

Carmichael Times



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Serving Carmichael and Sacramento County since 1981

May 26, 2010

Amnesty Offered to County Residents for Pet Licensing



Sacramento Region – In an effort to get pet owners to license their pets, Sacramento County Animal Care and the City of Sacramento Animal Care Services is removing the late license penalty fee of up to \$100 now through June 30, 2010. "A licensed pet provides many benefits. Most importantly, it will allow Animal Care to return your pet home without you having to come to the shelter", stated Pat Claerbout, County Animal Shelter Director.

"All it takes is an unopened gate for your pet to get out. Licensing is a cheap, efficient way to be quickly reunited with your pet."

"Licensing your pet is an inexpensive insurance policy for their safety and protection. Even indoor-only cats or pets confined to fenced yards get loose and their licenses help assure you can be reunited with them," stated Penny Cistaro, City of Sacramento Animal Care Services Manager.

If your pet is licensed, Shelter staff will be able to contact you that they are holding your pet. Licensed pets are also held for 10 days as opposed to a four day hold for other animals.

County Residents:

To license your pet you will need current a rabies certificate and proof of spay or neutering to purchase a reduced fee license for one-year at \$15, two years at \$30 and three years at \$45 at the following locations:

- Online through the Animal Care website at <http://www.msa2.saccounty.net/acr/Pages/OnlinePetLicenseRenewals.aspx>
- At the Animal Care Facility at 3839 Bradshaw Road, Wed-Fri, 11 a.m. to 6 p.m. and Sat and Sun, 11 a.m. – 4:30 p.m. Cash, debit or Visa or MasterCard accepted.
- At Animal Care's low cost vaccination clinic held at the shelter the third Thursday of each month from 5-7p.m.
- The North Area Service Center at 6015 Watt Avenue or the East Area Service Center at 5229-B Hazel Avenue. Payment by check only. Make checks payable to: Sacramento County Animal Care and Regulation.
- Participating veterinarians. Check with your veterinarian to see if they participate.
- By mail – Print out a licensing application form available at www.saccountyshelter.net and mail completed form with check, proof of rabies and spay/neuter information to the Animal Shelter. Make checks payable to: Sacramento County Animal Care and Regulation.

City Residents:

To license your pet you will need current a rabies certificate and proof of spay or neutering to purchase a reduced fee license of \$15 for dogs and \$10 for cats for a one-year license or \$35 for dogs and \$25 for cats for a three-year license. Licenses can be purchased at the following locations:

At the City Animal Care Services at 2127 Front Street, Tuesday-Friday noon to 5:30 p.m. and Saturday 11 a.m. – 5 p.m. Cash, check, debit, Visa and Mastercard accepted.

At City Animal Care Services low cost vaccination clinic held at the shelter the first Wednesday of each month from 5:30 p.m. – 7 p.m.

By mail – Print out a licensing application form available at <http://www.cityofsacramento.org/generalservices/animal-care/> and mail the completed form with check, proof of rabies and spay/neuter information to the City Animal Shelter. Make checks payable to: City of Sacramento Animal Care Services

At the Sacramento SPCA at 6201 Florin Perkins Rd. Check and money order accepted.

Revenue from licensing helps support the care of more than 25,000 homeless animals each year, funds the animal shelters in investigating hundreds of animal neglect and abuse cases, provides low cost spay neuter clinics, provides food to pet homes in need through the City and County's Pet Food Bank Program and protects our community from dangerous animals.

Regional Parks Implements Fee Increase for Summer Holiday Weekends



Sacramento Region – Janet Baker, Director of the Department of Regional Parks, announced a temporary increase in vehicle parking fees at all regional parks during the major summer holidays this year. Vehicle parking fees will increase to \$8, up from \$5 at other times. The increase will begin with the Memorial Day Weekend. The fee increase will not affect annual parks pass holders. Vehicle with trailers

or oversized vehicles, over 22 feet, includes boat launches are now \$13.

"The summer holiday weekends are by far and away the busiest times for Regional Parks' staff. To help offset the ranger and added maintenance costs that keep our regional parks in the best shape possible for visitors, we are implementing this new fee increase," said Baker. "Funds generated from our kiosks go directly to the operation and maintenance of the American River Parkway, Mather Regional Park, Gibson Ranch, and other regional parks in the County's system." Park users who regularly enjoy County Parks are urged to purchase the Annual Pass to save money on park entry fees and show their support for keeping our park system safe and clean.

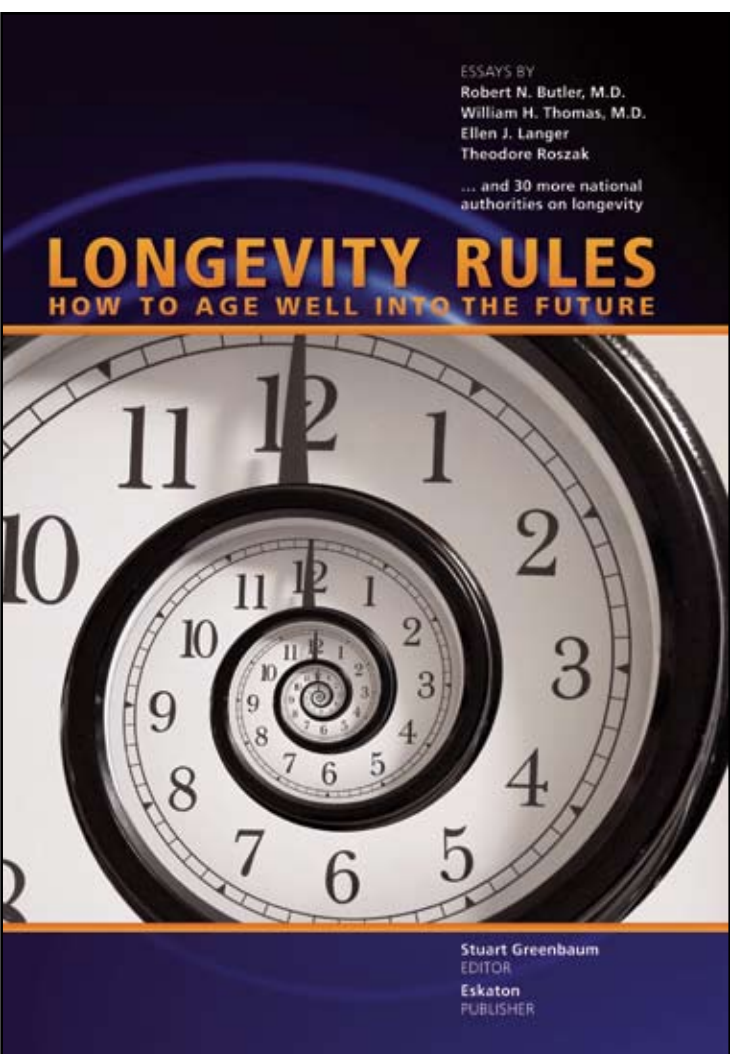
Parkway visitors are reminded that all children aged 13 and under, in or around waterways, must wear a life jacket. It is a law in Sacramento County. All persons who plan to be near or in local rivers and streams need to be cautious. River and stream temperatures are cold, the currents are fast and floating debris such as logs and branches are a hazard.

