

Carmichael Times



Dogged Support for Supervisor Susan Peters

Page 3



STC Presents A Christmas Carol Share the Magic, the Joy and Wonder

Page 4



A Holiday Party with a Peppermint Twist

Page 11

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December 8, 2010

"It Was All An Adventure"



Major Ernie Ford and wife Etta display medals and a Congressional award earned by the WW 2 pilot. After Ford's death, Etta labored to produce the book her husband penned before his March 2010 death. Photograph by Susan Maxwell Skinner.

By Susan Maxwell Skinner

Carmichael – A Carmichael man who completed 364 air force combat missions in WW 2 was asked the secret of his survival. "I never got shot down," replied retired Major Ernest Ford. "And God was always my co-pilot."

He toiled to finish a book detailing his war adventures in New Guinea. Aged 88, my friend Ernie died this year, months before his book was published. His wife and number-one admirer Etta was left to complete the project. 'My New Guinea Dairy' is now available for Holiday giving. It's a cracking good read.

Ernie's family says Hollywood folk have seen the book and a movie is possible. Even for a film script, it seems far-fetched that a desperate 21-year-old man's instinct could save

90 lives. But the quietly-spoken pilot achieved such a miracle. In the Battle of Wau (a conflict that helped halt Japanese invasion of Australia), Ernie flew dozens of military evacuees 10 feet above rocky terrain for over a mile. With enemy planes bombing from above, his C-47 and two other aircraft he led escaped. Ernie was an overnight hero, feted in Australia and paraded on US bond tours for the rest of the war. Bob Hope interviewed him on radio. "He said I was young for so many missions," recalled the pilot. "He asked if I'd been flying since the Civil War."

After his 1963 military retirement, Ernie Ford sold insurance in Sacramento. Few clients knew he had flown the greatest number of combat missions of all WW2 pilots. He was slated for a Silver Star. Though some

history books record him thus decorated, this medal eluded him because records from New Guinea were lost and witnesses passed on. Ford's miraculous action at Wau was lauded but never officially recognized. He nevertheless earned six Distinguished Flying Crosses and was further decorated for Korean service. Till death, Ford was philosophical about the one medal that got away. "I always knew I earned it," he shrugged.

Viewing Ernie as part of the 'Greatest Generation,' Broadcaster Tom Brokaw sought permission to publish his tale of Wau. "But he wanted Ernie to surrender all rights to his story," explained Etta Ford. "He said no. My husband wanted to tell it himself."

In his account, teenage Ernie was sent to the wilds of New Guinea

after Pearl Harbor. He experienced a Micronesia unknown to outsiders. "They warned us we'd see nudity on a scale we'd never see again in our lives," he recalled. "My, they were right. I doubt a physician ever saw so many bare chests." Ford was a pilot who flew anywhere, whatever the risk. "It was all an adventure," he said. "Besides, I wanted to get above the mosquitoes."

Along with his war stories – and many photographs — Ernie Ford's autobiography includes the conviction that no victory is achieved by one man. "I could not get a big head over what I did," the hero told me. "An older serviceman once told me: 'son; winning a war takes all of us.' And I never forgot that."

'My New Guinea Diary' is available from www.Amazon.com

Working to Promote Smoke-Free Housing



Sacramento Region – If you're a renter who has asthma ... a senior who is vulnerable to bronchitis ... a family raising a toddler ... or you're just sensitive to cigarette smoke, there's good news for you and other renters in Sacramento County.

The Sacramento County Tobacco Control Coalition is working with the Rental Housing Association of the Sacramento Valley to encourage apartment owners and property managers to offer smoke-free housing.

Since 2005, the coalition and its partners have persuaded owners and managers of more than 5,000 rental units in the Sacramento region to adopt smoke-free policies. For this and other accomplishments, the Tobacco Control Coalition has received the 2010 Industry Partnership Award from the Rental Housing Association. The coalition is staffed by Sacramento County Public Health with funding from the California Tobacco Control Program.

The partnership is a win-win arrangement for property managers and rental housing owners, according to Jim Lofgren, Executive Director of the Rental Housing Association. Smoke-free policies help protect vulnerable populations from second-hand smoke, which can travel into patios, windows, doors and vents of apartment complexes. And they save property managers and owners the cost of cleaning and repairing smoke-impacted rental units and from liability issues that can arise from having tenants who are smokers.

"Implementing nonsmoking policies in rental housing has been a contentious

issue in other communities, but in Sacramento County, we've worked closely with the Tobacco Coalition to show rental housing owners the advantages of having non-smoking policies in properties they own," said Lofgren. "Smoking is the number-one cause of preventable death in the United States," added County Health Officer Glennah Trochet, M.D. "This partnership shows that it is possible to work together with the business community to address this serious public health issue."

The coalition, partner agencies and the rental association have also worked to establish a website, www.smoke-free.com, which lists smoke-free apartments. They also created an online training course for rental owners and property managers on how to implement nonsmoking policies; and offered educational materials on the benefits of offering partial or complete smoke-free apartment communities.

