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Carmichael Times

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Serving Carmichael and Sacramento County since 1981

July 11, 2012

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Call Center Means 2,000 Jobs

SACRAMENTO REGION – A Pennsylvania call-center operator announced earlier this month that they would open a new facility in the North Highlands area with plans to hire upwards of 2000 employees. The Governor’s Office of Business and Economic Development (GO-Biz) worked with Advanced Call Center Technologies for several months, working to attract the company to California and ultimately identify a site for the center. The state, along with the Sacramento Area Commerce and Trade Organization (SACTO), made a compelling case for California over several other states including Kansas, Florida, Wisconsin and Missouri.

“ACT’s decision to locate in California is the result of our aggressive efforts to compete for major job creating projects,” said Mike Rossi, Governor Brown’s Senior Jobs Advisor. “The state’s jobs team – GO-Biz – and our regional partners are actively working to provide assistance to companies like ACT looking to expand or relocate into the Golden State.” California was one of seven competing states, each offering extensive benefit packages including cash incentives and land. However, because of ACT’s experience with GO-Biz and SACTO, the company maintained a strong interest in opening the center in California if the state could demonstrate that it was financially viable.



Things are looking up for 2,000 potential new hires over the next 2 years in Sacramento County.

The state was able to deliver two major incentive packages that offset the cost of opening the new facility and hiring a significant workforce. The Enterprise Zone program will provide the company with a competitive tax rebate and the Employment Training Panel program will

help pay for the cost of training a new workforce. Once the call center opens there will be 600-900 new jobs with the possibility of ramping up to a total of 2,000 over the next two years. This will be a huge boost to the local economy which will benefit from an expanding workforce

and increased economic activity from the employees. If you are interested in applying for a position with the company, call (916) 263-1878 or visit the company’s website www.acttoday.com.

Source: Governor’s Office of Business and Economic Development

Gas Prices: When Down is “UP!”

SACRAMENTO REGION – Average retail gasoline prices in Sacramento have fallen 3.0 cents per gallon in the past week, averaging \$3.60/g yesterday. This compares with the national average that has increased 3.8 cents per gallon in the last week to \$3.41/g, according to gasoline price website SactoGasPrices.com.

Including the change in gas prices in Sacramento during the past week, prices yesterday were 8.5 cents per gallon lower than the same day one year ago and are 42.0 cents per gallon lower than a month ago. The national average has decreased 15.2 cents per gallon during the last month and stands 21.4 cents per gallon lower than this day one year ago.

After a dramatic decline in gasoline prices in virtually every region in the past month, gasoline prices have started to rise,” said GasBuddy.com Senior Petroleum Analyst Patrick DeHaan. “While I don’t necessarily believe that the recent uptick in crude prices will stick, I also don’t see prices falling considerably lower until after the conclusion of the summer driving season, when demand declines, and more expensive blends are phased out,” DeHaan said.

MPG Rewards
SEE AD ON PAGE 12

SMUD, Partners Kick-off Energy Storage Project

SACRAMENTO REGION – For the next 18 months, 42 Sacramento Municipal Utility District (SMUD) households will help determine what happens when a home is partially powered by a large battery.

SMUD officially launched the project at the Anatolia subdivision, a SolarSmart HomesSM community in Rancho Cordova, California. The \$5.9 million demonstration project will determine how battery storage can help provide extra capacity during times of peak demand, such as the hottest hours during the summer.

The project is funded by a \$4.3 million grant from the Department of Energy, with the remainder coming from SMUD, the California Energy Commission and SunPower, Corp. Under the program, 15 homeowners had large lithium-ion batteries — the technology that powers hybrid

autos like the Toyota Prius — installed in their garages. Another 27 homes will share three batteries located in common areas in their neighborhood.

During the hottest afternoon hours when power is the most expensive, the homes will draw electricity from the batteries to supplement what they get from the grid and from the solar panels installed on their roofs. And late at night, when demand is down and power costs fall, the SMUD grid will recharge the batteries for use the next day.

“The aim of the program is to learn whether or not batteries can ease load demand and provide more electricity when renewable energy sources such as solar and wind power aren’t sufficient,” said SMUD Assistant General Manager for Power Supply & Grid Operations, Paul Lau.

“The project will also help

batteries and rooftop PV available to smooth out our load.” Even though it’s an unfamiliar concept, customers were eager to participate in the program. The pilot was fully subscribed within a week of SMUD holding informational sessions in the neighborhood.

The batteries have been approved by Underwriters Laboratories, which develops safety standards and certification for electrical products. They are the first large, residential lithium-ion batteries to earn the UL seal of approval.

