

Carmichael Times



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Volume 30 Issue 44

Serving Carmichael and Sacramento County since 1981

November 3, 2010

Capra Park Offers Kids a Day on the Farm



Please fence me in. Friends Joseph Amir (10) and Andrea Lamo (12) create a vignette of Americana with Capra hosts Chicky and Porkie. Scores of Carmichael kids enjoyed the farm open day. Photograph by Susan Maxwell Skinner.

Farm Frolics

By Susan Maxwell Skinner

Capra Park recently opened stable doors to share sights, sounds and smells of Carmichael's rural past. A hundred kids and parents enjoyed pony rides, a petting zoo and jaunts in a tiny horse-drawn carriage.

The seven-acre reserve lies between Van Alstine and Kenneth Ave.

Developing their pocket-handkerchief ranch there in the 1940s, Mary and Claude Capra housed horses, chickens and many itinerant critters. They often provided a vacation spot for their

famous relative, movie maker Frank Capra.

After Claude died, Mary Capra endeavored to keep the farm's original purpose by selling her acres to the Park District. Surrounded by Rockwellian white fences, horse paddocks now earn a peppercorn income from boarders. The District hopes to eventually develop the reserve as a working farm with exhibits and educational programs. To aid funding, the sale of a small part of the land is proposed.

More open days are planned for Capra Park. For information, call (916) 485-5322.



Horse whisperers. Sara Enos and friend Kylie Kerth (both 8) hear about farm life straight from the mare's mouth. Shannon Enos (5) enjoys a higher vantage. Photograph by Susan Maxwell Skinner.

Retired Navy Commander to Speak at Veterans Day Luncheon



Retired Navy Commander Ted Robinson - Author and Storyteller

Sacramento Region – A luncheon will be held at River's Edge retirement community to celebrate Veterans Day on Wednesday, November 10th at 11:30 a.m. It will feature author and storyteller Ted Robinson, retired Navy Commander, who helped rescue John F. Kennedy after the PT-109 incident.

Commander Robinson recounts this and other dramatic event he experienced during his lifetime in his memoir, *Water in My Veins*. First Lady Maria Shriver said Commander Robinson's book is "an amazing story that is truly inspirational." TV News Anchor Dale Schornack called Robinson "arguably the most fascinating person and vivid storyteller that I have interviewed in 30 years as a television journalist."

Commander Robinson contributed valuable Kennedy memorabilia to the Smithsonian Institution. A Sacramento resident, he and his wife, Lynne, were honored as "community treasurers" for their civic and charitable work.

Those interested in attending the luncheon should contact the community at 916-921-5131 for information about the cost and seating availability.

River's Edge is one of Hank Fisher Properties' premier Sacramento senior living communities, located at 601 Feature Drive near the intersection of Howe Avenue and Fair Oaks Boulevard. It offers some of the area finest independent senior living.

County Animal Shelter Launches "Support Our Shelter" Effort

S.O.S Save Our Shelter Campaign has already raised almost \$100,000 in Much-Needed Funds

Sacramento Region – Effective November 1, the County Animal Shelter launched the "Support Our Shelter" fundraising effort to continue to raise donations that will enable sustained operations. The focus of this ongoing campaign will be to continue to look to the community to help support the 15,000 animals that come through our shelter every year by donating to the shelter, licensing their pet, or adopting an animal.

"The S.O.S Save Our Shelter campaign has made a tremendous difference in the lives of animals in our communities, and I want to personally thank everyone who has donated their time, effort and funds to help make sure we find permanent homes for our resident animals and continue to investigate cases of animal cruelty and neglect," said Carl Simpson, County Animal Interim Shelter Director. "By implementing the updated "S.O.S Support Our Shelter" campaign, we hope to continue to reach out to the community and encourage them to support our shelter operations while we investigate and implement long-term and region-wide animal care solutions and partnerships."

In April 2010, Animal Care staff and volunteers launched the S.O.S Save Our Shelter campaign to raise general awareness of the shelter budget situation that resulted in a reduction in shelter operational hours, reduced a significant number of personnel, and increased the dependence



on a dedicated team of volunteers to help maintain shelter operations.

Since S.O.S was launched, the Animal Shelter raised over \$92,000 through community events, donations, and various fundraisers, including a first annual summer "Flea Market" and the "Whiskers and Wine" fundraiser in September. Local businesses and groups have been instrumental in donating time, funds, equipment and their talents to the fundraising efforts.

Funds raised have helped restore an animal control officer position to help the shelter continue to investigate animal cruelty and neglect. Additional funds will also be used for a variety of critical items including vaccinations, food and special medical needs for the animals.

The County Animal Shelter is located at 3839 Bradshaw Road. For more information about S.O.S Save Our Shelter, pet licensing, kennel and habitat room sponsorship, and how you can get involved, call 916-368-7387 or visit www.saccountyshelter.net

REMEMBERING OUR VETERANS

With all of the craziness surrounding this election season, what seems to have been lost in the media hype is that another important day is approaching. Veterans Day is coming this November 11th. It is important to remember that without all that our veterans have done to secure our country we would not have the freedom to vote, complain, argue, debate and then vote on issues that move our country forward. Please take time this November 11th to thank every veteran you know for their service. We owe our freedoms to those brave men and women. Carmichael Times offers every veteran our own humble salute.

Help Save Jan Park

Neighbors Apply for a \$50,000 Grant from Pepsi: Your Votes Needed

Carmichael - Jan Park is a 13.6 acre natural open space park with more than 400 Oaks, many of them Heritage Oaks. The Save Jan Park Committee is a 100% volunteer organization that is working collaboratively with the Carmichael Recreation and Park District to prevent the sale of park land by raising funds that the park district will match. The committee has applied for a grant from Pepsi and recipients are selected based on who gets the most votes. Funds will be used to improve existing trails, including making them more ADA

accessible, construct a pedestrian bridge over a seasonal creek and improve park entries.

The Save Jan Park Committee was formed to respond to the Park District's proposal to sell 4 acres of Jan Park to pay for development of the site. The committee is committed to preserving all of Jan Park with its rolling terrain and distinctive character as a natural open space park in a compacted suburban area. Five different species of Oaks have been identified on the site; Blue, Valley, Coast Live Oaks, Interior Live Oaks

and a Cork Oak. Its unique and important bird and wildlife habitat is home to skunks, possums, pheasants, squirrels and a variety of birds. Please help us preserve this natural oasis for future generations by voting daily.

Go to: www.refresheverything.com/savejanpark vote for us daily from November 1st until November 30th. To vote go to www.refresheverything.com/savejanpark. You can also text your vote: Text 103947 to Pepsi at 73774. (Standard text messaging fees apply).

Seniors Can Begin "Organizing for the Holidays" by Attending a Presentation at the Chateau at Carmichael Park



Lee Mahla

Local seniors are invited to join residents for a presentation on Wednesday, November 10th at 6:00 p.m. by organization expert Lee Mahla. She'll be providing tips on organizing for the upcoming holiday season. Her aim is to help individuals stress less and enjoy the season more.

The program will take place at the Chateau at Carmichael Park, a Hank Fisher Properties' senior community, located at 7125 Fair Oaks Boulevard between Grant Avenue

and Engle Road in Carmichael. The community offers some of the best-priced senior living services, including independent and assisted living, the Garden Memory Care, The Club Carmichael Park memory day care, and short-term respite stays for seniors with dementia.

For more information or to reserve space at the presentation, contact the community at 916-481-7105.

Help us win a \$50,000 grant and save a beautiful natural space in the heart of Carmichael.

From November 1st-30th Go to <http://refresheverything.com/savejanpark> AND text 103947 to PEPSI (73774). Vote both ways everyday to make sure Jan Park stays!

