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Symphonic Winds Event Receives Standing Ovation



Les and more. Sacramento Symphonic Winds Director Dr Les Lehr (right) donned Victorian tunic to salute John Philip Sousa in Carmichael last weekend. He is pictured with soloists, from left: trumpeter Larry Hudson, soprano Cheryl Blalock and trombonist Dave Rollins. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL – America's beloved patriotic composer John Philip Sousa was feted in song, in

solos (and inevitably) in marches at the La Sierra Community Center last weekend.

Well over 300 Sousa-holics applauded the Sacramento Sym-

phonic Wind's popular two-hour concert.

Operatic arias by Bay Area coloratura Cheryl Blalock enhanced the sold-out event. The program

ended with the maestro's iconic "Stars and Stripes Forever" and a standing ovation for the volunteer ensemble.

Sousa was a superstar of 19th century concert circuits. A darling of the White House and every military parade, he was dubbed the "March King." The composer is still considered the most successful band master in history. A stage show called "Oh, Mr Sousa" was recently conceived to feature his vast catalogue. The presentation includes acted vignettes from his career and marriage to singer Jenny Sousa. Co-produced and conducted by Lehr, the Carmichael-based Symphonic Winds will star in a single "Oh Mr Sousa" performance at Three Stages in Folsom. Concert date is September 30.

The popular 60-piece ensemble will also be among attractions at the free annual Carmichael Band Festival on June 2-3 in Carmichael Park.

For information on other Sacramento Symphonic Winds performances, visit www.sacwinds.org.

Senate Bill Not Businessman's Best Friend



Commentary by John Kabateck NFIB/CA Exec. Director

While the legislature is in session, the National Federation of Independent Business/California will be profiling anti-small business bills and initiatives and the adverse effect they would have on California's job creators. This is the second column of the 2012 series.

Welcome to California, the land of fruits, nuts and over-regulation. In this state, we regulate everything from water and air quality to veterinarians and doctors. Now, we aren't saying all regulations are bad, but what we are saying is that some thought needs to be given to the long-term consequences of any regulations that are imposed.

Take, for example, a recent bill that was introduced in the Senate that would regulate and license pet groomers in California. Senate Bill 969 (Vargas) would mandate any entrepreneur considering opening a pet grooming to pass a state test, and require groomers to pay up to \$350 to be licensed by the Veterinary Medical Board. The legislation would also regulate everything from lighting in facilities to how they maintain records.

Proponents claim that the industry needs to be regulated because of a few out-of-the-ordinary incidents that have occurred. While even one incident is too many, is it really necessary to regulate the entire industry? The reality is that this bill has the potential to regulate small business owners who provide these services right out of business due to the cost of compliance, training, and other associated expenses. And those expenses will likely be passed on to the customer who brings their pet in for regular grooming.

Unlike larger businesses with more abundant resources, your average small business owner wears all or most hats in the workplace—accountant, human resources officer, and main employee of the business. Piling on extra compliance burdens means that they won't be able to focus on growing their business.

So maybe it's time for the folks in the Capitol to take a step back and let the marketplace weed out the bad businesses. Small business owners largely rely on word-of-mouth advertising and recommendations in order to get and keep business. They know that—unlike government—if they don't provide good customer service, their business will suffer. That is why it is in their best interest to make sure that they provide good service for a fair price and take care of their customers.

And as they grow their businesses they can hire more employees and support their communities as well. And that is a win-win for everyone.

Our politicians need to stop hamstringing our entrepreneurs with the short, strangling leash of Nanny Government, and instead give them the support and encouragement to do what they do best: create jobs and feed the economy.

More information about NFIB is available online at www.NFIB.com/newsroom.

Going Above and Beyond in the Line of Duty



Three Public Safety Officers Recognized for Heroic Events: Officer Randy Van Dusen, Paramedics Brandon Lynch and Steven Arnett. Photo courtesy of Priscilla Enriquez, Chief Giving Officer.

SACRAMENTO REGION - March 22, 2012 - *The Sally and Hubert Mee Fund* of the Sacramento Region Community Foundation awards its annual grants to deserving police officers, firefighters and paramedics. This year, one police officer and two paramedics were honored for saving lives while on duty. Since 1995, more than 50 police and fire department officials have been recognized by this annual award.

On April 30, 2011, Officer Randy Van Dusen watched a runner at a half marathon event

collapse. Without hesitation, Officer Van Dusen went to check on the runner, thinking he had just tripped or stumbled. Instead, the runner was found unconscious with no pulse. Officer Van Dusen called for Code 3 fire and medical response and began chest compressions on the runner. As other runners arrived, some medically trained, Officer Van Dusen continued chest compressions. Despite several medically trained people on the scene advising Officer Van Dusen to discontinue compressions when the victim did not respond, he did not stop.

Several minutes later, prior to medical aid arriving, the victim's heart started to beat. The victim was transported to the hospital where he began his recovery. Paramedics Brandon Lynch and Steven Arnett had just wrapped up a routine call on October 22, 2011 when they heard gunshots coming from around the corner. "When you hear shots fired, you usually go the other way," said Station 17 Capt. Kurt Dittig. Firefighters are generally instructed to wait a safe distance from a crime scene for additional police units to arrive before rendering medical aid. Instead, Lynch and Arnett drove straight to the scene of the shooting on Branch Street and encountered a group of people running away in panic.

The Medic 17 crew found a 25-year-old police officer suffering from multiple gunshot wounds, including one to his lower abdomen. They notified the fire dispatch center before dispatchers were even aware there had been a shooting. The paramedics spent six minutes on the ground with the officer to stop the bleeding before transporting him at high speed nine miles to the UC Davis Medical Center. It was estimated that it would have taken at least six minutes

longer to reach the fallen officer if Medic 17 had been dispatched from the fire station, 1.5 miles away. "(The officer) would have bled out," Dittig said. Sacramento residents Hubert and Sally Mee established their fund with the Sacramento Region Community Foundation in 1994 to provide public recognition to members of the city's Police and Fire Departments for heroic and meritorious acts. Though the Mees are now gone, their award lives on.

The Sacramento Region Community Foundation is an advocate for quality of life, dedicated to connecting people who care with charitable causes. An effective steward of the region's charitable assets since 1983, the Foundation's mission is to serve as a leader and trusted partner in expanding philanthropy and enhancing its impact in our community. From charitable funds established by individuals, families, businesses and organizations, the Sacramento Region Community Foundation awards grants and engages in leadership activities to address a wide variety of current and long term community issues. For more information, visit www.sacregecf.org.

Supervisor Susan Peters to Hold Easter Weekend "Office Hours"



Supervisor Susan Peters

SACRAMENTO COUNTY - County Supervisor Susan Peters will be holding another

round of "Office Hours" during the Easter Holiday Weekend first at Carmichael's annual egg hunt on Saturday, April 7, at Carmichael Park and the next day, Sunday, April 8, in Arden Arcade at Swanston Park during the second annual "Easter Blast" that includes an egg hunt, carnival games, and more.

Peters will set up a table at the Carmichael egg hunt between 9:30 to 11 a.m. for residents who wish to drop by and discuss with her items of interest. No appointment is necessary with visits to be handled on a "first come basis." "Establishing 'Office Hours' at community events like these

egg hunts provide the opportunity to mix business with pleasure," says Peters. "I'll be available to talk about county matters while people can enjoy watching all the fun and excitement as the children search for eggs."

The Carmichael Egg Hunt starts at 10 a.m. sharp rain or shine. In addition, there will be a pancake breakfast that runs from 7 to 11 a.m. The Carmichael Recreation and Park District along with the Kiwanis Club of Carmichael are sponsoring the two activities at Carmichael Park, 5750 Grant Avenue. For more information, call the Carmichael Recreation

and Park District at 485-5322 or visit carmichaelpark.com.

On Sunday, April 8, Peters will move her "office" to Swanston Park, 2350 Northrop Avenue, in Arden Arcade where she will set up a table during the "Easter Blast" sponsored by the Mission Oaks Recreation and Park District. That event will include an egg hunt along with various carnival games from 12 to 2 p.m. Peters will be holding her "Office Hours" there between 12 to 1:30 p.m. For more information about the blast, call the Mission Oaks Recreation and Park District at 333-6464 or visit morpd.com.



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Sacramento Zoo Hosts 32nd Annual ZooZoom Run in Land Park



WHAT: Sacramento Zoo will host the 32nd annual ZooZoom; a 5K walk/run, 10K run, and kids' fun run. The whole family can try to run as fast as a road-runner while raising funds for the Sacramento Zoological Society.

WHEN: Sunday, April 15th, from 7:00 am to noon.
WHERE: Sacramento Zoo, 3930 West Land Park Drive, in William Land Park.

Sacramento Zoo – Celebrating 85 years!

Open since 1927, the Sacramento Zoo is home to more than 500 native, rare and endangered animals and is one of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 9:00 am to 4:00 pm, general admission is \$11.25; children ages 2-11 are \$7.25 and one and under are admitted free. Parking is free throughout the park or ride Regional Transit bus #6. For information, call 916-808-5888 or visit saczoo.org.

SACRAMENTO REGION – You and your family can experience one of the most unique runs through William Land Park, at the 32nd annual ZooZoom, Sunday, April 15th from 7:00am until noon. Sponsored by Fleet Feet and Coca Cola, the event will include a 5K walk/run, 10K run or kids' fun runs. Lace up your running shoes and prepare for a scenic tree-lined course that begins in front of the Sacramento Zoo and finishes inside the Zoo. For 32 years, ZooZoom has been a favorite of area runners, walkers and their families. Kids ages 3 to 12 can participate in the Saucony "Run for Good" fun runs; from the 220 yard dash to the one-mile run, there is an event for every age group. With

support from Saucony, Fleet Feet will award at least \$2,000 in grants to schools that have the greatest number of participants and the highest percentage of kids entering the event. Contact Fleet Feet for more information about the "Run for Good" grant opportunities. For registration and information, please visit sacramento-zoozoom.com. Participation includes a ZooZoom t-shirt, refreshments for runners, plus free admission to the Zoo on race day for the runners and their immediate family (limit 4 people). All proceeds from the event benefit the Sacramento Zoological Society. Bring your entire family to ZooZoom!

