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Volume 29 Issue 26

Serving Carmichael and Sacramento County since 1981

July 1, 2009

Carmichael's Fourth of July



"Honoring Citizen Patriots"

Carmichael - Ruthie Bolton, Olympic Gold Medalist, Monarch's WNBA star, community leader, and new mother will act as Grand Marshal for the Carmichael Elks 51st Annual Fourth of July Parade. The parade theme "Honoring Citizen Patriots", celebrates the accomplishments of Ruthie and contributions of all American patriots. "I can't think of any Fourth of July Parade that has had a mother and her new baby as parade grand marshals," noted parade coordinator Jim Warrick. The parade will start with Engines from the Sacramento Metro Fire Department and the Sons of the American Revolution Color Guard at 10:30 A.M. from the corner of Fair Oaks and Marconi Blvd. Over 1,200 entries have signed up to march, float, and ride along Fair Oaks Blvd. parade route to the Carmichael Elks Lodge on Cypress Ave. During the parade, travelers may use Garfield or California as alternate north south routes Fun and entertainment after the parade includes free swimming, live music and dancing, an outdoor BBQ, children's games, a hole-inone contest, and parade awards will be presented at the Carmichael Elks Lodge. For further information about the parade call the Elks Lodge at 489-2103.

Fireworks Show

The evening will culminate with the annual Fireworks Show at La Sierra Community Center, 5325 Engle Road, Carmichael,. Beginning at 4pm, the Sacramento Firefighters Association will host free kids' activities, fire trucks, demos and music. Inflatable's and free kids' activities will continue throughout the evening along with a performance by the Sacramento Valley Symphonic Band at 7pm, a Touchstone Theater performance at 8pm, and the fireworks approximately at 9:15pm.

The Fireworks display is sponsored by the Carmichael Recreation and Park District and Mission Oaks Recreation and Park District and the Sacramento Metro Fire Fighter Association.

Photo by Susan Skinner

For more information about the fireworks show call (916) 485-5322 or visit www.carmichaelpark.com.

The event is free.

Cap and Traitor Tea Party Protest at The Capitol

By Amanda Morello

With Fridays (June 26th) vote to pass the much talked about Cap and Trade Bill, Tea Party Patriots went into full protest mode. The organization at every level began arranging protests at Capitols and Federal Buildings across the Nation. The Bill which passed the House with a margin of seven votes, will hammer American families with what many legislators and economists admit will amount to approximately an additional \$2,000 annual expense for each family. In addition, substantial increases in the cost of all basic goods are projected based upon increased energy across every expenses sector of American society. With Organizer not being able to reach out to Patriots

until well into Friday evening, Sacramento Tea Party was able to organize a protest that had several hundred participants for an impromptu rally on the Capitol Steps



Tea Party Patriots protest the Cap and Traitors. Photo by Mary Pearson.

at noon the next day. Patriots from all over the Sacramento, Placer and San Joaquin Valley attended Saturdays event to announce that "They are Beyond Mad as Hell" about this vote. Mark Meckler, National/

California and Sacramento Tea Party Patriot Organizer stated, "I have received thousands of emails in the last several hours demanding mass action nationwide by the movement. I have never heard this sort of frustration and anger from

people before. While the politicians in Washington, DC

talk daily about the suffering of the American people, today they once again proved that the majority of them are completely out of

touch with American society."

Paul Smith, Candidate for 5th Congressional District stated, "The Cap and Trade bill was recklessly approved by the House yesterday. Not only will it harm our economy and cost the taxpayers thousands of dollars a year, but a 300 page amendment was inserted at 3 am. Is that how a responsible Government should act? Purposely adding 300 pages of regulations that nobody has had a chance to read? How could anyone in good conscience vote for a bill they knew nothing about? Its time to elect folks that will not act in this manner and will put the people of this country first!"

Congressman Dan Lungren released a statement, ""We all can agree that the health of our environment is important. However, this cap and trade bill is not the answer to weaning ourselves off foreign oil or stopping green house gasses. Depending on how the system is structured, the Tax Foundation estimates cap and trade could reduce U.S.

employment by 965,000 jobs, household earnings by \$37.8 billion, and economic output by \$136 billion per year or roughly \$1,145 per household."

Meckler Mark also reminded Patriots to attend their local 4th of July Parades and wear red to show you are a Tea Party Patriot. This plan is to show our elected leaders that Tea Party Patriots are everywhere and their bad decisions effect everyone no matter where they live.

This rapidly growing organization is making a difference in America. While 8 Republican, better known as "The Cap and Traitors" including California Representative Mary Bono Mack, did vote for this destructive bill, 44 Democrats voted against it. However, they can change their votes by July 1 before Speaker announces the the vote. Contact your Representative and demand they vote NO to Cap and Trade.

RT Board Approves Fare and Service Changes

Fare Increases and Service Reductions Effective September 2009

The Sacramento Regional Transit District (RT) Board of Directors approved fare and service changes, following a fare change public hearing held on Monday, June 22, 2009. In an effort to close the gap on a projected\$9millionbudgetdeficit for Fiscal Year 2010, RT will implement fare changes effective Tuesday, September 1, 2009, and service changes effective Sunday, September 6, 2009. The RT Board of Directors approved nine of the 11 staffrecommended service changes. Routes 54 and 65 were removed from consideration. Routes 63 and 83 were added to the list of service changes. The RT Board of Directors approved increases to the Basic fare, Discount fare and Paratransit single fare; and the elimination of the Central City fares, Shuttle fares and transfers, which will require passengers to pay the Basic or

Discount fare for each trip. The basic fare was raised to \$2.50. There was no increase to the

cost of the daily pass and monthly pass, which allow unlimited use, including transfers. The elimination of the Lifetime Pass, which allows free fare for passengers age 75 and over, was approved; however, passengers who currently possess a Lifetime Pass will be allowed to continue to use the pass beyond September 1. All other seniors would be required to pay the Discount fare. RT staff will develop a recommendation for a "Super Senior" discount fare for implementation on September 1.

The RT Board of Directors approved the fare increase for the Paratransit monthly pass, but did not approve limiting the number of rides. RT is managing the complete elimination of State Transit Assistance funds through Fiscal Year 2013 and a projected \$24 million loss of local sales tax revenue for Fiscal Year 2010 by continuing to control labor and non-labor costs, and identify additional sources of revenue to absorb this shortfall. Approved fare and service changes will save approximately \$4 million.

"The RT Board of Directors were faced with very difficult decisions that will affect how people travel for work, school, medical appointments and other purposes," Mike Wiley, General Manager/CEO, stated. "RT staff has worked hard to minimize the negative impacts on our riders."

The RT Board of Directors also approved setting a public hearing for July 27 to consider further service reductions for January 2010, if necessary, as an option that could potentially save \$1 million. For route, schedule and fare information, call 916-321-BUSS (2877) or visit www.sacrt.com.



Support Your Local Businesses

Effie Yeaw Nature Center - July Events

Interactive Exhibit: Endangered Species of California's Central Valley Park entrance fee: \$5.00 per car or FREE to ARNHA members. *Open* 9:00 *a.m.* – 5:00 *p.m. daily*

Home Sweet Habitat

discover what makes

a habitat.

From a hole in a dead tree to a

damp spot under a log, many

critters find their homes in the

Nature Area. Join a naturalist and

Sunday the 12th at 10:30AM

Wildlife Care Association

What do you do when you find

an injured or sick bird or animal?

Maidu Abalone Pendants

Learn the skill of making abalone necklacesthewaythenativeMaidu have for centuries, then take your craft home to show your friends. \$1 per person materials fee. Saturday the 4th at 10:30AM

Natural History Hike

Enjoy the majesty of 200-year old oak trees and look for deer and turkeys trying to stay cool on hot summer days. Take this guided walk to discover how the plants and animals in the Nature Area each have a place in their environment. Sunday the 5th at 10:30AM

Evening Beaver Walks

Meet up with volunteer Jack Hiehle and search for one of nature's engineers, the beavers. Limited to eight people, best suited for adults and children 7 years and older. Call Jack at 967-0777 for time and to make a reservation.

