

Carmichael Times



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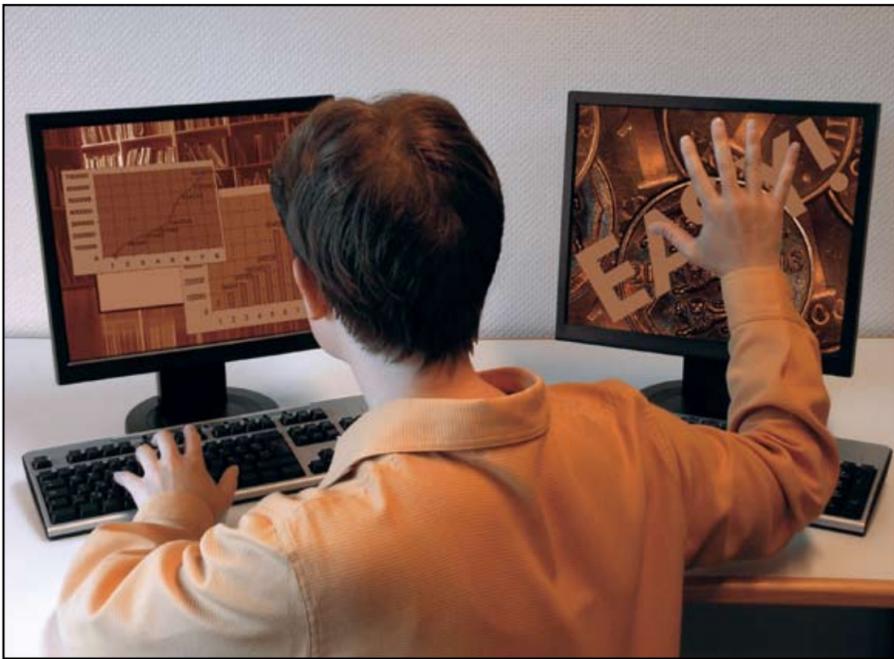
Volume 30 Issue 19

Serving Carmichael and Sacramento County since 1981

May 12, 2010

FTC Cracks Down on Con Artists Targeting Jobless Americans

Census Bureau Begins Door-Knocking Operation



Scams Prey on Victims of the Recession With Bogus Job, Money-Making Schemes

The Federal Trade Commission recently announced a new crackdown on con artists who are preying on unemployed Americans with job-placement and work-at-home scams, promoting empty promises that they can help people get jobs in the federal government, as movie extras, or as mystery shoppers; or make money working from their homes stuffing envelopes or assembling ornaments.

With the U.S. unemployment rate just under 10 percent, the FTC is redoubling its efforts to put a stop to these schemes, which

make life even more difficult for hundreds of thousands of Americans already wrestling with the economic downturn.

As part of the law enforcement sweep announced today, dubbed "Operation Bottom Dollar," the FTC has filed seven cases against the operators of deceptive and illegal job and money-making scams and announced developments in four previously filed job scam cases.

In addition, the sweep includes 43 criminal actions by the Department of Justice, many involving the

substantial assistance of the U.S. Postal Inspection Service, as well as one additional civil action by the Postal Inspection Service and 18 actions by state attorneys general.

The FTC also announced partnerships with the online job placement service Monster.com, the search engine Bing, by Microsoft, and the centralized network of online communities Craigslist, to help job seekers recognize job scams so they can avoid being victimized. Monster, Careerbuilder, Bing and Craigslist will display FTC consumer education

material to people who are using the companies' Web sites to look for jobs.

"Federal and state law enforcement officials will not tolerate those who take advantage of consumers in times of economic misfortune," David C. Vladeck, Director of the FTC's Bureau of Consumer Protection said. "If you falsely advertise that you will connect people with jobs or with opportunities for them to make money working from home, we will shut you down. We will give your assets to the people you scammed, and, when it's appropriate, we'll refer you to criminal authorities for prosecution."

"Employment and business opportunity fraud causes terrible hardship to those who are suffering the most in these difficult economic times," said Assistant U.S. Attorney General Tony West. "The Justice Department is committed to prosecuting those who defraud through false promises of employment or financial success."

To help consumers avoid being conned by employment scams, the FTC has produced a new consumer education video in English and Spanish. Still shots from the Web sites of some of the operators charged in this law enforcement sweep, as well as video footage of FTC Consumer Protection Director Vladeck, and Monica Vaca, an Assistant Director in the FTC's Division of Marketing Practices, will also be available. To view them, go ftc.gov/jobscams and youtube.com/ftcvideos. For access to higher resolution versions, contact the FTC's Office of Public Affairs.

Sacramento Region - Census takers will be fanning out into Northern California and knocking on the doors of households that didn't mail back their 2010 forms.

The U.S. Census Bureau launches the Non-Response Follow-Up (NRFU) operations in May - where census takers will collect information from households that did not return their census forms. Thousands of local residents have been hired as census takers to complete this important task.

"The Non-Response Follow-Up operation plays a vital role in helping achieve an accurate 2010 Census count and determine the allocation of federal funds for community services," said Seattle Regional Director Ralph Lee. "We ask that you cooperate with census takers should they contact you. It's easy, important and safe. Information collected by census takers cannot be shared with any other government agency; they've taken a lifetime oath to not reveal any data."

In most cases, census workers will make initial visits during afternoons, early evenings and weekends. Workers will identify themselves with a census ID badge that contains a Department of Commerce watermark. The census taker may also be carrying a bag with a Census Bureau logo. Census workers will not ask for citizenship status, Social Security numbers, credit card or banking information.

If asked, he or she will provide supervisor contact information and/or the Local Census Office phone number for verification. If census workers are unable to reach a household member in-person, they will also attempt



contact by phone to conduct the interview with the household member.

The Census Bureau began monitoring mail response rates since March 17, 2010 to estimate the local NRFU workload. Recruitment and training for NRFU operations began in November 2009. An estimated 635,000 census takers will be deployed around the nation for this operations, with more than 19,000 in Northern California. The NRFU operations are scheduled to be completed by July 10, 2010. For information on NRFU operations, visit 2010census.gov.

Mandated by the U.S. Constitution, the census takes place every 10 years. Census data determine boundaries for state and local legislative and congressional districts. More than \$400 billion in federal funds are distributed annually based on census data to pay for local programs and services, such as schools, highways, vocational training, emergency services, hospitals and much more. Learn more about the 2010 Census at www.2010census.gov.

Highway Patrol Pays Tribute to Officers Killed in the Line of Duty

Sacramento Region - More than 200 California Highway Patrol (CHP) officers who have given the ultimate sacrifice in the line of duty were recognized during this year's memorial ceremony on May 6th at the CHP Academy in West Sacramento.

As a special honor this year, the U.S. Honor Flag, which flew over Ground Zero following the terrorist attacks of Sept. 11, 2001, flew above

the CHP memorial fountain. It served as a special tribute to CHP Officer Jarrod Martinez, 30, of Santa Barbara, who was struck and killed on October 29, 2009, by an errant vehicle while riding his personal motorcycle home from testifying in court on a CHP case, and as a special respect to all CHP officers who have died in the line of duty.

This one flag has flown with

the U.S. Military in combat zones, the Pentagon, several Presidential Libraries, the National Fallen Firefighters Foundation Memorial, and the National Peace Officers Memorial to honor those who have died in the line of duty in service to our communities and our country.

Source: Jaime Coffee, Information Officer II, CHP Media Relations

IRS Office to Hold Open House to Help Small Businesses, Individuals Solve Tax Problems

Sacramento Region - The Sacramento Internal Revenue Service Office will be among 200 Taxpayer Assistance Centers nationwide to host a special Open House on Saturday, May 15, 2010 from 9:00 a.m. to 2:00 p.m. IRS staff will be available on site or by telephone at 4330 Watt Avenue to help taxpayers work through their tax problems and walk out with solutions.

"Our goal is to resolve issues on the spot so small businesses and individuals can put any issues they have with the IRS behind them,"

IRS Commissioner Doug Shulman said. "If you have a problem filing or paying your taxes or resolving a tough tax issue, we encourage you to come in and work with us."

The IRS Sacramento office will be equipped to handle issues involving notices and payments, return preparation, audits and a variety of other issues. Sacramento residents who cannot pay tax balances due can discuss payment agreement options with IRS professionals and complete the paperwork then and there. IRS staff will also assist with

offers-in-compromise. Likewise, taxpayers struggling to complete certain IRS forms or schedules can work directly with IRS employees to get the job done.

At the March 27 Open House, 88 percent of the taxpayers who came in for help had their issues resolved the same day.

The May 15 Open House is the first of three events scheduled through the end of June. The next two are planned for Saturdays June 5 and June 26. Details regarding those events will be available soon.

Going Green with the Boy Scouts



Josh Klein with Wiggle Sign at Boy Scouts E-Waste Event

Carmichael - Leaders, E-Waste Committee, Scouts of troops 386 and 215 participated in an E-waste Drive at the Hillside Shopping Center on Saturday, April 24th. They started setting up at 7 am. Harriette Carr, Committee Chair, held an orientation and safety meeting with the participants. The donors started arriving early at 8:30 and they were taken care of prior to the official starting time of 9am. In the first two bin were items with screens (TVs, monitors etc) and the other bin contained other E-waste items. The Scouts directed the incoming

traffic, checking with the donors to meet State regulations, and then directing them to the unloading area. Adults unloaded the E-waste into the large bins and everyone received a thank you as they departed. All of this took place at a pace greater than one car a minute going through the whole system.