Unusual Cross to Bear



Three feet high, a miniature horse and miniature donkey present a Lilliputian Carmichael vignette. The donkey's coat bears legendary "Jesus" markings. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL – On a back lane near Fair Oaks Boulevard, I spotted a mother and baby donkey with the hallowed markings often called "Jesus crosses."

The term is based on Biblical lore. A pregnant Mary rode a donkey into Bethlehem. Decades later, on Palm Sunday, her son Jesus entered Jerusalem by donkey. It is said that the same mount came to Calvary during his crucifixion. Here the shadow

of the cross fell on his back, forever blessing the humble species with a mark of holy service. This dark pigmentation runs from mane to tail, transecting at the shoulders. It is most visible on light colored donkeys. Folk lore claims hairs from this cross can cure illness. More legend says the beast's dark ankle rings were marked by palm leaves strewn on Jerusalem's streets.

This close to Easter and so near to Palm Drive, I enjoyed

the symbolism. But llamas grazing down the road curbed my romanticism. Unexpected critters are part of Carmichael's rustic eccentricity. Thanks to one exotic farmer, there have been baby camels reared near California Ave. When two zebras escaped their coral and cantered by Rite Aid a year before, our town made national news. "Jesus donkeys" seem ho-hum by comparison.

"They're sweet animals; wise and gentle," said their owner. "You can put a toddler on their backs and lead them around. Nothing bothers them. If another animal is agitated, a donkey in the coral calms them."

Footnote: donkeys figure importantly in Carmichael history. Mules (bred from donkeys crossed with horses) were vital to early 1900s agriculture. Before local farmers had tractors, mules did the hauling. One historical photo taken near Winding Way shows a vintage combine harvester pulled by 24 mules. A sturdy jack mule sold for up to \$500. Teamed pairs could bring \$1800. The creatures cost more than an early Fordson tractor and (said one Carmichael pioneer), were twice as dependable.

Hit and Run Fatality Suspect Still On Loose

Highway Patrol Special Report

CARMICHAEL – On March 22, 2012, at approximately 5:45 p.m., Paul Pellandini, a 57 year old, and a friend, William Collins, a 54 year old from Carmichael had been visiting each other at Pellandini's residence on Winding Way just west of Carnegie Way. Pellandini lives on the north side of the Winding Way. After their visit, Pellandini walked Collins outside to his vehicle to say good-bye. As the two men were talking next to Collin's vehicle, a vehicle traveling west-bound on Winding Way traveled onto the shoulder where the men were standing and struck both of them. Both men were thrown into the air and came to rest on the right shoulder. Pellandini's wife heard the sound of the impact and came outside and found her husband on the ground and im-



mediately called 911. Pellandini succumbed to his injuries at the scene. Collins was transported to Mercy San Juan Medical Hospital with major injuries but not life threatening.

The driver and the vehicle fled the scene immediately after the collision and are still outstanding. The suspect vehicle

is believed to be some type of larger Ford vehicle with a broken right headlight and broken right side mirror. The vehicle could have additional damage. The CHP is requesting if you have any information regarding this collision please contact the North Sacramento CHP at (916) 338-6710 or after hours, CHP Sacramento Communications Center at (916) 861-1300.

Any additional information about this news release should contact Officer Dutton who will be available at the CHP North Sacramento Area business phone number of (916) 338-6710, Monday through Friday 8:00 to 5:00 p.m. After hours, or if urgent, please contact her by cell at (916) 955-3332.

From Officer Liz Dutton
Public Information Officer

Governor Brown Announces Appointments

SACRAMENTO – Governor Edmund G. Brown Jr. announced March 21st the following appointments.

Daniel M. Curtin, 63, of Carmichael, has been appointed to the California State Compensation Insurance Fund Board of Directors, where he has served since 2009. Curtin has served as director for the California Conference of Carpenters since 2001 and previously held the same position from 1992 to 1999. He served as chief deputy director for the California Department of Industrial Relations from 1999 to 2001. Prior to that, Curtin was a legislative advocate for the California State Council of Carpenters. He serves on the Economic Development Commission, the California Water Commission and the Industrial Welfare Commission. This position does not require Senate confirmation and the compensation is \$50,000. Curtin is a Democrat.

Terri McDonald, 48, of Sacramento, has been appointed undersecretary of operations at the California Department of Corrections and Rehabilitation, where she has served as acting undersecretary of operations since 2011. McDonald has served with the California Department of Corrections and Rehabilitation in various positions since 1988. She was chief deputy secretary of adult operations from 2009 to 2011, associate director of reception centers from 2007 to 2009, chief for the out-of-state correctional facilities from 2006 to 2007, correctional administrator from 2004 to 2006, correctional captain at Folsom State Prison and the California Medical Facility from 2001 to 2004, correctional lieutenant and correctional sergeant at the California Medical Facility from 1993 to 2001 and correctional officer at the California Medical Facility and the Sierra Conservation Center from 1988 to 1993. She is a member of the American

Correctional Association and the North American Association of Wardens and Superintendents. This position requires Senate confirmation and the compensation is \$162,420. McDonald is registered decline-to-state.

Robert Chase, 66, of West Sacramento, has been appointed deputy director at the Division of the State Architect. Chase has been acting chief building official for the City of Stockton since 2011. He was the director of governmental relations at Build It Green in 2010, the chief building official for the County of Sacramento in 2009 and chief building official for the City of Sacramento from 2006 to 2009. Chase was a partner at LPA/Sacramento Architects from 2002 to 2006, a managing principal at Nadel Architects from 1994 to 2002 and the director of design at Leidenfrost Horowitz and Associates from 1985 to 1994. This position does not require Senate confirmation and the compensation is \$108,636. Chase is a Democrat.

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 March 25: Bittersweet Accountability (Sunday)

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Easter Week Services:

- April 1: Bittersweet Judgment (Palm Sunday)
- April 2: Bittersweet Devotion
- April 3: Sweet Talk & Bitter Betrayal *
- April 4: Bitter Tears
- April 5: Bittersweet Control
- April 6: A Bitter Burden *
- April 7: Bittersweet Passing
- April 8: Bittersweet Future (Easter Sunday)

* Dinner will be provided before this event, starting at 5:30 PM. Cost is \$3 per person, up to \$10 max for a family of four or more.

All Sunday services are offered at 9:00 and 10:45 AM. Special Monday-Saturday Messages are from 6:00-7:00 PM, with dinner on Tuesday and Friday starting at 5:30 PM.

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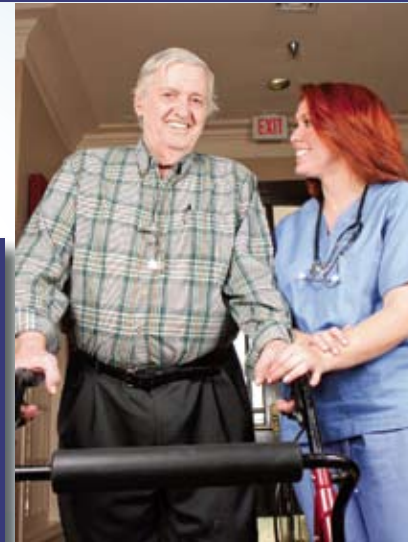
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House Repeals Another Government Overreach and Protects Seniors

WASHINGTON, DC – Congressman Dan Lungren (R-CA) voted March 22nd for the Protecting Access to Health Care (PATH) Act (H.R. 5), legislation that repeals the Independent Payment Advisory Board (IPAB): “I believe health care decisions should be made by doctors in consultation with their patients. Having 15 unelected and unaccountable bureaucrats making decisions about our health care, and Medicare in particular, is not right.



Congressman Dan Lungren

“The PATH Act removes the President’s unelected health care rationing board, which would have negatively affected seniors by restricting their treatment options and denying access to care. The PATH Act also helps protect the Medicare services that seniors currently enjoy. I believe, as the physicians of the California Medical Association (CMA) believe, that we absolutely ought to rid ourselves of the Independent

Payment Advisory Board for fear that its implementation will, in fact, interfere with the doctor-patient relationship, interfere with the availability of medical care, and with the availability of physicians to seniors and others.

“The bill we passed today will also help curb frivolous lawsuits. These lawsuits encourage defensive medicine, which drives up the cost of health care and forces

some medical professionals out of business. While the PATH Act is a major step in the right direction, CMA has expressed some concerns that the fair-share rule in the bill will preempt California law. I understand their concern and I think we may be able to address that through further language. My hope is that before the PATH Act returns to the House from the Senate, we would specifically remedy the concerns raised by the physicians from my State

“I do believe California’s MICRA (Medical Injury Compensation Reform Act) is a model that ought to be replicated by other States in the Union. I do believe that the facts are in. Over 30 years, we’ve been able to see that it has improved access to health care, improved the number of physicians, particularly in difficult specialties, and it has brought down the overall cost of premiums and, therefore, the cost of medical care in my state.”



Dr. Bob Graykowski

In-School Scoliosis Screenings on the Chopping Block?

Minnesota. All participants underwent annual in-school scoliosis screenings in grades five through nine. A total of 92 children were referred for further evaluation. However, only five of these subjects were treated for the disorder.

