



# Carmichael Times

Volume 32 • Issue 21

Serving Carmichael and Sacramento County since 1981

May 23, 2012

## Mormon "Helping Hands" descend on Nature Center



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## Local War Hero and Civic Leader at Rest



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## "Hey Dad, Don't Blink"



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# Waterways Expect Big Crowd



Boat Safely this Memorial Day Weekend. Follow some simple rules and inform your guests before leaving the dock.

SACRAMENTO REGION – The California Department of Boating and Waterway's urges boaters to be properly prepared for safe boating this Memorial Day weekend. California's waterways will be crowded with motorized and non-motorized

vessels. People will boat in groups creating numerous distractions, which can have deadly consequences.

"Boating during Memorial Day weekend means being a more responsible boat operator," said DBW's acting Director

Lucia Becerra. "Operators may have people on board their vessels who do not normally boat. Familiarizing passengers with the location of safety equipment and how to be safe aboard will decrease the likelihood of being involved in a boating accident."

Here are some suggestions from the DBW for boat operators to decrease the chances of being involved in a boating accident: 1) Always wear a life jacket. 2) Avoid alcohol. Everyone who drinks alcohol on board is at risk. Passengers can easily fall overboard, swim near the propeller, or cause vessels to capsize. 3) Designate a person aboard the vessel to help you act as a lookout. 4) Carry the required safety equipment such as fire extinguishers, sound signals, navigation lights, and life jackets for every person on board.

Boat operators should inform everyone on board where the required safety equipment is located. Operators should also turn off the engine when the boat is not moving to avoid propeller injuries.

More information and additional life saving tips can be found in boating safety courses or at [www.BoatResponsibly.com](http://www.BoatResponsibly.com).

*DBW enhances public access to California's waterways and promotes boating and aquatic safety through programs funded by vessel registration fees, boating fuel tax dollars and boating facility construction loan payments.*

## Pothole Sweeps Week Project Starts up in Arden Arcade

SACRAMENTO COUNTY – The Sacramento County Department of Transportation (SACDOT) has started up 2012 "Pothole Sweeps Week", which is an intensified effort to identify and repair potholes. This project is part of continuous efforts to improve preventative maintenance activities for unincorporated area roadways. Pothole sweeps are performed twice each year: In late Spring to repair potholes caused by inclement weather, and in Fall to ready road surfaces for the storm season..

This County-wide effort will begin in the Arden Arcade community, which is the center of our service area, and continue through the remainder of the unincorporated area.

Work crews will begin inspecting streets and fixing potholes on May 21st. Residents are encouraged to contact SACDOT concerning potholes on neighborhood streets. Pothole locations can be called into Customer Service at 916-875-5171, or emailed to [www.sacdot.com](http://www.sacdot.com): Report a Problem.

There are over 5,200 lane miles of paved roadways in the County unincorporated area and it's inevitable that somewhere in this large area of streets there will be potholes. SACDOT's policy is to: "Repair all potholes as soon as possible." The Pothole Sweeps Week program enhances ongoing pavement maintenance activities, which include SACDOT crews who are sent into the field Monday through Friday each week to specifically repair potholes.

- Some facts about potholes in Sacramento County:
- Potholes Reported To Customer Service Annually = 960.
- Potholes Repaired Annually = 40,600.
- Potholes Repaired Per Month = 3,384.
- Annual Cost for Pothole Repair = \$2.7 million.
- Square feet of potholes repaired annually = 91,000.
- Repair Cost Per Square Foot = \$30.
- Repair cost per pothole = \$66.
- Reported potholes are typically repaired within 72 hours.

# Carmichael P. O. Reaches Record with Food Drive

By Susan Maxwell Skinner

CARMICHAEL – As if delivering a full load of Saturday mail was not enough, American mail carriers went out to serve a humanitarian cause on May 5.

The national Post Office food drive gathered many million tons of groceries for food banks across America. "It was a long, hard day, but so worth it to know we were helping needy families," said exhausted Carmichael customer service manager Alicia Leech. The 95608 zone's 48 carriers and 15 volunteers toiled from 10 a.m. until 7 p.m. collecting, hauling and sorting over 26,000 pounds of non-perishables. These were dispatched to the Sacramento Food Bank.

In days that followed, another 510 pounds rolled in to the Post Office. Carmichael Presbyterian Church's food kitchen received this overflow.

Final figures more than doubled last year's total, setting a Carmichael record for the 20 years since the national drive began. Leech explained the unexpected bounty in a time of recession: "the more people experience need, the more willing they are to help when they are able," she said.

