

Carmichael Times

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Serving Carmichael and Sacramento County since 1981

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IRS Warns of Refund Schemes



IRS warns of bogus refund schemes abusing popular college tax credit; targets include seniors, working families and church members in California.

SACRAMENTO REGION – The Internal Revenue Service today warned senior citizens and other taxpayers to beware of an emerging federal tax refund scam tempting victims to file tax returns claiming fraudulent refunds.

Bogus refund claims have been identified from California and at least five other states, including Georgia, Michigan,

Louisiana, Alabama and Indiana.

These schemes carry a common theme of promising refunds to people who have little or no income, and are normally not required to file a federal income tax return. Promoters falsely claim they can obtain a tax refund or nonexistent stimulus payment for their victims based on the American Opportunity Tax Credit, even if the victim was not

enrolled in or paying for college.

Typically, con artists falsely claim that refunds are available even if the victim never went to college, or attended decades ago. In many cases, scammers are targeting seniors, people with very low incomes and members of church congregations with false promises of free money.

“Most of these scams involve promoters who prey upon

people in need, building false hopes. When victims' claims are rejected, their money and the promoters are long gone,” said IRS spokesperson David Tucker. “We want to warn the public to be on guard and stop this new scheme before more innocent people are victimized,” Tucker added.

The IRS has already detected and stopped thousands of these bogus refund claims in recent weeks. The agency is actively investigating the sources of this scheme, and its promoters can be subject to criminal prosecution.

These schemes can be quite costly for victims as promoters may charge exorbitant upfront fees to file their claim. Some promoters of these scams have charged victims \$500 for a bogus \$1,000 credit. All taxpayers, including those who use paid tax preparers, are legally responsible for the accuracy of their returns, and must repay any refunds received in error, plus any interest and applicable penalties. Those who intentionally try to defraud the government may face criminal prosecution.

For advice on choosing a competent tax professional, see Tips for Choosing a Tax Return Preparer on IRS.gov. To get the facts on tax benefits related to education, go to the Tax Benefits for Education Information Center on IRS.gov.

Source: IRS

Property Tax Increases Would Hurt Small Business, Kill Jobs

Increased property taxes would harm small businesses and cost California 396,345 jobs

SACRAMENTO – Californians Against Higher Property Taxes released a study recently by Stephen Frates and Michael Shires at Pepperdine University's Davenport Institute, showing the devastating impact of increased property taxes on jobs and small businesses.

The study shows that by increasing property taxes on businesses by \$6 billion, it would result in \$71.8 billion in reduced economic output and 396,345 fewer jobs over the first five years of the tax increase. And those impacts would grow over time.

“With unemployment numbers leading the nation, and small businesses trying to recover, there could not be a worse time to force California businesses to pay higher property taxes. Higher taxes means businesses charging higher prices for their consumers, laying off their employees or even worse, closing their doors completely,” said John Kabateck, Executive Director, National Federation of Independent Business – California.

The study further concludes that not only will it hurt small businesses, but that these kinds of tax increases would disproportionately harm small businesses owned by women and minorities because these businesses usually rent their space and property taxes are paid by the lessee as part of the lease.

“This sobering report shows the devastating impacts that these increases would have on small, minority and woman owned businesses,” added Joel Fox, President of the Small Business Action Committee. “California should be engaging in tax policies that help small businesses thrive and create jobs, not kill them.”

The study echoes recent public opinion polls showing overwhelming voter opposition to property tax increases. A September 2011 Field Poll showed that 63 percent of Californians supported Prop 13. Another 2011 survey from the Public Policy Institute of California showed that a strong majority of Californians supported Prop 13's taxpayer and property owner protections.

“The on-going attacks on Prop 13 will go nowhere fast with voters. Public poll after public poll shows opposition to proposals to increase property tax rates because it is bad for consumers and bad for the economy,” concluded Jon Coupal, President of the Howard Jarvis Taxpayers Association.

Local governments would face more instability as well as a result of a split roll property tax system, as they would be more directly affected by the boom and bust cycle of the real estate market. At a time when property values were falling in 2008-2009, property taxes from commercial and industrial property rose 5 percent, while their values declined 6.5 percent.

“Increasing property taxes is bad all the way around... It is bad for jobs, bad for small businesses and bad for local government budgeting,” concluded Teresa Casazza, President of the California Taxpayers Association.

Californians Against Higher Property Taxes (CAHPT), a coalition of small businesses, taxpayers and business organizations, is committed to continuing the education and increasing the awareness about the negative consequences of a split roll tax on Californians.

Source: Californians Against Higher Property Taxes www.StopHigherPropertyTaxes.com

Christian Brothers Senior Wins US Junior Olympic National Championship



Hallsten's victory placed him on the United States National Team that will compete for the World Championship in Moscow.

SACRAMENTO – John Hallsten, a senior at Christian Brothers High School defeated

club team mate Kaito Streets to claim the Gold Medal in the Junior (under 20) Men's Saber

National Championship at the 2012 Junior Olympics in Salt Lake City, Utah. The win followed a club victory for the Junior Team Men's Saber National Championship. The Team Saber Championship was the second consecutive Junior Olympic team Gold Medal for the Carmichael based Hristov Csikany Fencers.

Hallsten's victory placed him on the United States National Team that will compete for the World Championship in Moscow the first week of April.

For the team victory Hallsten was joined by Christian Brothers junior Kalan Miurelle as well as Streets and Isaac Buchwald of El Granada, California.

“What a great weekend” stated Mihaly Csikany, team coach.

“First a second consecutive team championship on Friday followed my John's Gold Medal on Saturday”.

John Hallsten has verbally committed to Notre Dame and Kaito Streets has verbally committed to Penn State pending NCAA signing dates in April.

Hristov Csikany Fencers is a competitive fencing club located in Carmichael. The club offers a full range of fencing instruction from beginners through Olympians. For more information contact Kristiyan Hristov at (847) 902-3951 or Mihaly Csikany at (916) 529-2165.

For more information about fencing see usfencing.com the official website of the United States Fencing Association.

Rio Americano High and Bella Vista High Win Court Competitions

Rio Americano High Wins 2012 Sacramento County Mock Trial Championship
Bella Vista High Wins Moot Court in 33rd Annual Competition

SACRAMENTO COUNTY – After several days of fierce courtroom competition, and thoughtful deliberations by esteemed judges, the verdicts are in for the 2012 Gordon D. Schaber Mock Trial and Moot Court Program competition. In Sacramento County, Rio Americano High School (Team 1) is the winner of the Mock Trial competition and Bella Vista High School (Team 2) earned top honors in the Moot Court competition.

Elk Grove High School placed second in the Mock Trial competition and C.K. McClatchy High

School was runner-up in the Moot Court competition.

The Sacramento County Office of Education (SCOE), which coordinates the event, announced the winners at the GDS Awards Ceremony on March 5. Rio Americano High will advance to the California Mock Trial competition which will be held in Sacramento, March 23-25. California does not hold a statewide Moot Court competition.

Teams from 18 Sacramento County high schools, as well as 4 teams from El Dorado, Placer and Yolo counties, competed in the 33rd annual event. Volunteers

from more than 54 local law firms and other legal organizations served as scoring and presiding judges for the five-day event.

The Mock Trial competition simulates a trial-level proceeding in which students portray the roles of pre-trial counsel, prosecuting and defense attorneys, witnesses, court clerks, bailiffs, and jurors before a single presiding judge and two scoring judges. It includes courtroom art and courtroom journalism competitions. The county Mock Trial winner advances to a statewide competition.

The Moot Court competition is

an appellate-level proceeding in which students prepare and argue a case before a panel of three judges that evaluates participants on the quality and persuasiveness of their legal reasoning and presentation, as well as their unscripted responses to spontaneous questions from the bench.

The California Mock Trial Competition is sponsored by the Constitutional Rights Foundation (CRF), a non-profit, non-partisan, community-based organization dedicated to educating America's young people about the importance of civic participation in a democratic society.

Victory Christian Wins Championships

CARMICHAEL – Carmichael has a lot to be proud of as Victory Christian, a school of not much more than 100 students, won two championships earlier this month.