Friday the 10th and Tuesday the 21st, call for times

Hawk Talk

Come learn about these amazing raptors that have color vision eight times better than humans. Get a rare close look at a redtailed hawk and learn more about the hawk family, which includes eagles and kites.

Saturday the 11th at 10:30AM

MUSIC CAMP Northminster Presbyterian Church

Northminster is offering a week-

long music camp for 2nd - 12th

graders. Children will have the

opportunity to learn to play musical

instruments including guitar, percussion, songflute, and chimes,

do drumming, work with props and

set decorations as well as participate

in singing and movement. They will

Meet Doug from the Wildlife Care Association and find out what to do. Saturday the 18th at 1:30PM

Habitat Improvement

Come and help Jack improve the Nature Area. Call Jack if you are planning to come at 967-0777. Sunday the 19th at 8:00AM

Nature Area Tour

Join a staff naturalist for a guided tour through the lovely 77-acre nature preserve and learn about the flora, fauna and history of the area. Sunday the 19th at 1:30PM

Insects: Miniature Marvels

At over a million species, insects may be the most "successful" creatures on the planet! Join a naturalist for a close look at insects commonly found in and around the Nature Area. Then take a creature safari and observe insects in their natural habitat. Saturday the 25th at 1:30PM

> also be putting a musical together. The musical, Fruit for Thought, will be performed on Sunday, July 12, during the worship service (9:55 a.m.) Children are asked to bring their lunch. Snacks and drinks will be provided. The cost is \$25.

For more information, call 487-5192 or visit Northminsteronline.org.



July 6 to 10 - 9:00 AM to 4:00 PM • 3235 Pope Avenue

Carmichael Times

Serving Carmichael and Sacramento County since 1981



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Publisher - Paul V. Scholl

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by Sal Arrigo, Jr.

July 1, 2009

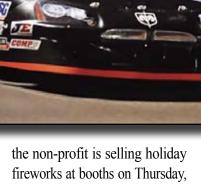
Fireworks Sales "Rev up" with NASCAR **Star of Tomorrow**

Non-profit youth service group gets winning touch from 18 vr old Sacramento area NASCAR Star of Tomorrow, Jonathon Mawhinney, of JM Racing. Based in Carmichael, The

Wall Youth Foundation providesasafe, supervised youth service center for kids in grades 6-12, primarily during the *'latch* key' hours when parents are still working and schools out.

The young racing star is one of the top draws at Roseville's All American Speedway, racing late model cars, similar to those on tracks across the country, in the Nationwide and Sprint Cup

NASCAR racing series. First crossing the finish line as a 12 year old, Mawhinney, is driven to succeed and provides a great peer role model for kids at The Wall. Supported by private donation,



July 2 at 6314 Fair Oaks Blvd. in the Cal Family Fitness center located at the intersection of Marconi, and again on Friday,

Wall Executive Director Jim Vargas will both be available to talk about youth service and fundraising on both Thursday and Friday from 4 p.m. to 9 p.m.

and

vour

Jonathan Mawhinney

July 3 at 3518 Marconi Ave,

at the intersection with Watt

Ave. in the Raley's parking lot.

is the NASCAR late model

custom racing car driven by

On display at both locations

the 18 year old

racing driver,

who will also

appear to talk

with NASCAR

racing fans, sign

autographs and

talk with kids

about achieving

Mawhinney

of JM Racing,

goals.

The

Jonathon

A Silver Lining

Keep Your Eyes on the Road

"I just came from the eye doctor's office, and the eyes are fine... that's what I think I heard. I'm 79 years old and in reality I have trouble seeing, and I have arthritis in both hands, but no one's going to stop me from driving my car." A true story? Chances are

this is happening in some parts of town as an elderly person just will not allow themselves to believe they may have to give up their independence. If you want to talk about a hot button issue, then let us talk about senior citizens and driver safety. How old is too old to drive? What factors as a society do we need to consider in determining whether a person 65, 70 or 75 years of age or older is a risk to other drivers and to themselves?

According to a 2007 press release from the California Highway Patrol, California's senior population is expected to double in size by 2020. In the United States, 30 million people over age 65 are licensed drivers, representing 15 % of all licensed drivers. California drivers age 70 and over at the time the driver license expires must appear in person to renew his/her license. A written and vision test are required. The loss of the right to drive and the resulting loss of independence is the paramount issue for seniors. Mary Lee Moritz, who was a



Sal Arrigo, Jr.

caregiver to her Mom suffering from Alzheimer's disease, watched her Mom drive the car one day and realized something was wrong. "You just have to get in the car and watch a person drive before you actually know it's time to take the keys away." Mary Lee knew that her Mom had to be taken off the road, but what strategy would she use? Mary Lee talked to her Mom, hinting that driving was not in her best interest. "As a family, we decided to disable her car so she could not get behind the wheel, and then we all took turns taking Mom to her favorite places."

There are challenges for the senior driver. Reaction time is slower, eyesight may begin to fail, as well as hearing, and range of motion may be decreased making it more difficult to perform a driving maneuver that requires turning the head or body. In addition, seniors overall take more medication than younger drivers, and this may impair

their ability to operate a vehicle safely. Some warning signs, to mention a few, include - driving too fast or too slow, misjudging distances or frequently getting lost, or missing turns. If you need some guidelines on talking with an elderly person on their driving

situation, check out these tips. Gather support – are there people who can join in the discussion that can help you make your point.

Discuss getting a physical exam. Are there any health issues that would interfere with the senior operating a motor vehicle?

Share some driving statistics on older adults, as it may get their attentionand getyour point across.

We need to remember that if seniors continue to pass the DMV tests there is not much any family member can do. While we remain respectful of the older driver (and I'll be there soon), and know their driving freedom is a sensitive issue it is important to keep vigilant when you start recognizing the diminishing of a senior's driving skills.

Sal Arrigo, Jr. has worked in the field of Gerontology for more than 25 years. He is a professor at Sacramento St. University and American River College. Sal is also the Development Chair for the Alzheimer's Aid Society and will have A Silver Lining as a regular column in this newspaper. You can contact him at *916-448-7001*.

"For Art's Sake"





Mayor Kevin Johnson, Sharon Gerber, who was introduced as the new Liaison to the Arts Community to represent the Mayor, and Dennis Mangers, who works in Senator Darrell Steinberg's office as special advisor, at the forum at KVIE, Ch. 6 studios in Natomas.

Photo by Tia Gemmel

SACRAMENTO MAYOR KEVIN JOHSON ANNOUNCES THE MAYOR'S INITIATIVE 'FOR ART'S SAKE"

Last month, many of us heard about the secrets to maintaining a healthy arts organization from Michael Kaiser, President of the Kennedy Center for the Performing Arts. As a follow up to that session. local Art leaders were invited to join the Mayor who launched the Mayor's initiative "For Art's Sake". Despite tough times, the spirit of the art community is thriving. People are coming together to collaborate, plan, and innovate. Exciting things are on the horizon.

Mayor Johnson has just announced his official launch of an arts initiative and we are excited to have an advocate in office, who fully understands the impact of the arts on community, education, business and quality of life. Central to the initiative was his announcement that Sharon Gerber has been selected as his arts liaison.

The arts, humanities, and museums are critical to the quality of life and livability of America's cities. It has been shown that the nonprofit arts and culture industry generates over \$166 billion in economic activity annually, supports over 5.7 million full time jobs, and returns over \$12 billion in federal income taxes annually. Governments which support the arts on average see a return on investment of over \$7 in taxes for every \$1 that the government appropriates.

