

It's Beginning to Sound a Lot Like Christmas in Carmichael...

PLUS: "It's the Holiday Season - Without Andy Williams"

Page 11

Carmichael Times

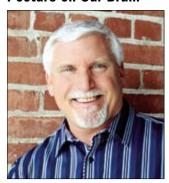
Volume 32 • Issue 48

Serving Carmichael and Sacramento County since 1981

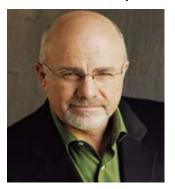
The Skill Set of the Young and Smart

November 28, 2012

Dr. Bob Graykowski: The Devastating Effects of Forward Head **Posture on Our Brain**



"Letting Them in on the Secret" and other **Sound Financial Advice** from Dave Ramsey



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Local Children Collect Over 300 Pounds of **Candy for Soldiers**



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lege graduation. They are also aware that this represents a dramatic change from every decade since the end of World War II. I recall that no one in my college graduating class worried about jobs. They wondered if they were choosing the right profession, whether more degrees were necessary, whether it would

Commentary by

Laissez Faire Today

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The unemployment rate for

19-24 year olds hasn't moved

much since 2008, and the real-

ity of the tight job market has

fully dawned on the young peo-

ple I've spoken with about this.

They know that odds are against

them and that it takes extra effort

to make a go of it following col-

Jeffrey Tucker,

be good to move near or far, and that sort of thing. But the notion that we would suddenly find ourselves unemployed for a long time, or even longer than a week, never occurred to us.

Back in the day, young people would graduate college and go on long trips to Europe, follow the Grateful Dead, hang out in the college town for a year with their buddies, or casually do odd jobs until the time seemed right to get

serious. We had marketable skills and we knew it. We were the sellers of services and the market was buying. The "land of opportunity" still thrived.

For graduating students today, these are indeed the hardest of times. Turning college degrees into formidable careers will prove to be a challenge.

No more.

I've observed two general reactions to this among young people. Some let the problem sneak up on them and melt into despair when things don't go their way. These people have a sense that they did everything right: good schools, decent grades, graduating on time. They sent out hundreds of resumes but got back nothing in return. Now they are living with Mom and Dad, saddled with a terrible debt they can't pay, and increasingly bitter at the world and contemplating the indignity of a minimum-wage job.

These people followed the rules but the rules betrayed them. Now they blame everyone else. They blame the system, and they are right that they system is rotten. They blame their counselors, and it's true that older people have been blindsided by this too. They blame the 1%, and there is no question that the system is rigged in favor of the well connected. I completely understand this attitude but there is a problem: it doesn't actually accomplish anything. Anger, excuses, and protest

gets no one any closer toward actually fixing the problem.

What intrigues me more are the students who are refusing to let the problem defeat them. They have seen three classes of graduates leave the college cocoon and face the cruel world, and they have seen who succeeds and fails. Among this group, you will find not panic or worry but a strange calm and confidence that they will be among the minority who will find a good-paying position in their field of choice. Having talked to many of these people over the last year, I've discerned the common character traits and skills sets they focus on.

Hard Work. All the students who have confidence about overcoming the odds are extremely busy for school, work, or professional preparations. I've met engineering majors (talk about time consuming) who are also cross-country runners who train 3 hours per day, every day. I've also met students who are prelaw who work for very low pay at law firms, just as a way of getting experience. Even students who are music majors accept every gig they can.

They take internships when available. They work odd jobs. They rise early and get to bed on time. They don't take off summers, and the weekends are full of tasks.

These students are preparing themselves for a life of very hard work. They don't party. They watch what they drink. They avoid personal relationships that threaten to distract and bog them down. They are not members of social fraternities and sororities. Social life is way down the list of priorities. They top priorities are school, grades, work, and making and saving as much money as they can.

All of this matters for the future. The biggest annoyance that employers have is being saddled with a new employee who knows not the meaning of work. They have been through four years of partying and sloth. They long for this to continue...with pay. This is more obvious from a resume than one might think. On the other hand, a student who has references from a wide number of established people who can speak with confidence about a prospective employee's work ethic overcomes this fear, and has a much better chance going forward.

Continued on Page 11

Overnight Ramp Closures Planned for Watt Avenue and U.S. 50 Interchange Project

SACRAMENTO REGION, CA (MPG) As part of construction activities for the Watt Avenue and U.S. 50 Interchange Project, there will be temporary full ramp closures for five consecutive evenings from November 28 to 30, from 9 P.M. to 6 A.M. each night. Ramp closure details are listed below:

Ramp Closure Locations 1. Westbound U.S. 50 Off-Ramp

to Northbound Watt Avenue. • Detour: Motorists can take the

off-ramp to southbound Watt Avenue and make the first available legal U-Turn (Manlove Road), or from westbound U.S. 50, motorists can take Bradshaw Road north to Folsom Boulevard west to Watt Avenue.

2. Eastbound U.S. 50 Off-Ramp to Southbound Watt Avenue.

• Detour: Motorists can take the off-ramp to northbound Watt Avenue, off-ramp to La Riviera Drive, west to left-turn onto southbound Watt Avenue or from eastbound U.S. 50 motorists can take Howe Avenue south to Folsom Boulevard and then east to Watt Avenue.

Scheduled Closure Period

Ramp closures are scheduled for five consecutive evenings from November 26 to 30, from 9 P.M to 6 A.M. each night. The ramp closure period may be rescheduled or extended due to the impacts of inclement weather.

Interchange Construction: The Watt Avenue and U.S. Highway 50 interchange project will modify the existing interchange to reduce congestion, install dedicated transit facilities, and improve access and safety for bicyclists and pedestrians. Project work during the current closure period includes temporary striping and setting of concrete barriers for Phase 1 work activities.

Your Patience is Appreciated: Sacramento County understands the challenges and inconvenience that motorists will experience during the closure period. The patience and cooperation of the traveling public is appreciated as work to construct the interchange project continues.

Contact Information: Please contact John Jaeger (Senior Civil Engineer) at 916-874-7507 or jaegerj@saccounty.net, or Anthony Voo (Associate Civil Engineer) at 916-874-7871 or vooa@saccounty. net, for detour related questions and/or project information.

Two Alarm Fire Destroys Vacant Store



Aggressive firefighting enabled the roaring fire to be contained quickly.

From Sacramento Metropolitan Fire District

CARMICHAEL, CA (MPG) -On Sunday at 11:31 pm, Metro Fire units were called to a strip mall at 6340 Fair Oaks Boulevard. First arriving crews found thick smoke blowing out the front of the vacant home appliance store, with heavy smoke and flames through the roof at the back. In an effort to get a quick stop on the fire, crews attacked the fire from multiple access points: the front door, the back of the building, and from the aerial ladder

Aggressive firefighting enabled

the fire to be contained quickly. Crews from 9 engines, 5 trucks, 2 medics, and 4 battalion chiefs worked together to put out the fire, while protecting the other two businesses from significant damage. The florist next door suffered minor smoke and fire damage in the attic; the restaurant suffered no damage whatsoever.

