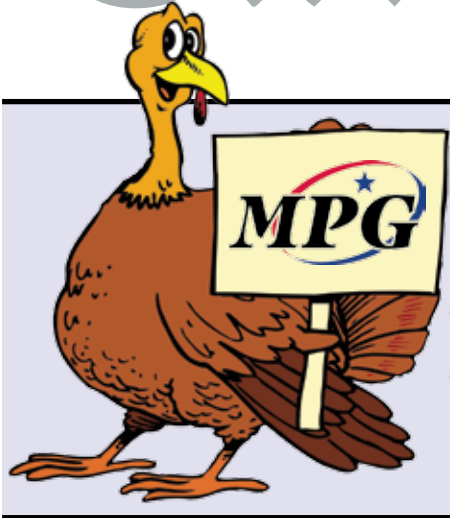


# Carmichael Times



We Wish  
Our Readers  
a Safe  
and Happy  
Thanksgiving



Spice up Your  
Thanksgiving  
Day Meal

Page 3



Golden 1  
Credit Union  
Wins Award

Page 4

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Volume 30 Issue 47

Serving Carmichael and Sacramento County since 1981

November 24, 2010

## Four Sacramento Animal Shelters Come Together to Find 1,000 New Homes

*Sacramento Region* -- The Sacramento SPCA, City of Sacramento Animal Care Services, Sacramento County Animal Care & Regulation and Happy Tails Pet Sanctuary are holding a joint "Home for the Holidays" pet adoption special which will begin on Friday, November 26 and run through December 30. The goal of the holiday adoption promotion is to increase adoptions community-wide and to ultimately find new homes for 1,000 homeless animals by the end of 2010. During "Home for the Holidays" adoption fees for all animals will be reduced by half.

The four participating shelters will take in more than 35,000 homeless animals this year alone. This figure represents an increase over previous years due to the poor economy and other factors. Sacramento animal shelters are overburdened with hundreds of animals seeking permanent homes. Through "Home for the Holidays," the shelters will work together to boost adoptions, and will strive to facilitate 1,000 additional adoptions before the end of the year.

"We're hoping that when people are thinking of adding a furry or feathered



### 1,000 Adoptions Sought Through Joint "Home for the Holidays" Adoption Campaign

family member to their household, that they will visit their local animal shelters first, and give a wonderful animal a Home for the Holidays," said Rick Johnson, Sacramento SPCA Executive Director.

For more information on "Home for the Holidays" visit [www.sspca.org](http://www.sspca.org), [www.happytails.org](http://www.happytails.org), [www.cityofsacramento.org/generalservices/animal-care/](http://www.cityofsacramento.org/generalservices/animal-care/), or [www.saccountyshelter.net](http://www.saccountyshelter.net).

## Pothole Crews Begin Repairs

*Sacramento* -- The Sacramento County Department of Transportation (SACDOT) has started up Fall 2010 "Pothole Sweeps Week", which is an intensified effort to identify and repair potholes. This project is part of continuous efforts to improve preventative maintenance activities for unincorporated area roadways. Pothole sweeps are performed twice each year: in Fall to ready road surfaces for the storm season and in late Spring to repair potholes caused by inclement weather. This County-wide effort will begin in the Arden Arcade community -- which is the center of our service area -- as follows:

Work crews will begin inspecting streets and mark potholes with white paint. Residents are encouraged to call SACDOT Customer Service at 875-5171, or visit [www.sacdot.com/tools/eservices](http://www.sacdot.com/tools/eservices), to report additional potholes not identified by crews.

**Repair:** For a two to three week period after inspection, maintenance crews and equipment will sweep through streets and repair all identified potholes.

**Note:** These dates may change due to weather conditions.

The second phase of this project for the southern part of the unincorporated area will start on November 29.

There are over 5,200 lane miles of paved roadways in the County unincorporated area and it's inevitable that somewhere in this large area of streets there will be potholes. SACDOT's policy is to: **"Repair all potholes as soon as possible."** The Pothole Sweeps Week program enhances ongoing pavement maintenance activities, which include SACDOT crews who are sent into the field Monday through Friday each week to specifically repair potholes.

Some facts about potholes in Sacramento County:

- Potholes Reported To Customer Service Annually = 600.
- Potholes Repaired Annually = 35,400.
- Potholes Repaired Per Month = 2,950.
- Annual Cost for Pothole Repair = \$1,900,000 (average).
- 118,000 square feet of potholes repaired annually (average).
- Repair Cost Per Square Foot = \$16 (average).
- Repair cost per pothole = \$53 (average).
- Reported potholes are typically repaired within 72 hours.

Please contact Dan Regan (Communications & Media Officer) at 874-7056 or [regand@saccounty.net](mailto:regand@saccounty.net), if you have any additional questions.

## A Holy Land Experience

By Susan Maxwell Skinner

*Carmichael* - To promote Christian worship, Saint Francis of Assisi choreographed the first nativity pageant in 1223. Secular controversy aside, restaging the New Testament account of Christ's birth is still a beloved tradition in many churches. Carmichael's oldest congregation -- Carmichael Presbyterian at 5645 Marconi Avenue -- is going all-out with its annual crèche. The two-night event is billed a "Hands-on Holy Land Experience."

A living nativity is centerpiece for the church's recreated Bethlehem village in commodious McMillen Hall. A Roman guard extolling visitors to pay taxes is the door greeter. In a jostling BC/AD marketplace, potters and tanners will tout wares and children's crafts will be offered. Three wise men and an innkeeper are civic docents; prayerful angels will hover and shepherds are attended by live lambs. While many pageants spotlight silent actors, the Presbyterian Madonna and husband Joseph will have plenty to say. Event coordinator Sharon MacLean says nativity stars will crib lines for curious questioners. "A church member is a script writer," she says. "She's come up with dialogue to keep our actors in character. We want children to feel they are talking to the Holy Family and the three wise men." MacLean's daughter Whitney takes the Virgin role for her third year. "At 19, she's really too old for the part," MacLean considers (Mary was thought to be around 16 when Jesus was born). "But Whitney volunteered because she's a deacon and likes talking to children. When she gets unexpected questions, she'll wing it. If we can't be completely authentic, we'll at least have fun."

Casting the Jesus role is a greater challenge. "We'd love to use a real



Live lambs and shepherds join the volunteer cast for a hands-on nativity at the Carmichael Presbyterian Church. "A Night in Bethlehem" is open to the public on December 11 and 12. Photo by Susan Maxwell Skinner.

baby," says the coordinator. "But with winter colds and bugs, no one seems willing to loan us one. We'll probably end up with a doll. We did try to get a camel for the Wise Men but it would have cost a king's ransom..." MacLean says the production is also casting for a well-behaved donkey. Volunteers should call the number below.

The two-night Bethlehem pageant throws open stable doors on December 11 (4 to 6 p.m.) and provides free refreshments. It continues on December 12. On

this date, church choristers will also present a Christmas concert. The church Advent program also offers a pop orchestra with hand bell solos on Sunday December 5, 10 am. A children's Christmas pageant and an adult drama are incorporated in Sunday December 19 services. Christmas Eve features a family service and later, candlelight communion.

Anyone may attend these free events.

Information: (916) 486-9081.

### Holiday Recipes Available at Carmichael Times Website

Carmichael Times is making dozens of recipes available to our readers just in time for the holiday season. You can find recipes from salads to entrees to desserts on our website under the recipe

section on the homepage.

Our website includes hundreds of additional articles not found in the printed copy of the newspaper. They include articles on finance, family, travel, care

car, beauty, consumer news, food, fashion and more.

We bring you a complete "Sunday" newspaper product online every week. Check it out at [CarmichaelTimes.com](http://CarmichaelTimes.com).



No one is quite sure who Dexter (Andy Anthony, center on sofa) is but Terry (April Maylene, sofa left) and Dede (Carolyn Gregory) think he's wonderful while Stelle (Missy McVittie, with pan) isn't so sure and Gordon (Jon Beaver, right behind sofa) is skeptical but Jerry (James McClelland) thinks he's worth helping in the Arden Playhouse production of the comedy Dexterity. Photo Courtesy of Gene Haslett - Arden Playhouse.

