



Time to Cheer On Local Swimmers Going for the Gold!

Page 12

PLUS: Sacramento County DA Reports: Recent Cases of Interest

Pages 5, 8

Carmichael Times

Volume 32 • Issue 23

Serving Carmichael and Sacramento County since 1981

June 6, 2012

Bill Walker of "The Indie Times" Wants to Empower People to Follow Their Passions and Dreams



Page 2

Lauren Forcella's Art Show to Benefit Straight Talk TNT, Nonprofit for Youth



Page 4

Retired Teachers Keep on Giving



Page 9

MPG Rewards
SEE AD ON PAGE 11



Scan our QR Code for a direct link to our online edition!

PRESORTED STD.
US POSTAGE
PAID
PERMIT 350
Carmichael, CA
Change Service Requested

Carmichael Geranium Society Bows Out



Late bloomers. Volunteers from Carmichael's famous Geranium Society at their recent spring festival. A 20-year-old community pillar, the group will disband this summer. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL - It gave us the Lady Carmichael geranium; marketed the first yellow hybrids and taught us pelargonium cuisine.

For 20 years, the Carmichael Geranium Society staged spring festivals that had fans fighting for specimens. The final sale was last month. The society - once the world's largest geranium club - will disband this summer. Added to our boarded up bowling alley and vanishing family businesses, Carmichael Americana is suffering yet another loss.

Because recent elections found members unable or unwilling to fill board positions, the

geraniatas last month reluctantly voted to throw in the towel. "It was a sad decision," said the group's horticulturalist Donn Reiners (75). "When I joined the club nine years ago, I admired its vision."

Explained president Jean Prather: "It was a group of wonderful people who didn't just love geraniums; we loved the community and served it."

Armed with small shovels and big hearts, members performed two decades of local volunteerism. They maintained public gardens; they donated park benches, picnic tables and trees. They planted flower beds and helped build a garden for the blind at

Jensen Botanical Gardens. For Carmichael's centenary, Reiners produced a "Lady Carmichael" hybrid that became a community icon. Later the club located and nurtured a few sick specimens of a "First Yellow" geranium (originally developed in Australia) to market the first of this rare hybrid in North America.

In its hey-day, membership topped 150. About 60 green-thumbeders are still on the books.

The decline is the melancholy malaise of modern times: busier lifestyles and waning leadership energy has stunted garden clubs all over the world. American geranium fans are additionally cursed by bans on European

imports (the plant can harbor a potato virus), while specialized USA nurseries cannot compete with big corporate stores that offer cheaper, hardier strains. "In the 1960s, there were five geranium nurseries in easy reach of Sacramento," laments Reiners. "Now only one grower is left in North America and she's in her late 60s..."

After two more summer meetings, Carmichael's Geranium Society and its jostling, fragrant festivals will be no more. "Some years, we had 1500 people through the doors in five hours," recalls Reiners. "When we introduced Lady Carmichael, we sold 600 plants in less than an hour. If we could have grown more, we would have sold four times that number."

As long as flowers bloom, the future is not all bleak. Society faithfuls will still pet and pamper their prize plants and - because the species likes our climate - geraniums will still paint even the drabest Carmichael corners with brilliant color.

Says 17-year society member and former president Bernice Holbert: "I'll always have a place in my heart for geraniums. I have plants grown from cuttings shared with me at meetings. When I tend these, I'll think of the people who gave them to me. Through our gardens, geranium friendships will survive."

Anyone may attend the Society's final meeting at 10 a.m. on June 8. Horticulturalist/photographer "Mr Geranium" Donn Reiners will present a program of his geranium images captured from all over the world. For information, call (916) 485-5322.

Jesuit High School Names Head Varsity Football Coach



New Varsity Coach Marlon Blanton. Photo courtesy of Jesuit High School.

CARMICHAEL - Jesuit High School has named Marlon Blanton as the head varsity football coach starting June 4, 2012. Blanton joins the Marauders after spending the past 14 years as the head varsity football coach at St. Patrick-St. Vincent (SPSV) High School in Vallejo, California.

While at SPSV, Blanton led his teams to seven North Coast Section Playoff Appearances and three Bay Shore Athletic League Titles. "We are thrilled to have Marlon join our faculty and lead our football program into the future," principal Brianna Latko said. "His passion and desire to help young men develop their God-given talent and grow into their best selves is commendable."

Blanton began his football coaching career in 1993 at his alma matter, De La Salle High School (Concord, Calif.). A three year varsity football player, Blanton spent time coaching the Freshman and Junior Varsity Teams at De La Salle before being named Head Varsity Coach at SPSV in 1998. Blanton was named the Bay Shore Athletic League Coach of the Year in 2004, 2006 and 2007.

"Moments and opportunities like this are very rare," said Blanton. "I feel very fortunate to join such a selfless community. Men for Others, that says it all." Blanton will be responsible for all football operations at Jesuit High School including oversight of the three competition teams and will play a supporting role with the Jesuit Junior Marauders for area students ages 6-14.

Jesuit High School of Sacramento is a Roman Catholic college preparatory dedicated to forming competent young men as conscientious leaders in compassionate service for the greater glory of God. Members of any faith or religion are welcome. For more information visit: www.jesuithighschool.org.

Free Workshop to Help Small Business

SACRAMENTO COUNTY - Sacramento County is partnering with other organizations to provide a special free workshop to help small business on Friday, June 8. "Sacramento Business First" is designed for small businesses to get connected with agencies, organizations and experts on how to help your business.

The workshop will feature marketing and social media strategies as well as information on financing tools. Attendees will also have an opportunity to hear the Center for Strategic Economic Research's Ryan Sharp provide an economic forecast. This free event will be from 7:30 to 11:45 am at the Woodlake Hotel, 500 Leisure Lane. If you are a small business owner, I hope you will consider attending.

For more information about the upcoming workshop and to register, please go to condev@cityofsacramento.org.

RT Receives Federal Approval to Enter Final Design Major Milestone Reached for Blue Line Light Rail Extension Project

SACRAMENTO - The Sacramento Regional Transit District (RT) has received approval from the Federal Transit Administration (FTA) to enter final design for the Blue Line to Cosumnes River College (CRC) light rail extension project (also referred to as South Line Phase 2). This major milestone allows RT to advance engineering and design work, and prepare for award of a full funding grant agreement, which will allow project construction to begin in early 2013.

The Blue Line to CRC will extend light rail 4.3 miles from the current terminus at Meadowview Road to Cosumnes

River College. The \$270 million project will add four new stations (Morrison Creek, Franklin, Center Parkway and Cosumnes River College) and is expected to be completed in September 2015. RT received prior FTA approval to begin construction on two major components of the Blue Line to CRC project. Construction of a five-level parking structure at Cosumnes River College began in November 2011, and construction of two light rail bridges began in May 2012.

"RT has successfully overcome many numerous hurdles to reach this critical milestone for the South Line Phase 2 light

rail extension," Congresswoman Doris Matsui

(D-Sacramento) stated. "For many months RT, the Federal Transit Administration, and my office have worked together to get this important project to this stage. I offer my congratulations to RT Board Chair Bonnie Pannell and RT General Manager/CEO Mike Wiley, and I look forward to the benefits that this new line will bring to our region."

For more information about the Blue Line to CRC, visit the project website at www.blueline2crc.com.



San Juan Teachers Reach Agreement to Help Address Possible State Funding Shortfall

SACRAMENTO COUNTY - Officials announced June 4th, that a tentative agreement has been reached between the San Juan Teachers' Association (SJTA) and San Juan Unified School District. The two-year agreement addresses the impacts of continued state budget cuts on the District's operations and includes two furlough days with the possibility of up to 11 additional furlough days depending on final state funding and the outcome of November's initiatives to raise funds in support of education and other essential public services.

"State funding cuts are destroying public education

and damaging the future of California's children," said SJTA President Shannan Brown. "The continued underfunding of education in California has resulted in larger class sizes, fewer teachers, fewer counselors, and shorter school years. Voters must approve the Governor's funding initiative in November."

San Juan Unified faces a \$35 million budget gap heading into 2012-13. The District has taken action to reduce that gap by \$11 million through realignment of programs and services. In a worst-case scenario, the tentative agreement with SJTA will provide an additional \$12.3 million in budget savings leaving \$11.7

million in solutions needed from one-time reserves and on-going discussions with the District's other employee bargaining groups. Non-represented employees including management staff and the Superintendent's Cabinet will automatically take the same number of furlough days as other employees.

The tentative agreement comes after six months of ongoing discussions and formally creates a budget review committee to make recommendations to the Board of Education and SJTA for future consideration in addressing the District's fiscal health.

"Our economy and our state leaders may have created our

fiscal crisis but once again our teachers, counselors and other dedicated credentialed staff have stepped forward to be a part of finding solutions," said Superintendent Glynn Thompson. "While we haven't always agreed, SJTA's leadership has spent the last several months actively engaged in analyzing our fiscal problems and collaboratively developing answers that allow us to continue the implementation of our community-developed strategic plan as our reduced resources allow." SJTA members will vote on the agreement by Friday

Source: SJUSD



Bill Walker, Publisher, The Indie Times. Photo by Julie Parker

By Julie Parker

CARMICHAEL - Can you make a profit from your self-published book or music CD?

"If you're willing to invest in yourself, absolutely," says Bill Walker, Publisher, The Indie Times.

Walker, a classical pianist and composer, has coached both musicians and authors on selling their own products. "I want to empower people to follow their passions and dreams."

He knows firsthand the stress of recording music for the first time, and the importance of creating a platform, and marketing with social media. "Digital marketing is about connecting an artist with the fans. 'Download my tracks. I don't care if you steal it from someone. Come listen to me in concert.' The fan wants to buy the artist's product to support him."

The grunge music scene in Seattle in the '80s was the beginning of the decline of the traditional music industry. Lots of labels are going out of business. Fans are seeing their bands at the neighborhood club, and more intimate venues."

For example, Walker performs piano concerts in homes. "People seated three feet behind me get a different feel than in a large venue. In between songs, they can raise their hand, and blur out a question. I've got a buddy who has made his whole career giving house concerts for 15 to 50 people. He has sold

Investing in Yourself

several thousand dollars a month worth of downloads of either sheet music or mp3's."

Although musicians understand the sweat equity involved in self-promotion, authors haven't quite embraced the concept. "You can't cut corners. If you do, you won't get the same results as the publishers. Whether you self-publish or go through a publishing company, the author is ultimately responsible for selling the book."

Walker offers the following tips for independent authors:

- Define your target audience. Who is going to be receptive to your product?
- Hold a book signing at someone's home, restaurant, or hotel conference room. Nationally, the average book signing in a bookstore sells eight copies, and you have to wait three to six months to get paid. "We launched a book signing at someone's house. Thirty-three people showed up, and she sold 56 books."
- Use social media - YouTube, Twitter, LinkedIn, Facebook - to market directly to fans.
- Produce your book in both printed and ebook (ie., Kindle) form. "You get paid twice. What a wonderful thing."

If you'd rather work with independent publishing companies, do your research. "Sites like Lulu and Create Space offer layout packages, but they're in generic form, which looks like an eighth grade research paper."

Eighth grade or otherwise, schools are faced with budget cuts, and need to make tough decisions, usually with art programs taking the hit. "It becomes our job to teach kids the arts. How can you possibly learn how to problem solve, and create as an adult, if you don't understand the arts at all as a kid?"

The Indie Times (theindietimes.com) was created to assist independent artists in all artistic genres, including dance, fine arts, film, and theater, with a global platform. It allows indies to connect in a myriad of ways, through its news, reviews, industry tips, and events announcements.

"I want to leave a legacy of a world full of successful, independent artists," says Walker. "A thousand years from now, society will be judged from the words it has written, the songs it has sung, and the art it has created. It's all storytelling."

Share your story.

Vacation Bible School

June 11-15, 5-8 p.m.
Northminster
Presbyterian Church
3235 Pope Avenue,
Sacramento

Dinner, Games, Crafts, Bible Stories and...they're ALL FREE!

Vacation Bible School is a weeklong experience during school summer vacation. Boys and girls, ages 4 through 6th Grade, come for stories, songs, plays, games, an opportunity to make new friends, yummy dinners, and God's Word. High school students serve as youth counselors while adult volunteers serve as mentors. The bonding and mentoring that happen between youth, teens, and adults is a sight to behold! Catch the spirit and join us!

Registration and further information may be obtained by calling the Church office at (916) 487-5192.

AMADOR HOME & Lifestyle SHOW

FREE SHOW PASS

WITH THIS AD (\$5 VALUE)

Fri 12PM-6PM
Sat 10AM-5PM
Sun 10AM-4PM

June 8, 9 & 10, 2012

Amador County Fairgrounds
18621 Sherwood St.
Plymouth, CA 95669

Talk to the Pros! The latest products & services for your home at discounted home show rates!
PLUS... Outdoor Recreation Big Kids' Toys, Garden Products, Live Music, Food, Beer, Wine **AND MORE!**

www.AmadorHomeShow.com

Celebrate Amador! Amador County Fair Grounds
Saturday 10-11PM & Sunday 10-8PM
June 9 & 10, 2012

FAIR AID: Bands, Cook-off, Beer, Kids' Activities
HORSE SCHOOLING SHOW: Sunday, June 10 ONLY at 8AM
STEAM POWER EXPO: Exhibits and Demonstrations

When your loved one has dementia, it changes their world and yours. At the Chateau at Carmichael Park we understand.

loving Memorycare

- Memory Care Residence
- Memory Day Program
- Respite Care for Short-term Stays

the Chateau at Carmichael Park

7125 Fair Oaks Blvd., Carmichael, CA 95608
(916) 481-7105
www.HankFisherProperties.com

HFP HANK FISHER PROPERTIES When it says Hank Fisher Properties, it says Quality Lic. #347001523

BRIDE TO BE

Your day starts with your hair "dresser", choose wisely.