Firefighters were able to save an estimated \$700,000 worth of property. Damage to the structure is approximately \$300,000 and no firefighters or civilians were injured. Arson investigators were on scene and have determined the cause to be Arson. Metro Fire asks that anybody

with information regarding this fire call the Arson Tip Line at 916-859-3775.

Metro Fire crews regularly evaluate buildings in their neighborhoods, determining how to best fight fire in advance. Fire crews had recently walked through this vacant store, noticing that the roof was unstable and dangerous. This advance knowledge is what kept crews safe. Soon after arrival, the rear section of the roof collapsed, followed by the front. Knowing the roof was unstable, crews had positioned themselves, and their apparatus, to be able to aggressively fight the fire without getting injured.

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Bel Tempo is a world-class handbell choir performing a mix of religious and secular music sure to put you into the spirit of the season! The concert benefits Francis House Center. A donation of canned food items is requested.

Celebrate the birth of Jesus with cake, ice cream, games and a short skit, "A Prime Time Christmas", presented by our Youth Group and Youth Praise Band. Join this free family event and, if able, bring an unwrapped toy.

Sunday, Dec. 16 — Festival of Carols 4 p.m

Everyone is welcome, especially the children, to join us for an old fashioned sing along of Christmas carols! Sing all your favorites and learn the origins of many of these timeless classics as we make a joyful noise to the Lord.

Monday, Dec. 24 — Christmas Eve Services

Friday, Dec. 14 — Jesus' Birthday Party

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7 p.m.



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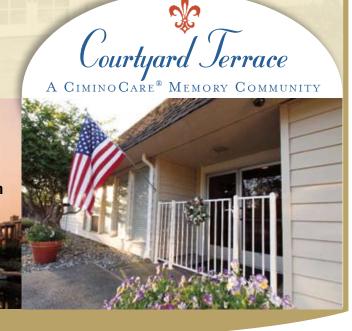




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Subscriptions should be mailed to Carmichael Times, P.O. Box 14, Carmichael, CA 95609. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County. *The Carmichael Times* is published weekly. Call 916-773-1111 for more information. *(ISSN # 1948-1918)*.

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It's Beginning to Sound a Lot Like...

By Susan Maxwell Skinner

CARMICHAEL, CA – (MPG) Local Christmas celebrations will be well orchestrated in the next few weeks.

Kicking off with the annual Holiday Lights festival at

Carmichael Park next Thursdsay, band events continue almost until Christmas Eve. Here are four ensembles with public shows in December. Unless otherwise stated, admission is free



Soprano Carole Brewer is a guest vocalist for four area performances of the River City Concert Band. Tom Seaton leads his ensemble for holiday light celebrations at Carmichael Park this Thursday, December 6. Downbeat is at 5:30 pm. The band also performs at the First Covenant Church (Rancho Cordova) on Monday, December 10, at 7 pm; Christ Community Church (Carmichael) on Monday, December 17, at 7 pm and for a spaghetti dinner at the Carmichael Elks Lodge on Saturday, December 22. (Admission \$12 adults; \$6 children). Information: www.rccband.webs.com.

Photo by Susan Maxwell Skinner.



Sponsored by the Sunrise Park District, the Capitol Pops concert band presents a program of festive music at Rusch Park on Saturday, December 8. Director Jerry Lopes will conduct his 60-piece ensemble, with singers Susan Skinner (left) and Katie Johnson on solos and holiday sing-alongs. Raffle opportunities add to this band fundraiser. A popular chestnut is the musical adaptation of Clement Clarke Moore's "T'was the Night Before Christmas." Music starts at 7:30 p.m. Information: (916) 967-1461 or visit www.capitolpops.org. Photo by Susan Maxwell Skinner.



Four lads -- purportedly from Liverpool -- will stage a Holiday show at the La Sierra Community Center on December 15.

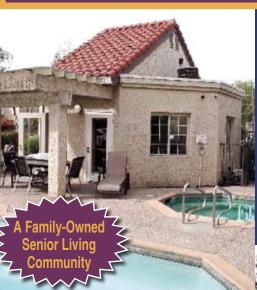
Beatles tribute band "Because" joins forces with the Carmichael Park District for a concert and toy drive. John, Paul, George and Rudolph will initiate the screaming at 4 pm. Admission is \$10 but donors of new, unwrapped toys (for kids aged 5-12) will earn a \$5 discount. Gifts will be donated to Toys for Tots. Children 12 and under are free. For more information, call (916) 485-5322 or visit www.carmichaelpark.com. Photo by Susan Maxwell Skinner.



Dr Les Lehr (center) will conduct the Sacramento Symphonic Winds in a December 9 program called "Pops Pourri!" Part of the ensemble's 2012-13 concerts series, the Sunday show begins at 2:30 pm. La Sierra Community Center (5325 Engle Rd) is the venue. An eclectic line up swings from Mel Torme's "Christmas Song" to a Lord of the Rings opus. Winds' musicians will be augmented by guest singer and sax player Roger Goseline. Tickets are \$10; seniors and students \$5. For information, call (916) 489-2576 or visit www.sacwinds.org. Photo by Susan Maxwell Skinner.

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While side-to-side spinal curves, such as scoliosis, are abnormal, front-to-back curves are normal and essential to spinal health. These curves help the body carry its weight and distribute it down through the pelvis. The three curvatures are: a bend of the neck with the apex toward the front of the body (cervical curve), a bend in the mid-back (thoracic curve) with the apex toward the back of the body, and a bend in the low-back (lumbar curve) with the apex toward the front of the body.

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When one of the three curvatures decreases, the body's alignment is thrown off balance. For example, if the cervical (neck) spine's curve is lost, the neck will begin to straighten, causing a condition called "cervical kyphosis."

Cervical kyphosis, often termed "military neck," can progress to the point where the curve in the neck actually reverses, going in the opposite direction from its normal, healthy state. The reversal is also known as forward head posture (FHP).

FHP can cause degenerative effects on the neck,

The Devastating Effects of Forward Head Posture (FHP) on Our Brain

such as osteoarthritis, chronic pain, limited range of motion and increasing risk of arm or hand pain. The good news is that FHP may be reduced, or even corrected in many cases. Because of the amount of time most people spend hunched over desks and computers, FHP is one of the most common findings in the American population due to excess time on the internet, watching television, texting and video game use.

Arthritis

When the neck has a normal curve, the weight of the head is balanced and muscles endure only minimal strain. However, if the neck is straight or in a FHP position, constant strain is placed on joints. Joints that are strained continuously are predisposed to arthritis and degenerative disc disease which can even begin at early ages. By upsetting the balance of the spine and the muscles that are attached, FHP also dramatically increases the risk of neck muscle strain. With FHP, neck and shoulder muscles are constantly working hard to prevent the effects of gravity and keep the head from falling completely over. Muscles that were designed to stabilize the neck and head now must support the weight of the neck and head throughout the day.

This chronic condition 'FHP 'leads to vertebral subluxations creating areas of the spine which are out of alignment causing nerve pressure. Long term spinal nerve pressure has been shown to affect brain health.

Seat Solution

In addition to chiropractic check ups we often recommend ergonomic changes. For example, when you sit down to read or work, do you tend to adopt a "gooseneck" position with your head jutting forward?

