

Carmichael Times



For Seniors,
February
is a Month
to Focus
on the Heart

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Inspired by
the Lewis Carroll
Classic

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Volume 31 Issue 5

Serving Carmichael and Sacramento County since 1981

February 2, 2011

Carmichael's Olden Days

United Way Honors Nonprofits & Vol's



The Fred Graves family and livestock near the barn that housed the 1914 settlers. Located at the corner of Fair Oaks Blvd and Kenneth Ave, their acres were among lots offered by Carmichael Colony promoter Daniel Carmichael. The Graves property now houses the Sierra View Funeral Chapel. Photograph courtesy Doris Graves Chez.

By Susan Maxwell Skinner

Carmichael - Every host dreads throwing a party and having nobody show up. I was thrilled when 114 people came to my recent history program at the Carmichael Park Clubhouse. Their interest underscores a growing enthusiasm to learn what occurred when Daniel Carmichael settled this area.

We boast no history club. But a mob of folk seem interested in photographic and anecdotal material I have gathered. They shared my lengthy power point presentation, laughing and gasping in all the right places. Some urged me to produce a local history book. I noted my husband's thunderous regard (my last tome took

16 hours a day for two years) and demurred. Instead, I hope to relate the travails of some of Carmichael's earliest settlers in a series of articles for this magazine. There is no shortage of local lore. While the original Colony was established in 1909, families such as the Coyles, Deweys, Ricketts, Barretts and O'Donnells were firmly rooted beside its boundaries a generation earlier. Clothed in suburbia, these once isolated farms now fall under the 95608 umbrella. Their owners' names label parks, schools and lanes farmers like John Barrett carved as our first streets. Happily, this trailblazing coincided with the infancy of photography. Farmers bequeathed some fantastic records of Victorian life on the

San Juan land grant.

Assembling an historic archive is my work in vigorous, volunteer progress. Hours before my presentation, I raced to Orangevale to acquire an epic image of 24-horses powering an ancient combine harvester. Worthy of Life Magazine, it was taken on the O'Donnell farm, beside Winding Way. At the last moment, I scrambled to incorporate this gem in my presentation. Audience jaw-dropping was audible.

The Deterding family also preceded the Colony's settlers by several years and farmed the area now called Ancil Hoffman Park. Matriarch Mary Deterding's largesse to later settlers remains legendary. Thanks to her grandson Russell, I exhibited

several unpublished Deterding pictures. Russell also loaned my relic de resistance: a 1920s fruit box bearing Mary A. Deterding's label.

One early picture records Fair Oaks Blvd (then H St), in dirt-track stage. Daniel Carmichael's seven-seater travelling car is visible. Driven by his agent George Artz, the vehicle hauled prospective land buyers to view sapling orange orchards on Van Alstine Ave. I have photographs of Carmichael Company stationary and much evidence of our founder's rollercoaster career. People who bought their little slices of Carmichael from him left equally fascinating stories. To plough watermelon fields, Fred Graves brought his beloved horses (and family) from South Dakota. They lived in a barn near Kenneth Ave. Granddaughter Doris Graves Chez offered pictures of horses, melons and the barn the Graves lived in.

Mary Ann Bertoglio shared a Coyle family Victorian wedding portrait. Bertoglio's Irish Catholic ancestors are considered the north area's first settlers. Cousin Joanne Shaver supplied the only known image of the Coyle homestead. It stood where the Mercy San Juan Medical Center now sprawls. Still on the site, a lone oak is the only visible remnant of pioneers whose descendants farmed Carmichael for almost a century.

Many prominent old timers attended my program and made the event a reunion of some of Carmichael's first families. I thank those who helped me piece together a growing jigsaw of our community's past. Fresh input is welcome. Those with material relating to early Carmichael may contact me at sknband@aol.com.



Sacramento - Kathleen Shevlin of Society for the Blind talks with volunteers Amelia Guzman and Jess Diaz at a United Way California Capital Region event honoring its nonprofit partners and their volunteers. The event, held at Mulvaney's and sponsored by AT&T, included 123 guests from 42 area nonprofits.

Fair Oaks Blvd. Corridor Plan CAC Holds Meeting on Feb. 3rd

Carmichael - Fair Oaks Blvd Corridor Plan Citizen Advisory Committee (CAC) meeting will be held Thursday February 3rd from 6-8 P.M. at the Carmichael Park Clubhouse; 5750 Grant Ave in Carmichael with a purpose to review revised land use tables and related matters.

The public is invited to attend. For more information contact Tricia Stevens, Principal Planner, Planning and Community Development Department at her office, 916.874.6141, 827 7th street, Rm 230, Sacramento, CA 95814

Church to Hold Annual Book Sale

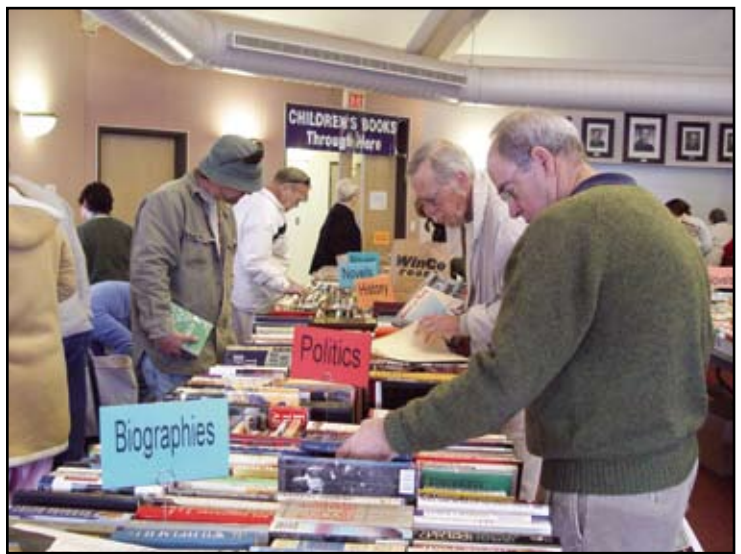


Photo Credit Ruth Holewinski.

Carmichael - Thousands of used books along with videos, DVDs, audios, CDs, and children's games will be sold at incredibly low prices at Our Lady of the Assumption Church's Annual Used Book Sale on February 12 and 13 from 9 a.m. to 3 p.m. on Saturday and 9 a.m. to 2 p.m. on Sunday in St. John's Hall located on the parish grounds at the corner of Cottage Way and Walnut Avenue in Carmichael, 2141 Walnut Avenue, 95608. The church is on the corner of Cottage and Walnut with a Cottage Way address. The sale is in St. John's Hall which faces Walnut and sits next to the school.

In its fourteenth year, this popular book sale offers all kinds of

hardback and paperback titles in every category imaginable and includes current releases as well as possible collector editions. Since parishioners and friends of the parish generously donate different books every year, each sale is a new opportunity to inexpensively add to a home's library. The parish Ladies Council sponsors the book sale and all proceeds go toward the Council's charitable works in Carmichael and Sacramento.

The church is on the corner of Cottage and Walnut with a Cottage Way address. The sale is in St. John's Hall which faces Walnut and sits next to the school.

DWR Announces Results of Second Snow Survey



snowpack is holding above average water content despite a dry January.

Statewide, real-time sensors show that snowpack water content is 78 percent of the April 1 seasonal average. This compares to an average reading of 55 percent for the same date. The above-average readings are due to heavy storms in October, November and December. January so far has recorded only about 13 percent of average precipitation for the month.

"We are still optimistic for a good water supply, but realize that we can come up short any given year," said DWR Director Mark Cowin. "Our unpredictable weather and delivery restrictions make it clear that conservation must always be one of our top priorities."

DWR estimates it will be able to deliver 60 percent of requested State Water Project (SWP) water this year. The estimate will be adjusted as hydrologic and regulatory

conditions continue to develop.

In 2010, the SWP delivered 50 percent of a requested 4,172,126 acre-feet, up from a record-low initial projection of 5 percent due to lingering effects of the 2007-2009 drought. Deliveries were 60 percent of requests in 2007, 35 percent in 2008, and 40 percent in 2009.

The last 100 percent allocation - difficult to achieve even in wet years due to pumping restrictions to protect threatened and endangered fish - was in 2006. The SWP delivers water to more than 25 million Californians and nearly a million acres of irrigated farmland.

The mountain snowpack provides approximately one-third of the water for California's households, industry and farms as it slowly melts into streams and reservoirs.

Manual surveys are conducted up and down the state's mountain ranges on or about the first of January, February, March, April and May. The manual surveys

supplement and provide accuracy checks to real-time electronic readings as the snowpack builds, then melts in early spring and summer. April 1 is when snowpack water content normally is at its peak before the spring runoff. Electronic readings indicate that water content in the northern mountains is 108 percent of normal for the date and 65 percent of the April 1 seasonal average.

Readings for the central Sierra are 126 percent of normal for the date 75 percent of the April 1 average. The numbers for the southern Sierra are 176 and 97. On December 28, the date of this winter's first manual survey, percentages of the snowpack's normal April 1 water content were 57 percent for the northern Sierra, 61 percent for the central Sierra, and 78 percent in the south.

Statewide snowpack readings are available on the Internet at <http://cdec.water.ca.gov/cgi-progs/snow/DLYSWEQ>

Sacramento Region - Recent manual and electronic readings indicate that California's mountain

Crocker Art Museum Receives Grant from Wells Fargo

\$250,000 Grant Increases Access to Art for Low and Moderate Income Students

Sacramento Region – The Crocker Art Museum is pleased to announce that it has been awarded a \$250,000 grant from Wells Fargo to increase access to arts education for low and moderate income students in the Sacramento region. This is the second grant of \$250,000 from Wells Fargo in support of the Museum's educational programming.

"Wells Fargo continues to be an invaluable partner in helping the Crocker fulfill its mission to serve the Sacramento community," said Lial A. Jones, Mort and Marcy Friedman Director of the Crocker Art Museum. "These grants enable us to bring the arts to diverse young audiences and spark creativity throughout our region. Wells Fargo has shown an ongoing commitment to arts education and to the Crocker, and a deep understanding of the vital role the

arts play in enhancing the life of our city."

Wells Fargo's support will enable Pre-K through 12th grade students from low and moderate income areas to participate in Museum program offerings as individuals or as part of school or community group. The Museum's educational programs serve more than 60,000 students and teachers annually from school districts across a six county region.