VIP
Hair, Makeup, Nails

Hoshall's
SALON & SPA

For more information regarding Bridal package call **916-485-4941** and talk to our Bridal coordinator

It's Tour Time!

Antelope Garden

Take a self-guided tour of the 2 acre Antelope Garden for ideas on creating your own water efficient landscape.

Open May 1 to October 31, 2012

Monday through Friday
Second and Fourth Saturdays
9:00 a.m. to 3:00 p.m.

FREE Admission

7800 Antelope North Road
Antelope

**Publisher,
Paul V. Scholl**

Carmichael Times

"Written by the people and for the people"
Serving Carmichael and Sacramento County since 1981

Advertising Sales Paul V. Scholl • Marion Solo
Lelani Kinzler • Allyse Weaver • Max H. Peters
Graphics & Layout Banerjee Designs • Stump Removal Graphics
Contributing Writers Susan Skinner • Mary Jane Popp • Marys Johnsen Norris • Tim Reilly
David Dickstein • Dave Ramsey • Dr. E. Kirsten Peters • Kay Burton
Dr. Bob Graykowski • Julie Parker • Leslie Carrara
Pastor Rich Reimer • Pastor Cary Duckett • Ronnie McBrayer
David Graulich • Perry Hartline • Gerry Scholl
Distribution Assistant Nicholson & Olsen CPA
Accounting RJ at thesitebarn.com • JWS Promotions • Mikahn Design
Web Master
News Services Whiskey & Gunpowder • StatePoint Media • NewsUSA • PRWEB NewsWire
North American Precis Syndicate • Blue Ridge Press • ARA Content
California News Service • Family Features • WorldNetDaily
Photography Amanda Morello • Susan Skinner

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce
We are proud members of these newspaper associations.

Carmichael Times is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@CarmichaelTimes.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 916-773-1111.

SAVE NOW ON SUMMER BLOW-OUT PRICES!



CONCRETE DIVISION

DRIVEWAYS - WALKWAYS - ENTRIES
PATIOS - STAIRS - INTERIOR FLOORS
COLORED - STAMP - STAIN

COMPUTERIZED DESIGN AVAILABLE

LIC#770516

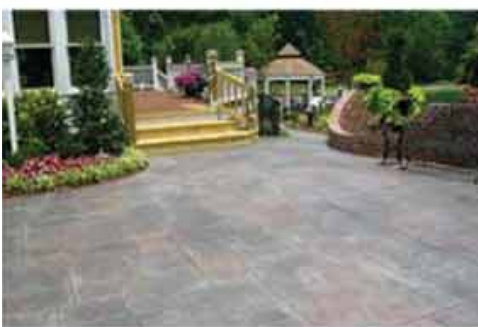


COMMERCIAL **916-969-5169** RESIDENTIAL

Our software allows us to take a digital picture of your home or business. Then, importing the image into our software, it gives us the potential to create stunning, distinctive, appealing visualization of different colors and patterns of Decorative Concrete as if it were already installed.



Imagine concrete that looks like old brick or Mexican tile. Create cobblestone courtyards, walkways or entries made to look like imported slate, or decks and verandas that resemble old cedar planking. Discover the exciting possibilities for yourself. Our goal is a very satisfied customer.



Email Rick Mitchell
for appointment at
rick@craftsmanconstruction.net

www.CraftsmanConstruction.net



**AMERICAN EAGLE
BODY SHOP**

**Complete
Collision Repair**

Free Estimates

24 Hour Towing

**We Work with All
Insurance Companies**

“We Meet By Accident”

up to **\$500⁰⁰**
Instant Rebate
towards your
DEDUCTIBLE

Some restrictions apply - call for details. Limit 1 coupon per customer. Not valid with any other offer. Expires June 30, 2012.



Before **After**

**FREE
LOANER CAR
WITH ANY REPAIR**

Present this coupon and receive a free loaner car for the duration of your repairs after authorization. Some restrictions apply - call for details. Coupon must be presented upon authorization. Limit 1 coupon per customer. Not valid with any other offer. Expires June 30, 2012.

6801 Fair Oaks Blvd • Carmichael, CA 95608

Phone 916-339-1776 • Fax 916-339-1700

Email: info@aebodysshop.com • www.aebodysshop.com

Monday - Friday: 8:00 a.m. - 5:00 p.m.
Saturday: By appointment • Sunday: Closed

Art Show to Benefit Straight Talk TNT, Nonprofit for Youth



“Bouquet of Roses” by Lauren Forcella.

FAIR OAKS – Straight Talk TNT, the 501c3 nonprofit for youth headquartered east of Sacramento in the hamlet of Fair Oaks, is holding an art-show fundraiser the weekend of June 9 and 10. The public is invited to an in-studio benefit featuring over 50 original paintings by acclaimed artist Lauren Forcella. The show includes large-scale contemporary oils, acrylics and mixed media, and many reproductions. Forcella will donate all sale proceeds to Straight Talk TNT.

For those who read the popular Straight Talk TNT advice column, your suspicions are correct — the artist Lauren Forcella is also the editor of Straight Talk TNT.

The not-so-typical column uses a peer-to-peer helping model to help young people and their parents make better decisions. The Straight Talk TNT “panel” of over 85 volunteer youths from around America, tackles questions from readers on everything from binge-drinking, texting and driving, to teens and parents connecting after a divorce. Teens listen, parents learn, social-emotional intelligence is raised another notch.

At least that’s the hope of Straight Talk TNT’s not-so-typical founder, editor and CEO, Lauren Forcella. “The column is like a homeopathic remedy. Every week, we add another drop of understanding to what’s going on for young people in

the digital age and suggest a no-nonsense, yet loving way of dealing with issues,” says Forcella.

Forcella, with a Master’s Degree in Interdisciplinary Consciousness Studies, co-founded Teens-Matter, a nonprofit for at-risk youth in Auburn Calif. She is also a hypnotherapist, third-degree Black Belt, 3-time national Taekwondo sparring champion, and mother of four.

What many Straight Talk readers don’t realize is that she is also an acclaimed fine artist. “Her work is stunning and often compared to Van Gogh and Georgia O’Keefe. What’s amazing is that she is completely self taught,” says art agent Barbara Kaufman of Laguna Nigel, Calif.

Forcella will be donating 100 percent of the proceeds to the Straight Talk TNT charity.

“Beauty is absolutely necessary to the process of wellness,” says Forcella, “and so I am donating that beauty to help youth and their families.”

The public art benefit will be held June 9 and 10 from 10 a.m.–6 p.m. at 11432 Coloma Road in Gold River, Calif. Reception is Saturday, June 9 at 3 p.m.

For more about Straight Talk TNT visit www.StraightTalkTNT.com. Forcella’s fine art can be seen online at www.LaurenForcella.com.



YOUR NEIGHBORHOOD,
YOUR DOCTOR.

Mercy Medical Group
just became one
great doctor better.

You’d go out of your way to get great healthcare for you and your family. Good thing you don’t need to. A. John Tarrar, MD, family medicine, is just one of the many great Mercy Medical Group doctors who practice right in your neighborhood.

Learn more about all our great doctors and facilities at mymercymedgroup.org. To schedule an appointment with Dr. Tarrar at our Fair Oaks office, call 916.536.2420.

Mercy Medical Group
A service of CHW Medical Foundation



The Carmichael Recreation and Park District is hosting a Public Workshop regarding district fees and facility policies

CARMICHAEL – With budget challenges the District will be asking regular user groups to help offset some of their direct costs. The public is invited to a workshop to review the district process and the proposed new fees.

Thursday, June 7, 2012 at 6pm
Carmichael Park Clubhouse,
5750 Grant Avenue, Carmichael, CA 95608
If you have any questions, please call Tracy Kerth at (916) 485-5322 x23 or email tracy@carmichaelpark.com



“The difference is clearly that you care very deeply about your work and the people you are caring for.”

In-home service
for SENIORS by Seniors

Our loving, caring, compassionate seniors are there to help. We offer all the services you need to stay in your own home, living independently.

- Companion Care
- Light Housekeeping
- Meal Preparation
- Personal Care
- Shopping
- Transportation

- Overnight stays 24-hour Care
- Doctor Appointments



SENIORS Helping SENIORS®
...a way to give and to receive®

In the **Seniors Helping Seniors®** family, everyone wins. Those who give and those who receive learn from each other everyday - and all we hear is about how rewarding it is for both of them.

For the help you want at a price you can afford®. Seniors Helping Seniors® in-home services is the place to call.

If you need some help, call for a free assessment.

916-372-9640



WINDSOR EL CAMINO
Care Center

CARMICHAEL, CA

Finest 24-hour Skilled Nursing Care 7 Days a Week

Tel: (916) 482-0465

2540 Carmichael Way, Carmichael
WindsorCares.com

- ◆ Comprehensive Rehabilitation Services
- ◆ Personal Touch Services
- ◆ Restaurant Style Dining
- ◆ Social Services for Resident & Family
- ◆ Health Services Available



Providing superior people delivering highly sophisticated skilled nursing and rehabilitation care in the best possible environment.



ChiropracticUSA™

"Creating radiant health in our community since 1985"



Gift of Life
Wellness Check-up

Consultation,
Complete Spinal
Examination
and X-rays (if needed)

This \$250 value is yours for only \$40 if you mention this ad

Each additional family member only \$20

Offer Expires Friday

Dr. Bob Graykowski • 5909 Stanley Avenue, Suite A
Carmichael, CA 95608 • (916) 973-1661

Chiropractic-usa.com

Join our Facebook Fan Page - Chiropractic USA

Sacramento County DA Reports

Recent cases of interest

CASE: London Shaw & Dominique Givens (05/31/12)

PROSECUTOR: Deputy District Attorney Anthony Ortiz

District Attorney Jan Scully announced today that 24-year-old London Shaw was convicted by jury of second degree murder. The jury also found true a gun use and gang enhancement. The jury could not reach a verdict on co-defendant Dominique Givens. The second degree murder charge will be refiled against Givens.

On June 22, 2009, Sevon Boles was shot to death at a south Sacramento apartment complex.

Sentencing for Shaw is set for July 20, 2012 at 10:00 a.m. in Department 20 of the Sacramento Superior Court.

CASE: John Parlante (05/31/12)

PROSECUTOR: Deputy District Attorney Keith Hill

District Attorney Jan Scully announced that John Parlante was convicted by jury of felony stalking and two felony charges of assault with a deadly weapon.

In 2008, Sacramento County Family Court Judicial Referee Daniel Horton presided over a case where one of Parlante's children was removed from his home. In February 2012, Parlante came to Sacramento from Reno and stayed at a hotel. During this time, he went to a Home Depot located a few miles from Horton's home and purchased a large axe. That night, Horton heard a loud banging on his door. When he looked out the window, he saw someone get into a vehicle parked on the street and drive away.

The next morning, Sacramento Police Detective Darby Lannom was assisting with the service of a search warrant at Horton's home in an unrelated case. While sitting in an unmarked car, he witnessed Parlante drive up to Horton's house, walk up to and around the house with the axe in his hand, and return to his van where he watched the residence. The officer then saw Parlante follow Mrs. Horton in her car as she drove away from the home. Parlante returned back to the house once he realized she was alone in the car. When two of Daniel Horton's children left the house and got in a truck parked on the driveway, Parlante got in his van, accelerated rapidly, and drove across the lawn straight at the truck parked in the driveway. The van came to a stop only a couple of feet from the truck. Parlante got out of his truck, and Detective Lannom ran toward him ordering him to the ground.

Detectives searched the van and found the axe, several current newspaper clippings referencing Horton as well as transcripts of court proceedings involving Parlante's case. A store video recording showed Parlante purchasing the axe and the receipt was found in his van.

Sentencing is set for June 27, 2012 at 3:00 p.m. in Department 47 of the Sacramento Superior Court.

CASE: Marcus Davis & Robert Lucas (05/30/12)

PROSECUTOR: Deputy District Attorney Chuck Gonzalez

District Attorney Jan Scully announced today that Marcus Davis was convicted by jury of first degree murder for the shooting death of Chester Jackson. The jury also found true that Davis personally used a firearm.

In the early morning of February 20, 2011, Chester Jackson and his friends were at the Natomas IHOP restaurant. Davis was also at the restaurant and had been drinking. He provoked a confrontation with Jackson in front of the restaurant. He then pulled his gun and shot Jackson eight times. Eyewitnesses testified that Davis stated, "I told you this was going to happen," right before firing the final shot to Jackson's head.

Co-defendant Robert Lucas was charged with aiding and abetting. He was acquitted of all charges.

Sentencing for Davis is scheduled for June 28, 2012 in front of the Honorable Eugene Balonon.

CASE: Victor Hernandez (05/30/12)

PROSECUTOR: Deputy District Attorney Tim Carr

District Attorney Jan Scully announced that 55-year-old Victor Hernandez was convicted by jury on 16 counts of child molestation.

Hernandez began sexually assaulting the young family member in 2006. The victim was 11 years old when the assaults began and continued until he was 15 years old.

Sentencing is set for June 19, 2012 at 9:00 a.m. in Department 29 of the Sacramento Superior Court.

CASE: Brandon Mullock (05/30/12)

PROSECUTOR: Deputy District Attorney Chris Carlson

District Attorney Jan Scully announced that on May 29, 2012, the Honorable Patrick Marlette held former Sacramento Police Department Officer Brandon Mullock to answer on 23 counts of filing a false police report and 11 counts of perjury.

After discovering that former Officer Mullock had written police reports with significant discrepancies between the actual events as recorded by the in-car video camera, the District Attorney's Office dismissed 79 cases in which Mullock was the principle witness. The District Attorney then proceeded to conduct a criminal investigation into cases where Mullock was the principal officer or was subpoenaed to testify. In May 2011, the District Attorney filed a criminal complaint charging Mullock with 34 counts of perjury and filing a false report by a peace officer, arising out of 24 separate cases from January 3, 2009 through January 16, 2010.

