# Carmichael Times

Volume 28 Issue 48

## www.CarmichaelTimes.com

December 9, 2008

# RT Offers Free Rides on the 16th Annual Holiday Bus



Continuing a 16-year tradition, RT employees and their families painted the exterior of the Holiday Bus with colorful candy canes and ornaments. Rick Sloan, RT graphic designer, pre-painted the outline on the bus, which allowed participants to complete the design using a "paint-by-numbers" technique.

The Sacramento Regional Transit District ushered in the holiday season with free rides on the RT Holiday Bus. As a thank you to riders, the bright and festive Holiday Bus will travel on a different route each day

from through Sunday, January 4, 2009.

In the spirit of giving, passengers will have the opportunity to place a cash donation in the farebox or contribute a non-perishable food item. All donations will benefit River City Community Services, a non-profit organization that provides emergency food and housing assistance to more than 24,000 clients annually in Sacramento County.

For Holiday Bus route and schedule information, call 916-321-BUSS (2877) or visit www.sacrt.com.



Many local kids helped paint the bus. From L to R: Lucas Solomon (age 9), Nathan Solomon (age 5), Rachel Solomon (age 6). They are the children of David Solomon, RT senior architect.

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4-Jan

## 2008 Holiday Bus Schedule

Route(s)

Day

Date	рау	Route(S)
9-Dec	Tuesday	11
10-Dec	Wednesday	13, 14, 88
11-Dec	Thursday	15
12-Dec	Friday	19
13-Dec	Saturday	38, 86, 87
14-Dec	Sunday	82
15-Dec	Monday	20, 22, 23
16-Dec	Tuesday	21
17-Dec	Wednesday	24, 25
18-Dec	Thursday	26
19-Dec	Friday	28
20-Dec	Saturday	81
21-Dec	Sunday	67, 68
22-Dec	Monday	30, 31
23-Dec	Tuesday	34
24-Dec	Wednesday	36
25-Dec	Thursday	56
<b>26-Dec</b>	Friday	54, 65
27-Dec	Saturday	80, 84
28-Dec	Sunday	72, 75
29-Dec	Monday	61
30-Dec	Tuesday	62
31-Dec	Wednesday	63
1-Jan	Thursday	51
2-Jan	Friday	83
3-Jan	Saturday	72, 73, 74,
	~ -	

Sunday

# Sacramento County Development Services Launches New Infill Development Website

Goal to Provide Information about Infill Opportunities and Incentives

To promote infill development – the re-use of land or existing developed sites within an urban/suburban area – Sacramento County has launched a new website for land owners and property developers: http://www.msa2.saccounty.net/infill/pages/default.aspx

"Infill is smart growth," said Steven Pedretti, Deputy Administrator of Development Services. "We want to do everything we can to promote quality infill projects. This will help reuse obsolete and underused buildings and parcels and revitalize aging commercial corridors."

Because infill projects can be challenging due to lack of or aging infrastructure and irregularly shaped lots, the County has created a special program to assist communities, property owners and developers with infill, focusing on key commercial, residential and mixeduse sites. These principles are consistent with the Sacramento Area Council of Governments' (SACOG) Smart Growth Principles. "By working with our Infill Coordinator, developers will have instant access to the many regulatory requirements and departments involved," Pedretti added. "We will pull in the resources and contacts necessary to help streamline the infill process as much as possible." The Infill Program is one of the many programs being undertaken by the new County Development Services group that delivers development - related services, consisting of the Departments of Planning and Community Development, Environmental Review and Assessment, and County Engineering. The group has been working with the private sector for more than a year to examine and prioritize processes and improve service and communication. "Our goal is help bring high quality projects to the Sacramento region in an efficient manner," Pedretti added.

Carmichael
Times Founder
Passes - Pg 3

# Surviving the Holidays: A Few Tips (And Some Resource Numbers) For Families In Crisis

by Laura Coulthard Deputy Director, Department of Health ad Human Services/Child Protective Services Division

It's no secret that the winter holidays can be very stressful for families. Families feel pressure to spend too much, eat and drink too much, and pack more activities into their days than they have time or energy for. The nation's troubled economy and the local epidemic of home foreclosures only make matters worse.

Stress may in fact contribute to an increase in child and domestic abuse cases that Sacramento County often sees during the holidays. According to statistics compiled by the Child Abuse Prevention Council of Sacramento (CAPC), the Sacramento Police Department's Crime Analysis Unit recorded a nine percent increase in domestic violence and child abuse crimes reported from November to December 2007

CPS workers answer calls 24 hours a day, seven days a week from community residents concerned that a family they know is unable to take care of their children or to keep them safe. In December, workers will assess more than 3,000 referrals of suspected child abuse or neglect.

If you or a family you know is at the breaking point, here are a few tips from the Child Abuse Prevention Council:

Keep it simple. Don't over-commit yourself or your family. Remember what children really want is to spend time with you.



Put Santa on a budget. In our materialistic culture it's easy for parents to feel inadequate if they are struggling to make ends meet. Don't buy gifts you can't afford. Emphasize the act of giving, not the gift.

Change what you can. Decide what activities are important for you and let the others go. Having too much to do is a major cause of holiday stress.

Surround yourself and your children with safe, supportive people. Unhappy memories of past seasons sometimes resurface during the holidays. Being with loved ones can provide strength and

nurturing during difficult times.

Set differences aside. No one is perfect. Accept family members and friends as they are.

Stay positive. Encourage positive family interactions like playing games, wrapping gifts

Take good care of yourself and your family. Get enough rest, eat healthy foods and avoid alcohol or drugs.

Share the care. Reach out to family and friends if you are feeling stressed and need a break.

Above all, don't be afraid to ask for help! Below are phone numbers to public resources available to children and families:

Sacramento Info & Referral Service 498-1000

> **Parent Support Hotline** 888-281-3000

Sacramento Crisis Nursery 679-3600

> Birth and Beyon 679-3925

**Diogenes Youth Services 24 -hour Hotline** 

1-800-339-7177

California Youth Crisis Line 1-800-843-5200

Minor Emergency Mental Health Response Team

875-1113

Women Escaping a Violent Environment (WEAVE) 920-2952

**Suicide Prevention** 

368-3111

Sacramento County Mental Health Treatment

Center

875-1000

**Alcoholics Anonymous** 454-1100

Narcotics Anonymous

800-600-HOPE (800-600-4673)

**CPS Child Abuse Hotline** 875-KIDS (875-5437)

**Police/Sheriff Emergencies** 

911

Information provided as a public service by Sacramento County Child Protective Services. For more information on county human services, visit www.sacdhhs.com

# Carmichael Times



#### **Publisher - Paul V. Scholl**

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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• Perry Hartline • Sandra Prescott • Shannon Mladineo Advertising Sales:

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# There's a new Sutter office near you!



## North Sunrise Care Center

568 North Sunrise Ave., Suite 250, Roseville CA (916) 865-1140

Effective December 8, 2008, Drs. Leff, Padilla, Doolittle and Applebaum are now located at our new offices at the North Sunrise Care Center.

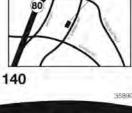
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Carmichael Times December 9, 2008

# Founder Shirley Turner Passes



Shirley Ann Turner: December 19, 1941 - November 29, 2008

Shirley Ann Turner was born in Cedaredge, Colorado on December 19, 1941. She was the fifth of 10 children born to Raymond and Irene Turner, making her truly a "middle child". Her family moved to California in 1945 where she resided with them in Porterville, California until she moved to San Jose in 1959 to attend San Jose

State University. During her early years she separated her time between school, where she often was on the honor roll, church activities with her siblings, and helping raise chickens, cows, pigs, and growing vegetables on the family farm.

She was preceded in death by her parents, two brothers and two sisters.

She is survived by her brothers, Elbert, Charles and Dan and her sisters Cara Lee McKennon and Betty Brunson.

At her specific request, no service is planned. She also requested that any remembrances be made in the form of a contribution to the American Cancer Society or the donor's favorite charity.

From Dan Engebretsen

When I was 18 years old I met Shirley Turner and her life partner Paul O'Brien. The roommate I had at the time got married and moved out of the area. She had been working with Shirley typing for the "Get Together" Newspaper, a monthly publication which Shirley and Paul ran. Well, I was asked to type for them until Shirley could find a replacement ... and the rest ... let's just say "What a long strange trip it has been."

In 1981 the Chamber of Commerce came to Shirley and asked her if she could start a local Carmichael paper. There had been no local paper in Carmichael since the Greensheets folded years earlier. That is when I became the production manager. We saw other papers come and go year after year, but Shirley held the Carmichael Times together.