The cars and pickups streamed steadily through all day until after closing at 1pm. Three and a half bins were filled and moved to CEAR who will recycle the contents. All computer hard drives will be shredded to protect any

information that was still left on them.

Approximately 35,000 pounds of E-Waste was recycled meeting the Scouts goals of "Going Green with the Boy Scouts" and providing a much needed service to the communities we live in. With this being the third E-Waste drive, the goal of 200,000 pounds total should be met in keeping that much from the landfills.

Each of the three completed E-Waste drives were held in different parts of the district, to allow a new group of donors to be contacted by the Scouts placing approximately 18,000 green envelopes under the edge of doormats announcing the event to home owners in the respective areas. Local newspapers and TV-Station's electronic bulletin boards also announced the event. Other local businesses loaned traffic cones and other items to assist in guiding the incoming traffic around the temporary site with the guidance of the participating Boy Scouts. They surveyed incoming traffic, did exit surveys, passed out thank you notes to the participating donors too.

The events have generated funds to help the 2010 Jamboree Troop, another going to Philmont, other troop goals and the Pony Express District "Friends of Scouting" drive too. The E-Waste drives also help the local communities by keeping the E-Waste out of the landfills and get the Boy Scouts before the public eye.

Lungren: Affordable Care Act



By Congressman Dan Lungren

This week I had the opportunity to introduce legislation that will provide relief to millions of small business owners who would otherwise face an enormous tax reporting burden under the recently enacted health care bill. Section 9006 of the Patient Protection and Affordable Care Act (PPACA, PL 111-148) has not received much attention. It is comprised of a mere 170 words – a drop in the 2,300-page, 384,000-word health care reform bucket. But this little provision was calculated to be a big “pay for,” raising \$17 billion in tax revenue over ten years to help offset the cost of the PPACA. It will require business owners to provide a

separate 1099 tax reporting form for every company with whom they do more than \$600 worth of business in a given year. This means that California’s 3.6 million small business owners will face an onerous new tax reporting mandate for basic, everyday business expenses such as phone and internet service, shipping costs, office supplies and utilities, just to name a few.

What the drafters of Section 9006 have done, under the guise of health care reform, is essentially draft small businesses as a new enforcement arm of the IRS. Congress has seemingly determined that conscripting companies to snitch on one another will serve as an effective enforcement tool, much like it does in organized crime cases. This reveals a disturbingly jaundiced view of the business community as nothing but egregious tax evaders.

This provision is a two-punch combination against small business owners. Not only are they faced with an enormous new tax reporting burden, but Section 9006 will change the way companies select their vendors. Businesses will think twice before purchasing goods and services from smaller companies if they have to fill out an additional

1099 form for each individual vendor with whom they do business. It will be easier to rely on a single large supplier than to negotiate with a number of small companies.

This mandate could not come at a worse time for California businesses. It will prove to be a particular burden for small business owners, who already find themselves in a challenging economic environment. The National Federation of Independent Businesses has estimated that the cost of tax compliance is two-thirds higher for small companies as compared to large ones. Section 9006 is especially devastating for the Sacramento region, where nearly 90 percent of all businesses employ twenty or fewer employees. In a region where unemployment rates are among the highest in the nation, we cannot afford to needlessly encumber small business owners. It is for this reason that I introduced H.R. 5141, which will repeal Section 9006.

Small businesses are the economic engine of our nation, creating more than 65% of new job growth. Imposing yet another tax burden on them is bad medicine for all Americans.

Carmichael Rotary Club to Hold Annual Golf Tournament for Easter Seals

Carmichael - For the last 30 years, the Carmichael Rotary Club has hosted its annual golf tournament at Ancil Hoffman Golf Course to benefit Easter Seals, an organization committed to providing rehabilitation services for people with disabilities. As of 2009 the Carmichael Rotary Club has generated over \$710,000 in local donations to support Easter Seals and now is closing in on the impressive \$1,000,000. For three decades, a group of dedicated men and women from the Carmichael Rotary Club have put

their heads together and organized one of the Sacramento Region’s most successful fundraisers. Every dollar generated – after expenses for the course and food – goes 100% to Easter Seals. The Rotarians do not keep a dime. Rotary’s motto is “Service Above Self” and this annual event is one of the ways the men and women of Carmichael Rotary Club put words to action by helping Easter Seals realize their mission of helping children, men, women and seniors with disabilities live their lives to the fullest.

We invite all interested golfers, sponsors and media to join us on Friday June 11, 2010 for a day of great fun on the golf course, followed by a full course catered meal and a huge raffle. The Shot-gun tournament starts at 12:00 PM at Ancil Hoffman Golf Course in Carmichael, CA. Foursomes cost a total of \$600 and individuals are \$150 each. Sponsor levels are available from \$150 and up.

For additional information contact Jay Sedlak – at 916-486-3590 or by email at jaysedlak@pacbell.net.

PARKING LOT SALE JUNE 5TH 2010

Huge Annual Parking Lot Sale
June 5th, 7am-2:30am
Carmichael Elk's Lodge 2103
5631 Cypress Ave. Carmichael

VENDORS WELCOME
 Call 916-489-2103
 to rent stall \$15.00 each

Local Tea Party Group Formed

By Michele Moore, Christine Deterding and Sue Roedell

Like so many fellow citizens, we three women are concerned about the trend this country has taken over the last several years. We are all busy with our lives, working, raising families, and involving ourselves in our communities. While these are all very noble causes, it just doesn't seem to be enough to promote and maintain the values we all hold dear. We have been feeling an increasing need to get more involved and get more informed so that we can promote the positive changes that need to occur to get this country back on the right track. We have researched the philosophy of the grass roots tea party movement and believe they provide a clear and concise model for promoting positive change. As defined in their

mission statement, “Our mission is to attract, educate, organize, and mobilize our fellow citizens to secure public policy consistent with our three core values of Fiscal Responsibility, Constitutionally Limited Government and Free Markets.”

We believe that this is a philosophy many Americans can unite behind regardless of political party. It is essential that we educate ourselves so that we can educate others and promote positive change. Groups of concerned citizens are forming all across the country to promote these basic values that our country was founded on. We believe that our power is in numbers and together we will have our voice heard.

With the upcoming elections in November we have a perfect opportunity to educate ourselves about

the candidates and support those that will work toward restoring our country to a constitutional footing. We invite you to come join in our efforts and get the word out to your fellow citizens so that we can “make a difference”.

For more information contact: CarmichaelFairOaksPatriots@gmail.com. All meetings are from 7:00 to 9:00 in the evening. Thank you so much for helping us spread the word!

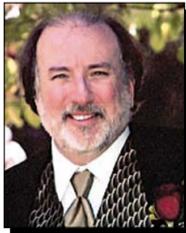
May 18, 2010
Fair Oaks Library
11601 Fair Oaks Boulevard,
Fair Oaks

June 24, 2010
Carmichael Library
5605 Marconi Avenue, Carmichael

July 22, 2010
Carmichael Library
5605 Marconi Avenue, Carmichael

Carmichael Times

Serving Carmichael and Sacramento County since 1981



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Widowed Persons Association of California, Inc.

Office Hours
 10:00 am - 3:00 pm
 Monday through Friday
 916-972-9722

Newcomer's Buffet & Social

Any and all widows or widowers may attend

Third Monday evening at 5:30 pm

In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenues; cost varies as the choice is from a no-host buffet menu.

This is a public service to all widows and widowers and there is no charge to attend the social other than the meal they chose.

Sunday Support

Any and all widows or widowers are invited

Every Sunday from 3:00 pm - 5:00 pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm - 5:00pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by WPAC. Participants do not need to be members and there is no charge.

Carmichael Recreation and Park District is announcing the following event:

Spring Concert with "Custom Neon"
Saturday, May 15,
7 to 9 p.m.

Danny Bishop Memorial Pavilion for the Performing Arts (aka Carmichael Park Band Shell) at rear of park

5750 Grant Ave, Carmichael

Free admission and parking and open to all ages!



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The 8th Annual 'Taste' of Carmichael

Saturday May 22, 2010 4:30 to 8:00PM

La Sierra Community Center, 5325 Engle Road

Charity for Children, Youth and Community projects

Event Tickets \$40 per person at the door

Event info George 481-0196.

Order Tickets Clyde 967-7627

or www.CarmichaelKiwanis.com

World-Renowned "Bodies Revealed" Exhibition Returns



Sacramento - In a triumphant return engagement, the groundbreaking and provocative Bodies Revealed, returned to Sacramento with an all new exhibition. The return is for a limited engagement, located at 2040 Alta Arden Way (Alta Arden at Arden Way; across from Arden Fair Mall). This marks the exhibition's much anticipated return to the West Coast following a two-year absence where visitors explored and learned about the human body. The exhibition has been seen by more than 15 million visitors worldwide including Buenos Aires, Argentina, Santiago, Chile, Copenhagen and Birmingham, UK, as well as in selected cities throughout the U.S.

