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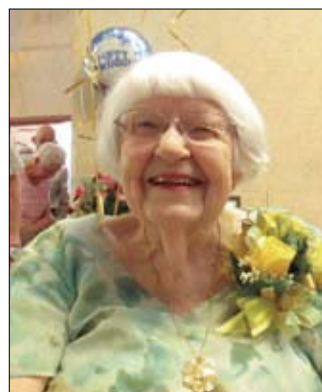
Carmichael Times

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Serving Carmichael and Sacramento County since 1981

May 1, 2013

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Carmichael Hosts May Antique Fair



Hello Dolly. Dealer Brian Smith previews vintage merchandize for Carmichael's annual antique market, scheduled for May 18 in Carmichael Oaks shopping center. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL, CA – (MPG) Carmichael's reputation for antique bargains will be boosted on May 18 by a fair with nearly 70 vendors. The parking-lot market at Carmichael Oaks Shopping Center is a seven-year tradition that lures out of town and out of state buyers.

Carmichael and Fair Oaks may be off the beaten track as shopping destinations. But the quirky business of trading old stuff is enhancing local economies. Over a dozen antique stores operate within these neighboring towns. Minutes apart, their proximity

enables "antique crawls" – taking treasure hunters from store to store in the space of a day.

"People come from great distances to shop in this area," observes dealer Susan Powers. "They consider Carmichael a gem. Once they discover us, they return again and again. Dealers buy items here to resell in Oregon and Nevada. Our rents are lower so we can sell more affordably. Antique lovers often stumble on real finds here."

Local proprietors, adds Powers, profit from their reputation. "We are friendly, knowledgeable and easy to deal with," she says.

Magnolia Antiques owner Caryn Conway says the old-stuff industry is much-changed by e-Bay, "Regional specialties are now less common," she explains. "On line, collectors get whatever they want, sent from anywhere. Carmichael dealers are home interior-focused. Customers always love something pretty for their house. Nowadays, the dealer who stays in business is the one who works hard to find lovely things; who keeps displays exciting and affordable. You might pay \$2000 for a new dining set in a store and it might just be wood veneer. In an antique store, you can find a table set

— hand-crafted from solid wood — for \$600 or less. The recycling aspect of antiques is appealing: you're not adding more trash to the landfill. You're giving something old a new life."

"Besides, you'll rarely see a similar piece in another home. Your 'new' old table is a fabulous, original statement. It has the wonderment of its secret previous life. That's the magic of an antique."

Magnolia Antiques, a dealers' co-operative, hosts the May 18 fair at 6468 Fair Oaks Blvd, Carmichael. For information, call (916) 973-8590.

Old Sacramento Underground Tour Guide Positions Open

Applications Also Being Accepted for Summer Volunteers

SACRAMENTO, CA – (MPG) Now in its fourth consecutive season, the Historic Old Sacramento Foundation (HOSF) is hiring a number of tour guides for its popular Old Sacramento Underground program. In addition to the paid tour guide job openings, a number of summertime volunteer opportunities are available as well.

HOSF is looking to fill between three to five paid tour guide positions to staff the coveted Old Sacramento Underground tours, which are already underway and will continue through 2013. The underground tour program takes visitors into the city's underground and hollow sidewalk areas created when the streets were raised in the 1860s and 1870s due to devastating floods.

In addition, applications are now being accepted for a number of volunteer positions for individuals interested in working as docents for underground tours, the fun and lively Time Travel Weekends street theatre activities (that resume in late June and continue through August), and for the signature Gold Rush Days community event (that happens over Labor Day weekend in Old Sacramento).

All available positions for the underground tours are part-time and include evening and weekend shifts. Applicants with public speaking or theatrical experience, a background in history or prior tour guide experience are strongly encouraged to apply. Interested applicants can review job requirements and/or download an online application at www.historicoldsac.org and resumes can be sent to kmcalpin@cityofsacramento.org. The deadline to submit applications is May 17. No phone calls please.

Both the Old Sacramento Underground tours and Time Travel Weekends street theatre program are offered by the Historic Old Sacramento Foundation in partnership with the City of Sacramento, California State Parks, Old Sacramento Business Association and participating merchants and businesses.

The Historic Old Sacramento Foundation (HOSF) is a 501(c)3 public benefit corporation. Old Sacramento is a living historic district. The mission of HOSF is to convey the importance of historic Sacramento as a place that connects our past to our present and future through engaging and entertaining events, activities and programs. More information is available at www.historicoldsac.org

Source: T-Rock Communications

Kiwanis Name Top 2013 Volunteers

By Susan Maxwell Skinner



SACRAMENTO REGION, CA – (MPG) If one good turn deserves another, Carmichael Kiwanis showed two heroes appreciation with two plaques and two standing ovations at the club's annual volunteer award event last week.

Carmichael Presbyterian Church food closet director Jack Roach co-ordinates 180 volunteers to serve needy families with food. He helped found the closet in 1973 and has given 40 years of volunteer hours to maintaining the service. "This is a man of faith and integrity," said church spokeswoman Marie Segur. "Jack also organizes our kids' canned-food drives. He realizes the importance of having young people know about hunger in our community."

Chamber of Commerce executive Linda Melody was credited with the Carmichael Chamber's re-emergence as an active and powerful player in Carmichael. "We've had some hard times but Linda helped us turn the corner," approved Kiwanian and Chamber president Chris Meyer. "She's the driving force behind the Chamber. She also has a kind world for everyone. Linda's everyone's friend."

Just desserts. Linda Melody (front left) and Jack Roach were hailed as community volunteers by the Carmichael Kiwanis Club. Photo by Susan Maxwell Skinner.



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Centenarian Gladys Cossairt: "I've had a pretty good life."



Gladys Cossairt 100th birthday party. Photo by Julie Parker.

By Julie Parker

CARMICHAEL, CA – (MPG) Gladys Fairbanks, the youngest of seven children, was born on April 24, 1913 in Faith, South Dakota - the end of the railroad line near the Black Hills, and a stop on the Yellowstone Trail - where her father worked a ranch.

She grew up in a two-room sod hut. To keep bugs down, legs of the beds were painted with kerosene. Water was hauled in from the well. Chamber pots were used during harsh winter months, as venturing to the out-house was an unpleasant option.

Although there were many mouths to feed, they did not go hungry, as the ranch provided an abundance of food.

When she was five or six years old, the family attended a fair. "I saw bananas for the first time."



and jams. If you've ever seen a gooseberry bush, you know how many fingers got scratched.

"I tried to ride a horse, but didn't like it. I fell off one, and



Gladys Cossairt, age 4. Photo courtesy Gladys Cossairt.

had a black and blue spot on my leg from his hoof for quite a while."

In 1925, her father bought a wood house from Sears Roebuck.

He donated some land for the building of a church. "Mom had a dinner for the congregation every Sunday. Guess who had to do most of the dishes?" she laughs. "She was a good cook. At Christmas she'd make candies. She had a piano that I wish I could have learned to play."

She didn't care for school. "I was too bashful." But, she received awards for spelling. "You wouldn't know it now," she grins.

