

We Wish All Our Readers
a Very Happy Mother's Day

PLUS: Riley Reviews:
Superhero Conclave Turns
"Avengers" into Action Marvel

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Carmichael Times

Volume 32 • Issue 19

Serving Carmichael and Sacramento County since 1981

May 9, 2012

Local Fitness
Professional is
Selected to go
to the Olympics



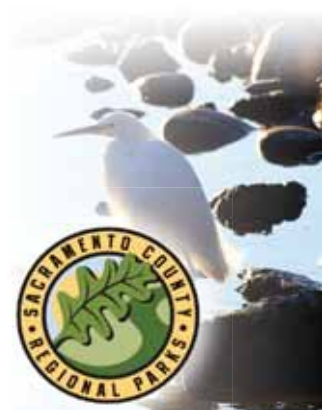
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Community Leader
Passes Away at 91



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Fun Activities for
May at the Effie
Yeaw Nature Center



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Mother's Day Reunion



Mother's day. Singer Teal Wicks with mom, Gail Allen. The Broadway star will perform in Sacramento for a May 19 Fundraiser for the California Musical Theatre. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL - A famous daughter's efforts to give back to the arts community means Carmichael mom Gail Allen will have an extra special Mother's day.

Broadway star Teal Wicks will return from New York to headline a May 19 benefit for

the California Musical Theatre. Between rehearsals for her gala performance, mom Gail plans some mother-daughter time. "We love to cook and have leisurely meals," says Gail. "We also enjoy breakfast at the Waffle Barn and walking in Ancil Hoffman Park. We sit on a bench by the river

and talk. It's wonderful to have Teal home - just to have a nice chat."

Chatting with a Broadway leading lady is an opportunity many will enjoy at the black-or-green-tie gala that precedes the Music Circus production of "Wicked." The \$200 per ticket

benefit will see Sacramento Community Center decked lavishly in wicked decor.

Despite kudos for her three-year, bi-coastal triumph in the edgy prequel to the "Wizard of Oz", Wicks will not be painted green in Sacramento. "I'll just have smoky eyes and a bright lipstick," she predicts. This time around, Teal will play Teal.

Says California Music Theatre development director Allison Cagely: "Many of our supporters saw her in San Francisco as the witch Elphaba. Teal's not in the touring production but we're thrilled she agreed to come back and entertain our gala."

Returns the star: "It's a small way to give back. The musical shows and ballets I saw growing up in Sacramento inspired me and introduced me to theater."

No one at the gala will be more thrilled than the proud mom who has seen - between Los Angeles, San Francisco and New York - her daughter play the "Wicked" lead at least 25 times. "Sacramento is where things really started for her and it's important for Teal to reach out in this way," says Gail. "She does many fundraisers and she talks to young people whose passion is theater. Helping them is a huge part of who she is. Last year, UC Irvine CA honored Teal - not just for her achievements in theater - but for her ongoing support of arts programs."

Continued on Page 2

SMUD Completes Installation of Smart Meters

Very High Customer Satisfaction Highlights Effort

SACRAMENTO REGION - SMUD has completed installation of smart meters for its more than 600,000 residential and business customers. The project, which started in late 2009, has been completed on time and on budget. It is a major success. SMUD is one of only a handful of utilities in the United States to complete such a large deployment effort.

Throughout the project, SMUD has maintained customer satisfaction levels in the mid-90th percentile. Ongoing surveys measure customer satisfaction with the meters, the installation process and associated communications. The complaint rate is only 0.09 percent.

SMUD smart meters provide SMUD customers with more flexibility and choice and immediate benefits. Customers can now see their electricity usage online, and start and stop service remotely.

Meters are now read automatically precluding meter readers from being on customers' property. Fewer trucks will be needed to maintain the system. Smart meters also provide the foundation for the future smart grid, a comprehensive upgrade that will provide digital two-way communication to customers about rates, products and services and even help identify outages more quickly.

Quicker restorations and even some "self-healing" features will improve reliability and save energy.

"Smart meters and the smart grid will revolutionize the way we use energy in our lives in a very productive way," said SMUD General Manager and CEO John DiStasio. "SMUD customers will be able to better gauge how they use electricity to better manage their usage, bill and comfort according to their needs," DiStasio said.

From the very beginning, SMUD made its smart meter program customer-centric, always putting the customer's satisfaction first and foremost. SMUD ensured customers knew when the meter would be installed and communicated in easy to understand literature in six languages explaining the process and the benefits. Customers were provided 14-day notices for installations with the option to schedule installation appointments within a one-hour window.

The smart grid ties together all aspects of electricity delivery and consumption. The resulting potential energy savings could help SMUD save roughly \$8 million to \$15 million annually in power supply costs. Those savings could help SMUD avoid a major transmission investment or a local large scale electric generation project.

For more information about the SMUD smart meter and smart grid projects, visit smud.org.

Jazzy Jesuit Hosts May 19 Festival



Jesuit High teens will welcome junior musicians to Carmichael, May 19. A festival and middle school jazz band contest culminates with a performance by Jesuit's award winning big band (pictured).

Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL - Jesuit High's "play hard, pray hard" pledge takes on new meaning May 19. Its jazz band will host 150 visiting musicians, who will perform and compete in a first-time middle school jazz festival.

The school's Harris Center will swing to six visiting big bands. Most participants are from Sacramento County; Christian School musicians will make a pilgrimage from San Jose. High point of the four-hour fest is an all-star jam session at 11:30 a.m. and a noon performance by Jesuit's 19-piece jazz ensemble.

Directed by instructor Ron Cunha, the host band recently earned divisional first place in Folsom and Woodcreek jazz festivals. The teenagers also took second place at the Heritage Music event in Southern California.

Any one may attend the Jesuit High School Middle School Jazz Festival at 1200 Jacob Lane. Events run from 9 a.m. to 1 p.m. Best access to the Harris Center is off Gordon Lane. Admission is \$5. For information, call (916) 482-6060.

Sacramento Public Library Closures Slated Due to Staff Furloughs

SACRAMENTO REGION - All Sacramento Public Library locations will be closed Friday, May 18; Friday, June 15; and Friday, June 29, 2012, due to staff furloughs. The Library's telephone information service will be unavailable during these closures.

The Library's governing board recently approved three furlough days between May 1 and June

30, 2012, as a cost saving measure due to shortfalls in County property tax revenues and funding reductions from the City of Sacramento.

"Funding shortfalls have left the library with few choices to maintain services to the public," said Library Director Rivkah Sass. The library was faced with either laying off 15 to 18 staff, necessitating the permanent

closure of as many as three locations; or furloughing staff, requiring temporary one-day closures of the whole system.

"We believe furloughs are a better outcome, especially for those communities that would have faced the permanent closure of their neighborhood library," Sass indicated. Sacramento Public Library's website (www.saclibrary.org) is available 24/7.

Visitors can access the Library's catalog, apply for a library card, request and renew items, download eBooks, audio books and videos, use the research databases, pay fines, and see event and programming information. Please call 916-264-2920 with any additional questions.

