



Betty White to appear at Hank Fisher Event





Beautiful Quilts from Angel Project



It's Scary Season for Homeowners

Page 9

PRESORTED STD. US POSTAGE **PAID** PERMIT 32 Rancho Cordova, CA

Volume 29 Issue 42

### Serving Carmichael and Sacramento County since 1981

Page 3

October 28, 2009

# New County Animal Care Facility Open for Business



Sacramento County's new Animal Care Facility, located at 3839 Bradshaw Road, opened its doors on October 1 to a crowd of applauding visitors ready to bring an animal home or to just check out the new building. During the first day of operation, the staff and volunteers oversaw a total of 31 animal adoptions, about twice the norm.

"We expect to see an increase in adoptions because this facility was designed with both the animals and visitors comfort about animals have changed and evolved, the animal shelter has had to expand their services. Currently, the Sacramento County facility promotes adoptions, conducts spays and neuter outreach, licenses animals, and investigates and prosecutes cases of animal cruelty. Because the old facility was literally falling apart, and not designed to meet the needs of the commu-nity, the Board of Supervisors approved construction of a new shelter in 1995.

f a new shelter in 1995. "This project has been a long

cat condos that showcase pets in a relaxed setting and prevent the spread of disease, Behavior evaluation rooms where pets are evaluated for temperament before being made available for adoption, as recommended by the American Society of the Prevention of Cruelty to Animals (ASPCA), A spay and neuter clinic to be operated jointly with the Sacramento Society of the Prevention of Cruelty to Animals (SSPCA), A new barn facility for some of the shelter's larger animals, "Get Acquainted" areas for adopters to spend one-onone time with their future pet, The Shelter has several LEED (Leadership in Energy and Environmental Design) elements that prove that the new shelter was designed to the highest standards of "green design". During the weekend of October 31, two days of open house and tours will be held and the public is invited! To learn more about the new shelter and see photos, please visit http://www.saccountyshelter.net/.

# **Pop Goes the Deal!** Local Businesses Get A Leg Up

Sacramento - With a goal to enhance economic growth in the Sacramento area, Sacramento Board of Supervisors approved changes to the Procurement Opportunities Program (POP), a Small Business Preference Program that will increase the use of local and small business enterprises in the County's procurement contracting activities. and The purpose of the Procurement Opportunities Program (POP), initially adopted in 2002, is to promote a healthy local business environment, higher local employment and an increased quality of life for County residents and neighbors.

## Noteworthy program enhancements include:

• New and aggressive business

outreach to ensure more local

# businesses can participate in the plan .More robust online vendor

• More robust online vendor registration process for automatic notification of bid opportunities.

• Eliminate multiple quote requirement when small purchases under \$5,000 are awarded to a certified microbusiness located in the sixcounty Regional Market Area (Sacramento, El Dorado, Placer, Sutter, Yolo and Yuba counties) • When multiple quotes are solicited, small businesses in Sacramento County will be awarded a 2% bid preference; local business within the County will be awarded a 3% preference.

• Small business preference of 2% and the 3% local business preference may be combined for a total preference of 5%

**Secured Property Tax Bills** 

**Mailed This Month** 

for local micro-business and to any business in the Regional Market Area that reciprocate the same preference to Sacramento County.

• Contract limit increase from \$100,000 to \$250,000, and will be eligible for the maximum preference of 5% mentioned above.

• Expansion of the program will now include non-professional services and small construction contracts in addition to the existing goods and materials.

This enhanced program was effective October 14, 2009. For more information on specific requirements, please visit the General Services website at www.dgs.saccounty.net/ capsd, or call (916) 876-6360.

in mind," said Pat Claerbout, Department of Animal Care and Regulation Director. "Many of its elements facility are considered cutting-edge for animal shelters throughout the country." When the County's old animal shelter was built over 40 years ago, animal shelters only used to quarantine dangerous dogs and protect the public against rabies. Cats were immediately euthanized and dogs were rarely re-united with their owners. Because community expectations

time coming," said Claerbout. "We worked with the experts in animal shelter design to make sure that the building could stand the test of time and be a real asset to both the human and animal community. We know that having a beautiful shelter will help volunteer recruitment and increase the number of animals adopted." In addition to a near-ready public dog park, the new facility

has a variety of state-of-the-art features: Special animal housing areas, including dog kennels and *Sacramento* - The new tax year has started and Sacramento County has mailed about 450,000 secured property tax bills which are payable beginning November 1,2009. These tax bills are mailed only once a year; however, property owners may pay their bills in two installment payments. The first installment payment **must** be received or postmarked **no later than 5 p.m. on December 10, 2009.** Because April 10, 2010, is a Saturday this

year, the second installment **must** be received or postmarked **no later than 5 p.m. on April 12, 2010.** Both installments may be paid when the first installment is due.

The assessed values of over 170,000 properties were reduced by the county Assessor's Office, reflecting an overall decline in residential real estate prices in recent years. By law, the assessed values on the 2009-10 annual **tax bills are**  based on property values as of January 1, 2009. Any declines in value after January 1, 2009 will not be reflected until the 2010-11 tax bill. If a taxpayer has evidence that their property value as of January 1, 2009, is less than that shown on this year's bill, they should visit the Assessor's website (www.assessor.saccounty. net), call the Assessor's Office at (916) 875-0455, or go in person to 3701 Power Inn Road, Suite 3000.

# **Still No Good Reason for Garfield School Closure From SJUSD**



#### Photo & Story by Amanda Morello

*Carmichael* - San Juan Unified School District held another meeting for parents and the community on October 22nd at the District Offices. While the plan has been updated to include Special Education Students in the population count, they are still leaving parents with many unanswered questions about this plan. Trent Allen, SJUSD Informamation/Communication Director MC'd the meeting. The questions seemed non-stop from the audience, with a majority of the answers from the Panel of San Juan Directors being, "Well, because this is the plan the 3280 committee recommended." Parents asked what the criteria for closure was, and were told "Age, Curb Appeal, Capacity and Acreage." Garfield school does not fit in this "criteria."

When asked "Where are future students to be housed?" Don Myers, Sr. Facilities Director replied, "at your neighborhood school." An audience member yelled out, "You mean like Garfield?" There was no reply from the District Directors. The frustrated audience finally asked "What savings will the District have if you move our children and turn this into District Offices?" To which Don Myer answered, "Probably none, if not cost more, depending what District Offices are housed at the campus."

Judee Shoemaker , retired secretary at Garfield School, commented "Because of the budget cuts in our district, I do not see why a new department was created, a new Director and staff hired, for a new program to "fix" something that wasn't broken! I was the secretary at Garfield School for 25 years, and we had our own "Welcome Center" and registration process that was in place and worked perfectly... AND NOW the District wants to take their new program and give it a site at our school displacing over 400 students and families."

The current plan that the 3280 Committee has devised is once again bringing turmoil and chaos to families and neighborhoods. An Environmental Impact Report has not been done for any of the receiving schools, nor for the added traffic a business such as the District Offices would have at the Garfield location. An environmental Impact Report must be performed before this vote is approved.

According to the San Juan Website, under the Strategic Planning page, it states "By a unanimous vote, the San Juan Unified School District Board of Education adopted a five-year results-based strategic plan at a special meeting June 23 that also celebrated the six months, 12,000 combined hours, and dedication of more than 300 volunteers that went into developing the plan..... The strategic planning process began in January of 2009 when the 30-person Planning Team, composed of members representing the diverse stakeholder groups in the District, met for the first time. "

If this group meet in January of 09, why were at least three quarters of a million dollars of Measure J funds spent on Garfield Elementary, according to the Measure J Funds Facilities Improvement Program Quarterly Progress Report March 31, 2009, and yet the receiving schools barely received half of the fund the Garfield Campus received?

*We invite the public's comment on this issue.* 

### Got Something To Say... By CM Ricks A Different Take

I have read the article on the front page of our paper so many times, I practically have it memorized. For those of you who missed it, the date was October 14th and the article was submitted by the Sacramento Christian Newswire. The newswire stated that the California Family Council (CFC) is disappointed with our Governor's decision to sign senate bill 572 authored by Senator Leno (D). The bill, 95608ers requires Governor Schwarzenegger to proclaim May 22 as Harvey Milk Day.

The Governor also signed a bill, SB 54 that requires the state to acknowledge and validate all marriages performed outside of California before November 5th, 2008. The CFC feels that by allowing this that the Governor is disregarding the people's regarding proposition vote 8 back in 2008. Two heated subjects that have clearly put our Governor into a corner are taking up the entire bottom half of the front page of a newspaper.

I, as you all know, write about my feelings, not the CFC's, not the paper's and certainly not the politician's! So, what I did is I lookedupsomefactsaboutHarvey Milk and found that Harvey Milk was quite a fascinating human being. I did not write my article on a movie made by Hollywood and yes, starring one of my favorite actors, Sean Penn. I am writing my article because it is my truth about this subject.

I was taught about The Nina, The Pinta and The Santa Maria all of my life. I was told that Christopher Columbus sailed the ocean blue in '42 and discovered America . I have gone to the bank on Columbus Day and it is closed, I have gone to get my mail and the mail carrier had the day off. As I grew older and found that chances are pretty slim that Columbus was actually the first person to step foot on America, I often wonder why we still close all of our state offices,

let our children out of school and why we still learn all the chants about the long voyage to get here in our classrooms.

The reason for that is because it is history. It is history of the country in which we live. We acknowledge people in our country who have made a difference, who have stood at the front lines and fought for freedom, our rights, our land and we give them a day of recognition.

Harvey Milk fought for rights with his life, literally. He served in the United States Navy during the Korea War on Submarine Rescue Ship USS KITTIWAKE (ASR13). When discharged in 1955, he was a Lieutenant Junior grade. He went on to teach diving for the US Navy, as he was a Diving Officer. He worked on Wall Street for Bache and Co. and was very successful. In 1964 Milk worked on conservative Barry Goldwaters Presidential Campaign and later he taught at Hewlitt H.S. in Long Island. He entered into politics only because he was so unhappy with the way our representatives were handling our affairs! Harvey Milk was unhappy

with politicians and people being targeted due to sexuality, religion, and gender. He knew, he had to get involved or "shut up". So into politics went Milk. Harvey targeted large corporations and real estate developers and opposed the Government's interference in private sexual matters. He earned 16,900 votes, he came in 10th out of 32 candidates. He promoted larger and less expensive childcare facilities, free public transportation, a board of civilians to oversee our police forces and advanced important neighborhood issues at every opportunity. In 1974 Milk organized the Castro Street Fair where Eureka Valley Merchants Association (EVMA) did more business than any other day of the year. EVMA had previously tried to prevent two gay men from

opening an antique store in the area. According to the New York Times, Mr. Milk was instrumental in passing a civil rights bill that outlawed discrimination based on sexual orientation. The Times said it was the most stringent and encompassing in the nation! In 1975, he was supported by the Teamster's, Firefighter's and Constructions Unions. The San Francisco Chronicle endorsed him for Supervisor and he won by 30% against 16 other candidates. He was the first openly gay nonincumbent man in the U.S. to win.

Journalist Frances Fitzgerald called Harvey Milk a " Born Politician". Anne Kronenberg said of Milk, "What set Harvey apart from you or me was that he was a visionary. He imagined a righteous world inside his head and then set about to make it real for ALL of us". Harvey Milk was gunned down along with Mayor Moscones on November 27, 1978, both died.

Do I think he should have a day to be remembered? Absolutely, and yes I think our children should know that no matter what you believe in, no matter what color you are, no matter what church you go to, you have a right to be safe, be heard and that we all can be anything we want to be if we fight hard enough.

So, as far as our Governor not keeping his word? Listening to Hollywood friends? Or that he has chosen a special interest over students and parents? Come on Mr Rice, get real, he did what any Governor should do when acknowledging an American who changed history!

#### To thine own self be true, CM RICKS

"So he was gay, big deal! Harvey Milk did a lot for San Francisco and the community. He is just as much a part of history as Caesar Chavez or anyone else who took a stand."

BUDDI LIGUORI, Carmichael Resident since 1965

"I don't care what somebody's sexuality is. If you have done

# **Actress Betty White's Appearance Hosted by Hank Fisher Properties**

Television and film actress Betty White will "meet and greet" residents of Hank Fisher Properties' four, full-service senior living communities at an afternoon tea to be held at 1 p.m. on Thursday, November 5th at River's Edge Retirement Community. The personal appearance kicks off a fundraising reception to benefit the Sacramento Zoo's Tall Wonders Giraffe Habitat and Renovation Project. Hank Fisher Properties is the event's presenting sponsor.

Highly regarded actress and long-timeanimalwelfareadvocate, Ms. White will share personal stories highlighting her career and life's experience. She will discuss the importance of staying active and engaged regardless of age, as well as the value of animals in the lives of elders. Sacramento Zoo educators will also bring a number of the Zoo's "visiting animal ambassadors" to greet Ms. White and the retirement communities' residents.

"We at Hank Fisher Properties are happy to support the Sacramento Zoo, which is an enduring community resource,"



Actress Betty White

said Mrs. Nancy Fisher, company president of this top property developer and manager. "Visits to the Zoo, especially with our grandparents, should be among our most cherished childhood experiences. We are pleased to play a part in helping ensure that this intergenerational opportunity exists well into the future."

River's Edge is located at 601 Feature Drive near the intersection of Howe Avenue and Fair Oaks Boulevard in the Campus Commons neighborhood. It is Hank Fisher Properties' elegant independent senior living apartment community.

The company's other fullserviceseniorlivingcommunities are the Chateau at River's Edge, also at this location and offering assisted living and memory care: the Chateau at Carmichael Park, providing memory care - including memory day care - in a quiet suburban setting; and the Chateau on Capitol offering Avenue, luxury independent and assisted living in the heart of Midtown. The Sacramento Zoo,

open since 1927, is home to over 140 native, rare and endangered species and inspires conservation awareness through education and recreation. The Sacramento Zoological Society has raised funds for the \$2 million Tall Wonders Giraffe Habitat and Renovation Project since 2006 and continues its efforts to raise the remaining \$200,000 to complete the project. Construction began in February 2009 and is expected to be complete this winter. For further information about the Zoo, call (916) 808-5888 or visit saczoo.com.