The boys varsity team (20-5) beat Sacramento Adventist (14-9) by a score of 65-46 to take the division crown at the Sac-Joaquin section division basketball championships held at Galt High School.

The boys were led by Senior Robby Maxey with 11 points, Senior Clayton Coppernoll with 14, and Senior Blake Owen with 13 points.



The Victory Christian varsity girls team (20-6) beat Wilton Christian (18-5) by a score of 45-37. It was their first basketball championship. They were led by Junior Molly Huffman who had 18 points, Senior Laura Neville who had 8 points and Junior Angela Frentzen who had 7 points.



**Congratulations
Victory Christian!**

All photos for
this story by
Rob Maxey



Arden Hills Names Ashurina Younan as Chef de Cuisine

SACRAMENTO – Arden Hills Resort Club & Spa has promoted Ashurina (Rina) Younan from Sous Chef to Chef de Cuisine, effective immediately. Chef Rina first joined Arden Hills in March 2011 and has demonstrated a passion for creating nutritious and great tasting menus, a flair for food presentation and a commitment to excellent customer service. In her expanded new role as Chef de Cuisine, Chef Rina will oversee the entire food services division at the Resort that includes event/banquet catering and two on-site restaurants — Mangos and Sprouts Natural Foods Cafe.

Chef Rina joined Arden Hills with an extensive background working in food service positions in resort environments throughout



Ashurina (Rina) Younan. Photo courtesy of T-Rock Communications

the greater Sacramento area. Previously, she worked as Sous Chef for Thunder Valley Casino Resort in Lincoln; as Lead Chef

for Scott's Seafood on the River (that also serves LeRivage guests); and as Lead Cook for Cache Creek Casino Resort in Brookes, California. Prior to working in the food services industry, she earned her Culinary Arts Certificate from San Diego Culinary Institute.

In addition to managing the day-to-day food service operations and a staff of 25, Chef Rina will focus her attention on developing inspired menus filled with delicious and nutritious dishes made primarily with natural or organic locally sourced ingredients that support the overall wellness philosophy at Arden Hills Resort Club & Spa. For more information about Arden Hills Resort Club & Spa visit www.ardenhills.net.

Business Owners Invited to ADA Compliance Workshops

SACRAMENTO REGION – Tens of thousands of lawsuits have been filed against small businesses throughout California in the past few years over the Americans with Disabilities Act (ADA). Ninety-eight percent of small businesses may have one or more compliance issues which could lead to these claims, including round door handles, unsecured floor mats, and more. Business owners are invited to attend a workshop to get an update on state and federal ADA laws and to learn about guidelines for properly following the laws and avoiding

costly non-compliance lawsuits.

Senator Gaines hosting a series of four workshops in partnership with Assemblywoman Beth Gaines, local chambers of commerce, California Citizens Against Lawsuit Abuse, and David Warren Peters, an attorney who has been consulted in more than 850 lawsuits throughout the United States.

If you are a business owner, you can't miss out on this opportunity! For more information, please call Senator Gaines' district office at (916) 783-8232.

Town Hall Meeting Schedule

Join Senator Ted Gaines for a Town Hall Meeting to discuss goals and priorities for 2012, share concerns about state issues and learn how my Senate Office can provide resources and services. For more information, please call Senator Gaines' district office at (916) 783-8232. The schedule for the workshops and town hall meetings can be found online at www.senate.ca.gov/GAINES.

Christian Singles Dance

SACRAMENTO REGION – Christian Singles Network is hosting a Dance lesson and DJ Dance for single adults Sunday, March 25 from 7 PM to 10:30 PM. at Roseville Veteran's Hall, 110 Park Dr., Roseville. The evening features DJ Dale from Allstar Entertainment playing dance music 8 PM, and dance teacher Janine Wright teaching the Country Two Step with a bit of Swing 7-7:45 PM. Casual attire suggested. The hall has a wood dance floor. Light refreshments and non alcohol beverages will be included.

Tickets are \$10 presale, and \$13 at the door. CSN members pay \$10 at the door. Membership is not required. Presale tickets may be purchased on line at www.christiansinglesnet.com or at Berean Bookstore in Sacramento or

Jireh's Bookstore in Placerville.

Christian Singles Network, Northern California's largest inter-church singles group, has over 7,500 singles on its roster and hosts dances every 3 to 4 weeks. The next dance after this will be Saturday, March 31 at Carmichael Presbyterian Church. Call the number below for directions or more information. The price also includes appetizers (including dessert) and complimentary non alcohol beverages. The dance music is a mix of rock and roll, ballroom, and Latin music.

Membership is not necessary to attend, and all ages and all denominations are welcome. Couples are welcome also. CSN will be celebrating its 20th anniversary this year, drawing singles from the Sacramento, the foothills, and

beyond to Reno and the Bay Area to the dances.

Pre-sale tickets are available at Berean Christian Bookstore, Sacramento; Jireh's Bookstore in Placerville, and on line at www.christiansinglesnet.com, or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722. Volunteers receive a discount or attend free for helping. Call the office to volunteer.

For more information or to receive reminder emails call the CSN office at (530) 878-8606. A 24 hour line is available for dance information at 916-658-0606. The website, www.christiansinglesnet.com, includes directions to the dance as well as information about upcoming events including seminars and dinner/game nights.

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- April 3: Sweet Talk & Bitter Betrayal *
- April 4: Bitter Tears
- April 5: Bittersweet Control
- April 6: A Bitter Burden *
- April 7: Bittersweet Passing
- April 8: Bittersweet Future (Easter Sunday)

* Dinner will be provided before this event, starting at 5:30 PM. Cost is \$3 per person, up to \$10 max for a family of four or more.

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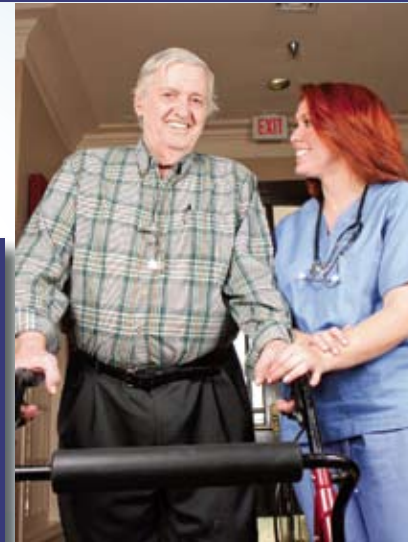
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"It is essential that we get the public and health care professionals talking about sleep and the effects of insufficient sleep and sleep disorders, so they can take the necessary steps to avoid the dangers of poor sleep and benefit from improved health and well-being." - Surgeon General Richard H Carmona

Ten Reasons Not to Skimp on Sleep

5. It Could Trigger Heart Disease

Findings from the Landmark Nurses Health Study reveal that sleeping less than seven to eight hours a night, or more than twelve regularly, rockets an individual's odds of developing coronary heart disease.

6. It Could Make You Appear to Lack Intelligence

Do you feel that you are smarter than you seem to friends and co-workers? According to research delivered at the 2008 National Sleep Conference at the National Institutes for Health in Bethesda, Md., forgoing sleep may pack a substantial blow to learning, retention and cognitive functioning.

7. It Could Spark Diabetes

"Sleep restriction may be an independent risk factor for developing symptomatic diabetes," concludes a study conducted at Brigham and Women's Hospital in Boston, Mass.

8. It Could Make You Age Faster

Looking for the fountain of youth? Start by looking at a good bed and proper pillow. A recent paper in the journal *The Lancet* suggests that missing sleep upsets the body's metabolism and delicate endocrine system - changes that mimic aging. This may explain why sleep deprivation is linked with an array of age-related disorders

9. It Could Lead to Depression and Anxiety

Feeling blue or anxious? The sandman may hold the key to a healthy emotional state. A Wealth of research links psychological depression and anxiety with sleep disorders and deprivation. In some cases, the psychological conditions fuel insomnia. In other cases, lack of sleep due to shift work, busy schedules and stress trigger emotional strain leading to psychological disorders.

