



# Stop Sign Changes on the American River Bike Trail

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Announces  
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# Carmichael Times

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Serving Carmichael and Sacramento County since 1981

June 12, 2013

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Faith and  
Super Heroes*



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Fun and Romance*



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## Appreciating Fathers



In 1966, President Lyndon B. Johnson issued the first presidential proclamation honoring fathers, designating the third Sunday in June as Father's Day.

With Father's Day being celebrated on Sunday, June 16th, its time to honor all those fathers who have stepped up to the role in our lives. Take time this coming Sunday to make that telephone call, send that card (early!) or to spend time thanking your father for all he has done for you. Father and child relationships can often take some dreadful turns as children try to spread their wings in the world. Misunderstandings are inevitable as children grow, but it doesn't diminish the love a father has for their child. Ancient wisdom says

it is up to the child to return to the father in appreciation when one let's go of their childish ways. That is when a truly loving adult relationship grows. **The History of Father's Day** (notes from Wikipedia) Father's Day was inaugurated in the United States to complement Mother's Day in celebrating fatherhood and male parenting. There were other persons in the US who independently thought of "Father's Day", but the credit for the modern holiday is often given to Sonora Dodd, who was the driving

force behind its establishment. Its first celebration was in the Spokane YMCA on June 19, 1910. Her father, the Civil War veteran William Jackson Smart, was a single parent who raised his six children there. After hearing a sermon about Mother's Day in 1909, she told her pastor that fathers should have a similar holiday honoring them. Although she initially suggested June 5, her father's birthday, the pastors did not have enough time to prepare their sermons, and the celebration was deferred to the third Sunday of June.

It did not have much success initially. Since 1938 she had the help of the Father's Day Council, founded by the New York Associated Men's Wear Retailers to consolidate and systematize the commercial promotion. In 1966, President Lyndon B. Johnson issued the first presidential proclamation honoring fathers, designating the third Sunday in June as Father's Day. Six years later, the day was made a permanent national holiday when President Richard Nixon signed it into law in 1972.

## NFIB Issues Statement on California's Ranking on State Economic Competitive Index

State ranks 47 out of 50 on economic outlook

SACRAMENTO, CA (MPG) – The National Federation of Independent Business, California released the following statement today in response to California's ranking on the 2013 ALEC-Laffer State Economic Competitiveness Index:

"Sadly, it really isn't a big surprise that the Golden State ranked 47th out of 50 on the economic ranking forecast – down nine points from 38th in 2012," said John Kabateck, NFIB/CA Executive Director. "With the highest personal and corporate income tax rates, and highest gas tax in the nation, it is no wonder that our economic future isn't very bright and is obviously getting significantly worse. California also ranks near the bottom for workers' compensation costs and legal reform. Added to this is the fact that our unemployment insurance system owes the federal government almost \$11 billion, money which comes out of the pockets of business owners. All told, it doesn't make California a place in which people are eager or encouraged to start a business."

"So, what would encourage entrepreneurs to do business and create jobs in California? Certainty. Certainty in the taxes they will pay, knowing that government is spending the money responsibly and for what it is truly intended. Certainty in the amount and scope of new regulations imposed on their industry. And certainty that frivolous lawsuits will be discouraged and that products requiring warning labels under Prop 65 have been through a true scientific analysis."

"We look forward to working with the Governor, Legislature and other leaders in Sacramento to ensure that in next year's ranking, California moves up the list through an improved jobs and economic climate so that businesses and employees want to start – and stay – in our state."

## Bev's Angel Project Needs A New Home

CARMICHAEL, CA (MPG) – Bev's Angel Project is an all-volunteer California non-profit corporation and has been housed in Carmichael for the last five years at the Carmichael Oaks Shopping Center (although the project has been in existence for 13 years). They are in need of at least 7,000 square feet of donated space located in the Carmichael/Citrus Heights area. They will pay their own utilities and liability insurance.

It is critical for them to have this space by August through December and into January in order to serve the 3,000 children/families they touch during the holiday season. For many children this is their only Christmas. They are also blessed to have the support of Carmichael Kiwanis and Chamber of Commerce. Please contact Jan at (916) 402-7202 or Judee at (916) 798-6311, or email to: topredrvr1@comcast.net if you have any information or can help.

## United Way Rolls Out Toilet Paper Drive



"It's amazing the expenses nonprofits face that people don't think about," said Steve Heath, United Way president and CEO. "Nonprofits work magic with their budgets to make a positive difference in countless lives in our region. Donating toilet paper is a great way to join together and ensure more money goes toward vital programs that change people's lives." Photo courtesy United Way

SACRAMENTO REGION, CA (MPG) – United Way California Capital Region is asking the community to participate in its 5th annual LIVE UNITED Toilet Paper Drive on June 13 to help local nonprofits offset the cost for this staple item. Local nonprofits spend anywhere from a few hundred to thousands of dollars a year on toilet paper – money that could be invested

in programs changing lives. Sacramento's Volunteers of America spends \$20,000 each year on toilet paper, which would pay for five months of meals for every man, woman and child in its family shelter. "It's amazing the expenses nonprofits face that people don't think about," said Steve Heath, United Way president and CEO. "Nonprofits work magic with

their budgets to make a positive difference in countless lives in our region, but there's only so much they can do. Donating toilet paper is a great way to join together and ensure more money goes toward vital programs that change people's lives." Last year's drive raised 177,451 rolls of toilet paper and this year's goal is 190,000 rolls in celebration of United Way's 90th

anniversary. Sac-Val Janitorial Supply will donate one roll for every three rolls collected. The drive will take place 7 a.m.-7 p.m. on June 13 at the Cal Expo main entrance, 1600 Exposition Boulevard in Sacramento. Residents also can donate toilet paper online at [www.yourlocalunitedway.org/tp-drive](http://www.yourlocalunitedway.org/tp-drive). For updates, visit [facebook.com/uwccr](http://facebook.com/uwccr) or follow @unitedwayccr and #tpdrive on Twitter.

