



Who Spends Wisest?

“It’s the Spending, Stupid!”

Page 4

PLUS: A Sign of these Economic Times: *Tire Pros of Carmichael Closes*

Page 12

Carmichael Times

Volume 32 • Issue 41

Serving Carmichael and Sacramento County since 1981

October 10, 2012

Carmichael Eagle Scout Matthew Ramos Earns Silver Palm



Page 2

Senator Gaines Applauds Governor for Vetoing Legislation



Page 4

Riley Reviews: Clever Time Travel Thrills Run Through “Looper”



Page 10



Scan our QR Code for a direct link to our online edition!

PRESORTED STD. US POSTAGE PAID PERMIT 350 Carmichael, CA Change Service Requested

Bundles of Babies at Carmichael Park



Mercy NICU director Dr Carolyn Getman (left) strolls with Dylan, Ella and William Whatmore. Mom Karen (right) nurses in the unit where her four-year-old triplets were born. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL – Renewing bonds with caregivers who ensured their arrival, scores of children recently attended a reunion for Mercy San Juan and Methodist Hospital’s Neo-natal Intensive care Unit graduates.

Buggies vied for space at the Carmichael Park baby-fest. This 23rd annual picnic allowed parents and their “miracle babies” to revisit specialist NICU staff from the Carmichael unit and their Sacramento counterparts.

Many partygoers were still

in Pampers. Given the quarter-century plus of NICU advances at Mercy, other “premies” are now teenage and older. Twins were so commonplace as to be ho-hum; multiple sets of triplet toddlers raised sympathetic eyebrows. Most children were born after high-risk pregnancies. An 11-month-old set of Orangevale twins was delivered at 23 weeks — with birth weights of under 1.5 pounds.

Picnicking babies all shared a story of survival that enables local neo-natal departments to rank among the world’s best.

Despite the daily intensity of their vocation, NICU staff were unclinical. Doctors batted balloons. Babytalk and hugs replaced stethoscopes. Said a Mercy nurse: “We’re greeted like family. Parents say: ‘hey, remember us?’ Thank goodness they have name tags. It’s hard to know everyone.”

NICU Doctor Carolyn Getman joined the Carmichael Mercy unit soon after its beginning in 1986. “We look forward to the reunions,” she said. “Many of our babies come to us very, very ill and spend long periods here.

We become attached – I almost feel like a second mother. We love to see them well and with their families.” Among picnic balloons and birthday cake lurk research opportunities: “This party enables us to observe the children,” said Getman. “Year after year, we watch how they are growing and changing. So when very ill new borns comes to us, we have better information to tell parents about what they can expect in the longer term.”

Continued on Page 2

Emergency Measures Called for to Combat Recent Skyrocketing Gasoline Prices

SACRAMENTO – On October 5th, Senator Ted Gaines (R-Rocklin) called on Governor Brown and state regulators to take any and all emergency measures available to them to stop the massive spike in California gasoline prices.

“This overnight price explosion is killing California families and businesses and we cannot afford one more day,” said Gaines. “The California Air Resources Board needs to immediately suspend the special ‘summer blend’ requirement so we can import more gas now. We need to defer the gasoline excise tax. Not in a week or a month but this very minute.”

Several unrelated supply disruptions are ostensibly behind the unprecedented price jump, which saw prices shoot above \$5 a gallon in many areas of the state. It is unclear when normal supplies will again be available. Regardless, Gaines saw the price spikes as part of a larger problem in California.

“California is wildly overtaxed and overregulated and it makes everything in our state artificially expensive, even when things are working right. When something goes wrong, it shoots prices into the stratosphere,” he said. “That is not fair to families. We are regulating and taxing them into poverty.”

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, Amador, Calaveras, El Dorado, Lassen, Modoc, Mono, Nevada, Placer, Plumas, Sacramento and Sierra counties.

Making Strides Against Breast Cancer



SACRAMENTO REGION – Thousands of local breast cancer survivors, volunteers, businesses and community members will walk together as a unified force to end breast cancer at the American Cancer Society Making Strides Against Breast Cancer 5k walk on Oct. 21, 2012.

This noncompetitive, inspirational event raises awareness and funds to help end breast cancer by supporting the American Cancer Society’s efforts to find cures and support programs and services for all people facing the disease. Sacramento’s Making Strides walk is one of more than 270 events being held across the country this year.

More than 226,000 women in

the United States will be diagnosed with invasive breast cancer this year, and nearly 40,000 will die from the disease. Funds raised through Making Strides enable the American Cancer Society to provide free resources and support to the one in two women newly diagnosed with breast cancer who turn to the Society for information and help; to invest in groundbreaking research to find, prevent, treat and cure breast cancer; and to ensure access to mammograms for women who need them.

Registration starts at 7 a.m. Walk begins at 8 a.m. with a rolling start. The event will be held at State Capitol, Sacramento on the West Steps at 10th Street (between L&N Streets)

Photo of last year’s event, courtesy of Anita Fitzhugh.

Goodwill Challenge Raises Nearly \$73,000 in One Day

SACRAMENTO REGION —The Goodwill Challenge, sponsored by Goodwill Industries, Supervisor Phil Serna, and Good Day Sacramento, raised nearly \$73,000 during a live challenge to the community on Friday, Sept. 28 to provide temporary shelter for homeless individuals and families in Sacramento. Many local shelters have available room and lengthy waiting lists, but they lack the necessary funding to maximize shelter capacity. The Goodwill Challenge challenged business leaders and

the community to raise much needed funds so that local shelters may begin to provide immediate assistance.

“Goodwill is committed to helping the displaced and disadvantaged,” commented Joseph Mendez, President and CEO of Goodwill, “This is why we responded immediately with a check and a challenge to the community to join us and help move people off the ground and into the available beds.”

With support from people in

our community, Goodwill, Sierra Health Foundation, Sutter Health Sacramento Sierra Region, Supervisor Serna and Western Health Advantage, the Goodwill Challenge raised \$72,652 on Friday alone. The money raised will go to local homeless shelters that have waiting lists and have the potential to offer more bed space that they otherwise would not be able to provide without the funding assistance.

Supervisor Serna who initiated the fundraising campaign

with Goodwill Industries said of the effort, “Through Goodwill’s generosity and that of our major sponsors, we were able to raise the funds necessary to give homeless individuals and families shelter options. I’m extremely grateful,” he added. Goodwill Industries of Sacramento Valley & Northern Nevada is a community based non-profit organization that provides job training and vocational access for the disabled, disadvantaged and disenfranchised in Sacramento Valley & Northern Nevada.

Goodwill puts people to work in their own communities, helping to build self-sufficiency and human dignity. Today, Goodwill employs over 1,500 people and over 90 percent of total revenues are dedicated to job training, mission related activities and mission related payroll. Every 38 seconds of every business day, a person served by Goodwill earns a good job. Every 8 seconds, another person accesses Goodwill opportunities to build careers and strong families.

Bundles of Babies at Carmichael Park



Continued from Page 1

Mercy NICU nurse Karen Whatmore has an affinity for parents of high-risk babies. Her own triplets arrived five weeks early, four years ago. Her pregnancy and the babies' intensive care time was daunting. "I was more nervous than most moms," she said. "Because of my job, I knew everything that might go wrong."

She serves 12-hour NICU night shifts. "It's hard," she admitted. "I go off to work when my husband comes home to care for the children." Now thriving, the Whatmore babies are reunion regulars. "They love being among the people who cared for them" said their mom. "At the picnic, the nurses and doctors want to hold every baby. It's wonderful they care so much."

Year-old Sacramentans Austin and Lily Horn were born at 33 weeks. In Carmichael Park, they partied with NICU veterans Grace and Carolina Flolo. The 10-year-old Lincoln twins were delivered at 27 weeks and spent three months at the Mercy unit.

Photo by Susan Maxwell Skinner.

Carmichael Eagle Scout Matthew Ramos Earns the Honor of Silver Palm

CARMICHAEL – Matthew Ramos, Eagle Scout from Carmichael Boy Scout Troop 55 was recently recognized for having earned all three Eagle palms. This is an extraordinary accomplishment since only 2 percent of Scouts reach Eagle and even fewer remain active, continue with leadership and earn the required merit badges for each of the three palms.

When an Eagle Scout remains active in their troop for at least 3 months, demonstrates Scout Spirit, shows leadership ability and earns 5 additional merit badges they qualify for the Bronze Palm. When they complete the same requirements at Bronze they are then eligible for Gold Palm. Finally, after earning 36 merit badges (15 beyond the 21 required for Eagle), remaining active in weekly meetings, troop outings and leadership for a minimum of 9 months and showing Scout Spirit on a daily basis they have reached the honor of Silver Palm.

Matthew completed his Eagle project for the Effie Yeaw Nature Center in March 2010. His project was three benches for sitting



Matthew Ramos.
Photo by Anthony Ramos.

near the visitor's entrance and eighty feet of fence to protect vegetation. After completing his project log and successfully passing his Eagle Board of Review on June 16, 2010 he had this to say. "As long as I can remember I have wanted to earn the rank

of Eagle Scout. Through this process I have gained invaluable experience, friendships and pride for my community and country".

Matthew started his scouting journey as a Tiger Cub in Pack 335 in 2001 and continued through the ranks until his bridging to Boy Scout Troop 55 in 2006. Over the past 6 years he has held leadership positions every term and does not remember a time he was not working on a merit badge. He has completed over five hundred hours of community service, many of those hours provided through Kiwanis Club of Carmichael, the charter organization for Troop 55.

Matthew is currently a senior at El Camino Fundamental High School and will be pursuing a BS degree in Civil Engineering this coming fall. This coming January he will be registering as an adult leader for Boy Scout Troop 55.

Thank you Matthew for all your leadership and service.

If you are interested in learning more about Boy Scouts or Troop 55, please contact Committee Chair at (916) 425-1028.

www.CarmichaelTimes.com

Chapanian's Carmichael Furniture

Serving Carmichael since 1940

A Full Line of Quality Brand Name Furniture



Spruce up Your Home for the Holiday Season!

6649 Fair Oaks Blvd.
Carmichael,
California 95608
(Corner of Fair Oaks Blvd. & Angelina Ave)

916-487-7895

Store hours:
Tuesday thru Saturday
10:00 A.M. - 5:30 P.M.

Closed Sunday and Monday

SAVE 10% IN OCTOBER!
Must bring in this ad.

We Specialize in Custom Orders!

Visit our web site at www.CarmichaelFurniture.com

\$15 OFF HAIRCOLOR

SUNDAY, MONDAY, TUESDAY & WEDNESDAYS

Hoshall's
SALON & SPA
hair face body

7330 Fair Oaks Boulevard Suite #1
Carmichael, CA 95608
(916) 485-4941
www.hoshallscarmichael.com

OFFER VALID THROUGH OCTOBER 2012 ON COLOR SERVICES \$49 AND ABOVE. NOT VALID WITH ANY OTHER OFFER.



Join us for a night of "Music & Magic" at the **Heart of the Matter**

on board the historic "Delta King Riverboat" in Old Sacramento



Presented by **East Lawn Pet Loss Center**
Thursday, October 11, 2012 • 5:00 to 9:00 p.m.
\$30.00 per person/\$50.00 per couple

All proceeds benefit Heart of the Matter's Foster Care Program as well as training and development of the Military K-9 Readjustment Center. Your check is your receipt for your tax deductible donation (501c3: 27-5445178)

Questions, please call (916) 968-1299 or email: heartofthematter2010@gmail.com

We're not just in your neighborhood.



We're part of your community.

Being located in your community and being an active member of it are two very different things. As your neighborhood funeral home we're honored to serve you both through funeral care and community involvement. Call us to learn how we can serve you further.

Sacramento MEMORIAL LAWN

6100 Stockton Boulevard
(916) 421-1171

www.smlfh.com



Publisher, Paul V. Scholl

Carmichael Times

"Written by the people and for the people"
Serving Carmichael and Sacramento County since 1981

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted.

Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher. Subscriptions should be mailed to Carmichael Times, P.O. Box 14, Carmichael, CA 95609. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County. The Carmichael Times is published weekly. Call 916-773-1111 for more information. (ISSN # 1948-1918).

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@CarmichaelTimes.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 916-773-1111.

- Advertising Sales: Paul V. Scholl, Allyse Weaver
- Graphics & Layout: Banerjee Designs • Stump Removal Graphics
- Contributing Writers: Susan Skinner • Mary Jane Popp • Marlys Johnsen Norris • Tim Reilly • David Dickstein • Dave Ramsey • Dr. E. Kirsten Peters • Kay Burton • Dr. Bob Graykowski • Julie Parker • Leslie Carrara • Pastor Rich Reimer • Pastor Cary Duckett • Ronnie McBrayer • David Graulich • Perry Hartline • Gerry Scholl
- Distribution Assistant: Gabriel Scholl
- Accounting: Nicholson & Olsen CPA
- Web Master: RJ at thesitebarn.com • JWS Promotions • Mikahn Design
- News Services: Whiskey & Gunpowder • StatePoint Media • NewsUSA • PRWEB NewsWire • North American Precis Syndicate • Blue Ridge Press • ARA Content • California News Service • Family Features • WorldNetDaily
- Photography: Amanda Morello • Susan Skinner

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce

We are proud members of these newspaper associations.



Carmichael Times is a member of Messenger Publishing Group



DWR's Underwater Light and Sound Show Keeps Salmon in Safer Waters

SACRAMENTO – An underwater light and sound show apparently is keeping juvenile salmon on the right path in the Delta. An evaluation by the Department of Water Resources (DWR) and other agencies indicated that its “bubble barrier” of underwater strobe lights and electronic sounds kept approximately two-thirds of ocean-bound Chinook salmon from taking a risky detour into Georgiana Slough from the relatively safe main channel of the Sacramento River.

