



Carmichael Times

Volume 33 • Issue 29

Serving Carmichael and Sacramento County since 1981

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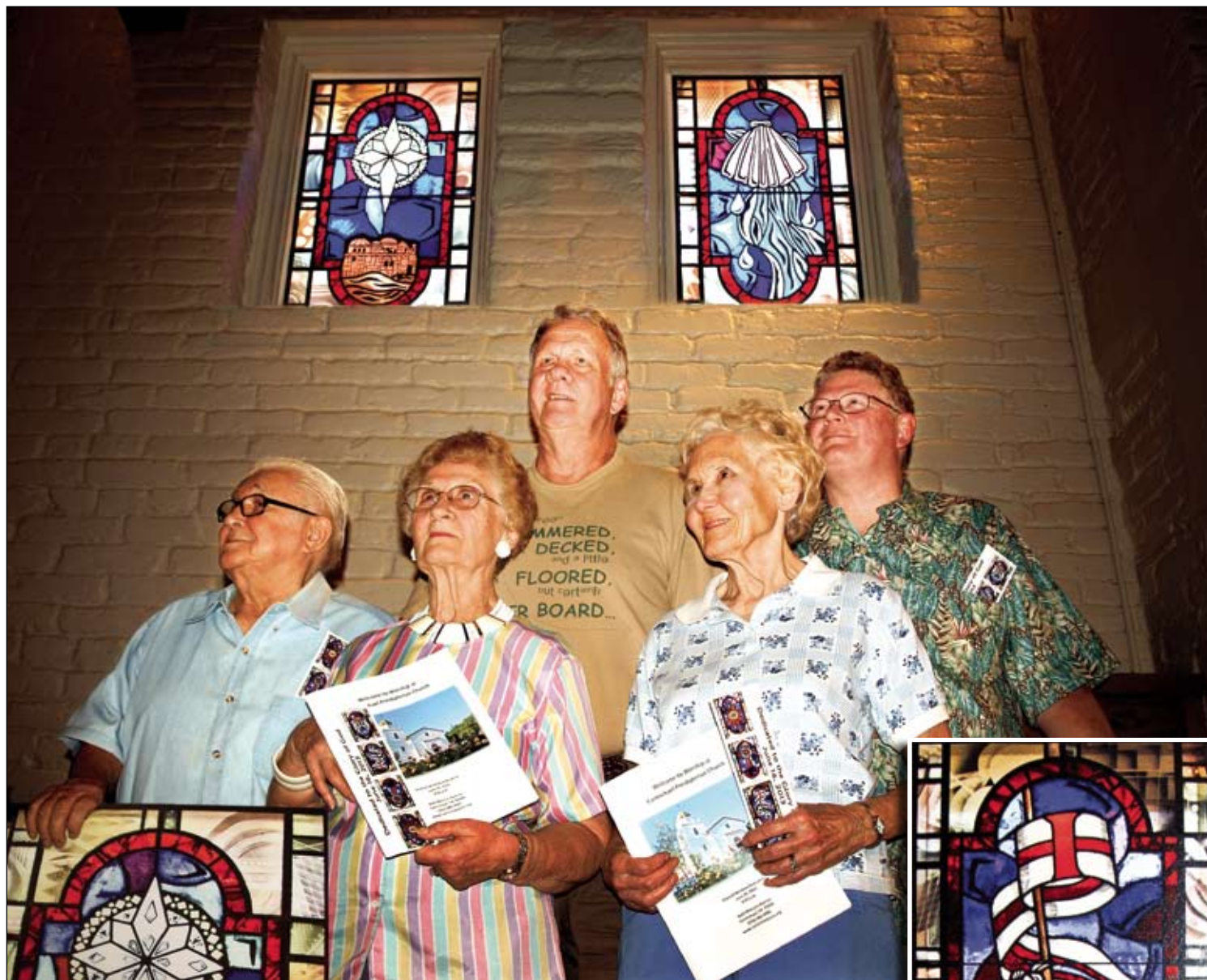
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Windows of Faith



Sixty years after Carmichael Presbyterians built their Sanctuary; eight stained glass windows were recently installed. Stone mason Jim Dickson (left) admired the new illuminations with his wife Carol, building committee Chair Dick Jacobi, coordinator Jimmi Mishler and Pastor Keith DeVries. Inset: Carmichael Presbyterian Church's eight new stained glass windows include a representation of the Resurrection of Jesus. Photos by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL, CA (MPG)—As Rome was not built in a day, Carmichael Presbyterians can't gripe that finishing touches to their 1951 Sanctuary were only recently installed. Sixty-plus years, said congregant Jimmi Mishler "was worth the wait."

Representing auspicious events in the life of Jesus, eight new stained glass windows illuminate the church chancel. These were part of 1951 designs commissioned from Bill Cummings' San Francisco studio. When the parishioners

erected their sanctuary to accommodate Carmichael's growing post-war population, the windows were left out. According to Mishler — dubbed "squeaky wheel" by church building committee members — subsequent generations simply forgot the intended feature. Only during her research into the Sanctuary's existing windows did the penny drop. The manufacturers asked: "Were those eight chancel windows ever installed?"

Confessed Mishler: "I know nothing about them."

Completing the church design for the glory of God then became her mission. It was not just a

matter of knocking eight holes in the lofty chancel walls. To frame new windows, fresh adobe must replicate bricks of yore. Lead-light iconography must be designed. Inevitably, fundraising must occur.

"We were fortunate that people in our congregation stepped forward," said Mishler. "Some windows memorialize their beloved family members."

In 1946, teenage Presbyterians made adobe bricks for the church's original chapel. Their descendants repeated history. In one muddy weekend, young congregants last year used 67-year-old templates to produce

nearly 200 bricks for the chancel project.

The original window designer was no longer available. Artist Geraldine Ensminger of the McKeever Studio in Vallejo was chosen to produce panels compatible with existing illuminations. She interpreted Biblical symbolism — and Bill Cummings' old sketches — to depict the Annunciation, the Nativity, the Epiphany, the Baptism, the Transfiguration, the Crucifixion, the Resurrection and the Ascension.

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Carmichael Chamber Luncheon



Assemblyman Ken Cooley

CARMICHAEL, CA (MPG) — Assemblyman Ken Cooley will be the guest speaker at the July 23 luncheon of the Carmichael Chamber of Commerce. The luncheon will be held in the Education Building at The Church on Cypress, 5709 Cypress Avenue in Carmichael.

Networking begins at 11:30 am. The cost is \$18 for members with a reservation, and \$23 for non-members and members without a reservation. The deadline to reserve your spot is Friday, July 19. You can make reservations online at carmichaelchamber.com or call us at 916-481-1002.

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Employers Catch a Break, But What About the People?

Commentary by
Senator Ted Gaines

After months of assuring the public that everything was right on track, the Obama administration turned 180 degrees this month and announced that it was suspending implementation of the "employer mandate" provision of the Affordable Care Act (ACA) for a year. They should not stop there. The troublesome "individual mandate" should be suspended as well and the whole rushed plan should be replaced with reforms that can give Californians better healthcare at a more affordable price.

First, the business mandate. Under the ACA, businesses with 50 or more full-time equivalent employees have to offer "affordable" health insurance to their employees or face a \$2,000 fine for each employee (excluding the first 30).

Employers have been



Senator Ted Gaines (R-Rocklin)

screaming for months about the complex, confusing and costly implementation of the ill-conceived law. With the little information they did have, they ran the numbers and started cutting hours or laying off employees to avoid triggering ACA penalties. Early results pointed to a disaster for business and for low-income California workers.

I applaud the President for delaying the employer mandate and hope he delays it again — forever — then moves on to the individual mandate.

Under the individual mandate, people will face a minimum penalty of \$695 by 2016 if they do not purchase one of the costly plans required by the President's reforms.

