

Carmichael Times

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December 2, 2008

Grant Helps Curb Pet Overpopulation

Pothole Sweeps Week Starts

The Sacramento County Department of Transportation (SACDOT) has started up "Pothole Sweeps Week", which is an intensified effort to identify and repair potholes. This project is part of continuous efforts to improve preventative maintenance activities for unincorporated area roadways. A County-wide effort is underway and will target the Arden Arcade community next week. The second phase of this project for the unincorporated area south of the American River will start in early 2009.

Pothole Sweeps Week for Arden Arcade will start up as follows:

- Week of December 1 – Inspection: Work crews will inspect all Arden Arcade streets and mark potholes with white paint. Residents are encouraged to call SACDOT Customer Service at 875-5171 or visit www.sacdot.com/tools/eservices/, between December 1st and 5th, to report additional potholes not identified by crews.

- Weeks of December 8th and 15th – Repair: Maintenance crews and equipment will sweep through Arden Arcade streets and repair all identified potholes.

According to Mike Penrose, Director of the Department of Transportation, "Potholes are a big source of frustration for motorists and for communities. We are moving forward with this effort to detect and repair as many potholes as possible. We know the motoring public and unincorporated area neighborhoods will appreciate a smoother ride."

There are over 5,200 lane miles of paved roadways in the County unincorporated area and it's inevitable that somewhere in this large area of streets there will be potholes. SACDOT's policy is to: "Repair all potholes as soon as possible." The Pothole Sweeps Week program enhances ongoing pavement maintenance activities which include SACDOT crews who are sent into the field Monday through Friday each week to specifically repair potholes. The crews are radio dispatched and also have cell phones to maintain contact with our Customer Service center.

Some facts about potholes in Sacramento County:

- Potholes Reported To Customer Service Annually = 600
- Potholes Repaired Annually = 22,000
- Potholes Repaired Per Month = 1,800
- Annual Cost for Pothole Repair = \$1,000,000 (average)
- Repair Cost Per Pothole = \$45 (average)
- Reported potholes are typically repaired within 72 hours.

Please contact Dan Regan, Communications & Media Officer, at 874-7056 or regand@sacounty.net, if you have any additional questions.

Note: These dates may change due to weather conditions.



Sacramento County Animal Shelter's Nonprofit Affiliate, TEAM, Receives PetSmart Charities® Grant funding will target female cats and large dogs for spay/neuter services

TEAM (Teaching Everyone Animals Matter), the nonprofit affiliate of Sacramento County Animal Care and Regulation, recently received an \$8,764 grant from PetSmart Charities® to provide spay/neuter vouchers to low-income county residents.

TEAM will make the grant funding available to low-income residents through the Sacramento Area Animal Coalition's (SAAC) established voucher program to sterilize companion animals in the Sacramento area.

The spay/neuter grant funding specifically targets female cats and large dogs. Vouchers for female cats (only) are \$10 and vouchers for large dogs (only) are \$15. Animals must be between 3

months and 7 years, and pregnant cats can also be spayed with veterinarian approval.

"We will be focusing on female cats and large dogs because unspayed female cats may have multiple litters and it is more difficult to get large dogs adopted once they come into the shelter," said Pat Claerbout, Shelter Director.

Low-income residents (annual household income of \$35K or less) in Sacramento County, excluding the cities of Sacramento, Rancho Cordova and Elk Grove, can receive vouchers by calling the Spay/Neuter Hotline at 916-808-SPAY (916-808-7729). They can also apply for the vouchers online through the SAAC website, www.sacanimal.org. Residents who apply for vouchers must provide proof of low-income status with pay stubs, tax returns or proof of government benefits. Eligible families may receive up to four (4) vouchers.

TEAM was established 1997 to assist the Sacramento County animal shelter with funding

assistance for medical and volunteer care programs dedicated to curtailing pet overpopulation and improving the adoption prospects of shelter animals. SAAC was founded in 1999 to eliminate companion animal overpopulation in the Sacramento region through aggressive spay/neuter efforts, including local sponsorship of the annual Spay Day event each February and spay/neuter efforts for feral cats.

For additional information, please contact Sacramento County Animal Care and Regulation, www.sacountyshelter.net; 916-368-7387 (PETS) or Annie Parker, parkera@sacounty.net; 916-875-1257.

ABOUT PETSMART CHARITIES, INC.

PetSmart Charities, Inc. is an independent 501(c)(3) nonprofit organization that creates and supports programs that save the lives of homeless pets, raise awareness of companion animal welfare issues, and promote healthy relationships between people and pets. Since 1994, PetSmart Charities has funded more than \$70 million in grants and programs benefiting animal welfare organizations and, through its in-store pet adoption program, has helped save the lives of more than 3.5 million pets. To learn more about how PetSmart Charities is working to help find a lifelong, loving home for every pet, visit www.petSMARTcharities.org or call 1-800-423-PETS.

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Kiwanis and Save Mart Donate Through Cooperative Food Drive

On Saturday, November 22 the Kiwanis Club of Carmichael participated in a cooperative food drive between Kiwanis Clubs and Save Mart Markets. The Carmichael Club worked with the Save Mart Market at the Crestview Shopping Center in Carmichael. All of the proceeds of the food drive were provided to the Carmichael Food Closet at 5645 Marconi Avenue. People were asked to donate ten or twenty dollar bags of food or individual items as they individually desired.

While there were food collections at all Save Mart Markets, the Carmichael Community made this food drive uniquely successful. Sixty large bags of food and seven turkeys that completely filled eight shopping carts were donated in less than eight hours. In addition \$333.00 of cash donations have yet to be converted to food for the food closet. Leon Hodge who is the director of the Carmichael Food Closet and retired from the food industry estimated the retail value of the food and money received to be between \$1500 and \$2000, Sandy Kozlen, Chairman of the food drive for Carmichael Kiwanis said that part of the success of the food drive was the cooperative attitude and community spirit from the management and staff of the Carmichael Save Mart Market. He added that we are fortunate to have leaders like Store Director Chris Bullock and his Center Store Manager David Campbell, who did much of the preparations for the food drive. Sandy added that the attitude of the store's staff is truly praise worthy.

Bob Roberson, President of the Kiwanis Club



Shown are (from l - r): Kiwanians Mike Vidalis, Auro Milesi, Sandy Kozlen - Project Chairman, Leon Hodge - Food Closet Director and Bob Roberson - President of Carmichael Kiwanis.

of Carmichael expressed pride in the generosity of our Carmichael Community. He was grateful that our community was so supportive in this time of

economic stress. The Kiwanis Club of Carmichael is a Community Service Club that is seeking to "Create a better world, one community and one child at a time." The club meets Wednesday's at 7:00am and the Carmichael Elks Lodge, 5631 Cypress Blvd. in Carmichael.

Singles Christmas Dance December 6

Christian Singles Network, will hold a Christmas Dance for single adults from 7 PM to 11:30 PM. at Carmichael Presbyterian Church, 5645 Marconi Ave., near Fair Oaks Blvd, Carmichael. The evening features DJ dance music of all types from 8-11:30 by Dale Chessey of AllStar Entertainment, and a dance lesson in the Cha Cha and Cruis'n from 7-8 PM. Dress in party or nicer casual attire. The ticket price of \$15 presale or \$20 at the door includes a light buffet, desserts and the dance lesson.

CSN dances are non alcohol. Christian Singles Network, Northern California's largest inter-church singles group founded in 1992, has over 7,500 singles on its roster and holds dances every 3 to 4 weeks. Call the number below for directions or more information. The music is a mix of rock and roll, ballroom, Latin, country and Christian music.

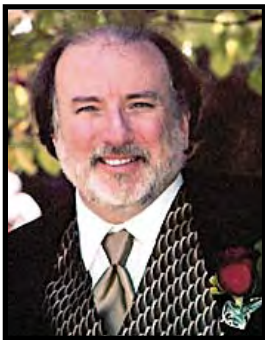
Membership is not necessary to attend, although members get a \$5 discount at the door. All ages and all denominations are welcome Most attendees fall between the ages of 35 to 65. CSN has been holding dances 16 years, drawing singles from the Sacramento, the foothills, and beyond to Reno and the Bay Area.

