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# Carmichael Times

Volume 33 • Issue 11

Serving Carmichael and Sacramento County since 1981

March 13, 2013

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# A Gem of a School



William Gable and the California Institute of Jewelry Training celebrate 34 years of excellence. All photos courtesy of Wendla McGovern-Duncan.

By Wendla McGovern-Duncan

CARMICHAEL, CA—(MPG) Nestled between Windmill Way and Winding Way in Carmichael, the California Institute of Jewelry Training ("CIJT") is an oasis of creativity and a gem of a resource for would-be jewelers. When you walk into the school the first thing you notice will be the curved blonde oak display cases holding everything from jewelers' tools through multi-colored cabochons of semiprecious minerals. Further on another set of curved display cases, like layers of a luminescent pearl, showcases gleaming, elegant jewelry created by the school's students and teachers. There is no better advertisement of what the school can teach and what the students can achieve! For 34 years the school's reputation has attracted local, national, even international acclaim for training outstanding jewelers, jewelry designers, gemologists, jewelry appraisers and retail personnel for the trade, as well

as assisting in project management for international schools.

CIJT offers the community many useful services. The school provides custom jewelry design and jewelry repair in gold and silver, and is well-equipped to clean and polish the dingiest jewelry and gems. Since jewelers are often called on to accomplish such tasks, or even to change watch batteries, the school welcomes jewelry design, repair and cleaning work in order to allow the instructors to demonstrate these skills to students. There are also on-site jewelry and gem appraisal services. Periodically, Saturday workshops exploring various jewelry-making techniques are held, and studio time is available for those who wish to come by and do some work. The school's Executive Director, Dee Rouse Huth, points out yet another possible option: "Couples about to be married can come in and take a mini-workshop and make their own wedding rings."

Before launching CIJT, Huth had numerous jobs in the jewelry field. She has been employed as a sales representative for a

wholesale jewelry company. She started designing and creating jewelry and later sold rough turquoise to American Indian jewelers for Nevada miners; sold gems, precious metal, tools and supplies to local jewelers; and eventually operated various jewelry stores. By the mid to late 1970's, Huth was organizing jewelry-making classes at her retail store, Dee's Jewelry Supply in Carmichael, for American River College enrollees.

While she was operating her store, Huth wanted to hire qualified technicians to repair

jewelry and teach jewelry classes but had great difficulty finding trained applicants. She contacted other jewelry stores and discovered that there were few jewelers in the Sacramento area. Most stores that offered jewelry repair had to send their repair work to trade stores or outside of the Sacramento region. Since there wasn't a jewelry training school in the western U.S. in 1978, it was difficult to locate trained personnel.

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Dee and Mel Huth, CIJT owners. Photo courtesy of Wendla McGovern-Duncan.

## County Fair Becomes Self-Supporting

SACRAMENTO REGION, CA—(MPG) When Pamela Fyock became chief executive officer of the Sacramento's County Fair last year, she said her goal for the 2012 event was to make the event self-supporting.

Not only did the 2012 Fair become self-supporting after losing State funding in 2011, but attendance shot up by 40 percent, surpassing all previous records in its 77-year history. Eighty eight thousand people attended the 2012 Memorial Day Weekend Fair.

According to Fyock, the annual County Fair is drawing increased attention across the region as progress is being made to make the event more relevant to today's urban children and families.

"In 1939, when the Sacramento County Fair first opened, FDR had just been reelected to his second term, the average California family income was about \$1255 a year and McClellan Air Force Base had just opened. It was absolutely critical that we re-think how we could integrate fresh, relevant educational exhibits about the region's agricultural history into the fair's attractions," said Fyock.

According to Fyock, one example of the progress being made in this arena is the County Fair's "Farm Garden in a Wheelbarrow" program. "There's no better time and no better place to educate children about the 'Farm to Fork' agricultural movement than in the formative years in grades Pre-K through 6," she said.

This project gives students in Sacramento County public, private and home school classrooms a cost-free opportunity to compete for prizes by planting, maintaining, and harvesting their own garden.

There's not even a need for a plot of land to enter this year's competition.

Students and teachers can get all the supplies they need, including soil, a wheelbarrow, seeds and even class curriculum materials to grow a winning exhibit from Sacramento County Fair office. This is another record, 180 teachers have signed up to grow a Farm Garden this year.

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# Forgotten Warriors are Community Minded

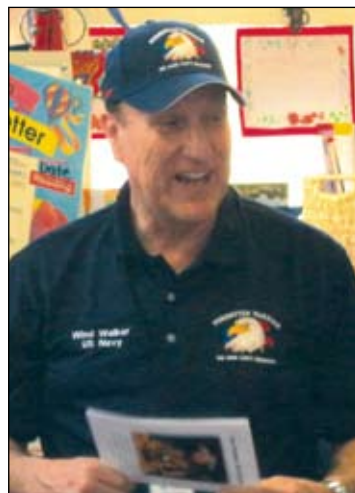
By Julie Parker

SACRAMENTO COUNTY, CA—(MPG) As Wind Walker stood in line at the 99 Cent Only Store, he noticed the woman in front of him purchasing a large number of school supplies.

"I asked if she was buying out of her pocket, and she said 'yes.' I told her, 'We'll bring you books.'"

True to his word, on February 28, 2013, Holly Smith's second grade class at Main Avenue Elementary School in Sacramento was visited by Walker and a crew of retired combat veterans from Forgotten Warriors. They brought several books, thermometers, blood pressure kits, coffee for the teachers, and cookies for the kids.

The veterans answered



Wind Walker. Photo courtesy of Forgotten Warriors

students' questions, including the story behind the colors of the flag.

Walker recalls, "One of them asked, 'Why are you here?' I said, 'We're here because of

you, because you're the foundation of this country. We want you to know that we'll always be here to protect you.

"One student had a father who was hurt in the military, and is no longer in the service. I said, 'You tell him we said, 'thank you.'"

"The whole idea is to show that even though we're all veterans, we're also community minded, and we hope to get other non-profits to start working together, because community is where it's at."

Forgotten Warriors is a non-profit organization who has been serving veterans in the greater Sacramento area for over five years; a full-service volunteer action center staffed by veterans.

"American Legion and VFWs aren't really supporting the local veterans," says Walker. "They're

national. We have to focus on community. Twenty-five percent of the homeless here in Sacramento are veterans.

"Veterans are proud people who pay their bills, but don't eat. I met a veteran the other day who's been homeless ten years. Ten years! I don't get it. If somebody could just guide him, get him on a healthy diet, a healthy way of thinking, and coach him. Change his attitude. He believes nobody cares. He believes the VA doesn't care about him.

"I'm kicking in doors at the capital. I just testified at the Little Hoover Commission [investigates state government operations]. They're talking about money, statistics, and big agencies, but they don't have a hands-on approach. Not one agency brought a veteran. I

brought four."

Forgotten Warriors assists the disabled, homeless, hungry, elderly, and those veterans who need medical aid, including P.T.S.D.

"We teach a re-thinking program. We don't believe in psychotherapy or drugs." Instead, they offer traditional naturopathic healthcare, a certified life coaching program, meditation, and yoga.

"We support veterans with animals, too, giving them food for pets and vet bills."

They are collaborating with local businesses and corporations to hire those who are qualified for jobs, and the organization has a part-time weekend employment program for qualified veterans.

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# Sacramento County Fair Becomes Self-Supporting



Yes, Deere! Kids will have a great time at the fair. Photo provided by Sacramento County Fair

the Farm to Fork Capital of America," says Fyock.

Using the materials provided by the County Fair, teachers create a hands-on, interdisciplinary experience for the children with a free, low-tech portable "wheelbarrow" garden. The curriculum guide offers a unit on plants, observation and journal writing tips, sample classroom experiments, and even research materials to help students learn about beneficial insects.

This year, the Sacramento County Fair will fund 180 Pre-K through 6th grade classrooms for this project. Each classroom is invited to display their wheelbarrow garden at the Sacramento County Fair where it will be judged. The top three gardens will be awarded prizes given directly to the classroom for further enrichment in the learning place. Each student receives a participation ribbon. Fyock went on to say "your first Fair ribbon is always the most special."

According to Fyock, the County Fair is actively seeking sponsors to assist with the funding for this program. "The County Fair has become an important Memorial Day event for parents and children. It offers visitors a patriotic way to acknowledge the region's agricultural heritage



Memorial Day magnet event for region's students, parents and visitors. Photo provided by Sacramento County Fair.

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"Up from 73 teachers when Fyock took over the Fair." We work to get new teachers involved each year. The County Fair's Wheelbarrow program is designed to focus teacher, student and parent attention on the fundamental role that healthy food choices make in children's lives.

"This is a program that helps children translate the buzzphrase 'Farm to Fork' into a real, hands-on learning experience. It's a fun-filled educational project that enables urban young people to appreciate the benefits of healthy, locally grown food. No where is this more important than in Sacramento County,

and an educational alternative to more costly, crowded weekend events. We're hoping businesses recognize Fair sponsorship opportunities an excellent chance

to demonstrate their commitment to education," she said.

