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Volume 31 Issue 10

Serving Carmichael and Sacramento County since 1981

March 9, 2011

The Adventures of Everett Mills



Everett Mills has built a lot of things over his lifetime. Here he stands with one of his favourite birdhouses. Photo by Julie Parker.

By Julie Parker

Carmichael - Alexander Sykes was a 42-old-year-old engineer in Ipswich, England, often traveling to Australia on assignments. He met Elizabeth Walker in Sydney and fell in love. Her wealthy family, however, was less than pleased at their romance, as Elizabeth was only 17 years old. So, the two fled the country, marrying on the ship transporting them across "the pond," and changed their last name to Mills.

They had seven children, one of whom was Everett Mills, named after the town of his birth, Everett, Washington. Everett, now 101 years of age, recalls his mother playing the violin and harp.

Everett enjoyed being a Boy Scout, especially wood crafting. He liked school, but especially loved swimming and playing baseball and football. "In those days, kids were real tough. I was in sixth or seventh grade, and two brothers took a teacher and threw him out the window; killed him."

The family lived on a couple of

acres, and Everett recalls one of his chores. "I worked five, six hours filling a big water bucket full of blackberries. One day, my mother and I were filling a bucket, and a friend of my mother's was on the other side of a blackberry bush. My mother called out to her, but she didn't answer. My mother said, 'Why don't you answer me?' She walked to the other side of the bush, and there was a big bear. She let out a scream."

They didn't have the luxury of indoor plumbing. Everett remembers taking baths in a big metal wash tub in the middle of the kitchen. "I remember sitting in there, with my knees up, and my mother yelled, 'Get out of the tub!' because she had to use it for something else."

Living in a rural area offered plenty of opportunities for target practice. "The first money I had, I bought a .22 rifle. I always wanted one. A few days later, I was out shooting and I killed a little bird. That did it. I never got over it. I had a lot of

slingshots, too. I was pretty good."

His parents divorced, and although his father never re-married, his mother married "a really nice man." "My stepdad had a two-seater Chevrolet. We were on the way to a town 15 miles north. There was a big Cadillac with eight or ten kids piled in, going to a game. It cut the Chevrolet on the fender and it rolled over. My mother was in the hospital and two of the kids were hurt pretty bad. From then on, I drove the Chevrolet."

On July 27, 1923, Everett's family drove to Seattle to listen to President Warren G. Harding speak. It was to be the President's last speech, as he became ill and died a month later.

Everett's first car came from his brother Albert, who ran a large gas station. He offered a one-seater Buick. "I wouldn't touch it. It was too old. About three days later, he had had it washed and sprayed. It was beautiful. But, when I got into it, it was terrible."

Albert married a woman whose father worked for Metro-Goldwyn-

Mayer, and got Albert work transporting camera equipment to movie locations, and driving actors and actresses to destinations within 100 miles. After graduating from high school, Everett followed Albert to Los Angeles, where Albert made sure Everett had work at MGM as well.

In 1928, Paramount released the silent film, "The Last Command," for which Emil Jannings won the first Oscar ever awarded for Best Actor for his role as a Tsarist Russian officer. Everett had a bit part as a guard. "As you go through the gate, there was a big piece of land, maybe five acres, and they had ten horsemen running through. There was artificial snow. There were holes in the snow and a couple of horses fell and the men got hurt."

The first talkie was released in 1927, starred Al Jolson, and was such a success, other studios scrambled to follow Warner Bros.' lead. Everett helped build the first sound stage for MGM, who released their first talkie in 1929 with "The Hollywood Revue of 1929."

Everett rode along the coast one day with Albert and Albert's friend, Frank Davenport. They were in front of Marion Davies' home when a minor bumper accident occurred. "I got out, and this other driver got out and he was going to beat me up. Albert gets out of the car – he was 6"5"—and Frank Davenport gets out of the car – he was 6'3"-and the guy backed away and took off. Years later, Al asks me, 'Do you know he was? The best athlete in the world - Jim Thorpe." (The world was fascinated by Thorpe's athletic ability. He won two gold medals in the 1912 Olympics for the decathlon and pentathlon, played professional football and professional baseball for six seasons.)

One day, Albert talked Everett into taking a road trip from Los Angeles to Chicago. "He had a little Ford pickup, one seat. It took three days. I was driving. Just before we got to the city, something happened with the front wheel, and I went over an embankment, and traveled 30, 40 feet. The car was wrecked. So, we got a ride with a big truck who stopped and took us on to Chicago. The day we arrived, there were cops everywhere on the highway. Come to find out a bunch of gangsters were lined up and shot." They had arrived on the day of the now infamous St. Valentine's Day Massacre in which Al Capone had arranged to eliminate his rival, Jack "Machine Gun" McGurn. It worked.

See Adventures, Page 5

Sac County's General Plan Moving Forward

Hiatus over; revised recommendation ready for hearing before Board of Supervisors

Sacramento Region – After putting its General Plan process on hold in October 2010, Sacramento County is bringing a new set of General Plan recommendations to the Board of Supervisors for review on March 9.

"Our goal is to have a General Plan that allows us to participate in smart growth as the economy rebounds and the demand increases," said Steve Szalay, Interim County Executive. "After months of robust conversations with stakeholders, including local developers, environmentalists and the state Attorney General, we are bringing forward a very reasonable strategy for managing growth for the next twenty years."

This new recommendation will provide framework for growth management, and once approved by the Board, will be followed with specific policies and additional public hearings.

The complete General Plan is expected to be adopted in the fall.

Background:

At the time the draft plan was scoped, demand for housing, employment and retail uses were significantly higher. Because of the change in the economy, the County needed additional time to consider long-term opportunities for positive economic growth. Additionally, several opportunities for new communities in the Jackson Highway Corridor and the Grant Line East Study required further consideration on how best to move forward with these projects.

The purpose of the postponement was to allow time to work with stakeholders on issues, notably how the County should approach any growth management strategy.

Several years ago, projections indicated that nearly 260,000 new residents might move to both existing and new neighborhoods in the unincorporated area of the County. More recent projects indicate as few as 130,000 new residents might need housing by 2030. These growth projections have changed in part due to changes in the economy. Additionally, growth that is not designed to comply with State climate change policy, particularly AB 32 as enforced by the Attorney General, would include that new

areas have the right design and mix of uses to support transit and allow for some trips by walking, biking or other modes than auto travel.

Highlights of New Plan:

The new plan calls for keeping the County's Urban Policy Area at its current location, (without expanding) and allows for new growth if proposed plans for new neighborhoods meet smart-growth principles. The big change is that the County focused on whether there was an estimated "demand" for development prior to allowing developers to propose a new community or neighborhood. Under this approach, the County establishes a set of criteria that describe the quality of neighborhoods that we want to see and allow private development interests to pursue the creation of a new community or neighborhood. Furthermore, the developer must indicate how the new area will be "revenue neutral" to the County. If the private market can foresee a demand for this new area, then they take the risk of moving forward on the master plan.

Examples of some of the criteria that establish the quality of the new area include:

- The new neighborhoods are built to support various types of travel including not only by car but allow the opportunity for trips by transit, walking and biking. This opportunity to minimize vehicle trips allows the County to show how greenhouse gas emissions can be reduced to 1990 levels as required by State
- This neighborhood has a mix of land uses and residential building types including enough people in village centers to support transit.
- The new areas must be proximate to existing urban boundaries.
- New residential areas should have an appropriate balance with employment areas within a 5 mile radius so that residents can have the opportunity for shorter trips to work.
- Residents should have access to various amenities

Where can I find more information on the General Plan?

View the Planning Department website: www.msa2.saccounty.net/planning/Pages/default.aspx



Elizabeth & James McCrohan: in love and inseparable since they were both 17.

Eskaton Couple Celebrates 75th Anniversary

Carmichael - "It was love at first sight ... for Jim," explains Elizabeth McCrohan. The two were 17-year-old high school students in San Leandro at the time – the early thirties. "I didn't even notice him sitting behind me in history class," she laughs, while James McCrohan, her husband of 75 years, sits beside her smiling, waiting patiently to tell his side of the story. "She took me to a sorority, intersociety dance and from that first date on, we were in love and inseparable," he then explains. The couple dated through college in San Jose and married several

years later in 1936. This March 7, the McCrohans celebrate their diamond wedding anniversary.

The McCrohan's life story is pro-

wedding anniversary.

The McCrohan's life story is prototypic of the "Silent Generation," at least in most respects. They worked hard (Elizabeth a teacher and homemaker; James a musician and teacher), survived the Great Depression, raised a family of three daughters, "pinched pennies," and retired, leaving their Oakland hills home of 20 years for their reward house and small vineyard in St. Helena. Elizabeth enjoys sharing details of family pets, classic

automobiles, hobbies, friends, family, and their anniversary party invitation that features a circa 1930 photo of the handsome young couple. As ebullient as a teenager sharing the latest gossip, Elizabeth pauses to apologize, "I know I talk too much. My friends used to say I must have been vaccinated with a phonograph needle." James cracks a sly smile as she continues on with stories of their globetrotting travels, seven grandchildren and 13 great grandchildren.