<http://twitter.com/savejanpark>
<http://www.facebook.com/pages/Save-Jan-Park/116176415075851>

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Carmichael Times

"Written by the people and for the people"
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 Publisher—Paul V. Scholl

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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 Graphics & Layout Rich Design, Banerjee Designs
 Distribution Assistant Gabriel Scholl
 Contributing Writers
 Tim Reilly Mary Jane Popp Marlys Johnsen Norris
 David Dickstein Dr. E. Kirsten Peters Susan Skinner
 Dr. Bob Graykowski Dave Ramsey
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Widowed Persons Association of California, Inc.

Office Hours
 10:00 am- 3:00 pm
 Monday through Friday
 916-972-9722

Newcomer's Buffet & Social

Any and all widows or widowers may attend

Third Monday evening at 5:30 pm

In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenues; cost varies as the choice is for a no-host buffet menu.

This is a public service to all widows and widowers and there is no charge to attend the social other than the meal they chose.

Sunday Support
 Any and all widows or widowers are invited

Every Sunday from 3:00 pm-5:00 pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm-5:00pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by WPAC. Participants do not need to be members and there is no charge.

'Touch of Health' Weekly Vitality Workshop

Classes begin Tuesday Evenings at 6:00 (Unless otherwise indicated)
 Open to Public at No Charge

November 9 PM Simple Steps to a Sugar Free Fam
 November 9 AM Essential Steps to a Vital Nervous System (AM Workshop)
 November 9 PM Simple Steps to a Sugar Free Family
 November 11/16 Toxic Foods: The Truth in What You Eat

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Patriots' Park Wall of Honor



Carmichael Recreation and Park District invites you to join us in Honoring Our Fallen Heroes

Saturday, November 6, 2010 at 10am
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Guest Speaker, Sacramento County Supervisor Susan Peters
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or visit us at www.carmichaelpark.com



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POPOFF!

with Mary Jane Popp

HOW COME THAT IDIOT'S RICH AND I'M NOT?

Have you ever asked that question, and not have an answer? Now you might! Because wealth accumulation thrives on unconventional tactics, Wall Street Journal Best-Selling author and multi-millionaire Robert Shemin says... "those who play it safe and follow the rules often find themselves trapped and in debt." That's why he explains why the average person's tendency to over-think can be financially crippling and reveals seven simple secrets for getting and keeping wealth in his book "How Come That Idiot's Rich and I'm not?" So here they are. Get ready to get rich:

- 1) The way to wealthy is simple. You have to own and/or create assets. You have to stop trading your hours

for dollars and start investing in your greatest asset—yourself. It's hard to think upside down because most people operate from a place of fear and scarcity. The rich idiot action is a good replacement for fear.

- 2) Start living your rich idiot life now. Living rich is a mind-set not a debt-to-income ratio. Most people in western countries are extremely wealthy by any international standard. A billionaire who doesn't enjoy anything or appreciate what they have is broke.

- 3) A few simple activities can start you on the road to becoming a rich idiot. Start a savings and investment program. To help you get comfortable with looking, feeling, and acting like a rich idiot, start a wealth wall. Be sure you hang this in a place you will see twice a day. This will serve as your wealth goals.

- 4) Tune out naysayers. When you are around a lot of unrich idiots and naysayers, they serve to increase your fear. So you need to tune out the negativity and turn up the positivity in your own mind and in your surroundings and circles.

- 5) Learn to eat and dress, and travel like a rich idiot before you're even rich. Most people pay full retail for things. Many rich idiots learn to

buy wholesale at big discounts so they can live, eat, dress, and travel like a rich person on a "not so rich" budget.

- 6) Trust your instincts, don't follow the rules. No one, including Robert ever does everything like they should. Even if you are just 60% or 70% on target, you will probably become very successful. It's the people who aren't doing anything that are not going to hit the target.

- 7) Use P.O.P (that's the Power of Other People). Rich idiots know they can't do everything alone. Recruit others to help turn your idea into a reality.

For many of us, the secret to wealth accumulation will come in unlearning all the things that have trapped us paycheck to paycheck. Wealth is time. In that spirit, Robert Shemin shows in a fresh myth-busting way, how to give back to those who have less. You can check out his website at www.getrichwithrobert.com. By the way, Robert was once considered the least likely to succeed. Now who has the last laugh?!!! Got it? Now get it!!!

Join Mary Jane for the KAHN Noon News Monday-Friday and then again for POPOFF 10 PM-Midnight.



Are You a Descendant of a Revolutionary War Patriot?

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Election Results 2010

Governor

| | |
|--------------------------|-----------------|
| Jerry Brown (Dem) | 3,951,607 votes |
| Meg Whitman (Rep) | 3,029,919 votes |
| Chelene Nightingale (AI) | 115,740 votes |
| Laura Wells (Grn) | 89,444 votes |
| Dale F. Ogden (Lib) | 106,970 votes |
| Carlos Alvarez (P&F) | 64,011 votes |

Controller

| | | |
|---------------------------|-----------------|-------|
| John Chiang (Dem) | 3,885,234 votes | 53.8% |
| Tony Strickland (Rep) | 2,567,731 votes | 41.2% |
| Lawrence G. Beliz (AI) | 112,957 votes | 1.6% |
| Ross D. Frankel (Grn) | 136,248 votes | 1.3% |
| Andrew "Andy" Favor (Lib) | 210,597 votes | 1.4% |
| Karen Martinez (P&F) | 150,246 votes | 0.8% |

Insurance Commissioner

| | | |
|------------------------------|-----------------|-------|
| Dave Jones (Dem) | 3,490,217 votes | 50.6% |
| Mike Villines (Rep) | 2,602,856 votes | 37.8% |
| Clay Pedersen (AI) | 146,648 votes | 2.1% |
| William Balderston (Grn) | 179,770 votes | 2.6% |
| Richard S. Bronstein (Lib) | 273,070 votes | 3.9% |
| Dina Josephine Padilla (P&F) | 210,370 votes | 3.0% |

Lieutenant Governor

| | |
|-----------------------------|-----------------|
| Gavin Newsom (Dem) | 3,580,206 votes |
| Abel Maldonado (Rep) | 2,812,582 votes |
| Jim King (AI) | 136,871 votes |
| James "Jimi" Castillo (Grn) | 114,957 votes |
| Pamela J. Brown (Lib) | 416,748 votes |
| C.T. Weber (P&F) | 83,696 votes |

Treasurer

| | | |
|--------------------------------|-----------------|-------|
| Bill Lockyer (Dem) | 3,974,590 votes | 50.2% |
| Mimi Walters (Rep) | 2,556,801 votes | 39.4% |
| Robert Lauten (AI) | 99,823 votes | 1.9% |
| Charles "Kit" Crittenden (Grn) | 162,991 votes | 1.6% |
| Edward M. Teyssier (Lib) | 156,936 votes | 5.8% |
| Debra L. Reiger (P&F) | 89,133 votes | 1.1% |

Superintendent of Public Instruction

| | | |
|---------------|-----------------|-------|
| Larry Aceves | 2,575,072 votes | 45.3% |
| Tom Torlakson | 3,097,041 votes | 54.7% |

U.S. Senate

| | | |
|-------------------------|-----------------|-------|
| Barbara Boxer (Dem) | 3,795,243 votes | 52.1% |
| Carly Fiorina (Rep) | 3,094,338 votes | 42.5% |
| Edward C. Noonan (AI) | 91,269 votes | 1.2% |
| Duane Roberts (Grn) | 90,010 votes | 1.2% |
| Gail K. Lightfoot (Lib) | 124,520 votes | 1.8% |
| Marsha Feinland (P&F) | 94,316 votes | 1.2% |

Secretary of State

| | |
|-----------------------|-----------------|
| Debra Bowen (Dem) | 3,732,145 votes |
| Damon Dunn (Rep) | 2,696,966 votes |
| Merton D. Short (AI) | 118,576 votes |
| Ann Menasche (Grn) | 201,095 votes |
| Christina Tobin (Lib) | 154,991 votes |
| Marylou Cabral (P&F) | 117,763 votes |