"We had to pick our own fun, because we didn't have toys. I did a lot of reading, like mysteries. She also spent a lot of time viewing photographs of faraway places on her mother's stereoscope, and imagining she was there.

She wanted to quit high

school. "My mother wouldn't let me." After graduating in 1931, she worked in a restaurant.

She held top offices in Eastern Star, Daughters of the Nile and Amaranth.

Wilbur Cossairt noticed her in a country store, and when he saw her again walking with her sister Dorothy, he asked them both to the movies. He and Gladys married in 1933. They welcomed three sons and, in 1942, the family moved to Pondsosa.

In 1945, Gladys became Postmaster, a position she held until 1969. She has stories. With a big grin, she'll tell you about the resident who came in so drunk, he fell on the floor, or about the girl smoking marijuana in the post office. "I didn't say anything. I didn't care if she smoked in there."

She enjoyed hunting with her husband and sons. A granddaughter remembers sampling her venison jerky.

In 1960, Wilbur built her a house in Redding, where they enjoyed their weekends.

When he passed away in 1974, she moved to Rancho Cordova to be near her sons.

With money she inherited from her sister's passing, she traveled through several states, and enjoyed sixteen cruises, visiting countries such as Hong Kong, the Caribbean, Germany, Italy, Russia, Sweden, Finland, Australia, and New Zealand.

Gladys moved into the Atrium of Carmichael in 2006, where she plays pinochle, and puzzle working (especially those with 1000-pieces). She doesn't attend many social activities, due to hearing challenges. "It's like watching a silent movie."

She used to needlepoint, but didn't care for sewing. However, she enjoys tying blankets for the Sacramento Assistance League. "I feel good being able to tie, because I feel I'm doing my part for the homeless, battered women, and other organizations."

She misses the "olden days" when you could leave your house unlocked. "The language was so much nicer than what kids use today. Nowadays, they want too much, and they get too much. They don't respect themselves, or anybody else."

Gladys became a centenarian this past week, and several friends and relatives helped her celebrate, including cousins who flew in from Colorado.

Her family has extended to six grandchildren, six great-grandchildren (three of whom have served in Iraq and Afghanistan), and eight great-great-grandchildren.

She doesn't know how she's lived this long. "I sure never expected to. When things get hard, I just keep going. I don't let it get me down. I've had a pretty good life."

Engle Road Fire: Tactics Employed Limits Damage, Saves Building

CARMICHAEL, CA – (MPG) At 5:44 a.m., Metro Fire crews were dispatched to the 5200 block of Engle Road in Carmichael, CA for a residential fire with visible flames. The first arriving engine crew reported a working attic fire.

The Engine Company pulled a hose line to the interior of the home for extinguishment of the fire and a search for occupants. At the same time, the Ladder Company laddered the roof and began to vertically ventilate the structure.

The vertical ventilation component of fire fighting is crucial to both civilians and firefighters in the fire building. This tactic involves cutting a hole in the roof as close to the fire as safely possible, pulling the roofing material away from the hole, and then using a long handled tool to punch a hole



through the interior ceiling. The Ladder Company essentially creates a chimney where needed. This allows the superheated gases and smoke to escape from the fire building. Visibility in the fire building is improved and the temperature is decreased. This allows crews to rapidly search for a person who may be trapped thus increasing their survivability.

The primary and secondary search of the home was clear and there were no injuries to the firefighters on scene.

The Engine and Ladder Company tactics employed on this fire were able to limit the damage saving the building valued at approximately \$324,000.

The cause of the fire is currently under investigation.



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I'm too tired to work out. I don't have enough time to make dinner so it's fast food or ready-made food most of the time. I hear so many conflicting things regarding my health; I'm not really sure what to do. No matter what diet I use, they only work for a short period of time. Being healthy takes too much time, energy, and money.

These statements are heard in my office and around the county day in and day out. Read on to see how you can make just a few changes that can improve your health, increase your energy, and create that balance that is so important to our overall vitality.

It starts with just one step.

We have heard the words health reform now for the past several years. What I think is far more healthful to our country and each individual is *self-reform*. It all starts with us, one step at a time. For the most part I see that more often than not we know more about health than we pretend to know. I find that most people I work with knowingly make choices that are not healthy for us. It takes just 21 days to make a habit. One change for just three weeks can set you on the road to Creating Perfect Health. Start with the one habit that you know is not healthy and replace that with one healthy habit. Do this for three weeks and then move on to the next one.

Balance is the key

Health is not just eating right or regular exercise alone. *Creating Perfect Health* requires balance. There is a growing body of research establishing the connection of the mind, body, and spirit-and the value of health practices that encompass all three aspects.

In *Ayurveda* (eye-your-VAY-duh), health is defined as the balance between mind, body, and environment. This includes your diet, lifestyle, exercise, and today more than ever, your stress management. With more than 28 years in the healthcare field I love the simplicity of *Ayurveda*. It focuses on the cause of the imbalance and sees you as an individual instead of treating a symptom or dis-ease. That is why so many diets and "health plans" work only in the short term (or not at all!). They don't take into account you as an individual. We often sabotage the delicate harmony and a little imbalance in time becomes a disaster and then a disease, bringing on more stress and neglect.

Is Your Health Affecting Your Health?

It's all about YOU!

I understand that too often we are given recommendations on our health based on the generic. What works for one clearly does not work for all. For example, three people in a room may have a headache. Ibuprofen may cure the sensation of their headaches, but it won't cure the cause. When the ibuprofen wears off, the headache will most likely come back. Not only that, but all 3 people could be having headaches for different reasons. It could be dehydration, stress, sinus congestion, constipation (yes that causes headache), and the list goes on. Ibuprofen is simply treating the feeling of the headache – it is not treating you. There is a difference. When we get to the root of the cause and treat the individual that is true health care.

We are beings of nature and once we understand who we are we can use nature to get and stay healthy and in balance.

Healthy practices for 5000 years

Thousands of years before modern medicine provided scientific evidence for the mind-body connection, the sages of India developed *Ayurveda*. Thanks to the works of Dr's. Deepak Chopra and David Simon it continues to be one of the worlds most sophisticated and powerful mind-body health systems. More than a mere system of treating illness, *Ayurveda* is a science of life (Ayur=life, Veda=science of knowledge). It offers a body of wisdom designed to help people stay vibrant and healthy while realizing their full human potential. Freedom from illness depends upon expanding our own awareness, bringing it into balance, and then extending that balance to the body. This process isn't as complicated as it may sound.

The **first step** is to have a basic understanding of your unique mind-body type. With some simple solutions, it is possible for each of us to maintain a vital and joyful state of health by identifying our mind-body type and then creating a lifestyle that sustains and nurtures our unique nature.

The **next step** towards *Creating Perfect Health* is developing a harmonized daily routine. It's time to look at everything that is happening in your world to find out what might be throwing you off balance.

Let's look at some healthy habits (remember just 21 days to make a healthy habit!) that can increase our energy, improve our healthy balance and help you *Create Perfect Health*.