CSN is also announcing its annual New Year's Eve Dance, also including a dinner this year, on Wednesday, December 31 at La Sierra Community Center, also in Carmichael. For more information on this party please call the office at 530-878-8606. Tickets for this event will be \$30 presale and \$35 at the door.

Pre-sale tickets are available at Berean Christian Bookstore, Sacramento; Wayside Bookstore, Rocklin and Auburn; Jireh's Bookstore in Placerville; and on line at www.christiansinglesnet.com, or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722. Volunteers receive a discount or attend free for helping. Call the office to volunteer.

For more information, to receive more information about activities, or directions call the 24 hour event line at (916) 658-0606 or the CSN office at (530) 878-8606. The website, www.christiansinglesnet.com, includes directions to the dance as well as information about upcoming events including seminars, getaways, and parties.

Carmichael Times



Publisher - Paul V. Scholl

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San Juan Teachers Receive Innovative Learning Grants

Eighteen teachers from throughout the San Juan Unified School District will be able to offer their students an innovative learning experience thanks to sixteen grants recently awarded by the San Juan Education Foundation (SJEF). These grants will help fund classroom programs in science, technology and the arts.

SJEF, an independent, non-profit community organization formed as a link between the community and schools in the San Juan Unified School District, awarded grants totaling \$40,000 as part of its ongoing grant program to support teacher-initiated classroom opportunities that will creatively challenge San Juan students and nurture their desire to learn.

Some of the projects that will benefit from the grants include researching environmental issues impacting California's watershed, using digital music and animation, creating film and broadcast experiences, using physical science concepts to develop working rockets, and collaborating on art and technology projects with a Mexican orphanage, among others. Teachers received individual learning grants to \$1,000 and Project Based Learning Grants of up to \$5,000. A full list is below.

Schools receiving the grants include Citrus Heights Elementary, El Camino High School, Encina High School, Gold River K-8, Mira Loma High School, Northridge Elementary, Schweitzer Elementary, Starr King Elementary, Twin Lakes Elementary, Will Rogers Middle School, Woodside Elementary and La Entrada Continuation School.

"As California threatens to balance its budget deficit by cutting an additional \$2.5 billion from school funding when California is already ranked 47th in the country in per-pupil spending, we believe it is critically important to do everything we can as members of the Sacramento community

to enrich the classroom experience and offer support to teachers who want to use their creativity and innovation to challenge their students," said SJEF Board Chair Stephanie Couch.

The Foundation's Board is comprised of community, business and education leaders, including members of the San Juan Unified School District Board and the retired Superintendent of Schools, who bring professional expertise, knowledge of community resources and the creativity necessary for a fresh approach to helping teachers help their students to thrive.

For more information about how to apply for grants and about the San Juan Education Foundation, please visit www.sanjuanfoundation.org.

About the grant recipients:

Project Based Learning Grants:

- Janet Simpson, Encina High School
- Linda Nix, Gold River K-8 School
- Wendy Esquivel, Starr King Elementary School
- Jane Henderson, Will Rogers Middle School
- Brenda Grueneberger and Steve Cox, Mira Loma High School
- Tom Jewell, La Entrada Continuation School

Innovative Learning Grants and

Field Experience Grants

- Chad Atkinson, El Camino High School
- Jeannette Smith, Northridge Elementary School
- Joni Stein/Linda Ferguson, Schweitzer Elementary School
- Kirsten Price, Starr King Elementary School
- Martha Coe, Starr King Elementary School
- Gail Kopp, Twin Lakes Elementary School
- Noelle Lehnhard, Woodside Elementary School
- David Erickson, Palos Via Continuation High School
- Vanessa Liby, Citrus Heights Elementary School
- Jim Carvalho, Orangevale Open Elementary School

SACRAMENTO SYMPHONIC WINDS

Dr. Les Lehr, Music Director

La Sierra Concert Series 2008-2009 "LET'S DANCE!"

Dance Away the Holidays!

Beethoven "Romanze" featuring David Katz, tuba



Christmas on Broadway Holiday Sing-Along

Sunday, December 7, 2008 - 3:00 pm
La Sierra Community Center - Smith Hall
5325 Engle Road, Carmichael Map on website: www.sacwinds.org

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Child, Student, Senior FREE

Ticket orders: 916 489-2576
or email MLehr@sbcglobal.net

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Free Test Charts Risk for Heart Disease

Sutter Heart & Vascular Institute Offers Risk Assessment, Clinician Consultation

The Sutter Heart & Vascular Institute, which serves heart patients throughout Northern California, this week is launching a Heart Health Risk Assessment tool on the Internet along with a free half-hour consultation with a clinician for those who are at risk of heart disease.

The assessment tool and clinician consultation are free to everyone with any or even no insurance. To take the 10-minute, Web-based assessment, go to www.sutterheart.org and click on the button to the right labeled "Heart Health Risk Assessment." Through a series of questions, it will assess your current cardiovascular health status and identify those medical or lifestyle conditions that may lead to development of the disease. After the assessment, if respondents are at risk for heart disease, they can fill out a form for a 30-minute, in-person clinician consultation.

"Our mission is to improve the heart health of everyone in the Sacramento region and throughout Northern California," said Dr. David Roberts, Medical Director of the Sutter Heart & Vascular Institute. "Cardiovascular disease is the leading cause of death in the United States, and many people are

unaware that, to a large extent, the disease is both modifiable and preventable. We hope everyone will take advantage of this risk assessment and consultation, and will take action to improve the health of their heart and their entire vascular system."

The consultation with a registered dietitian includes cholesterol, body mass index, blood pressure and other tests, and individuals will leave with individualized information on how to reduce their risk of heart disease and whether they need follow-up visits with their physician or a cardiologist. The consultations are held in the offices of the Sutter Heart & Vascular Institute at 5301 F St., Sacramento.

The Heart Health Risk Assessment and Consultation isn't the only program sponsored by the Sutter Heart & Vascular Institute in order to improve the heart health of men and women throughout Northern California. The Institute also sponsors two American Heart Association programs: The Go Red for Women movement promotes awareness for women's battle against heart disease, and Start! is a heart-healthy initiative that encourages walking as an on-the-job form of exercise.

For those without access to the Internet, the Sutter Heart & Vascular Institute can fill in your assessment information by phone. The Institute's phone numbers are (916) 733-1777 and, toll-free, 1-877-50HEART.

Sacramento Master Singers Presents "A Christmas To Remember"

The Sacramento Master Singers, under the direction of Dr. Ralph Hughes, will open their 25th - Anniversary Season with four performances of their annual holiday concert in December. This year's concert, entitled A Christmas To Remember, occurs at St Francis of Assisi Catholic Church (26th & K Streets) in Sacramento on December 14 at 3:00 PM; December 20 at 8:00 PM; and December 21 and 22 7:00 PM. This festive holiday concert begins with a number of antiphonal works with the Master Singers surrounding the audience lit by candlelight. Audiences will be treated to classical settings of Christmas texts, settings of traditional holiday favorites, and technically challenging works such as Frank Burch Brown's Mary with Jesus, a setting of an ancient Muslim text regarding Mary and the unborn Jesus. This work in particular demonstrates the

Master Singers' commitment to bridge all cultures and societies through choral music. This commitment is central to the Master Singers and has been a part of the choir's mission since its earliest years.

Tickets for A Christmas To Remember are \$18 and can be purchased online at www.mastersingers.org, or by phone by calling (916) 788-7464, or at-the-door 30 minutes before each concert.

The Sacramento Master Singers will also present Jingle All The Way!, their annual children's holiday concert on December 21 at 4:00 PM at St. Francis of Assisi Catholic Church (26th and K Streets). Tickets for this shorter, family-oriented program are \$5 for adults, \$3 for children.

All concerts will be held at St. Francis of Assisi Catholic Church, 26th and K Streets, in Sacramento.

A CELTIC CHRISTMAS CELEBRATION

Molly's Revenge

and Moira Smiley

With the Turco Irish Dancers

Presented by St Michael's Episcopal Church



An evening of music, story and dance associated with the festive season. A portion of the proceeds from the show will be donated to the Leukemia and Lymphoma Society and the Aplastic Anemia and MDS International Foundation.