Wells Fargo has also helped fund "Striking Gold," an arts curriculum guide for 4th through 12th-grade educators, which uses artworks in the Museum's permanent collection to teach the California State Content Standards in history, science, language arts and visual and performing arts. More than 130 copies of "Striking Gold" have been distributed to educators in the region who

have participated in workshops and educational programs presented by the Crocker.

The Crocker Art Museum, established in 1885, is one of the leading art institutions in California. The Museum offers a diverse spectrum of special exhibitions, events and programs to augment its collections of Californian, European, Asian, African and Oceanic artworks. The Crocker is located at 216 O Street in Downtown Sacramento. Museum hours are 10 a.m.–7 p.m., Tuesday–Wednesday; 10 a.m.–9 p.m., Thursdays; 10 a.m.–5 p.m., Friday–Sunday. Every Third Sunday of the month is "Pay What You Wish Sunday" sponsored by Bank of America. For more information, call (916) 808-7000 or visit crockerart-museum.org.



By Christian Pebbles, Sac Metro Fire Captain

Sacramento- two vacant buildings burned early this morning. The first was two units of a four unit building

Metro's Message

Two Vacant Structures Burn in the Early Morning



located at 6041 Northcrest Circle in Carmichael. This fire occurred at 12:46 am and the cause is arson. The second was a residential home located at 5816 San Vincente Way in North Highlands and it occurred

at 2:20am. Transients were known to be at this structure and are being looked for for questioning. The cause is currently undetermined and arson has not been ruled out. One Firefighter received burns on his wrist and no civilian injuries were reported. The estimated damage of both buildings is \$200,000.

Anyone with information about either of these fires or any other deliberately set fire please contact the Arson Tip Line at 859-3775.

CAPITAL VALLEY UNITED SOCCER CLUB



is having tryouts for select and competitive soccer players at Foothill High School for boys and girls of the following age groups and days:

February 5 for age groups U-9 to U-14
February 6 for age groups U-12 to U-14
February 12 for age groups U-12 to U-14

Please visit www.capvalley united.com to preregister and to obtain information about our program.

2011 Vitality Workshops

Tuesday Evenings at 6:00 (Unless otherwise indicated)



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Mission Oaks Computer Club

The Mission Oaks Computer Club will meet on Thursday, February 10, 2011 from 1:00 PM to 3:00 PM at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA. The meeting topic will be "e-Book Readers", presented by

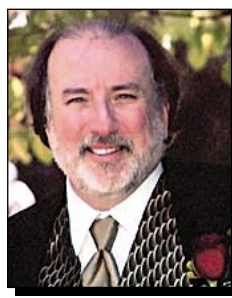
Sacramento Book Review's Ross Rojek. A problem solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our website at www.missionoakscomputerclub.org.

Delivery Routes Available Call 773-1111

Carmichael Times

"Written by the people and for the people" Serving Carmichael and Sacramento County since 1981

Publisher—Paul V. Scholl



Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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Carmichael Geranium Society Monthly Meeting

will be February 11th at Carmichael Park Community Clubhouse, 5750 Grant Ave., Carmichael, Sharon You from Redi-Gro will talk about Soil Amendments, Mixes & Fertilizers and have product samples. Refreshments will be served. We welcome everyone to our meetings. The meeting starts at 10:00am.

Widowed Persons Association of California, Inc.

Workshop

The next Recovery from Grief workshop will begin Thursday, February 10th, 3-5 PM, continuing for 6 weeks through March 17th. Please call our office at (916) 972-9722 between the hours of 10:00 a.m. and 3:00 p.m. to sign-up. The workshop is from 3 – 5 p.m. at 2628 El Camino Avenue, Suite D-18 (just east of Fulton Avenue on El Camino Avenue). Please enter from the parking lot at the rear of the complex. If there is no answer at the office, leave your name, phone number and reference the workshop and someone will return your call or email us at wpa1@sbcglobal.net.

For further information, contact Barbara Stewart at 363-3482.

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IRS to Start Processing Delayed Returns on Feb. 14

Most People Unaffected and Can File Now

Sacramento Region—The Internal Revenue Service plans a Feb. 14 start date for processing tax returns delayed by last month's tax law changes. The IRS reminded taxpayers affected by the delay they can begin preparing their tax returns immediately because many software providers are ready now to accept these returns.

Beginning Feb. 14, the IRS will start processing both paper and e-filed returns claiming itemized deductions on Schedule A, the higher education tuition and fees deduction on Form 8917 and the educator expenses deduction. Based on filings last year, about nine million tax returns claimed any of these deductions on returns received by the IRS

before Feb. 14.

People using e-file for these delayed forms can get a head start because many major software providers have announced they will accept these impacted returns immediately. The software providers will hold onto the returns and then electronically submit them after the IRS systems open on Feb. 14 for the delayed forms.

Taxpayers using commercial software can check with their providers for specific instructions. Those who use a paid tax preparer should check with their preparer, who also may be holding returns until the updates are complete.

Most other returns, including those

claiming the Earned Income Tax Credit (EITC), education tax credits, child tax credit and other popular tax breaks, can be filed as normal, immediately.

The IRS needed the extra time to update its systems to accommodate the tax law changes without disrupting other operations tied to the filing season. The delay followed the Dec. 17 enactment of the Tax Relief, Unemployment Insurance Reauthorization, and Job Creation Act of 2010, which extended a number of expiring provisions including the state and local sales tax deduction, higher education tuition and fees deduction and educator expenses deduction.

For Seniors, February is a Month to Focus on the Heart

Carmichael Oaks Senior Living Offers Tips



Carmichael —February is American Heart Month, and there is no time like the present to get seniors involved in making heart healthy choices. It's no secret that cardiovascular disease is a leading threat for seniors, but there are lifestyle choices that can be made like healthy exercise and a good diet that can help prevent premature death and improve the quality of life. At Carmichael Oaks good food and encouragement to exercise are part of daily life, and residents at the community recognize the difference it can make.

"Our residents find that eating a healthier diet and participating in exercise programs truly does make them feel better," said Virginia Stone, marketing director for Carmichael Oaks.

The staff at Stratford at Beyer Park would like to share some tips for heart healthy lifestyle choices for seniors that are successfully adapted by many of their residents.

Exercise

Daily exercise will help keep your heart healthy. The American Heart Association recommends at least 30 minutes of aerobic activity per day. Choose yoga, bicycling, dancing, walking or swimming to get the heart pumping and improve heart health.

Watch Your Weight

One of the easiest ways to maintain

a healthy weight is to control the size of your portions. Don't eat more than 2 to 3 oz. of meat per meal and 1/2 cup of pasta or other starch.

Add Fiber Every Day

A high-fiber diet will do double duty of filling you up and helping prevent inflammation of the arteries. Some of the healthiest sources of fiber include fruits, vegetables, whole grains and nuts.

Eat The Good Fats

Eat less butter, full-fat dairy and fewer fatty meats and fried foods. Replace them with olive or canola oil, nuts and seeds, natural peanut butter, trans-fat-free margarine, fatty fish and avocados. Foods loaded with omega-3 fatty acids are beneficial to your cardiovascular system like salmon, sardines, halibut, olive oil and soybeans.

Lower Your Sodium

Cut back the sodium as much as you can stand it. It can elevate your blood pressure. It's suggested to not take in more than 2,300mg of sodium per day, which is the equivalent of about 1 tsp. of salt.

Take Time to Smell the Flowers

Time to rid yourself of stress it takes it toll on the heart. Try taking several deep breaths and slowly exhaling a couple of times a day. And don't forget to take time each day to take part in an activity you enjoy be it a puzzle, cup

of coffee with a friend, bird watching, reading or knitting a new scarf.

Life's Vice - Don't Smoke, and Drink in Moderation

You've been told most if not all your life that all forms of smoking are not good. Small amounts of alcohol can be beneficial to your heart by increasing good cholesterol the high-density lipoproteins. How small is small? One drink a day for women and two for men.

Eat calcium-rich foods

Low-fat or fat-free dairy products are high in calcium and help keep your bones strong as you age.

Drink plenty of fluids

It's common to feel less thirsty as you get older, but your body still needs the same amount of water. As a result, many seniors are at risk for dehydration. Try to drink six to eight 8-ounce glasses of fluid.

Supplement with caution

Supplements, such as calcium, vitamin D, vitamin K and some B vitamins, may be helpful for some older adults. But certain vitamins can interact with medications, so make sure you talk with your doctor before you start any supplements.

The Carmichael Oaks Senior Living provides the finest in senior living with three lifestyle options: independent living, assisted living and memory care. Located in Carmichael, California the expert trained staff provides residents with the highest standards of senior care services. It is operated by Integral Senior Living, which manages independent, assisted living and memory care properties. ISL is founded on a care philosophy that fosters dignity and respect for residents and promotes their independence and individuality. For more information about Carmichael Oaks call (916) 944-2323 or visit www.carmichaeloaks.com.

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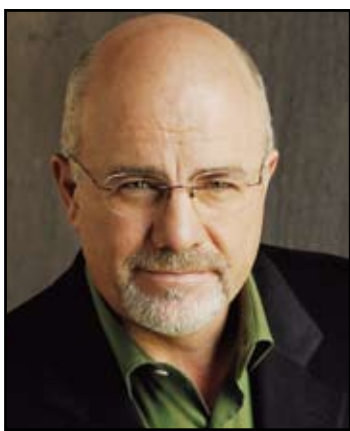
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Dave Says

There's absolutely nothing wrong with dating inexpensively if you're thoughtful. Just don't be so cheap that you're freakish about things. There are plenty of nice, stylish places that don't cost an arm and a leg. A picnic and a Frisbee will go a long way on a pretty day! Your efforts to be a gentleman and make things happen in creative ways will be a lot more charming to any lady worth dating than throwing down an extra \$100 at a snooty restaurant you can't afford.

The other thing is to make dating part of your monthly budget. In your situation, it's a legitimate expense, and you need to make it part of your financial game plan. Then, if you're seeing someone on a regular basis, and the money in the "dating" envelope is getting low, you can explain to her that you're working hard to manage your money properly so you'll be wealthy one day.

- Dave

Nix the Lawn Service?

Dear Dave,
We currently pay to have our lawn mowed each week. This expense is figured into our monthly budget, but we're not quite out of debt yet. My

wife says this is a luxury at this point, and I should cut the grass myself until we're out of debt. What do you think?

