Carmichael Times

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February 10, 2009

DMV Closes Offices First and Third Fridays

Sacramento -- All offices will be closed the first and third Fridays of each month beginning Friday, Feb. 6, the Department of Motor Vehicles announced today. The action is in connection with the Governor's Executive Order (S-16-08) that addresses the state's \$42 billion deficit and ongoing fiscal crisis.

For the month of February, all DMV offices will be closed on Friday, Feb. 6, and Friday, Feb. 20. Offices are typically open Monday through Friday from 8 a.m. to 5 p.m. (9 a.m. to 5 p.m. on Wednesdays).

"The DMV wants to make sure our customers are not inconvenienced any more than is necessary," said DMV Director George Valverde. "We have a number of online and telephone options available, and if a visit to a field office is necessary, advanced planning can make the impact less stressful."

The Department offers a number of online services through its website (www.dmv. ca.gov) – including payments for vehicle registration and driver license renewals via secure debit transactions, filing a notice of release of liability, change of address, and scheduling appointments. Automated services are also available at 1-800-777-0133.

Director Valverdealso noted that if a field office visit is necessary, come prepared. "Having all necessary paperwork and documents beforehand will help out and significantly lessen the impact. And, give the DMV the same level of priority as you would a doctor or dental appointment."

Motorists who have a registration renewal date that falls on a furlough day will have penalties waived until the next business day.

Customers can perform any one of the following transactions and functions on the DMV Web site:

- · Schedule office appointments for up to three transactions or for three separate customers
- ·Renew driver license
- · Renew vehicle registration
- · Make a change of address
- ·Register to vote



Tired of waiting in line? DMV says: go on-line!

- · Purchase personalized plates
- · File a notice of release of liability
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DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Secretary Dale E. Bonner. The DMV licenses drivers; maintains driving records; registers and tracks official ownership of vehicles and vessels; investigates auto and identity-related fraud; and licenses car dealers, driving schools, and traffic violator schools. DMV Customer Service Centers

1-800-777-0133

Public Hearings Extended on Septic Tank Regulations

Sacramento – Senator Dave Cox today issued a statement following the State Water Resources Control Board decision to extend the public comment period to February 23:

"Due to a high volume of public outrage, the State Water Board has extended the public comment period by two weeks. The new deadline is Monday, February 23, 2009.

"It is critical that residents continue to write to the Water Board to oppose the costly regulations. Residents should be polite, specific and assertive in their emails and letters. Please be mindful that the Water Board and its staff are responding to the requirements from the ill-advised legislation (AB 885) that was passed in 2000 – a bill that I voted against while serving in the Assembly.

"Officials from the Water Board need to understand the negative financial impact of the proposed regulations. It is important that residents take the time to voice their opinion. The email to submit comments is AB885@waterboards.ca.gov. For those who prefer to write a letter, the address is:

State Water Resources Control Board, Division of Water Quality, Attn: Todd Thompson, P.E., 1001 I Street, 15th Floor, P.O. Box 2231, Sacramento, CA 95812 "All comments must be received by 12 noon on Monday, February 23, 2009."

CHP to "Score" Funding in the Battle Against DUI

Sacramento — Consider this a last call, or warning, the California Highway Patrol (CHP) will increase its emphasis on motorists driving under the influence (DUI).

In2007,therewere1,489peoplekilledinalcoholinvolved collisions in California. In addition, 30,783 were injured under similar circumstances.

"Our goal is to save lives by ensuring California's roadways are a safe place for all motorists, said CHP Commissioner Joe Farrow. "Removing impaired drivers from the road is a giant step in that direction."

Assisting the CHP in its mission is a nearly \$5.9 million dollar grant from the California Office of Traffic Safety (OTS), through the National Highway Traffic Safety Administration.

The grant, "Sobriety Checkpoint Operations and Roving DUI Enforcement (SCORE)," will provide funding for DUI enforcement in an effort to remove impaired drivers from California's roadways. CHP personnel will be deployed on an overtime basis with the mission of apprehending impaired drivers. In addition to enforcing DUI laws, officers will also enforce all other traffic safety laws such as, speeding, unsafe passing, and occupant restraint violations.

Utilizing project-funded overtime, the CHP will conduct a minimum of 110 sobriety/driver license checkpoints, 35 DUI task force operations and deploy proactive DUI enforcement patrol operations statewide. Additionally, the CHP will conduct local traffic safety presentations and Designated Driver Programs impacting thousands of people throughout California.

Enforcement activities in the statewide DUI crackdown began January 1, 2009, and will continue through September 30, 2009.

Railroad Museum To Showcase Dramatic Call of Trains Photo Exhibit

Special Photo Exhibit on Display February 6 - August 16, 2009

The Call of Trains: Railroad Photographs by Jim Shaughnessy is coming soon to the California State Railroad Museum, located in Old Sacramento State Historic Park. With nearly 30 stunning locomotive-related photographs on display, the exhibit artfully showcases remarkable night photography and dramatic images of railroad workers, shops and roundhouses taken by the highly respected rail photographer Jim Shaughnessy. With a focus on images from the northeastern United States and Canada, the moving exhibit documents early steam locomotives and those from the visually intense steam-to-diesel transition.

Reveredamonghiscolleagues, Shaughnessy started out in the late 1940s photographing steam locomotives in his hometown of Troy, New York and, amazingly, is still taking photographs today. In 1987, Shaughnessy was honored with a "Lifetime Achievement Award for Photography" by the prestigious Railway & Locomotive Historical Society. Along with rail authority and photo historian Jeff Brouws, Shaughnessy went on to collaborate on a recently-released book of the same name that was published in November 2008.

As an exciting activity to coincide with the photograph exhibit, the esteemed photographer will be on-site at the California State Railroad Museum on Sunday, March 15 where he will give a special presentation and sign copies of his book The Call of Trains: Railroad Photographs by Jim Shaughnessy which are also available for purchase in the Museum Store.

The Call of Trains photography exhibit produced was in collaboration with the Center for Railroad Photography and Art (http://www.railphotoart.org/) and will be on display at the California State Railroad Museum through August 16. 2009. More information about The Call of

Trains and other museum related events, exhibits and activities is available at www.californiastaterailroadmuseum.org.

Operated by California State Parks with assistance from the nonprofit CSRM Foundation, the California State Railroad Museum is open daily from 10 a.m. to 5 p.m. except Thanksgiving, Christmas,

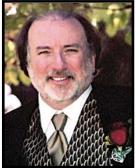


and New Year's Day. Widely regarded as North America's finest and most-visited railroad museum, the complex of facilities includes the 100,000-sq. ft. Railroad History Museum plus the reconstructed Central Pacific Railroad Passenger Station and Freight Depot, 1849 Eagle Theatre, and Big Four and Dingley Spice Mill buildings in Old Sacramento. 24-hour info: (916) 445-6645 or www.californiastaterailroadmuseum.org

The Center for Railroad Photography & Art (http://www.railphoto-art.org/) is a nonprofit

arts organization dedicated to the preservation and presentation of significant images of railroading. It publishes a journal, Railroad Heritage, hosts a web portal for railroad images, (http://www.railroadheritage.org/), as well as hosts conferences on the subject. The Center collaborates with other institutions and scholars to produce public programsinformation about SMUD and its green programs, visit smud.org and ourgreencommunity.org.

