

Carmichael Times

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Serving Carmichael and Sacramento County since 1981

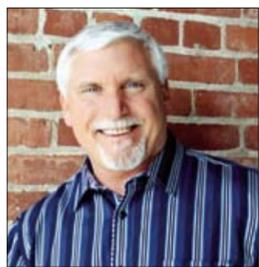
October 31, 2012

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Get Out and Vote



Commentary by
Paul V. Scholl, Publisher

On November 6th, Election Day, across the United States we will again be deciding upon the direction for our county. Higher taxes are crushing small businesses, costing Americans millions of jobs. Out of control spending by the State means tightening everyone's belt, except theirs. It is not a question of higher taxes and fees. It is a question about whether or not they will tell us what they are

doing with all the new legislation "before they pass it."

On a statewide and local level we are voting on many ballot measures and propositions, as well as choosing our leadership on many levels of local and state government. Are you tired of working harder and harder and keeping less and less of your own hard-earned money?

Leading Republicans, Independents and Democrats are hoping voters turn out in huge numbers at polling places to cast their votes on some of the most

controversial propositions and candidate races that have been seen in, well, almost two years.

It is time for some leadership and some real answers. Americans have faced another stress-filled two years of a failing economy, lack of leadership on a national and state level, and now more cities are failing as a result of gross mismanagement. The general public is being fed more than we need to know about areas we care little about, and very little of what we need to know. Guard the borders, keep the country safe, and

fix the damn roads!

As legal voting Americans, we go to the voting booths in our own neighborhoods, vote alongside our neighbors and try to make the best decisions we can that will affect our families for years to come. If it really is about "the children", why doesn't the government act that way?

With what limited truthful information we have available to us, we try to do what is right. It is not only a right of most Americans to vote, it is a civic duty. Whatever your ideology, Get Out and Vote.

'A Season of Hope' to Usher in Holiday Season with Salute to Military, Spirituals, and Sacred Music

CARMICHAEL, CA - The Carmichael Stake of The Church of Jesus Christ of Latter-day Saints will perform a musical concert titled "A Season of Hope," featuring patriotic numbers, sacred music and spirituals, at 7:00 p.m. both Friday, Nov. 2, and Saturday, Nov. 3, inside the chapel located at 8267 Deseret Ave. in Fair Oaks.

"A Season of Hope" is free and open to the public and features an 80-voice choir, soloists and instrumentalists from local LDS congregations in Carmichael, Fair Oaks, Orangevale and Citrus Heights. "We especially enjoy the 23 youth and young adults that sing with us. It is nice to feel their optimism and energy," said Bev Tracy of Fair Oaks, co-director of the concert and choir.

Tracy also says, "We are always hopeful that the audience will feel uplifted from the concert. We select music with a positive message and tone in order to facilitate that goal. This year's Season of Hope performance brings back some favorites from past years along with a few new selections."

The program this year opens with a toe tapping "When The Saints Go Marching In" with other moving American Heritage spirituals "Down to the River to Pray" and "Amazing Grace". Members from each branch of the armed services are asked to stand during the "An Armed Forces Salute" while the audience recognizes their service. Other religious and sacred music, such as "How Great Thou

Art," "Consider the Lilies," and "Ain't Got Time to Die" and favorite selections from years past - "Amazing Grace," "You Raise Me Up"

Tracy extends an invitation to the community and says, "The choir members build a real sense of unity with one another as we rehearse each week and prepare for the concert. We hope that the audience feels that unity, along with the message of the music. Music is a powerful agent for emotion. Our music is designed to bring joy to the singer as well as the audience."

In addition to the concerts on Friday and Saturday, a dress rehearsal will be performed at 7 p.m. Thursday, Nov. 1. Admission is free for each concert, including the dress

rehearsal, and all seating is first-come, first-served. The event is most appropriate for adults and children 8 years and up, and Sunday dress is encouraged but not mandatory.

For more information, please email seasonofhopecarm@gmail.com.

The Carmichael Stake of The Church of Jesus Christ of Latter-day Saints consists of eight congregations in eastern Sacramento County, including one congregation specifically for single adults in their 20s and another for the deaf community throughout the greater Sacramento region.

To find the congregation in your neighborhood, go to www.lds.org/maps.

"Check Before You Burn" Starts November 1

SACRAMENTO REGION - The sixth season of the Sacramento Metropolitan Air Quality Management District's Check Before You Burn program starts November 1 and runs through February 28, 2013. Wood burning will be restricted or prohibited on days when fine particle pollution is forecast to be high. The law is in effect in Sacramento County and the cities of Citrus Heights, Elk Grove, Folsom, Galt, Isleton, Rancho Cordova and Sacramento.

Sacramento County recently

achieved the federal PM 2.5 standard due in large part to emission reductions from the public's compliance with the Check Before You Burn program. "It is critical that residents continue to comply with declared No Burn days so the county stays in attainment of the air quality standard," said Larry Greene, Executive Director/Air Pollution Control Officer of the Sacramento Metropolitan AQMD.

The law applies to the use of indoor and outdoor fireplaces,

wood stoves, firepits and chimneys that burn wood, pellets, manufactured logs or any other solid fuel by residents and businesses. A voluntary request to discourage burning will be issued when air pollution levels are on the rise.

Check Before You Burn Categories:

Stage 2 - All Burning Prohibited
• All burning is prohibited in any device when fine particle pollution is forecast to exceed 35 micrograms per cubic meter. It

is illegal to burn any solid fuel, including wood, manufactured logs and pellets.

Stage 1 - No Burn - Unless Exempt

• It is illegal to burn when fine particle pollution is forecast to be 32-35 micrograms per cubic meter unless EPA certified fire-place inserts or stoves, or pellet stoves are used and they do not emit visible smoke.

Burning Discouraged - Voluntary

• Burning is discouraged when

fine particle pollution is forecast to be 26-31 micrograms per cubic meter. The AQMD asks you to voluntarily not burn.

Legal to Burn

• When the forecast is 25 micrograms per cubic meter or lower then it is legal to burn and the use of manufactured firelogs is acceptable at this level. If you choose to burn please follow clean burning techniques in order to burn as cleanly as possible.

Continued on Page 10

Sacramento
County Community
Development
Enhances Services

SACRAMENTO COUNTY, CA - Beginning November 5, the Sacramento County Community Development Department is extending their Permit Center hours on the first floor of 827 7th Street and at 4101 Branch Center Road to 5 days a week from 8:30 a.m. to 4:30 p.m. The Department is also installing Wi-Fi on the first and second floor of the 7th Street building so that customers can work on their computers between appointments. Signage will be installed to indicate the locations of the hotspots and how to connect to them.

"These are just a few of the many improvements Community Development will be launching in the next year," said Director Lori Moss. "We are using this time to retool our services for our customers and gear up for the next wave of development." <http://www.communityplanning.saccounty.net/default.htm>

A Time for Warmth

SACRAMENTO, CA - The Sacramento Veterans Resource Center (SVRC) is excited to announce an opportunity for the community to enjoy an afternoon of fun while helping veterans! The generous individuals hosting this event are dedicated to giving back to the veteran community, a deserving community that has done so much for us. A Time for Warmth- NorCal Gives Back will be held at Toby Keith's Bar and Grill on 440 Palladio Pkwy, Folsom, CA on November 17th 2012 12pm-7pm. There will be six bands, raffles, activities for kids and silent auctions! Tickets for the event can be purchased at www.brownpapertickets.com/event/284010 and there is also a Facebook page regarding this event at www.facebook.com/events/213897425407098.

The Sacramento Veterans Resource Center (SVRC) is multi-function campus with the most comprehensive mix of services for veterans in Northern California. SVRC has been helping veterans and their families in the Sacramento community since 1998. SVRC provides assistance in the areas of housing, behavioral health, case management, employment and training services. Last year SVRC helped roughly 280 homeless veterans regain a path to self-sufficiency. Like many other non-profit organizations, donations from those in the community are greatly appreciated and are essential in helping ensure these excellent services continue for our deserving veterans.