The batteries for the homes are about the size of a mini fridge and can power a home for 2 to 3 hours depending on loads. The batteries being shared by multiple homes are 4-by-4-foot cubes that sit adjacent to distribution transformers and have approximately three times the capacity

of the in-home batteries. Along with the batteries and other hardware, SMUD has installed scores of monitoring devices — in the homes, on the batteries and at a substation — to help keep track of how and when energy is being used, and even how specific weather conditions affect energy use on a minute-by-minute basis. Homeowners also have in-home displays that will show them how much energy they are generating and are using. SMUD grid operators have the ability to monitor and manage these batteries individually or as a fleet through a web application.

“Energy storage is potentially a game changer in our industry,” Lau said. “After this study is complete, we hope to have a much better idea whether energy storage benefits the customer and the utility, and how best to operate the system.”

“We hope to learn what benefits accrue to customers from their ability to shift load to the battery when electricity prices are highest,” Lau said. “And we want to see what benefits SMUD gains from load-shifting and having the



Mary, Mary Voluntary

By Susan Maxwell Skinner

CARMICHAEL – A 94th birthday celebration takes the cake under any circumstances. For volunteer Mary Lucas, two frosted gateaux were deemed appropriate at the Mission Oaks Community Center in Carmichael.

The great-grandmother has dedicated 27 years of volunteer service to the Mission Oaks Park District. Whether in the community center reception area or serving refreshments in the kitchen, her smile is a familiar welcome to visitors. “I don’t know what we’d do without Mary,” said park district program

manager Nancy Pritchard. “She’s always here and she’s always willing.”

Now living in Citrus Heights, widowed Mary is one of that fast-dwindling generation of ladies who cherish good works as a vocation. She first volunteered at the American River Hospital that was across the street from Mission Oaks Community Center. “I worked there for 25 years,” she said. “A friend introduced me to Mission Oaks and I started helping them. I love the people who visit here and the feeling that I am serving the community. I have no interest in retiring – what would I do with myself?”

Volunteer extraordinaire Mary Lucas recently celebrated her 94th birthday with friends at Mission Oaks Community Center. The former Carmichael resident has dedicated many thousands of volunteer hours to local causes. Photo by Susan Maxwell Skinner.

Community Enjoys Fourth of July Parade



Families big and small showed their American pride up and down Fair Oaks Blvd.



Families from Carmichael and all over the region came out to enjoy the annual 4th of July parade.



A big crowd came out and shared the sunshine and the shade to watch the annual parade.

Big smiles, long waves, great families and lots of patriotism lined the street in the heart of Carmichael for the annual Elks parade.



Beauty Queens from the local California Youth Pageant get ready to "do the wave" for thousands attending the parade.

All photos by Paul V. Scholl

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Thank You Carmichael Elks

Recently the Carmichael Elks awarded me their "Citizen of the Year" award for support given to their lodge and the Carmichael community. I am truly grateful for the recognition from the men and women of the lodge.

My contributions pale in significance when compared to what many of them have given our community and our country over their many years.

The Elks Lodge of Carmichael leads by example. With the Carmichael Times I simply do what can to follow their lead.

*Paul V. Scholl, Publisher
 Carmichael Times*



Paul V. Scholl, Publisher being awarded the Citizen of the Year by Elks Lodge Exalted Ruler Barbara Thieman.



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Local Families Sought to Host AFS Exchange Students

SACRAMENTO REGION - AFS, an international high school student exchange program, seeks families in the Silver & Gold area to host high school students arriving this August! Students will be staying for an academic year or six months. Area's with potential hosting opportunities include Citrus Heights, Fair Oaks, Orangevale, Gold River, Rancho Cordova, Carmichael & Sacramento County. Host students like Laura or Mahmoud.

Laura from Germany is one of our Congress Bundestag Scholarship Recipients. Laura considers herself sociable and open-minded, characteristics she hopes will be assets while living in America. Her interest in coming to the USA as a Congress Bundestag scholarship student stems from her interest in English language and her interest in American history, which she says is fascinating. She looks forward to learning more about American history and culture by experiencing it firsthand. Laura is from a larger city in Germany, where she lives with her mother and her father; her half brother is older than her and no longer living with the family. Although she is used to living in an urban environment, she is open to living in a smaller community

while an exchange student in the USA. When not busy with school, Laura enjoys spending time with friends and family.

Mahmoud from Lebanon also one of our scholarship recipients through our YES program and is a sociable, energetic and ambitious person who works hard to achieve his personal and academic goals. He likes to keep fit playing basketball, soccer, table tennis and billiards, and going biking or swimming with friends. He has earned awards for his efforts in soccer tournaments and the local marathon, and also for his talent at poetry. He expresses his creative side through writing, acting in local theater productions, painting, drawing, and cooking. He likes to be in the outdoors and enjoys going fishing. In his free time he can be found watching movies, playing chess or video games, or listening to music. His teacher describes him as a very disciplined student whose motivation in school grows day after day. He is cooperative with his classmates and contributes enthusiastically to classroom and group projects. After graduation Mahmoud plans to pursue a career in Medicine and hopes to fulfill his dream of helping others as a Physician.

