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Carmichael Times

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January 11, 2012

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Fair Oaks Painter of Cities and History Passes Away

By Susan Maxwell Skinner

CARMICHAEL – One of California's great water colorists, Ken Potter died in Carmichael last week. He was 85. Famed for his Northern Californian cityscapes, he pursued his artistic passion all over the world.

Already a talented painter, he graduated from McClatchy High. As a US Marine, the teenager was soon sketching his way around the Pacific Theater of WW 2. His style was later honed in San Francisco, Paris, Italy and Rio de Janeiro. Potter's final years were spent in Fair Oaks, where a hectically cluttered studio overflowed into every other room of his house. Omnipresent were his masterful watercolors: framed views of San Francisco; Sacramento rivo-boats; the architectural jumble of Old Sacramento. Here and there, giant oils recalled abstract and cubist years in Paris.

Incongruous with his bold colors were black and white photographs of a young man in uniform. These documented the artist's Marine service. A painting of a storm-tossed USS San Diego recalls Potter's historic witness to the peace of 1945.

At 18, days after the official Japanese surrender, Private First Class Potter sailed on the first Allied warship to enter Tokyo Bay. Dubbed "the unbeatable ship that no one heard of," the San Diego had fought 34 battles; earned 18 Battle Stars and cruised over 300,000 miles without refitting. She never lost a man or took a serious hit.

After atomic bombs ended the war, Admiral "Bull" Halsey hand-picked the cruiser as flagship in a fleet charged to deliver terms of peace to the Japanese. One of seven Marines on board, Ken Potter was orderly to Rear Admiral Badger. Accompanied by minesweepers and destroyers, his vessel anchored beside the surrendered Yokosuka Naval Shipyard. The San Diego then piped on board a bevy of brass: admirals, generals, civilians, Japanese officials and press. From the bridge, the historic scenario was broadcast live all over the world. Admiral Halsey famously demanded a haircut on board and tipped the ship's barber with a cigar.

Sixty-six years later, the veteran Marine recalled his tense passage into fortified Tokyo Bay. "We were all excited but



Weeks before his death, master watercolorist Potter honed a study of Sacramento's Tower Bridge in his Fair Oaks studio. Photo by Susan Maxwell Skinner

we didn't know what would happen," he said. "We were at battle stations and half expected to be blown out of the water by a mine or attacked if the enemy had changed his mind. We were busy young men but – after all that had taken place – we knew how important what we were doing was. When the Japanese came on board, we frisked them. That was just standard procedure but we had to keep in mind their feelings – they'd just been doing what we did – serving their own country."

"When we had time to go ashore, we visited some beautiful residential areas. We were invited into many homes and the aristocratic Japanese thanked us, for ridding them of a military monster that destroyed their country." Potter felt himself a man at 18. "We'd taken some hits and been attacked by several kamikazes," he said. "Some got so close; I still remember the pilots' faces as they were blown to bits..."

Two weeks after the San Diego's famous mission, The Peace was officially signed on board the USS Missouri. Potter's "unbeatable" ship was by then

steaming back to California. De-mobbed, the Marine studied at San Francisco's Academy of Art under the G.I. Bill. "I never had another ambition in my life than to be an artist," he said. Barely 20, he was "discovered" at an art festival and began a professional career that flourished over six decades and in at least six international cities. The Picasso-like figure

lived and loved passionately, marrying three times and leaving three daughters and four grandchildren.

Ken Potter's work reflects the modern "California style" – painting large with bold colors, bold strokes and bold optimism. "You must find your direction and go for it," said the painter. "You have to follow your passion and do what you love."



Potter's breezy view of the State Capitol captures the watercolorist's optimism. "I make my own luck," he said. Photo by Susan Maxwell Skinner

Sacramento County Grand Jury Seeks Applicants

SACRAMENTO COUNTY – The Sacramento County Grand Jury is currently accepting applications for jurors for the 2012-2013 session. Applications are due no later than February 6, 2012. The upcoming term will run from July 1, 2012 to June 30, 2013.

The Grand Jury is comprised of a diverse panel of 19 citizen volunteers who provide oversight of governmental activities within Sacramento County. During the session, the jury may respond to community complaints and examine county and city governments, schools, and special districts. Objectives of investigations include saving taxpayer dollars, eliminating waste and fraud, and verification of compliance with the law.

For applications or to learn more about the Sacramento County Grand Jury go to www.sacgrandjury.org. For additional information, contact Rebecca Castaneda, Grand Jury Coordinator at (916) 874-7559.

First Snow Survey Shows Dry Conditions



SACRAMENTO – Snow surveys reported that California's mountain snowpack is among the driest for the date on record. Manual and electronic readings today record the snowpack's statewide water content at 19 percent of the January 3 average. That is only 7 percent of the average April 1 measurement, when the snowpack is normally at its peak before the spring melt. Despite today's dry conditions, however, water managers remain cautiously optimistic about this year's water supply. "Fortunately, we have most of winter ahead of us, and our reservoir storage is good," said DWR Director Mark Cowin.

Electronic readings indicate that water content in the northern mountains is 21 percent of normal for the date and 8 percent of the April 1 seasonal average. Electronic readings for the central Sierra show 13 percent of normal for the date and 5 percent of the April 1 average. The numbers for the southern Sierra are 26 percent of average for the date and 9 percent of the April 1 average. Statewide, the snowpack water content is 19 percent of normal for today's date and 7 percent of April 1.

DWR and cooperating agencies conduct manual snow surveys around the first of the month from January to May. The manual surveys supplement and check the accuracy of real-time electronic readings from sensors up and down the state.

DWR's initial estimate is that the State Water Project (SWP) will be able to deliver 60 percent of the slightly more than 4 million acre-feet of water requested by the 29 public agencies that supply more than 25 million Californians and nearly a million acres of irrigated farmland. The 60 percent delivery estimate is largely based on the known quantity of carryover reservoir storage.

Sacramento Metro Fire Has Had a Busy Start to the New Year

Scott Cockrum, Assistant Chief Sacramento Metropolitan Fire

SACRAMENTO REGION – The first eight days of 2012 has been busy for firefighters of the Sacramento Metro Fire District. The first two days of the year firefighters responded to fourteen suspicious fires in dumpster's throughout the Carmichael, North Highlands and Foothill Farms area. So far no arrests have been made.

On January 4th, firefighters responded to an Apartment fire in Rancho Cordova where on arrival fire crews were faced with a well involved second story apartment unit with fire extending to an adjacent apartment where three children and two adults were attempting to escape the flames from a second

story balcony. Fortunately with the quick thinking of citizens and the fast response of the fire department, all five were able to escape; only one suffered a minor injury. The cause of this fire was determined to be an unattended candle.

On January 6th firefighters responded to the report of a house fire in the 100 block of Tyron Ct. While responding to the fire, firefighters were made aware one person may have been in the home. Firefighters arrived and found a large home with significant fire showing from the front of the house. Fire Crews entered the home from the front entrance, and also used Vent Enter Search (VES) techniques, which is an operation where firefighters enter rooms in a structure through windows

in an effort to locate victims in uninvolved rooms quickly without the support of hose lines. Firefighters did locate an eighty-one year old female in the home, in a bedroom. She was removed and transported to the hospital where she later died of her injuries. Fire Investigators could not eliminate an electrical problem in the living-room of the home.

On January 6th, firefighters responded to an apartment fire at 5738 Windmill Way in Carmichael. Firefighters quickly extinguished a fire in a single unit, preventing the fire from extending to additional units. This fire is deemed accidental. On January 7th, firefighters responded to the Rio Linda Area for a trailer fire. Crews arrived and found a travel trailer fully involved with fire. Reports from the owner

was that this was an Arson Fire. Investigators responded to the scene and questioned several people. This fire continues to be under investigation.