 **REWARDS** **Get More Mileage from Your Shopping Dollar!** SEE AD ON PAGE 11

Olympic 24 Hour Fitness

A member of the Carmichael community is going to the 2012 London Olympic Games!

CARMICHAEL – Desiree McGuire, Fitness Manager at the 24 Hour Fitness Carmichael Active club, has been selected from 21,000 24 Hour Fitness employees nationwide to staff and support our nation's best athletes at the USOC's High Performance Training Center (HPTC) in London, where Team USA will train and prepare for the Games.

24 Hour Fitness is an official sponsor of the United States Olympic Committee (USOC) and Official Fitness Center Sponsor of the U.S. Olympic and Paralympic Teams.

McGuire was selected based on merit, performance and her



ability to help people reach their fitness goals. As part of this distinguished group of fitness professionals going to London, she will oversee operations of the HPTC facility and assist Team USA with their workout needs, which could include training.

She has been an employee at 24 Hour Fitness for five years and has personally experienced the benefits of fitness. By integrating a regular fitness routine into her life, she no longer experiences pain associated with her cervical degenerative disc disease. She also plays softball in her spare time.

Congratulations to Desiree McGuire from all of Carmichael.

Desiree McGuire. Photo courtesy of 24 Hour Fitness.

Mother's Day Reunion

Continued from Page 1

When Wicks was greening up eight times a week for "Wicked," critics judged her "one of the best Elphabas ever." Her eight-month Broadway season brought standing ovations at every curtain. Inevitably, contracts run out and Gershwin Theater punters now applaud a new Elphaba. "I'd achieved all that I could in that role," shrugs the retired witch. "For me, my contract ended at the right time."

Fans recently saw her TV debut in an episode of "The Good Wife." She has also starred in off-Broadway productions. More roles are on the horizon. Andrew Lloyd Webber's Evita recently returned to Broadway with a leading lady from London; "when her contract runs out, I might audition to

replace her," says Wicks. "I believe there's an Eva Peron in me."

Having an only child domiciled in Manhattan means extra travel for mom. "New York is exciting to visit," she says. "Teal is part of a close family. We remember putting her on the piano bench so she could watch her grandma play. We miss her and treasure the time we have with her. Her career has taken her far but we feel part of it."

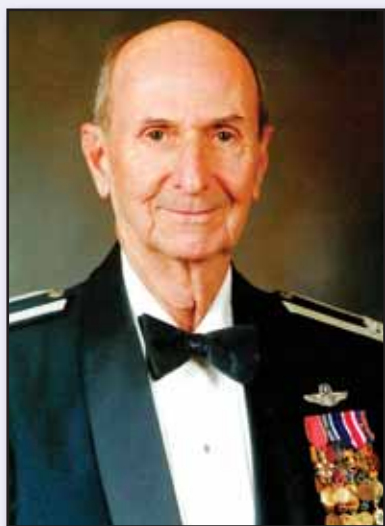
The California Musical Theatre's "Wicked Gala" will be hosted by the Sacramento Convention Center on May 19, at 6 p.m. Single tickets are \$200. For information, call (916) 446-5880. The Music Circus production of "Wicked" runs from May 23 to June 17. For box office queries, call (916) 557-1999.



Theater marquees in Los Angeles, San Francisco and New York featured Teal Wicks as the misunderstood heroine of "Wicked." Her May 19 Sacramento cameo performance will feature songs from this and other musicals. Photo by Susan Maxwell Skinner.

www.CarmichaelTimes.com

Ross Davidson † 1921 - 2012



Community leader Col. Ross Davidson died on Saturday, May 5. Aged 91, he succumbed to natural causes.

Funeral Details:
Tuesday, May 15, 9:30am
Burial with military honors
East Lawn Mortuary, 5757 Greenback Lane
Followed by memorial.

The much-decorated WW 2 veteran was a major force in local civic life for over 60 years. He will be deeply missed in the community he loved. We offer condolences to the Davidson family and to the hundreds of people who respected and loved this great American. Our tribute to Col. Davidson's life will appear in the Times next week.

Photo courtesy of the Davidson family. Text: Susan Maxwell Skinner

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CITRUS HEIGHTS - The Mid-Year Banquet of the Sacramento Suburban Writers Club will be held Monday, May 14th, 7-9pm, in the larger meeting room of the China Buffet, 5623 Sunrise Blvd., Citrus Heights. Cost for Members is \$12; guests is \$15. A special prize(s) drawing just for guests will be provided. Reservations are requested. Contact Andrea Roth, (916) 396-3414.

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Saturday the 26th at 10:30AM

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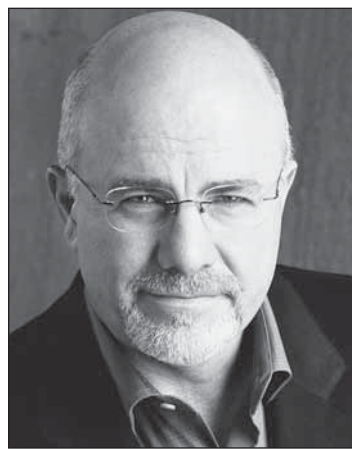
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CLUES

- ACROSS**
- Felipe _____, Formula One racer
 - Holiday helper
 - This Harvard team rows on Boston's Charles River
 - "Get _____ job!"
 - Be a witness
 - East side of Jersey
 - Catherine Middleton's new accessory
 - _____ capita
 - Native of Des Moines
 - Like a black-tie event
 - In the middle of the U.S.
 - Often comes before "out"
 - 8 to Caesar
 - Rudyard Kipling novel
 - _____de-camp
 - To produce within
 - Black tropical cuckoos
 - Elton John and Bono, e.g.
 - Lined with crystals
 - Anything half-moon shaped
 - Brother of a certain secret order
 - Largest continent
 - It usually wafts
 - Farmer's storage
 - Short for "dictionary"
 - Navy rank
 - Like #44 Across, this also wafts
 - _____ degree
 - Birdbrain
 - Small protuberance
 - Steamboat and Old Faithful, e.g.
 - PBS street
 - German submarine
 - 8 to Caesar
 - Rudyard Kipling novel
 - _____de-camp
 - To produce within
 - Black tropical cuckoos
 - Elton John and Bono, e.g.
 - Lined with crystals
 - Anything half-moon shaped
- DOWN**
- Dojo pad
 - Like Mohave Desert
 - Popular cooking method for Ahi tuna
 - Hindu woman's dress
 - Mount McKinley state
 - Oscar of sports
 - _____ Harvey Oswald
 - Nobel-winning physicist
 - Grub
 - U.S. furniture maker
 - Time periods
 - Moved or exited
 - Building side destroyer
 - Tremor or quake
 - Mad King George, or George _____
 - Particular rendering
 - Southernmost point of U.S.
 - Contain the ashes
 - King of ancient Crete
 - Buenos _____
 - Necklace pearl, e.g.
 - Violinist's pine resin
 - Court order, e.g.
 - End of the road?
 - 18-wheeler
 - Auctioneer's exclamation
 - Not a soul
 - Ends of shoe laces
 - And not
 - Western neighbor to #5 Down
 - Twig of a willow tree
 - Comes in bits for salads
 - Thick messy substance
 - Jet black
 - Yesteryear
 - Equal
 - Plant fungus
 - Friend from Down Under
 - Distinctive elegance
 - _____ Paolo

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Frustration Along the Way?