I can't deny that we had our disagreements over the years, but Shirley never gave up on our friendship. She was like that. Give someone a second chance ... and a third ... and a fourth.

When Paul O'Brien passed away last year, Shirley was of course devastated, but being the stubborn person we all came to know and love, she persevered and went forward.

As her health depreciated, Shirley sold the business to Paul Scholl, who is continuing the legacy of the Carmichael Times.

Alas, her recent stroke was the final straw. She had known for awhile that her time on this Earth was limited and had accepted the fact.

Do not grieve for Shirley ... that is not what she would have wanted. Celebrate her life and all the things she did to touch the lives of others.

I am 51 years old now and have worked with Shirley all these years. I will miss you greatly. God bless you Shirley.

Dan Engebretsen continues with the newspaper today. He processes our legal advertising.

#### And from Marion Solo

"Shirley, I will miss you very much. You had a big heart and were so very thoughtful.

You were a really good friend. I will really miss you."

Marion worked for Shirley since 2002, selling classified advertising and holiday greetings. Marion checked in with her daily and they had developed a close relationship over that time. She continues with the newspaper today.

**Publisher's note;** When I agreed to purchase the Carmichael Times from Shirley Turner she told me about the people who worked for, how much they had helped her, and how she had hoped they would be able to continue working for me. She told me about the many struggles over the past few years, trying to keep the community newspaper going after all of her setbacks. She did all that she could, but her main interest was to sell the newspaper to someone who wanted to serve the community of Carmichael. And that is our aim. All those who continue to work with the newspaper today have said they appreciate the work Shirley gave them over the years and that they are sorry to hear she has passed away. They all had their own short stories about her and remember her fondly.

Through my many visits with Shirley, she often displayed a strength to keep fighting her illnesses, but also longed for her beloved Paul. Towards the very end her longing was more spoken and obvious. Now, Shirley, you can rest and enjoy Paul's presence once more.



www.CarmichaelTimes.com Page

# **Come Cast for Cash** at SMUD's Trout Derby

SMUD's Rancho Seco Recreational Area hosts annual trout derby

SMUD's Rancho Seco Lake will be newly stocked with 2,000 pounds of of trout for the annual fall trout derby. Anglers hooking the heaviest trout will be awarded with cash prizes - up to \$100 for adults and \$50 for children under sixteen.

SMUD has been attracting thousands of local anglers since the first trout derby in

The Rancho Seco Recreation Area boasts a 160-acre lake stocked with 2,000 pounds

Fishing enthusiasts can cast a line from the shore, fishing pier, or their own boat (electric trolling motors only -- no gas motors). In addition to trout, the lake has largemouth bass, redear sunfish, bluegill, black crappie

A one-time \$3 entry fee will be charged to anyone interested in competing in the derby. All entrants age 16 and older must possess a valid California state fishing license.

Cash prizes will be awarded to those catching the heaviest fish in two separate categories - adult and kids. In the adult

classification, prizes range from \$20 to \$100 and will be awarded to the top 14 fishers. Prizes for children will be awarded for first (\$50) through sixth place (\$10).

The 400-acre Rancho Seco Recreational Area offers more than just fishing. The fullservice facility offers picnicking facilities, RV and tent camping sites, kayak and pedal boat rentals during the summer, and beach and swimming areas.

Rancho Seco Recreational Area is 25 miles south of Sacramento, approximately 15 minutes east of Highway 99 on Twin Cities Road. The park is owned and operated by SMUD. Admission to the park is \$5 per vehicle (\$4 for seniors). For more information or to schedule camping reservations, call (916) 732-4913 or go to smud.org.

#### Date:

Saturday, December 13 and Sunday, December 14

#### Time:

6 a.m. to 5 p.m. daily (rain or shine) **Location:** 

Rancho Seco Recreational Area 14440 Twin Cities Road

## **Sacramento Master Singers Presents** "A Christmas To Remember"

The Sacramento Master Singers, under the direction of Dr. Ralph Hughes, will open their 25th - Anniversary Season with four performances of their annual holiday concert in December. This year's concert, entitled A Christmas To Remember, occurs at St Francis of Assisi Catholic Church (26th & K Streets) in Sacramento on December 14 at 3:00 PM; December 20 at 8:00 PM; and December 21 and 22 7:00 PM. This festive holiday concert begins with a number of antiphonal works with the Master Singers surrounding the audience lit by candlelight. Audiences will be treated to classical settings of Christmas texts, settings of traditional holiday favorites, and technically challenging works such as Frank Burch Brown's Mary with Jesus, a setting of an ancient Muslim text regarding Mary and the unborn Jesus. This work in particular demonstrates the

Master Singers' commitment to bridge all cultures and societies through choral music. This commitment is central to the Master Singers and has been a part of the choir's mission since its earliest years.

Tickets for A Christmas To Remember are \$18 and can be purchased online at www. mastersingers.org, or by phone by calling (916) 788-7464, or at-the-door 30 minutes before each concert.

The Sacramento Master Singers will also present Jingle All The Way!, their annual children's holiday concert on December 21 at 4:00 PM at St. Francis of Assisi Catholic Church (26th and K Streets). Tickets for this shorter, family-oriented program are \$5 for adults, \$3 for children.

All concerts will be held at St. Francis of Assisi Catholic Church, 26th and K Streets, in Sacramento.

## **Senator Cox Applauds Darrell Steinberg's Call to Create Senate Budget Committee**

In delivering his acceptance speech as the leader of the Senate, President Pro Tempore announced that he will ask all 40 Senators to sit on the budget committee – a proposal introduced by Senator Dave Cox a Republican from Fair Oaks.

'Californians are facing challenging times and the state is facing a historic deficit," said Senator Dave Cox. "I applaud Darrell Steinberg for his leadership and for his efforts to prioritize the budget process."

Cox added, "By making the Senate a committee of the whole, all 40 senators will be more involved and more accountable in the budget process. And increasing the number of budget subcommittees and strengthening the subcommittee process will improve oversight and outcomes."

The current process allows the majority to ignore the minority until the very end of the budget process when a two-thirds vote is required for the budget and tax increases. Compromise must be encouraged earlier in the process. This change to the current process could help reduce the annual partisan

"Certainly the strong sense of frustration and despair that enveloped the State Capitol over these last several months can provide the needed motivation to take bold and thoughtful action. The time is now to improve our budget process and to increase legislative oversight and the place to do it is in the California State Senate," Cox concluded.



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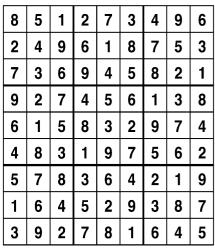
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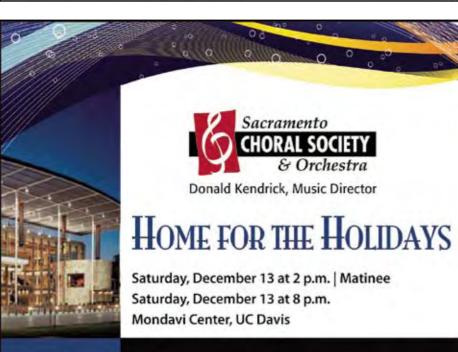


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1-866-754-2787 or online at SacramentoChoral.com

#### **Toys for Tots: A History Steeped in Service**

NewsUSA - If the holidays overwhelm you, think about how that jolly old soul with the red suit and white beard must feel. Even with many years under his ample belt, dear old Santa has been "calling in the reserves" for nearly 60 years.

In 1947, Major Bill Hendricks and a group of Marine reservists in Los Angeles collected and distributed 5,000 toys to needy children. The idea came from Bill's wife, Diane.

Earlier that year, Diane handcrafted a Raggedy Ann doll and asked Bill to deliver it to an organization that would give it to a needy child at Christmas. When Bill determined that no agency existed, Diane told him that he should start one, so he did.

The pilot project was so successful that the Marine Corps adopted Toys for Tots in 1948 and expanded it into a nationwide campaign. That same year, Walt Disney designed the renowned red train Toy for Tots logo as a favor to the organization.

In the late 1980s, the Marine Corps determined that a nonprofit charity was needed as an integral part of the overall national Toys for Tots program. The Marine Toys for Tots

Foundation became an operational organization in September 1991 and has been the fundraising and support organization for the program ever since.

Today, thousands of volunteers and corporate sponsors across the country continue the legacy that began when



Diane Hendricks handed her husband a handmade toy and asked him to deliver it to a worthy child. The goal is to deliver a message of hope and brighten the holidays for children whose lives are touched by poverty.

