



# MPG WISHES EVERYONE A HAPPY EASTER!

**PLUS: Medicare: Did You Really Pay for That?**

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# Carmichael Times

Volume 33 • Issue 13

Serving Carmichael and Sacramento County since 1981

March 27, 2013

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# Nurturing Gardens in Carmichael



Program participants Randy and Elayne Anderson were rewarded with a \$3000 makeover for their Carmichael garden. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL, CA – (MPG) As garden parties go, it was low on lemonade; high on labor.

Ending a community program to promote sustainable landscaping, 15 volunteers last fall bent their backs to apply theory to a real yard. Areas of Randy and Elayne Anderson's Carmichael yard were overgrown and water wasting. Three days of prepping and a Saturday team effort saw it transformed with Mediterranean-style plantings, a designer river bed and efficient irrigation. "It was great to see so many people pitching together to get this done," said semi-retired teacher Elayne. "Hands-on experience consolidates what you learn."

The Andersons' good fortune was also a harvest for 58 gardening-loving Carmichael families. Their Blue Thumb Neighbors

program included free workshops taught by landscape, irrigation and botanical experts. "Blue Thumb" denotes a commitment to water conservation and river protection. The course was one of a series sponsored by the Regional Water Authority and water providers (Carmichael Water District in this case) – in association with neighborhood groups. In previous summers, Natomas, Roseville and Rosemont got the Blue Thumb treatment. Carmichael broke the record for household participation. "It's about community pride," considers program coordinator Christine Kohn. "We love our gardens. But we know we can't continue to waste water; that we must protect what goes into our river and creeks."

A new state mandate requires water providers to reduce per capita water use 20 percent by 2020. Learning that 65 percent of

potable household water goes on gardens — and that 35 percent of this deluge is wasted by poor irrigation — is a cool splash in the face to Carmichaelites now subject to metering. "Reducing outdoor watering is the easiest way to achieve lower water use," says program instructor Don Smith. Water management expert Smith adds: "English-style gardens suit an English climate. We don't have that here."

Workshop teacher Cheryl Buckwalter promotes a garden style called "new California landscape." "It's not really new," she qualifies. "It uses plants that have always thrived here." Buckwalter is not talking tumbleweed or cacti: in-vogue are rock rose, lamb's ear, nandina, California fuchsia, margaritabop and Mexican sage. All offer flower and foliage contrasts. All attract birds and beneficial insects.

All have modest water needs. Carmichael Blue Thumb supporters – members of the co-sponsoring Carmichael Creek Neighborhood Association – have learned to love such species. "I've established gardens all over the world," says a program participant. "I love roses and green lawns. But it makes sense to plant what suits this climate. Blue Thumb classes taught us that creating plant zones (grouping plants of similar water needs) reduces water use. Mediterranean plants are attractive when they're nicely placed. In our area, a rock "creek bed" is more artistically appropriate than a mermaid. Our river stones are more beautiful than garden fountains." Most importantly, she adds: "they don't need water."

Community groups wishing to host a Blue Thumb Neighbors program should contact their local water provider.

## Join the Fun!



## Annual Easter Egg Hunt and Pancake Breakfast

CARMICHAEL, CA- (MPG) An The Carmichael Recreation and Park District is holding their annual Easter Egg Hunt and Pancake Breakfast.

The event is scheduled for Saturday, March 30, at the Carmichael Park Clubhouse, located at 5750 Grant Avenue in Carmichael.

The entire family can hop on over for a HUGE egg hunt, a great tasting pancake breakfast, lots of live music, entertaining clowns, exhibits by the Sacramento Metro Fire Department, and a large array of arts and crafts.

The egg hunt, held rain or shine, will begin sharply at 10am. Don't be late! Everyone must bring their own egg hunt basket or bag for picking up your Easter eggs.

The Recreation and Park District asks everyone to please arrive at least 30 minutes early so you don't miss this EGGCELLENT event!

Egg hunting groups are divided by age: 2 & under, 3-4 years, 5-6 years, and 7-8 years of age and will be located at different areas throughout the park. However, all age groups depart on their hunts at the same time.

The pancake breakfast will be held from 7-11am. The cost per person is Adults \$5, with children ages 12 and under, only \$3.

The pancake breakfast is co-sponsored by the Kiwanis Club of Carmichael.

## Gas Price Outlook

SACRAMENTO REGION, CA – (MPG) Average retail gasoline prices in Sacramento have fallen 6.4 cents per gallon in the past week, averaging \$3.90/g yesterday, according to GasBuddy's daily survey of 720 gas outlets in Sacramento. This compares with the national average that has fallen 2.5 cents per gallon in the last week to \$3.64/g, according to gasoline price website GasBuddy.com.

Including the change in gas prices in Sacramento during the past week, prices yesterday were 34.0 cents per gallon lower than the same day one year ago and are 17.5 cents per gallon lower than a month ago. The national average has decreased 9.5 cents per gallon during the last month and stands 21.9 cents per gallon lower than this day one year ago.

"Average gasoline prices have continued to quietly move lower in the last week across much of the United States at a time of year when we historically are accustomed to seeing prices move higher," said GasBuddy.com Senior Petroleum Analyst Patrick DeHaan.

GasBuddy operates SactoGasPrices.com and over 250 similar websites that track gasoline prices at over 140,000 gasoline stations in the United States and Canada.

# Nielsen Votes for Funding to Improve Levee Protection

SACRAMENTO COUNTY, CA – (MPG) In a budget subcommittee hearing on March 23, 2013, State Senator Jim Nielsen (R-Gerber) made the motion to approve over \$59 million in bond funds, already approved by voters, to increase flood protection for communities near rivers and water basins.

"Northern California is blessed with beautiful rivers," said Sen. Nielsen. "But in some years of excessive rainfall and heavy snowmelt, much of the Valley is subject to flooding. Flood protection is a concern that must always be addressed."

Specifically, Nielsen and committee Chair Jim Beall (D-San Jose) approved the following projects that will safeguard farms and homes in Northern California:

- American River Watershed, Folsom Dam Raise Project - \$3.3 million
- Folsom Dam Modifications Project - \$40.9 million
- Marysville Ring Levee Reconstruction Project - \$12.4 million
- Sacramento River Flood Control System Evaluation - \$333,000

- Sutter Basin Feasibility Study - \$1.3 million
- Yuba River Basin Project - \$645,000

The majority of funding for these important projects comes from Proposition 1E, Disaster Preparedness and Flood Prevention, a voter approved program to "rebuild and repair California's most vulnerable flood control structures to protect homes and prevent loss of life from flood-related disasters, including levee failures, flash floods, and mudslides. Proposition 1E passed with 64 percent of the vote on the

November 7, 2006 General Election Ballot.

These budget proposals will now move to the Senate Budget Committee for its approval.

Senator Jim Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Del Norte, Glenn, Nevada, Placer, Sacramento, Shasta, Siskiyou, Sutter, Tehama, Trinity and Yuba. To contact Senator Nielsen, please call him at 916-651-4004, or via email at senator.nielsen@senate.ca.gov.

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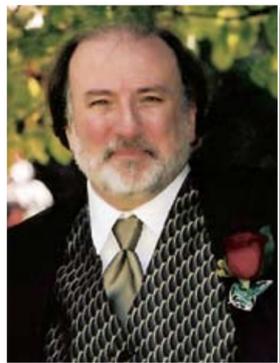
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# Wells Named Sales Director at The Atrium

CARMICHAEL, CA – (MPG) Tena Wells was recently named as the new sales director at The Atrium of Carmichael. Tena is a native Californian, growing up and raising her family in the Sacramento and Carmichael area.

She is very excited to be a part of the Atrium's wonderful and unique community.

Tena is completing her Bachelor's degree in organizational leadership at Azusa



Tena Wells, Sales Director

Pacific University this June, is a Certified Senior Advisor and a licensed real estate agent.

Tena's overall education, skills, knowledge and abilities make her an excellent source of information for anyone investigating senior lifestyles.

Tena has nearly nine years experience in the senior industry consulting families on independent living, assisted living, memory care and most related resources.

## Singles Night in Hollywood Dance Saturday, April 6 in Carmichael

CARMICHAEL, CA – (MPG) Christian Singles Network, northern California's largest and oldest Christian singles group, will host a Night in Hollywood Dance for Single adults at Carmichael Presbyterian Church, 5645 Marconi Ave. March 16. All ages are welcome to attend. For more information call 530-878-8606. Dress as a movie or tv star, a famous musician or come as the star you are—like you are attending the Academy Awards. The dance begins when doors open early at 6 p.m. featuring a buffet dinner for only \$3 extra. Richard Kowaleski teaches dance lessons 7:10-8:PM, in the Night Club 2 Step, and DJ dance music of all types will be played from 8-11:30 by DJ Dale from Allstar Entertainment. The music, both recent and oldies, is a mix of rock and roll, ballroom, Latin, country and Christian music at

all dances. Approximately 150-170 people attend.

