



**MPG WISHES EVERYONE
A HAPPY EASTER!**

PLUS:
*During the Tax Season Take
Measures to Avoid Identity Theft*

Page 4

Carmichael Times

Volume 32 • Issue 14

Serving Carmichael and Sacramento County since 1981

April 4, 2012

**Sertoma Club
Celebrates 100
Years of Service**



Page 2

**What's Up
With Hiring Trends?**



Page 4

**District Attorney
Jan Scully:
National Crime
Victims' Rights Week**



Page 12



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Distracted Driving Puts Teens at High Risk

Female teens are twice as likely as male teens to use cell phones and other electronic devices while driving, according to a new in-car video study from the AAA Foundation of Traffic Safety. The study also shows that many other potential driving distractions are common and problematic among teenage drivers.

The Foundation study is the first study using in-car video footage to focus on teen distracted driving. Researchers identified the prevalence and consequences of various distracted driver behaviors among teens. They also identified the prevalence and consequences of distracting conditions that teens face. These behaviors and conditions vary based on the presence of passengers, the time of day, the sex of the driver, and other potentially important factors.

"Cell phones, texting, personal grooming, and reaching for items in the car were among the most common distracting activities that the cameras caught inside the cars of new teen drivers," says Cynthia Harris, AAA Northern California spokesperson. "This new study provides the best view we've had about how and when teens engage in distracted driving behaviors, which are believed to contribute to making car crashes the leading cause of teenage deaths."

The main findings from the report show that gender played a role in some of the observed distractions. Females were nearly twice as likely as males to use an electronic device while driving, and overall, were nearly 10 percent more likely to be seen engaging in other distracted behaviors, like reaching for an object in the vehicle (nearly 50 percent more likely than males) or eating or drinking (nearly 25 percent more likely than males). On the other hand, males were roughly twice as likely to turn around in their seats while driving and were also more likely to communicate with people outside of their vehicle. "Drivers are three times as likely to take their eyes off the road when using electronic devices. They were also two and a half times



Teen girls are twice as likely to use electronic devices while driving, AAA study shows.

more likely to look away from the road when engaged in other behaviors," says Harris. "A second may not seem like much, but at 65 miles per hour a car travels the length of a basketball court in a single second. That extra second can mean the difference between life and death."

Foundation data analysis also found that potentially distracting activities significantly decreased when parents or other adults were present in the car. In contrast, loud conversations and horseplay were more than twice as likely to occur when multiple teen peers, instead of just one, were present. These distractions are particularly concerning, as they are associated with the occurrence of crashes, other serious incidents, and high g-force events. Drivers were six times as likely to have a serious incident when there was loud conversation in the vehicle, and they were more than twice as likely to have a high g-force event when there was horseplay. AAA tips for parents to improve teen drivers' safety as they start

to drive on their own: Practice, practice, practice. Once teens have their actual license, continue to ensure that basic skills are mastered and to introduce varied driving conditions such as snow and heavy traffic rural roads with an experienced driver in the passenger seat.

Keep passengers out. Teen drivers' crash risks multiply with teenage passengers in the vehicle. Set limits and enforce them consistently.

Limit night driving. Reduced visibility makes night driving riskier for drivers of all ages. For inexperienced teens it's even harder. Allow new teen drivers to drive at night only if it's truly necessary for them to practice driving in the dark with a parent.

Keep setting rules. Establish and enforce rules above and beyond state laws. In addition to night and passenger limits, set rules for inclement weather, highways, cities, or other driving conditions in which a teen has not gained enough experience.

Find a parent-teen agreement on TeenDriving.aaa.com that can help. The data for this report came from an analysis of video clips collected as part of a three-phase naturalistic study of 50 North Carolina families with novice teen drivers. The first study looked at how parents supervise their teens during the learner's stage, and the second examined how teen behaviors and driving conditions shift during the transition to unsupervised driving. For the current study, 7,858 clips from the first six months of unsupervised driving were re-analyzed to investigate distraction specifically.

For more information about teen driving visit our website at www.aaa.com/teendriving. AAA Northern California offers a wide array of automotive, travel, insurance, DMV, financial services and consumer discounts to nearly 4 million members. AAA has been a leader and advocate for the safety and security of all travelers since it was founded more than 100 years ago.

Snow Survey Shows Dry Conditions

SACRAMENTO – Department of Water Resources (DWR) hydrologists today announced that water content in California's mountain snowpack is only 55 percent of the April 1 full season average. "An unusually wet March improved conditions, but did not make up for the previous dry months," said DWR Director Mark Cowin. "The take-home message is that we've had a dry winter and although good reservoir storage will lessen impacts this summer, we need to be prepared for a potentially dry 2013."

Snowpack water content is measured both manually on or near the first of the month from January to May, and in real-time by electronic sensors. This month's survey and electronic readings are considered the most important of the year, since early April is when the state's snowpack normally is at its peak before it begins to melt into streams, reservoirs and aquifers in the spring and summer months. The mountain snowpack normally provides about a third of the water for California's households, industry and farms.

Electronic readings indicate that water content in the northern mountains is 78 percent of the April 1 seasonal average. Electronic readings for the central Sierra show 51 percent of the April 1 average. The number for the southern Sierra is 39 percent. The statewide number is 55 percent.

On April 1 last year, snowpack water content readings were 173 percent of the April 1 average in the northern mountains, 161 percent in the central ranges, 155 percent in the south, and 163 percent statewide.

California has above average reservoir storage as summer approaches thanks to runoff from last winter's storms.

DWR estimates it will be able to deliver 50 percent of the slightly more than 4 million acre-feet of State Water Project (SWP) water requested this year by the 29 public agencies that supply more than 25 million Californians and nearly a million acres of irrigated farmland. An acre-foot is 325,851 gallons of water, enough to cover one acre to a depth of one foot.

A 50 percent allocation is not severely low. Wet conditions last year allowed the State Water Project to deliver 80 percent of the slightly more than 4 million acre-feet requested for calendar year 2011. The final allocation was 50 percent in 2010, 40 percent in 2009, 35 percent in 2008, and 60 percent in 2007. The last 100 percent allocation — difficult to achieve even in wet years due to pumping restrictions to protect threatened and endangered fish — was in 2006.

See DWR's new Water Conditions page at www.water.ca.gov/waterconditions.

The Department of Water Resources operates and maintains the State Water Project, provides dam safety and flood-control and inspection services, assists local water districts in water management and water conservation planning, and plans for future statewide water needs. Contact the DWR Public Affairs Office for more information about DWR's water activities.

Carmichael Visit Slam Dunk For City Mayor



Chamber board members and sponsors honored Mayor Kevin Johnson (fifth from left) with a "made in Carmichael" gift presentation. Holding the basket was Chamber president Chris Meyers (Lind Bros Mortuary). Photo by Susan Maxwell Skinner

By Susan Maxwell Skinner

CARMICHAEL – Mayor Kevin Johnson promised Carmichael that Sacramento's long-awaited sports/entertainment arena would hasten the rebirth of "a strong downtown

area to benefit the whole region." He predicted that two thirds of the jobs created by building and staffing the facility would be from outside the city.

In this rare visit to unincorporated Carmichael, the mayor captivated 140 luncheon attendees.

The meeting was hosted by the Carmichael Chamber of Commerce at the Cypress Ave Baptist Church.

The 46-year old former pro-basketballer beguiled with insights into the battle behind recent news that the Sacramento Kings would remain in town. With the team poised to leave for Anaheim, Mayor Johnson was pivotal in persuading the NBA to give his city another year to push for a new arena. Johnson anticipates a May 2013 groundbreaking for the facility. Though costs will likely top \$400 million, the former basketballer predicted no small stone would be unturned in fundraising "We want to raise \$3 million by selling bricks," he promised. "The arena will be built by the people, for the people. We can make Sacramento a place where you have small town values in a city."

He stressed the necessity to develop and diversify Sacramento's central core.

"We're the capital of the state with the eighth largest economy in the world. We haven't always acted that way. San Antonio (Texas) markets its riverwalk. Well, they don't have a river; they have a canal. We have two whole rivers here that we haven't done anything with. Building a new arena downtown can't be the end of it for Sacramento. It's just a start."

After his address, the celebrity visitor received books and produce from Carmichael. Signed by chamber board members, a mini-basketball topped his gift basket. From City Hall days later, a mayoral spokesman reported the ball was displayed in Johnson's office. "Mayor Johnson enjoyed talking to the Carmichael Chamber," said the spokesman. "He said he loved the energy in the meeting."

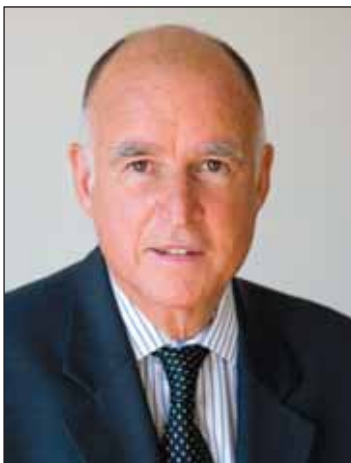
Learn about the Carmichael Chamber of Commerce at www.carmichaelchamber.com

**WE SUPPORT
OUR MILITARY**

Governor Brown Announces \$120 Million Settlement to Fund Electric Car Charging Stations

Issues Executive Order to Help Bring 1.5 Million Zero-Emission Vehicles Onto California's Roads

SACRAMENTO – Governor Edmund G. Brown Jr. joined with the California Public Utilities Commission on March 23rd to announce a \$120 million dollar settlement with NRG Energy Inc. that will fund the construction of a statewide network of charging stations for zero-emission vehicles (ZEVs), including at least 200 public fast-charging stations and another 10,000 plug-in units at 1,000 locations across the state. The settlement stems from California's energy crisis.



Governor Edmund G. Brown Jr.

The Governor also announced that he has signed an executive order laying the foundation for 1.5 million zero-emission vehicles on California's roadways by 2025.

"This executive order strengthens California's position as a national leader in zero-emission vehicles," said Governor Brown, "and the settlement will dramatically expand California's electric vehicle infrastructure, helping to clean our air and reduce our dependence on foreign oil."

The settlement announced today resolves ten-year-old claims against Dynegy, the predecessor company to NRG Energy Inc., for costs of long-term power contracts signed in March 2001. One hundred million dollars from the settlement will fund the fast-charging stations and the installation of the plug-in units and electrical upgrades, at no cost to taxpayers. The remaining twenty million dollars will be directed to ratepayer relief. For more information on the settlement, please contact the CPUC.

The network of charging stations funded by the settlement will be installed in the San Francisco Bay Area, the San Joaquin Valley, the Los Angeles Basin and San Diego County. This new infrastructure network is a breakthrough in encouraging consumer

adoption of electric vehicles and will contribute significantly to achieving California's clean car goals.

"The settlement will launch a virtuous circle in which ever more Californians will feel comfortable driving EVs, and growing EV sales will in turn attract ever more investment in charging infrastructure to our state," said CPUC President Michael R. Peevey. "It will create jobs in California, help clean our air, and support attainment of our greenhouse gas reduction goals."

Added CPUC Commissioner Mike Florio: "This is a truly creative deal that offers tremendous value for California utility customers. In one stroke it closes out an unfortunate chapter in our history and propels us down the road to a clean transportation future. Through the settlement, EVs will become a viable transportation option for many Californians who do not have the option to have a charging station at their residence."

Mary Nichols, Chair of the California Air Resources Board Chair (CARB), lauded the settlement agreement. "California has the most aggressive clean transportation goals in the nation," said

Nichols. "The automakers are already building clean electric cars. This infrastructure infusion will give consumers the confidence to go out and buy them, which is what needs to happen for us to clean our air, lower greenhouse gas emissions and reduce our dependence on imported oil."

