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# Carmichael Times

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Serving Carmichael and Sacramento County since 1981

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## Statewide Sales Taxes to Climb



Families already struggling with household budgets will find it even more difficult to make ends meet with new 2013 taxes.

SACRAMENTO, CA – (MPG) The statewide sales and use tax rate will increase one quarter of one percent (0.25%) from 7.25 percent to 7.50 percent on January 1, 2013.

This rate increase was approved by California voters when they approved Proposition 30 on November 6, 2012. Among other things, Proposition 30 increases the statewide sales and use tax rate for four years, from January 1, 2013, through December 31, 2016.

Across California, the sales and use tax rate will range

from 7.50 percent to 10.00 percent because in some cities and counties, voter-approved district taxes are added to the statewide base rate. California sales tax generally applies to retail sales of goods and merchandise except those sales specifically exempted by law.

"Use Tax" is the same rate as the sales tax and generally applies to the storage, use, or other consumption of goods in California purchased from retailers in transactions not subject to the sales tax.

Use tax may also apply to purchases shipped to California

consumers from other states, including purchases by mail order, telephone, or Internet.

The sales and use tax rate increase does not apply to purchases of gasoline. However, the sales and use tax rate increase does apply to purchases of diesel fuel.

For updates on the latest changes, retailers should check the Board of Equalization website, [www.boe.ca.gov](http://www.boe.ca.gov), or call the BOE Taxpayer Information Section at 1-800-400-7115, Monday through Friday from 8:00 a.m. to 5:00 p.m. (Pacific Time).

The five-member California State Board of Equalization (BOE) is a publicly elected tax board. The BOE collects more than \$53.7 billion annually in taxes and fees supporting state and local government services. It hears business tax appeals, acts as the appellate body for franchise and personal income tax appeals, and serves a significant role in the assessment and administration of property taxes.

For more information on other taxes and fees in California, visit [www.taxes.ca.gov](http://www.taxes.ca.gov). Source: BOE newsroom

Superintendent Gordon Earns National Award



County Superintendent of Schools David W. Gordon

SACRAMENTO COUNTY, CA – (MPG) The Sacramento County Office of Education (SCO) is proud to announce that County Superintendent of Schools David W. Gordon is the recipient of a prestigious national award.

On Friday, November 30, Mr. Gordon received the Justus A. Prentice Award from the Association of Educational Service Agencies (AESA) at the organization's annual conference in Tampa, Florida. The national honor acknowledges contributions through executive leadership in advancing educational service agency programs at the regional, state, and national levels.

"Dave Gordon embodies all that is right about executive leadership in public education. The Sacramento County Board of Education congratulates and commends him for receiving the Justus A. Prentice Award," said Sacramento County Board of Education President Greg Geeting. "The AESA could not have found a more deserving candidate for the award anywhere in the nation."

The AESA award is the second esteemed honor for Mr. Gordon this year. In April, he received the 2012 Executive Leadership Award from the California County Superintendents Educational Services Association (CCSESA). This award is made annually to the person who has made outstanding and significant contributions to support public education.

Mr. Gordon has served as Sacramento County Superintendent of Schools since 2004. Prior to joining SCO, he served as Superintendent of the Elk Grove Unified School District from 1995 to 2004. He also has served as Deputy State Superintendent for the California Department of Education. Mr. Gordon began his career as an elementary school teacher in the South Bronx, New York.

During his career, Mr. Gordon has been appointed by the U.S. Secretary of Education to the National Assessment Governing Board (NAGB), which oversees the National Assessment of Educational Progress (the "Nation's Report Card"). He also has served as Chair of NAGB's Reporting and Dissemination Committee. From 2001-2003 Mr. Gordon served on the President's Commission on Excellence in Special Education. He is currently a member of the Board of Trustees of the Sierra Health Foundation.

For more information see [www.scoe.net](http://www.scoe.net).

Source: Sacramento County Office of Education

## Linda Farley Appointed New CEO of Girl Scouts Heart of Central California

SACRAMENTO, CA - (MPG) Girl Scouts Heart of Central California's (GSHCC) board of directors has selected Dr. Linda Farley as the new chief executive officer of the progressive non-profit, which serves more than 29,000 girls and 10,000 adult members in 18 counties in the Sacramento-Stockton-Modesto region.

Farley - who holds a doctorate in leadership from University of St. Thomas, St. Paul - will leave her current position as director of development for the Crocker Art Museum to become CEO of the local Girl Scout council on January 7, 2013. GSHCC is the largest girl-serving organization in the area, offering all girls in grades K-12 the tools they need to be successful leaders now and throughout their lives.

"I am thrilled to be stepping into the role of CEO at this time in the organization's history - just as Girl Scouts enters its second century as the preeminent leadership development organization for girls," Farley said. "It will be a privilege and honor to work with the volunteers, staff, board and many other constituents to further the mission and achieve the vision of a program that provides endless ways for girls to learn and lead."

Before joining the Crocker in 2008, Linda held numerous

executive positions, including chief fund development officer at American Red Cross Mile High Chapter, chief operating officer of Up with People, and executive director of the Children's Museum of Denver, among other positions. Fittingly for her role at GSHCC, her doctoral dissertation at University of St. Thomas focused on leaders in the midst of organizational change.

"Linda is a strong role model for the girls and adults she will lead," said GSHCC Board Chair Robin Kren. "Her dedicated presence in the Sacramento community will enable her to move GSHCC forward as she focuses on building the leaders of tomorrow."

Farley was a Girl Scout for seven years as a child and was a featured speaker at GSHCC's 100th Anniversary Gala Celebration in June 2012, during which she shared lessons she learned - and still utilizes today - from the Girl Scout Brownie handbook.

Current CEO Pam Saltenberger is retiring from GSHCC after 17 years. Under her leadership, the organization experienced tremendous growth and efficiencies. She became CEO of the Tierra del Oro Girl Scout council in 1996 and led its successful merger with Muir Trail to become GSHCC in 2007. Saltenberger also increased



Linda Farley, incoming CEO, will replace Pam Saltenberger who is retiring in January after 17 years as council CEO. Photo courtesy of Girl Scouts of the USA.

the organization's annual budget from \$2.6 million in 1998 to \$7.6 million in 2013, growing total assets from \$5.1 million to \$12.5 million as of September 2012.

Strongly advocating that Girl Scouts is for "every girl, everywhere," Saltenberger focused on making sure money was never a reason a girl could not be a Girl Scout. Each year more than \$150,000 in financial assistance is awarded to girls for membership dues, books and uniform pieces. GSHCC also employs staff to provide Girl Scouting in inner-city schools, community centers,

correctional facilities, housing communities and shelters. GSHCC's overall membership has grown to nearly 40,000, placing the council in the top 25 percent of all councils nationwide in terms of size.

"I made a promise to myself that I would retire when I had accomplished what I set out to do here," Saltenberger said. "That time has come, and I believe GSHCC is ready to further expand under Linda's leadership."

In retirement, Saltenberger will continue to serve on the boards of several organizations and as board chair of Sol Aureus College Preparatory Charter School. She is also a member of her alma mater University of Oregon's Library Advancement Council.

"Pam prepared the council for a strong future and we will always be indebted to her," Kren said.

Farley will begin her position at the start of the 2013 Girl Scout Cookie Program. She also enters at the opening stages of GSHCC's exciting new initiative, THINK GIRL - The Girl Investment, which funds local leadership opportunities for girls, while also providing support to professional women in the region.

For more information on how to join, volunteer with, or donate to Girl Scouts Heart of Central California, visit [girlscoutshcc.org](http://girlscoutshcc.org), or call 1-800-322-GIRL.

# "One Truly is Never Too Old to Follow Their Dreams"



Octogenarian Nancy Ware is an inspiration to her children, grandchildren, and great-grandchildren. Photo courtesy of Stephanie Wolfe.

By Stephanie Wolfe

CARMICHAEL, CA – (MPG) Most octogenarians have been enjoying retirement for a number of years and are content to live life at a slow pace – not my mother, Nancy Ware. In fact since her 80th birthday nearly three years ago, Nancy has parachuted from an airplane, revisited four continents by ship (she has traveled to all seven), began volunteering at a new venue, and most recently published her first book, Kathryn's Kitchen.

Nancy has been a resident of Carmichael for nearly 50 years. She moved with her husband, Phil and four children to Sheffield Estates the month after President Kennedy was assassinated. For over 30 years she commuted to south Sacramento, where she taught 5th and 6th grade at John Cabrillo Elementary School. Upon her retirement in 1991, Nancy has lived a very busy life volunteering for 18 years at a local hospital and most recently working with a neighborhood food bank. On Saturdays you can find her at Easter Seals where she leads water aerobics for a group of breast cancer survivors, for which she is

one herself. She is also an active member of Northern California Writer's Club and plays bridge on a monthly basis.

Throughout her teaching career and retirement years, she has been diligent in honing her writing, cooking and knitting skills. It is not uncommon to find notebooks strewn in her home office with short stories of family members or a list of ingredients for a new recipe or a pattern to create a blanket or sweater. Nancy has had numerous articles and recipes published in the leisure sections of daily newspapers. It wasn't until 1996, that she became serious in compiling all of her recipes into binder-form to give to her granddaughter as a wedding gift. This was the first step in the journey of how Kathryn's Kitchen came to be.

Years later, Nancy was still copying her recipes from a computer file to make a special dish. My daughter and I convinced her that it was time to actually gather all her delicious recipes into one easily accessible format. One evening while Nancy was enjoying a glass of wine with her two cats sitting next to her, the idea of a cookbook took shape. She decided

on Kathryn's Kitchen, which combines her actual birth name and the concept that the book would entail all that comes with cooking.

