

Carmichael Times

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Serving Carmichael and Sacramento County since 1981

August 15, 2012

Chris Nelson:
"Why We Pay for Water"



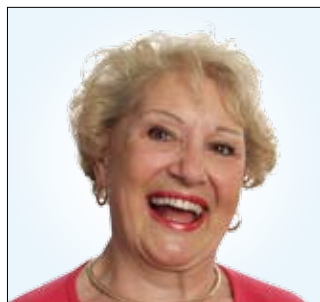
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Big Band, Big Hearts, Big Date for Kiwanis



The only Kiwanis Club worldwide with its own big band, the Carmichael division has celebrated 50-years of community service. President Cathryn Snow held the banner (above) at the band's recent Carmichael Park concert. Inset: County Supervisor Susan Peters honored the club with a proclamation. Flanking Peters were Carmichael Chamber of Commerce executive Linda Melody, club founding member Neil Loveridge, President Snow, District Lt Governor Bernie Bowes Jr and District Governor Dick Olmstead. Photos by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL – A golden anniversary recently provided a golden opportunity for the Kiwanis Club of Carmichael to celebrate.

Founded in 1962, the service organization has grown from 15 to 94 members and donated hundreds of thousands of dollars to support local needs. Through member donations — and huge fundraisers such as the Taste of Carmichael — the current financial year has seen over \$30,000 raised. Through volunteerism that tops 5000 member hours per year, causes such as the Effie Yeaw Nature Center, food closets, school programs, Boy Scouts, the American River Parkway and music education have benefitted. "It's hard to imagine this community without the Kiwanis," County Supervisor Susan Peters told the group. "You make Carmichael

a better place to live."

The third oldest club in California, the division was hatched in 1962. Fifteen male members breakfasted weekly at a restaurant called Sambo's (now Burger King) on Fair Oaks Blvd. Foundation member Neil Loveridge contrasts early Kiwanis projects with ambitious programs now sponsored. "We sold cotton candy in the park during the July 4 parade, recalls the 80-year-old retired dentist. "We made so much of the stuff, we couldn't bear the sight of it. We were happy to make \$50. It was enough to do some good. We wanted to put together a program that was worthwhile, so the club would grow. I am proudest of that: we are still here and still growing.

"These days I'm not ditch-digging for the club," says the veteran. "I still go to meetings for the camaraderie."

An apocalyptic change in Kiwanis history occurred when women joined their ranks in 1977. Some members railed at regulations that threatened to remove non-profit status from non-coed groups. In all, considers Loveridge, emancipation helped the club. "Our first woman member was Kathy Spake," he recalls. "She ran a convalescent hospital and she was so effective in Kiwanis, she became our first woman president. By now, some clubs are nearly all women."

Humanitarians in heels make up almost one third of Carmichael membership. "It brings many benefits," considers 2012 president Cathryn Snow. "Men are big-picture oriented. Women are big on details. So it's like a marriage; lots of brainstorming happens." Side benefits are social — at least one couple

met and married through the club — and professional. "We're nearly all doing business out there," says Snow. "You meet members; you trust them. They're the ones you go to when you need to do business."

A jewel in the club's crown is its sponsorship of a room at the Kiwanis Family House. Located near the U.C. Davis Medical Center, the facility allows accommodation so families can stay together when a child is in hospital. "It's the only Kiwanis family house in the world," says Snow. "We're all family oriented. We're proud we can provide this place of refuge for families in crisis. Knowing such a haven exists makes us feel we are making a difference in the world."

Learn more about Carmichael Kiwanis by calling Cathryn Snow at (916) 804-7687.



Mountain Lions Tickets on Sale Now

SACRAMENTO REGION - The Mountain Lions, now in their fourth season, and third in Sacramento, announced that their home opener is set for Friday, Sept. 28, at 8 p.m. PT at Raley Field in West Sacramento. Tickets to the 14,014-seat stadium start at just \$8 for general admission berm seating.

The Mountain Lions are introducing a Fan Fest prior to every home game in the Raley Field BBQ area beyond the Home Run Hill area. For just \$15, fans will get a pre-game all-you-can-eat meal of ribs, chicken and bratwurst. In addition, \$2 beers will be available, beginning two hours prior to kickoff at all four home games.

Season, group and single-game tickets for the 2012 Sacramento Mountain Lions season are on sale as of 10 a.m. Monday morning. Season and group tickets can be purchased by calling (916) 383-5466, while single-game tickets to all four regular-season home games are available at ticketmaster.com and at Raley Field's Round Table Pizza Ticket Office.

A complete seating map with pricing can be found at sacmountainlions.com. In addition, fans can go to Raley Field from 6-9 p.m. on Monday, Aug. 13 to pick their seats in person for the 2012 season.

Fans can also keep up with all the latest Mountain Lions news on Facebook and Twitter.

Gas Prices Jump Again

SACRAMENTO REGION – Average retail gasoline prices in Sacramento have risen 25.8 cents per gallon in the past week, averaging \$4.00/g yesterday. This compares with the national average that has increased 5.4 cents per gallon in the last week to \$3.67/g, according to gasoline price website SactoGasPrices.com.

Including the change in gas prices in Sacramento during the past week, prices yesterday were 32.9 cents per gallon higher than the same day one year ago and are 41.6 cents per gallon higher than a month ago. The national average has increased 24.8 cents per gallon during the last month and stands 5.7 cents per gallon higher than this day one year ago.

"The national average has spiked 25-cents per gallon just in the last month, thanks to an onslaught of refinery problems — mainly in the Great Lakes and California," said GasBuddy.com Senior Petroleum Analyst Patrick DeHaan. "While these situations are temporary in nature, it goes to show this nation's dependence on domestic refineries. While oil prices have gained in recent days, there is some light at the end of the tunnel for motorists: driving season will be over in less than a month and soon thereafter the EPA also relaxes gasoline mandates, meaning cheaper winter fuel," DeHaan said.

Gas Buddy operates SactoGasPrices.com and over 250 similar websites that track gasoline prices at over 140,000 gasoline stations in the United States and Canada. In addition, GasBuddy offers a free smartphone app which has been downloaded over 20 million times to help motorists find gasoline prices in their area.

Hiring Center Opens for New Walmart Neighborhood Market

CARMICHAEL – Walmart is hiring approximately 80 permanent associates for the new Walmart Neighborhood Market slated to open this fall in Carmichael. To facilitate applications, the retailer has opened a temporary hiring center at 5777 Madison Ave., Suite 121, in Carmichael.

The hiring center will continue accepting applications from 8 a.m.-6 p.m., Monday-

Friday and on Saturday from 9 a.m. to 1 p.m. Interested applicants can also apply online at <http://careers.walmart.com>.

According to store manager Carl Porter, the store will be hiring both full- and part-time associates. "We are excited to add this Walmart Neighborhood Market to Carmichael and bring good jobs with career opportunities to the area," he said. Porter began his Walmart career nearly 20

years ago in Pittsburg, Calif., as temporary seasonal worker. Porter said associates are needed to work in all areas of the new store, including supervisory positions.

Walmart's benefit program is available to eligible full- and part-time associates and provides a variety of affordable health and well-being benefits including medical insurance with no lifetime maximum. Walmart also

offers matching 401(k) contributions of up to 6 percent of pay, discounts on general merchandise for store associates, an Associate Stock Purchase Program and company-paid life insurance. Additionally, eligible associates receive a quarterly incentive based on store performance. The majority of associates will begin work in October to help prepare the store for its grand opening this fall.

Gold Rush Days at the California State Railroad Museum

SACRAMENTO REGION – With Gold Rush Days just around the corner, be sure to plan to take a ride aboard the California State Railroad Museum's popular excursion railroad — the Sacramento Southern Railroad during the annual heritage festival! Guests will delight in the sights, smells and sounds of an authentic, working locomotive as it rolls along the levees of the Sacramento River.

Appealing to all ages, the experience offers guests with the chance to enjoy train travel from an earlier era. Those

aboard are treated to a six-mile, 40-minute round trip excursion along the levees of the Sacramento River.

The train features a combination of vintage closed coaches with comfortable seats, and open-air "gondolas" with bench style seating. Same-day general admission excursion train ride tickets are available in-person at the Sacramento Southern Railroad ticket office located on Front Street between "J" and "K" Streets in Old Sacramento on a first-come, first-served basis starting at 10:30 a.m. all three days of the extended

Labor Day weekend.

