

Sound Financial Advice from Dave Ramsey

PLUS: Cases of Interest

Sacramento County District Attorney Reports

Page 5

Carmichael Times

Page 6

Volume 32 • Issue 18

Serving Carmichael and Sacramento County since 1981

May 2, 2012

"Our Children. **Our Future" Wins Endorsement**



Page 2

Assemblymember Alyson Huber Invites **Public to Meet & Greet During May**



Page 3

Save Money and **Space this Spring** with SMUD's **Recycling Program**



Page 4



direct link to our online edition!

Seeds of Love in Bloom



Seven months after scattering thousands of wildflower seeds during Jan Park's opening festivities, Barrett Hills Neighborhood children enjoy the results. The Seeds of Love (SOL) project will continue with further flower dispersal this fall. Photo by Susan Maxwell Skinner

By Susan Maxwell Skinner

As you sow; you reap. The Biblical proverb has lately sprung to life for children in Carmichael's Barrett Hills neighborhood

Kids, parents and visitors are delighting in a bumper crop of wildflowers at Jan Park. Lining walkways and dotting meadows

with kaleidoscopic hues, volunteer blossoms were last fall augmented by seeds scattered during the reserve's opening day celebrations. Seeds Of Love (SOL) is the ongoing project that encourages children to "own" their own park by contributing to its beautification. "It's wonderful for the park's future to keep children involved," says SOL organizer

Victoria Ralston. "Flowers are like children – fresh, young and always growing – their innocent faces remind us of flowers, turning to the sun."

Williams, Ca. donated seeds for the 2011 opening day. Hundreds of packets contained species native to Northern California: clarkia, daisies, clovers and

lupines. Added to the wild rhubarb, blue-eyed grass and purple vetch already established at Jan, a massive wildflower crop responded to April rain and sun. The Hedgerow Farms of Hundreds of butterflies are a fluttering bonus; birds and honeybees also rejoice in the nectar said.

Continued on Page 2

Woody Boyd, Guitar Man



Woody Boyd, Master Luthier. His experience and expertise are founded in his musical roots. Photo by Julie Parker.

By Julie Parker

"The guitar is a super-charged, portable piano," says Woody Boyd, Master Luthier. "A piano has 88 keys, but a guitar has 134. Plus, one note on a piano can't be found anywhere else. On a guitar, I could find it 12 more places."

He should know. His experience and expertise are founded in his musical roots. His mother played piano, organ, clarinet; his grandfather played saxophone, and organ, and was a composer for the Cleveland Philharmonic Orchestra. Boyd not only played guitar at a young age, but also

delved into the brass section-French horn, tuba, Sousaphone, trumpet, and flugelhorn. "I got A's in music, and bad grades in everything else.'

As a high school freshman, he began teaching guitar at the local music store. That led to his first paying gig at Woodland's first

art gallery, which later segued into a 30+ year career as a luthier (repairs stringed instruments).

"The guitars that stand out for me are the pre-World War II Martin acoustics. They have a sound that, in conjunction with

age and playing, is nirvana." Boyd says the most challenging guitars to repair are those created in the 1920s and 1930s. "There was no reinforcement inside the neck. It was all wood. There's a metal bar now, and in some cases, a torsion bar, so you can make adjustments. Over time, the woods wants to bow, and the neck starts to come forward of about 150 psi. So, we have to remove the neck, re-cut the angle, and put it back on. The last one was valued at close to \$500,000. There was a lot of glue used, so we drilled some microscopic holes, injected steam, and slowly steamed the glue to get it off. It's labor intensive."

Before it was added to the endangered species list, Brazilian rosewood was commonly used for guitars. (Although Gibson Guitars has been raided twice by the federal government for alleged illegal timber harvests, it has not been officially charged.)

Today's guitars are typically built with "smart woods," such as cherry, American mahogany, and sapele.

Continued on Page 3

MPG REWARDS

Get More Mileage from Your Shopping Dollar! **SEE AD ON PAGE 12**

Wage Reductions, Furloughs and **Layoffs More the Rule These Days** SACRAMENTO REGION - The

Sacramento Public Library Authority Board voted Thursday, April 26 to unilaterally implement its best offer on library workers represented by International Union of Operating Engineers Local 39. This action follows five months of negotiations in which the Library sought wage concessions and furloughs. Those negotiations reached an impasse on February 28, 2012.

Three furlough days are slated between now and the end of June 2012. Under the Authority Board's April 26 decision, no more than 12 furlough days per year may be imposed in the next two fiscal years. The remaining changes in the Authority's implementation start on July 1, 2012. For example, on a phased-in basis, employees will be required to pay their full contribution to retirement. A second tier retirement benefit was also approved for new employees.

Twelve furlough days per year equates to approximately a fourpercent wage reduction. "Wage reductions, furloughs and layoffs are unfortunately more the rule rather than the exception in public employment these days," observed Library Director Rivkah Sass. Most of the members of Local 39 working for the City of Sacramento, for example, were required to take 12 unpaid furlough days over the past two fis-

"We saw furloughs as being far preferable to the alternatives of layoffs and service reductions," Sass

The furloughs the Library is implementing will allow the Board to defer or avoid layoffs of 17 staff and the closure of at least three library branches.

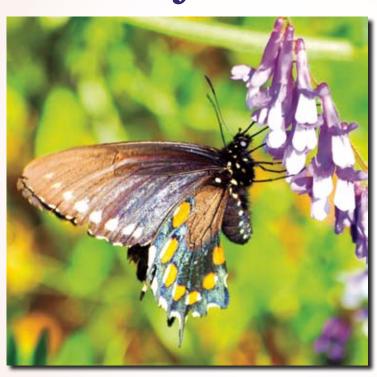
'We don't take this decision lightly, but we needed to avoid an action that would have devastating consequences on both the users and the employees of the library," said Sacramento Public Library Authority Board Chair, Sophia Gonzalez-Scherman. Closing library branches, she noted, would also deprive affected communities of vital connections to information, the Internet, resources for children, and free family programming. Starting July 1 of last year, the library's management team accepted more concessions than the Board is asking of Local 39. Library managers have accepted an increased contribution requirement for their retirement; reduced paid time off; and five unpaid furlough days between March 30 and June 30. The furloughs alone amounted to about a 5.5 percent wage reduction.

Sass and Gonzalez-Scherman expressed their gratitude for the hard work of employees during tough times. "The majority of our front-line staff have been incredibly supportive over the last three years as we have dealt with significant revenue reductions and increases in service demand," said Sass. "We are asking their union to work with us, just as Library management and the vast majority of public employees around the city, the county and the state have already accepted furloughs as a means of preventing Draconian ser-

"These days shared sacrifices are needed to maintain quality library operations and to abide by our duty to our constituents," Gonzalez-Scherman said. "In charting our course with diminished resources, we have to remember that at the end of the day, we all work for the same people."

Carmichael Times Page 2 May 2, 2012

Seeds of Love in Bloom



A swallowtail butterfly slurps spring nectar from winter vetch at Jan Park. Photo by Susan Maxwell Skinner

Continued from Page 1

Blending cultivation and wildness, 13-acre Jan Park was developed last year by the Barrett Hills Neighborhood Association and Carmichael Park District. Planners retained much unruly landscape that made the former farm a haven for wildlife and humans escaping suburbia. Oaks abound; walking paths are largely unpaved; only a small picnic and playground area is mowed. The rest remains au naturel.

Children will be encouraged to scatter more wildflower seeds at Jan's one-yearanniversary this September. Anyone may visit the reserve at 4310 Jan Drive or access its paths from Salmaan Avenue. For information on the Barrett Hills Neighborhood group, visit www.barretthillsneighborhood.org

"Our Children, Our Future"

PTA-Backed School Campaign Wins Sacramento School Board Endorsement "Our Children Our Future" Win Follows Last Week's San Diego Endorsement



SACRAMENTO-In a unanimous vote on Thursday night, April 19th, "Our Children, Our Future," a statewide school funding measure backed by the California State PTA, received the endorsement of the Sacramento Unified School

"Last night, another major school district voted to support the Our Children, Our Future

ballot initiative because educators and parents want to restore funding for programs and services in our schools," said Carol Kocivar, California State PTA President. "It's time to turn our schools around, so California students receive the education and skills to succeed. Our Children, Our Future sends critically needed funds directly to schools and provides local control so that

Call to Advertise 733-1111

parents, principals and teachers who know what is happening at their school site – can make the decisions about how to spend our education dollars."

The endorsement comes on the heels of last week's endorsement of the measure by the San Diego School District and the Pasadena

School District two weeks ago.

For 12 years, Our Children, Our Future will raise \$10 billion a year to invest directly in public schools and early education programs. For the first four years, 30% of the new revenue will help California pay down education-bond debt. For the remaining eight years, all the money goes to education: 85% to K-12 schools and 15% to early childhood education.

The initiative raises income tax rates on a sliding scale: from 4/10 of 1% on the lowest earners to 2.2% on multi-millionaires. Most people earning under \$50,000 won't pay any more taxes.

THANK A VETERAN TODAY

Please Join Us for a Special MEMORIAL DAY

PROGRAM To Our Men & Women In Uniform ... Past, Present and Future

Monday, May 28, 2012 at 10:00am

East Lawn Sierra Hills Memorial Park 5757 Greenback at I-80, Sacramento, CA 95841

License No. FD-1242

TIME FOR **PRE-SUMMER**

HOUSE

CLEANING!

Its Our Annual Parking Lot Sale



Saturday, June 2nd 9:00 AM to 4:00 PM

\$15.00 PER SPACE

Spaces On Sale

Reserve Your Parking Lot Space Now at the Lodge Reception Office

5631 Cypress Ave • Carmichael, CA 95608-6613 For more information call 916-489-2103

Senior Homecare By Angels

Select Your Caregiver.

Experienced Caregiver Thoroughly Screened. Providing Peace of Mind to thousands across America each and every day!



- Up to 24 Hour Care
- Meal Preparation
- Errands/Shopping
- Hygiene Assistance
- Medication Reminders Respite Care for Families
- Low Hourly Rates
- Temporary/Long Term

Schedule an appointment now for a FREE **In-Home Assessment**

Visiting Angels 916-971-9333

www.visitingangels.com/sacramento

Each Visiting Angels agency is independently owned and operated.





Foreclosure Defense Bankruptcy Kristy Hernandez

Managing Attorney • Sacramento Area

7777 Greenback Lane, Suite 212 Citrus Heights • 916.728.1500

SavingCaliforniaHomes.com



Publisher, Paul V. Scholl

Carmichael Times is a member of

Messenger Publishing Group

Carmichael Times

"Written by the people and for the people" Serving Carmichael and Sacramento County since 1981

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily contents of the Carmichael Times are copyrighted.

Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher. Subscriptions should be mailed to Carmichael Times, P.O. Box 14, Carmichael, CA 95609. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County. The Carmichael Times is published weekly. Call 916-773-1111 for more information. (ISSN # 1948-1918).

Advertising Sales

Graphics & Layout

Contributing Writers

Distribution Assistant Accounting

Web Master

Photography

News Services

RJ at thesitebarn.com • JWS Promotions • Mikahn Design Whiskey & Gunpowder • StatePoint Media • NewsUSA • PRWEB NewsWire North American Precis Syndicate • Blue Ridge Press • ARA Content California News Service • Family Features • WorldNetDaily

Susan Skinner • Mary Jane Popp • Marlys Johnsen Norris • Tim Reilly

David Dickstein • Dave Ramsey • Dr. E. Kirsten Peters • Kay Burton

Pastor Rich Reimer • Pastor Cary Duckett • Ronnie McBrayer

Amanda Morello • Susan Skinner

Paul V. Scholl • Marion Solo

Gabriel Scholl

Nicholson & Olsen CPA

Lelani Kinzler • Allyse Weaver • Max H. Peters

Banerjee Designs • Stump Removal Graphics

Dr. Bob Graykowski • Julie Parker • Leslie Carrara

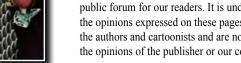
David Graulich • Perry Hartline • Gerry Scholl

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce We are proud members of these newspaper associations.









the opinions of the publisher or our contributors. The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@CarmichaelTimes.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 916-773-1111.



"The difference is clearly that you care very deeply about your work and the people you are caring for."

In-home service for SENIORS by Seniors

Our loving, caring, compassionate seniors are there to help. We offer all the services you need to stay in your own home, living independently.

- Companion Care
- Light Housekeeping
- Meal Preparation
- Personal Care
- Shopping
- Transportation
- Overnight stays24-hour Care
- Doctor Appointments



SENIORS Helping SENIORS®
...a way to give and to receive®

In the **Seniors Helping Seniors**® family, everyone wins. Those who give and those who receive learn from each other everyday - and all we hear is about how rewarding it is for both of them.

For the help you want at a price you can afford®. Seniors Helping Seniors® in-home services is the place to call.

If you need some help, call for a free assessment.

916-372-9640

Baseball is back at Raley Field. Come enjoy all the fun and excitement in Sacramento's favorite backyard. Catch the feeling. rivercats.com For tickets call 371.4487(HITS)

Assemblymember Alyson Huber Invites Public to Meet & Greet During May

SACRAMENTO – Assembly-member Alyson Huber (D-El Dorado Hills) announces that she will be holding a series Town Hall meetings and Neighborhood Coffee discussions during the month of May. All local residents are encouraged to attend and bring their questions and ideas to discuss with Assemblymember Huber. District Office staff will also be in attendance to take inquiries and assist constituents on state government matters.