"I think it's going to really elevate Sacramento's visibility as a cultural destination," said Michelle Alexander, executive director of the Arts & Business Council of Sacramento. "Cultural tourism is a big, key factor in economic health." More than one hundred people attended and shared the things the city should be looking to do to support the arts.



Music Legends on Parade Drought Savvy Landscaper to Give Free Seminar at



An ensemble of all-American big band leaders recently met in Carmichael Park. From left, the erstwhile rivals are Erv Boschee, Ted Morgan, Hal Geist, Buddy Harpham, John Skinner and George Bruno. Household names in the Sacramento area, the musicians together tally over 300 years of professional music-making. Photo by Susan Skinner.

Buddy Harpham Big Band

By Susan Skinner

American big bands and dance orchestras enjoyed a long heyday between the 1920s and 40s. During WW 2, servicemen called Glen Miller's tunes "the next best thing to a letter from home." Post-war, rock music conquered all. As Elvis and the Beatles commandeered pop culture, the fortunes of brassy ensembles waned. Most once busy big swing bands have vanished

into nostalgia with the gramophone. Some still play as smaller combos, pumping out vintage hits for weddings and dances. Though their glory days

have faded, old horn men never really die. When 200 fans honored bandleader Buddy Harpham at the Carmichael Elks recently, it was a rare chance to salute a man who has made feet tap for over 70 years. It also gave scope for big name Sacramento musicians to

banner. Musical philosophy: "Therearetwokindsofmusic; good and bad. I play good music and try to do it right." Teenage George Bruno saw Benny Goodman and pestered his dad for a clarinet. In Chicago union bands, his sax was a natural progression. Bruno moved to Stockton in time to enlist for WW 2 and served as a Flying Fortress radio gunner. He later joined the U.S Army band. During 30 years as a junior high teacher in Sacramento he never taught band; "I wanted weekends off to play gigs, not to be stuck in marching bands." Bruno's own Band kicked off in the 1970s and still plays. Career highlights:

backing Sammy Davis and the Andrews Sisters in the Dan Terry Band. Musical high: "When you play jazz you're not limited by anything but your ideas. Good or bad, you're the only one who plays that way!" John Skinner, 63, was raised in Orland, Ca .He grabbed a trumpet at 10 and became a bandleader at 16. After college in Utah, he served the US Air Force in Vietnam. The pilot/trumpeter has led his Sacramento band for 37 years, providing orchestras for Ray Charles, Luciano Pavarotti and Natalie Cole. During travels as an airline pilot, he played for bands in Australia, Hong Kong and New Zealand. Best gigs: "Backing the Ice Follies and performing 70 big band dances in Town and Country Village over seven years," says the Carmichael resident. "I still meet strangers who reminisce on those dances." Longevity secret: "I've moved with the times," says Skinner. "My band does as many rock songs as swing charts." Erv Boschee still dons leather pants for Oktoberfest

every year. Born in Lawrence Welk country with a North Dakotan's love for polkas, he snared his brother's sax at 16. Boschee played union jobs while at high school. After WW 2 US Navy service, he moved to California and met Buddy Harpham during their Stockton college studies. The 86-year -old's band has been popular for American and German repertoires for over 60 years. "When we weren't swinging, we did up to 17 Oktoberfest festivals a month." he recalls. A career high school band teacher, he extols the value of music studies. "Band students are better students all round," he judges. "The challenges of their studies helps them in all activities."

Hal Geist, 72, grew up on a Pennsylvania farm. At nine, he ditched piano for trumpet and was sent to practice in the barn. Geist was a teenage sergeant in the Marine Corps band and later established an air filtration business that continues in Sacramento today. His trumpet boosts the Carmichael Kiwanis Big Band and leads his own "Hal Geist Little Big Band." He took the Sacramento Valley Symphonic Band on Chinese and Australian tours. Career inspiration: "Doc Severinsen. He's a fantastic band leader and a ball of fire." Fred Morgan, 83, grew up in Cool, Ca. Morgan mastered sax, flute and clarinet in his teens honed his chops over 70 years. He served the US Army and learned instrument repair post WW 2. His Rocklin store remains a resource in musical instrument emergencies. The sax man's name has been stenciled on music stands for 55 years. Glory days: the society band circuit in 1950s. Philosophy: "The world is a happier place with music... some people can take it or leave it. I can't leave it."

Emigh Hardware

Well-known Landscape Designer, Roberta Walker will present seminars on drought tolerant landscaping on Saturday, July 11th at 10:00 and 12:00 at Emigh Hardware, 3555 El Camino Avenue, Sacramento, These two free seminars will be held at the Emigh Event Center. Ms. Walker will conclude the seminar by a walk in the Emigh Hardware Outdoor Garden Center to show examples of many of the plants from her Drought Tolerant Plants list.

Over the years, Ms. Walker has been specializing in lowwater or drought-tolerant gardens. She has been featured in Sunset Magazine and HGTV's Gardening By The Yard. Roberta has developed

design methods and a large plant palate for creating a drought tolerant landscape; making the transformation from lawns to no lawns a smooth transition, where the new landscape provides low maintenance, low water, and a beautiful habitat for healthy insects, butterflies and birds,

In conjunction with the Roberta Walker seminar, Emigh Hardware is establishing a major section of their Outdoor Garden Center for drought tolerant These will include plants. many of the plants on Roberta Walker's list as well as the UC Davis Arboretum All-Stars. The "All-Stars" were developed by the horticultural staff of the UC Davis Arboretum, who have identified 100 tough, reliable

plants that have been tested in the Arboretum, are easy to grow, don't need a lot of water, have few problems with pests or diseases, and have outstanding qualities in the garden. Many of them are California native plants and support native birds and insects. The vast majority of All-Star plants can also be successfully planted and grown throughout California.

All plants on display will be available for purchase or for special orders. Roberta Walker has also produced two DVD's: one on Creating a Drought Tolerant Landscape and the other on Creating a Cobble Stream. Both DVD's will be available for purchase at the seminar.

Hiring Trends Up From Pacific Trends Quarterly

After two dismal Quarters in 2009, hiring projections are on the rise for the Sacramento area. In direct contacts with a 100 top regional companies group, Pacific Staffing has learned that sixty-two percent (62%) of those employers polled plan to hire in July, August or September.

While hiring remains primarily driven by demands for replacements or seasonal workers within the existing workforce, twenty percent (20%) of respondents cited expected business growth as their motivation to hire workers in the third quarter. Thirty-six percent (36%) of companies polled in the telephone survey between May 25 and June 22 indicate they were hiring for attrition/replacements.

Warmer weather, increased construction, more public recreation and agricultural changes are driving fourteen workers. Bottling plants, reservation & call centers, parks and amusements, construction companies and agriculture all require more seasonal hiring in the Sacramento region.

While many Sacramento companies were cutting jobs in the first six months of 2009, far fewer anticipate a need to reduce their workforce by layoffs in the next three months.

In the second quarter fifty-nine percent (59%) of Sacramento employers polled reported they were not hiring anyone in April, May or June. Now, just thirty-eight percent (38%) of companies are not planning any hiring for the Quarter ahead, July, August and September.

In the second quarter sixteen percent (16%) of companies indicated they were cutting jobs because of the recession and reduced business expectations.

but just four percent (4%) of companies expect to layoff any workers in the next three months. All attribute likely reductions to continuing slow business. Companies anticipating reductions are being impacted by the slowdown in home and commercial construction and auto industry reductions.

When asked what workplace or human resource challenge companies face in the next three months, ten percent (10%) of companies report healthcare costs of most concern.

Sacramento Regional Top 100 Companies By Industry are 40% are Service, 35% are Manufacturers, 15% are Construction and 10% are Retail . How does this Quarter compare to last quarter, or last year?

Find out for yourself, for more information & surveys go to

jam and cruise memory lane.