Restaurants, food service supply companies, organic farming, sustainable agricultural and

gardening enthusiasts are encouraged to contact the Sacramento County Fair at (916) 263-2975 or e-mail pamealfyock@sac-fair.com to learn more about

sponsorship opportunities. This year's Sacramento County Fair will be held May 23-27 at Cal Expo.

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To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@CarmichaelTimes.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 916-773-1111.

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- News Services: Whiskey & Gunpowder • StatePoint Media • NewsUSA • PRWEB NewsWire • North American Precis Syndicate • Blue Ridge Press • ARA Content • California News Service • Family Features • WorldNetDaily
- Photography: Amanda Morello • Susan Skinner

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# California Institute of Jewelry Training is a Gem of a School

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Huth had already started teaching hobbyist classes at Dee's Jewelry Supply in cooperation with American River College, so the need for a local jewelry training school and her experience in the jewelry field were a perfect match. She won a government grant to launch CIJT, the first jewelry training school west of the Mississippi River, in 1979. Student placement was excellent, and many students from the first graduating class 32 years ago are still practicing jewelry-making and have hired CIJT graduates from later classes.

By 1981 the school had become successful. Jewelers were very pleased with the caliber of CIJT graduates that they have hired. Since that year the school has continued evolving to meet the demand of the local community and the jewelry industry. Huth comments, "Over the years our graduates have had a high job placement rate. We also get calls from employers about job openings at their stores from all over the country." Self-employment is another option. "A lot of our students attend with the goal of starting their own jewelry studios, so we help them get set up after they graduate," says Huth. "Also, many retirees seek supplemental income or new careers. After retiring from the military my husband, Mel, became a gemologist and now teaches here."

A student can be almost any age to learn the jewelry trade. The school's youngest student, a 16 year old homeschool student, recently enrolled. Their oldest student was a 75 year old man. "After two months of training at the school this man had to undergo hip surgery," says Huth. "It was amazing that he came back to the school in only a few weeks after surgery and went on to complete one of the jewelry-arts programs." This is just one illustration of how many CIJT students have become dedicated to the school. Students have traveled many miles locally just to attend. William ("Zack") Gable,



Instructor David Preston inspires new students. There are few schools that offer hands-on and a personal education in a very independent setting. All photos courtesy Wendla McGovern-Duncan.

a CIJT graduate employed by the school as a jewelry repair technician, has driven all the way from Oroville almost every week for years, as well as doing freelance work from his shop in Oroville.



Many former graduates and jewelers send their children to CIJT to follow in their parent's footsteps. Some of the school's recent placements include Tyler Smith of Smith's Jewelry in Danville, who joined the family business, and a few months later Melanie Seeburger Sheriff, also joined Smith's Jewelry. Graduates have

been hired by Jarad's on a regular basis. Other employers include veteran jewelry makers like Todd Sullivan, who does amazing work for Skalet Family Jewelers in Old Sacramento. Sullivan also did custom work for Syd Curtis and the manufacturing company of Bagley/Hodgekiss in Santa Rosa. Then there is Ropers in Auburn and many, many jewelry stores throughout the years who are owned by or employ graduates from the CIJT Jewelry Arts, Gemology, or Appraisal programs.

"Students are with us for 95% hands-on-training and because of this intense training our graduates are in such demand," says Huth. "When students have any setbacks, we keep them going until they work through it (within reason, of course). A school with a date specific start and end date does not have the luxury to do this, within reason, of course."

One former student, John White, is so enthusiastic about CIJT that he has assisted the school at outreach tables at gem fairs, career fairs and the

California State Fair, and even after moving to the Bay Area he continues to assist the school from time to time. He summarizes his experience at CIJT: "As much as I have looked around the U.S. there are few schools that offer hands-on and a personal education in a very independent setting. I plan to take what I have learned and forge a career that I can cherish and that nurtures me. 'Find a job you love and you never work a day in your life.'"

Another CIJT graduate, Margo Konikoff, has launched her own jewelry design studio at her home in Suffern, New York. At her first show in New York city, she sold 12 pieces of custom designed jewelry. After completing the six module Jewelry Arts program, Konikoff spent 6 months as a CIJT apprentice, which she feels contributed to her success. She currently works with Leon Mege at "the Art of Platinum" in NYC.

Because jewelry making is an uncommon skill, the school has attracted students and employers from across the U.S and

other countries. Students have traveled from Mexico, Canada, Japan, China, India, Sweden and Brazil to study at CIJT. Jewelry trade skills have been in such great demand that over the years Huth has been asked to help set up schools and programs in other countries. Huth assisted in founding the India Institute of Jewelry Training in Mumbai, India in 2004. "My experience in the jewelry industry education has resulted in contacts from around the world requesting my assistance in setting up schools



and programs similar to what we offer at CIJT," she states.

In 2003 CIJT became one of the licensed teaching centers for the MasterValuer Jewelry Appraisal program. According to Huth, this program is recognized as the number one appraisal training program in the world. In February of each year, CIJT hosts an annual jewelry appraisal forum with professionals throughout the country participating on a panel, solving issues and developing appraisal protocol so as to be consistent with the jewelry industry. This year the annual forum held in Tucson, Arizona in February was extremely popular, attracting 90 attendees.

To become a jewelry appraiser a student is required to become certified in gemology, which is the study of gemstones and their properties. According to gemology instructor Mel Huth, who is certified by the British Gemological Association and the Canadian Gemological

Association, "A gemologist is like a detective. By using a process of elimination, a gemologist can identify gems and where they come from." He continued, "The properties of gems might not change much, but how we modify them does." Certificates of success in testing are offered by the Canadian Gemology Association, but CIJT does not offer degrees or certification, only Certificates of Completion.

He points out that there are many employment opportunities for gemologists worldwide – a gemologist doesn't have to become a jewelry appraiser. Opportunities include the selling and buying of gems, working for a mine, working for a manufacturing company, or working with appraisers. Other possible employers are auction houses and estates for identification of gems, as well as the U.S. Department of Immigration (Customs). Internationally, gemological schools always need qualified instructors.

CIJT has now expanded its local influence to include grade school students. Last summer, the school offered a 12 week summer course in jewelry making and gemology at the Vision Charter School in Carmichael. "This February we are teaching a 6 week program there," says Dee Rouse Huth. "During this course students will learn the history of jewelry making, will choose stones, learn to polish them and then create a piece of jewelry."

As an early CIJT brochure comments on jewelry making, "It's a profession that is 25,000 years old and still growing." Here at CIJT students can learn, then eventually flourish and contribute to this ancient yet modern profession.

The California Jewelry Institute is located at 5805 Windmill Way, Carmichael, CA 95608. For more information call (916) 487-1189 or visit [www.jewelrytraining.com](http://www.jewelrytraining.com)



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# "Gibbons Girls" Celebrate Great Ages

By Susan Maxwell Skinner

CARMICHAEL, CA – (MPG) A Carmichael street named for their family leads to where the old Gibbons home once stood in rustic splendor.

A lifetime ago, sisters Laverne, Roberta, Elsie and Betty Gibbons romped here among 60 acres of almonds, prunes and cherries. Their hard working father Bob later added dairy cows to the farm and established the Gibbons dairy, once a Carmichael landmark.

The farm was eventually built out by countless homes and La Sierra High School. But three Gibbons sisters (Laverne died 18 years ago) soldier on. Smiles that made them popular kids in a rural community -- inhabited by only a few dozen families -- are unchanged. The sisters live in the Carmichael and Arden areas and enjoy frequent reunions.

They laugh about driving to Del Paso Boulevard to buy ice for refrigeration; then hauling a 50 pound chunk home roped to the front bumper. They smile at the memory of Gibbons Drive: a wash-board bumpy path through open fields of wildflowers. "We picked bunches of them as we walked home," remembers Roberta Gibbons Oldham. On dusty Sutter Ave, the quartet known as the "Gibbons girls" attended Carmichael's oldest school. They played violins in the school orchestra and enjoyed community picnics by the pump house on the river end of Landis Ave.

Roberta remembers ominous 1929 news: "Mother said: 'the Stock Market crashed today.' I had no idea what that meant. We soon learned. It was horrible." In the dark Depression years, the family counted itself fortunate. "We had plenty of food, with a garden, cows, fruit trees and chickens," recalls Roberta. "Dad bought grain and hand-ground it



Descendants of one of Carmichael's pioneer families, the Gibbons sisters are (left) Roberta Oldham (96), Elsie Cosans (94) and Betty Schei (92). The nonagenarians reunited to celebrate Elsie's recent birthday. Photo by Susan Maxwell Skinner

for cereal. We sold some for 20c a pound."

Carmichael families traded when cash and food was short. After school and during vacations, the Gibbons girls labored in the orchard and on the almond huller," Noted Roberta: "Children learned to work and that was good. On Sundays, we rode

horses with other farm kids. That -- and the swimming and wonderful picnics -- were outstanding pleasures of my childhood. Someone would make a cake and lemonade; it didn't take much to create a party then. Growing up in Carmichael was a great experience, for which I am thankful."



