# Carmichael Times



Sacramento Valley Sertoma Club **Benefits from Beer** and Bratwurst

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**Capitol Pops Offers Free Concert:** Swing, Pop and **Patriotic Music** 

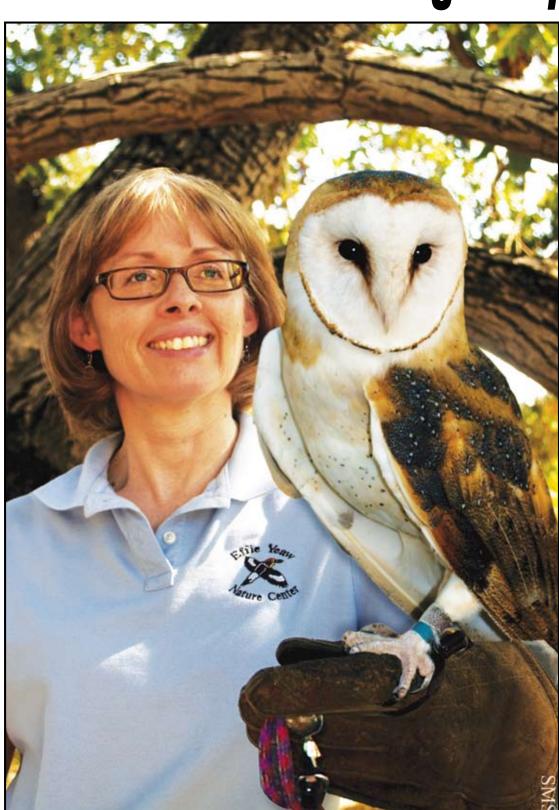
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Volume 31 Issue 41

Serving Carmichael and Sacramento County since 1981

October 12, 2011

# Carmichael's Leading Lady Flies On



Birds of a feather. Over 14 years at the Effie Yeaw Nature Center, barn owl Luna bonded with staffer Denise Booth. Booth was devastated by the raptor's recent death. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

Carmichael - Effie Yeaw Nature Center's October 23 rd

"Nature Fest" benefit will be missing one of the preserve's most beloved stars. Barn owl Luna – a 14-year resident

at the Carmichael facility died recently.

"Her mood was different for a couple of days, "reported Luna's

call (916) 4894918 or visit www.sacnaturecenter.com

### a baby." Luna and her siblings fell from their nest as fledglings. All were cared for by UC Davis's Raptor Center and rehabilitated, except

special friend, Effie Yeaw staffer Denise Booth. "Then one morning, we found her dead. It was terrible shock. I'd fallen in love with her when she came here as

injured Luna. Through hand feeding, she imprinted on her human keepers and was judged unlikely to survive alone. The orphan was given a habitat at the Effie Yeaw Nature Center and - as an 'educational ambassador' – she formed a close bond with naturalist/office manager Booth. "We had mutual respect," explained Booth. "She'd climb on my hand and I'd take her for walks in the preserve. She was wonderful for educational programs; curious about people and rarely stressed by crowds. Her beauty won all hearts but we never thought of her as a pet; she was a wild animal."

Despite a tendency to car sickness when traveling to schools or TV gigs, Luna enjoyed a threemouse-per-day diet and appeared to be a large, healthy example of her species. Barn owls live about three years in the wild; at 14 Luna was elderly in bird years but her autopsy found she fell prey to a tumor.

At the Nature Center's October 23rd festival, Luna's educational work will be continued by rescued raptors Skye, Tanner and Rocky. Saw-whet owl Sophia's lovely eyes will also enchant. A Live mountain lion and Canada lynx will be on loan for the event. The 10 a.m. to 3 p.m. event will include music, children's activities, crafts and games. Naturalists will lead trail walks. Maidu traditions will be demonstrated and a history exhibit will share old Carmichael photographs. Booths will offer displays and food. The Nature Fest event is free to attendees but there is a \$5 parking fee. Donations are welcomed.

For more information,

## Wild Cats to Star at Nature Fest





Mountain lion Shoshone (left) will be a crowd-draw at the October 23rd "Nature Fest" at the Effie Yeaw Nature Center (Ancil Hoffman Park, Carmichael). A young Canada lynx called Tiquanna will also be on loan from a wild cat sanctuary. Photos courtesy of Wild Cat Education and

By Susan Maxwell Skinner

Carmichael - Though large felines once ranged freely in the Sacramento Valley, mountain lion sightings don't happen every day in the suburbs. As part of a returnto-nature theme for an Effie Yeaw fundraiser on Sunday October 23rd, one such Felis concolor will come to Carmichael.

Firmly leashed, seven year old Shoshone will educate visitors about these much maligned felines. "All wild cats are endangered," says Shoshone's co-owner Barbara Dicely. She helps run the Wild Cat Education and Conservation Fund in the Russian River area "Another of our cats — a snow leopard – is the fourth most endangered species on the planet," Barbara adds. "Man just doesn't want them around.'

The Dicelys will transport and handle the wild cat exhibit at the fundraiser. Bred in captivity, the 100 pound mountain lioness will spend 20 minutes on, 20 minutes off her display table. She will be caged

on breaks and spelled by a smaller but equally fascinating Canada lynx. This species is a close cousin to the bobcat - once common in these parts but now almost extinct.

Licensed by the Federal and State

Government to keep and exhibit

their animals, the Dicelys care for 19 wild cats on a 22-acre ranch near Occidental. Shoshone and fellow felines thrive on a raw red meat diet especially produced for zoos. "We've presented over 100 educational programs a year for 20

years," says Dicely. "By meeting these amazing creatures, we hope people will learn to care about them and help their species from becoming extinct.

Live raptors, snakes and bats will also be on show at the October 23rd Effie Yeaw "Nature Fest." The event runs from 10 a.m. to 3 p.m. Admission is free but there is a \$5 fee for parking. Donations toward the Nature Center are encouraged.

For more information, visit www.sacnaturecenter.net

### **Divisional Leaders of the Salvation Army** to be Featured at Silver Speaker Luncheon



Sacramento Region - Local seniors are invited to join residents of River's Edge Retirement Community on Thursday, October 20 at 11:30am for a luncheon program where Majors Douglas and Colleen Riley will discuss the issue of the Homeless, the Helpless and the Hopeless and

Majors Colleen and Douglas Riley. Photo courtesy of Hank Fisher Properties. the services The Salvation Army provides in those areas.

The luncheon continues Hank Fisher Properties' Silver Speaker Series, which brings its retirement communities high-caliber lectures who are likely to be of special interest to an experienced and seasoned audience.

River's Edge is one of Hank Fisher Properties' premier Sacramento senior living communities, located at 601 Feature Drive near the intersection of Howe Avenue and Fair Oaks Boulevard in Sacramento. It offers some of the area's finest independent senior living.

The cost of the luncheon is \$10 and reservations are required. Seniors interested in attending should contact the community at 916-921-5131 by Monday, October 17th.

## **Signs California Dream Act** Sacramento – Taking action to Brown on July 25, 2011. AB 130

**Governor Brown** 

expand educational opportunity to all qualified students, Governor Edmund G. Brown Jr. signed the California Dream Act on Saturday, October 8, 2011

AB 131, authored by Assemblymember Gil Cedillo (D-Los Angeles) allows top students who are on the path to citizenship to apply for college financial aid.

"Going to college is a dream that promises intellectual excitement and creative thinking. The Dream Act benefits us all by giving top students a chance to improve their lives and the lives of all of us," said Governor Brown.

Under current undocumented students pay resident tuition rates if they have graduated from a California high school and affirmed that they are in the process of applying to legalize their immigration status. Effective January 1, 2013, AB 131 will make this limited pool of students eligible to apply for Cal

The legislation builds on AB 130, also authored by Assemblymember Cedillo, makes financial aid from private sources available to the same pool of students. The two laws are collectively known as the "California Dream Act."

The California Department of Finance estimates that 2,500 students will qualify for Cal Grants as a result of AB 131, at a cost of \$14.5 million. The overall Cal Grant program is funded at \$1.4 billion, meaning that 1 percent of all Cal Grant funds will be potentially impacted by AB 131 when the law goes into effect.

For full text of the bill, visit: http://leginfo.ca.gov/bilinfo.html.



