

Volume 32 • Issue 3

Serving Carmichael and Sacramento County since 1981

January 18, 2012

Bambini Molto Belli! Stunning Costumes Celebrate Italian Regional Culture



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Free Weekend **Activities at Effie Yeaw Nature Center**



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Dreaming in the **Batcave: Batman** Filmaker asks "What **Inspires You?**"



A Serendipitous Connection

Mosquito Spraying Issue May Come Back to Bite



Artist David Post presented a painting by his famous father, Alan Post, to Effie Yeaw Nature Center staffer Betty Cooper. The landscape was recently auctioned to support the non-profit. It realized \$2,750. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL - On a 1938 Sierra Foothill trek with his brother, emerging artist Alan Post was taken with a roadside view. He painted

analyst and, after office hours, one of California's most acclaimed painters. He died in March last year. Though Mediterraneanwarm Alan Post canvases are still avidly sought, his early watercolor remains a rare example of cooler and leaner times. Post's son David – himself a noted artist – donated "Foothill Roadside" to a fundraiser that

benefitted the Effie Yeaw Nature Center in Carmichael. A serendipitous connection with the childhood visits with his dad to a house near Ancil Hoffman Park. "A woman with glasses and a severe hair style showed me all sorts of animals," he explained, describing Effie Yeaw to a tee.

Post's 73-year-old painting sold to Al and Christie Jahns, environmental benefactors who live non-profit was noted by Post the in Carmichael, yards from Effie Younger. Now 66, David recalls Yeaw's old home. "I'm not a sophisticated collector," said Al Jahns "The prospect of having a piece by an iconic figure like Alan Post drew me as much as the painting itself." The work will hang in his American River Drive law office.

However, peace officers will

be prohibited from impounding

a vehicle for 30 days out of a

sobriety checkpoint if the only

offense by the driver is failing to

hold a valid driver license. The

new law requires that the officer

make a reasonable attempt to

identify the registered owner in

order to release the ehicle. (AB

• Anyone who is convicted of

Continued on page 5

reckless driving under Section

353, Cedillo)



By Leslie Carrara

SACRAMENTO REGION -The Sacramento Yolo Mosquito Vector Control District will not be allowed to fully spray the region due to a court ruling in 2009. The 6th District Court of Appeals ruled that spraying will not be allowed over waterways for pollution purposes.

"There is going to be a challenge," David Brown said. The district manager of the vector control district said there will be "reduced" spraying.

After the ruling the National Pollutant Discharge Elimination System issued a permit saying that in these two counties, spraying will not be allowed in certain areas.

Luz Maria Rodriguez, public information officer with the SYMVCD said that the ruling will have "a very serious impact on us doing work." She added that the district will not be able to provide the same level of control, but some control will be possible. She said that they will not be able to treat waterways, including rivers and area creeks and streams. Citrus Heights City Councilwoman Dr. Jayna Karpinski-Costa, who is Citrus Heights' city representative to the district, said that area residents will need to be on the "offensive" against West Nile Virus carrying mosquitoes by means of dressing appropriately, draining standing water and wearing the chemical deet on exposed body parts. "These mosquitoes are going to be here and people need to band together," she said. "They are going to have to take care of themselves." The potentially contaminated mosquito population thrives in the spring and summer. The mosquitoes that have surfaced this winter do not carry the virus.

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Change Service Requested PRESORTED STD. US POSTAGE **PAID** PERMIT 350 Carmichael, CA

the winter vignette in watercolor. Post later settled in Sacramento,

hanging the picture in his Arcade home. Through a long career, Post earned fame as a legislative

State's Motorists Face a New Year with New Laws

SACRAMENTO REGION – As we begin a new year, California motorists should be aware of some of the new laws going into effect this past January 1, 2012. These new traffic laws were passed by the Legislature and signed by the Governor earlier in 2011, and the California Highway Patrol (CHP) is asking the motoring public to familiarize themselves with the changes before they take effect.

"Our hope is by educating the public of these new traffic safety

laws in advance, more lives will be saved in the new year," said CHP Commissioner Joe Farrow.

The following are highlights of a few of the significant changes for the upcoming year:

• A change to California's Child Passenger Safety Seat law will now require children to ride in either a car seat or booster seat until the age of eight, or until they reach a height of 4 feet 9 inches. This law also requires children who do not meet the age or height requirement to ride in the rear seat of a vehicle unless the vehicle has no back seats, the restraint system cannot be properly installed or the rear seats are already occupied by children under age eight. However, the law still maintains that a child may not ride in the front seat of a vehicle with an active passenger airbag if they are under one year of age, less than 20 pounds, or riding in a rear-facing child safety seat. (SB 929, Evans)

• Drivers are required to stop and submit to a sobriety checkpoint.

Rock-abilia Reigns

By Susan Maxwell Skinner

SACRAMENTO REGION -Given that the genre now predates many grandparents, rock 'n roll comes honestly by antiques.

Not just Paul McCartney. But local recording entrepreneurs Jeff Tamelier and Chuck Hansen certainly include Beatle-abilia among hundreds of vintage treasures at their Markston Rd (Arden) studio. "We have a framed contract for the Beatles' 1965 concert at Shea Stadium, New York," boasts Tamelier. "What struck me is how little the group asked for. They were the biggest act in the world; they had 55,000 fans at Shea (then a crowd record) and they were paid \$100,000. Their backstage requirements were basically two packs of Pepsi and some towels. These days, bands can have over 15 pages of requests: special furniture; nannies, masseuses; French chefs - crazy

food demands - you name it."

Tamelier speaks as an expert. A career guitarist, he toured the world 10 times with Starship (formerly Jefferson Airplane) and played 10 years with Tower of Power. His nostalgia collection includes backstage passes from the Hollywood Bowl to the North Pole. "Tower of Power was billed to play with Ike Turner at Rovaniemi (Arctic Circle)," Tamelier recalls. "He didn't make it. We played anyway." A favorite souvenir recalls T of P concerts with James Brown, B.B. King and Ray Charles. "I had James Brown sign my 40-year-old 'Live at the Garden' LP," recalls the sideman. "I'd loved soul music for so long and he was huge voice. For me, his autograph was like having a Beatle's signature."

Tamelier runs the Track Shack studio with his Carmichaelite partner, sax and software guru Chuck Hansen. The musicians met at



Track Shack founder, Carmichaelite Chuck Hansen (right) and partner Jeff Tamelier pause beneath the 1960s sign from Tower Records. Symbol of a defunct global empire, the neon icon now decorates Hansen and Tamelier's recording studio. Photo by Susan Maxwell Skinner.

Charles De Galle Airport when offer to help run this studio, and I Tamelier was on a T of P tour. "Eventually, Chuck made me an

took it," he says. "We keep a low profile, but we get some pretty big names recording here." Rockers

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Bambini Molto Belli!



Bambini dance troupers show their new folkloric attire in Carmichael Park. Each costume reflects the traditions of a different Italian region. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

CARMICHAEL – A holiday tradition in Carmichael, the recent Festa Della Befana welcomed 2012 with something entirely fresh and new.