Here are thumbnail profiles of the Sacramento big band leaders pictured above. Buddy Harpham joined his Auburn Ca. high school band at 14 and turned professional at 16. He played sax in the US Navy Band during WW 2 and formed his own Sacramento band in 1955. Harpham taught at 27 Sacramento area schools and served the State as a mental music therapist. Career highlights: touring with Jimmy Dorsey, Artie Shaw and Nelson Riddle. "Financially, the big band business is over," he surmises. "We try to keep it alive culturally. The best music was written between the 1920s and 50s. Now musicians just holler and scream." A spry 87, Harpham volunteers for several community bands and still leads a crew of musicians -- ranging from 20-year-olds to octogenarians -- under the

> See John Skinner's combo July 10 in Loomis Town Center, 7pm; August 9 in Carmichael Park, 6:30 p.m.; August 13 at Fair Oaks Village Park, 7 p.m.; Sept 12 at Pioneer Park, 4 p.m.; October 3 in Foothill Community park, 4 p.m.

Hal Geist's Little Big Band plays July 26 in Carmichael Park, 6:30 p.m.; Oct 3 at the Lincoln Air Show, all day.

Buddy Harpham plays with the Capitol Pops Concert Band at July 4, Royer Park (Roseville), 12 noon; August 23 at Carmichael Park, 6.30pm; August 27, in Fair Oaks Village Park 7pm.

Fred Morgan's Band plays August 14 in the town center of Loomis, 7 *p.m*.

George Bruno strikes up the band September 27 for the Nor-Cal Big Band Preservation Society's dance at **Riverside Elks.**

Erv Boschee's German Band plays Oct 23 at Auburn Fairgrounds, 5 р.т.

đ

percent (14%) of regional The potential for additional employers to seek seasonal cutbacks is always present,

www.pacificstaffing.com.

The Computer Club at Mission Oaks

The Computer Club at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, will meet 9 July 2009 from 1:00 - 3:00 PM. Program will be "Everything you wanted to know about cell phones

whether you have one or not." Presenter will be Allen Drew, Wireless Toyz.

A question and answer session will follow the meeting.

For additional information call 366-1687 or visit our website: http:// missionoakscomputerclub. org.

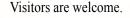
CHAUTAUQUA

PLAYHOUSE

to revive the comedy

The Odd Couple -

Female Version





(L) Warren Harrison, Susan Madden, Georgann Wallace, Chris Lamb Photo Credit: Warren Harrison

The hysterical comedy THE ODD COUPLE-FEMALE VERSION by Neil Simon will be presented in a revival opening at Chautauqua Playhouse on Friday, June 26th at 8:00pm. THE ODD COUPLE-FEMALE VERSION continues to play on Fridays and Saturdays at 8:00pm through July 19 (no performance on July 4th). Sunday matinee performances will play at 2:00 pm. There will also be two Thursday performances on July 2nd and 9th at 8 pm. All performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$17 general and \$15 students, seniors, children and SARTA members.

Because of popular demand, Chautauqua Playhouse will again present the popular play with the same cast as the 2008 sell-out production. Neil Simon adapted this script from his original ODD COUPLE story line, but with a new twist – Felix and Oscar have now become Florence and Olive, and the poker game has become a weekly Trivial Pursuit game. The Pidgeon sisters have been replaced by the Costazuela brothers from upstairs.

For tickets and additional information call the theatre at (916) 489-7529(PLAY) Information and tickets are also available through the Chautauqua Playhouse website: www.cplayhouse.com

The production is directed by Jill McMahon and features Susan Madden as Olive Madison and Georgann Wallace as Florence Unger, with Chris Lamb and Warren Harrison as the Costazuela Brothers. Set design is by Rodger Hoopman, with lighting by Ross Aldrich. Costumes are by Eileen Beaver.

CHAUTAUQUA PLAYHOUSE • 5325 ENGLE ROAD CARMICHAEL, CA 95608 • (916) 489-7529

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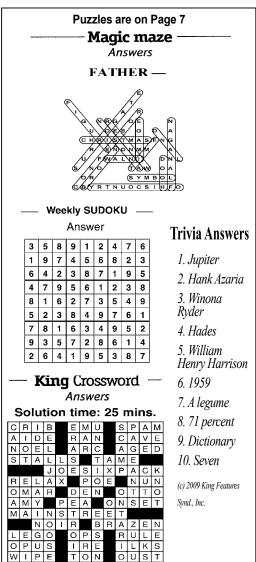
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Carmichael Times Page 6