- Ty

Dear Ty,

I think it depends a lot on your income. If you're a surgeon making \$350,000 a year, then making lawn care part of your monthly budget is probably pretty reasonable. Now, if you're only making \$26,000 a year, you probably need to get behind the mower and start pushing it yourself!

Is this a snobbish attitude? I don't think so. It's a simple matter of mathematics. What is your personal time worth in the marketplace, and should you be plying your trade out in the world rather than mowing the lawn?

Let's say you're an attorney who charges \$400 an hour. In that case, you're probably going to be better off out there lawyering—especially if you're trying to get out of debt—than you would pushing a mower. But if you make \$12 an hour, it's a good idea for you to be cutting your own grass, isn't it?

Whether or not something is a "luxury" depends on your own personal income and financial situation. That's how I look at it

- Dave

For more financial help please visit daveramsey.com.

Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers – *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Dating on a Dime

Dear Dave,
I'm a recent college graduate, and I'm determined to follow your plan and get out of debt. My biggest problem is when it comes to dating. Things aren't cheap today, so aside from not dating, how do you handle this area of your life when you're trying to get your finances in order?

- Roland

Dear Roland,
First of all, you definitely need to date people. I couldn't have gone without dating, especially at your age. So, I'm not going to tell you to do something I couldn't do.



Eskaton Offers Workshops Guided Autobiography

With the help of a certified instructor, learn to write and share your life stories, two pages at a time. Weekly themes, creativity exercises and priming questions help to get your life story on paper.

For information on reservations and fee, call The Senior Connection at 916-334-1072.

Classes will be held from 1:00 p.m. – 3:00 p.m. on Thursdays, January 13 - February 10.

Eskaton Community Services Center, 8525 Madison Avenue, Suite 150, Fair Oaks, CA 95628



West Coast Premiere of A Southern Exposure

Chautauqua Playhouse has announced the West Coast theatrical premiere of A SOUTHERN EXPOSURE, a new comedy-drama by Kelley Kingston-Strayer, which started on January 14th, at the Playhouse. The show will run on Fridays and Saturdays at 8:00pm and Sundays at 2:00 pm through February 20th. All performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$18 general and \$16 students, seniors, children and SARTA members.



Appearing in "A Southern Exposure":

(L) Janice Read Hoberg, Sara Sells, Linda Nalbandian

Set in a small town in present day Kentucky, Callie Belle Hurt, a young woman raised by Hattie, her cantankerous, controlling grandmother and two eccentric, doting aunts, announces she's moving to New York to live with her boyfriend. Will Callie's fairy-tale ending be dashed? Will she realize her own self worth? Can damaged relationships be saved? This moving and humorous award winning comedy-drama gets its first West Coast production at Chautauqua!

The show is directed by Paul Fearn, featuring a talented cast including Janice Reade Hoberg, Linda Nalbandian, Deborah Odehnal and Sara Sells. Set design is by Rodger Hoopman and costumes are by Eileen Beaver. Light design is by Don Myers.

For tickets and additional information call the theatre at (916) 489-7529 (PLAY). Information and tickets are also available through the Chautauqua Playhouse website: www.cplayhouse.org.

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A Non-Profit Organization

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Carmichael Recreation and Park District is announcing these upcoming events

Tiny Tots

Taught by Kelly Stapp • Ages 3-5 years

Tiny Tots is all about discovery and encourages children to pursue new talents and interests while building confidence. Participants enhance their skills through socialization, beginning academics, numbers, language, arts and crafts and much more. A parent information packet is available at the time of registration. Returning students have priority.

Location: Carmichael Park Tiny Tots Room

Kindergarten Readiness

Day/Time: Mondays, Wednesdays and Fridays, 9am – Noon

Dates: 1/3 – 2/14 (no class on 1/17), 2/28 – 4/8
Fee: \$265

Kindergarten Readiness

Day/Time: Tuesdays and Thursdays,

9am – Noon. Dates: 1/4 – 2/10, 2/29 – 4/7
Fee: \$180

Carmichael's Biggest Loser Program for Teens Taught by Mimi Rogers-Phillips, Wellness Coach Ages 11-14

Feeling self-conscious because of your weight or that you can't participate in activities other kids do? We want to offer you a chance to get your confidence back by lending you a support system to help you through your desired weight loss journey. Join Commit Under 200 (CU200). The program offers resources, coaching, 1 on 1's, exercise, proper food preparation, healthy restaurant eating and more. No fads, diets or surgeries...just 12 weeks of learning how to build the spiritual, emotional, mental and social structure that ultimately leads to a more positive and confident persona.

Location: La Sierra Community Center, Room 810

Day/Time: Thursday, 7-8:30pm

Dates: 1/13-3/31

Fee: \$80/12 weeks

For more information call the District at (916) 485-5322
or visit our web page at www.carmichaelpark.com.

Princess Party

Saturday, February 12, 1-3pm

Ages 1-6 years • \$20 per child

La Sierra Community Center, Gibbons Room (rear of complex, facing Gibbons Dr.)
5325 Engle Road

Here's an opportunity for your special princess to spend an afternoon having fun with other girls just like her! The professionals from Once Upon a Princess will provide us with tiaras, face painting, a tea party and other fun activities specially designed to treat your princess...like a princess!

Kid's Hangout

Before & After School Care

The Kid's Hang Out Before and After School Program is held at the La Sierra Community Center, Monday through Friday throughout the 2010/11 school year. Kids are in a safe environment where your child can read, do homework, have a nutritional snack, socialize with their friends, and be involved in sports and other activities. Transportation is provided to and from your child's school, to the La Sierra Community Center.

Before school care program opens at 6:45am. After school program begins when we pick up your child from school and closes at 6pm. The program runs throughout the school year and registration is ongoing.

FEES:

After School Care:

\$80 per wk • \$60 per wk (any 3 days)

Before School Care:

\$30 per wk if enrolled in after school program

\$35 per wk not enrolled in after school program.

The fee includes transportation, supplies, snacks and qualified staff.

To register or for more information please visit us at the La Sierra Community Center Sports Office, 5325 Engle Road, Suite 100, Carmichael or contact us at (916) 483-7826.



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Mia Rangel,
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- More energy generated from wind, solar, hydroelectric and biomass – currently 23% of SMUD's resource mix and growing.

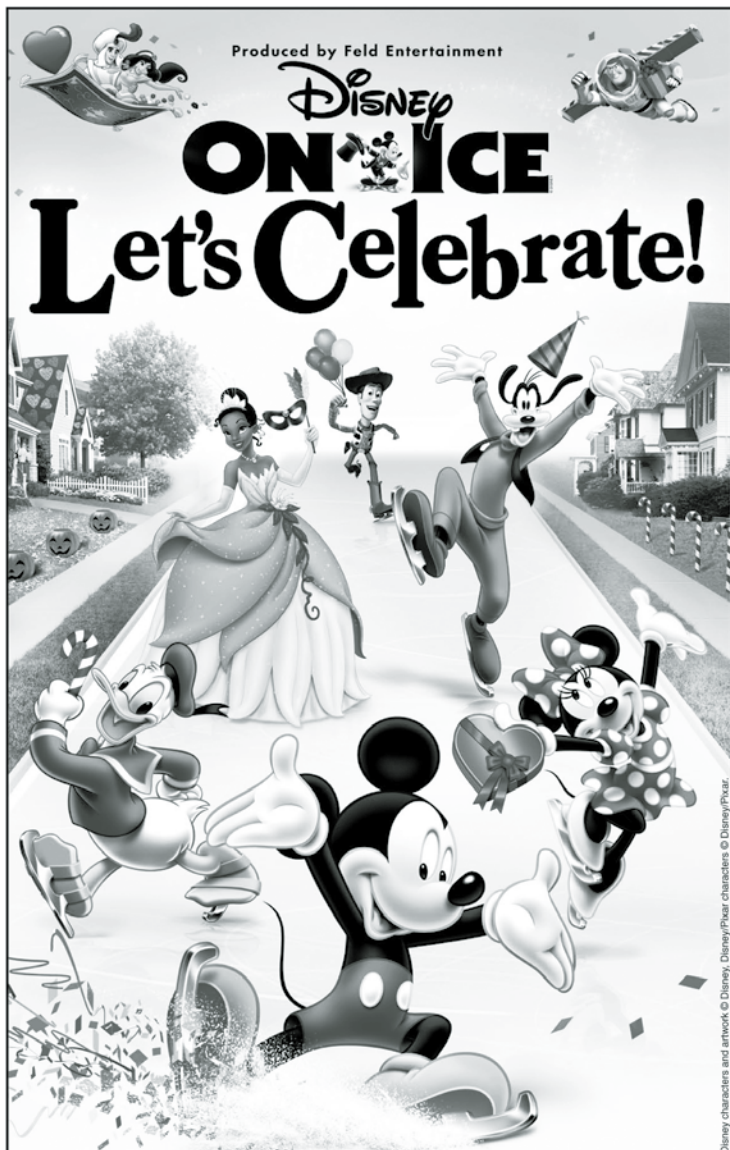


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(Service charges, facility and handling fees may apply.)

FEB. 10 - 13



Thu. FEB. 10 * 7:00 PM	Fri. FEB. 11	Sat. FEB. 12	Sun. FEB. 13
OPENING NIGHT			
Buy One Ticket, Get One FREE!*	7:00 PM	11:00 AM 3:00 PM 7:00 PM	1:00 PM 5:00 PM

*Excludes Front Row and VIP seats. No double discounts.

Buy Stockton tickets at www.stocktontickets.com, Stockton Arena Box Office or call (209) 373-1700.

FEB. 16 - 21



Wed. FEB. 16 * 7:00 PM	Thu. FEB. 17	Fri. FEB. 18	Sat. FEB. 19	Sun. FEB. 20	Mon. FEB. 21
OPENING NIGHT					
Buy One Ticket, Get One FREE!*	7:00 PM	11:00 AM 7:00 PM	11:00 AM 3:00 PM 7:00 PM	11:00 AM 3:00 PM 7:00 PM	12:00 PM 4:00 PM

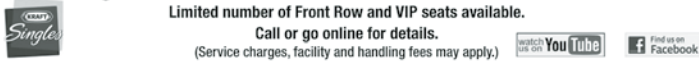
*Excludes Front Row and VIP seats. No double discounts.