Carmichael Times



Publisher - Paul V. Scholl

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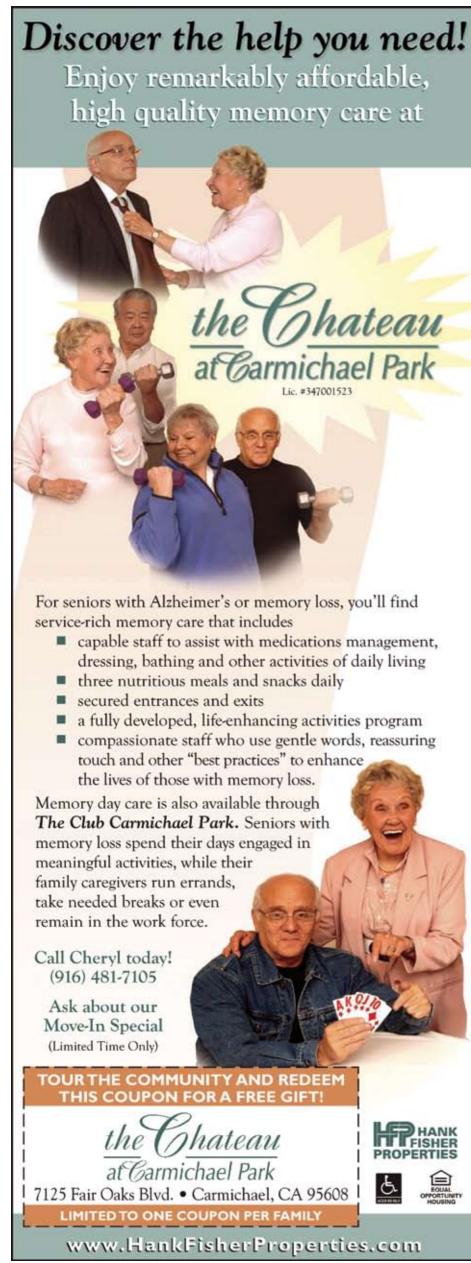
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Page 2 February 10, 2009 Carmichael Times



Joni Hilton



Well, it's bridal shower time again, that glorious time a few weeks ahead of the wedding when women crowd into somebody's living room and coo over toasters and oven mitts, and where someone dutifully writes down all guests' gifts for future thank-you notes, and someone else fashions a hat from the ribbons and bows, and everyone sips fizzy punch and eats sugary cake with plastic forks.

Often there are games and activities, none more popular than asking everyone to write their best marital advice in a lovely keepsake book from Hallmark which will capture the sage wisdom of all the women there, and which the bride will eagerly soak up, to make her marriage a true masterpiece. I have decided to compile my own list, which you may clip and insert into said keepsake book, and which every bride needs to know:

- 1) After your husband expresses concern about whether your tall crystal vase might get knocked over on the family room coffee table, do not respond with a sentence which begins, "Only a moron..."
- 2) Do not ask what he is thinking. He is not thinking anything and your asking just points this out.
- 3) Do not scoff at the importance of watching the play-offs to the play-offs to the division championships to the Superbowl or World Series
- 4) Do not suggest, at any point, even if you are approaching the Canadian border, that he stop and ask for directions. Take along some knitting and make a sweater.
- 5) Do not ask him to tell his funny stories when invited to dinner at someone else's home, or to make his funny ducky sounds.

Advice for New Brides

- 6) Do not volunteer him to help the neighbors with household repairs that he has claimed to have done but which you have not actually witnessed being done.
- 7) Do not throw away his gigantic plastic Big Gulp cups that he is saving because he gets a discount when he goes in for a refill.
- 8) Never say, "But we already have a set of tools."
- 9) Never say, "Notice anything different about me?"
- 10) Do not make soy burgers.
- 11) Do not refer to his shirts as "tops."
- 12) Do not tell the story about him that his mother told you, about his wetting the bed at camp.
- 13) If he's out with a friend somewhere, do not say, "He's with his boyfriend" when taking a phone message.
- 14) Do not surprise him by signing up for a different car insurance that sounded cheaper. Ditto phone service, internet provider, and bank account.
- 15) Do not invite him to babysit your sister's kids with you, for the weekend, so he can see what it's like to be a parent.

There's more, much more, but this ought to get any bride off to a good start.

Joni Hilton is an award-winning playwright, the author of 16 books, holds a Master of Fine Arts degree in Professional Writing from USC, and is frequently published in major magazines. A former TV talk show host in Los Angeles, she is also a TV spokeswoman across the U.S. for various corporations, and highly in demand as a public speaker. She is Founder of Holy Cow, an organic line of cleaning products (holycowproducts. com), the winner of dozens of cooking contests, and a former model and Miss California. She is married to Bob Hilton, and they are the parents of four children. For book reviews, recipes, purchasing information about her books, and more, simply type Joni Hilton into Google or Yahoo.

Listen to "The Joni Hilton Show" streaming live, weekdays 9-10 am on www.KAHI.com or 950 AM

Fair Oaks Boulevard Corridor Next Steps

Carmichael - Meetings will be held with the Carmichael-Old Foothill Farms Community Planning Commission and the Board of Supervisors to request endorsements for the Fair Oaks Boulevard Corridor Plan that will allow the Environmental Impact Report (EIR) process to begin. The meetings will cover land use, main street district roadway, and urban design concepts included in the Fair Oaks Boulevard Corridor Plan.

Meeting Details:

Carmichael – Old Foothill Farms Community Planning Commission Meeting Wednesday, February 18, 2009, 6:30 p.m. Carmichael Library, 5605 Marconi Avenue, Carmichael

Board of Supervisors Meeting

Wednesday, March 25, 2009 3:00 p.m. Board of Supervisors Chambers, 700 H Street, Sacramento More information about the Fair Oaks Boulevard Corridor Plan is available on Sacramento County's web site at http://corridors.saccounty.net/FairOaksPlan.asp or by contacting Cindy Storelli at (916) 874-6141 or storellic@saccounty.net.

Fair Oaks Boulevard and Manzanita Avenue havebeendesignated by the County of Sacramento as commercial corridors to receive economic and development standard improvements. The Fair Oaks Boulevard Corridor Plan calls for land use objectives, design guidelines, development standards and streetscape design. The corridor study area is along Fair Oaks Boulevard in the Carmichael community area, starting at Oak Avenue at the southern end, and extending to Marshall Avenue on the eastern end. The corridor also extends northward along Manzanita Avenue to just north of Winding Way at the northern end.

County Parks Acquires Additional Habitat At River Bend Park

In a continuing missing to preserve open space and create new outdoor recreational opportunities, the Sacramento County Department of Regional Parks recently acquired ten acres of pristine, natural habitat within River Bend Park. The private property, was purchased in September from the Camp Fire U.S.A. youth organization. A January 2009 Board of Supervisors resolution proclaimed that the site will be known as the "Camp Fire Day Camp Site" to recognize the exemplary service of Camp Fire USA Sacramento Sierra Council, the staff and many volunteers who enhanced the lives of youth in the greater Sacramento area. "This piece of beautiful land, situation within our park boundaries is is a great opportunity to create a special place for youth to come and explore the great outdoors within the urbanized area," said Jill Ritzman, Regional Parks Deputy Director.

"When children visit, they will be in the

middle of a quite oak forest and will only

hear the birds, river and the rustling leaves."

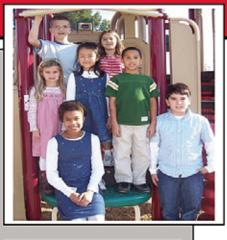
As part of the purchase agreement, the property will be used to provide organized, natural outdoor experiences for youths and families. The County will seek grants to improve the facilities for use by Parks, 4-H, and other youth organizations. Future development would be done to improve access and comfort of the visitors and could include outdoor classrooms and new restroom facilities.