The McCrohans now reside at Eskaton Village Carmichael, a

continuing care retirement community where they've lived independently for the past nine years. "I was tired of cooking and Jim was tired of maintenance. This is the best place in the world for us," Elizabeth notes. "We appreciate that healthcare is immediately accessible, when needed." Five other Eskaton couples also celebrate anniversaries of 50 years and more this March: Albeth and Tom Scott (70 years), Peggy and Herbert Warne (67 years), Alina and Arthur Rubenstein (64 years), Verna and Donald Benedict (57 years) and Bets and Bill Beeman (52 years.)

Carmichael Times Page 2 March 9, 2011

Budget Needs Real, Structural Reform Kaiser Permanente to Offer Eye Screenings



By Ted Gaines, State Senator

Governor Jerry Brown's recent announcements to cut the state's purchasing of freebies and usage of cell phones, while a good start, is only a crumb off of the piece of California's budgetary pie.

In February of 2009, the Legislature voted to increase your vehicle license fee, income tax and sales tax. Yet today, our budget

deficit is even bigger and continues to worsen by the day.

It's time for the serious, long-term reform our state desperately needs to provide relief to hardworking taxpayers, encourage job creation and allow California's economy

For years, I have been calling for structural reform to California's budget process.

My first bill I introduced in the Legislature, Assembly Constitutional Amendment 3, would have aligned state spending with population growth and set aside money for nongrowth years. It was quickly killed by the majority in 2007.

In 2009, I introduced Assembly Bill 1150, which called for the elimination of the State's Integrated Waste Management Board, setting a precedent for consolidating duplicative boards and commissions and cutting government waste. It was defeated in the Assembly Natural

Resources Committee on a party line vote. Fortunately, I was able to work with former Governor Arnold Schwarzenegger on a similar bill that did ultimately eliminate the waste board, but we must be able to work together as Legislators to go further.

In these tough times, these types of reforms are exactly what we as a legislative body should be doingcutting our own spending, reducing the costs to do business and putting money away for years when our revenue falls short.

Each day we don't act, we continue to push years of irresponsible spending on the backs of hardworking Californians who are already suffering.

For my part, I will continue introducing legislation that encourages job growth and structurally reforms our budget. I encourage my colleagues on both sides of the aisle to help me do the same.

Celebrate "Pi Day" on March 14

Sacramento Walking Sticks will be celebrating the ratio between the circumference of a circle to its diameter—approximately 3.14—on Pi Day, Monday, March 14th. We invite everyone to join in on our event; walking and eating pie with us afterwards.

The start/finish of our event will be Marie Callender's, 5525 Sunrise Blvd, Citrus Heights 95610. Registration for the walk will begin at 3:14 pm and run till 5:30 pm; all walkers must be off the course by 8:30 pm. There will be two routes to choose from and both are rated a 1+. The 5K will be 3.14 miles and the 10K will be 6.28 miles. The routes are in Citrus Heights and are primarily on slightly hilly and winding residential streets. Walkers will pass through the lovely San Juan Park along the way. The routes are wheelchair and stroller friendly; the family dog will love the outing.

Families are encouraged to come and walk. We walk for the fun and fitness of the event and to see new places along the way and hopefully meet some new friends as well.

Sacramento Region – The Everyone can walk for FREE or pay \$3.14 for volkswalk credit. (The normal fee for volkswalk credit is \$3.00 per walk—the extra \$.14 will also be donated to a local food closet) There is an incentive program that tracks mileage and events and will be available for purchase for \$5.00 each. Participants are encouraged to donate canned or other non-perishable food that will be donated to a local food closet. To find out more about Pi, go to http://www.piday.org

Volkssporting means "sport of the people" and has its origins in Germany. There are over 300 clubs throughout the USA and the Sacramento Walking Sticks can now boast that they are the largest club with 540+ members. The Club offers a wide array of walking adventures for people of all ages and walking abilities; including the family dog. There are group walks on Tuesday and Thursday mornings, Wednesday evening; and whenever there's a Full Moon. There are walks every weekend in northern and central California that people can join in on, too. Walking is one of the most inexpensive forms of exercise

around and when people are walking and talking, they tend to walk further and faster than when they're alone or on a treadmill. The Club provides everyone with a set of written directions and map so no one gets lost and they're guaranteed a route with sights they would probably never have found on their own.

The Sacramento Walking Sticks hold a monthly meeting on the second Thursday at 7:00 p.m. They are held at the SMUD Headquarters Building, Conference Center, 6201 S St, Sacramento 95817. You do not have to be a member to come to the meetings. If people want to walk before the meeting, they can meet at Starbucks, 1420 65th St, Sacramento 95819 (65th St & Folsom Blvd, around the corner from SMUD) at 5:00 p.m. to walk a 3-mile walk to CSUS for a tour of the campus and back again. Dinner at a nearby restaurant fits in between the walk and the meeting.

Feel free to contact President Barbara Nuss, 916.283.4650 (H) or 916.691.7618 (W), nussb@surewest. net with questions.

and Planning" at Sacramento Works BIC Citrus Heights Career Center, 7011 Sylvan Road, Suite A Citrus Heights. Learn to create goals that are meaningful and add value to your organization

diane@crossroadsdiversified.

Thursday, March 10, 2011,

For more information call (916) 676-2540

Widowed Persons **Association of** California, Inc.

Office Hours: 10:00am-3:00pm Monday through Friday 916-972-9722

Sunday Support Any and all widows or widowers are invited **Every Sunday from**

WPAC office. Enter from the back parking lot at 2628

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm-5:00pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by

for Free Cataract Surgeries

Annual service is for Sacramento-area residents who are uninsured

For the 16th consecutive year, Kaiser Permanente physicians and staff in Sacramento will offer screenings for area residents who may be eligible for free cataract surgeries that will be performed this spring.

The screenings will be on Saturday April 16 at the Kaiser Permanente Point West Medical Offices, 1650 Response Road, Sacramento.

The surgeries are part of Mission Cataract USA, an annual program in which participating doctors provide the sight-restoring procedure to hundreds of people across the nation who have no health insurance and can't afford the operation. Kaiser Permanente physicians and staff, who have volunteered for the program for the past 16 years, will perform as many as 20 free cataract surgeries on eligible individuals in early May.

Screening appointments can be made through April 8 or until the slots fill up, whichever comes first. To sign up, or to request more information, call: (916) 973-7159.

Dr. Clint McClanahan of Kaiser Permanente performs a free surgery at last year's Mission Cataract at the Rancho Cordova Eye Surgery Center. Photo Credit: Kaiser Permanente



Free ACT/SAT Practice Test Given March 26 at Carmichael Library

Carmichael - Sacramento Public Library in partnership with Kaplan Test Prep will be offering a free ACT and SAT combination test from 12 noon to 4 p.m., on Saturday, March 26 at Carmichael Library, 5605 Marconi Avenue, Carmichael. Open to all high school students, the practice test will be administered under real test conditions. Any student

considering college is encouraged to participate.

A follow-up workshop at Carmichael Library will be offered on Wednesday, March 30, at 6 p.m. Results from the March 26 practice exam will be available and Kaplan Test Prep will provide information about test taking strategies that can help students score higher on the ACT

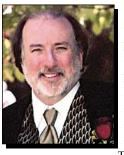
and SAT. Students and their parents are encouraged to attend, as well as those who may not have taken the practice exam, but are interested in improving their test scores.

Registration is required for both workshops. Telephone the Sacramento Public Library at 916-264-2920 or visit saclibrary.org and click on Events.

Carmichael Times

"Written by the people and for the people" Serving Carmichael and Sacramento County since 1981

Publisher-Paul V. Scholl



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Dennis Prager to Speak in Orangevale

Orangevale - Dennis Prager, one of the nation's foremost radio talk show hosts and political commentators, will be speaking on Monday, April 4 at the Temple Or Rishon in Orangevale.

Prager is best-noted for his conservative political and social views emanating from Judeo-Christian values. He has lectured on all seven continents, in 45 U.S. states, and in nine of Canada's 10 provinces. Prager covers a variety of topics, from political issues to morality and religion. A skilled linguist, Prager has lectured in Russian in Russia, and in Hebrew in Israel.

The "Dennis Prager Show" is a highly popular, nationally syndicated radio talk show that airs live on KRLA AM 870 in Los Angeles. He began broadcasting on KRLA in 1982 and his show became nationally syndicated in 1999 and can now be heard on approximately 75 stations nationwide.

The "Dennis Prager Show" airs locally on Sacramento radio station KTKZ AM 1380, from 9 a.m. until noon on Monday through Friday.

The lecture at Temple Or Rishon, located at 7755 Hazel Ave. in Orangevale, begins at 8 p.m. Prager will be exploring the topic – What



Radio Host Dennis Prager

Jews and Christians can learn from each other.

"Prager's fiery personality, and clarity on complicated issues, draws listeners of all different opinions and beliefs and always leaves them wanting more," said Cheryll Goldscheid, one of the organizers of the speaking event. "It will be a real treat to see him speak on a topic that is different, and much more specific, than the content on his KTKZ show, which has a large following in the Sacramento area."

