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Carmichael Times

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June 19, 2014

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Over the Cliff at High Speed Another Looming Fiscal Train Wreck of a Budget



The most recent economic bust, and the dot com bust which preceded it, should have served as a stark reminder about the consequences of growing government faster than economic growth, and the failure of not planning for another downturn.

**Commentary by
Jon Coupal**

Given the experience of the recent recession, one would think that our state political leadership would have learned the dangers of profligate public spending. The most recent economic bust, and the dot com bust which preceded it, should have served as a stark reminder about the consequences of growing government faster than economic growth, and the failure of not planning for another downturn.

But this is California – the state with one of the lowest ratings for effective governance

and efficient use of tax dollars. And, by the way, that's not just a disgruntled conservative complaining. By any objective criteria, including the respected Pew Center for States, California is a state where its citizens are taxed and regulated to a very high degree in return for a dismally poor level of public services.

On Sunday afternoon, just a few hours before the constitutional deadline for passing a budget, the leadership of the majority party almost broke their arms trying to pat themselves on the back for the budget deal they just completed. Thanks to Proposition

25 passed in 2010 – a measure which was sold to voters as increasing transparency and accountability – state budgets can now be passed with a simple majority vote of each house, meaning that the far more fiscally responsible Republicans are now wholly shut out of the process. And for that promised transparency? Virtually the entire budget was negotiated behind closed doors among left leaning Democrats.

The result is not good for California taxpayers. First, state spending is projected to skyrocket to over \$156 billion dollars. That is a huge increase over just last year.

Second, the budget envisions significant increases in government program spending of an ongoing nature rather than one time expenditures. As any Sacramento observer knows, this is a recipe for disaster. It is California's proclivity to expand government programs which gets us into such trouble when the inevitable downturn arrives. Moreover, building in higher levels of government programs will surely increase the political pressure for extending the Prop 30 tax hikes which gave California the highest income tax and state sales tax rates in America. But then, we suspect

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**Sacramento Taxpayers
Association Files
Lawsuit Against CRPD
Over Assessment**

SACRAMENTO, CA (MPG) - Sacramento Taxpayers Association ("STA") has announced that it filed a lawsuit in Sacramento Superior Court on Friday, June 13, 2014 against the Carmichael Recreation and Park District ("District") alleging violations of Proposition 218 regarding its recent levy of a \$660,000 annual property tax assessment. The District passed the assessment to finance certain park and recreational facilities improvements within the District's boundaries.

The lawsuit alleges that the Assessment is in reality a special tax, which has not been passed by a two-thirds vote. The lawsuit contends that "special benefits" from the planned improvements identified by the District are in reality "general" benefits to the entire community. The STA believes that everyone in the community at large enjoys the benefits from parks and recreation facilities. In addition, the lawsuit challenges the District's process in passing the assessment, including its methodology by which it determined the amount of the assessment.

The lawsuit seeks to invalidate the Carmichael Recreation and Park District's May 15, 2014 Resolution No. CP05152014-01 establishing and levying the assessment and will ask the court to compel it to vacate its decision.

STA is represented by attorney Vincent D. Slavens of the law firm of Krause, Kalfayan, Benink & Slavens, LLP, in San Diego, California.

For more information call 916-399-5600.

Source: Sacramento Taxpayers Association

**WE SUPPORT
OUR MILITARY**

The Females Must Get Through Women Riders Honor Pony Express Legend

**Story and photos
by Susan Maxwell Skinner**

SACRAMENTO REGION, CA (MPG) - This year's re-ride marked the 154th Pony Express anniversary, and unlike the original Pony Express service, a majority of the riders are women. In 1860, Pony Express recruitment favored lean boys, preferably orphans. Carrying mail between Sacramento and St. Joseph, MO, riders galloped like the wind. Chances of being killed en route were great.

Despite the macho legend, annual reruns of the fabled ride now depend hugely on ladies. Staged by the Pony Express Association, the 2014 relay began last week. In early stages, most jockeys were female.

"These days, association could not exist without women," reports California president and ride Captain Rich Tatman. "Over

60 percent of our riders are female. They're accomplished horse people and their passion is dauntless."

So it was that 72-year-old great-grandmother, Pat Fanelli, claimed precious mochilla (mail-bags) at H Street last week and thundered via Arcade and Carmichael toward the rider exchange at River Bend Park. She and her companion, granddaughter Jessica Sloat, crossed the American River at William Pond Park 20 minutes before schedule.

"It was an easy ride," she reported. "We had a nice delta breeze and flat ground; we could open up and gallop most of the six miles. That's what the horses love." A veteran of 13 annual reruns, the retired Sacramento District Attorney employee and 26-year-old gelding Sugar Dandy have not always enjoyed

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Equestriennes Mindy Janski, Dana Rosander, Sheree Harrington, Pat Fanelli and Jessica Sloat escorted fabled mochilla (mail bags) through the Arden, Carmichael and Rancho Cordova legs of the 10-day Pony Express re-actment from Sacramento to St. Joseph, MO.



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Student Honored for Peacemaking Efforts



Nelson Perez, a San Juan High School senior, was awarded \$900 from Northminster Presbyterian Church for his efforts to further peace and reconciliation.

SACRAMENTO REGION, CA (MPG) - Nelson Perez, a San Juan High School senior, was awarded \$900 from Northminster Presbyterian Church for his efforts to further peace and reconciliation. Northminster each year has

given award/awards to outstanding high school students who encourage peacemaking among local youths in the school, church and community.

Nelson has been Senior Class President, a leader in the Peer

Judicial Panel, a body of students who adjudicate behavior issues for their peers, and Restorative Justice Advocacy, a conflict mediation program that seeks to restore relationships where harm has been done. He has served as the Chair of the Leadership Committee for Restorative Justice and has shown an exceptional ability to build relationships between students of diverse backgrounds.

His mentors stress that "he has demonstrated the ability to lead others in the pursuit of establishing a campus governed by peace, collaboration and empathy. He has proven time and time again that he is a change agent, promoting positive change amongst others. He is selfless as well as compassionate and possesses incredible energy." Nelson notes "I continue to always pursue my dreams of an ever so peaceful world and passionately create positive contagious feelings that may touch every person I meet no matter what religious affiliation, ethnicity, or appearance one may have."

Nelson plans to attend Sacramento State University this fall. Congratulations Nelson! ★

Source: Northminster Presbyterian Church

The Females Must Get Through Women Riders Honor Pony Express Legend

Continued from Page 1

such serendipity. Where the old Brockliss Bridge once spanned the American River near Placerville, riders now transport mochila via cable. "It was 1:30 a.m. and pitch dark," recalls Fanelli. "Dandy did not expect the high-pitched cable scream and he freaked out. I ended up in a bush with two frightened horses wrapped around me. No one was hurt. It took time for us all to calm down."

She likens participation in the annual run to wedding prep: "You do trial runs; you're excited for weeks ahead," she says. "Then you're all done in 20 minutes. You relive the ride mentally over and over. These days, Facebook lets you share the experience so the thrill lasts longer."

With social media, cell phones, partner riders, and a motor vehicle escort within miles of the trail, things have changed for the Pony Express. Lone 1860s riders galloped over rough trails for many miles, leaping from exhausted to fresh mounts. They carried Colt 45s and Bibles for protection. Fanelli, a volunteer with the Folsom Lake Trail Patrol, never rides alone. "Sugar Dandy looks after me," she explains, "but I always ride with a companion, it's a safety factor. You never know what you might meet on a trail."

Round-the-clock, the 2014 Pony Express re-run galloped under scorching sun and moonlight—via mountain trails and beside busy highways—to cross the Nevada state line by Thursday morning last week. On



At the bike bridge linking Carmichael and Rancho Cordova, Pony Express rider Sheree Harrington and mare Missy welcome mochila borne by Pat Fanelli on Sugar Dandy.

Saturday, the mail was in Utah. Over 1966 miles, the path will transect eight states and weary 550 riders and mounts. Imprinted with the legendary Pony Express cancellation, mail will reach St. Joseph this Saturday.

Gender aside, couriers are seldom the slender teenagers preferred by Express recruiters of yore. "At 17, you leap into the saddle at a run," marvels ride captain Tatman. "Some older riders need help. But once mounted, they feel they can do anything. My hat's off to them."