The ticket price of \$15 pre-sale or \$20 at the door includes hors d'oeuvres and dessert, non-alcohol beverages and the dance lesson. An additional \$3 will purchase a buffet dinner from 6:30-7 or when the food runs out. Plan to get there early to catch the dinner. Volunteers attend free. Pre-sale dance tickets are available on line at [www.christiansinglesnet.com](http://www.christiansinglesnet.com), or at Berean Bookstore in Sacramento, or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722.

Professional photographer Dan Cobb will be available to take photos for only \$5 each including a digital copy by email. Dress is casual attire. Members of other singles groups such as Elife and Meetup also plan to attend.

The group has sponsored retreats, cruises, seminars, concerts and weekly dinners and monthly dances the past 20 years. Membership is not necessary to attend, although members get a \$5 discount at the door. All ages and all denominations are welcome. CSN dances draw singles from the Sacramento, the foothills, and beyond to Reno and the Bay Area.

CSN is planning a second dance in April on Saturday, April 27—the South of the Border Dance. To receive more information about activities, or directions call the 530-878-8606. or the dance 24 hour event line at 916-658-0606. The website, [www.christiansinglesnet.com](http://www.christiansinglesnet.com), includes directions to the dance as well as information about upcoming event.



## Holy Week



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The seven last words of Jesus are remembered with scripture, music and silent reflection.

**MARCH 29TH 7:00PM**

### EASTER SUNDAY

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**MARCH 31ST**

### Early Son-Rise Service

Join our family of faith as our choirs lead us in both contemporary and traditional music for this joyful celebration that our Lord and Savior, Jesus Christ, has risen from the grave.

**7:00AM**

### Resurrection Celebration

Join our family of faith as our choirs lead us in both contemporary and traditional music for this joyful celebration that our Lord and Savior, Jesus Christ, has risen from the grave.

**9:55AM**



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## Supervisor Susan Peters to Hold "Office Hours" at Carmichael Egg Hunt March 30



County Supervisor Susan Peters

CARMICHAEL, CA - (MPG) County Supervisor Susan Peters will be holding her second "Office Hours" for 2013 on Saturday, March 30, at Carmichael Park during the community's annual

egg hunt and pancake breakfast. Peters will set up a table near the egg hunt between 9:30 to 11 a.m. for residents who wish to drop by and discuss with her items of interest. No appointment is necessary with visits to be handled on a "first come basis." "Carmichael's annual egg hunt and pancake breakfast is a great community event," says Peters. "Establishing 'Office Hours' provides the opportunity to mix business with pleasure. I'll be available to talk about county matters while people can enjoy a tasty breakfast or watch the children search for eggs." Peters kicked off her 2013 "Office Hours" tour on March 2 at the annual fishing derby at Howe Park hosted by the Fulton-El Camino Recreation and Park District. During 2012

Peters held "Office Hours" at several community events in Arden-Arcade, Carmichael, Fair Oaks, Foothill Farms, and North Highlands. The annual program provides a casual venue for residents to meet with her to talk about issues as opposed to making an appointment downtown at the County Administration Center. The egg hunt starts at 10 a.m. sharp rain or shine and the pancake breakfast runs from 7 to 11 a.m. The Carmichael Recreation and Park District along with the Kiwanis Club of Carmichael are sponsoring the two activities at Carmichael Park, 5750 Grant Avenue. For more information, call the Carmichael Recreation and Park District at 485-5322 or visit [carmichaelpark.com](http://carmichaelpark.com).

## Traumatic Brain Injury Signs are Often Misinterpreted or Ignored

By Judith DeCamp

SACRAMENTO, CA - (MPG) Given an estimated 225,000 Californians living with traumatic brain injury (TBI), it's hard to understand how the signs of TBIs can be missed, misinterpreted or simply ignored. And yet, they are. The most common TBIs are concussions, nearly 3.8 million of which are caused by sports and recreation activities in the United States annually, as reported by the Centers for Disease Control and Prevention. Norma Vescovo, founder and Chief Executive Officer (CEO) of the Independent Living Center of Southern California, Inc. (ILCSC), has seen an increase in the number of TBIs, including concussions or mild TBIs, at ILCSC and fully understands why TBIs are often missed.

"The majority of individuals who come to ILCSC don't realize they have an injury because TBIs, like concussions, can't be seen," said Vescovo.

Initially, individuals may experience any one of a number of symptoms, including confusion, concentration difficulties, dizziness or, most commonly, memory loss, all of which are also experienced by people who don't have a TBI.

"In addition to the typical symptoms, people often experience increased anger and frustration

as they try to figure out what is wrong with them, but don't associate this with the TBI," explained Vescovo. "Nor do their families and friends code the behavior as being associated with the TBI. The unspoken expectation is that an individual with a brain injury will return to his or her 'normal' behavior, but he or she doesn't. And this is where Independent Living Centers (ILCs) can help."

Serving individuals living with disabilities, older adults and military veterans throughout Southern California, ILCSC, similar to other ILCs, provides a wide range of support and services to individuals living with a TBI. Some of these include evaluations, vocational and in-dependent living skills training, housing assistance, assistive technology, support groups and job coaching and placement.

ILCs also work closely with other organizations and providers in educating the community on the challenges, barriers and options for people living with disabilities.

"In the case of TBIs, educating the community is particularly important," states Vescovo. "Because TBIs are often misunderstood, it is critical to make the community aware of the nuances of such disabilities in order to better serve the individuals who live with them."

Therapy Services Supervisor

for Acute Rehabilitation for Mercy General Hospital Lynda Eaton, PT thinks the stigma of having or being associated with a TBI is the biggest barrier to increasing awareness. Eaton believes that eliminating stigma is particularly difficult given individuals with TBIs are not happy to broadcast that they have a TBI because they don't want to become labeled as unintelligent.

As co-chair of Sacramento's Walk For Brain Injury, Eaton said, "We don't get the turnout you see with breast cancer and other diseases where people come out in tens of thousands with advocacy representatives. The brain injury community is different. Fewer people with TBI or their family members want to join the cause and be advocates. The stigma is so significant."

Eaton continued, "ILCs are not only our connection to services for people with TBI, such as low-cost housing and case management, but we rely on them for advocacy as well. If anyone can convince our clients to advocate for themselves, it's the staff at ILCs."

The California State Independent Living Council is an independent state agency which, in cooperation with the California State Department of Rehabilitation, prepares and monitors the State Plan for Independent Living.

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The egg hunt (rain or shine) will begin **SHARPLY at 10am.**  
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For registration & other information call the District at (916) 485-5322 or visit our web page at [www.carmichaelpark.com](http://www.carmichaelpark.com).

# Parent Resource Center to Open



Staff at Cameron Ranch School welcomes parents. Photo by Cindysue Jones.

By Cindysue Jones

CARMICHAEL, CA (MPG) Cameron Ranch Elementary School is pleased to announce the opening of its much-anticipated Parent Resource Center. The

center was developed in response to parent input, and the work of the school's strategic planning team. The Parent Resource Center (PRC) will provide parents with a place where they can go to

network with one another, learn about resources and ideas to help their children with schoolwork, and to have access to computers and online resources.

The PRC opened its doors on March 19, 2013, and is available to parents of Cameron Ranch students on Tuesday and Thursday mornings from 8:30-10:30am, and on Thursday afternoons from 1:15-2:15. The school hopes to offer more hours of operation over time, and to include parent education classes, a lending library, and more.

The opening of this center is truly a joint effort of parents, educators, and community members. The ultimate goal of the center is to improve student achievement through increased parent involvement, and to strengthen the home-school connection.

Cameron Ranch School is located at 4333 Hackberry Lane, Carmichael, CA 95608. For more information call 916.575.2302.

# Wind Driven Apartment Fire Quickly Knocked Down

Sacramento Metropolitan Fire District Report

ARDEN ARCADE, CA – (MPG) On March 22, 2013 at 04:29 p.m. Metro Fire units were dispatched to a report of an apartment fire on the 2400 block of Marconi Ave. The first arriving Metro Fire units reported a working fire in one of the upstairs apartments. Knowing that the high winds could drive the fire into the adjoining units,

firefighters rapidly deployed multiple hose lines to extinguish the fire and protect the other units. Additional firefighter searched for victims and ensured that the fire had not extended into the



neighboring units. No victims were found and the fire was contained to the unit of origin.

Aggressive firefighting efforts kept the fire from progressing to neighboring apartments and saved the property owner roughly \$320,000 in structural damages. There were no injuries to citizens or fire personnel. At the time of this release the fire is still under investigation.

For more information, check out [www.metrofire.ca.gov](http://www.metrofire.ca.gov).

