weaver Sources: uconn.edu, www.raingarden network.com



COUCH THEATER ---DVD PREVIEWS By Sam Struckhoff

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of August 25, 2014.

DOG OF THE WEEK



Adam Sandler in "Blended"

"Blended" (*PG-13*) -- Adam Sandler and Drew Barrymore play single parents who can't stand each other after going on a disastrous blind date. By sheer coincidence, Sandler takes his three daughters to the same resort in South Africa as Barrymore and her two sons. Then it's a safari through dense patches of Sandler-humor and sappy bogs of Sandler-schmultz.

There are some moments of dry humor, or genuine wit -- but each time it's a surprise in the regular routine of poop jokes, bouncing bodies and make-fun-of-the-weirdo gags. There's also the backdrop of troublesome African stereotypes. If you want an easy night of lowbrow laughs with the family, look elsewhere. "Blended" might give you the boring and uncomfortable evening you were trying to avoid.

PICKS OF THE WEEK

"The Normal Heart" (R) -- Mark Ruffalo stars as a Ned Weeks, an activist fighting in the early days of the HIV/AIDS crisis. Set in the early 1980s, Ned sees friends slowly die as the disease spreads through New York's gay community. There isn't any medical treatment available at this point, and it's not really a priority. Weeks is a passionate and controversial activist, unwilling or unable to tone down.

This HBO made-for-TV feature is based on the 1985 play of the same name. The play was an outcry for support, and delivered a demand that people remember what happened and how a killer disease was ignored because it was prevalent among gays. That energy is still present, but anger is only a fraction of the emotional weight in the movie adaptation.

"Trust Me" (R) -- Howard (Clark Gregg, from TV's "Agents of S.H.I.E.L.D." and the Iron Man movies) is a Hollywood talent agent for child stars. He's trying to make it to the top, despite a run of bad luck and fierce competition from his slimy rival (Sam Rockwell). Howard gets one more shot when he finds Lydia (Saxon Sharbino), a strident 13-year-old actress who could star in the next big teen blockbuster. Gregg -- also the film's writer and director -- plays a charming underdog, making this dramedy worth checking out.

"The Double" (R) -- In a dimly lit office built like a bunker, Simon (Jesse Eisenberg) works away his little life as one of the people who goes mostly unnoticed. Then a guy named James (also Eisenberg) comes into the office, and he fits right in. Simon and James look exactly alike, except Simon is nervous and quiet, where James is cocky and impulsive. James is so much better at life that he starts to move in on Simon's life, talking to his crush (Mia Wasikowska) and winning all the praise at work. This movie is just off-putting enough to have fun with social anxiety.

TV RELEASES

"Portlandia: Season 4" "The Walking Dead: Season 4" "Criminal Minds: Season 9" "Elementary: Season 2" "Revenge: Season 3" (c) 2014 King Features Synd., Inc.



By Samantha Weaver

• A newspaper reporter once asked General Charles de Gaulle, leader of the Free French Forces during World War II and later president of the French Fifth Republic, if he was happy. De Gaulle replied, "What do you take me for, an idiot?"

• If you're like a million other Americans, you admit to drinking Coke for breakfast.

• The next time you're planning a trip to Indiana, keep in mind that in that state it is illegal to talk behind a person's back or engage in "spiteful gossiping."

· It's been claimed that prodigy William James Sidis had the highest IO ever recorded (though any record of the test has been lost). At the age of 18 months, he was reading The New York Times; by the time he was 8, he had taught himself Latin, Greek, French, Russian, German, Hebrew, Turkish and Armenian and had invented his own language he called Vendergood. At the age of 11 he became the youngest person to enroll in Harvard University, and when he was 12 he lectured the Harvard Mathematical Club on four-dimensional bodies. He graduated cum laude at 16.

• If you wanted to circle the equator with one-dollar bills, it would take 257,588,120 of them.

• In 1889, a magazine called The Literary Digest made the following prediction: "The ordinary 'horseless carriage' is at present a luxury for the wealthy, and although its price will probably fall in the future, it will never, of course, come into as common use as the bicycle."

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Feeding Fledglings

Keep it simple when feeding baby birds. White proso millet, wholegrain bread, unsalted peanuts, safflower seed and sunflower heart chips are just a few food items young fliers love. If you toss seed on the ground, make sure it's near a brush pile or bushes so birds can easily take cover.

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916 Sudoku Puzzle on Page 10

	5	Sudu	ko P	uzzle	on F	Page	6	
4	6	8	1	2	9	7	5	3
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Crossword Puzzle on Page 10														

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06008. James Thuyduong Ly, 8059 Bucks Harbor Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name "Ly Wang Enterprise" at 8059 Bucks Harbor Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on July 18, 2014. Publish: July 31, August 7, 14 and 21, 2014 LYWANG 140721 LYWANG 08-21-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06012. GLP Stores, LLC, 5980 88th Street, Sacramento, CA 95828 is doing business under the Fictitious Business Name "GLP Brands" at 5980 88th Street, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on July 21, 2014. Publish: July 31, August 7, 14 and 21, 2014 GLPBRANDS 140721 08-21-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05840. Farid K. Yousefi, 7409 Auburn Boulevard #N, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Sierra Vallev Auto" at 8016 Auburn Boulevard #1, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on July 14, 2014. Publish: July 31, August 7, 14 and 21, 2014 SIERRA 140722 08-21-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05942. Young Kim, 3600 Data Drive #489, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Names "Café Sunrise and The Bay Food Co." at 11150 International Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on July 17, 2014. Publish: July 31, August 7, 14 and 21, 2014

08-21-14 CAFE 140718 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06040. Naycora Griffith-Fauntleroy, 2119 Wyda Way #6, Sacramento, CA 95825 is doing business under the Fictitious Business Names "On Time Tech Company and Academics Academy" at 2391 Arden Way #3, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on July 21, 2014. Publish: July 31, August 7, 14 and 21, 2014

