



Get Your American Flag on the Back Page

PLUS: Lungren Wants Health Care Reforms to be Patient Centered

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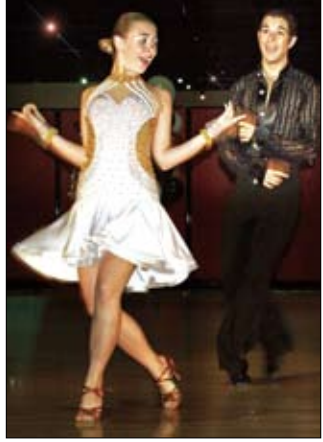
Carmichael Times

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Serving Carmichael and Sacramento County since 1981

July 4, 2012

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Bring on the Parade

July 4th Pageant Promises Fun For All



Sons of the American Revolution at a previous parade. Come early to get a good seat. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL – Pancakes, processions and pyrotechnics promise an unforgettable Independence Day for Carmichael. The mid-week holiday is certain to fill local parks with festivities.

Official celebrations will stretch from dawn to darkness and beyond.

Kicking these off, a sustaining breakfast is offered at the Carmichael Park Clubhouse. This annual treat is a fundraiser

for a Carmichael Kiwanis and will be accompanied by a live band concert. Serving begins at 7 a.m.

Participants in the 54th Carmichael Elk's Parade will assemble in the early hours. Marconi Ave is the marshaling point for the grand procession that starts at 10:30 a.m. and rolls along Fair Oaks Blvd to Cypress Avenue, ending at the Elks Lodge. This year's theme is "Honoring American Spirit" and with this aim, floats, bands,

military units, vintage automobiles and equestrians will carry banners. Best viewing point is from the Carmichael Park frontage, where trees provide some shade and entries slow for review. For observers, sun screen, hats and parasols are advisable. Citizens prepared to volunteer as roadside monitors should call the Elks at (916) 489-2103.

The holiday stretches into evening with festivities at the La Sierra Community Center (5325

Engle Rd) from 7 p.m. Attendees should bring blankets and lawn chairs; activities will include music, crafts and inflatables for children. Snacks and drinks will be available for purchase.

Celebrations conclude with a grand fireworks show. The first rocket explodes when darkness prevails – about 9:30 p.m.

Evening events are sponsored by the Carmichael and Mission Oaks Park Districts. For more information, call the Carmichael District at (916) 485-5322.

Logue Considering Ballot Measure to Stop Obamacare

SACRAMENTO – North State Republican, Chief Minority Whip and Assembly Health Committee Vice Chair Dan Logue responded to the ruling by the U.S. Supreme Court upholding the constitutionality of the federal Affordable Care Act (aka 'Obamacare') by announcing that he is considering authoring a ballot measure to stop its implementation in California. Assemblyman Logue authored Proposition 23 in 2010 to suspend the implementation of the California Air Resources Board's dangerous AB 32 program.

"Today's ruling by the Supreme Court punishes American families and workers by upholding the individual mandate as a 'tax' under the Constitution, but it also leaves it up to the states to decide whether to participate in the massive expansion of Medicaid.

The result is that California may again be the only state in the region to attempt a massive new government program, while our neighbors stand by and watch us struggle under the multi-billion dollar cost. Sacramento has already enacted most of the laws needed to implement Obamacare in California, including the creation of a new Health Benefit Exchange bureaucracy and new mandates on private health insurers, and the remaining pieces are in the works.

"Just because the Supreme Court upheld the constitutionality of Obamacare does not mean that it is the best thing for our state as we struggle to recover from the economic downturn. The top-down approach of the law will mean higher healthcare costs for families and businesses, more employers dropping healthcare coverage for their employees, and more jobs lost.

This will further harm the doctor-patient relationship by inserting more layers of bureaucracy, and will make healthcare decisions more about whether the government thinks it is worth the investment rather than what kind of care a doctor believes the patient needs. Repealing these laws is essential to protecting taxpayers, preventing top-down rationing of care by unelected bureaucrats and stopping more jobs from leaving the state."

Assemblyman Logue has authored a resolution (Assembly Joint Resolution 36) urging Congress to repeal Obamacare and replace it with free-market reforms to give Americans more affordable healthcare options instead of new government mandates. Over the coming weeks he will explore the possibility of putting a ballot measure before the voters to stop the implementation of Obamacare in California.

Pacific Staffing Special Report:

Give up your Facebook and Web Privacy?

SACRAMENTO REGION – The human resource managers at Sacramento's top companies have definite opinions about giving up their personal online privacy to an employer. When contacts at Sacramento regional companies were asked, "Would you give an employer the password and complete access to your Facebook account?" seventy-eight percent (78%) said No. Some were emphatic responding, "absolutely not" and one definitive saying, "no, and hell no!" Anecdotal comments focused on the issue of individual privacy outside of the workplace with some noting that Facebook was a social medium not specifically tied to work

related activity. While four percent (4%) didn't have a Facebook account or declined to answer, eighteen percent (18%) didn't have a problem with allowing an employer complete access to their online lives.

More than one HR manager said they specifically didn't have a personal Facebook account, as it was in their opinions, "inappropriate" to have employees 'friending' the people who decide on their employment and compensation through web-based social media like Facebook. Some did qualify employer access by noting that work-related postings or negative comments would likely

force an employer to review or respond.

Sacramento's top employers are hiring at twice the rate of those not hiring in the 3rd Quarter. Pacific Staffing discovered that sixty-six percent (66%) of those surveyed are hiring in July, August and September.

Hiring is active in all regional employment sectors and twenty-two percent (22%) of worker demand was motivated by seasonal needs. Active hiring in Q3 among Sacramento companies polled between May 23 and June 15th is reflected in forty-two percent (42%) attributing growth as their motivation to hire. Forty percent (40%) say they are seeking replacements due to attrition

in their existing workforce in the next three months.

While employers say they are getting large numbers of applicants, some are finding it difficult to find specific backgrounds or skills from their industry. Strong demand is noted for sales, customer service and technical skills, including industry specific computer software and hardware backgrounds, in the next quarter. Employers are also seeking warehouse, manufacturing and general office experience.

How does this Quarter compare to last Quarter, or last year? Find out for yourself.

For more information, employment blogs & market surveys go to www.pacificstaffing.com.

Arrest for Possession and Sale of Illegal Fireworks

SACRAMENTO COUNTY – On June 27, 2012 at approximately 8:00pm, Metro Fire Arson Investigators, along with Sacramento County Sheriff's officers, arrested a 31 year old male for possession and sale of illegal fireworks in the parking lot of the Century Theater in Citrus Heights. Fireworks from the suspect's car were confiscated as well as approximately 45 pounds of illegal fireworks from his residence.

"Illegal Fireworks... You Light It, We'll Write It!" Local fire agencies have teamed up with local Law

Enforcement agencies again this year to create a Safety Task Force with a goal of enforcing a "Zero Tolerance" campaign against the use, sale, and possession of illegal fireworks. As last night's arrest shows, the Task Force is serious about their mission.

Why the Zero Tolerance for illegal fireworks?

Because more fires and injuries occur when illegal fireworks are used than with Safe & Sane fireworks. Today's illegal fireworks are high-powered and sophisticated. The projectiles can travel

up to 60 feet, easily starting fires in trees, backyards, and on roofs. Devastating injuries can occur with all fireworks, but the likelihood increases with the power of the illegal ones. The basic rule of thumb—if it leaves the ground, sends sparks higher than 12 feet, or explodes, it is not approved Safe & Sane.