Foodlink, a Sacramento nonprofit, will store the toilet paper and help distribute it the following week to many of United Way's 148 certified nonprofit partners in Amador, El Dorado, Placer, Sacramento and Yolo counties. For 90 years, United Way California Capital Region has actively worked to address the community's most pressing issues, now focusing on innovative solutions related to high school graduation rates, household financial stability and obesity. United Way's team of nonprofits, businesses, donors and volunteers are working together to provide positive, measurable results on these issues through United Way projects.

For more information, visit [www.yourlocalunitedway.org](http://www.yourlocalunitedway.org). Source: *Thébaud Communication*

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# Governor Brown Announces Appointments

SACRAMENTO, CA – (MPG) Governor Edmund G. Brown Jr. has announced the following recent appointments.

**Carmen Delgado, 59, of Carmichael**, has been appointed to the California Board of Guide Dogs for the Blind. Delgado served as a consultant at the California Department of Alcohol and Drug Programs from 2009 to 2011 and was Farrell project director at the California Department of Corrections and Rehabilitation, Division of Juvenile Justice from 2008 to 2009. She was assistant deputy director at the California Department of Alcohol and Drug Programs' Program Operations Division from 2002 to 2008 and acting assistant deputy director from 2000 to 2002. Delgado was assistant district director at the California Conservation Corps from 1978 to 1992. This position does not require Senate confirmation and the compensation is \$100 per diem. Delgado is a Democrat.



**Governor Jerry Brown**

**Clifford Blakely, 43, of Sacramento**, has been appointed to the California Private Security Disciplinary Review Committee, North. Blakely has been owner at the Law Office of Clifford Blakely since 2007. He was a deputy public defender at the Alameda County Public Defender's Office from 1996

to 2007. Blakely earned a Juris Doctorate degree from the University of Southern California Gould School of Law. This position does not require Senate confirmation and the compensation is \$100 per diem. Blakely is a Democrat.

**Kathy Bowler, 57, of Sacramento**, has been appointed to the California Board of Guide Dogs for the Blind. Bowler has been a political consultant at the K. Bowler Group since 2009. She was executive director of the California Democratic Party from 1995 to 2009 and California director for the Al Gore presidential campaign in 2000. Bowler was chief executive officer at Statewide Information Systems from 1987 to 1993 and a consultant for California State Senator David Roberti from 1985 to 1987. This position does not require Senate confirmation and the compensation is \$100. Bowler is a Democrat.

# Stop Sign Changes on the American River Bike Trail



up their momentum and avoid rear-end collisions.”

The signage and pavement painting changes will take place this week and will go the length of the bike trail from Hazel Avenue downstream to Discovery Park. The three intersections that will continue being four-way stops are: Nimbus Hatchery at Hazel Avenue; Lower Sunrise Recreation Area at the PCA Bridge; and Del Paso Blvd.

Motorists and riders are urged to be observant of these changes and to obey the rules of the road including the 15 mile per hour speed limit on the bike trail. Regional Park visitors are reminded that all children under 13 years of age, in or around waterways, must wear a life jacket. It is a law in Sacramento County. For a complete list of rules and regulations that govern Regional Parks, visit [www.sacparks.net](http://www.sacparks.net). Call 916-875-7275 to report any law enforcement issues, non-emergency accidents, or maintenance issues. For emergencies, dial 9-1-1.

SACRAMENTO, CA – (MPG) Beginning this week, 9 out of the twelve vehicle/bicycle intersections on the American River Bike Trail will change from four-way to two-way stops with vehicles required to give right of way to bicycle riders, runners, joggers and walkers.

During the past four months, Regional Parks' officials met with interest groups and Parkway supporters to announce the change. “We received positive feedback

from our stakeholders, such as the Recreation and Park Commission, the Sacramento Area Bicycle Advocates and the Save the American River Association, to name three,” stated Stan Lumsden, Chief Ranger. “The reason to alter the traffic flow is simple and about safety. We have more bicycle traffic through the Parkway than vehicles and it makes sense to give the bikes the right of way. On the safety side, bikes can roll through the intersection allowing cyclists to keep

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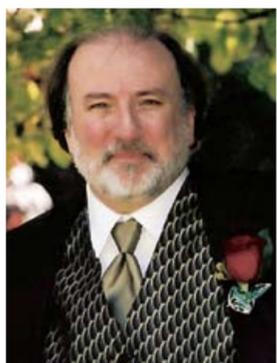
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### Be Cool This Summer

As summer comes early this year, are you one of the ones that are dreading the heat of this upcoming summer? Hot, sweaty, cranky, dehydrated? As the temperature rises outside, so does the heat in us increase. We sweat a little more and crave cooling drinks, fresh fruits and summer salads. Others seek the ocean or the pool in lieu of workouts in the gym. Our ayurveda Creating Perfect Health Program has the solutions. Read on to find the simple solutions to have a true cool summer....

#### Like Increases Like

Yes hot foods increase our body heat! If you are naturally warm (in Ayurveda it is known as Pitta) then you need to be even more careful of the heat in the summer. Because pitta people have a strong fire in their bodies, it is especially important to prevent overheating.

Spicy foods and "red" foods like tomatoes, red peppers, red wine; and red meat will increase internal heat and in excess can cause aggravation. The same is true of salty and sour (includes yogurt, cheese, and sour cream) foods, soy, and fermented foods as well. Small amounts of ginger, black pepper and cumin are ok, but beware of cayenne. These types of foods in excess not only increase internal temperatures, but move through the body increasing emotional, mental,

# Be Cool This Summer

and physical fire. They can leave you dehydrated and aggravate your skin.

#### Cool Down When the Heat is On

Eat foods that keep the body cool like plenty of vegetables and sweet fruits. Sweet fruits like grapes, cherries, melons, peaches, avocados, coconuts, mangos sweet fully ripened oranges, pineapples, and plums. Other foods that balance the heat (pitta) are ghee, milk (organic or almond is best) and grains (reduce corn, rye, millet, and brown rice). In summertime you can use olive, soy, sunflower, and coconut oils while reducing sesame, almond, and corn oils, all of which increase summer qualities.