This property was originally gifted to the Camp Fire U.S.A, a national organization with local chapters, by C. M Goethe, for who the park was named previously. This property, located in the heart of the 444acre park, was used by the Camp Fire group for overnight camping and other outdoor and recreational opportunities. The local Camp Fire Council has recently disbanded and they were looking to sell their property. Total purchase price for the property was \$25,000 and the funds came from the Habitat Restoration Program Fund. The money in this fund comes from the mitigation fees paid by organizations.



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CHAUTAUQUA PLAYHOUSE

to open

Enchanted April

(L) Richanne Baldridge as Rose and Lynnette Blanev as Lottie are intrigued by an advertisement of a castle for rent in Italy. Photo Credit: Warren Harrison

on February 13

Chautauqua Playhouse announces the fourth show of its 32nd season, ENCHANTED APRIL by Michael Barber, opening on February 13, at the Playhouse. The show will run on Fridays and Saturdays at 8:00pm and Sundays at 2:00 pm through March 15. All performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$17 general and \$15 students, seniors, children and SARTA members.

ENCHANTED APRIL is a romantic comedy, based on the novel by Elizabeth Von Arnim. In 1922, two discontented English housewives rent a villa in Italy to escape their unfulfilling marriages. They are joined by two other very different women for the holiday and the magical setting transforms all of their lives

The production is directed by Warren Harrison. Set design is by Jerry Sutherland, with lighting by RossAldrich.CostumesarebyEileenBeaver.ThecastfeaturesLynetteBlaney,RichanneBaldridge, Boots Martin, Julie Bock-Betschart, Michael Walker, Walter Thompson, and Monique McKisson.

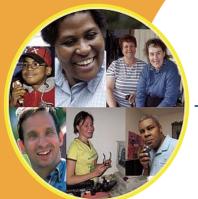
For tickets and additional information call the theatre at (916) 489-7529(PLAY).

Information and tickets are also available through the Chautauqua Playhouse website: www.cplayhouse.com

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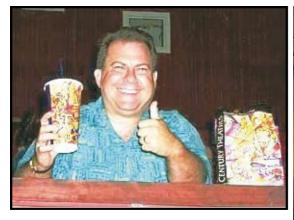
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Films and DVDs for the Whole Family





Coraline Opens Feb. 6, rated PG coraline.com

The first stop-motion animation feature originally filmed in 3-D follows a girl who is bored in her new home until she finds a secret door and discovers an alternate version of her life on the other side. Dakota Fanning voices the title character, who winds up needing to save her family when this seemingly perfect world she entered turns treacherous. Mom is voiced by Teri Hatcher.

Free Style Opens Feb. 6, rated PG freestylemovie.com

Corbin Bleu of "High School Musical" comes out from Zac Efron's shadow to make his starring feature debut as a motocross biker determined to win a spot on the Grand National racing team without sacrificing the bonds of family and friends. Uh, wasn't that the storyline of all three "HSM" movies? Now having done basketball, jump rope and biking movies, maybe it's time for Bleu to move on from sports. At least his latest isn't a Disney film. That's showing some growth.



Jonas Brothers: the 3D Concert **Experience** Opens Feb. 27, rated PG disney.go.com/disneypictures/ jonasbrothers3d

Despite being a product of the Disney Marketing Machine, the Jonas Brothers are actually the real deal and actually really good. The hit pop group gets similar treatment as Miley Cyrus did last year with her "Best of Both Worlds" concert film, only the Jonas Brothers' feature is being shown in 3-D. Local fans should look for themselves as portions are from the July 12 and 13 concerts at the Honda Center in Anaheim.

Family DVDs

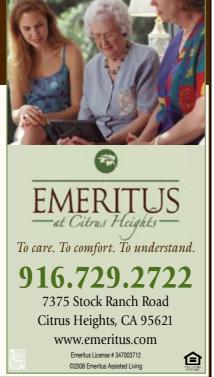
The Express (ages 11 to 18, now available, Rated PG): The sports flick doesn't score a touchdown, but the reallife story of Ernie Davis, the first black Heisman Trophy winner, still inspires. Dennis Quaid is better than the uneven material as the coach to Davis (Rob Brown), who overcame financial and racial obstacles to become a star running back for Syracuse. No happy ending here if you know Davis' tragic story. Grade B-

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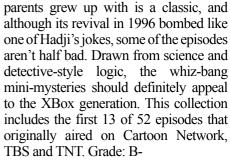
The special needs of those coping with Alzheimer's and other memory impairments demand a special kind of care and support: for them, and for those who love them. Emeritus at Citrus Heights offers just that, in a secure, inviting setting.

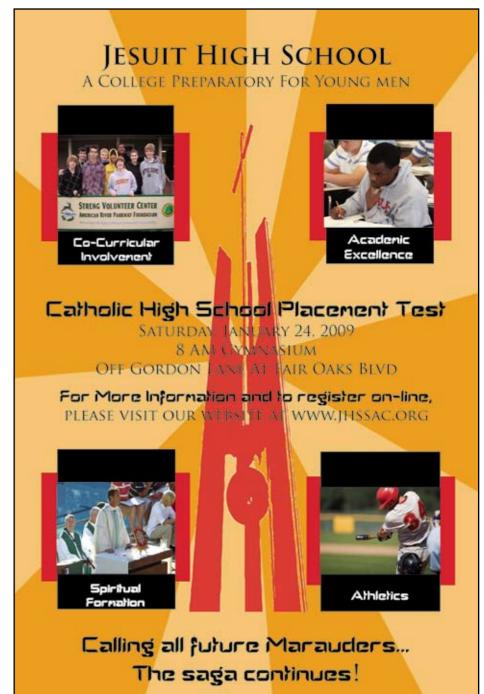


Jammin' with the Doodlebops (ages 3-6, Feb. 3, not rated):

Preschoolers will have no problem singing and dancing with this psychedelic pop band from Canada, whose show airs on Playhouse Disney here. The DVD includes sing-a-longs, dance-a-longs, knock knock jokes and a CD with four songs from the show. Grade: A-

The Real Adventures of Jonny Quest: Season 1, Volume 1 (ages 6-11, Feb. 17, not rated): The Saturday morning cartoon some of us





PSR/Sacramento Announces 2009 High School Scholarship Essay Contest

\$10,250 Will Be Awarded to Top 10 Finalists

Sacramento - The Sacramento Chapter of Physicians for Social Responsibility announces its 2009 High School Scholarship Essay Contest, open to high school seniors in Sacramento and surrounding counties (Alpine, Amador, Calaveras, El Dorado, Nevada, Placer, San Joaquin, Solano, Sutter, Yolo, and Yuba). Students may enter the contest by submitting an essay of 500 words or less describing their thoughts on the following statement by the great genius of the 20th Century, Albert Einstein: "We shall require a substantially new manner of thinking if mankind is to survive."

A total of \$10,250 in scholarships will be awarded to the top 10 contestants. The deadline for essay submission is March 11, 2009. Full details of the contest are available on the PSR/Sacramento website at www.sacpsr.org. For additional information or questions, please email info@sacpsr.org or call (916) 955-6333.

