

Carmichael Times



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Serving Carmichael and Sacramento County since 1981

April 21, 2009

Baskin-Robbins Offers A Sweet Deal

Third Annual 31 Cent Scoop Night Event



America's Favorite Neighborhood Ice Cream Shop to Donate \$100,000 to National Volunteer Fire Council's National Junior Firefighter Program

Carmichael (Grassroots Newswire) Mark your calendars - 31 Cent Scoop Night is back at Baskin-Robbins! America's favorite neighborhood ice cream shop is sweetening the spring season by hosting its third annual 31 Cent Scoop Night celebration on April 29, 2009, from 5 p.m. to 10 p.m., at all Baskin-Robbins locations nationwide, including those in the Carmichael area. During the event, the iconic ice cream brand will thank its loyal customers by reducing the price of all 2.5 oz. ice cream scoops to just 31 cents.

As part of 31 Cent Scoop Night, Baskin-Robbins will make a \$100,000 donation to the National Volunteer Fire Council's (NVFC) National Junior Firefighter Program. The program serves as an umbrella for local junior firefighter programs nationwide, which educate youths about the vital, life-saving work of volunteer emergency service members and help prepare future firefighters to keep our communities safe. The donation will provide scholarships to outstanding junior firefighters and support the National Junior Firefighter Program. In addition, on 31 Cent Scoop Night, select neighborhood Baskin-Robbins shops will invite their local fire departments to collect donations and scoop ice cream.

"We are excited to host the third annual 31 Cent Scoop Night event. The event gives us a wonderful opportunity to show our appreciation to local customers and honor local heroes," said Franchisee Cassie Cornish, Baskin-Robbins in Carmichael.

Ice cream lovers are encouraged to add some sweetness to the spring season by visiting any Baskin-Robbins store nationwide between 5 p.m. and 10 p.m. on April 29, including Baskin-Robbins in Carmichael at 4712 Manzanita Ave and Baskin-Robbins in Carmichael at 6131 Hall Lane.

During the event, customers can choose any flavor of ice cream and pay only 31 cents.* In time for 31 Cent Scoop Night, Baskin-Robbins is bringing back the original Daiquiri Ice and seasonal favorite Baseball Nut, as well as introducing Premium Chummed Light Cappuccino Chip to the BRight Choices flavor offering. This event is also the perfect time to try new flavors, such as Made with Snickers(r), or signature favorites like Jamoca(r) Almond Fudge, Pralines 'n Cream or Gold Medal Ribbon(r).

During 31 Cent Scoop Night last year, Baskin-Robbins scooped more than four million scoops of ice cream!

In addition to making a \$100,000 donation to the NVFC, Baskin-Robbins is partnering with the NVFC to honor 25 exemplary junior firefighters who have demonstrated outstanding commitment and service to their junior firefighter program. Chosen from nominations submitted through the National Junior Firefighter Program, honorees will enjoy free Baskin-Robbins ice cream for a year and will be recognized on the NVFC's website, www.nvfc.org. Honorees will also roll up their sleeves on 31 Cent Scoop Night and attend events at their local Baskin-Robbins stores to scoop ice cream and help raise funds for their departments.

"We greatly appreciate Baskin-Robbins' support of the National Junior Firefighter Program through this generous \$100,000 donation," said Heather Schafer, NVFC executive director. "Providing scholarships to those who have shown dedication and commitment to the emergency services helps us ensure there will be firefighters to keep our communities safe for years to come."

For more information about 31 Cent Scoop Night go to our Facebook event page or visit www.baskinrobbins.com.

Report Underscores Education Reform Needs

Sacramento -- On April 13th Senator Gloria Romero, Chair of Senate Education, again highlighted the need for reform in California's education system based on a report released yesterday by the California Dropout Research Project stating one in three high-school students will drop out of school before graduating.

"It is simply unconscionable that we can project a failure rate in educating future generations," said Romero (D-East Los Angeles). "I'm not willing to wait one more year—and lose another 140,000 students—to enact serious reforms. We must make changes now that will enable kids to succeed in school and put California back on a path to real and long-term economic recovery."

According to the report in California, students abandon middle and high schools at the rate of 140,000 per year—equivalent to the populations of Pasadena, Elk Grove or the entire County of Napa—and cost taxpayers \$46 billion annually in crime, social welfare, health, public assistance and other taxpayer costs. Even in the best of times, the high costs of dropouts to the state are a drain but, today starting new engines of economic growth are the rallying cry of all state and national governments eying recovery.

"California's needs an education system that produces more skilled high-school graduates today more than at any other time in our past," said Romero.

In fact, for every \$500 of wealth that households headed by a high-school dropout accumulate; households headed by high-school graduates possess approximately \$5,000. This means that there would be an additional \$74 billion in collective wealth in the United States if every household were headed by an individual with at least a high-school diploma, according to a 2008 report by the Alliance for Excellent Education.

The Public Policy Institute of California predicts there will be twice as many high-school dropouts in



Current High School Dropout Rate Means 1 in 3 Students Will Fail

California in 2025 as there will be jobs to support them, meaning twice as many high-school dropouts will have no hope for employment. This evidence underscores the importance of early intervention and prevention.

In March the Senate Committee on Education held an informational hearing with the objective of viewing education initiatives through the lens of economic recovery. The hearing and outlined the steps needed to ensure that a skilled workforce, representative of the state's diversity, industry and need, will be ready to fuel the next stage of economic growth in the state. Further, this year Senators Romero and Steinberg have also co-authored SB 651 that would use data to assist educators in developing better public accountability and a stronger focus on dropout prevention.

"California's economic development strategy must focus on growing human capital, and human capital starts with education," said Romero. "Education is the single most important factor in ensuring a capable and competent society in which every member has the opportunity to succeed."

A recent report by UCLA's Institute for Democracy and the California Educational Opportunity Report, Education and Access (IDEA) and

All Campus Consortium on Research for Diversity (ACCORD), found widespread correlation to renewed attention of the relationship between educational investment and the state's economic health. The "achievement gap" represents the difference between what California public school students achieve today versus what they will require to gain work in a global economy.

To that end, Senate Democratic members have introduced a package of legislation "Jobs of Tomorrow" which asserts the real link between education and the economy. These bills seek to enhance California's education system through:

- SB 675 (Steinberg) – Clean Technology and Renewable Energy Job Training, Career Technical Education, and Dropout Prevention Act of 2010
- SB 471 (Romero and Steinberg) – Education: stem cell research
- SB 515 (Hancock) – Career technical education
- SB 43 (Alquist) – Health professions
- SB 725 (Hancock) – Regional occupational centers or programs: California Apprenticeship Preparation Program
- SB 651 (Romero and Steinberg) – Drop out tracking
- SB 747 (Romero) – Career technical education- aerospace

Federal Dollars Expected to Assist Regional Economy

Sacramento County Stimulus Program Update

Sacramento County has established a diverse team focused on maximizing and coordinating opportunities to garner local project funds from the American Recovery and Reinvestment Act. Led by the county's economic development chief Robert Leonard, the team is working to secure millions of stimulus dollars for local projects. By bringing together a wide variety of key players even before the specifics of the Recovery Act were known, Sacramento was poised to take advantage of the funds as soon as they became available. This effort builds on excellent work done by the Sacramento Metro Chamber of Commerce early in 2009 to bring the region together around a coordinated stimulus program strategy.

