

Carmichael Times



The Best and the Brightest: Denio's College Scholarship Winners

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Serving Carmichael and Sacramento County since 1981

June 15, 2011

Glimmer of Hope for La Sierra Skate Park



La Sierra Skate Camp participants. Photo courtesy Elizabeth Cristinate.

By Elizabeth Cristinate

Carmichael – Scheduled to close July 1 due to extreme budget cuts, the La Sierra Skate Park has a new local business championing the cause. R Thrift (Store), owned by Rochelle Rountree has hit the ground running with its fundraising since the doors opened just 2 ½ months ago. They have currently donated close to \$2000 to the Carmichael Recreation and Park District to help keep the skate park open. It costs Carmichael Recreation and Park District approximately \$1700 per month to staff the skate park so Rochelle says her goal is \$2000 per month. Of course these donations depend on their customers' buying power as Rochelle matches every dollar donated by clients at the time of purchase.

R Thrift (the "R" stands for Rochelle) who now occupies the former Weave building at 6634 Fair Oaks Boulevard, takes gently used items and puts them up for resale at bargain prices. Having just gotten started they are in need of furniture, clothes, electronics, household items, anything you don't want – they will gladly take. You can even schedule a pick-up if you don't have a way of getting your things to the store. So just by donating items, the community can help support the skate park.

Don't breathe a sigh of relief just yet though – La Sierra Skate Park still needs other champions from the community to help with the cause. It takes approximately \$20,000 to keep the park open for a year and currently R Thrift is the park's only contributor. Local business owners

should understand that if the park closes, kids, teens and young adults with boards, blades and scooters will be forced to recreate on the streets, public property and store fronts. Think about that while you do business around town at the bank, grocery store or stroll leisurely through one of Carmichael's parks. You will now hear the sound of wheels grinding on concrete, the boisterous behavior of teenagers and perhaps even a sharp pain as you accidentally get hit with a board. Come on folks – La Sierra Skate Park is a safe and supervised place where the underserved youth of the Carmichael community can be creative and athletic but above all, just be themselves.

The Carmichael Recreation and Park District greatly appreciates Rochelle Rountree and R Thrift

for being a local "skate" hero. If you would like to donate items or get more information on R Thrift call 973-8081 or 915-7166. If you would like to be a champion for the skate park, please call Elizabeth Cristinate at 483-7826 or email her at ecristinate@carmichaelpark.com.

Publisher's special note: The Carmichael Times is currently offering to donate \$20 from every new annual subscription to the skate park fund. Your \$39 annual subscription will get you 52 weeks of the Times delivered to your home, and \$20 will be donated to the skate park in your name. To subscribe, simply send your check for \$39 to the Carmichael Times and make a note that you wish \$20 to be donated to the skate park. See page two for subscription information.

Board Of Supervisors Keeps Law Enforcement A Budget Priority

Supervisor Susan Peters says County must address future public safety needs

Sacramento – Facing a \$90 million General Fund shortfall with recommendations by the County Executive to make deep cuts to public safety, the Board of Supervisors spent hours deliberating over the numbers and came up with more money this year in the General Fund appropriation for the Sheriff, exceeding the budget level for last year.

"Public Safety is my number one priority," said Supervisor Susan Peters who represents the unincorporated communities of Arden Arcade, Carmichael and Foothill Farms. "County residents rely upon the Sheriff's Department to provide police services so allowing deep cuts to law enforcement is unacceptable."

Peters supported restoring \$5 million to the Sheriff's budget to narrow the ultimate \$9.5 budget gap Sheriff Scott Jones identified when he testified before the Board of Supervisors. Originally the department was looking at a General Fund deficit of \$26.7 million but the Sheriff whittled that down to \$9.5 through internal cost reduction measures.

As a result of the action by Peters and her colleagues, the Sheriff's General Fund allocation for the new



Supervisor Susan Peters. Photo Susan Skinner

fiscal year starting July 1 will be \$164.9 million. The department's current General Fund budget is \$164.7 million for Fiscal Year 2010-11 which ends June 30.

Peters cautioned at the conclusion of the budget hearing that after enduring the fourth straight year of diminishing revenues the County Executive and the Board must re-evaluate how to fund public safety in the future if the economy does not improve to ensure residents of the unincorporated have adequate law enforcement for their protection.

DMV Now Offers Veterans Plate Online

Sacramento Region – Customers can now easily show their support for California Veterans

The California Veteran special interest license plates can now be easily ordered through the DMV's online services with a click of a mouse. Proceeds of these popular specialty plates go to the Veterans Service Office Fund and are used to expand important veteran services statewide.

"We are pleased to now offer the sale of Veterans plates online to our customers," said George Valverde, Director of the California Department of Motor Vehicles. "These plates reflect the rich and storied history of the contributions of California Veterans."

The plates are available in

sequential (original \$30/renewal \$30) as well as personalized (original \$40/renewal \$30).

"Veterans plates make it easy for Californians to show their support and pride in the men and women of our military, National Guard, Reserve Services and our veterans," said Peter James Gravett, Secretary of the California Department of Veterans Affairs.

Since the inception of the Veterans plate program in 1995, approximately 24,500 Veteran plates have been issued resulting in \$6.8 million raised and distributed by the California Department of Veterans Affairs to benefit participating county veteran service offices and to commemorate veteran organizations.

State Officials Urge Californians to Prepare for Summer Heat

Sacramento Region - Even though the official start of summer is almost two weeks away, State officials today urged Californians to prepare now for the prospect of prolonged periods of hot weather later this summer and fall.

"Summer isn't here yet, but it's not too early for Californians to prepare for the possibility of several days of extremely high temperatures, particularly in areas where temperatures don't reach into the 90s and 100s very often," said California Emergency Management Agency (Cal EMA) Acting Secretary Mike Dayton.

The Acting Cal EMA Secretary urged Californians who haven't already done so to review their emergency plans, replenish their emergency supplies, learn first aid

and CPR and create a cooler, more comfortable environment in their homes.

"As we saw in 2006, prolonged periods of extremely high temperatures can cause a significant number of deaths and heat-related illnesses, including heat exhaustion and heat stroke," said California Department of Public Health (CDPH) Interim Director Dr. Howard Backer.

According to information provided by California's county coroners and medical examiners, 136 Californians died due to heat-related illnesses caused by a 13-day heat wave that struck the state in 2006.

"Infants, young children and seniors, as well as persons who have chronic health conditions,

are particularly vulnerable when temperatures rise," noted Backer. "Caregivers must be sure to provide adequate fluids to persons who cannot ask for them or get fluids for themselves. Never leave a child or pet in a closed vehicle for any length of time. Plan outdoor work and exercise during the early morning hours or evening hours. During periods of severe heat, communities will set up cooling centers for daytime use."

Workers in all outdoor worksites such as agriculture, construction, landscaping and other industries, are at risk of serious heat illness and even death when temperatures rise across California. According to the California Division of Occupational Safety and Health (Cal/OSHA), employers are required to take four

basic steps to prevent heat illness at all outdoor worksites. These include training all employees on heat illness, providing adequate water, rest and shade and having an emergency response plan in place.

"I am pleased to see a greater level of compliance and a reduction in occupational heat-related illnesses and fatalities in recent years, but we must remain vigilant during times of high summer heat," said Cal/OSHA Chief Ellen Widess. "Heat related illness and death are preventable with simple steps that employers take to ensure workers have adequate water and shade and training on the symptoms of heat stress. Having a good program in place not only protects workers' health, but ensures greater productivity."

State officials urged Californians

to incorporate energy conservation measures as part of their heat emergency plans.

"Californians can save money and reduce the risk of power outages by setting their thermostats to 78 to 80 degrees when they're home and to 85 degrees or the 'off' position when they're away from home," said Dayton. "They also can reduce strain on the power grid by using their primary refrigerators and freezers for perishable foods and beverages and disconnecting secondary refrigerators and freezers."

Other conservation measures Californians can employ include turning off lights, fans and appliances that aren't in use and using dish washers, driers, washing machines and other appliances after the peak hours of 4 to 6 p.m.