The study’s authors concluded that in-school scoliosis screening is not effective. Instead, the stress that parents and health-care practitioners should monitor youngsters for signs of scoliosis.

What’s wrong with in-school screenings?

First, these examinations are often not conducted by spinal experts. Instead, school-based screenings are performed by school nurses or teachers assistants who were not trained in proper detection – as opposed to specialists, such as chiropractors. In some cases, scoliosis screenings aren’t even conducted by health professionals at all, but by volunteers with only a few hours of training. In addition, school-based screenings lack the regular follow-up vital to controlling scoliosis.

A third problem with in-school screenings, say researchers, is the type of evaluation techniques used. The screening is often cursory, with only one or two tests performed.

The Ideal Choice for Your Child’s Posture Checkups

Regular posture checkups conducted by experts are essential for detecting scoliosis in its early stages. Chiropractors are an ideal choice for conducting these important evaluations. At Chiropractic USA we are part of a group of Sacramento CORE Chiropractors that have advanced training in the early detection of scoliosis.

Chiropractors are Spine Experts

Chiropractors spend years of their lengthy education focused on mastering spinal disorders. As a result, doctors of chiropractic are thoroughly versed in the alignment

of the spine. Just think: How do doctors of chiropractic spend most of their days? Examining patients’ spines and correcting postural misalignments. In fact, chiropractors are forerunners in the fight for ergonomic awareness among school-aged youths. Consequently, doctors of chiropractic care for the whole person and proper alignment of all spinal ranges of motion.

Schedule a Scoliosis Posture Checkup for Your Child Today

The best defense against scoliosis is regular posture checkups conducted by a health care professional specializing in spinal health. The best ages to check for scoliosis should be from age 10-14 years old. What if your chiropractor does detect scoliosis? In many cases, scoliosis may be cared for directly by your chiropractor, whereas severe cases may be referred to other professionals.

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What is Scoliosis?

Scoliosis is a lateral curvature of the spine, usually with the convex to the right in the upper back and to the left in the lower back, although various curve patterns are seen. Approximately .5% of youngsters aged 10-14 (60% to 80% of whom are female), these curves are severe enough to be classified as clinically significant.

Scoliosis predisposes patients to back pain, headache and other posture-related disorders. In severe cases, scoliosis can affect the functioning of organs, including the heart.

What’s Wrong With In-school Screenings?

According to spinal specialists, early detection is key to preventing scoliosis from progressing. Although school-based screenings did catch some cases of scoliosis in their initial stages, studies show that these screenings alone are not sufficient and should be performed by a spinal specialist.

As part of one experiment published in the Journal of the American Medical Association (JAMA), investigators sifted through data on 2,242 subjects who attended school in Rochester,

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RAS Names New Executive Vice President

SACRAMENTO REGION – Radiological Associates of Sacramento (RAS) Medical Group, Inc. announced March 19 that Neil Miller will serve as the firm's new executive vice president; he assumed his role February 27th.

Miller joins RAS after leaving his position as senior vice president of Business Development at John Muir Medical Center in Walnut Creek, where he managed seven service lines across two campuses. During his nearly 10 years at John Muir, Miller led numerous initiatives and spearheaded the launch of outpatient surgery services in Walnut Creek and Brentwood. As a valued member of the Senior Leadership Team, he played a significant role in the development and approval of the Cardiovascular Institute and associated consolidation of cardiovascular services at John Muir Medical Center, Concord campus. Prior to joining John Muir, Miller served as president of Imaging Technology Group and Bay Medical Management.



Neil Miller, new executive vice president of RAS. Photo courtesy of RAS.

According to Dr. Jonathan Breslau, RAS president and chairman of the board, the search for an executive vice president began in 2011. Dr. Breslau, who headed up the search committee, said the 95-year old company sought an individual with a progressive vision and the ability to work collaboratively with a range of health care organizations and individual providers.

"We were fortunate to have had several candidates who met the requirements we were seeking," Breslau said. "Neil clearly stood out among them. His proven track record in imaging, cancer care, medical management and health-care technology perfectly fit the skill set we hoped to find and his enthusiasm to build and strengthen relationships solidified the decision. Miller was a fit with our group on all levels."

About Radiological Associates of Sacramento

Radiological Associates of Sacramento (RAS) Medical Group, Inc. (www.radiological.com) is a premier provider of specialty healthcare services in Northern California. Established in 1917, its core services include diagnostic radiology, interventional and neurointerventional radiology, radiation oncology, nuclear medicine, gynecologic oncology, urology, thoracic surgery and hematology/medical oncology. RAS provides quality care to patients through multiple outpatient clinics.

Sacramento County Contract and Purchasing Wins

2011 Achievement of Excellence Award

SACRAMENTO COUNTY – The Sacramento County Department of General Services' Contract and Purchasing Services Division has been awarded the 2011 National Achievement of Excellence in Procurement Award. The award is given by the National Purchasing Institute, the Institute of Supply Management and the California Association of Public Purchasing Officers.

"We are extremely proud of this award since the division is one of only 177 organizations in the United States and Canada to be recognized with this national award," said Don Nottoli, Chair of the Board of Supervisors. "As part of recognizing the work of

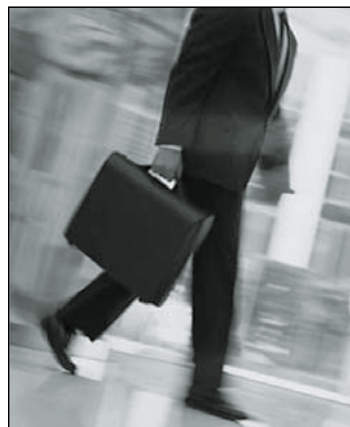
the organization, the County, along with the State of California officially proclaim the month of March as National Purchasing Month."

The award recognizes organization excellence in public or non-profit procurement based on high scores on standardized national criteria that measures innovation, professional development, eProcurement, productivity and leadership. Also recognized is best practices in the field: Sacramento County included the incorporation of best value procurements in its Charter (which allows award of contracts based on best value, instead of the traditional "low

bid"), for years, continuously implemented an Environmental Purchasing Policy, uses Procurement Cards for low dollar purchases, and encourages employee involvement with professional purchasing organizations (two employees are on the Board of Directors of the California Association of Public Procurement Officials).

Award Winning Programs: Online eProcurement tools for handling vendor registrations, Automated email notifications of bidding opportunities, Online posting of bids including bid responses, Online sale of surplus property (similar to eBay).

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HIREvent, which is sponsored by Telemundo 33, Entercom Communications and Job Journal. For more information, visit JobJournal.com or call 888-THE-JOBS (843-5627).

KVIE Contest Calls for Young Writers & Illustrators

Annual KVIE Contest Fosters Reading, Writing, and Creativity

SACRAMENTO REGION – Kinder-garten through third graders are invited to write and illustrate original storybooks and enter them into KVIE Public Television's annual Writers Contest. Children writing and illustrating their original story can enter for a chance to win prizes at both the local and national levels. KVIE Public Television works together with more than 100 other PBS stations nationwide to offer the Contest, attracting close to 1,000 entries locally. Kindergarten through

third graders may enter the Contest by creating an original story with illustrations and submitting it with an official entry form to KVIE. Contest Rules (PDF), Entry Forms (PDF), and a Writing Guide (PDF) for the Contest are available online at kvikids.org. Every child who enters the Contest receives a special Certificate of Achievement. Local winners receive additional prizes at a special recognition ceremony, and their stories will be posted online at kvikids.org. Local first place winners

advance to the national competition. National prizes are awarded to three winning stories in each grade. In addition, national winning stories are featured on pbskids.org, one of the most-visited national websites for children.

To read previous winning stories, visit PBS Kids' Story Central at www.kvie.org.

From Sheryl Brown
Marketing Communications
Manager
KVIE Public Television

Sacramento's Best Poets Perform to Benefit the Food Bank

The April 30 Fundraiser at the Sacramento Poetry Center Will Raise Funds for a Vital Local Charity

SACRAMENTO REGION – Seven local poets will feature in a charity reading at the Sacramento Poetry Center, located at 1719 25th Street in Sacramento, on Monday, April 30, 2012 at 7:30 PM. All proceeds and donated canned goods collected at the event will go to support the Sacramento Food Bank.

The talented poets who will read include Allegra Silberstein (current Poet Laureate of Davis, CA), David Gay, Jen Jenkins, Josh Fernandez, Rebecca Moos, Trina Drotar, and Todd Cirillo (a

Grass Valley poet). The event is also being hosted by local poets, including Lytton Bell, Bill Pieper and Laura Baumann Otsubo.

The Sacramento Food Bank & Family Services is a local, non-profit agency committed to serving individuals and families in need. With a staff of 40 and a volunteer force of over 4,000, Sacramento Food Bank & Family Services provides free emergency goods and services to nearly 15,000 unduplicated men, women and children each month.

Since 1979, the Sacramento

Poetry Center's mission has been to promote and advance the practice and application of poetry and the literary arts in our community, to enliven and extend the cultural boundaries of Sacramento's literary arena by creating and maintaining forums for local writers; to support and empower emerging and established poets, and to bring the best practitioners of the craft into the community.

For questions or to arrange interviews, please contact Lytton Bell at lytton_bell@hotmail.com or (916) 331-3546.

