

Carmichael Times



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Volume 31 Issue 6

Serving Carmichael and Sacramento County since 1981

February 9, 2011

EPIC Students on a Mission



Students are making a difference in the world through Educational Studies.

Sacramento Region – In an impressive quest for academic excellence, EPIC Bible College is on a mission, encouraging students to look for experience outside of the classroom as an important part of their educational studies. The college's extensive work-study programs provide opportunities for students to travel around the world to meet and work with others less fortunate in desolate and challenging cultures including Africa, Mexico and the Ukraine. These hands-on experiences offer enrichment, bring peace and give the students a glimpse of post-graduate life as they pursue their own careers.

Most recently, Ken Bluemel, an EPIC instructor and pastor, led a mission trip to Mindanao, a small island in the Philippines. The trip was designed to help the poverty stricken and often violent island to rebuild their faith and fellowship. Their goals also included building a church

and operating a Children's Vacation Bible School. "We worked, built cultural bridges, shared the gospel, ministered to the children, built and dedicated a church," said Pastor Ken. "Through these missions we all experience deep cross-cultural outreach in places that are hard to get to, but full of personal and spiritual rewards."

"Students learn best when they study within the context of normal daily life," says Dr. Ronald W. Harden DD, President and CEO of EPIC Bible College. "Students at EPIC aren't seeking a piece of paper, they are seeking a relationship with their fellow man. They are learning what is relevant based on current experience, not academic theories."

Through their teachings, EPIC Bible College has helped to place hundreds of graduates in leadership positions in over 32 countries around the globe – assisting a worldwide population struggling to achieve basic

human needs in the 21st century.

This diverse and welcoming atmosphere of EPIC Bible College also encourages students to make a difference in the local communities they serve by modeling service projects benefiting organizations including WEAVE, Union Gospel Mission, Coats For Kids, and The Binky Patrol. The college continues to experience success and growth at a time when the economy continues to struggle, demonstrating the importance of an integrated education in life skills, faith, and professional service.

Operating quietly and with tremendous success over the past 36 years, EPIC has now proven to be a bright spot on the economic horizon. The school ranks in the top 10 U.S. colleges offering specific academic programs in education, music, psychology, counseling and Christian ministry and is listed among the top 25 local accredited colleges. Arguably,

one of the most culturally diverse colleges in the U.S., the student body represents over 150 area churches and boasts a population that is 7% international and 58% female—27% greater than the female population at similar institutions across the nation.

In the current fiscal year, EPIC's operation budget has increased by 29%, upwards of

\$2 million annually. And, with a record breaking enrollment increase of 78% over the past two years, and a 22% enrollment increase just this Fall, the college has initiated a very thoughtful and well-planned growth strategy for the new campus center which includes a search and acquisition phase for enough land and space to continue growth through the next decade.

The new college campus will provide for large, state-of-the-art classrooms, library, resource center, chapels and administrative and student services offices, thus allowing the college to continue its current programs and expand to include online, graduate and doctoral degree programs in the immediate future. The college leaders are also launching a multi-million dollar capital campaign in 2011 that involves alumni and community business leaders to assure its financial stability over the long term.

"The necessity for a new campus was inevitable," stated Harden. "We are blessed with continued enrollment increase and we may be turning away students from our existing campus by Spring quarter," he indicated. "Our need is mission critical!"

Harden went on to say, "This growth demonstrates that people are committed to making positive changes in their lives, and look to EPIC to help them along their journey. Our students are like family and they deserve the best education possible. Our expansion and development of the new Sacramento Valley campus will allow us to do just that."

EPIC Bible College is located of Hwy. 80 at 5225 Hillsdale Blvd. in Sacramento.

Fair Oaks Blvd. Corridor Plan Tough Times, Tough Decisions



Citizen Advisory Committee (CAC) tries not to pick "winners and losers." MPG Photo.

By Andrew DeFazio

Carmichael - The Fair Oaks Boulevard Corridor Plan Citizen Advisory Committee (CAC) held a meeting on Thursday, Feb. 3 to further deliberate plans for the Fair Oaks Boulevard Corridor's blueprint. This meeting ignited the same hostilities that have been brewing among members of the community and the CAC since the planning for the corridor began over four years ago.

According to a draft from June 2010, authors of the corridor plan envision a restored Fair Oaks Boulevard that stretches through Oak Avenue, Marshall Avenue, and includes segments of Manzanita Avenue. The plan claims that the corridor will create 12,700 new jobs along with the development of 15,960 housing units in Carmichael alone.

Held at the Carmichael Park Clubhouse, the committee's primary focus was to determine which businesses would be permitted, conditionally permitted or prohibited in entirety to be located in any of the four districts in the planned corridor—the Main Street District, the East Fair Oaks Boulevard District, the Manzanita District and the South Gateway District.

During CAC members' statements, Sandy Dunn argued, "The

community has the ability to say 'Yeah, we like that business, we want that.' This theme sparked public uproar from businesses owners and members of the community in attendance. The concept that members of a committee or a commission could have the ability to arbitrarily pick "winners" and "losers" in the business community is unprecedented in the Carmichael neighborhood.

Chris Meyer, another committee member, claimed, "We're at a tipping point already, why are we making it more restrictive...we need business here, we need to do it [the corridor] in an intelligent way."

Local real estate agent, Gary Anderson, who was born and raised in Carmichael said, "Would I like to see new restaurants in Carmichael? Yeah, but at the same time...we all have patterns and you can't force someone to go to different restaurants, grocery stores, and shops."

Small business and property owner, Don Benson, suggested after the meeting that "Their [the CAC] math doesn't work out!" Whether or not winners and losers will be chosen still remains to be seen.

The debate will reconvene on March 16 at the Carmichael-Old Foothill Farms Planning Commission's next scheduled meeting.



Patrick Montgomery, looking for work, not charity.

By Eric Marks
Special to the Carmichael Times

Carmichael – The intersection of Madison and Manzanita Avenues sit on the fringes of Carmichael. The area isn't remarkable, there are two gas stations sitting opposite of one another, liquor stores and an Arby's restaurant. What makes this area unique is that one man has a dream, and he's using this location in front of Arby's to help reach that dream.

Patrick Montgomery is a stocky man from the Rosemont area of Sacramento who has been out of steady work since January 2008 and is keeping his head up on his goal of a new job in a horrendous job market. You might have seen him wearing a beanie to fight the cold and a three

sided sandwich board with his email address and phone number inviting passersby to pick up a copy of his resume. He refuses to take money and only asks for the chance to work.

This is not the first time he has done this, he told the Times that he has been on corners in West Sacramento, Sunrise and Greenback in Citrus Heights and on television with channels 13 and 31 but no luck. He showed the Times a photo of him with the signs standing on the steps of the Capitol. Standing outside in the cold for hours, he is determined to work to keep a roof over his family's head. People drive by and honk and give thumbs up which encourages him.

"The reason why I think that (people are supportive) is that people

are tired of seeing the other signs... give me...give me...poor me," Montgomery said.

Montgomery, 55, has been a tile setter for over 30 years and counts the Roseville Galleria and Thunder Valley Casino in Lincoln as part of his projects he is most proud of and considers that some of his best work. However, he believes that the reason work is difficult to get is because the economy is not in a recession, but rather a depression.

"We are living in a second depression as far as I am concerned. That is what gave me the idea for the signs to begin with. I was watching the History channel about the Great Depression and there was a guy standing there with a sandwich board that said 'No charity, Need Work' and that

was the inspiration," Montgomery elaborated.

He believes that his experience in the industry will give him a leg up over other competitors out of work and his unique method for searching for work has gotten him some work but not steady employment. He plans to keep at it until his goal is attained.

"My one goal in life is that someone is going to come driving by... going to see my signs and...say 'I need that guy'. That is my faith and hope that it will (come to pass.) I will keep at it until I get a steady job. I do not care what it is, but if it is steady work, I will work." And with that Montgomery waved to a group of well wishers who honked and waved to him while hoping that that day is not too far off.

No Charity Here, Folks

Carmichael Water District Conservation Calendar Winners



The Calendar Contest Winners. Photo Credit: Carmichael Water District.

Carmichael - The 2011 Barrett Middle School "Carmichael Water Conservation Calendar" was created with the generous support of Carmichael Water District and the Kiwanis Club of Carmichael. The goal of the art contest is to engage the students in educating our community about the importance of water conservation in Carmichael and California as a whole. The resulting calendar conveys a youthful view of the value

of conserving water, this great natural resource.

On January 24, 2011 an awards ceremony was held at Carmichael Water District to celebrate the contest winners and their creativity. Representatives from the Kiwanis Club of Carmichael, Barrett Middle School, and Carmichael Water District presented the winning students with gift certificates and poster sized copies of their artwork. All

proceeds from the school's calendar sales help fund to the Barrett Middle School art program.

Contest Winners were: Anastasiya Sanakina as the Grand Prize Winner, and the other winners were Krista Spencer, Dominique Kato, Holdyn Bray, Caysie Robertson, Shyanne Props, Viktoriya Chmil, Jane Nathan, Hannah Fuller, Ashlee Heuston, Tristan Lynn, Sarah Eschelbach, Annalisa Foutz, and Tori Bruce.



Dr. Bob Graykowski



On New Year's Day, Bill made a resolution to finally get in shape. He worked out every day for two weeks. But then a new project at work forced him to miss three workouts in a row, and his good intentions dissolved: he hasn't been back to the gym since. If Bill's story sounds familiar, it's because he's not alone. Millions of people have difficulty sticking to a regular exercise regimen. Read on to learn how you can go from a sporadic to a consistent exerciser.