Also during the major summer holidays, consumption of alcohol and possession of open containers will be prohibited on the shore and the river within the Parkway between Watt and Hazel Avenues. Violations of the alcohol ban may result in citation or arrest, and the ordinance will be strictly enforced.

"Leave the alcoholic beverages at home," said Steve Flannery, Chief Park Ranger. "You can still have a great time by obeying the law."

For complete rules and regulations and other information go to www.sacparks.net. To report any accidents, law enforcement issues, vandalism, wildlife issues or other safety concerns, contact the Park Ranger District at 916-875-PARK (7275). Calls for ranger service and maintenance needs are answered until 11:30 p.m.

National Experts Propose New Rules for Longevity



Carmichael - What is the "Longevity Dividend" and who will get it? If anti-aging medicine works, why do anti-aging doctors die? Is Google making us smart or stupid? These questions and more are answered by the nation's leading longevity experts in the new book *Longevity Rules: How to Age Well Into the Future*. The authors use the forum to help policymakers and the public better understand the aging experience.

Compelling facts and figures support the provocative commentaries. In the past century, which demographers describe as the "Age of Longevity," human beings have extended life expectancy by nearly 30 years -- a bigger increase than during the past 50 centuries. Now the prevailing concern among experts is this: How will we respond to the extraordinary challenges that accompany our new longevity? The U.S. Census will confirm, as Boomers reach age 65 starting in 2011 and more people than ever before will be considered "old," America must face the challenges of a new (or old) demographic reality.

Thirty-four experts, including medical doctors, scientists, economists, engineers, demo-

graphers, philosophers and journalists provide diverse and often controversial perspectives on how to ensure that longevity -- the extension of our life expectancy -- becomes more rewarding than burdensome for individuals and society.

Eskaton (www.eskaton.org), the convener and publisher of *Longevity Rules*, provides community living and home-based support for more than 14,000 older adults throughout Northern California. The 42-year-old nonprofit's vision to transform the aging experience focuses on education, innovation and collaboration.

"The science of aging has the potential to produce what I and others refer to as a 'Longevity Dividend' in the form of social, economic and health bonuses for both individuals and entire populations," declares Robert N. Butler, M.D., Pulitzer-winning author of *Why Survive?*, in his contribution.

In her essay, Neenah Ellis, author of *The New York Times* bestseller *If I Live To Be 100*, wrote about lessons learned from spending time with centenarians. "So that's it -- they wanted to talk, they needed to talk and I happened to be a good listener. Who does not need a good

heart-to-heart conversation? It keeps us healthy," she explained.

The roster of expert contributors also includes geriatrician and innovator William H. Thomas, M.D.; MIT AgeLab director Joseph F. Coughlin; Theodore Roszak, author of *The Making of an Elder Culture*; Gary W. Small, M.D., director of UCLA's Memory and Aging Research Center; and Harvard research psychologist Ellen J. Langer, whose new book *Counter Clockwise* about her research on "illusion control" is the basis of a feature film starring Jennifer Aniston, currently in production.

The 250-page book also features an introductory reality check, "Aging: By the Numbers," drafted by the marketing research specialists at the Boomer Project; as well as a preview of several dozen inspiring aging programs in "Reasons to Believe," compiled by Harry (Rick) Moody, director of AARP's Office of Academic Affairs.

Longevity Rules can be purchased for \$20 (plus tax and postage) on the Eskaton website, www.eskaton.org, through Amazon, or by contacting longevityrules@eskaton.org or 866-ESKATON. Bulk order pricing is available.

Carmichael Freely in Tune



Music man. Festival co-organizer Les Lehr (with baton) will lead his 60-piece Sacramento Symphonic Winds in one of the two-day event's star turns. Dr Lehr founded the annual Community Band Festival 23 years ago. The annual affair draws over 700 volunteer musicians and enthusiastic audiences to Carmichael Park. Photos by Susan Maxwell Skinner.

By Susan Maxwell Skinner

Carmichael - With pop concerts running at \$80-plus per ticket, Carmichael residents will this summer find pops aplenty at a better price: gratis.

A community highlight for over three months of summer, Carmichael's free concert series kicks off next month. The 2010 season begins with a June 5 and 6 fanfare provided by nearly 800 band musicians.

An area tradition for 23 years, the Community Band Festival parades volunteer musicianship for two ompha-filled days in Carmichael Park. Marches prevail; polkas, pops and show tunes are further crowd pleasers. Fifteen bands will entertain at event considered the largest community band festival in Northern California.

This two-day Community Band Festival salutes volunteer musicianship. Players range in age from teen to octogenarian. In glorious harmony, seasoned professionals perform with amateurs. With up to 60 players per group, the orchestras will descend on Carmichael Park from as far away as the Bay Area and the Napa Valley. Concerts begin every hour, on the hour. Marches prevail; polkas, pops and swing tunes are further crowd pleasers. Dancers are encouraged. The event is considered the largest community band gathering in Northern California. Festival downbeat is at noon of Saturday, June 5 and at 11 a.m. on June 6.

After this auspicious start, the Carmichael Park District's free

summer concerts continue until August 29. Entertainers include:

June 5 and 6 (Saturday and Sunday) Community Band Festival. Details above.

June 13 (Sunday) Capitol City Concert band; 6:30 p.m.

June 20 (Sunday) SwingMasters; 6:30 p.m.

June 27 (Sunday) River City Concert Band; 6:30 p.m.

July 4 (Sunday) Sacramento Concert band and fireworks at the La Sierra Center, Gibbons Dr; 6 p.m.

July 10 (Saturday) Mick Martin and the Blues Rockers; 6 p.m.

July 11 (Sunday) Carmichael Kiwanis Band; 6:30 p.m.

A Day on the Farm

Locals Explore, Learn and Eat!



Sacramento - Soil Born Farms' American River Ranch hosted a Day on the Farm, Sunday, May 23. It served as a delightful urban escape for local families to celebrate the joys of farm life, gardening and enjoying fresh, locally grown

products. An extravaganza of special Farm tours and workshops comprised the day—from Building A Soil Food Web, Raising Chickens In Your Backyard, to Conserving Water—Building A Rainbarrel and Family Fun In The Garden.

Soil Born's American River Farm Stand offered fresh, locally grown organic vegetables and fruit. An organic plant sale of vegetables, native plants, herbs and flower starts helped residents find what they needed to build their own perfect home garden!

Soil Born Farms' newest addition to its Urban Agriculture & Education project is the American River Ranch—40 acres of urban farmland and hands-on education programs that engage thousands of youth and adults every year. It also offers innovative food access programs that are helping to feed Sacramento's underserved neighborhoods.

Working with partners, including the Sacramento Natural Foods Co-op, these programs are designed to reconnect people with locally grown organic food and offer the farm as a living educational resource for youth, adults and seniors about food, nutrition, ecological farming and sustainable living. The day-long celebration was sponsored by the Sacramento Natural Foods Co-op.



PARKING LOT SALE JUNE 5TH 2010

Huge Annual Parking Lot Sale
June 5th, 7am-2:30am

Carmichael Elk's Lodge 2103
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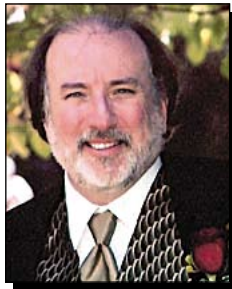
Call 916-489-2103
to rent stall \$15.00 each



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Carmichael Times

Serving Carmichael and Sacramento County since 1981



Publisher - Paul V. Scholl

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We are proud members of these newspaper associations.