Attorney General

| | | |
|--------------------------|-----------------|-------|
| Kamala D. Harris (Dem) | 3,246,146 votes | 53.2% |
| Steve Cooley (Rep) | 3,215,104 votes | 38.5% |
| Diane Beall Templin (AI) | 121,827 votes | 1.6% |
| Peter Allen (Grn) | 182,141 votes | 2.9% |
| Timothy J. Hannan (Lib) | 176,597 votes | 2.2% |
| Robert J. Evans (P&F) | 114,353 votes | 1.6% |

State Ballot Measures - Statewide Results

| Proposition Title | Yes Votes | % | No Votes | % | No 23 Suspend Air Pollution Control Law (AB 32) | % | No 24 Repeal Allowance of Lower Business Tax Liability | % | No 25 Simple Majority Vote to Pass Budget | % | No 26 2/3 Vote for Some State/Local Fees | % | No 27 Eliminate State Redistricting Commission | % | | | | | | | | | | |
|---|-----------|-------|-----------|-------|---|-------|--|-------|---|-------|--|-------|--|-------|-----------|-------|-----------|-------|-----------|-------|-----------|-------|-----------|-------|
| No 19 Legalize Marijuana in CA, Regulate and Tax | 3,359,776 | 46.2% | 3,906,895 | 53.8% | 2,749,066 | 38.7% | 4,341,365 | 61.3% | 2,868,203 | 41.5% | 4,027,846 | 58.5% | 3,827,665 | 54.9% | 3,150,278 | 45.1% | 3,620,758 | 52.7% | 3,251,863 | 47.3% | 2,736,186 | 40.5% | 4,004,592 | 59.5% |
| Yes 20 Redistricting of Congressional Districts | 4,194,287 | 61.2% | 2,667,649 | 38.8% | | | | | | | | | | | | | | | | | | | | |
| No 21 State Park Funding. Vehicle License Surcharge. | 3,006,824 | 42.0% | 4,146,365 | 58.0% | | | | | | | | | | | | | | | | | | | | |
| Yes 22 Prohibit State From Taking Some Local Funds | 4,214,886 | 60.9% | 2,707,864 | 39.1% | | | | | | | | | | | | | | | | | | | | |

Special Primary Election State Senate District 1 - Districtwide Results

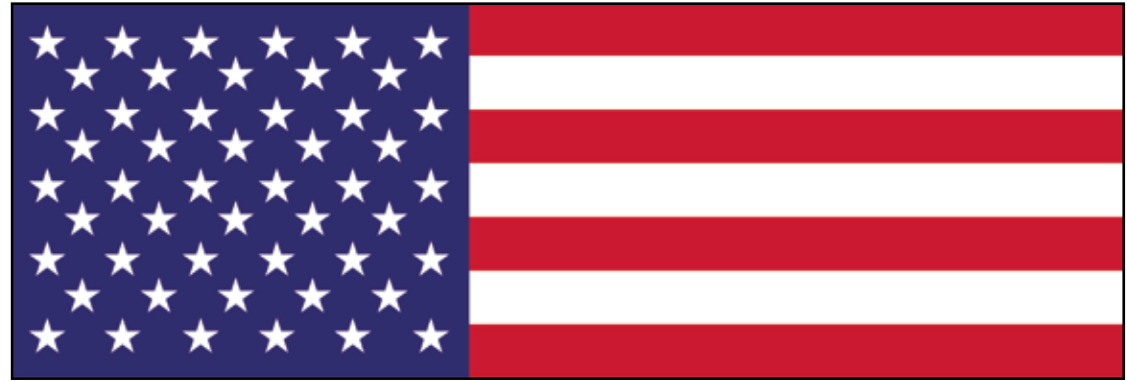
| | | |
|--------------------|--------------|-------|
| Ted Gaines (Rep) | 88,306 votes | 32.3% |
| Ken Cooley (Dem) | 83,281 votes | 30.5% |
| Barbara Alby (Rep) | 35,408 votes | 12.9% |
| Roger Niello (Rep) | 66,459 votes | 24.3% |

Supreme Court

| Justice Name | YesVotes | % | NoVotes | % |
|---|-----------|-------|-----------|-------|
| Yes Tani G. Cantil-Sakauye, Chief Justice | 3,513,238 | 66.9% | 1,741,615 | 33.1% |
| Yes Ming W. Chin, Associate Justice | 3,384,574 | 65.3% | 1,800,987 | 34.7% |
| Yes Carlos R. Moreno, Associate Justice | 3,493,236 | 67.6% | 1,681,694 | 32.4% |

State Assembly District 5 - Districtwide Results

| | | |
|--------------------------|--------------|-------|
| Richard Pan (Dem) | 56,386 votes | 49.1% |
| Andy Pugno (Rep) | 53,006 votes | 46.1% |
| Elizabeth Martinez (P&F) | 5,583 votes | 4.8% |



Sacramento County Results

| | VOTES | PERCENT | | VOTES | PERCENT |
|--|---------|---------|--|--------|---------|
| U.S. CONGRESS DISTRICT 3 | | | City of Rancho Cordova City Council | | |
| Ami Bera (Dem) | 81,532 | 42.7% | Vote for 2 | | |
| Dan Lungren (Rep) | 96,596 | 50.6% | (WITH 48 OF 48 PRECINCTS COUNTED) | | |
| Jerry L. Leidecker (AI) | 4,902 | 2.6% | LINDA BUDGE | 5,425 | 34.14 |
| Douglas Arthur Tuma (Lib) | 4,585 | 2.3% | DAN SKOGLUND | 4,285 | 26.96 |
| Mike Roskey (P&F) | 3,455 | 1.8% | WAYNE HART | 3,200 | 20.14 |
| | | | PAUL TASSINARI | 2,940 | 18.50 |
| STATE ASSEMBLY DISTRICT 10 | | | WRITE-IN | 42 | .26 |
| Alyson L. Huber (Dem) | 60,05 | 51.0% | Over Votes | 24 | |
| Jack Sieglock (Rep) | 51,235 | 43.5% | Under Votes | 8,582 | |
| Janice Marlae Bonser (Lib) | 4,017 | 3.4% | | | |
| | | | SMUD Director Ward 4 | | |
| Los Rios Comm College Governing Bd Mbr-Area 2 | | | Vote for 1 | | |
| Vote for 1 | | | (WITH 205 OF 205 PRECINCTS COUNTED) | | |
| (WITH 171 OF 171 PRECINCTS COUNTED) | | | GENEVIEVE SHIROMA | 28,510 | 65.37 |
| ROBERT G. JONES | 20,168 | 50.06 | KHANH TRAN | 14,957 | 34.29 |
| CHARLIE MASSEY | 20,006 | 49.66 | WRITE-IN | 147 | .34 |
| WRITE-IN | 116 | .29 | Over Votes | 7 | |
| Over Votes | 8 | | Under Votes | 15,895 | |
| Under Votes | 14,712 | | | | |
| | | | Sacramento Metro Fire Division 1 | | |
| San Juan Unif Sch Dist Gov Bd Mbr | | | Vote for 1 | | |
| Vote for 2 | | | (WITH 71 OF 71 PRECINCTS COUNTED) | | |
| (WITH 296 OF 296 PRECINCTS COUNTED) | | | GARY W. MONK | 7,527 | 69.45 |
| GREG PAULO | 36,182 | 43.34 | HANS PETER ENGELLENNER | 3,259 | 30.07 |
| LARRY MASUOKA | 30,956 | 37.08 | WRITE-IN | 52 | .48 |
| BRUCE WAHLQUIST | 16,091 | 19.27 | Over Votes | 3 | |
| WRITE-IN | 255 | .31 | Under Votes | 4,072 | |
| Over Votes | 16 | | | | |
| Under Vote | 95,898 | | Sacramento Metro Fire Division 9 | | |
| | | | Vote for 1 | | |
| Sheriff | | | (WITH 66 OF 66 PRECINCTS COUNTED) | | |
| Vote for 1 | | | DAVE PIERSON | 7,253 | 59.16 |
| (WITH 1158 OF 1158 PRECINCTS COUNTED) | | | GREGORY M. VALLEY | 2,921 | 23.83 |
| SCOTT JONES | 131,547 | 50.86 | WM. R. "BILL" WIRTH | 2,044 | 16.67 |
| JIM COOPER | 126,219 | 48.80 | WRITE-IN | 42 | .34 |
| WRITE-IN | 877 | .34 | Over Votes | 5 | |
| Over Votes | 80 | | Under Votes | 4,063 | |
| Under Votes | 46,580 | | | | |
| | | | Arden Park Rec and Park Director | | |
| City of Citrus Heights City Council | | | Vote for 3 | | |
| Vote for 3 | | | (WITH 7 OF 7 PRECINCTS COUNTED) | | |
| (WITH 58 OF 58 PRECINCTS COUNTED) | | | DIANE CARLIN | 949 | 31.70 |
| JEANNIE BRUNS | 9,013 | 22.43 | BILL ANDREWS | 865 | 28.89 |
| MEL TURNER | 8,426 | 20.97 | ROYCE MAKISHIMA | 659 | 22.01 |
| STEVE "SPARKY" MILLER | 7,527 | 18.73 | KURT ONETO | 514 | 17.17 |
| BRET DANIELS | 5,911 | 14.71 | WRITE-IN | 7 | .23 |
| JIM MONTETON | 4,271 | 10.63 | Over Votes | 0 | |
| CHARLES J. STONE | 1,834 | 4.56 | Under Votes | 3,132 | |
| DENNIS FRELICK | 1,706 | 4.25 | | | |
| KEVIN KIDDER | 892 | 2.22 | MEASURE D Proposed City of Arden Arcade | | |
| TERRAN BLUE CARTER | 537 | 1.34 | Vote for 1 | | |
| WRITE-IN | 65 | .16 | (WITH 82 OF 82 PRECINCTS COUNTED) | | |
| Over Votes | 30 | | No | 15,313 | 76.05 |
| Under Votes | 19,944 | | Yes/Si | 4,823 | 23.95 |
| | | | Over Votes | 4 | |
| | | | Under Votes | 1,089 | |