Keep it fun

According to psychologists, a significant key to sustaining an exercise regimen is choosing activities you enjoy. Instead of "traditional" workouts, such as jogging or biking, consider more creative options like ballroom dancing or karate, kayaking, yoga, t'ai chi, hiking, rollerblading, cross-country skiing, snowshoeing, windsailing, or just plain walking with a partner. I urge practice members to choose activities they actually will do, rather than ones they think they should do.

Healthy habit

For an exercise routine to stay consistent it must become an integral

How to Stay Enthusiastic about Exercise!

part of an individual's daily routine. It needs to be a habit, rather than something "extra" he or she attempts to get to if there's time.

Start by scheduling exercise appointments into your date planner or scheduling software. If possible, schedule your workout at least the same time every day - or at least at the same time on any given day from week to week. This will boost the odds of it becoming a habit.

I caution practice members to avoid the "all or nothing" mentality, which sabotages many peoples attempt to stay in shape. Whenever possible, scale down workouts rather than skip them.

Remember, when it comes to exercise something is infinitely better than nothing.

Next time you're deliberating whether to miss a workout, focus not on how you feel at that moment (stressed, pressed for time, tired, etc.) but on how you will feel after completing your workout (proud, relaxed, energized). Visualize yourself completing the workout, feeling fantastic and congratulating yourself.

Take five

No matter how pressed for time - or tired - you are, you can handle just five minutes. After the five minutes are up, chances are you'll feel so good you won't want to stop. This strategy is especially effective if you work out at a gym or other venue that requires travel.

Get some class

Structured exercise classes can transform sporadic exercisers into unwavering fitness buffs. For many, having a set time block each day dedicated to attending an exercise class makes a

tremendous difference.

Buddy up

Training with a friend or workout buddy can catapult you to optimal fitness.

Exchanging inspirational e-mails or phone calls with friends can also do wonders, as research shows this type of encouragement is highly motivational.

Join the club

Exercising in a group, such as a walking or hiking club, makes exercise a social event. Hitting the greens with your favorite foursome on a regular basis may also offer a physical workout, provided that you walk the course rather than drive a cart.

Train with a trainer

If you've tried everything and still can't adhere to a workout schedule, consider hiring a personal trainer. At Chiropractic USA we customize your exercise routine to correct posture faults and strengthen your spine.

Mix it up

Bored with your exercise routine? Spice things up with cross-training. Incorporate a variety of indoor and outdoor activities into your routine to keep you moving.

Movement is life and exercise will add more energy to your day. Call us today at Chiropractic USA, for a complete physical check up and let us customize your personal exercise routine.

Creating a healthy community

Dr. Bob Graykowski
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Carmichael Times
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ENPA **afcp** **SACP**

Carmichael Geranium Society Monthly Meeting
will be February 11th at Carmichael Park Community Club-house, 5750 Grant Ave., Carmichael, Sharon You from Redi-Gro will talk about Soil Amendments, Mixes & Fertilizers and have product samples. Refreshments will be served. We welcome everyone to our meetings. The meeting starts at 10:00am.

Widowed Persons Association of California, Inc.
Workshop
The next Recovery from Grief workshop will begin Thursday, February 10th, 3-5 PM, continuing for 6 weeks through March 17th. Please call our office at (916) 972-9722 between the hours of 10:00 a.m. and 3:00 p.m. to sign-up. The workshop is from 3 - 5 p.m. at 2628 El Camino Avenue, Suite D-18 (just east of Fulton Avenue on El Camino Avenue). Please enter from the parking lot at the rear of the complex. If there is no answer at the office, leave your name, phone number and reference the workshop and someone will return your call or email us at wpac1@sbcglobal.net.
For further information, contact Barbara Stewart at 363-3482.

2011 Vitality Workshops
Tuesday Evenings at 6:00 (Unless otherwise indicated)

02/08	Stress Without Distress
02/15	Health and Vitality Workshop
03/01	Health and Vitality Workshop
03/08	Eating For Energy - The Inmate Diet

Please call for a reservation. Support is encouraged... Bring a friend or family member!
Workshop is at 6:00 - 7:00pm. Advanced Workshops are 6:00 - 7:30. Reservations can be phoned at 916-973-1661 or faxed to 916-973-8273

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CAPITAL VALLEY UNITED SOCCER CLUB
is having tryouts for select and competitive soccer players at Foothill High School for boys and girls of the following age group and day:

February 12 for age groups U-12 to U-14

Please visit www.capvalley united.com to preregister and to obtain information about our program.

What Little Girls are Made of



Carmichael Park District Hosts Junior "Princesses"

Sugar and spice. Arcade sisters Princess Claire (left) and Princess Grace, launch a hands-on effort at high tea etiquette. Other aspiring princesses will be gowned, crowned and coached at the La Sierra Community center, Carmichael on February 12. Photograph by Susan Maxwell Skinner.

By Susan Maxwell Skinner

Carmichael - Blue-blood is not needed to be a princess, although - as royal fiancée Kate Middleton demonstrates - a real prince is a welcome accessory.

For others, crowns and pretty gowns are enough. Fostered by the Disney culture and recent London events, the princess rage has never been more potent. Indulging such innocent escapism, Carmichael Park District will host a "Princess Party," complete with tea, tiaras and a coronation ceremony.

"Inhabiting the world of a princess is part of every little girl's role-playing," says Kimberly Peterson, who runs the Sacramento company Once Upon a Princess. "I dreamed

of it. Sometimes, I still do."

For two hours on February 12, Carmichael's La Sierra Community Center will be a fantasy land inhabited by Peterson and her adult princess hosts. For \$20, five to eight year-old acolytes will borrow floaty pastel gowns and be crowned in a coronation ceremony. "It's magical for them," says "Princess" Kimberly (28). "They love feeling beautiful and girly, walking down the red carpet to the tea table. We teach them tea etiquette; to be polite to their friends; to say please and thank you. They are in awe of my adult princesses and they really listen to what they say. We teach them that princesses always have good manners..."

February 22 attendees will also

play pass the frog and a blindfolded "pin the crown on the princess." Face painting and balloon crafts are included. Mediaeval knightshoods are inferred on attending boys. "At that young age, it's easy to join in a sister's fantasies," says Peterson.

Dainty snacks will be provided. Props include satin and lace loaner gowns but attendees may bring their own costumes. "We supply dresses, in all sizes," says the team leader. "Pink, blue and purple are always favorites."

The Princess Party runs from 1-3 p.m. at the La Sierra Center (5325 Engle Rd). Participation is \$20 per child; advance registration required. For information, call 485-5322. Learn about princess parties at www.onceuponaprincess.com

Online County Permit System Gaining Popularity With Residents, Contractors

Almost 23 Percent of Permits Filed with the County Online

Sacramento Region - As part of an ongoing effort by Sacramento County to provide customers with improved access to building inspection services, County Engineering is encouraging customers to check out the County's Online Automated Permitting System.

"As more people learn about our online permitting system, we have seen an increase in use, with currently 23 percent of permits filed in the County through the permitting system," said Steve Pedretti, County

Engineer. "This system allows our customers to get around the clock access to our services, saves on trips to the permit counter and time standing in line, and makes the best use of our building inspector's time."

This system provides real-time, direct access to permit information via the Internet, 24 hours a day—seven days a week. Individuals, licensed contractors and businesses can:

- Apply and pay for permits
- Schedule inspections
- Check the status of a permit or

inspection

- Receive real-time notification of inspection results

• Provide detailed comments for the inspector or print an approved permit

To access the County online permit system, visit <https://apsonline.msa.saccounty.net/CitizenAccess/>.

Only Residential Miscellaneous permits (Water-heaters, Heating and Air systems, Electrical panels) plus Residential Reroof permits can be issued online at this time.



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Carmichael Oaks Senior Living

Denise Brandt & Virginia Stone
Marketing & Staff
8350 Fair Oaks Blvd., Carmichael
944-2323

Carmichael Recreation & Park District

The Staff
5850 Grant Avenue, Carmichael
485-5322 Carmichael Water District

Steve Nugent, General Manager & Staff
7837 Fair Oaks Blvd., Carmichael
483-2452

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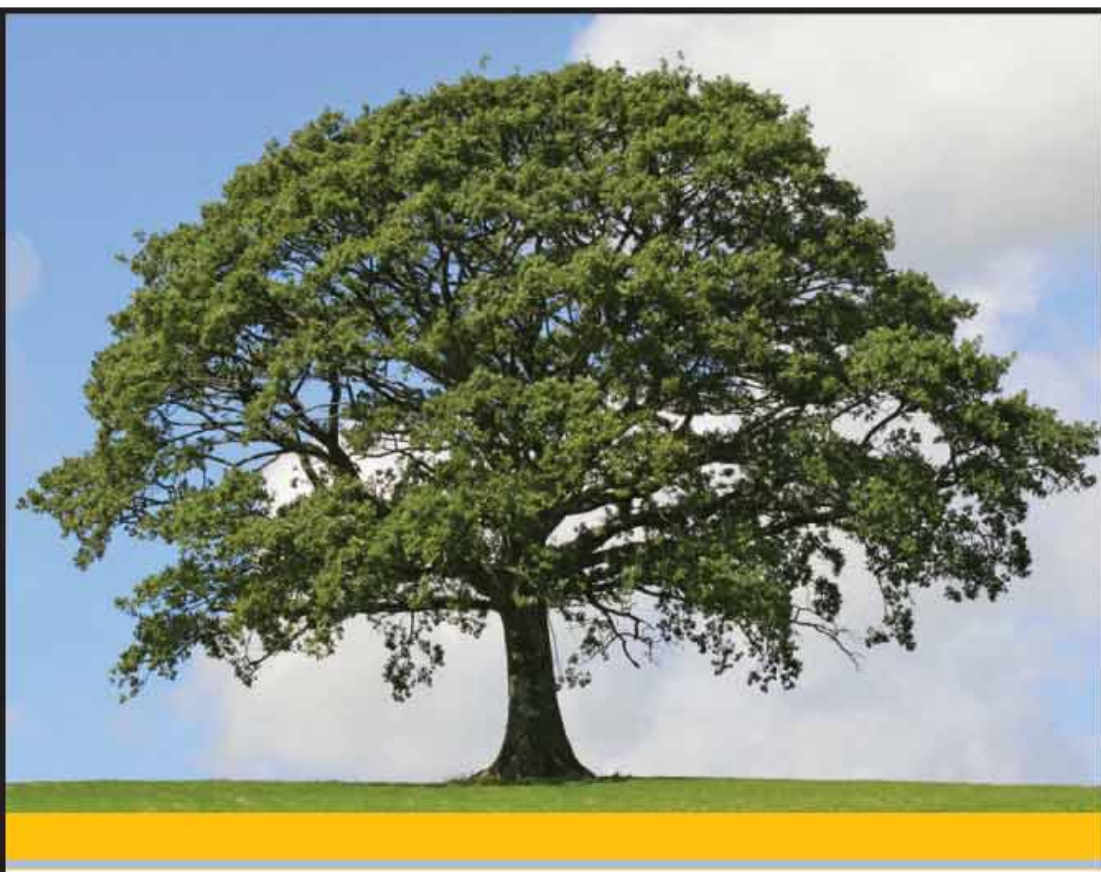
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Verdi Requiem