#### Exercise With a Splash

Avoid the heat of the day or exercising in the sun for your workouts. Move them to when there is more moisture in the air like the early morning (best) or early evening (second best). Brisk evening walks, early morning jogs are good. Ride a bike when the air is cool on your body is a fresh way to cool down. Swimming is best for our hot-bodied friends. Yoga is good for all bodies all year round. Avoid participating in anything overly competitive because competition increases emotional heat.

#### Avoid "Ice" Cold Drinks

Really? No ice in my drinks? While this is the "go to" for most people in the summer, it actually works against us and reduces our energy. Ice cold drinks reduce our digestive fire. That digestive strength is responsible for converting our food into energy. Ice cold drinks effectively "put out the flames" of our digestive fire. Drink liquids that are room temperature and it is assimilated into our body much faster and we are rehydrated more quickly. Yes this ultimately keeps us cool and keeps our energy high. Iced tea and carbonated drinks in excess are a caution as they can actually dehydrate the body. Keep hydrated and drink water - approximately half your body weight in ounces each day.

#### Timing is everything

1. To keep our bodies cool and get our greatest amount of energy, eat your main meal at lunchtime. Closest to 12:00 when your digestive fire is the strongest.
2. Skipping meals is a sure fire way to increase your internal and emotional heat.
3. Don't overeat or eat within 3 hours of bedtime.
4. Build in time for play. We can balance the intensity of the heat with less intensity at work. Time for play keeps us cool and more in balance.
5. The temperature of our mind can heat up in the summer. One of the most powerful ways to settle the mind is meditation each day. Starting the day with meditation keeps the temperature of the mind cool and balanced. Listen to soothing music and practice conscious breathing upon waking starts the day off right.

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# Assembly Colleagues, Gatto Fight to Provide Access to Taxpayer-Funded Research

*Bipartisan effort, inspired by internet activist Aaron Swartz, would require research funded by taxpayers to be open access*



Mike Gatto

SACRAMENTO, CA (MPG) Open access advocates celebrated last week as AB 609 passed the Assembly floor by a vote of 71-7. The bill, co-authored by Democratic Assemblyman Mike Gatto (D-Los Angeles) and Republican Assemblyman Brian Nestande (R-Palm Desert), would ensure that research conducted using public funds is available to the public, including the scientists, scholars, and businesses that rely on it.

"California taxpayers invest hundreds of millions of dollars annually in research," explained Gatto. "If the public is paying for the research, the public should have open access to the results without paying for it twice."

Gatto's legislation was inspired by the tragedy of Aaron Swartz, a computer programmer, internet activist, and research fellow at Harvard University, who fought to make publicly funded academic research available for free. After illegally downloading articles from peer reviewed journals, with the intent of making them freely available online, Swartz was investigated, interrogated,

intimidated, and prosecuted as a felon. Facing millions of dollars in fines and more than 150 years in prison, the 27-year-old took his own life.

"Aaron Swartz followed in the footsteps of our founding fathers and stood up to authority in the pursuit of knowledge," said Gatto. "While I may not agree with all of his tactics, Aaron was a victim of outdated and contradictory laws that failed to recognize the wisdom of his goals."

AB 609 would require researchers receiving taxpayer-funded grants to provide open access to journal articles related to their research. Currently, articles on the results of publicly funded research are only available through costly journal subscription services. Subscription services contribute

little to the research itself, but charge as much as \$100 for access to a single article, with some journals costing as much as \$40,000. The University of California system now spends nearly \$40 million each year to buy access to academic journals and articles, even though many of the articles are written, reviewed, and edited by UC professors as part of their publicly funded research or academic duties.

"Forcing someone to pay large fees to find the results of research paid for by tax dollars limits the public's ability to be informed and stifles innovation," said Gatto. "We must ensure that Californians have access to the most up-to-date and cutting-edge research. This bill is a simple solution that promotes the sharing of knowledge and investment in our future."

*Mike Gatto is the Chairman of the Appropriations Committee of the California State Assembly. He represents the cities of Burbank, Glendale, La Cañada Flintridge, the Los Angeles neighborhoods of Los Feliz, Silver Lake, Atwater Village, and portions of the Hollywood Hills and East Hollywood. <http://www.asm.ca.gov/gatto>*

Source: Office of Mike Gatto

## Boxer Praises President's Choices for National Security Adviser and Ambassador to the United Nations

WASHINGTON, D.C. – (MPG) – Derby U.S. Senator Barbara Boxer (D-CA), a senior member of the Senate Foreign Relations Committee, issued the following statement on President Obama's announcement that he has appointed Ambassador Susan Rice as National Security Adviser

and nominated Samantha Power to be the U.S. Ambassador to the United Nations:

"Ambassador Rice and Samantha Power are extraordinary public servants who will help advance America's foreign policy agenda in these important new roles. Both

women have outstanding records of fighting for human rights, women's empowerment and a strong, responsible U.S.

foreign policy, and I look forward to working with them as they take on the many challenges facing our world today."

Source: Office of Barbara Boxer

## Sacramento County DA Reports Recent cases of interest

**CASE: Richard Carter (06/06/13)**

**PROSECUTOR: Deputy District Attorney Eric Kindall, Homicide Unit**

District Attorney Jan Scully announced today that the Honorable Timothy Frawley sentenced Richard Carter to 55 years to life in prison.

On February 15, 2013, Carter was convicted by jury of second degree murder in the shooting death of 51-year-old Kevin Burks on October 11, 2011. The jury also found that Carter personally used a firearm in the commission of the offense. Judge Frawley also found true an allegation that Carter had a prior strike conviction for robbery.

Carter was 17 years old at the time of the crime and was charged and convicted as an adult.