The Italian Cultural Society's Bambini dancers - a children's folkloric troupe - debuted stunning new costumes. Designed and made by Lynne Giovannetti, the colorful kits represented many different Italian regions and involved much dedication and expense. Comprising 14 outfits are 172 hand-made components, including petticoats, head-pieces, cummerbunds and trimmed jackets. "I researched each Italian region for color, historical details and flowers," explained Giovannetti. "I used the last name of each (dancer's) family to decide the region for their costume."

Natural fiber fabrics were bespoken from specialist fabric stores in Sacramento and the Bay Area. Some creations displayed antique cloth and lace. Giovannetti - a theatrical costume pro who heads the Fashion Design department at Sacramento City College - estimated 350 hours went into intricate stitchery. Given that children tend to grow, costumes will know more than one wearer. "They belong to the Italian Center" explained the creator. "Each costume is constructed in true theater fashion - flat-lined to enable them to be enlarged or taken in for another child. Next season, I will refit each child who joins the dancers - yes, I will do the alterations..."

Bambini dancers range in age from 5 to 14 but the group welcomes wannabes as old as 17. Performances occur about six times per year, presenting traditional Italian folk dances for festivals and celebrations.

The January performance was part of a festival welcoming folk

heroine Befana. To the delight of bambini buoni (good children), this benign old lady passes like Santa Claus over Italian roof tops during the Festival of Epiphany. She is said to have annually taken to the skies on her broom since Biblical times, in an eternal search for baby Jesus.

Inspecting all homes on her mission, the benefactress comes down chimneys and rewards the naughty and nice. Nice children get gifts and treats; naughty kids' just desserts are lumps of coal. Children at the Carmichael celebrations got chocolate coins and blessings.

The Bambini dancers' lively performance in sumptuous new outfits — and a puppet show were further Befana bonuses.

Any child may apply to be a Bambini dancer by contacting Diana Quilici: Diana.quilici@ va.gov. The Italian Cultural Center is located at 6821 Fair Oaks Blvd, Carmichael.



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Tambourines shaking, dancers perform for a Holiday festival at the Italian Cultural Center. The Bambini group welcomes members aged from 5 to 15. Photo by Susan Maxwell Skinner.

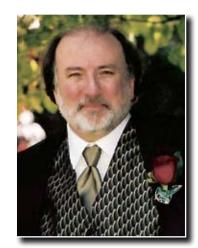


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Publisher, Paul V. Scholl





Carmichael Times

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Publisher's Statement: It is the intent of the *Carmichael Times* to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@CarmichaelTimes.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 916-773-1111.

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FAT TALK

Hope you're having a wonderful holiday season, but it's almost that time to start thinking of the New Year.

First, take a look in the mirror. Are you happy with the way you look? If you are, then you don't have to read any further. But if you have some lumps and bumps that make you a bit queasy, then listen up because you are not alone.

Obesity has become an epidemic in our country. The Surgeon General told us back in 2001 that more than 61% of adults are overweight...31% obese. Obese means 30% over ideal weight. Kids fare no better at 13%. According to research done in 2002, people overweight at 40 are likely to die at least three years sooner than those who are slim and trim. Would you believe being fat at 40 and beyond is just as bad as smoking for your life expectancy? Dr. William Parsons says it's time for "Tough

POPPOFF! with Mary Jane Popp

Talk About Fat"...How to Reach and Maintain Your Ideal Weight. 10 pounds or 100 pounds, you can lose it. "Tough Talk" doesn't scold you for being fat. It teaches us how to get rid of it...all of it!

Dr. P says it works like your bank balance. Take out more than you put in, and it goes down. There are some other incredible edible facts like, don't fret about protein vs. carbs or whatever. Calorie control is everything. Then there's the exercise thing. Although important for fitness, exercise plays a minor role in weight control.

Dr Parsons also put it very bluntly when it comes to books on weight control. There are thousands of ideas out there. According to Dr. P, in the U.S., the weight loss industry is a \$58 Billion business with a 98% failure rate. Encouraging huh!? But Dr P says he is more concerned that obesity is now a major risk factor for Heart Attacks and Diabetes. He added that by wearing out weight-bearing joints, obesity is a major cause of disability. Then there's the big surgery surge movement for morbid surgery. Dr Parsons says it saves lives, but he feels "Tough Talk" can save more.

He gets into a lot of great tips like reducing our eating by 500-700 calories a day can drop 4-5 pounds

a month. He goes into tips on how to design your own program to lose weight, along with special strategies for your weight reduction program like:

1) Buy small...not the largest banana, apple, melon, other

- 2) Cook smaller amounts.
- 3) No nibbling while cooking
- *4)* Use smaller plates

5) Stop eating when you feel satisfied not stuffed

6) Leave some food on vour plate... contrary to what mother told you about cleaning your plate

The list goes on and on, and it's pretty simple reading with basics to follow. Dr Parsons even gets into Legislation Congress should pass for a major attack on the epidemic of obesity.

Now that the holidays are almost over, you may want to fortify yourself from the mounds of desserts and taste desires by boning up on "Tough Talk About Fat". You can find all the information vou need about Dr Parsons and his books at www.cholesterolnodiet.com. Just a bit of tough talk to make a difference in out life. Happy Eating I mean nibbling!!!

Join Mary Jane for the KAHI Noon News Monday-Friday and then again for POPOFF 10 PM-Midnight.



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Kim Hellwig

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Carmichael Chamber Events

The Chamber sponsors several events throughout the year as well as monthly luncheons and mixers. Chamber members have the opportunity to network and promote their businesses to other Chamber members and guests.

Carmichael Chamber Monthly Luncheon

On the 4th Tuesday of each month, the Carmichael Chamber holds a luncheon where members can network, hear from a guest speaker and learn what's happening in the Carmichael Chamber and the community in general. \$15 for pre-registered* members • \$20 for members at the door \$20 for non-members • Guests are always welcome

*To register, go to the website, SELECT the date from the CALENDAR of upcoming events. Click the link to register & pay. NOTE: Please register by the Thursday before the luncheon. We need to provide a count to Lotto at that time. On-line registration will CLOSE Sunday night.

Contact us for more information on the Carmichael Chamber of Commerce Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com



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Dr. Bob Graykowski



On New Year's Day, Bill made a resolution to finally get in shape. He worked out every day for two weeks. But then a new project at work forced him to miss three workouts in a row, and his good intentions dissolved: he hasn't been back to the gym since. If Bills story sounds familiar, it's because he's not alone. Millions of people have difficulty sticking to a regular exercise regimen. Read on to learn how you can go from a sporadic to a consistent exerciser.

Keep it fun

According to psychologists, a significant key to sustaining as exercise regimen is choosing activities you enjoy. Instead of "traditional" workouts, such as jogging or biking, consider more creative options like ballroom dancing or karate, kayaking, yoga, t'ai chi, hiking, rollerblading, cross-country skiing, snowshoeing, windsailing, or just plain walking with a partner. I urge practice members to choose activities they actually will do, rather than ones they think they should do.

Healthy habit

For an exercise routine to stay consistent it must become an integral part of an individual's daily routine. It needs to be a habit, rather than something "extra" he or she attempts to get to if there's time.