Even during the Gold Rush Days celebration, advance tickets to ride the first-class (and air-conditioned!) El Dorado are available online at www.californiastaterailroadmuseum.org and groups interested in reserving the El Dorado for a regularly scheduled ride should call 916-322-7112.

Operated by California State Parks with financial assistance from the non-profit California State Railroad Museum Foundation, the California State Railroad Museum is open daily from 10 a.m. to 5 p.m. except

Thanksgiving, Christmas, and New Year's Day.

Widely regarded as North America's finest and most popular railroad museum, the complex of facilities includes the 100,000-square foot Railroad History Museum plus the reconstructed Central Pacific Railroad Passenger Station and Freight Depot, 1849 Eagle Theatre, and Big Four and Dingley Spice Mill commercial buildings in Old Sacramento. For 24-hour information, visit www.californiastaterailroadmuseum.org or call (916) 445-6645.

From T-Rock Communications

Fair Oaks Theatre Festival Continues Summer Season with 'The Great American Trailer Park Musical'!



The cast of "The Great American Trailer Park Musical". Photo by Erin Carlson.

FAIR OAKS – Back by popular demand, the Fair Oaks Theatre Festival continues its season of musical theatre under the stars with a revival of last summer's hilariously naughty *The Great American Trailer Park Musical*. This PG-13-rated musical has been described by *The New Yorker* as "More fun than a chair throwing episode of *Jerry Springer* set to music."

"South Park" meets "Desperate Housewives" in this big-hearted new musical with a cheeky script and infectious music. It's back by popular demand and dishing up the same great fun. There's a new tenant at the Armadillo Acres — and she's wreaking havoc all over Florida's most exclusive trailer park! When Pippi, the stripper on

the run, comes between the Dr. Phil-loving, agoraphobic Jeannie and her tollbooth collector husband, Norbert, the storm begins to brew. (This show contains adult language and subject matter. Rated PG-13.)

Book by Betsy Kelso, Music and Lyrics by David Nehls, Directed by Bob Irvin, Choreography by Sunny Smith, Vocal Direction by Tracy Martin Shearer.

Location:
Veterans Memorial Amphitheatre
7991 California Avenue,
Fair Oaks, 95628

Dates:
Fridays, Saturdays & Sundays
at 7:30pm: through September 9

Friday & Saturday Ticket Prices:
General \$15
Students/Seniors/SARTA \$13
(Not recommended for children. Rated PG-13)

Retro Sunday (every Sunday!) Ticket Prices: All tickets \$10

Dress Up Nights & Beer/Wine Sales:
Every Friday & Saturday
(Feel free to put on your best trailer park garb and you'll fit right in!)

For Further Information:
(916) 966-3683
FairOaksTheatreFestival.com

United Way Kicks Off Annual Fundraising Campaign with United Way Night at the River Cats

Event will include barbecue, baseball and speaker Teddy Herrera

SACRAMENTO – Residents can help United Way California Capital Region and its partner nonprofits score a home run in the annual campaign this year by attending United Way Night at the River Cats on Aug. 23 at Raley Field, 400 Ballpark Drive, West Sacramento. United Way expects 1,000 people for the event that will include a fair where residents can learn more about United Way's 140 certified local nonprofit partners, a barbecue dinner, keynote speaker and the River Cats game.

Tickets cost \$30 for adults and \$25 for children ages 10 and under. Residents can also sponsor one of United Way's Fit Kids participants to attend the event for \$30. To purchase tickets, visit <http://www.yourlocalunitedway.org>. Other sponsorship opportunities are available.

"This campaign benefits 140 nonprofits, so you can imagine how many people will receive help because of community donations," said Steve Heath, president and CEO, United Way

California Capital Region. "This event is a great start to the campaign: Guests will enjoy great food, music, a ballgame and the chance to hear from one man making a difference in the area of childhood obesity."

The event keynote speaker will be Teddy Herrera who founded Across America for Childhood Obesity. He recently finished a 10-month, 22,000-mile bicycle tour to raise awareness for childhood obesity across the nation. During that time, he gave more than 500 speeches at schools in more than 100 cities. Herrera's passion for helping youth lead a healthy and active lifestyle began when his father died of a heart attack at age 47. He decided to travel the world, and upon his return in March 2011, he was struck by how American children have a less active lifestyle than other kids around the world. That day he founded his nonprofit and began planning his ride across the nation. He will speak at United Way Night at the River Cats in support of United

Way's Fit Kids project that is working to fight childhood obesity in the community.

United Way is the region's leading provider of innovative solutions on the community's most pressing issues, including high school graduation rates, household financial stability and obesity. United Way's team of nonprofits, businesses, donors and volunteers work together to provide positive, measurable results on these issues through United Way projects: STAR Readers, SenSe-Ability and Fit Kids. Community members can give, volunteer and advocate in support of the causes they care most about, benefiting United Way and hundreds of nonprofits in Amador, El Dorado, Placer, Sacramento and Yolo counties. United Way is an independent, local affiliate of United Way Worldwide. For more information, visit www.yourlocalunitedway.org.

Source: Kristin Thèbaud Communications

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Why We Pay for Water



By Chris Nelson
Public Information Officer
Carmichael Water District

Here are some of the services provided through CWD water rates:

- **Public Health:** CWD's water system assures that you can drink from your tap with the greatest sense of confidence in safety. Our award winning micro filtration water treatment and distribution system protects our customers from naturally occurring and manmade contaminants that can have immediate or long-term health effects.
- **Fire Protection:** In the days before water systems were constructed, devastating fires were a constant threat. Even today, many homes and businesses in rural areas without access to public water systems are under the constant threat of wild fires. In order to protect customer's personal safety and property against fire, CWD's infrastructure must be diligently upgraded and maintained.
- **Local Economy:** Local businesses and new developments

do not succeed without a safe and reliable water supply. For local businesses, tap water is commonly vital to day-to-day operations and often is a primary ingredient in the products and services they provide.

• **Quality of Life:** If you measure the success of our community you will inevitably find that it is tied to access of safe and reliable water supplies. We often take for granted that safe water is always accessible to drink, to wash our clothes, to water our lawns and for countless other purposes. When water service is interrupted everyone affected is reminded of the remarkable value of water supplies and services.

Though many consumers will pay over \$1.50 for a small container of bottled water, many of us don't consider the cost comparison to tap water.

There's no more valuable and critical need than safe and dependable water service.

Tap water is a great value for Carmichael Water District's (CWD) customers. But many of us don't understand what determines our water rates. One thing to consider is that you're not buying the water; you're buying a service: clean, safe water provided 24 hours a day.

River City Chorale Announces Auditions for the 2012-2013 Concert season

SACRAMENTO REGION – River City Chorale, a premier auditioned community adult chorus for the past 35 years looks forward to meeting sopranos, altos, tenors, and basses who can read music and love to sing with an accomplished group 65 singers. We will perform nine concerts during the season in three various exciting programs from Bach to Rock!

Please call 916-489-7248 immediately to schedule an audition, beginning on September 10 at 6:00 pm. For more information, visit www.RiverCityChorale.org



Shed Fire Threatens Duplexes

Sac Metro Fire District Report

SACRAMENTO – On August 8, 2012 at 2:45pm, Metro Fire responded to a reported structure fire at 4724 River College. Crews arrived to find heavy smoke coming from the rear of

a single story residential home. Crews made access to the back of the home to find a small shed, approximately 6 feet by 8 feet in size. The shed was fully engulfed in flames with potential fire spread to two nearby duplexes.

Fire crews quickly doused the flames and extinguished the fire.

The shed and contents were a total loss. However, damage to the nearby duplexes was limited to minor exterior heat damage only. Nobody was home upon arrival of fire crews and nobody was injured in the blaze. The cause of the fire is still under investigation.

Welcome Home Housing Clothing Drive: August 25-September 8

From Lindsay DeFazio

SACRAMENTO REGION– Welcome Home Housing is a non-profit organization in Sacramento, California that provides affordable housing and services to individuals with mental illness. We have four houses conveniently located in the Rosemont area and we provide a variety of services to our residents to insure their success. As part of our fundraising efforts, we have teamed up with

California Clothing Recyclers, a leader of used clothing recycling serving the Sacramento region and Northern California since 1997.

We are looking for support from the community to donate used clothes and other items and we will recycle them for funds for Welcome Home Housing. We can accept the following: clothing including belts and scarves; shoes; hats; purses; sheets and blankets; towels; table linens;

and stuffed animals. We will be accepting donations in plastic bags August 25th through September 8th at one of the following locations (leave items on front porch):

*Sacramento, near Folsom & Watt – 3401 Spartan Way
Carmichael–6448 Stanley Way*

Receipts are available at these locations upon request. Visit www.welcomehomehousing.org for more information.

