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Exploration
in One
Lifetime**

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Carmichael Times

Volume 34 • Issue 44

Serving Carmichael and Sacramento County since 1981

October 30, 2013

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The Life and Times of Jack And Jerri



Jack and Jerri Pefley and family (Greg and Christine Mayer and John, Laurie and Nicole Pefley), celebrated on their ranch. The family descends from Carmichael Colony pioneers of Palm Drive. Kitty Butterball joined the group. Photo by Susan Maxwell Skinner.

Story and Photos by Susan Maxwell Skinner

Sixty five years of marital bliss takes more than good looks and good cooking.

"Be out of town as much as possible," advises jovial nonagenarian Jack Pefley.

Since much of his marriage was spent away from family, the former pilot is not entirely joking. His wife Jerri (85) laughs in accord: "We were apart so much, we were always so happy to see each other again. But it was hard, too. When our son John was high school valedictorian, Jack was away. In those days, people

were committed to careers. Family events weren't used as excuses."

Jack and Jerri's recent 65th wedding anniversary was all-family; no excuses. The clan gathered at the San Francisco Marines' Memorial Club for a reunion with friends. All pronounced the couple little changed from the sweethearts -- he with Ronald Reagan charm and she with the June Allyson smile -- who wed at the same church where Jack contrived their first date.

In 1948, he was far from home. His father Harold Pefley purchased Carmichael

acres in the early 1900s. Jack was Carmichael born and bred; a neighbor to pioneer Mary Deterding. But WW II and a subsequent military career decreed he would not return home permanently for many years.

Soon after the war, the Navy pilot was posted to Hatboro, PA. Test-flying jet airplanes meant rapid-fire decisions so after beholding 20-year-old Pennsylvanian Jerri Kratz in spring, he proposed in summer and married her that fall. "My father asked if I knew what I was doing," recalls Jerri. "I said yes. Jack's decisiveness

and commitment to decisions was something I liked."

Her suitor was besotted at first sight. For Jerri, the process took at least an afternoon. "Jack saw me singing in the church choir," she explains. "A pilot friend introduced us after church. He asked me to lunch and to a June Allyson movie. My birthday party was that night. I was engaged to someone else. I went out with Jack because I liked him -- and I really liked June Allyson."

During the Hatboro courtship, the dashing test pilot was

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Fire Damages Mark and Monica's Family Pizza Restaurant



CARMICHAEL, CA (MPG) - At approximately 12:10 a.m. on Monday, October 28, firefighters from Sacramento Metro Fire were alerted to a growing fire on the corner of Jameson and Manzanita Avenue at Mark and Monica's Family Pizza Restaurant, 4751 Manzanita Ave.

When firefighters arrived, the fire was in the brush out front and had extended onto part of the structure. Metro Fire crews immediately took action to limit the fire growth; as a result, most of the building was saved from fire damage.

Forty firefighters brought the blaze under control within 45 minutes of their arrival. Damage is estimated at \$50,000 for what could have been a loss of \$750,000.

There were no injuries and Metro Fire is in the process of confirming origin and cause of the fire. ★

Source: Metro Fire District

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Ugly Duckling to Beautiful Swan: Groundbreaking for Carmichael's Milagro Center



CARMICHAEL, CA (MPG) - Milagro, Spanish for miracle, truly exemplifies the transformation from the disappointment that was the Hillside Center in Carmichael to the soon-to-be realized Milagro Centre, located on Fair Oaks Blvd., between

El Camino Blvd. and Marconi Avenue. With architectural plans drawn up and design concepts in place, a groundbreaking ceremony will be held at 4 p.m. on Thursday, November 7th for the new Milagro Centre, the dream of two longtime Carmichael

residents -- husband and wife developer team Allan Davis and Nancy Emerson-Davis.

Dignitaries scheduled to attend include County Supervisor Susan Peters and Carmichael Chamber of Commerce Executive Director Linda Melody.

According to Supervisor Peters, "Carmichael's main street, Fair Oaks Boulevard, is being revitalized by both public and private investment. Sacramento County transformed the intersection of Fair Oaks and Marconi Avenue with improved

landscaping featuring towering palm trees. Soon after, private investment followed north on Fair Oaks Boulevard. Now Milagro Centre is breaking ground south of the intersection and will create an attractive destination featuring retail shopping and restaurant amenities. I applaud the vision being presented by Milagro Investments."

Milagro Centre will be the first real gathering place for residents of the meandering Carmichael area, offering a variety of vendors, from casual to fine dining to unique boutiques and specialty shops, with the feel of a public marketplace like the popular Pike Place Market in Seattle. Much of this will be in an open-air environment enhanced by music, visually enriched by

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The Life and Times of Jack And Jerri

Continued from Page 1

dashing between Pennsylvania and Berkeley, CA, finishing a political science degree. Jerri soon ended things with her unfortunate fiancé. "I sure hoped Jack would propose," she admits. "One day he gave me a gift box with a ribbon sticking out of it. I pulled the ribbon. Every few inches were slips of paper with lines from the love poems of Omar Khayyam. At the very end was a diamond ring."

The September bride personified post-war glam in lace and tulle. The groom's party sported white tuxedos. The Niagara Falls bridal suite, recalls the groom, had twin cots. Because their car was borrowed, Mr. and Mrs. Pefley returned to Hatboro after two days.

Longer journeys became the norm in following years. During Navy postings in the Philippines, Japan, Morocco, Southern California and France, the Pefleys raised

three kids. Retiring as a Commander, Jack established the family in Carmichael and began an 18-year career flying for World Airways. His second retirement was in 1983. Since then, the Pefleys have occupied the Palm Drive acres they renamed the "Rocking K.P. (Kratz and Pefley) Ranch."