# When life throws curveballs...



... carry a big mitt. If unexpected

events happen, a Life Insurance policy from New York Life can help protect you and your loved ones. So life's

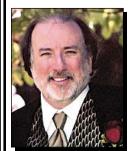


Daniel Blum Financial Services Professional CA Insurance License # 0G42879 New York Life Insurance Company 2999 Douglas Blvd, Suite 350 Roseville, CA 95661 Ph: 916-781-7408 Cell: 707-815-8837 Email: dsblum@ft.newyorklife.com

Registered Representative offering securities through NYLIFE Securities LLC, Member FINRA/SIPCs

# Carmichael Times

Serving Carmichael and Sacramento County since 1981



### **Publisher - Paul V. Scholl**

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Carmichael Times, P.O. Box 14, Carmichael, CA 95609. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County. The Carmichael Times is published weekly. Call 916-773-1111 for more information. (ISSN #1948-1918).

Graphics & Layout		Tandra Banerjee				
Distribution Assistant	t	Gabriel Scholl				
Advertising Sales	• Laure l	Rauch • Perry Hartline				
-	• Cathy S	Schaefer • Marion Solo				
Contributing Writers		-				
Tim Reilly	Mary Jane Popp	Lauren Forcella				
Marlys Johnsen Norr	is Kay Burton	Karen Linamen				
Judy Zimmerman	Susan Skinner	Amanda Morello				
Laura Snyder	Dave Ramsey	David Dickstein				
Accounting	Nicholson & Olsen CPA					
Web Master	RJ at thesitebarn.com • JW	VS Promotions				
News Services	King Features Syndicate • PRWEB NewsWire					
	North American Precis Syndicate • Blue Ridge Press					
	ARA Content • Family Features • WorldNetDaily					
Photography	Amanda Morello • Susan Si	kinner				

Member of Roseville, Rocklin, Citrus Heights, Fair Oaks, Carmichael and Orangevale Chambers of Commerce

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: publisher@carmichaeltimes.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 773-1111.

Carmichael Times is a member of Messenger Publishing Group



We are proud members of these newspaper associations.





enough for the community and changed history, you deserve your day. A man should be judged on what he has done, not what his sexual orientation is." KENNY WHARRY, Carmichael Resident since 1970

" I don't know if Milk did enough to deserve a day of his own or not. However, it should not be turned into a battle involving religion nor sexuality. It should simply be based on, "Did he do enough changing of history to deserve a day to be named after him?" I can't answer that."

JULIANA PRITH, Carmichael Resident since 1954

"My favorite quote of Harvey Milk's was "You gotta give them hope!" That is what it is about!" JOEY POULTON, Carmichael Resident since 2004

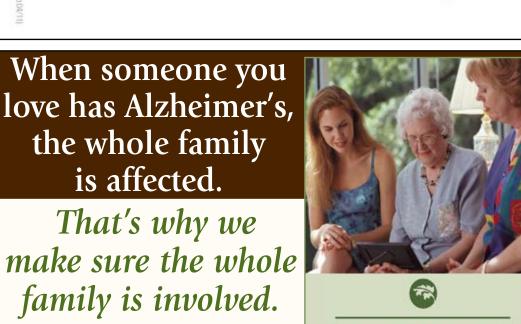
This article does not reflect the views of the Publisher.



#### www.effieyeaw.org The Nature Center is located in Ancil Hoffman County Park, 2850 San Lorenzo Way, Carmichael, CA

(916) 489-4918/711 TDD/TTV

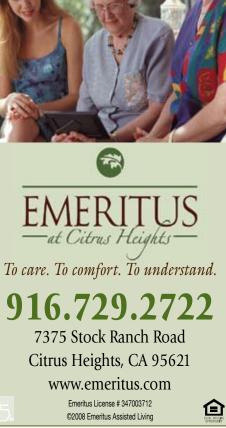
curveballs don't turn into major losses. Call me and let me help you keep your eye on the ball.



It takes a special kind of person – and a special kind of place – to provide Alzheimer's care. You'll find both at Emeritus at Citrus Heights.

is affected.

The special needs of those coping with Alzheimer's and other memory impairments demand a special kind of care and support: for them, and for those who love them. Emeritus at Citrus Heights offers just that, in a secure, inviting setting.



# **Angel Project for October 2009**



Angel Project Volunteers show off two of this year's quilts

Bev's Angel Project is a local organization spearheaded by Jan Strickland that provides items for needy families during the Christmas season. Angel Project volunteers are showing off some of the many beautiful quilts that are hand made during the entire year

generous volunteers who donate hours of their time and all of the

blankets and quilts to the project. Angel Project's recent car show was a huge success bringing in hundreds of unwrapped toys for children. Volunteers during November and December by Margaret Martin and the other will label and wrap these

gifts to prepare for their busy season. Last year Starbucks and Denny's came on board with their customers donating throughout December. gifts

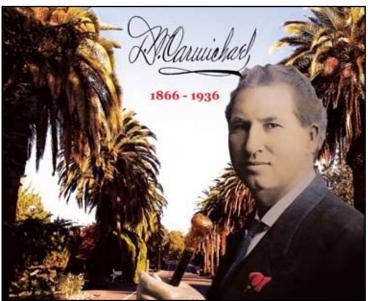
Angel Project's incredible group of volunteers also collect stuffed animals, gloves, warm hats, tons of baby items and so much more to meet all of the needs in the community. Organizations that benefit each year are: ALTA Regional, Alternative Pregnancy, Crisis Nursery, CPS, Mustard Seed School, WEAVE, YMCA, local hospitals, many elementary schools in the Sacramento area, and Starr King/ Ralph Richardson preschools. Many children receive a stuffed animal, blanket, age appropriate toy and a stuffed stocking, all lovingly prepared by this group of "angels" and delivered by Mrs. Claus and her helpers.

If you would like to donate new unwrapped toys, baby products, or anything listed above, please take the items to Beverly's Crafts & Fabrics, Carmichael Oaks Shopping Center, 6456 Fair Oaks Blvd. at Marconi Avenue, in Carmichael.



#### 5325 Engle Road, Carmichael

# **Carmichael Centennial Event** History Revisited in Library Talk



A composite of Carmichael's founding father --Daniel Carmichael – on historic Palm Drive. The community's Edwardian founder has been the subject of research by local historian Susan Maxwell Skinner.

Danny Carmichael's story is a tale shared by many contemporary entrepreneurs: the Edwardian millionaire was bankrupt even before the Depression. Nevertheless,

Georgian-born

founder of Carmichael

was a pillar of Sacramento

society and even served

as mayor and ironically,

city treasurer. His story

- and the yester years

of his town -- will be

discussed and illustrated

the Carmichael library

November

UnlikeFairOaksandthe

photographs

in

1.

the

with

on

Arden Arcade area, Carmichael has no formal historical society. Photojournalist Susan Maxwell Skinner has made a study of Carmichael' past. In human



The area's oldest building is the original farm house on Rancho del Paso

terms, this began 5000 years ago with the native hunting culture on the American River. Maidu villages were almost wiped out by the onset of trapping diseases carried by frontiersmen.

The Mexican land grants of the mid 1800s were sparsely populated but, decades before Daniel Carmichael carved his "colony" on the tip of the San Juan grant, settlers had established farms in the Carmichael area. These included the Deterding, Dewey and O'Donnell holdings.

Following massive festivities marking Carmichael's centenary, author Susan Maxwell Skinner feels historical knowledge part of local wealth. "Some of our pioneers were national figures." she says. "Daniel Carmichael was a Johnny-come-lately in historical notes. But his rollercoaster career resembled an Edwardian Donald Trump. Those interested in local

history are invited to attend Susan Maxwell Skinner's lecture at Carmichael Library, Sunday, November 1, at 2 p.m. The author will also display historic and contemporary photographs and offer her book, Carmichael -Americana on the Move at the event. There is no charge to attend. For information (916) 264-2920. call



Tickets at the door; free parking More info: www.sacwinds.org - (916) 489-2576 - mLehr@sbcglobal.net

100% Satisfaction Guaranteed

ALL

NEW!

95

flexfit



## Better Hearing Made Easy Get the world's first disposable hearing aid

If you or your loved one has mild to moderate hearing loss, the all-new Songbird® flexfit™ is the ideal solution. Easy and affordable, it offers a revolutionary alternative to costly traditional hearing aids. Use it only when you need it, just like reading classes. Adjustable for a personal fit, it's perfect for those who want to improve hearing on their own terms---without sacrificing quality or comfort.

Improve your hearing without hassle or major expense

- · Crystal-Clear Digital Sound Quality
- Lasts for 400 Hours of Active Use'
- No In-Office Fittings or Maintenance
- · No Batteries to Replace
- Order from Home—by Phone or Online



You may not always need help hearing. For the times you do, trust Songbird.

### Not available in stores Try It Now Risk-Free<sup>†</sup> Call 1-888-287-4963



ASK HOW TO GET FREE SHIPPING!

New

Priserative

(U) Songbird

> Product worn as shown hides discreetly behind the ear

"Under typical use patterns, battery lasts for 400 hours of active use (when turned on). Make sure to turn the device off when not in use to maximize battery Me. "Less shipping and handling The Songbird Redit," deposable hearing aid is for mild to moderate hearing loss. Not intended for use by anyone under 18 years of age. Hearing loss can be a symptom of a medically treatable condition. Consult your doctor prior to using any hearing aid.

P907220835

## Sacramento's new home for the RAIDER NATION





4450 Manzanita Avenue Carmichael, CA 916-482-7660



**SIGN UP NOW** 

Adult & Junior League

**Fall Program** 

50% Discount on

**Open Play** 

### LESSONS **AVAILABLE**

Silver Level Coach

Call Joe Holesapple 482-7660

# FREE BOWLING!

Buy 3 Games (at regular price) & Play 3 Games FREE

Open Bowling (availability basis). Not valid with any other offers or specials. Expires 11/18/09.

Name:	
Phone:	

## POPPOFF! with Mary Jane Popp

### THE WORRY **CURE**

What if no one likes me? What if my lover leaves me? What if I am really sick or dying? What if I make a mistake at work? What if...what if...what if !!! Are any of these you? Are you a constant worrier? Well, hang on to your gray hairs. We've got "The Worry Cure" for you. Dr. Robert Leahy has seven steps to stop worry from stopping you! President of the Association of Cognitive Psychotherapy, Dr. Leahy offers us an empowering new way to understand and combat worry.

The good news is that the good doctor has been helping people battle depression and anxiety for the past twenty-five years through cognitive therapy. Cognitive therapy focuses on the biases in your thinking that are causing your depression and anxiety (worry is the central component of all the anxiety disorders and depression). Through cognitive therapy, he helps patients understand and modify their biases to diminish anxiety. Many worriers attempt to handle their worry, and just make it worse. Dr. Leahy addresses special ways to handle worry:

1) Identify productive and unproductive worry. Some worry is productive like... having a map and a full tank of

gas before leaving for a long trip. Unproductive worry generates a lot of 'what if' thinking that does not lead to a practical action.

2) Accept reality and commit to change. How can you learn and accept and deal with reality, rather than simply worry about it? Find out how to use constructive discomfort to get those things done that you don't want to do. Learn how you can use successful imperfection to make progress.

3) Challenge your worried thinking. Identify the most common distortions in your thinking and learn to think more realistically.

4) Focus on the deeper threat. Learn how to get to the very core issue of your worry, so it no longer fuels it.

5) Turn "failure" into opportunity. Look at the risk of failure as an opportunity to be challenged, to learn and to grow more powerful in your life.

6) Use your emotions rather than worry about them. You worry to avoid unpleasant feelings. Learn how to turn your emotions into a source of support and meaning for yourself, so that you can use them to make your life more complete.

7) *Take control of time*. Find out how to turn the urgency off. Get more out of each present moment



in your life so you can live for now, rather than worry about the future.

So now help is on the way. Dr Leahy has combined stories from his practice with unique approaches and advice for reducing worry. Worry is a reflection of the many parts of who we are. As Dr. Leahy shows in "The Worry Cure" Seven Steps To Stop Worry From Stopping You, once we are able to understand our own worry and why it makes sense to us, we will be able to examine some things we can do...or not do... to help ourselves. You can also check out the docs website at www.cognitivetherapynyc.com. And as POPPOFF says...Don't worry, Be Happy!!!

Join Mary Jane for the KAHI Noon News Monday - Friday and then again for POPOFF 10 PM - Midnight.

# **Happiness Women's Support Group**

Happiness Women's Support Group: to dismantle anxiety depression, avoidance & negative relationships, of increase well being. and

Facilitator: Nancy Kilgore, MS is a national trainer and author on women's issues. www. brightday4all.com, Orientation & Sign Up, November 2, 7:00-8:30pm, Sierra 2 Center

for the Arts & Community, Room 11, 2791-24th, 95818. Orientation SignUp & Meeting Fee per month: \$65, Space is limited. Call (916) 256-9963.



# **Rescuing Animals and Fostering Growth in Children**

A Business Mixer & Fundraiser for The Grace Foundation Ranch.

An energetic, upscale, businesscasual mixer and fundraiser will be held on November 12, 2009 where you will meet business owners, professionals, and community leaders while raising funds for a great organization in our local area.

The beneficiary of the fundraiser is The Grace Foundation - an equine rescue and rehabilitation facility that uses rescued horses for therapeutic programs for youth and children. This special Ranch is located in the rolling hills off Latrobe Road, from Highway 50 exit. Miracles happen there, and our goal is to keep it thriving for animals and local children alike, who will benefit from the dedication of those involved in its effort.

Come and enjoy irresistible hors d'oeuvres prepared by Bistro 33;



Tango is a 2 yr old chestnut Appendix who was born at the ranch.

a no-host bar in a contemporary indoor/outdoor setting; listen to live music, and participation in our charity raffle. Business's can also get involved by donating a raffle prize(s) in advance and be acknowledged during the charity raffle at the mixer.

**Event Date: Thursday,** November 12, 2009

Time: 5:30 pm -7:30 pm

Location: Tre Nights at: 1212 Howe Avenue (Howe at Hurley), Sacramento, CA **95825** (plenty of free parking)

Purchase advance tickets by visiting: www.Sac-Connect.com. Tickets are \$20 or choose to donate \$60, which includes your entrance ticket and a \$300 grocery or gas voucher good for one full year.

To learn more about The Grace Foundation, visit: http://www. thegracefoundationofnorcal.org/

To learn more about The Sacramento Community Connections organization, visit: http://www.Sac-Connect.com

# **Atrium Hosts Chamber Mixer**



*Pictured (L to R) David Blum, New York Life; Mauricio Medina, The Atrium; Linda Melody, Pre-Paid Legal; Jeff Cartwright, Nationwide Insurance;* Tonae Hasik, The Atrium; Steve Carruth, Beutler Heating and Air; Chris Meyer, Lind Brothers Mortuary,

The Atrium of Car- and local businesspeople. To find out more about michael recently hosted The Atrium, celebrating your local chamber or how

LAWNMA S С CA Lic. #869856 **Custom Landscape Design**, **Installation**, Renovation & Maintenance **A Nurturing, Full-Service** 

# **Bringing TLC to your property.** Bringing personal service to you.

Landscaping Company

Lawnman is a comprehensive landscaping company serving commercial property owners/managers and residential customers in Northern California since 1992. We're founded on the principle that landscaping is primarily a relationship business.