10. It Could Give our Kids Attention Problems

Recent research suggests that some children who are diagnosed with attention deficit hyperactivity

disorder (ADHD) may not actually have the condition. Instead, they may be suffering from sleep deprivation, which is linked with poor performance in school, attention problems and behavioral issues.

Hit the Hay for the Health of It

According to scientists, "studies suggest that sleep should not be considered a luxury, but an important component of a healthful lifestyle."

"We are all affected by sleep problems," notes Dr. Carl Hunt, Director of the National Center on Sleep Disorders Research. "Even if you personally get sufficient sleep to feel refreshed each day, chances are you interact with someone who had a sleep problem. It could be your mother, whose sleep apnea increases her chances of developing heart disease; your car pool driver, who might be at increased risk for a car crash because of poor sleep; or your child, who has trouble in school because they don't get enough sleep at night."

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Everyone Wants to be Irish on St. Patrick's Day

"He'll regret it till his dying day, if ever he lives that long." *Red Will Danaher, "The Quiet Man"*

By Julie Parker

Although Irish film critics considered John Ford's 1951 "The Quiet Man" demeaning to the Irish, Ford intended it to be a tribute to his parents' Gaelic homeland. As television stations around the country show the film each St. Patrick's Day, we continue to be enchanted with the idyllic, imaginary village of Innisfree and its inhabitants.

Is it any wonder that everyone wants to be Irish on St. Patrick's Day? The cultural myth of rainbows, pots o' gold, and leprechauns offer a magical escape from our seemingly mundane, and sometimes, challenging lives.

From Chicago dyeing the Chicago River green, to San Francisco's 161st parade, to Key West's annual St. Patrick's Day Bar Stroll, we Americans love to celebrate everything Irish on March 17th. In fact, we celebrate it more than the Irish.

Even President Barack Obama isn't immune. On March 1, he declared March 2012 as Irish-

American Heritage Month.

Did you know that St. Patrick wasn't even Irish? He was born in Britain, kidnapped as a teenager, and sent to Ireland to work in the sheep fields. Although he eventually escaped, he returned to Ireland to convert the residents to Catholicism.



"Wear green or get pinched" isn't Irish, either. It's of American origin, although the reason for it has been lost over the years. (One fun story is that leprechauns like to pinch people, and green makes you invisible.)

If you're looking for a way to celebrate this year, pretty much any pub/bar/

restaurant with an Irish name will be pourin' the Guinness, and servin' cabbage and corned beef on St. Patrick's Day.

The Ireland v. England rugby game starts at 10:00 a.m., adding another level of wild cheers and raising of pints. You can watch it at "the only Irish-owned, Irish-run operated, and authentically Irish pub in Sacramento"—de Vere's Irish Pub at 1521 L Street.

Old Sacramento offers its annual St. Patrick's Day Parade, including entries of the Sacramento Firefighters Pipes and Drums, and The Shamrock Club of Sacramento, an Irish social club committed to preserving Irish traditions (www.shamrocksac.com). The parade begins promptly at 1:00 p.m. at 2nd and L Streets.

If, by the luck o' DNA, you really do have Irish ancestry, there's an opportunity to rediscover your Irish heritage by submitting your DNA for comparison to an Irish database at www.irishorigenes.com.

Sláinte!

Students Make the Grade for March 2012

Carmichael Resident Named to Dean's List at Boston University

BOSTON, MASS. – Julia J. Wreden, a resident of Carmichael, has recently been named to the Dean's List at Boston University for the Fall semester. Boston University is

the fourth largest independent university in the United States, with an enrollment of more than 29,000 students in its 17 schools and colleges.

The university offers an

exceptional grounding in the liberal arts, a broad range of programs in the arts, sciences, engineering, and professional areas, and state-of-the-art facilities for teaching and research.

Area Residents Earn Dean's List at Gonzaga University

(readMedia) - The following students have earned placement on Gonzaga University's President's List. Students must earn a 3.7 to 4.0 grade-point average to be listed.

Joshua Barnes,
a resident of Carmichael.
Shannon Clark,
a resident of Carmichael.
Madeline O'Neil,
a resident of Carmichael.
Theresa Ross,
a resident of Carmichael.

The following students from your area have earned placement on Gonzaga University's Dean's List. Students must earn a 3.5 to 3.69 grade-point average to be listed.

Connor Driscoll,
a resident of Carmichael.
Trevor LaTurner,
a resident of Carmichael.
Morgan Robbins,
a resident of Carmichael.

Gonzaga University is a humanistic, private Catholic University providing a Jesuit education to more than 7,500 students. Situated along the Spokane River near downtown Spokane, Wash., Gonzaga is routinely recognized among the West's best comprehensive regional universities. Gonzaga offers 75 fields of study, 25 master's degrees, a doctorate in leadership studies, and a Juris Doctor degree through its School of Law.

Melanie Goodhart Reeves of Carmichael named to Dean's List at Washington University in St. Louis

(readMedia) - Melanie Goodhart Reeves of Carmichael was named to the Dean's List for the fall 2011 semester at Washington University in St. Louis. Reeves is a

graduate of Mira Loma High School in Sacramento, CA, and is enrolled in the university's College of Arts & Sciences.

To qualify for the Dean's List in

the College of Arts & Sciences, students must earn a semester grade point average of 3.5 or above and be enrolled in at least 14 graded units.

Kendall Corder Named to Dean's List at Bryant University

(readMedia) - Kendall Corder, a Sophomore Business Administration major from Carmichael was named to the fall semester Dean's List at Bryant University.

Located in Rhode Island, Bryant

is accredited by NEASC-New England Association of Schools and Colleges, and the College of Business is accredited by AACSB International-The Association to Advance Collegiate Schools of

Business. The University's business outreach centers offer a wealth of resources to professionals and businesses in this region.

Andrew Thomsen of Carmichael named to Dean's List at Fairfield University

(readMedia) - Andrew Thomsen, a resident of Carmichael was named to the Dean's List at Fairfield University for the fall 2011 semester.

Fairfield University, a comprehensive Jesuit university in Fairfield, Conn., challenges its students to lead inspired lives of leadership

and service. To be selected for the Dean's List, a student must attain a grade point average of at least 3.5, of a possible 4.0.

Local Residents Make the Dean's List at Azusa Pacific University

(readMedia) - Several local residents made the academic Dean's List at Azusa Pacific University. These students are honored for a fall semester 2011 academic standing of a 3.5 or better grade-point average. They are joined by more than 1,750 other students receiving the same honor.

Carmichael resident and A Physical Education Major
Bethany G. Wilson
Fair Oaks resident and A Mathematics Major
Christy L. Ailman

Fair Oaks resident and A Liberal Studies Major

Kaylah A. Ailman
Orangevale resident and A Communication Studies Major
Victoria G. Asbenson
Fair Oaks resident and A Communication Studies Major
Marissa R. Fackler
Citrus Heights resident and A Political Science Major
Halie L. Ferrante
Orangevale resident and A Liberal Studies Major
Rebekah N. Jones

Fair Oaks resident and A Psychology Major
Cassidy L. Krueger

Azusa Pacific University is an evangelical, Christian university committed to God First and excellence in higher education located 26 miles northeast of Los Angeles. With 51 undergraduate majors, 30 master's degree programs, 13 credentials, 8 doctoral programs, and 14 certificates, the university offers its nearly 10,000 students a quality education on campus, online, and at seven regional centers throughout Southern California. www.apu.edu

Local Student Named to Scripps College Dean's List

(Grassroots Newswire)-**Megan Pritchett**, a resident of Fair Oaks, was named to the dean's list for the fall 2011 semester at Scripps College in Claremont, California.

Also named were Jacquelyn Yamanaka, a resident of Gold River, Michelle Gloster, a resident of

Sacramento and Tori Mirsadjadi, a resident of Sacramento.

Scripps College is the women's college of the Claremont Colleges, an academic community of five undergraduate and two graduate institutions. As a member of the prestigious Claremont Colleges,

Scripps has provided generations of its students advantages unavailable at other women's colleges. The Claremont University Consortium provides the academic resources commensurate with a thriving intellectual community.

