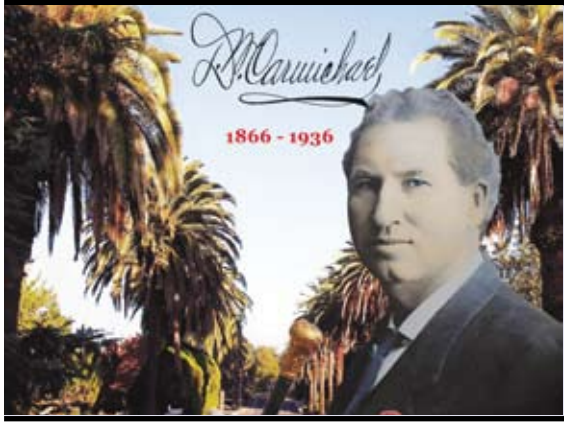


# Carmichael Times



**"A Little History"**  
lecture by local historian  
offered at Carmichael Park  
Community Clubhouse

Page 2



**Huber Legislation**  
to Streamline Govt.  
Signed by Governor

Page 10

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Volume 30 Issue 41

Serving Carmichael and Sacramento County since 1981

October 13, 2010

## Birds of a Feather

\$60,000 Family Donation Aids Nature Center in Nature Heroine's Name



Carmichael's George Smith (second from left) and his family trust recently honored the late Jo Glasson Smith with a \$60,000 donation to the Effie Yeaw Nature Center. Pictured with Smith are daughters Susie and Cindra, ARNHA president Larry Washington center staffer Betty Cooper and Director Marilee Flannery. The owl is facility resident Luna. Photos by Susan Maxwell Skinner.

By Susan Maxwell Skinner

**Carmichael** - The family of ARNHA co-founder Jo Glasson Smith has honored its late matriarch with a \$60,000 gift to the non-profit she loved: the Effie Yeaw Nature Center.

Stripped of funding after recent County budget cuts, the beleaguered center applauded the godsend. Said Development Director Betty Cooper: "It's a fantastic gesture at the time of our greatest need. We now depend completely on the generosity of the community."

Now administered by the non-profit American River Natural History Association, the center is not yet out of the woods. But the Smith family's donation proves that good Samaritans - with compassion for thousands of animals that the habitat and the adjacent river parkway protect - continue to wander its trails.

Popular environmentalist Jo Glasson Smith died over a year ago. A companion to Effie Yeaw, the Carmichael woman long ago helped develop the preserve named for her famous friend. To protect local waterways, Glasson Smith founded the Sacramento Urban Creeks Council. She is also immortalized by the Jo Smith Nature Trail on Arcade Creek. The naturalist was a

skilled artist, remembered for animal drawings that illustrated many nature articles and books with exquisite portraits of the creatures she loved.



**Illustrator and environmental heroine Jo Smith pictured at the preserve, which was considered her second home.**

A curious coyote is among drawings in a book of Jo Glasson Smith's animal studies and essays by Peter J. Hayes. It is available at the Effie Yeaw gift shop for \$9.95. Proceeds benefit the Nature Center.

A nature lover from the years when the Effie Yeaw Preserve was still Deterding Woods, Jo Smith was among the volunteers called 'Effie's girls.' Said husband George Smith: "Jo loved animals and birds. She enjoyed

taking children around the trails." Retired highway engineer Smith (86) said the area was a huge part of his wife's life. "She was determined to take care of it; so is her family. We are glad to donate in her name. Her children and I consider Jo the greatest environmentalist in Sacramento County."

Added Nature Center director Marilee Flannery: "Jo left a legacy of vital work and important publications. These encourage everyone to enjoy and take care of the outdoor world. All who benefit from clean creeks and

the American River Parkway have her to thank."

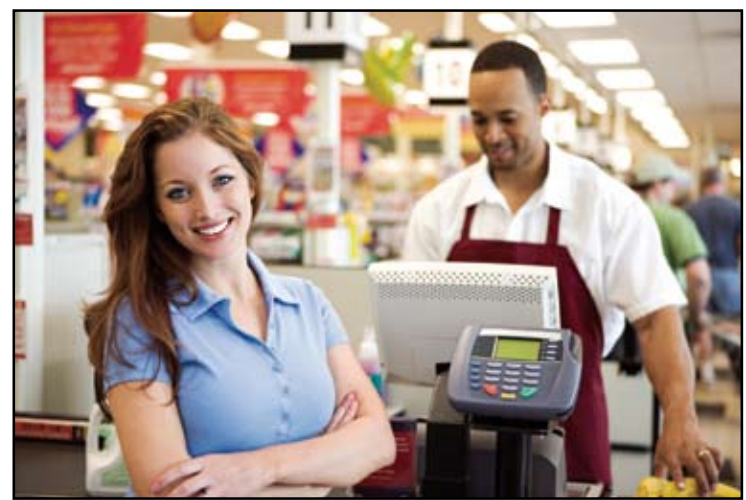
Footnote: Luna, the barn owl pictured with George Smith and friends resides in an Effie Yeaw habitat. Handicapped as a fledgling, she has been one of the center's most admired tenants for 13 years. The elegant educator is among a dozen animals that assist in Effie Yeaw educational programs. Feeding these disabled ambassadors costs over \$250 per month. Donations for their keep are welcome. For information on helping or volunteering, call (916) 489-4918.



**DRAWINGS BY JO GLASSON SMITH**  
1925-2008

**A curious coyote is among drawings in a book of Jo Glasson Smith's animal studies and essays by Peter J. Hayes. It is available at the Effie Yeaw gift shop for \$9.95. Proceeds benefit the Nature Center.**

## Job Demand & Hiring Trends Looking Up for Companies in 2010



**Sacramento Region** - More Sacramento regional employers will be hiring in the next three months than during this same period last year. Fifty-eight percent (58%) of 100 top companies report they will seek workers in October, November and December of 2010, an increase of six percent (6%) over the Fourth Quarter of 2009. While more regional companies are hiring in the latest quarterly poll of employers by Pacific Staffing, thirty-seven percent (37%) say they are motivated to hire only for replacements in their existing workforce.

As Sacramento regional employers regain market traction and new orders, hiring for growth has also grown by a small percentage over 4th Quarter last year. Twenty-seven percent (27%) of companies polled directly by telephone, or two percent (2%) more than in 2009, say they will increase their workforce in the next three months. Seven percent (7%) of hiring is attributed to seasonal demand.

These incremental increases in regional hiring and planned growth are tempered by the continuing problems noted in some specific industry areas. Seven of ten Construction-oriented companies report they are not hiring

anyone in October, November or December. One regional Manufacturer reports they will be laying-off ninety-eight percent (98%) of their workforce in the 4th Quarter.

For those seeking employment among the area's top companies customer service/sales, manufacturing and industry specific technical skills are in high demand in the next Quarter. Experience with software specific to manufacturing, construction estimating and computer assisted design (CAD) were noted. Sacramento employers are also seeking workers with experience in product assembly, warehouse and shipping over the next three months.

The top challenge ahead for HR pros in the area is concern about how to manage changes in healthcare benefits and costs relating to new laws. Twenty-two percent (22%) of companies polled report concern over healthcare reform, increasing costs and management of company benefit programs.