Buy Sacramento tickets at Ticketmaster.com, ticketmaster.com Retail Locations, Arco Arena Box Office or call 1-800-745-3000.

Regular Ticket Prices: \$14 - \$17 - \$23 - \$40 VIP - \$65 Front Row
Limited number of Front Row and VIP seats available.

Call or go online for details.

(Service charges, facility and handling fees may apply.)



17th Annual Healthy Horizons Senior Wellness Fair at Eskaton Village Carmichael

Name of Organization:
Eskaton Village Carmichael

What: 17th Annual Healthy Horizons Senior Wellness Fair

When: Wednesday, March 2, 2011 from 12:30 pm - 2:30 pm

Location:
Eskaton Village Carmichael
3939 Walnut Avenue
Carmichael, CA 95608

Contact Information:
Stefanie Strickley, Fitness and Wellness Program Coordinator

Contact Phone Number:
(916) 974-2000

Description of Event:
Senior Wellness Fair. A variety of health and wellness professionals. Free samples, prize drawings & health screenings.

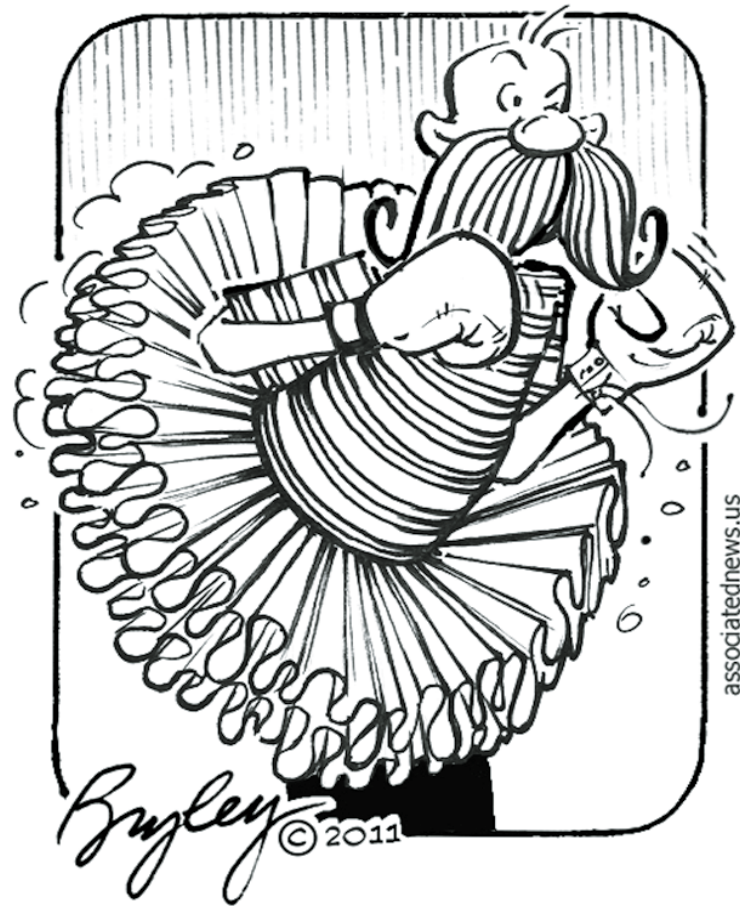
Cost: Free to the Public

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St. John the Evangelist Annual Crab Feed

Carmichael - St. John the Evangelist School in Carmichael is hosting its 27th Annual Crab Feed on Saturday, February 5, 2011 from 6 p.m. to Midnight. 6 p.m. to 7 p.m. is no host bar and hors d'oeuvres, 7 p.m. to 9 p.m. is salad, dinner roll, pasta, crab and dessert and from 9 p.m. to midnight is dancing. You can buy raffle tickets to win some great prizes or bid on a premium dessert in the dessert auction to enjoy with dinner. Tickets are \$40 per person or \$39 each when purchased as a block of 10 tickets. All proceeds go toward the school. For more information please call the school office at 481-8845.



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	9	7	5				4	8
	1	5	8	2				
				9	7	3	5	
	6							
	3		2		5		9	1
				3	6	9		8

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!

For Solution See Page 7.

O	B	E	A	H		B	O	W		J	O	W	L			
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Crossword Puzzle on Page 9

Thanks-A-Lot™ Cookie Packaging will Help Reduce Waste

Sacramento - Instead of the Girl Scout Cookie box you're familiar with, one type of Girl Scout Cookie will have a brand new look. Girl Scouts of the USA and ABC Bakers have decided to go "green" by eliminating the outer box from the Thanks-A-Lot™ Cookies to reduce waste.

"The Thanks-A-Lot™ packaging is part of a pilot program and our intentions are to transition all Girl Scout Cookies to this form of packaging," said VP of Strategy and Innovation for Interbake Foods, Gunther Brinkman.

During last year's sale Girl Scouts

in the Sacramento, Modesto and Stockton areas sold more than 13,000 cases of Thanks-A-Lot™ Cookies; if girls sell the same amount of Thanks-A-Lots™ in 2011, they will be eliminating more than 156,000 cookie boxes from the local waste stream. Nationally, 150 tons of paperboard will be eliminated by changing the Thanks-A-Lot™ packaging.

"If consumers like the new packaging, and the new packaging maintains cookie integrity in terms of breakage, we will begin testing of similar packaging for the other types of Girl Scout Cookies," said Brinkman.

Eliminating the box not only reduces waste but allows more cookie packages to fit in a delivery truck. This smaller sized package will yield an energy saving equivalent to 30,000 gallons of gasoline.*

Help us reduce waste and fund programs that build girls of courage, confidence and character by purchasing Girl Scout Cookies today! Girl Scout Cookies will be for sale from now until March 20. Also debuting this year is our newest cookie, Shout Outs™, a Belgian-style caramelized cookie. For more information, please visit www.girlscoutshcc.org.

*EPA Waste Reduction Model

Root Cellar February Events

Family History Keepsakes

Bring a family memento to "Show and Tell" about its history at the Root Cellar-Sacramento Genealogical Society - general membership meeting Wednesday February 9, 2011, 7pm-8:30pm, Citrus Heights Community Clubhouse 6921 Sylvan Road, Citrus Heights. Free, visitors welcome. Contact Sandi Benward 916-412-3511 or www.rootcellar.org.

Genealogy Brickwall Busters

Get help from others with your ancestor search roadblock at a workshop, 1pm to 3pm, Wednesday, February 16 at the Clubhouse, Country Squire Estates, 5720 Oak Hill Drive, Sacramento. Contact John Jay 916-331-0963 or www.rootcellar.org

ATTENTION ALL RECIPIENTS OF DE PUY

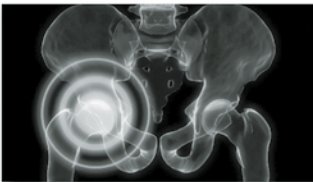
DEFECTIVE HIP IMPLANTS

Don't rely on the company who gave you a potentially defective hip implant to advise you on your legal rights!

DePuy Orthopaedics, a division of Johnson & Johnson, has issued a worldwide recall of its ASR™ Acetabular System for Total Hip Replacement, after determining that these hip implants may fail at an alarming rate. The "metal-on-metal" composition of these implants can release particles into the patient, potentially causing serious and painful reactions — sometimes requiring complete revision surgery.

Reportedly, Johnson & Johnson has been seeking medical releases from recipients so that their claims adjustors can speak with you directly and possibly take down statements without your having counsel present — an unwise action for any recipient to do.

Having a defective hip implant in your body clearly demands having your own lawyer. You



must be very cautious with dealing with the manufacturer or its representative without proper legal representation.

If you have a DePuy ASR™ product, please call us immediately, as there are time limits for filing a claim. You might already have problems with the implant about which you are unaware, so please contact us — and certainly do not forfeit your legal rights without talking to us.

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Auburn - 2B/1B Apt, 800 sq ft. \$700 mo, 1/2 off 1st mo. rent. Sterling Ridge, 203 Electric St, 530-885-8082 (MPG 12-22)

BUSINESS/COMMERCIAL Old Town Fair Oaks. Prime location for RENT. Asking \$1500.00 a month with lease. Property includes: • 4 (four) oversized mechanical bays, all with roll up doors • 2 (two) working/well maintained hydraulic lifts • Secure/gated parking • Built-in cabinets

• Deep sink to wash up in
• Plenty of overhead lighting
• Alarm system
• 110/220 single phase hook ups
• Swamp cooler
Located near a major intersection. Any questions or to view the property please contact: M. W. 916-638-7439 (MPG 08-25)

COMMERCIAL Office/Warehouse space. 1,000 up to 3,000 sq. ft. available @ .55¢ (month to month) or negotiable lease. Excellent 1-80 access near ARC (Auburn Blvd/College Oak). Call Lisa West @ (916) 331-0840. (MPG)

\$490 per month Charming Cottage in Gold River. Looking for quiet woman to rent bedroom. No share. In my small charming cottage nestled amid rose garden, Washer/Dryer. No pets or smoking. Near transportation. 25 mins from ARC and Sac State. 916-631-8784. (MPG)

For Sale

2 bedroom Mobile Home 12x60, in Citrus Heights, Sac., Mobile Home Park for 55 +, \$7,900. Call **916-765-6282 8-4 pm** (MPG 12-08)

Foster Care

Foster Care in Your Home: Highest Rates! E-mail newfosterparents@stthc.org (MPG 12-01)

Free Hearing Test

Miracle-Ear FREE Hearing Test, Courtesy of Miracle Ear. CALL For Appt. with a LOCAL Specialist. Rediscover the Life You've Been Missing! Call Today-1-877-339-3002 (MB 12-31)

Garage Sales Online

BeaverJack.com Online Garage Sale Info. Advertise for FREE or Search by zip for FREE. (MPG 09-01)

Gardeners

Smith's: Full Maintenance, Sprinkler, Pruning, Aeration, Gutter Cleaning, Hauling, 967-7543 or see www.SmithsLandscape.com (MPG)

Golf Equipment for Sale

2 Bags Good Condition, 1 Golf Caddy, Titlest Clubs, Diamond Head, Browning 440, Topflite, Cleveland, Titlest, Zebra, MacGregor Silver, Gravity Back Cobra, Stan Thonson, Callaway Silverhead, Bucket of balls (used) Best Offer for All. Call Scott 613-8359 (MPG)

Groomer

Pinkiepop, in home grooming service. 18 yrs. exp. \$5.00 discount, 1st visit. References. Call Victoria (916) 256-0487. (MPG)

Handyman

Handyman, JR Handyman Service Randy 916-880-6742 Joel Carter 916-637-3825 (MPG)

Household Helper. You Name It! Hauling, Gutters, Tree Trim, Spot Carpet Clean 613-8359 (MPG)

Handy Guys Small Jobs, Senior Discounts Gutter Cleaning-Deck's Woodwork 916-519-5135 Free Estimates (MPG)

A-1 Home Maintenance & Repair "Handy Man" California state certified electrician Plumbing repair. Fence repair. Free quotes-no job too small. Please leave message. 916-961-8059 (MPG)

Health/Misc.