On January 7th, firefighters responded to 2113 Landon Lane in the Arden area. Prior to arrival firefighters were alerted that there may be someone in this home. The first arriving fire department unit was in the area and arrived quickly. Firefighters found significant fire showing from the front of the home. Crews initiated search of the home, again using Vent, Enter, Search (VES) techniques. Firefighters located a man in his 60's in the home. They pronounced him dead on scene. Fire Investigator's could not rule out improper disposal of cigarettes as the cause.

Continued on Page 3

Mentors Needed for Sacramento County Teenagers

National Mentoring Month Shines Spotlight on Local Needs

SACRAMENTO COUNTY – January is National Mentoring Month. It is the time each year to remember the need for every child to have a caring adult in his or her life.

If you have what it takes to help young people navigate life's tough choices, please consider serving as a mentor. The Sacramento County Office of Education (SCOE) is seeking adult mentors to serve as positive role models as part of the LINKS Mentoring Program for high school students at four schools in the county.

This program is unique because it offers ongoing support to mentor/protégé matches by providing staff-facilitated, structured mentoring sessions each week. SCOE staff members attend group mentor sessions to organize activities and provide materials and support.

Mentors meet with their protégés for one hour each week. The group mentoring sessions consist of group activities, combined

with one-to-one time for mentors and protégés. Qualifying mentors may commit to a semester, or an entire school year. Meetings and activities center on specific themes:

Community Service/Service Learning Projects—Interpersonal/Life Skills—Planning for the Future—Career Exploration/Job Seeking Skills—Financial Savvy and Money Management—Health and Wellness.

LINKS Mentors may select from the following participating school sites:

*Elinor Hickey Jr. /Sr. High School (SCOE)
2040 Ethan Way
Sacramento, CA 95825*

*North Area Jr. /Sr. High School (SCOE)
4000 Pinell Street
Sacramento, CA 95838*

*Calvine High School (Elk Grove Unified School District)
8333 Vintage Park Drive
Sacramento, CA 95828*

*Kinney High School (Folsom Cordova Unified School District)
2710 Kilgore Road
Rancho Cordova, CA 95670*

The LINKS Mentoring Program is operated by the Sacramento County Office of Education's Prevention and Student Services (PASS) Department. The program is made possible through a grant from the Office of Juvenile Justice and Delinquency Prevention.

To learn more about the LINKS Mentoring Program, contact Cheryl Raney (916) 228-2201 or crane@scoe.net.

National Mentoring Month is a campaign held each January to promote youth mentoring in the United States. It began in 2002, and is spearheaded by the Harvard School of Public Health, MENTOR, and the Corporation for National and Community Service.



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Carmichael Canine Corral 2nd Annual Potluck Fundraiser

CARMICHAEL – Enjoy Guest Speaker Tom J. Lucido, Regional Trainer for Petco at the Carmichael Canine Corral is hosting its 2nd Annual Potluck Fundraiser and General Meeting, Saturday January 21, 2012, 5:30 – 8:00 p.m., Veteran's Hall, Carmichael Park, 5750 Grant

Avenue (Grant and Fair Oaks). Bring a dish to feed 10-12, \$5 per person entry fee, extra money for raffle tickets at \$10 for 6 or \$2 each. The list of raffle prizes grows daily! You can pay at the door, but we would like to know what your dish is going to be so we can plan properly. Please

contact Sus Brown, President, esbrown@sbcglobal.net, or Bobbie Reagan, Director of Fundraising, carmichaelcaninecorral@yahoo.com to volunteer and for more information. As usual, you can check the website, www.carmichaeldogpark.com for the most up-to-date information.

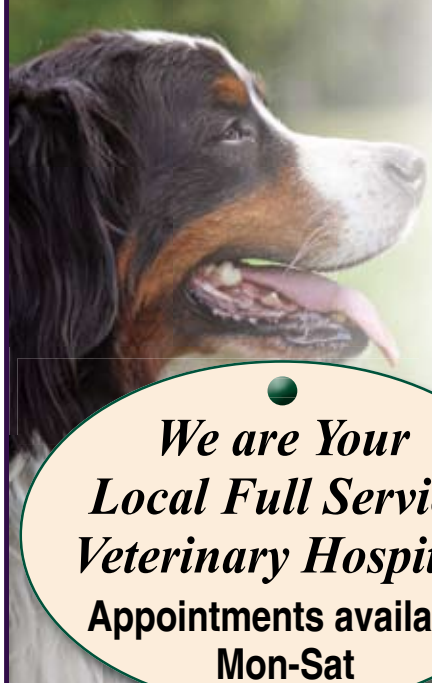
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Trainer "Secret Friend" to Closet Clients

Metro Firefighters Rescue Cat



Pam Markee supervises a private client in her Date Ave gym.
Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL – Fitness trainer Pam Markee provides for people who don't want their needs known. It's one thing, says Markee, to gain 40 pounds and dread being seen in tights — she daily attends such coy clients in her private Carmichael gym.

It's different for a business leader who has multiple sclerosis or Parkinson's disease; who is fighting to retain mobility and hates the community knowing. "His privacy is vital," says Markee. "He doesn't want people feeling sorry for him. Parkinson's is bad for his business but specialized exercise can keep him active for longer."

Aged 44 and super buff (she runs marathons and placed 13th for her division in a recent triathlon) Markee was a personal trainer before private workouts

became fashionable. She prefers "lifestyle coach" as a job description. "My mission is to develop programs that change lives through exercise, education and nutrition," she says. "Obesity is rampant. For someone 200 pounds overweight, working out at a gym next to a skinny Minnie in spandex is humiliating. Exercise that works for one person won't always help another. I believe you respond differently to exercise with every decade of age.

"The bulk of my women clients are aged 40 to 60 – some peri or post-menopausal – they're thickening at the middle and are frustrated about it. Diet and the right exercise play a huge part in feeling lean and lowering cholesterol — heart attack is still the leading cause of death in women.

"I've had health issues of my own," attests the coach. "I'm in tune with women's mid-



Gentle touch. "The student is my total focus," says fitness coach Pamela Markee.

Photo by Susan Maxwell Skinner.

life stages. Hormone changes impact metabolism but we can still tip the odds in our favor.

We develop a program for current fitness and gently progress to stronger levels. Privacy takes the humiliation out of the equation. We don't allow interruptions; trainers shouldn't be text-messaging or distracted. The student is the total focus for (associate) Lanell Martinez and me."

Tucked discretely away on Date Ave, Markee's boutique-sized gym is patronized

mostly by weight-challenged students. Program costs, she attests, are competitive with (or less than) corporate gyms. Other visitors reflect Markee's interest in post rehabilitative workout. Paraplegics, stroke and Alzheimer's patients — and those with neurological problems are on the mat. A graduate of the American Academy of Health Fitness and Rehabilitation, her specialty is bridging the gap between physiotherapists and fitness professionals.

"Twelve years ago, a client came to me with Parkinson's," she explains. "I researched her problem and we developed a support group. I found great need for exercise programs for this condition. Even with progressive brain diseases, there are many options to keep neuromuscular connections firing. We can slow the deterioration process; keeping the brain talking to muscles. In tune with diet and medication, we help people stay self-sufficient for as long as possible."

One Parkinson's client, says Markee "is a community icon who wants to continue business without public sympathy. He can count on our confidentiality. His exercise program concentrates on posture and strength. We've developed his balance and eye/hand motor skills. He takes his (neurologist's) medications and has worked with me for a year. Between visits, he does homework routines.

"His disease won't go away. But his muscular function seems to have stabilized. He's appearing stronger and more connected. My aim is to keep him active for a long time to come. Confidentiality is my promise."

Pam Markee's gym is at 5250 Date Ave, suite B. Learn about training programs at www.markeepersonaltraining.com or call (916) 704-4330.



CARMICHAEL – 10:30am on January 9th Sacramento Metro Firefighters responded to the report of a cat stuck in the engine compartment of a vehicle. Metro firefighters arrived and were told that the owner of the vehicle attempted to start the car and heard a noise in the engine compartment. The vehicles owner checked under the hood and found that the cat was entangled in the belts of the motor.