Well Plaid in Carmichael



Celtic festival attendees sported sporrans and tartans in Carmichael Park. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner
CARMICHAEL, CA – Sporrans swung with abandon. Daggers were worn with

inpinuity. Bonnets were bonnie, men manly; knees hairy. Carmichael Park was a bang-on for a recent Celtic blow out.

Local branches of the St Andrew's Society, Shamrock Club, Daughters of Scotia and Caledonia Club hosted the

annual festival. From all over Northern California, Celts kilted up to make Carmichael home for a crackin' ceilidh (party).

Dancers jiggled and flinged. Fiddles, harps, bagpipes and bodran drums provided irresistible beats. Outreach was not just musical: Scottish clan organisations promoted ancestry research. In braveheart tradition, brawny athletes tossed weighty sheaves with a pitchfork. Up they flew, higher than kilts in a gale. To the disappointment of caber fans, the log toss – a Caledonian staple – was deemed dicy in park confines. The great log lay idle among fallen sycamore leaves.

Some onlookers came because they'd heard about the festival; some were walking dogs and stopped by. Hearing bagpipes from as far as the Sunday farmer's market, many shoppers migrated to the music. Said a festival organiser: "You don't have to Celtic to be part of this; we're happy to share our arts and philosophy with all comers."

Learn more about Celtic events at www.2jamisons.com

Stovetop Fire Injures Resident and Damages Kitchen

FAIR OAKS, CA – Just after 1:00 on October 24th, Metro Fire crews responded to a report of a kitchen fire in the 9800 block of Fair Oaks Boulevard. When they arrived, they found significant smoke in a residence, but no fire. The resident told them what had occurred: she had just starting cooking enchiladas.

While oil in a frying pan was heating on the stove, she went to a neighbor's house to invite them to dinner. Upon her return a short time later, she found the pan completely engulfed in flames and quickly tried to put it out. Moving the pan to the sink, she doused it with water, causing the flames to get even bigger. She then moved the pan to the floor, which started burning the linoleum.

At this point the resident took the flaming pan outside and onto the asphalt, where without any fuel, the fire extinguished itself. The resident suffered injuries caused by the fire, and was assessed and treated by Metro Fire paramedics on scene. Engine and truck crews verified that no fire remained in the kitchen and used smoke blowers to clear the smoke from the house.

Damage from the fire is



Photo courtesy of Sac Metro Fire estimated to be less than \$1000 and was isolated to the kitchen: stovetop, microwave, cabinets, and floor.

Cooking remains the number one cause of home fires, causing more injuries than any other type of fire. Knowing what to do can make all the difference. Never leave food cooking on the stove, unattended.

If you encounter a grease fire, putting water on it will make it worse. Leave the pan exactly where you find it, put a lid on it and turn off the heat. If you can't get a lid on the pan, use a fire extinguisher or call 911 immediately.

www.CarmichaelTimes.com

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Publisher, Paul V. Scholl

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Carmichael Times

"Written by the people and for the people"
Serving Carmichael and Sacramento County since 1981

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Advertising Sales: Paul V. Scholl, Allyse Weaver

Graphics & Layout: Banerjee Designs • Stump Removal Graphics

Contributing Writers: Susan Skinner • Mary Jane Popp • Marlys Johnsen Norris • Tim Reilly • David Dickstein • Dave Ramsey • Dr. E. Kirsten Peters • Kay Burton • Dr. Bob Graykowski • Julie Parker • Leslie Carrara • Pastor Rich Reimer • Pastor Cary Duckett • Ronnie McBrayer • David Graulich • Perry Hartline • Gerry Scholl

Distribution Assistant: Gabriel Scholl

Accounting: Nicholson & Olsen CPA

Web Master: RJ at thesitebarn.com • JWS Promotions • Mikahn Design

News Services: Whiskey & Gunpowder • StatePoint Media • NewsUSA • PRWEB NewsWire • North American Precip Syndicate • Blue Ridge Press • ARA Content • California News Service • Family Features • WorldNetDaily

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We are proud members of these newspaper associations.

Stunning Handmade Crafts Highlight the Region's Premier Arts Festival

SACRAMENTO REGION, CA – Display It, Wear It, Show It, Enjoy It is the theme of this year's 15th Annual Sacramento Arts Festival, November 2 – 4, 2012, at the Sacramento Convention Center. With over 225 of America's best contemporary craftspeople and fine artists, the weekend offers a chance to become immersed in more than 15,000 original works of art. In keeping with tradition, the festival will be decorated in a joyful Christmas theme to help kick start the holiday shopping season.

From abstract to traditional, modern to whimsical, the festival offers ceramic artists, woodworkers, painters, sculptors and jewelers as well as a vast array of stunning, one-of-a-kind artwork. Three prominent art galleries, from the Sacramento, Davis and Grass Valley regions, will also participate. In addition to the spectacular art, interactive settings will put artists and fans together for fascinating close up demonstrations.

"I spend months visiting cities and artists around the country to find just the right mix of

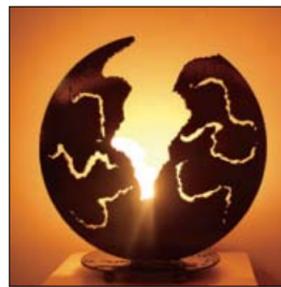
talent for the Sacramento Arts Festival," said Warren Cook, Producer. "Northern California is home to many of the best, which will be reflected in the exhibitors at this year's event."

Alongside the professional artists, young local talent will also be on display. The Sacramento Area Schools Art Competition Gallery will showcase artwork from Sacramento area elementary, middle and high school competitions judged by two noted artists from the Sacramento Arts Festival.

An entertainment "rest stop"



Mixed Media - Liz Collins, Oil Pastels



Metal - Kristen Hoard



Glass- Kliszewski

of sorts will provide talented performers of comedy, juggling, and music while Restaurant Row provides the good eats—a great place to relax between Sacramento Arts Festival shopping sprees.

"The economy has forced people to contemplate their extra purchases—making every one a standout—unique, memorable and personal," contemplated Warren Cook. "The festival is a great place to stretch your holiday dollars with one-of-a-kind holiday gift purchases."

Local/area artists participating in the festival include:

Linda Miller of Carmichael, CA, a mixed media artist.

Antioinette Hine and Reecie Bauman of Citrus Heights, CA, creators of fiber-based, wearable art.

George Anderson of Fair Oaks, CA, jewelry artist.

Deborah Hill of Orangevale, CA, Moon Art Studios, creates ceramics and also paints.

Also included are nearly a dozen Sacramento-based artists.

What: The 15th Annual Sacramento Arts Festival.
When: November 2 - 4, 2012.
Friday & Saturday 10:00 a.m. - 6:00 p.m., **Sunday** 10:00 a.m.-

5:00p.m.
Where: Sacramento Convention Center, 14th and J Streets.
Ticket Prices: Adults-\$8.00 Seniors-\$7.00 Under 12 yrs.-FREE!

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Event Information: (805) 461-6700 or www.sacartsfest.com



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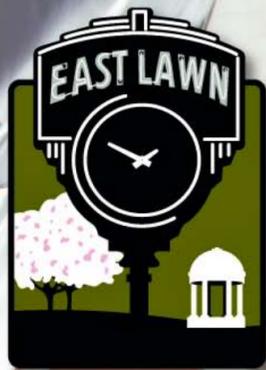
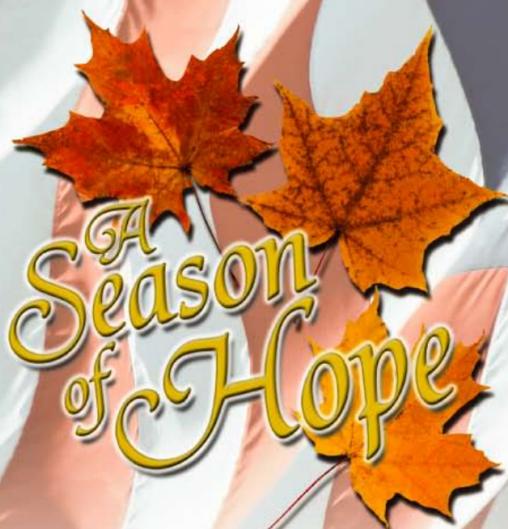
Free Community Event Veteran's Day Concert

Featuring the Season of Hope Choir performing both patriotic and spiritual music and a special tribute to Veterans

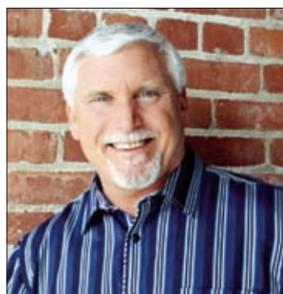
Thursday, November 8, 2012

6:30 to 8:00 p.m.