How to Stay Enthusiastic About Exercise!

Start by scheduling exercise appointments into your date planner or scheduling software. If possible, schedule your workout at least the same time every day - or at least at the same time on any given day from week to week. This will boost the odds of it becoming a habit.

I caution practice members to avoid the "all or nothing" mentality, which sabotages many peoples attempt to stay in shape. Whenever possible, scale down workouts rather than skip them.

Remember, when it comes to exercise something is infinitely better than nothing.

Next time you're deliberating whether to miss a workout, focus not on how you feel at that moment (stressed, pressed for time, tired, etc.) but on how you will feel after completing your workout (proud, relaxed, energized). Visualize yourself completing the workout, feeling fantastic and congratulating yourself.

Take five

No matter how pressed for time or tired - you are, you can handle just five minutes. After the five minutes are up, chances are you'll feel so good you won't want to stop. This strategy s especially effective if you work out at a gym or other venue that requires travel.

Get some class

Structured exercise classes can transform sporadic exercisers into unwavering fitness buffs. For many, having a set time block each day dedicated to attending an exercise class makes a tremendous difference.

Buddy up

Training with a friend or workout buddy can catapult you to optimal fitness.

Exchanging inspirational e-mails or phone calls with friends can also do wonders, as research shows this type of encouragement is highly motivational

Join the club

Exercising in a group, such as a walking or hiking club, makes exercise a social event. Hitting the greens with your favorite foursome on a regular basis may also offer a physical workout, provided that you walk the course rather than drive a cart.

Train with a trainer

If you've tried everything and still can't adhere to a workout schedule, consider hiring a personal trainer. At Chiropractic USA we customize your exercise routine to correct posture faults and strengthen your spine.

Mix it up

Bored with your exercise routine? Spice things up with cross-training. Incorporate a variety of indoor and outdoor activities into your routine to keep you moving.

Movement is life and exercise will add more energy to your day. Call us today at Chiropractic USA, for a complete physical check up and let us customize your personal exercise routine.

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> Reservations can be phoned at 916-973-1661 or faxed to 916-973-8273

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New Year, New Motor Laws

Continued from Page 1

23103.5 of the Vehicle Code can apply for a restricted driver license prior to the completion of their one-year suspension, provided they meet specified conditions, including the installation of an Ignition Interlock Device in their vehicle. (AB 520, Ammiano)

· Vehicles will be prohibited from crossing double parallel solid white lines except where permitted. (AB 1105, Gordon)

• Electric Vehicles (EV) must now be plugged in for refueling when occupying an EVdesignated parking space, otherwise they may be towed. In addition, the law prohibits a person from obstructing, blocking, or otherwise barring access to an EV-designated park- convicted of three or more DUIs. ing space. (AB 475, Butler)

• Local governments can now regulate advertising signs on any motor vehicle parked or left standing upon a public street, except for signs painted directly upon or permanently affixed to the vehicle for permanent decoration, identification, or display that do not extend beyond the overall length, width, or height of the vehicle. (AB 1298, Blumenfield) A law dealing with repeat driving under the influence (DUI) offenders that was passed in 2010 also

goes into effect on January 1: Section 23579 was added to the Vehicle Code, which authorizes courts to revoke a driver's license for 10 years if a person is

Under this law enacted in 2010, a motorist may be allowed to apply for reinstatement of his or her driver's license with the Department of Motor Vehicles (DMV) after five years, if the person installs an Ignition Interlock Device (IID) in their vehicle. The law allows the DMV to terminate this restricted license if the IID requirements are not met. (AB 1601,Hill)

The points above are only a synopsis of the new laws listed here and only a partial list of

California's new laws adopted for 2012. For complete information on chaptered bills enacted in 2011, please refer to the Legislative Counsel website at www.LegInfo.ca.gov.

Rock-abilia Reigns

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Eddie Money and Todd Rundgren are among clients. "I'm on a long vacation now from touring," says the studio boss. "I've drifted around the world for 25 years. It's been a great run. But my kids

are at junior high. It's time to be around for them – at least until they reach college.

"Making records in a studio is great. But I miss playing live more than you'd believe."

Promises Tamelier: "I'll be back, touring again, when I'm

way. Most big names from my era are grandpas; still hitting the road and rocking. The fans love them even more for it."

in my 60s. I won't be too old, no

Learn about Tamelier and Hansen's studio at www.thetrackshack.com.



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Sacramento County DA Reports

Recent cases of interest

CASE: Nicholas Larson (01/11/12)

PROSECUTOR: Deputy District Attorney Susan Nelsen

District Attorney Jan Scully announced that 21 year-old Nicholas Larson pled no contest to five counts of vandalism for graffiti tags in downtown and midtown Sacramento.

From May to July 2011, Larson vandalized downtown and midtown walls, signs, sidewalks, poles, dumpsters and other property with graffiti tags under the moniker "Reid" and "Reidel." An investigation by Sacramento Code Enforcement, the Sacramento Police Department and the District Attorney's Office led to a search warrant on Larson's home. During the search, officers found a variety of graffiti tools and controlled substances.

This case was prosecuted by District Attorney Community Prosecutor Susan Nelsen, who prosecutes quality of life crimes that occur in the downtown Sacramento area. This position is funded by the Downtown Partnership, the City of Sacramento and Regional Transit.

Under the plea agreement, Larson was sentenced to 60 days county jail (a court recommendation of work project was given), 3 years probation, and restitution to the City of Sacramento for clean-up costs. He is also subject to search and seizure, prohibited from possessing markers, spray paint and other implements that can be used to deface or graffiti property, and his California Driver's License will be suspended for one year.

Deputy District Attorney Susan Nelsen states, "Graffiti prosecution remains a priority, and those that engage in this destructive criminal behavior will suffer consequences."

CASE: Nashwan Batta (01/10/12)

PROSECUTOR: Deputy District Attorney Nancy Cochrane

District Attorney Jan Scully announced that Nashwan Batta was convicted by jury on multiple counts of child molestation.

Batta molested three young girls over several years, beginning in 2005. Two of the victims were 11 years old when the assaults began. The third victim was 12 years old.

Batta is scheduled to be sentenced on February 10, 2012 at 1:45 p.m. in Department 10 in front of the Honorable Judge Greta Fall.

CASE: Gregory Atkins (01/06/12)

PROSECUTOR: Deputy District Attorney Shelly McGill

District Attorney Jan Scully announced today that the Honorable David De Alba sentenced Gregory Atkins to 64 years to life in prison. Last month, Atkins was convicted by jury on eight counts of child sexual assault charges.

The two victims were siblings. Atkins was a lifelong friend of their father. The female victim was assaulted from age five to 11 years old. The male victim was assaulted when he was nine years old. Both victims contracted a sexually transmitted disease from Atkins.

Deputy District Attorney Shelly McGill stated, "Today's sentencing gives the victims and their family a sense of relief. Now that justice has been served, they look forward to leaving this behind them."

CASE: Matthew David Riley (01/06/12) **PROSECUTOR: Deputy District Attorney Chris Ore**

District Attorney Jan Scully announced today that Matthew Riley was sentenced by the Honorable Judge Gary Mullen to 2 terms of life in prison without the possibility of parole plus 2 years for the first degree murder of his parents Steve and Linda Riley.