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APRIL 2012 ACTIVITIES

Free Presentations and Nature Walks

Animal April Fools
Many animals use little "tricks" to fool predators or find food. Join a naturalist to find out about these clever tricks and take a walk in the nature preserve to see some of them in action. All ages welcome.
Sunday the 1st at 1:30 PM

Get Into Your local Creek
Why are water striders, backswimmers and diving beetles so important to the health of a creek, pond or river? Join a naturalist and learn how to get involved in caring for our waterways. For more information about Creek Week activities, visit www.creekweek.net. All ages welcome.
Saturday the 7th at 10:30AM

Birds Aren't The Only ones
Can you name other animals that lay eggs? Join a naturalist to see some different kinds of eggs and nests that exist. All ages welcome.
Sunday the 8th at 1:30 PM

Saturday Safari
Grab your binoculars (or borrow some from us) and take a guided walk to see the animals and plants that make up the unique habitat along the American River. All ages welcome.
Saturday the 14th at 10:30AM

Wildflower Walk
From poppies to grass pinks to brodiaea, join a naturalist on a search to see what is blooming. All ages welcome.
Sunday the 15th at 1:30 PM

Earth Day Everyday
Mother Nature's gifts are all around us. Find out about some things we can do everyday to help the Earth and keep it healthy for animals, plants and people. All ages welcome.
Saturday the 21st at 10:30AM

Caring For Wildlife
Join Doug Forbes from the Wildlife Care Association and learn about how this volunteer organization helps injured and orphaned wildlife. Meet animal ambassadors Ivory, the white crow, and Peanut, the yellow-billed magpie. All ages welcome.
Sunday the 22nd at 1:30 PM

Fly By Butterfly
What is a pipevine swallowtail? Find out as you explore the life cycle of the butterfly and create your own coffee filter butterfly. Join a naturalist for a hike through the Nature Preserve to investigate the pipevine swallowtail's world. All ages welcome.
Saturday the 28th at 10:30AM

Bountiful Harvest
Take a guided tour of the replica Maidu Indian village and learn how the native people used the natural resources of the area for food, clothing, medicine and shelter. All ages welcome.
Sunday the 29th at 1:30 PM

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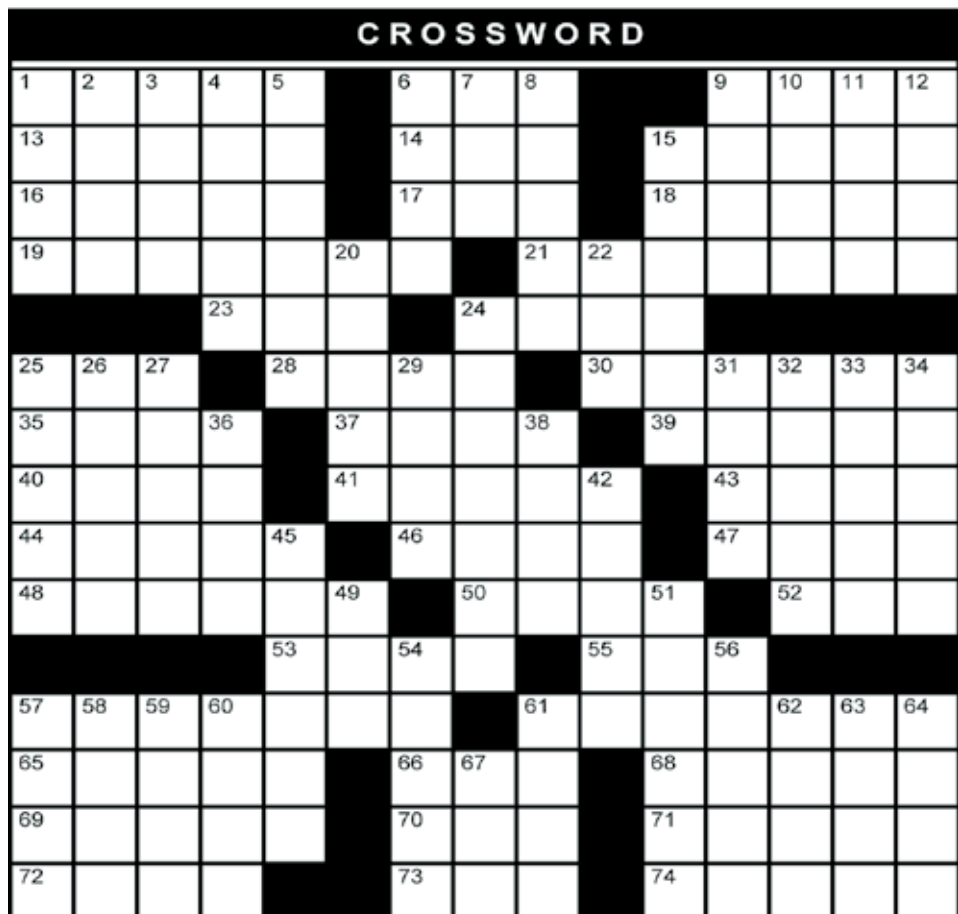
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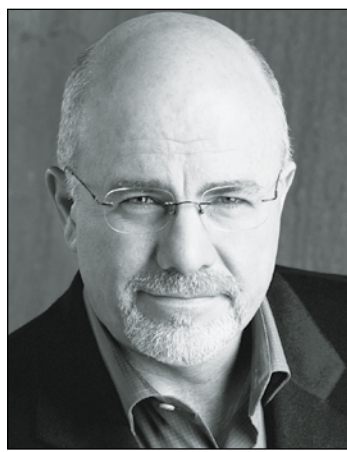


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CLUES

- ACROSS**
- "In 1957 this group honored MLK Jr.
 - Berate or annoy
 - "The ___ Thing," movie
 - Islam's Supreme Being
 - Short for Elijah
 - Indulgent shopping trip
 - Shabby and tatty
 - "Kingdom of ___ in Northern Morocco
 - Mothball substitute
 - "Last king of Lydia
 - "Queen's lead
 - Greed, e.g.
 - Skin opening
 - "Tutankhamun, e.g.
 - Mine is yours?
 - Some use gas, others are electric
 - 3rd and 5th in Manhattan
 - 2 more than eagle, pl.
 - "John Philip Sousa, aka The ___ King
 - ___ market
 - ___-__-la
 - "The Dark Knight" actor
 - Permit
 - America's choice
 - Strikebreaker
 - To close again
 - Like an ear infection
 - Estimated arrival
 - Wildcat
 - Spelling competition
 - Special anniversary
 - "Queen Elizabeth II's grandson
 - Wombs
 - Pastrami on ___
 - Tightly-twisted cotton thread
 - Shermans in World War II
 - Victory sign
 - Administrative
 - "___ So Fine"
 - "Yakety ___"
 - Lays in peace
- DOWN**
- Narcotics lawman
 - Having wings
 - Lowest female singing voice
 - Actress Phoebe ___
 - Laxative
 - Fair-play watchdogs
 - A in IPA
 - Gadget
 - Specification
 - Pakistan's official literary language
 - End of the line
 - Like a ghost
 - Munch's masterpiece "The ___"
 - Unfit or inappropriate
 - "To ___ is human"
 - Self-contradiction
 - "Brunhoff's green-clad king
 - Immature ovum
 - Hollers
 - Hindu woman's dress
 - Picks up, as in suspect
 - Actress turned princess
 - Pomp
 - "Queen of this land paid Solomon a visit
 - ___ gin
 - One-armed bandit
 - Defendant's excuse
 - "She cost Edward VII his throne
 - NaOH
 - Used for storage
 - In a tense state
 - Omit
 - Sticks out
 - Home to the Jazz
 - "Well" to Sofia Loren
 - Irritates
 - 7 days
 - Doctrines
 - Same as alighted
 - ___ room
 - Affirmative response

For Solution See Page 7



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times best-sellers – *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Protection from Credit Sharks?

Dear Dave,
Is there some way to put a block on a credit report prior to sending a kid to college, so that the credit card hustlers can't get to them?

- Trevor

Dear Trevor,
No, there's not. Unfortunately, in today's culture that's part of

Dave Says

becoming an adult. When you hand them car keys there's no way to put a block on how they drive. And when they turn 21, there's no way to put a block on what they ingest.

About the only thing you can do is to teach your kids to the best of your ability, and be a good parent and good example. Teach them why debt is dumb, and show them how it eats away at their ability to save money and build wealth.

And for goodness sake, don't use credit cards yourself. Kids can smell a hypocrite a mile away!

- Dave

Worry About Your Wallet, Not Your Image

Dear Dave,
I'm a new doctor, and I drive a car that has over 200,000 miles on it, is 10 years old, and a few dings in the doors. I've heard image is everything when you're a doctor, but I like not having a car payment. Should I just get over being self-conscious about my old car?

- Mario

Dear Mario,
I like not having a car note, too. I'd walk, ride a bike, or drive your car with a great, big smile on my face before I picked up a car payment!

As new, young doctor you've probably got six figures in student loans hanging over your head right now. So you need to get out from under all that before you start thinking about driving something fancy. If this car is truly on its last legs, then I'd say save up for a few months then upgrade to a good, reasonably-priced, used car.

Just remember, a Mercedes or BMW doesn't prove you're a doctor, and it doesn't mean you're a good doctor, either. You just need to worry about what's smart for you instead of what other people think!

- Dave

*For more financial help, please visit daveramsey.com.



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		6	4		7			
		9				7	3	
5	3							6
9			8		4			2
			3		1			
2			9		6			7
6							8	5
	1	8					9	
			6		8	2		

Come back every week for Sudoku!
 For Solution See Page 7.