This world-famous anatomical exhibition features real, whole and partial body specimens that have been meticulously dissected and preserved through an innovative process, giving visitors the opportunity to view the complexity of their own organs and systems. The exhibition features more than 200 specimens never before seen in California, including 14 whole body specimens posed in a combination of dramatic athletic and artistic movement including baseball catcher and pitcher, violinist and bicyclist. Authentic human specimens dramatically illustrate the damage caused to organs by overeating, lack of exercise and disease—more powerful than any textbook image. Additionally, the exhibition features a groundbreaking new design with video and interactive features, modern lighting and an open floor plan that allows visitors to experience each gallery at their own leisurely pace—exploring the skeletal, muscular, reproductive, respiratory, circulatory and other systems of the human body.

The return of Bodies Revealed to Sacramento marks one of the few times the exhibition has ever revisited a host city. In its 2007-08 debut, the

exhibition was greeted with sellout crowds as well as a month-long extension of its limited engagement. Hundreds of Northern California area schools attended the exhibition as an educational field trip supported by special classroom curriculum designed for teachers to continue the important discussion about the human body and health awareness. Also among its many visitors, medical students and practitioners, art students and other related professions attended the exhibition for its fascinating combination of scientific and artistic education. "Northern Californians have embraced this remarkable exhibition and we are thrilled to meet the demand for its return," stated Dr. Roy Glover, Chief Medical Director for Bodies Revealed. "It is more powerful and memorable than ever before with the new specimens and a unique design. In a region so well known for its medical excellence and passionate outdoor, active lifestyles, this is sure to enlighten, empower, fascinate and inspire."

The real human body specimens in the exhibition are preserved through a revolutionary technique called polymer preservation. In this process, human tissue is permanently preserved using liquid silicone rubber. This prevents the natural decay process, making specimens available for study indefinitely. The end result is a rubberized specimen, preserved to the cellular level, showcasing the complexity of the body's many bones, muscles, nerves, blood vessels and organs. The full-body specimens can take more than a year to prepare.

"Based on the success of the first Sacramento run, we are very excited to see this expanded Bodies Revealed exhibit return to our city," said Steve Hammond, President and CEO of the Sacramento Convention & Visitors Bureau (SCVB). "Not only does it

give our residents the opportunity to see a world-class traveling exhibit, it provides the SCVB with a strong attraction that will help us to draw additional visitors to this community."

A Special Mention for Teachers: As Vice President of Education for Premier Exhibitions, Inc., Cheryl Muré is responsible for customizing the Premier curriculum to the academic content standards for each state or country that hosts an Exhibition. These comprehensive educational materials are invaluable to teachers wishing to generate student interest before visiting an Exhibition and to extend student learning beyond the field trip. Muré works closely with local school districts to promote group visits for students and professional development programs for teachers. In addition, Muré has developed Activity Guides for Girl Scouts, Seniors and Camps. Muré holds an undergraduate degree in Education from Emory University and a Master's Degree in Education from Georgia State University. Muré is an experienced classroom teacher who has designed and implemented self-contained intervention programs for at-risk students. She has supervised Master's Degree Candidates from both Emory and Georgia State University and served as a guest lecturer at the GSU Graduate School of Education. Cheryl has also been a featured speaker at national conferences on Learning Disabilities.

Exhibition Hours:
Sunday – Thursday:
 10:00 a.m. – 8:00 p.m.
Friday – Saturday:
 10:00 a.m. – 10:00 p.m.
Last admission one hour prior to closing
Ticket Information:
 Ticket prices starting at \$14.00
 1-888-263-4379 or www.bodiessacramento.com

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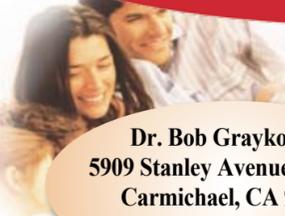
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CHAUTAUQUA PLAYHOUSE

to open *Charley's Aunt* on May 7



Charley's Aunt: (L) Jeff Thomas, Marc Berman, Nicholas Palleschi. Photo credit: Warren Harrison.

Chautauqua Playhouse announces the final show of its 33rd season, the classic comedy CHARLEY'S SAUNT by Brandon Thomas, opening on May 7th at the Playhouse. The show will run on Fridays and Saturdays at 8:00pm and Sundays at 2:00 pm through June 13. All performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$17 general and \$15 students, seniors, children and SARTA members.

Charley's wealthy aunt from Brazil, where "the nuts come from," will have to delay her visit. Time to press Lord Fancourt Babberly into action - and a dress. Comic confusion results in the world's most famous farce. Guaranteed to move an audience to tears of laughter!

The production is directed by Diane Bartlett and features Jeff Thomas, Marc Berman, Nicholas Palleschi, and many other popular Sacramento actors. Set design is by Rodger Hoopman with costumes by Eileen Beaver.

For tickets and additional information call the theatre at (916) 489-7529 (PLAY). Information and tickets are also available through the Chautauqua Playhouse website: www.cplayhouse.org.

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“FOREVER FIT” WELLNESS CLASS
Monday, May 19, 11:30 a.m. • \$20.00

Sometimes starting a new fitness program can be intimidating. Not anymore! As part of a special wellness class at **Arden Hills Resort Club & Spa** led by Fitness Director Adam Attia, you'll learn

the simple “Do’s and Don’ts of Fitness” plus have the opportunity to ask questions of a tried-and-true expert. Many of the tips may surprise you and will certainly get you motivated for action.

ARDEN HILLS BOOT CAMP!
Mondays & Wednesdays, May 31 thru July 7, 9:00 - 10:00 a.m. (six weeks)
\$150.00 for one class per week or \$300 for two classes per week

Scary as it sounds, it is nearly swimsuit season!!! NOW is the time to get your body into shape like never before with a six-week Boot Camp class at **Arden Hills Resort Club & Spa** on Monday and Wednesday mornings led by Fitness Director Adam Attia and his “drill co-instructor” Chris Kirkwood. Work

that body, tone those abs, lose the flab in six short weeks with a high impact and high energy boot camp class that is sure to produce results just in time for summer fun! Open to everyone, call 916-482-6111 for more information or visit www.ardenhills.net.

ORGANIC PRODUCE WELLNESS SEMINAR
Monday, June 7, Noon • \$20.00

Eating organic is quite trendy right now but there's more to it than simply looking for the organic sticker at the grocery store. Turns out, some products do not need to be organic due to their pesticide content and growing conditions. Find out the facts on organics and

eating healthy at a special wellness seminar presented by Lisa Taylor, the on-site nutritionist at **Arden Hills Resort Club & Spa**. Open to everyone, advance reservations are suggested as space is limited. For more, call 916-482-6111 or visit www.ardenhills.net.

“LIVE WITH OBADIAH” COOKING CLASS
Wednesday, June 2, 6:00 p.m. • \$20.00

It's almost summertime and time to taste and prepare some of the season's very best culinary delights. Executive Chef Obadiah Huetter is planning a special cooking class about creative ways to prepare healthy and nutritious meals using the outdoor grill during the next “Live With Obadiah” at Arden Hills Resort Club & Spa. You'll learn about

new cooking techniques and how to maximize the nutrients and flavor of regional cuisine using techniques that may surprise you. You're invited to join this ongoing and popular adult cooking series. Space is limited so reserve yours today. For more, call 916-482-6111 or visit www.ardenhills.net.

“FOREVER FIT” WELLNESS CLASS
Wednesday, June 9, 11:30 a.m. • \$20.00

When it comes to feeling great at any age, looking good is important to your overall well-being, too. For tips on a fresh new summer look and how to expertly apply today's natural looking mineral make-up, you're invited to a special “Forever Fit” wellness class at

Arden Hills Resort Club & Spa. Stylists from Salon Cabochon will help you create a perfect and fresh summer look to make you look and feel youthful and vibrant. Open to everyone, space is limited. To find out more, call 916-482-6111 or visit www.ardenhills.net.

For More Information:
916-482-6111
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Sacramento Master Singers Presents “I, Too, Sing America”

The Sacramento Master Singers, under the direction of Dr. Ralph Hughes, will close their 2009-10 Season with two performances of *I, Too, Sing America*. The two performances occur at First United Methodist Church (21st & J Streets) in Sacramento on Saturday, May 22, 2010 at 8:00 PM and on Sunday, May 23, 2010, at 3:00 PM.

In our program, *I, Too, Sing America*, we celebrate the works of American composers and poets including legendary composers Leonard Bernstein and Jerome Kern, and poets Robert Frost and Walt Whitman. The works of a younger generation of American songwriters such as Eric Whitacre and Joshua Shank, and emerging

poets such as California native Gabriel Navar, will also be featured. Tickets for *I, Too, Sing America* are \$18 and can be purchased online at www.mastersingers.org, or by phone by calling (916) 788-7464, or at-the-door one hour before each concert. All concerts will be held at First United Methodist Church, 21st and J Streets, in Midtown Sacramento.

Hometown Hero

Air Force Airman Amanda S Metzler



*Air Force Airman
Amanda S Metzler*

Air Force Airman Amanda S. Metzler graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force.

She is the daughter of Manfred Metzler of Glen Drive, Foresthill, Calif.

Metzler is a 2009 graduate of the Horizon Charter School, Lincoln, Calif.