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Saturday, March 19 at 8:00 PM

Karen Slack, Soprano
Bjorn Arvidsson, Tenor

Julie Simson, Mezzo
Clayton Brainerd, Bass

The SCSO brings the magnificent Verdi Requiem to the Mondavi Center for its first time following Maestro Kendrick's triumph debut in Carnegie Hall of this monumental work of terror and transcending beauty.



Easy To Love

Saturday, April 30 at 8:00 PM

Christi Amonson, Soprano
Kristin Dauphinais, Mezzo
Tevye Ditter, Tenor
Ian Greenlaw, Baritone

Fall in love again with this new Broadway tribute to the music of Richard Rodgers, Jerome Kern, Cole Porter and Andrew Lloyd Weber in an evening packed with famous melodies and lyrics including - All the Things You Are, I've Got You Under My Skin, and With a Song in My Heart.

Tickets: Mondavi Box Office 1-866-754-2787
or SacramentoChoral.com

Two Residents of Carmichael Oaks Senior Living Get Married



An Early Valentine's Day - Kenn Johnson and Lola Chan, both 84 years old, were married on January 15.

The ceremony was adorned with white wicker standing baskets filled with bright pinks, whites and sprigs of green flowers and the bride's bouquet was the same colors as the bride's attire. She wore a soft pastel printed chenille long sleeve top with shimmering oyster shell and light teal green long skirt. The groom wore a soft medium brown suit with enhancing tie. The groom's boutonniere was a soft white rose with babies breathe.

The menu was petite filet mignon, soft crusted tilapia, rice pilaf, green beans and a pasta salad. The wedding cake was a three-tiered carrot cake with a diamond pearl effect with soft pink flowers on the top. The ceremony was followed by piano, and accordion music for all to share. For the honeymoon, the couple is scheduled to go on a 30+ day cruise from Singapore to Vancouver, B.C. in the near future.

About Carmichael Oaks

The Carmichael Oaks Senior Living provides the finest in senior living with three lifestyle options: independent living, assisted living and memory care. Located in Carmichael, California the expert trained staff provides residents with the highest standards of senior care services. It is operated by Integral Senior Living, which manages independent, assisted living and memory care properties. ISL is founded on a care philosophy that fosters dignity and respect for residents and promotes their independence and individuality. For more information about Carmichael Oaks call (916) 944-2323 or visit www.carmichaeloaks.com.

Carmichael - Recently nuptials were in the air at Carmichael Oaks Senior Living. Two residents met and fell in love and decided it is never too late to tie the knot. Kenn Johnson and Lola Chan, both 84 years old were married on January 15, 2011.

The couple was married at Lola's son's Dan and Deann Chan home of North Highlands, California. The Best Man was Bruce Colmer and the

Maid of Honor Patty Colmer (Lola's daughter). In attendance were Kenn and Lola's immediate family members coming from as far away as Washington, D.C. to Portland Oregon, to Torrance, CA and surrounding areas. The youngest was Lola's 2 year old great grandchild, Silk. About 30 family members attended and Stan Parker of Rocklin, CA was the administering reverend.



Carmichael Recreation and Park District is announcing these upcoming events

Tiny Tots

Taught by Kelly Stapp • Ages 3-5 years

Tiny Tots is all about discovery and encourages children to pursue new talents and interests while building confidence. Participants enhance their skills through socialization, beginning academics, numbers, language, arts and crafts and much more. A parent information packet is available at the time of registration. Returning students have priority.

Location: Carmichael Park Tiny Tots Room

Kindergarten Readiness

Day/Time: Mondays, Wednesdays and Fridays, 9am - Noon

Dates: 1/3 - 2/14 (no class on 1/17), 2/28 - 4/8
Fee: \$265

Kindergarten Readiness

Day/Time: Tuesdays and Thursdays, 9am - Noon. Dates: 1/4 - 2/10, 2/29 - 4/7
Fee: \$180

Carmichael's Biggest Loser Program for Teens Taught by Mimi Rogers-Phillips, Wellness Coach Ages 11-14

Feeling self-conscious because of your weight or that you can't participate in activities other kids do? We want to offer you a chance to get your confidence back by lending you a support system to help you through your desired weight loss journey. Join Commit Under 200 (CU200). The program offers resources, coaching, 1 on 1's, exercise, proper food preparation, healthy restaurant eating and more. No fads, diets or surgeries...just 12 weeks of learning how to build the spiritual, emotional, mental and social structure that ultimately leads to a more positive and confident persona.

Location: La Sierra Community Center, Room 810

Day/Time: Thursday, 7-8:30pm

Dates: 1/13-3/31

Fee: \$80/12 weeks

For more information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.

Princess Party

Saturday, February 12, 1-3pm

Ages 1-6 years • \$20 per child

La Sierra Community Center, Gibbons Room (rear of complex, facing Gibbons Dr.)
5325 Engle Road

Here's an opportunity for your special princess to spend an afternoon having fun with other girls just like her! The professionals from Once Upon a Princess will provide us with tiaras, face painting, a tea party and other fun activities specially designed to treat your princess...like a princess!

Kid's Hangout

Before & After School Care

The Kid's Hang Out Before and After School Program is held at the La Sierra Community Center, Monday through Friday throughout the 2010/11 school year. Kids are in a safe environment where your child can read, do homework, have a nutritional snack, socialize with their friends, and be involved in sports and other activities. Transportation is provided to and from your child's school, to the La Sierra Community Center.

Before school care program opens at 6:45am. **After** school program begins when we pick up your child from school and closes at 6pm. The program runs throughout the school year and registration is ongoing.

FEES:

After School Care:

\$80 per wk • \$60 per wk (any 3 days)

Before School Care:

\$30 per wk if enrolled in after school program

\$35 per wk not enrolled in after school program.

The fee includes transportation, supplies, snacks and qualified staff.

To register or for more information please visit us at the La Sierra Community Center Sports Office, 5325 Engle Road, Suite 100, Carmichael or contact us at (916) 483-7826.



Eskaton Offers Workshops Guided Autobiography

With the help of a certified instructor, learn to write and share your life stories, two pages at a time. Weekly themes, creativity exercises and priming questions help to get your life story on paper.

For information on reservations and fee, call The Senior Connection at 916-334-1072.

Classes will be held from 1:00 p.m. - 3:00 p.m. on Thursdays, January 13 - February 10.

Eskaton Community Services Center, 8525 Madison Avenue, Suite 150, Fair Oaks, CA 95628



West Coast Premiere of A Southern Exposure

Chautauqua Playhouse has announced the West Coast theatrical premiere of A SOUTHERN EXPOSURE, a new comedy-drama by Kelley Kingston-Strayer, which started on January 14th, at the Playhouse. The show will run on Fridays and Saturdays at 8:00pm and Sundays at 2:00 pm through February 20th. All performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$18 general and \$16 students, seniors, children and SARTA members.