Our host families come in all shapes and sizes may include two-parent households with young children or teenagers, single-parent families, families with adopted children, foster parents and couples and single people who do not have children.

AFS students come from more than 60 countries and represent many cultures and socioeconomic backgrounds. Local AFS volunteers enroll students in high school and support students and their host families.

AFS also needs people who are interested in becoming volunteer liaisons to work locally with families and their hosted students.

AFS is a worldwide, non-profit organization that has been involved in international high school student exchange for more than 60 years. Each year, AFS-USA sends more than 1,400 U.S. students abroad, provides approximately \$3 million in scholarships and financial aid and welcomes 2,500 international high school students who come to study in U.S. high schools and live with host families.

There are more than 6,000 AFS volunteers in the United States. Information: afsusa.org; 800-876-2377 or contact your local volunteers like Philip Clarr at (916) 966-8984.



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Organic Food For Life



Dr. Bob Graykowski

however - and a proliferation of chemicals created during WWII were suddenly enlisted to fight the war on bugs.

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To be certified as "organic," foods must undergo strict inspections and meet tightly-regulated growing standards. Candidates eligible for organic labeling include packaged foods and beverages, alcoholic beverages, meat (not fish), produce, prepared foods, bulk products, culinary herbs, herbal dietary supplement formulas, baked goods, dairy and refrigerated products and frozen foods. Fibers such as cotton and wool may also be certified.

The Cost Factor

The adage "you get what you pay for" is particularly true in the case of organic foods. While you may pay more at the checkout counter, you'll save your health in the long run.

How can you offset the cost of organic foods and other products? One way is by purchasing "in season." Other ways to keep prices down, while you strive to keep quality up, include buying locally, in bulk and on sale. Farmer's markets are often brimming with organic bargains.

But the greatest cost-cutter of all is to dist off that green thumb and plant your own garden.

By choosing organic foods, you can substantially reduce your exposure to pesticides and, in turn, improve the quality of your life.

Look to Your Chiropractor For Sound Nutritional Advice

This chiropractic office encourages patients to make nutrition a priority. But, keeping abreast of nutritional research can be a daunting challenge. Although TV, newspapers and magazines inundate us with nutritional information, it's difficult to make sense of all the "sound bites," especially when the messages are contradictory or change over time. And going to the source - medical journals - can be equally as confusing for lay people, if not more so.

If you are confused about conflicting media reports on a specific nutrition topic, please let us know so that we may look into publishing an article on that subject.

Learn more about our community office; Fan us on Facebook! For weekly health tips go to www.applestozen.blogspot.com.

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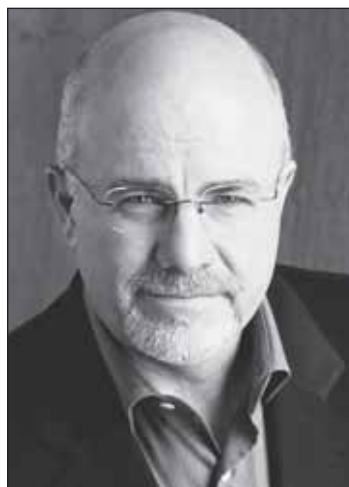
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CLUES

- | | | | |
|---|--------------------------------|---------------------------------------|-----------------------------------|
| ACROSS | 41. ____ attack | DOWN | baseball |
| 1. *Talking board? | 43. Drunken reaction | 1. Crew tool | 32. The lowest deck |
| 6. King or queen ____ | 44. Welsh dog breed, pl. | 2. Used for measuring | 33. "Round up the ____ suspects!" |
| 9. Drink too much | 46. Very bright star | 3. Allergy symptom | 34. *Game of apologies |
| 13. *Poker stakes | 47. Fly like eagle | 4. They go with cheers | 36. Denotes engineer |
| 14. Romanian monetary unit | 48. Eternal, in the olden days | 5. Lash out | 38. Prima donna |
| 15. Sweet tooth addiction | 50. Time distortion | 6. Dull or uninteresting | 42. Plural of "carpus" |
| 16. Novelist Anne and footballer Jerry | 52. A layer in plywood | 7. Poetic "even" | 45. Be inherent in something |
| 17. Landers or Coulter, e.g. | 53. U-____ | 8. Knucklehead | 49. A husk of corn |
| 18. Members of the media | 55. Faux ____ | 9. Wrong ____ | 51. *Blinky, Pinky and Inky game |
| 19. Beat hard | 57. *Opposite of chutes | 10. S-shaped molding | 54. Habitual practice |
| 21. *Type of checkers | 61. Like the Witch of the West | 11. *Football play | 56. *Hockey players do it |
| 23. To ____ a dog on someone | 64. Theater guide | 12. Gaelic | 57. Boozer |
| 24. Brian Urlacher, e.g. | 65. *Highest or lowest card | 15. State of one's emotions | 58. Reproductive structures |
| 25. Beauty treatment site | 67. Found in Boy Scouts | 20. Sell illegally | 59. Indian soup |
| 28. Tibetan priest | 69. Found on a map | 22. As opposed to mishap | 60. "The farmer in the ____" |
| 30. Covered with hairs | 70. 4 qts. | 24. Barn occupant? | 61. Join by heating |
| 35. *Journey from college to retirement | 71. Ship away from harbor | 25. Pizza serving | 62. More |
| 37. Master of his castle | 72. Ants' structure | 26. Edging of small loops, as on lace | 63. Legal right to a property |
| 39. Body center | 73. Finish line | 27. In front of | 66. *Kick it |
| 40. Desktop picture | 74. Attention-seeking | 29. Sound of disapproval | 68. "Never ____ never" |
| | | 31. Right hand column, like in | |