Currently 12 million (17 percent) of the nation's children live below the federal poverty level, according to the U.S. Census Bureau. Since its inception, Toys for Tots has touched the lives of more than 160 million children.

To learn more about the Toys for Tots history and how you can help children in your area, visit www.toysfortots.org, or make a donation at participating The UPS Store and Mail Boxes Etc. locations.

# There's a new Sutter office near you!



### Greenback Oaks Care Center

5765 Greenback Lane Sacramento CA (916) 865-1040

Effective November 17, 2008, Drs. Barrett, Davies, Hilzinger, Nair, Powar and Spinelli are now located at our new offices at Greenback Oaks.

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www.CarmichaelTimes.com Page 5



# Holiday shopping list makes for wise spending

by Lauren Forcella

**Dear Lauren & Company:** Are you printing your teen shopping list again this year? I want to spend wisely and make everyone happy. — Auburn CA

**Dear Auburn:** We've decided it's a classic. Below are this year's top gadgets, books, and gift cards, along with some unusual ideas. Hot tip: Get discounted refurbished iPhones and iPods from The Apple Store. They are packaged like new with the same 1-year warranty as new ones.

Nobody suggested video games, but the top 10 to avoid for brutality are: "Blitz: The League II," "Gears of War 2," "Saints Row 2," "Dead Space," "Fallout 3," "Far Cry 2," "Legendary," "Left 4 Dead," "Resistance 2," and "Silent Hill: Homecoming."

Top 5 to buy: "Guitar Hero World Tour," "Rock Band 2," "Rock Revolution," "Spider-Man: Web of Shadows," and "Shaun White Snowboarding."

Most addicting game to avoid: "World of Warcraft," (AKA "World of WarCrack").

Michael, 16, Fair Oaks CA: I'd ask for an iPhone, but I bet my dad on an impossible golf putt and already have one. I always appreciate clothes from the Ralph Lauren outlet, but with the economy, I'd be happy with my brother coming home from college and my family taking a vacation together. Favorite books: Dan Brown mystery thrillers: Angels & Demons; The DaVinci Code.

**Mariah, 16, Colinsville OK:** Top girl book: the vampire series, Twilight. Top gifts for any teen: iPod, digital camera, Target gift card.

Jennifer, 14, Fair Oaks CA: For my main gift, I want a trench coat and warm scarf. But if I didn't already have Uggstyle boots, I'd want them instead. Other wishes: Miracle perfume by Lancôme, Sees chocolates. If coats are too pricey, down vests with fur-lined hoods are very popular. Popular gift cards are Pac Sun, Wet Seal, Nordstrom, JC Penny, Cutegirl. com, Barnes & Nobles, Bath & Body Works. My favorite books: Twilight, Harry Potter, Huckleberry Finn, Tom Sawyer.

**Jack, 16, Auburn CA:** I just want one main thing: a MacBook laptop, an iPhone,

a Burberry watch, or a family trip to Hawaii. For a book: a big encyclopedia of architecture.

**Geoff, 23, Redding CA:** My pick to video Christmas and beyond, the Flip Video MinoHD Camcorder, \$229 (non high-def version, \$159). It gets 4 and a half stars and fits in a pocket.

Laura, 22, Fair Oaks CA: My parents consider it rude to tell them what I want for Christmas — and they don't ask because it ruins the surprise. I hint around, but it's crazy waiting to discard what they get me. This year, I'd like money for a college class in Italy. Gift cards for clothes are always nice, too, preferably Macys or Nordstrom.

**Greg, 17, Auburn CA:** I want a downhill bike. Specialized or Santa Cruz models are best, but I'd gladly take a Giant. My favorite book is Steinbeck's East of Eden, a drama about two generations of brothers.

Jack, 18, Fair Oaks CA: Just give me money! Favorite books: Hangman's Curse, Christian sci-fi by Frank Peretti, and Ender's Game, sci-fi by Orson Scott Card

Betsy, 19, Durham NH: I'd love the Nikon COOLPIX S550 camera (with Ashton Kutcher in the commercial). It's small, touch screen, perfect for traveling. Last year my boyfriend got me a Loki hoodie with retractable mittens. It's great for snowboarding and gets lots of compliments (see lokiusa.com). For a book, I recommend Bringing down the House by Ben Mezrich, a supposedly true story about MIT students who took on Vegas, made into the movie 21.

**Dominic, 21, Fair Oaks CA:** Dear Santa, I'd like Legos, a Brio train set, and the new hiphop CD by Lil Wayne: Tha Carter III (warning: explicit content).

Lennon, 22, Fair Oaks CA: I always need practical stuff: socks, undershirts, underwear, and school supplies: notebooks, pens, pencils, stapler. A computer graphics card would rock, too — as would a personal robot and small Mediterranean island.

Write to Straight Talk at www. StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628

#### Sacramento Fine Arts Center Holiday Craft Fair

Our Holiday Craft Fair has added an additional event. On **December 13, 2008,** (Second Saturday), we will be serving a light Mexican meal in the Cafe de Art, (aka the art room), from 5:00 PM to 8:00 PM. The cost is \$ 3.00 for a plate with rice, beans, and a taco. Soft drinks, water, and coffee will be \$1.00. A donation of \$1.00 will be requested for wine. All the proceeds support the center.

Come visit our beautiful Craft Fair, listen to live Holiday music by Bonnie Otto, linger in the ambiance of Cafe de Art, and sing Christmas
Carols with friends and neighbors on December
13th with our extended hours,
11:00 am to 8:30 pm.
New Hours for the Holiday Craft Show will be
daily 11:00 am to 4:00 pm.
5330B Gibbons Drive
Carmichael, CA 95608.

Phone: 916-971-3713, and Lisa, 916-487-4472 or email: lisafooshay@yahoo.com



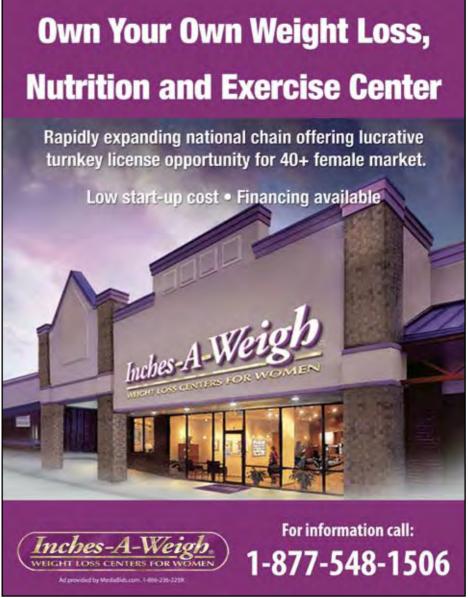
An evening of music, story and dence associated with the feative season. A portion of the proceeds from the show will be donated to the Leukemia and Lymphoma Society and the Aplastic Anemia and MDS International Foundation.

Friday December 12, 2008 8:00pm St Michael's Episcopal Church 2140 Mission Avenue, Carmichael, CA 916-488-3550

Tickets \$18 in advance, \$20 at the door Available at the Church & online at www.mollysrevenge.com

mollysrevenge.com

moirasmiley.com







## Blue Lights Show Support

Letter to the Editor:

The holidays and decorating homes with lights inside and outside is just around the corner. Around the country some communities encourage residents to feature one window of their home or a part of their outdoor display using only BLUE LIGHTS as a salute to all our Law Enforcement Officers. In recent years in Sacramento County and surrounding Counties we have lost too many officers responding to their duties and it ended with injury and sometimes death. These BLUE LIGHTS during the holidays would be a public way to remember and thank all these men and women in law enforcement who help protect us 24/7.

I hope you will consider doing this. It is really a small thing to do for the men and women who put their lives on the line for us every working day and night.

Winter Wonderland Art & Craft Fair Second Saturday

December 13 10am - 4pm

Truly unique, handmade gifts abound at Sacramento Valley School's 2nd Annual Winter Wonderland Art & Craft Fair. Creative local artisans and artists including Ellen McMahill, will offer a wide array of inspired wares and art. See an art demonstration by Bondi Abraham and David Peterson, snack at the Little Elf Café, buy tickets for fantastic raffle prizes and visit a children's crafting corner. Fun for the entire family!