Bryden Lazaro of Fair Oaks named to Dean's List

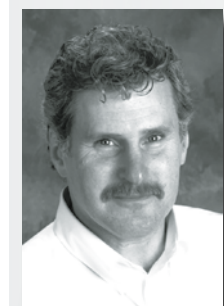
(readMedia) - Students were recently named to the Dickinson State University Fall 2011 Dean's List. Included in the list is **Bryden Lazaro of Fair Oaks.**

In order to be selected to the

Dean's List, a student must have achieved a minimum semester grade-point average of 3.5 (on a 4.0 scale) and have completed a minimum of 12 credits during the semester.

Dickinson State University

is located in Dickinson, N.D., with a population of over 17,000. Dickinson State University offers approximately 60 programs to a diverse student body.



Dare to Live Without Limits

DREAM MAKER OR DREAM BREAKER? by Bryan Golden



Are you a dream maker or a dream breaker? The category to which you belong will strongly influence the direction your life takes, your level of satisfaction, and the type of impact you have on other people. Most of us aren't even aware of the distinctions between dream makers and dream breakers.

Dream makers believe anything is possible. To them, the future is full of hope, promise, and potential. They know problems have solutions and obstacles can be overcome. Not only do dream makers believe in themselves, they believe in others as well.

Dream makers are optimistic. They are grateful for all of the blessings in their lives. Every day is a good day. Each morning is a new beginning with unlimited possibilities. Dream makers learn from their past, they don't allow it to pollute their future.

Dream makers are not discouraged by naysayers. They don't pay attention to negative criticism. Dream makers understand that everyone will have an opinion about their goals. They look to other successful people for inspiration and encouragement.

Dream makers understand that if they don't know how to do something, they can learn or consult with a person who has the expertise they need. Dream makers value their library as a resource that has answers for most of the questions they may have.

The optimism of dream makers is contagious. Dream makers encourage others to reach their goals. They help others to find solutions. Dream makers never put others down or ridicule their aspirations.

Dream breakers are the opposite of dream makers. They always find reasons to justify why something is impossible. Dream breakers find insurmountable problems in every situation. They don't believe in themselves.

Dream breakers are pessimistic. Everything they try fails. They are discouraged by all the problems in their lives. Each day is another struggle filled with obstacles. Dream breakers wish they could go back and change their past. They lament all of their past mistakes.

Dream breakers are swayed by negative opinions. They listen to those who say they will fail. Other successful people are no inspiration because they always had some advantage such as money, education, or who they knew.

Dream breakers know all of the limitations that prevent them from succeeding. They don't have enough education or they have the wrong education. They are either too young or too old. They don't have enough experience. There is no opportunity because they live in the wrong area. Dream breakers understand that there are many valid reasons for their failure.

Dream breakers are jealous of those who do succeed. They always try to discourage others. Dream breakers are quick to point out the many reasons why someone else will fail. They understand that people with dreams are being unrealistic. Dream breakers are purveyors of doom and gloom. They are not a lot of fun to be around.

Why choose to be a dream maker? Dream makers are happier than dream breakers. Their lives are more satisfying. Dream makers have attractive personalities and are pleasant to be around. They reach more goals than dream breakers. Dream makers believe anything is possible. Dream breakers feel nothing ever goes their way.

Anyone who is a dream breaker can change into a dream maker. The only difference between the two types of people is their attitude. You have the power to choose your thoughts. Whether you are a dream maker or dream breaker is up to you. Since there are no negative side effects to being a dream maker, why not live like one.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2006 Bryan Golden

El Rancho School Fundraiser

CARMICHAEL - El Rancho School is Carmichael's premier preschool and elementary school that enrolls children who are 2 years old through the sixth grade. Established over 50 years ago, El Rancho's family run business continues to educate children in small classes with master teachers. Their students are super scientists, mathematicians, rising readers, and outstanding writers. With enrichment classes in art, music, PE, Spanish, piano lessons, and gymnastic, students are not only top-scholars, but they LOVE school.

Come have fun at El Rancho School! Tour our beautiful

classrooms and park-like campus. See the work the children have completed, and listen to the patriotic songs that the children will be performing.

We are having a silent auction during our open house to raise at least \$6,000. El Rancho School would like to purchase with the monies:

a new tricycle carousel for the preschool playground, 15 plasma cars and helmets for preschool and elementary kids, a "smart board," and classroom materials.

Some of our sponsors for the silent auction are: Andretti Winery, Bennett Awards,

California Fitness, Fliptastics, Image Outfitters Photography, Kimberly Lau artist, Lil' Angels, Mardi Gras Lanes, Renwood Winery, Results Gym, Rocknasium, Safeway, Scandia, School Innovations & Advocacy, Scribner Bend Vineyards, Strikes, Trader Joe's, Villa Toscano Winery and much more.

El Rancho School is located at 5636 El Camino Ave. between Garfield & Fair Oaks, Carmichael.

Time & Date: Sunday, March 25th 12:30-3:30 PM

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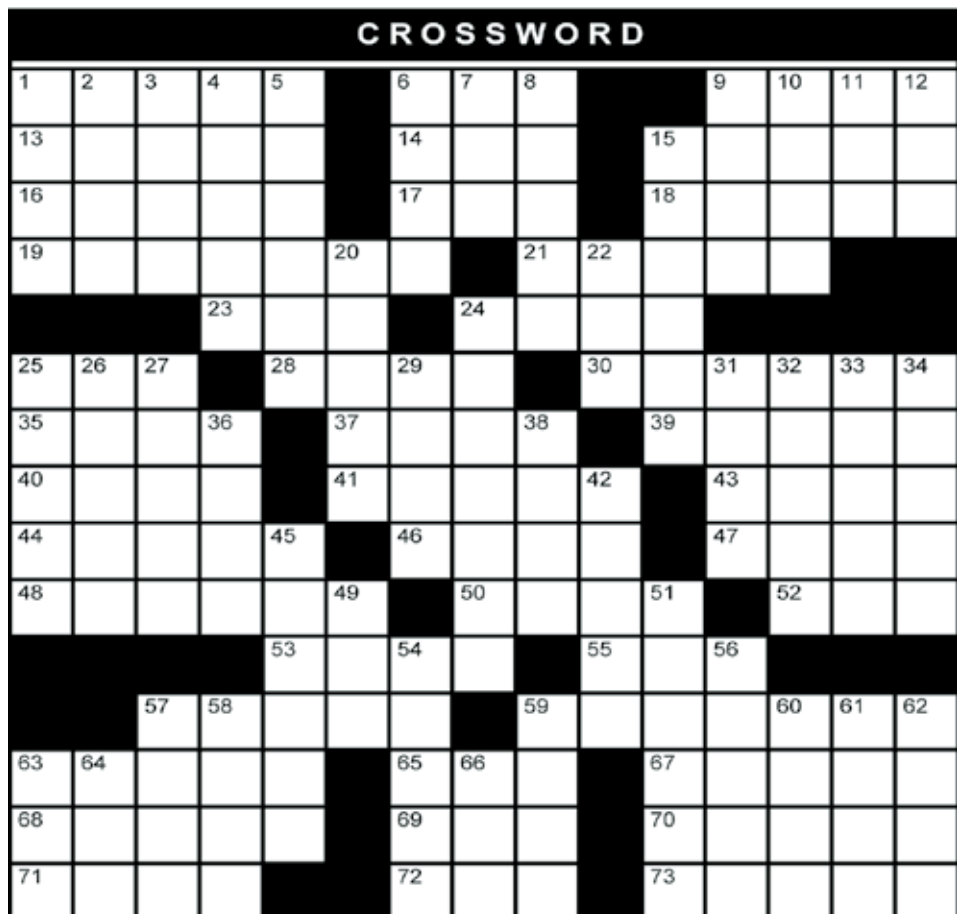
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CLUES