Of further assistance were the millions of grocery sacks distributed nationwide a few days before the collection. "There was a friendly competition between our carriers to see who could collect the most from their route," said Leech. "Two carriers got over 1000 pounds of groceries." Gleaned from a Cameron Ranch route, the winning score was 1560 pounds.

Non-perishable food donations are still being accepted at the Carmichael Post Office on Fair Oaks Blvd.



Carmichael mail carriers recently pulled extra duty as part of America's largest food drive. Organized annually by postal workers, the collection helps the needy via non-profit food distributors all over the nation. Photo by Susan Maxwell Skinner.

# Adult Mission Team Helps Rebuild in Joplin



From Gerry Halley Northminster Presbyterian Church

CARMICHAEL – An Adult Mission Team, 7 men and 6 women, from Northminster Presbyterian Church spent a week from April 14 through the 21st helping to rebuild a home in Joplin, MO, destroyed after devastating tornadoes.

The team did all the sheetrocking, taping, mudding, sanding and some wiring in the home and also installed a complete bathroom at another home.

From Left to Right in front row - Wendy Beals, Lynda Languasco, Don Havis, Ray Beals  
From Left to Right in Middle row - Linda Wolfe, Dick Cochran, Jim McKelligon, Dave Yagel  
From Left to Right in Back row - Kris Tague, Rev. Jeanie Shaw on ladder, Steve Kappes, Kay Muther on ladder.

Photo courtesy of Gerry Halley.

In the last 5 years Northminster teams, under the direction of the Presbyterian Disaster Assistance program, have helped in rebuilding 15 homes, churches, and businesses destroyed by flood and storms in New Orleans, Galveston, and Nashville.

Projects have included tiling a church basement, installing floorboarding, putting in windows, adding porches, and painting. The volunteers pay their own way plus expenses. Rebuilding structures and families are the goals.



## REWARDS

Get More Mileage from Your Shopping Dollar!

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# Senator, Supervisor and Community Laud Helping Hands



Clearing surface weeds at the Effie Yeaw preserve pond, Mormon volunteers were praised by visiting VIPS Senator Ted Gaines (right) and Supervisor Susan Peters. Nature Center supporters David Wade (left) Jamie Washington and Kelly Cohen and Carmichael LDS Stake President Stephen Taylor joined the inspection. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL – If two heads are better than one, 600 eager hands are better yet.

To perform a massive clean up, 300 Mormon “Helping Hands” workers recently descended on the Effie Yeaw Nature Center. In one morning, 1200

volunteer hours were served.

Invasive weeds were cleared; an aviary roofed; a play facility built; stairs rebuilt and barb-wire fencing removed. Sorting men from the boys, a stalwart team also waded waist deep in murk to remove choking pond growth. Though the

Nature Center has staunch volunteers, the Mormons were a miracle in numbers alone. Approved American River Natural History Association President David Wade, “They achieved more in a day than we’d hope to do in five years.”

A quarter-ton of slimy duck weed was netted from Effie Yeaw’s eco-sensitive pond and committed to compost heaps. An annual problem, this fast-growing vegetation clogs the pond surface and denys light to underwater residents.

Though veteran observers of much political muck-raking, visitors Supervisor Susan Peters and Senator Ted Gaines found the process absorbing. “Volunteerism is now more important than ever,” nodded the senator. The Mormons encouraged others he said, “to look around your community, see what needs help and see how you can assist. Our counties will be better for it and so will you.”

Ranging from babies in back-packs to high schoolers, children were a huge accessory to work teams. Explained Carmichael Stake President Stephen Taylor; “Being part of the project sets an example. If our children only did a little, they still knew they helped a big effort. They learn there are responsibilities and opportunities to serve. Helping your family sews the seed of desire to be part of a community.”

Anyone can assist Mormon Helping Hands. Learn about team projects at [www.mhhcalifornia.org](http://www.mhhcalifornia.org)

# Wells Fargo Celebrates



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# Carmichael Times

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To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: [Publisher@CarmichaelTimes.com](mailto:Publisher@CarmichaelTimes.com). Be sure to place in the subject field “Attention to Publisher”. If you do not have email access, please call us at 916-773-1111.

Carmichael Times is a member of Messenger Publishing Group

Advertising Sales: Paul V. Scholl • Marion Solo, Lelani Kinzler • Allyse Weaver • Max H. Peters

Graphics & Layout: Banerjee Designs • Stump Removal Graphics

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Web Master: Whiskey & Gunpowder • StatePoint Media • NewsUSA • PRWEB NewsWire

News Services: North American Precis Syndicate • Blue Ridge Press • ARA Content, California News Service • Family Features • WorldNetDaily

Photography: Amanda Morello • Susan Skinner

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# Carmichael Community Update



By Supervisor Susan Peters

Through the generosity of the Carmichael Times this column serves to provide an update periodically about matters affecting the Third District, which includes the community of Carmichael.