This is the 5th consecutive year that PSR/Sacramento has sponsored the contest for area high school seniors. The prompt for the contest has been a different quotation every year. The prompt last year was the quotation, "War is a racket with the profits reckoned in dollars and the losses in lives," from World War I era Marine Corps Medal of Honor

Winner Major General Smedley Butler. Dr. Bill Durston, past president of PSR/Sacramento and scholarship contest chairperson, notes, "The purpose of the contest is to stimulate high school seniors to think seriously about the important issues of our times, and to give them a little help with their college expenses. We've received many inspiring essays from

Current PSR/Sacramento President, Dr. Harry Wang, states, "Today's youth share the challenge of finding solutions to the immense challenges that our world faces. We look forward to their ideas and leadership."

some very bright students in past years."

The top 10 finalists in the 2009 PSR/Sacramento Scholarship Essay Contest will be announced on April 11, 2009. The finalists will present their essays orally at a public forum on the afternoon of Sunday, May 3, at a Sacramento location to be announced. At the conclusion of the forum, a panel of distinguished members from the community will choose the first, second, and third place winners.

Physicians for Social Responsibility is the U.S. affiliate of International Physicians for the Prevention of Nuclear War, winner of the 1985 Nobel Peace Prize.

California Homebuilding Depression Expected to Deepen in 2009

Forecast Calls for Record-Low 63,400 Housing Starts; Association Urges Lawmakers to Take Quick Action on Stimulus Measures

Sacramento (Business Wire) - Housing production in California in 2009 is expected to decrease from the already record-low numbers seen in 2008, the California Building Industry Association announced today, leading CBIA officials to strengthen the call to state and federal lawmakers to enact a homebuyer tax credit in hopes of reinvigorating the housing market and the economy.

The Association is forecasting just 63,400 units will be produced in 2009, a 3 percent decrease from the record-low 65,380 units produced in 2008. In comparison, the low point of the homebuilding recession in the early 1990s was 84,656 units in 1993, while the worst year during the recession of the early 1980s was 85,656 in 1982. To meet the need for new housing generated by population growth, the state estimates builders should produce about 220,000 new homes and apartments annually.

Robert Rivinius, CBIA's President and CEO, said the prospect of having another year of record-low housing production should be a wake-up call to policy makers to enact housing stimulus measures to reduce any further loss to the industry and the overall economy.

"The housing industry is an extremely productive economic generator when operating at normal levels, helping to create jobs and generate much-needed revenue for state and local governments," Rivinius said. "We will continue to ask state and federal lawmakers to enact a tax credit for new homebuyers, which has proven in the past to be an effective means of revitalizing distressed housing markets."

The California Building Industry Association is a statewide trade association representing thousands of homebuilders, remodelers, subcontractors, architects, engineers, designers, and other industry professionals. Moreinformationis available on the Association's Website, www.cbia.org.

The Construction Industry Research Board (CIRB) is a nonprofit research center established in 1974 to provide statistical information on the California building and construction industry. More information is available on the CIRB Web site, www.cirbdata.com.

The American Worker Needs an Even Playing Field:

Avoiding Depression by Frank Creel

The dismal science, as they call economics, is dismal mainly because it is not really a science. Science has to do with predictability based on observation. In economics, the actors are mostly invisible to single observers, and they are predictable only in the statistical sense. Rogue elephants abound.

Economicsisalsodismalbecause, ifeconomists agree on anything, it is that cyclical fluctuations are inevitable. An economic forecaster who predicts that the good times will roll forever quickly becomes a professional laughingstock.

A quarter of a century ago, I asked an economist friend if we might sink into another great depression. No way, he replied. We learned our lesson from the last one, and

Weekly SUDOKU —

Answer

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there are too many safeguards in place, he assured me. Despite his assurances, I remained skeptical because, at the time, the hollowing out of our economy had already begun.

A few years earlier, I had seen a graph of manufacturing and public sector employment with the lines intersecting at around 19 million jobs apiece, with manufacturing employment declining and public jobs on the upswing. The graph had filled me with foreboding for our economic health.

In 1974, 26 percent of the job force was in manufacturing. By 2003, that percentage had fallen to 12.5 percent. Today, it is around 11 percent. The downturn we are now in will no doubt shrink this further.

A modern economy has three fundamental elements: entrepreneurs, workers, and bankers. If any of these elements upsets the system's harmony through laziness, incompetence, greed, or injustice, the resulting imbalance will punish all three because all are interdependent.

Workers earn and save; bankers hold their savings and make them available for investment; entrepreneurs borrow capital and create new lines of production. When workers do not sell their labor too cheaply and are able to accumulate savings, when bankers provide commercial liquidity at a reasonable interest rate, and when entrepreneurs make wise investments, the almost predictable result is a vibrant economy like the one Americans created and enjoyed for most of the 20th century. What happened to that economy?

Why are we in the mess we are in?

Many blame the lack of regulatory oversight in the mortgage industry. Others cite the obscene

greed of the financial sector in the derivatives and credit-swap markets. Still others point to CEOs making 500 times what they pay their line workers.

There are grains of truth in all these claims. All those were destructive of the harmony needed for an efficient, reality-grounded economy. But the main cause of our troubles has been overlooked.

We are in an economic mess because the American worker has been asked to do the impossible — namely, to provide for the needs of his family in direct competition with overseas workers who are not paid even subsistence wages. This is a gross injustice against American workers. One result is that most American families can no longer afford their mortgages if the wife does not also work outside the home. Another is that the national savings rate has plunged to zero. Outsourcing and offshoring have become mainstays of the national economy, with the steady replacement of well paying manufacturing jobs by jobs in the service and public sectors.

No recent administration has been bothered by these disasters. To our political leaders, from Reagan through Bush II, these developments were the normal accompaniment of free trade and the much-to-be-desired transition to a global economy. Dislocations could be managed with more generous unemployment compensation and job retraining. The American economy was headed to a more advanced evolutionary state of new manufacturing in the information era, supported by extensive employment in the service and public sectors.

Now we get support for our computers and phones from "Rachel," speaking with a heavy Indian accent -- turns out service jobs can also be offshored. Now public sector jobs are also on the

downturn because the housing market bust has reduced tax revenues across the land. Now Silicon Valley is hanging on by the skin of its teeth. Now India graduates more engineers than we do, and an Indian institute of technology is ranked third in the world after MIT and UCLA-Berkeley.

All of this, I think, is the direct or indirect consequence of our systematic disrespect of the American worker, who, on a level playing field, can successfully compete with any worker in the world.

To avoid slipping into another great depression, our first priority must be to rebuild our manufacturing base with enlightened trade policies and the rapid creation -- through the rulemaking powers of the governments of the industrialized economies -- of global wage parity. Along the way to that goal, we must also avoid rewarding, through bailouts, rescues, and stimulus packages, those who disrupted the economic harmony we used to enjoy.

In all things, we need balance and moderation. This is especially true in the care and maintenance of our livelihoods.

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Frank Creel, Ph.D., has been a columnist for the Potomac News, Woodbridge, Virginia. His op-ed articles have been published in the Northern Virginia Journal, the D.C. Examiner, The Washington Times, and the New York City Tribune. In 1992, A Trilogy of Sonnets was publishedpseudonymouslybyChristendomPress.

Pet of the Week: Mia



Pet ID#: A486946

Hello, I'm Mia and I'm a 3-year-old Chihuahua ready to go home with you today. I'm a devoted pet with a great personality and would be pleased to live in a home where I'm the only pet or in a home with another small dog or even a cat. Young children and large dogs would not be the best playmates for me due to my small size and fragile body. I don't follow the stereotype of being a yippy, trembling little ankle bitter; in fact I'm fairly calm, quiet and sweet. I'm house trained, easy to handle and very smart. I've been spayed and vaccinated, and I'm waiting for you to pick me up today. I would love to be the newest member of your family and your loving little lap dog. Please come to the shelter today and visit me.