Both have long served the Carmichael community; Presbyterian Church, Chamber of Commerce, Jensen Botanical Gardens and Carmichael Park Board have claimed many volunteer hours. Till a collision at 85 years knocked him sideways, the former test pilot was oft seen puttering around Carmichael on his motor scooter. These days, the Rocking K.P. ranchers keep a gentler pace, enjoying daily lunch dates at La Bou.

"We still love being together," says Jack's bride. "At our age, we've more energy to do things in the middle of the day than later on. Even after 65 years, we never run out of things to say." ★



In 1949, Jack and Jerri Pefley enjoyed a Hatboro PA wedding in post-war style. Pefley family picture.

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Chamber of Honors



Flower power. Educators and community leaders joined forces at the recent Carmichael Chamber of Commerce luncheon. District Four Senator Jim Nielson (second from right) paused to smell the roses in the Church on Cypress garden. Joining the Senator were Eleanor Brown (Sacramento Board of Education), David Peterson (Sacramento Fine Arts Center) Elizabeth Ryan (St John the Evangelist School) and District Four Coordinator Rob Olmstead. Photo by Susan Maxwell Skinner.

Sacramento Weekly Gas Price Update and Outlook

SACRAMENTO, CA (MPG) - Average retail gasoline prices in the Sacramento area have fallen 4.9 cents per gallon in the past week, averaging \$3.60 a gallon as of October 27, according to GasBuddy's daily survey of 720 gas outlets in Sacramento. This compares with the national average that has fallen 5.9 cents per gallon in the last week to \$3.30 a gallon, GasBuddy.com said.

Including the change in gas prices in Sacramento during the past week, prices yesterday were 39.4 cents per gallon lower than

the same day one year ago and are 21.3 cents per gallon lower than a month ago. The national average has decreased 13.3 cents per gallon during the last month and stands 26.4 cents per gallon lower than this day one year ago.

"Last week saw new downward momentum in crude prices -- after staying above \$100 a barrel for 111 days since early July. Crude prices fell below \$100 and recently closed as low as \$96 a barrel," said GasBuddy.com Senior Petroleum Analyst Patrick DeHaan.

"In turn, the sudden drops in crude prices have pushed gasoline futures down as well, with motorists on the winning side of this all. The national average has picked up some steam on its downward trend and in some areas of the U.S., the wholesale price of gasoline is nearing yearly lows, which is adding up to significant savings for motorists. Americans are spending over \$100 million per day less on gasoline than they did a year ago," DeHaan said. ★

Source: GasBuddy.com

Carmichael VIPs Aid Local Seniors

CARMICHAEL CA (MPG) - Earlier this year Suzanne Leininger, marketing director of Hank Fisher Properties Chateau at Carmichael Park senior community, decided that the time had come to pull together a group of Carmichael professionals to educate local area seniors and improve their well-being.

Her mission was clear: provide hospital case managers and discharge planners with a cooperative network of trusted senior care professionals committed to a fast response and the highest ethical standards of care. "If I am unable to do something for a resident, I know that there is a senior services expert out there who can; and, more importantly, I know it's someone whom I can trust," says



Suzanne Leininger, marketing director of Hank Fisher Properties Chateau at Carmichael Park senior community.

Leininger.

Leininger formed a network of Very Important Professionals, a

team of senior service professionals in Carmichael. The roster includes financial and legal expertise (Ochi Law), in-home care and hospice (Helping Hearts, Interim Hearts Foundation), medical and non-medical transportation (Alpha One), skilled nursing (American River Care, Carmichael Care, Mission Carmichael, and Rosewood Post-Acute), and memory care independent living and assisted living (Chateau at Carmichael Park, Citrus Heights Terrace). According to Leininger, the group has been phenomenally successful working together over the past several months to help with a variety of issues facing Carmichael seniors. ★

Source: Runyon Saltzman & Einhorn

Health Plan Cancellation Notices Piling In Due to Obamacare

WASHINGTON, DC - Millions of Americans have received notifications from their insurance providers that their policies are being cancelled or altered due to the Affordable Care Act over the past four weeks.

Reports on the number of cancellations nationwide vary and are still rolling in. Some project as many as 20 million will lose their current coverage under Obamacare.

Young Americans for Liberty decided to look within its network of activists and supporters to see if they had been impacted. Sure enough, many had.

YAL is currently collecting and posting images of insurance cancellation and alteration

notices from within its network that can be viewed here.

"Earlier this year our insurance rates rose," one YAL supporter explained. "Now it's going from \$383 per month to \$529 per month and we lose dental coverage," they added.

"What happened to, 'if you like your plan, you can keep it'?" Alyssa Farah, YAL Director of Communications asked.

"My policy, which I was happy with, is being discontinued in 2014," Douglas, a YAL supporter, wrote. "The equivalent policy, according to Blue Cross Blue Shield of North Carolina, will cost \$562.32 per month. The policy I have now costs \$263.44," he added.

"President Obama misled millions of Americans in an attempt to shove unwanted Obamacare down our throats," Farah added. "He took away our ability to choose what is best for us."

Young Americans for Liberty is the largest, most active, and fastest growing libertarian and conservative organization on America's college campuses, with a network of more than 490 chapters nationwide. YAL seeks to identify, educate, train, and mobilize students on the ideals of individual liberty and the U.S. Constitution. Learn more at www.YALiberty.org, and contact Press@YALiberty.org with all media inquiries. ★

Fire Starts in the Backyard; Firefighters Save the Home

SACRAMENTO, (ARDEN AREA), CA (MPG) - Just before 1:00 p.m. in late October, firefighters from Metro Fire were dispatched to a reported backyard fire at a home in the 1800 block of Richards Street in the Arden community of Sacramento County. Arriving crews found two sheds, a boat and building material already on fire with an immediate

threat of extension to the single story home that had a wood shake roof. After accessing the home to make sure no one was inside, crews immediately extinguished a fire that had extended to a small portion of the roof.