HIP REPLACEMENT SURGERY: If you had hip replacement surgery between 2005-present and suffered problems requiring a second revision surgery, you may be entitled to compensation. Attorney Charles Johnson, 1-800-535-5727 (SWAN)

LOW COST WEIGHT LOSS With Your Personal Coach. Start Free Call 916-599-1318 (MPG)

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Heating & Air

AC Repair Low Prices 487-4609 (MPG)

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm (MPG)

Help Wanted

Adult Residential Facility is in Need of Live-In Caregiver with experience in an ARF facility, good DMV record, and hardworking. Please call Orlando or Hermie at 916-487-4482. (MPG)

ABLE TO TRAVEL Hiring 8 people. No experience necessary. Transportation & lodging furnished. Paid training. Work and travel entire USA. Start today. www.ProtekChemical.com 1-208-590-0365. (Cal-SCAN)

ATTN: COMPUTER WORK. Work from anywhere 24/7. Up to \$1,500 Part Time to \$7,500/mo. Full Time. Training provided. www.KTPGlobal.com or call 1-888-304-2847. (Cal-SCAN)

34. Call Mon-Fri 1-800-345-6289. (Cal-SCAN)

DRIVERS - CHECK THIS OUT! New Pay Increase! 34-40 cpm. Excellent Benefits. Need CDL- A & 3 months recent OTR. 877-258-8782. www.MeltonTruck.com (MPG)

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Pathologist Perform general anatomic & clinical inpatient/outpatient pathology services. Travel to other unanticipated sites may be required. Kolbeck, Bauer & Stanton Medical Corporation, 3637 Mission Ave., Ste. 5, Carmichael, CA 95608. (MPG)

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Health Care Marketing. We are successful business entrepreneurs looking for people passionate about health & business. Go to www.myprolindbusiness.com and watch a video News clip. Leave your name and email address to learn more, we will get back to you. (MPG)

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Handyman, JR Handyman Service Randy 916-880-6742 Joel Carter 916-637-3825 (MPG)

Household Helper. You Name It! Hauling, Gutters, Tree Trim, Spot Carpet Clean 613-8359 (MPG)

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Health/Misc. **HIP REPLACEMENT SURGERY:** If you had hip replacement surgery between 2005-present and suffered problems requiring a second revision surgery, you may be entitled to compensation. Attorney Charles Johnson, 1-800-535-5727 (SWAN)

LOW COST WEIGHT LOSS With Your Personal Coach. Start Free Call 916-599-1318 (MPG)

Look Younger in Less Than a Day! www.hydratedskin.com then call 916-988-3027 ask for a Free Sample (MPG)

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AC Repair Low Prices 487-4609 (MPG)

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Adult Residential Facility is in Need of Live-In Caregiver with experience in an ARF facility, good DMV record, and hardworking. Please call Orlando or Hermie at 916-487-4482. (MPG)

ABLE TO TRAVEL Hiring 8 people. No experience necessary. Transportation & lodging furnished. Paid training. Work and travel entire USA. Start today. www.ProtekChemical.com 1-208-590-0365. (Cal-SCAN)

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HouseCleaners Do You Love Being Part of a Winning Team? Do You Love to Clean? Do You Love Making Customers Happy? If You Answered YES! We Want YOU! **HouseCleaners** is recruiting for our Sacramento area team. Please call Sylvia at (916) 955-6089, or e-mail your resume to: sachousecleaners@hotmail.com. All applicants must be willing to undergo background checks and drug testing. (MPG 08-15)

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"FREE Document Shredder with New Annual Enrollment. **LifeLock Identity Theft** Protection- Help Protect Yourself Today! Call Now! Use Promo Code: SHREDDER Call 1-877-467-5506 (MB 12-31)

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FICTITIOUS BUSINESS NAME STATEMENT #1010783. Ivan Formazuk, 4928 Vir Mar St. #49, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Euro Flooring" at 4928 Vir Mar St. #49, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Dec. 14, 2010. Publish: Jan. 12, 19, 26, Feb. 2, 2011.
EUROFL 10102 2-2-11

FICTITIOUS BUSINESS NAME STATEMENT #1011029. MGG, LLC, 330 California Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Eco Fire Solutions" at 3303 California Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Dec. 23, 2010. Publish: Jan. 12, 19, 26, Feb. 2, 2011.
ECOFIR 10102 2-2-11

FICTITIOUS BUSINESS NAME STATEMENT #1009257. Catherine Fagiolo, 4910 Shamrock Dr., Fair Oaks, CA 95628 is doing business under the Fictitious Business Names "Presentations Plus; Choral Studio; Studio Classico" at 4910 Shamrock Dr., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Oct. 20, 2010. Publish: Jan. 12, 19, 26, Feb. 2, 2011.
PRESEN 10102 2-2-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00091577
 WHEREAS, Natalia J. Hailen and Stan V. Hailen have filed a petition with this court for a decree changing name of Vladislav Mikhalenko to Vlad Stan Hailen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Feb. 8, 2011 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 15, 2010. Kevin R. Culhane Judge of the Superior Court
 Publish: Jan. 12, 19, 26, Feb. 2, 2011.
HAILEN 10102 2-2-11

NOTICE OF PETITION TO ADMINISTER ESTATE OF THURMOND COOPER
 ESTATE NO. 34-2011-94732
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of THURMOND COOPER:
 A petition has been filed by ALICE COOPER in the Superior Court of California, County of Sacramento, requesting that ALICE COOPER be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826 on February 18, 2011 at 9 a.m. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code. The name and address of petitioner or petitioner's attorney is: Alice Cooper, 399 DuBois Ave., Sacramento, CA 95838. Publish: Jan. 19, 26, Feb. 2, 2011.
VANLE 10103 2-2-11

FICTITIOUS BUSINESS NAME STATEMENT #1010850. Kevin Rogers, dba Kevin Does It All, 3535 LaS Pasas Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Kevin Does It All" at 3535 Las Pasas Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on Dec. 17, 2010. Publish: Jan. 19, 26, Feb. 2, 9, 2011.
KEVIND 10103 2-9-11

FICTITIOUS BUSINESS NAME STATEMENT #1011040. Edling Environmental Engineering, Inc., 9645 Glacier Creek Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name "Edling Environmental Engineering, Inc." at 9645 Glacier Creek Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on Dec. 23, 2010. Publish: Jan. 19, 26, Feb. 2, 9, 2011.
EDLING 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094748
 WHEREAS, Daniela Schmidt has filed a petition with this court for a decree changing name of Daniela Clifu Schmidt to Daniela Schmidt. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 18, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 7, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
SCHMID 10103 2-9-11

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SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094861
 WHEREAS, Brock Daniel Hickey Jr. has filed a petition with this court for a decree changing name of Brock Daniel Hickey Jr. to Brock Daniel Wegner. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 23, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 11, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
WEGNER 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00095057
 WHEREAS, Laura Smith has filed a petition with this court for a decree changing name of Laura Jane Smith to Laura Jane Peterson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 24, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 13, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
PETERS 10103 2-9-11


SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094770
 WHEREAS, Hattie Francine Thompson has filed a petition with this court for a decree changing name of Hattie Francine Thompson to Francine Thompson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 23, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 10, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
THOMPS 10103 2-9-11

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 744241CA Loan No. 3018254668 Title Order No. 100641153-CA-MAI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09-13-2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU

NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02-15-2011 at 9:30 AM, CALIFORNIA RECONVEYANCE COMPANY as the duly appointed Trustee under and pursuant to Deed of Trust Recorded 09-28-2007, Book 20070928, Page 0159, Instrument , of official records in the Office of the Recorder of SACRAMENTO County, California, executed by: ANGELICA RUBALCAVA A MARRIED WOMAN AS HER SOLE AND SEPARATE PROPERTY, as Trustor, WASHINGTON MUTUAL BANK, FA, as Beneficiary, will sell at public auction sale to the highest bidder for cash, cashier's check drawn by a state or national bank, a cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to the Deed of Trust. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, estimated fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Place of Sale: AT THE EAST MAIN ENTRANCE TO THE COUNTY COURTHOUSE, 720 9TH STREET, SACRAMENTO, CA Legal Description: ALL THAT LAND SITUATED IN THE COUNTY OF SACRAMENTO AND PARTLY WITHIN BLOCK 43 OF THE CITY OF ISLETON, AS SHOWN ON A MAP FILED FEBRUARY 28, 1958 IN BOOK 48 OF MAPS, MAP NO. 17, DESCRIBED AS FOLLOWS: BEGINNING AT A POINT FROM WHICH THE NORTHWEST CORNER OF SAID BLOCK 43 BEARS NORTH 59° 40' 30" WEST 20.54 FEET, SAID POINT OF BEGINNING BEING LOCATED ON THE CENTERLINE OF TYLER ISLAND ROAD 40 FEET IN WIDTH; THENCE FROM SAID POINT OF BEGINNING SOUTH 59° 40' 30" EAST 94.46 FEET ALONG THE CENTERLINE OF SAID TYLER ISLAND ROAD TO THE NORTHWEST CORNER OF LOT 1 AS SHOWN ON THE PLAT OF FERTILE ACRES SUBDIVISION RECORDED FEBRUARY 10, 1948 IN BOOK 27 OF MAPS, PAGE 31; THENCE ALONG THE WESTERLY LINE OF SAID LOT SOUTH 30° 19' 30" WEST 189.40 FEET; THENCE NORTH 59° 40' 30" WEST 207.80 FEET; THENCE NORTH 61° 13' 15" EAST 220.72 FEET TO THE POINT OF BEGINNING. AS APPROVED BY THE CITY OF ISLETON FOR A LOT LINE ADJUSTMENT ON MAY 12, 1993, RECORDED SEPTEMBER 27, 1993 IN BOOK 930927, PAGE 313. Amount of unpaid balance and other charges: \$442,223.77 (estimated) Street address and other common designation of the real property: 742 TYLER ISLAND BRIDGE ISLETON, CA 95641 APN Number: 157-0040-065-0000, 157-0222-017-0000, 157-0222-016 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". In compliance with California Civil Code 2923.5(c) the mortgagee, trustee, beneficiary, or authorized agent declares: that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone; by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting. DATE: 01-24-2011 CALIFORNIA RECONVEYANCE COMPANY, as Trustee JAMES TOLLIVER, ASSISTANT SECRETARY CALIFORNIA RECONVEYANCE COMPANY IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. For Sales Information: (714) 730-2727 or www.lpsasap.com (714) 573-1965 or www.priorityposting.com ASAP# 3885495 01/26/2011, 02/02/2011, 02/09/2011 Publish: Jan. 26, Feb. 2, 9, 2011. ASAP 10104 2-9-11