ONTIME 140721 08-21-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05564. Beverly Van Santen, 8408 Grinnell Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name "Sweater UP" at 8408 Grinnell Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on July 3, 2014. Publish: July 31, August 7, 14 and 21, 2014 SWEATERUP 140722 08-21-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05940. Naeem Janjua and Jasmin Ali, 7857 Caldonia Way, Sacramento, CA 95832 are doing business under the Fictitious Business Name "Jasmin's Boutique" at 2811 Florin Road, Suite C, Sacramento, CA 95822. Filed with the Clerk of Sacramento County on July 17, 2014. Publish: July 31, August 7, 14 and 21, 2014 JASMINS 140722 08-21-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05567. Rancho CPD Inc., 3731 Recycle Road, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "AAA Dodge Truck & Van" at 3731 Recycle Road, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on July 3, 2014. Publish: July 31, August 7, 14 and 21, 2014 AAADODGE 140722 08-21-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05908. Stacy Kutsar, 7772 Kalwani Circle, Sacramento, CA 95828 is doing business under the Fictitious Business Name "Sisters Floral" at 7772 Kalwani Circle, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on July 16, 2014. Publish: July 31, August 7, 14 and 21, 2014 SISTERS 140722 08-21-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06037, Jonathan David Brown, 5541 McKay Street, Fair Oaks, CA 95628 is doing business under the Fictitious Business Names "JDB's Custom Landscape Construction and JDB's Services" 5541 McKav Street, Fair Oaks, CA 95628, Filed with the Clerk of Sacramento County on July 21, 2014. Publish: July 31, August 7, 14 and 21, 2014

140722 JDBS 08-21-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06031. Baudilio Liriano, 9233 Earl Fife Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Names "We Do It Right and Fixed Fast" at 9233 Earl Fife Drive, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on July 21, 2014. Publish: July 31, August 7, 14 and 21, 2014 WEDOIT 08-21-14 140723

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06060. Gerald Reguera, 8031 Grand Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Network Flood Insurance Agency" at 8031 Grand Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on July 22, 2014. FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06256. Kevin Goettsch, 8617 Winding Way, Fair Oaks, CA 95628 and Dan Jameson, 9163 Lariat Court, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name "The Dugout" at 6085 Greenback Lane, Citrus Heights, CA 95621. with the Clerk of Sacramento County on July 29, 2014. Publish: August 7, 14, 21 and 28, 2014 DUGOUT 140730 08-28-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05531. Clifford G. Mardison, 5046 Hackberry Lane, Unit 314, Sacramento, CA 95841 is doing business under the Fictificus Business Names POOL Section Units and Cliff Erceff at EAG Indiators. "P.O.L. Society Music and Cliff Ford" at 5046 Hackberry Lane, Unit 314, Sacramento, CA 95841. Filed wit the Clerk of Sacramento County on July 1, 2014. Publish: August 7, 14, 21 and 28, 2014 POLSOCIETY 140714 08-28-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05861. David Arne Lewis and Kimberly Jean Romero, 3740 View Court, Santa Rosa, CA 95403 are doing business under the Fictitious Business Names "Floppy's Digital Copies and Printing, Floppy's Digital Print and Copy" at 2031 J Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County on July 15, 2014. Publish: August 7, 14, 21 and 28, 2014

FLOPPYS 140730 08-28-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06208. Minister Walena Gaspard, 1820 Capitol Avenue #401, Sacramento, CA 95811 is doing business under the Fictitious Business Name "Restoration New Life Recovery Prayer Ministry" at 1820 Capitol Avenue #401, Sacramento, CA 95811. Filed with the Clerk of Sacramento County on July 29, 2014. Publish: August 7, 14, 21 and 28, 2014 RESTORATION 140730 08-28-14 STATEMENT FICTITIOUS BUSINESS NAME FBNF2014-06259. Shannon Hunt, 6725 Fleming Avenue, Sacramento, CA 95828 is doing business under the Fictitious Business Names "Once Upon An

Alpha, Alpha Author Promotions" at 6725 Fleming Avenue, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on July 30, 2014. Publish: August 7, 14, 21 and 28, 2014 ONCE 140731 08-28-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05527.TiffanyandJeffreySmith,5025Waterbury

Way, Fair Oaks, CA 95628 are doing business under the Fictitious Business Names "The Eagle Guys, Auto Magic of South Bay" at 5025 Waterbury Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on July 1, 2014. Publish: August 7, 14, 21 and 28, 2014 EAGLE 140801 08-28-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06108. Malcom T. O'Neal, Sr., 8604 Cassieri Circle, Sacramento, CA 95825 is doing business under the Fictitious Business Name "The Malronic Network 916" at 8604 Cassieri Circle, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on July 24, 2014. Publish: August 14, 21, 28 and September 4, 2014 140804 09-04-14

MALTRONIC FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06203. Michelle Nguyen, 230 Sun Shower Circle, Sacramento, CA 95823 is doing business under the Fictitious Business Name "MT Network" at 6665 Stockton Boulevard, Suite 1B, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on July 28, 2014. Publish: August 14, 21, 28 and September 4, 2014 MTNETWORK 140802 0 09-04-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06307. Autos for Athletes, 4900 Warehouse Way, #120, Sacramento, CA 95826 is doing business under the Fictitious Business Name "West Campus Jr. Warriors" at 4900 Warehouse Way, #120, Sacramento. CA 95826. Filed with the Clerk of Sacramento County on July 30, 2014. Publish: August 14, 21, 28 and September 4, 2014 09-04-14