A financial disaster, the

19-month service failed in a cloud of dust when telegraph lines pierced the West in 1861. Still, the romance of its dauntless couriers lingers among urban cowboys. Says Tatman: "Everybody loves the aura of the American West. Part of everyone wants to be a cowboy." Or a cowgirl. ★

Anyone may join the National Pony Express Association. Learn about the non-profit historical group at or www.ponyexpressca.com.

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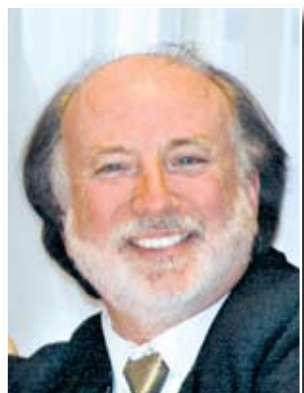
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Publisher, Paul V. Scholl

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56th Annual

Carmichael Elks 4th of July Parade

“AMERICA - LIVING THE DREAM”

Parade Kick Off: 10:30 A.M.

Parade Route:

Fair Oaks Blvd from Marconi to the Elks Lodge on Cypress Ave.

**Grand Marshal Paul Scholl,
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10 A.M. to 12:30 P.M.**

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***After the parade, celebrate the 4th with free swimming, children's games, a western BBQ, live music and dancing at the Carmichael Elks, 5631 Cypress Ave., Carmichael.**

Phone: 489-2103



Announcements & Events Summer Concerts in the Park

6/22 Zydeco On Our Mind, Mardi Gras Jazz
Free music from 6:30-8:30pm
Held at the Carmichael Park Band Shell
Bring a lawn chair or blanket!
Snacks and beverages available for purchase!

Olympic Day, June 23

1-3pm at La Sierra Community Center, Johnson Gym, 5325 Engle Road in Carmichael
Meet Men's Volleyball Gold Medalist, Gabe Gardner. He'll talk about the Olympics and host a free Introductory Volleyball Clinic for ages 5-12.

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Hit And Run Pedestrian Fatality In Carmichael

CARMICHAEL, CA (MPG) - On Sunday, June 15, 2014, at approximately 10:37 p.m., a 22 year old male pedestrian from Sacramento, was walking n/b on Marconi Ave west of Walnut Ave in the middle of the roadway. The pedestrian was wearing a black trench coat during hours of darkness, outside of a crosswalk, in a section of the roadway that had no street lights. At that time, Eric Nelson, a 24 year old Hispanic male from Vacaville, was driving a white 1998 Chevrolet Astro Van w/b on Marconi Ave west of Walnut Ave in the #2 lane at 40 mph approaching the pedestrian's location. The pedestrian stepped in front of the Chevrolet just as it came upon the pedestrian's location. Nelson swerved right but was unable to avoid striking the pedestrian. After the collision Nelson



fled the scene traveling w/b on Marconi Ave west of Walnut Ave. The pedestrian was immediately transported to Mercy San Juan Hospital where he later succumbed to his injuries. On June 17th, in the late afternoon, Eric Nelson turned himself in to the North Sacramento CHP office where he was subsequently arrested for 20001(B)(2) VC - Felony hit and run causing death. Nelson was transported to the Sacramento County Main Jail and booked into custody without

further incident. Any additional information about this news release should be directed to Officer Hertzell who will be available at the CHP North Sacramento Area business phone number: (916) 338-6710, Monday through Friday 8:00 to 5:00 p.m. For urgent matters or to contact after hours you can reach him on his cell at (916) 941-5272.
★
Source: California Highway Patrol

S.E.E. Program (Sheriff's Electronic Eye)

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Sheriff's Department wants you to join our crime fighting team by joining our Sheriff's Electronic Eye (S.E.E.) Camera Registry Program. The S.E.E. Program allows citizens and business owners to register the locations of their video surveillance systems with the Sheriff's Department. When a crime occurs, the Sheriff's Department will be able to identify the locations of video surveillance systems and enlist the assistance of citizens to help us collect video evidence. Using the geographic locations of the registered cameras, the



Sheriff's Department will be able to directly e-mail citizens in an area in which a crime occurred. A common e-mail may ask the

citizen to check their video surveillance system for a specific date and time for video capturing a suspect, getaway car or a crime. If the citizen finds any video evidence, they can contact the Sheriff's S.E.E. Program to make arrangements for video retrieval. Citizens and business owners who register with the S.E.E. Program will receive a window sticker to show they are participating in the program. Register your cameras today. If you have any questions, please contact us at: see@sacsheriff.com ★

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Bev's Angel Project Needs a New Home

Bev's Angel Project is reaching out to anyone who may have a space they are able to donate and make a commitment to the project.

They are in need of at least 5,000 square feet of donated space located in the Carmichael/Citrus Heights/Arden Arcade area. They will pay their own utilities and liability insurance. It is critical for them to have this space September through January in order to serve the children and families they touch during the holiday season. For many children, this is their only Christmas.

Bev's Angel Project is an all-volunteer California non-profit corporation that serves over 3,000 children/families each December.

"Serving the less fortunate and challenged children of Sacramento".



Please contact Jan at (916) 342-4689 or Judee at (916) 798-6311, or email toprcdrrv1@comcast.net if you have any information or can help. You may also make monetary donations to: Bev's Angel Project, P.O. Box 204, Carmichael, CA 95609.



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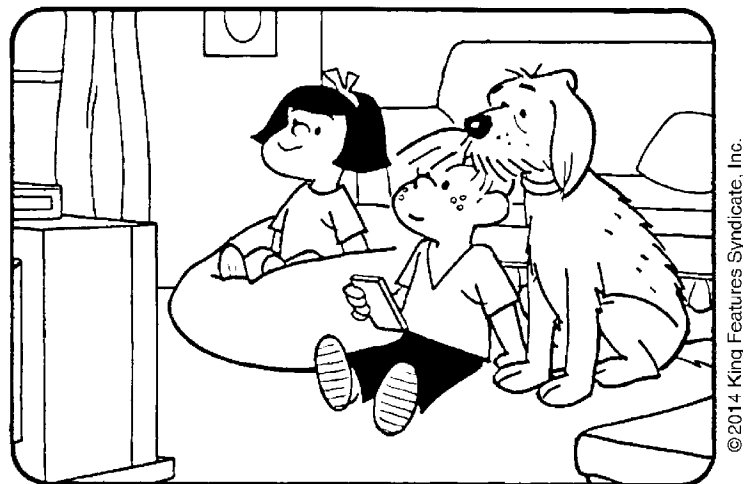
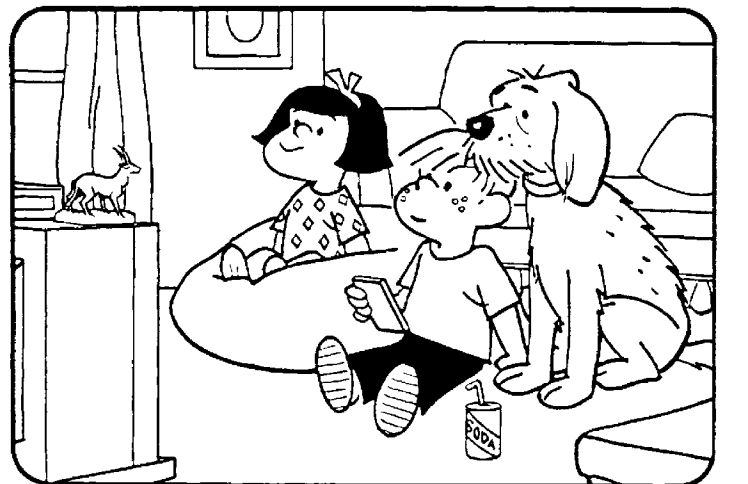
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It takes a nearly impenetrable obtuseness to conclude that the most salient thing to know about University of California Santa Barbara killer Elliot Rodger is that he was a white male who didn't like women. Yet many liberal commentators have managed it in the painful festival of stupidity that has followed his horrific act of mass murder. The reaction has featured rants about sexism, white privilege and Hollywood, all of which are absurdly detached from the reality of what happened at UCSB. It is usually only the details of these sorts of rampage killings that differ, not the central element: a sick young man not getting proper treatment for his severe mental illness. Rodger's mother had been so frightened by his YouTube videos that she alerted his counselor, and the