Dear Dave,
I'm about to complete Baby Step 3. I've been very intense about following your plan, but I was wondering if there's ever any kind of frustration or let-down after you've come this far.

- Rasheed
Dear Rasheed
You're right. The beginning three Baby Steps are very intense. First, you get \$1,000 in the bank—\$500 if you make less than \$20,000 a year—for a beginner emergency fund as fast as you can. Then, pay off all your debts, except the house, from smallest to largest, and after that you finish out your emergency fund with three to six months of expenses. This is a real whirlwind of activity, because everything should be

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Dave Says

wrapped up in an aggressive, we've-got-to-get-this-done kind of attitude.

I guess if there's a letdown it could come from the feeling that once you're out of debt except for your house, things should kick into overdrive and you'll become instantaneously wealthy. That just isn't realistic. But it does remove a ton of stress from your life, and you'll experience a sense of freedom that you've never felt before.

As for frustrations, they'll be fewer because a huge cause of stress and frustration will disappear after you gain control of your money and get out of debt. You may feel like things aren't moving fast enough, but things never seem to move fast enough when you're intense and really into what you're doing!

- Dave
Time to Play it Smart!

Dear Dave,
Our son is 21, and he's embarking on a career as a professional soccer player. He'll only be making about \$30,000 a year, and we want to know how we can help him manage this money and not get caught up in the idea that he has to live a glamorous lifestyle.

- Karen

Dear Karen,
"Glamorous" isn't the word I'd use to describe a \$30,000-a-year job, even for a 21-year-old. I think the biggest thing here is to make sure he develops some emotional maturity and uses basic, common-sense guidelines to help keep things in perspective. If he makes a habit right now of budgeting and living on less than he makes, he's going to have a lot easier time later on if he starts raking in the big bucks.

Help him prepare his heart for two things. First, that a career as a professional athlete will probably be a short run. Enjoy it, be smart, then prepare to move on to the next part of your life, and develop a different career track.

The second thing is that even if he beats the odds and ends up making a ton of money, he's got to view the money as a responsibility and a privilege. This is when the common sense and maturity really come into play. You can't run out and buy a bunch of houses and cars and expect even big money to last for long!

- Dave
*For more financial help, please visit daveramsey.com.

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								2
	6	9	2	8				3
9		5	6					8
8	4							
9			1	3				8
					4	9		
3			7	9			5	
4		2	5	6	7			
7								

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!

For Solution See Page 7.

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FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03274. Todd Perrins, 105 Tuscany Ct., Roseville, CA 95661 and Scott Jepsen, 4630 Rustic Rd., Carmichael, CA 95608 are doing business under the Fictitious Business Name "Blackbird Creek" at 6939 Sunrise Blvd. #120, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on April 11, 2012. Publish: April 18, 25, May 2, 9, 2012.
 BLACKB 120403 5-9-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01596. Consortium of Business Continuity Professionals, Inc., 10 Nellis, Sacramento, CA 95835 is doing business under the Fictitious Business Names "Tech Continuity; Continuity Planning for Business; TechNuity; TechNuity; Continuity World; Continuity & Compliance Consulting" at 10 Nellis, Sacramento, CA 95835. Filed with the Clerk of Sacramento County on Feb. 21, 2012. Publish: April 18, 25, May 2, 9, 2012.
 TECHCO 120403 5-9-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03155. Kimberly Urbano, 5320 Silver Strand Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name "Advantage Lawn Care and Landscaping" at 5320 Silver Strand Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on April 9, 2012. Publish: April 18, 25, May 2, 9, 2012.
 ADVANT 120403 5-9-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03255. Luminita Angela Polhac, 8747 Blythe Ave., Orangevale, CA 95662 is doing business under the Fictitious Business Name "SIA Care And Cleaning" at 8747 Blythe Ave., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on April 11, 2012. Publish: April 18, 25, May 2, 9, 2012.
 SIACAR 120403 5-9-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03161. Joe Stamp, 700 Fairste Ct., Galt, CA 95632 is doing business under the Fictitious Business Name "Superior Window Coverings" at 700 Fairste Ct., Galt, CA 95632. Filed with the Clerk of Sacramento County on April 9, 2012. Publish: April 18, 25, May 2, 9, 2012.
 SUPERI 120403 5-9-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02819. PAP Countrywood, LLC, a California LLC, Pacific American Properties, Inc., Manager, 300 Turney, 2nd Floor, Sausalito, CA 95965; Community Resident Services, Inc., 1380 Lead Hill Blvd. #106, Roseville, CA 95661; and AMTAX Fund XIV SLP, Inc., a Texas Corp., 515 South Capital of Texas Ave. #103, Austin, TX 78746 are doing business under the Fictitious Business Name "Providence Place Apartments at 5500 Mack Road, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on March 28, 2012. Publish: April 18, 25, May 2, 9, 2012.
 PROVID 120403 5-9-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME AND GENDER #34-2012-00122345 WHEREAS, Katie Nicole Sadler has filed a petition with this court for a decree changing name of Katie Nicole Sadler to Jesse Derek Sadler. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 25, 2012 in Department 54, located at 720 9th St., Room 102, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 13, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: April 18, 25, May 2, 9, 2012.
 SADLER 120403 5-9-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00121695 WHEREAS, Amie Nicole McInnis has filed a petition with this court for a decree changing name of Amie Nicole McInnis to Amelia Love McInnis. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 16, 2012 in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 4, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: April 18, 25, May 2, 9, 2012.
 MCINNI 120403 5-9-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00122094 WHEREAS, Andrew Nicholas Thomsen has filed a petition with this court for a decree changing name of Andrew Nicholas Thomsen to Andrew Nicholas Garcia. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on May 22, 2012 in Department 53, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 10, 2012. David I. Brown Judge of the Superior Court Publish: April 18, 25, May 2, 9, 2012.
 GARCIA 120403 5-9-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03505. Eilan A. Rabov, 3340 Apollo Circle, Roseville, CA 95661 is doing business under the Fictitious Business Names "Lenchie & Company; Lenchie & Co." at 5525 Hemlock St., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on April 19, 2012. Publish: April 25, May 2, 9, 16, 2012.
 LENCHI 120404 5-16-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02787. Follitt Investment Properties, Inc., 11211 Gold Country Blvd. #100, Gold River, CA 95670 is doing business under the Fictitious Business Name "follettusa" at 11211 Gold River Blvd. #100, Gold River, CA 95670. Filed with the Clerk of Sacramento County on March 28, 2012. Publish: April 25, May 2, 9, 16, 2012.
 FOLLET 120404 5-16-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02637. Gisela Krantz, 7433 Kalamazoo Dr., Citrus Heights, CA 95610 and Kathy Lowery, 6304 Aslin Way, Carmichael, CA 95608 are doing business under the Fictitious Business Name "Cheveux Styling Salon" at 2662 Marconi Ave., Sacramento, CA 95821. Filed with the Clerk of Sacramento County on March 23, 2012. Publish: April 25, May 2, 9, 16, 2012.
 CHEVEU 120404 5-16-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03328. Laura Jean Evans, 5201 Lake Knoll Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Yellow Mischief" at 5201 Lake Knoll Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on April 13, 2012. Publish: April 25, May 2, 9, 16, 2012.
 YELLOW 120404 5-16-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03392. Robyn Christensen, 6452 Sandy Cove Lane #B, Carmichael, CA 95608 is doing business under the