WEST 140804 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06418. Camacho Communications Corporation, 517 8th Street, Sacramento, CA 95814 is FBNF2014-06418. doing business under the Fictitious Business Names "CAMCO Solutions, Camcho Electric & Data" at 517 8th Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on August 5, 2014. Publish: August 14, 21, 28 and September 4, 2014 140805 CAMCO 09-04-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-066433. Lucas Perretti, 2139 Moonstone Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name "Vinotrope" at 2139 Moonstone Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County on August 5, 2014. Publish: August 14, 21, 28 and September 4, 2014 VINOTROPE 140805 09-04-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04661. Jason Saunders, 6101 Mariposa Avenue, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "American Saltwater Charters' at 6101 Mariposa Avenue, Citrus Heights, CA 95621. Filed h the Clerk of Sacramento County on June 4. 2014. Publish: August 14, 21, 28 and September 4, 2014 AMERICAN 140805 05 09-04-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06265. Ralph Adam Neeley, 6320 Aslin Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "White Diamonds Entertainment" at 6320 Aslin Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 30, 2014. Publish: August 14, 21, 28 and September 4, 2014 140805 09-04-14 WHITE FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06185. Jaswinder Singh Shergill, 8041 Tetotom Parkway, Antelope, CA 95843 and Shubhjit Kaur, 7925 Tetotom Parkway, Antelope, CA 95843 are doing business under the Fictitious Business Name "Pints N Fifths Liquor Store" at 6432 Stockton Boulevard, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on July 28, 2014. Publish: August 14, 21, 28 and September 4, 2014 140807 PINTS 09-04-14 FICTITIOUS BUSINESS NAME STATEMENT FBNE2014-06402 Luis Bamirez 2281 Sierra Boulevard acramento, CA 95825 is doing business under the Fictitious Business Name "Roval Limousine" at 2281 Sierra Boulevard, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on August 4, 2014. Publish: August 14, 21, 28 and September 4, 2014 ROYAL 140807 09-04-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06461. Jamin Teague, 1516 Linda Vista Lane, Sacramento, CA 95822 is doing business under the Fictitious Business Name "Assurance Training" at 1516 Linda Vista Lane, Sacramento, CA 95822. Filed with the Clerk of Sacramento County on August 6, 2014. Publish: August 14, 21, 28 and September 4, 2014 ASSURANČE 140807 09-04-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06379. De'Andrea Clay, 836 57th Street, Suite 441, Sacramento, CA 95819 is doing business under the Fictitious Business Name "Fierce & Chic Boutique" at 836 57th Street, Suite 441, Sacramento, CA 95819. Filed with the Clerk of Sacramento County on August 1, 2014. Publish: August 14, 21, 28 and September 4, 2014 FIERCE 140807 09-04-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05707. Aimee Aikens, 562 Lagomarsino, Sacramento, CA 95819 and Tia Kilpatrick and Chandler Crook, 5338 F Street, Sacramento, CA 95819 are doing business under the Fictitious Business Name "Versa Indoo Cycling & Fitness" at 5338 F Street, Sacramento, CA 95819. Filed with the Clerk of Sacramento County on July 8, 2014. Publish: August 14, 21, 28 and September 4, 2014 140807 09-04-14 VFRSA FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06465. Premier Marketing Alliance, Inc., 7131 Governors Circle #A, Sacramento, CA 95823 is doing business under the Fictitious Business Names "Resource Financial and Insurance Services, Make a Path, A+ 1st Cleaning Services" at 7131 Governors Circle #A, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on August 6, 2014. Publish: August 14, 21, 28 and September 4, 2014 140807 RESOURCE 09-04-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06374. Pat & Pam Enterprises, Madison Avenue, Suite 110, Sacramento, CA 95841 is doing business under the Fictitious Business Name "Papa Murphy's Take 'n' Bake Pizza" at 6470 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on August 1, 2014. Publish: August 14, 21, 28 and September 4, 2014 PAPA 140807 09-04-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06003. Jacob Rojaniemi, 6954 Linda Creek Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Squid Works Hydrographics" at 10398 Rockingham Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on July 18, 2014. Publish: August 14, 21, 28 and September 4, 2014 SQUID 140807 09-04-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06210. Bonnie Ann Dominick Enterprises, 7612 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Vista Group Realty & Property Management, LLC" at 7612 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 29, 2014. Publish: August 14, 21, 28 and September 4, 2014

140807 VISTA 09-04-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06007. Adia E. Cunningham, 2341 Cortez Lane, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Soulful Touch" at 2341 Cortez Lane, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on July 18, 2014. Publish: August 14, 21, 28 and September 4, 2014

SOULFUL 140808 09-04-14 NAME STATEMENT FICTITIOUS BUSINESS Inc., 12970 Rimfire FBNF2014-06414. Jendal, Drive, Wilton, CA 95693 is doing business under the Fictitious Business Name "D.F. Construction" at 12970 Rimfire Drive, Wilton, CA 95693. Filed with the Clerk of Sacramento County on August 5, 2014. Publish: August 14, 21, 28 and September 4, 2014 DFCONSTRUCTION 140808 0 09-04-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06427. Treescake Factory Inc., 7666 Zephyr Hills Way, Antelope, CA 95843 is doing business under the Fictitious Business Name "Treescake Garden" at 701 16th Street #130, Sacramento, CA 95814. Field with the Clerk of Sacramento County on August 5, 2014. Publish: August 14, 21, 28 and September 4, 2014 TREESCAKE 140805 09-04-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05815. Ruth Graves, 9131 Devon Crest Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name "Maestro Cafe" at 2069 Arena Boulevard #130, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on July 11, 2014. Publish: August 14, 21, 28 and September 4, 2014 09-04-14 MAESTRO 140808

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05886. Maria Raya, 7402 Watt Avenue #57, North Highlands, CA 95660 is doing business under the Fictitious Business Name "Tacos El Rey" at 7402 Watt Avenue #57. North Highlands. CA 95660. Filed with the Clerk of Sacramento County on July 15, 2014. Publish: August 14, 21, 28 and September 4, 2014 TACOS 140805 09-04-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06534. Joseph Handley, 3900 Navaho Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name "JRH Services" at 3900 Navaho Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County on August 8, 2014. Publish: August 21, 28. September 4 and 11, 2014 JRH 140809 09-11-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06124. Designer Perfume Outlet, Inc., 9551 Butterfield Way #48, Sacramento, CA 95827 is doing business under the Fictitious Business Name "Sunglass Outlet" at 6041 Sunrise Mall #126, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on July 24, 2014. Publish: August 21, 28. September 4 and 11, 2014 SUNGLASS 140809 05