**CASE: Aaron Suggs (06/06/13)**

**PROSECUTOR: Supervising Deputy District Attorney Rob Gold, Adult Sexual Assault Prosecution Unit**

District Attorney Jan Scully announced today that the Honorable David W. Abbott sentenced 29-year-old Aaron Suggs to 145 years to life in prison for a home invasion sexual assault he committed in January 2012 in the Alkali Flats neighborhood.

On May 9, 2013, Suggs was convicted by jury of multiple one-strike sex crimes. Shortly before the crimes, he had been released from the California Department of Corrections as part of the Post-Release Community Supervision (PRCS) program but he never reported to the program.

Supervising Deputy District Attorney Rob Gold states, "The successful prosecution was due in large part to the investigative efforts of the Sacramento Police Department, particularly Detectives Andy Newby and Amy Crosby."

**CASE: William Martin Castro (06/06/13)**

**PROSECUTOR: Deputy District Attorney Darren Goodman, Career Criminal Prosecution Unit**

District Attorney Jan Scully announced today that William Martin Castro was convicted by jury of two counts of robbery and multiple firearm charges, and found to be sane.

On April 21, 2011, Castro asked the first victim if he could use his cell phone then punched him in the face and left with his phone. The second robbery occurred the next day, which was Good Friday, at Our Lady of Guadalupe Church in downtown Sacramento. Castro entered the church sanctuary and confronted the unsuspecting parishioner with a gun. He ordered the victim to the ground, took his cell phone and wallet, and left the scene. Castro was experiencing a mental episode at the time of the crimes, as a result of using methamphetamine. The jury found Castro to be legally sane at the time he committed the robberies.

Castro faces a maximum sentence of 19 years and 4 months in prison. Sentencing is scheduled for July 5, 2013 in Department 16 before the Honorable Marjorie Koller.

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Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04100. Tina Marie Riordan and Benjamin Lawrence Riordan, both of 9657 Grant Line Road, Elk Grove, CA 95624 are doing business under the Fictitious Business Name "Riordan Ranch" at 9657 Grant Line Road, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on May 17, 2013. Publish: May 22, 29, June 5, 12, 2013. RIORDA 130504 6-12-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03664. Andrea Rosario, 6720 Oaklawn Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Functional Longevity Institute" at 6735 Fair Oaks Blvd. #12-A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 2, 2013. Publish: May 22, 29, June 5, 12, 2013. FUNCTI 130504 6-12-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03888. Valery Zhelezoglo, 4925 Kenneth Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Val's Repair Small Appliances" at 5809 Marconi Ave. #C, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 9, 2013. Publish: May 22, 29, June 5, 12, 2013. VALSRE 130504 6-12-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03979. Chris Dumum, 6532 24th St., Rio Linda, CA 95673 is doing business under the Fictitious Business Name "Lucid Realty" at 6532 24th St., Rio Linda, CA 95673. Filed with the Clerk of Sacramento County on May 14, 2013. Publish: May 22, 29, June 5, 12, 2013. LUCIDR 130504 6-12-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03598. Ann Hamilton, 4072 Howard St., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Maple Leaf Properties" at 2822 "S" Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County on May 1, 2013. Publish: May 22, 29, June 5, 12, 2013. MAPLEL 130504 6-12-13

**NOTICE OF BID**  
**BID ANNOUNCEMENT FOR MISSION NORTH PARK RESTROOM:** Mission Oaks Recreation and Park District (MORPD) is accepting bids until 2 PM on June 26, 2013 for the provision of a prefabricated restroom building equal to the Ashton Park Restroom model by The Public Restroom Company of Reno, Nevada. There are no known equivalent structures. Building is to be delivered to Mission North Park, 3344 Mission Avenue, Carmichael, CA 95608 at a time and date in September 2013 to be determined. For specifications, email request to tinewman@morpd.com. Publish: June 12, 2013. MORPD 130602 6-12-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04028. SMART Association, Inc., a Nevada corporation, 6349 Auburn Blvd., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "International Community Alliance" at 6349 Auburn Blvd., Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on May 15, 2013. Publish: May 29, June 5, 12, 19, 2013. INTCOM 130505 6-19-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04058. James Allen Martin, 5050 Emerald Brook Way, Sacramento, CA 95838 is doing business under the Fictitious Business Name "CLC Property Management" at 5704 Dry Creek Road, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County on May 16, 2013. Publish: May 29, June 5, 12, 19, 2013. CLCPRO 130505 6-19-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00144082

WHEREAS, Mike Todd Durbin and Carolyn Violet Evans-Durbin have filed a petition with this court for a decree changing name of Christopher Michael Evans-Durbin to Katie Michelle Evans-Durbin. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 5, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 22, 2013

David I. Brown  
Judge of the Superior Court  
Publish: May 29, June 5, 12, 19, 2013. DURBIN 130505 6-19-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00144084

WHEREAS, Aimee L.S. Nitolo and Anthony L.S. Nitolo Jr. have filed a petition with this court for a decree changing name of Jack Francis Nitolo to Jack Francis Felice Nitolo. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 5, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 22, 2013

Raymond M. Cadei  
Judge of the Superior Court  
Publish: May 29, June 5, 12, 19, 2013. NITOLO 130505 6-19-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00143744

WHEREAS, Sue Ellen Nash has filed a petition with this court for a decree changing name of Joseph Taylor Ash-Ogawa to Joseph Taylor Ash. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 3, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 02, 2013

Raymond M. Cadei  
Judge of the Superior Court  
Publish: May 29, June 5, 12, 19, 2013. ASH 130505 6-19-13



FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04255. Hans Matti Nelson Paul White, 1812 Eastern Ave., Sacramento, CA 95864 is doing business under the Fictitious Business Name "Pleasant Screams" at 1812 Eastern Ave., Sacramento, CA 95864. Filed with the Clerk of Sacramento County on May 23, 2013. Publish: June 5, 12, 19, 26, 2013. PLEASA 130601 6-26-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04101. Richard L. Coltrin, Trustee of The Rio Linda Trust, 3227 "W" Street #2, Sacramento, CA 95817 is doing business under the Fictitious Business Name "All Good Property Management; All Good Properties" at 3227 "W" Street #2, Sacramento, CA 95817. Filed with the Clerk of Sacramento County on May 17, 2013. Publish: June 5, 12, 19, 26, 2013. ALLGOO 130601 6-26-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04360. Alex M. Jimenez, 6054 Marco Drive, Orangevale, CA 95662 is doing business under the Fictitious Business Name "A.M.J. Art" at 6054 Marco Dr., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on May 24, 2013. Publish: June 5, 12, 19, 26, 2013. AMJART 130601 6-26-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04340. Joyce Padgett, 147 Talmont Circle, Roseville, CA 95678; Lupe Arroyo, 8712 Mesa Brook Way, Elk Grove, CA 95624; and Kimberly Boyd, 859 Mission Way, Sacramento, CA 95819 are doing business under the Fictitious Business Name "The Art Mix" at 1200 "S" Street #C, Sacramento, CA 95811. Filed with the Clerk of Sacramento County on May 24, 2013. Publish: June 5, 12, 19, 26, 2013. THEART 130601 6-26-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04067. Michael Kane, 11563 Sutters Mill Circle, Gold River, CA 95670 is doing business under the Fictitious Business Name "Dunmore Laguna Reserve" at 2845 Marconi Ave., Sacramento, CA 95821. Filed with the Clerk of Sacramento County on May 16, 2013. Publish: June 5, 12, 19, 26, 2013. DUNMOR 130601 6-26-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04387. Jason Garcia, 8047 Grinzing Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name "Cornerstone Moulding" at 5451 Warehouse Way #110, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on May 28, 2013. Publish: June 5, 12, 19, 26, 2013. CORNER 130601 6-26-13

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2009-01758  
The following person(s) has abandoned the use of the FICTITIOUS BUSINESS NAME of Cornerstone Moulding, 8047 Grinzing Way, Sacramento, CA 95829. The Fictitious Business Name Statement was filed on February 24, 2009 in the County of Sacramento. Filed with the Clerk of Sacramento County on May 28, 2013. Publish: June 5, 12, 19, 26, 2013. CORNER 130601 6-26-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04385. Baysavers Gold & Silver Coins, Inc., 8548 Madison Ave., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Baysavers Gold & Silver Coins; Baysavers.com" at 8548 Madison Ave., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on May 28, 2013. Publish: June 5, 12, 19, 26, 2013. BAYSAV 130601 6-26-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00141356

WHEREAS, Janet Lynne Kelley has filed a petition with this court for a decree changing name of Janet Lynne Kelley to Janet Lynne Kelly. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 9, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 22, 2013

David I. Brown  
Judge of the Superior Court  
Publish: June 5, 12, 19, 26, 2013. KELLY 130601 6-26-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00141353

WHEREAS, Janet Lynne Kelley has filed a petition with this court for a decree changing name of Dominick William Joseph Van Horn to Dominick William Kelly. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 9, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 22, 2013

David I. Brown  
Judge of the Superior Court  
Publish: June 5, 12, 19, 26, 2013. KELLY 130601 6-26-13

**NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES**  
To Whom It May Concern:  
**SURAPOL TEE BUTANASE** is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: **5738 WATT AVE., NORTH HIGHLANDS, CA 95660** with 41 - On-Sale Beer And Wine - Eating Place license. Filed: May 31, 2013. Publish: June 12, 19, 26, 2013. BUDTAN 130602 6-26-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03686. Moises Guardado, 6640 Oak Branch Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "MG Painting" at 6640 Oak Branch Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on May 3, 2013. Publish: June 12, 19, 26, July 3, 2013. MGPAIN 130602 7-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04624. Tamara A. Johnson, 8550 Pheasant Ridge Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name "Rental Property Investors" at 855 Pheasant Ridge Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County on June 6, 2013. Publish: June 12, 19, 26, July 3, 2013. RENTAL 130602 7-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04688. Hisham Soliman MD, Inc., 510 Plaza Drive #170, Folsom, CA 95630 is doing business under the Fictitious Business Name "Folsom Psychiatry Associates" at 510 Plaza Drive #170, Folsom, CA 95630. Filed with the Clerk of Sacramento County on July 7, 2013. Publish: June 12, 19, 26, July 3, 2013. FOLPSY 130602 7-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04370. Xochitl Jimenez, 5500 E. Knoll Dr., Fair Oaks, CA 95628; and Astrid Galvan, 5105 Griffin Oaks Lane, Sacramento, CA 95841 are doing business under the Fictitious Business Name "Every Body Health and Fitness Studio" at 6030 San Juan Ave., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on May 24, 2013. Publish: June 12, 19, 26, July 3, 2013. EVERYB 130602 7-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04403. Imelda Purganan, 7949 Valley Green Dr., Sacramento, CA 95823 is doing business under the Fictitious Business Name "Tender Care Room & Board" at 6171 Bamford Dr., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on May 28, 2013. Publish: June 12, 19, 26, July 3, 2013. TENDER 130602 7-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04509. Jose L. Lopez, 4226 Narragansett Way, Mather, CA 95655 is doing business under the Fictitious Business Name "Martinez Cleaning Services" at 4226 Narragansett Way, Mather, CA 95655. Filed with the Clerk of Sacramento County on June 3, 2013. Publish: June 12, 19, 26, July 3, 2013. MARTIN 130602 7-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00144657

WHEREAS, Lisa Morningstar Stepp has filed a petition with this court for a decree changing names of Lisa Morningstar Stepp to Lisa Morningstar Grimshaw; Nicalous Aron Stepp to Nicalous Aron Grimshaw; and Arian Steven Stepp to Arian Aron Grimshaw. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 26, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 5, 2013.