CalRTA Holds General Meeting

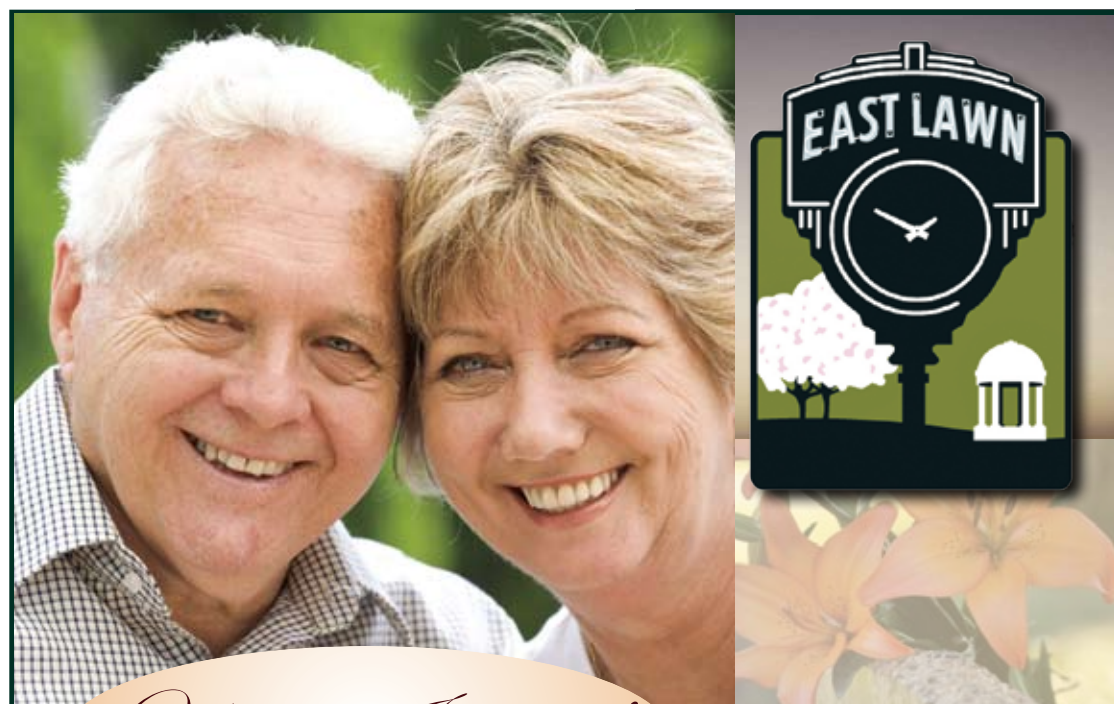
SACRAMENTO REGION – The State Capital Division 5 of the California Retired Teachers Association (CalRTA) will hold its General Meeting, Tuesday, September 18, 2012, at the Casa Garden Meeting Center, 2700 Sutterville Road, Sacramento,

95822. Jan Geiger, a docent at the Crocker Art Museum, will present the various programs, exhibitions and resources that they have to offer.

Social hour is from 9:15 a.m. to 9:30 a.m. The meeting begins at 9:30 a.m. and lunch is

served at 11:30 a.m. The cost for lunch is \$16.00 Lunch reservation deadline for Casa Garden Restaurant is September 13, 2012. Please contact Margaret Ishimoto at (916) 391-2411 for lunch reservations. Nonmembers are welcome.

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Tuesday, September 18 (6:30 p.m. to 7:30 p.m.)

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Please note - this is not a sales seminar. "The Privilege of Planning" will be a 30-minute presentation followed by a question and answer period. It will focus on the importance of getting your family involved in the entire process of advance planning and all of the options available. Done properly - at the right time and in the right way - pre-planning can become a privilege instead of a chore. Get valuable information on Veteran's benefits, cremation and burial options and receive a FREE Emergency Planning Guide. Come and learn the steps you can take now to make sure those you care about are always cared for.

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Brokering A Better Healthcare System

Commentary by
Janet Trautwein

The Supreme Court recently affirmed that President Obama's health reform law is indeed constitutional. Supporters of the measure have rejoiced that America may finally be on its way toward achieving universal health coverage.

Unfortunately, the newly upheld law undermines one of the chief means of expanding access to affordable coverage, particularly among small businesses — by threatening to put thousands of insurance agents out of work.

The Affordable Care Act (ACA) requires insurance companies to devote no more than 20 percent of premium dollars to administration and profit. This "minimum medical loss ratio" may seem like a reasonable way to ensure patients get their money's worth.

But it puts the jobs of insurance agents at risk — to their detriment and that of their customers.

Last year, the Department of Health and Human Services ruled that insurers had to count commissions paid to agents as administrative costs.

Insurers responded by slashing commissions. The Government Accountability Office found that commissions for many agents were cut by 50 percent.

Consequently, some agents are leaving the business or downsizing, laying off employees just to keep their doors open. Already, one in five has done so. And that number will likely grow.

Ironically, just when many consumers would benefit from brokers' expert counsel on the healthcare law and its benefits, that same law is winnowing their ranks.

Treating agents as mere

overhead is a mistake. Just ask anyone who's had to buy insurance on their own. Or ask the 75 percent of small businesses who rely on brokers — including many who use them as de facto human resources departments.

Independent agents do more than just sell insurance policies. They help consumers navigate a rapidly changing marketplace and secure the best coverage at the most affordable price. They don't work for insurance companies but for their clients, often serving as consumer advocates when billing and claims issues arise.

The National Association of Insurance Commissioners — which represents state insurance regulators — has called agents "essential" to a functioning, consumer-friendly marketplace.

Take the case of John Walley, an Alabama-based agent. Upon meeting with an 80-year-old client, Walley discovered that she was living alone in a disheveled trailer and spending nearly a quarter of her \$400 monthly income on Medicare premiums. Walley applied for Medicaid for his client, which waived her \$96.40 monthly deductible. He also enrolled her in a Special Needs Plan that exempted her from paying the deductibles and co-pays that kept her from seeing a doctor for 15 years.

Or consider New Jersey agent Thomas Kohler, who intervened on behalf of his client in a hospital billing dispute — and succeeded in lowering the client's medical bill from \$7,000 to \$3,000.

Defenders of the medical loss ratio claim that brokers won't be needed once the health insurance exchanges mandated by the ACA are up and running in 2014. Consumers will then be able to pick from a menu of health plans

on a government website, they say.

But shopping for health insurance is more complicated than buying a pair of shoes online. Consumers are often confused by pages of legalese describing benefits, deductibles, and provider networks. Some may be inclined to make choices based solely on price, which might not be the wisest course.

More importantly, unlike a pair of shoes, a consumer will only find out if the policy "doesn't fit" when he's sick or injured — when it's too late.

In its own programs, the federal government has experienced how difficult it can be to expand access to insurance without agents.

Consider the health law's temporary Preexisting Condition Insurance Program, which was supposed to provide coverage to "high-risk" consumers.

The law initially gave agents no role to play in attracting people to the program. Not surprisingly, very few signed up. Just 18,000 had done so by March 2011 — less than 5 percent of the 375,000 that federal officials expected by the end of 2010.

So the feds enlisted the help of agents. Immediately, enrollment climbed — by 400 percent over the past year and 24 percent over the last few months.

Lawmakers have historically recognized the importance of agents and brokers. And they must continue to do so. Otherwise, brokers will vanish from the marketplace. That would be bad news not just for the patients who depend on them as advocates — but for the broader job market, too.

Janet Trautwein is CEO of the National Association of Health Underwriters.

Mountain Lions "Lady Lions" Cheerleader Auditions

SACRAMENTO REGION – The Sacramento Mountain Lions announced the 2012 Lady Lion Cheerleader Auditions.

Preliminary Auditions will be held Saturday, August 25, 2012 at the Sacramento Youth Football Training Center, 5845 Dry Creek Road, Rio Linda. Registration begins at 10:00 am. To register for Preliminary Audition please complete and print out an application. Please include the audition fee of \$20

(or \$25 at the event) as either cash, check or money order made out to the Sacramento Mountain Lions. This fee is to cover audition costs and will not be returned. To sign up go to SacMountainLions.com

If you plan on auditioning please have application postmarked by Wednesday, August 22, 2012. Send the completed application along with one recent 8x10 headshot and resume to: Sacramento

Mountain Lion's Office, Attn: Lindsay Shoemaker, Director, Sacramento Mountain Lions Cheerleaders, 7700 College Town Drive, Sacramento, CA 95826.