Firefighters could see the cat,

and the only option was to cut through the belts to release it. The cat was severely injured with lacerations. Firefighters took the cat to the Sacramento Cat Hospital at 4115 Manzanita in Carmichael.

Sacramento Cat Hospital took the cat without hesitation and performed life saving surgery. The female cat, now know as Blaze, will be up for adoption in about two weeks if all goes well with the surgery.

Metro Fire Has a Busy Start

Continued from Page 1

On January 7th fire fighters responded to 5243 Columbine Way in Citrus Heights for the report of a roof fire. This fire was occurring at the same time as the Landon Lane Fire. Firefighters arrived and found a roof fire with fire extending into the attic. Firefighters were able to quickly extinguish the fire and cover much of the contents of the home with salvage covers to prevent further property damage. The cause of this fire was determined to be related to a fireplace chimney.

Later that night on January 7th, firefighters returning from a separate emergency response, spotted smoke from the roof of a Jiffy Lube store at Fair Oaks and Sunrise. The first arriving crews found a developing fire under the awning, extending to

the roof. Firefighters were able to access the fire quickly with estimates of \$30,000 in fire damage. The quick actions of firefighters resulted in saving the building from being completely destroyed. Firefighters estimate saving over \$500,000 in fire damage and countless dollars in economic loss to Sacramento. Fire Investigators could not rule out electrical issues under the awning as the cause.

Sacramento Metro Fire would like to remind all of our citizens to look for fire safety tips on our website sacmetrofire.ca.gov, sign up for our quarterly newsletter where you will receive fire safety tips, emergency response information, and messages from our Fire Chief. Also follow us on twitter at sacmetrofirepio where you will see up to date emergency information.

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Statements on Governor Brown's Proposed 2012-2013 Budget

Senator Gaines on Taxing Budget



Ted Gaines

SACRAMENTO – Senator Ted Gaines (R-Roseville) today issued the following statement regarding Governor Brown's 2012-2013 state budget proposal. "I agree with Governor Brown that steps must be taken to reduce

our wall of debt. But I don't agree that taxing the California public is the way to do it." The tax extensions of 2009 were rejected in every single county in the state. I can't think of a clearer message to Governor Brown that the people do not want more money taken out of their pockets to fuel overspending in Sacramento.

Taxing the job creators will just drive them out of state and make our unemployment problem even worse.

The spending reductions he has proposed are a realistic starting point for the legislature to create a sensible budget that keeps us living within our means."

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, Amador, Calaveras, El Dorado, Lassen, Modoc, Mono, Nevada, Placer, Plumas, Sacramento and Sierra counties.

NFIB on Brown's Budget



John Kabateck

SACRAMENTO – The National Federation of Independent Business, California released the following statement in response to Governor Brown's proposed 2012-13 budget.

"We appreciate that Governor

Brown has focused on reducing the structural deficit from \$20 billion to \$9.2 billion," said John Kabateck, NFIB/California Executive Director. "However, claiming that the remaining deficit will be erased with a tax proposal is irresponsible. Time and again, voters in California have rejected tax increases and demanded that government live within its means."

"Small business owners and all voters in California seem to understand that raising taxes is not the way to get out of an economic hole. Government needs to do more with less as all Californians are doing now. NFIB will strenuously oppose any attempt to raise taxes on California's job creators and will work to ensure that small businesses have the opportunity to thrive here."

Budget Cut to Veterans Homes



Linda Halderman

SACRAMENTO – Assembly-member Linda Halderman, M.D., R-Fresno issued the following statement regarding Governor Brown's 2012-13 budget proposal. "The Governor's 2012-13 budget includes a crippling cut to the California Department of Veterans Affairs. This will result in an additional 1 year delay in the opening of the Fresno and Redding veterans homes. I am

disgusted to see the continued betrayal of California's veterans. Honoring our veterans by fulfilling our state's obligations should be one of our highest budget priorities. I hope all of my Central Valley colleagues join me in rejecting this disrespectful and unacceptable cut to veterans funding. I am committed to working in a bi-partisan manner in order to restore funding to the men and women who have defended us."

The opening of the Fresno and Redding veterans homes has already been delayed one year because of the \$12.1 million cut made by the Administration and the Legislature in 2011. With the additional cuts, the earliest opening date is slated at January 2014.

To learn more about Governor Brown's 2012-13 budget cut to veterans, please visit www.ebudget.ca.gov

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Carmichael Chamber of Commerce

Carmichael Chamber Events
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Carmichael Chamber Monthly Luncheon
On the 4th Tuesday of each month, the Carmichael Chamber holds a luncheon where members can network, hear from a guest speaker and learn what's happening in the Carmichael Chamber and the community in general.
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**To register, go to the website, SELECT the date from the CALENDAR of upcoming events. Click the link to register & pay. NOTE: Please register by the Thursday before the luncheon. We need to provide a count to Lotto at that time. On-line registration will CLOSE Sunday night.*

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- NEW, OLD, BROKEN - WE BUY ALL!

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Class Rings up to \$200.00
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Watch Cases up to \$1,000.00
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Broken Chains **Bring in**
Dental Gold **for our**
Scrap Gold **Offer**



**WE ALSO BUY ALL
FORMS OF PLATINUM**

FOR LARGER ITEMS,
CALL FOR PRIVATE CONSULTATION.

CASH FOR JEWELRY

**ESTATE
JEWELRY
WANTED!**



Tiffany, Cartier, Faberge

ANTIQUE JEWELRY,
NECKLACES, RINGS,
EARRINGS AND MORE.

CASH FOR GOLD AND SILVER COINS

We buy all
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**DO NOT CLEAN
YOUR COINS!**

BROKEN CHAINS, DENTAL GOLD, SCRAP GOLD... BRING IN FOR CASH OFFER!

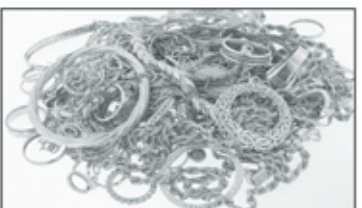
STERLING SILVER TABLEWARE

Antique Tableware up to \$5,000
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Serving Trays up to \$1,000
Misc Flatware
**Bring in
for our Cash Offer**



GOLD BUYER IN SACRAMENTO AREA

There are industry experts ready to appraise your gold jewelry for free. Offer cash value in minutes. #1Cash4Jewels, License #31051030, buys gold jewelry, including, but not limited to: gold pieces, gold watches, broken or new gold, estate jewelry; diamonds and more.



CASH FOR DIAMONDS

1/3 Carat..... up to \$500
1/2 Carat..... up to \$1,400
1 Carat..... up to \$7,000
2 Carat..... \$1,000 - \$20,000
3 Carat..... \$2,000 - \$30,000
4 Carat..... up to \$50,000
5 Carat..... up to \$125,000