#### Celebrate Halloween During Boo at the Zoo Sustainable Palm Oil during Boo at appropriate for children 10 and around Lake Victoria at 20 candy

Sacramento Region - Put on your favorite costume and join the Sacramento Zoo for a creepy crawly celebration. Boo at the Zoo will take place two nights on Sunday, October 30th and Monday, October 31st from 5:00 to 8:00 pm. Don't miss out on a spooky good time as the Sacramento Zoo transforms into the kid-friendly place to be for Halloween. Trick-or-treat bags will be available for each child.

Kids can safely trick-or-treat are members of the Roundtable on

stations as well as enjoy spooky entertainment, carnival games, magic shows, a haunted house, tons of ghoulish goodies and pumpkin bowling. Hot chocolate and apple

cider will be available for purchase. Ride the Zoo's Creepy Carousel or the Spooky Train for \$2 per person. Sacramento Zoo works to offer candy that is palm-oil free or is manufactured by companies that

the Zoo. The sustainable production of palm oil is crucial to the survival of orangutans; their rain forest habitat is often destroyed to create poorly managed and unsustainable palm oil plantations. The Zoo is traffic-free and

a natural place to have a safe Halloween filled with familyfriendly frights and sights. Boo at the Zoo benefits the Sacramento Zoological Society. This event is

under and is held rain or shine. General admission is \$10.00 per person; Sacramento Zoo Member admission is \$8.00. Children one and under are admitted free. Tickets may be purchased at the Zoo; call 916-808-5888 for information or tickets are available online at saczoo.org.

Sacramento Zoo - Wildly Inspiring! For information, call 916-808-5888 or visit saczoo.org.

Grants and other state aid. signed into law by Governor Carmichael Times Page 2 October 12, 2011

### Ein Prosit Prospers Fundraiser



Prost! Sertoma Club members toast with the Cracker Jack Band, led by Joe Souza (center, with cornet). An Oktoberfest celebration is an annual fundraiaser at the la Sierra Community Center, Carmichael. Photo by Susan Maxwell Skinner.

By Susan Maxwell Skinner

Carmichael - Ompha music, beer and bratwurst benefitted the Sacramento Valley Sertoma Club at a recent Oktoberfest. Singer Beth Gillogly and the

Cracker Jack Band entertained over 200 guests. The event was the sixth annual Oktoberfest staged by Sertoma. The group is part of an international non-profit that annually donates \$20 million to help people with hearing and speech disabilities; members also fundraise for other community

Volunteers donned dirndls and lederhosen to celebrate. Mustard-tasting, silent and live auctions were chased by hearty helpings of sausage, sauerkraut, potato salad and German cherry cake. Oktoberfest fun and games included a stein holding contest and mass performance of the Chicken Dance.

To learn about Sacramento Valley Sertoma, call (916) 967 -7424.

## Free Capitol Pops Concert – October 15



Capitol Pops Concert Band director Jerry Lopes (center) will lead his 60-piece concert ensemble at the Citrus Heights Community Center on Saturday, October 15. Featured singer is Susan Skinner. The program of swing, pop and patriotic music will be spiced with creepy selections in tune with the Halloween season. The concert facility is at 6300 Fountain Square Drive, Citrus Heights. Downbeat is 7:30 p.m. Admission is free. For more information, call (916) 967-1461. Photo by John Skinner.

### EC Baseball Document Shredding Fundraiser

be holding a document and hard drive shredding fundraiser on Saturday, October 22 from 10:00am – 2:00pm.

box will be collected. All documents will be shredded on the spot and all proceeds will go to the El Camino

\$5.00 donation per each legal size Baseball program. Event held in the El Camino High School parking lot on the corner of El Camino and Eastern..

### **Governor Jerry Brown Commended** on His Veto of Anti-Jobs Legislation

the broad-based group, Californians Against SB 469, which includes local officials, business organizations, food banks, tax organizations, ethnic organizations, and agricultural organizations praised Governor Jerry Brown for his action to veto Senate Bill 469 by Senator Juan Vargas (D-San Diego).

"We thank Governor Jerry Brown for his continued commitment and leadership to job creation said Bill Dombrowski, President and CEO of the California Retailers Association, which has been leading the effort to defeat this legislation. "This veto clearly preserves local authority to decide what businesses they want in their communities and empowers them to bring in more jobs, economic activity and revenue. We believe that this veto sends a clear message that California is open for business and

HOLIDAY CRAFT FAIR

Citrus Heights Lions Club

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that Governor Brown will not support legislation intent on hampering our state's economic recovery."

SB 469 would have created another layer of bureaucracy to local governments by adding unnecessary and costly reports which would have made it more difficult to bring new jobs and opportunities in communities, as well as potentially spurring more delays due to litigation.

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## Carmichael Times

"Written by the people and for the people" Serving Carmichael and Sacramento County since 1981

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## Pet Express Holds Fundraiser for Northern California Police Dogs

heat sensors (see www.coveryourk9.

org for the complete list in your

The non-profit "Cover Your K9"

recently designed a new, lighter and

more effective bullet-proof vest with

the help of a local manufacturer;

it has also designed a custom K-9

trauma it with the help of the Sage

Centers for Veterinary Specialty and

Emergency Care that includes an

oxygen mask for the K9s. Each vest

costs Cover Your K9 \$1200 (retail

a bullet-proof vest that is lighter

and more protective than just about

anything on the market, and the

vests are less than half the cost of

comparable ones available. Our

goal is to get every working dog in

Northern California the protection

they need and deserve, so they can

better protect the citizens in their

communities" said Steve LeCouve,

President of the Police & Working

K-9 Foundation "Cover Your K9"

Police canine officers and their

loyal police dogs will be visiting

Pet Food Express stores throughout

Northern California on Oct 15th &

16th from 11-1 to share stories about

the important jobs that their canine

Here's how it works: Anyone

can come to any Pet Food Express

store on Oct & 15th & 16th and

partners help accomplish.

"Cover Your K9 has designed

the vest would cost up to \$3000).

community).



K9 Drago Sacramento Co. Sheriff needs a protective vest.

Sacramento Region – Funding for police departments continues to be cut throughout Northern California, and this is an opportunity for the public to help! People can wash their own dogs on Saturday Oct 15 & 16th at any Pet Food Express store and all the funds go directly to "Cover Your K9" to provide safety equipment for police dogs, or they can just donate directly to Cover Your K9.

Last year alone, Pet Food Express and its customers raised \$85,000 to buy bullet-proof vests, trauma kits and heat sensors for K9s in Northern California. In all, PFE has raised more than \$165,000 for Cover Your K9. This is the third year of the

So far, Pet Food Express and Cover Your K9 have outfitted 100 police dogs with specially designed bulletproof vests in dozens of departments including the Sacramento County Sheriff Department. 14 heat alarms are in the process of being installed in police vehicles from Novato to Contra Costa County, and more than 75 custom K-9 trauma kits have been

Despite all that work, dozens of departments still need these lifesaving tools for their K9 partners. The Cover Your K9 Fund of the Police and Working K-9 Foundation has a waiting list of dogs in nearly every county that need either bulletproof vests, trauma kits or patrol car

October 15, 16 10AM-7PM 11am-1pm K9s and handlers at most stores

Where: All 40 Northern California Pet Food Express Stores

www.petfoodexpress.com (for locations)

Contact:

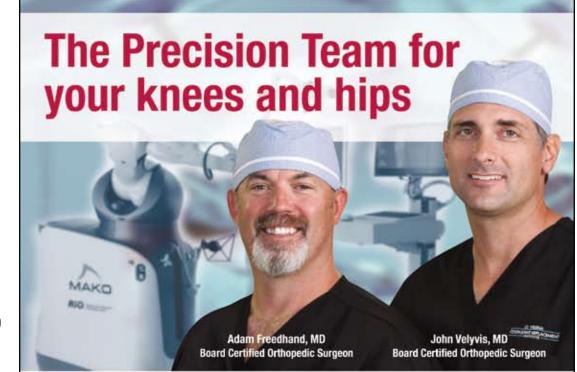
Louise V. Tully 650-652-5650 (Cover Your K9 Fund of the Police & Working K-9 Foundation)

Mike Murray (510) 512-2731 (Pet Food Express)

make a direct donation, or, if they have a pet, they can buy 'tokens' for a self-service dog wash at any Pet Food Express location. 100% of the money (every penny) will go to the "Cover Your K9" fund. There's no limit on the number of tokens a person can purchase that day (the tokens have no expiration date), and there's no limit on the amount of money Pet Food Express will donate to the Cover Your K9 Fund.