In 2009, Identity Theft Cost Americans Over \$54 Billion.

Source: Javelin Strategy & Research, "2010 Identity Fraud Survey Report," February 2010.

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Hazel Avenue Road Closure at American River Bridge Full Closure & Traffic Restrictions

Friday, November 5 (7 p.m.) to Monday, November 8 (6 a.m.)

When/Where: Starting Friday, November 5 at 7 p.m., there will be a full closure of Hazel Avenue at the American River Bridge between Gold Country Boulevard and Curragh Downs Drive. Information about the closure is as follows:

- The closure will impact all northbound and southbound traffic on Hazel Avenue including vehicles, pedestrians and bicycles.
- American River Parkway and bike trail access on the south side of the American River will not be affected by the closure. Access will continue to be provided across Hazel Avenue at the Gold Country Boulevard

intersection.

- Access from Hazel Avenue to the bike trail on the north side of the American River will be closed.
- Hazel Avenue and bike lanes and trails will be re-opened to the public at 6 a.m., Monday morning, November 8th.

Detour Routes: The public is advised to avoid this area during closure hours as there will be significant impacts to all roadway users. Detours will be in place to guide motorists around the construction area.

Bridge Construction: The full closure is needed as part of the Hazel Avenue Improvement Project, which

will widen the roadway from 4 to 6 lanes. Bridge widening work the weekend of November 5, requires that Hazel Avenue be closed to all traffic.

Closure Period: Sacramento County understands the challenges and inconvenience that commuters, residents, businesses, bicyclists and pedestrians will experience during the closure period and ask for the public's patience and cooperation as we work to complete this project.

Contact Information: If you have any additional questions, please contact Dan Regan at 916-874-7056 or regand@saccounty.net.



Marlys Norris, Christian author

By Marlys Norris

Like never before the Gospel is being preached throughout the world and many are accepting Christ and prophecy records the end of this age is near. After the Rapture of the church and before the second return of Jesus Christ on a white horse there will be one of the most glorious celebrations in heaven. "Blessed are those who are invited to the marriage supper of the Lamb. These are true words of God". (Revelations 19:9) Possibly the question for this day would be, "Are we ready to be translated to heaven for the most important celebration of our lives?"

Marriage Supper of the Lamb

(Revelations 19:7-9)

I picture Christ one day soon, anxiously waiting in the bridegroom's room for the bride (church) to be ready to join Him in marriage for this big celebration. He sits in a chair with His hands reverently folded in prayer for every one of us to not only look forward to this day, but to "be ready". Jesus Christ's garment will be fine white linen, bright and pure representing His righteousness that He imparts to those who believe and will join Him. As time passes, He is patient because He does not want one single soul to be left behind. The Holy Spirit is doing everything possible to draw people to Him.

His Father has given instructions to the servant angels for the seating table arrangements and the menu for the meal to be served. Some future scheduled day and hour will arrive and the door will be opened and the guests (church) will arrive. In the meantime the angel seamstresses

have been preparing glowing beautiful white linen robes for all the guests. The white robes to represent righteous deeds of the each saint's purity, holiness, honor and respect for the groom, Jesus Christ.

There are still only a few prophetic words of Scripture left to take place before this event becomes a believer's reality. Some of those left on earth will know about these prophetic words, but they never decided to get serious about reading God's Word or knowing God. Prophetically their "lot" is also recorded. God's Word is Truth and He wants you to be there and celebrate with Him. Choose God's Way before it is too late!

Marlys Johnsen Norris, Author
Marlys5934@sbcglobal.net
"Intimacy Begins Going God's Way"
"God Moves Mountains, It was a Miracle"

River City Quilters' Guild Presents Quilt Show – "Beautiful & Bold"

Sacramento – The River City Quilters' Guild is hosting their annual quilt show at the Scottish Rite Temple, 6151 H Street, Sacramento on November 19 through November 21. Times are Friday from 10 am to 8 pm, Saturday from 10 am to 6 pm and Sunday from 10 am to 4 pm. Admission is \$7 per day or \$12 for a two day pass. Children under the age of 12 are free if accompanied by an adult. The annual show offers quilters the opportunity to display their work to the public and gives the community a chance to see the new and exciting directions quilt making is taking, as new techniques, fabric and materials become available in the marketplace and are used in quilts.

The show will feature hundreds of beautiful quilts, including traditional, contemporary, and art quilts

and wearable art made by textile artists. Judging is conducted by the Elimination Method, with awards given in each category at the sole discretion of the judges who may select 1st, 2nd, 3rd and Honorable Mentions. Show attendees cast their votes in choosing the Viewer's Choice (Harriett Merriam Award). Other activities include vendors, country store, prizes, demonstrations, silent auction. Featured artist this year is Rami Kim, who specializes in wearable art and home décor. A highlight of the show is the annual Opportunity Quilt which is a fundraiser for the Guild. This year's Opportunity Quilt was made by the 2010 quilt show co-chairs using a block technique developed by Sylvia H. Einstein. Parking for the show is free and lunch is available on site by Ambrosia Café

& Catering.

Proceeds from this event will support the activities of the Guild which include promoting quilting and the use of textiles, within the Guild itself and with the community at large. The Guild contributes to the knowledge of quilting techniques, patterns, history, and quilt making by providing educational meetings, fun, and fellowship. Community service activities include making postcards for active military, making hundreds of quilts for pediatric patients in area hospitals and participating in other charitable quilt auctions.

For more information about River City Quilters' Guild and the 2010 quilt show visit the Guild website at www.rivercityquilters.org.