More people in the U.S. die from tobacco-related illness each year than perish from AIDS, car accidents, illegal drugs, murders, and suicide combined. The Tobacco Control Coalition advocates for policy changes which support smoke-free environments.

The Rental Housing Association presented the award at its annual Stellar Awards event, which took place on Nov. 18. To locate smoke-free rental units in your area, go to www.smoke-free.com. Do you own or manage rental properties? Find out how to adopt fair, equitable smoke-free policies at www.rha.org

We All Have a Neighbor That Could Use a Little Help



George Dean

Carmichael – George Rex Dean has been fighting Non-Hodgkin's Lymphoma since 2006. His physicians now say that he must undergo a stem cell transplant using a donor to save his life. His family is trying to raise money to pay for uninsured medical expenses associated with stem cell transplantation.

Medicare does not cover this transplant for Lymphoma yet and the transplant will cost approximately \$250,000. They are hoping that Medicare will eventually cover at least part of the expense. Even if they cover part there are a lot of non-covered medical expenses throughout this process such as donor search. The Dean's assumed that Medicare would cover this as most people assume that insurance will come through when they need it, but unfortunately as so many people experience, just because you have insurance does not mean you

have coverage even after paying into it all your life. If they can not come up with the money we will have to consider selling our beautiful home in Carmichael.

George is a devoted husband and friend to his friends. He first moved to Carmichael 1952. He now lives in original family home in Carmichael in the Walnut Heights Neighborhood with his wife Rebecca. "There was just no other place that I liked, or felt like I was home. Like a lot of people I just kind of adopted Carmichael as my own" said George. He long-ago worked for the original Carmichael Times as a Reporter.

He has been getting coffee at Denny's in Carmichael longer than he will admit – long before Starbucks and says that will never change. George thinks that will never change. Denny's are a very special group of people. "The people who work at Denny's

are totally unique. The best thing about Carmichael is you may not think it's perfect but there is no place better to go." He said. "Carmichael was and probably is the best place in California."

George is a quiet person, but with his friends he is very giving and always willing to help. He enjoys spending time at home and working in the yard. He has a passion for life and has many interests. He also loves Indy Car Racing and has gone to the Indianapolis 500 since 1982. He is also an avid Rolling Stones Fan.

See the Fundraising Ad for George on page 9 of this paper, event to be held at Denny's.

They have chosen to fundraise with NTAFF – The Leader in Fundraising Assistance and Support for Transplant and Catastrophic Injury in part because NTAFF provides both tax-deductibility and fiscal accountability to

contributors. Contributors can be sure that funds contributed will be used only to pay or reimburse medically-related expenses. To make a contribution to this fundraising campaign:

Make checks payable to: NTAFF Southwest Stem Cell Transplant Fund Note in memo section:

In Honor of George Rex Dean Mail to: NTAFF, 150 N. Radnor Chester Road, Suite F-120, Radnor, PA 19087

For secure credit card donations, please call 1-800-642-8399 or visit www.NTAFF.org and enter "George Dean" in the Find A Patient box on the home page. Contributions are tax-deductible to the extent allowed by the law. This campaign is administered by the National Transplant Assistance Fund, a 501(c)(3) nonprofit providing fundraising assistance to transplant and catastrophic injury patients. Information: 800-642-8399.

SMUD Offers Tips to Customers to be Warm and Safe this Winter

Lower Winter Rates, Money-Saving Programs and Safe Home Heating

Sacramento Region – Customers of the Sacramento Municipal Utility District (SMUD) can save on their energy use and lower their electric bills this winter thanks to several programs the electric utility offers.

SMUD offers low-income customers several programs to help them save energy as well as money on their electric bill. Eligible low-income customers can take advantage of SMUD's Energy Assistance Program Rate (EAPR). EAPR is a discount rate that can save customers more than 30 percent on their entire monthly electric bill. Customers are eligible for the discounted rate if their total household income does not exceed 200 percent of the federal poverty level. For example, a family of four can earn up to \$44,400 a year to qualify for EAPR.

SMUD EAPR customers also may be eligible for the Residential Weatherization program.

Qualified customers can, at no

cost to them, have their homes and apartments weatherized to improve energy efficiency and lower energy costs. Weatherization measures may include attic insulation, low flow showerheads, water heater blankets and pipe wrap and compact fluorescent lights.

Colder weather can also present some customers with challenges to stay warm, especially in an economic downturn. Burning an open fire inside a home is dangerous and can be deadly; however, this is an accepted practice in the home-lands of some recent immigrants. Information in multiple languages on safe heating practices and programs to help low-income customers with their electric bills is available from SMUD.