Quick action by arriving firefighters limited the damage to the \$200,000 home to approximately

\$10,000. The two adult residents will be displaced while repairs are made to the property.

Due to the amount of fire and the threat homes in the area, a second alarm was called. Those units remained in the area until the threat had passed. No injuries were reported. The cause is under investigation. ★

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Get Insurance – BEFORE You Need It!

By Peter Stone

A recent insurance industry survey found a marked decline in middle-aged Americans who purchased any kind of insurance policy in the past five years. It also showed that between 2008 and 2013, there has been a 35 percent decline in this group carrying any type of life insurance plan. Many of those surveyed noted that the weak economy was the primary reason for not carrying life insurance. This is a trend that Mr. Peter Stone has made a quest to change!

Not only is Peter Stone a noted attorney, but he actually has a passion for selling insurance. "Yes, it's true. One can have a passion for insurance and I have it!" said Mr. Stone. "I love writing life and health insurance policies. These kinds of policies can be quite complicated and confusing at times and I really enjoy helping clients understand what their true needs are." Stone added, "People also need to get their insurance in place before they have a major health or life event, like I did with emergency heart surgery. I have a number of classic cases that I can share with clients if they wish".

Incredibly Mr. Stone started working at the age of eight. He learned about business, customer service and how to



Peter Stone's new location is 6232 Birdcage Street, Citrus Heights, near the intersection of Greenback Lane and Birdcage Street.

treat people under the tutelage of his father, the owner of a small town Rexall drug store. After working for his father for some years, Mr. Stone's father passed away unexpectedly at the age of 64. Mr. Stone then took over the day-to-day running of the drug store and all the related business requirements. Aside from the tragedy of losing his father, this experience taught Mr. Stone the importance of having an insurance plan in place. Stone said, "I knew then how important it was that my father had planned for our family with life insurance. Since then, I've always made sure I've had a plan in place for my own family. I want all of my clients to have peace of mind with a plan in

place and know what to do in the case of an unfortunate situation when the primary financial support for the family might pass away."

After earning his law degree and spending many years in legal practice, Mr. Stone had an epiphany of sorts, and found that he had a real yearning to continue his quest of making sure people were taken care of with insurance. Mr. Stone stated, "I knew at that point in my life that it was time to make a change. I wanted to actively concentrate on insurance, sharing my knowledge and experience, so that everyone has enough life insurance before a major health incident, or even an untimely passing. As most people know,

it becomes increasing hard and more expensive to secure insurance of nearly any kind as one gets older. For this reason, I'm especially cognizant of this when working with my older clients."

Advances in technology have been an advantage for Mr. Stone and his dealings with his clients. People can contact him by telephone, Skype, email, or in a personal meeting . . . whichever the client prefers. Mr. Stone noted, "I always do my best to solve any problems when I can and that includes the ability to utilize the phone or computer so that some of my older clients don't have to drive or find transportation."

Mr. Stone's office is staffed with professional agents, dedicated to meeting the needs of each individual client. They will ascertain the kinds of insurance that is the most important for each individual, whether it is Life Insurance, Annuities or Health Insurance. The timing now is of particular interest to many clients who wish to learn more about the advantages available to through the new federal Health Care Act.

According to Mr. Stone, "I will always make myself available to any client who wishes to speak with me directly, either by phone, email or personal appointment. Plus, we do not invoice our clients every time someone calls. We also don't believe in high-pressure sales tactics. My goal is to make sure you have the right plan for your needs, at the most cost-efficient price possible, before there is a major need. Pre-existing conditions can often price consumers out of



Attorney Peter Stone

an insurance plan entirely, so securing plans before there is a need is extremely important."

Mr. Stone's other passion is his companion dog "Spartie". Mr. Stone finds that he loves working with other dog owners, personal and professional partnerships, families, including non-traditional families, company health insurance plans, and long term care. "I desire to also work with anyone who wishes to set up traditional trusts, pet trusts, estate planning, wills, and more. I want to establish plans and personal

relationships with all of my clients, both of which I want to last forever," said Mr. Stone.

Anyone who wishes to schedule an appointment for a free consultation, please call 916-348-5600 or toll free at 800-529-7866. Mr. Stone can also be reached directly at Peter@LawStone.com. Drop-ins are welcome at his new office located at 6232 Birdcage Street, Citrus Heights, near the intersection of Greenback Lane and Birdcage Street in the heart of Sunrise MarketPlace. ★

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CLUES

- ACROSS 1. Measured with a penny? 6. *Carrie Bradshaw and Mr. ___ hit silver screen in '08 9. *Ali ___ and the 40 Thieves 13. Twilled woolen fabric 14. Australian flightless bird 15. ___ Mara in Africa 16. Like pre-Christian religion 17. Often measured on the dash 18. One born under Aries 19. *Lance's offense 21. *Influenza health scare 23. E in CE or BCE 24. Where the road splits 25. Scot's woolen cap 28. Walkie-talkie word 30. Saudi Arabia's neighbor 35. Color wheel elements 37. Seed covering 39. Native American fruit 40. In neutral 41. Reasoned judgement 43. Frost 44. *Segway user 46. Gilbert of "Roseanne" 47. Subway in U.K. 48. Crashed or slept 50. ___ Bell 52. Top engineering school 53. Detest 55. Make a scene 57. *U.S. enemy 61. *Kind of media 64. "El Capitan" composer 65. Pressure unit 67. Disconnected 69. Deadly snake of south-eastern Asia 70. Reef dweller 71. Olive branch meaning 72. ___ good example 73. Backstabber 74. Mandarin's headquarters

CROSSWORD grid with numbers 1-74 indicating clue positions.