- 1. Eat from the colors of the rainbow.** Ideal nutrition comes from consuming a variety of fresh foods that are appropriately prepared and eaten with awareness. Kids love this! Eating from the colors is simple way to make sure and your family is getting a balance of nutrients.
- 2. Each meal dine from each of the six vital tastes.** A simple way to make sure that you are getting

a balanced diet is to include the six Ayurvedic tastes (sweet, salty, sour, pungent, bitter, and astringent) in each meal. Eating a balanced meal helps you feel full and satisfied.

3. Get abundant restful sleep. During sleep, our body repairs and rejuvenates itself. A lack of restful sleep disrupts the body's innate balance, weakens our immune system, and speeds up the aging process. Start aiming for bed at 10:00pm and wind down the unnecessary mentally stimulating activities at least an hour before bedtime. (If your bedtime is significantly later, start working backwards in 30 minute increments).

4. Sit down when eating. Don't eat in front of the computer, TV or when you're driving. Eating mindfully will prevent you from overeating and from getting more benefits from the nutrients you consume.

5. Don't drink ice cold beverages with your meals. This weakens our digestion and slows our metabolism. Reduce overall drinking with foods and stay away from ice cold drinks.

6. Practice some form of exercise regularly. Just 30 min of walking (yes just walking) 5 days a weeks can reduce heart disease up to 85%. Too tired? Remember that simple exercise can actually create energy.

7. Minimize raw foods. They are much harder to digest than cooked ones.

8. Dine at a moderate pace. Don't gulp down your food or eat too slowly. Chew each bite mindfully.

9. Spend time in nature regularly. Walk or cycle in nature and feel the soothing effects of your environment. Take off your shoes and walk in the grass or sand. Go outside at night and gaze at the stars.

10. Take it easy! The Ayurvedic approach is about aligning with the infinite organizing power of nature rather than struggling or trying to force things to go your way.

To find out more information or determine what your unique mind-body type is please call (916) 973-1661. With more than 28 years in the healthcare field and a certified Perfect Health instructor by Dr. Deepak Chopra, at Chiropractic USA we give you the simple solutions to create Perfect Health and the support to maintain health and vitality for your entire family. Call our office today and find the program that works for you.

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California Can't Tax Itself to Prosperity



Commentary by George Runner

Last year California voters approved two tax increases aimed at bringing billions more dollars into state coffers. But that hasn't stopped revenue-hungry lawmakers in the Legislature from seeking further tax hikes. It's almost as if they think we can tax ourselves into prosperity.

A recent example of this type of confused thinking is the oil severance tax. Like a bad penny, this tired old idea keeps turning up at the Capitol year after year, despite being rejected by voters in 2006.

A severance tax is simply a fancy name for taxing something when it comes out of the ground—in this case, oil. Proponents of the tax argue that California is giving oil companies a free ride. In her release announcing Senate Bill 241, Senator Noreen Evans claims—falsely—that “California is the largest—and only—oil producing state in the nation that does not tax its vast oil resources.”

The truth is California already has a statewide severance tax that funds state oil and gas regulators. We also tax oil companies in many other ways. These taxes

includes property taxes assessed on oil in the ground, local extraction taxes, plus California's sky-high sales and corporate taxes.

A 2008 study by José Luis Alberro and William Hamm found that “the tax burden California imposes on oil companies is average when compared to the tax burden imposed by other oil producing states.” According to the study's authors, a 9.9% severance tax would make California's tax burden far higher than these other states, reduce oil production, increase our reliance on foreign oil, raise gas prices and eliminate nearly 10,000 California jobs.

Clearly, taxing oil won't create prosperity for our state.

There is a path to greater prosperity that would create more jobs, lower gas prices and economic growth with no new taxes. But to take this path, we'll need more domestic oil production, not less.

A recent study by the University of Southern California explored the impact of using advanced oil-extraction technologies to access California's vast oil reserves.

The study's authors project that developing these oil reserves could add up to 2.8 million new jobs to California's economy, bolster the state's economic growth up to 14.3% and increase personal incomes by up to 10%. State and local government revenue could grow by as much as \$24.6 billion—without a tax increase.

California's oil reserves are located in the Monterey Shale Formation, much of which lies beneath California's Central Valley. According to the U.S. Department of Energy, the formation holds more than 15

billion barrels of oil—about two thirds of the nation's shale oil reserves.

Hydraulic fracturing for oil, a practice that has been widely used and carefully regulated by states since the 1940s, has been increasingly used by the industry. Through advances in ‘fracking’ technology, including the use of concrete barriers to ensure that the upward-moving oil remains contained within the well, California is well-positioned to safely and wisely access what is literally a new untapped resource.

California's unemployment rate of 9.6% is tied with Mississippi and Nevada as the highest in the nation. In contrast, oil-producing North Dakota boasts the nation's lowest unemployment rate of just 3.3%.

California's Central Valley, where double digit unemployment rates still linger, would benefit most from a California oil boom. Of course, any new oil production must be done safely and in an environmentally responsible manner.

But we won't ever reach economic prosperity if we block it from happening. The quickest way to do that is by enacting an oil severance tax. Let's keep energy jobs in our state by stopping the severance tax. It's the least we can do for our current energy industry workers and the many more who may soon join them.

George Runner represents more than nine million Californians as a taxpayer advocate and elected member of the State Board of Equalization. For more information, visit boe.ca.gov/Runner.

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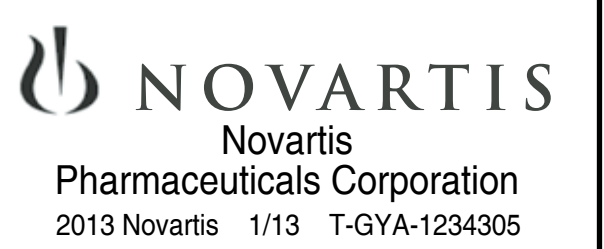
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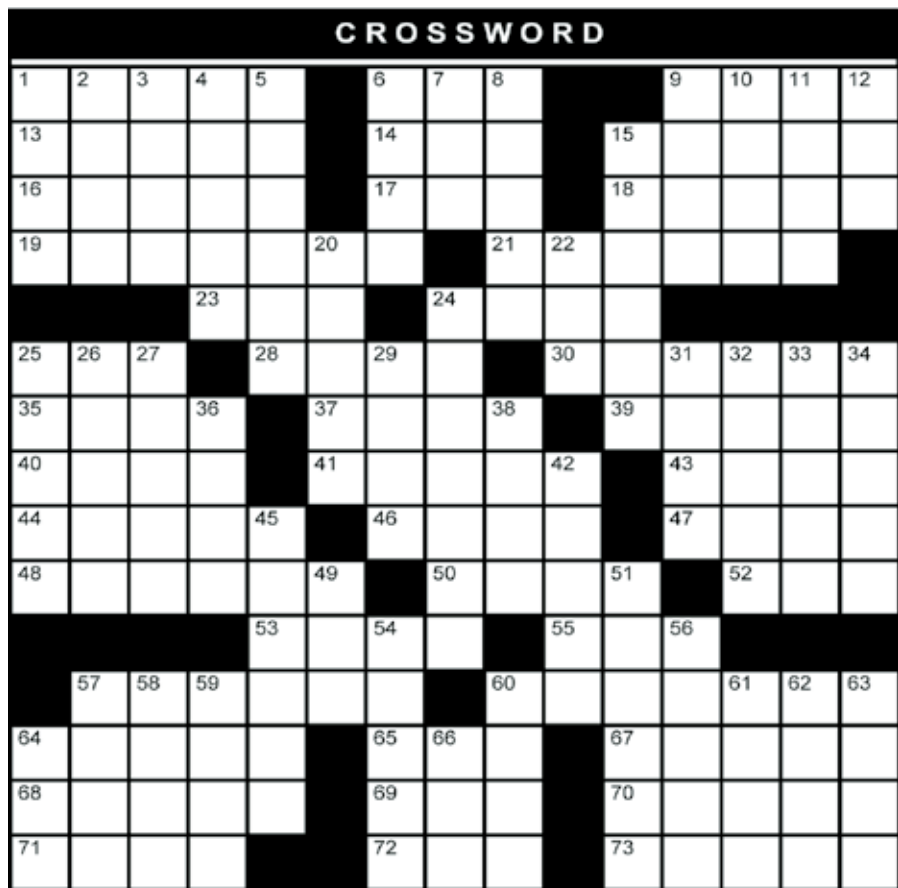
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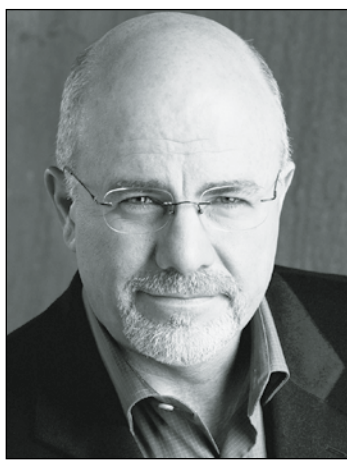
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CLUES

