

# Carmichael Times



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Rancho Cordova, CA

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Serving Carmichael and Sacramento County since 1981

June 23, 2009

## Hornblower Cruises to Set Sail on Sacramento River



Sacramento - Hornblower Cruises & Events, a 30-year-old charter yacht and dining cruise company headquartered in San Francisco, has been approved by the Sacramento City Council as the new operator of river tours and dining cruises in Old Sacramento. Hornblower will operate from the Tourboat Dock, just north of the Tower Bridge. The company will offer a one of kind venue for private events as well as a unique dining experience open to the public.

"We are thrilled to be coming to Old Sacramento, and we're looking forward to partnering with the City of Sacramento to bring the fun of dining on the water to the area," said Hornblower CEO Terry MacRae.

Hornblower is the largest passenger vessel company in the United States. It operates more than 50 dining, ferry and excursion boats in California, New York and New Jersey. In addition to offering classic and modern yachts for charter, the company holds two National Park Service concession contracts. It provides ferry service to Alcatraz

Island in the San Francisco Bay and ferry service to the Statue of Liberty National Monument and Ellis Island in New York.

While two vessels will initially be home-ported in Sacramento, all of the San Francisco fleet is available for charter in Sacramento. This includes the Hornblower Hybrid, the country's first hybrid ferryboat.

Hornblower Cruises & Events has been the leading charter yacht and public dining cruise company in United States for more than 29 years. The company operates over 50 vessels, including the 3 largest dining yachts on the West Coast and the first Hybrid ferry in the United States. In 2005 Hornblower founded Respect Our Planet, a nationwide environmental organization dedicated to educating our guests and employees on how to protect and preserve the environment.

For more information visit: [www.hornblower.com/pressroom](http://www.hornblower.com/pressroom).

For more information about Hornblower, or employment opportunities please visit [www.hornblower.com](http://www.hornblower.com).

## Celebrate Your Freedom



Phantom stands will be open for business starting June 28

By David Dickstein

Sacramento County - Soccer clubs, teen centers and summer camps weren't around when John Adams encouraged Americans to celebrate independence from England with "bonfires and illuminations," but the founding father's star-spangled suggestion has certainly helped out a variety of community programs over the years.

Designed as a win-win business practice, fireworks resellers in California are required to partner with non-profits in areas that allow the sale and use of state-approved fireworks, which Sacramento County does. Depending on a stand's location, size and aggressiveness of the group and other factors straight out of Marketing 101, a non-profit can make thousands or even tens of thousands in much-needed revenue. So it's no wonder that starting on June 28 hundreds of area groups will keep their fingers crossed that booming business will come their way despite a downturned economy.

Some of those fingers belong to volunteers of the Sacramento County 4-H Club, which can offer something other groups can't when wooing customers to its fireworks stand.

"Weather pending, our kids are going to bring out their animals and have a mini petting zoo," said Lisa Gordon, community club leader for the Citrus Heights 4-H. "It will be a lot fun as long as it's not too hot. Heat isn't good for rabbits."

Fireworks represent the 4-H's largest money-maker, raising funds for leadership conferences, camp scholarships and other activities. From its TNT stand adjacent to the Citrus Heights Raley's Supermarket (7847 Lichen Drive) the group will try to grab its piece of the pyrotechnic pie in an admittedly unsweetened economy.

Non-profits and the fireworks industry agree that the recession and a governor who discouraged fireworks sales due to the high number of wildfires had a negative impact on profits in 2008. A bleak economy and a summer fire threat loom again,

but one thing working in favor of the community organizations this year is a friendly calendar.

"When the Fourth of July falls on a weekend, the non-profits normally see a spike in sales," said Cathy Castilone, Northern California vice president of American Promotional Events, the wholesale distributor of industry-leading TNT Fireworks.

Even better than the weekend, this year America's 233rd birthday is on a Saturday, meaning many among the workforce have that Friday off as a corporate holiday and the next day off as well being a Sunday. As TNT's top competitor agrees, it all helps.

"With this year's July 4th falling on a Saturday, the overall outlook is promising," said Linda Haas, Sacramento-based regional manager with Phantom Fireworks. "Because of a consistent sense of 'All-American' patriotism and a rich history, firework sales are expected to be very healthy."

Also pleased with how the calendar shapes up this month is a Carmichael group accustomed

to scoring goals and hoping to reach a financial one as well.

"The Fourth of July is a great holiday and I'm thrilled it falls on a weekend for our sweet 16th fireworks fundraiser," said Esteban Nava, president of the Carmichael Soccer Club. "We're concerned [over the economy], but I think people will still go out and celebrate."

"Let's just hope there are no fires and that the governor won't go out and tell people not to buy fireworks this year," said Nava, noting that those factors last year slightly hurt its only fundraiser.

Proceeds from the club's TNT Fireworks stand, again in the Crestview Shopping Center at Manzanita Avenue and Winding Way, will help keep fees low, buy equipment and maintain fields for roughly 850 children. Some of the kids will be handing out discount fliers at the Carmichael parade on the Fourth of July, hoping revelers will support their fundraiser and maybe spend a bit more with the final day promotion.

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See Fireworks

## Fourth Graders Honored at Governor's Mansion

Sacramento -- On a beautiful spring day at the Governor's Mansion, 43 fourth graders from the greater Sacramento area were awarded certificates and prizes for their essays in the 30th Annual California Heritage Essay Contest, announced Betty Tice, President, Assistance League® of Sacramento.

The History in a Trunk Program chairperson, Karen Nemetz, Assistance League of Sacramento, said that the "California Heritage Essay Contest" was established in 1979 for fourth grade students who have participated in a History in a Trunk presentation, and who wrote essays about a day at the Governor's Mansion in the 19th century. This year Assistance League members visited 23 schools in the greater Sacramento area and presented their program to 43 classes. The program includes a slide show presentation about the Historic Governor's Mansion and artifacts

from an old trunk that date from the late 19th and early 20th centuries.

Presenting the awards to the students in period costumes, acting as Mr. and Mrs. Albert Gallatin the original owner and builder of the Mansion, were Mr. and Mrs. Al Howenstein (Elk Grove). Al Howenstein who is President of the Point West Rotary Club, and a member of the Assistance League of Sacramento's Advisory Board said,

"I think the essay contest and awards are the highlight of many young lives. It is great for parents, it is wonderful for teachers and for some children it may be the only time they will be honored and recognized. For the awardees, it has the potential for being a life changing experience and for some parents it may awaken their attention to the importance of education. I think the essay contest makes a tremendous impact."

Mrs. Nemetz said that "Cash prizes from Assistance League along with

certificates and gifts donated by the California State Parks went to the first, second, third and fourth place winners." She said that there was a tie for the first place winner with both students given a \$50 cash prize.

First place winners were Bobby Goforth of Carden School (Arden-Arcade), and Cessair McKinney of Earl LeGette School (Fair Oaks) San Juan Unified School District. The second place Winner with a \$40 cash prize went to Lexie Campbell of Natoma Station School (Folsom), Folsom Cordova Unified School District. The third place winner with a \$35 cash prize went to Jaspreet Dhingra of Cowan Fundamental School (Arden-Arcade), San Juan Unified School District, and the fourth place winner with a \$30 cash prize went to David Santiago of St. Elizabeth Ann Seaton School, (Elk Grove). Other local students receiving certificates

and prizes were: (Rancho Cordova) Folsom Cordova Unified School Dist. Cordova Lane School; Annie Gevondyan and Williamson School; Katrita Le and Joseph Hensel. (Arden-Arcade) San Juan Unified School Dist. Cowan Fundamental School; Hanna Wong. (Fair Oaks) San Juan Unified School Dist. Earl LeGette School; Eliana Schwartz. (Carmichael) San Juan Unified School Dist. Garfield School; Victoria Kuzmenko and Starr King School; Haley Eldridge. (Citrus Heights) San Juan Unified School Dist. /Woodside School; Tanner Smith. (Carmichael) Private/Our Lady of the Assumption School; Jessica Wagstaffe. (Arden-Arcade) Private/St. Ignatius Loyola School; Cambria Wilson.

Assistance League of Sacramento is an all-volunteer, community service organization, which was founded in 1966 and chartered in 1968 as a chapter of the National Assistance League®,



Mr. & Mrs. Howenstein (Carol & Al)

and is currently one of 120 chapters. It is a non-profit, non-political, and non-sectarian organization with over 200 members locally whose volunteer efforts are concentrated on programs and services that have benefited the greater Sacramento area for over 40 years. Additional information about

Assistance League of Sacramento can be obtained by accessing the web site: [assistanceleague.sacramento.org](http://assistanceleague.sacramento.org), or by contacting [alsac@sbcglobal.net](mailto:alsac@sbcglobal.net). The office is located at 2528 Yorktown Avenue, Suite, C. Sacramento, CA 95821, (916) 488-0828.