Our customers call Lawnman "the nurturing landscapers."

(916) 739-1420 • (916) 739-1430 fax www.lawnman.net

the Chamber of Commerce monthly mixer, providing delicious food and drinks for the many attendees

its twenty-fifth year in Carmichael, is a regular supporter of the business community and the chamber.

to become a member go to www.CarmichaelChamber. com, or call 481-1002.

## Own a new computer for just \$29.99\* per week!

And improve your credit score at the same time!

Bad Credit, No Credit? No Problem! There's no credit check, so you won't be turned down.



If you can afford a weekly payment of just \$29.99\* for just 12 months, then you're already approved for a brand new Dell<sup>™</sup> or HP<sup>™</sup> Computer, guaranteed.

ACT NOW AND RECEIVE: In-Car GPS System Free MP3 Player Free Printer with select models

Call today to get the computer of your dreams, and improve your credit at the same time.



Give us a call today! 1-877-543-5034 \*Prices start at \$29.99 but may vary by model.



#### Pastor Cary Duckett

No one can make it alone. Moses was an extraordinary leader and those who followed him knew he was special. Each time they encountered trouble, he would perform a miracle. When they were slaves in Egypt, he brought about the plagues. When they were cornered at the Red Sea, he parted the waters. When they were hungry he told them how to collect manna. When they were thirsty he brought water

**Ranger had Tonto** from a rock. It was easy for them to believe that Moses could do it all. However, one day the Israelites

**Even the Lone** 

had to fight the Amalekite war machine that outnumbered their slave-turned-soldier militia. Everything was fine as long as Moses could hold his arms up in the air but the miracle man was human, his arms would grow tired. When his arms fatigued and fell, the Israelites started losing the battle. The leader needed some help. He could not do it alone. If it had not been for Aaron and Hurone on the left and one on the right holding Moses' arms in the airthe battle would have been lost.

The Hebrews won a war that day and they were reminded of a most important principle-even God's anointed leaders need partners to accomplishthemightyworksofGod.

The principle has not changedspiritual leaders need people to come along beside them and lift them up through prayer, encouragement, and participation. Whose arms are you holding up?

You are invited to come and be our guest at Cypress Avenue Baptist Church. Our worship times are 9 AM & 10:30 AM each Sunday. To learn more about Cypress go to

www.cypressavenue.org.

## Singles Costume Dance Sat October 31

non alcohol beverages and the dance

Christian Singles Network, will hold a Costume Dance for single adults Saturday, October 31, from 7 PM to 11:30 PM. at Roseville Veteran's Building, 110 Park Dr., next to Royer Park (off Douglas Blvd) in Roseville. The evening features DJ dance music of all types from 8-11:30 by John Maricich and dance lessons in the Night Club Two Step by Declan Cordova from 7-8 PM. The music is a mix of rock and roll, ballroom, Latin, country and Christian music at all dances.

Dress in costume or casual - there will be a costume contest for prizes. The ticket price of \$15 presale or \$20 at the door includes hors d'oeuvres,

lessons. Volunteers attend free. Christian Singles Network, Northern California's largest interchurch singles group founded in 1992, holds weekly events and dances every 3 weeks through the rest of the year. Call the number below for directions or more information. Membership is not necessary to attend, although members get a \$5 discount at the door. All ages and all denominations are welcome CSN has been holding dances 17 years, drawing singles from the Sacramento, the foothills, and beyond to Reno and the Bay Area. Pre-saledanceticketsareavailable

on line at www.christiansinglesnet. com, or at Berean Bookstore in Sacramento, and Jireh's Bookstore in Placerville: or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722, Call the office to volunteer or find out more information, 530-878-0606. To receive more information about activities, or directions call the 24 hour event line at (916) 658-0606. The website, www.christiansinglesnet.com.

includes directions to the dance as well as information about upcoming events including seminars, getaways, and parties.

## Lighting for the Aging Eye - *Free Workshop*

#### Date:

Saturday, October 31, 2009 Time: 9 a.m. - 11:30 a.m. SMUD Customer Location: Service Center 6301 S Street, Rubicon Meeting Room, Sacramento, CA **Questions:** Contact Connie

Samla – csamla@smud.org Eunice Noell-Waggoner, president of the Center of Design for an Aging Society, will discuss lighting issues and what role our eyes play. Learn about the need for more light to see accurately, quality of light considerations, and how to

reduce glare in our environment. The workshop is free. Class size is limited and pre-registration is required. Customers can register online at smud.org, e-mail etcmail@ smud.org, or call 916-732-6738.



#### Proposition 13, passed over-whelmingly by voters in 1978, established a statewide uniform tax rate of one percent

Proposition 13.

of assessed value at the time of purchase and limited annual increases in assessed value to no more than two percent. From a practical standpoint, this means that once the base year value of your property is established, the General Tax Levy cannot be increased more than two percent each year. This allows all pro-perty owners to predict their property tax bills into the

**It's Scary Season for Homeowners** 

future and budget accordingly. The best way to check to make sure that your current General Levy of Assessment is correct is to compare it with the previous year's bill. The increase should be no more than two percent unless there have been improvements to the property like adding a room to the house.

This bears repeating: Because of the current decline in property values in California, many recent homebuyers are entitled to a reduction in their property tax bill to an amount even lower than their home's Proposition 13 adjusted base value. Although the reduction is temporary taxes will go up again when the pro-perty regains value -- the savings are permanent. If in doubt about the current value of your property, check sales of comparable homes in your neighborhood. If homes like yours are selling for less than the valuation on your latest bill, contact your county assessor and ask that the value and resulting tax be adjusted to reflect true current value.

#### Voted Indebtedness

Voted Indebtedness is made up of those bonds and per parcel taxesapproved by the voters. Local general obligation bonds for libraries, parks, police and fire facilities and other capital improvements are repaid exclusively by property owners. Because a minority of the popu-

is the amount that is limited by strong community consensus before obligating property owners

> to repay debt for 20 or 30 years. Until the year 2000, local school bonds also required a twothirds vote, but the passage of Proposition 39 -- backed by a small group of wealthy Silicon Valley businessmen -- lowered the vote to 55 percent. Because the 55 percent requirement guarantees that most school bonds will pass, regardless of merit, many homeowners are seeing a significant increase in the Voted Indebtedness column on their tax bills.

> Less common than bonds are per parcel taxes. These are taxes on property ownership, not on property value. Under Proposition 13, they require a two-thirds vote and are also listed either under Voted Indebtedness if they are being imposed to repay bonds or under "Other Levies" if they are for operational expenses of a local government entity.

#### **Direct** Assessments

Ironically, under the system in place for over a century, property taxes go into the general fund and are used for local services unrelated to property. For services to property, such as sidewalks and sewers, we pay extra. These charges are known as direct assessments.

Because of Proposition 218-- the Right to Vote on Taxes Act, placed on the ballot by the Howard Jarvis Taxpayers Association in 1996 -- property owners must be given a meaning-ful say in approving new assessments. Before an assessment can be imposed, or increased, property owners must be informed in writing and be given the opportunity to cast a protest vote on the new assessment or assessment increase.

If you have a question about your property tax bill you should contact the office of your county assessor. It's your money and you have a right to be certain that your bill is correct.

Jon Coupal is president of the Howard Jarvis Taxpayers Association -- California's lation is required to pay the largest grass-roots taxpayer dedicated to and the advancement taxpayers' rights.

#### Our 4787 Manzanita Ave. store has moved to Sherwin Williams. 5122 Madison Ave.

## General Tax Levy

and

The General Tax Levy is what most people think of when talking

Direct

#### By Jon Coupal

When you start to see Jack -o-lanterns around the neigh borhood, you know that some-thing scary is about to arrive at your house. That's right, it's property tax season. Fortunately, as a direct result of Proposition 13, which limits increases in a property's assessed value to two percent annually, most property owners have a good idea what their bill will be even before opening the envelope. Still, every year at this time, the Howard Jarvis Taxpayers Association recommends that taxpayers carefully examine their latest property tax bill. Although not common, assessors do make mistakes.

Taxpayers should understand the various charges and make certain that they are not being dunned for more than they are legally obligated to pay. The best way to check a tax bill is to have your previous year's bill handy for reference. Checking the bill is especially

important for those who bought their homes within the last five years at the height of the market. If the current home value is actually lower than the assessed value shown on the tax bill, the owner is entitled to file for a reduction in the taxes. Typically, the property tax bill

will show three categories of

charges. They are the General

Tax Levy, Voted Indebtedness,

Assessments.

For expert advice and exceptional paints, stop by your SACRAMENTO (CARMICHAEL) Sherwin-Williams.

September 27th - October 4th



## On Duration Home®, Harmony® and **Resilience™ paints**

Retail sales only. All savings off regular prices. May not be combined with any other offers. Not valid on previous purchases. Some exclusions apply. See store or sherwin-williams.com for details. Valid at Sherwin-William S and Sherwin-Williams operated retail paint stores. Not valid at Sherwin-Williams Automotive Finishes locations or Product Finishes facilities. Sherwin-Williams reserves the right to correct errors at the point of purchase. ©2009 The Sherwin-Williams Comp





about property taxes. It is based on the assessed value of land, im-provements and fixtures. This charge usually makes up the largest part of the tax bill and it entire amount, the California organization Constitution of 1879 established the protection of Proposition the two-thirds vote for approval 13 of these bonds. This assures a of

# **Alzheimers Aid Society**, 27th Annual Caregiver Conference

and American River College Gerontology Department present: Alzheimers Aid Society, 27th Annual Caregiver Conference, with featured speaker, William J. Au. M.D. from Sutter Neurological Medical Group, including innovative workshops for family caregivers to assist with their individual Caregiving Journeys; Engaging Activities, Patient Care

What: Alzheimers Aid Society & Grief and Guilt, Legal Updates 7001 to sign up for our Newsletter, and Resources, Relaxation Therapy and valuable tips for Early Stage Alzheimers. Includes morning refreshments, lunch, raffle prizes, and exhibitor booths.

When: 7:00 AM to 3:30 PM, Saturday, November 7, 2009 Where: American River College, 4700 College Oak Ave., Sacramento, CA 95841 Cost: \$20.00 Call 916-448and for the Registration Form *Information:* (916) 448-7001 www.alzheimersaidsocietync.org

Continuing Education Units available for interested Healthcare Professionals.

We are a Non-Profit Tax Deductible Corporation, TIN: 94-2721961



Life's a journey. For part of it, your parents take care of you. For another part, you return the favor. When the time comes, we can help. Mostly, by making sure to honor your parents for a life well lived. If you need it, check out our Alzheimer's and Dementia care with revolutionary Snoeselen therapy. Call 916-972-1313 or go to aegisliving.com.

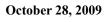
We are a pet-friendly community!