Prager writes a syndicated column (Creators Syndicate) that is published in newspapers across the country and on the Internet. He has authored four books, including two that he co-wrote.

Toastmasters International has called Prager "one of America's five best speakers." The Los Angeles Times says Prager is "an amazingly gifted man and moralist whose mission in life has been crystallized to get people obsessed with what is right and wrong."

Tickets to attend the lecture only are \$25. Prior to his speaking engagement in Orangevale, the public can attend a dinner with Prager. The dinner is at 6 p.m. and costs \$125 per person.

To attend the dinner, receive an autographed copy of a Prager book, and reserve priority seating at the event, the cost is \$180. At the end of the lecture, there will be an opportunity to purchase Prager's books and to have them autographed.

To RSVP for the event or for more information, 916-988-4100.

To order tickets online, visit http://dennispragerlecture.event-

For more information on Dennis Prager or to listen to his talk show, visit his website at www.dennis-



By Pastor Richard Reimer

It seems everyone, even in my age group (55+), has a Facebook account! Such social media sites have posed multiple issues. Some users give out to much personal information (TMPI). This has resulted in comments from others on the network to send written reprimands voicing their disapproval with said behavior.

It has always been a management policy of mine to give praise in public but to discipline in private. I know from two or three instances that there are those who use Facebook to directly question someone's choices or behavior. Perhaps you have had this experience. You tell your Facebook

Let Us Not Give Up **Face-to-Face Relationships**

friends that you are planning to go out drinking or gambling or whatever and then receive a response that is frank and not approving of those activities, especially if you profess to be a person of faith.

The Bible does speak to this issue of personal differences. In Paul's letter to the Roman Christians he says that the law of love is above all our rights and freedoms as followers of Jesus Christ. He tells us "not to judge one another...but determine this not to be an obstacle or a stumbling block in a brother's way" Romans 14:13. He goes on to say that if your planned action or choice hurts your friends' conscience then you are no longer walking according to love. Each of us does have a responsibility to think about others before we make a questionable decision and before we post it on our Facebook page. Is this information going to violate someone's conscience and create a spiritual obstacle in their heart? If so, then, love demands that you don't publish it or you simply don't do it. This is much better than simply hitting the "unfriend" icon.

On the other hand let me speak to those who feel comfortable speaking the "truth in love" via email or Facebook. I don't think it is respectful or loving to do this. If you really care you will make a call or better yet seek that person out and have a face to face conversation with them about your concern. See, Matthew 18:15.

Let us not give up face to face relationships for social networks! Let us love one another by giving praise in public but correction in private.

Rev. Richard P. Reimer, Lead Pastor American River Community Church 3300 Walnut Avenue Carmichael, CA 95608

Sacramento Suburban Writers Club (SSWC) Announces Meeting

Sacramento Suburban Writers Club will hold its next meeting on Monday, March 14, 2011. It will be held at the Sylvan Oaks Library, 6700 Auburn Blvd., Citrus Heights, CA. The meeting is from 7 - 9pm. The general public is welcome. Refreshments are available. For more information go to www.sactowriters.com.

Sacramento Suburban Writers Club, established in 1955, is a nonprofit organization dedicated to serving writers in the Sacramento region. The club meets monthly, in Citrus Heights. New writers and experienced writers are encouraged to join.

Advantages to being a member

of the Sacramento Suburban Writers Club (SSWC) are:

SSWC holds monthly meetings featuring workshops and speaker programs. Speakers include authors, editors, agents, publishers and club members. Handouts and information are available providing how-to information, suggestions and motivational methods. The meetings are held on the second Monday of each month, at

• **Opportunities** exist for members to join critique groups targeted to specific genres (fiction, non-fiction, memoirs, etc.)

• Networking. Meet other writers

interested in the genre of choice or explore the opportunities in other genres

 SSWC produces a monthly newsletter, The Suburban Scribe. In the Scribe you will find insightful information on the subject of writing and information on area conferences and contest opportunities. Members may contribute their writing for publication consideration.

· Lending Library. Books and tapes on the subject of writing and publishing, as well as SSWC author's publications, are available to members.



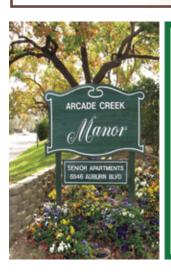
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To Present Sherlock Holmes and The Case of the Jersey Lily

AND The Phantom Cat of the Chautauqua

Chautauqua Playhouse, in association with LeGacy Productions, announces the opening of Sherlock Holmes and the Case of the Jersey Lily, by Katie Forgette, starting on March 11 at the Playhouse. The show will play on Fridays and Saturdays at 8:00pm and Sundays at 2:00 pm through April 17. Carmichael area performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$18 general and \$16 students, seniors, children and SARTA members.

After the six week run on the Chautauqua stage, the show will move to the Historic Nevada Theatre in Nevada City, with the same cast for an additional four weeks.

Beautiful actress Lillie Langtry is seeking help from the brilliant detective Sherlock Holmes in a small matter involving blackmail, some missing jewels and the royal family. Our hero gets some help from his sidekick, Watson, and the famous Oscar Wilde as the evil Professor Moriarty tries yet again to foil the day.

The show is directed by Warren Harrison, featuring a talented cast including Walter Thompson, Julie Bock, Michael Walker, Rodger Hoopman, Shawn O'Neal, Chris Whitlock, Alvis LeGate and Jimmy McCammon. Set design is by Rodger Hoopman and costumes are by Meghan Bice. Light design is by Don Myers.

Also opening in March is the Chautauqua Children's Theatre production of *The Phantom Cat of* the Chautauqua. The show opens on March 19 and plays on Saturday afternoons at noon and 2 pm through April 9. The show, written and directed by Marie Raymond, is a fantasy about a Cat who thinks he owns the theatre. Ticket price for the children's shows is \$7.00 for all seats.

For tickets and additional information call the theatre at (916) 489-7529 (PLAY). Information and tickets are also available through the Chautauqua Playhouse website: www.cplayhouse.org.

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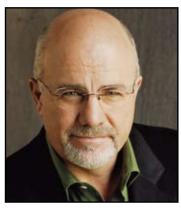
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Carmichael Times Page 4 March 9, 2011



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers -The Total Money Makeover, Financial Peace Revisited and More Than Enough. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Why Can't She Get Another Job

Dear Dave.

I listen to you often and enjoy your radio show, but why don't you ever ask women to go to work? When a family is broke, and the woman is at home raising one child who is already in the fifth grade, why can't the wife get a "second job?"

- George

Dear George,

I think far too many ladies, in the name of paying for stuff they don't need, have left the household and the Dear Dave, children for the workplace. Many of them didn't even want to do this;

Dave Says

they just felt obligated to do it by people like you. There are a lot of ladies who have sacrificed their ability to be full-time moms on the altar of the car payment.

Now, sometimes ladies have to go to work. There's a time and a place for that kind of thing. But if there's any way I can financially and budget-wise figure out how mom can be waiting at home with a big hug and a plate full of cookies when that fifth grader walks in the house – and if that's what she wants to do – then you're going to find me fighting for her opportunity to do that. There's no higher calling on the planet than motherhood. We've lost that in our culture, and we're suffering dearly

I'm no Neanderthal jerk. I don't say every mother has to be at home or they're a bad person. But these davs we've got very few people who defend full-time, in-the-home motherhood. The inference you're making is that she's not helping, or worse, lazy. Why don't you go take over her job for a week? I think you'll find out in a hurry there's not a lazy bone in her body!

It doesn't bother me anymore."

"I have friends who use tanning

beds or lie out in the sun.

I tell them about Jaime.

Jaime was in her early 20s

before she turned 30.

iust like Jaime did."

www.aad.org/PSA

when she was diagnosed with melanoma, and she died right

People think tanning is safe.

But I know it's not. You could die -

-Amanda Asplin

Smaller Down Payment?

I'm 24-years old, and just got married two months ago. We make

"I'm not afraid to be the pale girl in the bathing suit.

\$80,000 a year, have our emergency fund and no debt, plus we've saved up for a 15 percent down payment on a house. I know you suggest 20 percent, but is 15 percent okay?

- Tony

Dear Tony,

I don't have a lot of issues with 15 percent instead of 20 percent. You'll probably end up having to pay private mortgage insurance, but it sounds like you guys are in good enough shape financially to handle things.

However, I generally recommend that couples wait until they've been married at least a year before buying a home. Buying a house is huge decision. That's why I think it's smart to wait and get to know each other even better before making a decision of this magnitude. Plus, you need to figure out just how close you want to live to your mother-in-law!

Seriously, take your time and don't rush things. There will still be great deals on the market in a year or so, and you'll be able to save more money, too!

- Dave

* Dave may be coming to your town this spring. For more information, please go to http://www. daveramsey.com/category/events/.