Studies indicate that 65 percent of the salmon smolt that swim into Georgiana Slough near Walnut Grove don't survive to reach the ocean. The slough leads young salmon through the predator-infested waters of the

interior Delta toward the huge export pumps of the State Water Project and federal Central Valley Project.

DWR installed the “bubble barrier” – so called because the strobe lights and offensive electronic sounds are contained within a curtain of bubbles – at the head of Georgiana Slough in February of 2011.

Results of the barrier – utilizing Bio-Acoustic Fish Fence (BAFF) technology to create its underwater wall of light and sound – was evaluated over a 45-day period by DWR, the U.S. Bureau of Reclamation and the U.S. Geological Survey. Approximately 1,500 juvenile salmon were tagged and tracked, using underwater sound receivers.

The bubble test was in response to a National Marine Fisheries Service requirement that DWR and the Bureau of Reclamation pursue engineering solutions to reduce the diversion of young, ocean-bound salmon into the central and southern Delta. DWR also successfully used the BAFF technology at the head of Old River in the south Delta in 2009 and 2010.

The Department of Water Resources operates and maintains the State Water Project, provides dam safety and flood control and inspection services, assists local water districts in water management and water conservation planning, and plans for future statewide water needs.

First Annual “Truckin’ on the River” to Raise Funds for Parkway Foundation

SACRAMENTO REGION - The American River Parkway Foundation (ARPF), in partnership with the California Mobile Food Association (Food Mob), is hosting the 1st Annual “Truckin’ on the River” event at William B. Pond Park. As part of its ongoing need to raise funds for the protection and preservation of the American River Parkway, ARPF invites guests to enjoy the day on the Parkway while enjoying local food trucks and local music. The \$5 (in advance) and \$8 (at the door) entry fee will go towards the programs and projects of the American River Parkway Foundation. As the needs to enhance the Parkway continue to rise, so do the costs associated. This event marks

the first time the Sacramento food trucks have visited the Parkway. A portion of the proceeds from each food truck will also be donated to ARPF.

Food trucks include: OMG Burger, Fuzion Eat, Pizza Box, Kombucha Kulture, Squeeze Inn, Mama Kin On the Go, Leila's Lumpia, Off the Mapp Mobile Espresso, Papa Dale's Drivin' Diner, Wicked 'Wich, OM Karmabile, Miz Shirley Marie's, California Love, Willie's Burgers, Gypsy Mobile Boutique

Local Live Music By: Bell Boys, Kepi Ghoulie, and Musical Charis

William B. Pond Recreation Area at 5700 Arden Way, Carmichael, 95608. Event time is Saturday, October 13, 2012

at 11:00AM-5:00PM. For tickets or more information, please visit www.arpf.org/truckin

The American River Parkway Foundation is a publicly supported 501 (c)(3) not for profit agency, which each year coordinates the efforts of hundreds of volunteers who contribute thousands of work hours to maintaining and improving the Parkway. Their mission is to support the preservation, protection, enhancement, and appreciation of the American River Parkway by fostering environmental stewardship, facilitating volunteer opportunities, and funding and implementing Parkway projects and programs.



Celebrating its 12th year of offering K thru 8th grade quality, tuition-free Montessori Education at six campuses throughout the greater Sacramento area.

Charter Schools: An Alternate Educational Choice

Visit www.cacmp.org for more information

971-2430

Accredited through the Western Association of Schools & Colleges and the American Montessori Society

Our Carmichael Campus is now accepting lottery applications for Mid-Year Kindergarten enrollment.

THE FUTURE OF MONEY


Preparing for a Global Currency Collapse

By PAT BOONE

After writing four important books accurately forecasting the future of Gold, Oil, the Dollar and Inflation, this new CD presents Craig R. Smith's vision to prepare Americans for a global crisis never before seen in history.

Call Swiss America today for your FREE copy of our "THE FUTURE OF MONEY" CD and, as a bonus, Mr. Smith's latest 40-page White Paper, "RE-MAKING MONEY: Ways to Restore America's Optimistic Golden Age"

Call 888-595-6457



WE RID YOUR HOME OF PESTS!

BELL PEST CONTROL

GUARANTEED Since 1978

800-322-4170
"GIVE US A RING"
WWW.BELLPEST.COM

"We've got 'em in our crosshairs"

\$35 START UP A \$145 SAVINGS!

\$30 OFF ANY ONE TIME SERVICE

SPRING SPECIAL FREE
With Start Up
Aphid, Slug, and Snail Treatment (\$100 value) Ask For Details

ANTS BLACK WIDOWS ROACHES MICE EARWIGS RATS FLEAS AND MORE

MOUNTAIN LIONS FOOTBALL



Come Early for the FANFEST
\$2 beers, \$15 BBQ Buffet of Ribs, Chicken and Brats. Complete details at sacmountainlions.com. Some restrictions apply.

AT RALEY FIELD

Friday, September 28 vs. Omaha Nighthawks - 8pm Kickoff
Wednesday, October 10 vs. Las Vegas Locomotives - 6pm Kickoff
Friday, November 2 vs. Virginia Destroyers - 6pm Kickoff
Wednesday, November 7 vs. Las Vegas Locomotives - 6pm Kickoff

Season Tickets for as low as \$56

GET YOUR TICKETS TODAY
(916) 383-LION(5466) or visit www.sacmountainlions.com

ENTER THE WILD

GET YOUR TICKETS TODAY
(916) 383-LION(5466) or visit www.sacmountainlions.com

WELLS FARGO | Dignity Health | LASHER'S CHRYSLER Jeep RAM | ELK GROVE DODGE • CHRYSLER • JEEP • RAM in the Elk Grove Automall

CIMINO CARE

"Serving the Needs of Seniors"

Your one-stop resource for Senior Care
www.CiminoCare.com

Call Today to start gathering answers.

A knowledgeable counselor is standing by to help at no cost to you.

(916) 729-9200

Assisted Living
Independent Living
Memory Care
& Other Resources

Our Communities in the Greater Sacramento Area:
Auburn Oaks Senior Living, Citrus Heights
Citrus Heights Terrace, Citrus Heights
Courtyard Terrace, Sacramento
Fair Oaks Villas, Fair Oaks

Senior care, or the Cimino family, first began in 1973 when Wilma Cimino served her first In-Home Care Client. Today, Mark Cimino, CEO & son of Wilma continue to serve the needs of seniors across Northern California and have broadened their support for seniors in a variety of ways. Call or email TODAY to see how they can meet your senior care needs.

Courtyard Terrace
A CIMINO CARE® MEMORY COMMUNITY



Mark Cimino, CEO & Family

CiminoCare
7501 Sunrise Blvd.
Citrus Heights, CA 95610
Phone: 916.729.9200
Email: mark@CiminoCare.com
[Facebook.com/CiminoCare](https://www.facebook.com/CiminoCare)

Connect with us on 



Senator Gaines Applauds Governor for Vetoing Health Care Legislation Bad for Consumers

SACRAMENTO – Senator Ted Gaines (R-Rocklin), Vice Chair of the Senate Insurance Committee, today praised Governor Jerry Brown for vetoing two pieces of legislation that would have resulted in even higher health care insurance premiums for California consumers.

“I applaud the Governor for making the wise decision to veto both of these deeply flawed bills,” said Senator Gaines. “This mandate on insurers would stick consumers with the tab for bad legislation.”

Senate Bill 961 by Senator Ed Hernandez (D-West Covina) and Assembly Bill 1461 by Assemblyman Bill Monning (D-Carmel) would have required California health insurers to cover all individuals regardless of medical condition and forced insurers to prematurely carry out



Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, Amador, Calaveras, El Dorado, Lassen, Modoc, Mono, Nevada, Placer, Plumas, Sacramento and Sierra counties.

the federal Patient Protection and Affordable Care Act (Obamacare) in California, even though there is

the possibility of the law changing.

“Without the strong foundation that federal law provides, a state-level mandate on insurers alone could encourage healthy people to wait until they get sick or injured before purchasing coverage,” Governor Brown wrote in his veto message. “This would lead to skyrocketing premiums, making coverage more unaffordable.” Enacting rash and incomplete legislation that places health insurers at a disadvantage would force them to pass those costs directly onto consumers.

“It just doesn’t make sense to put the cart before the horse. We need to wait and see all of the requirements of Obamacare before we make any major decisions that could burden California consumers with outrageous premiums at a time when struggling families can least afford it.”

Who Spends Wisest?

By Dr. Shawn Ritenour

The financial and economic meltdown of 2008 was preceded by large increases in government spending and monetary inflation that artificially lowered interest rates. Those interventionist policies fueled massive capital malinvestment, including housing and credit bubbles, all of which culminated in the greatest economic bust in 80 years. Our rulers’ response has been—you guessed it—large increases in government spending and monetary inflation that artificially lowered interest rates. They think (with apologies to James Carville), “It’s the spending, stupid!” Or, is our problem actually stupid spending?

What gives? Why do so many economists and policy makers think that the solution to our economic woes is the very set of policies that brought on our problem in the first place? Too many believe that the economy is driven merely by aggregate monetary spending as if all such spending is economically equal. E.g., a billion dollars spent on college is the same as a billion dollars spent on cell-phone services, which is the same as a billion dollars spent on farm equipment, which is the same as an equivalent amount spent on government subsidies or on symphony concert tickets.

If total spending is not enough to buy all goods produced at prevailing prices, it is thought the government must step in to prevent recession and unemployment. Keynesians advocate increased government spending and inflationary credit expansion to make up for shortfalls in consumption and investment spending. Monetarists would rely on increases in the money supply to straightforwardly spur consumption and investment.

The trouble is that money per se is not wealth. It matters a great deal how and upon what the money is spent. More spending does not help if, for example, it

results in socially destructive consumption and malinvestment. Just ask those in the housing industry.

Prosperity is constituted by consumer and producer goods that people actually desire for use in satisfying their ends. The fundamental economic problem is that all goods are scarce. We cannot satisfy all of our ends with our limited quantity of goods, so we must economize. Scarce land, labor, and capital goods must be used producing those specific goods that are most valued by members of society.

Entrepreneurs discern wise investments from those that are unproductive with the help of economic calculation. They are able to use monetary prices to calculate profit and loss because, in a monetary exchange system, the prices of all goods are denominated in the same good—the monetary unit.

The beauty of the free-market price system is that all prices are the result of voluntary exchange and, hence, reflect the personal preferences of all members of society. If entrepreneurs reap profits, they do so for doing precisely what other people want. If, instead, they make goods for which people are unwilling to pay a price above costs, they reap losses, which serve as a great incentive not to squander scarce resources.

Trying to grow sustainable economic prosperity by resorting to government spending is doomed to failure because bureaucratic spending is not predicated on economic profit-and-loss calculation. During my years at the U.S. Bureau of Labor Statistics, an oft-heard consolation was, “That’s okay. We don’t have to make a profit.” By their very nature, government spending decisions have no regard for profit and loss. For example, Ron Suskind, in his book “Confidence Men,” reveals that President Obama directed stimulus money into infrastructure instead of the health care industry not for economic

reasons, but because he thought unemployed men perceived many jobs in health care as “women’s work.” Obama presumed government stimulus had value and decisions were made based on perceived political benefits. That such non-economic investment yields waste and destruction is one of the great lessons of the Soviet experiment.

Monetary inflation is no better at fostering prosperity. When the Federal Reserve encourages monetary inflation via credit expansion, banks artificially lower interest rates. Entrepreneurs are encouraged to undertake many longer-term, more capital-intensive projects than they ought but which appear profitable. Land, labor, and capital goods are squandered in producing things, such as houses, that are valued less than those goods that would have been produced without the monetary manipulation.

Not all monetary spending is equal. Economic prosperity requires wise entrepreneurship. If spending is funded by voluntary saving and invested according to profit and loss considerations, it tends to be productive and hence, add to our prosperity. If spending, however, is funded by coercion and apart from economic calculation, scarce goods are wasted, and the result is relative impoverishment, prolonged recession, and unemployment.

Editor’s note: A version of this article first appeared at Forbes.com.

Dr. Shawn Ritenour is a professor of economics at Grove City College, contributor to The Center for Vision & Values, and author of “Foundations of Economics: A Christian View.” © 2012 by The Center for Vision & Values at Grove City College. The views & opinions expressed herein may, but do not necessarily, reflect the views of Grove City College. For more information see www.VisionAndValuesEvents.com



HELP WANTED

Messenger Publishing Group

INDEPENDENT SALES AGENT

MPG is seeking an Independent Sales Agent to generate advertising sales for our local newspapers. This is an extra income opportunity that you can work at from your home. Become part of a growing newspaper group that has been very well received by our readers and the business community. Compensation is commission only, but the commission is a very generous rate.

To apply, call 773-1111 and send an email to publisher@mpg8.com



Time To Enjoy The Life You Deserve

Nestled in the heart of Carmichael, there’s a retirement community called Carmichael Oaks. This beautiful community offers:

- Social & Activities program
- Scheduled transportation
- Beauty salon & exercise room
- Theatre & computer center
- Weekly housekeeping
- 24 hour emergency staff

Independent & Assisted Living as well as Memory Care.



916-944-2323 office
www.carmichaeloaks.com

LIC# 347003685

Citrus Heights Scholarship Pageant

- ❖ Miss entrants must be at least 16 to the age of 27.
- ❖ Teen entrants must be at least 13 to the age of 16.
- ❖ Entrants must be single; never been married nor a parent.
- ❖ Entrants must be of good physical health and good moral character.
- ❖ Mrs. / Ms. Entrants must be at least 18 years of age.

Also includes: *Ambassador Pageant*

This pageant entry fee is 25 non perishable food items and or school supplies for needing families incur communities. **Children 2 - 12 years • Girls / women 13 - up**

November 16th - to be held at Rusch Park, Citrus Heights
Director, Mary Purvis • 721-3824

"Creating radiant health in our community since 1985"

- Spinal correction specialist
- Custom exercise instruction
- Family wellness plans
- Sports injury specialist
- Carmichael chamber business person of the year 1995.