# DMV: Ask "George"

## Expert Answers to Common DMV Questions



By George Valverde – Director, California Department of Motor Vehicles

**Do you have questions about general driving related requirements like registration and insurance?**

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**Q: How do I obtain a DMV-issued Identification Card?**

**A:** This one is simple! To obtain a State Issued ID card you must visit your local DMV field office. Once there you will need to fill out application form DL 44, give your thumb print, get your picture taken, and verify your personal information. For complete details about getting an ID card visit [www.DMV.ca.gov](http://www.DMV.ca.gov).

**Q: I recently changed my address through the DMV website. I have yet to receive a new ID. If I get pulled over, will I get cited for having an incorrect address on my license?**

**A:** Great job on utilizing the DMV online services! Though you changed your address in our system, you will not be issued a new Driver License.

Type or write your new address on a small piece of paper with your signature and date. Keep it with your driver license and if pulled over you will not be cited. However, if you are following the laws of the road you shouldn't have any worries about being pulled over in the first place. For more tips on safe driving and making sure you are following all laws please visit [www.DMV.ca.gov](http://www.DMV.ca.gov).

**Q: I need to renew my vehicle registration in a few weeks. Is it possible to do it online and can I pay for it with a credit card?**

**A:** Yes! You can save yourself a trip to a DMV office or the price of a postage stamp by renewing online but only if the Renewal Notice you received from DMV has a Renewal

Identifying Number. To renew your vehicle registration online use the following link and follow the instructions: [http://www.DMV.ca.gov/online/vrtr/vr\\_top2.htm](http://www.DMV.ca.gov/online/vrtr/vr_top2.htm). And yes, you may use your credit card when renewing by Internet.

The DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Acting Undersecretary Traci Stevens. The DMV licenses drivers, maintains driving records, registers and tracks official ownership of vehicles and vessels, investigates auto and identity-related fraud, and licenses car dealers, driving schools, and traffic violator schools. For more information about the DMV, visit [www.DMV.ca.gov](http://www.DMV.ca.gov). Save Time! Go On Line!

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Individual guns can be picky about shot size and load. Try several loads to find one your gun shoots best. Finally, find out how far your gun shoots a good pattern. That is your maximum range.

The "best" range for most 12-gauge guns is about 40 yards and 30 yards for a 20-gauge. Use whatever load of shot works best in your particular gun.

Jerry Martin is a Member of the RedHead® Pro Hunting Team

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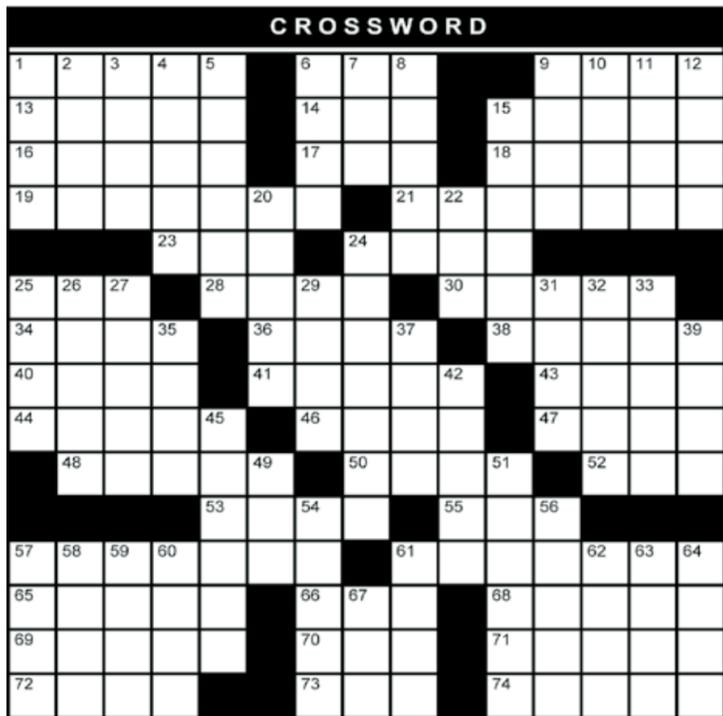
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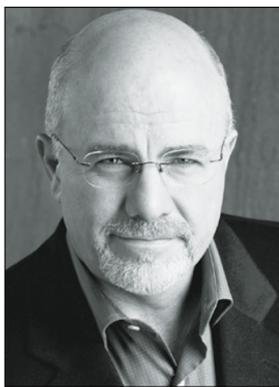
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### CLUES

- |  |   |  |  |
|--|---|--|--|
| <p><b>ACROSS</b></p> <ol style="list-style-type: none"> <li>Property held by one party for the benefit of another</li> <li>Band booking</li> <li>Mary's pet</li> <li>Blood circulation organ</li> <li>Under the weather</li> <li>Last test</li> <li>Beech tree fiber textile</li> <li>Jersey call</li> <li>2:3, e.g.</li> <li>Conceited</li> <li>"Common Twenties" description</li> <li>Relations</li> <li>Update, as in iPod</li> <li>Read-Only Memory</li> <li>Light beige</li> <li>Mother?</li> <li>"___ to it!"</li> <li>Space above</li> <li>Respected Hindu</li> <li>Bride screen</li> <li>Suggestive of an elf</li> <li>*7-Up was one such drink created in the twenties</li> </ol> | <ol style="list-style-type: none"> <li>Betty Page, e.g.</li> <li>Italian money</li> <li>Commoner</li> <li>Type of advice</li> <li>Cecum, pl.</li> <li>"But I heard him exclaim, ___ he drove out of sight!"</li> <li>Fiber used for making rope</li> <li>"For ___ a jolly..."</li> <li>"a.k.a. ___"</li> <li>"Speakeasy serving"</li> <li>Accepted truth</li> <li>Earned at Wharton or Kellogg</li> <li>Infested with lice</li> <li>As opposed to down feather</li> <li>"Woodrow Wilson, e.g."</li> <li>Relating to the ulna</li> <li>Boundary of surface</li> <li>___-Wan Kenobi</li> <li>Smooth transition</li> </ol> | <ol style="list-style-type: none"> <li>Woolen caps of Scottish origin</li> <li>___ canal</li> <li>Pakistani language</li> <li>Library storage</li> <li>"The Jazz Singer," e.g.</li> <li>Long John Silver's gait</li> <li>International workers' group</li> <li>Civil War movie starring Washington and Freeman</li> <li>One with burning pants</li> <li>Prefix often preceding #1 Across</li> <li>"___ Street" by Sinclair Lewis</li> <li>It features postings</li> <li>Bar brawl, e.g.</li> <li>Cry of surrender</li> <li>The loneliest number?</li> <li>Be sufficient or adequate</li> <li>Please get back to me</li> <li>WWE's Titus ___</li> <li>Eastermost state</li> <li>*1920's Jazz great, Jelly ___ Morton</li> </ol> | <ol style="list-style-type: none"> <li>Coarse file</li> <li>Oar pin</li> <li>Opposite of seeker</li> <li>It fits in a socket</li> <li>Cars have a spare one</li> <li>*1927 was his hit season</li> <li>Popular ball game snack</li> <li>Slumber party wear</li> <li>Carry a suitcase?</li> <li>God of the winds</li> <li>Moderato, e.g.</li> <li>"What "Pretty Boy" Floyd did in the 1920s</li> <li>Humorous anecdote</li> <li>What Lizzie Borden did</li> <li>Move like a bullet</li> <li>Z in DMZ</li> <li>Island near Java</li> <li>Black ___</li> <li>Brother of Jacob</li> <li>Swirling vortex</li> <li>*Hairstyle</li> </ol> |
|--|---|--|--|

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

### Something to Salvage

Dear Dave,  
I want to buy an inexpensive car, and I was wondering what you think about salvage titles.

- Eric

Dear Eric,

It's not impossible to find a decent salvage car. But I'd take extra precautions to find out exactly *why* it was salvaged. If it's a salvage car because it was wrecked, I'd take a look at what kind of wreck caused the damage. Lots of people know how to repair and rebuild cars, so it might end up in better condition than before if you find the right mechanic. On the other hand, I'd probably walk away if the vehicle had been flooded. Some people claim they can fix waterlogged cars, but that's a tough job. In most cases water just doesn't do very nice things to onboard computer systems and wiring.

Regardless, do as much research as you can into the car's history. See if CARFAX has a record. But if the seller doesn't know anything and other searches don't turn up good information, my advice is to say no. Make sure you check with your insurance company before you make the purchase too. Salvage cars are sometimes

# Dave Says

more difficult, or more expensive, to insure!

- Dave

### Buying Wholesale

Dear Dave,

What is your opinion on wholesale club memberships?

- Anonymous

Dear Anonymous

My wife and I are members of Costco and Sam's Club. We don't buy *everything* at these places, but do they save you enough money on some things to justify the annual fee? I think so.