Friday December 12, 2008 8:00pm

**St Michael's Episcopal Church
2140 Mission Avenue, Carmichael, CA
916-488-3550**

**Tickets \$18 in advance, \$20 at the door
Available at the Church & online at www.mollysrevenge.com**

mollysrevenge.com

moirasmiley.com

Molly's Revenge to Headline Celtic Christmas Celebration

Local Event Will Also Raise Funds for Two Medical Research Charities

Popular Bay Area Celtic music band Molly's Revenge will be coming to the Sacramento area in December for a Christmas concert that is guaranteed to entertain and delight fans of Scottish and Irish music.

The group's classic combination of bagpipes, whistle, fiddle, and song — set against a backdrop of guitar, bouzouki, and mandola accompaniment — perfectly captures the spirit of a traditional Celtic Christmas.

This holiday celebration will also feature special guest Moira Smiley, an acclaimed vocalist and musician based in Los Angeles, as well as the Turco Irish Dancers. Traditional Scottish shortbread and other Celtic treats will be available for sale from the

Daughters of Scotia. Part of the proceeds from this event will be donated to the Aplastic Anemia and MDS International Foundation and the Leukemia and Lymphoma Society.

Tickets are on sale on the band's website and at St. Michael's Episcopal Church, (916) 488-3550. Please visit the Molly's Revenge website, <http://www.mollysrevenge.com/>, for additional information.

What: Celtic Christmas Concert with Molly's Revenge

When: Friday, December 12
8 pm (doors open at 7:30 pm)

Where: St. Michael's Episcopal Church
Johnstone Hall 2140 Mission Avenue
Carmichael, CA 95608

Cost: \$18 in advance or \$20 at the door

Weekly SUDOKU

Answer

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Jewelry Students Rally and Open Carmichael Jewelry Gallery

In a show of great excitement and enthusiasm, coupled with unique talents, the students at The California Institute of Jewelry Training (CIJT) have opened a Student Gallery just in time for the Christmas shopping season. Feeling inspired and festive and graduating at a time when the economy is wavering, these jewelry student designers have taken an opportunity to display their newly acquired talents, talk to customers about custom designs, redesigning and repairing.

Creative marketing has been added to their list of talents, the timing is excellent, given the circumstances and the season for giving lovely and personal gifts, student relations director, Ryan Rouse has added.

The Gallery opened Monday, October 20th and in continuing stages of development with students submitting their work for sale but it all started with three of the School's shining stars as it's center piece. You can see amazing work from Jenna Brammer, Trishta Waetcher and Robyn Beer. Owner and Director of CIJT, Dee Huth, is excited about her students and their work, "I'm so proud of our students and their accomplishments here at the school. When the students wanted to open a gallery I thought it was a wonderful idea. They all have individual talents and visions. Their work is amazing! We have one student making very contemporary pieces, while another is making jewelry using a variety of techniques from filigree to enameling. And, yet, another who is taking piercing to a new level." All have been successful in achieving the development of custom jewelry for the public.

The gallery is a place that the school's aspiring jewelry artists can get a first taste of having their work showcased in a retail setting. Any student



Jenna Brammer

is welcome to submit their jewelry, however, each item is juried before it is allowed into the gallery. "We thought it would be best to jury all of the items going into the gallery to keep the level of merchandise up to retail standards. We strive to have our students finish each piece of jewelry to a customer ready level. This means polished perfectly with no defects," says Ryan Rouse, Student Relations Director.

The gallery is open and ready for business. They are open Monday through Friday from 9 AM to 4 PM. The public is welcome and encouraged to come to the school and see the remarkable work that is being generated by the students. And watch for Saturday openings during the holiday season.!

For more information about the California Institute of Jewelry Training's student gallery or our training program, please contact Ryan Rouse at 916-487-1122 or visit the school at 5805 Windmill Way, Carmichael or visit our website www.jewelrytraining.com. Call for information 916-487-1122.

Mercy San Juan Medical Center Secures Bill Van Duker as Community Leadership Council Member

Bill Van Duker, owner of All-Star Printing in Citrus Heights joins Mercy San Juan Medical Center's (MSJMC) Community Leadership Council. "It is my privilege to be associated with Mercy San Juan Medical Center during this time of expansion and innovation. The Community Leadership Council is an opportunity to strengthen the bond between MSJMC and the community it serves."



Bill Van Duker

Mercy San Juan Medical Center makes medical miracles every day. Named a Top 100 Hospital in the United States by Thomson Healthcare for the second consecutive year and one of only four in California, Mercy San Juan makes it a priority to provide the highest quality healthcare along with compassionate care to its patients and visitors.

Sacramento Fine Arts Center Holiday Craft Fair

Our Holiday Craft Fair has added an additional event. On **December 13, 2008**, (Second Saturday), we will be serving a light Mexican meal in the Cafe de Art, (aka the art room), from 5:00 PM to 8:00 PM. The cost is \$ 3.00 for a plate with rice, beans, and a taco. Soft drinks, water, and coffee will be \$1.00. A donation of \$1.00 will be requested for wine. All the proceeds support the center.

Come visit our beautiful Craft Fair, listen to live Holiday music by Bonnie Otto, linger in the

ambiance of Cafe de Art, and sing Christmas Carols with friends and neighbors on December 13th with our extended hours, 11:00 am to 8:30 pm. New Hours for the Holiday Craft Show will be daily 11:00 am to 4:00 pm. 5330B Gibbons Drive Carmichael, CA 95608.

Phone: 916-971-3713, and Lisa, 916-487-4472 or email: lisafooshay@yahoo.com



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CHANTEUSES presents "Sing We Now of Christmas"
Sunday, December 7th 4:00 PM
Northminster Presbyterian Church 3235 Pope Avenue
Tickets are \$8-10 preordered or at the door
Chanteuses, Sacramento's premier women's vocal ensemble of twelve voices, will sing a variety of holiday music for the entire family.
Please call 916-729-1096 for tickets and/or membership information.



Holiday shopping list makes for wise spending

by Lauren Forcella

Dear Lauren & Company: Are you printing your teen shopping list again this year? I want to spend wisely and make everyone happy. — Auburn CA

Dear Auburn: We've decided it's a classic. Below are this year's top gadgets, books, and gift cards, along with some unusual ideas. Hot tip: Get discounted refurbished iPhones and iPods from The Apple Store. They are packaged like new with the same 1-year warranty as new ones.

Nobody suggested video games, but the top 10 to avoid for brutality are: "Blitz: The League II," "Gears of War 2," "Saints Row 2," "Dead Space," "Fallout 3," "Far Cry 2," "Legendary," "Left 4 Dead," "Resistance 2," and "Silent Hill: Homecoming."

Top 5 to buy: "Guitar Hero World Tour," "Rock Band 2," "Rock Revolution," "Spider-Man: Web of Shadows," and "Shaun White Snowboarding."

Most addicting game to avoid: "World of Warcraft," (AKA "World of WarCrack").

Michael, 16, Fair Oaks CA: I'd ask for an iPhone, but I bet my dad on an impossible golf putt and already have one. I always appreciate clothes from the Ralph Lauren outlet, but with the economy, I'd be happy with my brother coming home from college and my family taking a vacation together. Favorite books: Dan Brown mystery thrillers: Angels & Demons; The DaVinci Code.

Mariah, 16, Colinsville OK: Top girl book: the vampire series, Twilight. Top gifts for any teen: iPod, digital camera, Target gift card.

Jennifer, 14, Fair Oaks CA: For my main gift, I want a trench coat and warm scarf. But if I didn't already have Ugg-style boots, I'd want them instead. Other wishes: Miracle perfume by Lancôme, Sees chocolates. If coats are too pricey, down vests with fur-lined hoods are very popular. Popular gift cards are Pac Sun, Wet Seal, Nordstrom, JC Penny, Cutegirl.com, Barnes & Nobles, Bath & Body Works. My favorite books: Twilight, Harry Potter, Huckleberry Finn, Tom Sawyer.

Jack, 16, Auburn CA: I just want one main thing: a MacBook laptop, an iPhone, a

Burberry watch, or a family trip to Hawaii. For a book: a big encyclopedia of architecture.

Geoff, 23, Redding CA: My pick to video Christmas and beyond, the Flip Video MinoHD Camcorder, \$229 (non high-def version, \$159). It gets 4 and a half stars and fits in a pocket.