How do you know if fireworks are legal?

Legal fireworks will all have the State Fire Marshall SAFE & SANE seal on the package. Purchasing fireworks from a legitimate fireworks booth and looking for the seal on

the package will ensure that your fireworks are legal.

Metro Fire Investigator Steve Johnson, a key player in last night's arrest, stated "Our goal is that everyone has a happy and safe Fourth of July, and that's why we do what we do. If you're selling fireworks in the street, or on Craig's list, we will find you and we will arrest you."

Any person who voluntarily turns in illegal fireworks to a Metro Fire station will not be prosecuted. Let's all enjoy this holiday... Be safe, have adult supervision, and only use Safe & Sane fireworks.



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Dancing with the Tsars European Pros Dazzle



Professionals sharing the spotlight at the Capital Dance Center were Victoria and Genya Malko (left), Evgeny Likhachev, Jennifer Kanchucova-Nazarova, Monika Olkiewicz and Reza Molavi
Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

SACRAMENTO COUNTY – Over 100 dancers buckled on dancing pumps for a recent ballroom showcase in Rancho Cordova. Sequins flashed as heels stamped through routines from jive to Viennese waltz.

Among adult professionals and seniors, school kids demonstrated that ballroom dancing is a high-energy sport for all ages. Hosting the showcase, Rancho Cordova's Capital Dance Center ran out of seats at 300 spectators and thereafter offered standing-room tickets. "It was a wonderful success that we hope to repeat, said ballroom founder Bill Roth."

Dance studios from all over Northern California were represented; Russian-born headliners Evgeny Likhachev and Jennifer Kanchucova-Nazarova came from Los Angeles to demonstrate the styles that have placed them highly in recent West Coast professional competitions.

Newly opened, the Capital Dance Center has 6,300 square feet of floating dance floor. The facility regularly offers beginner



Contrasting with their traditional routines and elaborate costumes, Los Angeles celebrity dancers Evgeny Likhachev and Jennifer Kanchucova-Nazarova also hit the floor in contemporary dance vogue. Photo by Susan Maxwell Skinner.

to advanced lessons for all ages. Zumba, Yoga and Pilates exercise classes are also available. Ballroom dances are hosted Fridays at 7 p.m. and at 1 p.m. on Sundays. Country dancers take the floor from 7 p.m. each Saturday.

All dances include free group lessons. The facility is at 11270 Sanders Drive (behind Costco) in Rancho Cordova. Telephone: 916-635-2600. Website: www.CapitalDanceCenter.com.

Time to Show Your Spirit Carmichael!

CARMICHAEL – The Carmichael Chamber of Commerce has joined with the Sacramento River Cats to offer a special price at "Carmichael Community Night" at Raley Field, Friday July 13th, when they play the Las Vegas 51s. The game begins at 7:05 pm.

The Sacramento River Cats, an Oakland A's affiliate, is currently at the top of the standings. They have shown tremendous firepower in their lineup and have shown off some great pitching this season.

You can get your tickets, priced at a discount of only \$13, by calling Linda Melody at the Chamber office at (916) 481-1002 or (916) 203-1681.



On Friday the 13th the River Cats are offering \$1 hot dogs and deserts. This makes it an affordable night out for the entire family, or a really cheap date with thousands of your closest friends.

Carmichael Community Night is sponsored by Carmichael Recreation and Park District, Mission Oaks Recreation and Park District, the Carmichael Kiwanis and the Carmichael

Chamber of Commerce.

As an added bonus to drive ticket sales to this community event, the Carmichael Times is offering \$413 in free display advertising to the local non-profit organization or business that sells the most tickets for their group, with the minimum of 20 tickets sold. What could be more fun than a warm Friday night at the ballpark with your entire group?

Last year Carmichael won the award for selling the most tickets during the year, over 250, out of all the other local chambers that participated. Get your tickets. Catch the feeling. Have some fun. Show your Carmichael Spirit!

Atrium Welcomes Old Stuff

Text and photo by Susan Maxwell Skinner

CARMICHAEL – Carmichael folk found a few of their favorite things for a recent antique appraisal day at the Atrium of Carmichael. Pictured, appraisers Jim and Kathy Grebel and Maureen Heller (standing) inspect treasures shared by visiting seniors. Phenora Borlaug (right) came with her mother's German bisque dolly. Margaret Smith presented a Seth Thomas clock.



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Lungren Wants Health Care Reforms to be Patient Centered

WASHINGTON DC – On June 28th the Supreme Court of the United States delivered their much anticipated ruling on The Patient Protection and Affordable Care Act (P.L. 111-148, PPACA). The court's decision to uphold the President's health care law affirms that the federal mandate to purchase government-approved health insurance imposes a tax on the American people.

Congressman Dan Lungren (R-CA, Gold River), who has been a staunch advocate of repealing the 2,700-page Government takeover of the nation's healthcare system, and replacing it with more patient-centered reforms, gave this statement following the court's announcement.

"While the U.S. Supreme Court found the individual mandate of the President's health care plan unconstitutional under the commerce clause and the necessary and proper clause, the court has upheld the individual mandate and the rest of the health care law under Congress' taxing power.

"This is very disappointing.

Ironically, Congressional Democrats told the American people that the individual mandate was not a tax. In September 2009, when George Stephanopoulos asked President Obama himself on ABC News whether the President rejects the notion that the individual mandate is a tax increase, the President himself responded: "I absolutely reject that notion."

"Numerous lower court judges rejected the notion that the individual mandate was a tax. Chief Justice Roberts in his opinion today even admitted that, "[i]t is of course true that the Act describes the payment [the individual mandate] as a 'penalty,' not a 'tax.' In today's dissenting opinion, Justices Scalia, Kennedy, Thomas and Alito stated that the language of the Affordable Care Act itself states verbatim that the individual mandate is a penalty: "26 U. S. C. §5000A, entitled "Requirement to maintain minimum essential coverage." It commands that every "applicable individual shall . . . ensure that the individual . . . is covered under minimum essential coverage."

And the immediately following provision states that, "[i]f . . . an applicable individual . . . fails to meet the requirement of subsection (a) . . . there is hereby imposed . . . a penalty. " "Yet, the Supreme Court on a 5-4 decision ruled otherwise. The Court today has said that Congress effectively has unlimited authority to tax the American people.

Above all, the Court has ratified a law that fundamentally alters the relationship between the federal government and the American people. The Court has upheld a law that I believe is not only unconstitutional but also fails to improve the quality of health care in this country. "At the most fundamental level, Americans deserve common-sense, patient-centered health reforms. They need targeted reforms that increase access to affordable, quality health care, reforms that place the individual and families in control of their own health care decisions."

Congressman Dan Lungren serves as the Chairman of the House Administration Committee

BOE Visits Retailers Statewide to Check Business Permits

Retailers and Businesses Notified of SCOP Team Visits Sacramento – Retailers and businesses in 34 California zip code areas can expect to receive letters from the Board of Equalization (BOE) notifying them about visits from Statewide Compliance and Outreach Program (SCOP) Teams. The purpose of the visits are to educate retailers and business owners on sales and use tax reporting responsibilities, increase tax compliance, and to help make the state's tax system fair and equal for all Californians.

Since 2008, the BOE SCOP Teams have visited more than 311,878 businesses in 461 zip codes statewide to verify that retailers and businesses are registered and to make sure that noncompliant businesses do not have an unfair advantage over registered businesses that are reporting their sales and use taxes and/or fees to BOE. Seven

SCOP Teams located statewide (Oakland, Sacramento, San Jose, Van Nuys, Norwalk, Irvine and Riverside) conduct door-to-door in person visits based on zip code. They check seller's permits at stores and other known retail and business locations. Business owners are asked only business-related questions.