For further information, or to RSVP, please call the District Office at (916) 464-1910 (Rancho Cordova) or (209) 333-5330 (Lodi) or visit www.asmdc. org/km



Assemblymember Alyson Huber

Schedule of Events

THURSDAY, 5/17

Town Hall Meeting
5:00 – 6:00 p.m., Rancho
Cordova Police Dept., Canfield
Room, 2897 Kilgore Rd,
Rancho Cordova, CA

Town Hall Meeting

7:00 – 8:00 p.m., Consumnes River Elementary School, 13580 Jackson Highway, Sloughhouse, CA

TUESDAY, 5/22 *Neighborhood Coffee* 4:00 – 5:00 p.m., Eskaton Lodge Activity Room, 11390 Coloma Rd, Gold River, CA

Town Hall Meeting 6:00 – 7:00 p.m., James Marshall Elementary School Cafeteria, 9525 Goethe Rd, Sacramento, CA

Guitar Man

Continued from Page 1

"Most guitars have a spruce or cedar top. The bottom and sides will be either Honduras mahogany or East Indian rosewood. Those are the general Ford and Chevy sedans. Most guys who play electric in loud situations use maple, because it's very reflective. The back and sides determine volume, sustainability, and projection."

When choosing your first guitar, Boyd suggests a basic, steel string. "You can get something that's playable starting at about \$100. You just need something that is comfortable, because if you're in pain, you're not going to pursue it. To determine the correct size, the elbow should rest at a natural position, and the hand on the neck should not

Boyd is available for consultation if you're not sure whether you've bought the correct one. "I can tell what kind of guitar – not necessarily brand – they should be looking at that will bring out the best in their playing. I work with beginners or real advanced."

Storage is a consideration as well. "We've learned that the best place is in the noisiest rooms of your house, where it can vibrate–even with conversation. The more it vibrates, the better the tone will get. That's what they call 'opening up."

Guitarists often develop carpal tunnel syndrome and tendonitis, which Boyd says can be prevented when playing the instrument in a better way. "The less physical energy you throw at a guitar, the more it will give you back. Watch a You Tube video of a great guitar player, with the sound off. The less you see, the better they are." He'll be offering workshops on playing with both hands. "It's more efficient, and creates endurance. Using both hands is like adding more RAM to your computer."

Boyd still performs for private parties (including corporate), small clubs, and may hold concerts in his workshop again. His genre ranges from Woody Guthrie to Korn, to bluegrass, even though some may scoff. "A lot of people pass it off as simple, but it's simply perfect."

Guitars, mandolins, violins or ukuleles, Boyd Luthiery & Guitar Co. is tuned in to your needs. Visit, boydguitars.net, or the store at 2100A Del Paso Boulevard, Sacramento; (916) 583-1138.



CALL 773-1111 TO ADVERTISE



Event Tickets \$35 per person at the door For Event info & to Order Tickets Call George 481-0196. or www.CarmichaelKiwanis.com

Charity for Children, Youth

and Community projects

Carmichael Times Page 4 May 2, 2012

Save Money and Space this Spring with SMUD's Fridge and Freezer Recycling Program

and freezers, our customers can

save money and energy and help

us build a cleaner, healthier envi-

ronment," said Paula Robertson,

SMUD's Program Manager for

Refrigerator Recycling. "And

with free pickup and a \$35 incen-

tive, it's also an easy way to jump

each household can be removed

as part of the SMUD program.

All units must be in working

order and have an inside mea-

surement of 10 and 27 cubic

feet-standard sizes for most

non-commercial refrigerators

picked up by national appliance

recycler JACO Environmental.

JACO de-manufactures refriger-

ators and freezers at a Hayward

plant through a process that

Refrigerators and freezers are

and freezers.

A maximum of two units for

start your spring cleaning."



Photo courtesy of SMUD.

SACRAMENTO REGION-Spring is the ideal time to dust off your fans, toss out fuzzy leftovers, and clear out that old, energy-hogging refrigerator or freezer in your garage.

SMUD makes it easy to dispose of your old fridge or freezer in an environmentally friendly way. SMUD's appliance recycling partner, JACO Environmental, will come to your home or business and pick it up for free. Plus, SMUD will send you \$35. Just visit smud. org/rebates or call 1-800-299-7573 to schedule a pickup time.

Recycling your old fridge or freezer makes a lot of sense because older models use up to three times more electricity than new models, resulting in as much as \$125 each year in additional energy costs.

"By recycling old refrigerators returns 95 percent of their

Remarkably Affordable

Memory Care,

Memory Day Care

& TLC Suites for

Short-Term Stays

Service-rich memory care provided by compassionate staff whose focus is to enhance the lives of those with memory loss.

at Carmichael Park

Lic. #347001523 7125 Fair Oaks Blvd.

Carmichael, CA 95608

Call Suzanne at 481-7105

for details

When it says Hank Fisher Properties, it says Quality

www.HankFisherProperties.com

facturing stream. It also safely extracts various toxic components that are found inside refrigerators, including contaminated oils, mercury and CFCs that deplete the ozone layer and accelerate global warming. This prevents the extensive environmental damage caused when refrigerators and freezers are dumped in landfills.

"These old appliances are environmental time bombs. However, by removing them from homes, saving them from landfills, and safely recycling them, we create jobs, save money, and reduce demand for resources and electricity," said Michael Dunham, Director of Energy and Environmental Programs for JACO.

To learn more about SMUD's Refrigerator and Freezer Recycling Program, visit smud. org/rebates or call 1-800-299-

As the nation's sixth largest community-owned electric service provider, SMUD has been providing low-cost, reliable electricity for more than 65 years to Sacramento County (and a small portion of Placer County). SMUD is a recognized industry leader and award winner for its innovative energy efficiency programs, renewable power technologies, and for its sustainable solutions for a healthier environment. SMUD is the first large California utility to receive more than 20 percent of its energy from renewable resources. For more information, visit

How Now Another Mad Cow?

Detection of Bovine Spongiform Encephalopathy (BSE) found in California Dairy Cow

From California Department Of Public Health

SACRAMENTO - California Department of Public Health (CDPH) Director and Public Health Officer Dr. Ron Chapman issued a statement following the USDA's announcement of a detection of atypical bovine spongiform encephalopathy (BSE) in a California dairy cow: There is no public health threat due to the discovery of BSE in a dairy cow. The food supply in California has not been affected by this discovery, and residents do not need to take any specific precautions. The California Department of Food and Agriculture has many procedures in place to keep this

disease from entering the food chain, and the detection found is evidence that the system of safeguards is working. The cow in question was not slaughtered for food and BSE is not transmitted in milk. "CDPH will continue to monitor the situation and will advise Californians of any new information."

Sacramento SPCA Announces Spring Book Sale

SACRAMENTO REGION-The Sacramento SPCA will hold its Annual Spring Book Sale featuring thousands of new and used books at dog-gone great prices!

The sale, one of the largest book sales in Northern California, will include thousands of bargain books in 40 categories, including fine and collectible books, religion, literature, humor, history, military, animals, mystery, romance, children's, westerns and many

All proceeds benefit the Sacramento SPCA, a local, independent non-profit organization caring for more than 13,500 homeless animals annually.

The event will be held Saturday, May 12 - Sunday, May 20, 2012. Event Hours are Monday-Saturday from 10 am-7 pm and Sundays from 11 am - 5pm.

The sale is at a new location. It will be held at 2310 Watt Avenue, inside the Country Club Plaza Shopping Center, on the southeast corner of Watt and El Camino, near the former Gottschalk's.

For more information: Call the Sacramento SPCA at (916) 504-2842, or visit www.sspca.org.

COMPUTER CLASSES

Computer Classes for seniors 50+ are run by senior volunteers at the beginning of each month. Classes include: Computer Fundamentals I & II, Internet, Windows Vista/7, Quicken, Graphics I & II, Genealogy, Spreadsheet, and Database.

The lessons are from six to eight sessions (2 1/2 hours a session) on MWF or T/Th from 9:30 a.m. noon or 1 - 3:30 p.m. Cost:

Need volunteers. Info: SeniorNet at (916) 485-9572.



Complete **Collision Repair Free Estimates**

24 Hour Towing

We Work with All **Insurance Companies**

"We Meet By Accident"

Instant Rebate towards your

DEDUCTIBLE

Some restrictions apply - call for details. Limit 1 coupon per customer. Not valid with any other offer. Expires June 30, 2012.

Present this coupon and receive a free loaner car for the duration of your repairs after authorization. Some restrictions apply - call for details.
Coupon must be presented upon authorization. Limit 1 coupon per customer. Not valid with any other offer. Expires June 30, 2012.





Phone 916-339-1776 • Fax 916-339-1700

Email: info@aebodyshop.com • www.aebodyshop.com

Monday - Friday: 8:00 a.m. - 5:00 p.m. Saturday: By appointment • Sunday: Closed



WINDSOR EL CAMINO **Care Center**

CARMICHAEL, CA

Finest 24-hour Skilled Nursing Care 7 Days a Week

Tel: (916) 482-0465

2540 Carmichael Way, Carmichael WindsorCares.com

- **◆ Comprehensive Rehabilitation Services**
- **♦** Personal Touch Services
- ◆ Restaurant Style Dining
- ◆ Social Services for Resident & Family
- **◆** Health Services Available



6

Providing superior people delivering highly sophisticated skilled nursing and rehabilitation care in the best possible environment.





Carmichael Cactus and Succulent Society

Meeting May 3rd at 10am

Carmichael Park Clubhouse, 5750 Grant Avenue, Carmichael Program: slide presentation by Norman Klein and a visit to his gardens

Questions 916-729-3475

OFFICE SPACE FOR RENT

Great Location Available

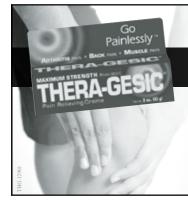


Call to schedule a tour

3400 Cottage Way (Just off Howe Avenue) Sacramento

Contact Cora Allison 3400 Cottage Way Suite K • Sacramento, CA 95825

916-779-0382



Go Painlessly" with THERA-GESIC.

Maximum strength analgesic creme for temporary relief from:

- Joint pain · Arthritis pain
- Muscle pain

- The Good Life -KINGMAN, ARIZONA

Low Cost of Living - Safe Environment Terrific to Raise a Family, Retire or Start a Business. Wine Country, Horse Property & Golf Communities Just minutes to Las Vegas, Laughlin and the Grand Canyon

www.ArizonaCrossroads.com - 800-448-6568

NOW, GET SUPER-FAST SATELLITE INTERNET!! PRICES AND SPEEDS YOU WON'T BELIEVE!!

FREE STANDARD INSTALLATION!" CALL AND CHECK IT OUT! 1-888-247-6889 ((LIMITED TIME OFFER!!))

HughesNet.

Free standard installation valid on new Lease option only. Not valid with the Purchase option. Limited time offer. HughesNet is a trademark of Hughes Network Systems, LLC.

DELIVERY ROUTES AVAILABLE CALL 773-1111



Effie Yeaw Nature Center

California Avenue and Tarshes Drive, Carmichael, CA • 916-489-4918 www.sacnaturecenter.net Email:Info@SacNatureCenter.net

MAY 2012 ACTIVITES

SPACE IS LIMITED - FIRST-COME, FIRST SERVED • You can pre-register on-site the day of the program

Sun Seekers

Enjoy a guided hike into the Effie Yeaw Nature Area to see if any reptiles are basking in the spring sunshine and learn basic safety guidelines when observing snakes and lizards. Meet one of the Nature Center's resident snakes up close. All ages welcome.

Saturday the 5th at 10:30AM

The Lost Ladybug Project

Citizen Science for Kids and Adults - Did you know that all ladybugs are NOT the same? Learn about common ladybugs in our area and become part of the monitoring team that helps scientists across the US. Join "Bee-ologist" Julie Serences for a 15-20 minute talk about Ladybugs (beetles!) and, depending on conditions, go searching for them in the Nature Area. Fun and educational for all ages. No equipment needed. Sunday the 6th at 1:30 PM

Abalone Necklace Making

Join us in the replica Nisenan Maidu village to polish your own abalone shell piece for a necklace. All ages are welcome; children will need assistance from an adult. Saturday the 12th at 10:30AM

Mother Nature Stroll

Celebrate the beauty of spring with a delightful guided walk through the Nature Preserve on Mother's Day. You may want to bring your binoculars (or borrow some from us). All ages welcome.

Sunday the 13th at 1:30 PM

Binoculars for Beginners Learn from the Experts! What do all those numbers mean? Which type is best for you? Why do some cost more? What about spotting scopes? Jim and Marilyn Rose of Discount Binoculars (Mendocino, CA) will share their 30+ years experience and dozens of models for you to try out and choose which is best for you. Scopes and binoculars available for testing

from 10 am - 5 pm.

Saturday the 19th

The Best of the New Optics - for Birdwatchers by Birdwatchers

Jim and Marilyn Rose will present on new binocular models and answer your questions at 11:30am. Presentation is free and suitable for all levels of birdwatchers and binocular users. Dozens of models will be available to field test in the preserve from 10 am - 3 pm. The best way to test optics for birding is to GO BIRDING! Sunday the 20th

Wet and Wild Pond Animals

Splashing, skimming, swishing, and swimming—what are all those creatures in the water? Meet an aquatic garter snake and learn about the other aquatic critters found near ponds and rivers. All ages welcome.