The use of open fires indoors to stay warm and cook could be deadly because California homes are very airtight unlike the open-air homes in some countries. Burning wood and

charcoal releases carbon monoxide. Carbon monoxide cannot be seen or smelled, and it can kill people in minutes. SMUD is sharing these safety messages:

- Never use an unventilated appliance like a kerosene or propane heater, stove, oven or dryer to heat your home.
- Never use an unventilated fire or burn charcoal indoors.
- Never use lighter fluid or gasoline to start a fire or burn painted or treated wood in the fireplace.

SMUD customers continue to pay significantly less for electricity than most Californians and more than 25 percent less than customers who are supplied by neighboring PG&E. For information about all of SMUD's energy-saving programs and for tips on how to stay warm and safe this winter while keeping the electric bill lower, please call SMUD at 1-888-742-7683 or visit smud.org.

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Holiday Craft Fair
AWS Traveling Watercolor Show
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WASH Scholarship
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"Animal House 2011"
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2nd Saturday Reception, December 11th, Refreshments, Music, Demos

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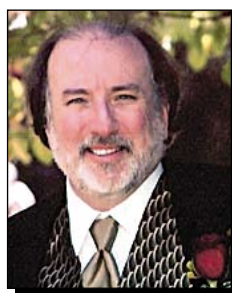
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Carmichael Times

"Written by the people and for the people"

Serving Carmichael and Sacramento County since 1981

Publisher—Paul V. Scholl



Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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Widowed Persons
Association of
California, Inc.

Office Hours:
10:00am-3:00pm
Monday through Friday
916-972-9722

What:
Newcomer's Buffet and Social

Who:
Any and all widows or widowers may attend

When:
Third Monday evening
at 5:30 pm

Where:
In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenue; cost varies as the choice is from a no-host buffet menu.

This is a public service to all widows and widowers and there is no charge to attend the social other than the meal they chose.

Sunday Support

Any and all widows or widowers are invited

Every Sunday from
3:00 pm-5:00 pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm-5:00pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by WPAC. Participants do not need to be members and there is no charge.

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Carmichael Recreation and Park District is announcing upcoming events

7th Annual Holiday Tree Lighting

Free and fun for all ages

Thursday, December 9, 6pm
Carmichael Park, 5750 Grant Avenue
(in front of park)
Sponsored by the Carmichael and Mission Oaks Recreation and Park Districts and the Carmichael Kiwanis Club.
For more information call 485-5322.

Sacramento Symphonic Winds Concert

Sunday, 3-4:30pm • December 12
La Sierra Community Center, 5325 Engle Road
\$7/person, seniors \$5, kids under 12 free
Plenty of FREE Parking!

Princess Party

Saturday, February 12 1-3pm
Ages 1-6 years • \$20 per child
La Sierra Community Center
5325 Engle Road

Here's an opportunity for your special princess to spend an afternoon having fun with other girls just like her! The professionals from Once Upon a Princess will provide us with tiaras, face painting, a tea party and other fun activities specially designed to treat your princess...like a princess!

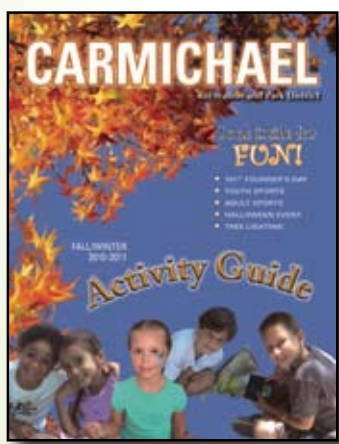
Event Sponsorship

Be A Leader in Your Community!

The Carmichael Recreation and Park District encourages involvement of local businesses and organizations through event sponsorship.

- Sponsoring an event is:**
- A great way to advertise
 - An outstanding image tool
 - An active way to show support for your community

For more information, call Tracy Kerth (916) 485-0805



If you have any questions, please call Elizabeth Crisante at 483-7826 or email her at ecrisante@carmichaelpark.com.

For more information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.

Dogged Support for Supervisor Peters



On dog show duty in Carmichael, Susan Peters is accompanied by long serving buddy, Welsh terrier Bryn. The second-term County Supervisor is principal honoree for a Carmichael Chamber of Commerce banquet, January 7. Photograph by Susan Maxwell Skinner.

By Susan Maxwell Skinner

Placer County – Though not up for reelection until 2012, County Supervisor Susan Peters spent many evenings away from an ageing and adored pooch as recent mid-term campaigns raged.

“Bryn doesn’t go out at night,” she explained. “She snoozes happily in anticipation of my return. And for me, there is nothing better than two beautiful brown eyes and a wagging tail to greet me at the end of a long day. Campaign time is always busy, whether you’re running or not. There are many after-hours events. Otherwise, you stay busy with the non-partisan business of watching over the County.”