Widowed Persons Association of California, Inc.

Office Hours
10:00 am- 3:00 pm

Monday through Friday
916-972-9722

Newcomer's Buffet & Social

Any and all widows or widowers may attend

Third Monday evening at 5:30 pm

In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenues; cost varies as the choice is from a no-host buffet menu.

This is a public service to all widows and widowers and there is no charge to attend the social other than the meal they chose.

Sunday Support

Any and all widows or widowers are invited

Every Sunday from 3:00 pm - 5:00 pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm - 5:00pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by WPAC. Participants do not need to be members and there is no charge.

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Give Local Gov't Budget Control

By Jon Coupal,
Howard Jarvis
Taxpayers Association

A recent political cartoon showed an obese pig (representing unions) gorging itself on food. He is speaking to a skeleton, (representing taxpayers) and saying, "All you need to do is tighten your belt." That pretty much sums up the way things are in California. Public employee unions are riding roughshod over taxpayers who, from the perspective of the unions, are nothing more than birds to be plucked.

In California, many political outcomes are determined in advance because the game is rigged. Because unions effectively negotiate their fat contracts with themselves (government) the process of collective bargaining has been turned on its head. As in Las Vegas, the house always ends up the winner.

Bargaining with yourself works out well, right up until the point when the private sector can no longer afford these extravagant demands. Then your government benefactors become your enemies. Data gathered from the Franchise Tax Board and Board of Equalization shows that it takes 25 taxpayers making the

average private sector salary of \$55,000 to fund the average state employee who makes \$90,000, including benefits. With 12.6% unemployment rate and \$20 billion budget deficit, the unsustainability of this situation is self evident.

A new front has been opened in the battle over excessive union influence and it is being fought locally. In 2008, the City of Vallejo filed for bankruptcy seeking to get out from under massive debt and pension obligations it could no longer afford. Rather than work with local governments to help municipalities maintain solvency, unions are attempting a brazen power play that strips away municipality budgeting control and is the clearest example yet of unions utter failure to recognize the plight of taxpayers in our struggling economy.

Union backed Assembly Bill 155 (Assemblyman Tony Mendoza) AB 155 says that a state agency, the California Debt and Investment Advisory Commission (CDIAC) would have to first approve any municipal bankruptcy filing, despite having no expertise in bankruptcy law. The Commission could also mandate that labor contracts be kept whole as a condition of approving a filing. The result will be yet another unelected state government agency dictating fiscal policy to local government.

AB 155 is a very big deal to the unions and they have pulled out all the stops to jam it through the Legislature. The bill was originally

held and stopped in the Senate Local Government committee last year because the swing Democrat vote, Lois Wolk, refused to ignore the broader public interest. For this, she was removed from the committee by the union controlled Senate leader, Darrell Steinberg, and replaced by Mark DeSaulnier who authored the same bill last year. This switch guaranteed the passage of AB 155, and its likely transition to the Governor's desk.

Of course, part of the blame for all this must also fall on local governments who willingly acquiesced in giving these inflated compensation packages despite repeated warnings from taxpayer groups for more than two decades.

To be clear, municipal bankruptcies should be avoided because the long term fallout to communities can be severe. But local governments must be able to control their finances and access to all the tools necessary to restore their fiscal health. By eliminating an effective management tool, AB 155 will severely curtail the ability of cities, counties, and special districts to provide basic services to their residents. If the choice is between that and voiding a fiscally bankrupting union contract, we'll take the former every time.

Jon Coupal is president of the Howard Jarvis Taxpayers Association - California's largest grass-roots taxpayer organization dedicated to the protection of Proposition 13 and the advancement of taxpayers' rights.



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Absolute Zero	Mon, 5/31

www.SacFair.com

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MAY 29
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Mondays & Wednesdays, May 31 thru July 7, 9:00 - 10:00 a.m. (six weeks)

\$150.00 for one class per week or \$300 for two classes per week

Scary as it sounds, it is nearly swimsuit season!!! NOW is the time to get your body into shape like never before with a six-week Boot Camp class at **Arden Hills Resort Club & Spa** on Monday and Wednesday mornings led by Fitness Director Adam Attia and his "drill co-instructor" Chris Kirkwood. Work that body, tone those abs, lose the flab in six short weeks with a high impact and high energy boot camp class that is sure to produce results just in time for summer fun! Open to everyone, call 916-482-6111 for more information or visit www.ardenhills.net.

ORGANIC PRODUCE WELLNESS SEMINAR

Monday, June 7, Noon • \$20.00

Eating organic is quite trendy right now but there's more to it than simply looking for the organic sticker at the grocery store. Turns out, some products do not need to be organic due to their pesticide content and growing conditions. Find out the facts on organics and eating healthy at a special wellness seminar presented by Lisa Taylor, the on-site nutritionist at **Arden Hills Resort Club & Spa**. Open to everyone, advance reservations are suggested as space is limited. For more, call 916-482-6111 or visit www.ardenhills.net.

"LIVE WITH OBADIAH" COOKING CLASS

Wednesday, June 2, 6:00 p.m. • \$20.00

It's almost summertime and time to taste and prepare some of the season's very best culinary delights. Executive Chef Obadiah Huetter is planning a special cooking class about creative ways to prepare healthy and nutritious meals using the outdoor grill during the next "Live With Obadiah" at Arden Hills Resort Club & Spa. You'll learn about new cooking techniques and how to maximize the nutrients and flavor of regional cuisine using techniques that may surprise you. You're invited to join this ongoing and popular adult cooking series. Space is limited so reserve yours today. For more, call 916-482-6111 or visit www.ardenhills.net.

"FOREVER FIT" WELLNESS CLASS

Wednesday, June 9, 11:30 a.m. • \$20.00

When it comes to feeling great at any age, looking good is important to your overall well-being, too. For tips on a fresh new summer look and how to expertly apply today's natural looking mineral make-up, you're invited to a special "Forever Fit" wellness class at Arden Hills Resort Club & Spa. Stylists from Salon Cabochon will help you create a perfect and fresh summer look to make you look and feel youthful and vibrant. Open to everyone, space is limited. To find out more, call 916-482-6111 or visit www.ardenhills.net.

SUMMER SUNDAYS!

May 30, June 6, June 13, June 20, June 27, All Day • \$50.00 (daily resort pass)

Ahhh, summers in the city! Imagine yourself lounging poolside -- guilt-free after a nice workout or exercise class -- and enjoying being served frozen grapes, tasty bite-sized appetizers and listening to a live band. That's right, it's "Summer Sundays" at Arden Hills Resort Club & Spa. Open to everyone, a daily resort pass gives you full access to the wellness resort for an indulgent day away from all the hustle and bustle of the week. Advance reservations are not required, just show up on Sundays with your swimsuit and great attitude and we'll take care of the rest -- we'll even provide sunscreen and sunglass cleaning! For more, call 916-482-6111 or visit www.ardenhills.net.

For More Information:
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or www.ardenhills.net



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Women in Philanthropy Supports Emancipating Foster Youth



Former foster youth Rose Reed, Women in Philanthropy member Tamar Garrett, Sacramento County's Paula Whiggins and Sheila Boxley from the Child Abuse Prevention Center.