Thanksgiving and Christmas Food Baskets

Once again, the McClellan Chief's Group will be out in front of the Commissary on 20 Nov and 18 Dec collecting non-perishable food items and cash donations to support the Food Baskets Program to active

duty personnel who need assistance at this time of the year. In addition, we provide a \$75 Certificate for personnel to shop in the Commissary. In past years, the Commissary shoppers have been so generous in their

donations and we are grateful for your continued support.

If you have any questions, please contact CMSgt George Moses at 916-561-7507.

Arcade Creek Recreation and Park District Board Vacancy Recruitment

The Board of Directors of the Arcade Creek Recreation and Park District are asking for interested residents or property owners, of the district, to apply for a vacant

position on the Board of Directors. The successful candidate will begin their term on December 6, 2010 and serve for four years. The deadline to submit applications is November 12,

2010 at 5:00 p.m. Applications may be obtained on the district's website at: www.arcadecreekrecreation.com.

Call the park district at 482-8377 for additional information.

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Carmichael Times



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Military Veterans' Benefits Discussed at Free Sacramento Central Library Program

Sacramento – The Sacramento Public Library and the California Department of Consumer Affairs (DCA) will present free monthly programs on a range of financial, health-related, and legal topics. Take Charge California! @ Your Library presentations will be at 12 noon, on the first Wednesday of each month, in the West Meeting Room, at the Central Library, 828 I Street, Sacramento.

The November 3 program is Veterans: Get the Benefits You Deserve. Military veterans may learn how to take advantage of the benefits available. There are many resources and tools designed especially to help veterans. A Sacramento Public Library librarian will also be at the program to provide research tips. Reservations are not required, and light refreshments will be served.

The next Take Charge California! @ Your Library program scheduled at the Central Library is Have a Safe and Scam-free Holiday, at 12 noon, Wednesday, December 1.

For more information, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

Local Senior Full of Life at 100

Carmichael – On Saturday, November 6th, Atria El Camino Gardens resident Antonelle Decetis will celebrate her 100th birthday with friends, family and staff.

Antonelle was born on November 8th, 1910 in Pingree Idaho. She came to call Atria El Camino Gardens home in 2003 and has found a community. She has lived through 18 U.S. Presidents and the depression. She fondly remembers Sacramento as it has grown through the years. While working for the state, Governor

Ronald Reagan heard about her gardening and landscaping work and was very complimentary.

Antonelle says that the secret of life is to "make sure you get what is important to you. Otherwise you end up with what you don't want out of life." At Atria El Camino gardens, she has taken advantage of the community's diverse activities calendar. She especially loves to listen to the many live music performances as well as socializing with her fellow residents. "Antonelle is a sweetheart and

loves to share sweets with her many friends!" says Staci Weisz, Engage Life Director at Atria El Camino Gardens. "We encourage our residents to enjoy life and stay active, and she is a great example of living life to the fullest. Plus, she has great stories to tell!"

The birthday celebration will begin at 2 pm at Atria El Camino Gardens on Saturday, November 6th. Location: Atria El Camino Gardens is located at 2426 Garfield Ave in Carmichael, CA 95608.

Heartbroken Black Lab Lover

I really don't want to do it, but I must give up my two black labs to a loving home where they can have the TLC they deserve. I have recently had to move to a much smaller home and their yard is just too small for them both. They were used to my working from home and often came in to keep me company as I worked in my home office.



They are about three years old, male and female, brother and sister. They have never been apart, except

for a few vet visits. They must be taken as a pair.

In a perfect world they would go to someone who has a large yard or

ranch where they can run and express their enthusiasm, love and joy for their new owner. They would be adopted by someone who could give them attention everyday, and hopefully throughout the day. They have a lot of love to give.

I give them up because it will be a better life for them.

Not because they aren't loved, but because they are.

If you would like to know more contact me at 916-773-7337.

AARP Program Seeks Volunteers

AARP Tax-Aide, the nation's largest free, volunteer-run tax preparation and assistance service, is seeking volunteers in the Sacramento area to help older low and middle income taxpayers who seek assistance in filing their 2010 tax returns. This is an opportunity to learn new skills and provide valuable, fulfilling service to the community. AARP membership is not a requirement.

The program operates from February 1 through April 15, 2011, and requires a minimum commitment of service one day a week as well as taking a free tax training class in

January, 2011. Tax-Aide volunteers are reimbursed on a limited basis for qualified program-related expenses.

To volunteer access the AARP Web site www.aarp.org/tavolunteer8 and click on (and complete) the "AARP Tax-Aide Prospective Volunteer

Form," or call toll-free, 1-888-687-2277. December 15, 2010 is the application deadline.

AARP Tax-Aide is a program of the AARP Foundation, offered in conjunction with the IRS.

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Genealogical Association of Sacramento

The Genealogical Association of Sacramento will hold its regular monthly meeting Wednesday, November 17, 2010 at 1:00 P.M., at the Belle Coolege Library, 5600 S. Land Park Drive. James Rader will provide up-to-date information on DNA testing and its application to genealogy. All are welcome. There will be no meeting in December.

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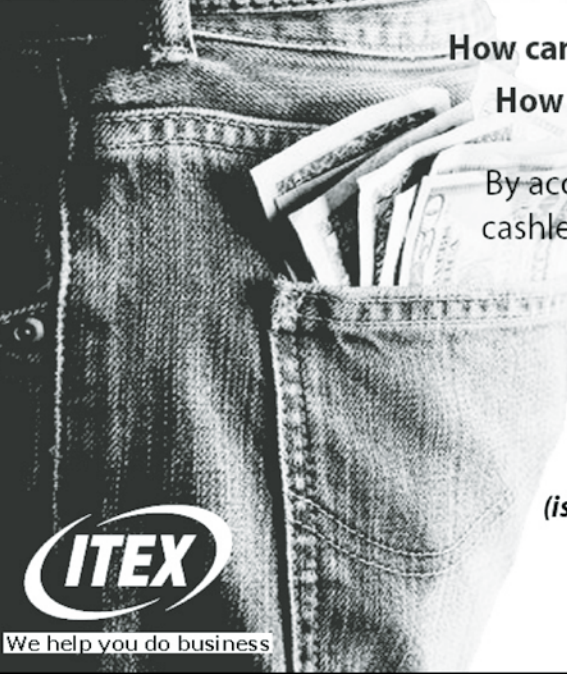
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Man Goes "TOAD-AL" at High School Reunion

BEXAR COUNTY – After using Thera-Gesic® on aching joints, Tom W. attended last Friday's reunion where, according to 5 amused and concerned classmates, he went TOAD-AL. He squatted, extended both arms to the ground, arched his back and did his best to hop numerous times while croaking.

When asked to explain his behavior, he painlessly replied, "None of your dang business!"