A trial date will be selected on June 8, 2012.

The Genealogical Association of Sacramento

will hold its regular monthly meeting Wednesday, June 20, at 1:00 P.M., at the Belle Cooleedge Library, 5600 S. Land Park Drive.

Guest speaker will be Lisa Lee speaking on "Taking a Second Look at Our Research". All are welcome.

Further details at our website: <http://www.gensac.org>

GRIEF SUPPORT FOR WIDOWED PEOPLE

will hold a meeting for volunteers on June 22, 1:00PM in Auburn. This organization has trained volunteers who help widowed people work through the grief process and find redirection in their lives. Having been in this area since 1986, it takes in the area from Colfax and Foresthill to Roseville and beyond. For location of this meeting or other information call Sandy at 530-885-8298.

CALL 773-1111 TO ADVERTISE IN YOUR LOCAL HOMETOWN NEWSPAPER



Go Painlessly™ with THERA-GESIC.

Maximum strength analgesic creme for temporary relief from:

- Joint pain
- Arthritis pain
- Muscle pain
- Back pain

Thinking of Changing Banks?

✓ Check the El Dorado Advantage

- ✓ FREE VISA Debit Card
- ✓ FREE Senior Checking with Interest
- ✓ FREE Direct Payroll Deposit Checking
- ✓ FREE Internet Banking with Check Images
- ✓ FREE Online Bill Payment
- ✓ FREE Telephone Banking
- ✓ VALUE Checking
- ✓ Interest Checking
- ✓ Business Checking
- ✓ Investors Money Market Checking
- ✓ Gold Money Market Savings
- ✓ Purchase & Refinance Loans
- ✓ Fixed & Adjustable Home Equity Line of Credit Loans
- ✓ Friendly, Personal Service at No Extra Charge
- ✓ 35 ATMs at El Dorado Branches
- ✓ Consistently Awarded the Highest 5 Star Rating by Bauer Financial Reports as One of the **SAFEST** and **STRONGEST** Banks in the U.S. Since 1993



EL DORADO SAVINGS BANK

Serving our local communities for over 54 years

www.eldoradosavingsbank.com

Member FDIC

CARMICHAEL • 4701 Manzanita Ave. • 481-0664



A-TEK GLASS CENTER

Your One Stop Local Glass Shop

Serving Carmichael Community for 17 Years

AUTO □ HOME □ BUSINESS

Free Windshield Chip Repair with Insurance Coverage

- ▲ Auto Glass
- ▲ Windshields
- ▲ Power Windows
- ▲ Truck Slider
- ▲ Sunroofs
- ▲ Single & Dual Pane Glass
- ▲ Store Front Windows
- ▲ Mirror & Screen
- ▲ Glass Shelves
- ▲ Table tops

Fast, Professional Glass Repair • Direct Approved Insurance Billing

Call 7 Days a Week • 481-9966

Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou

Are you suffering from a DEFECTIVE METAL ON METAL HIP REPLACEMENT?

Have you experienced failure of your hip implant, resulting in pain and disability that may have required revision surgery to replace the failed component? Common symptoms include groin pain, dislocations, instability, and pain associated with loosening of the device and the release of metal particles into the joint.



component products manufactured by several companies.

We are accepting cases for injuries caused by certain hip replacement

Weitz & Luxenberg can help you understand your legal options. For a free and discrete consultation please call us today at 1-888-411-LAWS (5297), or visit us on the web at www.HipDeviceRecall.com.

WEITZ & LUXENBERG, P.C.
 ASBESTOS DRUGS/MEDICAL DEVICES ENVIRONMENTAL NEGLIGENCE LAW OFFICES
 1880 CENTURY PARK EAST | SUITE 700 | LOS ANGELES, CA 90067
 700 BROADWAY | NEW YORK, NY 10003
 1.888.411.LAWS | www.weitzlux.com
www.HipDeviceRecall.com

We are also investigating **FOSAMAX® FEMUR / HIP FRACTURES**

Prior results do not guarantee a future outcome. We may associate with local firms in states wherein we do not maintain an office. If no recovery, no fees or costs are charged, unless prohibited by State Law or Rule. GARY R. KLEIN, Esq. Weitz & Luxenberg, P.C. is a registered Law Corporation with the California State Bar, cert.#18529

Sacramento Suburban Writers Club (SSWC)

monthly meeting is Monday, June 11, 2012 at Crossroads Christian Fellowship, 5501 Dewey Drive, Fair Oaks, CA, 7:00pm - 9:00pm, Featuring Guest Speaker Author and Independent Book Publisher, Terry Burke Maxwell of the Maxwell Group Publishing House. General Public welcome. Refreshments available. Visit www.sactowriters.com.

Heirloom Flooring Gallery

FULL SERVICE FLOORING STORE

Carpet • Hardwood • Laminate • Vinyl • Tile Vacuum parts & service

When it comes to buying Flooring for your home or commercial Flooring needs, there's only one Flooring store to visit in Carmichael. With the largest selection of beautiful, stylish carpet on sale, plus brand-name hardwood Flooring, laminate and tile, you'll find everything you need to make your home look its best - all at great low prices.



"Come visit our Flooring store and discover a world of creativity that's waiting for your personal touch." - Heather & Florin Toderean

Bel Air Shopping Center • 4005 Manzanita Avenue #26
 Monday-Saturday, 10AM - 6PM • 916-978-0206

Local, Family-owned business • Thank you for your support!!!



California Institute of Jewelry Training

5805 Windmill Way, Carmichael, California

Beautiful, One of a kind items for your special someone(s). Lovely designer jewelry or special custom designs; Renovating your old and making it new; Gift certificates for future classes. A great gift for someone you love, timeless.

Founded & located in Carmichael in 1979.

We have trained thousands of professional jewelers and hobbyists. If you have not stopped by, you are missing a treat. You will see talent, quality and motivation.

Jewelry Making Parties. Teachers, bring your students for a field trip. We have rocks and minerals too.

916.487.1122

www.jewelrytraining.com

Call for your personal tour today!

We are your Carmichael neighbor - come visit our "Student Jewelry Gallery" (across the street from Windmill Nursery)

VA Approved • Post 911 Veterans • Student Loans Available - Short or Full Courses

STATEPOINT CROSSWORD • FATHER'S DAY

CROSSWORD														
1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
16						17				18				
19					20			21	22					
			23					24						
25	26	27		28		29			30		31	32	33	34
35			36			37			38		39			
40					41				42		43			
44				45		46					47			
48					49		50			51		52		
					53		54			55		56		
	57	58	59					60				61	62	63
64						65	66			67				
68						69				70				
71						72				73				

Thrill Dad this Father's Day!

Save **69%** Plus 2 Free Gifts! Use Code 45393KDR

THRILL THE GRILL COMBO ONLY \$49.99

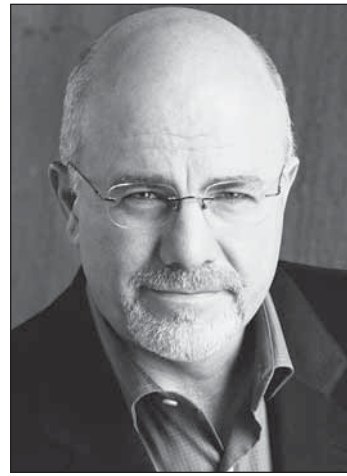
Call Toll Free 1-888-379-6033 • www.OmahaSteaks.com/fd66

© StatePoint Media

CLUES

- ACROSS**
- 1. A woman of refinement
 - 6. "He made it an official holiday in 1966
 - 9. Locust, pl.
 - 13. Italian friends
 - 14. Promissory note
 - 15. It's twirled and thrown
 - 16. Opposite of unravel
 - 17. Beaver construction
 - 18. Teamsters, e.g.
 - 19. "Royal father
 - 21. "Father to Sasha and Malia
 - 23. Trifecta, e.g.
 - 24. "The ___ Show" (1976-1980)
 - 25. ___ Lanka
 - 28. God of thunder
 - 30. Mouth infection, mostly in infants
 - 35. Arising from trunk
 - 37. Wading bird
 - 39. Spanish saint
 - 40. UN civil aviation agency
 - 41. Cheat or trick
- DOWN**
- 1. "Dad to J. Lo's twins
 - 2. Wet nurse
 - 3. Mariah Carey, e.g.?
 - 4. Sour
 - 5. Cereal grain
 - 6. Hats
 - 7. Flapper's accessory
 - 8. Huge or giant
 - 9. Legendary actress Turner
 - 10. Ear-related
 - 11. One who hangs in the galley
 - 12. Weary traveler's welcome spot
 - 15. Borough in Scotland
 - 20. Principal of right and wrong
 - 22. The little one "stopped to tie his shoe"
 - 24. Salmon lover
 - 25. David's weapon of choice
 - 26. Kind of potato masher
 - 27. Idealized image
 - 29. Bassoon cousin
 - 31. Golfer's disdain
 - 32. Unlace
 - 33. Commemorative stone slab
 - 34. "Dad to Lisa, Bart and Maggie
 - 36. Round of influenza, e.g.
 - 38. "Que sera ___"
 - 42. Rock bottom
 - 45. "Liv's "judging" dad
 - 49. Not divisible by two
 - 51. Pilfers
 - 54. Tasteless and flashy
 - 56. Type of whip
 - 57. There's one north and one south
 - 58. Downfall
 - 59. A in IPA, pl.
 - 60. Bell-bottoms or Chia Pets, e.g.
 - 61. Antibiotic to infection, e.g.
 - 62. Composer Stravinsky
 - 63. Withered
 - 64. "Head of "Modern Family"
 - 66. Famous T-Rex

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Has the Limit Passed?

Dear Dave, I bought a car a few years ago and purchased new wheels for \$1,100 on credit. I haven't paid the bill, and now collectors are trying to settle with me. I think the statute of limitations has expired. Should I still pay the debt?

- Brian

Dear Brian, I always look at things like this through two or three lenses. One has to do with your credit. Another is the legal aspect, and the third is this: What's the right thing to do?

The right thing to do is pay the debt. You took the wheels,

Dave Says

so you need to pay for them. You could probably scratch together \$1,100 and make this whole thing go away. I'm pretty sure a lot of legal and collection costs, as well as interest, have been added over the years. But at this point, you can probably get them to settle for the original amount owed.

Now, can they still chase you under the statute of limitations? That's a matter of state law, and since I'm not an attorney, I'm not up to speed on every law from state to state. Besides, I don't like the idea of using that kind of argument to get someone out of debt.

Honestly, this is the real world we're talking about, Brian. You're going to have to deal with this, because even if there is a statute of limitations, most collectors will still try to chase you to the ends of the earth. And for \$1,100 you can get them out of your life and erase a big black mark from your credit. It's always better to have a transaction listed as "bad debt that has been settled" rather than simply "bad debt."

And by the way, it's also the right thing to do!

- Dave

No Secondary Policy Necessary

Dear Dave, I'm a doctor, and I've been at my current job for six months.

I'm scheduled to make \$190,000 this year, and my husband and I will be debt-free in a few months. My employer provides disability insurance free of charge, but if I stop working for this company I'll no longer have the insurance. Should I get my own policy instead of the one at work?

- Laura

Dear Laura, Unless you become seriously ill, it's easy to get long-term disability insurance. You could find it through some of the medical associations, or you could find it the way your employer found the policy you have now—through an independent broker who shops and makes a market for you.

But at this point, I wouldn't run out and buy another policy. If you're getting it free of charge, let your employer handle the work. Then, if you ever sense things are going downhill at your job, you can start shopping for a long-term disability policy at that point. Right now, there's no reason to pay out of pocket or have a second one.

- Dave

*For more financial help, please visit daveramsey.com.



Book Sale at Fair Oaks Library

Gently Used Book Sale, Sat. June 16, and Tues. June 19. Most are \$2 to 25 cents. Tues is bargain day everything half price.

Community Room of the FAIR OAKS Community Library, 11601 Fair Oaks Blvd., Fair Oaks, CA 95628. (916)264-2700.

SUDOKU

dish DISH NETWORK Starting at \$19.99

SAVE! Ask About SAME DAY Installation! PLUS 30 Premium Movie Channels FREE for 3 Months! CALL 1-888-903-6814

					6		1
					3	2	7
3	9	4	1				6
5	6				7		
		7				1	5
2			4	1	8	3	
5	4	3					
8		2					

For Solution See Page 7.