### Primary Election

California's Presidential June Primary will be held on Election Day, Tuesday, June 5. Polls open 7 a.m. until 8 p.m.

All area voters can go online to confirm that they are registered by visiting the Sacramento County Elections Office's web site at elections.saccounty.net. The web site also allows you to find your polling place or you can call 875-6451 for more information.

Registered voters also may apply for a vote-by-mail ballot with May 29 being the deadline. More information including an application is available on the Elections Office's web site.

### Alcohol Ban keeps Parkway Family Friendly

This Memorial Day weekend there will be a complete ban on alcohol consumption and possession both on land and in the water within the American River

Parkway between Hazel and Watt avenues. An exception exists for Ancil Hoffman Golf Course.

In past years holiday weekends were major problems along the river because of fights, public nudity, profanity and littering fueled by excessive alcohol consumption. The Board of Supervisors restored decorum by implementing the ban starting on Labor Day weekend 2006 which is also applicable for the holiday weekends of Independence Day as well as Memorial Day.

Since the restriction has taken effect, families I have talked to have expressed appreciation for making these holiday weekends once again a time for everyone to enjoy the American River.

### Reserve Park Ranger Program

Sacramento County Regional Parks is creating its first volunteer Ranger Reserve program to support the current Ranger Patrol system. The Reserve rangers would be sworn officers capable of performing all ranger duties, working with a Ranger or independently.

Participants will either be entry level candidates looking to start a career in law enforcement or journey level officers who are still active with other law enforcement agencies or who have retired. The Reserve Rangers undergo the same training and background investigation as regular Rangers, must be graduates of a full police academy, and will complete the full field training requirements. They will be required to perform a minimum of 15 hours of service per month to maintain their status as a Reserve Ranger. Since Park Rangers are accredited Peace Officers, they will also be required to fulfill the Peace

Officer Standards and Training requirements.

The Reserve Ranger program is part of a coordinated effort to maintain patrol services in the Park system, build partnerships with other law enforcement agencies such as the cities of Sacramento and Rancho Cordova, and deploy Ranger Assistants to most effectively support the Rangers.

### Animal Shelter Flea Market Sale

Please show your support for Sacramento County's Animal Shelter and at the same time enjoy shopping for bargains during the weekend of June 2-3 at the Support Our Shelter "Flea" Market.

Support Our Shelter of S.O.S. raises funds to care for the 15,000 animals that come through the shelter every year. Working with the Department of Animal Care and Regulation, this combined effort makes a tremendous difference in the lives of animals that are lost, abandoned or subject to abuse.

The flea market will be at 6241 Fair Oaks Boulevard (near the corner of Marconi Avenue across from California Fitness) in Carmichael courtesy of Milargo Investments (in past years the event was at the shelter).

This is an opportunity to have fun and help the animals at the same time so plan to shop over the weekend of June 2-3 from 8 am to 4 pm both days. And please be sure to visit your ATM in advance because flea market purchases are cash-only.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susanpeters@saccounty.net.