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SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00089068 WHEREAS, Jana Montoya Risley has filed a petition with this court for a decree changing name of Jana Montoya Risley to Jana Christine Wolf. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 19, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 8, 2010. Kevin R. Cuthane Judge of the Superior Court Publish: October 13, 20, 27, Nov. 3, 2010. KJKLAW 01002 11-3-10

FICTITIOUS BUSINESS NAME STATEMENT #1009106. Freight Connections, Inc., 6151 Fair Oaks Blvd. #110, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Freight Connections" at 6151 Fair Oaks Blvd. #110, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Oct. 14, 2010. Publish: October 27, Nov. 3, 10, 17, 2010. FREIGH 01004 11-17-10

FICTITIOUS BUSINESS NAME STATEMENT #1008921. Michael Keyashian, 801 Bussing Ct., Folsom, CA 95630 is doing business under the Fictitious Business Name "Multiple Products" at 801 Bussing St., Folsom, CA 95630. Filed with the Clerk of Sacramento County on Oct. 8, 2010. Publish: October 27, Nov. 3, 10, 17, 2010. MULTIP 01004 11-17-10

FICTITIOUS BUSINESS NAME STATEMENT #1009205. Charles S. Ernst, 8835 Swallow Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Bucket & Brush Window Cleaning" at 8835 Swallow Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Oct. 18, 2010. Publish: October 27, Nov. 3, 10, 17, 2010. BUCKET 01004 11-17-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-0008972 WHEREAS, Jerry C.C. Brinson has filed a petition with this court for a decree changing name of Jerry C.C. Brinson to Jerry Clever Turner. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 30, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 19, 2010. Kevin R. Cuthane Judge of the Superior Court Publish: October 27, Nov. 3, 10, 17, 2010. TURNER 01004 11-17-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00089635 WHEREAS, Shing Chung Anzai has filed a petition with this court for a decree changing name of Shing Chung Anzai to Shing Chen Chung. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Nov. 30, 2010 in Dept. 54, located at 800 9th

St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 18, 2010. Shelleyanne W.L. Chang Judge of the Superior Court Publish: October 27, Nov. 3, 10, 17, 2010. CHUNG 01004 11-17-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00090467 WHEREAS, Manuel James Gill has filed a petition with this court for a decree changing name of Manuel James Gill to Manuel James Pascal. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 9, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change

of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 28, 2010. Shelleyanne W.L. Chang Judge of the Superior Court Publish: October Nov. 3, 10, 17, 24, 2010. GILL 01004 11-24-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO SUMMONS CASE #09FL08347 NOTICE TO RESPONDENT: MEDO BUDDY SHUKRY You are being sued. PETITIONER'S NAME IS: LINH QUE TRAN You have 30 Calendar Days after this Summons and Petition are served on you to file a typewritten response (form FL-120 or FL-123) at this court and have a copy served on the petitioner. A letter or phone call will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and

custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form. If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services web site (www.lawhelpcalifornia.org), or by contacting your local County Bar Association. The name and address of the court is: Superior Court of California, County of Sacramento, 3341 Power Inn Rd., Sacramento, CA 95826. The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: Linh Que Tran, petitioner in pro per; 1861 Dawnelle Way, Sacramento, CA 95835; 916-928-0646. Dated: Dec. 3, 2009. Publish: October Nov. 3, 10, 17, 24, 2010. SUPCAL 01101 11-24-10



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| <p>OPEN YOUR HEART</p> <p>OPEN YOUR HEART AND HOME Step up to the challenge! Have experience working with developmentally disabled adults and/or challenging behaviors? Have an extra bedroom? Competitive stipend MAKE A DIFFERENCE! For More Information: (916) 383-9785 ext. 15</p> | <p>ALTERATIONS</p> <p>ALTERATIONS by Patina SPECIALIZING IN BRIDAL & FORMAL 11082 Coloma Rd., Suite 7 Coloma Village Shopping Ctr. • Rancho Cordova (916) 853-1078 WWW.ALTERATIONSBYP.PATINA.COM</p> | <p>FINANCING</p> <p>Private Money Financing Hard Money Loans Loans up to 65% LTV NO UPFRONT LOAN FEES Owner Occupied, Investments, Commercial, Industrial. Bad Credit, BK, Foreclosure OK! Equity is the main consideration. Equitable Mortgage 877-665-1414 x101 530-886-1414 X101 www.GoEquitable.com</p> | <p>INVESTMENTS</p> <p>Trust Deed Investments Earn 10%+ on your money 1st Position, 60% LTV or less Private individuals, corporations, pension plans, 401Ks, IRAs, SEP accounts. CALL TODAY! Equitable Mortgage 877-665-1414 x101 530-886-1414 X101 www.GoEquitable.com</p> | |



Holiday Craft Faire

Saturday November 6, 2010
9am-3pm
FREE Admission!

MISSION OAKS COMMUNITY CENTER

Extended Tours

- **South Pacific Wonders**
February 14-28, 2011 • \$4,699 pp double
- **The Heart of Texas**
March 13-21, 2011 • \$2,249 pp double
- **Mackinac Island**
May 6-14, 2011 • \$2,699 pp double

Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to www.morpd.com.

Luxury Motorcoach

- **San Francisco Shopping Tour**
Saturday, November 6, 2010 • \$50/person
Macy's Savings Pass & VIP Pass for Westfield Mall.
- **Spirit of Christmas**
Musical Celebration starring Merrill Osmond
Dec 7-8, 2010 • \$175 pp double
- **The Price is Right/Let's make a Deal**
Trip to Hollywood with extras!
January 11-14, 2011 • \$699 pp double



Free Travel Show
10am, Monday, November 8

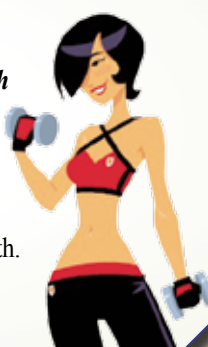
NEW FALL FITNESS CLASSES AND NEW INSTRUCTORS AT MISSION OAKS COMMUNITY CENTER

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Excellent beginner workout! Try first class free!
Tuesday and Thursday 2-3pm • \$20/month
Instructor: Becky Foley
Maintain your independence with these easy exercises that will increase your mobility and focus on balance, flexibility, strength and range of motion using free weights and bands provided.
Introductory Special \$12/month for November.

Evening Yoga

Thursday 7-8pm • \$20/month
Try first class free!
Great Class for both men and women!
Yoga for flexibility, stress release and core strength.
Instructor: Peggy Shepard



MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am-5 pm

Registration Hours:

8:30am-4pm Monday-Friday

www.morpd.com

DISTRICT OFFICE
(916) 488-2810 • Fax (916) 488-4349
3344 Mission Ave., Carmichael CA 95608

MISSION OAKS COMMUNITY CENTER
(916) 972-0336 • Fax (916) 972-7371
4701 Gibbons Dr., Carmichael CA 95608

SWANSTON COMMUNITY CENTER
(916) 333-6464 • Fax (916) 488-4349
2350 Northrop Ave., Carmichael CA 95825



Sacramento Public Library Events

History books discussed at Carmichael Library monthly meetings

Carmichael Library History Book Club mixes fact and fiction for a clearer picture of what has happened in world history. The adult book club meets at 6:30 p.m., on the first Tuesday of each month, at Carmichael Library, 5605 Marconi Avenue, Carmichael.

Attendees are encouraged to bring snacks to share with other book club members. For more information on the following book discussions, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

- December 7: The Bridges at Toko-ri, by James Michener
- January 4: The Things They Carried, by Tim O'Brien
- February 1: The Worst Hard Time, by Timothy Egan
- March 1: In the Valley of the Kings, by Daniel Meyerson
- April 5: The Great Mortality, by John Kelly
- May 3: The Big Burn, by Timothy Egan

Preschool Storytime

Thu, Nov 4 10:15-11:00
Preschool Storytime (3-5yrs)
Join Miss Angela for 30 minutes of stories, fingerplays, music, and more. Lots of fun for kids 3-5!

Toddler Storytime

Thursday, November 4, 11:15-11:45
Toddler Storytime (1.5-3yrs)
Toddle on over to the Carmichael Library for 20

minutes of short stories, easy fingerplays, and songs. The goal is to have fun with stories, words, and each other.

Carmichael Library Book Sale


November 6, Saturday, 10:30 a.m. to 10:30 a.m.
Book Sale
Find books and movies at basement bargain prices the first weekend of the month at Carmichael Library. Stuff for both kids and adults. Sponsored by the Friends of the Carmichael Library. Hours: Saturday 10:30-5pm Sunday 11-4pm. No sale in January.

Read to Rover

November 9, Tuesday, 3:30 p.m. to 4:30 p.m.
School-Age Program
Specially trained therapy dogs are waiting for children to come read to them. For kids ages 5 to 10 years old. Earn stickers for the time spent reading and earn a book too!