Summer heat resources are available at www.calema.ca.gov and www.cdph.ca.gov.

Release from California Emergency Management Agency



Scan our QR Code for a direct link to our online edition!



By Pastor Cary Duckett

The 5 Greatest Things I've Heard My Dad Say

Someone recently asked me, "What is the most important thing your dad has said to you?" As I thought about the answer to that question I recalled five things my father said to me at different times while I was growing up. I did not realize the value of his words when he said them, but I now realize these simple phrases (and the heart that was behind them) have become the greatest things he has ever said to me. Here they are...

- No matter what you do, I'll always love you.
- I'm proud of you.
- You weren't trying very hard.
- No.
- I'm sorry.

With each phrase I can recall a context in which I heard his words, but I also remember my varied responses (rolling my eyes with a smirk, smiling, pouting, stomping off, arguing back, jaw-dropping amazement). It's funny...I didn't realize as a child/teen in the home what I have come to appreciate now as a dad: Dads aren't perfect. But, when they love unconditionally they have the power to plant strength, confidence and belonging into the heart of their children.

My dad is a follower of Jesus Christ. Now...I'm not saying a person has to be a follower of Jesus to be a good dad, but I do believe when one follows Christ the potential for being a good dad is multiplied. The Bible reveals that dads who are receptive to following Jesus will receive a heart that is supernaturally bent towards the well-being of their

children (Luke 1:17). Most dads have intentions to be the ideal dad, but when a dad follows Christ his heart receives supernatural power to be a good dad.

This is what I now know: My dad consistently said the words above not out of good intentions. He said them because he had supernatural help—help that not only gave him the right words but also gave him the dad-skills needed to back the words up with actions.

The supernatural help mentioned in the Bible is still available. What have you got to lose and what do your kids have to gain?

You are invited to come and be our guest at Cypress Avenue Baptist Church. Our worship times are 9 AM & 10:30 AM each Sunday. To learn more about Cypress go to www.cypressavenue.org.

Brown Budget is Wrong for California

By Senator Ted Gaines



Senator Ted Gaines

Every May the Governor releases an updated version of his January budget proposal. This year's "May Revise" shows that Governor Brown is dead set on growing government and raising taxes.

The new budget proposal has bits of good news. California's economy is so massive that even our weak economic recovery is generating an unexpected \$6.6 billion in additional tax revenue this year. Governor Brown has wisely chosen to use some of the money to pay down debt. He is also proposing to eliminate some deadweight state boards and 5,500 government employee positions.

The good news ends there. Remarkably, when the state is buckling under massive deficits year after year, Governor Brown's detached-from-reality plan proposes increasing government spending 27 percent over the next three years.

To pay for his plan the Governor wants to take an extra \$58 billion in new taxes from families and businesses through a five-year extension of the historic 2009 "temporary" tax

own spending priorities.

The nation is struggling through the slowest economic recovery from any recession since World War II. California's recovery is slower still, and our unemployment rate is around 12 percent. Only a wildly out-of-touch political class could think about forcing families to break out their wallets and pay another \$1,000 a year to support an oversized state government.

Now is the time to be questioning why it costs California nearly \$50,000 a year to house a prisoner. Why does California have around 12 percent of the nation's population but a third of its welfare cases? Why did a survey of business leaders just rank California the worst state to do business – for the seventh year in a row?

California needs a government that provides basic public services at a price that taxpayers can afford. To suggest growing the public sector and raising taxes now, Brown's May Revise shows he is ignoring any meaningful reform and is intent on implementing the same tax-and-spend agenda that created our permanent budget crisis.

increase that is set to expire in June. He has embraced these higher taxes and will not let them go, even though the voters overwhelmingly rejected even a three-year extension just two years ago.

I do not support higher taxes on Californians. I want businesses to be able to keep their money and invest it, to expand and create jobs. I want families to keep more of their money to pay their bills, buy school clothes, take vacations and determine their

2011 Berry Quality of Life Youth Leadership Scholarship



Carmichael Water District is proud to announce that applications are being accepted now through July 15, 2011 for the 2011 Berry Quality of Life Youth Leadership Scholarship. One \$500 scholarship is available to a student who resides within the Carmichael Water District Service Area who is currently enrolled in the 12th grade at a public or independent school located in Carmichael, CA or is currently enrolled in a post-secondary institution.

For more information on the application process, deadlines, and selection please visit the District's website at www.carmichaelwd.org or call our office at (916) 483-2452.



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Publisher, Paul V. Scholl

Carmichael Times

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SMUD's Home Performance Program MAKEOVER SWEEPSTAKES

Leaky ducts, faulty insulation, air leakage, and an old A/C system can rob you of money and comfort at home. For that reason, SMUD is offering the Home Performance Makeover Sweepstakes to educate homeowners about how they can make their home more energy-efficient.

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Dr Bob Graykowski



Have you ever thought about your nervous system and how it coordinates the functioning of your body? This amazing system detects the slightest alteration in your external or internal environment, sending an immediate message to the spinal cord or brain. The signal will then – in a split second – cause you to recoil your hand from a hot stove or jump out of a speeding car's path.

How it All Works

The nervous system consists of three sections: central, peripheral and visceral. The brain and spinal cord, the centers of nerve function, constitute the central nervous system. The peripheral nervous system consists of cranial nerves and spinal nerves.

Cranial nerves are related to functions of the head (such as seeing, hearing and tasting). Spinal nerves relay sensing or movement-related impulses in and out of the nervous system to the rest of the body. Ongoing research suggests that chiropractic adjustments of the spine positively affect these nerves and their function.

The autonomic nervous system is divided into two parts, the sympathetic and parasympathetic. The sympathetic system is the "fight or flight" section,

Chiropractic and Your Nervous System

while the parasympathetic system is the "feed or breed" section. When the sympathetic system is activated, it triggers elevated internal stress. On the other hand, activation of the parasympathetic system creates the "relaxation response." Unfortunately, these systems are mutually exclusive and individuals cannot experience both simultaneously. That's why it's difficult to relax under stress.

The Chiropractic Connection

Although it is a masterpiece of technology, the nervous system is far from fool proof. The interaction of the nervous system's key divisions may be disturbed and the flow of nervous impulses interrupted. One such roadblock is referred to as vertebral subluxation. Doctors of chiropractic correct vertebral subluxations with chiropractic adjustments, gentle maneuvers designed to realign the spinal segments and restore motion to affected areas.

Subluxation On The Brain!

Functional Magnetic Resonance Imaging (MRI) demonstrates alterations in brain function during a chiropractic adjustment. Researchers propose that chiropractic adjustments may improve brain function. Studies show an association between chiropractic adjustments and improved mental function.

Maps of the brain's cortex are used to measure the effects of chiropractic adjustments on the nervous system. These tests reveal that chiropractic adjustments activate specific neurological pathways and may be associated with an increase in brain function.

Experiments also showed that subluxations cause circulatory changes that prompt alterations in gastric acidity, blood chemistry and heart function. Such reflexes set into

motion a wide variety of abnormal processes leading to asthma, bronchitis, muscular atrophy and degeneration.

Another study found a connection between vertebral subluxation and vision. The analysis included 15 subjects who were monitored for changes in pupil diameter after chiropractic adjustment. Some had vertebral subluxations, while others didn't. The results indicated that: Subjects without subluxations had no change in their pupil's diameter.

The above data suggests that subluxation may influence brain input to the pupil of the eye.

Avoid Short Circuits

At Chiropractic USA we focus on restoring optimal function to the nervous system through precise cranial and spinal adjustments. Don't risk short-circuiting your nervous system make an appointment for a chiropractic exam today. The sooner you do, the sooner your doctor can eliminate potential kinks in your internal wiring, putting you on the fast-track to optimal health. Learn more about our community office; find us on Facebook-Chiropractic USA.