On December 9, 2008, Riley went to his parent's South Natomas home and stabbed them to death.

CASE: TARGET (Targeting Armed Recidivist Gangsters Enforcement) Team (01/06/12)

District Attorney Jan Scully announced today the successful prosecution of two recent cases by the District Attorney's TARGET (Targeting Armed Recidivist Gangsters Enforcement) Team. This specialized team focuses on violent armed recidivists and gang members who present the highest level of threat to the community. These individuals have a demonstrated history of criminal and gang related violence. TARGET's goal is to successfully prosecute these cases and attain the highest potential sentences.

TARGET takes a proactive approach in seeking out individuals that fit the team's criteria. By collaborating with law enforcement to develop cases from the ground level, TARGET works to intercept and convict these individuals before they injure or kill another citizen.

Lloyd Bell, Charles Corbett and Troy Daniels - On March 15, 2011, the defendants held four people hostage at the Global Entertainment Recording studio in South Sacramento. A rap album was recorded during the armed take-over. At the time, all three were active members of the Oak Park Bloods criminal street gang.

Bell was also charged with returning to the business and threatening witnesses, a shooting involving an unrelated victim, and for unlawful possession of a firearm. The prosecution alleged all crimes were committed to benefit a criminal street gang.

Corbett and Daniels pled guilty to false imprisonment charges. Bell was convicted by jury on multiple counts of false imprisonment, possession of a firearm by a convicted felon, assault with a semiautomatic firearm, and attempting to prevent a witness from testifying. The jury also found true that the crimes were committed to benefit a street gang.

The Honorable Russell Hom sentenced Bell to 54 years to life in prison, Daniels to 13 years in prison, and Corbett to 8 years in prison.

Isaac Dawson – On July 1, 2010, Dawson robbed two young men from the Job Corps at the Pannell Center on Meadowview Road. One of the victims was shot during the robbery.

On July 9, 2010, Dawson tried to rob a woman while she got into her car in the area of Mack Road and Center Parkway. Dawson shot at the car in the course of the attempt. An hour later, he tried to rob an ice cream vendor, but had to abandon his attempt when a group of people appeared and law enforcement was called. Dawson was captured by Sacramento police officers.

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Dawson was convicted by jury of several counts of robbery and assault. He faces a maximum sentence of 78 years to life in prison. Sentencing is scheduled for February 3, 2012 in front of the Honorable Del Oros.

Weekly Support Meeting for Widowed Men and Women **Ongoing Program - Weekly throughout the year**

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm - 5:00pm with some going to dinner as a group following the session. Doors open at 2:30 pm. The Widowed

Persons Association is a non-profit organization whose mission is to be of help to recently widowed men and women, but any and all widows and widowers are welcome. Participants do not need to be members and there is no charge.

Where: In the meeting room of the WPAC office.

Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18, Enter Suite-18 via the back parking lot.

Widowed Persons Association of California **Office Hours 10:0 am – 3:00 pm** Monday through Friday 916-972-9722

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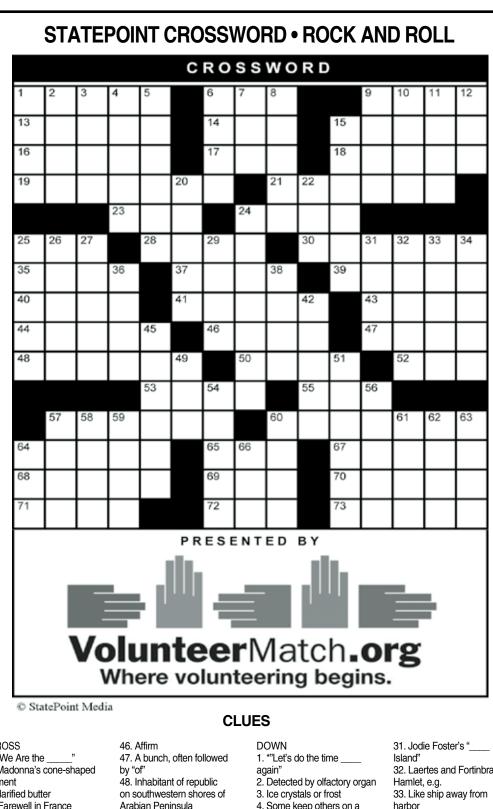
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ACROSS 1. *"We Are the 6. *Madonna's cone-shaped garment 9. Clarified butter 13. Farewell in France 14. *"Barbara ____," sung by The Beach Boys band 15. Private university in Des 52. Moines, IA 16. Times New 17. *Papa's got a brand new one 60. *" 18. Oil tanker 19. *A rockabilly original 21. Ran away to marry 23. Open box attached to long 67. *New pole handle Division 24. Scratch or scrape 25. Programmer's bane "nonsense" 28. Pocket bread 30. Chew the fat or chat 35. It will Jan. 6, pl. 37. Literary "through" 39. Peter in Russian Heart" band 40. "In of" 41. *Behind Wilson sisters. "Tommy Boy" this group rose to prominence in 1970s 43. Japanese soup 44. Treeless plain

4. Some keep others on a 50. *"Heat of the Moment" short one of these 5. Tire brand Luis Obispo 6. *The Beach Boys' "Don't 53. Similar in quality Worrv 55. Some pop-up online 7. DNA transmitter 57. *Founding member of 8. *Aerosmith song with onelegendary British band word title Rock and Roll 9. "Get a 64. *Rock and Roll, e.g. 10. Exhibiting vigorous good 65. Not divisible by two health 11. Added to, commonly , formerly Joy followed by "out" 68. Sometimes precedes Poetic "ever" 15. *Popular R&B style of 69. Motion of assent 1950s and 1960s 70. Period from Dec. 24 to 20 Archie Bunker's wife 22. French lake 71. Cook slowly 24. Single-file procession 25. *"It's still Rock and Roll" 72. *"Owner of a Lonely to him 73. Farley's side-kick in 26. Being of service 27. Flash of light 29. Titaness who was mother of Helios, Selene, and Eos in Greek mythology

32. Laertes and Fortinbras to harbor 34. *Mr. Dynamite 36. Anything half-moon shaped 38. Mine deposits 42. *Chuck Berry went to prison after one 45. Medieval siege weapon 49. * & Tina Turner 51. Software plug-ins 54. Literary technique 56. Razor sharpener 57. *"I Love Rock 'n' Roll" singer 58. Initial stake 59. What Jack's beanstalk did 60. Made in Vegas 61. It turns on a light bulb? 62. Mix together 63. Gaelic 64. *"Hop on the bus, 66. John or Jane **For Solution** See Page 7

Free College Entrance Exam Practice Test Given Jan. 21 at Carmichael Library

College Testing services. SACRAMENTO - The Sacra-mento Public Library is hosting a free ACT and SAT practice test session for college-bound students on Saturday, January 21 at 12 noon at the Carmichael branch, 5605 Marconi Avenue, Carmichael. The practice test will be

administered by Kaplan

test-taking tips will be provided on Wednesday evening, February 1 at the Carmichael Library. Registration is re-

quired by telephoning the Sacramento Public Library at (916) 264-2920 or visiting www.saclibrary.org.