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Monthly newsletter available online and at the community center for additional classes and events. For more information call (916) 972-0336 or go to www.morpd.com

Camp Have-A-Lot-of-Fun 2010

DATE: June 21 - August 13 TIME: 9 a.m.-12 p.m.
FEE: \$48.00 per Weekly Session
LOCATION: Mission North Park, 3344 Mission Ave., Carmichael

The camp is divided into two age groups:

AGES 3-5 YEARS
This group is for boys and girls who have not yet been to kindergarten. All campers must be toilet trained.

Grades K-4
This group is for children who have completed grades kindergarten through fourth.

For registration information, go to www.morpd.com or call Rich at 488-7276 ext. 3008

CAMP SESSIONS:

- Week 1: June 21-25
Pirate Crusade: Race to Jewel Rock
- Week 2: June 28-July 2
Camper Quest through Candy Kingdom
- Week 3: July 5-9
Camp Survivor: Lost on Rainforest Island
- Week 4: July 12-16
Welcome Back to Monsterstown: The Slimeville Invasion
- Week 5: July 19-23
Ultimate Team Challenge
- Week 6: July 26-30
Haunted Mansion Mystery
- Week 7: Aug 2-6
"A Day in the Life" on Planet Superhero
- Week 8: Aug 9-13
Crazy Carnival Vacation Celebration

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Getting-into-college Programs Scheduled at Carmichael Library

Two free programs for college-bound students are slated at Carmichael Library, 5605 Marconi Avenue, Carmichael.

Registration is required for each of these workshops by calling (916) 264-2920 or registering online at saclibrary.org.

The programs are sponsored by Sacramento Public Library Foundation and the Schwab-Rosenhouse Foundation.

May 14, Friday, 3:30 p.m.: Finding Your Best College Match

How do you know what colleges are best for each student applicants? Learn what schools are out there and what qualifications are needed to be admitted. With over 3,000 four-year colleges in the United States, there will definitely be some good fits for college-bound students. The program will be presented by college admissions advisor Margie Amott.

May 25, Tuesday, 6:30 p.m.: Making the Transition from High School to College

College-bound students can learn how to make that leap from high school to college. College admissions advisor Joan Adams will address concerns for first-year students, including adjusting to dorm life, making decisions, or dealing with difficult situations at college.

It's Not A Disaster When You're Having A 'Bad Hair' Day

By Rick Reed

It's a disaster when you're not prepared for flooding, fire, earthquakes and other natural calamities that can occur in almost any area of California at any time.

Carmichael native Jeff Cartwright knows from experience that disaster can take many forms. From a house fire that Cartwright experienced as a child to the earthquakes that change the geography in the Golden State it's not what will happen... but when. Living in California has many advantages and a few less attractive dangers. However, being aware and prepared can make you 'golden' in California if you've protected yourself and your assets in advance. While Jeff is an experienced insurance agent helping residents beat the odds in covering their assets in any disaster personal initiative is critically important. That's why having a family disaster plan is crucial to a happier ending. Here's what will help you gain an edge over danger:

Start your disaster protection plan today. You never know when - or in what form - a disaster will

strike, so it's important to have a solid disaster safety plan in place to protect you when the unexpected occurs. Since disasters can range from severe winter weather to a wildfire to a pandemic, it's important for your disaster response plan to be flexible, too. Your preparedness for a natural disaster is the key factor on how you will weather tough times. Having the proper plan and supplies will ensure your family's safety.

Take a moment to determine if you have an effective disaster protection plan by answering these questions:

1. If something happened to your home, where would you go?
2. If something happened during a weekday, where would you meet your family to make sure everyone is safe?
3. Where would you take your pets?
4. How would you pay for a week in a hotel if you had to evacuate?
5. Where do you keep your important papers, such as your insurance card, medical records and phone numbers?

Being prepared for a natural disaster is the best way to protect yourself and your family. Spend

some time talking with your family about what to do if a natural disaster struck your area then practice various scenarios so everyone knows what to do. Cartwright says a little family 'role playing' to rehearse a disaster plan save lives when it's real and not acting. For a list of tips on preparing for disaster, emergency supplies and strategies, visit www.nationwide.com.

For even more tips on how to build an emergency survival kit, head to the Federal Emergency Management Agency (FEMA) website. You'll find a 200-page brochure covering everything you need to know about disaster preparedness.

So, the next time you wake up to a 'bad hair' day, take heart you can always wear a hat and following the preceding tips know you are ready for a real disaster by being prepared.

If you have questions or would like to talk about asset protection and disaster preparedness, call Jeff Cartwright Nationwide Insurance Agency, 916-283-0364, email cartwrj5@nationwide.com, or stop by the office at Town & Country Village next to Trader Joes.



POPOFF!

with Mary Jane Popp

HIS COLD FEET

I have some questions for you ladies. Do you cringe when another family member asks you, "When are you getting married?" Are you truly happy for your newly engaged friend, but can't help feeling jealous every time she shows up wearing her NEW ring? If you answered yes to any of the above, you are diagnosed with a case of pre-engagement limbo. The good news is you're not alone. **Andrea Passman Candell** has been there, and she shared the whole painful experience with me on my POPPOFF Radio Show. She was once in pre-engagement limbo with a guy who needed more time and didn't catch on to any of her subtle hints like...when she asked him for a "ring," he said he just called her. No sense to the nonsense. Even after he proposed, he had cold feet until a few months before their wedding day. Here's the good news. Now they are

happily married with a young son. So Andrea set forth to take her own tried and true advice mixed with stories and commentaries from other women who survived, or are still surviving life on pins and needles. Soooooo, if you don't want to spend another Mother's Day as just a girlfriend, pick up **His Cold Feet: A Guide For The Woman who wants to tie the knot with the guy who wants to talk about it later.** Now don't get the idea that this book is about finding the right guy, and it's not about breaking up with the wrong guy. It's about getting "the one" to take the next step.

Andrea is a couple's therapist in private practice specializing in pre-engagement issues. Okay, let's get down to some basic tips from Andrea:

Don't Compare... So your mailbox is filling up with other people's wedding invites. Remember that every relationship moves at its own pace.

His Buying More Time Does Not Necessarily Mean Rejection... He's not popping the question probably has nothing to do with you. He could be dealing with his own fears.

Let Him Know That You Get It... Tired of his "I don't know's" whenever

you ask him about getting engaged? Instead of starting with "When do you think we'll get engaged?" Try starting with "I know that talking about marriage can be a scary conversation, but I'd love it if we could set aside some time to talk about how we each see the relationship growing."

Flight Expectation Downers... Thinking that a proposal is right around the corner, remind yourself to stay present the next time you have a big night planned out on the town.

Giving yourself an ultimatum... Feeling like you've been stuck in limbo for way too long? Thinking about dishing out an ultimatum? Dish one out to yourself. How long will you go on? You'll feel empowered.

You can also check out Andrea's website www.hiscoldfeet.com. As for yours truly, I think if I have to use every trick in the book to get him to pop the question, then is he really worth having? From one who has been married for 39 years, and no cajoling to get there, JUST A THOUGHT!!!!

Join Mary Jane for the **KAHI Noon News Monday - Friday and then again for POPOFF 10 PM - Midnight.**

Delta Lawmakers Request Review of DWR Bond Expenditures

Sacramento—The Joint Legislative Audit Committee today (May 5th) unanimously approved an audit requested to determine whether the Department of Water Resources (DWR) has demonstrated an ability to manage the significant amount of bond funds entrusted to it by California's voters. Senator Lois Wolk (D-Davis) and Assemblymembers Alyson Huber (D-El Dorado Hills) and Joan Buchanan (D-Alamo) made the request late last month, acting on a recent report from the state's bipartisan Legislative Analyst's Office (LAO) that raised concerns about whether the department is spending bond funds as the legislature and voters intended. "Since 1996, California's voters have approved seven resources bonds totaling nearly \$21 billion. This significant investment in our natural resources requires appropriate oversight to ensure

that bond dollars are being managed and spent as the voters intended," Huber said at the hearing. "The audit is intended to provide the Legislature and the Department with the tools to ensure appropriate and effective distribution of general obligation bonds."

The LAO report points to a Bureau of State Audits review of DWR's administration of Proposition 1E Flood Protection Corridor Program. The 2007 audit found several problems with the administration of the program, such as poor monitoring of grants, and overpayment for land acquisition.

"The LAO's report highlights the necessity for stronger oversight and accountability of general obligation bond funds within the Department of Water Resources," said Wolk. "We need to ensure that the Department of Water Resources has the tools

and capacity to efficiently and effectively manage bond funds in a manner that is consistent with voter and legislative intent."

Today's vote approved a review by the State Auditor of DWR's management of bond funds within the last five years.

The State Auditor has been tasked with assessing:

- the amount in bond funds received and spent by the department, as well as how much funding remains unallocated;
- whether the department has an effective system for tracking and managing bond funds; and
- whether there is adequate oversight for the department's bond expenditures.

The audit will begin in the next few months, and a report should be issued later this year.

For more information visit www.asm.ca.gov/huber.

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May is Water Awareness Month

Sacramento – The Department of Water Resources (DWR) reminds the public that May is "Water Awareness Month," a time to appreciate and carefully use the water resources essential to California's special quality of life.