Leonard says the key to success is bringing the right players to the table. "The goal isn't to compete with local agencies and jurisdictions for the same pot of money, but to leverage our partnerships to make the most effective use of stimulus funds," Leonard explains. "We have already nailed down funding commitments for job development, senior nutrition programs, homeless assistance and transportation improvements exceeding \$40 million. We have nearly \$5.6

million coming in energy efficiency block grants alone." The County's partners include the Sacramento Housing and Redevelopment Agency, the Sacramento Area Council of Governments, the Sacramento Employment and Training Agency and SMUD. These agencies can help funnel the money directly to the highest priority needs.

Sacramento County's Board of Supervisors received an update on the Stimulus Team's progress today, and board members are lending their support to the multi-agency/multi-departmental team approach. Board Chair Susan Peters notes that "regional leadership by the County is vital to our success. All of our local partners, from cities to special districts, have a stake in securing funds. It is critical that we work together to present a collaborative agenda to the federal government to show that not only do we have the "shovel-ready" list prioritized, but that we can work together to pump dollars into our regional economy and create jobs."

Among the specific local improvements in the pipeline due to stimulus funds are:

- \$13.4 million for job development programs
- \$10.5 million in basic roadway

improvements, including pavement, sidewalk, and curb repairs

- \$5.6 million to bolster Sacramento's sustainability program through energy efficiency grants
- \$4.7 million to prevent and ease homelessness
- \$3.1 million in upgrades for traffic signal systems
- \$3 million targeted towards roadway upgrades to improve ADA accessibility

Leonard adds that the stimulus funding team is also hard at work devising the behind-the-scenes network necessary to monitor and report on Sacramento's share of the Recovery Act pie. "Whether it is in how we apply for money, allocate the dollars or measure our performance, this will be an open-book approach. Our commitment is to exceed the transparency and accountability that has been promised at the federal level. The money may be flowing from Washington, but the jobs created and direct impacts will be in our own neighborhoods; that's where we'll see the benefits," says Leonard. He expects the county to launch a website in late April to allow constituents to track the programs and spending, and offer their feedback.

Niello Bill to Eliminate Property Tax Marriage Penalty is Approved

AB 321 Would Reconcile Inequity in Property Tax Law



Assemblyman Roger Niello

Sacramento - Assemblyman Roger Niello (R-Fair Oaks) received approval by the Assembly Revenue and Taxation Committee on Monday (April 13th) of legislation, AB 321, to amend a property tax provision that unfairly penalizes married homeowners.

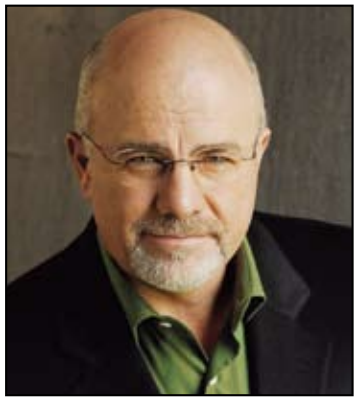
Over twenty years ago, Californians recognized the need to provide tax relief to elderly homeowners. Voters approved two propositions to exempt taxpayers aged 55 or older from property tax reassessment when purchasing a replacement home of equal or lesser value. However, the implementing legislation included a one-time exclusion provision and also defined spouses as a single claimant.

As a result, siblings, friends, roommates, and unmarried couples who own homes jointly are each individually afforded their rightful exemption while married couples are unfairly restricted to one reassessment exemption per couple.

"Current property tax law unfairly penalizes married seniors," said Assemblyman Niello. "Seniors are hit with higher property taxes as they downsize from the larger homes where they raised their kids into smaller retirement homes. It's contemptuous. I appreciate the committee's recognition of this problem and the subsequent passage of the bill."

AB 321 was approved on a unanimous vote and now moves to the Assembly Appropriations Committee

Dave Says



It's the Lesson, Not the Money

Dear Dave,
I'm 19-years old and living at home while I go to school and work part-time. I make about \$400 a month. My parents have started your plan, and I feel like I should do something to help out with expenses. I could do this by paying my expenses, or paying them rent each month. What do you think?
- Ruth

Dear Ruth,
I love your attitude! If you're in college, getting a good education is your first responsibility. You're not making a lot of money, so you wouldn't be able to contribute much. I think \$100 a month would be very fair, but sit down with your parents and talk this over. You'll need money to live on, and they'll need to feel good about this. A plan that does both is a winner. What you give them at this point really isn't going to change their lives. It's a symbol of your character and your respect for your parents. A willingness to contribute and help out is a great thing, Ruth. There are lots of people out there who are twice your age, who still can't seem to grasp these concepts. Way to go!
- Dave

Small Hassle or Big Idea?

Dear Dave,
I own a small business that produces niche products. Lately, we've been getting calls from prospective customers who want to use our products in different ways. How do you advise handling an "outside the box" request?
- Sean

Dear Sean,
Ask yourself three basic questions: Can the product be produced in the needed quantity for a fair price? Will it be something you'll want to hang your reputation

on? Do you really want to do this?

If you answer "yes," additional questions arise. Can the product be used the way they want to use it? Must it be modified, and at what cost? Can you supply it on time?

I know I'm giving you questions, not answers, but in the end, providing a quality, functional product in a timely manner for a fair, profitable price is the key to a small business' success.

An unusual request just might be a great entrepreneurial opportunity. It'll probably take some work, because when great ideas show up they're usually wearing work clothes. But do some research, and make the same basic manufacturing and economic decisions you would with a new item. Remember, this could open up a whole new market for you!
- Dave

Worried About the Agreement

Dear Dave,
I received an offer in writing from a credit card company. It's vaguely written, and it makes me nervous. It sort of leaves a back door open for them to go back on their word. I asked for another letter and they sent it, but now I wonder if I'm really okay in this situation.
- Dale

Dear Dale,
If you've got a document, and the language in it can convince someone in the future that you've both agreed to the specified terms, then that's enough - even if it's just three or four paragraphs long. Staple a cashier's check or money order for the agreed-upon amount to that letter, and send it back certified mail, return receipt requested, as fast as you can. Also, make sure you keep copies of the cashier's check or money order - along with the letter - in a safe place for the rest of your natural life! This is for your own protection, Dale. You never know when something like this will rear its ugly head again. This kind of thing can be a problem with credit card companies. It can be difficult to be certain that you've reached an agreement with them, because lots of them will lie to you in a heartbeat. Some of them lie to my team when we call them, and we don't even owe them money!
- Dave

*Please visit www.davesays.org for more financial advice.

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Oh My Aching Back!

How often does back pain disrupt your life? Dr. Andres Peña will share insights on the cumulative causes of back problems and news on how to find relief. Reservations recommended.

