Carmichael Times



Seniors Begin "Organizing for the Holidays"

Page 2



State-wide and Local Election Results



Sac Metro Fire District Safety Tips

Page 11

RESORTED STD.
US POSTAGE
PAID
PERMIT 32

Volume 30 Issue 44

Serving Carmichael and Sacramento County since 1981

Page 4

November 3, 2010

Capra Park Offers Kids a Day on the Farm



Please fence me in. Friends Joseph Amir (10) and Andrea Lamo (12) create a vignette of Americana with Capra hosts Chicky and Porkie. Scores of Carmichael kids enjoyed the farm open day. Photograph by Susan Maxwell Skinner.

Farm Frolics

By Susan Maxwell Skinner

Capra Park recently opened stable doors to share sights, sounds and smells of Carmichael's rural past. A hundred kids and parents enjoyed pony rides, a petting zoo and jaunts in a tiny horse-drawn carriage.

The seven-acre reserve lies between Van Alstine and Kenneth Ave.

Developing their pockethandkerchief ranch there in the 1940s, Mary and Claude Capra housed horses, chickens and many itinerant critters. They often provided a vacation spot for their famous relative, movie maker Frank Capra.

After Claude died, Mary Capra endeavored to keep the farm's original purpose by selling her acres to the Park District. Surrounded by Rockwellian white fences, horse paddocks now earn a peppercorn income from boarders. The District hopes to eventually develop the reserve as a working farm with exhibits and educational programs. To aid funding, the sale of a small part of the land is proposed.

More open days are planned for Capra Park. For information, call (916) 485-5322.

Horse whisperers. Sara Enos and friend Kylie Kerth (both 8) hear about farm life straight from the mare's mouth. Shannon Enos (5) enjoys a higher vantage. Photograph by Susan Maxwell Skinner.



Retired Navy Commander to Speak at Veterans Day Luncheon



Retired Navy Commander Ted Robinson - Author and Storyteller

Sacramento Region – A luncheon will be held at River's Edge retirement community to celebrate Veterans Day on Wednesday, November 10th at 11:30 a.m. It will feature author and storyteller Ted Robinson, retired Navy Commander, who helped rescue John F. Kennedy after the PT-109 incident

Commander Robinson recounts this and other dramatic event he experienced during his lifetime in his memoir, Water in My Veins. First Lady Maria Shriver said Commander Robinson's book is "an amazing story that is truly inspirational." TV News Anchor Dale Schornack called Robinson "arguably the most fascinating person and vivid storyteller that I have interviewed in 30 years as a television journalist."

Commander Robinson contributed valuable Kennedy memorabilia to the Smithsonian Institution. A Sacramento resident, he and his wife, Lynne, were honored as "community treasurers" for their civic and charitable work.

Those interested in attending the luncheon should contact the community at 916-921-5131 for information about the cost and seating availability.

River's Edge is one of Hank Fisher Properties' premier Sacramento senior living communities, located at 601 Feature Drive near the intersection of Howe Avenue and Fair Oaks Boulevard. It offers some of the area finest independent senior living.

County Animal Shelter Launches "Support Our Shelter" Effort

S.O.S Save Our Shelter Campaign has already raised almost \$100,000 in Much-Needed Funds

Sacramento Region – Effective November 1, the County Animal Shelter launched the "Support Our Shelter" fundraising effort to continue to raise donations that will enable sustained operations. The focus of this ongoing campaign will be to continue to look to the community to help support the 15,000 animals that come through our shelter every year by donating to the shelter, licensing their pet, or adopting an animal.

"The S.O.S Save Our Shelter campaign has made a tremendous difference in the lives of animals in our communities, and I want to personally thank everyone who has donated their time, effort and funds to help make sure we find permanent homes for our resident animals and continue to investigate cases of animal cruelty and neglect," said Carl Simpson, County Animal Interim Shelter Director. "By implementing the updated "S.O.S Support Our Shelter" campaign, we hope to continue to reach out to the community and encourage them to support our shelter operations while we investigate and implement long-term and region-wide animal care solutions and partnerships."

In April 2010, Animal Care staff and volunteers launched the S.O.S Save Our Shelter campaign to raise general awareness of the shelter budget situation that resulted in a reduction in shelter operational hours, reduced a significant number of personnel, and increased the dependence



on a dedicated team of volunteers to help maintain shelter operations.

Since S.O.S was launched, the Animal Shelter raised over \$92,000 through community events, donations, and various fundraisers, including a first annual summer "Flea Market" and the "Whiskers and Wine" fundraiser in September. Local businesses and groups have been instrumental in donating time, funds, equipment and their talents to the fundraising efforts.

Funds raised have helped restore an animal control officer position to help the shelter continue to investigate animal cruelty and neglect. Additional funds will also be used for a variety of critical items including vaccinations, food and special medical needs for the animals.

The County Animal Shelter is located at 3839 Bradshaw Road. For more information about S.O.S Save Our Shelter, pet licensing, kennel and habitat room sponsorship, and how you can get involved, call 916-368-7387 or visit www.saccountyshelter. net



With all of the craziness surrounding this election season, what seems to have been lost in the media hype is that another important day is approaching. Veterans Day is coming this November 11th. It is important to remember that without all that our veterans have done to secure our country we would not have the freedom

to vote, complain, argue, debate and then vote on issues that move our country forward. Please take time this November 11th to thank every veteran you know for their service. We owe our freedoms to those brave men and women. Carmichael Times offers every veteran our own humble salute.



Carmichael Times Page 2 November 3, 2010

Help Save Jan Park

Neighbors Apply for a \$50,000 Grant from **Pepsi: Your Votes Needed**

Carmichael - Jan Park is a 13.6 acre natural open space park with more than 400 Oaks, many of them Heritage Oaks. The Save Jan Park Committee is a 100% volunteer organization that is working collaboratively with the Carmichael Recreation and Park District to prevent the sale of park land by raising funds that the park district will match. The committee has applied for a grant from Pepsi and recipients are selected based on who gets the most votes. Funds will be used to improve existing trails, including making them more ADA

bridge over a seasonal creek and improve park entries.

The Save Jan Park Committee was formed to respond to the Park District's proposal to sell 4 acres of Jan Park to pay for development of the site. The committee is committed to preserving all of Jan Park with its rolling terrain and distinctive character as a natural open space park in a compacted suburban area. Five different species of Oaks have been identified on the site; Blue, Valley, Coast Live Oaks, Interior Live Oaks

accessible, construct a pedestrian and a Cork Oak. Its unique and important bird and wildlife habitat is home to skunks, possums, pheasants, squirrels and a variety of birds. Please help us preserve this natural oasis for future generations by voting daily.

> Go to: www.refresheverything. com/savejanpark vote for us daily from November 1st until November 30th. To vote go to www.refresheverything/savejanpark.com. You can also text your vote: Text 103947 to Pepsi at 73774. (Standard text messaging fees apply).

Seniors Can Begin "Organizing for the Holidays" by Attending a Presentation at the Chateau at Carmichael Park



Lee Mahla

Local seniors are invited to join and Engle Road in Carmichael. The residents for a presentation on Wednesday, November 10th at 6:00 p.m. by organization expert Lee Mahla. She'll be providing tips on organizing for the upcoming holiday season. Her aim is to help individuals stress less and enjoy the season

The program will take place at the Chateau at Carmichael Park, a Hank Fisher Properties' senior community, located at 7125 Fair Oaks Boulevard between Grant Avenue

community offers some of the bestpriced senior living services, including independent and assisted living, the Garden Memory Care, The Club Carmichael Park memory day care, and short-term respite stays for seniors with dementia.

For more information or to reserve space at the presentation, contact the community at 916-481-7105.

Help us win a \$50,000 grant and save a beautiful natural space in the heart of Carmichael.

From November 1st-30th Go to http://refresheverything.com/savejanpark AND text 103947 to PEPSI (73774). Vote both ways everyday to make sure Jan Park stays!

http://twitter.com/savejanpark http://www.facebook.com/pages/Sava-Jan-Park/116176415075851



Ask about our Mail Order Service!

5859 Auburn Boulevard Sacramento, CA 95841

(916) 349-9493

www.sacgermandeli.com sacgermandeli@sbcglobal.net

Carmichael Times

"Written by the people and for the people" Serving Carmichael and Sacramento County since 1981

Publisher-Paul V. Scholl



Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Carmichael Times, P.O. Box 14, Carmichael, CA 95609. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County.

The Carmichael Times is published weekly. Call 916-773-1111 for more information. (ISSN # 1948-1918).

Advertising Sales Graphics & Layout

Paul V. Scholl • Perry Hartline • Marion Solo Rich Design, Banerjee Designs Gabriel Scholl

Distribution Assistant Contributing Writers Tim Reilly David Dickstein

Dr. Bob Graykowski

Mary Jane Popp Marlys Johnsen Norris Dr. E. Kirsten Peters Susan Skinner Dave Ramsev

Accounting Nicholson & Olsen CPA RJ at thesitebarn.com • JWS Promotions Web Master News Services PRWEB NewsWire

North American Precis Syndicate • Blue Ridge Press ARA Content • Family Features • WorldNetDaily

Amanda Morello • Susan Skinner Photography

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: publisher@carmichaeltimes.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 773-1111.

> Carmichael Times is a member of Messenger Publishing Group M



We are proud members of these newspaper associations.







Widowed Persons **Association of** Camornia, inc.

Office Hours 10:00 am- 3:00 pm

Monday through Friday 916-972-9722

Newcomer's Buffet & Social

Any and all widows or widowers may attend

Third Monday evening at 5:30 pm

In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenues; cost varies as the choice is from a no-host buffet menu.

This is a public service to all widows and widowers and there is no charge to attend the social other than the meal they chose.

Sunday Support

Any and all widows or widowers are invited

Every Sunday from 3:00 pm-5:00 pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm-5:00pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by WPAC. Participants do not need to be members and there is no charge.

'Touch of Health' Weekly Vitality Workshop

Classes begin Tuesday Evenings at 6:00 (Unless otherwise indicated) Open to Public at No Charge

Simple Steps to a Sugar Free Fam November 9 PM

November 9 AM Essential Steps to a Vital Nervous System (AM Workshop)

November 9 PM Simple Steps to a Sugar Free Family

Toxic Foods: The Truth in November 11/16

What You Eat

Chiropractic USA"

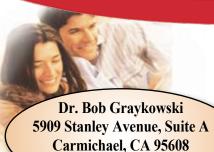
"Creating radiant health in our community since 1985"

Gift of Life Wellness Check-up **Consultation, Complete Spinal Examination and X-rays (if needed)**

This \$250 value is yours for only \$40 if you mention this ad

Each additional family member only \$20

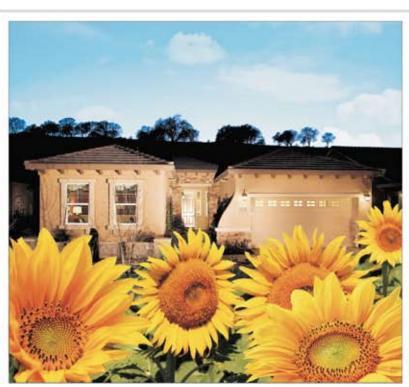
Offer Expires Friday



(916) 973-1661

- Spinal correction specialist
- Custom exercise instruction
- Family wellness plans
- Sports injury specialist
- Carmichael chamber business person of the year 1995.





Save up to 60% on your electric bill!

Join SMUD SolarSmart Homes and Elliott Homes on

Saturday, November 6 Chelsea at Empire Ranch 405 Porter Road, Folsom, CA 95630 Get directions at elliotthomes.com/chelsea

Solar and energy efficiency demonstrations at 11:00 a.m. & 1:00 p.m.

Learn more at smud.org/solarsmart



SACRAMENTO MUNICIPAL UTILITY DISTRICT

The Power To Do More.

[®]A registered service mark of Sacramento Municipal Utility District. CSMUD GAF1178-10 rev10/10 5.75x10.25c

Carmichael Times Page 3 **November 3, 2010**

Patriots' Park Wall of Honor



Carmichael Recreation and Park District invites you to join us in Honoring Our Fallen Heroes

> Saturday, November 6, 2010 at 10am 6825 Palm Avenue, Fair Oaks, CA 95628

Guest Speaker, Sacramento County Supervisor Susan Peters Light refreshments will be served!

> 2010 Nominee 1799 David A. Warne

2008 and 2009 Nominees will also be recognized!



(916) 485-5322

or visit us at www.carmichaelpark.com



Call Lenka

(916) 338-7156

The need is great for loving,

Foster Care

safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/ 1st aid, 24 hr support, monthly reimb.







ensure no view-through at night.

The beauty of privacy...

Nantucket[™] Sunscreen privacy shadings!

Enjoy superior light control in the day and unsurpassed privacy at night with new Nantucket Sunscreen privacy shadings. Available in three popular screen shade colors in the expanded 3" vane size, Nantucket Sunscreen privacy shadings offer the appeal of screen shades combined with beauty, light control and privacy.



349-0555

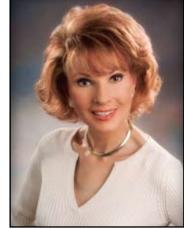
4562 Roseville Rd., #B Near 1-80 & Watt www.blindmagic.net Lic # 826522

FABRIC SHADE CLEANING WINDOW WASHING & MORE

HunterDouglas

NANTUCKET A Collection of Silhouette® Window Shadings





HOW COME THAT IDIOT'S RICH AND I'M NOT?