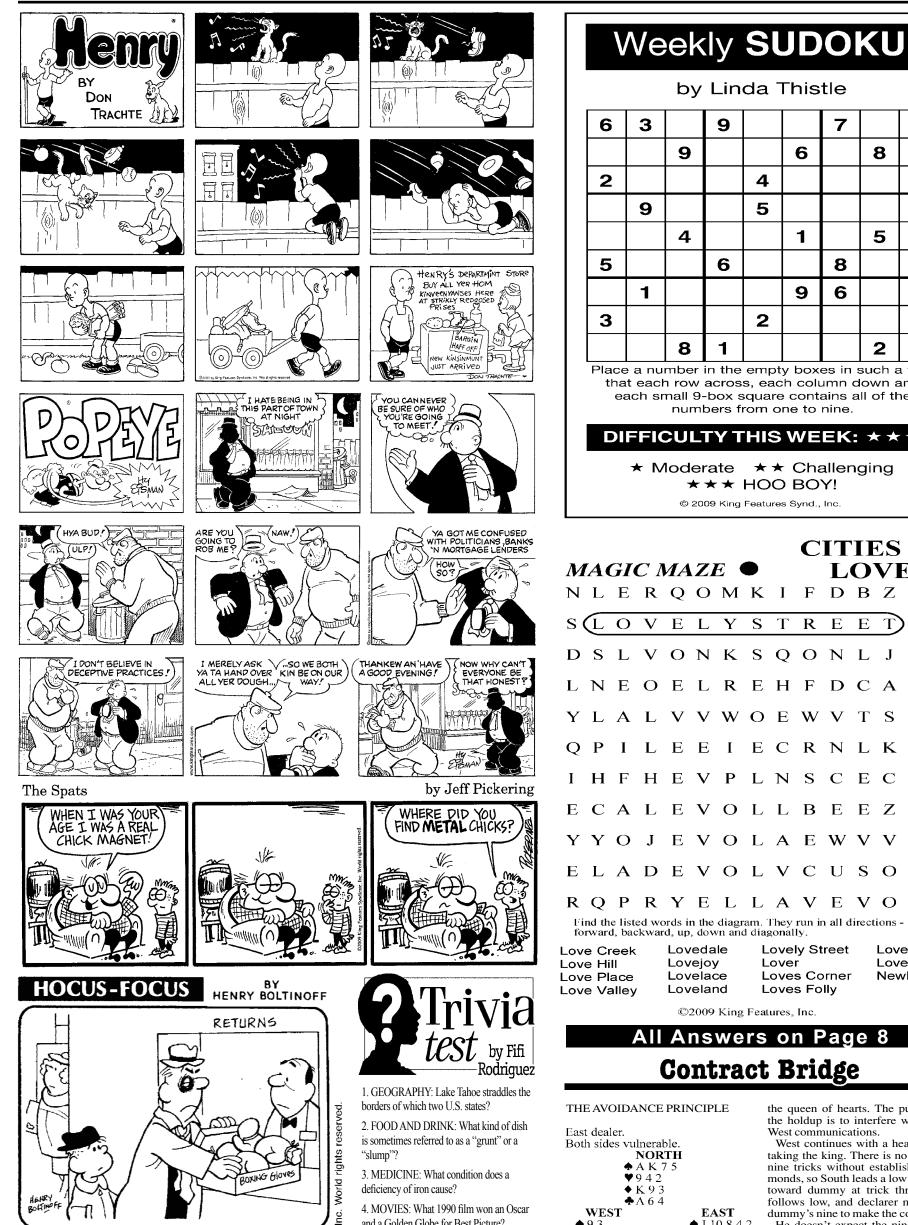
ASSISTED LIVING & MEMORY CARE Aegis

We're the people who make life better

ÁEGIS OF CARMICHAEL 4050 WALNUT AVE. 916.972.1313 RCFE # 347001686

#### FUN & GAMES





				b	y I	Lin	da	Τł	nis	tle				
	6	;	3			9				7				
				9					6			8		
	2	2					4						9	
			9				5						4	
				4					1			5		
	5	5				6				8				
			1						9	6				
	3	;					2						8	
				8		1						2	7	
		hat	each	n rov mall	w a 9-b	the cros oox s ers fi	s, ea qua	ach .re c	colu conta	umn ains	dov all d	vn a	nd	У
		DIF	FIC	CU	LŢ	ΥT	HI	s v	VE	ΕK	. ,	* *	$\star$	
		7	ĸ N			ate					ngi	ng		_
						r ★ 9 King	-	-	-					
7.4		~1		AT A	7				C	IT	_			F
						E M				L	O	VI	Ð	
Ν	L	Е	R	Q	0	Μ	K	Ι	F	L D	О В		E X	W
N S (	L L	E O	R V	Q E	O L	M Y	K S	I T	F R	L D E	O B E	VI Z T	E X Y	W U
N S D	L L S	E O L	R V V	Q E O	O L N	M Y K	K S S	I T Q	F R O	L D E N	O B E L	VI Z T J	E X )Y L	W U K
N S D L	L S N	E O L E	R V V O	Q E O E	O L N L	M Y K R	K S E	I T Q H	F R O F	L D E N D	O B E L C	VI Z T J A	E X Y L L	W U
N S D L Y	L S N L	E O L E A	R V V O L	Q E O E V	O L N L V	M Y K R W	K S E O	I T Q H E	F R O F W	L D E N D V	O B E L C T	VI Z T J A S	E X Y L L O	W U K R A
N S D L Y Q	L S N L P	E O L E A I	R V V O L L	Q E C E V E	O L N L V E	M Y K R W I	K S E O E	I T Q H E C	F R F W R	L D N D V N	O B E L C T L	Z T J A S K	EX YL L F	W U K R A P
N S D L Y	L S N L	E O L E A	R V V O L	Q E O E V E E	O L L V E V	M Y K R W I P	K S E O E L	I Q H E C N	F R O F W	L D E N D V	O B E L C T	VI Z T J A S	E X Y L L O	W U K R A
N S D L Y Q	L S N L P H	E O L E A I	R V V O L L	Q E O E V E E	O L L V E V	M Y K R W I	K S E O E L	I Q H E C N	F R F W R	L D N D V N	O B E L C T L	Z T J A S K	EX YL L F	W U K R A P
N S D L Y Q I E	L S N L P H	E O L A I F	R V O L H	Q E C E E E E	O L N L V E V V	M Y K R W I P	K S E O E L L	I Q H C N L	F O F W R S B	L D N D V N C E	O B E L C T L E E	Z T J A S K C	E X VY L C F S	W U R A P S
N S D L Y Q I E	L S N L P H C Y	E O L A I F A	R V O L L H L J	Q E C E E E E E	O L N L V E V V V V	M Y K R W I P O	K S E O E L L L	I Q H C N L A	F O F W R S B E	L D N D V N C E W	B E C T E E V	Z T J A S K C	E X V L C F S	W U R A P S
N S D L Y Q I E Y E	L S N L P H C Y L	E O L E A I F A O A	R V O L H L J D	Q E C E E E E E E	O L N L V E V V V V V	M Y K R W I P O O	K S E O E L L L L	I Q H C N L A V	F R O F W R S B E C	L D N D V N C E W U	O B E L C T L E E V S	VI Z T J A S K C Z V	E X V L C F S E V O	W U K R A P S E V
N S D L Y Q I E Y E R	L S N L P H C Y L Q nd th	E O L E A I F A O A P e listo	R V O L L H L J R eed wcc	Q E O E E E E E Y	O L N L V E V V V V E n the	M Y K R W I P O O O	K S E O E L L L L L L arm. T	I Q H E C N L A V A	F R O F W R S B E C V	L D N D N C E W U E	B E C T E E V S V	VI Z T J A S K C Z V O O	E X DY L L O F S E V O L	W U K R A P S E V O
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	L L S N L P H C Y L Q dthr war C Hi e e P	E O L E A I F A O A P e listed reeek	R V O L L H L J R R ed wcc	Q E O E E E E E Y	O L N L V E V V V V V V E n theov	M Y K R W I P O O O L diagr vn and	K S E O E L L L L L L L L	I Q H E C N L A V A They sonal ove ove	F R O F W R S B E C V Intrusin Ity. St	L D D N D V N C E W U E all d	B E C T L E E V S V	Z T J A S K C Z V O O Love	E X DY L L O F S E V O L	W K R A P S E V O L

### All Answers on Page 8 **Contract Bridge**

THE AVOIDANCE PRINCIPLE

the holdup is to interfere with East-West communications. West continues with a heart. South taking the king. There is no hope for nine tricks without establishing diamonds, so South leads a low diamond toward dummy at trick three. West follows low, and declarer must play dummy's nine to make the contract! 2 He doesn't expect the nine to win, and in fact it loses to the ten. He plays the nine because he can afford to lose a diamond trick to East and another one later to West, but he can't afford to lose two diamond tricks to West. East wins the nine with the ten, but, thanks to declarer's play at trick one, he does not have a heart to return. Whatever he leads, South wins, con-٠th cedes a diamond to the ace and so winds up with 10 tricks Declarer's problem from the start is to neutralize West's hearts, and every move by South is directed toward that end. The first step is to sever defensive communications in hearts, and the second step is to take measures to try to prevent West from winning two diamond tricks. The combination of ducking the heart at trick one and playing a low diamond to the nine at trick three makes the contract for South. ©2009 King Features Synd., Inc

the queen of hearts. The purpose of

tickets: www.crhkids.org/townandcountry

8 La Scala

shows

10 Seed

11 Historic

17 Sellers

19 Road

co-star

Herbert

Runner's

opposite

Fleming

sound

22 Omega's

24 Biz deg.

26 The U in

"IOU"

25 Author

9 Family feud

covering

sitcom star

Crocker Holiday Art and Craft Festival

November 27-29 at Scottish Rite Center **Regional artists and** craftspeople provide unique

gifts for holiday shopping list

More than 95 regional artists and craftspeople will offer their unique gift items during the Crocker Art Museum's Holiday Art & Craft Festival at the Scottish Rite Center, located across from the main entrance of California State University, Sacramento, at 6151 H Street. Visitors will support the Crocker and local artists while they shop for everyone on their holiday list with an array of gift items and price ranges.

The artist's creations for sale include jewelry, ceramics, paintings, gourmet food, a variety of unique holiday items and more. You can also capture the holiday season by having photos taken with a Victorian Santa Claus in the front lobby. Attendees will also enjoy free parking and a café by Ambrosia Catering.

Running from November 27-29, festival admission is free to Crocker members, \$6 for adults and \$3 for seniors, students and children. The Holiday Art & Craft Festival is open Friday 1-7 p.m., Saturday 10 a.m.-5 p.m. and Sunday 10 a.m.-4 p.m. The event is presented by the Crocker Art Museum the Creative Arts and League of Sacramento.

### **Toast to Tuscany Benefits Children's Receiving Home** of Sacramentol

Sacramento: With all proceeds benefiting the Children's Receiving Home of Sacramento, a Toast to Tuscany is at Buonarroti Ristorante in The Collection at Town & Country Village. Inside Buonarroti Ristorante, you are surrounded by rich artistic murals providing a tapestry of facades and palazzos - transcending you to Italy. All for a good cause – a festive evening of friends, great food, wine, beer tasting, live jazz, silent auction, live auction, entertaining and fun! It's the place to be. The Children's Receiving Home of Sacramento is the safety net for the area's abused and neglected children between the ages of 1 and 17 Contact: Sally Rice (916) 933-4056 / Cell (916)-715-9711 / sriceecp@aol.com

Event: Toast to Tuscany, all s henefit Cl **Receiving Home of Sacramento** When: Thursday, November 12

Find at least six differences in details between panels.



bigger. 5. Gloves are black. 6. Man's tie is missing. turned frontward. 3. Woman's collar is different. 4. Bowtie is Differences: 1. "Heturns" sign is different. 2. Boy's hat is

Syndicate

<sup>=</sup>eatures

and a Golden Globe for Best Picture?

5. GENERAL KNOWLEDGE: What is the traditional birthstone for May?

6. MUSIC: How old was Felix Mendelssohn when he wrote the overture to "A Midsummer Night's Dream"?

7. ASTRONOMY: How many moons does the planet Mars have?

8. MYTHOLOGY: What is the Greek god of the sun called?

9. LANGUAGE: What is the only word in the English language that ends in the letters "mt"?

10. LITERATURE: What was the name of Dick and Jane's cat in the famous early readers?

© 2009 King Features Synd., Inc.

	NOF	RTH	
	🔶 A K	75	
	♥942	2	
	<b>♦</b> K 9	3	
	$\mathbf{A} \mathbf{A} \mathbf{C}$		
WE	+		AST
<b>•</b> 93		🔶 J	1084
₩ÔĴ	1085	♥ 7	
♦ Â J		♦ 1	06
♣ÖĴ			0 9 5 2
• ~ •	ંડા		0,22
	<b>4</b> 06		
	♥ÀK	6	
	♦ Q 7	-	
	<b>♣</b> Ř 8		
The bid			
East	South	West	Nor
Pass	1	1 9	1 🛧
Daga		I ▼ Dase	3 N

Pass 3 NT 1 NT Pass Opening lead — queen of hearts.

**KING** 

34 — -la-la

35 All over

37 Wood

again

39 Homer's

42 Arouse

45 Arouse

brief

finishing

substances

interjection

explanation

41 Cain's victim

Good technique is mostly a matter of making the right play at the right time. This is not always easy to do, as some situations can be quite complicated, but most of the time one should have no trouble spotting the correct play.

Consider this deal where West leads a heart against three notrump. Good technique requires declarer to duck

🖛 by Steve Becker 🗖

Crossword

*Time:* 6:00 pm – 8:30 pm

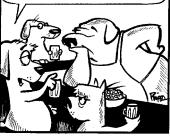
Where: Buonarroti Ristorantem behind William Glen at Town & Country Village, Fulton & Marconi, Sacramento

Cost: \$40 pre-sale, \$45 at door

For Information and to purchase (916) 482-2370 ext 333

Just Like Cats & Dogs by Dave T. Phipp

I'M NOT SAYING THE MARINES AREN'T TOUGH BUT I KNOW SEVERAL GUYS WHO WERE MARRIED AND JOINED THE MILITARY FOR SOME R & R



## King Crossword

1	2	3	4		5	6	7		8	9	10	11
12					13				14			$\uparrow$
15					16			17				
18				19			20					
			21			22		23				
24	25	26					27		28		29	30
31				32				33		34		
35			36		37				38			
		39		40		41						
42	43				44		45			46	47	48
49						50			51			
52					53				54			
55			1		56	$\square$	1		57	$\square$		$\uparrow$

#### ACROSS

- 1
- 5
- 8
- 12 Sci-fi's
- Skywalker
- 13 Leading lady?
- 14 Lima's country
- 15 Help in a

- condiment
- 20 Noble
  - cavities
- 23 West of
  - Hollywood
- 51 Guy 52 Reed

- 24 Sasha and instrument Malia's mom 53 Have a bug
  - 54 Additionally
  - 55 Swiss city
    - 56 In medias –
    - 57 Witnessed

#### DOWN

- 1 Cabbage
- salad
- 2 Big brass
- instrument
- 3 Guitars' kin 4 Remove
- (from)
- 5 Planes,
- trains and
- 49 "Holder" of a automobiles "- Got a 6
  - Secret"
  - 7 Honeycomb compartment

### Answers on Page 8

- 29 Joan of -
- 30 Petrol
- 33 Dispatched
- 36 Opposite of "improve"
- 38 South American herd
- 40 "Whadja say?"
- 42 Nose-in-theair sort
- 43 Tooth-paste dispenser
- 44 Bosc or Bartlett
- 46 Hardy cabbage
- 47 Otherwise 48 Night light?
- 50 Falsehood
- 27 Looks at intently

© 2009 King Features Synd., Inc.