## Can Jerry Goodman Possibly be Too Kind for His Own Good?

*Sacramento* -- Arden Playhouse is pleased to present Dexterity, a new play by Michael Messmer, Sacramento's most prolific comedy playwright. Dexterity has a lot of heart and a whole lot of laughs as we see what happens to literary agent Jerry Goodman, a man who may be too kind for his own good.

Jerry has taken an option on a new novel. If he can't make a deal with a Hollywood producer to pick up the option, he is out of a job (and a huge amount of money). The producer asked Jerry to show him an authentic New England Christmas, so Jerry rented a farmhouse in Connecticut. Jerry's wife isn't happy about rearranging her life for the holidays but she's doing her

best to make things go well by bringing in part-time help to cook. Immediately complicating matters is a homeless man Jerry brought home. Dexter alters personalities from a barely verbal derelict who may be hearing voices to a seemingly well-educated, erudite and romantic assistant (who may suffer from narcolepsy). The cook thinks there's something familiar about Dexter and doubts he's really a homeless person, but a relationship begins to develop between them that adds both confusion and zest. When the producer and his wife arrive early, Jerry and his wife provide a plausible explanation for Dexter's presence. When Dexter discovers that the producer isn't what he seems, information is supplied that

appears to ruin the deal and Jerry's career. But Dexter isn't what he seems, either, returning Jerry's kindness with surprising generosity.

Dexterity performances are on Friday and Saturday nights at 8pm through December 18th, with Sunday matinees at 2pm on November 21st and December 5th.

All tickets are \$18 general admission. Tickets can be reserved by calling (916) 332-2582.

Arden Playhouse is located at 5640 Roseville Road, Suite D, Sacramento, and seats 150.

Arden Playhouse is a community theater dedicated to continuing its tradition of presenting entertainment in a casual setting.



# Help Save Jan Park

## Neighbors Apply for a \$50,000 Grant from Pepsi: Your Votes Needed

Carmichael - Jan Park is a 13.6 acre natural open space park with more than 400 Oaks, many of them Heritage Oaks. The Save Jan Park Committee is a 100% volunteer organization that is working collaboratively with the Carmichael Recreation and Park District to prevent the sale of park land by raising funds that the park district will match. The committee has applied for a grant from Pepsi and recipients are selected based on who gets the most votes. Funds will be used to improve existing trails, including making them more ADA

accessible, construct a pedestrian bridge over a seasonal creek and improve park entries.

The Save Jan Park Committee was formed to respond to the Park District's proposal to sell 4 acres of Jan Park to pay for development of the site. The committee is committed to preserving all of Jan Park with its rolling terrain and distinctive character as a natural open space park in a compacted suburban area. Five different species of Oaks have been identified on the site; Blue, Valley, Coast Live Oaks, Interior Live Oaks

and a Cork Oak. Its unique and important bird and wildlife habitat is home to skunks, possums, pheasants, squirrels and a variety of birds. Please help us preserve this natural oasis for future generations by voting daily.

Go to: [www.refresheverything.com/savejanpark](http://www.refresheverything.com/savejanpark) vote for us daily from November 1st until November 30th. To vote go to [www.refresheverything.com/savejanpark](http://www.refresheverything.com/savejanpark). You can also text your vote: Text 103947 to Pepsi at 73774. (Standard text messaging fees apply).

# It's beginning to look a lot like...

By Susan Maxwell Skinner



Carmichael-based, the Bev's Angels project provides hand-made quilts and Christmas gifts for needy families. Founder Jan Strickland (AKA Mrs Santa Claus) and helpers are bolstered by Carmichael Kiwanis volunteers. Pictured, Kiwanis president Mohendar Chima and club members joined Strickland's angelic force in assembling and distributing gift packages. Learn about Bev's Angels at (916) 486-8374. Photo by Susan Maxwell Skinner.

Help us win a \$50,000 grant and save a beautiful natural space in the heart of Carmichael.

From November 1st-30th Go to <http://refresheverything.com/savejanpark> AND text 103947 to PEPSI (73774). Vote both ways everyday to make sure Jan Park stays!

<http://twitter.com/savejanpark>  
<http://www.facebook.com/pages/Save-Jan-Park/116176415075851>

## Foster Care

*The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.*

**We offer free training, fingerprinting, CPR/ 1st aid, 24 hr support, monthly reimb.**

**Call Lenka**  
(916) 338-7156



**Merry minstrels.** Sponsored by Sunrise Park District, the Capitol Pops concert band presents a two-hour program of festive music at Rusch Park on December 4. Downbeat is 7:30 p.m. and admission is free. Pictured, director Jerry Lopes conducts his 60-piece ensemble. Singer is Susan Skinner. Information: (916) 967-1461.

# Carmichael Times

*"Written by the people and for the people"*  
 Serving Carmichael and Sacramento County since 1981  
 Publisher—Paul V. Scholl

**Publisher's Statement:** It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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Carmichael Times is a member of **Messenger Publishing Group**

*We are proud members of these newspaper associations.*

## Widowed Persons Association of California, Inc.

**Office Hours**  
 10:00 am- 3:00 pm  
 Monday through Friday  
 916-972-9722

**Newcomer's Buffet & Social**

Any and all widows or widowers may attend

**Third Monday evening at 5:30 pm**

In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenues; cost varies as the choice is from a no-host buffet menu.

*This is a public service to all widows and widowers and there is no charge to attend the social other than the meal they chose.*

**Sunday Support**

Any and all widows or widowers are invited

**Every Sunday from 3:00 pm-5:00 pm**

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

*Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm-5:00pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by WPAC. Participants do not need to be members and there is no charge.*



**Lights; action!** The Christmas light ceremony at Carmichael Park is a December tradition. Children's entertainments include crafts, cookies and an appearance by St Nicholas. Scheduled for Thursday, December 9, festivities are sponsored by the Carmichael Park District. Live big-band music and a sing-along kick the program off at 5:30 p.m. Information, call (916) 485-5322. Photo by Susan Maxwell Skinner.

## SACRAMENTO SYMPHONIC WINDS

**Save the dates!**

}

**La Sierra Series**

- Sunday, December 12, 2010 at 3pm
- Sunday, March 20, 2011 at 3pm

All performances are at  
 La Sierra Community Center  
 5325 Engle Road, Carmichael  
 916-489-2576 • [www.sacwinds.org](http://www.sacwinds.org)



# A Simple Emigrant Christmas at Sutters Fort

Step back in time to holidays past with festive, hands-on activities such as stringing popcorn and cranberries, candle dipping and crafting paper cut-out ornaments when Sutter's Fort State Historic Park presents "A Simple Emigrant Christmas" special event. Friends and families are encouraged to visit the Fort to enjoy docents in period attire as they interpret and demonstrate a variety of early holiday traditions and cultural activities similar to what early Emigrants did in the 1840s. In fact, Sutter's Fort was one of California's

early gathering places where different cultures came together to share differing holiday traditions, many of which are still celebrated today. Don't miss the special "A Simple Emigrant Christmas" for one day only this December.

**What:**  
**Demonstration Day:**  
**A Simple Emigrant Christmas**

**Where:**  
**Sutter's Fort State Historic Park,**  
**2701 L Street, Sacramento**

**When:**  
**Saturday, December 11, 2010**  
**Time: 10:00 a.m. to 5:00 p.m.**  
**Cost:**  
**\$6.00 per adult, \$4.00 per youth**  
**(ages 6-17), free for children 5**  
**years and under**  
**For Info:**  
**Call 916-445-4422 or visit www.**  
**parks.ca.gov/suttersfort**

## Free Holiday Concert

**Sacramento** – The Sacramento Concert Band, under the direction of Grant Parker, will be presenting a holiday concert at 7:30 PM on Monday, December 6, 2010, at Christ Community Church in Carmichael.

This is the 41st season for the fifty-five member Sacramento Concert Band, an outstanding wind ensemble

comprised of talented volunteer musicians from Sacramento and the surrounding areas.

The concert is free. Christ Community Church is located at 5025 Manzanita Avenue between Winding Way and Madison Avenue. Directions: Take the Madison Avenue east exit from Interstate 80.

Turn south on Manzanita Avenue. The church is on the right about 0.3 miles past the Madison/Manzanita intersection. More information is available by calling (916) 691-7632. The Sacramento Concert Band is a non-profit organization sponsored by the Sacramento Valley Symphonic Band Association.