And for Californians, it will be costly. Healthcare analyst Avik Roy writes in *Forbes* magazine that health insurance premiums in California will increase between 64%-146% under the ACA even though cost control was a central promise of the plan. Worse, the Administration announced last week that they will not verify incomes for the massive subsidies provided to help offset these costs, laying the groundwork for a vast, expensive entitlement program with no accountability.

Like businesses, individual Californians deserve at least a

one-year break from the overpriced and coercive plan, but if we could get out from under it forever we could make changes right here in our state that would get more people better and cheaper care without signing over 15-percent of our economy to the government.

We could start by eliminating any "standard benefit package" requirements and letting people buy customized plans that cover exactly what they need and nothing more; giving them the ability to purchase inexpensive plans from other states; and demanding transparency in hospital pricing.

These pro-consumer moves would lead to far greater competition and ultimately to lower costs and better service for everyone.

We should also free up everyone involved in healthcare delivery and payment — insurers, individuals, medical device makers, hospitals, pharmaceutical

companies — from unnecessary regulations, so they can innovate and deliver new, improved services at a better value for consumers. It is greater productivity—not price controls—that will ultimately rein in healthcare costs.

If it's a good idea to suspend the business mandate for a year, it's a good idea to suspend the individual mandate for a year. People are just as confused and just as shell-shocked about the astronomical price increases as businesses are. In fact, it's a good idea to suspend it indefinitely until California gets the leadership in place that will try the many other reforms that can achieve the ACA goals of more and better care for less money.

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra and Siskiyou counties.

Governor's Signing of Enterprise Zone Killing Bills

SACRAMENTO, CA (MPG) – Californians to Improve Enterprise, Employment and the Economy, (CIEEE) a coalition of workers, business owners and California residents concerned about attacks on Enterprise Zones, issued the following statement on July 11th regarding the signing of AB 93 and SD 90 – legislation disguised as reform that effectively eliminates local government's only remaining tool to drive job creation and economic growth.

"Governor Brown is making a grave mistake today by signing AB 93 and SB 90," said Craig Johnson, who also serves as President of the California

Association of Enterprise Zones. "California's landmark Enterprise Zone program was created to generate economic development in some of the state's most economically distressed areas by helping minority and underserved communities spur private investment, retain employees and create jobs. Signing these bills eliminates the program and greatly affects millions of Californians who live in these regions as well as minorities, veterans, displaced workers, recipients of government assistance and others in need of jobs.

"And while the Governor claims the bills will help create

jobs and grow California's economy, analyses of current voucher data shows that less than 1 percent of the current vouchers would qualify under the new plan, which spells disaster for millions of hard working Californians.

"However, we are hopeful that the Governor and the Legislature can work together to develop legislation that will restore Enterprise Zones and ensure continued support for California businesses willing to invest in economically depressed areas, hire local residents, and help underserved communities."

For more information, visit www.enterpriseCA.org.

Stroke and Osteoporosis Screenings Coming to Citrus Heights

SACRAMENTO REGION, CA (MPG) – Residents living in and around the Citrus Heights, California community can be screened to reduce their risk of having a stroke or bone fracture. Christ the King Passionist Retreat Center will host Life Line Screening on 7/24/2013. The site is located at 6520 Van Maren Lane in Citrus Heights. Richard Bennet from Woodland Hills, CA, participated in a Life Line Screening event in March 2008 and learned he had an abdominal aortic aneurysm. He writes, "I feel as though Life Line Screening saved my life and can't thank you enough!"

Four key points every person needs to know:



- Stroke is the third leading cause of death and a leading cause of permanent disability
- 80% of stroke victims had no apparent warning signs prior to their stroke
- Preventive ultrasound screenings can help you avoid a stroke
- Screenings are fast, non-invasive, painless, affordable and convenient

Screenings identify potential cardiovascular conditions such as blocked arteries and irregular heart rhythm, abdominal aortic

aneurysms, and hardening of the arteries in the legs, which is a strong predictor of heart disease. A bone density screening to assess osteoporosis risk is also offered and is appropriate for both men and women.

Packages start at \$159. All five screenings take 60-90 minutes to complete. For more information regarding the screenings or to schedule an appointment, call 1-877-237-1287 or visit our website at www.lifelinescreening.com. Pre-registration is required.

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Carmichael Times

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Longhorn Spirit Still Kickin'



By Julie Parker

CARMICHAEL, CA (MPG) - When La Sierra High School opened its doors in 1955, "Rock Around the Clock" made its debut, the Salk polio vaccine was approved by the FDA, and Disneyland opened to the public.

La Sierra was the third high school to open in the San Juan District area, the first two being San Juan and El Camino. Because SJ and EC already had football fields, it was determined that LS didn't require one, and that its "home" games would be held at EC.

LS had a western theme, and the mascot choices were pink/gray Lancers or blue/white Longhorns, with the latter winning. Its newspaper was "The Branding Iron."

Stan LeProtti, PE director and football coach, received permission from the University of Texas to use its longhorn logo. Interestingly, UT football team captains had the final vote on the high school's nominated homecoming queens, based on photographs and essays.

Isabel (Ybarra) Devine (Class of 1974) won Homecoming Queen one year. "We were told to write an essay on 'children of today and education.' I thought it was wild at the time, being sent to UT, but ultimately realized it was very fair, because there would be no favoritism."

The boys' physical fitness



The former La Sierra High School as it is today. Photo by Julie Parker.

remembers rallies, "Roundup Days," and dances. "They were packed. Mr. Johnson (principal) would be at the dances with a ruler, because you had to be 12" from your partner."

The teaching staff was passionate about its students. Drama teacher Mr. Keeney built a stage in his class from personal funds. In the early 1970s, biology teacher Earl J. Koobs successfully battled the establishment with his "Save the Soil" campaign to preserve a narrow strip of land between LS and Garfield Elementary

Famous LS graduates included meteorologist Kristine Hanson, and famed guitarist Craig Chaquico, founding member/leading guitarist of Jefferson Starship.

With declining attendance, SJUSD decided to close LS in 1983. The remaining classes were transferred to Mira Loma, El Camino, or Del Campo.

"In the last days of the '82-'83 school year," recalls Steve Angelo (Class of 1985), "there was a strong feeling of unity between the students and staff. It was strange the first part of my junior year at Mira Loma. There seemed to be a sense of segregation, almost like we didn't belong. On the first school pride day there were a lot of La Sierra shirts or jackets worn. It didn't go over well, but we were still a little angry and we missed our school. Mira Loma was a good school and I have some good memories from there as well, but it just wasn't La Sierra."

Although high density, low income housing was originally planned for the 40 acres, Carmichael Park and Recreation District ultimately obtained the entire facility. The campus sequestered into the La Sierra Community Center in 1985—home to the

Sacramento Fine Arts Center, Chautauqua Playhouse, two schools for the emotionally challenged, and a skate park.

Seven years ago, Dan Habacker (Class of 1978) created the Longhorn Classic Golf Tournament which is held every year at Haggins Oaks. All classes, coaches and

teachers play in the tourney, and in the Longhorn spirit, all net proceeds are donated to Junior Achievement of Sacramento.

Asaro is now in Community Relations for the Rivercats and in his office is a plaque listing all LS students who earned a navy blue, except one. Sheryl Swain—the only girl to earn the coveted

color — received it the year the school closed, missing out on the celebration and rally. She almost missed earning the color as well.

"On the last day La Sierra was open," said Asaro, "she had one test still to run — the mile. She had failed her previous attempt. Doug Rennie told her, 'You be here at such-and-such time. I've got some running shoes for you and I'm going to pace you. You're going to do this.' She made it by twenty seconds."

Last year, Asaro located her in Utah. He then contacted the other navy blues, and brought them all to Raley Field for a pre-Rivercats game event, where Swain was finally presented with her navy blue plaque in front of 10,000 patrons.