The biggest problem most folks run into with wholesale clubs is overbuying. I mean, who needs nine gallons of mustard? You don't, unless you're in the restaurant business. So, if you don't need at that level and won't use at that level, don't buy at that level! You've got to shop around and know your values.

Lots of people think overbuying isn't a big deal, especially if it's something that only happens by mistake once in a while. But the truth is it's really dangerous.

You should plan your shopping the same way you plan your budget—with great care and common sense. If you don't, you can end up spending way more than you can afford on things you'll never use. Talk about dumb!

- Dave

\*For more financial help, please visit [daveramsey.com](http://daveramsey.com).

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FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01529. Liza Lorraine Grable, 5212 Ravine View Lane, Fair Oaks, CA 95628 and Julie Frances Westerhoff, 1601 Verde Drive, El Dorado Hills, CA are doing business under the Fictitious Business Name "Savvy Hair Studio" at Studio 55 Salon Suites, 1725 Iron Point Road #10-0-Studio #112, Folsom, CA 95630. Filed with the Clerk of Sacramento County on February 25, 2013. Publish: March 6, 13, 20, 27, 2013. SAVVYH 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01715. Jason Naenal, 57 Rossignol Circle, Sacramento, CA 95833 is doing business under the Fictitious Business Name "Barrel Couture" at 57 Rossignol Circle, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on March 1, 2013. Publish: March 6, 13, 20, 27, 2013. BARREL 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01712. Eugson Wong, 352 Deer River Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name "Joe Sun & Company" at 352 Deer River Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County on March 1, 2013. Publish: March 6, 13, 20, 27, 2013. JOESUN 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01389. Tollefson & Associates Inc., 8025 Greenback Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Batteries Plus Bulbs" at 8239 Laguna Blvd. #140, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on February 20, 2013. Publish: March 6, 13, 20, 27, 2013. BATTER 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01693. Rachid Abadi, 5601 44th St., Sacramento, CA 95824 is doing business under the Fictitious Business Name "Laaziza Motors" at 5601 44th St., Sacramento, CA 95824. Filed with the Clerk of Sacramento County on February 28, 2013. Publish: March 6, 13, 20, 27, 2013. LAAZIZ 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01701. Cardog Eric Anderton, 9137 Vancouver Dr., Sacramento, CA 95826 is doing business under the Fictitious Business Name "ABC Group" at 9137 Vancouver Dr., Sacramento, CA 95826. Filed with the Clerk of Sacramento County on February 28, 2013. Publish: March 6, 13, 20, 27, 2013. ABCGRO 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01627. Voices of Inspiration & Golden Ages Ministries, 3427 Rio Linda Blvd., Sacramento, CA 95838 is doing business under the Fictitious Business Names "Voices of Inspiration North Representative Payee Services; Voices of Inspiration Social Services Agency; VOI North RPS" at 3427 Rio Linda Blvd., Sacramento, CA 95838. Filed with the Clerk of Sacramento County on February 26, 2013. Publish: March 6, 13, 20, 27, 2013. VOICES 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01626. Daryl Collins, 820 Vivano St., Sacramento, CA 95831 is doing business under the Fictitious Business Name "Collins Resource Center" at 3427 Rio Linda Blvd., Sacramento, CA 95838. Filed with the Clerk of Sacramento County on February 26, 2013. Publish: March 6, 13, 20, 27, 2013. COLLIN 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-00980. Heather Cromartie, 4216 Jump Court, Sacramento, CA 95826 is doing business under the Fictitious Business Name "Juice Appeal" at 4216 Jump Court, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on February 5, 2013. Publish: March 6, 13, 20, 27, 2013. JUICEA 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01710. John L. Keasey, 5727 Cal Ct., Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "The R&F Company" at 5727 Cal Ct., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on March 1, 2013. Publish: March 6, 13, 20, 27, 2013. THER&F 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09485. Cecilia H. Nguyen, 2501 Rotterdam Dr., Elverta, CA 95626 is doing business under the Fictitious Business Name "Flowers by Cecilia" at 2501 Rotterdam Dr., Elverta, CA 95626. Filed with the Clerk of Sacramento County on Nov. 29, 2012. Publish: March 6, 13, 20, 27, 2013. FLOWER 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01560. Julia Acosta, 312 "B" St., Roseville, CA 95678 is doing business under the Fictitious Business Name "SDN Technologies" at 4360 Gibraltar St., Sacramento, CA 95834. Filed with the Clerk of Sacramento County on February 25, 2013. Publish: March 6, 13, 20, 27, 2013. SDNTEC 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01612. Bob Ibrahim, 2121 Nokofa Dr., Fairfield, CA 94534 is doing business under the Fictitious Business Name "Howe Ave. Tailpieces, Detail & Smog" at 2411 Howe Ave., Sacramento, CA 95825. Filed with the Clerk of Sacramento County on February 26, 2013. Publish: March 6, 13, 20, 27, 2013. HOWEAV 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01514. C TSUI LLC, 4261 Truxel Road, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Pork Belly Grub Shack" at 4261 Truxel Road, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on February 22, 2013. Publish: March 6, 13, 20, 27, 2013. PORKBE 130301 3-27-13

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2012-01071  
The following person has abandoned the use of the FICTITIOUS BUSINESS NAME of ITC Modeling & Production Company, located at 545 Industrial Drive #103, Galt, CA: Kathy Oslague, 367 North 18th St., San Jose, CA 95121. The Fictitious Business Name Statement was filed on February 6, 2012 in the County of Sacramento. Filed with the Clerk of Sacramento County on February 21, 2013. Publish: March 6, 13, 20, 27, 2013. ITCMOD 130301 3-27-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139765  
WHEREAS, Jose Felipe Massa & Virginia Massa have filed a petition with this court for a decree changing names of Wendy Stephanie Araiza-Ortega to Wendy Stephanie Massa; and Cindy Melinda Araiza-Ortega to Cindy Melinda Massa. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 17, 2013 in Department 54, located at 800 Ninth Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 27, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 6, 13, 20, 27, 2013. MASSA 130301 3-27-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139067  
WHEREAS, Catena Bowen on behalf of Christian Michael Bowe has filed a petition with this court for a decree changing names of Christian Michael Bowe to Cristi Michelle Bowen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 4, 2013 in Department 54, located at 800 Ninth Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 13, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 6, 13, 20, 27, 2013. MASSA 130301 3-27-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139067  
WHEREAS, Catena Bowen on behalf of Christian Michael Bowe has filed a petition with this court for a decree changing names of Christian Michael Bowe to Cristi Michelle Bowen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 4, 2013 in Department 54, located at 800 Ninth Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 13, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 6, 13, 20, 27, 2013. MASSA 130301 3-27-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139067  
WHEREAS, Catena Bowen on behalf of Christian Michael Bowe has filed a petition with this court for a decree changing names of Christian Michael Bowe to Cristi Michelle Bowen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 4, 2013 in Department 54, located at 800 Ninth Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 13, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 6, 13, 20, 27, 2013. MASSA 130301 3-27-13