Creating a healthy community

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Monthly Workshops Stress without Distress

Please call for a reservation. Support is encouraged...Bring a friend or family member!
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River City Chorale's Free Concert



River City Touring Choir, Candelaria Cathedral, Rio de Janeiro, Brazil. Photo courtesy River City Chorale.

Fair Oaks – Music-lovers in the greater Sacramento area are invited to a FREE concert on Friday, June 24, 7:30 pm at the Faith Lutheran Church, 4000 San Juan Ave., Fair Oaks.

The Tour Choir of the River City Chorale will represent the greater Sacramento area on an international tour of France this coming July. The public is invited to attend the Tour Concert's pre-tour concert to enjoy the repertoire of choral music to be performed in France – and to wish the choir a Bon Voyage!

The River City Chorale presents nine concerts in and around Sacramento each year. The Chorale's Tour Choir upcoming tour in France follows eight prior international concert tours, including tours to the British Isles, Eastern Canada, northern, eastern and southern Europe, and Brazil.

Richard Morrissey, the Artistic Director of the Chorale since 2001, has been a member of the Chorale since 1996. He has composed and arranged over 75 works for choir and orchestra, eleven of which

have been published. Prior to his present directorship, he served as musical director of the Yuba-Sutter Oratorio Society Chorus and Yuba-Sutter Symphony Orchestra for 25 years. He taught band, orchestra, and theatre arts at Yuba City High School, and was the District Supervisor of Performing Arts in Yuba City Unified School District for 36 years. He also is a featured jazz player in "Hot Lynx," the brass ensemble often featured at the spring cabaret performances.

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Capitals 2011 Schedule

DATE	OPPONENT	THEME
July 8 th	New York Sportimes	Caps Come Home <i>featuring Martina Hingis</i>
July 9 th	Washington Kastles	Drop Shot Diva Day <i>featuring Serena Williams</i>
July 10 th	Newport Beach Breakers	Play Tennis Sacramento
July 12 th	Kansas City Explorers	Family Night <i>featuring the Bryan Brothers</i>
July 15 th	Newport Beach Breakers	Catch the Wave <i>featuring Mardy Fish</i>
July 20 th	Boston Lobsters	Caps Go Green
July 21 st	Springfield Lasers	Fan Appreciation Night

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Full Military Honors For Retiring San Juan Superintendent



Retiring San Juan School Superintendent, Dr. Pat Jaurequi (center), posed in cougar territory. She was recently honored by the school's award-winning ROTC unit. Also recognized by the event was Del Campo graduate, US Army Chief Warrant Officer 2, John Aklan (third from right). Flanking VIPS were: Master Sergeant Noah Dula (left), ROTC Squadron Commander Taylor Warmack, Principal Vera Vaccaro, ROTC Instructor Col. Earl Farney and Board of Education President Lucinda Lutgen.

By Susan Maxwell Skinner

Carmichael—A parade of 90 Junior ROTC cadets last week honored retiring San Juan Superintendent Pat Jaurequi. After three years with the school system, Dr Jaurequi will step down from her leading role in August.

Since school-age cadets would be vacationing in August, the award winning Del Campo ROTC unit decided on an early parade for the Air Force nurse turned educator.

Praising the assembled cadets, Dr Jaurequi predicted: "of all the many groups that will mark my transition into retirement, no single event will mean more to me than this." The daughter of a 30-year Air Force veteran, Dr Jaurequi attained the rank of 2nd Lieutenant at the age of 19. As a nurse, she served at Laughlin and Little Rock Air Force bases, resigning her commission at the rank of Captain. "None of my educational degrees," she said, "would have been possible without the GI Bill. I am so glad we have these Junior ROTC programs in schools."



Del Campo High's Junior ROTC Squadron Commander Cadet Lt Col Taylor Warmack (left) welcomed San Juan School District Superintendent Dr Pat Jaurequi to the school. Flag presentations and a parade of 90 ROTC cadets followed. Photos Susan Maxwell Skinner



Carmichael Recreation and Park District is announcing these upcoming events

Carmichael's Gala Parade & Annual Fireworks Show!

Monday, July 4

52nd Annual Carmichael Elk's Club Parade – Start Time 10:30am!

The evening will culminate with the Annual Fireworks Show at La Sierra Community Center, 5325 Engle Road. Join us starting at 7pm for food, music and fun. \$5 gets your child unlimited access to the Kids Zone inflatables, crafts, puppet show and more. Carmichael Little League Snack Bar will be open for food, drinks, ice cream and more! Bring your blankets, lawn chairs and shade umbrellas. Fireworks Show at dark (approximately 9:30pm).

The 4th of July Celebration is sponsored by: Carmichael Recreation and Park District & Mission Oaks Recreation and Park District For more information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.

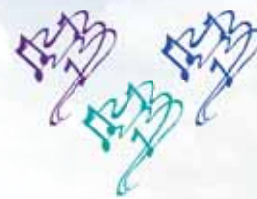
FREE SUMMER CONCERTS AT CARMICHAEL PARK

The Carmichael Recreation and Park District

is offering the Summer Concert in the Park Series for your listening and dancing enjoyment at the Danny Bishop Memorial Pavilion for the Performing Arts in Carmichael Park, 5750 Grant Avenue!

Concerts start at 6:30pm unless noted.

Want to sponsor a concert? You can have your name on the flyer and on a banner; both of which will be seen by thousands of people! Call Elizabeth Crisante at 483-7826 x25.



Schedule

Sunday, June 19	SwingMasters–Big Band/Swing
Sunday, June 26	Xstadio–Classic Rock/Country/Blues Cover Songs
Sunday, July 3	Break
Sunday, July 10	Todd Morgan & the Emblems–50's Rock n' Roll/30's Jazz
Saturday, July 16	Departure–A Journey Tribute Band*–Journey Songs
Sunday, July 17	Carmichael Kiwanis Band–Swing Dance Band
Sunday, July 24	Gold Rush Brigade–Dixieland Jazz Band
Saturday, July 30	Because–A Beatles Tribute Band* – Beatles Songs
Sunday, July 31	The Newz Makers–Classic Rock/R&B
Sunday, August 7	John Skinner Band–Dance Band
Saturday, August 13	Q-Balls*–Classic Rock–60s to 80's
Sunday, August 14	Metro Swing–Dance Band
Sunday, August 21	Capitol Pops Concert Band–50 piece Concert Band
Saturday, August 27	Mick Martin & the Blues Rockers*–Rock n' Roll/Blues
Sunday, August 28	River City Concert Band–50 piece Concert Band

* Denotes Saturday concerts



For more information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.

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Fab 40's "Un-Run for Understanding" An Alzheimer's Awareness Day



Saturday, July 9, 2011
Location: East Lawn Memorial Park, 43rd St. and Folsom Boulevard
Time: 9:00 AM – Noon

Calendar of Events:

- 9 AM – Welcome, and a light breakfast.
- 9:30 AM – Panel discussion featuring Hospice Care, a Neurologist, family members who have cared for a person with Alzheimer's disease and family members who are dealing currently with Alzheimer's disease, and an Elder Law Attorney.
- 10:30 AM – Unveiling of the "Wall of Honor." A place where people can create an inscription in honor of or in memory of a family member who has suffered from Alzheimer's disease.
- 10:45 AM – Untimed one-mile walk within East Lawn.
- 11:30 AM – Free luncheon.

There will be a variety of children's activities and a photo booth for your family's memories.

We will be having a kid's race as well!

There will be many vendors at the event to answer any questions you may have.

Visit our website at: www.fab40s5k.org for details

Carmichael Girl One of Denio's College Scholarship Winners

Sacramento Region – Denio's Roseville Farmers Market & Swap Meet announced today that employees Marisa Mollera, Joshua Kerby and Jessica Decoque have been named the recipients of the 2011 Denio's Scholarship.

The education award is given annually to young employees who are excelling in the classroom, show initiative while working at Denio's, and have also been active in community service. All three employees received a \$1,000 scholarship from Denio's to help offset the costs of college.

All three teens have been employed by Denio's for over a year and work in food service.