- | | | | |
|--|---|--|--|
| <p>ACROSS</p> <p>1. "Usually second half of 'Law & Order'"</p> <p>6. Nada</p> <p>9. Do, re or mi</p> <p>13. All plants and animals</p> <p>14. Dental group</p> <p>15. _____ of Honor</p> <p>16. On the move</p> <p>17. Scottish hero Rob</p> <p>18. Egg-shaped object</p> <p>19. "What survivors and losers have in common"</p> <p>21. Often considered wise</p> <p>23. Makes feathers stick</p> <p>24. "The _____ of Life," movie</p> <p>25. Pipe material</p> <p>28. Forbidden</p> <p>30. Crushed grain of various cereals</p> <p>35. "What 'CSI' does on CBS on Wed. nights"</p> <p>37. Original Cohiba producer</p> <p>39. It's delayed in summer</p> <p>40. Christmas season</p> <p>41. "In search of an</p> | <p>apprentice</p> <p>43. Italian money</p> <p>44. Remote in manner</p> <p>46. Attorney's bargain</p> <p>47. Disparaging remark</p> <p>48. Praying insect</p> <p>50. Not in favor of</p> <p>52. Printing unit, pl.</p> <p>53. Scoff</p> <p>55. "They know drama?"</p> <p>57. "What Aguilera judges"</p> <p>59. "One show has 60 of these"</p> <p>63. Laughing predator</p> <p>65. "Everybody used to love this actor"</p> <p>67. Visual or picture</p> <p>68. Related to oats</p> <p>69. Overnight lodging</p> <p>70. Water wheel</p> <p>71. "Odyssey," e.g.</p> <p>72. Approximated landing time</p> <p>73. "He was the dad in 'Family Ties'"</p> | <p>DOWN</p> <p>1. Type of ski lift</p> <p>2. "_____ and shine!"</p> <p>3. Tiny amount</p> <p>4. Like Tower of Pisa</p> <p>5. Cowboy's rope catcher</p> <p>6. "Not a" or "never a"</p> <p>7. "Bachelor's last words?"</p> <p>8. Extra shirt, e.g.</p> <p>9. "Actress Campbell, formerly of 'Party of Five'"</p> <p>10. Smell</p> <p>11. Mai _____</p> <p>12. Old age, archaic</p> <p>15. "Like the Pritchetts"</p> <p>20. Parcel of land</p> <p>22. Drumstick</p> <p>24. Shaped like a tube</p> <p>25. "Flight's glory days"</p> <p>26. Oscar nominee _____ Davis</p> <p>27. Famous king of Thebes</p> <p>29. Stomach reflex</p> <p>31. Rembrandt's medium</p> <p>32. Nimble</p> <p>33. Monotonous hum</p> | <p>34. "They salsa and rumba"</p> <p>36. One-armed bandit</p> <p>38. Prayer's end</p> <p>42. Singer LaBelle</p> <p>45. Fiji native</p> <p>49. Part of a min.</p> <p>51. The 9th in baseball, e.g.</p> <p>54. Fear-inspiring</p> <p>56. Cancer symptom</p> <p>57. Obama's right</p> <p>58. Singles</p> <p>59. Asian starling</p> <p>60. Tropical edible root</p> <p>61. Knight's chest plate</p> <p>62. Neptune's domains</p> <p>63. Gardening tool</p> <p>64. High-pitched bark</p> <p>66. Marching insect</p> |
|--|---|--|--|

For Solution See Page 7

American Lung Association Climbs Tallest Building in Sacramento

Participants aim to climb more than a thousand steps in this unique event to raise funds and awareness in the battle for healthy lungs and healthy air.

SACRAMENTO – The American Lung Association in California hosts its 3rd Annual Fight for Air Climb on March 24, 2012 at the Wells Fargo Center to raise much needed funds and awareness in the fight for healthy lung sand healthy air. This event challenges individuals and teams to climb all 34 floors, once or twice, to reach the rooftop of the Wells Fargo Center. The Fight for Air Climb is the only event in Sacramento allowing the public to ascend the entire height of the 423 foot building.

"This year's climb promises to be a huge success with hundreds of participants climbing over 612 steps," says JulieLautsch, Area Director of the American Lung Association in California – Sacramento. "Everyone knows someone who has been affected by asthma, emphysema, lung cancer, or tobacco addiction. The Fight for Air Climb is a great

way to bring the community together to improve air quality and lung health as well as prevent lung disease."

"I found the American Lung Association's Fight for Air Climb and immediately felt that this was an association and an event that I could get behind and support. I also feel like as a Lung Health Ambassador I could finally reach out to a group of people who share some of the same challenges that I am facing in my life. I now look forward to meeting each and everyone involved and combining our efforts to beat the disease that currently consumes our lives," says Steve Larson, American Lung Association in California volunteer who lost his battle with lung cancer on February 5, 2012.

Lung disease is the third leading cause of death in the United States, and is responsible for one in seven deaths nationwide.

Lung cancer is the nation's leading cause of cancer death in both men and women, taking more lives than breast, colorectal, prostate, and pancreatic cancers combined. Lung disease is particularly prevalent in California.

Ninety percent of Californians live in areas with unhealthy air, contributing to breathing problems for the nearly five million of our state's citizens afflicted with asthma, including nearly one million children.

Online registration is open until March 23, 2012 at action.lungusa.org/sacramentoclimb.

For more information about the event, the public should contact Julie Lautsch at julie.lautsch@lung.org or visit action.lungusa.org/sacramentoclimb.

American Lung Association in California Fight for Air Climb March 24, 2012 at 400 Capitol Mall, Sacramento.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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For Solution See Page 7.

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FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-00917. Scott J. Hileman and Lisa M. Hileman, both of 695 Summit Lakes Way, Galt, CA 95632 are doing business under the Fictitious Business Names "Affordable Roof Repair/Roof Repair Experts" at 695 Summit Lakes Way, Galt, CA 95632. Filed with the Clerk of Sacramento County on Jan. 31, 2012. Publish: February 22, 29, March 7, 14, 2012.
AFFORD 20204 3-14-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01095. Gerald F. Jensen and Debra H. Jensen, both of 6152 Kenneth Oak Way #D, Fair Oaks, CA 95628 are doing business under the Fictitious Business Names "Ormolulomolu Estate Services" at 6152 Kenneth Oak Way #D, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Feb. 6, 2012. Publish: February 22, 29, March 7, 14, 2012.
ORMOLU 20204 3-14-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01466. Hal M. Francioni and Sarah M. Francioni, both of 6237 Grant Ave., Carmichael, CA 95608 are doing business under the Fictitious Business Name "Accessible Home Renovations" at 6237 Grant Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Feb. 16, 2012. Publish: February 22, 29, March 7, 14, 2012.
ACCESS 20204 3-14-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01311. Deborah Troha and Rudolph Troha, both of 1605 Broder Circle, Folsom, CA 95630 are doing business under the Fictitious Business Name "Hearts Embrace" at 1605 Broder Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County on Feb. 10, 2012. Publish: February 22, 29, March 7, 14, 2012.
HEARTS 20204 3-14-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01335. Consortium of Business Continuity Professionals, Inc., 10 Nellis, Sacramento, CA 95835 is doing business under the Fictitious Business Names "Continuity & Compliance/Continuity Compliance Solutions" at 10 Nellis, Sacramento, CA 95835. Filed with the Clerk of Sacramento County on Feb. 14, 2012. Publish: February 22, 29, March 7, 14, 2012.
CONTIN 20204 3-14-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01469. Mercy Mwangi, 8041 Bester Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name "Napenda Safari" at 8041 Bester Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County on Feb. 16, 2012. Publish: February 22, 29, March 7, 14, 2012.
NAPEND 20204 3-14-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01235. Sergio C. Rodriguez, 3352 Balada Way, Rancho Cordova, CA is doing business under the Fictitious Business Name "Sac-City Roofing Co." at 3352 Balada Way, Rancho Cordova, CA. Filed with the Clerk of Sacramento County on Feb. 9, 2012. Publish: February 22, 29, March 7, 14, 2012.
SACCIT 20204 3-14-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00118541
WHEREAS, Ram Parkash Rattu and Paramjit Kaur Rattu have filed a petition with this court for a decree changing name of Jackson to Jackson Rattu. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 22, 2012 in Dept. 54, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times Newspaper, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 9, 2012. Shelleyanne W.L. Chang Judge of the Superior Court
ADMIN 20204 3-14-12