"This is one of our favorite fundraisers of the year, because it's an opportunity for our company along with our customers to directly help the brave men and women (and K9s) who protect our communities every day. It's a way of saying "Thank you" and making an important difference said Michael Levy, co-owner of Pet Food Express.

The Cover Your K9 Fund, is a project of the non-profit Police & Working K-9 Foundation, a nonprofit corporation working to keep law enforcement K-9 teams 'covered' with safety equipment and emergency medical care. All proceeds donated to this fund are tax-deductible and are used for the purchase of safety equipment for law enforcement K-9s and for an emergency medical care fund for retired K-9s. For more information on store locations and demonstration times, please visit: www.petfoodexpress.com or www.coveryourk9.org



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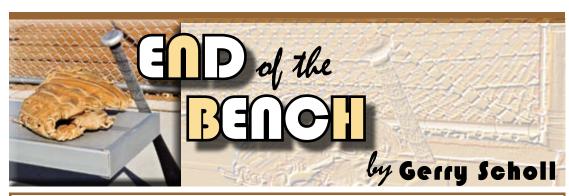


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Carmithael Times Page 4 October 12, 2011



### **How the Mighty Have Fallen!**

There seems to be a theme running through many areas of the sports world these days.

Eras have passed. Icons have fallen from grace. Reputations have been diminished; proud franchises humbled; standard bearers deposed; great coaches dethroned and great players have moved on.

How the mighty have fallen!

Topping the list, of course, is legendary Oakland Raiders owner Al Davis, who passed away Saturday. It wasn't a typical love-hate relationship for the Hall of Famer. Raiders and NFL fans really had to do both. Love him for his many great contributions to the game of football and for his unparalleled loyalty to the majority of his players and employees. Hate him for some of the things he did — the lawsuits, the move to Los Angeles, the Irwindale fiasco, the PSL's (personal seat licenses), Mount Davis at the Oakland Coliseum.

In baseball, the fabled New York Yankees and the favored Philadelphia Phillies were both eliminated from the playoffs by what their fans would consider inferior opponents, the Detroit Tigers and St. Louis Cardinals, respectively. For the Yanks, it was the highest paid player in the game, Alex Rodriguez, striking out for their final out. For the Phils, it was slugger Ryan Howard grounding out and blowing out his Achilles tendon on the final play.

A-Rod, the lingering face of the performance enhancing drug era, was taken down a few more notches by his poor post-season results.

Rodriguez and others of his ilk have lost their luster. Giants great Barry Bonds, the all-time home run and asterisk leader, makes news with his post-career legal wrangling and little else. A's and Cardinals basher Mark McGwire will never enter the Hall of Fame without a ticket and has been reduced to batting coach for his old pal, Card's manager Tony LaRussa. Manny (nobody wants me now) Ramirez can no longer just be Manny and is out of the league. That list is bigger than McGwire's forearms.

Also, there's the Boston Red Sox, the pre-season favorite to win it all with their tremendously expensive and talented roster. They fell on their pricey faces, going 7-20 in September, suffering one of the greatest collapses of all time to miss the playoffs. Right with them were the playoff staple Atlanta Braves, blowing a similar huge lead and falling short the first year after ageless manager Bobby Cox gave up his spot in the dugout.

The National Basketball Association (NBA currently stands for No Basketball Atall) is a mess. Since riding high on the back of Michael Jordan's jersey, the league has deteriorated in appeal to the masses. It has now cancelled its pre-season and the regular season is in jeopardy amid labor strife. The owners seemed determined to take down the prima donna players a few pegs at whatever costs. Some players are seeking employment overseas. Whenever the league does resume it might consider adding a letter — NBCA, for No Body Cares Anymore.

Football doesn't have Bret Farve to kick around anymore. Future Hall of Fame quarterback Peyton Manning may never play again due to a neck injury and his Indianapolis Colts are 0-5. Pittsburgh QB Ben Roethlisberger lost much of his charm with his off-field exploits. New England head coach Bill

Belichick lost some regard after his Patriots were caught filming opponents practices on the sly. The mouthy New York Jets were humbled by their loss to the Raiders and 2-3 start.

On the college scene the topper has to be the quagmire at Ohio State. Long-time coach Jim Tressel is gone as a result of his improprieties. Sweater vest sales at souvenir stands are non-existent. The Buckeyes, a perennial power, are nowhere to be found in the Top 25 rankings and didn't even make the "Others Receiving Votes" category.

Joining them on the decline are Florida, Florida State and Univ. of Miami, all former powers and all not making the list. Throw in the USC conflagration for good measure.

And there is, of course, the Tiger Woods saga. For many years the undisputed King of Golf, Woods self-destructed off the course and suffered injuries on it. He finished tied for 30th in some no-name tournament over the weekend.

Tennis has seen its top two men's singles stars, Roger Federer and Rafael Nadal passed by U.S. Open champ Novak Djokovic.

Surely, there are many more instances that could lengthen this list.

Many, and probably most, sports

fans take a certain satisfaction in seeing the top dogs get bitten. The reasons for that seem simple enough.

Few fans will ever reach the level of fame and/or fortune of the elite athletes. Envy and enmity are certainly factors.

There are a lot of frustrated athletes and wannabees out there. Sure you've heard it... "If I hadn't hurt my knee in high school, I could've been a star. I could throw that ball over those mountains!"



Dr. Bob Graykowski



Has your child ever complained of a nagging headache? If so, he or she isn't alone. Research shows that headaches are as much of a problem for children as adults — not only because of the pain, but also of the effect on a child's quality of life.

#### Childhood Headache Sufferers Do Worse in School

Researchers found that youngsters with a history of head pain are likely to have episodes starting in September. One study, which enrolled more that 1,400 6 and 7 year-old children, revealed that headache frequency increased by 20 percent during the first months of school. What's more, the students' headaches became more frequent as the year progressed.

### Headaches Lead to Missing School

Painful headaches directly affect a student's ability to concentrate, listen and think. Worse yet, research documents another undeniable fact: Students with headaches miss more school than their headachefree peers. A report published in the renowned British Medical Journal revealed that students with headaches and migraines miss twice the number of school days each year compared to students without head pain. The study, which enrolled 2,165 5 through 15 year old students, revealed that migraines and tension-type headaches increase with age.

### **Hurts Social Interaction**

Having friends is key to enjoying school and, in turn excelling academically, Sadly , headaches may put a damper on a child's ability to seek out friends and maintain relationships.

## Are Headaches Affecting Your Child's Academic Performance?

#### **Linked With Depression**

Here's another health trend that may wreak havoc on your child's school performance: A growing percentage of youngsters are diagnosed each year with emotional depression. This trend may be related to the escalating number of children suffering from head pain..

#### **Skipped Sleep**

For children and adults, sleep is vital for the rejuvenation of body, mind and spirit. For students, restless nights generate devastating effects on academic records. Current research shows that children with head pain are more likely to miss out on sleep, compared with headache-free youngsters. Proper neck support for sleeping is critical to reduce spinal stress which can cause headaches.

#### **Extent of the Problem**

Childhood head pain is often dismissed as "no big deal." Yet doctors of chiropractic know that pediatric headaches are a rampant, global problem. Researchers in Germany identified headache as the most common form of pain in children and adolescents. More that 1,000 students answered questions about pain location, intensity and duration. Eighty percent of respondents reported some sort of pain during the previous three months. The most prevalent type of pain was headaches; a whopping 57 percent suffered from head pain.

#### **Persistent Problem**

If you think children grow out of headaches, thing again. In one study, researchers surveyed more that 11,000 people at ages 7, 11, 16, 23 and 33. Headache-enduring youths were likely to suffer into adulthood and report physical and psychological problems.

#### Chiropractic Addresses the Underlying Cause

Of course, your youngster can't opt out of school to avoid headaches; so this school year, vow to eradicate headaches before classes start. Rather than masking symptoms with over the counter (OTC) drugs, which are loaded with potential side effects, choose chiropractic care – a proven, all-natural solution for pediatric headaches.

