Carmichael Times

Volume 29 Issue 07

www.CarmichaelTimes.com

February 17, 2009

Economic Recovery Depends on Small Business

Updated Statistics Underscore Their Importance



California's economic recovery will depend on small business. That message is driven home in the newly updated California Small Business Profile released today by the Office of Advocacy of the U.S. Small Business Administration. The most recent data show that the state has 718,220 small employers, and they employ 99.2% of the state's workforce.

"California depends on small business for jobs and economic growth," said Shawne McGibbon, Acting Chief Counsel for Advocacy. "During this time of financial stress and economic instability, policymakers need to remember that the state's small businesses provide the economic base for its families and communities."

To further highlight the importance of small business, the updated profile notes that small businesses created 87.6% of the state's net new jobs from 2004 to 2005 (latest available data).

Not only does the state's economy depend on the health of its small businesses, so too does the economy of the United States.

The U.S. has slightly more than 6 million small employers, or 99.7% of all employer firms, and they provide 50.4% of its private sector employment. These firms created 78.9% of the nation's net new jobs from 2004

PRESORTED STD.
US POSTAGE
PAID
RANCHO CORDOVA, CA
PERMIT #32

to 2005, and they generated more than half of the private non-farm gross domestic product.

TheOfficeofAdvocacy, the "small business watchdog" of the federal government, examines the role and status of small business in the economy and independently represents the views of small business to federal agencies, Congress, and the President. It is the source for small business statistics presented in user-friendly formats, and it funds research into small business issues.

The Office of Advocacy of the U.S. Small Business Administration (SBA) is an independent voice for small business within the federal government. The presidentially appointed Chief Counsel for Advocacy advances the views, concerns, and interests of small business before Congress, the White House, federal agencies, federal courts, and statepolicymakers. Formore information, visit www.sba.gov/advo, or call (202) 205-6533.

(From BUSINESS WIRE)

Meg Whitman Announces Gubernatorial Campaign



Sacramento – (Business Wire) - Republican Meg Whitman, former President and CEO of eBay, today announced the formation of an Exploratory Committee to seek the nomination for Governor in 2010. Former California Governor Pete Wilson will serve as Campaign Chairman joining Exploratory Committee Co-Chairs House Chief Deputy Republican Whip Congressman Kevin McCarthy, Congresswoman Mary Bono Mack, State Senator Tony Strickland, Assembly Republican Whip Nathan Fletcher and former State Assemblywoman Sharon Runner. In the coming weeks, through speeches in Silicon Valley, Orange County and at the California Republican Party Convention in Sacramento, Whitman will offer a vision for the Golden State

"After careful consideration and with tremendous loyalty to our Golden State, I have formed an Exploratory Committee, the first step in the process of running for Governor in 2010," Whitman said. "California faces challenges unlike any other time in its history – a weak and faltering economy, massive job losses, and an exploding state budget deficit. California is better than this, and I refuse to stand by and watch it fail. Now is the time for people across the state to join in a cause for change, excellence and a new California."

Whitman, 52, retired from eBay in March 2008 following a decade with the company. Under her leadership, eBay grew from a startup with 30 employees, \$4.7 million in revenues, and 300,000 users to a global ecommerce leader with operations in 38 countries, more than 15,000 employees, almost \$8 billion in revenues, and more than 300 million registered users.

"Meg Whitman is a tremendous leader and team-builder," Jeff Randle, President and CEO of Randle Communications and Whitman's senior advisor, said. "California today has serious problems, but Meg is committed to working to restore the state's greatness. With new leadership and a new direction, Meg will forge a new California, which will once again be the number one state in economic growth, job creation and quality of life."

Wal Mart Supports Navy League



Caption-From left to right – Mike O'Docharty, SNLC, John Meyers, PNLC, Joe Fraccola, PAONLC, George Rodriguez, Manager, Tal Norwood, SVPNLC, Blinda Vaughn, Personnel Manager

On January 30, 2009 Wal Mart, 10655 Folsom Blvd., George Rodriguez, Wal Mart Manager & Belinda Vaughn, Personnel Manager, presented a Grant check for \$1,000 to Navy League Sacramento Council President, John Meyers in support of the Council's Monthly Award Programs. John Meyers, on behalf of the Navy League Sacramento Council presented a Certificate of Appreciation to Wal Mart Manager, George Rodriguez for their generous grant. This ceremony took place among several Wal Mart Associates who applauded the grant contribution.

This Grant will be used in our community to help the Navy League build America's future through successful youth programs

like the Naval Sea Cadet Corps and the Navy League Foundation Scholarship Program. The Sacramento Council, chartered in 1956, is in involved in supporting and promoting youth-oriented organizations and activities in Sacramento such as the Sea Cadets, the Young Marines, and the Navy JROTC program at Luther Burbank, and the Marine Corps JROTC program at J.F. Kennedy High Schools. The grant will also be used to purchase equipment, awards, administrative supplies, maintenance repair of equipments as needed.

For more information call Joe Fraccola, Public Affairs Officer, 916-638-8720.

Sacramento Council at Sacramento Chamber's 2009 "METRO EXPO"

The Sacramento Council, California's Capitol City Navy League Council, continues its activities with the Chamber of Commerce in 2009. It will be educating the public about our sea services mission and our extensive youth activities at the trade show. Corporate, community affiliate, and individual memberships in the Navy League will be encouraged.

The Navy League Hiring Center is a partner in this endeavor. In addition to ongoing work with the California Department of Veteran Affairs, the California Department

of Employment Development, and others, it will communicate its message that it is an outstandingresourcetolocateformeractiveduty military personnel to fill challenging positions.

All are invited to attend the 2009 Sacramento Metro Chamber Expo the afternoon of Tuesday, March 10, at the Sacramento Convention Center, 1400 J Street. A list of the participants is attached.

For additional information contact Phelps Hobart, Sacramento Council Vice President, (916) 739-6949.

Supervisor Susan Peters to Hold "Office Hours" at Gibbons Park Craft Faire

County Supervisor Susan Peters will be holding her first "Office Hours" 2009 on Saturday, March 7, for residents to discuss issues at Gibbons Park during the Mission Oaks Recreation and Park District's Spring Craft Faire.

Continuing a tradition started in 2005, Peters will set up a table at the event for residents who wish to drop by and talk with her about items of interest. No appointment is necessary but visits will be handled on a first come first served basis. She will be at the Craft Faire from 10 to 11:30 a.m.

"Establishing 'Office Hours' provides the opportunity to mix business with pleasure," says Peters. "I'll be available to talk about county matters while neighbors can shop for unique craft items.'

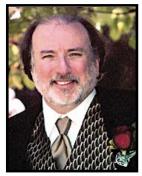
Last year Peters held her "Office Hours' at different locations in conjunction with scheduled community events that included the Carmichael egg hunt, Carmichael dog show, and the "Screen on the Green" movie night in East Sacramento.

The Craft Faire will be at the Mission Oaks Community Center at 4701 Gibbons Drive. Admission is free and the event will run from 9 a.m. to 3 p.m. For more information, call the Mission Oaks Recreation and Park District at 972-0336 or visit morpd.com.

Next month Peters will move her "office" to Carmichael Park for the annual Egg Hunt that will be held on Saturday, April 11. That fun starts at 10 a.m. sharp rain or shine and she will be holding "Office there between

For more information about the egg hunt, call the Carmichael Recreation and Park District at 485-5322 or visit carmichaelpark.com.

Carmichael Times



Publisher - Paul V. Scholl

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission

to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Carmichael Times, P.O. Box 14, Carmichael, CA 95609. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County. The Carmichael Times is published weekly. Call 916-773-1111 for more information.

Graphics & Layout:

Tandra Banerjee

Advertising Sales: Perry Hartline • Carolyn Harrison

Tom Avenell • Yolanda Knaak • Marion Solo

Member of Carmichael, Citrus Heights, Fair Oaks, Orangevale, Roseville & Rocklin Chambers of Commerce. To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: publisher@carmichaeltimes.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 773-1111.

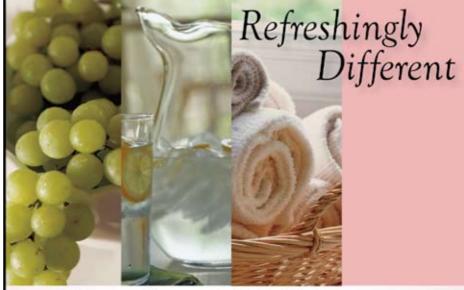
Carmichael Times is a member of Messenger Publishing Group











Life has been far too serious lately. We think you need a refreshing change of pace. Take an afternoon off and

PAMPER YOURSELF

AT THE ATRIUM of CARMICHAEL, an Independent Living Retirement Community

Enjoy a delicious hot lunch, tour and relaxing shampoo and set with Linda or Lisa in our salon.

Absolutely FREE of charge!

Call 486-3533 to reserve an afternoon of pampering yourself. (For ladies only, 55 years+)



A Capital Senior Living Community www.TheAtriumofCarmichael.com



Carmichael Times February 17, 2009



Joni Hilton



It all started because I wanted my son, Brandon, to learn a foreign language. We're Latter-day Saints, and figured this would be excellent preparation for a future church mission. Who knew it would end up in the hands of the law?

It wasn't long before Brandon and four of his buddies had the brilliant idea to make a movie for their final project in French class. They wrote up a script, rented gorilla suits, then went around town waving swords and yelling about a gorilla takeover of the universe. However, they did this in French, so no one worried very much.

They asked my husband, Bob, to drop them off downtown. They would call when they needed a ride home. And do they call? Oh, yes. But not quite soon enough. Bob is a block away from the state's capitol, sort of hanging out and waiting for their call, when his cell phone rings. As luck would have it, Brandon would like him to pick them up at the capitol building itself.

Why, sure, Bob says. Good, Brandon says back, because there are a couple of state troopers who'd like to meet him.

Okay, this is not good. Good is the wrong word here. It turns out these teenagers had the bright idea to film in the rotunda itself, but didn't think to ask permission, something real filmmakers do. This is also just days after that gigantic tanker truck crashed into the capitol—remember that?

So the boys are yelling, waving swords, and stomping around when the elevators open, and two uniformed troopers step out with their rifles.

"Put down your swords and take off the monkey suits," one of them shouts. This is all captured on film, of course. Slowly the boys

Monkey Business

place their weapons on the marble floor, and remove their gorilla heads. One of them is told to turn off the camera, and obediently does so.

Thankfully the boys were clean cut and respectful. Thankfully they did not mention that gorillas are apes, not monkeys. Thankfully one of the troopers had attended their same high school. So they didn't get arrested.

Bob's speedy arrival to shake hands also helped, as the boys sheepishly (ape-ishly?) slunk back out of the capitol building with firm instructions to apply for a permit the next time.

And of course, since then the security has been amped up, fences have been installed, and no sword-carrying kid can just waltz into the rotunda in a gorilla suit again. I like to think this is because of the tanker truck, not because of my offspring.

But I do have to wonder what the reaction must have been when the troopers were notified by the guy watching the security monitors. Can't you just see him blinking and rubbing his eyes? And then trying not to sound drunk as he reports seeing 5 gorillas, shouting in French and waving swords? Somewhere there is a file containing a report of this evening. And somewhere there is a videotape of state troopers doing their job, and your tax dollars at work.

And by the way, Brandon does speak fluent French now—he served a mission in France and Belgium.

Joni Hilton is an award-winning playwright, the author of 16 books, holds a Master of Fine Arts degree in Professional Writing from USC, and is frequently published in major magazines. A former TV talk show host in Los Angeles, she is also a TV spokeswoman across the U.S. for various corporations, and highly in demand as a public speaker. She is Founder of Holy Cow, an organic line of cleaning products (holycowproducts. com), the winner of dozens of cooking contests, and a former model and Miss California. She is married to Bob Hilton, and they are the parents of four children. For book reviews, recipes, purchasing information about her books, and more, simply type Joni Hilton into Google or Yahoo.

Listen to "The Joni Hilton Show" streaming live, weekdays 9-10 am on www.KAHL.com or 950 AM

El Dorado Savings Bank Reports Strong Earnings, No Foreclosures

El Dorado Savings Bank reported earnings of \$9,519,355 for 2008 compared to \$11.3 million in the prior year. Earnings were reduced by a one time \$2.9 million tax expense related to El Dorado's repurchase of approximately 16.5% of the outstanding shares of common stock in the bank. Without the additional tax expense net operating profits would have totaled \$12,428,486.

"We are pleased with the bank's strong earnings in 2008 especially considering the difficult economic environment and continued weakness in our local real estate markets", said Chairman and Chief Executive Officer, Thomas C. Meuser.

El Dorado ended the year with \$1,619,862,884 in assets, which represented 9% growth during 2008. Savings deposits rose by \$65 million, or 5%. The bank ended 2008 with \$146.6 million in capital representing 9.05% of assets, considerably above the 6% regulatory requirement for a "Well Capitalized" financial institution. Meuser said, "In 2008, El Dorado completed its 20th consecutive year without any foreclosed properties on our books. Considering the significant drop in

real estate values over the last several years, management is very pleased with that record." Real estate lending increased by 21% in 2008, as much of the competition dropped out of the market

El Dorado Savings Bank is a portfolio lender that retains and services each loan it originates. In 2008 El Dorado opened its 35th branch, located in Sheldon, just east of Elk Grove, California. The bank now operates 32 branches in California and 3 branches in Northern Nevada. When asked about the reason for El Dorado's consistent success, Meuser said, "During our 51 years of operation we have always focused on maintaining top quality assets and providing excellent service to all existing and prospective customers. This strategy worked when we opened for business in 1958 and it is still the basis for our successful operations today."

El Dorado Savings Bank operates branches at 4701 Manzanita Ave., Carmichael, and 7895 Lichen Dr., Citrus Heights.

Sacramento County Reduces Building Permit Fees for Projects with High Equipment Valuations

Sacramento, Calif. - Sacramento County has lowered building permits fees on projects with equipment valued at over \$5 million. "This fee reduction will help attract manufacturing and industrial projects to the County," said Steve Pedretti, Deputy Administrator of Development Services. "We're providing a progressively reduced scale of fees as the equipment value goes up; so the fee increase is moderated." As industry changes, including advancements in technology, manufacturing, computer and electronics, it is not uncommon for

manufacturing plants and facilities to house equipment far exceeding the cost of the structure.