Publish: February 22, 29, March 7, 14, 2012.
RATTU 20204 3-14-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00117333
WHEREAS, Noelle Elizabeth Ryder has filed a petition with this court for a decree changing name of Noelle Elizabeth Ryder to Noelle Elizabeth Ryder Searls. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 21, 2012 in Dept. 54, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 16, 2012. David I. Brown Judge of the Superior Court
Publish: February 22, 29, March 7, 14, 2012.
SEARLS 20204 3-14-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00113356
WHEREAS, Jana Le Giang has filed a petition with this court for a decree changing name of Jaden Giang to Jayden Giang. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 27, 2012 in Dept. 54, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 17, 2012. Shelleyanne W.L. Chang Judge of the Superior Court
Publish: February 22, 29, March 7, 14, 2012.
ADMIN 20204 3-14-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00113357
WHEREAS, Jana Le Giang has filed a petition with this court for a decree changing name of Jana Le Giang to Jayna Le Giang. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 27, 2012 in Dept. 54, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 17, 2012. Shelleyanne W.L. Chang Judge of the Superior Court
Publish: February 22, 29, March 7, 14, 2012.
ADMIN 20204 3-14-12

NOTICE OF PETITION TO ADMINISTER ESTATE OF RICHARD L. MARKEL
ESTATE NO. 34-2012-00117947
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of RICHARD L. MARKEL: A Petition for Probate has been filed by David Aeschliman in the Superior Court of California, County of Sacramento, requesting that David Aeschliman be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under

the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. The petition is set for hearing in Dept. No. 129, located at 3341 Power Inn Road, Sacramento, CA 95826 on April 6, 2012 at 9 a.m. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code. The name and address of petitioner or petitioner's attorney is: Gordon G. Bones, 4811 Chippendale Dr., #307, Sacramento, CA 95841; 916-965-6647. Publish: February 29, March 7, 14, 2012.
BONES 20205 3-14-12

SAN JUAN UNIFIED SCHOOL DISTRICT PUBLIC HEARING NOTICE: PROPOSED CONVEYANCE OF A TEMPORARY CONSTRUCTION EASEMENT FOR ROADWAY IMPROVEMENTS ALONG EL CAMINO AND EASTERN AVENUES IN SACRAMENTO
NOTICE IS HEREBY GIVEN that, pursuant to Education Code Section 17556, et seq., the Board of Education of the San Juan Unified School District ("Board") has adopted a Resolution of Intent to convey to the County of Sacramento ("County") a temporary construction easement for the installation of Public Roadway Improvements (hereinafter referred to as "Easement") as part of the Countywide Pedestrian Master Plan (hereafter referred to as "El Camino Sidewalk Improvement Project"). The "Easement", necessary for completion of the "Project" lies over, under and upon a portion of the District's El Camino High School site. A public hearing will be held during the regular meeting of the Board on March 27th, 2012 at 6:30 p.m. or as soon thereafter as practicable, in the Board Room, located at 3738 Walnut Avenue, Carmichael, CA 95608, on the question of Conveyance of the Easement. Copies of the Resolution of Intent to Dedicate this Easements and Calling a Public Hearing in Connection Therewith are posted at the Carmichael Library, at the SJDUSD District Office, on the districts website at: www.sanjuan.edu/planning, and at the Fair Oaks Library. Any interested person may be heard on the matter of conveying the aforementioned Easement at the public hearing described above. At the time and place of the public hearing, if no legal protest is entered, the Board may adopt a Resolution by a two-thirds vote of its members authorizing and directing the execution of Easement document(s) conveying the Easement to the "County". Dated: 03/13/2012-03/27/2012
SJDUSD 120302 3-14-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-017223. River City Real Water, LLC, 8241 El Verano Ave., Elverta, CA 95626 is doing business under the Fictitious Business Names "Real Water Sacramento; River City Real Water" at 8241 El Verano Ave., Elverta, CA 95626. Filed with the Clerk of Sacramento County on August 22, 2011. Publish: February 29, March 7, 14, 21, 2012.
REALWA 20205 3-21-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00118980
WHEREAS, Gwendolyn Ann Covell has filed a petition with this court for a decree changing name of Nicolas Vincent Mestas to Nicolas Vincent Covell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 3, 2012 in Dept. 54, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 17, 2012. Shelleyanne W.L. Chang Judge of the Superior Court
Publish: February 29, March 7, 14, 21, 2012.
COVELL 20205 3-21-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00115905
WHEREAS, Nicole Erin Boyd has filed a petition with this court for a decree changing name of Nicole Erin Boyd to Nicole Erin Reis. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 13, 2012 in Dept. 16, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper

of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Dec. 19, 2011. Shelleyanne W.L. Chang Judge of the Superior Court
Publish: February 29, March 7, 14, 21, 2012.
REIS 20205 3-21-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME AND GENDER #34-2012-00119048
WHEREAS, Waleed Abdullah Yahya has filed a petition with this court for a decree changing name of Waleed Abdullah Yahya to Waleed Abdullah Alzori. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 3, 2012 in Dept. 53, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 21, 2012. David I. Brown Judge of the Superior Court
Publish: February 29, March 7, 14, 21, 2012.
ALZORI 20205 3-21-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01423. Kari Ann Hamilton, 2054 Walnut Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "White Knight Construction Accountants and Specialty Services" at 2054 Walnut Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 16, 2012. Publish: March 7, 14, 21, 28, 2012.
WHITEK 120301 3-28-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01767. Rama Family LLC, 8116 Sonoma Way, Sacramento, CA 95828 is doing business under the Fictitious Business Names "LA Boxing; Reeves Academy of Martial Arts; LA Boxing of Sacramento" at 8241 Bruceville Rd., #140, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on February 27, 2012. Publish: March 7, 14, 21, 28, 2012.
LABOXI 120301 3-28-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01321. April E. Figgess, 5805 Shepard Ave., Sacramento, CA 95819 and Melissa M. Coppa, 5900 Shepard Ave., Sacramento, CA 95819 are doing business under the Fictitious Business Name "White Wall Design Group" at 5805 Shepard Ave., Sacramento, CA 95819. Filed with the Clerk of Sacramento County on February 06, 2012. Publish: March 7, 14, 21, 28, 2012.
WHITEW 120301 3-28-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01843. 5248 Whitney Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "D-Bento" at 4128 El Camino Ave., #2, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on February 28, 2012. Publish: March 7, 14, 21, 28, 2012.
D-BENTO 120301 3-28-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01868. Carol Ann Nutter, 4720 Solano Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Fundraising Emporium" at 4720 Solano Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on February 29, 2012. Publish: March 7, 14, 21, 28, 2012.
FUNDRA 120301 3-28-12

FICTITIOUS BUSINESS NAME STATEMENT #BNF2012-01707. SPH Enterprises, LLC, 213 Bowen Rd., Davenport, FL

be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 21, 2012. David I. Brown Judge of the Superior Court
Publish: March 7, 14, 21, 28, 2012.
PORTOL 20301 3-28-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00119542
WHEREAS, Michael David Soper has filed a petition with this court for a decree changing name of Michael David Soper to Michael David Rossi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 13, 2012 in Dept. 53, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 28, 2012. David I. Brown Judge of the Superior Court
Publish: March 7, 14, 21, 28, 2012.
ROSSI 120301 3-28-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2012-00119216
WHEREAS, Timothy S. Betschart and Teal Gaydos have filed a petition with this court for a decree changing name of Rylan Elizabeth Gaydos to Rylan Elizabeth Gaydos-Betschart. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 2, 2012 in Dept. 53, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 17, 2012. David I. Brown Judge of the Superior Court
Publish: March 7, 14, 21, 28, 2012.
BETSCH 120301 3-28-12

NOTICE OF PETITION TO ADMINISTER ESTATE OF JESUS BELTRAN
Jesús Magana Beltran
CASE NO. 34-2011-00113998
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of JESUS BELTRAN aka Jesus Bagana Beltran: A Petition has been filed by Maria Marengo-Pueras in the Superior Court of California, County of Sacramento, requesting that Maria Marengo-Pueras be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826 on April 12, 2012 at 9 a.m. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may

be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 21, 2012. David I. Brown Judge of the Superior Court
Publish: March 7, 14, 21, 28, 2012.
PORTOL 20301 3-28-12

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Carmichael Chamber of Commerce

Carmichael Chamber Luncheon
Tue, Mar 27, 2012 from 11:30am - 1:30pm
@ Cypress Avenue Baptist Church
Education Building

Guest speaker is Sacramento Mayor Kevin Johnson. Luncheon meeting is held in the Education Building and is the Chamber General Meeting & Luncheon. Come enjoy a delicious buffet lunch, speaker, and plenty of opportunity to network. Raffle prizes too! Cost for the luncheon is \$18 for members and \$23 for non-members.