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You are invited to join us for lunch on:

Tuesday, February 21, 2012 11:30 a.m. to 1:00 p.m. (\$17.00 per person) Elk's Lodge 5631 Cypress, Carmichael

Socializing at 11:15 -Lunch at 11:30

Feature - Sherrie Carhart Sherrie is a Crime Prevention Specialist with the Sacramento County Sheriff's Dept. She will give us pointers on how to prevent becoming a crime victim... at home, out shopping, or traveling.

Speaker - Helen Pachaud Reluctant off-road enthusiast tells how to ride out the tough times.

Reservations must be made by February 15th.

Fran 332-1461 or Call Sharon 361-1642. Or e-mail SacCWC@aol.com

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Public Notice

Brain Injury Study

Carmichael Times Page 7

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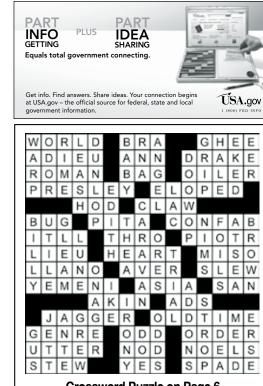
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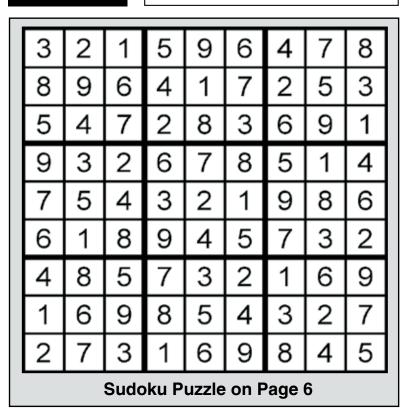




773-1111



Crossword Puzzle on Page 6



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Carmichael Times Page 8



2012. #11-09869 Ryan Hankins, 4266 Oak Knoll SALAZA Dr., Carmichael, CA 95608 is doing business under the Business Name "Hank's Baseball and Softball Academy" at 7031-A Roseville Rd., Sacramento, CA 95842. Filed with the Clerk of Sacramento on Nov. 22, 2011. Publish: January 4, 11, 18, 25, County 20101 1-25-12 Publish:

FICTITIOUS BUSINESS NAME STATEMENT #11-10805. Daniel Gougherty and Joseph R. Gougherty, both of 8904 Roscomare Ct., Elk Grove, CA 95624 are doing business under the Fictitious Business Names www.ElkGroveNews.net; EGN Media at 8904 Roscomare Ct. Elk Grove, CA 95624, Filed with the Clerk of Sacramento on Dec. 30, 2011. County Publish: January 4, 11, 18, 25, 2012.

Fictitious

County

2012. HANKSB

WWWELK 20101 1-25-12 FICTITIOUS BUSINESS NAME STATEMENT #11-10681. Naomi Jean Kennicutt and Randhy R. Kennicutt, both of 12455 Woods Road, Wilton, CA 95693 are doing business under the Fictitious Business Name "Sure Shot Ranch and Farm" at 12455 Woods Rd., Wilton, CA 95693. Filed with the Clerk of Sacramento County on Dec. 28, 2011. Publish: January 4, 11, 18, 25, 2012 SURESH 20101 1-25-12

FICTITIOUS BUSINESS NAME STATEMENT #11-10319. Craig Ingui, 1350 Arcade Blvd., Sacramento, CA 95815 is doing business under the Fictitious BusinessNames"ConcoursProperty

20101 1-25-12 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2012-00067. SHEL Communications, Inc., 15274 Camino del Parque. Sonora. CA 95370 is doing business under the Fictitious Business Names "Bottld; Bottled" at 2822 "S" St (Back), Sacramento, CA 95816. Filed with the Clerk of Sacramento on Jan. 4, 2012. January 11, 18, 25, February 1, 2012.

BOTTLÓ 20102 2-1-12 SUPERIOR COURT OF SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2011-00114241 WHEREAS.PatriciaAnnValadez has filed a petition with this court for a decree changing name of Patricia Ann Valadez to Ann Sheridan.. IT IS ORDERED that all persons interested in the above

entitled matter appear before this PALOMÁ court at 1:30 p.m. on March 9, 2012 in Dept. 16, located at 720 FICTITIOUS BUSINESS NAME 9th St., Room 102, Sacramento, STATEMENT #FBNF2012-00013. CA 95814 and show cause, if Alan J. Pedersen, 8524 Erinbrook any, why the petition for change of name should not be granted. Way, Sacramento, CA 95826 is doing business under the Fictitious IT IS FURTHER ORDERED Business Name "Forensics Lab that a copy of this Order to Supply" at 8524 Erinbrook Way, Show Cause be published in the Sacramento, CA 95826, Filed

Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 15, 2011. Kevin R. Culhane Judge of the Superior Court Publish: January 11, 18, 25, February 1, 2012. SHERID 2-1-12 20102

1, 8, 2012. ALCAUS 20103 2-8-12

#34-2011-00112528

and Christopher Palomares have

filed a petition with this court

for a decree changing name

of Ahleyah Louise Gonzales to Ahleyah Louise Palomares.

persons interested in the above

entitled matter appear before this

court at 1:30 p.m. on February 3,

2012 in Dept. 16, located at 720

9th St., Room 102, Sacramento,

CA 95814 and show cause, if

any, why the petition for change

of name should not be granted. IT IS FURTHER ORDERED

that a copy of this Order to

Show Cause be published in the

Carmichael Times, a Newspaper

of General Circulation, printed in

Sacramento County, once a week

for four consecutive weeks prior

to the date set for hearing on the

petition. Dated: October 18, 2011.

Publish: January 11, 18, 25, February 1, 2012.

with the Clerk of Sacramento

Publish: January 18, 25, February

FICTITIOUS BUSINESS NAME

STATEMENT #FBNF2012-00221.

Crecynmthia McLucas, 2040 63rd

Ave., Sacramento, CA 95822 is

doing business under the Fictitious

20103

on Jan.

20102

2-1-12

2012.

2-8-12

Judge of the Superior Court

Kevin R. Culhane

County

1, 8, 2012.

FORENS

IT IS ORDERED that all

WHEREAS, Jennifer Gonzales

SUPERIOR COURT OF SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00113995 WHEREAS, MayPhuong

Terrell has filed a petition with this court for a decree changing name of MayPhuong Terrell to MayPhuong Saeliew. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on March 2, 2012 in Dept. 16, located at 720 9th St., Sacramento, CA 95814 and show cause. if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the

Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 15, 2011. Kevin R. Culhane

Judge of the Superior Court Publish: January 18, 25, February 1, 8, 2012. SAELIE 20103 2-8-12

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California Avenue and Tarshes Drive, Carmichael, CA 916-489-4918 • www.sacnaturecenter.net • January 2012

FREE WEEKEND ACTIVITIES

Donations gratefully accep-ted. There is a \$5 per car entrance fee into Ancil Hoffman Park (Free to members) Call 489-4918 or go to www.sacnaturecenter.nettoregister.