Location: Sacramento Valley School 2737 Eastern Avenue Sacramento, CA





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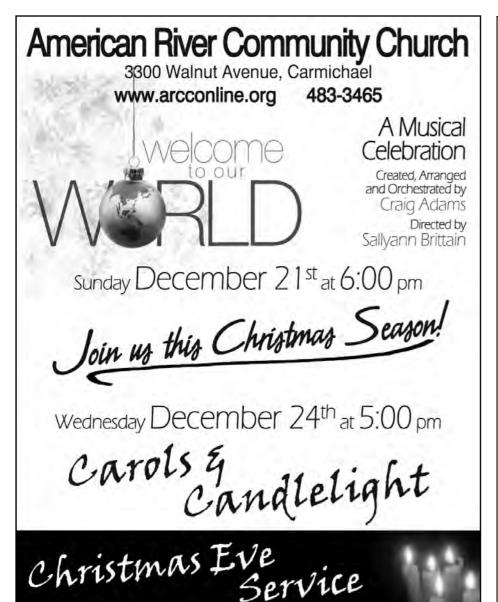


(ON MOST VEHICLES)

THIS PROMOTION ENDS ON DECEMBER 31, 2008

**O IS YOUR BRAKE PEDAL SPONGY OR MAYBE TOO HARD?** 

www.CarmichaelTimes.com



#### Carmichael Area dressbarns Collect Toys, Bring Holiday Magic to Children

In an effort to bring holiday magic to disadvantaged children this year, dressbarn is launching its first Toys for Tots Drive from December 8th to December 12th. During this time, local dressbarn stores will encourage residents to donate new, unwrapped toys for the cause. To show their heartfelt thanks, the stores will give customers who donate a 15 percent coupon off a regular priced item. For several years, the Toys for Tots program has delivered a message of hope to needy youngsters that motivate them to grow into responsible, productive, patriotic citizens and community leaders. dressbarn is proud to take part in this effort. "We really hope that the Carmichael community comes together to give to children who are really in need. Just the thought of knowing that they are giving a child hope this Christmas season should be heartwarming," said Vivian Behrens, senior vice president and chief marketing officer of dressbarn, inc. "Thanks to the customers who donate, we'll be able to give smiles to children nationwide this holiday season."

When someone you love has Alzheimer's, the whole family is affected.

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Francis Lenna & STOWN

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# Weekly SUDOKU

## by Linda Thistle

Answers on page 4

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

#### **DIFFICULTY THIS WEEK:** ★★★

★ Moderate ★★ Challenging ★★★ HOO BOY!

Looking for similar over 45 for Select Straight Singles Group Send inquiries to: NKDSB@att.net

#### — King Crossword — Answers

Solution time: 25 mins.

Н	Е	R	R		Ε	Ε	L		S	Т	Α	В
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#### Mission Oaks Computer Club Meeting

The Mission Oaks Computer Club will meet December 11, 2008 at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, from 1:00 pm to 3:00 pm. The program theme is Microsoft Office Tips and Tricks presented by Jeff Lin, Microsoft Corporation. A question and answer session follows the meeting. Visitors are welcome. For additional information call 366-1687 or visit our website: http://missionoakscomputerclub.org

#### Navy League Christmas Spirit

Navy League, Sacramento Council invites members in the Sacramento Community to join us in partnership in sending Christmas Cards, at least one card to this address. Think of how many cards these wonderful special people who have sacrificed so much would get through this request. Our prayers are with them for a speedy recovery. A Recovering American Soldier

c/o Walter Reed Army Medical Center 6900 Georgia Avenue, NW Washington, DC 20307-5001 For more information call Joe Fraccola, 916-638-8720



Have you taken enough surveys, yet? Every time you call tech support, you're asked to rate the person who helped you. Hotels, restaurants, retail services of all kinds—everyone wants a piece of your time and your expert evaluation.

Try buying a Lexus. They actually hire and fire based on your responses, and one of your choices is to check "Truly Outstanding." If a salesman doesn't get enough "truly outstandings" he can be fired. Let me ask you this: Have you ever bought a car—any car—and considered the experience "truly outstanding"? Do you even have five experiences in your lifetime that you would call truly outstanding? So what does a guy have to do, to leave you with that kind of buzz, after shelling out a huge chunk of your earnings? Should he juggle and sing? Send you off with a parade? Offer to put your kids through college? Now that would be truly outstanding.

What I love are the government offices with elaborate "Press One for English" phone systems who keep you on the line for twenty minutes (and you never do get to a live person), who then ask you to take a few more minutes to press seven and take a phone survey.

I'll tell you who never does surveys: The very folks you'd like to rate. The places where the service is so abominable that you

# Joni Hilton Survey This

honestly wonder if there's a hidden camera somewhere, and this whole thing is a setup. Restaurants where the waitress sneezes onto your plate before setting it before you. Airlines who bump and overbook, then lose your luggage. Repair shops where you swear you're invisible, standing for ten minutes before you're acknowledged. Supermarkets where the only conversation you hear from the checker and the bagger is about their breaks, their next vacation, and how long they've been working that day.

This clock-watching mentality has even invaded nursing, where you hope they'll at least fake a passing interest in your health. But no, all you hear them talk about now is the same stuff baggers talk about: Breaks, hours, vacations.

The place that really needs to hand out survey forms is the doctor's office. Ironically, this is the only place where you actually have the time to fill one out.

- Was your wait reasonable? Are you kidding me? Next time I'm arriving with a tool box, and I'm going to say, "Oh, take your time. I'll just tinker while I wait."
- Were you treated with courtesy? What—weighed in like livestock then put into a paper smock and locked up in a cold cell?
- Did the doctor address your concerns? Are you joking? They spend their entire twenties studying and you expect them to have adequate social skills? These are math and science guys, not politicians. You're lucky to get a "hmm" out of them.
- Was your stay pleasant? No; it was like visiting a house of horrors—the wall "art" is

a bunch of free posters from pharmaceutical companies, showing close ups of festering puss, swollen membranes, and runny eyes. Someone needs to tell physicians that while this stuff may fascinate them, it is the very reason the rest of us did not pursue medicine as a career. There's a reason why skin is opaque, you know. Surely they can afford something else for the walls, and save the gooey skin cancer pictures in an album.

Makes you wonder how medicine might change if doctors knew they had to get a "Truly Outstanding" rating from their patients. You want medical reform? Start with a survey their license depends upon. Now that's the one survey I'd be happy to fill out.

Joni Hilton is an award-winning playwright, the author of 16 books, holds a Master of Fine Arts degree in Professional Writing from USC, and is frequently published in major magazines. A former TV talk show host in Los Angeles, she is also a TV spokeswoman across the U.S. for various corporations, and highly in demand as a public speaker. She is Founder of Holy Cow, an organic line of cleaning products (holycowproducts.com), the winner of dozens of cooking contests, and a former model and Miss California. She is married to Bob Hilton, and they are the parents of four children. For book reviews, recipes, purchasing information about her books, and more, simply type Joni Hilton into Google or Yahoo.

Listen to "The Joni Hilton Show" streaming live, weekdays 3-4 pm on www.KAHL.com or 950 AM

#### Fewer Traffic Deaths Reported in California Over Thanksgiving Weekend

Today, the California Highway Patrol reported that 33 people died on California roadways during the four-day holiday weekend this year compared to 41 people during the same period last year.

"While I am thankful that fewer people died during the four-day holiday weekend, I am troubled that we continue to needlessly lose lives on the state's roadways," said Commissioner Joe Farrow. "These statistics aren't just numbers; they represent real people with families and friends who mourn their loss."

During the four-day Maximum Enforcement Period, all available CHP officers were on the road.

DUI arrests by CHP officers totaled 1,530 this Thanksgiving holiday compared to 1,628 last year. Of the 20 vehicle occupants killed on the state's highways and unincorporated areas that fall under CHP jurisdiction, seven weren't wearing seatbelts.

"Those seven people might still be alive today if they had simply taken the extra few seconds to buckle up," Commissioner Farrow said.

With the Christmas and New Year's holidays fast approaching, the CHP warns that similar Maximum Enforcement Periods will be in effect during those holiday weekends.

"If people will heed our message -- don't drink and drive, obey the speed limit and always wear seat belts -- upcoming holiday memories can be happy for everyone," Commissioner Farrow said

REMEMBER TO ALWAYS BUCKLE UP AND DON'T DRINK AND DRIVE

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## **Sacramento Hospice Consortium Seeks Volunteers to Care** for Terminally III Patients

is why hospice volunteers as members of a team of trained professionals play an important role in providing care, companionship and support to terminally ill patients and their families. The Sacramento

Hospice Consortium is offering training classes beginning January 9 in Carmichael and February 5 in Auburn for people interested in becoming hospice volunteers.