09-11-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06494. Lawrence Jones, 7301 Florin Woods Drive #26, Sacramento, CA 95823 is doing business under the Fictitious Business Name "National Highways Most Wanted (N.H.M.W.)" at 4946 Watt Avenue #30, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on August 7, 2014. Publish: August 21, 28. September 4 and 11, 2014 NHMW 1408011 02 09-11-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06527. Lori H. Harrison, 1628 Clinton Road, Sacramento, CA 95825 is doing business under the Fictitious Business Name "LKH Creations" at 1628 Clinton Road, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on August 8, 2014. Publish: August 21, 28. September 4 and 11, 2014

1408012 09-11-14 LKH FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06500. Thomas Langtry, 3701 62nd Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name "Education Associates, LP" at 3701 62nd Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County on August 7, 2014. Publish: August 21, 28. September 4 and 11, 2014 EDUCATION 1408013 09-11-14

BUSINESS NAME FICTITIOUS STATEMEN 9:00 a.m. on September 23, 2014 in Department 54 located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. THE COURT ORDERS that all persons interested in

this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Dated: July 23, 2014

Raymond M. Cadei, Judge of the Superior Court Publish: July 31, August 7, 14 and 21, 2014 NOBLE 140723 08-21-14 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00166644

WHEREAS, Lauren Nicole Skees, has filed a petition with this court for a decree changing the name of Lauren Nicole Skees to Lauren Nicole Bertolani. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 9:00 a.m. on September 22, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 23, 2014 Raymond M. Cadei, Judge of the Superior Court Publish: July 31, August 7, 14 and 21, 2014

140723 08-21-14 SKEES

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2014-00166309

WHEREAS, Amrik Singh and Jaswant Kaur, have filed a petition with this court for a decree changing the names of Amrik Singh to Amrik Singh Chatha and Jaswant Kaur to Jaswant Kaur Chatha IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on September 12, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 16, 2014

David I. Brown, Judge of the Superior Court Publish: July 31, August 7, 14 and 21, 2014 KAUR 140725 08-21-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00166653

WHEREAS, Charity Celestial Sturgill, has filed a petition with this court for a decree changing the names of Nicole Marie Hibbard to Nicole Marie Sturgill and Serenity Rose Hibbard to Serenity Rose Sturgill.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 22, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento

CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 23, 2014

David I. Brown, Judge of the Superior Court Publish: August 7, 14, 21 and 28, 2014 STURGILL 140801 08-28-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2014-00166658 WHEREAS, Nicholas Paul Balian, has filed a petition with this court for a decree changing the names

of Nicholas Paul Balian to Nicholas Paul Matassa. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 22, 2014, in Department 54,

located at 800 Ninth Street, Third Floor, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 23, 2014 Raymond M. Cadei, Judge of the Superior Court Publish: August 7, 14, 21 and 28, 2014 BALIAN 140728 08-28-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2014-00166372

WHEREAS, Stanley Morrison, has filed a petition with this court for a decree changing the names of Stanley Carl Morrison to Stan Carl Morrison. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 18, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento CA 95814, and show cause, if any, why the petition

for Change of Name should not be granted. Dated: July 16, 2014 Raymond M. Cadei, Judge of the Superior Court

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00167197 WHEREAS, FNU Shafi Ullah, has filed a petition with this court for a decree changing

COUNTY OF SACRAMENTO

name of FNU Shafi Ullah to Shafiullah HOTAK. IT IS ORDERED that all persons interested the above entitled matter appear before this court at 2:00 p.m. on October 14, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 6, 2014 David I. Brown, Judge of the Superior Court

Publish: August 14, 21, 28 and September 4, 2014 ULLAH 140806 05 09-04-14

COUNTY OF SACRAME	NIO
ORDER TO SHOW CAU	ISE
CHANGE OF NAME	
#34-2014-00167199	
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WHERE

ee changing filed a petition the names of FNU Safiullah to Safiullah Azizi, FNU Zohra to Zohra Azizi and FNU Shifa to Shifa Azizi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 15, 2014, in Department 53,

located at 800 Ninth Street, Third Floor, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 6, 2014 David I. Brown, Judge of the Superior Court Publish: August 14, 21, 28 and September 4, 2014

140806 09-04-14 PARI

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00166369

WHEREAS, Brandy Aurelia Barrett, has filed a petition with this court for a decree changing the names of Brandy Aurelia Barrett to Brandon Andy Aurelius Barrett. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 18, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 16, 2014 David I. Brown, Judge of the Superior Court Publish: August 21, 28. September 4 and 11, 2014

09-04-14 BARRETT 140808

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00167551 WHEREAS, FNU Roohullah, has filed a petition with this court for a decree changing the names of FNU Roohullah to Roohullah Qadiy. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 20, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted

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Dav	rid I. Brown	, Jud	ge of the	Superior	Court		
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_							

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00167565

WHEREAS, Wayland Hung Hoang, has filed a petition with this court for a decree changing the names of Wayland Hung Hoang to Wayland Hung Chang. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 22, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 13, 2014

David I. Brown, Judge of the Superior Court Publish: August 21, 28. September 4 and 11, 2014 HOANG 140813 09-11-14

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF METTA MARIA PRINDLE(descendent)

ESTATE NO. 34-2014-00166469 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of METTA MARIA PRINDLE (deceased): A petition has been filed by EDWARD L. PRINDLE in the Superior Court of California, County of Sacramento, requesting that EDWARD L. PRINDLE be appointed Executor to administer the estate of the decedent. The petition requests the decedent's will and codicils if any, be admitted to probate. The will and any codicils

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personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Gerald N. Hampton, 3195 Bonanza Drive, Cameron Park, CA 95682 (530)676-7755 Publish: August 7, 14 and 21 2014 HAMPTON 08-21-14 140731

NOTICE OF PETITION TO ADMINISTER ESTATE OF

CHARLES F. FRANK (descende ESTATE NO. 34-2014-00166896 To all heirs, beneficiaries, creditors, and contingent

creditors of and persons who may be otherwise interested in the will or estate, or both of CHARLES F. FRANK (deceased)

A petition has been filed by MANDI LOPEZ in the Superior Court of California, County of Sacramento, requesting that MANDI LOPEZ be appointed as Executor to administer the estate of the decedent. The petition requests the decedent's will and codicils. if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows: September 10, 2014, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing.