Appearing in "A Southern Exposure":

(L) Janice Read Hoberg, Sara Sells, Linda Nalbandian

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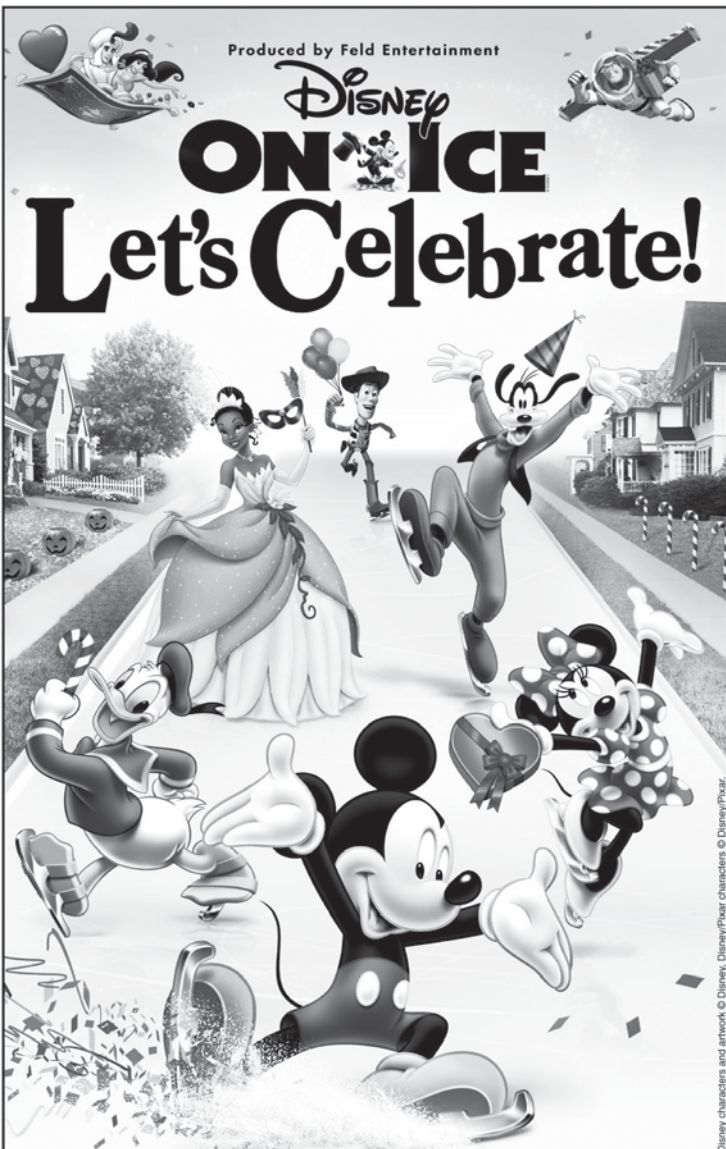
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A Film Review by Tim Riley

THE MECHANIC
(Rated R)

Though the point could be debatable, British actor Jason Statham, already well-established in action pictures, is the contemporary equivalent of the late Charles Bronson. Both of them have played characters requiring an equal mix of stylish and silent cool, brutal reserve and stone-faced detachment in carrying out the violent tasks that the action role required. That's why a remake of Bronson's 1972 "The Mechanic" must have appeared to be an appropriate vehicle for Statham, who has made his mark as credible action figure in "The Transporter" franchise and Guy Ritchie films.

For the most part, and particularly for an audience that enjoys straight-on, full blast brutal violence and over-the-top actions stunts, "The Mechanic" succeeds in delivering a brisk and satisfying action entertainment. If you have enjoyed Jason Statham in his action roles, from "Crank" to his recent turn in "The Expendables," you expect the tough-guy persona to shine through. Statham films are not about substance; it's all about the pure adrenaline of this guy turning in to a human dynamo, laying waste to his enemies. In "The Mechanic," Statham's Arthur Bishop is an assassin-for-hire whose methodical skills explain why he is the film's titular character.

The brilliant opening scene explains that Arthur's technique for carrying out his contract on a drug lord inside his own fortified lair in Colombia is a daring plan to make the death look accidental. It's the perfect crime that can't be traced back to anyone. But

Riley Reviews

VIOLENT, BRUTAL ACTION TOOLS "THE MECHANIC" FOR GREAT FUN

things turn ugly when Arthur's mentor, Harry McKenna (Donald Sutherland), is targeted for elimination by the sinister Dean Sanderson (Tony Goldwyn), the guy who runs the shadowy organization that orchestrates the contract hits. Arthur, who lives on the swamps of New Orleans, is conflicted by this turn of events. He's a loner with no friends or family; Harry came closest to being a father figure.

After Harry's death, Arthur meets up with Harry's estranged son Steve (Ben Foster), an undisciplined party animal who lacks goals and ambition. But then Steve takes a greater interest in the family business when the desire for revenge sets in and he finds a new outlet for his uncontrolled rage. Arthur doesn't particular want any partner, but he feels a sense of obligation to his mentor can be fulfilled by taking his son under his wing. Oddly enough, the only human interaction that Arthur ever has is the occasional romp with

pretty Bourbon Street hooker Sarah (Mini Anden).

As Arthur and Steve form a working relationship, serious missteps made by the rookie apprentice threaten to get them both killed. This alone adds an even greater element of danger to the assignments being carried out. One spectacular job requires penetrating the high-rise lair of a crooked cult leader who is well-guarded by vicious henchmen. The job is accomplished, but not without a slip-up that almost proves fatal. The escape itself is daring and bold, with plenty of gunplay and violence.

It's the final act of "The Mechanic" that is most satisfying for its high-octane action thrills. After Sanderson's deceptions become evident insofar as his involvement in the death of Harry, Arthur and Steve launch a full-scale offensive against the mysterious organization. In a situation where

the student overtakes the mentor, it appears that Steve is even more hell-bent on murder and mayhem than Arthur. So it is hardly surprising that when the killing duo set up an ambush for Sanderson the level of violence is cranked up to the extreme. The action stunts and the carnage are truly explosive.

"The Mechanic" is a serviceable action picture that doesn't really cover new ground, but remains relatively faithful to the original except for an ironic twist to the ending. The fact that Jason Statham is already typecast as a tough guy action figure is good enough reason to see him in the role of stone-faced assassin Arthur Bishop. He's perfect for the part and it's hard to think of someone who could have done it better. Statham fans should find "The Mechanic" a worthy addition to the inventory of his entertaining action films.

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Bring a family memento to "Show and Tell" about its history at the Root Cellar-Sacramento Genealogical Society - general membership meeting Wednesday February 9, 2011, 7pm-8:30pm, Citrus Heights Community Clubhouse 6921 Sylvan Road, Citrus Heights. Free, visitors welcome. Contact Sandi Benward 916-412-3511 or www.rootcellar.org.

Genealogy Brickwall Busters

Get help from others with your ancestor search roadblock at a workshop, 1pm to 3pm, Wednesday, February 16 at the Clubhouse, Country Squire Estates, 5720 Oak Hill Drive, Sacramento. Contact John Jay 916-331-0963 or www.rootcellar.org

Mission Oaks Computer Club

The Mission Oaks Computer Club will meet on Thursday, February 10, 2011 from 1:00 PM to 3:00 PM at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA.

The meeting topic will be "e-Book Readers", presented by Sacramento Book Review's Ross Rojek. A problem solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our website at www.missionoakscomputerclub.org.

Sacramento County Commission Presents New Website

Site Provides Valuable Information for Seniors & Dependent Adults

Sacramento Region - Sacramento County's Adult and Aging Commission (AAC) has launched a new website designed to provide informational support and assistance to senior citizens, dependent adults, and their families. Located at www.sacramentoadultandaging.org/, the site includes information about the Commission plus lists resources and has links to other agencies and organizations.

Like the rest of the United States, Sacramento is home to a growing population of older and dependent adults. AAC monitors services available to those groups and advises the County Board of Supervisors.

The new website contains documents and archives related to Commission business as well as reports presented at the Commission's monthly meetings.

"In addition, the site contains scores of links that individuals and families will find helpful," said Pam Flohr, AAC chair. "The site will be ever changing and updated as new information and services become available or are eliminated."

The website includes the Commission's duties, governing principles, and mandated goals. There is information about applying to be a Commissioner and a schedule of Commission and AAC

committee meetings that are all open to the public. There are photos from the Commission's commemoration of Older American's Month in May 2010.

Comprised of volunteers who have been appointed by the Board of Supervisors, the Commission represents the broad diversity that characterizes Sacramento County.

The website was designed by Darby Patterson, an AAC Commissioner who is a consultant for a nonprofit IT training program, and was made possible by the generous support of California Emergency Foodlink.

Sacramento Area Gas Prices Rise

Sacramento Region - Average retail gasoline prices in Sacramento have risen 3.0 cents per gallon in the past week, averaging \$3.35/g yesterday. This compares with the national average that has increased 2.9 cents per gallon in the last week to \$3.11/g, according to gasoline price website SactoGasPrices.com.

Including the change in gas prices in Sacramento during the past week, prices yesterday were 49.2 cents per gallon higher than the same day one year ago and are 8.1 cents per gallon higher than a month ago. The national average has increased 5.1 cents per gallon during the last month and stands 45.4 cents per gallon higher than this day one year ago.

About SactoGasPrices.com

GasBuddy operates GasBuddy.com, SactoGasPrices.com, and over 225 other local gasoline price-tracking websites that follow prices at over 125,000 gasoline stations in the United States and Canada. GasBuddy also uses

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Reportedly, Johnson & Johnson has been seeking medical releases from recipients so that their claims adjusters can speak with you directly and possibly take down statements without your having counsel present — an unwise action for any recipient to do.

Having a defective hip implant in your body clearly demands having your own lawyer. You must be very cautious with dealing with the manufacturer or its representative without proper legal representation.

If you have a DePuy ASR™ product, please call us immediately, as there are time limits for filing a claim. You might already have problems with the implant about which you are unaware, so please contact us — and certainly do not forfeit your legal rights without talking to us.

