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#### Volume 29 Issue 12

### www.CarmichaelTimes.com

March 24, 2009

## SACOG Authorizes \$76 Million in Stimulus Funds for Transit and Roads

Commuter buses, Railyards Track Relocation, Street Improvements Among Projects Funded

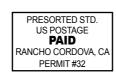


The Sacramento Area Council of Governments (SACOG) Board of Directors have authorized \$76 million for transportation projects in Sacramento, Sutter, Yolo and Yuba counties. This is in addition to \$32 million authorized in February for road rehabilitation. The amounts are based on the region's estimate of funds from the American Recovery and Reinvestment Act signed by President Obama in February. The decision includes some transit funding for Placer and El Dorado counties. SACOG has been working with Senators Boxer and Feinstein, and Congressmembers Herger, Lungren, Matsui, McClintock, Tauscher and Thompson to ensure that these funds come to the region. "Infrastructure funding needs to begin immediately if the Sacramento region is to realize economic

recovery. Through the leadership of SACOG, our communities will begin to see much needed infrastructure improvementsandjobgrowth.SACOG is helping to move forward projects that I believe will contribute to the health of our regional economy," said Congressman Dan Lungren.

Projects receiving funding range from trail track relocation at the downtown Sacramento Railyards; making local streets safe and accessible for pedestrians, bicyclists, drivers and transit; replacing and adding new buses, and maintaining existing buses and light rail. A full list of projects authorized today by the SACOG Board of Directors follows below.

SACOG anticipates at least \$120 million for the six-county region, but the total amount the region will receive for transportation from the



American Recovery & Reinvestment Act is not yet known. The state of California, through Caltrans, will control some of the funds. The U.S. Department of Transportation and Caltrans have not specified the exact amount that the region will receive, although based on past formulas, SACOG is anticipating a total of approximately\$72millioninroadfunds and \$37.8 million in transit funds.

Transportation projects must be ready to send out to bid (obligated) by May 29. Transit projects must be ready to send out to bid by August 29.

Some of the projects authorized for American Recovery and Reinvestment Act Funds by SACOG Board:

City of Citrus Heights - Greenback Lane pedestrian safety project, \$1,500,000

City of Sacramento - Downtown Railyards (Intermodal) track relocation, \$20,000,000 Sacramento County-Replace two 30' commuter buses, \$228,007 Sacramento County-ADA Transition Plan implementation, \$3,000,000 Sacramento County-Traffic signal system upgrade, \$3,150,000 Sacramento Metropolitan Air Quality Management District-Bicycle parking (racks), \$310,000

Sacramento Regional Transit District (SRTD)-Preventative maintenance, \$946,296

For more information visit www.sacog.org/stimulus.

SACOG coordinates transportation planning, funding and project delivery for Sacramento, El Dorado, Placer, Yolo, Sutter and Yuba counties and the cities within them. For funds distributed through Caltrans, Placer and El Dorado counties make their own funding decisions. SACOG also engages elected officials in land use and other regional issues.

### DMV's Online Calculator Will Determine New Vehicle License Fee Due on Vehicle Registration Renewals

Sacramento – In an effort to help California motorists find out how the increased Vehicle License Fee (VLF) will affect the registration renewal for their vehicles, DMV will modify the online fee calculator to reflect the increase, which will take effect on May 19, 2009.

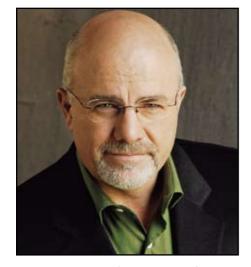
All vehicles with a registration renewal date of May 19 and thereafter will be affected by the increase from 0.65% to 1.15% of the value of the vehicle. The calculator will be modified to reflect the change 60 days prior to the increase. The department will also mail registration renewal forms to customers approximately 60 days in advance of the renewal date.

The online fee calculator increases customer convenience and saves time making it a popular feature available at www.dmv.ca.gov. It allows customers to compute not only the new VLF, but all other fees due for vehicle registration renewals and used vehicle purchases as well as fees due on new and out of state vehicle registrations.

The calculator is also user friendly. Vehicle owners need only to provide the license plate and vehicle identification numbers, county of registration, and zip code. The calculator will then display the amount of fees due to DMV, along with any penalties, transfer costs and use tax if applicable.

The VLF was established in 1935. The funds collected are directed to local government and the General Fund for use by local government and public safety programs. The VLF portion of the registration is tax deductible for those itemizing deductions in state and federal income tax returns. As prescribed by Section 10752 of the Revenue and Taxation Code, the VLF is based on the market value of the vehicle as determined by DMV. In the case of a new vehicle, the VLF is based by the purchase price of the vehicle on the date of purchase.