Sacramento - United Way's Women in Philanthropy gathered recently for its annual spring collection of towels, toiletries and luggage for emancipating foster youth, part of Sacramento County's emancipation basket program. Women in Philanthropy collected a record 350 towel sets, hundreds of toiletry items and more than 40 luggage sets. "These are items we all take for granted, but they can make a huge difference in quality of life for foster youth who are getting ready to leave the system and live on their own," said Lisa Watts,

Women in Philanthropy chair. Women in Philanthropy members provide financial donations to United Way, which in turn help prepare foster youth for adulthood by encouraging higher educational goals, providing mentors and more. Women in Philanthropy members also donate time and talents to conduct life-skills workshops for foster youth and gather gifts for holiday stockings. United Way California Capital Region is an independent local affiliate of United Way of America and works with nonprofit partners to create lasting results on local community

issues through local United Way focus areas: Education (helping children and youth reach their potential), Income (promoting financial stability and independence) and Health (improving people's health). Governed by a local board of volunteer directors, United Way partners with more than 700 employers in Amador, El Dorado, Placer, Sacramento and Yolo counties to raise money through workplace giving campaigns for United Way focus areas and nonprofit partners. For more information, visit www.yourlocalunitedway.org.

Water Safety Alert!

A Monthly Message from the Sacramento Metropolitan Fire District



By Christian Pebbles, Sac Metro Fire Captain

Sacramento- With the recent drowning accidents, rising temperatures and summer approaching soon Metro Fire would like to remind our citizens about water safety. Drowning is a leading cause of injury death for children one through four years of age. For every drowning accident an additional five near drowning accidents are treated in an emergency rooms. Isolation fencing is the single most effective barrier for preventing childhood drowning. No one method by itself is totally effective in preventing a childhood drowning. Pool owners

should consider options such as isolation fencing, alarms, and pool covers, but should never consider these options as a substitute for constant supervision of children around any body of water. Approximately two thirds of adult drowning accidents are alcohol or drug related. The combination of mind altering substances and water activities can be deadly. Whatever your water activity is remember life jackets save lives. To obtain more information on water safety log onto www.sacmetrofire.ca.gov and click on Community Services for our safety tips.



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CELEBRATING OUR 35TH ANNIVERSARY

Mission Oaks Recreation & Park District

9th Annual Father/Daughter Dance
Friday, June 18 • 7-9:30pm • \$5/person
DJ Music, Games & Refreshments
All ages welcome!

MISSION OAKS COMMUNITY CENTER

Extended Tours

- **Rockies Highlights by Train**
July 24-August 1, 2010 • \$3,199 pp double
- **Colors of New England**
October 7-14, 2010 • \$2,449 pp double
- **Holiday at the Waldorf**
December 6-10, 2010 • \$2,649 pp double

Luxury Motorcoach

- **Masterpieces (Musee d'Orsay)**
De Young Museum/Birth of Impressionism - Legion of Honor/Impressionist Paris
July 13, 2010 • San Francisco • \$98/person
- **Peter Pan**
Wednesday July 21, 2010 • San Francisco
Includes Neverland Garden Picnic • \$155/person

Mission Oaks Showcase

Sunday
June 13
2pm
Free Admission



New Class - HEALTH & HAPPINESS
Fridays • 11am - Noon/3 Weeks • June 11, 18 & 25 • \$40
Pre-registration recommended
Instructor Mykim Tran, Certified Nutrition & Wellness Consultant
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Tuesdays & Fridays • 1:15 - 3:45 pm • \$5/person

Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to www.morpd.com

Camp Have-A-Lot-of-Fun 2010

DATE: June 21 - August 13 TIME: 9 a.m.-12 p.m.
FEE: \$48.00 per Weekly Session
LOCATION: Mission North Park, 3344 Mission Ave., Carmichael

The camp is divided into two age groups:

AGES 3-5 YEARS

This group is for boys and girls who have not yet been to kindergarten. All campers must be toilet trained.

Grades K-4

This group is for children who have completed grades kindergarten through fourth.

For registration information, go to www.morpd.com or call Rich at 488-7276 ext. 3008



CAMP SESSIONS:

- Week 1: June 21-25
Pirate Crusade: Race to Jewel Rock
- Week 2: June 28-July 2
Camper Quest through Candy Kingdom
- Week 3: July 5-9
Camp Survivor: Lost on Rainforest Island
- Week 4: July 12-16
Welcome Back to Monsterstown: The Slimeville Invasion
- Week 5: July 19-23
Ultimate Team Challenge
- Week 6: July 26-30
Haunted Mansion Mystery
- Week 7: Aug 2-6
"A Day in the Life" on Planet Superhero
- Week 8: Aug 9-13
Crazy Carnival Vacation Celebration

MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am - 5 pm
Registration Hours:
8:30am-4pm Monday-Friday
www.morpd.com

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MISSION OAKS COMMUNITY CENTER
(916) 972-0336 • Fax (916) 972-7371
4701 Gibbons Dr., Carmichael CA 95608
SWANSTON COMMUNITY CENTER
(916) 333-6464 • Fax (916) 488-4349
2350 Northrop Ave., Carmichael CA 95825

CHAUTAUQUA PLAYHOUSE

Charley's Aunt



Charley's Aunt: (L) Jeff Thomas, Marc Berman, Nicholas Palleschi. Photo credit: Warren Harrison.

Chautauqua Playhouse opened the final show of its 33rd season, the classic comedy CHARLEY'S AUNT by Brandon Thomas, on May 7th at the Playhouse. The show will run on Fridays and Saturdays at 8:00pm and Sundays at 2:00 pm through June 13. All performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$17 general and \$15 students, seniors, children and SARTA members.

Charley's wealthy aunt from Brazil, where "the nuts come from," will have to delay her visit. Time to press Lord Fancourt Babberly into action - and a dress. Comic confusion results in the world's most famous farce. Guaranteed to move an audience to tears of laughter!

For tickets and additional information call the theatre at (916) 489-7529 (PLAY). Information and tickets are also available through the Chautauqua Playhouse website: www.cplayhouse.org.

CHAUTAUQUA PLAYHOUSE • 5325 ENGLE ROAD
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Merrill Gardens is hosting special events nationwide to help support our troops. Please join us.

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Thursday, June 17 • 5:00 - 7:00 pm
Minimum Donation: \$10 per attendee
RSVP: By June 14th



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RETIREMENT & ASSISTED LIVING

Go Outside and Play - Buy an Annual Pass Today!

The Sacramento County Regional Parks Annual Pass is your ticket to savings

Sacramento -- Just in time for spring, the County Regional Parks Department is reminding County parks visitors to purchase their annual pass to County Regional Parks. Starting at \$50 dollars, the pass allows unlimited recreation, relaxation and outdoor opportunities at county parks and facilities located throughout Sacramento County for you or your whole family.

Between May 1 and July 30, 2010, Annual Pass purchasers will automatically be entered to win a custom-fitted bike valued at over \$350. They will also receive a coupon book valued at \$250 with coupons from local vendors, including: Bicycles Plus, Elliott's Natural Foods, City Bicycle Works, Fleet Feet Sports, River Rat Raft and Bike, Sacramento Natural Foods Co-op, Patriot Bicycles, Inc., REI and more.