# Local Business Makes Philanthropy a Priority Despite Rough Economy



Lawson Mechanical Contractor's \$25,000 Donation to Mercy Foundation Helps Provide Vital Equipment for Premature Babies at Mercy San Juan Medical Center

Sacramento - The Neonatal Intensive Care Unit at Mercy San Juan Medical Center has three new state-of-the-art incubators for its tiniest patients, thanks to the generosity of a local company. The incubators arrived in May and are now being used by Mercy San Juan's smallest or sickest babies. Lawson Mechanical Contractors donated \$25,000 raised at its 2008 golf tournament to Mercy Foundation for the purchase of the incubators to help give these premature babies a better chance for a healthier beginning. Lawson Mechanical has also committed to donating the proceeds from its 2009 tournament to Mercy as well. Lawson Mechanical's donations come at a time when many companies are cutting back on their philanthropy due to the downturn in the economy. Executives at Lawson Mechanical, however, say giving back to the community is even more of a priority now, when the need is greatest. "In spite of the troubled economic times," says David Lawson, Operations Manager, "Lawson and our partners in the construction community remain committed to improving lives over the long-term." Executives at Lawson Mechanical began their annual golf tournament in 2007 to celebrate the company's 60th anniversary

and as a way to give back to the community. The money raised during the tournament is then donated to a local organization identified by a committee within the company. For three years running, that recipient has been Mercy Foundation, which is responsible for raising philanthropic support for the Sacramento area Mercy hospitals, including Mercy San Juan Medical Center. For David Lawson, Mercy holds a special place in his heart. "Both of my sons were born at Mercy San Juan," he explains. "With my oldest, my wife went into premature labor at 24 weeks. It was a stressful time for us, but I always knew we were receiving the best possible care." In 2008, the company raised \$25,000 for Mercy San Juan's Neonatal Intensive Care Unit (NICU). That money was used for the purchase of high tech incubators, designed specifically for the hundreds of premature infants treated at Mercy San Juan every year. The incubators arrived at the hospital just a couple of weeks ago and are now in use. "These incubators provide the vital protection and controlled environment that is so crucial to the survival of our most premature and fragile babies," explains Dr. Robert Kahle, Mercy Regional Medical Director of

Women's and Children's Services. "I know that had my son been born when my wife went into premature labor, I would want him to have the best possible equipment to help him thrive during an incredibly fragile time of his life," says Lawson. In 2007, Lawson Mechanical earmarked their donation for the refurbishment of one of the Mercy San Juan's oncology rooms. The money raised at their 2009 golf tournament (to be held this October) will also benefit Mercy San Juan however the specific department has not been identified yet. David Lawson says the first year his company hosted their golf tournament they raised \$15,000 for Mercy. Last year that number rose to \$25,000. And this year, he is confident that number will rise again, despite the current state of our economy. "We are committed to partnering with Mercy Foundation to improve the lives of those in need in our community." Established in 1954, Mercy Foundation is responsible for raising philanthropic support and community awareness for the works of the Sisters of Mercy in the areas of healthcare, education, affordable housing, and care for the poor and elderly in the greater Sacramento region. Mercy San Juan Medical Center is a 260-bed facility serves more than 150,000 people each year from north Sacramento County, south Placer County and beyond with a broad array of quality programs and services. Doctors are the cornerstone behind teams of healthcare professionals who have earned national recognition for Mercy San Juan's Trauma Center, Cardiac Services, Family Birth Center, Neonatal Intensive Care Unit and Bariatric Surgery program. Mercy San Juan is part of Mercy, which also operates Mercy General Hospital, Mercy Hospital of Folsom and Methodist Hospital

## Effie Yeaw Nature Center - June/July Events

Interactive Exhibit: Endangered Species of California's Central Valley  
Park entrance fee: \$5.00 per car or FREE to ARNHA members.

Open 9:00 a.m. - 5:00 p.m. daily

### Celebrate National Pollinators Week

Without pollinators there would be no chocolate! One third of our food crops and 80 percent of flowering plants depend on pollination by birds, bees, bats, beetles, moths, flies, and butterflies. Join a naturalist to learn how these animals fill this important role and how humans can help them.

Saturday 27th June at 1:30PM

### Maidu Abalone Pendants

Learn the skill of making abalone necklaces the way the native Maidu have for centuries, then take your craft home to show your friends.

\$1 per person materials fee. Saturday the 4th at 10:30AM

### Natural History Hike

Enjoy the majesty of 200-year old oak trees and look for deer and turkeys trying to stay cool on hot summer days. Take this guided walk to discover how the plants and animals in the Nature Area each have a place in their environment.

Sunday the 5th at 10:30AM

### Evening Beaver Walks

Meet up with volunteer Jack Hiehle and search for one of nature's engineers, the beavers. Limited to eight people, best suited for adults and children

7 years and older. Call Jack at 967-0777 for time and to make a reservation.

Friday the 10th and Tuesday the 21st, call for times

### Hawk Talk

Come learn about these amazing raptors that have color vision eight times better than humans. Get a rare close look at a red-tailed hawk and learn more about the hawk family, which includes eagles and kites.

Saturday the 11th at 10:30AM

### Home Sweet Habitat

From a hole in a dead tree to a damp spot under a log, many critters find their homes in the Nature Area. Join a naturalist and discover what makes a habitat.

Sunday the 12th at 10:30AM

### Wildlife Care Association

What do you do when you find an injured or sick bird or animal? Meet Doug from the Wildlife Care Association and find out what to do.

Saturday the 18th at 1:30PM

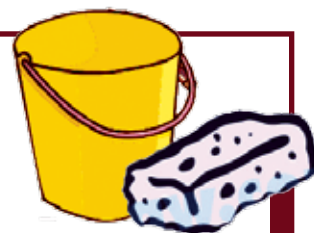
### Habitat Improvement

Come and help Jack improve the Nature Area. Call Jack if you are planning to come at 967-0777.

Sunday the 19th at 8:00AM



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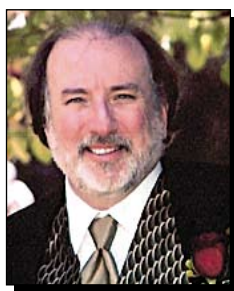
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## Carmichael Times

Serving Carmichael and Sacramento County since 1981



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# VISIT OUR FIREWORKS BOOTHS

# Hometown Heroes



**Air Force Airman Edward V. Ford** graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills. Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. Ford earned distinction as an honor graduate of the course. He is the son of Elwyn and Lenea Ford of Upham Court, Carmichael, Calif. The airman graduated in 2004 from El Camino High School, Sacramento, Calif.

**Army National Guard Maj. Lorraine Januzelli** is returning to the U.S. after a deployment to the Iraqi Theater of Operations in support of Operation Iraqi Freedom. Operation Iraqi Freedom is the official name given to military operations involving members of the U.S. armed forces and coalition forces participating in efforts to free and secure Iraq. Mission objectives focus on force protection, peacekeeping, stabilization, security and counter-insurgency operations as the Iraqi transitional governing bodies assume full sovereign powers to govern the peoples of Iraq.

Members from all branches of the U.S. military and multinational forces are also assisting in rebuilding Iraq's economic and governmental infrastructure, and training and preparing Iraqi military and security forces to assume full authority and responsibility in defending and preserving Iraq's sovereignty and independence as a democracy. Januzelli, a public affairs commander with 15 years of military service, is normally assigned to the 128th Mobile Public Affairs Detachment Company, Draper, Utah. She is the daughter of Maureen C. and Kenneth L. Fox of Marchese Court, Fair Oaks, Calif. The major graduated in 1982 from Highlands High School, North Highlands, Calif.

**Army National Guard Spec. Robert A. Pletcher** is returning to the U.S. after a deployment to the Iraqi Theater of Operations in support of Operation Iraqi Freedom. Operation Iraqi Freedom is the official name given to military operations involving members of the U.S. armed forces and coalition forces participating in efforts to free and secure Iraq. Mission objectives focus on force protection, peacekeeping, stabilization, security and counter-insurgency operations as the Iraqi transitional governing bodies assume full sovereign powers to govern the peoples of Iraq.

Members from all branches of the U.S. military and multinational forces are also assisting in rebuilding Iraq's economic and governmental infrastructure, and training and preparing Iraqi military and security forces to assume full authority and responsibility in defending and preserving Iraq's sovereignty and independence as a democracy. The specialist, a military police with three years of military service, is assigned to the 40th Military Police Company, based in Los Alamitos, Calif. He is the son of Julie C. Buhert of Main Ave., Orangevale, Calif. Pletcher is a 2005 graduate of Del Campo High School, Fair Oaks, Calif.