Raymond M. Cadei Judge of the Superior Court  
Publish: March 6, 13, 20, 27, 2013. BOWEN 130301 3-27-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139751  
WHEREAS, James Lloyd Bearman has filed a petition with this court for a decree changing name of Savana Jeanette Marshall to Savanna Hope Bearman. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 16, 2013 in Department 53, located at 800 9th Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 27, 2013  
David I. Brown Judge of the Superior Court  
Publish: March 6, 13, 20, 27, 2013. BEARMA 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01873. Aimee Hendrie, 1661 La Playa Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Branching Out" at 1661 La Playa Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on March 6, 2013. Publish: March 13, 20, 27, April 3, 2013. BRANCH 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01753. DSP Equities, LLC, 10186 Canadeo Circle, Elk Grove, CA 95757 is doing business under the Fictitious Business Name "DSP Equities, LLC" at 10186 Canadeo Circle, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on March 4, 2013. Publish: March 13, 20, 27, April 3, 2013. DSPEQU 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01722. Andrew Patton, 9452 Little Rapids Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "Premier Property Services" at 9452 Little Rapids Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on February 15, 2013. Publish: March 13, 20, 27, April 3, 2013. PREMIE 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01769. Vicki R. Greene, 2011 Robin Road, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Save Them All Horse Rescue" at 7011 Robin Road, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on March 4, 2013. Publish: March 13, 20, 27, April 3, 2013. SAVETH 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01518. Jonathan Wheeler, 2900 Muir Way, Sacramento, CA 95818 is doing business under the Fictitious Business Name "River Oaks Bistro" at 8350 Lotz Parkway, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on February 22, 2013. Publish: March 13, 20, 27, April 3, 2013. RIVERO 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-00937. Russell L. Cornett, 7116 Delhaven Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name "Sacramento Mufflers & Fabrications" at 6735 32nd St. #A, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on February 4, 2013. Publish: March 13, 20, 27, April 3, 2013. SACMUF 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01827. Lucy Shen, 1890 Donner Road, West Sacramento, CA 95691 is doing business under the Fictitious Business Name "Golden Valley Realty" at 1890 Donner Road, West Sacramento, CA 95691. Filed with the Clerk of Sacramento County on March 6, 2013. Publish: March 13, 20, 27, April 3, 2013. GOLDEN 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01720. Hue K. Dang, 9324 Willow Pond Circle, Elk Grove, CA is doing business under the Fictitious Business Name "Boba Tea House" at 8139 Elk Grove Blvd., Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on March 1, 2013. Publish: March 13, 20, 27, April 3, 2013. BOBATE 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01803. Michael E. Berbera, 6123 Chestnut Ave., Orangevale, CA 95662 is doing business under the Fictitious Business Name "Tools Will Travel" at 6123 Chestnut Ave., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on March 5, 2013. Publish: March 13, 20, 27, April 3, 2013. TOOLSW 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01902. Kelly A. Holden, 9104 High Oak Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Two Rivers Publishing Company" at 9104 High Oak Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on March 6, 2013. Publish: March 13, 20, 27, April 3, 2013. TWORIV 130302 4-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139454  
WHEREAS, Tazia Anadanae James has filed a petition with this court for a decree changing name of Tazia Anadanae James to Tonio Alexander James. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 11, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 20, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 13, 20, 27, April 3, 2013. JAMES 130302 4-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139978  
WHEREAS, Timothy W. Rodgers has filed a petition with this court for a decree changing name of Timothy W. Rodgers to Timothy W. O'Bryan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 19, 2013 in Department 53, located at 720 Ninth Street, Room 102, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 6, 2013  
David I. Brown Judge of the Superior Court  
Publish: March 20, 27, April 3, 10, 2013. OBRYAN 130303 4-10-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00140032  
WHEREAS, Kyle Kristopher Edwards has filed a petition with this court for a decree changing name of Kyle Kristopher Edwards to Kylee Love Edwards. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 24, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the March 6, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 13, 20, 27, April 3, 2013. EDWAR 130302 4-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00140032  
WHEREAS, Kyle Kristopher Edwards has filed a petition with this court for a decree changing name of Kyle Kristopher Edwards to Kylee Love Edwards. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 24, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the March 6, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 13, 20, 27, April 3, 2013. EDWAR 130302 4-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00140003  
WHEREAS, Paul Anthony Gunn has filed a petition with this court for a decree changing name of Paul Anthony Gunn to Heather Nicole Gunn. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 23, 2013 in Department 53, located at 720 Ninth Street, Room 102, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 13, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 20, 27, April 3, 10, 2013. ANTHON 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02058. Kirsten David, 7537 Kreth Road, Fair Oaks, CA 95628 and Leslie Harris, 2101 Campton Circle, Gold River, CA 95670 are doing business under the Fictitious Business Name "Blooming Love Floral Design" at 7537 Kreth Road, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on March 11, 2013. Publish: March 20, 27, April 3, 10, 2013. BLOOMI 130303 4-10-13

Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for two consecutive weeks prior to the date set for hearing on the petition. Dated: March 6, 2013  
David I. Brown Judge of the Superior Court  
Publish: March 13, 20, 27, April 3, 2013. GUNN 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01832. John Royball, 9278 Calamus Court, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "Open Door Realty Group" at 9278 Calamus Court, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on March 5, 2013. Publish: March 20, 27, April 3, 10, 2013. OPENDO 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02086. Anthony Sepahmansour, 11031 Woodring Dr., Mather, CA 95655 is doing business under the Fictitious Business Name "Sepah Real Estate" at 11031 Woodring Dr., Mather, CA 95655. Filed with the Clerk of Sacramento County on March 12, 2013. Publish: March 20, 27, April 3, 10, 2013. SEPAHR 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02053. Jeremy Robert Sadler, 8425 Villaview Dr., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Cannonball Pool and Spa Care" at 8425 Villaview Dr., Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on March 11, 2013. Publish: March 20, 27, April 3, 10, 2013. CANNON 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01452. Jose Fialdo Martinez Romero, 7729 Sweetbrier Way, Sacramento, CA 95832 is doing business under the Fictitious Business Name "Inter Landscaping And Gardens Services" at 7729 Sweetbrier Way, Sacramento, CA 95832. Filed with the Clerk of Sacramento County on Feb. 21, 2013. Publish: March 20, 27, April 3, 10, 2013. INTERL 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01457. Stan T. Chan and Janet Owyang Chan, both of 8907 Hallingrue Way, Elk Grove, CA 95757 are doing business under the Fictitious Business Name "Kim Hei" at 8760 La Riviera Dr. #B, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on February 21, 2013. Publish: March 20, 27, April 3, 10, 2013. KIMHEI 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01507. Nicole Delaura and Christopher Limpin, both of 10341 Beckley Way, are doing business under the Fictitious Business Name "Luxury Detail" at 2551 Trade Wind Ave., Sacramento, CA 95825. Filed with the Clerk of Sacramento County on February 22, 2013. Publish: March 20, 27, April 3, 10, 2013. LUXURY 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02150. Sergey I. Struk, 8400 Twin Trails Dr., Antelope, CA 95643 is doing business under the Fictitious Business Name "Deluxe Design" at 7291 32nd St. #4, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on March 14, 2013. Publish: March 20, 27, April 3, 10, 2013. DELUXE 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01366. Anthony David Pagliulunga and Davina Diane Pagliulunga, both of 7340 Del Prado Court, Sacramento, CA 95828 are doing business under the Fictitious Business Name "Anthony's Carpet Care" at 7340 Del Prado Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on February 19, 2013. Publish: March 20, 27, April 3, 10, 2013. ANTHON 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02058. Kirsten David, 7537 Kreth Road, Fair Oaks, CA 95628 and Leslie Harris, 2101 Campton Circle, Gold River, CA 95670 are doing business under the Fictitious Business Name "Blooming Love Floral Design" at 7537 Kreth Road, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on March 11, 2013. Publish: March 20, 27, April 3, 10, 2013. BLOOMI 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01708. Bertin A. Sabillon, 8590 Montpelier Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name "GreenCali Janitorial Services" at 8590 Montpelier Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on March 1, 2013. Publish: March 20, 27, April 3, 10, 2013. GREENC 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01260. Desiree Bertolani, 5350 Dunlay Dr. #3311, Sacramento, CA 95835; and Dawn Bertolani and Dean Smith, both of 5350 Dunlay Dr. #2712, are doing business under the Fictitious Business Names "DS3 Sports and Entertainment; Sacramento Corporate Challenge" at 5350 Dunlay Dr. #3311, Sacramento, CA 95835. Filed with the Clerk of Sacramento County on February 15, 2013. Publish: March 20, 27, April 3, 10, 2013. DSSSPO 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02157. Richard John Rocchetti, 8907 Fair Oaks Blvd. #E, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "ArcFormz" at 8030 Sacramento Street, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on March 14, 2013. Publish: March 20, 27, April 3, 10, 2013. ARCFOR 130303 4-10-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02191. Michael B. Knudsen, 12380 Overland Way, Wilton, CA 95693 is doing business under the Fictitious Business Name "Knudsen & Associates" at 1127 1st Street #550, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on March 15, 2013. Publish: March 20, 27, April 3, 10, 2013. KNUDSE 130303 4-10-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139978  
WHEREAS, Timothy W. Rodgers has filed a petition with this court for a decree changing name of Timothy W. Rodgers to Timothy W. O'Bryan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 19, 2013 in Department 53, located at 720 Ninth Street, Room 102, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 6, 2013  
David I. Brown Judge of the Superior Court  
Publish: March 20, 27, April 3, 10, 2013. OBRYAN 130303 4-10-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00140390  
WHEREAS, Mario Mohsen Sabry Hanna has filed a petition with this court for a decree changing name of Mario Mohsen Sabry Hanna to Kebb Self Amond. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 30, 2013 in Department 54, located at 800 9th Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 13, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 20, 27, April 3, 10, 2013. AMOND 130303 4-10-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00140390  
WHEREAS, Mario Mohsen Sabry Hanna has filed a petition with this court for a decree changing name of Mario Mohsen Sabry Hanna to Kebb Self Amond. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 30, 2013 in Department 54, located at 800 9th Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 13, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 20, 27, April 3, 10, 2013. AMOND 130303 4-10-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00140390  
WHEREAS, Mario Mohsen Sabry Hanna has filed a petition with this court for a decree changing name of Mario Mohsen Sabry Hanna to Kebb Self Amond. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 30, 2013 in Department 54, located at 800 9th Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 13, 2013  
Raymond M. Cadei Judge of the Superior Court  
Publish: March 20, 27, April 3, 10, 2013. AMOND 130303 4-10-13

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES  
To Whom It May Concern: LAMIS MOHAMMED MAADARANI is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at:

# Medicare: Did You Really Pay for That?

Commentary by  
Dr. Mark W. Hendrickson  
Reprinted by permission

SACRAMENTO REGION, CA – (MPG) Last summer, Barack Obama riled a lot of entrepreneurs when he got carried away at a campaign event and told any American who had built up a successful enterprise, “you didn’t build that.” An even greater backlash awaits any politician who dares to tell Medicare recipients, “You didn’t pay for that”—for there are far more seniors than entrepreneurs in our country.