"These navy blues were obviously older," recalls Asaro, "but they were all fit and still active."

The Longhorn spirit is still kickin' with the August 3rd Longhorn Classic and an All-Class Reunion at Haggins Oaks, so round up the herd!

To play the Longhorn Classic, contact Stacy Heater Divine at Stacey@infuzemarketing.com.

The reunion follows at 5:00 p.m. at the Haggins Oaks Pavilion: <http://lasierraallclassreunion.eventbrite.com/>.

"One thing is for sure," says Angelo, "Longhorn pride is still alive, well, and strong!"



The Clarke family: John (1979), Kevin (1980), Michele (1978), Peter (1978), and in back, Mike (1976). Photo courtesy of Clarke Family.

program had a unique color system devised by LeProtti: red, blue, purple, silver, gold, with the highest being navy blue, achieved by only nineteen boys throughout the school's history.

For the 1960 Winter Olympics, LS Longhorns ran the torch from outside of Sacramento all the way to Squaw Valley.

In January 1962, Look magazine ran an article on the school's color system which had been adopted by more than 200 schools across the country (<http://tinyurl.com/lm3ajfm>). A film of the program was also produced: <http://tinyurl.com/m4fd8wz>

Tony Asaro (Class of 1967), who returned to LS as its Community Schools Director,

School. Now known as The Earl J. Koobs Nature Area, it is also home to a Vietnam Memorial honoring LS graduates who lost their lives serving our country.

"We've got spirit, and that's no jive. We're the Class of '75." The class also created "Jive Days," when students and staff dressed a la 1950's, with a sock hop in the evening.

And, then, there was the "streaking" fad (taking clothes off and running naked across an open area). A handful of LS boys decided to streak all-girl Loretto High School during its assembly. On stage, a nun fanned her habit out on either side in an unsuccessful effort to cover the naked boy streaking behind her.



The La Sierra High School Swim Team of 1962. Photo courtesy of Tony Asaro.



Sheryl Swain finally receives her Navy Blue plaque during a pre-Sacramento Rivercats baseball game, 2012. Photo courtesy of Tony Asaro.



Lead singer Frank Hure fronted for Departure at Carmichael Park on Saturday. Andy Gomez (center) and Martin Smith formed backup in the five-piece Journey tribute band. Photos by Susan Maxwell Skinner.

Carmichael Park: The Beat Goes on

By Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - A big weekend for music presented rock 'n roll and Zydeco concerts in Carmichael Park.

In almost perfect weather, thousands of Saturday night revelers enjoyed the Journey tribute band Departure. On Sunday, a zydeco group called Z.O.O.M. served up spicy Cajun rhythms. As twilight morphed into darkness on both nights, scores of dancers gyrated at the band shell.

The beat goes on this coming Saturday and Sunday in a season

that continues until the end of August. Free performances are scheduled most Saturdays and Sundays. Downbeat is at 6:30 p.m. The concert lineup includes:

Sunday, July 21: On Air (classic rock)
Saturday, July 27: Code Blue (classic rock)
Sunday, July 28: Carmichael Kiwanis Band (big band swing)
Sunday, August 4: John Skinner band (variety dance band)
Saturday, August 10: Roni & the Flight (rhythm and blues dance music)

Sunday, August 11: Todd Morgan & the Emblems (50s Rock/30s jazz)
Sunday, August 18: Capitol Pops Concert Band (60-piece concert ensemble)
Saturday, August 24: The Court (60s to 90s rock and soul)
Sunday, August 25: River City Concert band (60-piece ensemble)

Carmichael Park is at 5757 Grant Ave. The band shell is near North Ave. For information, go to www.carmichaelpark.com



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40th Annual Eppie's Great Race Honors Former Winner



Rachel Anne Gray poses between her parents (and fellow competitors), Bridget and Tom Gray. Photo courtesy of EGR Communications.

SACRAMENTO REGION (MPG) – On Saturday, July 20, the “world’s oldest triathlon” – Eppie’s Great Race – will celebrate its 40th annual event on the American River Parkway. Over 10,000 participants will arrive from throughout Northern California, where they will run, bike, and paddle their way through the course (a total of nearly 25 miles).

This year, the Junior Iron Person Division of the race has been re-named in honor of Rachel Anne Gray, a former winner in that division. On Sept. 2, 2012, Rachel passed away after a tragic car crash. Her father, Fair Oaks Water District General Manager Tom Gray, will compete in the race this year, along with his wife Bridget and several friends of Rachel’s.

Born Nov. 7, 1990, Rachel was only 21 at the time of the accident. An avid runner, she completed many distance races – including her first ultra-marathon – just months before her passing. Two years ago, she received a degree in International Business from CSU-Sacramento, three years after graduating from Bella Vista High School.

This year’s Great Race participants are being challenged to “Run for Rach” in memory of Rachel Gray. When you feel like slowing down or stopping, think of Rachel and push through to the end – just like she would have done.

History
Over the past four decades, Eppie’s Great Race has grown from an event that started as a fun publicity stunt for the Eppie’s restaurant chain to a fundraiser that has raised over \$1 million for programs benefitting Sacramento County’s mentally- and physically-challenged population.

While paddling in a kayak down the American River in June 1974, Eppie Johnson was challenged to launch – and sponsor – a race that featured three different athletic events. (The term “triathlon” was unheard of up to that point.)

The entry fee for the first Great Race was \$10, with only 138 participants showing up. Since then, some of the world’s most famous athletes have joined in. In 1976, Harry Cordelius was the first blind athlete to finish the entire course. Ten years later, Olympic medalist kayaker Chuck Lyda won the race. And in 1993, well-known paraplegic athlete Mark Wellman competed and ended the race by dramatically crawling across the finish line.

Each year, Eppie leads a “Great Team” – featuring renowned sportspersons, celebrities, and local business leaders – that sets the pace (“time to beat”) a week in advance of the Great Race. Any participant or team beating the Great Team’s finish time is treated to a free breakfast at a Brookfield’s restaurant.

Within the last few years, Eppie launched a new element: a Kids Duathlon, in which children ages 17 and under are challenged to run 2.5 miles and bike 6 miles. Last year, over 200 young people participated.

Ten years ago, Eppie’s Great Race even went international when three citizens of the Czech Republic (former Great Race participants) decided to start a similar event in their country.

This year’s Great Race is expected to attract over 2,000 competitors, but there is still plenty of room for additional participants, volunteers, sponsors, and spectators. Additional racers will result in more money being donated toward Sacramento County’s Therapeutic Recreation Services.

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Thursday, August 29	Wednesday, September 18

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A one-hour children's show even grownups will enjoy!

All of your favorite characters are here in John Lee's wacky, hilarious rendition of the classic tale, including Ely, a wise cinder-covered girl, two ridiculous stepsisters (Marmaduke and Falafel), and handsome Prince Johann. But in this telling, we also meet Tok Tok, Ely's irrepressible mouse-friend, the gentle elder, Faithful John and a fairy godmother unlike any you have ever seen named Dame Peridot, Queen of Faerie Earth Magick. Colorful costumes, larger than life characters, and more than a few surprises will keep the whole family laughing in this delightful children's show!

By John Lee (Theater Director of Fairytale Town) • Directed by Tracy Martin Shearer
Location: Fair Oaks Community Clubhouse 7997 California Avenue, Fair Oaks, 95628
Dates: Saturdays, July 6, 13, 20, 27
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Sacramento County DA Report

A recent case of interest

CASE: Uriel Ojeda (07/05/13)
PROSECUTOR: Deputy District Attorney Allison Dunham, Special Assault & Child Abuse Unit
 District Attorney Jan Scully announced today that Uriel Ojeda pled no contest to molesting a 13-year-old child and admitted the allegation of substantial sexual conduct. The remaining charges will be dismissed in the interest of justice at the sentencing hearing. Under the agreement, Ojeda will be sentenced to 8 years in prison. He was immediately remanded into custody.
 Deputy District Attorney Allison Dunham states, "This is a fair resolution of the case based upon the facts and circumstances. The victim and her family can move forward with their lives and be proud that they had the courage to report the abuse to the Sacramento Diocese and law enforcement."
 Sentencing is scheduled for August 2, 2013 in Department 14 in front of the Honorable Eugene Balonon.