Laura, 22, Fair Oaks CA: My parents consider it rude to tell them what I want for Christmas — and they don't ask because it ruins the surprise. I hint around, but it's crazy waiting to discard what they get me. This year, I'd like money for a college class in Italy. Gift cards for clothes are always nice, too, preferably Macys or Nordstrom.

Greg, 17, Auburn CA: I want a downhill bike. Specialized or Santa Cruz models are best, but I'd gladly take a Giant. My favorite book is Steinbeck's East of Eden, a drama about two generations of brothers.

Jack, 18, Fair Oaks CA: Just give me money! Favorite books: Hangman's Curse, Christian sci-fi by Frank Peretti, and Ender's Game, sci-fi by Orson Scott Card.

Betsy, 19, Durham NH: I'd love the Nikon COOLPIX S550 camera (with Ashton Kutcher in the commercial). It's small, touch screen, perfect for traveling. Last year my boyfriend got me a Loki hoodie with retractable mittens. It's great for snowboarding and gets lots of compliments (see lokiusa.com). For a book, I recommend Bringing down the House by Ben Mezrich, a supposedly true story about MIT students who took on Vegas, made into the movie 21.

Dominic, 21, Fair Oaks CA: Dear Santa, I'd like Legos, a Brio train set, and the new hiphop CD by Lil Wayne: Tha Carter III (warning: explicit content).

Lennon, 22, Fair Oaks CA: I always need practical stuff: socks, undershirts, underwear, and school supplies: notebooks, pens, pencils, stapler. A computer graphics card would rock, too — as would a personal robot and small Mediterranean island.

Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628.

Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628

ADVENT CHRISTMAS FAIRE

Saturday, December 6 10 a.m. - 2 p.m.

Northminster Presbyterian Church will present its **Advent Christmas Faire** on Saturday, December 6, from 10 a.m. - 2 p.m. A "Make It and Take It" time to help children of all ages prepare for Christmas. There are Christmas gifts and decorations to make with the assistance of Santa's helpers. There is something for everyone! All crafts are FREE. A light lunch will be offered.

3235 Pope Avenue (between Watt and Fulton) For details, call (916) 487-5192 or visit Northminsteronline.org

Northminster Presbyterian Church
Pastor Jack Raymore
Christmas Eve Services
5 p.m. Family Service of Lessons and Carols
10 p.m. Candlelight Service featuring chancel and bell choirs
3235 Pope Avenue, Sacramento

For details, call (916) 487-5192 or visit Northminsteronline.org

Slaton Elected SMUD Board Vice President

SMUD Director Bill Slaton was elected to serve as vice president of the SMUD Board of Directors. His term as vice president will run from January through December 2008. Slaton previously served as president of the SMUD Board in 2005 and as vice president in 2004.

Director Howard Posner was elected president. Posner has served as the Ward 3 representative on the SMUD Board since 1997.

Slaton has served as the Ward 7 representative on the SMUD Board since January 2003 following his election to the Board in November 2002. Ward 7 includes North Highlands, Carmichael, Antelope, Foothill Farms and a small part of Placer County.

A Sacramento-area resident since 1974, Slaton lives in Carmichael with his wife and two children. He is active in community affairs throughout the region. Slaton is the former chairman of the board of KVIE-Channel 6, Sacramento's public television station. He is the current Audit Chair for the station. Slaton is a former member of Point West Rotary and the Weave Business Advisory Council.



Bill Slaton

Slaton graduated from the University of Texas with a bachelor's degree in business administration. He has 25 years of experience in arranging financing for public agency projects. He also formerly served on the board of directors of Sacramento Commercial Bank and Placer Sierra Bancshares, the holding company for Placer Sierra Bank. In 2005, Slaton was appointed to the Policy Makers Council of the American

council members are elected officials from across the country who lobby in Washington on issues important to community-owned electric systems.

SMUD is the sixth largest publicly owned utility in the country in terms of customers served and provides electric service to Sacramento County and a small portion of Placer County. SMUD's customers continue to pay significantly less for electricity than most Californians and as much as 20 percent less than residential customers who are supplied by neighboring PG&E. For more information, visit smud.org.



Dear Friends,
It has been a pleasure and honor to serve you in the California State Legislature. I want to thank you for your support. Without your support it would not have been possible for me to represent you in the Assembly.

If I can ever be of service please give me a call.
I will be returning to my medical practice in San Joaquin County with the Delta Eye Medical Group.

I wish you and your family Merry Christmas & Happy New Year.

Alan Nakanishi

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Mercy San Juan Medical Center and Public Service Agencies Learn About Hmong Culture in Community Outreach



Sacramento area is home to the 3rd largest Hmong population of refugees from Thailand & Laos

About 130 healthcare providers, law enforcement officials and public service workers attended a unique seminar about the culture and religion of the local Hmong population of refugees in an effort to better serve their needs. The seminar, "Breaking through the Barriers," was presented at Mercy San Juan Medical Center in Carmichael on Wednesday, November 19.

The Sacramento area is home to the third-largest Hmong population in California. The Hmong people settled in the mountains of Laos centuries ago from China. Thousands left after the Vietnam War, many escaping refugee camps in Thailand. Over the past two years, there has been a huge wave of Hmong immigrants to California from Thailand.

Healthcare providers and public safety officials have been trying to reach out to the Hmong community to educate them about the importance of good health and local safety laws. Recent events highlighted these challenges when emergency medical services personnel were unable to communicate with some of the victims of an October 5 casino bus crash that killed nine people, including four Hmong people. In some cases, it took days for relatives to find family members who were victims of the crash.

"The seminar provided first-hand insight about the Hmong culture, customs and traditions," said Marcie Ellis, trauma prevention manager at Mercy San Juan Medical Center. "We are trying to move beyond providing translators and instead reach into the community and provide education that is culturally accessible."

Michelle Lee is a bilingual car seat educator at Mercy San Juan and second

generation Hmong American. She spoke about reasons why Hmong parents don't use car seats. "The use of car seats is inconsistent with their beliefs. A good mother holds her baby on her lap and does not strap them behind where they can't be seen."

Lee also addressed why Hmong women don't breast feed their babies. "Breastfeeding is not encouraged in the culture because parents or in-laws provide child care and so new mothers are told not to breast feed because the babies will cry when they're at work," Lee said.

Other speakers talked about Hmong religious leaders, or shamans, who often want to perform rituals and burn incense for followers who are in the hospital seeking medical treatment. Sometimes Hmong patients arrive at the hospital with string tied around their hands from a ceremony performed at home before leaving for the hospital. Caregivers need ask the patient's permission to remove the string if they need to prepare patients for treatment.

"I think this seminar was very educational," said Lee. "The capacity crowd left here with a greater understanding of the Hmong people and hopefully that will affect how they interact with the Hmong community in the future."

About Mercy San Juan Medical Center
 Mercy San Juan Medical Center is a 260-bed facility that serves more than 150,000 people each year from north Sacramento County, south Placer County and beyond with a broad array of quality programs and services. Mercy San Juan has made the Thomson national "100 Top Hospitals" list each of the last two years by excelling in such areas as quality care, patient safety and growth. Doctors are the cornerstone behind teams of healthcare professionals who lead nationally recognized programs such as bariatric surgery, cardiac, neonatal intensive care and trauma. Mercy San Juan is part of Mercy, which also operates Mercy General Hospital, Mercy Hospital of Folsom and Methodist Hospital.

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 Saturday, December 13 at 8 p.m.
 Mondavi Center, UC Davis



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1-866-754-2787 or online at SacramentoChoral.com

TICKETS ON SALE

'Tis The Season For Holiday Lighting

SMUD offers holiday lighting safety and efficiency tips

Sparkling lights are a holiday tradition. The Sacramento Municipal Utility District (SMUD) reminds customers to practice safety and conservation when using lighting to decorate this holiday season. The following simple electrical safety tips should be observed when decorating with lights:

- Inspect all holiday decorations as you unpack them, looking for broken or cracked sockets and frayed or bare wires. Damaged light sets should never be used.
- Keep ladders away from overhead power lines and electrical service lines to your home when hanging outdoor lights.
- Only use Underwriter's Laboratory (U.L.) or Factory Mutual (F.M.) approved electrical devices, extension cords, and lights. These approvals indicate the product has been tested for electrical safety and reliability when used as advertised.
- Follow the manufacturer's instructions when stringing lights. Most directions allow no more than three sets of lights to be plugged together.