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 744241CA Loan No. 3018254668 Title Order No. 100641153-CA-MAI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09-13-2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU

TYLER ISLAND ROAD TO THE NORTHWEST CORNER OF LOT 1 AS SHOWN ON THE PLAT OF FERTILE ACRES SUBDIVISION RECORDED FEBRUARY 10, 1948 IN BOOK 27 OF MAPS, PAGE 31; THENCE ALONG THE WESTERLY LINE OF SAID LOT SOUTH 30° 19' 30" WEST 189.40 FEET; THENCE NORTH 59° 40' 30" WEST 207.80 FEET; THENCE NORTH 61° 13' 15" EAST 220.72 FEET TO THE POINT OF BEGINNING. AS APPROVED BY THE CITY OF ISLETON FOR A LOT LINE ADJUSTMENT ON MAY 12, 1993, RECORDED SEPTEMBER 27, 1993 IN BOOK 930927, PAGE 313. Amount of unpaid balance and other charges: \$442,223.77 (estimated) Street address and other common designation of the real property: 742 TYLER ISLAND BRIDGE ISLETON, CA 95641 APN Number: 157-0040-065-0000, 157-0222-017-0000, 157-0222-016 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". In compliance with California Civil Code 2923.5(c) the mortgagee, trustee, beneficiary, or authorized agent declares: that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone; by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting. DATE: 01-24-2011 CALIFORNIA RECONVEYANCE COMPANY, as Trustee JAMES TOLLIVER, ASSISTANT SECRETARY CALIFORNIA RECONVEYANCE COMPANY IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. For Sales Information: (714) 730-2727 or www.lpsasap.com (714) 573-1965 or www.priorityposting.com ASAP# 3885495 01/26/2011, 02/02/2011, 02/09/2011 Publish: Jan. 26, Feb. 2, 9, 2011. ASAP 10104 2-9-11

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SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094861
 WHEREAS, Brock Daniel Hickey Jr. has filed a petition with this court for a decree changing name of Brock Daniel Hickey Jr. to Brock Daniel Wegner. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 23, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 11, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
WEGNER 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00095057
 WHEREAS, Laura Smith has filed a petition with this court for a decree changing name of Laura Jane Smith to Laura Jane Peterson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 24, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 13, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
PETERS 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094770
 WHEREAS, Hattie Francine Thompson has filed a petition with this court for a decree changing name of Hattie Francine Thompson to Francine Thompson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 23, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 10, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
THOMPS 10103 2-9-11

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 744241CA Loan No. 3018254668 Title Order No. 100641153-CA-MAI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09-13-2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU

TYLER ISLAND ROAD TO THE NORTHWEST CORNER OF LOT 1 AS SHOWN ON THE PLAT OF FERTILE ACRES SUBDIVISION RECORDED FEBRUARY 10, 1948 IN BOOK 27 OF MAPS, PAGE 31; THENCE ALONG THE WESTERLY LINE OF SAID LOT SOUTH 30° 19' 30" WEST 189.40 FEET; THENCE NORTH 59° 40' 30" WEST 207.80 FEET; THENCE NORTH 61° 13' 15" EAST 220.72 FEET TO THE POINT OF BEGINNING. AS APPROVED BY THE CITY OF ISLETON FOR A LOT LINE ADJUSTMENT ON MAY 12, 1993, RECORDED SEPTEMBER 27, 1993 IN BOOK 930927, PAGE 313. Amount of unpaid balance and other charges: \$442,223.77 (estimated) Street address and other common designation of the real property: 742 TYLER ISLAND BRIDGE ISLETON, CA 95641 APN Number: 157-0040-065-0000, 157-0222-017-0000, 157-0222-016 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". In compliance with California Civil Code 2923.5(c) the mortgagee, trustee, beneficiary, or authorized agent declares: that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone; by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting. DATE: 01-24-2011 CALIFORNIA RECONVEYANCE COMPANY, as Trustee JAMES TOLLIVER, ASSISTANT SECRETARY CALIFORNIA RECONVEYANCE COMPANY IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. For Sales Information: (714) 730-2727 or www.lpsasap.com (714) 573-1965 or www.priorityposting.com ASAP# 3885495 01/26/2011, 02/02/2011, 02/09/2011 Publish: Jan. 26, Feb. 2, 9, 2011. ASAP 10104 2-9-11

TYLER ISLAND ROAD TO THE NORTHWEST CORNER OF LOT 1 AS SHOWN ON THE PLAT OF FERTILE ACRES SUBDIVISION RECORDED FEBRUARY 10, 1948 IN BOOK 27 OF MAPS, PAGE 31; THENCE ALONG THE WESTERLY LINE OF SAID LOT SOUTH 30° 19' 30" WEST 189.40 FEET; THENCE NORTH 59° 40' 30" WEST 207.80 FEET; THENCE NORTH 61° 13' 15" EAST 220.72 FEET TO THE POINT OF BEGINNING. AS APPROVED BY THE CITY OF ISLETON FOR A LOT LINE ADJUSTMENT ON MAY 12, 1993, RECORDED SEPTEMBER 27, 1993 IN BOOK 930927, PAGE 313. Amount of unpaid balance and other charges: \$442,223.77 (estimated) Street address and other common designation of the real property: 742 TYLER ISLAND BRIDGE ISLETON, CA 95641 APN Number: 157-0040-065-0000, 157-0222-017-0000, 157-0222-016 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". In compliance with California Civil Code 2923.5(c) the mortgagee, trustee, beneficiary, or authorized agent declares: that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone; by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting. DATE: 01-24-2011 CALIFORNIA RECONVEYANCE COMPANY, as Trustee JAMES TOLLIVER, ASSISTANT SECRETARY CALIFORNIA RECONVEYANCE COMPANY IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. For Sales Information: (714) 730-2727 or www.lpsasap.com (714) 573-1965 or www.priorityposting.com ASAP# 3885495 01/26/2011, 02/02/2011, 02/09/2011 Publish: Jan. 26, Feb. 2, 9, 2011. ASAP 10104 2-9-11

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SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094861
 WHEREAS, Brock Daniel Hickey Jr. has filed a petition with this court for a decree changing name of Brock Daniel Hickey Jr. to Brock Daniel Wegner. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 23, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 11, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
WEGNER 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00095057
 WHEREAS, Laura Smith has filed a petition with this court for a decree changing name of Laura Jane Smith to Laura Jane Peterson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 24, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 13, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
PETERS 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094770
 WHEREAS, Hattie Francine Thompson has filed a petition with this court for a decree changing name of Hattie Francine Thompson to Francine Thompson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 23, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 10, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
THOMPS 10103 2-9-11

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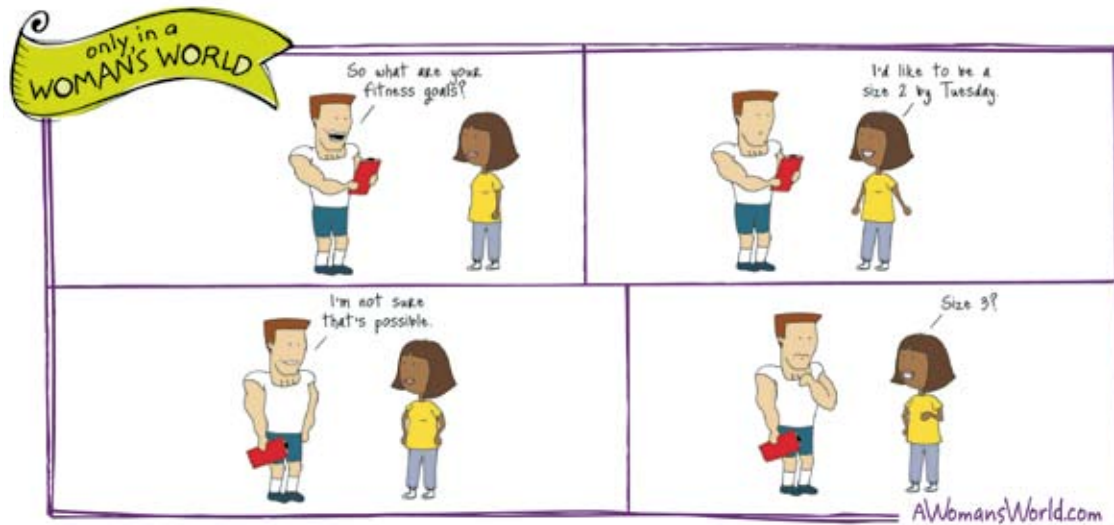
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SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00094861
 WHEREAS, Brock Daniel Hickey Jr. has filed a petition with this court for a decree changing name of Brock Daniel Hickey Jr. to Brock Daniel Wegner. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 23, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 11, 2011. Shellyanne W.L. Chang Judge of the Superior Court
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WEGNER 10103 2-9-11

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00095057
 WHEREAS, Laura Smith has filed a petition with this court for a decree changing name of Laura Jane Smith to Laura Jane Peterson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 24, 2011 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 13, 2011. Shellyanne W.L. Chang Judge of the Superior Court
 Publish: Jan. 19, 26, Feb. 2, 9, 2011.
PETERS 10103 2-9-1



Carmichael Chamber of Commerce

Carmichael Chamber Luncheon

Tuesday, February 22, 2011, 11:30am - 1:00pm
Cypress Avenue Baptist Church, 5709 Cypress Avenue, Fair Oaks. Luncheon meeting is in the Education Building. Guest speaker is Brian Ivie, President of Mercy San Juan Medical Center. Ivie will be discussing new health care information. Raffle prizes. Cost is \$15 for members, \$20 for non-members. Guests are always welcome. Register online or call 481-1002 by February 17.