"The Annual Pass pays for itself in just 10 visits and makes it so much easier when entering our parks," said Janet Baker, Director, Department of Regional Parks. "This year more than ever, it is important that those in the community who use Sacramento County Regional Parks step up and help us preserve our parks and open spaces."

Annual Pass revenue goes directly towards maintaining and operating the 15,000-acre Regional Parks system, including the nationally renowned American River Parkway. People that don't drive to parks, but still want to show their support, can purchase a Parks Supporter Pass for \$50 dollars and will receive a small token of appreciation from Parks.

Annual Passes are easy to purchase!
• Visit www.sacparks.net or www.arpf.org to purchase online

- REI stores in Sacramento, Roseville or Folsom
- Patriot Bicycles in Fair Oaks
- Effie Yeaw Nature Center in Ancil Hoffman Park, Carmichael
- Regional Park Office and Park Entry Stations
- The American River Parkway Foundation Office, in William B. Pond Recreation Area
- Mail-in an application (found online) to 4040 Bradshaw Rd., Sacramento, Ca 95827

In support of May is Bike Month, Annual Passes will be featured on May 20 during the Park 'n' Ride event: a special day of free parking at four locations along the American River Parkway. Everyone is welcome to stop by for refreshments, visit with volunteers and purchase an annual pass. For more information call (916) 875-6672 or visit www.sacparks.net.

Carmichael Resident Selected for Awards

Carmichael - On April 21, the Carmichael Kiwanis recognized Ed Nicholson as a Citizen Volunteer of the Year. On May 15, the state-wide conference of California Park Districts recognized Ed as a California Park Volunteer of the Year. The second award is particularly prestigious since the winner is selected by a vote of all California park districts against a state-wide list of candidates.

Both awards are richly deserved because of his service as Chairperson of the O'Donnell Neighborhood Park Committee. In 2008, the Carmichael Recreation and Park District (CRPD) Master Plan called for the sale of one third of the O'Donnell Park to generate park development revenues. The neighborhood opposed the sale of precious park lands. Ed volunteered to serve as chairperson to organize a neighborhood committee composed of 50 active volunteers and 300+ supporters. Under his leadership, the



Ed Nicholson, Volunteer

committee worked out a cooperative agreement with CRPD to fund half of the \$460,000 cost, thus avoiding the need to sell off park acreage. The committee successfully raised their share of funds through cash donations, grants, garage sales, memory brick sales and credit for volunteer labor. The CRPD Advisory Board and Sacramento Board of Supervisors unanimously approved the project in September 2009. Ground breaking occurred in October and construction

will be completed in July. The park opening is scheduled for July 31, 2010.

Ed has a full time job as a self-employed structural engineer. He donated countless hours of personal time every week, over the past 18 months, to coordinate the design and construction of O'Donnell Park (without the sale of acreage) with the Park District and Sacramento County. This also included the hours needed to design, prepare and deliver the entire package of engineering design construction drawings.

The neighborhoods of the 3 remaining undeveloped Carmichael parks have taken note of O'Donnell's success, and are now seeking a similar cooperative agreement with the CRPD. In addition to the personal award for Ed, the State Park Association invited CRPD to present "The O'Donnell Experience" as a model for other districts to consider at their statewide conference.

The O'Donnell Neighborhood Committee is very proud of Ed.

Memorial Day Observance at Sylvan Cemetery

Citrus Heights - Citrus Heights is blessed with a community cemetery thanks to the donation of land by Daniel Lewis in 1862. Since that date, the Sylvan Cemetery has become the final resting place for many of those from our community who served in the United States armed forces. Over the past decades, veterans from The American Legion Citrus Heights Posts #637 and The Veterans of Foreign Wars #5991 have held their commemorative services at this cemetery. In the last years, the services have been conducted at the cemetery's gazebo and the new All Veterans Memorial.

On Monday, May 31, 2010, a service will be held at the Sylvan Cemetery, 7401 Auburn, Blvd.,

Citrus Heights, CA 95621. A procession of veterans begins at 10:30 a.m. at the south end of the cemetery, the burial sites for the veterans of the Spanish-American War. The Citrus Heights Boy Scout Troop #228 will lead the procession. It will proceed along the "Avenue of Flags" with occasional stops to offer prayers for the veterans buried from each of our nation's wars. The procession will include Citrus Heights Police Chief Christopher Boyd and veterans from our community. The procession concludes at the All Veterans Memorial. In case of inclement weather, the procession will not take place. The commemorative service will be held at the gazebo

at 11:00 a.m. The service includes the Folsom Harmony Express and Kelly Gorton playing "Taps."

Invited speakers include Fourth District County Supervisor Roberta MacGlashan, Citrus Heights Police Chief Christopher Boyd or a representative, Citrus Heights Mayor Jayna Karpinski-Costa, and Citrus Heights City Council Members.

The public is cordially invited to attend and participate.

For more information, please contact:

Carol Watson, American Legion Post #637 Commander, 916-962-1590

Submitted by Lynda D. Petersen, 916-494-9909

Local Educators Join the Peace Corps



Anita Rodriguez, 30, of Citrus Heights and Cameron Jones, 23, of Carmichael



Two local educators have been selected for Peace Corps assignments in Eastern Europe and Central Asia. Anita Rodriguez, 30, of Citrus Heights has been invited to serve as an English teacher in Moldova. She departs June 10 to begin her 27-month assignment. Rodriguez has worked for more than nine years in the San Juan Unified School District, including the Discovery Program at Schweitzer Elementary. She is a 1998 graduate of Casa Roble Fundamental High School in Orangevale and received a bachelor's degree in child development from Sacramento State University in 2009.

"I have always had a passion for service and volunteering, and a desire to be an elementary school teacher," says Rodriguez of her decision to serve. "The Peace Corps will allow me to do what I love and help the people of Moldova at the same time." Cameron Jones, 23, of Carmichael will serve as a primary education teacher trainer in Mongolia. He departs June 3 to begin his service. Jones is a 2005 graduate of Del Campo High School in Fair Oaks. He received a degree in liberal studies and child development from Chico State University last December. Jones and Rodriguez will spend

their first three months of service in training, living with host families and studying their host countries' language and culture. After training, they will begin two-year assignments, living in the manner of the people in their new communities.

Through President Obama's support and Congress' corresponding 2010 budget appropriation, Peace Corps is poised to grow significantly over the next several years. The agency's goal is to reach 10,000 volunteers during 2011, its 50th Anniversary year. Currently, 7,671 Americans serve as Peace Corps volunteers in 76 countries. Since 1961, nearly 200,000 Americans have served as Peace Corps volunteers in 139 countries. More Peace Corps volunteers come from California than any other state. Peace Corps is a 27-month commitment. Volunteers must be skilled U.S. citizens, at least 18-years old, and in good health. There is no upper age limit to serve.

More information and online applications are available at www.peacecorps.gov.

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First 5 Sacramento Offers Its Top 5 Parenting Tips

Change of the seasons and current economic conditions among the challenges families with children ages 0 to 5 may face

Sacramento – Seasonal weather changes and the down economy can add strain for parents, shorten their patience and test their parenting skills. First 5 Sacramento offers the following effective parenting tips to help relieve stress while investing in your child's growth:

1. Take time out for yourself – go somewhere safe until you feel calmer.
2. Build a support network of family and friends.
3. Be consistent and create routines – kids need structure.
4. Simplify routines during stressful times – for example, set out school clothes the night before.
5. Take care of yourself – exercise, rest and eat well. Model these positive behaviors for your children.