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Registration and valet parking are free.
 Call 916-485-4500 to reserve your spot.



Northminster Summer Music Series

SACRAMENTO REGION, CA (MPG)—This summer Northminster Presbyterian Church, located at 3235 Pope Avenue, will again be joined by musical groups who will play during the worship service, then present a short concert on the patio during fellowship time. The schedule includes the following:

July 21: *the Natural Drift bluegrass band. This band plays shows and festivals all over Northern California.*

July 28 (in the service only):

Just Friends, a women's choral ensemble

August 11: *The Dixie Minsters—Northminster's own resident Dixieland band, playing many Dixie standards.*

September 1: *Jim Martinez—acclaimed jazz pianist, playing both sacred and secular music. You know him from his Charlie Brown Christmas concerts.*

Refreshments will be available. For more information, call (916) 487-5192 or visit northminsteronline.org.

Outdoor World

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 Sadly, a lot of people have forgotten why we really celebrate this day. The 4th of July should be a time we pause to honor those who served and are serving so we might enjoy the freedoms we have today.
 The men and women who died on the beaches of Normandy, the fields of Viet Nam, the deserts of Iraq, the mountains of Afghanistan, the buildings in New York and Washington D.C., and so many other places around the world, these people should never be forgotten.
 It is because of their sacrifices we can worship as we please and have the freedom to say what we want.
 To all of you men and women who served our country, I salute you and thank you and all those that came before you and after you.

Larry Whiteley is host of the award winning "Outdoor World" Radio Show

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- August 11..... Starting Over
- August 18..... What - At My Age?
- August 25..... What's next
- September 1..... Back to the Beginning

For additional information visit our website at www.glccca.org

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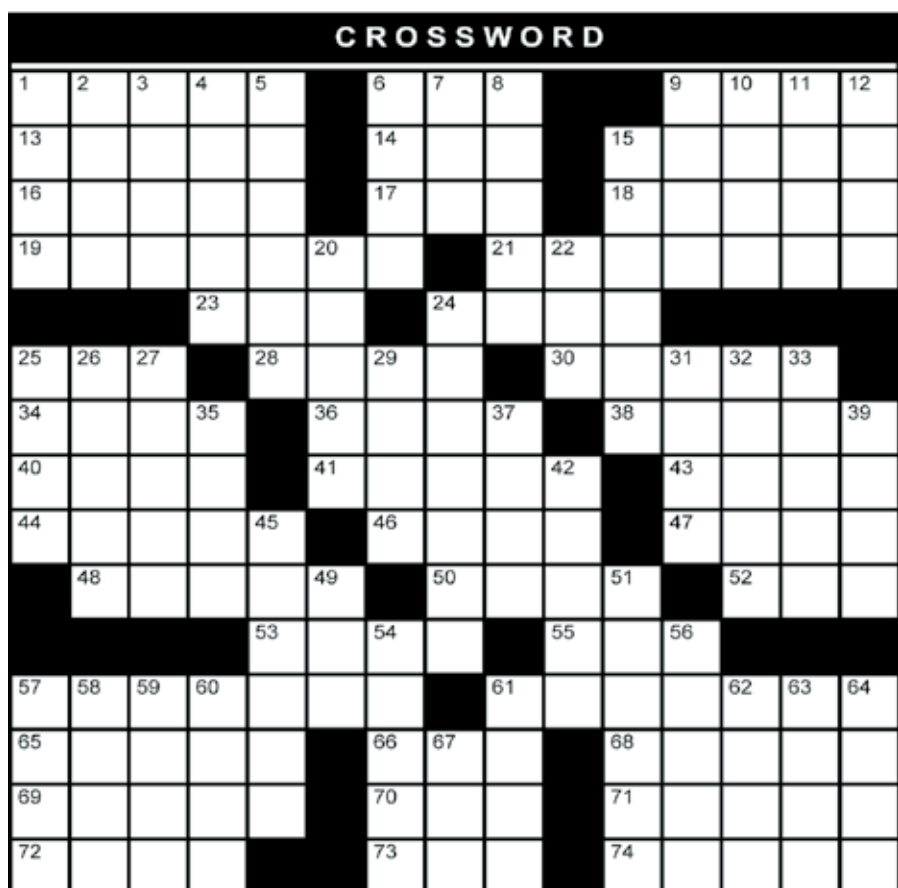
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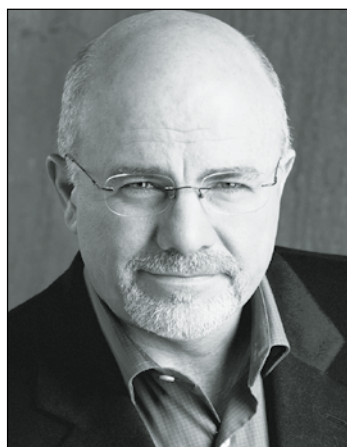
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CLUES

- ACROSS**
- Half of the Odd Couple
 - ___, the Beloved Country
 - Greek portico
 - Just outside a fairway
 - Thou, today
 - Sound units
 - Covered with hair
 - 2, on a telephone dial
 - Moonshine
 - *He drove Miss Daisy
 - *Played TV doc before becoming movie star
 - Water snake
 - Nightcrawler
 - Michigan's "___ Five"
 - Kind of jerk
 - King Tut's and Napoleon's hangouts, e.g.
 - Paella pot
 - *Without Tijuana Brass, this Alpert appeared in "The Ten Commandments"
 - Civil rights org.
 - Sound of pride
 - Breastplate
 - Smoothie berry
- DOWN**
- "Carmina Burana" composer, developed system for teaching music to kids
 - Ionic and Corinthian predecessor
 - *He was a dead man walking
 - Lose coat
 - A phobias
 - A personal view
 - Court divider
 - "Once ___ a time..."
 - Baseball stat
 - Of the essence
 - *A Bond man
 - Flowing tresses
 - Genetic stuff
 - Handy
 - Express a thought
 - H+, e.g.
 - *Ed Sullivan Show vetri-ologist, ___ Wences
 - Post-deductions amount
 - Armageddon
 - Muse of love poetry
 - Lemon quality
 - "Kiss Me, Kiss Me, Kiss Me" band The ___
 - Come to terms
 - Nursery poems
 - Greenish blue
 - *Sam Seaborn on "The West Wing"
 - New Mexico's state flower
 - Begone!
 - Roger Rabbit, e.g.
 - One third of thrice
 - Light grey
 - Quantum of light
 - #46 Across said, "___, Mr. Hand"
 - Ignited
 - Enter uninvited, 2 words
 - *Indiana
 - Reserved
 - Harsh noise
 - Profound
 - "Yes, ___"
 - *He was rebellious and footloose
 - Found on a map
 - "Mi chiamano Mimi," e.g.
 - Tough spot
 - *He stole from Louise and spent seven years in Tibet
 - Contentious look
 - *He had Zellweger at "Hello"
 - Kind of resort
 - Excite
 - "An ___ but a goodie"
 - Daisylike bloom
 - Hurry up
 - Bright yellow flower, ___ seed, known for its oil
 - U in I.C.U.
 - *Rapper 50 ___, acted with De Niro and Pacino in "Righteous Kill"
 - Boston or Chicago, e.g.
 - Columbus' vessel
 - Loads
 - "I, Claudius" role
 - Negation of a word

For Solution See Page 7



Dave Ramsey is America's trusted voice on money and business. He's authored four New York Times best-selling books: **Financial Peace, More Than Enough, The Total Money Makeover and EntLeadership. The Dave Ramsey Show** is heard by more than 6 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Getting the Guilt Trip

Dear Dave,
 My parents have always had financial problems, and they recently lost their home. They have a place to live, but since that time my father has been asking me for money. He calls me over to talk about this when my mother isn't there and my husband isn't home. He's even asked for half of a \$150,000 inheritance I received from my grandparents. He's really making me feel guilty, and I'm not sure what to do.