police visited his apartment. According to The New York Times, Rodger had been prescribed risperidone, an anti-psychotic, but evidently refused to take it. Even without that background, it is obvious that Rodger's final YouTube video and his 140-page manifesto promising to exact vengeance upon the women who spurned him are the ravings of a deranged person; as such, it is the derangement itself, not the content of the ravings, that is most important. Nonetheless, some commentators have plumbed his lunacy for meaning as if they were reading "The Bell Jar." Washington Post film critic Ann Hornaday led the way with a piece asserting that it is "clear that his delusions were inflated, if not created, by the entertainment industry he grew up in" (his father works in Hollywood). According to Hornaday, "a sexist movie monoculture" dangerously misled Rodger into believing that he could always get the girl in the end. Salon ran a piece by Brittney Cooper arguing that "white male privilege kills." Cooper seems to believe that severe psychiatric disorders are something that rich white kids are prone to because they consider themselves so entitled. The other interpretation is that, as Jessica Valenti put it in a piece for The Guardian, "misogyny kills." There is no

doubt that Rodger hated women. But who watches Rodger's final video promising to annihilate all of unworthy humanity like a god and thinks: You know what's wrong with that guy? The sexism. If only he were cool with women, he would want to spare humanity from his wrath. Nonetheless, the Twitter hashtag #YesAllWomen got started as a rebuke to Rodger's toxic attitude to women. It cataloged all that women suffer from sexism. I don't doubt that it's hurtful, to sample one of the tweets, to be a female shark biologist told that the public isn't ready to see you on camera. It just has nothing to do with Elliot Rodger's condition or his crime. The reaction to the UCSB killings is sadly typical. Our political and media culture has proven impervious to serious discussion of severe mental illness and how it is treated in this country. Rep. Tim Murphy, a Pennsylvania Republican, actually has a proposal to make it easier to treat the severely mentally ill. Alas, his bill won't get a viral Twitter campaign because it focuses on the real problem rather than exploiting the latest horror for cheap ideological points. Rich Lowry is editor of the National Review. (c) 2014 by King Features Synd., Inc.

HOCUS-FOCUS BY HENRY BOLTINOFF



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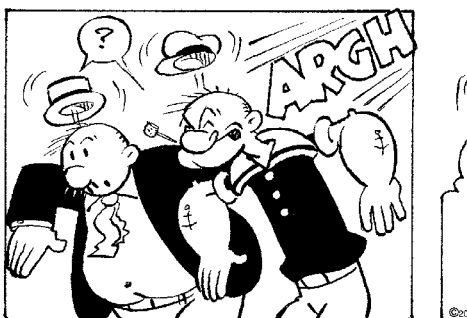
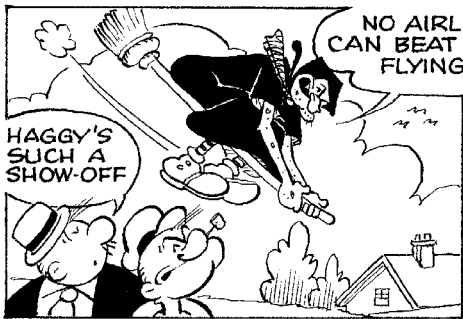
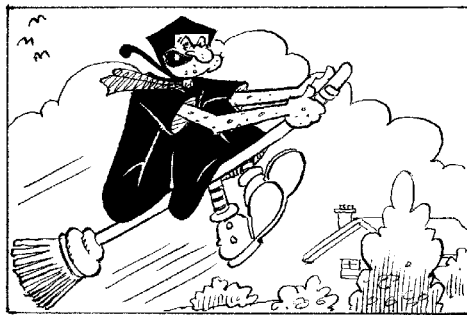
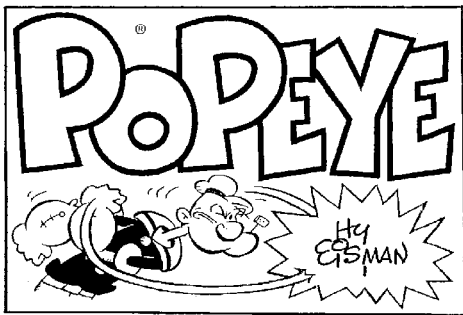
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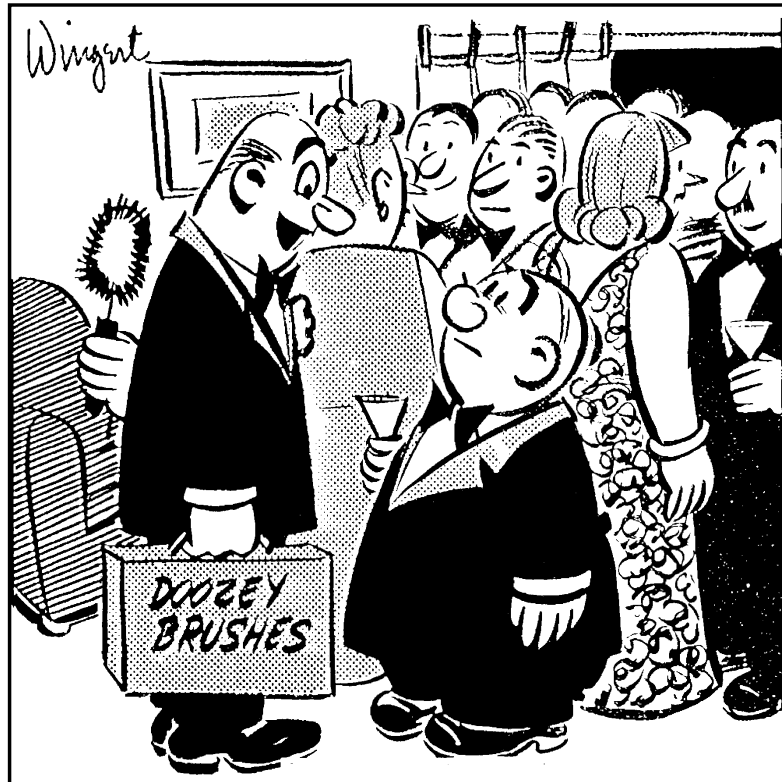
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Just Like Cats & Dogs by Dave T. Phipps



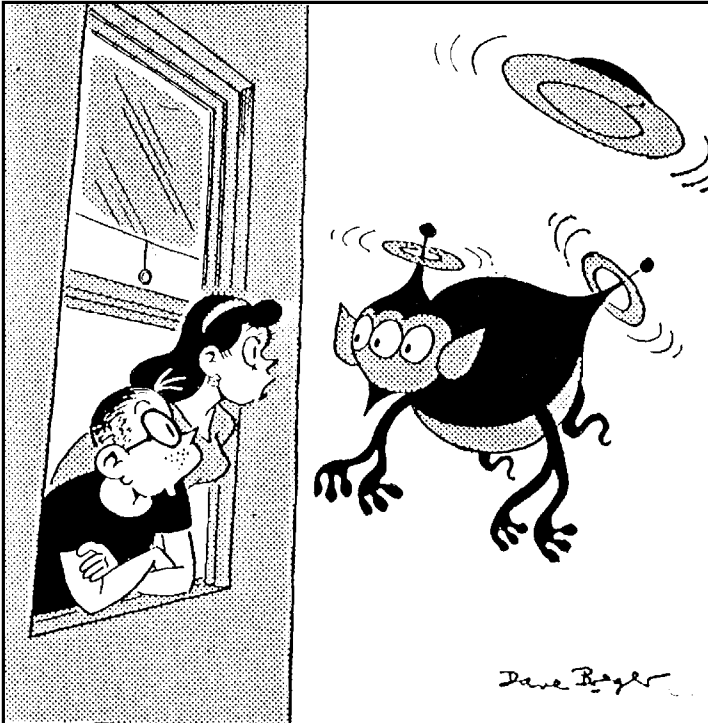
HUBERT - - By Dick Wingert



"Now, you asked what I do for a living—is there some place where we can talk?"

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inner views
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June 24 - July 12, 2014

Exhibition Schedule

July 15-26, 2014	"In the Style of the Masters" Open Exhibit
July 29-Aug 16, 2014	Magnum Opus XXV Open Exhibit
August 19-30, 2014	Sierra Pastel Society Show

Salome's Stars

ARIES (March 21 to April 19)
A change of season reinvigorates the Lamb, helping to overcome the effects of a recent slower-paced period. This is a good time to restate your feelings for that certain someone.