## A Silver Lining *by Sal Arrigo, Jr.*

### Run, Sal, Run

My doctor has been hounding me, my son has been teasing me, and a colleague at school is always asking when I am going to start my fitness running program. Okay, a fitness program that I religiously followed 25 years ago will need to be altered 25 years later. I'm no longer that kid who could get in top physical condition overnight; I will need patience. I will need to mentally throw away what I did years ago and develop a new attitude. "If you're looking for immediate results you need to get that thought out of your head right now," states Rich Hanna, Race Director for Capitol Road Race Management, Sacramento's Premiere Race Management and Timing Company. "You first need to make sure you get running shoes that are properly fitted for your foot," Rich said. During our conversation I mentioned that it is going to take time for me to get back in good physical condition and that I can't give up when the muscles become sore and I start feeling discouraged. Rich suggested finding a workout partner so that we can keep "pushing one another." For starters, one must develop a plan of attack



Sal Arrigo, Jr.

because as Rich told me, "it will take 2-3 months before it becomes a habit and you actually want to work out." So, everyone, follow along and you to can develop a nice routine to get back in shape. As my doctor told me, the first step is to s-t-r-e-t-c-h! Get those legs loosened up, lean against a wall, fence, car, and stretch out. Start by walking first, then slowly jog, and then walk again. Rich said "you'll do more walking then running" when you begin and you need for your body to slowly build up stamina. Even though it may be tempting to accelerate my workout, my goal is

to build up my cardiovascular rate and to be consistent in my routine. This means I need to workout 4 to 5 times a week; Rich suggested to work out for at least 35 minutes each time. Rich said there are people he knows that have a "Family Workout Night" and they encourage one another to get in better physical condition, which in turn does help a person's mental condition as well. It's also a great way to set an example for younger kids if they see their parents staying healthy. "They're learning a lesson for life," said Rich. In fact, why not join me and Rich on July 25, 2009 for the 2nd Annual Alzheimer's Aid Society 5K Memorial Run/Walk at East Lawn. Go to [www.memory5K.org](http://www.memory5K.org) for details. It's a great family event and a healthy way to spend the morning. *Sal Arrigo, Jr. has worked in the field of Gerontology for more than 25 years. He is a professor at Sacramento St. University and American River College. Sal is also the Development Chair for the Alzheimer's Aid Society and will have A Silver Lining as a regular column in this newspaper. You can contact him at 916-448-7001.*

## California Family Fitness Wins KCRA A-List "Best Gym"

*Carmichael* - California Family Fitness (CFF) is proud to announce they have been voted "Best Gym" in the Sacramento region by KCRA-Channel 3 viewers. "We are very excited to be honored by KCRA-Channel 3, Sacramento's leading broadcast station, and their viewers, as the community's best fitness facility," said Randy Karr president of California Family Fitness. "At CFF, we are dedicated to providing our members and employees of all ages a fun, friendly environment by providing state-of-the-art equipment, programs and

activities. We are so proud that our community partners and friends have recognized us as a leader in the health and fitness industry." CFF offers a variety of amenities and services such as personal training, hundreds of group exercise classes, outdoor and indoor swimming pools, basketball and racquetball courts, sand volleyball, rock climbing walls, juice bars, child care, tanning beds, and retail stores. CFF also provides members and the community with an interactive website that hosts a health and wellness blog, recipes of the week, and monthly newsletters.

CFF currently has fifteen different locations based in Northern California, with a sixteenth facility scheduled to open this fall on Laguna Boulevard in Elk Grove. Specific communities include: Carmichael, Carmichael/Arden, Citrus Heights, Orangevale, Downtown Sacramento, Elk Grove, Folsom, Howe Avenue Sacramento, Madison I-80, McClellan Sports, Natomas, Rocklin, Rocklin Sports & Fitness, Roseville, and Sunrise-Highway 50. For additional information about California Family Fitness, please call Christina Vanskike at (916) 448- 5802.

## American River Conservancy SUMMER 2009 PROGRAMS

**FAMILY EXPLORATION & ADVENTURE WALK**  
**Saturday, June 27th 9:30- 11am**  
Keith Atwater, former ARC board member and current volunteer, will host this walk for kids of all ages. Bring parents and grandparents on this scavenger hunt with games and a short one-mile walk. Meet at the Dave Moore Nature Area in Coloma at 9:30am. Bring your lunch and enjoy a picnic along the American River. Handicap accessible. FREE - Please call to sign up at 530-621-1224 or [julie@arconservancy.org](mailto:julie@arconservancy.org).

**CAPLES CREEK/SILVER FORK TRAIL-HIKE**  
**Sunday, June 28th 8 am - 5 pm**  
ARC educator Michael Dotson leads this summer-time hike on one of his favorite Sierra trails. The trail features a loop that makes for a good long day hike, approximately 8.5 miles. There will be many places to stop along the creeks and streams, making it possible to take a short swim as

we move along the trail. Hikers will travel along both Caples Creek and the Silver Fork of the American River, along with numerous high alpine meadows. The trail starts at 5,600 ft. and ascends to a high elevation of 6,800 ft. FREE. Please call 530-621-1224 or contact [julie@arconservancy.org](mailto:julie@arconservancy.org) to sign up and for meeting location (Placerville area).

**MOONLIGHT HIKE**  
**Saturday, July 3rd 8 - 9:30 pm**  
Tom Petersen, hike leader and author of "Trying To Get Lost Off The Divide," will lead this hike with a unique perspective, darkness. If you've never hiked at night you're in for a treat. You get to hear and experience nighttime sights and sounds unlike a daytime hike. This will be a moderate three-mile hike with some steep terrain. Responsible teens and adults invited. Please call to sign up and for meeting location (Coloma area) 530-621-1224 or contact [julie@arconservancy.org](mailto:julie@arconservancy.org). FREE.

**SUMMER STAR-GAZING**  
**Saturday, July 18th 9 - 10:30 pm**  
Come enjoy a summer evening under the stars observing Saturn, The Hercules Cluster, Ring Nebula, Lagoon Nebula, Eagle Nebula, Dumbbell Nebula, Galaxies M65 and M66 and the "Double Double" star. Mark Graybill and Starforge will again be volunteering their time to share their amazing knowledge and telescopes. Meet at Magnolia Ranch parking lot (across from Venezio's). Bring chairs and beverages. FREE, donations to Starforge encouraged. No sign-ups required. Unclear skies cancel event. Please call before 3pm with any questions 530-621-1224.



### MUSIC CAMP Northminster Presbyterian Church

**July 6 to 10 - 9:00 AM to 4:00 PM • 3235 Pope Avenue**

Northminster is offering a week-long music camp for 2nd - 12th graders. Children will have the opportunity to learn to play musical instruments including guitar, percussion, songflute, and chimes, do drumming, work with props and set decorations as well as participate in singing and movement. They will also be putting a musical together. The musical, Fruit for Thought, will be performed on Sunday, July 12, during the worship service (9:55 a.m.) Children are asked to bring their lunch. Snacks and drinks will be provided. The cost is \$25. For more information, call 487-5192 or visit [Northminsteronline.org](http://Northminsteronline.org).

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## CASA - A Child's Voice in Court

*Carmichael* - Carmichael Resident Suzie B. has been a CASA to not just one or two children in foster care, but five! This hard-working member of our community has volunteered her time to ensure her CASA youth have been provided with all the services and resources they have needed, in addition to serving as an excellent role model. What is CASA? CASA stands for Court Appointed Special Advocate. Sacramento CASA is a non-profit organization that recruits and trains community volunteers to advocate for children who are dependents of the Juvenile Court. These are children who were removed from their parents due to abuse, neglect, and/or abandonment. Currently, there are over 4,800 children in the foster care system in Sacramento County. "Having one caring person in a child's life makes a difference," states Suzie, "If every child in foster care had a CASA, the outcomes would be much different." Suzie saw various social workers, lawyers, therapists, and other professionals come in and out of the lives of her foster youth while serving as a CASA. It was easy for her to see how quickly pertinent information could get lost. Suzie was the only one constant person in their lives many times. This allowed her to effectively advocate for the children's needs, while directing and guiding them on the right path. Her last CASA youth, for example, is a senior in high school and has been accepted to seven colleges. "I think she may have had a very different life if I had not been there for her. She may have ended up on drugs or in jail. She could also have run off with her older sibling," states Suzie. With a CASA, 95% of children do not languish in long term foster care. With a CASA, 90% of children do not reenter the child welfare system. "These kids need somebody," adds Suzie, "One of my CASA youth would say, 'You are my only friend.'" With worsening economic times and a system that is already overburdened, the needs of foster children are oftentimes unheard. Please join Sacramento CASA and become a child's voice in court. Currently, there are 150 CASAs in Sacramento County, and thousands of children that need our help. You may contact us at 916-875-6460 or visit us at [www.sacramentocasa.org](http://www.sacramentocasa.org).

## Baby Boomer Festival Comes to Sacto Convention Center

Classic Cars, live music from the 50s, 60s, 70s, and over 100 exhibitors will fill the halls of the Sacramento Convention Center June 27th and 28th. This major music festival & expo is a delightful weekend event, featuring the phenomenal music of the 60s, 70s, and 80s. The event focuses on the good memories, the nostalgia, the dreams and the needs of America's "Baby Boomer" generation. Musicians will include the Woodstock icon, Country Joe McDonald, and a list of major tribute bands performing the music of the Rolling Stones, Beach Boys, Santana, Marvin Gaye, Otis Redding and others. Speakers will include the inspirational 2007 Ms. Universe, Joan Lopez. Seminars include important and valuable topics relating to finance, health and energy. Exhibitors reflect the needs and interests of the Boomer generation, including health & fitness, finance and investments, arts & crafts, wineries and restaurants. Hours are from 11 to 7 each day. Tickets are \$10, with 10% going to the Boys and Girls Clubs of Greater Sacramento. Please go to [www.BabyBoomerFestival.com](http://www.BabyBoomerFestival.com) for details.

# Paul Menard Associates Wins SMUD Award for Responsible Energy Stewardship

SMUD Board recognizes energy-conscious commercial customer



SMUD Board Vice President and Ward 7 Director Bill Slaton presents Paul Menard of Paul Menard Associates with a SMUD Community Energy Award. The award honors commercial customers who share SMUD's values of efficiency and environmental sensitivity, and who worked with the utility to turn these beliefs into actions.