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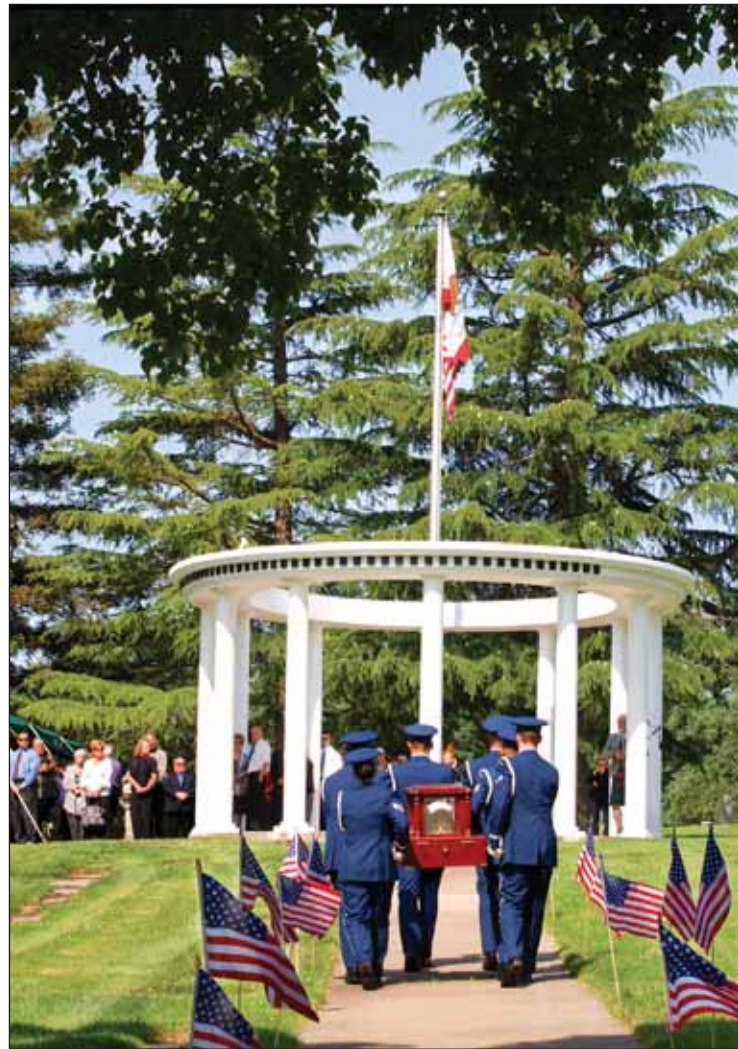
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# War Hero, Civic Leader at Rest

By Susan Maxwell Skinner



A Travis AFB honor guard accorded full military protocol at the burial of Col. Ross Davidson. Photo by Susan Maxwell Skinner.

CARMICHAEL – A passage in aviation and local civic history was marked with the burial of Col Ross Davidson last Tuesday. Aged 91, the WW II veteran died May 5. Military honors — including rifle volleys, flag folding and Taps — were in tune with approaching Memorial Day commemorations.

A much decorated hero of the European war theater, the pilot also served his nation in Korea and Viet Nam. He established his family in Carmichael in the 1950s and became a dedicated activist for the emerging town.

Tributes flowed during a memorial service at East Lawn Cemetery. About 300 friends, including representatives of all local legislative offices, attended. The service included a moving photo retrospective, with childhood, war-time and family images. He was interred beside Micky Davidson, his beloved wife of 58 years.

In the best tradition of Davidson's fabled generosity, a luncheon followed at the Northridge Country Club. Courtesy of an advanced deadline, attendees shared a special funeral day edition of the Carmichael Times. The front-page tribute was headed: "Aviator, Civic Leader, Ross Davidson Served Nation and Community."



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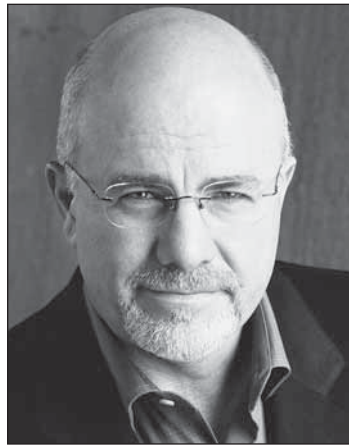
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CLUES

- ACROSS: 1. Balanced ride, 6. Mythical giant bird, 9. Iranian monarch, 13. Her face "launched a thousand ships"...

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books...

My Food, My Roof

Dear Dave, I'm a single dad with two teenagers at home. My 15-year-old son wants to open a checking account of his own...

- Tim

Dear Tim, When it comes to 15-year-olds, as a parent you have every right to say, "My food, and my roof. You do what I say."

At that age, I think you let them do, or not do, these things based on their ability to perform well in life.

If it were my son, I'd sit him down and gently explain that he doesn't have the capacity or knowledge to manage this idea by himself just yet.

Dave Says

wanted to drive, right? So make yourself a part of the experience by teaching him to handle money wisely.

If he wants to go dramatic on you, let him. And remind him that for every minute he's in drama mode, that's less leeway he's getting in this matter...

No, at 15 he's not opening a checking account on his own.

- Dave

The Point of Life Insurance

Dear Dave,

I have a 20-year level term life insurance policy. I noticed the other day that the cost would increase to \$4,000 per year at the end of the term.

- Tate

Dear Tate,

Technically, the policy will expire at the end of the term. But most companies that sell term life insurance will let you renew it, if you can't get any other insurance...

speaking, the more likely you are to die.

If it were me, and I'm near the end of that policy, I'd go buy another 20-year level term policy, and let the old one run out.

But the real point of a 20-year level term policy is to ensure that your family is taken care of while the kids are at home...

The further along in life you get, assuming you do the stuff I teach, the less need you'll have for life insurance!