Kathryn's Kitchen is a compilation of recipes passed down from Nancy's ancestors, shared from her co-workers, friends and family, and some of her own creation. She also gathered many of her ideas from the exotic places she traveled to. As Nancy contends, "there is generally nothing innovative found in most cookbooks. A carrot was a carrot 100 years ago and is still a carrot today." She brings her wit and humor to each introduction of the 183 recipes found in the nine food sections. Other informative chapters include what to serve on certain holidays and celebrations. There is even a special recipe for her readers' feline friends.

What makes Kathryn's Kitchen unique from other cookbooks is Nancy's co-authors, Amelia and Eleanor. They are her much-loved feline companions who add practical tips to many of the incredibly tasty dishes such as Beef Stew Extraordinaire, Sicilian Beef Roll, and All Family Kugeloph, a recipe that has been in the family since 1832 and is

baked in the original bundt pan! From her love and passion for cooking, Nancy has taken on the publishing world writing Kathryn's Kitchen in her down-to-earth style. She shares stories from her childhood, teaching career, and traveling experiences. There are also insightful quotes and historical trivia blended throughout that help make it a one-of-a-kind cookbook. After all, Nancy is from the "Greatest Generation", who embraces life and believes in the motto, "one truly is never too old to follow their dreams". She is an inspiration to her children, grandchildren, and great-grandchildren and it is obvious that our family is extremely proud of her accomplishments.

Since its recent publication, Nancy has been busy autographing books at several venues in the Sacramento area. On Saturday, December 15th, you can meet this lovely lady at La Bou Restaurant located at Watt Ave. near El Camino Ave. between 10:00 a.m. and 1:00 p.m. You can also purchase Kathryn's Kitchen at her website; www.warewolfeenterprises.com, www.publishersdesign.com, and on Amazon.

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**Publisher, Paul V. Scholl**

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# Vanishing Old Carmichael Preserved



Among the oldest commercial buildings in Carmichael, the vacant Carmichael Appliances store burned to the ground weeks ago. Picture courtesy Carmichael – Americana on the Move.

By Author/Historian  
Susan Maxwell Skinner

CARMICHAEL, CA – (MPG) A blow for local history buffs occurred last month. Firefighters were unable to save one of Carmichael's oldest commercial buildings. The dilapidated Carmichael Appliance store on Fair Oaks Blvd at Palm Drive burned to the ground. Probable cause: arson.

The eye-sore will be mourned by few. But when I stopped Fair Oaks Blvd traffic to photograph it in 2004 (embellished by a vintage Cadillac), I immortalized our famous old Arrowhead

store. A hub of community life, it was built in 1920 by Gilmore and Elizabeth Davis. Their operation included a grocery and meat market, ice house, feed store, soda fountain and service station. Here Carmichael pioneer Mary Deterding bought provisions. Shored by thick rafters beneath its sagging roof, the garage section was all that survived of Gilmore Davis' empire. Now it is gone, too.

In 2004, I began a two year project to record the collision of an old burgh with the 21st century. I called the resulting book Carmichael – Americana on the

Move. It captured three statewide awards for its portrayal of a small American town.

The rich tapestry that composes Americana really does change. In 2006, I photographed the American River 4-H Club at work. Its 55 years of youth mentoring petered out through lack of leadership last year. Our bowling alley is closed. After 50 musical years, Franks and Dolores Impinna's rosy studio facade was rudely smashed in 2005. Only hours before, I had snapped the widowed owner in front of her pink nest. It is now a gray stucco tattoo parlor.

My project was just in time for other local iconry. Merchants once indulged a cowboy theme for central Carmichael. On Don Way, Western Feed's barnyard wall art was a throwback to Mayberry days. The cartoons are now painted over.

Many beloved Carmichael characters I photographed are now part of our history. Landis Avenue's beloved "egg lady" dwells now in Arizona. California Ave's "zinnia lady" has hung up her trowel. Business leaders have gone to that great Chamber of Commerce in the sky; war heroes have been buried; politicians dethroned. The Sheriff's Center has closed and 100-year-old vineyard on Palm Drive at last withered and died.

I knew my marathon photo essay would be a history book for the future. Only recently did I realize the future had arrived. During 2009 Carmichael centenary celebrations, my book was



Western Feed long-boasted cavorting barnyard animals on its Don Way facade. Like most vestiges of vintage Carmichael's Western years, the cartoons are gone with the wind. Photo by Susan Maxwell Skinner.



buried in a time capsule destined to be opened in 100 years. When the dusty pages are exhumed,

little of what I included will exist.

I hope the record proves worthwhile.

Footnote:

What remains of Susan's limited edition "Carmichael – Americana on the Move" is discounted to \$20 per copy between now and January 10. Each purchase includes a free CD of the popular "Carmichael Song," recorded with the John Skinner band. Susan's book on Princess Diana – based on her years as a Buckingham Palace correspondent – is available at the same price. Learn about both books at [www.susanmaxwellskinner.com](http://www.susanmaxwellskinner.com)

Or contact Susan for this offer at (916) 481-0334.



Western in theme and home for the Tickled Pink consignment store in a previous incarnation, this old Marconi Ave store is now de-frilled and painted ochre. Picture courtesy Carmichael – Americana on the Move.

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**Friday, Dec. 14 — Jesus' Birthday Party** 7 p.m.  
 Celebrate the birth of Jesus with cake, ice cream, games and a short skit, "A Prime Time Christmas", presented by our Youth Group and Youth Praise Band. Join this free family event and, if able, bring an unwrapped toy.

**Sunday, Dec. 16 — Festival of Carols** 4 p.m.  
 Everyone is welcome, especially the children, to join us for an old fashioned sing along of Christmas carols! Sing all your favorites and learn the origins of many of these timeless classics as we make a joyful noise to the Lord.

**Monday, Dec. 24 — Christmas Eve Services** 5 p.m. / 10 p.m.  
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Dr. Bob Graykowski



When you cut your finger, it bleeds within seconds. When you break your leg, the bone snaps immediately. But when you suffer a whiplash injury, you may not know it for months – even years.

Many patients fail to connect the trauma with their current condition. Why? Because months – or years – passed before the onset of pain or because the accident was minor and they experienced no initial symptoms. However, delayed onset whiplash associated disorder (DOWAD) is a well-documented, common instigator of neck, head and shoulder pain.

Chiropractors are concerned about the lack of public awareness regarding DOWAD, a condition that causes thousands of individuals to suffer needlessly.

### The Biomechanics of Whiplash Injury

When a vehicle is rear-ended, the victim's head and neck are hurled back and up. Next, the head and torso are thrown forward against the seat belt and shoulder harness. This abrupt back and forth movement forces the neck beyond its normal physiological limits. Muscles, ligaments and tendons are pulled and torn. Injuries such as strains, sprains and concussion result. In

## Whiplash Symptoms: Often Delayed and Devastating to Your Long Term Spinal Health

addition, vertebral subluxation occurs. (Areas in the spine where movement is restricted or spinal vertebral bones move slightly out of alignment.)

Scientific studies confirm that whiplash symptoms may take months or years to appear. Whiplash-induced vertebral subluxations spark biomechanical shifts in the spine – including a reversal of the neck's normal curve.

### But My Car's OK...

Whiplash doesn't have to involve high-speed or high-impact collisions to spur vertebral subluxations and related disorders. Most injuries occur at six to 12 miles per hour, according to the Spine Research Institute of San Diego.

In addition to car accidents, amusement park rides can also trigger whiplash injuries. Even extended bouts of coughing – associated with chronic allergies or bronchitis – can cause whiplash injuries.

### Why Choose Chiropractic for Whiplash Relief?

A study published in the *Journal of Orthopedic Medicine* highlights the superiority of chiropractic care for chronic whiplash patients. The report showed that spinal manipulation, which chiropractors call chiropractic adjustments, is more effective than other options in mitigating long-term whiplash pain.

In addition to adjustments, chiropractors advise patients to engage in specific exercises. Studies show that active treatment (exercise and physiotherapy) is far superior to rest and soft collar use.

### Don't Take Risks with Your Health

It's imperative to have a chiropractic checkup whenever you are involved in a motor vehicle accident – even one that seems like "no big deal". Although immediate intervention is preferable, it's never too late. If you did not visit a chiropractor after a precious accident, do so now. Even a fender-bender that occurred 30 years ago and produced to symptoms may have spurred the subtle spinal shifts that provoked DOWAD.

Although DOWAD is common, the general public remains largely unaware of the condition. Please help educate others and spare them from chronic pain. Share this article with your friends and family who have been involved in an automobile collision or any other accident.

For more wellness tips visit our website at [Chiropractic-usa.com](http://Chiropractic-usa.com). Learn more about our community office; Fan us on Facebook! For weekly health tips go to [www.applestozen.blogspot.com](http://www.applestozen.blogspot.com).

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Laissez Faire Today  
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'Tis the season to be jolly. But then there's the TSA. No government agency inspires "Bah Humbug" like the Transportation Safety Administration. For those who travel, the agency is 65,000 employees dressed in blue to make airline travel as annoying as possible.

Last week the House Aviation Subcommittee held a hearing to discuss common sense improvements for the agency in charge of transportation security but TSA boss John Pistole thinks he has it all figured out and refused to testify. The committee has no jurisdiction over his kingdom, so why show up? Pistole didn't even send one of his minions to be grilled. This is the third time he's snubbed the committee.

Charles Edwards, the Department of Homeland Security's acting inspector general, described the TSA as bureaucratic and dysfunctional. Stephen Lord of the Government Accountability Office, suggested the agency was ignoring the thousands of complaints from air travelers. And Kenneth Dunlap, who represented the International Air Transport Association, criticized the current TSA as expensive, inconsistent and reactive.

The TSA screening area is a logic-free zone as my wife and I were reminded over the Thanksgiving holiday. Grandmothers never like to arrive empty-handed when they visit grandbabies. A wooden flintlock toy cap pistol for a little boy in New Jersey was tucked away in our carry-on luggage.