- Poker variety Crooner 28 Men only Damone 31 Tavern 32 Diarist Ellipse Samuel

- crime
- 16 Greek
- 18 Tangy green

21 Anatomical

#### Legal Advertising Hotline LEGAL ADVERTISING Legal Advertising 916-532-2113 P.O. Box 14 Legal Advertising Fax Carmichael, CA 95609 Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984 916-773-2999 2nd, 2009 at 12:00 o'clock PM. DESCRIPTION OF PROPERTY: matter appear before this court SUPERIOR COURT OF local courtor county bar association. FICTITIOUS BUSINES NAME CALIFORNIA of Sacramento County on Oct. Studio Sacramento" at 2310 Fair STATEMENT #0908950. Don COUNTY OF SACRAMENTO Oaks Blvd. #C-2, Sacramento, CA 95825. Filed with the Clerk CALIFORNIA 13, 2009. Publish: October 21, at 2 p.m. on Nov. 25, 2009 in The name and address of November 4, 11, 2009. Brogon, 3014 Olive Glen Ct., ORDER TO SHOW CAUSE Household Personal Property 28, Dept. 53, located at 800 9th St. COUNTY OF SACRAMENTO the court is: Superior Court of Sacramento, CA 95821; and Brad Lavin, 1626 Blanchard Dr., Floor, Sacramento, CA CHANGE OF NAME consisting of but not limited to KINGSC 91003 11-11-09 of Sacramento County on Oct. SUMMONS California, County of Sacramento, 95814 and show cause, if any, CASE #06AS04847 #34-2009-00059355 BBQ, 2 office chairs, Dresser 16, 2009. Publish: October 28, Limited Civil Division, 720 Ninth November 4, 11, 18, 2009. FUSION 91004 11-18-09 Roseville, CA 95747 are doing Patio table, Bicycle, Bench, SUPERIOR COURT OF why the petition for change of NOTICE TO DEFENDANT: St., Sacramento, CA 95814. WHEREAS, Alicia J, Brundage Chainsaw, Saws-all, Belt sander, CALIFORNIA The name, address, and business under the Fictitious has filed a petition with this court name should not be granted. IT Valentino Jauregui, Juan Seto COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE Skill-saw, Pressure washer, Misc. garden tools, Nail gun, Telescope, Business Name "The Paint Co." at 3014 Olive Glen Ct., for a decree changing name of Cisneros, Angel Cisneros, Juan IS FURTHER ORDERED that a telephone number of plaintiff's SUPERIOR COURT OF copy of this Order to Show Cause Serna Gallego, Jenny Guardado, Anthony Eskridge, Rashida Mitchell; and DOES 1 TO 50. attorney, or plaintiff without an Sean Ray Brunson-Brundage to Sacramento, CA 95821. Filed attorney, is: John T. Stralen, APC, Sean Richard Daunte Brundage. Coffee table, Computer desk, CHANGE OF NAME CALIFORNIA be published in the Carmichael with the Clerk of Sacramento IT IS ORDERED that all persons Misc. clothing, Toys and all other #34-2009-00059577 COUNTY OF SACRAMENTO Times, a Newspaper of General 641 Fulton Ave. #120, Sacramento County on Oct. 1, 2009. Publish: October 7, 14, 21, 28, 2009. Items in or on said property. Publish: October 21, 28, 2009. WHEREAS, Kathryne Hartshorn ORDER TO SHOW CAUSE Circulation, printed in Sacramento County, California, once a week You are being sued. PLAINTIFF'S NAME IS: interested in the above entitled 916-971-3100 CA 95825: CHANGE OF NAME Dated: Nov. 14, 2006. has filed a petition with this court matter appear before this court for a decree changing name of Alexander Jacob Richmond to THEPAI 91001 10-28-09 at 9 a.m. on Nov. 13, 2009 in 91004 10-28-09 #34-2009-00060447 for four consecutive weeks prior Publish: October 28, November 4, SILICO Elizabeth Limon. You have 30 Calendar Days 11, 18 2009 Dept. 54, located at 800 9th St. WHEREAS, Danielle Marie to the date set for hearing on the FICTITIOUS BUSINES NAME Alexander Jacob Hartshorn. IT SUPERIOR COURT OF after this Summons and legal papers are served on you to file STATEMENT OF DAMAGES Third Floor, Sacramento, CA petition. Dated: Oct. 14, 2009. Riley has filed a petition with this CALIFORNIA 95814 and show cause, if any, STATEMENT #0909097. N&T IS ORDERED that all persons court for a decree changing name Loren E. McMaster (Personal Injury or COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE Judge of the Superior Court why the petition for change of Realty, Inc., 7917 Fruitridge Road interested in the above entitled of Danielle Marie Riley to Danielle typewritten response at this Wrongful Death) matter appear before this court at 9 a.m. on Nov. 17, 2009 in CASE # 06AS04847 To: Valentino Jauregui, et al. name should not be granted. IT #G2. Sacramento, CA 95820 is Marie Rilev-Milton, IT IS ORDERED Publish: October 28, November 4, court and have a copy served on CHANGE OF NAME IS FURTHER ORDERED that a doing business under the Fictitious the petitioner. A letter or phone that all persons interested in the 11. 18. 2009. 11-18-09 BusinessName"SeasonsFunding' LEE call will not protect you. Your Defendant. Plaintiff's name is: at 7917 Fruitridge Road #G1, Sacramento, CA 95820. Filed with

#34-2009-00058893 WHEREAS, Brianna Alysse Wulf has filed a petition with this court for a decree changing name of Brianna Alyse Wulf to Bianna Alvse Santos. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Nov. 5, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 24, 2009. Shellevanne W.L. Chang Judge of the Superior Court Publish: October 7, 14, 21, 28, 2009

WULF-B 91001 10-28-09 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00058931 WHEREAS, Ariel Nicole Wult

has filed a petition with this court for a decree changing name of Ariel Nicole Wulf to Ariel Nicole Santos. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Nov. 6, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 25, 2009. Shelleyanne W.L. Chang Judge of the Superior Court Publish: October 7, 14, 21, 28, WULF-A 91001 10-28-09

SUPERIOR COURT OF

copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 1, 2009. Shelleyanne W.L. Chang Judge of the Superior Court Publish: October 7, 14, 21, 28,

91001 10-28-09 BRUNDA

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2009-0005 WHEREAS, Raelisa Martinez

has filed a petition with this court for a decree changing name of Raelisa Martinez to Raelisa Santiago. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 13, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 2, 2009. Loren E. McMaster Judge of the Superior Court Publish: October 7, 14, 21, 28, MARTIN

91001 10-28-09 NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

Notice is hereby given that under and pursuant to Section 1988 of the California Civil Code the Property listed below believed to be abandoned by BALTIZAR De SANTIAGO whose last address was 11879 AUTUMN SUNSET WAY, RANCHO CORDOVA, CA 95742 Will be sold at public auction 11879 AUTUMN SUNSET at WAY, RANCHO CORDOVA, CA 95742 on MONDAY. NOVEMBER

Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichae Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior

the Clerk of Sacramento County

on Oct. 6, 2009. Publish: October

14, 21, 28, November 4, 2009. SEASON 91002 11-4-09

SUPERIOR COURT OF

CALIFORNIA

COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE

CHANGE OF NAME

#34-2009-00059373

Robb has filed a petition with this

court for a decree changing name

of Dylan Patrick Robb to Dylan

Patrick Thiede. IT IS ORDERED

that all persons interested in the above entitled matter appear

before this court at 2 p.m. on Nov

12, 2009 in Dept. 53, located at 800

9th St., Third Floor, Sacramento

CA 95814 and show cause, if

any, why the petition for change

of name should not be granted. IT IS FURTHER ORDERED that a

copy of this Order to Show Cause

be published in the Carmichael

Times, a Newspaper of General

Circulation, printed in Sacramento

County, California, once a week

for four consecutive weeks prior

to the date set for hearing on the

Publish: October 14, 21, 28,

91002

FICTITIOUS BUSINES NAME

STATEMENT #0908939. Erin

Fanning, 9237 Greenback Lane

#70, Orangevale, CA 95662 is

doing business under the Fictitious

Business Name "Indulgence

Salon" at 7411 Winding Way, Fair

Oaks, CA 95628. Filed with the

Clerk of Sacramento County on

Sept. 30, 2009. Publish: October 21, 28, November 4, 11, 2009. INDULG 91003 11-11-09

FICTITIOUS BUSINES NAME

STATEMENT #0909255. Earl

Bocoy, and Sue Leity, both of

6800 Duncan Lane, Carmichael,

CA 95608 are doing business

under the Fictitious Business

Name "Kings Court Pet Resort" at

6740 Duncan Lane, Carmichael,

CA 95608. Filed with the Clerk

petition.

ROBB

Loren E. McMaster

November 4, 2009.

Judge of the Superior Court

Dated: Oct. 1, 2009.

11-4-09

WHEREAS, Dylan Patrick

to the date set for hearing on the petition. Dated: Oct. 5, 2009. Shelleyanne W.L. Chang Judge of the Superior Court Publish: October 21, 28, November 4, 11, 2009.

91003 11-11-09 HARTSH

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2009-00060243 WHEREAS, Ma Pomposa G. Cataylo has filed a petition with this

court for a decree changing name of Ma Pomposa G. Cataylo aka Maria Pomposa Cataylo aka Ma Pomposa T. Cataylo aka Maria Guanco Cataylo to Maria Pomposa Catavlo. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Nov. 24, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 13, 2009. Shelleyanne W.L. Chang Judge of the Superior Court

Publish: October 21, 28, November 4 11 2009 91003 11-11-09 CATAYL

FICTITIOUS BUSINES NAME STATEMENT #0900466. Fusion Yoga Studio, Sacramento, Inc., 2310 Fair Oaks Blvd. #C-2, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Fusion Yoga

above entitled matter appear before this court at 2 p.m. on Dec. 1, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 15, 2009. Loren E. McMaster

Judge of the Superior Court Publish: October 28, November 4, 11. 18. 2009. 91004 11-18-09 MILTON

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2009-00060341 WHEREAS, Jee Ho Lee has filed a petition with this court for a decree changing name of Jee Ho Lee to Alex Jeeho Lee. IT IS ORDERED that all persons interested in the above entitled

91004 SUPERIOR COURT OF

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#222308 WHEREAS, Amanda Cooter has filed a petition with this court for a decree changing name of Amanda Ann Cooter to Amanda Ann Newkirk IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 8:30 a.m. on Dec. 15, 2009 in Dept. 134. located at 3341 Power Inn Rd., Sacramento, CA 95826 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a Newspaper of General Circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 28, 2009. Publish: October 28 11, 18, 2009. 4, November 91004 11-18-09 SACCHI

written response must be in Elizabeth Limon. proper legal form if you want the General damages court to hear your case. There Loss of society and companionship: \$10,000,000.00 may be a court form that you can Special damages: Funeral expenses: \$15,000.00. use for your response. You can find these court forms and more information at the California Courts Future contributions Online Self-Help Center (www. \$\$500,000.00. courtinfo.ca.gov/selfhelp.org), Value of personal service, advice, your county law library, or the or training: \$500,000.00. courthouse nearest you. If you John T. Štralen cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your Response on time, you may lose the case by default, and your wages, money and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web side (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/ selfhelp), or by contacting your

Attorney for the Plaintiff STRALE 91004 11-18-09 Call to place your legal advertising here. 532-2113



Handyman

Household Help

Bathroom Remodeling

Landscaping



#### Carmichael Times Page 8

#### Adult / Elder Care

Special 50% Off 1st Month Care Private & Semi private rooms. For more info call 916-721-4721 (MPG)

Experienced caregiver for elderly. 24-hour care; healthy nutritious meals: reasonable rates In Fair Oaks - room in comfortable home Call 916-536-0701 (MPG)

#### Auction

**Public Auction** 10 AM Friday Nov 6th, 3900 Florin Perkins Rd Machinery, Equipment, Trucks, Tractors, Lawn Equip, Collec-tables, Glassware, Office & Res Furniture.NewJewelrv.Costume Jewelry, Boats, Motorcycles, Cushman Traffic Scooters Dump Tirs Electos Conveyor Sys, Dr casings, Units of trim, Office supplies, Flatbed, Dump & Equip Trailer, Forklift Safety cage, Toyota Forklift, Caterpilla 245 Kidsteer. Elec Scissor lift. Hand & Power tools Mec Tools To Consign for Pick-up Call 916-799-3909 Bond # 5861148 Catalog at www.caauctioneer.com (MPG)

#### Auto Donation

Donate Your Car: Children's Cancer Fund! Help Save A Child's Life Through Research & Support! Free Vacation Package. Fast, Easy & Tax Deductible Call 1-800-252-0615. (Cal-SCAN)

Donate Vehicle: RECEIVE \$1000 Grocery Coupons. Your Choice, Noah's Arc, No Kill Animal Shelters. Advanced Veterinary Treatments, Free Towing, IRS Tax Deduction. Non-Runners 1-866-912-GIVE. (Cal-SCAN)

AAAA\*\* DONATION Donate Your Car, Boat or Real Estate, IRS Tax Deductible. Free Pick-Up/Tow Any Model/Condition Help Under Privileged Children. Outreach Center. 1-800-928-7566 (NANI)

DONATE YOUR CAR TO The Cancer Fund of America Help Those Suffering With Cancer Today. Free Towing and Tax deductible. 1-800-835-9372 www.cfoa.org (NANI)

DONATE YOUR CAR - HELP CHILDREN WITH CAMP AND EDUCATION. Quickest Non-Runners/Title Towing. Problems OK. Free Vacation/ Cruise Voucher Special Kids Fund 1-866-448-3865 (NANI)

#### Autos for Sale

Police Impounds! 98 Honda Civic -\$900! Cars/Trucks/ SUV's from \$500! For Listings 800-560-2134 x K834 (SWAN)

#### Business **Opportunities**

ALL CASH VENDING! Be Your Own Boss! Your Own Local Vending Route. Includes 25 Machines and Candy for \$9.995. MultiVend LLC, 1-888-625-2405. (Cal-SCAN)

Earn Money with Your Computer The best \$299.00 investment during this economy! Benefits So Awesome! \$3000.00 per mo possible after 1st six months! www.getstarted2win.com (MPG)

Work From Home Earn \$1.000 to \$3.000 per week Free 14-minute movie that shows you how! www.setfree.com (MPG)

Are you tired of... Other people making it big while

Networking Services by A+ & Microsoft or CISCO Certified Technicians. If We Can't Fix It. It's Free! MC/DIS/AMEX/VISA 1-866-661-GEEK (4335) (NANI)

Construction All Types of Construction kitchen & bath remodels, new construction, roofing, decks, fencing, dual pane replacement windows Free estimates Lic#

Discounts

5135 Free Estimates

40 PILLS

PRESCRIPTIONS

Health and

Beauty

Look Younger in Less Than

a Dav! www.hvdratedskin.

ask for a Free Sample (MPG)

THE WEIGHT IS OVER Lose up

to a pound a day. Fast growing

916-474-4079

Cosmetics

the verv best Aloe-based

skin care products in North

America. If interested in "Buying or Selling" contact me at 916-624-2303. (MPG)

VIAGRA/CIALIS SAVE \$400

PRICES ORDER NOW! 888-

729-0700 Meds for Men (NANI)

Heating & Air

AC Repair Low Prices 487-4609

Help Wanted

In-Home Caregivers Wanted

Room and Board. Needed in your

home for 35 year old man with

early dementia. \$900/month

Self-Made Millionaire, looking

for 10 people who want to

earn 6 figures in the next 12-24

months. This is not a job. CALL

NOW !!! 1-888-219-7757 (MPG)

ATTN: COMPUTER WORK.

Work from anywhere 24/7. Up

to \$1,500 Part Time to \$7,500/

mo. Full Time. Training provided.

1-800-330-8446. (Cal-SCAN)

CABLE LINE INSTALLER

job in growth industry. Paid

training, great benefits, vacation

No experience needed. HS

grads ages 17-34. Call Mon-Fri 1-800-345-6289. (Cal-SCAN)

ENGINEERING TRAINEE Earn

while you learn. No experience

needed. Good pay, benefits,

vacation, \$ for school. HS grads ages 17-34. Call Mon-Fri 1-800-345-6289. (Cal-SCAN)

PETROLEUM SUPPLY: Keen

Army National Guard's Watercraft,

Aircraft, Trucks & Tanks rolling!

Expand skills through paid career

training. Part-time work. Full-time

or

AREA MANAGER Full/Part

www.NationalGuard.

1-800-GO

(Cal-SCAN)

www.KTPGlobal.com or

Some housekeeping 916-989-9135. (MPG)

40 PILLS \$99.00 FREE

Company Recession

eat-choc-losewt.com

PRESCRIPTIONS

(MPG)

com

product.