TAURUS (April 20 to May 20)
You might not like using your authority to correct a workplace situation, but that's what being placed in charge is all about. Besides, you have people ready to lend support if need be.

GEMINI (May 21 to June 20)
Your creativity continues to run high and helps guide you to make some fine choices in the work you're doing. Keep the weekend free for those special people in your life.

CANCER (June 21 to July 22)
Don't be surprised if you experience a sudden spurt of energy strong enough to pull you out of that recent period of indecision and put you back in charge of your own goals.

**Got Local News?
Call 773-1111**

LEO (July 23 to August 22)
This is a good time for Leos and Leonas to set new goals regarding health, educational choices and possible career moves. The plans you make now could be a blueprint for your future.

VIRGO (August 23 to September 22)
You might have much to offer a potential employer, but it can all be overwhelmed by too many details. Let the facts about you speak for themselves without any embellishments.

LIBRA (September 23 to October 22)
This is a good week to balance your responsibilities to your work-a-day world with your obligations to the people in your private life. Expect news that could lead to a change in plans.

SCORPIO (October 23 to November 21)
A changing attitude on the part of a once determined adversary could cause changes down the line. Be prepared to take advantage of an unexpected new opportunity.

SAGITTARIUS (November 22 to December 21)
You'd be a truly wise Sagittarius to be skeptical about an offer that doesn't answer all your questions. Even a colleague's testimonial doesn't replace facts that aren't there.

CAPRICORN (December 22 to January 19)
It's a good idea to avoid spending on unnecessary purchases this week in order to keep a money reserve against a possible upcoming (but, fortunately, temporary) shortfall.

AQUARIUS (January 20 to February 18)
More information is what you should demand regarding that workplace situation that recently came to light. Don't be surprised at who might turn up as one of your supporters.

PISCES (February 19 to March 20)
You might still be in a "treading water" mode, but by midweek, a shift in your aspect favors taking a more active role in pushing for the changes you feel are necessary. Good luck.

BORN THIS WEEK: *You exude a warm, caring attitude that comforts everyone who comes into your life.*

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To Subscribe Call 773-1111

Thought for the Day: "All truth passes through three stages. First, it is ridiculed. Second, it is violently opposed. Third, it is accepted as being self-evident." — Arthur Schopenhauer (1788-1860)

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COUCH THEATER DVD PREVIEW

COUCH THEATER -- DVD PREVIEW
By Sam Struckhoff

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of June 23, 2014.

PICKS OF THE WEEK



Forrest Whitaker in "Repentance"

"Rob the Mob" (R) -- Two stupidly in love kids from Queens stumble on a brilliantly doomed plan: find Mafia hangouts where the wise guys have a no-guns policy, then bring a gun and rob them. Tommy (Michael Pitt) and Rosie (Nina Arianda) sit in on the trials of mob boss Don Gotti -- taking detailed notes of names and addresses. Their story gets the attention of a crime journalist (Ray Romano) who digs into their tale while trying to protect them from the inevitable. It's all based on a true story from the early '90s. Since everything is simultaneously true and ridiculous, the film strikes the necessary balance between comedy and drama. Pitt and Arianda light up the screen with delirious love, getting the audience to sympathize with the star-crossed crooks.

"Enemy" (R) -- Jake Gyllenhaal pulls double duty in this psychological thriller. Gyllenhaal plays Adam, a prickly, half-awake history professor. By coincidence, Adam sees a face exactly like his in a rented movie. Adam goes a little mad with paranoia before meeting Anthony (also Gyllenhaal) -- a cocky aspiring actor who is totally and inexplicably

identical to Adam. They are quite different in personality and lifestyle, but Adam and Anthony have the same face, and even similar tastes in relationships. This twisty-turny brain-wrinkler has plenty of revelations, but very few answers. Gyllenhaal handles his dual-action performance with just the right touches. The film has an infectious style thanks to director Denis Villeneuve, who did great things with Gyllenhaal in their last project, "Prisoners."

"Repentance" (R) -- Tommy Carter (Anthony Mackie) is a magnetic life coach and motivational speaker guy. He spouts his ultra-positive philosophy pieced together from all-sorts of spiritual beliefs, saying that others can be saved like he was saved after a life-changing car wreck. On the eve of his big book release, he takes on Angel (Forrest Whitaker) as a client for expensive one-on-one life coaching. Things quickly go south when Tommy tries to end the therapy. The plainly disturbed man holds Tommy in his New Orleans basement for a different kind of one-on-one session.

"Afternoon of a Faun" (PG) -- This documentary examines the life and career of one of the greatest ballerinas in modern times. Tanaquil Le Clercq started learning under George Balanchine in her teen years, and later married him when she was 23. Her shape and her motion set a new ideal for what a ballerina should have. Le Clercq came down with polio when she was 27, leaving her unable to dance for the rest of her life. Interviews with friends and colleagues are interspersed with glimpses of her on stage and in the studio.

TV RELEASES

- "Mama's Family: Complete Fourth Season"
- "Witches of East End: Complete First Season"
- "Lost Girl: Season 4"
- "NYPD Blue: Season 6"
- "The Bridge: Season 1"
- "Duck Dynasty: Season 5"

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Strange BUT TRUE

By Samantha Weaver

• It was American writer and philosopher Elbert Hubbard who made the following sage observation: "Many a man's reputation would not know his character if they met on the street."

• You probably know that the king cobra is one of the deadliest snakes: It can grow up to 18 feet long and is very aggressive, often attacking with little or no provocation. When it rears up to attack, the head can be 4 or 5 feet off the ground, and king cobra's venom is so deadly that a single bite can kill an elephant. You might not realize, though, that these snakes are protective parents. Both the female and the male stay close to the nest, guarding the eggs from any danger.

• Those who study such things can tell your age, race and gender just by examining one of your hairs.

• Did you ever wonder how the lollipop got its name? A man named George Smith first put the hard treat on the end of a stick, but candy-making wasn't his only interest. It seems that Smith also had a keen interest in horse racing, and he named the candy after a popular racehorse of the time, Lolly Pop.

• If you took the entire surface area of the dwarf planet Pluto and laid it flat, it would fit inside Russia.

• The next time you get caught outside in a hard rain, you can reflect on the fact that each drop that hits you is traveling at about 20 mph.

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- Brenda Weaver

Source: www.gardeningknowhow.com

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top ten

Boy Baby Names

1. Noah
2. Liam
3. Jacob
4. Mason
5. William
6. Ethan
7. Michael
8. Alexander
9. Jayden
10. Daniel

Source: Social Security, 2013

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- ACROSS
1. Move smoothly
6. *What Horton heard (2008)
9. *Lost clownfish (2003)
13. Kind of sentence
14. Reporter's question
15. Become established
16. Bring upon oneself
17. Long fish
18. Past or present
19. *Sherman's dad (2014)
21. Swelling, pl.
23. "___ bad!"
24. At the summit of
25. Overall part
28. Pressure unit named after Torricelli
30. *"The _____," squirrel's adventure (2014)
35. *Sandler of "Big Daddy" (1999)
37. Nabisco cracker
39. One of excessive propriety
40. ___ Verde National Park
41. *"Flushed Away" underworld (2006)
43. Icelandic epic
44. Pesto ingredient
46. Piercing spot
47. They're often hidden
48. Chemical cousin
50. Frill around collar
52. Public hanging?
53. Data holder
55. Aggravate
57. *"How to Train Your _____" (2010)
60. Lured with a decoy
64. Canine foe
65. Freudian topic
67. Former Belgian Congo
68. Ahead in years
69. Go wrong
70. Spritelike
71. Not guilty, e.g.
72. Hard to escape routine
73. Nathaniels, familiarly
- DOWN
1. On a golf club
2. Crescent
3. Ancient Peruvian
4. Skeptic's MO
5. Drill into brain
6. Little Miss Muffet's meal ingredient
7. Garden cultivator
8. Baby owl
9. Indian Lilac tree
10. Europe's highest volcano
11. *Piggy's title
12. Single
15. Work promotion
20. "The _____," classic rock band
22. Knotts or McLean
24. MoMa's display
25. *Orphaned after forest fire (1942)
26. Content of cognition, pl.
27. _____ profundo
29. Cambodian currency
31. Not kosher
32. Succeeded kingdom of Judah
33. More eccentric
34. *Beauty's true love (1991)
36. Cripple
38. Domesticated ox having humped back
42. Fit out again
45. Accounting journal
49. *A story of Blu (2011)
51. *It featured the hit song "Let it Go" (2013)
54. Curl one's lip
56. Aussie bear
57. *Raggedy Ann is one
58. Boorish
59. Away from port
60. Database command
61. Pick-me-up
62. Buffalo's lake
63. Hibernation stations
64. Chop off
66. *He was despicable (2010)