In January, CARB voted to require the largest automakers to derive 15 percent, or about 1.4 million, of their annual California sales from electric vehicles and other zero or near-zero emissions vehicles by 2025.

The Executive Order issued today by the Governor sets the following targets:

- By 2015, all major cities in California will have adequate infrastructure and be "zero-emission vehicle ready";
- By 2020, the state will have established adequate infrastructure to support 1 million zero-emission vehicles in California;
- By 2025, there will be 1.5 million zero-emission vehicles on the road in California; and
- By 2050, virtually all personal transportation in the State will be based on zero-emission vehicles, and greenhouse gas emissions from the transportation sector will be reduced by 80 percent below 1990 levels.

AB 32, the 2006 Global Warming Solutions Act, calls for a 30 percent reduction of greenhouse gas emissions by 2020. The goal of 80 percent below 1990 levels by 2050 was set by an executive order signed by former Governor Arnold Schwarzenegger.

Last year, Governor Brown signed SB X1-2, which directed the California Air Resources Board to adopt regulations setting a 33 percent renewable energy target.

Source: Gov. Brown's Press Office

Sertoma Club Celebrates 100 Years of Service



Joan Osborn, President of the Sacramento Valley SERTOMA Club, presents a check for \$1000.00 to Kristin Haas of the Folsom Lake College Foundation to "name a seat" at the Three Stages Performing Arts Center. The donation is to honor the 100th anniversary of the SERTOMA International, founded April 11, 1912. Accompanying Joan are SERTOMA members Hal Scott and Bill Hupp. Photo provided by The Sacramento Valley Sertoma Club.

The name SERTOMA is derived from the words "SERvice TO MAnkind". SERTOMA International has the primary project of assisting the more than 50 million people with speech and hearing disorders. Sertomans also sponsor community projects to promote freedom and democracy, to assist youth, and to benefit a verity of other local community needs.

Locally, the Sacramento Valley Sertoma Club has been serving the Sacramento Area since May 1980 with a current membership of 50 dedicated men and women.

Some of the many organizations sponsored are: the deaf and hard of hearing programs of Dewey Elementary School, the David Lubin Elementary School, and The Del Oro High School.

The CCHAT Center(Children's Choice For Hearing and Talking), Mustard Seed School for homeless children, Camp SignShine and Camp Grizzly for deaf and hard of hearing children, Sacramento CASA(Court Appointed Special Advocate) for foster children, Ski-For- Light (cross country skiing for blind children), Christmas Promise, Clean and Sober programs, and many other programs.

In addition, two scholarships of \$500.00 each are provided each year to students at Sacramento State University pursuing the Audiology field of study.

To achieve 100 years by any service club is a rare and commendable accomplishment. SERTOMA Club members take pride in a century of Service to Mankind.

The Sacramento Valley Sertoma Club is looking for new additional members that are serious about giving back to the community. They meet every Thursday, 7:00am, at CoCo's Restaurant, Madison and Sunrise Blvd. Visitors welcome.

Contact Bill at 916-966-1361 or Hal at 916-966-3629.

SMUD and SRCSD Team Up to Develop Region's First Co-digestion Facility

SACRAMENTO REGION—The Sacramento Municipal Utility District (SMUD) and the Sacramento Regional County Sanitation District (SRCSD) have begun construction of a co-digestion facility as part of the region's renewable energy efforts. The facility will provide a new local disposal option for wastes such as fats, oils, grease (FOG) and liquid food processing waste.

SMUD and SRCSD received approximately \$1.45 million in American Recovery and Reinvestment Act funding from the United States Department of Energy and \$100,000 in matching funds from the California Energy Commission to help construct the facility at the Sacramento Regional Wastewater Treatment Plant (SRWTP) in Elk Grove.

The remainder of the project will be funded by SRCSD. The construction cost of the FOG receiving station is approximately \$2.1 million.

The project will increase the production of biogas already being produced at SRWTP by injecting waste materials directly into the digestion system, bypassing initial steps that are currently depleting the energy value of the waste. The additional biogas captured will be used by SMUD to generate renewable energy at SMUD's Cosumnes Power Plant located in southern Sacramento County.

Benefits of the project include:
 - Saving local businesses money by providing an advanced, local disposal option for wastes that will eliminate fuel and fleet

costs associated with trucking the waste to distant locations.

- Increasing the production of biogas which will be used to generate renewable electricity for up to 2,000 homes in the region.
- Utilizing existing waste processing and power generation infrastructure to minimize capital costs.
- Eliminating greenhouse gas emissions associated with organic waste in landfills and its transportation to disposal sites outside the region.
- Reducing the amount of wastes that enter the local sewer system. The project is expected to be complete by December 2012 and is the culmination of years of study and a successful pilot test in 2009.

Source: SMUD

Arden Dimick Library Event: Stock Up on Books for Summer

Summer Reading Opportunity! The Friends of Arden-Dimick Library is planning an all day book sale to raise funds for local library programs on Saturday, May 5. The sale will be held from 10 a.m. to 3 p.m. in the Community Room at the Arden-Dimick Library, 891 Watt Avenue.

Library volunteers have gathered book donations for months and will offer more than 3,000 books at super-low prices; from 25¢ up to a dollar. This will be an excellent, affordable opportunity for adults and children to stock up on summer reading materials.

The Friends of the Arden-Dimick Library is a volunteer community-based organization. Its dual mission is to advocate for the Library and to provide funding for books, materials, programs and library activities primarily through selling donated books.



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Reservations Required RSVP to Lisa West @ (916)732-2020

During the Tax Season Take Measures to Avoid Identity Theft

Carmichael Oaks offers tips for seniors

CARMICHAEL— Financial safety is a key concern for everyone, including seniors. Around tax season there is a heightened threat to financial safety when it comes to identity theft, which tends to increase as individuals plan for and look for help in preparing taxes. America's seniors have built more wealth and have higher credit limits than younger people yet they're less likely to guard their identity and to report a case of identity theft. Identity thieves know this and take advantage of it. Carmichael Oaks reminds seniors to take the time now to review measures to help avoid identity theft.

"Seniors should be especially careful about protecting their identities. Personal information like checks, credit cards, Social Security Numbers, Medicare cards, and mail should be guarded closely," said Virginia Stone, community marketing director for Carmichael.

Checks, credit cards and Social Security numbers remain top targets especially for seniors. Here are some tips in protecting your information:

- Checks**
- Use your initials and last name when ordering printed checks. A check forger won't know how you sign your checks, but your bank will.
 - Do not have your home phone

- number or Social Security number printed on your checks.
 - Order new checks from your bank and pick them up at the bank, rather than having them sent to your home mailbox.
- Credit Cards**
- When paying credit card bills, write only the last four digits of the account number in the check memo line.
 - Do not sign the back of your credit card. Instead write, "Photo ID required."
 - Photocopy both sides of your driver's license, credit cards and other important contents of your wallet. In the event it is stolen, you'll know exactly what is missing.
 - Keep a list of your credit card numbers and their toll-free customer service numbers so you can cancel cards quickly if lost or stolen.

- Do not sign the back of your credit card. Instead write, "Photo ID required."
- Photocopy both sides of your driver's license, credit cards and other important contents of your wallet. In the event it is stolen, you'll know exactly what is missing.
- Keep a list of your credit card numbers and their toll-free customer service numbers so you can cancel cards quickly if lost or stolen.

- Social Security Number**
- Do not carry your Social Security card in your wallet. Memorize the number and put the original card in a safe place.
 - If you believe your Social Security number has been compromised, contact the Social Security Administration fraud line 800-269-0271.

- PINs and Passwords**
- Do not write your PIN on the back of the card or on anything else in your wallet.

- Use different PINs for each debit and credit card. If you have too many to remember, consider reducing the number of cards you carry in your wallet.
- Do not use easily available information, like your birth date, phone number or part of your Social Security number, for PINs and passwords.

Mail and Trash

- Use post office collection boxes for outgoing mail, rather than your home mail box.
- Shred any trash that may contain personal information, including charge receipts, credit applications, insurance forms, medical statements, checks and bank statements, expired credit and debit cards and direct mail credit offers.
- You can opt not to receive direct mail credit offers by calling 888-567-8688.

If you suspect identity theft immediately start by filing a police report and contact one of the national credit reporting organizations to have a fraud alert placed on your name and Social Security number: Equifax 800-525-6285, Experian 888-397-3742, Trans Union 800-680-7289.

For more information about Carmichael Oaks call (916) 944-2323 or visit www.carmichaeloaks.com.

Women Partners of Asperger Men

A free education and support group

SACRAMENTO REGION - On Tuesday April 10, 2012 from 7:00 to 9:00 p.m., and continuing on the second Tuesday of each month, a free education and support group will be held for women partners of men with Aspergers Syndrome. The meeting will be

held at the U.C. Davis M.I.N.D. Institute at 2825 50th Street, Sacramento and led by Sally B. Watkins L.C.S.W., a psychotherapist. Call Sally at 916-939-8249 or email her at sbw9@mind-spring.com for more information.

A formal diagnosis is not

required to attend the group. Aspergers is a form of high functioning autism and is characterized by difficulty expressing emotion, reading behavioral and non-verbal cues, and the inability to recognize differing perceptions and feelings in others.

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Easter Week Services:

- April 1: Bittersweet Judgment (Palm Sunday)
- April 2: Bittersweet Devotion
- April 3: Sweet Talk & Bitter Betrayal *
- April 4: Bitter Tears
- April 5: Bittersweet Control
- April 6: A Bitter Burden *
- April 7: Bittersweet Passing
- April 8: Bittersweet Future (Easter Sunday)



* Dinner will be provided before this event, starting at 5:30 PM. Cost is \$3 per person, up to \$10 max for a family of four or more.

All Sunday services are offered at 9:00 and 10:45 AM. Special Monday-Saturday Messages are from 6:00-7:00 PM, with dinner on Tuesday and Friday starting at 5:30 PM.

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What's Up With Hiring?

Job demand & hiring trends looking up



Sacramento's employment marketplace is warming back to life.

SACRAMENTO REGION – Hiring motivated by the need to grow workforces in Sacramento will rise above hiring only for replacements for the first time in several years in the Second Quarter of 2012.

In direct contacts by phone with Sacramento's top regional companies, Pacific Staffing has discovered significant indications of economic improvement as seventy-one percent (71%) of employers say they are hiring in April, May and June 2012. For the first time in years, forty-two percent (42%) of planned hiring was motivated by the need to grow existing workforces. While just thirty-eight percent (38%) of Sacramento regional employers, polled directly between February 27th and March 17th, attributed hiring needs to attrition, or replacements within their existing workforces. Hiring attributed to growth demands has trended

up for three Quarters in a row among Sacramento employers surveyed.

Warmer temperatures are also heating up hiring demand as Sacramento's regional agriculture, recreation and hospitality companies begin seasonal hiring. Ten percent of hiring demand in the second quarter is attributed to seasonal change. While most of the regional economy is improving, some of those involved in residential construction, property development and some peripheral industries remain slow. Three percent of those surveyed report they will consider reducing workforces in the next three months as business remains slow for their individual companies.

Sacramento's employment marketplace is warming back to life but recent strong spikes in gasoline costs were of great concern to those polled. In anecdotal conversations with

company contacts, higher transportation costs for employees; and increased company transportation and petroleum related products costs could throw cold water on hiring plans quickly forcing a renewed slowdown.

While companies are getting a large number of applicants, many are noting the first problems in selecting specific qualifications. Finding applicants with specific skills are among first concerns as companies seek customer service, sales, technical, general office, manufacturing and warehouse workers in the next three months.

How does this Quarter compare to last Quarter, or last year? Find out for yourself.

For more information, employment blogs & market surveys go to www.pacificstaffing.com.