*How does this Quarter compare to last quarter, or last year? Find out for yourself, for more information & surveys go to [www.pacificstaffing.com](http://www.pacificstaffing.com).*

## Times and eVoter Offer Election Information

**Carmichael** - The Carmichael Times and eVoter ([www.evoter.com](http://www.evoter.com)) are offering a partnership that connects local area voters to polling place locations, election information, candidate profiles and endorsements prior to Election Day on November 2nd.

eVoter is a non-partisan website that allows voters to directly interact with candidates and access accurate, up-to-date information to make informed decisions on Election Day. From statewide races to local county and municipal races, eVoter provides voters with a list of every candidate on their ballot.

The Carmichael Times has launched an online service that directs voters to their personalized sample ballot information, powered by eVoter, at [www.CarmichaelTimes.com](http://www.CarmichaelTimes.com)

eVoter allows voters to locate their polling place, generate and print a customized sample ballot, after reviewing candidate profiles and organizational endorsements. Candidates can reach these motivated voters who are actively looking for information. Visit [CarmichaelTimes.com](http://CarmichaelTimes.com) and click on "Visit eVoter.com" in the eVoter search box or call (866) 976-0555.

## Lungren Helps Secure \$21 million Grant for Sac County Sheriffs

**Gold River** - Congressman and former California Attorney General Dan Lungren (R-Gold River) recently received news that Sacramento County will be receiving a \$21.3 million dollar COPS (Community Oriented Policing Services) grant, enabling the county sheriff to rehire 50 deputies previously laid off.

Sheriff John McGinness and Congressman Lungren spent a lot of time going over strategies to

elicit federal funding to ease the impact on staffing. McGinness already had submitted requests for COPS funding and been denied. But the request had been made before the unanticipated 2009 budget shortfalls and subsequent layoffs.

The Sacramento County Sheriff's Department had been forced to lay off more than 300 deputies and slash critical public safety services due to the cuts.

In October of 2009, Lungren wrote an impassioned letter to U.S. Attorney General Eric Holder requesting that Sacramento County be allowed to rewrite its COPS funding application. In a statement he issued at the time he said:

"I have not seen cuts to a public safety department of this magnitude. We're talking about 333 full-time positions eliminated, aerial support grounded, SWAT teams cut and

K-9 units shut down," Lungren argued at the time. "Yet, if the Department of Justice does not allow for the Sheriff's Department to amend their application to reflect these changes, their application will reflect false levels of service that date back to April of this year before all of these cuts were made."

Lungren thanked U.S. Attorney General Holder for allowing that rewritten application because it has

resulted in the \$21.3 million COPS funding award for Sacramento County. The grant was the largest delivered to any law enforcement agency in any state and will translate immediately to returning 50 law enforcement deputies on the streets of Sacramento.

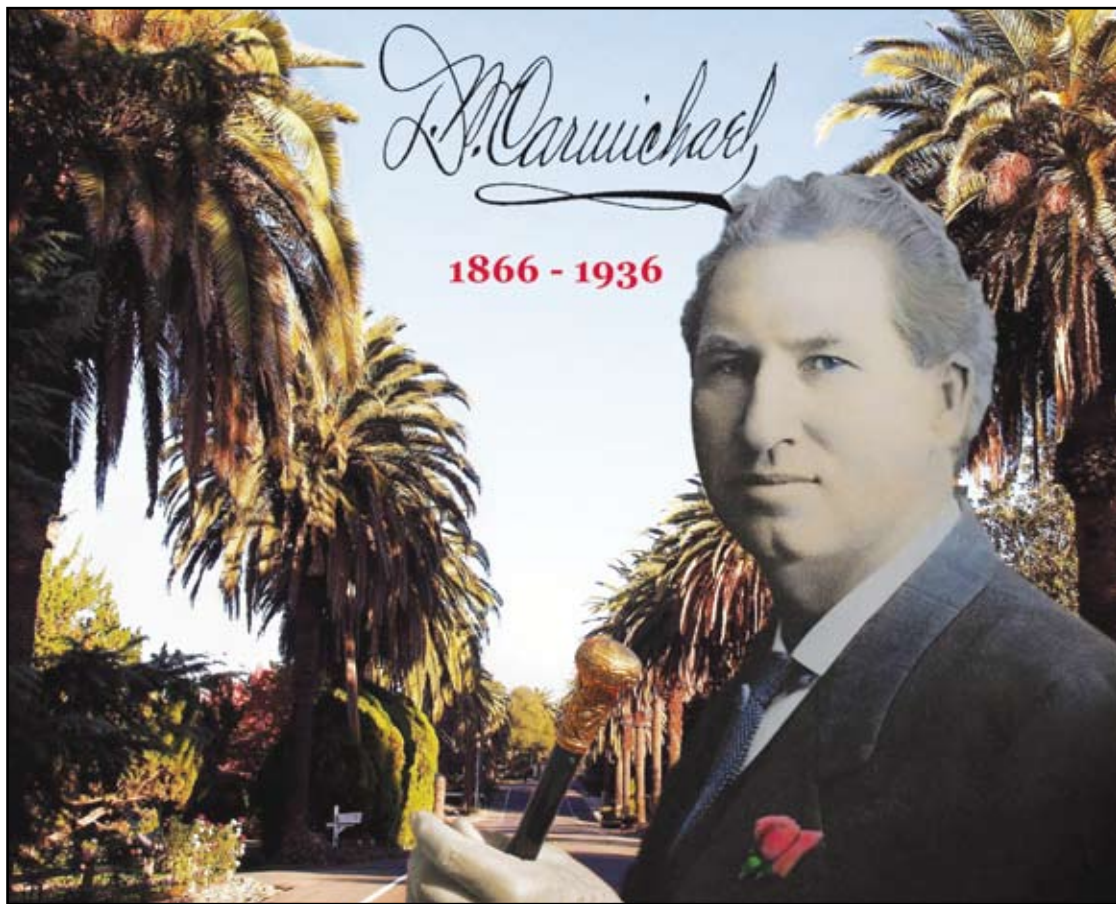
"I am pleased Attorney General Holder gave Sacramento County another chance on this grant application," said Lungren. "Beyond

the letter, my staff and I worked long and hard to guide and defend the rewritten application every step of the way. I am just delighted for the residents of the county that we were successful in this process."

Congressman Dan Lungren serves as Ranking Member on the House Administration Committee in addition to serving on the Judiciary and Homeland Security Committees



# A Little History for You



**Daniel Carmichael, circa 1909. The former oilman and Sacramento business giant purchased part of the San Juan land grant to establish a colony in his name. Susan Maxwell Skinner's composite image shows him on historic Palm Drive, Carmichael. His life and local history will be the subject of a public talk on October 16.**

*Carmichael* - Carmichael's centennial year (2009) ended with few residents much wiser about the area's history or the life of its founder.

Without a history club, research into the community's colorful past is a slow project. Author and volunteer historian Susan Maxwell Skinner has toiled to enlighten through talks and newspaper stories. In a program talk at the Carmichael Park Community Club House, she will discuss local yesteryears and shed light on Carmichael's most mysterious

figure - founder Daniel Webster Carmichael.

The Georgian-born adventurer came to California as a teenager and quickly made his mark. A mural at the prestigious Sutter Club depicts him among early movers and shakers of Sacramento society. Travelling all over California and to Georgia, Maxwell Skinner has gathered previously unpublished pictures of his life. The "Danny Carmichael story" is a lesson in fortune reversal; he made millions but died broke. There was

also an enduring love story between the real estate pioneer and his wife, Myrtle. Included in the free program is a chance to view antique photographs of Daniel and of Carmichael's early farms and pioneers.