The gun was not detected by the x-ray, but two bottles of hair product spurred the TSA agent to action.

His pawing through the luggage quickly uncovered the wooden flintlock and he gingerly pulled the toy out of from under some clothes. He nervously said he didn't know what to do and needed a supervisor's opinion.

We waited for a supervisor while the clocked ticked closer to our departure time. A young

woman finally appeared. She asked what the toy was. "What's it look like?" asked the exasperated grandmother. "I don't know what it is," the supervisor shot back, "and I won't touch it until you tell me."

"It's a piece of wood carved in the shape of gun." The young supervisor picked up the toy carefully and said she needed to consult her bosses. In the distance, I watched her hand the toy over to a group of TSA higher ups hanging around the central command post located behind the inspection lines.

Eventually the offending item was passed up to what looked to be a metro cop, who looked it over and passed it back with no conversation. The gathering of supervisors then inspected the wooden pistol again. Finally, without thought, one of them threw it (our property) in the trash.

While this pow-wow was taking place, a discussion ensued about us solving this problem by returning to the airline counter and checking the bag. The TSA screener supported that idea until the supervisor returned, with another supervisor in tow. "The gun can't be taken on an airplane."

We again make the mistake of believing that logic and reason are of some use with the TSA and calmly pointed out that the toy was not a gun. The supervisor countered that it was a replica of a weapon and TSA rules don't allow replicas to be carried on planes. "OK, return our replica and we'll go back and check our bag."

The supervisor thought quickly, knowing they had already thrown the toy away. "You can't store a replica of a weapon in luggage unless it's in a hard case that's locked."

At this point my fellow traveler, who makes her living arguing in court, threw up her hands. "You deal with these people," she fumed. "I can't do it anymore."

The supervisors then tried to convince me that they were really giving us a break. They should be writing us up for this offense and that we could be fined. I told them I didn't want to hear their nonsense, finally sticking my forefingers in my ears and chanting "lalalalala."

"Can I please just have my bag," I pleaded with an eye on the ticking clock. "No, this bag hasn't been cleared," the screener said. Back through the x-ray it went. Again another problem, this time it was plastic curlers.

Finally, after eyeballing the curlers the screener and supervisor together determined the beauty aids passed muster.

"Thanks, I feel so much safer," the aggravated grandmother told the supervisor as we finally left for our flight. Being trained or medicated not to react, the supervisor calmly replied, "have a nice day."

Sadly this story isn't unusual and pales in comparison to stories of molestation and theft by TSA employees. It was just an average day with the TSA.

"As this mushrooming agency has spun out of control," chairman, John Mica, concluded last week, "passengers have not been well served." He went on to say that the agency should be closed down or at least closed down as we know it.

If the political class were forced to fly commercial one wonders whether the TSA would exist at all. As it is, while every flyer complains and congress is well aware of the problem, the TSA's head man is not accountable to anyone. All the while, on the ground, unionized TSA employees make up rules as they go along to suit their own purposes.

"TSA has become the butt of countless jokes," Charlie Leocha, director of the Consumer Travel Alliance told the subcommittee. "TSA is set up like the Maginot Line, the poster child for generals fighting the last war."

It's no joke when government employees callously throw passengers' property away. This is how all of government works. While most people don't deal with government day-to-day, we get to enjoy the TSA up close and personal. For those who believe government has a role to play, remember the TSA is as effective, efficient and careful as any other government agency.

They are indeed fighting the last war. Safety isn't the issue. The war is on us.

Sincerely,  
Douglas French

## Metropolitan Fire District Board of Directors Seeks Applicants

SACRAMENTO COUNTY, CA – (MPG) Applicants are sought to fill a vacancy on the Sacramento Metropolitan Fire District for Division 4. The closing date for filing is Friday, December 27, 2012. Qualified applicants will be scheduled for an interview and the panel will make a recommendation to the Board of Supervisors.

The Sacramento Metropolitan Fire District for Division is an independent special district governed by a nine-member Board

of Directors which elects their Board Officers. The District is responsible for providing fire protection and life safety services to the unincorporated areas of Sacramento County.

There are nine divisions within the District's jurisdictional boundaries and each Board member is elected by division. The Election Code Section 10515 requires that the Board of Supervisors appoint a qualified individual to fill the vacancy when there is an absence of

candidates filing for election to the seat in the November general election.

Compensation is \$110.25 per meeting to a maximum of four meetings per month. There are two regularly-scheduled per month.

For more information and filing forms and maps visit <http://www.sccob.saccounty.net/Pages/BoardsandCommissions.aspx>

Source: Sacramento County Communications

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## 11 Critical Home Inspection Traps to be Aware of Before Listing your Home for Sale

Carmichael - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection.

If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair.

That's why it's critical that you read this report before you list your home. If you wait until the building inspector

flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away altogether.

To help home sellers deal with this issue before their homes are listed, a free report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

To order a FREE Special Report, call 1-800-280-3932 and enter 1003. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to learn how to ensure a home inspection doesn't cost you the sale of your home.

This report is courtesy of DRE#01897202. Not intended to solicit buyers or sellers currently under contract.

## Carmichael Cactus and Succulent Society

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Questions 916-729-3475

## MONTHLY MILITARY RETIREE/ SPOUSE MEETING

Our first meeting for the New Year will be held on 8 JAN 2013 at the North Highlands Park and Recreation District on 6040 Watt Ave. Meeting time is 1030 hrs. As a change of pace, instead of a Guest Speaker, we will be entertained by the Sacramento Banjo Group. Also, it will give you the opportunity to meet our new BX Manager, Charlyn Morganfield who recently arrived from Dover AFB, Delaware. If you have any questions, contact our volunteer staff at 923-4979, Mon thru Thurs from 0900 to 1500 hrs.

## Kidney Dialysis Safety Warning

Reports of heart attack and death led the FDA to recall Granuflo Concentrate and Naturalyte Liquid, which are commonly used drugs during dialysis.

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Small hidden fields with islands of brush or small trees are also certainly worth trying. Big bucks find security in small woodlots and also use them to hold estrous does to keep them away from other bucks.

Larry Whiteley is Host of the internationally syndicated Outdoor World Radio

For more tips, go to [basspro.com](http://basspro.com) and click on the OutdoorSite® Library

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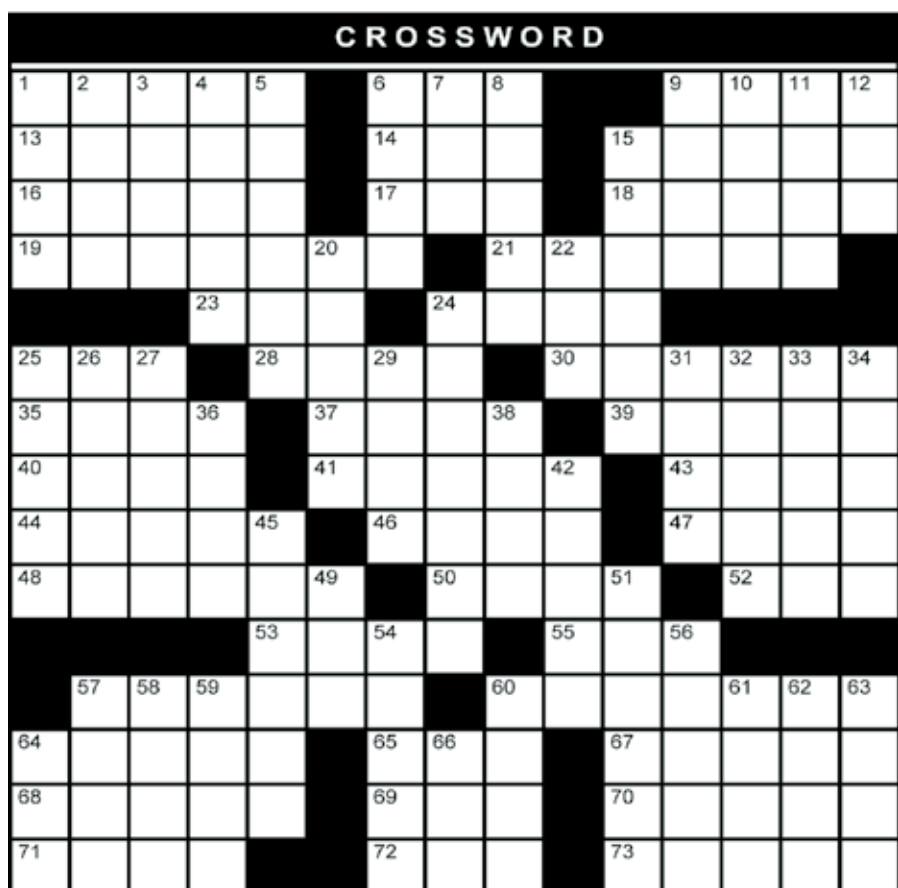
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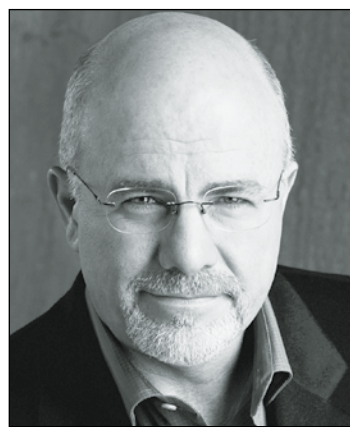
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CLUES