David I. Brown  
Judge of the Superior Court  
Publish: June 12, 19, 26, July 3, 2013. GRIMSH 130602 7-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00141289

WHEREAS, Suzanna Schuyler has filed a petition with this court for a decree changing name of Alison Leigh Burchick to Alison Leigh Schuyler. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 29, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 29

David I. Brown  
Judge of the Superior Court  
Publish: June 12, 19, 26, July 3, 2013. SCHUYL 130602 7-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-001412891285

WHEREAS, Austin Burchick has filed a petition with this court for a decree changing name of Austin James-Daniel Burchick to Austin James-Daniel Schuyler. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 29, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 29

David I. Brown  
Judge of the Superior Court  
Publish: June 12, 19, 26, July 3, 2013. SCHUYL 130602 7-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00141344

WHEREAS, Cassandra Rebecca Baptiste has filed a petition with this court for a decree changing name of Cassandra Rebecca Baptiste to Cassandra Cochran. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 29, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 5, 2013.

Raymond M. Cadei  
Judge of the Superior Court  
Publish: June 12, 19, 26, July 3, 2013. COCHRO 130602 7-3-13

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# Fathers, Faith and Super Heroes

By Linda Haynes Harper

SACRAMENTO REGION, CA – (MPG) Erma Bombeck, a well respected columnist of my era once said, “Fathers are like refrigerator lights.....You know they’re there, but they don’t shine until you need something.”

This story is about a family of Dads and how their combined power and devotion to one little girl, changed not only her life, but theirs too.

On a Saturday morning, nine springtimes ago, Steven Scott, a young father, woke to sunshine and the sound of his kids, Anthony and Julia, watching cartoons. Although, he had worked hard all week, and really wanted to sleep in, he reluctantly rolled out of bed and headed toward the living room, where excitement was escalating. He and his wife, Jamie had promised to take the kids to the Sacramento Zoo and Fairy Tale Town for the day. Like most young families, the Scotts were always pressed for time to enjoy each other. A day together was a real treat.

Julia was a busy three year old, with long blonde hair, and Anthony had just celebrated his eighth birthday. As their special day at the zoo progressed, Steven and Jamie noticed that Julia wasn’t her perky self. She was quiet, eventually falling asleep in her stroller. Since this was unusual for “Jumping Julia,” the two young parents presumed she was coming down with a cold. They packed up the car, and headed home. When they arrived, Steven noticed Julia was limping. When Jamie asked her what was wrong, she just shrugged and said, “my leg hurts.” Still sleepy, Julia went to her bed for a nap, and didn’t get up for dinner.

At 3:00am, the next morning, the Scott household was awakened by Julia’s screams. It was obvious she was in pain. The panicked, young parents rushed Julia to the emergency room, still screaming and sobbing uncontrollably. She was taken right in. When a nurse took her PJ top off to replace it with a gown, everyone saw that little Julia’s back had turned purple. It looked like a giant bruise. Immediately blood was drawn. Within 20 minutes, the Dr. came in with words that would change this family’s life. He said, “Julia has Leukemia.” Her back was bruised due to internal bleeding. Her painful screams were

because large Leukemia cells settled in her joints, multiplying by the minute, causing her bones to stretch. For the first fifteen minutes after the Dr. muttered the word, Leukemia, Steven felt helpless. After that, he realized that he was not powerless. His little girl needed him to be right by her side, making her feel safe. After all, he was her Daddy, her protector. Soon he would be part of a “Super-Hero” team of Dads, each with their own talent and sense of responsibility to help this little cherub heal.

The first months of treatment involved Julia staying in the hospital. She was never alone. During the day, her mom was by her side. When Steven finished a day of work, he would head to the hospital to be with Julia through the night. The days Julia received chemotherapy were especially difficult for both of them. Steven was diligent about being with her during the weekly procedure. He would carry her down a long hall, and into a procedure room, where he would lay her down on a sterile table. Donned with blue, paper scrubs, he made sure his eyes were connected to hers, as she drifted into a twilight sleep. A long needle was inserted into the small of her back. Soon, a combination of life saving drugs was flowing up her spine and into her brain. When she woke, his eyes were still locked into hers. There were no tears of fear, just a tiny little smile sent in her Dad’s direction.

While Doctors and Medical Professionals worked tirelessly to find a path of recovery for Julia, her band of Super-Hero Dads were putting their own plan of action together. Steven, of course, was the main “Hero Dad,” and it goes without saying he was the most prominent figure in Julia’s life. Then there was Grandpa Dale, whose specialty was merriment and comfort. He did everything from organize a successful fundraiser, to playing “Barbie”.

When Julia was intermittently allowed to come home, and she couldn’t sleep, he would carry her for long periods of time, up and down the street, telling her silly, made up stories. It wasn’t unusual to walk into a room, and find Grandpa Dale wearing his “signature muscle shirt,” displaying a pair of red lips, and sporting neon clips in his hair. Julia liked to play “Beauty Parlor.”

Great Grandpa Rocky was the oldest and wisest Super-Hero Dad. He insured Julia and her family had a safe, comfortable environment to live in. They had been renting an apartment in a complex that housed many immigrant families who, were known not to have their children immunized against childhood disease. Since Julia would have no immunity toward any sickness for a long time, it wasn’t safe for the Scotts to live there.

Great Grandpa Rocky, along with Great Grandma bought a lot in a mobile home park, and then put the wheels into motion to place a new home there. He contacted mobile home parks, dealers and individuals with his story of Julia’s plight. Finally, he found a dealer who would agree to take the money from Grandpa Dale’s fundraising efforts in exchange for a nice, clean new home.

Uncle Fred, the third member of the Dad’s Super-Hero team, was an engineer and a prayer warrior. He orchestrated the permits, moving, setting up and final touches to Julia’s new home. He began a prayer chain of hundreds, then thousands of fellow warriors. Just as in any organization with a common goal, the Super-Hero Dads needed a leader. Who better to be their guide than the most glorious Super-Hero ever, The Heavenly Father! He was not only available for the job, he provided the most important elements to healing little Julia...Love and Faith. Through the Super-Hero Dad’s dedication, this story has a happy ending.