Source: Pacific Trends Quarterly

Crystal Apple Awards 2012

LDS Seminary students honor their favorite high school teachers

By Gary Zavoral

High school students who attend early-morning seminary at The Church of Jesus Christ of Latter-day Saints honored their most influential high school teachers in the San Juan Unified School District during the 10th annual Crystal Apple Awards Wednesday, March 21.

More than 200 youth in the Carmichael and Citrus Heights Stakes of The Church of Jesus Christ attend seminary, an hour of religious instruction, before heading to high school at Bella Vista, Casa Roble, Del Campo, Mesa Verde and New San Juan. On Wednesday evening at The Church of Jesus Christ meeting-house on Van Maren Lane, one of four seminary sites in the two stakes, the students presented Crystal Apple awards to those high school teachers who inspire and motivate them the most.

This year's Crystal Apples were awarded to:

- Karen Perry, an English teacher at Bella Vista High School
- Robert Leever, who teaches wood shop at Casa Roble High School
- Karen Greenberg, an English teacher at Del Campo High School
- Carole Bystrom, who teaches English at Mesa Verde High School
- Sandi Coulter, who launched the culinary arts program at New San Juan High School

In her introduction of Perry, Bella Vista senior Lindsey Childs said, "Every day, she greets me with, 'Hey Pumpkin, how are you? Are you hungry?' I think she's fed the entire student body. ... She's a fantastic example of happiness, having fun and being an excellent teacher."

Showing an interest in the students and making their classrooms a fun learning environment were consistent comments in the students' introductions of their teachers.

"He believes that what makes teaching great is making the class enjoyable," said Casa Roble student Alan Felt, who introduced Leever.

Del Campo sophomore Matt Zavoral said of Greenberg, "She's one of those teachers where you just wish the school year would go slower, so you can have more time with her."

Andrea Sands of Mesa Verde High School praised Bystrom for something she teaches: "Mrs. Bystrom, I agree with you – God is the best author ever."

In accepting their awards, the



Del Campo High School sophomore Matt Zavoral of Citrus Heights, left, and senior Jacob Stoeltzing of Carmichael, right, presented the Crystal Apple to their favorite teacher, Karen Greenberg, who teaches English at the Fair Oaks school. Photos by Jeslin Owens

teachers also praised the students and parents.

"I thank you parents for these students," Greenberg of Del Campo said. "They're the pleasure of a teacher's life. ... Thank you for letting me teach them."

Leever hit on a consistent theme among the educators during the evening by saying that he can tell which students are members of The Church of Jesus Christ of Latter-day Saints.

"I can pick your kids out of my class," he said. "There's just a spark about them, and they're a pleasure to teach."

San Juan Unified Acting Superintendent Glynn Thompson praised the Crystal Apples event for acknowledging the quality teaching in the school district.

"When you pick up the newspaper, or turn on the TV or surf the Web, you hear some rhetoric that it's somehow sexy to beat up on public education and bash teachers at public schools," Thompson said. "But, as you have proven tonight, when parents and students support their schools and teachers, public education works every time, and it is working in the San Juan Unified School District."

Dr. Jon Dresser, the Citrus Heights Stake director of public affairs who organized the event, also presented Thompson with a Crystal Apple for his dedication to the students and his commitment to teach Christ-like principles.

Thompson told the audience of about 300 students, educators and parents that he also attended religious instruction when he studied Christian ministry in college. Complimenting the students on their commitment to early-morning seminary, he said he rises every morning at 4:45 a.m. to read Scripture. He paraphrased the Gospel of John, saying that "the greatest love you

can show is to give your life for your friends. That is the greatest love we can show, to be of service to others."

Stephanie Bedford of Casa Roble High School was the first speaker of the evening and gave an overview of the Church's seminary program, which is celebrating its 100-year anniversary this year. High school students attend seminary, beginning at 6:30 a.m. every school day, for all four high school years, and the subject matter rotates annually from Old Testament, New Testament, Book of Mormon and Church history.

President Stephen Taylor of the Carmichael Stake – a stake is similar to a Catholic diocese, consisting of several congregations – then spoke about two tough teachers he had in high school who motivated him to learn.

"The basic skills of math and English I was taught by these teachers helped me to be successful in my career, because these are the two skills I use every day as a CPA," he said. "Teachers, you may never know the impact you've had on your students' lives."

Following musical numbers by teen choirs from both stakes, including songs from a recent Citrus Heights Stake performance of the musical "Savior of the World," Citrus Heights Stake President Ned Telford closed the meeting by thanking the teachers for their service to our children.

"You are a second witness," he said. "As I've learned as a parent, you can tell your children something over and over again, but until they see and hear it from someone else, they don't really learn. They hear it from you, too, and it finally clicks. I appreciate you for being that second witness and for the common values that we have and that you teach."

Books in Chinese to Highlight Warehouse Book Sale

A special section of Chinese-language books will highlight the April 14 and 21 warehouse sale of the Friends of the Sacramento Public Library, at which more than 70,000 "gently used" books, videos, and books-on-cassettes will be offered at prices from \$.50 to \$2.

The warehouse is at Suite E, 8250 Belvedere Ave. (just south

of 14th Ave. between Power Inn Rd. and Florin-Perkins Rd.). Sale hours are noon to 4 p.m. on April 14 and 9 to 4 on the 21st.

There will be a preview for Friends members only from 9 A.M. to noon on April 14. (You can join at the door for \$15)

Income from the sale helps pay for programs, equipment, and materials local libraries need

but can't afford.

The Friends' "Book Den" store at the warehouse, with most items priced individually from \$3 up, will be open during the sale, as well as weekly on Thursdays, Fridays, and Saturdays from 9 A.M. to 2 P.M.

For more info, call (916) 731-8493 or go to fspj@att.net.

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Department of Justice Drops Appeal, Pays Pro-life Sidewalk Counselor

From www.LC.org

Washington, DC – April 2nd– The Department of Justice (DOJ) has dropped its appeal in Holder v. Pine against pro-life sidewalk counselor Mary “Susan” Pine, who is represented by Liberty Counsel. The DOJ has agreed to pay \$120,000 for this improper lawsuit. The DOJ had unsuccessfully sought thousands of dollars in fines against Susan Pine, as well as a permanent injunction banning her from counseling women on the public sidewalk outside the Presidential Women’s Center (“PWC”) abortion clinic.

After 18 months of litigation, the DOJ’s case was thrown out of federal court, and the department was chastised for filing a case with no evidence. Federal Judge Kenneth L. Ryskamp stated that Holder’s complete failure to present any evidence of wrongdoing, coupled with the DOJ’s

cozy relationship with PWC and their joint failure to preserve video surveillance footage of the alleged “obstruction,” caused the court to suspect a conspiracy at the highest level of the Obama Administration.

“The Court is at a loss as to why the Government chose to prosecute this particular case in the first place,” wrote Judge Ryskamp. “The Court can only wonder whether this action was the product of a concerted effort between the Government and PWC, which began well before the date of the incident at issue, to quell Ms. Pine’s activities rather than to vindicate the rights of those allegedly aggrieved by Ms. Pine’s conduct.” After this ruling the DOJ appealed on the last day possible and gave indication that President Obama ordered the appeal.

Ironically, this past December,

in the midst of the case, Ms. Pine actually counseled a woman outside of PWC and convinced her not to have an abortion, thus saving the life of the child and possibly the mother as well. Her email to Liberty Counsel read, “We saved a life today.”

Mathew Staver, Founder and Chairman of Liberty Counsel, commented, “It is irresponsible for the U.S. Department of Justice to place politics above principle when deciding to prosecute, and thus attempt to silence, a pro-life sidewalk counselor without any evidence of wrongdoing. When the nation’s highest law enforcement officer files suit against any citizen, the suit must be based on the law coupled with compelling evidence. Anything less is an abuse of the high office. Susan Pine will not be silenced or detoured from her mission to save the lives of innocent children.”

Carmichael Elks Hold Shredding Event and Free eWaste Drive

Carmichael Elks is having a Free Electronic Waste Drop off Fundraiser to help Save the Environment!

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Elks National Foundation’s mission is to help the Benevolent and Protective Order of Elks build stronger communities by offering college scholarships, funding programs that build the character and competence of youth, serving and honoring veterans.

Where: Carmichael Elks Lodge, 5631 Cypress Ave.

When: Saturday, April 21, 2012 9-1pm.

Cost: Free Drive through Drop off for E-Waste

Donation requested for shredded materials.

For more information, call Diane at (916) 955-4097

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printers, copiers, laser and multifunction scanners and fax machines, microwaves, small household appliances such as toasters, mixers & blenders, vacuum cleaners with the dust bag removed

We cannot accept: Large Household Appliances (i.e. refrigerators, washers, dryers, etc.) Furniture, Hazardous Household Waste including batteries, car batteries, paint, pesticides, used oil, cleaning supplies, fluorescent light bulbs, water heaters, tires etc.

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Why are water striders, backswimmers and diving beetles so important to the health of a creek, pond or river? Join a naturalist and learn how to get involved in caring for our waterways. For more information about Creek Week activities, visit www.creekweek.net. All ages welcome.

Saturday the 7th at 10:30AM

Birds Aren't The Only ones
Can you name other animals that lay eggs? Join a naturalist to see some different kinds of eggs and nests that exist. All ages welcome.

Sunday the 8th at 1:30 PM

Saturday Safari
Grab your binoculars (or borrow some from us) and take a guided walk to see the animals and plants that make up the unique habitat along the American River. All ages welcome.

Saturday the 14th at 10:30AM

Wildflower Walk
From poppies to grass pinks to brodiaea, join a naturalist on a search to see what is blooming. All ages welcome.

Sunday the 15th at 1:30 PM

Earth Day Everyday
Mother Nature’s gifts are all around us. Find out about some things we can do everyday to help the Earth and keep it healthy for animals, plants and people. All ages welcome.

Saturday the 21st at 10:30AM

Caring For Wildlife
Join Doug Forbes from the Wildlife Care Association and learn about how this volunteer organization helps injured and orphaned wildlife. Meet animal ambassadors Ivory, the white crow, and Peanut, the yellow-billed magpie. All ages welcome.

Sunday the 22nd at 1:30 PM

Fly By Butterfly
What is a pipevine swallowtail? Find out as you explore the life cycle of the butterfly and create your own coffee filter butterfly. Join a naturalist for a hike through the Nature Preserve to investigate the pipevine swallowtail’s world. All ages welcome.

Saturday the 28th at 10:30AM

Bountiful Harvest
Take a guided tour of the replica Maidu Indian village and learn

how the native people used the natural resources of the area for food, clothing, medicine and shelter. All ages welcome.