East Lawn Sierra Hills Memorial Park Chapel
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Refreshments will be served following the concert.
For more information, please call (916)732-2020



Dr. Bob Graykowski



Ugh... your aching head, your stuffy nose and your exhausted body have landed you on the couch with a nasty cold. You're anxious to get back to life and think an antibiotic medication might speed your recovery. Think again. Antibiotics don't help viral illnesses such as colds and flu. Overuse has created antibiotic-resistant bacteria, and constant dosing can reduce the immune system's response - increasing risks for diseases such as intestinal disease and even cancer.

Antibiotics 101

Before jumping to antibiotics to cure what ails you, it's important to have the facts. Read on for details on how antibiotics work, and don't work.

Not for Colds

Remember: The common cold is a virus, and antibiotics don't work on viral infections. Antibiotics are ineffective in treating infections caused by viruses, which include the majority of colds, coughs and flu-like illnesses.

Antibiotic Resistance

Since the first antibiotic, penicillin, was introduced in the 1940's, scientists have developed more than 150 antibiotic drugs.

Superbug Cycle

Superbugs emerge when an antibiotic leaves surviving bacteria behind, which then become resistant to that particular drug. If a stronger antibiotic is then prescribed, the bacteria quickly learn to withstand it too. As more and more superbugs emerge, illnesses last longer, and the odds of complications increase. The inability to treat a particular infection leads to longer periods in which a person is contagious and able to spread the resistant strains.

Disorders Associated With Antibiotic Use

Keep the Good Bacteria

Did you know that adults have three to four pounds of beneficial bacteria and yeast living within their intestines? Although antibiotics are intended to treat illness, they can have the opposite effect - making an illness worse, or even causing new illnesses by killing off the good bacteria in the gut.

Ear Infection

Childhood ear infection, or acute otitis media (AOM), is a common disorder. Moreover, the panic to administer antibiotics is unfounded: Research shows that most children recover without antibiotics. Keeping the immune system strong should always be the intention not just to add something from the outside.

Breast Cancer

One large-scale study published in the prestigious Journal of the American Medical Association had identified a direct link between heavy antibiotic use and breast cancer.

The study included 2,266 women with breast cancer and 7,953 randomly selected healthy control subjects. The researchers found that as the number of days of cumulative antibiotic use increased, so did breast cancer incidence and mortality.

Based on the study, the scientist could not pinpoint the mechanism behind the increased risks. "It cannot be determined from the study whether antibiotic use is causally related to breast cancer. "However, researchers speculate that antibiotics may play a causative role.

Non-Hodgkin's Lymphoma

Non-Hodgkin's lymphoma (NHL) is a type of cancer of the blood that affects the white blood cells: cells that are usually involved in protecting against infection. NHL originates in the lymphatic system. In a study in Stockholm, Sweden, researchers found that antibiotics may increase risks for NHL. Use of antibiotics more than 10 times during adulthood was positively associated with risk of NHL compared with nonusers. In addition, high cumulative use of non-steroidal anti-inflammatory drugs (NSAIDs) was also a NHL risk.

Heart Disease

In a large-scale study, researchers examined the records of 1,476 cases of sudden death from cardiac causes. Mortality rates among patients using the antibiotic erythromycin were twice as high as the rates among those who hadn't used antibiotic medications.

Mixing erythromycin with certain heart disease medications proved even more dangerous. Risks for sudden death were five times greater for those who concurrently used angina drugs and erythromycin than for individuals who used neither drug. (N England J Med)

All-Natural Immune Boost

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For more wellness tips visit our website at Chiropractic-usa.com. Learn more about our community office; Fan us on Facebook! For weekly health tips go to www.applestozen.blogspot.com.

Creating a Healthy Community
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Re-elect Ron Greenwood and Mark Emmerson

My name is Sandy Kozlen, and I have had the joy of serving Carmichael since 1978, as a Director of the Taxpayers League, Carmichael's Park (10 years) and Water Districts (16 years), Kiwanis Club (Past President) and am a VFW Life Member. I helped start the North Area Teen Center, served the Del Campo High School PTA, sponsored their Exchange Student Club, served on the SJUSD Finance and Facilities Oversight Committees, and am a member of our Carmichael Chamber (20 years).

Because I value people who serve our community, I ask you to please:

Vote for Ron Greenwood and Mark Emmerson as Directors for the Carmichael Water District

I have known Ron Greenwood through 11 years in Kiwanis Club and five years as a Director for our Water District. I have known Mark Emmerson through 16 years of Water District service. Ron and Mark have always shown they value what is best for Carmichael, even when we did not agree on some issues. They are people we can trust.

Ron Greenwood is a competent, dedicated, highly ethical person. He has earned great respect throughout Sacramento's water community. He was honored by selection to the Regional Water Authority(RWA) Executive Committee, where he serves as Carmichael's Director Representative. Carmichael Water District's membership in the RWA has brought in over a million dollars in grants to our community. We need to keep Ron in his Director's position.

Ron Greenwood was elected as the Special District Representative to Sacramento's Local Agency Formation Commission (LAFCo), which provides oversight for all local agencies within our County. Selection to this position required earning the highest level of respect from leaders throughout Sacramento County and brings Carmichael valuable oversight prospective and excellent relations with County Government.

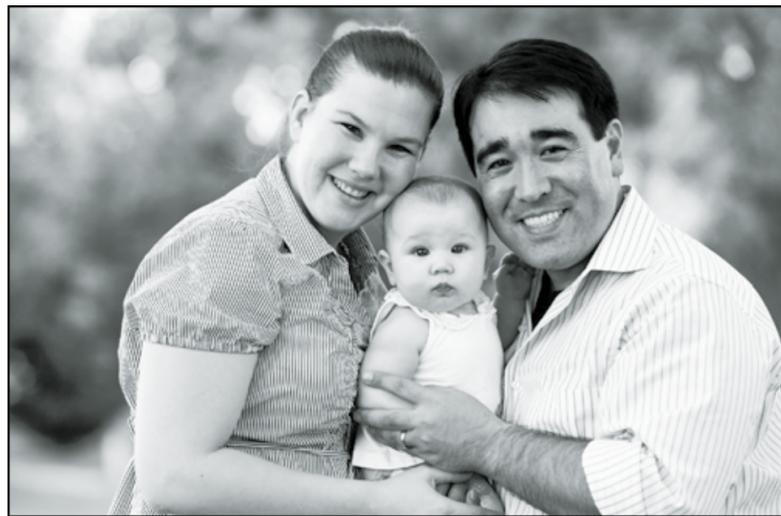
Mark Emmerson always brings valuable technical skills to our Board. He helped design the engineering computer system, negotiated with Aerojet on groundwater contamination issues and participated in the Water Forums negotiations. His valuable contributions to our community involved extensive time, study and hard work. He is a Biomedical Engineer and is an expert on water quality for the State Department of Public Health. We need to keep Mark on the Board.

Mark Emmerson has always been the rate payers friend on the Board. During the 2006-7-8 rate cycle, he pressed the Board to limit the planned 12 percent in rate increases to four percent.