Business & Service Directory

MEDICAL SUPPLY AND EQUIPMENT

AMD Medical Supply

Sales • Rental • Installation • Delivery



Now Accepting MEDICARE

Tel/Fax: (916) 485-2500 www.amdmedsupply.com
3108 Arden Way, Sacramento, CA 95825

ALTERATIONS

ALTERATIONS by Patina

SPECIALIZING IN BRIDAL & FORMAL

11082 Coloma Rd., Suite 7

Coloma Village Shopping Ctr. • Rancho Cordova

(916) 853-1078

WWW.ALTERATIONSBYPATINA.COM

PRE-SCHOOL

MONTESSORI CHILDREN'S SCHOOL

5325 Engle Rd., Suite 170 Carmichael, CA 95608

Ages 2-6 • Open 7am-6pm M-F

916-481-0100

www.MCSpreschool.com

DENTAL SERVICE

DENTAL HYGIENE SERVICE

Portable Services for Homebound & Special Needs Clients

BRENDA PAQUIN, RDHAP

(916) 247-1743

brenrdhap2010@comcast.net

PO Box 982, CITRUS HEIGHTS, CA 95611

TREE SERVICES

ESTABLISHED IN 1981 **Bruno Ferazza** SENIOR DISCOUNTS

Tree Service

Complete Tree Care Certified Arborist

Expert Trimming Safe Removal Stump Grinding

FREE ESTIMATES Fully Insured License # 696796

530-885-7729 916-201-7462

BrunoFerazzaTreeService.com

PET LOSS

EAST LAWN PET LOSS CENTER

Pet Burials • Cremation • Home Euthanasia

Located at Sierra Hills Pet Cemetery (I-80 @ Greenback)

www.EastLawnPets.com (916) 732-2037

CEMETERY SERVICES

Respectful, Affordable Burial

Endowment Care Facility Beautiful Park like setting Monuments allowed • Cremation Niches Commingle Scattering Garden Quality & Affordable Service

Fair Oaks Cemetery District 7780 Olive St., Fair Oaks, 95628 916-966-1613

PET SITTING SERVICE

Professional, Loving PET CARE

Established Reputation Kennel Free Environment Lots of TLC

Call Madeline (916) 723-1608

SPECIALTY CANDIES

CandyStrike Emporium

398 "Historic" Main St. Placerville, CA 95667

530-295-1007

SO much FUN... CandyStrike.com

Online coupon at CarmichaelTimes.com

HANDYMAN

QUALITY LABOR & MAINTENANCE

Yard Work, Hauling, Gutter Clean, Odd Jobs

You Name It! (916) 613-8359

FUNERAL SERVICE

RUSS MONROE'S FUNERALS & CREMATIONS

FD 1404

7960 WINDING WAY FAIR OAKS, CA 95628 Tel (916) 9611265 Fax (916) 9612430

FINGERPRINTING SERVICES

LIVESCAN FINGERPRINTING

★ Walk-in Service ★ Digital Inkless Process ★ Electronic Submission to DOJ & FBI

916.725.1345

7405 GREENBACK LN. • CITRUS HEIGHTS, CA 95610

PLUS: ★ Copies & Faxing ★ Notary Services ★ UPS Next Day Air® ★ Shredding Services ★ Ship Heavy Freight

The UPS Store

LEGAL SERVICES

BONES LAW FIRM Gordon G. Bones Attorney at Law

4811 Chippendale Dr., Suite 307, Sacramento, CA 95841

The Law Firm provides the following legal services:

- Bankruptcy • Business and Corporate Matters
- Trust and Trust Administration
- Estate Planning • Probate and Conservatorship
- Family Law

P: 916.965.6647 F: 916.965.4218 gbones@boneslawfirm.com

PRINTING & SUPPLIES

Specialties Plus

- Machine Repairs (all makes & models)
- Toner Cartridge Refills (Using Cartridge World? Take 10% off their price & try mine)
- Free Cleaning (with our cartridge)
- We are Local
- Service Contracts (monthly or yearly)
- Lease or Rent
- High Volume Copying (save wear & tear on your machine)

Specializing in Digital Printers, Copiers, Fax & Multifunction Machines

E-mail: specplus@comcast.net (916) 723-8430

PET WASTE MANAGEMENT

The Scoop Pet Waste Management GOT DOG POOP? "The Scoop" Scoops Poop!

One time or weekly yard clean-ups Disinfecting & Deodorizing Decks, Patios, Garages & Kennels Litter Box Service • Dog Walking • Puppy Playtime Senior/Disabled/Guide Dog Discounts

916-SCOOPER (726-6737) • www.TheScoopPWM.com

AC Services

\$69 A/C Diagnostic or Tune Up Special, includes all minor repairs. Visa/MC. Lic#972031. Universal Air Quality. Call 916-204-6077. (MPG 06-30-12)

Accident Attorney

Auto Accident Attorney INJURED IN AN AUTO ACCIDENT? Call Jacoby & Meyers for a free case evaluation. Never a cost to you. Don't wait, call now, 888-375-9101 (MB 12-31-1)

Adoption

PREGNANT? CONSIDERING ADOPTION? Talk with caring adoption expert. You choose from families nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6296 (NANI)

Antiques

Antiques Wanted: License plates and frames, pre-1969. Military emblems. 707-448-8942. Ask for Dave. (MPG 06-15-11)

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-12)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-12)

Apartments For Rent

NOW ACCEPTING APPLICATIONS Snowcap View Apartments, 3840 Snowcap View Circle, Auburn, CA 95602: 1, 2, & 3 bedroom apts and also apts with special design features for individuals with a disability. Inquire as to the availability of subsidy. Call (530) 885-3281, Mon-Fri 7am to 4pm. TDD# (800) 735-2929. This institution is an equal opportunity provider and employer. EQUAL HOUSING OPPORTUNITY. EQUAL OPPORTUNITY ACCESS. (MPG 04-30-12)

Auctions

ADVERTISE YOUR AUCTION in 240 California newspapers for one low cost of \$600. Your 25 word classified ad reaches over 6 million+ Californians. Free brochure call Elizabeth (916) 288-6019. (Cal-SCAN)

Audio Books

READERS & MUSIC LOVERS. 100 Greatest Novels (audio books) ONLY \$99.00 (plus s/h) Includes MP3 Player & Accessories. ONUS: 50 Classical Music Works & Money Back Guarantee. Call Today! 1-888-841-5761 (MB 12-31-12)

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year. Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595 (SWAN)

DONATE YOUR CAR to CHILDREN'S CANCER FUND of AMERICA and help end CHILDHOOD CANCER. Tax Deductible. Next Day Towing. Receive Vacation Voucher. 7 Days 1-800-469-8593 (NANI)

CARS/TRUCKS WANTED! Top \$\$\$\$ PAID! Running or Not. All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330 (NANI)

A-1 DONATE YOUR CAR! Breast Cancer Research Foundation! Most highly rated breast cancer charity in America! Tax Deductible! Fast Free Pick Up. 1-800-771-9551 www.carsforbreastcancer.org (NANI)

DONATE YOUR CAR, truck or boat to Heritage for the Blind. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 888-902-6851. (Cal-SCAN)

I BUY ANY JUNK CAR - \$300 Flat Rate *Includes Pick-Up. 1-888-889-5670. (Cal-SCAN)

SELL Your CAR, TRUCK or SUV Today! All 50 states, fast pick-up and payment. Any condition, make or model. Call now 1-877-818-8848. www.MyCarforCash.net (Cal-SCAN)

DONATE YOUR CAR, TRUCK OR BOAT to HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 888-902-6851. (MB 12-31-12)

Business Opportunity

\$294.00+ DAILY MAILING POSTCARDS! Guaranteed Legit Work! Register Online! www.ThePostcardGuru.com. Earn \$95/ Hr Using Your PC! www.FreeJobPosition.com Big Paychecks Paid Every Friday! www.LegitCashJobs.com (NANI)

ADVERTISE a display BUSINESS CARD sized ad in 140 California newspapers for one low cost of \$1,550. Your display 3.75x2" ad reaches over 3 million+ Californians. Free brochure call Elizabeth (916) 288-6019. (Cal-SCAN)

ADVERTISE Your Truck DRIVER JOBS in 240 California newspapers for one low cost of \$550. Your 25 word classified ad reaches over 6 million+ Californians. Free brochure call Elizabeth (916) 288-6019. (Cal-SCAN)

REACH CALIFORNIANS WITH A CLASSIFIED IN ALMOST EVERY COUNTY! Experience the power of classifieds! Combo-California Daily and Weekly Networks. One order. One payment. Free Brochures. One payment. Free Brochures. elizabeth@cnpa.com or (916) 288-6019. (Cal-SCAN)

Cable TV Offer

SAVE on Cable TV - Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months.) Options from ALL major service providers. Call Acceller today to learn more! CALL 1-866-484-1940 (MB 12-31-12)

Bundle & Save on your CABLE, INTERNET PHONE, AND MORE.

High Speed Internet starting at less than \$20/mo. CALL NOW! 800-291-4159 (NANI)

Cable/Internet Services

SAVE on Cable TV-Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months.) Options from ALL major service providers. Call Acceller today to learn more! CALL 1-888-897-7650. (Cal-SCAN)

Caregiving Service

Care giving. \$15/Hour. Excellent References. 15 Years Experience. Over Nights. Part Time During the Day. Errands & Light House Keeping. Doctor's Appointments. Contact: Home - 1-530-885-6829. Cell - 1-530-305-8432 (MPG 06-30-12)

Cars for Sale

1994 Toyota Tercel. 4 speed, smogged, has DMV tags, runs excellent, body and tires in good shape. \$2100. Located in Orangevale. 916-988-8376, or 342-2651 (MPG 03-31-12)

Chimney Sweep

CHIMNEY CLEANING SPECIAL FAST *CLEAN *EFFICIENT Friendly Service No Mess Guaranteed 15 Years Running (916) 752-6762 Bus Lic # 103881 (MPG 03-31-12)

Computers

MY COMPUTER WORKS. Computer problems? Viruses, spyware, email, printer issues, bad internet connections - FIX IT NOW! Professional, U.S.-based technicians. \$25 off service. Call for immediate help. 1-888-865-0271 (Cal-SCAN)

Call-A-Geek Mobile Service

Software, Spyware, Hardware Repair. Microsoft Certified. 879-3514. (MPG 07-13-11)

Counseling

Affordable sliding scale counseling. Licensed staff. Cash only. Children, couples, families. (530) 888-7958 (MPG 06-01-11)

Credit Card Relief

Buried in Credit Card Debt? Over \$10,000? We can get you out of debt quickly and save you thousands of dollars! Call CREDIT CARD RELIEF for your free consultation 1-888-505-1183 (MB 12-31-12)

DISH Network Special

DISH Network. Starting at \$19.99/month PLUS 30 Premium Movie Channels 4023 FREE (MB 12-31-12)

Electrical Services

RETIRED MASTER ELECTRICIAN Expert troubleshooter, 30 years experience. Old panel repairs/ upgrades. Lic.# 877532 Call 916-595-3052 (MPG 07-31-12)

Financial

Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 888-698-3165 (Cal-SCAN)

CREDIT CARD DEBT? LEGALLY HAVE IT REMOVED! Minimum \$7,000 in debt to qualify. Utilize Consumer Protection Attorneys. Call now! 1-888-237-0388 (NANI)

For Rent

4 Bed 2Bath house for rent at 2380 Coolidge Way Rancho Cordova. Rent is \$1300. \$1400 deposit. Call 530-306-7005. (MPG 04-30-12)

Garage Sales

Room for rent in Antelope area. Use of kitchen, laundry, BBQ, patio. Close to Winco, Walgreens. Call Fran 916-410-1949. (MPG 02-08-12)

Health & Beauty

Getting older? Tired of getting older? Want to do something about it? Want to make money while doing it? www.abcliveit.com. 1-877-260-7937. ID # 266022 (MPG 04-30-12)

Attention Joint & Muscle Pain Sufferers: Clinically proven all-natural supplement helps reduce pain and enhance mobility. Call 877-217-7698 to try Hydratexin RISK-FREE for 90 days. (Cal-SCAN)

Feeling older? Men lose the ability to produce testosterone as they age. Call 888-904-2372 for a FREE trial of Proge-All Natural Testosterone Supplement. (Cal-SCAN)

Diabetes/Cholesterol/Weight Loss. Bergamonte, a Natural Product for Cholesterol, Blood Sugar and weight. Physician recommended, backed by Human Clinical Studies with amazing results. Call today and save 15% off your first bottle! 888-392-8780 (Cal-SCAN)

WERE YOU IMPLANTED with a ST. JUDE RIATA DEFIBRILLATOR LEAD WIRE between June 2001 and December 2010? Have you had this lead replaced, capped or did you receive shocks from the lead? You may be entitled to compensation. Contact Attorney Charles Johnson 1-800-535-5727 (SWAN)

Help Wanted Sales

WANTED: LIFE AGENTS. Earn \$500 a Day. Great Agent Benefits. Commissions Paid Daily, Liberal Underwriting. Leads, Leads, Leads. Life Insurance License Required. Call 1-888-713-6020. (Cal-SCAN)

Home Health Care

In your home health care/helper. 20 years experience. Fingerprinted, reliable, local. Call Jenny at 530-889-1737 (MPG 08-25)

Home Sales

SELL YOUR HOME FAST and for TOP DOLLAR Before listing your home, order this Free Report that reveals 27 tips to give you the competitive edge. Sacramento Realty Reports.com Keller Williams Rick Dumont DRE # 00809220 (MPG 06-30-12)

Available Now 24 Bedroom Homes. Take Over Payments.No Money Down. No Credit Check. Call Now!! 1-866-319-5174 (NANI)

Housekeeping

HOUSEKEEPING. 15 Years' Experience. Honest, Reliable. Move in/out. (916) 420-6413 - Helen (MPG 05-31-12)

Honest and Dependable. Supplies Furnished. Work alone. Sandra. 961-7651. (MPG 01-18-12)

House Painting

PAINTING, sheet rock, texturing, book cases, fence repair, gutter cleaning. Roger (916) 969-4936 or (916) 410-5545 (MPG)

Landscaping

Affordable Landscape Service Clean-ups & Makeovers! Main-tenance starting at \$60/mo. Dependable family business. Lic. # 887351. 916-338-2001. sacyards.com (MPG 09-08)

Legal Services

SOCIAL SECURITY DISABILITY BENEFITS. Win or Pay Nothing! Start your Application in Under 60 Seconds. Call Today! Contact Disability Group, Inc. Licensed Attorneys & BBB Accredited. Call 877-490-6596. (Cal-SCAN)

Medical Supplies / Equipment

ATTENTION DIABETICS with Medicare. Get a FREE Talking Meter and diabetic testing supplies at NO COST, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-781-9376. (Cal-SCAN)

Help Wanted Drivers

Drivers: Gross \$4,100 month, 100% Paid Benefits, get paid weekly & take truck home! CDL-A, 1yrs OTR Exp. 1-888-880-5921 (MPG 06-30-12)

PRO DRIVERS WANTED. Call for Details on Our New Pay Package. 2 Mos CDL Class A Package. 877-258-8782 www.meltontruck.com/drive (Cal-SCAN)

DRIVERS - GREAT PAY, quarterly safety bonus. Hometime choices. Steady freight, full or part-time. Safe, clean, modern trucks. CDL-A. 3 months current OTR experience. 800-414-9569. www.driveknight.com (Cal-SCAN)