**CASH FOR
GOLD WATCHES**
*We buy all
types of
Gold Watches!*



**BRING THIS AD
and receive a bonus of up to
10% more
on scrap gold**
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15% MORE
paid to seniors (on scrap gold)
with this ad.
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SACRAMENTO AREA LOCATIONS: JANUARY 5TH - JANUARY 15TH	THURSDAY, JANUARY 5TH 10AM-4PM	FRIDAY, JANUARY 6TH 10AM-5PM	SATURDAY, JANUARY 7TH 11AM-4PM	SUNDAY, JANUARY 8TH 11AM-4PM	MONDAY, JANUARY 9TH 10AM-5PM
	CITRUS HEIGHTS COMMUNITY CENTER 6300 Fountain Square Dr., Citrus Heights, CA 95621 916-727-5400 <small>Lic#34961014</small>	SACRAMENTO-ARDEN DOUBLE TREE HOTEL 2001 Point West Way, Sacramento, CA 95815 916-929-8855 <small>Lic#34041451</small>	RANCHO CORDOVA MARRIOTT 11211 Point East Road, Rancho Cordova, Ca 95742 916-638-1100 <small>Lic#34041451</small>	SACRAMENTO-ARDEN DOUBLE TREE HOTEL 2001 Point West Way, Sacramento, CA 95815 916-929-8855 <small>Lic#34041451</small>	CITRUS HEIGHTS COMMUNITY CENTER 6300 Fountain Square Dr., Citrus Heights, CA 95621 916-727-5400 <small>Lic#34961014</small>
TUESDAY, JANUARY 10TH 10AM-5PM	WEDNESDAY, JANUARY 11TH 10AM-5PM	THURSDAY, JANUARY 12TH 10AM-5PM	FRIDAY, JANUARY 13TH 10AM-5PM	SATURDAY, JANUARY 14TH 11AM-4PM	SUNDAY, JANUARY 15TH 11AM-4PM
ROSEVILLE HAMPTON INN 110 N. Sunrise Avenue Roseville, CA 95661 916-772-9900 <small>Lic#31051030</small>	CITRUS HEIGHTS COMMUNITY CENTER 6300 Fountain Square Dr., Citrus Heights, CA 95621 916-727-5400 <small>Lic#34961014</small>	ROSEVILLE HAMPTON INN 110 N. Sunrise Avenue Roseville, CA 95661 916-772-9900 <small>Lic#31051030</small>	RANCHO CORDOVA MARRIOTT 11211 Point East Road, Rancho Cordova, Ca 95742 916-638-1100 <small>Lic# 34001354</small>	ELK GROVE HILTON GARDEN INN 9241 Laguna Springs Drive, Elk Grove, CA 95758 916-691-1900 <small>Lic#34001248</small>	CITRUS HEIGHTS COMMUNITY CENTER 6300 Fountain Square Dr., Citrus Heights, CA 95621 916-727-5400 <small>LIC#34961014</small>



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CLUES

- | | | |
|---|--|---|
| <p>ACROSS</p> <p>1. Large, imposing house</p> <p>6. "Lake" in France</p> <p>9. "Que ____," sang Doris Day</p> <p>13. Unwritten exams</p> <p>14. Spermatozoa counterparts</p> <p>15. "Hollywood legend quality?"</p> <p>16. Laker great</p> <p>17. Judge on "Dancing with the Stars"</p> <p>18. L on clothes</p> <p>19. "The Big Sleep" leading lady</p> <p>21. "He played "Spartacus"</p> <p>23. Before, old English</p> <p>24. Ancient Greeks' harp</p> <p>25. Cattle prod</p> <p>28. "For" in Spanish</p> <p>30. "Louie, I think this is the beginning of a beautiful friendship," in "Casablanca," e.g.</p> <p>35. Port of Yemen</p> <p>37. Comedy Central's 1990s animated series "Dr. _____, Professional Therapist"</p> <p>39. Country singer _____ Tucker</p> | <p>40. Irritate</p> <p>41. ____ of parsley</p> <p>43. "What Perkins did in the shower in "Psycho"</p> <p>44. Accord or comport with</p> <p>46. Yugoslavian communist</p> <p>47. Location of Dante's nine circles</p> <p>48. "Eastwood's Josey Wales, e.g.</p> <p>50. 2009 Daniel Day-Lewis musical</p> <p>52. Charlotte of "Facts of Life" fame</p> <p>53. First, second or third in baseball</p> <p>55. Follow ems</p> <p>57. "Last name of two female legends</p> <p>61. "He called for Stella</p> <p>64. Relating to axis</p> <p>65. Second person of "be"</p> <p>67. "Unbearable Lightness of _____"</p> <p>69. Pulitzer winner _____ Cather</p> <p>70. Decorate cake</p> <p>71. Dam</p> | <p>72. Flower holder</p> <p>73. Once around</p> <p>74. Undo</p> <p>DOWN</p> <p>1. "Garland to Minnelli</p> <p>2. United ____ Emirates</p> <p>3. Hindu serpent deity</p> <p>4. New York is famous for it</p> <p>5. Protective embankment</p> <p>6. Be lazy or idle</p> <p>7. ____ Maria</p> <p>8. "Canadian funny man</p> <p>9. Ore smelting by-product</p> <p>10. Basketball great ____ "The Pearl" Monroe</p> <p>11. Capital of Latvia</p> <p>12. Greek god of war</p> <p>15. Like a native speaker</p> <p>20. Accidental holes</p> <p>22. Mine deposit</p> <p>24. Soldier's bathroom</p> <p>25. "Famous for her low, husky voice</p> <p>26. "Farewell" from Catherine Deneuve</p> <p>27. Blue and white pottery style</p> <p>29. Wholly engrossed</p> <p>31. 100m ____</p> <p>32. Prefix for "among"</p> <p>33. African antelope</p> <p>34. "He said, "Frankly, my dear, I don't give a damn."</p> <p>36. A Broadway legend, given name</p> <p>38. Tubular pasta</p> <p>42. One who's doomed</p> <p>45. Singular of tabulae</p> <p>49. It engulfed the world in the 1940s</p> <p>51. Render capable</p> <p>54. Escargot</p> <p>56. Express contempt</p> <p>57. Hems and ____</p> <p>58. Sign of escape</p> <p>59. Arrange in a stack</p> <p>60. Healing ointment</p> <p>61. Road Runner sound</p> <p>62. Cher or Celine Dion?</p> <p>63. Dollar bills</p> <p>66. AV manufacturer</p> <p>68. "____ whiz!"</p> |
|---|--|---|

For Solution See Page 7

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!

For Solution See Page 7.

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The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

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2004-2009 MAZDA3 and MAZDA5 models are currently being investigated for uneven and unsafe tire wear. Drivers may experience loss of control on wet roads as well as rapid, uneven and premature tire wear of less than 24,000 miles.

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A-1 DONATE YOUR CAR! Breast Cancer Research foundation! Most highly rated breast cancer charity in America!

CARS/TRUCKS WANTED! Top \$\$\$\$\$ PAID! Running or Not, All Years, Makes, Models.

DONATE A CAR - HELP CHILDREN FIGHTING DIABETES. Fast, Free Towing, Call 7 days/week.

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Mystery Shoppers Needed. Earn up to \$150 per day. Undercover Shoppers Needed to Judge Retail & Dining Establishments.

Caring Compassionate Seniors WANTED! SENIORS HELPING SENIORS®, a leader in the Senior in-home service industry.

WORK AND TRAVEL ALASKA!!! Seafood Companies Now Hiring. Airfare, Room and Board provided.

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DRIVER - Start out the year with Daily Pay and Weekly Home Time! Single Source Dispatch.

Drivers/CDL Training - CAREER CENTRAL. NO MONEY Down. CDL Training. Work for us or let us work for you!

DRIVER - NEW CAREER For The New Year! No Experience Needed! No credit check!

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Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties.

LIVE-WORK-PARTY-PLAY!! Play in Vegas, Hang in LA. Hiring 18-24 gals/guys. \$400-\$800 wky. Paid expenses.

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Get TV & Internet for UNDER \$50/mo. For 6 mos. PLUS Get \$300 Back!

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UC Davis Medical Center is conducting a research study to test a new medicine that may help traumatic brain injury. The medicine has been shown to reduce injury in animal studies.

Our previous experience suggests that this medicine can reduce injury to the brain if given quickly. Because head injury is a life threatening condition requiring immediate treatment, some subjects will be enrolled without consent until a family member can be located.

The research medicine has few risks. They include:

- Infusion site reactions
• Mild headache
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Experienced medical staff will monitor patients for any medication effects.

Before the study starts, we will hold meetings with the community to review the study, hear your feedback and answer questions.