Over time, this position can increase chances of FHP. The solution? Try to keep your head aligned with the middle of your back fairly straight. As you sit, it may help to visualize the three natural curves in your spine from neck to lower back and invest in a properly designed seat to support the spine's natural curves.

Assessing Posture

Right now, whether you are sitting or standing, assess you neck posture. Is your head leaning forward with your neck and shoulders tense? Or is your neck straight without its proper curve? How does your family's neck posture rate? Even small postural misalignments can eventually lean to pain and health problems. Having a Chiropractic postural exam is a simple and proactive way to reduce stress on your nervous system. At Chiropractic USA we are your partners in spinal health and overall wellness.

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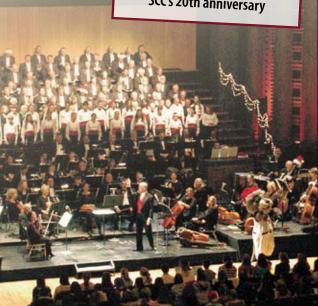
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The list of names will remain online until December 27, Sacramento, CA 95817-1899

this information in an effort to locate the money's rightful owner. Claims against these uncashed checks should be filed on or before December 27, 2012 with SMUD Unclaimed Monies, 6201 S Street, Mail Stop B302,

SACRAMENTO COUNTY, CA 2012. Each year SMUD posts or by calling (916) 732-7440. Replacement checks will be issued only to the payee whose name is on the list. Checks not claimed by December 27, 2012 become SMUD property under California Code Section 50050-50056.





11 Critical Home Inspection Traps to be Aware of Before Listing your Home for Sale

Carmichael - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection.

If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair.

That's why it's critical that you read this report before you list your home. If you wait until the building inspector

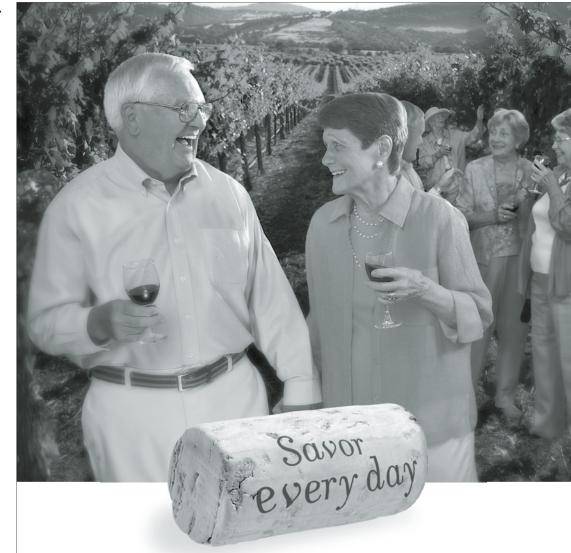
flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away altogether.

To help home sellers deal with this issue before their homes are listed, a free report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

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On Saturday, January 19, 2013 the swap gets underway at 3 pm in Carmichael. Hosted by community active Robinson's Taekwondo 5733 Marconi at the corner of Fair Oaks Blvd., the item drop off begins at 3pm and the swap at 4pm.

Tickets are \$5 in advance, \$7 at the door. Items include clean, gently used maternity, baby and children's clothing, toys, books, puzzles and other

kid-friendly used goods. A special Mommy and Me fitness gym for kids 3 and up helps parents as the Black Belts keep the children busy through the swap event.

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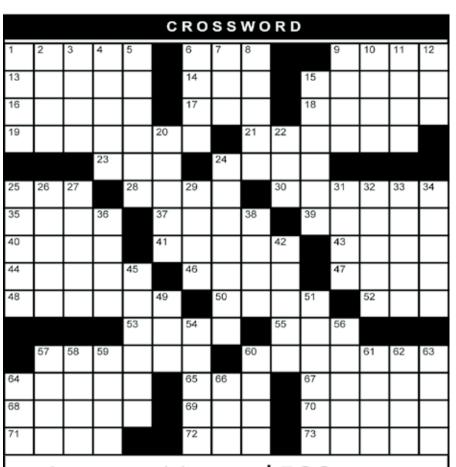
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CLUES

- 1. Raised on a farm, pl. 6. Former refrigerant
- 9. Red 13. Dickens'
- 14. Uncle Sam wanted this
- 15. Needed for service 16. Laundromat setting
- 17. Interest rate order of classical
- architecture
- 19. *Famous cosmonaut
- 21. *Space filler
- 23. Jack-in-the-Box restraint 24. Watered down
- 25. Columbus Day mo.
- 28. Drop a line 30. More hokey
- 35. *Moon of Saturn
- 37. "Frat Pack" member 39. Burn slightly
- 40. Charlie "
- 41. Wall painting 43. First stop on the way to

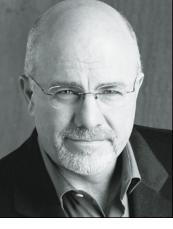
- riches?
- 44. A picture within a picture 46. Phoenix neighbor
- 47. Sheepshank or bowline, e.g.
- 48. Tapeworm 50. Solemn promise
- 52. Lt.'s subordinate
- 53. lrk
- 55. Trigonometry abbr. 57. *Atlantis' deposit
- 60. *It was recently retired 64. Iragi money
- 65. Make lacework by knotting
- 67. Traffic stopper
- 68. Greet the day
- 69. "___, the Beloved Country'
- 70. Serengeti grazer 71. "All_
- 72. Witch's work
- 73. Clans or tribes

- 27. To the point
- 29. Swim. swam.
- 31. *USS Enterprise Captain

- DOWN 1. Town
- 2. Diva's solo
- 3. *Saturn's environs, sing.
- 4. Like sound of pinched nose 5. Mohammed's descendant
- 6. Greenish blue
- 7. Dandy
- 8. Grading arch 9. Holier than who?
- Hokkaido native 11. It often precedes "proper"
- 12. And so on 15. Pervertedly insane ones
- 20. "Kick the bucket," e.g.
- 22. Ooh and 24. Of which
- 25. *Outer space path 26. *Third country to indepen-
- dently send person to space

- 32. Absurd 33. Prod or incite 34. He _ in peace
- 36. Port in Yemen
- 38. *Rover launcher 42. Gate holder
- 45. Sound quality
- 49. Be indisposed 51. Of Lords and of
- Commons
- 54. Bring back 56. Turning token taker
- 57. Add to payroll 58. U in "Law & Order: SVU"
- 59. Low pitch
- 60. "Mr. Roboto" band
- 61. Links hazard 62. Fast time
- 63. Means justifiers 64. Pat
- 66. ___ you sure?

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover and EntreLeadership. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Letting Them in on the Secret

Dear Dave,

I'm in a very fortunate position when it comes to my finances. I'm 25, and I make \$50,000 a year. I'm also completely debtfree. In your opinion, when is it appropriate to let someone you're dating know about your financial situation?

- Anonymous

Dear Anonymous,

Wow, you are in a great position for someone so young. I'm not sure how you got there, but it certainly wasn't by being dumb or immature.

I think it's only natural in a dating situation to reveal more about oneself as time passes and the relationship gets deeper and more serious. In my mind, people who start throwing around financial information on a first date are either extremely superficial or just plain weird.