SCOP Teams do not inquire about personal financial information. They check that registered retailers, as well as service industry businesses, have appropriate permits and licenses. Businesses found to be out of compliance are given instructions on how to register with the BOE and given information about other necessary licenses. BOE has found that about 2 percent of businesses operating in California do so without permits or licenses that allow for collection of sales and use taxes and other taxes and fees. Noncompliance is a contributor

to the more than \$2 billion sales and use "tax gap" – the difference between the amount of taxes owed and the amount of paid.

If business owners have questions, they may contact their local BOE SCOP Team in Oakland, Sacramento, San Jose, Van Nuys, Norwalk, Irvine or Riverside, or visit the SCOP website.

The five-member California State Board of Equalization is a publicly elected tax board. The BOE collects more than \$50 billion annually in taxes and fees supporting state and local government services. It hears business tax appeals, acts as the appellate body for franchise and personal income tax appeals, and serves a significant role in the assessment and administration of property taxes. For more information on other taxes and fees in California, visit www.taxes.ca.gov.

Now You Are Taxed for Abortion

Jay Sekulow, ACLJ Chief Counsel

The ACLJ represented more than 100 Members of Congress and 145,000 Americans in challenging ObamaCare before the Supreme Court. Today's decision is extremely disappointing.

With this decision, the mandate to buy health insurance that covers abortion stands, the abortion surcharge stands, the abortion-pill mandate that violates religious liberty still stands; but we will not stand idly by and let this happen.

We are already working with Congress to pass a full repeal of ObamaCare, and our multiple lawsuits against Planned Parenthood and the abortion-pill mandate continue.

Our work has increased but so has our determination to stop pro-abortion ObamaCare.

When trying to pass the ObamaCare bill, President Obama claimed it was not a tax;

but while defending it at the Supreme Court, the President's attorneys argued that it was a tax and the Court agreed. This could represent the largest middle class tax increase in American history. This law is not what our nation needs or deserves.

The ACLJ will continue to stand against this massive expansion of abortion by forcing higher taxes on the American people. Please continue to stand against ObamaCare with us.

Take action, make a tax-deductible donation to fight ObamaCare today.

The ACLJ is an organization dedicated to the defense of constitutional liberties secured by law.

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that religious freedom and freedom of speech are inalienable, God-given rights. The Center's purpose is to engage legal, legislative and cultural issues by implementing an effective strategy of advocacy, education and litigation to ensure that those rights are protected under the law. The organization has participated in numerous cases before the Supreme Court, Federal Court of Appeals, Federal District Courts, and various state courts regarding freedom of religion and freedom of speech. Your gift is very much appreciated and fully deductible as a charitable contribution. A copy of our latest financial report may be obtained by writing to us at P.O. Box 450349, Atlanta, GA 31145-0349.

As always, let us know of threats to freedom in your area by calling (757) 226-2489. And tune in to our daily radio program, "Jay Sekulow Live!"

Library Books Sale Hours Extended Thousands of Exceptional Books to Choose From

SACRAMENTO REGION–The Friends of Arden-Dimick Library has extended the hours of its next book sale to take place on Friday,

August 3 from 3:00 p.m. to 6:00 p.m. and Saturday, August 4, from 10:00 a.m. to 3:00 p.m. in the Community Room at the Arden-Dimick Library,

891 Watt Avenue. Funds from this sale will be used for local library programs.

Library volunteers have gathered book donations for months and will offer more than 3,000 books at incredibly low prices; from 25¢ up to a dollar. This will be an excellent, affordable opportunity for adults and children to stock up on summer reading materials.

The Friends of the Arden-Dimick Library is a volunteer community-based organization. Its dual mission is to advocate for the Library and to provide funding for books, materials, programs and library activities primarily through selling donated books.

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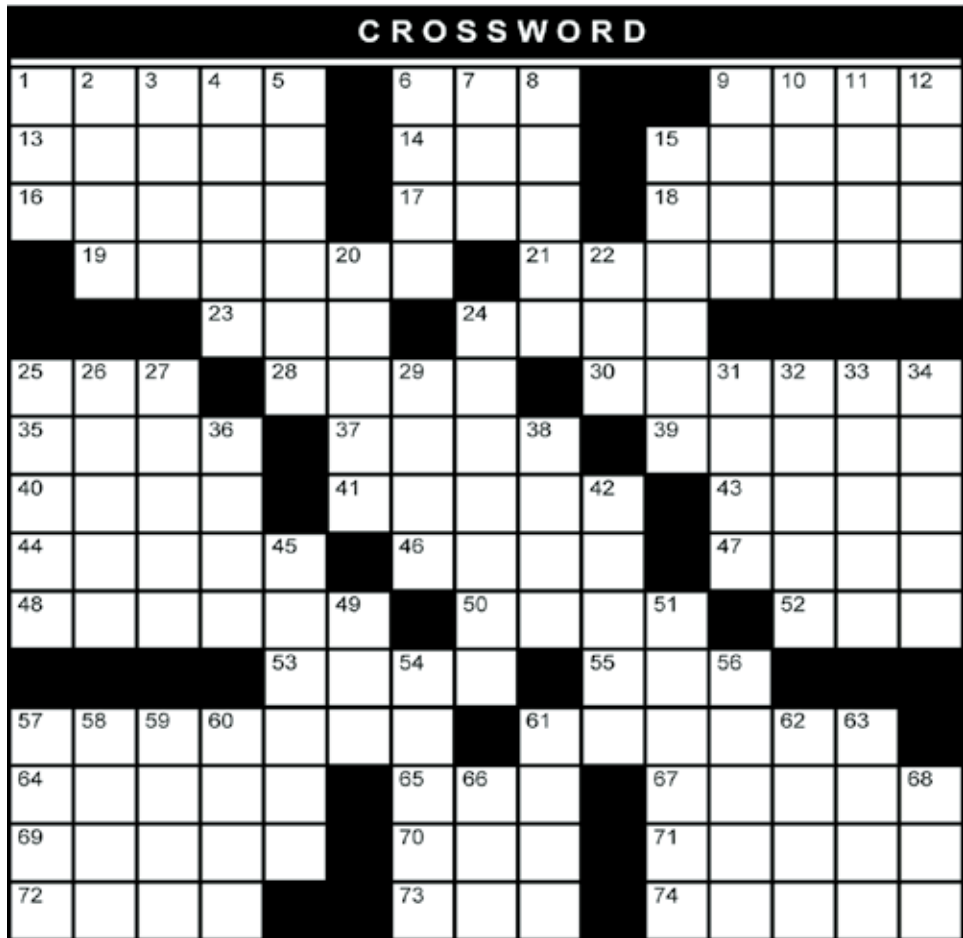
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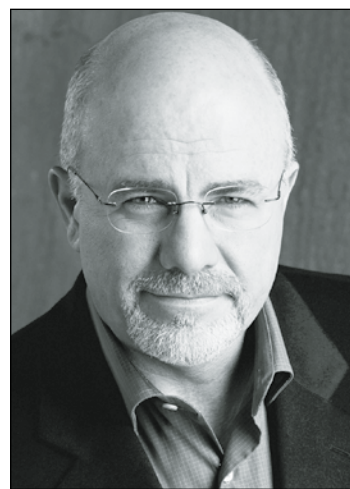