Examples include the Opti-Solar manufacturing facility in McClellan Park and medical facilities who might install equipment costing significantly more than the building housing the equipment. For the occasional situation where building costs and the value of the equipment contained within are disproportional, fees will be reduced. This reduction would apply only to equipment valuations and not structural valuations. The new fee structure is:

Actual Equipment Value	Valuation for Fee Calculation Purposes
Up to \$5,000,000	100% of actual equipment value used
From \$5,000,001 to \$10,000,000	75% of actual equipment value used
From \$10,000,001 to \$20,000,000	50% of actual equipment value used
Over \$20,000,000	25% of actual equipment value used

FREE Fight the Bite Teacher Workshop

The Sacramento-Yolo Mosquito & Vector Control District would like to invite local educators to attend their Fight the Bite Teacher Workshop. The workshop is a great opportunity to learn more about mosquitoes, West Nile virus and more, and then to transition this knowledge into the classroom through fun activities teaching kids about the life cycle and physiology of mosquitoes as well as protective measures against vector-borne diseases. The workshop is scheduled for Saturday,

March 14, 2009 at the Esquire IMAX Theatre in Sacramento. The workshop will help educators to inform students about what to look for, how to protect themselves and who to contact for mosquito and vector control issues. Activities, which correlate with state content standards, will engage students through innovative words earches, vocabulary exercises, tests, mazes, and much more.

To register for this FREE Teacher Workshop, please visit www.FIGHTtheBITE.net.

Victory Christian School

A Fully Accredited, College Preparatory K-12 School 46 Years of Proven Educational Excellence



We have three campuses to serve you:

7th-12th (916)488-5601

Fair Oaks:

K-8th (916)967-6565

(916) 488-6740

In Carmichael:

We offer your family:

- Christ centered environment
- Small class size
- Educational field trips
- Weekly chapel for all ages
- Structured learning with hands-on learning

After-school care available

Applications now being accepted for the 2009/2010 School year!

Visit us on the web at victorycs.org

Let The Doctor Come To You! STIRTON MOBILE CHIROPRACTIC

Sacramento's premier mobile chiropractor brings his highly effective techniques and expertise to you at your home or place of business at vour convenience.

He uses diversified, Constead, SOT, toggle, and activator techniques to restore both spine and extremities to their full function.



Relief Is Just A Call Away!

Serving Sacramento and surrounding areas, this caring doctor is available when most are not: 8 a.m. to 8 p.m. Monday thru Friday; and weekends and after hours by appointment. Deaf and hearing impaired are welcome.

Business Owner Benefits:

Increase employee production and satisfaction by providing regular chiropractic check-ups and fine tune them for high performance. Healthcare benefits for you and your employees are tax deductible.

James L. Stirton DC

Sacramento Area's Mobile Chiropractor (916) 825-3140

jimstirtondc@comcast.net



CHAUTAUQUA PLAYHOUSE

to open

Enchanted April

(L) Richanne Baldridge as Rose and Lynnette Blanev as Lottie are intrigued by an advertisement of a castle for rent in Italy. Photo Credit: Warren Harrison

on February 13

Chautauqua Playhouse announces the fourth show of its 32nd season, ENCHANTED APRIL by Michael Barber, opening on February 13, at the Playhouse. The show will run on Fridays and Saturdays at 8:00pm and Sundays at 2:00 pm through March 15. All performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$17 general and \$15 students, seniors, children and SARTA members.

ENCHANTED APRIL is a romantic comedy, based on the novel by Elizabeth Von Arnim. In 1922, two discontented English housewives rent a villa in Italy to escape their unfulfilling marriages. They are joined by two other very different women for the holiday and the magical setting transforms all of their lives

The production is directed by Warren Harrison. Set design is by Jerry Sutherland, with lighting by RossAldrich.CostumesarebyEileenBeaver.ThecastfeaturesLynetteBlaney,RichanneBaldridge, Boots Martin, Julie Bock-Betschart, Michael Walker, Walter Thompson, and Monique McKisson.

For tickets and additional information call the theatre at (916) 489-7529(PLAY).

Information and tickets are also available through the Chautauqua Playhouse website: www.cplayhouse.com

CHAUTAUQUA PLAYHOUSE 5325 ENGLE ROAD, CARMICHAEL, CA 95608 (916) 489-7529

A Non-Profit Organization

TO ADVERTISE CALL 773-1111

Carmichael Times Page 4 February 17, 2009



California

OPEN YOUR HEART AND HOME!

Family home agency-**CALIFORNIA MENTOR**

is looking for people who are willing to provide care and guidance for adults (18vrs +) with developmental disabilities.

Have an extra bedroom? Have experience working with adults with disabilities?

Make a difference in someone's life!

Tax Free Stipend ranging from \$800-\$1800 per month

Info line (916) 383-9785 ext. 15

QUALITY MAKES A DIFFERENCE

QUALITY MANAGEMENT

Over 50 years under local management and ownership.

OUALITY ASSETS

In 2008, we completed our 20th consecutive year without any foreclosed properties on our books.

QUALITY RATINGS

Highest financial ratings from Bauer Financial, Inc., Veribanc, and IDC Financial Publishing, Inc.

SAFE—STRONG—SECURE



Serving our local communities for 50 years

35 locations to serve you

CARMICHAEL • 4701 Manzanita Ave. • 481-0664

Member **FDIC**

eldoradosavings.com



Lifetime Warranty Brake Pads Installed

Includes Pads and Labor

. Lifetime Warranty Covers Pads Only

. Most Cars, Per Axle, Front or Rear

· Additional Parts and Labor May Be Required at Extra Charge

Must Present Coupon. Expires 2/28/09.

Express Oil Change

- . Drain, Install New Filter & Lube
- . Add Up To 5 Qts. 10W 30 Oil
- +\$1.00 Haz. Waste Fee

Must Present Coupon. Expires 2/28/09.

Is Your **Check Engine Light On?**



Must Present Coupon. Expires 2/28/09.

- Lifetime Brakes
- · Lube, Oil, Filter
- Computer Diagnostics
- A/C Service
- Tune-Ups
- Free Brake Inspection
- Alternators & Starters
- Timing Belts

FREE Brake Inspection!

We gladly honor all competitor's lifetime brake pad warranties

River City Brakes

Authorized Factory Warranty & Maintenance Facility Offering 30/60/90K Mile Warranty Service

7808 Fair Oaks Blvd., Ste. B, Carmichael

(Directly across from Carmichael Honda Motorcycle)

Hours: Tues.-Sat. 8am-5pm, Mon. By Appt.



Brennan, Logan & Michael

	Fair Oaks	Blvd.
Manzanita	ornia	
Manz	Califo	



FREE Tire Rotation Most Cars

Local Event 'Well Suited' for Women Looking to Land a Job

dressbarn in Carmichael gathers donations of professional attire for local underprivileged women entering the workforce

Carmichael, (Grassroots Newswire) 2009 -- Landing a job in today's challenging economy is no easy task, but for anyone attempting to enter the workforce, making a good first impression is a crucial step towards success. Wearing proper business attire to a job interview, for example, speaks volumes about what you have to offer. According to a recently published article on Monster.com, "You areore likely to command respect and get what you want if you're dressed appropriately for your surroundings."

But for women attempting to enter the workforce, a common problem exists: without a job, they can't afford a suit, and without a suit, they can't get a job.

"We know how important a job interview is. That is why we partnered with our local Dress for Success affiliate to help disadvantaged women make that first impression a good one!" said Celine Beaudry, district sales manager for dressbarn in Carmichael.

During Dress for Success's S.O.S. - Send One Suit - Weekend, February 19 - February 22, dressbarn stores across the country, including the Carmichael location, will collect clothing from customers and donate them to underprivileged women in the local community seeking career development support. Over 200,000 suits and separates have already been donated by consumers at dressbarn stores during the past seven years. The donations are distributed to more than 60 Dress for Success affiliates throughout the United States and have provided for, on average, more than 31 percent of their annual suiting needs.

Participating in the event is simple:women are encouraged to donate one new or nearly-new interview suit to help another woman enter the workforce and change her life.

"This event gives us the opportunity to make a difference in the lives of women right here in the community where we do our business," Celine

Beaudry added. "We want everyone to realize that when they make a donation, they are giving another woman the confidence to enter or return to the workplace, make a personal first impression and land a job that can change her life."

This year, the spokeswoman for S.O.S.-Send One Suit - Weekend is Bobbi Brown, founder and chief executive officer of Bobbi Brown Cosmetics and member of the Dress for Success Worldwide Board of Directors.

"With the donation of just one suit, an entire family can be transformed," said Joi Gordon, chief executive officer of Dress for Success Worldwide. "So many of the women who come to Dress for Success are single mothers, and the suit is the first step in her journey to achieve self-sufficiency."

Local residents are being asked to donate new or gently-used suits and other professional apparel to dressbarn in Carmichael or any other dressbarn location during S.O.S. - Send One Suit - Weekend, February 19 - February 22. To show their appreciation to their customers and thank them for supporting this event, dressbarn stores will provide an additional 15 percent off total purchase savings to every customer who brings in a donation during Send One Suit Weekend! A donation receipt will also be provided for all suit and career donations.

For more information, please contact dressbarn in Carmichael, located at Crestview Village Shopping Center, at (916) 974-1074, or visit www.dressbarn.com.

About Dress for Success

Dress for Success is an international nonprofit organization that promotes the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life. Since starting operations in 1997, Dress for Success has expanded to more than 90 cities in the U.S., Canada, Jamaica, Mexico, the Netherlands, New Zealand, Poland and the UK. To date, Dress for Success has helped more than 500,000 women work towards self-sufficiency. Visit www.dressforsuccess.org to learn more.

About dressbarn

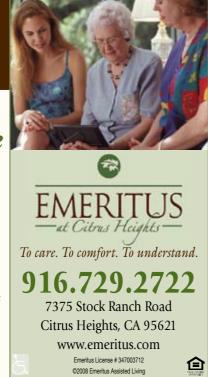
The Dress Barn, Inc. (NASDAQ - DBRN), is a leading national specialty apparel retailer offering quality casual and career fashion apparel. dressbarn stores carry styles in sizes four to 24 as well as shoes and accessories. As of February 2009, the company operated 833 dressbarn stores in 46 states and 697 maurices stores in 44 states. For more information, please visit www.dressbarn.com.

When someone you love has Alzheimer's, the whole family is affected.

That's why we make sure the whole family is involved.

It takes a special kind of person – and a special kind of place – to provide Alzheimer's care. You'll find both at Emeritus at Citrus Heights.

The special needs of those coping with Alzheimer's and other memory impairments demand a special kind of care and support: for them, <u>and</u> for those who love them. Emeritus at Citrus Heights offers just that, in a secure, inviting setting.



Can You Hear God Yet?



Pastor Cary Duckett

AT&T says they have the "most bars" and Verizon promises you "the network," but what help do people have when it comes to hearing God's voice? Life is filled with all kinds of circumstances. People have to go through all kinds of highs and lows. God has promised that His presence would never leave a person no matter what kind of situation they are in, but many have a hard time hearing Him.

God has hard wired humans to hear Him, but sometimes people get their hearts into a "dead zone." Have you ever lost communication with someone on your cell phone while they were talking to you? You know—one second you are listening and the next there is only silence? They are still talking, but you can't hear them. The connection has been lost. Right now, God is speaking to people, but many have lost the connection

Just like it is with a cell phone, to regain a lost connection a person must move to a place where the connection can be maintained. Hearing God's voice is not dependent upon being a good person or attending a church. Hearing God's voice is dependent upon the position of the heart. If a person's heart is proud or bitter or cold towards God, then the likelihood of hearing God's voice (even though He is speaking) is slim. However, if a person allows their heart to be vulnerable or honest or humble, well then, that heart is in the "God zone"—the place where one can hear God's voice.

At Cypress Avenue Baptist Church, we are on a journey to hear God's voice. You are welcome to join us.

If you would like more information about Cypress Avenue Baptist Church or if you would like to email Pastor Cary, visit www.cypressavenue.org.

File Your 2009 Business Property Statement On-line with E-SDR!

Over 25,000 2009 Business property Statements (Form 571-L) are being mailed by the Sacramento County Assessor's Office to business taxpayers during the first week of February. They are due back to the Assessor's Office by April 1, 2009. Business personal property includes all supplies, equipment, and any fixtures used in the operation of a business and is appraised annually at its current market value as of the January 1 property tax lien date.

The Business Property Statement Form 571-L can now be filed electronically!

A program known as "E-SDR" (for "electronic Standard data record") was developed by a consortium of California Assessors to allow those who have a small number of business locations in California to file their annual Business Property Statement Form 571-L electronically over the Internet. Using E-SDR to e-file the 571-L rather than mailing back a hard copy increases efficiency for both taxpayers and the Assessor.

In the first year, E-SDR filers will save mailing costs, though it will take about the same amount of time to fill out the form. In subsequent years, E-SDR filers will only need to input changes to their list of business personal property, thereby saving both time and mailing costs. It has been estimated that using E-SDR takes only about half the preparation and filing time after the first year. In addition to the

savings for business taxpayers, E-SDR helps the Assessor's Office process the e-filed BPS statements more efficiently than hard-copy statements, savings both time and money.

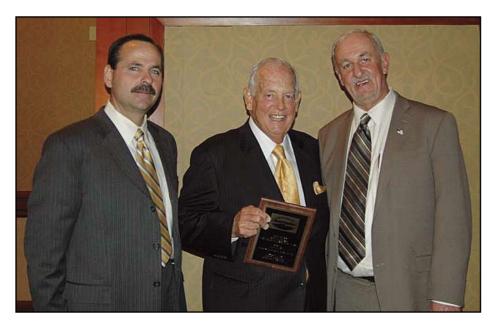
Business taxpayers who are interested in filing their Business Property Statement Form 571-L electronically using E-SDR should go to the web site www.calbpsfile. org and look for the red E-SDR button. In order to file using E-SDR, the filer must have the 18-digit personal property account number and the E-SDR "BIN" (Business Identification Number) number from the 2009 Business Property Statement Form 571-L they received from the Assessor's Office.

Business taxpayers who did not receive a 2009 Business Property Statement Form 571-L for a new location in Sacramento County should contact the Sacramento County Assessor's Office, Business Property Division at (916) 875-0730.

There is a companion program known as "SDR" that was developed specifically for large-scale taxpayers who annually file business property statements for numerous locations throughout the state.