Both Ron and Mark bring a proven history of a high level of integrity and performance to Carmichael Water District. I ask you to please:

Re-elect Ron Greenwood and Mark Emmerson

We Support Peter Tateishi for Assembly



- Sacramento County Deputy Sheriff's Association
- Sheriff John McGinness (retired)
- Sacramento County District Attorney Jan Scully
- The Sacramento Bee
- Howard Jarvis Taxpayers Association
- Sacramento Metro Chamber of Commerce
- Citrus Heights Chamber of Commerce
- Rancho Cordova Chamber of Commerce
- National Federation of Independent Business
- Child Abuse Prevention Center
- Assemblyman Roger Niello (ret.)
- Sacramento County Supervisor Roberta MacGlashan
- Sacramento County Supervisor Susan Peters
- Sacramento County Supervisor Sandy Smoley, (ret.)
- Sacramento County Supervisor Muriel Johnson (ret.)
- SMUD Board Member Renee Taylor
- San Juan Unified School District Trustee Larry Masuoka

(Partial list)

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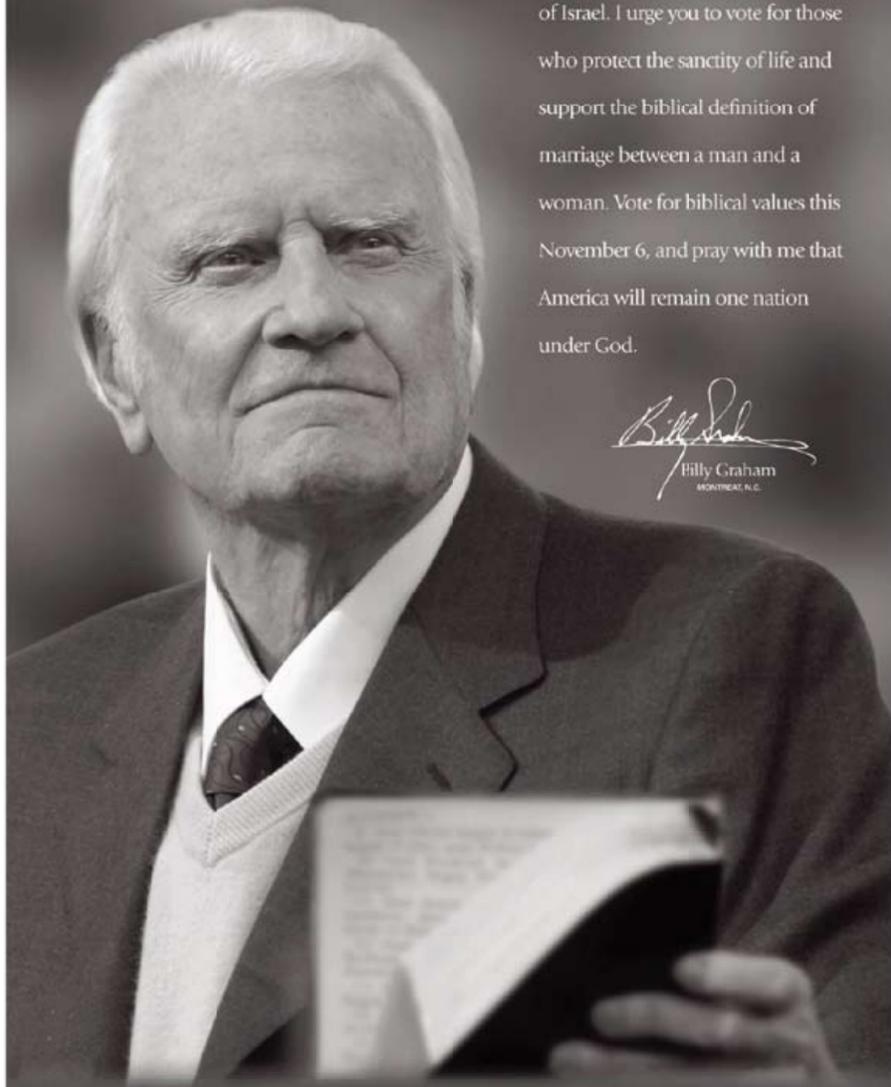
(near former Gottschalk's)



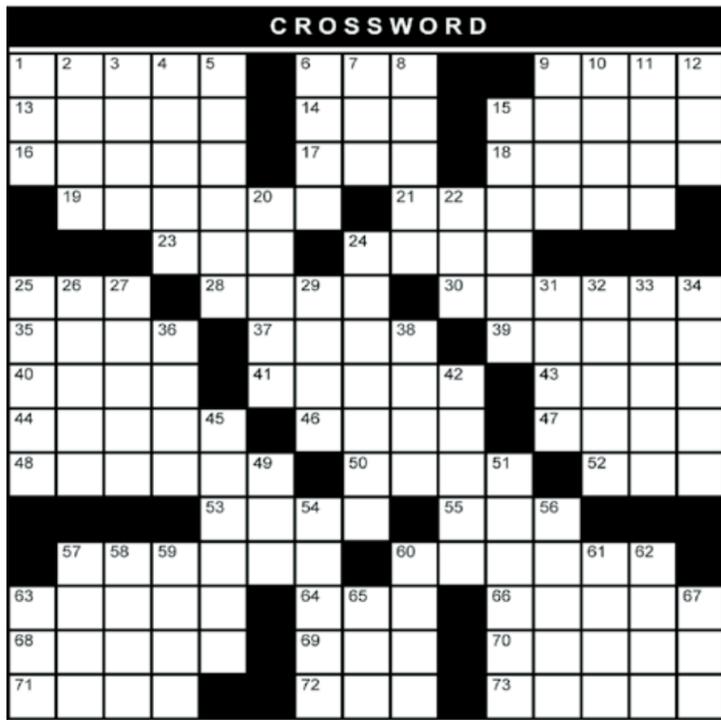
More information at (916) 504-2842 or sspca.org

The legacy we leave behind for our children, grandchildren, and this great nation is crucial. As I approach my 94th birthday, I realize this election could be my last. I believe it is vitally important that we cast our ballots for candidates who base their decisions on biblical principles and support the nation of Israel. I urge you to vote for those who protect the sanctity of life and support the biblical definition of marriage between a man and a woman. Vote for biblical values this November 6, and pray with me that America will remain one nation under God.

Billy Graham
Billy Graham
MONTREAL, N.C.



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CLUES

- | | | | |
|---|--|--|--------------------------------------|
| 1. Like winters in the North, e.g. | 41. *2002 gold medal skater, Hughes | DOWN | 33. Missouri River tributary |
| 6. Western omelet ingredient | 43. Angelina's husband | 1. Tiller's tool | 34. *Bela Karolyi prodigy |
| 9. One of the Three Bears | 44. Like a wall covered with certain evergreen | 2. Hurry! | 36. Mars, to the Greeks |
| 13. Japanese port | 46. Hurtful remark | 3. Poison ivy woe | 38. *He was passed by Hammerin' Hank |
| 14. International Labor Organization | 47. *Quipping Hall-of-Famer | 4. Clay pigeon shooting | 42. Conversation starter |
| 15. Peeled or trimmed | 48. *PGA great, Byron | 5. Render something holy | 45. Sorrows |
| 16. Drawing support | 50. Snakelike sushi staple | 6. Not misses | 49. Not a thing |
| 17. A nervous ___ | 52. Last word of "America, the Beautiful" | 7. *Rhyming fighter | 51. Colorful Mexican wrap |
| 18. Plural of #10 Down | 53. Wasn't straight | 8. Cafe order | 54. Order |
| 19. *Most decorated Olympian | 55. Romanian money | 9. Central to NYC | 56. Milk dispenser |
| 21. Unwelcome to a comedian | 57. *He led an army? | 10. Seed cover | 57. Dull pain |
| 23. High rocky hill | 60. *His Aimess" | 11. *Soccer great known by single name | 58. Multicolored horse |
| 24. Ditto | 63. Rub hard | 12. Online pop-ups | 59. Brazils or filberts, e.g. |
| 25. Wear and tear | 64. Boiling blood | 15. *Reggie Miller's team | 60. Become gelatinous |
| 28. Opposite of warp in weaving | 66. Farewell, to ami | 20. *Ali seem to relish it | 61. Hokkaido language |
| 30. Exhort | 68. African tea or chew | 22. Down Under bird | 62. Less than average tide |
| 35. South of Market Area in San Francisco | 69. Rank above maj. | 24. With an illustrious past? | 63. Blue hue |
| 37. Like Oscar in "The Odd Couple" | 70. Prison-related | 25. *Fastest man on Earth | 65. Future fish |
| 39. Composer of American military marches | 71. Strong desires | 26. To crack, as in case | 67. Last, abbr. |
| 40. Wing-shaped | 72. ___ Aviv | 27. Inbox letter | |
| | 73. Go the way of Vesuvius | 29. We pledge allegiance to it | |
| | | 31. Pass | |
| | | 32. Continental money | |

For Solution See Page 7

Rivercats Darren Bush Named Bullpen Coach

OAKLAND, CA – The Oakland A's named Darren Bush as the bullpen coach on manager Bob Melvin's coaching staff for the 2013 season, the club announced today. The rest of the coaching staff for the defending American League West Division Champions will return next season.