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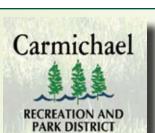


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of Carmichael

Carmichael Recreation and Park District is announcing these upcoming events

Day of Peace Event

Saturday, May 14 from 10-5pm, all ages welcome Carmichael Park, 5750 Grant Avenue in Carmichael Sponsored by Carmichael Recreation & Park District and Saha Wellness Center

Make every day a day of peace with a Health Body, Ouiet Mind and Peaceful Heart – learn more about the benefits of inspired medicine while enjoying the

Yoga Classes on the Hour/Labyrinth/Vendors/ Speakers/Food/Music/Art/Soles4Souls Fundraiser Want to be a vendor or sponsor? Call Saha Wellness at 916-484-7175. For information visit them online at www.inspiredmedicine.info.

JFK & PT 109 – A Historical Eyewitness Account

Presented by Ted Robinson, LCDR USNR Retired Saturday, May 14 from 1-3pm Carmichael Park Vets Hall, 5750 Grant Avenue FREE for Everyone

Join us for an insightful and riveting recollection of how retired LCDR Ted Robinson rescued John F. Kennedy from a near fatal PT-109 incident during WWII. The author of Water In My Veins recounts a story of gunfire, struggle and triumph that will keep listeners on the edge of their seat.

Call 485-5322 for more information or visit us online at www.carmichaelpark.com

Gold Recycling Educational Workshop

Presented by Karin Doll-Nicholls Tuesday, May 17 from 10-11:30am La Sierra Community Center, Room 800 \$12 pre-registered/\$15 at class Appropriate for ages 18+

Thinking about selling your broken or unwanted jewelry or coins? Before you head to a "Cash for Gold" scam artist, learn the assay techniques for determining the value. You can't afford to get cheated - so get educated! NOTE: Do not bring items for recycling - no cash exchange will be done. For more information call 483-7826 or visit us online at www.carmichaelpark.com

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Carmichael Times Page 5 March 9, 2011



A Film Review by Tim Riley

UNKNOWN (Rated PG-13)

comparisons between "Unknown" and "Taken" are inevitable, if only because Liam Neeson is the central figure at the core of the action thrillers taking place in major European cities. For action junkies, "Taken" is the gold standard for its combination of the secret agent's valiant heroics and revenge-fueled fury unleashed in nonstop, unbridled and thoroughly brutal action. For its part, "Unknown" is slightly more cerebral, with a heavy dose of the Alfred Hitchcock touch mixed in with intense thrills and exhilarating action. In any case, Liam Neeson delivers the goods for intense mind-bending thrills as a man trapped by the loss of his identity.

"Unknown" starts off with the arrival of an American couple, Dr. Martin Harris (Neeson) and his wife Liz (January Jones, the ice blonde in "Mad Men") in Berlin for a biotechnology conference. No sooner does the couple arrive at the swank Hotel Adlon when Martin realizes he left his briefcase, including his passport and valuable papers at the airport. Leaving his wife at the hotel, Martin grabs a taxi for the airport. Unfortunately, he never arrives at his destination; instead an accident causes his taxi to

Riley **Reviews**

MIND-BENDING THRILLS DELVE DEEP INTO THE "UNKNOWN" THRILLER

veer off a bridge into a river.

Days later, Martin wakes up in a hospital where the staff has no idea who he is. Suffering a bit of memory loss, Martin is fuzzy on some matters, but he realizes that he must get back to the hotel to find Liz since no missing person report has been filed. Against his doctor's wishes, Martin departs for his hotel, only to discover that Liz doesn't recognize him, and to make matters worse, another man (Aidan Quinn) has taken his identity as Dr. Martin Harris. Things will get even worse when Martin finds out that some thugs are trying to kill him.

Martin's only hope for survival and ability to reclaim his life rests with the taxi driver who saved him from a watery grave. It turns out that the cabbie is a pretty illegal immigrant from Bosnia named Gina (Diane Kruger) who has gone underground and would prefer to remain unfound. Nevertheless, Martin tracks her down at a Turkish coffee house and persuades her to help him retrace his tracks. Martin also gets a tip from a friendly hospital nurse who suggests that he enlist the help of Ernst Jurgen (Bruno Ganz), a crafty former Stasi agent who romanticizes the glory days of the Cold War.

The film's central conceit is to pivot on the question of whether Martin is going crazy or suffering from severe paranoia. Maybe it's both, or maybe the world has gone nuts and he is trapped in a parallel universe. On one of the many street scenes in Berlin, you almost expect Alfred Hitchcock

to stroll by in a trademark cameo appearance. What would be crazy, if not downright criminal, is if I were to reveal to you what is the true motivation for the thugs chasing after Martin. Not surprisingly, there are plenty of red herrings tossed into the mix. And for good measure, we are often left in doubt about whether someone is a friend or foe.

With the often bleak atmosphere of a snowy Berlin serving as a chilling backdrop, "Unknown" serves up a steady stream of suspense and genuine menace. Spanish director Jaume Collet-Serra, who directed "Orphan" but is better known in the industry for music videos and TV commercials, brings the appropriate European sensibility to this intense thriller. The one false note is that Neeson's character carries a passport stating he was born in 1946. If it listed his true birth year of 1952, then he would have been old enough to be January Jones' father.

DVD RELEASE UPDATE I am not sure that I am ready to plunk down serious money to buy DVD sets for the complete fourth season of "Ice Road Truckers" or the second season of "Border Wars," but you have those options. Instead, I would go with classic television as the better bet. "Have Gun Will Travel: Season Five, Volume 2" certainly fits the category of vintage Western adventure. Richard Boone's Paladin was the man in black, six-gun on his hip, willing to face any kind of trouble for a price. The debonair type, Paladin spoke countless languages, was the master of the fighting arts and one of the fastest guns in the West. He appreciated fine food, beautiful women, and the refined lifestyle of San Francisco's Carlton Hotel. But, at a moment's notice, this legendary gunslinger would hit the trail, daring to get the job done. You too can relive the golden age of television with the "Have Gun Will Travel" DVD.

Adventures of Everett Mills

Continued from Page 1

They wound up in New Jersey, where Everett became a lifeguard. "I was a wonderful swimmer. My brother, he left, and headed back to California. I followed him a week later; hitchhiked back. I didn't ride the boxcars. That scared me. I wound up in Los Angeles after riding in several cars. It took maybe five days."

Al Capone was eventually convicted of tax evasion. The last year of his time served was spent at a new prison, Terminal Island at San Pedro. Everett helped build the prison's chimney.

Everett got a job in a small shop where he was cooking doughnuts. The shop was next to a parking lot and a long telephone wire ran across the lot into the shop. One day, a rat ran down the wire, into the shop and dropped into a pot of hot oil – 170 degrees. It swam across the oil, crawled out, plopped on to the floor

On the other side of the lot was The May Company. Mabel, one of the store's sales clerks, peaked his interest. "A friend of mine said, 'Everett, don't go with her. I'll introduce you to a beautiful girl." Everett wasn't interested. He and Mabel married in 1935, moved to Seattle and had four children - Darrell, Marilyn, Carole and Kathy.

During World War II, Everett tried to sign up for the Army, but was rejected due to severe varicose veins in his legs. However, while working in the woodshop of the experiment area at Boeing, he created the first wood sample propeller for the B39.

With a child due to be born, he conceived a plan with his co-employees so he could get to Mabel as soon as possible. "Everyone in the woodshop yelled, 'Everett, it's time!' I ran about 30 feet and jumped out the open window. There was a truck waiting for me. I must've broken 20 laws driving there. I went through some traffic

Due to the war, many positions at the Boeing plant were filled by women. "I had all women at chop saws. They were wonderful. They had a saw with a pedal and a drill. There were about 12 women." Most of them lost their jobs when the war ended, given to men. "That wasn't

Everett built a three-story Tudor home for his family from sandstone he hauled from the Seattle hills. Pike's Market was built from that tries where durable shakes/shingles same sandstone. He bought an old



Everett & Mabel at a friend's wedding.

weapons carrier (Jeepster) for \$175, fixed it up, and hauled the sandstone 60 miles to the house. "One time, the carrier was loaded, I had gone about ten feet and the ground gave way." It weighed 155 pounds per square foot. He had to score and break them into pieces. Raising the sandstone to the second and third stories required a little creativity in leverage. "I would put rope around the sandstone, my son would jump off of the roof and the stone would go up."

Now that he had the art of building down pat, he went on to build 16 other houses, which he turned around and sold.

When rice straw farmers in the area were no longer allowed to burn off excess, so paper waste was going into rivers, in his home workshop Everett developed, without any chemistry experience, a pulping process which converted rice straw into paper and durable shakes/shingles. He formed a company, Nitracel Corporation, and took in a partner. His daughter Marilyn located a building in Sacramento where he could build a plant. Now, he needed an investor. He, a San Francisco attorney and the rice grower's manager accompanied him to meet with the mayor of Passaic, New Jersey. "It was the saddest day. He was pretty wealthy. We asked him, 'What do you want for building the plant?' He said, '\$5 a ton.' The rice grower's general manager got up and walked out. If he had said \$1 a ton, it would have been okay. I lost that beautiful opportunity."

He then traveled to other counwould be a welcome material, such as Singapore, Mexico and France. In the Philippines, he met with President Marcos, who put him up in his castle, with guards outside the door.