Your appearance may be in person or by your attorney YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you

are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Mandi R. Lopez, 301 Crystal Street, New Orleans, LA 70124 (504)920-5299 Publish: August 14, 21 and 28 2014 FRANK 140807 08-28-14

NOTICE OF PETITION TO ADMINISTER ESTATE OF HARRY JOHN SCHOONMAKER (descendent) ESTATE NO. 34-2014-00167509

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of HARRY JOHN SCHOONMAKER (deceased): A petition has been filed by CHARLES SCHOONMAKER in the Superior Court of California, County of Sacramento, requesting that CHARLES H. SCHOONMAKER be appointed as

Executor to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required.

A hearing on the petition will be held in this court as follows: October 9, 2014, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you

should appear at the hearing and state your objections

or file written objections with the court before the hearing.

Your appearance may be in person or by your attorney

of the deceased, you must file your claim with the court

IF YOU ARE A CREDITOR or a contingent creditor

Publish: July 31, August 7, 14 and 21, 2014 NETWORK 140723 08-21-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05606. Bradlev A. Buchmiller. 2891 Anderson Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Brad's Home Repair" at 2891 Anderson Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on July 7, 2014. Publish: July 31, August 7, 14 and 21, 2014 BRADS 140723 08-21-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05856. Brandon C. Lewis, 792 Krypton Court, West Sacramento. CA 95691 is doing business under the Fictitious Business Name "Dot Eye Photography at 8313 Oakenshield Circle, Antelope, CA 95843. Filed with the Clerk of Sacramento County on July 14, 2014. Publish: July 31, August 7, 14 and 21, 2014 140723 08-21-14 DOTEYE

NAME STATEMENT FICTITIOUS BUSINESS FBNF2014-06136. Patricia Waldon, 7862 Winding Way #1624, Fair Oaks, CA 95628 and Frederick Gundra, 5291 Wisteria Road, Pollock Pines, CA 95726 are doing business under the Fictitious Business Name "Pinnacle Financial Services" at 5150 Sunrise Boulevard, Suite H-6, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on July 24, 2014. Publish: July 31, August 7, 14 and 21, 2014 PINNACI F 140724 08-21-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06137. G Punjab TV USA LLC, 40W 39 Street, New York, NY 10018 is doing business under the Fictitious Business Names "G Pumjab TV USALLC and Global Punjab TV" at 5109 Gibbonsw Drive #13, Carmichael, CA 95608 Filed with the Clerk of Sacramento County on July 25, 2014. Publish: July 31, August 7, 14 and 21, 2014 GPUNJAB 140725 08-21-14

STATEMENT FICTITIOUS BUSINESS NAME FBNF2014-06010. Precious Paws Pet Se ervices, LLC 3431 Buccaneer Circle, Sacramento, CA 95826 is doing business under the Fictitious Business Names preciouspawspetservices.com. Precious Paws Pet Services" at 3431 Buccaneer Circle, Sacramento, CA 95826 Filed with the Clerk of Sacramento County on July 18, 2014. Publish: August 7, 14, 21 and 28, 2014 PRECIOUS 08-28-14 140725

STATEMENT FICTITIOUS BUSINESS NAME FBNF2014-05917. Sukhminder S. and Jasbir K. Gill, 9581 S. Canyon Court, Orangevale, CA 95662 are doing r the Fictitious Business Name "Circle of Friends" at 3708 Marconi Avenue, Sacramento, CA 95821 Filed with the Clerk of Sacramento County on July 16, 2014. Publish: August 7, 14, 21 and 28, 2014 CIRCLE 140728 08-28-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06194. T.L.S. Parts. Inc., 3689 Recycle Road, Suite 3, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "TLS Auto Recycling at 3811 Recycle Road, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on July 28, 2014. Publish: August 7, 14, 21 and 28, 2014 140728 08-28-14 TLS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05887. Robert L. Foutz, 6809 Duckling Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name "Foutz & Son Construction" at 6809 Duckling Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on July 15, 2014.

Publish: August 7, 14, 21 and 28, 2014 FOUTZ 140729 08-28-14 FICTITIOUS BUSINESS STATEMENT NAME FBNF2014-05267. Gus Ballis, 11481 Upper Meadow Drive, Gold River, CA 95670 is doing business under the Fictitious Business Name "Augustus Environmental" at 11481 Upper Meadow Drive, Gold River, CA 95670. Filed with the Clerk of Sacramento County on June 24, 2014. Publish: August 7, 14, 21 and 28, 2014 AUGUSTUS 140701 08-28-14

MPG

FBNF2014-06206. Eunah Ann Murdoch, 2801 Alexandra Drive Apt. #413. Roseville. CA 95661 is doing business under the Fictitious Business Name "Hana Dental Lab" at 5713 Marconi Avenue, Suite #A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 29, 2014. Publish: August 21, 28. September 4 and 11, 2014 1408013 09-11-14 HANA

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06163. Bubba's Express Carwash. Inc., 7700 Penryn Estates Drive, Penryn, CA 95663 is doing business under the Fictitious Business Name "Bubba's Express Carwash" at 4610 Madison Avenue, Sacramento, CA 95841 Filed with the Clerk of Sacramento County on July 25, 2014. Publish: August 21, 28. September 4 and 11, 2014 09-11-14 BUBBAS 1408013