Dave Says



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers – The Total Money Makeover, Financial Peace Revisited and More Than Enough. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Ramsey offers life-changing financial advice as host of a nationally syndicated radio program, "The Dave Ramsey Show,"

which is heard by nearly four million listeners each week on more than 350 radio stations throughout the United States. His syndicated column, "Dave Says," can be read in more than 270 print and online publications worldwide.

Ramsey earned his Bachelor of Science degree in Finance and Real Estate from the University of Tennessee. A frequent speaker around the country at large-scale live events, Ramsey is a passionate and inspiring presenter who is at ease on both sides of the mic. More than 500,000 people have attended Ramsey's live events. He resides with his wife, Sharon, and their three children, Denise, Rachel, and Daniel, in Nashville, Tennessee.

#### Heading For An Emergency Dear Dave,

My husband has Hepatitis C, and at this point his only option is a liver transplant within the next two years. We make about \$70,000 a year, but we also have \$25,000 in debt. He's still able to work right now, and we have health insurance, but how should we begin preparing for the operation and medical bills? - Nikki

Dear Nikki,

God bless you guys. This is going to be really tough. You're going to face a lengthy loss of income, and sky-high medical bills even if everything goes well. I'm really sorry you have to go through this. Life can be hard enough without major health issues knocking you over.

The good news is that there's something you can do about all this, and it all starts with saving. First, set aside an emergency fund of three to six months of expenses as quickly as you can. In your case, I'd recommend leaning toward the six month side, because you'll be facing a real emergency pretty soon. Second, you guys need to have no life for the next year or two, and get very serious about paying off as much debt as possible after you get your emergency fund in place. I'm talking about following a very strict budget, and living on rice and beans. Bottom line? The less debt you have, the better off you'll be.

Wouldn't you love to be debt-free and have six months of expenses in the bank before they perform this operation? You can do it, if it becomes important enough to make it priority one. - Dave

#### Mortgage Insurance is a Ripoff! Dear Dave.

My wife and I just had our first child. Not long before that we bought a house, and since then we've been getting calls and letters about buying mortgage protection insurance. They say it would pay off the mortgage if we die. Our mortgage is \$114,000, and

we're both 26-years old. Is this a good idea? - Robert

#### Dear Robert,

No, it's not a good idea. Mortgage insurance is a rip-off, and here's why. This stuff is nothing more than a life insurance policy with the word "mortgage" stuck on the front. They make it sound like a high-end, specialized product, and they jack the price way up! Sometimes you can get guaranteed issue if you become very sick and can't get insurance anywhere else, but other than that it's just a racket.

At your age, if you're healthy, you could easily get \$250,000 on a 20-year level term life insurance policy for \$12 to \$15 a month. Then, if something happened to you, your wife could pay off the house with the insurance money, and still have some left over.

I always recommend a good, level term life insurance policy-not just to cover your mortgage - but for eight to 10 times your annual income. You've got a responsibility to take care of your family now, and in the event that something unexpected happens, and you're no longer around! - Dave

\*Please visit www.davesays.org for more financial advice.

### Listen to Dave at DaveRamsey.com



Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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## Victory Christian School **Band Performs**



Ken Jeffrey, Band Director of Victory Christian Schools brought three bands from the school to the ACSI Band event held at William Jessup University in Rocklin on March 13. A total of 115 students attended the event, which rates participants against a fixed scale, not each other. Photo provided by William Jessup University.

## **Mission Oaks Computer Club** Will Meet April 9

The Mission Oaks Computer Club will meet April 9, 2009 at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, from 1:00 pm to 3:00 pm. Adam Lacey, Applications, Etc, will discuss managing files, folders, and

pictures. A question and answer period will follow the meeting. Visitors are welcome.

For additional information call 366-1687 or visit our website: http://missionoakscomputerclub.org.

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#### **The Moms Guide to Growing Your Family Green** With all of the green choices out there, how can moms determine what

With all of the green choices out there, how can moms determine wha will be best for their families and the environment? Terra will be in Sacramento on March 27 discussing the answers.

THE MOM'S GUIDE TO GROWING YOUR FAMILY GREEN: Saving the Earth Begins at Home by Terra Wellington ( Griffin/ Paperback/ \$16.95/ 0-312-38473-4/ March 2009) is an easy practical guide that is jam packed with hundreds of easy green how-to's including: • Shopping: Write a note to your grocery store requesting that locally grown food be available. Stores listen to people who take the time to voice their opinion and will often respond by fulfilling your request in order to gain your loyalty. • Vacations: Farm vacations not only teach how to tend for plants and animals, but also offer cooking classes to learn how to prepare your harvest. • At the office: Only buy coffee that is shade grown, USDA organic, and fair trade certified. Use a reusable cup or bring your own coffee from home. · Food choices: Keep your child's diet free of food grown with pesticides, hormones, antibiotics, or genetic engineering.