- |  |   |   |   |
|--|---|---|---|
| <p><b>ACROSS</b></p> <p>1. Prepare for surgery</p> <p>6. One time around</p> <p>9. "___ we forget"</p> <p>13. Uniform shade</p> <p>14. Sacha Baron Cohen's ___ G</p> <p>15. Raccoon cousin</p> <p>16. Smidgins</p> <p>17. Olden-day aerosol can propellant</p> <p>18. Be of one mind</p> <p>19. "A Visit from St. Nicholas" beginning</p> <p>21. "Waiting time</p> <p>23. Chapter in history</p> <p>24. Moldy appetizer</p> <p>25. Greyhound, e.g.</p> <p>28. Sea World attraction</p> <p>30. "They hang around</p> <p>35. Cross to bear</p> <p>37. "You betcha!"</p> <p>39. Nigerian monetary unit</p> <p>40. Judicial document</p> <p>41. A-bomb on steroids</p> | <p>43. Largest organ of human body</p> <p>44. It sometimes gets infected</p> <p>46. Water color</p> <p>47. It usually goes with "up"</p> <p>48. "It's sometimes spiked</p> <p>50. Cold war initials</p> <p>52. Poseidon's domain</p> <p>53. Gridiron move</p> <p>55. Letters of distress</p> <p>57. Willing to face danger</p> <p>60. "Left out as snack</p> <p>64. D in LED</p> <p>65. Unit of electrical resistance</p> <p>67. Common thing?</p> <p>68. As a rule</p> <p>69. Extremely</p> <p>70. Tennessee footballer</p> <p>71. Kind of cell</p> <p>72. Hold title to</p> <p>73. Honker</p> | <p><b>DOWN</b></p> <p>1. SNL production, e.g.</p> <p>2. Grub</p> <p>3. Pro ___</p> <p>4. Edict of Russian tsar</p> <p>5. Eating place</p> <p>6. Speed test</p> <p>7. "Polar helper</p> <p>8. "The ___ of Wakefield"</p> <p>9. Opera house box</p> <p>10. Deserve</p> <p>11. Proofreader's mark</p> <p>12. 20-20, e.g.</p> <p>15. Miner's fear</p> <p>20. Like Siberian winters</p> <p>22. Nickelodeon's youngest Pickle</p> <p>24. Painter Rubens' style</p> <p>25. Haul with a tackle</p> <p>26. Strip of rigging</p> <p>27. Seeking damages</p> <p>29. Largest island in West Indies</p> <p>31. Tackler's breath?</p> <p>32. Rate ____, pl.</p> | <p>33. Father, Son and Holy Ghost, e.g.</p> <p>34. "Legendary patron saint of children</p> <p>36. Flabbergast</p> <p>38. Outback birds</p> <p>42. Lowest male singing voice</p> <p>45. Make less severe</p> <p>49. Gangster's gun</p> <p>51. Hen beds</p> <p>54. Former capital of Japan</p> <p>56. Coil of yarn</p> <p>57. *Partridge in a pear tree, e.g.</p> <p>58. Learning method</p> <p>59. Footnote word</p> <p>60. Expression of encouragement</p> <p>61. A fan of</p> <p>62. Biblical twin</p> <p>63. Email folder</p> <p>64. ___ and don'ts</p> <p>66. To what extent, amount or degree</p> |
|--|---|---|---|

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Sallie Mae vs. Selling the Car

Dear Dave,  
I make about \$70,000 a year, and I have \$9,000 in student loan debt. I also have a car that would bring enough to allow me to pay off the student loans. Do you think I should sell?  
- Dave

Dear Dave,  
Nice name! Seriously, there are two questions I ask when it comes to selling a car to pay off debt. One, is the value of your car and other vehicles—including motorcycles, boats and such—more than half of your yearly income? If so, then you have way too much money wrapped up in things that are going down in value. So, unless you're talking about a super-expensive car, I'd say the answer on this one is no.

The second question is: Can you become debt-free, except for your home, in 18-24 months without selling the car? If the answer is yes, then I wouldn't sell the car. There's no reason to sell your car in this scenario, unless you just really hate the thing or need different transportation.

In this case, it sounds like your car is a reasonable percentage of your income. I'd hold on to it and just save like crazy to kill off this student loan debt. With your

Dave Says

income, it shouldn't take more than a year. Good luck, Dave!  
- Dave

Paying the Parents

Dear Dave,  
I have \$1,000 in credit card debt, a \$12,000 car loan and I owe my parents \$20,000. The loan from my parents is causing stress because all I can afford to give them is \$200 a month. They don't need the money, but they'd like to see it paid off soon. What can I do?  
- Jacob

Dear Jacob,  
If you're not already living on a written, monthly budget, that should be the first step. You say your parents don't need the money, right? So, they're not living on bread and water without your payments. I think the biggest thing causing them stress is the fear that you're being irresponsible and living without a plan.

Make out a simple, realistic budget, and sit down with them to explain what you're doing and how you plan to address things. Start a debt snowball, and begin knocking out your debts smallest to largest. By the time you pay

off the credit cards and the car, you'll be able to give them lots more than \$200 a month.

Just ask mom and dad to stick with you a while longer. I think it will make them feel better to see that you're serious about getting your finances in order!

- Dave  
\*For more financial help, please visit daveramsey.com.

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8	5						7	4
		3		7			2	
			7		9	2	8	5
		9			6		4	

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!



For Solution See Page 7.

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Sutter Auburn Faith Hospice Thrift Store invites volunteers to work as cashiers, sales floor assistants, donation processors or pricers. Training is provided; a four hour weekly commitment is requested. Location: 13342 Lincoln Way, Auburn, CA contact coordinator, Kim Chase, 530-887-0561. (MPG 12-31-12)

Volunteers Needed: The Domestic Violence Intervention Center needs caring people to assist victims of domestic violence. For more information call 728-5613 or visit our office at 7250 Auburn Blvd., Citrus Heights, CA (MPG 12-31-12)

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**NOTICE OF BID**

Notice is hereby given that the Advisory Board of Directors of the Carmichael Recreation and Park District of Sacramento County, California, will receive sealed proposals as follows:  
**PROPOSAL DATE: JANUARY 8, 2013.**

**SUBMIT PROPOSALS TO: CARMICHAEL RECREATION AND PARK DISTRICT, 5750 GRANT AVENUE, CARMICHAEL, CA 95608 UNTIL 1:00 P.M. (LOCAL TIME).**

**FOR: CARMICHAEL PARK POOL COMPLEX DEMOLITION CONTRACT NO. 13-5750-1. CONTRACTOR'S CALIFORNIA LICENSE REQUIRED, MANDATORY PRE-PROPOSAL WALKTHROUGH, DECEMBER 14, 2012 AT 10:00 A.M. AT CARMICHAEL PARK POOL, 5750 GRANT AVENUE, CARMICHAEL, CA 95608.**

**PROJECT DESCRIPTION:** The work to be performed under this contract consists of all labor, materials, tools, equipment and services necessary for the demolition, hauling, filling, compaction and rough grading as detailed in the plans and specifications. Award of this contract requires a valid California contractor's license that covers the work to be proposed. Contract Documents may be picked up at the Administrative offices of the Carmichael Recreation and Park District located at 5750 Grant Ave., Carmichael, CA 95608, telephone (916) 485-5322 between the hours of 8:30 a.m. - 5:00 p.m. Monday through Friday, up until the mandatory pre-proposal walkthrough at 10:00 a.m. on December 14, 2012. THERE WILL BE A MANDATORY PRE-PROPOSAL WALKTHROUGH ON DECEMBER 14, 2012 AT 10:00 A.M. ON SITE AT CARMICHAEL PARK LOCATED AT 5750 GRANT AVENUE, CARMICHAEL, CA 95608. ATTENDANCE OF ALL POTENTIAL PROPORSERS IS REQUIRED AND IS A PRECONDITION TO PROPOSAL ACCEPTANCE. ALL PRE-PROPOSAL QUESTIONS MUST BE SUBMITTED IN WRITING BY DECEMBER 18, 2012 AT 2:00 P.M.

Pursuant to the California Labor Code Section 1720 and following, and Section 1770 and following, the successful proposer shall not pay less than prevailing rate of per diem wages as determined by the Director of California Department of Industrial Relations. In accordance with Section 1771.5 of the California Labor Code, the payment of the general prevailing rate of per diem wages for holiday and overtime is not required for any project of \$25,000.00 or less when the project is construction work, or of \$15,000.00 or less when the project is for alteration, demolition, repair or maintenance work. This is a "construction" project in accordance with Section 1771.5 of the California Labor Code. Copies of the prevailing wage determinations are on file in the Office of the Clerk of the Board and are available upon request from the labor compliance office at (916) 875-2711. All questions regarding this Labor Compliance program should be directed to the Labor Compliance Section of the Sacramento County Municipal Services Agency at (916) 875-2711. Pursuant to California Contract Code, Section 22300, the contractor may at its own expense, substitute securities for any money being withheld by the Carmichael Recreation and Park District to ensure performance under this contract. The Advisory Board of Directors/District Administrator of the Carmichael Recreation and Park District reserves the right to reject any or all proposals. In soliciting proposals, it is the intent of the Carmichael Recreation and Park District to provide the best possible service to the public. The award will be made to the proposer, who in the discretion of the District will perform the work consistent with the contract and in the best interest of the District. Recent successful experience at work similar in nature and scope, and the quality of operations will weigh heavily in determination of the winning proposal.