Those interested in local history are invited to attend on lecture on Saturday, October 16 at 1 p.m. The author will offer her photography book, *Carmichael - Americana on the Move* at the event.

For information call (916) 481-0334

# New County Development Fees Will Help Support Neighborhood Parks

*Sacramento County* - As part of Sacramento County's commitment to support and sustain park facilities in new development, the Board of Supervisors approved a park fee ordinance for eight recreation and park districts on September 28.

"These fees will bring in revenue for the park districts and will be dedicated to improvements and projects ranging from parkland development to sports fields to restrooms to community centers," said County Engineer Steve Pedretti. "The eight park districts, located north of the American River, have seen property tax revenue dry up, while the demands on their facilities continue to rise, particularly due to infill development within established communities."

Beginning December 1, 2010, the fees will be collected from infill development projects and phased in during the next three years, with credit and reimbursement available for developers who construct park improvements. Depending on the location and park district, the fees, when fully phased in, will range from \$5,300 to \$6,600 per single family resident dwelling.

As part of the County's effort to review all fees, costs and standards that add to the cost of development, the County and Park Districts worked with the development community on a comprehensive review of the district fee structures. All parties agreed on the facilities to be funded



**The eight park districts, located north of the American River, have seen property tax revenue dry up, while the demands on their facilities continue to rise.**

by development impact fees on a fair share basis. This agreement resulted in an Agreement in Principle for development and funding of parks in infill areas approved by the Park Districts, the County and the development community.

The eight districts with new park development fees are:

- Arcade Creek Recreation and Park District
- Carmichael Recreation and Park District
- Fair Oaks Recreation and Park District

- Mission Oaks Recreation and Park District
- North Highlands Recreation and Park District
- Orangevale Recreation and Park District
- Rio Linda-Elverta Recreation and Park District
- Sunrise Recreation and Park District

For more information on the new fees, visit [www.msa2.saccounty.net/ce/Pages/default.aspx](http://www.msa2.saccounty.net/ce/Pages/default.aspx).



**Carmichael Times**  
CALL 773-1111  
TO SUBSCRIBE

## Carmichael Times

"Written by the people and for the people"  
Serving Carmichael and Sacramento County since 1981  
Publisher - Paul V. Scholl



**Publisher's Statement:** It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce

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Carmichael Times is a member of **MPG** Messenger Publishing Group

We are proud members of these newspaper associations.



## Widowed Persons Association of California, Inc.

**Office Hours**  
10:00 am - 3:00 pm  
Monday through Friday  
916-972-9722

**Newcomer's Buffet & Social**

Any and all widows or widowers may attend

**Third Monday evening at 5:30 pm**

In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenues; cost varies as the choice is from a no-host buffet menu.

*This is a public service to all widows and widowers and there is no charge to attend the social other than the meal they chose.*

**Sunday Support**

Any and all widows or widowers are invited

**Every Sunday from 3:00 pm - 5:00 pm**

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

*Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm - 5:00 pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by WPAC. Participants do not need to be members and there is no charge.*



## You've got places to go... how do you need to get there?

Attend a Metropolitan Transportation Plan 2035 (MTP2035) workshop in your community to help inform how money is spent on public transit, bicycle, pedestrian, and road improvements. MTP2035 is a 24-year plan for transportation throughout the six-county Sacramento region.

**The workshops are FREE and food will be provided.**

For more information or to register visit [www.sacog.org/update](http://www.sacog.org/update) or call (916) 321-9000.

### UPCOMING WORKSHOP

**SACRAMENTO COUNTY - NORTH**  
Thursday, October 24 • 6-9 p.m.  
Citrus Heights Community Center  
6300 Fountain Square Drive, Citrus Heights, 95621





# Leighann Moffitt Appointed Interim Planning Manager of County Planning Department

*Sacramento Region* – Leighann Moffitt was appointed as the Interim Planning Manager for the Sacramento County Department of Planning and Community Development, effective October 5 by the Board of Supervisors. Leighann will be responsible for the day-to-day technical operations of the Planning Department, and she brings 23 years of planning experience to this position.

“Leighann was selected for this job because she is an outstanding professional planner. She is taking on this assignment at a critical time, and with her considerable expertise and work

ethic, she will be able to keep the many projects the Planning Department is working on, including the General Plan Update, moving forward,” said Steve Pedretti, County Engineer and Interim Planning Director.

Prior to this appointment, she managed the Advance Planning Division responsible for the County General Plan update. She also worked with development groups on pre-application processes for large master planned communities, the Housing Element program of the General Plan, and various open space initiatives, including habitat conservation

planning and the 2008 update of the American River Parkway Plan. She has also worked on several County specific planning projects, including the Mather, Elverta, East Franklin and East Antelope specific plan areas.

Leighann received a combined Bachelor of Science degree in Business Administration Management and Environmental Studies from California State University, Sacramento in 1985. She has also been a member of the American Planning Association and the American Institute of Certified Planners (AICP) for over 20 years.

# Line Of Duty Death at Metro Fire

By Christian Pebbles,  
Sac Metro Fire Captain



Fire Fighter Jim Saunders

It is with deep regret that Sacramento Metro Fire Chief Bill Sponable announces the death of Fire Fighter Jim Saunders of SMFD Engine Company 101. Fire Fighter Saunders suffered injuries on October 03, 2010 while fighting a grass fire. Fire Fighter Saunders was treated on the scene by Fire Fighter/Paramedics from Metro Fire and Sacramento Fire and AMR. He was transported to Mercy San Juan for further treatment. Unfortunately doctors determined that the injury to Fire

this morning at 0150 hours. Jim was a community servant, and his last selfless act was to make an organ donation. Jim was able to donate his liver, both kidneys and other tissue. Jim’s donation of life will benefit 3 people, it is important to express how proud Jim’s family is of him.

Fire Fighter James Saunders was assigned to SMFD Engine Company 101 in the Arcade area. He was a 22 year veteran of SMFD. He was also a United States Navy Veteran. James leaves behind his wife Holly, and adult children Erik and Rachel.

Fighter Saunders heart was fatal. Fire Fighter Saunders was taken off of life support



## We are Looking for Veterans to Join Our Post VFW POST 2324 Carmichael.

Are you a veteran from WW2, Korean War, Vietnam War, Desert Storm, Iraq, Afghanistan War? If you been honorably discharged and have a current DD214, Please Contact The Post Commander Edward B. Holm. PH (916)722-9603 or Post Quartermaster Steven H. Rambo PH (916) 847-5496.

On the 2nd Sunday of each month VFW Post 2324 hold a Pancake Breakfast from 7:30 am to 12:00 pm in the back of Carmichael Park 5750 Grant Avenue. Price \$5.00 for Adults and only \$3.00 for Children. Come One Come All!



HAS OPENED

## The Vampyre on October 8

Chautauqua Playhouse opened the thriller “The Vampyre” by Tim Kelly on October 8, at the Playhouse. The show will run on Fridays and Saturdays at 8:00pm and Sundays at 2:00 pm through November 14. All performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$18 general and \$16 students, seniors, children and SARTA members.

Appearing in “The Vampyre”:  
(L) Ruby Brungess, David Garrison, Kathryn Busch

Before there was Count Dracula there was Lord Ruthven, a charming but vicious vampyre with ‘dead grey eyes’, a very pale complexion and a haughty demeanor. He gains the confidence of Aubrey, a weak willed young man and through him, gains entrance to the stately home of Aubrey’s aunt where his seductive skills tempt the most virtuous of young women there. “The Vampyre” transformed the vampire myth from the monster of folklore to the dark, sexual, and predatory creature still popular today!