"Water is vital to California's people, animals, ecosystems and economy," noted DWR Director Mark Cowin. "As warm weather and vacation season arrive, the need is greater than ever to use water wisely and practice water conservation."

DWR, in partnership with the Association of California Water Agencies (ACWA), will continue to run the "Save Our Water" program. The program, which was created by Gov. Schwarzenegger's 2009 drought declaration, aims to educate Californians about easy ways to conserve water indoors and outdoors.

Sierra snowpack and winter

rainfall increased in much of California in early 2010. As April ended, Sierra snowpack water content statewide topped 130 percent of average for that time of year. But the State still is recovering from three consecutive dry years. Some major reservoirs are lagging below average.

Reflecting these conditions, SWP deliveries for 2010 currently are estimated at 30 percent of the amount requested by the SWP contractors. If wet weather patterns continue, a slight adjustment to 35 or 40 percent in the final SWP allocation for 2010 could occur.

Water Awareness Month originated during California's 1987-1992 drought to help educate consumers on using water resources efficiently.

During the recent three dry years, many regions activated drought restrictions and intensified their water conservation efforts. As of April 2010,

67 local water agencies in California mandated water conservation while 56 other agencies urged voluntary conservation practices. Visit the Web site at www.saveourh2o.org

In May, DWR will publish its 2009 Update to the California Water Plan, the most comprehensive report available on water issues, including supply and demand, conservation, global warming impacts and water resource management. Persons interested in reading the report can access it online at www.waterplan.water.ca.gov/cwpu2009

The Department of Water Resources operates and maintains the State Water Project, provides dam safety and flood control and inspection services, assists local water districts in water management and water conservation planning, and plans for future statewide water needs.

Carmichael Player Places 3rd in Pokémon Championship

Bellevue, Wash –The Pokémon Company International, a worldwide leader in trading card gaming, today (April 22) announced that Robert Fuhman placed 3rd at the 2010 Santa Clara Pokémon TCG Regional Championships held in Sunnyvale, CA. Pokémon tournaments provide an opportunity for Pokémon players to succeed at an intellectual sport and test their Pokémon TCG skill, strategy, and creativity. The Regional Championships tournament is the third event in the Pokémon Organized Play series, which

culminates in the TCG's most prominent event of the season: the Pokémon World Championships to be held in Hawaii this August.

Pokémon TCG Regional Championships are held in 13 regions across the U.S. and are open to all eligible players. Competitors are divided into three divisions: Junior Division (born in 1999 or later), Senior Division (born in 1995-1998), and Masters Division (born in 1994 or earlier). First-place winners in each division receive a Regional Championships trophy, a

Travel Award to the 2010 Pokémon TCG U.S. National Championships, and a scholarship of \$1500, along with a cool Pokémon prize kit. Second-place winners receive a scholarship award of \$1000, a Regional Championships trophy, and 36 Pokémon booster packs, while third- and fourth-place winners receive a Regional Championships trophy and 36 Pokémon booster packs. Prizes are awarded to the top sixteen players in each division, and all prizes include Pokémon TCG expansion booster packs.

A Live Masterpiece to Behold



(L-R) - Chloe Horne, Ballerina, Donald Kendrick, Conductor, Michael Sokol, Baritone, Ji Young Yang, Soprano and Chester Pidduck, Tenor meet and greet the crowd attending the Choral Society event at the Mondavi Center. Caroline Schafer, volunteer, works in the wings (far left corner).

By James Lajoie
Special to the
American River Messenger

The stars were definitely in full alignment at the Mondavi Center on Sunday afternoon, May 2 when Conductor Donald Kendrick and the Sacramento Choral Society & Orchestra stepped on stage for their performance of Carl Orff's rollicking secular cantata, *Carmina Burana*. The warm spring weather drew an amazing crowd to this performance, a crowd that was not shy about showing its appreciation of the SCSO's artistry at this year-end matinee performance.

Special guest soloists Ji Young Yang, soprano, Chester Pidduck, tenor and Michael Sokol, baritone, joined the Sacramento Children's Chorus (Lynn Steven, Director) and dancer Chloe Horne to vividly demonstrate both the power of Orff's *Carmina* composition as well as the SCSO's powerful delivery of this choral orchestral masterpiece.

Throughout the first half of the program featuring Dvorak's *Carnival Overture* and Respighi's *Ancient Airs and Dances*, Kendrick's conducting was electric, poised and economical. The orchestra painted some outstanding sound images in the *Overture* and the Respighi simply shimmered in the warm acoustics of the Mondavi Center.

In *Carmina Burana* the large SCSO Chorus sang and played with all-out zest that this score requires, with its libretto drawn from medieval Latin texts celebrating the cycle of life and praising wine, song, romance and the

joys of springtime. The SCSO Chorus and Orchestra clearly brought to the Mondavi stage an accomplished, artistically exciting performance, and a visceral experience that even the best recordings cannot remotely provide. In the couple of dozen songs that follow "O Fortuna" we hear the voices of lovers, tavern types, gamblers and wanderers who live under the sway of Fortuna. The sounds and rhythms of their words, whether in medieval Latin, French or German, are important, and in the whole performance the words sung by the Chorus had crystal clarity.

Orff's *Carmina Burana* opens with the stunning and famous *O Fortuna* whose text is a medieval resigned acceptance of the Wheel of Fortune as the determiner of one's fate. This piece alone is so familiar to the general public, having been used in many movies and commercials that they may not even know that it comes from a much larger work of classical music.

The Sacramento Children's Chorus added a lightness, charm, and a youthful energy to the program visually and musically. Their impeccable diction and musicality reflected thoughtful preparation by their Director, Lynn Stevens.

Ji Young Yang's sterling soprano voice soared in the magnificent Mondavi Center, extolling the joys of youth and springtime. Her ravishing coloratura soprano voice sailed effortlessly up to high D in "Dulcissima", sang it pianissimo and cascaded down chromatically, entrancing the Mondavi audience

with her warm, rich sound.

Tenor Chester Pidduck's vividly portrayed a beautiful swan whose days were numbered. Using his strong and versatile tenor voice, he created an outer-space timbre and negotiated a taxing falsetto voice for the funny, macabre song of a young swan aghast and indignant at being roasted and carried to a tavern table.

Michael Sokol projected a focused baritone voice and was riveting for his swaggering personality, notably in the Abbot's song.

Dancer Chloe Horne added a wonderful touch to the performance through her graceful movements on stage during the opening and closing movements. The elegant manner in which she presented each of the soloists added a natural warmth to the overall performance.

It was, however, Music Director Donald Kendrick's conducting that added the true magic that drew the large forces of the entire *Carmina* performance together. Conducting the entire 70 minute score from memory – something that is rarely done – Kendrick coaxed nuance from both the orchestra and chorus. His natural musicianship and his mastery of the *Carmina* score provided an electric experience for both the performers and audience alike.

Plan now to join the SCSO at their June 5th Stained Glass performance at the recently renovated Cathedral of the Blessed Sacrament in Sacramento. For tickets and information visit sacramentochoral.com or call (916) 536-9065.

Genealogical Association of Sacramento Inc.

The Genealogical Association of Sacramento will meet May 19th 2010 at the Colonial Heights Library on Stockton Blvd. at 21st Ave., Sacramento, due to the remodeling at Bele Coolidge Library. We will meet there at Colonial Heights as well in June. Our Speaker for May is Susan

Jackman speaking on using tax records in research. She teaches family history through the Folsom-Cordova Adult Education, and conducts seminars through the Family History Center (where she is a member of the board of Directors). She is also a professional researcher, specializing in

Pennsylvania German Research. Please invite, or bring any interested person to our monthly meetings. Visitors are always welcome at the meetings. We're having a "sharing" time at the beginning of our meetings which seems beneficial. We'll hope to see you there on May 19th.

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North Ridge Country Club
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All Republican Candidates on the June Primary Ballot for Federal, State and County races have been invited to "Meet and Greet" their constituents

GUESTS ARE WELCOME

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House made lasagna with tomato basil sauce, dessert and beverage

Reservations for lunch must be received by Friday, May 5, 2010

Please call 733-1632 for reservations

or register online: www.sacramentorwf.org

For more information or attendance to the Meet and Greet only, Please call Terri Lyn at (916) 723-6156 or e-mail terriyn1@aol.com



Note: Due to time constraints, the contested races for U.S. Representative District 4, and State Assembly Districts 5 and 10 candidates will be given the opportunity to speak to the attendees for 5 minutes each.

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FICTITIOUS BUSINESS NAME STATEMENT #1003403. Paul M. Garcia, 6945 Chevy Chase Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name "Alacran Heating & Air Conditioning" at 6945 Chevy Chase Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on April 9, 2010. Publish: April 21, 28, May 5, 12, 2010.