Saturday the 21st at 10:30 AM Animal tracks and signs - There are many animal-made signs in the woods that reveal who has used the trail before you. Become a nature detective by playing tracks and scat games, then take a walk to find some animal signs in the Nature Area. All ages welcome. watching. Join a naturalist for a guided hike while looking for some

Sunday the 22nd at 1:30 PM

Coyote tales - Join us for a Native American story about a Coyote, then get a close-up look at a coyote pelt, skull and mounted specimen. Discover some facts about these wild dog relatives and take a walk in their habitat. All ages welcome.

Saturday the 28th at 10:30 AM Winter Bird Walk - Discover why winter is a great time for bird watching. Join a naturalist for a guided hike while looking for some of the Sacramento area's most common birds. Bring your binoculars. All ages welcome.

Sunday the 29th at 1:30 PM

Night hunters - Uncover the mysteries of owls: what they eat, where they sleep, how they find food and more! Get a close-up look at the Nature Center's newest resident, Echo, our great horned owl. All ages welcome.

Carmichael Cactus and Succulent Society

Meeting Thursday Feb 2 10am Julie Serences speaks on "Butterflies and other Pollinators" Carmichael Park Clubhouse, 5750 Grant Avenue Carmichael, CA 95608 Visitors are Welcome! Questions - 916-729-3475

The Genealogical Association of Sacramento

will hold its regular monthly meeting Wednesday, February 15, 2012 at 1:00 P.M., at the Belle Cooledge Library, 5600 S. Land Park Drive. Guest speaker will be Pamela Dallas, speaking on *"Remember the Ladies: Finding Your Female Ancestors"*. All are welcome.

New Movie Writing and Producing Workshops New Start - New Year

Local filmmakers, screenwriters, and actors have asked for short, inexpensive workshops to help prepare for the upcoming local film festivals - Access Sacramento's "Place Called Sacramento", The Sacramento Film and Music Festival, and The Sacramento International Film Festival. The following workshops are designed to help sharpen both your skills as a writer of short movies and the multiple responsibilities of a film producer. For questions and further details please contact:

Ron Cooper, Executive Director Access Sacramento 4623 T Street, Sacramento, CA. 95819 (916) 456-8600 ext. 112 postmaster@accesssacramento.org www.AccessSacramento.org www.AccessLocal.tv



Carmichael Recreation and Park District is announcing these upcoming events

Pottery & Art Classes for the family Classes taught by Michelle Lueth

Family Pottery Create your own masterpieces in a relaxing & encouraging environment. Class fee includes parent & child. Please bring a \$15 materials fee per person payable to the instructor at the first class. Age: 5-17 with parent Fee: \$71 parent & child, \$24 each additional family member Dates/Times:

1/18-2/15 Wednesday, 4:15-5:30pm • 1/18-2/15 Wednesday, 6:15-7:30pm 2/28-3/27 Tuesday, 4:15-5:30pm • 2/28-3/27 Tuesday, 6:15-7:30pm

Mommy & Me Art Discoveries New & imaginative art projects will be discovered each week. Please bring a **\$10 materials fee** payable to the instructor at the first class. **Age:** 3-6 with parent **Fee:** \$38 **Day/Time:** Friday, 10:30-11:30pm **Dates:** 1/27-2/10 or 3/9-3/23

Mommy & Me Little Hands Pottery Have some fun & create a memory to treasure. Decorate a plate with your little one's handprint & a personalized design. Please bring a **\$10 materials fee** payable to the instructor at the first class. **Age:** 2-6 with parent **Fee:** \$20 **Day/Time:** Friday, 10:45-11:30pm **Date:** 2/17

Family Clay Camp Spend your holiday break playing in the mud! We will create some wonderful works of art with clay & then paint them with underglazes before they are fired in the kiln. Class fee includes parent & child. Please bring a \$15 materials fee payable to the instructor at the first class. Age: 4-17 with parent,
Fee: \$60 parent & child, \$20 each additional family member Day/Time: Tuesday-Friday, 11am-12:30pm Date: 2/21-2/24

All classes held at: The Arts & Crafts Bldg, 7997 California Ave., in Fair Oaks

For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.

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Every Saturday, 8:00 am to 1:00 pm

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DAY IN THE

PARK???



Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to www.morpd.com.

FRIDAY COMPUTER CLASSES

Swanston Community Center • 9-11am

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- Facebook & Social Media

Come join us for our Farmers Market at beautiful Carmichael Park with over 40 certified and organic farmers and specialty item vendors.

Check our schedule at our website for special events at our weekly Farmers Markets. These might be contests, demos, special guests, and more! Don't miss anything fun... Sign up for the newsletter which will remind you of fun things going on at the Markets!



This quarter's craft fair at the market will be January 22, January 29, February 5, and February 12 at the Carmichael Park during our regular hours. Our artisans and crafters will feature a variety of handmade crafts and goodies to help you out with your Valentine's Day shopping!

Marie Hall, Executive Director • (916) 806-3989 info@bemoneysmartusa.org • www.bemoneysmartusa.org

SACRAMENTO FINE ARTS CENTER, INC. Contributing to the cultural life of the Sacramento community

Exhibition Schedule

December 14 - January 28, 2012 Winter Holiday All Membership Show

BeMoneySmartUSA

February 1-18, 2012 Aspiring Artist Debut - WASH Scholarship Show February 21-March 10, 2012 Animal House



Special Art, Poetry and Musical Concert

On March 17, 2012, The Sacramento Fine Arts Center will present a special concert never before performed in the Sacramento region. The Dave Brubeck Institute Jazz Band and the Poet Laureate of Sacramento, Bob Stanley, along with eight other prominent poets, will present works inspired by the art at the Center's annual Animal House show.

The musicians and poets will choose art entered in the Center's fabulous animal themed art classic that inspires their creativity, compose the music and poetry and combine that with the art and artists at the Center's beautiful galleries in Carmichael. The concert, co-sponsored by the Sacramento Poetry Center and the Sacramento Fine Arts Center, will begin at 7 PM. The galleries are located at 5330-B Gibbons Drive, Carmichael. Tickets are \$10 in advance, \$15 at the door. Call 916-971-3713 to reserve tickets. Space is limited to 150 guests.

This event is preceded by "Animal House" Art Exhibit February 21-March 10, 2012 and a 2nd Saturday Animal House Reception, March 10, 2012. There will be great food and drink, live music, and, of course, wonderful art from a wide variety of media. Awards to the artists will be presented. The reception will be cosponsored by the Sacramento SPCA, the Sacramento Audubon Society, and the Carmichael Recreation and Park District. The SPCA's lovable dogs-up-for-adoption will be there, prominent painters will demonstrate their skills, and the Animal House artists will discuss their work with the guests.

5330–B Gibbons Dr., Carmichael, CA • Ph. 916-971-3713 Hours: Tuesday 11 am-7 pm, Wednesday through Saturday 11 am-3 pm. www.sacfinearts.org · Facebook & Social Micula

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Dreaming in the Batcave Batman filmmaker asks "What Inspires You?"



By: Michael Uslan

Dreams are a hard thing to have these days.