But after you've been dating a while, and definitely before you're engaged, you should know everything about the other person. There should be complete disclosure in every area of your lives. That's called intimacy. There's no room for skeletons in the closet when it comes to a healthy relationship.

Just take your time and make sure you're both committed to being open and honest about things. Then, as the relationship progresses, the depth of intimacy

Dave Says

and the depth of information will possibility I just mentioned isn't progress in all areas of your lives.

- Dave

What's the Worst That Can Happen?

Dear Dave,

My wife and I want to do a live-in/flip real estate purchase. The idea is to buy a fixer-upper and rent out the basement to help with the mortgage payments. What do you think about the idea?

- Brian

Dear Brian,

I love real estate. I've flipped a few houses in my day too. But the particulars of the deal make me a little nervous.

In a situation like this you need to do a basic business analysis. You've got to have a plan and figure out the worst case scenario. Part of this is determining whether or not you can survive if things fall apart. In this case, the worst case is that you can't get a renter and the house doesn't sell. It puts your family in jeopardy if this happens, so to me it's not an

Honestly, I think you've got house fever right now. The a rare occurrence. Lots of people have had the same idea, with the best of intentions, and still end up in a big mess. But if you and your wife are willing to accept the possibility of things not working out like you plannedand the fact that you might have to take additional jobs for an unknown period of time just to make ends meet—then it might be a play. Me? I don't like putting myself into skin-of-my-teeth positions intentionally. When I wore a younger man's clothes, I was willing to do stuff and ignore the risk involved. Going broke years ago knocked that out of me in a hurry. Any deal that runs the risk of leaving you bankrupt, or the victim of a foreclosure, just isn't worth it!

*For more financial help, please visit daveramsey.com.

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See Page 7.

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Crossword Puzzle on Page 6

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(MPG 12-31-12)

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ance, CA driver's license.

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LEGAL ADVERTISING

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FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08182. Andrea Silva, 10612 Fair Oaks Blvd., Fair Oaks, CA 95628 is doing business under the Fictitious Name Photography" at 8030 Sacramento St., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento on Oct. Publish: November 7, 14, 21, 28, 2012.

CLOVER FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08865. Karan Venture LTD, 8719 White House Road, Elk Grove, CA 95758 is doing business under the Fictitious Business Names "1st Choice Pizza & Curry; 1st Choice Pizza" at 9308 Elk Grove Blvd. #100. Elk Grove. CA 95624. Filed with the Clerk of Sacramento County on November 1, 2012. Publish: November 7, 14, 21, 28

1STCHO FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012 Darlene D. Hollins, 3832 Elm St., Sacramento, CA 95838 is doing business under the Fictitious Business Name "Blessed Enterprises" at 382 Elm St., Sacramento, CA 95838, Filed with the Clerk of Sacramento County on October 31, 2012. Publish: November 7, 14, 21, 28,

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08478. AGA Auto Dismantling LLC, 625 Old Country Road #25, Belmont, CA 94002 is doing business under the Fictitious Business Name "AGA" at 3806 Recycle Road, Rancho Cordova, CA 95742 Filed with the Clerk of Sacramento County on October 17, 2012. Publish: November 7, 14, 21, 28, 2012. 121101 11-28-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08876. Kelly Lee Ellis and Corlene R. Ellis, both of 9445 Williamette Way, Sacramento, CA 95826 are doing business under the Fictitious Business Name "The Destination at 11363 Sunrise Gold Circle #D, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on November 1, 2012. Publish: November 7, 14, 21, 28 2012. 121101

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08830. Jose E. Mirazo, 7456 Center Park Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name "Tito's Towing & Repair" at 3121 23rd Ave. Sacramento, CA 95820. Filed with the Clerk of Sacramento County on October 31, 2012. Publish: November 7, 14, 21, 28, 121101 11-28-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08579 Michael David Burnett, 9638 Hawk Bay Way. Elk Grove. CA 95757 is doing business under the Fictitious Business Name "Premier International Salon" at 1309-D Florin Filed with the Clerk of Sacramento County on October 22, 2012 Publish: November 7, 14, 21, 28, **PREMIE** 121101 11-28-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08815, Karl's RV, Inc., a California Vinci Ave., 1470 Sacramento, CA 95838, is doing business under the Fictitious "Wholesale Name Business Trailer Supply" at 1470 Vinci Ave., Sacramento, CA 95838. Filed with the Clerk of Sacramento County on October 30, 2012. Publish: November 7, 14, 21, 28,

WHOLES 121101 11-28-12 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08739. Richard James Kimbrough II, 1550 Iron Point Road #2913, Folsom, CA 95630 is doing business under the Fictitious Business Name "Reliable Lawn Care & Handy Services" at 1550 Iron Point Road #2913, Folsom, CA 95630. Filed with the Clerk of Sacramento County on October 26, 2012. Publish: November 7, 14, 21, 28,

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08783. Adrienne L. Monarrez, 4920 Minnesota Ave., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Whole Body Wellness" at 4920 Minnesota Ave., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on October 29, 2012. Publish: November 7, 14, 21, 28,

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08451. Whtaker's West Coast Transmission Inc., 2656 Montgovery Ave., Concord, CA 94519 is doing business under the Fictitious Business Name "West Coast Transmissions" at 5630 Roseville Road #A Sacramento CA 95842 Filed with the Clerk of Sacramento County on October 16, 2012. Publish: November 7, 14, 21, 28, 121101 11-28-12

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2012-07277

The following persons have FICTITIOUS BUSINESS NAME of West Coast Transmission Inc. located at 5630 Roseville Road Whitaker's West Coast TransmissionInc..2656Montgomery Concord, CA

conducted by: a Corporation. The Fictitious Business Name Statement was filed on September 5, 2012 in the County of Sacramento. Filed with the Clerk of Sacramento County on October 16, 2012. Publish: November 7, 14, 21, 28,

business

WESTCO 121101 11-28-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00132015

WHEREAS, Crystal Collins has filed a petition with this court for a decree changing name of Crystal Marie Collins

Christopher Loki Collins. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 13, 2012 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that

a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 31, 2012 David I. Brown

Judge of the Superior Court Publish: November 7, 14, 21, 28, COLLIN 121101 11-28-12

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2012-00132045 WHEREAS. Nefertiti Gloria Marie Shabazz has filed a petition with this court for a decree changing name of Nefertiti Gloria Marie Shabazz to Gloria Marie Elizabeth Flowers.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 14, 2012 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change

of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 31, 2012 David I. Brown Judge of the Superior Court

Publish: November 7, 14, 21, 28, 121101 11-28-12

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES

To Whom It May Concern:
My Friend William Incorporated is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 3402 Broadway, Sacramento, 95817-2823 with 47 - On-Sale General Eating Place license. Filed: November 6, 2012.