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

This is about Manhood

Dear Dave,
My son has worked and saved all through school and will be graduating this year with a degree in electrical engineering. He has a job waiting for him when he finishes, and he wants to move out on his own then. I think he should continue to live at home and save up more money. What do you think?

- Sue

Dear Sue,
Honestly, I think he should move out. This situation isn't

Dave Says

about money as much as it's about your son becoming a man. At this point in his life it's going to be really good for him, emotionally and spiritually, to stand on his own two feet.

It sounds like you've got some good ideas about saving and financial responsibility, and he needs to take some of Mom's advice in those areas. But it's time he had his own place and started paying his own bills. It's time for this one to leave the nest, spread his wings, and fly. Here's something else to think about. He's going to look a whole lot better to the world if he's out there standing on his own. I think lots of young ladies, not to mention their parents, will be much more impressed by a guy who's making his own way rather than living at home with mom.

He's at a point where he's reaching for dignity and trying to make his way in the world. Let him do it. I've got a feeling he'll make you proud!

- Dave

Whole Life for Adult Kids?

Dear Dave,
My husband and I have about \$50,000 in debt. It started piling up several years ago when one of our sons was injured. He's 33, his brother is 23, and we've

got whole life insurance policies on each of them. The combined cash value of the policies is about \$21,000. Should we sell them in order to help pay down our debt?

- Lori

Dear Lori,

You're not responsible for the final expenses of a 33-year-old or a 23-year-old. And the fact that they're your sons doesn't change anything. Whole life insurance is a horrible investment. The rate of return is almost nothing. When someone dies with these policies, the extra money you paid to create the cash value is wasted, because the insurance company keeps the cash value. They only pay out the face value! That's not what I call smart investing.

If it were me, I'd cash in both of the policies immediately. Now, if either of them has become uninsurable and you want to transfer a policy to them, that's fine. Otherwise, they both need to take care of their own insurance and other financial needs. You guys are staring at a lot of debt, and \$21,000 will go a long way toward cleaning up that mess. Cash them in!

- Dave

*For more financial help, please visit daveramsey.com.

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3				2	6	
8		9	5			
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	2	4		7	8	3
7	5	8		3	9	
	5			9	2	
			8	4	5	
7	3				9	

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!



For Solution See Page 7.

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July 14th 5:30-8:30 pm

"Force of Nature"
acrylic, by Sheilla Jacobs
2012 Inner Views Best of Show

Call to Artists Magnum Opus XXIII
Entry Dates, July 20-21, 2012
Entry Forms: www.sacfinearts.org
Click "Call to Artists"

SFAC Childrens Summer Program Continues
New Session Each Week Through August 10th

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Hours: Tuesday 11 am-7 pm, Wednesday through Saturday 11 am-3 pm.
www.sacfinearts.org

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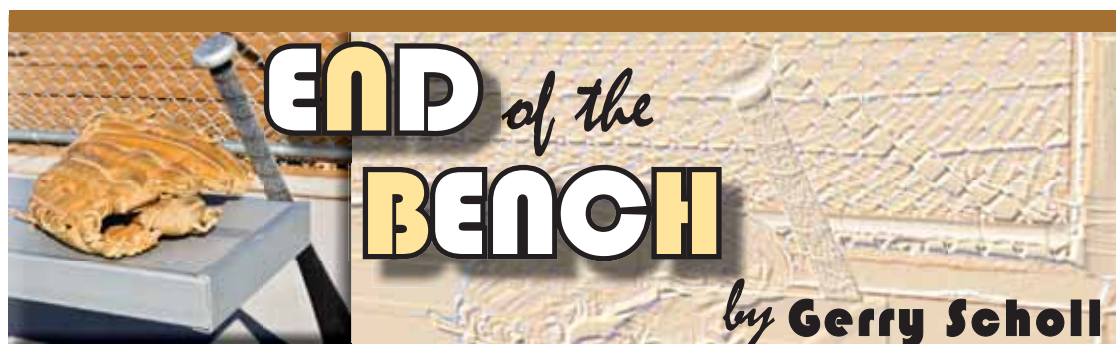
July 17 - Aug 4, 2012



Ceramic by Lee Kavaljian.