Sunday the 29th at 1:30 PM

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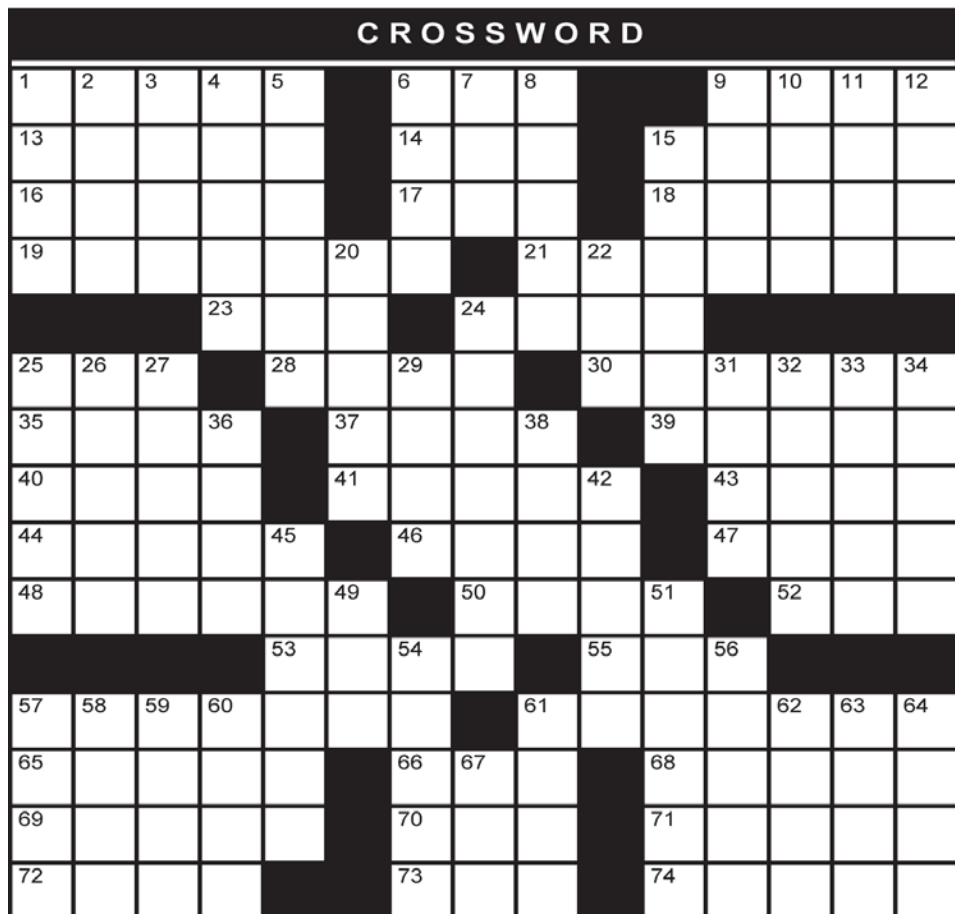
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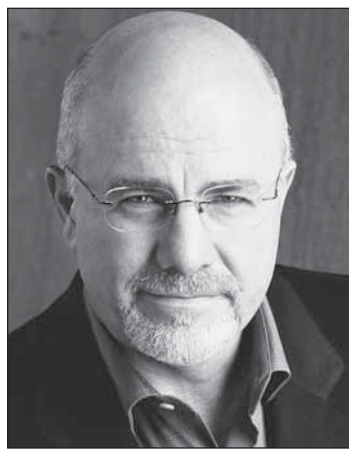


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CLUES

- ACROSS**
- One who pretends to be something he is not
 - Cruise or Hanks, e.g.
 - A tropical South American monkey
 - Far beyond norm
 - Bleat
 - Floor covering
 - Slanted or listed
 - Bow shape
 - Tripod
 - "Pinching crustacean"
 - "Underwater flower"
 - Make lacework
 - Go cold turkey
 - International Monetary Fund
 - Holier than who?
 - A hand tool for drawing angles, pl.
 - "Yes, ___!"
 - "Layla" singer-songwriter
 - Roman king's abode
 - A fit of shivering
 - On fishing pole, pl.
 - "Coal Miner's Daughter"
 - Whatchamacallit
 - Relating to the ear
 - Caricatured
 - "Octopus"
 - On top of
 - Put to the test
 - Duds or threads
 - Wound fluid
 - Ancient wind instrument
 - "Daryl Hannah in 'Splash'"
 - Archeologist's find
 - Maiden name indicator
 - ___ Domingo
 - Kiwanis and Elks groups, e.g.
 - Even (poetic)
 - ___ Park, CO
 - Contributions to the poor
 - H1N1, e.g.
 - Crevice stuffers
- DOWN**
- Door sign
 - Margarine
 - Back wound?
 - German surrealist Max
 - Knocks on the door, e.g.
 - Ski lift
 - "Rowboat propeller"
 - Reverted to China in '99
 - Now Thailand
 - In addition
 - Type of eye?
 - ___ of Man
 - Move unsteadily
 - Olden days anesthetic
 - Writing point of pen
 - Eternal sleep
 - Idealized image
 - Ex-Laker Johnson
 - He sold his soul to Mephistopheles
 - Popular dunking cookie
 - A sails-shaped constellation
 - It borders Mediterranean and Red seas
 - "The Titanic was one of these"
 - "Spongebob's air-breathing friend"
 - Office communique
 - Paper holder
 - "A peri___ lets a submariner see above water"
 - Light studies
 - Charged particle
 - Florence Nightingale and the like
 - Thief, Yiddish
 - New show with Debra Messing
 - "Black and white killer?"
 - Independent unit of life
 - Obama to Harvard Law School, e.g.
 - Barbequed anatomy
 - Carte du jour
 - Not in favor
 - Individual unit
 - Sleep in a convenient place
 - "It can be electric"

For Solution See Page 7



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times best-sellers - *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Asking for Trouble

Dear Dave,
I want to keep one of our credit cards open and use the bill-pay option for utilities and other monthly bills. I want to do this so we can continue earning rewards points, and the way I look at it, we'd just be re-routing the money and paying it off every month. My husband doesn't like this idea and thinks we should get rid of them all. Am I just asking for trouble by wanting to keep the rewards card open?
- Cheryl

Dear Cheryl,
Yes, you are. Life never works out exactly the way you think it will. You can make all the well-reasoned and best-intentioned

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Dave Says

plans you want, but sooner or later that snake is going to bite you.

The only thing I'd consider in a situation like this is a debit card that has a rewards system attached. Lots of debit card programs offer the same kinds of rewards programs offered by credit card companies, with one big exception—you don't have to go into debt!

You need to stop chasing these stupid brownie points, Cheryl. According to *Consumer Reports*, 78 percent of credit card airline miles are never redeemed. Studies also show that people spend more when using credit cards as opposed to cash. That extra money you spend on things you don't need is money you could have been saving and investing. So, where's the reward?

Cut up the card and close the account, Cheryl. You don't build wealth by using credit cards!

Pension? Invest Anyway!

Dear Dave,
My wife and I are both active duty Marines. She's planning to get out in a few months, but I'm staying in for the long haul. You recommend saving 15 percent for retirement, but how does

that apply in my case when I'll be getting a good pension after 20 years?

I'd like to see you do both. Just imagine the money you guys would have for retirement with your military pension and a big pile of cash from having saved 15 percent of your income over the years.

Having options is a great thing. Think about all the things you could do down the road if you save for retirement and have your pension in place. You could pay cash for a home, or even open a business when you retire from the military. And these are things you probably wouldn't be able to do working with just your service pension.

You've got a great future if you'll just keep plugging along and saving, James. Let the military do its thing, and you guys keep pumping 15 percent of your income into Roth IRAs and other pre-tax retirement plans. It's going to be pretty cool!

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				5	6			
9	5			4				8
	3	1	2					
3			5		4	1		
		4				5		
		2	1		7			9
					2	4	9	
1				9				2
			4	1				

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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For Solution See Page 7.

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READERS & MUSIC LOVERS. 100 Greatest Novels (audio books) ONLY \$99.00 (plus s.h.) Includes MP3 Player & Accessories. ONLY: 50 Classical Music Works & Money Back Guarantee. Call Today! 1-888-841-5761 (MB 12-31-12)

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year. Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595 (SWAN)

CARS/TRUCKS WANTED! Top \$\$\$\$ PAID! Running or Not. All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330 (NANI)

A-1 DONATE YOUR CAR! Breast Cancer Research foundation! Most highly rated breast cancer charity in America! Tax Deductible! Fast Free Pick Up. 800-771-9551 www.cardonationsforbreastcancer.org (NANI)

DONATE YOUR CAR to CHILDREN'S CANCER FUND of AMERICA and help end CHILDHOOD CANCER. Tax Deductible. Next Day Towing. Receive Voucher. 7 Days 1-800-469-8593 (NANI)

DONATE A CAR - HELP CHILDREN FIGHTING DIABETES. Fast, Free Towing. Call 7 days/week. Non-runners OK. Tax Deductible. Call Juvenile Diabetes Research Foundation 1-800-578-0408 (NANI)

Donate Your Car! Civilian Veterans & Soldiers Help Support Our U.S. Military Troops 100% Volunteer Free same Day Towing. Tax Deductible. Call and Donate Today! 1-800-471-0538 (NANI)

DONATE YOUR CAR, TRUCK or boat to Heritage for the Blind. Free 3 Day Vacation, Tax Deductible, Free Towing. All Paperwork Taken Care Of. 888-902-6851. (Cal-SCAN)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing. All Paperwork Taken Care Of. 888-600-9846 (MB 12-31-12)

Business Opportunity

START NOW! Open Red Hot Dollar, Dollar Plus, Mailbox, Discount Party, Discount Clothing, Teen Store, Fitness Center from \$51,900 worldwide! www.DRSS25.com. 1-800-518-3064. (Cal-SCAN)

\$5,000 Signing Bonus! Frac Sand Owner Operators. More Texas work than trucks! Must have tractor, blower & pneumatic trailer 817-926-3535 (NANI)

Business Services

ADVERTISE a display BUSINESS CARD sized ad in 140 California newspapers for one low cost of \$1,550. Your display 3.75x2" ad reaches over 3 million+ Californians. Free brochure call Elizabeth (916) 288-6019. (Cal-SCAN)

ADVERTISE Your Truck DRIVER JOBS in 240 California newspapers for one low cost of \$550. Your 25 word classified ad reaches over 6 million+ Californians. Free brochure call Elizabeth (916) 288-6019. (Cal-SCAN)

REACH CALIFORNIANS WITH A CLASSIFIED IN ALMOST EVERY COUNTY! Experience the power of classifieds! Combo-California Daily and Weekly Networks. One order. One payment. Free Brochures. One payment. Free Brochures. elizabeth@cnpa.com or (916) 288-6019. (Cal-SCAN)

Cable TV Offer

SAVE on Cable TV - Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months). Options from ALL major service providers. Call Acceller today to learn more! CALL 1-866-484-1940 (MB 12-31-12)

Cable/Internet Services

SAVE on Cable TV-Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months). Options from ALL major service providers. Call Acceller today to learn more! CALL 1-888-897-7650. (Cal-SCAN)

Cable/Satellite TV

ORDER FLEX TV De Dish Latino. Packages starting at only \$19.99, plus: no contract, no credit check, and free installation. Call: 877-244-8363 or visit: DISHFlexTV.com! (Cal-SCAN)

Cars for Sale

1994 Toyota Tercel. 4 speed, smogged, has DMV tags, runs excellent, body and tires in good shape. \$2100. Located in Orangevale. 916-988-8376, or 342-2651 (MPG 03-31-12)

Chimney Sweep

CHIMNEY CLEANING SPECIAL FAST • CLEAN • EFFICIENT Friendly Service No Mess Guarantee 15 Years Running (916) 752-6762 Bus Lic # 103881 (MPG 03-31-12)

Computers

MY COMPUTER WORKS. Computer problems? Viruses, spyware, email, printer issues, bad internet connections - FIX IT NOW! Professional, U.S.-based technicians. \$25 off service. Call for immediate help. 1-888-865-0271 (Cal-SCAN)

YOUR LOCAL PC REPAIRER Comes to your Home/Office. A+ Rating. (916) 443-1813 (MPG 02-29-12)

Counseling

Affordable sliding scale counseling. Licensed staff. Cash only. Children, couples, families. (530) 888-7958 (MPG 06-01-11)

Real solutions to your problems and issues www.lifeadvisorforeveryone.com Dave (916) 821-5768 (MPG)

Credit Card Relief

Buried in Credit Card Debt? Over \$10,000? We can get you out of debt quickly and save you thousands of dollars! Call CREDIT CARD RELIEF for your free consultation 1-888-505-1183 (MB 12-31-12)

DISH Network Special

DISH Network. Starting at \$19.99/month PLUS 30 Premium Movie Channels 4023 FREE. (MB 12-31-12)