Bush has managed in the A's farm system the last six years, including back-to-back division titles with Triple-A Sacramento the past two seasons. He also led Double-A Midland to playoff appearances in each of his two seasons with the RockHounds in 2009 and 2010, including a Texas League Championship in 2009. Bush guided Single-A Stockton to the California League Championship in his second year as a manager in 2008. The 38-year-old Dunedin, Florida resident joined the Athletics in 2005 as hitting coach at Stockton and spent two seasons in that capacity before taking over as manager for the Ports in 2007. He has a 462-386 record in six seasons as a manager.

Tye Waller returns for his seventh season on the A's coaching staff, his third straight at first base, while Mike Gallego will be in his fifth season as third base coach. Curt Young also returns for the second consecutive year as A's pitching coach and his ninth overall as he also served in that role from 2004-10.

Hitting coach Chili Davis, bench coach Chip Hale and Major League coach Ariel Prieto return for their second consecutive season in those capacities. Rick Rodriguez, who was the A's bullpen coach in 2011 and 2012, has been offered a minor league assignment in the A's organization.

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							4	5
				8	6			9

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!

For Solution See Page 7.

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have LOST a yellow cockatiel with orange cheeks. Lost on 7/5/12 in Grass Valley CA. I also have FOUND a grey and yellow cockatiel with orange cheeks. Found on 7/16/12 in Colfax CA. Contact Brittany at 530-575-5445 or e-mail at mornymy_star@yahoo.com (MPG 08-31-12)

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ATTENTION DIABETICS with Medicare. Get a FREE Talking Meter and diabetic testing supplies at No Cost, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-771-9376. (Cal-SCAN)

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Crossword Puzzle on Page 6

www.OmahaSteaks.com/mb27, use code 450692EJ. (MB 12-31-12)

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FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08134. Sylvia Gilchrist, 3974 Apple Blossom Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Fired Up For A Cause" at 3974 Apple Blossom Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Oct. 3, 2012. Publish: October 10, 17, 24, 31, 2012.
FIREDU 121002 10-31-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08125. Philip Hicks, 2236 Longview Dr., Roseville, CA 95747 is doing business under the Fictitious Business Name "Old Sack from Old Sac" at 2236 Longview Dr., Roseville, CA 95747. Filed with the Clerk of Sacramento County on Oct. 3, 2012. Publish: October 10, 17, 24, 31, 2012.
OLDSAC 121002 10-31-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07893. Brian Bentzen, 3554 Lynne Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name "The Sac Chef" at 3554 Lynne Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on September 25, 2012. Publish: October 10, 17, 24, 31, 2012.
THESAC 121002 10-31-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08058. Theresa Klier, 4024 Oak Villa Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Math Speed Skills" at 4024 Oak Villa Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 1, 2012. Publish: October 10, 17, 24, 31, 2012.
MATHSP 121002 10-31-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07928. Golden Valley Numismatics, Inc., 2710 Arden Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Excelsior Coin Gallery" at 2710 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 26, 2012. Publish: October 10, 17, 24, 31, 2012.
EXCELS 121002 10-31-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00130176 WHEREAS, Athena Irene Hamann has filed a petition with this court for a decree changing name of Athena Irene Hamann to Athena Irene Peatross. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 9, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 26, 2012
Shelleyanne W.L. Chang Judge of the Superior Court Publish: October 10, 17, 24, 31, 2012.
PEATRO 121002 10-31-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00130583 WHEREAS, Nichole Tripathi has filed a petition with this court for a decree changing name of Nichole Tripathi to Niki Priya Tripathi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 19, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 3, 2012

Shelleyanne W.L. Chang Judge of the Superior Court Publish: October 10, 17, 24, 31, 2012.
TRIPAT 121002 10-31-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07270. California Caregivers Home Healthcare, LLC, 777 Campus Commons Road #200, Sacramento, CA 95825 is doing business under the Fictitious Business Name "California Caregivers" at 777 Campus Commons Road #200, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 4, 2012. Publish: October 17, 24, 31, November 7, 2012.
CALCAR 121003 11-7-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08219. Behyar Talebi, 2717 Gunn Road Carmichael, CA 95608 and Cyrus M. Amani, 825 Morse Ave. #213, Sunnyvale, CA 94085 are doing business under the Fictitious Business Name "Carmichael Auto Care" at 6000 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 9, 2012. Publish: October 17, 24, 31, November 7, 2012.
CARAUT 121003 11-7-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-07859. James L. Dawson, Jr. and Loretta A. Dawson, both of 545 W. North Bear Creek Dr., Merced, CA 95398 are doing business under the Fictitious Business Name "Suds Factory" at 2830 Eastern Ave., Sacramento, CA 95821. Filed with the Clerk of Sacramento County on September 24, 2012. Publish: October 17, 24, 31, November 7, 2012.
SUDSFA 121003 11-7-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00130782 WHEREAS, Mark Degler has filed a petition with this court for a decree changing name of Jasmine Nicole Degler-McGowan to Jasmine Nicole Degler. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 26, 2012 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 10, 2012
David I. Brown Judge of the Superior Court Publish: October 17, 24, 31, November 7, 2012.
DEGLER 121003 11-7-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00130579 WHEREAS, Shane Dee Lake has filed a petition with this court for a decree changing name of Shane Dee Lake to Shane Dee Spencer. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 16, 2012 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 3, 2012

David I. Brown Judge of the Superior Court Publish: October 17, 24, 31, November 7, 2012.
SPENCE 121003 11-7-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00130544 WHEREAS, Genelle Anderson has filed a petition with this court for a decree changing name of Genelle Anderson to Charlie Rose. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 14, 2012 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 3, 2012
David I. Brown Judge of the Superior Court Publish: October 17, 24, 31, November 7, 2012.
ROSE 121003 11-7-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00130554 WHEREAS, Kalla Raine Hunter has filed a petition with this court for a decree changing name of Kalla Raine Hunter to Mason Daniel Hunter. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 14, 2012 in Department 54, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 3, 2012
Shelleyanne W.L. Chang Judge of the Superior Court Publish: October 17, 24, 31, November 7, 2012.
HUNTER 121003 11-7-12