The preliminary auditions will be closed to the public. Finals Auditions will be held Sunday, August 26. Finalists will receive details when chosen. For more information about the team go to SacMountainLions.com

Fabric Event Fundraiser for Ovarian Cancer Education

SACRAMENTO REGION— Attention quilters and crafters! The Sacramento Chapter of the National Ovarian Cancer Coalition(NOCC) is offering a variety of fabrics for their annual fundraiser.

This event will be held at Carmichael Presbyterian Church, 5645 Marconi Avenue, Carmichael, on August 24th from 1-6 pm and August 25th from 10-1 pm. Proceeds benefit NOCC,

whose mission is to raise awareness and promote education about Ovarian Cancer.

Suggested donation is \$2.00 per yard. For further information call (916) 497-1420.



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Sacramento County DA Reports

Recent cases of interest

CASE: Carlos Martinez-Palacios (08/06/12)

CONTACT: Deputy District Attorney Caryn Dubke, 874.7310

District Attorney Jan Scully announced today that 25-year-old Carlos Martinez-Palacios was convicted by jury for the transportation of methamphetamine and possession for sale of methamphetamine.

On October 18, 2011, a Sacramento County Sheriff's Department detective assigned to the California Multi-Jurisdictional Methamphetamine Enforcement Team (CAL-MMET) conducted a traffic stop. The deputy received consent to search the car, which revealed 1 1/4 pounds of methamphetamine.

Martinez-Palacios faces a maximum sentence of 4 years in jail. Sentencing is scheduled for September 6, 2012 at 1:30 p.m. in Department 37 before the Honorable Ben Davidian.

CASE: Jessie Moore (08/07/12)

CONTACT: Deputy District Attorney Jeff Harry, Domestic Violence Unit, 916.874.5873

District Attorney Jan Scully announced today that the Honorable Raoul Thorbourne sentenced Jessie Moore to 32 years to life in prison. Last month, Moore was convicted by jury of attempted voluntary manslaughter and the use of a firearm allegation, discharging a firearm into a vehicle and the allegations of discharging a firearm causing great bodily injury and personally inflicting great bodily injury in a domestic relationship, and being a felon in possession of a firearm.

On August 12, 2010, Moore drove his car to the victim's friend's house on Sea Forest Way to retrieve money he believed the victim stole from him. Once arriving at the house, he parked his car outside in the street. The victim and her friends exited the house, got into the friend's car, pulled the car out of the driveway, and drove down the street. Moore pulled up next to the passenger side of the vehicle and screamed at the victim to give him his money. He then immediately pulled out a large caliber revolver, aimed it at the victim's head, and fired five to six shots into the vehicle. One of the bullets struck the victim in the right rear shoulder and became lodged in her left rear shoulder. Moore then fled the scene and was arrested seven months later in Redding, California.

CASE: Patrick Enloe (08/06/12)

District Attorney Jan Scully announced that Patrick Enloe was convicted by jury of forcible rape, oral copulation, sodomy, sexual penetration, and kidnapping to commit another crime.

Over a four year time span, Enloe lured multiple women into his vehicle under the pretense of prostitution and drove them to an isolated area where he sexually assaulted them. With the hard work of the Sacramento Police Department and Sacramento County Sheriff's Department, a serial rapist was removed from the streets.

Sentencing is set for September 7, 2012 at 10:00 a.m. in Department 21 before the Honorable Steve White.

CASE: SSD Deputy Kelly Smith (08/06/12)

CONTACT: Assistant District Attorney Albert Locher, 874-6150

District Attorney Jan Scully announced today that 43-year-old Kelly Curran Smith was sentenced by the Honorable Kevin McCormick following her convictions for identity theft and unlawful possession of a controlled substance.

While a deputy with the Sacramento County Sheriff's Department, Smith befriended the 90-year-old victim. Smith ordered and acquired Hydrocodone (Vicodin) using the victim's prescription information she obtained during a visit.

Smith has enrolled in a drug diversion program on the unlawful possession of a controlled substance charge. She was placed on five years of probation and ordered to serve 120 days on the identity theft charge.

CASE: Andrey Bernik (07/27/12)

PROSECUTOR: Deputy District Attorney Kevin Greene

District Attorney Jan Scully announced today that the Honorable Troy Nunley sentenced Andrey Bernik to 45 years to life in prison.

In November 2011, Bernik was convicted by jury of second degree murder for the April 2006 shooting death of Yury Dovgan. The jury also found true the special circumstance of shooting from a motor vehicle and personal use of a firearm causing death.

SUBJECT: IHSS/SEIU Protestors (07/26/12)

District Attorney Jan Scully announced today that her office has declined to file charges against the group of protestor cases arising out of protests over budget cuts to the In-Home Supportive Services (IHSS) program.

Scully stated that although the protestors technically violated the law by their conduct at the Capitol, they were not violent and did not resist arresting officers.

In this time of limited resources for the District Attorney's Office, the county, and the courts, these cases do not warrant prosecution and so prosecution is declined in the interest of justice.

Scully complimented the CHP on their professionalism in handling the protestors and stated the arrests were appropriate to address the protestors refusal to leave the Capitol building.

Lay Off the Bottle

Commentary by
Jeff Feldman
Blue Ridge Press
Reprinted by permission

What consumer beverage out-sells milk, beer and soda, costs more than a gallon of gasoline, and is now being banned from sale in some U.S. National Parks? If your answer was bottled water, give yourself a prize. And for many good reasons, it's time to lay off the bottle!

First off, what marketers claim is pristine and healthy is not what it seems. Nearly half of all bottled water is filtered tap water. This includes Coke's Dasani and Pepsi's Aquafina. Both are 100 percent "pristine" municipal tap water. These companies bottle taxpayer-supported, low-cost city water and sell it back to consumers at huge profits.

Others, like Nestle's Poland Spring and Deer Park, bottle spring water cheaply sucked from small town aquifers across America, sparking outrage and legal battles over corporate theft of public municipal water rights.

Studies reveal that your water at home is likely just as pure,

clean and healthy (and significantly less expensive) than bottled water. The industry is largely self-regulating, with the FDA exercising minimal oversight over bottled water quality and safety.

Unfortunately, advertising trumps truth: bottled water sales set an all-time record in 2011. We bought 9.1 billion gallons of the stuff! What began as Perrier's niche market in the 70's, is now a moneymaking behemoth and environmental catastrophe. Of the 80 million disposable water bottles emptied every day, only about 20 percent get recycled; the rest end up in the waste stream (bad!) or as litter (worse!).

Many tossed bottles find their way to the Pacific Ocean's floating plastic "Garbage Island". When you consider that all those bottles are made from crude oil, then the Pacific's watery trash heap - bigger than Texas - becomes the world's largest oil spill.

What's a thirsty American to do? The same thing hikers, bicyclists and birders have been doing for decades - carry

a reusable water bottle! Klean Kanteen, SIGG, and Camelbak all make good ones. Reusable bottles annihilate the argument that plastic bottles are a more convenient way of getting your recommended eight glasses of liquid refreshment daily.

If the quality of your home tap water is questionable, try a range of filtering options - from filtering pitchers, to faucet-mounted models or whole-house systems. All ensure quality drinking water.

Consumer demand propelled the rise of bottled water. Declining demand will be its demise. Come on people... are we so blind, so easily fooled, so lazy? Are we so eager to spend our money and scarce resources? This one seems like a no-brainer. Simple economics, better health, and environmental well being all demand that it's time we lay off the bottle!

Jeff Feldman runs GreenPath Consulting, a green building consulting firm in Shepherdstown, WV. Reach Jeff at GreenPathConsulting@gmail.com. ©2012 Blue Ridge Press.

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7 Things You Must Know Before Putting Your Home Up for Sale

Sacramento - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of home sellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market. As this report

uncover, most home sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

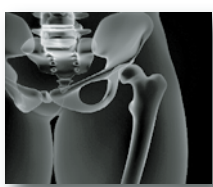
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On July 4, 2012, Stryker Orthopaedics

announced a voluntary **USA Recall** of certain models of its Rejuvenate and ABG II hip implants, leading to increased concern.