- Use one long extension cord instead of linking several shorter ones together.

- To prevent falls, keep extension cords off of walkways.

- Always unplug lights and electrical cords before stringing and hanging.

- Keep paper and ribbon away from hot lights.

- Unplug or turn off all decorative lights before bedtime or prior to leaving the home.

- Make sure outdoor electrical outlets have shock protecting Ground Fault Circuit Interrupters (GFCI).

Efforts to conserve energy are important all year long but shouldn't prevent customers from enjoying holiday lights. These bright ideas will help conserve energy and save money:

- Use low-wattage LED holiday lights. Vibrant LED lights come in a variety of colors and use 80 percent less energy than conventional lights. LEDs are cool to the touch, fire and shatter proof.

- Put your lights on a timer so they turn on and turn off at a certain time.

- If using incandescent lights, use those that have mini-transformers within each light string's plug. The lights then operate at a much cooler temperature and use less electricity.

Weekly SUDOKU

by Linda Thistle

Answers on page 4

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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King Crossword

Answers

Solution time: 27 mins.

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Mission Oaks Computer Club Meeting

The Mission Oaks Computer Club will meet December 11, 2008 at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, from 1:00 pm to 3:00 pm. The program theme is Microsoft Office Tips and Tricks presented by Jeff Lin, Microsoft Corporation. A question and answer session follows the meeting. Visitors are welcome. For additional information call 366-1687 or visit our website: <http://missionoakscomputerclub.org>

Navy League Christmas Spirit

Navy League, Sacramento Council invites members in the Sacramento Community to join us in partnership in sending Christmas Cards, at least one card to this address. Think of how many cards these wonderful special people who have sacrificed so much would get through this request. Our prayers are with them for a speedy recovery. A Recovering American Soldier
c/o Walter Reed Army Medical Center
6900 Georgia Avenue, NW
Washington, DC 20307-5001
For more information call Joe Fraccola,
916-638-8720



Joni Hilton

Turn Down The Volume!

taught that there are "indoor voices" and "outdoor voices." Screaming and hollering were fine on the playground or the beach, but once inside, civilized people bring it down a notch. Instead, kids are raising their voices above the blare of the television or video game, and parents are calling back, "What? I can't hear you," encouraging their child to shout even louder. Gone is the concept of physically walking to the person you wish to address, and keeping your voice down.

Gone also is the idea that women should have soft, low voices. Whiny, shrill, and nasal used to be trained out of a girl before she reached high school. It was called elocution. Today these hideous noises are ubiquitous. Perhaps it was sexist to tell women not to be piercing or boisterous, but are we better off? Do we think, "Good; you be yourself" when we hear someone who sounds like cat with their tail caught in a door?

The second culprit is pre-school. Two whole generations of children have now been scooped up and deposited in a group setting for their first formative years, forcing them to howl like wolves anytime they want some attention. Which, if you've ever raised children, is relatively often. Pre-school noise levels rival the floor of the Stock Exchange, and if a child wants to be heard, he has no choice but to shout above the mayhem. He then takes these skills into elementary school, where they serve him well in the classroom, another crowded setting. Soon he's yelling above the soccer game crowds, the racket of a bunch of kids skateboarding, and his ipod rap song that's pounding his hearing right out of his head.

Malls have filled with noisy youngsters, some even shouting into a store, "Hey, what time is it?" to anyone who will shout back. Yowling youngsters are not removed from restaurants by thoughtful parents anymore. Instead, Mom and Dad assume these sounds are welcome ambience in any dining establishment—after all, it takes a village, right? And people are shouting to friends on buses and airplanes, as if the other passengers simply don't exist.

Common courtesy is no longer common. And unless parents and teachers insist on bringing the volume down, our shouting world will have to shout even louder, because all of us will have lost our hearing. I said, ALL OF US WILL HAVE LOST OUR HEARING.

Joni Hilton is an award-winning playwright, the author of 16 books, holds a Master of Fine Arts degree in Professional Writing from USC, and is frequently published in major magazines. A former TV talk show host in Los Angeles, she is also a TV spokeswoman across the U.S. for various corporations, and highly in demand as a public speaker. She is Founder of Holy Cow, an organic line of cleaning products (holycowproducts.com), the winner of dozens of cooking contests, and a former model and Miss California. She is married to Bob Hilton, and they are the parents of four children. For book reviews, recipes, purchasing information about her books, and more, simply type Joni Hilton into Google or Yahoo.

Listen to "The Joni Hilton Show" streaming live, weekdays 3-4 pm on www.KAHL.com or 950 AM

Explore Career Options at Sacramento Expo

Are you hoping that 2009 will bring new energy and direction to your career? Maybe the opportunity to start your own business? Perhaps you're contemplating furthering your education or learning some new job skills. At Sacramento's Career Expo, you can get a jump on the new year and explore all those options in just one afternoon.

Sacramento's Career Expo is coming to the Sacramento Convention Center on Tuesday, December 9th from noon to 4pm. Job seekers can meet with dozens of the region's top employers recruiting in a variety of fields, including healthcare, IT, customer service, administration, public safety, and more. Organizations eager to hire include CalPERS, UC Davis, Horizon West Healthcare, EMQ Children & Family Services, Wells Fargo, and many more.

For those interested in learning about career-enhancing classes and training programs, several public and private colleges will be on hand to answer questions. If you're considering starting your own venture, explore the possibilities with representatives from over a dozen business opportunities. You can also get free information on financing options and assistance programs from the Small Business Administration.

Get insider tips on reaching your goals by attending the CareerTalks workshops, with sessions covering Self Employment as a Career Alternative, Business Financing, and How to Get a State Job. Employment experts will also be available to help improve your resume.

Whatever career options you're considering, find the answers you need for FREE at Sacramento's Career Expo on Tuesday, December 9th from noon to 4pm at the Sacramento Convention Center, 1400 J Street. Visit JobJournal.com or call 1-888-THE JOBS for more details.

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Handel's Messiah

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for a

Community Messiah Sing

Sunday, December 7th

3:30pm

11430 Fair Oaks Blvd.

Fair Oaks

Festive Reception Following

*Admission: One non-perishable food item

Kiwanis Silent Sleigh Party

In keeping with the ongoing spirit of giving throughout the Holidays, we will be helping with, as well as supporting with donations, Carmichael Park District's yearly Silent Sleigh party for deaf children from throughout Northern California on December 9th. Members will be bell ringing for the Salvation Army 2 weekends in December, and toys are being collected for the Marine Corps Toys for Tots campaign pick up on December 17th at our weekly breakfast meeting. Last year we donated over 125 toys to the project.

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Carmichael's Celebration of Lights!

Annual Holiday Tree Lighting

Thursday, December 11, 2008

Event begins at 5:30pm - Tree Lighting at 6pm

Come enjoy the Annual Holiday Tree Lighting at Carmichael Park, 5750 Grant Avenue, Carmichael, CA 95608. The event will include music performed by the *River City Concert Band*, a visit with *Santa*, candy canes, hot apple cider, crafts for kids, cookies and more! The *Honorable Susan Peters, Sacramento County Board Supervisor*, will be our Holiday Host for the evening along with the help of the *Sacramento Metropolitan Fire District*. This event will happen rain or shine! (916) 485-5322 or www.carmichaelpark.com.

YOUR HOLIDAY SPONSORS WISH YOU TIDINGS OF JOY!

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Mission Oaks Recreation and Park District
Kiwanis Club of Carmichael
Carmichael Chamber of Commerce



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St. John's parents will be hosting their thirtieth annual

"A Holiday Show of Hands",

an arts and crafts Christmas Sale featuring custom work by over one hundred-fifty craftsmen and artists on Saturday, December 6th, 9 - 7; December 7th, 9 - 3.

Special features include our Fashion Pavillion and antiques & collectibles, featured in the Antique Cottage. Admission is free.

St. John's School
5701 Locust Avenue
Carmichael
916-481-8845, Ext. 216

SANTA'S BREAKFAST and CRAFT FAIR

Sunday Dec.14th 8:00 - 2:30 pm

Please come and have a great pancake breakfast for only \$4.00
\$12.00 for a family of 4
Amazing crafts - we have many new and exciting vendors this year!
Book fair - books make great gifts and benefit our school!
Pictures with Santa \$2.00

Kids gift shop- let your kids shop- all for under \$5.00

Kid's cookie and cupcake decorating table
Lots of fun for families!