Recognizing Peters’ dedication, the Carmichael Chamber of Commerce has made the District 3 representative honoree at a fundraiser banquet on January 7. Evoking the 1985 Madonna movie, the event is called “Desperately Seeking Susan.” The program will toast Peters’ hands-on service to Carmichael. “We aren’t comparing her to Madonna,” said a Chamber

spokesperson, “though both look great in leather jackets. What we appreciate is Susan’s relationship with our community. She thinks about us outside her County office hours. She is accessible at all community events, no matter how funky.”

Expected at the Supervisor’s big night are other County VIPs, Congressman Dan Lungren and Sheriff Scott Jones. Said the Chamber rep: “Susan understands businesses and community issues. She holds clinics at dog contests and pop concerts. Our Founder’s Day is grueling; some politicians show up at the park just to grab a mike and leave. Susan roasts in the sun all day with the rest of us. She’s generous with her pocketbook and she’s a good sport. She takes her job seriously but herself less so. She’ll rub shoulders as happily with an Easter bunny as a congressman – she did draw the line at wearing rabbit ears for a photographer. Perhaps she thought they might frighten her dog.”

Indeed, 11 -year-old Welsh

Terrier Bryn is a non-negotiable part of Supervisor Susan’s dog and pony act. Like her widowed mistress, Carmichael’s First Dog is non-partisan and friendly to everyone. “She enjoys park events,” says Peters. “She loves children petting her and she’s a great buddy for me – not exactly a guard dog – she might attempt to wag you to death with her tail.”

Being named Carmichael Person of the Year is something to bark about for Bryn’s mistress. “As a Metro Chamber past president,” said Peters, “I knew joining the Carmichael Chamber would help me get acquainted with the community when I first ran for office. I’ve always enjoyed Carmichael people. Their recognition is an honor.”

Anyone may attend the Carmichael Chamber’s “Desperately Seeking Susan” gala, Friday January 7. The Palace banquet rooms, 6309 Fair Oaks Blvd, will host the event. \$30 admission includes dinner and no-host bar. Information: (916) 481-1002.

Regional Forum: Rural-Urban Connections Strategy



Join us Friday, December 10 at 7:30 a.m. at the Sacramento Convention Center

- Keynote address from USDA Rural Development Deputy Under Secretary Victor Vasquez
- Highlight the role of agriculture in the region
- Explore agricultural conditions and challenges with representatives of agriculture from around the Sacramento region
- Identify market opportunities for expanding regional agricultural activity
- Share innovations from the project to help shape our region’s economic and environmental health

Who should attend: Farmers, ranchers, consumers, food advocates, food distributors, local government staff and electeds, education and healthcare staff and advocates, and interested members of the public.

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Sacramento Theatre Company announces: A Christmas Carol By Charles Dickens



A Christmas Carol - 2007

Sacramento Region – This Christmas, share the joy, the magic, the wonder of A Christmas Carol with your family and friends. Since 1987, Sacramento Theatre Company (STC) has been entertaining Sacramento audiences with this spectacular musical. Adapted by Richard Hellesten with original music created for STC by David de Berry, this show was last produced in 2007 when this musical extravaganza celebrated its 20th anniversary. Come share in this heart-warming treat from December 1 through December 26, 2010 on STC's Main Stage.

For three years, Sacramento has been waiting for STC to bring this colorful story back to center stage with its rich costumes and lively music. Many of the costumes, originally constructed 15 years ago, will be used again to tell this age old story of holiday tradition and redemption. Michael Laun, Producing Director,

brings together the talents of a huge 40 member cast, lead by Matt K. Miller, Artistic Director, as Ebenezer Scrooge and Gillen Morrison as Bob Cratchit, both consummate actors who bring this story to life with their gripping characterizations. Don't miss this lavish, musical stage production of A Christmas Carol at STC. Appropriate for ages 4 and up.

STC's Main Stage is located at 1419 H Street in downtown Sacramento. Previews begin Wednesday, December 1, 2010. Opening night is Saturday, December 4th. The show closes Sunday, December 26th. Show times are as follows:

Days	Show Times
Opening Night, Saturday December 4	7:00 p.m.
Wednesdays	7:00 p.m.
Thursdays	12:30 & 7:00 p.m.
Fridays	7:00 p.m.
Saturdays	2:00 & 7:00 p.m.
Sundays	2 p.m.

Special "added" matinee performance on Christmas Eve at 12:30 p.m.

Regular Ticket Prices: \$40 (discounts for children (ages 4-12) students, seniors, and groups available)

Rush Tickets: ½ price tickets 30 minutes prior to each performance, subject to availability.

For more information on STC's 2010-2011 Season "A Return to the Classics" visit the website www.sactheatre.org. To order tickets, call the Wells Fargo Pavilion Box Office at 916.443.6722 or toll free 888.4.STC. TIX (888.478.2849) or visit 1419 H Street, Sacramento, CA 95814

Founded in 1942, the Sacramento Theatre Company (STC) officially organized in 1945 and is one of the region's oldest and largest professional theatre companies.