By Pastor Rich Reimer

It's just been days since the astounding news that Pope Benedict XVI is voluntarily resigning. Now we're hearing reports that this resignation might partially be motivated because of yet another report of priests behaving badly.

Followers of Christ have been causing Christ pain by behaving badly since the Apostle Peter's swift and impulsive strike with his sword cutting off the right ear of Malchus, a slave of the high priest, on the night of Jesus' arrest in the Garden of Gethsemane. See John 18:10.

# "The Peter Principal"

Jesus quickly reprimands Peter and heals Malchus' ear. Peter was behaving badly at that point in time. Both his thoughts and actions were out of line with God's will and purpose.

Christians take hope in the truth that Jesus loved both Peter and Malchus equally. Jesus' love for Malchus was expressed in the immediate healing of his ear. Can you imagine what Malchus told his wife when he came home from work that night? Jesus' love for Peter was expressed in public rebuke and forgiveness. For the rest of the day Peter followed at a distance and eventually denied Jesus three times. But even after all of that Jesus came back to Peter and restored him and commissioned him to a life of greater service. See John 21:15-22.

No one is immune to behaving badly at times. On the news after the last election was Governor Bobby Jindal chastising his own political party publicly for saying and doing "stupid" things;

behaving badly. Jesus knows that his followers will inevitably cause him pain and tarnish his reputation, but he doesn't excommunicate us. Rather he lovingly corrects us and then forgives and restores us.

Wouldn't it be great if Jesus healed all harmful consequences resulting from our bad behavior just like Malchus' ear! But, alas, it only happened then. Therefore, we must constantly think about the possible consequences of our behavior and speech. Better yet is to speak and act in a manner worthy of our Christian profession. Like the old slogan says "If you were arrested for being a Christian would there be enough evidence to convict you?"

Reverend Richard Reimer,  
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## What Filing Status Should I Use?

Why should we care about the filing status? People generally think of the amount of taxes we pay that will be different from one filing status to another which is correct. The filing status can also affect the tax benefits such as credits you may get for example if you have a child and you file as head of household.

I may add some people know this game too well. A husband and wife file separately and split the children and instead of married filing separate, getting no benefits they erroneously file head of household, thus getting double the refund. Now they become subject to an IRS audit.

In such tax audits the taxpayers always end up owing back taxes and have to find a way of paying those back taxes, whether through installment agreement or some kind of an offer in compromise. If they don't, they may be subjected to IRS big guns and intrusive collection actions such as bank levies or wage garnishments.

So choosing the correct filing status is important and because it may impact the dollar amount that you may have to pay or the refund that you may be getting; it may even decide if you should file a tax return or not.

The IRS says the most common filing status is single. A crisis of qualified bachelors? The next

couple is married but decides to file married filing separate each one must file married separate. Typically you will include your wife's name and her social security number on your tax return if you are married filing separate. A lot of clients hesitate when I ask for wife's social security and ask why. We include the wife's information, first because the form asks for it, and secondly the IRS needs this to make sure that you are not claiming some benefits twice, when it should only be claimed once, had you filed married filing joint.

**1. Married Filing Joint.** You are considered to be married filing joint if at the last day of the year you are married. You are then considered to be married filing joint for the whole year. For example if you just got married on December 31 (the last day) you are considered to be married for the whole year and you and your spouse can file together as married filing joint. If your spouse died during the year you can still file as married filing joint for that year.

**2. What Filing When More than One Filing Status Can be Chosen.** If you have a choice between one status and another the IRS says it is okay to choose the status that gives you the most dollars.

**3. Single Filing Status.** This status applies if you are not married or separated. Sometimes you can file single even if you are married, if you have been separated from your spouse for, say, one year.

**4. Married Filing Separate.** If a

couple is married but decides to file married filing separate each one must file married separate. Typically you will include your wife's name and her social security number on your tax return if you are married filing separate. A lot of clients hesitate when I ask for wife's social security and ask why. We include the wife's information, first because the form asks for it, and secondly the IRS needs this to make sure that you are not claiming some benefits twice, when it should only be claimed once, had you filed married filing joint.

**5. Head of Household.** This category is reserved for a single person who maintains a home for his or herself and a dependent or a qualifying person.

You can find more information on IRS Publication 501.

**Summary:** Filing status is important. It impacts the amount of money that you will owe the IRS or the refund, and may even impact the need for filing.

Dean has 30 years experience as a CPA and tax consultant and he is currently on two radio shows. He is the managing director of National Financial Advisors (NFA Tax Help), a national firm headquartered in Houston. He is also a Chartered Financial Consultant and Chartered Life Underwriter. He consults exclusively on tax matters particularly tax audits and tax collections at both the federal and the state levels



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## Widowed Persons Association of California, Inc.

**Office Hours:**  
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916-972-9722

**Sunday Support**  
Any and all widows or widowers are invited  
Every Sunday from 3:00 pm-5:00 pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00-5:00pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by WPAC. Participants do not need to be members and there is no charge.

## The Mission Oaks Computer Club

will meet on Thursday, March 14, 2013 from 1:00 PM to 3:00 PM at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA. The meeting topic will be "Intel Corporation, What's New" presented by Intel's Tom Wynn.

A problem solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our website at [www.missionoakscomputerclub.org](http://www.missionoakscomputerclub.org).

## Sacramento Genealogical Society Meets

Saturday, March 16, 2013: **Genealogy Meets Technology** Root Cellar Sacramento Genealogical Society presents tech expert Thomas MacEntee speaking about technology, social networking, and unusual tools for family history research. Fair Oaks Presbyterian Church, 11427 Fair Oaks Blvd, Fair Oaks; 9:00-3:45; Fee. Pre-registration only, Contact Diane (916) 797-2523.

## Governor Brown Releases 2012 Judicial Appointment Data

SACRAMENTO, CA – MP Governor Edmund G. Brown Jr. today released applicant and appointee data for the administration's judicial appointments.

Since Governor Brown took office, there have been a total of 1,168 applicants for judicial appointments and 90 appointments. Women accounted for about one-third of the applicant pool and more than 34% of Governor Brown's judicial appointees. Approximately 34% of the applicant pool identified themselves as American Indian or Alaska Native; Asian; Black or African-American; Hispanic; Native Hawaiian or Other Pacific Islander; or Other/Unknown and 37% of Governor Brown's appointees were from

these groups in his first two years in office.

Like 2011, Governor Brown's 2012 judicial appointees included a number of notable firsts:

- Halim Dhanidina, the first American-Muslim judge ever appointed in California

- Jim Humes, the first openly gay justice to serve on the California Court of Appeal

- Miguel Marquez, the first Latino justice to serve on the Sixth District Court of Appeal

- Rosendo Peña, the first Latino justice to serve on the Fifth District Court of Appeal

- Chris Doehle, the first female judge to serve on the Del Norte

County Superior Court


- Kimberly Colwell, the first openly lesbian judge to be appointed to the Alameda County Superior Court

- Mark Andrew Talamantes, the first Latino judge to serve on the Marin County Superior Court

This is also the first time in the state's history that a Latino/a is serving on all six Courts of Appeal in California.

Under SB 56 and SB 182, the Governor is required to disclose aggregate statewide demographic data provided by all judicial applicants by March 1.

Source: The Office of Governor Edmund G. Brown



## SACRAMENTO SYMPHONIC WINDS

Bring the entire family to this spring concert entitled "Musician's Choice!" at the Crowne Plaza Sacramento Northeast.

**Sunday, March 17, 2013, 2:30 pm**

The Sacramento Symphonic Winds, conducted by Dr. Les Lehr, features flute soloist Maquette Kuper performing *Carmen Fantasy* by Georges Bizet. Other selections will include *Overture to Candide* by Leonard Bernstein, *Symphony #1, "The Lord of the Rings," I. Gandalf* by Johan De Meij, *Abbey Road: A Symphonic Portrait* by Ira Hearshen and more!