No WASH Monthly meeting:
Next Meeting September 10th

No NCA Monthly Meeting:
Next Meeting September 12th



It All Comes Down to This

My office is pretty tiny. I sit here in my little space — which also functions as an extra bedroom (a twin bed against the wall where I spread out my papers and notes), a library (a bookcase), a coat closet (four hooks on the door), an atrium (four plants on a small dresser) and a mudporch (a mat to wipe your feet) — once a week, pondering the wide, wide world of sports.

Roger Federer's "office" is manicured grass (though a bit worn in certain spots) in the heart of a deluxe, first-class, venerable stadium, full of top-notch accommodations and amenities, with many assistants attending to his every need. He does his work before royalty and dignitaries, and thousands of adoring well-to-do admirers.

My office is a stuffy room in the back of our rented home, but if I open the window and the window in the kitchen I can get a little bit of cross-ventilation. Roger's "office" is Centre Court at the All England Lawn Tennis and Croquet Club at Wimbledon, England. He gets a little sweaty on the job, too, but has people running to him with towels and liquid refreshment. Things just aren't the same for everybody...

The Swiss tennis star won his record seventh men's singles title at Wimbledon, Sunday, tying him with Pete Sampras, by defeating Great Britain's favorite son, Andy Murray, 4-6, 7-5, 6-3, 6-4. It was also Federer's record 17th Grand Slam title and restored his No. 1 ranking in what he called "a magical moment." He had reached the final by defeating previous No. 1 and nemesis Novak Djokovic (only one win in the last seven

meetings) in the semifinals. Days before the tournament the champion had an opportunity to show his twin toddler daughters the grounds with nobody around. He thought it was "cute" to watch them run around on the grass at Centre Court and play at the net, and treasured the chance to "show them where Daddy goes to the office."

It was one of many great days on the job for Federer, but for Murray it was an incredibly emotional disappointment. Trying to win his first major, Murray was the first British player to reach the final since 1938. Federer has long been a favorite at Wimbledon, but with the arrival of Murray in the final there was a shift in allegiance. Murray's tearful post-match talk was greeted with roars from the partisan crowd inside the stadium and by the thousands outside watching on the big screen.

The Williams sisters, Serena and Venus, have been sharing office space at Wimbledon for years. Serena won her fifth women's singles title, 6-1, 5-7, 6-2 over Agnieszka Radwanska (spell check), Saturday, matching her sister's total. The siblings teamed to win the women's doubles title, also for the fifth time.

The working environment was pretty nice for all those cyclists in the Tour de Farce over the weekend. When I checked in on the action early Saturday on the tube, I was more enthralled with the beautiful French countryside than with the race. I'm not too up on my cycling knowledge, though it is all pretty impressive and the people there obviously love it big time.

I have trouble overcoming the

cynic in me, therefore "Farce," rather the "France." It seems it is usually just a matter of time until cycling winners are busted for cheating.

Working conditions were not quite so great for the northern California baseball teams.

The Oakland Athletics must have thought they had ventured into Alfred Hitchcock's work space on Sunday. Flocks of seagulls threatened to overrun O.co Coliseum, hovering so low that they distracted from play on the field. Their typical post-game feast was being delayed by the almost-four-hour extra-inning affair.

Josh Reddick, the A's first-half team MVP with his 20 homers and 43 RBI, decided to break things up in the 13th inning with a run-scoring double before he got his eyes gouged out by The Birds. The 2-1 win was the eighth walk-off victory for the A's (most in the majors) and evened their record at 43-43 at the All Star break. Reddick was honored by his teammates with double Gatorade dousings and twin shaving-cream pies in the face during post-game interviews. Those goofy ball players...

For the San Francisco Giants, the road was not kind. They finished a 1-5 trip with a 13-2 drubbing at the hands of the revitalized Pittsburgh Pirates, who lead the Central Division with the second-best record in the National League (48-37). Struggling two-time Cy Young Award winner Tim Lincecum (3-10) lost again and has the worst ERA (6.42) among qualifying starters in the league. He needs to go back to the office and work on a few things.



Announcements & Events

SUMMER CAMPS 2012

See website for info on:

Summer Camp Registration and Waiver
Start Your Summer Now Packet
Summer Camp Fieldtrips

Summer Camp Frequently Asked Questions

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See Community Events at our website for complete list of Summer Events!

ADOPT A PARK

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Contact Tracy Kerth
for more information!

CAPRA PARK SITE

RFP - REQUEST FOR PROPOSAL
The District is seeking proposals for the CAPRA PARK SITE located on Kenneth Avenue in Carmichael! See website for more information!



SUMMER CONCERTS IN THE PARK

See website for more information

For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.



Summer Motorcoach Fun

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Time to Show Your Spirit Carmichael!