Please submit all pre-proposal questions in writing by **DECEMBER 18, 2012 by 2:00 p.m.** to the Project Manager, Keith Maddison, Park Services Manager at 5750 Grant Avenue, Carmichael, CA 95608, keith@carmichaelpark.com (916) 485-5322 x30. Publish: December 5, 12, 2012. CARREC 121201 12-12-12

**NOTICE OF APPLICATION FOR CHANGE IN OWNERSHIP OF ALCOHOLIC BEVERAGE LICENSE**

To Whom It May Concern: Matteo Pizza & Bistro, Inc. is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 5132 Arden Way, Carmichael, CA 95608 with 47-On-Sale General Eating Place license. Filed: November 26, 2012. Publish: December 12, 2012. MATTEO 121201 5-12-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09192.** BVD Financial, Inc., 4115 Sadek Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Sacramento Realtors" at 4227 Sunrise Blvd. #200, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Nov. 15, 2012. Publish: November 21, 28, December 5, 12, 2012. SACREA 121103 12-12-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09110.** Kassie Lynn Donoghue, 2342 St. Francis Dr., SACRAMENTO, CA 9581 is doing business under the Fictitious Business Name "Advantage ChiroCare" at 3908 "J" St. #2, Sacramento, CA 95819. Filed with the Clerk of Sacramento County on Nov. 13, 2012. Publish: November 21, 28, December 5, 12, 2012. ADVANT 121103 12-12-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09140.** Paul Franklin Gottfredson, 6905 Blue Duck Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name "Bottom Line Manufacturing" at 11235 Coloma Rd. #G&H, Gold River, CA 95670. Filed with the Clerk of Sacramento County on Nov. 14, 2012. Publish: November 21, 28, December 5, 12, 2012. BOTTOM 121103 12-12-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09134.** Joana Natfaly, 5119 Hillsdale Blvd. #18, Sacramento, CA 95842 is doing business under the Fictitious Business Name "A Brides Dream Come True Wedding Planning" at 5119 Hillsdale Blvd. #18, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on Nov. 14, 2012. Publish: November 21, 28, December 5, 12, 2012. ABRIDE 121103 12-12-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09093.** Lisa Sigurdson, 9142 Tapper Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name "Dragonfly Salon & Boutique" at 610 Riley St., Folsom, CA 95630. Filed with the Clerk of Sacramento County on Nov. 9, 2012. Publish: November 21, 28, December 5, 12, 2012. ESTHET 121103 12-12-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09017.** Michael A. Schave, 7000 Fair Oaks Blvd. #10, Carmichael, CA 95608 is doing business under the Fictitious Business Name "MAS Resale" at 7000 Fair Oaks Blvd. #10, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Nov. 8, 2012. Publish: November 21, 28, December 5, 12, 2012. MASRES 121103 12-12-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09017.** Michael A. Schave, 7000 Fair Oaks Blvd. #10, Carmichael, CA 95608 is doing business under the Fictitious Business Name "MAS Resale" at 7000 Fair Oaks Blvd. #10, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Nov. 8, 2012. Publish: November 21, 28, December 5, 12, 2012. MASRES 121103 12-12-12

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00132361** WHEREAS, Michael Joseph Young II has filed a petition with this court for a decree changing name of Michael Joseph Young II to Yuriel Anryan Young. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 27, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change

of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 7, 2012 David I. Brown Judge of the Superior Court Publish: November 21, 28, December 5, 12, 2012. YOUNG 121103 12-12-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09272.** ASJS Enterprises Inc., 10038 Upshaw Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name "ASJS Equities" at 10038 Upshaw Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on November 19, 2012. Publish: November 28, December 5, 12, 19, 2012. ASUSEQ 121104 12-19-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08929.** Robert L. Denver II, 3341 Edgar Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Names "IN Capre; IN Real Estate" at 3341 Edgar Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on November 5, 2012. Publish: November 28, December 5, 12, 19, 2012. INCAPR 121104 12-19-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08672.** Justin Jeremiah, 3240 Pillsbury Road, West Sacramento, CA 95691 is doing business under the Fictitious Business Names "First Capital Finance; KMJ Real Estate Investment" at 10304 Placer Lane #A, Sacramento, CA 95827. Filed with the Clerk of Sacramento County on October 24, 2012. Publish: November 28, December 5, 12, 19, 2012. FIRSCT 121104 12-19-12

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00132376** WHEREAS, Nicholas John Hurley has filed a petition with this court for a decree changing name of Nicholas John Hurley to Nicholas John O'Connell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 27, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 7, 2012 Shelleyanne W.L. Chang Judge of the Superior Court Publish: November 28, December 5, 12, 19, 2012. OCONNO 121104 12-19-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09513.** Salvador Frank Leyva, 5027 Rimwood Dr., Fair Oaks, CA 95628 is doing business under the Fictitious Business Names "Xochimilco Restaurant; Sals Xochimilco Restaurant and Grill" at 4904 Auburn Blvd., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on November 29, 2012. Publish: December 5, 12, 19, 26, 2012. XOCHIM 121201 12-26-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08577.** Chi Nguyen, 8164 Nacona Place, Sacramento, CA 95829 is doing business under the Fictitious Business Name "Kim Pharmacy #2" at 7248 South Land Park Dr. #116, Sacramento, CA 95831. Filed with the Clerk of Sacramento County on October 22, 2012. Publish: December 5, 12, 19, 26, 2012. KIMPHA 121201 12-26-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08574.** Chi Nguyen, 8164 Nacona Place, Sacramento, CA 95829 is doing business under the Fictitious Business Name "Kim Pharmacy #3" at 5026 Fruitridge Road #3, Sacramento, CA 95820. Filed with the Clerk of Sacramento

County on October 22, 2012. Publish: December 5, 12, 19, 26, 2012. KIMPHA 121201 12-26-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09411.** Christopher Wheelless, 3271 Two Rivers Dr., Sacramento, CA 95833 is doing business under the Fictitious Business Name "Upper Class Entertainment" at 3271 Two Rivers Dr., Sacramento, CA 95833. Filed with the Clerk of Sacramento County on November 28, 2012. Publish: December 5, 12, 19, 26, 2012. UPPERC 121201 12-26-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09483.** Christopher Wheelless, 3271 Two Rivers Dr., Sacramento, CA 95833 is doing business under the Fictitious Business Name "Upper Class Entertainment" at 1805 Tribute Road #E, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on November 29, 2012. Publish: December 5, 12, 19, 26, 2012. UPPERC 121201 12-26-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09432.** Fred Chaban, 1960 Morse Ave. #25, Sacramento, CA 95825 is doing business under the Fictitious Business Names "West End Properties; Field Solution Engineer" at 1960 Morse Ave. #25, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on November 28, 2012. Publish: December 5, 12, 19, 26, 2012. WESTEN 121201 12-26-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09569.** Terrance McDowell Jr., 4417 Brandt Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name "Got-Movies.com" at 6366 Mack Road, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on November 30, 2012. Publish: December 5, 12, 19, 26, 2012. GOTMOV 121201 12-26-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08834.** Darlene D. Hollins, 3832 Elm St., Sacramento, CA 95838 is doing business under the Fictitious Business Name "Blessed Enterprises" at 3832 Elm St., Sacramento, CA 95838. Filed with the Clerk of Sacramento County on October 31, 2012. Publish: December 5, 12, 19, 26, 2012. BLESSE 121101 11-28-12

**STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #0909557** The following persons have abandoned the use of the FICTITIOUS BUSINESS NAME of Shrdha Bhakti Ramayan Mandali, located at 1204 Lambertson Circle, Sacramento, CA 95838. Dharandar Singh, 1204 Lambertson Circle, Sacramento, CA 95838; Balram Lal, 170 Pinedale Ave., Sacramento, CA 95838; and Tuls Ram, 3931 Huron St., Sacramento, CA 95838. The Fictitious Business Name Statement was filed on October 21, 2009 in the County of Sacramento. Filed with the Clerk of Sacramento County on November 7, 2012. Publish: December 5, 12, 19, 26, 2012. SHRDHA 121201 12-26-12

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00132362** WHEREAS, Sugheerth Vijayaraghavan Karai has filed a petition with this court for a decree changing name of Sugheerth Vijayaraghavan Karai to Sughis Madison Klementyn. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 10, 2013 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 28, 2012

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09543.** Richard L. Woods and Janice E. Woods, both of 6906 Paseo Del Sol Way, Elk Grove, CA 95758 are doing business under the Fictitious Business Names "Browns Original Medicated Foot Bath; Browns Original Foot Doster" at 6906 Paseo Del Sol Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on Nov. 30, 2012.

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09159.** Iglobal Venture LLC, a Nevada corporation, 5557 Celebration St., Sacramento, CA 95835 is doing business under the Fictitious Business Name "Iglobal Venture LLC" at 5557 Celebration St., Sacramento, CA 95835. Filed with the Clerk of Sacramento County on Nov. 14, 2012. Publish: December 12, 19, 26, 2012. January 2, 2013. IGLoba 121202 1-2-13

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00133242** WHEREAS, onya Cherise Hutchinson has filed a petition with this court for a decree changing name of Tonya Cherise Hutchinson to Tristan Tao Hutchinson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 10, 2013 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 28, 2012 Shelleyanne W.L. Chang Judge of the Superior Court Publish: December 5, 12, 19, 26, 2012. HUTCHI 121201 12-26-12

**IN THE DISTRICT COURT FOR THE EASTERN DISTRICT OF CALIFORNIA SERVICE BY PUBLICATION AF HOLDINGS LLC v. UDISH SUNDARRAJAN** CASE NO. 2:12-01078-GEB-GGH Plaintiff AF Holdings LLC in the above-referenced action is ORDERED to service Udish Sundarrajan by publication and to give notice of the pending action against him in the District Court for the Eastern District of California, AF Holdings LLC v. Udish Sundarrajan. Udish Sundarrajan is given notice that, on or after January 2, 2013, default judgment may be entered against him. Publish: December 5, 12, 19, 26, 2012. PRENDA 121201 12-26-12

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09786.** BVD Financial, Inc., 4115 Sadek Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Property Management Company" at 4227 Sunrise Blvd. #200, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Dec. 7, 2012. Publish: December 12, 19, 26, 2012. January 2, 2013. PROPER 121202 1-2-13

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09088.** Breck Spain and Teresa Ryder, both of 3426 Davidson Dr., Antelope, CA 95843 are doing business under the Fictitious Business Names "Spain Ryder Enterprise; The Glass Guru of W. Sac" at 3426 Davidson Dr., Antelope, CA 95843. Filed with the Clerk of Sacramento County on Nov. 9, 2012. Publish: December 12, 19, 26, 2012. January 2, 2013. SPAINR 121202 1-2-13

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09543.** Richard L. Woods and Janice E. Woods, both of 6906 Paseo Del Sol Way, Elk Grove, CA 95758 are doing business under the Fictitious Business Names "Browns Original Medicated Foot Bath; Browns Original Foot Doster" at 6906 Paseo Del Sol Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on Nov. 30, 2012.