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- 29. Aphrodite's son 31. Result of kissing a frog 32. Celery, technically 33. Iambus, pl. 34. *Succinct public message 36. Witnesses 38. *Italy stopped using it in 2002 42. Chocolate source 45. Fix leftovers 49. *Prince William became one in 2013 51. * ___ Wall Street 54. Common candle shape 56. Fungal skin infection 57. Requests 58. Paul Bunyan story, e.g. 59. Arabian tea 60. *Kim Jong-un's part of the world 61. Deposited by a river 62. Comic Sandler 63. Head vermin 66. Last word of "America, the Beautiful" 68. Bear cave

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07538. Brittany Hood, 4908 Dingman Cir., Sacramento, CA 95823 is doing business under the Fictitious Business Name "B. Forever Young Homecare" at 4908 Dingman Cir., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on September 20, 2013. Publish: October 9, 16, 23, 30, 2013
B.FORE 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07769. Rachael Mazingo, 1523 Hood Rd., Unit A, Sacramento, CA 95825 is doing business under the Fictitious Business Names "Eco Appliance Recycling" and "Eco Appliance" at 1523 Hood Rd., Unit A, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 30, 2013. Publish: October 9, 16, 23, 30, 2013
ECOAPP 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07844. Sara Volkell, 3510 Los Alamos Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name "hathamide" at 1523 Hood Rd., Unit A, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 2, 2013. Publish: October 9, 16, 23, 30, 2013
HATHAM 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07790. Thong Hoang Pham, 8732 Barton Cir., Elk Grove, CA 95624 is doing business under the Fictitious Business Name "PG Advanced Glass Services" at 8732 Barton Cir., Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on September 30, 2013. Publish: October 9, 16, 23, 30, 2013
PGADVA 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07930. Coders Online, Inc., 6141 Grant Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Names "Single Take Productions," "Single Take Video," "Single Take Photography," "Single Take Audio," "Live Motion Pictures," and "Full Motion Cinema" at 6141 Grant Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 4, 2013. Publish: October 9, 16, 23, 30, 2013
SINGLE 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07861. New Life Health, LLC, 1931 H St., Sacramento, CA 95811 is doing business under the Fictitious Business Name "New Life Health" at 1931 H St., Sacramento, CA 95811. Filed with the Clerk of Sacramento County on October 2, 2013. Publish: October 9, 16, 23, 30, 2013
NEWLYFE 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07921. Rashid Amin, 8155 Waterman Rd., Apt. 1212, Sacramento, CA 95829 is doing business under the Fictitious Business Name "R & F Phone Shop" at 1500 W. El Camino Ave., Ste. 6, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on September 27, 2013. Publish: October 9, 16, 23, 30, 2013
R&FPHO 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07921. Nichana Perera, 11927 Country Garden Dr., Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "Bubby's Decor" at 11927 Country Garden Dr., Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on October 4, 2013. Publish: October 16, 23, 30, November 6, 2013
BUBBYS 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07948. Darlene D. Hollins, 4000 Alan Shepard St., No. 368, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Blessed Enterprises" at 4000 Alan Shepard St., No. 368, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on October 7, 2013. Publish: October 16, 23, 30, November 6, 2013
BLESSED 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07791. Maria L. Meledez Lopez, 391 Summer Garden Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name "H & M Pacific Flooring" at 391 Summer Garden Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on September 30, 2013. Publish: October 16, 23, 30, November 6, 2013
H&MPAC 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07822. Tony K. Elder, 9244 Woodrow Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "WestBound Groove Entertainment" and "Tejazz Music" at 9244 Woodrow Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on October 1, 2013. Publish: October 16, 23, 30, November 6, 2013
WESTBO 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07947. Tony Mach, 6561 Chesterbrook Dr., Elk Grove, CA 95758 and Lan My Diep, 10008 Phoenician Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name "T&T Auto Body" at 3210 51st Ave., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on October 7, 2013. Publish: October 16, 23, 30, November 6, 2013
T&TAUTO 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07960. Mai Yang Xiong, 4936 14th Ave., Sacramento, CA 95820 is doing business under the Fictitious Business Name "Adorable 3D Nail Bar and Salon" at 5712 Broadway Blvd., Sacramento, CA 95820. Filed with the Clerk of Sacramento County on October 7, 2013. Publish: October 16, 23, 30, November 6, 2013
ADORAB 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08045. Joel E. Portnoy, 8500 Elm Ave., Orangevale, CA 95662 is doing business under the Fictitious Business Name "Carcnix" at 3340 Sunrise Blvd., No. E Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on October 9, 2013. Publish: October 16, 23, 30, November 6, 2013
CARCAN 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08024. Jack Burns, 4124 22nd St., Sacramento, CA 95822 is doing business under the Fictitious Business Name "Jack Burns Enterprises" at 5320 Auburn Blvd., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 16, 23, 30, November 6, 2013
JACKBU 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08105. Emes Sisis, 5814 Shadow Creek Dr., No. 3, Sacramento, CA 95841 and Mirnes Sisis, 6525 Shadow Hawk Dr., Citrus Heights, CA 95621 are doing business under the Fictitious Business Name "CA Best Registration Services" at 5777 Madison Ave., Ste. 795, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on October 10, 2013. Publish: October 23, 30, November 6, 13, 2013
CABEST 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08004. Mary Scholl and Jennifer Scholl, 8284 Bull Mountain Cir., Elk Grove, CA 95758 are doing business under the Fictitious Business Name "Pacific Coast Motor Company" 8284 Bull Mountain Cir., Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 23, 30, November 6, 13, 2013
PACIFIC 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07931. Melaine J. Irwin, 6723 Outlook Dr., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "RavenWulf Designs" at 6723 Outlook Dr., Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on October 4, 2013. Publish: October 23, 30, November 6, 13, 2013
RAVENW 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08159. Optimal Senior Living, Inc., 5726 Honor Pkwy., Sacramento, CA 95835 is doing business under the Fictitious Business Name "Regency Park Care Home" at 5726 Honor Pkwy., Sacramento, CA 95835. Filed with the Clerk of Sacramento County on October 15, 2013. Publish: October 23, 30, November 6, 13, 2013
REGENCY 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08037. One Halloween Night, Inc., 466 E. Hillcrest Ave., Fresno, CA 93720 is doing business under the Fictitious Business Name "Spirit Halloween Superstores" at 4717 Madison Ave., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 23, 30, November 6, 13, 2013