- Dave

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Sudoku puzzle grid with clues and promotional text for Omaha Steaks.

Come back every week for Sudoku! For Solution See Page 7.

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STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2010-07564. The following person has abandoned the use of the FICTITIOUS BUSINESS NAME of Bling Bling Hair, Nails & Permanent Makeup, located at: 6614 Florin Road, Sacramento, CA 95828. Diana Nguyen, 752 Red Barn Lane, Lathrop, CA 95330. The business was conducted by: an individual. The Fictitious Business Name Statement was filed on Aug. 23, 2010 in the County of Sacramento. Filed with the Clerk of Sacramento County on April 16, 2012. Publish: May 2, 9, 16, 23, 2012. BLINGB 120501 5-23-12

the Fictitious Business Name "Opticalpha" at 9407 Achatec Circle, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on April 10, 2012. Publish: May 9, 16, 23, 30, 2012. OPTICA 120502 5-30-12

Publish: May 9, 16, 23, 30, 2012. TECHSM 120502 5-30-12 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00123426

"Answer" or "Response" take, or send, the "Answer" or "Response" to the Office of the Clerk of the Superior Court, P.O. Box 2730, Florence, AZ 85232. Mail a copy of your "Answer" or "Response" to the other party at the address listed on the top of this Summons.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03595. Holly Fae Hyatt and Esmeralda Arthy Gutierrez, both of 171 American River Canyon Dr., Folsom, CA 95630 are doing business under the Fictitious Business Name "Inner Ripple" at 4400 San Juan Ave. #18, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on April 23, 2012. Publish: May 16, 23, 30, June 6, 2012. INNER 120503 6-6-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03721. Joseph Bond Simpson, 11664 New Albion Dr., Gold River, CA 95670 is doing business under the Fictitious Business Name "Mad Hatter Mushroom Company" at 11470 Sunrise Gold Circle #6, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on April 25, 2012. Publish: May 16, 23, 30, June 6, 2012. MADHAT 120503 6-6-12

Country Club Lane, Sacramento, CA 95821 is doing business under the Fictitious Business Name "Intero Real Estate Services" at 460 Drake Circle, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on May 17, 2012. Publish: May 23, 30, June 6, 13, 2012. INTERO 120504 6-13-12

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Proceeds from the concert go to the Fair Oaks Theatre Festival, a non-profit summer theatre company, and the New Christy Minstrels Foundation providing music education, concerts and music to schools throughout the country. Both organizations are Charitable/Education entities under Federal law.

# Prelude to Celebrations



CARMICHAEL - Jesuit High School recently threw a party as a prelude for golden jubilee celebrations. Next year will see the Carmichael landmark and anchor establishment marking its 50th year. Carmichael Chamber of Commerce members joined school president David Suwalsky in cutting a ribbon to herald an auspicious 2013. Photo and text by Susan Maxwell Skinner.

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## Upcoming Events!

### SUMMER CAMPS 2012

See website for info on:

- Summer Camp Registration and Waiver
- Start Your Summer Now Packet
- Summer Camp Fieldtrips
- Summer Camp Frequently Asked Questions

### ADOPT A PARK

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### SUMMER READING PROGRAMS FOR CHILDREN AND ADULTS

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See Community Events at our website for Complete list of Summer Events!

**SUMMER CONCERTS IN THE PARK**

See website for more information

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Monday, July 30 • \$20/ get \$15 slot play and \$5 food credit

Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to [www.morpd.com](http://www.morpd.com).

**Summer Preschool 2012**

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Clarksburg Wineries • July 5 • \$20

**MISSION OAKS RECREATION & PARK DISTRICT**

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# “Hey Dad, Don’t Blink”

By Paul V. Scholl

*You are a child of the Universe, no less than the trees and the stars, you have a right to be here. And whether or not it is clear to you, no doubt the Universe is unfolding as it should. – Desiderata*

They say “It goes really fast” when you have children. Faster than anyone can even imagine. My son, Gabriel, is now 18 and heading to college. Wasn’t it just yesterday...?

We spent many hours driving when he was very little from the East Bay to the Sacramento area when he came up to stay with me a couple times each month. We would spend some of time learning math. “2 plus 2 is 4. 4 plus 4 is 8. 8 plus 8 is 16. 16 plus 16 is 32...16,384 plus... Dad, that number’s too big for me right now.”

I remember two times when he said something to me that was truly stunning. Once, when he was about four, he said “Dad, this time, I’m the boy and you’re the Dad.” Silence. He leaned over and went to sleep. He really did get it.