Carmichael Chamber Board Meeting
Tue, April 20 13, 2012 from 12:00pm - 1:30pm @ Eskaton Village Carmichael

Board meetings are held at Eskaton Village and require advance notification for a gate pass. Any member wishing to attend needs to contact Linda in advance to have this arranged.

Carmichael Chamber Mixer
Wed, April 11, 2012 from 5:30pm - 7:30pm
Free food and drink and great networking opportunities. Bring a raffle prize and plenty of business cards. Location TBD.

For information about these events
contact: Linda Melody
Email: linda@carmichaelchamber.com
Phone: 481-1002

Contact us for more information on the Carmichael Chamber of Commerce
Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com

Mercy Foundation Names New President and CEO

RANCHO CORDOVA – Kevin B. Duggan has been named president and CEO of Mercy Foundation.

Duggan brings nearly 15 years of experience in fundraising, strategic planning, business administration and program design to his new position. Prior to his appointment last September as interim president and CEO of the Foundation, he served as vice president of philanthropy, working closely with Mercy ministry leaders, the Foundation's Board of Trustees, other volunteer leaders, and the chief philanthropy officers at each of the Mercy hospitals within the Sacramento region.

"We are pleased to welcome Kevin in his new leadership role and confident in his abilities to guide Mercy Foundation toward fulfilling its mission of enhancing lives of the underserved through philanthropy," said Foundation board chair Bill W. Yee. "Kevin's high level of experience will benefit the Foundation as it continues to raise awareness and funds to support local Mercy hospitals and provide education, affordable housing and health care for the poor and elderly in the Sacramento region."

Mercy Foundation is funded through an operating grant from Dignity Health, formerly Catholic Healthcare West. Duggan will report to Michael Taylor, senior vice president of operations for Dignity Health's Greater Sacramento-San Joaquin Service Area. "Kevin's steadfast commitment to instilling a culture of philanthropy throughout our



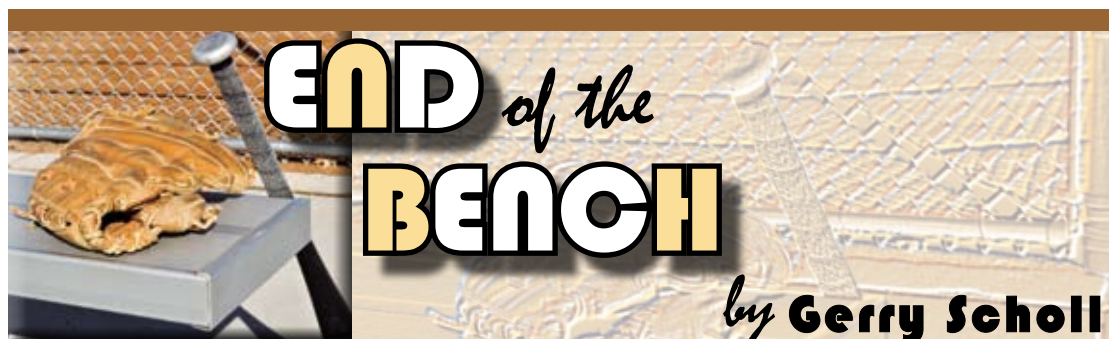
Kevin B. Duggan brings nearly 15 years of experience to his new job. Photo courtesy of Mercy Foundation.

organization will serve us well in the various programs, services and communities Mercy Foundation and the Sisters of Mercy support," Taylor said. "I welcome Kevin's strategic alignment to Dignity Health's need for philanthropic support."

Mercy Foundation is sponsored by the Sisters of Mercy of the Americas West Midwest Community, whose members have served the Sacramento region's underserved residents for more than 150 years. "Kevin brings a wonderful sense of the Mercy mission to his new position," said Sister Katherine Doyle, RSM, Sisters of Mercy West Midwest Community representative. "In addition to his great understanding of philanthropy in all its elements, he has a passion to serve those who are most in need of our care and compassion. I have full confidence that he will be able to bring integration and vitality to the work of Mercy Foundation."

Duggan first joined Mercy Foundation four years ago as chief development officer for Methodist Hospital of Sacramento, the Dignity Health hospital serving the south Sacramento suburbs. Previously, Duggan was executive director of Society for the Blind, overseeing the agency's first capital campaign. He also served as chief advancement officer for the UC Davis MIND Institute and assisted key volunteers in securing more than \$50 million in state and private funds. Duggan received his undergraduate degree and Master of Business Administration from the University of California, Davis.

Inspired by the Sisters of Mercy mission to connect those with resources with those in need, Mercy Foundation raises philanthropic support and community awareness to enhance lives of the less fortunate in the Sacramento region. The Foundation raises funds for health care – including for Mercy General Hospital, Mercy Hospital of Folsom, Methodist Hospital of Sacramento and Mercy San Juan Medical Center – as well as for education, affordable housing and care for the poor and elderly. Its partnerships with donors profoundly transform lives by feeding the hungry; sheltering the homeless; educating the poor; providing safe living environments for low-income seniors; funding health-care innovations at Mercy hospitals and clinics; and much more. For more information, visit www.SupportMercyFoundation.org.



Give Me a Break! I Need One!

Special praises go out to the gods of baseball and basketball. Thank their goodness for spring training and the NCAA Tournament. I can finally take a break from wondering about where the heck Peyton Manning will be playing football next season.

The sports media's obsession with, and constant analysis of Manning's situation is really wearing on me. I'm starting to develop a dislike for the guy, though we've never met.

Now that the Indianapolis Colts have cut ties with their future Hall of Fame quarterback, all the sports world is abuzz with the discussion regarding Manning's every move. When his plane landed in Miami the other day the media-member attendance at the airport was greater than the attendance at most of the college basketball conference tournaments last week — that might be a slight exaggeration.

I have a habit of catching the last hour of Mike & Mike in the Morning on ESPN radio. On Monday morning, the morning the 2012 NCAA Division I Men's Basketball Tournament bracket was released — one of the biggest deals in all of sports every year — M&M gave it about five minutes and then went back to the Manning talk for another forty five minutes. Enough already! Give me a break, I need one!

I get it. It is football news and it's a really big story, but I'm sick of hearing about it and I'm almost tempted to dial up some old Aerosmith or Lynyrd Skynyrd tunes for Peyton's sake. That's pretty bad.

Manning has been terrific

throughout his 14-year career with the Colts, with 399 touchdowns and 54,828 yards and a list of accomplishments a mile long. Some consider him the best regular-season QB of all time, though I would beg to differ and would prefer Joe Montana, Dan Marino, Tom Brady, Dan Fouts and maybe others if I took time to study.

And, there is the post-season thing with Manning, who has a 9-10 record, seven times was an opening-round loser, and won just one Super Bowl. Even his little brother Eli passed him by in that category by winning the big game for the second time this season. Perhaps, in the long run, it will be Eli who has the better career.

But of course, most of all, it's the injuries that make the story now. Peyton is 35, missed all of last season, and has had at least three neck surgeries over the past 19 months. Thus, the Colts are ready to begin a new era with the opportunity to draft Stanford's QB Andrew Luck with its upcoming number one overall pick. Pumping big money into the possibility of Manning returning to form would appear to be a huge gamble, one that could devastate a franchise for years should he get injured again soon. I know a couple of people who have had serious neck surgeries, and if some 300-pound-plus monster hit them just right, just once, it would be the last time.

I can't believe it. I've let myself get sucked in — into the Peyton Manning mania. I need to move on. I could talk about whacky wide receiver Randy Moss working out with coach Jim Harbaugh of the Forty

Niners, but I'd rather not. Moss the Malcontent with the Niners? Nawww! He was with the Raiders not too long ago, remember? Didn't work out so well, did it?