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FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01423. Kari Ann Hamilton, 2054 Walnut Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "White Knight Construction Accountants and Specialty Services" at 2054 Walnut Ave., Carmichael, CA 95608.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01767. Rama Family LLC, 8116 Sonoma Way, Sacramento, CA 95828 is doing business under the Fictitious Business Names "LA Boxing; Reaves Academy of Martial Arts; LA Boxing of Sacramento" at 8241 Bruceville Rd. #140, Sacramento, CA 95823.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01321. April E. Figgess, 5805 Shepard Ave., Sacramento, CA 95819 are doing business under the Fictitious Business Name "White Wall Design Group" at 5805 Shepard Ave., Sacramento, CA 95819.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01843. 5248 Whitney Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "O-Bento" at 4128 El Camino Ave. #2, Sacramento, CA 95821.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01596. Consortium of Business Continuity Professionals, Inc., 10 Nellis, Sacramento, CA 95835 is doing business under the Fictitious Business Names "Tech Continuity; Continuity Planning for Business" at 10 Nellis Sacramento, CA 95835.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01868. Carol Ann Nutter, 4720 Solano Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Fundraising Emporium" at 4720 Solano Way, Fair Oaks, CA 95628.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01707. SPH Enterprises, LLC, 213 Bowen Rd., Davenport, FL 33837 is doing business under the Fictitious Business Names "1-GB.NET / PPN Hosting / PPN Studio" at 1930 Apartment Lane #2, Sacramento, CA 95825.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME AND GENDER #34-2012-00119812

WHEREAS, Angela Christine Hogy has filed a petition with this court for a decree changing name of Angela Christina Hogy to Alexander Vaughn Hogy. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 13, 2012 in Dept. 53, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

Judge of the Superior Court Publish: March 7, 14, 21, 28, 2012. HOGY 120301 3-28-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00119213

WHEREAS, Larry Curtis Thomas has filed a petition with this court for a decree changing name of Larry Curtis Thomas to Max Kennedy London. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 5, 2012 in Dept. 54, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00118971

WHEREAS, Emily Elizabeth Jones has filed a petition with this court for a decree changing name of Emily Elizabeth Jones to William Emit Carver. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 2, 2012 in Dept. 54, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00119089

WHEREAS, Cecilia Laura Webb has filed a petition with this court for a decree changing name of Cecilia Laura Webb to Cecilia Laura Portala. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 3, 2012 in Dept. 53, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00119542

WHEREAS, Michael David Soper has filed a petition with this court for a decree changing name of Michael David Soper to Michael David Rossi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 10, 2012 in Dept. 53, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

Judge of the Superior Court Publish: March 7, 14, 21, 28, 2012. ROSSI 120301 3-28-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00119216

WHEREAS, Timothy S. Betschart and Teal Gaydos have filed a petition with this court for a decree changing name of Rylan Elizabeth Gaydos to Rylan Elizabeth Gaydos-Betschart. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 2, 2012 in Dept. 53, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

NOTICE OF PETITION TO ADMINISTER ESTATE OF JESUS BELTRAN aka Jesus Magana Beltran CASE NO. 34-2011-00113998

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of JESUS BELTRAN aka Jesus Bagana Beltran: A petition has been filed by Maria Marengo-Puertas in the Superior Court of California, County of Sacramento, requesting that Maria Marengo-Puertas be appointed as personal representative to administer the estate of the decedent.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01913. William Glasser, 4231 Paradise Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Paso Properties" at 7220 Fair Oaks Blvd. #D, Carmichael, CA 95608.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-011344. Stacia J. Matheny, 6301 Cazador,

Rancho Murieta, CA 95683 is doing business under the Fictitious Business Name "While You're Away Pet Sitting, Etc." at 6301 Cazador, Rancho Murieta, CA 95683.

NOTICE OF TRUSTEE'S SALE File No. 7042.22870 Title Order No. 6186886 MIN No. 100274810200254695 APN 272-0122-002-0000

THE HOUSE OF REFUGE MINISTRIES OF SACRAMENTO, MARZMAN; V.I.N.E. MINISTRIES at 8700 Spruce Ridge Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on February 14, 2012.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02151. Ronald C. Ogg, 7712 McMullen Way, Sacramento, CA 95828; Joseph M. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660; Barbara L. Ogg, 7712 McMullen Way, Sacramento, CA 95828; and Myrtle J. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660 are doing business under the Fictitious Business Name "Coke Castle Bakery" at 7907 Fair Oaks Blvd., Carmichael, CA 95608.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01961. Jennifer Bale, 5132 El Camino Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Balance Organizing" at 5132 El Camino Ave., Carmichael, CA 95608.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00114567

WHEREAS, Mysha Patterson has filed a petition with this court for a decree changing name of Nicholas Loren Reed to Nicholas Loren Stevenson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 13, 2012 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00115938

WHEREAS, Angie K. Singh has filed a petition with this court for a decree changing name of Pria Temple Singh Hernandez to Pria Temple Singh. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 13, 2012 in Dept. 16, located at 720

the sale of this property, you may call 877-484-9942 or visit this Internet Web site www.USA-Foreclosure.com or www.Auction.com using the file number assigned to this case 7042.22870.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02466. Sacramento Central Seventh-day Adventist Church, 6045 Camella Ave., Sacramento, CA 95821 is doing business under the Fictitious Business Name "Your Neighbor Community Thrift Store" at 6200 Folsom Blvd., Sacramento, CA 95819.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01330. Tijuana Lynne Herron and Jeffrey Marlon Herron, both of 8700 Spruce Ridge Way, Antelope, CA 95843 are doing business under the Fictitious Business Names "The House of Refuge Ministries of Sacramento; MarzMan; V.I.N.E. Ministries" at 8700 Spruce Ridge Way, Antelope, CA 95843.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02152. Ronald C. Ogg, 7712 McMullen Way, Sacramento, CA 95828; Joseph M. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660; Barbara L. Ogg, 7712 McMullen Way, Sacramento, CA 95828; and Myrtle J. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660 are doing business under the Fictitious Business Name "Coke Castle Bakery" at 5601 66th Ave., Sacramento, CA 95823.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01850. Jorge Martin Aluy, 3116 Avonmore Dr., Modesto, CA 95355 is doing business under the Fictitious Business Name "Green Solutions" at 2516 San Jose Way, Sacramento, CA 95817.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00115938

WHEREAS, Angie K. Singh has filed a petition with this court for a decree changing name of Pria Temple Singh Hernandez to Pria Temple Singh. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 13, 2012 in Dept. 16, located at 720

9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00110354

WHEREAS, Nicholas Ouellet has filed a petition with this court for a decree changing name of Nicholas Ouellet to Nicholas Alexander Ouellet. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 24, 2012 in Dept. 53, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02152. Ronald C. Ogg, 7712 McMullen Way, Sacramento, CA 95828; Joseph M. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660; Barbara L. Ogg, 7712 McMullen Way, Sacramento, CA 95828; and Myrtle J. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660 are doing business under the Fictitious Business Name "Coke Castle Bakery" at 5601 66th Ave., Sacramento, CA 95823.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01850. Jorge Martin Aluy, 3116 Avonmore Dr., Modesto, CA 95355 is doing business under the Fictitious Business Name "Green Solutions" at 2516 San Jose Way, Sacramento, CA 95817.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00115938

WHEREAS, Angie K. Singh has filed a petition with this court for a decree changing name of Pria Temple Singh Hernandez to Pria Temple Singh. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 13, 2012 in Dept. 16, located at 720

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02196. Professional Prosthetics, Inc., 2844 Barbarell Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name "Professional Prosthetics, Inc." at 2844 Barbarell Way, Sacramento, CA 95821.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02466. Sacramento Central Seventh-day Adventist Church, 6045 Camella Ave., Sacramento, CA 95821 is doing business under the Fictitious Business Name "Your Neighbor Community Thrift Store" at 6200 Folsom Blvd., Sacramento, CA 95819.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01330. Tijuana Lynne Herron and Jeffrey Marlon Herron, both of 8700 Spruce Ridge Way, Antelope, CA 95843 are doing business under the Fictitious Business Names "The House of Refuge Ministries of Sacramento; MarzMan; V.I.N.E. Ministries" at 8700 Spruce Ridge Way, Antelope, CA 95843.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02152. Ronald C. Ogg, 7712 McMullen Way, Sacramento, CA 95828; Joseph M. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660; Barbara L. Ogg, 7712 McMullen Way, Sacramento, CA 95828; and Myrtle J. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660 are doing business under the Fictitious Business Name "Coke Castle Bakery" at 5601 66th Ave., Sacramento, CA 95823.

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01850. Jorge Martin Aluy, 3116 Avonmore Dr., Modesto, CA 95355 is doing business under the Fictitious Business Name "Green Solutions" at 2516 San Jose Way, Sacramento, CA 95817.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00115938

WHEREAS, Angie K. Singh has filed a petition with this court for a decree changing name of Pria Temple Singh Hernandez to Pria Temple Singh. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 13, 2012 in Dept. 16, located at 720

a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 16, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: March 28, April 4, 11, 18, 2012.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00121114

WHEREAS, Sharon Carmel Moore has filed a petition with this court for a decree changing name of Sharon Carmel McIntyre to Sharon Carmel McIntyre. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 4, 2012 in Dept. 54, located at 720 9th St., Room 101, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

DELIVERY ROUTES AVAILABLE CALL 773-1111 MPG

Correct solution for Crossword Puzzle on Page 6 of Carmichael Times 03-21-12

Crossword puzzle grid with letters: DRACO, AWL, PSST, RURAL, BAA, BOWER, ALIBI, ERR, AGATE, BELOVED, DOROTHY, TICE, ESPY, NAP, ALEX, SOLOED, ALEE, ACHE, NACRE, WORM, THATS, SHIA, AHEMS, OUCH, SECT, BAZAAR, SHAM, RAH, MUTT, RIO, ULYSSES, DICKENS, KYOTO, ATE, RAMIE, ELGIN, RAM, OPINE, SEAR, SRI, NITER

The solution for Crossword Puzzle on Page 6 of Carmichael Times 03-21-12 was misprinted on Page 7 of the issue. We apologize for any inconvenience.