More than 300 volunteers currently work with seven hospice programs serving the Greater Sacramento area, but

Life prepares few of us for death. That more help is needed. Volunteers take a series of classes including History and Philosophy of Hospice Care, Concepts of Death and Dying,

> Communications Skills, and Grief and Bereavement. Training is designed for both those wishing to become hospice volunteers and those caring for and supporting a dying family member or friend.

> For more information or to register, call the Sacramento Hospice Consortium Volunteer Response Line at (916) 388-6288. The cost for 24 hours of training is \$35.



Come enjoy the Annual Holiday Tree Lighting at Carmichael Park, 5750 Grant Avenue, Carmichael, CA 95608. The event will include music performed by the *River City Concert Band*, a visit with *Santa*, candy canes, hot apple cider, crafts for kids, cookies and more! The *Honorable* Susan Peters, Sacramento County Board Supervisor, will be our Holiday Host for the evening along with the help of the Sacramento Metropolitan Fire District. This event will happen rain or shine! (916) 485-5322 or www.carmichaelpark.com.

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#### SANTA'S BREAKFAST and CRAFT FAIR Sunday Dec.14th 8:00 - 2:30 pm

Please come and have a great pancake breakfast for only \$4.00 \$12.00 for a family of 4 Amazing crafts - we have many new and exciting vendors this year!

Book fair - books make great gifts and benefit our school!

Pictures with Santa \$2.00

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Carmichael Times Page 10 **December 9, 2008** 



# Riley Reviews

by Tim Riley

#### **TOO MUCH HOLIDAY SPIRIT NIPS LAUGHS** IN "FOUR CHRISTMASES"

FOUR CHRISTMASES (Rated PG)

Vince Vaughn is a funny guy, particularly when he's sarcastic and aggravated, as was the case in "Dodgeball" and "Wedding Crashers," to name some of his recent films. More recently, during last season's holiday time to be precise, Vaughn starred in the Christmas-themed flop "Fred Claus." His track record for holiday cheer takes another hit with "Four Christmases," not the worst of holiday comedies. Nevertheless, it's not likely to be fondly remembered one year hence, and we can only hope that he's not in search of a yuletide trifecta.

More than anything, "Four Christmases" appears to be derailed by a lack of chemistry between Vaughn and Reese Witherspoon, playing respectively the unmarried yuppie couple of Brad and Kate. Supposedly, Brad and Kate are this happy San Francisco couple who so abjure any relations with their dysfunctional immediate families that they go out of their way to avoid them during the holidays. The reason for such negative feelings becomes apparent only too well on one fateful Christmas day.

According to custom, they ditch their families on Christmas by slipping out of town to some exotic beach locale, on the pretext that they are devoted to an altruistic mission in a farflung Third World country. Things go horribly wrong when they are trapped at the San Francisco airport by a fogbank so thick that every outbound flight is cancelled indefinitely. Through another unfortunate circumstance, their ploy for a getaway falls apart, and they have no choice but to redeem themselves by visiting all families in one day.

As they are both the children of divorced parents, Brad and Kate are now expected to show up at four households in a single day. Bracing themselves for a marathon of homecomings, they expect the worst, and that's the way it turns out. The first encounter, and certainly the most physical taxing one, is with Brad's crotchety redneck father Howard (Robert Duvall) and his older brothers, Denver (Jon Favreau) and Dallas (Tim McGraw). Brad's siblings have not matured emotionally, and since they are aspiring cage fighters, Brad becomes the brunt of their impromptu demonstration of an Ultimate Fighting Championship smackdown.

A visit to Kate's mother Marilyn (Mary Steenburgen) entails its own set of embarrassments. First, Kate's sexpot sister Courtney (Kristin Chenoweth), whose cleavage suggests a Playboy model, divulges secrets about Kate's childhood. A couple of Kate's aunts cast lascivious stares

Just Like Cats & Dogs by Dave T. Phipps



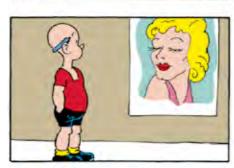
in Brad's direction, while Kate's mom reveals she's dating the pastor (Dwight Yoakum) of her church. Then, they all head off to the church for an awkward Christmas pageant where Brad and Kate are pressed into service as Joseph and Mary.

The next stop to visit Brad's mother Paula (Sissy Spacek) hardly fares any better. An aging hippie flower-child type, Paula causes a great deal of consternation when it is revealed she is now living with one of Brad's childhood buddies. Not only is this discomforting, it threatens to erupt in some sort of unwelcome confrontation. Topping off the visit is the playing of a board game that turns ugly when Brad and Kate blurt out responses that expose hidden feelings.

By the time Brad and Kate reach the final destination of the Lake Tahoe retreat of Kate's father Creighton (Jon Voight), their relationship has not survived the uncomfortable road trip. For his part, Creighton tries to explain some of the mistakes he made in his life and as a father. He's so thoughtful and sincere that he seems out of place with all the other dysfunctional characters. The unavoidable conclusion is that "Four Christmases" seeks to end on an emotionally satisfying note, hoping to find redemption.

In terms of style and substance, "Four Christmases" is as impaired and out of sync as the odd sort of characters it lampoons. Veering from slapstick comedy to heartfelt emotion, this is a film in search of a cohesive theme, which in itself is a challenge because the screenplay is the product of four writers. On the plus side, Vince Vaughn has more than a few funny moments, and the cast consists of an all-star lineup who performs well enough despite the obvious handicaps. "Four Christmases" is not a complete fiasco, but it certainly doesn't need to be on anyone's must-see holiday list.

# DON TRACHTE





## King Crossword

#### **ACROSS**

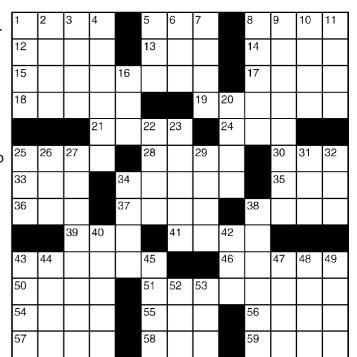
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- 35 Bill's partner 36 Round Table
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- 38 Old card
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- 39 Put on a show
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- horse ..." 50 Burpee buy
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- 58 Witness
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- © 2008 King Features Synd., Inc.



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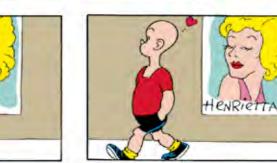
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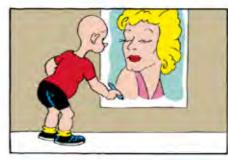
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SUPFRIOR COURT CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00026326-CU-PT-GDS

WHEREAS, Sara Elizabeth Niekarz has filed a petition in this court for a decree changing name of Sara Elizabeth Niekarz to Nolan Sen Noble. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 19, 2008 in Dept. 54. located at 800 9th St... Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 7, 2008.

Shelleyanne W.L. Chang Judge of the Superior Court

Publish: November 18. 25, December 2, 9, 2008.

FICTITIOUS BUSINESS NAME STATEMENT #0811395, Laurence Nicholson, 8141 Fair Oaks Blvd., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Linear Care" at 5207 Madison Ave. #D, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on Nov. 10, 2008. Publish: November 25, December 2, 9, 16, 2008.

12-16-08 LINEAR 81104

FICTITIOUS BUSINESS NAME STATEMENT #0811576. Military Briefing Book (limitd liability company), 5155 Arden Way #26, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Military Briefing Book" at 5155 Arden Way #26, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Nov. 18, 2008. Publish: November 25, December 2, 9, 16, 2008.

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

12-16-08

81104

FILE #0607523 The following persons have abandoned the use

FICTITIOUS BUSINESS NAME of CLEAR!BLUE, located at 135 N. Old Woodward Ave., Birmingham, MI 48009

Clear!Blue, LLC, a Michigan limited liability company, 135 N. Old Woodward Ave., Birmingham, MI

The Fictitious Business Name Statement was filed on June 29. 2006 in the County of Sacramento.

Filed with the Clerk of Sacramento County on Nov. 4, 2008. Publish: November 25, December 2, 9,

CLEAR! 12-16-08 81104

**SUPERIOR** COURT **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00026638-CU-PT-GDS

WHEREAS, Lyubov Denisova has filed a petition in this court for a decree changing name of Lyubov Denisova to Amie Lyubov Denisova. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 30, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814

and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 13, 2008.