Time after time during Election Year 2012, seniors and near-seniors reacted to the slightest mention of Medicare reform with indignation and the emphatic insistence, “Don’t you dare touch Medicare; I’ve paid for it!” There is only one problem with that statement: In a mathematical sense, it isn’t true.

The amount that American workers have paid and are paying into Medicare isn’t enough to fund all the benefits that are being paid out to seniors under Medicare. The trustees of Medicare have stated that the promises they have made exceed their projected revenues by tens of trillions of dollars. Senator Tom Coburn (a physician in private life) has estimated that the average American couple contributes approximately \$110,000 to Medicare over their working careers and receives over \$330,000 of Medicare benefits. On Feb. 20, USA Today cited Urban Institute data pegging those same figures at \$88,000 and \$387,000, respectively. There are differing estimates of the size of the gap, but clearly Medicare suffers from an unsustainable funding deficit.

Let me hasten to say that I have sympathy for those who make the “I paid for it” case.

Through decades of their working lives, millions of seniors paid into the system and were promised that Medicare would be there for them starting at age 65. These citizens played by the rules, acted in good faith, and held up their end of the bargain.

The problem is that the politicians in Washington have not acted in good faith. Instead, they have committed a gigantic fraud by underfunding the program. The fact of the matter is that we’ve been swindled, and the anger and sense of pending betrayal that many seniors feel is understandable. At the same time, we, the people, need to accept some responsibility for this sorry state of affairs.

Certainly, the members of Congress and presidents who allowed the imbalance between Medicare income and expenditures to get so out of whack are ethically culpable. Still, “we the people” share some responsibility for the Medicare fiasco. The mistake was naïveté and gullibility. We can see now what an enormous mistake it was to trust politicians’ promises.

Regrets and recriminations aside, the question now is: Where do we go from here? What are our options? The only way that the oncoming flood of baby boomers will be able to receive all the Medicare benefits that they were promised would be to either increase payments into the system or reduce disbursements from it.

We already have seen how volatile, contentious, and divisive the political strife over Medicare has been. Sadly, it is likely to get much worse. Generations will be arrayed against generations.

On the one side, gray-haired Americans will demand that the promises made to them, and for which they upheld their end of the bargain, be kept. The

progressives have played a masterful political game; they will have huge numbers of average Americans who think of themselves as anything but socialists egging them on and supporting them in their quest to absorb and appropriate more property. The great American middle class, which has the most to lose when Big Government supplants the private sector, will be energetically demanding some of the very policies that will crush the life out of the economy.

On the other side, at some point the younger generations are going to rebel against the debt slavery to which they have been subjected, and they will push back as a matter of economic survival and a desire to feel as free as their elders once did. Responding to pressure from the young, the federal healthcare blob inevitably will ration health care.

What a terrible price Americans will pay for falling for the seductive promise of a benign government caring for us all in our old age. Not only will the country be poorer and less free, but the quality of health care itself is bound to decline—all while our society is riven between young and old when the common enemy is the idea that the compulsory economic relations imposed by government comprise a way of life that is somehow more just, more harmonious, more helpful, and more prosperous than a society in which each individual’s life and property are his own and economic exchanges are voluntary (i.e., a society in which people are free).

— Dr. Mark W. Hendrickson  
is an adjunct faculty member, economist, and fellow for economic and social policy with The Center for Vision & Values at Grove City College.

# Big Trout; Big Fun

Rancho Seco Recreational Area to Host Fishing Derby

SACRAMENTO REGION, CA (MPG) Pack up the tackle box, load up the rod and reel and head out to the Sacramento Municipal Utility District’s (SMUD) annual trout derby at Rancho Seco Recreational Area on April 6 and 7. Fishing enthusiasts hooking the heaviest trout win cash prizes at this popular event. The fishing event has become a tradition for many and has attracted thousands of local anglers since starting in 1993.

Anglers can cast a line into the 160-acre lake from the shoreline or one of six fishing piers. Small boats with electric motors are also allowed (no gas motors). In addition to trout, the freshwater lake is home to bass, bluegill, red-ear sunfish, crappie and catfish. Just in time for the derby,

Rancho Seco Lake was recently stocked with 1,500 pounds of trout and 500 pounds of trophy trout.

Gates open at 6 a.m. and close at 5 p.m., rain or shine. Derby tickets are \$5 per person plus a daily park fee available at the park gate both days. A valid California state fishing license is required for those 16 or older. Anglers hoping to win a cash prize must check in their fish before 5 p.m. on the day of the catch. Cash prizes will be awarded to those catching the heaviest fish in three separate categories – adult, youth and kids.

The 400-acre Rancho Seco Recreational Area offers more than just fishing. The full-service facility offers picnicking facilities, RV and tent camping sites, and beach and swimming areas.

Rancho Seco Recreational Area is 35 miles south of Sacramento, approximately 15 minutes east of Highway 99 on Twin Cities Road. The park is owned and operated by SMUD. Admission to the park is \$10 per car (\$8 for seniors).

For more information about the derby or camping, visit smud.org/ranchoseco or call (916)732-4913 or (209)748-2318.

**Date:** Saturday, April 6 and Sunday, April 7

**Time:** 6 a.m. to 5 p.m. daily (rain or shine)

**Location:** Rancho Seco Recreational Area 14440 Twin Cities Road, Herald, CA 95638

Source: SMUD Newsroom

## Sacramento Public Library Locations to Close March 30 Due to Staff Furloughs

SACRAMENTO REGION, CA – (MPG) All 28 Sacramento Public Library locations will be closed on Saturday, March 30 due to staff furloughs, including the library’s telephone information service.

Only the Central Library will be open Sunday, March 31, from 12 noon to 5 p.m., on the Easter Sunday holiday. The Central Library is at 828 I Street, downtown Sacramento. However, the library’s

website (www.saclibrary.org) is available 24/7 to request and renew materials, pay overdue fines, download eBooks, and apply for a library card.

## Carmichael Cactus and Succulent Society

Meeting April 7 • 10am

Carmichael Park Clubhouse, 5750 Grant Avenue, Carmichael, CA 95608

**Program: An In-House Silent Auction For Members’ Plants Will Be Conducted**

**Questions: 916-729-3475**

## American River Community Church

Wonder-Land Christian Pre-School and Daycare

3300 Walnut Avenue, Carmichael

Invites You to a Special Showing:

Mel Gibson’s  
**THE PASSION OF THE CHRIST**

Thursday  
**March 28th**  
**6:45 PM**

**Holy Communion**  
**Time for Questions**  
**Child Care**

(The movie is rated “R” due to graphic violence.)

www.arconline.org

Info@arconline.org

916.483.3465



**HEALTH FAIRE**  
April 26, 2013 • Friday, 8-11am  
\* 50+ Vendors  
\* Health Screenings \* Door Prizes  
*New Vendors Welcome!*  
**972-0336**

### MISSION OAKS COMMUNITY CENTER

### Motorcoach Trips

*Food Lovers Tour of Fisherman's Wharf*  
*Tour, Wine Tasting and Lunch*

Wednesday, April 10, 2013 • \$116/person • 972-0336

### Safari West

*Guided Trek, Ranch Style Lunch, Aviary and Giraffes*

Tuesday, May 14, 2013 • \$137/person • 972-0336

### Feather Falls Casino

Monday, June 17, 2013 • \$15 get \$15 back • 972-0336

### Extended Tours

- Northern National Parks July 12-19, 2013 • \$2099 pp double
- Southern Italy & Sicily September 6-17, 2013 • \$3999 pp double
- New England Back Roads October 2-9, 2013 • \$2549 pp double

### MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am–5 pm

Registration Hours:

8:30am–4pm Monday–Friday

[www.morpd.com](http://www.morpd.com)

#### DISTRICT OFFICE

(916) 488-2810 • Fax (916) 488-4349  
3344 Mission Ave., Carmichael, CA 95608

#### MISSION OAKS COMMUNITY CENTER

(916) 972-0336 • Fax (916) 972-7371  
4701 Gibbons Dr., Carmichael, CA 95608

#### SWANSTON COMMUNITY CENTER

(916) 333-6464 • Fax (916) 488-4349  
2250 Northrop Ave., Sacramento, CA 95825



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# The Dow Jones is Lying

**Commentary by Sheldon Richman**  
 The Future of Freedom Foundation  
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The Dow Jones Industrial Average (DJIA) is at a record high, and the unemployment rate has ticked down to 7.7 percent, but this is no time to celebrate. The economy is still in the doldrums.