For detailed information regarding SDR, the filing requirements for Sacramento County, and what such taxpayers need to do to register for the SDR program, use the SDR portion of the www.calbpsfile.org web site.

Rural Counties Awards Senator Dave Cox 'Legislator of the Year'



From left to right: El Dorado County Supervisor Ray Nutting, Senator Dave Cox, and Placer County Supervisor Jim Holmes.

Sacramento - The Regional Council of Rural Counties (RCRC) announced that it has selected Senator Dave Cox, who represents the Northeastern part of the state, as one of two recipients for the annual "Patti Mattingly Award" for 2008. The Patti Mattingly Award is given to a policymaker who has demonstrated leadership on rural issues and an understanding of the unique challenges that rural communities face.

"It is with much appreciation that RCRC selects Senator Cox for his important work on behalf of rural counties in the State Senate," said Supervisor Dave Finigan of Del Norte County and Chair of the Regional Council of Rural Counties. "Senator Cox's efforts helped the state's rural counties meet the challenges of a very difficult 2008 Legislative Session."

"As Senator for 12 Northeastern California counties, I was just doing my job," said

Sen. Dave Cox. "I am humbled by the recognition. It is the collaborative effort of rural county supervisors and the professional staff of RCRC Regional Council of Rural Counties that has enabled us to accomplish many things for rural communities."

RCRC's Patti Mattingly Award was established in memory of former Supervisor Patti Mattingly of Siskiyou County who had tremendous courage, commitment, and ability to promote constructive solutions surrounding rural issues. The recipient is selected by the RCRC Board of Directors.

Placer County Supervisor Jim Holmes commented, "Sen. Cox is a tireless public servant who sets an excellent example for all elected officials. The member counties of RCRC applaud his efforts in Sacramento."

Amador County Supervisor Richard Forster added, "One of his important efforts was securing the passage of SB 1XXX which provided an exemption to counties under 40,000 in population from experiencing deferrals in state payments to counties to assist with the state's cash flow crisis. Without passage of this bill, many rural counties could have faced dire fiscal straits."

In noting the Award, Senator Cox's important actions in the State Legislature include:

· Authored SB 1349 - which RCRC sponsored - that would have required that

counties be paid interest for reimbursement claims connection with contracted mental health services when reimbursement is made after 90 days; · Worked with the Schwarzenegger Administration to administratively exempt rural hospitals in having state payments deferred for a number of months to assist with the state's cash flow crisis; Supported needed revisions to the Correction Standards Authority's rules and guidelines for awarding state jail construction monies to low-population counties; · Successfully authored SB 206, which ensured that counties under 500,000 in population can participate in the Uniform Public Construction Cost Accounting Act.

RCRC is an association of 30 rural counties that advocates before the Legislature, Congress and state and federal government agencies on behalf of rural issues. Headquartered in Sacramento, county supervisors comprise RCRC's governing board.

Senator Dave Cox represents the residents of the First Senate District, which includes all or portions of Alpine, Amador, Calaveras, El Dorado, Lassen, Placer, Plumas, Modoc, Mono, Nevada, Sacramento and Sierra Counties. Contact his office at 916-651-4001, or via email at senator.cox@sen.ca.gov.



THE PINK PANTHER 2 Rated PG)

Granted, "The Pink Panther" films haven't been the same since the passing of Peter Sellers. All things considered, the franchise was nevertheless sliding precipitously downhill even during the British comedian's

Weekly SUDOKU —

Answer

2	1	5	7	4	3	9	8	6
6	7	3	8	9	1	5	4	2
8	4	9	5	2	6	7	3	1
7	6	4	3	1	8	2	9	5
9	5	8	2	6	4	3	1	7
3	2	1	9	7	5	8	6	4
5	9	6	4	8	7	1	2	3
4	8	7	1	3	2	6	5	9
1	3	2	6	5	9	4	7	8

Riley Reviews

by Tim Riley

SLAPSTICK COMEDY STILL RUNS AMOK IN "PINK PANTHER 2"

later years. Now, Steve Martin is putting his own stamp on the bumbling French detective Jacques Clouseau, and "The Pink Panther 2" won't be confused with any of the earlier Sellers films, if for no other reason that previous sequels were given original titles, for example "Revenge of the Pink Panther." Following the death of Peter Sellers, one film went so far as to introduce an Italian actor as the son of Inspector Clouseau, which marked the rock bottom of the old era.

There is no point in seeing "The Pink Panther 2" unless you are braced for a rollicking good time of silly slapstick humor, pratfalls and ridiculous embarrassments, mostly at the expense of Steve Martin's inept, blundering Inspector Clouseau. Most critics, of this I am quite sure, are likely to dismiss this comedy as inane, uninspired or even lame. As is often the case, these same critics are probably out of touch with the audience that wants to see Steve Martin as the goofy French detective who struggles mightily to pronounce the word "hamburger." And the audience just won't be 10-year-old kids. Okay, I admit enjoying this film more than reason and good taste would

dictate, but what's wrong with that?

When the story begins, Clouseau is back on parking meter duty, mainly because Chief Inspector Dreyfus (John Cleese, new to the role) wants him out of the office and out of his hair. The animosity between the Chief and Clouseau might be sparked by the detective's insistence on ostentatiously wearing his Medal of Honor. Around the world, a thief known as the Tornado steals valuable artifacts such as the Shroud of Turin and the original Magna Carta. When the Pink Panther diamond is also stolen, Dreyfus is forced to assign Clouseau to an international Dream Team of detectives charged with catching the thief and retrieving the priceless relics.

Naturally, Clouseau is out of his element, but he's backed up by his wise partner Ponton (Jean Reno) and his loyal associate Nicole (Emily Mortimer), the object of Clouseau's awkward affections. The Dream Team of crack detectives is rather flummoxed by Clouseau's involvement. They share with Dreyfus a dismissive contempt for Clouseau's vaunted abilities. The team includes the snooty Brit Pepperidge (Alfred Molina); the flashy, slick Italian Vicenzo (Andy Garcia); gorgeous jewel expert Sonia (Bollywood beauty Aishwarya Rai Bachchan); and Japanese tech whiz Kenji (Yuki Matsuzaki). As a group, they are irritated by Clouseau's bloated ego and ineptitude, but Vicenzo seems more interested in wooing Nicole.

Before you can start humming the iconic Henry Mancini theme music, the Dream Team sets off on a globetrotting adventure in search of the master thief. Naturally, this leads to many awkward moments when Clouseau bumbles his way into mischief. A fire that destroys a restaurant in Rome is just one mishap caused by the French detective's clumsiness. An investigation into the

Tornado's theft of the Pope's ring from inside the Vatican leads to some real silliness when Clouseau dresses like the Holy Father and stuns a crowd of visitors with a major pratfall. When the team questions a slick suspect (Jeremy Irons) at his Italian villa, Clouseau is hilariously caught on the surveillance cameras while he causes inadvertent mayhem during his snooping.

Steve Martin does for Jacques Clouseau what Daniel Craig has managed adeptly to do for James Bond. This is not to say that Martin supplants Peter Sellers any more than Craig makes everyone forget Sean Connery. But in their unique ways, both actors bring new life to venerable franchises. "The Pink Panther 2," which sustains laughs and has some good dialogue mixed in with all the slapstick routines, is plenty of fun, as long as you understand that the whole premise is deliberately silly nonsense.

DVD RELEASE UPDATE

Bernie Mac, a comic legend, made his last feature film appearance in "Soul Men," now available on DVD. Bernie and Samuel L. Jackson starred as two long-lost soul legends who are brought together again after a long estrangement. Twenty years have passed before they agree to one last performance to honor their former bandleader. The crosscountry road trip to the Apollo Theater in Harlem proves to be a test of the willingness of two volatile characters to patch up their differences. Of course, with "Soul Men" being a comedy, the journey across America turns out to be the road trip from hell. Bernie Mac and Samuel L. Jackson are very adept at bickering and hurling invective, all the while getting into serious jams, including even a brief stint in jail. The "Soul Men" DVD includes tributes to Bernie Mac and Isaac Haves.

Pet of the Week: Hayden



was forced to bring him to the shelter with hope that a nice family would visit the shelter and adopt him. He is around 7 to 9 years old and a little chubby; he should lose ten to fifteen pounds. He is loveable and sweet with people of all ages and other dogs but he doesn't seem to be too fond of cats and likes to chase them.

Pet ID#: A490447

Hayden is a huggable teddy bear with a happy-go-lucky personality. He is very smart and well trained – he knows the commands "sit, stay and down," he can walk on a leash without pulling and he is showing strong signs of being house trained. His owner had breast cancer and became too sick to take care of him. Although she loved him dearly she couldn't find a home for him and

To see Hayden and other adoptable animals visit:

Sacramento County Animal Shelter 4290 Bradshaw Rd Sacramento, Ca 95827

Open Tuesday – Saturday, and the first Sunday of every month

www.saccountyshelter.net (916) 368-7387 (PETS)

Buried in Credit Card Debt?

Over \$10,000 in credit card bills?
Only making the minimum payments?

- ► We can get you out of debt in months instead of years
- We can save you thousands of dollars
- ► We can help you avoid bankruptcy

Not a high-priced consolidation loan or one of those consumer credit counseling programs

Call

CREDIT CARD RELIEF for your FREE consultation

800-383-2050

Not availab in all state

Ad provided by MediaBids.com. 1-866-236-2259.

MARDI GRAS SUNDAY

Sunday, February 22 9:55 a.m.

3235 Pope Avenue

Acclaimed Sacramento Banjo Band will be playing traditional Dixieland jazz at a special worship service presented by the Northminster Presbyterian Church. Following the music and service, a free Mardi Gras luncheon of Jambalaya, beans and rice, and "red velvet" cake will be served. For more information call 487-5192, or visit northminsteronline.org.

King Crossword —Answers

Solution time: 21 mins.

_	_		_			_	_	_		_	_	_	_
E	В	R	Α			Ε	L	F		G	Α	Ι	Т
Ī	L	U	S	Т		W	Α	R		L	-	R	Α
(C	L	I	0		Ε	М	U		Α	М	Ε	Ν
E	В	Ε	F	0	G		Α	Ι	D	S			
				K	Ε	G		Т	U	S	S	┙	Е
(\circ	Н	Α	Т	Т	Е	R		0	\circ	\circ	\supset	R
	С	U	\circ	Ξ		М	J	G		Ш	\supset	R	0
7	Ą	S	Ι	Е	S		В	Е	S		D	ш	S
	Т	Н	Е	F	Т	S		L	0	L			
				L	Υ	Ν	Χ		Ν	1	G	Ι	Т
F	Р	0	L	0		Α	R	Е		Ν	0	_	R
	Э	R	Е	0			Α	Ν		G	J	R	\supset
F	Ρ	Ε	Α	R		Ĺ	Υ	Ε			Т	Е	Е

Weekly SUDOKU

by Linda Thistle

Answers on page 7

								F 85 7
2					3	9		
	7		8				4	
	4	9		2				1
	6				8			5
9				6		3		7
		1	9				6	
	9				7	1		
4				3			5	
		2	6	5				8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging ★★★ HOO BOY!

© 2009 King Features Synd., Inc.



15-year-old fixated on achieving WWE body

by Lauren Forcella

Dear Straight Talk: My son idolizes the wrestlers of World Wrestling Entertainment and is fixated with attaining a similar body for himself. He pushes himself at the school gym twice a day, five days a week. It is my understanding that the body needs time to recover between trainings, but he thinks that demonstrates weakness. What is a healthy routine for a 15-year-old boy, and how do I convince him that having a WWE body is unrealistic? — He won't listen to Dad

Chris, 20, San Pedro CA: Dear Dad of Hercules Jr.: It is normal for boys this age to want a muscular physique. I, too, wanted a chiseled chest and bulging biceps around that age - and I, too, made the mistake of working out twice a day, resulting in two herniated discs in my lower back. Intense workouts are not the best thing for growing teens and working the same muscles twice a day is the WORST thing you can do for muscle growth. Not resting will only slow down and possibly damage development. Have a P.E. teacher help your son determine a healthy

Dominic, 22, San Luis Obispo CA: Don't discourage your son, just find him a trainer. When you work out you are essentially tearing muscle fibers which need rest to regenerate.

Katie, 15, Auburn CA: Maybe this will help. If a 15-year-old boy approached me looking like a WWE athlete, I would run the other way.

Graham, 15, Fair Oaks CA: Your son is going to hurt himself. Get him a personal trainer. It may be expensive, but not nearly as expensive as your son ruining himself by working out improperly and for the wrong reasons.

Jack, 18, Fair Oaks CA: As long as he isn't working out the same body parts too frequently he should be fine. I'd be more worried that he is fixated on obtaining a body like those wrestlers and may view them as heroes. Most use steroids and have other unhealthy habits. In 2007, pro wrestler, Chris Benoit, after using steroids for multiple years succumbed to "roid rage", killing

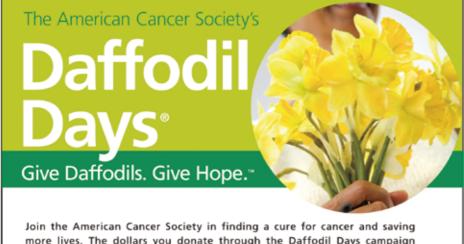
his wife, son, and then himself. Keep an eye on your impressionable son.

Dear Dad: I hope your son listens to his peers, because they are right. I validated their points by talking to two professionals. Joe Rodriguez of the National Strength and Conditioning Association says, "Lifting weights without giving the muscle opportunity to rest can actually shrink muscle over time rather than build it." He also says the reason most gyms don't allow kids to train without supervision is because overtraining can damage growth plates.

VanceMueller, formerOaklandRaidersrunning back and owner of Mueller's Elite Training in Cameron Park, California, loves weight training for teens because healthy, chemical-free training is the top antidote for stress, which is the biggest cause of disease and illness in today's world. "But you have to train smart," he says. "The bodies of WWE athletes are not real. They are all chemically enhanced. And anytime you take anabolic steroids you affect the pituitary gland and enter uncharted and dangerous territory." Mueller says successful weight training depends on rest interval, diet, hydration, and sleep - and proper rest interval means resting muscle groups 3 to 7 days between workouts, depending on the rigor of the workout.