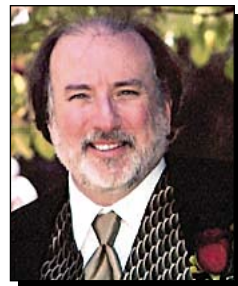
This free class will be held from 10:00 AM - NOON Wednesday, May 6, 2009

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Carmichael Times

Serving Carmichael and Sacramento County since 1981



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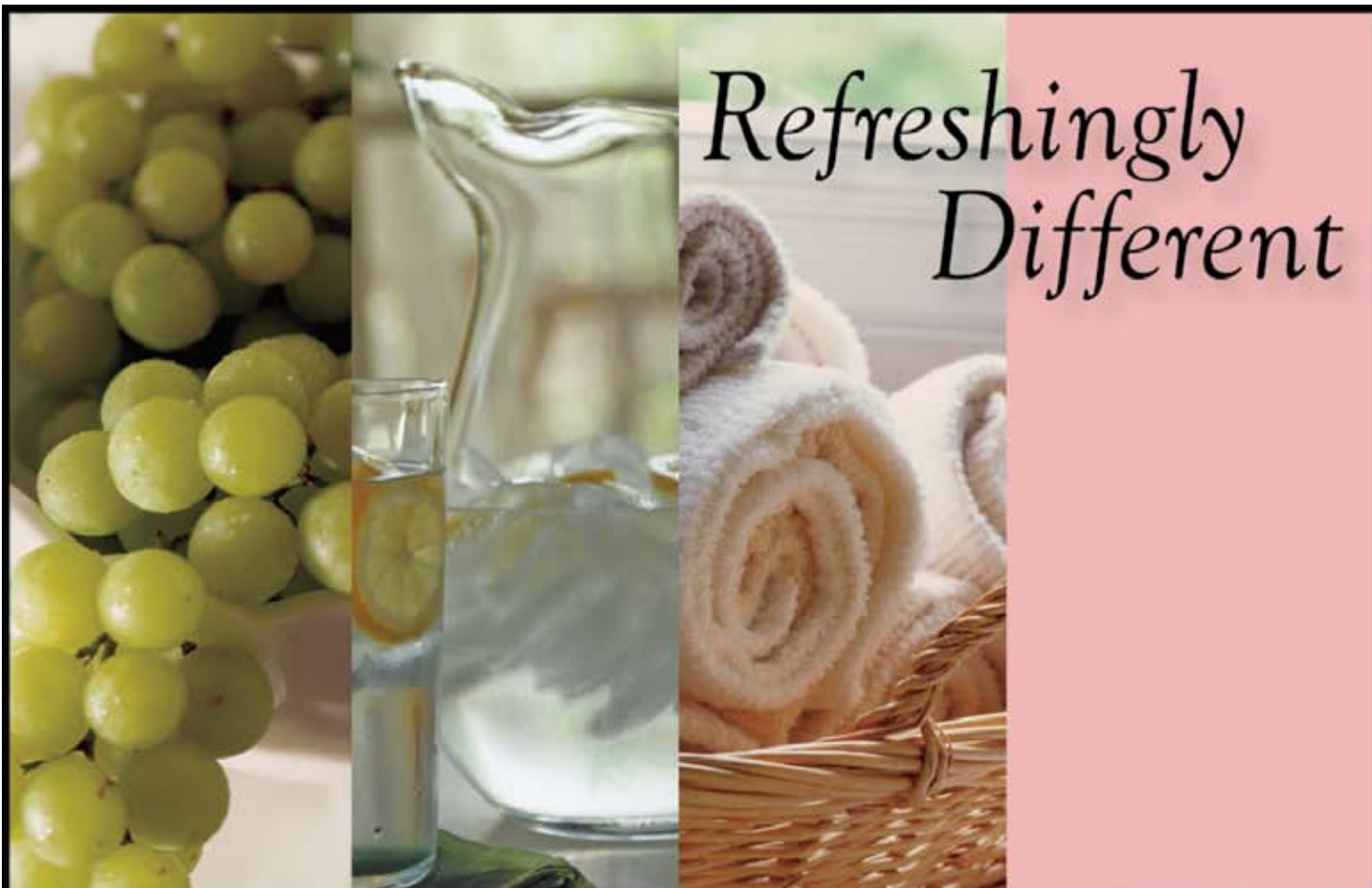
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Got Something To Say... By CM Ricks

What To Do?

It was a beautiful day and the pancakes were flipping out faster than the baseballs were being thrown. Eastern Little League kicked off our summer months with a bang! As the crew devoured pancakes, drank an unknown amount of coffee and juice, the beginning of our fun began.

Watching the parade of baseball players jaunt by, hearing the opening prayer and listening to our National Anthem being sung, I began to wonder just what I was going to do with my kids this season. What does Carmichael and it's surrounding areas have to offer those of us on a fixed income with bored, hot and hungry children? Thus began my search for the hottest spots around.

So I found that a hot dog at the little league game is definitely affordable and these kids really know how to play baseball. An entire Saturday afternoon can be spent at Starr King watching our local ball players, having lunch and a slurpee for less than lunch at McDonalds. There are plenty of beautiful trees to roll out a blanket, have a picnic and maybe even catch a few foul balls.

American River College is getting ready to open Romeo and Juliet at their newly remodeled air conditioned theater. What a great day you can have for close to the

same price of a movie. The arts are an excellent way to spend a day with your children and generally take up an entire afternoon. As your day cools off, top it off at Mission Oaks Park.

I am simply amazed how many people do not know about Effie Yeah Nature Center at Ancil Hoffman Park. Park Rangers are available nearly every day to help you discover a whole new way to experience nature. The best part... It's FREE!! The center is loaded with deer, turkeys, squirrels and an array of trails. The river runs along part of the trail and if you are really blessed, you may see a school of rainbow trout passing by.

One of the most awesome finds I stumbled across in my affordable quest of my "What To Do's" with my children is The Majestic Lounge. The food is unbelievable specializing in a Caribbean cuisine with a touch of American, a touch of French a whole lot of good! We went in to check it out, ordered the strawberry-banana French crepes cooked by a French cook with a beautiful French accent and found ourselves speechless. When I asked to look at the menu again, in awe of what had just occurred on my taste buds, I was so pleasantly surprised by what I saw, I decided to write an article about it! KIDS EAT FREE!!!! They will even make a peanut butter and jelly sandwich! After you take the kids home from your outstanding

dinner, go back on Friday night and see a comedy show with your friends! Yes, 95608er's, I traveled outside of our limits a bit, but not too far.

The Majestic is located at 2355 on Arden Way tucked in to a little corner near Leatherby's.

So, when you are going to plan your day and are wondering what it is you want to do on a beautiful Carmichael summer day, you do not need to go far, nor Mom's and Dad's do you need to save all year for your summer!

Have a Great Time,
CM Ricks

I love children, I have a daughter. This is my way of giving back to the community. I want to help however I can to help families.