# Sacramento Master Singers Presents

## "Peace, Peace"

**Sacramento** – The Sacramento Master Singers, under the direction of Dr. Ralph Hughes, will open their 2010-11 Season with four performances of the choir's annual holiday concert in December. This year's concert, entitled Peace, Peace, occurs at St Francis of Assisi Catholic Church (26th & K Streets) in Sacramento on December 12 at 3:00 PM; December 18 at 8:00 PM; December 19 at 3:00 PM; and December 22 at 7:00 PM. This concert marks director Ralph Hughes' 25th season conducting the Sacramento Master Singers. During his tenure the group has developed a signature Christmas program full of special traditions: a quiet and

reflective candlelight processional, sparkling Renaissance and antiphonal motets surrounding the audience, and favorite carols sung in traditional – and sometimes unique- arrangements. As in years past, this program includes both exciting new pieces and traditional heartwarming favorites that the audience members have told Dr. Hughes that they love. The December 18th performance will be signed for the deaf and hard of hearing.

Tickets for Peace, Peace are \$20 and can be purchased online at [www.mastersingers.org](http://www.mastersingers.org), or by phone by calling (916) 788-7464, or at-the-door one hour before each concert.

The Sacramento Master Singers will also present *Jingle All The Way!*, their annual children's holiday concert on December 18 at 2:00 PM at St. Francis of Assisi Catholic Church (26th and K Streets). As usual, a delegation from the North Pole will assist the Master Singers in presenting this shorter, family-oriented program design especially for children. Tickets for *Jingle All The Way!* are \$5 for adults, \$3 for children.

All concerts will be held at St. Francis of Assisi Catholic Church, 26th and K Streets, in Midtown Sacramento.

# Spare the Time, Spoil the Family and Spice up the Meal!



**Talking turkey: It can be easier than you may realize to turn out a beautiful bird.**

**Photo Credit: istockphoto.com**

old feast at [www.groceryoutlet.com/holidays](http://www.groceryoutlet.com/holidays).)

- Cut your conventional cooking time by a third by butterflying and grilling the turkey. (Visit [www.groceryoutlet.com/holidays](http://www.groceryoutlet.com/holidays) for a complete how-to.)
- Organize your grocery list by department to save time at the store. And don't forget to shop your own cupboards first to see what you already have.
- Shop outside the box at stores that offer the most value for your dollar. For example, Grocery Outlet Bargain Market purchases overstocks and closeouts directly from brand-name manufacturers. That means prices that are up to 70 percent cheaper than regular grocery stores'. Grocery Outlet's \$3 Sugar and Spice Holiday Menu can feed a family of six for less than \$20!

### Grilled Butterflied Turkey

Butterflying exposes the whole bird to the heat of the grill and promotes faster cooking. Learn how to do it at [www.groceryoutlet.com/holidays](http://www.groceryoutlet.com/holidays)

- Serves 8 to 10*
- 1 10 - to 12-pound turkey, butterflied
  - 1 cup freshly squeezed lime juice (about 10 limes)
  - 3 tablespoons dried oregano
  - 1/2 cup (1 stick) butter, melted
  - Canola oil
  - Kosher salt and freshly ground black pepper, to taste

Place the turkey, bone side down, in a large baking dish. Cover the bird

with 1/2 cup lime juice. Sprinkle oregano over the turkey and under the wings. Marinate for a few hours in the refrigerator, turning the bird at least once.

Pat the bird dry with paper towels. Coat all surfaces of the turkey with oil, then sprinkle lightly with kosher salt and freshly cracked black pepper. Let the bird come to room temperature (approximately 30 minutes).

Combine the melted butter and the remaining 1/2 cup lime juice and set aside.

Prepare your grill with half of it on high heat and leave half of the grill turned off.

Place an aluminum roasting pan on the side of the grill without heat.

Once the grill is hot, place turkey skin side down on the hot side of the grill for 6-8 minutes, until the skin starts to crisp. Flip the bird and grill for another 6-8 minutes.

Carefully place the turkey skin side up into the aluminum pan off the direct heat. Close the grill, and try to maintain an internal grill temperature of about 350-375° F.

Baste the turkey with the butter mixture and rotate the pan every 20 minutes. Grill the bird until a meat thermometer inserted in the thickest part registers 180° F, about 60 to 90 minutes.

Transfer to a carving board, cover and let the turkey rest 15-30 minutes before carving.

*For more Holiday recipes, go to [www.AmericanRiverMessenger.com](http://www.AmericanRiverMessenger.com)*

## Are You a Descendant of a Revolutionary War Patriot?

*You are invited to join the*

### Sons of the American Revolution

This prestigious patriotic organization is dedicated to perpetuating the memory of our patriot ancestors, the history of our country, and the education of its citizens.

*For more information, call 916-985-6544, or visit our website at [www.sarsac.org](http://www.sarsac.org). E-mail: [webmaster@sarsac.org](mailto:webmaster@sarsac.org) 501(c)(3) non-profit EIN # 68-0004288*



## Carmichael



## Carmichael Recreation and Park District is announcing upcoming events

### St. John's Holiday Craft Faire

**"A Holiday Show of Hands"**

**Saturday, December 4, 9am-7pm**

**Sunday, December 5, 9am-3pm**

**Free Admission!**

St. John the Evangelist School  
5701 Locust Avenue in Carmichael  
(916) 481-8845

Enjoy this arts and crafts Christmas sale featuring custom work by over 150 artists. Special features include the Fashion Pavilion and antiques and collectibles in the Antique Cottage. New this year – the Green Room!

### 7th Annual Holiday Tree Lighting

*Free and fun for all ages*

**Thursday, December 9, 6pm**

**Carmichael Park, 5750 Grant Avenue**

(in front of park)

Sponsored by the Carmichael and Mission Oaks Recreation and Park Districts and the Carmichael Kiwanis Club.

*For more information call 485-5322.*

### Sacramento Symphonic Winds Concert

**Sunday, 3-4:30pm • December 12**

La Sierra Community Center, 5325 Engle Road

\$7/person, seniors \$5, kids under 12 free

Plenty of FREE Parking!

### Princess Party

**Saturday, February 12 1-3pm**

**Ages 1-6 years • \$20 per child**

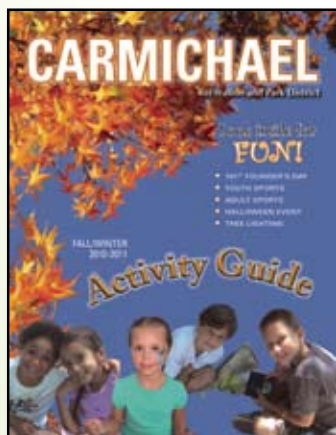
**La Sierra Community Center**

**5325 Engle Road**

Here's an opportunity for your special princess to spend an afternoon having fun with other girls just like her! The professionals from Once Upon a Princess will provide us with tiaras, face painting, a tea party and other fun activities specially designed to treat your princess...like a princess!



*If you have any questions, please call Elizabeth Crisante at 483-7826 or email her at [ecrisante@carmichaelpark.com](mailto:ecrisante@carmichaelpark.com).*



**For more information call the District at (916) 485-5322 or visit our web page at [www.carmichaelpark.com](http://www.carmichaelpark.com).**

# HAVE A HAPPY THANKSGIVING



### Aegis

From the Staff

4050 Walnut Ave., Carmichael  
972-1313

### Carmichael Oaks Senior Living

Denise Brandt & Virginia Stone and Staff

8350 Fair Oaks Blvd., Carmichael  
944-2323 Fax 944-2325

### Carmichael Recreation & Park District

The Staff

5750 Grant Avenue, Carmichael  
485-5322 Fax 485-0805

*Annual Holiday Tree Lighting  
Thursday Dec 9 at 6pm*

### Carmichael Water District

Steve Nugent, General Manager & Staff

7837 Fair Oaks Blvd., Carmichael  
483-2452 Fax 483-5509

### Coffman's Furniture Gallery

From Dave, Lisa & Staff

6443 Fair Oaks Blvd., Carmichael  
482-9663 Fax 482-4276

Mon-Sat 10am-6pm Sun 11am-5pm

### Hoshall's Salon & Spa

From The Team at Hoshall's  
7330 Fair Oaks Blvd., Carmichael  
485-4941

*Now Open Sundays 10am-6pm*

### King's Court Pet Resort

From all of us at King's Court  
6740 Duncan Lane, Carmichael  
993-6987

*Thanks for your support*

### Little Bo'tique

Alexander Leitaker

4201 Manzanita Ave., Carmichael  
485-2229

*Upscale Children's Resale*

### Marie Callender's

Cindy Garcia, Manager & Staff  
3129 Arden Way, Sacramento  
481-0778

*Order your pies early*



Messenger Publishing Group



## We are Looking for Veterans to Join Our Post VFW POST 2324 Carmichael.

*Are you a veteran from WW2, Korean War, Vietnam War, Desert Storm, Iraq, Afghanistan War? If you been honorably discharged and have a current DD214, Please Contact The Post Commander Edward B. Holm. PH (916)722-9603 or Post Quartermaster Steven H. Rambo PH (916) 847-5496.*