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09620.** Kesar Singh, 9401 Daniels Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name "H S Trucking" at 9401 Daniels Court, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on Dec. 4, 2012. Publish: December 12, 19, 26, 2012. January 2, 2013. HSTRUC 121202 1-2-13

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09088.** Breck Spain and Teresa Ryder, both of 3426 Davidson Dr., Antelope, CA 95843 are doing business under the Fictitious Business Names "Spain Ryder Enterprise; The Glass Guru of W. Sac" at 3426 Davidson Dr., Antelope, CA 95843. Filed with the Clerk of Sacramento County on Nov. 9, 2012. Publish: December 12, 19, 26, 2012. January 2, 2013. SPAINR 121202 1-2-13

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09543.** Richard L. Woods and Janice E. Woods, both of 6906 Paseo Del Sol Way, Elk Grove, CA 95758 are doing business under the Fictitious Business Names "Browns Original Medicated Foot Bath; Browns Original Foot Doster" at 6906 Paseo Del Sol Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on Nov. 30, 2012.

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09614.** Adrenna Davis, 55 Oak Manor Way, Sacramento, CA 95838 is doing business under the Fictitious Business Name "At Your Service Signings" at 55 Oak Manor Way, Sacramento, CA 95838. Filed with the Clerk of Sacramento County on Dec. 3, 2012. Publish: December 12, 19, 26, 2012. January 2, 2013. ATYOUR 121202 1-2-13

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09614.** Adrenna Davis, 55 Oak Manor Way, Sacramento, CA 95838 is doing business under the Fictitious Business Name "At Your Service Signings" at 55 Oak Manor Way, Sacramento, CA 95838. Filed with the Clerk of Sacramento County on Dec. 3, 2012. Publish: December 12, 19, 26, 2012. January 2, 2013. ATYOUR 121202 1-2-13

**FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09618.** Michelle Stoskopf, 5351 47th Ave. #234, Sacramento, CA 95824 is doing business under the Fictitious Business Name "i1 Chiropractic" at 8011 Elsie Ave., Sacramento, CA 95828. Filed with the Clerk of Sacramento County on Dec. 4, 2012. Publish: December 12, 19, 26, 2012. January 2, 2013. IB1CHI 121202 1-2-13

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00133259** WHEREAS, Jose Alfredo Melendez Lopez has filed a petition with this court for a decree changing name of Jose Alfredo Melendez Lopez to Erika Melendez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 10, 2013 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Dec. 5, 2012. David I. Brown Judge of the Superior Court Publish: December 12, 19, 26, 2012. January 2, 2013. MELEND 121202 1-2-13

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00133259** WHEREAS, Jose Alfredo Melendez Lopez has filed a petition with this court for a decree changing name of Jose Alfredo Melendez Lopez to Erika Melendez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 10, 2013 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Dec. 5, 2012. David I. Brown Judge of the Superior Court Publish: December 12, 19, 26, 2012. January 2, 2013. MELEND 121202 1-2-13

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00133823** WHEREAS, Carolyn Anne Nelson II has filed a petition with this court for a decree changing name of Carolyn Anne Nelson to Adrian Nathaniel Nelson.

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00133823** WHEREAS, Carolyn Anne Nelson II has filed a petition with this court for a decree changing name of Carolyn Anne Nelson to Adrian Nathaniel Nelson.

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00133823** WHEREAS, Carolyn Anne Nelson II has filed a petition with this court for a decree changing name of Carolyn Anne Nelson to Adrian Nathaniel Nelson.

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00133823** WHEREAS, Carolyn Anne Nelson II has filed a petition with this court for a decree changing name of Carolyn Anne Nelson to Adrian Nathaniel Nelson.

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00133823** WHEREAS, Carolyn Anne Nelson II has filed a petition with this court for a decree changing name of Carolyn Anne Nelson to Adrian Nathaniel Nelson.

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00133259** WHEREAS, Jose Alfredo Melendez Lopez has filed a petition with this court for a decree changing name of Jose Alfredo Melendez Lopez to Erika Melendez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 10, 2013 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Dec. 5, 2012. David I. Brown Judge of the Superior Court Publish: December 12, 19, 26, 2012. January 2, 2013. MELEND 121202 1-2-13

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# The Salvation Army Band to be Featured at Hank Fisher Properties' Bravo Series



The Salvation Army ensemble is made up of Salvation Army musicians from the Sacramento area. Photo courtesy of HFP.

SACRAMENTO, CA – 13, 2012 at 2pm. The Salvation Army ensemble is made up of a special concert performance with the Sacramento Salvation Army Band on Thursday, December 13, 2012 at 2pm. The Salvation Army ensemble is made up of musicians from the Sacramento area. They play at many events throughout the

year and especially at Christmas where they can be seen playing around the Red Kettle. Their main purpose is to support the weekly church services at The Salvation Army. Anyone interested in attending should contact the community at 916-921-5131 by Monday, December 10th. Refreshments will be served.

The performance continues Hank Fisher Properties' Bravo Series Performance, *Bringing Regional Arts and Volunteer Organizations, to its retirement communities.*

River's Edge is one of Hank Fisher Properties' premier Sacramento senior living communities, located at 601 Feature Drive near the intersection of Howe Avenue and Fair Oaks Boulevard in Sacramento. It offers some of the area's finest independent senior living.



By Pastor Rich Reimer

The God of whom the Bible speaks loves all the people who populate this planet. One of my favorite metaphors for God's love is found in Psalm 17:6-8. "I call on you, O God...show the wonder of your great love... keep me as the apple of your eye." The apple of the eye is the pupil, a delicate part of the eye that is essential for vision. This metaphor means to me that the human race is at the center of God's vision and the height of His creation. This focused attention is just one way God demonstrates His love to us.

But the deepest and most profound way that the God of the Bible has communicated His love for us is by sacrifice. I believe that any authentic discussion about the meaning of

# Christmas is all about LOVE!

love must include the concept of sacrifice. Jesus said it best in John 15:13 "Greater love has no one than this, that he lay down his life for his friends." Christians will immediately connect this statement with the crucifixion and death of Jesus which is the focus of Good Friday.

But where is sacrificial love in the Christmas story? How is the birth of Jesus an act of sacrificial love? Paul, the Apostle, writing to Christians living in ancient Corinth gives us the answer. In 2 Corinthians 8:9 Paul writes, "For you know the grace of our Lord Jesus Christ, that though He was rich, yet for your sakes He became poor, so that you through His poverty might become rich." Here Paul is referring to Jesus' birth. He believes, as I do, that Jesus was the physical presence of God the Son, the second person of the Holy Trinity. God the Son had to sacrifice the riches of His heavenly home, the glories of His divine nature, in order to pour Himself into an infant body. Since we are human we can't fully appreciate the magnitude

of such sacrifice by God. In other words Jesus unpacked his bags before he came to earth. He limited the divine attribute of omnipresence and sacrificially confined himself to a human body at the very least. By becoming human he became poor, not only because the Jewish couple that became his parents were poor but because he left the riches of heaven and curbed the attributes of His deity.

On Christmas we celebrate the Biblical truth of the incarnation of God. On Christmas love was born; on Christmas God's focused attention and God's sacrificial love came together in the most personal and profound way. It is my hope that this message will overpower the ringing of cash registers and bring pause to the madness of consumerism that has replaced the soul and message of Christmas.

Rev. Richard P. Reimer, Pastor American River Community Church 3300 Walnut Ave., Carmichael www.arconline.org

## SACRAMENTO FINE ARTS CENTER, INC.

Contributing to the cultural life of the Sacramento community

### Current and Upcoming Events

*In Our Foyer Gallery: Made in America*  
An Exhibit of Art on Panels donated by Jack Richeson Co.  
For sale by silent auction. Bid now through December 15th, 2 pm.  
Awards to be announced.

American Watercolor Society Traveling Show  
January 2-26, 2013!



Dick Cole Watercolor Workshop  
January 19th & 20th from 9:00 am to 4:00 pm. Cost of the workshop: Members \$130 Non-member \$160  
\$50 Deposit holds your space. Deposit is non refundable after January 1.

"Shining Hour", by Dick Cole  
Selected to be shown in the 2012 American Watercolor Society New York Exhibition in New York.

Sacramento Fine Arts Center is Open for a 2nd Saturday Reception  
Every Month of the Year – 5:30-8:30pm.

5330 – B Gibbons Dr., Carmichael, CA • Ph. 916-971-3713  
Hours: Tuesday 11 am-7 pm, Wednesday through Saturday 11 am-3 pm.  
www.sacfinearts.org

San Juan Unified School District K-12 Arts Show  
December 11-22, 2012

Celebrating California  
January 2-February 2, 2013

#### FRIDAY MORNING FIGURE DRAWING GROUP

- NO CLASS: NOV. 23
  - CLASS RESUMES: NOV. 30
  - NO CLASS: DEC. 7
  - CLASS RESUMES: DEC. 14
  - NO CLASSES: DEC. 21 – THRU JAN. 4, 2013
  - CLASS RESUMES: JAN. 11
- 9-12 NOON - \$10 PER SESSION

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# Free Travel Show!

New Tours for 2013-14!