A little perspective: The news media trumpet changes in the Dow as though it tells us almost all we need to know about the economic fate of the American people. That's nonsense. Not everyone thinks the arbitrary index of 30 busily traded blue-chip stocks is terribly relevant to gauging the condition of the economy. Moreover, the

average, which reflects the daily change in the companies' stock prices, is not adjusted for inflation. In nominal terms the Dow hit a record high of 14,447.29 this month. But in real adjusted terms, the average is only at the level reached in the year 2000. In other words, if you invested in the companies that year, you're no richer now, because the dollar has depreciated thanks to the Federal Reserve. That doesn't sound so remarkable.

Fixation on the Dow might encourage neglect of other, less upbeat economic indicators. While the DJIA soared, the unemployment rate dropped to only 7.7 percent last month, which is disturbingly high, especially when you consider that the Great Recession officially ended more than three and a half years ago. Even better light is shed on the employment picture by

looking at the civil employment-population ratio. According to the Bureau of Labor Statistics, before the recession the rate was over 63 percent. During the recession it hit a low of slightly over 58 percent and has barely recovered since. (In the late 1990s it was close to 65 percent.)

In light of such dismal signs, how are we to account for the stock market? The Federal Reserve is working hard to keep key interest rates close to zero. The Fed has bought hundreds of billions of dollars in long-term government securities ("Operation Twist") in order to lower the return from such investments. This drives money seeking a bigger return into the stock market and commodities. If this explains the run-up in stock prices, it sounds more like a bubble than a marker of

returning economic growth.

The government and its central bank, in fact, have done virtually everything wrong if their intention was to put the economy on a sustainable path to prosperity. The recession was caused by distortions created by government housing and monetary policies. Instead of backing off and letting the economy realign with real economic factors, the Obama administration and the Bernanke Fed seem intent on reinflating the pre-recession housing bubble as well as inflating a new stock-market bubble. (The Fed has also been buying up mortgage bonds from banks to help stimulate housing sales.)

This is a dangerous path. By definition, such artificially induced frenzies cannot be sustained. When officials get nervous and pull back, the bubbles will burst and the economy

will be back in recession. Even if employment gains are made during the apparent recovery, they will be short-lived, and the unemployment rate will turn up again. This government policy, therefore, is a cruel hoax on workers who were harmed by the earlier recession, who have struggled to get back on track, and who are now being set up for a reprise of their misery.

The architects of this shameful program are would-be social engineers who think they can design something as complex as a modern industrial economy. Such conceit should be obvious to all. Simply put, it is impossible for politicians, bureaucrats, and economic advisers to acquire the knowledge they would need to possess in order to accomplish what they say they want to accomplish. The knowledge most vital for smooth-running

markets is not aggregate statistical data available to government agencies. Rather, it consists in the subjective preferences of consumers, the expectations of producers, and the radically decentralized and dispersed information about resources, technologies, and techniques. The market's price system captures and conveys this information in a way that government operatives could never dream of. In fact, compared to the collective wisdom of the market process, politicians, bureaucrats, and economic advisers are dismal ignoramuses.

It's time they learned some humility and let us alone.

*Sheldon Richman is vice president and editor at The Future of Freedom Foundation (www.fff.org) in Fairfax, Va.*

## Local Meeting Notices

### Organic Gardening

April 5, 2013 - the Organic Gardening Club of Sacramento County meets at Carmichael Park Administration Building, Room 1, 5750 Grant Avenue, Carmichael, 10 a.m. This week, we will leave at 10:30 a.m. on a tour to Rudolph Steiner College Gardens, hosted by Mr. Harold Hoven. Call 916-635-6724 for information.

### Society of Military Widows

April 6, 2013 - The Society of Military Widows, Sacramento Chapter #5; meets at Lions Gate,

McClellan Park at 11:30 a.m. Reservations are required for lunch; please RSVP. Luncheon will be followed by speaker John Holloway on "Packing Light for Easy Travel". Call 916-635-6724 for information.

### California Citizens for Health Freedom

April 11, 2013 - a free lecture, "Death Begins in the Colon" presented by Michael J. Kwiker, D.O. The meeting is at the SMUD Auditorium (the old SMUD building), 6201 S Street, Sacramento, from 7 - 9 p.m. Call 916-635-6724 for information.

## Student Participants Sought for 38th Annual California Federated Republican Women Advocacy Workshop

SACRAMENTO REGION, CA-(MPG)The Sacramento Republican Women Federated (SRWF) is seeking applications from high school students interested in attending their annual advocacy workshop on April 9th held at the Sheraton Grand Hotel, 1230 J Street in Sacramento.

This non-partisan advocacy workshop encourages students to visit the Capitol after the workshop and to schedule appointments with their Assembly and

Senate members so they can ask questions regarding current bills or other concerns they may have. Student registration, morning refreshments, and lunch are paid from personal donations collected from the SRWF members.

Students will be responsible for their own transportation to and from the Sheraton Grand Hotel. More information and a copy of the agenda will be forwarded to the student or teacher once students have filled out the

registration and parent consent forms. For more information on how to participate please contact Karen Klinger at 916-712-8889.

Sacramento Republican Women Federated is the largest Republican Women's group in the Sacramento area. Chartered as a National Federation of Republican Women Club in 1932, we educate women in Republican principles, increase the effectiveness of women in the political cause and are leaders in our community.



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"Poppy Glow", by Maria Porter, Best of Show 2012 "Awash With Color".

**"Awash With Color", WASH Inc., or Watercolor Artists of Sacramento Horizons, presents an annual members' watercolor show.**

April 2-20, 2013. Juried by Patricia Osborne.

"Awash With Color" will be a display of members watercolor paintings. Over 100 watercolors are expected to be displayed. Special 2nd Saturday Reception with live music, April 13, 2013, 5:30-8:30 pm.

**Painting Where The Wild Things Are**

On Saturday, June 8th, 2013, the American River Natural History Association (ARNHA), will join with The Sacramento Fine Arts Center to present the fourth annual **Painting Where the Wild Things Are**, an art show, auction and gala celebrating interpretations of local nature subjects. This event brings together art patrons, philanthropists, artists and nature-lovers for what has become the most important fundraiser of the year for the Effie Yeaw Nature Center, a non-profit education and visitor center operated as a community service by ARNHA. The artwork accepted for **Painting Where the Wild Things Are** will be on exhibit at the Sacramento Fine Arts Center in Carmichael from May 7 - 25, 2013. 2nd Saturday Reception & Awards May 11th, 5:30-8:30pm (awards at 6:30pm). For information on the Art Show contact David Peterson at aquacolorist@yahoo.com

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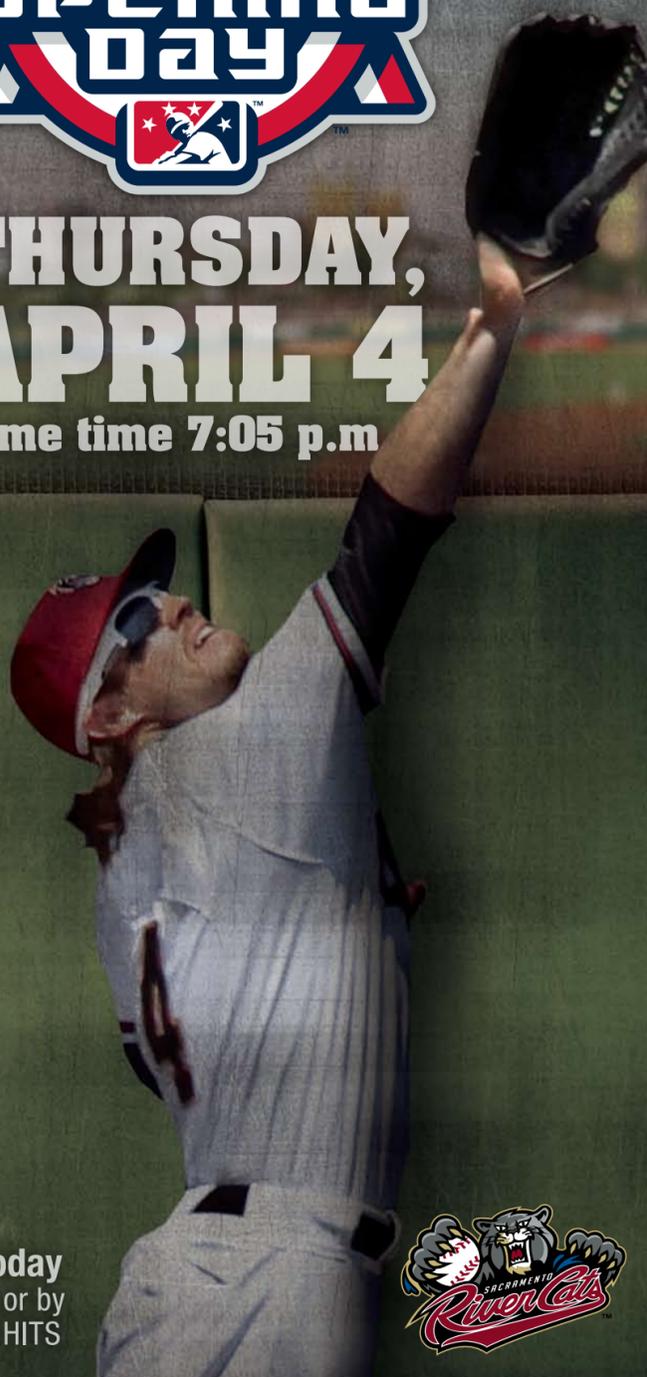
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# Pastor Joe: The Challenges of Making a Comeback in Life

By Julie Parker

SACRAMENTO REGION, CA- (MPG) The 1300-1400 blocks of C Street in Sacramento is an encapsulated thoroughfare for the displaced and disadvantaged.