Greg Tonoukouin, Owner of The Majestic Lounge

My favorite part of the play of Romeo and Juliet is that I get to be Benvolio, Romeo's best friend. I can bring art to a community that is starving for art.

Maxwell Miller, Student at ARC, Employee of Trader Joes and currently has a part of Benvolio in Romeo and Juliet

I love taking my kids to the games, it's close, free and I can walk!
Julie Lee, Mom of a Little League Player

Legal Clarification Proposed to Protect Passengers from Bird Strikes



Senator Dave Cox

To safeguard the lives of the traveling public from bird strikes at airports, veteran GOP Senator Dave Cox introduced legislation to affirm airport officials' duties to remove wildlife.

"Public safety must come first," said Sen. Cox. "Airport officials must have full and undisputed legal authority to protect the

traveling public from bird strikes."

For years, Sacramento Airport officials have followed federal law which requires them to protect travelers from "bird strikes." Under federal depredation permit, every effort is made to divert wildlife from an airplane's flight path through harassment, trapping or relocation. As a last resort, airport personnel have the authority and responsibility to remove wildlife to protect human lives.

At issue is a claim by officials at the state Department of Fish and Game that state law is silent on whether airport personnel have the approval to remove wildlife that threaten passenger safety.

Specifically, SB 481 clarifies that the taking of wildlife at public airports to protect public safety does not violate state law. It further amends the Fish and Game Code

to codify existing practice based on compliance with federal law. This bill does not expand the authority that any public use airport has under federal law to manage wildlife, including birds, to avoid collisions with aircraft that endanger the public.

According to the Federal Aviation Administration, a total of 128 bird strikes were recorded at Sacramento International Airport in 2005, followed by 117 in 2006 and 113 in 2007.

"Sacramento International Airport has the highest number of bird strikes in the nation according to the FAA. This legislation will allow airport officials to continue to protect lives," Cox concluded.

Senator Dave Cox represents the residents of the First Senate District, which includes all or portions of Alpine, Amador, Calaveras, El Dorado, Lassen, Placer, Plumas, Modoc, Mono, Nevada, Sacramento and Sierra Counties. Contact his office at 916-651-4001, or via email at senator.cox@sen.ca.gov.

Local Students Make the Grade

News from Azusa Pacific University

Azusa, CA - The following students made the spring 2008 academic Deans' List at Azusa Pacific University. They are honored for semester grade-point average of 3.5 or above. These students are joined by 1,475 receiving the same honor.

Adam C. Lofgren is an Antelope, CA resident. Lofgren is a graduate of Wood Creek High School and the son of Mr. and Mrs. Bruce E. Lofgren. Lofgren is an Applied Exercise Science major.

Rebecca J. Melody is a Carmichael, CA resident. Melody is a graduate of Victory Christian School and the daughter of Mr. and Mrs. Michael P. Melody. Melody is a Music major.

Amy C. Snyder is a Citrus Heights, CA resident. Snyder is a graduate of Del Campo High

School and the daughter of Mr. and Mrs. Mark C. Snyder. Snyder is a Business Administration major.

Michelle L. Van Regenmorter is a Carmichael, CA resident. Van Regenmorter is a graduate of Del Campo HS and the daughter Mr. and Mrs. Merlyn J. Van Regenmorter. Van Regenmorter is a Mathematics major.

Shayfer T. Wayne is a Carmichael, CA resident. Wayne is a graduate of Denver Christian High School. Wayne is a Theater Arts major.

Alicia R. Wilson is a Carmichael, CA resident. Wilson is a graduate of Capital Christian High School and the daughter of Mr. and Mrs. Scott A. Wilson. Wilson is a Global Studies major.

Azusa Pacific University is a comprehensive, evangelical, Christian university located 26 miles

northeast of Los Angeles. A leader in the Council for Christian Colleges & Universities, APU is committed to God First and excellence in higher education. Offering more than 60 areas of undergraduate study, 26 master's degree programs, and 7 doctorates to a total student population of more than 8,500 on campus, online, and at seven regional centers across Southern California, APU has been recognized as one of U.S. News' Best Colleges for six years running and by Princeton Review as one of the Best in the West. APU graduates are known for professional excellence, the highest ethical standards, and their desire to make a difference in the world.

For more information contact:
Allison Oster

From TV to Twitter & Beyond: Boomers Speak Out

On April 28th from 12:00pm to 1:30pm in the Hinde Auditorium (University Union, 1st Floor), the Sacramento State Gerontology Program will host "From TV to Twitter & Beyond: Boomers Speak Out." This event will include an informative presentation by Will Tift from the Area Four Agency on Aging, as well as a discussion with a panel of baby boomers.

This event is free and open to the public, so all interested faculty, staff, students, and community members are welcome to attend.

Please announce this event in your classes, and/or post and distribute the flyer around your office as you see fit. You are also encouraged to forward this email to any listserves, distribution lists, or individuals you feel might be interested.

We will have a registration table at the event. We can arrange to help instructors keep track of students in attendance for extra credit.

Thank you for helping us spread the word about this exciting event! If you have any questions, please contact my Administrative Assistant, Laurel Sunderman, at (916) 278-7163 or Sunderman@csus.edu.

David Bromstad, Star of HGTV's Color Splash to Appear at Emigh Hardware

David Bromstad, star of HGTV's "Color Splash", will be making an appearance at Emigh Hardware in Sacramento on April 25th. David, who achieved stardom when he won HGTV Design Star, is the national spokesman for Mythic Paint - the highest performing, zero-VOC, zero-toxin paint available.

David, who has a passion for painting, chose to become Mythic Paint's spokesman based on his experience and love of paint hues, and because the paint is the only high performance, zero-voc paint that is available in unlimited color options. "I don't want to sacrifice my health or the health of the planet because of my passion for painting," said David. "As a designer I want the most durable and premium paints in the most luscious colors available. Thanks to Mythic, I don't have to sacrifice anything."

The star will be offering a free home design color class, and will unveil his brand new line of colors exclusively for Mythic Paint, to fans who come to the Emigh Hardware store. The classes, which are open to any one, will be held on Saturday April 25th from 11am until 3pm. The activities will culminate in a free raffle to win a

unique piece of David Bromstad's artwork that he will paint at the event.

Emigh Hardware, a fourth generation, family owned and operated hardware store is Sacramento's exclusive distributor of Mythic Paint. Emigh, operating since 1908, carries an extensive range of hardware products, including paint, gardening equipment, plumbing and electrical supplies, home handyman tools, housewares and plants. Emigh Hardware also owns Emigh's Casual Living Center - featuring all of the top names in outdoor and patio furniture.

"We're extremely excited to have David Bromstad appear at our store," stated Rich Lawrence, President of Emigh Hardware. "We'd like our customers to learn more about this exceptional paint, as it not only performs extremely well, it's simply the strongest, safest and smartest choice in paint for you and the people you care most about."

The Emigh Hardware store is located at 3555 El Camino, just one block east of Watt.