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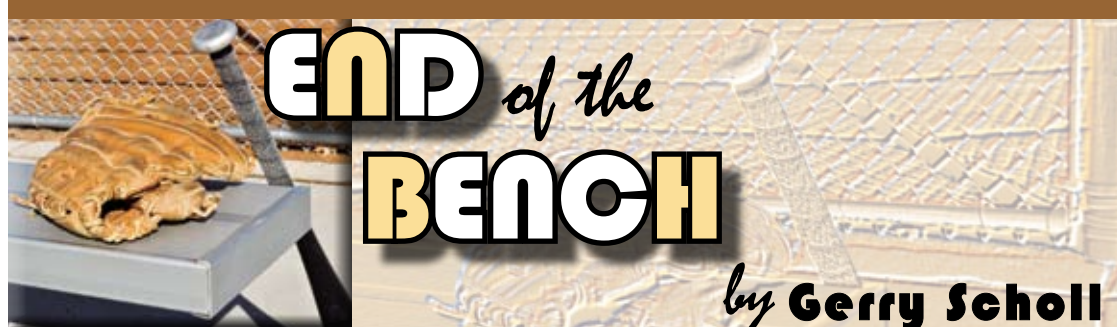
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by **Gerry Scholl**

Mutinies and the Bounties

When former Sacramento coach Paul Westphal was run out of town by his under-performing players, the episode bruised the hearts of Kings fans.

Westphal seems to be such a pleasant, likeable fellow, was an excellent player in his day, and has been a solid, successful, experienced coach in the NBA.

But it was clear, from watching games during Westphal's tenure, the coach had "lost the locker room." Particularly, his clashes with budding young star center DeMarcus Cousins sealed his fate. The coach is usually the one to walk the plank when player mutinies take place. In the end, Westphal's overthrow may prove to have a positive outcome.

Thanks to the efforts of new coach Keith Smart, coupled with the successful campaign for a new arena deal for the city, Kings fans' spirits are on the rise, despite still residing in last place in the Pacific Division.

The team's caliber of play is also on the rise under Smart. Living up to his name, the coach has made a connection with Cousins, who as he matures will become a dominating force in the middle and the key to the Kings' future success.

The coach has established a more settled lineup and rotation, and more defined roles. He has power forward Jason Thompson playing the best ball of his career, and recognized rookie point-guard Isaiah Thomas as the steal of the draft and that Thomas can energize and lead the team.

Through a recent stretch the Kings split ten games and, if it weren't for their propensity to suffer the last-second blues, they could have won two more

of the ten — a big improvement over what the fans are accustomed to of late. In position for another top draft pick and with a growth spurt with Smart at the helm, the Kings should make a move toward a playoff berth next season.

Meanwhile, a short drive down the I-80 corridor there is another type of mutiny — a fan uprising at Oracle Arena, home of the Golden State Warriors.

The Warriors retired the jersey of Hall of Famer Chris Mullin (No. 17) at halftime of a game last week. What was supposed to be a celebration of Mullin's illustrious career turned into a forum for the fans to voice their displeasure with the state of the team.

The ceremonies were going alright until new owner Joe Lacob took the microphone after Mullin's speech — a bad move. Doesn't he know politicians and owners always get booed at sports events unless there is a victory celebration involved?

On the heels of the unpopular trade (which also may be a good thing in the long run) of the most entertaining and popular star of the team over the last few years, Monta Ellis, Lacob's bad timing provided an untimely opportunity for Warriors fans to vent their frustrations. Mix in the rumblings regarding a possible move of the franchise back to San Francisco and many of the fans were primed to let the boss really have it. Too bad it put a damper on Mully's night, but that's what 35 years of mediocrity can do, even to what is considered to be one of the classiest fan bases in sports.

The Warriors should consider themselves lucky that their fans haven't taken to wearing bags

over their heads, as New Orleans Saints fans used to do when the team was perennially horrible. By the time the Saints won the Super Bowl in 2010 the bags were gone. When the Saints go marching out to the field next season they may find that the bags have returned.

The team has been shamed as a result of Bountygate. The Saints' practice of awarding cash bonuses for particularly devastating blows ("knockouts, cart-offs and kill shots") to targeted players on opposing teams, which persisted despite warnings from the league, has resulted in a "death-penalty" blow to the franchise by NFL Commissioner Roger Goodell. Head coach Sean Payton was suspended for next season and, in a first, general manager Mickey Loomis was suspended for eight games. The key culprit, former defensive coordinator Gregg Williams, has been banned indefinitely. The Saints also were fined and stripped of two second-round draft choices.

At a time when health and safety concerns, along with numerous concussion-related potential lawsuits, are at the forefront, the league had to come down hard and make an example of the Saints to be sure the "bounty" system, apparently ongoing on lesser levels around the league, was eliminated. The exposure of the practice could have repercussions stretching far and wide with regard to the integrity of the game.

The game can be played without head-shots or deliberate intent to maim. But when big, big money is at stake cheaters aim to prosper, and oftentimes do.



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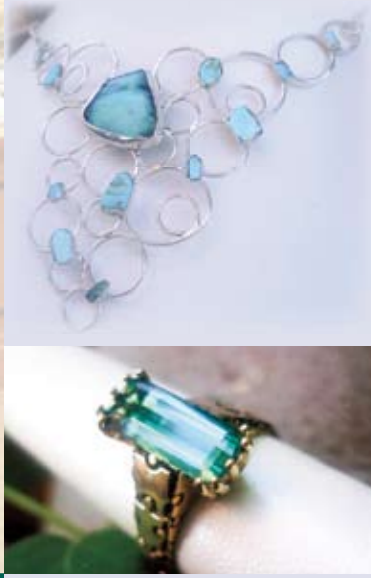
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March 31, 2012 Robert Regis Dvorák Workshop

April 3 - 21, 2012 WASH Members Watercolor Show
April 24 - May 5, 2012 Friday Morning Figure Group Show

Victoria Brooks will present a program at the NCA General Meeting
April 11, 2012 - 7 pm



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Roger Niello: "Our mission is to foster regional economic prosperity."

By Julie Parker

A fun, personal perk for Roger Niello, as President of the Sacramento Metro Chamber, is the view of the river and Tower Bridge from his office. An old River Lines' warehouse once stood nearby, which had a family connection.

During the Depression, four fare warring tugboat and barge freight companies on the Sacramento River decided to merge to avoid bankruptcy. Niello's maternal grandfather and great-grandfather became CEO and Chairman of the resulting River Lines, which included the Delta King and Queen until World War II. The farms along the river inspired his grandfather to buy a pear ranch, which Niello's uncle now owns.

River business slowed and migrated to the San Francisco Bay in the 1970s.

Niello's parents met on a blind date in San Francisco, subsequently marrying in 1944, just before his father shipped overseas to fight in the Pacific. Post-war, Niello's father returned to San Francisco and worked for his father's Packard dealership. Acquired by Studebaker, Packards ceased to be manufactured in the 1950s. So, when Niello's grandfather passed away in 1952, his parents liquidated the dealership.

Niello's family left San Francisco for Marin County, and after his father and Wes Lasher obtained a Volkswagen franchise in 1955, the family relocated to Sacramento. (The company's logo "since 1921" refers to the original family involvement in the auto business in Northern California.)

Niello attended Oroville Wright, Arden, Jonas Salk and Encina. "I would always sit at the back of the room, because I was born completely deaf in my left ear, and growing up I never wanted people to know it. I was afraid if I sat in the front,

someone would think I was there because I wanted to hear better."

His mother made tacos for birthdays and other special occasions. "My brother Rick and I would have taco eating contests. We'd eat as many as twelve of them and be sick as hell."

Although he played in Little League, Niello claims brothers David and Rick were better athletes. "Rick pitched a no-hitter. Very unusual in Little League." Niello, however, was a strong swimmer. "He would beat me in the 50, I'd beat him in the 100, and we'd tie in the 75."