- ACROSS**
1. Outdoes
 6. Mike Tyson famously bit one
 9. Strip of wood
 13. Capital of Ghana
 14. Bearded antelope
 15. Putin's retreat
 16. Hiker's path
 17. Automated teller
 18. Bother
 19. "Old Mother _____"
 21. "Ma" to some "public enemies"
 23. Tokyo, formerly
 24. After dusk
 25. Bachelor's last words
 28. Turn bad
 30. Half-way across
 35. Hawk or peddle
 37. Croaking leaper
 39. Not a soul
 40. Smoothie bar offering
 41. Flower part
 43. "Executed mother of Queen Elizabeth I
 44. Showing lack of guile
 46. Home to China
 47. U-_____
 48. Anew
 50. "The Big _____ Theory"
 52. Fleur-de-_____
 53. Neat
 55. Red Cross supply
 57. "She did her good works in Calcutta and beyond
 60. "Where Wilma Flintstone lived
 64. Done with a court case
 65. The last letter
 67. Policeman's club in India
 68. Form of theological rationalism
 69. Bird-to-be
 70. Trojan War epic
 71. Gusto
 72. Old PC platform
 73. Sunrise side, pl.
- DOWN**
1. English town famous for its hot springs
 2. Light brown or beige
 3. Healing sign
 4. Cherokee or Hopi, e.g.
 5. Caesar and Greek, e.g.
 6. Archaic expression of surprise
 7. Aardvark's crumb lived
 8. Cuban dance
 9. Thin
 10. Frequent issue for a teen
 11. God of thunder
 12. Cow chow
 15. Make dark
 20. Abode tops
 22. _____ de Triomphe
 24. Performs a pop-in
 25. "Ivanka's Mom
 26. Sanka, e.g.
 27. Very happy
 29. Carbamide
 31. Genesis skipper
 32. Relating to tone
 33. Boredom
 34. Olden-day movies
 36. Dump
 38. "Mother Earth, to Ancient Greeks
 42. Dishonored cyclist
 45. Put on a pedestal
 49. Her counterpart
 51. "I swear to _____, I did not _____"
 54. In a fog
 56. Set of syllables commonly used when humming
 57. "California's Mother of the Forest
 58. Knight's chest plate
 59. Pipe problem
 60. Solicits or asks desperately
 61. "_____ Day & the Knights" from "Animal House"
 62. Type of room online
 63. "Rose Kennedy had nine of them
 64. Tool used to cut and shape wood
 66. "I" problem

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Starting Over After Divorce

Dear Dave,
 My divorce will be final in a month, and I'll have \$100,000 when everything is over. I will also have \$8,000 in credit card debt, and I'm currently unemployed. Do you have any suggestions to help me move forward?
 - Meryl

Dear Meryl,
 The first thing I want you to do is raise your right hand and promise never to use credit cards again. Then, if you still have any of those awful things, I want you to cut them up and close out the accounts. The next step is for you to find some kind of income, whether it's a regular job or just something part-time to get money rolling in on a regular basis.

Your credit card debt is a small part of your financial picture right now. I think I'd go ahead and pay off the cards. That way, you'll be debt-free and still have \$92,000 in the bank. But here's the key. You have to live like that money doesn't exist. Use just enough to get yourself settled, and go make some money so you can eat and keep the lights on.

A year from now, when you're past some of this stuff

Dave Says

emotionally and looking toward a new future, that money will still be sitting there. As long as you have this mentality, you'll come through this mess stronger and in good financial shape. God bless you, Meryl!

- Dave

Should She have Skin in the Game?

Dear Dave,
 My daughter has the opportunity to take a trip with her eighth-grade class. The cost is \$650. Do you think she should have to contribute to the cost of the trip, or should I cover it all?
 - Colleen

Dear Colleen,
 This is a really good question. When it came to making these kinds of decisions at our house, we'd take a look at whether the kid was behaving, getting good grades and stuff like that. It can be a challenge at that age, I know. But if they were living like responsible young people, we would pay for this sort of thing as a reward.

Still, at that age a kid should definitely have some skin in

game. If you can pay for this without breaking the bank, and she's fulfilling her responsibilities as a good kid, it would be a good idea to make her come up with her own spending money for the trip. You don't want her to grow a sense of entitlement, and doing this would force her to work and save a little bit to make this thing happen!

- Dave

*For more financial help, please visit daveramsey.com.

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4		3				
	8	4		9		
		7		1	5	
8	1			7		4
3	4	6				
	3		8	4		
		4			1	
4	8	7	6	2		

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!

For Solution See Page 7.