ALACRA 00403 5-12-10 FICTITIOUS BUSINESS NAME STATEMENT #1002860. Joan S. Swanson and Jerry L. Swanson, both of 6616 Stanley Ave., Carmichael, CA 95608 are doing business under the Fictitious Business Name "Creative Piano Workshops" at 6616 Stanley Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 24, 2010. Publish: April 21, 28, May 5, 12, 2010. CREATI 00403 5-12-10

FICTITIOUS BUSINESS NAME STATEMENT #1003528. Alexey Pankov, 4100 Coloma Rd. #64, Rancho Cordova, CA 95672 is doing business under the Fictitious Business Name "East West Invest FX" at 4100 Sacramento Inn Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on April 14, 2010. Publish: April 21, 28, May 5, 12, 2010. EASTWE 00403 5-12-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00074805 WHEREAS, Shannon Renee Poor has filed a petition with this court for a decree changing name of Shannon Renee Poor to Stella Renee Pierson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on May 21, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 8, 2010. LOREN E. McMASTER Judge of the Superior Court Publish: April 21, 28, May 5, 12, 2010. PIERSO 00403 5-12-10

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532-2113

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00075015 WHEREAS, Sarah Otero has filed a petition with this court for a decree changing name of Monique Deja Alazai Otero to Monique Deja Alazai Otero Buckley. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 21, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 9, 2010. SHELLEYANNE W.L. CHANG Judge of the Superior Court Publish: April 21, 28, May 5, 12, 2010. OTERO 00403 5-12-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00075745 WHEREAS, Temesha Lynette Koonitz has filed a petition with this court for a decree changing name of Temesha Lynette Koonitz to Temesha Lynette Albee. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on June 2, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 15, 2010. SHELLEYANNE W.L. CHANG Judge of the Superior Court Publish: April 28, May 5, 12, 19, 2010. ALLBEE 00404 5-19-10

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #0909672 The following persons have abandoned the use of the FICTITIOUS BUSINESS NAME of Ambela Inc., located at 4924 Olive Oaks Way, Carmichael, CA 95608. Ambela Inc., 4924 Olive Oaks Way, Carmichael, CA 95608. The business was conducted by a corporation. The Fictitious Business Name Statement was filed on Oct. 23,

2009 in the County of Sacramento. Filed with the Clerk of Sacramento County on April 9, 2010. Publish: May 5, 12, 19, 26, 2010. AMBELA 00501 5-26-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00076295 WHEREAS, Moses Muaj Yeej Christ and Xe Yang have filed a petition with this court for a decree changing names of Lucy Cha to Lucy Muaj Yeej Christ; Melinda Cha to Melinda Muaj Yeej Christ; and Laura Cha to Laura Muaj Yeej Christ. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on June 4, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 23, 2010. SHELLEYANNE W.L. CHANG Judge of the Superior Court Publish: May 5, 12, 19, 26, 2010. CHRIST 00501 5-26-10

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: 20100195400255 Title Order No.: 100078642 FHA/VA/PMI No.: 14540330 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 07/06/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDEX WEST, LLC, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 07/13/2005 as Book No. 20050713 and Page No. 0634 of official records in the office of the County Recorder of SACRAMENTO County, State of CALIFORNIA. EXECUTED BY: LIZBETH FICARRA AND JEFFREY FICARRA. WILL SELL, AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 06/01/2010 TIME OF SALE: 11:00 AM PLACE OF SALE: AT THE MAIN ENTRANCE TO THE COUNTY COURTHOUSE, 720 9TH STREET, SACRAMENTO, CA. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 4232 CALLANAN

NOTICE OF PETITION TO ADMINISTER ESTATE OF HELEN M. ARZIG, decedent. ESTATE NO. 34-2010-77074 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of HELEN M. ARZIG, decedent. A petition has been filed by Paul E. Moschetti in the Superior Court of California, County of Sacramento, requesting that Paul E. Moschetti be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection

COURT. CARMICHAEL, CALIFORNIA 95608 APN#: 245-0320-016 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the note balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$549,884.05. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. FOR TRUSTEE SALE INFORMATION PLEASE CALL: FORECLOSURE EXPEDITORS/INITIATORS, LLC 505 NORTH TUSTIN AVENUE, SUITE 212 SANTA ANA, CA 92705 714-277-4845 www.usa-foreclosure.com NDEX West, L.L.C. MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NDEX West, L.L.C. as Trustee Dated: 05/11/2010 FEI # 1039.01750 5/12, 5/19, 5/26/2010 Publish: May 12, 19, 26, 2010. WATSON 00502 5-26-10

NOTICE OF PETITION TO ADMINISTER ESTATE OF HELEN M. ARZIG, decedent. ESTATE NO. 34-2010-77074 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of HELEN M. ARZIG, decedent. A petition has been filed by Paul E. Moschetti in the Superior Court of California, County of Sacramento, requesting that Paul E. Moschetti be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection

with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Room 214, Sacramento, CA 95826 on June 10, 2010 at 9 a.m. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code. The name and address of petitioner or petitioner's attorney is: Watson, Hoffe & Hass, 3700 Barrett Ave., P.O. Box 5001, Richmond, CA 94805; (510) 237-3700. Publish: May 12, 19, 26, 2010. WATSON 00502 5-26-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00069124 WHEREAS, LaSonja Holmes has filed a petition with this court for a decree changing names of Kevonne Isiah Dee Holmes to K'veion Isiah Dee Holmes; and Kemarion Isaac Anthony Holmes to K'marion Isaac Anthony Holmes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on June 15, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 4, 2010. LOREN E. McMASTER Judge of the Superior Court Publish: May 12, 19, 26, June 2, 2010. HOLMES 00502 6-2-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00076425 WHEREAS, Elizabeth Esther Shore has filed a petition with this court for a decree changing name of Elizabeth Esther Shore to Elizabeth Esther Rhose. IT IS ORDERED that all persons interested in the above entitled matter appear before this

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00069124 WHEREAS, LaSonja Holmes has filed a petition with this court for a decree changing names of Kevonne Isiah Dee Holmes to K'veion Isiah Dee Holmes; and Kemarion Isaac Anthony Holmes to K'marion Isaac Anthony Holmes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on June 15, 2010 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 4, 2010. LOREN E. McMASTER Judge of the Superior Court Publish: May 12, 19, 26, June 2, 2010. HOLMES 00502 6-2-10

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2010-00076425 WHEREAS, Elizabeth Esther Shore has filed a petition with this court for a decree changing name of Elizabeth Esther Shore to Elizabeth Esther Rhose. IT IS ORDERED that all persons interested in the above entitled matter appear before this

court at 9 a.m. on June 8, 2010 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 26, 2010. SHELLEYANNE W.L. CHANG Judge of the Superior Court Publish: May 12, 19, 26, June 2, 2010. RHOSE 00502 6-2-10 WATSON 00502 6-2-10

FIRST JUDICIAL DISTRICT STATE OF IDAHO COUNTY OF KOOTENAI SUMMONS CASE #CV-09-1686 NOTICE TO DEFENDANTS: WESTERN SKY PROPERTIES, LLC, a Wyoming liability company, and MICHAEL SHERIDAN, managing member. You are being sued. PLAINTIFF'S NAME IS: JPS GROUP, LLC, an Idaho limited liability company. The nature of the claim against you is breach of fiduciary duties. Any time after 20 days following the last publication of this summons, the Court may enter a judgment against you without further notice, unless prior to that time you have filed a written response in the proper form, including the Case No., and paid any required filing fee to the Clerk of the Court at 451 Government Way, Coeur d'Alene, Idaho 83814, (208) 446-1000 and served a copy of your response on

the Plaintiff's attorney, Susan P. Weeks, at James, Vernon & Weeks, P.A., 1626 Lincoln Way, Coeur d'Alene, ID 83814, (208) 667-0683. A copy of the Summons and Complaint can be obtained by contacting either the Clerk of the Court or the attorney for Plaintiff. If you wish to have legal assistance, you should immediately retain an attorney to advise you in this matter. Dated: April 22, 2010. Kootenai County District Court Kathy L. Booth Deputy Clerk. Publish: May 12, 19, 26, June 2, 2010. JAMES 00502 6-2-10

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WANTED-AVON Party Hostess Earn 50% Total Party Sales 50% off Hostess order Hostess privilege catalog Hostess and Guest Gifts Call Elizabeth 916-295-0185 (MPG)

Pathologist Perform general anatomic & clinical inpatient/outpatient pathology services. Travel to other unanticipated sites may be required. Kolbeck, Bauer & Stanton Medical Corporation, 3637 Mission Ave., Ste. 5, Carmichael, CA 95608. (MPG)

Urgent F/PT Sale Reps needed Latest telecommunications products. \$\$\$ Commission, Bonuses, Residuals Training available call 916-612-6621 (MPG)

Health Care Marketing. We are successful business entrepreneurs looking for people passionate about health & business. Go to www.myprolandinbusiness.com and watch a video News clip. Leave your name and email address to learn more, we will get back to you. (MPG)

SALES, Seeking Business minded Marketing rep's, New Technology/ Globally, Training available, F/PT, Residual Income, Commission, Fax Resume 916.910.2002 (MPG)

We are seeking dynamic customer service oriented individuals with great communications and typing skills needed to work on behalf of our company this service representative will earn up to \$3000 monthly any job experience needed. Email at danielperez1980@yahoo.com if interested (MPG)

MAKE A DIFFERENCE. For More Information: (916) 383-9785 ext. 15 (MPG)

Wanted: 29 Serious People to Work From Home using a computer. Up to \$1,500-\$5,000/PT/FT www.REBvision.com (MPG)

TIRED OF BEING BROKE? Get paid daily. No experience required. Local training. 888-211-4288 www.happyandhealthyfamily.com (MPG)

STRESSED OUT? Work from home & get paid daily! www.happyandhealthyfamily.com 888-211-4288 (MPG)