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES To Whom It May Concern: LIDO BAR & GRILL INC. is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 7901 Fair Oaks Blvd. #A, Carmichael, CA 95608-2497 with 47 - On-Sale General Eating Place license. Filed: October 16, 2012. Publish: October 24, 31, November 7, 2012.
LIDOBA 121004 11-7-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08438. Mykola Bychuk, 4504 Jennes Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name "Mykola Bychuk On Call Service" at 4504 Jennes Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on October 16, 2012. Publish: October 24, 31, November 7, 14, 2012.
MYKOLA 121004 11-14-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08437. Taras Khoma, 7484 Holworthy Way, North Highlands, ca 95842 is doing business under the Fictitious Business Name "Taras K On Line Service" at 7484 Holworthy Way, North Highlands, CA 95842. Filed with the Clerk of Sacramento County on Oct. 16, 2012. Publish: October 24, 31, November 7, 14, 2012.
TARASK 121004 11-14-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08439. Dennis Litvinenko, 6316 Mariposa Ave. #42, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Denis Litvinenko On Call Service" at 6316 Mariposa Ave. #42, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on October 16, 2012. Publish: October 24, 31, November 7, 14, 2012.
DENISL 121004 11-14-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08435. Petro Lushchik, 8417 Villaview Dr., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Petro Lushchik On Call Service" at 8417 Villaview Dr., Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on October 16, 2012. Publish: October 24, 31, November 7, 14, 2012.
PETROL 121004 11-14-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08534. Gerald M. Hickman Jr., 417 20th St., Sacramento, CA 95811 is doing business under the Fictitious Business Name "Leo" at 417 20th St., Sacramento, CA 95811. Filed with the Clerk of Sacramento County on October 19, 2012. Publish: October 24, 31, November 7, 14, 2012.
LEO 121004 11-14-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08507. Sukh Bhullar, 1545 Manasco Circle, Folsom, CA 95630 is doing business under the Fictitious Business Names "Coast Hospitality Advisors; Coast Financial; Coast Realty; Coast Mortgage" at 1545 Manasco Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County on October 18, 2012. Publish: October 24, 31, November 7, 14, 2012.
COASTH 121004 11-14-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08359. Justin Orden, 8589 Jaylee Way, Fair Oaks, CA 95628; and Zachary Greenfield, 7629 32nd St., Antelope, CA 95843 are doing business under the Fictitious Business Name "JZ's Cafe" at 3399 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 12, 2012. Publish: October 24, 31, November 7, 14, 2012.
JZSCAF 121004 11-14-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08480. Hamilton Enterprises LLC, 6515 Mi Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Miles Manor" at 4301 Watkins Dr., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on October 17, 2012. Publish: October 24, 31, November 7, 14, 2012.
MILESM 121004 11-14-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00131015 WHEREAS, Jasinder Kaur has filed a petition with this court for a decree changing names of Jasinder Kaur to Balmi Kaur; Shivaj Kailly to Arjun Kailly; and Balraj Kailly to Amiraj Kailly. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 30, 2012 in Department 53, located at 800 9th St., Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 17, 2012
David I. Brown Judge of the Superior Court Publish: October 24, 31, November 7, 14, 2012.
KAUR 121004 11-14-12

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES To Whom It May Concern: LIDO BAR & GRILL INC. is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 7907 #A&B / 7909 #A Fair Oaks Blvd., Carmichael, CA 95608-2497 with 47 - On-Sale General Eating Place license. Filed: October 24, 2012. Publish: October 31, November 7, 14, 2012.
LIDOBA 121005 11-14-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08593. Juliemai Thu Nguyen, 5104 Homeland Court, Antelope, CA 95843 is doing business under the Fictitious Business Name "Salon Maxx" at 7821 Lichen Dr., Citrus Heights, CA 95621. Filed

with the Clerk of Sacramento County on Oct. 22, 2012. Publish: October 31, November 7, 14, 21, 2012.
SALONM 121005 11-21-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08506. Phai Thilai Engressia, 2525 Walnut Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Maly Therapy Massage" at 2525 Walnut Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 18, 2012. Publish: October 31, November 7, 14, 21, 2012.
MAILYT 121005 11-21-12

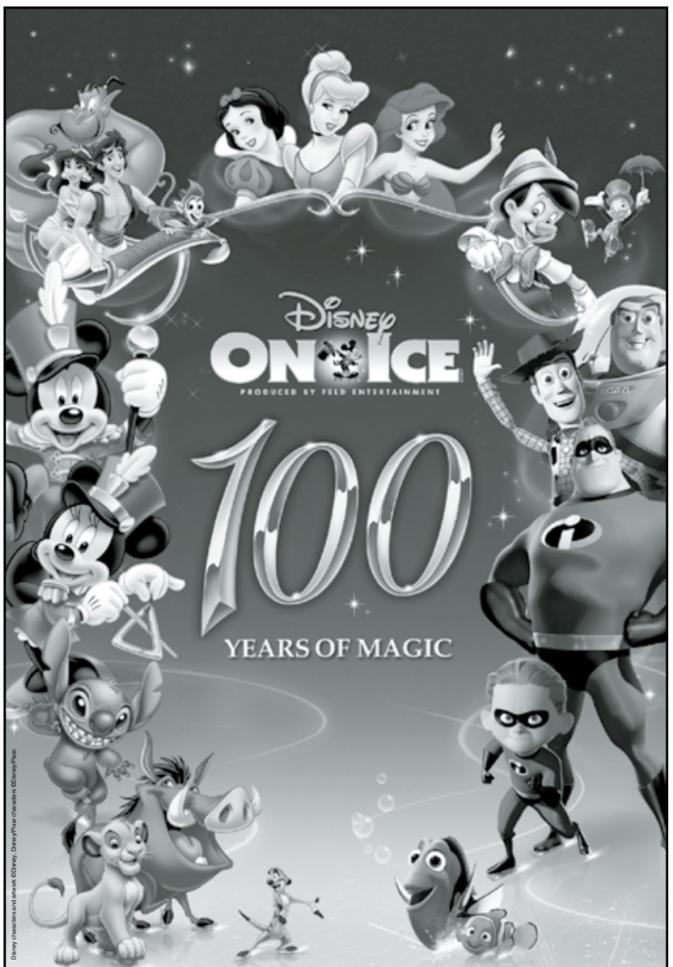
FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08547. New American Auto Care Inc., 2140 Marconi Ave., Sacramento, CA 95821 is doing business under the Fictitious Business Name "Quality Auto Sales" at 2140 Marconi Ave., Sacramento, CA 95821. Filed with the Clerk of Sacramento County on October 19, 2012. Publish: October 31, November 7, 14, 21, 2012.
QUALIT 121005 11-21-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08456. Amarjeet Kaur Sidhu, 835 Fieldstone Court, Folsom, CA 95630 and Manjinder Singh Grewal, 570 Summer Garden Way, Sacramento, CA 95833 are doing business under the Fictitious Business Name "In & Go Market" at 12417 Fair Oaks Blvd. #100, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on October 16, 2012. Publish: October 31, November 7, 14, 21, 2012.
IN&GOM 121005 11-21-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08461. Alexis Grey, 8035 Arcade Lake Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Indico Properties" at 8033 Arcade Lake Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on October 17, 2012. Publish: October 31, November 7, 14, 21, 2012.
INDICO 121005 11-21-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08481. Ronald Johnson, 59 Jarvis Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Ron's Carpet Cleaning" at 59 Jarvis Circle, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on October 17, 2012. Publish: October 31, November 7, 14, 21, 2012.
RONSCA 121005 11-21-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-08487. Stephen Katen, 4716 Firebird Lane, Sacramento, CA 95841; Shawn Callahan, 1279 Berry Creek Road, West Sacramento, CA 95691; and Michael Lamb, 8204 Montville Court, Antelope, CA 95843 are doing business under the Fictitious Business Name "Mailsquadron" at 4716 Firebird Lane, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on October 17, 2012. Publish: October 31, November 7, 14, 21, 2012.
MAILSQ 121005 11-21-12



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See How They Run

Photo and Story by Susan Maxwell Skinner

CARMICHAEL, CA – On the home stretch in campaigns that reach the finish line November 6, four election candidates took time off for lunch with the Carmichael Chamber of Commerce last week.

Peter Tateishi (left) carries the Republican banner to contest the newly drawn District 8 Assembly seat. Carmichael Realtor Ron Greenwood seeks election to continue five years of service to the Carmichael

Water District Board of Directors.

Republican Dan Lungren is campaigning to retain the District 3 Congressional seat he has held since 2005. Eleanor Brown (right) ran a successful race for appointment to the County Board of Education in the June Primaries can put her feet up on election night.

"I almost feel guilty that I'm not running with you," the Area 4 representative told campaigners Lungren, Tateishi and Greenwood. "But not guilty enough to change places..."

California Conservation Corps has A Few Positions Still Available at New Fisheries

The California Conservation Corps has a few positions still available for military veterans interested in serving on a new fisheries crew based in Humboldt County.

Veterans between the ages of 18 and 27 may apply for the one-year positions that provide paid training. Applicants must have an honorable discharge or general discharge with honorable conditions. National Guard members with part-time status may also be eligible.

The crew's work will include fish habitat restoration and monitoring in coastal watersheds in Humboldt, Mendocino and Del Norte counties. The veterans will receive technical training to aid them doing spawning, habitat, topographical and diving surveys. They'll also be involved in collecting data to measure the effectiveness of habitat restoration techniques.