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- 110/220 single phase hook ups
- Swamp cooler

Located near a major intersection. Any questions or to view the property please contact: M. W. 916-638-7439 (MPG 08-25)

COMMERCIAL Office/Warehouse space. 1,000 up to 3,000 sq. ft. available @ .55¢ (month to month) or negotiable lease. Excellent 1-80 access near ARC (Auburn Blvd/College Oak). Call Lisa West @ (916) 331-0840. (MPG)

\$490 per month Charming Cottage in Gold River. Looking for quiet woman to rent bedroom. No share. In my small charming cottage nestled amid rose garden. Washer/Dryer. No pets or smoking. Near transportation. 25 mins from ARC and Sac State. 916-631-8784. (MPG)

For Sale

2 bedroom Mobile Home 12x60, in Citrus Heights, Sac., Mobile Home Park for 55 +, \$7,900. Call 916-765-6282 8-4 pm (MPG 10-08)

Foster Care

Foster Care in Your Home: Highest Rates! E-mail newfosterparents@stfchc.org (MPG 12-01)

Free Hearing Test

Miracle-Ear FREE Hearing Test, Courtesy of Miracle Ear. CALL For Appt. with a LOCAL Specialist. Rediscover the Life You've Been Missing! Call Today—1-877-339-3002 (MB 12-31)

Garage Sales Online

BeaverJack.com Online Garage Sale Info. Advertise for FREE or Search by zip for FREE. (MPG 09-01)

Gardeners

Smith's: Full Maintenance, Sprinkler, Pruning, Aeration, Gutter Cleaning, Hauling. 967-7543 or see www.SmithsLandscape.com (MPG)

Golf Equipment for Sale

2 Bags Good Condition, 1 Golf Caddy, Titleist Clubs, Diamond Head, Browning 40, Topflite, Cleveland, Titleist, Zebra, MacGregor Silver, Gravity Back Cobra, Stan Thonson, Callaway Silverhead, Bucket of balls (used) Best Offer for All. Call Scott 613-8359 (MPG)

Groomer

Pinkiepop, in home grooming service. 18 yrs. exp. \$5.00 discount, 1st visit. References. Call Victoria (916) 256-0487. (MPG)

Handyman

Handyman, JR Handyman Service Randy 916-880-6742 Joel Carter 916-637-3825 (MPG)

Household Helper: You Name It! Hauling, Gutters, Tree Trim, Spot Carpet Clean 613-8359 (MPG)

Handy Guys Small Jobs, Senior Discounts Gutter Cleaning-Deck's Woodwork 916-519-5135 Free Estimates (MPG)

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Heating & Air

AC Repair Low Prices 487-4609 (MPG)

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SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm (MPG)

Help Wanted

Adult Residential Facility is in Need of Live-In Caregiver with experience in an ARF facility, good DMV record, and hardworking. Please call Orlando or Hermie at 916-487-4482. (MPG)

ABLE TO TRAVEL. Hiring 8 people. No experience necessary. Transportation & lodging furnished. Paid training. Work and travel entire USA. Start today. www.ProtekChemical.com 1-208-590-0365. (Cal-SCAN)

ATTN: COMPUTER WORK. Work from anywhere 24/7. Up to \$1,500 Part Time to \$7,500 mo. Full Time. Training provided. www.KTPGlobal.com or call 1-888-304-2847. (Cal-SCAN)

CONSTRUCTION CAREERS U.S. NAVY. Paid training, financial security, medical / dental, vacation, retirement. HS grads ages 17-34. Call Mon-Fri 1-800-345-6289. (Cal-SCAN)

Churchill County (Fallon, NV) HIRING DETENTION SPECIALISTS for Juvenile Justice Facility. \$15.68/hr. Apply by 3:00 PM on 3/11/11. Hiring on 7/5/11. www.

ChurchillCounty.org/hr (Cal-SCAN)

DRIVERS - CHECK THIS OUT! New Pay Increase! 34-40 cpm. Excellent Benefits. Need CDL- A & 3 months recent OTR. 877-258-8782. www.MeltonTruck.com (MPG)

Caring Companion Seniors WANTED! SENIORS HELPING SENIORS®, a leader in the Senior in-home service industry, has immediate PT openings for Providers. Qualified candidate will have life experience, an interest in making a difference in the lives of other seniors and be comfortable working with senior citizens. Flexible schedules...we'll work around your schedule! Valid driver's license and use of auto is required. Call us today for more information. (916) 372 9640 (MPG)

AREA MANAGER Full/Part Time Great Pay! Place and collect donation canisters for a non-profit organization who helps families who have children with Cystic Fibrosis and other chronic health problems. Call 1-800-254-0045 www.frchildren.org (MPG)

Pathologist Perform general anatomic & clinical inpatient/outpatient pathology services. Travel to other unanticipated sites may be required. Kolbeck, Bauer & Stanton Medical Corporation, 3637 Mission Ave., Ste. 5, Carmichael, CA 95608. (MPG)

Urgent F/PT Sale Reps needed Latest telecommunications products. \$\$\$ Commission, Bonuses, Residuals Training available call 916 612-6621 (MPG)

Health Care Marketing. We are successful business entrepreneurs looking for people passionate about health & business. Go to www.mylordandbusiness.com and watch a video News clip. Leave your name and email address to learn more, we will get back to you. (MPG)

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We are seeking dynamic customer service oriented individuals with great communications and typing skills needed to work on behalf of our company this service representative will earn up to \$3000 monthly any job experience needed. Email at danelperez1900@yahoo.com if interested (MPG)

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Wanted: 29 Serious People to Work From Home using a computer. Up to \$1,500-\$5,000 PT/FT www.REBvision.com (MPG)

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Matheson Trucking, Inc. is now hiring an Executive Administrative Assistant to be the primary support for the CEO, CFO and COO. Supports front desk, prepares and maintains documents, schedules meetings and travel. Must have 5-7+ years exp supporting a corporate environment; excellent verbal and written communication skills; proficient in MS Outlook, Word, Excel and PowerPoint. Must be professional, friendly and a team player. Fax resume to 866-418-9913 (MPG)

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Help Animals SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm (MPG)

Help Wanted Adult Residential Facility is in Need of Live-In Caregiver with experience in an ARF facility, good DMV record, and hardworking. Please call Orlando or Hermie at 916-487-4482. (MPG)

ABLE TO TRAVEL. Hiring 8 people. No experience necessary. Transportation & lodging furnished. Paid training. Work and travel entire USA. Start today. www.ProtekChemical.com 1-208-590-0365. (Cal-SCAN)

ATTN: COMPUTER WORK. Work from anywhere 24/7. Up to \$1,500 Part Time to \$7,500 mo. Full Time. Training provided. www.KTPGlobal.com or call 1-888-304-2847. (Cal-SCAN)

CONSTRUCTION CAREERS U.S. NAVY. Paid training, financial security, medical / dental, vacation, retirement. HS grads ages 17-34. Call Mon-Fri 1-800-345-6289. (Cal-SCAN)

Churchill County (Fallon, NV) HIRING DETENTION SPECIALISTS for Juvenile Justice Facility. \$15.68/hr. Apply by 3:00 PM on 3/11/11. Hiring on 7/5/11. www.

Help Wanted - Medical Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information. (MPG)

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FICTITIOUS BUSINESS NAME STATEMENT #1100345. Michael M. Nardella, 5067 Patti Jo Dr., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Jan. 11, 2011. Publish: Jan. 19, 26, Feb. 2, 9, 2011.
HARDSS 10103 2-9-11

FICTITIOUS BUSINESS NAME STATEMENT #1010850. Kevin Rogers, dba Kevin Does It All, 3535 LaS Pasas Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on Dec. 17, 2010. Publish: Jan. 19, 26, Feb. 2, 9, 2011.
KEVIND 10103 2-9-11

FICTITIOUS BUSINESS NAME STATEMENT #1011040. Edling Environmental Engineering, Inc., 9645 Glacier Creek Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on Dec. 23, 2010. Publish: Jan. 19, 26, Feb. 2, 9, 2011.
EDLING 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094748
 WHEREAS, Daniela Schmidt has filed a petition with this court for a decree changing name of Daniela Ciufu Schmidt to Daniela Schmidt. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 18, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 7, 2011. Shelleyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
SCHMID 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094861
 WHEREAS, Brock Daniel Hickey Jr. has filed a petition with this court for a decree changing name of Brock Daniel Hickey Jr. to Brock Daniel Wegner. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 23, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 11, 2011. Shelleyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
WEGNER 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00095057
 WHEREAS, Laura Smith has filed a petition with this court for a decree changing name of Laura Jane Smith to Laura Jane Peterson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 24, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 13, 2011. Shelleyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
PETERS 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094770
 WHEREAS, Hattie Francine Thompson has filed a petition with this court for a decree changing name of Hattie Francine Thompson to Francine Thompson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 23, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 10, 2011. Shelleyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
THOMPS 10103 2-9-11

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 744241CA Loan No. 3018254668 Title Order No. 100641153-CA-MAI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09-13-2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02-15-2011 at 9:30 AM, CALIFORNIA RECONVEYANCE COMPANY as the duly appointed Trustee under and pursuant to Deed of Trust Recorded 09-28-2007, Book 20070928, Page 0159, Instrument , of official records in the Office of the Recorder of SACRAMENTO County, California, executed by: ANGELICA RUBALCAVA A MARRIED WOMAN AS HER SOLE AND SEPARATE PROPERTY, as Trustor, WASHINGTON MUTUAL BANK, FA, as Beneficiary, will sell at public auction sale to the highest bidder for cash, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in