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CLUES

- | | | | |
|---|--|---|--|
| <p>ACROSS</p> <ol style="list-style-type: none"> *Talking board? King or queen Drink too much *Poker stakes Romanian monetary unit Sweet tooth addiction Novelist Anne and footballer Jerry Landers or Coulter, e.g. Members of the media Beat hard *Type of checkers To ___ a dog on someone Brian Urlacher, e.g. Beauty treatment site Tibetan priest Covered with hairs *Journey from college to retirement Master of his castle Body center Desktop picture | <ol style="list-style-type: none"> ___ attack Drunken reaction Welsh dog breed, pl. Very bright star Fly like eagle Eternal, in the olden days Time distortion A layer in plywood U-___ Faux ___ *Opposite of chutes Like the Witch of the West Theater guide *Highest or lowest card Found in Boy Scouts Found on a map 4 qts. Ship away from harbor Ants' structure Finish line Attention-seeking | <p>DOWN</p> <ol style="list-style-type: none"> Crew tool Used for measuring Allergy symptom They go with cheers Lash out Dull or uninteresting Poetic "even" Knucklehead Wrong ___ S-shaped molding *Football play Gaelic State of one's emotions Sell illegally As opposed to mishap Barn occupant? Pizza serving Edging of small loops, as on lace In front of Sound of disapproval Right hand column, like in | <ol style="list-style-type: none"> baseball The lowest deck "Round up the ___ suspects!" *Game of apologies Denotes engineer Prima donna Plural of "carpus" Be inherent in something A husk of corn "Blinky, Pinky and Inky game Habitual practice *Hockey players do it Boozier Reproductive structures Indian soup *"The farmer in the ___" Join by heating More Legal right to a property *Kick it "Never ___ never" |
|---|--|---|--|

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

No Emergency Fund Means Living on the Edge

Dear Dave,
My husband and I are in pretty good shape financially. We make about \$250,000 a year with about \$50,000 in the bank and no debt, and we've set aside money for our children's college funds. Currently, we owe \$70,000 on our home. I want to use \$40,000 of our savings to pay down the house then rebuild our emergency fund. My husband disagrees. What do you think?

- Kelly

Dear Kelly,
You're right about one thing. You guys are in really good shape financially, partly because of planning and wise choices. The problem I see is this: What if you have an emergency but no emergency fund? You're living on an income of a quarter million dollars a year, and that's fantastic, too. But I don't like the idea of you sitting there with just \$10,000 in savings. In your

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Dave Says

world, \$10,000 isn't much at all. Baby Step 3 of my plan says that you set aside three to six months of household expenses. You guys could cheat a little bit, down to the three month side of things, but I still don't think \$10,000 will cover three months of expenses in your household.

In my opinion, \$10,000 is too low. But to be honest, \$50,000 is probably a little much. I'd look at a number somewhere in the \$20,000 to \$30,000 range for an emergency fund. Then you could throw the remaining cash at the house. I mean, let's face it. If you did that, with your income, you could roll up your sleeves and pay off the house by Christmas!

- Dave

Impulsiveness is Not Faith

Dear Dave,
My husband and I would like for me to be able to quit my job and stay at home with our kids. We've got a little money saved up, but we're not sure we could make it on just his salary. The money would be very tight. In your mind, how do we know the difference between being financially responsible and relying on God to provide?

- Michelle

Dear Michelle,
This is a great question! I admire the desire to be at home

with your kids, and that you realize you can't just act impulsively and call it faith. This is a concept that's misused and misunderstood a lot.

If you can't make it on just your husband's salary, then you've got to develop a game plan that involves a written monthly budget and some lifestyle changes. If you do this with diligence and sacrifice, chances are you'll be able to make this happen and not bankrupt your family. This could also mean that you start a small business on the side - something you could do from home - to offset the difference.

Having faith that God will provide requires study of the Scriptures. But God also tells us that you need the maturity and wisdom to plan your direction. The Bible says, "The diligent prosper. He who is impulsive exalts folly." Folly is a fool in action. It's kind of like the guy who closes his eyes, jumps in the pool, and hopes there's water in there - and calls that faith.

I love the idea of you coming home to be with your kids, Michelle. Just make sure you develop an intelligent plan, and mix intellect with faith.

- Dave

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			7	2			
8	1	6					
2						5	8
8	3					4	7
5	4						9
		6	1	8			
		9	4				
1	5	2	8				

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!

For Solution See Page 7.

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FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04150. Mary L. Brown, 7356 Salazar Dr., North Highlands, CA 95660 is doing business under the Fictitious Business Name "Master Barber & Beauty Shop" at 4340 Stockton Blvd., Sacramento, CA 95820. Filed with the Clerk of Sacramento County on May 9, 2012. Publish: June 13, 20, 27, July 4, 2012. MASTER 120602 7-4-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04676. Meg L. Hobbs, 6312 Date Palm Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Spectral Studio" at 6312 Date Palm Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on June 1, 2012. Publish: June 13, 20, 27, July 4, 2012. SPECTR 120602 7-4-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03352. BVM Enterprises Corporation, 4105 Bannister Road, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Paramount PM Development; Paramount PMO Consulting" at 4105 Bannister Road, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on April 16, 2012. Publish: June 13, 20, 27, July 4, 2012. PARAMO 120602 7-4-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04888. James Ling, 2508 "F" St., Sacramento, CA 95816 is doing business under the Fictitious Business Name "Ticket Kit" at 1219-1/2 "E" St., Sacramento, CA 95814. Filed with the Clerk of Sacramento County on June 8, 2012. Publish: June 13, 20, 27, July 4, 2012. TICKET 120602 7-4-12

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

FILE #FBNF2011-04512
The following persons have abandoned the use of the FICTITIOUS BUSINESS NAME OF B&T Housekeeping Services, located at 4016 Marlow Court, Carmichael, CA 95608. Rebecca L. DeWoody and Barbara J. Baker, both of 4016 Marlow Court, Carmichael, CA 95608. The Fictitious Business Name Statement was filed on May 18, 2011 in the County of Sacramento. Filed with the Clerk of Sacramento County on May 20, 2012. Publish: June 13, 20, 27, July 4, 2012. B&THOU 120602 7-4-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO CITATION TO APPEAR RE: ADOPTION CASE #00070 IN THE MATTER OF THE PETITION OF: Tamra Lynn Winebrinner on behalf of Austin Ray Winebrinner. THE PEOPLE OF THE STATE OF CALIFORNIA: To: Rebecca Neal Dowdy.

By order of this court you are hereby cited to appear before the judge presiding in courtroom #121 of this court, located at 3341 Power Inn Road, Sacramento, CA 95826, on July 16, 2012 at 8:30 a.m., to show cause, if any you have, why the petition of Tamra Lynn Winebrinner for the adoption of Austin Ray Winebrinner, your minor child, should not be granted. Dated: March 29, 2012. Publish: June 13, 20, 27, July 4, 2012. WINEBR 120602 7-4-12

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES To Whom It May Concern: Balvinder Singh Sarai and Ranjit Kaur Sarai are applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 5444 Watt Ave. #900, North Highlands, CA 95660 with 21 - Off-Sale General license. Filed: May 22, 2012. Publish: June 20, 27, July 4, 2012. SARAI 120603 7-4-12

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES To Whom It May Concern: Simon Mac is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 7883 Auburn Blvd., Citrus Heights, CA 95610-2224 with 41 - On-Sale Beer And