Legal Advertising Hotline Legal Advertising LEGAL ADVERTISING 916-532-2113 P.O. Box 14 Legal Advertising Fax Carmichael, CA 95609 916-773-2999 Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984 FICTITIOUS BUSINESS NAME #202. Sacramento. CA 95814 Items in and on said property COUNTY OF SACRAMENTO Justice Center Dr Roseville letters as provided in Section 9100 with the court and mail a copy to the SUPERIOR COURT OF STATEMENT #0905145. Angelo ORDER TO SHOW CAUSE CA 95678 916-408-6000. Filed with the Clerk of Sacramento Dated: June 26, 2009 of the California Probate Code. personal representative appointed CALIFORNIA Sardo, 56 Waterglen Circle Publish: June 30, July 7, 2009. SILICO 90605 7-7-09 The name, address, and telephone number of petitioner's by the court within four months COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE County on May 15, 2009, Publish CHANGE OF NAME The time for filing claims will not #34-2008-00047174-CU-PT-GDS CA 95826 and expire before four months from the Sacramento. June 16. 23. 30. July 7. 2009. from the date of first issuance of CHANGE OF NAME AND Kevin L. Felte, 5081 Moddison WHEREAS, Lisa Jeannette CALMUT 90603 7-7-09 attorney, or petitioner without date of the hearing noticed above. letters as provided in Section 9100 an attorney, is: Chad Dunigan, Esq. And Jennifer A. Welner, SUPERIOR COURT OF Ave., Sacramento, CA 95819 Lopez has filed a petition with this YOU MAY EXAMINE the of the California Probate Code GENDER SUPERIOR COURT OF #34-2009-00047222-CU-PT-GDS doing business under CALIFORNIA file kept by the court. If you are The time for filing claims will not are court for a decree changing name the Fictitious Business Name CALIFORNIA COUNTY OF SACRAMENTO of Lisa Jeannette Lopez to Lisa Esq., Koeller, Nebeker, Carlson interested in the estate, you may expire before four months from the WHEREAS, Amy Catherine COUNTY OF SANTA CLARA & Haluck, 3010 Lava Ridge Ct. #160, Roseville, CA 95661; date of the hearing noticed above. YOU MAY EXAMINE the "Financial Transaction Services ORDER TO SHOW CAUSE Jeanette Helms. IT IS ORDERED request special notice of the filing of Whitney has filed a petition CITATION re: ADOPTION CHANGE OF NAME with this court for a decree Global" at 1500 7th St. #1-A that all persons interested in the an inventory and appraisal of estate Sacramento, CA 95814. Filed #34-2008-00046595-CU-PT-GDS 916-788-2850. CASE #1-09-AD-021604 above entitled matter appear 916-724-5700; assets or of any petition or account changing name of Amy Catherine file kept by the court. If you are with the Clerk of Sacramento County on May 28, 2009. Publish: June 9, 16, 23, 30, 2009. Dated: April 27, 2009 Publish: June 23, 30, July 7, 14, as provided in Section 1250 of Whitney to Miles Emile Whitney. THE PEOPLE OF THE STATE WHEREAS, Wolfgang Chargin before this court at 2 p.m. on July interested in the estate, you may OF CALIFORNIA. 29, 2009 in Dept. 53, located at 800 request special notice of the filing of Petitioner has also filed a has filed a petition with this the California Probate Code. court for a decree changing To Dale Wayne Schmitz: 9th St., Third Floor, Sacramento, 2009. The name and address of an inventory and appraisal of estate petition for a decree changing YOU ARE HEREBY CITED name of Wolfgang Chargin to David Wolfgang Chargin. IT petitioner or petitioner's attorney is: Michael J. Tisdale, in pro per FINANC 90602 6-30-09 Ca 95814 and show cause, if KOELLE 90604 7-14-09 assets or of any petition or account petitioner's gender from female to appear at 10.30 a.m. on July David Wolfgang Chargin. IT IS ORDERED that all persons any why the petition for change as provided in Section 1250 of to male and for the issuance of FICTITIOUS BUSINESS NAME of name should not be granted. IT NOTICE OF PETITION TO 8673 Hodge Place, Orangevale the California Probate Code. a new birth certificate reflecting 28, 2009, in Department 15 of the STATEMENT #0904467. Sean Denton, 5216 Rimwood Dr., Fair above entitled court, located at 191 North First St., San Jose, CA IS FURTHER ORDERED that a The name and address petitioner's the gender and name changes. IT IS ORDERED that all interested in the above entitled ADMINISTER matter appear before this court at of petitioner or petitioner's attorney is: Cheryl L. Tuckof copy of this order to show cause ESTATE OF Oaks, CA 95628 is doing business 2 p.m. on July 22, 2009 in Dept. VERNON M TISDALE JR 95113. At that time and place, you be published in the Carmichael persons interested in the above Smith, 2725 Esplanade, Chico, CA 95973; 530-898-0777. under the Fictitious Business Name "Above All Pool & Spa" at must show cause why the Petition 53, located at 800 9th St., Third Times, a newspaper of general entitled matter appear before this of **DION LoRUSSO** to adopt your ESTATE NO. 34-2009-46787 NOTICE OF PETITION TO Floor, Sacramento, Ca 95814 circulation, printed in Sacramento court at 2 p.m. on Aug. 4, 2009 Publish: June 30, July 7, 14, 2009 TUCKSM 90605 7-14-09 5216 Rimwood Dr., Fair Oaks minor child, KELLY SCHMITZ, and show cause, if any, why the County, California, once a week To all heirs, beneficiaries, ADMINISTER in Dept. 53, located at 800 9th CA 95628. Filed with the Clerk of should not be granted without petition for change of name should for four consecutive weeks prior creditors, and contingent creditors ESTATE OF 7-14-09 Third Floor, Sacramento, Ca DOROTHY M. TOLLEY, Sacramento County on May 7 vour consent in the above-entitled not be granted. IT IS FURTHER to the date set for hearing on the of and persons who may 95814 and show cause, if any, ORDERED that a copy of this otherwise interested FICTITIOUS BUSINESS NAME 2009. Publish: June 9, 16, 23, 30, proceeding, on the grounds that petition. Dated: June 17, 2009. be decedent. why the petition for change of in the will or estate, or both of VERNON TISDALE, VERNON name should not be granted. IT IS FURTHER ORDERED that a 2009 you have abandoned that child. order to show cause be published Loren E. McMaster ESTATE NO. 34-2009-44263 STATEMENT #0905773 ABOVEA 90602 6-30-09 Judge of the Superior Court To all heirs, beneficiaries, The above-referenced adoption in the Carmichael Times, a Southwest Administrators. Inc., newspaper of general circulation, Publish: June 23, 30, July 7, 14, TISDALE, creditors, and contingent creditors Petition alleges that, for a period **McIVER** 1000 East William St. #204, copy of this order to show cause in excess of one year beginning September 16, 2004, you willfully and persons who may otherwise interested in SUPERIOR COURT OF printed in Sacramento County, 2009 A petition has been filed by Carson City, NV 89701 is doing published in the Carmichael CALIFORNIA LOPEZ 90604 7-14-09 Michael J. Tisdale in the Superior California, once a week for four be business under the Fictitious Times, a newspaper of general COUNTY OF SACRAMENTO consecutive weeks prior to the will or estate, or both DOROTHY M. TOLLEY circulation, printed in Sacramento failed to communicate with, and Court of California, County of the Business Name "NBC Traffic ORDER TO SHOW CAUSE CHANGE OF NAME and date set for hearing on the petition. Dated: June 10, 2009. SUPERIOR COURT OF Sacramento, requesting that Michael J. Tisdale be appointed Control" at 2355 W. Utopia, pay for the care, support, and of County, California, once a week Phoenix, AZ 85027. Filed with the for four consecutive weeks prior CALIFORNIA A petition has been filed by education of, the above-named Loren E. McMaster COUNTY OF PLACER GENDER child, although able to do so as personal representative to Paul M. Tolley in the Superior Clerk of Sacramento County on to the date set for hearing on the 2nd Amended SUMMONS 1st Amended Complaint #34-2009-00045415-CU-PT-GDS YOU ARE FURTHER ADVISED that if you appear at Judge of the Superior Court adn inister the estate the decedent. Court of California, County of June 17, 2009. Publish: June 30, petition. Dated: June 18, 2009. Publish: June 23, 30, July 7, 14, 2009. CHARGI 90604 7-14-09 WHEREAS. Daniel Charles The petition requests the Sacramento, requesting E. McMaster that July 7, 14, 21, 2009. Loren DeBone has filed a petition in Paul M. Tolley be appointed the above hearing, and wish to CASE #SCV 24413 decedent's will and codicils, if CORP20 90605 7-21-09 Judge of the Superior Court have legal counsel but are unable NOTICE TO DEFENDANT: IILEE KATE SMITH, be admitted to probate. personal representative to Publish:June30,July7,14,21,2009 WHITNE 90605 7-21-09 this court for a decree changing SUPERIOR COURT OF FICTITIOUS BUSINESS NAME FMII FF The will and any codicils are administer the estate the decedent. WHITNE 7-21-09 name of Daniel Charles to afford counsel, the court will JEANETTE DEAVER, DANIELLE DeBone to Dani Cailin DeBone. appoint counsel on your behalf. CALIFORNIA available for examination The petition requests the STATEMENT #0905606. BERNSTEIN, PARIS GRAYSON, DENNY SMITH, JODEE SMITH Southwest Administrators, Inc., 1000 East William St. #204, Carson COUNTY OF SACRAMENTO SUPERIOR COURT OF Petitioner has also filed a Dated: June 5, 2009. the file kept by the court. decedent's will and codicils, if in ORDER TO SHOW CAUSE any, be admitted to probate. The will and any codicils are The petition requests authority petition for a decree changing David H. Yamasaki CALIFORNIA petitioner's gender from male to CHANGE OF NAME COUNTY OF SACRAMENTO Clerk, Chief Executive Officer/Clerk. (individuals) and DOES 1 through to administer the estate under City, NV 89701 is doing business available for examination in the file kept by the court. under the Fictitious Name "National 50 inclusive.: You are being sued. female and for the issuance of Publish: June 16, 23, 30, July 7, #34-2008-00042785-CU-PT-GDS Independent Administration Business ORDER TO SHOW CAUSE of Estates Act This will avoid the CHANGE OF NAME a new birth certificate reflecting WHEREAS. Frederick Scott 2009 Powerline the gender and name changes Plaintiff's NAME IS: need to obtain court approval for Construction Co." at 2355 W. SHAPIR 90603 7-7-09 Christopher Jean Marie de Forbin The petition requests authority IT IS ORDERED that all persons Shandiz Gousheh. You have 30 Calendar to administer the estate under the Independent Administration Janson has filed a petition with this many actions taken in connection Utopia, Phoenix, AZ 85027. Filed NOTICE OF SALE OF court for a decree changing name with the estate. However, before with the Clerk of Sacramento interested in the above entitled matter appear before this court ABANDONED PERSONAL of Frederick Scott Christopher Days after this Summons and taking certain actions, the personal of Estates Act. This will avoid the County on June 12, 2009. Publish: June 30, July 7, 14, 21, at 2 p.m on July 21, 2009 in PROPERTY lean Marie de Forbin Janson to Petition are served on you to file representative will be required to need to obtain court approval for Notice is hereby given that under and pursuant to Section Dept 53 located at 800 9th St Frederick Christopher Janson. many actions taken in connection a typewritten response at this give notice to interested persons 2009 Third Floor, Sacramento, CA IT IS ORDERED that all persons court and have a copy served unless they have waived notice or with the estate. However, before CORP20 90605 7-21-09 95814 and show cause, if any, why the petition for change of taking certain actions, the personal 1988 of the California Civil interested in the above entitled the petitioner. A letter or have consented to the proposed STATEMENT OF Code the Property listed below matter appear before this court phone call will not protect you. action. The petition will be granted representative will be required to at 9 a.m. on July 28, 2009 in believed to be abandoned by If you do not file your Response give notice to interested persons ABANDONMENT