Aloette

then call 916-988-3027

proof

(MPG)

offers

LOWEST

needed.

call

830054 (916) 335-1325 (MPG) US CONSTRUCTION TRI Build new homes, additions and remodeling. Over 30 years experience, bonded and insured. Phone number 530-330-0185

DayCare

Lic. #476884 (MPG)

#### 25 PEOPLE WANTED to lose Peña Family Daycare - Small in up to 30lbs in 30 days! Dr home family care. Clean and Safe recommended! 888-233-4967 hmhealth4u2@hotmail.com (MPG) environment. Nutritional snacks and meals provided. Preschool LOW COST WEIGHT LOSS like setting. (916) 972-1540 www With Your Personal Coach. Start Free Call 916-599-1318 (MPG) penafamilydaycare.com (MPG)

Infant Openings Now First week free Lic # SAC53133 FCCH 916-489-5824 (MPG)

#### Drywall

Tape - Texture - Patch No job too small. very reliable. 28 years experience 916-961-7248 (MPG)

#### Elder Care PROVIDING PERSONAL CARE w/ love and dignity. Rooms available Call 916-721-4721 (MPG)

Fencing Roy's Great Fences Quality work at affordable prices. New or

repairs. How's your gate? License # 749821. (916) 833-2666 (MPG)

Affordable Fencing Redwood specialist. Dedicated on time service. Lifetime steel Senior discount. 742683 916-773-1350 (MPG)

Sierra Pacific Fence, Fences, decks, Retaining Walls 100% neighborhood discounts XLNT prices Free estimates 1883 License 606100 (MPG)

#### Financial / Money to Loan

Homeowners Don't Short Sell Your Home as a first option. A home can generate \$2,600,000 of tax-free income. Let me help you create additional income & front page 1040 deductions BK/ CR 916-868-1041 (MPG)

Real People helping Good People find Real Debt Solutions! Linda Findley 916-300-0611 lafindley@ team72goodcredit.com (MPG)

STOP YOUR DEBT INSANITY service solution for Full credit nightmares. Mortgage Arbitration. Credit Repair. Debt Stlmt. 916-300-0611 (MPG)

Reverse Mortgages If you are a senior citizen, you have no doubt heard of a reverse mortgage. For ALL of the information and none of the obligation, call Len Lamb at 728-6653. (MPG)

Get Out of Debt in Months! Avoid Bankruptcy. Not a high priced consolidation company or a consumer credit counseling Free consultation program. CREDIT CARD RELIEF 1-866-475-5353. (Cal-SCAN)

TAX RELIEF Do You Owe Over \$15,000 in BACK TAXES? Need to Settle State, Business Payroll Tax Problems, Eliminate Penalties, Interest Charges, Garnishments, Wage Tax Call American Tax Liens! 1-800-496-9891. FREE, Relief Confidential, No obligation, consultation (Cal-SCAN)

Water, Sewer, Gas Lines, Water Heaters CA License 918844 (916) 607-6749 (MPG) assembling our angel pins in the comfort of your home. No experience required. Call 813-699-4038 or 813-425-4361 or Handy Guys Small jobs, Senior visit www.angelpin.net (NANI) Discounts Gutter Cleaning Decks, Woodwork 916-519-Cleaning

Earn up to \$30 per hour. (MPG) Experience not Required. Undercover shoppers needed to judge retail and dining shments. Call 800-720-3708 (NANI)

VIAGRA/CIALIS SAVE \$400 \$99.00 FREE Earn up to \$30 per hour. LOWEST Experience not Required. PRICES ORDER NOW! 877-Undercover shoppers 590-6337 NU Life Inc. (NANI) needed to judge retail and establishments. dining Lose Up To 30 Lbs in 30 Days 800-742-6941 (NANI) Call @ 30% Off Quick Start Program

- January only! 1-888-834-6203 or 513-421-9252 (MPG) SALES. Seeking Business minded Marketing rep's, New Technology/ Training available, F/PT, Globally, Residual Income, Commission, Fax Resume 916.910.2002 (MPG)

> We are seeking dynamic customer service oriented individuals with great communications and typing skills needed to work on behalf of our company this service representative will earn up to \$3000 monthly any job experience needed. at danelperez1980@ yahoo.com if interested (MPG)

A DIFFERENCE. MAKE For More Information. (916) 383-9785 ext. 15 (MPG)

29 Serious People Wanted: to Work From Home using a computer. Up to \$1,500-\$5,000 PT FT www.REBVision.com (MPG)

\*\*AWESOME CAREER\*\* Government Postal Jobs! \$17.80 to \$59.00 hour Entry Level. No Experience Required / NOW HIRINGI Green Card O K Call Call 1-800-983-4384 ext. 54 (NANIG)

Exp & professional filing clerk needed to organize and file for private residence. Must have own trans. Hrs: 12:30-5:30pm, m-w-f. \$12/hr. \$180.00/wk flat. Resume to: FAX: 916-638-9951. (MPG)



TIRED OF BEING BROKE? Get paid daily. No experience required. Local training. 888-211-4268 www.happyandhealthyfamily.com (MPG)

STRESSED OUT? Work from home & get paid daily! www. happyandhealthyfamily.com 888-211-4268 (MPG)

ASSEMBLE MAGNETS & CRAFTS FROM HOME !! Year-round Work! Excellent Pay! No Experience! Top US Company! Glue Gun, Painting, Jewelry & More! TOLL FREE 1-866-844-5091, <u>code 5</u> \*\*Not available MD\*\* (NANI)

Single Again Magazine Online is seeking an independent sales contractor to generate advertising sales for our nationally recognized website. We are a website designed for the divorced, widowed and separated that offers real advice and articles to help people rebuild their lives. This is a parttime extra income opportunity that you can work at from your home. Compensation is commission only, but the commission is a generous rate. Check us out at www.SingleAgain.com. To apply send your email to publisher@ singleagain.com

MPG

Matheson Trucking, Inc. is now

Petsitting 916-483-5146 (MPG) Landscaping Lawn and Garden Service

Channels.

Now!

\$600 Sign-up BONUS.

Discounted Steel Buildings

until 3:30 pm Oct. 14, 2009 for

the following surplus equipment

front loader bucket; One 1981

GMC Topkick Cab & Chassis

One 1985 Ford F250 Pickup

These items can be viewed at

7780 Olive Street, Fair Oaks, CA

95628 on Oct. 5th, 6th, 7th, 8th

9th 2009. All equipment is sold

"as is". The Fair Oaks Cemetery

refuse any & all bids. (MPG)

Electric Wheelchair Jazzy/1121

Brand new batteries - custom footguards - cane holder - basket

metallic blue. New \$5,700

Sacrifice \$1.450 obo - Cash Only

Please - (916) 488-4154 (MPG)

Kawai upright piano and

condition, oak finish. \$3000 Call: 916-988-2927 (MPG)

Mount Vernon Single Cemetery

Lot Garden of Humility (front-east side of building) \$5,000.00

Contact: 1-405-728-0420 (MPG)

Tupperware Please call for any

service. Chris Krcmar 916-483

1671 Call for a free catalog (MPG)

GIGANTIC 72"X100" MIRRORS

(15) sheets, \$165/each. New,

perfect condition Free delivery

(one or all). Installation available

Also. 48"x100" (8). \$115/each

MEMORY FOAM THERAPEUTIC

NASA VISCO MATTRESSES

WHOLESALE! T-\$299 F-\$349

Q-\$399 K-\$499 ADJUSTABLES

\$799 FREE DELIVERY, 25 YEAR

WARRANTY 90 NIGHT TRIAL

1-800-ATSLEEP 1-800-287-5337

WWW.MATTRESSDR.COM (NANI)

Miscellaneous

- Want to Buy

WANTED DIABETES TEST

Unexpired. Pay up to \$16.00 per box. Shipping Paid. Call 1-713-395-1106 or 1-713-343-3050 ext. 1.

www.cash4diabetestestrips.com

WANTED: OLD POSTCARDS

Musical

Instruments

GUITAR WANTED Looking for

Older Guitars and Amps, Fender

Gibson, Martin, Fender, Marshal

Amps.Will Pay up to \$2000.00

Notary

Mobile Notary Services

Certified Loan Signer Paralegal

Services Powers of Attorney

Wills Will Travel to Your Home or

business 916-508-7080 (MPG)

Notary Services Hospital, Care

Home or make arrangements. Call

(916) 482-9388 for details. Ask for

Cash !! (916) 966-1900 (MPG)

brand

(MPG)

STRIPS Any Kind/Any

(NANI)

483-0622

1-800-473-0619 (NANI)

excellent

used.

bench.

District reserves the right

One 1989

Ford Tractor

Bi-weekly or monthly Call for FREE estimates 965-8224 (MPG) Lawnmower Service Mow & Edge your lawn 4 times per month for a

fee. Call Bob 916-456-5281(MPG) Tall Weed Cutting Low Rates 916 524-7477 (MPG)

Big & Small. Get the Deal of Deals! Placement to Site. Full Yard Maintenance, one www.scg-grp.com Source#03V. Phone: 916-248-4416 (MPG) time clean-ups & tree trimming. See our website: www. terrabellagarden.com or ctc Randy The Fair Oaks Cemetery info at 454-3430 or 802-9897. District is accepting sealed bids

(MPG) Lawn Service - I can mow and edge your lawn. Reasonably priced. Call for a free estimate at 916-934-9944 (MPG)

#### Legal Services

Need an Attorney? Have a legal situation? Looking for extra income? Contact Eicka Mitchell at 916-729-7364 or ericamitchell@ prepaidlegal.com (MPG)

BANKRUPTCY LAWYERS: Credit Card Debt, Foreclosure, Repo, Wipe Out Bills, Free Consultation 971-8880 (MPG)

#### Men's Suits For Sale

Men's Suits Men's 42 Jacket, 36-38 Waist Assorted used men's suits in very good condition. \$25 \$35 each. Buy one or all. Call 773-7337 (MPG)

#### Miscellaneous

Reach over 30 million homes with one buy. Advertise in NANI for only \$2,795 per week! For information, visit www.naninetwork.com (NANI)

DIRECTV FREE MOVIES 3 MONTHS! Ask How! NO Equipment to Buy NO Start Costs! Free DVR/IID Upgrade Other Packages Start \$29.99/ mo! Details Call DirectStarTV

1-800-620-0058

Your Family's Best Benefit... Safety! Let ADT help protect your family and get \$100 Visa Gift Card! Hurry offer ends soon. Call Now 1-866-444-9163 (NANI)

(NANI)

Receive \$1000 in Groceries! Real relief program helping people just like you! Pay only \$4.90 for your grocery voucher. Use on your favorite brands! Consumer Advocate Response introduc-

tory price. 1-800-430-9507(NANI) DIRECTV SAVE \$26/MO FOR A YEAR! Ask How! NO Equipment to Buy NO Start Costs! Free DVR/IID Upgrade!Other Packages Start \$29.99/mo! Details Call DirectStarTV 1-800-279-

5698 (NANI) GET 5 Months FREE of DIRECTV! 265 + Channels + Movies with NFL Sunday Ticket order! FREE HD/DVŔ upgrade! For Details Call NOW 1-888-420-9478 DIRECTV

Authorized Dealer (NANI) AIRLINES ARE HIRING -Train for highpaying Aviation Maintenance Career. FAA approved program. Financial aid

if qualified – Housing available. CALL Aviation Institute of Maintenance (888) 686-1704 (NANI) AIRLINE MECHANIC - Train for high paying Aviation Career. FAA

Debbie or leave message. (MPG) 24/7 Notary Services Anytime / Anyplace Call Dan @ 916-712-

CLASSIFIED ADVERTISING FREE 4-Room room. Plantation shutters, carpet. FREE HD-DVR. Plus window coverings, Mexican paver tiles in entry, family room, kitchen Call 1-888-430-9664 (NANI) and laundry room. Epoxy 3-car garage floor. Oversized backyard GDC - SAVE NOW! \$25.00 with extended stone patio, brick Gift Certs. ONLY \$4!! Save planters, variety of mature trees. Lifetime concrete shake At Thousands of Restaurants, Top Retailers, Movie Theatres roof Fabulous rock waterfall Hotels. Online Offer \$29.95! and pond Built-in granite BBQ WWW.GDCDISCOUNT Home backs up to greenbelt. COMPublication Code: 02(NANI) \$515,000. Lorraine Foster, ReMax Gold 916-933-6190 (MPG)

> Motivated Seller - Great Buys - two homes - Good Areas. #1 updated kitchen & 3BDRM, 2BA. near Crestview shopping, \$289,000. #2 Dream Kitchen w/ granite-tiled & beautiful bathrrms & floors. \$260,000. Glenda Hill 761-7548. (MPG)

Granite Bay Listings View at www.lizvoakum.com Call 390-5634 (MPG)

4/2 ba Foreclosure! Only \$50,000 or \$397/mo! Must Sell! 5% dn, 15 yrs @ 8% apr. For Listings 800-570-8567 xF38 (SWAN)

\* NATIONWIDE ONLINE LAND AUCTION \* 400+ Props. 168 Absolute. ALL Starting Bids: \$100. REDC. View Full Listings. www Auction.com/land (Cal-SCAN)

FORECLOSED ONLINE HOME AUCTION 800+ Homes. BIDS OPEN 11/16/09. Open House: November 7, 14 & 15. View Full Listings & Details www.Auction.com REDC 01093886. (Cal-SCAN) Brkr

#### Real Estate Out of State

MONTANA STATE Land SALE Over 50 tracts: 20-1000 Acres Pine ridges, grassy meadows, mtn. views, huge elk & deer area. Great bird hunting. Federal lands accessible 20 Acres w/ Utilities- \$39,900 New Cabin on 20 Acres- \$79,900 160-1000 Acres- \$625/Acre. Great financing available. Call 888-361-3006 www.WesternSkiesLand.com (Cal-SCAN)

COLORADO 40 acres \$28,500! Beautiful vallev land near mountains. Good road access. Hunting, fishing, farming and recreational area. \$500 \$300 monthly. down. Owner 806-376-8690 (NANI)

FORECLOSURES - OWN 20 ACRES OF LAND NOW! Near Booming El Paso, Texas. BEEN EASIER! NEVER Down, Take over \$159/mo payment. Now \$12,856. Was \$16,900. No credit checks/owner financing 1-800-755-8953 www TexasLandForeclosures.net (NANI)

#### Restore **Old Photos**

Restore Old Photographs Share memories of special places and times with your family. (916) 483-6051 - Laws Studio, Crestview Center (Manzanita at Winding Way in Carmichael) (MPG)

#### **RV Repair**

CARLO'S RV REPAIR Local and Experienced owner/operator specializing in A/C repair, Electrical problems, Fuel injection, Complete brake jobs, Smog problems and so much more!! Call us if 1st you are considering a used RV purchase or need repairs Call Carlo 1st !! So Reasonable other shops simply can't compete! For Fast friendly service or advice, please call (916) 285-6049 (MPG)

Sall

Schools /

Instruction

HIGH SCHOOL DIPLOMA!