I'm thrilled your son is working out, too, but he needs a respected trainer and good role models. Because he idolizes the WWE athletes, he may feel pressure to use steroids, which would allow him to skip the rest interval, over-train, and build mass unnaturally. These drugs are readily available on the black market and taken without a doctor (which the pros use) are wildly dangerous. If he can't relate to liver and kidney damage, other side effects in males are shrunken testicles, erectile dysfunction, breasts, baldness and acne. Maybe he'll hear that.

> Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628



more lives. The dollars you donate through the Daffodil Days campaign support the Society's groundbreaking research, education, early detection efforts, advocacy, and patient services. Purchase flowers, send a bouquet to a local cancer patient or become a volunteer coordinator.

Call 1-800-ACS-2345 or visit www.cancer.org/daffodilsonline.



1.800.ACS.2345 www.cancer.org

Hope.Progress.Answers.®



Kim Middleton Accepts Invitation to Mercy San Juan Medical Center's **Community Leadership Council**

Carmichael, - Kim Middleton, RN, joins Mercy San Juan Medical Center's Community Leadership Council. Middleton will represent the over 700 nurse employees at Mercy San Juan Medical Center. "My passion for nursing is driven by my experiences and the belief that one person can make a difference. This passion has led me to accept the invitation to join the Mercy San Juan Community Leadership Council and I hope my contributions will lead to positive change."



ONES LAW FIRM

4790 Dewey Drive, Suite C Fair Oaks, CA 95628

Gordon G. Bones Attorney at Law

The Law Firm provides the following legal services:

• Loan Modification and Home Mortgage Workout • Bankruptcy • Technology Contracts • Business and Corporate Matters • Trust and Trust Administration • Estate Planning • Probate and Conservatorship • Family Law

> P: 916.965.6647 F: 916.965.4218

gbones@boneslawfirm.com



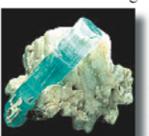
California Institute Jewelry Training

Carmichael, California

Jewelry Classes Begin Soon!

·Jewelry Arts

Everything a jeweler needs to know! Complete hands-on training from fabrication to stone setting to design and beyond.



• Gemology
The intriguing science and study of gem minerals such as diamonds, colored stones and pearls.

Call to speak to a enrollment representative today!

916.487.1122

VA Approved Student Loans Available

Fine Arts Photo Club

meeting of the Fine Arts Photo Club, hosted by the Sacramento Fine Arts Center (SFAC). We're a diverse group of photographic enthusiasts, ranging from professional to novice and all points in between. The purpose of the club is to provide a friendly learning environment. As the group evolves we'll be planning field trips and group shooting opportunities as well as sharing and teaching. The club is open to all formats and genres although there will be a significant focus digital photography.

Meetings will be conducted on the 4th Friday of each month, with our next meeting being February 26th at

January 29th marked the first 7PM. Meetings will be conducted at the SFAC. The center is located at 5330-B Gibbons Drive in The theme for the Carmichael. evening will be "self portraits." If you'd like to participate, please bring your "portrait." Whether you actually include yourself in the photo is up to you but it should say something about you. The only caveat is that it must have been taken specifically for this purpose. prepared to share your image, either as a print or CDROM or USB media drive.

> For questions please contact doug@binaryemulsion.com or SFAC at (916) 971-3713

Sacramento Suburban Writers Club

The Sacramento Suburban Writers Club meets at the Fair Oaks Library at 11601 Fair Oaks Blvd in Sacramento. This is the South corner of Madison and Fair Oaks Blvd. Meeting for February is on Tuesday, 24th @ 7 p.m. - 9 p.m. A11 writers are encouraged Free of Charge. attend to Membership is not mandatory but brings privileges. We have workshops & Critique Groups in Fiction, Non-Fiction, Sci-fi, Memoir & Poetry & more! Visitors and new members are welcome.

Next Meeting Date:

February 24, 2009 Speaker: Alton Pryor

Topic:

Writing About California History

Call Membership Chair for more information: 916-334-3269

Button Bazaar Returns to Carmichael

Button Bazaar Returns to Carmichael, CA

It's easy to see why button collectors love buttons...they are quite simply smaller antiques and collectibles. But, now that buttons are making a comeback in the fashion world, sewers and crafters are also discovering this "fastenating" art form.

Almost every subject and material has appeared on a button. Although button collecting was born during the Depression era of the 1930's, the hobby today encompasses collectible buttons going back to the 18th Century. From the elegance of fine French painted enamels, to the fun of children's novelties, there's something

for everyone. The Sacramento Button Club invites you to discover these small treasures, highly valued for their outstanding workmanship and nostalgic past. People are fascinated when they see vintage buttons for the first time, because they are seldom seen in today's marketplace.

The Button Bazaar show and sale is Saturday, February 28, 2009, 10 AM to 5 PM, Carmichael Park Community Club House, 5750 Grant Ave., Carmichael, CA., Donation 2.00.

site: http://home.comcast. net/~ButtonBazaar/Show.html

Sacramento Master Singers Presents

"Sing On 'Till I Am Filled With Joy"

The Sacramento Master Singers, under the direction of Dr. Ralph Hughes, will celebrate their 25th anniversary with this performance entitled "Sing On 'Till I Am Filled With Joy", with works that highlight the choir's past, rejoice in the present, and look toward the choir's future. This concert will be presented at First United Methodist Church (21st & J Streets) in Sacramento on March 14 at 8:00 PM and March 15 at 3:00 PM. The concert is presented in four segments: pieces from the choir's 25-year history, songs of social justice speaking to

the difficult times society has faced in recent years, works that indicate new trends in choral singing, and inspiring songs to lift the soul.

Tickets for Sing On 'Till I Am Filled With Joy are \$18 and can be purchased online at www.mastersingers.org, or by phone by calling (916) 788-7464, or atthe-door 30 minutes before each concert.

Please join the Sacramento Master Singers at First United Methodist Church to celebrate 25 years of providing the Sacramento region with the finest of choral performances.

Business & Service Directory

Handyman

Household Helper. You Name It! Hauling, Gutters, **Tree Trim, Spot Carpet Clean**

(916) 613-8359

Hair Salon

PRO CUT

We Serve Men & Children

603 Douglas Blvd.

Roseville

916-642-3269

Open M-F 9-5:30PM

Sat 9:30-4pm

Landscaping

Tall Weed

Cutting

Low Rates

Household Help

House Cleaning Sparkling clean home guaranteed. Professional pet care. Experienced, dependable, reasonable rates.

> **Call Madeline** (916) 723-1608

> > Advertise Here

ADVERTISE

YOUR

BUSINESS

HERE

Handyman

Local Handyman

All the typical 'handyman' services

• Deck & Fence Repair

Dry Rot/Termite Damage

•All Phases of Remodeling30

Years Experience

No Job Too Big or Small!

Call Tom (916) 868-2715

FundRaising

Take Your Fund Raising Over the Top!

Funding is a never ending challenge for non-profits! No Matter What *Travel is the Ultimate Fund Raiser!*

Let us show you how to tap into one of the largest industries in the World! Learn how to raise funds by taking advantage of the largest trend in travel: Online Booking! 42¢ of every dollar spent on the internet is Travel! Our innovative affinity program provides your organization with your own online travel website (similar to $\bar{\text{Expedia}} \mathbb{R})$ which can help generate thousands of dollars for your organization when members and supporters book their personal travel through your customized website. CALL or Email for additional information: Bob Cushman (916) 343-0505 Email: bob@bobcushman.com

Household Help

DeAna's HOUSEKEEPING

Immaculate, Fast, Honest, Dependable. I care about what I do.

Call me, (916) 549-4915

Garage Doors

DOOR SERVICE CALIF. STATE LIC. #650461

Garage Doors and

Openers, service, repair, replace.
Serving greater Sacramento area

since 1987.

Free Estimates • Senior Discounts

Contractor for Lowe's, Sears, Home Depot and Costco.Visa, MC, Amex

(916) 635-5951

ACTION

Technology

SPECIALTIES PLUS

COPIER REPAIRS **20 YEARS**

Alan & Pam Jennings

- FREE Estimates on all Brands and Models
- Volume Copying -
- Free Pick-up and Delivery
- New and Used Sales
 Lowest Prices on
- All Brands of Toner
- Maintenance Agreements Available
- 6 mo. Warranty on All Reconditioned Copiers

Call us Today!

723-8430

Plumbing

PLUMBING-SEWER-DRAIN Superior Quality...Outstanding Values! Your Local Plumbing Expert

Family Owned & Operated Licensed & Insured Small Jobs & Remodels Welcome Monday to Saturday 7 am to 7 pm Call 916-482-4190

Photo Restoration

Restore Old Photographs

Share memories of special places and times with your family.

(916) 483-6051

ws Studio, Crestview Cente Manzanita at Winding Way in Carmichael

Business for Sale

Salon for Sale

GREAT LOCATION!!, GREAT LEASE!!

1500 plus sq ft,. \$27500, utilities included, NO CAM CHARGES. Lease is unbelievable \$1 sq. foot and this building has lots of rooms, lots of options. Purchase salon and furnishings, new remodel (not a business as we are new and not established). Cable and internet ready. I am selling because I need to down size due to life changes.

(916-333-4367 or 481-3864)

Pets

DOG RESCUE Gary (916) 334-2841

Please Adopt or Foster

Because so many really great dogs are dying for a good home..

ShelterMOU@hotmail.com

King Crossword

ACROSS chuckling 10 Light brown 1 Lingerie item 44 Bobcat 12 Rose to 4 Will Ferrell 46 Dark hours address the group Christmas 50 Horseback pastime movie 19 Obtain 53 Exist 7 Rate of 21 Twosome 55 Film walking 23 Jewel 56 Sandwich 25 Gulf War 11 Craving 13 Civil cookie missile 14 Old Italian 57 Author 26 Entice 27 Piccadilly money **Fleming** 15 Hodgepodge 58 Mentor statue 16 Ostrich's 59 Bosc or 28 Jacket Bartlett 29 Call for cousin 17 Prayer silence 60 Old soap conclusion ingredient 30 Rue the run 18 Confuse 61 Ball prop 31 Massage 20 Lends a Solidify hand **DOWN** 38 Pigs' digs 22 St. Bernard's 1 Amorphous Trinity burden mass member 24 Rough 2 Hold the 42 Slow mover **45 MRI** struggle scepter 28 Gab "Yeah, right!" forerunner 32 Happen Lamb's Toe woe "That hurts!" mommy 48 Employ 34 Beer holder Dalai — Authentic 49 36 14-Across' Still-life 50 Burst replacement subject, often 51 Raw rocks 37 Bonfire Corporate 52 Meadow residue barrier of a 54 Away from 39 Other than sort **WSW** 41 Robberies Intend 8 43 Chatroom 9 Rage Answers on page 8

1	2	3			4	5	6		7	8	9	10
11			12		13				14			
15					16				17			
18				19		20		21				
			22		23		24			25	26	27
28	29	30				31		32				
33					34		35		36			
37				38		39		40				
41					42		43					
			44			45		46		47	48	49
50	51	52			53		54		55			
56					57				58			
59					60					61		

© 2009 King Features Synd., Inc.

HOME BUYER

Buying a home is a complex process. To help ensure that your home purchase is financially beneficial and the process of purchasing is problem-free, the Carmichael Realty Associates team is offering a free home buyer's class to teach you the secrets of successful home buying.

PLEASE JOIN US AT AN UPCOMING SEMINAR TO LEARN:

Will you get a deal by purchasing a foreclosure? Do you have to put money down to buy a home? Is it really a good time to buy? What is a short sale?

What is your credit score, and what does it mean to a lender? Why do you need a credit report ahead of time? What to do if you can't qualify now? What is the first step in purchasing a home? Bring your own questions.

When: Wednesday February 18th at 7:00 - 8:00 p.m.

Where: Carmichael Realty Associates 6753 Fair Oaks Blvd., Carmichael, CA 95608



RESERVATIONS ARE REQUIRED. SEATS ARE LIMITED. PLEASE RSVP CALL (916) 813-9238



TAX TIME IS HERE. DON'T BE NERVOUS. **WE KNOW TAXES.**

Mention This Ad And Your State Taxes Are Done For Free! COME SEE US AT EITHER OF OUR LOCATIONS.

5839 Manzanita Ave. Suite 8 Carmichael CA, 95608 916-338-5403

5484 Dewey Dr., Suite 235 Fair Oaks CA 95628 Near safeway shopping center 916-844-1023

LEGAL ADVERTISING

Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984

Legal Advertising P.O. Box 14 Carmichael, CA 95609

BUSINESS FICTITIOUS NAME STATEMENT #0900442. James P. Caplis, 303 Fitchburg Sq., Folsom, CA 95630 and John M. Caplis, 3130-1/2 Vineland Ave., Baldwin Park, CA 91706 are doing business under the 917/06 are doing business under the Fictitious Business Names "Silpac Partnership; Arden Oaks Apartments" at 5155 Arden Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Jan. 16, 2009. Publish: January 27, February 3, 10, 17, 2009 SILPAC 90104 2-17-09

FICTITIOUS BUSINESS NAME STATEMENT #0900440. James P. Caplis, 303 Fitchburg Sq., Folsom, CA 95630 and John M. Caplis, 3130-1/2 Vineland Ave., Baldwin Park, CA 91706 are doing business under the Fictitious Business Names "Silpac Partnership; Lone Oak Apts." At 2920 Garfield Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Jan. 16. 2009. Publish: January 27, February 3, 10, 17, 2009. SILPAC 90104 2-17-09

FICTITIOUS BUSINESS NAME STATEMENT #0900443. Hollywood Trailer Courts Inc., 4731 Whitney Carmichael, CA 95608 is doing business under the Fictitious Business Name "Cobble Creek Apartments" at 4731 Whitney Ave., Carnichael, CA 95608. Filed with the Clerk of Sacramento County on Jan. 16, 2009. Publish: January 27, February 3, 10,

90104 SILPAC 2-17-09

FICTITIOUS BUSINESS NAME STATEMENT #0900446. Hollywood Trailer Courts Inc., 303 Fitchburg Sq., Folsom, CA 95630 is doing business under the Fictitious Business Name "Hollywood Trailer Courts Inc." at 2990 Sippy Lane, Placerville, CA 95667. Filed with the Clerk of Sacramento County on Jan. 16, 2009. Publish: January 27, February 3, 10, 17, 2009. SILPAC 90104 2-17-09