Doctors of chiropractic focus on prevention. First, they gently and carefully examine a child's spine for vertebral subluxations – a common condition caused by misaligned vertebrae. Studies show vertebral subluxations in the spine of the neck (cervical spine) are a leading cause of headaches. Fortunately, doctors of chiropractic eliminate vertebral subluxations through chiropractic adjustments – highly specialized and gently maneuvers tailored to match a child's body size and spine.

Research Shows Chiropractic Beneficial

In a review of nine studies, which included approximately 700 patients with chronic headaches and migraines, chiropractic care was much more effective than other alternative therapies. Additionally, chiropractic adjustments were even more effective then prescription medications for migraines and tension-type headaches, without the potential hazardous side effects of medication.

Specifically, chiropractic patients enjoyed more than a 90 percent reductioninmigraines. Approximately 50 percent more reported significant improvement in an episode's pain and duration. Even if your child is headache-free, he or she may have spinal misalignments, which can exist prior to symptoms. You wouldn't wait for a painful cavity to see a dentist, so why put off a spinal check up? By correcting vertebral subluxations prior to the onset of pain, chiropractors ward off a multitude of problems, including hateful headaches and mind-numbing migraines. Take a proactive approach and schedule an appointment for a spinal check up before school begins. Learn more about our community office; find us on Facebook-Chiropractic USA.

Creating a Healthy Community Dr. Bob Graykowski Chiropractic-usa.com (916) 973-1661

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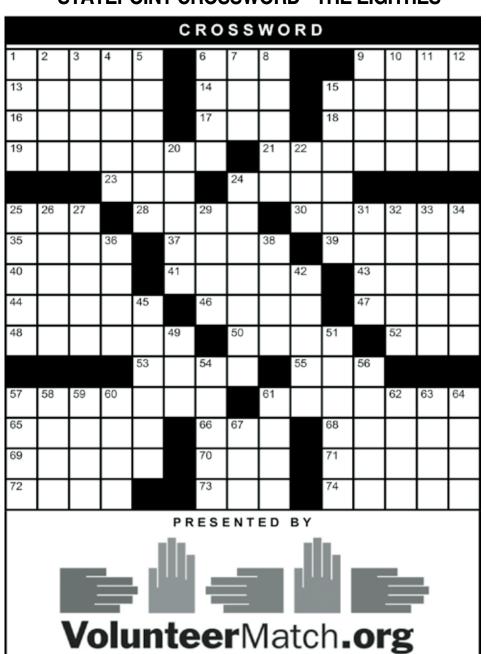


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**ACROSS** 

1. In the air 6. Detective

9. \*Not cool

13. Rattlings heard with stethoscope in respiratory disorder

14. \*Lennon's survivor 15. Troubled

16. Altogether

17. Cleopatra's cause of death

18. Drench 19. \*Famine relief concert

21. \*Hoffman/Cruise Oscar-

23. \*"It's the \_ of the

World as We Know It"

24. Weedy annual grass 25. \*Type of punch thrown

by Mike Tyson 28. Virginia Hokies

30. First M in MoMA

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39. Vigorous fight 40. Indian nursemaid

35. Makes mistakes 37. Attention grabber

8

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71. Alloy of lead and tin 72. In same place as odds?

SUDOKU

PRESENTED BY

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74. Eye infections

73. DNA transmitter

69. 1970s disco band

70. In a distant place

44. Like Annapolis Academy

\_ it like it is

53. Like some neighbors?

66. "Don't \_\_\_ this at home!"

68. Not your grandmother's

46. \*He married Gilda

50. Tulip's early stage

55. Habitual twitching

57. \*Unlikely bobsled

61. \*"Like a Virgin"

Radner in 1984

48. Bamboozled

52. Grazing land

competitor

songstress

65. Not active

DOWN Simms, NY Giants

1. Seed cover 2. Hindu princess

3. Patron saint of Norway 4. Big fight

5. Obliquely 6. Frog's friend, according to

7. Half the width of ems

8. Dried coconut meat 9. King?

10. Obama to Harvard Law School, e.g.

\_ Verde National Park

12. Spot of original sin? 15. Farewells in Paris

20. Like utopia 22. Some things cost this and

24. Because of that

25. \*Often acid-washed

26. Like Hitler's ideal 27. Approval at the end of

29. Chihuahua-Pug hybrid

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31. Labor Day mo.

33. Useful 34. \*She looked "Pretty in Pink" 36. George Bernard

38. List of dishes

Burke of "Designing Women"

45. Clemency

" Duvalier, 49. \*"Baby \_

overthrown in '86 51. Once common in bathrooms of French palaces

54. Dionysus' pipe-playing companion

56. Halley's 57. Aggressive remark

58. Shakespeare's "at another

59. Be on the 60. Greek god of war

61. Asian starling

62. "Not a" or "never a" 63. \*1982 Tony Award winner

64. Kind of beer, pl. 67. \*"Cocoon" and

"Parenthood" director

For Solution See Page 7

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### **REAL STEEL** (Rated PG-13)

Though a comparison to "Transformers" is inevitable, the action-packed "Real Steel" is so much more than robots engaged in full-on, brutal destruction of each other.

"Real Steel" is more like the original "Rocky," focused on a boxing competition where the underdog hero makes a comeback and gives his all.

The setting is the near distant future, where the public's thirst for violence and carnage is greater than what mere mortal athletes can give.

The boxing world has evolved, if vou will, to the point where robots have replaced the pugilists and the boxing ring has no limits in regards to personal safety.

Hugh Jackman's Charlie Denton is a washed-up boxer who is forced, by circumstances, to hustle as a small-time robot fight promoter.

Traveling the back roads of rural America in his truck hauling a broken-down robot, Charlie tries to stay a few steps ahead of debt collectors and other unseemly characters.

The seamy underground boxing venues include a traveling carnival where Charlie's second-rate robot is even no match for livestock.

Though he is constantly on the run, Charlie finds his life more complicated by the sudden death of his ex-wife; he discovers that he has a 12-year-old son.

The boy's aunt (Hope Davis) wants custody of the boy, but first Charlie strikes a cash deal so that he'll babysit his estranged son Max (a winsome Dakota Goyo) for the summer.

### Riley **Reviews**

**ACTION-PACKED "REAL** STEEL:" A ROBOT MOVIE WITH HEART

At this point, "Real Steel" is no longer just the story of a peripatetic fight promoter looking for his next payday at a venue not sanctioned by World Robot Boxing.

The underdog boxing story involves an alienated father-son duo reluctantly teaming up to rebuild and train a scrap-heap robot and turning it into a boxing contender.

At another level, the storytelling is grounded in a tale of redemption for the lost and forgotten souls of the father, his son and the abandoned machine they intend to revive.

Max names his junkyard robot "Atom," which needs serious repair work. Charlie finds suitable help at the boxing gym where he once trained.

The gym is now run by the deceased owner's daughter, Bailey (Evangeline Lilly), Charlie's longtime friend and apparent possible love interest.

Appearing undersized and physically vulnerable, Atom does not look like the type of robot to survive a bout with machines larger and more imposing.

But cunning and guile may prove more important. The robots are operated by humans using computers and remote control devices.

The father-son team debut Atom at an underground site. To their surprise, he wins the fight and then keeps winning other bouts, and in the process establishing a reputation.

Soon enough, Atom enters the ring against established contenders at sanctioned robot boxing venues. He keeps on winning. Meanwhile, the world champion

robot is an enormous machine aptly named Zeus, a fearsome black robot that is described as "The Death Star." Not only has Zeus never been

beaten, but also, no other robot has

even survived beyond the first round with him. Does it take much to envision the Zeus-Atom showdown?

Zeus' owners are the villains. Tak Mashido (Karl Yune is the calculating robot engineer. The striking beauty Farra Lemkova (Olga Fonda) is cold and merciless: she also looks like a Kardashian sister.

As to be expected, the big fight day comes, with challenger Atom, against all odds, going up against the formidable, undefeated Zeus. The result may be more surprising and satisfying than you would expect.

"Real Steel" has nicely choreographed fight scenes, thanks in part to Sugar Ray Leonard's role as the film's boxing consultant. To be sure, "Real Steel" has

plenty of hard-core action, but in the end it is a gratifying, warmhearted story that is ultimately about salvation. It's a much better film than I had anticipated.