To see Mia and other adoptable animals visit:
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MARDI GRAS SUNDAY

Sunday, February 22 9:55 a.m.

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Acclaimed Sacramento Banjo Band will be playing traditional Dixieland jazz at a special worship service presented by the Northminster Presbyterian Church. Following the music and service, a free Mardi Gras luncheon of Jambalaya, beans and rice, and "red velvet" cake will be served. For more information call 487-5192, or visit northminsteronline.org.

— **King** Crossword —

Answers

Solution time: 25 mins.

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Weekly SUDOKU

by Linda Thistle

Answers on page 7

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging ★★★ HOO BOY!

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Why girls fall for "bad boys"

by Lauren Forcella

Dear Straight Talk: Why do girls always fall for bad boys? I'm a nice guy, decent looking, and lots of girls are my friends. They hang out with me between recurring episodes of being treated like dirt by one of these so-called "bad boys". How does a nice guy like me get some of what these guys have and still be a nice guy? Don't tell me to keep doing what I'm doing, that girls will like me when they're 35. — "Ty", 18

Shelby, 17, Auburn CA: Start off flirty. Don't be a girl's "friend" or you'll get stuck there. Ask for her number and text her: "Hey cutie/sexy/ gorgeous, what's up?" But don't overpower it. Compliments given too often, or for too many things, seem insincere. Mess with her in a nonannoying way like bumping into her with a big smile. Or, with a big, flirty smile, say, "What, no hug for me?" If she gives you one, and she's smiling, hold it too long. Then back off.

Mariah, 17, Collinsville OK: I have lots of "nice guy" friends, many who are attractive and would make amazing boyfriends. But once you're friends you don't want to chance losing that so you just stay friends.

Hannah, 17, Auburn CA: I admit I like those bad boys. Nice boys seem too easy. If I'm attracted to a guy and he acts interested too soon, or treats me too nicely, I back away. Don't be disrespectful, but make yourself seem unavailable. Don't lay everything on the table too soon. Keep some mystery.

Lennon, 22, Fair Oaks CA: Bad boys are confident (or at least appear so), and that is the key. It works both ways: confident girls, even if they get around, can also be very attractive. Confident people are comfortable with themselves so others feel comfortable around them. They also can be hard on you over bad habits and you learn what's good about yourself. Stop worrying about showing the world who you are and you will be much more attractive.

Elise, 17, Fair Oaks CA: Get in the game! Ask the girl you like out and don't be shy about it.

Johannes, 22, Springfield MO: There are good girls and bad girls. Both can sizzle. Good girls like guys who are going somewhere. Bad girls like guys who are overly-confident, boastful, forward, and flirtatious. Figure out who you are, the kind of girl you want, and act accordingly.

Ashley, 21, Auburn CA: I've been through my share of "bad boys" and that's all they are: boys. A girl won't fall for a good guy until she realizes she deserves better. But you might have to wait. In this day and age most women don't have self-respect until 35. In the meantime, don't be a push-over. Girls hate that.

Emily 16, Sacramento CA: Bad boys are charming and mysterious and expect you to be your own person. This gives us a sense of pride compared to nice guys who baby us. But think about it: they are jerks. Do you really want to trick girls into falling for you, whether it's the first, second, or third time around? Do you really want to make your girl cry? Girls lust after those guys, but don't respect them in the long run. Change your approach, not your personality. I doubt girls hang out with you just because they want to be your friend. Get some confidence! Be creative! That right there will make you more exciting.

Dear "Ty": Confidence, mystery, not being a push-over, expecting strength from the girl, an air of unavailability. Could you get better tips for Valentine's Day? But never twist a heart and make it dance like a puppet. That's twisted some would even say sociopathic. Many girls fantasize being the one to "heal" these boys, but eventually they avoid them like the plague.

> Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628

The American Cancer Society's Give Daffodils. Give Hope." Join the American Cancer Society in finding a cure for cancer and saving more lives. The dollars you donate through the Daffodil Days campaign support the Society's groundbreaking research, education, early detection efforts, advocacy, and patient services. Purchase flowers, send a bouquet to a local cancer patient or become a volunteer coordinator. Call 1-800-ACS-2345 or visit www.cancer.org/daffodilsonline. 1.800.ACS.2345 www.cancer.org AMERICAN RIVER Hope.Progress.Answers.® Carmichael Times

Sacramento Violent Crimes Task Force Seeks **Information Regarding "Mullet-Junkie Bandit" Bank Robbery Suspect**

The Sacramento Violent Crimes Task Force consisting of FBI Agents and Sacramento County Sheriffs Robbery Detectives, seeking information regarding individual an responsible for a series of bank robberies in Sacramento and Elk Grove, California.

On November 13, 2008, an Asian male entered the Bank of America, 7707 Laguna Blvd., Elk Grove, California,

brandishing a black handgun, and demanded money from the victim teller. Afterwards, the robber fled the bank on foot.

The FBI believes this is the same



who robbed the man Washington Mutual Bank, 9165 Kiefer Blvd, Sacramento, California, on November 14, 2008, and again on December 9, 2008.

The Task Force has dubbed the man the "Mullet-Junkie" based upon the mullet hair style reported by witnesses and photographs.

Anyone with information regarding this robbery is asked to contact the

FBI in Sacramento at (916) 481-9110, or Crime Alert at (916) 443-HELP. Callers can remain anonymous and may be eligible for a reward of up to \$1,000.00.

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TROUSER TROUT

Ladies, what kinds of guys have you been involved with? When you say there are a lot of fish in the sea, that statement is given new meaning by Gail Rubin author of A Girl's Guide To "Trouser Trout" Reflection on Dating and Fly-Fishing. Gail has been a trouser trout angler for thirty years, and she's put the ick in ichthyology. After a catch and release first marriage and fourteen years of swimming and treading water, Gail landed her prize trophy trout in 2000. She wants to help you fish the waters and land vour own prize.

She gives some great examples to keep in mind when you throw out that lure:

POPPOFF!

- 1) Fish in familiar waters. "You can make better connections with people you meet through activities that give you common interest."
- 2) "Rein in your expectations. Drop the, 'is he Mr. Right?' and just see who this
- is and how you get along."
 3) Use the correct lure. "You have a certain image to snag the type of trout
- 4) Release undesirable catches gently. Just say, "You're a great catch and you're going to make some angler very happy. It just isn't me."
- 5) Sometimes the fishing is just not good. Be willing to take a break is important.'

And when you approach the dating pool, do it carefully and with the knowledge of what's out there. Gail has the trouts by Personality like: 1) Brook (family man trout) the familyoriented men like Actor Will Smith.

- 2) Brown (transplanted species, Eurotrout) Not from these parts. Hard to get to know, but can be loyal friends or lovers like Pierce Brosnan.
- 3) Golden (rich trout) Earned or inherited, they have money like Donald Trump.
- 4) Lake Trout (nice guys) amiable fellows, the type your mother wants to see you with like Tom Hanks.