Fictitious Business Name "Bling on a String Lingerie" at 6452 Sandy Cove Lane #B, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on April 16, 2012. Publish: April 25, May 2, 9, 16, 2012, 2012.
 BLINGO 120404 5-16-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03288. Robyn S. Penwell, 1804 Beverly Way, Sacramento, CA 95818 is doing business under the Fictitious Business Name "Sacramento Natural Posture" at 1804 Beverly Way, Sacramento, CA 95818. Filed with the Clerk of Sacramento County on April 12, 2012. Publish: April 25, May 2, 9, 16, 2012.
 SACNAT 120404 5-16-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03374. Carter Pierce and Peggy Pierce, both of 8077 Sunset Ave., Fair Oaks, CA 95628 are doing business under the Fictitious Business Name "Garden Matic" at 8077 Sunset Ave., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on April 16, 2012. Publish: April 25, May 2, 9, 16, 2012.
 GARDEN 120404 5-16-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03497. Will Cao and Tong Tira, both of 8643 Viandry Place, Sacramento, CA 95828 are doing business under the Fictitious Business Name "West Coast Construction" at 8643 Viandry Road, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on April 19, 2012. Publish: May 2, 9, 16, 23, 2012.
 WESTCO 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03643. Kyle Edward Greunke, 6231 Patty Peart Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "The Buggy Whip" at 2737 Fulton Ave., Sacramento, CA 95821. Filed with the Clerk of Sacramento County on April 24, 2012. Publish: May 2, 9, 16, 23, 2012.
 BUGGYW 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03726. Venaisi Taukeinkoro, 2510 Fair Oaks Blvd. #127, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Fiji Angel Care" at 48758 "J" St., Sacramento, CA 95819. Filed with the Clerk of Sacramento County on April 25, 2012. Publish: May 2, 9, 16, 23, 2012.
 FIJIAN 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03760. Alterra Inc., 4800 Westlake Parkway #603, Sacramento, CA 95835 is doing business under the Fictitious Business Name "Alterra Pest Control" at 1767 Tribute Road #D-1, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on April 26, 2012. Publish: May 2, 9, 16, 23, 2012.
 ALTERR 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03572. Kerry Burton, 5923 Chestnut Ave., Orangevale, CA 95662 is doing business under the Fictitious Business Name "Seniors On The Go" at 5923 Chestnut Ave., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on April 23, 2012. Publish: May 2, 9, 16, 23, 2012.
 SENIOR 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03037. Sterling-Smith Financial Grp., Inc., 6929 Sunrise Blvd. #102-D, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "German Deli" at 5859 Auburn Blvd., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on April 5, 2012. Publish: May 2, 9, 16, 23, 2012.
 GERMAN 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03542. Norflex Modular Leasing and Construction Company, 1675 Larimer St. #740, Denver, CO 80202 is doing business under the Fictitious Business Name "Boxx Modular" at 1675 Larimer St. #740, Denver, CO 80202. Filed with the Clerk of Sacramento County on April 20, 2012. Publish: May 2, 9, 16, 23, 2012.
 BOXXMO 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03331. Amador Relocation, Inc., 6943 Power Inn Rd. #A, Sacramento, CA 95828 is doing business under

the Fictitious Business Name "Move Pros" at 6943 Power Inn Rd. #A, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on April 13, 2012. Publish: May 2, 9, 16, 23, 2012.
 MOVEPR 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03664. Sacramento Auto Broker Inc., 138 Oak Rock Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name "Auto Broker" at 2320 Harvard St. #100, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on April 24, 2012. Publish: May 2, 9, 16, 23, 2012.
 AUTOBR 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03668. Nycala Benson, 1001 15th St. #407, Sacramento, CA 95814 is doing business under the Fictitious Business Name "N Consulting" at 1001 15th St. #407, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on April 24, 2012. Publish: May 2, 9, 16, 23, 2012.
 NCONSU 120501 5-23-12

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2010-07564 The following person has abandoned the use of the FICTITIOUS BUSINESS NAME OF Bling Bling Hair, Nails & Permanent Makeup, located at: 6614 Florin Road, Sacramento, CA 95828. Diana Nguyen, 752 Red Barn Place, Lathrop, CA 95330. The business was conducted by: an individual. The Fictitious Business Name Statement was filed on Aug. 23, 2010 in the County of Sacramento. Filed with the Clerk of Sacramento County on April 16, 2012. Publish: May 2, 9, 16, 23, 2012.
 BLINGB 120501 5-23-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00122930 WHEREAS, Yakov Skvortsov has filed a petition with this court for a decree changing name of Yakov V. Skvortsov to Jacob Skvortsov. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on June 4, 2012, in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 23, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: May 2, 9, 16, 23, 2012.
 SKVORT 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03867. Amanda L. Ramsey, 3391 Phoenix Ave., Fair Oaks, CA 95628 and Graham Michael Cox, 4933 Village Green Dr., El Dorado Hills, CA 95762 are doing business under the Fictitious Business Name "Cox's Boxes" at 11375 Sunrise Park Dr., #900, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on May 1, 2012. Publish: May 9, 16, 23, 30, 2012.
 COXSBO 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03890. Erika Eva Renee Kendrick and Alan Brian Kendrick, both of 3461 Harmony Lane, Sacramento, CA 95821 are doing business under the Fictitious Business Name "Red E One Events" at 3461 Harmony Lane, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on May 2, 2012. Publish: May 9, 16, 23, 30, 2012.
 REDEON 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03490. Candace Alicea, 5429 Verner Ave., Sacramento, CA 95841 and Christine Tadlock, 7374 Candlelight Way, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name "C.C.'s Catering & Confection Company" at 5429 Verner Ave., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on April 19, 2012. Publish: May 9, 16, 23, 30, 2012.
 CCSCAT 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03839. Amber Silva, 131 Vista Creek Circle, Sacramento, CA 95835 is doing business under the Fictitious Business Name "Love Story Pictures" at 131 Vista Creek Circle, Sacramento, CA 95835. Filed with the Clerk of Sacramento County on April 30, 2012. Publish: May 9, 16, 23, 30, 2012.
 LOVEST 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03352. BVM Enterprises Corporation, 4105 Bannister Road, Fair Oaks, CA 95628 is doing business under the Fictitious Business Names "Paramount PM Development; Paramount PM Consulting" at 4105 Bannister Road, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on April 16, 2012. Publish: May 9, 16, 23, 30, 2012.
 PARAMO 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03211. Opticalpha Architecture Inc., 9407 Achate Circle, Sacramento, CA 95826 is doing business under the Fictitious Business Name "Opticalpha" at 9407 Achate Circle, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on April 10, 2012. Publish: May 9, 16, 23, 30, 2012.
 OPTICA 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03522. Rise & Riot LLC, 811 Cathedral Ct. #4, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Rise & Riot Clothing" at 811 Cathedral Ct. #4, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on April 19, 2012. Publish: May 9, 16, 23, 30, 2012.
 RISE&R 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03847. Ada Revuelta, 8621 New Island Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name "Ada's House Cleaning" at 8621 New Island Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on April 30, 2012. Publish: May 9, 16, 23, 30, 2012.
 ADASHO 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03883. River Rock Development Company, a California corporation, 7700 College Town Dr. #2501, Sacramento, CA 95826 is doing business under the Fictitious Business Names "River Rock Investment Group; River Rock International" at 7700 College Town Dr. #2501, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on May 2, 2012. Publish: May 9, 16, 23, 30, 2012.
 RIVERR 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02466. Sacramento Central Seventh-Day Adventist Church, 6045 Camellia Ave., Sacramento, CA 95819 is doing business under