Julia is a beautiful, vibrant twelve year old now. She was given a clean bill of health last September, as it takes eight years to completely heal from childhood Leukemia. Most of the Super-Hero Dads have gone back to their daily lives, knowing that they were given the power to save a special little girl’s life through their love and faith in God.

Great Grandpa Rocky, the Patriarch of the Super-Hero Dads retired his invisible cape and left this world two years ago, last December. I’d like to think he’s helping direct other fathers who are facing adversity here on earth; Showing them how to become a Super-Hero Dad through faith in themselves and in Our Lord, Jesus Christ. My brother and I miss him!

## Announcements & Events Summer Concerts Come Join us for Our Annual Summer Concerts in the Park!

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## UC Medical Centers Face New Scrutiny

SACRAMENTO, CA (MPG) In separate hearings at the State Capitol yesterday, the Joint Legislative Audit Committee voted overwhelmingly to launch an audit of UC Medical Center Finances and Staffing Levels, and the State Senate Health Committee held an inquiry into the UC Medical System's readiness for implementation of the Affordable Care Act next year.

"We are pleased to see lawmakers providing more oversight of taxpayer subsidized UC Medical Centers," said AFSCME 3299 President Kathryn Lybarger. "Our members see the human cost of UC's chronic under staffing, diversion of vital resources away from frontline care, and single minded focus on profits every day. It is time for UC to get its priorities straight and to stop short-changing the communities that these institutions were intended to serve. Sunshine is the best disinfectant."

The Audit, which was requested by Committee Chairman Adam Gray, was approved in a unanimous, bi-partisan vote, and is set to focus on 2009-2012 finances at the UC's two most profitable hospitals—UCLA and UCSF Medical Centers.

With the state currently considering new investments in additional UC Medical Facilities, the audit will look at issues ranging from staffing levels and executive compensation, to the amount of revenues devoted to charity care for low income patients.

In a separate hearing convened yesterday by State Senate Health Committee Chairman Ed Hernandez, lawmakers heard testimony from UC's Sr. VP of Health Services John Stobo, AFSCME 3299 Research Director Claudia Preparata, and comments from more than a half dozen UC Patient Care Technical Workers to assess the system's readiness for implementation of the Affordable Care Act (also known as "Obamacare").

Among those offering comments on behalf of AFSCME 3299 at the hearing were an MRI Technologist, Respiratory Therapist, Clinical Care Partner, Diagnostic Sonographer, and Radiological Technicians who relayed personal experiences with dangerously understaffed patient care areas—including the elimination of support staff needed in critical care units, the difficult choices providers are forced to make between patients, and how well connected

"VIPs" are routinely given priority care at the expense of other patients.

"Dr. Stobo himself has acknowledged lagging patient satisfaction scores across the UC system, and UC's chronic understaffing and VIP culture are major contributors to this problem," said AFSCME 3299 Research Director Claudia Preparata. "Today, this carries a dangerous human cost—but next year, when Medicare and Medicaid reimbursement rates are tied to patient experience metrics under the Affordable Care Act, they will carry a financial cost as well. UC will be woefully unprepared for this new reality, so long as it encourages selective care and prioritizes profits and oversized executive entitlements over frontline care."

AFSCME 3299 represents more than 22,000 Service and Patient Care Technical Workers at the University of California's 10 campuses and five medical centers. Read our UC Patient Care Whistleblower Report at [www.afscme3299.org/putpatientsfirst](http://www.afscme3299.org/putpatientsfirst), or visit us online at [www.afscme3299.org](http://www.afscme3299.org).

Source: Todd Stenhouse, from [afscme3299.org](http://afscme3299.org)

## Fun And Romance Abound in Fair Oaks Theatre Festival's Season Opening Musical "The Pajama Game!"



"Pajama Game" cast members pictured: Back row, Left to right: Nolan Lewis, Jonathan Blum, Mary Goodall, Jacob Tucker, Shannon Camper, Gordon Hanley, Stewart Alexander; Middle row, left to right: Chance Sinerius, Sarah Richard, Taklyya Johnson, Kayla Camper; Front row, left to right: Analise Langford-Clark, Christianne Klein, Carson Beards On floor, center: Cody Alexander Photo courtesy Brian Williams

FAIR OAKS, CA (MPG) The Fair Oaks Theatre Festival and American River College Theatre are offering something for everyone this summer with theatre-under-the-stars musicals that range from fun old favorites to hilarious new Tony Award winners!



"Pajama Game" cast members left to right: Christianne Klein, Gordon Hanley. Photo courtesy Brian Williams

The season opens with "The Pajama Game," the popular classic full of musical favorites like "Steam

Heat," "Hernando's Hideaway," and "Hey There." It runs Friday, Saturday, and Sunday nights from June 21 through July 21.

Opening July 6 and running every Saturday through July 27 is "Cinder-Ella," a one-hour delight for kids of all ages. Next up will be a return of "The New Christy Minstrels," a popular folk music group offering two fundraising concerts (July 27 and 28).

The season will continue with the new charmer, "The Drowsy Chaperone," a wry parody of the 1920s Broadway musical scene. "Drowsy Chaperone" runs August 9 through September 8.

Concluding the season will be Sacramento's popular "Best of Broadway," running September 13-29. For more information, call (916) 966-3683 or visit [FairOaksTheatreFestival.com](http://FairOaksTheatreFestival.com).

Here are some specifics on each show...

### THE PAJAMA GAME

The classic with songs you'll be humming all the way home!

The dangers of a workplace are explored to hysterical effects in this romantic comedy. Conditions at the Sleep-Tite Pajama Factory

are anything but peaceful as sparks fly between new superintendent, Sid Sorokin, and Babe Williams, leader of the union grievance committee. Their stormy relationship comes to a head when the workers strike for a 7 1/2 cent pay increase, setting off not only a conflicted management and labor, but a battle of the sexes as well.