- Elena

Dear Elena,
 Your brain knows what to do, but your heart is having a hard time doing it. Your father is a manipulator, and we're not going to let that pattern continue. There's nothing wrong with doing a few, short-term things to help them get back on their feet. But in return, you should expect them to change the behaviors that have put them in this situation.

Also, there should be no more private meetings with your father. If he wants to talk, make sure he understands it will be with your husband and mother present. To this point all of his schemes have been on the side, and this needs to be brought out into the open and stopped. You

Dave Says

love your parents. That, along with your dad's behavior, is what's making this so difficult. But participating in this sort of thing isn't going to help them. You take away a person's dignity when you subsidize them permanently. You also change their status and their ability to stand on their own two feet.

Any help you give needs to be short-term in nature—a gift. You and your husband should be in agreement on exactly what you're going to do, and it should be on your terms. Don't get involved in giving them money every month for the rest of their lives just because they had you. That's not how this works. There's an ongoing sense of entitlement here that needs to be nipped in the bud!

- Dave

the category of wants, not needs. If you'd like new carpet, nicer windows or an updated kitchen, these things need to wait until after you've completed the first three Baby Steps.

Let's review. Baby Step 1 means saving up \$1,000 in the bank for a starter emergency fund. Baby Step 2 is paying off all debts except for your home. The third Baby Step is going back to your emergency fund and building it up so you have an amount equal to three to six months of expenses in case something goes wrong.

Once you've gotten to this point, you'll be able to save and do some other things, including a few home improvements!

- Dave

*For more financial help, please visit daveramsey.com.

Wants aren't Emergencies

Dear Dave,
 My husband and I are trying to improve our financial situation by following your plan. We were wondering where home improvements fall in the Baby Steps.

- Emily

Dear Emily,
 Unless you're talking about an emergency situation, home improvements would fall into

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 Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!

For Solution See Page 7.

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Volunteers Needed

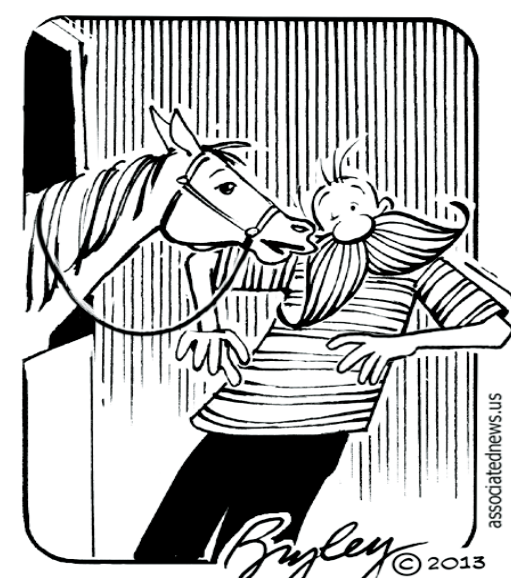
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Sutter Auburn Faith Hospice Thrift Store invites volunteers to work as cashiers, sales floor assistants, donation processors or pricers. Training is provided; a four hour weekly commitment is requested. Location: 13342 Lincoln Way, Auburn. Call store coordinator, Kim Chase, 530-887-0561. (MPG 06-30-13)

Volunteers Needed: A Community For Peace, formerly the Domestic Violence Intervention Center, offers ongoing opportunity for volunteers. Call 728-5613 or visit our office at 6060 Sunrise Vista Dr, Suite 2340, Citrus Heights, CA 95610. (MPG 06-30-13)

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Sudoku Puzzle on Page 6

9	6	5	3	8	4	7	2	1
7	8	4	1	6	2	5	3	9
1	3	2	5	7	9	4	8	6
5	4	7	8	1	3	9	6	2
6	9	8	4	2	7	1	5	3
3	2	1	9	5	6	8	4	7
8	5	9	6	3	1	2	7	4
2	1	6	7	4	8	3	9	5
4	7	3	2	9	5	6	1	8

Crossword Puzzle on Page 6

O	S	C	A	R	C	R	Y	S	T	O	A					
R	O	U	G	H	Y	O	U	P	H	O	N	S				
F	U	R	R	Y	A	B	C	H	O	O	C	H				
F	R	E	E	M	A	N	C	L	O	O	N	E	Y			
					E	E	L	B	A	I	T					
F	A	B	S	O	D	A	T	O	M	B	S					
O	L	L	A	H	E	R	B	N	A	A	C	P				
R	O	A	R	A	E	G	I	S	A	C	A	I				
D	O	R	I	C	P	E	N	N	M	O	L	T				
					F	E	A	R	S	I	D	E	A	N	E	T
					U	P	O	N	E	R	A					
C	R	U	C	I	A	L	B	R	O	S	N	A	N			
M	A	N	E	S	D	N	A	U	T	I	L	E				
O	P	I	N	E	I	O	N	S	E	N	O	R				