The Sacramento Municipal Utility District (SMUD) is honoring architectural firm Paul Menard Associates, AIA for its overall commitment to implementing energy efficiency measures to reduce energy consumption and promote environmental protection. The SMUD Community Energy Award honors commercial customers who share SMUD's values of efficiency and environmental sensitivity, and who have turned these

beliefs into actions. These customers have controlled their energy usage, improved their bottom line, and reduced the amount of energy that must be generated for our region. This award recognizes the achievement of Paul Menard in designing a ground source heat pump system for his 5,400 square foot office building tenant improvement. In the Sacramento area this type of system is not commonly used in small commercial construction.

The system exceeded the Title 24 building code standards at the time of design and still exceeds the Title 24 standards in effect today. A ground source heat pump provides heating, cooling and hot water by using the earth's ability to absorb and store heat energy. It is 30 percent more efficient than the more commonly-used air-cooled units that are typically found in this type of small commercial facility. The use of heat pump technology also helps reduce oxides of nitrogen (NOx) and the carbon footprint. "Paul Menard Associates provides excellent leadership among business customers helping our community by being more energy efficient," said Bill Slaton, SMUD Board Vice President and Ward 7 Director. "Hopefully, more customers will follow Paul's lead by seeking greater energy efficiency than the commonly used Title 24-compliant equipment when designing new commercial buildings." To be eligible for the SMUD Community Energy Award, commercial customers share SMUD's strategic directives in environmental protection and efficient energy use. The customers also incorporate the innovative use of emerging or new energy technologies. One customer is chosen in each of the seven SMUD Board wards. For more information about SMUD's commercial programs that can save businesses money on electric bills, visit [smud.org](http://smud.org).

# Fireworks for the Fourth

Continued from Page 1

Spending more for fireworks will be pretty much inevitable as prices are higher on many items due primarily to increased material and transportation costs in China, where 95 percent of America's consumer fireworks are manufactured. To help ease the double-dose reality of thinner wallets and fattened prices, the local fireworks industry is ready to deal. "This year, more so than in years past, consumers are looking for the best quality and value for their entertainment dollar," said Castilone of TNT's Sacramento office. "Sixteen of our items are now under \$5, seven additional crowd pleasers are listed as 'buy one get one free' and our assortments deliver up to 35 percent more value for the dollar. With deals like these, we hope to help our non-profit organizations raise the critical dollars they need to support their programs while making sure that consumers have an enjoyable Fourth of July celebration." From Castilone's lips to God's ears is what Love INC -- short for Love in the Name of Christ -- is praying for. The group, which brings Orangevale's East Valley Church and other Christian churches together to help provide the needy with food, furniture, clothing and longer-term assistance, will have TNT stands at 3290 Arena Blvd. and at Broadway and 16th St. "There's a little concern [about

the recession], but the scripture tells us not to worry -- you don't change anything by worrying," said George Thacher, one of the more active volunteers for the non-profit. "If God believes we're supposed to generate revenues it doesn't matter what the economy is doing." Though his faith is no doubt just as strong as Thacher's, Matthew Oliver, senior associate pastor at Family Christian Center in Orangevale, is taking matters a bit more in his own hands. For one thing, Oliver, the church's resident pyro expert, has gone a route seldom taken among non-profits by linking once-dual fundraisers involving competitive fireworks resellers. He's also added a second TNT stand to go along with the church preschool's Phantom booth now brought under one operation. And in another innovative ploy to grab customers, Oliver started a Web site -- [www.thefireworkssupercenter.com](http://www.thefireworkssupercenter.com) -- that offers online pre-paid ordering, making pick up at the main location pyrotechnically painless. Why all the heavy-duty marketing strategy? Oliver says it's about survival. "Our fireworks fundraiser has to do well. It could mean the difference between Club Retro surviving or not," Oliver said, referring to the Christian rock club-slash-teen center providing tutoring and counseling for students of several area schools. "Last year our fireworks booth wound up

being 70 percent of our budget." The main stand, dubbed the "TNT Megastore," is on the Family Christian Center's own property at 6521 Hazel Ave. Its new sister TNT site, the "TNT Supercenter," is located at 8121 Madison Ave. next to Carl's Jr. The Phantom stand is in the Dairy Queen parking lot at 9295 Greenback Lane. Another local church hopes to spark more fireworks business with a picnic on what is traditionally the slowest day of sales, the first. Water slides and lunch will be provided starting at 11 a.m., an hour before Sunrise Community Church's stand in Fair Oaks opens for what promises to be a brisk week of sales, according to the fundraiser chairwoman. "Weekends are always good, we won't have the fires and we're thinking that people will stay home for the holiday and shoot off fireworks in the neighborhood," said Tammi Schmorleitz of Citrus Heights. The group's Phantom Fireworks stand made about a third less last year than the prior season, but the stars seem to be aligning for a better outcome this go-around, and that's putting a smile on the fundraiser chairwoman's face. "It's our largest fundraiser of the year and we rely on proceeds to send kids to summer camp," Schmorleitz said. "We're definitely looking forward to a more successful fundraiser this year. Only time will tell."

## Christian Singles Summer Kickoff Dance June 27th

Carmichael - Christian Singles Network, will hold a Summer Kickoff Dance for single adults Saturday, June 27, from 7 PM to 11:30 PM. at Carmichael Presbyterian Church, 5645 Marconi Ave., near Fair Oaks Blvd, Carmichael. The evening features DJ dance music of all types from 8-11:30 by Jim Naylor and dance lessons in the Rumba from 7-8 PM by Declan Cordova. Dress is casual. The ticket price of \$15 presale or \$20 at the door includes hors d'oeuvres and the dance lessons. CSN dances are non-alcohol. Christian Singles Network, Northern California's largest inter-church singles group founded

in 1992, holds dances every 3 to 4 weeks. Call the number below for directions or more information. The music is a mix of rock and roll, ballroom, Latin, country and Christian music. Membership is not necessary to attend, although members get a \$5 discount at the door. All ages and all denominations are welcome. Most attendees fall between the ages of 35 to 65 but all ages are welcome. CSN has been holding dances 16 years, drawing singles from the Sacramento, the foothills, and beyond to Reno and the Bay Area. Pre-sale dance tickets are available on line at [www.christiansinglesnet.com](http://www.christiansinglesnet.com), or at Family Book Store in Roseville;

Wayside Bookstores in Auburn, Berean Bookstore in Sacramento, and Jireh's Bookstore in Placerville; or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722, or on line at [www.christiansinglesnet.com](http://www.christiansinglesnet.com). Volunteers receive a discount or attend free for helping. Call the office to volunteer. For more information, to receive more information about activities, or directions call the 24 hour event line at (916) 658-0606 or the CSN office at (530) 878-8606. The website, [www.christiansinglesnet.com](http://www.christiansinglesnet.com), includes directions to the dance as well as information about upcoming events including seminars, getaways, and parties.

## CHAUTAUQUA PLAYHOUSE

to revive the comedy

*The Odd Couple - Female Version*



(L) Warren Harrison, Susan Madden, Georgann Wallace, Chris Lamb  
Photo Credit: Warren Harrison

The hysterical comedy THE ODD COUPLE-FEMALE VERSION by Neil Simon will be presented in a revival opening at Chautauqua Playhouse on Friday, June 26th at 8:00pm. THE ODD COUPLE-FEMALE VERSION continues to play on Fridays and Saturdays at 8:00pm through July 19 (no performance on July 4th). Sunday matinee performances will play at 2:00 pm. There will also be two Thursday performances on July 2nd and 9th at 8 pm. All performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$17 general and \$15 students, seniors, children and SARTA members.

Because of popular demand, Chautauqua Playhouse will again present the popular play with the same cast as the 2008 sell-out production. Neil Simon adapted this script from his original ODD COUPLE story line, but with a new twist -- Felix and Oscar have now become Florence and Olive, and the poker game has become a weekly Trivial Pursuit game. The Pidgeon sisters have been replaced by the Costazuela brothers from upstairs.

For tickets and additional information call the theatre at (916) 489-7529 (PLAY) Information and tickets are also available through the Chautauqua Playhouse website: [www.cplayhouse.com](http://www.cplayhouse.com)

The production is directed by Jill McMahon and features Susan Madden as Olive Madison and Georgann Wallace as Florence Unger, with Chris Lamb and Warren Harrison as the Costazuela Brothers. Set design is by Rodger Hoopman, with lighting by Ross Aldrich. Costumes are by Eileen Beaver.