Music and Lyrics by Richard Adler and Jerry Ross. Book by George Abbott and Richard Bissell. Based on the novel "7 1/2 CENTS" by Richard Bissell.

Directed by Bob Irvin, Choreography by Sunny Smith, Vocal Direction by Tracy Martin Shearer, Music Direction by Kirt Shearer.

Location: Veterans Memorial Amphitheatre, 7991 California Avenue, Fair Oaks, 95628

Dates: Fridays, Saturdays & Sundays at 8:30pm, June 21 – July 21, 2013

Opening Night includes Ice Cream Social at no extra charge!

Friday & Saturday Ticket Prices:

General \$15, Students/Seniors/SARTA \$13, Children (12 and under) \$8

- Retro Sunday (every Sunday!) Ticket Prices: Adults \$10, Children \$5

- Opening Night Ice Cream Social

(This yummy social features ice cream, cookies and champagne before the show and dessert with the cast after the performance. This is only on opening night, June 21, and comes with your regular ticket admission price.)

- Dress Down Nights and Beer & Wine Nights

Every Friday and Saturday (Feel free to show up in your pajamas and you'll fit right in!)

For Further Information: (916) 966-3683 or [FairOaksTheatreFestival.com](http://FairOaksTheatreFestival.com)

### FAIR OAKS THEATRE FESTIVAL

Veterans Memorial Amphitheatre • 7991 California Avenue, Fair Oaks • (916) 966-3683

## The Pajama Game

The dangers of a workplace romance are explored to hysterical effect in this romantic comedy. Conditions at the Sleep-Tite Pajama Factory are anything but peaceful, as sparks fly between the new superintendent, Sid, and Babe, leader of the union grievance committee. Their stormy relationship comes to a head when the workers strike setting off a battle between management and labor and the sexes as well!!



Directed by Bob Irvin  
June 21 through July 21, 2013  
Friday – Saturday - Sunday • 8:30pm  
General Admission \$15  
Discounts for Senior, Student, Child

THE PAJAMA GAME

For more information contact the Fair Oaks Theatre Festival at (916) 966-3683. Advance ticket can be purchased at [www.FairOaksTheatreFestival.com](http://www.FairOaksTheatreFestival.com).

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# Install a Tree Swing, Change a Neighborhood



By Kelly Davenport

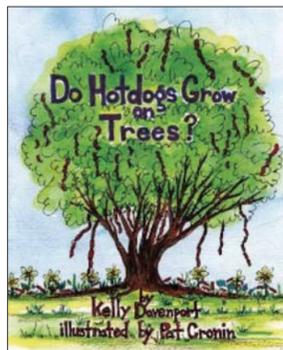
SACRAMENTO REGION, CA (MPG) – I live in a neighborhood that dates back to 1950’s quintessential Sacramento. Tall and large established trees of various species line streets and fill yards of every home. With spring in full bloom the blue sky is barley visible and mostly obstructed by horizontal layers

of multiple shades of green. Just recently the lush under canopy of my across the street neighbor’s yard acquired a new accessory: A tree swing.

Nothing flairs the memory of “the good old days” like an old fashion tree swing and this one is a beauty! Two long cords of three strand dock-line rope stretch nearly thirty feet above the ground and attach firmly to a sturdy ninety degree branch of a handsome cork bark oak tree. The unstained oak wood seat is sanded smooth with four rounded corners and measures a comfortable width and depth not quite wide enough for two. From my kitchen window I can see its full length up into the tree tops. The nostalgic swing adds a marvelous charm to the character of my neighbor’s front yard.

The inspiration for this essay is not the swing itself but instead the shear magnetic power of attraction this old fashion apparatus has had on the friends, families and passer byers of my neighborhood. At first I am merely a curious observer gazing out my kitchen window. As I wash dishes I see the proud swing owner’s four year old son arched high in the air, head back, legs kicking, with a giggle loud and bright. Their twelve year old daughter takes a turn followed by both mom and dad. The scene could be more expressive of quality family time. The next day my own sons begged permission for a ride. The swing’s family my two children and another neighbor gathered around and we all took turns. When my turn came the children were

quite excited to push me as hard as they could. Before my ride began I noticed how comfortable the wooden seat felt and the fine cotton rope fit my grip perfectly, so soft to the touch. In one big push I launched skyward. Oh what a surprise at the speed and height I attained. I felt as if I were flying with a



great rush of wind in my face. The arch created by a thirty foot radius made a wonderful swooping flight complete with butterflies in the tummy. My laughter spilled out uncontrollably and I felt such excited joy.

In the two weeks since the swing’s installation I have witnessed from my kitchen window several spontaneous acts of swinging and friendly neighborhood congregating. My favorite includes a dog walking neighbor woman who stopped to sit on the swing for a chat with the four year old swing owner. Somehow the boy convinced the woman to take a ride, dog in hand. What an honor to witness this truly charming sight of multi generational friendship.

The tree swing in my

neighborhood is a joy magnet and begs each of us to come out of our houses, connect with friends, have a chat or two, then swing up into the air forgetting the stresses of life just long enough to uplift our human spirits, literally.

If you have a tree that needs a swing, install one. The spontaneous outcomes of neighborly fellowship will most certainly bring one pleasant surprised after another.

*Kelly Davenport lives in Sacramento with her husband and two children. She is a part time instructor at Sacramento State University and is the author of a children’s book “Do Hotdogs Grow on Trees.” Available at Amazon.com or <http://tinyurl.com/nmjnsm>*



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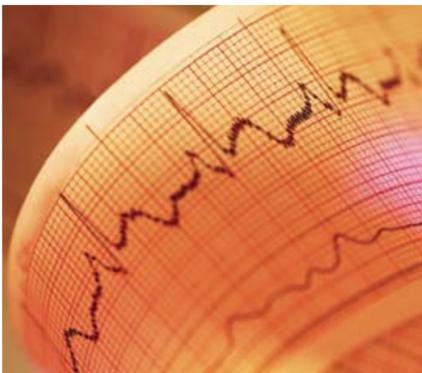
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