Gift of Life Wellness Check-up
Consultation, Complete Spinal Examination and X-rays (if needed)

This \$250 value is yours for only \$40 if you mention this ad
Each additional family member only \$20
Offer Expires Friday

Dr. Bob Graykowski • 5909 Stanley Avenue, Suite A
Carmichael, CA 95608 • (916) 973-1661
Chiropractic-usa.com
Join our Facebook Fan Page - Chiropractic USA

Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/ 1st aid, 24 hr support, monthly reimb.

Call Lenka (916) 338-7156

Weekly Support Meeting for Widowed Men and Women

Ongoing Program – Weekly throughout the year

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm – 5:00 pm with some going to dinner as a group following the session. Doors open at 2:30 pm. The Widowed

Persons Association is a non-profit organization whose mission is to be of help to recently widowed men and women, but any and all widows and widowers are welcome. Participants do not need to be members and there is no charge.

Where: In the meeting room of the WPAC office.

Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18, Enter Suite-18 via the back parking lot.

Widowed Persons Association of California

**Office Hours 10:0 am – 3:00 pm
Monday through Friday
916-972-9722**

A-TEK GLASS CENTER

Your One Stop
Local Glass Shop

Serving Carmichael
Community for 17 Years

AUTO □ HOME □ BUSINESS

Free Windshield Chip
Repair with Insurance
Coverage

- ▲ Auto Glass
- ▲ Windshields
- ▲ Power Windows
- ▲ Truck Slider
- ▲ Sunroofs
- ▲ Single & Dual Pane Glass
- ▲ Store Front Windows
- ▲ Mirror & Screen
- ▲ Glass Shelves
- ▲ Table tops

Fast, Professional Glass Repair • Direct Approved Insurance Billing

Call 7 Days a Week • 481-9966

Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou

Purple Stride 2012

The Sacramento Affiliate of the Pancreatic Cancer Action Network is hosting its 2nd annual PurpleStride Walk on Sunday, October 28, 2012 at 9:30 am. The walk begins and ends at Cal Expo.

Registration is now open at www.purplestride.org. Registration for Adults is \$25. Pancreatic cancer survivors, families, friends and supporters are invited to attend the walk to help raise awareness and much-needed funds for pancreatic cancer research. The walk is followed by family-friendly festivities.

Extended Library Books Sale Hours

Thousands of Exceptional Books to Choose From

SACRAMENTO REGION – The Friends of Arden-Dimick Library has extended the hours of its next book sale to take place on Friday, November 2 from 3:00 p.m. to 6:00 p.m. AND Saturday, November 3, from 10:00 a.m. to 3:00 p.m. in the Community Room at the Arden-Dimick Library, 891 Watt Avenue. Funds from this sale will be used for local library programs.

A recently completed new on-site storage unit provides additional room to store and ultimately sell even more donated

books! It is anticipated that more than 4,000 books will be offered at incredibly low prices; from 25¢ up to a dollar. This will be an excellent, affordable opportunity for adults and children to stock up on Fall reading materials.

The Friends of the Arden-Dimick Library is a volunteer community-based organization. Its dual mission is to advocate for the Library and to provide funding for books, materials, programs and library activities primarily through selling donated books.

Effie Yeaw Nature Center

California Avenue and Tarshes Drive, Carmichael, CA • 916-489-4918
www.sacnaturecenter.net Email: Info@SacNatureCenter.net

Providing Natural History, Cultural History & Environmental Education
Go to our website for more information and to request a booking

OCTOBER 2012 ACTIVITIES

Free Presentations and Nature Walks

River Friendly Landscaping

Is your garden ready for the season? Fall is the best time to plant California native plants in northern California. Join a UC Master Gardener for an overview of river friendly landscaping principles, chemical-free pest control and more.

**Saturday day the 13th
at 1:30 PM**

Where's the Wasp?

Discover how tiny wasps have caused galls that look like apples in the oak trees. We will hike to view three different types of oak trees and find out which ones are home to the gall wasp. All ages welcome.

Sunday the 14th at 1:30 PM

Amazing Salmon

The incredible Chinook Salmon have arrived! Discover the amazing life cycle of these impressive fish and hike to the river in search of these kings of the river. All ages welcome.

**Saturday the 20th
at 10:30 PM**

Pond Critters

Ribbet, chirp, splash, what was that? Meet Clem the turtle and his amphibian friends at the Nature Center. Venture out to the pond and discover how many creatures are relying on this water-filled habitat for food and shelter. All ages welcome.

Sunday the 21st at 1:30 PM

Whoow's Awake?

Owl's awake! Find out when owls are most active, what an owl pellet is and more! View a Nature Center owl up close and discover the secret to silent flight. All ages welcome.

**Saturday the 27th
at 10:30 AM**

Spooky Story Time

Gear up for Halloween with some spooky stories told by members of the Sacramento Storytellers Guild. Stories guaranteed not to cause nightmares! Suitable for all ages.

Sunday the 28th at 1:30 PM



EXPLORE • LEARN • ENJOY

SACRAMENTO
SYMPHONIC WINDS

Dr. Les Lehr,
Music Director

La Sierra Concert Series 2012-2013 Musical Seasoning



- ◆ Variations on a Korean Folk Song
- ◆ Stravinski "The Firebird"
- ◆ Flute Soloist Maquette Kuper
- ◆ Premieres of works by Giroux, Douglass

AROUND
THE WORLD IN
90
MINUTES!

Sunday, October 28, 2012
2:30 pm

La Sierra Community Center
Carmichael

- GENERAL ADMISSION \$10
- STUDENT, SENIOR \$5
- 5325 ENGLE ROAD, CARMICHAEL
- TICKETS AT THE DOOR • FREE PARKING

www.sacwinds.org for map • Info: (916) 489-2576

Chadron State College



a new adventure that provides a quality education that won't cost your future.

Visit csc.edu
1-800-CHADRON
1000 Main St. • Chadron, NE 69337

CSC
CHADRON STATE COLLEGE

Outdoor World

TURKEY WITH A BOW

If you enjoy challenges then try taking a turkey with a bow this fall. Since turkeys are programmed to look up because that's where hawks and owls come from, you won't have much luck trying to take one from a treestand.

From the ground you can use your ears to locate them, your eyes to tell you where they are going, and your legs to get yourself between where they are and where they want to be. Then wait for them to get there, draw when they're not looking, and pick a spot.

Now doesn't that sound easy? Don't kid yourself. The turkey's defenses are extremely keen and I can almost guarantee you that if they could smell, you would never shoot one with a bow.

Jerry Martin is a Member of the Redhead® Pro Hunting Team

For more tips, log onto basspro.com

CHALLENGE YOURSELF

PARADISE VALLEY ESTATES

Come to a place where nothing is beyond your reach.
Call now and discover what's possible for you.

ASK ABOUT
OUR SCHEDULED
EVENTS

1.800.326.0419

2600 Estates Drive / Fairfield, California 94533
www.pvestates.com

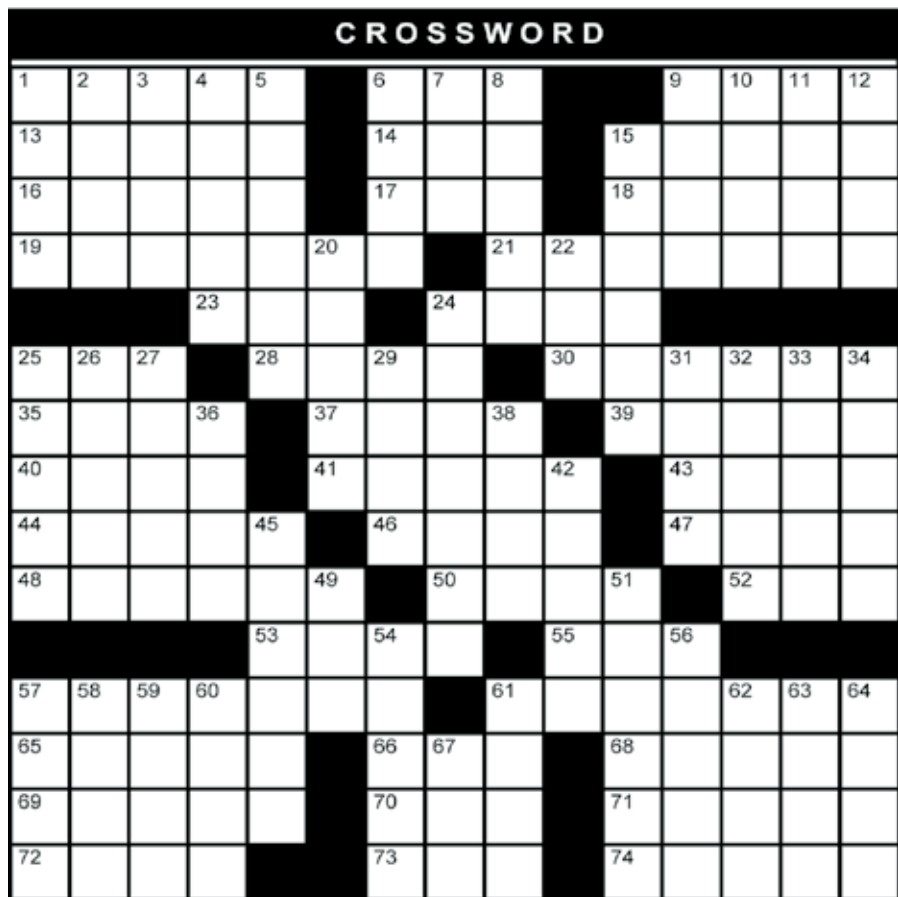
A CONTINUING CARE RETIREMENT COMMUNITY
CELEBRATING THE NORTHERN CALIFORNIA LIFESTYLE

MPG CALL 773-1111
TO ADVERTISE



DELIVERY ROUTES AVAILABLE
CALL 773-1111

STATEPOINT CROSSWORD • PRESIDENTIAL ELECTIONS



if you could save \$522 ... why wouldn't you?*

Call 1-866-929-9071 to get your fast, free car insurance quote.

*National average annual savings based on data from customers who reported savings by switching to Esurance between 1/1/10 and 5/19/10.



© StatePoint Media

CLUES

ACROSS

1. Things on a list
6. Grease container
9. Bear with the biggest chair
13. Halves of diameters
14. "He followed 'Give'em Hell Harry'"
15. Underneath
16. Bornean ape
17. NFL QB ___ Newton
18. Knightly cover
19. "Party choice"
21. "It narrows the field"
23. Usually comprised of 6-12 games in tennis
24. Often the object of desire in old spy movies
25. It often draws a crowd at parties
28. South American Indian people
30. "He defeated both Taft and Roosevelt"
35. Ailments
37. American Girl, e.g.
39. Each and all
40. Blowout
41. Former "American Idol"

DOWN

43. Word of mouth
44. Chose instead
46. ___ Turner
47. "A Presidential power"
48. Evening worship
50. America's singing favorite
52. "Former title of Barack Obama"
53. Symbol of country life
55. It usually comes with a key
57. Island nation of South Pacific
61. "One with a vote"
65. "One is usually alongside either candidate"
66. Home of 2016 Olympics
68. High society
69. "Wake Up Little ___"
70. "Much ___ About Nothing"
71. Relating to birth
72. Opportunity to show one's knowledge
73. Down and back in a pool
74. Sol-fa-sol-fa-sol-fa, e.g.

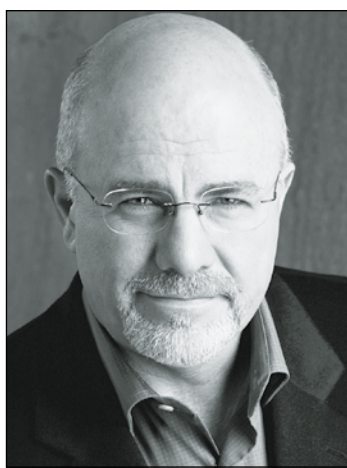
DOWN

1. Used for smoothing
2. Tropical tuberous root
3. Edible and often encased in red covering
4. Tiny cars
5. Seal on a document
6. "What Paul Ryan hopes for"
7. Theodor Geisel, ___ Dr. Seuss
8. Allegro and lento, in music
9. Chemically-induced curls
10. ___-Ata, Kazakhstan
11. "Give me your tired, your ___"
12. Not functioning properly
15. Alderman in Scotland
20. Short composition for solo instrument
22. Sashimi quality
24. Hannibal Lecter, e.g.
25. Russia's famous ballet troupe
26. Run off, as in lovers
27. Supplies with an excess of
29. "Race measurement"
31. City in West Ukraine
32. People of the land of silk,

to Ancient Greeks

33. "Candidates do much of this"
34. Stocking fiber
36. Pas in ballet, e.g.
38. Give temporarily
42. Actress Watts
45. "Political showdown"
49. The ___ Pack
51. Potentially existing but not presently evident
54. Beyond suburban
56. Pertaining to hair
57. Immense
58. Malaria symptom
59. Loch ___
60. Army group, e.g.
61. Chicken house
62. Edible tubes
63. Et alibi
64. Jodie Foster's 1994 drama
67. Civil rights advocate ___ Wells

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Preparing for Life Beyond College

Dear Dave,

I'm in college with a full scholarship. I work part time and should be able to graduate with no debt. What can I do now to best utilize the money I make?

- Tyler

Dear Tyler,

You're in a fantastic position right now. First, I think your main goal is to study hard and be 100 percent certain you're graduating on time with no money issues. The next thing is to make sure you have plenty of cash on hand to make the transition to the real world. In a case like this, transition can mean anything from moving to a new city to simply finding a different place to live. You're coming to a time in your life where you really can't have too much cash saved.