Splash Into Summer at Swanston Park

2350 Northrop Ave, Sacramento 95825
Saturday, May 16, 2009
10:00 a.m. to 2:00 p.m.

Be here as we turn on the water in our Spray Ground, for the beginning of another fun summer! The event will also include...

- Health and Wellness Faire, promoting healthy children through physical activity and healthy nutrition.
- Interactive booths and games!
- Live Entertainment!

- Free BBQ!
- Bounce House!

This event is free and all community members, family and friends are welcome!

For more information visit our website at www.morpd.com or call (916) 333-6464. In partnership with the Sacramento County Childhood Obesity Prevention Coalition.

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PETS & PEOPLE

For The Love Of Dog: Proving Devotion Through Doggy's Diet



Rachael Ray shows her dog Isaboo love by feeding her a healthy and delicious doggy diet.

(NAPSA) - Between the faithful morning paper runs and the endless affection, many dog owners wonder how to return the favor to their furry friends.

Here's some food for thought: The most effective way to forge a trusting connection with your dog is through his stomach. Because your pooch is hardwired to develop loyalty to the hand that feeds him, it's important to put only the best, most nutritious foods on your pup's plate. While some dog owners are concerned that a gourmet upgrade to Fido's feast might be complicated, there are several easy ways to pledge your puppy love and ensure your dog maintains the highest-quality diet. Try these tips:

Shop Smart

When shopping for dog food, the most important ingredient to look out for is high-quality meat. You can find it in foods like Rachael Ray Nutrish premium dog food

from Food Network star Rachael Ray. Inspired by Ray's own beloved furry friend, Isaboo, the food's first ingredient is real meat. It's available in chicken & veggies and beef & brown rice varieties. With no by-products, artificial flavors or preservatives, your dog gets his fill of vitamins, protein and other vital nutrients. The brand also offers tasty treats like Isaboo Booscotti and Isaboo Grill Bites, which come in a variety of flavors. Additionally, 100 percent of Rachael's proceeds from the sales of the dog food and treats go to Rachael's Rescue, which supports pet charities and causes (www.nutrishforpets.com).

Healthful Snacks

Aside from the standard two meals a day to keep your dog healthy and fortified, it is important to keep a stash of tasty treats to reward good behavior, as well as encourage some new tricks. In moderation, providing

scrumptious snacks (along with ample verbal praise) is a surefire way to solidify a loving bond with your dog.

Table Manners

While most humans can't resist those big puppy eyes staring longingly at the table, the worst habit a dog can develop is begging for table scraps. Bad manners aside, regular consumption of human leftovers could result in obesity and poor nutrition. For optimal canine care, it's best to stick to a well-formulated dog food that offers essential dog-specific nutrients.

Portion Control

Like people, dogs can overeat and become obese. Talk with your dog's veterinarian about portion sizes and check the side of the dog food bag to see how much food Fido should have each day. Guidelines are usually based on the weight of the dog.



Prom: To ask or not to ask

by Lauren Forcella

Dear Straight Talk: There's this guy from another school that I want to ask to prom. Some of my girlfriends say it's okay for the girl to ask, others say to always wait for the guy to ask. But how can he ask me when the prom is at my school? The problem is, I don't know if he likes me and if he rejects me I'll be so humiliated I probably won't go at all, even though, as it stands, I could go with friends without a date. What should I do? Please respond quickly, prom is around the corner. — "Tandi", Auburn CA

Liva, 20, Hudson NY: It's silly to ditch prom just because the guy says no. I prefer guys to ask, however, I once left a note on a guy's car (after plotting for weeks) and was gently rejected. I ended up going with friends and had an awesome time. Senior year I also asked a guy, but he was one of my best friends and neither of us had dates. It was the perfect prom.

Michael, 17, Fair Oaks CA: A girl from a different school asked me by delivering a pizza-sized cookie with "Prom?" written across it.

Emily, 16, Sacramento CA: This day and age, there are no rules. Especially since he goes to another

school, ask him. If he does reject you (especially in a way that makes you give up on prom), then good, he wasn't a nice guy to begin with. In that case, go anyway. A new relationship may start to bud.

Diana, 15, Folsom CA: Waiting for guys to come through can drive us crazy! The worst that can happen is he says no and you know he wasn't as worthwhile as you thought.

Rachel, 17, Fair Oaks CA: This isn't the olden days! A girl has the same right to ask as the guy! But don't feel dependent on a date. If he turns out to be a jerk, take a friend. Prom is meant to be fun, so make it fun!

Dear "Tandi": Ouch, I hear some male bashing. A 'no' answer doesn't make a guy "not nice", "unworthy" or a "jerk". He's just not feeling it. It's fair game to ask a guy out, but it's not fair to bash him or blame him for your misery if he says no. Keep reading for a male perspective. Additional comments are on the website.

Lennon, 22, Fair Oaks CA: Does he even know you like him? Girls are so flirty these days a guy can't tell if a girl genuinely likes him or if she's just flirting for the sake of flirting. Girls control the dating world this

way, so they might as well be the ones asking. But if you want him to ask you, think of an obvious hint, then triple its obviousness.

Jack, 17, Auburn CA: If there's no chemistry and you are just hoping, you should be okay with a 'no' because you are crossing the line with assumptions. Nobody, male or female, should have high expectations without mutual chemistry. Since this guy is from another school, you have little to lose in asking, but if he's at your own school, lack of chemistry will make it awkward and guys might joke about it.

Most of the time, if a guy likes a girl, he will ask her. But if a guy and girl have energy between them, and the guy doesn't man-up and ask, then it's okay for the girl to ask. But wait until it's down to the wire because he might have an interesting way he's planning to ask you. A friend took his hoped-for date on a run by the river where he had written in chalk "Prom?" in huge letters on a slab of concrete.

To ask a question or be a panelist, write us at www.straighttalkforteens.com or P.O. Box 963, Fair Oaks, CA 95628.

Air Force Association Honors Scholarship Awardees

Air Force Association, Sacramento Chapter 116 will hold its Annual Awards Banquet on Thursday, April 30th at the Lions Gate Hotel, McClellan Park at 6:00 p.m.

Join emcee Sacramento Sheriff, John McGinness, honoring scholarship awardees, Sacramento Teacher of the Year and Airmen of the Year from the California Air National Guard, Beale AFB, Travis AFB, the Air Force Reserve, and the US Coast Guard. Over \$22,000 in scholarships will be awarded to top achievers from university and high schools in the Sacramento region. Dr. Brice Harris, Chancellor of the Rio Consumnes Community Colleges, will speak on, "Contributions of Community Colleges to higher education in California."

Scholarships for students will be presented ranging from \$1,000 to \$5,000. This will be the fifth consecutive year that Chapter 116 has awarded in excess of \$20,000 in scholarships.