Have you ever asked that question, and not have an answer? Now you might! Because wealth accumulation thrives on unconventional tactics. Wall Street Journal Best-Selling author and multi-millionaire Robert Shemin says..."those who play it safe and follow the rules often find themselves trapped and in debt." That's why he explains why the average person's tendency to over-think can be financially crippling and reveals seven simple secrets for getting and keeping wealth in his book "How Come That Idiot's Rich and I'm not?" So here they are. Get ready to get rich:

1) The way to wealthy is simple. You have to own and/or create assets. You have to stop trading your hours

POPPOFF!

with Mary Jane Popp

for dollars and start investing in your greatest asset-yourself. It's hard to think upside down because most people operate from a place of fear and scarcity. The rich idiot action is a good replacement for fear.

2) Start living your rich idiot life now. Living rich is a mind-set not a debt-to-income ratio. Most people in western countries are extremely wealthy by any international standard. A billionaire who doesn't enjoy anything or appreciate what they have is broke.

3) A few simple activities can start you on the road to becoming a rich idiot. Start a savings and investment program. To help you get comfortable with looking, feeling, and acting like a rich idiot, start a wealth wall. Be sure you hang this in a place you will see twice a day. This will serve as your wealth goals.

4) Tune out naysayers. When you are around a lot of unrich idiots and naysayers, they serve to increase your fear. So you need to tune out the negativity and turn up the positivity in your own mind and in your surroundings and circles.

5) Learn to eat and dress, and travel like a rich idiot before you're even rich. Most people pay full retail for things. Many rich idiots learn to

buy wholesale at big discounts so they can live, eat, dress, and travel like a rich person on a "not so rich"

budget. 6) Trust your instincts, don't follow the rules. No one, including Robert ever does everything like they should. Even if you are just 60% or 70% on target, you will probably become very successful. It's the people who aren't doing anything that are not

going to hit the target. 7) Use P.O.P (that's the Power of Other People). Rich idiots know they can't do everything alone. Recruit others to help turn your idea into a

For many of us, the secret to wealth accumulation will come in unlearning all the things that have trapped us paycheck to paycheck. Wealth is time. In that spirit, Robert Shemin shows in a fresh myth-busting way. how to give back to those who have less. You can check out his website at www.getrighwithrobert.com. By the way, Robert was once considered the least likely to succeed. Now who has the last laugh?!!! Got it? Now get it!!!

Join Mary Jane for the KAHI Noon News Monday-Friday and then again for POPOFF 10 PM-Midnight.

Are You a Descendant of a **Revolutionary War Patriot?**

You are invited to join the

Sons of the American Revolution

This prestigious patriotic organization is dedicated to perpetuating the memory of our patriot ancestors, the history of our country, and the education of its citizens.

For more information, call 916-985-6544, or visit our website at www.sarsac.org. E-mail: webmaster@sarsac.org 501(c)(3) non-profit EIN # 68-0004288

GIVE THE GIFT OF IN HOME CARE TO YOUR LOVED ONES





There's a huge difference in the kind of home care you can receive from someone who really understands what your life is like as a senior.

SENIORS Helping SENIORS® ...a way to give and to receive®

CALL US FOR FREE ASSESSMENT

Our loving, caring, compassionate seniors are there to help. We offer all the services you need to stay in your own home, living independently.

- Companion Care
- Housekeeping Services
- Meal Preparation/Cooking
- Personal Care
- Shopping
- Doctor Appointments
- Yard Work
- Handyman Services
- Overnight and 24-hour Care
 And More!

 Transportation Call us today.

Like getting a little help from your friends™.

916-372-9640

Carmichael Times Page 4 November 3, 2010

Election Results 2010

Governor			Controller			Insurance Commissione	24	
Governor			Controller			msurance Commissione	I	
Jerry Brown (Dem)	3,951,607 votes	53.8%	John Chiang (Dem)	3,885,234 votes	55.1%	Dave Jones (Dem)	3,490,217 votes	50.6%
Meg Whitman (Rep)	3,029,919 votes	41.2%	Tony Strickland (Rep)	2,567,731 votes	36.4%	Mike Villines (Rep)	2,602,856 votes	37.8%
Chelene Nightingale (AI)	115,740 votes	1.6%	Lawrence G. Beliz (AI)	112,957 votes	1.5%	Clay Pedersen (AI)	146,648 votes	2.1%
Laura Wells (Grn)	89,444 votes	1.3%	Ross D. Frankel (Grn)	136,248 votes	1.9%	William Balderston (Grn)	179,770 votes	2.6%
Dale F. Ogden (Lib)	106,970 votes	1.4%	Andrew "Andy" Favor (Lib)	210,597 votes	3.0%	Richard S. Bronstein (Lib)	273,070 votes	3.9%
Carlos Alvarez (P&F)	64,011votes	0.8%	Karen Martinez (P&F)	150,246 votes	2.1%	Dina Josephine Padilla (P&F)	210,370 votes	3.0%
Lieutenant Governor			Treasurer			Superintendent of Publi	c Instruction	
Gavin Newsom (Dem)	3,580,206 votes	50.2%	Bill Lockyer (Dem)	3,974,590 votes	56.5%	Larry Aceves	2,575,072 votes	45.3%
Abel Maldonado (Rep)	2,812,582 votes	39.4%	Mimi Walters (Rep)	2,556,801 votes	36.4%	Tom Torlakson	3,097,041 votes	54.7%
Jim King (AI)	136,871 votes	1.9%	Robert Lauten (AI)	99,823 votes	1.4%	TI O O		
James "Jimi" Castillo (Grn)	114,957 votes	1.6%	Charles "Kit" Crittenden (Grn)	162,991 votes	2.3%	U.S. Senate		
Pamela J. Brown (Lib)	416,748 votes	5.8%	Edward M. Teyssier (Lib)	156,936 votes	2.2%	Barbara Boxer (Dem)	3,795,243 votes	52.1%
C.T. Weber (P&F)	83,696 votes	1.1%	Debra L. Reiger (P&F)	89,133 votes	1.2%	Carly Fiorina (Rep)	3,094,338 votes	42.5%
664						Edward C. Noonan (AI)	91,269 votes	1.2%
Secretary of State			Attorney General			Duane Roberts (Grn)	90,010 votes	1.2%
Debra Bowen (Dem)	3,732,145 votes	53.2%	Kamala D. Harris (Dem)	3,246,146 votes	46.1%	Gail K. Lightfoot (Lib)	124,520 votes	1.8%
Damon Dunn (Rep)	2,696,966 votes	38.5%	Steve Cooley (Rep)	3,215,104 votes	45.6%	Marsha Feinland (P&F)	94,316 votes	1.2%
Merton D. Short (AI)	118,576 votes	1.6%	Diane Beall Templin (AI)	121,827 votes	1.7%			
Ann Menasche (Grn)	201,095 votes	2.9%	Peter Allen (Grn)	182,141 votes	2.5%			
Christina Tobin (Lib)	154,991 votes	2.2%	Timothy J. Hannan (Lib)	176,597 votes	2.5%			
Marylou Cabral (P&F)	117,763 votes	1.6%	Robert J. Evans (P&F)	114,353 votes	1.6%			

State Ballot Measures - Statewide Results

	Proposition Title	Yes Votes	%	No Votes	%	No 23 Suspend Air Pollution				
	No 19 Legalize Marijuana in CA,					Control Law (AB 32)	2,749,066	38.7%	4,341,365	61.3%
	Regulate and Tax	3,359,776	46.2%	3,906,895	53.8%	No 24 Repeal Allowance of Lower Business Tax Liability	2,868,203	41.5%	4,027,846	58.5%
	Yes 20 Redistricting of Congressional Districts	4 104 207	61.2%	2,667,649	38.8%	•	2,808,203	41.370	4,027,840	36.370
		4,194,287	01.270	2,007,049	38.870	Yes 25 Simple Majority Vote to Pass Budget	3,827,665	54.9%	3,150,278	45.1%
	No 21 State Park Funding. Vehicle License Surcharge.	3,006,824	42.0%	4,146,365	58.0%	Yes 26 2/3 Vote for Some	, ,		,	
	Yes 22 Prohibit State From Taking					State/Local Fees	3,620,758	52.7%	3,251,863	47.3%
S	Some Local Funds	4,214,886	60.9%	2,707,864	39.1%	No 27 Eliminate State Redistricting				
						Commission	2,736,186	40.5%	4,004,592	59.5%

Special Primary Election State Senate District 1 - Districtwide Results

State Schate District 1 - District white Results			_						
State Senate District 1 District Wide Results				Justice Name	YesVotes	%	NoVotes	%	
	Ted Gaines (Rep)	88,306 votes	32.3%	Yes	Tani G. Cantil-Sakauye, Chief Justice	3,513,238	66.9%	1,741,615	33.1%
	Ken Cooley (Dem)	83,281 votes	30.5%	Yes	Ming W. Chin, Associate Justice	3,384,574	65.3%	1,800,987	34.7%
	Barbara Alby (Rep)	35,408 votes	12.9%	Yes	Carlos R. Moreno, Associate Justice	3,493,236	67.6%	1,681,694	32.4%
	Roger Niello (Rep)	66,459 votes	24.3%						

Supreme Court

State Assembly District 5 - Districtwide Results

Richard Pan (Dem)	56,386 votes	49.1%
Andy Pugno (Rep)	53,006 votes	46.1%
Elizabeth Martinez (P&F)	5,583 votes	4.8%



Sacramento County Results

Sacramento	County	IXCSUI			
	VOTES	PERCENT		VOTES	PERCENT
U.S. CONGRESS DISTRICT 3			City of Rancho Cordova City Council		
Ami Bera (Dem)	81,532	42.7%	Vote for 2		
Dan Lungren (Rep)	96,596	50.6%	(WITH 48 OF 48 PRECINCTS COUN	NTED)	
Jerry L. Leidecker (AI	4,902	2.6%	LINDA BUDGE.	5,425	34.14
Douglas Arthur Tuma (Lib)	4,585	2.3%	DAN SKOGLUND	4,285	26.96
Mike Roskey (P&F)	3,455	1.8%	WAYNE HART	3,200	20.14
	2,122		PAUL TASSINARI	2,940	18.50
STATE ASSEMBLY DISTRICT 10			WRITE-IN	42	.26
Alyson L. Huber (Dem)	60,05	51.0%	Over Votes	24	.20
Jack Sieglock (Rep)	51,235	43.5%	Under Votes	8,582	
Janice Marlae Bonser (Lib)	4,017	3.4%	Chaci votes	0,002	
······································	-,		SMUD Director Ward 4		
Los Rios Comm College Governing	Bd Mbr-Area 2		Vote for 1		
Vote for 1			(WITH 205 OF 205 PRECINCTS CO	UNTED)	
(WITH 171 OF 171 PRECINCTS C	OUNTED)		GENEVIEVE SHIROMA	28,510	65.37
ROBERT G. JONES	20,168	50.06	KHANH TRAN	14,957	34.29
CHARLIE MASSEY.	20,006	49.66	WRITE-IN	147	.34
WRITE-IN	116	.29	Over Votes	7	
Over Votes	8	•=>	Under Votes	15,895	
Under Votes	14,712		Chack votes	10,000	
	,		Sacramento Metro Fire Division 1		
San Juan Unif Sch Dist Gov Bd Mbr	•		Vote for 1		
Vote for 2			(WITH 71 OF 71 PRECINCTS COUN	TFD)	
(WITH 296 OF 296 PRECINCTS C	OUNTED)		GARY W. MONK	7,527	69.45
GREG PAULO	36,182	43.34	HANS PETER ENGELLENNER	3,259	30.07
LARRY MASUOKA	30,956	37.08	WRITE-IN	52	.48
BRUCE WAHLQUIST	16,091	19.27	Over Votes	3	.10
WRITE-IN	255	.31	Under Votes	4,072	
Over Votes	16		Chack votes	1,0.2	
Under Vote	95,898		Sacramento Metro Fire Division 9		
Charles vote	,,,,,,		Vote for 1		
Sheriff			(WITH 66 OF 66 PRECINCTS COUN	NTED)	
Vote for 1			DAVE PIERSON	7,253	59.16
(WITH 1158 OF 1158 PRECINCTS	COUNTED)		GREGORY M. VALLEY	2,921	23.83
SCOTT JONES	131,547	50.86	WM. R. "BILL" WIRTH	2,044	16.67
JIM COOPER	126,219	48.80	WRITE-IN	42	.34
WRITE-IN	877	.34	Over Votes	5	
Over Votes	80		Under Votes	4,063	
Under Votes	46,580			-,	
	,		Arden Park Rec and Park Director		
City of Citrus Heights City Council			Vote for 3		
Vote for 3			(WITH 7 OF 7 PRECINCTS COUNT	ED)	
(WITH 58 OF 58 PRECINCTS CO	UNTED)		DIANE CARLIN	949	31.70
JEANNIE BRUINS.	9,013	22.43	BILLANDREWS	865	28.89
MEL TURNER	8,426	20.97	ROYCE MAKISHIMA	659	22.01
STEVE "SPARKY" MILLER	7,527	18.73	KURT ONETO	514	17.17
BRET DANIELS	5,911	14.71	WRITE-IN	7	.23
JIM MONTETON	4,271	10.63	Over Votes	0	
CHARLES J. STONE	1,834	4.56	Under Votes	3,132	
DENNIS FRELICK	1,706	4.25		·,	
KEVIN KIDDER	892	2.22	MEASURE D Proposed City of Arden	Arcade	
TERRAN BLUE CARTER	537	1.34	Vote for 1		
WRITE-IN	65	.16	(WITH 82 OF 82 PRECINCTS COUN	NTED)	
Over Votes	30	.10	No	15,313	76.05
Under Votes	19,944		Yes/Si	4,823	23.95
	17,777		103/31	7,023	23.33

Over Votes Under Votes



In 2009, Identity Theft Cost Americans

Over \$54 Billion.