The show is directed by Harry Rodgers, featuring a cast that includes David Garrison, Nicholas Massa, Julie Bock-Betschart, Jon Jackson, Walter Thompson and many others. Set design is by Rodger Hoopman and costumes are by Eileen Beaver.

For tickets and additional information call the theatre at (916) 489-7529 (PLAY). Information and tickets are also available through the Chautauqua Playhouse website: [www.cplayhouse.org](http://www.cplayhouse.org).

CHAUTAUQUA PLAYHOUSE • 5325 ENGLE ROAD  
CARMICHAEL, CA 95608 • (916) 489-7529

A Non-Profit Organization

## Citrus Heights Scholarship Pageant

- ❖ Miss entrants must be at least 16 to the age of 27.
- ❖ Teen entrants must be at least 13 to the age of 16.
- ❖ Entrants must be single; never been married nor a parent.
- ❖ Entrants must be of good physical health and good moral character.
- ❖ Mrs. / Ms. Entrants must be at least 18 years of age.

Also includes:  
*City Ambassador Pageant*

This pageant entry fee is 25 non-perishable food items and or school supplies for needing families in our communities.

Children 2 12 years Girls / women 13 up

November 12th  
to be held at Rusch Park Citrus Heights  
Director: Mary Purvis, 721-3824

Save the dates! {

- Sunday, October 24, 2010 at 3pm
- Sunday, December 12, 2010 at 3pm
- Sunday, March 20, 2011 at 3pm

La Sierra Series

All performances are at  
La Sierra Community Center  
5325 Engle Road, Carmichael

916-489-2576 • [www.sacwinds.org](http://www.sacwinds.org)



## ESKATON VILLAGE CARMICHAEL MEMORY LODGE



### “The dawn of a new day.”

The Eskaton name, literally, defines our mission to inspire each resident, every day. At Eskaton Village Carmichael’s Memory Lodge, residents and families are encouraged to be forward thinking -- to appreciate the present and anticipate the future ... as well as respect all their wonderful memories.

Eskaton Village Carmichael’s Memory Lodge, located within one of Northern California’s premier nonprofit continuing care retirement communities, is distinguished by its commitment to compassionate, person-centered care. Each of our 20 residents enjoy the intimacy of a private room along with the benefits of the social atmosphere of the common living room, dining area and recreation room. Additionally, residents enjoy access to the vibrant, secure 37-acre community, crisscrossed with walking paths and rest areas. Short-stay, respite care is available as well.



Call, click or schedule a visit to learn more:  
Eskaton Village Carmichael Memory Lodge  
3827 Walnut Avenue, Carmichael, CA 95608  
916-974-2000 | [www.eskaton.org](http://www.eskaton.org)





# Carmichael Chamber of Commerce

## Carmichael Chamber Monthly Luncheon

On the 4th Tuesday of each month, the Carmichael Chamber holds a luncheon where members can network, hear from a guest speaker and learn what's happening in the Carmichael Chamber and the community in general.

### Boulevard Brush Up

Join the Carmichael Chamber on Sunday, October 24 to help clean up Fair Oaks Blvd. Participants should meet at 9 am at Carmichael Park by the tennis courts off Grant Avenue. Coffee and donuts will be provided. Remember to wear a hat and bring a pair of gloves. Other event sponsors include Carmichael Creek Neighborhood Association, Carmichael Colony Neighborhood Association, and the County of Sacramento. For more information or to sign up to help, contact Anne Berner at 916-944-1042.

### Dog Park Master Plan

The Carmichael Recreation and Park District has scheduled three workshops to help create a Master Plan for the Carmichael Dog Park. The plan will identify needs and create ideas that will chart a course of action for the District to follow. Ideas and suggestions are welcome. The meetings will be held at the Carmichael Park Clubhouse, 5750 Grant Avenue on Tuesday, October 12, or Tuesday, November 16 from 6 - 8 pm. For further information, contact Lee Ann Yarber at 916-485-5322, ext. 24 or LeeAnn@carmichaelpark.com.

### Carmichael Chamber Luncheon

Chamber General Meeting & Luncheon. Guest speaker is Robbie Guggenheim of the Downtown Grid. Raffle prizes RSVP by Thursday, October 21 to 482-1002 or linda@carmichaelchamber.com

When: Tue October 26 11:30am - 1pm  
Where: TBA

### Carmichael Chamber Mixer

S.T.E.P.  
Food, drinks and plenty of networking  
Bring a raffle prize and plenty of business cards  
For more info, contact Linda Melody at 916-481-1002

When: Wed Nov 10 5:30pm - 7:30pm  
Where: Strategies to Empower People (S.T.E.P.)  
5945 Palm Dr, Carmichael 95608 (map)

### Honorary Mayor

The Carmichael Chamber will be holding Board elections at their Tuesday, November 16th Business Meeting and Luncheon. If you are interested in running for the Board or want to nominate someone, please contact Linda Melody at the Chamber office at 916-481-1002 by Thursday, September 30th.

### Carmichael Chamber Luncheon

Chamber General Meeting & Luncheon  
Guest speaker is Carl Simpson, Chief Code Enforcement Officer for Sacramento County discussing zoning issues and the homeless in Carmichael  
\$15 members/\$20 non-members  
Call 481-1002 or linda@carmichaelchamber.com for reservations by Nov. 11

When: Tue Nov 16 11:30am - 1pm  
Where: TBA



Contact us for more information on the Carmichael Chamber of Commerce  
Phone (916) 481-1002 • Fax (916) 481-1003 • www.carmichaelchamber.com

## 'Touch of Health' Weekly Vitality Workshop

Classes begin Tuesday Evenings at 6:00  
(Unless otherwise indicated)  
Open to Public at No Charge



"Creating radiant health in our community since 1985"

- October 12 Stretching Secrets to Overall Health
- October 19 Essential Steps to a Vital Nervous System
- October 12 The Joy of Life - Women's Transformation into Vitality
- November 9 AM Essential Steps to a Vital Nervous System (AM Workshop)
- November 9 PM Simple Steps to a Sugar Free Family

### Gift of Life Wellness Check-up

Consultation, Complete Spinal Examination and X-rays (if needed)  
This \$250 value is yours for only \$40 if you mention this ad  
Each additional family member only \$20

Offer Expires Friday



**Dr. Bob Graykowski**  
5909 Stanley Avenue, Suite A  
Carmichael, CA 95608  
(916) 973-1661

- Spinal correction specialist
- Custom exercise instruction
- Family wellness plans
- Sports injury specialist
- Carmichael chamber business person of the year 1995.



## Massage Therapy by Jenn

916.640.7763  
www.massagetherapybyjenn.com

"Always affordable, quality care you deserve."