"What I loved about all three of these young people is they are extremely hard workers that are always eager to take on new job responsibilities and accept new challenges," said Ken Denio, Owner of Denio's Farmers Market & Swap Meet. "Jessica, Marisa and Joshua have been great role models for all our young employees at Denio's. They demonstrate that same determination and willingness to learn in their school work and in other endeavors."

Mollera lives in Carmichael and graduated from Del Campo High. Her father, Manuel Mollera, has been a Denio's supervisor for over two decades. Marisa will attend Sacramento State and major in Spanish. She did volunteer work the past three years for "Relay for Life," an event that helps raise money for the American Cancer Society.

"I applied for a lot of different scholarships so it was really great to find out that I was chosen by Denio's," said Mollera, 17. "Denio's is like a big family to me. Everyone enjoys what they are doing and is really trying to do a good job and make this a great experience for our many customers. I'm very grateful for the opportunity to work at Denio's and so thankful that they singled me out as one of the scholarship winners."

Decoque lives in Roseville and attended Woodcreek High School,



Denio's Roseville Farmers Market & Swap Meet Owner Ken Denio's with the 2011 Denio's Scholarship winners, (left to right) Joshua Kerby, Jessica Decoque and Marisa Mollera. Photo credit: Courtesy, Denio's Roseville Farmers Market & Swap Meet

where she graduated with a 4.02 grade-point average. She will attend Sacramento State this fall and major in nursing.

The 18-year-old Decoque is a member of the National Honor Society and this year worked on setting up a similar program for junior high school students. She also did volunteer work at an animal sanctuary in Penryn. "Getting this award from Denio's means a lot to me," Decoque said. "I feel like all the hard work trying to reach my potential at school and as a Denio's employee has paid off. I appreciate this scholarship so much."

Kerby, 18, is also a Woodcreek High student who lives in Roseville. He will be going to UC Davis this fall and will major in Business Economics. Kerby's community volunteer efforts include working for a recycling company in Roseville.

His mother is Tracie Denio-Kerby, Graphics Design Manager at Denio's.

"Working at Denio's gave me a good idea about what is expected of an employee. It was a great life experience," Kerby said. "I really enjoy working at Denio's, meeting a lot of different people, and learning the true meaning of customer relations. It's awesome that Denio's is giving me this scholarship to help pay for my college education."

Denio's is open every Saturday and Sunday from 7 a.m. to 5 p.m., rain or shine. The Friday outdoor market is open from 10 a.m. to 3 p.m.

For more information, visit www.deniomarket.com or call (916) 782-2704. You can also follow Denio's Market on twitter at www.twitter.com/DeniosMarket or on facebook at www.facebook.com/Denios.

Whooping Cough Cases Remain High In California

State Public Health officials encourage all Californians to ensure their immunizations are up-to-date

Sacramento Region – Dr. Howard Backer, the Interim Director of the California Department of Public Health (CDPH), has warned recently that the number of pertussis (whooping cough) cases in 2011 continues to be above both the 2009 baseline levels and the numbers seen by this time last year. Backer also encouraged parents to ensure that their adolescent's immunizations are up-to-date in compliance with a new California law that is slated to go into effect July 1, 2011.

"In 2010, California experienced a record high number of pertussis illnesses, including 10 infant deaths," said Backer. "While it is too early to know if this year will reach the same high levels of this debilitating disease, California is currently experiencing more cases

than would be typically expected, but fortunately no fatalities."

Backer also called on parents of children in grades seven through 12, to ensure that they comply with AB 354, which requires documentation of an adolescent pertussis booster shot prior to school entry. More than one million students statewide still remain to be vaccinated before the fall semester.

"Vaccination, including critical booster shots, is the best defense against pertussis," added Backer. "Parents of 7th to 12th graders must ensure that their children receive the necessary booster shot to avoid a delay in having their children start classes in the fall semester."

The vaccination series for pertussis can begin at the age of 6 weeks. Infants, however, are not

adequately protected by vaccination until the initial series of three shots is complete. For new mothers and anyone in close contact with infants, CDPH encourages a "cocooning strategy," where individuals in close contact are vaccinated to protect the not-fully-immunized infant. Anyone who might be coming into contact with newborns and young infants should ensure that their immunizations are up-to-date.

Pertussis is a highly contagious disease. Unimmunized or incompletely immunized young infants are particularly vulnerable to severe disease. Numbers of reported pertussis cases typically increase during the summer months. More information on pertussis and the numbers of reported cases is available at www.cdph.ca.gov/HealthInfo/discond/Pages/Pertussis.aspx.

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Crossword Puzzle on Page 6

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Library Events for June

Fair Oaks Library hosts monthly anime club for kids

The Sacramento Public Library invites sixth through 12th graders to monthly anime screenings and to help pick future titles to be shown at Fair Oaks Library, 11601 Fair Oaks Boulevard, Fair Oaks. The anime club meets on the last Thursday of each month at 3:30 p.m., at the library branch.

Anime film titles and ratings are available on the library's web site catalog at www.saclibrary.org or ask Fair Oaks Library staff for assistance.

For more information, telephone the Sacramento Public Library at (916) 264-2920.

Knitwits crafting group meets at Carmichael Library

Do you knit, crochet, or do needlepoint? The Sacramento Public Library is hosting the Knitwits group gatherings each Friday, at 11 a.m., at Carmichael Library, 5605 Marconi Avenue, Carmichael.

Participants will learn from each other and all levels are welcome. Plus, Knitwit members are encouraged to bring snacks to share with others at the weekly meetings.

For more information, telephone the Sacramento Public Library at (916) 264-2920 or visit www.saclibrary.org.

Want to join a book club?

Carmichael Library has several reading groups

The Sacramento Public Library offers several book discussions, including an audiobook group, hosted at the Carmichael Library, 5605 Marconi Avenue, Carmichael. Book club members are encouraged to bring a snack to share with others at the following discussions.

For more information, telephone the Sacramento Public Library at (916) 264-2920 or visit www.saclibrary.org.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.
Come back every week for Sudoku! For Solution See Page 7.



A Film Review by Tim Riley

JUDY MOODY AND THE NOT BUMMER SUMMER
(Rated PG)

In terms of age and gender, this critic is very far removed from the demographic orbit of the target audience for the "Judy Moody" book series by Megan McDonald.

Apparently, Paramount Pictures only wanted a select handful to get an advance peek at "Super 8," so I feel compelled to skip that movie altogether, even if it is decent.

Thus, "Judy Moody and the NOT Bummer Summer" ended up on my radar, but regrettably my youngest daughter, now too old to savor this type of family film, didn't join me.

If you have preadolescent daughters, you may have to tag along for the family experience, perhaps discovering that it is not completely unbearable.

But let's face it. I was there because duty called, and so I report "Judy Moody" is totally acceptable

Riley Reviews

"JUDY MOODY" MAY NOT BE A BUMMER TO PREADOLESCENT GIRLS

for young kids, mostly girls who may enjoy the adventures of the spunky redheaded Judy Moody.

To her dismay, Judy Moody (Jordana Beatty) discovers that her best friends Rocky and Amy will away all summer on exciting trips - one in Borneo and the other at circus camp.

Meanwhile, Judy is stuck in suburban Virginia with her little brother Stink (Parris Mosteller) and nerdy classmate Frank (Preston Bailey).

Worse still is the sudden announcement that Judy's well-intentioned parents (Janet Varney and Kristoffer Winters) have to go to California, leaving Judy and Stink behind in the care of Aunt Opal.

Suddenly, the idea of the NOT bummer summer is not going to be realized for Judy, who's also slightly bummed that Stink is obsessed with finding Bigfoot.

Meanwhile, the ditzy, flower-child Aunt Opal (Heather Graham) turns out to be a pleasant surprise,

seeing how her reputation as a flighty guerilla artist may relieve the boredom.

In fact, Aunt Opal is so thoroughly creative and full of energy that Judy is inspired to a game of amassing "thrill points" in competition with her traveling buddies.

The Thrill Chart becomes the touchstone for a series of wacky adventures, made even crazier when Aunt Opal's good intentions sometimes go awry.