Source: Javelin Strategy & Research. "2010 Identity Fraud Survey Report." February 2010.

Help Protect Yourself Today.

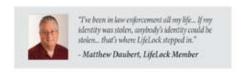
A Serious and Growing Problem.

Identity theft is one of the fastest growing crimes in the nation.

Over 11 million Americans fell victim to the crime in 2009, at a cost of over \$54 billion. (Source: Javelin Strategy & Research. "2010 Identity Fraud Survey Report." February 2010.)

As thieves employ more sophisticated and high-tech methods, the number of identities exposed in a single theft increases dramatically, as does a consumer's level of risk. Every week, retail companies, financial institutions, and national organizations are breached, and the personal and financial information of hard working Americans is stolen.

LifeLock, the leader in proactive identity theft protection, helps protect your identity – even if your personal information falls into the wrong hands. As a LifeLock member, if you become a victim of identity theft because of a failure in our service, we'll help you fix it at our expense, up to \$1,000,000, (Restrictions apply. Due to New York State law restrictions, the LifeLockSI Million Total Service Guarantee cannot be offered to the residents of New York.)



Take Action Now.



*Only one shredder per household. Please allow 6-8 weeks for delivery. Offer is for new LifeLock members only. Call for details.

#1 In Identity Theft Protection®



Hazel Avenue Road Closure at American River Bridge Full Closure & Traffic Restrictions Friday, November 5 (7 p.m.) to Monday, November 8 (6 a.m.)

November 5 at 7 p.m., there will be a full closure of Hazel Avenue at the American River Bridge between Gold Country Boulevard and Curragh Downs Drive. Information about the closure is as follows:

- The closure will impact all northbound and southbound traffic on Hazel Avenue including vehicles, pedestrians and bicycles.
- American River Parkway and bike trail access on the south side of the American River will not be affected by the closure. Access will continue to be provided across Hazel Avenue at the Gold Country Boulevard

- Access from Hazel Avenue to the bike trail on the north side of the American River will be closed.
- Hazel Avenue and bike lanes and trails will be re-opened to the public at 6 a.m., Monday morning, November

Detour Routes: The public is advised to avoid this area during closure hours as there will be significant impacts to all roadway users. Detours will be in place to guide motorists around the construction area.

Bridge Construction: The full closure is needed as part of the Hazel Avenue Improvement Project, which

will widen the roadway from 4 to 6 lanes. Bridge widening work the weekend of November 5, requires that Hazel Avenue be closed to all traffic. Closure Period: Sacramento County understands the challenges and inconvenience that commuters, residents, businesses, bicyclists and pedestrians will experience during the closure period and ask for the public's patience and cooperation as we work to complete this project.

Contact Information: If you have any additional questions, please contact Dan Regan at 916-874-7056 or regand@saccounty.net.

River City Quilters' Guild Presents Quilt Show - "Beautiful & Bold"

Sacramento - The River City Quilters' Guild is hosting their annual quilt show at the Scottish Rite Temple, 6151 H Street, Sacramento on November 19 through November 21. Times are Friday from 10 am to 8 pm, Saturday from 10 am to 6 pm and Sunday from 10 am to 4 pm. Admission is \$7 per day or \$12 for a two day pass. Children under the age of 12 are free if accompanied by an adult. The annual show offers quilters the opportunity to display their work to the public and gives the community a chance to see the new and exciting directions quilt making is taking, as new techniques, fabric and materials become available in the marketplace and are used in quilts.

The show will feature hundreds of beautiful quilts, including traditional, contemporary, and art quilts and wearable art made by textile artists. Judging is conducted by the Elimination Method, with awards given in each category at the sole discretion of the judges who may select 1st, 2nd, 3rd and Honorable Mentions. Show attendees cast their votes in choosing the Viewer's Choice (Harriett Merriam Award). Other activities include vendors, country store, prizes, demonstrations, silent auction. Featured artist this year is Rami Kim, who specializes in wearable art and home décor. A highlight of the show is the annual Opportunity Quilt which is a fundraiser for the Guild. This year's Opportunity Quilt was made by the 2010 quilt show co-chairs using a block technique developed by Sylvia H. Einstein. Parking for the show is free and lunch is available on site by Ambrosia Café

For more information about River City Quilters' Guild and the 2010 quilt show visit the Guild website at www.rivercityquilters.org.

& Catering.

Proceeds from this event will support the activities of the Guild which include promoting quilting and the use of textiles, within the Guild itself and with the community at large. The Guild contributes to the knowledge of quilting techniques, patterns, history, and quilt making by providing educational meetings, fun, and fellowship. Community service activities include making postcards for active military, making hundreds of quilts for pediatric patients in area hospitals and participating in other charitable quilt

Thanksgiving and Christmas Food Baskets

Once again, the McClellan Chief's Group will be out in front of the Commissary on 20 Nov and 18 Dec collecting non-perishable food items and cash donations to support the Food Baskets Program to active

duty personnel who need assistance at this time of the year. In addition, we provide a \$75 Certificate for personnel to shop in the Commissary. In past years, the Commissary shoppers have been so generous in their

donations and we are grateful for your continued support.

If you have any questions, please contact CMSgt George Moses at 916-561-7507.

Arcade Creek Recreation and Park District Board Vacancy Recruitment

District are asking for interested residents or property owners, of the district, to apply for a vacant

The Board of Directors of the position on the Board of Directors. 2010 at 5:00 p.m. Applications may The successful candidate will begin their term on December 6, 2010 and serve for four years. The deadline to submit applications is November 12,

be obtained on the district's website at: www.arcadecreekrecreation.com.

Call the park district at 482-8377 for additional information.

Free Voice Lessons!

www.freevoicelessons4you.com



Men of all ages...Be our guest for **FREE** vocal lessons on four Thursdays, beginning October 28th at 7:30 pm. No experience necessary.

Join us at Kobasic's Hall -5324 Riverside Blvd., Sacramento

Good fun and good music guaranteed!

Courtesy of the **American River Chorus** Sacramento's Award-Winning A Cappella Chorus

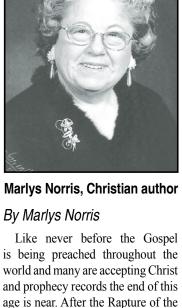
Dental Care for Seniors

- □ New Dentures
- Denture Adjustments
- ☐ Implants & Mini Implants
- Dentures secured by **Implants & Minies**
- ☐ Cleanings, Fillings, Crowns & Emergency
- Conscious Sedation & Laser Dentistry

ONE STOP DENTAL NEEDS FOR SENIORS!

Senior Discount

Carmichael Dental Care 8329 Fair Oaks Blvd., Ste. A Carmichael, CA 95608 916-944-1197



age is near. After the Rapture of the church and before the second return of Jesus Christ on a white horse there will be one of the most glorious celebrations in heaven. "Blessed are those who are invited to the marriage supper of the Lamb. These are true words of God". (Revelations 19:9) Possibly the question for this day would be, "Are we ready to be translated to heaven for the most important celebration of our lives?"

Marriage Supper of the Lamb (Revelations 19:7-9)

I picture Christ one day soon, anxiously waiting in the bridegroom's room for the bride (church) to be ready to join Him in marriage for this big celebration. He sits in a chair with His hands reverently folded in prayer for every one of us to not only look forward to this day, but to "be ready". Jesus Christ's garment will be fine white linen, bright and pure representing His righteousness that He imparts to those who believe and will join Him. As time passes, He is patient because He does not want one single soul to be left behind. The Holy Spirit is doing everything possible to draw people to Him.

His Father has given instructions to the servant angels for the seating table arrangements and the menu for the meal to be served. Some future scheduled day and hour will arrive and the door will be opened and the guests (church) will arrive. In the meantime the angel seamstresses

have been preparing glowing beautiful white linen robes for all the guests. The white robes to represent righteous deeds of the each saint's purity, holiness, honor and respect for the groom, Jesus Christ.

There are still only a few prophetic words of Scripture left to take place before this event becomes a believer's reality. Some of those left on earth will know about these prophetic words, but they never decided to get serious about reading God's Word or knowing God. Prophetically their "lot" is also recorded. God's Word is Truth and He wants you to be there and celebrate with Him. Choose God's Way before it is too late!

Marlys Johnsen Norris, Author Marlys5934@sbc global.net "Intimacy Begins Going

God's Way" "God Moves Mountains,

It was a Miracle"

Specialties Plus

- Machine Repairs (all makes & models)
- Toner Cartridge Refills (Using Cartridge World? Take 10% off their price & try mine)
- Free Cleaning (with our cartridge)
- We are Local
- Service Contracts (monthly or yearly)
- · Lease or Rent
- (save wear & tear on your machine)



Specializing in Digital Printers, Copiers, Fax & Multifunction **Machines**

E-mail: specplus@comcast.net (916) 723-8430



WANTED Messenger **Publishing Group** INDEPENDENT **SALES AGENT**

HELP

MPG is seeking an Independent Sales Agent to generate advertising sales for our local newspapers. This is an extra income opportunity that you can work at from your home. Become part of a growing newspaper group that has been very well received by our readers and the business community. Compensation is commission only, but the commission is a very generous rate.



To apply, call 773-1111 and send an email to publisher@mpg8.com.

ATTIC ANTIQUITIES and More

NOW OPEN!

ONE OF A KIND STORE

• Buy-out

Clothes • Housewares

Asian Art Pieces

Collectibles!

6210 Fair Oaks Blvd., Carmichael (Between Marconi & El Camino)

Next to Olivia's Doll Tea House & Car Wash

BARGAIN DAYS -PRE-HOLIDAY SALE

Check Out Our BARGAIN ROOM!!

Limited offer expires 11/30/10.

20% Off \$100.00 15% Off \$75.00

ATTIC ANTIQUITIES

AVAILABLE Hours: Thurs thru Sat 11:00-5:00

LAY-AWAY

SUNDAY 11:00-3:00

and More

Must present this coupon at time of purchase. Not valid with any other discount or offer. Exp. 11/30/10

10% Off \$25.00 ATTIC ANTIQUITIES and More

Must present this coupon at time of purchase. Not valid with any other discount or offer. Exp. 11/30/10

Carmichael Times



ATTIC ANTIQUITIES

and More

Must present this coupon at time of

purchase. Not valid with any other

discount or offer. Exp. 11/30/10

CALL 773-1111 TO ADVERTISE

Military Veterans' Benefits Discussed at Free Sacramento Central Library Program

Public Library and the California Department of Consumer Affairs (DCA) will present free monthly programs on a range of financial, healthrelated, and legal topics. Take Charge California! @ Your Library presentations will be at 12 noon, on the first Wednesday of each month, in the West Meeting Room, at the Central Library, 828 I Street, Sacramento.

Veterans: Get the Benefits You Deserve. Military veterans may learn how to take advantage of the benefits available. There are many resources and tools designed especially to help veterans. A Sacramento Public Library librarian will also be at the program to provide research tips.

Reservations are not required, and light refreshments will be served.

@ Your Library program scheduled at the Central Library is Have a Safe and Scam-free Holiday, at 12 noon, Wednesday, December 1.

For more information, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.

Local Senior Full of Life at 100

Carmichael – On Saturday. November 6th. Atria El Camino Gardens resident Antonelle Decetis will celebrate her 100th birthday with friends, family and staff.

Antonelle was born on November 8th, 1910 in Pingree Idaho. She came to call Atria El Camino Gardens home in 2003 and has found a community. She has lived through 18 U.S. Presidents and the depression. She fondly remembers Sacramento as it has grown through the years. While working for the state, Governor

I really don't want to do it, but

I must give up my two black labs

to a loving home where they can

have the TLC they deserve. I have

recently had to move to a much

smaller home and their vard is

just too small for them both. They

were used to my working from

home office.

Ronald Reagan heard about her gardening and landscaping work and was very complimentary.

Antonelle says that the secret of life is to "make sure you get what is important to you. Otherwise you end up with what you don't want out of life." At Atria El Camino gardens, she has taken advantage of the community's diverse activities calendar. She especially loves to listen to the many live music performances as well as socializing with her fellow residents. "Antonelle is a sweetheart and

Heartbroken Black Lab Lover

loves to share sweets with her many friends!" says Staci Weisz, Engage Life Director at Atria El Camino Gardens. "We encourage our residents to enjoy life and stay active, and she is a great example of living life to the fullest. Plus, she has great stories

The birthday celebration will begin at 2 pm at Atria El Camino Gardens on Saturday, November 6th. Location: Atria El Camino Gardens is located at 2426 Garfield Ave in Carmichael, CA

ranch where they can run and

express their enthusiasm, love

and joy for their new owner.

They would be adopted by

someone who could give them

attention everyday, and hope-

fully throughout the day. They

have a lot of love to give.