**On the 2nd Sunday of each month VFW Post 2324 hold a Pancake Breakfast from 7:30 am to 12:00 pm in the back of Carmichael Park 5750 Grant Avenue. Price \$5.00 for Adults and only \$3.00 for Children. Come One Come All!**





# Cooking Comfort Food With Apples



Photo Credit: NAPSA

(NAPSA) - Apples are hard workers and cooking with apples and cheese can be a breeze!

## Jarslsberg Pork Tenderloin with Apples

- 4 ounces diced Jarslsberg
- 1 tablespoon dried breadcrumbs
- 1 1-pound pork tenderloin
- 1 teaspoon pepper
- 1/2 teaspoon dried thyme leaves
- 1/2 teaspoon salt
- 1 tablespoon peanut oil
- 2 large garlic cloves, minced
- 1 cup diced onion
- 3 peeled, sliced (3/4") Granny Smith apples (3 1/2 cups)
- 1/2 cup apple brandy and 1/2 cup chicken stock (or 1 cup chicken stock)

Preheat oven to 400° F. Mix Jarslsberg with breadcrumbs and set aside. Cut tenderloin lengthwise in four equal strips. Mix pepper, thyme and salt; sprinkle on pork, wrap and set aside. Heat large ovenproof pan or skillet on medium-high. Add oil, swirl to coat and sauté garlic with onion 2 minutes. Add apples, cover and cook 8 minutes or until soft. Off heat, remove 1/2 the apple mixture and, using spatula, create four 4-inch pancake rounds with remaining apples. With each pork strip, make a donut circle, creating 2-inch hole in center; secure with toothpicks. Place pork rounds atop apple "pancakes." Fill pork center with cheese-breadcrumb mixture and cover with reserved apples. Bake 20 minutes. For doneness, cut into 1 round to check if meat is white. For well done, bake 5 minutes more. With spatula, carefully move rounds to serving plates. Reheat skillet on stove, pour in apple brandy and boil 2 minutes, scraping up brown bits. Add chicken stock and boil to reduce by half. Drizzle on pork rounds.

## Spiced Sausage Slider

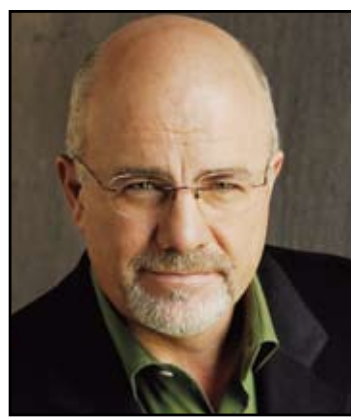
- 1 12-inch skinny baguette or 6 slider rolls

- Honey mustard
- Relish (Sweet India or dill pickle style) OR sliced bread and butter pickles OR cornichons
- 1/2 pound thin-sliced, roasted spicy sausage: chorizo, Italian or kielbasa
- 1 large Fuji or Gala apple, cored and sliced thin
- 6 slices Jarslsberg cheese or try a premium aged Gouda, like Old Amsterdam

*Tip:* To roast sausage, preheat oven to 425° F. Spray a roasting pan with olive oil and cook sausage until well browned, about 25 minutes.

Slice bread or rolls horizontally to open. Place on foil-lined baking sheet and toast. Spread layer of mustard and relish on top and bottom halves. Arrange sausage, apple and cheese on bottom half. With roll (or baguette) tops to the side, broil 3-5 minutes until cheese begins to melt. Cover with tops (slice into 2-inch sliders if baguette) and serve.

Visit [www.norseland.com](http://www.norseland.com) for more information.



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers – *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

## A Ring on Her Finger ...

Dear Dave,

My girlfriend and I have been dating for about three years, and we're talking about getting married. I have some money saved up and would like to buy her a nice engagement ring. Do you have any guidelines on how much to spend on something like this?

- Dustin

Dear Dustin,

If you're working a good, steady, full-time job, I think a good rule of thumb for engagement rings is one month's pay. Some jewelry stores will tell you two or even three months' pay, but that's just too much. Lots of people get engaged or married with cheaper rings, and the relationship and the jewelry last just fine.

# Dave Says

Trust me, there's absolutely no statistical correlation between the price of the ring and the length of the marriage!

Jewelry stores have huge mark-ups on diamonds, so make sure you don't buy it at a typical mall or franchise shop. You want someone who's a diamond broker, or even a high-end pawn shop. You can save literally 50 percent buying from places like these. But in either case, you need to look around and find someone you can trust, because if you're like me, you're probably not a diamond expert.

Remember, too, that diamonds are not an investment. In two decades, I've never seen the diamonds I've given my wife go up in value. And the whole "diamonds are a girl's best friend" slogan is just a bunch of advertising hype. Don't fall for that stuff, either.

Be smart and buy smart, Dustin. It's a great feeling to give the lady of your life a big sparkling rock, but you don't have to break the bank to do it!

- Dave

## Part of the Hiring Process?

Dear Dave,

I talked to a friend recently who had interviewed for a job, and he said they pulled his credit score. Why do potential employers need to check up on this?

- Mitchell

Dear Mitchell,

It's not unusual for big businesses – Corporate America – to do this

kind of thing. Typically, most small businesses don't get into that kind of stuff. Still, some companies use this as a measure of whether or not you're responsible with money. I can see where it might possibly have some value if you're going into the financial industry. But I don't agree with the premise as a whole. I have almost 300 people on my team, and I don't pull credit bureaus when we hire someone.

Here's my take on this kind of thing. I wouldn't want to work for a company that puts more emphasis on my FICO score than on me as a person. If they don't do in-depth, one-on-one interviews, assess someone's talent levels, and look at things like their past work history, job performance and education, then I don't want to work for them. You want someone who is smart enough to hire you because you're an intelligent, dependable, hardworking person who can deliver the goods!

Honestly, there are so many ways to make a living in this world that there's no reason to put up with being reduced to a number like that. If some company out there is trying to hire someone by a false measure of success, then in my mind it's not a company worth working for in the first place!

- Dave

For more financial help please visit [daveramsey.com](http://daveramsey.com).

# Golden 1 Wins Prestigious Elly Award for Training Practices



Senior Vice President of Human Resources Tammy Davis received the ELLy Award on behalf of Golden 1.

Sacramento – Golden 1 Senior Vice President of Human Resources, Tammy Davis, received the Training Champion of the Year Merit Award at the Experience Learning Live Training Awards, better known as the ELLy Awards. The prestigious award is given in honor of excellence in training.

"Golden 1 places great emphasis on helping its employees excel in their jobs. Every Golden 1 staff member is required to complete 20 hours of training each year," said Davis.

"We are pleased that our efforts to ensure our employees are empowered

with the information and skills necessary to provide outstanding service have been recognized," said Donna A. Bland, President and CEO.

Golden 1 is now a four-time winner, having previously won ELLy Awards in 2004, 2007 and 2009.

"I believe in our commitment to providing the best and most comprehensive training available to our employees," added Bland. "Winning this award is an indication of the effectiveness of our curriculum."

The Golden 1 Credit Union is California's leading credit union, with more than 80 offices, \$7 billion in assets and 680,000 members.