The 2009 Scholarship winners are: Alexander A. Jellich, Casa Roble High School; Roger S. Huddle, Pomona College; Pauline K. Stewart, Rio Americano High School; Tanner L. Stevenson, Bella Vista High School; Dawson H. Young, Forest Lake Christian School, Auburn; Monica K. Sing, Mira Loma High School; Michael

J. Lau, McClatchy High School; Marcus A. Jackson, Sheldon High School, Elk Grove; Ariel G. Hawkins, Vanden High School, Fairfield; Tyler N. Hanrion, CSUS, Chelsea E. Azarcon, Independent Study Student; Paul J. Simas, Cal Poly, San Luis Obispo.

For more information contact Joe Battaglia (916) 638-8547, cell (916) 747-7321 or see the website information at www.afa-sacto.org. Registration forms on the website can be mailed to Chapter 116, P.O. Box 2326, Citrus Heights, CA 95610.



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Geranium Fest Launches Centenary Bloom, April 25

Heralding summer celebrations to mark Carmichael's 100th year, a new geranium described as "beautiful and tough as nails" will be introduced to gardeners on April 25. Among hundreds of other varieties, the Carmichael Geranium Society will offer the new bloom at its annual show in Carmichael Park.

Beautiful and tough as nails," the white flowering dwarf geranium will thrive in patio pots. Picture, Donn Reiners.

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COST is \$10 PER PARENT (due by April 19th;
scholarships are available for those currently experiencing financial difficulties)



High Speed Motorcyclist Crashes And Kills Man On Bench

On April 16, 2009 at approximately 7:41 p.m., a CHP Officer observed a 2007 black Kawasaki motorcycle traveling westbound on Madison Avenue at College Oak Drive at a high rate of speed. The Officer entered westbound Madison Avenue and caught up to the motorcyclist at Hillsdale Boulevard. The Officer ran the motorcycle plate on his mobile digital computer and activated his forward red emergency lights to initiate a traffic stop. The motorcyclist began to yield to the right curb then accelerated at a high rate of speed. The motorcyclist passed several vehicles on the right at a high rate of speed and then ran a red light at Madison Avenue and Jackson Street. A Sacramento County Sheriff deputy was traveling eastbound Madison

Avenue in the left turn lane and was beginning to turn northbound onto Jackson Street on a green light. As the motorcyclist ran the red light at Madison Avenue and Jackson Street he failed to see the Deputy and the motorcycle struck the left front of the Sacramento County Sheriff's patrol vehicle. The motorcycle continued out of control for approximately 200+ feet where it struck a bus stop bench, completely destroying it. Thomas Kimble, a 56 year old from Sacramento was seated on the bench when it was struck and he was thrown to the ground and sustained fatal injuries. The motorcyclist was ejected from the motorcycle and traveled in a westerly direction for approximately 250 feet through a parking lot and over

a grass area before coming to rest in a business driveway. The motorcyclist was transported to Mercy San Juan Medical Hospital with serious injuries. The Sacramento County Sheriff Deputy did not sustain any injuries. CHP Valley Division MAIT (Multi Disciplinary Accident Investigation Team) responded to the scene and is handling the collision investigation. The motorcyclist is a 17 year old male from Fair Oaks. He has been admitted to Mercy San Juan Hospital with major injuries but none that are life threatening. He was wearing a helmet at the time of the collision. The motorcyclist is being charged with Felony Gross Vehicular manslaughter, Felony Evading, and driving without a license. This collision is still under investigation.

KING Crossword

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ACROSS

- 1 Audacious
- 5 See 6-Down
- 9 Waste no time
- 12 Hebrew month
- 13 Brewery creations
- 14 Peculiar
- 15 Breakfast spuds
- 17 "Family Guy" daughter
- 18 Tire patterns
- 19 Adversary
- 21 Mother
- 22 Ask (for), as a loan
- 24 Wan
- 27 Occupation
- 28 Shakespeare sobriquet
- 31 Writer
- 32 Parisian pal
- 33 Stickum
- 34 Dalai —
- 36 "Of course"
- 37 Mile fractions
- 38 Go in
- 40 Greeting
- 41 Fibula neighbor
- 43 Aromatic resin
- 47 Perp. to vert.
- 48 Base
- 51 runner's goal
- 52 Lamb's dam
- 53 Unyielding
- 54 Gullet
- 55 Right on the map?
- 56 Knight's backup
- 3 Weak, as an excuse
- 4 So-o-o-o handsome
- 5 Monkey —
- 6 With 5-Across, "open sesame" man
- 7 Spelldown
- 8 No liability
- 9 Web site intro
- 10 The same (Lat.)
- 11 Provocative
- 16 Food safety org.
- 20 Gist
- 22 Marge's hubby
- 23 Sacred Egyptian bird
- 24 Every crumb
- 25 Vast expanse
- 26 Domestic beer?
- 27 Davidson of "The Crying Game"
- 29 Fish eggs
- 30 Speck
- 35 Blackbird
- 37 Embellishment
- 39 U.S. resort lake
- 40 Chance
- 41 Yon folks
- 42 "The Music Man" locale
- 43 Sash
- 44 Rani's wrapper
- 45 Covering
- 46 Clothing store
- 49 — pro nobis
- 50 More, to Manuel

DOWN

- 1 Thai money
- 2 Bloodhound's clue

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CHAUTAUQUA PLAYHOUSE

Now Playing
Tartuffe
through May 3



Rodger Hoopman, Richanne Baldrige
Photo Credit: Warren Harrison

Chautauqua Playhouse announces the opening of TARTUFFE by Jean Baptiste Moliere, adapted by Bill Trzeciak, opening April 3rd, at the Playhouse. The show will run on Fridays and Saturdays at 8:00pm and Sundays at 2:00 pm through May 3rd. All performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$17 general and \$15 students, seniors, children and SARTA members.

This is a sparkling original version of one of the great comedies of the French theatre! Into the home of the wealthy Orgon comes Tartuffe, a fraud and pious impostor who succeeds magnificently in winning the respect and devotion of the head of the house. Will Tartuffe's duplicity be exposed? Will Orgon come to his senses? A delightfully funny and pointed farce!

For tickets and additional information call the theatre at (916) 489-7529(PLAY) Information and tickets are also available through the Chautauqua Playhouse website: www.cplayhouse.com

The production is directed and designed by Robin Henson and features Rodger Hoopman, Richanne Baldrige, Michael Beckett and many others. Costumes are by Sayuri Nina Pinckard.