Another time, as he was looking out the window and studying the clouds. He looked over at me, touched my hand with his and said “Dad, God’s a hand. He just holds you.” Again, silence. And he leaned back and went to sleep.

How many times can you watch Lion King? I would watch it a hundred times more for one more Saturday morning on the couch together.



Celebrating the Fourth of July and my birthday together with family and friends. One of our best patriotic photos ever.

There was one particular play that was above all the rest. He was catching in an All-Star game, and it was close. There was a runner on third, then the pitcher threw a wild pitch that bounced off to the right

He played a bit more after that one.

Another moment that thrilled this dad’s heart was when he was playing linebacker on the high school football team. Goal line stand, and here comes the running back, and he just drilled him and drove him back, saving the touchdown. Now that was fun to watch!

His dream though was to be a big league baseball player. One summer we took “The great baseball road trip” which included seeing games in St. Louis at the old ballpark before it was torn down, Kansas City, and Denver. We saw the Royals, the Blue Jays, the White Sox, the Mets, the Rockies, the Cardinals, the Cubs, the Brewers and the Phillies all in a 10-day span in three different ballparks. We went with my wife Trish, who was also a big baseball fan, and they were a total blast together. This was the “maximum exposure” trip to big league baseball outside of the Bay Area, which was all he had known about it at that time. If you are going to dream big, learn big.

The day I heard that they were officially closing the old Yankee Stadium I decided I would make sure he had the chance to see it before it closed. We were able to make the trip out for almost a week, getting to see four games, a sweep of the Minnesota Twins.

He learned a lot about baseball fans that week. He also learned a lot about the real heart and soul of the game. It just warmed my heart when he leaned over to me during the first game and said “Dad, I think I’m a Yankees fan.”

During our trip to New York City we visited the Metropolitan Museum, Central Park, Ground Zero, the Bethesda fountain, the top of the Empire State Building and ran up Broadway in the rain. I showed him where I used to live on the Upper East Side, and one of my favorite places in the world, the East River at John Finley Walk.

We also went out to the Statue of Liberty, just taking it all in. We visited the museums there and were enthralled by the history lessons. We even found family names engraved in the monument of those who had passed through as immigrants decades ago. It was a great father-son trip.

When he returned to Manhattan later with his class on a school performance trip he was the one showing everybody else about the Big Apple.

High School JV baseball proved a little bit different world. He found favorites to get played more, and there is such a thing as politics. After his first year the dream had

soured, never getting to play the position he truly loved.

After his last game, which I was surely not going to miss, it was the end of a dream. And not only his. It wasn’t about his ever “making it”, it was about the journey together, the learning, the pep talks when he had a bad game, the strategies, the teaching. After we talked and hugged and he had to go on his way, I remember getting back to my car and having a good cry. Something big was over.

We took a trip up the California coast one weekend to Fort Bragg. I took him out to a great little first-class restaurant in town and taught him how to act properly when out on a date with a young lady. I let the waitress know what we were there for, and she joined in with a couple of tips of her own. She even had the cook, the long-time owner, come out and introduce himself and add his personal touch.

Later that trip we visited my favorite beach for the day. He went for a long and solitude walk while I just hung back and took time to write. It was a great example of how we could be together, yet enjoy our own space.

Over the years we loved to go to movies together, seeing many of the big movies when they came out. We also saw plenty of duds. I remember seeing one, one of the big “animated” movies that was so bad, we got up and left before the halfway point. That’s when I taught him how to get your money back for really bad entertainment. Funny thing, he later worked at the same movie theatre.

This last year he worked two jobs to save up enough money to buy his own car, while taking on AP classes and aiming for college. We visited a few lots one week and talked about deciding just what kind of car he was looking for to get him around town. He did the research, found the car, and made the deal. Then he learned about used car repairs.

When my wife Trish passed away suddenly in 2009, he was so supportive and strong. They had their own special relationship, and we both shared a loss that I’ve yet to figure out. As we both have learned, life does go on. He served as my best man, twice. There really was no other choice for me. He is my strongest bond on this planet, my reason for doing so many things.

I was so very proud of the toast he gave when I married Gwen a year ago January. He displayed his maturity and grace in a way that not many others in the room had noticed before. Compliments were many.

He graduates in just a few short days. Then it is off to USF



“Dad, I think I’m a Yankees fan” during our visit to old Yankee Stadium



To the Best Best Man a father could have on wedding day.

and the rest of his life. I remember the first time I held him. I remember holding his hand on the first day of school. I remember how excited he was when he declared his independence from diapers. He said “No Dad, I’ll do it myself. I want my private-seat.”