By Christian Pebbles, Sac Metro Fire Captain

Sacramento – Today December 1, 2010 the Sacramento Metropolitan Fire District celebrates its 10th anniversary of the merger between two local fire agencies, which comprised 16 stand-alone fire districts. The celebration will be between 5pm and 8pm at Metro Fire's future headquarters located at 10545 Armstrong Ave, Mather, Ca.95665. Our friends in the media are invited to attend.

Encompassing 417 square miles in Sacramento and Placer counties with 42 strategically located fire stations (including the cities of Citrus Heights and Rancho Cordova); "Metro Fire" is the region's largest fire district and the state's seventh largest fire agency.

"Consolidation has had its rewards – duplicative functions and positions were eliminated and the core services were improved," said Fire Chief William Sponable, who became Metro Fire's third chief in 2009 after serving as the district's Chief Financial Officer. "Had such a consolidation not occurred when it did, today many of the prior small fire districts would be in very serious

Metro Fire Celebrates 10 Years of Service

A merged fire district is leaner, more efficient and continues to meet the challenges of a weak economy

financial trouble as so many others are throughout the state."

This is not to say that the downturn in the economy has not presented Metro Fire with challenges. During the past two years, Metro Fire's management team and Board of Directors (in cooperation with its labor units) has taken the following actions to reduce the district's operating costs:

- Three fire stations were closed in 2009.
- Metro Fire has significantly reduced management and administration costs through staff reductions, including 24 recent layoffs of non-firefighting personnel.
- To close an \$11 million budget gap last year, cost-reduction initiatives were initiated and district firefighters agreed to forego contracted salary increases in both 2008 and 2009.

Sponable added, "I am proud to say in the face of these challenging economic times, Metro Fire has emerged as a leaner, more efficient organization that provides the best in emergency medical response and fire suppression services that our fiscal resources allow."

The economic reality is that Metro Fire is still under intense fiscal pressure:

• 80 percent of the district's revenues are from property taxes, which – due to the housing crisis – have been reduced by 12% since 2009.

• The population within Metro Fire's geographic footprint has grown by approximately 40,000 residents during the past decade.

• Since the inception of Metro Fire our service calls have increased 25 percent to approximately 75,000 per year.

"Metro Fire is working hard to maintain service levels," said Sponable. "The cost-cutting measures taken in recent years have driven our organization to achieve its greatest levels of efficiency. There is a fixed cost to operating the needed number of fire stations and units around the clock. Such a large investment is difficult to ratchet down every time there is a dip in property tax revenues."

Under the guidance of its Board of Directors, Metro Fire's management team and firefighting personnel look forward to serving the community in the coming decade and meeting the immediate fiscal challenges associated with a weak regional economy.

Northminster Presbyterian Church INVITES YOU TO JOIN US AND CELEBRATE CHRISTMAS

Special Advent Music

SUNDAYS, DEC. 5TH – 19TH 9:55 A.M.

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Advent Craft Faire

SAT., DEC. 4TH 10 A.M. – 2 P.M.

Make and take no-cost crafts for the family

Jesus Birthday Party

FRI., DEC. 17TH 7 P.M.

Family fun – Children's Musical (The Gospel according to children)

Handbell Concert

SUN., DEC. 19TH 1 P.M.

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Northern California's favorite holiday musical, SCROOGE, will be presented at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. This is the 31st year that SCROOGE will be presented during the holiday season. SCROOGE will open with a performance at 8:00pm on Friday, Dec. 3rd and will continue to play on Fridays and Saturdays at 8:00pm and Sundays at 2pm through Dec. 23.

Scrooge – (L) Rodger Hoopman, Boots Martin

Additional performances will be held at 7pm on Sunday Dec. 12 and 19, Thursday Dec. 16 at 7 pm, on and Monday, Tuesday and Wednesday and Thursday, Dec. 20, 21, 22 and 23 at 7pm. Admission is \$16 general and \$8 for children age 12 and under.

The musical, based on Charles Dickens' "A Christmas Carol" features Rodger Hoopman in the title role, with a supporting cast led by Warren Harrison, Salina Donek, Boots Martin, Nicholas Maggio and Jon Jackson. This holiday tale of joy and redemption is suitable for all ages.

The production is directed and staged by Warren Harrison. Costumes are by Salina Donek, with light design by Don Myers.

The Chautauqua Children's Theatre will present the return of "KANCELLED KRISMAS KAROL" at the Playhouse on Saturdays, opening on December 4 and playing through December 18. Showtimes are at noon and 2 pm (Saturdays only). This delightful tale tells the story of Santa's reindeer on vacation and their encounter with the villainous Christopher Crum. The play is written and directed by Marie Raymond. All seats for the children's shows are \$7.

Visit the theatre website at cplayhouse.org for ticket information and purchase or call the Chautauqua Playhouse at 916 489-7529. Group rates are available.