CROSSWORD													
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6					8		9				
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.
For Solutions See Page 9

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Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 75 percent on all your medication needs. Call today 1-800-281-3958 for \$10.00 off your first prescription and free shipping. (MB 06-30-14)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 75 percent on all your medication needs. Call today 1-800-356-4170 for \$10.00 off your first prescription and free shipping (SWAN)

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Nenes Smart Start Small in-home Childcare M-F 7AM-6PM. Infant thru 5 Preschool certified Licensed & Insured. (916) 723-3342 collner@suwest.net

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Bula Landscaping Weekly & bi-weekly yard maintenance, yard clean-up & haul, fences and complete landscaping services. Call 916-380-0426 or 916-745-8795 (MPG 06-30-14)

Legal Services

Auto Accident Attorney: INJURED IN AN AUTO ACCIDENT? Call InjuryFone for a free case evaluation. Never a cost to you. Don't wait, call now, 1-800-958-5341. (Cal-SCAN)

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Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

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Medical Alert for Seniors - 24/7 monitoring. FREE Equipment. FREE Shipping. Nationwide Service. \$29.95/ Month CALL Medical Guardian Today 855-334-1975 (MB 06-30-14)

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Help Wanted

Drivers: Local Woodland Flatbed 17.00 per hour CDL-A, 1yr. Experience required. Estenson Logistics. Apply: www.goelc.com 1-866-336-9642 (MPG 07-31-14)

Help Wanted

CUSTOMER SERVICE REPRESENTATIVE Sierra Vista Bank Fair Oaks, California

Responsibilities: opening new accounts, teller operations, answering telephone. Must be fully knowledgeable and skilled in new accounts, teller operations, telephone etiquette and have excellent customer service skills. Apply on-line at www.Sierravistabank.com or fax your resume to 916.850.1516. Attn: HR. Equal Opportunity Employer. (MPG 06-30-14)

OPERATIONS MANAGER Sierra Vista Bank Fair Oaks, California

Responsibilities: manage branch operations, new accounts and teller operations. Must be fully knowledgeable and skilled in all branch operations, cross-selling bank products, and possess excellent customer service skills. Apply on-line at www.Sierravistabank.com or fax your resume to 916.850.1516. Attn: HR. Equal Opportunity Employer. (MPG 06-30-14)

PSYCHIATRIST The Psychiatrist will be responsible for serving patients with mental health problems. He or she will be responsible for managing patient care independently along with other health care professionals and subordinates. Requirements: M.D. or D.O. in Psychiatry; must be eligible for Controlled Substance Registration Certificate and California State Medical License. Please mail CV to: Heather Prowd, Mark David Levine, MD Psychiatrist PC, 3841 N. Freeway Boulevard, Suite 120, Sacramento, CA 95834. (MPG 03-31-14)

Caring Compassionate Seniors WANTED! SENIORS HELPING SENIORS®, a leader in the Senior in-home service industry, has immediate PT openings for Providers. Qualified candidate will have life experience, an interest in making a difference in the lives of other seniors and be comfortable working with senior citizens. Flexible schedules...we'll work around your schedule! Valid driver's license and use of auto is required. Call us today for more information. (916) 372 9640 (MPG)

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Landscaping Bula Landscaping Weekly & bi-weekly yard maintenance, yard clean-up & haul, fences and complete landscaping services. Call 916-380-0426 or 916-745-8795 (MPG 06-30-14)

Legal Services Auto Accident Attorney: INJURED IN AN AUTO ACCIDENT? Call InjuryFone for a free case evaluation. Never a cost to you. Don't wait, call now, 1-800-958-5341. (Cal-SCAN)

Medical Supplies /Equipment Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

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Miscellaneous

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DIRECTV, Internet, & Phone From \$69.99/mo + Free 3 Months: HBO® Starz® SHOWTIME® CINEMAX® FREE GENIE 4 Room Upgrade + NFL SUNDAY TICKET! Limited offer. Call Now 888-248-5961 (NANI)

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Real Estate Sales 316+/- Acre White River Ranch Auction, Calico Rock, AR. Minimum Bid \$800,000. Sealed Bids Due by May 27. Atlas RE Firm, #2276. 5%BP. 501-840-7029. AtlasRealEstateFirm.com (Cal-SCAN)

Real Estate Sales HONEST LOCAL INVESTOR BUYS HOUSES FOR CASH... Call Me First! Mike (916) 203-1585 mike@rlsproperty.com (MPG 02-28-14)

Real Estate Sales Veteran's Nonprofit Veteran Nonprofit, Forgotten Warrior, is recruiting healthcare professionals with experience in using homeopathic methods to treat low income, elderly, homeless, and post traumatic stress disorder veterans. Please call (916) 533-9811. (MPG 07-31-14)

Real Estate Sales Now hiring veterans to be trained as advocates for processing VA benefits at non profit, Forgotten Warrior. Please call (916) 533-9811. (MPG 07-31-14)

Veterans Non Profit Starting Security Company Forgotten Warrior, a non-profit organization, is looking for veterans with experience in security or management for an upcoming guard service. Only veterans should apply. Call (916) 533-9811. (MPG 06-31-14)

Volunteers Needed LIKE TO PLAY BINGO? Support Veterans While You Play! Bingo Volunteers needed every Thursday, Friday, Sunday nights from 4-10pm at Sacramento Bingo Center. 916-533-9811. (MPG 03-31-14)

Volunteers Needed Sutter Auburn Faith Hospice Thrift Store invites volunteers to work as cashiers, sales floor assistants, donation processors or printers. Training is provided; a four hour weekly commitment is requested. Location: 13342 Lincoln Way, Auburn. Call store coordinator, Kim Chase, 530-887-0561. (MPG 12-31-13)

Sutter Auburn Faith Hospice Thrift Store invites volunteers to work in various hospital department or the hospital Gift Shop. Great opportunity to learn about healthcare, raise funds to support our local hospital and to give back to our community. A four hour weekly commitment is requested. Please contact Mindy Danovaro 530-888-4559 for more information. (MPG 04-30-14)

Classified Advertising Call 773-1111

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Position Wanted Classy Senior Lady with 16 yrs experience seeks caregiver/companion position including house-keeping, cooking, transportation, etc. Call 896-5882 (MPG 03-31-14)

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Real Estate Sales 316+/- Acre White River Ranch Auction, Calico Rock, AR. Minimum Bid \$800,000. Sealed Bids Due by May 27. Atlas RE Firm, #2276. 5%BP. 501-840-7029. AtlasRealEstateFirm.com (Cal-SCAN)

Real Estate Sales HONEST LOCAL INVESTOR BUYS HOUSES FOR CASH... Call Me First! Mike (916) 203-1585 mike@rlsproperty.com (MPG 02-28-14)

Real Estate Sales Veteran's Nonprofit Veteran Nonprofit, Forgotten Warrior, is recruiting healthcare professionals with experience in using homeopathic methods to treat low income, elderly, homeless, and post traumatic stress disorder veterans. Please call (916) 533-9811. (MPG 07-31-14)

Real Estate Sales Now hiring veterans to be trained as advocates for processing VA benefits at non profit, Forgotten Warrior. Please call (916) 533-9811. (MPG 07-31-14)

Veterans Non Profit Starting Security Company Forgotten Warrior, a non-profit organization, is looking for veterans with experience in security or management for an upcoming guard service. Only veterans should apply. Call (916) 533-9811. (MPG 06-31-14)

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Sutter Auburn Faith Hospice Thrift Store invites volunteers to work in various hospital department or the hospital Gift Shop. Great opportunity to learn about healthcare, raise funds to support our local hospital and to give back to our community. A four hour weekly commitment is requested. Please contact Mindy Danovaro 530-888-4559 for more information. (MPG 04-30-14)