CARMICHAEL – The Carmichael Chamber of Commerce has joined with the Sacramento River Cats to offer a special price at “Carmichael Community Night” at Raley Field, Friday July 13th, when they play the Las Vegas 51s. The game begins at 7:05 pm.



The Sacramento River Cats, an Oakland A's affiliate, is currently at the top of the standings. They have shown tremendous fire-power in their lineup and have shown off some great pitching this season.

On Friday the 13th the River Cats are offering \$1 hot dogs and deserts. This makes it an affordable night out for the entire family, or a really cheap date with thousands of your closest friends.

You can get your tickets, priced at a discount of only \$13, by calling Linda Melody at the Chamber office at (916) 481-1002 or (916) 203-1681.

Carmichael Community Night is sponsored by Carmichael Recreation and Park District, Mission Oaks Recreation and Park District, the Carmichael Kiwanis and the Carmichael

Chamber of Commerce.

As an added bonus to drive ticket sales to this community event, the Carmichael Times is offering \$413 in free display advertising to the local non-profit organization or business that sells the most tickets for their group, with the minimum of 20 tickets sold. What could be more fun than a warm Friday night at the ballpark with your entire group?

Last year Carmichael won the award for selling the most tickets during the year, over 250, out of all the other local chambers that participated. Get your tickets. Catch the feeling. Have some fun. Show your Carmichael Spirit!



POPOFF!

with Mary Jane Popp

over, and the new husband and wife must now blend their worlds together and see themselves as a team, one that puts the relationship first...above families, friends, and fantasies. He must be a Team Player, with his stability and sense of commitment trumping (but not eclipsing) his sense of fun and adventure. She must be a Relationship Builder, competently handling the new challenges before her and resisting the impulse to run to her friends or mother for constant advice.

part-raising children-is over, many married couples fall into a troubling “now what?” mindset that can lead to boredom, and worst, resentment. It is essential to re-focus on each other, as first happened in Stage 2. The husband needs to be a Revitalizer, a constant well of new ideas for ways to spend quality, intimate time together. The wife has to be a Renewer, taking interest in her husband's hobbies and passions, while recreating herself as someone who fascinates him.

SIX HUSBANDS EVERY WIFE SHOULD HAVE

Is marriage on the rocks? Celebrities last just long enough to get a reality show, then poof...all gone! So why is marriage so fragile? According to Therapist, Corporate Coach, and Author, **Dr. Steven Craig**, there is a way of seeing marriage for what it is...a decathlon, not a marathon. He outlines the most common and dangerous pitfalls at each stage of marriage and he told me on my POPPOFF Radio Show that there are six stages every marriage goes through. The key to a long and happy union is how to adjust our values and behaviors for each...in essence, to become six different people. I know. You are ready for the big six, right? So here goes. In brief, here are the six stages from “*The 6 Husbands Every Wife Should Have*.”

3) THEN COMES BABY. In this, the most difficult and emotionally taxing stage in most marriages, both spouses are required to drastically revise their priorities, values, and goals. He must be an ally, who realizes that the new member of the family is as much his responsibility as his wife's, from daycare to diapers. She becomes Chaos Control Manager, who understands that a positive atmosphere at home is the most important thing for her baby, and she can always tell a real crisis from a false alarm.

6) THE GOLDEN YEARS. This is when the roller coaster is slowing down and the end of the ride is in sight. Nothing is more important than being a dependable Companion, the role that must be equally fulfilled by both husband and wife now. With patient caretaking and a bit of selective amnesia, the final years together can be the most joyous of all.

4) FAMILY TIES. The dust has settled, and if they made the necessary changes, husband and wife have made it out of Stage 3 in one piece. Now the focus is on running the family as a well-oiled machine. The husband becomes the Family Man, shifting from explosive bursts of energy and endurance to measured expenditures of work and wisdom, careful not to burn out while still meeting obligations. The wife becomes the Chief Operations Officer, learning to perform an awe-inspiring juggling act that is the key to the machine running smoothly.

Dr. Craig has crafted the only toolbox needed to build a lifetime of wedded bliss in “*The 6 Husbands Every Wife Should Have*.” You can check out his website at www.drstevenraig.com. He is also host of “Therapy Thursdays” on one of Detroit's top rated morning shows. Six steps. That doesn't seem too difficult. But I think he neglected one aspect for every one of his steps. It's called commitment. The piece of paper you both sign means nothing if you are not really committed from the heart to making a go of your life together! Believe me I know. Rick (my loving husband) and I have had 41 great years together and commitment is the key!

5) EMPTY NESTING. Now that the hardest and most thrilling

Join Mary Jane for the **KAHI Noon News Monday-Friday and then again for POPPOFF 10 PM - Midnight.**

Writer's Group Announces 2012 Write to Inspire Conference

SACRAMENTO REGION – Inspire Christian Writers group announces the 2012 Write to Inspire Conference to be held at First Baptist Church in Elk

Grove, on Friday, July 20 and Saturday, July 21. Guest speakers are Literary Agent Chip MacGregor and New York Times bestselling author, Susy Flory.