name should not be granted. IT IS FURTHER ORDERED that a LULA PEOPLES, whose last address was 9650 Rivage Way, copy of this order to show cause Elk Grove, CA 95624 will be sold be published in the Carmichael Lik Clove, CA 30024 will be sold at public Auction at <u>9650 Rivage</u> Way, Elk Grove, CA <u>95624</u> On <u>TUESDAY, JULY 14, 2009</u> at 12:01 o'clock P M. Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior DESCRIPTION OF PROPERTY: to the date set for hearing on the petition. Dated: June 2, 2009. Household Personal Property Loren E. McMaster consisting of but not limited to 2 ironing boards. Fan. 4 dressers.

Judge of the Superior Court Publish: June 9, 16, 23, 30, 2009 DEBONE 90602 6-30-09

FICTITIOUS BUSINESS NAME STATEMENT #0904767. CAMU, LLC, 900 "G" St. #202, Sacramento, CA 95814 is doing business under the Fictitious Business Names "California Mutual LLC: CAMU, LLC at 900 "G" St.

Times, a newspaper of general circulation, printed in Sacramento contact County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 16, 2009. W.L. Shelleyanne Chang Judge of the Superior Court Publish:June23,30,July7,14,2009. JANSON 90604 7-14-09 org), JANSON local SUPERIOR COURT OF CALIFORNIA

Dept. 54, located at 800 9th St.

Third Floor. Sacramento. Ca

95814 and show cause, if any,

why the petition for change of

name should not be granted. IT IS FURTHER ORDERED that a

copy of this order to show cause

be published in the Carmichael

custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form. If you want legal advice, a lawyer immediately You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp). at the California Legal Services web site (www.lawhelpcalifornia. or by contacting your county bar association. The name and address of the court is: Superior Court of California, County of Placer, 10820

on time, the court may make orders

affecting your marriage or domestic

partnership, your property, and

unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. The petition is set for hearing in Dept. No. 129. at 3341 Power Inn Road, Room 214, Sacramento, CA 95826 on July 23, 2009 at 9 a.m. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR

or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim

unless they have waived notice or

have consented to the proposed

action. The petition will be granted

unless an interested person files

an objection to the petition and

shows good cause why the court

should not grant the authority

Dept. No. 129, at 3341 Power Inn

Road, Room 214, Sacramento, CA

95826 on July 30, 2009 at 9 a.m.

granting of the petition, you should

YOU OBJECT to the

The petition is set for hearing in

OF FICTITIOUS BUSINESS

The following person has abandoned the use of the

NAME of Northern Powerline

Construction Co., located at 2355

W. Utopia, Phoenix, AZ 85027

#204, Carson City, NV 89701.

The Fictitious Business Name Statement was filed on Sept. 25,

2007 in the County of Sacramento.

Filed with the Clerk of Sacramento

County on June 12, 2009.

Publish: June 30, July 7, 14, 21,

90605

Northern Pipeline Construction ., 199 East Williams St.

BUSINESS

7-21-09

NAME

Co..

2009 CORP20

FILE #0710763

FICTITIOUS

#34-2009-00047367-CU-PT-GDS WHEREAS, Hanh My Vo filed a petition with this court for a decree changing name of Kristen Nhung Vo to Kristine Nhung Vo. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on July 31, 2009 in Dept. 54, located at 800 9th St. Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 19, 2009. Shelleyanne W.L. Chang Judge of the Superior Court Publish: June 30, July 7, 14, 21 2009. 90605 VO 7-21-09



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centers, Pictures, Office chair, 2

coffee tables, Radio, Love seat,

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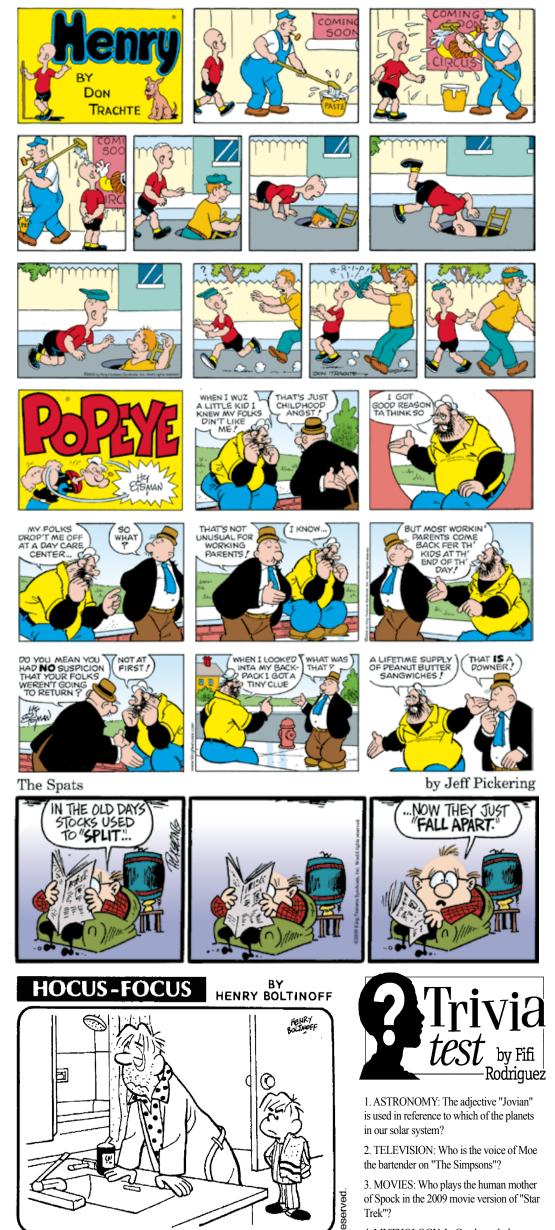
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July 1, 2009



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FUN & GAMES



Weekly SUDOKU

by Linda Thistle

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6	4			8			9	
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

DIFFICULTY THIS WEEK: ★

 \star Moderate $\star \star$ Challenging $\star \star \star$ HOO BOY! © 2009 King Features Synd., Inc.

MAGIC MAZE • FATHER -

R D A X U R P M J E G D A X V SQNKIFDTAXVTQO JHFCAAYRWURPN ΜI LJGHNRGFOEDBZNX V T R U Q O E S O G M D K A I HF(CHRISTMAS)ENGD BZYRWENDNMMDVAT RQUOFWALNINIDNL LSKNOIHFTAWROAD CAORZXWVSYMBOLU C B Y R T N U O C S I H F O S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. And son Figure In-I

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All Answers on Page 5 **Contract Bridge**

KEEP YOUR EYES OPEN

East dealer. Neither side vulnerable. NORTH **∲**J52

West exited with a diamond, South ducking East's nine and winning the next diamond as West discarded a spade. When the diamonds failed to divide 3-3, declarer had to look elsewhere for his ninth trick.