Electrical Services

RETIRED MASTER ELECTRICIAN Expert troubleshooter, 30 years experience. Old panel repairs/ upgrades. Lic.# 877532 Call 916-595-3052 (MPG 07-31-12)

Fencing

Cal State Fence and Construction Since 1986 Quality, Trustworthy, Affordable, Reliable. Redwood, Chain Link, Ornamental Iron, Vinyl, Trellis, Decks, Residential/ Commercial FREE ESTIMATES! Lic. #494306 916-966-1103 (MPG 09-15)

Financial

Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 888-698-3165 (Cal-SCAN)

CREDIT CARD DEBT? LEGALLY HAVE IT REMOVED! Minimum \$7,000 in debt to qualify. Utilize Consumer Protection Attorneys. Call now! 1-888-237-0388 (NANI)

Small Business Credit Guaranteed! \$7,000 Credit Line to Fund or Grow Your Business. Call Today for Approval 800-639-1507 Call between 9-6 Eastern (NANI)

For Rent

4 Bed 2Bath house for rent at 2380 Coolidge Way Rancho Cordova. Rent is \$1300. \$1400 deposit. Call 530-306-7005. (MPG 04-30-12)

Room for rent in Antelope area. Use of kitchen, laundry, BBQ, patio. Close to Winco, Walgreens. Call Fran 916-410-1949. (MPG 02-08-12)

Gardening Classes

Veggie Garden Classes in Feb. See waynerherbs.com for class schedule and info. (MPG 02-28-12)

Health & Beauty

Are YOU paying TOO much for your PRESCRIPTION? SAVE 90% by ordering through our Canadian Pharmacy. \$25 off and FREE SHIPPING. Call NOW 866-320-8885 (NANI)

Getting older? Tired of getting older? Want to do something about it? Want to make money while doing it? www.abcliveit.com. 1-877-260-7937. ID # 266022 (MPG 04-30-12)

Attention Joint & Muscle Pain Sufferers: Clinically proven all-natural supplement helps reduce pain and enhance mobility. Call 877-217-7698 to try Hydratexin RISK-FREE for 90 days. (Cal-SCAN)

Feeling older? Men lose the ability to produce testosterone as they age. Call 888-904-2372 for a FREE trial of Progenie- All Natural Testosterone Supplement. (Cal-SCAN)

Diabetes/Cholesterol/Weight Loss. Bergamonte, a Natural Product for Cholesterol, Blood Sugar and weight. Physician recommended, backed by Human Clinical Studies with amazing results. Call today and save 15% off your first bottle! 888-392-8780 (Cal-SCAN)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call Today 877-560-8637 for \$25.00 off your first prescription and free shipping. (MB 12-31-12)

Diabetes/Cholesterol/Weight Loss Bergamonte, a Natural Product for Cholesterol, Blood Sugar and weight. Physician recommended, backed by Human Clinical Studies with amazing results. Call today and save 15 off your first bottle! 877-855-5090 (MB 12-31-12)

ATTENTION SLEEP APNEA SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at NO COST, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-654-6310 (MB 12-31-12)

ATTENTION DIABETICS with Medicare. Get a FREE talking meter and diabetic testing supplies at NO COST, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-816-7716 (MB 12-31-12)

Attention Joint & Muscle Pain Sufferers: Clinically proven all-natural supplement helps reduce pain and enhance mobility. Call 888-577-8681 to try Hydratexin RISK-FREE for 90 days (MB 12-31-12)

Heating & Air

AC Repair Low Prices 487-4609 (MPG)

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm (MPG)

Help Wanted

Currently Seeking a Market Development Manager in Sacramento, CA. REQUIRES MBA or Equiv, 3 Yrs Exp & Proficiency in Security & Defense Technologies. 916-489-8068 (MPG 04-30-12)

AIRLINES ARE HIRING - Train for hands on Aviation Career. FAA approved program. Financial aid if qualified - Job placement assistance. CALL Aviation Institute of Maintenance 888-889-1346 toll free (SWAN)

Mystery Shoppers Needed. Earn up to \$150 per day. Undercover Shoppers Needed to Judge Retail & Dining Establishments. Experience Not Required. Call Now 888-380-3513. (NANI)

INTERNATIONAL CULTURAL EXCHANGE Representative: Earn supplemental income placing and supervising high school exchange students. Volunteer host families also needed. Promote world peace! 1-866-GO-AFICE or www.afice.org (Cal-SCAN)

Caring Compassionate Seniors WANTED! SENIORS HELPING SENIORS®, a leader in the Senior in-home service industry, has immediate PT openings for Providers. Qualified candidate will have life experience, an interest in making a difference in the lives of other seniors and be comfortable working with senior citizens. Flexible schedules...we'll work around your schedule! Valid driver's license and use of auto is required. Call us today for more information. (916) 372 9640 (MPG)

Help Wanted Drivers

Seniors Need Ride to St. Mel's in Fair Oaks, 4:30 mass Saturdays. This is a paid position. 988-7931. Call between 9am-7pm (MPG 02-28-12)

Miscellaneous

LOW COST MORTGAGE PROTECTION LIFE INSURANCE. PREMIUM RETURNED IN 20 YEARS IF YOU DONT DIE. NO EXAM, NO BLOOD REQUIRED. 1-800-559-9847 www.buynowxamlifeinsuranceonline.com (NANI)

MEDICAL CAREERS begin here - Online training for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV Certified. Call 800-510-0784 www.CenturaOnline.com (NANI)

EnjoyBetterTV DISH Network Authorized Retailer Offers, FREE HD for Life. Packages from \$19.99/mo. Includes locals, 3 HD receivers free. Restrictions Apply. Call NOW!! (877) 594-2251 (NANI)

AT&T U-Verse for just \$29.99/mo! SAVE when you bundle Internet +Phone+TV and get up to \$300 BACK! (select plans). Limited Time Call NOW! 877-276-3538 (NANI)

CASH PAID! UP TO \$27/BOX for unexpired, sealed DIABETIC TEST STRIPS! 1 DAY PAYMENT & PRE-PAID shipping. SE HABLA ESPANOL. Emma 1-888-776-7771. www.Cash4DiabeticSupplies.com (NANI)

Help Wanted Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the

Help Wanted Sales

WANTED: LIFE AGENTS. Earn \$500 a Day. Great Agent Benefits. Commissions Paid Daily. Liberal Underwriting. Leads, Leads, Leads. Life Insurance License Required. Call 1-888-713-6020. (Cal-SCAN)

Home Health Care

In your home health care helper. 20 years experience. Fingerprinted, reliable, local. Call Jenny at 530-889-1737 (MPG 08-25)

Housekeeping

Honest and Dependable. Supplies Furnished. I work alone. Sandra. 961-7651. (MPG 01-18-12)

Landscaping

Affordable Landscape Service Clean-ups & Makeovers! Main-tenance starting at \$60/mo. Dependable family business. Lic. # 887351. 916-338-2001. sacyards.com (MPG 09-08)

Full Yard Maintenance, one time clean-ups & tree trimming. See our website: www.terrabelagarden.com or c/c Randy for info at 454-3430 or 802-9897. (MPG)

Lawn Service - I can mow and edge your lawn. Reasonably priced. Call for a free estimate at 916-934-9944 (MPG)

Legal Services

SOCIAL SECURITY DISABILITY BENEFITS. Win or Pay Nothing! Start your Application in Under 60 Seconds. Call Today! Contact Disability Group, Inc. Licensed Attorneys & BBB Accredited. Call 877-490-6596. (Cal-SCAN)

SOCIAL SECURITY DISABILITY BENEFITS. You WIN or Pay Us Nothing. Contact Disability Group, Inc. Today! BBB Accredited. Call For Your FREE Book & Consultation. 888-630-1757 (MB 12-31-12)

Medical Supplies / Equipment

ATTENTION DIABETICS with Medicare. Get a FREE Talking Meter and diabetic testing supplies at NO Cost, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-781-9376. (Cal-SCAN)

Attention SLEEP APNEA SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at NO Cost, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-699-7660. (Cal-SCAN)

Wheelchairs, walkers, incontinence, bath safety, lift chairs, canes, stethoscopes, compression garments, diabetic care. Excellent service & quality at low prices from AMD MEDICAL SUPPLY. 916-485-2500. Now accepting MEDICARE. (MPG 02-28-12)

Painting

All Pro Painting Res/Com. Quality work free est. sen disc 1c 914715 Ph 607-0523 (MPG)

Personals

Meet singles right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now: 888-962-3056. (Cal-SCAN)

A Country gentleman would like to meet a lady to enjoy life together. Call William 530-227-7681. (MPG 11-30-11)

Happy and healthy grandma Seeks same in grandpa. "Old" not in my vocabulary. Let's talk. 530-626-8682 (MPG 10-19-11)

Mature Guy seeking friendship of a mature lady in the 60's and 70's. Call Jim 530-823-7765. (MPG 10-19-11)

Pets

Pet Sitting Professional loving pet care. Established reputation. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608. (MPG 12-31-12)

Piano Lessons

Piano Lessons - Beginner, Classical. Adults and Children. 23 years. 916-699-8529 (MPG 03-30-12)

Piano lessons for children and adults by experienced, creative teacher. Citrus Heights. For more information, visit www.anitraalexander.com, or call (916) 725-1054 (MPG)

Pool Service

Weekly Pool Service & Repair. Licensed, Insured, Reliable-\$50 off 1st Service or Repair. 916-390-8488 (MPG 03-30-12)

Puppies for Sale

Bichon Frise Puppies, adorable. Six weeks. Parents on site. Pure-bred. Wonderful companions. 530-889-8381 or Leave Message 530-885-9800. (MPG 03-30-12)

Real Estate Commercial

I BUY HOUSES "QUICK" CASH No Equity No Problem. Need Repair OK. 916-715-4751. (MPG 11-30-11)

Real Estate Land/Lots for Sale

COLORADO Acre w/beautiful private trout fishing stream, \$29,500.00! \$325 down, \$325/month. Mountain canyon w/good access road. Adjoining gov't lands. Call Owner anytime 806-376-8690. Diane.steed@att.net (NANI)

COLORADO ACRE with beautiful, private trout fishing stream. \$29,500! \$325 down, \$325 monthly. Mountain canyon with good road. Adjoining government lands. Call Owner: 806-376-8690 diane.steed@att.net (SWAN)

Reverse Mortgage

Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 866-982-4692 (MB 12-31-12)

Schools / Education

Carmichael & surrounding area. Experienced, Master's degree, all levels. Reading/Learning tutor-consultant: individual \$45/45 min session. 303-868-3180. alexanmorgan@gmail.com (MPG 04-30-12)

Miscellaneous Items for Sale

MEMORY FOAM THERAPEUTIC NASA MATTRESSES T-\$299 F-\$349 Q-\$399 K-\$499 ADJUSTABLES-\$799 FREE DELIVERY LIFETIME WARRANTY 90 NIGHT TRIAL 1-800-ATSLEEP 1-800-287-5337 WWW.MATTRESSDR.COM (NANI)

MANTIS Deluxe Tiller. NEW! FastStart engine. Ships FREE. One-Year Money-Back Guarantee when you buy DIRECT. Call for the DVD and FREE Good Soil book! 888-815-5176. (MB 12-31-12)

100 Percent Guaranteed Omaha Steaks - SAVE 65 percent on the Family Value Collection. NOW ONLY \$49.99 Plus 3 FREE GIFTS & right-to-the-door delivery in a reusable cooler. ORDER TODAY at 1-888-525-4620 or www.OmahaSteaks.com/family16, use code 45069TVH. (Cal-SCAN)