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06319. Karin Gillingham, 8480 Rick Mary Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Dream Handmade" at 8480 Rick Mary Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on July 31, 2014. Publish: August 21, 28. September 4 and 11, 2014 1408015 DREAM 09-11-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06637. Wax Bare, LLC, 9399 Marlemont Circle, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "Wax Bare" at 9320 Elk Grove Boulevard, Suite 175, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on August 12, 2014. Publish: August 21, 28. September 4 and 11, 2014 WAXBARE 1408015 09-11-14 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06721. BVD Financial, Inc., 4227 Sunrise Boulevard. Suite 200. Fair Oaks. CA 95628 is doing business under the Fictitious Business Name

"California Real Estate Group" at 4227 Sunrise Boulevard, Suite 200, Fair Oaks, CA 95628. Filed with Publish: August 21, 28. September 4 and 11, 2014 CALIFORNIA 1408015 the Clerk of Sacramento County on August 15, 2014. 09-11-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06515. Foothill Veterinary Service, Inc., 4807 Auburn Boulevard, Sacramento, CA 95841 is doing business under the Fictitious Business Name "Foothill Farms Veterinary Hospital" at 4325 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on August 7, 2014. Publish: August 21, 28. September 4 and 11, 2014 1408014 09-11-14 FOOTHILL

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06375. Hazuki Kataoka Battino, 369 N. Lexington Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name "Leaf Moon Arts" at 369 N. Lexington Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County on August 1, 2014. Publish: August 21, 28. September 4 and 11, 2014 LEAFMOON 1408014 09-11-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-06610. Jack Orr, 5341 Mustang Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Jacks Repair Service" at 5341 Mustang Way, Carmichael, CA 95608. Filed with Clerk of Sacramento County on August 12, 2014. Publish: August 21, 28, September 4 and 11, 2014 JACKSREPAIR 1408014 09-11-14

ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00166660 WHEREAS, Peter M, Noble and Laura S, Wong, have filed a petition with this court for a decree changing the name of Kaitlyn Isabella Kensington Noble to Kaitlyn Isabella Noble. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at

MORRISON	140729	08-28-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00166667

WHEREAS, Joanna Farfan, has filed a petition with this court for a decree changing the names of Joanna Farfan to Joanna Castillo IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on September 23, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 23, 2014 David I. Brown. Judge of the Superior Court Publish: August 7, 14, 21 and 28, 2014 FARFAN 08-28-14 140731

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00166898

WHEREAS, Tristan Landrum Jaramillo, has filed a petition with this court for a decree changing the name of Tristan Natalie Landrum, Jaramillo to Tristan Natalie Landrum

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 6, 2014, in Department 54, located at 800 Ninth Street Third Floor Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 30, 2014

Raymond M. Cadei, Judge of the Superior Court Publish: August 14, 21, 28 and September 4, 2014 JARAMILLO 140801 09-04-14

> ORDER TO SHOW CAUSE CHANGE OF NAME

Office, Attorney, has filed a petition with this court, for this petitioner Lisa Magdalin, for a decree changing the names of Alec Perevozchikov to Alec Magdalin and Nikita Perevozchikov to Nikita Magdalin.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 1, 2014, in Department 53, located at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

09-04-14 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00167198 WHEREAS. Stacey Anne Burrows, has filed a

tition with this court for a decree changing the name of Stacev Anne Burrows to Stacev Adrian Burrows. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 15, 2014, in Department 54, located at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 6, 2014

Publish: August 14, 21, 28 and September 4, 2014 BURROWS 140806 00 09-04-14

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vailable for examination in the file kept by the court The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required.

A hearing on the petition will be held in this court as follows: August 28, 2014, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney

IF YOU ARE A CREDITOR or a contingent credito of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you

are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of an petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for petitioner, is: Gary G. Perry, Law Office of Gary G. Perry, 2251 Fair Oaks Boulevard, Suite 200, Sacramento, CA 95825 (916)649-0742, Publish: August 7, 14 and 21 2014 PRINDLE 08-21-14 140730

NOTICE OF PETITION TO ADMINISTER ESTATE OF LEOTA E. HAMPTON(descendent) ESTATE NO. 34-2014-00166926

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of LEOTAE. HAMPTON (deceased): A petition has been filed by GERALD N. HAMPTON AND DOLORES M. HUGHES in the Superior Court of California, County of Sacramento, requesting that GERALD N. HAMPTON AND DOLORES M. HUGHES be appointed as Executor to administer the estate of the decedent

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required.

A hearing on the petition will be held in this court as follows: September 10, 2014, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney

IF YOU ARE A CREDITOR or a contingent credito of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or

by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you

are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: Joan M. Medeiros SBN: 166972, Law Office of Joan Medeiros, 2377 Gold Meadow Way, Suite 100, Gold River, CA 95670, (916)729-1307 Publish: August 21, 28 and September 4, 2014 SCHOONMAKER 140812 8-28-14

NOTICE OF PETITION TO ADMINISTER ESTATE OF CRAIG HANS PETERSEN (descendent) ESTATE NO. 34-2014-00167249

all heirs, beneficiaries, creditors, То and contingent creditors of and persons who may be otherwise interested in the will or estate. or both of CRAIG HANS PETERSEN (deceased) A petition has been filed by STEVE HAMPTON in the Superior Court of California, County of Sacramento requesting that STEVE HAMPTON be appointed as Executor to administer the estate of the decedent. The petition requests the decedent's will and codicils,

if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required.

A hearing on the petition will be held in this court as follows: October 2. 2014. 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney

YOU ARE A CREDITOR or a contingent credito of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you

are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: David R. Morris, ESQ. SBN: 224829, 5137 Golden Foothill Parkway Suite 110, El Dorado Hills, CA 95762. (916)789-9810 Publish: August 21, 28 and September 4, 2014 PETERSEN

140815 8-28-14



Dated: July 30, 2014 David I. Brown, Judge of the Superior Court Publish: August 21, 28. September 4 and 11, 2014 MAGDALIN 140805 05

Raymond M. Cadei, Judge of the Superior Court

COUNTY OF SACRAMENTO #34-2014-00166855 WHEREAS. Shannon Mason. Mason Law

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The Second Saturday Reception is September 13, 2014, 5:30-8:30 pm and will feature dance performances by Malko Dance Academy under the direction of Sergey Malko. There will also be live music by the Cello Trio.