Publish: November 14, 21, 28, 2012 **MYFRIE** 121102

11-28-12 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08701 Lynn Tran, 6516 Springridge Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "LT Tax & Accounting" at 6171 Stockton Blvd. #190. Sacramento, CA 95824. Filed with the Clerk of Sacramento County on October 25, 2012. Publish: November 14, 21, 28, December 5, 2012. LTTAX&

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-009028. Ping Qiu, 8462 Ceonothus Ct., Elk Grove, CA 95624 is doing business under the Fictitious Business Name "Hunting Eagle Media" at 8462 Ceonothus Ct. Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on November 8, 2012. Publish: November 14, 21, 28, December 5, 2012. HUNTIN

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08525. Mai Anh Ha, 9647 Foremast Ct., Elk Grove, CA 95758 is doing business under the Fictitious Business Name "Maiyasake" at 9647 Foremast Ct., Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on October 18, 2012. Publish: November 14, 21, 28,

121102

MAIYAS

NANCYS

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08644. Nancy Stenroos, 3510 Grant Park Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Nancy's Glass Wind Chimes" at 3510 Grant Park Dr., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 23, 2012. Publish: November 14, 21, 28, December 5, 2012.

121102

12-5-12

FOXX

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08278. Christopher G. Chandler, 5441 Waterville Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name "NU Concepts Audio" at 4604 Auburn Sacramento, CA 95841. Filed with the Clerk of Sacramento County on October 10, 2012. Publish: November 14, 21, 28, December 5, 2012.

12-5-12 121102 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08482 Muhammad Akhtar, 1972 Hackett Dr., Woodland, CA 95776 and Israr Ahmad, 1016 Leake Circle, Woodland, CA 95776 are doing business under the Fictitious Business Name "Carmichael Tire and Auto Repair" at 7500 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 17, 2012. November 14, 21, 28, December 5, 2012. 121102 12-5-12

CARTIR FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08978. Lisa M. Spurney, 210 Ashwood Ct., Lincoln, CA 95648 is doing business under the Fictitious Business Name "Paws and the Palette" at 1014 24th St., Sacramento, CA 95816. Filed with the Clerk of Sacramento County on November 7, 2012 Publish: November 14, 21, 28, December 5, 2012. PAWSAN 121102

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08914. Fassler, 9529 Sheldon Road, Elk Grove, CA 95624 is doing business under the Fictitious Business Name "Unique Designs In Polymer Clay" at 9529 Sheldon Road, Elk Grove, CA 95624, Filed with the Clerk of Sacramento County on November 2, 2012. Publish: November 14, 21, 28, December 5, 2012. UNIQUE 12-5-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09004. Coyota Tap House, Inc., 801 14th St., Sacramento, CA 95814 is doing business under the Fictitious Business Name "Tap House" at 801 14th St., Sacramento, CA 95814. Filed with the Clerk of Sacramento County on November 7, 2012. Publish: November 14, 21, 28, December 5, 2012.

12-5-12 TAPHOU 121102 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08760. John L. Hansen, 4228 Barett Carmichael, CA 95608 is doing business under the Fictitious

Business Name "Hansen Consulting Architects" at 4228 Barrett Road, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 29, 2012. Publish: November 14, 21, 28, December 5, 2012. 121102 12-5-12 HANSEN

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08790. Jaime N. Rubio. 3020 Valkyrie Way, Sacramento, CA 95821 is doing business under the Fictitious Business Names "Dreaming Casually Publications: Dreaming Casually by Jaime Rubio" at 8880 Cal Center Dr. #400 Sacramento CA 95826 Filed with the Clerk of Sacramento County on October 29, 2012. Publish: November 14, 21, 28, December 5, 2012. 121102

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00132387

WHEREAS, Brandon Mark Robes has filed a petition with this court for a decree changing name of Brandon Mark Robes Brandon Lukas

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 28, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 7, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: November 14, 21, 28, December 5, 2012.

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00132364 WHEREAS, Mister

121102

Jesse Maurice Edward Rowan has filed a petition with this court for a decree changing name of Mister Jesse Maurice Edward Rowan to Mo'Nique Noelle-Monroe Rowan. IT IS ORDERED that all persons

interested in the above entitled matter appear before this court at 9:00 a.m. on December 27, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that

a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 7, 2012 Shelleyanne W.L. Chang Judge of the Superior Court Publish: November 14, 21, 28, December 5, 2012. 12-5-12 ROWAN 121102

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO CHANGE OF NAME #34-2012-00132342

WHEREAS. Julian Tri has filed a petition with this court for a decree changing name of Julian Tri to Hanh Thi Tuyet Tri. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 21, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 7, 2012 Shellevanne W.L. Chang Judge of the Superior Court Publish: November 14, 21, 28, December 5, 2012.

121102

12-5-12

ADMIN

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09192. BVD Financial, Inc., 4115 Sadek Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Sacramento Realtors" at 4227 Sunrise Blvd #200, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento 15, Publish: November 21, December 5, 12, 2012.

121103

SACREA

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09110. Kassie Lynn Donoghue, 2342 St. Francis Dr., SACRAMENTO, CA 9581 is doing business under the Fictitious Business Name "Advantage ChiroCare" at 3908 "J" St. #2, Sacramento, CA 95819. Filed with the Clerk of Sacramento County on Nov. 13, 2012 Publish: November December 5, 12, 2012. ADVANT 121103 12-12-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09140. Paul Franklin Gottfredson, 6905 Blue Duck Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name "Bottom Line Manufacturing" at 11235 Coloma Rd. #G&H, Gold River, CA 95670. Filed with the Clerk of Sacramento County on Nov. 14, 2012. November 21, 28, December 5, 12, 2012. 12-12-12 BOTTOM 121103

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09134 Joana Naftaly, 5119 Hillsdale Blvd. #18, Sacramento, CA 95842 is doing business under the Fictitious Business Name "A Brides Dream Come True Wedding Planning at 5119 Hillsdale Blvd. #18 Sacramento, CA 95842, Filed with the Clerk of Sacramento County on Nov. 14, 2012. Publish: November 21, 28 December 5, 12, 2012. ABRIDE 121103 12-12-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08656 Alexa Sanford, 7558 Whisperwillow doing business under the Fictitious Business Name "Esthetics by Lex" at 7558 Whisperwillow Dr. Sacramento, CA 95828. Filed with the Clerk of Sacramento County on Oct. 23, 2012. November 21, 28, December 5, 12, 2012. 121103

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09093 Lisa Sigurdson, 9142 Tapper Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name "Dragonfly Salon & Boutique" at 610 Riley St., Folsom, CA 95630. Filed with the Clerk of Sacramento County on Nov. 9, 2012. Publish: November 21, 28, December 5, 12, 2012. 121103

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09017. Michael A. Schave, 7000 Fair Oaks Blvd. #10. Carmichael. CA 95608 is doing business under the Fictitious Business Name "MAS Resale" at 7000 Fair Oaks Blvd. #10. Carmichael, CA 95608, Filed Sacramento with the Clerk of County on Nov. 8, 2012. Publish: November 21, December 5, 12, 2012. 12-12-12 MASRES 121103

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2012-00132361 WHEREAS, Michael Joseph Young II has filed a petition with this court for a decree changing name of Michael Joseph Young

to Yuriel Ayrian Young. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 27, 2012 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichae Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 7, 2012 David I. Brown

Judge of the Superior Court November December 5, 12, 2012. 12-12-12 YOUNG 121103

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-09272 ASJS Enterprises Inc., 10038 Upshaw Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name "ASJS Equities" at 10038 Upshaw Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on November 19, 2012. Publish: November 28, December 5, 12, 19, 2012. ASJSEQ 121104