# Pamela Hayes Classical Ballet to Perform "The Nutcracker" Dec. 17-19

Sacramento – Local residents with visions of sugarplums dancing in their heads are invited to Pamela Hayes Classical Ballet's "The Nutcracker." The annual favorite will be performed Dec. 17-19 at the 700-seat Jill Solberg Performing Arts Theater, 1655 Iron Point Road, Folsom. Performances will take place at 7 p.m. on Dec. 17 and 2 p.m.

on Dec. 18 and 19. For tickets, visit [www.phcb.org](http://www.phcb.org).

Pamela Hayes Classical Ballet is a nonprofit ballet dedicated to the preservation of classical ballets. With studios in Sacramento and El Dorado Hills, the company has been performing and training dancers for more than 20 years. Among many ballet disciplines, Pamela Hayes

Classical Ballet bases its training in the Royal Academy of Dance, the largest teaching organization in the world. Pamela Hayes' "The Nutcracker" has been recognized for its unique entertainment approach and costuming.

For more information, visit [www.phcb.org](http://www.phcb.org).

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| Nov 30 - Dec 18     | Members Holiday Art Exhibit   | February 1-19, 2011         | WASH Scholarship            |
| December 11-18      | Holiday Craft Fair            |                             | Competition for High School |
| January 7-31, 2011  | AWS Traveling Watercolor Show | February 22- March 12, 2011 | "Animal House 2011"         |
| February 1-19, 2011 | Aspiring Artist Debut 2011    |                             | - It's a ZOO out there!     |



16th Annual Craft Fair, December 11 through December 18, 2010. Entry Date Extended to November 20th!

This Craft Fair is unique in that it is a BOUTIQUE STYLE FAIR and does not require daily participation on the seller's part. This event will run for eight days and coincide with a Holiday Art Show for members of the Sacramento Fine Arts Center (SFAC) at 5330-B Gibbons Drive, Carmichael, CA 95608, 916-971-3713. The Second Saturday Reception will bring in guests for both the Craft Fair and the Holiday Art Show increasing the visibility and sales. Download entry form at <http://www.sacfinearts.org/pdf/craftfair10entry.pdf>

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**OPEN LETTERS** BY JORY JOHN & AVERY MONSEN

Dear All Sunglasses,

Well, I've given up. I just can't wear you without looking like a total tool. Is my face the wrong shape? Is it possible to change one's face-shape? I'm willing to work with you on this!

Sincerely,  
Blinded By The Light

**OPEN LETTERS** BY JORY JOHN & AVERY MONSEN

Dear The Outside,

I think I'm just going to kick it on the inside today. Namely, on my couch. More namely, in my pajamas.

Maybe I'll see you tomorrow, The Outside. You know, depending on my schedule. And also: depending on TV's schedule.

I make no promises.

All the best,  
An Insider

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Senior Residences and Services



# Military Veterans' Benefits Discussed at Free Sacramento Central Library Program

**Sacramento** – The Sacramento Public Library and the California Department of Consumer Affairs (DCA) will present free monthly programs on a range of financial, health-related, and legal topics. Take Charge California! @ Your Library presentations will be at 12

noon, on the first Wednesday of each month, in the West Meeting Room, at the Central Library, 828 I Street, Sacramento.

Reservations are not required, and light refreshments will be served.

The next Take Charge California!

@ Your Library program scheduled at the Central Library is Have a Safe and Scam-free Holiday, at 12 noon, Wednesday, December 1.

For more information, please telephone the Sacramento Public Library at (916) 264-2920 or visit [saclibrary.org](http://saclibrary.org).

## Holiday Art Sale

### ACAI Gallery to Host Annual Fundraiser

**Fair Oaks** – ACAI Gallery is hosting MartixArts annual fundraiser The Gift of Art. The show features over 20 artists, artisans and jewelers. The sale is every Friday, Saturday, and Sunday November 12th through December 19th from 10 AM to 4 PM. The Gallery is located at 7425 Winding Way, Fair Oaks CA 95628 (966-2453). In addition to the sale, you'll have materials to make a

variety of ornaments for your tree or holiday gift cards. We'll also demonstrate some techniques in clay and painting you might not have thought about. Bring your family and friends and enjoy the wonderful variety of art and crafts available. Help support local artists and art organizations.

The sale features works of over 20 local and regional artists, artisans and jewelers including: Lawrence

Fox, Aiyanna Person, Elen Huls, Lisa Johnson, Ken Kelso, Joy Gee, Erika Byrd Foley, Daphne Burgess, Sister Sheba, Dave Wilkerson, Deborah Smith, Patris Miller, Michael Smith, Tod Winebarger and a dozen others.

*Additional information about ACAI Studios & Gallery is available at [www.acaistudios.com](http://www.acaistudios.com) or by calling 966-2453. We are located at 7425 Winding Way Fair Oaks, CA 95628.*



Marlys Norris, Christian author

By Marlys Norris

Does this ever happen to you? Now, a grown older adult I still hear my parents' voices ring in my ears from time to time. It always is something they said over and over again during my growing up years possibly to impress the importance of their words. The ones that impressed me the most was "To do unto others as you would like them to do unto you". I remember one time being especially hurt by someone and I wanted to get even. Mother gently spoke to me

## Our Parents' Voices

about my pain and then quoted that verse explaining that two wrongs do not make things right and God would not be pleased with such action on my part. I agreed that I wanted to be a loving and kind good girl.

Of course those years some of their words were annoying because they were words of correction. Now both of my dear parents have both passed on and I smile and love when it happens now and then. Parents teach valuable lessons to us about life, values and beliefs that stick with us and actually help us throughout life. Their teachings are valuable and become more precious with age because we have incorporated them into our own lives.

Along with these things good parents and grandparents build fond memories of events that shape our lives for the better. Memories so dear we can close our eyes and reminisce about them. Hugs, kisses, good food, holidays, birthdays in the park and special bedtime stories and prayers. Of course there were gifts too, but we

never can put a value on those family moments where we experienced being loved and special within our family unit.

I do recognize that not all families are like mine but I wish they were - because no matter what has happened in my life their sound value system has carried me through a few rough and unhappy times. My younger brother was kidnapped; I was never able to bare my own child and depression set in; seven members of our family died in one year; and as a child someone abused me are just a few unhappy events. The day I accepted Jesus as my Savior carried me through and delivered me from the pain of it all. He erased all the minus' in my life and added hundreds of plus's. He is a very powerful God!

Marlys Johnsen Norris, Author

[Marlys5934@sbcglobal.net](mailto:Marlys5934@sbcglobal.net)

"Intimacy Begins Going God's Way"

"God Moves Mountains, It was a Miracle"

## Thanksgiving and Christmas Food Baskets

Once again, the McClellan Chief's Group will be out in front of the Commissary on 20 Nov and 18 Dec collecting non-perishable food items and cash donations to support the Food Baskets Program to active

duty personnel who need assistance at this time of the year. In addition, we provide a \$75 Certificate for personnel to shop in the Commissary. In past years, the Commissary shoppers have been so generous in their

donations and we are grateful for your continued support.

*If you have any questions, please contact CMSgt George Moses at 916-561-7507.*

## Arcade Creek Recreation and Park District Board Vacancy Recruitment

The Board of Directors of the Arcade Creek Recreation and Park District are asking for interested residents or property owners, of the district, to apply for a vacant

position on the Board of Directors. The successful candidate will begin their term on December 6, 2010 and serve for four years. The deadline to submit applications is November 12,

2010 at 5:00 p.m. Applications may be obtained on the district's website at: [www.arcadecreekrecreation.com](http://www.arcadecreekrecreation.com).

*Call the park district at 482-8377 for additional information.*

## Free Voice Lessons!

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## Friends of the Library to Host Winter Warehouse Sale

*Carmichael* – The Friends of the Sacramento Public Library are sponsoring a big Winter Warehouse Sale on two consecutive Saturdays, December 4 and December 11. Public sale hours will be noon to 4 pm on December 4, and 9 am to 4 pm on December 11. A preview for Friends' members only is scheduled for 9 am to noon, December 4. Prospective members may join at the door for \$15 and attend the preview. The sale will be held in the Friends' warehouse, at the rear of their Book Den store, 8250 Belvedere Avenue, Suite E, between Power Inn Road and Florin-Perkins Road just south of 14th Avenue. Over 75,000 paperback and hard-bound books, videos, books on cassette and more will be sold at prices ranging from \$.50 to \$2.00. All proceeds, after expenses, benefit the Sacramento Public Library.