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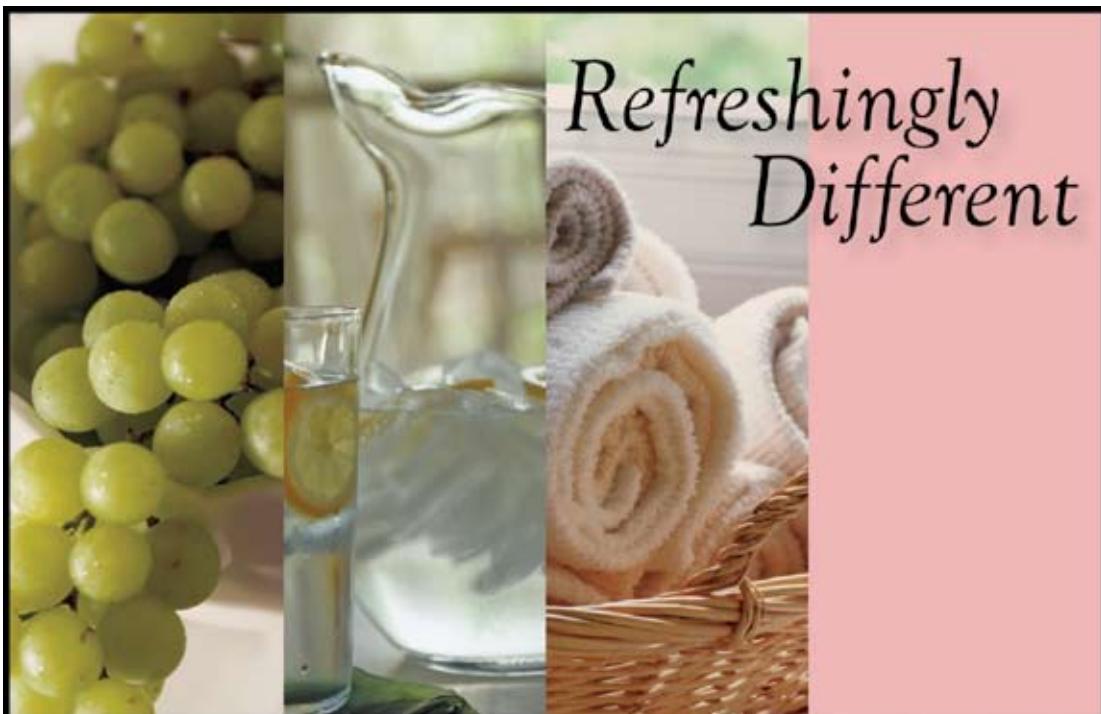
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**FICTITIOUS BUSINESS NAME STATEMENT #0904853.** Richard Klosinski, 6312 Date Palm Way, Carmichael, CA 95608 and Jimmy Hobbs, 3961 Maudray Way, Carmichael, CA 95608 are doing business under the Fictitious Business Name "Step Systems" at 6312 Date Palm Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 19, 2009. Publish: June 2, 9, 16, 23, 2009. STEPSY 90601 6-23-09

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME** #34-2009-00044417-CU-PT-GDS WHEREAS, Marianne James-Whoofstone has filed a petition in this court for a decree changing names of Marianne James-Whoofstone to Marianne Ryan; and Samantha Shannon James-Whoofstone to Samantha Shannon Ryan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on July 1, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 27, 2009. Loren E. McMaster Judge of the Superior Court Publish: June 2, 9, 16, 23, 2009. TABAYO 90601 6-23-09

**FICTITIOUS BUSINESS NAME STATEMENT #0905145.** Angelo G. Sardo, 56 Waterglen Circle, Sacramento, CA 95826 and Kevin L. Felte, 5081 Moddison Ave., Sacramento, CA 95819 are doing business under the Fictitious Business Name "Financial Transaction Services Global" at 1500 7th St. #1-A, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on May 28, 2009. Publish: June 9, 16, 23, 30, 2009. FINANC 90602 6-30-09

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME AND GENDER** #34-2009-00044943-CU-PT-GDS WHEREAS, Roman Rudy Tabayoyan has filed a petition in this court for a decree changing name of Roman Rudy Tabayoyan to Roman Tabayoyan Zapata. IT IS ORDERED that all persons

interested in the above entitled matter appear before this court at 2 p.m. on July 8, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: May 27, 2009. Loren E. McMaster Judge of the Superior Court Publish: June 2, 9, 16, 23, 2009. TABAYO 90601 6-23-09

**FICTITIOUS BUSINESS NAME STATEMENT #0904767.** Sean Denton, 5216 Rimwood Dr., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Above All Pool & Spa" at 5216 Rimwood Dr., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on May 7, 2009. Publish: June 9, 16, 23, 30, 2009. ABOVEA 90602 6-30-09

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME** #34-2009-00045415-CU-PT-GDS WHEREAS, Daniel Charles DeBono has filed a petition in this court for a decree changing name of Daniel Charles DeBono to Dani Callin DeBono. Petitioner has also filed a

petition for a decree changing petitioner's gender from male to female and for the issuance of a new birth certificate reflecting the gender and name changes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on July 21, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 2, 2009. Loren E. McMaster Judge of the Superior Court Publish: June 9, 16, 23, 30, 2009. DEBONE 90602 6-30-09

**FICTITIOUS BUSINESS NAME STATEMENT #0904767.** CAMU, LLC, 900 "G" St. #202, Sacramento, CA 95814 is doing business under the Fictitious Business Names "California Mutual LLC; CAMU, LLC at 900 "G" St. #202, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on May 15, 2009. Publish: June 16, 23, 30, July 7, 2009. CALMUT 90603 7-7-09

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SANTA CLARA CITATION RE: ADOPTION CASE #1-09-AD-021604** THE PEOPLE OF THE STATE OF CALIFORNIA. To Dale Wayne Schmitz: YOU ARE HEREBY CITED to appear at 10:30 a.m. on July 28, 2009, in Department 15 of the above entitled court, located at 191 North First St., San Jose, CA 95113. At that time and place, you must show cause why the Petition of **DION LoRUSSO** to adopt your minor child, **KELLY SCHMITZ**, should not be granted without your consent in the above-entitled proceeding, on the grounds that you have abandoned that child. The above-referenced adoption

Petition alleges that, for a period in excess of one year beginning September 16, 2004, you willfully failed to communicate with, and pay for the care, support, and education of the above-named child, although able to do so. YOU ARE FURTHER ADVISED that if you appear at the above hearing, and wish to have legal counsel but are unable to afford counsel, the court will appoint counsel on your behalf. Dated: June 5, 2009. David H. Yamasaki Clerk, Chief Executive Officer/ Clerk. Publish: June 16, 23, 30, July 7, 2009. SHAPIR 90603 7-7-09

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME** #34-2008-00046595-CU-PT-GDS WHEREAS, Wolfgang Chargin has filed a petition with this court for a decree changing name of Wolfgang Chargin to David Wolfgang Chargin. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on July 22, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 10, 2009. Loren E. McMaster Judge of the Superior Court Publish: June 23, 30, July 7, 14, 2009. CHARGI 90604 7-14-09

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME** #34-2008-00047174-CU-PT-GDS WHEREAS, Lisa Jeannette Lopez has filed a petition with this court for a decree changing name of Lisa Jeannette Lopez to Lisa Jeannette Helms. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on July 29, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 17, 2009. Loren E. McMaster Judge of the Superior Court Publish: June 23, 30, July 7, 14, 2009. LOPEZ 90604 7-14-09

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME** #34-2008-00042785-CU-PT-GDS WHEREAS, Frederick Scott

Christopher Jean Marie de Forbin Janson has filed a petition with this court for a decree changing name of Frederick Scott Christopher Jean Marie de Forbin Janson to Frederick Christopher Janson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on July 28, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 16, 2009. Shelleyanne W.L. Chang Judge of the Superior Court Publish: June 23, 30, July 7, 14, 2009. JANSON 90604 7-14-09

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME** #34-2008-00047174-CU-PT-GDS WHEREAS, Lisa Jeannette Lopez has filed a petition with this court for a decree changing name of Lisa Jeannette Lopez to Lisa Jeannette Helms. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on July 29, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 17, 2009. Loren E. McMaster Judge of the Superior Court Publish: June 23, 30, July 7, 14, 2009. LOPEZ 90604 7-14-09

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME** #34-2008-00042785-CU-PT-GDS WHEREAS, Frederick Scott

**SUPERIOR COURT OF CALIFORNIA COUNTY OF PLACER 2nd Amended SUMMONS 1st Amended Complaint CASE #SCV24413 NOTICE TO DEFENDANT:** EMILEE KATE SMITH, JEANETTE DEEVER, DANIELLE BERNSTEIN, PARIS GRAYSON, DENNY SMITH, JODEE SMITH (individuals) and DOES 1 through 50 inclusive: You are being sued. Plaintiff's NAME IS: shandiz gousheh. You have 30 Calendar Days after this Summons and Petition are served on you to file a typewritten response (form FL-120 or FL-

123) at this court and have a copy served on the petitioner. A letter or phone call will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form. If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp/](http://www.courtinfo.ca.gov/selfhelp/)), at the California Legal Services web site ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), or by contacting your local county bar

association. The name and address of the court is: Superior Court of California, County of Placer, 10820 Justice Center Dr., Roseville, CA 95678; 916-408-6000. The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: Chad Dunigan, Esq. And Jennifer A. Welner, Esq., Koeller, Nebeker, Carlson & Haluck, 3010 Lava Ridge Ct. #160, Roseville, CA 95661; 916-724-5700; 916-788-2850. Dated: April 27, 2009. Publish: June 23, 30, July 7, 14, 2009. KOELLE 90604 7-14-09

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## Internet feeds kids porn diet

by Lauren Forcella

**Dear Straight Talk:** My friend, "Sheryl", caught her son viewing porn on his computer with some other boys. When she got upset, he told her that everybody watches it and to chill out. She moved his computer to the living room, but he is almost 18 and she's at a loss. What should she do? — Darlene, Laguna Niguel, CA

**Charles, 23, Sacramento, CA:** Get over it. I saw porn the first time at a friend's house around age 10. It was the first year most of us had Internet service. After that, trading floppy discs of porn images became a normal part of boy life. Today, the joke among ALL my guy friends is, "How many gigs of porn do you have?" In college, some kids had 200 hours of porn on their computers! Porn is a good thing, a healthier outlet than unsafe sex, prostitution, or rape.