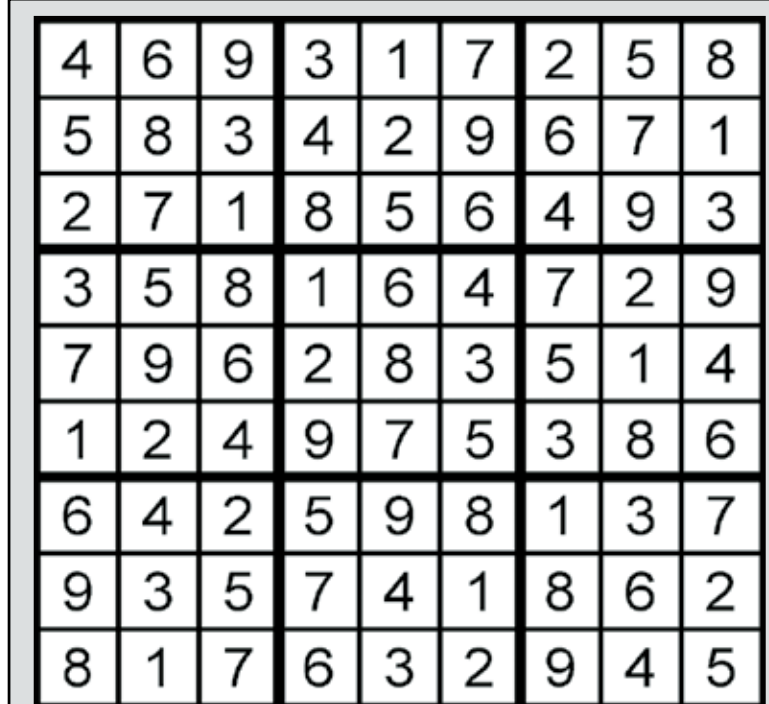
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Crossword Puzzle on Page 6



Sudoku Puzzle on Page 6

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RNS 11203 1-11-12

FICTITIOUS BUSINESS NAME STATEMENT #11-10006. Ed Murray, 6730 Lakeview Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Sunup Supply" at 11370 Trade Center Dr., Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on Nov. 30, 2011. Publish: January 4, 11, 18, 25, 2012.
SUUPS 20101 1-25-12

FICTITIOUS BUSINESS NAME STATEMENT #11-10283. Cyndie Hollingsworth, 5416 Ogilby Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Happy tails to you" at 5416 Ogilby Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Dec. 9, 2011. Publish: January 4, 11, 18, 25, 2012.
HAPPYT 20101 1-25-12

FICTITIOUS BUSINESS NAME STATEMENT #11-10354. Paul T. Lenser, 8371 E. Trinity Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Lenser Financial Group" at 2377 Gold Meadow Way, Gold River, CA 95670. Filed with the Clerk of Sacramento County on Dec. 13, 2011. Publish: January 4, 11, 18, 25, 2012.
LENSER 20101 1-25-12

FICTITIOUS BUSINESS NAME STATEMENT #11-09869. Ryan Hankins, 4266 Oak Knoll Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Hank's Baseball and Softball Academy" at 7031-A Roseville Rd., Sacramento, CA 95842. Filed with the Clerk of Sacramento County on Nov. 22, 2011. Publish: January 4, 11, 18, 25, 2012.
HANKSB 20101 1-25-12

FICTITIOUS BUSINESS NAME STATEMENT #11-10805. Daniel Gougherty and Joseph R. Gougherty, both of 8904 Roscomare Ct., Elk Grove, CA 95624 are doing business under the Fictitious Business Names www.ElkGroveNews.net; EGN Media at 8904 Roscomare Ct., Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on Dec. 30, 2011. Publish: January 4, 11, 18, 25, 2012.
WWWELK 20101 1-25-12

FICTITIOUS BUSINESS NAME STATEMENT #11-10681. Naomi Jean Kennicutt and Randy R. Kennicutt, both of 12455 Woods Road, Wilton, CA 95693 are doing business under the Fictitious Business Name "Sure Shot Ranch and Farm" at 12455

Woods Rd., Wilton, CA 95693. Filed with the Clerk of Sacramento County on Dec. 28, 2011. Publish: January 4, 11, 18, 25, 2012.
SURESH 20101 1-25-12

FICTITIOUS BUSINESS NAME STATEMENT #11-10319. Craig Ingui, 1350 Arcade Blvd., Sacramento, CA 95815 is doing business under the Fictitious Business Names "ConcoursProperty Management; CPM" at 1350 Arcade Blvd., Sacramento, CA 95815. Filed with the Clerk of Sacramento County on Dec. 12, 2011. Publish: January 4, 11, 18, 25, 2012.
CONCOU 20101 1-25-12

SUPERIOR COURT OF SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00112895

WHEREAS, Andrew Paul Chaffer has filed a petition with this court for a decree changing name of Andrew Paul Chaffer to Andrew Paul Salazar.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on February 10, 2012 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 16, 2011. Kevin R. Culhane Judge of the Superior Court Publish: January 4, 11, 18, 25, 2012.
SALAZA 20101 1-25-12

FICTITIOUS BUSINESS NAME STATEMENT #BFBF2012-00067. SHEL Communications, Inc., 15274 Camino del Parque, Sonora, CA 95370 is doing business under the Fictitious Business Names "Bottld; Bottled" at 2822 "S" St (Back), Sacramento, CA 95816. Filed with the Clerk of Sacramento County on Jan. 4, 2012. Publish: January 11, 18, 25, February 2, 2012.
BOTTLD 20102 2-1-12

SUPERIOR COURT OF SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00114241

WHEREAS, Patricia Ann Valadez has filed a petition with this court for a decree changing name of Patricia Ann Valadez to Ann Sheridan.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on March 9, 2012 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED

that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 15, 2011. Kevin R. Culhane Judge of the Superior Court Publish: January 11, 18, 25, February 2, 2012.
SHERID 20102 2-1-12

SUPERIOR COURT OF SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00112918

WHEREAS, Camille Devon Veal has filed a petition with this court for a decree changing name of Camille Devon Veal to Isis Devon LaBaux Veal.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on February 10, 2012 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 25, 2011. Kevin R. Culhane

Judge of the Superior Court Publish: January 11, 18, 25, February 2, 2012.
VEAL 20102 2-1-12

SUPERIOR COURT OF SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00112528

WHEREAS, Jennifer Gonzales and Christopher Palomares have filed a petition with this court for a decree changing name of Ahyleah Louise Gonzales to Ahyleah Louise Palomares.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on February 3, 2012 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 18, 2011. Kevin R. Culhane Judge of the Superior Court Publish: January 11, 18, 25, February 2, 2012.
PALOMA 20102 2-1-12



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Arts, Entertainment and Other Fun Things to do!

Winter Dance for Singles Jan. 14

CARMICHAEL – Christian Singles Network is hosting a Winter Dance for single adults Saturday, January 14, from 7 PM to 11:30 PM. At Carmichael Presbyterian Church, 5645 Marconi Ave., Carmichael. The evening features DJ John Maricich playing dance music 8-11:30, and dance teacher Janine Wright teaching the East Coast Swing 7-8 PM. Nicer casual attire suggested.

Christian Singles Network, Northern California's largest inter-church singles group, has over 7,500 singles on its roster and hosts dances every 3 to 4

weeks. Call the number below for directions or more information. The price also includes appetizers (including dessert) and complimentary non alcohol beverages. The dance music is a mix of rock and roll, ballroom, Latin, and Christian music.

Tickets are \$15 pre-sale or \$20 at the door. Membership is not necessary to attend, and all ages and all denominations are welcome. CSN has been holding dances 19 years, drawing singles from the Sacramento, the foothills, and beyond to Reno and the Bay Area.

Pre-sale tickets are available

at Berean Christian Bookstore, Sacramento; Jireh's Bookstore in Placerville, and on line at www.christiansinglesnet.com, or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722. Volunteers receive a discount or attend free for helping. Call the office to volunteer.