FICTITIOUS BUSINESS STATEMENT #0900491. NAME Roman Tabayoyon, 3560 Las Pasas Way, Sacramento, CA 95864 is doing business under the Fictitious Business Dusiness Under the Fictitious Business
Name "Tango Passion" at 3560 Las
Pasas Way, Sacramento, CA 95864.
Filed with the Clerk of Sacramento
County on Jan. 20, 2009. Publish:
January 27, February 3, 10, 17, 2009.
TANGOP 90104 2-17-09

FICTITIOUS BUSINESS STATEMENT #0900222 Ivanov Enterprises Inc., 4129 Joy Lane Carmichael, CA 95608 is doing business under the Fictitious Business Name "Ivanov's Watch, Clock Repair" at 8051 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on Jan. 9, 2009. Publish: January 27, February 3, 10, 90104 2-17-09 **IVÁNOV**

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW

CHANGE OF NAME #34-2008-00025000-CU-PT-GDS

#34-2008-00025000-CU-PT-GDS
WHEREAS, Angela Taylor has filed
a petition in this court for a decree
changing name of Angela Michele
Taylor to Angela Michele Thomas. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 20. 2009 in Dept. 54, located at 800 9th St. Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspape of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 14, 2009. Shelleyanne W.L. Chang Judge of the Superior Court

Publish: January 27, February 3, 10, TAYLOR 901045 2-17-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW SHOW CAUSE CHANGE OF NAME

#219457

WHEREAS, Krystal Reynolds has filed a petition in this court for a decree changing name of Krystal Reynolds to Krystal Shaw. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 8:30 a.m. on March 13, 2009 in Dept. 131, located at 3341 Power Inn Rd Sacramento CA 95826 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 22, 2009. Scott P. Harman

Judge of the Superior Court Publish: January 27, February 3, 10, 17. 2009

90104 2-17-09 SACCHI

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00032440-CU-PT-GDS
WHEREAS, Clint Kaylor and Heather
Clark have filed a petition in this court for a decree changing name of Samuel Michael Goetsch to Luke Michael Allen Kaylor. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 6, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 21, 2009. Loren E. McMaster Judge of the Superior Court

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO
AMENDED ORDER TO SHOW CAUSE

Publish: January 27, February 3, 10, 90104 2-17-09

CHANGE OF NAME #34-2008-00032516-CU-PT-GDS

KAYLOR

WHEREAS, Lois Thomas has filed a petition in this court for a decree changing name of Michaela Tiano Nichole Hinton to Michaela Tiana Nichole Thomas. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 6, 2009 in Dept 53, located at 800 9th St., Third Floor Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be publ in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition, Dated: Jan. 21, 2009

Loren E. McMaster Judge of the Superior Court Publish: January 27, February 3, 10, 17, 2009.

THOMAS 90104 2-17-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00032197-CU-PT-GDS

WHEREAS, Joe Geoffrey Wood has filed a petition in this court for a decree changing name of Joe Geoffrey Wood

to Delsin. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 4, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the rmichael Times, a newspaper general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 16, 2009. Shelleyanne W.L. Chang Judge of the Superior Court Publish: January 27, February 3, 10,

NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

WOOD 90104 2-17-09

17, 2009.

Notice is hereby given that under and pursuant to Section 1988 of the California Civil Code the Property listed below believed to be abandoned AEMAL DASTAGIRZADA OR **OCCUPANTS** whose last address was 2981 DIORITE WAY, Sacramento, CA 95835 Will be sold at public auction CA 95635 Will be Sold at public acculon to 2981 DIORITE WAY, Sacramento, CA 95835 on Thursday, February 26th, 2009 at 12:00 o'clock PM.

DESCRIPTION OF PROPERTY:

Household Personal Property consisting of but not limited to Household and Office Items, New & Used Computer Keyboards, Motherboards & Monitors Laser Printers, Trash Cans, 20 unopened boxes, Typewriters, Office Desks & Chairs, Cell Phone accessories, Foam Products, Planters, Office Supplies and all other Items in

and on said property.
Publish: Feb. 10, 17, 2009. FRANKH 90202 2-17-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00032910-CU-PT-GDS

WHEREAS, Michael Levester Summerville has filed a petition in this court for a decree changing name of Michael Levester Summerville to Michael Levester Thompson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 17, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition, Dated: Jan. 27, 2009. petition: Dated: Jan. 27, 2009. Shelleyanne W.L. Chang Judge of the Superior Court Publish: February 3, 10, 17, 24, 2009. SUMMER 90201 2-24-09

SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2009-00033114-CU-PT-GDS

WHEREAS, Sohail Mehmood and Shazia Sohail have filed a petition in this court for a decree changing name of Fahad Sohail to Eshan Sohail. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 6. 2009 in Dept. 54, located at 800 9th St. Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 29, 2009. Shelleyanne W.L. Chang Judge of the Superior Court

Publish: February 3, 10, 17, 24, 2009. MEHMOO 90201

NOTICE ΩF PETITION ADMINISTER ESTATE OF GARY ALAN BENTON ESTATE NO. 34-2009-32329

To all heirs, beneficiaries, creditors and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of GARY ALAN BENTON.

A petition has been filed by Robin L. Henson in the Superior Court of California, County of Sacramento, requesting that Robin L. Henson be appointed as personal representative to administer the estate the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the

Independent Administration of Estates
Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority

The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826 on March 4, 2009 at 9 a.m.

IF YOU OBJECT to the granting of

the petition, you should appear at the hearing and state your objections or file

written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a

contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date

of the hearing noticed above. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code.

The name and address of petitioner

or petitioner's attorney is: Robin L. Henson, 1313 Solano St., Corning, CA 96021; 530-624-7257. Publish: February 10, 17, 24, 2009. HENSON 90202 2-24-09

FICTITIOUS BUSINESS NAME ATEMENT #0812531. James Childers, 9144 Irish Gold Way, cramento, CA 95826 is doing STATEMENT Sacramento business under the Fictitious Business Name "Connections-AVL" at 1805 Tribute Rd. #A, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on Dec. 23, 2008. Publish: February 10, 17, 24, March 3, 2009. CONNEC 90202 3-3-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2009-00033759-CU-PT-GDS WHEREAS, Clayton James Meyers has filed a petition in this court for a decree changing name of Clayton James Meyers to Clayton James Hichols Hansen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 18, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper general circulation, printed

Sacramento County. California. once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 4, 2009. Loren E. McMaster

Judge of the Superior Court Publish: February 10 17 2/ lish: February 10, 17, 24, March 3, 2009.

MEYERS 90202 3-3-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00033300-CU-PT-GDS

WHEREAS, Anna Elizabeth Schorn

has filed a petition in this court for a decree changing name of Anna Elizabeth Schom to Kaitlin Anna Paige. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 27, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once week for four consecutive week prior to the date set for hearing on the petition. Dated: Jan. 29, 2009.

Loren E. McMaster Judge of the Superior Court Publish: February 10, 17, 24, March 3, 2009

SCHORN 90202 3-3-09 NOTICE OF PETITION NOTICE ADMINISTER ESTATE OF JOYCE LORRAINE LABRECAUE
ESTATE NO. 34-2009-0003252-PR-

PWFRC To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in

the will or estate, or both of JOYCE LORRAINE LABRECAUE. A petition has been filed by Jeannette L. Sousek in the Superior Court of California, County of Sacramento, requesting that Jeannette L. Sousek be

appointed as personal representative to

administer the estate the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826 on March 13, 2009 at 9 a.m.
IF YOU OBJECT to the granting of

the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a

contingent creditor of the deceased. you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above. YOU MAY EXAMINE the file kept by

the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code.

The name and address of petitioner

or petitioner's attorney is: Jeannette L. Sousek, 7434 Cessna Dr., Citrus Heights, CA 95621; 916-728-2268. Publish: February 17, 24, March 3, 2009.

SOUSEK 90203 3-3-09

BUSINESS NAME #0901039. FICTITIOUS STATEMENT Robert Keplinger, 43 Claydon Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Keplinger Engineering" at 430 Claydon Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on Feb. 3, 2009. Publish: February 17, 24, March 3, 10, 2009. KEPLIN 90203 3-10-09

FICTITIOUS BUSINESS STATEMENT #0901373. Mortgage Source Direct, L.L.C., 555 Bend Creek Road, Atlanta, GA 30338 is doing business under the Fictitious Business Name "Residential Mortgage Source Direct" at 5545 Bend Creek Road, Atlanta, GA 30338. Filed with the Clerk Sacramento County on Eeb. 11 of Sacramento County on Feb. 11, 2009. Publish: February 17, 24, March i, 10, 2009. CORP2 90203 3-10-09 CORP2

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2009-00034234-CU-PT-GDS WHEREAS, Suzanne Lee Seymour has filed a petition in this court for a decree changing name of Suzanne Lee Seymour to Leana Suzanne de Rose. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 2, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the prior to the date set for hearing on the petition. Dated: Feb. 11, 2009. Loren E. McMaster

Judge of the Superior Court Publish: February 17, 24, March 3, 10, SEYMOU 90203 3-10-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2009-00033799-CU-PT-GDS WHEREAS, Joe E. Beaver has filed a petition in this court for a decree changing name of Joe E. Beaver to Plexico B. MicHaux. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 18, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of routiner order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 4, 2009. Shelleyanne W.L. Chang

Judge of the Superior Court Publish: February 17, 24, March 3, 10,

BEAVER 90203 3-10-09

Cost Effective Legal **Notices** Call 532-2113

Advertise in the Carmichael **Times** 773-1111











Adoption

PREGNANT? CONSIDERING ADOPTION? Talk with caring agency specializing in matching Birthmothers with Families nationwide. Living Expenses Paid. Call 24/7 Abby's One True Gift Adoptions. 1-866-459-3369. (Cal-SCAN)

Adult / Elder Care

Special 50% Off 1st Month Care Private & Semi private rooms. For more info call 916-721-4721(MPG)

Experienced caregiver for elderly 24-hour care; healthy nutritious meals; reasonable rates. In Fair Oaks - room in comfortable home. Call 916-536-0701

Auto Donation

Donate A Car - help children fighting diabetes. Fast Free Towing. Call 7 days week. Non-runners OK. Tax Deductible Juvenile Foundation – 1-800-578-0408 (NANI)

Donate Your Car: Children's Cancer Fund! Help Save A Child's Life Through Research & Support! Free Vacation Package. Fast, Easy & Tax Deductible. 1-800-252-0615. (Cal-SCAN)

DONATE YOUR CAR...To The Cancer Fund of America. Help Those Suffering With Cancer Today. Free Towing and 1-800-835-9372 Tax deductible www.cfoa.org(NANI)

Donate A Car Today To Help Children And Their Families Suffering From Cancer. Free Towing. Tax Deductible. Children's Cancer Fund of America, Inc. www.ccfoa.org 1-800-469-8593 (NANI)

Donate Vehicle: RECEIVE \$1000 Grocery Coupons, Your Choice. Noah's Arc, No Kill Animal Shelters. Advanced Veterinary Treatments. Free Towing, IRS Tax Deduction. Non-Runners. 1-866-912-GIVE. (Cal-SCAN)

Donate Your Car - Help Children With Camp & Education - Quickest Towing. Non-Runners/Title Problems OK. Free Vacation/Cruise Voucher. Special Kids Fund 1-866-448-3865 (NANI)

Autos For Sale

1974 Toyota 4WD Land Cruiser Does not run on blocks since 1994 Mercury Cruiser 350 Engine Rebuilt 1990 ChevySM420 XM 3 Speed w/ Granny Sagrnaw ps AEI IGN Hard Top w/ Soft and Bikini Dual Tanks Org Pt Carmichael 716-0403 (MPG)

\$500 Police Impounds!!!!

Hondas / Chevys / Jeeps & More! Cars from \$500! For Listingss and details 800-773-2204 (NANIG)

2000 Honda Accord Only \$2,100! Buy Police Impounds! Many Makes Available For Listings 800-671-1134 (NANIG)

1999 Toyota Camry Only \$2,210! Buy Police Impounds! Many Makes Available! For Listings Call 800-671-1134 (NANIG)

Business Opportunities

100% RECESSION PROOF! Do You Earn \$800 in a Day? Your Own Local Vending Route Includes 25 Machines indy for \$9,995. MultiVend LLC 1-888-625-2405 (Cal-SCAN)

HONEST INCOME From Home J Our Mortgage
No Advertising Postage
Powided References Processing Our Mortgage Assistance Postcards And Materials Provided. Available. No Gimmicks. 877-774-9295 (NANI)

OWN YOUR OWN FRANCHISE Working in Sales? Tired of getting paid

only once for each sale ? Make you and your friends the money they need! 916-201-3643 (MPG)

Earn Money with Your Computer The best \$299.00 investment during this economy! Benefits So Awesome \$3000.00 per mo possible after 1st six months! www.getstarted2win.com

Work From Home Earn \$1,000 to \$3,000 per week Free 14-minute that shows www.setfree.com (MPG)

UP TO \$275K+ 1st year Potential Income. We train. Serious, Motivated & Driven Only. Not MLM. Don't Believe Don't Call. 1-800-821-9551. (Cal-

A SALES PROS DREAM. Checks cut daily, complete training, earn what you're worth, \$100K potential, big residuals, commissions, benefits included, \$95 fee. 1-800-954-2108 Barbara. (Cal-SCAN)

Take Your Fund Raising Over the Top ! Funding is a never ending challenge for non-profits! No Matter What Your .. Travel is the Ultimate Fund Raiser

Let us show you how to tap into one of the largest industries in the World!

Learn how to raise funds by taking advantage of the largest trend in travel: Online Booking! 42¢ of every dollar

spent on the internet is Travel!
Our innovative affinity program provides your organization with your own online travel website (similar to Expedia®) which can help generate thousands of dollars for your organization when members and supporters book their personal travel through your customized website.

CALL or Email for additional information Bob Cushman (916) 343-0505 Fmail: bob@bobcushman.com (MPG)

Are you tired of...

Other people making it big while you work more and more just to stay caught up with your bills?

Spiraling costs and debts?

Your business owning you rather then you owning it?