4944 Sunrise Blvd. Ste. J-3  
Fair Oaks, Ca 95628  
(Between the Sunset & Wildridge lights)

## SACRAMENTO FINE ARTS CENTER, INC.

Contributing to the cultural life of the Sacramento community

- Oct 5 -30 NCA Bold Expressions
- November 2-20 Annual Photography Show
- November 30-December 18 Members Holiday Art Exhibit

NCA, INC.'S 55TH ANNUAL "BOLD EXPRESSIONS"  
Special Awards Reception October 30th, 1-3 PM



Announcing a **Holiday Art Show** for Members, a non-juried art show and sale. Members may enter up to six works to be displayed for sale during the holidays. The Center is expecting high traffic during the Holiday Craft Fair, which will be open special hours from December 11-18, 2010, and our art will be highly visible and available for purchase. This show provides members the opportunity to display art for sale without the time and expense of renting space. Only six dollars each artwork. Up to six artworks may be entered. Receiving one day only, Saturday, November 20, 2010, 11 AM-4 PM. Show dates are November 23-December 18, 2010. Show chair is David Peterson, 916-716-5951. Download prospectus at <http://www.sacfinearts.org/exhibitionEntryForms.html>

5330-B Gibbons Dr., Carmichael, CA • Ph. 916-971-3713  
Hours Open 11 AM to 3 PM Wed. thru Sun. • Tuesdays 11 AM 7 PM.

## Mission Oaks Recreation & Park District

# Holiday Craft Faire

Saturday November 6, 2010  
9am-3pm  
FREE Admission!

### MISSION OAKS COMMUNITY CENTER

#### Extended Tours

- **South Pacific Wonders**  
February 14-28, 2011 • \$4,699 pp double
- **The Heart of Texas**  
March 13-21, 2011 • \$2,249 pp double
- **Mackinac Island**  
May 6-14, 2011 • \$2,699 pp double

Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to [www.morpd.com](http://www.morpd.com).

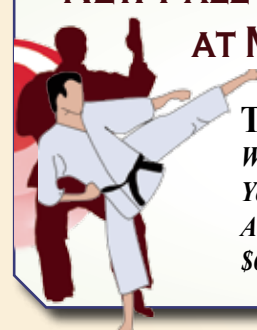
#### Luxury Motorcoach

- **San Francisco Shopping Tour**  
Saturday, November 6, 2010 • \$50/person  
Macy's Savings Pass & VIP Pass for Westfield Mall.
- **Viva Las Vegas**  
November 8-13, 2010 • \$775pp double  
Red Rock Canyon, museum, meals and show
- **2011 Rose Parade**  
December 30, 2010- January 3, 2011 • \$1525pp double  
Lodging on the Queen Mary, Catalina cruise + more!

### FREE INDOOR CONCERT

7PM, Wednesday, October 20  
Music by American River Orchestra  
All ages welcome...Come as you are.

## NEW FALL FITNESS CLASSES AND NEW INSTRUCTORS AT MISSION OAKS COMMUNITY CENTER



**Traditional Karate**  
Wednesday & Friday  
Youth 7-13 • 5:15-6:30pm  
Adults/High school age 6:30-7:45pm  
\$65/month

**Additional new classes:**  
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# In 2009, Identity Theft Cost Americans Over \$54 Billion.

Source: Javelin Strategy & Research. "2010 Identity Fraud Survey Report." February 2010.

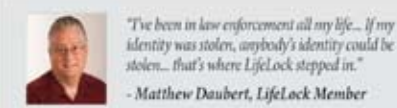
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Identity theft is one of the fastest growing crimes in the nation. Over 11 million Americans fell victim to the crime in 2009, at a cost of over \$54 billion. (Source: Javelin Strategy & Research. "2010 Identity Fraud Survey Report." February 2010.)

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# Huber Legislation to Streamline Government Signed By Governor

*Bipartisan Sunset Review Bills Establish Long Term Reform that will Save State Billions*



Assemblymember Alyson Huber

Sacramento – Two far reaching, bipartisan governmental reform measures authored by

Assemblymember Alyson Huber have been signed by Governor Schwarzenegger. AB 1659 and AB 2130 will push the state government to identify waste, duplication and inefficiencies in state departments and agencies. The bills passed the legislature on an overwhelming bipartisan vote.

AB 1659 and AB 2130 create a process to conduct comprehensive and regular reviews of the state's many boards, commissions, agencies and departments. If the entities cannot demonstrate they are being effective and efficient, they will be automatically eliminated.

"The Legislature creates new

boards and commissions to solve a problem. Far too often, there is no on-going oversight of the newly created bureaucracy to ensure it actually solved the problem it was created to solve. The lack of accountability has been studied and known for years yet no action had been taken, until now," said Assemblymember Alyson Huber. "Instituting a sunset review process in California finally gives us the tools we need to really cut down on waste. This is the kind of bipartisan, long term reform the state needs and could save the state billions of dollars"

As far back as 1989, the Little Hoover Commission issued a report, entitled Boards and Commissions: California's Hidden Government, which found that, "California's multi-level, complex governmental structure today includes more than 400 boards, commissions, authorities, associations, councils and committees. These plural bodies operate to a large degree autonomously and outside of the normal checks and balances of representative government."

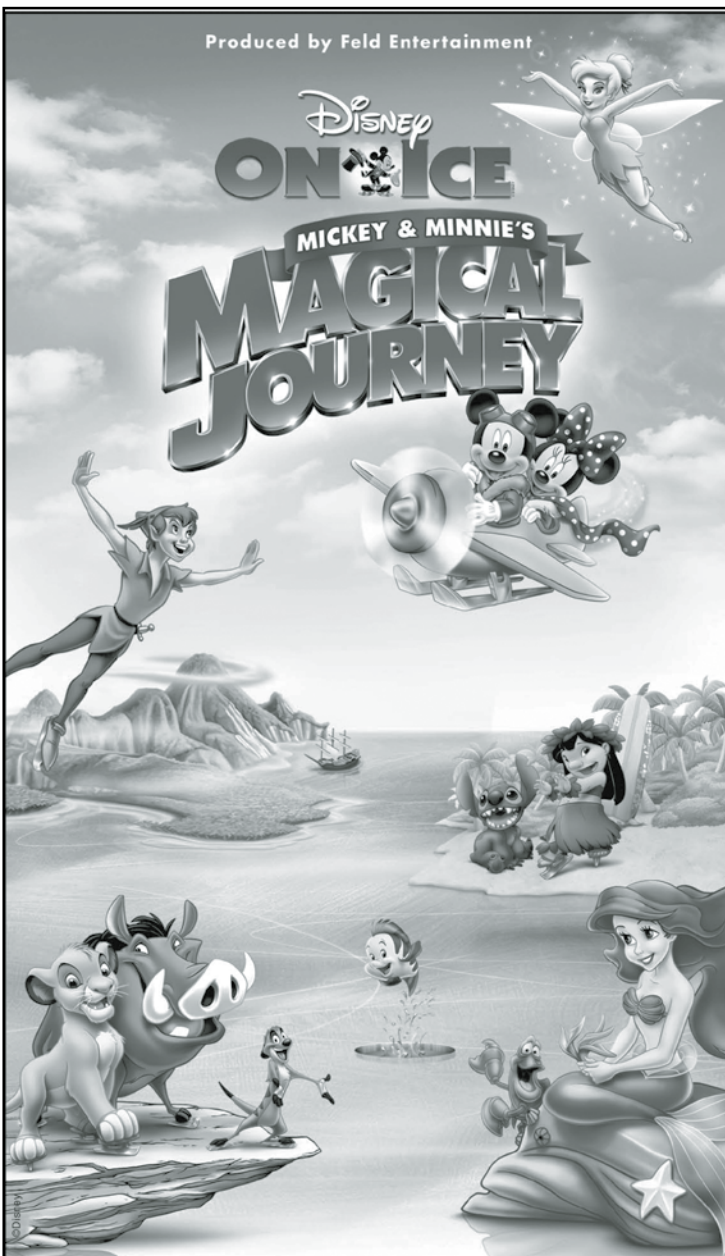
The Commission concluded that "the state's boards, commissions and similar bodies are proliferating without adequate evaluation of need, effectiveness and efficiency."