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08929. Robert L. Denver II, 3341 Edgar Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Names "IN Capre; IN Real Estate" at 3341 Edgar Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on November 5, 2012. Publish: November 28, December 5, 12, 19, 2012. 121104 INCAPR

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08672. Justin Jeremiah, 3240 Pillsbury West Sacramento, CA 95691 is doing business under the Fictitious Business Names "First Capital Finance; KMJ Real Estate Investment" at 10304 Placer Lane #A, Sacramento, CA 95827. Filed with the Clerk of Sacramento County on October 24, 2012. Publish: November 28, December 5. 12. 19. 2012.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00132376 WHEREAS, Nicholas John Hurley has filed a petition with this court for a decree changing

name of Nicholas John Hurley to Nicholas John O'Connell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 27, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 7, 2012 Shelleyanne W.L. Chang Judge of the Superior Court Publish: November 28, December 5. 12. 19. 2012. OCONNO





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River City Orchestra's Holiday Presentation



SACRAMENTO REGION, CA (MPG) - River City Chorale Presents "The Very Best Time of Year", with the River City Orchestra and Bel Tempo Handbells.

November 30, 2012 Christ 7:30 pm, Tickets \$15.00 at Rivercitychorale.org, or call 916-311-5810.

Community Church, 5025 Manzanita Avenue, Carmichael,

The workshops present information and ideas and provide opportunities for widowed person to share one-on-one with

Free to all widowed persons.

Monday, December 3, 2012 from 7-9 PM.

The workshop is held at our office meeting

room at 2628 El Camino Avenue, Suite

intersection of El Camino and Fulton Avenue.

fellow participants in a safe, supportive, environment.

Topics include: Why are holidays and D-18, enter by the back parking lot, near the special days like an anniversary so difficult for widowed people? How can I cope with my family members? Should I decorate my home?

> Please join our volunteer facilitators for these informative workshops.

Sacramento Suburban Writers Club Author Event!

CA – (MPG) The Sacramento Suburban Writers Club (SSWC) is hosting author appearances on Thursday, December 6, 2012, between 6 & 8pm. The Artists'

SACRAMENTO REGION, Collaborative Gallery, 129 K purchases! See www.sac-Street in Sacramento, CA, is the place to meet ten member authors. Their books will be available for autographs, discussion and joyous Christmas

towriters.com or Facebook Sacramento Suburban Writers for details. We look forward to meeting you!

December 7, 8, 9, 2012

11am-5 pm

2nd Sat. Dec. 9th 5-8:30 PM

Crafters: Space Still Available!

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School District Students

December 11-22, 2012

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DRAWING GROUP

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CLASS RESUMES: DEC. 14

·No CLASSES : DEC. 21-

THRU JAN. 4, 2013

9-12 NOON - 10 PER SESSION

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No Class: Nov. 23

NO CLASS: DEC. 7

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Reception December 2, 1-3 pm. Drawing at 3 pm. Our Annual Art LotteryTickets \$65. Everyone Wins!

Watercolor Without Boundaries

Nov. 20, 27, & Dec. 4, 11th, 2012 4 Week class. This is also an extension of the 6 week workshop.



Create stronger and livelier paintings by learning to balance control and spontaneity In this class Patricia Osborne will present ways to inspire and motivate artist of all levels to play with watercolor and mixed media. Painting "outside the lines" is a tremendously freeing experience and will prove to be a key factor in your growth as an artist. Learning to use a variety of proven techniques and non-traditional approaches will give you the freedom to explore"without boundaries."

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Hours: Tuesday 11 am-7 pm, Wednesday through Saturday 11 am-3 pm.

www.sacfinearts.org





Announcements & Events Skate Park Rummage Sale

WIDOWED PERSONS ASSOCIATION COPING

WITH THE HOLIDAYS WORKSHOPS

On December 1, come support your local community skate park by participating in their rummage sale. It's a great time to get some holiday shopping done early! The sale begins at 7am and will be held at the La Sierra Skate Park, 5325 Engle Rd (near the baseball fields).

Beginning Jewelry Classes

Would your mom or sister love a hand crafted piece of jewelry, if so sign up for our Beginning Wirework Linked Beads Class on Saturday, December 8 from 11:30am-1:30pm or our Basic Macramé with Hemp Cord and Beads class from 2-4pm that same day. Each student will leave with their own piece of jewelry!

For more information visit us online or call 483-7826.

For registration & other information call the District at (916) 483-7826 or visit our web page at www.carmichaelpark.com.



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Check our schedule at our website for special events at our weekly Farmers Markets. These might be contests, demos, special guests, and more! Don't miss anything fun... Sign up for the newsletter which will remind you of fun things going on at the Markets!





Marie Hall, Executive Director • (916) 806-3989 info@bemoneysmartusa.org • www.bemoneysmartusa.org Carmichael Times Page 10 November 28, 2012

By Karen Anderson

"I'm so scared...lost in a huge forest with no means of escape. What am I to do? What's that sound! Something is running after me...I'm so scared—it's getting closer and if it catches me, I'm done for! What am I going to do...I'm too small and weak to defend myself. It's getting closer and closer, I can hear the breaking of branches, the rustling of the leaves, and the sound of running behind me. Oh, dear God...what is it? I can't face it! My heart is beating in my chest so hard it's going to burst...I'm frightened! Oh, dear God! Won't somebody come to my rescue...anybody! Is anyone hearing my cries for help! Please, oh please, somebody, anybody! PLEASE, dear God, come to my rescue NOW...."

There are times in your life that you may be at that point of complete and total desperation and you don't know where to turn. Your world is crashing down around your ears and there is no hope in sight. You see no end to the dark tunnel and it terrifies you. You don't even want to enter the darkness, but you know you have to because that is your life.

I'm So Scared

All you see is failure...physical, emotional, and even spiritual. All your efforts to make things right end up in failure and life continues to spiral out of control. You are being robbed of your sanity and your emotional stability. You have tried the traditional methods to solve your situation but help never comes. It feels like something is chasing you. You can hear it crashing through every obstacle you put in its way. It's so close; you can feel the hot breath of disaster ready to grab you. You know if it catches you, it will destroy you with no possibility or hope to survive. What now? You feel nothing but complete hopelessness.

You are running as fast as you can to the only One that is your haven of rest—the arms of God. His word says, "Find rest, O my soul, in God alone; my hope comes from Him." In times of trouble God is your source of comfort and strength. Remember the days when you were small and you could run to the loving arms of your father and know you were safe and secure? That is the vision of God—with arms opened wide, waiting for you to run to Him with all speed and FEEL those warm loving arms around you. What a comfort, just knowing that He is too big for any harm to fall upon you, as long as you stay in that warm embrace.

When it is time to venture out, go with His assurance that He will give you the strength to face what is in front of you. Face that ordeal with renewed strength and

direction. His word says, "But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." What a great assurance at times of being overwhelmed, and having the feelings of impending disaster. He promises to renew your strength, and then you can take the next step, no matter how small.

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." Remember this when you count on God through any circumstance. It is like taking a check to the bank. Your account will grow. Is God's

"check" good? You can bank on it!