NEW TO TRUCKING? Your new career starts now! \$0 Tuition Cost, "No Credit Check," Great Pay & Benefits. Short employment commitment required. Call: 1-866-275-2349. www.JoinCRST.com (Cal-SCAN)

Help Wanted Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the

elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information. (MPG)

Help Wanted Sales

WANTED: LIFE AGENTS. Earn \$500 a Day. Great Agent Benefits. Commissions Paid Daily, Liberal Underwriting. Leads, Leads, Leads. Life Insurance License Required. Call 1-888-713-6020. (Cal-SCAN)

Home Health Care

In your home health care/helper. 20 years experience. Fingerprinted, reliable, local. Call Jenny at 530-889-1737 (MPG 08-25)

Home Sales

SELL YOUR HOME FAST and for TOP DOLLAR Before listing your home, order this Free Report that reveals 27 tips to give you the competitive edge. Sacramento Realty Reports.com Keller Williams Rick Dumont DRE # 00809220 (MPG 06-30-12)

Available Now 24 Bedroom Homes. Take Over Payments.No Money Down. No Credit Check. Call Now!! 1-866-319-5174 (NANI)

Housekeeping

HOUSEKEEPING. 15 Years' Experience. Honest, Reliable. Move in/out. (916) 420-6413 - Helen (MPG 05-31-12)

Honest and Dependable. Supplies Furnished. Work alone. Sandra. 961-7651. (MPG 01-18-12)

House Painting

PAINTING, sheet rock, texturing, book cases, fence repair, gutter cleaning. Roger (916) 969-4936 or (916) 410-5545 (MPG)

Landscaping

Affordable Landscape Service Clean-ups & Makeovers! Main-tenance starting at \$60/mo. Dependable family business. Lic. # 887351. 916-338-2001. sacyards.com (MPG 09-08)

Legal Services

SOCIAL SECURITY DISABILITY BENEFITS. Win or Pay Nothing! Start your Application in Under 60 Seconds. Call Today! Contact Disability Group, Inc. Licensed Attorneys & BBB Accredited. Call 877-490-6596. (Cal-SCAN)

Medical Supplies / Equipment

ATTENTION DIABETICS with Medicare. Get a FREE Talking Meter and diabetic testing supplies at NO COST, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-781-9376. (Cal-SCAN)

Help Wanted Drivers

Drivers: Gross \$4,100 month, 100% Paid Benefits, get paid weekly & take truck home! CDL-A, 1yrs OTR Exp. 1-888-880-5921 (MPG 06-30-12)

PRO DRIVERS WANTED. Call for Details on Our New Pay Package. 2 Mos CDL Class A Package. 877-258-8782 www.meltontruck.com/drive (Cal-SCAN)

DRIVERS - GREAT PAY, quarterly safety bonus. Hometime choices. Steady freight, full or part-time. Safe, clean, modern trucks. CDL-A. 3 months current OTR experience. 800-414-9569. www.driveknight.com (Cal-SCAN)

NEW TO TRUCKING? Your new career starts now! \$0 Tuition Cost, "No Credit Check," Great Pay & Benefits. Short employment commitment required. Call: 1-866-275-2349. www.JoinCRST.com (Cal-SCAN)

Help Wanted Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the

CASH FOR CARS: All Cars/ Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960 (NANI)

Help Wanted Sales

WANTED: LIFE AGENTS. Earn \$500 a Day. Great Agent Benefits. Commissions Paid Daily, Liberal Underwriting. Leads, Leads, Leads. Life Insurance License Required. Call 1-888-713-6020. (Cal-SCAN)

Home Health Care

In your home health care/helper. 20 years experience. Fingerprinted, reliable, local. Call Jenny at 530-889-1737 (MPG 08-25)

Home Sales

SELL YOUR HOME FAST and for TOP DOLLAR Before listing your home, order this Free Report that reveals 27 tips to give you the competitive edge. Sacramento Realty Reports.com Keller Williams Rick Dumont DRE # 00809220 (MPG 06-30-12)

Available Now 24 Bedroom Homes. Take Over Payments.No Money Down. No Credit Check. Call Now!! 1-866-319-5174 (NANI)

Housekeeping

HOUSEKEEPING. 15 Years' Experience. Honest, Reliable. Move in/out. (916) 420-6413 - Helen (MPG 05-31-12)

Honest and Dependable. Supplies Furnished. Work alone. Sandra. 961-7651. (MPG 01-18-12)

House Painting

PAINTING, sheet rock, texturing, book cases, fence repair, gutter cleaning. Roger (916) 969-4936 or (916) 410-5545 (MPG)

Landscaping

Affordable Landscape Service Clean-ups & Makeovers! Main-tenance starting at \$60/mo. Dependable family business. Lic. # 887351. 916-338-2001. sacyards.com (MPG 09-08)

Legal Services

SOCIAL SECURITY DISABILITY BENEFITS. Win or Pay Nothing! Start your Application in Under 60 Seconds. Call Today! Contact Disability Group, Inc. Licensed Attorneys & BBB Accredited. Call 877-490-6596. (Cal-SCAN)

Medical Supplies / Equipment

ATTENTION DIABETICS with Medicare. Get a FREE Talking Meter and diabetic testing supplies at NO COST, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-781-9376. (Cal-SCAN)

Help Wanted Drivers

Drivers: Gross \$4,100 month, 100% Paid Benefits, get paid weekly & take truck home! CDL-A, 1yrs OTR Exp. 1-888-880-5921 (MPG 06-30-12)

PRO DRIVERS WANTED. Call for Details on Our New Pay Package. 2 Mos CDL Class A Package. 877-258-8782 www.meltontruck.com/drive (Cal-SCAN)

DRIVERS - GREAT PAY, quarterly safety bonus. Hometime choices. Steady freight, full or part-time. Safe, clean, modern trucks. CDL-A. 3 months current OTR experience. 800-414-9569. www.driveknight.com (Cal-SCAN)

NEW TO TRUCKING? Your new career starts now! \$0 Tuition Cost, "No Credit Check," Great Pay & Benefits. Short employment commitment required. Call: 1-866-275-2349. www.JoinCRST.com (Cal-SCAN)

Help Wanted Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the

Weekly Pool Service & Repair. Licensed, Insured, Reliable-\$50 off 1st Service or Repair. 916-390-8488 (MPG 03-30-12)

Help Wanted Sales

WANTED: LIFE AGENTS. Earn \$500 a Day. Great Agent Benefits. Commissions Paid Daily, Liberal Underwriting. Leads, Leads, Leads. Life Insurance License Required. Call 1-888-713-6020. (Cal-SCAN)

Home Health Care

In your home health care/helper. 20 years experience. Fingerprinted, reliable, local. Call Jenny at 530-889-1737 (MPG 08-25)

Home Sales

SELL YOUR HOME FAST and for TOP DOLLAR Before listing your home, order this Free Report that reveals 27 tips to give you the competitive edge. Sacramento Realty Reports.com Keller Williams Rick Dumont DRE # 00809220 (MPG 06-30-12)

Available Now 24 Bedroom Homes. Take Over Payments.No Money Down. No Credit Check. Call Now!! 1-866-319-5174 (NANI)

Housekeeping

HOUSEKEEPING. 15 Years' Experience. Honest, Reliable. Move in/out. (916) 420-6413 - Helen (MPG 05-31-12)

Honest and Dependable. Supplies Furnished. Work alone. Sandra. 961-7651. (MPG 01-18-12)

House Painting

PAINTING, sheet rock, texturing, book cases, fence repair, gutter cleaning. Roger (916) 969-4936 or (916) 410-5545 (MPG)

Landscaping

Affordable Landscape Service Clean-ups & Makeovers! Main-tenance starting at \$60/mo. Dependable family business. Lic. # 887351. 916-338-2001. sacyards.com (MPG 09-08)

Legal Services

SOCIAL SECURITY DISABILITY BENEFITS. Win or Pay Nothing! Start your Application in Under 60 Seconds. Call Today! Contact Disability Group, Inc. Licensed Attorneys & BBB Accredited. Call 877-490-6596. (Cal-SCAN)

Medical Supplies / Equipment

ATTENTION DIABETICS with Medicare. Get a FREE Talking Meter and diabetic testing supplies at NO COST, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-781-9376. (Cal-SCAN)

Help Wanted Drivers

Drivers: Gross \$4,100 month, 100% Paid Benefits, get paid weekly & take truck home! CDL-A, 1yrs OTR Exp. 1-888-880-5921 (MPG 06-30-12)

PRO DRIVERS WANTED. Call for Details on Our New Pay Package. 2 Mos CDL Class A Package. 877-258-8782 www.meltontruck.com/drive (Cal-SCAN)

DRIVERS - GREAT PAY, quarterly safety bonus. Hometime choices. Steady freight, full or part-time. Safe, clean, modern trucks. CDL-A. 3 months current OTR experience. 800-414-9569. www.driveknight.com (Cal-SCAN)

NEW TO TRUCKING? Your new career starts now! \$0 Tuition Cost, "No Credit Check," Great Pay & Benefits. Short employment commitment required. Call: 1-866-275-2349. www.JoinCRST.com (Cal-SCAN)

Help Wanted Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the

Weekly Pool Service & Repair. Licensed, Insured, Reliable-\$50 off 1st Service or Repair. 916-390-8488 (MPG 03-30-12)

Help Wanted Sales

WANTED: LIFE AGENTS. Earn \$500 a Day. Great Agent Benefits. Commissions Paid Daily, Liberal Underwriting. Leads, Leads, Leads. Life Insurance License Required. Call 1-888-713-6020. (Cal-SCAN)

Home

Legal Advertising Hotline
916-532-2113
 Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984

Legal Advertising
 P.O. Box 14
 Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04145. Rachael Ryan, 211 Alcantar Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Event Marketing Creative" at 211 Alcantar Circle, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on May 9, 2012. Publish: May 16, 23, 30, June 6, 2012.

EVENTM 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03888. Molly Yang, 8112 Sonoma Hills Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name "Tropical Bliss Smoothie and Frappe" at 8112 Sonoma Hills Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on May 2, 2012. Publish: May 16, 23, 30, June 6, 2012.

TROPIC 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04170. Mary Tufour, 5523 Northborough Dr., Sacramento, CA 95834 is doing business under the Fictitious Business Name "Queen Couture Beauty Supply" at 2214 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on May 10, 2012. Publish: May 16, 23, 30, June 6, 2012.

QUEENC 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03595. Holly Fae Hyatt and Esmeralda Arthy Gutierrez, both of 171 American River Canyon Dr., Folsom, CA 95630 are doing business under the Fictitious Business Name "Inner Ripple" at 4400 San Juan Ave. #18, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on April 23, 2012. Publish: May 16, 23, 30, June 6, 2012.

INNERR 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03514. Gary Pitts, 3627 "T" St., Sacramento, CA 95816 is doing business under the Fictitious Business Name "Banks Group West" at 3627 "T" St., Sacramento, CA 95816. Filed with the Clerk of Sacramento County on April 19, 2012. Publish: May 16, 23, 30, June 6, 2012.

BANKSG 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04100. John Chevez Jr., 11463 Mother Lode Circle, Gold River, CA 95670 is doing business under the Fictitious Business Name "Pacific Crest Design" at 11463 Mother Lode Circle, Gold River, CA 95670. Filed with the Clerk of Sacramento County on May 8, 2012. Publish: May 16, 23, 30, June 6, 2012.

PACIFI 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03922. Pamela J. Bulk and Curtis R. Hough, both of 5586 Butano Way, Rocklin, CA 95677 are doing business under the Fictitious Business Name "Sierra Foothills Massage" at 555 Oakdale St. #B, Folsom, CA 95630. Filed with the Clerk of Sacramento County on May 2, 2012. Publish: May 16, 23, 30, June 6, 2012.

SIERRA 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-033960. Hari Singh Sohi, 3737 Stone Walk Ct., Antelope, CA 95843 is doing business under the Fictitious Business Name "Quality Accounting Services" at 3737 Stone Walk Ct., Antelope, CA 95843. Filed with the Clerk of Sacramento County on May 3, 2012. Publish: May 16, 23, 30, June 6, 2012.

QUALIT 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03Jeff Boucher, 836 57th St., Sacramento, CA 95819 is doing business under the Fictitious Business Name "Event LTD" at 836 57th St., Sacramento, CA 95819. Filed with the Clerk of Sacramento County on May 9, 2012. Publish: May 16, 23, 30, June 6, 2012.

EVENTI 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-034181. Brigitte Rumie and Guillermo Aguilar, 2537 River Plaza Dr. #67, Sacramento, CA 95833 are doing business under the Fictitious Business Name "Success Enterprises" at 2537 River Plaza Dr. #67, Sacramento, CA 95833.

Filed with the Clerk of Sacramento County on May 10, 2012. Publish: May 16, 23, 30, June 6, 2012.

SUCCESS 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03721. Joseph Bond Simpson, 11664 New Albion Dr., Gold River, CA 95670 is doing business under the Fictitious Business Name "Mad Hatter Mushroom Company" at 11470 Sunrise Gold Circle #6, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on April 25, 2012. Publish: May 16, 23, 30, June 6, 2012.

MADHAT 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03875. Vistasat Solutions LLC, 10017 Prairie Dunes Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name "Vistasat Solutions LLC" at 10017 Prairie Dunes Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County on May 1, 2012. Publish: May 16, 23, 30, June 6, 2012.

VISTAS 120503 6-6-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00123528 WHEREAS, Nicholas J. Hurley has filed a petition with this court for a decree changing name of Nicholas John Hurley to Nicholas John O'Connell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 14, 2012 in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 3, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: May 16, 23, 30, June 6, 2012.

OCONNE 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-034137. Thelma Lisa Jouganatos, 8337 Summerplace Dr., Citrus Heights, CA 95621 is doing business under the Fictitious Business Names "Storage Group Network; SGN" at 6456 Tupelo Dr. #A-6, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on May 9, 2012. Publish: May 23, 30, June 6, 13, 2012.