Advance tickets on sale soon!

Or buy at the door
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ACROSS

- 1 Poke
- 4 Aries
- 7 Sick and tired
- 12 Carte lead-in
- 13 "— lazy river ..."
- 14 Draft in an apartment?
- 15 Hobbyist's abbr.
- 16 Robin's nickname
- 18 Swelled head
- 19 Nudge
- 20 Ignore rudely
- 22 Writer Buscaglia
- 23 Bar
- 27 Discoverer's cry
- 29 Painting on plaster
- 31 Corn
- 34 "Uh-oh!"
- 35 Soak up
- 37 Plead
- 38 Water barriers
- 39 End of a school's URL
- 41 Durante trademark
- 45 Grab
- 47 Hostel
- 48 1943 Rooney/Garland musical
- 52 Cover
- 53 Farewell
- 54 Born

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- 55 Tokyo's old name
- 56 DSL device
- 57 Do sums
- 58 Morning moisture
- 9 Pop
- 10 Work with
- 11 Apiece
- 17 "Bow-wow!"
- 21 Incompetent sorts
- 23 Hold the scepter
- 24 Cleo's slitherer
- 25 Rocks
- 26 Section of L.A.?
- 28 That girl
- 30 Bread grain
- 31 Frenzied
- 32 Lawyers' org.
- 33 Doctrine
- 36 "Cheers" order
- 37 Flew very close to
- 40 Prince William's mum
- 42 Lubricated
- 43 Insinuating
- 44 Be philanthropic to
- 45 Pond-surface matter
- 46 Ogled
- 48 Shapely leg (Sl.)
- 49 Berlin's "What'll —?"
- 50 Disencumber
- 51 Shelter

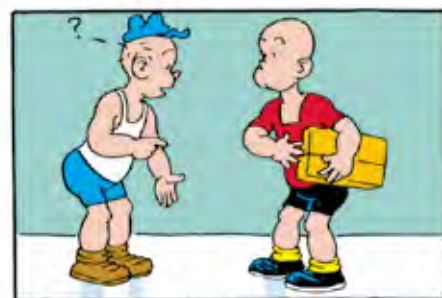
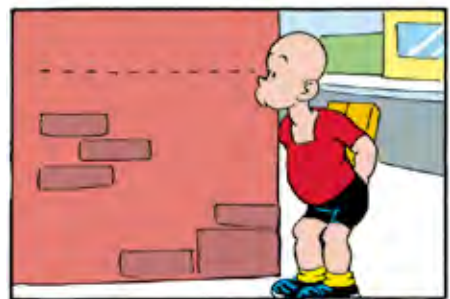
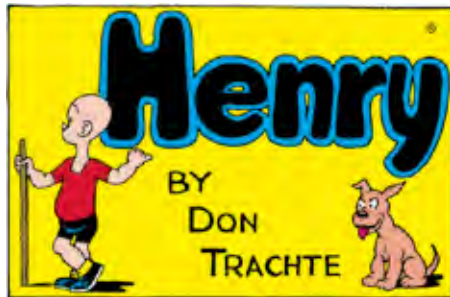
DOWN

- 1 Green gemstones
- 2 Straighten
- 3 Ronstadt's "Blue —"
- 4 Hayseed
- 5 Moon mission name
- 6 Perhaps
- 7 Circulate
- 8 Still, in verse

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Kiwanis Club of Carmichael, Division 44, presents
An Evening of George Gershwin
Saturday, December 6, 2008, 7-11pm
Sacramento Association of Realtor's Building - 2003 Howe Avenue, Sacramento.

There will be entertainment and dancing at this tie and jacket/cocktail attire event, featuring the Jason Myers Trio performing. Intermission dessert bar and coffee are included in the \$30 tickets, no host bar, proceeds from the evening will benefit the Carmichael Aquatic Center. Call 481-8904 for further information or tickets.



Just Like Cats & Dogs

by Dave T. Phipps



December 2, 2008.
EVANS 81102 12-2-08

FICTITIOUS BUSINESS NAME STATEMENT #0811204. George Whitney, 4224 Oak Knoll, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Modern Home & Office" at 701 Winding Way, Fair Oaks, CA 95628a. Filed with the Clerk of Sacramento County on Nov. 3, 2008. Publish: November 11, 18. 25, December 2, 2008.

MODERN 81102 12-2-08

FICTITIOUS BUSINESS NAME STATEMENT #0811247. Gospel Outreach Ministries Inc., 421 5th St., Roseville, CA 95610 is doing business under the Fictitious Business Name "Mission Roca de Salvacion" at 7140 Auburn Blvd., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on Nov. 4, 2008. Publish: November 11, 18. 25, December 2, 2008.

MISSIO 81102 12-2-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00026007-CU-PT-GDS

WHEREAS, Tanya-Gaye Evans has filed a petition in this court for a decree changing name of Tanya-Gaye Evans to Tanya-Gaye Biddell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Dec. 17, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 5, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: November 11, 18. 25,

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00026024-CU-PT-GDS

WHEREAS, Cuc Thi Nguyen has filed a petition in this court for a decree changing name of Cuc Thi Nguyen to Karen Thi McCrea. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on December 17, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 5, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: November 11, 18. 25, December 2, 2008.

NGUYEN 81102 12-2-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00025607-CU-PT-GDS

WHEREAS, Kathleen Malia Kennedy has filed a petition in this court for a decree changing name of Kathleen Malia Kennedy to Richard Gordon Kennedy. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 10, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause

be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 29, 2008.

Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: November 11, 18. 25, December 2, 2008.

KENNED 81102 12-2-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00026326-CU-PT-GDS

WHEREAS, Sara Elizabeth Niekarz has filed a petition in this court for a decree changing name of Sara Elizabeth Niekarz to Nolan Sen Noble. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 19, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 7, 2008.

Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: November 18. 25, December 2, 9, 2008.

NIEKAR 81103 12-9-08

FICTITIOUS BUSINESS NAME STATEMENT #0811395. Laurence Nicholson, 8141 Fair Oaks Blvd., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Linear Care" at 5207 Madison Ave. #D, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on Nov. 10, 2008. Publish: November 25, December 2, 9, 16, 2008.

LINEAR 81104 12-16-08

FICTITIOUS BUSINESS NAME STATEMENT #0811576. Military Briefing Book (limited liability company), 5155 Arden Way #26, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Military Briefing Book" at 5155 Arden Way #26, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Nov. 18, 2008. Publish: November 25, December 2, 9, 16, 2008.

MILITA 81104 12-16-08

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #0607523

The following persons have abandoned the use of the FICTITIOUS BUSINESS NAME of CLEAR!BLUE, located at 135 N. Old Woodward Ave., Birmingham, MI 48009.

Clear!Blue, LLC, a Michigan limited liability company, 135 N. Old Woodward Ave., Birmingham, MI 48009.

The Fictitious Business Name Statement was filed on June 29, 2006 in the County of Sacramento.

Filed with the Clerk of Sacramento County on Nov. 4, 2008. Publish: November 25, December 2, 9, 2008.

CLEAR! 81104 12-16-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00026638-CU-PT-GDS

WHEREAS, Lyubov Denisova has filed a petition in this court for a decree changing name of Lyubov Denisova to Amie Lyubov Denisova. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 30, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should

not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 13, 2008.

Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: November 25, December 2, 9, 16, 2008.

DENISO 81104 12-16-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00027201-CU-PT-GDS

WHEREAS, Richard Brooke Trippe has filed a petition in this court for a decree changing name of Richard Brooke Trippe to Brooklyn Rage Trippe. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Jan. 6, 2009 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 19, 2008.

Loven E. McMaster
Judge of the Superior Court
Publish: December 2, 9, 16, 23, 2008.

TRIPPE 81201 12-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00026978-CU-PT-GDS

WHEREAS, Mara Boone and Daniel Boone have filed a petition

in this court for a decree changing name of Trey Jordan Bliss to Trey Jordan Boone. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 30, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 18, 2008.

Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: December 2, 9, 16, 23, 2008.