Back home, Everett had carved a staff for the Bishop of Seattle, who made a point of using it for each spe-

cial event in which he participated. Everett bought a square grand piano from the University of Seattle. "It had burn marks all over the top and carved legs. There was a chunk missing, so I carved a piece out of Rosewood and set it right in. Mabel scraped and polished it. A German man put all new keys in it, and tuned it to concert pitch. When we had to move, we couldn't take the piano, because there was no room where we were moving. I knew a friend who said he would take care of it. I said, 'You can have the piano for a year, if you take real good care of it.' When I wanted to get it back, I forgot his address. I looked in places that sell pianos, hoping he had sold it, but never saw it again. That was a very sad time for me."

On September 11, 2001, as the world watched the tragic events unfolding, Mabel passed away after 67 years of marriage. About a year later, he moved to Carmichael, where he now lives in a cozy studio behind his daughter Marilyn's home, which she and her husband Len built specifically for him. Everett constantly beats Len at cribbage.

So far, his progeny has produced eleven grandchildren, twenty-two great-grandchildren and one greatgreat-grandchild. "No one ever had a family like mine."

He has built dozens of pieces of fine furniture (some out of zebra wood), including cradles for his grandchildren, poster beds and hall trees. He has also built over 200 birdhouses for his children, grandchildren and neighbors.

That wasn't enough to keep him busy, so he has written 30 short stories, created greeting cards with pressed flowers, and hundreds of beaded bracelets for friends and family. The waitresses at Applebee's and Lido's Bar and Grill have all enjoyed his gifts of bracelets.

At ages 98 and 99, he played Santa. At 100, he passed out flowers on Valentine's Day. Every two weeks, he takes flowers to "the girls" at St. Mel's Church.

"I have learned that if you want to survive, if you want to live a good life, love everybody. If you love everybody, they will reciprocate. It's a wonderful thing."

Assistance League is Looking for New Members

Event Planned on April 3 at Carmichael Park Clubhouse, Carmichael

Sacramento Region - "Come join an incredible group of volunteers, who are dedicated to making a difference in our community, and share your time, talent and treasure with our membership of over 230 volunteers," said Liz Stenstrom, President of Assistance League® of Sacramento. A new member open enrollment and informational meeting will be member activities and philanthropic held on Sunday, April 3, 2011, at the ventures occur during the daytime Carmichael Park Clubhouse Come meet Melva Richards, Vice President-Membership, and other members of Assistance League of Sacramento, to learn about our all-volunteer nonprofit organization, which is

one of 120 chapters of Assistance League nationally.

If you like history, thrift shops, school-based activities have acting skills, want to help children and adults, and enjoy giving back to our community, then join Assistance League of Sacramento. Our slogan is, "Caring & Commitment in Action." Most of our hours; however, for those who have daytime commitments, we also have an evening group. For membership, applications access www.Sacramento. AssistanceLeague.org, alsacmail@ gmail.com, or call (916) 488-0828.

The benefit to prospective members attending this annual informational meeting prior to joining is that they learn about the commitments members make to the organization, and become familiar with the philanthropic program and fundraising activities of the chapter. Assistance League of Sacramento sponsors nine philanthropic programs providing services to the citizens of both Sacramento and Yolo Counties. The nine programs are Bears, Clothes for Careers, Docents & History in a Trunk, Eyes Right, Kids on the BlockTM, Operation School Bell®, Scholarship Program, Senior Friendship, and Waste Not.

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a giant Community Garage Sale on Saturday, April 16, 2011 from 8:00-12:00 – rain or shine! The profits from the sale will go directly to the Choices Student Scholarship Fund.

Anyone interested in renting and manning their own booth (7' tables)

Choices Charter School is having for the garage sale can do so for a fee edu (PUT: "Garage Sale" in the subject of \$25. All profit from the sale of these items will go directly to the person who rented the table.

We are located at 4425 Laurelwood Way, Sacramento, CA 95864. If you are interested in renting a booth for this event, please email mrakela@sanjuan.

line of your email or you may not receive a response). You can also call

(916) 979-8392 and leave a message. We have space for 25 booths. The tables will be rented on a firstcome, first-served basis once we have received payment.



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The Post Exchange established in 1895, AAFES, now known as Exchange (PX) uses roughly 2/3 of its profits annually (\$269 million in 2009) in supporting morale, welfare and recreation in strengthening the troops' quality of life.

Emmie and Ellie's new www. MilitaryCoffee.org opens today, as an exclusive website with AAFES to extend coffee, gift baskets and supplies with the EXCHANGE benefits to military families worldwide, regardless of where they are

This new online store will to ship to APO's worldwide and military bases throughout the United States. The Military Star Card as well as other credit cards will be accepted.

As is customary with all of Coffee.org's customer service readiness to serve, they answer the

phone in one minute or your order is free. Orders are usually shipped the same day. Authorized Military families will receive special pricing and discounts through AAFES and MilitaryCoffee.org.

Bill McClure, CEO, notes "We are so honored and touched by the men and women that put their lives on the line for our country", it is our pleasure to provide a service where they may feel a little closer to home and know we support our troops.

This is Emmie and Ellie's way to say Thank You and COME HOME

For more information about this new website, please visit www.militarycoffee.org.

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Carmichael, CA 95608 is doing

business under the Fictitious

Business Name "Armed Carrier

Services" at 5978 Camray Circle,

Carmichael, CA 95608, Filed

with the Clerk of Sacramento

on Feb. 22,

10301

Publish: March 2, 9, 16, 23, 2011.

SUPERIOR COURT OF

CALIFORNIA

COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE

CHANGE OF NAME

#34-2011-00097632

De Luca has filed a petition with

this court for a decree changing

name of Crystal Chablis De Luca to

Casey Lynn Cole. IT IS ORDERED

that all persons interested in the

above entitled matter appear before

this court at 1:30 a.m. on April 8.

2011 in Dept. 16, located at 720

9th St., Sacramento, CA 95814

and show cause, if any, why the

petition for change of name should

not be granted. IT IS FURTHER

ORDERED that a copy of this Order

to Show Cause be published in the

Carmichael Times, a Newspaper

of General Circulation, printed in

Sacramento County, California, once

a week for four consecutive weeks

prior to the date set for hearing on

the petition. Dated: Feb. 22, 2011.

Publish: March 2, 9, 16, 23, 2011.

10301

FICTITIOUS BUSINESS NAME

STATEMENT #1101189. Capital

Equity Solutions, 2795 East

Bidwell St. #100-106, Folsom, CA

95630 is doing business under the

Equity Group" at 718 Sutter St.

#100. Folsom, CA 95630, Filed

with the Clerk of Sacramento County on Feb. 7, 2011.

Publish: March 9, 16, 23, 30, 2011.

10302

CAPEQU

Judge of the Superior Court

Kevin R Culhane

WHEREAS, Crystal Chablis

Clement, 5978 Camray Circle,

FFI#

03/09.

Office.

purpose.

ARMEDC

03/02.

DATED: 03/02/2011

1006.128474

03/16/2011

3-16-11

3-23-11

Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984

Legal Advertising P.O. Box 14 Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENT #1100542. Principals, Inc., 1 Accounting Independent dr., #800, Jacksonville. FL 32202 is doing business under the Fictitious Business Name "Ajilon" at 2389 Gateway Oaks, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on Jan. 19. 2011. Publish: Feb. 16, 23, March 2, 9, 10203 3-9-11

FICTITIOUS BUSINESS NAME STATEMENT #1101348. Peggy Robles and Gilberto A> Robles, both of 6810 Sutter Ave., Carmichael, CA 95608 are doing business under the Fictitious Business Name "Beehive Quilts" at 6810 Sutter Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Feb. 14, 2011. Publish: Feb. 16, 23, March 2, 9, **BEEHIV** 10203

SUPERIOR COURT OF COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2011-00095494 WHEREAS. Kameron Faith Hidrogo has filed a petition with this court for a decree changing name of Kameron Faith Hidrogo to Jo-Ann Gail Faith Hidrogo, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on March 25 2011 in Dept. 16, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 10, 2011. Kevin R. Culhane

Judge of the Superior Court Publish: Feb. 16, 23, March 2, 9, HIDROG 10203 3-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CHANGE OF NAME #34-2011-00095536 WHEREAS, Kameron Faith

Hidrogo has filed a petition with this court for a decree changing name of Jonathan Christopher Hall to James Laverrier Hall. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on March 25. 2011 in Dept. 16., located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 10, 2011. Kevin R. Culhane

Judge of the Superior Court Publish: Feb. 16, 23, March 2, 9, HIDROG 3-9-11 10203

FICTITIOUS BUSINESS NAME STATEMENT #1101366. Michael Tucker, 5416 Marmith Ave., Sacramento, CA 95841 is doing business under the Fictitious Business Name "Taurus Welding" at 6719 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Feb. 14, 2011. Publish: Feb. 23, March 2, 9, 16,

TAURUS 10204 3-16-11 FICTITIOUS BUSINESS NAME STATEMENT #1101348. Peggy Robles and Gilberto A. Robles, both of 6810 Sutter Ave., Carmichael, CA 95608 are doing business under the Fictitious Business Name "Beehive Quilts" at 6810 Sutter Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Feb. 14, 2011. Publish: Feb. 23, March 2, 9, 16, **BEEHIV** 10204 3-16-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00097319