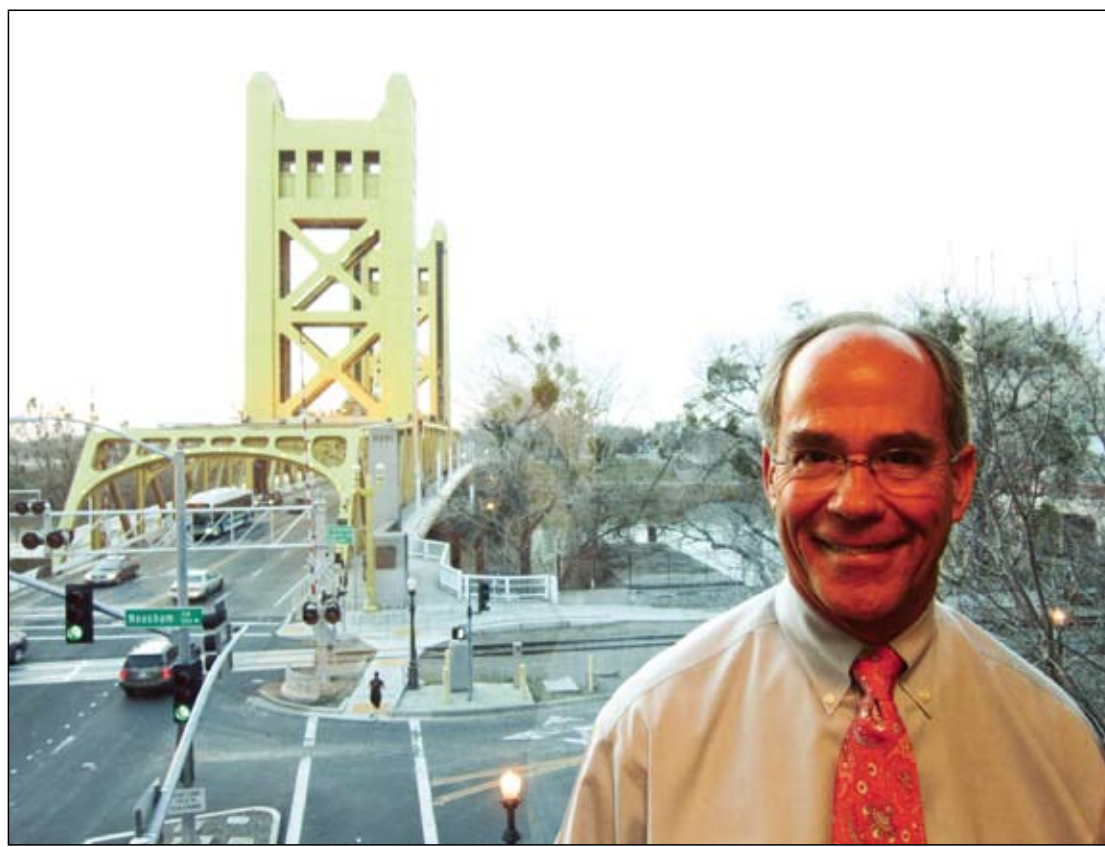
One of the boys on his swim relay team at Arden Hills had a younger sister, Mary. "I didn't know her well, although I spent the night at their house one time and remember her as being kind of a pain in the neck."

The family camped and skied at Badger Pass in Yosemite during the Christmas season. Niello learned to ski when he was about twelve, when there were no chair lifts, only rope tows. They also took road trips in a Vanagon, visiting Yosemite, Southern California and Seattle.

In the summer of 1966, he traveled to Europe with the YMCA, journeying through Russia, which was very unusual for Americans during that time. They even ventured behind the Iron Curtain. "They told us, 'Do not change money with people in the street. Do not agree to sell things. They'll want to buy your Levis. Don't do it.' We could get arrested for dealing in the Black Market.

I was happy I had taken German in high school, because more people spoke German in Russia, than French. I enjoyed meeting kids my age and learning they were just like us. What really struck me was the strong contrast between their sparsely supplied grocery stores compared to the stores in our country."

Niello's father let him drive his own car in college - a 1967



The view of the river and Tower Bridge from his office is a fun, personal perk for Roger Niello. Photo by Julie Parker.

Volkswagen bug convertible. "I used to borrow my mom's Ford station wagon and we'd take the air cleaner off of the carburetor to make it sound really cool. I purchased a motorcycle with a good friend of mine, but I didn't tell my parents about it. I think it was a Kawasaki. The problem is my dad found out. He said, 'If you've got a motorcycle, you don't need the car, so give the car back. Now that I've got the car back, you can't have the motorcycle. Having that motorcycle provides a risk to me, because you're a dependent of mine.' So, I was wheel-less, until I earned my way back to another car about a year later, and that was a Karmann Ghia convertible."

He reconnected with a now older Mary who happened to be part of the European trip. "We just sort of hit it off and started dating." They married at St. Ignatius Church in June 1970, and

ultimately raised five children, the oldest of whom is now 40. "I don't know how that happened. I just turned 40 a few years ago.

We were going to take the kids to Europe one year, but then I started adding up the costs."

And Niello knows his math, having received a Masters in Science and Accounting, with a minor in Information Systems. He worked for Arthur Andersen in San Jose for three years auditing, designing programming and installing computer based information systems for clientele.

Meanwhile, his father expanded his business to a second location and felt the need for a corporate controller. "Because I was the bean counter in the family, he asked if I was interested." He was, joining the family business in 1974, and continuing for 25 years. Politically, Niello has kept busy at both local and statewide

levels, including serving on the California State Assembly.

In 1995, Niello served as President of the Sacramento Metropolitan Chamber of Commerce, and returned to the fold in January of this year.

Although the bulk of the Chamber's members are located in Sacramento County, it is a regional chamber, with interests in the six county region.

"Our mission is to foster regional economic prosperity." To that end, its three main areas of focus are public policy, advocacy and economic development.

On its annual Cap to Cap trip, 400 people travel from Sacramento to Washington D.C. to lobby on behalf of our community. State legislative summits throughout the year address policies of various local jurisdictions.

A current initiative, "The Next Economy" (nexteconomycapitalregion.org), is a collaborative

effort of four private sector business support groups - Metro Chamber, Sacramento Area Regional Technology Alliance, Sacramento Area Commerce and Trade Organization (SACTO), and Valley Vision.

An independent economic statistical firm performed a survey, and identified six or seven local economic drivers. The Chamber is focusing on four of the clusters, which are primarily involved with exporting. Not surprisingly, agriculture is one of the major clusters, along with technology. "In the tech area, we lack a significant amount of venture capital. That compromises the ability of start-ups. What can we do to get venture capital companies to come here?"

Four separate working groups of people within the region that work in those clusters will convene to define their value in the chain - suppliers, inputs and outputs of production, buying and selling in and out of the region. "What do businesses need that is not available locally? With the results, we will come up with some action plans that entities, governments, educational institutions and companies can do to try to meet those needs.

We have too much government. Government employment here is about 30% and we need a higher private sector. We not only want to attract new businesses, we want to support businesses already in place as well."

One example of support is a "green" program - The Sacramento Area Sustainable Business Program. It helps promote businesses that take voluntary actions to prevent pollution and conserve resources. (<http://sacberc.org/Web/programs/ssbp/>)

Nurturing developing business and innovative business seeds, The City of Trees and its surrounding regions will continue to grow.

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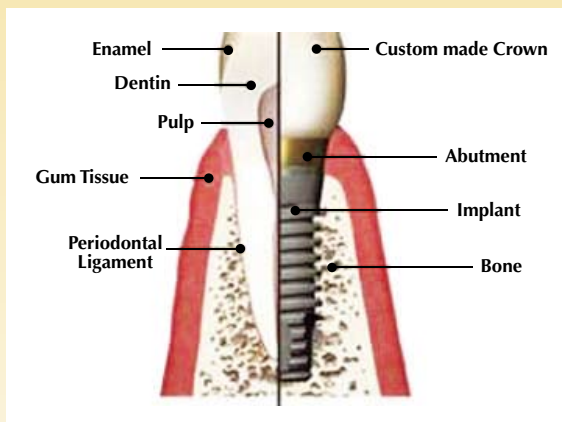


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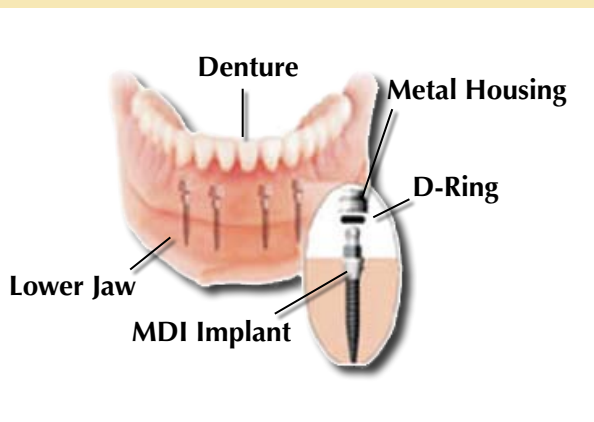
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What Kind of Power Should Government Have Over Your Life?

Commentary by
Brandon Smith
Whiskey & Gunpowder
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The concept of government power is a strange and complex cipher. The existence of governments has always been predicated on assumptions of necessity, but few societies have ever truly considered what those necessities might be. What is government actually good for? What do they do that is so important? And, what happens when a government fails in the roles and duties that a culture deems vital? We tend to view government as an inevitability of life, but the fact is, government is NOT a force of nature, it is a creation of man, and it can be dismantled by men just as easily as it can be established.

In America, many people see government as an extension of the Republic, or even the source, and an animal that feeds at the behest of the common citizen. An often heard argument against the idea of drastic change or even rebellion within the establishment system is the assertion that the government "is us". That it is made of Americans, by Americans, and for Americans. That there is no separation between the public, and the base of power. This is, of course, a childish and fantastical delusion drawn from a complete lack of understanding as to how our system really operates today. How many people out there who make this argument really believe at their very core that they have any legitimate influence over the actions of the state? I wager not many...

At bottom, to cling to the lie that the government as it stands is a construct of the people is an act of pure denial designed to help the lost masses cope with underlying feelings of utter powerlessness.

Unfortunately, the U.S. government has shown clearly through word and action that its concerns are not with the average American, and that its loyalties rest with decidedly smaller and more elite interest groups. When elections once meant to dissuade political abuse become a false paradigm tool for the maximization of tyranny, have we not lost our voice as a society? When any government decides it is no longer concerned with the freedom and prosperity of a nation, no matter how righteous that government claims to be, we MUST, as citizens, ask ourselves whether that government is still useful to us, and what kind of power it should be allowed to wield. It is a dereliction of our duty not just as Americans but as human beings to simply treat government as a realm outside of our control or concern. It is lazy. It is dangerous. It could very well be disastrous. Government should answer to us, now and forever.

As the new millennium stampedes forward, however, it appears that the intended roles of the American dynamic have been reversed. The progression of the

past decade has seen a hailstorm of legislation and executive orders that impede personal liberties and erode Constitutional protections in place for centuries. So many trails towards totalitarianism have been blazed recently that it is becoming difficult to track them all, and yet, I do not think many in our country have asked themselves what this means to their future. What kind of rights are you ready to hand over to government? How many aspects of your life should the establishment be able to dictate? How much freedom are you willing to give away?