"Our research shows that when parents have the right tools and get the advice they need, children have the best opportunities in life to be fulfilled, healthy citizens," said

Toni Moore, Executive Director, First 5 Sacramento. "Our goal is to prevent crises from happening and protect children from events that can disrupt their developmental cycle."

First 5 Sacramento offers resources on a variety of topics including effective parenting, breastfeeding, nutrition, school readiness for children ages zero to five, crisis intervention and more. The organization also works with community partners to increase support of parenting services available to families in the area. Among those is 2-1-1 Sacramento, a free, confidential phone line with information on community, health and social services.

2-1-1 Sacramento offers a one-stop source of information for community services and resources. By dialing 2-1-1, callers can receive personalized information from a live resource specialist about programs and services to help families in many different

ways, ranging from access to healthcare or learning effective ways to discipline your children. 2-1-1 is confidential and available in more than 150 languages.

First 5 Sacramento
Research shows that a child's brain develops most dramatically in the first five years and what parents and caregivers do during these years to support their child's growth will have a meaningful impact throughout life. Based on this research, California voters passed Proposition 10 in 1998, adding a tobacco tax to support programs for expectant parents and children ages zero to five. In the last year, First 5 Sacramento distributed approximately \$16 in Prop 10 revenues to programs and services that meet local needs. For more information about First 5 Sacramento's, call 916-876-5865 or visit online at www.First5Sacramento.net.



Riley Reviews

CRUDE HUMOR TURNS "MACGRUBER" COMIC SKIT ON ITS EAR

MACGRUBER (Rated R)

The advance screening for "Shrek Forever After" was held at a date and time inconvenient to my schedule. Instead, I managed the opportunity to catch "MacGruber," the raunchy comedy based on a "Saturday Night Live" skit. Both films are geared to the adolescent mind, with the major difference being that the former is family friendly, while the latter is definitely not. After years of misfires, I think anyone can rightfully be wary of a film that is inspired solely by the sketch comedy of the long-running late night TV variety show. However, for all its faults, "MacGruber" defies these expectations.

Even if you have only the vaguest recollection or elementary knowledge of the original "MacGyver" TV series, where Richard Dean Anderson could defeat the bad guys with duct tape, fertilizer and a Swiss army knife, you know what to expect with a spoof that mocks an agent's heroic and daring ingenuity. To full comic effect, "MacGruber" turns a hero's skill,

cunning and resourcefulness on its ear. The titular character for this spoof is '80s burn-out MacGruber (Will Forte), retired from military service and performing missionary work in a Third World country. His old nemesis, Dieter Von Cunth (Val Kilmer, pudgy and pony-tailed), has purloined an old Soviet nuclear warhead.

MacGruber would be happy to continue his monkish existence, but his former superior officer, Colonel Faith (Powers Boothe), begs for his return for a crucial mission. A decorated war hero, including 16 Purple Hearts and a batch of Congressional Medals of Honor, MacGruber is a lethal combination of Rambo and MacGyver, though in reality he's more inept than Inspector Clouseau. Ultimately, he's persuaded that the chance to take out Dieter Von Cunth is well worth getting his hair trimmed to an unfashionable mullet and bringing his vintage red Miata convertible out of mothballs.

In a series of flashbacks, we become aware of MacGruber's hatred of evil arms dealer Cunth, whose name is repeated over and over again if for no other reason that that it would never get past the network censors on the late night TV show. In any case, MacGruber holds a grudge

because Cunth killed his wife on their wedding day. Getting back into the game, MacGruber rounds up a crew only to lose them during an unfortunate mishap. Then he settles on his wife's best friend Vicki St. Elmo (Kristen Wiig) and the reluctant Lt. Dixon Piper (Ryan Phillippe) as his backup team to take on Dieter and his gang.

Failing at his attempts to turn balls of twine and other household items into explosive devices, MacGruber proves to be better at empty boastful talk than getting anything done. However, when trying to distract some of Cunth's henchmen, he sets up a nifty diversion by getting naked and wedging a stalk of celery in his butt. Yes, you read that correctly. For the sake of propriety, I am leaving out the mention of some of the even coarser and more vulgar bits. Be warned, "MacGruber" is full of crude, uncouth humor, and not just for the frequent mention of the villain's last name and the exposure of body parts.

"MacGruber" is deliberately offensive, with its foul-mouthed characters gleefully trash-talking at every turn. But not all humor is derived from the profane. Probably one of the funniest scenes is when Vicki, complete with a mullet wig, impersonates MacGruber during a stakeout in a coffee shop. "MacGruber" is rescued from the gutter by some of the incongruous wit and charm that breaks free of the cruder humor. Nevertheless, "MacGruber" will not suit all tastes, likely finding its primary audience with younger male viewers and those who would try to evade the R rating restriction.

Carmichael Cactus and Succulent Society
Meeting: Thursday, June 3rd, 10:00 am
 Note: A Field Trip to Norm Klein's Cactus Garden, following lunch.
 Ph: 916-729-3475
 Carmichael Park Clubhouse
 5750 Grant Avenue
 Carmichael, CA 95608
 Cost: Free! Visitors are Welcome!

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Monthly Military Retiree/Spouses Meeting FOR JUNE AND JULY 2010

Please note that this notice applies to our monthly meetings for the months of Jun and Jul 2010. The meeting for the month of Jun will be on 8 Jun at the same meeting location, The North Highlands Park and Recreating District, 6040 Watt Ave, North Highlands. Our meeting time is always at 1030 hrs. Our speaker for the Jun meeting is Helen Justice and she will be talking about Geriatric Care, as well as Aid and Attendance. The speaker for the Jul meeting, which will be held on 13 Jul, is Rick Buckman, Veterans Service Officer, and he will address a variety of Veterans Benefits. You will not want to miss this presentation. So remember, the meeting in Jun is on the 8th of Jun and the following month, the meeting is on 13 Jul. If you have any questions, contact our volunteer staff at 561-7476, Mon thru Thurs, 0900 to 1500 hrs.