#### **DVD RELEASE UPDATE**

The NBC network has just cancelled "The Playboy Club," after airing only three episodes. The peacock network has had much better luck with "Chuck."

To my surprise, "Chuck: The Complete Fourth Season" is being released on Blu-ray and DVD, complete with all 24 episodes. That can only mean that "Chuck" is just now starting its fifth season on the fall season.

An action-comedy/spy-drama hy-brid, "Chuck" is about a computer nerd working a dead-end job at an electronics chain store.

In the first season, Zachary Levi's Chuck found that his brain became the repository of CIA and National Security Agency secrets.

The Fourth Season has Chuck in love with his handler, Sarah (Yvonne Strahovski). His mom also comes in from the cold, escaping the evil control of an international arms dealer to become part of Chuck's spy life.

As always, Chuck is trying to keep his professional and personal worlds separate. On some days, he outwits assassins and hordes of black-clad martial arts bad guys.

Not unexpectedly, the Blu-ray edition contains an exclusive interactive experience special feature.



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### A Focus on Breast Cancer In October



By James N. Martin, Jr, MD President, The American Congress of Obstetricians and Gynecologists

Breast cancer is the second most common cause of cancer deaths among women in the US. It's not surprising that a diagnosis of this disease is a fear many women share. However, being informed about the risk factors, detection, and treatment of breast cancer can help empower women to move beyond fear and into action.

The two main risk factors for breast cancer are being a woman and getting older. Family history, personal history of certain cancers, no

pregnancies or first pregnancy later in life, starting periods before age 12 or menopause at age 55 or after, obesity, alcohol intake, and use of some types of hormone therapy can also increase a woman's risk.

While some risk factors including age and family history are beyond your control, others such as weight and the amount of alcohol you drink, can be improved. You can learn more about your risk of breast and other cancers at understandingrisk.cancer.gov.

Women with breast cancer have up to a 98% survival rate when it is caught at an early stage. Earlier detection and advances in treatment have led to the gradual decrease in breast cancer deaths. Mammography screening remains the best available method to detect breast cancer early. Regular mammograms are crucial to identifying tumors when they are most treatable, but unfortunately, many women skip being screened.

ACOG recommends that all women ages 40 and older should have a mammogram annually. If you have certain risk factors, such as being a carrier of the BRCA1 or BRCA2 gene, your doctor may suggest mammography screening at a younger

age. High-risk women should discuss their prevention options with their doctors. For information on where you can find free or low-cost mammography screenings, go to cdc.gov/cancer/nbccedp.

Women ages 40 and older should also have their breasts examined by their doctor annually. Women ages 20–39 should have this done every one to three years. Additionally, all women ages 20 and older should become familiar with the normal appearance and feel of their breasts and tell their doctor if they notice any

There are currently a number of effective treatment options available for breast cancer. Ultimately, a woman and her doctor will choose the treatment that is right for her, based on the location and extent of the cancer, her age and preferences, and the risks and benefits of each

As a national sponsor of National Breast Cancer Awareness Month in October, ACOG encourages women to focus on breast health now. For more information and resources on breast cancer, treatment options, and where you can find support, go to nbcam.org.

### **Water Commission Schedules Water Storage Workshop**

From Ted Thomas, DWR

Sacramento - The California Water Commission will host its second public workshop on the future of the state's water storage projects on October 25, 2011. The purpose of this event is to provide a forum for discussion of the benefits, costs, and consequences of various water storage projects in California, and to consider future uncertainties, such as climate change.

"At our first workshop in September, federal, state and local water officials provided an historical perspective on water storage projects in California," said Anthony Saracino, Water Commission Chair. "At the next workshop, commissioners and attendees will hear leading experts from water agencies and the science and environmental communities talk in more detail about specific projects and the future of water storage in California.'

Panels will focus on System Reoperation and Integrated Water Management, Groundwater, Surface Storage, and Evaluating Public Benefits of Storage Projects. A copy of the complete agenda is available at http://cwc.ca.gov/workshops.cfm.

The workshop will be held at the California Auto Museum, 2220 Front Street in Sacramento. Sign-in will open at 9:15 a.m., with proceedings beginning at 9:30 a.m. There is no cost to attend, but advance registration is requested at cwc@water. ca.gov or (916) 653-8517.

The California Water Commission consists of nine members appointed by the Governor. Its role historically includes advising the Department of Water Resources, approving rules and regulations, and monitoring and reporting on the construction of the State Water Project. California's comprehensive water legislation, enacted in 2009, gave the

Commission new responsibilities including developing regulations for the quantification and management the public benefits of water storage projects. The Delta Stewardship Council has recommended that the Commission, together with other agencies, identify projects that could be implemented within the next five to 10 years, expand existing surface and groundwater storage facilities, create new storage, improve operation of existing Delta conveyance facilities, and enhance opportunities for conjunctive use programs and water transfers.

The Department of Water Resources operates and maintains the State Water Project, provides dam safety and flood control and inspection services, assists local water districts in water management and water conservation planning, and plans for future statewide water

### Stop Special Interest Money Now Campaign Turns in More Than 900,000 Signatures

Sacramento - The Stop Special Interest Money Now campaign, which will enact real campaign finance reform in California, today began submitting more than 900,000 signatures to county registrars across the state in support of the initiative, well over the 505,000 needed to qualify the measure for the ballot.

Long-time Californian and former U.S. Secretary of State George Shultz has joined a growing grassroots coalition of taxpayers, good government advocates and business leaders in support of this initiative that will fundamentally reform the state's campaign finance system—a system that is at the root of Sacramento's dysfunction.

"The Stop Special Interest Money Now Act is a vital step toward reforming California's dysfunctional political system. This initiative gets to the heart of one of the most corrosive elements in politics: campaign contributions," said former Secretary of State Shultz. "For too long, special interest money has dominated our politics, muting the voice of average Californians. So often a law is passed not because it's good for California, but because it will benefit one wellheeled campaign contributor or another. Politicians have become less responsive to the people and far too concerned with their contributors. Stop Special Interests will reform corrupt pay-for-play politics in our

According to the nonpartisan Fair Political Practices Commission, the top 15 special interest groups have spent more than \$1 billion on influencing the political process in the past ten years while the state's fiscal and economic climate has reached historic lows. At the same time, more than 40 percent of the legislation introduced in Sacramento is written by special interest lobbyists, and these bills are much more likely to become

"Campaign finance reform is the first step. Stop Special Interests will go a long way toward returning balance to our politics. This reform will weaken the grip of special interests on our government. When we curb that power, we'll help to free legislators to do their jobs – dealing with problems that have plagued Californians for decades," continued Shultz.

The Stop Special Interest Money Now Act will fundamentally dilute the corrosive nature of this system by altering the relationship between politicians and their campaign contributors. Specifically, the initiative accomplishes this by:

1. Banning both corporate and labor union contributions to candidates;

2. Prohibiting government contractors from contributing money to government officials who award them contracts;

3. Prohibiting corporations and labor unions from using the inherently coercive means of payroll deduction to collect political funds from employees and union members; and

4. Making all employee political con*tributions by any other means strictly* voluntary.

The Stop Special Interest Money Now Act is currently scheduled to be on the June 5, 2012 ballot. However, should Governor Brown sign SB 202, legislation currently sitting on his desk, the measure will go before voters in November 2012.

For more information on the initiative, please visit www.stopspecialinterestmoney.org

From Californians Against Special Interests See www. Stop Special Interests. org

### Governor Brown Signs Important Legislation for Veterans

From California Department of Veterans Affairs

Sacramento - Secretary Peter J. Gravett, California Department of Veterans Affairs (CalVet), recently praised Governor Brown for acknowledging the contributions and special needs of veterans who make California their home, when he signed legislation that will expand housing options for veterans and extend the priority registration for veterans going to state colleges and universities.

"Governor Brown has once more demonstrated his commitment to the veterans of our nation," said Gravett. "I applaud the Governor for signing legislation that is unprecedented for the CalVet Farm and Home Loan Program. This legislation will be a major step forward by offering veterans dynamic housing options and maximizing the effectiveness and efficiency our CalVet programs."