Numerous other states have a sunset review function and have realized long term savings. In Texas, for example, its Sunset Advisory Commission created in 1978 saves \$27 for each dollar spent on the Commission. Furthermore, total savings achieved by the Commission equals roughly 5% of the state's budget – in California 5% is \$4 billion.

AB 1659 and AB 2130 were co-authored by Senator Mark DeSaulnier (D-Concord) and Assemblymember Roger Niello (R-Fair Oaks). The legislation was also supported by National Federation of Independent Businesses, California Taxpayers Association, California Manufacturers & Technology Association, California Grocers Association, Physical Therapy Board of California, California Forestry Association and California Framing Contractors Association.

"Since taking office I have been fighting to reform our state government and bring more accountability to how the government spends taxpayer money. These bills show that when Democrats and Republicans works together we can take steps in the right direction to achieving the change our state desperately needs," concluded Huber.

For more information visit, [www.asm.ca.gov/huber](http://www.asm.ca.gov/huber).



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# Riley Reviews

CHEERING THE ROUSING SPORTS DRAMA "SECRETARIAT" TO WIN

**A Film Review by Tim Riley**  
**SECRETARIAT**  
(Rated PG)

An inspiring sports movie appears even more challenging when the outcome is so blatantly obvious to anyone with even the slightest knowledge of horse racing. The legendary champion Secretariat, winner of the Triple Crown in 1973, is probably the greatest race horse in history, having set track records in the Kentucky Derby and Belmont Stakes that have yet to be broken. So how does one make the movie "Secretariat" an absorbing, thrilling sports drama if the outcome is preordained? A script by Mike Rich, who wrote the sports-oriented "The Rookie" and "Miracle," is a nice start. While the horse standing in for Secretariat, affectionately known as "Big Red," is an awesome stallion, the human actors are a fine bunch of professionals equal to the task.

In many respects, "Secretariat" is as much, if not more so, the story of the legendary race horse's owner, Penny Chenery (Diane Lane), the accidental yet sagacious equestrian mastermind. A satisfied housewife living in Denver with her husband (Dylan Walsh) and four children,

Penny returns to her ailing father's Meadow Stables in Virginia to help manage the property. When the elder Mr. Chenery (Scott Glenn) passes away, Penny is faced with the loss of the family farm due to heavy debt and the excessive burden of estate taxes. Penny's husband and her brother (Dylan Baker) urge that the farm and its assets be quickly sold, but she has other ideas.

Unlikely as a feminist icon, Penny nonetheless is a strong-willed woman who doesn't want to relinquish her father's dream to the male-dominated horse racing set, including wealthy breeder Ogden Phipps (James Cromwell). Penny's father had previously agreed to a coin toss to determine who would have first dibs on one of the foals sired by the first-rate stallion Bold Ruler. Winning the toss, Mr. Phipps takes the obvious choice, leaving the foal of Somethingroyal as the consolation prize to Penny. Of course, the foal turns out to be Secretariat, and the rest is horse racing history.

Obviously, there's more to the story than the birth of the famous steed. Going up against the misogynistic Jockey Club and the other swells, Penny also fires a corrupt trainer and enlists the help of her father's trusty secretary Miss Ham (Margo Martindale) to assemble a first-rate team. Fortunately, she already has reliable groom Eddie Sweat (Nelsan Ellis), who

possessed a seemingly mystical ability to read the mind of Big Red. But to win races, she reaches out to eccentric French Canadian trainer Lucien Laurin (John Malkovich), who dresses as colorfully as a pimp and speaks French when he gets agitated. Another key player is the tough, unshakable jockey Ron Turcotte (played by real-life jockey Otto Thorwarth).

To stay in the racing game, Penny literally bets the farm on her unshakable belief in Secretariat's ability to perform miracles. In case there is any doubt about the horse's unbridled talent, the gospel anthem "Oh Happy Day" stirs our belief in the inevitable triumph. Along the way to many victories, drama and conflict is stoked by the loud-mouthed rants of the abrasive owner (Nestor Serrano) of Secretariat's prime rival, Sham, during the Triple Crown run. Penny is not deterred by the belligerent tone of those who attempt to dismiss her as a mere housewife. She deftly turns the put-downs into a smart rebuke.

No surprise here, but Secretariat goes on to win the Triple Crown in races that prove exciting notwithstanding the inevitable outcome, one in which Secretariat achieves the feat that had alluded others for 25 years. The likely comparison of "Secretariat" to "Seabiscuit" is inevitable but unwarranted. Surprisingly, the story of the Triple Crown winner seems more attuned to "The Blind Side," as both films are uplifting in spirit and old-fashioned in tone. A feel-good movie worth cheering, "Secretariat" may prove to be anomaly as a sports drama that appeals equally to male and female audiences. Of this much I am sure, this pleasant, family-friendly film is a winner.

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Health/Misc.

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SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00087949

WHEREAS, Anna Mogil has filed a petition with this court for a decree changing name of Anna Mobil to Anna Kobrya. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 3, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 22, 2010. Kevin R. Culhane  
 Judge of the Superior Court  
 Publish: September 29, October 6, 13, 20, 2010.  
 KOBRYA 00905 10-20-10

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00087952

WHEREAS, Yulia Ivanovna Mogil has filed a petition with this court for a decree changing name of Yulia Ivanovna Mogil to Yulia Katiuzhinsky. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 3, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 13, 2010. Dean L. Peterson  
 Judge of the Superior Court  
 Publish: September 29, October 6, 13, 20, 2010.  
 SACCHI 00905 10-20-10

the petition. Dated: Sept. 22, 2010. Kevin R. Culhane  
 Judge of the Superior Court  
 Publish: September 29, October 6, 13, 20, 2010.  
 KATIUZHINSKY 00905 10-20-10

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #230316

WHEREAS, Ashley Sampson, through her counsel, Robin McIver, has filed a petition with this court for a decree changing name of Ashley Christina Sampson to Ashley Christina Newcomb. IT IS ORDERED that all persons interested in the above entitled matter appear at 8:30 a.m. on Oct. 27, 2010 in the Family Relations Courthouse, Dept. 135, located at 3341 Power Inn Rd., Sacramento, CA 95826 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 13, 2010. Dean L. Peterson  
 Judge of the Superior Court  
 Publish: September 29, October 6, 13, 20, 2010.  
 SACCHI 00905 10-20-10

NOTICE OF PETITION TO ADMINISTER ESTATE OF RUBELYN DE LA CRUZ ESTATE NO. 34-2010-00080140

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of RUBELYN DE LA CRUZ: A petition has been filed by TREVOR DE LA CRUZ in the Superior Court of California, County of Sacramento, requesting that TREVOR DE LA CRUZ be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of

Estates Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826 on November 3, 2010 at 9 a.m. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may

request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code.