With Terra's guidance, moms will learn how to live consciously, shop wisely, and embrace an easy-to-implement green and sustainable life for the benefit of their families and the earth. *ABOUT THE AUTHOR* 

TERRA WELLINGTON has been a popular television guest on such programs as The Montel Williams Show and WCBS This Morning due to her expertise in wellness and lifestyle topics. She has been a major-brand spokesperson for over 50 companies, including Procter & Gamble, Nestle, Clorox, Hormel Foods, Campbell Soup Company, and Disney. On her blog MomsAndThePlanet. com, she covers information about healthy living and the environment. She is also a contributor to ClubMom.com and Aisle7 (formerly Healthnotes) and wrote the syndicated column Terra Wellington's Balanced Living. Terra currently resides in the Los Angeles area with her husband and three children.

# Presents the FOLSON BRIDAL SHOW

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## Sacramento German Genealogy Society Monthly Meetings and Annual Seminar

P. O. Box 660061 • Sacramento, CA 95866-0061 http://www.sacgergensoc.org

TUESDAY, MARCH 24, 2009 Topic: "Don't Be Afraid to Look in Unexpected Places"

#### Presenter: Kay Cayler

Kay Cayler seems to find a missing piece to a puzzle when she's unimpeded by looking only in the "proper" places. An engaging speaker, Kay will share with us some of her "outside the box" solutions to genealogical problems.

## SATURDAY, APRIL 18, 2009 (all day) SGGS Annual Seminar:

*"Linking Up with Our German Roots." Turn Verein, 3349 J St. Sacramento* 

Our speaker for this all-day event will be Kory Meyerink, MLS, AG, FUGA, a popular presenter at national genealogy conferences, with many years of experience in German research. His twenty-year professional career in genealogy included the Family History Library BYI University, PBS Ancestors television series, speaking at numerous national conferences, genealogical researcher, and author of many books and magazine articles. He is accredited in four areas: Germany, Midwest, Eastern and New England, US. He will address the following topics at this year's SGGS Spring Workshop: 1. Internet sources for German research 2. German resources in the Family History Library

Accessing records in Germany (local repositories)
 German sources for determining the ancestral home
 To register for this year's Spring
 Workshop or for more details see this year's brochure:
 SGGS 2009 Spring Workshop Brochure
 TUESDAY, MAY 26, 2009

Topic: "Stories and Demonstrations of German Folk-dancing" Presenter: Mario Herger, speaking on German dance, with demonstrations by the "Alpentänzer"

Mario Herger's life work is the preservation of ethnic dancing. This meeting and demonstration will be one to remember! We'll move the furniture around so that Mario Herger can introduce examples of actual German dances performed by the dance group Alpentänzer – which we'll witness up close!

The meetings are held at 1pm in St. Mark's Methodist Church Fellowship Hall on Lusk Dr. & St. Marks Way. St Mark's is located directly behind Country Club Plaza near Watt and El Camino. The seminar will be at the Turn Verein 3349 J St.

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## **Got Something To Say...** By CM Ricks Around Our Town

I love watching the new buds peek out along Mission Avenue on all of those beautiful trees while the ground is soaking up Mother Natures tears she so generously poured upon us. Both of which are the beginning in a long preparation for the days of spring in Carmichael.

The neighborhood chatter while washing cars in our driveways is about to begin. The smell of jasmine and gardenia lining the walkways and patios as we go to visit our friends, Little League games every weekend, and oh, that smoky smell of BBQ's in the air. One can not help but feel the excitement of the seasons changing.

The time is growing near to pull out the chase lounges and the tiki torches as we begin to see the "Honey-Do" lists lining the side of our friend's refrigerators. Lynn and Gerald at Backyard Pools are buzzing around to insure we have everything we need to make our pools sparkle; Pink Panther Cleaning Partners are testing pressure washers and stocking up on supplies to help locals get ready for those engagement parties, outside dinners and luaus. There is a young boy trying to figure out how to ask that "hot" girl in history class to join him for the spring dance. I believe Walt Disney's movie, Bambi, coined the phrase for spring best, we all seem to get "twitter pated".