SPIRIT 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08193. The Church in Sacramento, Inc., 2041 Wyda Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Stockton Outreach" at 2041 Wyda Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 15, 2013. Publish: October 23, 30, November 6, 13, 2013
STOCK 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08169. Fancia B. Sims, 3615 6th Ave., Sacramento, CA 95817 is doing business under the Fictitious Business Name "Fancia's Faithful Services" at 3615 6th Ave., Sacramento, CA 95817. Filed with the Clerk of Sacramento County on October 15, 2013. Publish: October 30, November 6, 13, 20, 2013
FANCIA 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08021. Kristin Goodman, 8020 Copperwood Dr., Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Bejeweled Bubbles" at 8020 Copperwood Dr., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 30, November 6, 13, 20, 2013
BEJEWEL 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08050. Mateo R. Lopez, 4892 Westlake Pkwy., Sacramento, CA 95835 is doing business under the Fictitious Business Name "Clean Cut Painting" at 4892 Westlake Pkwy., Sacramento, CA 95835. Filed with the Clerk of Sacramento County on October 9, 2013. Publish: October 30, November 6, 13, 20, 2013
CLEAN 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08476. Cherie Manica, 10270 Elder Creek Rd., Sacramento, CA 95829 is doing business under the Fictitious Business Name "Truckparts For You" at 10220 Elder Creek Rd., Sacramento, CA 95829. Filed with the Clerk of Sacramento County on October 24, 2013. Publish: October 30, November 6, 13, 20, 2013
TRUCK 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-07928. Jeremy L. Marquez, 2460 Larkspur Ln., No. 342, Sacramento, CA 95825 is doing business under the Fictitious Business Names "JMMargeting" and "My Biz's Your Biz" 2460 Larkspur Ln., No. 342, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 4, 2013. Publish: October 30, November 6, 13, 20, 2013
JMARQ 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08036. Jeremy L. Marquez, 2460 Larkspur Ln., No. 342, Sacramento, CA 95825 is doing business under the Fictitious Business Names "Closing On Dreams" and "Closer To Dreams" 2460 Larkspur Ln., No. 342, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 30, November 6, 13, 20, 2013
CLOSER 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08036. Jeremy L. Marquez, 2460 Larkspur Ln., No. 342, Sacramento, CA 95825 is doing business under the Fictitious Business Names "Closing On Dreams" and "Closer To Dreams" 2460 Larkspur Ln., No. 342, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 30, November 6, 13, 20, 2013
CLOSER 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT
#FBNF2013-08036. Jeremy L. Marquez, 2460 Larkspur Ln., No. 342, Sacramento, CA 95825 is doing business under the Fictitious Business Names "Closing On Dreams" and "Closer To Dreams" 2460 Larkspur Ln., No. 342, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 30, November 6, 13, 20, 2013
CLOSER 131103 11-20-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00151246
WHEREAS, Alina Mikhnevich has filed a petition with this court for a decree changing the name of Alina Nicole Mikhnevich to Alina Petrovna Mikhnevich. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 13, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013
Raymond M. Cadei
Judge of the Superior Court
Publish: October 9, 16, 23, 30, 2013
MIKHNE 131005 10-30-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00151944
WHEREAS, Justin Spardoros Price has filed a petition with this court for a decree changing the name of Justin Spardoros Price to Jamie Louise Spardoros-Price. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 22, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013
David I. Brown
Judge of the Superior Court
Publish: October 9, 16, 23, 30, 2013
PRICE 131005 10-30-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00152066
WHEREAS, Rusul Nazar Tawfiq has filed a petition with this court for a decree changing the name of Rusul Nazar Tawfiq to Russal Nazar Roumani. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 4, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 23, 2013
Raymond M. Cadei
Judge of the Superior Court
Publish: October 16, 23, 30, November 6, 2013
TAWFEQ 131101 11-06-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00151932
WHEREAS, Chelsea Lisay Gentill and Oscar Eduardo Godinez has filed a petition with this court for a decree changing the name of Oscar Jaylen Godinez to Jaylen Eizic Godinez-Gentill. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 22, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013
Raymond M. Cadei
Judge of the Superior Court
Publish: October 16, 23, 30, November 6, 2013
GENTIL 131101 11-06-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00152142
WHEREAS, Stephanie Marie Horgan has filed a petition with this court for a decree changing the name of Stephanie Marie Horgan to Stephanie Marie Frieders. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 13, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013
Raymond M. Cadei
Judge of the Superior Court
Publish: October 16, 23, 30, November 6, 2013
HORGAN 131101 11-06-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00152064
WHEREAS, April Taber and Daniel Ruiz has filed a petition with this court for a decree changing the name of Jack Henry DiGiorgio-Taber to Jack Henry DiGiorgio. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 4, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 9, 2013
Raymond M. Cadei
Judge of the Superior Court
Publish: October 23, 30, November 6, 13, 2013
TABER 131102 11-13-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00151251
WHEREAS, Herbert Glenn Lucas has filed a petition with this court for a decree changing the name of Herbert Glenn Lucas to Glenn Herbert Lucas. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 6, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 16, 2013
David I. Brown
Judge of the Superior Court
Publish: October 23, 30, November 6, 13, 2013
LUCAS 131102 11-13-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00152072
WHEREAS, Y Phong Mac has filed a petition with this court for a decree changing the name of Y Phong Mac to Mylene Phong Mac. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 5, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 9, 2013
Raymond M. Cadei
Judge of the Superior Court
Publish: October 23, 30, November 6, 13, 2013
MAC 131102 11-13-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00152311
WHEREAS, Duneil Huu Nguyen and Lien Nguyen Hves filed a petition with this court for a decree changing the names of Duneil Huu Nguyen to Duneil Viawand Denmark Nguyen to Denmark Viaw. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 13, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 23, 2013
David I. Brown
Judge of the Superior Court
Publish: October 30, November 6, 13, 20, 2013
NGUYEN 131103 11-20-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00152311
WHEREAS, Scooty G. Orbezgo has filed a petition with this court for a decree changing the name of Scooty Gustavo Orbezgo and Scooty Gustavo Orbezgo. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 6, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 23, 2013
David I. Brown
Judge of the Superior Court
Publish: October 30, November 6, 13, 20, 2013
ORGEGO 131103 11-20-13