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by Northminster and directed by Mary Balkow. The concert will include sacred and secular Christmas melodies arranged for handbells and will feature the violin, oboe, and clarinet on some songs. The audience will also have an opportunity to ring along. This performance is a benefit concert

for the River City Food Bank to help in its rebuilding after it was tragically burned a few weeks ago. Proceeds from a freewill offering at the concert will go directly to the River City Food Bank. Attendees to the concert are asked also to bring a canned food donation. For more information, call 487-5192.

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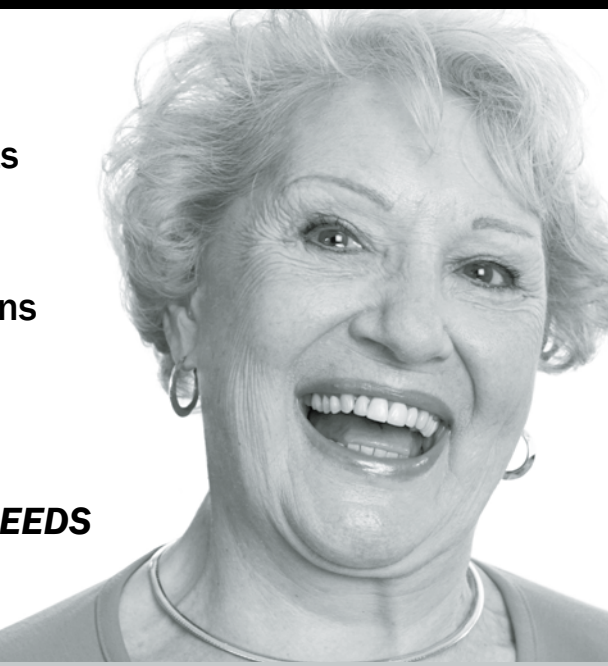
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Monthly Military Retiree/Spouse Meeting

Our first meeting in 2011 is scheduled for 11 Jan. Our meeting will be held in the North Highlands Community Center at 6040 Watt Ave. Starting time is 1030 hrs and the subject will be Social Security. This area is important to all of us so you don't want to miss this one. Come on out and enjoy a cup of coffee and some great fellowship. Questions can be referred to our staff of volunteers, Mon thru Thurs, 0900 to 1500 hrs at 916-561-7476.

Friends of the Library to Host Winter Warehouse Sale

Carmichael - The Friends of the Sacramento Public Library are sponsoring a big Winter Warehouse Sale on two consecutive Saturdays, December 4 and December 11. Public sale hours will be noon to 4 pm on December 4, and 9 am to 4 pm on December 11. A preview for Friends' members only is scheduled for 9 am to noon, December 4. Prospective members may join at the door for \$15 and attend the preview. The sale will be held in the Friends' warehouse, at the rear of their Book Den store, 8250 Belvedere Avenue, Suite E, between Power Inn Road and Florin-Perkins Road just south of 14th Avenue. Over 75,000 paperback and hard-bound books, videos, books on cassette and more will be sold at prices ranging from \$.50 to \$2.00. All proceeds, after expenses, benefit the Sacramento Public Library.

The Book Den store will be open during the Warehouse Sale and Preview, too. At the Book Den shoppers select from individually priced better books, including collectibles, and other materials, with most books priced at \$3 and up. The Book Den is regularly open Thursday through Saturday from 9 am to 2 pm. For more information call 916-731-8493 or email fsp1@att.net.

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Audubon Offers Free Children's Field Trips

Sacramento Region - A bird-ing trip to William Pond Park on January 8 will launch a new monthly program of free field trips for children and their families, Sacramento Audubon has announced. The trips are designed for children 6 to 12 years old, who must be accompanied by a parent or responsible adult. Binoculars suitable for small hands will be available for children who don't have field glasses of their own.

The goal of the trips is to introduce children to birds and the outdoors and teach them bird-watching skills. The trips will be led by experienced birders who are also good teachers, Audubon notes. The January 8 trip, like all the following ones, will start at 8:30 A.M. and end at 11 A.M. Reservations are necessary, and may be made by contacting the program leader, Maureen Geiger, at mkgeiger@sbcglobal.net or at (916) 444-0804.

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FICTITIOUS BUSINESS NAME STATEMENT #1009244. Lasquete & Associates LLC, 8508 Arbor Creek Lane, McKinney, TX 75070 is doing business under the Fictitious Business Name "Lasquete & Associates" at 5349 Castle St., Fair Oaks, CA 95628.

FICTITIOUS BUSINESS NAME STATEMENT #1009783. CUC Men's Group, LLC, 3120 Swallows Nest Dr., Sacramento, CA 95833 is doing business under the Fictitious Business Name "Authentic Men's Community" at 3120 Swallows Nest Dr., Sacramento, CA 95833.