Along with the change of the season comes our own personal change. The change for hope and renewal. The hope that all of the bulbs we so carefully planted will bloom in sequence, that our invited guests will arrive and enjoy our gatherings. At the same time, we are joining together in prayer and hope for a

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renewal of faith in our representatives, our Governor, and our President that they may feel our dismay and feel our need and want for change. May this change of the season be, for all of us, in our community a chance to unite and build camaraderie to keep Carmichael in tact, keep us in support of one another?

Help your elderly neighbor mow his lawn this weekend, play ball with the kids next door, be a part of your community everyday. Remember, we are all here for one simple reason; Carmichael is a great place to live, work, and build memories.

#### Enjoy the Change, CM Ricks

"I miss the almond trees in the spring. They were glorious with all the blossoms. There are still a few, but not many, that is probably my favorite memory and part of spring in Carmichael."

#### Mary Hanson, Retired from California State Lottery

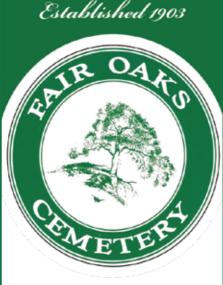
I get to ride my motorcycle and enjoy all of the trees and the fresh air. I love the rides along the river in the spring. *Aaron McMichael, Owner of Pink Panther Cleaning Partners* 

I love the sunshine and being able to enjoy the weather outside whether by a pool or just sitting in the sun. After all the rain and gloom we welcome the spring.

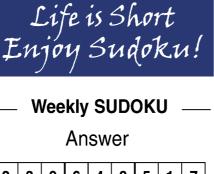
Lynn and Gerald Cox, Owners of Backyard Pools

I like spring because baseball season starts. The weather is warming up and I can swim. Oh, and spring break, I get to go to Washington and visit my old friends!

Chase Matthew, 7th Grader at Arden Middle School



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### American Households Would Face Annual Burden of \$144.8 Billion Under Cap-and-Trade System

Costs Would Be Disproportionately Borne by Low-Income Households, Those Under Age 25 and Over 75 Years

With climate change legislation becoming a top Congressional priority in recent months, a new study shows that a cap-and-trade system curbing greenhouse gas emissions would place an annual burden of \$144.8 billion on American households. The average annual household burden would be \$1,218, which would be approximately 2% of the average household income.

In Tax Foundation Working Paper No. 6, "Who Pays for Climate Policy? New Estimates of the Household Burden and Economic Impact of a U.S. Cap-and-Trade System," Tax Foundation Adjunct Scholar Andrew Chamberlain explains that this burden would be disproportionately borne by lowincome households, those under age 25 and over 75 years, those in southern states, and single parents with dependent children. The bottom 20 percent of income earners has an annual cap-and-trade burden that is equal to 6.2% of their household cash income. The second quintile has a burden equal to 3.2% of household cash income, the third quintile 2.4%, the fourth quintile 2.0% and the top quintile 1.4%.

"Lawmakers weighing the costs and benefits of climate policy should be aware that cap-and-trade would impose a significant and regressive annual burden on U.S. households," Chamberlain argues.

Chamberlain also observes that with lawmakers facing two basic options for climate policy (a federal carbon tax, or a cap-and-trade system), cap-and-trade is often viewed as more politically attractive because of lawmakers' unwillingness to be associated with explicit tax increases, but it would not represent a "tax free" way to reduce greenhouse gas emissions.

"A cap-and-trade system offers lawmakers a way to curb greenhouse gas emissions through regulations rather than tax increases – a less visible approach that enjoys the popular perception of being less burdensome to households," says Chamberlain. "Contrary to this perception, economic theory teaches that cap-and-trade and carbon taxes impose nearly identical economic burdens on households."

Working Paper No. 6 can be found at http://www. taxfoundation.org/publications/show/24472.html.

The Tax Foundation is a nonpartisan, nonprofit organization that has monitored fiscal policy at the federal, state and local levels since 1937.

To schedule an interview, please contact Matt Moon, the Tax Foundation's Manager of Media Relations, at (202) 464-5102.

### — King Crossword — Answers Solution time: 27 mins.



SACRAMENTO SYMPHONIC WINDS ILEITS DANCES! Ballet, Big Band & Broad Way Fret Ruona, soprano soloist Prince Igor ballet music Argentine tango Big band favorites Sunday, March 29, 2009 - 3:00 pm

La Sierra Community Center - Smith Hall 5325 Engle Road, Carmichael Map on website: www.sacwinds.org General Admission \$5 Ticket orders: 916 489-2576

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## **Easter Sunrise Service**

## April 12 • 6:30 AM

### Easter Celebrations:

10:45am March 11 Congregational Celebration 6:30am March 12 Sunrise Service and Breakfast

Carmichael Seventh-day Adventist Church 4600 Winding Way • 487-8684 • carmsda.org



## Is Your Family Ready To Choose The Right Pet?



Pet-themed video games can help children learn what it takes to care for a four-legged friend.