**Jessie, 17, Ashland, OR:** I was 12 when I Googled something for school and a vivid pop-up appeared. I was so embarrassed I closed the screen and took a zero on the assignment. My girlfriends don't watch porn, but I'm not positive about my guy friends. I think high school is too young for porn, but at 18, it's legal, so your friend should ease up — or ask him not to watch it at home.

**Liz, 17, Sacramento, CA:** At age 12, I was given my 20-year-

old brother's computer which was loaded with porn. I was somewhat intrigued and took a look, but after that I had minimal exposure. Since puberty, I've looked occasionally and have watched porn with my boyfriend once or twice. Most people I know view porn and are comfortable with it, including older couples. It seems relatively harmless unless it becomes addictive or lowers respect for women.

**Rachel, 18, Fair Oaks, CA:** I've never known girls to watch porn together, but guys often do. I walked in on a 13-year-old boy and his friends watching porn. I was babysitting his younger sisters and wasn't much older than he. When kids mess around on computers they will see porn. My first time, it scared me to death! But in my mid-teens, I explored it and think it can be stimulating. Yet for those not mature enough, it can be dangerous as much of it is aggressive and degrades women.

**Graham, 15, Fair Oaks, CA:** Your friend is overreacting. Unless her son is obsessed with porn, there's nothing to worry about. It's totally common. According to Family Safe Media, 42.7 percent of Internet users watch porn, 72 percent of them male. Professor Steven Landsburg (University of Rochester) reports: "A 10 percent increase in [Inter] Net access yields about a 7.3 percent decrease

in reported rapes." Bottom line: porn doesn't hurt people and may actually help them.

**Dear Darlene:** The argument that pornography is harmless for a growing mind is ridiculous. Yet I hear it from young people over and over. (See archives on our website FEB/MAR/MAY 2007.)

Parents, it's your home, you make the rules. Just as you express disapproval and set rules around drugs, you must do the same for porn as soon as your child begins using a computer. Ninety percent of kids age 8 to 16 have viewed porn on the Internet — usually while doing homework. It is habit-forming and many view it regularly. Don't let media have privacy with your child. Computers and TVs should ALWAYS be in well-trafficked locations and armed with porn-blockers.

Sheryl did right to move the computer. Better late than never. She should also install blockers and clearly state no-porn rules for the household. The good part is her rules will give her almost-adult-age son a reason (something sorely lacking today), to want to move out upon graduating — which is precisely when a parent's "stupid rules" start making sense.

To ask a question or be a panelist, write us at [www.straighttalkforteens.com](http://www.straighttalkforteens.com) or P.O. Box 963, Fair Oaks, CA 95628.

## King Crossword

### ACROSS

- 1 Donate
- 5 Floor cleaner
- 8 Sail support
- 12 Mideast gulf
- 13 First lady?
- 14 Reverberate
- 15 Approach
- 16 Quebecois, e.g.
- 18 Half a pair of winter boots
- 20 Teeny bit
- 21 October birthstone
- 23 Deposit
- 24 Southwestern saloons
- 28 Vegan's no-no
- 31 Lingerie item
- 32 Shy
- 34 Hot tub
- 35 Collections
- 37 Flour receptacle
- 39 Hostel
- 41 Con game
- 42 Sent packing
- 45 Grassy plains
- 49 Australia's capital
- 51 Audition hope
- 52 Bedouin
- 53 Where (Lat.)
- 54 Story
- 55 Depend (on)
- 56 Soviet

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49						50			51		
52									54		
55						56			57		

- 9 Severe trial
- 10 Carpet style
- 11 Coloration quality
- 17 Rock concert need
- 19 Skewer
- 22 Actor Lorenzo
- 24 Couric's network
- 25 Exist
- 26 Countrywide
- 27 "The Jungle" author
- 29 Gorilla
- 30 Paving material
- 33 Rotary phone feature
- 36 Persnickety
- 38 Intelligence
- 40 Born
- 42 Cicatrix
- 43 Tortoise's opponent
- 44 Conga, e.g.
- 46 Ark builder
- 47 Earthenware pot
- 48 Appear
- 50 Bat stat

### DOWN

- 1 Group of hoodlums
- 2 Notion
- 3 Osso buco ingredient
- 4 Establish
- 5 Garage worker
- 6 Eggs
- 7 Calligrapher's supply
- 8 Seance VIP

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## Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★**

★ Moderate ★★ Challenging

★★★ HOO BOY!

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Answers on Page 5

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# Assemblyman Niello Recognizes the Messenger Publishing Group as the Small Business of the Year



Assemblyman Roger Niello presents the award to Paul V. Scholl, owner and publisher of the Messenger Publishing Group

Sacramento – Assemblyman Roger Niello (R-Fair Oaks) has recognized the Messenger Publishing Group, and Publisher/Owner Paul Scholl as the 5th Assembly District Small Business of the Year. The Messenger Publishing Group consists of four local newspapers: the American River Messenger, the

Carmichael Times, the Natomas Messenger, and The Mercury that provide the only conservative voice in the Capitol region. Paul Scholl began his publishing career over 25 years ago and has worked in a variety of settings from large corporate newspaper groups to small newspapers and magazines. Mr. Scholl has used

all of his experience to produce the best in community newspapers promoting strong principals, strong families, love of country and the willingness to support and care for the community.

His newspapers not only provide a useful informative service to the citizens of the Sacramento area, but he has continued to support many non-profit organizations. The Messenger Publishing Group has assisted organizations such as the American Cancer Society, the ALS Society, the Alzheimer's Aid Society, Sacramento and the Sacramento Choral Society and Orchestra and many more. Paul Scholl has also supported the local Chambers of Commerce through their annual events and has helped local businesses succeed. Mr. Scholl was honored during a luncheon on Tuesday, May 26th, in Sacramento, organized by the California Small Business Association honoring small businesses from throughout the state.

"The Messenger Publishing Group has provided a voice for individuals, organizations, and businesses in the communities that I serve in the 5th Assembly District and even during these economic difficult times, the Messenger Publishing Group has prospered. Their focus on the community and non-profit organizations has made this a true community service newspaper and Paul Scholl should be commended," said Assemblyman Roger Niello.

# REALTORS Give \$44,000 in Scholarships

Thirty-six area students received \$44,000 in college scholarships from the Sacramento Association of REALTORS® in June.

Over the past five years, SAR has provided more than \$200,000 in scholarships for 148 area high school graduates and college students. The funds have been raised through contributions from area REALTORS® as well as through the sale of bottled water and CFL bulbs in the retail center of the Sacramento Association of REALTORS®.

The SAR Scholarship Trust was founded 48 years ago to "promote interest in the field of real estate, and to develop closer relations between the colleges and the real estate profession." The fund initially provided \$100 to \$200 scholarships for Sacramento students attending American River Junior College, Sacramento City College, and Sacramento State College (now California State University, Sacramento). It now assists students pursuing real estate, business and a variety of other fields at many different institutions across the United States.

State Secretary of Education Dr. Glen Thomas will be the featured speaker at the June 2nd membership meeting and will assist in presenting the scholarships. The

meeting will begin at 9:00 a.m. at the Association's Mack Powell Auditorium at 2003 Howe Ave.

This year the Scholarship Trustees received 64 applications, a record number, Scholarship Chair Perry Georgallis says. "These scholarships are even more important in these difficult economic times. While we face a difficult market it is important to remember that an investment in a student's future is an investment in your own future."

Local 2009 recipients are: Steven Corrigan is a senior at Bella Vista High School and has been accepted to the University of San Diego. He is interested in business and real estate. \$1000 scholarship. Christina Hand is a senior at Loretto High School and has been accepted to UC Santa Cruz. Christina plans on pursuing a career in Film and Digital Media/Theater. \$1000 scholarship. Ian Kozlowski is a senior at Jesuit High School and has been accepted at Santa Clara University. \$1000 scholarship. Olivia Lessard is a senior at El Camino Fundamental High School. She has been accepted to Brigham Young University and would like to pursue a career in Real Estate investment. \$1000 scholarship. Matthew Macdonald is a senior at Jesuit High School and has been accepted at the University

of San Francisco, University of Santa Clara, Cal Poly San Luis Obispo and others. He will study philosophy and law. \$2500 Kay Georgallis scholarship. Thomas Morford is a senior at Del Campo High School and has been accepted to CSU Chico. He plans to study business finance and business management. \$1500 scholarship. Fareeha Nawaz is a student at Rio Americano High School. She has been accepted to the University of the Pacific's pharmacy program. \$1500 scholarship. Victoria Payne is a senior at Casa Roble Fundamental High School. She has been accepted to UC Davis, UC San Diego, UC Irvine and Cal Poly San Luis Obispo. Victoria will be majoring in biomedical engineering. \$1000 scholarship. Trevor Plescia is a senior at Jesuit High School. He has been accepted to UCLA where he plans to study medicine. \$1500 scholarship. Stewart Poulson is a senior at Casa Roble High School. He will be attending Brigham Young University in the fall and plans on majoring in business management. \$750 scholarship. Nicholas Terzakis is a senior at Rio American High School. He has been accepted to UC Berkeley and UCLA. He will study chemical engineering and medicine. \$1000 scholarship.