The Book Den store will be open during the Warehouse Sale and Preview, too. At the Book Den shoppers select from individually priced better books, including collectibles, and other materials, with most books priced at \$3 and up. The Book Den is regularly open Thursday through Saturday from 9 am to 2 pm. For more information call 916-731-8493 or email [fspl@att.net](mailto:fspl@att.net).



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The Well, a contemporary worship service, can be found at Saint Francis Episcopal Church, 11430 Fair Oaks Boulevard in Fair Oaks at 7:30 P.M. the last Saturday of each month.

The Well is a non-denominational, non-formal presentation that consists of 12 or more contemplative songs, original and existing prose and poetry, and scripture readings all based on a central topic. The mission of The Well is to provide an opportunity to experience the Divine through music, community, and meditation.

The next Well presentation will be Saturday, November 27, at 7:30 P.M. For more information and worship team auditions, please contact Worship Leader David Coffey at [coffeyworshpldr@gmail.com](mailto:coffeyworshpldr@gmail.com)

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**Help Wanted - Medical**

**Geriatric Home Care Specialists** is currently seeking CNAs, HHAs and Caregivers willing to work

**Help Wanted**

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in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information. (MPG)

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**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-0008972

WHEREAS, Jerry C.C. Brinson has filed a petition with this court for a decree changing name of Jerry C.C. Brinson to Jerry Clever Turner. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 30, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 19, 2010. Kevin R. Culhane Judge of the Superior Court  
 Publish: October 27, Nov. 3, 10, 17, 2010.  
 TURNER 01004 11-17-10

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00089635

WHEREAS, Shing Chung Anzai has filed a petition with this court for a decree changing name of Shing Chung Anzai to Shing Chen Chung. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Nov. 30, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 18, 2010. Shelleyanne W.L. Chang Judge of the Superior Court

Publish: October 27, Nov. 3, 10, 17, 2010.  
 CHUNG 01004 11-17-10

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00090467

WHEREAS, Manuel James Gill has filed a petition with this court for a decree changing name of Manuel James Gill to Manuel James Pascal. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 9, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 28, 2010. Shelleyanne W.L. Chang Judge of the Superior Court  
 Publish: October Nov. 3, 10, 17, 24, 2010.  
 GILL 01004 11-24-10

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 SUMMONS  
 CASE #09FL08347  
 NOTICE TO RESPONDENT:  
 MEDO BUDDY SHUKRY  
 You are being sued.  
 PETITIONER'S NAME IS:  
 LINH QUE TRAN  
 You have 30 Calendar Days after this Summons and Petition are served on you to file a typewritten response (form FL-120 or FL-123) at this court and have a copy served on the petitioner. A letter or phone call will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask

the clerk for a fee waiver form. If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services web site (www.lawhelpcalifornia.org), or by contacting your local County Bar Association. The name and address of the court is: Superior Court of California, County of Sacramento, 3341 Power Inn Rd., Sacramento, CA 95826. The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: Linh Que Tran, petitioner in pro per, 1861 Dawnelle Way, Sacramento, CA 95835; 916-928-0646. Dated: Dec. 3, 2009. Publish: October Nov. 3, 10, 17, 24, 2010.  
 SUPCAL 01101 11-24-10

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00090524

WHEREAS, Jane Powe has filed a petition with this court for a decree changing name of Aja Noelle Nickerson to Aja Noelle Powe. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Dec. 10, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 29, 2010. Kevin R. Culhane Judge of the Superior Court  
 Publish: October Nov. 10, 17, 24, Dec. 1, 2010.  
 POWE 01102 12-1-10

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00090626

WHEREAS, Connie Jeanine Gove has filed a petition with this court for a decree changing name of Conni Jeanine Gove to Connie Jeanine Van Sickle. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 14, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 1, 2010. Shelleyanne W.L. Chang Judge of the Superior Court  
 Publish: October Nov. 10, 17, 24, Dec. 1, 2010.  
 VANSIC 01102 12-1-10

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 AMENDED ORDER TO SHOW CAUSE  
 CHANGE OF NAME AND GENDER  
 #34-2010-00084157

WHEREAS, DonnaLeeKaaihue has filed a petition with this court for a decree changing name of Donna Lee Kaaihue to Kone Lee Kaaihue. Petitioner has also filed a petition for a decree changing petitioner's gender from female to male. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 14, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 3, 2010. KAAIHU 01102 12-1-10

once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 3, 2010. Shelleyanne W.L. Chang Judge of the Superior Court  
 Publish: October Nov. 10, 17, 24, Dec. 1, 2010.  
 KAAIHU 01102 12-1-10

**FICTITIOUS BUSINESS NAME STATEMENT #1009244.** Lasquete & Associates LLC, 8508 Arbor Creek Lane, McKinney, TX 75070 is doing business under the Fictitious Business Name "Lasquete & Associates" at 5349 Castle St., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Oct. 20, 2010. Publish: Nov. 17, 24, Dec. 1, 8, 2010.  
 LASQUE 01103 12-8-10

**FICTITIOUS BUSINESS NAME STATEMENT #1009783.** CUC Men's Group, LLC, 3120 Swallows Nest Dr., Sacramento, CA 95833 is doing business under the Fictitious Business Name "Authentic Men's Community" at 3120 Swallows Nest Dr., Sacramento, CA 95833. Filed with the Clerk of Sacramento County on Nov. 8, 2010. Publish: Nov. 17, 24, Dec. 1, 8, 2010.  
 AUTHEN 01103 12-8-10

**FICTITIOUS BUSINESS NAME STATEMENT #1009257.** Catherine Fagiolo, 4910 Shamrock Dr., Fair Oaks, CA 95628 is doing business under the Fictitious Business Names "Presentations Plus; Choral Studio" at 4910 Shamrock Dr., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Oct. 20, 2010. Publish: Nov. 17, 24, Dec. 1, 8, 2010.  
 PRESEN 01103 12-8-10

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00091263

WHEREAS, Martha Susan Ash has filed a petition with this court for a decree changing name of Martha Susan Ash to Martha Susan Wilderman. IT IS ORDERED that all persons interested in the above

entitled matter appear before this court at 2 p.m. on Dec. 21, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Dec. 21, 2010. Kevin R. Culhane Judge of the Superior Court  
 Publish: Nov. 17, 24, Dec. 1, 8, 2010.  
 WILDER 01103 12-8-10

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00091401

WHEREAS, RaVette Menefee has filed a petition with this court for a decree changing name of Omari Amin Richards to Omari Amanuel Beyene. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Dec. 22, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on

the petition. Dated: Nov. 17, 2010. Shelleyanne W.L. Chang Judge of the Superior Court  
 Publish: Nov. 24, Dec. 1, 8, 15, 2010.  
 LOZOYA 01104 12-15-10

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00091759

WHEREAS, Cynthia Ann Lozoya has filed a petition with this court for a decree changing name of Cynthia Ann Lozoya to Cymthia Ann Lozoya-Goodrich. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 29, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00091401

WHEREAS, RaVette Menefee has filed a petition with this court for a decree changing name of Omari Amin Richards to Omari Amanuel Beyene. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Dec. 22, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on

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# Thanksgiving Turkey in 8 Easy Steps



**A beautiful bird with all the trimmings can look even more appetizing when properly carved. Follow these simple steps when carving a turkey.**  
Photo Credit: NAPSA

(NAPSA) - To help the bird you serve get "gobbled up" this holiday try these easy tips from "Flavors of America" TV host and cookbook author Chef Jim Coleman and Chef's Choice. These experts have teamed up to take you through the process of serving up the perfect bird, including choosing, seasoning, cooking and carving the turkey.

### Choosing The Turkey

• Step 1: When choosing your turkey, allow 1.5 pounds for each guest. For eight guests, you'll want at least a 12 lb. turkey. There will be ample leftovers.

• Step 2: If you're buying a frozen turkey, allow 24 hours of thawing for every four-to-five pounds; a fresh turkey should not sit more than 48 to 72 hours before preparation.

**Hints:** According to Coleman, there is no scientific evidence that bird gender makes a difference in quality or taste. Environment and feed, however, can determine a taste difference.

Turkeys can be frozen up to 12 months. If you have a frozen turkey

from last year, it's safe to cook for this year's feast if it has remained frozen throughout the year.