(NAPSA) - For children, having a pet can mean a lot of things, from added responsibility to the unconditional love of a furry playmate. But before parents decide to adopt a four-legged family member, there are a number of questions to consider-to help determine whether everyone, both adults and kids, is ready for the commitment:

• Do you have the time? You want to enjoy your pet. But if you have an already-crowded work schedule, and the kids' days are filled with afterschool activities, you may simply not have the time to spend getting to know, care for and love a pet. • Do you know what to get? It's not enough to say that you want to get a dog or cat. Each comes in a variety of breeds, and you need to determine which breed fits into your lifestyle and that of your family. Some require more attention and stimulation than others. If there are young children in the family, you'll need to find a pet that won't turn nasty if subjected to the sort of roughhousing little ones may provide.

• Are you ready for a long-term commitment? Dogs and cats can live 20 years or more. So before you get one, understand that you are making a huge commitment. Pets are not like cars that you can testdrive, then walk away from if you aren't happy.

Even if your family is unable to adopt a pet, or you feel that your youngster isn't quite ready for one, there are still ways by which children can learn about animals and the responsibility required to care for them. For example, Ubisoft's "Petz Dogz Pack" for the Nintendo DS allows young players to adopt and care for cute, furry pets chosen from many different breeds of dogs. Players can also choose to raise cats or monkeys in "Petz Catz Clan" and "Petz Monkeyz House" for the Nintendo DS system.

In "Petz Sports" for the Nintendo Wii, players can adopt a dog from 18 different breeds, develop a strong relationship with their dog and teach and train their pet to do more than 22 tricks. It's possible to dress up the dog in more than 100 outfits and accessories.

And for the first time ever in the Petz series of video games, it's possible to adopt and create an entire family of dogs, cats and monkeys. Crossbreed and create your own look and personality for your pet.

To learn more, visit the Web site at www.petz.com.





# Weekly SUDOKU

by Linda Thistle

Answers on page 6								
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

### DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging ★★★ HOO BOY!

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Carmichael Times



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The Carmichael Chamber of Commerce April 28th, General Membership Luncheon at The Palace Speaker: Dr. Pat Jaurequi Superintendent, San Juan Unified School District For Reservations Call (916) 481-1002

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Memory day care is also available through The Club Carmichael Park. Seniors with memory loss spend their days engaged in meaningful activities, while their family caregivers run errands, take needed breaks or even remain in the work force.

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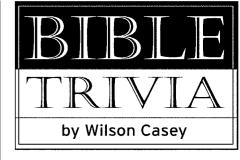
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1. Is the book of Acts in the Old or New Testament or neither?

2. From Proverbs 30, what will pluck out the eyes of anyone who scorns their parents? *Demons, Ravens, Doves, Quails* 

3. Who wrote, "The love of money is the root of all evil"? *Timothy, Isaiah, Moses, Paul* 

4. From Matthew 8, what Roman official asked Jesus to heal his servant? *Marshall, Governor, Centurion, Jailor* 

5. How many times is the word "apple" or "apples" mentioned in the Bible (KJV)? *11*, *14*, *19*, *37* 

6. Who was the father of Hosea? *Uzzah, Beeri, Joash, Ahab* 

ANSWERS: 1) New; 2) Ravens; 3) Paul; 4) Centurion; 5) 11; 6) Beeri

For more trivia, log on to www.TriviaGuy.com. © 2009 King Features Synd., Inc.



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Page 10

March 24, 2009

Carmichael Times

## **King** Crossword

45 Hot spot at a

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Cowgirl Dale

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### **Area High School Teams Take Part in River Cats High School Baseball Program**



#### By Gabe Ross

West Sacramento, - The Sacramento River Cats have announced the 2009 schedule for the River Cats High School Baseball Program. The 2009 schedule kicks off with the March 6th match-up between Davis and Woodland. The program, now in its 6th year, has raised in excess of \$215,000 for participating teams since its inception.

Each participating team receives an allotment of River Cats tickets, good for select River Cats home games during the 2009 season, at up to a \$5/per ticket discount. Teams then sell the tickets at face value with the net proceeds going back to the school for new uniforms, equipment needs, travel expenses and various other team costs. Once each team has sold their allotment of tickets, the River Cats provide a FREE Raley Field experience. They not only play a game on the Raley Field diamond, but are treated to all the amenities of a River Cats game, including in-game entertainment, scoreboard and public address services. All games are open to the public.