CalVet thanks Assemblymember V. Manuel Pérez (D-Coachella); Assemblymember Mike Davis (D-Los Angeles); and the Committee on Veterans Affairs for carrying

AB 697 by Assemblymember Pérez gives specific authority for CalVet to provide refinancing opportunities under the CalVet Home Loan Program to eligible veterans who are not current contract holders. The mortgage crisis has impacted veterans who have mortgages at financial institutions outside of the CalVet Home Loan Program, and who are subject to rising interest rates as a result of adjustable rate mortgages. This bill will allow those veterans to refinance their loan, as long as the loan is in good standing, not upside down on the value of the house and would make good financial sense for both the CalVet Home Loan Program and the veteran.

AB 1084 by Assemblymember Davis will expand the definition of "home" as defined in the CalVet Farm and Home Loan Program to include "cooperative housing corporation." This bill will allow CalVet to engage in a greatly needed service utilizing proven housing finance options for low and middle income people and is a pragmatic

and beneficial method for housing veterans and their families, reducing homelessness among veterans and improving the economy.

SB 813 by the Senate Committee on Veterans Affairs will increase the time veterans attending California's public institutions receive priority enrollment from two to four years to facilitate the maximum and efficient use of veterans federal education benefits. This change in statute will help alleviate the difficulties veterans face when they attempt to coordinate their federal education benefits, such as the Post 9/11 GI Bill, with registration for enrollment in classes at one of California's public colleges or universities. By extending the priority enrollment time frame, not only will veterans maximize their Post 9/11 GI Bill funding, but California will receive more federal veteran education money in a time when the State's colleges and universities are in need of additional resources

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### **Weekly Support Meeting for Widowed Men and Women**

### Ongoing Program - Weekly throughout the year

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm - 5:00 pm with some going to dinner as a group following the session. Doors open at 2:30 pm. The Widowed

Persons Association is a non-profit organization whose mission is to be of help to recently widowed men and women, but any and all widows and widowers are welcome. Participants do not need to be members and there is no charge.

Where: In the meeting room of the WPAC office.

Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18, Enter Suite-18 via the back parking lot.

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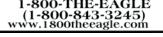
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Needed:

The

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**Crossword Puzzle on Page 5** 

8 2 3 5 6 5 3 8 6 1 9 5 2 3 8 9 6 4 9 8 3 5 4 6 8 9 2 3 5 4 6 5 6 9 8 3 8 9 4 1 5 2 3 6 3 5 6 9 8 4 9 5 6 8 Sudoku Puzzle on Page 5

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Friday, Saturday, Sunday October 14, 15,. 16 Items include Complete House Full: including but not limited to dishes, flatware, small appliances, phonograph records, tapes, misc. books, fine art, electronics, table, original Nordic Track, fine dining room set, buffet, vases, tools Lansdowne Patent Toronto-Cabinet Grand Piano, Limb WW-Grinder Inc. antique mantel clock, coo coo clock, retro green sofa, upholstered platform rocker, figurines, old VCR tapes, recliner, plant stands plants framed mirrors, china cabinets, fine mahjogany bedroom set, bed with Tempur-Pedic mattress and box springs, old Jack Benny & Gildersleeve tape sets, office supplies, construction tools, plus other old items too numerous to list.

11001 10-12-11 FICTITIOUS BUSINESS NAME STATEMENT #1108127. Marcus B. Bernau and Cynthia E. Smith, both of 7353 Circlet Way, Citrus Heights, CA 95621 are doing under the Fictitious Business Name "Elegant Designer Closets" at 7353 Circlet Way. Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on Sept. 22, 2011. Publish September 28, October 5, 12, 19, 2011.

Publish October 5, 12, 2011.

ELEGAN 10904 10-19-11 BUSINESS NAME STATEMENT #1107851. N&T Realty, Inc., 7917 Fruitridge Rd. #G-2, Sacramento, CA 95820 is doing business under the Fictitious Business Name "Admin Savings" at 7917 Fruitridge Road #G Sacramento, CA 95820. Filed with the Clerk of Sacramento County on Sept. 14, 2011. Publish September 28, October 5, 12, 19, 2011.

**ADMINS** 10904 10-19-11 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00110959 WHEREAS, Dillon Thomas

Soper has filed a petition with this court for a decree changing name of Dillan Thomas Soper Thomas Dillon Rossi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on Dec. 30, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change

of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 16, 2011. Kevin R. Culhane Judge of the Superior Court

Publish September 28, October 5, 12, 19, 2011. 10904 10-19-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2011-00110417 WHEREAS, Mary Ann Bennett-Treadaway has filed a petition with this court for a decree changing name of Mary Ann Bennett-Treadaway to Mary Ann Bennett.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on Dec. 16, 2011. in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 7, 2011. Kevin R. Culhane Judge of the Superior Court Publish September 28, October 5,

12, 19, 2011. BENNET 10904 10-19-11

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00110240

WHEREAS. Van Le Thich has filed a petition with this court for a decree changing name of Van Le Thich to Vanessa Thich. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on Dec. 9.

2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if

any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 6, 2011. Kevin R. Culhane Judge of the Superior Court Publish September 28, October 5,

10-19-11 THICH SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

12, 19, 2011.

#34-2011-00111017 WHEREAS, Henry Nguyen Huynh has filed a petition with this court for a decree changing name of Henry Nguyen

lynh to Henry Nguyen.

IT IS ORDERED that all Huynh persons interested in the above entitled matter appear before this court at 1:30 p.m. on Dec, 30, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change

of name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 19, 2011. Kevin R. Culhane Judge of the Superior Court

Publish September 28, October 5, 10904 NGUYEN 10-19-11 SUPERIOR COURT OF

**CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00111298 WHEREAS Linda Nannini has

filed a petition with this court for a decree changing name of Linda Carol Nannini to Linda Carol Disney. IT IS ORDERED that all persons interested in the above

entitled matter appear before this court at 1:30 p.m. on Jan. 6, 2012 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED

that a copy of this Order to

Show Cause be published in the for four consecutive weeks prior Carmichael Times, a Newspaper to the date set for hearing on the of General Circulation, printed in petition. Dated: Sept. 15, 2011. Kevin R Culhane Sacramento County, once a week Judge of the Superior Court for four consecutive weeks prior to the date set for hearing on the Publish October 5, 12, 19, 26,

CLASSI

petition. Dated: Sept. 23, 2011.

Publish October 5, 12, 19, 26,

11001

SUPERIOR COURT OF

**CALIFORNIA** 

COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE

CHANGE OF NAME

#34-2011-00111208

Blaine has filed a petition with

this court for a decree changing

name of Micheil Daibidh Blaime

persons interested in the above

entitled matter appear before

this court at 1:30 p.m. on Jan. 6,

2012 in Dept. 16, located at 720

9th St., Room 102, Sacramento.

CA 95814 and show cause, if

any, why the petition for change

of name should not be granted. IT IS FURTHER ORDERED

that a copy of this Order to

Show Cause be published in the

Carmichael Times, a Newspaper

of General Circulation, printed in

Sacramento County, once a week

for four consecutive weeks prior

to the date set for hearing on the

petition. Dated: Sept. 22, 2011.

Publish October 5, 12, 19, 26,

11001

SUPERIOR COURT OF

**CALIFORNIA** 

COLINTY OF SACRAMENTO

ORDER TO SHOW CAUSE

CHANGE OF NAME

#34-2011-00110867

Deanda has filed a petition with this

court for a decree changing name of

Marcos Robert Deandato Willie Kent.

persons interested in the above

entitled matter appear before this

court at 1:30 p.m. on Dec. 30,

2011 in Dept. 16. located at 720

9th St., Room 102, Sacramento,

CA 95814 and show cause, if

any, why the petition for change of name should not be granted.

that a copy of this Order to

Show Cause be published in the

Carmichael Times, a Newspaper

of General Circulation, printed in

Sacramento County, once a week

IT IS FURTHER ORDERED

IT IS ORDERED that all

WHEREAS Marcos Robert

10-26-11

Judge of the Superior Court

Kevin R. Culhane

**BLAINE** 

IT IS ORDERED that all

Michael David

WHEREAS, Michael David

Judge of the Superior Court

Kevin R. Culhane

DISNEY

11001 10-26-11 FICTITIOUS BUSINESS NAME

STATEMENT #1108485. Liddell Enterprises Inc., 925 National Dr #101, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Classic Promotions" at 925 National Dr #101, Sacramento, CA 95834 Filed with the Clerk of Sacramento on Oct. 5. 2011 County Publish October 12, 19, 26, November 2, 2011.