Saturday the 26th at 10:30AM

Under the Oaks Our mighty oak trees provide food and shelter for many animals and insects. Learn how to identify the three species of oak trees found in the Nature Preserve, and who may be living in them. All ages

Sunday the 27th at 1:30 PM

welcome



EXPLORE • LEARN • ENJOY

SPECIAL EVENT ANNOUNCEMENT

Lewis Kemper - Outdoor Photography

Friday, May 18, 2012 8 6:30 - 8:30 p.m.

\$5 (Space is limited, pre-registration taken)

Lewis Kemper's presentation will be the 5th in

ARNHA's "Nature of Things" Distinguished Speaker Series on May 18. Topics will be presented on the 3rd Friday of each month, and space is limited. Formore

information and to register, please visit our website.

Sacramento County DA Reports

Recent cases of interest

CASE: Santino Deanda (04/27/12)

PROSECUTOR: Deputy District Attorney Shelly McGill

District Attorney Jan Scully announced that Santino Deanda was convicted by jury on multiple counts of child porn and sexual assault charges.

Deanda abused the 10 year-old victim over several months.

Deanda faces a maximum sentence of 98 years to life in prison. Sentencing is scheduled for June 1, 2012 at 10:00 a.m. in Department 19 before the Honorable Judge Marlette.

CASE: Robert Durst (04/27/12)

PROSECUTOR: Deputy District Attorney Rod Norgaard

District Attorney Jan Scully announced that Robert Durst was convicted by jury of arson, burglary, theft of property, and possession of a firearm by a convicted felon.

On July 5, 2010 at approximately 1:30 a.m., Durst took a candle from his home and placed it inside his neighbor's vacant house. He then turned the gas valve in the kitchen on full blast. Approximately 8 ½ hours later, Sacramento firefighters responded to a call reporting a gas leak. When

they opened the structure for ventilation, the oxygen entered the gas laden house, causing the candle to ignite the gas, which resulted in a massive explosion. Three firefighters were significantly burned and another suffered serious injuries.

This investigation was conducted by the Sacramento Police Department in conjunction with Agents with the Bureau of Alcohol, Tobacco, Firearms and Explosives, and Investigators with the Sacramento Fire Department.

Durst is expected to be sentenced on May 24, 2012 at 9:00 a.m.in Department 16 of the Sacramento Superior Court.

CASE: Jason Lee Rush (04/26/12)

PROSECUTOR: Deputy District Attorney Allison Dunham

District Attorney Jan Scully announced today that Jason Lee Rush was convicted by jury of child molestation with use of force against a 12 year-old victim.

Deputy District Attorney Allison Dunham states, "By testifying in this case, the victim overcame her fear of the perpetrator to make sure this would never happen to another child.'

Rush faces up to 16 years in prison. Sentencing is set for May 23, 2012 in front of the Honorable Judge Connelly.

District Attorney Jan Scully has announced that she has declined to file charges against 73 of the 77 protestors arrested on March 5. The protestors were part of two permitted rallies - one by the UC Student Association and the other by the Sacramento Center Labor Council.

Of the 77 people arrested, 69 protestors were arrested for staying in the Capitol after hours. Four others were arrested on charges relating to conduct occurring outside the Capitol. The District Attorney's Office declined to file charges against all of these protestors. Three protestors were arrested for resisting arrest after they refused to leave the rotunda area of the Capitol after hours or for attempting to hang an illegal banner. Still photos and video of their conduct will be reviewed before determining whether charges will be filed. Their next court date is on May 8.

The District Attorney has filed charges against one protestor who possessed an illegal switchblade in the Capitol.

District Attorney Jan Scully stated the protestors were all technically guilty of either refusing to leave the Capitol after the building was closed to the public, in violation of Penal Code section 602 (q) or engaging in behavior prohibited on the grounds of the Capitol. However, California Highway Patrol (CHP) reports made it clear that the vast majority of the arrestees were "passive resistors" and cooperative. In this time of limited resources, the arrests and detention of the protestors by CHP should serve as sufficient consequence for their conduct.

DA Scully complimented CHP on their professionalism in how they have handled the numerous protests occurring at the Capitol and how they have kept the protest events from becoming violent. With CHP diffusing the conduct of the protestors, the protests and related arrests were peaceful and nonviolent.

HARP 2.0 Programs Just Released!

The HARP 2.0 program is the most ambitious federal mortgage program to date, aimed at helping millions of underwater homeowners. The program just became available March 17, 2012. HARP 2 has removed many of the harsh stipulations that caused the original HARP to be ineffective, and the ease of the new HARP 2.0 program should appeal to all homeowners.



I have been in this business for over twenty years and am so pleased to see a program that is truly helping out people during these difficult economic times. My people save money on their mortgage with this HARP 2.0

greatest satisfaction is when I am able to help program, and, in some cases, actually help them save their home.

This program has several key points you should know about:

- HARP 2.0 is for homeowners who have outstanding mortgages in excess of 125% of the current resale value of their home. Under this new 2.0 version of HARP, there is no upper limit on permissible loan-to-value ratios. Your current mortgage can be twice the current market value of the home, and you may still qualify for a refinancing at today's low
- Homeowners are not required to contact the original lender of their current mortgage; They can call any mortgage broker or agent they desire saving them time and confusion.
- This latest version of HARP also comes with streamline underwriting with no requirement for physical appraisals in many cases! This is one of the most anticipated new revisions! • Only Fannie Mae or Freddie Mac loans are eligible. I can look up this information for you in a matter of minutes.
- Your loan must have been purchased or refinanced prior to May 31, 2009.
- You must be current on your loan with no 30-day late payments during the last six months, and no more than one late payment in the last 12 months.
- This program includes second homes and Investment properties.
- Borrowers have grown frustrated as they hear repeated announcements of relief programs that do little to help them. HARP 2.0 has the potential to succeed.

Karla Hawe • 916-704-5015 Mortgage Broker-Partners Mortgage MLO 245263/DRE 01050324



Heirloom Flooring Gallery Full Service Flooring Store

Carpet · Hardwood · Laminate · Vinyl · Tile Vacuum parts & service

hen it comes to buying Flooring for your home or commercial Flooring needs, there's only one Flooring store to visit in Carmichael. With the largest selection of beautiful, stylish carpet on sale, plus brand-name hardwood Flooring, laminate and tile, you'll find everything you need to make your home look its best - all at great low prices.



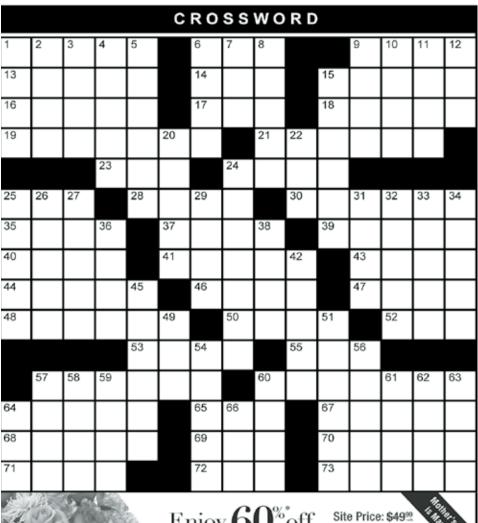
"Come visit our Flooring store and discover a world of creativity that's waiting for your personal touch." - Heather & Florin Toderean

Bel Air Shopping Center • 4005 Manzanita Avenue #26 Monday-Saturday, 10AM - 6PM • 916-978-0206

Local, Family-owned business • Thank you for your support!!!



STATEPOINT CROSSWORD • MOTHER'S DAY



Enjoy60%off All the Frills Bouquet

You Pay:

Hurry! Order right now for the unbelievable direct low price of just \$19.99*sh! Visit www.proflowers.com/classic or call 888.546.8230

"Take 60% off "All the Frills" and 20% off all products over \$29.00. Discounts: (i) apply to the regular price of the products, (ii) will appear upon checkout a be combined with other offers or discounts, unless specified, and (iii) do not apply to gift cards or certificates, same-day or international delivery, shipping & taxes, or third-party hosted products (e.g., whie). Discounts not valid on builk or carporate purchases of 10 units or more, images in this advertisement muggraded, premium containers which are available for an additional charge. Prices valid while supplies last. Offer expires 5/12/2012.

ProFlowers

© StatePoint Media

CLUES

ACROSS 1. Puppy cries

- 6. Highest degree 9. Cyrano's prominent feature
- 13. School in France _" Jordan
- 14. "___" Jord 15. "Don't ___
- 16. With arms 17. League of its own
- 18. Like the suspects in
- "Casablanca" 19. *She went to the cupboard
- 21. *"Arrangement in Grey and Black: the _ Mother"
- 23. Estimated arrival
- 24. Drop-down menu option
- 25. ENT's first concern?
- 28. Larger-than-life 30. *Kate Hudson's mom
- 35. *Son of Hera
- 39. *Mothers tend to their
- children's

- 40. Capital of Latvia

- Colchis 65. Once around

41. 1/100 of a rial

47. On a cruise

48. Mylar filling

52. Give it a shot

53. Snoopy

particle

44. The Romanovs, e.g.

50. Cheesy sandwich

55. Positive or negative

57. "Smokey and the _

60. *Aka Nadya Suleman

64. Mythological princess of

__ Like it Hot"

43. Nadas

- Cara 68. Muscle control problem
 - - 71. Contribution 72. p in mph
- 67. "What A Feeling" singer
 - 69. 2nd or 3rd in New York City
 - 70. Nephew's sister

 - 73. Type of community

2. Shade of beige 3. Bausch's partner

DOWN

1. Uh-huh

- 4. Military trainee
- 5. Tranquilize 6. Type of vacation
- 7. T-cell killer
- 8. Nymph of the woods 9. Inconclusive
- 10. Burden
- 11. Do like Ella Fitzgerald 12. Unagi
- 15. Sheep meat 20. R in REM
- 22. Fix a game
- 24. "It's the 25. *Mother
- 26. Get up
- 27. *Like the Queen Mother
- 29. Eye color 31. Horne or Olin
- 32. Freethinker
- 33. A do-nothing
- 57. Testing stage of software 58. Sixth month of civil year 59. Cashier's call

56. Water wheel

34. Test form

38. Given identity

42. An antiquity

45. *Mothering

49. "C'est_

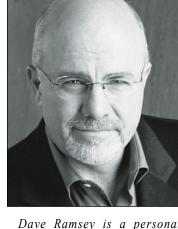
51. Lugging

36. Indira Gandhi's dress

Mother's Day to a Brit

54. Razor sharpener

- 60. Last word on radio
- 61. Swim or track contest
- 62. Fairytale start 63. Fitting reward
- 64. It comes with a key 66. *Biblical mother
- For Solution See Page 7



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers - The Total Money Makeover, Financial Peace Revisited and More Than Enough. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Don't Stay Down!

Dear Dave,

I just lost my job due to company-wide layoffs. I have an emergency fund, but I'm losing my health insurance. Our state has a program that covers children's healthcare in these kinds of situations. Would it be okay to accept this for my kids until I find another job and things get better?

- Paul

Dear Paul.

There's absolutely nothing wrong with accepting help when you're down or struggling. On the other hand, to define yourself as being down or struggling is a really bad thing. By this, I mean you should never just sit there, consider yourself helpless, and expect someone else to take care of you. Remember this: everyone falls down. Loser's stay down, but successful people get back up!

If I woke up one morning and realized I had no insurance or couldn't feed my family because I'd lost my job, I'd be out looking for work all day long, every single day. If that didn't work, I'd pack everyone up and go find another place to work and live. At the very least I'd map out a

Dave Says

plan to work and make money somewhere else during the week, then come home weekends.

You sound like a good dad, and I love the fact that you're thinking about your kids. Do what's necessary to take care of them right now, even if it means getting help from the state. Make sure you're out there busting it, and trying to make something happen in the job market, too. You shouldn't still be living this way six months from now!

- Dave

Treat Them the Way You'd Want to be Treated...

Dear Dave,

I have tenants who have been perfect in paying rent on time for almost a year. Last month, the woman lost her job, and when I went to collect the rent the other day, she said she didn't have any money. I'm pretty sure they used part of it for a car payment and the electric bill, and I know they need these things. Still, I'm torn over how to handle this and how lenient to be.

- Alex

Dear Alex, You're right, what they spent

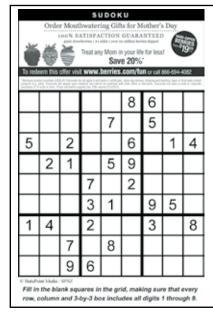
the money on were things they needed. At the same time, they probably knew the rent was due and when it was due. Since you know about their situation, and you're their landlord, it might be a good idea to offer to try and formulate a plan that would help them get through this tough

If it were me, I'd sit down with them and make a budget and list of priorities. Food comes first, water and electricity after that, then rent, and finally the car. Get into their business a little, and find out what else is going on in their lives. You have to be fair and firm to be a quality landlord.

I'd be willing to cut them some slack if they're cooperative and honestly have to choose between feeding their kids and paying me. But if they insist on misbehaving with their money or having parties on the weekend, I'd have no problem telling them to find another place to live. The biggest thing is to treat

them the way you would want to be treated if the roles were reversed. I think most people want to do what's right, but you want to feel good about extending mercy when, and if, it's appropriate.