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04794. Smart Mart Inc., 5140 Fawn Hollow Way, Antelope, CA 95843 is doing business under the Fictitious Business Name "Smart Mart Liquor" at 8990 Fair Oaks Blvd., Carmichael, CA 95608/ Filed with the Clerk of Sacramento County on June 11, 2013. Publish: June 26, July 3, 10, 17, 2013. SMARTM 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04834. Nick Bonanno, 1501 Joby Lane, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Colony Construction" at 7925 Butte Ave., Sacramento, CA 95826. Filed with the Clerk of Sacramento County on June 13, 2013. Publish: June 26, July 3, 10, 17, 2013. COLONY 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04872. Joe Stevens, 907 Howe Ave. #1, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Carmichael Psychic" at 8234 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on June 14, 2013. Publish: June 26, July 3, 10, 17, 2013. CARPSY 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04405. Maria Spangenburg, 7437 Palmer House Dr., Sacramento, CA 95828 is doing business under the Fictitious Business Name "Mission House Room & Board" at 6240 Goodview Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on May 28, 2013. Publish: June 26, July 3, 10, 17, 2013. MISSIO 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04583. Greg Eric Wood, 6512 Woodpark Way, Citrus Heights, CA 95621; and Jeffrey Thomas Nelson, 103 Coffee Berry Court, Folsom, CA 95630 are doing business under the Fictitious Business Names "Music 4 Higher, Music For Higher" at 103 Coffee Berry Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County on June 5, 2013. Publish: June 26, July 3, 10, 17, 2013. MUSIC4 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04582. Jeffrey Thomas Nelson, 103 Coffee Berry Court, Folsom, CA 95630 is doing business under the Fictitious Business Name "MTM Studios" at 103 Coffee Berry Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County on June 5, 2013. Publish: June 26, July 3, 10, 17, 2013. MTMSTU 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04615. Christine Tadlock, 7374 Candlelight Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "C.C.'s Catering & Confection Company" at 7374 Candlelight Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on June 6, 2013. Publish: June 26, July 3, 10, 17, 2013. CCSCAT 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04832. Boyd A. Lachance, 38536th Way, Sacramento, CA 95816 is doing business under the Fictitious Business Name "Capital Premier Aquatics" at 38536th Way, Sacramento, CA 95816. Filed with the Clerk of Sacramento County on June 12, 2013. Publish: June 26, July 3, 10, 17, 2013. CAPPRE 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04987. Robert Michael Lofton, 8671 Tennis Club Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name "Bio-Safety Clean" at 10200 Wateran Road #D, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on June 18, 2013. Publish: June 26, July 3, 10, 17, 2013. BIOSAF 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04724. Lynn Murray Bishop Jr., 15 Park Brook Ct., Sacramento, CA 95822 is doing business under the Fictitious Business Name "Affordable Sports & Imports" at 7660 14th Ave., Sacramento, CA 95820. Filed with the Clerk of Sacramento County on June 7, 2013. Publish: June 26, July 3, 10, 17, 2013. AFFSPO 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05012. Sonia Rowe, 203 Sterling Grove Dr., Galt, CA 95632 is doing business under the Fictitious Business Name "Expert Exams" at 203 Sterling Grove Dr., Galt, CA 95632. Filed with the Clerk of Sacramento County on June 19, 2013. Publish: June 26, July 3, 10, 17, 2013. EXPERT 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05003. Harvinder S. Badesha, 8643 Raven Hill Way, Antelope, CA 95843 is doing business under the Fictitious Business Name "Singh Logistics" at 8643 Raven Hill Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on June 19, 2013. Publish: June 26, July 3, 10, 17, 2013. SINGHL 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04482. Artistic Associates, Inc., 2001 Berg Ave., Sacramento, CA 95822 is doing business under the Fictitious Business Name "Artistic Associates" at 4370 24th St. #J, Sacramento, CA 95822. Filed with the Clerk of Sacramento County on May 31, 2013. Publish: June 26, July 3, 10, 17, 2013. ARTIST 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05107. Carolyn Leigh, 2813 Panay Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Savory Surroundings" at 2813 Panay Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on June 21, 2013. Publish: June 26, July 3, 10, 17, 2013. SAVORY 130604 7-17-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05112. Gerardo Lopez, 5521 Raley Blvd., Sacramento, CA 95838 is doing business under the Fictitious Business Name "Raley Recycling Co." at 5521 Raley Blvd., Sacramento, CA 95838. Filed with the Clerk of Sacramento County on June 21, 2013. Publish: July 3, 10, 17, 24, 2013. RALEYR 130701 7-24-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04682. Hunt Motor Sports Concepts, LLC, 8713 McHem Ct., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "HMC Promotions" at 8713 McHem Ct., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on June 7, 2013. Publish: July 3, 10, 17, 24, 2013. HMCPPRO 130701 7-24-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04833. Amy Hin, 6704 Salavatera Circle, Elk Grove, CA 95757; and Helen Dang, 3517 Delta Queen Ave., Sacramento, CA 95833 are doing business under the Fictitious Business Name "New Gen Health & Beauty Club" at 6880 65th St. #55, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on June 12, 2013. Publish: July 3, 10, 17, 24, 2013. NEWGEN 130701 7-24-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05303. Vadim Vorobey, 5323 Wallaby, North Highlands, CA 95660 is doing business under the Fictitious Business Name "VSParrow On Call Service" at 5323 Wallaby, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on June 28, 2013. Publish: July 10, 17, 24, 31, 2013. VSPARR 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05331. Gerald R. Jenkins and Bertha N. Jenkins, 6 Minnow Ct, Sacramento, CA 95833 are doing business under the Fictitious Business Name "Jenkor Consulting" at 6 Minnow Ct, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on June 28, 2013. Publish: July 10, 17, 24, 31, 2013. JENKOR 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05434. Talal Alhakkak, 2251 Watt Avenue, No. 310, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Yellow Cab of Carmichael" at 2251 Watt Avenue, No. 310, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on July 3, 2013. Publish: July 10, 17, 24, 31, 2013. YELLOW 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05205. La Corey Riddale Cunningham, 2300 Auburn Blvd., No. 211 Sacramento, CA 95821 is doing business under the Fictitious Business Name "Dumplin Dangerous Productions" at 4250 Pell Dr., Suite 35, Sacramento, CA 95838. Filed with the Clerk of Sacramento County on June 25, 2013. Publish: July 10, 17, 24, 31, 2013. DUMPIN 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05444. Ace of Spades Bail Bonds Inc., 100 American River Canyon Dr., Folsom, CA 95630 is doing business under the Fictitious Business Name "Capital City Bail Bonds" at 100 American River Canyon Dr., Folsom, CA 95630. Filed with the Clerk of Sacramento County on July 3, 2013. Publish: July 10, 17, 24, 31, 2013. ACEOFS 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05183. Loyal Group, Inc., 1808 Woolley Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name "Dream Motors" at 1808 Woolley Way, Sacramento, CA. Filed with the Clerk of Sacramento County on June 25, 2013. Publish: July 10, 17, 24, 31, 2013. DREAMM 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05182. Loyal Group, Inc., 1808 Woolley Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name "Lovik and Son Auto Center" at 1808 Woolley Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on June 25, 2013. Publish: July 10, 17, 24, 31, 2013. LOVIKA 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05189. Arthur Galoyon and Nona Galoyon, 6945 Larchmont Dr., North Highlands, CA 95660 are doing business under the Fictitious Business Name "Fantasy Fruit Arrangements and Party Rentals" at 6945 Larchmont Dr., North Highlands, CA 95660. Filed with the Clerk of Sacramento County on June 26, 2013. Publish: July 10, 17, 24, 31, 2013. FANTASY 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05254. Georgina R. Martz, 2373 Carlsbad Ave., Sacramento, CA 95821 is doing business under the Fictitious Business Name "Rocha-Martiz Immigration Services" at 2373 Carlsbad Ave., Sacramento, CA 95821. Filed with the Clerk of Sacramento County on June 26, 2013. Publish: July 10, 17, 24, 31, 2013. ROCHAM 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04626. Kate Paliakova and Claudia Bravo, 3200 Truxel Rd., Sacramento, CA 95833 are doing business under the Fictitious Business Name "Royal Capitol Cleaning" at 3200 Truxel Rd., Sacramento, CA 95833. Filed with the Clerk of Sacramento County on June 6, 2013. Publish: July 10, 17, 24, 31, 2013. ROYALC 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05353. Classeque Technology Solutions, LLC., 507 Given St., Folsom, CA 95630 is doing business under the Fictitious Business Name "Classeque Tech" at 507 Given St., Folsom, CA 95630. Filed with the Clerk of Sacramento County on July 1, 2013. Publish: July 10, 17, 24, 31, 2013. CLASSI 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05148. Satindar Khabra, 8831 Wickersham Ct., Elk Grove, CA 95624 is doing business under the Fictitious Business Name "Natamas Liquor and Deli" at 3291 Truxel Road, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on June 24, 2013. Publish: July 10, 17, 24, 31, 2013. NATOMA 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05244. Abraham Dermishyan, 4120 Big Meadow Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "EZ Auto Sales & Repair" at 3167 Fitzgerald Rd., Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on June 26, 2013. Publish: July 10, 17, 24, 31, 2013. EZAUTO 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05419. Purva Garg, 8201 Carriage Oaks Way, Antelope, CA 95843 is doing business under the Fictitious Business Name "Alterations To Go" at 5150 Fair Oaks Blvd., Suite 109, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 2, 2013. Publish: July 10, 17, 24, 31, 2013. ALTERAT 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05367. Rosa Hernandez, 6231 Stagecoach Dr., Sacramento, CA 95842 is doing business under the Fictitious Business Name "Orderly Progress Bookkeeping" at 6231 Stagecoach Dr., Sacramento, CA 95842. Filed with the Clerk of Sacramento County on July 1, 2013. Publish: July 10, 17, 24, 31, 2013. ORDERLY 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05495. Amber R. Kelly, 6265 Longford Dr., No. 2, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Double Down Support Services" at 6265 Longford Dr., No. 2, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on July 8, 2013. Publish: July 10, 17, 24, 31, 2013. DOUBLE 130702 7-31-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05239. Stephen P. Larsh, 8701 Algonquin Way, Orangevale, CA 95662-2313 is doing business under the Fictitious Business Name "Larshco.LandscapeConstruction" at 8701 Algonquin Way, Orangevale, CA 95662-2313. Filed with the Clerk of Sacramento County on June 26, 2013. Publish: July 17, 24, 31, August 7, 2013. LARSHC 130703 8-7-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05451. Jose M. Andrade and Angelica Andrade, 8360 Outler Way, Sacramento, CA 95828 are doing business under the Fictitious Business Name "Star Cleaning Services" at 8360 Outler Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on July 3, 2013. Publish: July 17, 24, 31, August 7, 2013. STARCL 130703 8-7-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05524. Thomas A. Paschal, 8625 Oakbank Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name "4 The Birds" at 8625 Oakbank Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on July 9, 2013. Publish: July 17, 24, 31, August 7, 2013. 4THBIR 130703 8-7-13