Thinking of **Changing Banks?**

√ Check the El Dorado Advantage

- ✓ Value Checking
- ✓ FREE Senior Checking with Interest
- ✓ FREE Direct Payroll **Deposit Checking**
- with Check Images

✓ FREE Internet Banking

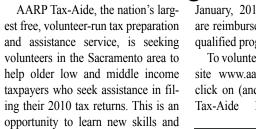
- ✓ FREE Online Bill Payment
- ✓ FREE Telephone Banking
- √ VISA Check Card
- ✓ Interest Checking
- Business Checking

Member

FDIC

- ✓ Investors Money Market Checking
- ✓ Gold Money Market Savings

- ✓ Purchase & Refinance Loans
- √ Home Construction Loans
- ✓ Owner-Builder Loans
- ✓ Fixed & Adjustable Home Equity Line of Credit Loans
- ✓ Friendly, Personal Service at No Extra Charge
- √ 35 ATMs at El Dorado Branches
- ✓ Consistently Awarded the Highest 5 Star Rating by Bauer Financial Reports as One of the SAFEST and STRONGEST Banks in the U.S. Since 1993
- In 2009, we completed our 21st consecutive year without any foreclosed properties on our books



The program operates from

Genealogical **Association of**

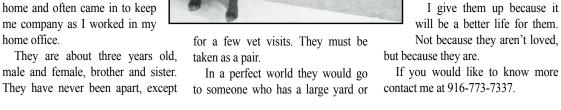
The Genealogical Association of Sacramento will hold its regular monthly meeting Wednesday, November 17, 2010 at 1:00 P.M., at the Belle Cooledge Library, 5600 S. Land Park Drive. James Rader will provide up-to-date information on DNA testing and its application to genealogy. All are welcome. There will be no meeting in December.

are reimbursed on a limited basis for qualified program-related expenses.

To volunteer access the AARP Web site www.aarp.org/tavolunteer8 and click on (and complete) the "AARP Tax-Aide Prospective Volunteer

January, 2011. Tax-Aide volunteers Form," or call toll-free, 1-888-687-2277. December 15, 2010 is the application deadline.

> AARP Tax-Aide is a program of the AARP Foundation, offered in conjunction with the IRS.



AARP Program Seeks Volunteers

provide valuable, fulfilling service to the community. AARP membership is not a requirement.

February 1 through April 15, 2011, and requires a minimum commitment of service one day a week as well as taking a free tax training class in

Sacramento



American Airlines Vacations.



BOOK NOW AT VISITBARBADOS.ORG/DALLAS.

American Airlines Vacations is a mark of American Airlines. Inc.

OVE YOUR BOTTOM LINE

Let The Doctor Come To You! STIRTON MOBILE CHIROPRACTIC

EL DORADO SAVINGS BANK

Serving our local communities for over 52 years

www.eldoradosavingsbank.com

CARMICHAEL

4701 Manzanita Ave. • 481-0664

Sacramento's premier mobile chiropractor brings his highly effective techniques and expertise to you at your home or place of business at your convenience.

He uses diversified, Constead, SOT, toggle, and activator techniques to restore both spine and extremities to their full function.



Relief Is Just A Call Away!

Serving Sacramento and surrounding areas, this caring doctor is available when most are not: 8 a.m. to 8 p.m. Monday thru Friday; and weekends and after hours by appointment. Deaf and hearing impaired are welcome.

Business Owner Benefits:

Increase employee production and satisfaction by providing regular chiropractic check-ups and fine tune them for high performance. Healthcare benefits for you and your employees are tax deductible.

James L. Stirton DC

Sacramento Area's Mobile Chiropractor

(916) 825-3140

jimstirtondc@comcast.net

How can I attract 24,000 new customers? How can I generate 10% in new sales?

By accepting ITEX dollars for sales in the cashless marketplace, your business can:

Attract new customers

-Generate new sales

ITEX dollars work!

(isn't it time they started working for you?)

927.7600

www.itexsacramento.com Use promo code MPG1

Urgent news for people who had

Several hip replacement systems used since 2003, including ones made by DePuy and Zimmer, have been recalled or had sales suspended due to an increased need for a second hip replacement. If you had or need a second hip replacement or are having unexpected hip problems, call us now for a free consultation at 1-800-THE-EAGLE (toll-free). No fees or costs until your case settles. We practice law only in Arizona, but associate with lawyers throughout the U.S.



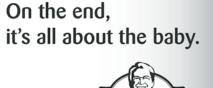




it's all about the baby.

Dr. Smith's Diaper Ointment. Problem solved.

pyright © 2010 Mission Pharmacal Company. All rights reserved. DRS-10901



Losing a Loved One to HOLISTIC • SELF-HELP • COGNITIVE

170+ California Home Auctions Begin Nov 1st

real estate auctions

 INDIGENOUS • FAITH BASED Physical Fitness/Vitamin Therapy

Many Available

for **Online**

Bidding

Nominal Opening Bids

from \$1,000

For details, see

williams**auction**.com

800.801.8003

 70% Success Rate/One Year Aftercare Job Referral Network

Insurance accepted - Financing available Save a Life today, Call: 1-866-367-6780 www.stopyouraddiction.com

Do The Dead Speak?

John Edward Author & Psychic Medium

He has captivated audiences worldwide on his internationally acclaimed talk shows. Don't miss this evening with John Edward.

<u>Get Tickets!</u> ... who will be there for you?

Santa Rosa Jan. 12 - 7pm San Jose Jan. 27 - 7pm Ruth Finley Person Theater Tickets: 707-546-3600

Holiday Inn Hotel San Jose Airport Tickets: 800-233-3123

Get Tickets at: www.JohnEdward.net

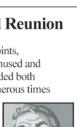
Man Goes "TOAD-AL" at High School Reunion

BEXAR COUNTY - After using Thera-Gesic* on aching joints, Tom W. attended last Friday's reunion where, according to 5 amused and concerned classmates, he went TOAD-AL. He squatted, extended both arms to the ground, arched his back and did his best to hop numerous times while croaking.

When asked to explain his behavior, he painlessly replied, "None of your dang business!"



SAVE, LIVE, BUYTHERA-GESIC*.



(MB 12-31)

Protect Your Family! Get Your

Home Security System FREE. Main Doors Protection, Motion

Detectors, Police, Fire & Medical

Keypad. Call Now 1-888-237-3822

Adult / Elder Care

Elderly Care Home in beautiful Orangevale neighborhood. Long-term care only. Nutritional daily meals. Call Maria from 8am-9pm. 916-833-8371 (MPG)

Fair Oaks Manor Beautiful assisted living care home. Semi private & private rooms available. Devoted 24/7 staff providing personalized care. 50% off first month and no assessment fee, www.fairoaksmanor.biz. Lic#347004361. Call (916) 967-6400.

Newly constructed, modern Care Facilities in Fair Oaks Private/Semi room. ½ off first month. No assessment fee. 24/7 on site care staff. Call 916-871-4267/947-8618. Will work with placement company. (MPG)

Special 50% Off 1st Month Care Private & Semi private rooms. For more info call 916-721-4721 (MPG)

Experienced caregiver for elderly. 24-hour care: healthy nutritious meals; reasonable rates. In Fair Oaks – room in comfortable home. Call 916-536-0701 (MPG)

Alterations and **Tailoring**

SARA'S ALTERATIONS AND TAILORING Professional Tailoring for Men and Woman. Leather and Fur. Bridal. 10% discount on all alterations. Over 35 years experience. Country Club Plaza Mall. 2380 Watt Ave. Ste. 350, Sac 95825. **916-480-2959** (MPG 09-15)

Apartments for Rent

OAKS AT ARCADE CREEK New & Upscale 1/1 2/2. Auburn, Citrus Heights. 916-726-6100 (MPG)

40 DAYS FREE RENT! Quiet, clean. Pool. Great location, Fair Oaks-961-3053 (MPG)

BEDROOM SPECIAL CH&A. Pool. Patio. Laundry 4735 College Oak, Sacramento 916-222-3306 (MPG)

ATTENTION!

Health and Wellness Success Coaches Needed. Able to work from Home.Will train. 888-279-7875, call 24hrs (MPG)

ATTN: Internet health and wellness company expanding Seeking top sales Pro's. Will train right person. CALL 888-279-7875 24hrs. (MPG)

Auto Donation

Donate Your Car Civilian Veterans & Soldiers. Help Support Our U.S. Military Troops 100% Volunteer Free same Day Towing. Tax Deductible. Call and Donate Today! 1-800-404-3413 (SWAN)

DONATE YOUR CAR: Children's Cancer Fund! Help Save A Child's Life Through Research & Support! Free Vacation Package Fast. Easy & Tax Deductible Call 1-800-252-0615. (Cal-SCAN)

DONATE VEHICLE: RECEIVE \$1000 Grocery Coupons, Your Choice. Noah's Arc, No Kill Animal Shelters, Advanced Veterinary Treatments. Free Towing, IRŚ Tax Deduction. Non-Runners. 1-866-912-GIVE. (Cal-SCAN)

Backhoe Service

Backhoe owner operator specializing in rock retaining walls land contouring, artistic rock scaping, Call Ross 530-308-1373 (MPG 08-25)

Beauty Pageant

Miss Citrus Heights Beauty Pageant; October 29th, 2010 Call Pageant Director for more information-725-3824

Business Opportunities

BUSINESS FOR SALE!! Established for 3 years. Will Train. Nets 100k. Can operate from anywhere, \$3800 down, Call Jerry 1-800-418-8250. (Cal-SCAN)

THINK CHRISTMAS - START NOW! Own a Red Hot - Dollar, Dollar Plus, Mailbox or Discount Party Store from \$51,900 worldwide! 100% Turnkey. Call Now 1-800-518-3064. www.DRSS4.com (Cal-SCAN)

Work From Home Earn \$1,000 to \$3.000 per week Free 14-minute movie that shows you how! www.setfree.com

Business Services

ADVERTISE YOUR HOME property or business for sale in 240 California newspapers, Reach over 6 million readers for ONLY \$550! Call this newspaper or visit: www.CAL-SCAN.com (Cal-SCAN)

ADVERTISE YOUR JOB Opening in 240 California newspapers Reach over 6 million readers for ONLY \$550! Call this newspaper or visit:www.Cal-SCAN.com(Cal-SCAN)

DISPLAY ADVERTISING in 140 Cal-SDAN newspapers statewide for \$1,550! Reach over 3 million Californians! FREE email brochure. Call (916) 288-6019. www.Cal-SDAN.com (Cal-SCAN

Cash for Gold

CASH FOR GOLD. Sell Your Jewelry, Request Your FREE Kit. Cash In 24 Hours. 1-888-460-7480 (MB 12-31)

College Bound

Free Advice! We'll Help You Choose A Program Or Degree To Get Your Career & Life On Track. Call Collegebound Network! 1-888-378-9801 (MB 12-31)

Computers

Computer Care Complete PC Care and Maintenance Installs, upgrades virus removal, wireless, Affordable prices-Same-Day Service. Todd 916-529-5954 (MPG

Computer Funding

Computer Funding Like a Brand New Computer & Improve Your Credit?BadCredit,NoCreditDoesn't Matter. A New Computer Starting at \$29.99/Week. Call Computer Funding! 1-888-897-5572 (MB 12-31)

Construction

Cal State Fence and

Construction Since 1986 Quality, Trustworthy Affordable, Reliable, Redwood Chain Link, Ornamental Iron, Vinyl, Trellis, Decks. Residential/ Commercial FREE ESTIMATES! Lic. #494306 **916-966-1103**

Accelerated Construction-New Construction or Repair. Handyman Clean-up. Residential and Commercial. Lic # 675212. Call 916-419-9996 (MPG 06-30)

Affordable Local Repairs-All Construction Phases. Lic #655184. Ph 869-0164. Ask for John. (MPG)

All Types of Construction kitchen & bath remodels, new construction, roofing, decks, fencing, dual pane replacement 830054 (916) 335-1325 (MPG)

TRI US CONSTRUCTION Build new homes, additions and remodeling. Over 30 experience, bonded and insured. Phone number 530-330-0185 Lic. # 476884 (MPG)

Counseling

solutions to your Real problems and issues www. lifeadvisorforeveryone.com Dave (916) 821-5768 (MPG)

Day Care

Peña Family Daycare-Small in home family care. Clean and Safe environment Nutritional snacks and meals provided. Preschool like setting. (916) 972-1540 www penafamilydaycare.com (MPG)

Infant Openings Now First free Lic # SAC53133 week 916-489-5824 (MPG) **FCCH**

Debt Help

BURIED IN DEBT! Over \$10,000 In Credit Cards? We CAN SAVE You Thousands! Call DEBT HELP EXPERTS. FREE Consultation 1-866-801-9087 (MB

DirecTV

DIRECTV FREE BEST PACKAGE for 5 months with NFL SUNDAY TICKET! NO Start Costs + FREE HD/ upgrade! New Customers Qual. Pkgs. DirectStarTV 1-877-852-4203 (MB 12-31)

Dish Network

FREE HD FOR LIFE! Only on DISH NETWORK, Lowest Price in America! \$24.99/mo for OVER 120 Channels! PLUS-\$500 Bonus! Call Today. 1-866-893-1666 (MB 12-31)

Donate Your Car

DONATE YOUR CAR, TRUCK OR BOAT TO HERITÁGE FOR THE BLIND. Free 3 Day Vacation, Deductible, Free Towing Taken Care Of. 1-888-688-9795 (MB 12-31)

Drywall

Repair, remodel from simple to impossible, all textures. Residencial, small commercial. A real pro. 40+ years experience. All work guaranteed 3 years. Affordable prices. Lic # 305736. 916-726-1144 (MPG)

Elder Care PROVIDING PERSONAL CARE

w/ love and dignity. Rooms available Call 916-721-4721 (MPG)

Electrical Services

RETIRED MASTER ELECTRICIAN Expert troubleshooter, 30 years experience. Old panel repairs/ 916 - 595-3052 (MPG 10-27)

Visit & Estimate For Free 24 Hour, 7 Days. 916-213-7575

Fencing

Fencing Prime Time Fencing. Quality Redwood. Double & Single Gates. Repair & New. License # 835870. (916) 481-7315 (MPG)

Roy's Great Fences Quality work at affordable prices. New or repairs. How's your gate? License 749821. (916) 833-2666 (MPG)

Affordable Fencing Redwood specialist. Dedicated time service. Lifetime steel Senior discount. Lic. 742683 916-773-1350 (MPG)

Sierra Pacific Fence. Fences decks, Retaining Walls 100% neighborhood discounts XLNT prices Free estimates 483-1883 License 606100 (MPG)

Financial Services/ Money to Loan

CASH NOW! Get cash for your structured settlement or annuity payments. High payouts. Call J.G. Wentworth. 1-866-SETTLEMENT (1-866-738-8536). Rated A+ by the Better Business Bureau. (Cal-SCAN)

TIRED of BEING in DEBT? Decrease Your Debt - Increase Your Income. \$10K+ in Credit Card or IRS Debt. New Laws Have Passed to Protect You! Free Consultation. 1-888-456-0384.