Usually on the 2nd Wednesday of each month, a member of the Carmichael Chamber holds an evening mixer where members can network, learn more about other Chamber members and find out what's happening in the Carmichael Chamber and the community in general. The location changes each month so check the Chamber website to confirm the date and location each month.

Valentine's Mixer

February is heart month, so plan to join us for our Valentine's mixer on **Wednesday, February 9 from 5:30 - 7:30 at Mercy Physician's Plaza, Luken's Auditorium, Suite 150, 6555 Coyle Ave, Carmichael.** Mixers are a great time to network and interact with other business owners, Chamber members, and residents. Bring a stack of business cards and a raffle prize and come enjoy food, drink and great networking.



Brian Ivie, the President of Mercy San Juan Medical Center

Princess Party

Saturday, February 12, 1-3pm
Ages 1-6 years • \$20 per child
La Sierra Community Center, 5325 Engle Road
Here's an opportunity for your special princess to spend an afternoon having fun with other girls just like her! The professionals from Once Upon a Princess will provide us with tiaras, face painting, a tea party and other fun activities specially designed to treat your princess...like a princess!

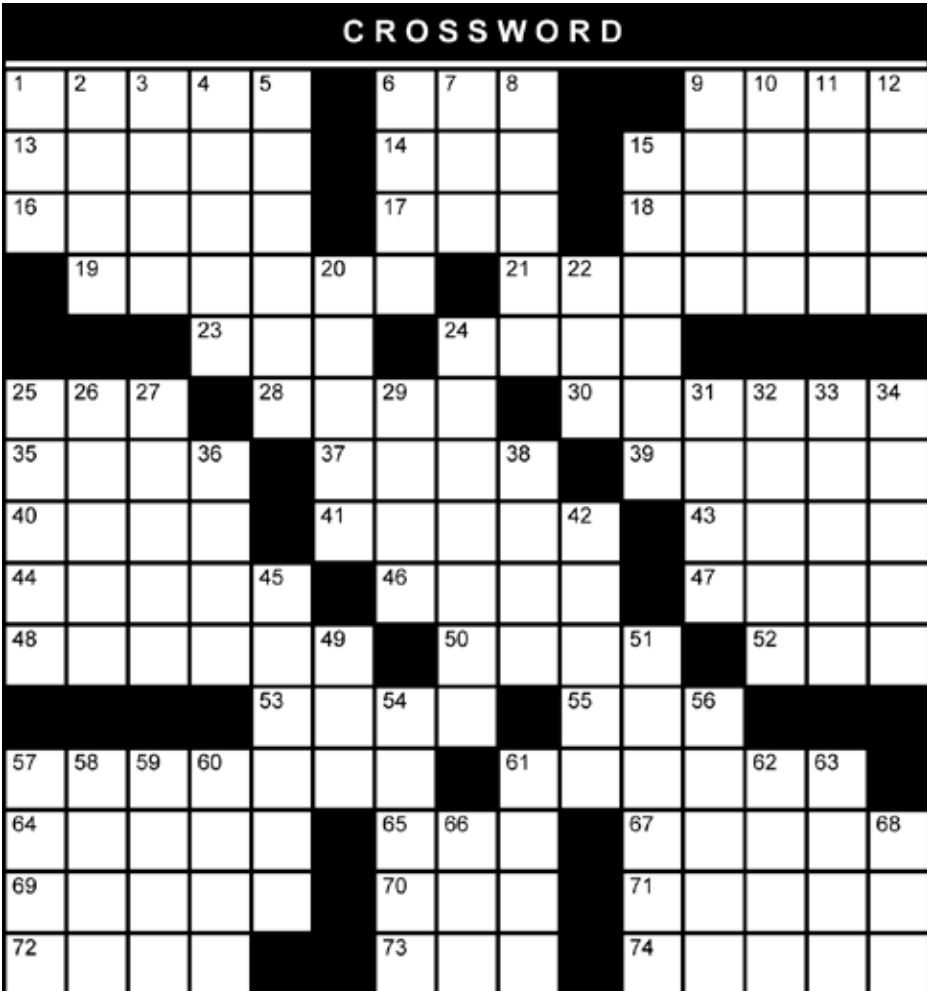
Community Shred Day

Start saving those confidential items from your home or business, and bring them to the Community Shred Day, Saturday, June 16 from 8 am - noon. This event is being sponsored by the Carmichael Chamber of Commerce and Carmichael Recreation & Park District. Be sure to watch for more details.

If you have missed any of our events from January, or want to know what special events are coming up in the future, please check out our Website for the latest details on all the happenings in the Carmichael Chamber.

Contact us for more information on the Carmichael Chamber of Commerce
Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com

STATEPOINT CROSSWORD • THEME: VALENTINE'S DAY



PRESENTED BY



CLUES

- | | | | |
|---|--|---|--|
| <p>ACROSS</p> <ol style="list-style-type: none"> African sorcery "Drawn by Cupid" It loosens as people age Window treatment "___ in the hole" Stiff hair, pl. Russian country house Unwelcome to smokers Chew out The product of six and five "He romanticized Valentine's Day" Pig pen Indian lentils Humpty Dumpty did this "The Blind ___" Method or maneuver A distinctive but intangible quality Target of rhinoplasty "The Mary Tyler Moore Show" spin-off Eye contractor Relish or zest Port in Yemen | <ol style="list-style-type: none"> Civil rights org. Actress Sofer Frog's friend, Arnold Lobel Ennui A coarse file Like a fox Wholly engrossed U.N. labor agency "___ Awareness Day" Operational "Love intensely" Old evil-looking woman To pine Extremely cold Wholly or totally "___ but a goodie" Food preserver Path or direction Nephew's sister | <p>DOWN</p> <ol style="list-style-type: none"> Not divisible by two "The ___ Pack" of the 80s "To ___ his own" Animal and Plant Health Inspection Service "Popular candy shape, pl. "Term of endearment" South American tuber A pirate's date? Bloody king of Israel, cause of Jezebel's death Relating to ear Roe's opponent Suggestive look Variable quantity that cannot be resolved into components Lacing a shoe, e.g. Typically removed indoors Many save room for this "Valentine, e.g. Plural of #35 Across Threesome Grim Type of room Commotions | <ol style="list-style-type: none"> Something one hopes to attain "Often boxed in" Reproductive structures Highest volcano in Europe A mirage? Opposite of knitted, as in stitch Legendary West "If music be the food of love, ___" Exclamation of contempt Plural of obelus Droops It sometimes comes to mind Coach of four winning Super Bowls The Coen brothers' "True ___" Like America Ferrera's Betty Load up "Layla" performer ___ mode Affleck ___ Gamer |
|---|--|---|--|

For Solution See Page 6

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Sacramento Public Library Events

History books discussed at Carmichael Library monthly meetings

Carmichael Library History Book Club mixes fact and fiction for a clearer picture of what has happened in world history. The adult book club meets at 6:30 p.m., on the first Tuesday of each month, at Carmichael Library, 5605 Marconi Avenue, Carmichael.

Attendees are encouraged to bring snacks to share with other book club members. For more information on the following book discussions, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

- February 1: The Worst Hard Time, by Timothy Egan
- March 1: In the Valley of the Kings, by Daniel Meyerson
- April 5: The Great Mortality, by John Kelly
- May 3: The Big Burn, by Timothy Egan

Carmichael Preschool Storytime

February 3, Thursday, 10:15 a.m. to 11 a.m.
Preschool Storytime (3-5yrs)
Join Miss Angela for stories, songs, and a craft.

Carmichael Movie Matinee

February 3, Thursday, 3 p.m. to 6 p.m.
Teen Program

Bring your friends and enjoy a movie @ Carmichael Library - Free! Visit Carmichael Library for a list of up-coming movie titles.

Carmichael Library Book Sale

February 3, Thursday, 3 p.m. to 6 p.m.
Find books and movies at basement bargain prices the first weekend of the month at Carmichael Library. Stuff for both kids and adults. Sponsored by the Friends of the Carmichael Library. Hours: Saturday 10:3-5pm Sunday 11-4. No sale in January.

Read to Rover

February 8, Tuesday, 3:30 p.m. to 4:30 p.m.
School Age Program
Specially trained therapy dogs are waiting for children to come read to them. For kids ages 5 to 10 years old that are reading. Earn stickers for the time spent reading and earn a book too!

Yu-Gi-Oh Tournament

February 9, Wednesday, 3:30 p.m. to 4:30 p.m.
Teen Program
Join other Yu-Gi-Oh enthusiasts for a card tournament. Bring your own deck or a willingness to learn. Beginners welcome. Prizes.

Sacramento Public Library celebrates Black History Month with special programs

The contributions made by African Americans are being celebrated throughout February with numerous Sacramento Public Library branch programs scheduled during Black History Month. For details, telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

(For adults) For Love of Liberty:

The Story of America's Black Patriots
View the two-part documentary, introduced by former US Secretary of State Colin Powell and hosted by film actress Halle Berry. The film uses an assortment of letters, diaries, speeches, and military records to document and acknowledge the sacrifices

and accomplishments of African American servicemen/women. The story spans the American Revolution to the current battle against global terrorism.

• February 15 and 22, Tuesdays, 5:30 p.m., Carmichael Library, 5605 Marconi Avenue, Carmichael



by David Dickstein

Family Viewing at the Cinema

Gnomeo and Juliet
Opens Feb. 11, rated PG
gnomeoandjuliet.com

Hollywood again turns to the work of William Shakespeare for inspiration, only this time no way would "Romeo and Juliet" end in tragedy. This fractured, animated 3-D makeover has garden gnomes as the star-crossed lovers (voiced by Emily Blunt and James McAvoy). Caught up in a feud between neighboring rival gnome gangs ("Get off our turf ... literally!"), these not-so-inanimate sweethearts have their tale told to the classic and original music of Elton John. Betting my Matchbox car collection that one of the songs is "Empty Garden."