*For more financial help, please visit daveramsey.com.





www.CarmichaelTimes.com

Business & Service Directory

MEDICAL SUPPLY AND EQUIPMENT

♣ AMD Medical Supply Sales • Rental • Installation • Delivery

Now Accepting MEDICARE Tel/Fax: (916) 485-2500 www.amdmedsupply.com 3108 Arden Way, Sacramento, CA 95825

TREE SERVICES

DISCOUNTS Tree Service

Complete Tree Care **Expert Trimming** Safe Removal **Stump Grinding**

530-885-7729

916-201-7462 BrunoFerazzaTreeService.com SPECIALTY CANDIES

LEGAL SERVICES

CandyStrike 🤌 Emporium 🔦 398 "Historic" Main St. Placerville, CA 95667

530-295-1007 SO much FUN...

CandyStrike.com

Online coupon at

CarmichaelTimes.com

HANDYMAN

Certified Arborist

FREE ESTIMATES

Fully Insured

License # 696796

QUALITY LABOR & MAINTENANCE

Yard Work, Hauling, Gutter Clean, Odd Jobs



Gordon G. Bones

You Name It! (916) 613-8359 **ALTERATIONS**

ALTERATIONS

by Patina SPECIALIZING IN BRIDAL & FORMAL

Coloma Village Shopping Ctr. • Rancho Cordova

WWW.ALTERATIONSBYP.THENETMARK.COM

Pet Loss

EAST LAWN PET LOSS CENTER



Pet Burials • Cremation Home Euthanasia

Located at Sierra Hills Pet Cemetery (I-80 @ Greenback)

www.EastLawnPets.com (916) 732-2037

Funeral Service

FUNERALS & CREMATIONS

FD 1404

7960 WINDING WAY Tel (916) 9611265 Fax (916) 9612430 FAIR OAKS, CA 95628

Specialties Plus

(monthly or yearly) ·Lease or Rent • High Volume Copying

(save wear & tear on your machine)

11082 Coloma Rd., Suite 7

(916) 853•1078

PRINTING & SUPPLIES

• Toner Cartridge Refills (Using Cartridge World? Take 10% off their price & try mine) • Free Cleaning (with our cartridge)

Printers, Copiers, Fax & Multifunction **Machines**

Specializing in Digital

(916) 723-8430

PRE-SCHOOL

MONTESSORI CHILDREN'S SCHOOL

5325 Engle Rd., Suite 170 Carmichael, CA 95608

Ages 2-6 • Open 7am-6pm M-F 916-481-0100

CEMETERY SERVICES

www.MCSpreschool.com

Respectful, Affordable Burial

Endowment Care Facility Beautiful Park like setting Monuments allowed • Cremation Niches Commingle Scattering Garden Quality & Affordable Service

Fair Oaks Cemetery District 7780 Olive St., Fair Oaks, 95628 916-966-1613

DENTAL SERVICE

SERVICE Portable Services for Homebound & Special Needs Clients

DENTAL HYGIENE

BRENDA PAQUIN, **RDHAP** (916) 247-1743 brenrdhap2010@comcast.net

PO Box 982, CITRUS HEIGHTS, CA 95611 Pet Sitting Service

Professional, Loving **PET CARE**

Established Reputation Kennel Free Environment Lots of TLC

Call Madeline

(916) 723-1608

FINGERPRINTING SERVICES

★ Walk-in Service

★ Digital Inkless Process ★ Electronic Submission to DOJ & FBI

16.725.1345

The UPS Store 7405 GREENBACK LN. • CITRUS HEIGHTS, CA 95610

* Copies & Faxing **★** Notary Services ★ UPS Next Day Air®

★ Shredding Services * Ship Heavy Freight

HELP ANIMALS

The Real Non-Profit **Helpless Animals**

Will Pick Up Call 916-442-8118

for donations 10-4pm

F: 916.965.4218 gbones@boneslawfirm.com

11 Chippendale Dr., Suite 307, Sacramento, CA 95841 The Law Firm provides the following legal services: · Bankruptcy · Business and Corporate Matters Trust and Trust Administration Estate Planning • Probate and Conservatorship Family Law

RONES LAW FIRM

P: 916.965.6647

· We are Local Service Contracts

E-mail: specplus@comcast.net

DOG RESCUE Gary

Dog Rescue

(916) 334-2841 Please Adopt or Foster

Because so many really great dogs are dying for a good home... **ShelterMOU** @hotmail.com

SPCA THRIFT SHOP

Need Your Donations

1517 E Street

Accident Attorney

Auto Accident Attorney INJU-RED IN AN AUTO ACCIDENT? Call Jacoby & Meyers for a free case evaluation. Never a cost to you. Don't wait, call now. 888-375-9101 (MB 12-31-12)

Adoption PREGNANT? CONSIDERING ADOP-TION? Talk with caring adoption expert. You choose from families nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6296 (NANI)

Antiques

Antiques Wanted: License plates and frames, pre-1969. Military emblems. 707-448-8942. Ask for Dave. (MPG 06-15-11)

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-12)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-12)

Apartments For Rent

NOW ACCEPTING APPLICATIONS Snowcap View Apartments, 3840 Snowcap View Circle, Auburn, CA 95602; 1, 2, & 3 bedroom apts and also apts with special design features for individuals with a disability. Inquire as to the availability of subsidy. Call (530) 885-3281, Mon-Fri 7am to 4pm. TDD# (800) 735-2929. This institution is ar equal opportunity provider and employer. EQUAL HOUSING OPPORTUNITY. EQUAL OPPOR-TUNITY ACCESS. (MPG 04-30-12)

Auctions

ADVERTISE YOUR AUCTION in 240 California newspapers for one low cost of \$600. Your 25 word classified ad reaches over 6 million+ Californians. Free brochure call Elizabeth (916) 288-6019. (Cal-SCAN)

Audio Books

READERS & MUSIC LOVERS. 100 Greatest Novels (audio books) ONLY \$99.00 (plus s h.) Includes Player & Accessories. ONUS: 50 Classical Music Works & Money Back Guarantee. Call Today! 1-888-841-5761 (MB 12-31-12)

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year, Call today for an INSTANT OFFER. Free Towing/Pickup.Top Dollar. We're Local! 1-800-844-3595

DONATE A CAR - HELP CHIL-DRENFIGHTING DIABETES. Fast. Free Towing. Call 7 days/week. Non-runners OK. Tax Deductible. Call Juvenile Diabetes Research Foundation 1-800-578-0408 (NANI)

CARS/TRUCKS WANTED! Top \$\$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330 (NANI)

A-1 DONATE YOUR CAR! Breast Cancer Research foundation! Most highly rated breast cancer charity in America! Tax Deductible/ Fast Free Pick Up. 800-771-9551 www.cardonationsforbreastcancer.org

DONATE YOUR CAR to CHILD-REN'S CANCER FUND of AME-RICA and help end CHILDHOOD CANCER. Tax Deductible. Next Day Towing. Receive Vacation Voucher. 7 Days 1-800-469-8593

DONATE YOUR CAR, truck or boat to Heritage for the Blind. Free 3 Day Vacation, Tax Deductible. Free Towing, All Paperwork Taken Care Of. 888-902-6851, (Cal-SCAN)

I BUY ANY JUNK CAR - \$300 Flat Rate *Includes Pick-Up. 1-888-889-5670. (Cal-SCAN)

SELL Your CAR, TRUCK or SUV Today! All 50 states, fast pick-up and payment. Any condition, make or model. Call now 1-877-818-8848. www.MyCarforCash.net (Cal-SCAN)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Towing, All Paperwork Taken Care Of. 888-600-9846 (MB 12-31-12)

Business Opportunity

DAILY MAILING \$294.00+ POSTCARDS! Guaranteed Legit Register Online! www. ThePostcardGuru.com.Earn \$95/Hr Working Online! www. FreeJobPosition.com. Paychecks Paid Every Friday! www.LegitCashJobs.com (NANI)

Business Services

ADVERTISE a display BUSI-NESS CARD sized ad in 140 California newspapers for one low cost of \$1,550. Your display 3.75x2" ad reaches over 3 million+ Californians. Free brochure call Elizabeth (916) 288-6019. (Cal-SCAN

ADVERTISE Your Truck DRIVER JOBS in 240 California newspapers for one low cost of \$550. Your 25 word classified ad reaches over 6 million+ Californians. brochure call Elizabeth 288-6019. (Cal-SCAN) (916)

REACH CALIFORNIANS WITH A CLASSIFIED IN ALMOST **EVERY COUNTY!** Experience the power of classifieds! Combo-California Daily and Weekly Networks. One order. One payment. Free Brochures. . One payment Free Brochures, elizabeth@cnpa. com or (916) 288-6019. (Cal-SCAN)

Cable TV Offer SAVE on Cable TV - Internet

Digital Phone. Packages start at \$89.99/mo (for 12 months.) Options from ALL major service providers. Call Acceller today to learn more! CALL 1-866-484-1940 (MB 12-31-12)

Cable/Internet

FINALLY - HIGH-SPEED satellite **Internet** for you at prices and speeds you won't believe!! Superfast, always-on service! Call today for HughesNet! 888-247-8264. (Cal-SCAN)

SAVE on Cable TV-Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months.) Options from ALL major service providers. Call Acceller today to learn more! CALL 1-888-897-7650. (Cal-SCAN)

Get Century Link High Speed Internet! ONLY \$14.95/mo. 12 mos. SAVE & Bundle your home Phone. Limited Time CALL NOW! 800-257-1431 (NANI)

Cars for Sale

1994 Toyota Tercel. 4 speed, smogged, has DMV tags, runs excellent, body and tires in good shape. \$2100. Located in Orange-vale. 916-988-8376, or 342-2651 (MPG 03-31-12)

Chimney Sweep

CHIMNEY CLEANING SPECIAL FAST • CLEAN • EFFICIENT Friendly Service

No Mess Guaranteed 15 Years Running (916) 752-6762 Bus Lic # 103881

(MPG 03-31-12)

Computers

MY COMPUTER WORKS. Computer problems? Viruses, spyware, email, printer issues, bad internet connections - FIX IT NOW! Profes-U.S.-based technicians \$25 off service. Call for immediate help. 1-888-865-0271 (Cal-SCAN)

YOUR LOCAL PC REPAIRER Comes to your Home/Office. A+

Rating. (916) 443-1813 (MPG 02-29-12) Call-A-Geek Mobile Service. Software, Spyware, Hardware Repair. Microsoft Certified.

Counseling

879-3514. (MPG 07-13-11)

Affordable sliding scale counseling. Licensed staff. Cash only. Children, couples, families. (530) 888-7958 (MPG 06-01-11)

Real solutions to your problems and issues www. lifeadvisorforeveryone.com Dave (916) 821-5768 (MPG)

Credit Card Relief

Buried in Credit Card Debt? Over \$10,000? We can get you out of debt quickly and save you thousands of dollars! Call CREDIT CARD RELIEF for your free consultation 1-888-505-1183 (MB 12-31-12)

DISH Network Special

DISH Network. Starting at \$19.99/ month PLUS 30 Premium Movie Channels 4023 FREE (MB 12-31-12)

Electrical Services RETIRED MASTER ELECTRICIAN

Expert troubleshooter, 30 years experience. Old panel repairs/ upgrades. Lic.# 877532 Call 916-595-3052 (MPG 07-31-12)

Visit & Estimate For Free. 24 Hour, 7 Days. 916-213-7575 (MPGM)

Fencing

Cal State Fence and Construction Since 1986 Quality. Trustworthy. Affordable, Reliable, Redwood, Chain Link, Ornamental Iron, Vinvl. Trellis, Decks, Residential/ Commercial FREE ESTIMATES #494306 916-966-1103 Lic. (MPG 09-15)

Financial

Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 888-698-3165 (Cal-SCAN)

CREDIT CARD DEBT? LEGALLY HAVE IT REMOVED! Minimum \$7,000 in debt to qualify. Utilize Consumer Protection Attorneys. Call now! 1-888-237-0388 (NANI)

FULL RETURN OF PREMIUM TERM LIFE INSURANCE. PREMIUM RETURNED IN 20 YEARS IF YOU DON'T DIE. NO EXAM, NO BLOOD REQUIRED. YOU DIE WE PAY DON'T DIE WE PAY 1-800-559-9847 www.buynoexamlifeinsuranceonline.com (NANI)

For Rent

4 Bed 2Bath house for rent at 2380 Coolidge Way Rancho Cordova. Rent is \$1300, \$1400 deposit. Call 530-306-7005. (MPG 04-30-12)

Room for rent in Antelope area. Use of kitchen, laundry, BBQ, patio. Close to Winco, Walgreens. Call Fran 916-410-1949. (MPG 02-08-12)

Gardening Classes

Veggie Garden Classes in Feb. See wavnesherbs.com for class schedule and info. (MPG 02-28-12)

Health & Beauty

Getting older? Tired of getting older? Want to do something about it? Want to make money while doing it? www.abcliveit.com. 1-877-260-7937. ID # 266022 (MPG 04-30-12)

Attention Joint & Muscle Pain **Sufferers:** Clinically proven all-natural supplement helps reduce pain and enhance mobility. Call 877-217-7698 to try Hydraflexin RISK-FREE for 90 days. (Cal-SCAN)

Feeling older? Men lose the ability to produce testosterone as age. Call 888-904-2372 for a FREE trial of Progene- All Natural Testosterone Supplement. (Cal-SCAN)

Diabetes/Cholesterol/Weight Loss. Bergamonte, a Natural Product for Cholesterol, Blood Sugar and weight. Physician recommended, backed by Human Clinical Studies with amazing results. Call today and save 15% off your first 888-392-8780 (Cal-SCAN)