NOTICE OF PETITION TO ADMINISTER ESTATE OF
JAN SUTHERLAND (deceased)
ESTATE NO. 34-2013-00152026
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of JAN SUTHERLAND (deceased):
A petition has been filed by GAIL MEREDITH OTTESON in the Superior Court of California, County of Sacramento, requesting that GAIL MEREDITH OTTESON be appointed as executor.
The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
Bond is not required and \$21,000 in deposits be allowed in a blocked account at SAFE Credit Union, P.O. Box 1057, North Highlands, CA 95660. Receipts will be filed.
A hearing on the petition will be held in this court as follows: December 4, 2013, 9:00 a.m. in Dept. No. 129, Room 214 at Ridgeway Family Relations, 3341 Power Inn Road, Sacramento, CA 95826.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
The name, address and telephone number of petitioner is: Gail Meredith Otteson, 61 Vineyard Circle, Sacramento, CA 95476; (707) 431-2289
Publish: October 23, 30, and November 6, 2013
OTTESM 131101 11-6-13

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES
Date of Filing Application: OCTOBER 16, 2013.
To Whom It May Concern:
The Name(s) of the Applicant(s) is/are: HARDEEP SINGH DEOL.
The applicant listed above is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 7807 MADISON AVE., CITRUS HEIGHTS, CA 95610-7601.
Type of License(s) Applied for: 21 - OFF SALE GENERAL and 42 - ON-SALE BEER AND WINE - PUBLIC PREMISES.
Department of Alcoholic Beverage Control, 2400 Del Paso Road, Suite 155, Sacramento CA 95834; (916) 419-1319
Publish: October 23, 30 and November 6, 2013.
DEOL 131102 11-13-13

LA151491 CARMICHAEL TIMES
10/23, 30/213 AND 11/6/2013

NOTICE OF LIEN SALE
Vehicle Identification No: INXB32E05Z361295
Year 2005, Model: Corolla, Make Toyota
Sale Date 11/14/13 at 9:00 am
LJ's Towing North
2600 North Avenue
Sacramento, CA 95838
(916) 489-8600
Publish: 11/02/13 November 02, 2013

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Bera Praises Passage of Water Resources Development Act

SACRAMENTO COUNTY, CA (MPG) - Congressman Ami Bera, M.D., praised the House of Representatives' passage of the Water Resources Development Act. He offered the following comment:



Congressman Ami Bera

"I applaud the House's bipartisan passage of the Water Resources Development Act (WRDA) today, which is a critical step toward funding sorely-needed flood protection priorities in the Sacramento region, including federal authorization of the Natomas Levee Improvement Project (NLIP) to rebuild our crumbling levees. The bill will strengthen our country's infrastructure and help improve our economy.

"I am also pleased that WRDA includes a provision similar to the Levee Vegetation Review Act, which I co-sponsored with Congresswoman Matsui to address issues with policies that

deal with vegetation on levees."

The Sacramento region has the second highest flood risk in the United States, behind only the New Orleans metropolitan area. A flood in the Sacramento region would be devastating to the 1.4 million people who live in the region.

Congressman Ami Bera, M.D. represents Sacramento County. Born and raised in California, Bera is a physician and the only Indian American currently serving in Congress. He's fighting to rebuild an economy that works for middle class families and to reduce our country's debt in a responsible way. One of Bera's first acts in Congress was to help lead the effort to pass the No Budget No Pay Act, which says if members of Congress don't pass a budget, they don't get paid. As a co-chair of No Labels' Problem Solvers, he's working with people from both parties to find bipartisan solutions to our nation's challenges. He and his wife Janine live in Elk Grove with their daughter Sydra. For more updates on Rep. Bera follow @RepBera on Twitter, like Congressman Bera on Facebook, or visit <http://www.bera.house.gov>. ★

Dr. Raquel (Rocky) Livoni Returns to Carmichael; Opens New Family Medicine Practice

By Linda Harper, New Business Developer



GOLD RIVER, CA (MPG) - On March 2, 2000 an article in the Carmichael Times commemorated a local woman's 100th birthday. Her name was Clara Bradley Milbourn, and at the century mark she was full of life. The piece described an active woman with some of her most memorable accomplishments being made late in her life. Little did she know, she had become an inspiration to another local woman, Raquel (Rocky) Livoni, who was contemplating a major undertaking - entering medical school at middle age.

Medical school can be daunting for 20-somethings, but a seasoned student faces additional challenges. Throughout Dr. Livoni's academic journey, she carried the Carmichael Times article with her, finding inspiration in Clara's words, "Never say you are too old to do anything and never use age as an excuse."

Rocky was living in Carmichael, and working as a Public Health Nurse at the Refugee Clinic in Sacramento. Later she was employed as an ICU Nurse at UC Davis, where she met and married her husband. Prior to medical school, Rocky enjoyed her time as a stay-at-home mom, and home schooled three of her children. She raised adopted children, foster children and a natural child.