For more information call the 24 hour event line at (916) 658-0606 or the CSN office at (530) 878-8606. The website, www.christiansinglesnet.com, includes directions to the dance as well as information about upcoming events including seminars and parties.

Carmichael Cactus and Succulent Society

Meeting

Thursday Feb 2 10am

Julie Serences speaks on "Butterflies and other Pollinators"

Carmichael Park Clubhouse
5750 Grant Avenue
Carmichael, CA 95608

Visitors are Welcome!
Questions - 916-729-3475

Carmichael Geranium Society January Meeting

The monthly meeting will be Friday, January 13th at Carmichael Park Community Clubhouse, 5750 Grant Ave., in Carmichael from 10am - noon.

This month's presentation will feature Master Gardner Wayne Turrell discussing growing tips for herbs and their culinary uses.

Guests welcome. For more information call 916/481-2076.



Carmichael Recreation and Park District is announcing these upcoming events

Dog Obedience Taught by Lyle Reed

Does your dog need discipline? Help your pet better understand what you want by learning basic commands such as heel, sit, come, down, stay and many more. Dogs or puppies must be four months old and have all their DHLPP and Rabies shots. Proof of vaccinations MUST be presented on the first day of class. Please bring a 4 or 6 foot nylon or leather leash and a regular collar.

Location: Carmichael Park Vets Hall Lawn
Day/Time: Saturday, 9-10am
Dates: 10/1-11/12 or 1/7-2/18
Fee: \$100/7 weeks



Canine Corral at Carmichael Park

A healthy dog is a happy dog! Get out and enjoy the weather with your pet. The Carmichael Recreation and Park District offers an off-leash dog park open to the public 7 days a week. It is located at Carmichael Park, 5750 Grant Avenue in the back of the park. The Dog Park Society is made up of volunteers who help with the success of the dog park. There are many ways to help out and continue to provide a great place for pets. If you are interested in volunteering please call (916) 283-4919.

For more information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.



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Announcing a Winter Art Show by the Members of Sacramento Fine Arts Center. Over 100 artworks priced to sell. All sizes all media. All original. Plus, a retrospect art show by Edward G. McGrath, teacher, artist and past president of Sacramento Fine Arts Center. Mr. McGrath recently celebrated his 95th birthday and lives at Eskaton Village in Carmichael. January 3-28, 2012. 5330B Gibbons Dr. Carmichael CA 95608. Special Second Saturday reception January 14, 5:30-8:30- PM. Artists will be present. Music by "Mary's Daughter". Refreshments.



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Recovering from a Heart Attack Has Never Been so Funny



Dr. Wellington (Frank Hickox, right) finds everything about Roxanne (Corrine Nelson) attractive, including her feet, much to her husband's (Dan Beard) concern in the Arden Playhouse production of Murray Schisgal's comedy OATMEAL & KISSES. Photos courtesy of Arden Playhouse.

Arden Playhouse is pleased to present Oatmeal and Kisses, a romantic comedy by Murray Schisgal. (Produced with permission of Dramatists Play Service, Inc.) Murray Schisgal is well known for his off-beat comedy, LUV. He has written over fifty plays for the stage and has also written for television and films. In 1993 Schisgal was an Oscar nominee in the screen play category for "Tootsie".

Oatmeal and Kisses is directed by Blake Flores, who has been acting, directing and producing in local community theater for over thirty years. He began his directorial endeavors in 1987 with the Volcano Theatre Company's production of Fred Carmichael's Done To Death. He has since directed over 30 local productions, most recently Jack Sharkey's Who's On First? at Big Idea Theatre, which he co-founded in 2003.

Arden Playhouse is thrilled to welcome Blake Flores and three new actors to its family for this amazing ensemble. Dan Beard (Schneider), Frank Hickox (Peter), and Corinne Nelson (Roxanne), are the talented cast bringing life

to Oatmeal and Kisses. Dan Beard has worked in numerous theaters around the Sacramento area including the WSCT as well as the Woodland Opera House, The Thistle Dew Theater, the Ooley Theater and the Big Idea Theater. Frank Hickox has been acting since high school. His plays include Arsenic and Old Lace, Out of Sight, Out of Murder and The Servant of Two Masters. Corinne Nelson has been active in theatre most of her life and has an extensive background in improvisation and is an alum of the Sacramento Comedy Spot's Free Hooch Comedy Troupe.

Schneider is a dynamo, living life to the fullest. But, with age, there have been consequences. A short stay in the hospital because of a heart attack has reminded him of his mortality. Although it has made him concerned about what might become of Roxanne, his much younger wife, he has forgotten that he agreed to get help in changing his life-style. When the specialist arrives from the hospital things start to get complicated. Peter is a physical fitness doctor who lives with his patients for

several weeks while he gets them to change their diet and other risky habits. At first Schneider objects to this plan, but after Roxanne uses some charm and threats, he agrees. But Schneider has another motive in mind. Later, after Schneider has become a health-nut, it appears that he has been trying to get Peter to marry Roxanne...and the doctor is certainly enamored of her by this point. But, at last, it is Roxanne who gets exactly what she wants.

Oatmeal and Kisses opens on Friday, Jan. 13, 2012 with performances on Friday and Saturday nights at 8pm through February 25. Sunday matinees are at 2pm on January 22 and February 5, 2012.

All tickets are \$18 general admission. Tickets can be reserved by calling (916) 332-2582.

Arden Playhouse is located at 5640 Roseville Road, Suite D, Sacramento, and seats 150.

Arden Playhouse is a community theater dedicated to continuing its tradition of presenting entertainment in a casual setting.



by David Dickstein

Family Films

Beauty and the Beast
Opens Jan. 13, rated G
disney.com/beautyandthebeast

Beauty and the Beast needs a makeover more than Beauty, but the eventual sweethearts both get spruced up for a limited 3-D theatrical run of the 2-D 1991 classic. Disney's take on the tale that concludes that true beauty comes from within is already viewable in 3-D thanks to a home video reissue, but seeing the first animated film nominated for Oscar as Best Picture (losing out to "Silence of



the Lambs") on the big screen promises to be a short-windowed treat.

In a month typically shy on family films comes something unique in that Disney is debuting a sequel not on its own in feature-length form, but as an animated short audiences don't have to pay extra for. "Tangled Ever After" (rated G), the follow-up to last year's animated hit, "Tangled," is being shown before every screening of "Beauty and the Beast" in 3-D. The bonus film picks up where the original left off. The royal wedding of Rapunzel and Flynn Rider has the Kingdom in a festive mood, but that could all change if Pascal and Maximus, the irresponsible flower chameleon and ring bearer, don't find the bride and groom's gold bands. Returning to voice Rapunzel and Flynn are Mandy

Films and DVDs for the Whole Family

Moore and Zachary Levi.

If your family enjoyed seeing the "The Lion King" re-released and reformatted in 3-D back in September, this reissue of "Beauty and the Beast" will be your cup of tea, poured, of course, from the motherly and proper Mrs. Potts (voiced by Angela Lansbury, who is the kitchen head when not cursed like everyone else of the prince's castle.