READERS & MUSIC LOVERS. 100 Greatest Novels (audio books) ONLY \$99.00 (plus s.h.) Includes MP3 Player & Accessories. BONUS: 50 Classical Music Works & Money Back Guarantee. Call Today! 1-866-979-4428. (Cal-SCAN)

Omaha Steaks

100 Percent Guaranteed Omaha Steaks-SAVE 65 percent on the Family Value Collection. NOW ONLY \$49.99 Plus 3 FREE GIFTS & right-to-the-door delivery in a reusable cooler. ORDER TODAY at 1-888-525-4620 or www.OmahaSteaks.com/mo27, use code 45069Z2EJ. (MB 12-31-12)

Shari's Berries

SHARI'S BERRIES - Order Mouthwatering Gifts for Valentine's Day! 100 percent satisfaction guaranteed. Hand-dipped berries from \$19.99 plus s.h. SAVE 20 percent on qualifying gifts over \$29! Visit www.berries.com/grins or Call 1-888-858-8494 (MB 12-31-12)

Slashes Heating Bills

HEAT YOUR HOME FOR 5c an Hour! Portable infrared Heater heats 1000 sq. ft. Slashes your heating bills by 50 percent. FREE SHIPPING! Use claim code 6239. WAS \$499 NOW \$279 Call 1-888-306-5657 (MB 12-31-12)

TV

AT&T U-Verse just \$29.99/mo! Bundle Internet+Phone+TV & SAVE. Get up to \$300 BACK! (Select plans). Limited Time Call 800-418-8969 & Check Availability in your Area! (NANI)

Upholstery

B&T Upholstery and Repairs Specializing in Deco & Modernism Furniture. 916-392-1959 (MPG 02-09)

Vacation Properties

ADVERTISE Your VACATION PROPERTY in 240 California newspapers for one low cost of \$550. Your 25 word classified ad reaches over 6 million+ Californians. Free brochure call Elizabeth (916) 288-6019. (Cal-SCAN)

Volunteers Needed

Sutter Auburn Faith Hospice Thrift Store invites volunteers to work as cashiers, sales floor assistants, donation processors or pricers. Training is provided; a four hour weekly commitment is required. Location: 13342 Lincoln Way, Auburn. Call store coordinator, Kim Chase, 530-887-0561. (MPG 12-31-12)

Volunteers Needed: The Domestic Violence Intervention Center needs caring people to assist victims

Real Estate Commercial

I BUY HOUSES "QUICK" CASH No Equity No Problem. Need Repair OK. 916-715-4751. (MPG 11-30-11)

Real Estate Land/Lots for Sale

COLORADO Acre w/beautiful private trout fishing stream, \$29,500.00! \$325 down, \$325/month. Mountain canyon w/good access road. Adjoining gov't lands. Call Owner anytime 806-376-8690. Diane.steed@att.net (NANI)

Reverse Mortgage

Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 866-982-4692 (MB 12-31-12)

Schools / Education

Carmichael & surrounding area. Experienced, Master's degree, all levels. Reading/Learning tutor-consultant: individual \$45/45 min session. 303-868-3180. alexanmorgan@gmail.com (MPG 04-30-12)

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Legal Advertising Fax
916-773-2999

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Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984

Legal Advertising
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Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01913. William Glasser, 4231 Paradise Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Paso Properties" at 7220 Fair Oaks Blvd. #D, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 2, 2012. Publish: March 14, 21, 28, April 4, 2012. PASOPR 120302 4-4-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-011853. Joseph Raymond Pena, 4332 Winje Dr., Antelope, CA 95843 is doing business under the Fictitious Business Name "Fat Lip Industries" at 4332 Winje Dr., Antelope, CA 95843. Filed with the Clerk of Sacramento County on Feb. 29, 2012. Publish: March 14, 21, 28, April 4, 2012. FATLIP 120302 4-4-12

NOTICE OF TRUSTEE'S SALE File No. 7042.22870 Title Order No. 6186886 MIN No. 100274810200254695 APN 272-0122-002-0000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 01/28/05. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings bank specified in §5102 of the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): Donovan Earl Oakleaf, an unmarried man Recorded: 02/07/05, as Instrument No. Book 20050207 Page 1906 of Official Records of SACRAMENTO County, California. Date of Sale: 04/16/12 at 9:00 AM Place of Sale: Radisson Hotel, 500 Leisure Lane, Sacramento, CA. The purported property address is: 3008 STANTON CIRCLE, CARMICHAEL, CA 95608 Assessors Parcel No. 272-0122-002-0000 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$280,584.93. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTENTIAL BIDDERS If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources,

you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or visit this Internet Web site www.USA-Foreclosure.com or www.Auction.com using the file number assigned to this case 7042.22870. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: March 15, 2012 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Victoria Gutierrez, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 Reinstatement and Pay-Off Requests: (866) 387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE ORDER # 1002.210756: 03/2 1/2012.03/28/2012.04/04/2012 Publish: March 21, 28, April 4, 11, 2012. NORTHW 120303 4-4-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01330. Tijuana Lynne Herron and Jeffrey Marlon Herron, both of 8700 Spruce Ridge Way, Antelope, CA 95843 are doing business under the Fictitious Business Name "The House of Refuge Ministries of Sacramento; Man2Man; V.I.N.E. Ministries" at 8700 Spruce Ridge Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on February 14, 2012. Publish: March 21, 28, April 4, 11, 2012. THEHOU 120303 4-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02151. Ronald C. Ogg, 7712 McMullen Way, Sacramento, CA 95828; Joseph M. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660; Barbara L. Ogg, 7712 McMullen Way, Sacramento, CA 95828; and Myrtle J. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660 are doing business under the Fictitious Business Name "Cake Castle Bakery" at 7907 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 9, 2012. Publish: March 21, 28, April 4, 11, 2012. CAKECA 120303 4-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01961. Jennifer Bale, 5132 El Camino Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Balance Organizing" at 5132 El Camino Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 5, 2012. Publish: March 21, 28, April 4, 11, 2012. BALANC 120303 4-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01961. Jennifer Bale, 5132 El Camino Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Balance Organizing" at 5132 El Camino Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 5, 2012. Publish: March 21, 28, April 4, 11, 2012. BALANC 120303 4-11-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00114567 WHEREAS, Myesha Patterson has filed a petition with this court for a decree changing name of Nicholas Loren Reed to Nicholas Loren Stevenson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 13, 2012 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 23, 2011. Kevin R. Culhane Judge of the Superior Court

Publish: March 21, 28, April 4, 11, 2012. PATTER 120303 4-11-12 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00115938 WHEREAS, Angie K. Singh has filed a petition with this court for a decree changing name of Pria Temple Singh Hernandez to Pria Temple Singh. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 13, 2012 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 23, 2011. Kevin R. Culhane Judge of the Superior Court Publish: March 21, 28, April 4, 11, 2012. SINGH 120303 4-11-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00110354 WHEREAS, Nicholas Ouellet has filed a petition with this court for a decree changing name of Nicholas Ouellet to Nicholas Alexander Ouellet. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 24, 2012 in Dept. 53, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: November 23, 2011. David I. Brown Judge of the Superior Court Publish: March 21, 28, April 4, 11, 2012. QUELLE 120303 4-11-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02152. Ronald C. Ogg, 7712 McMullen Way, Sacramento, CA 95828; Joseph M. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660; Barbara L. Ogg, 7712 McMullen Way, Sacramento, CA 95828; and Myrtle J. Freitas, 6221 La Cienega Dr., North Highlands, CA 95660 are doing business under the Fictitious Business Name "Cake Castle Bakery" at 5601 66th Ave., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on March 9, 2012. Publish: March 28, April 4, 11, 18, 2012. CAKECA 120304 4-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-01850. Jorge Martin Aluy, 3116 Avonmore Dr., Modesto, CA 95355 is doing business under the Fictitious Business Name "Green Solutions" at 2516 San Jose Way, Sacramento, CA 95817. Filed with the Clerk of Sacramento County on Feb. 29, 2012. Publish: March 28, April 4, 11, 18, 2012. GREENS 120304 4-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02196. Professional Prosthetics, Inc., 2844 Barbarell Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name "Professional Prosthetics, Inc.," at 2844 Barbarell Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on March 12, 2012. Publish: March 28, April 4, 11, 18, 2012. PROPRO 120304 4-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02466. Sacramento Central Seventh-day Adventist Church, 6045 Camellia Ave., Sacramento, CA 95819 is doing business under the Fictitious Business Name "Your Neighbor Community Thrift Store" at 6200 Folsom Blvd., Sacramento, CA 95819. Filed with the Clerk of Sacramento

County on March 19, 2012. Publish: March 28, April 4, 11, 18, 2012. YOURNE 120304 4-18-12 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00120664 WHEREAS, Mi Mai has filed a petition with this court for a decree changing name of Mi True Mai to Michelle Mai. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 27, 2012 in Dept. 54, located at 720 9th St., Room 101, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 16, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: March 28, April 4, 11, 18, 2012. MAI 120304 4-18-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00121114 WHEREAS, Sharon Carmel Moore has filed a petition with this court for a decree changing name of Sharon Carmel Moore to Sharon Carmel McIntyre. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 4, 2012 in Dept. 54, located at 720 9th St., Room 101, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 23, 2012. Shelleyanne W.L. Chang Judge of the Superior Court Publish: March 28, April 4, 11, 18, 2012. MCINTY 120304 4-18-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02641. Joseph L. Breton and Julie A. Breton, both of 7004 Brayton Ave., Citrus Heights, CA 95621 are doing business under the Fictitious Business Names "Renovation Really Solutions; Renovation Really" at 7004 Brayton Ave., Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on March 23, 2012. Publish: April 4, 11, 18, 25, 2012. RENOVA 120401 4-25-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02598. Alexander Ray and Nicole Ray, both of 6731 Steele Oak Lane, Carmichael, CA 95608 are doing business under the Fictitious Business Name "North Area Physical Therapy and Aquatic Therapy" at 476376 El Camino Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 22, 2012. Publish: April 4, 11, 18, 25, 2012. NORTHYA 120401 4-25-12

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-02623. Marc Valdivia, 4301 Pasadena Ave. #5, Sacramento, CA 95821 is doing business under the Fictitious Business Name "Universal Air Quality" at 4301 Pasadena Ave. #5, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on March 23, 2012. Publish: April 4, 11, 18, 25, 2012. UNIVER 120401 4-25-12

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Carmichael Chamber of Commerce Carmichael Chamber Board Meeting Tue, April 10 13, 2012 from 12:00pm - 1:30pm @ Eskaton Village Carmichael Board meetings are held at Eskaton Village and require advance notification for a gate pass. Any member wishing to attend needs to contact Linda in advance to have this arranged. Carmichael Chamber Mixer Wed, April 11, 2012 from 5:30pm - 7:30pm Free food and drink and great networking opportunities. Bring a raffle prize and plenty of business cards. Location TBD. Carmichael Chamber Luncheon Tue, April 24, 2012 from 11:30am - 1:30pm @ Cypress Avenue Baptist Church Education Building Guest speaker is Brian Ivie, President of Mercy San Juan Medical Center discussing updates in health care. Come enjoy a delicious buffet lunch, speaker, and plenty of opportunity to network. Raffle prizes too! Cost for the luncheon is \$18 for members and \$23 for non-members. Please go to website to register. For information about these events contact: Linda Melody Email: linda@carmichaelchamber.com Contact us for more information on the Carmichael Chamber of Commerce Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com



POPPOFF!

with Mary Jane Popp

1) The way to navigate this Wild New World is to mend your own life...and that process means you will also mend other people and situations. As the world around us becomes less predictable and systems dissolve, we must let go of our familiar, rigid ways of thinking and behaving to embrace the fluidity of our true nature...the essential characteristics that makes each of us unique. Helping our true nature allows us to surf the change tsunami while helping others in the process.