Weitz & Luxenberg can help you understand your legal options. For a free consultation please call us today at **1-800-LAW-6789** or visit us on the web at **www.HipDeviceRecall.com**

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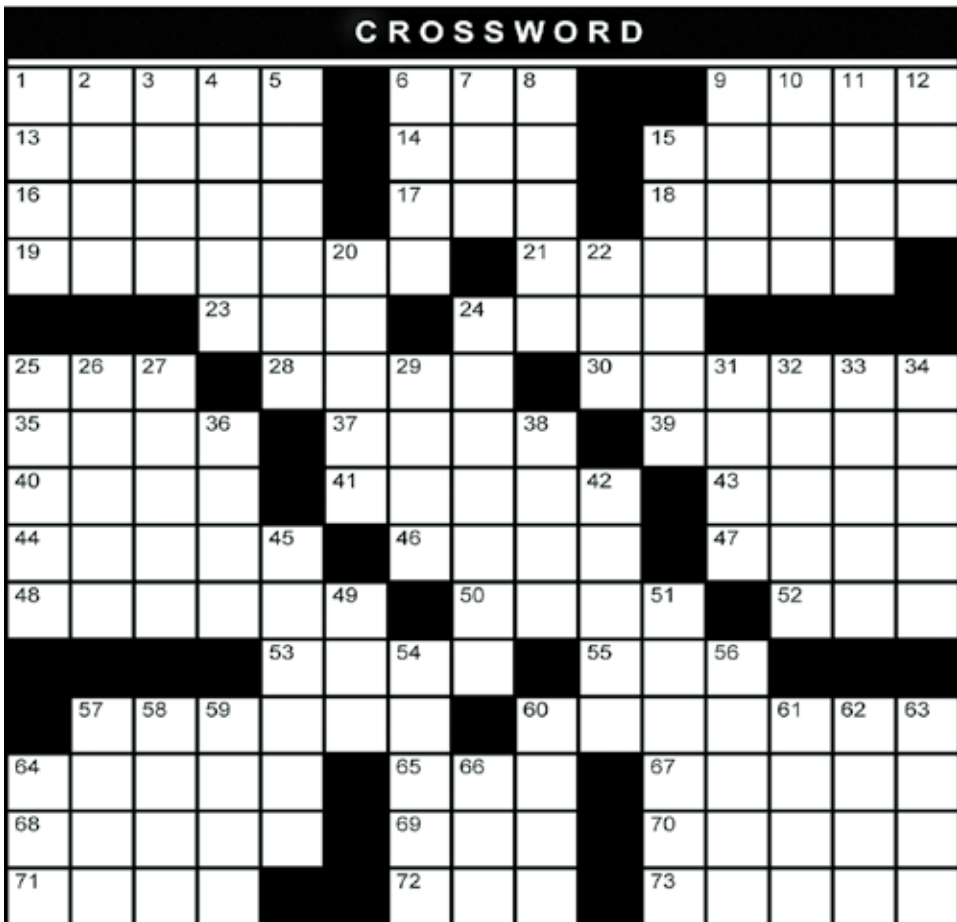
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CLUES

ACROSS

- 1. Whatchamacallit
- 6. Parabola, e.g.
- 9. December 25th, for short
- 13. Receive, as in debt
- 14. Swedish shag rug
- 15. Best of its kind
- 16. Coffee bum, e.g.
- 17. Came together
- 18. *Used in art
- 19. *a.k.a Reading, writing, and arithmetic
- 21. *Elementary school supply staple
- 23. Kum Ba ____
- 24. Genghis or Kublai, e.g.
- 25. Hexagonal fastener
- 28. Private theater box
- 30. Young urban professional
- 35. Singles
- 37. Hamlet or village in South Africa
- 39. Cuts, as in hair
- 40. Outside cover
- 41. "____ Last Night" starring Rob Lowe
- 43. Regrettably
- 44. Erasable programmable

read-only memory

- 46. Certainly
- 47. Hatha or bikram, e.g.
- 48. Stationary part of a motor around which rotor revolves
- 50. The A in the hit comedy "M*A*S*H"
- 52. *Found in Kindergarten classroom
- 53. Reduced instruction set computer
- 55. Pimple fluid
- 57. *____ plan
- 60. *Student's personal domain, pl.
- 64. Less bright then supernovae
- 65. Rocks in a drink
- 67. Physicists Marie and Pierre ____
- 68. Nancy ____ of "Entertainment Tonight"
- 69. As opposed to don'ts
- 70. Carl Jung's inner self
- 71. "The Way We ____"
- 72. Half the width of ems
- 73. Shot at summer Olympics

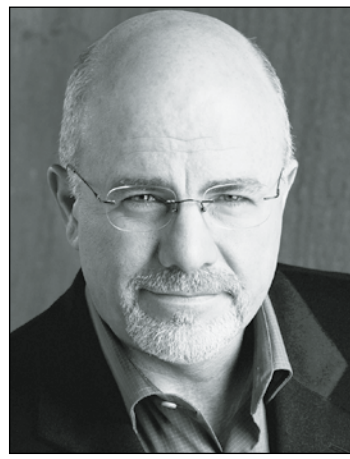
DOWN

- 1. Essence of idea
- 2. 1/36th of a yard
- 3. Harry Potter's mark
- 4. Having no horns
- 5. Trying experience
- 6. Coat of ____
- 7. It comes dark or marbled
- 8. "____ 22"
- 9. Roentgen's machine
- 10. Popular Japanese soup
- 11. End of prayer
- 12. Sun in Mexico
- 15. Jimmy Carter farmed this
- 20. Valerie Harper's role, 1974-1978
- 22. Solar beam
- 24. Beat Generation pioneer
- 25. *Students must learn how to take these
- 26. Unfit
- 27. Earth in Latin
- 29. Loads
- 31. Elizabeth Gilbert's "Eat, ____ Love"
- 32. Sitcom trial
- 33. Idealized image
- 34. *English homework

36. *Famous dog in basal readers

- 38. Make like a cat
- 42. Pace of music
- 45. Breadcrumb, e.g.
- 49. Site of next summer Olympics
- 51. Popular North and Central American shrubs
- 54. Like a hurtful remark
- 56. Malodorous mammal
- 57. Mother ____
- 58. At any time
- 59. *Popular seasonal lure
- 60. Is it really more?
- 61. One of Great Lakes
- 62. Frost residue
- 63. *Taken at teacher's request
- 64. Betty Friedan's org.
- 66. Swindle

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover and EntreLeadership. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Get the Brother-in-law Out!

Dear Dave,

My 27-year-old brother-in-law moved in with us some time ago. He doesn't have a job or contribute anything in terms of helping around the house or with bills. I think he needs to move out, but my wife isn't so sure. She complains about the situation to me, but if I say anything, it makes me the bad guy with her family. How can I convince her?

- Chuck

Dear Chuck,

I think you need to sit down with your wife, not all the other players, and gently explain to her that you're just enabling his bad behavior by allowing things to continue this way. Responsible adults don't behave like bums, and I don't give a flip what the rest of the family thinks. It's your house, and this issue is between you and her. You two are the only ones having to deal with this, so it's really easy for others to chime in about what should happen. But hey, if they're so concerned with the guy having a place to stay, maybe one of *them* should take him in. I'll bet that idea would shut them up in a heartbeat!

I'm not advising you to just kick the guy out, but maybe you could formulate a plan that will give him a little time to get back on his feet. Have a loving talk

Dave Says

with him about the situation, but let him know things can't continue on the same path. Let him know that within 30 days he has to have a job, and 30 days after that he has to move into his own place. Write it down on the calendar, if it will help, but make sure he understands why you're doing this and the date he has to move out.

I know these kinds of things can be difficult, but sometimes you have to take the bull by the horns and make something happen. There's no reason it has to become an ugly situation, as long as you and your wife get on the same page and you do things in a helpful and kind way.

- Dave

Baby comes First!

Dear Dave,

My husband and I just finished Baby Step 1, and we have our \$1,000 in the bank for an emergency fund. Our daughter may have to have kidney surgery in the near future. Should we beef up our emergency fund, or move to Baby Step 2 and the debt snowball?

- Noel

Dear Noel,

I know I'm the "get out of debt" guy. I want everyone to experience what life can be like when they're debt-free and don't

have to send their paychecks out the door to creditors every month. But this little girl may need the kind of help only doctors and hospitals can provide. So, for now, let's push the pause button on your Total Money Makeover.

If I were in your situation, I'd pile up as much cash as possible. Live on a budget that's tighter than tight and scrape together every penny you can find. Hopefully, your baby won't need surgery. But if that kind of thing is a possibility, the only smart thing to do is prepare for the accompanying financial hit your family will experience.