FICTITIOUS BUSINESS NAME STATEMENT #1009257. Catherine Fagiolo, 4910 Shamrock Dr., Fair Oaks, CA 95628 is doing business under the Fictitious Business Names "Presentations Plus; Choral Studio" at 4910 Shamrock Dr., Fair Oaks, CA 95628.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00091263

WHEREAS, Cynthia Ann Lozoya has filed a petition with this court for a decree changing name of Cynthia Ann Lozoya to Cymthia Ann Lozoya-Goodrich. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Dec. 21, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the

any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Dec. 21, 2010. Kevin R. Culhane Judge of the Superior Court Publish: Nov. 17, 24, Dec. 1, 8, 2010. WILDER 01103 12-8-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00091401

WHEREAS, RaVette Menefee has filed a petition with this court for a decree changing name of Omari Amin Richards to Omari Amanuel Beyene. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Dec. 22, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 10, 2010. Kevin R. Culhane Judge of the Superior Court Publish: Nov. 24, Dec. 1, 8, 15, 2010. MENEFE 01104 12-15-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00091759

PLAINTIFF'S NAME IS: MARISA G. CARREON. You have 30 Calendar Days after this Summons and legal papers are served on you to file a typewritten response at this court and have a copy served on the petitioner. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp.org), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your Response on time, you may lose the case by default, and your wages, money and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. The name and address of the court is: Superior Court of California, County of Sacramento, 720 Ninth St., Sacramento, CA 95814. The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: Luis A. Cespedes, Atty. At Law, 701 "E" St. #C, Sacramento, CA 95814; 916-443-8465. Dated: Aug. 13, 2010. Publish: Dec. 1, 8, 15, 22, 2010. CESPED 01104 12-22-10

FICTITIOUS BUSINESS NAME STATEMENT #1010023. Nova Financial & Investment Corporation, 6245 E. Broadway Blvd. #400, Tucson, AZ 85711 is doing business under the Fictitious Business Name "Nova Home Loans" at 6245 E. Broadway Blvd. #400, Tucson, AZ 85711. Filed with the Clerk of Sacramento County on Nov. 16, 2010. Publish: Dec. 8, 15, 22, 29, 2010. NOVAHO 01202 12-29-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00092090

FICTITIOUS BUSINESS NAME STATEMENT #1010267. Ki Jin Song, 729 Foxbrough Pl., Pleasanton, CA 94566 is doing business under the Fictitious Business Name "Mi Rancho" at 2355 Florin Road, Sacramento, CA 95822.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00092596

WHEREAS, Jeffrey Farrar has filed a petition with this court for a decree changing name of Jeffrey George Farrar to Jessica Hayden Farrar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Jan. 12, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the

petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Dec. 1, 2010. Kevin R. Culhane Judge of the Superior Court Publish: Dec. 8, 15, 22, 29, 2010. FARRAR 01202 12-29-10

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Carmichael Chamber of Commerce

Carmichael Chamber Monthly Luncheon

On the 4th Tuesday of each month, the Carmichael Chamber holds a luncheon where members can network, hear from a guest speaker and learn what's happening in the Carmichael Chamber and the community in general.

Carmichael Chamber Monthly Mixer

Usually on the 2nd Wednesday of each month, a member of the Carmichael Chamber holds an evening mixer where members can network, learn more about other Chamber members and find out what's happening in the Carmichael Chamber and the community in general. The location changes each month so check the Chamber website to confirm the date and location each month.

December Mixer Change

Please note that the host of the Carmichael Chamber Christmas Mixer has been changed. **Studio Hair Design** at 4048 Manzanita Avenue, Carmichael, in the Safeway shopping center, will be hosting the Christmas mixer on Wednesday, December 8 from 5:30-7:30 p.m. Take a break from your hectic holiday plans and join us for great food, drink, networking, and raffle. Be sure to bring plenty of business cards and a raffle prize. For more info, call 916-481-1002.

Desperately Seeking Susan

Gala dinner event honoring Sacramento County Supervisor Susan Peters for her commitment to Carmichael; installation of new Chamber Board members; introduction of Carmichael's new Honorary Mayor; award for Carmichael's Business Person of the Year. Cost is \$30 per person. Contact Linda at the Chamber office at 916-481-1002 to reserve your place. Raffle will be held as well. Don't miss meeting elected representatives & civic leaders, as you mix, mingle & promote your business!

When: Fri, January 7, 2011, 6:30pm - 9:00pm

Where: The Palace, 6309 Fair Oaks Blvd., Carmichael, 95608

Carmichael Chamber Luncheon

Chamber General Meeting & Luncheon. This is a Business to Business Luncheon. Chamber businesses have a free table at the luncheon and an opportunity at the mic to share about their business. \$15 members/\$20 non-members. Make your reservations by Dec. 16 to 481-1002 or linda@carmichaelchamber.com.