Judy's initial apprehension about spending the summer with a relative not seen in years evaporates as Aunt Opal reveals herself to be a kindred spirit.

In time, Judy even gets into the mood to help her little brother chase down Bigfoot, while teaming up with a couple of daffy locals on the same bizarre quest.

Jaleel White ("Family Matters") may be all grown-up, but he channels his inner Steve Urkel as Judy's geeky teacher Mr. Todd with a high-pitched voice, who figures into the "thrill points" expedition.

As if to create distractions to amuse the young set, director John Schultz employs a unique visual style that relies on bright colors, animated pop-ups and split screens. The aim appears to be keep young kids engaged.

"Judy Moody and the NOT Bummer Summer" benefits greatly from the spirited and good-natured performance of Jordana Beatty in

the titular role. Her energy alone goes far to make this film enjoyable for kids.

TELEVISION UPDATE

When the calendar hits June, original new TV shows on the primary networks are as rare as a cold spell in a South Florida summer. This is where cable networks jump into the breach. Apparently, there is no shortage of original movies on the Lifetime Television network. Gabrielle Anwar, not looking like anything resembling her character on "Burn Notice," stars in Lifetime's "Nora Roberts' Carnal Innocence" as world-renowned violinist Caroline Waverly, coming back to rural Innocence, Mississippi, where she spent summers as a child, for some peace and solitude.

Shortly after arriving, Caroline meets the arrogant, but charming Tucker Longstreet (Colin Egglesfield), a member of the town's most prominent family who is quickly smitten with her. But Caroline's dreams for tranquility turn into a nightmare when she discovers the body of a young woman, the possible victim of a serial killer that the authorities suspect may be the playboy Tucker. Of course, Innocence is populated with people who look guilty of something or other. "Carnal Innocence" is the type of movie one should expect on the Lifetime network.




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CLUES

<p>ACROSS</p> <p>1. Group of wives?</p> <p>6. Parabola, e.g.</p> <p>9. Designer Hugo</p> <p>13. Helen in Moscow</p> <p>14. Fan's discontent</p> <p>15. Type of salmon</p> <p>16. It has blips</p> <p>17. aka Common Market</p> <p>18. Liqueur flavor</p> <p>19. NASA flier</p> <p>21. *Type of pool</p> <p>23. *Ball holder</p> <p>24. Wish harm upon</p> <p>25. Tax preparer</p> <p>28. *Tire swing hangs from it</p> <p>30. *Often involves a basket</p> <p>35. Frees</p> <p>37. ___ of March</p> <p>39. Vital life, in Sanskrit</p> <p>40. ___ mater</p> <p>41. Empower</p> <p>43. Yemen port</p>	<p>44. Spontaneous loss of consciousness</p> <p>46. In bed</p> <p>47. Spanish surrealist Juan (1893-1983)</p> <p>48. Arctic plain</p> <p>50. Ear-related</p> <p>52. *They did it at the BBQ</p> <p>53. Type of mountain goat</p> <p>55. Sin over tan</p> <p>57. *Played with mallets</p> <p>61. Heavysset</p> <p>64. *Summer sitcom, usually</p> <p>65. Step on it</p> <p>67. Same as vial</p> <p>69. Unlace</p> <p>70. Word between "dogs"</p> <p>71. Pitchers</p> <p>72. Enthusiastic enjoyment</p> <p>73. DNA transmitter</p> <p>74. Often goes with "ranted"</p>	<p>DOWN</p> <p>1. Of a female</p> <p>2. Having wings</p> <p>3. Do over</p> <p>4. Perform in a play</p> <p>5. *Farmer's ___</p> <p>6. Lend a hand</p> <p>7. ___ vs. Wade</p> <p>8. *Add this when making chocolate ice cream</p> <p>9. Moore in "Moonraker"</p> <p>10. Kent State state</p> <p>11. Average</p> <p>12. Palm reader, e.g.</p> <p>15. Cats' favorite herb</p> <p>20. Suggestive of the supernatural</p> <p>22. *Located behind the plate</p> <p>24. Strongbox</p> <p>25. Plane or boat</p> <p>26. Piliif</p> <p>27. Short for administrator</p> <p>29. Dame ___, Australian celeb</p>	<p>31. Study all at once</p> <p>32. Gymnast Comaneci</p> <p>33. Unable to move</p> <p>34. *Water ride</p> <p>36. *Used to make castles</p> <p>38. Lard cousin</p> <p>42. Authoritative proclamation</p> <p>45. Christian Trinity, e.g.</p> <p>49. Famous for being honest</p> <p>51. Barrel maker</p> <p>54. Formerly used as anesthetic</p> <p>56. Neutral middle vowel</p> <p>57. Actress Penelope</p> <p>58. ___ Descartes</p> <p>59. Scraps of meal</p> <p>60. Give up</p> <p>61. Stiff hair</p> <p>62. Capital of Ukraine</p> <p>63. Ready and eager</p> <p>66. *Atonement" author McEwan</p> <p>68. Acid</p>
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For Solution See Page 5

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FICTITIOUS BUSINESS NAME STATEMENT #1104376. James P. Crawford, 4324 Vista de Lago Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Crawford Construction Services" at 4324 Vista de Lago Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on May 13, 2011. Publish May 25, June 1, 8, 15, 2011. CRAWFO 10504 6-15-11

FICTITIOUS BUSINESS NAME STATEMENT #1104439. Claveau Construction Corporation, 4811 Cypress Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Claveau Construction Corporation" at 4811 Cypress Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 16, 2011. Publish May 25, June 1, 8, 15, 2011. CLAVEA 10504 6-15-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00103466

WHEREAS, Gaing Gae Joe has filed a petition with this court for a decree changing name of Gaing Gae Joe to Cheryl Gae Joe. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on June 25, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 13, 2011. Kevin R. Culhane Judge of the Superior Court Publish May 25, June 1, 8, 15, 2011. JOE 10504 6-15-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00103737

WHEREAS, Jacquelyn Renee Stermer has filed a petition with this court for a decree changing name of Jacquelyn Renee Stermer to Jacquelyn Renee Jason. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on July 8, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 17, 2011. Kevin R. Culhane Judge of the Superior Court Publish May 25, June 1, 8, 15, 2011. JENSEN 10504 6-15-11

persons interested in the above entitled matter appear before this court at 1:30 p.m. on July 8, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 19, 2011. Kevin R. Culhane Judge of the Superior Court Publish May 25, June 1, 8, 15, 2011. JASON 10504 6-15-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00103597

WHEREAS, Shannon Dee Brooks has filed a petition with this court for a decree changing name of Shannon Dee Brooks to Shannon Dee Jensen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on July 8, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 17, 2011. Kevin R. Culhane Judge of the Superior Court Publish May 25, June 1, 8, 15, 2011. JENSEN 10504 6-15-11

FICTITIOUS BUSINESS NAME STATEMENT #1104725. Ali Azar, 1501 Secret Ravine #1917, Roseville, CA 95661 is doing business under the Fictitious Business Name "American Eagle Body Shop," at 6801 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 24, 2011. Publish June 1, 8, 15, 22, 2011. AMEAGL 10601 6-22-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00104056

WHEREAS, Tien Quyhn Truong has filed a petition with this court for a decree changing name of Tien Quyhn Truong to Kelly O. Truong. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on July 15, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 26, 2011. Kevin R. Culhane Judge of the Superior Court Publish June 1, 8, 15, 22, 2011. ADMINS 10601 6-22-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00103541

WHEREAS, Nina Rachele Mills has filed a petition with this court for a decree changing name of Nina Rachele Mills to Nina Rachele Mills-Rodriguez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on July 1, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 17, 2011. Kevin R. Culhane Judge of the Superior Court Publish June 1, 8, 15, 22, 2011. MILLS 10601 6-22-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00103570