• Step 3: Flavor your turkey with Coleman's "holiday rub" (recipe for 12 lb. turkey).

### Thanksgiving Recipe: The Holiday Rub

- 2 Tbsp. chopped fresh thyme leaves (save stems)
- 2 Tbsp. chopped fresh rosemary (save stems)
- 2 Tbsp. chopped fresh sage (save stems)
- 2 Tbsp. minced garlic
- 2 Tbsp. minced shallots
- 3 lemons

Mix all ingredients above, set aside stems. Pepper to taste.

• Step 4: Wash turkey inside and out with cold water and pat dry with paper towels. Place turkey in roasting pan and lift up the skin starting near the neck, and rub mixture onto the meat under the skin.

Squeeze juice of one lemon over turkey. Use remaining herb mixture to coat top of bird. Prick two lemons and place them into cavity with the stems from sage, rosemary, and thyme.

• Step 5: Preheat oven to 350°. Cook until juice runs clear when turkey is pierced at the base of leg. The turkey is done when the meat thermometer reads 180° in the thickest part of the bird. After the turkey is cooked, let it cool for 15 minutes. Cooling makes the meat easier to slice.

### How to Carve A Turkey

• Step 6: Use a very sharp carving knife to carve the turkey. Sharp knives are safer and they will help you smoothly cut thin, even slices without

shredding the meat. You don't have to be an expert to put a razor-sharp edge on your knife. A sharpener like Chef's Choice EdgeSelect 120 can make sharpening easy. The sharpener uses 100 percent diamond-coated disks and a revolutionary polishing stage to create a professional knife edge in seconds. The precision guides eliminate guesswork, making predictable, razor-sharp edges every time it's used.

• Step 7: Remove and set aside the legs and the last joint of each wing. Make a long, deep (to the bone), horizontal "base cut" into the breast just above the wing. Be sure to use a good, sharp knife.

Step 8: Slice down vertically through the breast until you meet the original base cut. This will release perfect, even slices.

"Two common mistakes people make after cooking their turkey is not waiting long enough for the bird to rest after it comes out of the oven, and improperly carving the turkey by using a dull knife or the wrong technique. If you slice the turkey too soon, most of the juices will run out and your meat will be dry. And if you carve improperly or use a dull knife, carving may be more difficult and your turkey could become unappetizing," Coleman said.

By following these turkey carving instructions, you can have a turkey that looks as good as it tastes.

For help finding a sharpener that's right for you, call (800) 342-3255 or go to [www.chefschoice.com](http://www.chefschoice.com).

*Happy Thanksgiving!*



## Carmichael Chamber of Commerce

### Carmichael Chamber Monthly Luncheon

On the 4th Tuesday of each month, the Carmichael Chamber holds a luncheon where members can network, hear from a guest speaker and learn what's happening in the Carmichael Chamber and the community in general.

### Carmichael Chamber Monthly Mixer

Usually on the 2nd Wednesday of each month, a member of the Carmichael Chamber holds an evening mixer where members can network, learn more about other Chamber members and find out what's happening in the Carmichael Chamber and the community in general. The location changes each month so check the Chamber website to confirm the date and location each month.

### Carmichael Chamber Mixer

Christmas mixer hosted by the Carmichael Chamber. Cookie exchange, FREE food and drink. Bring a raffle prize and plenty of business cards. For more info, contact Linda Melody at 916-481-1002

*When:* Wed, December 8, 5:30pm - 7:30pm  
*Where:* TBA

### Carmichael Chamber Luncheon

Chamber General Meeting & Luncheon. This is a Business to Business Luncheon. Chamber businesses have a free table at the luncheon and an opportunity at the mic to share about their business. \$15 members/\$20 non-members. Make your reservations by Dec. 16 to 481-1002 or [linda@carmichaelchamber.com](mailto:linda@carmichaelchamber.com).

*When:* Tue, December 21, 11:30am - 1:00pm  
*Where:* Cypress Avenue Baptist Church Education Building, 5709 Cypress Avenue, Carmichael, 95608

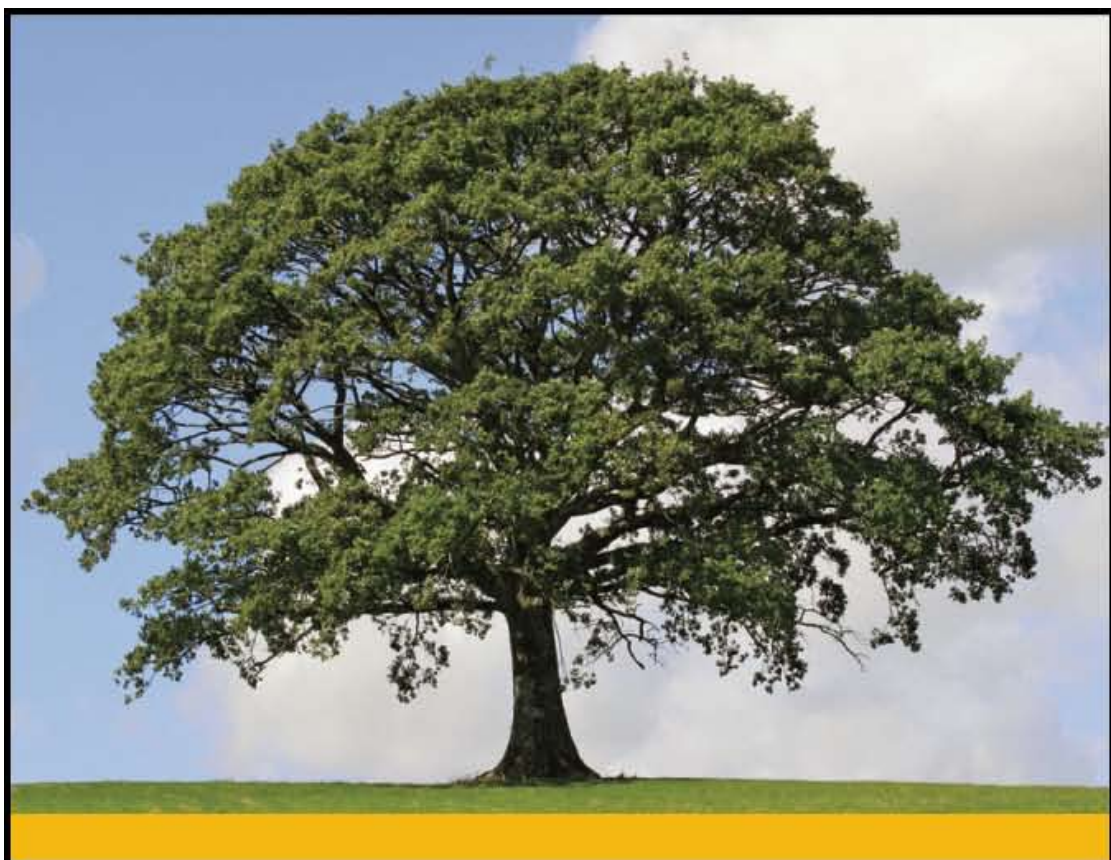
### Desperately Seeking Susan

Gala dinner event honoring Sacramento County Supervisor Susan Peters for her commitment to Carmichael; installation of new Chamber Board members; introduction of Carmichael's new Honorary Mayor; award for Carmichael's Business Person of the Year. Cost is \$30 per person. Contact Linda at the Chamber office at 916-481-1002 to reserve your place. Raffle will be held as well. Don't miss meeting elected representatives & civic leaders, as you mix, mingle & promote your business!

*When:* Fri, January 7, 2011, 6:30pm - 9:00pm  
*Where:* The Palace, 6309 Fair Oaks Blvd., Carmichael, 95608



**Contact us for more information on the Carmichael Chamber of Commerce**  
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# Riley Reviews

**FAST-PACED SUSPENSE THRILLER RUNS FOR "THE NEXT THREE DAYS"**

very much about the circumstances of the death, other than a few flashbacks to the scene of the crime where Lara is implicated. One thing that seems certain is that Lara could use a better lawyer. Notwithstanding the shaky legal defense, John remains utterly convinced of his wife's innocence and spends the next three years trying to clear her name. The movie's title does not reflect these lost years, but rather the amount of time needed to set in motion a desperate plan.