Matheson Trucking, Inc. is now hiring an Executive Administrative Assistant to be the primary support for the CEO, CFO and COO. Supports front desk, prepares and maintains documents, schedules meetings and travel. Must have 5+ years exp supporting a corporate environment; excellent verbal and written communication skills; proficient in MS Outlook, Word, Excel and PowerPoint. Must be professional, friendly and a team player. Fax resume to 866-418-9913 (MPG)

Help Wanted - Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information. (MPG)

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Would you like to be Mentored by a Millionaire? Proven System, Perfect timing. 24 Hr Recorded Message. CALL NOW!!! 888-279-7875 (MPG)

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PAINTING, sheet rock, texturing, book cases, fence repair, gutter cleaning. Roger (916) 969-4936 or (916) 410-5545 (MPG)

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Homesitters on Wheels. Office needs two RVers with RV's for Petsitting 916-483-5146 (MPG)

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Lawn and Garden Service Bi-weekly or monthly Call for FREE estimates 965-8224 (MPG)

Lawnmower Service Mow & Edge your lawn 4 times per month for a fee. Call Bob 916-456-5281 (MPG)

Tall Weed Cutting Low Rates 916-524-7477 (MPG)

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for info at 454-3430 or 802-9897. (MPG)

Lawn Service - I can mow and edge your lawn. Reasonably priced. Call for a free estimate at 916-934-9944 (MPG)

Lawn Service

American Lawn Service Weekly Service \$15/week. Quote for one time service. 487-7905 (MPGM)

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Need an Attorney? Have a legal situation? Looking for extra income? Contact Eicka Mitchell at 916-729-7364 or ericamitchell@prepaidlegal.com (MPG)

Miscellaneous

Richmond's Hunting Club Come hunt with us - 20K acres. Doves, Quails, Pheasants, Ducks and Geese. For information: Dennis Sanders 530-913-5817 or Les Edwards 530-458-3814 (MPG)

TUPPERWARE Please call for a Free Catalog. Chris Krcmar 916-483-1671 (MPG)

Miscellaneous Items For Sale

Electric Wheelchair Jazzy/1121 Brand new batteries - custom footguards - cane holder - basket - metallic blue. New \$5,700 - Sacrifice \$1,450 obo - Cash Only Please - (916) 488-4154 (MPG)

Kawai upright piano and bench, used, excellent condition, oak finish. \$3000 Call: 916-988-2927 (MPG)

Mount Vernon Single Cemetery Lot Garden of Humility (front-east side of building) \$5,000.00 Contact: 1-405-728-0420 (MPG)

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WANTED: OLD POSTCARDS 483-0622 (MPG)

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Guitar, Acoustic Unused with accessories. \$85 Cash. 362-7118 (MPG)

GUITAR WANTED Looking for Older Guitars and Amps, Fender, Gibson, Martin, Fender, Marshall Amps. Will Pay up to \$2000.00 Cash!! (916) 966-1900 (MPG)

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Mobile Notary Services Certified Loan Signer Paralegal Services Powers of Attorney, Wills Will Travel to Your Home or business 916-508-7080 (MPG)

Notary Services Hospital, Care Home or make arrangements. Call (916) 482-9388 for details. Ask for Debbie or leave message. (MPG)

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Home Sitters on Wheels office needs two RVers with RV's for pet sitting. Call 916-483-5146 for more information. (MPG)

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Piano Lessons - All ages 1st lesson free. Rancho Cordova 916/858-1571 (MPG)

Piano lessons for children and adults by experienced, creative teacher. Citrus Heights. For more information, visit www.anitraalexander.com, or call (916) 725-1054 (MPG)

Prayers & Novenas

THANKSGIVING NOVENA TO ST. JUDE O Holy Saint Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor

of all who invoke your special patronage in time of need. To you I have recourse from the depth of my heart and humbly beg to whom God has given so great power to come to my assistance. Help me in my present and urgent petition, in return I promise to make your name known and cause you to be invoked. Saint Jude pray for us all who invoked your aid. Amen. Say *three Our Fathers, three hail Marys and Glorias. Publication must be promised. This novena has never been known to fail.* I have had my request granted and will fill to publish my thanksgiving. (MPG)

Tow Cars Away

Call to remove abandoned cars for FREE. (916) 457-4000. Must be present at pick-up. (MPG)

Upholstery

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Volunteers Needed

Volunteers Needed: The Domestic Violence Intervention Center needs caring people to assist victims of domestic violence. For more information call 728-5613 or visit our office at 7250 Auburn Blvd., Citrus Heights, CA (MPG)

Real Estate Auctions

AUCTION-SPECTACULAR 106 acre PROPERTY near Paso Robles with highway frontage, nice home, irrigation, well and more! Visit www.AuctionCA.com Call Elite Auctions (661) 325-6500. Auction June 5th @ 12 noon. (Cal-SCAN)

Real Estate Homes For Sale



Quiet & Established Neighborhood! Original Model home w/ only 1 owner, be the 2nd owner! Home is 3 bd, 2 ba w/ formal living/dining room, den, & inside laundry! Front & back landscaped.\$274,500 Agent: Fred Eichnerhofer 530.878.6100 DRE# 00920443 Sierra Pacific Real Estate. (MPG)

Carmichael New Listing 1700 sq

KVIE Documentary Explores Latest on Alzheimer's Disease

Sacramento – Keeping the mind active as we age may help maintain mental strength later in life. Alzheimer's disease or dementia can strike at any age—not just in our senior years. Memory loss puts a huge burden on family members who often times become caregivers. Staying Sharp, which airs Wednesday May 19 at 7pm, looks at how our beliefs about aging and memory have profoundly

changed over time, and who could be at risk for developing the disease. Staying Sharp takes an in-depth look at the history of Alzheimer's disease and dementia. Neurologists from the Memory Institute at Sutter Health and scientists at UC Davis weigh in on the latest research on Alzheimer's and dementia. Dr. Shawn Kile, one of the specialists featured in the

program, says "Diet is thought to be a risk factor for dementia, especially Alzheimer's Disease." Staying Sharp takes you inside the brain, and offers useful advice on maintaining mental strength as we age. This program is part of KVIE's Focus on Health Initiative underwritten by the UC Davis Health System. The ViewFinder series is underwritten by AT&T and SAFE Credit Union.

First 5 Sacramento Awards \$16 Million to Local Organizations

Sacramento –The First 5 Sacramento Commission awarded \$16 million through June 2015 to fund programs and services that promote the healthy development of children prenatal through age five and their parents in Sacramento County. The allocation will fund two priority areas for the Commission—Health, Effective Parenting and Early Care and Development:

- ☐ **Nutrition Services:** \$1.8 million awarded to the Health Education Council for nutrition education.
- ☐ **Breastfeeding Services:** \$5.5 million awarded to Department of Health and Human Services' Women, Infants, and Children program for breastfeeding support services.
- ☐ **Effective Parenting:** \$7 million awarded to the Sacramento

Children's Home's Crisis Nursery for residential crisis intervention services and emergency child care; \$2.1 million awarded to the Child Abuse Prevention Center of Sacramento for crisis intervention and support services delivered through a network of eight family resource centers.

"The Commission is pleased to fund these innovative programs to ensure that Sacramento County's children are healthy and ready to learn when they enter kindergarten," said Roger Dickinson, Chair of First 5 Sacramento Commission and Chair of the Sacramento County Board of Supervisors. "Many excellent programs were reviewed and considered in the Commission's effort to promote the health, development and safety of our youngest population."

About First 5 Sacramento
Research shows that a child's brain develops most dramatically in the first five years and what parents and caregivers do during these years to support their child's growth will have a meaningful impact throughout life. Based on this research, California voters passed Proposition 10 in 1998, adding a 50 cents-per-pack tax on cigarettes to support programs for expectant parents and children ages 0 to 5. First 5 Sacramento County distributes approximately \$17 million a year in Prop. 10 revenues to programs and services that meet local needs. Information about First 5 Sacramento Commission programs is available online at www.First5Sacramento.net or by calling 916-876-5865.

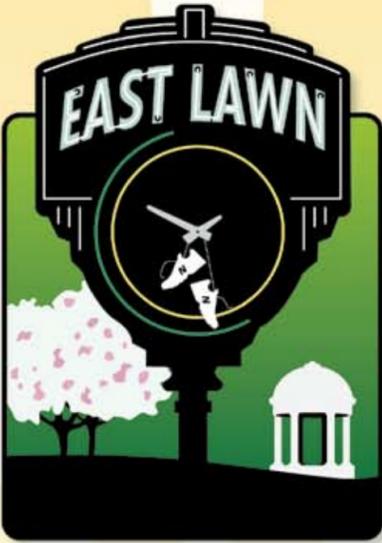
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Over 50 exquisitely quilted items
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Quilts donated by award-winning quilter, Billie Perry.

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Fair Oaks Presbyterian Church
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**Alzheimer's Aid Society
Memorial 5k Run/Walk**

City of Sacramento 5k Championship

Saturday July 24, 2010

Start and finish lines at the historic
East Lawn Memorial Park



Benefiting
**the Alzheimer's
Aid Society**
of Northern California














For registration or more info: www.memory5k.org



We're here for you.