Homeowners Don't Short Sell Your Home as a first option. A home can generate \$2,600,000 of tax-free income. Let me help you create additional income & front page 1040 deductions BK/CR 916-868-1041 (MPG)

Real People helping Good People find Real Debt Solutions! Linda 916-300-0611 lafindley@ team72goodcredit.com

STOP YOUR DEBT INSANITY Full service solution for credit nightmares. Mortgage Arbitration. Credit Repair. Debt 916-300-0611 (MPG)

Reverse Mortgages If you are a senior citizen, you have no doubt heard of a reverse mortgage. For ALL of the information and none of the obligation, call Len Lamb at 728-6653. (MPG)

For Rent / Lease

BUSINESS/COMMERCIAL Old Town Fair Oaks. Prime location for RENT. Asking \$1500.00 a month with lease. Property includes: 4 (four) oversized mechanical bays, all with roll up doors • 2 (two) working/well maintained

- hydraulic lifts Secure/gated parking Built-in cabinets • Deep sink to wash up in
- Plenty of overhead lighting Alarm system 110/220 single phase hook ups
- Located near a major intersection. Any questions or to view the property please contact: M. W. 916-638-7439 (MPG 08-25)

COMMERCIAL Office/Warehouse **space.** 1.000 up to 3.000 sq. ft. available @ .55¢ (month to month) negotiable lease. Excellent 1-80 access near ARC (Auburn Blvd/College Oak). Call Lisa West @ (916) 331-0840. (MPG)

\$490 per month Charming Cottage in Gold River. Looking for quiet woman to rent bedroom. No share. In my small charming cottage nestled amid rose garden. Washer/ Drver. No pets or smoking. Near transportation. 25 mins from ARC and Sac State. 916-631-8784. (MPG)

Free **Hearing Test**

Miracle-Ear FREE Hearing Test, Courtesy of Miracle Ear. CALL For Appt. with a LOCAL Specialist. Rediscover the Life You've Been Missing! Call Today—1-877-339-3002 (MB 12-31)

Garage Sales Online BeaverJack.com

Online Garage Sale Info. Advertise for FREE or Search by zip for FREE. (MPG 09-01)

Gardeners

Full Maintenance, Pruning, Aeration, Sprinkler, Cleaning, Gutter Hauling. 967-7543 or see www. SmithsLandscape.com

Golf Equipment for Sale

2 Bags Good Condition, 1 Golf , Titelest Clubs, Diamond Head, Browning 440, Topflite, Cleveland, Titelest, Zebra, Mac-Gregor Silver, Gravity Back Cobra, Stan Thonson, Callaway Silverhead, Bucket of balls (used) Offer for All. 613-8359 Best Scott

Groomer

Pinkiepoo, in home grooming service. 18 yrs. exp. \$5.00 discount, 1st visit. References. Call Victoria (916) 256-0487. (MPG)

Handyman

JR Handyman, Service Randy 916-880-6742 Joel Carter 916-637-3825 (MPG) Household Helper. You Name It! Hauling, Gutters, Tree Trim, Spot Carpet Clean 613-8359 (MPG)

Handy Guys Small Jobs, Senior Gutter Cleaning-Discounts Woodwork 916-519-5135 Free Estimates (MPG)

A-1 Home Maintenance & Repair *Handy Man* California state certified electrician Plumbing repair. Fence repair. Free quotes-no job too small. Please leave

message, 916-961-8059 (MPG)

Affordable! Decks, Dryrot, Wood Floors, Fans, Fixtures, Plumbing, Electric, Licensed 501-7843 (MPG)

Plumbing Services Specialty Plumbing-Remodels, Repipes, Water, Sewer, Gas Lines, Water Heaters CA License

918844 (916) 607-6749 (MPG) Hats for Resale New Hats for resale. Clothing

items, tools, lots of misc. Call 903-7939 from 9 am to 5 pm. Located in Carmichael, (MPG 09-15)

Health/Misc.

SICK ALL THE TIME? Have your I.Q. & personality checked as you may be disease-prone. 916-448-5891(MPG 09-08 - 10-27)

LOW COST WEIGHT LOSS With Your Personal Coach. Start Free Call 916-599-1318 (MPG)

Look Younger in Less Than a Day! www.hydratedskin. com then call 916-988-3027 ask for a Free Sample (MPG)

THE WEIGHT IS OVER Lose up to a pound a day. Fast growing Company. Recession proof product. 916-474-4079 www.eatchoc-losewt.com (MPG)

Heating & Air AC Repair Low Prices 487-4609

Help Animals

SPCA Thrift Shop Helpless animals need vour donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm (MPG)

Help Wanted Adult Residential Facility is in

Need of Live-In Caregiver with experience in an ARF facility, good DMV record, and hardworking. Please call Orlando or Hermie at 916-487-4482, (MPG)

ATTN: COMPUTER WORK.Work from anywhere 24/7. Up to \$1.500 Part Time to \$7,500/mo. Full Time. Training provided. www.KTPGlobal.

EMERGENCY MEDICAL TECH. Must be H.S. grad ages 17-34. No experience needed. Paid training, benefits, vacation, regular raises. Call Mon-Fri. 1-800-345-6289.

CLASSIFIED ADVERTISING

Recorded Message. CALL NOW!! 888-279-7875 (MPG)

TRAVEL, WORK, PARTY, PLAY!

Now hiring 18-24 guys/gals for

exciting travel job. 2 wk pd. training.

Return guaranteed. Call today/start

today, 877-724-3713, (Cal-SCAN)

High School

Degree

21 + lacking high school

degree? Fully accredited online

Jenny at 530-889-1737(MPG 08-25)

House Cleaners

HouseCleaners

Do You Love Being Part of

a Winning Team? Do You Love

to Clean? Do You Love Making

Customers Happy?

If You Answered YES!

We Want YOU!

HouseCleaners is recruiting for

Please call Svlvia at (916) 955-

6089, or e-mail your resume to:

sachousecleaners@hotmail.

com. All applicants must be

willing to undergo background

checks and drug testing. (MPG 08-15)

House Painting

PAINTING, sheet rock, texturing,

book cases, fence repair, gutter

cleaning. Roger (916) 969-4936 or (916) 410-5545 (MPG)

Household Help

House Cleaning Service Experi-

enced hard-working owner/opera

tor, supplies furnished, detail-ori-

ented, affordable rates. Call today

Madeline 916-723-1608. (MPG)

Dependable, I care about what I

do. Call me, 916-549-4915 (MPG)

QUALITY WINDOW CLEANING

PLEASE CALL MARK AT

Homesitters on Wheels, Office

needs two RV'ers with RV's for Petsitting 916-483-5146 (MPG)

Identity Theft

Protect Yourself Today! Call Now!

Landscaping

tenance starting at \$60/mo.

Lic. # 887351. 916-338-2001.

Bi-weekly or monthly Call for

FREE estimates 965-8224 (MPG)

Lawnmower Service Mow &

Edge vour lawn 4 times per month

Tall Weed Cutting Low Rates

Full Yard Maintenance, one

time clean-ups & tree trimming.

See our website: www. terrabellagarden.com or ctc Randy

for info at 454-3430 or 802-9897.

Lawn Service - I can mow and

edge your lawn. Reasonably priced. Call for a free estimate at

Legal Services

legal situation? Looking for extra

income? Contact Eicka Mitchell at

916-729-7364 or ericamitchell@

Credit Card Debt, Foreclosure,

Repo, Wipe Out Bills, Free

Massage

IVY MASSAGE Full Body & Foot

Massage. Women's Summer Special \$35 Per Hour. • Swedish

Massage • Accu-Pressure. Open 7 Days: 9am-10pm Tel: (916) 987-

8688. 8820 Greenback Lane #D.

Near Annie's Restaurant. Green-

back & Beech. Walk-Ins Welcome.

Gift Certificates Available. (MPG 09-01)

Deep Tissue • Shiatsu • Foot

Consultation 971-8880 (MPG)

LAWYERS;

916-524-7477 (MPG)

916-934-9944 (MPG)

prepaidlegal.com

BANKRUPTCY

for a fee. Call Bob 916-456-5281

Lawn and Garden Service

(MPG

business.

09-08)

Dependable family

sacvards.com

Immaculate,

612-8949. (MPG)

HOUSEKEEPING

Fast, Honest

Sacramento area team.

provided.

Hotel/Transportation

(Cal-SCAN) DRIVERS - CHECK THIS OUT! New Pay Increase! 34-40 cpm.

Excellent Benefits. Need CDL- A & 3 months recent OTR, 877-258-8782, www.MeltonTruck.com (MPG) **Caring Compassionate Seniors**

WANTED! SENIORS HELPING school. Some credit earned for life experience. Work weekly at own pace until completed. SENIORS®, a leader in the Senior in-home service industry. \$985. 888-375-3665 (MB 12-31) has immediate PT openings for Providers. Qualified candidate will have life experience, an **Home Health Care** interest in making a difference in the lives of other seniors and be In your home health care/ **helper.** 20 years experience. Fingerprinted, reliable, local. Call comfortable working with senior

AREA MANAGER Full/Part Time Great Pay! Place and collect donation canisters for a nonprofit organization who helps families who have children with Cystic Fibrosis and other chronic héalth problems. Call 1-800-254-0045 www.frfchildren.org (MPG)

citizens. Flexible schedules...we'll

work around your schedule! Valid

driver's license and use of auto is

required.Call us today for more

information.(916) 372 9640 (MPG)

WANTED-AVON Party Hostess Earn 50% Total Party Sales 50% off Hostess order Hostess privilege catalog Hostess and Guest Gifts Call Elizabeth 916-295-0185 (MPG)

Pathologist Perform general

anatomic & clinical inpatient/

outpatient pathology services.

Travel to other unanticipated sites may be required. Kolbeck, Bauer & Stanton Medical Corporation. 3637 Mission Ave., Ste. 5, Carmichael, CA 95608. (MPG) Urgent F/PT Sale Reps needed

telecommunications \$\$\$ Commission, products. Bonuses, Residuals Training available call 916 612-6621 (MPG)

Health Care Marketing. We are successful business entrepreneurs looking for people passionate about health & Go to www. myprotandimbusiness.com and watch a video News clip. Leave your name and email address to learn more, we will get back to you. (MPG

SALES, Seeking Business minded Marketing rep's, New Technology/ Globally, Training available, F/PT, Residual Income. Commission, Fax Resume 916.910.2002 (MPG)

**FREE Document Shredder with We are seeking dynamic New Annual Enrollment. LifeLock Identity Theft Protection- Help customer service oriented individuals great communications and typing skills Use Promo Code: SHREDDER Call 1-877-467-5506 (MB 12-31) needed to work on behalf of our company this service representative will earn up to \$3000 monthly any iob experience needed. Affordable Landscape Service at danelperez1980@ Clean-ups & Makeovers! Mainyahoo.com if interested (MPG)

A DIFFERENCE. Information: (916) 383-9785 ext. 15 (MPG)

Wanted: 29 Serious People to Work From Home using a computer. Up to \$1,500-\$5,000 PT/FT www.REBVision.com (MPG)

STRESSED OUT? from home & get paid daily! www.happyandhealthyfamily. 888-211-4268

Matheson Trucking, Inc. is now hiring an Executive Administrative Assistant to be the primary support for the CEO, CFO and COO. Supports front desk, prepares and maintains documents, schedules meetings and travel. Must have 5-7+ years exp supporting a corporate environment; excellent verbal and written communication skills; proficient in MS Outlook, Excel and PowerPoint. Must be professional, friendly and a team player. Fax

resume to 866-418-9913 (MPG) Help Wanted -

Drivers 20 Drivers Needed - CDL-A, Experienced. 11 Western States STABLE Family Owned - ANDRUS TRANSPORTATION. Good Pay, Routes, People! 1-800-888-5838 or 1-866-806-5119 x1402. (Cal-SCAN)