Graduate in 4 Weeks! FREE Brochure. CALL NOW! 1-866-

562-3650 Ext. 30 www

Advertisement for Training. HEAVY EQUIPMENT TRAINING

Learn to operate bulldozer,

backhoe, loader, motor grader

(NANI)

southeasternhs.com



Northern California College of Construction.www.HEAVY4.com promocode: NCPA1. (Cal-SCAN)

The Math Resource: math/ statistics tutoring; \$40-\$50/hour; 916-722-1058 (MPG)

Services Offered

I take you to the doctors, shopping or misc. errands. Call for schedule. Serving most areas. 916-214-8169. (MPG)

Seeking Security Placement in Fair Oaks or Carmichael, Licensed Call 916-712-2137 (MPG)

The Clean-Bliss Experience Responsible, experienced & Reliable. Arlene 916-863-1374. (MPG)

REAL Hardwood Flooring \$1.69 Square Foot or we install for \$3.99 square foot complete 916-366 1672. Cont Lic #757522 (MPG)

#### Steel Buildings

60%-80% OFF RETAIL !! World-

wide Locations! Call for Free

InfoPack. 1-800-639-5319 www.

holidaygroup.com/flier (NANI)

SELL/RENT YOUR TIMESHARE

NOW !!! Maintenance fees too

high?NeedCash?Sellvourunused

timeshare today No Commissions

or Broker Fees. Free Consultation

www.sellatimeshare.com

**Tow Cars Away** 

Call to remove abandoned cars

for FREE, (916) 457-4000 Must

Upholstery

B&T Upholstery and Repairs

Specialist in Decco & Modernism.

www.bandtupholstery.com

Video Archiving

Services

Archive Family Video To DVD Event Video & Photo At It's Best!

Video Christmas Postcards. (916)

Volunteers

Needed

Domestic Violence Intervention

Center needs caring people to

assist victims of domestic violence

For more information call 728-5613

or visit our office at 7250 Auburn

Yoga

Sunrise Yoga Centre - Hatha

Yoga Ivengar style 3713 Casa

Loma Way Near Sutter 944-3207

Classified

Advertising

Sell Your Stuff!

**Reach 1000's** 

of Readers

**Every Week** 

(MPG)

Blvd., Citrus Heights, CA (MPG)

The

Volunteers Needed:

392-1959 (MPG)

402-5351 (MPG)

be present at pick-up. (MPG)

1-877-494-8246 (NANI)

TIMESHARES

Steel Buildings. 20 x 20, 30 x 40, 50 x 100, 100 x 100 Up to 50% off on erected completed projects www.scg-grp.com Source #ØDL Phone: 916-248-4416 (MPG) TimeShares

DISCOUNT

vou work more and more just to stay caught up with your bills? Spiraling costs and debts? Your business owning you rather then you owning it? Never having the freedom to eniov the fruits of your labor? Improve life's journey with an unequaled business opportunity and product that improves everybody's health. information how to become a part of one of the fastest growing company call 916-205-8118 (Serious enquires only) (MPG)

Do you dream of owning your own business? Pre-Paid Legal Services. Inc. is a publicly traded company on the NYSÉ and is expanding its services in your area. Full-time/part-time marketing opportunities available. For more information on how to become an Independent Associate of this fascinating company or if you would like to know more about our legal service plans, call today! Tony Lamm, Independent Associate at 916-773-1421. (MPG)

#### Business Services

CLASSIFIED ADVERTISING in 240 Cal-SCAN newspapers for the best reach, coverage and price. 25-words \$450. Reach 6 million Californians! FREE email brochure. Call (916) 288-6019. www.Cal-SCAN.com (Cal-SCAN)

**DISPLAY ADVERTISING** in 140 Cal-SDAN newspapers statewide for \$1,550! Reach over 3 million Californians! FREE email brochure. Call (916) 288-6019. www.Cal-SDAN.com (Cal-SCAN)

**NEWS RELEASE?** Cost-efficient service. The California Press Release Service has 500 current daily, weekly and college newspaper contacts in California. FREE email brochure. (916) 288-6010. www. CaliforniaPressReleaseService com (Cal-SCAN)

#### Computers

Computer Care Complete PC Care and Maintenance Installs upgrades, virus removal, wireless, Affordable prices- Same-Day Service. Call Todd 916-529-5954 (MPG)

#### Computer Services

Geeks-In-Route On-site Computer Computer &

#### For Rent / Lease

Upscale Townhome in Creekridge 3/2 2 car garage cbarc ch Tennis, pool, yd maint. \$1395/mo + \$1200 dep 390-5634 (MPG)

Ex Suites @1.50 SF Carmichael, 144 / 276 SF Sec Entry, Cov Parking, 916-483-5044 (MPG)

New 1 bd /1 ba in Fair Oaks, off street parking, no pets. Non-smoker. \$750/911 utilities. 2 wk Free. Call 916-966-0898. (MPG)

House for Rent 3 Bedrm/Bath/ FR/LV. Located rear of office. El Camino/Walnut Ave. \$825/mo -No Pets. 1st Mo. Plus Deposit. 916-971-1717 (MPG)

#### 3 bdrm Home only \$ 269/mo! 2 bdrm/1 bath only \$199/mo! More 1-4 bdrms from \$199/mo! 5% down, 30yrs @ 8% APR.For Lisitngs 800-570-8567 xD835 Lisitngs (SWAN)

#### Gardeners

Smith's: Full Maintenance. Pruning, Aeration, Sprinkler, Cleaning, Gutter Hauling 967-7543 or see www. SmithsLandscape.com (MPG)

#### Handyman

Handyman, JR Handyman Service Randy 916-880-6742 Joel Carter 916-637-3825 (MPG) Household Helper. You Name It! Hauling, Gutters, Tree Trim, Spot Carpet Clean 613-8359 (MPG)

Discounts

#### A-1 Home Maintenance & Repair \*Handy Man\* California

no job too small. Please leave message. 916-961-8059 (MPG) Affordable! Decks, Dryrot, Wood Floors, Fans, Fixtures, Plumbing, Electric, Licensed 501-7843 (MPG)

Build - Remodel -Romero Lic 847423

Plumbing Services Specialty Plumbing - Remodels, Repipes,

Ime Great Pay! Place and collect donation canisters for a non-profit organization who helps families who have children with Cystic Fibrosis and other chronic health problems Call 1-800-254-0045 www.frfchildren.org (MPG)

benefits.

GUARD.

com/careers

off Hostess order Hostess privilege catalog Hostess and Guest Gifts Call Elizabeth 916-295-0185 (MPG)

Pathologist Perform general anatomic & Clinical inpatient/ outpatient pathology services. Travel to other unanticipated sites may be required. Kolbeck, Bauer & Stanton Medical Corporation, 3637 Mission Ave Ste 5 Carmichael, CA 95608. (MPG)

> Urgent F/PT Sale Reps needed telecommunications Latest products.\$\$\$ Commission, Bonuses, Residuals Training available call 916 612-6621 (MPG)

Aide for Group Home Graveyard Shift. Requirements: One-year Experience, Good DMV Record. Located in Carmichael. Call 916-487-6758. (MPG) (MPG)

Health Care Marketing. We are successful business entrepreneurs looking for people passionate about health & business. Go to www. myprotandimbusiness.com and watch a video News clip. Leave your name and email address to learn more, we will get back to you. (MPG)

\$\$\$ WORK FROM HOME \$\$\$

Earn Extra Income Assembling CD

Cases from home! No Experience

Operators for more information!

1-800-405-7619 Ext 2181 www.

easywork-greatpay.com (NANI)

**\$\$\$ 21 People Wanted \$\$\$** Earn \$1,200 - \$4,400

Weekly Working From Home

Assembling Information Packets

No Experience Necessary! Start

Immediately! FREE Information

Call 24hrs.1-888-255-2802 (NANI)

Local typists needed imm

ediately. \$400+ PT - \$800+FT

provided1-800-207-6917 (NANĬ)

Earn up to \$500 weekly

from home,

Flexible schedules,

training

Call our Live

Necessary.

weekly.

work

CALL

Earn Up To \$3,800 Weekly Working from Home assembling Information packets. No Experience Necessary! Start Immediately FREE Information. 24hrs. 1-877-224-0207 (NANI) \$\$\$ START NOW \$\$\$

Handy Guys Small Jobs, Senior Gutter Cleaning Deck's Woodwork 916-519-5135 Free Estimates (MPG)

state certified electrician Plumbing repair. Fence repair. Free quotes-

Handyman. Gold Country Repair Free estimate 916-391-4706 Richard (MPG)

hiring an Executive Administrative Assistant to be the primary support for the CEO, CFO and COO. Supports front desk, prepares and maintains documents, schedules meetings and travel. Must have 5-7+ vears exp supporting a corporate environment; excellent WANTED-AVON Party Hostess Earn 50% Total Party Sales 50% verbal and written communication skills: proficient in MS Outlook. Excel and PowerPoint. Word, Must be professional, friendly and a team player Fax resume to 866-418-9913 (MPG)



**SLT - IMMEDIATE OPENINGS** CDLA teams, O/OPs for welcome and paid percentage. \$1,000 bonus. \$1100 week average pay for company teams. Hazmat & 2 yrs experience. 1-800-835-9471. (Cal-SCAN)

#### Help Wanted -Medical

Geriatric Home Care Specialists is currently seeking CNAs. HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information. (MPG)

#### Help Wanted -Sales

OVER 18? AVAILABLE to TRAVEL? Earn Above Average \$\$\$ with Fun Successful Business Group! No Experience Necessary. 2wks Paid Training. Lodging, Transportation Provi-ded. 1-877-646-5050. (Cal-SCAN)

Would you like to be Mentored by a Millionaire? Proven System, Perfect timing. 24 Hr Recorded Message. CALL NOW!! 888-279-7875 (MPG)

#### **Household Help**

House Cleaning Sparkling clean home guaranteed. Professional petcare. Experienced, dependable, reasonable rates. Call Madeline 916-723-1608. (MPG)

### DeAna's HOUSEKEEPING

Immaculate, Fast, Honest, Dependable. I care about what I do. Call me, 916-549-4915 (MPG)

QUALITY WINDOW CLEANING PLEASE CALL MARK AT 612-8949. (MPG)

Homesitters on Wheels. Office needs two RV'ers with RV's for

approved program. Financial aid if qualified – Job placement assistance. CALL Aviation Institute of Maintenance. 866-854-6156 (NANI)

\*\*ALL Satellite Systems are not the same. Monthly programming starts under \$20 per month and FREE HD and DVR systems for new callers. CALL NOW 1-800-799-4935 (NANI)

ATTEND COLLEGE ONLINE from Home. \*Medical, \*Business \*Paralegal,\*Accounting,\*Criminal Justice. Job placement Justice. assistance. Computer available. Financial Aid if qualified. Call 800-510-0784 www. CenturaOnline.com (NANI) EARN COLLEGE DEGREE

ONLINE. \*Medical, \*Business \*Paralegal,\*Accounting,\*Criminal Justice. Job placement Justice. assistance. Computer available. Financial Aid if qualified. Call 800-509-3308 www. CenturaOnline.com (NANI)

OLD GUITARS WANTED! Fender, Gibson, Gretsch Martin, D'Angelico, Stromberg Rickenbacker, and Mosrite. Mandolins/Banjos Gibson 1930's thru 1970's TOP CASH These brands only please.1-800-401-0440 (NANÍ)

DISH NETWORK. \$19.99/mo. Why Pay More for TV? 100+ Channels - FREE! 4-Room Install - FREE! HD-DVR Plus \$600 Sign-up BONUS. Call Now! 1-866-747-9773. (Cal-SCAN)

Richmond's Hunting Club Come hunt with us - 20K acres. Doves Quails. Pheasants. Ducks and Geese. For information: Dennis Sanders 530-913-5817 or Les Edwards 530-458-3814 (MPG)

TUPPERWARE Please call for a Free Catalog. Chris Krcmar 916-483-1671 (MPG)

Miscellaneous Items For Sale

STOP Paying Too Much for TV! Get Dish w/FREE install plans, FREE HBO & Showtime \$ FREE DVR upgrade. Call FREE for full details! 877-479-3573 (NANI)

High Cost of Cable Got Your Down? GET DISH w/ FREE FREE FREE installation!Over 50 Free HD Channels! Lowest Prices! <u>Call FREE for full</u> details! 800-943-1346 (NANI)

DISH Network. \$19.99/mo, Why Pay More For TV? 100+ 2661 (MPG) Painting

All Pro Painting Res/Com. Quality work free est. sen disc lic914715 Ph 607-0523 (MPG)

#### Pets

Pet Sitting Professional loving pet care. Established reputation free Kennel environment. Lots of TLC. Call Madeline 916-723-1608. (MPG)

Home Sitters on Wheels office needs two RV'ers with RV's for pet sitting. Call 916-483-5146 for more information. (MPG)

Annie's Pet Sitting Services Lisensed, insured and bonded. Vet. tech. exp. Ref. avail. 916.202.6952 (MPG)

#### Piano Lessons

Piano Lessons - All ages 1st lesson free. Rancho Cordova 916/858-1571 (MPG)

#### Prayers & Novenas

THANKSGIVING NOVENA TO ST. JUDE O Holy Saint Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need. To you I have recourse from the depth of my heart and humbly beg to whom God has given so great power to come to my assistance. Help me in my present and

urgent petition, in return I promise to make your name known and cause you to be invoked. Saint Jude pray for us all who invoked your aid. Amen.

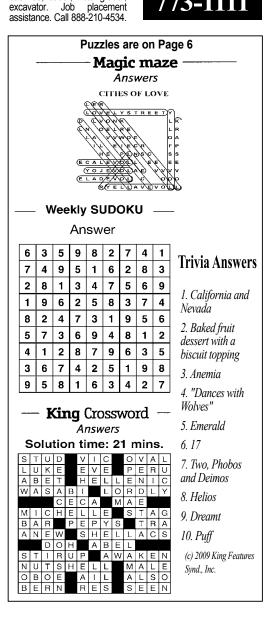
Say three Our Fathers, three hail Marys and Glorias. Publication must be promised. This novena has never been known to fail.

I have had my request granted and will fill to publish my thanksgiving. J.F.P. (MPG)

Wanta go to heaven without dying? Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves You! (MPG)

#### **Real Estate** Homes For Sale

Smart Buyers Check out this one in Gold River Two-story prestigious Hesperian Village Home. Secluded cul de sac. 2800 sq. ft. 3 bedroom, 2 bath with loft. Built-in bookcases and large desk. Formal dining room, living room with fireplace, large family Home Delivery Routes Available. 773-1111







#### By Laura Snyder

It's time for witches and goblins and superheroes and fairy-princesses again. If you had a chance to invite them all to a dinner party, there would be a lot of awkward silences because, of course, these characters would have absolutely nothing in common. But on Halloween, they all appear on the same streets and cavort in maniacal glee as they liberate us from our Snickers bars.