The fisheries projects are funded by the CCC and by the

National Oceanic and Atmospheric Administration, which is also providing training and education. Additional training as well as project locations will be provided by the Department of Fish and Game. Through their experience on the fisheries crew, veterans may gain entry to jobs with local, state and federal resource agencies.

Deadline for applications is November 30. Those interested should contact CCC Fortuna Center Director Larry Notheis for details, at (707) 725-5106, or email larry.notheis@ccc.ca.gov.

The California Conservation Corps is a state agency in which young men and women sign up for a year of natural resource work and emergency response. Since the CCC was established in 1976, its crews have improved more than 1800 miles of salmon and steelhead habitat along coastal rivers and streams.

Source: CCC

www.CarmichaelTimes.com



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Mendy Bates, Marie Dixon, Sheila Jacobs, Paula Lloyd

WASA Monthly meeting: Myrna Wachov, November 12th, 1:30 pm
NCA Monthly Meeting: Jan Miskulin is our Guest, November 14th, 7 pm

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God Meets Science

In the Presidential Election, the Two Don't Get Along. But Should They?

**Commentary By
Daniel Friedmann**

Do you believe that evolution should be taught in public schools, and that it should be presented as the only explanation for how the species arose? Based on statements made in the past few years by President Obama and Republican nominee Mitt Romney, it appears they both would answer "yes."

However, Romney's fellow Republicans don't all agree. For example, Republican Congressman Paul Broun from Georgia recently announced that evolution, embryology, and the Big Bang theory are "lies straight from the pit of hell."

Furthermore, Romney may have recently changed his mind since in the first presidential debate he stated, "We're all children of the same God" — in stark contradiction to evolutionists' conclusion!

Meanwhile, only 15 percent of the US population believes in naturalistic evolution as the explanation for our origins!

And while the Catholic Church has stopped arguing against scientific findings such as the age of the universe or when life first appeared, it holds that whatever happened was guided in some way by God; in agreement with nearly half of Americans.

For the past couple hundred years, the creation-evolution conflict has been a recurring point of contention in the United States, from the presidential election to what should be taught in schools. American science legend Carl Sagan tried to

settle this conflict by calling both camps "non-overlapping magisterial" — in other words, science and religion each preside as the source of wisdom over separate domains.

However, most of us feel that Sagan's explanation is not right. In fact, it turns out that a significant portion of Americans believe science and religion can coexist when it comes to explaining our origins.

The problem between science and religion did not originate over the question of HOW we came to be — creation vs. evolution — but over the question of WHEN the Earth came to be. The creation-evolution conflict was sparked when early geologists began to find evidence that the Earth was older than the Bible seemed to indicate.

Today science tells us that the universe is 13.7 billion years old and the earth 4.5 billion years old; seemingly in contradiction to the biblical creation timeline of six days, less than 6,000 years ago.

A couple years ago I found the blueprint for my house, a piece of rolled up paper with lots of lines that bore little resemblance to my beautiful three-dimensional home. I could not make heads or tails of the blueprint. That is, until I saw the scale: 1 inch equals 8 feet. Now I could compare the blueprint and the house — everything matched, at least as to what it was and how big it was.

Now, the Bible claims to be the blueprint for the universe; but has anyone bothered to look for the scale of this blueprint?

I mean, the story is narrated in creation days (analogous to the role of inches on the house blueprint), but what are these creation days in the physical structure, the universe?

It turns out that the Scriptures contain the scale — it has been found: 1 creation day is 1,000 X 365 X 7,000 or 2.5 billion years. That's right, the scale is really simple, it's been there all along, and when you apply it to events in Genesis, it converts 19 events to the time we measure in science.

What do we get after converting these events? Agreement within measurement error; very old Scriptures contain the times for key events relating to the development of the universe and the appearance of life on Earth that science has only recently uncovered.

So if both science and the Bible agree on what happened and when it happened, why keep arguing?

Because there is still the HOW it happened. But having found agreement on the "when" and the "what," sheds new light on the issue. It is time to check out the scale, reread the biblical blueprint and stop the 200-year-old argument in politics, education....

Daniel Friedmann is the author of The Genesis One Code, and CEO of an aerospace company. He has a master's in engineering physics and 30 years' experience in the space industry, and has published more than 20 peer-reviewed scientific papers. He is also a long-time student of cosmology and religion.

Fueling California's Ongoing Gas Price Debate



Photo and Story by Susan Maxwell Skinner

SACRAMENTO REGION, CA — Congressman Dan Lungren (center) recently addressed citizens at Pastor Auto Care, Citrus Heights. The demonstrators protested gas price hikes and Lungren opponent Ami Bera's stance on the issue. Lungren was joined by Kerrie Kohler (right) from Duane's Body and Paint in South Sacramento. Kohler said some suppliers — hard hit by gas costs — now charge \$30-\$50 to deliver orders to her business.

Local Business Owners and Working Families Join Dan Lungren to Criticize Opposition's Support for Increasing the Gas Tax

SACRAMENTO REGION, CA—Congressman Dan Lungren stood shoulder-to-shoulder on October 25th with working families and a local business owner to oppose Ami Bera's support for a gas tax increase. The event was held at Pastor's Auto Care in Citrus Heights.

"We are here today to tell Ami Bera that we can't afford a gas tax increase. Small family businesses like mine are already struggling under high taxes and overregulation that are supported by Ami Bera. We support Dan Lungren because he stands up for hardworking families and small businesses," said Karrie Kohler, owner of Duane's Body

& Paint in Sacramento.

In 2010, Ami Bera suggested increasing the gas tax to reduce consumption during a tele-town hall. Unfortunately, this is not the only tax increase Bera has supported. Bera also called for the expiration of the Bush tax cuts and endorsed Prop. 30, which will significantly increase taxes in California, during an interview with the local Fox affiliate.

"With high gas prices, finances are already tight," said Heidi Cordeiro. "Ami Bera's new taxes would only make things worse. Now is not the time for a higher gas tax. Now is not the time for Ami Bera."

Congressman Lungren has

worked with businesses and families who are struggling through this recession. This year, he was named "Guardian of the Small Business" by the National Federation of Independent Businesses (NFIB) and has consistently opposed raising taxes on hardworking California families.

"With the unemployment rate in Sacramento above the national average, now is not the time to be imposing additional taxes on struggling families and hard-working business owners," added Congressman Lungren. "We simply cannot afford Ami Bera's policies."

"Check Before You Burn"

Continued from Page 1

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A Touch of Truth

Letter to the Editor

To my fellow Americans: I could sit and argue whether Democrats or Republicans are right or wrong and come to no conclusion at all. If however I look at things as an American and care about God and country then I can find an answer to what is best for my fellow Americans and our country. The state of the union is in the worst shape it has ever been in my lifetime, our credit rating has been downgraded and we are 16 trillion dollars in debt. A real American should ask why?

Our financial problems began with the idea every American should own their own home, this idea began under George Bush, however it did not start in the Whitehouse, it began in congress. Fanny Mae and Freddy Mac where the true instigators of the problem, our elected leaders forced the banks to give out loans to any and all, even if that person could not qualify under normal conditions. The banks said no at first but congress gave them a guarantee of payment if these loans fell apart and there were no restrictions on the

size of the loans. Subsequently homes sold like hotcakes and the price jumped right out of site because financing was so easy to get, many sold their homes at an inflated rate and bought new homes at that same inflated rate, large outrageous loans became the norm.

Everyone was living on the edge but the free flow of money kept it afloat. When the internet bubble popped that money hit a cliff and it started a chain reaction of deflation back to where it should have been all the time. Foreclosures sky rocketed as many people had interest only loans. This made their homes what they call up-side-down; they owe more than it is worth. People began losing their jobs as the easy money stopped flowing and people could not afford to repair or buy as their money source dried up. Who was in charge of congress when this took place? The Democrats.