STORAG 120504 6-13-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-034106. Lance Clifton Chiropractic, PC, 7880 Old Auburn Road, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Creekside Chiropractic Group" at 7880 Old Auburn Road, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on May 8, 2012. Publish: May 23, 30, June 6, 13, 2012.

CREEKS 120504 6-13-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-034358. Milward Realtors Inc., 3401 West Country Club Lane, Sacramento, CA 95821 is doing business under the Fictitious Business Name "Intero Real Estate Services" at 460 Drake Circle, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on May 17, 2012. Publish: May 23, 30, June 6, 13, 2012.

INTERO 120504 6-13-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-034364. Ronald D. Starr, 5417 Tree Side Dr., Carmichael, CA 95608 and George W. Johnson, 1591 Barnett Circle, Carmichael, CA 95608 are doing business under the Fictitious Business Name "Starr Johnson Wines" at 5417 Tree Side Dr., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 17, 2012. Publish: May 23, 30, June 6, 13, 2012.

STARRJ 120504 6-13-12



SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO SUMMONS CASE #34-2010-00068058 NOTICE TO DEFENDANT: JOSHUA RISSMAN, and DOES 1-100 inclusive. You are being sued. PLAINTIFF'S NAME IS: KATHY BATCHELDER. You have 30 Calendar Days after this Summons and legal papers are served on you to file a typewritten response at this court and have a copy served on the petitioner. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp.org).

If you do not file your Response on time, you may lose the case by default, and your wages, money and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. The name and address of the court is: Superior Court of California, County of Sacramento, 720 Ninth St., Sacramento, CA 95814. The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: Richard E. Lehrfeld, 3350 Watt Ave., Sacramento, CA 95821; 916-482-5000. Dated: Jan. 12, 2010. Publish: May 23, 30, June 6, 13, 2012.

LEHRFE 120504 6-13-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04480. BAD, Inc., 443 Stationers Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name "Impressive Exteriors" at 5443 Stationers Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on May 21, 2012. Publish: May 30, June 6, 13, 20, 2012.

IMPRES 120505 6-20-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03986. Helen Wong, 5643 John Runge Dr., Sacramento, CA 95835 is doing business under the Fictitious Business Name "Looks JS" at 5643 John Runge Dr., Sacramento, CA 95835. Filed with the Clerk of Sacramento County on May 4, 2012. Publish: May 30, June 6, 13, 20, 2012.

LOOKS 120505 6-20-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04285. Hood Funeral Home, Inc. 4221 Manzanita Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Lind Brothers" at 4221 Manzanita Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 5, 2012. Publish: May 30, June 6, 13, 20, 2012.

LINDBR 120505 6-20-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME AND GENDER #34-2012-00124826 WHEREAS, Matthew Owen Beal has filed a petition with this court for a decree changing name of Matthew Owen Beal to Kristina Maria Beal. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 5, 2012 in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 23, 2012. Publish: May 30, June 6, 13, 20, 2012.

KNIESE 120505 6-20-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00119350 WHEREAS, Barry Dornich has filed a petition with this court for a decree changing name of Natalie Paige Dornich to Natalie Paige Dornich. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 28, 2012 in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 3, 2012. Publish: May 30, June 6, 13, 20, 2012.

DOMNIC 120505 6-20-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00124701 WHEREAS, Mary Ann Martin Ostensoe has filed a petition with this court for a decree changing name of Mary Ann Martin Ostensoe to Mary Ann Martin. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 3, 2012 in Department 53, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 3, 2012. Publish: May 30, June 6, 13, 20, 2012.

MARTIN 120505 6-20-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03852. Heath Guthrie Kendrick Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name "Moule's Lak-vue Glass by Health" at 6251 Main Ave., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on May 1, 2012. Publish: June 6, 13, 20, 27, 2012.

MOULES 120601 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04530. Crestone Mortgage, 8510 Madison Ave. #F, Fair Oaks, CA 95628 is doing business under the Fictitious Business Names "BBV Services; Crestone Innovative

Solutions" at 8510 Madison Ave. #F, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on May 24, 2012. Publish: June 6, 13, 20, 27, 2012. Publish: June 6, 13, 20, 27, 2012. Publish: June 6, 13, 20, 27, 2012.

BBVSR 120601 6-6-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00124702 WHEREAS, Kyle Benjamin Hernandez has filed a petition with this court for a decree changing name of Kyle Benjamin Hernandez to Kyle Benjamin Hernandez-Kniesel. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 3, 2012 in Department 53, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 3, 2012. Publish: May 30, June 6, 13, 20, 2012.

KNIESE 120505 6-20-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00119350 WHEREAS, Barry Dornich has filed a petition with this court for a decree changing name of Natalie Paige Dornich to Natalie Paige Dornich. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 28, 2012 in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 3, 2012. Publish: May 30, June 6, 13, 20, 2012.

DOMNIC 120505 6-20-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00124701 WHEREAS, Mary Ann Martin Ostensoe has filed a petition with this court for a decree changing name of Mary Ann Martin Ostensoe to Mary Ann Martin. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 3, 2012 in Department 53, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 3, 2012. Publish: May 30, June 6, 13, 20, 2012.

MARTIN 120505 6-20-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03852. Heath Guthrie Kendrick Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name "Moule's Lak-vue Glass by Health" at 6251 Main Ave., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on May 1, 2012. Publish: June 6, 13, 20, 27, 2012.

MOULES 120601 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04530. Crestone Mortgage, 8510 Madison Ave. #F, Fair Oaks, CA 95628 is doing business under the Fictitious Business Names "BBV Services; Crestone Innovative

Solutions" at 8510 Madison Ave. #F, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on May 24, 2012. Publish: June 6, 13, 20, 27, 2012. Publish: June 6, 13, 20, 27, 2012. Publish: June 6, 13, 20, 27, 2012.

BBVSR 120601 6-6-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00124702 WHEREAS, Kyle Benjamin Hernandez has filed a petition with this court for a decree changing name of Kyle Benjamin Hernandez to Kyle Benjamin Hernandez-Kniesel. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 3, 2012 in Department 53, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 3, 2012. Publish: May 30, June 6, 13, 20, 2012.

KNIESE 120505 6-20-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00119350 WHEREAS, Barry Dornich has filed a petition with this court for a decree changing name of Natalie Paige Dornich to Natalie Paige Dornich. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 28, 2012 in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 3, 2012. Publish: May 30, June 6, 13, 20, 2012.

DOMNIC 120505 6-20-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00124701 WHEREAS, Mary Ann Martin Ostensoe has filed a petition with this court for a decree changing name of Mary Ann Martin Ostensoe to Mary Ann Martin. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 3, 2012 in Department 53, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 3, 2012. Publish: May 30, June 6, 13, 20, 2012.

MARTIN 120505 6-20-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03852. Heath Guthrie Kendrick Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name "Moule's Lak-vue Glass by Health" at 6251 Main Ave., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on May 1, 2012. Publish: June 6, 13, 20, 27, 2012.

MOULES 120601 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04530. Crestone Mortgage, 8510 Madison Ave. #F, Fair Oaks, CA 95628 is doing business under the Fictitious Business Names "BBV Services; Crestone Innovative

Sacramento County DA Report

CASE: Costco Wholesale Corporation (06/04/12)

PROSECUTOR: Deputy District Attorney Doug Whaley, Consumer Environmental Protection Unit

Sacramento County District Attorney Jan Scully joins Alameda County District Attorney Nancy E. O'Malley, and 28 other California district attorneys in announcing the settlement of a civil law enforcement action against Costco Wholesale Corporation. The civil action was filed in Alameda County Superior Court, and the settlement resolves allegations that Costco violated California laws for the safe storage, handling and disposal of pharmaceutical, and pharmacy waste as well as other hazardous waste.

The Alameda County District Attorney's Office teamed up with the other DA offices as part of a joint investigation and prosecution to address statewide violations of law after San Joaquin County inspectors found evidence of improper storage, handling and disposal of hazardous waste, and pharmaceutical waste products at Costco stores. Upon notification of the investigation, Costco officials cooperated with prosecutors and quickly came into compliance with hazardous waste management regulations.

The violations occurred over a five-year period at numerous Costco stores and distribution stores statewide, including 5 stores in Sacramento County.

District Attorney Jan Scully states, "Improper handling and disposal of hazardous waste creates a health and safety risk to the citizens of Sacramento County and our environment. The District Attorney's Consumer Environment Protection Unit remains aggressive in pursuing businesses that violate the state's environmental laws."

Under the final judgment, Costco must pay \$3.6 million in civil penalties and costs. It also funds supplemental environmental projects furthering consumer protection and environmental enforcement in California. The retailer will be bound under the terms of a permanent injunction prohibiting similar future alleged violations of law. Sacramento County will receive \$23,250 in costs and penalties.

BURIED in CREDIT CARD DEBT?

Over \$10,000 in credit card bills? Can't make the minimum payments?

- ✓ WE CAN GET YOU OUT OF DEBT QUICKLY
- ✓ WE CAN SAVE YOU THOUSANDS OF DOLLARS
- ✓ WE CAN HELP YOU AVOID BANKRUPTCY

Not a high-priced consolidation loan or one of those consumer credit counseling programs

CREDIT CARD RELIEF for your FREE consultation CALL 888-505-1183

We're here to help you Monday - Friday from 9am-9pm EST
 Not available in all states

OFFICE SPACE FOR RENT

Great Location Available

Call to schedule a tour

3400 Cottage Way (Just off Howe Avenue) Sacramento

Contact Cora Allison
 3400 Cottage Way Suite K • Sacramento, CA 95825
916-779-0382

Carmichael Chamber of Commerce

Carmichael Chamber Board Meeting
 Tue, June 12, 2012 from 12:00pm - 1:30pm
 @ Eskaton Village Carmichael
 Board meetings are held at Eskaton Village and require advance notification for a gate pass. Any member wishing to attend needs to contact Linda in advance to have this arranged.

Multi-Chamber Mixer
 Wed, June 13, 2012 from 5:30pm - 7:30pm
 Multi-Chamber Mixer with Carmichael, Citrus Heights, Fair Oaks & Orangevale Chambers hosting it at Northridge Country Club. Free food and drink and great networking opportunities. Bring plenty of business cards. Sign up to host a vendor table.

Carmichael Chamber Luncheon
 Tuesday, June 26, 2012 from 11:30am - 1:00pm
 @ Cypress Avenue Baptist Church
 Luncheon meeting is held in the Education Building and is the Chamber General Meeting & Luncheon. Come enjoy a delicious buffet lunch, speaker, and plenty of opportunity to network. Raffle prizes too!
 Cost for the luncheon is \$18 for members with reservations, and \$23 for non-members and members without reservations.
 Go to website to register by Sunday, June 24.

3 in 1 Recycle Event!
 Saturday June 16, 2012, 9:00 am - 1:00 pm
 La Sierra Community Center
 5325 Engle Road, Carmichael 95608
 For more info contact Linda Melody at the Chamber Office at 916-481-1002

Support the Carmichael Chamber - Buy Your Coffee or Tea from Us! See website for more info.

Contact us for more information on the Carmichael Chamber of Commerce
 Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com



A Film Review by Tim Riley

Riley Reviews

THE SURE THING APPEAL OF "MEN IN BLACK" PROVES TEMPTING

MEN IN BLACK 3

(Rated PG-13)

More often than not, sequels that may have seemed like a good idea on paper prove not to have achieved the desired effect.

Even George Lucas lost the magic touch when he got to the fourth "Star Wars" adventure. And what about Harrison Ford, entitled to Medicare, still trying to be a vital, energetic, whip-snapping Indiana Jones?

When did a second sequel to "Men in Black" become a good idea? It's been ten years since "Men in Black 2," which was such a dud that I bet few can recall the plot or main villain. I know I am stumped.

It was 15 years ago that the original "Men in Black," was released, with Tommy Lee Jones as the cranky Agent K and the youthful Will Smith as Agent J.

Heck, I wasn't sure if Tommy Lee Jones was still alive. If the filmmakers wait another decade for "Men in Black 4," the main star will definitely have to be wheeled out of the Old Actors Home in Woodland Hills.

The burning question is whether "Men in Black 3" is a smash hit or a stinker. After all, it's tempting to think the franchise has the "sure thing" appeal going for it.

I have mixed feelings about "Men in Black 3." On the one hand, it's relatively true to its heritage, though it is lighter on comedy and heavier on the action.

"Men in Black 3" also goes far to erase the bad taste of the second film, which even though I have forgotten the details, I know enough not to watch it ever again.

This third installment has a nice twist with the appearance of Josh Brolin in the role of a young Agent

experiences as he copes with the strange world of 1969.

Clement's Boris the Animal is a vile, disgusting creature, all the more so because strange alien things slither in and out of his various body parts.

The central bad guy is more creepy than frightening. Not a moment is to be found where you think Boris just might get the upper hand on the Men in Black.

One of the memorable scenes involves Bill Hader in a cameo as Andy Warhol working with a bunch of rail-thin models who turn out to be aliens.

Another revelation comes during a showdown at Cape Canaveral, on the day that Apollo 11 blasts off for its historic journey to the moon. I'll say no more, but it's a truly sentimental and enlightening moment.

"Men in Black 3" – not as good as you hoped it would be, and not as bad as you feared. Overall, it's better than a lot of what passes for summer blockbuster fun.

DVD RELEASE UPDATE

Just in time for the Stanley Cup, Magnolia Home Entertainment is releasing its hockey comedy "Goon" on DVD, including a tutorial called "Fighting 101."

If you think hockey is about body slamming and cheap hits, then "Goon" is for you. It's also for you if you have fond memories of "Slap Shot."

"Goon" goes a lot farther than "Slap Shot" in glorifying the role of team enforcer during hard-fought, brutal games.