If it were me, I'd just save every penny I could and drop it in a savings account. You can worry about investing and growing your money later, after you've settled into your new life and have some stability. Just think how cool it would be to graduate with \$20,000 in the bank. Then, when you change gears and move out into the real world, you can do some really cool things with the money that's left. Set three to six months of

Dave Says

expenses aside as your emergency fund, then you can even begin to think about buying a home and investing in Roth IRAs and other pre-tax retirement plans.

But your biggest investment right now is making sure you finish school and have the cash on-hand to transition smoothly afterward. And you're in a great position to make that happen!

- Dave

First the Baby or the Debt?

Dear Dave,

My wife and I are following your plan. We want to start a family, but we're still in debt and still owe about \$8,000 on our car. Should we pay that off and fully fund our emergency fund before we think about having children?

- Robert

Dear Robert,

When two people who are married and love each other very much decide it's time to share that love with a family, then it's time. You've done a great job of managing your money, setting goals and formulating a game plan, so there's no reason to wait.

If it were me, I'd begin aggressively paying down the car now. Then, when the doctor confirms she's pregnant, you

can temporarily push the pause button on your Total Money Makeover. If you haven't managed to pay off the car at that point, use the money you were putting toward it to build up a big cash pile of savings, and go back to regular payments on the car after the baby comes.

By doing this you really lose no ground on your get-out-of-debt plan. You're just redirecting your resources in case you need additional money down the road. But who knows? It may take you guys a while to get pregnant. And if that happens, you could have the car paid off and plenty of opportunity to save up more before the little one arrives!

- Dave

*For more financial help, please visit daveramsey.com.

Home Delivery Routes Available



773-1111

dish DISH NETWORK
Starting at \$19.99
SAVE! Ask About SAME DAY Installation!
PLUS 30 Premium Movie Channels FREE for 3 Months!
CALL 1-888-903-6814

	8				3
	3	9		1	
	5	2	6		
	4		5		2
	9		7	8	2
6				9	8
				5	9
			3	4	7
					8

Come back every week for Sudoku!



For Solution See Page 7.

Business & Service Directory

MEDICAL SUPPLY AND EQUIPMENT

AMD Medical Supply

Sales • Rental • Installation • Delivery



Now Accepting MEDICARE

Tel/Fax: (916) 485-2500 www.amdmedsupply.com
3108 Arden Way, Sacramento, CA 95825

PET LOSS

EAST LAWN PET LOSS CENTER



Pet Burials • Cremation • Home Euthanasia

Located at Sierra Hills Pet Cemetery (I-80 @ Greenback)

www.EastLawnPets.com (916) 732-2037

MOBILE HOMES FOR RENT OR SALE

MOBILE HOME ESTATES

A PEACEFUL CITRUS HEIGHTS COMMUNITY We Can Help You Own Your Home!

Purchase and Rent-to-own Available! \$499 Moves You In!

Stonegate Mobilehome Estates
7368 Whyte Ave., Citrus Heights, CA 95621 Ph: 916-728-5511
WWW.STONEGATEMHP.COM

TREE SERVICES

ESTABLISHED IN 1981 **Bruno Ferazza** SENIOR DISCOUNTS
Tree Service

Complete Tree Care Certified Arborist
Expert Trimming Safe Removal Stump Grinding FREE ESTIMATES
Fully Insured License # 696796

530-885-7729 916-201-7462
BrunoFerazzaTreeService.com

PET SERVICES

DOG TRAINING, DOG WALKING, PET SITTING



Off-Leash E-Collar Training (Reward-Based)
Off-Leash Exercise Adventures
In-Home Pet Sitting
A+ rated by BBB
10 years experience

ThePetAgency.com • 916-968-3111

PRE-SCHOOL

MONTESSORI CHILDREN'S SCHOOL

5325 Engle Rd., Suite 170 Carmichael, CA 95608
Ages 2-6 • Open 7am-6pm M-F
916-481-0100
www.MCSpreschool.com

DENTAL SERVICE

DENTAL HYGIENE SERVICE

Portable Services for Homebound & Special Needs Clients
BRENDA PAQUIN, RDHAP
(916) 247-1743
brenrdhap2010@comcast.net
PO Box 982, CITRUS HEIGHTS, CA 95611

VACUUM SERVICE AND REPAIR

VACUUM SERVICE CENTER

Repair • Parts • Belts • Bags

Your One-Stop Vacuum Repair Shop

BEL AIR SHOPPING CENTER
4005 MANZANITA AVENUE #26
MONDAY-SATURDAY, 10AM - 6PM ♦ 916-978-0206
(Inside Heirloom Flooring Gallery)

FUNERAL SERVICE

RUSS MONROE'S

FUNERALS & CREMATIONS

FD 1404

7960 WINDING WAY FAIR OAKS, CA 95628 Tel (916) 9611265 Fax (916) 9612430

CEMETERY SERVICES

Respectful, Affordable Burial

Endowment Care Facility
Beautiful Park like setting
Monuments allowed • Cremation Niches
Commingle Scattering Garden
Quality & Affordable Service

Fair Oaks Cemetery District
7780 Olive St., Fair Oaks, 95628
916-966-1613

PET SITTING SERVICE

Professional, Loving PET CARE

Established Reputation
Kennel Free Environment
Lots of TLC

Call Madeline (916) 723-1608

LEGAL SERVICES

BONES LAW FIRM Gordon G. Bones Attorney at Law
4811 Chippendale Dr., Suite 307, Sacramento, CA 95841

The Law Firm provides the following legal services:
• Bankruptcy • Business and Corporate Matters
• Trust and Trust Administration
• Estate Planning • Probate and Conservatorship
• Family Law

P: 916.965.6647
F: 916.965.4218
gbones@boneslawfirm.com

PRINTER AND COPIER SERVICE

Specialties Plus

• Machine Repairs (all makes & models)
• Toner Cartridge Refills (Using Cartridge World? Take 10% off their price & try mine)
• Free Cleaning (with our cartridge)
• We are Local
• Service Contracts (monthly or yearly)
• Lease or Rent
• High Volume Copying (save wear & tear on your machine)



Specializing in Digital Printers, Copiers, Fax & Multifunction Machines

E-mail: specplus@comcast.net (916) 723-8430

DOG RESCUE

DOG RESCUE Gary

(916) 334-2841
Please Adopt or Foster
Because so many really great dogs are dying for a good home...
ShelterMOU@hotmail.com

HANDYMAN

QUALITY LABOR & MAINTENANCE

Yard Work, Hauling, Gutter Clean, Odd Jobs
You Name It!
(916) 613-8359



AC Services

Free A/C Service Call, including all minor repairs. Lic#972031 Universal Air Quality. Call 916-204-6077. (MPG 08-31-12)

Adoption

PREGNANT? CONSIDERING ADOPTION? Talk with caring adoption expert. You choose from families nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6296 Florida Agency #100021542 (NANI)

Announcements

BECOME DIETARY MANAGER (average annual salary \$45,423) in eight months in online program offered by Tennessee Technology Center at Elizabethton. Details www.TTC@elizabethton.edu, 1-888-986-2368 or email: patricia.roark@tceelizabethton.edu. (Cal-SCAN)

Antiques

Antiques Wanted: License plates and frames, pre-1969. Military emblems, 707-448-8942. Ask for Dave. (MPG 06-15-11)

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-12)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-12)

Apartments For Rent

NOW ACCEPTING APPLICATIONS Snowcap View Apartments, 3840 Snowcap View Circle, Auburn, CA 95602; 1, 2, & 3 bedroom apts and also apts with special design features for individuals with a disability. Inquire as to the availability of subsidy. Call (530) 885-3281, Mon-Fri 7am to 4pm. TDD# (800) 735-2929. This institution is an equal opportunity provider and employer. EQUAL HOUSING OPPORTUNITY. EQUAL OPPORTUNITY ACCESS. (MPG 04-30-12)

Audio Books

READERS & MUSIC LOVERS. 100 Greatest Novels (audio books) ONLY \$99.00 (plus s.h.) Includes MP3 Player & Accessories. ONUS: 50 Classical Music Works & Money Back Guarantee. Call Today! 1-888-841-5761 (MB 12-31-12)

Auto Donation

A-1 DONATE YOUR CAR! Breast Cancer Research Foundation! Most highly rated breast cancer charity in America! Tax Deductible! Fast Free Pick Up. 1-800-771-9551 www.carsforbreastcancer.org (NANI)

DONATE YOUR CAR to CHILDREN'S CANCER FUND of AMERICA and help end CHILDHOOD CANCER. Tax Deductible. Next Day Towing. Receive Vacation Voucher. 7 Days 1-800-469-8593 (NANI)

DONATE YOUR CAR, truck or boat to Heritage for the Blind. Free 3 Day Vacation, Tax Deductible, Free Towing. All Paperwork Taken Care Of. 888-902-6851. (Cal-SCAN)

DONATE YOUR CAR, TRUCK OR BOAT to HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing. All Paperwork Taken Care Of. 888-600-9846 (MB 12-31-12)

Auto for Sale

1990 Acura Integra LS 4 Door Great starter car or for commute to college. Only 130,000 Miles. Gets 23-25 City and 28-30 Hwy mileage consistently. Has CD player/radio, non-smoking vehicle, A/C, Power windows/locks, Automatic seatbelts, 5-speed transmission. Recent new tires. Current registration. Needs very little TLC. Recent mechanic's invoices available. New Radiator, Spark plugs, 7/6/11 New Front Engine Mount 11/17/11 New Axle Assemblies 11/22/11 New Brake Pads 1/06/12 New Rear Brake Rotors 1/06/12 \$2,800 cash. Call Paul in Sacramento at 916-773-7337 or Gabe at 925-872-7204, or email gabescholl@gmail.com (MPG 09-30-12)

Autos Wanted

WANTED Any Condition Pre 1973 Mercedes SL, other convertibles, Porsche 356 or 911, Volkswagen Bus, Jaguar XK120 through E-types. Gas station memorabilia and signs. Other interesting cars considered. Michael 714-267-3436 (Cal-SCAN)

CARS/TRUCKS WANTED! Top \$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330 (NANI)

WE BUY CARS! Running or Not. Any Make, Model or Year. Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595 (SWAN)

Business Opportunities

ATTN: COMPUTER WORK. Work from anywhere 24/7. Up to \$1,500 Part Time to \$7,500/mo. Full Time. Training provided. www.AAAWorkServices.com (Cal-SCAN)

FRANCHISE OPPORTUNITY Inside Major Retailer. Call for Details: 866-622-4591. Or email: franchiseopportunity@hotmail.com (Cal-SCAN)

Business Services

Want a change? Need more Money? Take 3 minutes to look at: http://www.dog-gone-truth.com/2ndtomom/DGT.aspx (MPG 09-30-12)

The business that considers itself immune to advertising, finds itself immune to business. REACH CALIFORNIANS WITH A CLASSIFIED IN ALMOST EVERY COUNTY! Over 270 newspapers! Combo-California Daily and Weekly Networks. Free Brochures. elizabeth@cnpa.com or (916) 288-6019. (916) 288-6019. (Cal-SCAN)

SAVE on Cable TV - Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months). Options from ALL major service providers. Call Acceller today to learn more! CALL 1-866-484-1940 (MB 12-31-12)

Bundle & Save on your CABLE, INTERNET PHONE, AND MORE. High Speed Internet starting at less than \$20/mo. CALL NOW! 800-291-4159 (NANI)

Chain Link, Ornamental Iron, Vinyl, Trellis, Decks, Residential/Commercial FREE ESTIMATES! Lic. #494306 916-966-1103 (MPG 09-15)

CASH NOW!! RECEIVING PAYMENTS from Mortgage Notes, Structured Settlements, Contest annuity or Call Tower Lease? Sell Payments NOW! NYAC 1-800-338-5815. (Cal-SCAN)

Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 888-698-3165 (Cal-SCAN)

CREDIT CARD DEBT? LEGALLY HAVE IT REMOVED! Minimum \$7,000 in debt to qualify. Utilize Consumer Protection Attorneys. Call now! 1-888-237-0388 (NANI)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call Today 866-723-7089 for \$10.00 off your first prescription and free shipping. (Cal-SCAN)

Feeling older? Men lose the ability to produce testosterone as they age. Call 888-904-2372 for a FREE trial of Progena- All Natural Testosterone Supplement. (Cal-SCAN)

Over 30 Million Women Suffer From Hair Loss! Do you? If So We Have a Solution! CALL KERANIQUE TO FIND OUT MORE 888-690-0395. (Cal-SCAN)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call Today 877-560-8637 for \$25.00 off your first prescription and free shipping. (MB 12-31-12)

Diabetes/Cholesterol/Weight Loss Bergamotte, a Natural Product for Cholesterol, Blood Sugar and weight. Physician recommended, backed by Human Clinical Studies with amazing results. Call today and save 15 off your first bottle! 877-855-5090 (MB 12-31-12)

ATTENTION SLEEP APNEA SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at NO COST, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-654-6310 (MB 12-31-12)

ATTENTION DIABETICS with Medicare. Get a FREE talking meter and diabetic testing supplies at NO COST, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-816-7716 (MB 12-31-12)

Attention Joint & Muscle Pain Sufferers: Clinically proven all-natural supplement helps reduce pain and enhance mobility. Call 888-577-8681 to try Hydroflexin RISK-FREE for 90 days (MB 12-31-12)

ATTEND COLLEGE ONLINE from Home. "Medical," "Business," "Criminal Justice," "Hospitality." Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 888-210-5162 www.CenturaOnline.com (Cal-SCAN)

Care giving. \$15/Hour. Excellent References. 15 Years Experience. Over Nights. Part Time During the Day. Errands & Light House Keeping. Doctor's Appointments. Contact: Home - 1-530-885-6829. Cell - 1-530-305-8432 (MPG 06-30-12)

1994 Toyota Tercel. 4 speed, smogged, has DMV tags, runs excellent, body and tires in good shape. \$2100. Located in Orangevale. 916-988-8376, or 342-2651 (MPG 03-31-12)