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Legal Advertising Fax 916-773-2999

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Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

Legal Advertising P.O. Box 14 Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-03781. Futures Explored, Inc., 3547 Wilkinson Lane, Lafayette, CA 94549 is doing business under the Fictitious Business Name "Golden Hill Films" at 428 J Street, Suite 550, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on May 5, 2014. Publish: May 29, June 5, 12 and 19, 2014. GOLDEN 140519 06-19-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04066. Anderson Brothers Auto Wholesale, Inc., 711 Harbor Boulevard, West Sacramento, CA 95691 is doing business under the Fictitious Business Name "Anderson Bros. Collision Centers" at 7424 Fair Oaks, Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 14, 2014. Publish: May 14, June 5, 12 and 19, 2014. ANDERSON 140520 06-19-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04144. Brian Kerfoot, 1813 Parliament Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Kerfoot Enterprises" at 1813 Parliament Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 16, 2014. Publish: May 29, June 5, 12 and 19, 2014. KERFOOT 140520 06-19-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04220. Supreme AV LLC, 3333 Sunrise Boulevard, Unit K, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "Supreme AV Designs" at 3333 Sunrise Boulevard, Unit K, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on May 20, 2014. Publish: May 29, June 5, 12 and 19, 2014. SUPREME 140520 06-19-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-03607. The Greenhouse Garden Supply, Inc., 7619 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Central Valley Greenhouse" at 7621 Fair Oaks Boulevard, Unit C, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on April 28, 2014. Publish: May 29, June 5, 12 and 19, 2014. CENTRAL 140522 06-19-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-03609. The Greenhouse Garden Supply, Inc., 7619 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Cal West Tropical Supply" at 7621 Fair Oaks Boulevard, Unit D, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on April 28, 2014. Publish: May 29, June 5, 12 and 19, 2014. CALWEST 140522 06-19-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04214. Vera Sloyanov, 5771 Boxwood Hill Place, Antelope, CA 95843 is doing business under the Fictitious Business Name "Sureway Registration Services" at 5771 Boxwood Hill Place, Antelope, CA 95843. Filed with the Clerk of Sacramento County on May 20, 2014. Publish: May 29, June 5, 12 and 19, 2014. SUREWAY 140522 06-19-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04337. Hamid Hadari and Lyun Zheng, 1417 Highland Drive, West Sacramento, CA 95691 are doing business under the Fictitious Business Name "Elaune Massage" at 4337 Hazel Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on May 22, 2014. Publish: May 29, June 5, 12 and 19, 2014. ELAINE 140523 06-19-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-03742. Jeffrey A. Myler, 6231 Shadowworek Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Final Phaze Painting" at 6231 Shadowworek Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 2, 2014. Publish: May 29, June 5, 12 and 19, 2014. FINAL 140523 06-19-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04439. Vincent Mejia, 29 Oliver Court, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "Flamingo's Cleaners" at 9416 Kieler Boulevard #8, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on May 27, 2014. Publish: June 5, 12, 19 and 26, 2014. FLAMINGOS 140528 06-26-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04268. Gigi Campo-Jones, 27151 Lake Drive, Pioneer, CA 95666 is doing business under the Fictitious Business Name "G. G. Jones Public Relations" at 1029 J Street #150, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on May 21, 2014. Publish: June 5, 12, 19 and 26, 2014. GGJONES 140528 06-26-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04072. Susan A. Johnston, 5417 Kenneth Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Sue B Bears" at 5417 Kenneth Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 14, 2014. Publish: June 5, 12, 19 and 26, 2014. SUEBBEARS 140528 06-26-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04421. Susan Kim Dakuzuku Schlack and William Perry Schlack, 4440 Minnesota Avenue, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name "Xleration Services" at 4440 Minnesota Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on May 27, 2014. Publish: June 5, 12, 19 and 26, 2014. XLERATION 140530 06-26-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04162. Adam and Jessie Armstrong, 1923 Urbana Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name "Aliva Media" at 251 Opportunity Street, Suite A, Sacramento, CA 95838. Filed with the Clerk of Sacramento County on May 16, 2014. Publish: May 29, June 5, 12 and 19, 2014. ALIVE 140529 06-26-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04181. Kamajit S. Grewal and Harveer Sekhon, 1200 Barnhill Lane, Lincoln, CA 95648 are doing business under the Fictitious Business Name "Mountain Mike's Pizza" at 4141 Manzanita Avenue, #220, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 19, 2014. Publish: May 29, June 5, 12 and 19, 2014. MOUNTAIN 140530 06-26-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04557. Aaron D. Pyle, 2600 16th Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name "Aaron's Driven Transportation" at 2600 16th Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County on May 30, 2014. Publish: June 12, 19, 26 and July 3, 2014. AARONS 140530 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04122. Harold Robert Freihelt, 1095 Myron Court, Zephyr Cove, NV 89448 is doing business under the Fictitious Business Name "Village Auto" at 1940 Zinfandel Drive, Suite C3, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on May 16, 2014. Publish: June 12, 19, 26 and July 3, 2014. AARONS 140530 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04572. Danill Golshin, 7438 Saint Tropez Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name "Galaxy Dent Removal" at 7438 Saint Tropez Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on June 2, 2014. Publish: June 12, 19, 26 and July 3, 2014. GALAXY 140602 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-03580. Juan Carlos Seminario and Helen Wong, 5643 John Runge Drive, Sacramento, CA 95835 is doing business under the Fictitious Business Name "Looks JS Embroidery & Printing Company and Looks JS" at 5643 John Runge Drive, Sacramento, CA 95835. Filed with the Clerk of Sacramento County on April 25, 2014. Publish: June 12, 19, 26 and July 3, 2014. LOOKSJS 140604 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04610. Robert Muirhead, 2132 Cortez Lane, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Pacific Spa Services" at 2132 Cortez Lane, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on June 3, 2014. Publish: June 12, 19, 26 and July 3, 2014. PACIFIC 140603 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04366. Paul H. Snider Trustee and Trust, 5150 Madison Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name "Mark J. Mobile Home & RV Park" at 4724 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on May 22, 2014. Publish: June 12, 19, 26 and July 3, 2014. MARKJ 140604 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04670. Pavel and Lyudmila Palamarchuk, 8119 Oahu Drive, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name "Fair Oaks Home Care for the Elderly" at 8119 Oahu Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on June 4, 2014. Publish: June 12, 19, 26 and July 3, 2014. FAIROAKS 140604 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04584. Dennis R. Collins, Jr., 140 Fountain Oaks Circle #96, Sacramento, CA 95831 is doing business under the Fictitious Business Name "Cut It Up Barber Shop" at 7250 Auburn Boulevard, Suite A, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on June 2, 2014. Publish: June 12, 19, 26 and July 3, 2014. CUTTUP 140605 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04618. Robert Jeffrey McKiernan, 101 Hansey Court, Folsom, CA 95630 is doing business under the Fictitious Business Name "McKiernan Realty" at 49 Naloma Street, Suite A, Folsom, CA 95630. Filed with the Clerk of Sacramento County on June 3, 2014. Publish: June 12, 19, 26 and July 3, 2014. MCKIERNAN 140604 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04137. Angelique Caldwell, 2850 Royal Palm Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Your Real Estate Company" at 2850 Royal Palm Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 16, 2014. Publish: June 12, 19, 26 and July 3, 2014. YOURREAL 140604 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04711. Charles Baldwin, 8032 Red Pine Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Honored Service Rewards" at 8032 Red Pine Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on June 5, 2014. Publish: June 12, 19, 26 and July 3, 2014. HONORED 140605 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04699. Manu and Kavita Jaisinghani, 2943 Azevedo Drive, Sacramento, CA 95833 are doing business under the Fictitious Business Name "Jaisinghani Enterprise" at 3341 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on June 5, 2014. Publish: June 12, 19, 26 and July 3, 2014. JAISINGHANI 140605 07-03-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04648. Heather Elaine Volstedt, 5342 Angelina Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name "FipBit Digital" at 5342 Angelina Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on June 4, 2014. Publish: June 19, 26, July 3 and 10, 2014. FLIPBIT 140609 07-10-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04969. Donald G. and Lily J. Redingshafer, 5414 Parkville Court, Sacramento, CA 95842, are doing business under the Fictitious Business Name "Creatures in the Attic" at 5414 Parkville Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on June 12, 2014. Publish: June 19, 26, July 3 and 10, 2014. CREATURES 140609 07-10-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04564. Michael Anderson, 6318 Larry Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name "Reshine" at 6318 Larry Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on June 2, 2014. Publish: June 19, 26, July 3 and 10, 2014. RESHINE 140609 07-10-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04592. Matthew James McMullen, 8461 Jonquil Way, Citrus Heights, CA 95610 and Tyler M. Harris, 7147 Brookcrest Way, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name "Silent Hittas Music" at 8461 Jonquil Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on June 2, 2014. Publish: June 19, 26, July 3 and 10, 2014. SILENT 140610 07-10-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04941. Mykhaylo Havryshchuk, 2940 Eastern Avenue, Apt.# 6, Sacramento, CA 95821 is doing business under the Fictitious Business Name "Everset" at 2940 Eastern Avenue, Apt.# 6, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on June 11, 2014. Publish: June 19, 26, July 3 and 10, 2014. EVEREST 140612 07-10-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04735. Mark Aussieker, 8830 Olive Ranch Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Executive Auto 233" at 8830 Olive Ranch Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on June 6, 2014. Publish: June 19, 26, July 3 and 10, 2014. EXECUTIVE 140612 07-10-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-04999. Anha Tran, 5308 Winfield Way, Apt. 3, Sacramento, CA 95841 is doing business under the Fictitious Business Name "Anha's Designs, Tailoring, Alterations & Dry Cleaning" at 3427 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on June 12, 2014. Publish: June 19, 26, July 3 and 10, 2014. ANHAS 140613 07-10-14