The guy has Hall of Fame talent and numbers, but he's really hard to root for. It would be like rooting for Manny Ramirez if he came to play for a Northern California team... Oh, yeah. That is happening. Well they might get applause because they would be wearing the right uniforms, but I wouldn't qualify it as heartfelt.

My heart's kind of feeling for some great college hoops on the tube and some baseball on the radio. I have my basketball bracket spread out next to me, but I need some time for analysis.

The alma mater, Saint Mary's (27-5), is on the Road to the Final Four. All the Gaels might have to do to get there is beat Purdue, Kansas, Georgetown and North Carolina. When they get there they could take down Syracuse and Kentucky and win it all! Could happen...

Or, maybe it will be Cal's Bears going the distance if they can just survive a play-in game against South Florida. Couldn't happen...

If those two can't do it, it might be the Mississippi Valley State Delta Devils (who?) from Itta Bena, Miss. (where?), winners of the Southwestern Athletic Conference and ranked No. 337 (what, and what are they doing here?) who have their "one shining moment."

Isn't there a Giants' spring training game on the radio today?



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 Tiny Tots Room: (916) 972-7647 (Hrs. 9am-12pm)
 You can also email Alaina@carmichaelpark.com or Visit us on our website at www.carmichaelpark.com



For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.

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Cars of Hollywood

18th Annual Wells Fargo Capitol Concours d' Elegance Recognizes Cars of Hollywood, Cars of 1962 and Streamliner Cars



At the 17th Annual Concours d'Elegance, is a 1933 Rolls Royce, owned by Jay and Christina Moore from Lahina, Hawaii, is a Phantom II drop-head coupe. Its believed to be one of twelve built. Photo Credit: Capitol Concours d'Elegance.

SACRAMENTO – Highlighting “Cars of Hollywood,” “Cars of 1962” and “Streamliner Cars”, the 18th annual Concours d'Elegance offers spectators and participants a formal yet relaxed setting in which to admire and appreciate some of the finest collectible automobiles

ever produced. Various car clubs will also be on display to view and appreciate. Participants can watch as artists use their brushes to transfer the metal masterpieces onto canvas. Music, food and assorted activities will round out the day.

For those wishing to submit their car for consideration, or for more information on Capital Concours d'Elegance, please go to www.capitolconcours.com.

100% of the proceeds from this event will go to Shriners Hospitals for Children-Northern California and California Auto Museum.

18th Annual Wells Fargo Capitol Concours d'Elegance Sunday, June 10, 2012 Sacramento (Capitol Mall – West of State Capitol) Time: 10:00 am – 4:00 pm Cost: \$20.00

For More Information: 916.933.4056

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Two Barns, by Jack Calvin Warren

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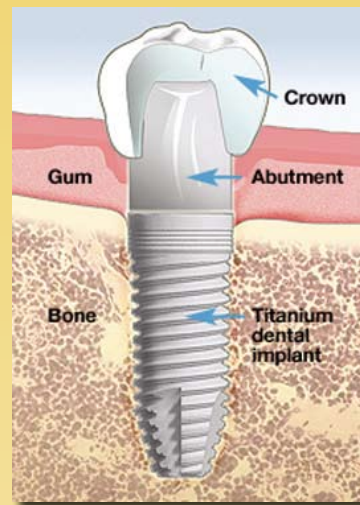
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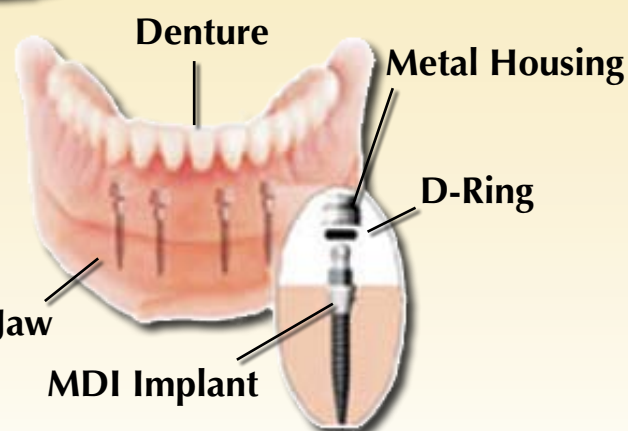
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Peaches and Cream..... John Philip Sousa
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Soloist: David Rollins, Trombone

O Mio Babbino Caro from Gianni Schicchi
Musetta's Waltz from La Boheme..... Giacomo Puccini
Soloist: Cheryl Blalock, Lyric Coloratura Soprano

Presidential Polonaise..... John Philip Sousa

§===== Intermission =====§

Nobles of the Mystic Shrine..... John Philip Sousa
Carrier Pigeon..... John Philip Sousa
Ms. Blalock

There Was a Composer of Genius..... Daniel Kallman
I. Bernstein II. Ives III. Ellington IV. Sousa

Looking Upward Suite "Mars and Venus"..... John Philip Sousa, ed. Bourgeois
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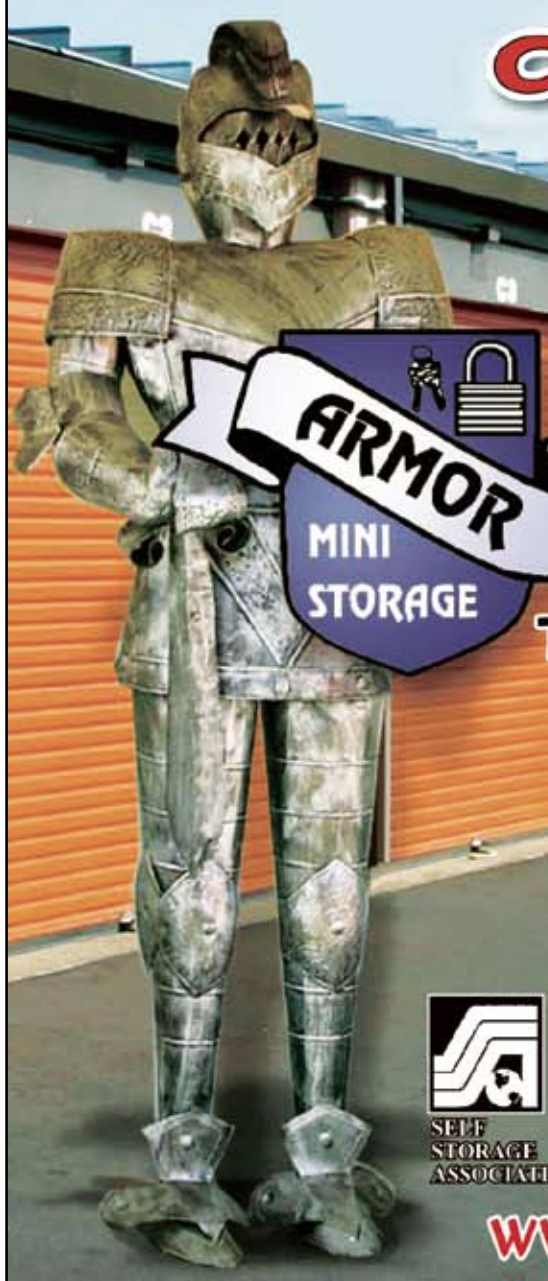
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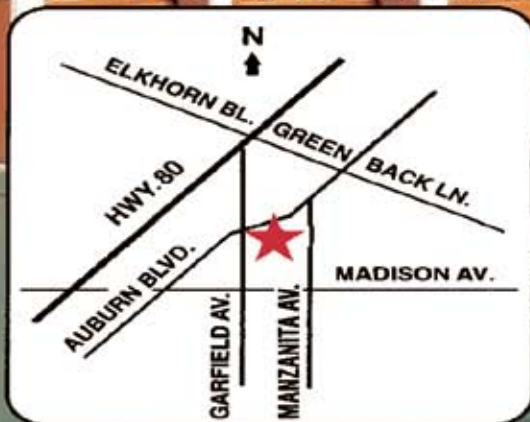
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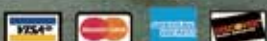


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