Seann William Scott (aka Stifler) plays Doug Glatt, a simple, loveable guy who dreams of a more rewarding job than bouncer at a dive bar.

When a chance encounter with an on-ice thug leads to a fistfight that Doug easily wins, the on-looker coach sees Doug's potential, in spite of his lack of hockey skills.

Joining the Halifax minor league team and with encouragement from his buddy (Jay Baruchel), Doug quickly becomes a rising star.

Soon he'll have the opportunity to face-off against the infamous league thug Ross Rhea (Live Schreiber), perhaps finally land a girlfriend and stick to a job he enjoys.

All Doug has to do is to learn how to skate. And hockey fans will probably love the film's vulgar, off-beat humor.

Retired Teachers Keep On Giving

Association Members Donate More Than 58,000 Volunteer Hours



Kathy Wilkinson and Donald Houser holding a check representing the \$1,381,616.00 of value of the hours given in volunteer service. Photo courtesy of CalRTA Div 75 and Meggan Ravazzolo.

hours of volunteer service in the past year, valued at more than \$1,300,000.00.

Members of Division #75 also funded 6 scholarships valued at \$9,000.00 as well as giving 12 mini-grants totaling \$3,000.00 to individual classrooms to promote worthy educational projects.

In recognition of the Day of the Teacher on May 9th, retired educators spotlighted those exceptional volunteers from among their ranks who each donated more than 2,000 hours to community activities.

In urging all Californians to find ways to volunteer their time on behalf of others, these retired teachers all said that the secret to volunteering is knowing that you will always get back more than you give.

SACRAMENTO REGION – Association, of Local Division # The California Retired Teachers 75, have tallied more than 58,000

Delivery Routes Available Call 773-1111



Announcements & Events

PUBLIC WORKSHOP

The Carmichael Recreation and Park District is hosting a Public Workshop regarding district fees and facility policies. With budget challenges the District will be asking regular user groups to help offset some of their direct costs. The public is invited to a workshop to review the district process and the proposed new fees.

Thursday, June 7, 2012 at 6pm, Carmichael Park Clubhouse 5750 Grant Avenue, Carmichael, CA 95608
If you have any questions, please call Tracy Kerth at (916) 485-5322 x23 or email tracy@carmichaelpark.com

See Community Events at our website for complete list of Summer Events!

SUMMER CONCERTS IN THE PARK

See website for more information

For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.



Father/Daughter Dance

Friday, June 15 • 7-9pm
\$5/PERSON
ALL AGES WELCOME!
DJ Music, Games, Prizes, Refreshments

MISSION OAKS COMMUNITY CENTER

Extended Tours

- Washington DC October 10-16, 2012 • \$2,329 pp double
- New England's Yuletide Treasures December 2-8, 2012 • \$2,099 pp double
- Costa Rica January 19-27, 2013 • \$2,499 pp double

Luxury Motorcoach

- Red Hawk Casino Monday, July 30 • \$20/ get \$15 slot play and \$5 food credit
- Ride the Ducks & AT&T Park Tour Wednesday, Aug 8 • \$120/person • Deadline: July 13
- Autumn in Yosemite September 19-20 • \$298/person • Deadline August 18

Summer Preschool 2012

Register Online@morpdpd.com
Monday, Wednesday, & Friday 9am-noon.
Sessions: June 11-29, July 9-27, August 6-24

Summer Dances

WEDNESDAYS: 7-9:30PM
JUNE – AUGUST • \$7/PERSON
KRISTY REED DANCE TRIO
Dance music for all ages!

New Van Trips

SWANSTON COMMUNITY CENTER
El Dorado County Fair • June 14 • \$20
Chico • June 18 • \$24
Clarksburg Wineries • July 5 • \$20
Old Town Auburn • July 18 • \$20

MISSION OAKS RECREATION & PARK DISTRICT
Office Hours: 8 am–5 pm
Registration Hours: 8:30am-4pm Monday-Friday
www.morpdpd.com

DISTRICT OFFICE
(916) 488-2810 • Fax (916) 488-4349
3344 Mission Ave., Carmichael, CA 95608
MISSION OAKS COMMUNITY CENTER
(916) 972-0336 • Fax (916) 972-7371
4701 Gibbons Dr., Carmichael, CA 95608
SWANSTON COMMUNITY CENTER
(916) 333-6464 • Fax (916) 488-4349
2350 Northrop Ave., Sacramento, CA 95825

CIMINO CARE

"Serving the Needs of Seniors"
Your one-stop resource for Senior Care
www.CiminoCare.com

Call Today to start gathering answers. A knowledgeable counselor is standing by to help at no cost to you.

(916)729-9200

Assisted Living
Independent Living
Memory Care
& Other Resources



Mark Cimino, CEO & Family

CiminoCare
7501 Sunrise Blvd.
Citrus Heights, CA 95610
Phone: 916.729.9200
Email: mark@ciminoCare.com
Facebook.com/CiminoCare

Connect with us on

"Serving the Needs of Seniors"

Your one-stop resource for Senior Care
www.CiminoCare.com



Our Communities in the Greater Sacramento Area:

- Auburn Oaks Senior Living, Citrus Heights
- Citrus Heights Terrace, Citrus Heights
- Courtyard Terrace, Sacramento
- Fair Oaks Villas, Fair Oaks

Senior care, or the Cimino family, first began in 1973 when Wilma Cimino served her first In-Home Care Client. Today, Mark Cimino, CEO & son of Wilma continue to serve the needs of seniors across Northern California and have broadened their support for seniors in a variety of ways. Call or email TODAY to see how they can meet your senior care needs.

Courtyard Terrace

A CIMINO CARE® MEMORY COMMUNITY



WE RID YOUR HOME OF PESTS!

BELL PEST CONTROL

GUARANTEED Since 1978

800-322-4170
"GIVE US A RING"
WWW.BELLPEST.COM

"We've got 'em in our crosshairs"

\$35 START UP A \$145 SAVINGS!

\$30 OFF ANY ONE TIME SERVICE

SPRING SPECIAL FREE
With Start Up Aphid, Slug, and Snail Treatment (\$100 value) Ask For Details

✓ ANTS ✓ BLACK WIDOWS ✓ ROACHES ✓ MICE ✓ EARWIGS ✓ RATS ✓ FLEAS ✓ AND MORE

Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/ 1st aid, 24 hr support, monthly reimb.

Call Lenka (916) 338-7156

ABRITER Foster Family Agency

California Certified

FARMERS MARKET

5750 Grant Ave
Shop with us at the Carmichael Park Farmers' Market, every Sunday
Please be aware of Carmichael Park's new market hours: 9AM-2PM*
Serving you every Sunday All Year Round!
WE'RE OPEN RAIN OR SHINE!!

Other Farmers Market Locations include:
Sunrise Mall, Citrus Heights Every Saturday, 8:00 am to 1:00 pm

Art/Craft Vendors Welcomed Quarterly

Check our schedule at our website for special events at our weekly Farmers Markets. These might be contests, demos, special guests, and more! Don't miss anything fun... Sign up for the newsletter which will remind you of fun things going on at the Markets!

Come join us for our Farmers Market at beautiful Carmichael Park with over 40 certified and organic farmers and specialty item vendors.

Check our website for delicious recipes from the Market

We Have 55+ Farmers/Vendors to Choose From.

BeMoneySmartUSA
Personal Finance & Business Education

Marie Hall, Executive Director • (916) 806-3989
info@bemoneysmartusa.org • www.bemoneysmartusa.org

How Green is Your Grass?

SACRAMENTO REGION – Although often labeled as a water and energy hog, lawns remain a significant part of the home landscape. By establishing small, practical areas planted with turf species that require less water and implementing simple maintenance practices, you can have a nice lawn and also be environmentally responsible.

Amazingly, the inevitable, unwanted brown spots that appear in our lawns are seldom the result of insects. More often improper lawn care, ill-timed watering or a grass variety not suited to your yard are the causes of unhealthy areas. Many problems can be eliminated by performing routine maintenance on sprinkler heads, evaluating mowing practices and using care when applying fertilizers. In order for a lawn to thrive, it must have a strong, vigorous root system. Lack-luster root growth can often be traced back to an irrigation issue or compacted soil. Contact your water agency to schedule a free irrigation system evaluation. When water puddles or runs off

without soaking in, increase water movement down to the roots by aerating during the cool spring months. At each mowing, cut only 1/3 of grass height and keep the mower blades sharp. Mowing too low removes too much of the food producing area. As the grass literally starves, the lawn thins and looks poor. Incorporate grasscycling; the natural recycling of grass by leaving clippings on the lawn. The clippings decompose quickly and release valuable nutrients back into the soil, reducing your fertilizer requirements. This simple practice will also eliminate a large amount of green waste from going to our landfills.

If feeding is necessary, use a slow-release fertilizer when grass is actively growing and apply no more than the recommended rates. Too much or improperly applied fertilizer can injure lawns and may contribute to water pollution through runoff. If excess nitrogen is applied too frequently, shoots will continue to grow yet root growth will slow, leaving the turf vulnerable to insects and disease.

Save your money by holding off on applying insecticides and herbicides. Prior to treatment, utilize non-toxic management methods and verify that a damaging level of an identified insect is the problem. A vigorously growing lawn will crowd out most weeds; consider tolerating the few that do appear. No two lawns are exactly alike. Lawns may differ by turf species, soil type, climate, location, how they are used and how they are maintained. To tailor a program with the specifics of your situation in mind visit the UC Guide to Healthy Lawns: www.ipm.ucdavis.edu/TOOLS/TURF.

Master Gardeners are available at 987-6913, to assist you with lawn care questions. The result of investing a little time evaluating the sprinklers and mower, plus using care with fertilizers and pesticides will result in a lawn that is both attractive and environmentally friendly.

For more tips on how to make your yard environmentally friendly, visit www.riverfriendly.org.

Source: County of Sacramento

Poet Dana Gioia to Present

June 17, 7 p.m.
Northminster Presbyterian Church
3235 Pope Avenue
Sacramento

Northminster is honored to present nationally acclaimed poet, Dana Gioia, for an evening of Poetry. Gioia is currently the Judge Widney Professor of Poetry and Public Culture at the University of Southern California and served as the Chairman of the National Endowment for the Arts from 2000 to 20008. (Business Week Magazine

referred to him as "The Man Who Saved the NEA.") He has been described as the most exquisite poet writing today in English.

Gioia has published four full-length collections of poetry as well as eight chapbooks. Gioia's many literary anthologies include Twentieth-Century American Poetry, 100 Great Poets of the English Language, The Longman Anthology of Short Fiction, Literature: An Introduction to Fiction, Poetry, Drama, and Writing, and Literature for Life. His poems, translations, essays, and reviews

have appeared in many magazines. Gioia's talk and reading will be free to the public. This reading will be the first public reading in Northern California of his new book, "Pity the Beautiful." His books will be available for purchase and he will be on hand to autograph copies of his poetry. There will be an opportunity to make a donation to the Mission work of Northminster.

For further information contact The Rev. Jeanie Shaw at (916) 487-5192

Music Camp for Children

June 25 – 29, 8 a.m. – Noon
Northminster Presbyterian Church
3235 Pope Avenue
Sacramento

Every summer Northminster invites children to join in a fun-filled week of Music Camp. Children from 1st through 6th

grades - along with middle school mentors and performers - will share singing lessons, music theory, and musical instrument training (woodwinds, strings, brass, chimes and guitar). Students must provide their own instruments. The week concludes with a musical performance that showcases their new skills. This year's musical,

Spend Awhile on the Nile, will be performed at Northminster's worship service on Sunday, July 1, at 9:55 a.m. Snacks and drinks will be provided during the camp.

This weeklong event costs only \$40 but fills up quickly. Register by calling the Church office at (916) 487-5192 or visit northminsteronline.org.

The New Christy Minstrels

to Perform Benefit Concert under the Stars

Under the direction of Randy Sparks in concert



Featuring many of their best sellers, like Green, Green, This Land Is Your Land, Ramblin', and many others.



Saturday July 28th & Sunday July 29th

Tickets \$20

Available online
fairoakstheatrefestival.com

Program information available at
916.966.3683

Tickets may also be purchased in the Village at American River Bank, Oaks Hardware, BBQPro, Bella Fiore Florist and the Recreation and Park District office.

Proceeds from the concert go to the Fair Oaks Theatre Festival, a non-profit summer theatre company, and the New Christy Minstrels Foundation providing music education, concerts and music to schools throughout the country. Both organizations are Charitable/Education entities under Federal law.



sacramento fine arts center

Contributing to the cultural life of the Sacramento community

June 2012 Happenings

"Focus On Fiber"

Fiber Arts Exhibit June 5-23, 2012
2nd Saturday Reception June 9, 5:30-8:30pm
Special: Open Sunday June 10th



Knitted shawl and sweater, by Jan Rosenberg.



Focus on Fibers
Sacramento Fine Arts Center
Mustard Seed School Benefit
June 16, 2012
Saturday 11:00 AM – 5:00 PM

Be a part of a group to support the needs of children of the homeless. Details: www.sacfinearts.org

5330 – B Gibbons Dr., Carmichael, CA • Ph. 916-971-3713
Hours: Tuesday 11 am-7 pm, Wednesday through Saturday 11 am-3 pm.
www.sacfinearts.org

NCA Membership Show, "Inner Views", Opens June 26th!
Join and show!
www.sacfinearts.org/nca

SFAC Childrens Summer Program Begins June 25th! Enroll Now!

Call to Artists
"Off the Wall" Open Sculpture Show
Entry Dates June 29-30, 2012
Entry Forms: www.sacfinearts.org
(Click "Call to Artists")

WASH Monthly meeting:
June 11th, 7 pm. • Patricia Osborne
NCA Monthly Meeting:
June 13th, 7 pm • Anne Bradley
Photo Club June 28th, 7 pm
Fiber Arts Group June 20th, 6:30 pm



Serving our neighbors • Family owned and operated

Specializing in Tankless Water Heaters and Trenchless Sewer Lines

(916) 663-1293 (North Area)

(916) 789-9332 (Roseville)

(916) 929-9019 (Mid-Town)

www.allphaseplumbinginc.com

Serving the greater Sacramento Area

License # 746793

MPG REWARDS

Get More Mileage from Your Shopping Dollar!