One of the neighborhood organizations offering assistance is Safehaven Ministries of Sacramento, Inc., where "Pastor Joe" Talancon is the senior chaplain. "There are a lot of groups who come out here, drive up with food and clothes, and leave. But, they're not hanging out, building relationships."

Talancon knows the challenges of making a comeback in life. His parents were "swingers" and drug use was a constant in his Fair Oaks childhood home. "I like to say I grew up in the devil's den."

He was evicted from Bella Vista High School, then La Vista (a continuation school) for getting high and stealing. He overcame the addictions of drug, alcohol, and smoking, and survived three divorces.

He joined the Army to get healthy, serving five years in Germany, and a year in Fort Riley, Kansas. "In Germany I was still getting high.



Pastor Joe making good on his covenant. Photo by Julie Parker.

They didn't test for acid."

After his father died of cancer, his mother was diagnosed with multiple sclerosis and her parents took her into their home. When Talancon learned that his grandfather had been molesting her, he took her out, and cared for her until a convalescent home became necessary.

"I was back in the streets, running hard; back to what I was in before I joined the Army.

"I decided at the age of 37 that I was done. I went to bed for a month, got rid of everybody in my life, and ended up getting clean.

"A month later, my third wife acknowledged she had

a problem with alcohol and codeine. She went through the Kaiser outpatient program and got clean. About six months later, she became pregnant with my only child, a daughter. In 2005, she got really sick. Got her to the hospital on Friday. On Sunday, she died from sclerosis and liver damage.

"I made a covenant with God that if he would take better care of me - my diabetes was out of control and I was overweight - so I could raise my daughter (who was seven at the time), then I would go the streets and preach to the homeless."

In 2002, he bought a clutch shop, but his employees ran it. "I was gone for almost a year spinning out of control - not getting high or anything - just not knowing if I was coming or going."

Meanwhile, Pamela Jaspar, a woman who sang with him in a community choir, invited him to join her and a minister to feed the homeless. The two began seriously dating.

He returned to the shop. "It supported the ministry to feed the homeless. We fed about 350 out here every Saturday."

He also set up a church in the shop for about six months. "The beams have metal

crosses throughout the shop."

The shop, however, wasn't succeeding at the necessary level, so he walked away from it. He and Pamela married, but his tow truck business went under. "I was making money here and there, helping at shops, working cars, or helping with recycling appliances. Pamela was working full-time and putting up with me.

"I was taking food, clothes, furniture to people who were just getting into apartments and didn't have anything. I even had a food closet in my mother-in-law's garage in South Sacramento. There were bakeries who gave us bread. We did that for about a year."

In addition to serving as community chaplain with the Sacramento Law Enforcement Chaplaincy (providing death notifications for the coroner and other agencies after suicides, murders), he now has an office through which he can provide assistance and ministry to those who need it most.

"This last year, we had almost 500 breakfast burritos on Christmas morning, and we had 35 sleeping bags to give away, but 200 people. Since we've been out here, we haven't seen any fights in our lines. If they

didn't need a sleeping bag, they gave it back and took something else - beanie, pair of gloves, scarf, blanket, or jacket. Instead of being greedy, they shared with each other. It took years to get to that point. I've seen stabbings in lines, fist fights. You've got to be able to reassure them that there's enough, and that we'll be back.

"We also work with Interfaith Council. They have donated close to 3,000 sleeping bags in the last three years.

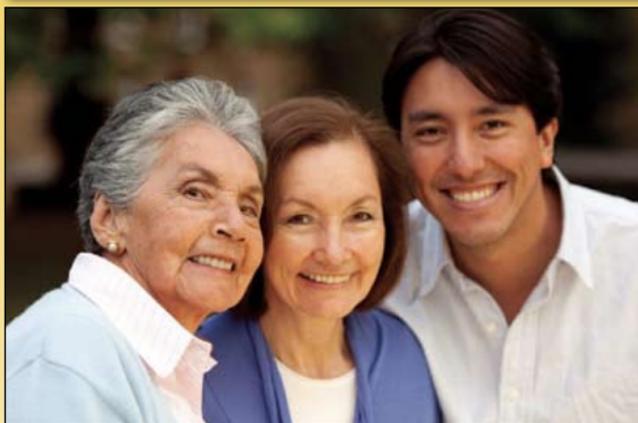
"We want churches throughout Sacramento to accept the homeless into their churches on Sunday; to bus them out and back. If we expect our homeless to become mainstream acceptable, we have to show them that they're acceptable to us.

Safehaven also supports the business community with Third Thursday Business Breakfast for Sacramento Marketplace Christians from 7:30 a.m. to 8:45 a.m. Their last speaker was Cassandra Jennings, Kevin Johnson's senior advisor.

Donations would be appreciated for the upcoming Easter services. Safehaven Ministries of Sacramento, Inc. is located at 1400 North C Street and can be contacted at (916) 290-6697.

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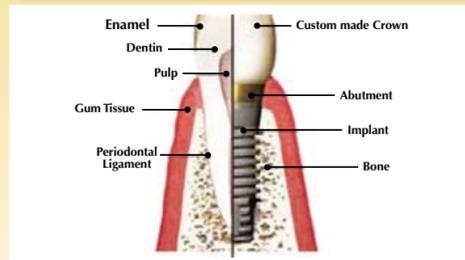
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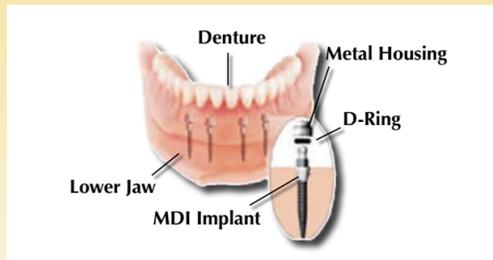
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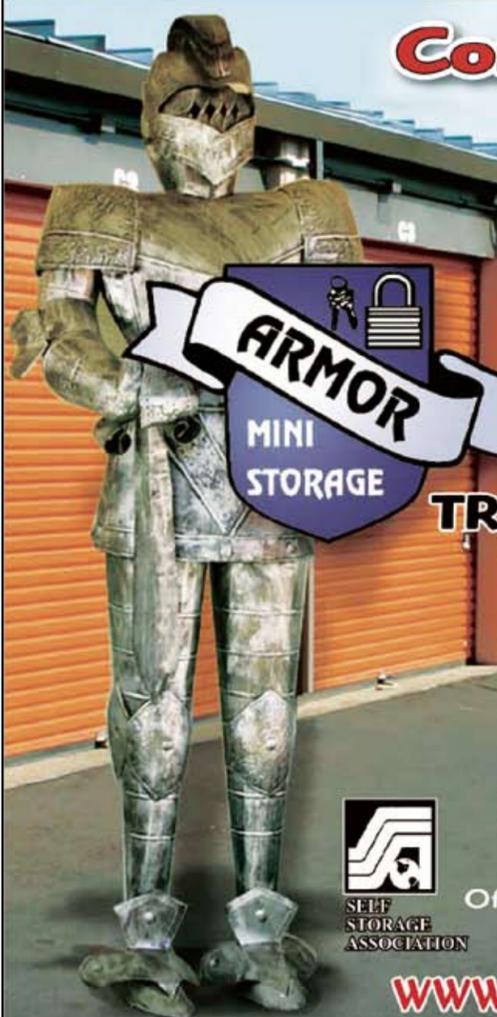


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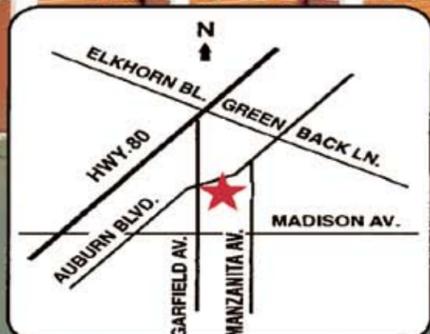


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