WHEREAS, Joseph Kinyone has filed a petition with this court for a decree changing name of Gabriel Angel Hensley to Gabriel Angel Kinyone. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 1, 2011 in Dept. 16., located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 16, 2011. Kevin R. Culhane

Judge of the Superior Court Publish: Feb. 23, March 2, 9, 16, KINYON 10204 3-16-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00096848

WHEREAS, Lori Burgess-Watkins has filed a petition with this court for a decree changing name of Nathan Paul Landberg to Nathan Paul Watkins, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on March 25, 2011 in Dept. 16. located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in SacramentoCounty, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 9, 2011. Kevin R. Culhane Judge of the Superior Court Publish: Feb. 23, March 2, 9, 16,

10204 NOTICE OF PETITION TO ADMINISTER **ESTATE OF**

JANE S. NELSON aka

JANE SARAH NELSON

ESTATE NO. 34-2011-00095539 To all heirs, beneficiaries creditors, and contingent creditors and persons who may be otherwise interested in the will or estate, or both of JANE S. NELSON JANE SARAH NELSON: petition has been filed by RICHARD BERT NELSON in the Superior Court of California, County of Sacramento, requesting RD BERT be appointed as personal representative to administer

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination the file kept by the court.

the

decedent.

estate

The petition requests authority to administer the estate under Independent Administration of Estates Act. This will avoid the

need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court not grant the authority.

The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826 on March 25, 2011 at 9 a.m. IF YOU OBJECT to the

granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above.
YOU MAY EXAMINE the

file kept by the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of California Probate Code.

The name and address of petitioner or petitioner's attorney is: Richard Bert Nelson, 107 General Smith Place, Hendersonville 37075; 615-824-6243 Publish: March 2, 9, 16, 2011. NELSON 10301

NOTICE OF TRUSTEE'S SALE TS No. 10-0153996 Title Order No. 10-8-551281 APN No. 260-0321-004-0000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/27/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER." Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by PAVEL KOROBOV, KOROBOVA, IRINA HUSBAND AND WIFE AS JOINT TENANTS, dated 05/27/2005 and recorded 06/03/05, as Instrument No., in Book 20050603, Page 1838), of Official Records in the office of the County Recorder of Sacramento County, State of California, will sell on 03/30/2011 at 11:00AM, At the Main entrance to the County Courthouse, 720 9th Street, Sacramento, Sacramento County, CA at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust. in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 3723 CALIFORNIA AVENUE CARMICHAEL CA The under Trustee disclaims any liability for any incorrectness of the street address and other common designation. shown herein. The total

the total indebtedness due. SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO addition to cash, the Trustee will accept cashier's checks drawn on ORDER TO SHOW CAUSE a state or national bank, a check drawn by a state or federal credit CHANGE OF NAME union, or a check drawn by a #34-2011-00098208 WHEREAS. state or federal savings and loan Karvn association, savings association, or

Garnica has filed a petition with this court for a decree changing name of Karyn Noel Garnica to Karvn Noel, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 15, 2011 in Dept. 16, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 28, 2011 Kevin R. Culhane

Judge of the Superior Court Publish: March 9, 16, 23, 30, 2011. 10302

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-0009

WHEREAS, Dennis Caswell has filed a petition with this court for a decree changing name of Dennis Lee Caswell to Dennis Lee Patterson, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on April 8, 2011, located at 720 9th St., Sacramento CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 22, 2011. Kevin R. Culhane

Judge of the Superior Court Publish: March 9, 16, 23, 30, 2011





Crossword Puzzle on Page 9



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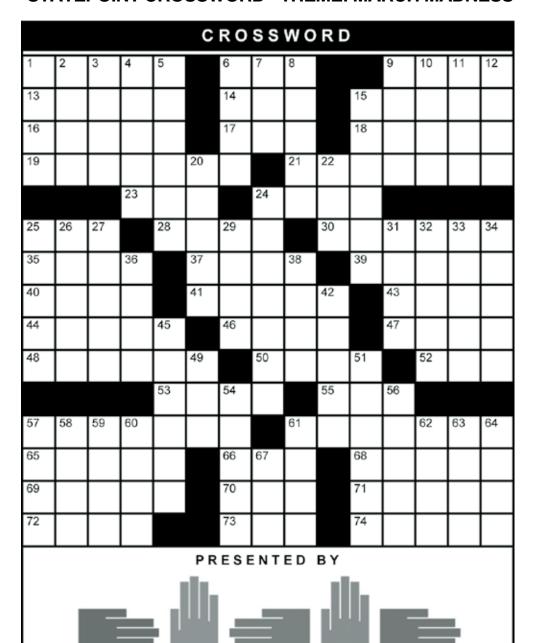
916) 267-7649

(916) 483-6051 Laws Studio, Crestview Center Manzanita at Winding Way

A VETERAN PAVING

Carmichael Times Page 9 March 9, 2011

STATEPOINT CROSSWORD • THEME: MARCH MADNESS



CLUES

VolunteerMatch.org

Where volunteering begins.

- **ACROSS** 1. It's called fire-raising in
- Britain
- 6. Marching insect 9. Door sign 13. John
- 14. Children's card game 15. 1970s disco band
- 16. Opposite of afar
- 17. Hula dancer's necklace
- 18. Stomach sore
- 19. *March
- 21. Portable rocket launcher
- 23. Short for Gilbert 24. German luxury car
- 25. Last month
- 30. Deceive
- 37. Dali's Gala or Dante's
- Beatrice, e.g.
- 39. Make happy 40. Of sound mind
- 41. Type of lizard 43. Brazilian indigenous
- people
- 28. Surfer's "man" 35. Voyeur's glance

 - implied

Community for a fun evening

to raise money for our Budget-

Cut Replacement Fund. This

fund includes everything from

scholarships, technology to arts

and so much more. This auctions

MAKES Mission Magic happen!!

Please come and spend some money

and make magic!

- 44. Sound of "s," pl. 46. Jumpy or uptight 47. AKA One-armed bandit & Louise"
- 50. Greek god of love 52. "He ___ and drank the precious Words..."
- 53. Franz Schubert's cre-
- ation, e.g. 55. "___ of the morning!" 57. *Tourney grid
- 61. *This year's final
- destination 65. Suggestive of the
- supernatural
- 66. Used for testing the water
- 68. "The Mary Tyler Moore Show" spin-off 69. Smartly dressed
- 70. Between NE and E 71. Chocolate substitute
- 72. Other than what's

the Mission Avenue When: Saturday, April 2,

from 6-11 p.m.

DJ Hosted dancing.

- 73. *St. John's "___ Storm" 74. Pitchers

- 1. Sandler or Arkin
- 2. Actress Sofer
- 3. *A lower one is a better one 4. Bornean ape
- 5. Sea nymph 6. Hole-punching tools
- 7. National Academy of
- Engineering
- 8. Cherokee or Hopi, e.g. 9. Prince William's sport
- 10. Beyond what is natural 11. It's often used in potato
- 12. Vega's constellation beater
- 20. Slumdog Millionaire's
- surroundings
- 22. A conjunction 24. As well
- 25. *When a low seed beats a high seed
- 26. Dog restraint 27. Past, present or future,
- 29. *Last year's winner

- 32. Throat lobe 33. Train stop
- 34. *Like the final eight
 - 36. Slip on banana one?
 - 38. Engineer, abbr. 42. Former capital of Japan
 - 45. William '
 - Robinson, Jr. 49. King Kong, e.g.
 - 51. Reporter's helper
 - 54. Articulate 56. Exclamation of contempt
 - 57. "Well" to Burlesconi
 - 58. Like time with Bill Maher
 - 59. The "A" in A&E Network 60. Give a traffic ticket
 - 61. Pay close attention 62. Ruptured

Buy auction tickets before March

15th to be entered in raffle for

Tahoe Vacation House (Labor Day

Where: Sacramento Association of

Purchase Tickets at Mission

2925 Mission Avenue Carmichael,

Please make check payable to

Realtors, 2003 Howe Ave, 95825

Avenue Open Elementary Office:

CA 95608-3599 - 916.575.2362

Mission Avenue PTA.

Weekend!)

- 63. Scent
- 64. Picks up, as in suspect 67. *The top seed
- Make a Deal

For Solution See Page 8

Mission Avenue Open Elementary School Auction

What: No-host cocktail hour with appetizers. Dinner catered by Don

Quixote. Silent & live auctions.

\$10 Raffle Tickets only (need not

be present to win! Must purchase

Tickets: \$25 (March 1-15),

\$30 (March 16-april 1)

before March 15th)

HAMBER OF COMMERCI

Carmichael Chamber of Commerce

Free Advertising for Members

You're missing out on an opportunity for FREE advertising if you don't bring in a stack of your business cards to the Chamber office. Walk-ins regularly stop buy and pick up business cards for our Chamber members. Don't miss this opportunity to get your business name in the hands of potential customers. Call Linda at 916-481-1002 to drop them by the office.