When: Tue, December 21, 11:30am - 1:00pm

Where: Cypress Avenue Baptist Church Education Building, 5709 Cypress Avenue, Carmichael, 95608



Contact us for more information on the Carmichael Chamber of Commerce
Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com

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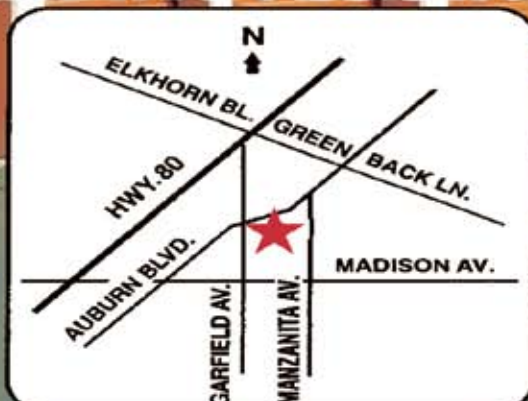
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Have a Holiday Dessert Party with a Peppermint Twist



Peppermint ice cream takes the cake in this delicious dessert.



Ice cream lollipops can please guests of any age.

(NAPS) - An easy way to entertain during the holidays is to have a dessert party. It's great for the host because the time needed to make and serve dessert and beverages is much less than when a whole meal is planned. And guests almost always have time to make one last stop for something sweet, no matter what else is happening on a particular evening. Here are a few hints to make your dessert party a little sweeter:

- Think red, white and pink instead of the usual red and green when coming up with decorations and recipes to serve family and friends. Tuck candy canes of various sizes in centerpieces and vases for an unexpected bit of fun.
- Save time and trouble for yourself by preparing the desserts ahead of time. That way, you too can enjoy the party and spend time with your guests.
- Serve the perfect holiday pair - frosty peppermint just tastes like the holidays and creamy chocolate is always popular. Combining the two can be even more delightful when you put out a pair of decadent desserts such as these made with Dreyer's or

Edy's Slow Churned Peppermint Light Ice Cream. With half the fat and one-third fewer calories than regular ice cream, no one has to leave feeling like a bowl full of jelly.

Upside-Down Peppermint Ice Cream Cake
 1 box chocolate cake mix
 1/2 can chocolate frosting
 1 container Dreyer's/Edy's Slow Churned Peppermint Light Ice Cream
 Peppermint candies or candy canes

Make two 9-inch cakes according to the package directions; cool completely. Remove from pan and cut the rounded top off one of the cakes to make one even layer. Wrap and freeze the second cake for later use. Soften ice cream at room temperature for 5D10 minutes. Wash pans and dry completely. Line them with plastic wrap or parchment. Carefully spread the ice cream in the pan using the entire container. Freeze for one hour or until very firm. Remove from freezer and spread the frosting over the ice cream and put the trimmed cake over

the frosting. Cover tightly and freeze overnight. To serve, let frozen cake sit at room temperature for about 5 minutes. Unwrap and invert cake onto serving dish. Remove plastic wrap or parchment from the ice cream. Sprinkle crumbled pieces of peppermint candies over top of cake. Serve slices with whipped cream and garnish with candy canes, if desired.

Peppermint Ice Cream Lollipops
 1 container Dreyer's/Edy's Slow Churned Peppermint Light Ice Cream
 Lollipop sticks
 4 oz bittersweet chocolate or chocolate chips
 4 oz white chocolate or white chocolate chips
 2 tablespoons vegetable shortening
 Holiday sprinkles and candies

Place a plate or other flat surface lined with parchment paper in the freezer for 15 minutes. Make round scoops of ice cream and place on parchment. Put a lollipop stick in each scoop of ice cream and freeze for 1 hour or up to 24 hours. When you are ready to dip the lollipops, melt chocolate and 1 tablespoon shortening in a bowl in the microwave. Use 20-second intervals until smooth. (Should take 40D60 seconds and no longer. Do not scorch the chocolate.) Let sit while repeating the process to melt the white chocolate and 1 tablespoon of shortening in the microwave until smooth. Place different sprinkles in separate small bowls. Dip each lollipop halfway into the chocolate and dip into sprinkles. Immediately put back into freezer to set. Repeat with remaining ice cream. Freeze completely before serving.

For more holiday ice cream dessert ideas and recipes, visit www.icecream.com.

Free Holiday Indoor Concert
 7pm, Wednesday, December 8
 Music by American River Orchestra
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<p>Extended Tours</p> <ul style="list-style-type: none"> • The Heart of Texas March 13-21, 2011 • \$2,249 pp double • Mackinac Island May 6-14, 2011 • \$2,699 pp double • Trains of the Colorado Rockies July 30-August 7, 2011 • \$2,349 pp double <p>Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to www.morpd.com.</p>	<p>Luxury Motorcoach</p> <ul style="list-style-type: none"> • The Price is Right/Let's make a Deal Trip to Hollywood with extras! January 11-14, 2011 • \$699 pp double • Amtrak - the Snowy Sierra February 23-25, 2011 • \$285pp double Tickets to the Buddy Holly Show • Masterpieces from the Musee D'Orsay January 6, 2011 • \$85 per person Admission to De Young & Legion of Honor
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