As time passes, the chances of reopening the case are slim and John grows increasingly frustrated as he sees how his wife's incarceration has affected raising his son and keeping the family together. Appeals have been pursued, and denied. Lara, who suffers from diabetes, turns suicidal, and a failed attempt turns John to more frantic measures. Given his academic background, he launches into full scale research, not to win in court but to figure out a way to orchestrate a prison break. John obtains wise counsel from Liam Neeson's ex-convicted-author Damon Pennington, who suggests a complicated roadmap so that Lara may be liberated from custody.

What is set in motion is not just a jailbreak but risky planning that causes John to mix it up with some unsavory characters in very treacherous situations. For his trouble in trying to score fake passports and social security cards, John is beaten up by low-life scum who may come to regret messing with someone like Russell Crowe. In any event, there is palpable tension all throughout the planning phases, even when John is nearly caught trying to break a lock

at the detention center. Meanwhile, Haggis teases the viewer with the possibility that Lara is actually guilty, which makes rooting for the couple a test of faith.

The excitement really gets ratcheted up when the prison break scheme is in full swing. I'd rather not reveal too many details about the staging, so as to not to spoil the surprises. Suffice it to say, it's a thrill ride fueled with imminent exposure and serious danger. Now, it is fairly easy to quibble with numerous plot holes. How does a law-abiding community college professor manage to evade all manner of law enforcement from the local to federal level? To be sure, one must suspend disbelief, but in so doing the entertainment payoff is very high. "The Next Three Days" excels at fomenting tension and suspenseful thrills. Just enjoy the ride, as well as the superb performances by Russell Crowe and Elizabeth Banks.

### TELEVISION UPDATE

Sadly, I am late to the game once again in telling you about a TV program that those who enjoy foreign affairs and world events would find fascinating. But I think there is a chance to discover it in a re-run or perhaps on a DVD release. National Geographic Channel is really stepping it up in their original programming. "Inside the State Department" is a remarkable look at the machinery of diplomacy engineered by Secretary of State Hillary Clinton and the over 60,000 State Department staffers. The National Geographic team followed Secretary Clinton on her visits to such hot vacation spots as Pakistan and Afghanistan. We get an inside look at some of the briefing sessions for Clinton in preparation for meeting with world leaders. My favorite part is the tour of the "gift vault" at the Washington, D.C. headquarters, where items presented to foreign dignitaries on behalf of the president and secretary of state are stored. These items even include baseball bats personally autographed by Derek Jeter and basketball shoes signed by Shaquille O'Neal.



# The '87 Truck

## ROCK DOC

By Dr. E. Kirsten Peters

I came to a sharp fork in the deeply rutted road of my life this fall. I had to decide if I would continue to limp around on Saturdays in my beloved but inefficient '87 pickup, or sell it off to some poor soul in more need of it than I.

My eight cylinder American-made truck has a relatively small engine in it, the most petite offered in its day. Still, you can feel the engine torque the body of the truck when you turn it on. Perhaps that's why it gets only about a dozen miles to the gallon, and that's at 50 mph with a strong tail wind. If I'm towing anything, or have a heavy load in the truck's bed, the miles per gallon figure crashes into the single digits. In short, my fine truck is not what you'd call fuel efficient.

But a rural geologist needs a truck. It's part of the image, isn't it?

Still, lately I've been strongly tempted to sell the thing off. The truck costs money in gas and oil. It requires funds to insure. New studded snow tires add to the fun. The truck is

old enough it breaks down, including in the middle of the road, leading to towing bills and major charges from my mechanic. (I suspect my pickup pays his mortgage, but perhaps it only seems that way to me.)

There's always the dream of a new, more fuel efficient truck. There are models that actually shut down some of their cylinders on the highway when they are not needed, helping to boost mpg figures. Or I could switch to a smaller truck entirely, making efficiency gains hand over fist. And, of course, the new truck could be a glaring yellow with red flames painted down the sides. What could be better?

But perhaps we Americans have learned something in this recession. Maybe rather than allowing myself to be seduced by an expensive new truck I'd seldom use, I'm better off sticking with what I've got. My ride isn't swank. The cab is smelly, a mix of the aroma of wet-dog, decaying cushions, and deep-seated mold. The engine runs a touch rough sometimes. I burn just a bit of oil. And I don't get great gas mileage. But I don't put many miles on the truck. And I can operate and fix my truck for far less than the price of the annual interest of a top-of-the-line new truck, even one without flames painted on the sides.

It may be corny to say it. But most of us citizens of this fine republic have had to reexamine at least some of our financial priorities in recent years. I know it's felt that way to me.

I could, in truth, live without a truck at all. But it's convenient to have one for taking loads of yard waste to the dump, for lending to young and strong folks moving from

one home to another, for towing utility trailers, and for taking a load of household goods (where does all the stuff come from?) to the annual church rummage sale.

So I'm going to keep my old truck. It's not always convenient to use, because it does break down. On the other hand, I can think of it as an adventure every time I drive, something no new truck offers an owner. Maybe that's the kind of out-of-the-box thinking we need to hang onto during this long crawl upward out of the deep recession into which we fell.

Here's my last thought, one meant to remind us of the season and to help us through our financial challenges.

Modern trucks are a marvel of engineering and even basic science. And it's a fundamental truth that, more broadly speaking, there is still a powerhouse of science and engineering research in this large and diverse country. Everything from modern medicine to electronics to agricultural engineering to research in genetics is rapidly gaining ground. Perhaps with our renewed personal values about what's really important, and our bedrock national advantages in sciences and engineering, the U.S. will see progress in the coming years in many important respects.

May it be so.

Dr. E. Kirsten Peters, a native of the rural Northwest, was trained as a geologist at Princeton and Harvard. Follow her on the web at [rockdoc.wsu.edu](http://rockdoc.wsu.edu) and on Twitter @RockDocWSU. This column is a service of the College of Sciences at Washington State University.

**A Film Review by Tim Riley**  
**THE NEXT THREE DAYS**  
(Rated PG-13)

Based on the French thriller "Pour Elle" which few people outside of France have probably ever seen, "The Next Three Days" is realized by screenwriter/director Paul Haggis ("Crash"), who is well-known for psychological mind games and manipulation in his films. For good measure, Haggis is no stranger to the thriller game, having been the screenwriter on the popular James Bond film "Casino Royale." To the say the least, "The Next Three Days" affords Haggis the opportunity to combine his talent for emotional drama and suspenseful thrills, and as a result, a film that is very entertaining if not entirely compelling is delivered for the American audience.

Russell Crowe, reliably good for his brooding presence, has much to fret about as community college teacher John Brennan. As the film opens, he and wife Lara (Elizabeth Banks) are having dinner with friends, when the other woman makes suggestive remarks to John. This is unsettling to Lara, but nevertheless it is apparent that this Pittsburgh couple live in a state of wedded bliss, along with their young son. Next thing you know, the police are pounding on the door of their family home, and Lara is arrested for the murder of her boss.

Unfortunately, the evidence that convicts John's spouse looks strong, though we do not see a trial or learn

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# Molly's Revenge to Headline Celtic Christmas Celebration



The local event will also raise funds for medical research charity.

Carmichael – Popular Bay Area Celtic music band Molly's Revenge will be returning to the Sacramento area in December for a Christmas concert that is guaranteed to entertain and delight fans of Scottish and Irish music.

The group's classic combination of bagpipes, whistle, fiddle, and song — set against a backdrop of guitar, bouzouki, and mandola accompaniment — perfectly captures the spirit of a traditional Celtic Christmas.

This holiday celebration will also feature special guest Moira Smiley, an acclaimed vocalist and musician based in Los Angeles, as well as the Turco Irish Dancers. Part of the proceeds from this event will be donated to the ALS Foundation.

Tickets are on sale on the band's website and at St. Michael's Episcopal Church, (916) 557-0151. Please visit the Molly's Revenge website, <http://www.mollysrevenge.com/>, for additional information.

**What:** Celtic Christmas Celebration with Molly's Revenge

**When:** Saturday, December 11 7 pm (doors open at 6:15 pm)

**Where:** St. Michael's Episcopal Church Johnstone Hall 2140 Mission Avenue Carmichael, CA 95608

**Cost:** \$18 in advance or \$20 at the door



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