# State's New Home Tax Credit Going Fast

Sacramento - (Business Wire) -- The Franchise Tax Board (FTB) announced today, June 22nd, that the \$100 million allocated by the state in new hometax credits will soon be gone.

As of June 17, 2009, FTB had received more than 9,800 applications claiming nearly \$95 million. Because some of these applications are duplicates, revisions, or invalid, FTB plans to accept 12,000 applications. This will ensure enough valid applications will be available to allocate the full \$100 million credit. However, FTB will only issue approved credit certificates until the \$100 million is exhausted.

When 11,000 applications are received, FTB will update its Tax

Credit for New Home Purchases web page at [www.ftb.ca.gov](http://www.ftb.ca.gov) each business day with the new totals. Once FTB receives 12,000 applications, the fax service will be disconnected.

This tax credit is available for qualified buyers who on or after March 1, 2009, and before March 1, 2010 purchase a qualified principal residence that has never been occupied. The buyer must reside in the new home for a minimum of two years immediately following the purchase date. To apply, an Application for New Home Credit must be completed by the buyer and seller within one week after the close of escrow and faxed by the escrow person to FTB at 916.845.9754.

To expedite the processing of applications, qualified buyers are reminded to: submit only one application per new home purchase, only send in the application after escrow closes, and complete the application carefully and accurately. Applications received before escrow closes will be denied. Applications received before escrow closes will be denied. FTB will continue to report the certificates issued on a weekly basis until the full \$100 million has been allocated. FTB expects to complete processing all certificates in August. Each applicant will receive a notification indicating the amount of credit allocated or denied.

Source: California Franchise Tax Board

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## First Pitch for Baseball Academy Coming July 19th

The Dusty Baker Baseball Camp opens this year on July 19th in Rancho Cordova. Dave Stewart, Shawon Dunston, Jim Barr are among the twelve former major leaguers and veteran group of top-flight coaches providing instruction to students age groups; 9-12, 13-15 and 15-20 at the Sacramento area site. Approximately 5800 of the 7900 previous academy participants have moved on to high school, college or professional baseball.

**For more information call Bruce Carmichael at 1-530-644-3067, or E-Mail: [bdcarmichael@sbcglobal.net](mailto:bdcarmichael@sbcglobal.net). Visit the camp website at [www.dustybakerbaseballcamp.com](http://www.dustybakerbaseballcamp.com)**

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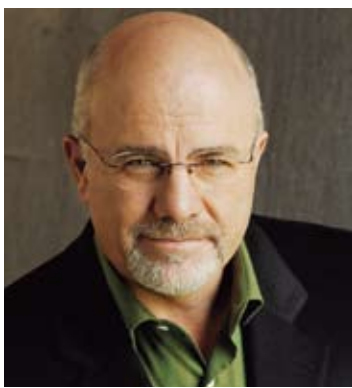
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# Dave Says



purchase. Do you have any advice for taking advantage of a situation like this without going into debt?  
- John

Dear John,

I'm glad you're looking at this venture with an eye on staying debt-free. There would be a lot more small business success stories if all entrepreneurs thought this way!

One of the things you could do is work a deal where you take over management of the company and have an option to buy over time. You would pay the owner a percentage of the net profits, which would go toward your ownership. You'd take out enough to live on, but everything else would go toward your purchase of the company.

You said the guy is asking \$390,000, but how do you know it's really worth that much? He told you he "made" \$250,000 last year. Was that how much he carried home? Or was that what he grossed? How much is he paying those three employees? Do they have contracts, or could you let them go? I mean, he could be grossing \$250,000 and literally taking nothing home, or the expenses could be \$350,000 and the business wouldn't be worth anything. There's just a whole lot more you need to know before you do this deal.

As far as the building is concerned, I'd say no to the idea of owning a structure on someone else's land. I'm not paying him for his building unless the ground comes with it. You can rent the building and land from him after you become the business owner. I'd put the land and building in a separate deal, and lease them with an option to buy later - after I purchase the business. By doing this, you just lowered the purchase price of the business considerably because you

took the building out of the equation.

Is the business paying him rent for the building and land now? If this guy isn't charging any rent against his calculation of net profit, then the figures aren't realistic. It's also not realistic if he's not paying himself anything to manage and run the business.

The bottom line is this: be smart, and do your research before you make a move on this one!

- Dave

## A Lot of College

Dear Dave,

We have five kids under the age of five. We'd like for all of them to be able to go to college, but we're not sure how much it will cost. Our household income is about \$90,000 a year, and we have no debt except for our home. What's the best route to go with our college savings plan?

- Laura

Dear Laura,

Whew! Boy, you guys have got a house full and your hands full! You've also got a nice income, and that's going to help a lot. Right now, the most you can put into an Educational Savings Account (ESA) is \$2,000 per year. If you did this annually for each kid, you have a little over \$100,000 per child when it comes time to send them off to college. Pretty sweet, isn't it? That will buy a good education at just about any state school.

For the first \$2,000, an ESA has more flexibility than a 529 plan. They're very similar in how they act, but with an ESA you're in total control of the investment. You can move it around, and put it into almost any mutual fund. If you use the ESA or a 529 for anything other than college you'll get hit with a 15 percent penalty, plus the tax rate, so start brainwashing the kids now; it's for college only!

- Dave

*\*Please visit [www.davesays.org](http://www.davesays.org) for more financial advice.*



By Laura Snyder

My seven-year old finally earned enough money to buy himself a toy he's been eyeing at Wal-Mart. It's a race car that comes with all the accessories needed for a Pit Stop. There were extra tires, an oil can, a fuel pump, and tools for washing windows and checking the engine.

He showed me what his version of a pit stop was. Rolling the car into a cardboard "pit stop" area, he then turned the car completely upside down and took all the tires off. Rather than explain how turning the car upside probably didn't really happen at pit stops, I watched him put two news tires and two of the old ones right back on because he only had two extras. The race car didn't really have a gas tank filling spot to put the gas pump, which I think was a major design flaw, so he improvised by using the tail pipe. Every tool was employed in some way.

From watching races on TV, he knew that he had to work quickly. Miniature oil cans and tools flew hither and yon as he serviced his race car at a frantic pace. Finally,

# Laura on Life

## The Pit Stop

he threw up his hands as if he had just roped a calf. In his mind he was victorious in beating his imaginary clock. I applauded as I was expected to do, but my mind flew to Monday morning.

It was a school morning just like any other. I woke the kids early enough, but they tend to dally. I suspect the dallying is due to intense thought about what they could possibly do that would convince me to keep them home from school.

It isn't until ten minutes before the bus is scheduled to arrive that they are ready to accept their fate.

Then things start speeding up. My husband and I are the self-designated pit crew. One eye on the clock and barking out orders like a drill sergeant, we station ourselves in the foyer waiting for the inevitable crisis and ready to deal with anything that comes our way.

"Don't forget your library book!" He runs to dig it out of his toybox.

"Do you have P.E. today?" I ask one of them.

"Yes."

"Then you can't wear sandals. Where are your sneakers?" She runs to find them.

"What's that on your face?" He shrugs. "Go wash it off, quickly!"

"Have you got your... lunch money?... snack? ... science project? ... permission slip?"

"Mom, I can't find my other sneaker."

"Okay, everybody! Listen up! She can't find her sneaker. It looks like this. You - Look in the kitchen! You, the living room. You, under your bed. Honey check outside."

The youngest says "It might be in the mailbox."

My husband and I looked at each other, momentarily shocked.

He makes a sudden decision, "I'll go look in the mailbox!"

"Right." I said as I ran to check the bathroom.

"Found it!" someone yells.

"Okay great! Backpacks loaded! Jackets on! Shoes on!"

"Wait a minute. Where do you think you're going?"

"What? What did I forget?"

"Have you looked in the mirror? You look like a couple of weasels were mating on your head last night... and one is still in there. I think it's dead, but don't move until I pull a comb through it."

"Kisses! ... Now get out of here!"

My husband and I watched them run out the door just as the bus comes around the corner. We shut the door and throw up our hands in victory and give each other a double high five. We did it! ... again.

*Laura Snyder is a nationally syndicated columnist, author & speaker. You can reach Laura at [lsnyder@lauraonlife.com](mailto:lsnyder@lauraonlife.com) Or visit her website [www.lauraonlife.com](http://www.lauraonlife.com) for more info.*

*Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers - The Total Money Makeover, Financial Peace Revisited and More Than Enough. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.*

*Ramsey offers life-changing financial advice as host of a nationally syndicated radio program, "The Dave Ramsey Show," which is heard by nearly four million listeners each week on more than 350 radio stations throughout the United States. His syndicated column, "Dave Says," can be read in more than 270 print and online publications worldwide.*

### Buying in Debt-free

Dear Dave,

I have an opportunity to buy a landscaping supply business. The current owner said he made \$250,000 last year, and he's on track to make even more this year. There are three employees, and he's asking \$390,000 for everything. The building is included in the price, but the land would be either a lease or

# Discover the help you need!

Enjoy remarkably affordable residential memory care as well as memory day care.