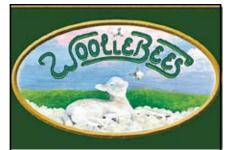
These are just a few. The Trout come by Physical Characteristics too like the Steelhead (Mr. Stamina) let's just say his

sexual prowess is powerful. And there are lots of other fish in the sea. Not all men are Trout. While the Trout represent man's nobler side, the negative aspects are embodied by these others like:

- 1) Carp (constant complainers)
- 2) Clams (inaccessible men)
- 3) Clown Fish (colorful critics)
- 4) Crabs (unpleasant men)
- 5) Blowfish (egotistical farts)
- 6) Bottom Feeders (abusers)
- 7) Eels (slippery smoothies)
- 8) Octopus (smothering invertebrates)
- 9) Piranhas and Lampreys (predators)
- 10)Sea Slugs (couch potatoes)

11)Trash Fish (generally unacceptable)

There's more too. To find out where the men in your life land in the spectrum of True Noble Trout versus Other Fish in the Sea, you can take Gails' Quiz too. So take a lesson or two from the "Trouser Trout" expert and determine what your personal angling style may be and how to improve on your technique. Gail even spells out what natural, artificial, and exotic lures you can use to troll for trophy trout. It's called "A Girl's Guide To Trouser Trout", a book inspired by fly fishing to help with dating and relationships. Laugh and learn all at once. Oh, by the way, I think I reeled in one of those Lake Trout nice guys. Lucky me!



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February 10, 2009

Carmichael Times

King Crossword

ACROSS

- 1 Uses an abacus
- 5 Predicament
- 8 Thick chunk
- 12 Gilpin of "Frasier"
- 13 Hearty brew
- 14 Story-telling dance
- 15 Membership
- 16 Subway component
- 17 Related
- 18 Start a journey
- 20 Parking lot attendants
- 22 Eve, originally
- 23 Acknowledge applause
- 24 Galley supply
- 27 Comfy footstools
- 32 Justice Dept. div.
- 33 "So that's it, eh?'
- 34 "Flying Down
- to -35 Jack-of-alltrades
- 38 Increases the volume

- 39 Half-ton measure
- 40 Pussycat's partner
- 42 Assails
- 45 Snub
- 49 Kamehameha Highway locale
- 50 Pitch
- 52 49-Across, e.g.
- 53 Memo
- acronym 54 Swelled head
- 55 Night light
- 56 Stitches
- 57 Church seat
- 58 Mined-over matter

DOWN

- 1 Basilica section
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- footwear
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- 7 Mogul Griffin 8 Kin of "aloha"
- **Tepid**
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- 10 Settled down

- 11 Prohibits
- 19 Smallest st.
- 21 Blood-group letters
- 24 Vacationing
- 25 Lawyers' org.
- 26 Man-powered transport
- 28 Calendar abbr.
- 29 Annie's sona?
- 30 Pinch
- 31 ABBA song
- Traffic 36 problems
- 37 Make up your mind
- 38 The monk in "The Da Vinci Code" was one
- 41 Lindbergh book
- 42 Downy
- neckwear Relaxation
- 44 Dance lesson
- 46 -friendly
- 47 Berg portion
- 48 Marshy areas
- Time of your life?

Answers on page 9

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Where: Carmichael Realty Associates 6753 Fair Oaks Blvd., Carmichael, CA 95608







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BUSINESS STATEMENT #0900236. Christopher Bian , 5635 Clark Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Gentle Massage" at 5635 Clark Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County or Jan. 9, 2009. Publish: January 20, 27, February 3, 10, 2009. 2-10-09

SUPERIOR COURT OF CALIFORNIA AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00025000-CU-PT-GDS

WHEREAS, Angelina Taylor has filed a petition in this court for a decree changing name of Angela Michele Taylor to Angela Michele Thomas. IT IS ORDERED that all persons interested in the above entitled er appear before this court at 9 a.m. on Feb. 20, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 14, 2009.

Shellevanne W.L. Chang Judge of the Superior Court Publish: January 20, 27, February 3, 10, TAYLOR 90103 2-10-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00032045-CU-PT-GDS

WHEREAS, Vern Keng Keokhongsy and Chiang Fong Saetern have filed a petition in this court for a decree changing names of Vern Keng Keokhongsy to Vern Keng Chao; Chaing Fong Saetern to Chang Fong Chao, and Yowty Keng Keokhongsy to Yowty Keng Chao. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 27, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 15, 2009

Shelleyanne W.L. Chang Judge of the Superior Court Publish: January 20, 27, February 3, 10, KEOKHO 90103 2-10-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00032034-CU-PT-GDS

WHEREAS, Thim Mey Keokhongsy has filed a petition in this court for a decree changing name of Thim Mey Keokhongsy to Thim Mey Chao. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Feb. 27, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 14, 2009. Shelleyanne W.L. Chang

Judge of the Superior C Publish: January 20, 27, February 3, 10, 2009

KEOKHO 90103 2-10-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00032054-CU-PT-GDS WHEREAS, King Keng Keokhongsy has filed a petition in this court for a decree changing name of King Keng Keokhongsy to King Keng Chao. IT IS ORDERED that

all persons interested in the above entitled matter appear before this court at 2:00 p.m. on Feb. 27, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento CA 95814 and show cause, if any, why the petition for change of name should no be granted. IT IS FURTHER ORDERFD that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once week for four consecutive weeks prior to the date set for hearing on the petition Dated: Jan. 15, 2009. Loren E. McMaster

Judge of the Superior Court Publish: January 20, 27, February 3, 10, 2009

KEOKHO 90103 2-10-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO SUMMONS CASE #08FL01469 NOTICE TO RESPONDENT: RICHARD

TARANGO:

You are being sued PETITIONER'S NAME IS: LEILA

You have 30 Calendar Days after this Summons and Petition are served on you to file a typewritten response (form FL-120 or FL-123) at this court and have a copy served on the petitioner. A letter or phone

call will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver

you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services web site (www lawhelpcalifornia.org), or by contacting your local county bar association.

The name and address of the court Superior Court of California, County of Sacramento, 3341 Power Inn Rd. Sacramento, CA 95826.

The name address and telephone number of petitioner's attorney, or petitioner without an attorney, is: Leila Tarango, 2823 El Camino Ave. #25, Sacramento, CA 95821; 916-960-7820.

Dated: Feb. 29, 2008 Publish: January 20, 27, February 3, 10, 2009

TARANG 90103 2-10-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO SUMMONS CASE #34-2008-00012740

NOTICE TO DEFENDANT: KITCHENS PLUS, a business entity, form unknown; and DOES 1 through 10, inclusive.

You are being sued.
PLAINTIFF'S NAME IS: J.E. HIGGINS LUMBER COMPANY, a California

You have 30 Calendar Days after this Summons and legal papers are served on you to file a typewritten response at this court and have a copy served on the petitioner. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the cour to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov. selfhelp.org), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee

waiver form.

If you do not file your Response on time, you may lose the case by default and your wages, money and property may be taken without further warning from the

There are other legal requirements You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referra service. If you cannot afford an attorney you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web side (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association

The name and address of the court is: Superior Court of California, County of Sacramento, Limited Civil Division, 720 Ninth St., Sacramento, CA 95814.

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: John W. Phillips (SBN 147117), Wild, Carter & Tipton, 246 W. Shaw Ave., Fresno, CA 93704; 559-

Dated: June 6, 2008. Publish: January 20, 27, February 3, 10, 2009

PHILLI 90103 2-10-09

FICTITIOUS BUSINESS NAME STATEMENT #0900442. James Caplis, 303 Fitchburg Sq., Folsom, CA 95630 and John M. Caplis, 3130-1/2 Vineland Ave., Baldwin Park, CA 91706 are doing business under the Fictitious Business Names "Silpac Partnership; Arden Oaks Apartments" at 5155 Arden Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Jan 16, 2009. Publish: January 27, February 3, 10. 17. 2009. SILPAC 90104 2-17-09

FICTITIOUS BUSINESS #0900440. Caplis, 303 Fitchburg Sq., Folsom, CA 95630 and John M. Caplis, 3130-1/2 Vineland Ave., Baldwin Park, CA 91706 are doing business under the Fictitious Business Names "Silpac Partnership; Lone Oak Apts." At 2920 Garfield Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Jan. 16 2009. Publish: January 27, February 3, 10, 17, 2009.