As if she had not already made positive strides in her life, Rocky wanted to do more for others. Her love of medicine led her to enter medical school and she graduated from University of Arkansas in 2007 with an M.D. While at the University she also earned a Master's Degree in Public Health. She was the first student to complete both degrees during medical training.

She did her residency at the University of California, Davis in Family and Community

Medicine. She is board certified through the American Board of Family Medicine. Dr. Livoni is also completing a fellowship through the University of Arizona Center for Integrative Medicine. She has a love of International Medicine and has served several times with teams of physicians in Haiti since the 2010 earthquake that devastated that country.

As a Family Physician, Dr. Livoni's focus is on diagnosing and treating conditions for patients of all ages. She strives to care for the whole person as well as the whole family, and especially enjoys working with young mothers, children and teenagers. Her approach to healthcare is integrative in that Dr. Rocky understands many factors affect health, including exercise, diet, environment, emotions and heredity. She also understands a patient's desire to "be heard."

Dr. Rocky proved to be an extraordinary and determined

woman. Not only has she embarked on her rich, fulfilling life in her forties, she did it after first beating Stage III Ovarian Cancer at age 23 after being told she had less than a year to live. Her miraculous story of illness, pain and healing gives her a compassionate ability to relate to her patients. Dr. Rocky engages everyone she meets with her inviting personality and warm smile.

Though we are living in a time of uncertainty regarding the future of health care, Dr. Rocky desires to maintain a private practice that offers quality, compassion and respect for her patient's needs. She returned to Carmichael to serve her community, and believes that healthcare should be found close to home.

She pulled together a caring and compassion staff and located her office at 6500 Coyle Avenue in Carmichael. To make an appointment, call (916) 863-0155. ★

Carmichael Resident Jordan Perkins Awarded Highest Scholarship at Biola University

Student Recognized for Remarkable Academic Achievement

CARMICHAEL, CA (MPG) - Carmichael resident Jordan Perkins, a freshman of Biola University, was among 53 students who received the college's highest scholarship -- "the Trustee's scholarship" -- for the 2013/2014 academic year.

Freshmen are eligible for the Trustee's scholarship grant of \$12,000 per year based on their

GPA and SAT scores. The requirements of the scholarship are a GPA of at least 3.5 and a combined SAT score of 1430, both math and English scores. Approximately 4 percent of this year's incoming class received this award.

The scholarship recipients were honored with a special dessert reception hosted by President Corey, where they were celebrated

for their achievements.

Biola University offers more than 145 academic programs in six schools. A private Christian university located in Southern California on the border of Los Angeles and Orange counties in the city of La Mirada. Biola has been recognized by U.S. News & World Report as one of the "Best National Universities." ★

Embroiderers' Guild to Meet

SACRAMENTO REGION, CA (MPG) - Join the Embroiderers' Guild of America, Camellia Chapter, for the November 18, 2013 meeting.

Participants will learn how to complete the hardanger ornament begun at an earlier meeting.

When: 7:00 p.m.

Where: SMUD, 6201 S Street, Sacramento. Free.

For more information, call 916-223-2751. ★

Patriots Park Wall of Honor



Carmichael Recreation and Park District invites you to join us in Honoring Our Fallen Heroes

Saturday, November 2 at 10am
6825 Palm Avenue, Fair Oaks, CA 95628

Guest Speaker,
Sacramento County Supervisor Susan Peters

Light refreshments will be served

WALL OF REMEMBRANCE
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Announcements & Events

Wall of Honor Memorial Event

Saturday, November 2 at 10am, FREE
Patriots Park, 6825 Palm Avenue in Fair Oaks
Join us in recognizing members on the Wall of Remembrance

Carmichael-Lodi History Talk

Saturday, November 2 at 1pm, FREE
Carmichael Park Clubhouse, 5750 Grant Avenue
Listen to authors, Susan Maxwell Skinner and Toni Christman recant tales and share photographs from two Central Valley towns!

For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.

Holiday Craft Faire




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Space Exploration in One Lifetime

Commentary By
Dr. E. Kirsten Peters

In 1957, several years before I was born, the Soviet Union launched Sputnik – the first man-made object to leave the Earth’s atmosphere. That simple little satellite captured people’s imagination around the world. We Americans were alarmed that the Soviets had “beat us” to space. Sputnik therefore helped spur both the U.S. space effort and such things as better education for our kids in math and science.

It didn’t take long for us to catch up to the accomplishments of the Soviets. When I was a baby in the early 1960s, President John F. Kennedy famously said we should put a man on the moon within the decade. I was in grade school when we met that deadline, landing men on the moon in the summer of 1969. I remember the event, which was televised live.

My family gathered around the TV to listen to Walter Cronkite announce the events of the lunar landing. My father took pictures of the television screen with his 35 mm camera – he deemed

the event that important. For the first time in the history of the world, we had put spacecraft and people on the moon, exploring

places which had been seen from Earth but never before been visited.

When I was in high school in 1977, a much longer term exploratory effort was launched. Two unmanned space probes, Voyager 1 and Voyager 2, lifted off from Earth in quick succession. The



The International Space Station (now renamed ass Zarya).

idea behind the Voyager probes was to fly past planets in the middle and outer solar system and keep going into interstellar space.

In case the Voyager probes were ever intercepted by intelligent life outside our solar system, they carried images and recordings which tried to convey the essence of human civilization – at least as we thought of it in the 1970s. It was our effort to communicate with E.T., potentially even millennia after the probes left us.

When I was in college, Voyager 1 did a fly-by of Jupiter and then Saturn. In addition to images of these large, gaseous planets, the probe sent back pictures of their moons. The transmissions fired people’s imagination like Sputnik had done a generation before.

When I was finishing up my doctorate in geology, Voyager 1 responded to orders transmitted to it by NASA and turned to look back at Earth. The image the probe made was transmitted to us and we saw our planet as a “pale blue

dot” hanging in the darkness of space. On that one little speck we all live – a sobering reminder that our Earth may be large compared to the dimensions of familiar objects like streets and houses, but it is tiny compared to the vastness of the solar system.