CLASSIFIED Canada Drug Center is your choice for safe and afford-Services

able medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call Today 877-560-8637 for \$25.00 off your first prescription and free shipping. (MB 12-31-12)

Diabetes/Cholesterol/Weight Loss Bergamonte, a Natural Product for Cholesterol, Blood Sugar and weight. Physician recommended, backed by Human Clinical Studies with amazing results. Call today and save 15 off your first bottle! 877-855-5090 (MB 12-31-12)

ATTENTION SLEEP APNEA SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at NO COST, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-654-6310 (MB 12-31-12)

ATTENTION DIABETICS with Medicare. Get a FREE talking meter and diabetic testing supplies at NO COST, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-816-7716 (MB 12-31-12)

Attention Joint & Muscle Pain Sufferers: Clinically proven allnatural supplement helps reduce pain and enhance mobility. Call 888-577-8681 to try Hydraflexin RISK-FREE for 90 days (MB 12-31-12)

Heating & Air

AC Repair Low Prices 487-4609

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Will pick up. Call 916-442-8118, 1517F Street for donations-10-4pm (MPG)

Help Wanted

Newspaper California Association (CNPA), based in Sacramento, is looking for a Controller. The Controller is a team player with superior interpersonal. communication and time management skills and is responsible for the day-to-day financial operations of the 800-member CNPA and its two subsidiaries. The Controller prepares financial reports including balance sheets, profit and loss statements on both an individual and consolidated basis, manages cash flow, executes inter-company transfers and transactions and prepares, analyzes, and ensures compliance of budgets. Responsible for tax reporting, regulatory com-pliance, payroll, insurance and human resource policies. Potential for board and committee leadership positions. Excellent benefit package and compensation DOE. Send letter of interest, resume, salary requirements and references to tom@cnpa.com. CNPA is an equal opportunity employer. (Cal-SCAN)

Currently Seeking a Market **Development Manager** in Sacramento, CA. REQUIRES MBA or Equiv, 3 Yrs Exp & Proficiency in Security & Defense Technologies 916-489-8068 (MPG 04-30-12)

AIRLINES ARE HIRING - Train for hands on Aviation Career, FAA approved program. Financial aid if Job placement assistance. CALL Aviation Institute of Maintenance 888-889-1346 toll free

Mystery Shoppers Needed. Earn up to \$150 per day. Undercover Shoppers Needed to Judge Retail & Dining Establishments. Experience Not Required. Call Now 888-380-3513. (NANI)

Caring Compassionate Seniors WANTED! SENIORS HELPING SENIORS®, a leader in the Senior in-home service industry, has immediate PT openings for Providers. Qualified candidate will have life experience, an interest in making a difference in the lives of other seniors and be comfortable working with senior citizens. Flexible schedules...we'll work around your schedule! Valid driver's license and use of auto is required.Call us today for more information.(916) 372 9640 (MPG)

Help Wanted **Drivers**

Drivers: Make up to .41 com. Performance based weekly pay. 100% Paid Benefits, take truck home! CDL-A, 1 year OTR Exp. 1-888-880-5921 (MPG 05-31-12)

DRIVERS: NO EXPERIENCE? Class A Driver Training. We train and employ! New pay increases coming soon, Experienced Drivers also Needed! Central Refrigerated. 1-877-369-7126. www.Central TruckDrivingJobs.com (Cal-SCAN)

DRIVE 4 MELTON. Top pay & CSA Friendly Equipment. 2 Months CDL Class A Driving Experience. 1-877-258-8782. www MeltonTruck.com/drive (Cal-SCAN)

DRIVERS - You can count on Knight for flexible hometime.

plenty of miles, great pay, modern trucks, single source dispatch, 31 Service Centers. 800-414-9569. www.driveknight.com (Cal-SCAN)

NEW TO TRUCKING? Your new career starts now! *\$0 Tuition Cost, *No Credit Check, *Great Pay & Benefits. Short employment commitment required. Call: 1-866-275-3249. www.JoinCRST.com

Help Wanted Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information, (MPG)

Home Health Care

In your home health care/ helper. 20 years experience. Fingerprinted, reliable, local. Call Jenny at 530-889-1737 (MPG 08-25)

Home Sales

Available Now 2-4 Bedroom Homes. Take Over Payments. No Money Down. No Credit Check. Call Now!! 1-866-319-5174 (NANI)

Housekeeping HOUSEKEEPING. 15 Years' Expe-

rience. Honest, Reliable. Move in/out. (916) 420-6413 - Helen (MPG 05-31-12) Honest and Dependable.

Supplies Furnished, I work alone. Sandra. 961-7651. (MPG 01-18-12) **House Painting**

PAINTING, sheet rock, texturing, book cases, fence repair,

gutter cleaning. Roger (916) 969-

4936 or (916) 410-5545 (MPG) Landscaping Affordable Landscape Service . Makeovers! Clean-ups &

Main-tenance starting at \$60/

mo. Dependable family busi-

ness. Lic. # 887351. 916-338-

2001. sacyards.com (MPG 09-08) Lawnmower Service Mow & Edge your lawn 4 times per month for a fee. Call Bob 916-456-5281 (MPG) Tall Weed Cutting Low Rates 916-524-7477

Full Yard Maintenance, one time clean-ups & tree trimming. See our website: www.terrabellagarden.com or ctc Randy for info at 454-3430 or 802-9897. (MPG)

Lawn Service - I can mow and edge your lawn. Reasonably priced. Call for a free estimate at 916-934-9944 (MPG)

Legal Services

SOCIAL SECURITY DISABILITY BENEFITS. You WIN or Pay Us Nothing. Contact Disability Group, Inc. Today! BBB Accredited.Call For Your FREE Book & Consultation. 888-630-1757 (MB 12-31-12)

Medical Supplies / Equipment

ATTENTION DIABETICS with Medicare. Get a FREE Talking Meter and diabetic testing supplies at No Cost, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-781-9376. (Cal-SCAN)

Attention SLEEP **APNEA** SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at No Cost, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-699-7660. (Cal-SCAN)

Wheelchairs, walkers, incontinence, bath safety, lift chairs, canes, stethoscompression garments, diabetic care. Excellent service & quality at low prices from AMD MEDICAL SUPPLY. 916-485-2500. Now accepting MEDICARE.

Miscellaneous

MEDICAL CAREERS begin here - Online training for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 800-5 10-0784 (NANI) www.CenturaOnline.com

AT&T U-Verse for just \$29.99/mo! SAVE when you bundle Internet +Phone+TV and get up to \$300 BACK! (select plans). Limited Time Call NOW! 877-276-3538 (NANI)

CA\$H PAID-UP TO \$27/BOX for unexpired, sealed DIABETIC TEST STRIPS! 1 DAY PAYMENT & PRE-PAID shipping. SE HABLA ESPA-NOL. Emma 1-888-776-7771. www. Cash4DiabeticSupplies.com (NANI)

CASH FOR CARS: All Cars/ Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model, Call For Instant 1-800-864-5960 (NANI)

OLD GUITARS WANTED! Fender, Gibson, Martin, Gretsch, Prairie State, Euphonon, Larson, D'Angelico, Stromberg, Rickenbacker, and Mosrite. Gibson Mandolins/Banjos. 1930's thru CASH

1-800-401-0440 AIRLINE CAREERS begin here -Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified - Housing

available. Job placement assistance. Call AIM (888) 686-1704 (NANI) ATTEND COLLEGE ONLINE from Home, *Medical, *Business, *Paralegal, *Accounting, *Criminal Justice. Job placement assistance.

Computer available. Financial Aid if qualified. Call 800-510-0784 www.CenturaOnline.com (NANI) WORK ON JET ENGINES - Train for hands on Aviation Maintenance Career. FAA approved pro-

gram. Financial aid if qualified

Job placement assistance.
 Call AIM (866) 854-6156. (NANI)

Bundle & Save on your CABLE, INTERNET PHONE, AND AND MORE. High Speed Internet at less than \$20/mo. CALL NOW! 800-291-4159 (NANI)

Reach over 20 million homes nationwide with one easy buy! Only \$2,795 per week! For more information, contact this publication or go to www.naninetwork.com (NANI)

MEMORY FOAM THERAPEUTIC NASA MATTRESSES T-\$299 F-\$349 Q-\$399 K-\$499 ADJUS-TABLES-\$799 FREE DELIVERY LIFETIME WARRANTY 90 NIGHT WWW.MATTRESSDR.COM (NANI)

FastStart engine. Ships FREE. One-Year Money-Back Guarantee when you buy DIRECT. Call for the DVD and FREE Good Soil book! 888-815-5176. (Cal-SCAN)

100 Percent Guaranteed Omaha Steaks - SAVE 65 percent on the Family Value Collection. NOW ONLY \$49.99 Plus 3 FREE GIFTS & right-to-the-door delivery in a reusable cooler. ORDER TÓDAY at 1-888-525-4620 or www.OmahaSteaks.com/family16. use code 45069TVH. (Cal-SCAN)

READERS & MUSIC LOVERS. 100 Greatest Novels (audio books) ONLY \$99.00 (plus s h.) Includes MP3 Player & Accessories. BONUS: 50 Classical Music Works

100 Percent Guaranteed Omaha Steaks-SAVE 65 percent on the Family Value Collection. NOW ONLY \$49.99 Plus 3 FREE GIFTS & right-to-the-door delivery in a reusable cooler. ORDER TÓDAY at 1- 888-859-5502 or

Painting

All Pro Painting Res/Com. Quality work free est. sen disc lic 914715 Ph 607-0523 (MPG)

Meet singles right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now: 888-962-3056. (Cal-SCAN)

A Country gentleman would like to

Happy and healthy grandma Seeks same in grandpa. "Old" not in my vocabulary. Let's talk. 530-626-8682 (MPG 10-19-11)

Mature Guy seeking friend-ship of a mature lady in the 60's and 70's. Call Jim 530-823-7765. (MPG 10-19-11)

Pets **Pet Sitting** Professional loving pet care. Established reputation. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608.

(MPG 12-31-12)

Piano Lessons Piano Lessons - Beginner, Classical. Adults and Children. 23 years. 916-899-8529 (MPG 03-30-12)

Piano lessons for children **and adults** by experienced, creative teacher. Citrus Heights. more information, www.anitraalexander.com, or call (916) 725-1054 (MPG)

Pool & Spa Service

MONTHLY & ONE time services. Free estimates. contact Don Dyste 768-7790 (MPG 05-31-12)

Weekly Pool Service & Repair. Licensed, Insured, Reliable-\$50 off 1st Service or Repair. 916-390-8488 (MPG

ADVERTISING

Puppies for Sale

Bichon Frise Puppies, adorable. Six weeks. Parents on site. Purebread. Wonderful companions. 530-889-8381 or Leave Message (MPG 03-30-12)

Real Estate Commercial

I BUY HOUSES "QUICK" CASH No Equity No Problem. Need Repair OK. 916-715-4751. (MPG 11-30-11)

Real Estate **Out of State**

THE GOOD LIFE: Relocate, Raise your family, start your business. Low Cost of Living, jobs, beautiful weather, strong housing market: Kingman, Arizona www.Arizona Crossroads.com. 800-448-6568. (Cal-SCAN)

Reverse Mortgage

Ever Consider a Reverse Mortgage? At least 62 years old? Stay your home & increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 866-982-

4692 (MB 12-3)

Schools / Education

Adult High School diploma at home fast, no age limit, state reg istered, nationally accredited, college admission guaranteed. FREE BŘOCHURE. 305-940-4214 (NANI)

Carmichael & surrounding area. Experienced, Master's degree, all levels. Reading/Learning tutorconsultant: individual \$45/45 min session. 303-868-3180. alexanmorgan@gmail.com (MPG 04-30-12)

AIRLINE CAREERS BEGIN Here Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified - Housing available. Job placement assistance. CALL Aviation Institute of Maintenance (888) 242-3382. (Cal-SCAN) ATTEND COLLEGE ONLINE

placement assistance. Computer available. Financial Aid if qualified. SCHEV certified, Call 888-210-5162 www.CenturaOnline.com (Cal-SCAN) HIGH SCHOOL DIPLOMA! Gradu-

from Home. *Medical, *Business.

*Criminal Justice. *Hospitality. Job

www.SouthEasternHS.com(Cal-SCAN) Shari's Berries

ate in 4 weeks! FREE Brochure.