It has been both a joy and sometimes a pain watching him grow his independence. More than just the normal teenage “I know everything” attitude, he’s developed a side that he really does take much more into consideration when making decisions. When we differ on our opinions and we agree to

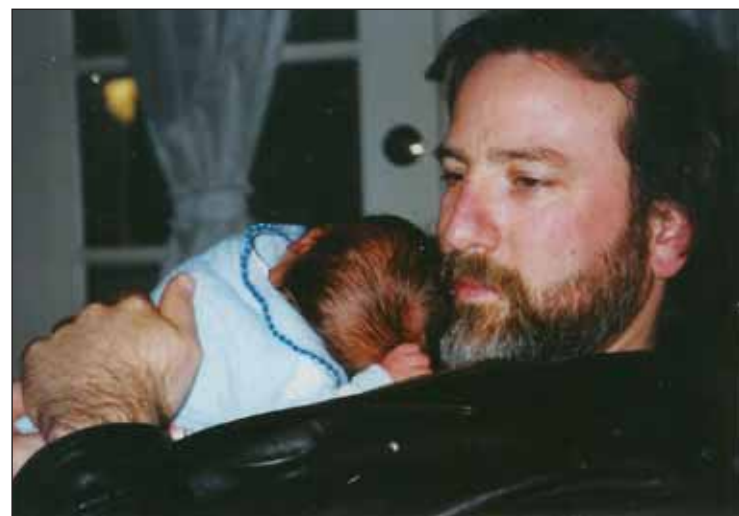
disagree, I always let him know how important it is to come up with his own conclusions and that life itself will teach him whether he is right or wrong or somewhere in between.

He also hears that what might be right right now for him could be very wrong later in life. What is important is to be aware in life, and to act accordingly. He knows that it is about always trying to do the right thing, even if it doesn’t seem to turn out that way.

This page is written to honor a job well done by my son, for his diligence towards school and his grades, to working and practicing hard, to his willingness to make and keep good friends, and to his being a wonderful son.

It is also written for all those divorced and separated dads that may not know what to do with their kids through all the pain of their own broken relationship. Get over or around it enough to nurture your children the best you can. Do what you can to participate, even if it means just being there to watch the game, the play, the dance, the speech. Being there always matters.

All the struggles, financial or otherwise, will pale in their significance over the years to the memories your children will hold of your participation. My son knows the path we’ve taken together, and now he’s find-



Holding Gabriel for the very first time. Life changes now.

When he asked me once how much I loved him, spreading my arms wide didn’t seem like enough. I looked up to the moon and said “I love you to the moon and back Gabe.” He said “I love you to the moon and back Dad.” We repeated that many times over the years.

The importance of being there for his first baseball game, his

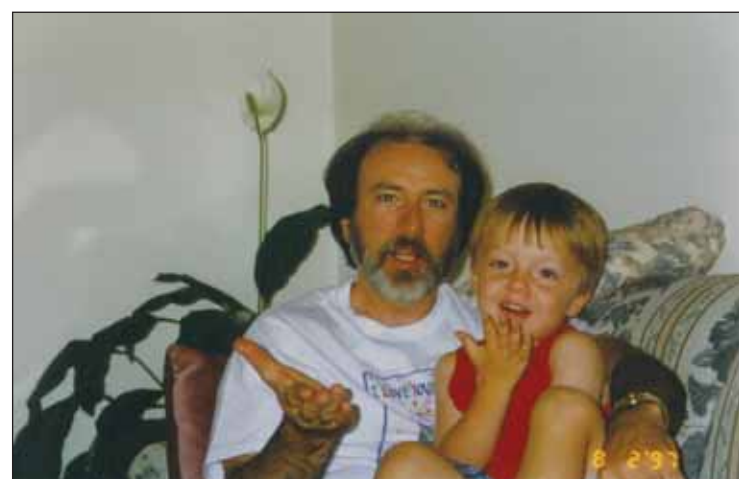
towards the backstop. Gabe bolted towards the ball, sliding to it as it closed in on the fence. He grabbed it bare handed and instinctively turned and tossed it perfectly to the pitcher covering home right where he didn’t even have to move to tag the runner out. Pure instinct at the perfect time. Wow.



One-on-one instruction about the Spirit of baseball.

first t-ball hit, being able to help coach for the first few years, will live in my heart as one of the best decisions I’ve made. Looking back, I can’t imagine doing it differently.

He played basketball too. He once had a big game that opened his coach’s eyes a bit. His team had a few players hurt, so he got more than his regular playing time. He walked away with 22 points and 12 rebounds.