Yu-Gi-Oh Tournament

November 10, Wednesday, 3:30 p.m. to 4:30 p.m.
Teen Program
Join other Yu-Gi-Oh enthusiasts for a card tournament. Bring your own deck or a willingness to learn. Beginners welcome. Prizes

Carmichael Chamber of Commerce

Carmichael Chamber Monthly Luncheon

On the 4th Tuesday of each month, the Carmichael Chamber holds a luncheon where members can network, hear from a guest speaker and learn what's happening in the Carmichael Chamber and the community in general.

Dog Park Master Plan

The Carmichael Recreation and Park District has scheduled three workshops to help create a Master Plan for the Carmichael Dog Park. The plan will identify needs and create ideas that will chart a course of action for the District to follow. Ideas and suggestions are welcome. The meetings will be held at the Carmichael Park Clubhouse, 5750 Grant Avenue on Tuesday, October 12, or Tuesday, November 16 from 6 - 8 pm. For further information, contact Lee Ann Yarber at 916-485-5322, ext. 24 or LeeAnn@carmichaelpark.com.

Carmichael Chamber Mixer

S.T.E.P.
Food, drinks and plenty of networking
Bring a raffle prize and plenty of business cards
For more info, contact Linda Melody at 916-481-1002

Carmichael Chamber Luncheon

When: Wed Nov 10 5:30pm - 7:30pm
Where: Strategies to Empower People (S.T.E.P.)
5945 Palm Dr, Carmichael 95608 (map)

Carmichael Chamber Luncheon

Chamber General Meeting & Luncheon
Guest speaker is Carl Simpson, Chief Code Enforcement Officer for Sacramento County discussing zoning issues and the homeless in Carmichael

\$15 members/\$20 non-members
Call 481-1002 or linda@carmichaelchamber.com for reservations by Nov. 11

When: Tue Nov 16 11:30am - 1pm
Where: Cypress Avenue Baptist Church Education Building, 5709 Cypress Avenue, Carmichael, 95608

Carmichael Chamber Mixer

Christmas mixer hosted by the Carmichael Chamber. Cookie exchange, FREE food and drink. Bring a raffle prize and plenty of business cards. For more info, contact Linda Melody at 916-481-1002

When: Wed, December 8, 5:30pm - 7:30pm
Where: TBA

Carmichael Chamber Luncheon

Chamber General Meeting & Luncheon. This is a Business to Business Luncheon. Chamber businesses have a free table at the luncheon and an opportunity at the mic to share about their business. \$15 members/\$20 non-members. Make your reservations by Dec. 16 to 481-1002 or linda@carmichaelchamber.com.

When: Tue, December 21, 11:30am - 1:00pm
Where: Cypress Avenue Baptist Church Education Building, 5709 Cypress Avenue, Carmichael, 95608

Contact us for more information on the Carmichael Chamber of Commerce
Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com



Sacramento Choral Society and Orchestra

Donald Kendrick, Music Director

2010 | 2011 Season

SACRAMENTO STAINED GLASS CONCERT
Cathedral Vespers

Cathedral of the Blessed Sacrament
Saturday, October 30 at 8:00 PM

Mozart | *Vesperae Solennes de Confessore*
Allegri | *Miserere Mei Deus*
Rachmaninoff | *All Night Vigil* (excerpts)
Stanford | *Magnificat in C Major*
Guest Chorus: Sacramento State University Chorus
Stephen Janzen, Organist

General Seating | Purchase tickets online | SACRAMENTOCHORAL.COM
Or call SCSO office | 916.536-9065

MONDAVI CENTER CONCERTS, UC DAVIS

Home for the Holidays

Saturday, Dec 11 at 8:00 pm
Sunday, Dec 12 at 2:00 pm

Verdi Requiem

Saturday, March 19 at 8:00 pm

Karen Slack, Soprano
Julie Simson, Mezzo
Bjorn Arvidsson, Tenor
Clayton Brainerd, Bass

Easy To Love

Saturday, April 30 at 8:00 pm

Christi Amonson, Soprano
Kristin Dauphinais, Mezzo
Tevye Ditter, Tenor
Ian Greenlaw, Baritone

Pre-concert talk 7:15 PM

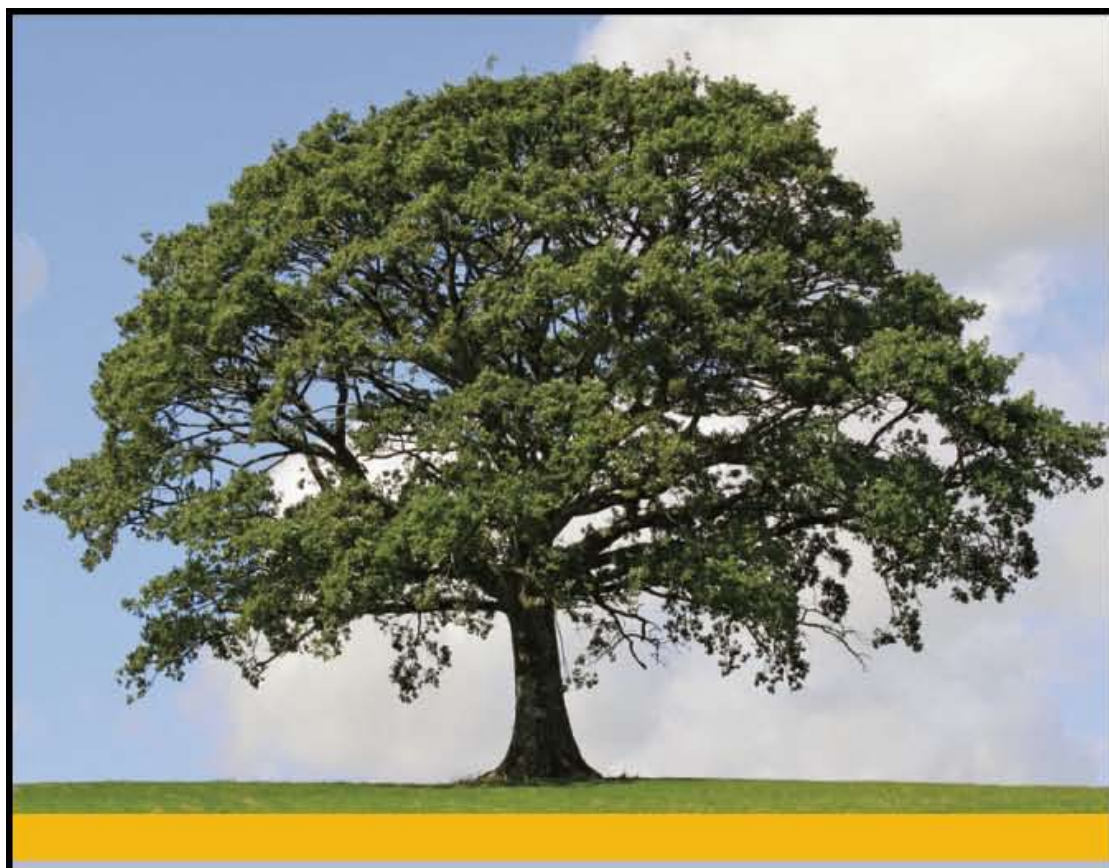
Fr. Steven Avella, dynamic Professor of History at Marquette University, author of *The Diocese of Sacramento: A Journey of Faith and Sacramento: Indomitable City*

Since the opening of the Mondavi Center, the SCSO has brought innovative and entertaining concerts to large and enthusiastic audiences. This season continues that tradition of excellence with a sparkling new Christmas concert with audience sing-along, the dramatic and sublime *Verdi Requiem*, and a new Pops concert saluting some of the greatest songs from the lights of Broadway. We look forward to welcoming you to our 15th Season.