The annual Open Watercolor Exhibition, "Go With the Flow 2014," judged by Chris Messer, NWS, CWA, will be held September 2 -27, 2014 at the Sacramento Fine Arts Center, 5330B Gibbons Drive, Carmichael. Gallery Hours are 11 a.m.-7 p.m. Tuesdays, and 11 a.m.-3 p.m. Wednesdays through Saturday.

There will be live watercolor demonstrations by members September 20-21, 10 a.m.-5 p.m.

Source: Sacramento Fine Arts Center

At right; 2013 Best of Show winner, "Oporto Fishermen," by Steve Walters.



Will the Government Take It?

Dear Dave,

I have a 5-year-old daughter, and I want to start a 529 for her. However, I'm concerned that the government might seize the 529 assets in order to pay off debt and give people treasury bonds instead. Do you think this might happen? - Barry

Dear Barr

Dear Barry,

I think there's less than a one percent chance they'd seize the actual assets. Really, I don't believe they're any more likely to come take investments away

Dave Says

the 529 plan's ability to grow tax-free? As in, they just come in and say they're making it all taxable to pay the bills they've accumulated up in Washington, D.C. from all their stupid behavior. That kind of thing actually *could* happen. - *Dave*

Sell the Rental and Reinvest? Dear Dave,

I'm retired, and my husband plans to work for several more years. We have \$130,000 in savings accounts, plus a rental property. The rental property has a \$150,000 mortgage, but we have no other debt. Should we sell the rental and reinvest in the stock market? - Barbara

Dear Barbara,

If I were in your shoes, I'd be investing in mutual funds and paying off the rental property as

Settling with Sallie Mae Dear Dave,

Is it possible to settle the debt on a student loan? - James

Dear James,

Sallie Mae student loans, or federally insured student loans, are insured by the government. Translation, the bank is going to still get paid 100 percent by the taxpayers, because the government is guaranteeing the loan. They have no reason to settle with you.

They're not going to settle with you on the principal amount or the interest, James. You might be able to talk them down on the collection fees. They jack those way up. But the original amount you borrow, plus the actual interest that hasn't been paid, is guaranteed by the government. They'll get it from one of you! - Dave

Clearing the Confusion By Richard H. Will, Attorney at Law

I want to set things straight about long term care and Medi-Cal benefits for payment of Long Term Care.

Despite a widespread misconception about long term care, there is no such thing as a State Nursing Home and there is no such thing as a State Medi-Cal Nursing Home and we do not relegate our aging seniors to the backroom of some forgotten County hospital. Long Term Care is a fully funded Federal program called Medi-Caid (Medi-Cal in California) and it is not funded with diminishing State funds. It is a Federal Program administered by the states and it is funded largely by the Federal Government although there is a State component to its cost.

Long Term Care is for persons who simply cannot care for themselves and need to be residing in a Skilled Nursing Center where a registered nurse is on duty 24 hours a day; no budget cut will ever be passed to put any of these people out on the street.

The truth is all Nursing Homes are privately owned with no State or County ownership and over 92% of them are in the Medi-Caid, (Medi-Cal) program. A person receiving Medi-Cal benefits may be sharing a room with a privately paying patient where the private pay rate is anywhere from \$7,000.00 to \$9,500.00 or more per month. By Federal Law, the care of a person receiving Medi-Cal payment for benefits cannot be less than the care given to anyone else, including the private pay patients.

And you do not have to run out of money to qualify for Medi-Cal benefits. I repeat, you do not have to run out of money to qualify for Medi-Cal benefits. You do not have to be indigent to qualify for these benefits. But you do have to plan ahead if you want to qualify for benefits and protect your assets.

Although the Department of Health Services will not tell you how, and most financial advisors do not know how, it is possible to plan ahead. Even if your spouse, your mom or dad or grandparent one is close to needing long term care, or even in long term care, it is possible to qualify for long term care Medi-Cal benefits with proper actions.

A Trust won't do it; a divorce won't do it; just giving your assets away won't do it, nor will trying to build up enough savings to pay for it. Even long term care insurance doesn't cover it all, if at all.

But, proper planning can solve the long term care problem just as proper planning can solve the "avoid probate" problem.

To avoid Court probate, people are planning ahead with revocable Trusts. By planning ahead they avoid the high cost of Probate Court, and avoid the long delays of Probate Court. Planning ahead for long term Medi-Cal benefits care can also bring great benefits:

- 1. Between husband and wife, it can qualify one for long term care benefits and protect family home and assets from after-death claims.
- 2. As a single person, it can qualify that person for long term care Medi-Cal benefits and protect the family home and most of the assets from after-death claims.

Remember, there is no such thing as a State or County Medi-Cal home or any kind of a Medi-Cal home at all. Medi-Cal beneficiaries reside side by side with all other residents of a nursing home and discrimination of any kind is totally illegal and not practiced.

Planning ahead is not simple because the Medi-Cal regulations are complex and sometimes even a little hard to believe. However with planning, a healthy spouse does not need to become impoverished because the other spouse needs nursing home care and no one needs lose their home to after death Medi-Cal long term care claims.

Richard H. Will is an Elder Law and Probate Attorney in the Greater Sacramento Area and can be reached at 916-482-8897.

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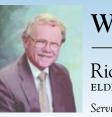
Long Term Care Government Benefits Planning

than they are to come take your home. I mean, we're really talking about private property here. If you have \$100,000 in a retirement fund, and they say they're going to take that away from you, it's like taking a person's home. I just don't see that happening.