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FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02552 Hammer Management Inc., 4811 Chippendale Drive #308, Sacramento, CA 95841 is doing business under the Fictitious Business Name "Ilex Sacramento" at 4811 Chippendale Drive #308, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on March 27, 2013. Publish: April 10, 17, 24, May 1, 2013.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02131 Rachael Taylor and Tamica Brewster, both of 2708 Woodberry Way #101, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Names "GJ Holding, La Flare" at 2708 Woodberry Way #101, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on March 13, 2013. Publish: April 10, 17, 24, May 1, 2013.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02141 James Andrew Scourt, 17115 Garnet Drive, Reno, NV 89508 is doing business under the Fictitious Business Names "Craftsman Painting & Construction; Craftsman Construction" at 2350 Church St. #6, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on March 22, 2013. Publish: April 10, 17, 24, May 1, 2013.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02742 Walter R. Dahl, 2304 "N" St., Sacramento, CA 95816-5716 is doing business under the Fictitious Business Name "Dahl Law, Attorneys at Law" at 2304 "N" St., Sacramento, CA 95816-5716. Filed with the Clerk of Sacramento County on April 2, 2013. Publish: April 10, 17, 24, May 1, 2013.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02662 Melanie Hirsch, 1679 Sunrise Ave. #B365, Roseville, CA 95611 is doing business under the Fictitious Business Name "Finest Floors" at 4100 Wayside Lane #170, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 29, 2013. Publish: April 10, 17, 24, May 1, 2013.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02477 James A. Terry III and Kathy S. Terry, both of 7601 Kilanney Lane #233, Citrus Heights, CA 95610 is doing business under the Fictitious Business Names "Select Coupons; Pacific Coast Marketing System" at 7620 Van Maren Lane #B, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on March 25, 2013. Publish: April 10, 17, 24, May 1, 2013.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02696 Trinidad Enriquez, 995 Colmore Court, Galt, CA 95632 is doing business under the Fictitious Business Name "World Studios" at 4555 Auburn Blvd. #18 & #23, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on April 1, 2013. Publish: April 10, 17, 24, May 1, 2013.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02654 Dan E. Tapia, 6438 Auburn Blvd. #3, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Last Call Sacramento" at 7438 Auburn Blvd. #3, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on March 29, 2013. Publish: April 10, 17, 24, May 1, 2013.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01877 Victoria Lynn Beals, 6030 Madison Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Pinkiepop" at 3331 Balmoral Dr., Sacramento, CA 95821. Filed with the Clerk of Sacramento County on March 6, 2013. Publish: April 10, 17, 24, May 1, 2013.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02287 Phil Vanderloo, 4133 Main St., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Phil Vanderloo Drafting and Design" at 4133 Main St., Fair Oaks, CA 95628.

Filed with the Clerk of Sacramento County on March 19, 2013. Publish: April 10, 17, 24, May 1, 2013.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02680 Michael Kahn, 6548 Lake Park Dr., Sacramento, CA 95831 is doing business under the Fictitious Business Name "Frog Stone Media" at 6548 Lake Park Dr., Sacramento, CA 95831. Filed with the Clerk of Sacramento County on April 1, 2013. Publish: April 10, 17, 24, May 1, 2013.

FROGST 130402 5-1-13
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00130584 WHEREAS, Jaleesa JoAnn Bernard has filed a petition with this court for a decree changing name of Jaleesa JoAnn Bernard to Sajjan Jay Bernard.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 17, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 3, 2013 Raymond M. Cadei Judge of the Superior Court Publish: April 10, 17, 24, May 1, 2013.

BERNAR 130402 5-1-13
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00140957 WHEREAS, Jennifer Suzanne Kolvoord has filed a petition with this court for a decree changing name of Jennifer Suzanne Kolvoord to Jay William Kolvoord.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 9, 2013 in Department 54, located at 800 9th Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 27, 2013 Raymond M. Cadei Judge of the Superior Court Publish: April 10, 17, 24, May 1, 2013.

KOLVOO 130402 5-1-13
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00140982 WHEREAS, Ayla Lee Smith has filed a petition with this court for a decree changing name of Ayla Lee Smith to Ayla Lux Hale.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 13, 2013 in Department 54, located at 800 9th Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 27, 2013 Raymond M. Cadei Judge of the Superior Court Publish: April 10, 17, 24, May 1, 2013.

HALE 130402 5-1-13
SAN JUAN UNIFIED SCHOOL DISTRICT PUBLIC HEARING NOTICE PROPOSED CONVEYANCE OF PROPERTY FOR PUBLIC UTILITIES NOTICE IS HEREBY GIVEN that, Notice to Education Code

section 17556, et seq., the Board of Education of the San Juan Unified School District ("Board") has adopted a Resolution of Intent to dedicate and convey to the Citrus Heights Water District ("CHWD") certain real property within the Skycrest Elementary School site (hereinafter referred to as "Property") for the construction, use, operation and maintenance of well water facilities. A public hearing will be held during the regular meeting of the Board on May 14, 2013, at 6:30 p.m. or as soon thereafter as practicable, in the District Administrative Offices located at 3738 Walnut Avenue, Carmichael, California, 95608, on the question of conveyance of the Property. Copies of the Resolution of Intent to Convey Property for Public Utilities and Calling a Public Hearing in Connection Therewith are posted at the Sylvan Oaks Library, Fair Oaks Library, and the Citrus Heights City Hall.

At the public hearing described above, any interested person may be heard on the matter of conveying the aforementioned Property. At the time and place of the public hearing, if no legal protest is entered, the Board may adopt a resolution by a two-thirds vote of its members authorizing and directing the execution of a Grant/Deed conveying the Property to CHWD. Dated: 03/05/2013 Publish: May 1, 2013. SJUSD 130501 5-1-13

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES To Whom It May Concern: SUSHI & TERIYAKI EXPRESS A.S. is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 6047 MADISON AVE. #B, CARMICHAEL, CA 95608 with 41 - On-Sale Beer And Wine - Eating Place license. Filed: April 9, 2013. Publish: May 1, 2013. SUSHI 130501 5-1-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03054. Karen Pinnegar, 3335 Hunter Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Treasure Valley Engraving CA" at 3335 Hunter Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on April 11, 2013. Publish: April 17, 24, May 1, 8, 2013.

TREASU 130403 5-8-13
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02775. Jamshid Kamaliddinov, 3874 Auburn Blvd. #1, Sacramento, CA 95821 is doing business under the Fictitious Business Name "JAK Service" at 3874 Auburn Blvd. #1, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on April 3, 2013. Publish: April 17, 24, May 1, 8, 2013.

JAKSER 130403 5-8-13
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02452. Jon Roj Inc., 8590 Banton Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name "Realty World-Ram and Associates" at 8590 Banton Court, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on March 25, 2013. Publish: April 17, 24, May 1, 8, 2013.

REAWOR 130403 5-8-13
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02330. Kanda Pormtosapon and Vichit Pormtosapon, both of 8630 Aspen Ridge Court, Antelope, CA 95843 are doing business under the Fictitious Business Name "KP Enterprises" at 5443 Dudley Blvd., McClellan, CA 95652. Filed with the Clerk of Sacramento County on March 20, 2013. Publish: April 17, 24, May 1, 8, 2013.

KPENTE 130403 5-8-13
STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2012-06312 The following person(s) has abandoned the use of the FICTITIOUS BUSINESS NAME of L. L. Realty Services, located at 3840 Rosin Court #220, Sacramento, CA 95834: Fusion Real Estate Network, 3840 Rosin Court #220, Sacramento, CA 95834.