LOCATION: CROWNE PLAZA SACRAMENTO NORTHEAST, 5321 DATE AVE., SACRAMENTO, 95841 (On Date just north of Madison east of I-80 interchange)

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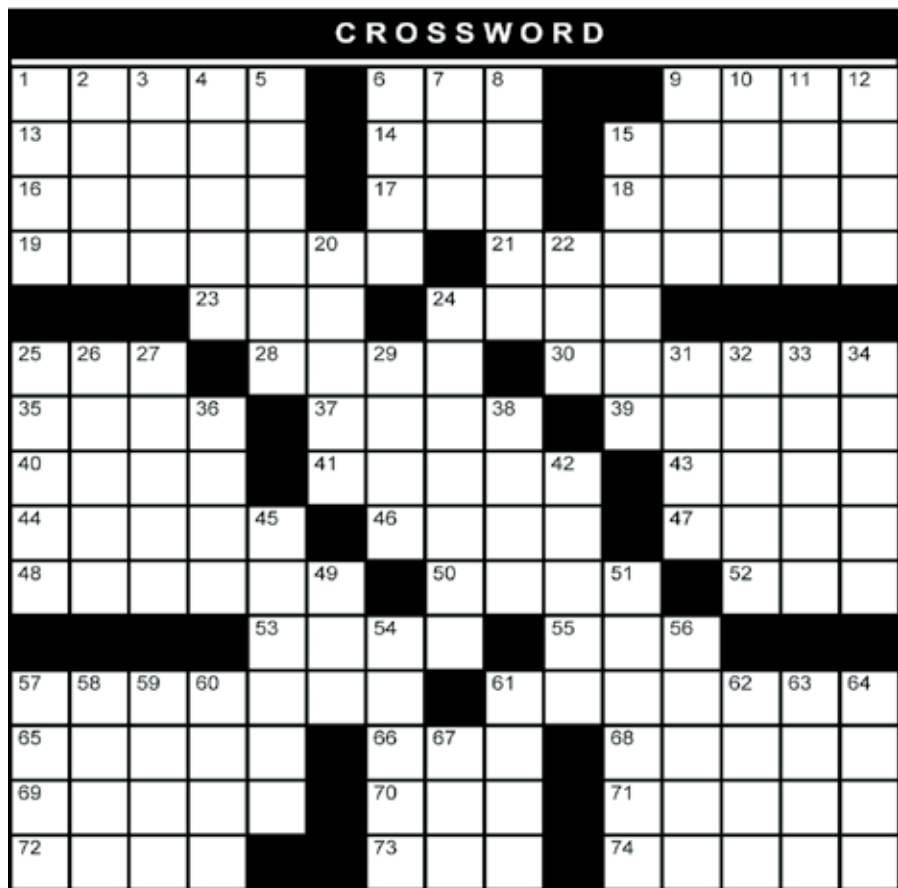
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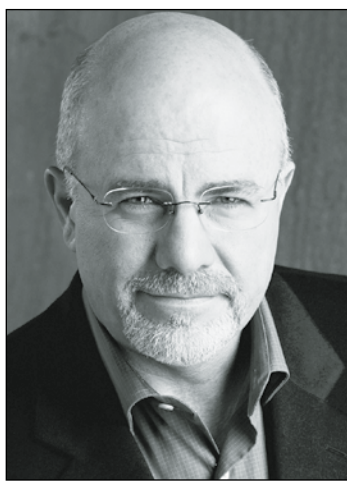
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CLUES

- |   |   |   |
|---|---|---|
| <p><b>ACROSS</b></p> <ol style="list-style-type: none"> <li>Old Toyota model</li> <li>Priestly garb</li> <li>"Yes, ___!"</li> <li>Shrek and Fiona, e.g.</li> <li>Neither</li> <li>"Dancing with the Stars" number</li> <li>Country alliances</li> <li>___Wan Kenobi</li> <li>Potter enemy</li> <li>"Sweet number</li> <li>"Some fill out more than one</li> <li>Mork's planet</li> <li>Kind of moss</li> <li>Company that loves logistics</li> <li>"The shot clock measures how much you have</li> <li>Loose Hawaiian unbelted dress</li> <li>Stanislavski's rifle, e.g.</li> <li>Persian backgammon</li> <li>Open disrespect</li> <li>Musician's time to shine</li> <li>Assumption taken for granted</li> <li>Lincoln ___</li> <li>Kindle download</li> <li>Senegal's neighbor</li> <li>Toward the lee</li> <li>Electric car maker, pl.</li> <li>Living quarters</li> <li>Short for abstract syntax tree</li> <li>Cher goes by one of these</li> <li>Refrigerator sound</li> <li>For spicing things up</li> <li>"Ultimate NCAA tournament destination</li> <li>Diver's lung</li> <li>Yes move</li> <li>One who tries</li> <li>Ups the stakes</li> <li>"A shot below the line is worth this</li> <li>Washer setting</li> <li>R in RIP</li> <li>He is</li> <li>"The Second Coming" poet</li> </ol> | <p><b>DOWN</b></p> <ol style="list-style-type: none"> <li>Boo-hoos</li> <li>Tangerine and grapefruit hybrid</li> <li>In the next month</li> <li>Right-hand page</li> <li>Declare with confidence</li> <li>Shakespeare's "at another time"</li> <li>Tennis shot</li> <li>Grease one's palms</li> <li>Painter ___ Chagall</li> <li>Every which way</li> <li>Competent</li> <li>Grain in "The House That Jack Built"</li> <li>Facebook ___</li> <li>Augmenting</li> <li>"VCU fans, " ___ Nation"</li> <li>Diffuse</li> <li>"16 seed over 1 seed, e.g.</li> <li>Investigate thoroughly</li> <li>Arias, e.g.</li> <li>Permanently disfigure</li> <li>"Championship record-holder</li> <li>Cabbage</li> </ol> | <p><b>ACROSS</b></p> <ol style="list-style-type: none"> <li>Prods</li> <li>Not fixed or appointed</li> <li>"This one is not for swimming</li> <li>Sub station</li> <li>"Many teams start season with "Mid___ Madness"</li> <li>"Last year's runner-up 49. Cul de ___</li> <li>Oppressively hot and humid</li> <li>"NCAA's Big Dance occurs in the third one</li> <li>Donny's singing sister</li> <li>Peter the Great, e.g.</li> <li>High school breakout</li> <li>Goes with ifs and ands</li> <li>Drive a getaway car, e.g.</li> <li>Fusses</li> <li>Fashion house founder Ricci</li> <li>Reason to cram</li> <li>Aphrodite's lover</li> <li>Be obliged to pay</li> </ol> |
|---|---|---|

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

What's the Difference?

Dear Dave,  
My wife and I make \$140,000 a year, and we're working on our debt snowball. We're almost out of debt, but we still have two small car payments and some credit card debt. She wants to get rid of the credit card debt but doesn't mind us having car payments. Can you help me understand this?

- Kelly

Dear Kelly,

I'm not sure I understand her thinking either. The car payments and the credit card debt are the same thing. They're both debt payments, and you're being charged interest on both of them. The only difference is that one is attached to a car and one's not. It makes about as much sense as saying you like Visa better than MasterCard.

Even if she has some strange hang-up about car depreciation, that argument doesn't hold water either. Cars go down in value whether you borrowed money to buy them or not. A \$20,000 vehicle will be worth \$10,000 in just a few years no matter what you do. A car payment won't keep it from depreciating or slow the rate of depreciation.

Sometimes people get burned out or tired of paying the price

Dave Says

to become debt-free. It can happen when you've been working on something for a while, and it seems like you're never going to get there. Sit down and have a gentle, loving talk with your wife. Find out why she feels that way about the car payments and where the root of the problem really lies.

She may just need some support and encouragement from the man in her life. Remind her how far you've come together on this journey, how close you are to winning, and how much you love her. You're too close to making your financial dreams come true to stop now!

- Dave

There's A Better Option

Dear Dave,

I'm 23 years old, and I was in the military for five years. While serving I received what is now \$2,700 in Series EE bonds. Should I keep them?

- Tammy

Dear Tammy,

If it were me, I'd cash them in and do my own investing with

the money. Series EE bonds have a very low rate of return. They don't pay much, and they're not good long-term investments. They're almost like keeping your money in a certificate of deposit over the long haul.

Investing is never a bad idea, and I know that may seem like a lot of money to you at the moment. But my advice is to cash out the bonds, find a financial advisor with the heart of a teacher, and invest the money in growth stock mutual funds with a good five- to 10-year track record. After that, get set up for auto-draft on your checking account and put at least \$50 a month into your new mutual fund. That's a much better plan!

- Dave

\*For more financial help, please visit daveramsey.com.

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	7			2
8			1	
1		5	8	7
	3	7		9
	8		6	
6		1	2	
7	6	4		5
		2		1
3			4	

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!

For Solution See Page 7.

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Announcements

Krista Louise Jones, will now be known as Zayne Louis Jones.