"In the six years since we instituted our High School Baseball Program, it has been extraordinarily successful and emblematic of the River Cats' work within the youth sports community," said Alan Ledford, River Cats president, general manager and COO. "Area high school coaches and administrators continue to provide extraordinarily positive feedback on this program, and we are proud to contribute to the growth of our community's athletic programs." The complete schedule of games for the

2009 River Cats High School Baseball Program is as follows: Remaining games to be played: Friday, April 17: Bella Vista vs. Rio Americano, 6:30 p.m. Saturday, April 18: Mesa Verde vs. Colfax, 6:30 p.m.

Wednesday, April 29: Lincoln vs. Whitney 6:30 p.m. Thursday, April 30:

#### Nevada Union vs. San Juan,

6:30 p.m. Since the program began in 2004, a total of fifty-eight (58) High School games have been at Raley Field. Coaches and administrators interested in the High School Baseball Program should contact the River Cats at (916) 376-4944.

Single game tickets for the 2009 season go on sale on March 14th at the Raley Field Ticket Office and online at Rivercats.com. Until then. tickets for Opening Day or any other game throughout the 2009 season are available only through purchase of River Cats Full Season Tickets, Mini Plans and group packages. 2009 River Cats Season Tickets, Mini Plans and group outings can be purchased by calling the River Cats Ticket Hotline at (916) 371-HITS (4487).

For more information about the 2009 River Cats season, visit www.rivercats.com.

For information on other events at Raley Field, visit www.raleyfield.com.



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**REGLAN INJURY ALERT!** The acid reflux medicine Reglan has been linked to TARDIVE DYSKINESIA, a serious

condition causing continual involuntary movements of the mouth and other parts of the body. If you've taken REGLAN for more than 12 weeks and have developed Tardive Dyskinesia vou may be eligible for Money Damages. Call the attorneys at James Rolshouse & Associates at 1-800-969-5633. Licensed in Minnesota. (Cal-SCAN)

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NOVENA TO ST. JUDE May the sacred heart of Jesus be loved, adored, cherished and preserved throughout the world now and forever. Sacred heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thank you St. Jude. G.D.G. (MPG)

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taking jobs that total \$500 or more (labor

and/or materials) be licensed by the

Contractors State License Board, State

law also requires that contractors include

their license numbers on all advertising.

Check your contractor's status at www

cslb.ca.gov or 800-321-CSLB (2752).

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Volunteers Needed: The Domestic Violence Intervention Center needs caring people to assist victims of domestic violence. For more information call 728-5613 or visit our office at 7250 Auburn Blvd., Citrus Heights, CA (MPG)

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Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984

BUSINESS FICTITIOUS NAME STATEMENT #090GCG Rose & Kindel, 22 Cortlandt St., 14th Floor, New York, NY 10007 is doing business under the Fictitious Business Name "R&K Grayling Communications" at Capitol Place, 915 "L St. #1210, Sacramento, CA 95814. Filed with the Clerk of Sacramento County or Feb. 19, 2009. Publish: March 3, 10, 17, 24, 2009.

#### **R&KGRA** 90301 3-24-09

FICTITIOUS BUSINESS NAME STATEMENT #0901346. Gregory Len Odenthal and Laura Jean Odenthal, both of 3459 Quail Haven Lane, Carmichael CA 95608 are doing business under the Fictitious Business Name "Pinnacle Consulting" at 3459 Quail Haven Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Feb. 11, 2009. Publish: March 3, 10, 17, 24, 2009. PINNAC 90301 3-24-09

#### STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #0606401

The following person has abandoned the use of the FICTITIOUS BUSINESS NAME of Above & Beyond Building Design, located at 8037 Fair Oaks Blvd. #108, Carmichael, CA 95608.. Chris Willard, 2740 Lupine Ct., Rocklin,

CA 95677. The Fictitious Business Name Statement

was filed on June 1, 2006 in the County of Sacramento

Filed with the Clerk of Sacramento County on Dec. 22, 2009.