## the Chateau at Carmichael Park

Lic. #347001523

7125 Fair Oaks Blvd, Carmichael

Call (916) 481-7105! Ask for Cheryl.

Residents with Alzheimer's or other memory loss who make their home with us enjoy service-rich care that includes

- capable staff, on hand 24 hours a day, to assist with medications management, dressing bathing and other activities of daily living
- three nutritious meals and snacks daily as well as housekeeping and other services
- secured entrances and exits
- a fully developed, life-enhancing activities program
- compassionate staff who use gentle words, reassuring touch and other "best practices" to enhance the lives of those with memory loss.



Through **The Club**, our Memory Day Care program, senior attendees enjoy meaningful activities, care and companionship, while their family caregivers run errands, visit with friends or simply relax and rejuvenate.

**The Club** is open weekdays from 8:00 a.m. to 5:30 p.m.

**Be our guest for a trial,  
two half-days free!**

LIMIT ONE COUPON PER FAMILY

*The Club*  
Carmichael Park  
Lic. #347003534

**Good for trial ~  
two half-days FREE.**

Call Linda  
to make a reservation  
(916) 482-2850

7125 Fair Oaks Blvd, Carmichael • Between Engle St. and Grant Ave.

Would you be interested  
in Memory Day Care during the weekends?  
We will extend our hours if there is a significant need.  
Call Cheryl today (916) 481-7105 or email her  
at [chinton@HankFisherProperties.com](mailto:chinton@HankFisherProperties.com)

[www.HankFisherProperties.com](http://www.HankFisherProperties.com)

## Celebrate Carmichael's Founders Day

**Saturday,  
September 26th, 2009**

**To Volunteer or become a Vendor,  
Call the Chamber of Commerce at 481-1002**



# Sunrise of Carmichael Grand Opening Celebration



Enjoy light refreshments, meet our friendly staff and tour our new community.

Saturday, July 25th and Sunday, July 26th from 11:00a.m. to 4:00p.m.  
5451 Fair Oaks Blvd.  
Carmichael, CA 95608

At Sunrise of Carmichael we take the time to understand what your loved one needs to truly feel comfortable. We focus on "the big things" such as dedicated caregivers and renowned memory care programs. And never forget about "the little details" like delicious meals, engaging social activities, transportation and personal relationships that make our residents feel at home.

Visit our Grand Opening Celebration to experience the Sunrise difference for yourself.  
Call today for details: 916-485-4500.



RCFE# Pending



Sunrise of Carmichael 916-485-4500 5451 Fair Oaks Blvd  
Memory Care

For more information and a FREE online newsletter, visit [www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)



## We'll bring the tennis. You bring the love.



Michael Chang (appearing July 10)

Anna Kournikova (visiting July 13)

Bryan Brothers (visiting July 21)

### Fast. Family. Fun.

Mark Knowles, Sam Warburg and Coach Bryan are back in town along with Michael Chang, Olga Puchkova and Rennae Stubbs – and they want their title back. Get in the game July 3-22 with the World Team Tennis Champion Sacramento Capitals at Allstate Stadium at the Westfield Galleria in Roseville.

Catch former Caps & local favorites at the Capital's Charity Challenge on July 1.



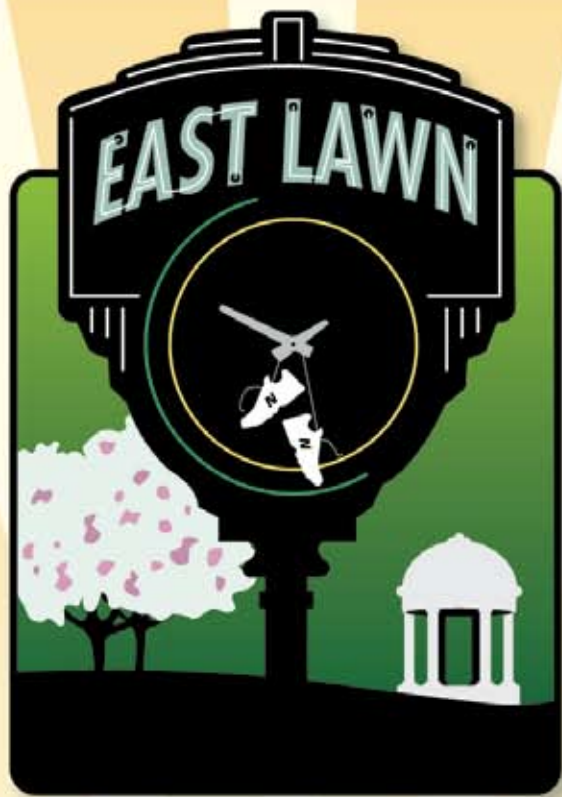
Get up in the action this season.

Order tickets today.

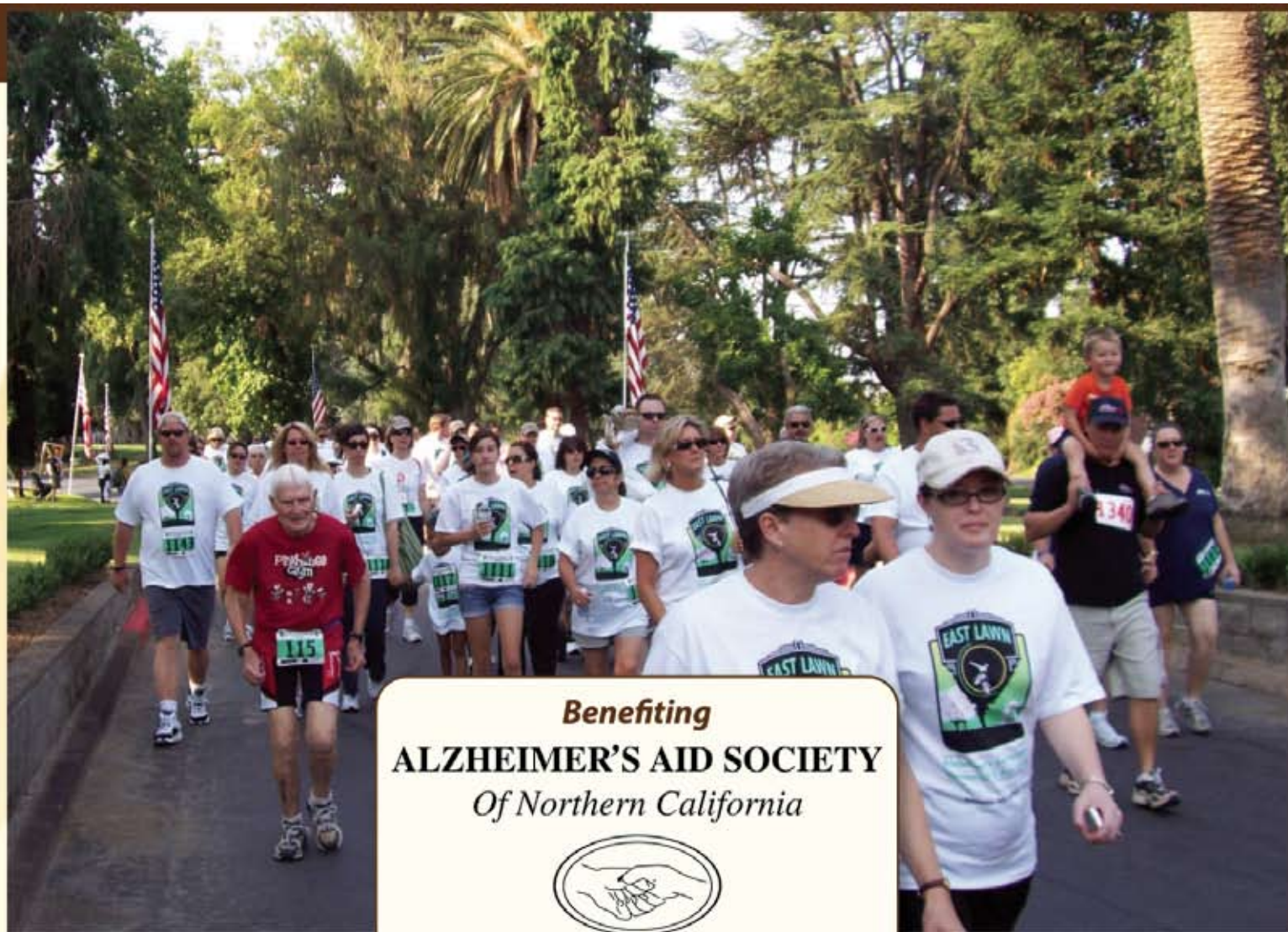


Call 916.638.4001 or visit [gocaps.net](http://gocaps.net)

2nd Annual



**Alzheimer's Aid Society Memorial 5k Run/Walk**  
City of Sacramento 5k Championship



Benefiting  
**ALZHEIMER'S AID SOCIETY**  
Of Northern California



Caring & Sharing since 1981



**Saturday July 25, 2009**

Start and finish lines at the historic East Lawn Memorial Park

For registration or more info:

[www.memory5k.org](http://www.memory5k.org)

To participate in the event or to donate, visit the Alzheimer's Aid Society website at [www.memory5k.org](http://www.memory5k.org)