Attendees will learn how to write powerful book proposals and how to bring their words to life. For details, see www.InspireWriters.com.



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1) GETTING STARTED. This is when it is essential to honestly assess the long-term viability of the relationship, and to avoid lopsided “compromises” that will be poison in the future. The husband-to-be ought to be a Good Catch, young at heart but mentally and physically strong, while the wife-to-be needs to be a Girl of my Dreams, full of energy and life while remaining grounded about who she is and wants to be.

2) THE OYUNG MARRIED COUPLE. The honeymoon is

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Photos courtesy of Getty Images

Get Ready for Some Serious

FAMILY FUN



When making a decision like where to spend your time and money, most people say it helps to have some input from people they know and trust.

A recent Bing survey found that

- More than 90 percent of respondents are likely to seek the opinions or advice of friends and family as part of their decision-making process.
- More than 90 percent of respondents will even delay a decision in order to first get input from family and friends.
- More than 75 percent of respondents report they are likely to solicit opinions or advice from their online social networks — 44 percent get the most useful recommendations on travel and restaurants from Facebook and/or Twitter.

When you're looking for new ways to make some family fun time, find out about how to get those trusted opinions from your friends, plus new ideas and the best of the web recommendations at www.Bing.com.

FAMILY FEATURES

In today's hurry-up world, many families are looking for ways to slow down a little and spend some quality time together, just having fun. The good news is that it doesn't have to cost a lot of money, and you don't have to go very far to have a great time.

Here are some ways your family can make the most of family time and have some serious fun.

Become day trippers.

Feel like getting out of town, but don't want to go far? Try a family day trip.

- **State parks** — You can go on a hike or bike ride, have a picnic and enjoy the great outdoors on your own, or participate in events such as fishing tournaments, wildlife education, moonlight walks or star gazing talks.
- **Nearby cities** — Play tourist in a city that's close by, but you haven't been to before. Check out the local shops, museums, parks and restaurants — you may be surprised at how much there is to do. Get suggestions from your friends using Bing's new social search features; someone you know may have recently been there and have some great ideas. Or you could find people who are experts on that area and can help you find the perfect place to visit.

Have some homegrown fun.

You don't have to go to one of the big theme parks in another state to have a great time.

- **Carnivals and street fairs** — Get in on some old-fashioned fun and make the most of these hometown celebrations. The kids will get a kick out of it — and you may feel like a kid again yourself.
- **Local museums** — Art, history, science, kid-themed and quirky — there are all kinds of museums just waiting to be explored. Keep an eye out for special exhibits and family events. Many museums have free days and no- or low-cost activities and classes you can all do together.
- **Free movie screenings and concerts** — Some parks and rec departments and shopping centers have family movie and music events. Take a picnic dinner, go early and enjoy some free family fun.
- **Backyard camping** — Pitch a tent or two and spend the night under the stars. Grill dinner, or make s'mores over the fire pit, and "rough it" together without ever leaving home.
- **Geocaching** — If you've always wanted to go on a treasure hunt, geocaching just might be for you. You use a GPS-enabled device and clues to navigate to a specific set of coordinates in order to locate hidden containers. Search online for geocaching near you.

Help your community.

Serving together is a fun way to grow closer to each other and make a difference where you live.

- **Charity events** — Sign up to help with or participate

in a charity race. From planning and organizing, to checking people in, setting up water stations and actually racing, there are plenty of ways you can help make a fundraising event a success.

- **Urban and community gardens** — Sowing, watering, weeding and harvesting — there's always something that needs to be done in a community garden. Even the littlest ones can have some fun doing good.
- **Work days** — Shelters, schools and churches often need a helping hand to keep their buildings clean and in good repair. Your family can pitch in to take care of the facilities that help so many people.
- **Make a difference in your neighborhood** — DoSomething.org and Bing have teamed up to inspire people to "do good" in their neighborhood by hosting various events across the country this summer. Visit bing.com/doing to see if they'll be stopping by a neighborhood near you, or learn how you can participate online. Perfect for the teen in your life, these events don't require money, an adult, or a car to participate.

Be hometown foodies.

Discover your inner "locovore" by exploring all the different ways to enjoy locally produced food.

- **Farmers markets** — From apples to zucchini, you can find just about any kind of fresh produce, as well as bread, honey, herbs and more. Take your time, try some samples and talk to the vendors about their goods. Bring home some fresh ingredients and experiment with new recipes.
- **CSA** — Community Supported Agriculture groups bring the local harvests to you. For a set fee, sometimes paid in full up front, sometimes paid weekly with pickup, you get a generous selection of whatever is in season. The options change each week, which means you get a tasty surprise.
- **Restaurants** — Try that new restaurant down the street, or the one you've driven by a few times but have never been to. It can be a culinary adventure and a great way to support the local economy. If you're not sure where to go, or if you want to know if a restaurant is good, look it up on Bing.com and check out the new feature which allows you to do this all in one place. It shows you reviews from across the web, location maps and directions, as well as interior shots — you can make a reservation, find where you're going and see what it's like, all without leaving your search page.