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STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
 FILE #0909672

The following persons have abandoned the use of the FICTITIOUS BUSINESS NAME OF Ambela Inc., located at 4924 Olive Oaks Way, Carmichael, CA 95608. Ambela Inc, 4924 Olive Oaks Way, Carmichael, CA 95608. The business was conducted by a corporation. The Fictitious Business Name Statement was filed on Oct. 23, 2009 in the County of Sacramento. Filed with the Clerk of Sacramento County on April 9, 2010. Publish: May 5, 12, 19, 26, 2010. AMBELA 00501 5-26-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2010-00076295

WHEREAS, Moses Muaj Yeej Christ and Xe Vang have filed a petition with this court for a decree changing names of Lucy Cha to Lucy Muaj Yeej Christ; Melinda Cha to Melinda Muaj Yeej Christ; and Laura Cha to Laura Muaj Yeej Christ. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on June 4, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 23, 2010. Shelleyanne W.L. Chang Judge of the Superior Court. Publish: May 5, 12, 19, 26, 2010. CHRIST 00501 5-26-10

NOTICE OF TRUSTEE'S SALE
 Trustee Sale No.: 20100195400255
 Title Order No.: 100078642 FHA/VA/PMI No.: 14540330 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 07/06/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDEX WEST, LLC, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 07/13/2005 as Book No. 20050713 and Page No. 0634 of official records in the office of the County Recorder of SACRAMENTO County, State of CALIFORNIA. EXECUTED BY: LIZBETH FICARRA AND JEFFREY FICARRA, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER

FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by 2924(h)(b), (payable at time of sale in lawful money of the United States), DATE OF SALE: 06/01/2010 TIME OF SALE: 11:00 AM PLACE OF SALE: AT THE MAIN ENTRANCE TO THE COUNTY COURTHOUSE, 720 9TH STREET, SACRAMENTO, CA. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 4232 CALLANAN COURT, CARMICHAEL, CALIFORNIA 95608 APN#: 245-0320-016 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$549,884.05. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. FOR TRUSTEE SALE INFORMATION PLEASE CALL: FORECLOSURE EXPEDITORS/INITIATORS, LLC 505 NORTH TUSTIN AVENUE, SUITE 212 SANTA ANA, CA 92705 714-277-4845 www.usa-foreclosure.com NDEX West, L.L.C. MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NDEX West, L.L.C. as Trustee Dated: 05/11/2010 FEI # 1039.01750 5/12, 5/19, 5/26/2010 Publish: May 12, 19, 26, 2010. FEI 00502 5-26-10

NOTICE OF PETITION TO ADMINISTER ESTATE OF HELEN M. ARZIG, decedent.
 ESTATE NO. 34-2010-77074
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of HELEN M. ARZIG, decedent. A petition has been filed by Paul E. Moschetti in the Superior Court of California, County of Sacramento,

requesting that Paul E. Moschetti be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Room 214, Sacramento, CA 95826 on June 10, 2010 at 9 a.m. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above. YOU MAY EXAMINE the file kept by the court. If you are requesting special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code. The name and address of petitioner or petitioner's attorney is: Watson, Hoffe & Hass, 3700 Barrett Ave., P.O. Box 5001, Richmond, CA 94805; (510) 237-3700. Publish: May 12, 19, 26, 2010. WATSON 00502 5-26-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2010-00069124
 WHEREAS, LaSonja Holmes has filed a petition with this court for a decree changing names of Kevonah Isaiah Dee Holmes to Kveion Isaiah Dee Holmes; and Kemarion Isaac Anthony Holmes to Kmarion Isaac Anthony Holmes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on June 15, 2010 in Dept. 53, located at 800 9th St.,

Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 4, 2010. Loren E. McMaster Judge of the Superior Court. Publish: May 12, 19, 26, June 2, 2010. HOLMES 00502 6-2-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2010-00076425
 WHEREAS, Elizabeth Esther Shore has filed a petition with this court for a decree changing name of Elizabeth Esther Shore to Elizabeth Esther Rhose. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on June 8, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 26, 2010. Shelleyanne W.L. Chang Judge of the Superior Court. Publish: May 12, 19, 26, June 2, 2010. RHOSE 00502 6-2-10

FIRST JUDICIAL DISTRICT STATE OF IDAHO COUNTY OF KOOTENAI SUMMONS
 CASE #CV-09-1686
 NOTICE TO DEFENDANTS: WESTERN SKY PROPERTIES, LLC, a Wyoming liability company, and MICHAEL SHERIDAN, managing member. You are being sued. PLAINTIFF'S NAME IS: JPS GROUP, LLC, an Idaho limited liability company. The nature of the claim against you is breach of fiduciary duties. Any time after 20 days following the last publication of this summons, the Court may enter a judgment against you without further notice, unless prior to that time you have filed a written response in the proper form, including the Case No., and paid any required filing fee to the Clerk of the Court at 451 Government Way, Coeur d'Alene, Idaho 83814, (208) 446-1000 and served a copy of your response on the Plaintiff's attorney, Susan P.

Weeks, at James, Vernon & Weeks, P.A., 1626 Lincoln Way, Coeur d'Alene, ID 83814, (208) 667-0683. A copy of the Summons and Complaint can be obtained by contacting either the Clerk of the Court or the attorney for Plaintiff. If you wish to have legal assistance, you should immediately retain an attorney to advise you in this matter. Dated: April 22, 2010. Kootenai County District Court. Kathy L. Booth Deputy Clerk. Publish: May 12, 19, 26, June 2, 2010. JAMES 00502 6-2-10

NOTICE OF PETITION TO ADMINISTER ESTATE OF VERNON DAVID ATKINSON.
 ESTATE NO. 34-2010-00078089
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of VERNON DAVID ATKINSON. A petition has been filed by Jeanne-Marie Atkinson in the Superior Court of California, County of Sacramento, requesting that Jeanne-Marie Atkinson be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826 on June 24, 2010 at 9 a.m. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above. YOU MAY EXAMINE the file kept by the court. If you are

interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code. The name and address of petitioner or petitioner's attorney is: Morris Law Group, 5137 Golden Foothill Parkway #110, El Dorado Hills, CA 95762; 916-789-9810. Publish: May 26, June 2, 9, 2010. MORRIS 00504 6-9-10

FICTITIOUS BUSINESS NAME STATEMENT #1004767. Wesley G. Johnson, 3620 Waynart Ct., Carmichael, CA 95608 is doing business under the Fictitious Business Name "W.G. Johnson Concrete Construction" at 3620 Waynart Ct., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 21, 2010. Filed with the Clerk of Sacramento County on May 21, 2010. Publish: May 26, June 2, 9, 16, 2010. SGJOHN 00504 6-16-10

FICTITIOUS BUSINESS NAME STATEMENT #1004296. Lemuel Cardeno, 8445 Las Vegas Blvd. S. #2171, Las Vegas, NV 89123 is doing business under the Fictitious Business Names "Table Scraps; Table Scraps" at 8445 Las Vegas Blvd. S. #2171, Las Vegas, NV 89123. Filed with the Clerk of Sacramento County on May 6, 2010. Publish: May 19, 26, June 2, 9, 2010. TABLES 00503 6-9-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2010-0007920
 WHEREAS, LaSonja Holmes has filed a petition with this court for a decree changing name of LaSonja Vantashia Glenwood Holmes to Vantashia LaSonja Fernandez Holmes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on June 25, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 14, 2010. Shelleyanne W.L. Chang Judge of the Superior Court. Publish: May 19, 26, June 2, 9, 2010. HOLMES 00503 6-9-10

FICTITIOUS BUSINESS NAME STATEMENT #1004305. Gregory B. Bacheron and Madelyn E. Vacheron, both of 5522 Carlk Ave., Carmichael, CA 95608 are doing business under the Fictitious Business Name "M.E.V. Media" at 5522 Clark Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 6, 2010. Publish: May 26, June 2, 9, 16, 2010. MEVMED 00504 6-16-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2010-00078473
 WHEREAS, Sarah E. Forcier has filed a petition with this court for a decree changing name of Grace Elizabeth Landers to Grace Elizabeth Landers Forcier. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on June 2, 2010

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Kawai upright piano and bench,

used, excellent condition, oak finish. \$3000 Call: 916-988-2927 (MPG)

Mount Vernon Single Cemetery

Lot Garden of Humility (front-east side of building) \$5,000.00 Contact: 1-405-728-0420 (MPG)

Miscellaneous - Want to Buy

WANTED: OLD POSTCARDS 483-0622 (MPG)

Musical Instruments

Guitar, Acoustic Unused with accessories. \$85 Cash. 362-7118 (MPG)

GUITAR WANTED

Looking for Older Guitars and Amps. Fender, Gibson, Martin, Fender, Marshall Amps. Will Pay up to \$2000.00 Cash!! (

Carmichael's Guide to FREE Summer Concert in the Park!