Call Now! 1-866-562-3650 ext. 60

SHARI'S BERRIES - Order Mouthwatering Gifts for Valentine's Dav! 100 percent satisfaction guaranteed. Hand-dipped berries from \$19.99 plus s/h. SAVE 20 percent on qualifying gifts over \$29! Visit www.berries.com/grins or Call 1-888-858-8494 (MB 12-31-12)

Slashes **Heating Bills**

HEAT YOUR HOME FOR 5¢ an Hour! Portable infrared iHeater heats 1000 sq. ft. Slashes your heating bills by 50 percent. FREE shipping too! Use claim code 6239. WAS \$499 NOW \$279 Call

1-888-306-5657 (MB 12-31-12)

TV AT&T U-Verse just \$29.99/mo! Bundle Internet+Phone+TV & SAVE. Get up to \$300 BACK! (Select plans). Limited Time CALL 800-418-8969 & Check Availability in your Area! (NANI)

Upholstery

B&T Upholstery and Repairs Specializing in Decco & Modernism Furniture. 916-392-1959 (MPG 02-09)

Vacation

Properties ADVERTISE Your VACATION PROPERTY in 240 California newspapers for one low cost of \$550. Your 25 word classified ad reaches over 6 million+ Californians. Free brochure call Elizabeth (916) 288-6019. (Cal-SCAN)

Video

Video Photo Montages for all occasions from \$49.95 - On site video recording from \$99.95 Transfer 8mm-VHS to DVD. Additional info & pricing www.putitonvideo.com or call Len Edwards 10-26-11

Volunteers Needed

Sutter Auburn Faith Hospice Thrift Store invites volunteers to work as cashiers, sales floor assistants, donation processors or pricers. Training is provided; a four hour weekly commitment is reguested. Location: 13342 Lincoln Way, Auburn. Call store coordina-Kim Chase, 530-887-0561. (MPG 12-31-12)

Volunteers Needed: The Domestic Violence Intervention Center needs

Yoga Classes

caring people to assist victims

of domestic violence. For more information call 728-5613 or visit

our office at 7250 Auburn Blvd.,

Citrus Heights, CA (MPG 12-31-12)

Want to Buy

WANTED JAPANEESE MOTOR-

CYCLE KAWASAKI 1967-1980

Z1-900, KZ900, KZ1000, ZIR, KZ1000MKII, W1-650, H1-500,

H2-750, S1-250, S2-350, S3-

400 Suzuki GS400, GT380, CB750 (69.70) CASH PAID. 1-800-772-1142, 1-310-721-0726

WANTED-UNEXPIRED DIABETIC

TEST STRIPS. Up to \$26/Box.

Prenaid Shipping Labels, Hablamos

Espanol! 1-800-266-0702. www.

SellDiabeticStrips.com. (Cal-SCAN)

WANTED DIABETIC TEST STRIPS.

ANY KIND/BRAND. UP TO \$25.00/ Box. SHIPPING PAID. HABLAMO

ESPANOL. 1-800-266-0702 www.

CASH PAID ON THE SPOT

FOR DIABETIC TEST STRIPS.

Get CASH NOW For Your Extra

Strips. I Am Local. Call Donna:

Wood Floor

Repair

Patch or repair wood floor?

Available-3/8 x 2in oak strip floor c1958, ~300sf. Matl only.

Work from Home

Work At Home and Profit With

REAL GOLD & SILVER! EZ Start

Up! FREE INFO! Local Team 916-

742-0908 www.VotedTopBiz.com

(MPG 02-28-12)

916-764-7735. (MPG 12-31-11)

SellDiabeticstrips.com

916-729-5154 (MPG

usa@classicrunners.com

Hatha yoga: this easy does it yoga class is designed to meet needs of people 40 & more. We meet at the cabin; Thursday nights 7-8:30. Want to feel more alive, rid vour body of pain, Yoga is the way; apply a beneficial pressure on organs, glands, muscles and tissue. Call for more info; Louise 916 729-0103. (MPG 12-31-12)

NOTICE TO READERS California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their

DISCLAIMER Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand ny contracts before you sign. Shop around for rates.

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!

773-1111



. . . DEJA MOO. . . THE FEELING THAT YOU'VE HEARD THIS BULL BEFORE



Looking for one place to get answers to your questions about government benefits and services? USA.gov has you covered. It's your official source for government information. **ÚSA.**gov

1 (800) FED-INFO



5 8 4 6 8 9 6 4 5 2 3 5 2 9 3 8 6 1 4 2 1 8 5 3 6 9 4 5 9 3 7 6 2 4 8 1 3 5 2 9 6 8 1 2 8 5 9 3 6 4 8 9 6 3 1 5 2 4 5 8 6 Sudoku Puzzle on Page 6

We've made finding local 10bs a lot easier. The Community Employment Connection brings your local employment resources into focus. You look to us for your local news, and now you can rely on us for the most comprehensive job resources in our region. That's why our website is linked to the Community Employment Connection, provided by Northern California's most-respected career and

employment resource, JobJournal.com. With a few clicks, you can zero in on employment information, upcoming job fairs, career resources and job listings from local media, as well as nearby employment centers. So if you're searching for a new job or career, start by taking a closer look at us.

Carmichael Times www.CarmichaelTimes.com

Miscellaneous Items for Sale

MANTIS Deluxe Tiller. NEW!

& Money Back Guarantee. Call Today! 1-866-979-4428. (Cal-SCAN)

Omaha Steaks

www.OmahaSteaks.com/mb27, use code 45069ZEJ. (MB 12-31-12)

Personals

meet a lady to enjoy life together. Call William 530-227-7681. (MPG 11-30-11)

LEGAL ADVERTISING

Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984

Legal Advertising P.O. Box 14 Carmichael, CA 95609

FICTITIOUS BUSINESS NAME #FBNF2012-STATEMENT 02844. Meditel, LLC, 230 Sunset Blvd., Rocklin, CA 95765 is doing business under the Fictitious Business Name "A to Z Wireless Kevin Nafai" at 2721 Del Paso Rd #130, Sacramento, CA 95838. Filed with the Clerk of Sacramento on March 29, 2012. County Publish: April 11, 18, 25, May 2, 2012 120402

ATOZWI FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03081. Paul V. Scholl, 983 Vallejo Way. Sacramento, CA 95818 is doing business under the Fictitious Business Names "Messenger Carmichael Publishing Group: Times; American River Messenger; Citrus Heights Messenger; Placer Sentinel: Orangevale Sun: Arden Advocate; Natomas Messenger; Sacramento Oracle; Placer Mercury; Auburn Sentinel; Joyful Living Single Again Magazine" at 7144 CA 95608. Filed with the Clerk of Sacramento County on April 6, 2012. Publish: April 11, 18, 25, May 2, MESSEN 120402

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CHANGE OF NAME #34-2012-00119089

WHEREAS, Cecilia Laura Webb

has filed a petition with this court for a decree changing name of Cecilia Laura Webb to Cecilia Laura Portala. persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 16, 2012 in Dept. 53, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in

on the petition. Dated: April 4, 2012. David I. Brown Judge of the Superior Court Publish: April 11, 18, 25, May 2, 120402 **PORTAL**

once a week for four consecutive

weeks prior to the date set for hearing

California.

Sacramento County,

NOTICE OF APPLICATION TO SELL ALCOHOLIC **BEVERAGES**

To Whom It May Concern: Dagvadorj Bayarsaihan and Batmadakh Choijin are applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 4128 El Camino Ave. #2, Sacramento, CA 95821-6676 with 41 - On-Sale Beer and Wine-Eating Place license. Filed: April 9, 2012.

Publish: April 18, 25, May 2, 2012. FICTITIOUS BUSINESS NAME

03274, Todd Perrins, 105 Tuscany Ct., Roseville, CA 95661 and Scott Jepsen, 4630 Rustic Rd., Carmichael, CA 95608 are doing business under the Fictitious Business Name "Blackbird Creek" 6939 Sunrise Blvd. #120. Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on April 11, 2012. Publish: April 18, 25, May 2, 9, 2012.

BLACKB 120403 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01596. Consortium of Business Continuity Professionals, Inc., 10 Nellis, Sacramento, CA 95835 is doing business under the Fictitious Business Names "Tech Continuity; Continuity Planning for Business; TechNuity; TecNuity; Continuity World; Continuity & Compliance Consulting" at Nellis, Sacramento, CA 95835. Filed with the Clerk of Sacramento on Feb. 21, 2012. County Publish: April 18, 25, May 2, 9, 2012.

TECHCO 120403 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03155. Kimberly Urbano, 5320 Silver Strand Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name "Advantage Lawn Care and Landscaping" at 5320 Silver Strand Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on April 9, 2012. Publish: April 18, 25, May 2, 9,

120403 **ADVANT** FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03255. Luminita Angela Polhac, 8747 Blythe Ave., Orangevale, CA 95662 is doing business under the Fictitious Business Name "SIA Care And Cleaning" at 8747 Blythe Ave., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on April 11, 2012. Publish: April 18, 25, May 2, 9, SIACAR 120403 5-9-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-033161. Joe Stamp, 700 Fairsite Ct., Galt, CA 95632 is doing business under the Fictitious Business Name "Superior Window Coverings" at 700 Fairsite Ct., Galt. CA 95632. Filed with the Clerk of Sacramento April 9, 2012. Publish: April 18, 25, May 2, 9, 2012.

SUPERI

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02819. LLC, Pacific American Properties, Inc., Manager, 300 Turney, 2nd Floor, Sausalito, CA 95965; Community Resident Services, Inc., 1380 Lead Hill Blvd. #106 Roseville, CA 95661; and AMTAX Fund XIV SLP, Inc., a Texas Corp., 515 South Capital of Texas Hwy. #103, Austin, TX 78746 are doing business under the Fictitious Business Name

Place Apartments at 5500 Mack Road, Sacramento, CA 95828. Filed with the Clerk of Sacramento on March 28, 2012. Publish: April 18, 25, May 2, 9,

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

120403

#34-2012-00122345 WHEREAS Katie Nicole Sadler has filed a petition with this court for a decree changing name of Katie Nicole Sadler to Jesse Derek Sadler.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 25, 2012 in Department 54, located at 720 9th St., Room 102, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 13, 2012. Shelleyanne W.L. Chang Judge of the Superior Court

Publish: April 18, 25, May 2, 9, **SADLER** 120403 5-9-12 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00121695 WHEREAS, Amie Nicole McInnis has filed a with this court for a decree

changing name of Amie Nicole McInnis to Ameilia Love McInnis. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 16, 2012 in Department 54,

located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the

date set for hearing on the petition. Dated: April 4, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: April 18, 25, May 2, 9, 120403

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00122094 WHEREAS, Andrew Nicholaus Thomsen has filed a petition with this

court for a decree changing name

of Andrew Nicholaus Thomsen Andrew Nicholaus Garcia. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 n.m. on May 22, 2012 in Department 53, located at 720 9th St., Sacramento, CA 95814, and show cause, if

any, why the petition for Change

of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 10, 2012

David I. Brown Judge of the Superior Court Publish: April 18, 25, May 2, 9, 2012.

GARCIA 120403 5-9-12 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03505. Ellen A. Rabov, 3340 Apollo Circle, 95661 is doing business under the Fictitious Business Names "Lenchie & Company; Lenchie & Co." at 5525 Hemlock St. Sacramento, CA 95841. Filed with the Clerk of Sacramento County on April 19, Publish: April 25, May 2, 9, 16, 2012. LENCHI 120404 5-16-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02787. Follett Investment Properties, Inc., 11211 Gold Country Blvd. #100, Gold River, CA 95670 is doing business under the Fictitious Business Name follettusa" at 11211 Gold River Blvd. #100, Gold River, CA 95670. Filed with the Clerk of Sacramento County on March 28, 2012. Publish: April 25, May 2, 9, 16,

FOLLET 120404 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02637. Gisela Krantz, 7433 Kalamazoo Citrus Heights, CA 95610 and Kathy Lowery, 6304 Aslin Way, Carmichael, CA 95608 are doing business under the Fictitious Business Name "Cheveux Styling Salon" at 2662 Marconi Ave. Sacramento, CA 95821. Filed with the Clerk of Sacramento County on March 23, 2012. Publish: April 25, May 2, 9, 16,

FICTITIOUS BUSINESS NAME **STATEMENT** #FBNF2012-03328. Laura Jean Evans, 5201 Lake Knoll Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Yellow Mischief" at 5201 Lake Knoll Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento Publish: April 25, May 2, 9, 16, 2012, 2012,

2012.

YELLOW 120404 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03392. Robyn Christensen, 6452 Sandy

Cove Lane #B. Carmichael. CA 95608 is doing business under the Fictitious Business Name "Bling on a String Lingerie" at 6452 Sandy Cove Lane #B Carmichael CA 95608 Filed with the Clerk of Sacramento on April 16, 2012. County Publish: April 25, May 2, 9, 16, 2012, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03288. Robyn S. Penwell, 1804 Beverly Way, Sacramento, CA 95818 is doing business under the Fictitious Name "Sacramento Business Natural Posture" at 1804 Beverly Way, Sacramento, CA 95818 Filed with the Clerk of Sacramento on April 12, 2012. County Publish: April 25, May 2, 9, 16, 2012.