ORDER TO SHOW CAUSE

CHANGE OF NAME
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00145125

WHEREAS, Ashraf Ahmed and Abeer Elsayed have filed a petition with this court for a decree changing name of Ibrahim Ashraf Mahmoud to Ibrahim Ashraf Ahmed. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 1, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 12, 2013. David I. Brown Judge of the Superior Court Publish: June 26, July 3, 10, 17, 2013. AHMED 130604 7-17-13

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00145424

WHEREAS, Laura Ann Cash has filed a petition with this court for a decree changing names of Laura Ann Cash to Laura Ann Deradoorian; and Elias Lawrence Cash to Elias Lawrence Deradoorian. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 7, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 19, 2013. David I. Brown Judge of the Superior Court Publish: June 26, July 3, 10, 17, 2013. DERADO 130604 7-17-13

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00145420

WHEREAS, Gregory Alan Yee and Holly Yuk Har Pang have filed a petition with this court for a decree changing names of Elisa Grace Mok-Yee to Elisa Grace Mok Yee; and Ethan Gregory Mok Yee to Ethan Gregory Mok Yee. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 7, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 19, 2013. David I. Brown Judge of the Superior Court Publish: July 10, 17, 24, 31, 2013. MOKYEE 130702 7-31-13

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00145420

WHEREAS, Leonard Theodore Daniel Salazar has filed a petition with this court for a decree changing the name of Leonard Theodore Daniel Salazar to Leonardo Carrasco Jacobs. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 20, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 26, 2013. David I. Brown Judge of the Superior Court Publish: July 10, 17, 24, 31, 2013. SALAZAR 130602 7-31-13

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00145420

WHEREAS, Xiaosong Ma and Cai Gao have filed a petition with this court for a decree changing the name of Yang Ma to Ally Yang Gao. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 13, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 26, 2012. Alex Gortinsky, Attorney for Plaintiff. Publish: June 26, July 3, 10, 17, 2013. GORTIN 130604 7-17-13

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-001454780

WHEREAS, Morgan Buchner has filed a petition with this court for a decree changing the name of Morgan Buchner to Morgan Dodson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 23, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: July 3, 2013. Raymond M. Cadei Judge of the Superior Court Publish: July 17, 24, 31, August 7, 2013. BUCHNER 130703 8-7-13

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2013-00145420

WHEREAS, Morgan Buchner has filed a petition with this court for a decree changing the name of Morgan Buchner to Morgan Dodson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 23, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: July 3, 2013. Raymond M. Cadei Judge of the Superior Court Publish: July 17, 24, 31, August 7, 2013. BUCHNER 130703 8-7-13

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
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Riley Reviews

ROBOTS AND MONSTERS CLASH WITH EXCITEMENT IN "PACIFIC RIM"

to see a monster tangle with the London Eye.

To combat the Kaiju, a special type of weapon was devised: massive robots, called Jaegers (German for "hunters"), controlled by two pilots whose minds are synched via a neural bridge, called "The Drift."

Unfortunately for mankind, the sea monsters keep mutating into every more powerful creatures, bent on nothing short of complete annihilation of the planet.

On the verge of defeat, the forces defending humanity have no choice but to turn to two unlikely heroes – a washed up former pilot (Charlie Hunnam) and an untested trainee (Rinko Kikuchi).

Hunnam's Raleigh Beckett was a Jaeger pilot in the initial Kaiju wars when he co-piloted a giant robot with his older brother on a mission that went badly.

After the death of his sibling, Raleigh had dropped out of the monster bounty hunting, doing odd jobs along the Alaska coast while others tried to figure out ways to fortify the coastal areas from the monster invasion.

As the world hangs in the balance, Raleigh is dredged out of retirement by his former commander, Stacker Pentecost (Idris Elba, a suitably no-nonsense tough guy), for a desperate play showdown with the Kaiju.

The problem, of course, is that it takes two to pilot the 25-story tall robots, and a pilot's partner has to be someone with whom sharing your brain requires the utmost bond of trust and confidence.

Full of bravado and swagger,

Raleigh may be willing to put his life on the line despite any risks, but he'll only do so on his own terms.

Meanwhile, Kikuchi's Mako Mori is a beautiful Japanese martial-arts expert who's a candidate for a robot pilot position, though she must first prove herself capable of enduring the intense training.

Known only to commander Pentecost, Mako's past includes a dark secret about a childhood encounter with the Kaiju that still brings nightmares that must be purged from her memory. Interestingly, a red slipper is a symbol of the mental torment.

Not surprisingly, there is a severe competitive streak in the international cast of robot pilots, and after Raleigh and Mako tangle in a martial arts contest, they become partners in the robot called Gipsy Danger.

Del Toro has an affinity for Ron Perlman, having used him in his *Hellboy* films. Fittingly, Perlman's Hannibal Chau is a sleazy black market operator in Hong Kong, selling the salvageable body parts of dead Kaiju.

More comic relief comes from a pair of wacky scientists, Charlie Day's high-pitched voiced Dr. Newton Geiszler thinks he create a neural bridge with a Kaiju, while his partner (Burn Gorman) is just plain eccentric.

The success of the Jaeger program requires Raleigh and Mako to become a well-connected team. For his part, Raleigh is a loner who grapples with trust issues, and so it is no easy task.

Fans of this genre are anxious to move on from the obvious plot contrivances and get to the essence of what is expected from an action film with roots in the anarchic *Godzilla* genre.

Pacific Rim does not disappoint those who want to enjoy the spectacular clash of the titans, as robots and monsters bang away at each other with ferocious intensity.

A Film Review by Tim Riley

PACIFIC RIM

(Rated PG-13)

Directing a sci-fi action adventure where giant robots clash with monstrous creatures from the center of the earth is a natural wish fulfillment for Guillermo del Toro.

A self-described "fanboy," del Toro is within his element for directing *Pacific Rim*, which seems pitched to the sensibilities of Japanese cinema that celebrated such monsters as *Godzilla* and *Mothra*.

With the impending annual Comic-Con geek fest in San Diego, the Mexican-born filmmaker could arrive at the event as a conquering hero. Maybe he did in the past, and I am just not aware of it.

Set in the near future, *Pacific Rim* finds that the human race is at a critical crossroads, following apocalyptic attacks on coastal cities around the world, including San Francisco, Manila and Hong Kong.

Creatures emerging from the depths of the sea look like a mixture of dinosaurs, sea serpents, and horribly deformed alien creatures. These legions of monstrous creatures are known as Kaiju, the Japanese word for giant beast.