Publish: March 3, 10, 17, 24, 2009 ABOVE& 90301 3-24-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2009-00034960-CU-PT-GDS WHEREAS, Dongyun Chen; Mo Shi have filed a petition in this court for a decree changing name of Xiang Cheng to Michael Xiang Cheng. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 10, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times. a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 20, 2009. Shelleyanne W.L. Chang

Judge of the Superior Court Publish: March 3, 10, 17, 24, 2009 CHEN 90301 3-24-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2009-00035114-CU-PT-GDS

WHEREAS, Sergio Ivan Canchola has filed a petition in this court for a decree changing name of Sergio Ivan Canchola to Tanya Serena Marie Canchola. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 10, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 23, 2009

#### Loren E. McMaster

Judge of the Superior Court Publish: March 3, 10, 17, 24, 2009 CANCHO 90301 3-24-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00035578-CU-PT-GDS

WHEREAS. Elizabeth Carolvn Rossetti has filed a petition in this court for a decree changing name of Dlizabeth Carolyn Rossetti to Carolyn Rossetti. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 8 2009 in Dept. 54, located at 800 9th St. Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 25, 2009 Shelleyanne W.L. Chang

Judge of the Superior Court Publish: March 3, 10, 17, 24, 2009 ROSSET 90301 3-24-09

#### SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00035659-CU-PT-GDS

WHEREAS. Ismail Dastagirzada and Majgan Dastagirzada have filed a petition in this court for a decree changing name of Yosuf Dastagirzada to Hakeem Dastagirzada. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m on April 9, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 26. 2009.

Loren E. McMaster

Judge of the Superior Court Publish: March 3, 10, 17, 24, 2009. DASTAG 90301 3-24-09

NOTICE OF APPLICATION FOR CHANGE IN OWNERSHIP OF ALCOHOLIC BEVERAGE LICENSE To Whom It May Concern:

Fresh & Easy Neighborhood Market Inc. is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 5025 Marconi Ave., Carmichael, CA 95608 with 20-Off-Sale Beer and Wine license. Filed: Feb. 17, 2009 Publish: March 10, 17, 24, 2009 FRESH& 90302 3-24-09

#### SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2009-00036044-CU-PT-GDS WHEREAS, Ashleigh R. Statham has filed a petition in this court for a decree changing name of Gyamie Michael Mahoney to Gyamie Michael Statham IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on April 13 2009 in Dept. 54, located at 800 9th St Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 2, 2009.

Shellevanne W.L. Chang Judge of the Superior Court Publish: March 10, 17, 24, 31, 2009. STATHA 90302 3-31-09

NOTICE OF PETITION TO ADMINISTER ESTATE OF CYNTHIA GOVOSTES, aka CYNTHIA

CRUMRINE, decedent. ESTATE NO. 34-2009-00036713-PR-LA

FRC To all heirs, beneficiaries, creditors, and

contingent creditors of and persons who

may be otherwise interested in the will or estate, or both of CYNTHIA GOVOSTES, aka CYNTHIA CRUMRINE

A petition has been filed by Katherine Covostes in the Superior Court of California, County of Sacramento, requesting that Katherine Covostes be appointed as personal representative to administer the estate the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826 on April 17, 2009 at 9 a m

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in

person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the

date of the hearing noticed above. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code.

The name and address of petitioner or petitioner's attorney is: Andrew R. Matteson, 2151 Professional Dr. #102, Roseville, CA 95661-3732; 916-789-0330 Publish: March 17, 24, 31, 2009. MATTES 90303 3-31-09

NOTICE OF BID

"The Fair Oaks Cemetery District is accepting sealed bids until 3:30 p.m. April 7, 2009 for the following surplus equipment: One 1989 Ford tractor with front loader bucket, one 1981 GMC Topkick cab & chassis, one 1985 Ford F250 pickup, one utility bed.

These items can be viewed at 7780 Olive Street, Fair Oaks, CA 95628 on April 1, 2, 3, 6 and 7. All equipment is sold `as is'. The Fair Oaks Cemetery District reserves the right to refuse any and all bids.' Publish: March 24, 31, 2009. FOCEME 90304 3-31-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00035888-CU-PT-GDS

WHEREAS, Alla Yarmolyuk and Mikalai Yarmaliuk have filed a petition in this court for a decree changing names of Dziyana Yarmaliuk to Diana Yarmolyuk; and Alina Yarmaliuk to Alina Yarmolyuk. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 17, 2009 in Dept. 53. located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 27 2009

Loren E. McMaster Judge of the Superior Court Publish: March 17, 24, 31, April 7, 2009. YARMOL 90303 4-7-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2009-00033759-CU-PT-GDS WHEREAS, Clayton James Meyers

has filed a petition in this court for a decree changing name of Clayton James Meyers to Clayton James Nichols Hansen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 14, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 4, 2009

Loren E. McMaster Judge of the Superior Court Publish: March 17, 24, 31, April 7, 2009. MEYERS 90303 4-7-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

SUMMONS CASE #34-2008-00000036-CU-CO-GDS

NOTICE TO DEFENDANT: LA SHUN NASH aka LASHUN NASH; and DOES 1 through 50, inclusive. You are being sued.