The bottom line is this...to find hope and rest in times of trouble you need to have a relationship with God. He will always be there for you in your deepest despair. Have the assurance that you can count on Him every day. It is time to trust and, like a small child learning to walk, take the next step out of your situation, knowing that God will catch you when you start to fall. *God is your strength!*

PASSAGE: Psalm 62:5 (NIV) Isaiah 40:31 (NIV) Romans 15:13 (NIV)

Karen Anderson is an accomplished speaker, author, and chaplain and has a local TV show, Move Your Mountains. Contact Karen at www.doablesteps.com, or 916-961-4765.

It's the Holiday Season - Without Andy Williams

Commentary By Dr. Paul Kengor

It was shortly before Thanksgiving. I was in the kitchen washing dishes when I heard my first music of the holiday season. Sick of talk radio and sick of election post-mortems, I gave myself a breather, turning the FM dial to something cheerful for a change.

The first song I heard was "Rudolph the Red-Nosed Reindeer," by the great Gene Autry. There is no substitute. And there's no better feeling every season than hearing such songs for the first time. I grabbed my two-year-old daughter and danced with her. She smiled as I sang, didn't make a peep, her head on my shoulder.

Then I heard the next tune, "There'll be much mistle-toeing and hearts will be glowing when love ones are near! It's the most wonderful time of the year!" It was crooned in that soaring, happy voice so uniquely Andy Williams.

Yes, Andy Williams. Himself a Christmas classic—"Mr. Christmas." "It's the Most Wonderful Time of the Year" is probably his signature song; or maybe "It's the Holiday Season."

As I was singing along, twirling my two-year-old, it hit me: This was the first time I was singing with Andy Williams without his presence in this world. Williams passed away on September 25 at the age of 84.

His passing didn't happen without notice, even in our self-indulgent, frenetic, short-time-span culture. I caught the news of his death at a website. It gave me pause. I never met the man, but I have fond memories of his place in Americana and Christmas.

Williams had a regular TV show in the '60s and '70s, but it was his Christmas specials that ran longer still that most of us remember. I would catch

them at my grandmother's house. She lived in Emporium, Pennsylvania, which really was over the river and through the woods. In fact, during the snowy drives to my grandmother's house on Christmas Eve, we'd cruise through a little town in Western Pennsylvania called Brockway, where we encountered horse-drawn sleighs clopping under the streetlights and over the railroad tracks. The horse knew the way to carry the sleigh through the white and drifted snow.

When we got to my grand-mother's house, it was total mirth: My grandmother's anchovy and pepperoni rolls, freshly cooked ham, cookies everywhere, my grandfather blissfully babbling on, my Aunt Em and Uncle Rich, my Aunt Della and Uncle Joe, Uncle Bruno, Aunt Ruth and Uncle Sam—all crammed happily in a tiny little kitchen. Most are gone now.

Tales of the glories of Christmases long, long ago.

That brings me back to Andy Williams. It's funny the things you remember, but, in those days, there were only three or four stations on television: ABC, CBS, NBC, and maybe a PBS affiliate. At Christmas time, no one missed Bob Hope's annual special on NBC. He did all sorts of skits and gags and musical renditions and terrific tributes to the troops—and presented the college football all-Americans. We would take time out from the kitchenplaying cards, Scrabble, or just talking—to watch Bob Hope.

But Bob Hope wasn't the only one. Other big names did Christmas shows: Bing Crosby, Dean Martin, Loretta Young, Jimmy Durante and the Lennon Sisters, Lawrence Welk—and Andy Williams. Williams sang those songs, always accompanied by fake snow, pretty girls, lots of colors, sweaters, and glowing faces (click here

and here and here and here). Until September 25, 2012, Andy Williams was one of the only big names still alive from that genre. Remarkably, he had still been performing and was very active. In fact, he made the news not long ago for taking a shot at President Obama. He was not a supporter.

When I heard that Williams died, I began writing a tribute. I read the news the same day I happened to read this verse from Ecclesiastes: "One generation passes and another comes.... There is no remembrance of the men of old."

That was fitting. I didn't finish the article. Like much of America, I was preoccupied with less redeeming things—like politics and the 2012 election. We couldn't pause to adequately remember this man of old. For that I am sorry.

But, just as fitting, the arrival of the holiday season corrected that. As Christmas time begins again, it does so—once again—with the voice of Andy Williams. We're made mindful of what lasts. Andy Williams lasts. He makes us happy; politics doesn't.

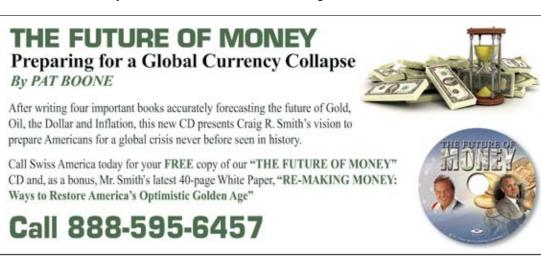
Andy Williams, rest in peace. And thanks for the memories this most wonderful time of the year.

Dr. Paul Kengor is professor of political science at Grove City College, executive director of The Center for Vision & Values, and author of the book, "The Communist: Frank Marshall Davis, The Untold Story of Barack Obama's Mentor." His other books include "The Crusader: Ronald Reagan and the Fall of Communism" and "Dupes: How America's Adversaries Have Manipulated Progressives for a Century."

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Carmichael Times Page 11 November 28, 2012

The Skill Set of the Young and Smart

Continued from Page 1

Technical Skills. At the dawn of the digital age, I looked forward to a time when all young people knew programming skills, could fix their own computers, and had vast literacy in navigating the new world of technology. Wow, what a disappointment! It's astonishing how widespread computer ignorance is today. And it seems to be getting worse.

What I had not anticipated is that the easier that devices would become, the fewer skills people feel that they need to acquire. It is not uncommon that young students today are only good at updating their Facebook accounts. And the following fact still astonishes me: many students today can't even type.

This is absolutely absurd. Learning to type has never been easier. You can go to typingpal. com or any number of services and learn in the course of ten days to two weeks. It should be rather obvious that a job candidate who is one one-finger pecking is going to fall to the bottom of the list.

But it takes more than typing skill. Database management, photo editing, video making, website management, basic code — all of these are important. A candidate who can speak Geek is in a much better position than one who cannot, even if the job in question doesn't seemingly involve computer skills. Young people who can't navigate essential software with some competence are essentially advertising their lack of drive and their unwillingness to add value to the great enterprise of the digi-

Low Debt. True, it is not long possible to work your way through school, and this is tragic. Unless the parents have a substantial income or savings, there is a good chance that a student today will have to take out a loan. But minimizing that is essential. Smart students understand this. The more debt you have when you leave college, the fewer choices you have when you

leave. You want to be in a position to accept relatively low pay and work your way up, without having your finances crushed by debt obligations.

The horror stories here are legion, and the alert students know them all. This is why they look for every scholarship opportunity, ever work/study program, every chance to make a few bucks. Also important: spending as little money as possible. Social spending is the great bane of a student's existence. Decline to go partying if it means being stuck with a big and pointless bill at the end. There are ways to date that do not involve breaking the bank. Doing without a car is a luxury that pays returns later. It all comes down to frugality. This is an essential financial skill that can and should be cultivated in college. It will be needed all throughout life.