CHIMNEY CLEANING SPECIAL FAST • CLEAN • EFFICIENT Friendly Service. No Mess Guarantee 15 Years Running (916) 752-6762 Bus Lic # 103881 (MPG 03-31-12)

MY COMPUTER WORKS. Computer problems? Viruses, spyware, email, printer issues, bad internet connections - FIX IT NOW! Professional, U.S.-based technicians. \$25 off service. Call for immediate help. 1-888-865-0271 (Cal-SCAN)

GET FREE OF CREDIT CARD DEBT NOW! Cut payments by up to half. Stop creditors from calling. 888-416-2691. (Cal-SCAN)

Buried in Credit Card Debt? Over \$10,000? We can get you out of debt quickly and save you thousands of dollars! Call CREDIT CARD RELIEF for your free consultation. 1-888-505-1183 (MB 12-31-12)

DISH Network. Starting at \$19.99/month PLUS 30 Premium Movie Channels 4023 FREE (MPG 12-31-12)

Before you list your home, order Free Special Report that reveals what happens to your matrimonial home before, during, and after a divorce. Free recorded message 1-800-213-4205 ID# 1009 DRE # 0089220 R Dumont (MPG 08-30-12)

RETIRED MASTER ELECTRICIAN Expert troubleshooter, 30 years experience. Old panel repairs/upgrades. Lic.# 877532 Call 916-595-3052 (MPG 07-31-12)

*LOWER THAT CABLE BILL! Get Satellite TV today! FREE System, installation and HD/DVR upgrade. Programming starting at \$19.99. Call NOW 1-800-935-8195 (NANI)

Cal State Fence and Construction Since 1986 Quality, Trustworthy, Affordable, Reliable. Redwood,

Medical Alert for Seniors - 24/7 monitoring. FREE Equipment. FREE Shipping. Nationwide Service. \$29.95/Month CALL Medical Guardian Today 866-944-5935. (Cal-SCAN)

Wheelchairs, walkers, incontinence, bath safety, lift chairs, canes, stethoscopes, compression garments, diabetic care. Excellent service & quality at low prices from AMD MEDICAL SUPPLY. 916-485-2500. Now accepting MEDICARE. (MPG 02-28-12)

SAWMILLS from only \$3997. MAKE & SAVE MONEY with your own bandmill. Cut lumber any dimension. In stock ready to ship. FREE Info/DVD: www.NorwoodSawmills.com 1-800-578-1363 x3000. (Cal-SCAN)

Rapid DNA / STD / Drug Testing Same Day, No Appointment Needed, Private, 15min. Testing 4500 locations Results in 1-3 days call to order 800-394-8690 (NANI)

Meet singles now! No paid operators, just people like you. Browse greetings, exchange messages, connect live. FREE trial. Call 1-877-737-9447 (NANI)

MEDICAL CAREERS begin here - Online training for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 800-510-0784 www.CenturaOnline.com (NANI)

CASH PAID-UP TO \$27/BOX for unexpired, sealed DIABETIC TEST STRIPS! 1 DAY PAYMENT & PRE-PAID shipping. SE HABLA ESPAÑOL. Emma 1-888-776-7771. www.Cash4DiabeticSupplies.com (NANI)

CASH FOR CARS: All Cars/Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960 (NANI)

"OLD GUITARS WANTED!" Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg, and Gibson Mandolins/Banjoes. 1920's thru 1980's. TOP CASH PAID! 1-800-401-0440 (NANI)

AIRLINE CAREERS begin here - Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified - Housing available. Job placement assistance. Call AIM (888) 686-1704 (NANI)

ATTEND COLLEGE ONLINE from Home. "Medical," "Business," "Paralegal," "Accounting," "Criminal Justice." Job placement assistance. Computer available. Financial Aid if qualified. Call 800-510-0784 www.CenturaOnline.com (NANI)

WORK ON JET ENGINES - Train for hands on Aviation Maintenance Career. FAA approved program. Financial aid if qualified - Job placement assistance. Call AIM (866) 854-6156. (NANI)

Reach over 17 million homes nationwide with one easy buy! Only \$1,995 per week for a 20 word classified! For more information go to www.naninetwork.com (NANI)

Meet singles right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-877-909-2569 (SWAN)

SAVE 65 Percent & Get 2 FREE GIFTS when you order 100 Percent guaranteed, delivered-to-the-door Omaha Steaks - Family Value Combo NOW ONLY \$49.99. ORDER today 1-888-525-4620 use code 4539JRK or www.OmahaSteaks.com/father56 (Cal-SCAN)

100 Percent Guaranteed Omaha Steaks - SAVE 65 percent on the Family Value Collection. NOW ONLY \$49.99 Plus 3 FREE GIFTS & right-to-the-door delivery in a reusable cooler. ORDER TODAY at 1-888-859-5502 or www.OmahaSteaks.com/mb27, use code 450692EJ. (MB 12-31-12)

All Pro Painting Res/Com. Quality work free est. sen disc lic 914715 Ph 607-0523 (MPG)

Lonesome lad needs a lonesome lady to enjoy picnic bogs in Carmichael. Call Max 530-227-7681 (MPG 06-30-12)

Meet singles right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-888-866-3166 (Cal-SCAN)

Help Wanted Drivers Freight Up = More \$\$. Need CDL Class A Driving Experience. 877-258-8782. www.Drive4Melton.com (Cal-SCAN)

Driver - \$0.01 increase per mile after 6 months. Choose your hometown: Weekly, 7/ON-7/OFF, 14/ON-7/OFF. Requires 3 months recent experience. 800-414-9569 www.DriveKnight.com (Cal-SCAN)

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information. (MPG)

In your home health care helper. 20 years experience. Fingerprinted, reliable, local. Call Jenny at 530-889-1737 (MPG 08-25)

Need Help? Call Vernie! Housecleaning Done Right! Reasonable Rates. Honest! Dependable! Licensed. Call 916-729-0638 (MPG 08-31-12)

Household Services Iron Lady - Ironing Service. Fast. Efficient, Reasonable. 916-743-8449 (MPG 09-30-12)

Housekeeping HOUSEKEEPING. 15 Years Experience. Honest, Reliable. Move in/out. (916) 420-6413 - Helen (MPG 05-31-12)

Inhome Childcare Nenes Smart Start Small in-home Childcare M-F 7AM-6PM. Infant thru 5 Preschool certified Licensed & Insured, (916) 723-3342 collier@surrewest.net

Jobs Financial Services.rep Local office, looking for career minded candidate. Keep your f/t job, start p/t at Primerica, paid training & Lic. We'll show you how to make extra \$\$ & build your own business. Call 9163632270 www.primera.com

Resell Women & Children Items! Make incredible \$ on items your family doesn't need anymore & earn 60-80% of your sales! Check out www.brandnewtoyou.com

Lawncare Singh's Lawn & Garden. Call 916-965-8224 for a Free Estimate on Basic Lawn Care. (MPG 09-30-12)

SOCIAL SECURITY DISABILITY BENEFITS. Win or Pay Nothing! Start your Application in Under 60 Seconds. Call Today! Contact Disability Group, Inc. Licensed Attorneys & BBB Accredited. Call 877-490-6596. (Cal-SCAN)

SOCIAL SECURITY DISABILITY BENEFITS. You WIN or Pay Us Nothing. Contact Disability Group, Inc. Today! BBB Accredited. Call For Your FREE Book & Consultation. 888-630-1757 (MB 12-31-12)

Lost and Found have LOST a yellow cockatiel with orange cheeks. Lost on 7/5/12 in Grass Valley CA. I also have FOUND a grey and yellow cockatiel with orange cheeks. Found on 7/16/12 in Colfax CA. Contact Brittany at 530-575-5445 or e-mail at mornym_star@yahoo.com (MPG 08-31-12)

ATTENTION DIABETICS with Medicare. Get a FREE Talking Meter and diabetic testing supplies at NO COST, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-781-9376. (Cal-SCAN)

Caring Compassionate Seniors WANTED! SENIORS HELPING SENIORS®, a leader in the Senior in-home service industry, has immediate PT openings for Providers. Qualified candidate will have life experience, an in-

terest in making a difference in the lives of other seniors and be comfortable working with senior citizens. Flexible schedules...we'll work around your schedule! Valid driver's license and use of auto is required. Call us today for more information. (916) 372 9640 (MPG)

Attention SLEEP APNEA SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at No Cost, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-699-7660. (Cal-SCAN)

Medical Alert for Seniors - 24/7 monitoring. FREE Equipment. FREE Shipping. Nationwide Service. \$29.95/Month CALL Medical Guardian Today 866-944-5935. (Cal-SCAN)

Wheelchairs, walkers, incontinence, bath safety, lift chairs, canes, stethoscopes, compression garments, diabetic care. Excellent service & quality at low prices from AMD MEDICAL SUPPLY. 916-485-2500. Now accepting MEDICARE. (MPG 02-28-12)

SAWMILLS from only \$3997. MAKE & SAVE MONEY with your own bandmill. Cut lumber any dimension. In stock ready to ship. FREE Info/DVD: www.NorwoodSawmills.com 1-800-578-1363 x3000. (Cal-SCAN)

Rapid DNA / STD / Drug Testing Same Day, No Appointment Needed, Private, 15min. Testing 4500 locations Results in 1-3 days call to order 800-394-8690 (NANI)

Meet singles now! No paid operators, just people like you. Browse greetings, exchange messages, connect live. FREE trial. Call 1-877-737-9447 (NANI)

MEDICAL CAREERS begin here - Online training for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 800-510-0784 www.CenturaOnline.com (NANI)

CASH PAID-UP TO \$27/BOX for unexpired, sealed DIABETIC TEST STRIPS! 1 DAY PAYMENT & PRE-PAID shipping. SE HABLA ESPAÑOL. Emma 1-888-776-7771. www.Cash4DiabeticSupplies.com (NANI)

CASH FOR CARS: All Cars/Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960 (NANI)

"OLD GUITARS WANTED!" Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg, and Gibson Mandolins/Banjoes. 1920's thru 1980's. TOP CASH PAID! 1-800-401-0440 (NANI)

AIRLINE CAREERS begin here - Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified - Housing available. Job placement assistance. Call AIM (888) 686-1704 (NANI)

ATTEND COLLEGE ONLINE from Home. "Medical," "Business," "Paralegal," "Accounting," "Criminal Justice." Job placement assistance. Computer available. Financial Aid if qualified. Call 800-510-0784 www.CenturaOnline.com (NANI)

WORK ON JET ENGINES - Train for hands on Aviation Maintenance Career. FAA approved program. Financial aid if qualified - Job placement assistance. Call AIM (866) 854-6156. (NANI)

Reach over 17 million homes nationwide with one easy buy! Only \$1,995 per week for a 20 word classified! For more information go to www.naninetwork.com (NANI)

Meet singles right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-877-909-2569 (SWAN)

SAVE 65 Percent & Get 2 FREE GIFTS when you order 100 Percent guaranteed, delivered-to-the-door Omaha Steaks - Family Value Combo NOW ONLY \$49.99. ORDER today 1-888-525-4620 use code 4539JRK or www.OmahaSteaks.com/father56 (Cal-SCAN)

100 Percent Guaranteed Omaha Steaks - SAVE 65 percent on the Family Value Collection. NOW ONLY \$49.99 Plus 3 FREE GIFTS & right-to-the-door delivery in a reusable cooler. ORDER TODAY at 1-888-859-5502 or www.OmahaSteaks.com/mb27, use code 450692EJ. (MB 12-31-12)

All Pro Painting Res/Com. Quality work free est. sen disc lic 914715 Ph 607-0523 (MPG)

Lonesome lad needs a lonesome lady to enjoy picnic bogs in Carmichael. Call Max 530-227-7681 (MPG 06-30-12)

Meet singles right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-888-866-3166 (Cal-SCAN)

heating bills by 50 percent. FREE shipping too! Use claim code 6239. WAS \$499 NOW \$279 Call 1-888-306-5657 (MB 12-31-12)

Mature Guy seeking friendship of a mature lady in the 60's and 70's. Call Jim 530-823-7765. (MPG 10-19-11)

Pets/Animals Dog training "The Western Way" will change your life. Guaranteed! Serving all of Placer County. Ken 530-305-2504. thewesternerway@gmail.com (MPG 08-31-12)

Healthy 10 year old Female Pug Mix - "Missy" needs home, great companion for a retired person/couple. If interested call/text 916-761-7554. (MPG 08-31-12)

Pet Sitting Professional loving pet care. Established reputation. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608. (MPG 12-31-12)

Piano Lessons Piano Lessons - Beginner, Classical, Adults and Children. 23 years. 916-899-8529 (MPG 03-30-12) Piano lessons for children and adults by experienced, creative teacher. Citrus Heights. For more information, visit www.anitraalexander.com, or call (916) 725-1054 (MPG)

Plumbing *Sewer Camera* Locating & Clearing. Call 530-613-0688 or 916-749-8662 CSL # 739713 (MPG 09-30-12)

Pool & Spa Service DYSTES POOL & SPA SERVICE Monthly service: call DON 916-768-7790. Free estimates (MPG 09-30-12)

Weekly Pool Service & Repair. Licensed, Insured, Reliable-\$50 off 1st Service or Repair. 916-390-8488 (MPG 03-30-12)

Puppies for Sale Bichon Frise Puppies, adorable. Six weeks. Parents on site. Pure-bred. Wonderful companions. 530-889-8381 or Leave Message 530-885-9800. (MPG 03-30-12)

Reverse Mortgage Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 866-982-4692 (MB 12-31-12)

Schools / Education Carmichael & surrounding area. Experienced, Master's degree, all levels. Reading/Learning tutor-consultant: individual \$45/45 min session. 303-868-3180. alexanmorgan@gmail.com (MPG 04-30-12)

Senior Housing Mobile Homes for sale/rent, 1 and 2 bedroom Stonegate MHP A 55+ yr and over Community in Citrus Heights. 916-728-5511. stonegatemhp@live.com (MPG 10-31-12)

\$355 to \$669 - Foothill Farms, a newly built affordable senior apartment community in Sacramento has 1 and 2 bedroom apartments available for seniors age 55 and up. AEK, elevators, and swimming pool. Applications will be available and accepted beginning at 10:00 am on Monday, June 18th. Leasing office will not be open prior to June 18th. Temporary leasing office is located at 5415 Palm Avenue (off of Auburn Blvd). Income, age and other restrictions apply. Section 8 is welcome. Applications will be processed on a first qualified, first offered basis. For 24 hour application information, please call 916.484.4007. EHO. (MPG 07-31-12)

Services 4.5% TOTAL COMMISSION Free Value Estimate & Award Winning Service! (916) 334-3437 HeidiChallenger@gmail.com Miller Realty Network DRE#01915022

River City Garage Door (916)284-0508 Service & Repairs 24/7 Residential & Commercial Lic#947932

Slashes Heating Bills HEAT YOUR HOME FOR 5¢ an Hour! Portable infrared iHeater heats 1000 sq. ft. Slashes your

WHOEVER SAID CHANGE IS INEVITABLE OBVIOUSLY NEVER USED A VENDING MACHINE

Crossword Puzzle on Page 6

Sudoku Puzzle on Page 6

NOTICE TO READERS California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

DISCLAIMER Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

Classified Advertising Sell Your Stuff! Reach 1000's of Readers Every Week!