St. Patrick's March Mixer

Come out for a bit o' blarney at the Chamber's next mixer on Wednesday, March 9. Hosted by the Rotary Club of Carmichael, this FREE event will be held at the Palm Street Pub & Grill, 6416 Fair Oaks Blvd in Carmichael (near Marconi Ave) from 5:30 - 7:30 pm. This is a wonderful opportunity to enjoy great food and drink and network with other business people. Be sure to bring plenty of business cards and

It's a Zoo Out There!

Animal House Annual Juried Fine Art Exhibition will be held February 22 - March 12 at the Sacramento Fine Arts Center, 5330B Gibbons Dr in Carmichael. Gallery hours are Tuesday - 11 am to 7 pm, and Wednesday through Saturday, 11 am to 3 pm. The exhibition is co-sponsored by Sacramento Fine Arts Center, Carmichael Recreation and Park District, Sacramento SPCA, and Sacramento Audubon Society. Sac Fine Arts and the SPCA will host an Animal Rescue and Artists Award Reception on March 5 from 6 to 8 pm. There will be painting demonstrations by artists and live music. For information, call 916-971-3713.

Applications for 'Taste' Being Accepted

It's time to start planning for the 2011 "Taste" of Carmichael. Applications for vendors and sponsors are now available. Contact Virginia Stone at 916-

944-0878 or virginiastone@sbcglobal.net before March 1 so that paperwork can be completed by April 1. The event will be held Saturday, May 14. Tickets are \$35 per person.

Summer Concert Series Coming

Carmichael Recreation and Park District is seeking local sponsorship for its Summer Concert in the Park Series. Now is the time to secure your business name on the event flyer or banner, or you may even want to have a booth. More than 5000 people attended last year so it's a great opportunity to get the word out about your business. For more information, contact Elizabeth Crisante at 916-483-7826.

Crime & Homelessness in Carmichael

As a service to the community, the Carmichael Chamber of Commerce is hosting a FREE Community Forum, open to the public, to discuss the issues of crime and homelessness in Carmichael. The event is Thursday, April 28 from 7 - 9 pm at La Sierra Community Center, 5325 Engle Road. A panel of guests will be discussing these issues and the public will be able to ask questions. Panel members include Sacramento County Supervisor Susan Peters, Sheriff Scott Jones, Karen Maxwell of the District Attorney's Office, Jack Harrison of Carmichael Recreation and Park District, and more. For further information, contact the Chamber at 916-481-1002.

Contact us for more information on the Carmichael Chamber of Commerce Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com

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www.CarmichaelTimes.com

Dr Bob Graykowski

Chiropractic USA"

As more and more cities continue banning trans fats, researchers warn that the fats being used as replacements may be as destructive to health - or possibly more so. In our office, we focus on promoting wellness in all aspects of patients' lives. We Advocate that patients avoid consuming any trans fat. It's also vital to avoid the unhealthy replacements to trans fats, known as interesterified fats.

Out With Trans Fats

Trans fats are created through a process known as partial hydrogenation, which involves adding hydrogen to the molecule of an unsaturated compound. The Hydrogen of vegetable oils makes them solid at room temperature and improves their stability: a major "plus" for food manufacturers.

Trans fat is linked with a plethora of health concerns, including cardiovascular disease. Specifically,

Think All "Trans-Fat Free" Foods Are Healthier? Think Again.

trans fat raises LDL ("bad") cholesterol, while lowering HDL ("good") cholesterol. In addition, research indicates that consuming trans fats ups the risk of diabetes, infertility, immune dysfunction, breast cancer and prostate cancer.

Many restaurant chains and food manufacturers have voluntarily eliminated the use of trans fats in response to demand from consumers and health-care organizations.

What's Replacing Trans Fat?

Ultimately, the best alternatives are monounsaturated lipids, such as olive oil and canola oil. Other companies are replacing trans fats with unsaturated fats or saturated fats that have been left in their natural state and not hydrogenated. Unsaturated fats include most vegetable and seedbased oils. Saturated fats include animal fats, such as butter and cream. Particularly, saturated fats have been linked with a bolstered risk of cardiovascular disease and other disorders. Unfortunately, researchers estimate that the No 1 fat replacing trans fat is another manufactured type of fat known as interesterified

What's Wrong With interesterified Fat?

Medical studies show that interesterified fat raises blood glucose and depresses insulin in humans - common precursors to diabetes. Furthermore, like trans fat, interesterified fats still adversely depress beneficial HDL cholesterol.

found

A new study

interesterified fat had a similar. though weaker, impact on cholesterol. However, it also appeared to alter glucose metabolism much more profoundly than do trans fats. "As such, it is somewhat alarming that both modified fats failed to pass the sniff test for metabolic performance relative to palm [oil] itself."

How Do I Determine if a Food Includes Trans Fat or Interesterified Fat?

In ingredient lists, look for the terms "partially hydrogenated," "hydrogenated" or fully hydrogenated" preceding the name of any type of oil. "Partially hydrogenated" designates a fat. "Hydrogenated" trans "fully hydrogenated" refers to an interesterified fat. Foods most likely containing these fats include baked goods, margarines, fried foods and prepackaged snack items.

Contact restaurants vou frequent to inquire if they use any partially hydrogenated or fully hydrogenated oils. Many major chain restaurants also offer nutritional information on-

At Chiropractic USA we strive to educate our practice members on the best ways to create a wellness lifestyle. Call us today at (916) 973-1661 to sign up for our weekly health and vitality workshop.

Creating a healthy community Dr Bob Graykowski Chiropractic-usa.com (916) 973-1661

"A Music Gallery" Plays March 20

Carmichael – Bring the entire family to this extraordinary concert entitled "Designs, Images and Textures," the last concert in our "A Music Gallery" season, Sunday, March 20, 3 p.m. at the La Sierra Community Center in Carmichael. The Sacramento Symphonic Winds is a 60-piece wind orchestra conducted by Dr. Les Lehr. This concert will include Mosaico de Mexico by

George Gates, Enigma Variations by Edward Elgar, Dali by Aldo Rafael Forte, and will feature saxophone soloist Chad Deacon, oboe soloist Martin Monson, flute soloist Brandon Rotondo, a photo presentation by Noel Neuburger, and more!

For more information and a map, visit our web site at www.sacwinds. org <http://www.sacwinds.org>.

Tickets at the door Under 8 - free Students/Seniors (65+) \$5 **General Admission \$10** Free parking; wheelchair accessible

SACRAMENTO SYMPHONIC WINDS

Save the date! La Sierra Series

"A Music Gallery" Sunday, March 20, 2011 at 3pm

All performances are at La Sierra Community Center 5325 Engle Road, Carmichael

916-489-2576 • www.sacwinds.org



SACRAMENTO FINE ARTS CENTER, INC.

Contributing to the cultural life of the Sacramento community

Animal House Annual Juried Fine Art Exhibition February 22 - March 12, 2011

Exhibition of Animal Themed Artworks. It's a ZOO out there! Co-Sponsored by Sacramento Fine Arts Center, Carmichael Recreation and Park District, Sacramento SPCA and Sacramento Audubon Society.

Dance and Draw

Dance Program Starring Sunny's Dancers from American River College Dance Department. Special Second Saturday event, March 12, 2011, 5:30 to 8:30 PM. Dance, Draw, Paint, Photograph and Sculpt. Artist's are invited to use the dancers as models to visually interpret the dance programs. The dancers will be willing to break out and do longer poses. Enhanced by the "Animal House Exhibit", and a display by the SFAC Photography Club in the Foyer, this will be another great cultural evening at Sacramento Fine Arts Center.

Mira Loma High School Student Show March 15 - April 2, 2011

Meet Gayle Rappaport-Weiland and enjoy her demonstration on March 14, 2011 at our 1:30 meeting.

Gayle brings originality, passion and heart to her art career. She creates signature impressionistic works, using watercolor acrylic, and mixed media.

Her qualifications and expertise, as an artist, talented teacher, curator and consultant are widely recognized and respected. For more information on Gayle go to www.grappaport.com. Image ©Gail Rappaport-Weiland. Our meetings are free to the public.

5330–B Gibbons Dr., Carmichael, CA • Ph. 916-971-3713 Hours: Tuesday 11 am-7 pm, Wednesday through Saturday 11 am-3 pm.

2011 Vitality Workshops

Tuesday Evenings at 6:00 (Unless otherwise indicated)

03/15 Health and Vitality Workshop 03/21-28 8th Day Program 04/04 Mon Joy of Life - Perfect Health Introductory 04/05 Health and Vitality Workshop

Please call for a reservation. Support is encouraged... Bring a friend or family member!