Never having the freedom to enjoy the

fruits of your labor? Improve life's journey with an unequaled

business opportunity, and product that improves everybody's health. For information how to become a part of one of the fastest growing company call 916-205-8118. (Serious enquires only) (MPG)

PAYCHECK WEEKLY Possible from Home Processing Our Mortgage Assistance Postcards. References Available. No Advertising. All Materials provided. No Gimmicks. 877-774-9295 (NANI)

Do you dream of owning your own business? Pre-Paid Legal Services, Inc. is a publicly traded company on the NYSE and is expanding its services in your area. Full-time/part-time marketing opportunities available. information on how to become an Independent Associate of this fascinating company or if you would like to know more about our legal service plans, call today! Tony Lamm, Independent Associate, at 916-773-1421. (MPG)

Business Services

CLASSIFIED ADVERTISING in 240 Cal-SCAN newspapers for the best reach, coverage, and price. 25-words \$550. Reach 6 million Californians!. FRFF email brochure, Call (916) 288-6019. www.Cal-SCAN.com (Cal-SCAN)

DISPLAY ADVERTISING in 140 Cal-SDAN newspapers statewide for \$1,550! Reach over 3 million Californians! FREE email brochure. Call (916) 288-6019 www.Cal-SDAN.com (Cal-SCAN)

NEWSRELEASE? Cost-efficient service The California Press Release Service has 500 current daily, weekly and college newspaper contacts in California. FREE

email brochure. Call (916) 288-6010. www.CaliforniaPressReleaseService. com (Cal-SCAN)

Computers

Computer Care Complete PC Care and Maintenance Installs, upgrades, virus removal, wireless. Affordable prices-Same-Day Service. Call Todd 916-529-5954 (MPG)

A NEW COMPUTER NOW!!!!Brand Name Laptops & Desktops Bad or NO Credit – No Problem Smallest weekly payments. Its Yours NOW 1-800-804-7475 ***Unavailable West Virginia , Canada**

GET A NEW COMPUTER Brand Name laptops & desktops Bad or NO Credit – No Problem. Smallest weekly payments avail. Its yours NOW - 1-800-932-3721 *Unavailable West Virginia , Canada*

GET A NEW COMPUTER Brand Name laptops & Desktops Bad or NO Credit -No Problem Smallest weekly payments avail. Its Yours NOW 1-800-640-0656 **Unavailable West Virginia , Canada*

A NEW COMPUTER NOW!!!! Brand Name Laptops & Desktops. Bad or NO Credit - No Problem. Smallest weekly payments available. Its Yours NOW
- Call 1-800-804-5010. **Unavailable West Virginia, Canada** (NANI)

Construction

All Types of Construction - kitchen & bath remodels, new construction, roofing, decks, fencing, dual pane replacement windows. Free estimates Lic# 830054 (916) 335-1325 (MPG)

TRI US CONSTRUCTION Build new homes, additions and remodeling, Over 30 years experience, bonded and insured. Phone number 530-330-0185 Lic. #476884 (MPG)

DayCare

Peña Family Daycare - Small in home family care. Clean and Safe environment. Nutritional snacks and meals provided. Preschool like setting. (916) 972-1540 www.penafamilydaycare.com (MPG)

Infant Openings Now First week free Lic # SAC53133 FCCH 916-489-5824 (MPG)

Drywall

Tape - Texture - Patch No job too small very reliable. 28 years experience 916-961-7248 (MPG)

Elder Care

PROVIDING PERSONAL CARE w/ love and dignity. Rooms available Call 916-721-4721 (MPG)

Fencing

Affordable Fencing Redwood specialist. Dedicated on time service. steel post. Senior discount Lic. 742683 916-773-1350 (MPG)

Sierra Pacific Fence, Fences, decks Retaining Walls 100% neighborhood discounts XLNT prices Free estimates 483-1883 License 606100 (MPG)

Financial / Money to Loan

Homeowners Don't Short Sell Your Home as a first option. A home can generate \$2,600,000 of tax-free income Let me help you create additional income & front page 1040 deductions BK/CR 916-868-1041 (MPG)

IRS Tax Problems? FREE Consultation if you owe 10k+Settle for Less – Eliminate Penalties,Interest Charges & Tax Liens1-800-383-5270 (NANI)

Real People helping Good People find Real Debt Solutions! Linda Findley 916-300-0611 lafindley@team72goodcredit. com (MPG)

LAWSUIT LOANS? Cash before your case settles. Auto, workers comp. All cases accepted. Fast approval. \$500 to \$50,000. 866-709-1100 www.glofin com (NANI)

STOP YOUR DEBT INSANITY

Full service solution for credit nightmares. Mortgage Arbitration. Credit Repair. Debt Stlmt. 916-300-0611 (MPG)

\$\$\$ GET LAWSUIT CASH NOW- Oasis Legal Finance #1 See us on TV Fastest Cash Advances on injury cases-within 24/hrs. Owe nothing if you lose your case APPLY FREE CALL NOW 1-866-353-9959 (NANI)

Reverse Mortgages If you are a senior citizen, you have no doubt heard of a reverse mortgage. For ALL of the information and none of the obligation. call Len Lamb at 728-6653. (MPG)

\$\$\$ ACCESS LAWSUIT CASH NOW-As ssEen on TV. Injury lawsuit dragging? Need \$500-\$500,000++ within 24/hrs after approval? Compare our lower rates. APPLY NOW 1-866-386-3692 (NANI)

For Rent / Lease

1,000 sq. ft. commercial warehouse with small office. Lease or mo. to mo. \$650.00. Easy frwy access I-80 @ Madison. Call Lisa (916)331-0840.

OFFICE SPACE FOR RENT Office space, 780 Sq Ft Newly Remodeled El Camino & Walnut

971-1717 \$800/MO. (MPG)

Upscale Townhome in Creekridge 3/2 2 car garage cbarc ch Tennis, pool, yd maint. \$1395/mo + \$1200 dep 390-5634

HOUSE FOR RENT

bedroom/1bath/FR.LV located rear of office El Camino near Walnut \$900/mo. 1st,last,cleaning deposit 971-1717 (MPG)

Ex Suites @1.50 SF Carmichael, 144 / 276 SF Sec Entry, Cov Parking, 916-483-5044 (MPG)

For Sale

THE VIDEO PHONE

See the ones you Love by Video Phone Show off the new baby! Keep in touch with friends and family around the country ASK HOW ITS FRÉE! 916-612-8941

Electric Wheelchair Jazzy/1121 Brand new batteries - custom footguards - cane holder - basket - metallic blue. New \$5,700 Sacrifice \$1,450 obo - Cash Only Please - (916) 488-4154 (MPG)

Kawai upright piano and bench, used, excellent condition, oak finish. \$3000 Call 916-988-2927 (MPG)

Handyman

Handyman, JR Handyman Service Randy 916-880-6742 Joel Carter 916-637-3825 (MPG)

Household Helper. You Name It! Hauling, Gutters, Tree Trim, Spot Carpet Clean 613-8359 (MPG)

Handy Guys Small Jobs, Senior Discounts Gutter Cleaning - Deck's Woodwork 916-519-5135 Free Estimates (MPG)

A-1 Home Maintenance & Repair *Handy Man*

California state certified electrician Plumbing repair. Fence repair. Free quotes-no job too small. Please leave message. 916-961-8059 (MPG)

Decks, Dryrot, Wood Affordable! Floors, Fans, Fixtures, Plumbing, Electric, Licensed 501-7843 (MPG)

Gold Country Handyman, Build -Remodel - Repair Free estimate 916-391-4706 Richard Romero Lic 847423 (MPG)

Plumbing Services Specialty Plumbing - Remodels, Repipes, Water, Sewer, Gas Lines, Water Heaters CA License 918844 (916) 607-6749 (MPG)

Handy Guys Small jobs, Senior Discounts Gutter Cleaning - Decks, Woodwork 916-519-5135 Free Estimates (MPG)

Health and Beauty

Lose Up To 30 Lbs in 30 Days @ 30% Off Quick Start Program - January only! 1-888-834-6203 or 513-421-9252 (MPG)

Look Younger in Less Than a Day! 3027 ask for a Free Sample (MPG)

ONLINE PHARMACY Buy Soma,
I litram Fioricet. Prozac, Buspar Ultram, Fioricet, Prozac, Buspar \$71.99/90 Quantity or \$107/180 Quantity PRICE INCLUDES PRESCRIPTION! We will match any competitor's price.1-888-507-3415 or www.trirx.org

Braids & Weaves 24/7 Specialists in Dry Hair, Problems, Braiding/Weaving Tracks - \$15 Press/Curl \$45-\$65 LOC/ Appt 821-8888. Now Hiring (MPG)

KING of CURLS Specializing in Dry Hair Problems. All Braiding & Weaving Designs.Tracks, Press / Curls. 4751 Freeport Blvd: 800-722-8944 5320 Aubum Blvd: 916-736-0808 (MPG)

THE WEIGHT **OVER** up to a pound a day growing Company Fast proof product 916-474-4079 www.eat-choc-losewt.com (MPG)

Aloette Cosmetics offers the very best Aloe-based skin care products in North America. If interested in "Buying or Selling" contact me at 916-624-2303. (MPG)

Business Opportunities

100% RECESSION PROOF! Do You Earn \$800 in a Day? Your Own Local Vending Route Includes 25 Machines and Candy for \$9.995. MultiVend LLC. 1-888-625-2405. (Cal-SCAN)

LEVI'S, \$1.49 and other original designer brands (\$1.49 Levi's y otras marcas originales). Minimum 2400 jeans (órden minima de 2400 pantalones). Receive 300 jeans free with purchase! (¡Reciba 300 pantalones gratis con su órden!) Call between 9am-5pm. Porfavor inglés: 818-522-9824 (SWAN)

OWN YOUR OWN FRANCHISE Working in Sales? Tired of getting paid only once for each sale? Make you and your friends the money they need! 916-201-3643 (MPG)

Earn Money with Your Computer The best \$299.00 investment during this economy! Benefits So Awesome! \$3000.00 per mo possible after 1st six months! www.getstarted2win.com

Work From Home Earn \$1,000 to \$3,000 per week Free 14-minute movie that shows you how! www.setfree.com (MPG)

Take Your Fund Raising Over the Top ! Funding is a never ending challenge for non-profits! No Matter What Your Cause... Travel is the Ultimate Fund

Let us show you how to tap into one of the largest industries in the World! how to raise funds by taking advantage of the largest trend in travel

Online Booking! 42¢ of every dollar

spent on the internet is Travel! Our innovative affinity program provides your organization with your own online travel website (similar to Expedia®) which can help generate thousands of dollars for your organization when members and supporters book their personal travel through your customized website. CALL or Email for additional information:

Are you tired of...

Other people making it big while you work more and more just to stay caught up with your bills?

Bob Cushman (916) 343-0505 Email:

bob@bobcushman.com (MPG)

Spiraling costs and debts?

Your business owning you rather then

you owning it?

Never having the freedom to enjoy the fruits of your labor?

Improve life's journey with an unequaled business opportunity, and product that improves everybody's health. information how to become a part of one of the fastest growing company call 916-205-8118. (Serious enquires only) (MPG)

WEEKLY PAYCHECK Possible from Home Processing Our Mortgage Assistance Postcards. References Available. No Advertising. All Materials provided. No Gimmicks. 877-774-9295

Do you dream of owning your own business? Pre-Paid Legal Services, Inc. is a publicly traded company on the NYSE and is expanding its services in your area. Full-time/part-time marketing opportunities available. For more information on how to become an Independent Associate of this fascinating company or if you would like to know more about our legal service plans, call today! Tony Lamm, Independent Associate, at 916-773-1421. (MPG)

Heating & Air

Christopher's Heat & Air Low Rates, Quality Service Heat & Home Repairs 223-1744 (MPG)

AC Repair Low Prices 487-4609 (MPG)

Help Wanted

In-Home Caregivers Wanted Room and Board. Needed in your home for 35 year old man with early dementia. \$900 month. Some housekeeping needed. 916-989-9135. (MPG)

Firefighter No experience needed. Training, travel, great pay/benefits/ vacation & regular raises. H.S. grads ages 17-34. Call Mon-Fri.1-800-345-6289. (Cal-SCAN)

Its a lifestyle Not Just a Job!Travel-Work-Party-Play. 50 States. National company now hiring 18+ sharp guys & gals to work & travel entire USA. 2wks paid training, transportation & lodging furnished. Paid daily. Returns guaranteed. Call Today! Start Today! 1-888-741-2190. (SWAN)

DRIVER Positions Available! Start your NEW CAREER with our CDL Training: \$0 down, No Credit Check financing by Central Refrigerated. 1-800-587-0029 x4779. www.CentralDrivingJobs.net (Cal-SCAN)

DRIVER - CURRENTLY HIRING Experienced Teams and Solos with HazMat. Dry Van & Temp Control available. O/Os welcome. Call Covenant 1-866-684-2519 EOE. (Cal-SCAN)

DRIVER West Coast Regional NEW HIRING AREA. Newest equipment on the road. Competitive Pay. Run the Western 11 States. On Site - Full Service Maintenance Shop. Reasonable Home Time. Western Express - 22 yrs. old. Good MVR, EOE, CDL-A, 1 yr. OTR. Call Edna Today! 1-866-863-4112. (Cal-SCAN)

\$600 Weekly Potential \$\$\$ Processing HUD Refunds, PT. No Experience. No Selling. 1-888-213-5225 Ad Code A-5 Selling. 1-888-213-5225 Ad Code A-5
Void South Dakota, Maryland (NANI)

www.CarmichaelTimes.com February 17, 2009 Page 13











CLASSIFIED











WANTED-AVON Party Hostess Earn 50% Total Party Sales 50% off Hostess order Hostess privilege catalog Call Flizabeth 916-295-0185 (MPG)

Urgent F/PT Sale Reps needed Latest telecommunications products.\$\$\$ Commission, Bonuses, Residuals Training available call 916 612-6621 (MPG)

BODYGUARDS-COUNTER-ASSAULT TEAMS! Needed USA & OVERSEAS \$119-\$220K/year. Bodyguards \$250-750/day; 18 or older. 615-885-8960 750/day; 18 or older. or 615-942-6978 ext. 600 www. InternationalExecutives.NET(NANI)

EMT FREE TRAINING plus pay, benefits, vacation, regular raises. HS grads ages 17-34. Help others. Gain financial security. Call Mon-Fri 1-800-345-6289. (Cal-SCAN)

SALES A PHAT JOB! Now Hiring 18-24 Sharp Enthusiastic Motivated Individuals Free to Travel USA Representing 150+ Leading Publications. 2 weeks paid training, transportation provided. Return trip guaranteed. Call Tina or Jim 1-800-642-6147. (Cal-SCAN)