The holidays are often filled with warmth, laughter and time spent with family. They are also a time when adult children notice changes in their older parents. Aegis Living, a national leader in assisted living and memory care communities, understands this period in adult children's lives. If you recognize a change in your family member and would like help with next steps, please contact us at Aegis of Carmichael.

Call 916-972-1313 or visit AegisofCarmichael.com for more information.

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“Hogue In The Morning” Launches on KTKZ AM 1380



Eric Hogue

Sacramento – KTKZ 1380 Capitol Hour host, Eric Hogue, launched

his 2nd live show on KTKZ 1380; “Hogue in the Morning” from 7-9 am Monday through Friday. Hogue in the Morning will be Sacramento’s only local, live political talk show.

Eric Hogue will continue to host The Capitol Hour from Noon to 1:00 pm in addition to “Hogue in the Morning”.

Eric Hogue is a 30-year radio professional. Hogue started his career in Northeastern Ohio, working the markets of Cleveland, Akron and Pittsburgh, Pennsylvania on both television and radio handling talk radio and sports play-by-play. Hogue and his family moved to Sacramento, California in 2000 and he is nationally known for his launching of the historic

Gray Davis Recall in 2003. In 2004, Hogue received the Andy Anderson Award as Salem Communications’ “Talk Host of the Year”.

Eric Hogue frequently guest hosts for national talkers Hugh Hewitt, Michael Medved, Dennis Prager and Roger Hedgecock. In 2007 Hogue made a brief attempt to run for State Assembly, bowing out of the race to return to 1380 KTKZ and his 10-year tenured microphone covering the Capitol of California. Eric Hogue is a contemporary, relevant and uniquely conservative Republican and is often referred to as “the most politically connected talk show host in Sacramento.”

Tigers By the Tale

First Look for Fusion Fitness Workout for Over 49’ers

By Rick Reed

Keeping healthy is the goal of most aging Americans, but many workouts are too complicated, demanding or boring. After teaching students for 41 years Sacramento’s martial arts icon Tae Kwon Do Grandmaster Clint Robinson has created an “American blend” low-impact workout ideal for helping baby-boomers stay healthier longer. They are the Silver Tigers.

For those becoming less active, less flexible and less vigorous as time goes by, the Silver Tiger Club is both a health and wellness routine. Without a focus on Black Belt training and none of the traditional sparring, the blend of core-strengthening exercise from

Pilates, balance and flexibility from Yoga and fluid martial arts flexibility from TKD, provides a complete fitness package, one hour a week.

Teaching TKD to thousands of students since 1975, Mr. Robinson knows the physical and mental benefits of regular exercise. As an instructor of both Sports Business and Martial Arts at American River College, he learned what aspects of various fitness routines would provide good health, security and greater confidence to older adults not interested in obtaining the Black Belt. That realization opened the door to creating a fitness environment focused on fun, health

maintenance and self-defense.

The Silver Tiger Club also offers a social setting for contemporaries not interested in the competitive, often extreme scenes at some traditional gyms. By keeping the workout simple, focusing on stretching, balance, flexibility and endurance, the Silver Tiger routine has been compared to the traditional, but often repetitive Tai Chi, but offers what older Americans need most. Fun and fitness, once a week, four times a month.

Costs are \$10 per class, with discounts available thru the Silver Tiger Club. Call 916-481-6815 or visit www.robinsonstkd.com for more.

Christian Singles Network will Hold Their Annual Dateless Prom

Carmichael - Christian Singles Network, will hold their annual Dateless Prom for single adults Saturday May 22, from 7 PM to 11:30 PM. at Carmichael Presbyterian Church, 5645 Marconi Ave., Carmichael. CSN is the Sacramento area’s largest interdenominational Christian singles group. Couples are also welcome, and all ages are welcome to attend. Doors open at 6:45 PM.

The evening features a dance lesson in the Waltz by Janine Wright from 7-8 PM, and DJ dance music from 8-11:30 by DJ Dale Chessey. The dance music, both recent and oldies, is a mix of rock and roll, ballroom, Latin, country and Christian music at all dances.

Dress is party attire, semi-formal or formal attire with jacket and tie suggested for men. The ticket price of \$15 presale or \$20 at the door includes hors d’oeuvres, non alcohol beverages and the dance lessons. Volunteers attend free - please call 530-878-8606 to volunteer.

Christian Singles Network, founded in 1992, holds weekly events, with dances every month. The next dance after this is the Safari Dance which takes place June 12 at Carmichael Presbyterian Church. Call the number below for directions or more information. Membership is not necessary to attend, although members get a \$5 discount at the door. All ages and all denominations are welcome CSN has been holding

dances 17 years, drawing singles from the Sacramento, the foothills, and beyond to Reno and the Bay Area.

Pre-sale dance tickets are available on line at www.christiansinglesnet.com, or at Berean Bookstore in Sacramento, and Jireh’s Bookstore in Placerville; or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722. Call Christian Singles Network to volunteer or find out more information, 530-878-0606.

To receive more information about activities, or directions call the 24 hour event line at (916) 658-0606. The website, www.christiansinglesnet.com, includes directions to the dance as well as information about upcoming events including seminars, getaways, and parties and cruises.

Gas Prices Climbing Higher

Sacramento - Average retail gasoline prices in Sacramento have risen 2.2 cents per gallon in the past week, averaging \$3.09/g yesterday. This compares with the national average that has increased 2.1 cents per gallon in the last week to \$2.93/g, according to gasoline price website SactoGasPrices.com.

Including the change in gas prices in Sacramento during the past week, prices yesterday were 67.4 cents per gallon higher than the same day one year ago and are 3.4 cents per gallon higher than a month ago. The national average has increased 6.8

cents per gallon during the last month and stands 72.1 cents per gallon higher than this day a year ago.

"Last week we saw a correction in oil and wholesale gasoline prices," said Patrick DeHaan, GasBuddy.com Senior Petroleum Analyst.

"With wholesale gasoline prices down as much as 30 cents per gallon since last Monday, I expect retail gasoline prices to fall as gasoline stations continue to sell through their more expensive inventory and buy cheaper supply, passing on lower prices to motorists." DeHaan says that the correction in oil prices

wasn't much of a surprise, noting that fundamentals continue to show growing supply. "If the sentiment that ruled last week continues to weigh on traders, we could see the average price for gasoline drop across much of the country, just in time for Memorial Day weekend," he adds.

About SactoGasPrices.com GasBuddy.com operates over 200 live gasoline price-tracking websites, including SactoGasPrices.com. GasBuddy.com was named one of Time magazine's 50 best websites and to PC World's 100 most useful websites of 2008.




Have YOU Taken Your Tour?

Come see what a water efficient landscape garden is all about. Take your self-guided tour at the Antelope Garden.

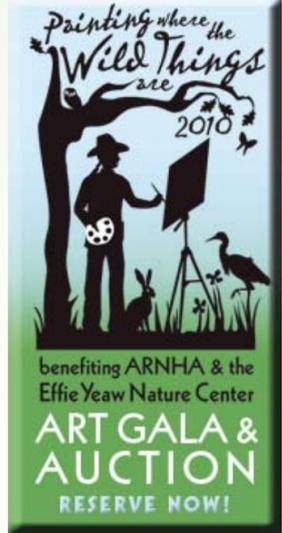
2010 Schedule
March 1 to October 30
Monday - Friday and Second Saturday of each month
9:00 am to 3:00 pm

FREE Admission!
7800 Antelope North Road, Antelope



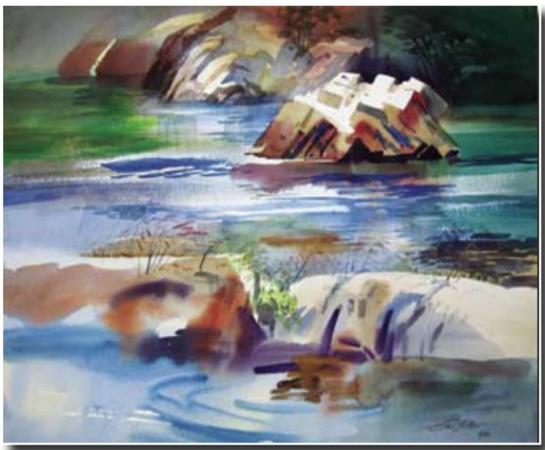
Carmichael Times
CALL 773-1111 TO ADVERTISE

SACRAMENTO FINE ARTS CENTER BENEFITING THE EFFIE YEAW NATURE CENTER



“Painting Where the Wild Things Are”, an open juried art show at the Sacramento Fine Arts Center benefiting the Effie Yeaw Nature Center. This art show is a preview of the Gala and Art Auction to be held at the Effie Yeaw Nature of the American River Parkway and the wild things that live there. Juror is Gregory Kondos. There will be a 2nd Saturday Reception on May 8, 2010, 5:30-8:30pm. Tickets 916-489-4918.

Contributing to the cultural life of the Sacramento community



“Negro Bar”, a watercolor submission by Ken Potter.

Sacramento Fine Arts Center is located at
5330 - B Gibbons Drive, Carmichael, CA 95608.
Phone: 916-971-3713 Website: www.sacfinearts.org
Hours: 11 am-7 pm Tuesday, 11 am-3 pm Wednesday through Saturday.
Show Chair: David Peterson, 916-717-5951

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