Workshop is at 6:00 – 7:00pm. Advanced Workshops are 6:00 - 7:30. Reservations can be phoned at 916-973-1661 or faxed to 916-973-8273

Chiropractic USA"

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Gift of Life **Wellness Check-up**

Consultation, Complete Spinal Examination and X-rays (if needed) This \$250 value is yours for only \$40 if you mention this ad Each additional family member only \$20

Offer Expires Friday

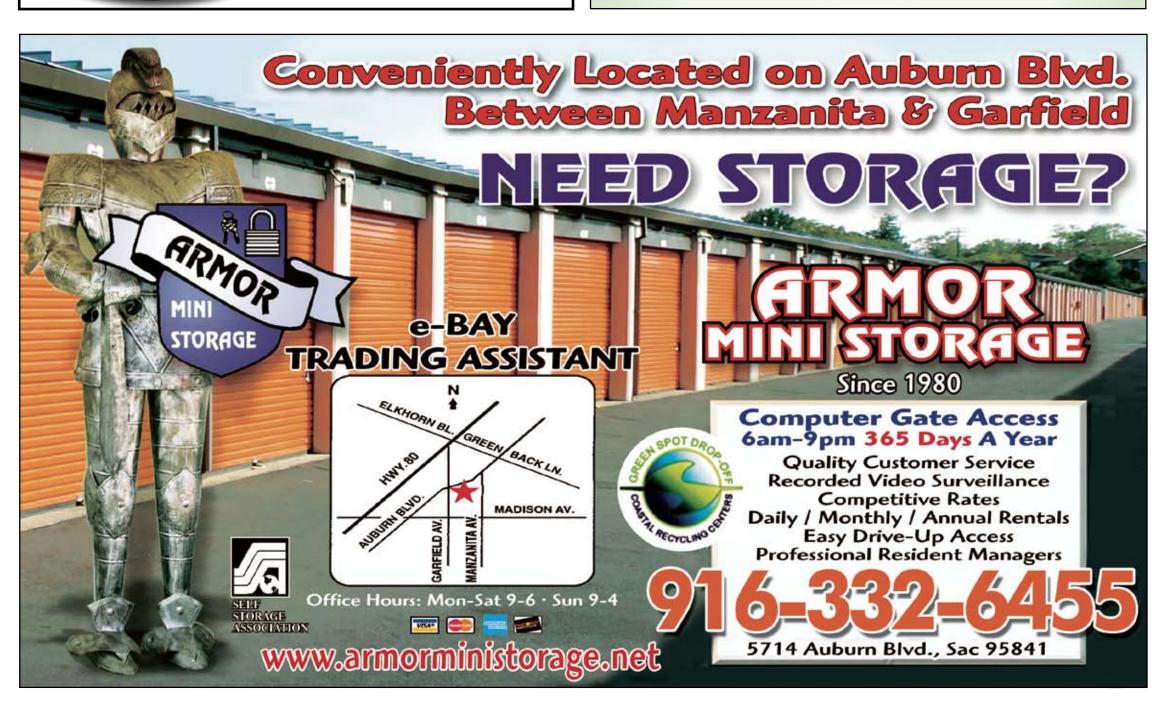


- Spinal correction specialist
- Custom exercise instruction
- Family wellness plans
- Sports injury specialist
- Carmichael chamber business person of the year 1995.

Carmichael Geranium Society Monthly Meeting

at the Carmichael Park Community Clubhouse, 5750 Grant Ave. Carmichael. Come and get Hands On Geranium Plant Workshop by Mr. Geranium, (horticulturist). Donn Reiners.

The meeting will be on March 11th The entire meeting is devoted to Geranium horticultural education. You will learn what you need to do to get the best from your genaniums. Refreshments will be servered. The meeting starts at 10.00 A.M.





Extended Tours

- Islands of New England September 16-23, 2011 • \$2,275 pp double
- British Landscapes
- October 6-15, 2011 \$3,549 pp double
- Branson Musical Holiday December 1-5, 2011 • \$1,749 pp double

Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to www.morpd.com.

Luxury Motorcoach

- St. Patrick's Day at the Bay March 16, 2011 • \$117/person Lunch, Irish performance, and museum.
- SF Flowers and Garden Show March 26, 2011 • \$78/person
- The Sound of Music Cascade Theatre April 9-10, 2011 • \$305 pp/double Overnight trip to Redding





HEALTH FAIRE

April 29, 2011 Friday, 8-11am

New Vendors Welcome! Applications available online at www.morpd.com

MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am-5 pm **Registration Hours:** 8:30am-4pm Monday-Friday

www.morpd.com

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(916) 333-6464 • Fax (916) 488-4349 2350 Northrop Ave., Carmichael CA 95825



It sure looks like the Sacramento Kings are about to be Konged. This late fourth-quarter rally of loyalty to the royalty probably won't be enough to save the throne. It seems as though the Kings are dead.

Actually, I don't think I'll miss them all that much if they leave this domain for a new empire. Early this season when Comcast and Dish Network were having their contract squabbles and I lost my dear old channel 409 and the Kings, I really didn't miss them. Their games were really hard to watch. They didn't look like much of a team. They just looked like a bunch of high-priced guys running around playing for the

Maybe if they were winning I would feel different. Maybe if they were the Chris Webber, Vlade Divac, Mike Bibby, Peja Stojokovic, Doug Christie, Bobby Jackson Kings of yore I'd really care. Maybe the owners, the Maloofs, have deliberately sabotaged this team to make it easier to split for a bigger pot of gold. Conspiracy theory? Why not?

The huge, extravagant dollars are ruining professional basketball. Sure it will always survive and the business people and participants will always make plenty of money. The fans who can afford the outrageous prices of attending games, or the ones willing to offer up their firstborn child to do so, will support the greed. What's being lost is the spirit of the game. If you can't afford to go to a game once in awhile you start losing interest. The love of the game gradually fades.

The last time I actually spent my own money for a Kings' game it cost me \$24 to sit in the very top row many years ago. The last three times I've gone were with "comp" tickets from friends who got them through their workplaces. I haven't been in awhile. With the current business climate. maybe there aren't as many "comp" tickets to be had. The last time I went for free I looked at my stub-\$109 face value— to see the Toronto Raptors. That kind of money to watch two lousy teams in a meaningless, half-hearted performance?

It's like going to the casinos. While you're there you convince yourself you're having a great time, but when you walk out with an empty wallet vou don't feel so great anymore.

For what it costs for an NBA ticket

now I could go to a few good college games or several fun high school games, where the spirit of the sport has not been lost.

When I was a kid and discovered sports on the radio and in the newspapers (not so much on TV back then), my favorite guy was the greatest of them all, Willie Mays. I listened all the time and studied the sports section and box scores religiously. When I saw a headline and story about some player getting paid more money than the great Mays I was offended. That's when I decided that I wouldn't read any story with dollar signs in the headline.

That held true for many years, but the money talk in pro sports has become so pervasive you can't avoid it. There are owners, television, sponsors, cities, leagues, players, agents, and on and on all fighting over how large a slice of the pie should be theirs. Meanwhile, more and more fans are being left out of the loop. Only the fans really care about the fans. The others only care about the fans' money.

I hate hearing about it. I hate reading about it. I really hate writing about it. It's the poop at the party.

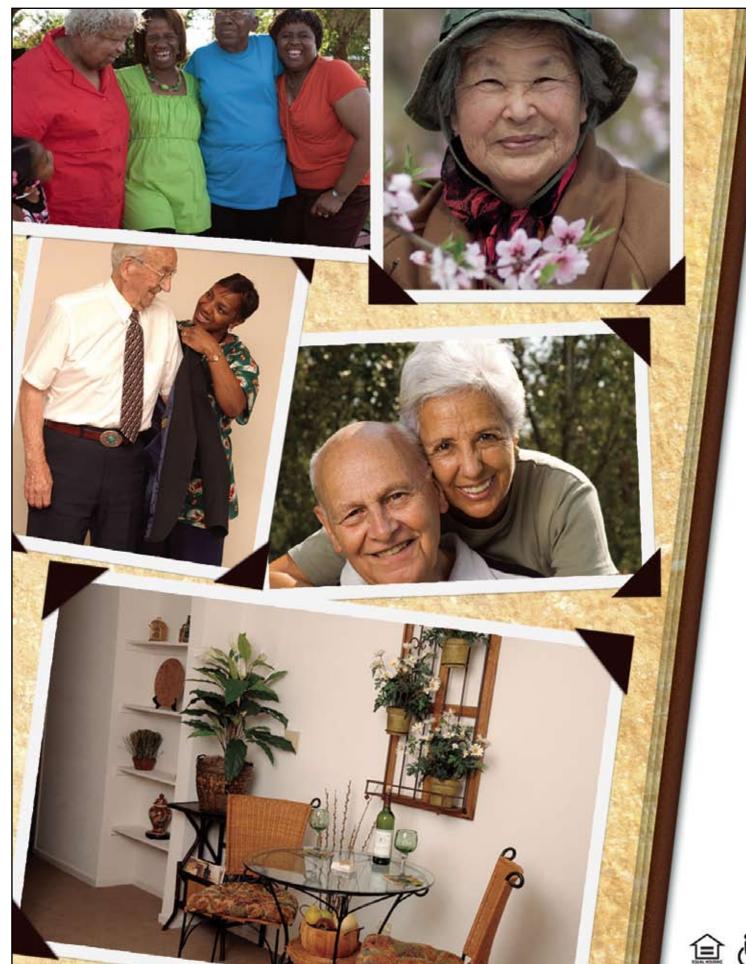


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