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00111601

11002

11-2-11

WHEREAS. Blavne Irving has filed a petition with this court for a decree changing name of

Blayne Irving to Evyl Blayne. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on Jan. 13. 2012 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 30, 2011.

Publish October 12, 19, 26,

SUPERIOR COURT OF **CALIFORNIA** ORDER TO SHOW CAUSE CHANGE OF NAME

WHEREAS, La' Shanaye Acevedo has filed a CA 95814 and show cause, if any, why the petition for change name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper

of General Circulation, printed in

Sacramento County, once a week

for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 30, 2011. Kevin R. Culhane Judge of the Superior Court

Publish October 12, 19, 26, November 2, 2011 ACEVED 11002



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**ALTERATIONS** 

Kevin R. Culhane Judge of the Superior Court

November 2, 2011. 11002 ablayne COUNTY OF SACRAMENTO

petition with this court for a decree changing name of La' Creshe Shanaye Acevedo to Kara Acevedo. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on Dec. 2, 2011 in Dept. 13,

### #34-2011-00109971

located at 720 9th St., Sacramento,

## R Thrift Shop offers seniors a fifteen

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# Arts, Entertainment and Other Fun Things to do!

## Orienteering at Mississippi Bar

fall hike in the woods and rocks near Lake Natoma while learning how to read a map at an orienteering meet on Sunday, Oct. 16.

The meet, sponsored by Gold Country Orienteers (GCO), takes place at Mississippi Bar in Fair Oaks. Mississippi Bar is part of Folsom Lake State Recreation Area.

Orienteering is a fun and challenging sport for individuals and families. Using a detailed map, compass and a set of clues, you navigate from

point to point to find a series of designated places. The sport can be done as a competitive race or a leisurely hike and is great for youth groups, hikers and other outdoors enthusiasts, adventure racers and anyone seeking a physical and a mental challenge.

The meet will have beginning, intermediate and advanced courses. Beginner instruction will be available.

Registration will be from 9 a.m. to 12 noon. The courses can be started between 10 a.m. and 12:30 p.m. The cost is \$5 for GCO members and \$7 for

nonmembers for individuals, plus \$2 for each additional member in a group.

To get to the park, take Highway 50 east of downtown Sacramento to the Hazel exit. Turn left and go over the river to Sunset Boulevard. Turn right and go down the hill to Main. Go left and turn right at the horse stables drive. Park in the front lot. Look for orienteering signs.

For more information, visit www.goldcountryorienteers.org or contact Paul at pauly4@earthlink.net or 209-295-6261.

### **Sacramento Master Singers Presents**

### "From Sand to Pearls, a Choral Tribute to Perla Warren"

Sacramento Region - The Sacramento Master Singers, together with the American River College Chamber Singers, R.S.V.P., and Moodswing, will present "From Sand to Pearls, a Choral Tribute to Perla Warren" on Friday, October 28th, and Sunday, October 29th, in the American River College Theater.

Perla Warren, a master choral conductor, teacher, classical pianist, and choral jazz luminary guided the voices of numerous aspiring choral singers and inspired a love of the choral arts in generations of local musicians. These concerts will pay tribute to Mrs. Warren's life's work in the choral arts and express appreciation for her tireless efforts and dedication to our community.

A choir comprised of Mrs. Warren's student alumni from her many years on

faculty at American River College will complete the concerts. The concerts will occur at American River College, 4700 College Oak Drive, in Sacramento on October 28 and 29 at 7:30 PM.

Tickets for "From Sand to Pearls, a Choral Tribute to Perla Warren" are \$20 and can be purchased online at www.mastersingers.org, or by phone by calling (916) 788-7464, or at-thedoor one hour before each concert.



### SACRAMENTO FINE ARTS CENTER, INC.

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December 9-11, 2011

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5330–B Gibbons Dr., Carmichael, CA • Ph. 916-971-3713 Hours: Tuesday 11 am-7 pm, Wednesday through Saturday 11 am-3 pm. www.sacfinearts.org



Carmichael Recreation and Park District is announcing these upcoming events

### **CAPRA Park's Open (Farm) House**

Saturday, October 15, 10am-Noon

FREE for all ages

600 Kenneth Avenue • Carmichael, CA 95608

Join us for animals, arts and crafts and more at Carmichael's only working farm!



### Carmichael's Celtic Festival

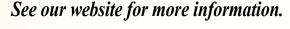
Sunday, October 23 11am-4pm FREE for all ages

Danny Bishop Memorial Pavilion for the Performing Arts Carmichael Park, 5750 Grant Avenue Carmichael, CA 95608

Join us at the Carmichael Park Band Shell for a day full of Celtic fun! There will be music, food, athletics, pipe bands and more all representing the Celtic culture. This event is sponsored by the St. Andrew's Society of Sacramento.

### KIDS HANG OUT!

at La Sierra Community Center Pick-up at designated schools available!







Every Sunday at Carmichael Park *8AM-1PM* 

> 5750 Grant Avenue, Carmichael, CA 95608

Entrance on Grant Avenue off Fair Oaks Blvd.



For more information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.

### Mark Your Calendars

Carmichael – The Effie Yeaw Nature Center, one of the beloved landmarks in the Sacramento area, was once a Sacramento County entity and is now under the guidance of the non-profit American

River Natural History Association. The Center, which faced closure in 2010, has rebounded quite nicely

and now offers a wide variety of programs and activities on its 77 acre nature preserve. We invite you to attend our Naturefest, which will take place on Sunday, October 23, 2011. It will include a wide variety of demonstrations, activities, displays and live animal presentations, including a Mountain Lion, Lynx

and Bats. There will also be a number of other nature-related vendors and Associations attending the event.

There is a \$5 per car parking fee in Ancil Hoffman Park.

For more information see http://www.sacnaturecenter.net

### Carmichael Geranium Society October Meeting

The monthly meeting will be Friday, October 14th, at Carmichael Park Community Clubhouse, 5750 Grant Ave. in Carmichael from 10 am - noon.

This month's speaker is Master Gardner Dan Vierra discussing fall and winter planting tips. Guests welcome. More information call 916/481-2076.

### **Genealogical Association of Sacramento's**

October 19, 2011 speaker will be Donald "Brad" **Schall.** Brad is active in several historical associations centering on the American Civil War and is National Officer, Sons of Union Veterans of the Civil War. With twenty-two relatives who served in the Civil War, his

interest and research into the war and its concurrent events have spanned multiple decades. His presentation is entitled, "Grand Army of the Republic". The meeting begins at 1:00 PM at the Belle Cooledge Library, 5600 S. Land Park Blvd. All are welcome.



### MISSION OAKS COMMUNITY CENTER

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• Holiday Sample Sale

Saturday, November 26. 2011 • Pier 39 and Union Square For more information call (916) 972-0336 community center for additional classes and events. or go to www.morpd.com.

### Afternoon Preschool 2011-12 Register Online@morpd.com

For more info call **916-972-0336** 

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Tuesdays 6-6:45pm, \$25/month

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Adult Tap (Beg) Thursdays, 4-5pm, \$18/month

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### Carmichael Chamber of Commerce

### Come to the BEST Halloween Mixer Possible!

Wednesday, Oct. 12 at the Fair Oaks Cemetery

The folks at the Fair Oaks Cemetery District and Lind Brothers Mortuary are throwing a MIXER to end all mixers! Last year's event was such a HOOT (check out the video from last year if you want proof) and they are planning to out-do themselves...

- Delicious food catered by The Palace of Carmichael
- Live music by Jimmy Rivers (a big hit at last month's mixer at Armor Mini-Storage)
- Games & a raffle drawing (prize donations welcome!) A costume contest with prizes for:

Most Creative Costume representing your business

SO... Costumes are ENCOURAGED! Invitees to include R.eallyI.mportantP.eople from: The Carmichael Chamber The Fair Oaks Chamber

The Race for Honorary Mayor of Carmichael and several SURPRISE guests!

We going to have FUN-FUN-FUN!! Only good excuse NOT to be there is to be dead... but

then you can come anyway!!!