BOONE 81201 12-23-08



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ENGINEERING AID/ CONSTRUCTION. Conduct surveys for roads, airfields and pipelines. No experience necessary. One semester Trig. Navy Reserve has openings. Work one weekend a month + two weeks a year. Excellent benefits pkg. + salary. Call 1-800-345-NAVY. (Cal-SCAN)

EXCHANGE COORDINATORS WANTED. EF Foundation seeks energetic and motivated representatives to help find homes for int'l exchange students. Commission / travel benefits. Must be 25+. 877-216-1293. (Cal-SCAN)

PROFESSIONALS WANTED PART-TIME. Paid training & potential sign-on bonus. Great Benefits, flexible schedule, \$ for education. Call Mon-Fri. 1-800-345-6289. (Cal-SCAN)

JOBS, JOBS, JOBS! California Army National Guard. No Experience. Will pay to train. High School Jr/ Sr & Grads/ Non- Grads/ GED. May qualify for \$20,000 BONUS. 1800GoGuard.com/careers (Cal-SCAN)

CHEF APPRENTICE. Get paid to learn. Medical/dental, 30 days vacation/year, \$ for school. No experience needed. HS grads ages 17-34. Call Mon-Fri. 1-800-345-6289. (Cal-SCAN)

MECHANICS: Up to \$20,000 bonus. **HOME REFUND JOBS!** Earn

Keep the Army National Guard Rolling. Fix Humvees, Strykers, etc. Expand your skills through career training. Be a soldier. 1-800-GO-GUARD.com/mechanic (Cal-SCAN)

WYOMING: 3/32" MIG Welders- \$26.00/hr, Code Shop Fabricators/ Welders- \$27.50/hr. CALIFORNIA: Sheet Metal Mechanics- \$27.00/hr, Riggers & Outside Machinist- \$24.00/hr. HAWAII: Structural Welders- \$24.00/hr. 615-473-3415, 757-438-2540. (Cal-SCAN)

LOAN OFFICER OPPORTUNITY. US Home Funding seeks licensed Loan officers to work from home. Strong support, Excellent commissions. Phone: 800-788-4498. Fax: 866-255-3371 or email: hr@ushomefunding.com (Cal-SCAN)

\$\$\$HELP WANTED\$\$\$ Earn Extra income assembling CD cases from Home. No Experience Necessary. CALL OUR LIVE OPERATORS NOW! 1-800-267-3944 Ext 104 www.easycopy-greatpay.com (Unavailable in MD,WI,SD,ND) (NANI)

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SECRET SHOPPERS NEEDED IMMEDIATELY For Store Evaluations. Local Stores, Restaurants, & Theaters. Training Provided, Flexible Hours. Assignments Available NOW!! 1-800-585-9024 ext. 6262 (NANI)

We are seeking dynamic customer service oriented individuals with great communications and typing skills needed to work on behalf of our company this service representative will earn up to \$3000 monthly any job experience needed. Email at danelopez1980@yahoo.com if interested (MPG)

Wanted: 29 Serious People to Work From Home using a computer. Up to \$1,500-\$5,000 PT/FT www.REBvision.com (MPG)

PART TIME JOBS. The Navy Reserve has part-time jobs for one weekend each month + two weeks a year. Ages 18-39, w/wo prior military service. Call 1-800-345-NAVY. (Cal-SCAN)

EMERGENCY MED. TECH. Must be HS grad ages 17-34. No experience needed. Paid training, benefits, vacation, regular raises. Call Mon-Fri. 1-800-345-6289. (Cal-SCAN)

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MANICURIST NEEDED — We are a contemporary, new, drama-free salon located in Carmichael. Must have clientele following—low booth rent, move-in specials. Call 916-481-3864 (MPG)

\$\$\$ 19 PEOPLE WANTED \$\$\$ \$1,200-\$4,400 Weekly Working from Home Assembling Information packets. No Experience Necessary! Start Immediately! FREE Information 24hrs. CALL NOW! 1-888-248-1359 (Dept.75) (NANI)

HOME REFUND JOBS! Earn

\$3,500-\$5,000 Weekly Processing Company Refunds Online! Guaranteed Paychecks! No Experience Needed! Positions Available Today! Register Online Now! www.RebateWork.com (NANI)

****AWESOME CAREER**** Government Postal Jobs! \$17.80 to \$59.00 hour Entry Level.No Experience Required / NOW HIRING!Green Card O.K.Call 1-800-370-0146 ext. 52 (NANIG)

NCIM is looking for EVENT PERSONNEL to hand out samples in local grocery stores. \$12+/hour. Weekends call 800-799-6246 ext.168 or visit www.ncim.com (Cal-SCAN)

Exp & professional filing clerk needed to organize and file for private residence. Must have own trans. Hrs: 12:30-5:30pm, m-w-f. \$12/hr. \$180.00/wk flat. Resume to: FAX: 916-638-9951. (MPG)

****AWESOME CAREER**** Government Postal Jobs! \$17.80 to \$59.00 hour Entry Level.No Experience Required / NOW HIRING! Green Card O.K.Call 1-800-913-4384 ext. 53 (NANIG)

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Post Office Now Hiring. Avg. Pay \$20/hour or \$57K annually including Federal Benefits and OT. Offered by Exam Services, not Aff. w/ USPS who hires.1-866-574-4781 (NANIG)

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IMMEDIATE OPENINGS. CDL A team & solo owner operators. \$1.00 empty. Up to \$2.45 loaded. OTR & regional positions. Ammo experience a plus. Sign-on bonus negotiable. 1-800-835-9471. (Cal-SCAN)

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OWNER/OPERATORS To Pull Our Trailers. Salinas to Yuma refrigerated transfers. November-April. 60% Drop & Hook, 100% No Touch. Brent Redmond Logistics. 1-800-777-5342. (Cal-SCAN)

OTR DRIVERS DESERVE more pay and more overtime! \$41/mile! Home weekends! Run our western region! Health, Dental, Life Insurance! Heartland Express 1-800-441-4953. www.HeartlandExpress.com (Cal-SCAN)

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Matheson Trucking, Inc. is now hiring an Executive Administrative Assistant to be the primary support for the CEO, CFO and COO. Supports front desk, prepares and maintains documents, schedules meetings and travel. Must have 5-7+ years exp supporting a corporate environment; excellent verbal and written communication skills; proficient in MS Outlook, Word, Excel and PowerPoint. Must be professional, friendly and a team player. Fax resume to 866-418-9913 (MPG)

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Need an Attorney? Have a legal situation? Looking for extra income? Contact Eicka Mitchell at 916-729-7364 or ericamitchell@prepaidlegal.com (MPG)

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Miscellaneous

RICHMOND'S HUNTING CLUB Come hunt with us - 20K acres Doves, Quails, Pheasants, Ducks and Geese For information: Dennis Sanders 530-913-5817 or Les Edwards 530-458-3814 (MPG)

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Advanced Stuttering Therapy Speak fluently. Practical, Effective 12-day treatment. Superior, long-term results. Some scholarships available. Hollins Communications Research Institute—nationally recognized center, Roanoke, Virginia. 540-265-5650 www.Stuttering.org (NANI)

Miscellaneous Items For Sale

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month. Delivery available! John 707-975-3000. (Cal-SCAN)

"DIRECTV Satellite TV: Save \$23/month for one year plus 3 Free months of HBO, Starz and Showtime! Call Expert Satellite 1-866-926-2066 (credit card required)" (NANI)

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Tupperware Please call for any service. Chris Kromar 916-483-1671 Call for a free catalog (MPG)

Reclining Sofa Dark Green \$400.00 Excellent condition, Armoire light wood 3 Drawers \$200.00. White dining table w/leaf and 4 chairs \$50.00 Call 916.803.7247 (MPG)

SAVE MORE MONEY Lower your Communications Bill by up to 50%!