Justin Bieber: Never Say Never
Opens Feb. 11, rated PG
justinbieberneversaynever.com

For teenyboppers dying to make Justin Bieber their valentine this year, they'll get their chance. Yeah, right, like any girl with Bieber Fever would wait three days to see the 16-year-old pop idol in his big-screen debut. (Even more likely, they'll go to the VIP sneak preview on Feb. 9.) The 3-D biopic includes performances from the heartthrob's current concert tour intermixed with how he went from Canadian nobody to YouTube sensation to platinum-selling superstar. One thing's for certain: There'll be a whole lotta hair tossing goin' on.



Films and DVDs for the Whole Family

The Last Lions
Opens Feb. 18, rated PG
no website at press time

He voiced the character of Scar in "The Lion King," so it makes sense that actor Jeremy Irons would narrate a documentary about the adventures of a lioness and her cubs in the jungles, plains and vistas of Africa. The nature flick, produced by the National Geographic Society and the creators of "March of the Penguins," is directed by Dereck Joubert (cinematographer of the must-Netflix 1992 National Geographic special, "Eternal Enemies: Lions and Hyenas.")

the Roses Red," made specifically for this release. Grade: A+

Barney: Shapes and Colors All Around (ages 2-7, released Feb. 8, not rated): The super-dee-duper purple T-Rex is joined by BJ, Baby Bop and uber-sweet real-life children to learn about shapes and colors. Sugary, of course, yet edutaining for tots who don't watch the show for free. Grade: B+

Felicity: An American Girl Adventure (ages 6-12, released Feb. 15, not rated): This 25th anniversary edition from American Girl centers on a 10-year-old who grows up during the Colonial era. A horse and political anguish are among the coming-of-age struggles Felicity faces. Grade: B+

John Deere Fun on the Farm (ages 2-6, Feb. 8, not rated): Youngsters get an agricultural experience as host Doodle Rooster takes them around a farm with lots of animals, produce and big machines. Yeah, it's a 30-minute commercial for John Deere, but I don't see any kids going online to buy a \$20,000 bailer. Grade: A

Family DVDs

Alice in Wonderland (ages 4 and up, Feb. 1, G): Disney is releasing the 1951 animated masterpiece on Blu-ray for the first time. The two-disc 60th Anniversary Edition is combined with DVD, both formats bringing dazzling sound and picture quality to this trippy tale inspired by the Lewis Carroll classic. Bonus features include the interactive game, "Painting



Spring Craft Faire

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September 16-23, 2011 • \$2,275 pp double
- Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to www.morpd.com.

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- St. Patrick's Day at the Bay
March 16, 2011 • \$117/person
Lunch, Irish performance, and museum.
- SF Flowers and Garden Show
March 26, 2011 • \$78/person
- The Sound of Music - Cascade Theatre
April 9-10, 2011 • \$305 pp/double
Overnight trip to Redding

St. Patrick's Dance Party

Tuesday, March 15 • 1:15-3:45pm
\$6/person

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DISTRICT OFFICE

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MISSION OAKS COMMUNITY CENTER

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Celebrate the Year of the Rabbit And National Adopt A Rabbit Month

Sacramento Animal Care Partners Offering Half-Off Rabbit Adoptions

Sacramento County – The Sacramento SPCA, City of Sacramento Animal Care Services and Sacramento County Animal Care & Regulation are celebrating the Year of the Rabbit with a “Find SomeBUNNY to Love” half-off rabbit adoption special during February.

The three animal agencies will kick off the rabbit adoption special on Thursday, February 3 in celebration

of Chinese New Year and the Year of the Rabbit. February is also National Adopt-a-Rabbit Month, so the shelters are extending the adoption promotion through Sunday, February 27.

The participating agencies cared for more than 400 homeless rabbits in 2010. To help boost adoptions, to highlight the rabbits housed at the shelter and to educate people about

these unique companions, the shelters are offering a reduced adoption rate of \$20 on all rabbits throughout the February promotion. Every rabbit is spayed or neutered prior to adoption.

Rabbits are bright, inquisitive, social and affectionate animals that enjoy the company of people and other gentle animals. With just a little training and attention, rabbits

can make wonderful indoor companions. Rabbits are clean animals, making them reasonably easy to litterbox train.

Visit a Sacramento animal shelter for adoption center hours and additional information: www.sspca.org, www.cityofsacramento.org/generalservices/animal-care/, or www.sacountyshelter.net.

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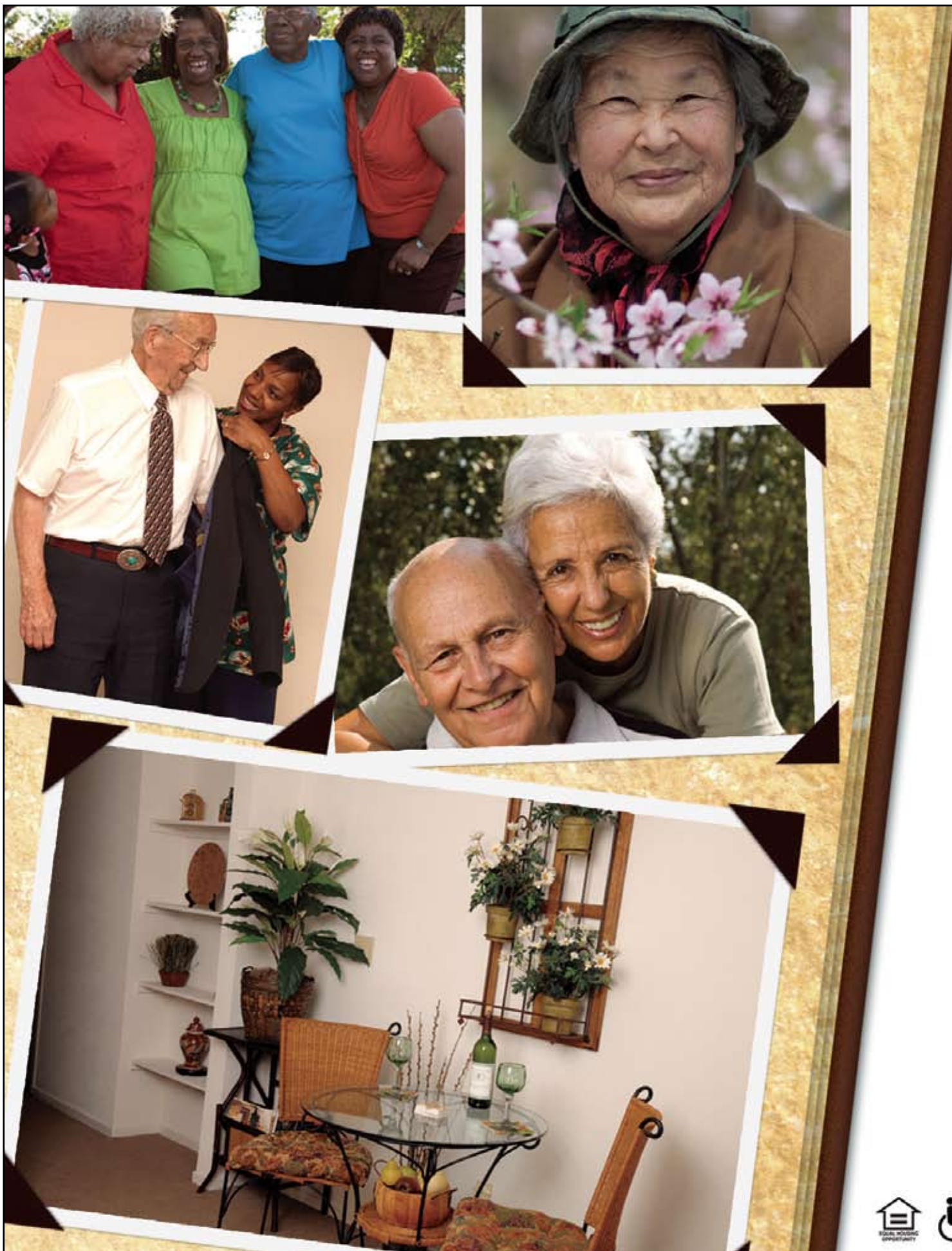
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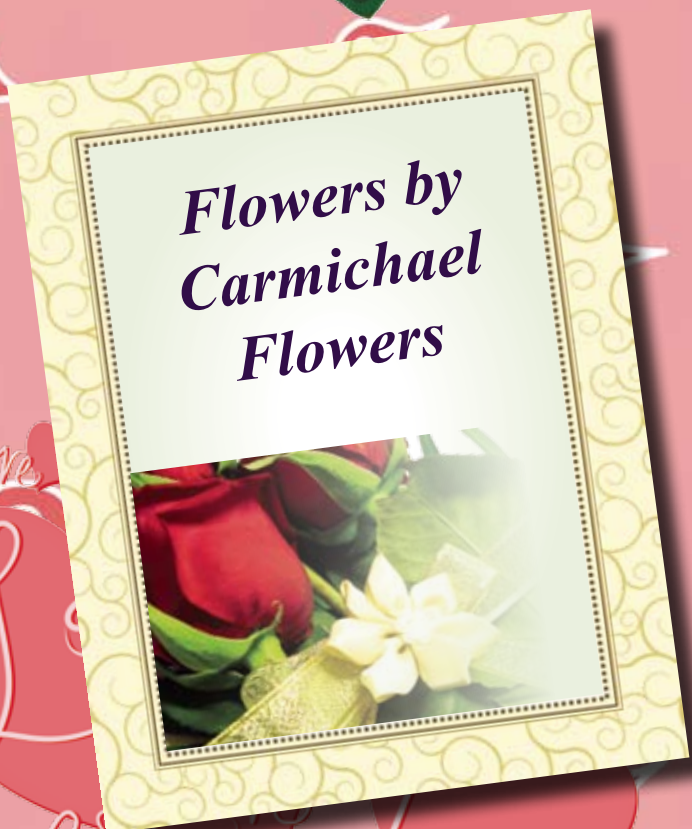
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- The one year cost for a subscription within Carmichael is \$39. All other subscriptions are \$49 and delivered by U.S. Mail.
- The flowers will be made available for pick-up on Monday, February 14th, Valentine's Day.
- Each paid in advance subscriber will also become available for a drawing for a romantic dinner for two at a local restaurant.
- Winners for the drawing for a dinner for two will be notified by Friday, February 11th, from all entries received as of that date. Dinner certificate will be honored for up to 30 days after the drawing.



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