The name and address of petitioner or petitioner's attorney is: Joedy P. DeFrank #105102, 9521 Folsom Blvd., #R, Sacramento, CA 95827; 916-362-6200. Publish: October 6, 13, 20, 2010. DEFRAJ 01001 10-20-10

FICTITIOUS BUSINESS NAME STATEMENT #1008284. Kenney Hanson, 5009 Hillridge Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "FO Media Group" at 5009 Hillridge Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Sept. 16, 2010. Publish: October 6, 13, 20, 27, 2010. FOMEDI 01001 10-27-10

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2010-00089068

WHEREAS, Jana Montoya Ritsley has filed a petition with this court for a decree changing name of Jana Montoya Ritsley to Jana Christine Wolf. IT IS ORDERED that all persons interested in the above entitled matter appear before this

court at 2 p.m. on Nov. 19, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 8, 2010. Kevin R. Culhane  
 Judge of the Superior Court  
 Publish: October 13, 20, 27, Nov. 3, 2010.  
 KJKLAW 01002 11-3-10

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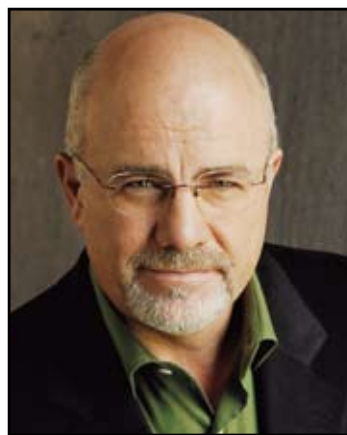
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# Dave Says



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers – *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

## Is Opting Out Wise?

Dear Dave,

I'm a pastor, and I'd like to know your opinion on opting out of Social Security.

- Art

Dear Art,

Under the law, pastors are allowed to be "conscientious objectors" where their pastoral income is concerned, and opt out of our country's Social Security program. So, yes, you can decide to opt out. Now, the big

question is whether or not I think you should do that.

If I were a pastor, I could easily look at the horrible mathematics involved in Social Security—what an absolute rip-off and terrible program it is—and decide as a Christian that sending money to those clowns in Washington, D.C. is a terrible use of God's money. To use the Christian term, I would view it as bad stewardship. I could conscientiously object on a spiritual basis in a heartbeat!

Now, once you've done this, you need to understand that you're giving up three things Social Security tries to accomplish. You're giving up a Social Security check when you retire. It's not much, it's enough to eat dog food on, but it's a check. So, you have to make sure you fund your own retirement.

Second, you need to get long-term disability insurance. Social Security would provide a little something had you been paying in, but if you haven't, it's all up to you. You don't get money from the government for long-term disability if you opt out. And the third thing you need is life insurance. Social Security would pay your family a little bit if you died, but only if you'd been paying into the program. If you opt out and don't have life insurance in place, that means the money is gone when you're gone.

But guess what? You should be doing these three things whether you opt out or not. It's called wise financial planning!

- Dave

## Bailing at the Wrong Time

Dear Dave,

My wife and I are both 58, and she has \$250,000 in a 401(k) that has lost 20 percent in the last couple of months. This represents the vast majority of our savings. We probably won't need the money for at least another five years. Should we move it to something else?

- John

Dear John,

It's normal to be a little bit scared when the markets are as crazy as they've been lately. The fact that the news media has been going bananas with all this doesn't help matters, either.

Here's the deal. Ninety-seven percent of the five-year periods in the stock market's history have made money. So far, 100 percent of the 15-year periods have made money. That's a pretty solid history. You've got time for the markets to recover.

Chances are, you won't be using this money for another 10 years or so. Even if you retire early, you'll probably just pull an income off of it instead of cashing it all out and hiding it in your basement, right?

Think about this, too. Since 1978, the market has dipped 10 percent or more about a dozen times. It has recovered within two years 90 percent of the time. If you got out now, John, you'd be leaving at exactly the wrong time!

- Dave

For more financial help please visit [daveramsey.com](http://daveramsey.com).

# Sacramento Public Library Events

## History books discussed at Carmichael Library monthly meetings

Carmichael Library History Book Club mixes fact and fiction for a clearer picture of what has happened in world history. The adult book club meets at 6:30 p.m., on the first Tuesday of each month, at Carmichael Library, 5605 Marconi Avenue, Carmichael.

Attendees are encouraged to bring snacks to share with other book club members. For more information on the following book discussions, please telephone the Sacramento Public Library at (916) 264-2920 or visit [saclibrary.org](http://saclibrary.org).

- November 2: The Skystone, by Jack Whyte
- December 7: The Bridges at Toko-ri, by James Michener
- January 4: The Things They Carried, by Tim O'Brien
- February 1: The Worst Hard Time, by Timothy Egan
- March 1: In the Valley of the Kings, by Daniel Meyerson
- April 5: The Great Mortality, by John Kelly
- May 3: The Big Burn, by Timothy Egan

## Free SAT practice test offered for college-bound students at Carmichael Library

High school students can prepare for college admission by practicing with the real SAT test given under real test conditions, for free, at Carmichael Library, 5605 Marconi Avenue, Carmichael.

Kaplan Test Prep staff will administer the SAT practice test at 12 noon, Saturday, October 30. There will be a follow-up session at 6 p.m.

Wednesday, November 3, for SAT test results and valuable test-taking tips.

Registration is required at the library branch, online at [saclibrary.org](http://saclibrary.org), or by calling (916) 264-2920.

The programs are sponsored by Kaplan Test Prep and Admissions.

## After School Book Club

Tue, Nov 2 5:00-6:00  
School-Age Program

Join us on the first Tuesday of every month to talk about the book, play trivia games, and have fun! This month we will be reading "Gregor the Overlander," by Suzanne Collins. Pick up your copy at the front desk!

## Preschool Storytime

Thu, Nov 4 10:15-11:00  
Preschool Storytime (3-5yrs)

Join Miss Angela for 30 minutes of stories, fingerplays, music, and more. Lots of fun for kids 3-5!

## Toddler Storytime

Thu, Nov 4 11:15-11:45  
Toddler Storytime (1.5-3yrs)

Toddle on over to the Carmichael Library for 20 minutes of short stories, easy fingerplays, and songs. The goal is to have fun with stories, words, and each other.



## ROCK DOC

By Dr. E. Kirsten Peters

Some of us have never found a single dollar bill on the sidewalk. But once in a blue moon a lucky soul in the upper Midwest reaches down into the Ice Age deposits of our country and plucks out a diamond.

It doesn't take much geologic knowledge to recognize a diamond in the rough as an interesting and valuable object. Diamonds are the hardest mineral in the Earth, which means they will scratch quartz, window glass and even other hard gems like ruby and emerald. And diamonds have a very high luster, a term referring to their ability to reflect light.

In short, it's not too tough to identify diamonds, even before they have been shaped into cut gemstones.

That's why, since the 1800s, farmers and other residents of the Midwest have occasionally spotted and scooped up a diamond when digging water wells or otherwise disturbing the ground.

Most diamonds are found near the place where deep Earth processes blasted them to the surface in special rock material called kimberlite (named for Kimberley, South Africa). But there aren't rocks like that in the Midwest.

Instead, the diamonds in that part of the world were transported to their resting places by the enormous glaciers that dominated North America during the Ice Age.

# Chance Discoveries in our Backyards

Geologists spent several generations looking for the ultimate source of the diamonds "up ice" in Canada. It's only recently that a few dedicated – not to say obsessed – geologists found the sources in northern Canada.

Geologists usually look for diamonds not by initially searching for diamonds themselves, but by looking for more common minerals that often come along with diamonds from their deepest sources in the Earth. Even so, finding diamond-rich rocks is generally a needle-in-a-haystack challenge. But, in time, dedicated exploration geologists found the source of diamonds in northern Canada that can – occasionally – be found in our upper Midwest. The fascinating tale of the search is one you can read about in the book "Barren Lands" by Kevin Krajick.