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FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-00761. Brian Gerard Quezada, 4179 Choteau Circle, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "Malachite Quills Publishing, M Quills" at 4179 Choteau Circle, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on January 29, 2013. Publish: February 20, 27, March 6, 13, 2013. MALACH 130203 3-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01209. Dimitri Godamunne, 1530 10th Avenue, Sacramento, CA 95818 is doing business under the Fictitious Business Name "Services for the Good; Services for Good" at 1530 10th Avenue, Sacramento, CA 95818. Filed with the Clerk of Sacramento County on February 13, 2013. Publish: February 20, 27, March 6, 13, 2013. SERVIC 130203 3-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01059. Delroy Murphy, 6404 Blue Vista Ct., Rocklin, CA 95677 is doing business under the Fictitious Business Name "Miracle Method" at 5750 Roseville Road #2, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on February 7, 2013. Publish: February 20, 27, March 6, 13, 2013. MIRAACL 130203 3-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01286. Greg Lomori, 3424 56th Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name "The Tax Offices of Greg Lomori; resolutetax.com; backtaxrelief.com" at 2016 Alhambra Blvd., Sacramento, CA 95817. Filed with the Clerk of Sacramento County on February 15, 2013. Publish: February 20, 27, March 6, 13, 2013. THETAX 130203 3-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01194. Andrey Stalmakov, 8090 Treecrest Ave., Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Golden Fleec" at 8090 Treecrest Ave., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on February 13, 2013. Publish: February 20, 27, March 6, 13, 2013. GOLDEN 130203 3-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-00769. Jonathon Edgar, 6609 Misty Creek Dr., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Abernant Minos" at 6609 Misty Creek Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on January 29, 2013. Publish: February 20, 27, March 6, 13, 2013. ABERRA 130203 3-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01138. Toni Jездизic, 5985 Adana Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name "ATO Floors" at 5985 Adana Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 11, 2013. Publish: February 20, 27, March 6, 13, 2013. ATOFLO 130203 3-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01063. Raymond E. Dare, 2013 Rushing River Court, Elverta, CA 95626 is doing business under the Fictitious Business Name "Sac Short Sale Pros" at 2013 Rushing River Court, Elverta, CA 95626. Filed with the Clerk of Sacramento County on February 7, 2013. Publish: February 20, 27, March 6, 13, 2013. SACSCHO 130203 3-13-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00138404 WHEREAS, Richard David Hernandez has filed a petition with this court for a decree changing name of Richard David Hernandez to Richard David Williams. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 28, 2013 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause

be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: January 10, 2013. Raymond M. Cadei Judge of the Superior Court Publish: February 20, 27, March 6, 13, 2013. WILLIA 130203 3-13-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00138404 WHEREAS, Michael John Warren has filed a petition with this court for a decree changing name of Michael John Warren to Dolores Sophia Warren. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 28, 2013 in Department 53, located at 800 9th Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 6, 2013 Raymond M. Cadei Judge of the Superior Court Publish: February 20, 27, March 6, 13, 2013. WARREN 130203 3-13-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139126 WHEREAS, Eduard Rospolnyuk has filed a petition with this court for a decree changing name of Eduard Rospolnyuk to Edward Ross. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 5, 2013 in Department 54, located at 800 9th Street, 3rd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 13, 2013 David I. Brown Judge of the Superior Court Publish: February 27, March 6, 13, 20, 2013. TSOAO 130204 3-20-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139126 WHEREAS, Eduard Rospolnyuk has filed a petition with this court for a decree changing name of Eduard Rospolnyuk to Edward Ross. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 5, 2013 in Department 54, located at 800 9th Street, 3rd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 13, 2013 David I. Brown Judge of the Superior Court Publish: February 27, March 6, 13, 20, 2013. TSOAO 130204 3-20-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139126 WHEREAS, Eduard Rospolnyuk has filed a petition with this court for a decree changing name of Eduard Rospolnyuk to Edward Ross. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 5, 2013 in Department 54, located at 800 9th Street, 3rd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 13, 2013 David I. Brown Judge of the Superior Court Publish: February 27, March 6, 13, 20, 2013. TSOAO 130204 3-20-13

Business Name "OB 2000" at 1603 10th St., Sacramento, CA 95814. Filed with the Clerk of Sacramento County on February 15, 2013. Publish: February 27, March 6, 13, 20, 2013. OB2000 130204 3-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01192. Arden Raymond Crandall, 2411 Saint Francis Dr., Sacramento, CA 95821 is doing business under the Fictitious Business Name "MetroCity Legal; Metro City Legal" at 9411 Saint Francis Dr., Sacramento, CA 95821. Filed with the Clerk of Sacramento County on Feb. 13, 2013. Publish: February 27, March 6, 13, 20, 2013. METROC 130204 3-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01429. Jacqueline H. Oros-Bush, 8033 Northern Oak Cr., Sacramento, CA 95828 is doing business under the Fictitious Business Name "Jackie's Delights" at 8033 Northern Oak Cr., Sacramento, CA 95828. Filed with the Clerk of Sacramento County on Feb. 20, 2013. Publish: February 27, March 6, 13, 20, 2013. JACKIE 130204 3-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01307. Larry Klein and Judy Klein, both of 2250 Cardiff Circle, El Dorado Hills, CA 95762 are doing business under the Fictitious Business Name "Green Earth Trading Company" at 9341 Greenback Lane #AQ, Orangevale, CA 95662. Filed with the Clerk of Sacramento County on Feb. 19, 2013. Publish: February 27, March 6, 13, 20, 2013. GREENE 130204 3-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01309. Gabriel Garcia, 5450 Jacinto Ave., Sacramento, CA 95823 and Jose Hernandez, 59 Lochmoor Circle, Sacramento, CA 95823 are doing business under the Fictitious Business Name "NorCal Wireless" at 7224 55th St., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on Feb. 19, 2013. Publish: February 27, March 6, 13, 20, 2013. NORCAL 130204 3-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01460. Allison L. Carnacho, 865 Golden Heights Dr., Galt, CA 95632 is doing business under the Fictitious Business Name "Galt Piano Lessons" at 865 Golden Heights Dr., Galt, CA 95632. Filed with the Clerk of Sacramento County on Feb. 21, 2013. Publish: February 27, March 6, 13, 20, 2013. GALTPI 130204 3-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01464. Alal Enterprises, Inc., 4025 Manzanita Ave. #46, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Wireless 4 Life" at 3100 "O" St., Sacramento, CA 95816. Filed with the Clerk of Sacramento County on Feb. 21, 2013. Publish: February 27, March 6, 13, 20, 2013. WIRELE 130204 3-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-00624. IN Communications, 3341 Edgar Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name "IN Real Estate" at 3341 Edgar Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 23, 2013. Publish: February 27, March 6, 13, 20, 2013. INREAL 130204 3-20-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139415 WHEREAS, Jennifer Diano Berry and Kim A. Berry have filed a petition with this court for a decree changing name of Jems Diano Berry to Jems Diano Berry. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 9, 2013 in Department 54, located at 800 9th Street, 3rd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 20, 2013 Raymond M. Cadei Judge of the Superior Court Publish: February 27, March 6, 13, 20, 2013. CREOLE 130203 3-13-13

NOTICE OF PETITION TO ADMINISTER ESTATE OF THOMAS WILLIAM LIGGONS ESTATE NO. 34-2013-00137299 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of THOMAS WILLIAM LIGGONS aka THOMAS LIGGONS aka THOMAS W. LIGGONS: A Petition for Probate has been filed by Gregory Liggons in the Superior Court of California, County of Sacramento, requesting that Teresa Allingham be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. The petition is set for hearing in Dept. No. 129, located at 3341 Power Inn Road, Sacramento, CA 95826 on March 27, 2013 at 9 a.m. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above. YOU MAY EXAMINE the

file kept by the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code. The name and address of petitioner or petitioner's attorney is: Emilee M. Calhoun, Esq., 1109 Vicente St. #104, San Francisco, CA 94116; (415) 759-8755. Publish: March 6, 13, 20, 2013. CALHOU 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01529. Liza Lorraine Grable, 5212 Ravine View Lane, Fair Oaks, CA 95628 and Julie Frances Westerhoff, 1601 Verde Drive, El Dorado Hills, CA are doing business under the Fictitious Business Name "Savvy Hair Studio" at Studio 55 Salon Suites, 1725 Iron Point Road #10-0-Studio #112, Folsom, CA 95630. Filed with the Clerk of Sacramento County on February 25, 2013. Publish: March 6, 13, 20, 27, 2013. SAVVYH 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01715. Jason Naenel, 57 Rossignol Circle, Sacramento, CA 95833 is doing business under the Fictitious Business Name "Barrel Couture" at 57 Rossignol Circle, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on March 1, 2013. Publish: March 6, 13, 20, 27, 2013. BARREL 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01712. Eggon Wong, 352 Deer River Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name "Joe Sun & Company" at 352 Deer River Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County on March 1, 2013. Publish: March 6, 13, 20, 27, 2013. JOESUN 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01389. Tollefson & Associates Inc., 8025 Greenback Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Batteries Plus Bulbs" at 8239 Laguna Blvd. #140, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on February 20, 2013. Publish: March 6, 13, 20, 27, 2013. BATTER 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01693. Rachid Abadi, 5601 44th St., Sacramento, CA 95824 is doing business under the Fictitious Business Name "Laaziza Motors" at 5601 44th St., Sacramento, CA 95824. Filed with the Clerk of Sacramento County on February 28, 2013. Publish: March 6, 13, 20, 27, 2013. LAAZIZ 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01701. Cardog Eric Anderson, 9137 Vancouver Dr., Sacramento, CA 95826 is doing business under the Fictitious Business Name "ABC Group" at 9137 Vancouver Dr., Sacramento, CA 95826. Filed with the Clerk of Sacramento County on February 28, 2013. Publish: March 6, 13, 20, 27, 2013. ABCGRO 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01627. Voices of Inspiration & Golden Ages Ministries, 3427 Rio Linda Blvd., Sacramento, CA 95838 is doing business under the Fictitious Business Name "Voices of Inspiration North Representative Payee Services; Voices of Inspiration Social Services Agency; VOI North RPS" at 3427 Rio Linda Blvd., Sacramento, CA 95838. Filed with the Clerk of Sacramento County on February 26, 2013. Publish: March 6, 13, 20, 27, 2013. VOICES 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01626. Daryl Collins, 820 Vivano St., Sacramento, CA 95831 is doing business under the Fictitious Business Name "Collins Resource Center" at 3427 Rio Linda Blvd., Sacramento, CA 95838. Filed with the Clerk of Sacramento County on February 26, 2013. Publish: March 6, 13, 20, 27, 2013. COLLIN 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-00980. Heather Cromartie, 4216 Jump Court, Sacramento, CA 95826 is doing business under the Fictitious Business Name "Juice Appeal" at 4216 Jump Court, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on February 5, 2015. Publish: March 6, 13, 20, 27, 2013. JUICEA 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01710. John L. Keasey, 5727 Cal Ct., Citrus Heights, CA 95610 is doing business under the Fictitious Business Name