Don't feel bad about this either, Noel. If the surgery is necessary, you guys can jump right back in and start your debt snowball after your little girl is healed. But right now, baby comes first. And if you've already got \$1,000 saved, you're off to a good start when it comes to handling things!

- Dave

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| 1 | | 5 | | 2 |
| 3 | 6 | | 7 | 2 |
| 4 | | | 3 | |
| 9 | | | | 8 |
| | 2 | | 1 | |
| | | 3 | 1 | 6 |
| | | 9 | | 8 |
| 1 | | | | |

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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For Solution See Page 7.

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FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05758. Michael P. Melody and Linda D. Melody, both of 5656 Verner Oak Ct. #40, Sacramento, CA 95841 are doing business under the Fictitious Business Name "Carmichael Auto Care" at 6000 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 9, 2012. Publish: July 25, August 1, 8, 15, 2012. CARAUT 120704 8-15-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05256. Michael P. Melody and Linda D. Melody, both of 5656 Verner Oak Ct. #40, Sacramento, CA 95841 are doing business under the Fictitious Business Name "Jireh Enterprises" at 5656 Verner Oak Ct. #40, Sacramento, CA 95841-2066. Filed with the Clerk of Sacramento County on June 20, 2012. Publish: July 25, August 1, 8, 15, 2012. JIREHE 120704 8-15-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05270. Taurus Welding, Inc., PO Box 1082 Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Taurus Welding, Inc." at 5416 Marth Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on June 20, 2012. Publish: July 25, August 1, 8, 15, 2012. TAURUS 120704 8-15-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05019. Gen Velen, 2530 Bell St., Sacramento, CA 95821 is doing business under the Fictitious Business Names "Right Choice Pro Audio & Lighting; Right Choice Studios; My Only Coffee" at 2530 Bell St., Sacramento, CA 95821. Filed with the Clerk of Sacramento County on June 12, 2012. Publish: July 25, August 1, 8, 15, 2012. RIGHTC 120704 8-15-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05758. DeAnna Torres, 4620 Morpheus Lane, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Transformational Hypnotherapy" at 6920 Fair Oaks Blvd. #204, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 9, 2012. Publish: July 25, August 1, 8, 15, 2012. TRANSF 120704 8-15-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05758. DeAnna Torres, 4620 Morpheus Lane, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Transformational Hypnotherapy" at 6920 Fair Oaks Blvd. #204, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 9, 2012. Publish: July 25, August 1, 8, 15, 2012. TRANSF 120704 8-15-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06152. Kellie Cavaricci, 3996 Deer Cross Way, Sacramento, CA 95823 is doing business under the Fictitious Business Names "The Centre; Blue Cove Legal Support Services" at 3510 Stockton Blvd., Sacramento, CA 95820. Filed with the Clerk of Sacramento County on July 23, 2012. Publish: August 1, 8, 15, 22, 2012. THECEN 120801 8-22-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06174. Sharise Luer, 9812 Fair Oaks Blvd. #710, Fair Oaks, CA 95628 is doing business under the

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06177. Pamela G. Qualis, 6330 Cazador, Rancho Murietta, CA 95683 is doing business under the Fictitious Business Name "Elements Next Chapter" at 6330 Cazador, Rancho Murietta, CA 95683. Filed with the Clerk of Sacramento County on July 24, 2012. Publish: August 1, 8, 15, 22, 2012. ELEMEN 120801 8-22-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06165. Jonathon Dimitriadis, 8428 Fair Oaks Blvd., Carmichael, CA 95608 is doing business under the Fictitious Business Name "JD's Appliance, Heating & Air" at 8428 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 23, 2012. Publish: August 1, 8, 15, 22, 2012. JDSAPP 120801 8-22-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06180. The Party Concierge, Inc., 601 Dos Rios St., Sacramento, CA 95811 is doing business under the Fictitious Business Name "The Party Concierge" at 601 Dos Rios St., Sacramento, CA 95811. Filed with the Clerk of Sacramento County on July 24, 2012. Publish: August 1, 8, 15, 22, 2012. THEPAR 120801 8-22-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06156. Ashley Berlin and Melanie Ferreira, both of 6453 Woodhills Way, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name "There's No Place Like Home Care" at 6453 Woodhills Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on July 23, 2012. Publish: August 1, 8, 15, 22, 2012. CORNEJ 120801 8-22-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06321. Xian Li, 231 Picasso Circle, Sacramento, CA 95835 is doing business under the Fictitious Business Name "Amazon Video" at 3320 Marysville Blvd. #A, Sacramento, CA 95838. Filed with the Clerk of Sacramento County on July 31, 2012. Publish: August 8, 15, 22, 29, 2012. AMAZON 120802 8-29-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06379. Son Ly, 10481 Hite Circle, Elk Grove, CA 95757 is doing business under the Fictitious Business Name "Lucky Auto Center" at 5201 Franklin Blvd. #A, Sacramento, CA 95820. Filed with the Clerk of Sacramento County on July 31, 2012. Publish: August 8, 15, 22, 29, 2012. LUCKYA 120802 8-29-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06151. David Christopher Koch, 1003 Folsom Ranch Dr. #302, Folsom, CA 95630 is doing business under the Fictitious Business Names "Tutoring Rocks; Chris Tutoring" at 1003 Folsom Ranch Dr. #302, Folsom, CA 95630. Filed with the Clerk of Sacramento County on July 23, 2012. Publish: August 8, 15, 22, 29, 2012. TUTORI 120802 8-29-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06432. Steven T. Ngo, 3408 Grimshaw Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "STN Realty" at 3408 Grimshaw Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on August 1, 2012. Publish: August 8, 15, 22, 29, 2012. STNREA 120802 8-29-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06376. Ravi Patel, 5546 Kalispell Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name "Motelrenovation.com" at 5546 Kalispell Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County on July 31, 2012. Publish: August 8, 15, 22, 29, 2012. MOTELR 120802 8-29-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06331. Shawn Zausch, 8863 Bluff Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Lauder Photo Supply" at 8863 Bluff Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on July 30, 2012. Publish: August 8, 15, 22, 29, 2012. LAUDER 120802 8-29-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06302. Olga Polednik, 5034 Manzanita Ave. #7, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Kitchens Baths & Beyond" at 5034 Manzanita Ave. #7, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 27, 2012. Publish: August 8, 15, 22, 29, 2012. KITCHE 120802 8-29-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06226. House of Glory International Ministry, 10190 Systems Parkway, Sacramento, CA 95827 is doing business under the Fictitious Business Name "New Life Preschool & Resource Center" at 10190 Systems Parkway,

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06464. Xtreme Endeavors, Inc., 2348 Luciana Way, Roseville, CA 95661 is doing business under the Fictitious Business Name "Xtreme Halloween" at 5400 Dave Ave., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on August 2, 2012. Publish: August 15, 22, 29, September 5, 2012. XTREME 120803 9-5-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06284. Teresa Diana Singleton, 6224 Samoa Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Gokeys Cafe" at 4408 San Juan Ave. #4, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on July 27, 2012. Publish: August 15, 22, 29, September 5, 2012. GOOKEYS 120803 9-5-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06388. Gabriel Garcia, 5450 Jacinto Ave., Sacramento, CA 95823 is doing business under the Fictitious Business Names "Nor-Cal Customz; Nor-Cal Customz" at 6161 Power Inn Rd. #B, Sacramento, CA 95824. Filed with the Clerk of Sacramento County on July 31, 2012. Publish: August 8, 15, 22, 29, 2012. NORCAL 120802 8-29-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06416. Manva Saephan, 2218 Gateway Oaks Dr. #211, Sacramento, CA 95833 is doing business under the Fictitious Business Name "Manh's Photography" at 2218 Gateway Oaks Dr. #211, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on July 23, 2012. Publish: August 8, 15, 22, 29, 2012. MANHSP 120802 8-29-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06078. Lance Mateo, 4368 Anatolia Dr., Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "Pride N' Joy Pools" at 4368 Anatolia Dr., Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on July 19, 2012. Publish: August 8, 15, 22, 29, 2012. PRIDEN 120802 8-29-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06438. Jon Burton Witzelberger, 5431 Kenneth Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "JBW Project Management" at 5431 Kenneth Ave., Carmichael, CA 95608. Filed