We can chalk that up to the economy, the stock market and unemployment rates, but the truth is that no matter where you come from or where you grew up, times have always been a little tough. It was no different for me.

As a New Jersey kid growing up as the son of a working-class stone mason, I had big dreams. I drew my inspiration, as many kids back then did, from comic books. My favorite character was Batman. To me, Batman was accessible. To be Superman, you had to come from Krypton, but Batman was just a man who trained himself to be the best, both physically and intellectually. As an 8-year-old kid sitting in his bedroom awash in his heroic fantasies, I believed that someone could actually grow up to BE Batman. Even me.

I couldn't have been more excited when I heard they were making a TV show about Batman and I remember devouring the first episode, finally seeing the costumes, the Batcave, the Batmobile and all these fantastic characters brought to life in living color - but something was wrong. I heard my parents laughing. It hit me that they were playing the whole thing for laughs and I was horrified. They were laughing at Batman!

That was heresy to me. The Batman that I grew up on in the comics was not a comedian. He was a tragic figure, a dark knight who fought crime and injustice by stalking evildoers from the shadows. It was then, as a kid, I found my dream - to grow up to make a movie that would make people take Batman seriously. They would see in him the same thing I saw the inspiration to be anything you dreamed you could be.

As an adult, I discovered that dream would almost break me. When I first approached DC Comics to acquire the film rights to Batman, the management at DC thought I was crazy to even want them because the TV series was dead and no one cared about Batman anymore. Then they told me they couldn't sell me the rights because I was not a Hollywood producer. I was a college grad with a dream, but no credentials to back it up. Undaunted, I went out to get those credentials. I went to law school and upon graduation, took a job at United Artists as a production attorney. There, I had the most amazing training in Hollywood by working on the legal side of movies like Rocky 2 and Apocalypse Now (a crisis per day for two years!). Finally, I went back to DC in 1979 and said, "How about now?"

partner, Benjamin Melniker, I went a political prisoner from Uruguay. to Hollywood, thinking people would be standing in line to help me make my vision of a dark and serious Batman movie a reality.

Not so much. I was laughed at, just as they laughed at Batman when I was a kid, and I spent 10 years bloodying my knuckles on shut doors – all the while trying to earn a living to support my family – until finally the pieces fell into place. Batman was released in 1989, breaking box office records left and right. My dream came true.

More than 20 years later, I am involved in my eighth Batman feature film, "The Dark Knight Rises." But the real turning point in my life and career came after the release of "The Dark Knight" a few years ago.

It was a rousing success and the most complete vindication of my vision I could have ever imagined, thanks to the genius of Christopher Nolan, who deserves all the credit and accolades and has raised the bar for all comic book based films. My wife sat me down after the premiere and said, "Okay. Now that you've accomplished what you set out to do, what do you want to do when you grow up?"

A perfect question for a man who had made his living in comic books for most of his adult life. It made me think about what I could contribute, what I could do that could make a difference in people's lives. Then I thought about my heroes, the guys who practically founded the comic book business. We lost two of them just before the holidays. Joe Simon, who co-created Captain America, was one of them. A lot of people don't realize that the first issue featured Cap slugging Hitler in the jaw nine months before America entered World War II. It was a war America had initially wanted no part of, but even Joe saw the need to inspire people to act against evil, no matter where it was.

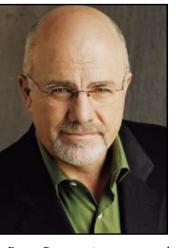
and stood with me just a few months ago at the United Nations in front of an international gathering of editorial cartoonists to help inspire them to change the world.

So my next chapter is this – I want to share with as many people as I can the inspiration they gave me to fulfill my dreams. Today, dreams are hard won commodities. The American Dream itself too often is perceived to be dying, but it doesn't have to be that way. I want people to ask themselves in the new year what inspires them. What do THEY want to be when they grow up? Who are their heroes, and what would they do if their backs were against the wall as many Americans find themselves today?



My wife's question forced me to wonder if I could accomplish in these harsh modern times what I did decades ago, and I am forced to answer yes. It would be harder and I'd have bloodier knuckles than I did even back then, but I'd still find a way to do it. Dreams cannot be treated as conveniences or luxuries to be discarded when they become too tough to realize. When people ask me what I did to achieve success, the answer is simple.

I forfeited any sense of entitlement I thought the world owed me. I got up off the couch. I dared to dream big, based upon my passion in life. And I made a personal commitment not to give up. The rest was easy.



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers - The Total Money Makeover, Financial Peace Revisited and More Than Enough. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

How Much am I Really Liable For?

Dear Dave,

I have old credit card debt that goes back a few years. The account has been sold and re-sold to several collection companies. The limit on the card was \$300, but with late charges and fees I now owe \$1,500. Am I liable for the extra \$1,200?

- Monica

Dear Monica,

You agreed to their terms, which included the right to charge fees and penalties. Legally, they can do this. The honorable thing would be to send the company you contracted with a check for the full amount.

However, that company no longer owns the debt, and they won't get the money. They sold the

debt. The present holder is just hoping to get something out of it. They buy debt in volume, dirt cheap, and whatever they can collect from any creditor is profit.

The current collection company would probably be thrilled to settle for a lot less than face value. Make them an offer, but start really low. You can probably meet them somewhere in the middle and settle this for around \$500.

Do not give them any money until you have in your hand – on paper, in writing – a statement showing the amount for which they will settle, and do not give them electronic access to your bank account, either.

Once you have this in hand, send them a cashier's check or money order, and keep a copy of that payment and the letter for the rest of your natural life!

- Dave

Going Too Far?

Dear Dave, Your plan has been a real blessing to us. Last week, my mother-in-law told my husband they haven't paid their property taxes yet. Three thousand dollars is due. I love my in-laws, but they're big spenders. They've got plenty of money and love to take lots of trips. We make good money, too, and could help them out, but we're afraid this may be just the tip of the iceberg. What's your advice on handling this? - Kelly

Dear Kelly,

This is a really touchy situation. First of all, you shouldn't do anything. Your husband needs to handle this, because

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Dave Says

he's their son. Even if you make kind, polite suggestions, they'll assume you're the one withholding from them. You don't want to be labeled as the evil daughter-inlaw!

I understand your position and agree that you don't want to enable their bad habits. Giving a drunk a drink is never a good idea. But this is family we're talking about. You should try to find a way to help them if you can. If that help includes money, make certain you know exactly where it goes. When you give someone \$3,000 (the amount needed for the taxes) you earn the right to have a say in what's happening.

Maybe your husband could go have coffee with them and just talk about things. He could explain how you guys are getting out of debt, and living on a budget to get control of your money. He could tell them how it's been a fabulous thing for your marriage and your finances, and that he'd love to show them how you're doing it.

I've got a feeling that mom and dad didn't raise their son to have dessert first and then eat his vegetables, but that's exactly what they are doing. They need to pay their property taxes before they go running off on a bunch of fancy trips.

From what you said, they've got the money to take care of what needs to be done and have some fun. But if they don't correct their course, they're liable to have their financial dignity stripped away.