"The R&F Company" at 5727 Cal Ct., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on March 1, 2013. Publish: March 6, 13, 20, 27, 2013. THER&F 130301 3-27-13

Dated: February 13, 2013 Raymond M. Cadei Judge of the Superior Court Publish: March 6, 13, 20, 27, 2013. BOWEN 130301 3-27-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139751 WHEREAS, James Lloyd Bearman has filed a petition with this court for a decree changing name of Savana Jeanette Marshall to Savanna Hope Bearman. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 16, 2013 in Department 53, located at 800 9th Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 27, 2013 David I. Brown Judge of the Superior Court Publish: March 6, 13, 20, 27, 2013. BEARMA 130301 3-27-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01873. Aimee Hendrie, 1661 La Playa Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Branching Out" at 1661 La Playa Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on March 6, 2013. Publish: March 13, 20, 27, April 3, 2013. BRANCH 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01753. DSP Equities, LLC, 10186 Canadeo Circle, Elk Grove, CA 95757 is doing business under the Fictitious Business Name "DSP Equities, LLC" at 10186 Canadeo Circle, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on March 4, 2013. Publish: March 13, 20, 27, April 3, 2013. DSPEQU 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01272. Andrew Patton, 9452 Little Rapids Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "Premier Property Services" at 9452 Little Rapids Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on February 15, 2013. Publish: March 13, 20, 27, April 3, 2013. PREMIE 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01769. Vicki R. Greene, 2011 Robin Road, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Save Them All Horse Rescue" at 7011 Robin Road, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on March 4, 2013. Publish: March 13, 20, 27, April 3, 2013. SAVETH 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01514. C TSUI LLC, 4261 Truxel Road, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Pork Belly Grub Shack" at 4261 Truxel Road, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on February 22, 2013. Publish: March 6, 13, 20, 27, 2013. PORKBE 130301 3-27-13

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2012-01071 The following person has abandoned the use of the FICTITIOUS BUSINESS NAME of ITC Modeling & Production Company, located at 545 Industrial Drive #103, Galt, CA: Kathy Oague, 367 North 18th St., San Jose, CA 95012. The Fictitious Business Name Statement was filed on February 6, 2012 in the County of Sacramento. Filed with the Clerk of Sacramento County on February 21, 2013. Publish: March 6, 13, 20, 27, 2013. ITCMOD 130301 3-27-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00140032 WHEREAS, Kyle Kristopher Edwards has filed a petition with this court for a decree changing name of Kyle Kristopher Edwards to Kyle Love Edwards. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 24, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 20, 2013 Raymond M. Cadei Judge of the Superior Court Publish: March 13, 20, 27, April 3, 2013. JAMES 130302 4-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00140032 WHEREAS, Paul Anthony Gunn has filed a petition with this court for a decree changing name of Paul Anthony Gunn to Heather Nicole Gunn. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 23, 2013 in Department 53, located at 720 Ninth Street, Room 102, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 6, 2013 David I. Brown Judge of the Superior Court Publish: March 13, 20, 27, April 3, 2013. GUNN 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01518. Jonathan Wheeler, 2900 Muir Way, Sacramento, CA 95818 is doing business under the Fictitious Business Name "River Oaks Bistro" at 8350 Lotz Parkway, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on February 22, 2013. Publish: March 13, 20, 27, April 3, 2013. RIVERO 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-00937. Russell L. Cornett, 7116 Delhaven Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name "Sacramento Mufflers & Fabrications" at 6735 32nd St. #A, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on February 4, 2013. Publish: March 13, 20, 27, April 3, 2013. SACMUF 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01827. Lucy Shen, 1890 Donner Road, West Sacramento, CA 95691 is doing business under the Fictitious Business Name "Golden Valley Realty" at 1890 Donner Road, West Sacramento, CA 95691. Filed with the Clerk of Sacramento County on March 6, 2013. Publish: March 13, 20, 27, April 3, 2013. GOLDEN 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01720. Hue K. Dang, 9324 Willow Pond Circle, Elk Grove, CA is doing business under the Fictitious Business Name "Boba Tea House" at 8139 Elk

Grove Blvd., Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on March 1, 2013. Publish: March 13, 20, 27, April 3, 2013. BOBATE 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01803. Michael E. Barben, 6123 Chestnut Ave., Orangevale, CA 95662 is doing business under the Fictitious Business Name "Tools Will Travel" at 6123 Chestnut Ave., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on March 5, 2013. Publish: March 13, 20, 27, April 3, 2013. TOOLSW 130302 4-3-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-01902. Kelly A. Holden, 9104 High Oak Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Two Rivers Publishing Company" at 9104 High Oak Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on March 6, 2013. Publish: March 13, 20, 27, April 3, 2013. TWORIV 130302 4-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139454 WHEREAS, Tazia Anadanae James has filed a petition with this court for a decree changing name of Tazia Anadanae James to Tonio Alexander James. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 11, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 20, 2013 Raymond M. Cadei Judge of the Superior Court Publish: March 13, 20, 27, April 3, 2013. JAMES 130302 4-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139454 WHEREAS, Tazia Anadanae James has filed a petition with this court for a decree changing name of Tazia Anadanae James to Tonio Alexander James. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 11, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 20, 2013 Raymond M. Cadei Judge of the Superior Court Publish: March 13, 20, 27, April 3, 2013. JAMES 130302 4-3-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00139454 WHEREAS, Tazia Anadanae James has filed a petition with this court for a decree changing name of Tazia Anadanae James to Tonio Alexander James. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 11, 2013 in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 20, 2013 Raymond M. Cadei Judge of the Superior Court Publish: March 13, 20, 27, April 3, 2013. JAMES 130302 4-3-13

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# Forgotten Warriors



Wind Walker. Photo courtesy of Forgotten Warriors.

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- A tow-able trailer between 15' and 18'.
- A building in which to open a thrift store to create work, and distribute donations.
- Pick-up centers for food, clothing, blankets, and cell phones or phone cards so veterans can contact family, doctors, etc.

“Support of its veterans is one of the best ways my community shows its gratefulness for their service,” said Assemblyman Ken Cooley. “Often though, communities need organizations like Forgotten Warriors to draw attention to issues its veterans are experiencing, so the communities can then act to support the organization and its mission.”

To learn more about Forgotten Warriors and/or to offer donations, call (916) 969-4387 or visit <http://www.forgottenwarrior.org/>.

Continued from Page 1

They will be opening an office at 909 – 12th Street, where neighbors will include other non-profits, such as the Sierra Club. Their most pressing needs at this time:

- Grant writer: They are in negotiations to open a 30 bed facility for homeless veterans near the grounds of Loaves and Fishes. A grant would fund program management.
- Seed money to help fund transportation, food, emergency

# Cooley, Eggman Announce Legislation to Allow Return of Parole Violators to State Prison

SACRAMENTO, CA – (MPG) Assembly members Susan Talamantes Eggman and Ken Cooley today announced legislation to allow parole violators to be returned to state prison.

In several high profile cases in California, including at least four in San Joaquin County, dangerous parolees were allowed to continue on parole despite repeat violations, and eventually committed heinous crimes.

Under prison realignment, higher risk offenders are still supervised by state parole, but may no longer be returned to prison for violating parole, and face a maximum of up to 180 days in county jail. Many jails, including the San Joaquin County Jail, are forced to release

inmates early because they are already at maximum capacity.

“The state has already acknowledged these offenders are a higher risk,” Eggman said. “We need the flexibility to return the most dangerous parolees to prison when they violate parole.”

The changes Eggman and Cooley propose will allow parole violators to be returned to prison for up to one year.

“AB 601 is a common sense measure to give judges the ability to send violent offenders back to state prison, instead of county jail, when they purposefully violate parole. These criminals pose a serious public risk and our judiciary should have the discretion to send them back to keep the public safe from repeat offenders,” Cooley said.

Eggman said she acknowledges the need for some of realignment’s changes, but said that in taking away the option of prison for parole violators, it is proving a danger to the public.

“For serious, violent felons and high-risk sex offenders who violate their parole, prison simply can’t be off the table,” Eggman said.