2) In order to restore the nature of ourselves and the earth, we must learn from ancient wisdom. Martha has traveled the world, studying ancient wisdom traditions created and used by the wisdom teachers of many cultures. Our Western culture has lost or put these practices aside for mending the self. Martha believes these traditions are now the key to healing ourselves and the earth.

3) There is a gathering of "wayfinders" mobilizing in every part of the world. In her ravel, Martha increasingly encounters people who share an urgent drive to connect with their own true natures, and consequently help restore the earth's balance. This team of "wayfinders" expressed a remarkably consistent internal desire to forgo

fixed and traditional careers or choices in favor of more fluid and unconventional ones.

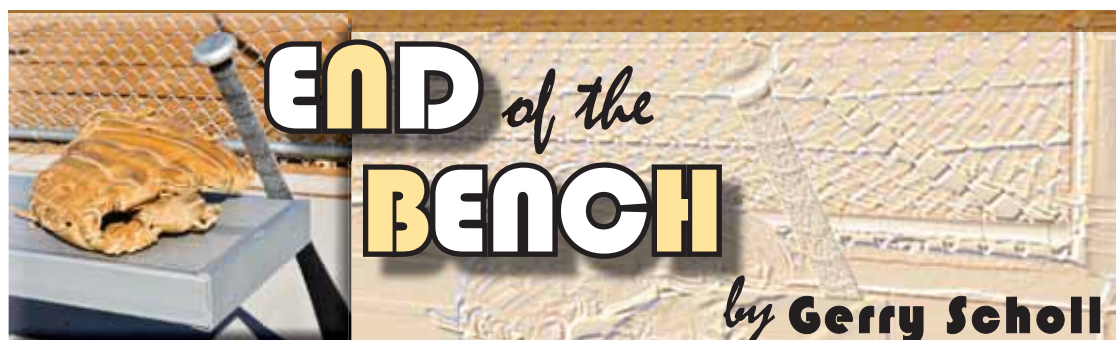
4) Everything you need for your journey is already in you. In "Finding Your Way in a wild New World," Martha provides simple yet powerful ideas and techniques to help you connect with your true nature's incredible gifts, leverage your own innate genius, and thrive joyfully as you find your way through our wild new world.

So, there are ways to unlock your potential for deep transformation with Martha Beck, and come home to your true, purposeful, and unafraid self. Martha brings together ancient wisdom and modern science to help us embrace our skills and create the life we really want. If you want to hear more about life, please tune in the POPPOFF Monday thru Friday, or check out on-demand for POPPOFF 24 hours a day at www.kahi.com Check out the life you want at www.marthabeck.com and "Finding Your Way in a Wild New World." It might be the wild wild west out there, but challenge is what makes for greatness. That's what Mary Jane Popp says!!!

Join Mary Jane for the **KAHI Noon News Monday-Friday and then again for POPPOFF 10 PM-Midnight.**

WILD NEW WORLD

Do you sometimes feel like you're living in a wild new world...one in which you don't know how to cope? Relax! Enter Martha Beck, author of "Finding Your Way in a Wild New World." It's a handbook for learning how to surf the tsunami of change we see all around us. Martha is a celebrated life coach. She writes a monthly column for O, The Oprah Magazine and she's been featured on Good Morning America, The Oprah Winfrey Show, and The Talk. Now that we have established some credentials, let's get to the nitty gritty on how to deal with this wild new world! First, let's admit that we are living in a wild new world. It's an ever changing rapidly dissolving and reforming financial, economic, and cultural system. The speed and scope is so enormous that we can't track it fully. We really can no longer accurately predict what our personal and collective futures will be. That being said, let's get to what Martha has to give us some help. Here's what she says.



Together, We're Not Who We Used to Be

The San Francisco Giants will have their final roster decisions for 2012 sorted out by the time they take the field Friday at Arizona for the season opener, but, for sure, they will have quite a different look compared to who they were seventeen months ago when they won the World Series.

Only three of the nine players, including starting pitcher Tim Lincecum, who ran out on the diamond for Game One of that Series are still with the team. Catcher Buster Posey will be back, trying to return to form after missing most of 2011 due to his horrific ankle injuries. First baseman Aubrey Huff is back after a poor 2011 season and in the final year of his contract, trying to retain his position ahead of youngsters Brandon Belt and Brett Pill.

I was flipping through a little book I have on the Giants' 2010 postseason run called "Giant Surprise." There are a lot of pretty cool pictures in there from those forever memorable games.

There's a picture of Cody Ross and Edgar Renteria chest-bumping — both gone now. There's one of Ross, the NLCS MVP, making contact on one of his five postseason home runs, and one of Renteria connecting on his famous homer in Game Five of the Series which provided the clinching margin.

So many of those grinning Giants heroes who paraded triumphantly through the streets of The City are gone now. Loveable Andres Torres and handsome Pat Burrell, particular favorites of female Giants fans, — traded to the Mets and retired, respectively. Juan Uribe and his classic home run pose at the plate in Game One — gone. Overpaid outfielder Aaron Rowand was released and may be found somewhere in the minor leagues,

and infielder Mike Fontenot was recently let go. Clutch-hitting, but fragile, second baseman Freddy Sanchez is back on the disabled list again. Starter Jonathan Sanchez — off to Kansas City.

Possibly only four of the fourteen position players on that World Series roster will be with the team this year. But for a team that turned in an astonishingly abysmal offensive performance in 2011, that might be a good thing. Changes for the better had to be made and, hopefully, "Together, We're Giant."

Three new outfielders, Angel Pagan, Melky Cabrera and Gregor Blanco, along with returnee Nate Schierholtz, and young infielders Brandon Crawford and Emmanuel Burriss will provide upgrades in speed and defense. Their power numbers will be a big question, however. That department will be the specialty of a more healthy and more committed third baseman Pablo Sandoval. It would be hard to imagine the new group could do any worse than last season's offense, one of the worst in Giants history.

The best news is that the Giants have retained the services of eight of the eleven pitchers from the World Series team and may still have the best overall staff in the majors, anchored by Lincecum and Matt Cain, who just re-signed with the team on a long-term deal.

Across the bay in Oakland, the Athletics are, and then again they aren't, who they used to be. There are in the sense that the player turnstiles are fully operational — most of their better players are, once again, gone after ultra-short tenures with the team. They aren't in that there are, once again, a lot of new faces around. The "A" on the cap could stand for "Anonymous."

At least they have decided to start building a regular lineup around

young burgeoning stars. Second baseman Jemile Weeks was somewhat of a revelation through late last season and newly signed Cuban star center fielder Yoenis Cespedes has a bit of a Bo Jackson look about him. First baseman Brandon Allen has impressive power and may be the "sleeper" in the lineup. Young versatile outfielder Collin Cowgill could be a big help off the bench.

The A's have improved the offense and will add suspended veteran star Manny Ramirez to the mix as a designated hitter fifty games in, but that may be too late because of the gutted pitching staff.

Can you name the A's starting rotation? Can manager Bob Melvin name the A's starting rotation? Maybe he could, and maybe he would cringe doing so. And then when he calls for his closer he'll say, "Grant Balfour." And that's the last thing you want your closer to do.

And now I have to go see if the Kentucky Wildcats can go close their deal in the NCAA Championship Game, and wait and see if their drunken fans burn down the whole city of Lexington, win or lose. What's the deal with all these sports celebrations? What spirit!

Coach John Calipari is a hard one to root for with his checkered past of indiscretions at Massachusetts and Memphis. It wouldn't be a surprise to see him leave Kentucky with a probation to face as well, as he moves on again for another bigger payday elsewhere. Go Kansas, I guess.

It has been a relatively uninspiring tournament, but the one lasting impression will be the highlight play against Louisville in the semi-final by Kentucky's freshman sensation Anthony Davis, taking a tipped lob pass with a long reach and slamming it emphatically through the rim. Game Over.

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 April 24 - May 5, 2012 Friday Morning Figure Group Show June 5 - 23, 2012 Textiles Show

Victoria Brooks will present a program at the NCA General Meeting
 April 11, 2012 - 7 pm



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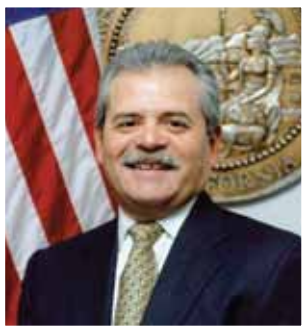
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Q: I'm not operating my vehicle, although the registration fees are current and I've canceled the insurance. Now I am getting notices of "Intent to Suspend." What should I do?

A: When your registration fees are current and you are not operating your vehicle, you must submit an "Affidavit of Non-

Use," REG. 5090 form. This notification will stop the insurance suspension action. If your vehicle is still not being operated when you receive a billing notice for your next renewal period, be sure to file a "Planned Non-Operational" status on the vehicle and pay the appropriate fee. For more information about vehicle registration insurance requirements, please visit our website at <http://www.DMV.ca.gov/vr/insurance.htm>.

Q: What is the proper way to handle an aggressive driver on the roadway?

A: Aggressive driving happens when crowded roads, rushing, and impatience cause one driver to react angrily to another driver. When you are confronted with aggressive drivers make every attempt to get out of their way but if that is not possible here are some suggestions to keep you safe:

- Wear your seat belt.
- Avoid eye contact. Eye contact can sometime enrage an aggressive driver.

• Put your pride aside. Do not challenge them by speeding up or attempting to hold-your-own in your travel lane.

• Ignore gestures and refuse to return them. You or a passenger may call the police and report aggressive driving. But, if you use a cell phone, and it's not hands-free, you must first pull over to a safe location.

For more information on safe driving practices, visit <http://www.DMV.ca.gov/pubs/hdbk/scanning.htm>. Save Time. Go Online!

The DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Acting Undersecretary Traci Stevens. The DMV licenses drivers, maintains driving records, registers and tracks official ownership of vehicles and vessels, investigates auto and identity-related fraud, and licenses car dealers, driving schools, and traffic violator schools. For more information about the DMV, visit www.DMV.ca.gov.