The monsters destroy bridges and tall buildings as if they were rambunctious kids knocking over building blocks or Legos. Goodbye, Golden Gate Bridge. Too bad they didn't attack London because I would love

Michael Row MR QuickBooks

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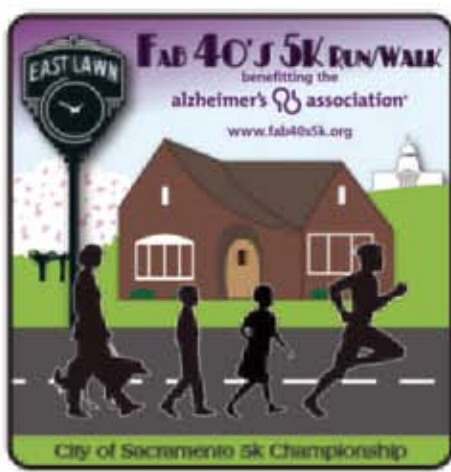
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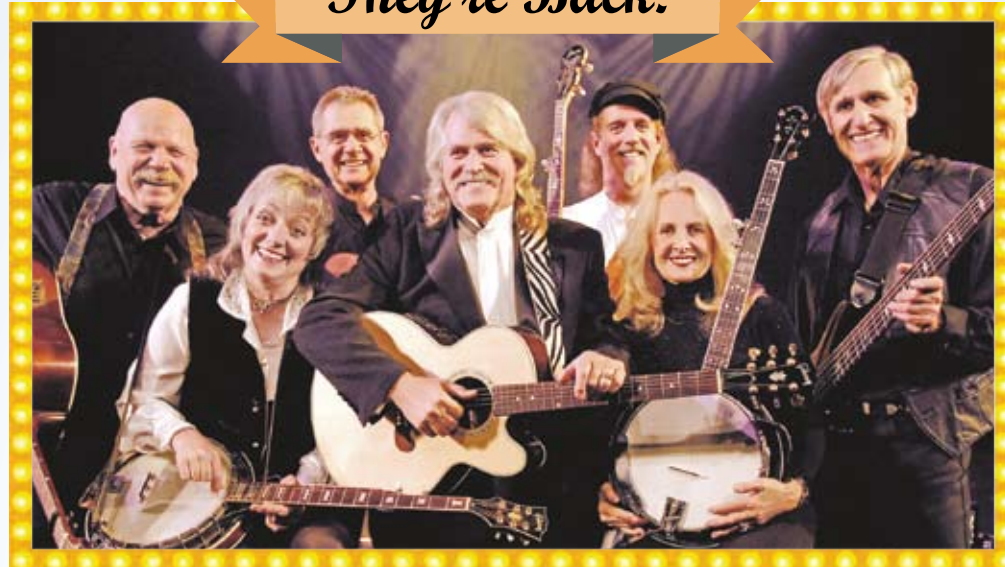


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Senator Nielsen Comments on Confirmation of CDCR Secretary Jeffrey Beard

SACRAMENTO, CA (MPG) – State Senator Jim Nielsen (R-Gerber), former Chair of the Board of Prison Terms, issued the following statement on July 11th on the confirmation of Jeffrey Beard as Secretary of the California Department of Corrections and Rehabilitation (CDCR):

“A thorough review of Mr. Jeffrey Beard’s background reveals that he lacks credibility and experience of California’s prison and public safety system. “While testifying as an expert witness on California’s prison system, Mr. Beard had only visited one – Folsom – of the state’s 33 prisons. “When he was in charge of Pennsylvania’s Department of Corrections, it had an inmate mortality rate 62 percent higher

than California’s. Yet, Mr. Beard found California’s rate deficient. “Now, he’s entrusted with the disastrous realignment program. This dumping of more felons onto municipalities expands the injustices of AB 109 and puts all of us and our families at greater risk. “Mr. Beard may be a noble, well-intended man, but he’s not the man for the job.”

Senator Jim Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Del Norte, Glenn, Nevada, Placer, Sacramento, Shasta, Siskiyou, Sutter, Tehama, Trinity and Yuba. To contact Senator Nielsen, please call him at 916-651-4004, or via email at senator.nielsen@senate.ca.gov.

Windows of Faith

Continued from Page 1

After a lifetime of delay, the gleaming new panels took only hours to install. Recalls Mishler: “Geraldine said she’d never had an easier installation.” Now, when I’m singing in the choir, I can look up at the chancel walls and feel a sense of thanksgiving,” concludes Mishler. “During this project, God worked through many people in many ways. The result is beautiful – it’s all we hoped it would be.”

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Carmichael Presbyterian Church. Photo by Susan Maxwell Skinner.



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By Karen Anderson

"It's better to be a lion for a day than a sheep all your life."
— Elizabeth Henry

As a youngster, I remember hearing that as a Christian I needed to be more reserved and not stand out and cause trouble. As I've matured, I realize what a false thought this really is. Now my feelings are, "Trouble! Come on, because God and me are ready ... ROAR!"

The other saying you may have heard is, "Well, you will just have to accept it." WRONG! Acceptance doesn't mean giving up and being a wimp. It means giving your all—hopes, dreams, sorrow, worries, and anything else you can think of to God. In the movie Chariots of

Sometimes You Gotta Roar

Fire, Eric Liddell was a strong, muscular athlete who stood firm for his faith during the Olympics. He radiated God in the face of challenges and came out as God's victor.

Here are some characteristics of the lion: protective, brave, courageous, willing to fight if needed, hunter, group pride, and a loner. The characteristics that jump out at me are brave, courageous, and being a loner. A loner doesn't mean you shut yourself away from everyone. When situations arise, do you choose to be brave vs. timid, courageous vs. cowardly?

REMEMBER: In every situation in your life, God is there. Just ask Him. God's Word says, "You're blessed when you're content with who you are—no more, no less. That's the moment you find yourselves proud owners of everything that can't be bought. You're blessed when you get your inside world—your mind and heart—put right. Then you can see God in the outside world." It can be very difficult

to succeed with this, but if you believe God can help you to achieve true contentment in your life, you will succeed.

I know I haven't given you any personal story about being a lion, but I really don't have to. You know when you have shown to be that lion and when you have been the lamb. You can be content in your life and know, according to God's Word, that you will be blessed from the inside out. But there are times when God wants you to ROAR, so baby, roar ... "AND LET YOURSELF BE HEARD."

PASSAGE: Matthew 5:5 & 8

Karen Anderson is an accomplished speaker, author, and chaplain. Her latest books, *Nikki's Tail-Waggin' Lessons* and *The Little Book of BIG Thoughts (Volumes 1 and 2)*, can be found on Amazon.com. Leave a message for Karen at www.doablesteps.com/contact, or connect with her on Facebook at www.facebook.com/DoAbleSteps.

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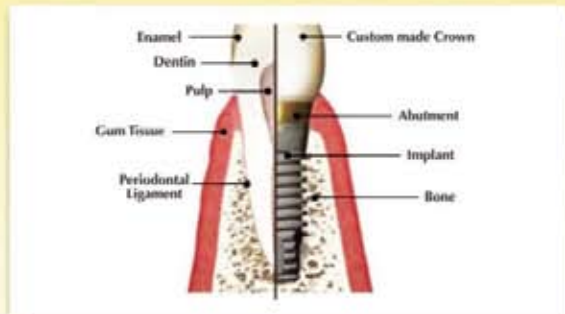
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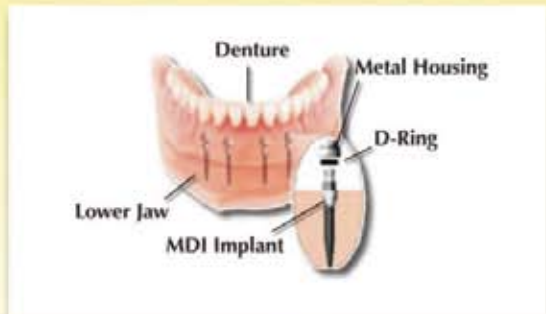
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