Network Building. As regards Facebook and Twitter, let's just say that many students in the past have made mistakes. Smart kids know this. They learned to use social tools wisely. They watch their privacy settings. If there is any image that shows drinking or partying in a crazy place, it is untagged. All status updates must be intelligent. And they should be relatively few on Facebook. It can even be advantageous to make your name unsearchable, though that alone can raise suspicions among future employers.

A tool that smart students have started using that most students do not is LinkedIn. This is the professional network, and here you can start forming contacts in your field and generally cultivating a professional online personality. This requires careful thought and some elbow grease but any applicant with an impressive profile and a large network immediately becomes more attractive to the job market.

These tools are there to help people navigate the tight labor market. It is never too early to start doing what is necessary to build up a well-thought-out digital

profile and presence. These tools can be your best friend or your worst enemy, depending on how you use them. But they should be used. An applicant who is invisible to in the digital realm might be suitable for a position in the national security apparatus but it is increasingly strange in a com-

mercial world. Practicality. I love liberal arts and the cultivation of broad and highly educated minds as much as anyone. But the smart set of students understands that this alone will not cut it in the marketplace today. Practical skills cannot be neglected, whether they are in accounting or engineering, and math and science generally. The last generation that could get by in life without having actual technical skill in practical areas of life graduated two decades ago.

To be sure, some people are called to a serious vocation as a professor in literature, philosophy, and the arts, and that's fantastic. But these are pretty much the only people who can completely neglect hard sciences and practical skills in life. The smart set understands that the liberal arts are essential to have a broad view of the world, but that these alone are not enough to make a go of it in today's world.

As much as we talk about the trials of young people today, we all know that some will make it through and thrive in the future. This is true even in the hardest of times. And for graduating students today, these are indeed the hardest of times. To be sure, the lack of opportunities today is not the fault of its victims; it is the fault of terrible public policy that has raised the cost of hire, distorted economic structures, and punished entrepreneurship. Because there is little chance of this changing anytime soon, it pays to get on the right side of history and start preparing for the tough road ahead, so that you can face it with confidence.

Sincerely, Jeffrey Tucker

Local Children Collected Over 300 Pounds of Candy for Soldiers

By Nghia Nguyen

Students at Del Dayo Elementary School donated their Halloween candy to America's service men and women serving in the Middle East. Collectively, Del Dayo students boxed and shipped 306 pounds of candy.

"I am so proud of our students for their generosity," said Principal Thomas Harp. "This community service project is part of our strategic plan to increase commitment to community service and to promote our students' sense of responsibility, compassion and citizenship."

Given the school's active Parent Teacher Organization (PTO), serving the community is a natural nexus for our children to learn the importance of

Led by PTO president Gayla Rios, the school created a community outreach committee to instill the importance of civic duty among the student body. The committee has been proactive in find opportunities for the students to make their community a better place.

The shipping costs were underwritten by local dentist Chris Cantrell of the Sutter



A sense of responsibility, compassion and citizenship: Carmichael kids collecting Halloween candy for soldiers. Photo by Ngh

Terrace Dental Group.

Operation Gratitude is a Los Angeles based non-profit organization that sends care packages year-round to service members deployed in harm's way, to their children left behind, to military families and veterans in financial distress due to unemployment, to emergency first responders and to Wounded Warriors recuperating in transition units.

To date, they have shipped over 850,000 care packages to individually-named troops in hostile regions such as Iraq, Afghanistan and onto ships all over the world.

Operation Gratitude was impressed by the volume of candy collected and the selflessness of the students.

"Thank you very much for your thoughtfulness and consideration of Operation Gratitude's patriotic cause. Del Dayo students will be putting smiles on the faces of tens of thousands of service members during a very difficult time away from home and loved ones," said Dana Chotiner, Director of Development and Corporate

"They and we will be forever grateful."

Sacramento County DA Reports

Recent cases of interest

CASE: Nestor Ardon (11/16/12)

PROSECUTOR: Deputy District Attorney Morgan Gire, Gang & Hate Crimes Unit

District Attorney Jan Scully announced today that Nestor Ardon was convicted by jury of second degree murder and personal use of a knife and gang enhancement as well as two counts of assault with a deadly weapon and personal use of knife and gang enhancements.

On April 20, 2011, Ardon, a validated Sureño gang member, was sitting in his car outside the R&R Wellness marijuana dispensary waiting for his girlfriend to purchase marijuana. Three Norteño gang members came out of the dispensary and stood out in front near Ardon's vehicle. After some looks were exchanged between them, the victims' began to back up their car to leave. When Ardon reversed his truck to block them in, they got out of their car and threw water bottles at Ardon's car.

Ardon was getting out of his car when one of the victims rushed toward him. Ardon grabbed a multitool knife with both blades extended, got out of his vehicle, charged at the other victims in the car, and they all began to fight. Jesus Galvan was stabbed in the neck and died on the way to the hospital a few minutes later. The other two victims were stabbed as well, one in the abdomen and arm, the other in the leg. Both recovered from their injuries.

Ardon faces a maximum potential sentence of life in prison. Sentencing is set for January 11, 2013 at 9:00 a.m. in Department 31 before the Honorable Michael Kenny.

CASE: Xuan Le & Darran Sing (11/16/12)

PROSECUTOR: Deputy District Attorney Noah Phillips, Gang & Hate Crimes Unit

District Attorney Jan Scully announced that Xuan Le and Darran Sing were both convicted by jury on multiple charges, including attempted murder and gun use and gang allegations stemming from a driveby shooting.

On October 8, 2008 at around 4:30 p.m., a group of approximately 10 people were standing outside of a house located in the Elder Creek neighborhood of south Sacramento. Two cars carrying Khom Zing Tong (KZT) gang members drove by when passengers from each car opened fire on the group, striking the house, several cars, and seriously injuring four people. The Sacramento Police Department located 32 9mm casings in the street.

Both defendants face a possible maximum sentence of life in prison. Sentencing is set for January 3, 2013 at 9:00am in Department 37 before the Honorable Ben Davidian.

> Miss entrants must be at least 16 to the age of 27. ❖ Teen entrants must be at least 13 to the age of 16.

Also includes: ambassador Pageant This pageant entry fee is 25 non perishable food items and or school supplies for needing families incur communities. Children 2 - 12 years • Girls / women 13 - up

Friday December 28th – to be held at Rusch Park, Citrus Heights Director, Mary Purvis • 721-3824

Citrus Heights Holiday Pageant

Entrants must be single; never been married nor a parent.

Mrs. / Ms. Entrants must be at least 18 years of age.

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Entrants must be of good physical health and good moral character.



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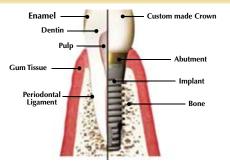
Carmichael Times Page 12 **November 28, 2012**

Carmichael Dental Group

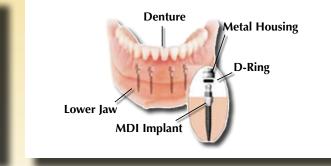


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