As a Stockton city council-member, Eggman saw the effect of prison realignment on San Joaquin County, where the justice system had already been stretched by budget cuts even before realignment shifted the burden of the supervision of former prison inmates from the state to counties.

Source: Office of Ken Cooley

# Carmichael Cycles Reaches Out



Carmichael cycles Stacy Goble, Jim Light and store mascot Timmy. Photo by Julie Parker

By Julie Parker

CARMICHAEL, CA – (MPG) For twenty years, Carmichael Cycles has been the go-to stop for cycling enthusiasts of all ages and levels.

Since Jim Light and Stacy Goble took over the co-management helm six months ago, customers have subsequently discovered improved customer service and inventory, classes, and the benefits of Carmichael Cycles’ community outreach efforts.

“We just had a little Cub Scout troop come in after hours to learn how to change a flat tire,” says Goble. “Our mechanics went to a place in Citrus Heights for wayward teens and put on a clinic to help the boys. Sadly, that day two of them couldn’t show up because they got picked up by their

parole officers.”

Two recent burglaries – October and January – provided some bumps, but have not deterred Light and Goble from offering the best cycling source in the Arden-Arcade, Carmichael, Fair Oaks, and greater Sacramento area.

They’re offering classes on such subjects as how to change a tire, tips for new cyclists, and nutrition. “We are going to do women-only rides out of here Wednesday nights. A lot of women are afraid to go into bike shops because they are intimidated, so we are going to change that.”

For example, a Women’s Basic Maintenance Clinic is scheduled for March 20, 2013 at 6:30 p.m. There is no fee.

What about attire?

“You don’t have to wear what everyone says you have to wear

to ride a particular bike. You can wear old boxers if you want to, and get on the road bike. Whatever makes you comfortable. A lot of people don’t realize that.”

Clothing brand Sheila Moon – designed and manufactured in San Francisco - has been added to women’s apparel. Says Goble, “I try to work with people who are offering items made in America.”

Of course, don’t ride without a helmet. “I’ve had three major concussions - with helmets - and had to re-learn speech. Helmets save lives.”

Carmichael Cycles is conveniently located adjacent to the American River Bike Trail at 5142 Arden Way (corner of Fair Oaks Boulevard). They may be contacted at (916) 488-5353 or via their website at [carmichaelcycles.com](http://carmichaelcycles.com).



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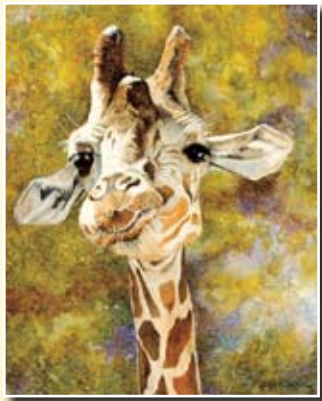
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Sandy Delehanty

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The concert will be performed at the SFAC galleries at 5330B Gibbons Drive, Carmichael.

Refreshments will be served beginning at 6:30 p.m.

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**Cancer and Chemotherapy:  
Is What You Know a Myth or a Fact?**

(NAPSI)—Every year, approximately 650,000 people in the United States undergo chemotherapy. Although everyone reacts differently, people can sometimes feel confused, anxious and overwhelmed. Many people also have preconceived notions about cancer and its treatment that sometimes aren't true.

A new campaign called Chemotherapy: Myths or Facts™ aims to debunk common misconceptions associated with chemotherapy and encourages patients and caregivers to take charge of their cancer journey by speaking openly with their doctors. The campaign features Emmy®-nominated actress Maura Tierney and professional drag racer Jack Beckman, who are sharing their own experiences as cancer survivors to help others.

"When I was going through my cancer treatment, I learned that you can never ask a stupid question. I asked every single question that came to my mind, and I believe that helped to calm my own anxiety," said Tierney. "The Chemotherapy: Myths or Facts campaign encourages patients and caregivers to ask a lot of questions, arming themselves with as much information as possible to take charge of their journey."

One of the things Beckman realized during his cancer journey was the importance of



Actress Maura Tierney.

surrounding himself with people and things that he loved. "When I first learned I had cancer and would need chemotherapy, I was afraid I would have to give up certain aspects of my life, including racing and teaching others to race," he said. "This didn't end up being the case for me. Speaking to my doctor and learning how to make adjustments to my regular routine while receiving chemotherapy helped make sure I didn't have to put my life on hold."

As part of the campaign, an interactive video booth is traveling across the country collecting personal stories from cancer patients and caregivers about chemotherapy myths or facts they uncovered during their own journey. Several of

these stories will eventually be shared on the campaign's website with the hope of helping others. For more information about the campaign, visit [www.chemomythsorfacts.com](http://www.chemomythsorfacts.com). Chemotherapy: Myths or Facts is sponsored by biotechnology company Amgen.

There are many myths associated with chemotherapy and it's important for those undergoing chemotherapy to arm themselves with the facts. For example, some patients believe they have to give up certain aspects of their life while undergoing treatment, such as:

- Spending time with loved ones
- Playing with their pets
- Eating fruits or raw vegetables
- Undertaking normal activities

While these may be true for some patients with certain kinds of cancer, it's not true for everyone. In fact, several of these activities may actually help a patient's overall well-being. As chemotherapy impacts everyone differently, it's important for patients to speak openly with their doctor to fully understand their treatment and how it might impact them. Visit [www.chemomythsorfacts.com](http://www.chemomythsorfacts.com) for more information.

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This is our 5th year of our outreach program helping veterans and their families, in the Sacramento and the surrounding communities. We feed over 100 Veterans and their families through this program. In addition we provide advocate representation that gives the veteran access to legal services, helping in acquiring V.A. benefits, Medical access with transportation, and our Naturopath life Coaching program that combats Bio chemical addiction empowering the veteran to have a healthy body, and mind. We help the homeless, elderly, disabled, PTSD, veterans.

We provide in the field services for the homeless veterans and their families. We provide an alternative approach to PTSD with our unique Coaching program that gives the veteran behavioral tools to change their negative thinking caused by bio chemical addition and not be dependent on drugs or alcohol.

Forgotten Warrior is a 501 (c) 3 nonprofit organization committed to helping all veterans in need. Now that we are growing so fast we are in needed of your help to help, in office functions, such as promotional and public relation work, advocate to work with the homeless and disabled veterans. We need people that can do community fund raising events, and we really need of a Grant writer.

Call Wind at 916-969-4387 or office manager Monica at 916-728-8162 or email us at [windwalker1313@gmail.com](mailto:windwalker1313@gmail.com).

[Forgottenwarrior.org](http://Forgottenwarrior.org)



# Kaiser Permanente to Offer Eye Screenings for Free Cataract Surgeries

Annual service is for Sacramento-area residents who are uninsured

SACRAMENTO REGION CA- (MPG) For the 18th consecutive year, Kaiser Permanente physicians and staff in Sacramento will offer screenings for area residents who may be eligible for free cataract surgeries that will be performed this spring.

The screenings will be on Saturday April 13 at the Kaiser Permanente Point West Medical Offices, 1650 Response Road, Sacramento.

The surgeries are part of Mission Cataract USA, an annual program in which participating doctors provide the sight-restoring procedure to hundreds of people across the nation who have no health insurance and can't afford the operation. Kaiser Permanente physicians and staff will perform as many as 20 free



Thomas Kedwell, MD, performs cataract surgery during Mission Cataract 2012 on a patient who regained her eyesight following the operation. Photo courtesy of Kaiser Permanente

cataract surgeries on eligible individuals in early May.

Screening appointments can be made through April 5 or until

the slots fill up, whichever comes first. To sign up for the screening, or to request more information, call: (916) 973-7159.