the hereinafter described property under and pursuant to the Deed of Trust. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, estimated fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Place of Sale: AT THE EAST MAIN ENTRANCE TO THE COUNTY COURTHOUSE, 720 9TH STREET, SACRAMENTO, CA Legal Description: ALL THAT LAND SITUATED IN BLOCK 43 OF THE CITY OF ISLETON, AS SHOWN ON A MAP FILED FEBRUARY 28, 1958 IN BOOK 48 OF MAPS, MAP NO. 17, DESCRIBED AS FOLLOWS: BEGINNING AT A POINT FROM WHICH THE NORTHWEST CORNER OF SAID BLOCK 43 BEARS NORTH 59° 40' 30" WEST 20.54 FEET, SAID POINT OF BEGINNING BEING LOCATED ON THE CENTERLINE OF TYLER ISLAND ROAD 40 FEET IN WIDTH; THENCE FROM SAID POINT OF BEGINNING SOUTH 59° 40' 30" EAST 94.46 FEET ALONG THE CENTERLINE OF SAID TYLER ISLAND ROAD TO THE NORTHWEST CORNER OF LOT 1 AS SHOWN ON THE PLAT OF FERTILE ACRES SUBDIVISION RECORDED FEBRUARY 10, 1948 IN BOOK 27 OF MAPS, PAGE 31; THENCE ALONG THE WESTERLY LINE OF SAID LOT SOUTH 30° 19' 30" WEST 189.40 FEET; THENCE NORTH 59° 40' 30" WEST 207.80 FEET; THENCE NORTH 61° 13' 15" EAST 220.72 FEET TO THE POINT OF BEGINNING. AS APPROVED BY THE CITY OF ISLETON FOR A LOT LINE ADJUSTMENT ON MAY 12, 1993, RECORDED SEPTEMBER 27, 1993 IN BOOK 930927, PAGE 313. Amount of unpaid balance and other charges: \$442,223.77 (estimated) Street address and other common designation of the real property: 742 TYLER ISLAND BRIDGE ISLETON, CA 95641 APN Number: 157-0040-065-0000, 157-0222-017-0000, 157-0222-016 The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". In compliance with California Civil Code 2923.5(c) the mortgagee, trustee, beneficiary, or authorized agent declares: that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone; by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting. DATE: 01-24-2011 CALIFORNIA RECONVEYANCE COMPANY, as Trustee JAMES TOLLIVER, ASSISTANT SECRETARY CALIFORNIA RECONVEYANCE COMPANY IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. For Sales Information: (714) 730-2727 or www.lpsasap.com (714) 573-1965 or www.priorityposting.com ASAP# 3885495 01/26/2011, 02/02/2011, 02/09/2011 Publish: Jan. 26, Feb. 2, 9, 2011. ASAP 10104 2-9-11

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 744241CA Loan No. 3018254668 Title Order No. 100641153-CA-MAI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09-13-2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02-15-2011 at 9:30 AM, CALIFORNIA RECONVEYANCE COMPANY as the duly appointed Trustee under and pursuant to Deed of Trust Recorded 09-28-2007, Book 20070928, Page 0159, Instrument , of official records in the Office of the Recorder of SACRAMENTO County, California, executed by: ANGELICA RUBALCAVA A MARRIED WOMAN AS HER SOLE AND SEPARATE PROPERTY, as Trustor, WASHINGTON MUTUAL BANK, FA, as Beneficiary, will sell at public auction sale to the highest bidder for cash, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in

the mortgagee, trustee, beneficiary, or authorized agent declares: that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone; by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting. DATE: 01-24-2011 CALIFORNIA RECONVEYANCE COMPANY, as Trustee JAMES TOLLIVER, ASSISTANT SECRETARY CALIFORNIA RECONVEYANCE COMPANY IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. For Sales Information: (714) 730-2727 or www.lpsasap.com (714) 573-1965 or www.priorityposting.com ASAP# 3885495 01/26/2011, 02/02/2011, 02/09/2011 Publish: Jan. 26, Feb. 2, 9, 2011. FEILLC 10104 2-9-11

NOTICE OF SALE OF UNCLAIMED PERSONAL PROPERTY
 In accordance with California Civil Code Section 1988(b), personal property left by Melody M. Woodward, 5945 Shirley Ave, Carmichael, CA 95608, to the possession of Wachovia Bank, will be sold at public auction Tuesday, February 15, 2011 at 5945 Shirley Ave, Carmichael, CA 95608 at 12:00 PM to the highest bidder for cash. Property to be auctioned includes, but not limited to chairs, garden tools, ladder, lawnmower, clothes /accessories, shoes, household items, dishes, lamps, books, ironing board, recorder, TV, table, office items, desk, table, pillow, microwave, plus all other listed items and miscellaneous personal property in and on said property. Dated: January 25, 2011. Tom Frankhouser
 Publish: Feb. 2, 9, 2011.
FRANKH 10201 2-9-11

NOTICE OF SALE OF UNCLAIMED PERSONAL PROPERTY
 In accordance with California Civil Code Section 1988(b), personal property left by Mark Ketchum, James Ketchum and Kimberley Ketchum, 4203 Plumas Court, Sacramento, CA 95820, to the possession of Wachovia Bank, will be sold at public auction Monday, February 14, 2011 at 4203 Plumas Court, Sacramento, CA 95820 at 12:00 PM to the highest bidder for cash. Property to be auctioned includes, but not limited to Bed, TV, cabinet, table, sofa, bed set, miscellaneous items in kitchen, dishes, microwave, desk, fan, window A/C, bed frame, TV entertainer, plus all other listed items and miscellaneous personal property. Dated: January 25, 2011 Tom Frankhouser
 Publish: Feb. 2, 9, 2011.
FRANKH 10201 2-9-11

FICTITIOUS BUSINESS NAME STATEMENT #1100852. CA Surveying & Drafting Supply Inc., 4723 Auburn Blvd., Sacramento, CA 95841 is doing business under the Fictitious Business Name "Century Graphics" at 8049 College Oak Dr. #E, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on Jan. 26, 2011. Publish: Feb. 2, 9, 16, 23, 2011.
CENTUR 10201 2-23-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00095528
 WHEREAS, Antuan Marquel Green has filed a petition with this court for a decree changing name of Antuan Marquel Green to Antuan Marquel Simmons. IT IS ORDERED

that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on March 4, 2011 in Dept. 16, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 21, 2011. Kevin R. Culhane Judge of the Superior Court
 Publish: Feb. 2, 9, 16, 23, 2011.
SIMMON 10201 2-23-11

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES
 To Whom It May Concern:
 Vineet Singh Parmani is applying to the Department of Alcoholic Beverage Control to

sell alcoholic beverages at: 4731 Manzanita Ave., Carmichael, CA 95608 with 21 - Off-Sale General license. Filed: January 25, 2011 Publish: Feb. 9, 16, 23, 2011.
PARNAM 10202 2-23-11

FICTITIOUS BUSINESS NAME STATEMENT #1100966. Rhonda L. Miller, 5421 El Camino Ave. #17, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Pampered Paws" at 5125 Marconi Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Jan. 31, 2011. Publish: Feb. 9, 16, 23, March 2, 2011.
PAPMER 10202 3-2-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2011-00095509
 WHEREAS, Danae Bailey and Alexander Hamilton have filed a

petition with this court for a decree changing name of Kaydena Faye Burns to Kaydena Faye Hamilton. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on March 4, 2011 in Dept. 16, located at 720 9th St., Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 21, 2011. Kevin R. Culhane Judge of the Superior Court
 Publish: Feb. 9, 16, 23, March 2, 2011.
HAMILT 10202 3-2-11

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Crossword Puzzle on Page 9

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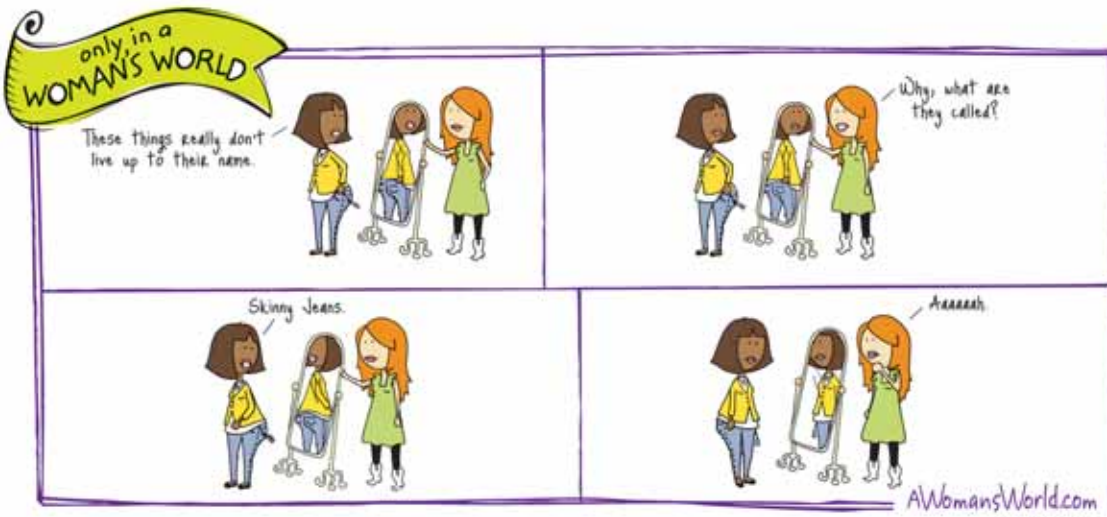
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CLUES