CHAUTAUQUA PLAYHOUSE

5325 ENGLE ROAD, CARMICHAEL, CA 95608 (916) 489-7529

A Non-Profit Organization

Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Answers on Page 6

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FICTITIOUS BUSINESS NAME STATEMENT #0902749. Mortgage Source Direct, L.L.C., 55 Bend Creek Road, Atlanta, GA 30338 is doing business under the Fictitious Business Name "Residential Mortgage Source Direct, L.L.C. at 5545 Bend Creek Road, Atlanta, GA 30338. Filed with the Clerk of Sacramento County on March 19, 2009. Publish: March 31, April 7, 14, 21, 2009. CORP20 90305 4-21-09

FICTITIOUS BUSINESS NAME STATEMENT #0902793. The Grace Foundation of Northern California, 5800 Latigo Lane, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Names "The Grace Foundation of Northern California; The Grace Foundation" at 5800 Latigo Lane, El Dorado Hills, CA 95762. Filed with the Clerk of Sacramento County on March 18, 2009. Publish: March 31, April 7, 14, 21, 2009. THEGRA 90305 4-21-09

FICTITIOUS BUSINESS NAME STATEMENT #0902671. The Family Drewis, Inc., 203 Westbury Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name "Strings Pizzeria" at 9500 Micron Ave. #128, Sacramento, CA 95827. Filed with the Clerk of Sacramento County on March 26, 2009. Publish: March 31, April 7, 14, 21, 2009. STRING 90305 4-21-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00038153-CU-PT-GDS WHEREAS, Ivana Fedor and Mark Fedor have filed a petition in this court for a decree changing name of Kaila Min Fedor to Mina Na-Rae Fedor. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 5, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 19, 2009. Shelleyanne W.L. Chang Judge of the Superior Court. Publish: March 31, April 7, 14, 21, 2009. FEDOR 90305 4-21-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00038113-CU-PT-GDS

WHEREAS, Patricia Skelton has filed a petition in this court for a decree changing name of Margarita Ann Barragan to Margarita Ann Skelton. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 29, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 18, 2009. Loren E. McMaster Judge of the Superior Court. Publish: March 31, April 7, 14, 21, 2009. SKELTO 90305 4-21-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00038016-CU-PT-GDS WHEREAS, Edith Adele Ryan has filed a petition in this court for a decree changing name of Edith Adele Ryan to Edie A. Ryan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 29, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 18, 2009. Shelleyanne W.L. Chang Judge of the Superior Court. Publish: March 31, April 7, 14, 21, 2009. RYAN 90305 4-21-09

NOTICE OF TRUSTEE'S SALE TS No. 08-0118730 Title Order No. 08-8-482673 APN No. 245-0190-071-0000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 06/26/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONTRUST COMPANY, as duly appointed trustee pursuant to the Deed of Trust executed by THEODORE JULIAN HOLT, AN UNMARRIED MAN, dated 06/26/2006 and recorded 07/03/06, as Instrument

No. in Book 20060703, Page 0376), of Official Records in the office of the County Recorder of Sacramento County, State of California, will sell on 05/04/2009 at 11:00AM. At the main entrance to the County Courthouse, 720 9th Street, Sacramento at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 6109 FOUNTAINDALE WAY, CARMICHAEL, CA, 956081791. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$452,963.69. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. If required by the provisions of section 2923.5 of the California Civil Code, the declaration from the mortgagee, beneficiary or authorized agent is attached to the Notice of Trustee's Sale duly recorded with the appropriate County Recorder's Office. DATED: 04/07/2009 RECONTRUST COMPANY 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone/Sale Information: (800) 281 8219 By: Trustee's Sale Officer RECONTRUST COMPANY is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. FEI # 1006.460614/07, 4/14, 4/21/2009 Publish: April 7, 14, 21, 2009. FEI 90401 4-21-09

FICTITIOUS BUSINESS NAME STATEMENT #0903352. Bobby D. Gregg, Jr., 6551 24th St., Rio Linda, CA 95673 and Gerald S. Sandoval, 5110 Ruscal Way, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name "Downtown Dogs" at corner of 10th & 'H' St., Sacramento, CA 95814. Filed with the Clerk of Sacramento County on April 7, 2009. Publish: April 14, 21, 28, May 5, 2009. DOWNTO 90402 5-5-09

FICTITIOUS BUSINESS NAME STATEMENT #0903273. Arthur L. Katz and Don T. Standage, both of 4225 Hill St., Fair Oaks, CA 95628 are doing business under the Fictitious Business Name "Katz Rentals" at 25 Cadillac D4, #240, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on April 3, 2009. Publish: April 14, 21, 28, May 5, 2009. KATZRE 90402 5-5-09

FICTITIOUS BUSINESS NAME STATEMENT #0903498. Duane Casebolt, 8007 Creekrfront Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Pure Water Pools" at 8007 Creekrfront Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on April 10, 2009. Publish: April 21, 28, May 5, 12, 2009. PUREWA 90403 5-12-09

FICTITIOUS BUSINESS NAME STATEMENT #0903142. Teresa Coleman, 1620 53rd St., Sacramento, CA 95819 is doing business under the Fictitious Business Name "Capital City Transaction Coordination" at 1620 53rd St., Sacramento, CA 95819. Filed with the Clerk of Sacramento County on April 1, 2009. Publish: April 21, 28, May 5, 12, 2009. CAPCIT 90403 5-12-09

FICTITIOUS BUSINESS NAME STATEMENT #0903043. Abdelnasser Hamed, 8319 Piper Glen Way, Antelope, CA 95843 is doing business under the Fictitious Business Name "Computers 'N' Support Services" at 8319 Piper Glen Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on March 27, 2009. Publish: April 7, 14, 21, 28, 2009. COMPUT 90401 4-28-09

FICTITIOUS BUSINESS NAME STATEMENT #0902412. Andrey Voronenuo, 6121 16th St., Rio Linda, CA 95673 is doing business under the Fictitious Business Name "AV's Cabinets Design" at 6121 16th St., Rio Linda, CA 95673. Filed with the Clerk of Sacramento County on March 11, 2009. Publish: April 7, 14, 21, 28, 2009. AVSCAB 90401 4-28-09

FICTITIOUS BUSINESS NAME STATEMENT #0903352. Bobby D. Gregg, Jr., 6551 24th St., Rio Linda, CA 95673 and Gerald S. Sandoval, 5110 Ruscal Way, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name "Katz Rentals" at 25 Cadillac D4, #240, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on April 3, 2009. Publish: April 14, 21, 28, May 5, 2009. KATZRE 90402 5-5-09

FICTITIOUS BUSINESS NAME STATEMENT #0903273. Arthur L. Katz and Don T. Standage, both of 4225 Hill St., Fair Oaks, CA 95628 are doing business under the Fictitious Business Name "Katz Rentals" at 25 Cadillac D4, #240, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on April 3, 2009. Publish: April 14, 21, 28, May 5, 2009. KATZRE 90402 5-5-09

FICTITIOUS BUSINESS NAME STATEMENT #0903498. Duane Casebolt, 8007 Creekrfront Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Pure Water Pools" at 8007 Creekrfront Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on April 10, 2009. Publish: April 21, 28, May 5, 12, 2009. PUREWA 90403 5-12-09

FICTITIOUS BUSINESS NAME STATEMENT #0903142. Teresa Coleman, 1620 53rd St., Sacramento, CA 95819 is doing business under the Fictitious Business Name "Capital City Transaction Coordination" at 1620 53rd St., Sacramento, CA 95819. Filed with the Clerk of Sacramento County on April 1, 2009. Publish: April 21, 28, May 5, 12, 2009. CAPCIT 90403 5-12-09

FICTITIOUS BUSINESS NAME STATEMENT #0903218.