the Fictitious Business Name "Your Neighbor Community Thrift Store" at 6700 Folsom Blvd., Sacramento, CA 95819. Filed with the Clerk of Sacramento County on March 19, 2012. Publish: May 9, 16, 23, 30, 2012.
 SACCCEN 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03912. Michelle LeMay, 6105 Rich Hill Dr., Orangevale, CA 95662 is doing business under the Fictitious Business Name "Stubby Press" at 6105 Rich Hill Dr., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on May 2, 2012. Publish: May 9, 16, 23, 30, 2012.
 STUBBY 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03713. Austin Contractors Inc., 8149 Santa Juanita Ave., Orangevale, CA 95662 is doing business under the Fictitious Business Name "DV Austin Painting" at 8149 Santa Juanita Ave., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on April 25, 2012. Publish: May 9, 16, 23, 30, 2012.
 DVAUST 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03430. Debbie Brooke and David Brooke, both of 3313 Brownlea Circle, Antelope, CA 95843 are doing business under the Fictitious Business Names "Senior Solutions; Senior Solutions of CA" at 3313 Brownlea Circle, Antelope, CA 95843. Filed with the Clerk of Sacramento County on April 17, 2012. Publish: May 9, 16, 23, 30, 2012.
 SENIOR 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03780. Vallery Putintsev, 8020 Wallerga Road #1014, Antelope, CA 95843 is doing business under the Fictitious Business Name "Val Dental Marketing" at 8020 Wallerga Rd. #1014, Antelope, CA 95843. Filed with the Clerk of Sacramento County on April 26, 2012. Publish: May 9, 16, 23, 30, 2012.
 VALDEN 120502 5-30-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03838. Renaissance Technologies, Inc., 6608 Penny Way, Carmichael, CA 95608 is doing business under the Fictitious Business Names "Tech Smart; Ubuyit; Catalyst Legal; Catalyst Bankruptcy; Missionary Legal; Red Sky Legal; Construction Commando; Tech Smart; Ubuyit; Cannabiz Docs; Just Believe!; BFP Entertainment; BFP Cruise; BFP Events" at 6608 Penny Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on April 30, 2012. Publish: May 9, 16, 23, 30, 2012.
 TECHSM 120502 5-30-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00123426 WHEREAS, Sergio Ivan Carrasco Canchola Jr. has filed a petition with this court for a decree changing name of Sergio Ivan Carrasco Canchola Jr. to Sergio Ivan Canchola Jr. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at a.m. on June 12, 2012 in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 2, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: May 9, 16, 23, 30, 2012.
 CANCHO 120502 5-30-12

STATE OF ARIZONA PINAL COUNTY SUPERIOR COURT SUMMONS #D0201200750 Robert A. Ross 2820 N. Pinal Ave. #12-501 Casa Grande, AZ 85122 Petitioner Pro Per Petitioner: ROBERT A. ROSS Respondent: LISA M. GREENLEE WARNING: This is an official document from the court that affects your rights. Read this carefully. If you do not understand it, contact a lawyer for help. A lawsuit has been filed against you. A copy of the lawsuit and other court papers are served on you with this "Summons." If you do not want a judgment or order taken against you without your input, you must file an "Answer" or a "Response" in writing with the court, and pay the filing fee. If you do not file an "Answer" or "Response" the other party may be given the relief requested in his/her Petition or Complaint. To file your "Answer" or "Response" take, or send, the "Answer" or "Response" to the Office of the Clerk of the Superior Court, P.O. Box 2730, Florence, AZ 85322. Mail a copy of your "Answer" or "Response" to the other party at the address listed on the top of this Summons. If this "Summons" and the other court papers were served on you by a registered process server or the Sheriff, within the State of Arizona, your "Answer" or "Response" must be filed within TWENTY (20) CALENDAR DAYS from the date you were served, not counting the day you were served. If this "Summons" and the other papers were served on you by a registered process server or the Sheriff outside the State of Arizona, your "Answer" or "Response" must be filed within THIRTY (30) CALENDAR DAYS from the date you were served, not counting the day you were served. Service by a registered process server or the Sheriff is complete when made. Service by Publication is complete thirty (30) days after the date of the first publication. You can get a copy of the court papers filed in this case from the Petitioner at the address at the top of this paper, or from the Clerk of the Superior Court's Customer Service Center at 917 Jason Lopez Circle, Blvd. A/Hwy. 79, Florence, AZ. Requests for reasonable accommodation for persons with disabilities must be made to the office of the judge or commissioner assigned to the case, at least five (5) days before your scheduled court date. SIGNED AND SEALED this 27th day of April, 2012. Chad A. Roche, CLERK OF THE COURT By: TANDI GRAY Publish: May 9, 16, 23, 30, 2012.
 ROSS 120502 5-30-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00123173 WHEREAS, Trung Anh Truong and Hoa Hong Thi Huynh have filed a petition with this court for a decree changing name of Jasmine Huynh to Jasmine Huynh Nguyen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 7, 2012 in Department 53, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 26, 2012. David I. Brown Judge of the Superior Court Publish: May 9, 16, 23, 30, 2012.
 ADMIN5 120502 5-30-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00113774 WHEREAS, Adelheid Klugkist has filed a petition with this court for a decree changing name of Adelheid Klugkist to Payg Harmony McMullen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on June 11, 2012 in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.

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Carmichael Chamber of Commerce

Carmichael Chamber Mixer
Wed, May 9, 2012 from 5:30pm - 7:30pm
 Hosted by Jesuit High School. Free food and drink and great networking opportunities. Bring a raffle prize and plenty of business cards.
 Location: Jesuit High School

Carmichael Chamber Board Meeting
Tue, June 12, 2012 from 12:00pm - 1:30pm @ Eskaton Village Carmichael
 Board meetings are held at Eskaton Village and require advance notification for a gate pass. Any member wishing to attend needs to contact Linda in advance to have this arranged.