SACNAT 120404 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03374. Carter Pierce and Peggy Pierce, both of 8077 Sunset Ave., Fair Oaks, CA 95628 are doing business under the Fictitious Business Name "Garden Matic" at 8077 Suniset Ave., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on April 16, 2012 Publish: April 25, May 2, 9, 16,

GARDEN 120404 5-16-12 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03497 Will Cao and Tong Tira, both of 8643 Vilandry Place, Sacramento, CA 95828 are doing business under the Fictitious Business Name "West Coast Construction" at 8643 Vilandry Filed with the Clerk of Sacramento County on April 19, 2012. Publish: May 2, 9, 16, 23, 2012. 120501 5-23-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03643. Kyle Edward Greunke, 6231 Patty Peart Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "The Buggy Whip" at 2737 Fulton Ave., Sacramento, CA 95821 Filed with the Clerk of Sacramento on April 24, 2012 Publish: May 2, 9, 16, 23, 2012. 120501

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03726. Venaisi Taukeinikoro, 2510 Fair Oaks Blvd. #127, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Fiji Angel Care" at 48758 "J" St., Sacramento, CA 95819. Filed with the Clerk of Sacramento on April 25, 2012. County Publish: May 2, 9, 16, 23, 2012. FIJIAN 120501 5-23-12

FICTITIOUS BUSINESS NAME **STATEMENT** #FBNF2012-03760. Alterra Inc., 4800 Westlake Parkway #603, Sacramento, CA 95835 is doing business under the Fictitious Business Name "Alterra Pest Control" at 1767 Tribute Road #D-1, Sacramento, CA 95815 Filed with the Clerk of Sacramento

County on April 26, 2012. Publish: May 2, 9, 16, 23, 2012. ALTERR 120501

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03572. Kerry Burton, 5923 Chestnut Ave., Orangevale, CA 95662 is doing business under the Fictitious Business Name "Seniors On The Go" at 5923 Chestnut Ave., Orangevale, CA 95662. Filed with the Clerk of Sacramento on April 23, County Publish: May 2, 9, 16, 23, 2012. SENIOR 120501

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03037. Sterling-Smith Financial Gro. Inc., 6929 Sunrise Blvd. #102-D, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "German Deli" at 5859 Auburn Blvd., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on April 5, 2012. Publish: May 2, 9, 16, 23, 2012. GERMAN 120501

FICTITIOUS BUSINESS NAME **STATEMENT** 03542. Nortex Modular Leasing and Construction Company, 1675 Larimer St. #740, Denver, CO 80202 is doing business under the Fictitious Business Name "Boxx Modular" at 1675 Larimer St. #740, Denver, CO 80202. Filed with the Clerk of Sacramento County on April 20, 2012. Publish: May 2, 9, 16, 23, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03331. Amador Relocation, Inc., 6943 Power Inn Rd. #A. Sacramento. CA 95828 is doing business under the Fictitious Business Name "Move Pros" at 6943 Power Inn Rd. #A, Sacramento, CA 95828.

Filed with the Clerk of Sacramento County on April 13, 2012. Publish: May 2, 9, 16, 23, 2012.

MOVEPR 120501 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03664 Sacramento Auto Broker Inc. 138 Oak Rock Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name "Auto Broker" at 2320 Harvard St #100, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on April 24, 2012 Publish: May 2, 9, 16, 23, 2012. AUTOBR 5-23-12 120501

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-03668. Nycala Benson, 1001 15th St. #407, Sacramento, CA 95814 is doing business under the Fictitious Business Name "N Consulting" at 1001 15th St Sacramento, CA 95814 Filed with the Clerk of Sacramento County on April 24, 2012. Publish: May 2, 9, 16, 23, 2012. NCONSU 120501 5-23-12

STATEMENT OF **ABANDONMENT** OF FICTITIOUS BUSINESS NAME

FILE #FBNF2010-07564 The following person has abandoned the use of the FICTITIOUS BUSINESS NAME of Bling Bling Hair, Nails & Permanent Makeup, located at: 6614 Florin Road, Sacramento, CA 95828 Diana Nguyen, Barn Place, Lathrop, CA 95330

conducted by: an individual. The Fictitious Business Name Statement was filed on Aug. 23, 2010 in the County of Sacramento Filed with the Clerk of Sacramento County on April 16, 2012.

business

Publish: May 2, 9, 16, 23, 2012. BLINGB 120501

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2012-00122930 WHEREAS, Yakov Skvortsov has filed a petition with this court for a decree changing name of Yakov V. Skyortsov to Jacob Skyortsov.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on June 4, 2012, in Department 54, located at 720 9th St., Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the Dated: April 23, 2012. Shellevanne W.L. Chang Judge of the Superior Court Publish: May 2, 9, 16, 23, 2012. SKVORT 120501

CALL 773-1111 **TO ADVERTISE IN YOUR LOCAL HOMETOWN NEWSPAPER**



LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!



Call to place your legal advertising

532-2113

All Legal Ads Published in the Carmichael Times



Carmichael Chamber of Commerce

Carmichael Chamber Board Meeting Tue, May 8, 2012 from 12:00pm - 1:30pm (a) Eskaton Village Carmichael

Board meetings are held at Eskaton Village and require advance notification for a gate pass. Any member wishing to attend needs to contact Linda in advance to have this arranged.

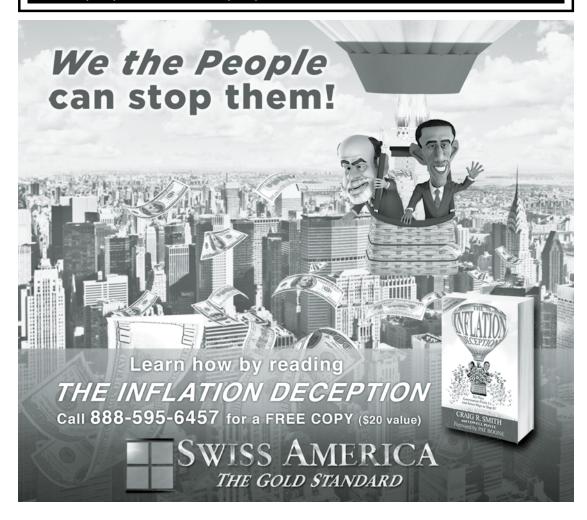
Carmichael Chamber Mixer Wed, May 9, 2012 from 5:30pm - 7:30pm Hosted by Jesuit High School. Free food and drink and great networking opportunities. Bring a raffle prize and plenty of business cards. Location: Jesuit High School

Carmichael Chamber Luncheon Tue, May 22, 2012 from 11:30am - 1:00pm

(a) Cypress Avenue Baptist Church Luncheon meeting is held in the Education Building and is the Chamber General Meeting & Luncheon. Come enjoy a delicious buffet lunch, speaker, and plenty of opportunity to network. Raffle prizes too! ost for the luncheon is \$18 for members with reservations, and \$23 for non-members and members without reservations. Please go to website to register by Sunday, May 20.

For information about these events contact: Linda Melody Email: linda@carmichaelchamber.com

Contact us for more information on the Carmichael Chamber of Commerce Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com



A-TEK GLASS CENTER

Your One Stop Local Glass Shop

Serving Carmichael
Community for 17 Years

AUTO - HOME - BUSINESS

Free Windshield Chip Repair with Insurance Coverage

▲ Auto Glass **▲** Windshields

▲ Power Windows

▲ Truck Slider

▲ Sunroofs ▲ Single & Dual **Pane Glass**

▲ Store Front

Windows ▲ Mirror

& Screen

▲ Glass Shelves ▲ Table tops

Fast, Professional Glass Repair • Direct Approved Insurance Billing

Call 7 Days a Week • 481-9966

Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou

Thinking of Changing Banks? √ Check the El Dorado Advantage

FREE VISA Debit Card

FREE Senior Checking with Interest

FREE Direct Payroll Deposit Checking

FREE Internet Banking with Check Images FREE Online Bill Payment

FREE Telephone Banking

VALUE Checking

Interest Checking **Business Checking**

FDIC

Investors Money Market Checking

✓ Gold Money Market Savings

✓ Purchase & Refinance Loans

√ Fixed & Adjustable Home Equity Line of Credit Loans

√ Friendly, Personal Service at No Extra Charge

35 ATMs at El Dorado Branches

Consistently Awarded the Highest 5 Star Rating by Bauer Financial Reports as One of the SAFEST and STRONGEST Banks in the U.S. Since 1993



www.eldoradosavingsbank.com CARMICHAEL • 4701 Manzanita Ave. • 481-0664

May 2, 2012 Carmichael Times Page 9



Serving our neighbors • Family owned and operated

Specializing in Tankless Water Heaters and Trenchless Sewer Lines

(916) 663-1293 (North Area) (916) 789-9332 (Roseville) (916) 929-9019 (Mid-Town)

www.allphaseplumbinginc.com

Serving the greater Sacramento Area

License # 746793

California State Youth Pageant 11 Categories: Baby Darling to Mrs./Ms Northern California Rep. Scholarships: \$1000.00 - Miss • \$500.00 - Teen All contestants receive free training in ramp walking, public speaking, skin and hair care. Tickets at the door: Seniors and children 12 & under can bring at least 5 cans of food or school supplies in lieu of a ticket to pageant We will be collecting the food and school supplies for needy families in our area. June 16th, 2012 10:00am • Holiday Inn Express & Suites Cal Expo, Sacramento

Director, Mary Purvis • 721-3824

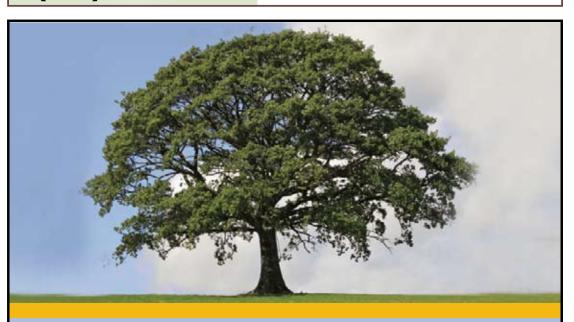
Call Lenka (916) 338-7156

Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/1st aid, 24 hr support, monthly reimb.





Time To Enjoy The Life You Deserve

Nestled in the heart of Carmichael, there's a retirement community called Carmichael Oaks. This beautiful community offers:

- Social & Activities program
- Scheduled transportation
- Beauty salon & exercise room
- Theatre & computer center
- Weekly housekeeping
- 24 hour emergency staff

Independent & Assisted Living as well as Memory Care.



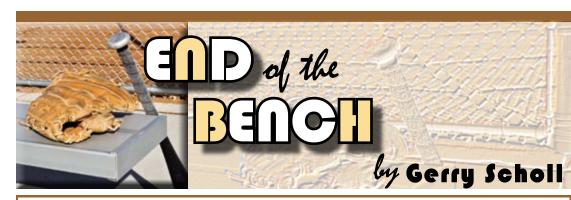
Save \$1500

or more!

Carmichael
Senior Living Oaks

916-944-2323 office www.carmichaeloaks.com

LIC# 347003685



Mockery Made of Mock Drafts

Who wants the wide receiver with the skinny legs?

Surprising and confounding most of the experts, the San Francisco Forty Niners do.

With their first-round choice in the NFL draft, No. 30 overall, the 49ers selected slim, but speedy, A.J. Jenkins out of the University of Illinois. The honorable-mention All-American, who stands 6-foot and 192, or so, pounds, caught 90 passes for 1,276 yards and eight touchdowns last season. He was on the receiving end of slightly less than half of all the completions for the entire Illini team last year.

None of the so-called experts saw that one coming. I used to spend/waste some time mulling over the predraft, "mock draft" presentations in some of my favorite publications, but, more and more, I'm wondering why the experts are considered experts.

Peter King of Sports Illustrated, in a seven-page spread, had the top four picks correct — every-body had those. Beyond that, he had three of the remaining 28 right. Besides predicting whom the teams would draft, King offered his ideas on whom they should pick. He only had four right, total.

USA Today only had two right beyond the top four. ESPN The Magazine, which involved readers in its mock "people's draft," also only had two beyond the first four. The winner is: The San Francisco Chronicle, which had a total of nine correct selections.

I'm no expert either. I watch plenty of games, but I don't study film. I never did catch any Illinois games on Saturday mornings last season. I never played football, except in the street and at the playgrounds; never played quarterback, except on Monday mornings; never ran the ball, but dropped it plenty of times; never tackled, except for large plates of food.

I could run and had good hands. If I had played organized football, I probably would have been a receiver with skinny legs. But, I watched my cousin play. He was much bigger and stronger than me. He caught a pass and had his leg snapped on a cheap shot. I decided I would save my skin and bones for my preferred basketball and baseball.

Even with that limited experience, I probably could have predicted as many NFL draft choices as the assorted experts.

Forty Niner brass of the past has not had particularly good results taking wide receivers in the first round. There was one slender guy taken in 1985 who evolved into, possibly, the greatest player of all time, Jerry Rice.

Other than that...not so good: Michael Crabtree ('09), alright, but not yet all that they had hoped for; Rashaun Woods ('04), a total bust; J.J. Stokes ('95), serviceable at best; Elmo Boyd ('77), bust; Terry Beasley ('72), three insignificant years; Dave Parks ('64), No. 1 overall pick, who was a three-time Pro Bowl player. So they hit on two out of seven, so far. They will have to hope Jenkins looks as good on the field as he did in his suit on draft day and proves to be closer to Jerry than Elmo.

Proud owners of a dominating defense, the 49ers' off-season strategy has been to bring the sluggish offense up to speed.

They have added Randy Moss and Mario Manningham to the receiving corps, and Brandon Jacobs to the stable of running backs. With their second-round pick, they took explosive runner LaMichael James, University of Oregon's all-time leading rusher. When it comes to watching college games, I often opt for the Pac-12. I've seen a lot of James over the last three seasons, and I see his selection as an exciting addition.

As 49er coach Jim Harbaugh was quoted as saying, "LaMichael came in and carried the team as a freshman. He did that his whole career."

James finished third in Heisman Trophy voting as a sophomore. He led the nation in rushing yards per game (150.4), while ranking second in total rushing yards (1,805) in 2011. He is one of three backs in Pac-12 history to surpass 5,000 career yards.

With their remaining picks at the NFL meat market, the 49ers chose for depth at a number of positions. But, clearly, with their first two selections, the emphasis was on adding game-breaking capabilities to an offense that had none, with the exception of tight end Vernon Davis.

Jenkins says he was nicknamed "E.T." in high school for his extra-terrestrial-like large hands and long fingers. So, from quarterback Alex Smith's small hands to Jenkins' unusually large ones, the 49ers are hoping for out-of-this-world results.

They don't want Jenkins to phone home, they want him taking it to the house.