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06179. Reenal Chand, 1267 Longshore Dr., Sacramento, CA 95838 is doing business under the Fictitious Business Name "Howe Ave Dry Cleaners" at 1604 Howe Ave., Sacramento, CA 95825. Filed with the Clerk of Sacramento County on July 24, 2012. Publish: August 15, 22, 29, September 5, 2012. HOWEAV 120803 9-5-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06444. Padoo V. Lee, Trustee of PDV Trust, 6807 Bowling Drive, Sacramento, CA 95823 is doing business under the Fictitious Business Name "T&D Fish Products" at 6807 Bowling Dr., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on August 2, 2012. Publish: August 15, 22, 29, September 5, 2012. T&DFS 120803 9-5-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06316. Jared Lungren, 2013 Bailey Circle, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name "Blackwater Mortgage & Realty" at 520 Plaza Dr. #130, Folsom, CA 95630. Filed with the Clerk of Sacramento County on July 30, 2012. Publish: August 15, 22, 29, September 5, 2012. BLACKW 120803 9-5-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06382. Betty A. Bowles, 4789 Manzanita Ave. #23, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Toni Christmas" at 4789 Manzanita Ave. #23, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 31, 2012. Publish: August 15, 22, 29, September 5, 2012. TONICH 120803 9-5-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06364. Nlional Academic Youth Corps, Inc., 9280 Madison Ave., Orangevale, CA 95662 is doing business under the Fictitious Business Name "Sarmoa Silasila" at 2251 Florin Road #126, Sacramento, CA 95822. Filed with the Clerk of Sacramento County on July 31, 2012. Publish: August 15, 22, 29, September 5, 2012. SAMOAS 120803 9-5-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06481. Rosalee D. Yahya, Abdullah A. Yahya, Emad Yahya, and Sandra Yahya, all of 5832 Pepper Mill Ct. #1, Sacramento, CA 95841 are doing business under the Fictitious Business Name "ARES Properties" at 5832 Pepper Mill Ct. #1, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on August 6, 2012. Publish: August 15, 22, 29, September 5, 2012. ARESPR 120803 9-5-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-06481. Rosalee D. Yahya, Abdullah A. Yahya, Emad Yahya, and Sandra Yahya, all of 5832 Pepper Mill Ct. #1, Sacramento, CA 95841 are doing business under the Fictitious Business Name "ARES Properties" at 5832 Pepper Mill Ct. #1, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on August 6, 2012. Publish: August 15, 22, 29, September 5, 2012. ARESPR 120803 9-5-12



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"Silence is Not an Option" for Pastors and Churches

From www.LC.org

WASHINGTON, DC – Liberty Counsel is distributing over 100,000 copies of "Silence is Not an Option," a DVD and printed material set informing pastors and churches about what is permissible regarding political and advocacy activity.

"The church must be empowered to confront the assaults on our culture, our faith, and our freedom," said Mat Staver, Founder and Chairman of Liberty Counsel. "I don't want any pastor, church leader or lay person to say, 'What more could I have done to protect life and liberty?'"

"Silencing people of faith in the public square has always been the goal of those who realize the influence that pastors, churches, and people of faith

have on elections. I want pastors to remove the muzzle and replace it with a megaphone," said Staver. "Pastors and churches have a lot of freedom to address Biblical and moral issues, to educate people about the candidates, and to encourage people to vote. Not one church has ever lost its tax-exemption for endorsing or opposing candidates or for supporting or opposing local, state or federal laws," said Staver.

Churches can educate about political, moral, and Biblical issues. These kinds of issues – whether abortion, marriage, feeding the poor, or any policy issue in the community – are never off limits for a pastor to address from his pulpit, even if politicians are also talking about those issues. "Silence is Not an Option" systematically addresses

the misrepresentations used to muzzle America's pastors and Christian leaders.

"As a former pastor and founder of a public-interest law firm, I can attest first hand to the importance of knowing what the law is regarding the political activities of pastors, churches and non-profit organizations. Liberty Counsel is meeting a critical need by sending out 100,000 action packs to pastors and church leaders across America," said Staver.

Liberty Counsel is an international non-profit, litigation, education, and policy organization dedicated to advancing religious freedom, the sanctity of life, and the family since 1989, by providing pro bono assistance and representation on these and related topics.



A Film Review by Tim Riley

TOTAL RECALL (Rated PG-13)

If you remember, "Total Recall" starred Arnold Schwarzenegger and Sharon Stone in a science-fiction thriller, based on a Philip K. Dick story, about a man with erased memories that come back and trigger all sorts of mayhem.

The new "Total Recall," to be sure, is a remake of the 1990 film, but there a lot of differences, which I will not dwell on because my memory has pretty much failed me and, well, it is time to move on.

What is new is the setting of Earth, in the not-so-distant future, where chemical warfare has rendered most of the planet uninhabitable, with the exception of Australia and the United Kingdom.

Australia is called the Colony because it is a suburb for migrant workers, while the British islands are now called the United Federation of Britain (UFB), the upscale city center, home to the elite and government leaders.

Colin Farrell's Douglas Quaid works in a factory that assembles the robotic police force known as Synthetics, droids that look like cheap imitation Imperial storm troopers on loan from "Star Wars."

Living in the Colony, Douglas commutes to his job in an elevator-like chamber that rockets through the Earth's core in mere minutes. It's a nifty contraption that might be used as a selling point for high-speed rail, though

Riley Reviews

EFFECTS AND ACTION DRIVE THRILLS IN "TOTAL RECALL"

we don't know about the cost overruns.

The landscape in the squalid Colony is reminiscent of the bleak world of "Blade Runner," but here the drab architecture is so gray that it recalls the Stalinist era of unappealing public housing.

In science-fiction movies, life in the future hardly ever looks very promising. I guess if it really looked like a utopian dream, it wouldn't seem all that intriguing or result in a compelling story.

Unfortunately, familiarity with the theme of "Total Recall" does not make for an entirely persuasive account of one man's struggle against the governmental leviathan. But it's still fun to see a dogged guy take on the villains.

But for recurring nightmares, Douglas would probably remain comfortable coming home at the end of the day to his attractive bride Lori (Kate Beckinsale).

Yet, something nags at his conscience, and he pays a visit to ReKall, a company that offers to create pleasant memories with the help of a chemical implant.

The session goes horribly wrong when the ReKall process triggers Douglas' repressed memories of his past life as a secret agent.

Alarm bells go off and the UFB security forces descend on the laboratory. When the dust settles, Douglas has killed about two dozen federal agents in a big shootout.

Forced to go on the run, Douglas quickly learns that there are very few people he can trust, least of all his wife, who turns out to be a highly-trained UFB operative skilled in martial arts

and all sorts of weaponry.

That Douglas is considered a person of interest to the government controlled by Chancellor Coahaagen (Bryan Cranston) is something of a puzzle, because we are not entirely sure for what side Douglas was once a spy.

Because the government run by Coahaagen is so autocratic and ruthless, there is the inevitable resistance movement that the Chancellor's minions are relentlessly seeking to destroy.

The rebel leader is identified as Mathias (Bill Nighy), who is so well-hidden that not even his own operatives know the actual location of his hideaway.

Once on the lam, Douglas is aided in a getaway in a thrilling high-speed levitated auto chase by rebel commander Melina (Jessica Biel).

Apparently, Douglas and Melina had a previous history together, but the chases and confrontations with the opposite forces leave little room or time to rekindle the old romantic flames.

"Total Recall" is heavy on action and great special effects, leaving insufficient time for existential reflection on the troubling implications of the dystopian universe in which the oppressed are trapped under the thumb of the evil Coahaagen.

Fear not, this film is, above all, filled with graphic action and brutal violence, and Douglas Quaid becomes an effective action hero, albeit one without any special or unusual powers.

Visual effects, large and small, represent remarkable feats in "Total Recall," from the complex moving parts of the elevator systems to the simple glowing cell phone implanted in Douglas's right hand.

It matters not at all that logic is sometimes missing, because the end game, sought by director Len Wiseman, is to deliver the action goods.

Well, the director succeeds, even though few of us may recall his movie to any great degree mere weeks from now.



Announcements & Events

AFTER SCHOOL CARE

The Kid's Hang Out After School Program is held at the La Sierra Community Center, Monday through Friday throughout the school year. Kids are in a safe environment where your child can read, do homework, have a nutritional snack, socialize with their friends, and be involved in sports and other activities. Transportation is provided from your child's school to the La Sierra Community Center. Program begins when we pick up your child from school and closes at 6:00pm. The program runs throughout the school year and registration is ongoing. FEES: \$80.00 per wk (4 to 5 days) \$60.00 per wk (any 3 days) The fee includes transportation, supplies, snacks and qualified staff.