Wine - Eating Place license. Filed: June 19, 2012. Publish: July 4, 2012. SIMON 120701 7-4-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05073. David T. Swindell, Sr., 8288 Sunset Ave., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Happy Home Care & Repair" at 8288 Sunset Ave., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on June 13, 2012. Publish: June 20, 27, July 4, 11, 2012. HAPPYH 120603 7-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04992. DPH Electrical Contracting, Inc., 5037 College Oak Dr., #H, Sacramento, CA 95841 is doing business under the Fictitious Business Name "Industrial Electrical Contracting; IEC Services" at 5037 College Oak Dr., #H, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on June 12, 2012. Publish: June 20, 27, July 4, 11, 2012. INDUST 120603 7-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04757. John Williams, 1521 Wilton Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Ultimate Heating & Air" at 1521 Wilton Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on June 6, 2012. Publish: June 20, 27, July 4, 11, 2012. ULTIMA 120603 7-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05088. Gary Poore, 4420 Arbroath Way, Antelope, CA 95843 is doing business under the Fictitious Business Name "GP Enterprises" at 4420 Arbroath Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on June 14, 2012. Publish: June 20, 27, July 4, 11, 2012. GPENTE 120603 7-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04803. Brothers Material Handling Equipment, Inc., 1217 Blumenfeld Dr., Sacramento, CA 95815 is doing business under the Fictitious Business Name "bhm Equipment Inc." at 1217 Blumenfeld Dr., Sacramento, CA 95815. Filed with the Clerk of Sacramento County on June 6, 2012. Publish: June 20, 27, July 4, 11, 2012. BHMIEQU 120603 7-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05093. Scotty Fernandes, 9322 Marlemon Circle, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "Photos By Scotty" at 9322 Marlemon Circle, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on June 14, 2012. Publish: June 20, 27, July 4, 11, 2012. PHOTOS 120603 7-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05026. Jonathan Berg and Mica Coleman, both of 7127 Franklin Blvd. #421, Sacramento, CA 95823 are doing business under the Fictitious Business Name "CPR" at 7127 Franklin Blvd. #421, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on June 12, 2012. Publish: June 20, 27, July 4, 11, 2012. CPRX 120603 7-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-04960. Robert F. Tobin, 5540 79th St. Sacramento, CA 95824 is doing business under the Fictitious Business Name "Golden Bear Smog" at 5851 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on June 11, 2012. Publish: June 20, 27, July 4, 11, 2012. GOLDEN 120603 7-11-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00125570 WHEREAS, Sarah Marie Pratt has filed a petition with this court for a decree changing name of Sarah Marie Pratt to Sarah Marie O'Connell. IT IS ORDERED that all persons interested in the above entitled matter

appear before this court at 9:00 a.m. on July 19, 2012 in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 7, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: June 20, 27, July 4, 11, 2012. OCONNE 120603 7-11-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME AND GENDER #34-2012-00125717

WHEREAS, Kathleen Peterson (aka Kevin Peterson) has filed a petition with this court for a decree changing name of Kathleen Peterson (aka Kevin Peterson) to Kevin Peterson.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 p.m. on July 23, 2012 in Department 53, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 11, 2012. David I. Brown Judge of the Superior Court Publish: June 20, 27, July 4, 11, 2012. PETERS 120603 7-11-12

NOTICE OF TRUSTEE'S SALE TS No. 12-0022854 Title Order No. 12-0042834 APN No. 230-0261-008-0000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 08/07/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by REX P COWAN, AND CODY SMITH, HUSBAND AND WIFE, dated 08/07/2008 and recorded 8/18/2008, as Instrument No. 20080818-0255, in Book 20080818, Page 0255, of Official Records in the office of the County Recorder of Sacramento County, State of California, will sell on 07/20/2012 at 11:00AM, At the Main entrance to the County Courthouse, 720 9th Street, Sacramento, Sacramento County, CA at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 5101 BELLWOOD WAY, CARMICHAEL, CA, 956081608. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$303,013.78. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed

of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. If required by the provisions of section 2923.5 of the California Civil Code, the declaration from the mortgagee, beneficiary or authorized agent is attached to the Notice of Trustee's Sale duly recorded with the appropriate County Recorder's Office. NOTICE TO POTENTIAL BIDDERS If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on a property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-281-8219 or visit this Internet Web site www.recontrustco.com, using the file number assigned to this case 12-0022854. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone/Sale Information: (800) 281-8219 By: Trustee's Sale Officer RECONTRUST COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. FEI # 1006.160804 6/27, 7/04, 7/11/2012. Publish: June 27, July 4, 11, 2012. FEILLC 120604 7-11-12

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES To Whom It May Concern: Aaron C. Wu is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 4725 Manzanita Ave., Carmichael, CA 95608 with 41 - On-Sale Beer And Wine - Eating Place license. Filed: May 17, 2012. Publish: June 27, July 4, 11, 2012. GENGLI 120604 7-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05164. Abimbola Ajayi, 200 Bicentennial Circle #48-W, Sacramento, CA 95826 is doing business under the Fictitious Business Name "El-Shaddai Enterprises" at 200 Bicentennial Circle #48-W, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on June 18, 2012. Publish: June 27, July 4, 11, 2012. ELSHAD 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05207. April Jackson, 2102 Dawn Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Mind Body Sacramento" at 2102 Dawn Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on June 19, 2012. Publish: June 27, July 4, 11, 18, 2012. MINDBO 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05175. Jon Von Kahle, 4997 Arboleada Dr., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Astro Property Services" at 4997 Arboleada Dr., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on June 18, 2012. Publish: June 27, July 4, 11, 18, 2012. ASTROP 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05176. Brent Leon Harris, 4938 Harrison St., North Highlands, CA 95660 is doing business under the Fictitious Business Name "Harris Doors" at 4938 Harrison St., North Highlands, CA 95660. Filed with the Clerk of Sacramento County on June 18, 2012. Publish: June 27, July 4, 11, 18, 2012. HARRIS 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05162. Kim Irvine Bingham, 4990 Oak Lane, Garden Valley, CA 95633 is doing business under the Fictitious Business Name "legatoyou.com" at 770 "L" St. #950, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on June 18, 2012. Publish: June 27, July 4, 11, 18, 2012. LEGALT 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05085. Susan Kay Periot-Haney, 6311 Tina Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Susant's Sacred Stitches" at 6311 Tina Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on June 14, 2012. Publish: June 27, July 4, 11, 18, 2012. SUSANS 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05164. Abimbola Ajayi, 200 Bicentennial Circle #48-W, Sacramento, CA 95826 is doing business under the Fictitious Business Name "El-Shaddai Enterprises" at 200 Bicentennial Circle #48-W, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on June 18, 2012. Publish: June 27, July 4, 11, 18, 2012. ELSHAD 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05141. Oluymei Oyediji, 200 Bicentennial Circle #48-W, Sacramento, CA 95826 is doing business under the Fictitious Business Name "Effects Ventures" at 5104 Felicia Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on June 15, 2012. Publish: June 27, July 4, 11, 18, 2012. EFFECT 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05170. Dane Williams, 2501 "F" St., Sacramento, CA 95816 is doing business under the Fictitious Business Name "Dane Williams Landscape Architects" at 1501 "F" St., Sacramento, CA 95816. Filed with the Clerk of Sacramento County on June 18, 2012. Publish: June 27, July 4, 11, 18, 2012. DANEWI 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05068. Martin C. Burgos Garcia and Lizette Villa, both of 4700 Marconi Ave. #127, Carmichael, CA 95608 are doing business under the Fictitious Business Name "Nicky's Maintenance" at 4700 Marconi Ave. #127, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on June 13, 2012. Publish: June 27, July 4, 11, 18, 2012. NICKYS 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05079. Gary Arreguin, 610 Howe Ave. #31, Sacramento, CA 95825 is doing business under the Fictitious Business Name "GARCO Sales & Service" at 610 Howe Ave. #31, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on June 13, 2012. Publish: June 27, July 4, 11, 18, 2012. GARCOS 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05070. Satish Chand, 8570 Putnia Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name "Shiv Delivery Service" at 8570 Putnia Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on June 13, 2012. Publish: June 27, July 4, 11, 18, 2012. SHIVDE 120604 7-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-05226. Andre Marshall, 138 McFarland Dr., Folsom, CA 95630 is doing business under the Fictitious Business Name "ADM Garage Doors" at 138 McFarland Dr., Folsom, CA 95630. Filed with the Clerk of Sacramento County on June 19, 2012. Publish: June 27, July 4, 11, 18, 2012. ADMGAR 120604 7-18-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00126137