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SACRAMENTOCHORAL.COM



Carmichael Times
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916-944-2323 office
www.carmichaeloaks.com



LIC# 347003685

Citrus Heights Scholarship Pageant

- ❖ Miss entrants must be at least 16 to the age of 27.
- ❖ Teen entrants must be at least 13 to the age of 16.
- ❖ Entrants must be single; never been married nor a parent.
- ❖ Entrants must be of good physical health and good moral character.
- ❖ Mrs. / Ms. Entrants must be at least 18 years of age.



Also includes:
City Ambassador Pageant

This pageant entry fee is 25 non-perishable food items and or school supplies for needing families in our communities.

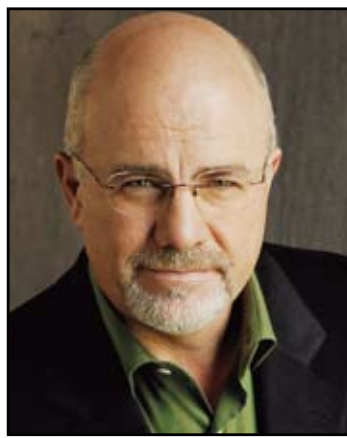
Children 2 12 years Girls / women 13 up

November 12th
to be held at Rusch Park Citrus Heights
Director: Mary Purvis, 721-3824

Carmichael Times



CALL 773-1111
TO ADVERTISE



Dave Says

Dear Pat,

In a sense, you're going to be laid off in a few months. I think it would be wise to prepare for that in advance.

Just paying the minimum payments on your debt for now, and saving up three to six months of expenses, would be one way to plan for that event. However, the day you get your next contract, I want you to take that emergency fund back down to \$1,000, because you'll have gotten your stability back at that point. The good news is that you have a little while to be looking for another contract. That's a luxury not many people have when they lose a job.

After you bring your emergency fund back down, I want you in attack mode on the debt snowball. Every extra dime you can find needs to go to paying off debt. Sell some things if you have to, but get out from under that debt as soon as you can!

- Dave

Credit Report Questions

Dear Dave,

I requested a copy of my credit report, and noticed there have been several instances where companies

have asked for a copy of my report. I was under the impression that this could only be done if you were applying for credit.

- Lynn

Dear Lynn,

Under the Federal Fair Credit Reporting Act anyone with a valid business reason can check your report with, or without, your permission. Some employment applications even state they will be pulling a copy of your report as part of their screening process.

It sounds to me like you've gotten a bunch of marketing inquiries. That why your mailbox - like most - is full of unsolicited credit card and home equity loan offers.

But here's the good news. You can put a block on your bureau for unsolicited marketing inquiries. This prevents companies from searching your bureau for the sole purpose of offering credit you didn't request!

- Dave

For more financial help please visit daveramsey.com.



We are Looking for Veterans to Join Our Post VFW POST 2324 Carmichael.

Are you a veteran from WW2, Korean War, Vietnam War, Desert Storm, Iraq, Afghanistan War? If you been honorably discharged and have a current DD214, Please Contact The Post Commander Edward B. Holm. PH (916)722-9603 or Post Quartermaster Steven H. Rambo PH (916) 847-5496.

On the 2nd Sunday of each month VFW Post 2324 hold a Pancake Breakfast from 7:30 am to 12:00 pm in the back of Carmichael Park 5750 Grant Avenue. Price \$5.00 for Adults and only \$3.00 for Children. Come One Come All!



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Your Monthly Message from the Sacramento Metro Fire District

By Christian Pebbles, Sac Metro Fire Captain

Fall is here and the season is changing. That means a decrease in temperatures and an increase in fireplace usage. Before you fire up your wood stoves or fireplaces have a professional clean and evaluate them. An evaluation of your chimney is a cheap investment, considering the alternative which is a fire. This should be done annually and also gives us piece of mind.

As architectural styles and features of residential homes have changed throughout the years, the fireplace remains a desirable amenity. In days gone by, the fireplace served as the primary source of heating and cooking for the home. With the invention of more efficient central heating systems and cooking stoves, the role of the fireplace has shifted into a secondary heating source, as well as providing a central gathering place for family and friends.

More than one-third of Americans use fireplaces, wood stoves and other fuel-fired appliances as primary heat sources in their homes. Unfortunately, many people are unaware of the fire risks of heating with wood and solid fuels. Heating fires account for 36

percent of residential home fires in rural areas every year. All home heating systems, including fireplaces and wood stoves, require regular maintenance to function safely and efficiently.

This year thousands of home fires will be started by fireplaces. Major causes of these fires include overloading the fire, damage to the fireplace such as missing bricks, obstructed flues, ignition of nearby combustibles, and dirty fireplaces flues built up with creosote.

Below are some safety tips that should be followed to prevent a fire at your home and assure your family enjoys the fall and winter without a tragedy.

Safety Tips:

Fireplace and Wood Stove Safety

- Have your chimney or wood stove inspected and cleaned annually by a certified chimney specialist.
- Clear the area around the hearth of debris, decorations and flammable materials.
- Make sure that the flue damper is open.
- Always use a metal-mesh screen with fireplaces.
- Leave glass doors open while burning a fire.
- Keep air inlets on wood stoves open and never restrict air supply to fireplaces. Doing otherwise can cause creosote buildup.
- Fire-resistant materials should

be installed on walls around wood stoves.

Burning fuels safely

- Never use flammable liquids to start a fire.
- Use only seasoned hardwood. Soft, moist wood accelerates creosote buildup.
- Build small fires that burn completely and produce less smoke.
- Never burn cardboard boxes, trash or debris.
- When building a fire, place logs at the rear of the fireplace on a supporting grate.
- Never leave a fire in the fireplace unattended. Extinguish the fire before going to bed or leaving the house.
- Soak hot ashes in water and place them in a metal container outside your home.

Protecting your home's exterior

- Stack firewood at least 30 feet away from your home.
- Keep the roof clear of debris like leaves and pine needles.
- Cover chimney top with a mesh screen spark arrester.
- Remove branches hanging above chimney, flues or vents.

Protecting your home's interior

- Install smoke alarms on every level of your home. Test them monthly and change batteries when you set your clocks for daylight savings.
- If gas logs are installed in the fireplace, a carbon monoxide detector should be installed in the home.



28th Annual Alzheimer's Aid Society Caregiver's Conference
Saturday, November 6, 2010
Jesuit High School, Carmichael, CA
8:AM-3:00PM

Keynote speaker: David Troxel, M.P.H., is known worldwide for his writings in the field of Alzheimer's and long-term care. Along with Virginia Bell and others, he established a statewide network of support groups and services in Kentucky for patients and caregivers.

Break-out sessions include:

- A session in Spanish with Lilia Mendoza, Founder of Alzheimer's of Mexico.
- Legal issues
- Hospice care
- Planning your final arrangements
- How to speak Alzheimer's
- Dining for dementia

Cost is \$30 in advance, \$35 at door. We are offering CEU units through the Gerontology Department at American River College.

For more information, please go to our website for complete details and to register as well.

www.alzheimersaidsociety.org
 2641 Cottage Way #4, Sacramento, CA 95825
 (916) 483-2002 • E-mail: info@alzheimersaidsociety.org



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International Studies is a humanities-based interdisciplinary program that centers on preparing a wide range of students to enter 4-year universities upon graduation.

To learn more about the IS and IB programs, please come to our information night and visitation days.

Parent Information Night

MYP/IB Parent information night is scheduled for:

November 4th, 2010, 7:00 p.m.

4000 Edison Avenue
Sacramento, CA 95821
Mira Loma Gymnasium

School Visitation Schedule:

Nov. 16th and Dec. 14th, 8:00 a.m. to 11:00 a.m.

For more information on MYP/IB, please contact
Jeannine Hall, 916-971-7488 or jhall@sanjuan.edu

For more information on IS, please contact
Steve Cox, 916-971-7465 or stcox@sanjuan.edu

Also view our school webpage at
<http://www.sanjuan.edu/Miraloma.cfm>



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- Middle Years Program (MYP)