The Fictitious Business Name Statement was filed on July 27, 2012 in the County of Sacramento. Filed with the Clerk of Sacramento April 11, 2013. Publish: April 17, 24, May 1, 8, 2013. LLREAL 130403 5-8-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00135425 WHEREAS, Ian Knox has filed a petition with this court for a decree changing name of Ian

Knox to Hannah Alexandria Knox. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 22, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 10, 2013 Raymond M. Cadei Judge of the Superior Court Publish: April 17, 24, May 1, 8, 2013. KNOX 130403 5-8-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00130964 WHEREAS, Jessica Vera Katz has filed a petition with this court for a decree changing name of Jessica Vera Katz to Jessica Vera Katz-Amey.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 9, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 27, 2013 Raymond M. Cadei Judge of the Superior Court Publish: April 17, 24, May 1, 8, 2013. KATZ 130403 5-8-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00131646 WHEREAS, Anna Poyras has filed a petition with this court for a decree changing name of David Andrew Yagolnikov to David Andrew Poyras.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 22, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 10, 2013 David I. Brown Judge of the Superior Court Publish: April 17, 24, May 1, 8, 2013. POYRAS 130403 5-8-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02468. Christa Morris, 1413 Glenwood Road, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Physical Massage Therapy" at 1413 Glenwood Road, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on March 25, 2013. Publish: April 24, May 1, 8, 15, 2013. PHYSIC 130404 5-15-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03276. Matthew Ehly, 10564 Georgetown Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Names "Matt's Ice Creations; Matt's Christmas Lighting" at 10564 Georgetown Dr., Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on April 18, 2013. Publish: April 24, May 1, 8, 15, 2013. MATTSI 130404 5-15-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03098. Brar Sukhmander, 8786 Owlet Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name "Sunny Trucking" at 8786 Owlet Court, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on April 12, 2013. Publish: April 24, May 1, 8, 15, 2013. SUNNYT 130404 5-15-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03099. Sarbjot S. Aujla, 8252 Crichton Way, Elk Grove, CA 95758 is

doing business under the Fictitious Business Name "Saab Express" at 8252 Crichton Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on April 12, 2013. Publish: April 24, May 1, 8, 15, 2013. SAABEX 130404 5-15-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03208. Brian G. Quezada, 4179 Choteau Circle, Rancho Cordova, CA 95742; and Dirk Stockton, 712 Church St. #A, San Luis Obispo, CA 93401 are doing business under the Fictitious Business Names "WebelBase; Webel Base Digital Development" at 4179 Choteau Circle, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on April 16, 2013. Publish: April 24, May 1, 8, 15, 2013. WEBELB 130404 5-15-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00142035 WHEREAS, Jarrett Pahikauakalani Correa has filed a petition with this court for a decree changing name of Jarrett Pahikauakalani Correa to Alexis Kaleinani Tripp.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 29, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 17, 2013 David I. Brown Judge of the Superior Court Publish: April 24, May 1, 8, 15, 2013. TRIPP 130404 5-15-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03271. Stephen Runkle and Samuel Runkle, both of 7729 Guenivere Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name "Master Care Property Maintenance" at 7729 Guenivere Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on April 18, 2013. Publish: May 1, 8, 15, 22, 2013. MASTER 130501 5-22-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03414. Otilia Mehedinti, 8223 Twin Oaks Ave., Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Grandma's House" at 8223 Twin Oaks Ave., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on April 22, 2013. Publish: May 1, 8, 15, 22, 2013. GRANDM 130501 5-22-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-03323. Armando Sacalot, 1875 Calloway Circle, Auburn, CA 95603 is doing business under the Fictitious Business Name "Immigration Options" at 8880 Cal Center Drive #400, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on April 22, 2013. Publish: May 1, 8, 15, 22, 2013. IMMIGR 130501 5-22-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02369. Nicole Sengsouvanh, 12998 W. Stockton Blvd., Galt, CA 95632 is doing business under the Fictitious Business Name "Avanté Salon" at 9477 Greenback Lane #506, Folsom, CA 95630. Filed with the Clerk of Sacramento County on March 21, 2013. Publish: May 1, 8, 15, 22, 2013. AVANTE 130501 5-22-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02917. Pawel Pachniewski, 4200 Manzanita Ave. #49, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Imagini" at 4200 Manzanita Ave. #49, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on April 8, 2013. Publish: May 1, 8, 15, 22, 2013. IMAGIN 130501 5-22-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00142094 WHEREAS, Danice Marie Garrison has filed a petition with this court for a decree changing name of Danice Marie Garrison to Danice Marie Radich.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 3, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 17, 2013 Raymond M. Cadei Judge of the Superior Court Publish: May 1, 8, 15, 22, 2013. RADICH 130501 5-22-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00142445 WHEREAS, Alonzo Jerome Maxwell Sr. and Elvira Garcia have filed a petition with this court for a decree changing name of Keana Alexis Garcia to Keana Alexis Maxwell.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 6, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 24, 2013 David I. Brown Judge of the Superior Court Publish: May 1, 8, 15, 22, 2013. MAXWEL 130501 5-22-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00142337 WHEREAS, April Marie Kretschman has filed a petition with this court for a decree changing name of April Marie Kretschman to April Marie Molinelli.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 4, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 21, 2013 Raymond M. Cadei Judge of the Superior Court Publish: May 1, 8, 15, 22, 2013. KRAUS 130501 5-22-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00142465 WHEREAS, David Vollstedt has filed a petition with this court for a decree changing name of David Alan Vollstedt to Heather Elaine Vollstedt.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 10, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 24, 2013 David I. Brown Judge of the Superior Court Publish: May 1, 8, 15, 22, 2013. VOLLST 130501 5-22-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00142337 WHEREAS, April Marie Kretschman has filed a petition with this court for a decree changing name of April Marie Kretschman to April Marie Molinelli.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 4, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 22, 2013 David I. Brown Judge of the Superior Court Publish: May 1, 8, 15, 22, 2013. MOLINE 130501 5-22-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00142337 WHEREAS, April Marie Kretschman has filed a petition with this court for a decree changing name of April Marie Kretschman to April Marie Molinelli.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 6, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 24, 2013 David I. Brown Judge of the Superior Court Publish: May 1, 8, 15, 22, 2013. MAXWEL 130501 5-22-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00142337 WHEREAS, April Marie Kretschman has filed a petition with this court for a decree changing name of April Marie Kretschman to April Marie Molinelli.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 6, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 24, 2013 David I. Brown Judge of the Superior Court Publish: May 1, 8, 15, 22, 2013. MAXWEL 130501 5-22-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00142337 WHEREAS, April Marie Kretschman has filed a petition with this court for a decree changing name of April Marie Kretschman to April Marie Molinelli.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 6, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 24, 2013 David I. Brown Judge of the Superior Court Publish: May 1, 8, 15, 22, 2013. MAXWEL 130501 5-22-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00142337 WHEREAS, April Marie Kretschman has filed a petition with this court for a decree changing name of April Marie Kretschman to April Marie Molinelli.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 6, 2013 in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 24, 2013 David I. Brown Judge of the Superior Court Publish: May 1, 8, 15, 22, 2013. MAXWEL 130501 5-22-13

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Kids Helping Kids



Laura Noble, Cameron Purcell, Helena Bond, helping others together. Photo by Julie Parker.

By Julie Parker

CARMICHAEL, CA – (MPG) “My aunt, Linda Hunt, was my true inspiration,” says Laura Noble, CEO of Kids Helping Kids. “She had cancer, and even towards the end of her time, she was changing people’s lives. She built community gardens in Seaside, Oregon, to help people live healthier, longer lives. I can’t believe how much I take for granted. I don’t want to do that anymore.”