COMMUNITY INVOLVED PEOPLE needed to work with international high school students. Coordinate with schools interview families, support students. People skills necessary. 1-888-552-9872. People skills necessary. 1-888 www.ayusa.org (Cal-SCAN)

AREA REPRESENTATIVES to place and monitor foreign exchange students with volunteer host families. Independent contractor with compensation and training. \$1000 per student. Visit www CCI-Exchange.com/arearep.aspx 1-800-605-2341 (Cal-SCAN)

Bodyguards Needed. No Experience OK. FREE Training. Excellent Pay. Stateside and overseas assignments. Temporary or long term. 1-615-228-1701. www.psubodyguards.com(NANI)

Nannies and Sitters Needed. View Jobs at www.GoNannies.com. Houseke and Elder Caregivers also needed. (NANI)

\$\$\$ HELP WANTED \$\$\$ Earn Extra Income assembling CD cases from home. No Experience Necessary. Call our Live Operators NOW! 1-800-405-7619 ext 104 www.easywork-greatpay.com (NANI)

\$\$\$WORK FROM HOME\$\$\$ Earn Up To \$3,800 Weekly Working from Home assembling Information Packets. No Experience Necessary! Start Immediately FREE Information. CALL 24hrs. 1-888-202-1012 (NANI)

INCOME TAX PREPARER

3 Yrs Experience Minimum Top Salary Must Be Licensed Call 635-7421 For Info (MPG)

FEDERAL POSTAL POSITIONS

\$14 - \$59 hour Paid Training No Experience. Green Card OK 1-866-477-4952 ext 82 (NANIG)

Movie Extras/Models Needed! Fam \$100-\$300 per day. No Experience Required PT/FT. All Looks and Ages Needed. Call Now!! 1-800-605-6851(NANI)

SALES, Seeking Business minded Marketingrep's, New Technology/ Globally, Training available, F/PT, Residual Income, Commission, Fax Resume 916.910.2002 (MPG)

We are seeking dynamic customer service oriented individuals with great communications and typing skills needed to work on behalf of our company this service representative will earn up to \$3000 monthly any job experience needed. Email at danelperez1980@yahoo.com if interested (MPG)

Wanted: 29 Serious People to

Work From Home using a computer. Up to \$1.500-\$5.000 PT/FT www.REBVision. com (MPG)

Mystery Shoppers earn summer das money. Up to 150\$/day. Undercover shoppers needed to judge retail and dining establishments. Exp not req. 800-742-6941(NANI)

DATA ENTRY PROCESSORS NEEDED! Earn \$3,500 - \$5,000 Weekly Working from Home! Guaranteed Paychecks! No Experience Necessary! Positions Available Today! Register Online Now! www.DataPositions.com (NANI)

HAIR STYLIST NEEDED - We are a contemporary, new, drama-free salon located in Carmichael. Must have clientele followina—low booth rent, move-in specials. Call 916-481-3864 (MPG)

MANICURIST NEEDED - We are a contemporary, new, drama-free salon located in Carmichael. Must have clientele following—low booth rent, mospecials. Call 916-481-3864 (MPG)

AWESOME CAREER Government Postal Jobs!\$17.80 to \$59.00 hour Entry Level.No Experience Required / NOW HIRING!Green Card O.K.Call 1-800-913-4384 ext. 53 (NANIG)

Exp & professional filing clerk needed to organize and file for private residence Must have own trans. Hrs: 12:30-5:30pm, m-w-f. \$12/hr. \$180.00/wk flat. Resume to: FAX: 916-638-9951. (MPG)

Post Office Hiring Nationally! Avg. Pay \$20/hr or \$57K/yr incl Fed ben, OT optional fee-based test prep materials, not affiliated with the US Postal Service. 1-866-574 4781 (NANIG)

Post Office Hiring Nationally !Avg. Pay \$20/hour, \$57K/yr including Federal Benefits, OT. Optional fee based test prep materials. Not affiliated with the US Posta Service 1-866-574-4775 (SWAN)

Post Office Hiring Nationally !Avg. Pay \$20/hour, \$57K/yr including Federal Benefits, OT. Optional fee based test prep materials. Not affiliated with the US Postal Service.1-866-574-4775 (SWAN)

AWESOME CAREER Government Postal Jobs! \$17.80 to \$59.00 hour Entry Level. No Experience Required / NOW HIRING! Green Card O.K.Call 1-800-983 4384 ext. 54 (NANIG)

Government Jobs-\$12-\$48/hr Paid Training, Full benefits. Call for information on current hiring positions in Homeland Security Wildlife Clerical and professional 1-800-320-9353 x2100 (NANIG)

AIRLINES ARE HIRING - Train for high paying Aviation Maintenance Career. FAA approved program. Financial aid if qualified – Housing Available. CALL Aviation Institute of Maintenance (888) 349-5387 (NANI)

ATTEND COLLEGE ONLINE from Home. *Medical, *Business, *Paralegal, *Computers, *Criminal Justice. Job placement assistance. Computer available. Financial aid if qualified. Call 800-510-0784 www.CenturaOnline.com (NANI)

TIRED OF BEING BROKE? Get paid daily. No experience required. Local training. 888-211-4268 www. happyandhealthyfamily.com (MPG)

STRESSED OUT? Work from home & get paid daily! www.happyandhealthyfamily com 888-211-4268 (MPG)

ASSEMBLE MAGNETS & CRAFTS FROM HOMF! Year-round Work! Excellent Pay! No Experience! Top US Company Glue Gun, Painting, Jewelry & More!TOLL FREE 1-866-844-5091, enespanol, **Not available MD**

Single Again Magazine Online is seeking an independent sales contractor to generate advertising sales for our nationally recognized website. We are a website designed for the divorced, widowed and separated that offers real advice and articles to help people rebuild their lives. This is a part-time, extra income opportunity that you can work at from your home. Compensation is commission only but the commission is a generous rate Check us out at www.SingleAgain.com. To apply, send your email to publisher@ singleagain.com.

Matheson Trucking, Inc. is now hiring an Executive Administrative Assistant to be the primary support for the CEO. CFO and COO. Supports front desk, prepares and maintains documents, schedules meetings and travel. Must have 5-7+ years exp supporting a corporate environment; excellent verbal and written communication skills; proficient in MS Outlook, Word, Excel and PowerPoint. Must be professional. friendly and a team player. Fax resume to 866-418-9913 (MPG)

Household Help

House Cleaning Sparkling clean home guaranteed. Professional pet care. Experienced, dependable, reasonable Call Madeline 916-723-1608. (MPG)

Helper! Move In/Out Complete Clean, ash Hauling, Clean Yards, Carpets, Windows Etc 761-0447 (MPG)

DeAna's HOUSEKEEPING

Immaculate, Fast, Honest, Dependable. I care about what I do. Call me, 916-549-4915 (MPG)

QUALITY WINDOW CLEANING PLEASE CALL MARK AT 612-8949. (MPG)

Homesitters on Wheels, Office needs two RV'ers with RV's for Petsitting 916-483-5146 (MPG)

Landscaping

Lawn and Garden Service Bi-weekly or monthly Call for FREE estimates 965-8224 (MPG)

Lawnmower Service Mow & Edge your lawn 4 times per month for a fee. Call Bob 916-456-5281. (MPG)

Tall Weed Cutting Low Rates 916 524-7477 (MPG)

Legal Services

Need an Attorney? Have a legal situation? Looking for extra income? Contact Eicka Mitchell at 916-729-7364 or ericamitchell@ prepaidlegal.com (MPG)

BANKRUPTCY LAWYERS: Credit Card Debt, Foreclosure, Repo, Wipe Out Bills, Free Consultation 971-8880 (MPG)

Manufactured/ **Mobile Homes**

3bd/2ba MANUFACTURED HOME. Sonoma. Very good condition. \$30K. Buyer transports. Central AC/heat, new paint, all appliances, wood stove, skylights. Approx. 1344/sq ft. 415-531-3799. Available April. (Cal-SCAN)

Men's Suits For Sale

Men's Suits Men's 42 Jacket 36-38 Waist Assorted used men's suits in very good condition. \$25-\$35 each. Buy one or all. Call 773-7337

Miscellaneous

RICHMOND'S HUNTING CLUB Come hunt with us - 20K acres Doves, Quails, Pheasants Ducks and Geese For information: Dennis Sanders 530-913-5817 or Les Edwards 530-458-3814 (MPG)

Don't Forget Valentine's Day! Save \$20 on 12 Long Stemmed Red Roses & Free Ruby Vase. Only \$39.99. Order Now, Supply is Limited. Only at www.proflowers. com/credit or 866-312-7735 (NANI)

**ALL Satellite Systems are not the same. Programming starting under \$20 per month, HDTV programming under \$10 per month and FREE HD and DVR systems for new callers. CALL NOW 1-800-799-4935 (NANI)

IF A LOVED ONE UNDERWENT **HEMODIALYSIS** and received Heparin between September I, 2007 and August 31, 2008 and died after the use of Heparin,

you may be entitled to compensation. Call Attorney Charles Johnson - 1-800-535-5727 (Cal-SCAN)

*OBESITY *LOYALTY *DELUSIONAL* Show Me The Future! www.TheSanctified. org (Cal-SCAN)

Miscellaneous Items For Sale

DIRECTV FREE 4 Room System! 265+ Channels! Starts \$29.99! FREE HBO, Showtime, Starz! 130 HD Channels! FREE DVR/HD! No Start Up Costs! Local

FREE DIRECTV 4 Room System! 265+ Channels! Starts \$29.99!FREE HBO, Showtime, Starz! 130 HD Channels! FREE DVR/HD! No Start Up Costs!Local Installers!1-800-620-0058 (NANI)

STEEL BUILDINGS All sizes welcome Steel prices are down! Will help with design Additional discounts available www.greylensteel.com1-866-802-8573 (NANI)

SAWMILLS FROM ONLY \$2.990 -Convert your Logs To Valuable Lumber with your own Norwood portable band sawmill. Log skidders also available, www. NorwoodIndustries.com/300N -FREE Information: 1-800-578-1363 x300-N (Cal-SCAN)

Steel Buildings. 20 x 20, 30 x 40, 50 x 100, 100 x 100 Up to 50% off on erected completed projects. www.scg-grp.com Source #ØDL Phone: 916-248-4416 (MPG)

Mount Vernon Single Cemetary Lot Garden of Humility (front-east side of building) \$5,000.00 Contact: 1-405-728-0420 (MPG)

BUILDING "UNPRECEDENTED Low Prices". Sale Ends February 13th. 25x40 \$5,190. 30x50 \$6,390. 35x60 \$8,990. 40x60 \$12,700 60x100 \$33.600. Others! Pioneer Steel 1-800-668-5422. Since 1980. SCAN)

Tupperware Please call for any service. Chris Krcmar 916-483-1671 Call for a free catalog (MPG)

Reclining Sofa Dark Green \$400.00 Excellent condition, Armoire light wood 3 Drawers \$200.00. White dining table w/ leaf and 4 chairs \$50.00 Call 916.803.7247

SAVE MORE MONEY

Lower your Communications Bill by up to 50%!ALL Wireless Carriers - Internet -Satellite TV - Home Phone 916-717-6518 (MPG)

FREE DIRECTV 4 Room System! 265+ Channels! Starts \$29.99! FREE HBO, Showtime, Starz! 130 HD Channels! FREE DVR/HD! No Start Up Costs!| ocal | Installers! 1-800-620-0058

MEMORY FOAM THERAPEUTIC NASA VISCO MATTRESSES WHOLESALE!

AS ON TV TWIN-\$299 FULL-\$349 QUEEN-\$399 KING/CAL KING \$499 CRAFTMATIC ADJUSTABLES-\$799 FREE DELIVERY 25 YEAR WARRANTY 60 NIGHT TRIAL 1-800-ATSI FFF I-800-287-5337 WWW.MATTRESSDR. COM (NANI)

Motorcycles for Sale

Hondas from \$500! Buy Police Impounds! Hondas/Toyotas/Jeeps and More! Call for Listings 800-591-0328 (NANIG)

Notary

Mobile Notary Services Certified Loan Signer Paralegal Services Powers of Attorney, Wills Will Travel to Your Home or business 916-508-7080

Notary Services Hospital, Care Home or make arrangements. Call (916) 482-9388 for details. Ask for Debbie or leave message. (MPG)

24/7 Notary Services Anytime / Anyplace Call Dan @ 916-712-2661 (MPG)

Painting

All Pro Painting Res/Com. Quality work free est. sen disc lic914715 Ph 607-0523 (MPG)

Pets

Pet Sitting Professional loving pet care. Established reputation. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608. (MPG)

Home Sitters on Wheels office needs two RV'ers with RV's for pet sitting. Call 916-483-5146 for more information. (MPG)

Annie's Pet Sitting Services Lisensed insured and bonded Vet tech exp. Ref. avail. 916.202.6952 (MPG)

Prayers & Novenas

NOVENA TO ST. JUDE May the sacred heart of Jesus be loved, adored, cherished and preserved throughout the world now and forever. Sacred heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thank you St. Jude. G.D.G.