WHEREAS, Lea Ann Gutierrez has filed a petition with this court for a decree changing name of Lea Ann Gutierrez to Lea Ann Gordon. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 31, 2012 in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 18, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: June 27, July 4, 11, 18, 2012. GORDON 120604 7-18-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00126508

WHEREAS, Robert Lee Fisher has filed a petition with this court for a decree changing name of Robert Lee Fisher to Robert Lee Cooper. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 3, 2012 in Department 53, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause

be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 22, 2012. David I. Brown Judge of the Superior Court Publish: June 27, July 4, 11, 18, 2012. COOPER 120604 7-18-12

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Carmichael Chamber of Commerce

Carmichael Chamber Board Meeting
Tue, July 10, 2012 from 12:00pm-1:30pm @ Eskaton Village Carmichael
Board meetings are held at Eskaton Village and require advance notification for a gate pass. Any member wishing to attend needs to contact Linda in advance to have this arranged.

Carmichael Chamber Mixer
Wed, July 11, 2012 from 5:30pm-7:30pm Location: Sam's Club, 3360 El Camino Avenue Sacramento CA 95821
Hosted by Sam's Club. Free food and drink and great networking opportunities. Bring a raffle prize and plenty of business cards. Contact Linda Melody for more information.

Carmichael Chamber Luncheon
Tue, July 24, 2012 from 12:00pm-1:30pm @ Cypress Avenue Baptist Church
Luncheon meeting is held in the Education Building and is the Chamber General Meeting & Luncheon. Come enjoy a delicious buffet lunch, speaker, and plenty of opportunity to network. Raffle prizes too!
Cost for the luncheon is \$18 for members with reservations, and \$23 for non-members and members without reservations.
For more info contact Linda Melody at the Chamber Office at 916-481-1002

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Contact us for more information on the Carmichael Chamber of Commerce
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Just Say No to ACOs

Commentary by
Sally C. Pipes

Say hello to Obamacare's latest technocratic gimmick — the Accountable Care Organization (ACO).

The first of these federally-chartered Pioneer ACO groups of healthcare providers just recently launched. Proponents of ACOs claim that the new entities will help doctors and hospitals better coordinate care in order to improve the health of Medicare patients and reduce costs.

Don't count on it. Instead of helping doctors and patients to make individualized treatment decisions, ACOs will empower government bureaucrats to consolidate healthcare providers into top-down organizations and dictate how care is delivered — at greater cost.

According to Obamacare's supporters, ACOs will streamline communication among doctors and thereby result in more effective care for patients.

Providers will be paid not according to the number of procedures they perform but according to the quality of care they deliver. So doctors and hospitals will have a strong incentive not to repeat tests or perform procedures that don't improve patients' health.

The theory underpinning ACOs was based on the success of a small number of highly coordinated health systems like the Cleveland Clinic, the Mayo Clinic, Intermountain Health, and the Geisinger Health System. Each of those organizations was once touted by Obamacare's backers as a model for ACOs envisioned by the federal reform law.

But all four have chosen not

to participate in the initial 32 Pioneer ACOs launched this year, because the bureaucratic burden of following Obamacare's 696 pages' worth of new regulations is just too high.

According to a letter written by the Cleveland Clinic to the Department of Health and Human Services, the rules are "replete with prescriptive requirements that have little to do with outcomes" and "detailed governance and reporting requirements that create significant administrative burdens."

A top official at Geisinger echoed the criticism, calling the regulations "problematic" and noting that the rules seem "to be very prescriptive and restrictive with a fair amount of administrative and regulatory oversight."

So the ACOs aren't about delivering better care. They're about empowering the federal bureaucracy.

And they won't save money as intended, either. According to the Congressional Budget Office, ACOs will reduce Medicare spending by about \$4.9 billion between now and 2019.

Annual Medicare spending is already north of half a trillion dollars and is projected to rise to more than \$920 billion in the next decade. So the savings from ACOs amount to less than 1 percent of the entitlement's expected expenditures over the period.

And unless there are changes made to reduce costs, the program's Hospital Insurance Trust Fund will be bankrupt by 2024, according to a report last year from the Medicare Trustees.

Some experts believe that ACOs won't yield any savings at all. Last fall, Federal Trade Commissioner J. Thomas Rosch warned that the overall result of ACOs may "be higher costs and

lower quality health care — precisely the opposite of its goal."

How's that? In many cases, "coordination" will amount to "consolidation." And by encouraging consolidation through ACOs, Obamacare may end up giving health providers greater market power. Facing less competition, the newly-formed ACOs will be freer to hike their prices. And consumers will be left with fewer healthcare choices.

Indeed, as University of California, Berkeley health economist James C. Robinson reported in a paper last year, "hospitals in concentrated markets charge significantly higher prices to private payers than do their peers in more competitive markets."

And the consolidations have already begun. Back in 2010, St. Louis University health and antitrust expert Thomas L. Greaney warned, "The new law is already encouraging a wave of mergers, joint ventures, and alliances in the health care industry."

Since then, the trend has grown, with the total value of the top 10 hospital mergers and acquisitions coming in at \$5.6 billion in 2011, up from \$3.8 billion in 2010.

More bureaucracy. Higher prices. Worse care for Medicare patients. The American people should hold Obamacare's ACOs accountable for inflicting major damage on our healthcare system.

Sally C. Pipes is President, CEO, and Taube Fellow in Health Care Studies at the Pacific Research Institute. Her latest book is The Pipes Plan: The Top Ten Ways to Dismantle and Replace Obamacare (Regnery 2012).



Announcements & Events

SUMMER CAMPS 2012

See website for info on:

Summer Camp Registration and Waiver
Start Your Summer Now Packet
Summer Camp Fieldtrips

Summer Camp Frequently Asked Questions
SUMMER READING SKILLS PROGRAMS

With the Institute of Reading Staff
1 (800) 978-3532

See Community Events at our website for complete list of Summer Events!

ADOPT A PARK

Saturday June 23 & Sept 29
Join us to help clean our parks.

Contact Tracy Kerth for more information!

CAPRA PARK SITE RFP - REQUEST FOR PROPOSAL

The District is seeking proposals for the CAPRA PARK SITE located on Kenneth Avenue in Carmichael! See website for more information!



SUMMER CONCERTS IN THE PARK

See website for more information

For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.



FREE TRAVEL SHOW

NEW TOURS FOR 2012-2013

Wednesday, July 11, 10am
972-0336

Join Us!
Exciting
New Tours!