- | | | | |
|--|---|--|---|
| <p>ACROSS</p> <p>1. Seemingly unaffected by pleasure or pain</p> <p>6. * ___ Shop Boys, nominated for 2010 Electronic/Dance Album</p> <p>9. Attention grabber</p> <p>13. Supermodel Evangelista</p> <p>14. Consumed</p> <p>15. Las Vegas is a popular spot to do this</p> <p>16. TV classic "___ the Family"</p> <p>17. Type of sweet potato</p> <p>18. *What a Grammy award celebrates</p> <p>19. "Halo" nominee</p> <p>21. Bret Michael's glam metal band</p> <p>23. High rocky hill</p> <p>24. *Petula Clark won a Grammy for "___ town"</p> <p>25. Globe or eyeball, e.g.</p> <p>28. Language of Tupi people</p> <p>30. Late actor Heath</p> <p>35. Action word</p> <p>37. Rolling stone gathers none of this</p> <p>39. *Danger ____, nominated for Producer of the Year</p> | <p>40. Male version of Emily</p> <p>41. "Haven't Met You Yet" singer</p> <p>43. Lice eggs</p> <p>44. Wealthy man in the Orient</p> <p>46. False</p> <p>47. *Nominated cast</p> <p>48. Metal money</p> <p>50. As opposed to gross</p> <p>52. NYC time</p> <p>53. Archaic exclamation of surprise</p> <p>55. Caviar</p> <p>57. Bottle for corrosive liquids</p> <p>60. *Nominated former "Idol"</p> <p>64. This name is repeated twice in a song title</p> <p>65. Major time period</p> <p>67. Small inlets</p> <p>68. Mistake</p> <p>69. Relieve from</p> <p>70. *8-time R&B winner Baker</p> <p>71. Annoying biting fly</p> <p>72. "I ___" game</p> <p>73. *Demon of Screaming head</p> | <p>DOWN</p> <p>1. Block of granite, e.g.</p> <p>2. Kitchen or bathroom floor covering?</p> <p>3. *Hall of Fame Award recipient "___ the Lonely"</p> <p>4. *Green Day's "American ___" 2004 winner</p> <p>5. Unable</p> <p>6. Pay as you earn, British system of withholding tax</p> <p>7. Estimated arrival</p> <p>8. Pace of music</p> <p>9. Arithmetic operation of summing</p> <p>10. Neither good nor bad</p> <p>11. What DJs do</p> <p>12. Short for detective</p> <p>15. *He won a Grammy and Oscar in 2002</p> <p>20. Pigeon food?</p> <p>22. Harry Potter's mail carrier</p> <p>24. *The Beatles won for "Let It Be" the year they did this</p> <p>25. Bakers' bakers</p> <p>26. Make another map</p> <p>27. Grease one's palms</p> <p>29. On Marie Antoinette's head</p> | <p>31. Ding-___</p> <p>32. Shrewdness</p> <p>33. ___ Park, CO</p> <p>34. Button on electrical outlet</p> <p>36. Eastern ___</p> <p>38. Uncontrolled swerve</p> <p>42. It often preceded, "Read all about it!"</p> <p>45. *"Best New Artist" nominee discovered online</p> <p>49. Between id and superego</p> <p>51. Male cat</p> <p>54. *"The Soloist" protagonist Nathaniel</p> <p>56. Black wood</p> <p>57. Maize</p> <p>58. Radiant light</p> <p>59. '80s band "Quiet ___"</p> <p>60. *Describes Antebellum or Gaga?</p> <p>61. Diabolical</p> <p>62. Network of intersecting nerves</p> <p>63. Ivan the Terrible, e.g.</p> <p>64. A dark meat</p> <p>66. Popular acronym on Halloween</p> |
|--|---|--|---|

For Solution See Page 8



Carmichael Chamber of Commerce

Carmichael Chamber Luncheon

Tuesday, February 22, 2011, 11:30am - 1:00pm
 Cypress Avenue Baptist Church,
 5709 Cypress Avenue, Fair Oaks. Luncheon meeting is in the Education Building.
 Guest speaker is Brian Ivie, President of Mercy San Juan Medical Center. Ivie will be discussing new health care information. Raffle prizes.
 Cost is \$15 for members, \$20 for non-members. Guests are always welcome. Register online or call 481-1002 by February 17.

Usually on the 2nd Wednesday of each month, a member of the Carmichael Chamber holds an evening mixer where members can network, learn more about other Chamber members and find out what's happening in the Carmichael Chamber and the community in general. The location changes each month so check the Chamber website to confirm the date and location each month.

Valentine's Mixer

February is heart month, so plan to join us for our Valentine's mixer on **Wednesday, February 9 from 5:30 - 7:30 at Mercy Physician's Plaza, Luken's Auditorium, Suite 150, 6555 Coyle Ave, Carmichael.** Mixers are a great time to network and interact with other business owners, Chamber members, and residents. Bring a stack of business cards and a raffle prize and come enjoy food, drink and great networking.



Brian Ivie, the President of Mercy San Juan Medical Center

Princess Party

Saturday, February 12, 1-3pm
Ages 1-6 years • \$20 per child
 La Sierra Community Center, 5325 Engle Road
 Here's an opportunity for your special princess to spend an afternoon having fun with other girls just like her! The professionals from Once Upon a Princess will provide us with tiaras, face painting, a tea party and other fun activities specially designed to treat your princess...like a princess!

Community Shred Day

Start saving those confidential items from your home or business, and bring them to the Community Shred Day, Saturday, June 16 from 8 am - noon. This event is being sponsored by the Carmichael Chamber of Commerce and Carmichael Recreation & Park District. Be sure to watch for more details.

If you have missed any of our events from January, or want to know what special events are coming up in the future, please check out our Website for the latest details on all the happenings in the Carmichael Chamber.

Contact us for more information on the Carmichael Chamber of Commerce
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Sacramento Public Library Events

History books discussed at Carmichael Library monthly meetings

Carmichael Library History Book Club mixes fact and fiction for a clearer picture of what has happened in world history. The adult book club meets at 6:30 p.m., on the first Tuesday of each month, at Carmichael Library, 5605 Marconi Avenue, Carmichael.

Attendees are encouraged to bring snacks to share with other book club members. For more information on the following book discussions, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

- March 1: In the Valley of the Kings, by Daniel Meyerson
- April 5: The Great Mortality, by John Kelly
- May 3: The Big Burn, by Timothy Egan

Yu-Gi-Oh Tournament

February 9, Wednesday, 3:30 p.m. to 4:30 p.m.
Teen Program
Join other Yu-Gi-Oh enthusiasts for a card tournament. Bring your own deck or a willingness to learn. Beginners welcome. Prizes.

Carmichael Preschool Storytime

February 10, Thursday, 10:15 a.m. to 11 a.m.
Preschool Storytime (3-5yrs)
Join Miss Angela for stories, songs, and a craft.

Carmichael Toddler Time

February 10, Thursday, 11 a.m. to 12 noon.
Toddler Storytime (1.5-3yrs)
Join Miss Angela for stories, songs, and just plain fun!

Carmichael Movie Matinee

February 10, Thursday, 3 p.m. to 6 p.m.
Teen Program
Bring your friends and enjoy a movie @ Carmichael Library - Free! Visit Carmichael Library for a list of up-coming movie titles.

After School Book Club

February 11, Friday, 3:30 p.m. to 4:30 p.m.
School Age Program
Join us on the Second Friday of every month to talk about the book, play trivia games, and have fun! This month we will be reading "The Wizard of Oz," by L. Frank Baum. Pick up your copy at the front desk!

Second Saturday Audio Book Club

February 12, Saturday, 10 a.m. to 11:30 a.m.
Book Club
Is this a good book? Is this a good audio book? Bring a snack and your perceptions to share as we discuss: Testimony, by Anita Shreve. A full cast performance!

Sacramento Public Library celebrates Black History Month with special programs

The contributions made by African Americans are being celebrated throughout February with numerous Sacramento Public Library branch programs scheduled during Black History Month. For details, telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

(For adults) For Love of Liberty:

The Story of America's Black Patriots
View the two-part documentary, introduced by former US Secretary of State Colin Powell and hosted by film actress Halle Berry. The film uses an assortment of letters, diaries, speeches, and military records to document and acknowledge the sacrifices

and accomplishments of African American servicemen/women. The story spans the American Revolution to the current battle against global terrorism.

• February 15 and 22, Tuesdays, 5:30 p.m., Carmichael Library, 5605 Marconi Avenue, Carmichael



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- **The Sound of Music - Cascade Theatre**
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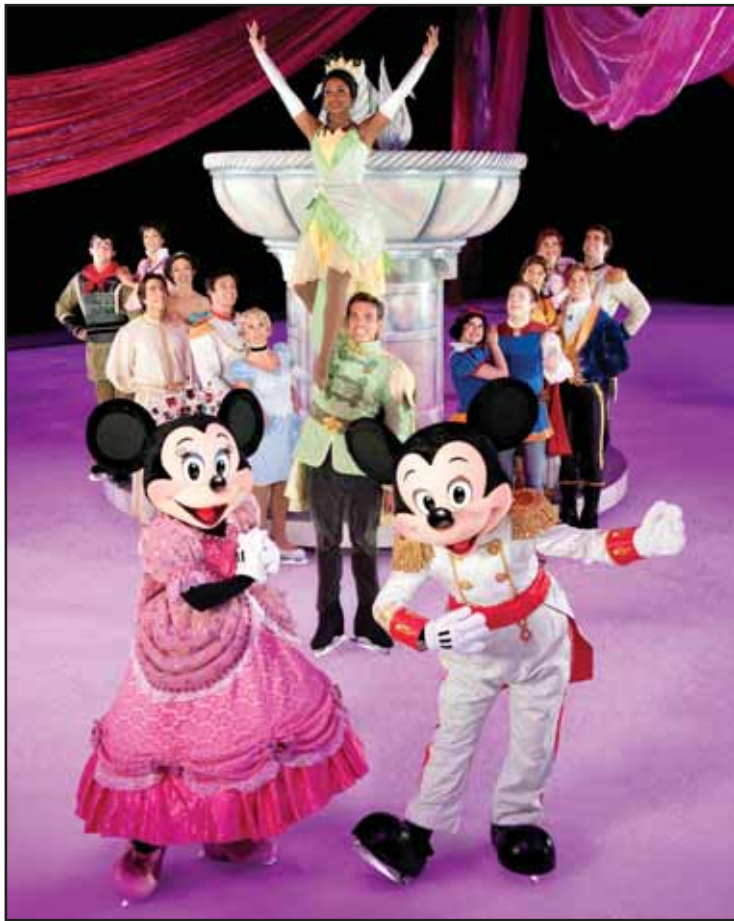
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Disney On Ice Presents Let's Celebrate! Brings A Colossal Party on Ice to Audiences Across the Country

All-New Production Showcases A Magical Medley of Holidays and Celebrations With More Than 50 Disney Characters



Sacramento Region - Feld Entertainment invites families to turn an ordinary day into an extraordinary one at its new ice extravaganza, Disney On Ice presents Let's Celebrate!, featuring more than 50 classic and contemporary Disney characters in a captivating compilation of favorite holidays and celebrations from around the world.