BUSINESS **FICTITIOUS** NAME STATEMENT #0900443. Hollywood Trailer Courts Inc., 4731 Whitney Ave., Hollywood Carmichael, CA 95608 is doing business under the Fictitious Business Name "Cobble Creek Apartments" at 4731 Whitney Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Jan. 16, 2009. Publish: January 27, February 3, 10, 17, 2009. SILPAC 90104 2-17-09

90104 2-17-09

SILPAC

FICTITIOUS BUSINESS NAME Hollywood STATEMENT #0900446. Trailer Courts Inc., 303 Fitchburg Sq. Folsom, CA 95630 is doing business unde the Fictitious Business Name "Hollywood Trailer Courts Inc." at 2990 Sippy Lane, Placerville, CA 95667. Filed with the Clerk of Sacramento County on Jan. 16, 2009. Publish: January 27, February 3, 10, 17, 2009

SILPAC 90104 2-17-09

FICTITIOUS BUSINESS NAME STATEMENT #0900491. Tabayoyon, 3560 Las Pasas Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Tango Passion" at 3560 Las Pasas Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on Jan. 20, 2009. Publish: January 27, February 3, 10, 17 2009 TANGOP 90104 2-17-09

FICTITIOUS BUSINESS NAME STATEMENT #0900222. Ivanov Enterprises Inc., 4129 Jov I ane Carmichael, CA 95608 is doing business under the Fictitious Business Name 'Ivanov's Watch, Clock Repair" at 8051 Greenback Lane, Citrus Heights, CA 95610 Filed with the Clerk of Sacramento County on Jan. 9, 2009. Publish: January 27, February 3, 10, 17, 2009. IVANOV 90104 2-17-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #219457.

WHEREAS, Krystal Reynolds has filed a petition in this court for a decree changing name of Krystal Reynolds to Krystal Shaw. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 8:30 a.m. on March 13, 2009 in Dept. 131, located at 3341 Power Inn Rd., Sacramento, CA 95826 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 22, 2009

Scott P. Harman Judge of the Superior Court Publish: January 27, February 3, 10, 17, 2009. SACCHI 90104 2-17-09

SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00032440-CU-PT-GDS

WHEREAS, Clint Kaylor and Heather Clark have filed a petition in this court for a decree changing name of Samuel Michael Goetsch to Luke Michael Allen Kaylor. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 6, 2009 in Dept. 53. located at 800 9th St Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be publish in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 21, 2009.

Loren E. McMaster Judge of the Superior Court Publish: January 27, February 3, 10, 17,

KAYLOR 90104 2-17-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO
AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00032516-CU-PT-GDS WHEREAS. Lois Thomas has filed a petition in this court for a decree changing name of Michaela Tiano Nichole Hinton to Michaela Tiana Nichole Thomas. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 6, 2009 in Dept. 53. located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 21

Loren F McMaster Judge of the Superior Court Publish: January 27, February 3, 10, 17, THOMAS 90104 2-17-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE #34-2009-00032197-CU-PT-GDS

WHEREAS, Joe Geoffrey Wood has filed a petition in this court for a decree changing name of Joe Geoffrey Wood to Delsin. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 2009 in Dept. 54. located at 800 9th St. Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted.
IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 16,

Shellevanne W.L. Chang Judge of the Superior Court
Publish: January 27, February 3, 10, 17, WOOD 90104 2-17-09

NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

Notice is hereby given that under and pursuant to Section 1988 of the California Civil Code the Property listed below believed to be abandoned by AEMAL DASTAGIRZADA OR OCCUPANTS whose last address was 2981 DIORITE WAY, Sacramento, CA 95835 Will be sold at public auction at 2981 DIORITE WAY, Sacramento, CA 95835 on Thursday,

February 26th, 2009 at 12:00 o'clock PM DESCRIPTION OF PROPERTY PROPERTY: Household Personal Property cons of but not limited to Household and Office Items, New & Used Computer Keyboards Motherboards & Monitors, Laser Printers, Trash Cans 20 unopened boxes Typewriters, Office Desks & Chairs, Cell Phone accessories. Foam Products. Planters, Office Supplies and all other Items in and on said property. Publish: Feb. 10, 17, 2009. FRANKH 90202 2-17-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00032910-CU-PT-GDS

WHEREAS, Michael Levester Summerville has filed a petition in this court for a decree changing name of Michael Levester Summerville to Michael Levester Thompson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m on March 17, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times. a newspaper of general circulation, printed in Sacramento County. California. once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan 27 2009

Shelleyanne W.L. Chang Judge of the Superior Court Publish: February 3, 10, 17, SUMMER 90201 2-24-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00033114-CU-PT-GDS

WHEREAS. Sohail Mehmood and Shazia Sohail have filed a petition in this court for a decree changing name of Fahad Sohail to Eshan Sohail. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 6, 2009 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once week for four consecutive weeks to the date set for hearing on the petition. Dated: Jan 29 2009 Shelleyanne W.L. Chang Judge of the Superior Court Publish: February 3, 10, 17, 24, 2009. MEHMOO 90201 2-24-09

NOTICE OF PETITION TO ADMINISTER **ESTATE OF** GARY ALAN BENTON ESTATE NO. 34-2009-32329

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of GARY ALAN BENTON.

A petition has been filed by Robin L. Henson in the Superior Court of California. County of Sacramento, requesting that Robin L. Henson be appointed as personal representative to administer the estate the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority administer the estate under the Independent Administration of Estates This will avoid the need to obtain court approval for many actions taken in connection with the estate. Howeve before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

The petition is set for hearing in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826 on March 4, 2009

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in

person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code.

The name and address of petitioner or petitioner's attorney is: Robin L. Henson 1313 Solano St., Corning, CA 96021; 530-624-7257

Publish: February 10, 17, 24, 2009. HENSON 90202 2-24-09

BUSINESS FICTITIOUS NAME STATEMENT #0812531. Childers, 9144 Irish Gold Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name "Connections-AVL" at 1805 Tribute Rd. #A Sacramento CA 95815 Filed with the Clerk of Sacramento County on Dec. 23, 2008. Publish: February 10, 17, 24, March CONNEC 90202 3-3-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00033759-CU-PT-GDS

WHEREAS, Clayton James Meyers has filed a petition in this court for a decree changing name of Clayton James Meye to Clayton James Hichols Hansen, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 18, 2009 in Dept. 53, located at 800 9th St., Third Floor Sacramento CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Feb. 4 2009.

Loren E. McMaster Judge of the Superior Court Publish: February 10, 17, 24, March 3, 2009. MEYERS 90202 3-3-09

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2009-00033300-CU-PT-GDS

WHEREAS, Anna Elizabeth Schorn has filed a petition in this court for a decree changing name of Anna Elizabeth Schorn to Kaitlin Anna Paige. IT IS ORDERED that all persons interested in the above entitled tter appear before this court at 2 p.m. on March 27, 2009 in Dept. 53, located a 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Jan. 29, 2009. Loren E. McMaster

Judge of the Superior Court Publish: February 10, 17, 24, March 3, 2009

SCHORN 90202 3-3-09

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Carmichael Times

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Big Government, not Big Media, Threatens Free Speech

By Don Watkins

Self-appointed consumer watchdogs-including Obama's recent pick for FCC chair, Julius Genachowski--have long complained about media consolidation. So it was no surprise that when the FCC recently loosened restrictions barring companies from owning a newspaper and TV station in the same city, these critics went apoplectic and are now urging the House to follow the Senate in blocking the measure.