MISSION OAKS COMMUNITY CENTER

Extended Tours

- Washington DC
October 10-16, 2012 • \$2,329 pp double
- New England's Yuletide Treasures
December 2-8, 2012 • \$2,099 pp double
- Costa Rica
January 19-27, 2013 • \$2,499 pp double

Summer Preschool 2012

Register Online@morpd.com
(Ages 3-5) Child must be 3 by June 1.
Monday, Wednesday, & Friday 9am-noon.
Sessions: July 9-27, August 6-24
With parent participation: \$90 • Without participation: \$120

Summer Dances

WEDNESDAYS: 7-9:30PM
JUNE - AUGUST • \$7/PERSON
KRISTY REED DANCE TRIO
Dance music for all ages!

SUMMER MOTORCOACH FUN

Red Hawk Casino
Monday, July 30 • \$20
(Bonus: \$15 slot play & \$5 food credit)
Deadline July 16
Ride the Ducks & AT&T Park Tour
Wednesday, Aug 8 • \$120/person
Deadline July 13



SWANSTON COMMUNITY CENTER

- Old Town Auburn • July 18 • \$20
- Black Chasm Cavern • August 2 • \$22
- Discover Truckee • August 11 • \$23
- Fairfield Western Railway • August 15 • \$20
- Grass Valley Marketplace • August 16 • \$22

MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am-5 pm
Registration Hours:
8:30am-4pm Monday-Friday
www.morpd.com

DISTRICT OFFICE
(916) 488-2810 • Fax (916) 488-4349
3344 Mission Ave., Carmichael, CA 95608
MISSION OAKS COMMUNITY CENTER
(916) 972-0336 • Fax (916) 972-7371
4701 Gibbons Dr., Carmichael, CA 95608
SWANSTON COMMUNITY CENTER
(916) 333-6464 • Fax (916) 488-4349
2350 Northrop Ave., Sacramento, CA 95825

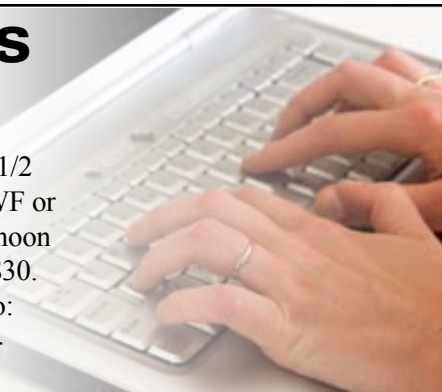
COMPUTER CLASSES

Computer Classes for seniors 50+ are run by senior volunteers at the beginning of each month. Classes include: Computer Fundamentals I & II, Internet, Windows Vista/7, Quicken, Graphics I & II, Genealogy, Spreadsheet,

and Database.

The lessons are from six to eight sessions (2 1/2 hours a session) on MWF or T/Th from 9:30 a.m. - noon or 1 - 3:30 p.m. Cost: \$30.

Need volunteers. Info: SeniorNet at (916) 485-9572.



WORLD TEAM TENNIS

FASTEST 3 WEEKS OF SUMMER

JULY 12 TO 28

MARDY FISH

SACRAMENTO CAPITALS

WTT Capitals

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www.saccaps.com

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Marie Hall, Executive Director • (916) 806-3989
info@bemoneysmartusa.org • www.bemoneysmartusa.org

5750 Grant Ave
Shop with us at the Carmichael Park Farmers' Market, every Sunday
Please be aware of Carmichael Park's new market hours: 9AM-2PM*
Serving you every Sunday All Year Round!
WE'RE OPEN RAIN OR SHINE!!
Other Farmers Market Locations include:
Sunrise Mall, Citrus Heights Every Saturday, 8:00 am to 1:00 pm

Art/Craft Vendors Welcomed Quarterly

Check our schedule at our website for special events at our weekly Farmers Markets. These might be contests, demos, special guests, and more! Don't miss anything fun... Sign up for the newsletter which will remind you of fun things going on at the Markets!



Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/ 1st aid, 24 hr support, monthly reimb.



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By PAT BOONE

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ONE GIVEN AWAY AT EVERY PARTICIPATING STAND!

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No purchase necessary. Residents of New York are not eligible to enter. Must be at least 18 years of age and have a valid driver's license. To enter, complete an entry form at a participating sales location by July 3, 2012. Only one entry per person. See Official Rules at sales locations or at: www.tntfireworks.com for details. Void where prohibited.

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EN FUEGO TNT \$4.99

BUY ONE GET ONE FREE
While Supplies Last

GREAT
Buy One American Spirit and Get One Sizzler FREE "While supplies last" \$21.99

URPLE RAIN \$5.99

MAD DOG \$14.99

SMALLER \$8.99

ASSORTMENTS
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TNT BIG \$139.99

TNT THE NITE THRILLER \$49.99

TNT FAMILY TIME PAK \$39.99

TNT BLOCK PARTY \$99.99

\$10 off
ANY PURCHASE of \$50 or more

CODE# 4110

Product availability governed by state and local laws. Check local ordinances for sale and use of fireworks.

To redeem you must present coupon at checkout of participating TNT® Fireworks stands and tents, or TNT® Supercenter locations.

OFFER GOOD THRU JULY 5, 2012

IN CONGRESS, JULY 4, 1776

The unanimous Declaration of the thirteen united States of America

When in the Course of human events it becomes necessary for one people to dissolve the political bands which have connected them with another and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. — That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, — That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness. Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn that mankind are more disposed to suffer, while evils are sufferable than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government, and to provide new Guards for their future security. — Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world.

He has refused his Assent to Laws, the most wholesome and necessary for the public good.

He has forbidden his Governors to pass Laws of immediate and pressing importance, unless suspended in their operation till his Assent should be obtained; and when so suspended, he has utterly neglected to attend to them.

He has refused to pass other Laws for the accommodation of large districts of people, unless those people would relinquish the right of Representation in the Legislature, a right inestimable to them and formidable to tyrants only.

He has called together legislative bodies at places unusual, uncomfortable, and distant from the depository of their Public Records, for the sole purpose of fatiguing them into compliance with his measures.

He has dissolved Representative Houses repeatedly, for opposing with manly firmness his invasions on the rights of the people.

He has refused for a long time, after such dissolutions, to cause others to be elected, whereby the Legislative Powers, incapable of Annihilation, have returned to the People at large for their exercise; the State remaining in the mean time exposed to all the dangers of invasion from without, and convulsions within.

He has endeavoured to prevent the population of these States; for that purpose obstructing the Laws for Naturalization of Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of Lands.

He has obstructed the Administration of Justice by refusing his Assent to Laws for establishing Judiciary Powers.

He has made Judges dependent on his Will alone for the tenure of their offices, and the amount and payment of their salaries.

He has erected a multitude of New Offices, and sent hither swarms of Officers to harass our people and eat out their substance.

He has kept among us, in times of peace, Standing Armies without the Consent of our legislatures.

He has affected to render the Military independent of and superior to the Civil Power.

He has combined with others to subject us to a jurisdiction foreign to our constitution, and unacknowledged by our laws; giving his Assent to their Acts of pretended Legislation:

For quartering large bodies of armed troops among us:

For protecting them, by a mock Trial from punishment for any Murders which they should commit on the Inhabitants of these States:

For cutting off our Trade with all parts of the world:

For imposing Taxes on us without our Consent:

For depriving us in many cases, of the benefit of Trial by Jury:

For transporting us beyond Seas to be tried for pretended offences:

For abolishing the free System of English Laws in a neighbouring Province, establishing therein an Arbitrary government, and enlarging its Boundaries so as to render it at once an example and fit instrument for introducing the same absolute rule into these Colonies

For taking away our Charters, abolishing our most valuable Laws and altering fundamentally the Forms of our Governments:

For suspending our own Legislatures, and declaring themselves invested with power to legislate for us in all cases whatsoever.