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DIET PILLS Maximum prescription strength Phentromine, 37.5 mg, blue and white capsules, 60 count, \$77.95. No Prescription needed. Free Shipping! 1-800-627-7896 ext. 807 (NANI)

Moving-Must Sell!!! Arcade style Nintendo Popeye game with quarter mechanism. Works also without mechanism connected. It's a joy for small children to see Pluto try to catch Popeye and save Olive Oil. For the serious video player. The game is a real challenge. \$500 or best offer. Call Shirley at 482-4188. (MPG)

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DIRECTV Satellite Television, FREE Equipment, FREE 4 Room Installation, FREE HD or DVR Receiver Upgrade. Packages from \$29.99/mo. Call Direct Sat TV for details 1-800-380-8939 (NANI)

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BRAND NEW MOBILE/Manufactured Homes with Warranty. Buy at Factory for \$19,900. Photos and Floor plans online www.FactorySelectHomes.com or 1-800-620-3762 for color brochure. (Cal-SCAN)

Musical Instruments

WORLD GUITAR SHOW. Buy, Sell, Trade, Marin Civic/San Rafael, July 26-27, Pomona Fairplex, August 2-3, Saturdays 10-5, Sundays 10-4. Bring your gear!! www.TXShows.com (Cal-SCAN)

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Pet Sitters Wanted! Gold River has a need for pet sitters. References required. Please call 916/635-5590. (MPG)

Home Sitters on Wheels office needs 20 RVers with RV's for pet sitting. Call 916-483-5146 for more information. (MPG)

Annie's Pet Sitting Services Licensed, insured and bonded. Vet. tech. exp. Ref. avail. 916.202.6952 (MPG)

Novenas & Prayers

NOVENA TO ST. JUDE May the sacred heart of Jesus be loved, adored, cherished and preserved throughout the world now and forever. Sacred heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thanks you St. Jude. M.J.P. (MPG)

Wanta go to heaven without dying? Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves You! (MPG)

Real Estate Homes For Sale

Smart Buyers Check out this one in Gold River Two-story prestigious Hesperian Village Home. Secluded cul de sac. 2800 sq. ft. 3 bedroom, 2 bath with loft. Built-in bookcases and large desk. Formal dining room, living

room with fireplace, large family room. Plantation shutters, carpet, window coverings, Mexican paver tiles in entry, family room, kitchen and laundry room. Epoxy 3-car garage floor. Oversized backyard with extended stone patio, brick planters, variety of mature trees. New Lifetime concrete shake roof. Fabulous rock waterfall and pond. Built-in granite BBQ. Home backs up to greenbelt. \$515,000. Lorraine Foster, ReMax Gold 916-933-6190 (MPG)

3BR 2BA Foreclosure! Only \$48,900! Bank Owned! Call for Listings & Info. 800-279-1604 (NANIG)

Motivated Seller- Great Buys-two homes-Good Areas. #1 updated kitchen & 3BDRM, 2BA, near Crestview shopping, \$289,000. #2 Dream Kitchen w/granite-tiled & beautiful bathrms & floors. \$260,000. Glenda Hill 761-7548. (MPG)

FORECLOSED HOME AUCTION. Northern California. 1000 Homes Must Be Sold! Free Brochure: 1-800-470-9314. www.USHomeAuction.com REDC. (Cal-SCAN)

OVER 275 FORECLOSED Northern CA homes selling by auction November 12-16 valued from \$35k to \$500k. Get all the details at www.HudsonAndMarshall.com or call 1-800-441-9401. (Cal-SCAN)

AUCTION - Jackson Hole Annual Fall Real Estate Auction. Homes, lots, land, cabins, bank repos & more. Sat. September 20th 12:12 Noon. Call 866-486-SOLD(7653). www.JacksonHoleAuctions.com AUCTION. (Cal-SCAN)

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NEW TO MARKET. Washington/Idaho border. 6 ac just \$39,900. Calendar cover beauty in Palouse Country. Rare acreage in an area where land is rarely available. Rolling hills, river access, near town & golf, close to WSU. Has it all including great price, must see. EZ terms. Call WALR 1-866-836-9152. (Cal-SCAN)

BULK LAND SALE 80 acres - \$39,900. Take advantage of the buyers market and own beautiful mountain property. Price reduced on large acreage in Eastern Arizona. Won't last! Good access & views. Wildlife abounds at Eureka Springs Ranch by AZLR. Financing available. ADWR report. 1-888-854-7403. (Cal-SCAN)

COLORADO FORECLOSURE- 40 ACRES \$29,900. Outstanding Views. Access to BLM Canyon Rec Land. Financing. Call 1-866-696-5263 x4843. (Cal-SCAN)

ALMOST HEAVEN. Washington/Idaho border. 6 ac just \$49,900. Calendar cover beauty in Palouse Country. Rare acreage in an area where land is rarely available. Rolling hills, river access, near town & golf, close to WSU. Has it all including great price, must see. EZ terms. Call WALR 1-866-836-9152. (Cal-SCAN)

Beautiful SOUTHEAST TENNESSEE MOUNTAINS Established gated community, secluded, paved roads, utilities; interior & bluff lots, wooded; 5

acres & up. 800-516-8387 or visit http://www.timber-wood.com (Cal-SCAN)

BUY BULK 40 AC just \$29,900. Your own gorgeous ranch. Stunning land, inspiring views, great location, 2 hours east of Salt Lake in ideal outdoor recreational area. County maintained roads, ready to build or just hold and enjoy. Priced at bulk acreage prices for quick sale. Must sell. EZ Terms. Call UTLR 1-888-693-5263. (Cal-SCAN)

FORECLOSURE SPECIAL! 100+ Acre Colorado Ranch for \$49,900. Year-round roads, utilities. Access to 6,000+ acre recreation land. Call 1-866-OWN-LAND x4392. (Cal-SCAN)

MONTANA LAND New Acreage Available -20 Acres near Round Up w/ Road & Utilities -\$69,900. -40 Acres w/ New Cabin near Winnett -\$89,900. Approved by TV hunter Celebrity TRED BARTA! Excellent area for horses, hunting and ranching. Financing available. Western Skies Land Co. 877-229-7840 www.WesternSkiesLand.com (Cal-SCAN)

NEW MEXICO SACRIFICE! 140 acres was \$149,900, Now Only \$69,900. Amazing 6000 ft. elevation. Incredible mountain views. Mature tree cover. Power & year round roads. Excellent financing. Priced for quick sale. Call NML&R, Inc. 1-888-204-9760. (Cal-SCAN)

PRICED TO SELL! Newly Released Colorado Mountain Ranch. 35 acres-\$39,900. Majesticlake & Mountain views, adjacent to national forest for camping or hiking, close to conveniences. EZ terms. 1-866-353-4807. (Cal-SCAN)

35+ Acres from \$34,900. First Come, First Served Saturday, October 4, 2008. Southern Colorado ranches. Excellent financing available. Call for your private property tour. 1-866-696-5263 x4574. (Cal-SCAN)

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UTAH RANCH DISPERSAL. Experience the fun and relaxation of having your own 40 acres in the great outdoor recreational area of the Uintah Basin. Starting at only \$29,900. Call UTLR 1-888-693-5263. (Cal-SCAN)

NEW ARIZONA LAND Rush! 1 or 2-1/2 "Football Field" Sized Lots! \$0 Down. \$0 Interest. \$159-\$208 per month! Money Back Guarantee! 1-877-466-0650 or www.SunSitesLandRush.com (Cal-SCAN)

MONTANA LAND BARGAINS (A Safe Haven) 20 Acres w/ Road & Utilities- \$29,900. 40 Acres w/ New Cabin- \$89,900. 160 Acres at \$99,900. Financing available. Fully guaranteed. 1-888-361-3006 www.WesternSkiesLand.com (Cal-SCAN)

LAKEFRONT OPPORTUNITY. Nevada's 3rd Largest Lake. Approx. 2 hrs. South of Carson City. Lake Front - \$89,900. Lake View - \$29,900. 38,000 acre Walker Lake, very rare home sites on paved road with city water. Magnificent views, very limited supply. New to market. www.NVLR.com Call 1-877-542-6628. (Cal-SCAN)

MONTANA'S BEST LAND DEAL 20AC- Ponderosa Pines, County Road & Utilities. Was: \$99,900. Now: \$79,900. 160AC w/New Log Cabin Was: \$199,900. Now: \$149,900. 208AC w/Huge Storage Barn Was: \$299,900. NOW: \$249,900. Affordable financing, discounted prices. Absolutely beautiful land. Call 877-229-7840. Visit www.WesternSkiesLand.com While we talk! (Cal-SCAN)

MONTANA'S BEST EVER Elk & Deer Hunters Land Deal. Book a trip- we'll prove it. Buy a lot, the trip's on us! 160-600AC Tracts Starting at \$700/AC. 877-229-7840. www.WesternSkiesLand.com

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