WHEREAS, Brock D. Hickey Jr. has filed a petition with this court for a decree changing name of Brock D. Hickey Jr. to Brock Daniel Wegner. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on July 8, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 17, 2011. Kevin R. Culhane Judge of the Superior Court Publish June 1, 8, 15, 22, 2011. WEGNER 10601 6-22-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00104326

WHEREAS, Pableta Marie Romero has filed a petition with this court for a decree changing name of Pableta Marie Romero to Paula Marie Ackeret. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on July 29, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 2, 2011. Kevin R. Culhane Judge of the Superior Court Publish June 8, 15, 22, 29, 2011. ACKERET 10602 6-29-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00104280

WHEREAS, Kimberly Ann Schneider has filed a petition with this court for a decree changing name of Kimberly Ann Schneider to Kimberly Ann Lombardi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on July 29, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 1, 2011. Kevin R. Culhane Judge of the Superior Court Publish June 8, 15, 22, 29, 2011. LOMBAR 10602 6-29-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00103696

WHEREAS, Rose Mary Nonette has filed a petition with this court for a decree changing name of Rose Mary Nonette to Rose Mary Carter. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on July 8, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 19, 2011. Kevin R. Culhane Judge of the Superior Court Publish June 8, 15, 22, 29, 2011. CARTER 10602 6-29-11

PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On July 5, 2011 at 11:00 AM, RSM&A Foreclosure Services, as the duly appointed Trustee under and pursuant to Deed of Trust Recorded August 8, 2006 in Book 20060808, Page 1603 of official records in the Office of the Recorder of Sacramento County, California, executed by: DOLORES SANDVICK, A MARRIED WOMAN AS HER SOLE AND SEPARATE PROPERTY, as Trustor, FIRST FEDERAL BANK OF CALIFORNIA, as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state) at the following location: At the main entrance to the County Courthouse, 720 9th Street, Sacramento, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein. Legal description as more fully described in said deed of trust. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 2220-2222 CLAREMONT RD, CARMICHAEL, CA 95608. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or

warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$421,235.21 (Estimated)* Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: 06/15/2011 RSM&A Foreclosures Services 15165 Ventura Boulevard, Suite 330 Sherman Oaks, CA 91403 805-804-5616 For specific information on sales including bid amounts call (714) 277-4845. Kimberly Karas, Authorized Agent of RSM&A Foreclosures Services FEI# 1045.01276 06/15, 06/22, 06/29/2011 Publish June 15, 22, 29, 2011. FEI 10603 6-29-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00104074

WHEREAS, Anthony Patrick Bothe Kelley has filed a petition with this court for a decree changing name of Anthony Patrick Bothe Kelley to Anthony Patrick Kelley. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on July 22, 2011 in Dept. 16, located at 720 9th St., Room 102, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 20, 2011. Kevin R. Culhane Judge of the Superior Court Publish June 15, 22, 29, July 5, 2011. RODRIG 10603 7-5-11



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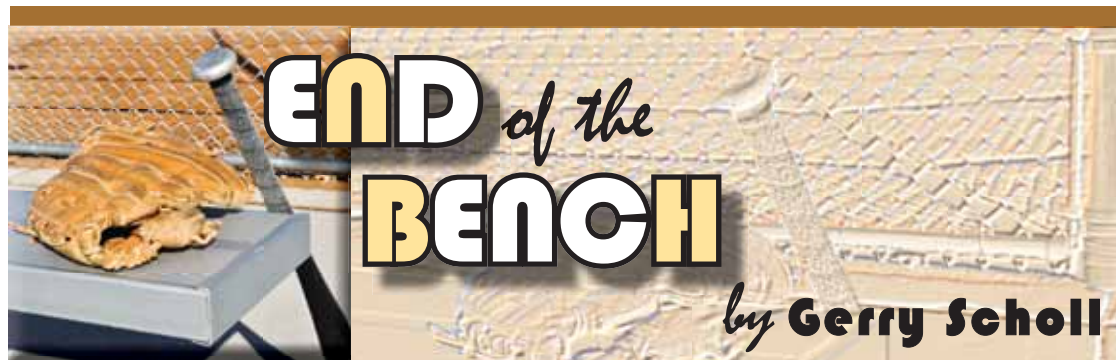
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What's Gonna Work? Teamwork!

"We're not too big and we're not too tough, but when we work together we've got the right stuff. What's gonna work? Teamwork! What's gonna work? Teamwork! Goooo Wonder Mavs!"

If you spend any time around little kids these days you may be familiar with the theme song from my grandson's favorite Nickelodeon TV show, Wonder Pets. If you know the words you can sing along with Dirk Nowitzki, Jason Kidd and the rest of the Dallas Mavericks as they celebrate their first NBA championship after upsetting the Miami Heat.

In the end "the team" was the thing that saved the day for Dallas, rather than the three-headed star-monster (LeBron James, Dwayne Wade, Chris Bosh) of Miami. During crunch time of the last three Dallas wins the Mavs were a cohesive unit, with its parts performing well at what they do best in clearly defined roles. The Heat were pretty much the opposite, waiting for individual stars to do something great to carry the day.

Special kudos to Kidd, the former Cal great, whose 17 years of point guard experience lent a calming influence and determined sense of direction to a Dallas team that never before could get over the hump.

What the Mavs did reminded me of the Giants' championship story from last fall. I'm a big believer in camaraderie playing a large role in success, and those two teams surely had it. On the court Dallas looked a lot like the San Antonio Spurs teams that won four titles, playing with a certain precision unmatched by the opponents. Going further back, the Mavs stirred memories of the only Warriors title team of 74-75. The one great superstar (Nowitzki or Rick Barry) led the way and performed at his peak, but blended with a roster full of contributors to upset the assumed favorite (Miami or the Washington Bullets). Going even further back, they reminded me of a grade school team I coached when I was in high school. We had a player who was clearly the top player in the league, but took great joy in leading, helping and blending with his teammates for the common goal.

Speaking of teams with camaraderie and coming together toward a common goal - Go, Bears! The saga of the Cal baseball team is quite the story. The baseball program was tabbed for elimination in September, but salvaged from the financial scrapheap as alumni, former players and other friends of the program rallied to raise nearly 10

million dollars to keep it alive. The team started well, faltered to a ranking as low as No. 45 in May, but finished with a good Pac-10 record to reach the Division I playoffs. The Cinderella Bears defeated Baylor, 9-8, with a four-run rally in the bottom of the ninth inning to advance to a Super Regional, where they defeated Dallas Baptist (I have a hard time pulling for Texas teams, so it was good to see one of them lose) in two straight games to reach the College World Series for the first time since 1992. It would be great if that "team" could complete the deal.

Meanwhile, the Big Three from Miami have to get "back to the real world," as Lebron suggested all of us non-stars should do, and get in touch with the rest of the players on their team, and practice their free throws, and probably find an able point guard, and become a complete team quite capable of winning more than one title down the road.

To win it all it sometimes takes luck, like a hockey puck falling out of the sky in just the right spot (poor Sharks); or sometimes a couple of superstars have enough to pull it off (Kobe Bryant and Shaquille O'Neal). But, more often than not, the bottom line is: The better TEAM wins.