More good news for fans of Disney 3-D reissues: You'll be donning those uncomely eyeglasses for "Finding Nemo" (Sept. 14), "Monsters, Inc." (Jan. 18, 2013) and "The Little Mermaid" (Sept. 13, 2013).

much preschoolers learn without realizing it – the DVD is that entertaining. *Grade: A*



Penguins of Madagascar: Operation Blowhole (ages 3-10, out Jan. 10, not rated). The best thing about it is Neil Patrick Harris voicing Dr. Blowhole, arch nemesis of the crafty penguins who spun off from the animated "Madagascar" features for a successful series on Nickelodeon. The six original musical numbers are amusing, and though it's not fair to expect the same level of quality from the theatrical releases, this made-for-TV stuff lacks production muscle. *Grade: B*

Timmy Time: Timmy Needs a Bath (ages 2-5, out Jan. 24, not rated). Heavy on slapstick, light on dialogue – in fact, there is none – this program on the Disney Channel is a winner for preschoolers who, like Mary of nursery rhyme fame, want to have a little lamb. Timmy is its name, and this title has him in a sticky situation after adventures with mud, glue and paint. British humor might not be every tike's cup of English tea. *Grade: B+*



Family DVDs

Barney: I Love My Friends (ages 2-6, out Jan. 3, not rated): Pretty much every "Barney" title is about making friends, but this one adds lessons in keeping promises, being honest and expressing one's feelings in a constructive way. All good stuff, and, as is the case wherever and whenever the imaginary purple dinosaur is around, there's lots of singing and dancing. *Grade: A*

LeapFrog: Number Land (ages 2-5, out Jan. 31, not rated): Complementing its toy line, LeapFrog has put out another DVD featuring Scout the puppy and his friends, moving from letter sounds with the debut title "Phonics Farm" of last November to early numeracy skills. The storyline's backdrop is a surprise birthday party. The real surprise may be how

Free College Entrance Exam Practice Test Given Jan. 21 at Carmichael Library

SACRAMENTO- The Sacramento Public Library is hosting a free ACT and SAT practice test session for college-bound students on Saturday, January 21 at 12 noon at the Carmichael branch, 5605

Marconi Avenue, Carmichael. The practice test will be administered by Kaplan College Testing services. Results and valuable test-taking tips will be provided on Wednesday evening, February 1 at the Carmichael

Library. Registration is required by telephoning the Sacramento Public Library at (916) 264-2920 or visiting www.saclibrary.org.

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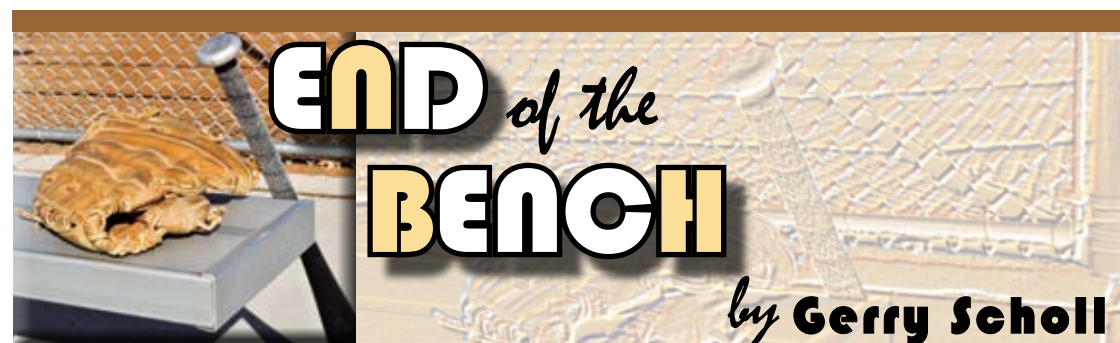
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Here's to Getting Bowled Over

Has anyone out there been bowling lately?

Over the last thirty years or so, the popularity of bowling has dropped about 70 percent, but the wife and I have been having a little fun with it during the last few months.

We were invited to be regular substitutes in a league in which friends from HER exercise class participate. We enjoyed the first couple nights enough to invest in bowling shoes — very comfy — but still rely on house balls.

Unable to master the techniques of the bender, each of us has our own style with the apple. She rolls creepers, while I roll frozen ropes. She is staying out of the gutters much more consistently now, while I actually had a turkey (three straight strikes, for you novices) in the tenth frame for the first time ever. Eventually, we each progressed to having our best series ever.

Ever? At least to my best recollection. It's been a long time, probably decades, since I hit the lanes. It reminds me of some fun times with my dad.

Back in the '60's — probably the heyday for the sport — scoring wasn't automated and leagues needed people for scorekeeping. Being good at math, I was recruited by Dad for his church Men's Club team — one of my first odd jobs. He was a southpaw who could send his ball down the lane hanging on the edge the whole way and have it snap right into the pocket at the last instant. He was pretty darn good. It was quite the learning experience for this youngster, to be there with Dad on his night to hang out with the boys, as they would have a smoke, a drink or two, and bowl and banter for a couple hours.

That led to watching some bowling on TV with Dad — The Pro Bowlers Tour, Make That Spare, or Bowling For Dollars...

I googled Bowling For Dollars for a little reference material and wouldn't you know it, there were listings related to college football. And there's the segue to the other bowling.

The college football bowl season will finally end, a few hours after this story is filed, with the BCS National Championship Game in New Orleans between LSU and Alabama. It will be the last of 35 bowl games this year, but who's counting and who's paying attention?

The proliferation of postseason games has gone well beyond my ability to focus. Most of them have come and gone without notice. It has been hard to zero in on a game and stick with it for the duration.

Usually for bowl season I'll scour the TV listings and pick out a couple of match ups of particular interest. But just trying to decipher the listings is kind of overwhelming. The excitement of the season has been too watered down. There have been over 1400 hours of viewing from which to choose. I wound up depending on Sports Center just to see the highlights.

I try and check in on the California teams. I gave up on Cal's ugly 21-10 loss to Texas in the Holiday Bowl, and caught most of Stanford's painful 41-38 overtime defeat at the hands of Oklahoma State in the Fiesta Bowl. Kudos to the cause behind the Kraft Fight Hunger Bowl at AT&T Park, but those were teams too awful to watch (Illinois 20, UCLA 14).

The DVR came in handy for the record-breaking Alamo Bowl score

fest, as Heisman Trophy winner Robert Griffin III (poor Andrew Luck) led Baylor to a 67-56 win over defenseless Washington, and the triple-overtime Michigan State win over Georgia, 33-30.

I always make a point of catching most of the Rose Bowl, this time a 45-38 exciting Oregon victory over Wisconsin. Personally, I would have preferred a LSU-Oregon showdown in the title game, or better yet, an eight-team playoff system. That's where the Bowling For Dollars comes in — the money-grubbers in power don't want to see any changes. I'm not sure if it is all that effective for the sponsors, though. I can't find a Beef 'O' Brady's or a Chick-fil-A anywhere and my Poinsettia is already dead and out on the porch.

Speaking of dead and out... the Pittsburgh Steelers got Tim Tebowled over, 29-23, on the first play of overtime in their AFC wild-card game against the Denver Broncos on a surprise 80-yard pass completion to Demaryius Thomas. The New York Giants rolled the Atlanta Falcons, 24-2, in Sunday's NFC game. The Cincinnati Bengals and Detroit Lions were both knocked down, by the Houston Texans and New Orleans Saints, respectively, in Saturday's games. The Saints will be reset to face the 49ers Saturday.

Coach Paul Westphal will have time for bowling after being thrown into the gutter by the NBA's most dysfunctional franchise, your Sacramento Kings. To cheer himself up he could watch one of my favorite comedy classics, The Coneheads, and when the bowling scene comes around he can scream along with Beldar.



MISSION: IMPOSSIBLE – GHOST PROTOCOL (Rated PG-13)

As a purist, I held the view that the "Mission: Impossible" film series was an unworthy subversion of the excellent original TV series starring Peter Graves.

It just seemed that Tom Cruise's Ethan Hunt was no match, either in style or intellect, to Graves' Jim Phelps, the urbane leader of the Impossible Missions Force.

The first "Mission: Impossible" film was heresy insofar as Jim Phelps was rendered one of the bad guys. The abrupt departure from the TV series took the film in a foolhardy direction.

Now along comes the fourth installment in the film series, "Mission: Impossible – Ghost Protocol," the best of the entire lot. Moreover, it's such a top notch action thriller that I no longer have misgivings.

For one thing, Tom Cruise has never looked better in the role of the IMF undercover agent. Not only has he matured into the part, he's very convincing as an unflappable tough guy adept at handling the physical and mental strains of the job.