Legal Advertising Hotline
916-532-2113
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984

Legal Advertising
P.O. Box 14
Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07306. Martha Harriet McClellan-Morehouse, 5948 Landis Ave. #133, Carmichael, CA 95608 is doing business under the Fictitious Business Names "Stipintuit Oasis; Stipintuit Healing Arts Oasis" at 5948 Landis Ave. #133, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on September 5, 2012. Publish: September 19, 26, October 3, 10, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07087. Pacific Land & Energy, LLC, 4825 "J" Street #112, Sacramento, CA 95819 is doing business under the Fictitious Business Names "Pacific Land & Energy; Daniel O'Connell" at 4825 "J" Street #112, Sacramento, CA 95819. Filed with the Clerk of Sacramento County on August 27, 2012. Publish: September 19, 26, October 3, 10, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07315. Andy Klein, 2773 McCloud Way, Roseville, CA 95747 is doing business under the Fictitious Business Name "The Monk's Cellar" at 2773 McCloud Way, Roseville, CA 95747. Filed with the Clerk of Sacramento County on September 6, 2012. Publish: September 19, 26, October 3, 10, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07209. Christian Petrisor, 9325 Palmerson Dr., Antelope, CA 95843 is doing business under the Fictitious Business Name "Cal Transport" at 9325 Palmerson Dr., Antelope, CA 95843. Filed with the Clerk of Sacramento County on August 31, 2012. Publish: September 19, 26, October 3, 10, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07414. Dan Niebauer, 3742 Gibbons Parkway, Carmichael, CA 95608 is doing business under the Fictitious Business Name "California Videowork" at 3742 Gibbons Parkway, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on September 7, 2012. Publish: September 19, 26, October 3, 10, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07405. Jason Rich, 6433 Perrin Way, Carmichael, CA 95608 and Don Eatheron, 8372 Shaster Daisy Court, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name "ER Auto Repair" at 4800 San Juan Ave., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on September 7, 2012. Publish: September 19, 26, October 3, 10, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07292. Ralph L. Hants, 6801 W. Elkhyorn Blvd., Sacramento, CA 95837 is doing business under the Fictitious Business Name "Ralph-Norman Apartments" at 4431 Del Rio Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County on September 5, 2012. Publish: September 19, 26, October 3, 10, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07382. Michael J. Magliola, Sr., and Markella Denise Magliola, both of 7939 Indian Creek Drive, Orangevale, CA 95662 are doing business under the Fictitious Business Name "Morpheus Tech" at 7939 Indian Creek Dr., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on September 7, 2012. Publish: September 26, October 3, 10, 17, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07167. Cherie Murashige, 4500 Truxel Road #425, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Cherie Mariko Photography" at 4500 Truxel Road #425, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on August 29, 2012. Publish: October 3, 10, 17, 24, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08125. Phillip Hicks, 2236 Longview Dr., Roseville, CA 95747 is doing business under the Fictitious Business Name "Old Sack from Old Sac" at 2236 Longview Dr., Roseville, CA 95747. Filed with the Clerk of Sacramento County on Oct. 3, 2012. Publish: October 10, 17, 24, 31, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08058. Theresa Klier, 4024 Oak Villa Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Math Speed Skills" at 4024 Oak Villa Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 1, 2012. Publish: October 10, 17, 24, 31, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07928. Golden Valley Numismatics, Inc., 2710 Arden Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Excelsior Coin Gallery" at 2710 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 26, 2012. Publish: October 10, 17, 24, 31, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08125. Brian Bentzen, 3554 Lynne Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name "The Sac Chef" at 3554 Lynne Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on September 25, 2012. Publish: October 10, 17, 24, 31, 2012.

Dated: September 12, 2012
Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: September 19, 26, October 3, 10, 2012.

CASTIL 120903 10-10-12
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME AND GENDER
#34-2012-00129470
WHEREAS, Tison/Veronica West has filed a petition with this court for a decree changing name of Tison Veronica West to Kevin Tison West.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 24, 2012 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 12, 2012
David I. Brown
Judge of the Superior Court
Publish: September 19, 26, October 3, 10, 2012.

WEST 120903 10-10-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07442. Mingqun Jiang, 5012 Hari Gopal Way, Sacramento, CA 95623 is doing business under the Fictitious Business Name "Sunrise Shuttle" at 5012 Hari Gopal Way, Sacramento, CA 95623. Filed with the Clerk of Sacramento County on September 10, 2012. Publish: September 26, October 3, 10, 17, 2012.

SUNRIS 120904 10-17-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07458. Danny Burgans, 7828 Abbington Way, Antelope, CA 95843 is doing business under the Fictitious Business Name "Pro Tint" at 4871 Manzanita Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on September 10, 2012. Publish: September 26, October 3, 10, 17, 2012.

PROTIN 120904 10-17-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07277. Whitaker's West Coast Transmission Inc., 2656 Montgomery Ave., Concord, CA 94519 is doing business under the Fictitious Business Name "West Coast Transmission Inc." at 5630 Roseville Road #A, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on September 5, 2012. Publish: September 26, October 3, 10, 17, 2012.

WESTCO 120904 10-17-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07106. Thomas J. Smith, 7209 Dedrick Court, Sacramento, CA 95842 is doing business under the Fictitious Business Name "Custom Drywall Interiors" at 7209 Dedrick Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on August 28, 2012. Publish: September 26, October 3, 10, 17, 2012.

CUSTOM 120904 10-17-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07382. Michael J. Magliola, Sr., and Markella Denise Magliola, both of 7939 Indian Creek Drive, Orangevale, CA 95662 are doing business under the Fictitious Business Name "Morpheus Tech" at 7939 Indian Creek Dr., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on September 7, 2012. Publish: September 26, October 3, 10, 17, 2012.

MORPHE 120904 10-17-12
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2012-00129902
WHEREAS, Avani Shashikant Parekh has filed a petition with this court for a decree changing name of Avani Shashikant Parekh to Avani Chirag Parikh.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 2, 2012 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 12, 2012
Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: September 26, October 3, 10, 17, 2012.

EVANS 120904 10-17-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07167. Cherie Murashige, 4500 Truxel Road #425, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Cherie Mariko Photography" at 4500 Truxel Road #425, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on August 29, 2012. Publish: October 3, 10, 17, 24, 2012.

CHARLI 121001 10-24-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07894. Erin Kelley Williams, 5225 North Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Charlie Rancid" at 5225 North Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on September 25, 2012. Publish: October 3, 10, 17, 24, 2012.

9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 19, 2012
David I. Brown
Judge of the Superior Court
Publish: September 26, October 3, 10, 17, 2012.

PARIKH 120904 10-17-12
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2012-00129887
WHEREAS, Chalena Nanthaveth and Samer Sharif Shokri Abukheit have filed a petition with this court for a decree changing names of Chalena Nanthaveth to Chalena Buna; and Samer Sharif Shokri Abukheit to Samer Buna.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 31, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 19, 2012
Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: September 26, October 3, 10, 17, 2012.

BUNA 120904 10-17-12
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2012-00127720
WHEREAS, Sweet Leilani Lupetuu has filed a petition with this court for a decree changing name of Betty Pualani Pouli to Meleane Mamou Pouli.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 2, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 19, 2012
Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: September 26, October 3, 10, 17, 2012.

LUPEIT 120904 10-17-12
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2012-00129460
WHEREAS, Gabrielle Elizabeth Evans has filed a petition with this court for a decree changing name of Ki'yan Omari Deary to Rashid Deshwan Deary-Smith-Evans Jr.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 24, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 12, 2012
Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: September 26, October 3, 10, 17, 2012.

EVANS 120904 10-17-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07167. Cherie Murashige, 4500 Truxel Road #425, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Cherie Mariko Photography" at 4500 Truxel Road #425, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on August 29, 2012. Publish: October 3, 10, 17, 24, 2012.

CHARLI 121001 10-24-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07839. Gina Mozingo, 12254 Rogue River Dr., Sacramento, CA 95826 and Amy Ray, 1531 Crestmont Oak Dr., Roseville, CA 95661 are doing business under the Fictitious Business Name "Much Kneaded Zen Massage" at 2862 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 24, 2012. Publish: October 3, 10, 17, 24, 2012.

MUCHKN 121001 10-24-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08134. Sylvia Gilchrist, 3974 Apple Blossom Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Fired Up For A Cause" at 3974 Apple Blossom Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Oct. 3, 2012. Publish: October 10, 17, 24, 31, 2012.

ROAD 121002 10-31-12
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2012-00130583
WHEREAS, Nichole Tripathi has filed a petition with this court for a decree changing name of Nichole

matter appear before this court at 9:00 a.m. on November 19, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 26, 2012
Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: October 10, 17, 24, 31, 2012.

PEATRO 121002 10-31-12
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2012-00130583
WHEREAS, Nichole Tripathi has filed a petition with this court for a decree changing name of Nichole

matter appear before this court at 9:00 a.m. on November 19, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 26, 2012
Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: October 10, 17, 24, 31, 2012.

OLDSAC 121002 10-31-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07893. Brian Bentzen, 3554 Lynne Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name "The Sac Chef" at 3554 Lynne Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on September 25, 2012. Publish: October 10, 17, 24, 31, 2012.

MATHSP 121002 10-31-12
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07928. Golden Valley Numismatics, Inc., 2710 Arden Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Excelsior Coin Gallery" at 2710 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 26, 2012. Publish: October 10, 17, 24, 31, 2012.

EXCELS 121002 10-31-12
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2012-00130176
WHEREAS, Athena Irene Hamann has filed a petition with this court for a decree changing name of Athena Irene Hamann to Athena Irene Peatross.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 9, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 26, 2012
Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: October 10, 17, 24, 31, 2012.

TRIPAT 121002 10-31-12
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2012-00130583
WHEREAS, Nichole Tripathi has filed a petition with this court for a decree changing name of Nichole

matter appear before this court at 9:00 a.m. on November 19, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 26, 2012
Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: October 10, 17, 24, 31, 2012.

**CALL 773-1111
TO ADVERTISE
IN YOUR
LOCAL HOMETOWN
NEWSPAPER**

California Institute of Jewelry Training
5805 Windmill Way, Carmichael, California

Beautiful, One of a kind items for your special someone(s). Lovely designer jewelry or special custom designs; Renovating your old and making it new; Gift certificates for future classes. A great gift for someone you love, timeless.

Founded & located in Carmichael in 1979. We have trained thousands of professional jewelers and hobbyists. If you have not stopped by, you are missing a treat. You will see talent, quality and motivation.

Jewelry Making Parties. Teachers, bring your students for a field trip. We have rocks and minerals too.

916.487.1122
www.jewelrytraining.com

Call for your personal tour today!

We are your Carmichael neighbor - come visit our "Student Jewelry Gallery" (across the street from Windmill Nursery)
VA Approved • Post 911 Veterans • Student Loans Available - Short or Full Courses

www.CarmichaelTimes.com

**LEGAL ADS FOR
SACRAMENTO
COUNTY?**

We Can Do That!

MPG Call to place your legal advertising

532-2113

All Legal Ads Published in the Carmichael Times

www.CarmichaelTimes.com

BAUERFINANCIAL Inc., Coral Gables, Florida
EXCEPTIONAL PERFORMANCE AWARD

EL DORADO SAVINGS BANK
PLACERVILLE, CALIFORNIA

For continuously earning a five-star SUPERIOR rating for 77 consecutive quarters. This award recognizes the highest level of performance. Congratulations!