Shelleyanne W.L. Chang Judge of the Superior Court Publish: November 25, December 2. 9. 16. 2008. DENISO 81104 12-16-08

**SUPERIOR** COURT **CALIFORNIA COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE **CHANGE OF NAME** 

#34-2008-00027201-CU-PT-GDS WHEREAS, Richard Brooke Trippe has filed a petition in this court for a decree changing name of Richard Booke Trippe to Brooklyn Rage Trippe. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Jan. 6, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814

and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County. California. once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 19, 2008.

Loven E. McMaster Judge of the Superior Court Publish: December 2, 9, 16, 23,

**TRIPPE** 12-23-08 81201

**SUPERIOR** COURT **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00026978-CU-PT-GDS

WHEREAS. Mara Boone and Daniel Boone have filed a petition in this court for a decree changing name of Trev Jordan Bliss to Trev Jordan Boone, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 30, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814

and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 18, 2008.

Shelleyanne W.L. Chang Judge of the Superior Court Publish: December 2, 9, 16, 23,

2008. **BOONE** 12-23-08

FICTITIOUS BUSINESS NAME STATEMENT #0811832. Amy Coleman, 5642 Gita Ria Ct., Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Dynamic Solutions" at 4180 Truxel Rd. #150. Sacramento, CA 95834. Filed with the Clerk of Sacramento County on Nov. 26, 2008. Publish: December 9, 16, 23, 30, 2008,

**CYNAMI** 81202 12-30-08

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Page 12 December 9, 2008 Carmichael Times

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TRUCK DRIVERS-SALINAS/YUMA refrigerated transfers, November-April. 90% Drop and Hook, late model tractors, top pay, benefits. Year round work also available. Brent Redmond Transportation. 1-800-777-5342. (Cal-

Matheson Trucking, Inc. is now hiring an Executive Administrative Assist to be the primary support for the CEO, CFO and COO. Supports front desk, prepares and maintains documents schedules meetings and travel. Must have 5-7+ years exp supporting a corporate environment; excellent verbal and written communication skills; proficient in MS Outlook, Word, Excel and PowerPoint. Must be professional, friendly and a team player. Fax resume to 866-418-9913 (MPG)

**QUIT LONG-HAUL,** run regional and Have It All! \$.41 per mile. Home weekly! Benefits! Stability for peace of mind! Heartland Express 1-800-441-4953. www.HeartlandExpress.com

WANT HOME WEEKLY With More Pay? \$.41/mile for company drivers! Home weekends and great benefits! Run our Western region! Heartland 1-800-441-4953. HeartlandExpress.com (Cal-SCAN)

#### **Holiday Help**

Christmas Lights 241-9682 Home Imp. Specialists, Gutters Cleaned Senior Discounts - Reasonable (MPG)

#### Household Help

House Cleaning Sparkling clean home guaranteed. Professional pet care. Experienced, dependable, reasonable rates. Call Madeline 916-723-1608. rates. (MPG)

Helper! Move In/Out Complete Clean Trash Hauling, Clean Yards, Carpets, Windows Etc 761-0447 (MPG)

**DeAna's HOUSEKEEPING** 

Immaculate, Fast, Honest, Dependable I care about what I do. Call me, 916-549-4915 (MPG)

**QUALITY WINDOW CLEANING** PLEASE CALL MARK AT 612-8949.

Homesitters on Wheels. Office needs two RV'ers with RV's for Petsitting 916-483-5146 (MPG)

#### Landscaping

Lawn and Garden Service Bi-weekly or monthly Call for FREE estimates 965-8224 (MPG)

CARMICHAEL TREE CARE Pruning-Topping-Removals Stump removals--Low Rates \*Licensed\* (916) 349-6207 (MPG)

Lawnmower Service Mow & Edge your lawn 4 times per month for a fee. Call Bob 916-456-5281. (MPG)

Weed Cutting Low Rates 916 524-7477 (MPG)

#### Legal Services

**Need an Attorney?** Have a legal situation? Looking for extra income? Contact Eicka Mitchell at 916-729-7364 ericamitchell@prepaidlegal.com (MPG)

BANKRUPTCY LAWYERS: Credit Card Debt, Foreclosure, Repo, Wipe Out Bills, Free Consultation 971-8880

#### Miscellaneous

RICHMOND'S HUNTING CLUB Come hunt with us - 20K acres Doves, Quails, Pheasants, Ducks and Geese For information: Dennis Sanders 530-913-5817 or Les Edwards 530-458-3814

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International Inventor's EXPO. Las Vegas - Oct. 18th -19th, 2008 FREE admission. Inventions Worldwide. Booths available. See investors, buvers. and licensee's www.inventbay.com/ inventorsexpo or call 1-888-999-4391

Advanced Stuttering Therapy Speak fluently. Practical, Effective 12-day treatment. Superior, long-term results. Some scholarships available. Hollins Communications Research Institutenationally recognized center, Roanoke, Virginia. 540-265-5650 www.Stuttering.

#### Miscellaneous **Items For Sale**

DIRECTV FREE 4 Room System! 265+ Channels! Starts \$29.99!FREE HBO, Showtime, Starz! 130 HD Channels! FREE DVR/HD! No Start Up Costs!Local Installers!1-800-973-9044 (NANI)

STEEL BUILDINGS All sizes welcome. Steel prices are down!Will help with design.Additional discounts available. www.greylensteel.com1-866-802-8573

STORAGE CONTAINERS, watertight. New 8'x20'= \$2,950, Used 8'x8'6"x20'= \$1,850; 8'x8'6"x40'= \$2,000; 8'x9'6"x40'= \$2,200, 8'x8'6"x40' Refrigerated \$5,500 or lease \$750/

month. Delivery available! John 707-975-3000. (Cal-SCAN)

"DIRECTV Satellite TV: Save \$23/ month for one year plus 3 Free months of HBO, Starz and Showtime! Call Expert Satellite 1-866-926-2066 (credit card required)" (NANI)

BioDiesel, \$1.00 a Gallon! Make your own high-quality, safe BioDiesel at home!Set your own fuel prices! We'll show you how!www.EzBioDiesel.com 1-888-521-6696 x 6 (SWAN)

**Tupperware** Please call for any service. Chris Krcmar 916-483-1671 Call for a free catalog (MPG)

Reclining Sofa Dark Green \$400.00 Excellent condition, Armoire light wood 3 Drawers \$200.00. White dining table w/leaf and 4 chairs \$50.00 Call 916.803.7247 (MPG)

#### SAVE MORE MONEY

Lower your Communications Bill by up to 50%!

ALL Wireless Carriers - Internet Satellite TV - Home Phone 916-717-6518 (MPG)

SEARSCentral Cooling Systems from Sears Home Improvement Products. Full Line of CARRIER(R) & KENMORE(R) products. ENERGY STAR(R) qualified systems. Call for a FREE in-home estimate. 1.877.669.8973 (NANI)

Going out of Business! (Cerrando Negocio) \$1.50 each Levi's & 501 & Minimum order 2400 jeans (orden minima de 2400 pantalones). Call between 9am-5pm. Porfavor inglés: 818-522-9824 (SWAN)

Set Your Own Fuel Prices! We'll show you how!BioDiesel, \$1.00 a Gallon!Make your own high-quality, safe BioDiesel at home! www.EzBioDiesel.com1-888-521-6696 x 6 (SWAN)

\*\*A L L Satellite Systems are not the **same.** Programming starting under \$20 per month, HDTV programming under \$10 per month and FREE HD and DVR systems for new callers. CALL NOW 1-800-799-4935 (NANI)

**DIET PILLS** Maximum prescription strength Phentromine, 37.5 mg, blue and white capsules, 60 count, \$77.95. No Prescription needed. Free Shipping! 1-800-627-7896 ext. 807 (NANI)

Moving-Must Sell!! Arcade style Nintendo Popeye game with quarter mechanism. Works also without mechanism connected. It's a joy for small children to see Pluto try to catch Popeye and save Olive Oil. For the serious video player. The game is a real challenge. \$500 or best offer. Call Shirley at 482-4188. (MPG)

FREE DIRECTV 4 Room System!265+ Channels! Starts \$29.99! FREE HBO, Showtime, Starz! 130 HD Channels! FREE DVR/HD! No Start Up Costs!Local Installers! 1-800-620-0058 (NANI)

Internet Broadband! Goodbye Dial-Up! Available Everywhere!
Lightning Fast! 30x-50x Faster! \$100
Cash Back! Local Installers! Free Installation! Order Hughes NetToll Free 1-866-815-2851 (NANI)

Free DIRECTV Satellite TV for 4 months with NFL Sunday Ticket; Free Set-Up, HD-DVR Upgrade. Offer ends 10/31/08. Call Expert Satellite 1-866-926-2066 (credit card required)(NANI)

DIRECTV Satellite Television, FREE Equipment, FREE 4 Room Installation, FREE HD or DVR Receiver Upgrade. Packages from \$29.99/mo. Call Direct Sat TV for details 1-800-380-8939

FREE DIRECTV Satellite TV For 4 months with NFL Sunday Ticket package; or Save \$18/month for 12 months. Packages form \$29.99/mo. Call Expert Satellite 1-866-926-2066 (NANI)

MEMORY FOAM THERAPEUTIC NASA VISCO MATTRESSES WHOLESALE!