Mitchell L. Hoffelt, 3841 Dotty St., Carmichael, CA 95608 and Anna Sullivan, 6920 Fair Oaks Blvd. #105, Carmichael, CA 95608 are doing business under the Fictitious Business Name "B&H Holdings" at 6920 Fair Oaks Blvd. #208, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on April 3, 2009. Publish: April 21, 28, May 5, 12, 2009. B&HHOL 90403 5-12-09

FICTITIOUS BUSINESS NAME STATEMENT #0903665. Horizon Nonprofit Collective, 3600 Power Inn Rd., Sacramento, CA 95826 is doing business under the Fictitious Business Name "Horizon Collective" at 3600 Power Inn Rd., Sacramento, CA 95826. Filed with the Clerk of Sacramento County on April 15, 2009. Publish: April 21, 28, May 5, 12, 2009. HORIZO 90403 5-12-09

FICTITIOUS BUSINESS NAME STATEMENT #0902633. Rita Matthews Foster, 7449 Minnesota Dr., Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "KM Dance Arts Studio" at 6104 San Juan Ave., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on March 17, 2009. Publish: April 21, 28, May 5, 12, 2009. KMDANC 90403 5-12-09

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #0707189 The following person has abandoned the use of the FICTITIOUS BUSINESS NAME of RWR Electronics, located at 5073 7th Ave., Sacramento, CA 95820. Wade Tai, 5073 7th Ave., Sacramento, CA 95820. The Fictitious Business Name Statement was filed on June 22, 2007 in the County of Sacramento. Filed with the Clerk of Sacramento County on March 26, 2009. Publish: April 21, 28, May 5, 12, 2009. RWRELE 90403 5-12-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00039529-CU-PT-GDS WHEREAS, Mae Phoo Saechao has filed a petition in this court for a decree changing name of Mae Phoo Saechao to Cindy Mae Saechao. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on May 21, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael

Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 14, 2009. Loren E. McMaster Judge of the Superior Court. Publish: April 21, 28, May 5, 12, 2009. SAECHEA 90403 5-12-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00040322-CU-PT-GDS WHEREAS, Ross Patrick

Woodard has filed a petition in this court for a decree changing name of Ross Patrick Woodard to Ross Patrick Stein. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 20, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the

date set for hearing on the petition. Dated: April 8, 2009. Shelleyanne W.L. Chang Judge of the Superior Court. Publish: April 21, 28, May 5, 12, 2009. WOODAR 90403 5-12-09



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Shakespeare's "Romeo & Juliet" Opens April 24 at American River College Theatre

Here's much to do with hate, but more with love!— "Romeo & Juliet," William Shakespeare

Community college students "Romeo and Juliet," one of the world's great tragic love stories, will open at American River College April 24. The show, one of Shakespeare's early tragedies, is known for its "star-crossed" lovers and feuding families. With its thrilling broadsword fights, inspiring moments of friendship and love, and luscious sets and costumes, this production is ideal for Shakespeare fans both new and old. It will run at the American River College Theatre for two weeks only, closing Sunday, May 3rd.



Isaac Williams is Romeo and Cozette Roberts is Juliet in American River College Theatre's stirring production of Shakespeare's "Romeo and Juliet."

Usually set in the city-state of Verona during the Italian Renaissance, ARC's production of this classic play will instead be set in the Spanish city of Cordoba during the 11th century. This was time and place when Muslims, Christians and Jews lived together in relative harmony under the enlightened rule of the Moorish Emirs. In

the next hundred years this peace would be broken and the Jews and Muslims would eventually be forced from the country. Parts of our modern world are divided by cultural and religious hatred not unlike the family feuds that were common in Shakespeare's times. Director Pamela Downs thought that it would be interesting to set the

production in a time and place that offered an exotic stage for the exploration of prejudice. With the exception of a small amount of trimming, none of Shakespeare's text was changed for the production.

All performances of "Romeo and Juliet" will be at the American River College Theatre, 4700 College Oak Drive. Weekend parking is free in Lot "D" at the corner of College Oak and Myrtle, adjacent to the theatre. Weeknight parking is \$1. Ticket prices are \$12/general, \$10/student/senior/sarta. Group rates (for groups of 15 or more) are available.

For tickets and information, call the ARC Box Office at (916) 484-8234 or the ARC Arts Office at 484-8433.

"Romeo and Juliet" performance days and times are as follows:

Fridays & Saturdays, April 24, 25 & May 1, 2 at 8pm
Sundays, April 26 & May 3 at 2pm
Wednesday, April 29 at 12:30pm
Thursday, April 30 at 6:30pm

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PUBLIC NOTICE

SMUD Invites Public Input on Proposed Rate Increase

SMUD is holding two public workshops and a public hearing with customers to discuss the need for a proposed electric rate increase.

Despite aggressive in-house cost containment in all discretionary areas, a 9.5 percent rate increase is proposed to go into effect September 1, 2009 after the summer peak-use period is over. A second 3.5 percent rate increase would go into effect January 2011.

The economic recession has impacted electricity revenues and turmoil in the credit markets has caused borrowing costs to rise and interest earnings to decline. Additional factors are adversely affecting SMUD's budget and have contributed to the need for a rate increase including:

- higher gas costs associated with contracts executed in 2008 and a reduction in hydro power from the Western Area Power Administration as the result of the three year drought
- the rising cost of required renewable energy contracts
- an aging energy infrastructure needing upgrades to ensure continued reliability and meet new federal grid security and reliability requirements

Even with the proposed rate increase SMUD rates remain among the lowest in California and would be approximately 23 percent below PG&E.

Public Workshops

Thursday, April 23, 6 p.m.
Wednesday, May 13, 9 a.m.

Public Hearing

Thursday, June 4, 6 p.m.

All three meetings will be held at SMUD Headquarters, 6201 S Street, Sacramento, CA 95817

Information on the proposed rate increase, a copy of the General Manager's Report and Recommendations and the schedule of additional meetings can be found on smud.org. Copies of the report are also available at all Sacramento County Public Libraries.

Accommodations are available for disabled individuals. If you need a hearing assistance device or other aid, or have specific rate questions, contact Rob Landon, SMUD Rates Administrator at (916) 732-6222. Written comments should be sent to him at rates@smud.org or MS A451, SMUD, P.O. Box 15830, Sacramento, CA 95852-1830.



THE 60TH ANNUAL 2009 Spring Fest Celebration

MAY 2 - 3

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Information www.fairoakschamber.com (916) 967-2903

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Saturday
May 2nd 10:00 a.m.
PARADE

Sunday May 3rd
Car Show
9:00 a.m. - 3:00 p.m.

Sunday May 3rd
Sun Run
Registration at 7:00 a.m.
Race begins at 8:30 a.m.



Sponsored By The Fair Oaks Chamber Of Commerce and the Fair Oaks Recreation & Park Districts

If you or your organization is interested in participating, applications are available at the Fair Oaks Chamber Office, 10224 Fair Oaks Blvd, or by calling 967-2903.

Celebrate Carmichael's Founders Day
Saturday, September 26th, 2009
To Volunteer or become a Vendor,
call the Chamber of Commerce at 481-1002