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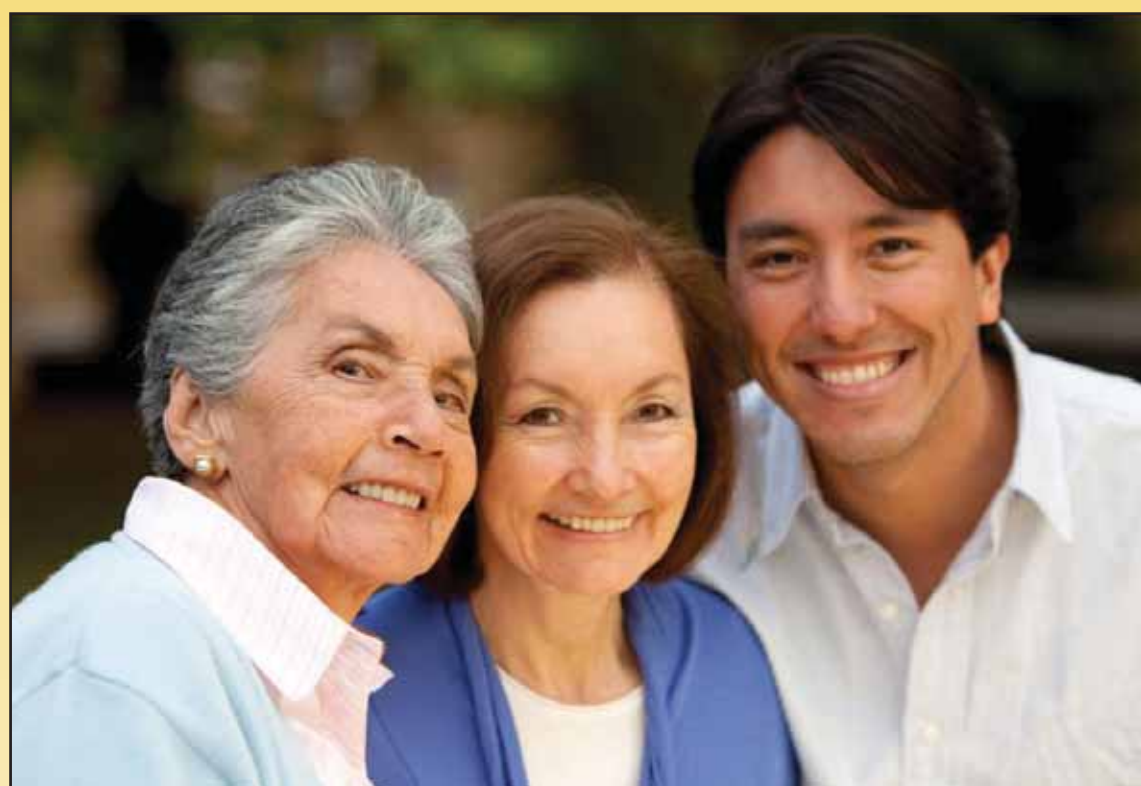
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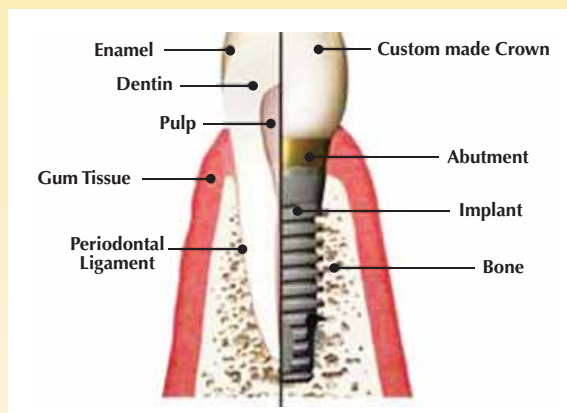


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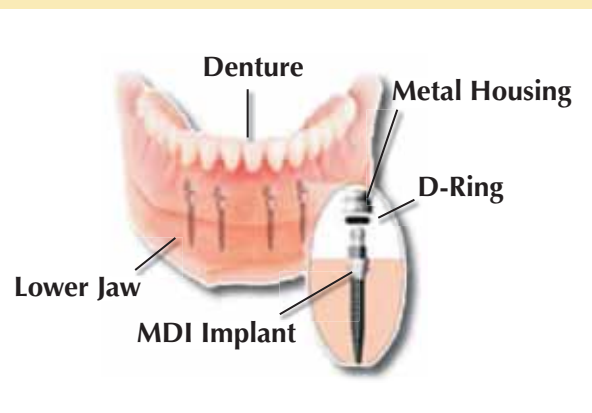
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National Crime Victims' Rights Week: District Attorney Jan Scully Honors Victims & Victims' Rights

National Crime Victims' Rights Week (NCVRW) is April 22-28, 2012. During this time, crime victims and victim advocates will be honored with rallies, candlelight vigils, and commemorative events across the country.

This year's theme, "Extending the Vision: Reaching Every Victim," is a call to action to reach and serve every victim of crime, across all cultural and socioeconomic backgrounds.

In recognition of NCVRW, the District Attorney's Office will join public safety partners, community victim service organizations, and concerned citizens throughout Sacramento County to honor crime victims and those who serve them. The public is encouraged to attend the following activities and ceremonies:

April 17 ~ Resolution Presentation

District Attorney Jan Scully will seek a resolution from the Sacramento County Board of Supervisors recognizing NCVRW at 9:30 a.m. in the Board of Supervisors' Chambers. Memory quilts made by the District Attorney's Homicide Support Network will also be on display, and will remain in the Board of Supervisors' Chambers through the end of NCVRW.

April 24 ~ 2012 March on the Capitol

The District Attorney's Office will participate in the Crime Victims United of California's 2012 March on the Capitol event. Visit the DA's Victim Witness Assistance table for more information about victims' rights, services, and resources. The DA's Homicide Support Network will also have memory quilts on display. Activities begin at 10:00 a.m. on the west steps of the State Capitol.

April 27 ~ Outstanding Citizen Awards Ceremony

District Attorney Jan Scully will host the 13th Annual Outstanding Citizen Awards Ceremony. Ten victims and witnesses will be recognized for their extraordinary courage throughout the criminal

justice process, and their contribution to the safety of our community. The ceremony will be held at 9:30 a.m. in the Board of Supervisors' Chambers:

Mr. Francis Frank & Mrs. Rosemary Frank were driving home when they saw a woman running down the sidewalk. The victim was being attacked and chased by her estranged husband, Michael Parker. The Franks pulled over and got out of their car to intervene. When they yelled for Parker to stop, Parker punched Francis in the face, and tried to gouge his left eye out with his thumb. Parker then pushed Rosemary to the ground, got on top of her, grabbed her hair, and slammed her head twice on the concrete until she lost consciousness. Francis sustained a fractured nose, cornea abrasion, and bruised ribs. Rosemary sustained a severe head injury, a chipped bone in her left knee, and an injured jaw. Her doctor told her she would not be able to work for 18 months. Despite their injuries and ongoing related medical issues, the Franks were kind and gracious throughout the criminal proceedings. They never expressed anger, and at sentencing stated that they hope Parker learns from his mistakes. The Franks personify what it means to be a Good Samaritan. It would have been much easier to drive by, or call for assistance from the safety of their car. Instead, they chose to stop and provide immediate help. Parker was sentenced to 10 years in prison.

"V" was molested by family member, Bobby Mask, from age 10 to 13 years old. She wrote about the abuse in her journal, which was discovered by a school official. When law enforcement was called, she gave a detailed description of the sexual assaults. Upon hearing that V reported the abuse, three more female family members came forward as having been molested by Mask when they were V's age. The three women testified as prior victims during the trial. V endured great personal turmoil after disclosing the abuse.



District Attorney Jan Scully

She was removed from her home, separated from her sister, placed in several foster homes, and attended five schools in one year. She was shunned by part of her family, who tried to intimidate her during her testimony. The scare tactics were so obstructive, one person was ordered to leave the courtroom. Despite these obstacles, V remained determined to tell the truth. Because of one 13 year-old girl's bravery, a vicious cycle of child molestation was stopped. Mask has finally been held accountable for reigning terror over his own family. Mask was sentenced to 207 years to life in prison.

Shawn Burke & Christina Zotalis were driving on a road, south of Jackson Highway, when they saw two cars parked on the side of the road. They noticed flames and someone crouched down near a burning trail that led to one of the parked cars. They turned their car around to see if anyone needed help, and called 911. As they approached the scene, they saw one of the cars completely engulfed in flames. The other car then drove off at a high rate of speed. Shawn and Christina followed the car as it sped down west Jackson Highway, and stayed on the phone with law enforcement to update dispatch with their location. The fleeing car turned into a residential area, and the passenger jumped from the moving car to flee on foot. They continued to follow the car until law

enforcement arrived and stopped the driver, Hasmik Karapetyan. The passenger, Seyran Margaryan, was also apprehended. Shawn and Christina displayed extraordinary courage by following the suspects that night. If they had not taken action, the fire could have gone out of control and consumed homes and property, and the defendants may not have been caught. With their testimony, both defendants were convicted for arson and conspiracy to commit insurance fraud. Throughout the lengthy court process, both witnesses remained committed to seeing that justice was done. Karapetyan and Margaryan were each sentenced to 240 days work project, a 5 year probation period, and both must register as convicted arsonists.

Nallely Sanchez, Teresa Martina, and the 68 year-old victim work together as cardiac nurses. One morning, the victim was leaving her house for work when she was attacked by Joseph Sullivan. Sullivan made her call in late to work, forced her back into the house, and stole her valuables and bank information. He then tied her to a chair, and forced her to drink alcohol until she passed out. Nallely and Teresa, the victim's co-workers, knew something was wrong, and drove to the victim's house. The two jumped a fence, and began screaming while banging on windows. The victim woke from the screaming, and cried out for help. Nallely and Teresa broke a kitchen window, entered the house, and came to her aid. It was determined that the victim suffered a heart attack that morning. She was tied in such a way that if she had vomited, she could have choked to death. Thanks to Nallely's and Teresa's proactive, persistent, and brave actions, their co-worker made a full recovery. With help from Nallely and Teresa's participation in the court process, Sullivan was convicted for kidnapping for extortion with great bodily injury, residential robbery, and carjacking. Sullivan was sentenced to life in prison without the possibility of parole.

Kristen Robinson & Janet Potter both survived horrific violence at the hands of Gerald Ott. In January 2009, Ott was driving recklessly with Kristen Robinson in the passenger seat. While stopped at an intersection, Kristen opened the door in an attempt to exit the car. Ott sped up, sending her tumbling onto the asphalt. She injured her leg, leaving her unable to stand or walk. She repeatedly asked Ott to take her to the hospital. Instead, he drove to a secluded alley, and raped her. He then took her to the hospital, where she was treated for two leg fractures. In June 2010, Ott and then girlfriend, Janet Potter, argued. Ott dropped Janet over the railing of a 12-foot balcony. She suffered multiple fractures to her back, pelvis, and elbow. The injuries left her temporarily paralyzed from the waist down. Ott ignored her repeated requests to call 911, and instead carried her back upstairs into his apartment, where he raped her as she lay unable to move. Ott waited 9-10 hours before calling 911. Paramedics transported Janet to the hospital. Four days later, she reported the assault and rape to police. Kristen was afraid to initially report the assault by Ott. However, upon learning what happened to Janet, she felt obligated to come forward and report the rape. With the courage and perseverance of Kristen and Janet, Ott was convicted for the rape and torture of both women. Ott was sentenced to 40 years to life in prison.

Dacey was playing in her front yard when Beontae Brown, Diazanique Berry, and Tiayna Lang attacked her elderly next-door neighbors, Roy and Olive Marshall. Olive was pushed to the ground, and repeatedly punched and kicked. When Roy tried to defend her with his walking cane, he was severely beaten with a glass dish. The Marshalls were bloodied, beaten, and bruised. Before leaving, the defendants rummaged through their home in search of valuables. They then attempted to steal the Marshalls' car from their driveway. Unsuccessful, they forced

their way back into the house to retrieve the car keys. One defendant ran away on foot, while the others drove away from the scene. Seven year old Dacey told officers she saw the defendants go in and out of the house, and that one defendant approached her to ask what direction the person on foot was heading. When the Marshalls were unable to identify any suspects in a photo lineup, Dacey became key to the case. She confidently identified two suspects, unfolding the entire investigation that led to an additional conspirator, Jonathon Pyevech. Dacey provided crucial testimony that helped convict four defendants, and exemplified great courage and determination throughout the court process. Brown was sentenced to 17 years, 8 months in prison, Berry was sentenced to 12 years in prison, Pyevech was sentenced to 12 years in prison, and Lang was sentenced to 10 years in prison.

Scully will also present an Outstanding Service Commendation Award to a citizen who contributes to public safety through exceptional service as a volunteer and community leader.

For more than 17 years, *Mona Foster* has served as a public safety and community advocate for the District Attorney's Office. Her contributions include serving as a founding member and current co-chair of the DA's Multi-Cultural Community Council. Mona played an integral role in the development of the DA's Citizens Academy curriculum, and serves as a presenter every year. She helped coordinate diversity trainings for attorneys and office staff, and facilitated the translation of victim informational brochures in several languages. Throughout the years, Mona has remained committed to improving relations between the criminal justice system and our diverse ethnic and cultural communities. We honor Mona Foster for her outstanding service and contributions to the safety of the Sacramento region.



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