Carmichael Times

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AS ON TV TWIN-\$299 FULL-\$349 QUEEN-\$399 KING/CAL KING \$499 CRAFTMATIC ADJUSTABLES-\$799
FREE DELIVERY 25 YEAR
WARRANTY 60 NIGHT TRIAL
1-800-ATSLEEP 1-800-287-5337 WWW.MATTRESSDR.COM (NANI)

DIRECTV Satellite TV. Save \$18/month for 12 months.Free Install 4-Room System; Free HD or DVR upgrade. Packages from only \$29.99/mo. Call Expert Satellite 1-866-926-2066 (NANI)

#### **Mobile Homes**

**BRAND NEW MOBILE/Manufactured** Homes with Warranty. Buy at Factory for \$19,900. Photos and Floor plans online www.FactorySelectHomes.com or 1-800-620-3762 for color brochure.

#### Musical **Instruments**

WORLD GUITAR SHOW, Buy, Sell, Trade, Marin Civic/San Rafael, July 26-27. Pomona Fairplex. August 2-3 Saturdays 10-5, Sundays 10-4. Bring your gear!! www.TXShows.com (Cal-SCAN)

#### Notary

Mobile Notary Services

Certified Loan Signer Paralegal Services Powers of Attorney, Wills Will Travel to Your Home or business 916-508-7080

Notary Services Hospital, Care Home or make arrangements. Call (916) 482-9388 for details. Ask for Debbie or leave message. (MPG)

24/7 Notary Services Anytime / Anyplace Call Dan @ 916-712-2661 (MPG)

#### **Painting**

All Pro Painting Res/Com. Quality work free est. sen disc lic914715 Ph 607-0523 (MPG)

#### **Pets**

Pet Sitting Professional loving pet care. Established reputation. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608. (MPG)

**Dog Poop R Us**, They poop, we scoop. Specializing in dog poop removal services. 916-DOG-POOP (MPG)

#### Pet Sitters Wanted!

Gold River has a need for pet sitters References required. Please call 916/ 635-5590. (MPG)

Home Sitters on Wheels office needs two RV'ers with RV's for pet sitting. Call 916-483-5146 for more information.

#### Annie's Pet Sitting Services

Lisensed, insured and bonded. Vet. tech. exp. Ref. avail. 916.202.6952

#### Novenas & **Prayers**

NOVENA TO ST. JUDE May the sacred heart of Jesus be loved, adored cherished and preserved throughout the world now and forever. Sacrect heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thanks you St. Jude. M.J.P.

Wanta go to heaven without dying? Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves Youl (MPG)

#### **Real Estate Homes For Sale**

Smart Buyers Check out this one in Gold River Two-story prestigious Hesperian Village Home. Secluded cul de sac. 2800 sq. ft. 3 bedroom, 2 bath with loft. Built-in bookcases and large desk. Formal dining room, living

room with fireplace, large family room Plantation shutters, carpet, window coverings, Mexican paver tiles in entry family room, kitchen and laundry room, Epoxy 3-car garage floor. Oversized backyard with extended stone patio, brick planters, variety of mature trees Lifetime concrete shake roof Fabulous rock waterfall and pond Built-in granite BBQ. Home backs up to greenbelt. \$515,000. Lorraine Foster, ReMax Gold 916-933-6190 (MPG)

3BR 2BA Foreclosure! Only \$48,900! Bank Owned! Call for Listings & Info. 800-279-1604 (NANIG)

Motivated Seller- Great Buys-two homes-Good Areas. #1 updated kitchen & 3BDRM, 2BA, near Crestview shopping, \$289,000, #2 Dream Kitchen w/granite-tiled & beautiful bathrrms & floors. \$260,000. Glenda Hill 761-7548.

FORECLOSED HOME AUCTION Northern California. 1000 Homes Must Be Sold! Free Brochure: 1-800-470-9314. www.USHomeAuction.com REDC. (Cal-SCAN

**OVER 275 FORECLOSED Northern** CA homes selling by auction November 12-16 valued from \$35k to \$500k. Get all the details at www.HudsonAndMarshall com or call 1-800-441-9401. (Cal-SCAN)

AUCTION - Jackson Hole Annual Fall Real Estate Auction. Homes, lots, land, cabins, bank repos & more Sat. September 20th 12:12 Noon 866-486-SOLD(7653). JacksonHoleAuctions.com ÁUCTION

#### **Real Estate Land For Sale**

\*LAND AUCTION\* 200 Properties Must be Sold! Low Down / EZ Financing. Free Brochure. 1-800-756-2087. www. LandAuction.com (Cal-SCAN)

Bank Ordered: Land AUCTION. 2000+ Properties. Land in 29 States. NO RESERVES. Multiple Lot Packs. Min Bids at \$100. Bid Online at: www. LandAuctionBid.com/2 (Cal-SCAN)

Giant Oceanview Lots in California!!! Mobile Homes OK!!! Paved Streets!! Electricity!!! Fishing!!! Boating!! Beaches!!! Gorgeous Area!!! \$200.00 Down!!! \$200.00 Monthly!!! \$19,995.00 Cash!!! Owner!!! 949-260-9316. (NANI)

Buy HUD Homes from \$199/mo! Payments from \$199/mo! Financing Referrals Available! For Listings & Info 800-508-8178 Ext. 1276 (NANI)

NEW TO MARKET. Washington/Idaho border. 6 ac just \$39,900. Calendar cover beauty in Palouse Country. Rare acreage in an area where land is rarely available. Rolling hills, river access, near town & golf, close to WSU. Has it all including great price, must see. EZ terms. Call WALR 1-866-836-9152. (Cal-SCAN)

BULK LAND SALE 80 acres - \$39,900 Take advantage of the buyers marker and own beautiful mountain property. Price reduced on large acreage in Eastern Arizona. Won't last! Good access & views. Wildlife abounds at Eureka Springs Ranch by AZLR. Financing available. ADWR report. 1-888-854-7403. (Cal-SCAN)

COLORADO FORECLOSURE- 40 ACRES \$29,900. Outstanding Views. Access to BLM Canyon Rec Land. Financing. Call 1-866-696-5263 x4843. (Cal-SCAN)

ALMOST HEAVEN. Washington/Idaho border. 6 ac just \$49,900. Calendar cover beauty in Palouse Country. Rare acreage in an area where land is rarely available. Rolling hills, river access, near town & golf, close to WSU. Has it all including great price, must see. EZ terms. Call WALR 1-866-836-9152. (Cal-SCAN)

**Beautiful SOUTHEAST TENNESSEE** MOUNTAINS Established gated community, secluded, paved roads, utilities; interior & bluff lots, wooded; 5 acres & up. 800-516-8387 or visit http:// www.timber-wood.com (Cal-SCAN)

BUY BULK 40 AC just \$29,900. Your own gorgeous ranch. Stunning land, inspiring views, great location, 2 hours east of Salt Lake in ideal outdoor recreational area. County maintained roads, ready to build or just hold and enjoy. Priced at bulk acreage prices for quick sale. Must sell. EZ Terms. Call UTLR 1-888-693-5263. (Cal-SCAN)

FORECLOSURE SPECIAL! 100+ Acre Colorado Ranch for \$49,900. Yearround roads, utilities. Access to 6,000+ acre recreation land. Call 1-866-OWN-LAND x4392. (Cal-SCAN)

MONTANA LAND New Acreage ole -20 Acres near Round Up w/ Road & Utilities -\$69,900, -40 Acres w/ New Cabin near Winnett -\$89,900 Approved by TV hunter Celebrity TRED BARTA! Excellent area for horses, hunting and ranching. Financing available. Western Skies Land Co. 877-229-7840 www.WesternSkiesLand.com (Cal-SCAN)

**NEW MEXICO SACRIFICE!** 140 acres was \$149,900, Now Only \$69,900. Amazing 6000 ft. elevation. Incredible mountain views. Mature tree cover. Power & year round roads. Excellent financing. Priced for quick sale. Call NML&R, Inc. 1-888-204-9760. (Cal-SCAN)

PRICED TO SELL! Newly Released Colorado Mountain Ranch. 35 acres-\$39,900 Maiesticlake & Mountain views adjacent to national forest for camping or hiking, close to conveniences. Eterms. 1-866-353-4807. (Cal-SCAN)

35+ Acres from \$34,900. First Come. First Served Saturday, October 4, 2008. Southern Colorado ranches. Excellent financing available. Call for your private property tour. 1-866-696-5263 x4574. (Cal-SCAN)

NEW TO MARKET. New Mexico Ranch Dispersal 140 acres - \$89,900 River Access. Northern New Mexico. 6.000' elevation with stunning views. Great tree cover including Ponderosa rolling grassland and rock outcroppings.