Contact us for more information on the Carmichael Chamber of Commerce Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com



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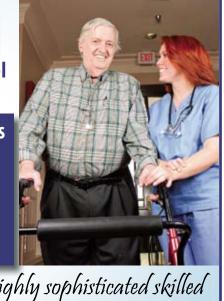
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Saturday, September 17 vs. Las Vegas Locomotives - 7:30pm Entertainment Stage Presents: Mick Martin & The Blues Rockers - 4:30pm Tailgate Party

Saturday, October 1 vs. Omaha Nighthawks

Entertainment Stage Presents: Walking Spanish - 1pm Tailgate Party

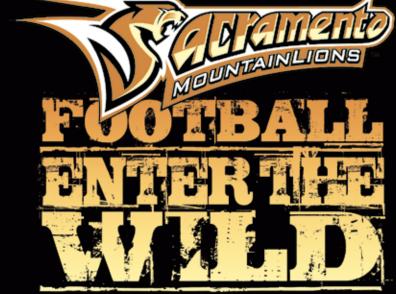
Saturday, October 15 vs. Virginia Destroyers

- 4pm

- 4pm

Entertainment Stage Presents: J. Gib & Simps Da 45 - 1pm Tailgate Party Tailgate Party starts 3 hours prior to kickoff! An amazing Fan Fest before each game to enhance the tailgating atmosphere, live music,

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# AB 687 Passed In Conjunction with Former California Adoptee, Steve Jobs

From FOSTER CARE ALUMNI OF AMERICA

Sacramento Region – This week marks the passing of one California adoptee, Steve Jobs, cofounder and former CEO of Apple Inc. and Pixar Studios. Our respect is with his forever family. In a bipartisan effort by the California Legislature, new legislation was signed into law by Gov. Jerry Brown that will open many doors of opportunity, like Mr. Jobs had, for California foster youth.

At age 56, battling a very public fight with cancer, a California adoptee and tech innovator Steve Jobs died a month before Adoption Awareness Month. Steve Jobs represents success along with the potential and resiliency of the 60,000 California Foster youth awaiting adoption in California.

This week marked a hallmark in child welfare policy when Gov. Brown signed Assembly Bill 687 authored by Assemblyman Nathan Fletcher of San Diego. The bill aims to increase the ease of adoptions and make adoption more affordable for California families. "As a parent of two adopted sons, I am passionate about advocating for children in need because every child deserves a permanent, safe, and loving home," said Fletcher. "I know first-hand how expensive and difficult the process can be, and I'm proud that my legislation will make the process easier and cheaper. Steve Jobs, arguably one of the most forward-thinking innovators of the 21st century and also a child who was adopted, would not have been able to change global technology if it hadn't been for the strong foundation he received through loving parents who chose him."

Governor Brown also signed AB 212 this week, the clean up bill to AB12, the California Fostering Connections Act. This legislation was initially passed in fall 2009 making California one of only a handful of states in compliance with the federal Fostering Connections & Increasing Adoptions Act of 2008, pulling down federal dollars in a critical time economically for the state, but also during a time of increased child abuse and neglect.

Not all youth will be able to stay in foster care until 21 because of ineligibility and being overage before the January 1 deadline. These kids will end up on the streets the day they turn 18 and emancipate, or age out of care. Yet AB12 will allow more kids to stay in foster care longer and give them the opportunity to finish high school and get into college, and transition onto their own.

This weekend, Sandy Runner of Home for Good Ministries, a Sacramento based adoption advocacy organization, will be conducting a breakout session called "Making a Difference in Your Community" about fostering and adopting at the first Annual Northern California Women's Conference in Rocklin, California. Host and Assemblywoman Beth Gaines notes, "We have lost a true inspirational role model to foster youth everywhere who showed what one incredibly determined individual could accomplish. As an adopted child, Steve Jobs was a visionary leader in technology and a tremendous California innovator whose imprint on computerization has changed our world and will be long remembered for generations to

The California Chapter of Foster Care Alumni of America will be hosting a resource table on foster and adoption in California at the conference. "Jobs was a California adoptee. He was adopted and given a chance that changed the world. I'm sure if he could, he would have made 'an app for that', so all California Foster Youth could reach their full potential just like him" said Miranda R. Pond of Placer County, California. Miranda is the Co-Founder and President of Foster Care Alumni of America, California Chapter as well as California former foster youth and adoptee. "We seek to connect today and transform tomorrow, aligning the community to fight for these kids. Mr. Job's life was an impeccable example of the prosperity that remains in this state, in this nation and California's most vulnerable population; foster youth. Over the past two years our members, former foster youth themselves, their allies and organizational members alongside like minded organizations have fought tirelessly securing the futures of children in and from care.

Foster Care Alumni of America, California Chapter founded in April of 2010 under a charter of Foster Care Alumni of America. Foster Care Alumni of America is a national non-profit association that has been founded and is led by alumni of the foster care system. We use the term alumni to describe those of us who have been in foster care during our childhood/youth.

The mission of FCAA is to connect the alumni community and to transform foster care policy and practice, ensuring opportunity for people in and from foster care.

## DMV: "Ask George"

**Expert Answers to Common DMV Questions** 



By George Valverde – Director, California Department of Motor Vehicles

Do you have questions about general driving related requirements like registration and insurance?

Are you unclear about laws and restrictions related to driving?

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A: Light rail vehicles have the same rights and responsibilities as other vehicles on the road, except that they are much larger. To make sure you give them the space they need and share the road properly, take the following precautions:

- Be aware of where the vehicles operate and take note of what could be a blind spot for the operator.
- Do not turn in front of a light rail vehicle as it approaches
- Leave plenty of space between you and the light rail vehicle, particularly if it's sharing the road with vehicular traffic.
- Approach tracks carefully and only cross over them when indicated by a signal or when you are sure there is no approaching light rail vehicle.

To learn more, visit www.dmv. ca.gov. Save time. Go online!

Q: Sometimes on the weekends or late at night while I am driving, I see drivers operating their vehicles recklessly, and I am concerned that they may be drunk drivers. How can I report a drunk driver?

A: In partnership with the Office of Traffic Safety and the California Highway Patrol, the DMV strongly urges you to report drunk drivers when you see them. Call 911 and help the CHP identify a drunk driver before they harm themselves or anyone else. Your call absolutely makes a difference, and can help keep the roads safe! To learn more about drunk driving, visit www.dmv. ca.gov.

Q: I recently moved and need to submit new information for the DMV's records. Can I do this online?

A: Yes. You can download a "Change of Address" form from the DMV website and submit it to your local field office. Besides submitting a form, you can also change your address online at www.dmv.

ca.gov if you are eligible. It's fast, convenient, and secure! Simply go to the DMV Web site, and then click on "Change of Address" under the "Online Services" tab at the top of the page. From there, it explains the process and you'll be able to start this process. Please note the restrictions on the page to be sure you are eligible for this particular online transaction. Either way, you can utilize the DMV Web site for this process. Save time. Go online!

The DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Acting Undersecretary Traci Stevens. The DMV licenses drivers, maintains driving records, registers and tracks official ownership of vehicles and vessels, investigates auto and identity-related fraud, and licenses car dealers, driving schools, and traffic violator schools. For more information about the DMV, visit www.DMV.ca.gov.





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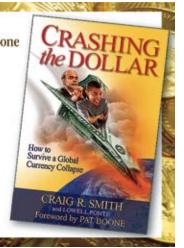


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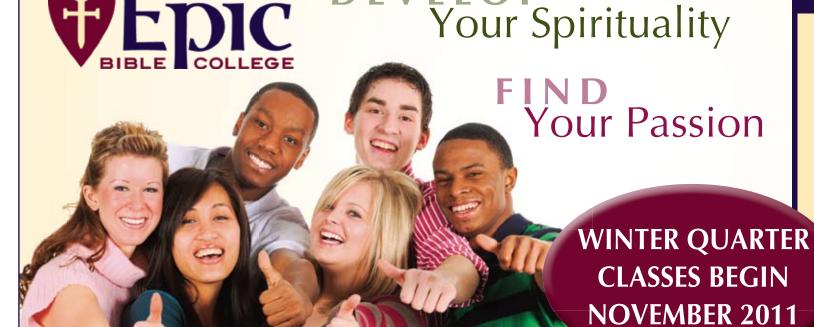
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Cathedral of the Blessed Sacrament

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Sacramento Community Center Theater
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Fremont Presbyterian Church 5770 Carlson Drive, Sacramento

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