The discovery of a homeless student in her own school reinforced her aspiration, and stimulated altruism in her fellow classmates.

Helena Bond, Director of Communications and Advancement, recalls, “She was in my first period mock trial class. I had no idea whatsoever that she was homeless. You could not tell at all. This poor girl doesn’t have parents, and has to wake herself up every morning on a park bench to go to school.”

Michael Gordon, who teaches AP Government and Macroeconomics, spoke with an advisor at a Santa Barbara high school who had formed the non-profit Kids Helping Kids in 2002. Kids’ goal is investing in

underserved children through efforts of their peers.

“Mr. Gordon showed a video in class that Santa Barbara made,” says Cameron Purcell, Director of Marketing. “It was pretty moving. In January of this year, he asked me if I wanted to be involved in doing that here. I was all for it.”

Rounding out the management team are Morgan Bailey, COO, and Andrew Rollins, CFO.

First, the team determines which organizations it would like to allocate donations for that year. Next, they plan and market a fundraiser. After the event, they strategize the optimal distribution of funds, with the assistance of experienced business owners.

They have selected two organizations – one local, one abroad – as this year’s recipients: locally, St. Hope Academy (founded by Major Kevin Johnson), and internationally, a safe house for children in Nicaragua, via the efforts of the non-profit Love, Light, Melody, which will be traveling to that country.

The teens run Kids Helping Kids on personal time, outside the perimeters of the school, making it all the more impressive.

“We have three advance teams,” Purcell advises. “We send them out into the corporate world

to talk to businesses, focusing on partnering up with them, and to sponsor our fundraising event.” Thus far, West Coast Industrial Flooring, Speed Strength Training, Dr. Steven Scribner, Jeanne Reaves Consulting, and Teriyaki To Go have stepped up.

The special fundraising event is a Tyrone Wells concert to be held at the Crest Theatre, in conjunction with a silent auction in its lobby, with a no-host bar. It has been hands-on kids all the way; making arrangements with Well’s agent, and the Crest manager (who will provide a red carpet for the VIP’s).

The concert is scheduled for May 18, 2013 at 6:30 p.m. You can buy tickets at <http://tinyurl.com/cfduvav>

There is still time to sponsor the event, or donate items for the silent auction. Email Bond at comms@kidshelpingkidsac.org.

Also, if you are a youth or know of one who needs assistance, email Bond with the particulars, and you/they will be included in the allocation of funds discussions.

Says Purcell, “In the future, we want to branch out into other high schools, and really make it a Sacramento region non-profit to help as many kids as possible.”

The Civil War Returns to Gibson Ranch Park

SACRAMENTO REGION, CA – (MPG) Time travel to the 1860’s Civil War, marked by the first battles fought by soldiers of the North and South over the elimination of slavery and preservation of the Union. The setting for this fun, interactive and monumental living history event is The Civil War Experience, May 4th and 5th at Gibson Ranch Regional Park, 8856 Gibson Ranch Road, Elverta.

The stage will be set for hundreds of Civil War re-enactors from throughout the West Coast who will travel to Gibson Ranch and set up traditional 19th Century camps on the lush, 300 acre park grounds for the weekend festivities.

A sight to behold, these volunteers/re-enactors wear period dress and battle attire the entire weekend and tackle the same living and sleeping conditions as the



with all of the drama and firepower of cannons, artillery and other battle weapons of the time. (Not recommended for small children or pets.)

Presented by Gibson Ranch Regional Park, the event takes us back to the greatest upheaval in our history and the largest loss of life in any war since—over 1 million men and women lost their lives during The Civil War.

Don’t miss the only opportunity to witness the awe and action of The Civil War Experience, and most importantly, to pay tribute to a Sacramento area park treasure - Gibson Ranch Regional Park.

General admission: \$7.00 per person, ages 10 years and up (Parking included). **Saturday - Events continue until 5:00 p.m.** **Sunday - Events continue until 3:00 p.m.**

traditional 19th Century camps that followed and participated in the Civil War battles.

The weekend events will feature large-scale battle re-enactments and heroic acts of courage

Sacramento Valley Concert Choir

2013 Spring Program

Our Heritage

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Tuesday, May 21, 2013 7:00 to 9:00pm
Arden Christian Church Sanctuary

**4300 Las Cruces Way,
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Public Welcome!

Audience sing-along and light refreshments follow the performance. Free-will donations warmly appreciated.



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- America the Beautiful • Armed Forces Salute
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- At the River • And More!

CIVIL WAR RE-ENACTMENT

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MAY 4 & 5

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9am Saturday
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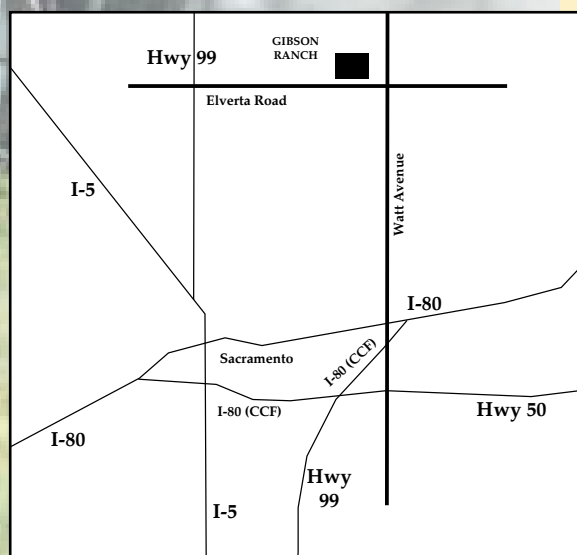
**General Admission
\$7 Per Person
Under 10 FREE**

Battle Re-enactments
Battle at 1:00pm and 4:00pm Saturday
Battle at 11:00am and 2:00pm Sunday

Civil War Music & Dancing
1860s Crafts
Fashion Shows
Visits by Historical Characters
Not Recommended for Small Children & Pets
Seating is Picnic Style, so bring a blanket
Parking Included

**Food Concessions Available
From 11am**

Living History Camps Open
• 9:00am - 5:00pm Saturday
• 9:00am - 3:00pm Sunday



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Current and Upcoming Events



Watercolor Class Starting
Patricia Osborne Watercolor Workshop
"Creative Explorations in Watercolor"
May 7, 14, 2013 • Call 408-691-1553
Visit our website for Art Classes Schedule

Painting Where The Wild Things Are

On Saturday, June 8th, 2013, the American River Natural History Association (ARNHA), will join with The Sacramento Fine Arts Center to present the fourth annual **Painting Where the Wild Things Are**, an art show, auction and gala celebrating interpretations of local nature subjects. This event brings together art patrons, philanthropists, artists and nature-lovers for what has become the most important fundraiser of the year for the Effie Yeaw Nature Center, a non-profit education and visitor center operated as a community service by ARNHA. The artwork accepted for **Painting Where the Wild Things Are** will be on exhibit at the Sacramento Fine Arts Center in Carmichael from May 7 - 25, 2013. 2nd Saturday Reception & Awards May 11th, 5:30-8:30pm (awards at 6:30pm). For information on the Art Show contact David Peterson at aquacolorist@yahoo.com

"Impressionist Painting in the Studio"
with artist Kristen Olson

Limited to 12 students • Saturday, Sunday, Monday, 9:00am - 6:00pm
June 22nd-24th • Cost: \$290.00, \$100.00 deposit to hold each space. Cost: \$290.00, \$100.00 deposit to hold each space. Contact Kristen at: Kristen@KristenOlson.net
http://www.kristenolson.net or phone: (650) 427-0591



5330 - B Gibbons Dr., Carmichael, CA • Ph. 916-971-3713
Hours: Tuesday 11 am-7 pm, Wednesday through Saturday 11 am-3 pm.
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FAIR OAKS CEMETERY MEMORIAL DAY AND AVENUE OF FLAGS CEREMONY

The Fair Oaks Cemetery District and the Memorial Day Ceremony Committee are finalizing plans for one of the most popular and inspiring Memorial Day ceremonies in the area.