Wanta go to heaven without dying? Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves You! (MPG)

Real Estate Homes For Rent

3 BR 2 BA Only \$299/mo! 3 BR 2.5 BA Only \$210/mo!

2 BR 1 BA Only \$199/mo! (5% Down 20 Years @ 8.5% APR) Foreclosures! For Listings Call 800-272-9416 (NANIG)

Stop Renting! Homes Available. 100% Financing. No Down, No Costs. Federally Insured. Call 866-903-8051. Green Planet Mtg. Licensed by the Department of Corporations CRMLA. (Cal-SCAN)

***FREE Foreclosure Listings** Over 400,000 Properties Nationwide. Low Down Payment. Call Now 800-446-7495 (NANIG)

Real Estate Homes For Sale

Smart Buyers Check out this one

in Gold River Two-story prestigious Hesperian Village Home. Secluded cul de sac. 2800 sq. ft. 3 bedroom, 2 bath with loft. Built-in bookcases and large desk. Formal dining room, living room with fireplace, family room. Plantation shutters, large carpet, window coverings. Mexican paver tiles in entry, family room, kitchen and laundry room. Epoxy 3-car garage floor. Oversized backyard with extended stone patio, brick planters, variety of mature trees. New Lifetime concrete shake roof. Fabulous rock waterfall and pond Built-in granite BBQ. Home backs up to greenbelt. \$515,000. Lorraine Foster, ReMax Gold 916-933-6190 (MPG)

LAKE TAHOE 2BR 1.5Bth LOFT. Lakeland Village Townhouse. Discounted \$100,000 from prior sale of comparable property. Please see "Property For Sale at www.LakeRealty-Tahoe.com 1-800-782-9790. (Cal-SCAN)

3BR 2BA Only \$56,000! Buy Foreclosure 1-4 Bedroom House! For Listings 800-279-1604 (NANIG)

2BR 2BA Only \$23,900! 3BR 2BA \$56,000! 3BR 3BA \$39,004!Buy Foreclosure! For Listings 800-279-1604 (NANIG)

FREE Foreclosure Listings Over 400,000 Properties Nationwide. Low Down Payment. Call Now. 800-860-9622 Motivated Seller- Great Buys-two homes-Good Areas. #1 updated kitchen & 3BDRM, 2BA, near Crestview shopping, \$289,000. #2 Dream Kitchen w granite-tiled & beautiful bathrrms & floors. \$260,000. Glenda Hill 761-7548. (MPG)

Granite Bay Listings View at www. lizyoakum.com Call 390-5634 (MPG)

Real Estate/ Land Sale

20 Acre Ranches, \$0 down! Near Booming El Paso, Texas. \$15,900, \$159/ month. (10%/225 mths) Beautiful Mountain Views. Road Access. Money Back Guarantee. Owner Financing. No Credit Checks. 1-800-343-9444. (Cal-SCAN)

Arizona Land. BIG LOTS 20 Acre Ranches, \$0 down! \$0 down \$0 interest. Best Land, Best Terms Nationwide GUARANTEED or Your Back. Starting at \$129/mth. Your Money sunsiteslandrush.com Call Pre-Recorded Message 1-800-631-8164 (NANI)

NO KIDDING! 5 acres Southern California. WHILE THEY LAST! \$125/down, \$125/monthly, \$12,495 Cash. Owner Financed. NO Banks/Brokers. NO Credit Checks. 949-340-2245 (NANI)

TEXAS LAND SALE!! 20 Acres, \$0 Down. Only \$15,900, \$159 / mo. Near Booming El Paso. Beautiful Mountain Views. No Credit Checks. Money Back Guarantee. Roads/Surveyed. 1-800-843-7537 www. sunsetranches.com (NANI)

GEORGIA LAND Washington Co.,Incredible Investment, 1 acre to 20 acres Starting @ \$4,000, Low taxes, beautiful weather, seller financing w/easy terms, county approved, call 706-364-4200 for details(NANI)

BUYER'S MARKET New Mexico. Ranch Dispersal, 140 acres - \$89,900. River Access. Northern New Mexico. Cool 6.000' elevation with stunning views. Great tree cover including Ponderosa, rolling grassland and rock outcroppings. Abundant wildlife, great hunting. EZ terms. Call NML&R, Inc. 1-866-360-5263. (Cal-SCAN)

COLORADO BANK FORECLOSURE-35 AC \$29,900. Enjoy 300 days of sunshine. Rocky mountain views, utilities, Excellent financing. 1st come, 1st serve!! Call Today 1-866-696-5263 x4938. (Cal-SCAN)

Restore **Old Photos**

Restore Old Photographs Share memories of special places and times with your family. (916) 483-6051 - Laws Studio, Crestview Center (Manzanita at Winding Way in Carmichael) (MPG)

Schools /Instruction

HIGH SCHOOL DIPLOMA! Fast Affordable & Accredited FRFF Brochure 1-800-532-6546 Ext. 412 www.continentalacademy.com (NANI)

GFT CRANE TRAINED! Crane/Heavy Equipment Training, National Certification Prep. Placement Assistance. Financial Assistance, Northern California College of Construction. www.Heavy4.com Use Code "NCPA1" 1-866-302-7462. (Cal-SCAN)

ELECTRICIAN TRAINING. We train you. Fairfield, Concord, Santa Rosa. 2 days per week for six months. Enrollment Fee required. Sign-up today! 707-480-0514 randv@fleenerelectric.com (Cal-SCAN)

Piano Lessons first lesson FREE-Always wanted to learn? Never too late-call Kate at 916 704-0965 Sr discount (MPG)

The Math Resource: math/statistics tutoring; \$40-\$50/hour; 916-722-1058 (MPG)

ATTEND COLLEGE ONLINE Home. *Medical, *Business, *Paralegal, *Computers, *Criminal Justice. placement assistance Computer

Carmichael Times

Page 14

CLASSIFIED

available. Financial Aid if qualified. Call 800-510-0784 www.CenturaOnline. com(NANI)

Services Offered

I take you to the doctors, shopping or misc. errands. Call for schedule. Serving most areas. 916-214-8169. (MPG)

Seeking Security Placement in Fair Oaks or Carmichael, Licensed Call 916-712-2137 (MPG)

The Clean-Bliss Experience Responsible, experienced & Reliable. Arlene 916-863-1374. (MPG)

Real Hardwood Flooring \$1 69 Square Foot or we install for \$3.99 square foot complete 916-366-1672. Cont Lic #757522

TimeShares

BUY TIMESHARE RESALES SAVE 60-

80% OFF RETAIL!! BEST RESORTS & SEASONS. Call for FREE TIMESHARE MAGAZINE! 1-800-639-5319 www. holidaygroup.com/flier (NANI)

SELL/RENT YOUR TIMESHARE NOW!!! Maintenance fees too high? Need Cash? Sell your unused timeshare today No Commissions or Broker Fees. Free Consultation www.sellatimeshare.com 1- 877-494-8246 (NANI)

Tree Care

CARMICHAEL TREE CARE Pruning-Topping-Removals Stump removals—Low Rates *Licensed* (916) 349-6207 (MPG)

Upholstery

Upholstery B&T Upholstery and Repairs. Specializing in Deco & Modernism. Call Bill 392-1959 / 995-7177 (MPG)

Video Archiving **Services**

Archive Family Video To DVD Event Video & Photo At It's Best! Video Christmas Postcards. (916)402-5351

Volunteers Needed

Volunteers Needed: The Domestic Violence Intervention Center needs caring people to assist victims of domestic violence. For more information call 728-5613 or visit our office at 7250 Aubum Blvd., Citrus Heights, CA (MPG)

Yoga

Sunrise Yoga Centre - Hatha Yoga Iyengar style 3713 Casa Loma Way Near Sutter 944-3207 (MPG)

Singles Nite of the Stars Dance

Christian Singles Network, will hold a Nite of the Stars Dance for single adults Saturday, February 28, from 7 PM to 11:30 PM. at Carmichael Presbyterian Church, 5645 Marconi Ave., near Fair Oaks Blvd, Carmichael.. The evening features DJ dance music of all types from 8-11:30 by Jerry Tatum and dance lessons in the Hustle from 7-8 PM by Siggy. Dress as a movie, tv, or sports star, or famous musician, or come as the star you are (nicer casual). The ticket price of \$15 presale or \$20 at the door includes a complementary buffet and the dance lessons.

CSN dances are non alcohol. Christian Singles Network, Northern California's largest inter-church singles group founded in 1992, has over 7,500 singles on its roster and holds dances every 3 to 4 weeks. Call the number below for directions or more information. The music is a mix of rock and roll. ballroom, Latin, country and Christian music.

Membership is not necessary to attend, although members get a \$5 discount at the door. All ages and all denominations are welcome Most attendees fall between the ages of 35 to 65 but all ages are welcome. CSN has been holding dances 16 years, drawing singles from the Sacramento, thefoothills, and beyond to Reno and the Bay Area.

CSN next dance will be held March 21, also at Carmichael Presbyterian Church. For more information on these parties please call the office at 530-878-8606.

Pre-sale dance tickets are available on line at www.christiansinglesnet.com, or at Wayside Bookstores in Auburn and Rocklin, Berean Bookstore in Sacramento, and Jireh's Bookstore in Placerville; or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722. Volunteers receive a discount or attend free for helping. Call the CSN office to volunteer.

For more information, to receive more information about activities, or directions call the 24 hour event line at (916) 658-0606 or the CSN office at (530) 878-8606. The website, www. christiansinglesnet.com, includes directions.



More lawsuit abuse was not a change anyone voted for

By John Kabateck and John Merchant

Whatever change voters were seeking last November, there is no record of any mass of them calling for greater rights for lawyers to sue. Sensing a new political mood afoot in the nation, however, personal-injury attorneys are girding their loins for another charge at changing state laws to enrich themselves through artificiallyaggrieved clients and billable hours-and nowhere is that more evident than in California.

The trial attorneys' lobby is a powerful one in Sacramento. Its success can be measured in the Golden State's dismal ranking of 44th out of 50 in a Harris survey, Lawsuit Climate 2008, and in California's inclusion in Forbes magazine's rating of the 10 Worst States to Do Business.

The one pebble in the shoe of the legislative lobbying giant has been Gov. Arnold Schwarzenegger. In 2004, the Governor scored one of his most popular victories when he campaigned for the successful passage of Proposition 64, which ended the insidious practice of shakedown lawsuits, whereby any attorney could sue on behalf of the people of California, even though no injured party could be found. These shakedown lawsuits included such

ridiculous things as punishing an auto dealer for using "APR", instead of spelling out "Annual Percentage Rate" in newspaper ads. More often than not, defendants would simply settle out of court--something lawyers had planned on --rather than incurring the cost of a trial.

After Proposition 64 passed, lawyers had to produce an actual injured party and could no longer sue on behalf of the people of California, who never saw a dime of the settlements anyway. But the initiative's passage only took the lawyers' foot off of the gas pedal for a second. Every year since, they have succeeded in getting a pliable legislature to put some bill or another on the Governor's desk that would open up new revenue streams for them at the expense of business owners.

New penalties for misclassifying employees as independent contractors, new penalties for a perceived breach of customer data – even if no damage occurred - and new opportunities exploiting the workers' compensation system were all measures that landed on the Governor's desk in the past few years but were, thankfully, met with his veto.

That last attempt is perhaps the most egregious, since the workers' compensation system was established a century ago for the purpose of eliminating the need for lawyers from the whole equation.

On a national level, Personal injury lawyers are calling on the Obama administration to repeal regulations that have been put in place during the past eight years that protect employers against unreasonable lawsuits and would greatly expand liability--all in the name, of course, of "consumer protection." They believe the wind blowing against "big business" is to their backs, pushing them faster toward treasure chests of jury awards and out-of-court settlements.

Yet in California, an estimated 90 percent of businesses employ 10 or fewer employees. Nationally, small businesses employ 50 million people, compared with approximately 19 million who work at large companies. These are the businesses that will be hurt if personal injury lawyers succeed in their effort to repeal sensible reforms and further erode the foundation that drives California's and the nation's economy.

Nearly 95 percent of California small

business owners believe current law favors those who sue and 98 percent of respondents believe new laws are needed to protect businesses against lawsuit abuse, according to a joint poll conducted by the National Federation of Independent Businesses and California Citizens Against Lawsuit Abuse.

An Associated Press national poll taken on inauguration day indicates that 53 percent of Americans feel optimistic. Yet at this time of hope and optimism, California is on the brink of insolvency. In the face of such a paradox, Californian's need to be more vigilant than ever about the efforts of the trial bar that undoubtedly will result in more businesses closing their doors, leaving the state and adding to the millions of jobless Californians. That kind of change is one we simply can't shoulder.

John Kabateck is California executive director for the National Federation of Independent Business. John Merchant is co-Chairman of California Citizens Against Lawsuit Abuse. owner of Indian Springs Resort and Spa in Calistoga and member of NFIB.

"Entre Amis": A Concert with the CSUS Choirs

Join Donald Kendrick and the Sacramento State University Choirs for Entre Amis-- a Choral Concert on Saturday, March 14th at 8 PM in Sacred Heart Church located on the corner of 39th and J Street. The evening will feature the Chamber Choir, Concert Choir and the University Chorus in a celebration of Canadian and American choral works. The University Chorus will also present J.S. Bach's "Cantata No. 150" and "Winter" by Eric Whitacre featuring chorus, strings and renowned Sitar performer Dr. Prasad Jogalekar from the Bay Area. The Concert Choir will perform new works from Canadian composers Sid Robinovitch

from Canadian composers Sid Robinovitch and Eleanor Daly and the Chamber Choir will sing some of the works from their upcoming concert tour to Montreal and Ottawa in May. The suggested donation at the door is \$10 General or \$5 for Students/Seniors.

Advance tickets are strongly suggested by calling the CSUS Central Ticket Office (916) 278-4323 or through BASS Ticket Outlets at (916) 766-2277. Visit our website at www.csus.edu/music/choral

Date: Saturday, March 14th at 8 PM

Place: Sacred Heart Church 1040 – 39th Street

(39th and J Street), Sacramento

Tickets: Suggested Donation at the Door

\$10 General or \$5 Students/Seniors

CALENDAR ITEM

The Genealogical Association meets at 1 p.m. February 18th at the Colonial Heights Library - 4799 Stockton Blvd., Sacramento. We're hoping to have a bus (research trip) March 25th to the Sutro Library in San Francisco. Attend the meeting for more details, or phone our President at 916-383-1221. Visitors always welcomed at

Visitors always welcomed at meetings. For other information: 916-682-8004 or 916-689-4524.

Are you free of:

Kids, Debt, Drugs, Spouse, Smoking & Expressed Baggage? Join us for an over 45 Select Sraight Singles Group Send inquiries to: NKDSB@att.net

EXPLORE the

POWER of SEVEN

The most nutritious and affordable supplement on earth!

Active Lifestyle, Aging Population, Home Maker Busy Professionals, Athletes & more!

"I was really surprised how good this tastes. You only need 3/4oz. a day, but you're going to find it hard to only drink that...

IT TASTES THAT GOOD and IT DOES A BODY GOOD"
Lawrence Taylor, NFL Hall of Fame



Dietary Supplement

25.36 fl oz • 750 ml

Free 10oz Bottle of eXfuze

Pay only \$2.99 for shipping on this free sample when you sign up as preferred customer

www.mpg8.iexfuze.net

Recession-Proof your earnings with the most lucrative compensation plan that exists today!

877-213-9642

You will receive a recorded business summary, leave your name and phone number. We will call you for an interview and answer your questions.

Proud sponsor of Viva Kids Foundation

Independent Distributor......Paul Scholl

*These statements have not been evaluated by the FDA (U.S. Food & Drug Administration). Our products are not intended to diagnose, cure, or prevent any disease. VCN-030.09-v1-DA1-839774