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-05000. Anha Tran, 5308 Winfield Way, Apt. 3, Sacramento, CA 95841 is doing business under the Fictitious Business Name "Anha's Designs, Tailoring, Alterations & Dry Cleaning" at 5413 San Juan Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on June 12, 2014. Publish: June 19, 26, July 3 and 10, 2014. ANHAS2 140613 07-10-14

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2013-00452

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "McKiernan Realty", located at 49 Naloma Street, Suite A, Folsom, CA 95630. Robert J. and Linda A. McKiernan, 101 Hansey Court, Folsom, CA 95630. The Fictitious Business Name Statement referred to above was filed on January 15, 2013 in the County of Sacramento. Publish: June 12, 19, 26 and July 3, 2014. MCKIERNAN 140604 07-03-14

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ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00163847

WHEREAS, Sarabjit Singh, has filed a petition with this court for a decree changing the names of Sarabjit Singh to Sarabjit Singh Virk IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 15, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 21, 2014 Raymond M. Cadei, Judge of the Superior Court Publish: May 29, June 5, 12 and 19, 2014 SINGH 140521 06-19-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00163858

WHEREAS, Robert Joe Vann, has filed a petition with this court for a decree changing the names of Robert Joe Vann to Bobbie Jo Vann IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 17, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 21, 2014 Raymond M. Cadei, Judge of the Superior Court Publish: May 29, June 5, 12 and 19, 2014 VANN 140521 06-19-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00162715

WHEREAS, Wally Alcaraz (AKA Brianna Alcaraz), has filed a petition with this court for a decree changing the names of Wally Bryan Lopez Alcaraz to Brianna Alcaraz IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 22, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 30, 2014 David I. Brown, Judge of the Superior Court Publish: June 5, 12, 19 and 26, 2014 ALCARAZ 140528 06-26-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00163560

WHEREAS, Susan Nisonger, has filed a petition with this court for a decree changing the names of Quinton Bobby Welch Nisonger to Quinton Malcolm Nisonger IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 2, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 14, 2014 Raymond M. Cadei, Judge of the Superior Court Publish: June 5, 12, 19 and 26, 2014 NISONGER 140528 06-26-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00161639

WHEREAS, Matthew Cary Lopez, has filed a petition with this court for a decree changing the names of Matthew Cary Lopez to Matthew Cary Lentz IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 7, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 19, 2014 David I. Brown, Judge of the Superior Court Publish: June 5, 12, 19 and 26, 2014 LOPEZ 140527 06-26-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00163851

WHEREAS, NouFang, has filed a petition with this court for a decree changing the names of NouFang to Tess NouFang IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 16, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 4, 2014 Raymond M. Cadei, Judge of the Superior Court Publish: June 12, 19, 26 and July 3, 2014 TORRES 140604 07-03-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00164413

WHEREAS, Sean Ryan, has filed a petition with this court for a decree changing the names of Sean Ryan to Darrah Sean Ryan IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 1, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 4, 2014 David I. Brown, Judge of the Superior Court Publish: June 12, 19, 26 and July 3, 2014 RYAN 140604 07-03-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00164717

WHEREAS, Shanel Cecla Glass, has filed a petition with this court for a decree changing the names of Shanel Cecla Glass to Shanel Cecla Royel IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 6, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 11, 2014 David L. Brown, Judge of the Superior Court Publish: June 19, 26, July 3 and 10, 2014 GLASS 140611 07-10-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00164703

WHEREAS, Ehumo Demby, has filed a petition with this court for a decree changing the names of Ehumo Demby to Kisel Kpuke IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 5, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 11, 2014 Raymond M. Cadei, Judge of the Superior Court Publish: June 19, 26, July 3 and 10, 2014 DEMBY 140611 07-10-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00164725

WHEREAS, Kash Gazien, has filed a petition with this court for a decree changing the names of Kash Gazien to Khashayar Ghazianov IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 7, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 11, 2014 David L. Brown, Judge of the Superior Court Publish: June 19, 26, July 3 and 10, 2014 GAZIEN 140612 07-10-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00164633

WHEREAS, Charles Alan Mayfield, has filed a petition with this court for a decree changing the names of Charles Alan Mayfield to Charlene Ale Mayfield IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 30, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 5, 2014 David L. Brown, Judge of the Superior Court Publish: June 19, 26, July 3 and 10, 2014 MAYFIELD 140612 07-10-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00164728

WHEREAS, Yahya Mahyari, has filed a petition with this court for a decree changing the names of Yahya Mahyari to Alex Justin Mayfield IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 7, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 5, 2014 David L. Brown, Judge of the Superior Court Publish: June 19, 26, July 3 and 10, 2014 MAHYARI 140611 07-10-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00164048

WHEREAS, Ndeye S. Fall and Amadou Ndeye, have filed a petition with this court for a decree changing the names of Binta Safia Ndeye to Sophie Binta Ndeye IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 22, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 28, 2014 Raymond M. Cadei, Judge of the Superior Court Publish: June 19, 26, July 3 and 10, 2014 NDOYE 140611 07-10-14

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00164396

WHEREAS, Jared Michael Falla, has filed a petition with this court for a decree changing the names of Jared Michael Falla to Geno Jared Falla IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 31, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 4, 2014 Raymond M. Cadei, Judge of the Superior Court Publish: June 19, 26, July 3 and 10, 2014 FALLA 140613 07-10-14



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Senator Gaines Opposes Wasteful Budget

Criticizes endless spending increases

SACRAMENTO, CA (MPG) - Senator Ted Gaines (R-Roseville) issued the following statement regarding the Democrat majority-vote budget bill:

"Revenues shot up but the Legislature's fiscal IQ stayed flat," said Senator Gaines. "California has built a \$340 billion wall of debt and liabilities and we need to route every single spare dollar towards paying it down. Instead we are paying for an absurd High Speed Rail project and committing to \$900 million in new, ongoing spending. That's a wasteful and incredibly shortsighted budget."

California's total state budget package will be roughly \$254 billion in 2014-15, with \$108 billion coming from the state's general fund, which is nearly \$12 billion more general fund spending than in the prior



Senator Ted Gaines

the additional \$7.4 billion going to K-14 classrooms.

"California is the most innovative state in the country, except when it comes to politics. No matter the problem, no matter the year, no matter the economy, the Democrat solution is always more spending," said Senator Gaines. "In bad times they say it stimulates the economy, in good times it celebrates it. For the sake of the overtaxed Californians who are on the hook for \$340 billion I want to ask: When is it a good time to pay off our debt and fund our pensions?"