## We are seeking loving homes for foster children in need.

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Saturday, March 23

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Location: Sacramento

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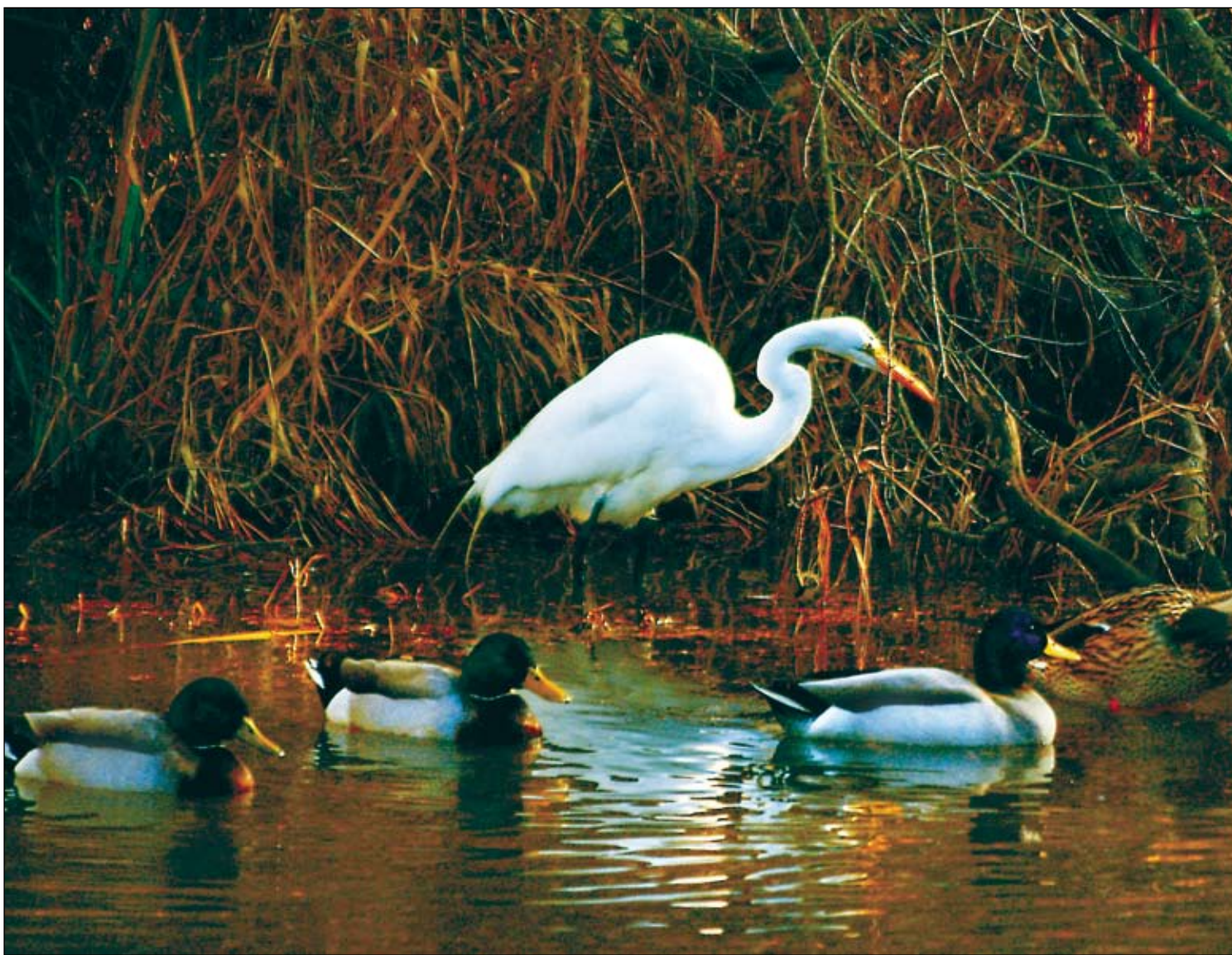
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Snowy egrets are among species likely to be spotted at Effie Yeaw's March 23 and 24 Bird and Breakfast events. The fundraiser has this year been expanded to two mornings. Photo by Susan Maxwell Skinner.

## Breakfast at Effie's

By Susan Maxwell Skinner

Snowy egrets are among species likely to be spotted at Effie Yeaw's March 23 and 24 Bird and Breakfast events. The fundraiser has this year been expanded to two mornings.

A 22 year tradition at the Effie Yeaw Nature Center, the March 23 and 24 "Bird and Breakfast" fundraiser incorporates every hungry ornithologist's dream. Eggs in nests, eggs on toast.

As the sun rises, Sacramento Audubon Society guides will lead explorers to view birds during their most industrious season. Hearty trekkers will be rewarded with hearty breakfasts and discussion. Though deer, otter and piscine sightings are also likely, the main binocular focus is on feathered species in the nature preserve and American River Parkway. "Audubon people research the area in advance," says Effie Yeaw staffer Betty Cooper. "They know where the cool stuff is and will lead small groups from spot to spot, providing information about what they see."

A spring tradition for many wildlife fans, the Saturday adults-only safari is followed by oatmeal, eggs, ham and designer coffee, served by American River Natural History Association board members. "We sell out every year," reports Cooper. "We've hated turning people away. So we've expanded it to two days this time. In the new Sunday event we'll cater for families. We'll have a one-hour walk, then Carmichael Kiwanis will cook pancakes for everyone."

Admissions (\$35 Saturday, \$25 Sunday) assist the Nature Center's survival. Sunday's safari offers \$10 admissions for children. Promises Cooper. "It's a rare opportunity to experience animal lifecycles and study the things you often pass by without seeing." The walk is not recommended for very young children. Participants should wear comfortable shoes and bring binoculars.

"Bird and Breakfast" begins at 8 a.m. Bookings are essential and numbers are limited. To learn more about the fundraiser, call (916) 489-4918.

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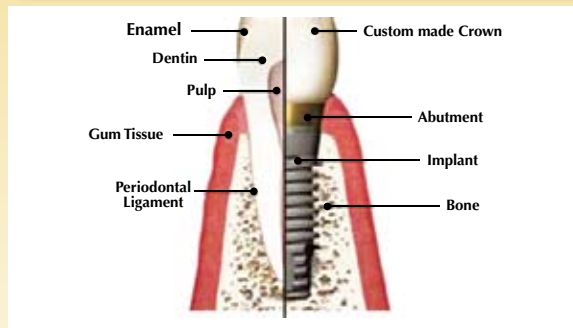
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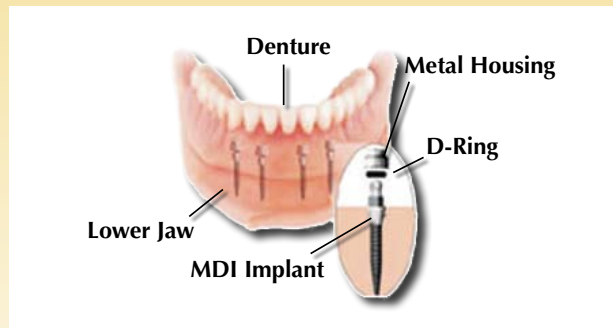
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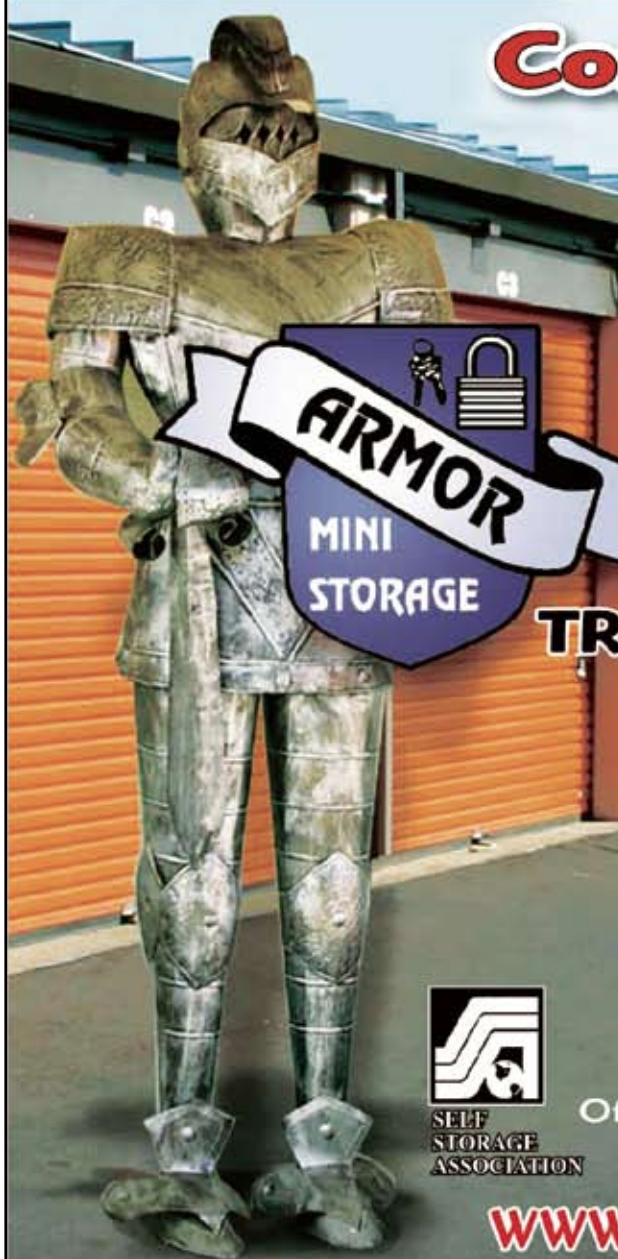
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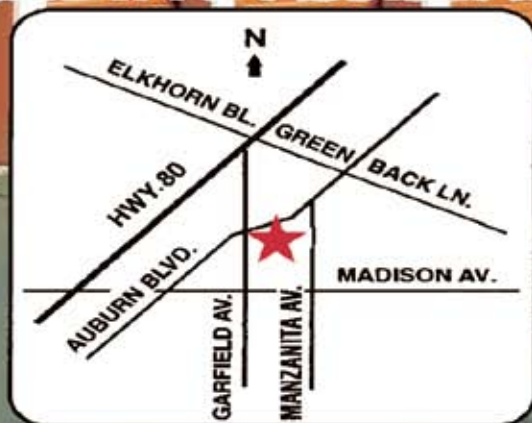
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