Other people discover objects of no monetary value but that mean a lot to those of us interested in Earth history. That was the case earlier this summer when a contractor in Tennessee digging 8 feet deep for a swimming pool unearthed a fossil. It appears to be the jawbone of a trilophodon, an extinct relative of the mastodon.

Mastodons and their kin roamed the Earth during the Ice Age – the same time that a few diamonds were arriving to the Midwest courtesy of Canadian sources. You'll probably remember mastodons (dimly) from childhood books or posters about the Ice Age. Mastodons were browsers rather than grazers, a point scientists can deduce from the shape of their teeth. The woolly mammoths, in contrast, were the large and famous grazers of the era.

All the mastodon-related species went extinct as the Ice Age came to a close. That may be because enormous, natural climate change was sweeping the Earth. And it may be that many animals in North America were also facing increased pressures from human hunting. No one is prepared to find Ice Age fossils when digging for a swimming pool. At first the folks in Tennessee thought they had found the jawbone of a dinosaur. Homeowner Jim Leyden got a call from his wife at home reporting exactly that. But a conservator from the local Pink Palace Family of Museums steered the understanding of the discovery toward the mammals of the Ice Age. (The Pink Palace features a wide variety of exhibits ranging from natural science discoveries to a replica of "the first self-service grocery store in the country, Clarence Saunder's Piggly Wiggly.") The Pink Palace conservator estimated the fossil trilophodon weighed up to two tons. The discovery in the pool pit was quite a surprise to all concerned. According to a report from Memphis' Commercial Appeal, Leyden said "I grew up in New Jersey. I might find a body, but not a prehistoric animal."

Leyden told reporters he planned to donate the jawbone to the Pink Palace. As he said to Memphis' WMC-TV, "What am I going to do with it? If I keep it around, my wife might throw it at me."

Dr. E. Kirsten Peters, a native of the rural Northwest, was trained as a geologist at Princeton and Harvard. Follow her on the web at [rockdoc.wsu.edu](http://rockdoc.wsu.edu) and on Twitter @RockDocWSU. This column is a service of the College of Sciences at Washington State University.



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# Annual Seminar for Faith Leaders on End-of-Life Care is Set for November 8

Auburn – *Partners in Caring*, an engaging seminar to help faith leaders gain greater confidence in supporting people near life's end, will be held from 8:30 am – 4:30 pm on Monday, November 8 at the Sierra Health Foundation Conference Center in Sacramento.

The seminar is intended for community clergy, rabbis and priests; staff and volunteer chaplains; parish nurses and health ministers. Presenting faculty include physicians, other health professionals and faith leaders who will discuss:

- Important concepts in setting goals for care near the end of life.
- Legal issues around life-sustaining treatment and advance directives.
- Information about pain

management, including myths and misconceptions.

- How to partner with the medical team to address issues around suffering.
- Ways to address the spiritual needs of patients and families.
- How to facilitate communication and be present with the dying.

"Partners in Caring grew out of interviews with area faith leaders who said that while they often are called upon to minister to families facing end-of-life issues, most haven't received training about this topic in their educational preparation," said Kathy Glasmyre, CHCD Associate Director. "We designed this seminar to meet their needs."

The seminar is sponsored by the Center for Healthcare Decisions,

a nonprofit organization that has played a leadership role in improving end-of-life care since 1994, and the Compassionate Care Alliance, a regional coalition of healthcare professionals and community members encouraging consumers to think about and prepare for end-of-life medical decisions.

The registration fee for the seminar is \$60, which includes a light breakfast, lunch and all program materials. If two or more people attend from the same congregation or organization, the cost is reduced to \$50 per person.

For more information or to register visit: [www.chcd.org/partnersincaring/](http://www.chcd.org/partnersincaring/) or call the Center for Healthcare Decisions at (916) 851-2828.

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Sam Davey, California Institute of Jewelry Training student from Red Lodge Montana, really lightens up when she's using her torch for soldering.

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## Carmichael Recreation and Park District is announcing upcoming events

### Historical Program on Carmichael

Interested in local history? Join us for a fascinating program on Carmichael Colony founder, Daniel Carmichael. A 'reversal of fortune' story, he came to California as a teenager, made millions, then died broke. Presenter Susan Maxwell Skinner will also illustrate vignettes from the Victorian life on the Rancho Del Paso land grant and show historical photographs providing insight into life in the early days of the area.

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For more information, call 485-5322

For more information call the District at (916) 485-5322 or visit our web page at [www.carmichaelpark.com](http://www.carmichaelpark.com).

### Halloween Carnival

Children 8 and under join us for some spook-tacular fun on Halloween! Participants will enjoy "creepy" carnival games with prized, trick o' treats, and scary stories in a safe and fun environment.

**Ages 8 and under-\$1 per participant**  
Sunday, October 31, 1 – 4 pm  
La Sierra Community Center, Smith Hall  
5325 Engle Rd, Carmichael  
For more information, call 483-7826



If you have any questions, please call Elizabeth Crisante at 483-7826 or email her at [ecrisante@carmichaelpark.com](mailto:ecrisante@carmichaelpark.com).

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## Sacramento Choral Society and Orchestra

Donald Kendrick, Music Director

2010 | 2011 Season

### SACRAMENTO STAINED GLASS CONCERT

#### Cathedral Vespers

Cathedral of the Blessed Sacrament  
Saturday, October 30 at 8:00 PM

Mozart | *Vesperae Solennes de Confessore*  
Allegri | *Miserere Mei Deus*  
Rachmaninoff | *All Night Vigil* (excerpts)  
Stanford | *Magnificat in C Major*  
Guest Chorus: Sacramento State University Chorus  
Stephen Janzen, Organist

General Seating | Purchase tickets online | [SACRAMENTOCHORAL.COM](http://SACRAMENTOCHORAL.COM)  
Or call SCSCO office | 916.536-9065



Pre-concert talk 7:15 PM  
Fr. Steven Avella, dynamic Professor of History at Marquette University, author of *The Diocese of Sacramento: A Journey of Faith and Sacramento: Indomitable City*

### MONDAVI CENTER CONCERTS, UC DAVIS

#### Home for the Holidays

Saturday, Dec 11 at 8:00 pm  
Sunday, Dec 12 at 2:00 pm

#### Verdi Requiem

Saturday, March 19 at 8:00 pm  
Karen Slack, Soprano  
Julie Simson, Mezzo  
Bjorn Arvidsson, Tenor  
Clayton Brainerd, Bass

#### Easy To Love

Saturday, April 30 at 8:00 pm  
Christi Amonson, Soprano  
Kristin Dauphinais, Mezzo  
Tevye Ditter, Tenor  
Ian Greenlaw, Baritone

Since the opening of the Mondavi Center, the SCSCO has brought innovative and entertaining concerts to large and enthusiastic audiences. This season continues that tradition of excellence with a sparkling new Christmas concert with audience sing-along, the dramatic and sublime *Verdi Requiem*, and a new Pops concert saluting some of the greatest songs from the lights of Broadway. We look forward to welcoming you to our 15th Season.

Season Subscriptions on sale at the Mondavi Box Office: 1-866-754-2787  
[SACRAMENTOCHORAL.COM](http://SACRAMENTOCHORAL.COM)

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