Media consolidation supposedly threatens free speech. A few conglomerates, critics warn, have seized control of our media outlets, enabling these companies to shove a single "corporate-friendly" perspective down our throats. As Senator Byron Dorgan put it, "The free flow of information in this country is not accommodated by having fewer and fewer voices determine what is out there. . . . You have five or six corporate interests that determine what Americans can see, hear, and read."

Leave aside that Dorgan's comments are hard to take seriously in the age of the Internet: his position is still a fantasy. Media consolidation is no threat to free speech—it is the result of individuals exercising that right.

All speech requires control of material resources, whether by standing on a soapbox, starting a blog, running a newspaper ad, or buying a radio station. Media corporations simply do this on a larger scale.

Consider the critics' favorite bogeyman, News Corp. When Rupert Murdoch launched the company, he and his fellow shareholders pooled their wealth to create a communications platform capable of reaching millions. They further expanded their ability to communicate through mergers and acquisitions--that is, through media consolidation. As News Corp.'s owners, shareholders were able to exercise their freedom of speech by deciding what views their private property would (and wouldn't) be used to promote--the same way a blogger decides what ideas to champion on his blog. Like most other media companies, News Corp. even extended the use of its platforms to speakers from all over the ideological map-including opponents of media consolidation.

Do News Corp.'s resources give Murdoch an advantage when it comes to promoting his views? Absolutely. Free speech doesn't guarantee that everyone will have equal airtime, any more than free trade guarantees that every business will have the same amount of goods to trade. What it does guarantee is that everyone has the right to use his own property to speak his mind.

Some of today's most prominent voices, such as Matt Drudge, have succeeded without huge financial resources. But regardless of how large a media company grows, it can never--Dorgan's complaints notwithstanding-determine what media Americans consume. It must continually earn its audience. Fox News may be the leading news channel today, but if it doesn't produce shows people want to watch, it will have all the influence of ham radio. Just think of how newspapers and the big-three network news stations are losing audiences to Web-based sources.

Now consider the actual meaning of government restrictions on media ownership. The FCC is telling certain Americans that they cannot operate a printing press or its equivalent. Such restrictions cannot protect free speech--they are in fact violations of the right to free speech. There is no essential difference between smashing someone's printing press and threatening to fine and jail him if he uses one; either way, he can't use it to express his views.

What galls critics of media consolidation is not that News Corp. stops anyone from speaking—it's that they don't like the choices

Americans make when free speech is protected. In the words of one critic: "[M]arket forces provide neither adequate incentives to produce the high quality media product, nor adequate incentives to distribute sufficient amounts of diverse content necessary to meet consumer and citizen needs." Translation: Can you believe what those stupid consumers willingly pay for? If I got to decide what Americans watched, read, and listened to, things would be different.

In order to "correct" the choices Americans make, these critics demand that the FCC violate the free speech rights of some speakers in order to prop up other speakers who, absent such favors, would be unable to earn an audience. In short, they want a gun-wielding Uncle Sam--not the voluntary choices of free individuals--to determine who can speak and therefore who you can listen to.

The critics of media consolidation are frauds. They are not defenders of free speech-they are dangerous enemies of that freedom.

Don Watkins is a writer and research specialist at the Ayn Rand Center for Individual Rights. The Ayn Rand Center is a division of the Ayn Rand Institute and promotes the philosophy of Ayn Rand--author of Atlas Shrugged and The Fountainhead.

Groundwater Treatment Facility Wins an ACEC California Merit Award

Sacramento – The American Council Engineering Companies (ACEC) California recognized the Bajamont Groundwater Treatment Facility Project with a Merit **Bajamont** Award The Groundwater Treatment Facility was constructed under the leadership of the Carmichael Water District located east of downtown Sacramento. The project featured teamwork and a rapid response, which protected community drinking water wells from a contaminant plume migrating offsite from the Rancho Cordova Aerojet Superfund site.

"Carmichael Water District (CWD) was facing a ground water contamination nightmare," says Steve Nugent, General Manager for

the Carmichael Water District. "In 2003 a contaminant plume of NDMA was detected in monitoring wells located in the CWD service area. By the end of 2004, NDMA had shown up in three additional monitoring well, and the plume was estimated to be travelling 500 feet per year. At this rate, CWD's ground water supply would have been in jeopardy within five years."

CWD and Aerojet collaborated to bypass litigation and proceed directly to remediation. "Instead of costly and time consuming litigation, we formed a partnership to deal with the remediation



of the groundwater basin," Nugent explains. Kennedy/Jenks designed and managed construction of the 4,800-SF Groundwater Extraction and Treatment Facility at CWD's Bajamont Surface Water Treatment Plant. "Project highlights included the unprecedented solution-focused collaboration between CWD, Aerojet, and Kennedy/Jenks who worked as a team to complete the seven-to-ten-year process in less than three."

The fast-track design/build project itself was completed in only two years. The project was executed as a 3-phased

construction contract that reduced project time by nine months. The effective treatment process uses pressurized medium-pressure UV reactors to destroy NDMA in under the challenging conditions of combined low flow rates and near non-detect effluent concentrations standards. The UV system destroys NDMA to levels well below 2 parts per trillion and accommodates variable flow rates and influent contaminant concentrations.

To gain community support, CWD launched an extensive public outreach campaign and designed the plant to

look like a large residence. The building is recessed into the hill and camouflaged with windows, awnings, and other architectural features to blend into the neighborhood. The entire treatment processis enclosed to minimize noise and disguise the plant's function.

The innovative facility was designed to blend with the upscale neighborhood. The highly effective treatment process also includes granular activated carbon and provisions for future ion exchange with peroxide oxidation to address VOC and perchlorate potentials at this site also. This unique project approach met all the project goals - expediting groundwater pumping for contaminant of the plume, protecting the public groundwater wells, and ensuring the continued safety of CWD's drinking water for the district's more than 40,000

residential and commercial customers.

"Being able to complete the environmental document, get public approval, complete the design, hire contractors, build the facilities, and begin remediating the groundwater basin in just two years was remarkable," says Nugent. "Kennedy/Jenks led this approach providing the necessary technical expertise, while understanding the public concern about having this type of facility in their neighborhood. This unique approach to design-build led to the successful completion of the project."

Fibromyalgia: **Truth, Hope and Results**

"Fibromyalgia: Truth, Hope Results" to be held at the Fibromyalgia Centers of America @ 6728 Fair Oaks Bl. #306 in Carmichael, Thursday Feb 12, 2009 at 6:30p.m.

This class will be presented by Dr. Tony Baratta, who has successfully treated hundreds of patients with Fibromyalgia. The class is free. RSVP at (916)979-0716 or email tonybaratta@sbcglobal.net.

Designing with Light

Free Workshop

Tuesday, March 10, 2009 Date: Time: 6 p.m. - 8:30 p.m.

SMUD Customer Service Center Location: 6301 S Street, Rubicon Meeting Room

Sacramento, CA

Questions: Contact Connie Samla - csamla@smud.org

Learn about the many ways to light your home while improving its look, feel and energy efficiency! During this evening class, SMUD's lighting specialist will cover general types of lighting in addition to specific lighting tools and tricks for different rooms in a home. The workshop is free. Class size is limited and pre-registration is required. Customers register online at smud.org, e-mail etcmail@smud.org, or call 916-732-6738.

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