PLAINTIFF'S NAME IS: MESCHELLE WHITE

You have 30 Calendar Days after this Summons and legal papers are served on you to file a typewritten response at this court and have a copy served on the petitioner. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/ selfhelp.org), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a waiver form

If you do not file your Response on time you may lose the case by default, and your wages, money and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www. lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), or by contacting your

local court or county bar association The name and address of the court is Superior Court of California. County of

#### Sacramento, Limited Civil Division, 720 Ninth St., Sacramento, CA 95814 The name, address, and telephone

number of plaintiff's attorney, or plaintiff without an attorney, is: Roger V. Jaffe, Esq. 126818; 1420 River Park Dr. #260, Sacramento, CA 95815; 916-927-1691. Dated: Jan. 3, 2009. Publish: March 17, 24, 31, April 7, 2009. JAFFE 90303 4-7-09

FICTITIOUS BUSINESS NAME #0902133.Aaron STATEMENT McMichael, 2624 Greenwood Ave., Sacramento, CA 95821 is doing business under the Fictitious Business Name "Pink Panther Cleaning Partners II" at 2624 Greenwood Ave., Sacramento, CA 95821. Filed with the Clerk of Sacramento County on March 5, 2009. Publish: March 24, 31, April 7, 14, 2009. PINKPA 90304 4-14-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2009-00037456-CU-PT-GDS WHEREAS, Lenny Robert Zarnstorff has filed a petition in this court for a decree changing name of Lenny Robert Zarnstorff to Robert Lenny Baker. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p m on April 24 2009 in Dept 53 located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 13, 2009.

Loren E. McMaster

Judge of the Superior Court Publish: March 24, 31, April 7, 14, 2009. ZARNST 90304 4-14-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2009-00037420-CU-PT-GDS

WHEREAS, C;handra Fatima Andre has filed a petition in this court for a decree changing name of Chandra Fatima Andre to Chandra Fatima Medina, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on April 24, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 13.

Legal Advertising P.O. Box 14 Carmichael, CA 95609

2009. Loren E. McMaster Judge of the Superior Court Publish: March 24, 31, April 7, 14, 2009. ANDRE 90304 4-14-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO SUMMONS

CASE #97AS02674

NOTICE TO DEFENDANT: Jennifer R. Scholes, Permanent General Insurance Group; and DOES 1 through 100, inclusive

You are being sued

PLAINTIFF'S NAME IS: Lisa Crowder. You have 30 Calendar Days after this Summons and legal papers are served on you to file a typewritten response at this court and have a copy served on the petitioner. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/ selfhelp.org), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form

If you do not file your Response on time. you may lose the case by default, and your wages, money and property may be taken

without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association.

The name and address of the court is Superior Court of California, County of Sacramento, 720 Ninth St., Sacramento, CA 95814

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: Law Offices of Richard E. Lehrfeld, 604 10th St., Sacramento, CA 95814; 916-446-2545. Dated: June 11, 2007.

Publish: March 24, 31, April 7, 14, 2009. LEHRFE 90304 4-14-09

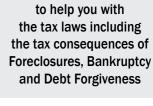
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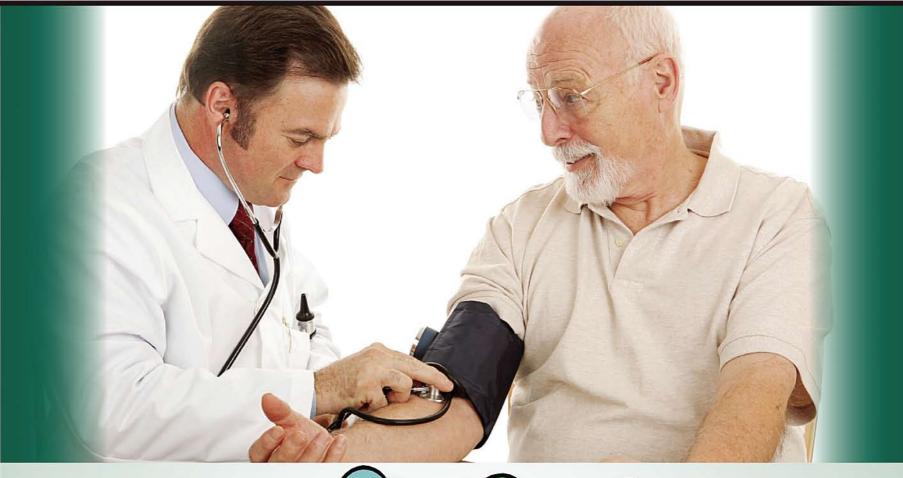


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