The Carmichael Recreation and Park District is offering the Summer Concert in the Park Series for your listening and dancing enjoyment at the Danny Bishop Memorial Pavilion for the Performing Arts in Carmichael Park, 5750 Grant Avenue! (In the back of the Park)

- Saturday, June 5** 1-6pm The 19th Annual Community Concert Band Festival
Sponsored by the Sacramento Valley Symphonic Band Association
- Sunday, June 6** 11am-7pm featuring 15 popular bands
Marches, Pops, Classical
- Sunday, June 13** 6:30-8:30pm Capitol City Concert Band
50-60 piece Concert Band
- Sunday, June 20** 6:30-8:30pm SwingMasters
Big Band/Swing
- Sunday, June 27** 6:30-8:30pm River City Boogie Band
Covers/Rock/Blues
- Saturday, July 3** DARK
- Sunday, July 4** 6:30pm-Dark La Sierra Community Center, 5325 Engle Road for the 4th of July Celebration & Fireworks Show!



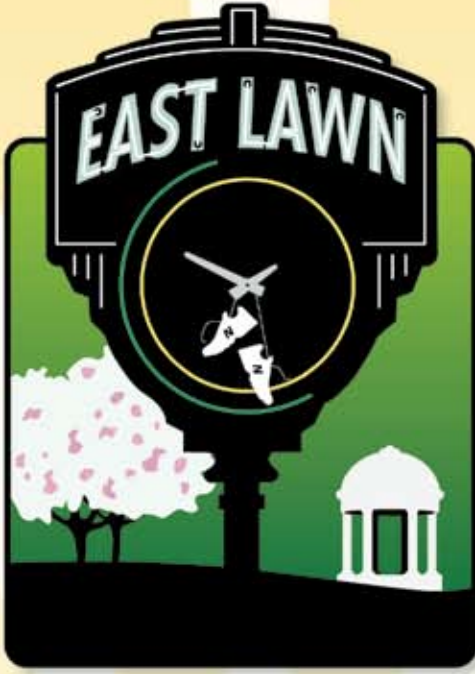

Avoid Vehicle Repair Scams

The Sacramento Public Library and the California Department of Consumer Affairs (DCA) will present free monthly programs on a range of financial, health-related, and legal topics. Take Charge California! @ Your Library presentations will be at 12 noon, on the first Wednesday of each month, in the West Meeting Room, at the Central

Library, 828 I Street, Sacramento. The June 2 program is The Nuts and Bolts of Automotive Repair. Learn how to protect yourself from vehicle repair scams and how to get the most out of your repairs. Information will be presented by Kristin Triepke, California Bureau of Automotive Repairs enforcement chief; and John Baltazar, State of

California referee. A Sacramento Public Library librarian will also be at the program to provide research tips. Reservations are not required, and light refreshments will be served. For more information, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

Join us for the 3rd Annual






**Alzheimer's Aid Society
Memorial 5k Run/Walk**

City of Sacramento 5k Championship

Saturday July 24, 2010

*Start and finish lines at the historic
East Lawn Memorial Park*

**Benefiting
the Alzheimer's
Aid Society
of Northern California**

KCRA 3 **KQCA my58**

NewsTalk 1530 KFBK **WELLS FARGO**

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For registration or more info: www.memory5k.org



We're here for you.

The holidays are often filled with warmth, laughter and time spent with family. They are also a time when adult children notice changes in their older parents. Aegis Living, a national leader in assisted living and memory care communities, understands this period in adult children's lives. If you recognize a change in your family member and would like help with next steps, please contact us at Aegis of Carmichael.

Call 916-972-1313 or visit AegisofCarmichael.com for more information.

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Carmichael, CA 95608

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You'll find information and resources for health-related concerns, food and shelter, finding a job, parenting classes, a parent support line, even a crisis nursery. Our goal is to connect you with the people who can help.





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MY VISION

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- Reform the System - Control Spending – Make the government live within its means.
- Remedy our Neglected Infrastructure – Legislate and advocate for plentiful and affordable water and energy.
- Restore Quality Education - Enable competition and create accountability.

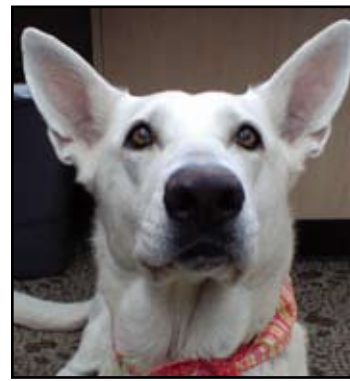
Please check out my website for dates and locations to "Meet the Candidate" at www.suzannejonesforassembly2010.com
I would love to meet with your club, group or neighborhood.
Please email questions or comments to :
Suzanne@suzannejonesforassembly2010.com

Paid for by Suzanne Jones for Assembly 2010
FPPC # 1322503

Sacramento SPCA to Host 17th Annual Doggy Dash & Bark at the Park Festival

What: Join the Sacramento SPCA for the 17th Annual Doggy Dash and Bark at the Park Festival where an estimated 4,000 animal enthusiasts will gather both with and without their canine companions to raise funds for animals sheltered at the Sacramento SPCA.

Come for the fun run/walk, but make sure to stay for the SPCA's Bark at the Park Festival, where you can enter your canine pal in the Pup Show, high-flying disc contest, or the ever-popular pug races! Enjoy the Camp Kindness KidZone, watch canine demonstrations, visit with pet-friendly businesses, learn about Sacramento-area animal rescue organizations, or just have lunch while watching all the action. Don't miss your chance to meet Pabst, winner of the 2009 World's Ugliest Dog Competition



Festival continues until 1pm

Where: William Land Park, Village Green Area in Sacramento.

Why: Proceeds from the Doggy Dash will help the Sacramento SPCA care for more than 12,000 homeless animals in 2010.

What Else: Visit www.sspca.org and register today. Whether you choose to bring a canine companion or invite a two-legged friend, mark your calendar and join us for Doggy Dash and the Bark at the Park Festival. Register as a solo participant, start a team or join an existing team. Registration fees start at \$25 per person.

For sponsorship information or questions about Doggy Dash 2010, please call (916) 383-7387, ext. 9102.

and holder of the Sacramento SPCA's 2009 Best Smile title.
When: Saturday, June 5th, 2010
Registration opens 7:30am
Festivities begin 8:00am
Walk/run 9:00am
2k walk 9:00am
5k run 9:10am
5k walk 9:10am



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Come see what a water efficient landscape garden is all about. Take your self-guided tour at the Antelope Garden.



2010 Schedule
March 1 to October 30
Monday - Friday and Second Saturday of each month
9:00 am to 3:00 pm

FREE Admission!
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Move in before May 1 and become eligible for dinner FREE for a month

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