For more information, please call the La Sierra Recreation Office at (916) 483-7826

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POPOFF!

with Mary Jane Popp

sports, friends, games, drinking or any other function damage your marriage.

3) I will not abuse you. You will make a vow to limit your marital disagreements to civil discourse. You will learn ways of setting into motion a disagreement protocol to limit the damage caused by nuclear warfare.

4) I will remember special days. You pledge never to forget her special days: birthdays, anniversaries, holidays or any other day special to her. This promise is one of the most important because it gives your wife something special to look forward to when life becomes a little harsh and perhaps a little unbearable.

5) I will honor you. This means in all aspects of your life. Respect is a large part of honor. When you disrespect your wife and family, you are acting dishonorably.

6) I will not steal your joy. You vow to always be concerned for your wife's wellbeing. You vow to make every effort to understand her emotional needs and concerns.

7) I will not commit adultery. You will learn the destructiveness of adultery. This nemesis has destroyed more relationships than any other marital adversary. It is the most difficult to fight and the most difficult from which to recover.

8) I will not be selfish. You will discover the destructiveness of selfishness in any respect. Selfishness with possessions, money, time work, home or life can be destructive to your marriage.

9) I will not belittle you. We stress the importance of family gatherings, how important they are and how important respect for your wife is during these gatherings. If your family has little or no respect for your wife, your marriage is in for some stormy weather, especially, if her in-laws are a big part of your life.

10) I will make every day a honeymoon. Is this possible? Yes, it is. The challenge here is to keep the same or even greater level of intimacy after years of marriage that you enjoyed during the first year. A great deal is mental gymnastics. If you tell yourself you are happy in your relationship, if you tell yourself your wife is beautiful and desirable, you will be better equipped to make this vow a reality. You will be creating positive thoughts relative to your marriage. However, if you convince yourself your wife is less than desirable or that she does not possess the qualities you find necessary in a wife, you will find only discontent, dissatisfaction and destruction.

We are all looking for happiness. Once you realize you and your wife share mutual goals, the path to joy and passion should be but a step away. Take the step. It's all in "Ten Promises" and all up to you. Check out www.tenpromises.com for more information. Just keep in mind; you can make your marriage something special!!!

Join Mary Jane for the KAH! Noon News Monday-Friday and then again for POPOFF 10 PM - Midnight.

TEN PROMISES

What makes for a solid marriage or relationship? Could it be making promises and actually keeping them? That's the key says **Charles Baird** in his book "Ten Promises" Every Man Should Make and Keep. It's how to create the ideal relationship. Sounds simple, but it takes real commitment because, according to Charles, when you break a promise, you not only destroy a part of your relationship, you destroy a part of the goodness that lives inside of you and part of the man you should be. Baird added in my conversation with him on POPPOFF, that the following promises must be indelibly burned into any covenant you share with your wife. So here is how it goes. I promise...

1) I will place no one before you. You make a commitment to place your wife and family before all other wants and desires. You promise to work at your relationship, communicate with each other, and sacrifice when necessary for the sake of your marriage.

2) I will not make you an active widow. This is a promise not to let any activity diminish the quality of your relationship. You will not let

The Law of Unintended Consequences: Many More Lawsuits



Commentary by Tom Scott, Executive Director CA Citizens Against Lawsuit Abuse

Every once in a while, California's voters think they are doing the right thing, but the results do not turn out to be what was intended. This will be the case if they pass the food labeling ballot initiative. Supporters of this initiative recently submitted enough signatures to place it on the ballot this fall.

The trial lawyer who wrote this little gem would like it to be called the California Right to Know Genetically Engineered Food Act. This is likely what will appear on the ballot this fall and on the surface, it would appear to be right in California's wheelhouse.

However, if an initiative is written by a trial lawyer you might want to take a closer look. I certainly understand that people want to know whether the food they buy contains genetically engineered ingredients, but there are two things about this initiative that make me wonder whether this is about knowing what is in your food or actually just a method of creating more ways for trial lawyers to sue.

First, if this initiative was about informing consumers about ingredients, why does it exempt milk, cheese, eggs, beef, pork, chicken, alcohol and food sold in restaurants? It seems strange that the author claims to want to prompt a serious discussion about food yet some of the products people are most concerned about are exempted.

Second, buried deep in the initiative under the "enforcement" section is one of the oldest trial lawyer tricks of the trade: a private right of action, which allows any person to file a lawsuit alleging a violation of this initiative. No government agency will enforce this initiative; it will be a group of lawyers. And what is even more stunning is that, in the words of the initiative, the individual who sues, "shall not be required to allege facts necessary to show, or tending to show, lack of adequate remedy at law, or to

show, or tending to show, irreparable damage or loss, or to show, or tending to show, unique or special individual injury or damage."

What does that exactly mean? It means lawyers can sue anyone selling food without showing that they even violated the law. Under the guise of informing consumers about their food, lawyers wrote this initiative to create a new way to sue small businesses, small family farmers and small grocers. Plaintiffs' attorneys will use this law to file lawsuits and force these small businesses into quick settlements.

We have seen this already with predatory lawsuits alleging violations of the Americans with Disabilities Act. We wanted more access and instead we have gotten more lawsuits. We saw this with Proposition 65. We wanted clean drinking water and instead we have gotten a bunch of trial lawyers shaking down small businesses for quick settlements.

The last thing California needs right now is more lawsuits. Our state is reeling from one of the worst economic periods in its history. Court funding has been slashed. This initiative means one thing: more lawsuits.

This is just another vehicle for greedy trial lawyers. You have a right to know.

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Messenger Publishing Group



Print publications include: Carmichael Times, Citrus Heights Messenger, American River Messenger, Placer Sentinel. All other publications are online.

Carmichael Cactus and Succulent Society

Meeting 9/6 10am

Carmichael Park Clubhouse,
5750 Grant Avenue
Carmichael, CA 95608

**Bob Hamm presents,
"Caudiciform Begonias and
Less Common Succulents".**

Questions: 916-729-3475

**Small Business IRS Tax Workshop
(Presented in the Russian language)**

RANCHO CORDOVA – Owners of small businesses and others interested in starting a new business are invited to attend a workshop offered by the Sacramento Works Business Information Center to learn strategies to grow their business and manage their tax responsibilities.

The workshop is scheduled for:

- August 23, 2012
- 9:00 a.m.–1:00 p.m.
- Crossroads Diversified Services, 9300 Tech Center Drive, Suite 160, Sacramento, CA 95826

FREE workshop that illustrates in a practical manner how the federal and state tax systems apply to small business ownership. This is recommended for all people currently operating a small business or interested in starting one, including sole proprietorships, partnerships, LLCs, and corporations. Workshop is presented by a California Enrolled Agent with materials from the IRS.

**For more information,
call (916)248-8626**

The Genealogical Association of Sacramento

will have its regular meeting on Wednesday, September 19th, at 12:30 PM in the Belle Coolidge Library located at 5600 South Land Park Drive. We will have our annual Sharing and Show and Tell, "What I Did This Summer". It is open to the public. Any questions, please call Melanie Howard 916-383-1221.

DEFENSIVE DRIVING CLASS

Our next Defensive Driving Class will be held on 19 and 20 Sep 2012 from 0930 to 1330 hrs. Class is open only to military retirees/spouses and widows of retirees. Location of the class is the Aerospace Museum of CA on Freedom Park Drive, McClellan Park. Sign up must be accomplished in person in the Retiree Activities Office. For AARP members, cost is \$12. Non-AARP members, cost is \$14. Questions may be directed to our volunteer staff at 916-923-4979, Mon thru Thurs, 9 to 3PM.

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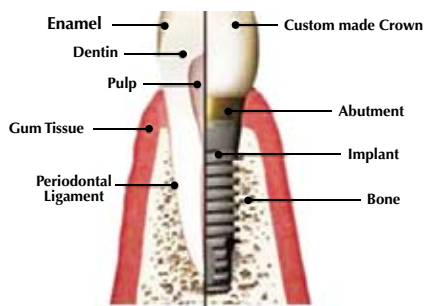
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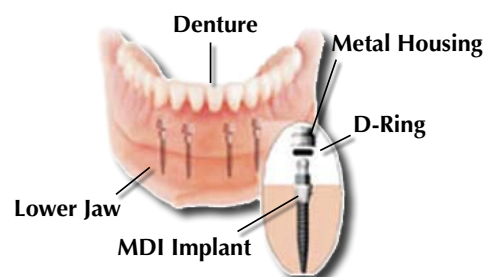
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