He has abdicated Government here, by declaring us out of his Protection and waging War against us.

He has plundered our seas, ravaged our coasts, burnt our towns, and destroyed the lives of our people.

He is at this time transporting large Armies of foreign Mercenaries to compleat the works of death, desolation, and tyranny, already begun with circumstances of Cruelty & Perfidy scarcely paralleled in the most barbarous ages, and totally unworthy the Head of a civilized nation.

He has constrained our fellow Citizens taken Captive on the high Seas to bear Arms against their Country, to become the executioners of their friends and Brethren, or to fall themselves by their Hands.

He has excited domestic insurrections amongst us, and has endeavoured to bring on the inhabitants of our frontiers, the merciless Indian Savages whose known rule of warfare, is an undistinguished destruction of all ages, sexes and conditions.

In every stage of these Oppressions We have Petitioned for Redress in the most humble terms: Our repeated Petitions have been answered only by repeated injury. A Prince, whose character is thus marked by every act which may define a Tyrant, is unfit to be the ruler of a free people.

Nor have We been wanting in attentions to our British brethren. We have warned them from time to time of attempts by their legislature to extend an unwarrantable jurisdiction over us. We have reminded them of the circumstances of our emigration and settlement here. We have appealed to their native justice and magnanimity, and we have conjured them by the ties of our common kindred to disavow these usurpations, which would inevitably interrupt our connections and correspondence. They too have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity, which denounces our Separation, and hold them, as we hold the rest of mankind, Enemies in War, in Peace Friends.

We, therefore, the Representatives of the united States of America, in General Congress, Assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Colonies, solemnly publish and declare, That these united Colonies are, and of Right ought to be Free and Independent States, that they are Absolved from all Allegiance to the British Crown, and that all political connection between them and the State of Great Britain, is and ought to be totally dissolved; and that as Free and Independent States, they have full Power to levy War, conclude Peace, contract Alliances, establish Commerce, and to do all other Acts and Things which Independent States may of right do. — And for the support of this Declaration, with a firm reliance on the protection of Divine Providence, we mutually pledge to each other our Lives, our Fortunes, and our sacred Honor.

New Hampshire:

Josiah Bartlett, William Whipple, Matthew Thornton

Massachusetts:

*John Hancock, Samuel Adams, John Adams,
Robert Treat Paine, Elbridge Gerry*

Rhode Island:

Stephen Hopkins, William Ellery

Connecticut:

*Roger Sherman, Samuel Huntington,
William Williams, Oliver Wolcott*

New York:

*William Floyd, Philip Livingston, Francis Lewis,
Lewis Morris*

New Jersey:

*Richard Stockton, John Witherspoon, Francis Hopkinson,
John Hart, Abraham Clark*

Pennsylvania:

*Robert Morris, Benjamin Rush, Benjamin Franklin, John Morton,
George Clymer, James Smith, George Taylor, James Wilson,
George Ross*

Delaware:

Caesar Rodney, George Read, Thomas McKean

Maryland:

*Samuel Chase, William Paca, Thomas Stone,
Charles Carroll of Carrollton*

Virginia:

*George Wythe, Richard Henry Lee, Thomas Jefferson,
Benjamin Harrison, Thomas Nelson, Jr., Francis Lightfoot Lee,
Carter Braxton*

North Carolina:

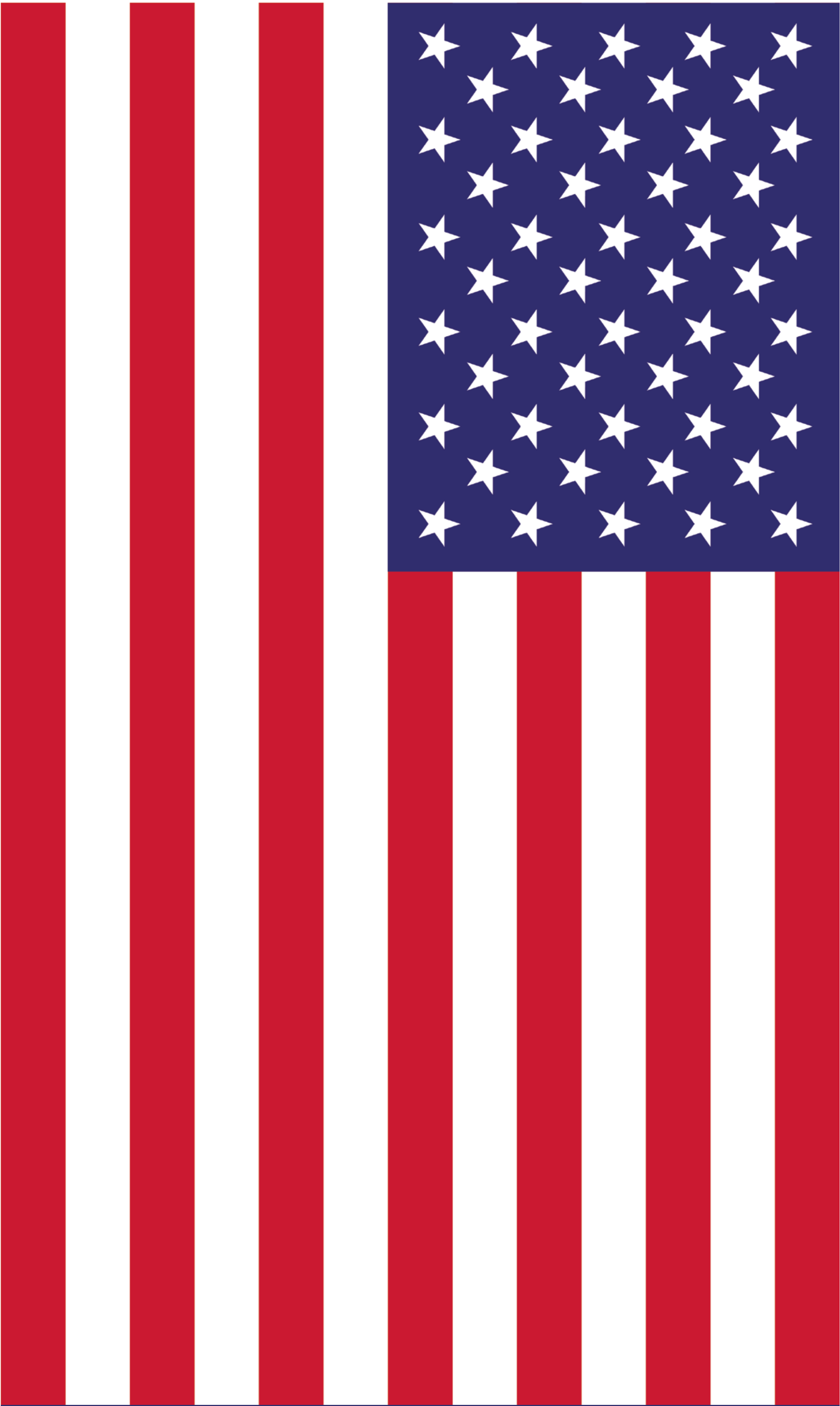
William Hooper, Joseph Hewes, John Penn

South Carolina:

*Edward Rutledge, Thomas Heyward, Jr., Thomas Lynch, Jr.,
Arthur Middleton*

Georgia:

Button Gwinnett, Lyman Hall, George Walton



BRING YOUR FLAG TO THE CARMICHAEL PARADE