We wanted it fixed so we elected Obama with hope and change believing he could fix it. So what has he done to fix it? Do you have any idea? GM was bailed out with 50 BILLION taxpayer dollars, so what happened

to that money? GM built two new plants and raised their employment by 55%, the problem with that is, it all took place in China, and they still laid off and closed plants here in America. Then Obama gave 355 Million to a Brazilian company, Embraer, to manufacture our military light aircraft, no jobs for America. Then he spent 529 Million with Fisker to build an electric car – in Finland, still no American jobs. Obama believes in green energy so he started closing coal fired plants that generate electricity, this pushes the price of energy up, don't believe me? Go buy a gallon of gas. Obama plans to close 240 of these plants? Why I ask?

Mitt Romney pointed out that Obama has spent 90 Billion on items just like the ones I am pointing out here. I am sure you know someone who has lost their home, well the elected in power have no intent of curtailing their spending. Just like people who lost their home, we will lose our country the very same way. Think about it; are you a party member or an American?

Michael O'Brien, Willows

Sacramento County DA Reports

Recent cases of interest

CASE: Taurus Aquarius Baker (10/26/12)
PROSECUTOR: Deputy District Attorney Chris Ore

District Attorney Jan Scully announced today that Taurus Aquarius Baker was convicted by jury for the first degree murder of Joseph Wayne Bush with the special circumstance that the crime was committed during an attempted robbery.

On the afternoon of February 8, 2006, Baker shot and killed Joseph Wayne Bush during an attempted carjacking in the parking lot of a shopping center on Mack Road in south Sacramento.

Baker faces a maximum sentence of life in prison without the possibility of parole. Sentencing is set for January 18, 2013 in Department 21 before the Honorable Steve White.

CASE: Christina Amaya & Elizabeth Marks (10/25/12)
PROSECUTOR: Deputy District Attorney Matt Chisholm

District Attorney Jan Scully announced that Christina Amaya and Elizabeth Marks were both charged and sentenced in San Joaquin and Sacramento County for residential burglary and elder abuse. Last month, both defendants pled no contest to first degree burglary and to two strikes, subjecting them to the possibility of life in prison should they commit a felony in the future. Marks was sentenced to 16 years in prison and Amaya was sentenced to 8 years, 8 months in prison.

In each case, the defendants approached the elderly victim at their home with a ruse to gain entry. Their trademark was to wear a nurse's medical smock and offer to buy a lawn ornament or wood bench in the elderly victim's front yard. Once a conversation was established, the defendants asked to come inside the home to exchange contact information to complete the sale on a future date. While in the home, one defendant would distract the victim while the other defendant went into other rooms to steal jewelry and other valuables.

Between March 7 and March 16, 2012, six different victims had fallen prey to the defendant's scheme. Their ages ranged from 74 to 89 years old and they resided in Lodi, Galt, Folsom, and Sacramento. The case broke open when the defendants used a victim's credit cards at a local business and the defendant's photos were shown on a local newscast. Several of the other victims, who had all previously reported their crimes, called law enforcement stating that they recognized the defendants.

By coordinating prosecution efforts, the two counties were able to resolve all six cases over the last three months.

Deputy District Attorney Matt Chisholm states, "These defendants targeted some of the most trusting and vulnerable people in our community. Although they did not use violence, their crimes were devastating to the victims' psyche and sense of security. Unprecedented coordination and skillful investigation by the Lodi and Sacramento law enforcement community ensured that the case was fully prosecuted, justice was served, and that the seniors of our community remain protected."

CASE: Jason Shepard (10/23/12)
PROSECUTOR: Deputy District Attorney Allison Dunham

District Attorney Jan Scully announced today that Jason Shepard was convicted by jury of solicitation of a minor with the intent to commit an act of oral copulation and annoying and molesting a child.

On January 31, 2012, Shepard contacted a 13-year-old girl as she was walking to California Middle School located in Land Park. He told the young victim to get into his car and to perform a sex act in exchange for money. She refused and immediately ran and reported the incident. Within minutes, a "Be On the Look Out" alert was broadcasted to officers in the area. A Sacramento police officer observed a vehicle and driver matching the description provided by the victim and wrote down the license plate number. The victim later identified the vehicle and Shepard from a photographic lineup.

It was later determined that Shepard is a lieutenant colonel in the US Army based out of Aberdeen Proving Grounds Maryland. He was in Sacramento on military business at the Army Depot on Fruitridge Road.

Deputy District Attorney Allison Dunham states, "The victim in this case did everything we would hope a child would do in this situation. She immediately ran from the defendant and reported the crime. She was able to provide important details about the defendant and the car that ultimately led to his arrest and conviction. Shepard is now a convicted sex offender and will have to register for the rest of his life."

Shepard faces a possible maximum sentence of 4 years in state prison. Sentencing is set for November 21, 2012 in Department 16 in front of the Honorable Marjorie Koller.



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Wednesday, October 31, 2012 - 11:30 a.m to 12:30 p.m.

Thursday, November 29, 2012 - 11:30 a.m to 12:30 p.m.

LOCATION: St. Francis Community Hall

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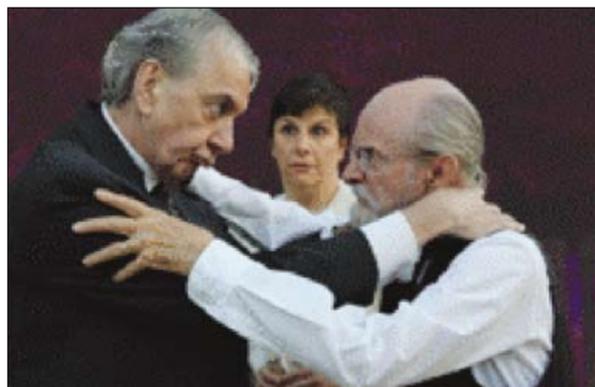
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John Heinen as Hearst, Lisa Derthick as Nellie, Ron Galbreath as Pulitzer. Photo courtesy of Theatre One.

By Elise Spliss

Nellie Bly was once the world's most famous woman reporter

in the days when women who worked for pay were rare. Today she is the protagonist of Theater One's production of Don Nigro's

"Jules Verne" at Theater One

Local Theater Company Spreads Its Wings a Little Wider

"Jules Verne Eats a Rhinoceros". This sprawling play covers the three decades of Nellie Bly's career and centers on the no-holds-barred New York City newspaper wars that pitted Joseph Pulitzer against William Randolph Hearst. Nellie's adventure is America's adventure in the late 19th and early 20th century, and her coming of age is America's, as her boundless optimism and enthusiasm comes face to face with the nightmare of the twentieth century. Starring Lisa Derthick as

Nellie, with Ron Galbreath as Pulitzer and John Heinen as Hearst, the play is directed by longtime screenwriter Lonon Smith. It features a number of Theater One regulars in roles ranging from anarchist Emma Goldman and suffragette Susan B. Anthony to Teddy Roosevelt and Germany's Chancellor Bismarck. Smith explains the title comes from Pulitzer's advice to Bly that "if Jules Verne eats a cabbage, that is not a story (but) if Jules Verne eats a rhinoceros, now that is a story".

Theater One has been around for a lot of years. Making use of the stage provided by the Unitarian Universalist congregations at 2425 Sierra Avenue, the company has built a loyal and supportive audience with classics from "The Madwoman of Chaillot" to challenging contemporary works like "The Laramie Project". "Jules Verne" is the company's most ambitious work to date. It's both history and a contemporary look at how tabloid news and what passes as reality television

came to dominate our media. "Jules Verne" opens Saturday, November 3 and runs evenings on Friday and Saturday at 8 PM, with 2 PM Sunday matinees until November 18. Tickets are \$12 for students and seniors; \$15 for adults. A special Veteran's Day performance on November 12 begins at 7 PM. For tickets call 489-4248 or go to www.theaterone.org. Click on the orange 'Buy tickets' on the right to purchase and to view map. Tickets will be available at the door.

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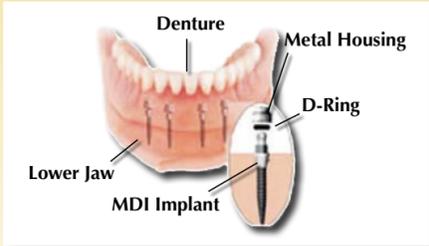
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