If you're among the many who will enjoy the thrill and tradition of setting off an amateur fireworks display, here are some safety tips to remember this season:

- Always store fireworks in a cool, dry place.
- · Observe local laws and the directions on each firework.

 Use only state-approved "safe and sane" fireworks. In general, if the firework flies, rotates or explodes, it's not state-approved.

• Light fireworks on a hard, flat and level surface to ensure stability, and keep a safe distance. • Only use fireworks outdoors, away from homes, dry grass or

trees. • Have an adult present and a water hose or bucket ready for use. Never point or throw fireworks

at another person or pets. • Never attempt to re-light or

fix a "dud" and don't modify a firework.

• Soak used fireworks in water overnight.

• To report a fire emergency, call 9-1-1.

• Report the sale or use of illegal fireworks to your local police or fire department. Local police and fire departments plan to deploy extra personnel to rigorously enforce the law.





Bringing TLC to

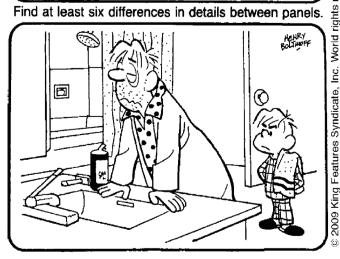
your property.

Bringing personal

service to you.

A Nurturing, Full-Service

Find at least six differences in details between panels.



is moved. 5. Curtain is wider. 6. Part of doorknob is missing. missing. 3. Shaving cream can is taller. 4. Shower soap dish Differences: 1. Boy's pajamas are different. 2. Robe belt is

2. TELEVISI	ON: Who is the voice of Moe
the bartender	on "The Simpsons"?

4. MYTHOLOGY: In Greek mythology, who rules the underworld?

5. U.S. PRESIDENTS: Which U.S. president died of pneumonia only 32 days after taking office?

6. LITERATURE: When was the novel "Goodbye, Columbus" by Phillip Roth published?

7. FOOD & DRINK: What kind of food is a peanut (which isn't really a nut)?

8. EARTH SCIENCE: How much of the Earth's surface is covered by the oceans?

9. LANGUAGE: What is another name for a lexicon?

10. MATH: How many different symbols are used in Roman numerals?

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The bidd	ling:		
East	South	West	North
Pass	2 NT	Pass	3 NT

Pa Opening lead — seven of clubs.

Sometimes a declarer suffers a blind spot that causes him to go down in an ice-cold contract. Why this happens is anyone's guess, but it happens often enough to be a cause for concern for any player who takes his game seriously.

Consider this deal where South was in three notrump and West led a low club. Declarer promptly put up the jack, which held, and then led a diamond to the queen, losing to the king.

So he turned his attention to the heart suit, playing the king and overtaking the jack with the queen. He then cashed the ace, hoping the ten would fall and establish the nine. But when the ten did not appear, South had to go down one.

It is true that three different possibilities — the diamond finesse, a 3-3 diamond division or the fall of the heart ten - failed to materialize for declarer. But it also is true that he started the play with nine ironclad tricks and wound up with only eight. All he had to do to guarantee his contract was to play low from dummy on the opening lead and win West's seven with the king!

This seemingly frivolous play — disdaining the "free" club trick offered by playing the jack - assures South of the dummy entry he needs to score four heart tricks rather than three. After winning the king of clubs, he cashes the K-J of hearts and leads a low club toward the J-10. Nothing can then stop him from scoring four hearts, three clubs and his other two aces to make the contract.

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ment

heroine

28 Storing

32 Motown

🗕 by Steve Becker 🗕

52 Sorts

55 Evict

DOWN

3

4

5

6

7

53 Use a paper

54 Heavy weigh

1 Supermarket

minute sort

Sylvia Plath

work, with

Obliterate

Anointing

Scratch

stack

2 Laugh-a-

"The"

Concept

towel

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ACROSS

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- 17 On in years 18 Plays for
- time
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- 22 Average guy
- 26 Take five 29 "The Gold

Bug" author

denizen 31 Actor Sharif 32 Lair

34 Writer Tan 35 Shell game

item 36 Beginning

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41 Impudent

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- block name 47 Chances, for
- short
 - 49 Regulation
 - 50 Piece of work

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8	Rascally one		Great Lake
9	Exhibitions	35	Omega
10	"Hail,		preceder
	Caesar!"	36	"— the
11	Not sml. or		ramparts"
	lge.	38	Lariat feature
19	Bagel topper	39	Jed Clampett
21	Pink-slip		portrayer
23	Lance	42	Bantu

- rayer
- 42 Bantu
- speaker 24 Just adorable 25 Entangle-
 - 43 Benevolent order

container

- 44 Egg
- 26 Leave your cell area
- 45 Depressed 27 Jane Austen
 - 46 Beside
 - (Pref.)
 - 48 Paid player

- Crossword KING 30 Convent 51 Rage

33 "Beetle

Bailey" dog

Assemblyman Niello Recognizes WWII Veteran Al Cooper During Veterans Recognition Event

Roger Niello (R-Fair Oaks) recognized World War II Veteran Al Cooper during a Legislative Veterans' Recognition held this week at the Sacramento Convention Center.

Members of the Legislature were invited to nominate a veteran from their Legislative districts to honor during recognition luncheon, this and Mr. Cooper was selected by Assemblyman represent the Niello to 5th Assembly District. Al Cooper was an officer in the U.S. Army Air Corps and was assigned to combat duty with the 15th Air Force that flew B-24 bombing

Sacramento - Assemblyman missions from southern Italy to southern Germany and Poland, Northern Italy, Austria, Hungary, and Romania. On October 1, 1944, Al and his B-24 crew were hit by enemy fire and had to parachute from their plane over southern Hungary, where they lived with guerilla armies for four months until being turned over to the Russian Army in 1945, and subsequently sent back the United States. After returning home after the war, Al joined the California Highway Patrol as a traffic officer in 1948, serving 30 years with the CHP and retiring as the Deputy Commissioner of the CHP.

Al has served as a legislative advocate in Sacramento for many years, representing the California Peace Officers and the California State Sheriff's Association and currently serves as the legislative representative for the Sacramento County Sheriff's Department. Al and his wife Barbara have been married for 57 years and have two children and a grandchild.

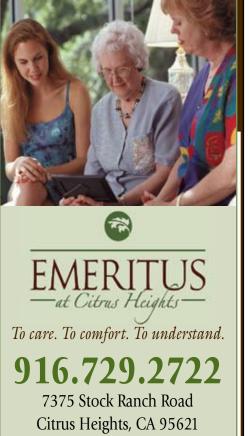
"Like all of the veterans around the country and those being recognized here today, Al Cooper is a great American hero and I am honored to be able to recognize him for his service to our country," said Assemblyman Niello.

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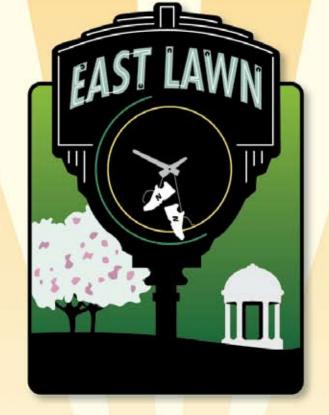
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Sacramento Capitals Announce Pre-season Trade



CoCo Vandeweghe

The Sacramento Capitals and the Washington Kastles announced a four-player trade this afternoon, (June 29th) just days before the start of the Advanta World TeamTennis Pro League season. The teams swapped their 2009 second and third round draft picks with Sacramento sending 2008 Female MVP Rennae Stubbs and Olga Puchkova to Washington for 2006 Female MVP Angela Haynes, 17-year-

old CoCo Vandeweghe, and financial compensation. A press conference was held at Allstate Stadium in Roseville, withtheannouncementofthetrade made by owner Lonnie Nielson.