**Wednesday, January 2, 2013 10am**

## MISSION OAKS COMMUNITY CENTER

### Extended Tours

- *Heritage of America* April 26-May 5, 2013 • \$2,749 pp double
- *Mackinac Island* May 3-11, 2013 • \$2,899 pp double
- *Northern National Parks* July 12-19, 2013 • \$1999 pp double
- *Southern Italy & Sicily* September 6-17, 2013 • \$3,999 pp double

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Some restrictions apply - call for details. Coupon must be presented upon authorization. Limit 1 coupon per customer. Not valid with any other offer. Expires January 31, 2013.

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Saturday: By appointment • Sunday: Closed

# Motorcoach Fun

## San Francisco Flower & Garden Show

March 21, 2013 • \$74/person

## WINTER CAMP

Dec 31-Jan 4, 2-13 • 8am-5pm

Boys and Girls Ages 4-11

Swanston Community Center  
2350 Northrop Ave • Call 333-6464 to register

**MISSION OAKS RECREATION & PARK DISTRICT**

Office Hours: 8 am-5 pm  
Registration Hours: 8:30am-4pm Monday-Friday  
[www.morpd.com](http://www.morpd.com)

**DISTRICT OFFICE**  
(916) 488-2810 • Fax (916) 488-4349  
3344 Mission Ave., Carmichael, CA 95608

**MISSION OAKS COMMUNITY CENTER**  
(916) 972-0336 • Fax (916) 972-7371  
4701 Gibbons Dr., Carmichael, CA 95608

**SWANSTON COMMUNITY CENTER**  
(916) 333-6464 • Fax (916) 488-4349  
2350 Northrop Ave., Sacramento, CA 95825

## Announcements & Events

### Beatles Holiday Concert and Toy Drive

Saturday December 15 from 4-6pm at La Sierra Community Center, 5325 Engle Rd, John Smith Hall. \$10/person. \$5/with a Toy. Free for kids 12 and under. Our favorite Beatles tribute band, Because, will put a little spirit in the season playing holiday tunes the Fab Four way! We will be collecting new, unwrapped toys for boys and girls, ages 5-12, to donate to Toys for Tots. Be sure to donate and enjoy half price admission!

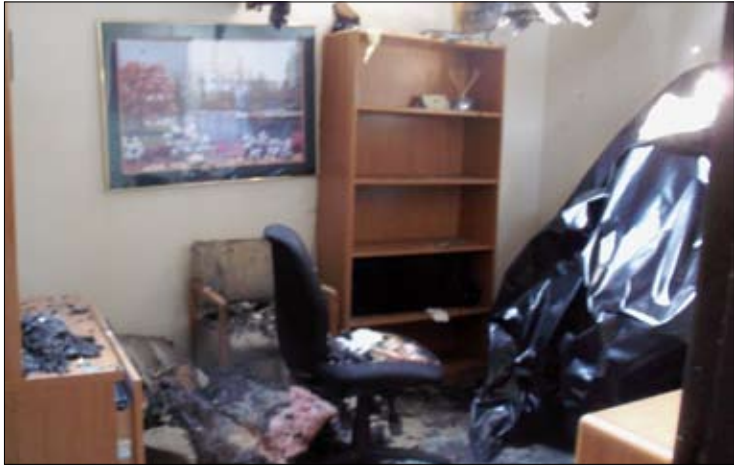
### Holiday Food Drive

Starting December 4 we are holding a Holiday Food Drive! All items will be donated to Sacramento Food Bank & Family Services. Our goal is to fill 3 bins so please help us out by donating canned or dry goods. If you donate 10 or more items you will receive a free reusable tote bag!

*For more information visit us online or call 483-7826.*

**For registration & other information call the District at (916) 483-7826 or visit our web page at [www.carmichaelpark.com](http://www.carmichaelpark.com).**

# Disaster Averted after Fire at Parisi Insurance



From Rosie Gillam

CARMICHAEL, CA – (MPG) A natural disaster can be a crippling blow to a business. A fire, earthquake or flood can leave a business without access to vital information and communication with customers. One of CMIT's long standing clients, Parisi Insurance, is a perfect example of how a disaster does not have to debilitate business. In the early morning hours of September 24th experienced a disaster. Fire that had broken out two doors down spread and destroyed their office, computers,

furniture, paintings, phones and paper files. Without their infrastructure Parisi's business was facing potential standstill. Luckily they had the CMIT Guardian protection to get them back up and running. CMIT rushed to aid in recovery. Systems Engineer Randy James helped lead the recovery just a few hours after the fire was reported to Parisi. Vice President of Parisi Insurance Joe Hart explained that "CMIT had us store our data 'in the cloud' so we were able to get up and running very quickly using our remote server for a little over 2 weeks".

With the support of the CMIT team and advances in cloud technology Parisi's staff members were able to conduct business from the day of the fire and until their move to a new location. Instead of a complete business debilitation, CMIT was able to get Parisi's infrastructure hosted remotely allowing them return to business at 2pm the day of fire and have full access to their server by the next morning. "They (CMIT) ordered and set up the new computers in the new office- as well as the phones- and were instrumental in getting us back to normal" Hart said. "Everyone was wonderful particularly Mark (Trim) and Sal (Hekmatzada) who had to deal with the most whining" quipped Hart. As for other businesses Hart had a few words of advice "back up your digital data off site, keep as little as you can on paper, and keep your paper data in metal drawers. Also, have your phones default to employee cell phone numbers if there is a break in service." Parisi Insurance has now moved into their new location in Gold River, California and we wish them the best of luck.



By Karen Anderson

That deep ripping of the heart can be one of the most painful experiences in your life. When you watch someone you love slowly slip away to the inevitable, what do you do? No matter what you do or think, nothing will change the outcome. That is what I experienced through this last year, and it tore me apart. My thoughts were, "She is so young; this can't possibly be happening to my best friend and love. It just isn't fair! My heart is dying with her. I don't want to be here without her." It wasn't just the fact that I knew she would be missed; it was because I was angry with her and not willing to forgive her for leaving me all alone. God, it just wasn't right.

I did turn to the Bible for comfort. Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest." In my head I knew this was true, but my heart couldn't accept it. I was just too angry. As my love's life slipped slowly from her, I, too, went into a deep, debilitating depression. As we, together, went through the six months of slow death, I isolated myself from everyone. I didn't dare be away from my precious one for even a moment. What if she needed me while I was gone? I just couldn't do it. My life was put on hold. After her passing, it was time to get back into my life, right? Wrong...I couldn't close the black hole that had grown

# Why Should I Care?

in my heart. There seemed to be no way back to reality and to my life. The pain in my heart was so strong it felt like I was having a forever heart attack...it never let up. I realize now that it was the anger and resentment I had against my girl for giving up, and at God for not stepping in and healing her. He could have, so why didn't He? Didn't He know how important she was to me? I was so wrong in this, but I really felt like, "If He didn't care enough do help in this matter, then why should I care?" I wanted answers, and I wanted them right now. I was so unwilling to surrender my pain and anger. It seems that I was wearing it like some badge of honor. What a ridiculous thought.

At the deepest part of my black hole, God's Word finally started to work its way into that place that was so dark and foreboding. "God, my shepherd! I don't need a thing. You have bedded me down in lush meadows; you find me quiet pools to drink from. True to Your Word, You let me catch my breath and send me in the right direction. Even when the way goes through Death Valley, I'm not afraid when You walk at my side. Your trusty shepherd's crook makes me feel secure. You serve me a six-course dinner right in front of my enemies. You revive my drooping head; my cup brims with blessing. Your beauty and love chase after me everyday of my life. I'm back home in the house of God for the rest of my life." What caught my attention was His promise that He would address my physical needs first, including a time to rest and catch my breath. During all this time, He would walk with me through the darkness of my life, and start to repair the black hole of my heart. In the end, God would

bring me back to Him so that I could continue the path He has laid out before me. This has been a tough road for me and I'm not all the way back yet, but I have realized that I am now blessed for the experience. Now that I have given her back to Him, I can enjoy the memories of the short time we had together. I am reminded that God says, "Relax, everything's going to be all right; rest; everything's coming together; open your hearts; love is on the way!" This is so true, and I will count on Him to help me for the rest of this journey I am on. If you have someone dear to you that you have lost, I pray these verses will bring comfort to your life. Remember that in those times of darkest feelings, you are never alone. He is there with His big strong arms waiting to envelope you with love, warmth, and the assurance that He is with you, no matter what. It may not be the death of someone you love, but maybe it's a dream that is gone, or a relationship, your home, finances...you know what it is. It may be difficult for you to see God's hand in your situation or why it has happened, but He is there. We will never totally know the purpose for these trials, but God still loves you no matter what. Reach for Him as I did; you won't regret it. PASSAGE: Matthew 11:28 (NLT) Psalm 23 (The Message) Jude 1:2 (The Message)

*Karen Anderson is an accomplished speaker, author, and chaplain. Receive a copy of her latest book, "Nikki's Tail-Waggin' Lessons" and "The Little Book of BIG Thoughts." Leave a message or questions for Karen through her website [www.doablesteps.com/contact](http://www.doablesteps.com/contact).*

## Sacramento County DA Reports Recent cases of interest

CASE: Dion Tolliver (12/05/12)

PROSECUTOR: Deputy District Attorney Jeff Harry

District Attorney Jan Scully announced that Dion Tolliver was convicted by jury of rape, sodomy, sexual penetration on an unconscious victim, aggravated sexual assault and lewd & lascivious acts on a child under age 14, and sexual penetration of a child under age 10. The jury also found the multiple victim enhancements to be true.

From January 1998 through January 2009, Tolliver sexually assaulted five victims. The victims were family members and friends of the family. At the time of the offenses, they ranged in age from 7 to 16 years old.

Deputy District Attorney Jeff Harry states, "It has been my privilege to get to know and work with the courageous young victims that were sexually abused. Now that justice has been served, they can close this chapter of their lives and continue to heal knowing that the defendant will never again harm them or anyone else."