Awarded September 2012
Rated five-stars since December 1993

Paul A. Bauer, Founder

EL DORADO SAVINGS BANK
Serving our local communities for over 54 years

www.eldoradosavingsbank.com

CARMICHAEL • 4701 Manzanita Ave. • 481-0664
Se Habla Espanol • 800-874-9779

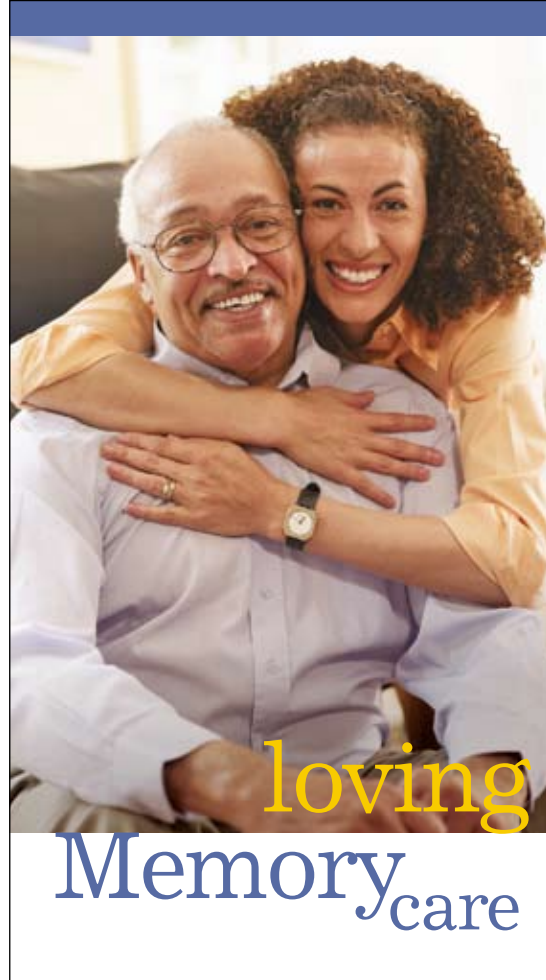
OFFICE SPACE FOR RENT

Great Location Available

Call to schedule a tour

3400 Cottage Way
(Just off Howe Avenue)
Sacramento

Contact Cora Allison
3400 Cottage Way Suite K • Sacramento, CA 95825
916-779-0382




When your loved one has dementia, it changes their world and yours. At the *Chateau at Carmichael Park* we understand.

- Memory Care Residence
- Memory Day Program
- Respite Care for Short-term Stays

the Chateau
at Carmichael Park

7125 Fair Oaks Blvd., Carmichael, CA 95608
(916) 481-7105
www.HankFisherProperties.com

 When it says Hank Fisher Properties, it says Quality
Lic. #347001523

loving
Memory care



“We Meet By Accident”

up to **\$500⁰⁰**
Instant Rebate
towards your **DEDUCTIBLE**

Some restrictions apply - call for details. Limit 1 coupon per customer. Not valid with any other offer. Expires October 31, 2012.

FREE LOANER CAR WITH ANY REPAIR
Present this coupon and receive a free loaner car for the duration of your repairs after authorization.

Some restrictions apply - call for details. Coupon must be presented upon authorization. Limit 1 coupon per customer. Not valid with any other offer. Expires October 31, 2012.

Complete Collision Repair
Free Estimates
24 Hour Towing
We Work with All Insurance Companies



6801 Fair Oaks Blvd • Carmichael, CA 95608
Phone 916-339-1776 • Fax 916-339-1700
Email: info@aebodysshop.com • www.aebodysshop.com

Monday - Friday: 8:00 a.m. - 5:00 p.m.
Saturday: By appointment • Sunday: Closed

California Certified



5750 Grant Ave
Shop with us at the Carmichael Park Farmers' Market, every Sunday
*Please be aware of Carmichael Park's new market hours: 9AM-2PM**
Serving you every Sunday All Year Round!
****WE'RE OPEN RAIN OR SHINE!!****

Other Farmers Market Locations include:
Sunrise Mall, Citrus Heights Every Saturday, 8:00 am to 1:00 pm

Art/Craft Vendors Welcomed Quarterly

Check our schedule at our website for special events at our weekly Farmers Markets. These might be contests, demos, special guests, and more! Don't miss anything fun... Sign up for the newsletter which will remind you of fun things going on at the Markets!

Come join us for our Farmers Market at beautiful Carmichael Park with over 40 certified and organic farmers and specialty item vendors.

Check our website for delicious recipes from the Market

We Have 55+ Farmers/Vendors to Choose From.



Marie Hall, Executive Director • (916) 806-3989
info@bemoneysmartusa.org • www.bemoneysmartusa.org




Announcements & Events

Fall is fast approaching and the Carmichael Recreation and Park District is proud to present the 2012/13 Fall Winter Guide. Many exciting programs are being offered this season and we hope you take the time to check them out! There are many fun places to visit within the District. Take advantage of your neighborhood park, sign up for a sport program, participate in a class or visit a community event! It's all here.

The Advisory Board of Directors recently approved a resident discount program. Residents of the District can now enjoy a discounted rate on most programs and facility rentals.

If you have any ideas or comments please call (916) 485-5322 x 23 or visit us at www.carmichaelpark.com

ELEMENTARY FLAG FOOTBALL
Program runs from the beginning of September to the end of October. Please check our registration form for more specific dates. Fee: \$90.00 per participant.

For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.



Family Magic Show
Saturday, October 13
Doors open 6:30 • Show starts 7pm
\$5.00/person
Children 5yrs & under free!

MISSION OAKS COMMUNITY CENTER

Fall Motorcoach Fun
Sea & Savor Marin
Tuesday, October 23
\$91/person

Extended Tours

- New England's Yuletide Treasures Dec. 2-8, 2012 • \$2099 pp double
- Costa Rica January 19-27, 2013 • \$2,499 pp double
- Spain's Costa Del Sol & Portuguese Riviera March 3-15, 2013 • \$3599 pp double



Fabulous Follies
Sunday, October 21, 2pm
Sparkling music & dance revue.
DONATIONS WELCOME.



Computer 101
9-11am
Nov. 7-28 • \$35
Swanston Community Center

New Van Trips
SWANSTON COMMUNITY CENTER
Family Pumpkin Patch/Apple Hill
Oct 20 • \$45 family of two
Clarksburg Wineries October 25 • \$20
UC Berkley November 9 • \$24


MISSION OAKS RECREATION & PARK DISTRICT
Office Hours: 8 am-5 pm
Registration Hours:
8:30am-4pm Monday-Friday
www.morpd.com

MISSION OAKS RECREATION & PARK DISTRICT
Office Hours: 8 am-5 pm
Registration Hours:
8:30am-4pm Monday-Friday
www.morpd.com

DISTRICT OFFICE
(916) 488-2810 • Fax (916) 488-4349
3344 Mission Ave., Carmichael, CA 95608

MISSION OAKS COMMUNITY CENTER
(916) 972-0336 • Fax (916) 972-7371
4701 Gibbons Dr., Carmichael, CA 95608

SWANSTON COMMUNITY CENTER
(916) 333-6464 • Fax (916) 488-4349
2350 Northrop Ave., Sacramento, CA 95825



Donald Kendrick
Music Director

17th Concert Season 2012-2013

Stained Glass Concert I
PORTALS OF HEAVEN
Inspiring Masterworks of comfort and joy
Organ accompaniment

Gabriel Fauré | *Requiem*
Antonio Vivaldi | *Gloria*

Katherine Jolly, Soprano
Julie Anne Miller, Mezzo
Daniel Yoder, Baritone

Ryan Enright, Organ
Ruth Stuart, Oboe
Michael Meeks, Trumpet

Sunday, October 28 at 3:00 pm
Cathedral of the Blessed Sacrament
1017 11th Street, Sacramento

Reserved Seating: \$35 | General Seating: \$25 | Students \$12.50
Tickets: 916 536-9065 | SacramentoChoral.com

STEP INTO PERSIA

Enjoy Authentic Cuisine, Music, Decor and Culture

Beef Filet Mignon, Lamb Chop, Chicken Breast, and Ground Sirloin Kabobs like you've never had before...hmmm:

Marinated to perfection in Forouzan's famous sauce. Next MJ delicately cooks them over an open flame. Served with aromatic long grain Basmati Saffron Rice, and grilled just right Tomatoes



Meet Majid
The "Bird Man of Gold River",
July 2011 Community Newspaper



Persian Grocery Store



TAKFoodMarket.com
916-944-3188
9045 Fair Oaks Blvd.
Carmichael, Ca 95608



A Film Review by Tim Riley

LOOPER (Rated R)

Like many science-fiction films, "Looper" envisions a dystopian future where criminals run everything and the urban landscape is as bleak and unforgiving as anything in "Blade Runner" and similar successors in the genre.

The dehumanized future is just around the corner, set in the Midwest of 2044, where graffiti is abundant, rusted vehicles are abandoned, crime runs rampant and streets are overrun by the homeless.

Writer-director Rian Johnson's visions of the future are neither predictable nor pedestrian. If anything, his previous films ("Brick" and "The Brothers Bloom") reveal a creative streak to make something unique that is rich with layers and meaning.

"Looper," which uses time travel as a means rather than an end, creates a mind-bending universe that is filled with moral implications and temporal paradoxes that engage the viewer in thought-provoking contemplation.

More importantly, though the film is clever and challenging, "Looper" is above all an exciting thriller that sustains its thrills on an existential yet essentially simple premise.

In the year 2044, Joseph Gordon-Levitt's Joe is a hit man known as a "looper," who carries out his duties on targets identified by gangsters from the future.

Riley Reviews

CLEVER TIME
TRAVEL THRILLS
RUN THROUGH
"LOOPER"

By the year 2074, time travel exists but it is illegal, mainly due to the implications of changing history, and so the criminal underworld has taken over the time-traveling business.

The gangsters of the future send their victims back to 2044, gagged and tied up, with sacks over their heads. Someone like Joe is waiting in a cornfield to blast them with a blunderbuss, no questions asked.

The victims are dispatched back in time with bars of silver or gold attached to their bodies, the reward that is owed to the looper carrying out the assassination.

Part of the bargain for great wealth and leading a life of excitement is that each looper will grow old enough to be sent back in time to be killed by his younger self.

Things get ugly when the normal chain is broken. It happens to Joe one day when his future self, Old Joe (Bruce Willis) materializes at the designated spot, but Young Joe is momentarily distracted and Old Joe goes on the run.

Joe's crime boss Abe (Jeff Daniels, looking and acting more like Jeff Bridges in "The Big Lebowski") is displeased that Young Joe did not "close the loop," meaning that he failed to kill his older self at the appropriate time.

The contemporary Joe is something of a hipster. He likes to take drugs by means of eye drops, drive his bright red sports car around town and sleep with his dance hall hooker girlfriend Suzie (Piper Perabo).

All of Joe's favorite things are put at great risk, including his practice of French with a diner waitress, when Abe orders a hit by thugs who use precision weapons, called "gat guns."

Meanwhile, a shadowy figure from the future, the criminal boss of the entire underworld known only as the Rainmaker, decides that the time has come to eliminate all of the loopers.

Now in the contemporary world of 2044, both Young Joe and Old Joe meet up in a remote diner for conversation that is revealing for the pragmatic aspects of the predicaments that face the present and future Joes.

While the younger Joe wants to kill his future self, the older Joe wants to track down and slay the future Rainmaker who ruined his life by killing his Chinese wife. Of course, this mission is complicated by the fact that the Rainmaker is probably a kid in 2044.

On the run from Abe's thugs, Young Joe takes refuge at the isolated rural home of farmer Sara (Emily Blunt), a single mother who is raising her troubled but brilliantly gifted young son Cid (Pierce Gagnon).

That Sara is intensely self-reliant and handy with firearms is important to the story, but it's the special nature of her child that is even more important to Young Joe's willingness to remain in hiding at the farmhouse.

Even with prosthetic enhancements, Joseph Gordon-Levitt does not really resemble a younger Bruce Willis. But that doesn't matter in the least. These are two strong actors who bring emotional resonance to their roles.

All that matters is that "Looper" is a first-rate science-fiction thriller that cleverly sustains interest in the violent machinations of a strange underworld culture of futuristic assassins who are more than one-dimensional figures.

www.CarmichaelTimes.com

CLASSIFIED MARKETPLACE

Reach Over 300,000 Readers Each Month

A great way to buy, sell, or jump-start your new business!

Place Your Classified Ad in the MPG Classified MarketPlace and reach over 300,000 people throughout Sacramento County and Placer County for one low price!

What Do You Get ?

30 Days in print in 4 local newspapers. 5 lines with a photo.
30 Days online in 12 local news sites. 5 lines with up to 5 photos.

What Does it Cost?

You pay only one low price for the entire 30 Day package!

How does it Work?

Go to MPG8.com.
Click on the banner for the newspaper in your area.
Click on the bright yellow Classified Marketplace banner.
Click on Place an Ad, and follow the instructions.
You are not charged until you create and approve your ad!

It's Easy. It's Fast. It Works.



Messenger Publishing Group

Carmichael Times

Citrus Heights Messenger

AMERICAN RIVER MESSENGER

Placer Sentinel

Sacramento Oracle

Arden Advocate



Granite Bay Mirror

THE MERCURY

Auburn Sentinel

NATOMAS MESSENGER

Joyful LIVING

Print publications include: Carmichael Times, Citrus Heights Messenger, American River Messenger, Placer Sentinel. All other publications are online.

THE ESKATON EXPERIENCE

in your place or ours



Longevity rules.

Welcome to the new aging experience. The independence you want and the support you need. Eskaton offers you a complete and affordable range of premier community living and home-based services to help you grow older in good health, safety and comfort. Welcome home ... to Eskaton.

ESKATON
Transforming the Aging Experience

866-ESKATON | www.eskaton.org



By Karen Anderson

Lord! Are You There?

was yelling, "Jump!" "Jump!" The young man felt a cloud of fear envelop him. Over a loudspeaker he heard the voice of what he assumed to be a fireman, "The only way you'll survive is if you jump. We've spread out a safety net. You'll be perfectly safe." As the crowd continued to yell, the young man realized he didn't have the courage to make the leap without being able to see the net. His feet were cemented to the floor. Then, over the loudspeaker came the voice of his dad. "It's okay son, you can jump." As the familiar voice reached the young man, he felt the grip of fear lift. The trust and love that had been established between Dad and Son gave him the courage to jump safely down into the net.

Retold by Tania Gray.

Your life is a "burning building" and you are trapped. In desperation you are crying for help, but everything feels hopeless. All you see is doom and gloom and no way out of your plight. Your fear, which is the smoke & flames, is stopping you from seeing the exit. Listen! God is calling. He loves you more than any earthly father. Now, do you wait and see how close the fire gets to you or do you believe that God will SAVE YOUR LIFE? God's son, Jesus Christ, was sent to pay the death penalty for you—He is your safety net. JUMP into a personal relationship with Christ and be free. God will accept Christ's death on the cross as the payment for your sins. You can accept Christ or reject

Him and be separated forever. Think about it...forever is beyond our comprehension.