“Blowing Kisses” to grandma during one of our many visits.



One our trip to Fort Bragg. Another great Father-Son trip alone.

ing his own path. If life ended today, knowing that, I would be OK with it.

Gabriel has his own relationship with God. He has a good foundation. He is defining what he believes in. He has all the tools to be a success. I do not know if I am capable of loving any other human being more than I love my son Gabriel.

And I am proud to know that when the day comes, he will understand fully just what it means when his son says “Hey Dad, Don’t Blink”.

**“I love you to the moon and back Gabe.” - Dad**



# POPPOFF!

with Mary Jane Popp

teams have the capacity to execute. So, Discipline 1 requires you to start by selecting one, or at the most, two extremely important goals, instead of trying to significantly improve everything all at once. Failure to achieve it will make every other accomplishment seem secondary, or possibly even inconsequential.

2) **Act on the Lead Measures.** This is the discipline of leverage. It's based on the simple principle that all actions are not created equal. Whatever strategy you're pursuing, your progress and success will be based on two kinds of measures: lag and lead. Lag measures are the tracking measurements of the wildly important goal, and they are usually the ones you spend most of your time praying over. Revenue, profit, and market share are all lag measures, meaning when you receive them, the performance that drove them is already in the past. Lead measures are quite different in that they are the measures of the most high-impact things you must do to reach the goal. Once you have identified your lead measures, they become the key leverage points for achieving your goal.

3) **Keep a compelling Scoreboard.** People play differently when they're keeping score. This is the discipline of engagement. In principle, the highest level of performance always comes from people who are emotionally engaged and the highest level of engagement comes

from knowing the score...that is, if people know whether they are winning or losing. And you must know the scoreboard. If the scoreboard isn't clear, the game you want people to play will be abandoned in the whirlwind of other activities.

4) **Create A Cadence of Accountability.** This is where execution really happens. The first 3 disciplines set up the game, but number four is based on the principle of accountability: that unless we consistently hold each other accountable, the goal naturally disintegrates in the whirlwind. The secret to Discipline 4, in addition to repeated cadence, is that members create their own commitments. Because they make their own commitments, their ownership of them increases.

This is a very condensed version of what "The 4 Disciplines of Execution" is all about. The good thing is when I asked Chris if this works for team participation or for single achievement, he told me absolutely for both. If you want more info on what these disciplines are all about, you can check out [www.4DXBook.com](http://www.4DXBook.com). Press on. Now it's all up to you. It begins with you and it ends with you and your desire to succeed. But know you can make it happen!

Join Mary Jane for the **KAHI Noon News Monday-Friday and then again for POPPOFF 10 PM-Midnight.**

## ACHIEVE YOUR WILD GOALS

Do you have some wild goals you dream about, and never told anyone? You probably think you can never achieve them, so why try? How would you like the map to get there in four steps? **Sean Covey**, along with co-authors **Chris McChesney** and **Jim Huling**, have put together "The 4 Disciplines of Execution" to change your behavior and achieve your wildly important goals. I had Chris on my POPPOFF Radio Show and he led me through these disciplines. So put aside your old ideas and get ready for some new ones. Here is the capsulated version right from their book.

1) **Focus on the Wildly Important.** Basically, the more you try to do, the less you actually accomplish. This is a stark, inescapable principle that we all live with. Somewhere along the way, most leaders forget this. Why? Because smart, ambitious leaders don't want to do less, they want to do more, even when they know better. Isn't it really difficult for you to say no to a good idea, much less a great one? And yet, there will always be more good ideas than you and your



## FAIR OAKS CEMETERY MEMORIAL DAY AND AVENUE OF FLAGS CEREMONY HONORING CIVIL WAR VETERANS

The Fourteenth Annual Memorial Day Ceremony will be held **Saturday, May 26th, 2012** at the Fair Oaks Cemetery, 7780 Olive Street, Fair Oaks, with formal ceremonies starting at 10 AM. Tom Askins will be the Master of Ceremonies. The musical program will be provided by the American Veterans Band, conducted by Warren "Bud" Turner.

*There will be a Color Guard and Rifle Salute team from Civil War Member Organizations. Also a ceremony of the laying of the wreath at the memorial in honor of over sixteen hundred veterans who are buried in the cemetery.*

The cemetery will be decorated with hundreds of flags lining its roadways as "The Avenue of Flags." We will be adding more names to the Veterans Memorial Wall.

The Fair Oaks Historical Society and Orangevale/Fair Oaks Grange will provide complimentary refreshments after the ceremony.



More information will be coming as we finalize the Speakers.  
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