Carmichael Chamber Luncheon
Tue, May 22, 2012 from 11:30am - 1:00pm @ Cypress Avenue Baptist Church
 Luncheon meeting is held in the Education Building and is the Chamber General Meeting & Luncheon. Come enjoy a delicious buffet lunch, speaker, and plenty of opportunity to network. Raffle prizes too!
 Cost for the luncheon is \$18 for members with reservations, and \$23 for non-members and members without reservations. Please go to website to register by Sunday, May 20.

<



Riley Reviews

SUPERHERO CONCLAVE TURNS "AVENGERS" INTO ACTION MARVEL

battled his adopted brother in the past, joins the group. Captain America (Chris Evans), who has been snoozing since the end of World War II, is revived from his slumber.

The egomaniac Tony Stark, aka Iron Man (Robert Downey, Jr.), is joyously on board, playing his sarcastic attitude to the hilt as he lobs delightfully funny, barbed jabs at fellow superheroes.

The mild-mannered Bruce Banner (Mark Ruffalo, new to the role), who turns into the Incredible Hulk when stirred by anger, is also capable of verbal sparring. But first, he has to be retrieved from missionary work in India.

Superheroes, accustomed to doing big things, also possess large egos. As a result, they don't really like each other all that much. In itself, this makes for interesting character development.

After all, Joss Whedon realizes that there has to be a lot more to a successful superhero action film than just unlimited battle scenes and destruction. We have to find our superheroes worthy of attention.

Other players on the scene include the archer Hawkeye (Jeremy Renner) and the aptly-named Black Widow (Scarlett Johansson), the expert killer in martial arts.

I don't believe it would be wise to give away too much of the story, but insatiable action fans will need to exercise a degree of patience while awaiting the full-scale assault on New York City.

Between the wisecracks and eager moments of one-upmanship, the superheroes are shown to be ordinary mortals in terms of the emotional baggage they carry with them.

The most complex character

might be Bruce Banner, a brilliant scientist who labors mightily to keep his anger management issues in check.

Ultimately, after all the characters have been well-defined and their personalities are allowed to shine, "The Avengers" gets down to some serious business.

Tony Stark's massive headquarters near Grand Central becomes ground zero for the alien attack. The explosive finale is a colossal battle in which most of Manhattan is leveled to the ground.

Because the front end of "The Avengers" allowed so much time for exposition and character development, the non-stop action at the back end seems all the more purposeful and satisfying.

"The Avengers" is a dream come true for all those who love these superhero characters. I am not sure how the next movie of this kind will be able to top this one.

When the film's end credits begin to roll, be sure to stick around for a couple of surprises.

DVD RELEASE UPDATE

The popular detective drama starring Robert Urich as cool private eye Dan Tanna gets another DVD release with "Vega\$: The Third Season, Volume 1."

This 3-disc set features action-packed episodes centered on the detective who drives around Sin City in a vintage bright red Thunderbird, solving cases with the help of his loyal staff.

I don't much care for how the entire season is broken up into volumes. We may have to wait a few months for Volume 2 of the Third Season, but at least for now there are 12 episodes to enjoy.

Until a package arrived in the mail, I had no idea that the "regular guy" spy story of "Chuck" had come to an end.

You too can catch all 13 episodes from Season 5, plus over 3 hours of never-before-seen bonus features, in the DVD release of "Chuck: The Complete Fifth and Final Season."

The bonus features include 6 all-new featurettes, 2 full-length commentaries, deleted scenes, gag reel and an extended version of the series finale episode.

A Film Review by Tim Riley

THE AVENGERS
(Rated PG-13)

Fanboys of the Marvel Comics universe will flock to see writer-director Joss Whedon's "The Avengers" with the same fervor that once gripped teen girls swooning over "The Beatles" arrival in America.

No words of criticism or discouragement will dissuade the built-in audience. Fortunately, in the case of "The Avengers," the summer movie season starts off with grandiose explosive excitement.

Imagine, if you will, a gathering of disparate superheroes called into action by the existential threat of Earth's demise at the hands of a lunatic Norse god.

The menace becomes real when the small but unlimited power of the extraterrestrial energy source of Tesseract rears its ugly force, opening up a portal to the dark side of space.

This allows the villainous Loki (Tom Hiddleston) to recruit an army of aliens in order to launch an assault on vulnerable earthlings just ripe for domination, or so he believes.

The deranged Loki, of course, is the adopted brother of the virtuous, hammer-throwing Thor (Chris Hemsworth), one of the superheroes to be called to action by Nick Fury (Samuel L. Jackson).

It is Fury's organization, S.H.I.E.L.D., which recognizes war has been declared and mobilizes the superheroes of the Marvel Comics universe to combat mode.

Naturally, Thor, who has

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Program information available at **916.966.3683**

Tickets may also be purchased in the Village at American River Bank, Oaks Hardware, BBQPro, Bella Fiore Florist and the Recreation and Park District office.

Proceeds from the concert go to the Fair Oaks Theatre Festival, a non-profit summer theatre company, and the New Christy Minstrels Foundation providing music education, concerts and music to schools throughout the country. Both organizations are Charitable/Education entities under Federal law.

Carmichael Recreation and Park District is announcing these upcoming events

See Community Events at our website for Complete list of Summer Events!

GLAMOUR Girl Party!
Ages 9-12 years old
Friday, May 11 - 6:30-8:30 pm

Geranium Show & Sale
Saturday, May 5 - 10 - 3pm
at Carmichael Park Clubhouse

ADOPT A PARK
Saturday June 23 & Sept 29
Join us to help clean our parks.
Contact Tracy Kerth for more information!

SUMMER CONCERTS IN THE PARK
See website for more information

For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.

Mission Oaks Recreation & Park District

Community Parking Lot Sale

Swanston Park
2350 Northrop Ave., Sacramento, CA 95825
Saturday, May 12th • 9:00 a.m. - 2:00 p.m.
Call 333-6464 for more information or visit us at morpd.com.

MISSION OAKS COMMUNITY CENTER

Extended Tours

- Russian River Cruise*
September 3-12, 2012 • \$4,099 pp double
- Washington DC*
October 10-16, 2012 • \$2,329 pp double
- New England's Yuletide Treasures*
December 2-8, 2012 • \$2,099 pp double

Luxury Motorcoach

- Sunset Magazine Celebration Weekend*
Saturday, June 2 • \$86/person • Deadline: May 16
- Ride the Ducks & AT&T Park Tour*
Wednesday, Aug 8 • \$120/person • Deadline: July 13
- Autumn in Yosemite*
September 19-20 • \$298/person • Deadline August 18

Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to www.morpd.com.