A Case in Point

The Case of the Charging Cow

By David Graulich, Esq.

The concept of "strict liability" was once described by famed trial lawyer Gerry Spence in a closing argument to the jury. Spence was suing an energy company, Kerr-McGee, regarding alleged accidents at a nuclear plant. "If the lion gets away, Kerr-McGee has to pay," Spence told the jurors.

In other words, if you engage in an inherently dangerous activity, you are liable when something bad happens — even if you weren't negligent. Keeping a lion in your yard, or operating a nuclear plant, or manufacturing dynamite, are all inherently dangerous activities. If someone gets hurt, you have to pay.

In some personal injury cases, the question of whether strict liability applies can be the dominant issue. That brings us to the injuries suffered by a 46-year-old man named Nelson Thomas.

Mr. Thomas was riding his Triumph Tiger motorcycle on a one-mile-long private paved road that connects several houses with Chileno Valley Road in Marin County, near Petaluma. He was en route to visiting his aunt and uncle, the Bentleys, whose house was accessible only by the private road. There was no fence along the private road, which was an easement for shared use by the houses that would otherwise be landlocked.

Another family, the Stenbergs, used the grazing land adjoining the private road to raise Black Angus cattle on their ranch, the E Lazy S. As Mr. Thomas drove through the Stenbergs' property, he noticed a black cow in the shadows about 30 yards to the left. He slowed down, thinking the cow intended to cross the

road. Instead, she starting coming right at him and he applied the brakes. The cow put her head down and crashed into his gas tank and his shoulder. Mr. Thomas was thrown over the handle bars and landed on his left shoulder; the motorcycle was lifted in the air and crashed on its left side. Mr. Thomas needed surgery on his shoulder, while the motorcycle was a total loss.

The cow, whose name was Annie, belonged to Erland and Maryann Stenberg. Mr. Thomas sued the Stenbergs, claiming that they were strictly liable as result of the inherently dangerous activity of raising cattle.

The Stenbergs won the first round when the trial court dismissed the case. Mr. Thomas appealed, and the matter went before the First Appellate District in San Francisco.

The Court posed two key questions: 1) As a species of animal, were Angus cows inherently dangerous? 2) If not, did this particular cow possess dangerous propensities that the Enbergs should have known about?

A veterinarian was called to testify by Mr. Thomas. Annie was pregnant, he said, which contributed to her aggressive behavior. Beef cattle tend to be less docile than dairy cattle. Herefords are more docile than Angus, and Red Angus tend to be more docile than Black Angus. He also testified that a 1,200-pound cow is capable of using its head to butt up against a motorcycle and throw it in the air.

On cross-examination, the vet said that even within various breeds, cattle behavior varies from cow to cow. One can see a whole range of behavior, from

aggressive to mellow, in cows of the same breed. The vet admitted that he did not examine Annie, nor did he know whether Annie had displayed dangerous propensities in the past.

When the court announced its decision, the judges affirmed the trial court and dismissed the case. Annie and the Stenbergs had won again.

"Cattle consist of species which are not regarded as inherently dangerous," the Court said. The Plaintiff presented no evidence concerning Annie's individual propensities. Although livestock owners owe a general duty of care to prevent stray animals from entering public roads, this lawsuit concerned an easement shared by several parties, who collectively had done nothing to curb a herd that grazed regularly on both sides of the road and has done so for decades. The Stenbergs were not liable for Mr. Thomas' injuries or financial loss.

Afterword: The case in which Gerry Spence used his "lion" metaphor involved the death of Karen Silkwood, a Kerr-McGee employee. A 1983 film starring Meryl Streep, "Silkwood," was based on this case.

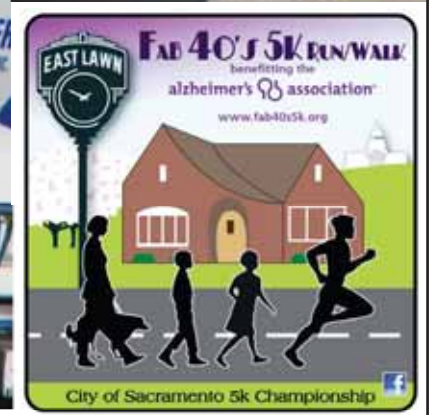
David Graulich, Esq. of Fair Oaks is an attorney with The Law Firm of Tim O'Connor. David welcomes comments on "A Case in Point" columns at (916) 932-2312 or by email: David@timoconnorattorney.com. This column is not intended as an offer of legal advice. Contact a qualified attorney to obtain advice with respect to any particular issue or problem.

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