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra and Siskiyou counties.

year. In addition, revenues from Prop. 30, sold to voters as a way of shoring up school funding, are being diverted to a variety of programs unrelated to education, with only \$3.1 billion of



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Julie Interrante, MA, teaches the Art of Compassion to colleges, healthcare organizations, corporations, and seminars across the country. Julie has more than 20 years of experience serving as chaplain in both acute care and home hospice care settings. She is the author of the book *The Power of a Broken-Open Heart, Life-Affirming Wisdom from the Dying; Caregiver Therapy; Reduce Your Stress; Will You Stay With Me, a CareNote on Not Dying Alone* as well as a contributing author to *What Helps the Most When You Lose Someone You Love*. A gifted speaker and teacher, Julie brings humor, compassion, and a deep respect for life to all that she does.



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Over the Cliff at High Speed

Another Looming Fiscal Train Wreck of a Budget

Continued from Page 1

that is exactly the politicians' strategy.

While the particulars of the budget which reveal its foolishness are too many to list, two are illustrative of why California remains the fiscal laughingstock of the United States.

First, the budget proposes to spend \$250 million in "cap & trade" funds for the infamous High Speed Rail project. These dollars are forced exactions from California businesses and utilities under California's one of a kind "climate change" law. The exactions are clearly a tax - currently being litigated - ultimately borne by all California citizens in the form of higher energy costs and more expensive goods and services.

As for the HSR project itself, earlier in the week, Congressional leaders in Washington as much as said that California will get federal funding when hell freezes over. Matching federal funds - and private investments - were what California voters were

promised when they approved a bond for a much less expensive rail project years ago. But neither is forthcoming and this is but one reason the project is tied up in litigation.

The irony here is that an arguably illegal revenue stream is being used to fund an illegal public works boondoggle under the theory that the project will somehow reduce global warming. The ultimate absurdity though is that the Legislature's own analyst concluded that, at least for the first several years, the construction of the project will actually produce more greenhouse gases, not less.

The second insult to taxpayers is the expansion of universal preschool programs demanded by Senate leader Darrell Steinberg. The expansion of these programs - demonstrated to have no positive effects on future learning - will cost taxpayers hundreds of millions. The irony here is that earlier last week, in a stunning ruling against California's grossly ineffective public school system,

a judge found that the teacher tenure rules and seniority rules so disadvantaged school children that it violated their civil rights. The ploy by Steinberg to expand preschool had nothing to do with improving education. The sole purpose was to expand the rolls of union paying teachers. And yet this line item in the budget does nothing except increase the size and scope of a corrupt and ineffective bureaucracy.

It has been said that laws are like sausages - it is better not to know what goes into making them. Since the budget is the centerpiece of all annual legislation, perhaps that's why most Californians choose to remain unaware of what goes into it. But citizens remain ignorant at their own expense. ★

Jon Coupal is president of the Howard Jarvis Taxpayers Association -- California's largest grass-roots taxpayer organization dedicated to the protection of Proposition 13 and the advancement of taxpayers' rights.

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Reports from Sacramento Metro Fire District

Grass and Structure Fire Within Ten Minutes of Each Other

SACRAMENTO, CA (MPG) - Just after 6:30 this evening, Metro Fire crews responded to a reported grass fire at 9975 Florin Road in South Sacramento. A fire that had started in dry, flashy fuels was quickly spreading. Crews began a mobile attack on the fire, stopping the fire spread and containing the fire to 5-7 acres. At the time of this release, Metro Fire crews

are still on scene mopping up the fire, while Dozer 1 is completing a line around the burn. No structures were damaged by the fire and the cause is under investigation.

Less than ten minutes later, units were dispatched to a structure fire in Carmichael. Crews arrived to the 6200 block of Meadowvista Drive to find a well-involved residence.

Immediately upon arrival, a neighbor reported that an elderly gentleman was likely trapped inside, so crews launched an aggressive search for the victim, while fighting the fire.

No victim was found inside the residence, though crews thoroughly searched every room of the house. Later in the incident, a gentleman identified himself as the resident of the

house; this was the man they had been searching for. He was completely unharmed and had not even been inside the home.

Crews were able to contain the fire to the home of origin. There was significant damage to the back porch and attic, with moderate damage to the living quarters. Crews were able to save a cherished possession of the family, a 1970 Corvette


Stingray, by moving the car out of the garage while active fire-fighting was taking place. The vehicle was undamaged.

Fortunately, no firefighters or civilians were injured in the fire and the cause is currently under investigation. Total damage to the home and contents is estimated at \$100,000, with roughly \$150,000 in personal property saved. ★





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We accept donations, clothing and goods, 7 days a week...and prayer always!

Matthew 25:40
"Caring for the Least"

50+ Years of Service

(916) 447-3268
400 Bannon Street • Sacramento, CA 95811
Exec. Director, Pastor Tim Lane
P.O. Box 1108, Sacramento, CA 95812

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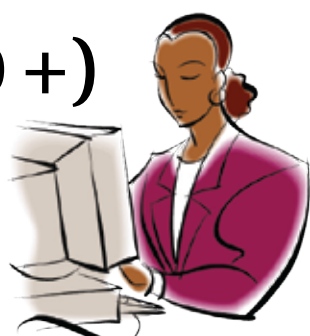
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5714 Auburn Blvd., Sac 95841

SPOTLIGHT ON BUSINESS

Senior Computer School (50 +)

Non Profit, All Volunteer Organization teaches to use the computer in a relaxed, even-paced atmosphere.



Are you a Senior Citizen (50+)? Do you have a Microsoft Windows computer and want to learn how to use it?

Senior Computer School offers computer classes exclusively for Seniors. Core courses include Computer Fundamentals, Word Processing, Internet, and Excel. Each of these classes is six 2 1/2 hour sessions, which meet either in the morning or afternoon on MWF or TTH.

The cost for these core courses is \$30 total for all 6 sessions. The cost includes lessons/manuals. Additional one or two 2 1/2 hour session workshops are offered for \$5 per workshop.

Workshop titles include: Digital Cameras, Computer Maintenance, E Bay, Greeting Cards, Downloading, Windows 7, Storage and Backup Files, Flash Drives, etc, and Database.

Senior Computer School is a non-profit organization staffed by volunteer instructors, assistants, and office staff. We train 40-60 students every month with 8 to 16 students in each class. Step by step instructions are conducted with clearly written lessons. There is no need to take notes as the lessons are provided for you to keep after each session. Assistants provide individual help, as needed during each session.

The Senior Computer School learning center is located at the back of the Rio Americano High School campus, 4540 American River Drive, Sacramento, CA 95864. Free parking is available near the levee road, inside the chain linked fenced area. Look for the Senior banner on the Learning Center.

Courses Offered:

(6 2 1/2 hr Sessions) Computer Fundamentals I, Word Processing, Internet, Excel, Graphics

Also Workshops: (1 or 2 2 1/2 hr Sessions)

Digital Camera, Computer Maintenance, Greeting Cards, Downloading, Organize and Edit Digital Camera Photographs, I Pads etc.

Workshops \$5 for each session. Everyone is welcome.



For more information on how to become a Senior Computer School volunteer or to enroll for classes, contact the Sacramento Computer School Learning center at (916) 485-9572 or email to student2917@hotmail.com

Summer Dances

WEDNESDAYS:
7-9:30PM
JUNE – AUGUST
\$7/PERSON

COCUZZI DANCE TRIO
Dance music for all ages!

INDEPENDENCE DAY DANCE JULY 2
Celebrate in your Patriotic Attire

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Registration Hours:
8:30am–4pm Monday-Friday
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MISSION OAKS COMMUNITY CENTER
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The Exciting New World of Implant Supported Dentures



• Has the Security of a Fixed Bridge! • Easier to Maintain Good Oral Hygiene

There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



Now there is a solution to these issues, Implants with "Snap On" Dentures!



Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

A snap on denture gets some support from the implants that it snaps onto. Unlike conventional dentures that rest on the gums, a snap on denture is anchored to multiple implant snaps and is therefore much more stable and comfortable.

Two or more implant snaps can be used on the upper and/or lower jaw. The more snaps that are placed, the more stable the denture will be. Much like a four legged chair would be more stable than a three or two legged chair, the use of denture snaps keep the denture stable, secure and comfortable. These snaps are designed with different levels of retention, customized to the needs of the patient. When the snaps wear out, replacing them is a simple and inexpensive procedure.

If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a FREE CONSULTATION today!

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