Audiences will experience the ultimate celebration of celebrations as they join Mickey Mouse and friends on a delightful tour of festivities jam-packed with fun surprises, spectacular skating and vibrant costumes. The production's original storyline transports audiences to exciting events with their favorite Disney characters, including a Valentine's Day Royal

Ball with the newest Disney Princess, Tiana; a Very Merry UnBirthday Party with Alice and the Mad Hatter; Jack Skellington's frightfully festive Halloween party with the Disney Villains; and a Hawaiian luau with Lilo and Stitch.

Drawing upon their own holiday experiences for research, the production's creative team was able to envision a show with an abundance of colors, warmth and spirit to evoke the pleasant memories of the holidays for the audience. "At the beginning of the show we invite everyone to 'Be Our Guest,' and we want the audience to feel like they are participating in the show, not that they are merely watching it," says Director Patty Vincent. "The audience gets

to be a part of what we experience on the ice—they'll feel like they went trick or treating with Mickey and spent Valentine's Day with the Disney Princesses."

"Let's Celebrate! is all about experiencing the holidays through the eyes of the Disney characters. We have a variety of celebrations from all over the world," adds Vincent. "With Mickey's Digital Global Destinator, we are able to travel to far-off places like China for the Chinese New Year and to Brazil for Carnival."

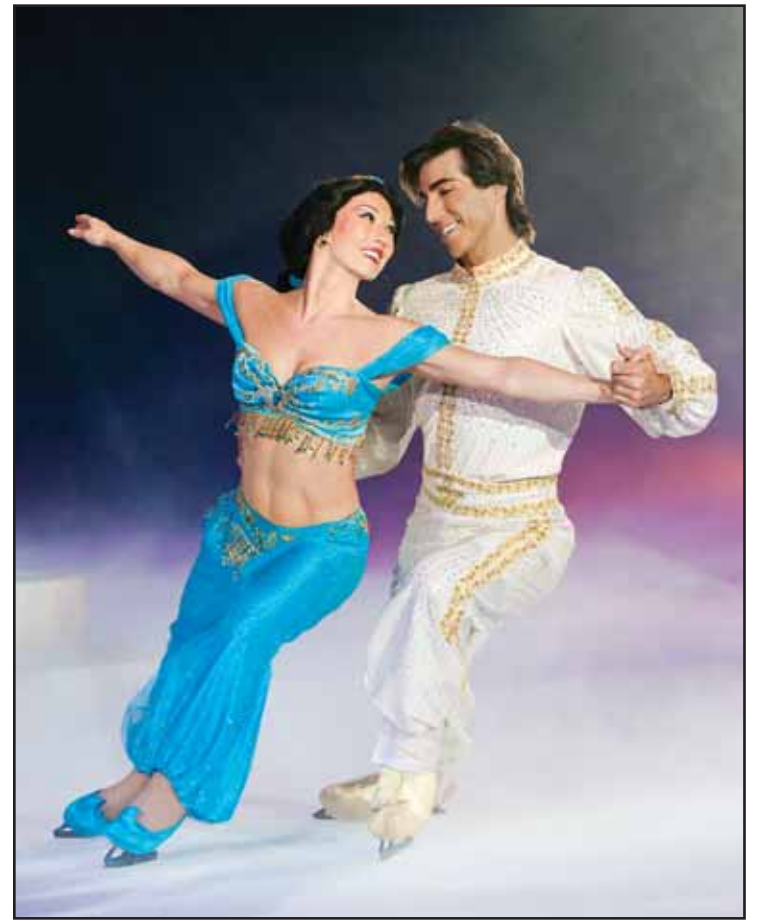
"The show takes on a contemporary perspective with new music, choreography, costumes and video technology that pumps incredible energy into every moment of the show," says writer Jerry Bilik. "Mickey even causes a few mix-ups with his Digital Global Destinator, but in the end everything wraps up in one of the happiest celebrations ever!"

As Mickey and pals travel through each special time of year, Scenic Designer Robert Little sets the ice with iconic props that embody the essence of each celebration. An

illuminated cherry blossom tree depicts the beauty of the Japanese Cherry Blossom festival, Sakura; a tree-like structure wrapped in gleaming white lights descends from the ceiling as snowfall blankets the scene of a Winter Wonderland; and an elegant canopy of shimmering fuchsia chiffon drapes the ice for a Valentine's Day Royal Ball.

"I tried to design pieces that encompassed what comes to mind when you think of that particular celebration," says Little. "For the Halloween scene, I visualized an eerie environment with an iron gate surrounded by giant spider webs and spooky jack-o-lanterns. The entire arena will feel the Halloween spirit regardless of what time of year it is."

From twisting and fire-twirling Hawaiian luau dancers to the zombie-like movements of the ghoulish groupies in the Halloween segment, choreographer Cindy Stuart adds high-energy and a unique style to each performance number. "We really stepped out of the box with the choreography for this show,"



says Stuart. "The production numbers revolve around the celebrations which are not necessarily part of the Disney stories we have worked with in the past. Every number is new and different from the others."

Audiences get a taste of New Orleans, where Tiana's story takes place, in a Mardi Gras performance that is packed with upbeat jazz-influenced choreography and music. In the Valentine's Day segment, seven extraordinary pairs of Disney Princesses and Princes skate to contemporary remixes of classic songs from each princess story and then come together for a large number to "That's How You Know" from Walt Disney Pictures Enchanted. At a Very Merry UnBirthday Party, a

fast-paced skating frenzy ensues as the characters toss around the Mad Hatter's hat. Then a uniquely choreographed precision skating number follows with Sorcerer Mickey bringing 15 skaters in broom costumes to life and sweeping across the ice in a synchronized formation.

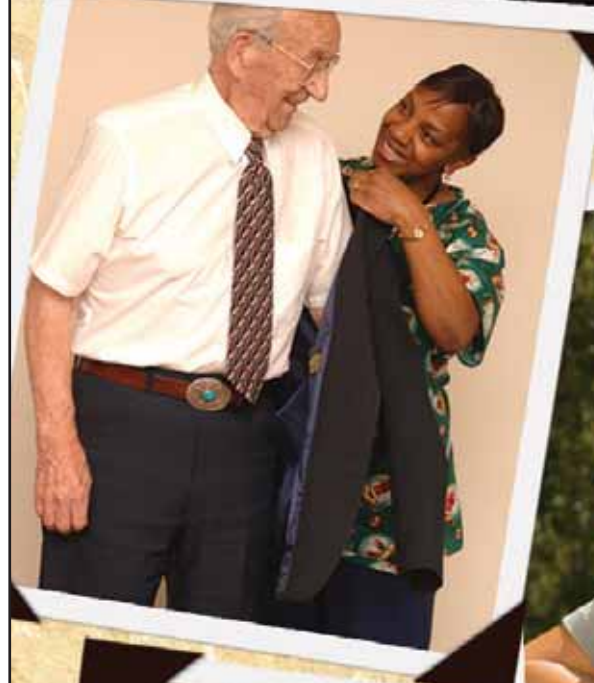
With a contemporary flair and eclectic mixture of creative elements, Disney On Ice presents Let's Celebrate! is an incredible party that will inspire families to celebrate year round.

To discover more about Disney On Ice, log on to www.disneyonice.com, or visit us on Facebook and YouTube.

Photo Credits: Feld Entertainment



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Assistance League of Sacramento Offers \$500 Scholarships

Application Deadline: Friday, February 25, 2011

Sacramento – “Assistance League of Sacramento will award \$500 scholarships for the second time through its Scholarship Program, and application packages must be postmarked by February 25, 2011,” announced President Liz Stenstrom. She also said, “We are thrilled that our members have contributed so generously to our Scholarship Program headed up by Maureen Gormley of Rancho Murieta.”

Mrs. Gormley said, “We want to inspire, encourage, and support

students in their pursuit of education through the granting of scholarships”. Gormley also said, “For students who are unable to afford a college education, the future can look bleak, and Assistance League of Sacramento wants to make a difference. In addition to the financial assistance offered, when students are recognized for their accomplishments it often gives them the confidence to pursue other goals. We’ve heard from our recipients that these scholarships have helped them

recognize their own potential.”

The goal is to provide college access for motivated local students. This year, students from six (6) local community colleges will participate in our scholarship program. They are American River College, Cosumnes River College, Folsom Lake College, Sacramento City College, Sierra College, and Woodland Community College. Scholarship applications are available at www.sacramento.assistanceleague.org. For questions about the application process, contact

alsac.scholarship@gmail.com. The requirements are that students must:

- Have life circumstances that are more difficult than most;
- Be a continuing student who has successfully completed a minimum of 6 units;
- Currently be enrolled in a minimum of 9 units
- Have a grade point average of 2.0 or above;
- Be a resident of California;
- Be willing to maintain communication with Assistance League of

Sacramento regarding educational progress;

- Use the scholarship for educational purposes (registration, tutoring, books, housing, etc); and
- Submit completed application form, two completed Reference Questionnaires, and an unofficial college transcript. The application package must be postmarked by February 25, 2011.

Assistance League of Sacramento is an all-volunteer, non-profit community service organization, founded in 1966 and chartered in 1968 as a chapter of Assistance League®. It has over 230 local members who concentrate their volunteer efforts on programs and services benefiting hundreds of thousands of people in Sacramento and Yolo Counties. For information about Assistance League, contact alsacmail@gmail.com or call (916) 488-0828.



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