MISSION OAKS COMMUNITY CENTER

Extended Tours

- *Canadian Rockies, Glacier National Park* July 28-August 4, 2012 \$2,999 pp double
- Russian River Cruise
- September 3-12, 2012 \$4,099 pp double
- Washington DC
- October 10-16, 2012 \$2,329 pp double

Luxury Motorcoach

- Feather Falls Casino
 Monday, May 7 \$15 /person, \$12 cash back/
 \$3 food coupon
- Sunset Magazine Celebration Weekend Saturday, June 2 • \$86/person • Deadline: May 16
- *Ride the Ducks & AT&T Park Tour*Wednesday, Aug 8 \$120/person Deadline: July 13

Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to www.morpd.com.

WEDNESDAYS: 7-9:30PM
JUNE - AUGUST • \$7/PERSON
KRISTY REED DANCE TRIO
Dance music for all ages!



SWANSTON COMMUNITY CENTER

River Cats • May 15 • \$35

Amador Wineries • May 24 • \$20

Lodi Senior Faire • May 31 • \$22

Western States Horse Expo • June 8 • \$15

El dorado County Fair • June 14 • \$20

MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am-5 pm Registration Hours: 8:30am-4pm Monday-Friday

www.morpd.com

DISTRICT OFFICE (916) 488-2810 • Fax (916) 488-4349 3344 Mission Ave., Carmichael CA 95608

MISSION OAKS COMMUNITY CENTER (916) 972-0336 • Fax (916) 972-7371

4701 Gibbons Dr., Carmichael CA 95608 SWANSTON COMMUNITY CENTER (916) 333-6464 • Fax (916) 488-4349

2350 Northrop Ave., Carmichael CA 95825

Carmichael Times Page 10 May 2, 2012

Local Meetings of Interest

Organic Gardening

MAY 4, 2012—the Organic Gardening Club of Sacramento County meets at Carmichael Park Administration Building, Room 1, 5750 Grant Avenue, Carmichael, 10 a.m. The speakers, Kate Waldo and Michelle Himed, Co-Owners Worm Fancy, will speak on Vermicomposting 101. Call 916-635-6724 for information.

Military Widows

MAY 5, 2012–The Society of Military Widows, Sacramento Chapter #5; meets at Lions Gate, McClellan Park, 11:30 a.m. Joint luncheon meeting with Fairfield Society of Military Widows followed by entertainment. Call 916-635-6724 for information.

California Citizens for Health Freedom

MAY 10, 2012–a free lecture on "Massage and Myofascial Release: What's the Difference?" presented by Steve Metzger, RN-CMT. The meeting is at the SMUD Auditorium (the old SMUD Building), 6201 S Street, Sacramento, from 7-9 p.m. Call 916-635-6724 for information.



Ask about our Mail Order Service!

(916) 349-9493

5859 Auburn Boulevard Sacramento, CA 95841

California Certified

Come join us for our Farmers Market

at beautiful Carmichael Park with

over 40 certified and organic farmers

and specialty item vendors.

Check our schedule at our website for special

events at our weekly Farmers Markets.

These might be contests, demos, special

guests, and more! Don't miss anything fun...

Sign up for the newsletter which will remind

you of fun things going on at the Markets!

BeMoneySmartUSA

We Have 55+

Farmers/Vendors

to ChooseFrom.

www.sacgermandeli.com sacgermandeli@sbcglobal.net

5750 Grant Ave

Shop with us at the Carmichael Park Farmers' Market, every Sunday Please be aware of Carmichael Park's new market hours: 9AM-2PM* Serving you every Sunday All Year Round! **WE'RE OPEN RAIN OR SHINE!!**

Other Farmers Market Locations include: Sunrise Mall, Citrus Heights Every Saturday, 8:00 am to 1:00 pm

Art/Craft Vendors Welcomed Quarterly

Come check out our newest vendor *K Vanilla*, selling delicious homemade vanilla extract... perfect for all your bakery treats!



It's not too late to sign up for our FREE Money Smart:
Teen Personal Finance workshops!
Youth ages 12-21 can reserve their space today.
May 19, May 26. Please See Website
For More Information.

Check our website for delicious recipes from the Market

Marie Hall, Executive Director • (916) 806-3989 info@bemoneysmartusa.org • www.bemoneysmartusa.org

Carmichael

RECREATION AND PARK DISTRICT

Carmichael Recreation and Park District is announcing these upcoming events

See Community Events at our website for Complete list of Summer Events!

POTERY CLASSES FOR ADULTS

Taught by Michelle Lueth

Held at the Arts & Crafts Bldg.,7997 California Ave. in Fair Oaks
Come have fun playing in the mud! Experience one of the most ancient & relaxing art forms while learning different techniques to create your own individual works of art. Hand building as well as wheel throwing will be offered. The emphasis is on fun while exploring your creative side. A \$25 materials fee is due to the instructor at the first class.

Day/Time: 4/24-5/15,
Tuesday, 1:30-3:30pm 4/25-5/16 • Wednesday, 1:30-3:30pm 4/25-5/16
Wednesday, 4-6pm 6/6-6/27 • Wednesday, 1:30-3:30pm 7/3-7/24
Tuesday, 1:30-3:30pm 7/18-8/8 • Wednesday, 1:30-3:30pm
Fee: \$71

SUMMER CONCERTS IN THE PARK

See website for more information

For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.

SACRAMENTO FINE ARTS CENTER, INC.

Contributing to the cultural life of the Sacramento community

Event Schedule

April 24 - May 5, 2012 Friday Morning Figure Group Show May 8 - 26, 2012, Painting Where the Wild Things Are

"Celebrating the Figure"
Featuring drawings, paintings and sculpture
by the Friday Morning Figure Drawing Group
April 26-May 5, 2012

"Open Studio, Open Mic and Open Movement Evening"

Saturday, May 19, 5:30 pm to 8:30 pm. Open Poetry Mic, Dancers, Live Model for Artists. Food and refreshments. (\$5.00 donation fee for drawing or painting to help pay the model/dancers.)

Image: Mendy Bates

June 5 - 23, 2012 Textiles Show June 26 - July 14, 2012 NCA Membership Show, "Inner Views"

Focus on Fibers
Sacramento Fine Arts Center
Mustard Seed School Benefit
June 16, 2012 • Saturday 11:00 AM – 5:00 PM

Be a part of a group to support the needs of children of the homeless.

For Admittance, Bring one or more of the following: Pack of Paper Towels, Shoes (boys & girls ages 3 – 15), Children's Socks (size s, m), Chapstick, Mouthwash, Deodorant, Sunscreen, Sturdy Backpack, Bicycle Helmet, Bottle Water, Art Supplies – white shirts (all sizes), beads, finger paints. Receive a ticket to Win a piece of art. Drawing at 4:30 PM. You do not have to be present to win. Spend the afternoon viewing artwork by children from the school.Have an opportunity to buy some cards made by the children and enjoy some

refreshments & the Fiber Arts Show!

5330 – B Gibbons Dr., Carmichael, CA • Ph. 916-971-3713

Hours: Tuesday 11 am-7 pm, Wednesday through Saturday 11 am-3 pm. w w w . s a c f i n e a r t s . o r g

THE 63RD ANNUAL

2012 Fair Oaks Fiesta Days

MAY 5 - 6
In Fair Oaks Village

10224 Fair Oaks Blvd. (Off Sunrise & Winding Way) Information www.fairoakschamber.com (916) 967-2903

Fun For the Whole Family

FREE General Admission *Theme:*

Cinco de Mayo

May 5th & 6th Children's Park

Food Vendors • Children's Games
Entertainment • Rides
Toilet Bowl Race

Saturday May 5th

10:00 a.m. Parade FREE Parking & Shuttle

Sunrise & Winding Way

Sunday May 6th
Classic
Car Show
9:00 a.m. - 3:00 p.m.

Sunday May 6th Sun Run

Registration at 7:00 a.m.
Race begins at 8:05 a.m.











Sponsored By The Fair Oaks Chamber Of Commerce and the Fair Oaks Recreation & Park District

If you or your organization is interested in participating, applications are available at the Fair Oaks Chamber Office, 10014 Fair Oaks Blvd, or by calling 967-2903.

THE ESKATON EXPERIENCE

in your place or ours



Mutual respect.

Welcome to the new aging experience. The independence you want and the support you need. Eskaton offers you a complete and affordable range of premier community living and home-based services to help you grow older in good health, safety and comfort. Welcome home ... to Eskaton.



866-ESKATON | www.eskaton.org

May 2, 2012 Carmithael Times Page 11



The Fourteenth Annual Memorial Day Ceremony will be held Saturday, May 26th, 2012 at the Fair Oaks Cemetery, 7780 Olive Street, Fair Oaks, with formal ceremonies starting at 10 AM. Tom Askins will be the Master of Ceremonies. The musical program will be provided by the American Veterans Band, conducted by Warren "Bud" Turner.

There will be a Color Guard and Rifle Salute team from Civil War Member Organizations.

Also a ceremony of the laying of the wreath at the memorial in honor of over sixteen hundred veterans who are buried in the cemetery.

The cemetery will be decorated with hundreds of flags lining its roadways as "The Avenue of Flags." We will be adding more names to the Veterans Memorial Wall.

The Fair Oaks Historical Society and Orangevale/Fair Oaks Grange will provide complimentary refreshments after the ceremony.





LARRY THE CABLE GUY GET TIX NOW! TURDAY, MAY 12.7:00 PM

DEMOLITION DERBY

SUNDAY, MAY 13 • 6:00 PM

Concert tickets include fair admission
Tickets available at Dixon May Fair Box Office
or ticketmaster • ticketmaster.com • 1-800-745-3000
www.dixonmayfair.com

Sedation Dentistry In Carmichael

Ask us about **Anxiety Free Dentistry!**



Benefits of Oral Sedation Dentistry

- You can breathe and speak on your own
- It's very effective for mild to severe anxiety
- Does not require needles, it is a medication
- No additional charge for sedation!

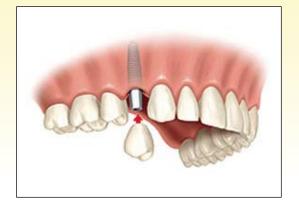




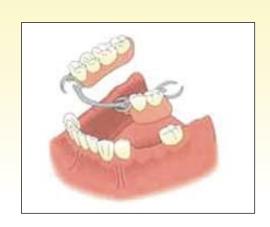
Cosmetic Dentistry



Restorative Dentistry



Single Implant



Partials and Dentures

Carmichael Dental Group

(916) 944-7700

8329 Fair Oaks Blvd, Ste. B Carmichael, CA 95608 www.carmichaelCAdentist.com Carmichael Times Page 12 May 2, 2012

WHAT IF NOTHING WORKS?



Dare to Live Without LimitsBy Bryan Golden

As a reader of this column, you are striving to improve your life. You want to attain your goals and bring your dreams into reality. You

want to break through your selfimposed limitations. So you follow all of the advice in this column.

But you think nothing is working. You are doing all the right things. Your attitude is positive. You are motivated. You have specific goals and a plan to reach them. You are taking action. Yet, still you feel as if you are not making the progress you had hoped for.

Perhaps you are frustrated, discouraged, and disheartened. You see others who are successful and wonder why you can't make things work. You start to doubt yourself and wonder if your goals are unobtainable.

Have faith. Even if you have not yet seen results, you have put things into motion. It's only the timeframe that causes frustration

because it is unknown. Never give up hope. Besides, what is the alternative? To do nothing or give up hope? If you regress to inaction, it's guaranteed that you will not get the results you seek.

Major goals are not realized overnight with one simple step. The distance you have to travel on the road to success is not known. But you will never arrive if you lie down along the side or turn around and go back to where you started. With each step you take you make progress. Your journey is be filled with many benefits. On your way to the big goals, you are be improving your life in numerous smaller, but no less significant, ways.

You are getting rid of your mental garbage. Clearing out your mind enables you to intensify

your focus. Squeezing the most out of each day becomes easier. Prioritizing how you spend your time increases your productivity.

Your ability to get through tough times improves. Every road to success is filled with obstacles, challenges, and adversity. Only those who become adept at dealing with whatever lies ahead maintain their forward motion. You are learning how to deal with conflict and to manage stress.

Controlling your thoughts becomes more of a habit. It is your thoughts that attract what you want. By keeping your mind on your destination you avoid becoming a magnet for undesirable situations.

You develop immunity to what others say, think, or do. On your journey you will encounter many

who seek to discourage you. Regardless of their motivation, you must ignore the naysayers. You future is in your hands, not theirs.

Rather than being consumed by the past or apprehensive of the future, you are living in the present. The past is over. The action you take today determines your future. Worry is useless.

By increasing the belief in yourself, you are overcoming fear of failure and becoming more self-reliant. Within you lies more potential than you realize. You have a very deep well to tap into when the going gets tough.

Clearly, the journey to success is fueled by your self-development. We experience frustration when we focus on our destination without appreciating our growth along the way. So when you feel nothing is working, give yourself encouragement by recognizing the progress you are making.

Don't loose faith in your efforts. You don't know how long your quest will take. The reason more people fail than succeed is because so many get frustrated and give up short of attaining their goals. Just keep going and you will succeed

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2006 Bryan Golden









Get up to 20% CASH BACK!

Get Cash Back on Purchases from Local Merchants

It's FREE to Join

- 200 plus local merchants and growing Name Brand Companies
 - Online Shopping with National Chains too!
 - Sign Up is Fast and Easy
 - Go to www.CarmichaelTimes.com
 - Click on the Rewards Banner
 - Start Saving the Same Day!

Rainbow Rewards Powered by Rainbow Rewards Learn more about how it works on the registration page