This relationship with God's Son is like taking a check to the bank. God's check is good...deposit today. God is waiting for you beyond all the smoke and barriers in your life. He is calling out to you, "Son, trust me—jump!" What are you going to do - jump or stay trapped?

YOU ARE VALUABLE...

"For God so loved (YOUR NAME) that He gave His one and only Son, that if (YOU) believes in Him then (he/she) shall not perish but have eternal life."

To accept Christ, say this simple prayer:

"Heavenly Father, I repent of my sins. I make Jesus the Lord of my life. I receive your forgiveness. From this moment on, I will live for you. In the name of Jesus, Amen."

There is a saying, "We only have this one life to live, so make it a good one." Where do you want to spend the rest of eternity? It is your time to set your spirit free and... Trust God and embrace this God's-life, and you'll receive God's everything." Welcome to the family of God!

PASSAGE: John 3:16 (NIV)

Karen Anderson is an accomplished speaker, author, and chaplain and has a local TV show, Move Your Mountains. Contact Karen at www.doablesteps.com, or 916-961-4765.



POPPOFF!

with Mary Jane Popp

STOP AGING

It's inevitable. We get older every day, and the alternative is not acceptable. But, what if we can push off that word aging? At least we can give it a good shot. Enter **Dr Mike Moreno**, author of the best-selling "The 17 Day Diet" and now his latest "The 17 Day Plan to Stop Aging." My ears perked up when we spoke on my POPPOFF Radio Show. We can't stop the aging altogether, but it sure would be great to slow it down significantly. The 5 factors that determine your aging are inflammation, oxidative stress, glycation, methylation, and immune impairment. Build your anti-aging base by integrating movement into your lie every day, quit smoking, stay hydrated, and maintain a healthy weight range. The 4-cycle system is designed to help you feel healthier and younger. Whether you want to focus on a specific part of the body or feel rejuvenated from top to bottom, here is his 4-cycle guide to a happier more vital life.

1) RESTORE: The plan begins with the basic anti-aging approaches that will help restore all of your body's systems to a healthy baseline, stop potential medical problems before they start, and make for a healthier, happier lifestyle in 17 days flat. This cycle focuses on your heart, lungs, and brains, which Dr. Moreno considers the primary systems worthy of your immediate attention.

2) REBUILD: This cycle shows you how to protect your immune, digestive, and musculoskeletal systems. Through simple shifts in diet, unexpected ways to get your body moving, and a healthy dose of common sense, it's easy to strengthen these secondary systems so they can do their most efficient work for years to come.

3) REFINE: When your reproductive and urinary systems are performing properly, you are most likely to feel energetic and sexy. Whether you want to avoid unpleasant symptoms like urinary incontinence or your goal is to keep your sex life thriving for years to come, this cycle offers easy tools for your life.

4) RENEW: The strategies you master in the last 17 days of this plan will not only leave you feeling rejuvenated, but they will ensure that you are ready to make the most—in every way—of the long, happy, and healthy life that you've worked toward. The vital elements in this final cycle help you achieve true harmony among your health, environment, and overall lifestyle.

Each cycle has a 17 day plan associated with it, at the end of which you will be able to feel a difference in the systems being worked on. Here are a few fun facts I thought you'd like to know. For your lungs, a diet loaded with Vitamin B-12 and folic acid helps to prevent serious lung diseases caused by methylation and yogic breathing can permanently increase lung capacity. For your heart, eat salmon, walnuts, and other foods rich in omega-3 fatty acids that reduce the inflammation that can cause heart attacks. Also, drinking enough water can help regulate blood circulation and prevent plaque buildup. For your brain, Turmeric has been shown to reduce the accumulation of

Alzheimer's causing plaque in the brain; elders in India have a low incidence of Alzheimer's possibly because of the prevalence of the spice in the cuisine. And brush your teeth and floss regularly—people with gum disease have worse memories than those who brush and floss for a full two minutes at least once per day. For the immune system, white foods—breads, pastas, rice, sugar—crowd your body with excessive glucose and prevent white blood cells from working as quickly as they need to. For your digestive system, Probiotics that keep the good bacteria in your stomach healthy can aid digestion, and improve absorption, and even help with weight loss. For your hormones, get plenty of calcium and Vitamin D to prevent hyperthyroidism. And watch out for consuming too much caffeine that can impair the way your body absorbs calcium. For the urinary tract, calcium-magnesium supplements can help improve control of the muscles used in urination. Cranberry juice can prevent urinary infections by causing bad bacteria.

These are just a few things you will earn in "The 17 Day Plan to Stop Aging" from **Dr. Mike Moreno**. Check out more info at his website www.drмикemoreno.com. I don't know about you folks, but I'm going kicking and screaming into old age. Oooops! Maybe I should check with the good Doc to find out if that counts for exercise. Stay well, and look forward to speaking with you on POPPOFF. Don't forget we podcast 24/7 at www.kahi.com. Stay well and HAPPY!!!

Join Mary Jane for the **KAHI Noon News Monday-Friday and then again for POPPOFF 10 PM - Midnight.**

YOU'RE INVITED TO A FREE LUNCHEON SEMINAR

"THE PRIVILEGE OF PLANNING"

CHOOSE ONE OF THESE DATES

Seating is limited to 30 attendees per seminar

Wednesday, Sept 12, 2012 - 11:30 a.m to 12:30 p.m.
Friday, Oct 19, 2012 - 11:30 a.m to 12:30 p.m.

LOCATION: East Lawn Elk Grove Memorial Park
9189 E. Stockton Blvd., Elk Grove, CA 95624 (I-99 @ Laguna)
RSVP to MEL OSBORNE @ (916) 732-2031

PRESENTER: Mel Osborne

Tuesday, September 25, 2012 - 11:30 a.m to 12:30 p.m.
Wednesday, October 31, 2012 - 11:30 a.m to 12:30 p.m.
Thursday, November 29, 2012 - 11:30 a.m to 12:30 p.m.

LOCATION: St. Francis Community Hall
6700 Verner Ave., Sacramento, CA 95841 (I-80 @ Greenback)
RSVP to LISA WEST @ (916) 732-2020

PRESENTER: Josh Tuttle

Please note - this is not a sales seminar. "The Privilege of Planning" is a 30-minute presentation followed by a question and answer period. It will focus on the importance of getting your family involved in the entire process of advance funeral planning and all of the options available. Done properly - at the right time and in the right way - pre-planning can become a privilege instead of a chore. Get valuable information on Veteran's benefits, cremation and burial options and receive a FREE Emergency Planning Guide. Come and learn the steps you can take now to make sure those you care about are always cared for.

WWW.EASTLAWN.COM

Jenner Inn & Event Center

**Storybook Weddings
Corporate, Personal
& Wellness Retreats**

800-732-2377

innkeeper@jennerinn.com

10400 Coast Rt. 1,
Jenner, CA 95450

www.jennerinn.com

THANK A VETERAN TODAY

ARMOR MINI STORAGE

Conveniently Located on Auburn Blvd. Between Manzanita & Garfield

NEED STORAGE?

ARMOR MINI STORAGE

Since 1980

e-BAY TRADING ASSISTANT

Computer Gate Access
6am-9pm 365 Days A Year

Quality Customer Service
Recorded Video Surveillance
Competitive Rates
Daily / Monthly / Annual Rentals
Easy Drive-Up Access
Professional Resident Managers

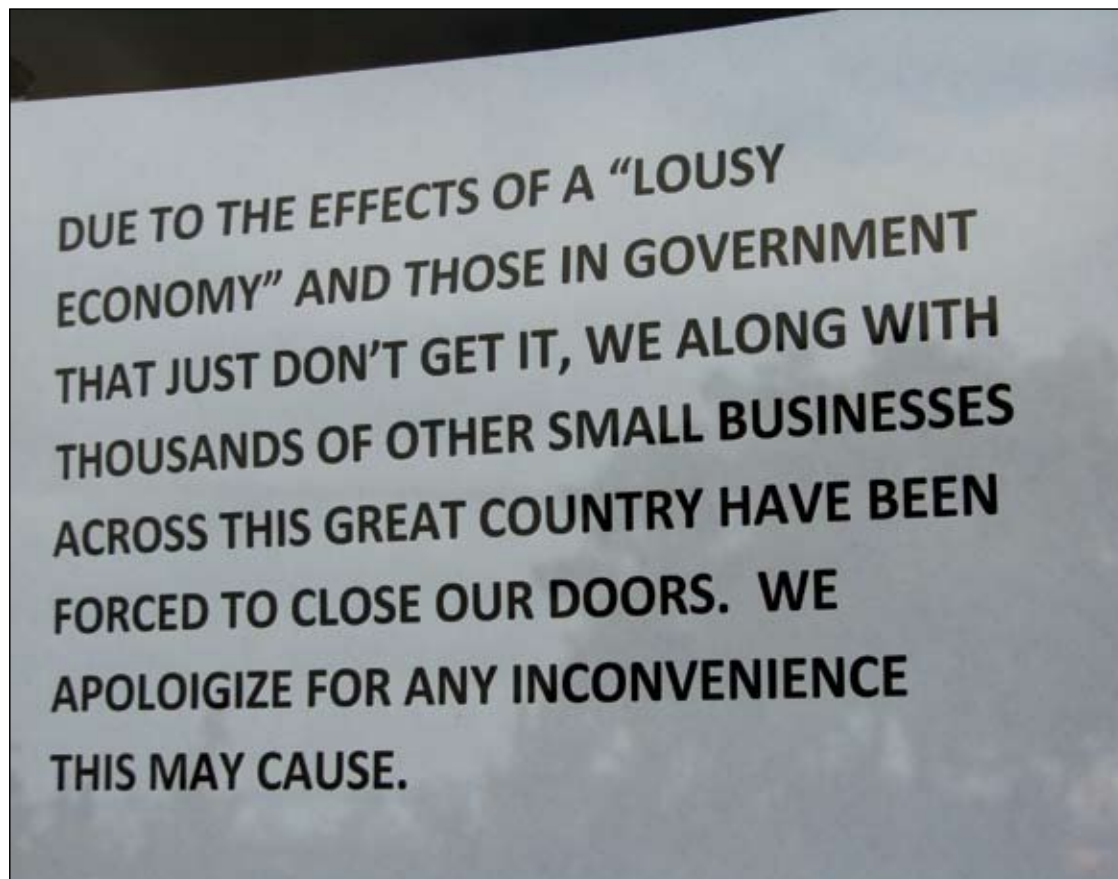
Office Hours: Mon-Sat 9-6 · Sun 9-4

916-332-6455

5714 Auburn Blvd., Sac 95841

www.armorministorage.net

Tire Pros of Carmichael Closes



A Sign of these Economic Times

By Paul Scholl

CARMICHAEL – Last week, Tire Pros of Carmichael, owned by Dave Nash and in business since 1997, closed its doors. We found this sign posted on the front door of the facility.

Signs like these have too often been posted around Sacramento

County and throughout the state of California, and certainly the nation, during these tough economic times.

It isn't just Campbell's Soups, Comcast, VSP or other major retailers saying good-bye. It is also dozens, if not hundreds of smaller businesses that have just had enough of high taxation and over regulation here in California. But I guess High-Speed Rail is o.k. ?

Just think, when Gov. Brown signed into law 876 new bills in the last year, it would mean you would have to read (and somehow understand and put into practice) 3 new laws each day for every day you worked for an entire year. Ridiculous.

Make sure you schedule to vote the first Tuesday of November in your calendar now. Your community is depending on you.



Ask about our Mail Order Service!
(916) 349-9493

5859 Auburn Boulevard
Sacramento, CA 95841

www.sacgermandeli.com
sacgermandeli@sbcglobal.net

Do you own or run a small business, non-profit or Church?



The world has gone mobile. Your customers and prospects are within 9 feet of their mobile device at all times. Meet them where they are. Let the Leader in Small to Mid-Size Business Mobile App build your App without breaking the bank.

Business Growth Experts LLC will not only build a top quality technical product but possess the business expertise to deliver a positive experience for your customers and prospects.

For more info scan the code to download our app or call
(530) 204-3668
info@BgExpertsLLC.com
www.BusinessGrowthExpertsLLC.com



All Roads Lead to An Epic Journey at



STIMULATE Your Mind
DEVELOP Your Spirituality
FIND Your Passion



WINTER QUARTER
CLASSES BEGIN
NOVEMBER 2012

We offer accredited degrees that lead to life-changing careers in
• Ministry • Education
• Music • Counseling • and more!

Visit Our New Campus!

Expanded and Flexible Schedules
Financial Aid
One-On-One Academic Advising
Associate and Bachelor Degree Programs

4330 Auburn Blvd.
Sacramento, CA 95841
(916) 348-4689

www.EPIC.edu

Carmichael Dental Group



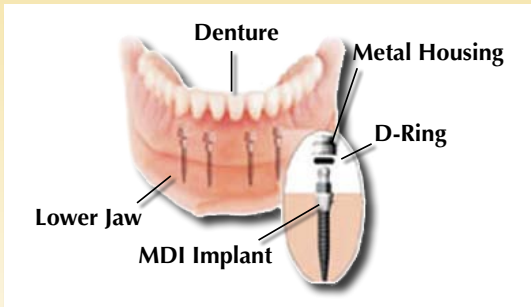
Affordable Dentures in Carmichael!

Starting at
\$600 per Arch!

FREE
Consultation
and X-RAY



Upper and/or Lower Full Denture



Mini Implant Supported Dentures



Implant Supported Lower Dentures



Implant Supported Upper Dentures

8329 Fair Oaks Blvd., Ste B - Carmichael, CA 95608
(916) 944-7700

www.carmichaelCAdentist.com