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Sunrise Mall, Citrus Heights Every Saturday, 8:00 am to 1:00 pm

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Amador Wineries • May 24 • \$20
Lodi Senior Faire • May 31 • \$22
Western States Horse Expo • June 8 • \$15
El Dorado County Fair • June 14 • \$20

MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am-5 pm
Registration Hours:
8:30am-4pm Monday-Friday
www.morpd.com

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3344 Mission Ave., Carmichael, CA 95608

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END of the BENCH

by **Gerry Scholl**

World Peace Suspended

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World Peace has a lot of history that isn't very pretty. This is his 14th suspension, a number of them for flagrant fouls. He went through a divorce which resulted from domestic abuse issues. There was the infamous "neglected dogs" episode. And of course, the big one, when he was suspended for 73 games and the playoffs after the craziness of the Palace Brawl in the stands with Detroit fans in 2004. I don't know if I'd wish this kind of world peace for anyone.

However, by several accounts, World Peace has been making efforts to improve his behavior and image, and has been involved in a public campaign for mental health awareness (remember, he gave props to his therapist after his Lakers won a title in 2010). Lakers general manager Mitch Kupchak referred to him as "for the most part... a model citizen."

When Artest changed his name last year he said he was doing so to inspire youth. He chose the name Metta because it stands for "loving kindness and friendliness toward others." It doesn't appear as though he has fully grasped the concepts.

World Peace still seems to be struggling to find inner peace, peace of mind, a condition shared by San Francisco Giant Aubrey Huff, unfortunately.

Huff, who recently left the team abruptly citing a "family emergency," eventually revealed that he was suffering from an anxiety disorder.

"I didn't know what was happening. You can't control it. It's scary," Huff was quoted as saying in the San Francisco Chronicle. "...I was always taught that people who had anxiety issues were just weak-minded people. Now that it has happened to me, you can see you can't control it."

The stories around these two men are playing out under the scrutiny of the public eye. In their world of sports entertainment they have been successful enough to have attained a privileged existence, but their travails are subjects of plenty of discussion.

Many pundits and scribes before, for sure, have pointed out how sports seems to be a microcosm of life. Certainly, there are many, many people who can identify with issues similar to what Huff is going through, though they may do so in anonymity, with or without help or treatment. Perhaps Huff's tale will help to bridge a gap in understanding.

Alas, we have oh so many gaps to bridge.

I was struck by the great contrast in two stories in The Sacramento Bee the past two weeks. In the sports section this week there were stories about the sport of kings, horse racing. The Kentucky Derby, with all of its pomp and circumstance, was won Saturday by a horse named I'll Have Another. The Derby is a celebration for some of the most well-heeled in sports. A photograph showed the winning colt's well-dressed owner, J. Paul Reddam, with a huge grin standing beside his trophy-kissing jockey and The Roses. The story goes that his horse was so named because it reflected his normal response to his wife's offerings of chocolate chip cookies.

The week prior, in the Bee Forum section, there was a very poor Kenyan man hoisting his trophy on his shoulder, his scavenged bag of trash he had collected from the toxic garbage of the municipal dump. Below there was a shot of Rahab Ruguru and the prizes she had rounded up to aid in her survival and that of her six children. Those poor people probably never have a single moment of peace of mind.

I wonder what it would take to get Mr. Reddam to send Ms. Ruguru a bouquet of roses and a box of chocolate chip cookies for her children. That would be quite a bridge to gap. You may say I'm a dreamer, but that's the sort of understanding we need. No need for greed or hunger, a brotherhood of man. Imagine that!

Ultimately, it will be a good thing to see Huff overcome his demons and get back on the field, because that may give others hope.

And, despite all the wrong turns through history, we still have to hope for the best and keep giving World Peace another chance. I'm okay with Metta's suspension only being seven games. I wouldn't care to see the sad irony of a headline like, World Peace Suspended Indefinitely.

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Event Schedule

May 8 - 26, 2012, Painting Where the Wild Things Are
June 5 - 23, 2012 Textiles Show

June 26 - July 14, 2012 NCA Membership Show, "Inner Views"
July 17 - Aug 4, 2012 "Off th Wall" Sculpture Show

WASH
Watercolor Artists of Sacramento Horizons
Anthony Rogone will present a Demo at May 14, 2012 General Meeting at 7pm!

Focus on Fibers
Sacramento Fine Arts Center Mustard Seed School Benefit
June 16, 2012 • Saturday 11:00 AM - 5:00 PM

Be a part of a group to support the needs of children of the homeless.

For Admittance, Bring one or more of the following:
Pack of Paper Towels, Shoes (boys & girls ages 3 - 15), Children's Socks (size s, m), Chapstick, Mouthwash, Deodorant, Sunscreen, Sturdy Backpack, Bicycle Helmet, Bottle Water, Art Supplies - white shirts (all sizes), beads, finger paints.
Receive a ticket to Win a piece of art. Drawing at 4:30 PM. You do not have to be present to win. Spend the afternoon viewing artwork by children from the school. Have an opportunity to buy some cards made by the children and enjoy some refreshments & the Fiber Arts Show!

"Open Studio, Open Mic and Open Movement Evening"
Saturday, May 19, 5:30 pm to 8:30 pm.
Open Poetry Mic, Dancers, Live Model for Artists.
Food and refreshments.
(\$5.00 donation fee for drawing or painting to help pay the model/dancers.)

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MEMORIAL DAY
AND AVENUE OF FLAGS
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CIVIL WAR VETERANS**

The Fourteenth Annual Memorial Day Ceremony will be held Saturday, May 26th, 2012 at the Fair Oaks Cemetery, 7780 Olive Street, Fair Oaks, with formal ceremonies starting at 10 AM. Tom Askins will be the Master of Ceremonies. The musical program will be provided by the American Veterans Band, conducted by Warren "Bud" Turner.

There will be a Color Guard and Rifle Salute team from Civil War Member Organizations.

Also a ceremony of the laying of the wreath at the memorial in honor of over sixteen hundred veterans who are buried in the cemetery.

The cemetery will be decorated with hundreds of flags lining its roadways as "The Avenue of Flags." We will be adding more names to the Veterans Memorial Wall.

The Fair Oaks Historical Society and Orangevale/Fair Oaks Grange will provide complimentary refreshments after the ceremony.



More information will be coming as we finalize the Speakers.