Abundant wildlife great hunting, EZ Abundant wildlife, great hunting. EZ terms. Call NML&R, Inc. 1-866-360-5263. (Cal-SCAN)

UTAH RANCH DISPERSAL Experience the fun and relaxation of having your own 40 acres in the great outdoor recreational area of the Uintah Basin, Starting at only \$29,900, Call UTLR 1-888-693-5263. (Cal-SCAN)

NEW ARIZONA LAND Rush! 1 o 2-1/2 "Football Field" Sized Lots! \$0 Down. \$0 Interest. \$159-\$208 per month! Money Back Guarantee! 1-877-466-0650 or www.SunSitesLandRush. com (Cal-SCAN)

MONTANA LAND BARGAINS (A Safe Haven) 20 Acres w/ Road & Utilities- \$29,900. 40 Acres w/ New Cabin- \$89,900. 160 Acres at \$99,900. Financing available. Fully guaranteed. 1-888-361-3006 www. WesternSkiesLand.com (Cal-SCAN)

LAKEFRONT OPPORTUNITY. Nevada's 3rd Largest Lake. Approx. 2 hrs. South of Carson City, Lake Front -\$89,900. Lake View - \$29,900. 38,000 acre Walker Lake, very rare home sites on paved road with city water. Magnificent views, very limited supply. New to market. www.NVLR.com Call 1-877-542-6628. (Cal-SCAN)

MONTANA'S BEST LAND DEAL 20AC- Ponderosa Pines. County Road

Was: \$99,900, Now: \$79,900, 160AC W/New Log Cabin Was: \$199,900. Now: \$149,900. 208AC w/Huge Storage Barn Was: \$299,900. NOW: \$249,900. Affordable financing, discounted prices. Absolutely beautiful land. Call 877-229-7840. Visit www.WesternSkiesLand. com While we talk! (Cal-SCAN)

MONTANA'S BEST EVER Elk & Deer Hunters Land Deal. Book a trip- we'll prove it. Buy a lot, the trip's on us! 160-600AC Tracts Starting at \$700/AC. 877-229-7840. www.WesternSkiesLand.

3BR 2BA Foreclosure! Only \$48,900! Bank Owned! Call for Listings & Info. 800-279-1604 (NANI)

Granite Bay Listings View at www. lizyoakum.com Call 390-5634 (MPG)

#### **Real Estate Loans**

I BUY NOTES and Deeds of Trus t call Frank 530-885-8032 or visit www FGRealEstateInvesting.com for FREE information and quote. (Cal-SCAN)

REAL ESTATE/OUT OF STATE FORECLOSURE SPECIAL! 100+ Acre Colorado Ranch for \$49,900. Yearround roads, utilities. Access to 6,000+ acre recreation land. Call 1-866-OWN-LAND x4392. (Cal-SCAN)

COMMERCIAL AND RESIDENTIAL Real Estate Loans. Flexible Programs if you have Equity. Cash out, Purchase Refinance, Loan Modification. We still have money to Lend! Greenstone Funding Corporation. 310-567-7769. CFL#603-G126. (Cal-SCAN)

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TENNESSEE MOUNTAIN ACREAGE 2 Acre Beautiful Homesite, Million \$ View! Secluded, Utilities, Overlooking Tennessee River. Close to Schools, Shopping! \$59,900 Low Down, Owner Financing! 330-699-1585 (NANI)

AMERICA'S BEST BUY! Own 20 acres, 30 minutes from Booming El Paso. #1 Growth State. Only \$15,900. \$200/ down, \$159/month. Roads Surveyed. Beautiful Views. Owner Financing. Free Maps/Pictures. 1-800-343-9444. (10%/225 mths) (Cal-SCAN)

Colorado, 5 acres, \$7500! \$500 down, \$125/month. Tract with water \$12,500 (good terms). Beautiful high mountain country. Good year round roads, Owner, 806-376-8690 (NANI)

**20 ACRE RANCHES**, Near Booming El Paso Texas. Roads Surveyed. \$15,900, \$200 Down, \$159/month. Money Back Guarantee. Free Maps & Pictures. 1-800-343-9444. No Credit Checks!!

COLORADO acreage \$35,000! In Rocky Mountain canyon with trout fishing stream on property! Very private, gated ranch, adjoins gov't. lands. \$1,000.00 down. Owner finance. 806-376-8690. (NANI)

LAND SALE!!Beautiful 20-acres, Near Booming El Paso. Good Road Access. Surveyed. Only \$15,900, \$200/down, \$159/mo, Money Back Guarantee. No Credit Checks. 1-800-843-7537 www.sunsetranches. com(NANI)

GEORGIA MOUNTAIN HOMESITES - Blue Ridge, 2.5acre lots on Creek, paved road, Ready to Build. \$49,000. 1acre-20acre Homesites/Mini-rarms, Near Sandersville, starting \$3900/acre Financing w/low payments. 706-364-4200 (NANI)

PRICED TO SELL! Newly Released Colorado Mountain Ranch. 35 acres-\$39,900. Majestic lake & Mountain views, \$39,900. Majesticiake amountain...adjacent to national forest for camping terms. 1-866-353-4807. (Cal-SCAN)

BUY BULK 40 AC just \$29,900. Your own gorgeous ranch. Stunning land, inspiring views, great location, 2 hours east of Salt Lake in ideal outdoor recreational area. County maintained roads, ready to build or just hold and enjoy. Priced at bulk acreage prices for quick sale. Must sell. EZ Terms. Call UTLR 1-888-693-5263. (Cal-SCAN)

MONTANA LAND (A Safe Haven) 20 Acres w/ Road & Utilities- \$29,900. 40 Acres w/ New Cabin- \$89,900. 160 Acres at \$99,900. Financing available. Fully guaranteed. 1-888-361-3006 www. WesternSkiesLand.com (Cal-SCAN)

COLORADO FORECLOSURE 40

ACRES \$29,900. Outstanding Views. Access to 6,000 acres BLM Rec Land. 300 days of sunshine. Call 1-866-696-5263. (Cal-SCAN)

AZ LAND BARGAINS. 5 to 80 acres, lowest possible prices. EZ terms. Call AZLR for free recorded message. 1-888-547-4926. (Cal-SCAN)

BULK LAND SALE 80 acres - \$49,900. Take advantage of buyers market and own beautiful mountain property. Price reduced on large acreage in Arizona's wine country. Won't last! Good access & views. Wildlife abounds at Eureka Springs Ranch. Financing available. Offered by AZLR. ADWR report. 1-877-301-5263. (Cal-SCAN)

TENNESSEE MOUNTAINS 1+ to 2 acrehomesites. Wooded Bluff and Lake View. Starting at \$59,900. Guaranteed Financing! 866-550-5263. Ask about Mini Vacation. 3 days, 2 Nights & Travel Allowance. (NANI)

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I take you to the doctors, shopping or misc. errands. Call for sch Serving most areas, 916-214-8169. (MPG)

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SPA/HOT TUB 5 person portable maintfree Spa. Sells new \$4495. Sacrifice \$2450. Cover and delivery included. NEVER USED. 866-953-7727 (NANI)

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Steel Buildings. 20 x 20, 30 x 40, 50 x 100. 100 x 100 Up to 50% off on erected completed projects. www.scg-grp.com Source #ØDL Phone: 916-248-4416

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Vegas Baby - FREE! Get away 3 days 2 nights Pay Nothing - High Roller Treatment Las Vegas - 5 Star ResortMust Call NOW! 1-888-704-6946

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#### Volunteers Needed

Volunteers Needed: The Domestic Violence Intervention Center needs caring people to assist victims of domestic violence. For more information call 728-5613 or visit our office at 7250

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#### Yoga

Sunrise Yoga Centre - Hatha Yoga lyengar style 3713 Casa Loma Way Near Sutter 944-3207 (MPG)

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