The big question, I think, is this: Are they likely to take away some of the tax benefits — like

fast as possible. That would be my game plan.

When it comes to mutual funds, you shouldn't be jumping in and out. The key is to find good ones with long track records of success and stability. Then, leave the money alone for several years and let it do its thing! - Dave * Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com. ★



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"THE PRIVILEGE OF PLANNING"

This is not a sales seminar. It is a community educational presentation that focuses on the importance of advance funeral planning and all of the options available, including Veteran's benefits, cremation and burial choices as well as key consumer advice. In addition to lunch, each attendee will receive a FREE Emergency Planning Guide.

> Friday, August 8 • Friday, October 10 11:30 am to 12:30 pm

EAST LAWN MEMORIAL PARK & CREMATORY 4300 Folsom Boulevard • Sacramento RSVP Required: 916.732.2000

> Wednesday, August, 20 (Spanish & English) 11:30 am to 12:30 pm

ANDREWS & GREILICH FUNERAL HOME 3939 Fruitridge Road • Sacramento RSVP Required: 916.732.2026

Wednesday, July 23 • Thursday, Aug 28 11:30 am to 12:30 pm

SIERRA HILLS MEMORIAL PARK & EAST LAWN MORTUARY 5757 Greenback Lane • Sacramento RSVP Required: 916.732.2020

Thursday, August 14 Dinner 6:30 pm

Wednesday, Sept 17 11:30 am to 12:30 pm

ELK GROVE MEMORIAL PARK & MORTUARY 9189 E. Stockton Boulevard . Elk Grove RSVP Required: 916.732.2031

Reservations Required, please RSVP to the location of your choice, or to Lisa West at LisaW@EastLawn.com

Seating is limited to 30 attendees per seminar



The Tony Award Winning play!



'The Drowsy Chaperone' will again feature an all-star cast including Analise Langford-Clark - as Janet Van de Graaff, the star of Feldzieg's Follies. Debonair, dashing, and a matinee idol Robert Martin is played by Bernie.

The all-star cast includes Dan Slauson, as the Man in Chair - a mousy, agoraphobic Broadway fanatic, seeking to cure his "non-specific sadness".

Deane Calvin as the Drowsy Chaperone, the melo-dramatic diva to be reckoned with whom gleefully chews the scenery and steals just about every scene in which she appears.

Directed by Bob Irvin, this musical is based on a book by Bob Martin and Don McKellar, music and lyrics by Lisa Lambert and Greg Morrison and score by Richard Adler and Jerry Ross. The show won the Tony Award in 2006 for Best Book of a Musical and Best Score. Fair Oaks Theatre Festival's production is choreographed by Sunny Smith, with Vocal Direction by Tracy Martin Shearer and Music Direction by Kirt Shearer.

For Further Information: Call (916) 966-3683 FairOaksTheatreFestival.com

Fair Oaks Theatre Festival Veterans Memorial Amphitheatre, 7991 California Avenue, Fair Oaks, 95628



The Drowsy Chaperone

is a parody of American

musical comedy of the 1920s. The story concerns a middleaged, musical theatre

fan; who as he plays the recording of his favorite stage show, the

fictional 1928 musical,

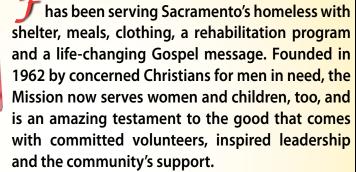
The Drowsy Chaperone,

the show comes to life





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Senior Computer School offers computer classes exclusively for Seniors. Core courses include Computer Fundamentals, Word Processing, Internet, and Excel. Each of these classes is six 2 ½ hour sessions, which meet either in the morning or afternoon on MWF or TTH.

The cost for these core courses is \$30 total for all 6 sessions. The cost includes lessons/manuals. Additional one or two 2½ hour session workshops are offered for \$5 per workshop. Workshop titles include: Digital

Cameras, Computer Maintenance, E Bay, Greeting Cards, Downloading, Windows 7, Storage and Backup Files, Flash Drives, etc, and Database.



Senior Computer School is a non-profit organization staffed by volunteer instructors, assistants, and office staff. We train 40-60 students every month with 8 to 16 students in each class. Step by step instructions are conducted with clearly written lessons. There is no need to take notes as the lessons are provided for you to keep after each session. Assistants provide individual help, as needed during each session.

The Senior Computer School learning center is located at the back of the Rio Americano High School campus, 4540 American River Drive, Sacramento, CA 95864. Free parking is available near the levee road, inside the chain linked fenced area. Look for the Senior banner on the Learning Center.



Courses Offered:

(6 2 ½ hr Sessions) Computer Fundamentals I, Word Processing, Internet, Excel, Graphics

Also Workshops: (1 or 2 2½ hr Sessions) Digital Camera, Computer Maintenance, Greeting Cards, Downloading, Organize and Edit Digital Camera Photographs, I Pads etc.

Workshops \$5 for each session. Everyone is welcome.

For more information on how to become a Senior Computer School volunteer or to enroll for classes, contact the Sacramento Computer School Learning center at (916) 485-9572 or email to student2917@hotmail.com





The Exciting New World of Implant Supported Dentures



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There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



Now there is a solution to these issues, Implants with "Snap On" Dentures!



2 Implants With Attachments to a Denture \$2000 Off

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

A snap on denture gets some support from the implants that it snaps onto. Unlike conventional dentures that rest on the gums, a snap on denture is anchored to multiple implant snaps and is therefore much more stable and comfortable.

Two or more implant snaps can be used on the upper and/or lower jaw. The more snaps that are placed, the more stable the denture will be. Much like a four legged chair would be more stable than a three or two legged chair, the use of denture snaps keep the denture stable, secure and comfortable. These snaps are designed with different levels of retention, customized to the needs of the patient. When the snaps wear out, replacing them is a simple and inexpensive procedure.

If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

Carmichael Dental Group

8329 Fair Oaks Blvd., Ste B Carmichael, CA 95608

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