- Dave

With the rights to Batman in my back pocket and with a legendary

Jerry Robinson was another of my heroes we lost recently. In addition to co-creating characters like The Joker and Batman's sidekick Robin, he was also an editorial cartoonist for most of his career. He used his pen and ink to help free

Michael Uslan is the executive producer, along with his partner Benjamin Melnicker, of the Batman franchise of motion pictures. In his 33 years in the film and television business, he has been involved with such projects as National Treasure, Constantine and countless animated projects. His projects have won Oscars[®], Golden Globes[®] and Emmy® Awards. He recently formed an independent film development and production firm called The Uslan Company (www.theuslancompany.com). He is also author of the book The Boy Who Loved Batman (www.theboywholovedbatman.com).





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It's Crying Time Again

There's no crying in baseball! But there is in football.

Exhibit A: Vernon Davis of the Forty Niners as he went to the sideline in tears Saturday after catching the winning touchdown pass in San Francisco's 36-32 NFC Divisional Playoff victory over the New Orleans Saints at Candlestick Park.

NOBODY cries better than that! Tears of joy are the best.

The best. Few experts or fans thought the 49ers would be the best team on the field Saturday. The Saints, Super Bowl winners behind prolific quarterback Drew Brees two years ago, were $3\frac{1}{2}$ point favorites on the road going in — the only road favorite in the four weekend playoff games. That continued two trends: the lack of respect for the 49ers' way over the last several seasons; and a certain disbelief that they could continue to be successful throughout this season and into the playoffs.

But there are plenty of gamblers, fantasy freaks and prognosticators crying in their beers now.

Their doubts about the team's capabilities, of course, were not unfounded. The Niners had not reached the playoffs since 2002 and will be appearing in their first NFC title game since losing in 1997 to the Green Bay Packers. This year's team is led by a rookie coach, Jim Harbaugh and a much-maligned quarterback, Alex Smith. Questionable credentials, to say the least.

But these are not your runof-the-mill-Mike's (Nolan, Singletary) unimaginative 49ers. For years San Francisco fans have been crying out, complaining about their boring, losing

Hoshall's

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team. Harbaugh and his assembled staff of top-flight coaches have inspired the players to greater success and turned the fans' cries to cheers, resulting in a sea of red at sold out Candlestick Saturday and a true home-field advantage.

In turn, that fan support spurred the 49ers offensive unit down the stretch against the Saints. In a game in which the lead changed hands four times in the closing minutes, they needed all the help they could get. It was said the 49ers were winning ugly" all year, and this was shaping up as a whoever-has-the-ball-last-wins type game — which should favor the Saints.

After building an early 17-0 lead with the help of Saints turnovers (five in the game), the 49ers eventually trailed, 24-23, with four minutes left. But the reborn QB Smith marched his offense 80 vards on six plays, finishing the drive with his own 28-yard surprise TD run down the left sideline for a 29-24 SF lead.

But, the record-setting Brees matched that with a 66-yard TD pass to Pro Bowl tight end Jimmy Graham to retake the advantage, 32-29, with just 1:37 to go.

That's when Smith and Davis teamed up to complete what has been called for each of them, "the game of his life."

Smith and Davis hooked up on a 47-yard pass and run to the Saints' 20-yard line before connecting on the winning play from 14 yards out with nine seconds remaining. Davis finished with seven catches for 180 yards, a record for tight ends in

the playoffs, while Smith completed 24 of 42 passes for 299 yards and three touchdowns with no interceptions.

Smith, drafted No. 1 overall in 2005, and Davis, picked No. 6 in 2006, have been seemingly joined at the hip for years, viewed by most as notorious twin underachievers. Throughout unsettling circumstances surrounding the team, the two players have consistently supported one another.

"Never doubt Alex Smith again!" shouted 49ers radio man Ted Robinson after the winning score. At the same time Coach Harbaugh was giving the tearful Davis a big hug on the sideline, telling him, "You're a great player!'

The 49ers have been celebrating the 30th anniversary of "The Catch" this season — the Joe Montana-to-Dwight Clark touchdown in the NFC Championship against Dallas on their way to their first Super Bowl victory. Now, with this new catch by Davis, just about everyone wants to put a nametag on it. Davis himself suggested "The Grab."

Considering the circumstances and the two players involved, I have a nomination. How about "The Redemption Reception?" Like it or not, come up with your own

Regardless of how that turns out, the 49ers will host the New York Giants, who ousted defending champion Green Bay, in the NFC title game Sunday. A win sends them off to Super Bowl XLVI, Feb.5. Hopefully for the 49ers and their fans the next three weeks will produce plenty of happy tears.



SACRAMENTO - Senator Ted Gaines (R-Roseville) announced January 12th that he has scored 100 percent on the National Federation of Independent Business (NFIB)/California's 2011 legislator Voting Record on small business issues. Gaines was one of only 17 state legislators out of the 120 Assembly and Senate members to receive the top score.



Senator Gaines Receives Perfect Score

myself, I know first-hand the

hurdles and burdens California's

job creators face every day," said

Gaines. "I am committed to gen-

erating opportunities for small

businesses to thrive, not stifling

their growth with excessive taxes

and onerous regulations." NFIB/ California's Voting Record is

designed to provide a critical

evaluation of a legislator's atti-

tude towards small business.

NFIB/California is the state's

leading nonprofit, nonpartisan

small business association repre-

senting more than 20,000 small

and independent businesses in

The Voting Record is devel-

oped by selecting key bills pro-

posed by the legislature that

affect small business and on

which every member of the legis-

lature had an opportunity to cast a

vote. The votes on those bills are

California.

the Assembly and Senate.

"In my continued effort to help lighten the load for California small businesses, I plan to reintroduce a regulatory reform bill this session that I've previously carried for two years in a row that would reduce and streamline the number of state regulations on the books," said Gaines. "My bill will allow small businesses to focus on what they do best - create jobs and spur the economy – with the ultimate goal of getting our state back on track.'

The NFIB/California Voting Record, with descriptions of the bills used in the report, is available on their website at www. nfib com/ca

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, Amador, Calaveras, El Dorado, Lassen, Modoc, Mono, Nevada, Placer, Plumas, Sacramento and

in your place or ours

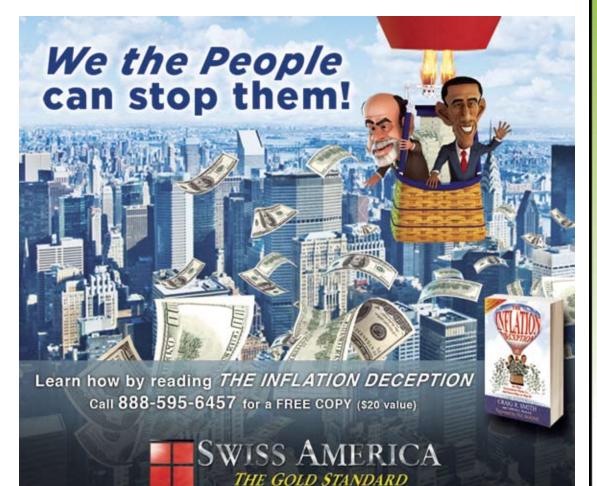




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