While pondering these questions, each man and woman should also take into account the powers that those in government THINK they deserve. What have they asked for lately? What have they taken without permission? Here is just a short list of the more detrimental declarations of authority attempted over the past decade along with the pieces of legislation and executive orders used to make them "all legal"...

The Power To Invade Your Privacy

The U.S. government has long held at least a private belief that it should be allowed access to every aspect of a citizen's personal life. In the past, the excuse of criminal suspicion was a standard rationalization, but this expanded beyond the targeting of individuals to broader surveillance of the populace as a whole with the advent of the drug war. Financial records especially became subject to government perusal without warrant and generally without any criminal charges filed.

This trampling of the 4th Amendment over a fabrication of a "war" on substances that by all rights should be legal anyway was just a taste of what was to come. With the explosion of the war on terror (another fabricated conflict), the application of mass surveillance became standardized. The Patriot Acts and the FISABill, both upheld by so called "Republican" and "Democratic" presidents, have opened the door for centralized electronic spying in the name of "national security". Never before has the world seen such an unbridled assault on the private lives of common citizens. The big brother grids of the Soviet era are child's play compared to the data mining of the 21st century, and this tyranny is made possible by the marriage of government and corporate interests, working in tandem to ensure an ever tightening net.

The usual ill conceived debate point for such surveillance is the claim that it is "for the greater good", for our own safety, and that if we have nothing to hide, we have nothing to fear. It is not uncommon for slaves to embrace the loss of privacy in the name of safety, even if that feeling of safety is an illusion, but, in the end, whether we have something to hide is none of the government's concern. In a true Republic, innocent until proven guilty is a paramount ideal, and

this ideal cannot exist in a country where everyone is treated as a suspect at every moment of every day. No politician, no corporate body, no president, no alphabet agency in existence is exalted enough to play the all seeing all judging eye of god. This kind of power in the hands of an organization whose sole purpose is self preservation and expansion at any cost? Absolutely unacceptable!

The Power To Silence

From the DHS, to the private Federal Reserve, to Google and Facebook, the tides of opinion and social observation are being tracked, catalogued, and flagged for future intervention. With active programs now in place to identify and isolate negative online criticism of these institutions as well as to marginalize freelance web journalists and more mainstream media icons with a strong voice, the general public is finally beginning to see what we in the Liberty Movement have been warning about for years.

The invasion of privacy is merely the first step in the process of silencing dissent. If the citizenry is put in a position in which they know they are constantly being watched, they may decide to censor themselves to avoid possible retribution. In fact, the destruction of free speech has always been accomplished in history first by the target population itself. Terrified of real and imagined consequences, people begin to filter their own views, until a single harmless and homogenized collective voice forms.

The near miss of SOPA legislation has proven as well that the government hopes to one day be able to summarily vaporize internet outlets based on whatever guidelines they see fit to apply. It also showed that the American public is not going to roll over while this occurs. I think it safe to say that the internet is the very last bastion of free speech in the world, free from filtration, bureaucratic meddling, and corporate vampirism. SOPA was a test case. New and more subversive methods will arise, and shutting down the web as we know it will be a number priority for our government for the foreseeable future.

"Free speech zones" aside, protest is becoming far more difficult in this country. Less-than-lethal devices like tasers, rubber bullets, tear gas, sound cannons, microwave guns, etc. have "humanized" the act of government violence against peaceful protest, but the effects of violating the 1st Amendment are the same. Add to this the use of Fusion Centers to coordinate armies of riot cops with the help of the DHS, the FBI, and even the military, and you have a high grade goon machine constructed to undermine the people's right to redress grievances. It has become obvious that this government not only wants to stifle your ability to affect change through electoral means, but it is also determined to make sure you can't openly

complain about being muscled out of the political process either.

The Power To Financially Destroy

Of course, much of the economic distress that we suffer today was generated by the corrupt activities of the Federal Reserve (a privately controlled banking cartel) and global financing conglomerates like JP Morgan and Goldman Sachs, however, the government's complicity in these activities cannot be denied. It was the Congressional repeal of the Glass-Steagall Act that gave international banks the ability to derivitize massive numbers of mortgages and create the ongoing implosion of the housing bubble. It was the SEC that turned the other cheek for years while credit fraud flooded markets and ratings agencies gave AAA status to toxic and basically worthless assets. It is the U.S. government to this day that defends the Federal Reserve's nonstop quantitative easing, the destruction of the dollar, and increased deficit spending driving our nation even deeper into debt. The passage of the bailouts despite an 80% opposition from the public sent a stark message; the government does not care what you think about the economy, and will do what it pleases, even if it means destroying your means of fiscal survival.

The Power To Imprison Without Trial

The NDAA is truly a perfect representation of the kind of power the government would like to have over the people, no questions asked. The Obama Administration's half hearted promises to not use the provisions of the legislation to detain American citizens indefinitely without trial are little comfort, especially when one considers that the man has not kept a single positive promise since taking office in 2008. Frankly, I would have slightly more respect for the president (which isn't much) if he had the guts to come out and admit what the language of the NDAA clearly states; that American citizens can and will be designated as enemy combatants under the rules of war, and that anyone, regardless of citizenship, can be labeled a "terrorist" for any reason by the executive branch.

I suppose the one good side effect of the passage of the NDAA is the level of awakening going on in the American public to the direction our country is taking. Not to mention, the scrambling that political representatives now have to do to cover themselves and explain away their support for the draconian measures.

For those who do not grasp the ultimate goal of this kind of legislation, the NDAA seems outlandish, or insane. But, in a certain light, it is perfectly logical. A government that seeks totalitarian control is REQUIRED to remove the protections that a jury trial affords, otherwise, it cannot function in the manner

it desires. If a person is given the opportunity of a jury by his peers, this takes the ability to criminalize out of the hands of government and places it in the hands of a third party. Just as in the economy, the globalists who stand at the helm of our country would very much like to centralize law. This means removing all checks and balances from the equation. In the name of national security, Washington D.C. considers all things possible...

The Power To Kill Without Trial

Another program supported by both Republican and Democratic presidents, the ability to assassinate American citizens without trial based on mere accusations from the executive branch is a highly useful tool for tyranny. Over the past couple years the questions have always been; how far do they plan to take this policy, and, will they try to use it against American citizens on American soil? These questions have been indirectly answered by FBI head Robert Mueller when he tried to dodge them in a recent hearing:

Mueller's claim that he is "not sure" if Americans can be assassinated on U.S. soil is the same as an admission that this is at the very least being considered. Given the legalize wrangling that both Mueller and Eric "Fast and Furious" Holder have tried to implement in rationalizing the use of assassination, I find it hard to fathom that anyone would NOT expect they would use the policy for Americans on home turf. The power to kill or imprison without trial is expressly forbidden by Constitutional law and the Bill of Rights. Such abuses were the primary cause of the Revolutionary War, yet, here we are again, dealing with the same murderous reasoning with a slightly different face.

The Power To Militarize

Federal fusion centers and funding for local law enforcement has irreparably damaged state and county objectivity and opened the door to a steady diet of anti-liberty propaganda for police officials across the nation. Some eat it up, some don't. However, the issue here is one of intention. Why does the federal government feel the need to arm divisions of local law enforcement with automatic weapons, predator drones, and even tanks? Why is Congress going out of its way to free up FAA regulations to allow police organizations unprecedented access to predator drones, up to 30,000 by 2020, for use in civilian airspace?

Why does the DHS suddenly need 450 million rounds of .40 cal ammunition from ATK?

And why has Obama quickly and quietly signed the Executive Order for National Defense Resources Preparedness? Though many will claim the order only refreshes such continuity of government policies seen in older programs like Rex 84, I find it a bit disconcerting that our government suddenly feels the need

to rehash Rex 84 powers at all!

The order is a claim to eminent domain, not just over land, but over every resource imaginable in the face of a "national emergency". Using military force, all goods, services, and property, can be confiscated in the name of support for military and governmental logistics. In an article written in February titled "The DHS Defends Globalism, Not America", I warned that Janet Napolitano's language of supply chain protection and resource allocation could only be supported by the pilfering of goods from one place to feed another.

Now we see that this was indeed the intention all along. Given that the John Warner Defense Authorization Act allows the president to declare a national emergency and martial law for almost any reason at any time without oversight from Congress for at least 6 months, the possibility of vast programs of resource confiscation becomes much more likely.

The power to militarize a culture at will, and to force that culture to work and produce in the name of the state and the benefit of the state is perhaps the most terrifying power of all. It is, for all intents and purposes, the power to enslave.

What Has Our Government Become?

Really, who needs terrorists when you have a government like ours? If it is the widespread destruction of the principles that founded our society that you fear, then the last enemy you need worry about is the Muslim boogie man. The greatest threat to our way of life is an institution that has always operated right under our noses and acted with impunity sheltered by the very borders it is tasked to defend. It is the only group in existence that has the resources, the military backing, and the proven intent to undermine liberty in America. It is the supreme threat to individual freedom in the world today. And, the worst irony of all is that it commits every one of its crimes in our name.

So, there comes a point when we have to decide what kind of respect this brand of monstrosity deserves? It would appear that the government, or at least root elements of it, see the American people as the enemy. And why not? We are, in the end, the only force on the planet in a position to deconstruct the machine, so it only follows that we find ourselves locked in its crosshairs. We have not been given much choice. The only decision left to make is one within each individual. How much do we really need the system, and how much pain and horror are we willing to endure to satisfy its insatiable hunger? Where will we finally draw the line...?

Regards,
Brandon Smith
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