The Capitals open their 2009 season at home when they host the Kastles on July 3rd. Sacramento plays in the Western Conference while Washington is in the Eastern Conference. All local matches begin at 7:30 pm. A team schedule can be found at www.gocaps.net. There are seven local match dates this year. Marquee players coming to the Sacramento area this year include Michael Chang and Anna Kournikova. Hometown favorites Sam Warburg and Mark Knowles return to drive the Capitals towards their seventh championship run.

This is the third season of WTT action for Haynes, a resident of Irvine, Calif. Haynes excels in the WTT format, winning the Female MVP Award during her rookie season in Delaware in 2006. Haynes has won seven ITF doubles and two ITF singles titles since turning pro.

At 17, Vandeweghe is one of the rising stars of American tennis. The native Californian captured the 2008 US Open Junior Singles championship and has an impressive athletic lineage. Her uncle Kiki was an NBA standout and her mother won Olympic silver medals in swimming (1976) and volleyball (1984).

The 2009 Advanta WTT Pro League season runs July 2-26 in 10 U.S. markets, and concludes with the Advanta WTT Finals on July 26 in Washington, D.C.

Family Fun Nightison July 5th. Enjoy \$1 menu items, and kids 13 and under get in FREE with a paid adult ticket. Gates open at 6:00pm. Parking is free in the Galleria parking lot adjacent to the stadium, located in Roseville.



By Laura Snyder

You know what my house needs? It needs a team of gypsy cleaning fairies. Not just your ordinary run-of-the-mill gypsy cleaning fairies, but the sort that can see invisible stuff.

Things like a smear of pancake syrup on the edge of a kitchen chair. You don't even know it's there until you squat to tie a child's shoe or bring the dust pan closer to the broom. Then you find that you can't stand up again because the back of your thighs and calves have been fused together by pancake syrup that has dried to super-glue consistency.

If you don't have those search and destroy cleaning fairies around, you could find yourself waddling around like a duck all day. Dinner would be based on the things in the refrigerator which were within reach. That would be mostly the items in the vegetable crisper. "What's for dinner today,

honey?"

"Eggplant, carrot, & celery casserole with a glass of pickle juice and a side of the apricot preserves your aunt made for us at Christmas two years ago. The

Laura on Life Gypsy Cleaning Fairies

casserole will be cold though, because I couldn't reach the oven knobs. I sat in invisible syrup today, you see, and there was nobody here to help me pry my legs apart. I asked the mailman, but he took one look at me and ran. Can you imagine? It's as if I had a pit bull standing

behind me or something." Those specialized gypsy cleaning fairies would see a disaster waiting to happen and make it disappear with a wave of their magic wand... or fairy dust... or ruby slippers... or whatever fairies use for such things.

They would see that somebody had peed on the toilet seat and they would be right there between the seat and my rear end trying to neutralize (or sanitize) the situation. I bet they get paid well for that. They probably have a union to take care of their interests, especially when they happen to be between a rock and a hard place. Neither of which would apply to my behind, of course.

The gypsy cleaning fairies would be there when somebody put a hole in the middle of a full tube of toothpaste. Why would my demented children find it necessary to put a hole in my toothpaste?

Why do they find it necessary to sit in my chair at my spot at

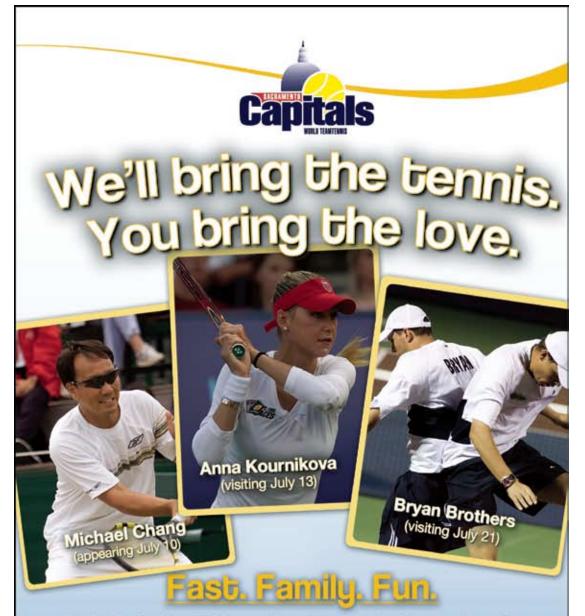
the kitchen table while eating watermelon? They must know it is not possible to eat watermelon without getting juice on the table. They must know that if you leave it there overnight, the juice will bond with the breakfast cereal box and rip the bottom off of it if you are unwise enough to remove

it from the table by force. Why, when I stick my hand under the sofa to remove the half-dozen assorted unmatched socks under there, does my hand always come out with something gooey attached to it? A squished raisin, a nectarine pit, Nickolodeon Slime, or other better-left-unidentified matter.

Why am I always the person to discover a juice spill that had been wiped over once with a dry paper towel? To be more specific, it is usually my bare feet that do the discovering. I do not have a dog, but just leaving my bedroom in the morning is like stepping in dog doo-doo every time you set foot in the yard. If those gypsy cleaning fairies

ever show up at my door, union or no union, they will be working for every penny they earn.

Laura Snyder is a nationally syndicated columnist, author & speaker. You can reach Laura at lsnyder@ lauraonlife.com Or visit her website www.lauraonlife.com for more info.



Sunrise of Carmichael Grand Opening Celebration

Mark Knowles, Sam Warburg and Coach Bryan are back in town along with Michael Chang, Olga Puchkova and Rennae Stubbs – and they want their title back. Get in the game July 3-22 with the World TeamTennis Champion Sacramento Capitals at Allstate Stadium at the Westfield Galleria in Roseville.

Catch former Caps & local favorites at the Capital's Charity Challenge on July 1.

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Celebrating the Evolution of Higher Learning this Independence Day

By Bob Eoff, Sacramento Valley Campus Director, University of Phoenix

The Fourth of July is more than a chance for family and friends throughout the country to join together for barbecues and fireworks displays; instead, it is an annual celebration to commemorate the courage and faith put forth by our founding fathers in their pursuit of liberty. The founding fathers laid the foundation for the U.S. Constitution by creating the

Declaration of Independence, and established several key principles and freedoms that we still honor to this day. Among those principles was honoring the value of education. According to Thomas Jefferson in the 1817 Elementary School Act, he believed education should be readily "available to the commonwealth of those talents and virtues which nature has shown as liberally among the poor as rich, and which are lost to their country by the want of means for their cultivation."

During our founding fathers' time a formal education was only accessible to the elite, and typically an individual's primary education ended at age 10. This primary education was also not available to women or to individuals of minority races. Education was not free and higher education certainly was not an option for a majority of Americans. It is truly inspiring today to note how drastically our educational system has changed. Not only is education now offered to everyone through the

public school system, students are highly encouraged and counseled to continue on and pursue a higher education. The availability of higher education to all is now a pillar of our country's value system. While a college education does come with a cost, it opens the doors to career opportunities and jobspecific training all which work toward improving quality of life and the pursuit of happiness. Whether you choose to pursue your degree at eighteen or you decide to re-enroll in school after being in the workforce, there are abundant opportunities to obtain a college degree.

With Independence Day just around the corner, it is important to reflect upon the moral foundation set by our founding fathers, and appreciate how far we have come. Education has become a critical component in our society, and has positively evolved over the past 200 years. Students of all ages now have the freedom to learn any subject they desire from their living room, textbooks

have been traded for computer screens and professors post podcasts of lectures on the web. Never before in our history has access to educational resources been so widely available, and so easily personalized to suit the needs of any individual.

There is no doubt about it our Founding Fathers would be proud of America for how it has embraced education and amazed at how, like the rest of our country, it has evolved greatly since earning its independence 233 years ago.



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