ASAP! New Pay Increases! 37-43 cpm. Excellent Benefits. Need CDL-A & 3 months recent 1-877-258-8782. www. MeltonTruck.com

(Cal-SCAN) Company Drivers (Solos & Hazmat Teams) GREAT PAY * GREAT MILES * CDL-A Required. We also have dedicated & regional positions available. Call

(Cal-SCAN)

Drivers (Solos Company & Hazmat Teams) PAY *GREAT MILÉS *CDL-A Required. We also have dedicated & regional positions available. Call: 866-448-1055 SWIFT. (Cal-SCAN)

Driver - NEW PAY PACKAGE! Van and Refrigerated. Great Benefits! Flexible schedule! 98% No-Touch Freight. Steady Miles. CDL-A, 6 months recent experience. 1-800-414-9569. www.DriveKnight.com (MPG)

NEEDED! Gordon Trucking, Inc. Sign on bonus in some areas! Current Openings on our NCA Fleet. Home weekly available! Consistent Miles & Time off! Full Benefits, 401k. We have lots of www.TeamGTI.com 1-888-832-6484 EOE. (Cal-SCAN)

REGIONAL CDL DRIVERS

Help Wanted -Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two vears experience in caring for the elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information. (MPG)

Help Wanted -Sales

Would you like to be Mentored by a Millionaire? Proven System, Perfect timing. 24 Hr

Alert for Medical Seniors -Monitoring FREE FREE Shipping Easy Set-up. ONLY \$29.95/ mo. CALL Medical Guardian

Miscellaneous

Reach over 1.3 million potential buyers. Advertise in SWAN (SouthWest Advertisin Network) only \$199/ week! Receive a 25-word classified publications throughout Arizona, California, New Mexico & Utah. 1-888-714-7377 (SWAN)

Richmond's Hunting Club Come hunt with us-20K acres. Doves, Quails, Pheasants, Ducks and Geese. For information: Dennis Sanders 530-913-5817 or Les Edwards 530-458-3814 (MPG)

TUPPERWARE Please call for a Free Catalog. Chris Krcmar 916-483-1671 (MPG)

Miscellaneous

Items For Sale Wood Chipper 5HP

Electric Wheelchair Jazzy/1121 ket - metallic blue. New \$5,700 - Sacrifice \$1,450 obo - Cash Only

with mirror, desk with hutch 988-7391 (MPG) condition.

upright piano and used, excellent oak finish. \$3000

Mount Vernon Single Cemetery Lot Garden of Humility (fronteast side of building) \$5,000.00 Contact: 1-405-728-0420 (MPG)

WANTED: OLD POSTCARDS 483-0622

Musical Instruments

Guitar, Acoustic Unused with accessories. \$85 Cash. 362-7118

GUITAR WANTED Looking for Older Guitars and Amps, Fender, Gibson, Martin, Fender, Marshall Amps. Will Pay up to \$2000.00 Cash!! (916) 966-1900 (MPG)

Mobile Notary Services Certified Loan Signer Paralegal Services Powers of Attorney, Wills Will Travel to Your Home or business 916-508-7080 (MPG)

(916) 482-9388 for details. Ask for 24/7 Notary Services Anytime /

Anyplace Call Dan @ 916-712-

2661 (MPG)

lic 914715 Ph 607-0523 (MPG) Pets Pet Sitting Professional loving

Call Madeline 916-723-1608.

pet sitting. Call 916-483-5146 for more information. (MPG) Need an Attorney? Have a Annie's Pet Sitting Services

Piano Lessons Piano Lessons - All ages 1st lesson free. Rancho Cordova

916/858-1571 (MPG) Piano lessons for children and adults by experienced, creative teacher. Citrus Heights For more information, visi www.anitraalexander.con, or call

(916) 725-1054 (MPG) Prayers &

NOVENA Our Father who art in heaven, hallowed be Thy name

We've made

Medical Alert

Today! 1-888-694-4976 (MB 12-31)

machine-runs good, needs minor work \$250 (916) 725or (916) 769-1698 (MPG)

Brand new batteries – custom footguards - cane holder - bas-Please - (916) 488-4154 (MPG)

Bedroom Furniture: Dresser stands; Beautiful

condition. 916-988-2927 Call:

Miscellaneous Want to Buy

Notary

Notary Services Hospital, Care Home or make arrangements. Call Debbie or leave message. (MPG)

Painting Pro Painting Res/Com. Quality work free est. sen disc

pet care. Established reputation. free environment. Kennel

Home Sitters on Wheels office needs two RV'ers with RV's for

Lisensed, insured and bonded. Vet. tech. exp. Ref. avail. 916.202.6952

Novenas

This is a Novena from Mother Theresa that started in 1952. (MPG **REAL** Hardwood Flooring \$1.69 Square Foot or we install for \$3.99 square foot complete 916-366-1672. Cont Lic #757522 (MPG)

Steel Buildings. 20 x 20, 30 x 40, 50 x 100, 100 x 100 Up to 50% off

Fast IRS Tax Relief FAST IRS TAX

You Settle Your Overdue Taxes for LESS! FREE Consultation! 1-888-698-0221 Timeshares/ Resorts

RELIEF. Do You Owe \$10,000

or MORE to the IRS? We Help

Tow Cars Away Call to remove abandoned cars for FREE. (916) 457-4000.

Book with Emerald Travel!! Experience/Knowledge. Cruises/ Tours/Honeymoons/All-Inclusives

(916) 570-3882. (MPG) **Tutoring**

VONAGE Unlimited Calls Around

the World! Call The U.S. & 60+

Day Money Back Guarantee! Call 1-888-460-5160 (MB 12-31) Volunteers Needed

DISCLAIMER

before you sign. Shop around for rates. NOTICE TO READERS California law requires that contractors taking jobs that total \$500 or more (labor and/ or materials) be licensed by the Contractors State License Board State law also requires that contractors include their license Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their

not licensed by the Contractor Classified Advertising

advertisements that they are

of Readers Every Week! MPG) 773-1111

finding local 10b a lot easier.

the most comprehensive job resources in our region. That's why our website is linked to the Community Employment Connection, provided by Northern California's most-respected career and employment resource, JobJournal.com. With a few clicks, you can zero in on employment information, upcoming job fairs, career resources and job listings from local media, as well as nearby employment centers. So if you're searching for a new job or career, start by taking a closer look at us.

forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation. but deliver us from evil. Amen WANTED ME TELL YOU, It shall be well with you this coming year. No matter how much your enemies try this year, they will not succeed. You have been destined to make it and you shall surely achieve all your goals this year. For all of 2010, all your agonies will be diverted and victory and prosperity will be incoming in abundance. Today God has confirmed the end of sufferings, sorrows and pain because He that sits on the throne has remembered you. He has taken

away the hardships and given you

JOY. He will never let you down.

I knocked at heaven's door this

moming, God asked me, "My child!

What can I do for you?" And I said,

"Father, please protect and bless

the person reading this message.

Thy kingdom come, Thy will be

done, on earth as it is in heaven

Give us this day our daily bread, and

Wanta go to heaven without dying? Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves You! (MPG)

Prescription

99DollarMeds STRUGGLING To Pay For Your PRESCRIPTIONS? You May Qualify to Get All Your Brand Name Prescriptions for as Little as \$69/month. 1-888-531-4725 (MB 12-31)

Homes For Sale Your credit is approved!!! Three houses to choose from-Zero Down Possible. Call 1-877-757-

1062 ext. 100 or visit! www.

hypersellshomes.com (MPG 06-10)

Real Estate

Land for Sale/

Out of State

ARIZONA LAND LIQUIDATION

starting at \$89/mo. 1-2½-acre ranch lots.1-hour from Tucson.

NO CREDIT CHECK! Guaranteed

financing/Money-back guarantee 1-800-631-8164 Code 4022

www.sunsiteslandrush.com (SWAN)

LAND LIQUIDATION 20-acres

\$0 down, \$99/mo, ONLY \$12,900.

Near growing El Paso, Texas.

NO CREDIT CHECKS! Money

back Guarantee. FREE Map

Pictures. 800-755-8953 www

IT'S HERE!! ELK HUNTERS/

INVESTORS. Montana Land

Area \$99,900. 640 Acres Elk

Acres of Elk Preserve. Call for

WesternSkiesLand.com (Cal-SCAN)

Restore

Old Photos

Restore Old Photographs Share

memories of special places and times with your family. (916) 483-

6051 - Láws Studio, Crestview

Center (Manzanita at Winding Way in Carmichael) (MPG)

Sales

Self-Made Millionaire, looking

for 10 people who want to

earn 6 figures in the next 12-24

months. This is not a job. CALL NOW!!! 1-888-219-7757 (MPG)

Schools /

Instruction

HIGH SCHOOL DIPLOMA!

Graduate in 4 weeks! FREE Brochure. Call Now! 1-866-562-

3650 ext. 60 www.SouthEastern

ATTEND COLLEGE ONLINE

from Home, *Medical, *Business,

*Paralegal, *Criminal Justice. Job

placement assistance. Computer

available. Financial Aid if qualified

SCHEVcertified.Call888-210-5162

The Math Resource; math/

Security System

ADT-Security Choice FREE ADT-

& a \$100 VISA Gift Card from

Security Choice. Find Out How! Call

Today. 1-877-332-6541 (MB 12-31)

s tutoring; \$40-\$50/ 916-722-1058 (MPG)

www.Centura.us.com

HS.com (Cal-SCAN)

\$599.900.

160 Acres Mussellshell

888-361-3006 www.

(SWAN)

sunsetranches.com

Paradise

Granite Bay Listings

Real Estate

View at www.lizyoakum.com Call 390-5634 (MPG)

Must be present at pick-up. (MPG) **Travel Specials**

Grades 3-9 Reading & Written

Countries — ONLY \$14.99/mo (for 6 months) PLUS FREE 30-

Needed: Volunteers Domestic Violence Intervention Center needs caring people to assist victims of domestic violence. For more information call 728-5613 or visit our office at 7250 Auburn

services. Read and understand any contracts

Sell Your Stuff! Reach 1000's

The Community Employment Connection brings your local employment resources into focus. You look to us for your local news, and now you can rely on us for

Carmichael Times

www.CarmichaelTimes.com

Send Flowers ProFlowers PROFLOWERS. Send Flowers for Every Occasion! Anniversary. Because. Starting at just \$19.99. Go to www.proflowers.com/yes to receive an extra 20% off your order or Call 1-888-695-5008 (MB 12-31)

Services Offered

I take you to the doctors, shopping or misc. errands.
Call for schedule. Serving most 916-214-8169.

Birthday.

Seeking Security Placement in Fair Oaks or Carmichael, Licensed Call 916-712-2137 (MPG)

The Clean-Bliss Experience Responsible, experienced & Reliable. Arlene 916-863-1374 (MPG)

Steel Buildings

on erected completed projects. www.scg-grp.com Source #ØDL 916-248-4416 Tax Relief

SELL/RENT Your TIMESHARE For CASH!! Our Guaranteed Services will Sell/ Rent Your Unused Timeshare for CASH! Over \$78 Million Dollars offered in 2009! www.SellaTimeshare.com (877)554-2098 (Cal-SCAN)

.Save Time!! Save Money!!

Language. Credentialed Teacher. \$40/Hour. 971-9885. In Carmichael **Unlimited Calls**

Blvd., Citrus Heights, CA (MPG)

Be wary of out of area companies. Check

with the local Better Business Bureau

Legal Advertising Hotline 916-532-2113 Legal Advertising Fax

916-773-2999

LEGAL ADVERTISING

Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984

Legal Advertising P.O. Box 14 Carmichael, CA 95609

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00089068

WHEREAS. Jana Montova Risley has filed a petition with this court for a decree changing name of Jana Montoya Risley to Jana Christine Wolf. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 19 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 8, 2010.

Publish: October 13, 20, 27, Nov. 3.2010

FICTITIOUS BUSINESS NAME STATEMENT #1009106. Freight Connections, Inc., 6151 Fair Oaks Blvd. #110, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Freight Connections" at 6151 Fair Oaks Blvd. #110, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Oct. 14, 2010. Publish: October 27, Nov. 3, 10, 17,

01004 11-17-10 **FREIGH** FICTITIOUS BUSINESS NAME STATEMENT #1008921. Michael Keyashian, 801 Bussing Ct., Folsom, CA 95630 business under the Fictitious Business Name "Multiple Products" at 801 Bussing St., Folsom, CA 95630. Filed with the Clerk of Sacramento County on Oct. 8, 2010. Publish: October 27, Nov. 3, 10, 17, 01004 11-17-10

FICTITIOUS BUSINESS NAME

STATEMENT #1009205. Charles S. Ernst, 8835 Swallow Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Bucket & Brush Window Cleaning" at 8835 Swallow Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento on Oct. 18, Publish: October 27, Nov. 3, 10, 17, 11-17-10

SUPERIOR COURT OF

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

has filed a petition with this court for a decree changing name of Jerry C.C. Brinson to Jerry Clever Turner, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 30, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 19, 2010. Kevin R. Culhane Judge of the Superior Court

01004 11-17-10 **TURNER**

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

in Dept. 54, located at 800 9th

St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 18, 2010. Shelleyanne W.L. Chang Judge of the Superior Court Publish: October 27, Nov. 3, 10, 17,

01004 **CHUNG** 11-17-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00090467

WHEREAS, Manuel James Gill has filed a petition with this court for a decree changing name of Manuel James Gill to Manuel James Pascal. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 9, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the

Publish: October Nov. 3, 10, 17, 24, 01004 11-24-10

petition. Dated: Oct. 28, 2010.