The costumes are, for the most part, predictable. If a character comes to my door, I can usually tell what they are. My son, however, makes choosing costume into a game called "Stump the

Homeowner." Then, even if he got a treat, he could still trick them if they couldn't guess what he was.

Because he is a Star Wars fan, his costumes are sometimes thus inspired. For example, last year he wore a Vader helmet topped with a black Stetson and carried a guitar. He called himself "Garth Vader." He considered it a victorious night when nobody could guess what he was. This year he has decided to go as Mannequin Skywalker. I can't wait to see how he pulls this one off. My daughter uses Halloween as an excuse to dress like the princess she should have been. There is no other event during the year where a tiara and a ball gown are appropriate attire. The candy she receives while wearing this ensemble is just a bonus. While the boys want to knock on as many doors as possible for the loot, my daughter simply wants as many people to see her in her finery as possible. My youngest thinks that the idea

is to be as many different things as you can... all at the same time. We have two big boxes full of costumes that we have collected over the years. Trying to decide what one costume he would like

to wear is apparently too stressful for his adventurous soul. So he endeavors to don them all. I guess he's trying to minimize the loss of potential candy. His logic is the better the costume the more candy he'll get. However, everybody has different tastes, so if he wears a caboodle of costumes at the same time, one of them is likely to please the candy distributor, right? He's been known to be

alien-clown-dragon, an cowboy-pirate-ninja and wizard-pizza-bumblebee. All very inventive, I must say.

а

а

Some of the people in our neighborhoodjustcan'tbebothered with the frivolous holiday, so they leave their lights off and hibernate until it's over. They're the Ebenezer Scrooges of Halloween.

"Trick or Treat? Bah Humbug! The little monsters aren't making me buy them candy!" Those are the people who are trying to figure out how to get damp toilet paper out of their trees the next morning. It is unlikely, but even if I grow into a grouchy old lady who hates the sight of costumed children on Halloween, I would like to think I would be smart enough to light my house up like Grand Central Station that night. The real monsters hate lights.

Laura Snyder is a nationally syndicated columnist, author & speaker. You can reach Laura at lsnyder@lauraonlife.com Or visit her website www.lauraonlife.com for more info.

# **Future Foundation \$20,000 Celebrity Charity Black Jack Tournament**

#### By Valerie Okunami

Placerville - The FUTURE Foundation of Sacramento announces its first ever \$20,000 Celebrity Charity Black Jack Tournament at Red Hawk Casino in Placerville, CA on Thursday, November 5, 2009. Guests will enjoyanightofgamingexcitement in support of the FUTURE Foundation of Sacramento, Inc.

Players must pre-register with Red Hawk Casino before the night of the event to ensure a seat in the tournament. Cost of the event is \$250 and check-in begins at 5 pm near the Stage Bar. Guests will have an opportunity to mingle with friends and celebrities during this welcome reception. The first round begins promptly at 7:00, and will progress until the top 7 players remain. A sold out tournament of 240 players guarantees \$20,000.00 to the FUTURE Foundation.

receive \$7,500.00, and all other money will be divided between the other 6 finalists.

Some tournament celebrities scheduled to play are Kings players Bobby Jackson, Spencer Hawes, Jason Thompson, Dante Greene, and Jon Brockman.

The FUTURE Foundation of Sacramento. Inc. is a nonprofit 501(c)(3) corporation that provides a completely funded California State University education and an eight year mentoring program. Qualified students are selected their freshman year in high school and are appointed a board or staff member to become their mentor. During the final three years of high school the student will be guided by the mentor in order to meet admission requirements for state universities. The Foundation's mentoring program is a key component to achieving

The first prize winner will success. The mentor acts as a big brother/sister to help motivate, encourage and guide the student toward college graduation.

"The FUTURE Foundation has given me so much hope for my FUTURE," said Stephen Rubalcaba, student. "College would have been out of reach for me without the program and I'm thrilled to have this opportunity."

"I can not think of a better gift to give, than that of education," said Ron Miller, President and CEO of the FUTURE Foundation and mentor to Rubalcaba. "Giving students the means to a higher education is absolutely priceless... there is nothing these ambitious students can't accomplish." Remember, you must be 21 or over to play. For more information, please contact Michelle Williams at 916.705.2341. For information about Future Foundation visit WWW. futurefoundationofsacramento.org.





# Mercy, UC Davis Collaborate to Enhance **Pediatric Services in the Community**

Department of Pediatrics have partnered to give families in the Sacramento region more convenient access to the best pediatric care available.

Through the agreement, UC Davis pediatric hospitalists will care for children while in the hospital at Mercy San Juan Medical Center and Methodist Hospital and will coordinate their care with pediatric subspecialists at Mercy and UC Davis as needed. The collaboration between Mercy and UC Davis will capitalize on a national best practice of having pediatric hospitalists working with the patient's pediatrician and pediatric nurses in providing evaluate and interact directly

hospitalists are doctors who do not see patients in an office, but instead concentrate on the care of hospitalized children. In addition, the pediatric plan utilizes telemedicine to give patients rapid access to pediatric critical-care specialists, as well as access to a wide range of pediatric sub-specialists; including endocrinology, pulmonology, nephrology, genetics and infectious disease. With the help of telemedicine,

Mercy and the UC Davis high-quality care. Pediatric with the patient, the family and the health-care team. UC Davis is one of only 13 designated children's hospitals in California, and collaboration combines this the expertise of UC Davis pediatricians with Mercy's 70-plus years of experience providing the community with quality pediatric care. "We are committed to working together to provide greater access to daily excellence in pediatric care that

> added expertise can be brought to the bedside of the hospitalized child to optimize the plan of care. The pediatric specialists can be miles away and yet can

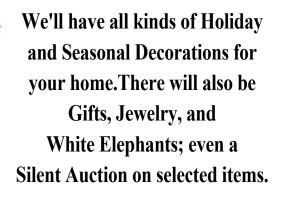
will be available to families in the north, south and downtown areas of Sacramento," says Tim Moran, Mercy's President for the Sacramento Service Area.

# 8 am - 3 pm

# AMERICAN RIVER COMMUNITY CHURCH

3300 Walnut Ave. - Carmichael www.arcconline.org 483-3465

# CHURCH HOLIDAY SALE



Worried About Identity Theft? We Have a Million Reasons You Should Choose LifeLock®

> Credit monitoring doesn't stop identity theft. It only alerts you after your identity has been stolen. But LifeLock works to help stop identity theft before it happens by proactively reducing your risk - even if your information gets in the wrong hands. And what we don't stop, we'll fix at our expense, up to \$1 million

> Identity theft is still one of America's fastest growing crimes. Over 8 million Americans were affected last year, at a cost of over \$50 billion. LifeLock, the industry leader in proactive identity theft protection, can help

Whether you're protecting yourself or your family, LifeLock has the identity theft protection you need. And remember, what we don't stop we'll fix at our expense. That's our \$1 Million Total Service Guarantee. Sign up today and you'll receive LifeLock at 10% off and risk free for 30 days



USE PROMO CODE MPG8 call or go online

www.LifeLock.com 800-LIFELOCK (543-3562)



# **Rain Gardens: Green Alternative** to Traditional Landscapes



Sacramento - Create a droughtfriendly garden for your home. With California in its third drought year, Rain Gardens are a great alternative for garden enthusiasts who want to create a beautiful landscape while conserving water. Rain Gardens consist of native, drought-tolerant plants making it more resilient to the impacts of drought while flourishing the during rainy season.

#### What Are Rain Gardens and How Do They Work?

Rain Gardens are shallow, landscaped depressions that capture rain water from roofs Building a Rain Garden and/or pavement. These gardens are meant to be planted under the downspout of your property

at least 10 feet away from any building foundation. By collecting rain water, this garden will help maximize the amount of rain we receive this season.

Typically, rainwater will run off your roof, flow through your yard and make its way onto streets and into gutters, carrying along with it all the loose dirt, fertilizers and pesticides from your roof and lawn. Rain Gardens are designed to help keep the rain water where it is wanted the most – your garden, as well as absorb stormwater runoff from entering the storm drains.

When selecting plants for your rain garden we advise using native, drought-tolerant plants that can

withstand both cold and extreme hot temperatures making them ideal for the Sacramento area. The following are some added benefits to adding Rain Gardens to your landscape. Water Conservation: An average sized rain garden in Sacramento can potentially retain thousands of gallons of water every year. Aesthetics: They can be landscaped with plants that produce beautiful flowers and shrubs. Habitat for Birds and Butterflies: Select plants that attract beneficial insects and birds.

Start planting your Rain Garden this fall and watch your garden flourish. For more information on Rain Gardens, visit our website: www.riverfriendly.org.

## Let The Doctor Come To You! **STIRTON MOBILE CHIROPRACTIC**

Sacramento's premier mobile chiropractor brings his highly effective techniques and expertise to you at your home or place of business at your convenience. He uses diversified, Constead, SOT, toggle, and activator techniques to restore both spine and extremities to their full function.



# **The Sacramento Fine Arts Center**



Tower Bridge by Donald Satterlee (best of show artist)

## **Photography Club Show:** October 27th to November 14th, 2009

Second Saturday Reception November 14th, 5:30 to 8:30 pm **Refreshments and music** 

**Gallery Hours:** Tuesday 11:00 to 7:00, Wednesday through Saturday 11:00 to 3:00

The Hallway Gallery at the Sacrament Fine Arts Center will feature the work of two area photographers, Lewis Kemper and Michael Corlew. Lewis Kemper, a professional photographer and a Canon Explorer of Light, will present a show entitled "The Beauty of Nature," and Michael Corlew, a Folsom avian and wildlife photographer, will display "Sandhill Cranes & Egrets."

These shows will be up on both Second Saturday receptions November 14th and December 12th. Both men

are members of the Viewpoint Photographic Art Center in Sacramento. Their show will open November 3rd.

SACRAMENTO **FINE ARTS CENTER 5330-B GIBBONS DRIVE** CARMICHAEL CA 95608 916-716-5951 www.sacfinearts.org

### **Sacramento Fine Arts Center** 5330 Gibbons Dr., Carmichael, CA • 916-971-3713



## **15th Annual Crafts Fair** November 17 thru December 12

### **Crafters Welcome...Calling all artists and Crafters!**

- 24 Days to sell your products.
- □ Hand made items/original art only (NO RESALE).
- Juried Show, pictures must be submitted with application.
- \$75.00 space fee plus 20% of total sales.

#### Large Inside Venue - Boutique Style Display

(security, and central check out system available)

- □ You don't need to be in attendance to sell, only sign up for 4 shifts.
- □ If you cannot work shifts, a \$25.00 per hr. fee can be paid.
- □ All items will be marked with provided tags and name code by you.
- □ \$75.00 space fee plus 20% of total sales.

#### **Download application at www.SacFineArts.org**

### **Relief Is Just A Call Away!**

Serving Sacramento and surrounding areas, this caring doctor is available when most are not: 8 a.m. to 8 p.m. Monday thru Friday; and weekends and after hours by appointment. Deaf and hearing impaired are welcome.

### **Business Owner Benefits:**

Increase employee production and satisfaction by providing regular chiropractic check-ups and fine tune them for high performance. Healthcare benefits for you and your employees are tax deductible.

## James L. Stirton DC

Sacramento Area's Mobile Chiropractor

(916) 825-3140

jimstirtondc@comcast.net

Greek and

American

Cuisine



To Go Orders Available!

**Ask About Our Specials! Private Parties! Dine Out** on Our Patio! **Enjoy Our Pianist** Friday & Saturday Eves Now Non-Smoking Inside

Hours: Monday-Friday 11am-10pm Saturday 4pm-10pm

> 6628 Fair Oaks Blvd., Carmichael, CA 95608

916-482-0796

Visit us at: www.GreekAmericancuisine.com

## **Retail Showroom, Office** and/or Warehouse for Lease

### ±7,500 SQUARE FEET AVAILABLE (DIVISIBLE TO 1,250 SF)



## HIGHLIGHTS

- $\pm 7,500$  Square Feet Available
- $\pm 1,500$  Square Feet Retail Showroom
- MULTIPLE ROLL-UP DOORS
- AUBURN BOULEVARD FRONTAGE
- BEAUTIFUL LANDSCAPING
- MONUMENT LIGHTED SIGNAGE
- AMPLE PARKING

**CONTACT** 

lisa@westcoplumbing.com

Lisa West

916.331.0840

**Phone:** 

- EXCELLENT ACCESS TO I-80
- ZONED GC (RETAIL ALLOWED)
- GATED YARD AREA
- VIDEO SURVEILLANCE SECURITY
- SITE PLAN AVAILABLE VIA EMAIL



Discover remarkably affordable memory care! Make your home in

## our community or join *he lub* for memory day care.



Lic. #347001523

the Chateau, residents enjoy a service-rich lifestyle that includes meals, housekeeping, life-enhancing activities, medication management, other personal care and much more. A trained and caring staff is available 24 hours a day.

The Club Carmichael Park, our Memory Day Care program, is an added resource to spouses, families and friends who are providing care to senior loved ones with memory loss. The Club participants enjoy meaningful activities, care and companionship, while their caregivers run errands or simply relax.

Call Suzanne at (916) 481-7105! 7125 Fair Oaks Blvd., Carmichael

Ask about our move-in specials!

Be our guest for a FREE trial! LIMIT ONE COUPON PER FAMILY

Carmichael Park Lic. #347003534

Call Linda to make a reservation

**Two Half-Days FREE!** 

Good for a Trial—

7125 Fair Oaks Blvd., Carmichael · Between Engle St. and Grant Ave.

www.HankFisherProperties.com

(916) 482-2850





# SACRAMENTO CHORAL SOCIETY Donald Kendrick Music Director

# Fall 2009



Reid



Yoder



**Cathedral of the Blessed Sacrament** 1017 11th Street, Sacramento

# Concert One

## Tribute to the English Cathedral Tradition

Saturday, November 7, 2009 at 8:00 PM Malcolm Archer Requiem Works by Vaughan Williams, Sir Hubert Parry, Stanford

Soloists: Alison Reid, Soprano Daniel Yoder, Baritone

Join us for our inaugural concert series at the recently renovated Cathedral of the Blessed Sacrament.

## Organist: Stephen Janzen



# **ON SALE NOW**

## online at SacramentoChoral.com or 916 536-9065