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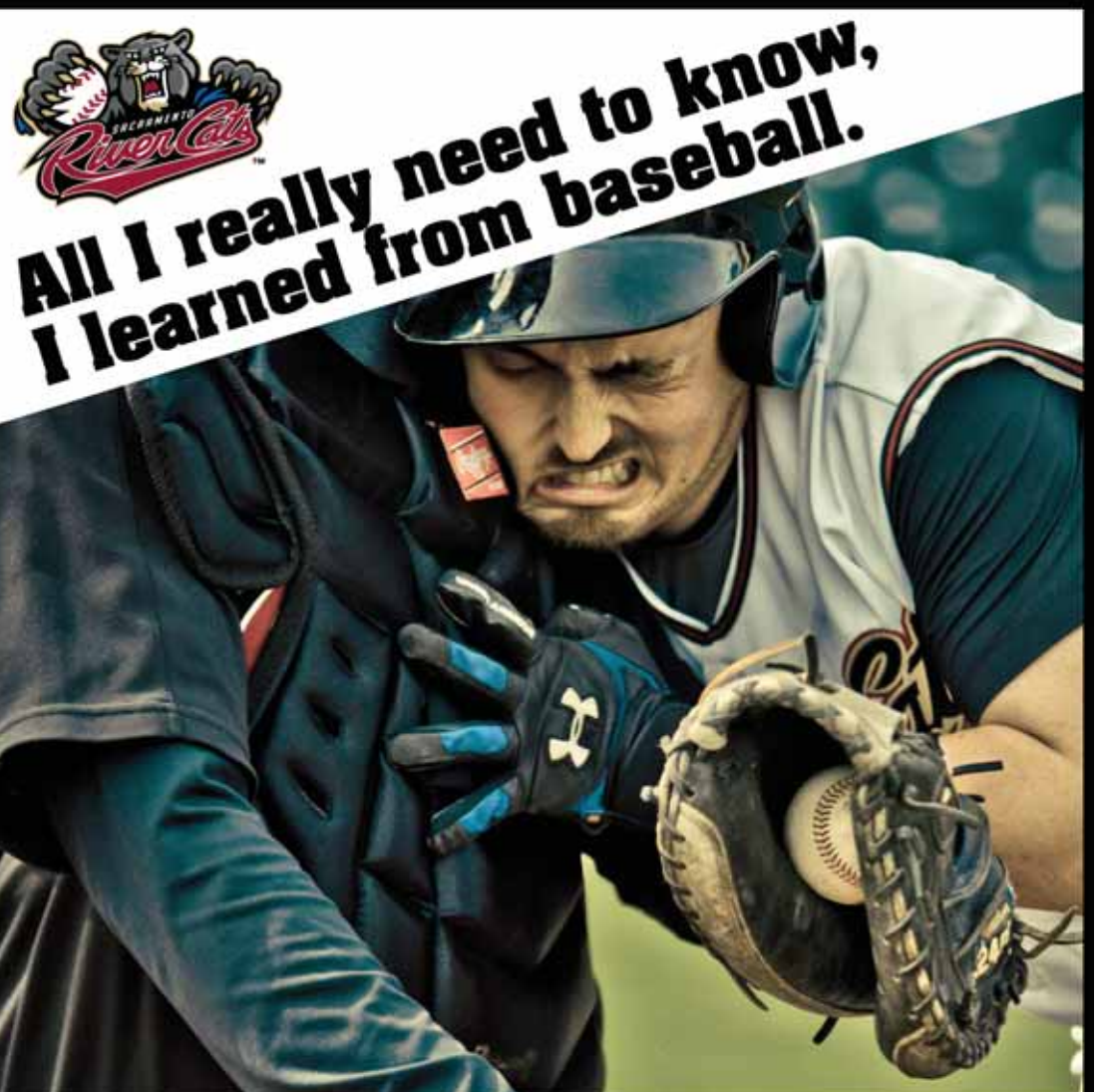
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All I really need to know, I learned from baseball.

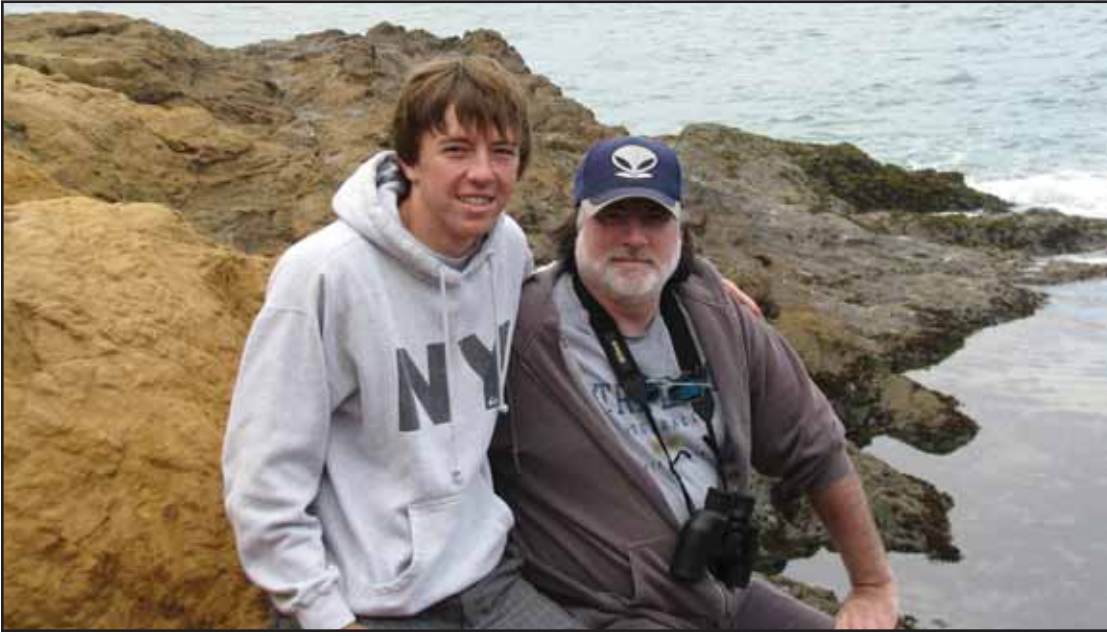
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A Big Warm Father's Day



Special Note from the Publisher – Sometimes you just have to stop, take a big deep breath, and appreciate the reason you are a father. My son Gabriel has grown into such a tremendous young man, just finishing his Junior year in high school. He served as my best man at my wedding this past January, giving a speech as if it were from a man many years advanced of his age. He's a great student, a leader at his school, and much loved by his classmates. He gives me so many reasons to be proud of him, but mostly, it's the way he shows his love and appreciation.

Thank you Gabe. You make every Father's Day a great one. With Love, Dad.

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October 4-29, 2011	"Bold Expressions", NCA Open Show
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Get the Most Bang for Your Buck: 2011 Fireworks Buyers Guide

Sacramento Region – The diversity of consumer fireworks sold in honor of America's Independence Day is wide, not unlike the Melting Pot whose birthday they symbolize. What's new? What's loud? What's colorful? Is that \$30 fountain really worth the money and how long is it?

As sure as Betsy Ross could sew, a trip to a fireworks stand can be a puzzling pyrotechnic experience.

To help you get the most bang for your buck this Fourth of July, we present our 2011 fireworks buyers guide. Every new state-approved fountain was put to the test along with selected returning items. TNT and Phantom, which enjoy a duopoly in Northern California, have more than a dozen new items between the two.

Fireworks were rated on a 5-star scale for performance, duration, distinctiveness and overall comparative value. Judges included firefighters of Sacramento Metropolitan Fire District, Station 65, who graciously provided the test site. Products are listed in order of price, high to low.

A tip: Shop early or risk having to choose from items not good enough to make this list, meaning, except with the new stuff, they didn't score at least 3 1/2 stars.

Let the sparks fly!