The Fifteenth Annual Memorial Day and Avenue of Flags Ceremony will be held Saturday, May 25, at the Fair Oaks Cemetery, located at 7780 Olive Street, Fair Oaks. The formal ceremonies start at 10 AM.


This year's theme is to honor "Our National Cemeteries", with the emphasis on Hawaii's Punch Bowl. The Punch Bowl is a cemetery located in Honolulu, Hawaii that serves as a memorial to those men and women who served in the U.S. Armed Forces.

Dedicated on Sept 2, 1949, approximately 53,000 WWI, WWII, Korea, Vietnam veterans and their dependents have been interred. It is administered by the National Cemetery Administration of the U.S. Department of the Veteran Affairs and is listed on the National Register of Historic Places.

The Fair Oaks Cemetery will be decorated with hundreds of flags lining its roadways as "The Avenue of Flags." They will be adding more names to the Veterans Memorial Wall. The Honored Main speaker will be Allen Hearl, Retired Navy Chaplain.

A formal Color Guard and Rifle Salute Team will provide military honors and assist with the laying of the wreath at the memorial in honor of over seventeen hundred veterans who are buried in the cemetery.

Chairman of the Fair Oaks Cemetery District Memorial Day Committee, Tom Askins will be the Master of Ceremonies. The musical program will be provided by the American Veterans Band, conducted by Warren "Bud" Turner.


Donald Kendrick
Music Director

17th Season - Spring 2013


LEST WE FORGET— AN ARMED FORCES SALUTE

The SCSO salutes all Veterans in a stirring program with full orchestra and chorus.

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Austin Kness



Karen Slack


Vaughan Williams | *Dona Nobis Pacem*
(Poetry by Walt Whitman)

Randol Alan Bass | *An American Celebration*


Karen Slack, Soprano Austin Kness, Baritone
Includes Color Guard and narrations
Special Guest Chorus: Sacramento State University Chorus

Saturday, May 18 - 8:00 PM
Donald Kendrick's Pre-Concert Talk - 7:00 PM

Sacramento Community Center Theater
1301 L Street, Sacramento



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Saturday
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10:00 a.m. *Parade*

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Sunday May 5th

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9:00 a.m. - 3:00 p.m.

Sunday May 5th

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Registration at 7:00 a.m.
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Sacramento Valley Concert Choir to Present an Unique Compilation

SACRAMENTO REGION, CA – (MPG) The Sacramento Valley Concert Choir (SVCC) has been belting out songs in four-part harmony since 1969. This spring's program is a unique compilation of folk, spiritual, and patriotic songs reflecting the rich, varied, and sometimes controversial cultural and musical legacies of the USA. The 50-member choir will carry the audience through "Ride the Chariot," and "Hush! Somebody's Callin' My Name" to "Shenandoah," "Turn the World

Around" and the "Armed Forces Salute," plus the national anthem, "God Bless America" and more. The approximately one-hour performance is followed by an audience sing-along and then everyone's invited to the Social Hall for light refreshments with the choir.
 Who: Sacramento Valley Concert Choir
 What: 2013 Spring Concert: Our Heritage
 When: Tuesday, May 21, 2013; 7:00 pm to 9:00 pm

Location: Arden Christian Church, 4300 Las Cruces Way, Sacramento, CA 95864
 Cost: Free and open to the public. Free-will donations accepted.
 SVCC is a not-for-profit, self-supporting secular choral association of mixed voices, serving the Greater Sacramento area since 1969. SVCC is non-auditioned, but the devoted members rehearse and perform a variety of the best choral literature. The choir provides musical entertainment as a service to charitable,

religious, community, and educational institutions, as well as to retirement residence facilities. New members are always welcome. Spring rehearsals begin the first Tuesday after New Year's Day. Winter rehearsals begin the first Tuesday after Labor Day. Rehearsals are held from 7:00 to 9:00 on Tuesday nights in the social hall of the Arden Christian Church, 4300 Las Cruces Way, Sacramento 95864.
 For more information visit www.svechoir.org

Sacramento County DA Report A Recent case of interest

CASE: Jonathan Hudson & Jermaine Campbell (04/26/13)
 PROSECUTOR: Deputy District Attorney Kevin Greene, Homicide Unit
 District Attorney Jan Scully announced today that Jonathan Hudson was sentenced by the Honorable Cheryl Chun Meegan to 26 years to life in prison. Last month, Hudson was convicted by jury of first degree murder, first degree robbery and was found to have been armed with a gun.
 Hudson's co-defendant, Jermaine Campbell, was convicted by a separate jury of first degree murder, first degree robbery, the personal use of a firearm and the special circumstance of committing a murder during the commission of robbery. He was previously sentenced to life in prison without the possibility of parole, plus 25 years to life in prison.
 In October 2010, Hudson and Campbell shot and killed 54-year-old James Walker while robbing him. Sheriff's deputies found Mr. Walker sitting in the driver's seat of his taxi cab and he was pronounced dead at the scene.



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Carmichael Dental Group

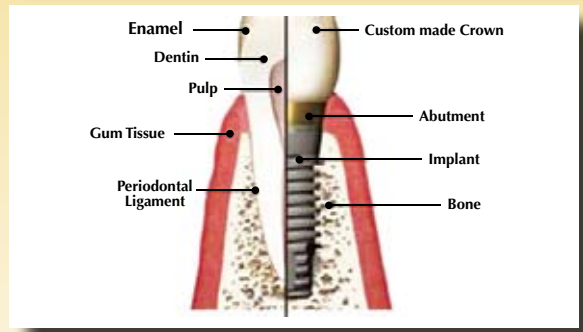
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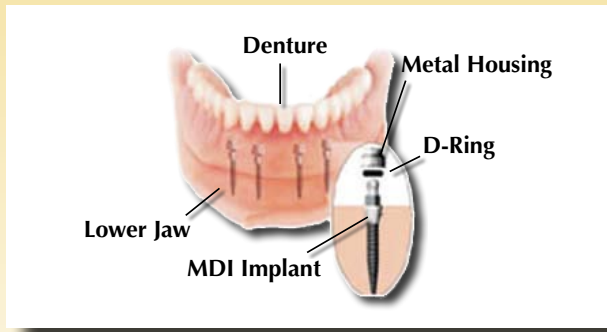
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