Tolliver faces a potential maximum sentence in excess of 300 years to life in prison. Sentencing is set for January 11, 2013 at 10:00 a.m. in Department 26 before the Honorable Michael Savage.

CASE: Jose Moreno (12/04/12)

PROSECUTOR: Deputy District Attorney Michelle Restrepo

District Attorney Jan Scully announced that Jose Moreno was convicted by jury of 21 counts, including stalking, first degree burglary, wiretapping, and installing spyware.

When the victim ended her relationship with Moreno in July 2010, he repeatedly broke into her home, stole personal items, installed spyware on her computer, and installed hidden cameras in her bedroom. When the victim found the hidden cameras, she left her apartment and stayed with a friend. Moreno tracked her down at her friend's house and spent hours photographing her without her knowledge. The victim then obtained a restraining order and moved to another residence with an alarm system. Moreno again tracked her down at the new residence, where he disabled her alarm, removed the locking mechanism from her back door, and created a key allowing him access to her house. He repeatedly burglarized her third residence, including taking personal items and installing a camera in a heater vent.

On October 2, 2010, Moreno was arrested inside the victim's home. Two search warrants of Moreno's residence revealed multiple items of the victim's property and computer devices revealed Moreno's stalking efforts, including a folder entitled "Stalking" containing pictures of the victim.

Deputy District Attorney Michelle Restrepo states, "I commend the hard work and investigative efforts of Sacramento Police Detectives Natalie Medeiros, Eric Schneider, Ritch Gilleland, Brian McDougle and other patrol officers, which resulted in guilty verdicts on all counts."

Sentencing is set for January 4, 2012 at 9:00 a.m. in Department 17 in front of the Honorable Ernest Sawtelle.

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Meet Majid The "Bird Man of Gold River", July 2011 Community Newspaper



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[www.CarmichaelTimes.com](http://www.CarmichaelTimes.com)

# EPIC Bible College Celebrates Grand Opening

## Additional Expansion Plans Get Underway



The EPIC Bible College ribbon cutting ceremony featuring officials including (front row-left to right), Susan Peters, Sacramento County Board of Supervisors; Miss Citrus Heights; Jerry Mayberry, Chairman, Citrus Heights Regional Chamber of Commerce; EPIC Bible College President, Dr. Ron Harden; Jeff Slowey, Mayor, City of Citrus Heights; Connie Harden, wife of Dr. Ron Harden. Photo courtesy of EPIC Bible College.

SACRAMENTO REGION, CA - (MPG) Despite the challenges of the local economy, EPIC Bible College has exceeded fundraising and enrollment projections during a critical period of growth and expansion for the college. Having completed a new campus build-out at 4330 Auburn Blvd., the college just celebrated its achievements with a community-wide reception and official ribbon cutting ceremony for over 400 community and governmental business leaders, faculty, staff, students and alumni.

The new college campus is located just off of the Interstate 80 corridor and includes over 30,000 square feet of space—nearly four times the size of its former home off of Madison Avenue at Hillsdale Blvd.—with plenty of on site parking and “front door” access to public transportation.

EPIC’s new building improvements include: state-of-the-art classrooms designed to accommodate up to 35 students in each, music labs, computer labs, an expanded college library and resource center, student and faculty lounges, a new 1,800 square foot Chapel, EPIC Hall—special purpose space for community gatherings and graduations, wings of offices for college administration and faculty, and the EPIC Courtyard overlooking Arcade Creek, offering the entire campus community a peaceful place for meditation, study, meal and class breaks. Entering its first full school year

on the new campus, EPIC Bible College moves forward with yet another building expansion plan. Future plans also include implementation of the new \$250,000 state-of-the-art student information technology system and the introduction of its online degree program for students seeking AA and BA degrees. Also on the horizon is the much anticipated launch of EPIC’s masters and doctoral degree programs.

“This has been an amazing journey for us,” stated Dr. Ronald Harden, DD, President, EPIC Bible College. “We’re now positioned to make the leap from a local to global student population, while still maintaining a strong sense of our campus ‘family.’ Thanks to the demand for educated, socially-responsible leaders, and the acquisition of new educational technology, we have the tools to communicate with and build our campus population beyond its physical footprint.”

It’s impressive quest for academic excellence has helped EPIC Bible College place hundreds of graduates in leadership positions in over 32 countries around the globe—assisting a worldwide 21st Century population struggling to achieve basic human needs.

Among the most respected higher education institutions in the region, EPIC Bible College ranks within the top 10 U.S. colleges of similar size and degree programs (Federal Government Ranking:

Integrated Postsecondary Education Data System-IPEDS). The college offers specific academic programs in education, music, counseling, youth and Christian ministry with diverse and flexible course schedules, as well as financial aid and scholarship programs. Students are offered accredited degree programs taught by faculty comprised of Masters and Doctoral level professors with an equal blend of life experience and professional skills.

In recent years, the college has doubled enrollment with an average 25% growth in full time student year-to-year enrollment and a 140% increase in its fiscal year operating budget—upwards of \$3 million annually.

Arguably, one of the most culturally diverse colleges in the U.S., EPIC’s student body represents over 200 area churches and boasts a population that is 7% international, and 58% female—27% greater than the female population at similar institutions across the nation.

The diverse and welcoming atmosphere of EPIC Bible College also encourages students to make a difference in the communities they serve by modeling service projects benefiting organizations including WEAVE, Union Gospel Mission, Coats For Kids, and The Binky Patrol. The college continues to experience growth at a time when business and the economy struggle, demonstrating the importance of an integrated education in life skills, faith and professional service.



by David Dickstein

### Family Films

**“The Hobbit: An Unexpected Journey”**  
Opens Dec. 14, rated PG-13  
thehobbit.com

Did anyone really think we were done visiting Middle-Earth after Frodo destroyed that cursed gold band at fiery Mount Doom? Director Peter Jackson sends us back in this prequel adaption of the J.R.R. Tolkien classic, “The Hobbit.” The epic follows the title character, a younger Bilbo Baggins (Martin Freeman), in a world of dwarves, dragons and some wizard dude named Gandalf. Gollum also shows up with his precious ring.

**“Monsters Inc.”**  
Opens Dec. 19, rated G  
monstersinc.com

Like the employees of Monsters Inc. who turn children’s screams into energy, Disney is squeezing more money out of moviegoers with 3-D reissues of 2-D animated classics. This past year has seen conversions of “The Lion King,” “Beauty and the Beast,” “Finding Nemo” and “The Little Mermaid.” Now it’s Sully and cycloptic Mike’s turn to entertain with an added dimension as the good monsters protect a sweet little girl named Boo from bad monsters, and discover an alternative energy source in the process. Spoiler alert? Oh, please — you and your child have seen this one a kazillion times.



**“Parental Guidance”**  
Opens Dec. 25, rated PG  
parentalguidancemovie.com

From blundering grandfather, Bill Crystal stars in a live-action comedy with Bette Midler. Marisa Tomei and Tom Everett Scott are the parents of their three grandchildren. The three-generational laughter centers on a babysitting experience in which

# Films and DVDs for the Whole Family



differing parenting styles butt heads. Crystal also wrote and produced the film that marks his first major screen role since the 2002 dud “Analyze That.”

sound a lot like Ray Romano, John Leguizamo and Denis Leary. *Grade: B*

### Family DVDs

**“Diary of a Wimpy Kid: Dog Days”** (Dec. 18 on DVD and Blu-ray, rated PG): excruciating for parents is this third adaptation of Jeff Kinney’s best-selling children’s books. The summer box office dud plays better at home. The kid, a less-wimpy Greg Heffley (Zachary Gordon), is threatened with attending military school during summer vacation if he doesn’t stay out of trouble. Yeah, right. *Grade: B-*

**“Ice Age: Continental Drift”** (Dec. 11 on DVD and Blu-ray, PG): The fourth adventure-filled journey with the die-hard woolly mammoth, sloth and saber-toothed tiger is throwaway fun and excitement, and an improvement from the prior “Dawn of the Dinosaurs.” Their continent set adrift, a floating iceberg is how the changing world is explored for these animals who

**“The Odd Life of Timothy Green”** (Dec. 7 on DVD and Blu-Ray, PG): The tale of a boy (CJ Adams) who sprouted from a garden works for the less cynical movie watcher, but the rest of us wish they sold weed killer at the concession stand. Sure, the story of a married couple (Jennifer Garner and Joel Edgerton) who can’t make a child but sees their dream realized from out of top soil is imaginative. But so is topiary, yet who wants to gaze at that for 104 minutes straight? *Grade: C*

**“Thomas & Friends Sticky Situations”** (Dec. 11 on DVD, not rated): Every segment in the series ends happily with teamwork saving the day, but before the trains of Sodor Island can smile again, they must go through some peril. In this title that means getting caught in a bind for not listening to directions, getting lost in thick fog and dealing with a muddy river. *Grade: B+*



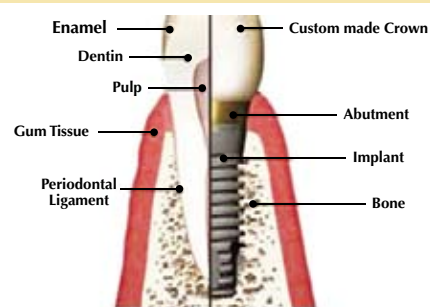
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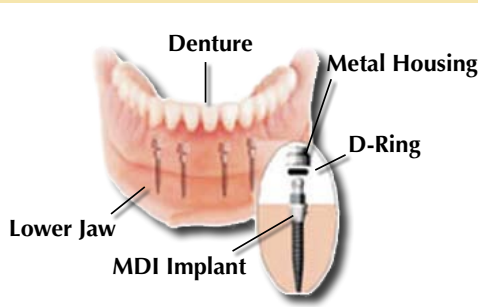
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