As for the action, the adrenaline rush begins with Ethan's daring breakout from a Russian prison, assisted by IMF team

Riley Reviews

STUNTS, THRILLS
LIVEN UP EXCITING
"MISSION: IMPOSSIBLE"

member Benji Dunn (Simon Pegg), the computer wizard who simultaneously manages to unlock prison doors while blasting a classic Dean Martin song on the loudspeakers.

Once on the outside, Ethan, with the help of his colleagues, is dispatched to infiltrate the Kremlin's hidden vault so as to locate the identity of a villain with a plan to steal Russian nuclear codes.

Unfortunately, the mission goes haywire when the Kremlin is blown up and the IMF team is falsely blamed for masterminding the explosion. Even worse, the IMF secretary is killed during an assault by Russian forces, further compromising the mission.

As a result, Ethan's team is forced to go underground, as the U.S. government invokes the "ghost protocol" that cuts the IMF loose with no official portfolio or financial resources.

To clear their names, the IMF team, including the beautiful but deadly Jane Carter (Paula Patton) and the mysterious "analyst" William Brandt (Jeremy Renner), initiates a globe-trotting adventure to chase a shadowy target named Hendricks (Michael Nyqvist).

Forced to become rogue agents, the IMF team heads off to Dubai on the trail of Hendricks as the terrorist seeks nuclear warheads he can launch merely for the purpose of a blowing up the planet for senseless pleasure.

Though loaded with great

action scenes, the best one in "Ghost Protocol" requires Ethan to climb the glass window exterior of Dubai's Burj Khalifa, the world's tallest skyscraper.

This act requires him, like Spider-Man, to scale the high-rise more than 100 floors above the ground with nothing more elaborate than a pair of adhesive gloves, one of which malfunctions at an inopportune time. Meanwhile, the audience suffers a severe case of vertigo.

Actually, "Ghost Protocol" is filled with breathtaking moments of great danger. Brandt, levitated by a magnetic device, hangs precariously over a giant turbine as he breaks into a building's computer command center.

A climactic battle between Ethan and Hendricks takes place in a high-tech parking garage in Mumbai, where the two fighters leap from one moving platform to another in a dazzling acrobatic display of vicious hand-to-hand combat.

Complicating the mission is the fact that a Russian agent (Vladimir Mashkov), mistakenly believing the IMF team is responsible for the Kremlin bombing, is trying desperately to kill Ethan and his gang.

One of the fascinating tidbits about this film is that director Brad Bird ("The Incredibles") is known for his work in animation. Here, he demonstrates tremendous skill and flair for staging very impressive action scenes.

Another revelation is that Tom Cruise is really at the top of his game. He's never been more imposing than he is now as the consummate action figure possessed of athletic poise and mature elegance.

"Mission: Impossible – Ghost Protocol" is truly one of the best action pictures of the year, and even better still if you catch it in IMAX.



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"Kitty's Glitter" Night to Remember



Jim Warrick and Supervisor Susan Peters (second from right) joined the Bunfill family – providers of the Elks July 4 Parade's Cadillacs – in celebrations at the La Sierra Community Center. Pictured, the family's vintage Cadillac annually carries the parade's most exalted VIPs.
Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL – Amid feasting and feting, speeches and serenades, Kitty O'Neal was last week named 2012 Person of the Year in Carmichael.

The KFBK broadcaster accepted the honor – and a standing ovation - before 200 supporters at the La Sierra Community Center. A fundraiser for the Carmichael Chamber of Commerce, part of banquet proceeds will also help the Sacramento Children's Home. The "Kitty's Glitter"

event also recognized Jim Warrick and his family as Patriots of the Year. Earl (Jack) Koobs was acclaimed Veteran of the year. Civic leaders came out of the woodwork, making the guest list a who's who of Sacramento Public life and elevating this annual award night to one of Carmichael's most prestigious events.

Event sponsors were: Bell Brothers Heating and Air; Mercy San Juan Medical Center; Carmichael Park District; Milagro Investments.



Veteran of the Year Jack Koobs (center) was presented with commendations and a sapling sequoia. The 92-year-old Kiwanian helped create one of USA's earliest Vietnam War memorials, in Carmichael. Commendations came from Assembly Member Alyson Huber's representative, Ken Cooley (left), Kiwanis President Cathy Snow, Supervisor Susan Peters, Congressman Dan Lungren and Carmichael Chamber President Chris Meyer. Photo by Susan Maxwell Skinner.



Broadcaster/humanitarian Kitty O'Neal brought her husband – chef Kurt Spataro (third from right) – as her banquet date. Paying tribute to their 2012 Person of the Year were: Honorary Mayor Esteban Nava (left) Chamber Board members Dan Kellow, Becky Furtado, Linda Melody, Bill Schlack and Gary R. Andersen. Photo by Susan Maxwell Skinner.



Founders of the non-profit Be Money Smart USA, Don and Marie Hall (left) made a winning bid on lunch with former Sheriff John McGinness (right) and Kitty O'Neal. Photo by Susan Maxwell Skinner.



Jim Warrick (center, front) and his family were named Patriots of the Year. They began the Carmichael Elks July 4 Parade in 1959 and have run the event ever since. A retired school teacher, Warrick is now Elks Lodge Treasurer. Elks, friends and family helped celebrate his big night.
Photo by Susan Maxwell Skinner.

DMV: "Ask George"

Expert Answers to Common DMV Questions



By George Valverde – Director, California Department of Motor Vehicles

Do you have questions about general driving related requirements like registration and insurance?

Are you unclear about laws and restrictions related to driving?

The California Department of Motor Vehicles has answers.

"Save Time by Going Online," at www.dmv.ca.gov.

Q: I recently took my behind the wheel driving test and failed. I immediately understood my error and asked if I could take the test again the same day. The examiner said that I couldn't and that I would need to schedule another appointment. I am over 18, so why couldn't I take another driving test on the same day?

A: Driving tests are scheduled by appointment only so offices can effectively manage their workload and resources. Additionally, this gives you more time to practice until your next appointment. Good luck on your next test! For more information, please visit our website at <http://www.DMV.ca.gov>. Save Time. Go Online!

Q: I'm not operating my vehicle, although the registration fees are current and I've canceled the insurance. Now I am getting notices of "Intent to Suspend." What should I do?

A: When your registration fees are current and you are not operating your vehicle, you must submit an "Affidavit of Non-

Use," REG. 5090 form. This notification will stop the insurance suspension action. If your vehicle is still not being operated when you receive a billing notice for your next renewal period, be sure to file a "Planned Non-Operational" status on the vehicle and pay the appropriate fee. For more information about vehicle registration insurance requirements, please visit our website at <http://www.DMV.ca.gov/vr/insurance.htm>.

Q: What is the proper way to handle an aggressive driver on the roadway?

A: Aggressive driving happens when crowded roads, rushing, and impatience cause one driver to react angrily to another driver. When you are confronted with aggressive drivers make every attempt to get out of their way but if that is not possible here are some suggestions to keep you safe:

- Wear your seat belt.
- Avoid eye contact. Eye contact can sometime enrage an aggressive driver.

• Put your pride aside. Do not challenge them by speeding up or attempting to hold-your-own in your travel lane.

• Ignore gestures and refuse to return them. You or a passenger may call the police and report aggressive driving. But, if you use a cell phone, and it's not hands-free, you must first pull over to a safe location.

For more information on safe driving practices, visit <http://www.DMV.ca.gov/pubs/hdbk/scanning.htm>. Save Time. Go Online!

The DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Acting Undersecretary Traci Stevens. The DMV licenses drivers, maintains driving records, registers and tracks official ownership of vehicles and vessels, investigates auto and identity-related fraud, and licenses car dealers, driving schools, and traffic violator schools. For more information about the DMV, visit www.DMV.ca.gov.



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