916-966-1613

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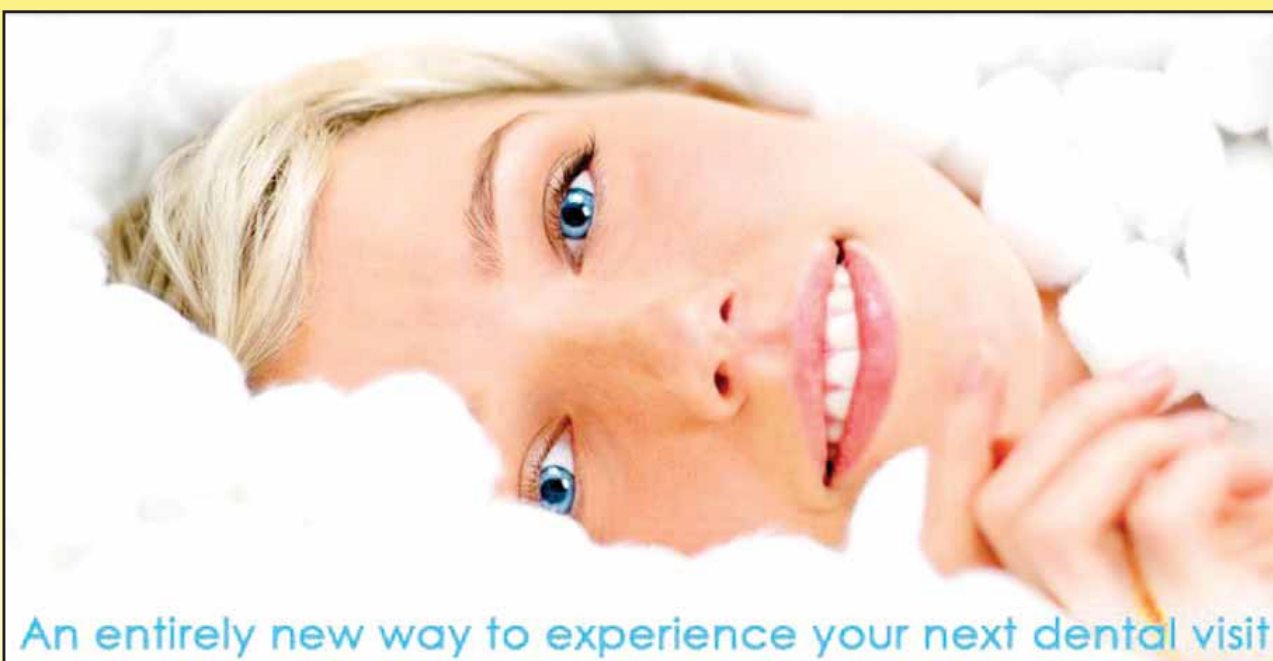


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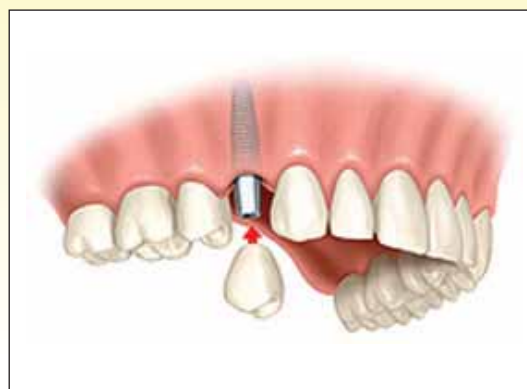
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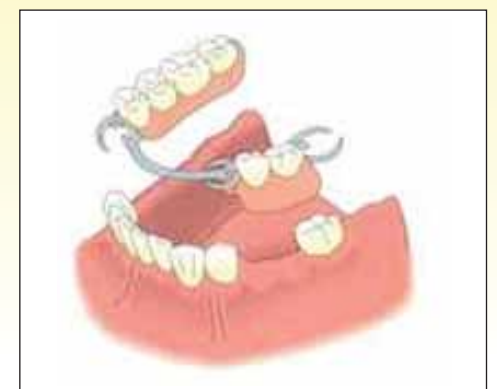
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POPOFF!

with Mary Jane Popp

MOTHER'S DAY SPECIAL

How can you show MOM you really care on her special day? You can do the usual... flowers, candy, dinner. Wait a minute! What did Mom do for you when you were growing up? Remember the time she held your hand when you missed that home run pitch? And the time she kissed that boo-boo after you toppled off your bike? Or the time she stayed up all night to help mend that broken heart? It's not how much you spend for Mom on any day. It's more like doing something from hand and heart that will leave an impression she'll long remember. Easier said than done? Not really. I checked out a couple of sources and jotted down a few ideas that will make you her kid hero all year 'round!

From Susan Stone's Book "Memories In Moments"...cherished ideas for every holiday and season including Mother's Day like:

1) Freeze edible flowers in ice cube trays. Fill each cube halfway with water, place flowers and freeze. Then fill each to the top and freeze. It'll warm her heart.

2) Plant your favorite bedding plant in a small basket. Tie on a gift tag with a checkered ribbon.
3) Bake bread in flower-shaped tubes.
4) Surprise Mom with a quiet retreat in her own bathroom. Make sure it's clean first. Bring in scented candle, flowers, new magazine or book, a cold drink, and a portable stereo with soothing music. The most important part would be a sign on the door reading "JUST FOR MOM... PLEASE DO NOT DISTURB!"

Then I turned to Casey Kellar for some wonderful tips to complete the picture from one of her books "The Good Earth Bath, Beauty, And Health Book" with more than 75 easy-to-make formulas for self-pampering and gift-giving like:

1) Luxurious Scented Bath Oil.

You Will Need:

- ½ Cup apricot kernel oil
- 1 teaspoon jojoba oil
- 2 tablespoons olive oil
- one 400 unit Vitamin E capsule (pierce it with a needle and squeeze oil into mix)
- 3-6 drops essential oil (your choice)

Mix all together. Use 1 tablespoon per bath. Store in bottle in cool place. Shelf life: 4-8 months

2) Super Moisturizing Massage Oil

You will need:

- ½ cup sweet almond oil
- ¼ cup coconut oil
- 4 tablespoons jojoba oil
- 1-½ tablespoons avocado oil
- 3-5 drops essential oil of your choice (either one or a combination)

Mix all together. Store in cool dry place. Shelf Life: 3-6 months

3) All-in-one Linen and Sweater Protector And Cedar Chest Revitalizer, you will need:

- 1 cup white rice
- 6 drops cedar wood essential oil
- 1 drop orange essential oil

Add essential oil to the rice and blend with spoon about 30 seconds. Shelf Life: Approximately. 6-8 months (then can be re-granted again)

Remember, the best gift you can give your Mother is love. Spend time with Mom. Let her know you care. There will come a day when she is gone, and you don't want to be saying...if only! I know. My mom is gone now, but her memories will always be in my heart. I know they will be in yours too. Happy mother's Day in the sweetest way...giving of yourself!

Join Mary Jane for the **KAHI Noon News Monday-Friday and then again for POPOFF 10 PM-Midnight.**



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Brother Brij Mohan Anand

Addl. Secretary General, Brahma Kumaris, Mt Abu, India

Interviewed by Rev. Michael Moran
Co-Founder & Senior Minister - Spiritual Life Center, Sacramento
2012 Recipient of the prestigious Gandhi, King, Ukeda Award

Time: 6:30pm to 7:00 pm - Refreshments
7:00pm to 8:45 pm - Program

Place: Unitarian Universalist Society of Sacramento
2425 Sierra Boulevard, Sacramento, CA 95825

Brother Brij Mohan Anand is the Additional Secretary General of the Brahma Kumaris and the secretary of the Raja Yoga Education and Research Foundation, as well as an attorney, editor, and writer. He has been a delegate at the UN and Climate Summit Conference and has shared his wealth of knowledge in countries around the world. His audiences appreciate his enlightened spirituality.

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