Shelleyanne W.L. Chang

Judge of the Superior Court

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO **SUMMONS** CASE #09FL08347

NOTICE TO RESPONDENT: MEDO BUDDY SHUKRY You are being sued. NAME PETITIONER'S LINH QUE TRAN

You have 30 Calendar Days after this Summons and Petition are served on you to file a typewritten response (form FL-120 or FL-123) at this court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and

custody of your children. You may be ordered to pay support and attorney fees and costs. It you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawver immediately You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services web site (www.lawhelpcalifornia. or by contacting your County Bar Association. The name and address of the

court is: Superior Court of California, County of Sacramento, 3341 Power Inn Rd., Sacramento, CA 95826. name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: Linh Que Tran, petitioner in pro per; 1861 Dawnelle Way, Sacramento, CA 95835; 916-928-0646. Dated: Dec. 3, 2009.

Publish: October Nov. 3, 10, 17, 24, SUPCAL 01101 11-24-10

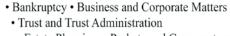




4811 Chippendale Dr., Suite 307, Sacramento, CA 95841

Gordon G. Bones Attorney at Law

The Law Firm provides the following legal services:



gbones@boneslawfirm.com



We Can Do That!

Call to place your legal advertising

532-2113



All Regal Ads Rublished in the Carmichael Times

Business & Service Directory

CONSTRUCTION

Brasiel's Construction Company



Licensed & Insured CA License #937416

Specializing in Residential Carpentry, Remodel and Repair Smaller Jobs Accepted

> **Gary F. Brasiel** GENERAL CONTRACTOR

O: (916) 725-4061 C: (916) 745-2447 E-mail: GaryBrasiel@surewest.net

HOUSECLEANING SERVICE

OWNER OPERATOR Supplies Furnished, **Detail Oriented,**

Affordable Rates.

Madeline (916) 723-1608

Cal State Fence and Construction

Quality • Trustworthy Affordable • Reliable Redwood, Chain Link, Ornamental Iron, Vinyl, Trellis, Decks. Residential/Commercial

966-

HOME COMPUTER WORK

Home Computer Work Earn Up to

\$1,500/mo PT \$7,500/mo FT

> Will Train Apply online at

www.bcsglobal13.com

PHOTO RESTORATION

Old Photographs

of special places and times with your family.

(916) 483-6051

Laws Studio, Crestview Center Manzanita at Winding Way

FENCING

PRIME TIME **FENCING**

Quality Redwood Double & Single Gates Repair & New

License # 835870 Liability Insurance

(916) 481-7315

Monthly Pool Service for as low as \$60/mo

Free Estimates

916-532-0884

Biz Lic #329357

Greg the Pool Guy



Service • Repair • Sales

Prompt and Reliable

671-6284

INSURED & BONDED

HEATING AND AIR

Christopher's Heating & Air

Commercial/Residential

We Service All Brands



916-223-1744

A VETERAN PAVING

Cell 916-730-4949

HELP ANIMALS

SPCA THRIFT SHOP The Real Non-Profit

Helpless Animals Need Your Donations

Will Pick Up



TAX & BOOKKEEPING SERVICE Pamela B. Connolly, EA 25 Years Experience

TAX & BOOKKEEPING

Available Weekends 8080 Madison Ave. Ste. 201B Fair Oaks, CA 95628 Corner of Fair Oaks and Madison

OPEN YOUR HEART

OPEN YOUR HEART AND HOME

Step up to the challenge!

Have experience working with developmentally disabled adults

and/or challenging behaviors?

Have an extra bedroom?

916-966-8850

Competitive

stipend

Pool Service

NATIONAL POOL SERVICE

Set-up's • Clean-up's

HANDYMAN

QUALITY LABOR & MAINTENANCE

Yard Work, Hauling, Gutter Clean, Odd Jobs

You Name It!

DON'T CET

RIPPED OFF!

Call:

(916) 833-7618

(916) 613-8359

PLUMBING

LAWN SERVICE J & J Lawn and

Garden Service

Reasonable Rates/Free Estimate

★ Rototilling ★ Weedwhipping ★ Basic Lawn

★ Hauling ★ Yard clean up ★ Minor Tree

Service ★ Irrigation Service

Trimming ★ Sprinkler Repairs

Call 916-317-3450

Shower & Tub Enclosures Water Damage Flooring, Electrical, Carpentry, Drywall We do all phases —small & large jobs FREE ESTIMATES

ANDERSEN CONSTRUCTION

(916)-989-2689

Book with

Emerald Travel!!

Cruises/ Tours/Honeymoons All-Inclusives

Save 7ime!! Save Money!! (916) 570-3882

GARAGE DOORS

Garage Doors and Openers, service, repair, replace. Serving greater Sacramento area

since 1987. Free Estimates • Senior Discounts Contractor for Lowe's, Sears, Home Depot and Costco. Visa, MC, Amex. (916) 635-5951

Restore

Share memories

in Carmichael

PAVING

All Types • Seal Coating **Excellent References**

Ron Follman

House 530-677-1124

Lic #776266

PSYCHIC READINGS

READER FOR LOVE

 Tarot Cards Crystal Ball

Call for Appointment 916-807-6597

MASONRY

Nick Lambdin Masonry

Quality Stone, Block, Pavers & Brick at a low price

Summer Specials New Local Business • Owner on Job

(916) 912-7617 CSLN: 946862 www.sactownmasonry.com

Investments

Trust Deed Investments

corporations, pension plans, 401Ks, IRAs, SEP accounts. **CALL TODAY!**

530-886-1414 X101

BATHROOM REMODELING

AFFORDABLE BATHROOMS & ALL HOME REPAIRS

Licensed & Bonded • CSL # 681664

ALTERATIONS by Patina

ALTERATIONS

Coloma Village Shopping Ctr. • Rancho Cordova

11082 Coloma Rd., Suite 7

SPECIALIZING IN BRIDAL & FORMAL

(916) 853-1078 WWW.ALTERATIONSBYP.THENETMARK.COM

Private Money Financing

Loans up to 65% LTV

Financing

Commercial, Industrial. Bad Credit, BK, Foreclosure OK! Equity is the main consideration.

Earn 10%+ on your money 1st Position, 60% LTV or less Private individuals,

Equitable Mortgage

For More Information: (916) 383-9785 ext. 15

MAKE A DIFFERENCE!

01004 #34-2010-0008972 WHEREAS, Jerry C.C. Brinson

Publish: October 27, Nov. 3, 10, 17,

#34-2010-00089635

• Estate Planning • Probate and Conservatorship · Family Law

P: 916.965.6647 F: 916.965.4218

Construction

Since 1986

FREE ESTIMATES! Lic. #494306



Call Today

TRAVEL SPECIALS

Experience/Knowledge

DOOR SERVICE CALIF. STATE LIC. #650461

Hard Money Loans

NO UPFRONT LOAN FEES Owner Occupied, Investments,

Equitable Mortgage 877-665-1414 x101 530-886-1414 X101 www.GoEquitable.com

877-665-1414 x101

www.GoEquitable.com

Kevin R. Culhane Judge of the Superior Court **KJKLAW** 01002 11-3-10

WHEREAS, Shing Chung Anzai has filed a petition with this court for a decree changing name of Shing Chung Anzai to Shing Chen Chung, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Nov. 30, 2010

Experienced Hardworking

Call Today

POOL SERVICE



MISSION OAKS COMMUNITY CENTER

Extended Tours

- South Pacific Wonders
- February 14-28, 2011 \$4,699 pp double
- The Heart of Texas
- March 13-21, 2011 \$2,249 pp double
- Mackinac Island
- May 6-14, 2011 \$2,699 pp double

Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to www.morpd.com.

Luxury Motorcoach

- San Francisco Shopping Tour Saturday, November 6, 2010 • \$50/person Macy's Savings Pass & VIP Pass for Westfield Mall.
- Spirit of Christmas
- Musical Celebration starring Merrill Osmond Dec 7-8, 2010 • \$175 pp double
- The Price is Right/Let's make a Deal Trip to Hollywood with extras! January 11-14, 2011 • \$699 pp double

Free Travel Show 10am, Monday, November 8

NEW FALL FITNESS CLASSES AND NEW INSTRUCTORS AT MISSION OAKS COMMUNITY CENTER

Functional Fitness

Excellent beginner workout! Try first class free! Tuesday and Thursday 2-3pm • \$20/month Instructor: Becky Foley

Maintain your independence with these easy exercises that will increase your mobility and focus on balance, flexibility, strength and range of motion using free weights and bands provided. Introductory Special \$12/month for November.

Evening Yoga

Thursday 7-8pm • \$20/month Try first class free!

Great Class for both men and women! Yoga for flexibility, stress release and core strength.

Instructor: Peggy Shepard



MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am-5 pm **Registration Hours:** 8:30am-4pm Monday-Friday

www.morpd.com

DISTRICT OFFICE (916) 488-2810 • Fax (916) 488-4349 3344 Mission Ave., Carmichael CA 95608

MISSION OAKS COMMUNITY CENTER (916) 972-0336 • Fax (916) 972-7371 4701 Gibbons Dr., Carmichael CA 95608

SWANSTON COMMUNITY CENTER

(916) 333-6464 • Fax (916) 488-4349 2350 Northrop Ave., Carmichael CA 95825

Sacramento fic Library Events

History books discussed at Carmichael Library monthly meetings

Carmichael Library History Book Club mixes fact and fiction for a clearer picture of what has happened in world history. The adult book club meets at 6:30 p.m., on the first Tuesday of each month, at Carmichael Library, 5605 Marconi Avenue, Carmichael.

Attendees are encouraged to bring snacks to share with other book club members. For more information on the following book discussions, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

December 7: The Bridges at Toko-ri, by James Michener January 4: The Things They Carried, by Tim O'Brien February 1: The Worst Hard Time, by Timothy Egan March 1: In the Valley of the Kings, by Daniel Meyerson

April 5: The Great Mortality, by John Kelly May 3: The Big Burn, by Timothy Egan

Preschool Storytime

Thu, Nov 4 10:15-11:00

Preschool Storytime (3-5yrs)

Join Miss Angela for 30 minutes of stories, fingerplays, music, and more. Lots of fun for kids 3-5!

Toddler Storytime

Thursday, November 4, 11:15-11:45

Toddler Storytime (1.5-3yrs)

Toddle on over to the Carmichael Library for 20

minutes of short stories, easy fingerplays, and songs. The goal is to have fun with stories, words, and each other.

Carmichael Library Book Sale

November 6, Saturday, 10:30 a.m. to 10:30 a.m. **Book Sale**

Find books and movies at basement bargain prices the first weekend of the month at Carmichael Library. Stuff for both kids and adults. Sponsored by the Friends of the Carmichael Library. Hours: Saturday 10:30-5pm Sunday 11-4pm. No sale in January.

Read to Rover

November 9, Tuesday, 3:30 p.m. to 4:30 p.m. School-Age Program

Specially trained therapy dogs are waiting for children to come read to them. For kids ages 5 to 10 years old. Earn stickers for the time spent reading and earn a book too!

Yu-Gi-Oh Tournament

November 10, Wednesday, 3:30 p.m. to 4:30 p.m. Teen Program

Join other Yu-Gi-Oh enthusiasts for a card tournament. Bring your own deck or a willingness to learn. Beginners welcome. Prizes





Carmichael **Chamber of Commerce**

Carmichael Chamber Monthly Luncheon

On the 4th Tuesday of each month, the Carmichael Chamber holds a luncheon where members can network, hear from a guest speaker and learn what's happening in the Carmichael Chamber and the community in general.

Dog Park Master Plan

The Carmichael Recreation and Park District has scheduled three workshops to help create a Master Plan for the Carmichael Dog Park. The plan will identify needs and create ideas that will chart a course of action for the District to follow. Ideas and suggestions are welcome. The meetings will be held at the Carmichael Park Clubhouse, 5750 Grant Avenue on Tuesday, October 12, or Tuesday, November 16 from 6 - 8 pm. For further information, contact Lee Ann Yarber at 916-485-5322, ext. 24 or LeeAnn@carmichaelpark.com.

Carmichael Chamber Mixer

Food, drinks and plenty of networking Bring a raffle prize and plenty of business cards For more info, contact Linda Melody at 916-481-1002

When: Wed Nov 10 5:30pm – 7:30pm Where: Strategies to Empower People (S.T.E.P.) 5945 Palm Dr, Carmichael 95608 (map)

Carmichael Chamber Luncheon

Chamber General Meeting & Luncheon Guest speaker is Carl Simpson, Chief Code **Enforcement Officer for Sacramento County discussing** zoning issues and the homeless in Carmichael

\$15 members/\$20 non-members Call 481-1002 or linda@carmichaelchamber.com for

reservations by Nov. 11 When: Tue Nov 16 11:30am – 1pm Where: Cypress Avenue Baptist Church Education

Building, 5709 Cypress Avenue, Carmichael, 95608

Carmichael Chamber Mixer

Christmas mixer hosted by the Carmichael Chamber. Cookie exchange, FREE food and drink. Bring a raffle prize and plenty of business cards. For more info, contact Linda Melody at 916-481-1002

When: Wed, December 8, 5:30pm - 7:30pm Where: TBA

Carmichael Chamber Luncheon

Chamber General Meeting & Luncheon. This is a Business to Business Luncheon. Chamber businesses have a free table at the luncheon and an opportunity at the mic to share about their business. \$15 members/\$20 non-members. Make your reservations by Dec. 16 to 481-1002 or linda@carmichaelchamber.com.