For quite some time after that image was made in 1990, Voyager 1 continued zooming away from us and from the sun, traveling at about 38,000 miles per hour. Zipping along at that rate it traveled farther and farther toward the edge of our



Voyager 1.

solar system. Eventually it moved beyond the orbit of Uranus, Neptune and finally Pluto. During that time I went from being a woman in her prime to one with arthritis in both her knees. Now, 36 years after it was launched, Voyager 1 has traveled almost 12 billion miles and reached another milestone of space exploration, leaving behind our solar system and moving into interstellar space.

“Voyager has gone a long way,” Michael Allen said to me. Allen is a faculty member in Physics and Astronomy

at Washington State University. “Light travels enormously quickly, but it takes more than 17 hours for light from where we are on Earth to travel out to where Voyager 1 is now.”

Using a special telescope, we have recently detected the faint radio signal coming from Voyager 1. That amazes me because Voyager’s transmitter is a tiny 22 watts. From what I’ve read, that’s about the strength of a radio transmitter in a cop car.

It’s taken most of a lifetime for human space efforts to go from launching a satellite that was the first object to leave Earth’s atmosphere to getting a probe into interstellar space. But we’ve now done what few could imagine before I was born. ★

Dr. E. Kirsten Peters, a native of the rural Northwest, was trained as a geologist at Princeton and Harvard. This column is a service of the College of Agricultural, Human and Natural Resource Sciences at Washington State University.

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Artwork by Margaret Pollan & Dorothy Steed
November 1-30, 2013

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Ugly Duckling to Beautiful Swan

Continued from Page 1

gardens accented by palm trees as well and an inviting fireplace, with open seating for dining and lounging throughout the center. The new Milagro Centre will encompass approximately 50,000 square feet of retail space, with water features enhancing the entrance on Fair Oaks Boulevard.

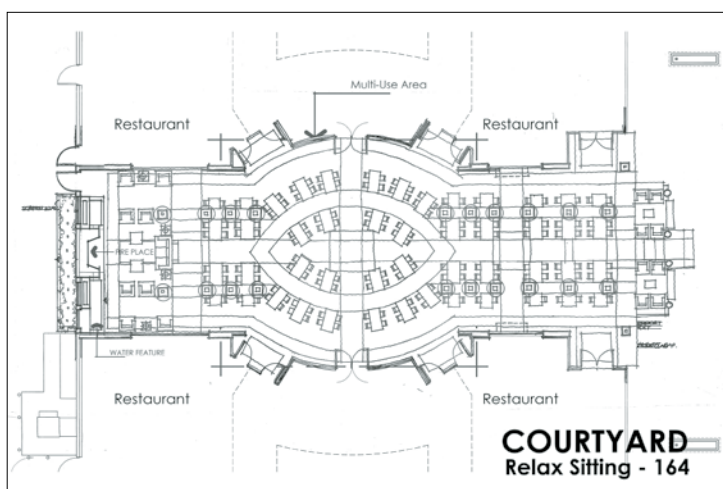
"This represents a multi-million dollar investment on our part in a center that had fallen into disrepair," said Allan Davis,

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Over four decades ago, famed Sacramento developer, Joe Benvenuti moved his daughter, Nancy Emerson-Davis, into a duplex he'd built in Carmichael. Now, in the tradition of the late Sacramento developer, Nancy is making great strides in the

realization of her own dream project.

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- THURSDAY** **UC Davis Health System Sacramento Farmers Market**
45th & Y Streets (Behind Shriners Hospital)
Every Thursday from 3 to 7:30 pm (Seasonal, through November 14th)
- SATURDAY** **Sacramento Midtown Farmers Market**
2020 J Street (Between the STANF Native American Health and Bioware buildings)
Every Saturday from 8 am to 1 pm - all year round, rain or shine
- WEDNESDAY** **Fair Oaks Plaza Park Farmers Market**
7003 Park Drive, Fair Oaks (Old Fair Oaks Village)
Every Wednesday from 3 to 7 pm (Seasonal, through October 31st)
- WEDNESDAY** **Mather VA Hospital Farmers Market**
10535 Hospital Way, Mather
Every Wednesday from 9 am to 1 pm (Seasonal, through December 18th)
- SATURDAY** **Sunrise Mall Farmers Market**
6190 Sunrise Boulevard, Citrus Heights (behind Sears located in SE Parking Lot)
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- SATURDAY** **Historic Folsom Farmers Market**
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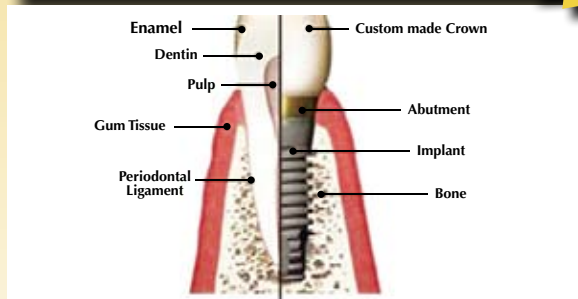


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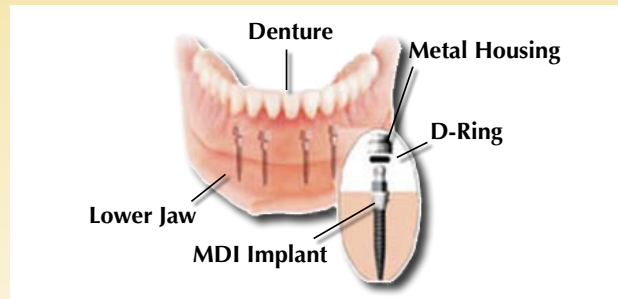
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