New for 2011

Festival of Lights (Phantom), \$49.99 – A synonym for "festival" is "fair," and a homonym of that is an adequate assessment of this so-so 500-



gram newcomer. Has all the standard effects except whistle, but when you can buy six Apache Firebombs of similar performance for just a few dollars more, well, you do the math. 148 seconds. 2 1/2 Stars

Star Voyager (TNT), \$29.99 – Earns "best new finale" honors with a long-lasting, 500-gram performance of bright and crackling titanium bursts that reach the 10-foot-high legal limit (maybe even surpassing...shhh!). 146 seconds. 4 1/2 Stars

Phantom Crown Jewel (Phantom), \$29.99 – Dazzling 500-gram display



of white flowers, colored pearls and crackles, gold chrysanthemums and silver crackle. Packs a wallop, but that also reduces burn time. 84 seconds. 4 1/2 Stars

Bonsai Pipeline/Magma Glow Fountain (Phantom), \$29.99 – Terrific burn time and the tallest of the freshman class, if size matters to you, but a far better pick from Phantom at this price is Brew Haha. The cylindrical newbie goes by both names and different labeling. 119 seconds. 3 Stars

Jumbo Purple Rain (TNT), \$24.99 – TNT's best-selling Purple Rain gets super-sized, offering up juiced-up gold, purple and crackles. 89 seconds. 3 1/2 Stars

Pyropalooza (TNT), \$19.99 – Excellent height, crackle and vivid hues – a vivacious visual. 115 seconds. 4 1/2 Stars



Main Squeeze (TNT), \$19.99 for two (buy-one-get-one) – Pleasing red, white, orange and pink sparks spew from cute, unique packaging that gives this fountain its name. 90 seconds. 3 1/2 Stars

Phantom Night Owl (Phantom), \$12.99 – An instant classic is hatched among the growing category of fountains with an internal glowing feature. Three loud screeches and an exciting overall performance make this nocturnal newbie a hoot. 65 seconds. 4 1/2 Stars

Radiant (TNT), \$10 – Top of the class of 2011, this low-priced beauty pushes the legal limit for spreading



sparks. One of the few fountains living up to its name. 82 seconds. 5 Stars

Home Run (TNT), \$9.99 – Middling crackle finish, low altitude, OK burn time for the price. Despite its name, score this one a double. 105 seconds. 2 1/2 Stars

Snakes in the Grass (Phantom), \$5.99 six-pack – Clever name and having those black pellets in a canister keeps fingers clean, but these snakes that grow while aglow are better when free range. 2 Stars

Viva El Futbol (TNT), \$4 – Terrific altitude and crackle for the price. 43 seconds. 3 1/2 Stars

Aquarium (TNT), \$3 – So-so stars and red globs. Nothing memorable. 24 seconds. 2 Stars

Orchid (TNT), \$2 – Don't blink or you'll miss an impressive burst of crackling sparks. 17 seconds. 2 Stars

Best of the Rest (4-5 Stars)

New York Harbor (Phantom), \$39.99 – Stellar burn time and multiple effects, including some of the finest chrysanthemums for a consumer firework. 195 seconds.

Brew Haha (Phantom), \$29.99 – Beer stein-designed 500-gram fountain brims over with effects, including a loud opening whistle and a cavalcade of color. 145 seconds.

Rock Around the Clock (Phantom), \$24.99 – Unique spinning hands are hard to see at night, but this

clock-designed novelty-fountain is a stunner with a powerful fan-like spray. 84 seconds.

TNT Fountain (TNT), \$23.99 – Long-burning, powder keg-shaped fountain has a colorful, crackling performance. 154 seconds.

American Spirit (TNT), \$19.99 plus bonus – Offers up a patriotic blend of red, white and bluish stars, gold showers and super-loud whistles and crackles. Comes with the boisterous, multi-colored Sizzler Fountain (90 seconds). Super deal. 125 seconds.

Molten Pot (TNT), \$19.99 – Entertaining combo of colorful globs, titanium crackles, fish, glitter and chrysanthemums. 73 seconds.

Alpha Wolf (Phantom), \$19.99 – Green and purple droplets, gold shower and crackling stars finale are awesome. No whistles, doesn't need them. 83 seconds.

Triple Gemini (TNT), \$17.99 – Impressive pink and gold fish, and crackles that sound like a string of titanium-laced firecrackers. 85 seconds.

Apache Firedance (Phantom), \$17.99 for two (buy-one-get-one) – Low altitude is more than compensated by a super-long burn time and marvelous sequence of crackles, whistles, white flashes and multi-colored sprays. Up \$2 from last season, but still a solid combo deal. 210 seconds.

Hasta La Vista Baby (Phantom), \$16.99 – Like color and hate whistles? Then this is a solid pick with a screech-free spectrum of fast-changing colors. 125 seconds.



Funky Monkey (Phantom), \$15.99 – This pyrotechnic primate features red pearls and a solid overall performance. 80 seconds.

Mad Dog (TNT), \$14.99 for two (buy-one-get-one) – Amazing crackles, whistles and multi-color sparks are improved by TNT again making this a two-for-one item. 80 seconds.

Firecracker Fountain (Phantom), \$14.99 for two (buy-one-get-one) – Lives up to its name with a remarkable crackling barrage among multi-colored pearls. 106 seconds.



Flying Stars Fountain (Phantom), \$12.99 – Fantastic fish-featuring fountain that, because it's noiseless, is also friendly to pets and fuddy-duddy neighbors. 97 seconds.

L.O.L. (TNT), \$12.99 – The happy 3-D face on the package features a red mouth and blue eyes that glow from within, making for loads of fun. 80 seconds.

King of Bling (Phantom), \$10.99 – The crackles heard during the final third sound just like popping popcorn. Majestic chrysanthemums and whistle. 90 seconds.

Night Treasure (TNT), \$12.99 – Looks like a fan fountain, and it is, albeit only for the final half-minute. Still, a reliable, fair-priced item. 113 seconds.

Volcanic Vortex (Phantom), \$10.99 for three – Cones usually produce more yawns than sparks, but not this awesomely intense trio. 45 seconds each.

Luck of the Irish (TNT), \$9.99 – This classic fountain features gold and silver spray, red and green balls and some super-loud whistles. 80 seconds.

Painted Desert (Discount Fireworks Superstore), \$8.99 – Pretty thing with gold, copper and green flashing stars, and orange and pink globs. 76 seconds.

Lil Red Devil (TNT), \$8.99 for two (buy-one-get-one) – Packs plenty of

heat for the size and price. Titanium crackling sparks spread out an impressive 9 feet. 30 seconds.

Electrical Shock (Phantom), \$7.99 for two (buy-one-get-one) – Red and green showers give way to a raucous whistling and crackling finale. 40 seconds.

Pink Diamonds (TNT), \$6.99 – Not much pink in the fireworks marketplace, so props to this unique, modestly priced item. 61 seconds.

Phantom Mystical Magic (Phantom), \$8.99 (buy-one-get-one) – Fleeting duration, but love those multi-colored, marble-sized blooming globs. 24 seconds.

Phantom Dragon Slayer (Phantom), \$5.99 – Got some white, blue and lemon chrysanthemums, rowdy crackles and red stars going on. 66 seconds.

Moondance Fountain (Phantom), \$3.99 for two (buy-one-get-one) – 4-inch dynamo spews loud crackles, purple pearls and glittering gold and white sparks. [Note: Identical to TNT's Purple Rain, \$5.99 for two.] 45 seconds.



Honorable Mentions (3 1/2 Stars)
Komodo 3000 (Phantom), \$49.99, 240 seconds; **Delirium** (TNT), \$45.99, 94 seconds; **Blooming Flower** (Phantom), \$29.99, 70 seconds; **Hexagon Magic** (Phantom), \$19.99, 104 seconds; **Jade & Butterfly Duo** (Phantom), \$4.99, 28 seconds each; **En Fuego** (TNT), \$4, 31 seconds; **Black Widow** (TNT), \$3, 42 seconds.

For more information, visit: TNT Fireworks (www.tntfireworks.com) and Phantom Fireworks (www.phantomfireworks.com).



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Fireworks Safety for 2011

Don't be a statistic this Fourth of July.

By David Dickstein

Sacramento Region – Fire due to carelessness can happen any season, but the dryness of summer makes this time of year especially volatile. Because our Founding Fathers chose the toasty month of July to formally break from Great Britain, extra precautions should be taken if you stage your own fireworks display.

Here are some safety tips to help ensure that the red, white and blue on the Fourth of July aren't from the fire, ash and mood, respectively, caused by a lack of common sense:



- Observe local laws.
- Always store fireworks in a cool, dry place.
- Always read and follow directions on each firework.
- Use only state-approved "safe and sane" fireworks.
- Only use fireworks outdoors, away from homes, dry grass or trees.
- Have a responsible adult present.

- Have a hose ready.
- Light at a safe distance.
- Never attempt to re-light or fix a "dud."
- Never carry fireworks in your pocket.
- Never point or throw fireworks at another person.
- Soak used fireworks overnight before disposing.

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