The Carmichael Times and MPG now offer a great cash back rewards program



Get up to **20% CASH BACK!**

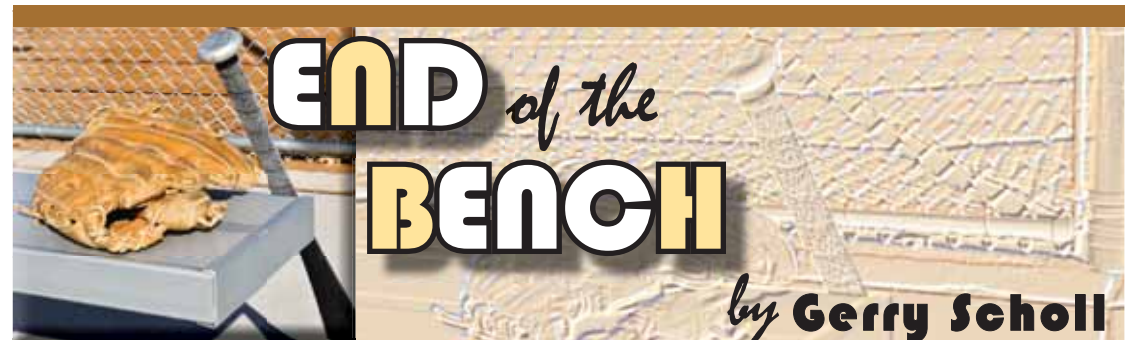
Get Cash Back on Purchases from Local Merchants

It's **FREE** to Join

- 200 plus local merchants and growing • Name Brand Companies
- Online Shopping with National Chains too!
- Sign Up is Fast and Easy
- Go to www.CarmichaelTimes.com
- Click on the Rewards Banner
- Start Saving the Same Day!



Learn more about how it works on the registration page



Throwbacks, Comebacks, Throw-ups, C'mon's

Matt Cain looked like someone out of the 1910's on the mound Saturday, pitching his way to a 2-1 victory over the Chicago Cubs — a throwback to another era.

The San Francisco Giants did just about everything they could think of for the "Turn back the Century Game" at AT&T Park to portray baseball as it was in 1912 — a year the Giants won 103 games and the National League pennant by ten games. Those Giants lost the World Series to the Boston Red Sox. This season's Giants would love a throwback season like that one, only completing the deal with their second Series title in three years.

These Giants will have to do it with "old school" style. Lacking power hitters in the lineup, they must win with pitching, speed and defense. That's how it was done a hundred years ago.

The 1912 New York Giants hit just 47 home runs, but stole 319 bases. Led by Hall of Fame pitcher Christy Mathewson, the staff allowed only 35 homers and had a league-leading ERA of 2.58.

But along came Babe Ruth and all those home runs, changing baseball forever and beginning its evolution into a power game.

The current Giants' final numbers probably won't resemble those of 1912 all that closely, but their winning formula is certainly a throwback.

Starter Barry Zito, 34, is trying hard to resemble a throwback of his former self, a Cy Young award winner with Oakland in 2002. He is on the comeback trail with a great start at 5-2 with a 2.98 ERA. But, beware,

he started 5-0, 1.49 in 2010, but by the end of the season he had pitched his way off the World Series roster, finishing at 9-14, 4.16.

Attempting a comeback next season will be your Sacramento Kings. The Sacramento News and Review ripped open some wounds with a recent piece reminded us that it has been ten years since we all enjoyed the team at its peak with Chris Webber, Vlade Divac, Mike Bibby, Peja Stojakovic, etc., etc. We'd love to see a team that looked anything like that one, and not just in some throwback uniforms.

On the NBA topic, the San Antonio Spurs were looking like the old Spurs during their 20-game winning streak, which included their first ten in the playoffs. Star Tim Duncan, who many thought was fading away, turned back the clock with double-doubles in victories in the first two Western Conference Finals games against the Oklahoma City Thunder. But on the road for the next two games, the E.T. look-alike and the Spurs just appeared old in losses against the youthful Thunder. An interesting series and clash in styles.

There have been a couple of failed comebacks of note. Jamie Moyer, who on May 16 became the oldest pitcher in major-league history to win a game, was recently released by the Colorado Rockies after a 2-5, 5.70 start to his 25th season. Greg Oden, an over-powering center in his one year at Ohio State who was the No. 1-overall pick in the 2007 NBA draft (ahead of league-leading scorer

and star of the Thunder, Kevin Durant), has finally been waived by the Portland Trail Blazers, possibly ending an injury-riddled career.

On to the throw-up category: sports and the legal system. The trial of two accused attackers in the famous Bryan Stow incident is unfolding in Los Angeles. Stow is the seriously-injured Giants fan who was nearly killed on Opening Day at Dodger Stadium in 2011. Jerry Sandusky's ugly mug appeared on the cover of USA Today last week as his court proceedings regarding the Penn State child sex-abuse scandal fast approach. And now the Giants' own Pablo Sandoval, on the disabled list and on a rehab assignment, is being investigated with regard to an alleged sexual assault. Barf.

Let's lighten things up with the "C'mon!" department. C'mon Tim Lincecum! Snap out of it! C'mon Oakland A's and improve on that .209 team batting average. C'mon with all these star players getting hurt. Brian Wilson, Yoenis Cespedes, Matt Kemp, Troy Tulowitzki, Roy Halladay, Mariano Rivera...we really like watching you play...c'mon!

And give me a break with the Carlos Beltran deal. The Giants traded hot pitching prospect Zack Wheeler for Beltran late last season to try and reach the playoffs. That failed. Beltran did not re-sign and is leading the NL in homers with St. Louis, while Wheeler is the talk of Double-A ball in the New York Mets system. And c'mon, somebody take charge of first base for the Gigantes! And, c'mon ESPN, enough with the spelling beezz...

Fab 40's 5k Run/Walk



Benefiting the Alzheimer's Association City of Sacramento 5k Championship

Saturday July 14, 2012

Start and finish lines at historic East Lawn Memorial Park, 4300 Folsom Blvd.



Food • Kid's Bounce House • Family Photo Booth • Vendors • Prizes
Don't miss this great family event!

Alzheimer's is the 6th leading cause of death in the United States and there is no cure. Our vision is a world without Alzheimer's. Come help us make that a reality. Run, walk, or just sit and enjoy the atmosphere. For more info: www.Fab40s5k.org



Authentic Tastes, Scents and Sounds of Persia

Beef Filet Mignon, Lamb Chop, Chicken Breast, and Ground Sirloin Kabobs:

All marinated in our special sauce, delicately prepared and cooked over an open flame, served over aromatic long grain Basmati Saffron rice, and grilled Tomatoes.



STAY LOCAL BUY LOCAL!



Wide Variety of Persian, Mediterranean, Middle Eastern Groceries and Products including:

Variety of Cardamom, Earl Gray, Persian, Ceylon, Darjeeling, and Green Tea; Best variety of Basmati rice; Persian Cucumber Pickles and Mixed Pickles; Pita, Lavash, Barbary Bread; Rose Water, Orange Blossom Water; Bulgarian, Greek & French Feta Cheese; Italian Mortadella; Persian Halva; Yogurt Soda; Saffron; Fresh Herbs; Dry Herbs, Spices; Pomegranate Juice and Paste; Seasonal Persian and Local Fruit; Variety of Persian Sweets; Our Very Famous Chia Seed Drink; and Much More...

TAKFoodMarket.com

916-944-3188

9045 Fair Oaks Blvd. Carmichael, Ca 95608



LUIS PALAU

sacramento festival



JUNE 16-17 CAL EXPO GROUNDS
3:30-10:00PM



www.sacramentofestival.com

MESSAGE BY:

LUIS PALAU SKILLET
TOBYMAC MANDISA
PHIL WICKHAM NASCAR SHOW
AND MORE...

SATURDAY & SUNDAY
ACTION SPORTS DEMOS 3:30-5:00PM

FREE



Time to Cheer On Local Swimmers Going for Olympic Gold!

SACRAMENTO – Known for incredibly fast, exciting and suspense-filled competitions, a number of local swim athletes have their eye on competing in the 2012 U.S. Olympic Team Trials June 25-July 2 in Omaha, Nebraska, in hopes of representing the United States at the upcoming London Olympic Games. In fact, five local swimmers who have trained at Arden Hills are already qualified to attend the USA Swimming Olympic Trials and three others are headed to a qualifying meet later this week.



Local Swimmers Have Successfully Made the Olympics Trials Cut. Photographed are AH Swimmers 2012 Johnson, Franz, Johansen, Edwards Photo courtesy of T-Rock Communications.

The community at large is encouraged to keep watch and cheer on a number of talented local swimmers, including:

Randall Bal — a graduate of Stanford University in 2003, Bal qualified for the Olympics trials cut a couple of years ago and recently began training at Arden Hills in preparation for competing in the upcoming Olympic Trials in the 100-meter backstroke and 100-meter freestyle.

Katie Edwards — currently a junior at UC Davis, Edwards has trained extensively for a number of years at Arden Hills and the talented athlete is working toward making the Olympic Trials cut in the Santa Clara International Grand Prix in the 200-meter freestyle and the 200-meter individual medley.

Kevin Ferguson — currently a senior at UC Santa Barbara, Ferguson qualified for the Olympics trials cut in July 2011 in the 100-meter freestyle and 100-meter breaststroke. In addition to other prestigious honors, he was voted as team captain of the UCSB swimming & diving team in 2012. Prior to his impressive college swimming efforts, Ferguson trained extensively year-round for five years at Arden Hills.

Michael Franz — currently a sophomore attending Texas Christian University, Franz has trained at Arden Hills since he was six years old (and trained year-round since he was 13). A dedicated athlete, Franz is working toward making the Olympic Trials cut in the Santa Clara

International Grand Prix in the 400-meter freestyle, the 1500-meter (or one mile) freestyle and the 200-meter freestyle.

Sydney Johansen — currently attending Boise State University, Johansen is an accomplished swimmer who trained with Coach Nabeta year-round at Arden Hills for more than 10 years. Sydney is working toward making the Olympic Trials cut in the Santa Clara Grand Prix in the 200-meter breaststroke, 100-meter breaststroke and the 200-meter individual medley.

Nick Johnson — during the recent 2012 Columbus Grand Prix competition, Arden Hills swim athlete and University of Southern California (USC) sophomore Nick Johnson successfully made his 400-meter free Olympic trials cut that took place March 9-11 in Columbus, Ohio.

Kate Mills — a graduate of Harvard University, Kate Mills started her swimming career as an Otter at Arden Hills. Mills impressively continued with the Arden Hills National Group program before being accepted into Harvard University. In 2007, Mills qualified for the 2008 Olympic trials at the USA Swimming Junior Nationals. While at Harvard, Mills was named Ivy League Career High-Point Swimmer during her senior year. Kate has qualified for Olympic Trials and

currently trains in North Carolina for SwimMac.

Daniel Smith — a graduate of UC Berkeley and currently training with Cal Aquatics, Smith qualified at the U.S. Long Course Nationals in August 2010 in the 100-meter backstroke. A graduate of Jesuit High School, Smith trained extensively at Arden Hills for approximately 10 years before being awarded a coveted swim scholarship to UC Berkeley. In addition, he was selected to the Pac-10 All Academic First Team in 2011. Smith looks forward to competing in the upcoming Olympic Trials in the 100-meter backstroke.

Open to all swimmers with athletes being placed according to skill level, Arden Hills Resort Club & Spa has a year-round USA Swim Team that is recognized by USA Swimming as a Silver Medal team, one that is classified in the top two percent of all teams in the U.S. First opened in 1954, Arden Hills Resort Club & Spa has trained an amazing number of world champion swimmers. In fact, athletes that have trained at Arden Hills have collectively set more than 200 world and American records, earned 31 Olympic medals, 21 gold, seven of which were won by legendary swimmer Mark Spitz. Visit www.ardenhills.net for more info.

THANK A VETERAN TODAY



FREE LUNCHEON SEMINAR
"The Privilege of Planning"

Choose One Of These Dates
Friday, June 29, 2012 – 11:30 a.m. to 12:30 p.m.
Thursday, July 26, 2012 – 11:30 a.m. to 12:30 p.m.
Seating is limited to 30 attendees per seminar
St. Francis Community Hall,
6700 Verner Avenue, Sacramento, CA 95841
(1-800 @ Greenback)



Presenter: Josh Tuttle
General Manager
EAST LAWN MORTUARY &
SIERRA HILLS MEMORIAL PARK
Funeral Director License #3435



Please note – this is not a sales seminar. "The Privilege of Planning" will be a 30-minute presentation followed by a question and answer period. It will focus on the importance of getting your family involved in the entire process of advance planning and all of the options available. Done properly – at the right time and in the right way – pre-planning can become a privilege instead of a chore. Get valuable information on Veteran's benefits, cremation and burial options and receive a FREE Emergency Planning Guide. Come and learn the steps you can take now to make sure those you care about are always cared for.

Reservations Required RSVP to Lisa West @ (916)732-2020



Time To Enjoy The Life You Deserve

Nestled in the heart of Carmichael, there's a retirement community called Carmichael Oaks. This beautiful community offers:

- Social & Activities program
- Scheduled transportation
- Beauty salon & exercise room
- Theatre & computer center
- Weekly housekeeping
- 24 hour emergency staff

Save \$1500 or more!
Limited Offer

Independent & Assisted Living as well as Memory Care.



Carmichael
Senior Living Oaks

916-944-2323 office
www.carmichaeloaks.com