When: Tue, December 21, 11:30am – 1:00pm Where: Cypress Avenue Baptist Church Education Building, 5709 Cypress Avenue, Carmichael, 95608

Contact us for more information on the Carmichael Chamber of Commerce Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com

Sacramento Choral Society and Orchestra

Donald Kendrick, Music Director

2010 | 2011 Season

SACRAMENTO STAINED GLASS CONCERT

Cathedral Vespers

Cathedral of the Blessed Sacrament Saturday, October 30 at 8:00 PM

Mozart | Vesperae Solennes de Confessore Allegri | Miserere Mei Deus

Rachmaninoff | All Night Vigil (excerpts)

Stanford | Magnificat in C Major

Guest Chorus: Sacramento State University Chorus Stephen Janzen, Organist

A Journey of Faith and Sacramento: Indomitable City

Pre-concert talk 7:15 PM

Fr. Steven Avella, dynamic Professor of History at Marquette University,

author of The Diocese of Sacramento:

General Seating | Purchase tickets online | SACRAMENTOCHORAL.COM Or call SCSO office | 916.536-9065

MONDAVI CENTER CONCERTS, UC DAVIS

Home for the Holidays

Saturday, Dec 11 at 8:00 pm Sunday, Dec 12 at 2:00 pm

Verdi Requiem

Saturday, March 19 at 8:00 pm

Karen Slack, Soprano Julie Simson, Mezzo Bjorn Arvidsson, Tenor Clayton Brainerd, Bass

Easy To Love

Saturday, April 30 at 8:00 pm

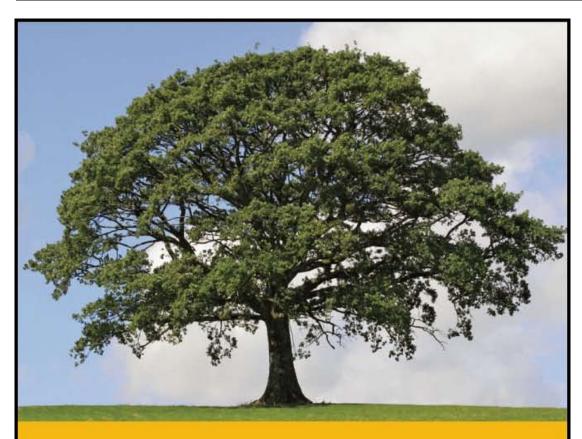
Christi Amonson, Soprano Kristin Dauphinais, Mezzo Tevye Ditter, Tenor lan Greenlaw, Baritone

Since the opening of the Mondavi Center, the SCSO has brought innovative and entertaining concerts to large and enthusiastic audiences. This season continues that tradition of excellence with a sparkling new Christmas concert with audience singalong, the dramatic and sublime Verdi Requiem, and a new Pops concert saluting some of the greatest songs from the lights of Broadway. We look forward to welcoming you to our 15th Season.

Season Subscriptions on sale at the Mondavi Box Office: 1-866-754-2787 SACRAMENTO CHORAL.COM



Carmichael Times **CALL 773-1111** TO ADVERTISE Carmichael Times Page 10 November 3, 2010



Time To Enjoy The Life You Deserve

Nestled in the heart of Carmichael, there's a retirement community called Carmichael Oaks. This beautiful community offers:

- Social & Activities program
- Scheduled transportation
- Beauty salon & exercise room
- Theatre & computer center
- Weekly housekeeping
- 24 hour emergency staff

Independent & Assisted Living as well as Memory Care.



916-944-2323 office www.carmichaeloaks.com





LIC# 347003685

Citrus Heights Scholarship Pageant

- * Miss entrants must be at least 16 to the age of 27.
- ❖ Teen entrants must be at least 13 to the age of 16.
- Entrants must be single;

never been married nor a parent.

- Entrants must be of good physical health and good moral character.
 - Mrs. / Ms. Entrants must be at least18 years of age.

Also includes: City Ambassador Pageant

This pageant entry fee is 25 non-perishable food items and or school supplies for needing families in our communities.

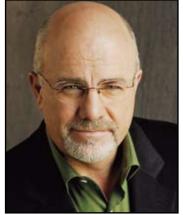
Children 2 12 years Girls / women 13 up

November 12th to be held at Rusch Park Citrus Heights Director: Mary Purvis, 721-3824

Carmichael Times



CALL 773-1111 TO ADVERTISE



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers — The Total Money Makeover, Financial Peace Revisited and More Than Enough. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Which One First?

Dear Dave,

I was wondering if I should save up three to six months of expenses, Baby Step Three, before I pay off my debt with the debt snowball – Baby Step Two. I'm self-employed and work on a contract basis. My current contract will be up in a few months, and I'll have to find another contract.

- Pat

Dave Says

Dear Pat,

In a sense, you're going to be laid off in a few months. I think it would be wise to prepare for that in advance.

Just paying the minimum payments on your debt for now, and saving up three to six months of expenses, would be one way to plan for that event. However, the day you get your next contract, I want you to take that emergency fund back down to \$1,000, because you'll have gotten your stability back at that point. The good news is that you have a little while to be looking for another contract. That's a luxury not many people have when they lose a job.

After you bring your emergency fund back down, I want you in attack mode on the debt snowball. Every extra dime you can find needs to go to paying off debt. Sell some things if you have to, but get out from under that debt as soon as you can!

- Dave

Credit Report Questions

Dear Dave,

I requested a copy of my credit report, and noticed there have been several instances where companies

have asked for a copy of my report. I was under the impression that this could only be done if you were applying for credit.

- Lynn

Dear Lynn,

Under the Federal Fair Credit Reporting Act anyone with a valid business reason can check your report with, or without, your permission. Some employment applications even state they will be pulling a copy of your report as part of their screening process.

It sounds to me like you've gotten a bunch of marketing inquiries. That why your mailbox – like most – is full of unsolicited credit card and home equity loan offers.

But here's the good news. You can put a block on your bureau for unsolicited marketing inquiries. This prevents companies from searching your bureau for the sole purpose of offering credit you didn't request!

- Dave

For more financial help please visit daveramsey.com.



We are Looking for Veterans to Join Our Post VFW POST 2324 Carmichael.

Are you a veteran from WW2, Korean War, Vietnam War, Desert Storm, Iraq, Afghanistan War? If you been honorably discharged and have a current DD214, Please Contact The Post Commander Edward B. Holm. PH (916)722-9603 or Post Quartermaster Steven H. Rambo PH (916) 847-5496.

On the 2nd Sunday of each month VFW Post 2324 hold a Pancake Breakfast from 7:30 am to12:00 pm in the back of Carmichael Park 5750 Grant Avenue. Price \$5.00 for Adults and only \$3.00 for Children. Come One Come All!



Custom Landscape Design, Installation, Renovation & Maintenance

A Nurturing, Full-Service Landscaping Company

Bringing TLC to your property.

Bringing personal service to you.

Lawnman is a comprehensive landscaping company serving commercial property owners/managers and residential customers in Northern California since 1992. We're founded on the principle that landscaping is primarily a relationship business.





Our customers call Lawnman "the nurturing landscapers."

(916) 739-1420 • (916) 739-1430 fax

www.lawnman.net

Carmichael Times Page 11 November 3, 2010



By Christian Pebbles, Sac Metro Fire Captain

Fall is here and the season is changing. That means a decrease in temperatures and an increase in fireplace usage. Before you fire up vour wood stoves or fireplaces have a professional clean and evaluate them. An evaluation of you chimney is a cheap investment, considering the alternative which is a fire. This should be done annually and also gives us piece of mind.

As architectural styles and features of residential homes have changed throughout the years, the fireplace remains a desirable amenity. In days gone by, the fireplace served as the primary source of heating and cooking for the home. With the invention of more efficient central heating systems and cooking stoves, the role of the fireplace has shifted into a secondary heating source, as well as providing a central gathering place for family and friends.

More than one-third of Americans use fireplaces, wood stoves and other fuel-fired appliances as primary heat sources in their homes. Unfortunately, many people are unaware of the fire risks of heating with wood and solid fuels. Heating fires account for 36

Your Monthly Message from the Sacramento **Metro Fire District**

percent of residential home fires in rural areas every year. All home heating systems, including fireplaces and wood stoves, require regular maintenance to function safely and efficiently.

This year thousands of home fires will be started by fireplaces. Major causes of these fires include overloading the fire, damage to the fireplace such as missing bricks, obstructed flues, ignition of nearby combustibles, and dirty fireplaces flues built up with creosote.

Below are some safety tips that should be followed to prevent a fire at your home and assure your family enjoys the fall and winter without a tragedy.

Safety Tips:

Fireplace and Wood Stove Safety

- Have your chimney or wood stove inspected and cleaned annually by a certified chimney specialist.
- · Clear the area around the hearth of debris, decorations and flammable materials.
- Make sure that the flue damper is
- Always use a metal-mesh screen with fireplaces.
- Leave glass doors open while burning a fire.
- Keep air inlets on wood stoves open and never restrict air supply to fireplaces. Doing otherwise can cause creosote buildup.
- Fire-resistant materials should

be installed on walls around wood

Burning fuels safely

- · Never use flammable liquids to start a fire.
- Use only seasoned hardwood. Soft, moist wood accelerates creosote buildup.
- Build small fires that burn
- completely and produce less smoke. · Never burn cardboard boxes, trash
- When building a fire, place logs at the rear of the fireplace on a supporting grate.
- Never leave a fire in the fireplace unattended. Extinguish the fire before going to bed or leaving the house.
- · Soak hot ashes in water and place them in a metal container outside your home.

Protecting your home's exterior

or debris.

- Stack firewood at least 30 feet away from your home.
- Keep the roof clear of debris like leaves and pine needles.
- · Cover chimney top with a mesh
- screen spark arrester. · Remove branches hanging above

chimney, flues or vents. Protecting your home's interior

- Install smoke alarms on every level of your home. Test them monthly and change batteries when you set your clocks for daylight savings.
- · If gas logs are installed in the fireplace, a carbon monoxide detector should be installed in the home.



28th Annual

Alzheimer's Aid Society Caregiver's Conference Saturday, November 6, 2010 Jesuit High School, Carmichael, CA 8:AM-3:00PM

Keynote speaker: David Troxel, M.P.H., is known worldwide for his writings in the field of Alzheimer's and long-term care. Along with Virginia Bell and others, he established a statewide network of support groups and services in Kentucky for patients and caregivers.

Break-out sessions include:

- A session in Spanish with Lilia Mendoza, Founder of Alzheimer's of Mexico.
 - Legal issues
 - Hospice care
- Planning your final arrangements
 - How to speak Alzheimer's
 - Dining for dementia

Cost is \$30 in advance, \$35 at door. We are offering CEU units through the Gerontology Department at American River College.

For more information, please go to our website for complete details and to register as well.

www.alzheimersaidsociety.org 2641 Cottage Way #4, Sacramento, CA 95825 (916) 483-2002 • E-mail: info@alzheimersaidsociety.org



CindySue Jones of The Pampered Chef

12 Years Experience in "FUN" Kitchen Shows Fundraisers, Bridal Showers, & Earning Opportunities!

916-988-4810

www.PamperedChef.biz/CindySueCookingParty

Check out my site. You can order from my website 24/7! Monthly specials and the NEW outlet store are there too!

FIND ANSWERS to Your Senior Living Questions

Find everything you want to know about senior living for yourself or a loved one at our website your resource for information on care,

> Visit the website today or call Suzanne at (916) 481-7105

services and senior living options.

the Chateau at Carmichael Park

Lic. #347001523

7125 Fair Oaks Blvd, Carmichael Between Engle Street and Grant Avenue

A remarkable value for independent senior living, memory care, memory day care and short-term respite stays.





Carmithael Times Page 12 November 3, 2010

Mira Loma High School International Baccalaureate and International Studies



Excellence. Achievement. IB.

International Baccalaureate a rigorous academic program that is designed to create curious, lifelong learners. At Mira Loma, we value our hard-earned reputation for quality, for high standards and for creating student-leaders who attend the top universities in the nation.

Rigor. Relevancy. Relationships. IS

International Studies is a humanities-based interdisciplinary program that centers on preparing a wide range of students to enter 4-year universities upon graduation.

To learn more about the IS and IB programs, please come to our information night and visitation days.

Parent Information Night

MYP/IB Parent information night is scheduled for: **November 4th, 2010, 7:00 p.m.**

4000 Edison Avenue Sacramento, CA 95821 Mira Loma Gymnasium

School Visitation Schedule:

Nov. 16th and Dec. 14th, 8:00 a.m. to 11:00 a.m.

For more information on MYP/IB, please contact **Jeannine Hall, 916-971-7488 or jhall@sanjuan.edu**For more information on IS, please contact **Steve Cox, 916-971-7465 or stcox@sanjuan.edu**Also view our school webpage at

http://www.sanjuan.edu/Miraloma.cfm



Discover Mira Loma

- Nationally Renowned
- 94% IB Exam Pass Rate
- IB World School Since 1989
- Newsweek Magazine's "Top American School"
- Professionally Trained Staff
- National Science Bowl Champions
- National Science Olympiad Representative
- Student-focused.
- Middle Years Program (MYP)